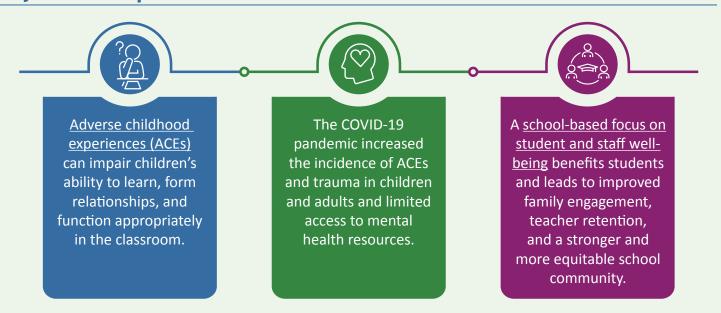


Get Smart Fast: Supporting Student and Staff Well-Being

Why does this topic matter?



What do conditions of success look like?

Supporting student and staff well-being in schools requires the gradual incorporation of trauma-informed practices (TIPs) into policies, systems of student support, and the overall culture, as outlined in the table below.

School-Based Conditions of Success	Description
Bullying prevention	Address the underlying mental health issues of both perpetrators and victims of bullying to contribute to a safer school environment.
Educator knowledge of mental health conditions	Teach educators to recognize how mental health conditions manifest in school settings and how they can be addressed.
Educator well-being	<u>Promote positive mental well-being and job satisfaction</u> among educators, thus raising the quality of education provided to students.
Focus on equity	Intentionally focus on equity and use culturally responsive practices. This is critical across all phases of planning, implementation, and evaluation.

School-Based Conditions of Success	Description
Multi-tiered systems of support	Integrate multi-tiered systems of support that can meet the varying level of students' academic and social- emotional needs.
Network of support	Provide ideas, expertise, and resources through <u>school–community partnerships</u> to strengthen school mental health programs and enhance outcomes.
School climate and culture	Create a positive school climate and culture in which belonging and engagement can be fostered and students and staff are supported.
Youth and family voices	Empower students and family members as partners in the creation of a trauma-informed school as well as in the planning of TIPs.

What innovative models exist?



Resilience Education to Advance Community Healing (REACH)
Learning and Resource Hub provides free, virtual, and on-demand resources to help interested parties better support the mental health of children and youth in their communities.

Illinois



Arkansas THRIVE is a collaborative project that helps districts develop and sustain multi-tiered systems of support, so students have access to the personalized academic, behavioral, and health supports they need to be successful.

Arkansas



The Alaska Department of Education hosts many publicly available statewide training courses focused on student and staff well-being, including traumaengaged schools, child nutrition, and health and safety.

Alaska

How are efforts funded?

Schools can partner with local healthcare providers, community organizations, and mental health agencies to access shared funding. Here are federal grant programs to consider as well:

- Title IV, Part A Student Support and Academic Enrichment (SSAE) grants
- Substance Abuse and Mental Health Services Administration (SAMHSA) grants
- Project AWARE (Advancing Wellness and Resiliency in Education)
- School-Based Mental Health Services (SBMH) Grant Program (Department of Education)
- Mental Health Service Professional (MHSP) Demonstration Grant Program
- Block grants: <u>Title V Maternal and Child Health</u>, <u>Title I funds for disadvantaged youth</u>, <u>Title XX Social Services</u>, and the <u>Preventive</u> Health and Health Services block grant
- The 21st Century Community Learning Centers program

For more information and helpful resources, visit https://compcenternetwork.org/

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