

## MOTIVATION IN TECHNOLOGY EDUCATION AMONG NOVICE AND TECHNOLOGICAL TALENTS

By

OSSI AUTIO

*Senior Lecturer in Technology Education, Department of Applied Sciences of Education, University of Helsinki, Finland.*

### ABSTRACT

*The purpose of this study was to determine the elements motivating comprehensive school students to study technology education. The research was carried out as a qualitative case study and the material was collected through individual theme interviews. The study group consisted of two different test groups: novice and technological talents. In each test group there were three test participants, each representing a different case of motivation towards technology education. In choosing individuals for the study the main criteria were gender, negative or positive motivation and competence in the field of technology. This study found that the artifact to be made in school and the student's freedom of choice had the most significant effect on motivation in the novice test group. Instead, curiosity and intellectual challenge seemed to be the main elements in technological talents group. Although, we must be careful with final conclusions as the research group was relatively small, we can conclude that there were more signs of intrinsic motivation in technological talents test group and extrinsic motivation was emphasized in the novice group.*

*Keywords: Technology Education, Motivation, Technological Talent.*

### INTRODUCTION

The term motivation is derived from the Latin verb *movere* (to move). The idea of movement reflected in such commonsense ideas about motivation as something that gets us going, keeps us moving, and helps us complete tasks (Pintrich & Schunk, 2002). Since the formal beginnings of education (Dewey, 1913), motivation has been viewed as the primary determinant of student learning and school success. Research consistently reveals that motivation is critical not only to current academic functioning, but also to students' beliefs in their future success as students and in their expectation of having positive school experiences (Shernoff, Csikszentmihalyi, Schneider, & Shernoff, 2003). Furthermore, motivation is one lens with which to investigate factors that contribute to students' interest, engagement and persistence in learning activities (Gilman & Anderman, 2006).

Most contemporary theories tend to emphasize one or more aspects that facilitate this process (Roeser, Strobel, & Quihuis, 2002). Gottfried (1990) used the term academic intrinsic motivation in a broad sense to depict a special kind of motivation for school learning. Academic intrinsic motivation involves the enjoyment of school learning and is

characterized by a mastery orientation; involving curiosity, persistence and the learning of challenging, difficult and novel tasks.

Motivation involves goals that provide impetus for and direction to action. Cognitive views of motivation are united in their emphasis on the importance of goals. Goals may not be well formulated and may change with experience, but the point is that individuals have something in mind that they are trying to attain or avoid. Motivation requires activity—physical or mental. Physical activity entails effort, persistence, and other overt actions. Mental activity includes such cognitive actions as planning, rehearsing, organizing, monitoring, making decisions, solving problems, and assessing progress. Finally, motivated activity is instigated and sustained. Starting toward a goal is important and often difficult because it involves making a commitment to change and taking the first step. But motivational processes are critically important to sustain action. Many major goals are long-term such as to get good grades to be accepted into college or saving money for retirement (Pintrich & Schunk, 2002).

Deci & Ryan (1985) were interested in whether individuals engage in academic tasks for the intrinsic benefits

associated with the task, or in order to receive some type of extrinsic reward. Self-determination theory (SDT) focuses on the degree to which an individual's behavior is self-motivated and self-determined. SDT posits the existence of three major types of motivational constructs namely intrinsic motivation, extrinsic motivation, and amotivation. Intrinsic motivation refers to engaging in activities for themselves, out of pleasure, fun, and enjoyment. On the other hand, extrinsic motivation refers to engaging in activities for outcomes that are separate from the activity. According to Deci & Ryan (2002) four forms of extrinsic motivation have been proposed.

- External regulation involves engaging in an activity to obtain rewards or avoid punishment. In this level, students would not be intrinsically motivated or show high interest, but they would tend to behave well and try to do work to obtain rewards or avoid punishment.
- Introjected regulation refers to behaviors performed to avoid guilt and internal pressure and entails the internalization of past external controls. In this level, students are not doing work solely for the rewards or to avoid punishment. The feeling of guilt is actually internal to the person, but the source is still somewhat external.
- Identified regulation individuals engage out of choice in the activity that is not interesting per se. In this case, students want to do the tasks because it is important for them, even if it is more of utilitarian reasons, rather than intrinsic interest in the task.
- Integrated regulation deals with behaviors that while not emitted out of fun, are nevertheless fully internalized in the individuals self and value system. The final level is still instrumental, rather than autotelic as in intrinsic motivation, but represents a form of self-determination and autonomy.

In addition to intrinsic and extrinsic motivation, a third motivational construct is amotivation, which occurs when amotivated individuals do not perceive contingencies between their actions and subsequent outcomes. Amotivation can be seen as the relative lack of motivation to engage in a certain behavior (Vallerand, 1997). Amotivation has been found to typically yield negative

outcomes: e.g., anxiety, distraction, dropping out, and negative affect (McDonough & Crocker, 2007; Pelletier, Fortier, Vallerand, & Briere, 2001).

