

**Table 1.** Trials where authors were contacted for data

<b>Trial Year, author</b>	<b>Date of initial correspondence</b>	<b>Date data received</b>	<b>Data requested from authors</b>
Şahan et al.[1] 2023	December 4 <sup>th</sup> 2023	December 4 <sup>th</sup> 2023	<i>Data requested:</i> means and standard deviations from pain and function outcomes
Songur et al.[2] 2023	December 5 <sup>th</sup> 2023	December 16 <sup>th</sup> 2023	<i>Data requested:</i> means and standard deviations from pain and function outcomes and for the participant's age for each group
Anwar et al.[3] 2022	December 17 <sup>th</sup> 2023		<i>Data requested:</i> standard deviations from pain and function outcomes
Constantinou[4] et al. 2022	December 7 <sup>th</sup> 2023		<i>Data requested:</i> means and standard deviations from pain and function outcomes
Wu[5] et al. 2022	December 16 <sup>th</sup> 2023		<i>Data requested:</i> standard deviations from pain and function outcomes
Rodrigues et al.[6] 2022	January 19 <sup>th</sup> 2022	January 21 <sup>st</sup> 2022	<i>Data requested:</i> standard deviations from pain outcomes
Glaviano et al.[7] 2019	December 16 <sup>th</sup> 2023	January 22 <sup>nd</sup> 2022	<i>Data requested:</i> means and standard deviations from pain and function outcomes
Günay et al.[8] 2017	August 25 <sup>th</sup> 2023	August 25 <sup>th</sup> 2023	<i>Data requested:</i> means and standard deviations from pain and function outcomes
Iammarrone et al.[9] 2016	July 7 <sup>th</sup> 2023		<i>Data requested:</i> means and standard deviations from pain outcome
Petersen et al.[10] 2016	December 6 <sup>th</sup> 2023		<i>Data requested:</i> means and standard deviations from pain and function outcomes
Mousavi et al.[11] 2011	July 7 <sup>th</sup> 2023		<i>Data requested:</i> means and standard deviations from pain and function outcomes
Bily et al.[12] 2008	July 7 <sup>th</sup> 2023	July 20 <sup>th</sup> 2023	<i>Data requested:</i> means and standard deviations from pain and function outcomes
Denton et al.[13] 2005	December 6 <sup>th</sup> 2023	Extracted using Web Plot Digitizer	<i>Data requested:</i> means and standard deviations from pain and function outcomes

## References

- 1 Şahan TY, Vergili Ö, Oktaş B. Investigation of new application technique named star taping in patellofemoral pain: a randomized, single-blind, and placebo-controlled study. *Somatosens Mot Res.* 2023;1–8.
- 2 Songur A, Demirdel E, Kılıc O, *et al.* The effects of different taping methods on patellofemoral alignment, pain and function in individuals with patellofemoral pain: A randomized controlled trial. *PM R.* Published Online First: 29 August 2023. doi: 10.1002/pmrj.13067
- 3 Anwar S, Javaid M, Malik S, *et al.* Effects of mulligan pain release phenomenon technique in management of patellofemoral pain syndrome: RCT. *Pak J Med Health Sci.* 2022;16:72–72. doi: 10.53350/pjmhs2216372
- 4 Constantinou A, Mamais I, Papathanasiou G, *et al.* Comparing hip and knee focused exercises versus hip and knee focused exercises with the use of blood flow restriction training in adults with patellofemoral pain. *Eur J Phys Rehabil Med.* 2022;58:225–35.
- 5 Wu Z, Zou Z, Zhong J, *et al.* Effects of whole-body vibration plus hip-knee muscle strengthening training on adult patellofemoral pain syndrome: a randomized controlled trial. *Disabil Rehabil.* 2022;44:6017–25.
- 6 Rodrigues GM, Paixão A, Arruda T, *et al.* Anodal transcranial direct current stimulation increases muscular strength and reduces pain perception in women with patellofemoral pain. *J Strength Cond Res.* 2022;36:371–8.
- 7 Glaviano NR, Marshall AN, Mangum LC, *et al.* Impairment-based rehabilitation with patterned electrical neuromuscular stimulation and lower extremity function in individuals with patellofemoral pain: a preliminary study. *J Athl Train.* 2019;54:255–69.

- 8 Günay E, Sarıkaya S, Özdolap Ş, *et al.* Effectiveness of the kinesiотaping in the patellofemoral pain syndrome. *Turk J Phys Med Rehabil.* 2017;63:299–306.
- 9 Iammarrone CS, Cadossi M, Sambri A, *et al.* Is there a role of pulsed electromagnetic fields in management of patellofemoral pain syndrome? Randomized controlled study at one year follow-up. *Bioelectromagnetics.* 2016;37:81–8.
- 10 Petersen W, Ellermann A, Rembitzki IV, *et al.* Evaluating the potential synergistic benefit of a realignment brace on patients receiving exercise therapy for patellofemoral pain syndrome: a randomized clinical trial. *Arch Orthop Trauma Surg.* 2016;136:975–82.
- 11 Mousavi SM, Khayambashi K, Nejadian SL, *et al.* The Effects of Kinesiotape and Strength Training on Knee Pain and Quadriceps Strength in People with Patellofemoral Pain Syndrome (PFPS). *J Isfahan Med Sch.* 2011;29:1657–68.
- 12 Bily W, Trimmel L, Mödlin M, *et al.* Training program and additional electric muscle stimulation for patellofemoral pain syndrome: a pilot study. *Arch Phys Med Rehabil.* 2008;89:1230–6.
- 13 Denton J, Willson JD, Ballantyne BT, *et al.* The addition of the Protonics brace system to a rehabilitation protocol to address patellofemoral joint syndrome. *J Orthop Sports Phys Ther.* 2005;35:210–9.