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Original research

Automatic analysis of bronchus-artery dimensions to diagnose and monitor airways disease in cystic fibrosis

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ABSTRACT

Background Cystic fibrosis (CF) lung disease is characterised by progressive airway wall thickening and widening. We aimed to validate an artificial intelligence-based algorithm to assess dimensions of all visible bronchus-artery (BA) pairs on chest CT scans from patients with CF.

Methods The algorithm fully automatically segments the bronchial tree; identifies bronchial generations; matches bronchi with the adjacent arteries; measures for each BA-pair bronchial outer diameter (B_{out}), bronchial lumen diameter (B_{in}), bronchial wall thickness (B_{wt}) and adjacent artery diameter (A); and computes B_{out}/A , B_{in}/A and B_{wt}/A for each BA pair from the segmental bronchi to the last visible generation. Three datasets were used to validate the automatic BA analysis. First BA analysis was executed on 23 manually annotated CT scans (11 CF, 12 control subjects) to compare automatic with manual BA-analysis outcomes. Furthermore, the BA analysis was executed on two longitudinal datasets (Copenhagen 111 CTs, ataluren 347 CTs) to assess longitudinal BA changes and compare them with manual scoring results.

Results The automatic and manual BA analysis showed no significant differences in quantifying bronchi. For the longitudinal datasets the automatic BA analysis detected 247 and 347 BA pairs/CT in the Copenhagen and ataluren dataset, respectively. A significant increase of 0.02 of B_{out}/A and B_{in}/A was detected for Copenhagen dataset over an interval of 2 years, and 0.03 of B_{out}/A and 0.02 of B_{in}/A for ataluren dataset over an interval of 48 weeks (all $p < 0.001$). The progression of 0.01 of B_{wt}/A was detected only in the ataluren dataset ($p < 0.001$). BA-analysis outcomes showed weak to strong correlations (correlation coefficient from 0.29 to 0.84) with manual scoring results for airway disease.

Conclusion The BA analysis can fully automatically analyse a large number of BA pairs on chest CTs to detect and monitor progression of bronchial wall thickening and bronchial widening in patients with CF.

INTRODUCTION

Cystic fibrosis (CF) lung disease is characterised by progressive structural lung changes.¹ Chest CT is the most sensitive imaging modality to detect and monitor structural lung changes in patients with CF.² The most important structural lung changes

WHAT IS ALREADY KNOWN ON THIS TOPIC

⇒ Cystic fibrosis (CF) lung disease is characterised by progressive airway disease consisting of thickening and widening of the bronchial wall and widening. To diagnose this, the radiologist is comparing by eyeballing the dimensions of a limited number of larger airways to that of the adjacent arteries. The manual objective measurement of all visible bronchial-artery pairs has been shown to be very sensitive to detecting and monitoring bronchial wall thickening and widening even of small airways. However, this manual method is extremely time-consuming, and therefore, needs to be automated before it can be used for clinical care.

WHAT THIS STUDY ADDS

- ⇒ The automatic and manual bronchial-artery (BA) analysis shows equal ability to detect bronchial widening and wall thickening on chest CT scans of CF patients.
- ⇒ The automatic BA analysis was shown to be sensitive to detect and monitor airways disease in two longitudinal cohorts.
- ⇒ BA results match those of the validated manual Perth-Rotterdam annotated grid morphometric analysis-CF scoring system (PRAGMA-CF).

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

- ⇒ This validated sensitive fully automatic BA analysis can be used in clinical trials to assess the effect of interventions on bronchial dimensions.
- ⇒ The automatic BA analysis will be used to analyse 5–10 000 chest CTs to add BA outcomes to the European CF Society Patient Registry.
- ⇒ In the near future, the automatic BA analysis can be integrated into the hospital picture archiving and communication system (PACS) systems to be used for clinical care for the sensitive detection and monitoring of airway disease not only in CF but also for other chronic lung diseases.



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related to CF lung disease are airway wall thickening, mucus plugging and bronchiectasis. These abnormalities start in infancy and progress throughout life.^{3–6} In clinical practice, these abnormalities on CT are described by radiologists in a non-quantitative manner. Several (semi) quantitative scoring systems have been developed to detect and monitor disease progression in clinical practice,^{7–9} such as the Perth-Rotterdam annotated grid morphometric analysis for CF (PRAGMA-CF).¹⁰ PRAGMA-CF was shown to be sensitive to detect disease progression in multiple cohorts.^{3 10 11} To date, PRAGMA-CF is mostly used for clinical research but not for clinical care, due to the need of trained observers and the relatively time-consuming manual analysis. An alternative quantitative image analysis method is to manually measure the dimensions of all visible bronchus-artery (BA) pairs on a chest CT scan.^{12 13} This manual BA analysis, previously known as AA analysis, has been shown to be sensitive to detect and monitor CF-related airway disease (airway wall thickening and widening) even in young children with CF. Potentially the BA analysis is more sensitive than PRAGMA-CF as it measures with precision the dimensions of a large number of BA pairs on a chest CT, in contrast to eyeballing as is the case for PRAGMA-CF. However, a major disadvantage of the manual BA analysis is that it is extremely time-consuming, taking up 1–2 days per CT scan in a preschool child and up to 1 week per CT in an adult, to measure all BA pairs. Because of this limitation, it is not feasible to implement the BA analysis in clinical practice or to use it for clinical trials. Recently, a fully automated algorithm for the detection and quantification of BA pairs was developed using state-of-the-art artificial intelligence (AI) techniques. The availability of this fully automated BA analysis could be of great value as an outcome measure for clinical trials for CF and to support clinical decision-making.

For this study, we analysed three datasets from different centres as clinical validation for the automatic BA analysis. The

first BA analysis was executed on manually annotated CT scans to compare the automatic BA-analysis outcomes with the manual outcomes. Furthermore, the BA analysis was run on two longitudinal datasets which allowed to assess changes over time of BA results and to compare them with PRAGMA-CF scoring results.

MATERIALS AND METHODS

The BA analysis of this paper is a pre-released version of the artificial intelligence based CE-certified LungQ V2.0.1 (Thirona, Nijmegen, The Netherlands). The main components of LungQ-BA analysis are bronchi segmentation, BA matching and quantification of BA dimensions. Since the quantification part of the analysis is not based on a supervised deep learning approach, no training data were needed for this. The bronchi segmentation and BA matching algorithms, on the other hand, are based on supervised classification and required training data. Most of the training was already performed in prior versions of the product, but to ensure a robust performance in patients with CF, additional training was performed on around 1.5 million training samples (including data augmentation techniques) from BA matches in CT scans of CF patients. During and at the conclusion of the development, trained data analysts visually verified the results of the algorithms (eg, if bronchi are properly found or if a correct BA match was provided), to ensure the high performance of each individual component. More technical details are detailed in online supplemental appendix S1.