Furthermore, Deci & Ryan (2002) assume that according to basic needs theory (BNT), there are three main intrinsic needs involved in self-determination. The three psychological needs motivate the self to initiate behavior and specify nutrients that are essential for psychological health and wellbeing of an individual. These needs include the need for competence, need for autonomy and the need for relatedness. These needs are seen as universal necessities that are innate not learned and seen in humanity across time, gender and culture (Chirkov, Ryan, Kim, & Kaplan, 2003).

Competence concerns an individual's need to feel a sense of mastery through effective interaction within their environment. The inherent need for autonomy is fulfilled when people perceive that they are the origin of their choices and decisions, and that they are acting in accord with their integrated sense of themselves. The third need, relatedness, corresponds to feeling securely attached to and being respected by significant others.

In this study, the elements motivating comprehensive school students to study technology education were classified according to the basic need theory (BNT). After the interviews with test participants, the elements motivating the test subjects were classified into themes. First theme-need for autonomy incorporated for example products to be made in lessons, freedom of choice in materials and techniques, student's internal feedback, and evaluation. Need for competence was formed from needs, interest, character, physical abilities, technological talent and personal hobbies. Need for relatedness incorporated for example teacher, and teacher-student interaction, classroom atmosphere, parents, and friends. In addition, an additional theme that is not directly included in the basic need theory seemed to have an important effect on motivation. This was named environment and it included classroom environment, school curriculum, home environment, machines and tools in the classroom, and materials to be used in lessons.

## Methodology

The aim of this research was to examine comprehensive school students' motivation in technology education and to determine interaction of the elements motivating comprehensive school students to study technology education. In addition, we tried to find out if there was a difference between novice and technological talents test groups. The main research questions were:

- What are the main elements motivating comprehensive school students to study technology education?
- What is the main difference in motivation between novice and technological talents?

The study was carried out as a qualitative case study and the collection of the data was performed using individual theme interviews which generated text. The interviews were first tape recorded and transcribed. Later the research data were analyzed using a content analysis methodology (Anttila, 1996; Baker, 1994). The analysis was carried out through determining out the interesting and essential elements motivating students in technology education. These findings were later classified by the themes and finally reported in the conclusions.

The test participants consisted of two different test groups: the novice and technological talents. In each test group there were three test participants, each representing a different case of motivation towards technology education. The first study group consisted of three 15 to 16-year-old students, each representing a totally different case of motivation in technology education. In the choice of individuals to be tested the main consideration was given to gender and to negative and positive motivation in technology education. To find a suitable test group of technological talents the researchers traced three students whom were tested in technical abilities 15 years ago and were proven to be technological talents. These three individuals presently 28 or 29 years are now professionals in the field of technology.

Four boys and two girls took part in the study. Four of them studied in Helsinki area and two of them in a rural village, which lies about 150 kilometers from Helsinki. In the school curriculums there was nothing different compared with

normal Finnish comprehensive schools. At the primary level (grades 1-6) pupils are 7 to 13 years old, at the secondary level (grades 7-9) pupils are 14 to 16 years old and in the upper secondary school pupils are 17 to 19 years old. In grades 1-7, craft and technology education is a compulsory subject, about 2-3 hours a week, even though in grades 1-2 subject contents are closer to hobby crafts. In grades 8-9 and in upper secondary school there is no compulsory technology education, but pupils can take elective studies for about 2-4 hours per week. Since the background of each test subject was somewhat different we named them characteristically as follows:

Subject 1 - Rebel

Subject 2 - Outsider

Subject 3 - Academic Theoretician

Subject 4 - Academic Technology Researcher

Subject 5 - Academic Multi Talent

Subject 6 - Non Academic Technology Talent

## Results

Since each participant had different experiences in technology education, in the following section we describe each test participant's educational history and the main elements accounting their motivation.

The themes accounting for motivation are described in tables, which show the elements that had the greatest effect (identified with bold and underlined text) as well as elements that had less meaning for the participants' motivation (shown in bold or normal text). The elements may have had negative or positive effects on a participant's motivation. The direction can be interpreted from the context. Besides, the elements with negative effect are marked \* in the tables. The significance of the elements is based on the participants' direct comments, which were documented during the interviews.

### Subject 1 - Rebel

The first test participant was a 15-year-old girl. In this study, she represented a girl who had chosen technology lessons in secondary school. She lives with her mother and older brother. Her mother works in the library and her father is a production manager.

Subject 1 considers technology education important because it is a necessary counterbalance to the theoretical subjects. Her first role model was her grandfather, and she has been interested in technology since childhood. The first noticeable increase in motivation was found when craft and technology classes started in primary school, and she learned something valuable about technology education. Later, there was some reduction in motivation because the new teacher was too domineering and demanding. Yet especially in secondary school the motivation again increased because Subject 1 liked to work with large machines, and there were more materials and interesting projects to choose from. The highest point in her motivation came when she had completed building her electric guitar and took it home. After finishing secondary school, Subject 1 thinks that her activity in technology education will decrease, but that her attitude towards technology in general will remain positive, but diminished.

From the interview we can conclude that Subject 1's motivation in her early childhood was based on external or introjected regulation and her grandfather was a highly valued role model. In the continuum of her motivation sensation seeking seemed to be an interesting element. According to Zuckerman (1994), sensation seeking is a personality feature that shows up in attempts to engage in new, varying, complicated, and intensive experience. In seeking this kind of experience, the person is willing to take physical, social, and financial risks. This kind of behavior is a typical sign of intrinsic motivation among some persons. Building an electric guitar demonstrated such behavior in Subject 1's career in technology education.

Subject 1 remembers the work of making the guitar as the most agreeable project of all. The impressive and valuable product that she had made for her own use motivates her significantly, but also increases her interest in other products. Other main elements in her motivation were classroom environment and the atmosphere of the classes, which was usually relaxed, and the group was smaller than in other subjects. The effect of the school curriculum had also been important because the school has offered a sufficient number of alternatives. Wood-,

metal-, and electrical work all belong to the curriculum. In making the electric guitar, for instance, several different skills and materials were combined.

The themes accounting for Subject 1's motivation are described in Table 1, which show the elements that had the greatest effect (identified with bold and underlined text) as well as elements that had less meaning for the participants' motivation (shown in bold or normal text).

## Subject 2 - Outsider

The second test participant was a 16-year-old girl. In this study, she represented a girl who chose any technology education classes in secondary school. She studied her first four school years in Finland, but afterwards she moved abroad for several years. She returned to her home country later but in the 8th grade there was no compulsory technology education and as mentioned she did not take any electives in technology education. She lives with her mother, her stepfather, and two younger sisters. The mother is a textile designer and the stepfather works in the Ministry of Education.

The highest point in her motivation was when she was in nursery school. She worked willingly with her grandmother and was interested in all craft and technology activities. Already in primary school the motivation started to decrease because there was much more compulsory work without any freedom of choice. Later there was still more descent because she and her family moved abroad and there was no opportunity for craft or technology classes.

Since the Subject 2 has very limited experience in technology, she reacted very negatively to this subject. Technology education has been very unpleasant to her throughout her school years. She does not believe she has enough nerves or ability to concentrate on precise and detailed work. In this case, the interest and needs of the

Need for Autonomy	Competence	Relatedness / Social Relations	Environment
<u>-Product /artefact</u>	<b>-Needs</b>	-Classroom atmosphere	<u>-Classroom environment</u>
<u>-Freedom of choice</u>	<b>-Interest</b>	-Grandfather	<u>-Machines and tools</u>
<u>-Internal feedback</u>	<b>-Physical abilities</b>	-Parents	-School curriculum
<b>-Evaluation</b>		-New teacher	<b>-Materials</b>
			-Group size
			-Home environment

Table 1. Main elements behind the motivation of Subject 1

individual strongly affected the motivation. She doubts that her motivation will increase in the future because she has had too many negative experiences.

According to Rogers (1969), children have natural potential to learn. The learning is motivated by curiosity but the school will suppress the motivation. Ryan & Deci (2000) support the assumption that in school motivation will change. According to Ryan and Deci intrinsic motivation will decrease in the first eight school years. This phenomenon seems to be true for Subject 2's motivation in technology education. She reacted very positive in craft and technology education in nursery school but later on the motivation started to decrease because there was much more compulsory work without any freedom of choice.

Subject 2's best memories of craft and technology were connected with situations in which the product was finished and she gained an advantage from it. The optional projects with freedom of choice have also stayed in her mind. The tools and classrooms have been in good order at school so she does not believe that these affected her negative attitude. The teachers have also been nice. The themes accounting for Subject 2's motivation are described in Table 2.

### Subject 3 – Academic theoretician

The third test subject was a 16-year-old boy. In this study, he represents a boy who has not chosen any technology education lessons in secondary school. He lives with his mother and elder brother. Both parents are lawyers and Subject 3 is willing to pursue the same career.

Subject 3 did not have any interest in technology education in early childhood because he was not familiar with it at all. The first remarkable increase in interest and motivation came when technology education started in

primary school, and for the first time he learned some valuable technical skills. Later the motivation increased again when he could concentrate more on his own interests. In secondary school, he encountered some difficulties in his work because his skills were limited and the motivation decreased. After finishing school, Subject 3 thinks that he will not have any activities in technology education because he will be concentrating on his academic career. So his motivation to engage in technology education may well reduce close to zero after his school years.

In the continuum of Subject 3's motivation, we can see that he could move from amotivation to identified regulation where individuals engage out of choice in the activity that is not interesting per se. The product to be made and freedom of choice in products and materials seemed to be the main elements in his motivation. Unfortunately, these elements had only a short-term effect on his behavior.

According to Subject 3, technology education is not a significant matter in his life. Indeed, he considers it to be merely the hobby of a small minority of people. At home academic values are also appreciated to a considerably higher degree than vocational education. Subject 3's thoughts regarding technology education reflect those values and attitudes that come from home. He places value neither on the craft nor on vocational education in the field of technology.

During his first school years, however, Subject 3 liked technology education. Then the product and the freedom of choice were some of his most significant sources of motivation. When he proceeded to more difficult and challenging work, his skills and abilities were no longer enough and his general interest gradually came to an end. The themes accounting for Subject 3's motivation are described in Table 3.

