# 2017

# Montana Youth Risk Behavior Survey High School Results



AND 2017 COMPARATIVE TABLES FOR:

- **GRADES 7-8** 

-AMERICAN INDIAN STUDENTS ON OR NEAR A RESERVATION
-AMERICAN INDIAN STUDENTS IN URBAN SCHOOLS
-NONPUBLIC ACCREDITED SCHOOLS
-ALTERNATIVE SCHOOLS
-STUDENTS WITH DISABILITIES



# **ACKNOWLEDGMENT**

The 2017 Youth Risk Behavior Survey (YRBS) report is a continuation of the surveillance and reporting system for adolescent risk behaviors developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, U.S. Centers for Disease Control and Prevention (CDC). The YRBS was first used in Montana in 1991. Superintendent Elsie Arntzen, and the Montana Office of Public Instruction, acknowledge the participation, support and cooperation of those persons who made the 2017 Montana Youth Risk Behavior Survey possible. Sincere appreciation is expressed to:

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- the cosponsors of the YRBS Montana Board of Crime Control, Montana Department of Public Health and Human Services, Billings Area Indian Health Service, Montana Department of Transportation;
- the district superintendents, school principals, YRBS coordinators and teachers who cooperated with and supported the survey; and, most importantly,
- the Montana students who participated in the survey.

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# **Preface**

Montana is proud to have completed 26 years of participation in the Youth Risk Behavior Survey. These results are valuable to educators, school boards, and communities in understanding the health risks of local students; enabling districts to design local health and physical education curriculum to address local needs. In addition, these results drive state collaboration as well as program and policy decisions. The Montana Office of Public Instruction uses these results to establish benchmarks for reducing adolescent risk behaviors and increasing pro-social behaviors, designing state priorities for health programs, and evaluating the effectiveness of many health related programs across the health and education systems.

Because The Office of Public Instruction believes in *Putting Montana Students First*, the results of the Youth Risk Behavior Survey have also helped drive the Montana Every Student Succeeds Act State Plan. Sections of this plan focus on suicide prevention, school safety, and support for schools to address substance abuse and mental health topics within their own school plans. We believe in making data driven decisions, and use the Youth Risk Behavior Survey as the platform to make program and policy decisions within the agency regarding the health of Montana students.

Thank you to all the schools who continue to administer this survey, providing Montana with this critical data. We are proud to focus our health and safety programs based on what students report through this survey, and are thankful for all the school and community partners that make this project a reality.



# 2017 Montana Youth Risk Behavior Survey

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# **INTRODUCTION**

The Youth Risk Behavior Survey (YRBS) is an epidemiologic surveillance system that was established by the U.S. Centers for Disease Control and Prevention (CDC) to help monitor the prevalence of behaviors that not only influence youth health, but also put youth at risk for the most significant health and social problems that can occur during adolescence and adulthood.

In the United States, 74 percent of all deaths among youth and young adults aged 15-24 years results from four causes: motor-vehicle crashes (33%), other unintentional injuries (13%), homicide (15%), and suicide (13%). Substantial morbidity and social problems also result from the estimated 410,000 births; 517,174 cases of chlamydia, gonorrhea, and syphilis; and 2,036 cases of human immunodeficiency virus (HIV) reported among youth aged 15-19 years. Among adults aged >25 years, 57 percent of all deaths in the United States result from cardiovascular disease (34%) and cancer (23%). These leading causes of morbidity and mortality among youth and adults in the United States are related to six categories of priority health-risk behaviors: behaviors that contribute to unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including HIV infection; unhealthy dietary behaviors; and physical inactivity. These behaviors frequently are interrelated and are established during childhood and adolescence and extend into adulthood.

To monitor priority health-risk behaviors in each of these six categories and obesity and asthma among youth and young adults, CDC developed the YRBS. The YRBS has been conducted biennially since 1991 in Montana.

The purpose of the YRBS is to assist educators and health professionals in determining the prevalence of the aforementioned health-risk behaviors among youth. This report describes the results of the survey and the methods used to conduct the survey. The results will be used to focus the continuing development of statewide comprehensive health education and to reduce those health behaviors that place Montana youth at risk.

Survey results are presented in the following parts:

- Introduction
- Survey Methods
- Frequency Distributions
- Graphs Gender, Grade Level and Race
- Trend Report (1993 2017)
- Comparative Tables by Student Population

# **SURVEY METHODS**

#### **DESCRIPTION OF YRBS**

The YRBS was developed cooperatively by the CDC, 19 other federal agencies, and state and local departments of education to measure the extent to which adolescents engage in healthrisk behaviors. The 2017 survey instrument consisted of 94 questions which assessed the six priority health-risk behaviors which result in the greatest amount of morbidity, mortality, and social problems among youth. These behaviors include behaviors that result in unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including HIV infection; unhealthy dietary behaviors and physical inactivity.

# **SAMPLE SELECTION PROCESS**

All public schools in Montana with students in grades 9 through 12 were eligible to be selected for inclusion in the sample. Fifty schools were randomly selected with probability proportional to enrollment. The 2017 YRBS was completed by 4,741 students in 47 public high schools during February of 2017. The school response rate was 94 percent, the student response rate was 85 percent, and the overall response rate was 80 percent. The weighted results presented in this report are based on the behavior and opinion of the participants in the sample; however, the results can be used to make inferences concerning the priority health-risk behaviors of all high school students in Montana.

Superintendents of school districts were contacted during October 2016 to obtain approval to administer the YRBS. Sufficient time was allowed to gain school board and/or parent approval, and to answer any questions about the survey. Each participating school submitted a list of second-period classes and a random set of these classes was selected and surveyed. In smaller schools, a census of students was provided. Survey coordinators for each school were assigned by school administrators and packets of information, including instructions, survey booklets, and answer sheets, were mailed to each school during February 2017. Surveys were administered during second period classes during the last week of February and returned to the Office of Public Instruction (OPI) for processing within one week of survey administration.

The teachers who administered the survey to students were provided detailed written instructions to ensure uniform survey administration across sites. To encourage accurate responses to sensitive questions, a strict protocol was implemented to protect the privacy and confidentiality of all participating students. Participation in the survey was Students could decline to voluntary. participate, turn in blank or incomplete survey

forms, or stop completing the survey at any time. The protocols used in the YRBS ensure that participating schools are not violating any federal laws protecting students' rights and privacy, including the Protection of Pupil Rights Amendment and the Family Educational Rights and Privacy Act (FERPA).

#### SURVEY VALIDITY AND LIMITATIONS

A weighting procedure was performed to reduce bias by compensating for differing patterns of nonresponsive at the school and student levels and to reflect the likelihood of sampling each student. The weighted results contained in this report can be used to make inferences about the priority health-risk behaviors of all high school students in grades 9 through 12 in all schools in Montana.

The approximate error rate, using a normal approximation, is plus-or-minus 3 percent. However, users should be careful when using the data since respondents in self-reported surveys may have a tendency to underreport behaviors that are socially undesirable, unhealthy, or illegal (alcohol consumption, drug use, seat belt nonusage, etc.) and overreport behaviors that are socially desirable (amount of exercise, etc.).

# 2017 MONTANA YOUTH RISK BEHAVIOR SURVEY

# FREQUENCY DISTRIBUTIONS

The 2017 YRBS results are representative of all students in grades 9-12. The weighted demographic characteristics of the sample are as follows:

Female	48.3%	9 <sup>th</sup> grade	26.6%	Black*	0.5%
Male	51.7%	10 <sup>th</sup> grade	25.1%	Hispanic/Latino	4.0%
		11 <sup>th</sup> grade	24.8%	Native American	10.1%
		12 <sup>th</sup> grade	23.2%	White*	81.4%
		Other	0.3%	All other races	0.6%
				Multiple races	3.3%

<sup>\*</sup>Non-Hispanic

# **Frequency Distributions**

(Percentage of Montana High School Students)

1. How old are you?	
A. 15 years or younger	35.3
B. 16 or 17 years old	50.2
C. 18 years old or older	14.5

2. What is your sex?	
A. Female	48.3
B. Male	51.7

3. In what grade are you?	
A. 9 <sup>th</sup> grade	26.6
B. 10 <sup>th</sup> grade	25.1
C. 11 <sup>th</sup> grade	24.8
D. 12 <sup>th</sup> grade	23.2
E. Ungraded or other grade	0.3

4. Are you Hispanic or Latino?	
A. Yes	4.0
B. No	96.0

5. What is your race?	
A. Black	0.5
B. Hispanic/Latino	4.0
C. Native American	10.1
D. White	81.4
E. All other races*	0.6
F. Multiple races*	3.3

<sup>\*</sup>Non-Hispanic

- 6. Height Chart
- 7. Weight Chart

# The next 6 questions ask about safety.

8. How often do you wear a seat belt when <b>riding</b> in a car driven by someone else?	
A. Never	2.4
B. Rarely	5.4
C. Sometimes	10.4
D. Most of the time	30.3
E. Always	51.5

9. How often do you wear a seat belt when <b>driving</b>	
a car?	
A. I do not drive a car	16.5
B. Never	2.6
C. Rarely	4.7
D. Sometimes	5.3
E. Most of the time	13.0
F. Always	57.9

10. During the past 30 days, how many times did	
you <b>ride</b> in a car or other vehicle <b>driven by</b>	
someone who had been drinking alcohol?	
A. 0 times	80.2
B. 1 time	8.4
C. 2 or 3 times	6.7
D. 4 or 5 times	1.7
E. 6 or more times	3.1

11. During the past 30 days, how many times did you <b>drive</b> a car or other vehicle <b>when you had</b>	
been drinking alcohol?	
A. I did not drive a car or other vehicle	22.0
during the past 30 days	
B. 0 times	72.0
C. 1 time	3.1
D. 2 or 3 times	1.8
E. 4 or 5 times	0.5
F. 6 or more times	0.6

12. During the past 30 days, on how many days did you <b>text or e-mail</b> while <b>driving</b> a car or other	
vehicle?	
A. I did not drive a car or other vehicle during the past 30 days	21.7
B. 0 days	35.8
C. 1 or 2 days	13.4
D. 3 to 5 days	6.8
E. 6 to 9 days	4.5
F. 10 to 19 days	5.5
G. 20 to 29 days	4.6
H. All 30 days	7.7

13. During the past 30 days, on how many days did you talk on a cell phone while driving a car or other vehicle?	
A. I did not drive a car or other vehicle	22.7
during the past 30 days	
B. 0 days	33.5
C. 1 or 2 days	17.7
D. 3 to 5 days	9.6
E. 6 to 9 days	6.3
F. 10 to 19 days	5.3
G. 20 to 29 days	2.5
H. All 30 days	2.4

# The next 11 questions ask about violence-related behaviors.

14. During the past 30 days, on how many days did	
you carry <b>a weapon</b> such as a gun, knife, or club?	
A. 0 days	74.8
B. 1 day	4.9
C. 2 or 3 days	5.6
D. 4 or 5 days	2.4
E. 6 or more days	12.2

15. During the past 30 days, on how many days did	
you carry <b>a weapon</b> such as a gun, knife, or club	
on school property?	
A. 0 days	91.5
B. 1 day	1.5
C. 2 or 3 days	1.4
D. 4 or 5 days	0.4
E. 6 or more days	5.2

16. <b>During the past 12 months</b> , on how many days did you carry a <b>gun</b> ? (Do <b>not</b> count the days when you carried a gun only for hunting or for a sport, such as target shooting.)	
A. 0 days	92.3
B. 1 day	1.9
C. 2 or 3 days	1.9
D. 4 or 5 days	0.8
E. 6 or more days	3.1

17. During the past 30 days, on how many days did you <b>not</b> go to school because you felt you would	
be unsafe at school or on your way to or from	
school?	
A. 0 days	92.0
B. 1 day	4.5
C. 2 or 3 days	2.0
D. 4 or 5 days	0.4
E. 6 or more days	1.0

18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?	
A. 0 times	93.0
B. 1 time	3.3
C. 2 or 3 times	1.9
D. 4 or 5 times	0.7
E. 6 or 7 times	0.3
F. 8 or 9 times	0.2
G. 10 or 11 times	0.0
H. 12 or more times	0.6

19. During the past 12 months, how many times		
were you in a <b>physical fight</b> ?	were you in a <b>physical fight</b> ?	
A. 0 times	79.9	
B. 1 time	9.5	
C. 2 or 3 times	6.7	
D. 4 or 5 times	1.5	
E. 6 or 7 times	0.8	
F. 8 or 9 times	0.4	
G. 10 or 11 times	0.2	
H. 12 or more times	1.1	

20. During the past 12 months, how many times were you in a physical fight on school property?	
A. 0 times	93.7
B. 1 time	4.1
C. 2 or 3 times	1.5
D. 4 or 5 times	0.3
E. 6 or 7 times	0.1
F. 8 or 9 times	0.1
G. 10 or 11 times	0.2
H. 12 or more times	0.5

21. Have you ever been physically forced to have	
sexual intercourse when you did not want to?	
A. Yes	9.3
B. No	90.7

22. During the past 12 months, how many times did	
anyone force you to do sexual things that you	
did not want to do? (Count such things as	
kissing, touching, or being physically forced to	
have sexual intercourse.)	
A. 0 times	90.2
B. 1 time	4.9
C. 2 or 3 times	3.0
D. 4 or 5 times	0.7
E. 6 or more times	1.2

23. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)	
A. I did not date or go out with anyone during the past 12 months	33.5
B. 0 times	62.2
C. 1 time	1.9
D. 2 or 3 times	1.4
E. 4 or 5 times	0.3
F. 6 or more times	0.7

24. During the past 12 months, how many times did someone you were dating or going out with	
physically hurt you on purpose? (Count such	
things as being hit, slammed into something, or	
injured with an object or weapon.)	
A. I did not date or go out with anyone	32.8
during the past 12 months	
B. 0 times	62.4
C. 1 time	1.9
D. 2 or 3 times	1.7
E. 4 or 5 times	0.5
F. 6 or more times	0.8

The next 3 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

25. During the past 12 months, have you ever been bullied <b>on school property</b> ?	
A. Yes	21.6
B. No	78.4

26. During the past 12 months, have you even	er been
electronically bullied? (Count being bullied	
through texting, Instagram, Facebook, o social media.)	r other
A. Yes	17.6
B. No	82.4

27. During the past 12 months, have you ever been the victim of teasing, name calling because someone thought you were gay, lesbian or bisexual?	
A. Yes	10.6
B. No	89.4

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

28. During the past 12 months, did you ever feel so	
sad or hopeless almost every day for <b>two</b>	
weeks or more in a row that you stopped doing	
some usual activities?	
A. Yes	31.0
B. No	69.0

29. During the past 12 months, did you ever	
seriously consider attempting suicide?	
A. Yes	20.8
B. No	79.2

30. During the past 12 months, did you make a plan	
about how you would attempt suicide?	
A. Yes	16.6
B. No	83.4

31. During the past 12 months, how many times did you actually attempt suicide?	
A. 0 times	90.5
B. 1 time	5.8
C. 2 or 3 times	2.7
D. 4 or 5 times	0.5
E. 6 or more times	0.6

32. <b>If you attempted suicide</b> during the past 12	
months, did any attempt result in an injury,	
poisoning, or overdose that had to be treated by	
a doctor or nurse?	
A. I did not attempt suicide during the	90.6
past 12 months	
B. Yes	3.1
C. No	6.4

# The next 5 questions ask about cigarette smoking.

33. Have you ever tried cigarette smoking, even one	
or two puffs?	
A. Yes	33.9
B. No	66.1

34. How old were you when you first tried cigarette smoking, even one or two puffs?	
A. I have never tried cigarette	66.1
smoking, not even one or two puffs	
B. 8 years old or younger	2.7
C. 9 or 10 years old	3.2
D. 11 or 12 years old	4.6
E. 13 or 14 years old	9.8
F. 15 or 16 years old	10.5
G. 17 years old or older	3.0

35. During the past 30 days, on how many days did you smoke cigarettes?	
A. 0 days	87.9
B. 1 or 2 days	4.7
C. 3 to 5 days	1.8
D. 6 to 9 days	1.2
E. 10 to 19 days	1.3
F. 20 to 29 days	1.0
G. All 30 days	2.1

36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke <b>per day</b> ?	
A. I did not smoke cigarettes during	87.9
the past 30 days	
B. Less than 1 cigarette per day	3.9
C. 1 cigarette per day	2.6
D. 2 to 5 cigarettes per day	4.2
E. 6 to 10 cigarettes per day	0.8
F. 11 to 20 cigarettes per day	0.2
G. More than 20 cigarettes per day	0.4

37. During the past 12 months, did you ever try to <b>quit</b> smoking cigarettes?	
A. I did not smoke during the past 12	83.1
months	
B. Yes	9.3
C. No	7.5

The next 3 questions ask about electronic vapor products, such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo. Electronic vapor products include e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens.

38. Have you ever used an electronic vapor	
product?	
A. Yes	46.6
B. No	53.4

39. During the past 30 days, on how many days did	
you use an electronic vapor product?	
A. 0 days	77.5
B. 1 or 2 days	9.7
C. 3 to 5 days	3.8
D. 6 to 9 days	2.6
E. 10 to 19 days	2.7
F. 20 to 29 days	1.3
G. All 30 days	2.4

40. During the past 30 days, how did you us	ually
get your own electronic vapor products?	(Select
only <b>one</b> response.)	
A. I did not use any electronic vapor	77.6
products during the past 30 days	
B. I bought them in a store such as a	3.4
convenience store, supermarket,	
discount store, gas station, or vape	
store	
C. I got them on the Internet	1.3
D. I gave someone else money to buy	2.3
them for me	
E. I borrowed them from someone	10.3
else	
F. A person 18 years old or older gave	2.0
them to me	
G. I took them from a store or another	0.2
person	
H. I got them some other way	2.8

The next 3 questions ask about other tobacco products.