In short, the automatic BA analysis comprises five main steps: (1) segmentation of the bronchial tree; (2) matching of the adjacent artery for each detected bronchial branch (BA pair); (3) identification of the generation number (G) for each BA pair starting from the segmental bronchi (G_0) down to the last detectable generation (figure 1); (4) computation of the following cross-sectional dimensions for each BA pair: bronchial outer

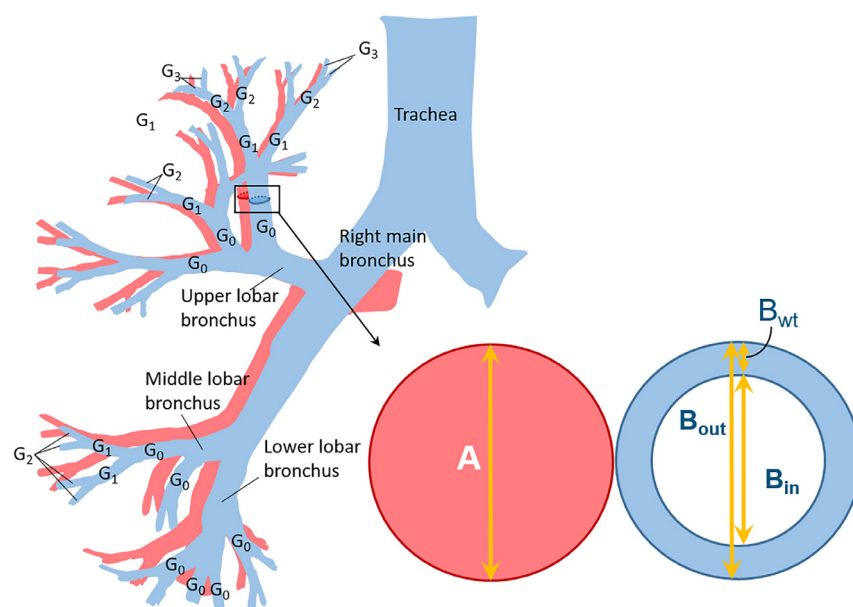


Figure 1 The schematic view of the bronchial tree and of an bronchus-artery (BA) pair in cross-section showing the measurements taken for each bronchus. The bronchial tree (blue) with its accompanying artery system (pink) is shown on the left. The segmental bronchi are defined as G_0 and the subsegmental bronchi as G_1 . When a bronchus splits into two or more, the generation number increases by one. On the right a BA pair is shown, the bronchus in blue and the adjacent artery in pink. The arrows depict the bronchus and artery dimensions that can be measured by the automatic BA analysis: bronchial outer diameter (B_{out}); bronchial lumen diameter (B_{in}), bronchial wall thickness (B_{wt}) and adjacent artery diameter (A). From these dimensions, BA ratios B_{out}/A and B_{in}/A are computed to detect bronchial widening and B_{wt}/A to detect bronchial wall thickening.

diameter (B_{out}), bronchial lumen diameter (B_{in}), bronchial wall thickness (B_{wt}) which is computed as $(B_{out} - B_{in})/2$ and diameter of the adjacent artery (A) (figure 1) and (5) computation of the following ratios for each BA pair: B_{out}/A , B_{in}/A and B_{wt}/A . The BA dimensions of each BA pair are the mean value of a large number of measurements from each bronchial branch. A schematic overview of generation definition and the BA ratio computation is shown in figure 1. In addition, the BA dimensions of bronchi distally from a bronchus obstructed by a mucus plug are excluded by the algorithm.

Clinical validation datasets

The clinical validation of the automatic BA analysis was done on three datasets collected from different centres. Chest CT scans were included for this study if they fulfilled the following requirements: inspiratory chest CT series; continuous helical CT acquisition; slice thickness equal or less than 1.5 mm; imaging of the entire lung parenchyma and no major artefacts.

The first cross-sectional dataset (CF control) has been previously reported and consisted of 11 randomly selected children with CF from the Erasmus MC Sophia Children's Hospital CF-CT cohort and 12 age-matched control subjects without CT abnormalities as evaluated by two independent radiologists.¹² On these 23 inspiratory CT scans, dimensions of all visible BA pairs were measured manually. Measurements were made perpendicular to the longitudinal bronchial axis with an elliptic tool (Myrian, Montpellier, France; V1.16.2) outlining the contours of bronchi and arteries to define the inner bronchial areas and outer bronchial areas and adjacent artery area. Subsequently, for each generation average diameters of bronchial inner wall, bronchial outer wall, and adjacent artery were computed from annotated surface areas. In total 4853 BA pairs were measured manually which served as a ground truth for comparison with the automatic BA-analysis outcomes.

The second dataset (Copenhagen cohort) consisted of 111 spirometry-controlled inspiratory chest CT scans from 57 children obtained from the longitudinal Copenhagen CF cohort.¹⁴ This dataset consisted of 56 baseline and 55 follow-up CT scans made at a 2-year interval, which were made as part of a prospective study comparing chest CT outcomes to multiple breath washout outcomes.

The third dataset (ataluren cohort) consisted of 347 inspiratory chest CT scans from 197 patients with CF from 36 CF sites in 11 countries in North America and Europe that participated in the ataluren study.¹⁵ This dataset consisted of 167 baseline CT scans and 180 follow-up CT scans over a 48-week interval.

For the Copenhagen and ataluren cohorts, all CT scans were previously analysed using the manual PRAGMA-CF analysis.^{6,14} PRAGMA-CF¹⁰ is a quantitative hierarchical scoring method for the quantification of bronchiectasis, mucus plugging, airway wall thickening, atelectasis and trapped air. Each component is expressed as a percentage (%) of the total lung volume. Furthermore, a composite score, %Disease, is computed representing the percentage of total lung volume occupied by airway abnormalities by summing the following components: %Bronchiectasis, %Mucus plugging and %Airway Wall Thickening. The Copenhagen cohort did not show significant progression of PRAGMA-CF outcomes over 2 years.¹⁴ For the ataluren cohort significant progression of PRAGMA-CF %Disease and %Airway Wall Thickening and a trend for %Bronchiectasis over 48 weeks were shown.⁶

Statistical analysis

Validating with manual measurements

To validate the measurement of BA ratios (B_{out}/A , B_{in}/A and B_{wt}/A) assessed by automatic BA analysis, mixed-effects models were used to investigate the difference between manual and automatic BA analysis on measurements in each segmental generation (from G_1 to G_5) on the CF-control dataset. We included: method (manual/automatic BA analysis), disease status (control/CF), age, gender and total lung volume as fixed effects, and subjects and segmental generations as random effects for analysis.