### Subject 4 - Academic technology researcher

The next test subject is now a 28-year-old man who spent all his school years in a small rural village, which lies in southern Finland about 150 kilometers north of Helsinki. He studied technology education in primary and secondary school. Besides, he had an opportunity to take some elective

Need for Autonomy	Competence	Relatedness / Social Relations	Environment
-Product /artefact	-Character *	-Teacher-Student interaction	-Classroom environment
-Freedom of choice	-Interest *	-Family *	-Nursery school
-Evaluation * -process	-Needs * -Physical abilities *	-Grandmother -Classroom atmosphere	-Materials -Machines and tools

\* Negative effect

Table 2. Main elements behind the motivation of Subject 2

Need for Autonomy	Competence	Relatedness / Social Relations	Environment
-Product / artefact	-Character *	-Parents *	-Home environment *
-Freedom of choice	-Needs *	-Friends *	-Classroom environment
-Evaluation *	-Interest *		-Machines and tools
	-Physical abilities *		-Group size
			-Values in society *
			-School curriculum

\* Negative effect

Table 3. Main elements behind the motivation of Subject 3

courses in technology education as he was in upper secondary school, which was not very typical in Finland 15 years ago. During his school years, he lived with his mother and father and had three brothers and one sister. His father worked as a woodsman and mother was a housewife.

He finished school in the year 2000 with good grades (average of all school subjects 9.2 / 10.00). After finishing comprehensive school, he started his studies in University of Technology, Department of Computer Science in Helsinki. In 2005, he graduated Master of Science in technology and continued to doctoral studies in a degree programme of Computer Science and Engineering. He finished his doctoral thesis in January 2010.

Subject 4 became familiar with technology education already in early childhood while he built with Lego and constructed huts with his younger brothers. Also his father was working effectively with different tools fixing cars and different working machines at home. Thus the school was the first identifiable element to affect his competence. Subject 4 responded positively to technology education; already at a lower level of comprehensive school, craft and technology became his favorite subject. Technology education was for him a special interest with a concrete product and especially electronics and computers gave him an increasing intellectual challenge.

Subject 4 was also gifted with his hands and so he could concretely see his development from his products but still he received the best feedback for himself from the feeling that he could understand how things work and he could develop his own ideas. For its part whole school environment shaped his motivation. According to him, there was always a sufficient supply of materials. Also tools and machines were in good condition in classrooms where technology education was taught. The teacher was also a

significant element. The teacher did not cause stress and could still create an open, intellectually challenging atmosphere. Although his internal feedback was usually enough, he still appreciated the positive and encouraging feedback from his technology teacher, because all other teachers could not do the same.

After technology education courses were over, in upper secondary school, computers became his main interest. This gave him a new kind of challenge when working with wood, metal, and electronics came to an end. Later on his motivation in technology education was developed by his academic studies in Computer Science. The themes accounting for Subject 4's motivation are described in Table 4.

### Subject 5 - Academic multi talent

The fifth test participant is now a 29-year-old man who was born in Helsinki. His first school years were spent in a normal primary school, but at secondary and upper secondary level he studied in Helsinki University Training School, which is one of the highest ranked upper secondary schools in Finland. During his school years, he lived with his father and mother and one younger brother. Both parents were Masters of Science in technology and they both worked in State Technical Research Centre. Also quite many of his older relatives have studied in the University of Technology. So, in this case, the technological talent may have been in genes for a longer time.

He finished comprehensive school with good grades (average of all school subjects 9.4 / 10.00) in the year 1999 and he was planning studies in medicine. However, after he finished his compulsory military service in 2001 he decided to start studies in University of Technology, Department of Automation Technology in Helsinki. In 2007, he graduated Master of Science in technology and started working in an

Need for Autonomy	Competence	Relatedness / Social Relations	Environment
-Intellectual challenge	-Talent	-Teacher	-Machines and tools
-Internal feedback	-Hobbies (Lego, electronics, computers)	-Father -Atmosphere in technology education lessons -Feedback from the teacher	-Home environment

Table 4. Main elements behind the motivation of Subject 4

international company-General Electric which manufactures e.g. automation devices for hospitals.

Subject 5 became familiar with technology education already in early childhood while he played with Lego and worked with radio controlled (RC) cars. The whole family was very competent in technology and especially mother was very supportive and fixed toys with the children. Subject 5's motivation was based on child's curiosity and he always wanted to know how toys work. Though in primary school he was not especially interested in technology education and he did not think that he learned much valuable skills. At the secondary school level there was more freedom of choice in projects and working was in general more challenging. The whole classroom in technology education was well organized. There were plenty of different materials and machines and tools were in good order. The teacher was also very competent and could create inspiring and open atmosphere, but still the working was based on a rational process with planning, investigation, implementation, and evaluation. It was easy to talk with the teacher and feedback from the teacher was rewarding and developed skills and technical thinking further.

In upper secondary school, he had to concentrate more on academic subjects and he was not at all sure that he will choose a technology related profession in the future. He was interested in physics, chemistry and mathematics, but still he wanted to find a counterbalance between theory and practice. Computers gave him a new change to develop his technological competence without being too theoretical. This was one of the main reasons why he chose automation technology as his major subject in the University of Technology. The themes accounting for Subject 5's motivation are described in Table 5.

### Subject 6 – Non academic technology talent

The last test subject is now a 28-year-old man. He studied technology education in primary and secondary school in the same relatively small school as did subject 4. After secondary school, he moved to a larger city to study in vocational school. During his school years he lived with his mother and father and had two elder brothers and two sisters. His father worked as a taxi driver, but was a main owner of a local bus company. His mother worked as a

Need for Autonomy	Competence	Relatedness / Social Relations	Environment
-Curiosity -Freedom of choice -Process (planning, investigation, implementation, evaluation)	-Talent -Hobbies (Lego, RC, Computers) -Interest	-Teacher -Technically oriented and supportive family -Friends with common Interest -Feedback from the teacher	-Machines and tools -Inspiring and technically open environment (school, academic studies, work) -Home environment

Table 5. Main elements behind the motivation of Subject 5 bank officer.

He finished secondary school in the year 1997. His grades were not especially good (average of all school subjects 7.3 / 10.00) and instead of choosing academic career and upper secondary school, he started to study computers and automation technology in vocational school. After finishing vocational school in the year 2000, he went to compulsory military service. He got an opportunity to work with optical cables and computers. After that, he started his studies in automation technology in polytechnics. In 2005, he graduated engineering and started working in an engineering office as an electrical wiring designer. In his current post in an international company-Sandvik Mining and Construction; he thinks he could have learned some more languages in the upper secondary school, but his choice to move straight to vocational school was the best decision for his interest and talent areas.

Subject 6 became familiar with technology education already in early childhood while he built with Lego and followed his elder brothers. There were plenty of inspiring stimuli at home. Father had good facilities to work with cars and had different tools of all kind and machines available. Thus the school was the first identifiable element to affect his skills, there was any special increase in his motivation in primary school level. In secondary school, especially electronics gave him some more challenge and in general he felt much better when he had more freedom and his choices were respected, because this was not the case in several other school subjects. According to him, there was always a sufficient supply of materials. Also tools and machines were in good condition in classrooms where technology education was taught. The teacher was also a

significant element. He could create an open, intellectually challenging atmosphere.

Subject 6 was gifted with his hands and so he could concretely see his development from his products and he felt comfortable in technology education classes, but still he thinks that his competence and motivation developed even more with his hobbies than in school. When, he was older and more skilful his two elder brothers accepted him to repair cars with them. So his competence developed further and affected his motivation positive.

According to Ryan & Deci (2000) competence concerns an individual's need to feel a sense of mastery through effective interaction within their environment. Subject 6 is a good example of a student, who usually chooses and prefers subjects and tasks in which they are good and can show their competence (Byman, 2002). Subject 6's motivation in other school subjects was quite low, but in technology education he developed to a level where behavior was internalized in the individual's self and value system. Research supports this hypothesis in a variety of life contexts (Vallerand, 1997). The themes accounting for Subject 6's motivation are described in Table 6.

## Conclusions

Of all the elements in motivation, the freedom of choice and the artefact to be made seemed to have the most remarkable effect on motivation among the novice test group which for its part would have emphasized the external motivation or situational interest. Nevertheless, it is possible that among some students these elements have affected even intrinsic motivation by expanding the amount of internal feedback. Thus, in technological talents test group, curiosity and intellectual challenge seemed to be the main elements in motivation. According to Deci &

Ryan (1985), one way to achieve intrinsic motivation is to expand the feeling of autonomy among students. That is what happens when there is freedom of choice in materials, techniques, and in products to be made. The feeling of autonomy is especially important for older students who want and need more autonomy in their decisions. Some research in other life contexts such as education in general has also shown that high levels of autonomous motivation toward education lead to high academic performance (Burton, Lydon, D'Alessandro, & Koestner, 2006; Gottfried, Fleming, & Gottfried, 1994).

Need for competence: talent, students' own needs, interests, and technology-related hobbies were definitely more important elements in technology education among technology talents. Instead, these elements may have had a negative effect in motivation among the novice group. According to Byman (2002), students usually choose and prefer subjects and tasks in which they are good and can show their competence. It seems that if we ask students to do too difficult tasks in technology education with limited competence, the motivation is based only on extrinsic forms.

Need for relatedness / social relations-for example teacher, teacher-student interaction, classroom atmosphere, and parents were also found to be important elements in both test groups but not as essential as those elements in need for autonomy, learning environment and competence. It seems, that classroom atmosphere and teacher-student interaction were more important in making the whole environment suitable than in directly influencing motivation. Reeve, Bolt, & Cai (1999) have shown that teachers who support students' freedom of choice and autonomy in decisions create more intrinsic motivation than those who are willing to control their students. Autonomy support is evident when an authority figure respects and takes the subordinate's perspective promotes choices and encourages decision-making (Ratelle, Larose, Guay, & Senecal, 2005).

