

# ATTRIBUTES OF ENGAGEMENT IN CHALLENGE-BASED DIGITAL LEARNING ENVIRONMENTS

Dirk Ifenthaler<sup>1</sup>, David Gibson<sup>1</sup> and Longwei Zheng<sup>2</sup>

<sup>1</sup>*Curtin University, Bentley, WA, Australia*

<sup>2</sup>*East China Normal University, Shanghai, China*

## ABSTRACT

This study is part of a research programme investigating the dynamics and impacts of learning engagement in a challenge-based digital learning environment. Learning engagement is a multidimensional concept which includes an individual's ability to behaviourally, cognitively, emotionally, and motivationally engage in an on-going learning process. Challenge-based learning gives significant freedom to the learner to decide what and when to engage and interact with digital learning materials. In light of previous empirical findings, we expect that learning engagement is positively related to learning performance in a challenge-based digital learning environment. This study was based on data from the Curtin Challenge platform, including transaction data of 13,655 students. Findings indicate that attributes of learning engagement in challenge-based digital learning environments are, as expected, positively related to learning performance. Implications point toward the need for personalised and adaptive learning environments to be developed in order to cater for the individual needs of learners in challenge-based digital learning environments.

## KEYWORDS

Learning Engagement, Data Analytics, Time On Task, Challenge-Based Learning

## 1. INTRODUCTION

Learners differ in their reasons for engaging in learning tasks and these inter-individual differences require personalised support while learning (Schunk & Zimmerman, 1994). In addition, research also reports intra-individual differences in engagement, i.e., during a learning dependent-progression engagement changes over time and requires adaptive support to cater for the learners' needs (Ifenthaler & Seel, 2005).

Learning engagement is generally regarded as the time and effort an individual invests on a specific learning activity (Kuh, 2009). Several studies focussing on learning engagement support the assumption that higher engagement of a learner corresponds with higher learning outcomes (Carini, 2012). However, most of these studies have been conducted in face-to-face learning environments. Accordingly, a confirmation of these findings in digital learning environments is still lacking.

This study seeks to close this gap by investigating the dynamics of learning engagement in a challenge-based digital learning environment using a data analytics approach. The context of the presented study is set in the *Curtin Challenge* which is a mobile ready interactive learning delivery platform that illustrates several features of game-inspired challenge-based learning while adding a layer of big data collection to enable research into teaching and learning. A learner interacts with Curtin Challenge content by pointing, clicking, sliding items, vocalizing, taking pictures and drawing as well as watching, listening, reading and writing as in typical digital learning environments.

## 2. LEARNING ENGAGEMENT

Learning engagement is a multidimensional concept and understood as the individual's ability to behaviourally, cognitively, emotionally, and motivationally interact with learning artefacts in an on-going learning process (Wolters & Taylor, 2012). A generally accepted assumption is that the more students engage with a subject matter or phenomenon in question, the more they tend to learn (Carini, Kuh, & Klein, 2006).

This assumption is consistent with the theory of self-regulated learning (Zimmerman, 2002) and concepts of engagement (Fredricks & McColskey, 2012). Accordingly, learning engagement is positively linked to desirable learning outcomes or learning performance (Klein, Kuh, Chun, Hamilton, & Shavelson, 2005).

While learning performance is linked closely with behaviours (Bandura, 1993), several assumptions are associated to the relationship between the performance of an individual and learning engagement. For example, Chen (2017) investigated the relationship between learning engagement and learning performance of students of ten schools based in Taiwan. Findings of the multilevel analysis indicate a significant positive relationship between learning engagement and learning performance. Recent findings also document that serious games drive learning engagement (Peng, Cao, & Timalsena, 2017). Similar implications focussing on learning engagement and learning performance have been reported in other contexts (Flowerday & Shell, 2015; Lin et al., 2016; Pourbarkhordari, Zhou, & Pourkarimi, 2016).