To evaluate the sensitivity of the manual and automatic BA analysis in discriminating abnormal airways and normal airways, the median of each BA ratio per generation per subject was used to obtain the area under the curve for B_{out}/A , B_{in}/A and B_{wt}/A for each segmental generation (G_1 – G_5) in the CF control dataset. Then, we compared the area under the curve between the two methods using DeLong's test.¹⁶

Defining cut-off values for bronchial widening and wall thickening

The BA analysis results in continuous scores for bronchial dimensions. However, in order to compare the BA output with the PRAGMA-CF score a dichotomous cut-off to define bronchial widening and wall thickening had to be chosen. Both the B_{out}/A and B_{in}/A have previously been used as markers of bronchiectasis.¹⁷ As there is no universally accepted cut-off value for B_{out}/A and B_{in}/A to define bronchiectasis¹⁸ cut-off values were computed from the CF-control dataset as follows:

for B_{out}/A and B_{in}/A , threshold values corresponding to receiver operating curve (Youden test) in CF-control dataset and 97.5 percentile from control subjects of the same dataset were compared to obtain the optimal cut-off values for G_1 – G_5 . In addition, a conservative cut-off value of 1.5 to define bronchiectasis for adults was used for B_{out}/A and B_{in}/A according to recent recommendations.¹⁹ To define the cut-off value for bronchial wall thickening (B_{wt}/A) we used the same approach as described above for bronchial widening using the CF-control dataset.

Correlation between the automatic BA analysis and PRAGMA-CF

For the comparison between PRAGMA-CF %Bronchiectasis and the automatic BA-analysis results (percentage of BA pairs above cut-off values) for bronchial widening in the two longitudinal datasets, we computed the correlation between these parameters both for baseline and for follow-up CT scans. This was not done for bronchial wall thickening as the reproducibility of PRAGMA-CF %Airway Wall Thickening is mostly poor. Spearman (or Pearson) correlation coefficients were used depending on whether the data distribution was skewed. In general, a correlation coefficient of 0–0.10 is regarded as negligible correlation, 0.10–0.39 as weak correlation, 0.40–0.69 as moderate correlation, 0.70–0.89 as strong correlation and 0.90–1.00 as very strong correlation.²⁰

Monitoring disease progression

We computed the number of BA pairs above cut-off values for B_{out}/A , B_{in}/A and B_{wt}/A ratios for baseline and for follow-up of the Copenhagen and ataluren datasets. The number of abnormal airways (bronchial widening and wall thickening) is presented in median (range).

To investigate the progression in actual measurements of BA ratios in segmental generations in both longitudinal datasets, linear mixed-effects analysis were used. Higher generations are less visible, therefore, the numbers of measured BA pairs can become low which can introduce a bias. Since this conclusion is data driven, we performed sensitivity analyses assuming all or

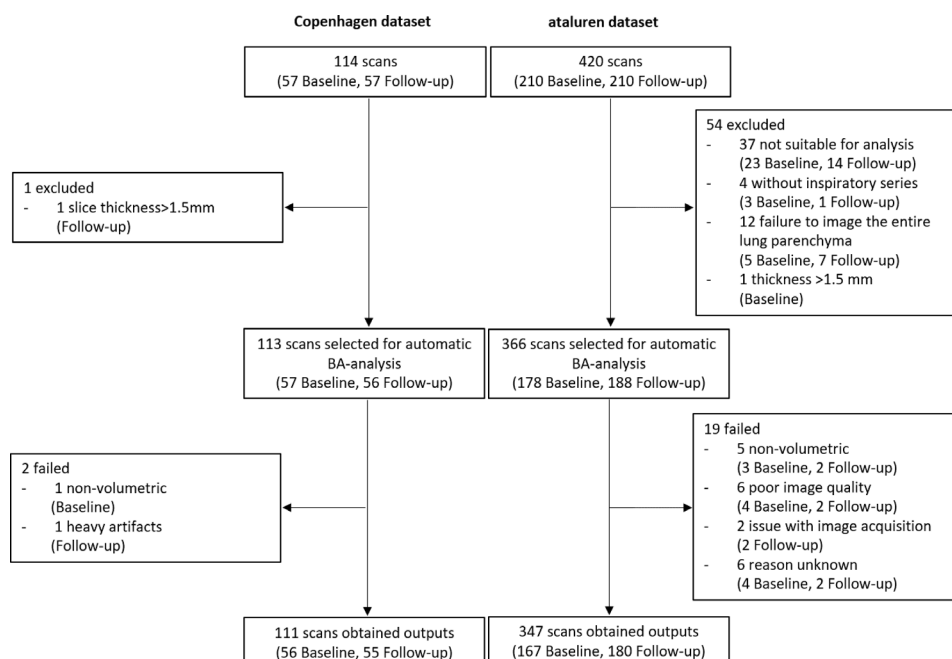


Figure 2 Flow chart of two longitudinal datasets. BA, bronchus artery.

fewer generations. At first, a sensitivity analysis was performed on groups of generations (using G_1 – G_5 for Copenhagen, G_1 – G_6 for ataluren) or all generations for BA ratios to determine the optimal number of segmental generations to be included in the BA analysis to monitor disease progression for both longitudinal datasets. For both longitudinal dataset analyses, we included visiting time point, baseline age, gender, baseline height and total lung volume as fixed effects and subjects, lobes and segmental generations as random effects. For the BA-ratio outcomes (B_{out}/A , B_{in}/A and B_{wt}/A ratios), the logarithmic scale was used for B_{in}/A of the ataluren dataset and the square root scale was used for the rest since the normality assumptions of the residuals were not met.

All statistical analyses were done using R, V4.0.5 (R Foundation for statistical Computing, Vienna, 2005). A $p < 0.05$ was considered as statistically significant.

RESULTS

Study population

All 23 scans in the CF-control dataset were analysed successfully by the automatic BA analysis. In total, 113/114 (99.1%)

CT scans in the Copenhagen dataset and 366/420 (87.1%) CT scans in the ataluren dataset met the inclusion criteria for the BA analysis. Of these, CTs 111/113 (98.2%) were analysed successfully for the Copenhagen dataset and 347/366 (96.8%) for the ataluren dataset. The reasons why CTs were excluded from analysis or why analysis failed are shown in figure 2. Thirty-seven out of 420 chest CT scans we received were not suitable for BA analysis due to movement artefacts or truncated images of the lung. In total 481 CT scans from 277 subjects aged 6–53 years were analysed successfully. The patients' characteristics, number of CT scans and their BA pairs of the validation datasets are displayed in table 1.