Furthermore, the entire classroom environment with available tools and machines appeared to be important for motivation among all test participants. According to the test participants, the classroom in technology education

Need for Autonomy	Competence	Relatedness / Social Relations	Environment
-Product	-Talent	-Teacher	-home environment
-Freedom of choice	-Interest	-Atmosphere in technology education lessons	-Machines and tools
-Internal feedback	-Needs	-Parents and brothers	-Inspiring environment (further studies, work)
-Working process	-Hobbies (lego, cars)	-Challenging and inspiring working atmosphere	-Technical facilities in military service

Table 6. Main elements behind the motivation of Subject 6



should have enough space for everybody, enough materials, and tools in good order. Deci & Ryan (1985) argue that informal learning environments which offer optimal challenge, plenty of different stimuli, and a chance to feel autonomy achieves effective motivation. According to Stipek (1996), it is even more important to pay attention to provide an optimal and suitable learning environment than to concentrate on students' personal problems in terms of motivation.

Suitable learning environment and atmosphere are seen as typical features of a positive affect. Positive affect for its part facilitates flexible thinking and problem solving, and enhances performance, even where the tasks to be done are complex, difficult and important (Isen & Reeve, 2005). Furthermore, Isen & Reeve (2005) indicate that positive affect does foster intrinsic motivation, and enjoyment and performance of enjoyable tasks, but not at the expense of responsible work behavior in uninteresting tasks that must be done.

Other special elements in motivation-for example values in society, nursery school, grandparents, friends, and group size in the lessons had some effect on motivation among test participants, but proved to be less important in the formation of motivation in technology education in this study. In Figure 1. the interaction between the main elements of technological competence based on the empirical data from the test subjects' interviews is presented. The interaction is not self-evident and we must be careful with final conclusions as the research group was relatively small. Hence, from the test subjects' interviews we can conclude that there were more signs of intrinsic motivation in technological talents test group and extrinsic motivation was emphasized in the novice group.

In both groups the interaction was based on environment which includes: parents, supportive family and tools and machines at school and home. Also, the significance of the teacher was noticeable in both groups. The biggest difference seems to be in interest, curiosity and intellectual