An impressive number of research studies have been conducted in the field of cognitive load with links to task characteristics and learning engagement (Kirschner, Kester, & Corbalan, 2011; van Merriënboer & Sweller, 2005). This line of research assumes an active role of the learner in learning processes, i.e., learners select tasks relevant to them (Corbalan, Kester, & van Merriënboer, 2011) and are actively engaged while interacting with the learning environment (Schwamborn, Thillmann, Opfermann, & Leutner, 2011).

In addition, research on reading utilises reading time measurements in order to identify learning engagement and linking those to learning performance (Graesser, Millis, & Zwaan, 1997). The general assumption is that the intensity of mental effort aimed at achieving a greater understanding, i.e., time spent on reading task, is critical during learning. Findings indicate that increased reading times as a sign of greater learning engagement are positively related to learning performance measured as comprehension scores (Miller, 2015; Miller et al., 2014).

### 3. CHALLENGE-BASED LEARNING ENVIRONMENT

The Curtin Challenge digital learning platform (<http://challenge.curtin.edu.au>) supports individual and team-based learning via gamified, challenge-based, open-ended, inquiry-based learning experiences that integrate automated feedback and rubric-driven assessment capabilities.

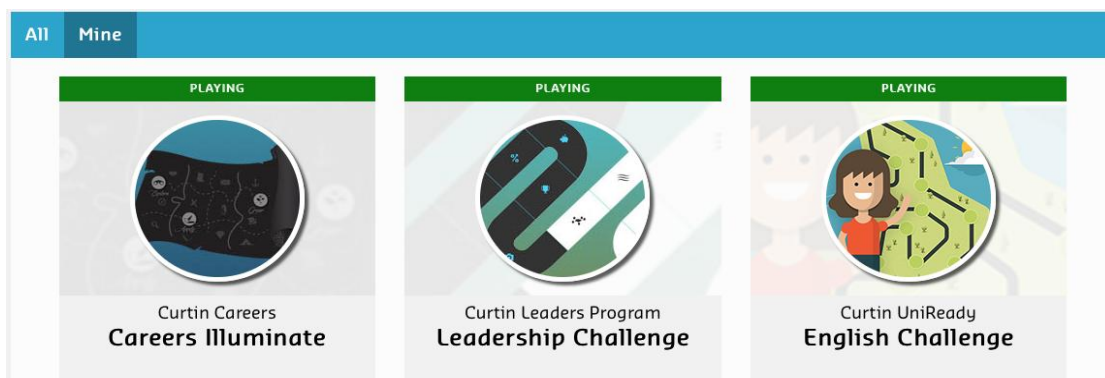


Figure 1. Three challenges currently available

A challenge is regarded as a collection of information and corresponding tasks linked to specific learning outcomes. Currently, there are three *Challenges* offered by Curtin University: *Careers Illuminate*, *Leadership Challenge*, and *English Challenge* (see Figure 1). This study includes analysis from the Career and Leadership Challenges which both require approximately up to one hour of learning time. Career Challenge includes 14 modules while Leadership Challenge includes eleven modules (see Figure 2 for individual modules).