41. During the past 30 days, on how many days did you use **chewing tobacco**, **snuff**, **dip**, **snus**, **or dissolvable tobacco** products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs? (Do not count any electronic vapor products.)

A. 0 days	90.2
B. 1 or 2 days	2.9
C. 3 to 5 days	1.5
D. 6 to 9 days	1.2
E. 10 to 19 days	0.9
F. 20 to 29 days	0.8
G. All 30 days	2.5

42. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs on school property? (Do not count any electronic vapor products.)

A. 0 days	93.5
B. 1 or 2 days	2.1
C. 3 to 5 days	1.0
D. 6 to 9 days	0.8
E. 10 to 19 days	0.6
F. 20 to 29 days	0.3
G. All 30 days	1.6

43. During the past 30 days, on how many days did	
you smoke cigars, cigarillos, or little cigars?	
A. 0 days	87.1
B. 1 or 2 days	7.2
C. 3 to 5 days	2.2
D. 6 to 9 days	1.4
E. 10 to 19 days	1.0
F. 20 to 29 days	0.2
G. All 30 days	0.8

The next 4 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

44. During your life, on how many days have you had at least one drink of alcohol?	
A. 0 days	32.0
B. 1 or 2 days	15.7
C. 3 to 9 days	17.4
D. 10 to 19 days	10.1
E. 20 to 39 days	8.7
F. 40 to 99 days	8.3
G. 100 or more days	7.8

45. How old were you when you had your first drink	
of alcohol other than a few sips?	
A. I have never had a drink of alcohol	35.4
other than a few sips	
B. 8 years old or younger	5.9
C. 9 or 10 years old	4.7
D. 11 or 12 years old	8.9
E. 13 or 14 years old	20.4
F. 15 or 16 years old	20.8
G. 17 years old or older	3.8

46. During the past 30 days, on how many days did you have at least one drink of alcohol?	
A. O days	66.9
B. 1 or 2 days	15.9
C. 3 to 5 days	7.7
D. 6 to 9 days	5.3
E. 10 to 19 days	2.9
F. 20 to 29 days	0.7
G. All 30 days	0.6

47. During the past 30 days, how did you <b>usually</b> get the alcohol you drank?	
A. I did not drink alcohol during the	66.1
past 30 days	
B. I bought it in a store such as a liquor	1.2
store, convenience, store,	
supermarket, discount store, or gas	
station	
C. I bought it at a restaurant, bar, or	0.3
club	
D. I bought it at a public event such as	0.2
a concert or sporting event	
E. I gave someone else money to buy	10.3
it for me	
F. Someone gave it to me	13.3
G. I took it from a store or family	3.2
member	
H. I got it some other way	5.4

The next 2 questions ask about how many drinks of alcohol you have had in a row, that is, within a couple of hours. For the first question, the number of drinks you need to think about is different for female students and male students.

48. During the past 30 days, on how many days did you have <b>4</b> or more drinks of alcohol in a row (if you are <b>female</b> ) or <b>5</b> or more drinks of alcohol in a row (if you are <b>male</b> )?	
A. 0 days	82.4
B. 1 day	5.7
C. 2 days	4.0
D. 3 to 5 days	4.0
E. 6 to 9 days	2.5
F. 10 to 19 days	0.7
G. 20 or more days	0.7

49. During the past 30 days, what is the largest	
number of alcoholic drinks you had in a re	ow;
A. I did not drink alcohol during the	69.1
past 30 days	
B. 1 or 2 drinks	9.6
C. 3 drinks	1.2
D. 4 drinks	2.4
E. 5 drinks	3.7
F. 6 or 7 drinks	4.5
G. 8 or 9 drinks	3.0
H. 10 or more drinks	6.4

# The next 3 questions ask about marijuana use. Marijuana also is called grass, pot, or weed.

50. During your life, how many times have you used marijuana?	
A. 0 times	64.8
B. 1 or 2 times	7.6
C. 3 to 9 times	6.9
D. 10 to 19 times	4.0
E. 20 to 39 times	3.6
F. 40 to 99 times	3.5
G. 100 or more times	9.6

51. How old were you when you tried marijuana for the first time?	
A. I have never tried marijuana	63.3
B. 8 years old or younger	1.5
C. 9 or 10 years old	1.4
D. 11 or 12 years old	4.0
E. 13 or 14 years old	13.3
F. 15 or 16 years old	13.9
G. 17 years old or older	2.5

52. During the past 30 days, how many times did you use marijuana?	
A. 0 times	80.2
B. 1 or 2 times	6.6
C. 3 to 9 times	5.0
D. 10 to 19 times	2.2
E. 20 to 39 times	1.8
F. 40 or more times	4.2

# The next 10 questions ask about other drugs.

53. During your life, how many times have you used any form of <b>cocaine</b> , including powder, crack, or freebase?	
A. 0 times	95.6
B. 1 or 2 times	2.2
C. 3 to 9 times	0.9
D. 10 to 19 times	0.4
E. 20 to 39 times	0.2
F. 40 or more times	0.7

54. During your life, how many times have y sniffed glue, breathed the contents of ae spray cans, or <b>inhaled</b> any paints or spray high?	rosol
A. 0 times	93.6
B. 1 or 2 times	3.4
C. 3 to 9 times	1.4
D. 10 to 19 times	0.6
E. 20 to 39 times	0.2
F. 40 or more times	0.7

55. During your life how many times have you used	
heroin (also called smack, junk, or China White)?	
A. 0 times	98.3
B. 1 or 2 times	0.5
C. 3 to 9 times	0.4
D. 10 to 19 times	0.1
E. 20 to 39 times	0.1
F. 40 or more times	0.5

56. During your life, how many times have you used methamphetamines (also called speed, crystal,	
crank, or ice)?	
A. 0 times	97.8
B. 1 or 2 times	1.0
C. 3 to 9 times	0.5
D. 10 to 19 times	0.1
E. 20 to 39 times	0.1
F. 40 or more times	0.5

57. During your life, how many times have you used ecstasy (also called MDMA)?	
A. 0 times	95.5
B. 1 or 2 times	2.7
C. 3 to 9 times	0.7
D. 10 to 19 times	0.3
E. 20 to 39 times	0.2
F. 40 or more times	0.5

58. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?	
A. 0 times	92.7
B. 1 or 2 times	4.3
C. 3 to 9 times	1.4
D. 10 to 19 times	0.5
E. 20 to 39 times	0.4
F. 40 or more times	0.8

59. During your life, how many times have you taken <b>steroid pills or shots</b> without a doctor's prescription?	
A. 0 times	97.9
B. 1 or 2 times	0.9
C. 3 to 9 times	0.6
D. 10 to 19 times	0.3
E. 20 to 39 times	0.1
F. 40 or more times	0.4

60. During your life, how many times have you	
taken a <b>prescription pain medicine</b> without a doctor's prescription or differently than how a	
doctor told you to use it? (Count drugs such as	
codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.)	
A. 0 times	86.3
B. 1 or 2 times	5.7
C. 3 to 9 times	4.7
D. 10 to 19 times	1.5
E. 20 to 39 times	0.8
F. 40 or more times	1.0

61. During your life, how many times have you used a needle to inject any <b>illegal</b> drug into your	
body?	
A. 0 times	98.2
B. 1 time	0.7
C. 2 or more times	1.1

62 During the past 12 months, has anyone offered,	
sold, or given you an illegal drug <b>on sch</b> o	ool
property?	
A. Yes	21.7
B. No	78.3

# The next 7 questions ask about sexual behavior.

63. Have you ever had sexual intercourse?	
A. Yes	43.2
B. No	56.8

64. How old were you when you had sexual intercourse for the first time?	
A. I have never had sexual intercourse	56.6
B. 11 years old or younger	1.9
C. 12 years old	1.0
D. 13 years old	3.8
E. 14 years old	9.5
F. 15 years old	13.4
G. 16 years old	9.9
H. 17 years old or older	3.9

65. During your life, with how many people have you had sexual intercourse?	
A. I have never had sexual intercourse	56.7
B. 1 person	17.5
C. 2 people	8.6
D. 3 people	4.7
E. 4 people	3.3
F. 5 people	2.7
G. 6 or more people	6.4

66. During the past 3 months, with how many people did you have sexual intercourse?	
A. I have never had sexual intercourse	56.7
B. I have had sexual intercourse, but not during the past 3 months	11.7
C. 1 person	24.8
D. 2 people	4.1
E. 3 people	1.1
F. 4 people	0.6
G. 5 people	0.3
H. 6 or more people	0.7

67. Did you drink alcohol or use drugs before you had sexual intercourse the <b>last time</b> ?	
A. I have never had sexual intercourse	56.7
B. Yes	7.7
C. No	35.5

68. The <b>last time</b> you had sexual intercourse, did you or your partner use a condom?	
A. I have never had sexual intercourse	56.9
B. Yes	25.7
C. No	17.4

69. The <b>last time</b> you had sexual intercourse, what <b>one</b> method did you or your partner use to <b>prevent pregnancy?</b> (Select only <b>one</b> response.)	
A. I have never had sexual intercourse	57.4
B. No method was used to prevent pregnancy	4.0
C. Birth control pills	9.6
D. Condoms	18.1
E. An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	2.7
F. A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	3.1
G. Withdrawal or some other method	3.6
H. Not sure	1.4