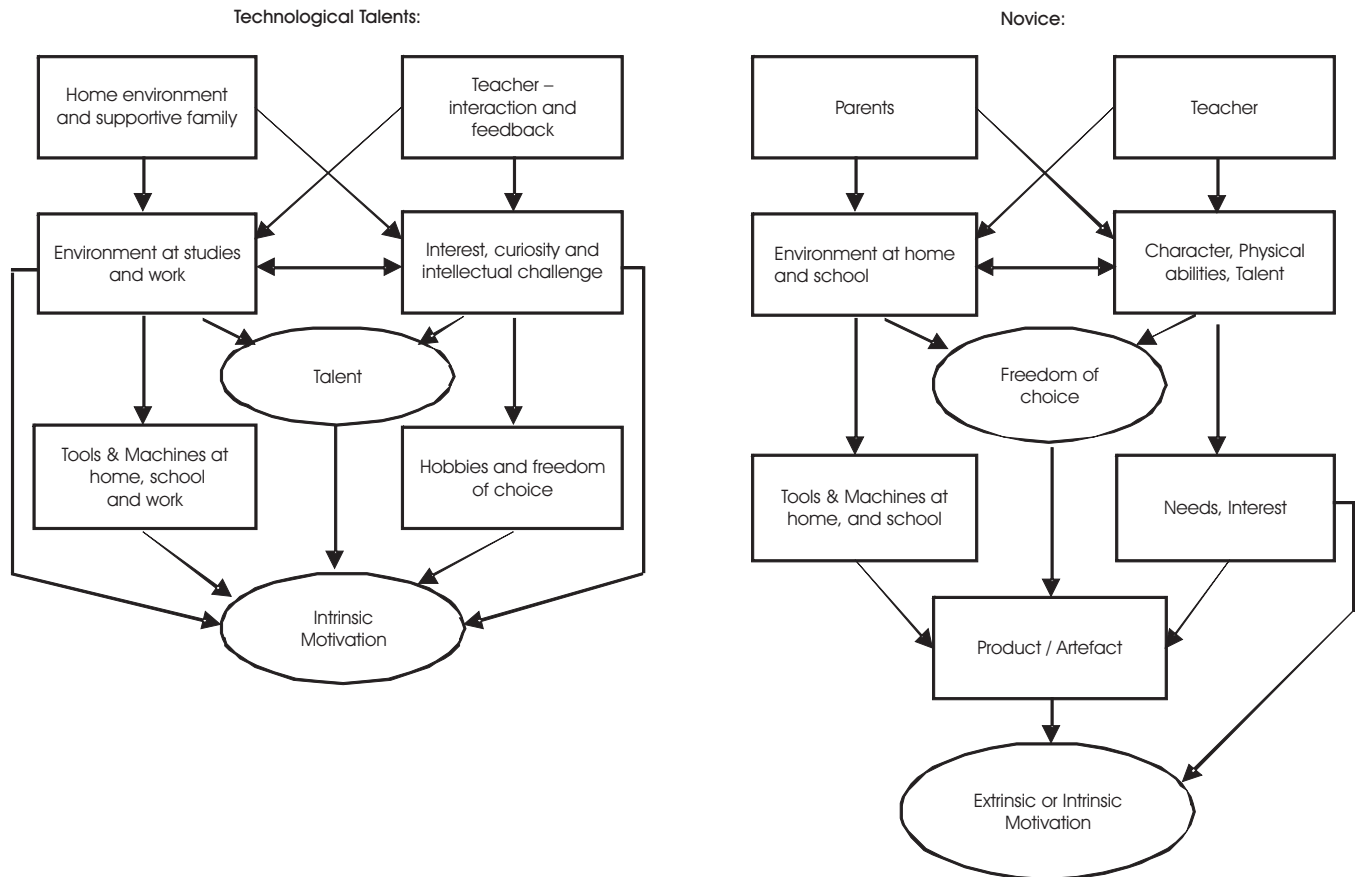


Figure 1. Interaction Between The Main Elements Behind Intrinsic and Extrinsic Motivation in Novice and Technological Talents Test Groups.

challenge. These elements affected hobbies and freedom of choice in several different learning situations at home and in school and finally generated intrinsic motivation. In the novice group character, talent and physical abilities generated needs and interest which were connected to final product or artifact to be made. In this case, the motivation was caused only by products to be made in lessons and these elements were usually seen as elements of extrinsic motivation.

## Discussion

For a long time, motivation has been viewed as the primary determinant of students' learning and school success. Motivation is critical not only to current academic functioning, but also to students' beliefs in their future success as students. Although, our research group was numerically small, this fact was noticed in this study as well.

It is not surprising that both boys and girls are attracted to technology education because they enjoy working with their hands and like the independence and chance for creativity provided by these classes (Silverman & Pritchard, 1996). Students who typically enroll in technology education are attracted to the types of projects they will be engaged in (Weber & Custer, 2005). It seems that several other school subjects have more motivational problems than technology education. Additional studies, based on time sampling methods suggest that these negative perceptions are not limited to one or two of the hardest class subjects, but are pervasive across the entire school curriculum (Shernoff et al., 2003). We can assume that all subjects could use more practical methods, which give the students more independence, autonomy and the chance to use their own creativity.

In Finnish schools it appears to be the case that some students value neither crafts nor vocational education. Common opinion is that, the university is definitely a better and more respected place to in which to study than vocational school. Usually, these views of technology education reflect those values and attitudes that come from home, and these attitudes are adopted already at an early age (Autio, Hietenoro, & Ruismäki, 2009). Although an academic career is usually more valued than practical work, there should be a better balance between practical

and academic subjects, at least in the lower grades and even at the high school level. On the other hand, motivation in technology education can be significantly improved by developing special programs (Mammes, 2004), where teachers are aware of the differing interests of both genders and consider ways of making the environment and the subject attractive to all (Silverman & Pritchard, 1996).

When teachers try to find ways to promote student's motivation during relatively uninteresting learning activities, they can successfully do so by promoting the value of the task. One way teachers can help students value what they may deem uninteresting is by providing a rationale that identifies the lesson's otherwise hidden value, and help students understand why the lesson is genuinely worth their effort (Jang, 2008).

Furthermore, Ryan & Deci (2000) argued that extrinsic motivation can be changed into intrinsic motivation if a project is interesting enough and the teacher supports students' feeling of autonomy. In addition, according to Hidi & McLaren (1990), individual interest develops slowly and tends to have long-lasting effects on a person's knowledge and values, whereas situational interest is an emotional state that is evoked suddenly by something in the immediate environment and may have only a short-term effect on an individual's knowledge and values. This phenomenon seemed also to be true in this study. Most of the students valued only the product at first, but later on internal feedback turned out to be one of the key elements in their motivation.

## References

- [1]. Anttila, P. (1996). *Tutkimisen taito ja tiedon hankinta* [Research skills and the acquisition of knowledge]. Helsinki: Akatiimi.
- [2]. Autio, O., Hietenoro, J. & Ruismäki, H. (2009). The Touch of Craft, Design and Technology-Factors in Students' Attitudes. In Kaukinen, L. (Ed.) *Proceedings of the crafticulation & education conference*. Techne Series. Research in Sloyd Education and Craft Science A:14/2009 (237-243). Helsinki: Helsinki University Press.
- [3]. Baker, T. (1994). *Doing Social Research*. Singapore: McGraw-Hill.