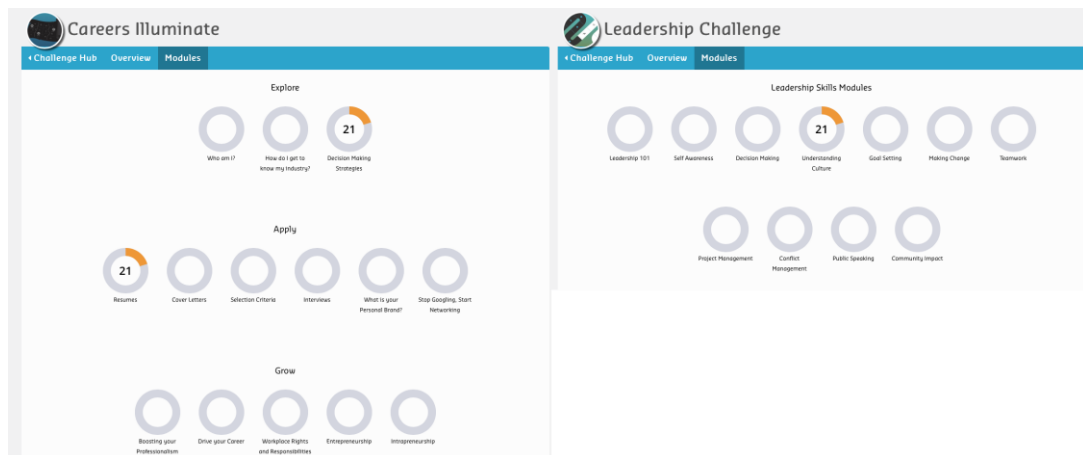


Figure 2. Modules overview for Career and Leadership Challenges

The design features of each module contain up to five activities including one to three different learner interactions or tasks. For example, the module *Who am I* in the Career Challenge is a collection of five activities containing learning interactions, such as choosing from among options, writing a short response to a prompt, spinning a wheel to create random prompts, creating, organising, and listing ideas, or matching items. Each page can contain one or several such interactions, and the learner does not have to submit the page in order for the data to be captured. Data is constantly being captured, which creates information about the timing, sequence, and completeness as well as the content of the interactions (i.e., navigation event and sequences). The data record is thus highly granular, providing an opportunity to examine the dynamics of the activity as well as the contents of the artefacts created by the learner for every click on every activity or module page.

#### 4. HYPOTHESES OF THE PRESENT STUDY

In light of previous empirical findings on learning engagement (Chen, 2017; Flowerday & Shell, 2015; Kirschner et al., 2011; Miller, 2015; Miller et al., 2014), we expect that learning engagement is positively related to learning performance in a challenge-based digital learning environment. Attributes of learning engagement in the challenge-based digital learning environment are conceptualised through several actions: (a) launching a specific activity (task), (b) spending active time on the task, (c) entering a written response, and (d) finishing a task. The learning performance measured in this study is computed by the number of correct answers in a subset of tasks designed with embedded feedback to the student. The hypotheses of this study focus on the attributes of learning engagement and its relation to learning performance in both Career and Leadership Challenge. We assume that launching specific activities (tasks) is related to the learning performance in challenge-based digital learning environments (Hypothesis 1). Further, we assume that spending active time on tasks is related to the learning performance (Hypotheses 2). Also, we expect that the length of written responses is related to the learning performance (Hypothesis 3). The final assumption focusses on the relationship between finishing tasks and learning performance (Hypothesis 4).

#### 5. METHOD

##### 5.1 Data Source

The data set of the Career Challenge consists of 52,675,225 rows of raw data containing information of  $N_C = 8,951$  students (3,571 male; 5,380 female) with an average age of  $M = 25.72$  years ( $SD = 6.64$ ). The Leadership Challenge includes data from  $N_L = 4,704$  students (1,825 male; 2,879 female) with an average age

of  $M = 23.96$  years ( $SD = 5.47$ ) with information stored in 19,517,647 rows of raw data. In a period of 24 months (January 2016 – January 2018), students spent a total of 10,239 hours interacting with the Career Challenge and 14,546 hours interacting with the Leadership Challenge.

## 5.2 Data Analytics Strategy

Raw data from the Career and Leadership Challenge were cleaned and transformed into a transaction data set in which each row represents an event of one user. The dependent variable *learning\_performance* (LP) was computed as the number of correct answers in an activity. The variables reflecting attributes of learning engagement were computed as follows: *launching\_task* (LT) as the number of activities started by a student; *time\_on\_task* (TT) as the duration in seconds spent in an activity; *written\_response* (WR) as the number of words submitted by a student; *finishing\_task* (FT) as the number of activities finished by a student.

## 6. RESULTS

In order to test the above presented four hypotheses, regression analyses were computed to determine whether attributes of learning engagement (i.e., launching task, time on task, written response, finishing task) were significant predictors of learning performance in challenge-based digital learning environments. The analyses were computed separately for the Career and Leadership Challenge.