Validating with manual measurements

In the CF-control dataset, the automatic BA analysis was able to detect 4702 BA pairs against 4853 BA pairs¹² by the manual method. In the control subjects, no BA pairs were found beyond G_5 (figure 3, online supplemental figure S1) neither by the automatic BA analysis nor by the manual method. In children with CF, BA pairs were detected up to G_{11} for the manual method and G_{12} for the automatic BA analysis method. A number of BA

Table 1 Demographics of the three clinical validation datasets and their number of BA pairs assessed by the automatic BA analysis

Status	CF-control dataset				Longitudinal datasets			
	Manual BA (n=23)		Automatic BA (n=23)		Copenhagen (n=57)		Ataluren (n=197)	
	CF	Control	CF	Control	CF	Follow-up	CF	Follow-up
Time points					Baseline	Follow-up	Baseline	Follow-up
Age (years)—median (IQR)	11 (9.5–12.3)	13.9 (8.7–15)	11 (9.5–12.3)	13.9 (8.7–15)	12.6 (9.1–15.1)	13.9 (11.1–17)	21 (15–26)	22 (16–26)
Male—n (%)	6 (55)	7 (58)	6 (55)	7 (58)	28 (50)	28 (51)	80 (48)	89 (49)
CT scans analysed (n)	11	12	11	12	56	55	167	180
Total BA pairs measured (n)	3290	1563	3259	1443	12 798	14 648	54 840	65 673
BA (n) pairs per CT scan—mean (SD)	299 (104)	130 (37)	296 (167)	120 (34)	229 (106)	266 (122)	328 (161)	365 (162)

%, percentage; BA pairs, bronchus-artery pairs; CF, cystic fibrosis; (n), number.

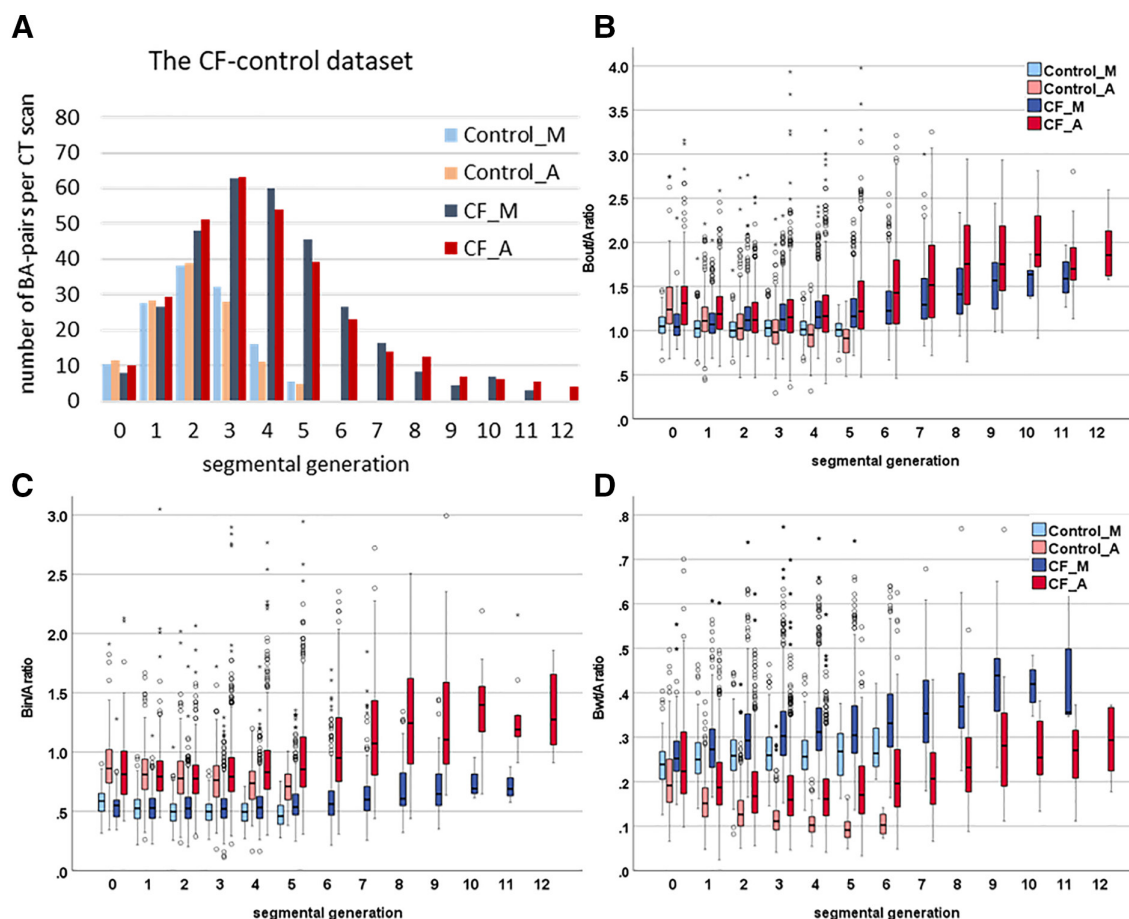


Figure 3 Number of BA pairs per CT scan and the distribution of BA ratios for the CF-control dataset assessed by the manual and automatic BA analysis for each segmental generation. Control_M: control subjects assessed by the manual method (light blue); Control_A: control subjects assessed by automatic BA analysis (pink); CF_M: subjects with cystic fibrosis assessed by the manual method (dark blue); CF_A: subjects with cystic fibrosis assessed by the automatic BA analysis (red); B_{out}/A ratio: ratio between bronchial outer diameter and adjacent artery diameter; B_{in}/A ratio: ratio between bronchial lumen diameter and adjacent artery diameter; B_{wt}/A ratio: ratio between bronchial wall thickness and adjacent artery diameter. Horizontal axis: 0 indicates the segmental bronchi and 1 and higher indicates consecutive subsegmental generations. (A) histogram shows the number of BA pairs per CT scan by segmental generations in the CF-control dataset. Boxplots (B–D) show boxplots for B_{out}/A ratio (B), B_{in}/A ratio (C), B_{wt}/A ratio (D) by segmental generation in the CF-control dataset. Each box shows median (horizontal line), IQR (solid box), $1.5 \times$ quartile range (whiskers) and outliers (circles and asterisks). BA, bronchus artery; CF, cystic fibrosis.

pairs per CT were 130% and 147% higher in children with CF compared with the control subjects using the manual method and the automatic BA analysis, respectively (table 1).

The difference between the manual method and automatic BA analysis in each segmental generation (from G_1 to G_5) is shown in the online supplement (online supplemental table S1). For B_{out}/A , no significant difference was detected ($p=0.277$). The B_{in}/A assessed by the automatic BA analysis was higher than for the manual method (mean difference 0.26; 95% CI 0.140 to 0.380, $p<0.001$). The B_{wt}/A assessed by the automatic BA analysis was lower than for the manual method (mean difference -0.13 ; 95% CI -0.176 to -0.084 , $p<0.001$) (online supplemental figure S2). In addition, for B_{out}/A , B_{in}/A and B_{wt}/A , there was no significant difference in area under the curves between the automatic BA analysis and manual method from G_1 to G_5 (online supplemental tables S2–S4).