# The next 2 questions ask about body weight.

70. How do you describe your weight?	
A. Very underweight	2.0
B. Slightly underweight	13.2
C. About the right weight	54.3
D. Slightly overweight	27.0
E. Very overweight	3.5

71. Which of the following are you trying to do	
about your weight?	
A. <b>Lose</b> weight	41.1
B. <b>Gain</b> weight	16.6
C. <b>Stay</b> the same weight	17.8
D. I am not trying to do anything	24.5
about my weight	

The next 10 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

72. During the past 7 days, how many times did you drink <b>100% fruit juices</b> such as orange juice, apple juice, or grape juice? (Do <b>not</b> count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)	
A. I did not drink 100% fruit juice	26.9
during the past 7 days	
B. 1 to 3 times during the past 7 days	43.7
C. 4 to 6 times during the past 7 days	15.8
D. 1 time per day	5.2
E. 2 times per day	4.8
F. 3 times per day	1.4
G. 4 or more times per day	2.2

73. During the past 7 days, how many times did you eat <b>fruit</b> ? (Do <b>not</b> count fruit juice.)	
<ul> <li>A. I did not eat fruit during the past 7 days</li> </ul>	9.8
B. 1 to 3 times during the past 7 days	33.7
C. 4 to 6 times during the past 7 days	24.9
D. 1 time per day	12.0
E. 2 times per day	11.2
F. 3 times per day	4.7
G. 4 or more times per day	3.8

74. During the past 7 days, how many times eat green salad?	did you
A. I did not eat green salad during the past 7 days	31.9
B. 1 to 3 times during the past 7 days	44.8
C. 4 to 6 times during the past 7 days	13.8
D. 1 time per day	5.9
E. 2 times per day	2.0
F. 3 times per day	0.5
G. 4 or more times per day	1.1

75. During the past 7 days, how many times did you	
eat <b>potatoes</b> ? (Do <b>not</b> count French fries, fried	
potatoes, or potato chips.)	
A. I did not eat potatoes during the	29.1
past 7 days	
B. 1 to 3 times during the past 7 days	54.1
C. 4 to 6 times during the past 7 days	11.6
D. 1 time per day	2.5
E. 2 times per day	1.3
F. 3 times per day	0.5
G. 4 or more times per day	0.9

76. During the past 7 days, how many times eat <b>carrots</b> ?	did you
A. I did not eat carrots during the past	44.7
7 days	
B. 1 to 3 times during the past 7 days	40.6
C. 4 to 6 times during the past 7 days	8.9
D. 1 time per day	2.8
E. 2 times per day	1.6
F. 3 times per day	0.5
G. 4 or more times per day	1.0

77. During the past 7 days, how many times did you eat <b>other vegetables</b> ? (Do not count green salad, potatoes, or carrots.)	
A. I did not eat other vegetables	16.3
during the past 7 days	
B. 1 to 3 times during the past 7 days	41.4
C. 4 to 6 times during the past 7 days	22.6
D. 1 time per day	10.0
E. 2 times per day	6.1
F. 3 times per day	1.8
G. 4 or more times per day	1.8

78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)	
A. I did not drink soda or pop during the past 7 days	25.1
B. 1 to 3 times during the past 7 days	42.4
C. 4 to 6 times during the past 7 days	17.4
D. 1 time per day	6.6
E. 2 times per day	4.5
F. 3 times per day	1.9
G. 4 or more times per day	2.2

79. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal.  Count the half pint of milk served at school as equal to one glass.)	
A. I did not drink milk during the past	19.0
7 days	
B. 1 to 3 glasses during the past 7 days	24.8
C. 4 to 6 glasses during the past 7 days	18.0
D. 1 glass per day	13.9
E. 2 glasses per day	12.7
F. 3 glasses per day	5.9
G. 4 or more glasses per day	5.6

80. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)	
A. I did not drink energy drinks during the past 7 days	76.4
B. 1 to 3 times during the past 7 days	16.1
C. 4 to 6 times during the past 7 days	3.7
D. 1 time per day	1.6
E. 2 times per day	1.0
F. 3 times per day	0.6
G. 4 or more times per day	0.7

81. During the past 7 days, on how many day you eat <b>breakfast</b> ?	ys did
A. 0 days	11.3
B. 1 day	7.6
C. 2 days	9.4
D. 3 days	8.9
E. 4 days	9.1
F. 5 days	9.5
G. 6 days	7.1
H. 7 days	37.0

# The next 5 questions ask about physical activity.

82. During the past 7 days, on how many dayou physically active for a total of at least minutes per day? (Add up all the time yo in any kind of physical activity that increat your heart rate and made you breathe hasome of the time.)	t 60 u spent sed
A. 0 days	11.1
B. 1 day	5.9
C. 2 days	9.1
D. 3 days	9.9
E. 4 days	10.7
F. 5 days	15.1
G. 6 days	10.2
H. 7 days	28.0

83. On an average school day, how many hours do you watch TV?	
A. I do not watch TV on an average	21.9
school day	
B. Less than 1 hour per day	22.8
C. 1 hour per day	17.9
D. 2 hours per day	19.3
E. 3 hours per day	10.1
F. 4 hours per day	4.4
G. 5 or more hours per day	3.5

84. On an average school day, how many ho	urs do
you play video or computer games or use a	
computer for something that is not school work?	
(Count time spent on things such as Xbox,	
PlayStation, an iPad or other tablet, a	
smartphone, texting, YouTube, Instagram,	
Facebook, or other social media.)	
A. I do not play video or computer	21.4
games or use a computer for	
something that is not school work	
B. Less than 1 hour per day	15.9
C. 1 hour per day	12.9
D. 2 hours per day	15.3
E. 3 hours per day	12.3
F. 4 hours per day	8.7
G. 5 or more hours per day	13.6

85. In an average week when you are in school, on how many days do you go to physical education (PE) classes?	
A. 0 days	44.1
B. 1 day	1.7
C. 2 days	2.7
D. 3 days	12.1
E. 4 days	4.8
F. 5 days	34.7

86. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)	
A. 0 teams	38.7
B. 1 team	23.1
C. 2 teams	20.1
D. 3 or more teams	18.1

The next question asks about concussions. A concussion is when a blow or jolt to the head causes problems such as headaches, dizziness, being dazed or confused, difficulty remembering or concentrating, vomiting, blurred vision, or being knocked out.

87. During the last 12 months, how many times did you have a concussion <b>from playing a sport or</b>	
being physically active?	
A. 0 times	83.7
B. 1 time	10.9
C. 2 times	3.4
D. 3 times	0.6
E. 4 or more times	1.4

# The next 7 questions ask about other health-related topics.

88. When was the last time you saw a dentist for a	
check-up, exam, teeth cleaning, or other dental	
work?	
A. During the past 12 months	78.5
B. Between 12 and 24 months ago	9.4
C. More than 24 months ago	4.0
D. Never	1.0
E. Not sure	7.2

89. Has a doctor or nurse ever told you that you	
have asthma?	
A. Yes	21.6
B. No	73.5
C. Not sure	4.9

90. On an average school night, how many hours of sleep do you get?	
A. 4 or less hours	6.1
B. 5 hours	10.1
C. 6 hours	20.7
D. 7 hours	30.3
E. 8 hours	24.3
F. 9 hours	6.8
G. 10 or more hours	1.7

91. During the past 30 days, where did you usually sleep?	
A. In my parent's or guardian's home	95.4
B. In the home of a friend, family	1.8
member, or other person because I	
had to leave my home or my parent	
or guardian cannot afford housing	
C. In a shelter or emergency housing	0.5
D. In a motel or hotel	0.4
E. In a car, park, campground, or other	0.6
public place	
F. I do not have a usual place to sleep	0.6
G. Somewhere else	0.7

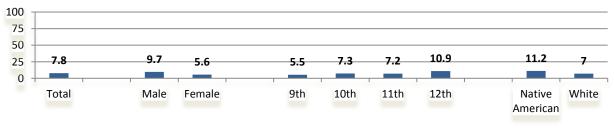
92. During the past 12 months, how would you describe your grades in school?	
A. Mostly A's	45.1
B. Mostly B's	32.7
C. Mostly C's	15.1
D. Mostly D's	3.2
E. Mostly F's	1.1
F. None of these grades	0.5
G. Not sure	2.2

93. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)	
A. 0 times	92.6
B. 1 or 2 times	3.4
C. 3 to 9 times	2.0
D. 10 to 19 times	1.1
E. 20 to 39 times	0.6
F. 40 or more times	0.5

94. During the past 12 months, did you receive help	
from a resource teacher, speech therapist, or	
other special education teacher at school?	
A. Yes	14.7
B. No	85.3

#### SEAT BELT USE - RIDER

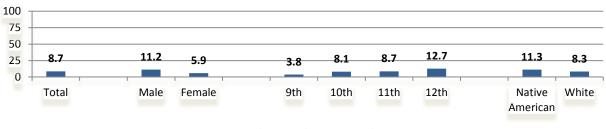
Statewide, 7.8 percent of Montana students never or rarely wore a seat belt when riding in a car driven by someone else.