### 6.1 Career Challenge

Table 1 shows zero-order correlations of attributes of learning engagement and learning performance for the Career Challenge. All correlations were significant at  $p < .001$ . High positive correlations were found between launching task (LT;  $M = 6.73$ ;  $SD = 8.95$ ) and learning outcome (LP;  $M = 8.38$ ;  $SD = 13.19$ ), time on task (TT;  $M = 4118.09$ ;  $SD = 6623.88$ ), as well as written response (WR;  $M = 166.92$ ;  $SD = 284.62$ ). Moderate positive correlations were found for written response and learning outcome as well as time on task. Low positive correlations were found for the remaining variable combinations.

Table 1. Zero-order correlations, means and standard deviations of attributes of learning engagement and learning performance for the Career Challenge

	Zero-Order $r$				
	LT	TT	WR	FT	LP
LT	-				
TT	.771***	-			
WR	.724***	.685***	-		
FT	.355***	.290***	.331***	-	
LP	.839***	.628***	.660***	.340***	-
$M$	6.73	4118.09	166.92	1.24	8.38
$SD$	8.95	6623.88	284.62	4.40	13.19

Note. \*\*\*  $p < .001$ ; LP = learning outcome; LT = launching task; TT = time on task; WR = written response; FT = finishing task;  $N_C = 8,951$

The linear regression analysis for the Career Challenge is presented in Table 2, yielding a  $\Delta R^2$  of .713 ( $F(4, 8950) = 5568.79$ ,  $p < .001$ ). Clearly, the number of activities started by a student (LT;  $\beta = .80$ ,  $p < .001$ ) positively predicted the learning performance. In addition, the number of activities finished by a student (FT;  $\beta = .04$ ,  $p < .001$ ) and the number of words submitted by a student (WR;  $\beta = .13$ ,  $p < .001$ ) positively predicted the learning performance. In contrast, the duration students spent on a task (TT;  $\beta = -.09$ ,  $p < .001$ ) was negatively correlated with the learning performance.

Table 2. Regression analyses predicting learning performance by attributes of learning engagement for the Career Challenge

	$R^2$	$\Delta R^2$	$B$	$SE B$	$\beta$
LP	.713	.713			
LT			1.177	.015	.80***
TT			.001	.001	-.09***
FT			.115	.018	.04***
WR			.006	.001	.13***

Note. \*\*\*  $p < .001$ ; LP = learning performance;

LT = launching task; TT = time on task;

FT = finishing task; WR = written response;  $N_C = 8,951$

In sum, the four hypotheses are accepted for the Career Challenge, confirming significant relationships between attributes of learning engagement and learning performance.

## 6.2 Leadership Challenge

Table 3 shows zero-order correlations of attributes of learning engagement and learning performance for the Leadership Challenge.

Table 3. Zero-order correlations, means and standard deviations of attributes of learning engagement and learning performance for the Leadership Challenge

	Zero-Order $r$				
	LT	TT	WR	FT	LP
LT	-				
TT	.698***	-			
WR	.759***	.789***	-		
FT	1.00***	.697***	.759***	-	
LP	.901***	.667***	.711***	.921***	-
$M$	26.74	11132.30	661.78	26.52	10.76
$SD$	22.97	14535.29	782.97	23.05	11.96

Note. \*\*\*  $p < .001$ ; LP = learning outcome; LT = launching task;

TT = time on task; WR = written response; FT = finishing task;  $N_L = 4,704$

The linear regression analysis for the Leadership Challenge is presented in Table 4, yielding a  $\Delta R^2$  of .850 ( $F(4, 4703) = 6652.32, p < .001$ ).

The number of activities started by a student (LT;  $\beta = 1.50, p < .001$ ) positively predicted the learning performance. In addition, the duration students spent on a task (TT;  $\beta = .05, p < .001$ ) positively predicted the learning performance. In contrast, the number of activities finished by a student (FT;  $\beta = -.61, p < .05$ ) was negatively correlated with the learning performance.

In sum, the hypotheses 1, 2 and 4 are accepted for the Leadership Challenge, confirming significant relationships between attributes of learning engagement and learning performance.