Cut-off values for bronchial widening and wall thickening

Based on measurements assessed by automatic BA analysis of the CF-control dataset, the optimal cut-off value for bronchial widening differentiating CF from control subjects was 1.1 for

B_{out}/A and 0.8 for B_{in}/A . The best cut-off value for bronchial wall thickening was 0.14 for B_{wt}/A . (online supplemental table S5-1 and S5-2)

Correlation between the automatic BA analysis and PRAGMA-CF

The correlation coefficients between the automatic BA analysis outcomes and PRAGMA-CF outcome at baseline and follow-up were moderate or strong for the Copenhagen dataset and weak or moderate for ataluren datasets. The correlations results are shown in table 2 and online supplemental figure S3–S10.

Monitoring disease progression

In the two longitudinal datasets, a number of BA pairs with B_{out}/A , B_{in}/A and B_{wt}/A ratios above cut-off values were higher at follow-up than at baseline. The number of BA pairs that were above each cut-off value in ataluren dataset was higher than that in the Copenhagen dataset (table 3).

In the Copenhagen dataset, 27 446 BA pairs could be automatically analysed on 111 CT scans ranging from G_0 to G_{12} (figure 4, online supplemental figure S11). The mean (SD) BA pairs per

Table 2 Correlations between PRAGMA-CF and the automatic BA-analysis outcomes for the two longitudinal datasets

	%BE_PRAGMA-CF		ataluren	
	Copenhagen		Follow-up	
	Baseline	Follow-up	Baseline	Follow-up
%BE_Automatic-BA				
$B_{out}/A > 1.1$	$r=0.79$ (0.64–0.88)	$r=0.80$ (0.65–0.88)	$r=0.49$ (0.34–0.61)	$r=0.54$ (0.41–0.65)
$B_{out}/A > 1.5$	$r=0.75$ (0.61–0.85)	$r=0.84$ (0.72–0.90)	$r=0.59$ (0.47–0.69)	$r=0.66$ (0.55–0.74)
$B_{in}/A > 0.8$	$r=0.56$ (0.34–0.72)	$r=0.52$ (0.26–0.72)	$r=0.29$ (0.13–0.43)	$r=0.39$ (0.26–0.51)
$B_{in}/A > 1.5$	$r=0.47$ (0.22–0.65)	$r=0.71$ (0.53–0.82)	$r=0.47$ (0.34–0.59)	$r=0.57$ (0.45–0.67)

Results are shown as Spearman (or Pearson) correlation coefficient (r) and (95% CI). PRAGMA-CF: The Perth-Rotterdam Annotated Grid Morphometric Analysis for Cystic Fibrosis; BA: bronchial-artery; %BE_PRAGMA-CF: percentage of lung volume occupied by bronchiectasis on inspiratory chest CT scan assessed by PRAGMA-CF; %BE_Automatic-BA ($B_{out}/A > 1.1$): percentage of BA pairs with B_{out}/A ratio greater than 1.1 quantified by the automatic BA analysis; %BE_Automatic-BA ($B_{out}/A > 1.5$): percentage of BA pairs with B_{out}/A ratio greater than 1.5 quantified by the automatic BA analysis; %BE_Automatic-BA ($B_{in}/A > 0.8$): percentage of BA pairs with B_{in}/A ratio greater than 0.8 quantified by the automatic BA analysis; %BE_Automatic-BA ($B_{in}/A > 1.5$): percentage of BA pairs with B_{in}/A ratio greater than 1.5 quantified by the automatic BA analysis. ; BA, bronchus artery.

CT was 247 (116). At follow-up, the number of BA pairs per CT scan was 16.2% higher relative to baseline. The optimal number of segmental generations to investigate disease progression was G_1 to G_5 . These generations included 89% of total BA pairs in all generations. Over 2 years, we detected that B_{out}/A and B_{in}/A increased significantly from G_1 to G_5 with a change of 0.02 for both B_{out}/A (95% CI -0.018 to 0.058 ; $p < 0.001$) and B_{in}/A (95% CI -0.006 to 0.046 ; $p < 0.001$) using mixed-effect models. However, there was just a trend for progression in B_{wt}/A (mean difference 0.002; 95% CI -0.009 to 0.013 ; $p = 0.03$) from G_1 to G_5 (online supplemental table S6 and figure S12 for G_1 – G_5 , online supplemental figure 13 for sensitivity analysis).

In the ataluren dataset, 120 513 BA pairs could be analysed on 347 CT scans ranging from G_0 to G_{15} (figure 5, online supplemental figure S14). The mean (SD) number of BA pairs per CT scan was 347 (162). At follow-up, the number of BA pairs per CT scan was 11.3% higher relative to baseline. The optimal number of segmental generations to investigate disease progression was G_1 – G_6 . These generations included 90% of total BA pairs in all generations. Over 48 weeks, B_{out}/A , B_{in}/A and B_{wt}/A increased significantly from G_1 to G_6 with a change of 0.03 for B_{out}/A (95% CI -0.012 to 0.072 ; $p < 0.001$), 0.02 for B_{in}/A (95% CI -0.003 to 0.043 ; $p < 0.001$) and 0.01 for B_{wt}/A (95% CI 0.001 to 0.019 ; $p < 0.001$) using mixed-effect models (online supplemental table S7 and figure S15 for G_1 – G_6 , online supplemental figure S16 for sensitivity analysis).

DISCUSSION

In this study, we validated a fully automatic BA analysis for measuring BA dimensions on chest CT scans of patients with CF aged from 6 to 54 years old for the detection and monitoring of bronchial widening and wall thickening. To the best of our knowledge, the automatic BA analysis is the first fully automated algorithm able to assess and measure large numbers of BA pairs on chest CT scans of patients with CF from three different datasets.

We showed that for the CF control dataset the automatic BA analysis was able to detect almost the same total number of BA pairs as the manual BA analysis. The agreement between the automatic and manual BA measurements was excellent for B_{out}/A . However, for B_{in}/A values were systematically higher, and for B_{wt}/A lower for the automated BA analysis than for the manual BA analysis. This can be explained by systematic differences between the two methods on how the inner and outer wall of a bronchus is detected. For the manual BA analysis, the observer draws the inner boundary of bronchial wall where a great intensity drop is perceived subjectively,²¹ while for the automatic analysis an objective cut-off is based on sub-resolution measurements which were validated on phantoms studies. Even though there were systematic differences in the BA measurements between the manual and automatic BA analysis, their sensitivity to detect bronchial widening and bronchial wall

Table 3 The number of BA pairs with BA ratios above cut-off values per CT scan from paired subjects

	Copenhagen dataset (paired n=54)		Ataluren dataset (paired n=150)	
	Baseline	Follow-up after 2 years	Baseline	Follow-up after 48 weeks
No of BA pairs per scan	201 (88–527)	254 (83–695)	317 (21–807)	332 (72–943)
No of BA pairs with $B_{out}/A > 1.1$	90 (16–421)	126 (21–568)	259 (16–731)	287 (16–871)
No of BA pairs with $B_{out}/A > 1.5$	14 (1–189)	20 (2–258)	159 (5–536)	178 (13–659)
No of BA pairs with $B_{in}/A > 0.8$	85 (11–431)	127 (8–546)	234 (13–682)	270 (12–834)
No of BA pairs with $B_{in}/A > 1.5$	2 (1–36)	3 (1–47)	28 (1–319)	39 (1–319)
No of BA pairs with $B_{wt}/A > 0.14$	96 (30–487)	115 (23–558)	265 (18–744)	281 (23–889)

