

Readiness and Emergency Management for Schools (REMS) Technical Assistance (TA) Center

MENTAL HEALTH PROFESSIONALS RESOURCE LIST

Resources on the Role of Mental Health Professionals in School Safety Efforts

Before an Emergency

[Helpful Hints for School Emergency Management: Psychological First Aid \(PFA\) for Students and Teachers: Listen, Protect, Connect – Model & Teach](#) (REMS TA Center). Read this *Helpful Hints* publication on the Department of Homeland Security’s “Listen, Protect, Connect – Model & Teach” crisis response strategy, the goals of the strategy, and when and how psychological first aid can and should be implemented.

[Trauma-Informed Care for Schools Before, During, and After Possible Emergency Events](#) (REMS TA Center). Access a presentation and resource list on considerations for trauma-informed preparedness planning and how schools can address trauma in their emergency operations plans (EOP).

During an Emergency

[TA Snapshot: 10 Tips for Teaching the Psychological First Aid Model for K-12 Education Agencies](#) (REMS TA Center). Learn how this evidence-informed intervention model supports educators, administrators, paraprofessionals, and afterschool staff in reducing initial stress and trauma caused by an emergency.

After an Emergency

[Recovery for Schools and School Districts](#) (REMS TA Center). Learn about supporting schools and school districts through the four components of recovery and return to educational programming after an emergency event.

[Managing Memorials and Anniversaries as a Part of Overall School and Higher Ed Safety Planning](#) (REMS TA Center). Learn about the importance of creating and integrating plans to manage memorials and the anniversary of a crisis into a school EOP.

Emergency Operations Plan (EOP) Development and Annexes

[Guide for Developing High-Quality School Emergency Operations Plans](#) (U.S. Department of Education [ED], U.S. Department of Health and Human Services [HHS], U.S. Department of Homeland Security [DHS], U.S. Department of Justice [DOJ], Federal Bureau of Investigation,

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Federal Emergency Management Agency). Read about the six-step planning process for schools to develop, revise, or review a school EOP.

[*The Role of Districts in Developing High-Quality School Emergency Operations Plans*](#) (ED, HHS, DHS, DOJ, FBI, FEMA). Read about how school districts can fulfill both their individual and their shared emergency planning responsibilities in school EOP development.

[*Using a Six-Step Planning Process and Scenario-Based Planning to Support Emergency Operations Plan Development*](#) (REMS TA Center). Access resources on this Web page from the REMS TA Center, ED, and Federal agency partners on the topic of EOP development.

[*Enhancing Collaboration With Key Community Partners to Support Emergency Planning*](#) (REMS TA Center). Access resources from the REMS TA Center, ED, and Federal agency partners on the topic of collaborating to support school and higher ed emergency management.

[*Step 1: Help Schools Form Collaborative Planning Teams*](#) (REMS TA Center). Read Federal guidance for school districts on forming a core planning team and a common framework, defining and assigning roles and responsibilities, and determining a regular schedule of meetings.

[*Supporting Efforts to Create a Public Health, Medical, and Mental Health Annex as a Part of Your Emergency Operations Plan*](#) (REMS TA Center). Access resources from the REMS TA Center, ED, and Federal agency partners on the topics of public health, medical, and mental health within K-12 schools and institutions of higher education.

[*School EOPs In-Depth: Developing a Bereavement and Loss Annex*](#) (REMS TA Center). Take this virtual training to learn how to incorporate bereavement and loss into a school EOP.

[*Information Sharing*](#) (REMS TA Center). Read Federal guidance for K-12 schools and school districts on information sharing in the emergency management planning process and considerations presented by the Family Educational Rights and Privacy Act and the Health Insurance Portability and Accountability Act.