Table 4. Regression analyses predicting learning performance by attributes of learning engagement for the Leadership Challenge

	$R^2$	$\Delta R^2$	$B$	$SE B$	$\beta$
LP	.850	.850			
LT			.782	.127	1.50***
TT			.038	.000	.05***
FT			-.318	.129	-.61*
WR			.001	.000	.00

Note. \*  $p < .05$ ; \*\*\*  $p < .001$ ; LP = learning performance; LT = launching task;

TT = time on task; FT = finishing task; WR = written response;  $N_L = 4,704$

## 7. DISCUSSION

The times of direct comparisons of technology-mediated and face-to-face learning environments are over (Alavi & Leidner, 2001), hence, research needs to identify key factors influencing learning processes and learning outcomes. This study aimed to investigate the dynamics of engagement in challenge-based digital learning environments and its relationship to learning performance. Hypotheses were developed based on previous research from face-to-face learning environments. Our analyses focussed on data from the Challenge platform including transaction data from 13,655 students.

The analytic results showed that learning engagement in challenge-based online learning environments is significantly related to learning performance. These findings support previous studies conducted in face-to-face situations (Chen, 2017; Lin et al., 2016; Pourbarkhordari et al., 2016). Significant attributes predicting the learning performance of the student appeared to be the number of activities started and the number of activities finished by a student. This is a reflection of active engagement with the learning environment (Kirschner et al., 2011). At the same time, better learners seem to spend less time on a specific task in the Career Challenge. This may be interpreted as a reflection of existing prior knowledge or a progression towards an advanced learner (Ifenthaler & Seel, 2005). Another significant indicator predicting learning performance in the Career Challenge was the number of words submitted in open text activities. On a surface level, these findings are also related to studies conducted in writing research and clearly reflect the impact of the variation in learning engagement (Graesser et al., 1997; Miller et al., 2014).

This study and its findings are limited in several aspects that must be addressed. First, due to limited access of student data, for example, course load, past academic performance, or personal characteristics, linking additional data to the reported engagement and performance measures has not yet occurred. Combining such additional data, we expect will provide a more detailed insight into the multidimensional concepts to be investigated in a future study. Second, both challenges did not include an overall performance measure which has been validated against an outside criterion. Accordingly, a revision of the learning and assessment design should include additional or revised measures which follow accepted criteria or competence indicators. However, without the externally validated benchmarks, there is sufficient available data which can be used to improve the existing learning design through algorithms focussing on design features and navigation sequences of learners (Agrawal, Golshan, & Papalexakis, 2016; Ifenthaler, Gibson, & Dobozy, 2018; Lockyer, Heathcote, & Dawson, 2013). Third, as we included the analysis of open text answers in our analysis model, this approach is limited by the overall potential of the simple approach natural language processing (NLP). Further development of our analysis in future studies will include a focus on deeper levels of syntactic complexity, lexical sophistication, and quality of writing as well as a deep semantic analysis compared to expert solutions (Crossley, 2013; Ifenthaler, 2014).

## 8. IMPLICATIONS AND FUTURE RESEARCH

Analyses of the learning performance transcript, even when automated and multileveled, is a mixture of *conditional and inferential interpretation* that can utilize several frames of reference while adding layers of interpreted evidence, insights concerning the complexity and additional dimensionality to our understanding of the performance and our ability to re-present the performance in the light of our understandings (Gibson & Ifenthaler, 2018).

The Curtin Challenge platform is being developed to support both individual and team-based learning in primarily open-ended ill-structured problem solving and project-based learning contexts (Eseryel, Law, Ifenthaler, Ge, & Miller, 2014). The platform can also support self-guided learning, automated feedback, branching story lines, self-organizing teams, and distributed processes of mentoring, learning support and assessment (Gibson, 2018; Gibson & Ifenthaler, 2018).

The data traces captured by the Curtin Challenge platform are highly detailed, with many events per learning activity, which brings the potential for measuring indicators of physical, emotional and cognitive states of the learner. The data innovation of the Curtin Challenge platform is the ability to capture event-based records of higher frequency with the potential to analyse higher dimensional aspects of learning engagement, which we believe may be in turn useful for analysis of the embedded learning design's effectiveness and impact on the physical, emotional and cognitive layers of learning caused or influenced by

digital engagements. The data from the challenge-based learning platform forms a high-resolution analytics base on which researchers can conduct studies into learning design and into how to achieve better outcomes in scalable digital learning experiences (Gibson, 2018; Gibson & Jackl, 2015).

