

**Supplementary material****Table 1, supplementary: Studies of adult CD patients treated with enteral nutrition, considered for this review**

Reference	Year	Study type	Reason for not used in narrative review (if applicable)
Sharma et al(1)	2021	Retrospective observational cohort	Uncontrolled, lower level of evidence than other studies
Guo et al(2)	2013	Prospective observational cohort	Small patient numbers, uncontrolled, lower level evidence than other studies
Li et al(3)	2014	Retrospective observational cohort	Uncontrolled, lower level evidence than other studies
Li et al(4)	2015	Retrospective observational cohort	Abstraction of data may be biased. Long term nature of this study may lead to selection bias
Leach et al(5)	2008	Prospective observational cohort	Small patient numbers, uncontrolled, lower level evidence than other studies
Zachos et al(6)	2007	Meta-analysis	Lower level evidence than other studies
Chen et al(7)	2019	Prospective observational cohort	Small patient numbers, uncontrolled, lower level evidence than other studies
Gorard et al(8)	1993	Randomised	Small patient

		controlled trial	numbers, high dropout rate in the EEN arm
Gonzalez -Huix et al(9)	1993	Randomised controlled trial	Small patient numbers.
Lochs et al(10)	1991	Randomised controlled trial	Lower level evidence than other studies
Yu et al(11)	2019	Meta-analysis	Paediatric Population
Okada et al (12)	1990	Randomised controlled trial	Small patient numbers.
O'Moráin et al(13)	1984	Randomised controlled trial	Small patient numbers.
Zoli et al(14)	1997	Randomised controlled trial	Small patient numbers.
Hirai et al(15)	2013	Retrospective observational cohort	Abstraction of data may be biased. Long term nature of this study may lead to selection bias
Kucharski et al(16)	2020	Case report	Small patient numbers, uncontrolled, lower level evidence than other studies
Xiu et al(17)	2019	Case report	Small patient numbers, uncontrolled, lower level evidence than other studies
Xu et al(18)	2019	Retrospective observational cohort	Uncontrolled, lower level evidence than other studies
Tsertsvadze et al(19)	2015	Review	No meta-analysis was performed
Yamamoto et al(20)	2010	Review	Level of evidence is low
Kuriyama et al(21)	2009	Cross sectional study	Study examined quality of life as end goal not remission

Esaki et al(22)	2006	Retrospective observational cohort	Abstraction of data may be biased, prone to selection bias
Bamba et al(23)	2003	Randomised controlled trial	Small patient numbers. Did not use EEN as an intervention
Sakura et al(24)	2002	Randomised controlled trial	Small patient numbers. All arms of the trial were EEN formulations that differ by fat content. No control arm against other interventions
Gassull et al(25)	2002	Randomised controlled trial	Trial used partial enteral nutrition as intervention arm
Verma et al(26)	2000	Randomised controlled trial	Small patient numbers.
Verma et al(27)	2000	Randomised controlled trial	Small patient numbers.
Matsueda et al(28)	1995	Retrospective observational cohort	Collected data using questionnaire. Prone to recall bias
Fernandez-Banares et al(29)	1995	Meta-analysis	RCTs included in meta-analysis had small patient numbers
Griffiths et al(30)	1995	Meta-analysis	RCTs included in meta-analysis had small patient numbers
Mansfield et al(31)	1995	Randomised controlled trial	Small patient numbers, high dropout rates
Royall et al(32)	1995	Randomised controlled trial	Small patient numbers.
Hirakawa et al(33)	1993	Retrospective observational cohort	Small patient numbers, high dropout rates
Raouf et al(34)	1991	Randomised	Small patient

		controlled trial	numbers.
Giaffer et al(35)	1991	Prospective observational cohort	Small patient numbers.
Wang et al(36)	2018	Retrospective observational cohort	Not involving EEN
Gatti et al(37)	2017	Review	No meta-analysis performed
Ludvigsson et al(38)	2004	Randomised controlled trial	Paediatric population
Yamamoto et al(39)	2013	Comment to journal	Lower level evidence than other studies
Yamamoto et al(40)	2010	Prospective observational cohort	Small patient numbers, high dropout rates
Comeche et al(41)	2019	Meta-analysis	Population includes patients with both CD and UC
Mańkowska-Wierzbicka et al(42)	2019	Prospective observational cohort	Population includes patients with both CD and UC
Li et al(43)	2014	Prospective observational cohort	Small patient numbers, lower level evidence than other studies
Ramaswamy et al(44)	2020	Retrospective observational cohort	Abstraction of data may be biased, uncontrolled, unrandomized, lower level evidence than other studies
Narula et al(45)	2018	Review	
D'Haens et al(46)	2004	Editorial Letter	
Grover et al(47)	2016	Randomised controlled trial	
Modigliani et al(48)	1990	Prospective observational cohort	
Chen et al(49)	2019	Prospective observational cohort	

Borrelli et al(50)	2006	Randomised controlled trial	
Wall et al(51)	2013	Review	
Wall et al(52)	2017	Prospective observational cohort	
Schwab et al(53)	1998	Meta-Analysis	
Yang et al(54)	2020	Retrospective observational cohort	
Frivolt et al(55)	2014	Retrospective observational cohort	
Yan et al(56)	2014	Retrospective observational cohort	
Matsueda et al(57)	2000	Retrospective observational cohort	
Hu et al(58)	2014	Prospective observational cohort	
Yang et al(59)	2017	Prospective observational cohort	
Brennan et al(60)	2018	Meta-analysis	
Li et al(43)	2014	Prospective observational cohort	
Li et al(4)	2015	Prospective observational cohort	
Ge et al(61)	2019	Prospective observational cohort	
Heerasing et al(62)	2017	Retrospective observational cohort	
Zheng et al(63)	2017	Retrospective observational cohort	
Mitrev et al(64)	2019	Retrospective observational cohort	
Costa-Santos et al(65)	2020	Prospective observational cohort	
Beaupel et al(66)	2017	Prospective observational cohort	
Wang et al(67)	2016	Retrospective observational cohort	
Yamamoto et al(68)	2007	Prospective observational cohort	
Yamamoto et al(39)	2013	Prospective observational cohort	
Esaki et al(69)	2005	Prospective observational cohort	
Pigneur et al(70)	2021	Randomised controlled trial	
Takagi et al(71)	2006	Randomised	

		controlled trial	
Duncan et al(72)	2004	Retrospective observational cohort	
Day et al(73)	2006	Retrospective observational cohort	
Wilschanski et al(74)	1996	Retrospective observational cohort	
Hirai et al(75)	2020	Meta-analysis	
Luo et al(76)	2017	Randomised controlled trial	
Nguyen et al(77)	2015	Meta-analysis	
Sazuka et al(78)	2012	Retrospective observational cohort	
Sood et al(79)	2015	Retrospective observational cohort	

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