# ■ Total/Gender/Grade level/Race

# **SEAT BELT USE - DRIVER**

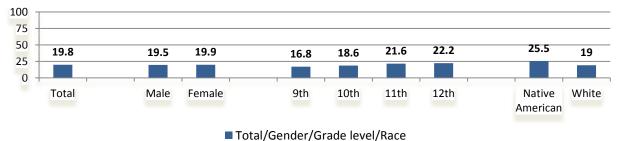
Among Montana students who drive a car, 8.7 percent never or rarely wear a seat belt when driving



# ■ Total/Gender/Grade level/Race

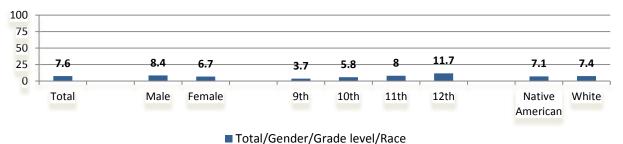
# RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL

During the past 30 days, 19.8 percent of students rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



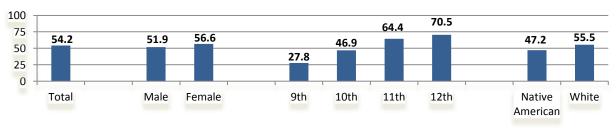
# DROVE WHEN DRINKING ALCOHOL

Among students who drove a car or other vehicle during the past 30 days, 7.6 percent drove when they had been drinking alcohol one or more times during the past 30 days.



# **TEXTING AND DRIVING**

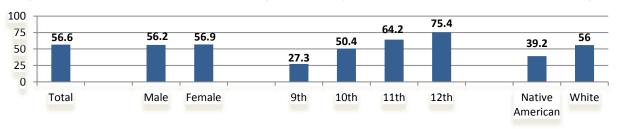
Among Montana students who drove a car or other vehicle during the past 30 days, 54.2 percent texted or e-mailed while driving.



■ Total/Gender/Grade level/Race

# **CELL PHONE USE AND DRIVING**

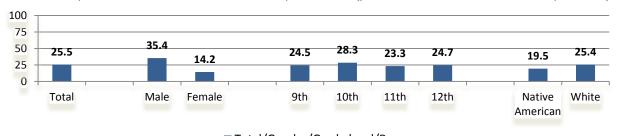
Among students who drove a car or other vehicle during the past 30 days, 56.6 percent talked on a cell phone while driving.



■ Total/Gender/Grade level/Race

# **CARRIED A WEAPON**

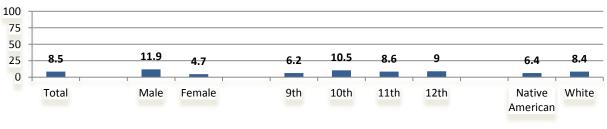
Statewide, 25.2 percent of Montana students carried a weapon such as a gun, knife, or club on one or more of the past 30 days.



■ Total/Gender/Grade level/Race

## CARRIED A WEAPON ON SCHOOL PROPERTY

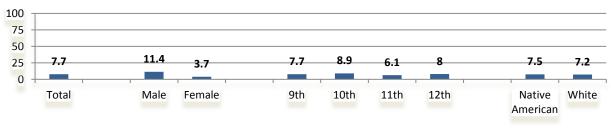
Statewide, 8.5 percent of Montana students carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days.



■ Total/Gender/Grade level/Race

# CARRIED A GUN

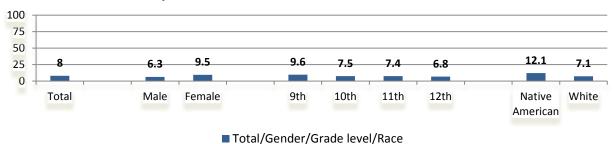
During the past 12 months, 7.7 percent of Montana students carried a gun on one or more days (not counting for hunting or for a sport such as target shooting).



# ■ Total/Gender/Grade level/Race

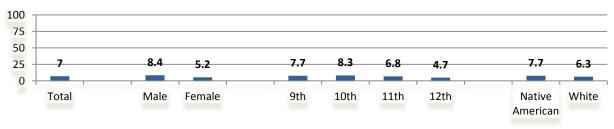
# DID NOT GO TO SCHOOL BECAUSE OF SAFETY CONCERNS

During the past 30 days, 8.0 percent of Montana students did not go to school on one or more days because they felt they would be unsafe at school or on their way to or from school.



# THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY

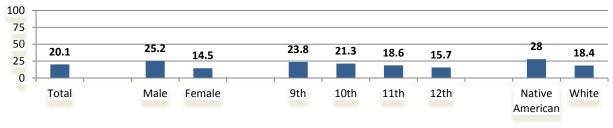
During the past 12 months, 7.0 percent of students had been threatened or injured, one or more times, with a weapon such as a gun, knife, or club on school property.



■ Total/Gender/Grade level/Race

# IN A PHYSICAL FIGHT

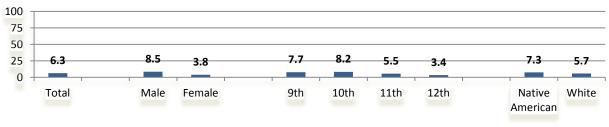
Statewide, 20.1 percent of Montana students were in a physical fight one or more times during the past 12 months.



■ Total/Gender/Grade level/Race

# IN A PHYSICAL FIGHT ON SCHOOL PROPERTY

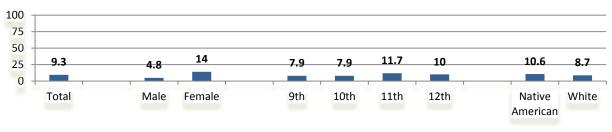
In Montana high schools, 6.3 percent of students were in a physical fight on school property one or more times during the past 12 months.



■ Total/Gender/Grade level/Race

## FORCED SEXUAL INTERCOURSE

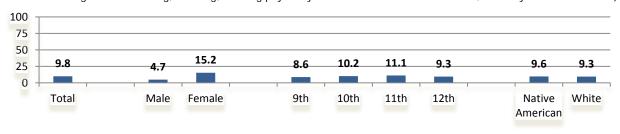
Statewide, 9.3 percent of Montana students had ever been physically forced to have sexual intercourse when they did not want to.



■ Total/Gender/Grade level/Race

# **SEXUAL VIOLENCE**

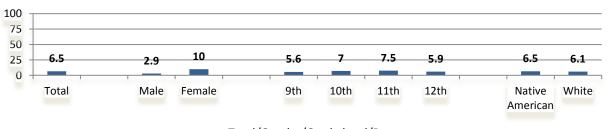
Statewide, 9.8 percent of Montana students had experienced sexual violence during the past 12 months (being forced by anyone to do sexual things such as kissing, touching, or being physically forced to have sexual intercourse, that they did not want to do).



■ Total/Gender/Grade level/Race

# **SEXUAL VIOLENCE - DATING**

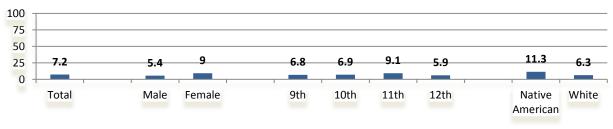
Among students who dated or went out with someone during the past 12 months, 6.5 percent of Montana students had been forced by someone they were dating or going out with to do sexual things they did not want to do.



■ Total/Gender/Grade level/Race

#### PHYSICAL VIOLENCE - DATING

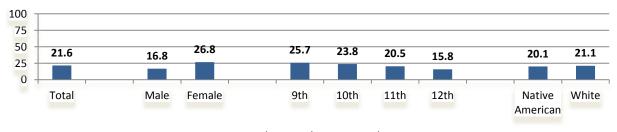
Among students who dated or went out with someone during the past 12 months, 7.2 percent had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months.



■ Total/Gender/Grade level/Race

# **BULLIED ON SCHOOL PROPERTY**

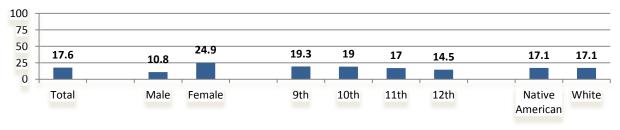
During the past 12 months, 21.6 percent of students had been bullied on school property.



■ Total/Gender/Grade level/Race

## **ELECTRONIC BULLYING**

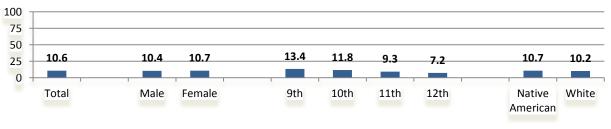
Statewide, 17.6 percent of Montana students had been electronically bullied during the past 12 months.



■ Total/Gender/Grade level/Race

#### **BULLYING AND SEXUAL ORIENTATION**

During the past 12 months, 10.6 percent of students have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual.