This table shows the median (range) number of BA pairs from G_1 and higher per CT scan at baseline and follow-up for two longitudinal datasets classified as bronchial widening and bronchial wall thickness according to cut-off values. No.: number; no. of BA pairs with $B_{out}/A > 1.1$: the number of BA pairs with the ratio of bronchial outer diameter and adjacent artery diameter greater than 1.1; No. of BA pairs with $B_{out}/A > 1.5$: the number of BA pairs with B_{out}/A ratio greater than 1.5; no. of BA pairs with $B_{in}/A > 0.8$: the number of BA pairs with the ratio of bronchial lumen diameter and adjacent artery diameter greater than 0.8; no. of BA pairs with $B_{in}/A > 1.5$: the number of BA pairs with the B_{in}/A ratio greater than 1.5; no. of BA pairs with $B_{wt}/A > 0.14$: the number of BA pairs with the ratio of bronchial wall thickness and adjacent artery diameter greater than 0.14. BA, bronchus artery.

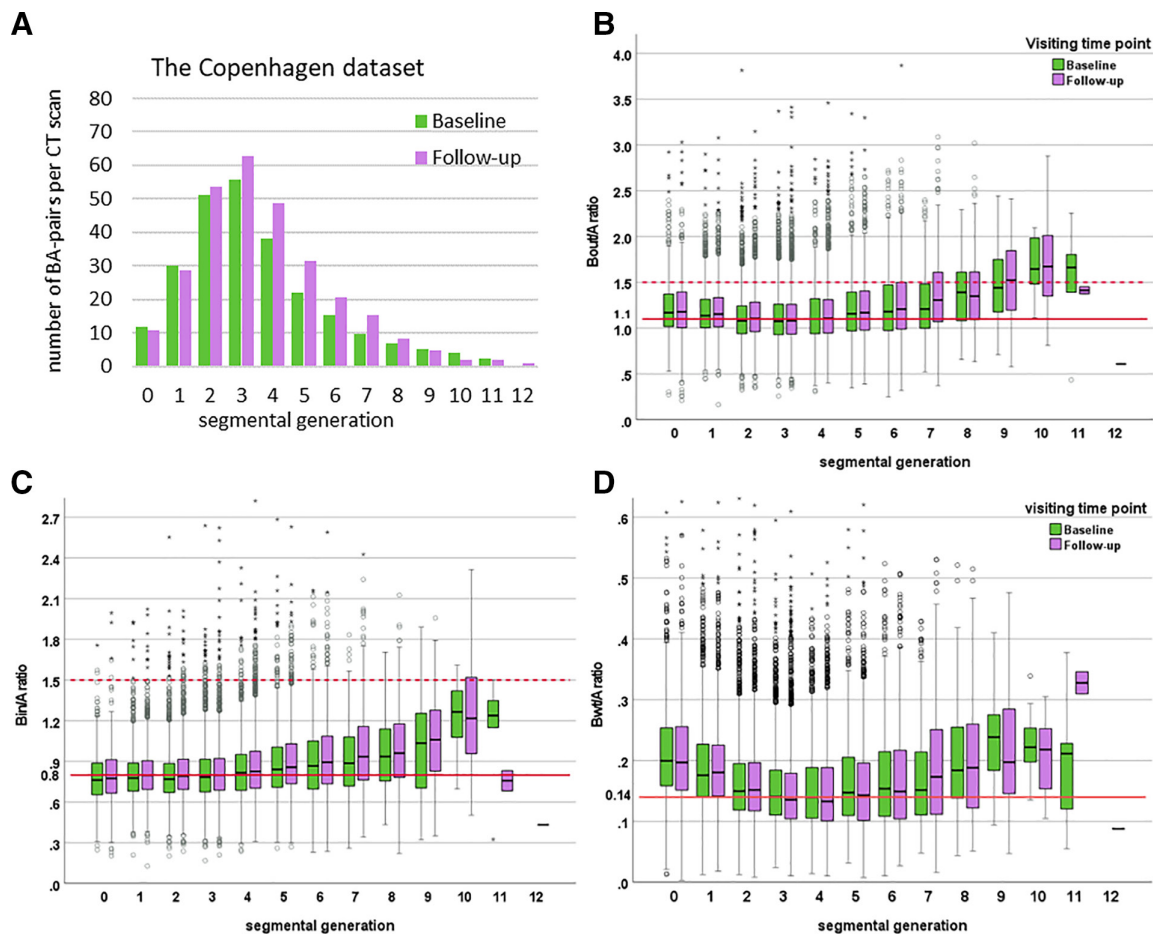


Figure 4 The number of bronchus-artery (BA) pairs for the Copenhagen dataset per CT scan and distribution of BA ratios at baseline and follow-up over 2 years for each segmental generation. B_{out}/A ratio: the ratio of bronchial outer diameter and adjacent artery diameter; B_{in}/A ratio: the ratio of bronchial lumen diameter and adjacent artery diameter; B_{wt}/A ratio: the ratio of bronchial wall thickness and adjacent artery diameter. Horizontal axis, 0 indicates the segmental bronchi and 1 and higher indicate consecutive subsegmental generations. (A) histogram shows the number of BA pairs per CT scan at baseline and follow-up by segmental generations. Boxplots (B–D) show the relation between B_{out}/A ratio (B), B_{in}/A ratio (C), B_{wt}/A ratio (D) at baseline and follow-up by segmental generation. Each box shows median (horizontal line), IQR (solid box), $1.5 \times$ quartile range (whiskers) and outliers (circles and asterisks). The red solid lines in B and D represent the computed cut-off values for bronchial widening and wall thickening. The red dotted line in B and C represents the conservative cut-off value for bronchiectasis of 1.5.¹⁹ BA, bronchus artery.

thickening was comparable. The automatic BA analysis allowed to detect and assess BA pairs up to G_5 in control subjects, but up to G_{12} and further in the patients with CF lung disease caused by widening and thickening of the small airways making them visible also in the periphery of the lung. This difference between controls and CF was also observed by the manual measurements.