Future research will focus on the analysis of several large extant data sets from the Curtin Challenge platform. Currently, the possibility of adaptive algorithms based on learning engagement and learning performance are being investigated. Such algorithms will enable meaningful micro analysis of individual performance as well as personalised and adaptive feedback to the learner whenever it is needed.

## ACKNOWLEDGEMENT

This work is part of the UNESCO Chair of Data Science in Higher Education Learning and Teaching (<http://www.curtin.edu.au/UNESCO>) which focusses on advancing global knowledge, practice and policy in applying data science to transform higher education learning and teaching that improves personalization, access and effectiveness of education for all.

## REFERENCES

- Agrawal, R., Golshan, B., & Papalexakis, E. (2016). Toward data-driven design of educational courses: A feasibility study. *Journal of Educational Data Mining*, 8(1), 1–21.
- Alavi, A., & Leidner, D. E. (2001). Research commentary: technology-mediated learning — a call for greater depth and breadth of research. *Information Systems Research*, 12(1), 1–10.
- Bandura, A. (1993). Perceived self-efficacy in cognitive development and functioning. *Educational Psychologist*, 28(2), 117–148. doi:10.1207/s15326985ep2802\_3
- Carini, R. M. (2012). Engagement in learning. In N. M. Seel (Ed.), *Encyclopedia of the sciences of learning* (pp. 1153–1156). Boston, MA: Springer.
- Carini, R. M., Kuh, G. D., & Klein, S. P. (2006). Student engagement and student learning: testing the linkages. *Research in Higher Education*, 47(1), 1–32. doi:10.1007/s11162-005-8150-9
- Chen, I.-S. (2017). Computer self-efficacy, learning performance, and the mediating role of learning engagement. *Computers in Human Behavior*, 72, 362–370. doi:10.1016/j.chb.2017.02.059
- Corbalan, G., Kester, L., & van Merriënboer, J. J. G. (2011). Learner-controlled selection of tasks with different surface and structural features: Effects on transfer and efficiency. *Computers in Human Behavior*, 27, 76–81. doi:10.1016/j.chb.2010.05.026
- Crossley, S. A. (2013). Advancing research in second language writing through computational tools and machine learning techniques. *Language Teaching*, 46(2), 256–271.
- Eseryel, D., Law, V., Ifenthaler, D., Ge, X., & Miller, R. B. (2014). An investigation of the interrelationships between motivation, engagement, and complex problem solving in game-based learning. *Journal of Educational Technology & Society*, 17(1), 42–53.
- Flowerday, T., & Shell, D. F. (2015). Disentangling the effects of interest and choice on learning, engagement, and attitude. *Learning and Individual Differences*, 40, 134–140. doi:10.1016/j.lindif.2015.05.003
- Fredricks, J. A., & McColskey, W. (2012). The measurement of student engagement: A comparative analysis of various methods and student self-report instruments. In S. I. Christenson, A. L. Reschly, & W. C. (Eds.), *Handbook of research on student engagement* (pp. 763–781). New York, NY: Springer.
- Gibson, D. C. (2018). Unobtrusive observation of team learning attributes in digital learning. *Frontiers in Psychology*, 9(834), 1–5. doi:10.3389/fpsyg.2018.00834
- Gibson, D. C., & Ifenthaler, D. (2018). Analysing performance in authentic digital scenarios. In T.-W. Chang, R. Huang, & Kinshuk (Eds.), *Authentic learning through advances in technologies* (pp. 17–27). New York, NY: Springer.
- Gibson, D. C., & Jackl, P. (2015). Theoretical considerations for game-based e-learning analytics. In T. Reiners & L. Wood (Eds.), *Gamification in education and business* (pp. 403–416). New York, NY: Springer.
- Graesser, A. C., Millis, K. K., & Zwaan, R. A. (1997). Discourse comprehension. *Annual Review of Psychology*, 48, 163–189. doi:10.1146/annurev.psych.48.1.163
- Ifenthaler, D. (2014). AKOVIA: Automated Knowledge Visualization and Assessment. *Technology, Knowledge and Learning*, 19(1-2), 241-248. doi:10.1007/s10758-014-9224-6

