

# Patient information from BMJ

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## Stable angina: questions to ask your doctor

**If you've been told you have angina, you may want to talk to your doctor to find out more. Here are some questions that you might want to ask.**

- Why do I get angina?
- Will I have a heart attack?
- Are there tests that can show my chances of having a heart attack?
- Will I get better?
- What's the best treatment for me?
- Will I need to have treatment for the rest of my life?
- What are the side effects of treatment? How can I cope with them?
- Will I need surgery or another type of procedure?
- Do I have to stop any activities, such as sports?
- Can I still have sex?
- Should I change what I eat? If so, how?
- Is it safe for me to drive?

If you smoke, you might want to ask your doctor:

- Where can I find help to quit?
- What treatments are there to help me quit?
- Is there a local support group I can join to help me quit?

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