For the automated identification of bronchial widening, B_{out}/A ratio showed better discrimination than the B_{in}/A ratio in each segmental generation (from G_1 to G_5) (online supplemental tables S2 and S3). This was expected as the sensitivity of B_{in}/A to detect widening of the bronchi can be reduced due to mucus attached to the inner bronchial wall and/or folding of the mucosal layer especially at lung volumes below total lung capacity due to suboptimal inspiration.^{22 23} Our study, therefore, adds further evidence in support of the B_{out}/A ratio as a more precise parameter for the diagnosis of bronchial widening than the B_{in}/A ratio which is often used in clinical practice and clinical studies.^{24 25}

Based on the automatic BA analysis of the CF-control dataset, we concluded that the optimal cut-off value for bronchial widening is 1.1 for B_{out}/A and 0.8 for B_{in}/A , instead of using the poorly validated cut-off of BA ratio greater than 1.²⁶ The

optimal cut-off for bronchial wall thickening is 0.14 for B_{wt}/A ratio. To compute this optimal cut-off between control subjects and patients with CF, we showed that including all BA measurements of G_1 – G_5 resulted in the best discrimination between the two groups. This makes sense as G_1 – G_5 includes a large fraction (81%–90%) of all the BA pairs that can be measured on a CT scan in most patients. In control subjects beyond generation G_5 less BA pairs become visible due to the limited resolution of commonly used CT scanners which are not able to detect airways below 2 mm in diameter.²⁷ In patients with CF a large number of BA pairs can still be observed for generations beyond G_5 due to bronchial widening and wall thickening. The total number of BA pairs in G_1 – G_5 was 1303 (90%) for controls vs 2841 (81%) for CF hence allowing for a fair comparison not biased by the higher number of BA pairs beyond G_5 in CF.

For further validation of the BA analysis, we compared BA outcomes with those of the established PRAGMA-CF scoring method in a cross-sectional analysis. We observed a weak to strong correlation between the percentage of BA pairs showing bronchial widening for the automatic BA analysis and the fraction of total lung volume occupied by bronchiectasis for PRAGMA-CF. Comparing the manual PRAGMA-CF %Bronchiectasis

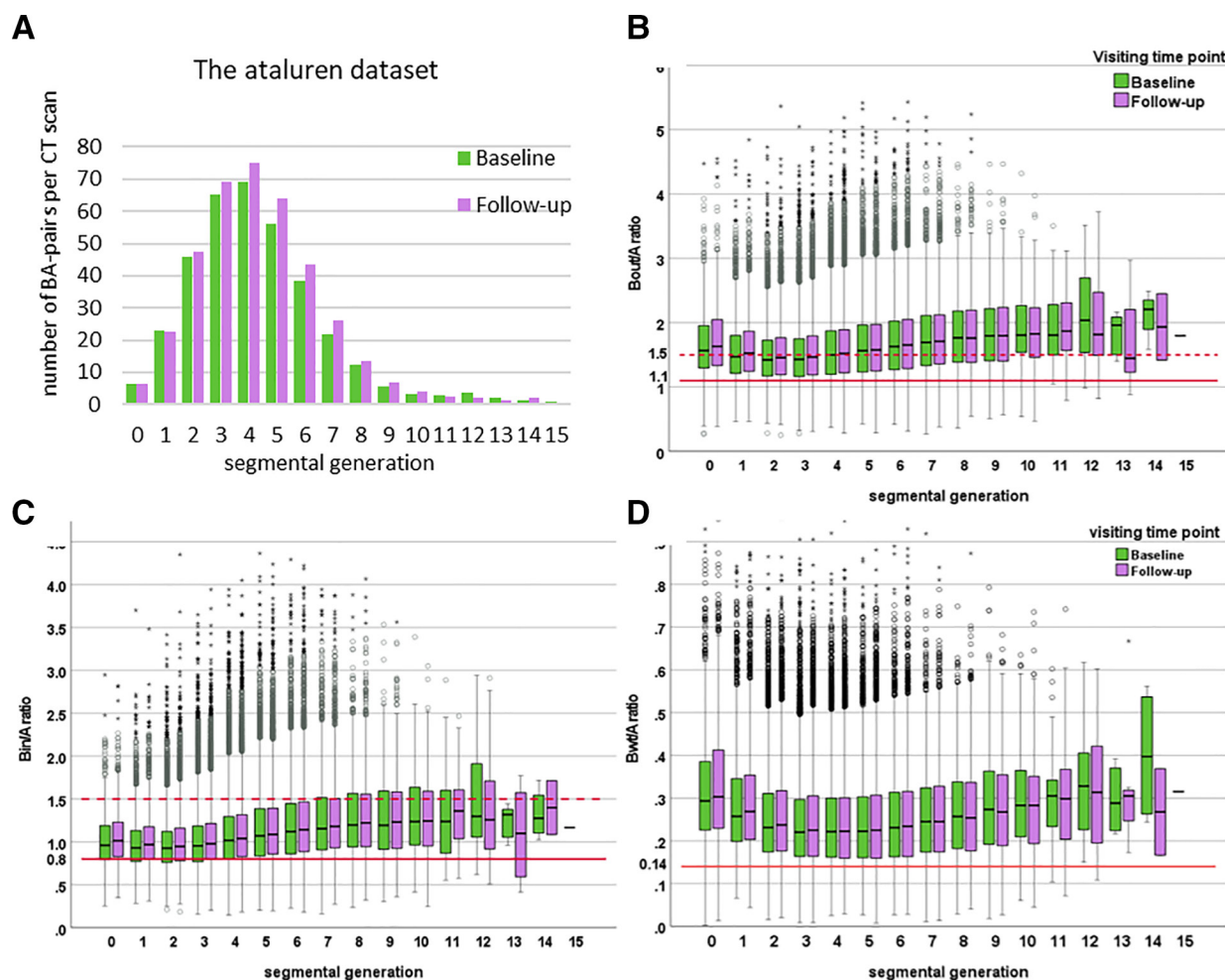


Figure 5 The number of BA pairs for the ataluren dataset per CT scan and the distribution of BA ratios at baseline and follow-up over 48 weeks for each segmental generation. BA pair: BA pair; B_{out}/A ratio: the ratio of bronchial outer diameter and adjacent artery diameter; B_{in}/A ratio: the ratio of bronchial lumen diameter and adjacent artery diameter; B_{wt}/A ratio: the ratio of bronchial wall thickness and adjacent artery diameter. Horizontal axis, 0 indicates the segmental bronchi and 1 and higher indicate consecutive subsegmental generations. (A) histogram shows the number of BA pairs per CT scan at baseline and follow-up by segmental generations. Boxplots (B–D) show the relation between B_{out}/A ratio (B), B_{in}/A ratio (C), B_{wt}/A ratio (D) at baseline and follow-up by segmental generation. Each box shows median (horizontal line), IQR (solid box), $1.5 \times$ quartile range (whiskers) and outliers (circles and asterisks). The red solid lines in A, B and C represent the computed cut-off values for bronchial widening and wall thickening. The red dotted line represents the conservative cut-off value for bronchiectasis of 1.5.¹⁹ BA, bronchus artery.

with outcomes of the BA analysis for bronchial widening, it has become clear that trained observers are able to recognise the more severely widened bronchi with a BA-ratio of 1.5 or higher but have difficulties recognising bronchi with a BA-ratio between 1.1 and 1.5 as widened. This correlation was stronger for the Copenhagen dataset at baseline and follow-up relative to the ataluren dataset (table 2). The most likely explanation for this difference is that the ataluren study did not include a volume-controlled CT acquisition protocol resulting in a larger variability in lung volumes within and between subjects. Also, CT scanners and protocols varied from centre to centre (36 centres in total), in contrast to the single centre Copenhagen cohort where a strict volume control protocol was used both at baseline and at follow-up and all patients were scanned on the same CT scanner. Furthermore, the ataluren study consisted of older subjects with overall more advanced lung disease as illustrated by a forced vital capacity of 78% compared with a forced vital capacity of 98% for the Copenhagen cohort (online supplemental table S8).^{14 28} Overall, it can be concluded that the automatic BA analysis outcomes correlated well with comparable

PRAGMA-CF outcomes in the cross-sectional analysis, however, volume control CT protocols are important for optimal BA analysis.