- Ifenthaler, D., Gibson, D. C., & Dobozy, E. (2018). Informing learning design through analytics: Applying network graph analysis. *Australasian Journal of Educational Technology*, 34(2), 117–132. doi:10.14742/ajet.3767
- Ifenthaler, D., & Seel, N. M. (2005). The measurement of change: Learning-dependent progression of mental models. *Technology, Instruction, Cognition and Learning*, 2(4), 317–336.
- Kirschner, F., Kester, L., & Corbalan, G. (2011). Cognitive load theory and multimedia learning, task characteristics and learning engagement: The Current State of the Art. *Computers in Human Behavior*, 27(1), 1–4. doi:https://doi.org/10.1016/j.chb.2010.05.003
- Klein, S. P., Kuh, G. D., Chun, M., Hamilton, L., & Shavelson, R. (2005). An approach to measuring cognitive outcomes across higher education institutions. *Research in Higher Education*, 46(3), 251–276. doi:doi.org/10.1007/s11162-004-1640-3
- Kuh, G. D. (2009). What student affairs professionals need to know about student engagement. *Journal of College Student Development*, 50(6), 683–706. doi:10.1353/csd.0.0099
- Lin, W., Wang, L., Bamberger, P. A., Zhang, Q., Wang, H., Guo, W., . . . Zhang, T. (2016). Leading future orientations for current effectiveness: The role of engagement and supervisor coaching in linking future work self salience to job performance. *Journal of Vocational Behavior*, 92, 145–156. doi:10.1016/j.jvb.2015.12.002
- Lockyer, L., Heathcote, E., & Dawson, S. (2013). Informing pedagogical action: Aligning learning analytics with learning design. *American Behavioral Scientist*, 57(10), 1439–1459. doi:10.1177/0002764213479367
- Miller, B. W. (2015). Using reading times and eye-movements to measure cognitive engagement. *Educational Psychologist*, 50(1), 31–42. doi:10.1080/00461520.2015.1004068
- Miller, B. W., Anderson, R. C., Morris, J., Lin, T. J., Jadallah, M., Sun, J., & D., T. (2014). The effects of reading to prepare for argumentative discussion on cognitive engagement and conceptual growth. *Learning and Instruction*, 33, 67–80. doi:10.1016/j.learninstruc.2014.04.003
- Peng, C., Cao, L., & Timalansa, S. (2017). Gamification of Apollo lunar exploration missions for learning engagement. *Entertainment Computing*, 19, 53–64. doi:10.1016/j.entcom.2016.12.001
- Pourbarkhordari, A., Zhou, E. H. I., & Pourkarimi, J. (2016). How individual-focused transformational leadership enhances its influence on job performance through employee work engagement. *International Journal of Business and Management*, 11(2), 249–261. doi:10.5539/ijbm.v11n2p249
- Schunk, D. H., & Zimmerman, B. J. (1994). *Self-regulation of learning and performance: Issues and educational applications*. Hillsdale, NJ: Erlbaum.
- Schwamborn, A., Thillmann, H., Opfermann, M., & Leutner, D. (2011). Cognitive load and instructionally supported learning with provided and learner-generated visualizations. *Computers in Human Behavior*, 27, 89–93. doi:10.1016/j.chb.2010.05.028
- van Merriënboer, J. J. G., & Sweller, J. (2005). Cognitive load theory and complex learning: Recent developments and future directions. *Educational Psychology Review*, 17(2), 147–177.
- Wolters, C. A., & Taylor, D. J. (2012). A self-regulated learning perspective on student engagement. In S. Christenson, A. Reschly, & C. Wylie (Eds.), *Handbook of research on student engagement* (pp. 635–651). Boston, MA: Springer.
- Zimmerman, B. J. (2002). Becoming a self-regulated learner: An overview. *Theory into Practice*, 41(2), 64–70.