

# Patient information from BMJ

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## Varicose veins: questions to ask your doctor

**If you've been diagnosed with varicose veins, you may want to talk to your doctor to find out more. Here are some questions that you might want to ask.**

- Which veins in my legs are causing the problem? Where are they?
- Will my varicose veins get worse?
- What might have caused my varicose veins?
- Will my varicose veins cause medical problems? How likely is this?
- Do I need to see a specialist?
- What treatment choices do I have?
- Will treatment make my varicose veins go away?
- Will treatment ease my tired, aching legs?
- What are the risks of treatment?
- Will I need to take time off work?
- Will my varicose veins come back after treatment? How likely is this? How soon might they come back?
- Will I get other varicose veins?

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