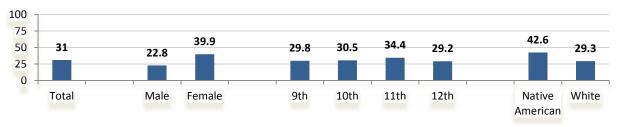


■ Total/Gender/Grade level/Race

# UNINTENTIONAL INJURIES AND VIOLENCE

# **FELT SAD OR HOPELESS**

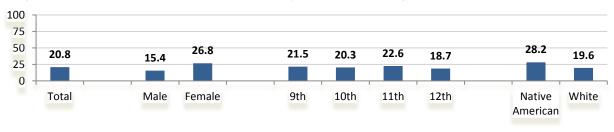
During the past 12 months, 31.0 percent of students felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.



■ Total/Gender/Grade level/Race

# SERIOUSLY CONSIDERED SUICIDE

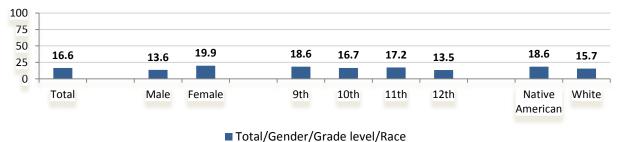
During the past 12 months, 20.8 percent of students seriously considered attempting suicide.



■ Total/Gender/Grade level/Race

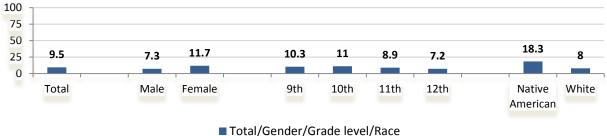
## MADE A SUICIDE PLAN

During the past 12 months, 16.6 percent of students made a plan about how they would attempt suicide.



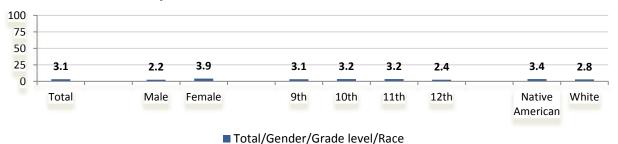
# ATTEMPTED SUICIDE

During the past 12 months, 9.5 percent of students actually attempted suicide one or more times.



# SUICIDE ATTEMPT TREATED BY A DOCTOR OR NURSE

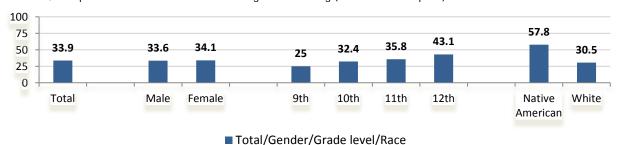
Statewide, 3.1 percent of students made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.



# Tobacco Use

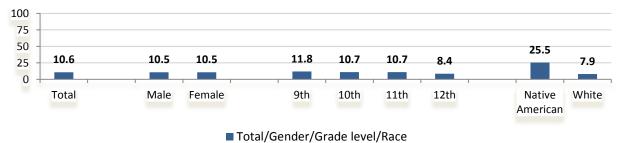
## LIFETIME CIGARETTE USE

Statewide, 33.9 percent of students had ever tried cigarette smoking (even one or two puffs).



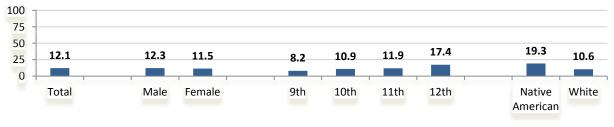
# FIRST TRIED CIGARETTE SMOKING BEFORE AGE 13 YEARS

Statewide, 10.6 percent of students had first tried cigarette smoking before age 13 years.



## **CURRENT SMOKER**

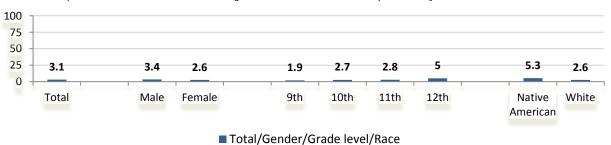
Statewide, 12.1 percent of students smoked cigarettes on one or more of the past 30 days.



■ Total/Gender/Grade level/Race

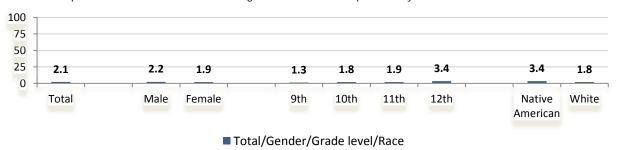
## FREQUENT SMOKER

Statewide, 3.1 percent of students had smoked cigarettes on 20 or more of the past 30 days.



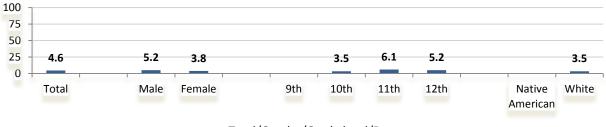
# **DAILY SMOKER**

Statewide, 2.1 percent of students had smoked a cigarette on each of the past 30 days.



# SMOKED MORE THAN 10 CIGARETTES PER DAY

Among students who reported current cigarette use, 4.6 percent smoked more than 10 cigarettes per day on the days they smoked during the past 30 days.

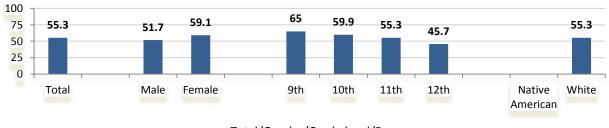


■ Total/Gender/Grade level/Race

Missing bar indicates fewer than 100 students in this subgroup

# TRIED TO QUIT SMOKING CIGARETTES

Among students who reported current cigarette use, 55.3 percent tried to quit smoking cigarettes during the past 12 months.

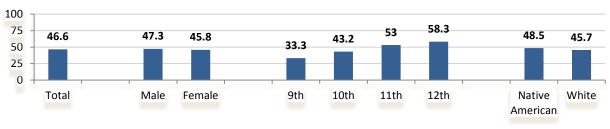


■ Total/Gender/Grade level/Race

Missing bar indicates fewer than 100 students in this subgroup

## LIFETIME ELECTRONIC VAPOR PRODUCT USE

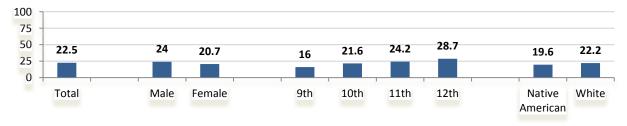
Statewide, 46.6 percent of students had ever used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vaping pens, e-hookahs, and hookah pens (such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo).



■ Total/Gender/Grade level/Race

# **CURRENT ELECTRONIC VAPOR PRODUCT USE**

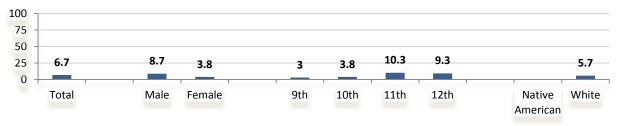
During the past 30 days, 22.5 percent of students used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vaping pens, e-hookahs, and hookah pens (such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo).



■ Total/Gender/Grade level/Race

# ACCESS TO ELECTRONIC VAPOR PRODUCTS

Among students who used electronic vapor products during the past 30 days, 6.7 percent usually got their own electronic vapor products by buying them in a store such as a convenience store, supermarket, discount store, gas station, or vape store.

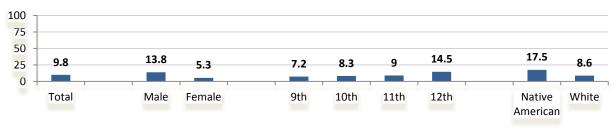


■ Total/Gender/Grade level/Race

Missing bar indicates fewer than 100 students in this subgroup

# **CURRENT SMOKELESS TOBACCO USE**

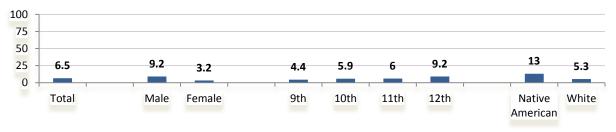
Among Montana high school students, 9.8 percent used chewing tobacco, snuff, dip, snus, or dissolvable tobacco products (such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs).



■ Total/Gender/Grade level/Race

# **CURRENT SMOKELESS TOBACCO USE ON SCHOOL PROPERTY**

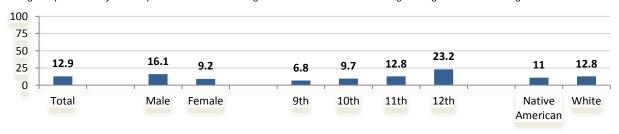
Among Montana high school students, 6.5 percent used chewing tobacco, snuff, dip, snus, or dissolvable tobacco products (such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs) on school property.



■ Total/Gender/Grade level/Race

# **CURRENT CIGAR USE**

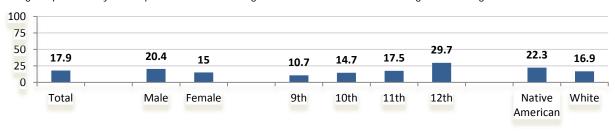
During the past 30 days, 12.9 percent of Montana high school students smoked cigars, cigarillos, or little cigars.



