Supplementary Table S3. GRADE – rating the quality of evidence (8)

High quality of evidence (++++)	We are very confident that the true effect lies close to that of the estimate of the effect
Moderate quality of evidence (+++)	We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different
Low quality of evidence (++)	Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect
Very low quality of evidence (+)	We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect