

Appendix 1. Summary table of the primary and secondary outcome measures

Health domain	Instrument	Score range	Interpretation
Health-related quality of life (HRQL)	36-item Short Form Health Survey (SF-36) (8 subscales, 2 Summary scores)	0-100 for each subscale Summary scores are normalized to a general Dutch population mean of 50 and a standard deviation of 10	Higher scores indicate a better HRQL
Pain	100 mm VAS	0-100	Higher scores indicate more pain
Pain	13-item Pain Catastrophizing Scale (PCS)	0-52	Higher scores indicate higher pain catastrophizing
Somatization	12-item somatization subscale of the Symptom Checklist-90 (SL-90)	12-60	Higher scores indicate more somatization
Anxiety and depression	Hospital Anxiety and Depression scale (HADS) (7-item anxiety subscale, 7-item depression subscale)	0-21 for each subscale	Higher scores indicate more emotional distress
Disability in ADL	25-item AMC Linear Disability Score (ALDS)	0-100	Higher scores indicate a better functional status
General well-being	100mm VAS	0-100	Higher scores indicate a better well-being