In monitoring of progression of CF lung disease, the BA analysis was sensitive to detect progression for bronchial widening (B_{out}/A and B_{in}/A) in the ataluren dataset as well as in the Copenhagen cohort. Using PRAGMA-CF progression of bronchiectasis was detected only in the ataluren cohort. This suggests higher sensitivity of the BA analysis to detect bronchial widening compared with PRAGMA-CF. Progression of bronchial wall thickening (B_{wt}/A) was only observed in the ataluren dataset but not in the Copenhagen dataset. These B_{wt}/A findings are in agreement with that of the longitudinal PRAGMA-CF analysis in the two cohorts.^{6 14}

In addition, the BA ratios to define bronchial widening and wall thickening are computed based on adjacent arterial diameters. In control subjects, bronchi and adjacent arteries are expected to be of similar sizes.²⁹ However, in patients with lung diseases such as CF, airway obstruction can result in hypoventilation of lung regions resulting in hypoxic pulmonary vasoconstriction.³⁰ This

could result in subtle changes of the arterial diameters visible on chest CT, and therefore, influence the sensitivity of the BA ratio to detect and monitor relevant structural airway disease. However, we do not think changes in arterial size have a major impact on our findings as we were unable to detect significant changes in arterial dimensions from baseline to follow-up in either Copenhagen or the ataluren dataset (online supplemental tables S9 and S10). This suggests that the progression in BA ratios found in these longitudinal cohorts is primarily caused by a change in bronchial dimensions. We speculate that hypoxic pulmonary vasoconstriction might be more relevant for the smaller airways as the accompanying arteries contain more smooth muscle relative to more central arteries,³¹ which might be unable to be detected by BA analysis on current CT resolution.

For longitudinal monitoring, we aimed to identify which generations needed to be included to have the highest sensitivity to detect change. For the Copenhagen dataset, we selected G_1 – G_5 and for the ataluren dataset G_1 – G_6 as the number of BA pairs from G_1 to G_6 accounted similar proportion (probably due to higher mean age and therefore also larger lung size) as the number of BA pairs from G_1 to G_5 of Copenhagen dataset. However, there were no major differences between the analysis results using the limited generations (G_1 – G_5 or G_1 – G_6) set compared with all detectable generations in our sensitivity analysis (online supplemental tables S6 and S7). In addition, it has been shown that geometrical changes in more central airways correlate well to those in the smaller airways.³² And the inflammation of the bronchial walls is more frequently present in the middle-size airways in patients with CF.^{33,34} Another reason for selecting fewer generations to investigate the change in B_{out}/A , B_{in}/A and B_{wt}/A is that geometrical changes in this compartment are very precise, as a large number of BA pairs can be measured. Overall, the automatic BA analysis of bronchus and artery dimensions in G_1 – G_6 is an accurate and sensitive way to detect and quantify bronchial widening and bronchial wall thickening in CF. Therefore, we recommend to use G_1 – G_5 in children and G_1 – G_6 in adults to detect abnormal airways and to investigate disease progression in further studies to avoid large variability in detection of periphery.

Limitations

The limitations of our study are, first, the sample size of the CF-control dataset to compute thresholds for bronchial widening and wall thickening is relatively small. Given the extreme time-consuming process of manually annotating all visible BA pairs, it was not feasible to perform the BA analysis on a larger dataset. Despite the small number of patients in the dataset, the total number of assessed BA pairs is very large and observed cut-off BA-ratio values for bronchial widening and bronchial wall thickening are similar to those reported in the literature.³⁵ Second, using chest CT, mucus cannot be differentiated from the bronchial wall when the bronchus is completely obstructed, however, the percentage of bronchi obstructed by mucus is relatively small. Despite this fact, the algorithm was sensitive enough to measure bronchial wall thickness and even detect a significant progression in ataluren dataset. The third limitation is the absence of a well-defined definition and cut-off value to diagnose bronchial widening being an important feature for the diagnosis of bronchiectasis.¹⁹ This leads to large variability between the observers. For evaluating BA dimensions in patient care, it is important to obtain robust BA-reference values of normal subjects in different age ranges, but such reference values are currently not available. We are in the process of analysing a large dataset of chest

CT scans obtained from multiple centres without radiological evidence of lung disease. This dataset includes patients with normal chest CTs as evaluated by three independent radiologists that were acquired without strict volume control. Hence, additional reference values need to be collected including normal chest CTs acquired with volume control.

Future prospective

Potentially, the automated assessment of BA dimensions is highly relevant for a wide range of diseases such as asthma, chronic obstructive pulmonary disease, bronchiectasis and primary ciliary dyskinesia. For each of these diseases, further validation studies are needed. Compared with manual scoring methods this automatic BA analysis currently requires 20 minutes or less of computation time for the BA analysis of a CT scan to obtain objective, and sensitive clinically relevant outcomes related to airways disease. To make the BA analysis available for clinical use, it has to be implemented into the workflow of the radiologists. Finally, implementation of volume control during chest CT acquisition is needed to make optimal use of the BA analysis.

CONCLUSIONS

The automatic BA analysis is a newly developed AI-based algorithm to objectively assess a large number of BA dimensions of BA pairs on a chest CT. This BA analysis can be used for the quantitative diagnosis of bronchial widening, bronchial wall thickening and to assess the extent and progression of these structural changes. In this study, the BA analysis was more sensitive to detect progression of bronchial widening in mild CF lung disease compared with PRAGMA-CF. The BA analysis will contribute to the objective phenotyping and monitoring of the structural airway abnormalities in CF and potentially for other lung diseases in the future.

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KG contributed to the acquisition of data, revised the manuscript, and gave final approval to the manuscript. MdB critically revised the manuscript and gave final approval to the manuscript. PC contributed to the interpretation of image data, critically revised the manuscript, and gave final approval to the manuscript. HT contributed to the conception and design of the work, critically revised the manuscript, and gave final approval to the manuscript. HT is responsible for the overall content as the guarantor.

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