Participant study code_____

XPAND

Enhancing Photoprotection Activities - New Directions



Xeroderma Pigmentosum National Service

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St Thomas' Hospital

Westminster Bridge Road

London SE1 7EH



We are interested in your own personal views about XP and ultraviolet (UVR) protection. There are no right or wrong answers.

Please circle the number that best corresponds to your views:

how long you do outdoor daily activities? 0 1 2 3 4 5 6 7 8 9 10 not at all very confident 2. How confident are you that you can wear all the protective clothing you want, to protect yourself when outdoors? 0 1 2 3 4 5 6 7 8 9 10 not at all very confident 3. How confident are you that you can correctly apply sunscreen so that you have best protection from UVR? 0 1 2 3 4 5 6 7 8 9 10 not at all very confident 4. Thinking about using clothing (e.g., hat, glasses, scarf or buff, hoodie) to achieve a high level of photoprotection of your face from UVR over the next 4 weeks, how confident are you that you can photoprotect even if/when A. unexpected things get in the way 0 1 2 3 4 5 6 7 8 9 10 not at all very confident	1.	1. How confident are you that you can lower your overall exposure to daylight by shifting when or										
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	A.	unexpect	ed things	get in t	the wa	У						
not at all very confident		0	1	2	3	4	5	6	7	8	9	10
		not at	all									very confident
B. you are somewhere new	В.	you are so	omewher	e new								
0 1 2 3 4 5 6 7 8 9 10		0	1	2	3	4	5	6	7	8	9	10
not at all very confident		not at	all									very confident

C. you are	e in a rusł	า								
0	1	2	3	4	5	6	7	8	9	10
not	at all									very confident
D. you ar	e with ne	w peopl	e							
0	1	2	3	4	5	6	7	8	9	10
not	at all									very confident
E. you do	n't want	to look o	differen	it						
0	1	2	3	4	5	6	7	8	9	10
not	at all									very confident
F. you are	e feeling l	ow								
0	1	2	3	4	5	6	7	8	9	10
not	at all									very confident
G. you ar	e feeling	happy								
0	1	2	3	4	5	6	7	8	9	10
not	at all									very confident
H. you ar	e pressur	ed not to	o prote	ct by fa	mily or f	riends				
0	1	2	3	4	5	6	7	8	9	10
not	at all									very confident
I. It might	t be physi	cally un	comfor	table (e	.g., too l	not)				
0	1	2	3	4	5	6	7	8	9	10
not	at all									very confident
	confident	t you are	that y	ou will (correctly	apply s	unscreei	n to you	r face ov	er the next 4 weeks
A. unexp	ected thi	ngs get i	n the v	vay						
0	1	2	3	4	5	6	7	8	9	10
not	at all									very confident

B. you are	e somewh	nere nev	v							
0	1	2	3	4	5	6	7	8	9	10
not	at all									very confiden
C. you are	e in a rush	1								
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D. you are	e with ne	w peopl	e							
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E. you do										
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F. you are	e feeling l	ow								
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I. It might										
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