■ Total/Gender/Grade level/Race

# **CURRENT CIGARETTE OR CIGAR USE**

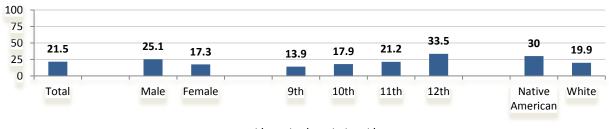
During the past 30 days, 17.9 percent of Montana high school students had smoked cigarettes or cigars.



■ Total/Gender/Grade level/Race

# CURRENT CIGARETTE, CIGAR OR SMOKELESS TOBACCO USE

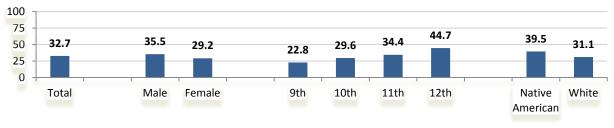
During the past 30 days, 21.5 percent of students smoked cigarettes or cigars or used smokeless tobacco.



■ Total/Gender/Grade level/Race

# CURRENT CIGARETTE, CIGAR, SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCT USE

During the past 30 days, 32.7 percent of Montana high school students had smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products.

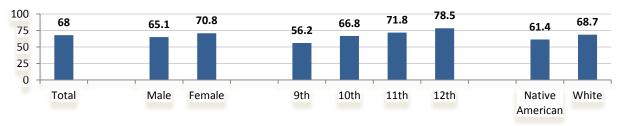


■ Total/Gender/Grade level/Race

# Alcohol and Other Drug Use

#### LIFETIME ALCOHOL USE

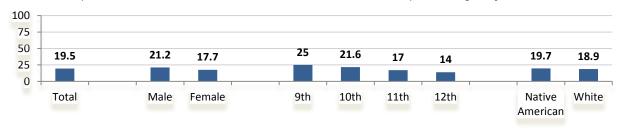
Statewide, 68.0 percent of students have had at least one drink of alcohol on one or more days during their life.



■ Total/Gender/Grade level/Race

# **DRANK ALCOHOL BEFORE AGE 13 YEARS**

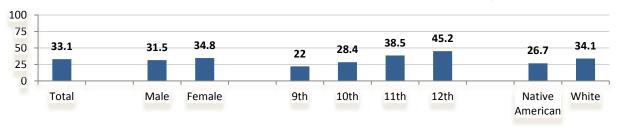
Statewide, 19.5 percent of students had their first drink of alcohol other than a few sips before age 13 years.



■ Total/Gender/Grade level/Race

## **CURRENT ALCOHOL USE**

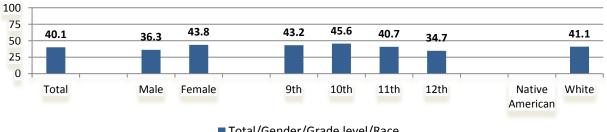
Statewide, 33.1 percent of students had at least one drink of alcohol on one or more of the past 30 days.



■ Total/Gender/Grade level/Race

# **OBTAINED ALCOHOL FROM SOMEONE**

Among students who reported current alcohol use, 40.1 percent usually got the alcohol they drank from someone who gave it to them during the past 30 days.



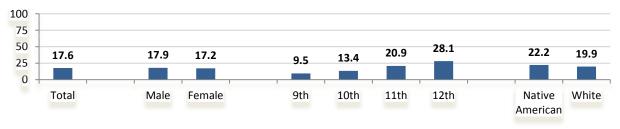
■ Total/Gender/Grade level/Race

Missing bar indicates fewer than 100 students in this subgroup

# Alcohol and Other Drug Use

## BINGE DRINKING

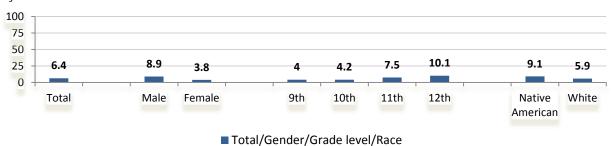
During the past 30 days, 17.6 percent of students had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours.



■ Total/Gender/Grade level/Race

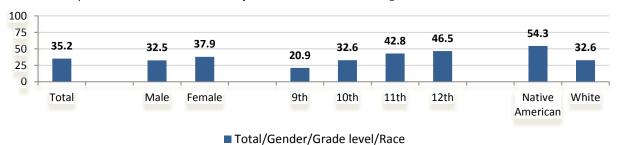
# 10 OR MORE DRINKS OF ALCOHOL

Statewide, 6.4 percent of students had ten or more drinks of alcohol in a row; that is, within a couple of hours during the past 30 days.



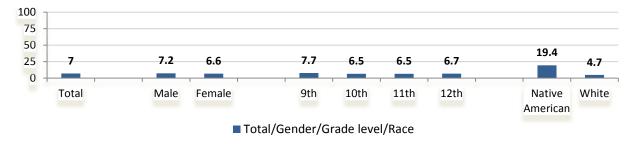
# LIFETIME MARIJUANA USE

Statewide, 35.2 percent of students had used marijuana one or more times during their life.



# TRIED MARIJUANA BEFORE AGE 13 YEARS

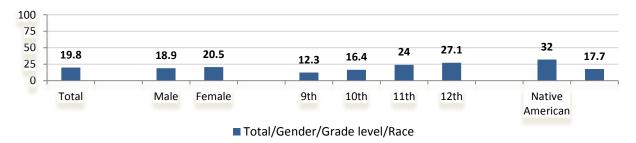
Statewide, 7.0 percent of students had tried marijuana for the first time before age 13 years.



# Alcohol and Other Drug Use

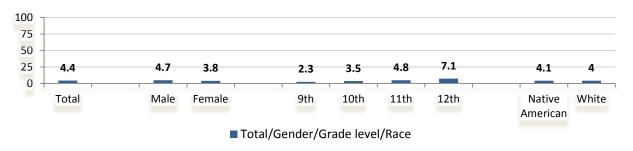
#### **CURRENT MARIJUANA USE**

During the past 30 days, 19.8 percent of Montana high school students used marijuana one or more times.



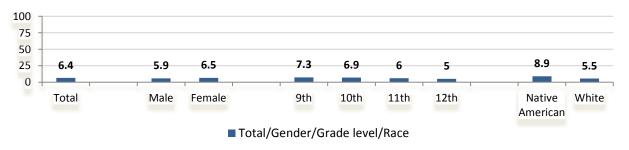
# LIFETIME COCAINE USE

Statewide, 4.4 percent of students used any form of cocaine, including powder, crack, or freebase one or more times during their life.



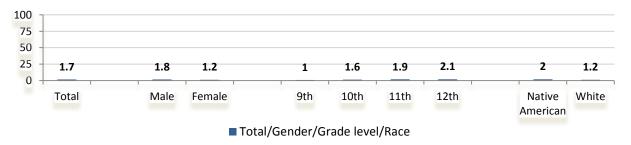
## LIFETIME INHALANT USE

Statewide, 6.4 percent of students sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life.



# LIFETIME HEROIN USE

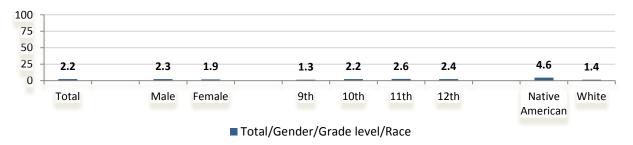
Statewide, 1.7 percent of students used heroin one or more times during their life.



# Alcohol and Other Drug Use

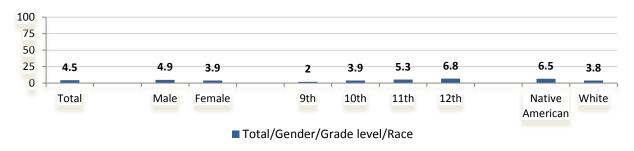
#### LIFETIME METHAMPHETAMINE USE

Statewide, 2.2 percent of students had used methamphetamines one or more times during their life.



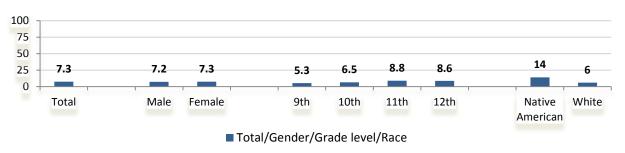
#### LIFETIME ECSTASY USE

Statewide, 4.5 percent of students used ecstasy one or more times during their life.



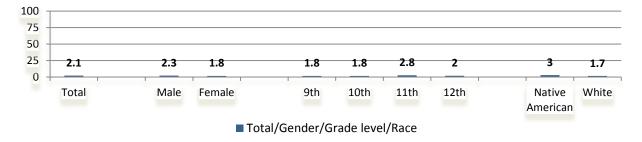
#### LIFETIME SYNTHETIC MARIJUANA

Statewide, 7.3 percent of students had ever used synthetic marijuana during their life.



