



Photograph: Clontarf Foundation;
Design: Nadia Picco

Journal of the British Association of
Sport and Exercise Medicine

Editor

Karim Khan (Canada)

Editorial Office

BMJ Publishing Group Ltd
BMA House
Tavistock Square
London WC1H 9JR, UK

T: +44 (0)20 7383 6622

F: +44 (0)20 7383 6787/6668

E: bjsm@bmjgroup.com

Guidelines for Authors and Reviewers

Full instructions are available online at
<http://bjsm.bmj.com/site/about/guidelines.xhtml>. Articles must
be submitted electronically <http://mc.manuscriptcentral.com/bjsm>.

Authors retain copyright but are required
to grant BJSM an exclusive licence to
publish <http://group.bmj.com/products/journals/instructions-for-authors/licence-forms>

ISSN: 0306-3674 (print)

ISSN: 1473-0480 (online)

Impact factor: 4.14

Disclaimer: BJSM is published by BMJ
Publishing Group Ltd (a wholly owned subsidiary
of the British Medical Association) and the British
Association of Sport and Exercise Medicine. The
owners grant editorial freedom to the Editor of
BJSM. BJSM follows guidelines on editorial
independence produced by the World Association
of Medical Editors and the code on good publication
practice of the Committee on Publication Ethics.

BJSM is intended for medical professionals and
is provided without warranty, express or implied.
Statements in the journal are the responsibility
of their authors and advertisers and not authors'
institutions, the BMJ Publishing Group, the British
Association of Sport and Exercise Medicine or the
BMA unless otherwise specified or determined
by law. Acceptance of advertising does not imply
endorsement.

To the fullest extent permitted by law, the BMJ
Publishing Group shall not be liable for any loss,
injury or damage resulting from the use of Heart or
any information in it whether based on contract,
tort, or otherwise. Readers are advised to verify any
information they choose to rely on.

To the fullest extent permitted by law, the BMJ
Publishing Group Ltd shall not be liable for any loss,
injury or damage resulting from the use of
Emergency Medicine Journal or any information
in it whether based on contract, tort or otherwise.
Readers are advised to verify any information they
choose to rely on.

Copyright: © 2012 BMJ Publishing Group Ltd and
British Association of Sport and Exercise Medicine.
All rights reserved; no part of this publication may
be reproduced, stored in a retrieval system, or
transmitted in any form or by any means, electronic,
mechanical, photocopying, recording, or otherwise
without prior permission

BJSM is published by BMJ Publishing Group Ltd,
typeset by Newgen, and printed in the UK on
acid-free paper from sustainable forests by
Latimer Trend, Plymouth, UK.

British Journal of Sports Medicine (ISSN:
0306-3674) is published monthly by BMJ Publishing
Group and is distributed in the USA by Air Business
Ltd. Periodicals postage paid at Jamaica NY 11431
POSTMASTER: send address changes to British
Journal of Sports Medicine, Air Business Ltd,
c/o Worldnet Shipping Inc., 156-15, 146th Avenue,
2nd Floor, Jamaica, NY 11434, USA.

Contents

Volume 46 Issue 13 | BJSM October 2012

Warm up

- 895** The wide spectrum of sport and exercise
medicine: an Australasian College of Sports
Physicians theme issue
A P Garnham

Editorials

- 896** Pistorious at the Olympics: the saga continues
G Lippi
- 897** What can we do to reduce the number of
tragic cardiac events in sport?
*R Weiler, M A Goldstein, I Beasley, J Drezner,
J Dvorak*
- 898** Success story: Clontarf Foundation promotes
education, life-skills and employment
prospects through Australian Rules Football
G Neesham, A P Garnham

Occasional piece

- 900** Hamstring muscle strain injuries: what can we
learn from history?
B Hamilton

Republished research from the BMJ

- 904** Republished research: Prevention of acute
knee injuries in adolescent female football
players: cluster randomised controlled trial
*M Waldén, I Atroshi, H Magnusson, P Wagner,
M Häggglund*

Reviews

- 905** Sexual harassment and abuse in sport:
the role of the team doctor
S Marks, M Mountjoy, M Marcus
- 909** Review of exercise studies in breast cancer sur-
vivors: attention to principles of exercise training
K L Campbell, S E Neil, K M Winters-Stone

Subscription information

British Journal of Sports Medicine is published
monthly; subscribers receive all supplements

Institutional rates 2012

Print

£559; US\$1091; €755

Online

Site licences are priced on FTE basis and allow access
by the whole institution. Print is available at deeply
discounted rates for online subscribers; details available
online at <http://group.bmj.com/subscribe/?bjsm> or contact
the Subscription Manager in the UK

Personal rates 2012

Print (includes online access at no additional cost)

£194; US\$379; €262

Online only

£122; US\$238; €165

ISSN 0306-3674 (print); 1473-0480 (online)

Personal print or online only and institutional print subscriptions
may be purchased online at <http://group.bmj.com/subscribe/?bjsm> (payment by Visa/ Mastercard only) Residents of some EC
countries must pay VAT; for details, call us or visit www.bmj.com/subscriptions/vatandpaymentinfo.dtl

Original articles

- 917** Changes in knee joint biomechanics following
balance and technique training and a season
of Australian football
*C J Donnelly, B C Elliott, T L A Doyle,
C F Finch, A R Dempsey, D G Lloyd*
- 923** Are children who play a sport or a musical
instrument better at motor imagery than
children who do not?
*A Dey, N Barnsley, R Mohan, M McCormick,
J H McAuley, G L Moseley*
- 927** Television viewing time and reduced life
expectancy: a life table analysis
*J L Veerman, G N Healy, L J Cobiack,
T Vos, E A H Winkler, N Owen,
D W Dunstan*
- 931** Abdominal symptoms during physical exercise
and the role of gastrointestinal ischaemia: a
study in 12 symptomatic athletes
*R WF ter Steege, R H Geelkerken, Ad B Huisman,
J J Kolkman*
- 936** Early change in thermal perception is not a driver
of anticipatory exercise pacing in the heat
M J Barwood, J Corbett, D White, J James
- 943** A strategy to reduce illicit drug use is effective
in elite Australian football
P R Harcourt, H Unglik, J L Cook

Pictorial essay

- 946** Evaluating bone marrow oedema patterns in
musculoskeletal injury
*M G Kozoriz, J Grebenyuk, G Andrews,
B B Forster*

Miscellaneous

- 953** Correction

Nutritional supplement series

- 954** A-Z of nutritional supplements:
dietary supplements, sports nutrition foods
and ergogenic aids for health and
performance—Part 37
*J Pearce, L E Norton, D S Sanchina, L L Spriet,
L M Burke, S J Stear, L M Castell*



This article has been chosen by the Editor to be of special interest
or importance and is freely available online.



Articles carrying the Unlocked Logo are freely available online
under the BMJ Journals unlocked scheme.
See <http://bjsm.bmj.com/info/unlocked.dtl>



These papers may be seen as "non-conformist" and challenging
for classic peer review; for further information
see <http://bjsm.bmj.com/cgi/content/full/42/2/79>



COMMITTEE ON PUBLICATION ETHICS

This journal is a member of and subscribes to the principles of the
Committee on Publication Ethics

www.publicationethics.org.uk



equator
network



When you have finished
with this please recycle it