








# Teacher-Delivered Behavioral Interventions in Grades K-5

*A What Works Clearinghouse™ Practice Guide for Educators*

Over the past 25 years, research and practical experience have supported investments in strategies to encourage all students to behave according to agreed-upon expectations. In collaboration with expert panelists, the [What Works Clearinghouse™](#) (WWC) distilled that research into practical recommendations for elementary educators. The [Teacher-Delivered Behavior Interventions in Grades K-5](#) Practice Guide details seven evidence-based practices for teachers to use in their classrooms to support students in demonstrating prosocial and expected behavior.

## Recommendations

- |  |   |
|--|---|
| 1. Co-establish, model, and teach clear expectations for student behavior consistent with schoolwide expectations. |    |
| 2. Remind students to engage in expected behaviors.  |  |
| 3. Acknowledge students for demonstrating expected behaviors through positive attention, praise, and rewards.      |  |
| 4. Offer instructional choices to students to increase engagement and agency.                                      |  |
| 5. Provide students frequent and varying opportunities to respond to and engage in activities.                     |  |
| 6. Teach students to monitor and reflect on their own behavior.  |  |
| 7. Use behavior ratings to provide feedback to students.   |  |

For each recommendation, the practice guide discusses:

### Recommendations

Includes an actionable recommendation, a summary of the research evidence that supports the recommendation, and a description of how the recommended practice supports student learning.

### Guidance

Explains how to carry out the recommendation, informed by studies that support the recommendation, as well as the panel's expertise and knowledge of strategies available to help implement the recommendations.

### Potential Obstacles

Includes obstacles and advice from the expert panel about how to overcome them.

### Tools and Resources

Offers practical information and examples to help practitioners implement the recommendation.



Readers are encouraged to use the advice provided in ways that work best in their context. Users of this practice guide may decide to implement some or all of the recommendations.