- [4]. Burton, K., Lydon, J., D'Alessandro, D. & Koestner, R. (2006). The differential effects of intrinsic and identified motivation on well-being and performance: Prospective, experimental, and implicit approaches to self-determination theory. *Journal of Personality and social psychology* 91, 750-762.
- [5]. Byman, R. (2002). Voiko motivaatiota opettaa? [Can we teach motivation?]. In Kansanen, P. & Uusikylä, K. (Eds.) *Luovuutta, motivaatiota, tunteita* (25-41). Jyväskylä: Gummerus.
- [6]. Chirkov, V., Ryan, R., Kim, Y. & Kaplan, U. (2003). Differentiating autonomy from individualism and independence: A self-determination perspective on internalisation of cultural orientations, gender and well being. *Journal of Personality and Social Psychology*, 84, 97-110.
- [7]. Deci, E. L. & Ryan, R. M. (1985). *Intrinsic motivation and self-determination in human behavior*. New York: Plenum Press.
- [8]. Deci, E. & Ryan, R. (Eds.) (2002). *Handbook of self-determination research*. Rochester, NY: University of Rochester Press.
- [9]. Dewey, J. (1913). *Interest and effort in education*. Carbondale, IL: Southern Illinois University Press.
- [10]. Gilman, R. & Anderman, E. M. (2006). Motivation and its relevance to school psychology: An introduction to special issue. *Journal on School Psychology*, 44, 325-329.
- [11]. Gottfried, A. E. (1990). Academic intrinsic motivation in young elementary school children. *Journal of Educational Psychology*, 82, 525-538.
- [12]. Gottfried, A. E., Fleming, J. S. & Gottfried, A. W. (1994). Role of parental motivational practices in children's academic intrinsic motivation and achievement. *Journal of Educational Psychology*, 86, 104-113.
- [13]. Hidi, S. & McLaren, J. (1990). The effect of topic and theme interestingness on the production of school expositions. In Mandl, H.; De Corte, E.; Bennet, N. & Friedrich, H.F. (Eds.) *Learning and instruction: European research in an international context*. Vol. 2 (295-308). Oxford: Pergamon.
- [14]. Isen, A. M. & Reeve, J. (2005). The influence of positive affect on intrinsic and extrinsic motivation: Facilitating enjoyment of play, responsible work behavior, and self-control. *Motivation and Emotion* 29, 295-323.
- [15]. Jang, H. (2008). Supporting Students' Motivation, Engagement, and Learning During an Uninteresting Activity. *Journal of Educational Psychology*, 100(4), 798.
- [16]. Mammes, I. (2004). Promoting Girls' Interest in Technology through Technology Education: A Research Study. *International Journal of Technology and Design Education* 14, 89-100.
- [17]. McDonough, M. H. & Crocker, P. R. E. (2007). Testing self motivation as a mediator of the relationship between psychological needs and affective and behavioral outcomes. *Journal of Sport & Exercise Psychology*, 29, 645-663.
- [18]. Pelletier, L. G., Fortier, M. S., Vallerand, R. J. & Briere, N. M. (2001). Associations among perceived autonomy support, forms of self-regulation, and persistence: A prospective study. *Motivation and Emotion* 25, 279-306.
- [19]. Pintrich, P. R. & Schunk, D. H. (2002). *Motivation in education.: Theory, research, and applications*. (2<sup>nd</sup> ed.). Upper Saddle River: Merrill Prentice Hall.
- [20]. Ratelle, C. F., Larose, S., Guay, F. & Senecal, C. (2005). Perceptions of parental involvement and support predictors of college students' persistence in a science curriculum. *Journal of Family Psychology*, 19, 286-293.
- [21]. Reeve, J., Bolt, E., & Cai, Y. (1999). Autonomy-supportive teachers: How they teach and motivate students. *Journal of Educational Psychology* 91, 537-548.
- [22]. Rogers, C. R. (1969). *Freedom to learn*. Columbus, Ohio: Charles E Merrill.
- [23]. Roeser, R. W., Strobel, K. R. & Quihuis, G. (2002). Studying early adolescents' academic motivation, social-emotional functioning, and engagement in learning: Variable- and person-centered approaches. *Anxiety, Stress, and Coping*, 15, 345-368.
- [24]. Ryan, R.M. & Deci, E.L. (2000). Self-determination theory and the facilitation of intrinsic motivation, social development and wellbeing, *American Psychologist* 55, 68-78.
- [25]. Shernoff, D. J., Csikszentmihalyi, M., Schneider, B. &

Sherhoff, E.S. (2003). Student engagement in high school classrooms from the perspective of flow theory. *School Psychology Quarterly*, 18, pp. 207-231.

[26]. Silverman, S. & Pritchard, A. (1996). Building Their Future: Girls and Technology Education in Connecticut, *Journal of Technology Education*, 7 (2), 41-54.

[27]. Stipek, D. J. (1996). Motivation and instruction. In Berliner, D.C. & Calfee, R.C. (Eds.) *Handbook of Educational Psychology* (85-113). New York: McMillan.

[28]. Vallerand, R. J. (1997). Toward a hierarchical model of

intrinsic and extrinsic motivation. In Zanna, M.P. (Ed.) *Advances in Experimental Social Psychology* (271-360). New York: Academic Press.

[29]. Weber, K. & Custer, R. (2005). Gender-based Preferences toward Technology Education Content, Activities, and Instructional Methods, *Journal of Technology Education*, 16 (2), 55-71.

[30]. Zuckerman, M. (1994). *Behavioral expressions and biosocial bases of sensation seeking*. New York: Cambridge University Press.

---

### ABOUT THE AUTHOR

Dr. Ossi Autio is a Senior Lecturer in Technology Education at the University of Helsinki. Since 1982 he has been working in primary school, in upper secondary school and in vocational school as a teacher in technology education. For the last twenty years he has been Teaching Technology Education at the University of Helsinki. He has written textbooks and guidebooks for teachers. His main research interests are students' technical abilities and practical solutions of creative problem solving in Technology Education.