#### **ILLEGAL STEROID USE**

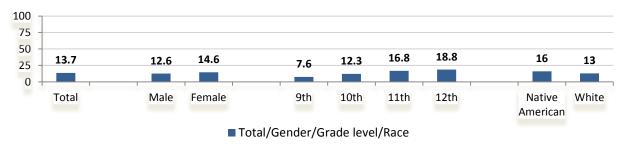
Statewide, 2.1 percent of students took steroid pills or shots without a doctor's prescription during their life.



# Alcohol and Other Drug Use

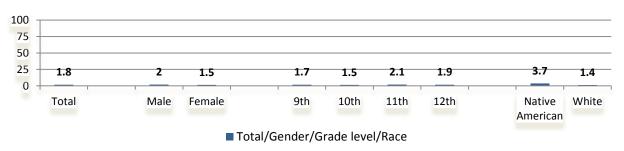
#### LIFETIME PRESCRIPTION PAIN MEDICINE

Statewide, 13.7 percent of students took prescription pain medicine (such as Vicodin, OxyContin, Hydrocodone and Percocet) without a doctor's prescription or differently than how a doctor told them to use it during their life.



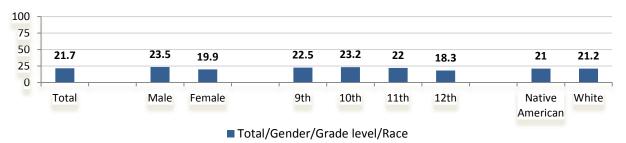
#### LIFETIME INJECTING DRUG USE

Statewide, 1.8 percent of students were offered, sold, or given an illegal drug by someone on school property during the past 12 months.



#### OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG ON SCHOOL PROPERTY

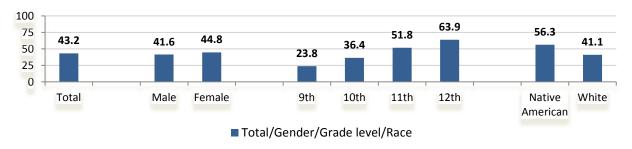
Statewide, 21.7 percent of students were offered, sold, or given an illegal drug by someone on school property during the past 12 months.



### **Sexual Behaviors**

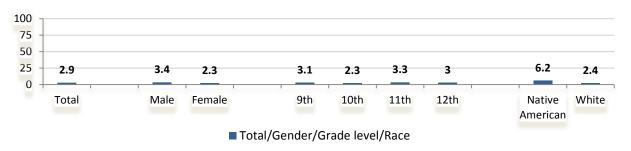
#### LIFETIME SEXUAL INTERCOURSE

Statewide, 43.2 percent of students have ever had sexual intercourse during their life.



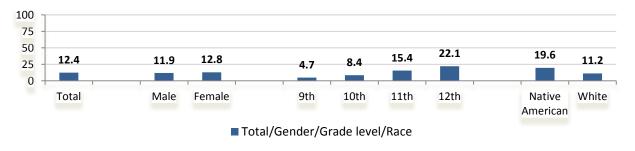
#### **SEXUAL INTERCOURSE BEFORE AGE 13 YEARS**

Statewide, 2.9 percent of students had sexual intercourse for the first time before age 13 years.



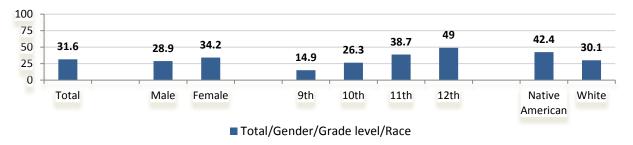
#### **MULTIPLE SEXUAL PARTNERS**

Among Montana high school students, 12.4 percent had sexual intercourse with four or more persons during their life.



#### **CURRENTLY SEXUALLY ACTIVE**

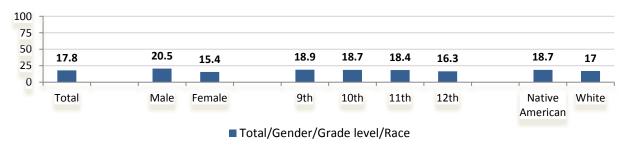
During the past three months, 31.6 percent of students had sexual intercourse with one or more people.



### **Sexual Behaviors**

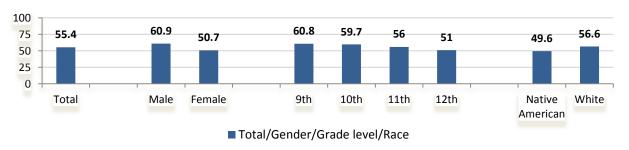
#### DRANK ALCOHOL OR USED DRUGS BEFORE LAST SEXUAL INTERCOURSE

Among students who had sexual intercourse during the past three months, 17.8 percent drank alcohol or used drugs before last sexual intercourse.



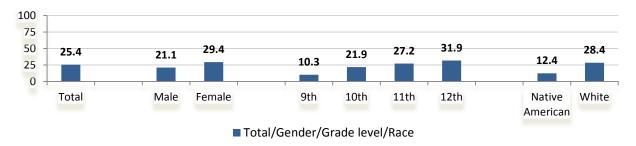
#### **CONDOM USE**

Among currently sexually active students, 55.4 percent used a condom during last sexual intercourse.



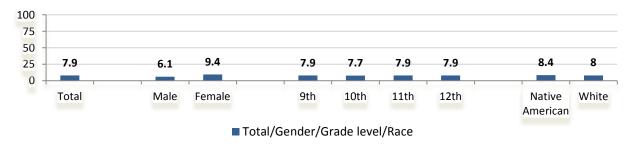
#### **BIRTH CONTROL PILL USE**

Among currently sexually active students, 25.4 percent used birth control pills to prevent pregnancy before last sexual intercourse.



#### CONTRACEPTIVE USE

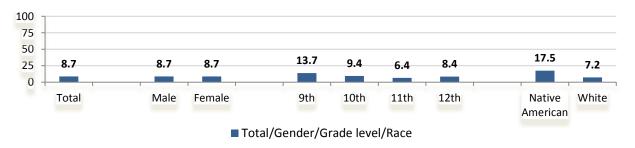
Among currently sexually active students, 7.9 percent used a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse.



### **Sexual Behaviors**

#### NO METHOD USED TO PREVENT PREGNANCY

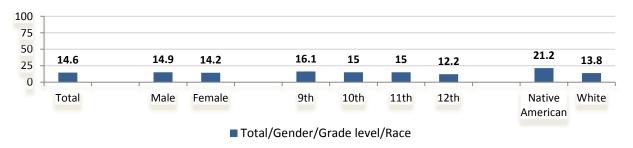
Among currently sexually active students, 8.7 percent used no method of birth control to prevent pregnancy before last sexual intercourse.



# **Dietary Behaviors and Nutrition**

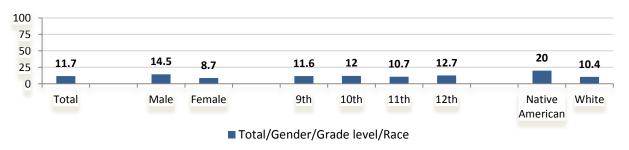
#### **OVERWEIGHT**

Statewide, 14.6 percent of students were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex).



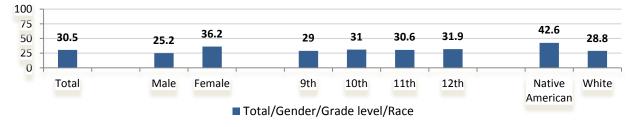
#### **OBESITY**

Statewide, 11.7 percent of students were obese (i.e., at or above the 95th percentile for body mass index, by age and sex).



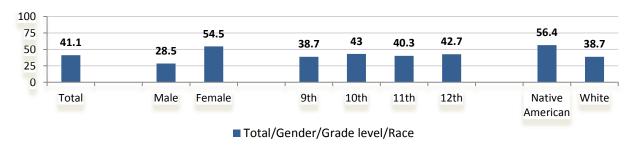
#### **DESCRIBED THEMSELVES AS OVERWEIGHT**

Statewide, 30.5 percent of students described themselves as slightly or very overweight.



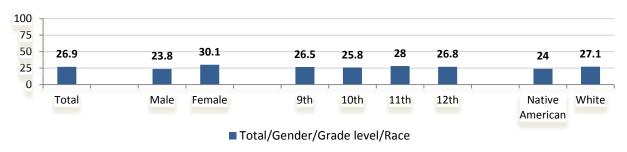
#### WERE TRYING TO LOSE WEIGHT

Statewide, 41.1 percent of students were trying to lose weight.



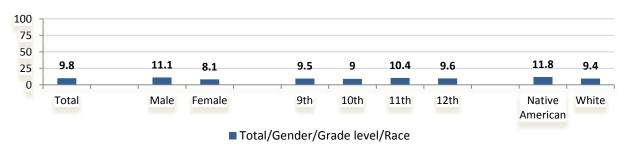
#### **100% FRUIT JUICES**

Statewide, 26.9 percent of students did not drink fruit juice during the past seven days.



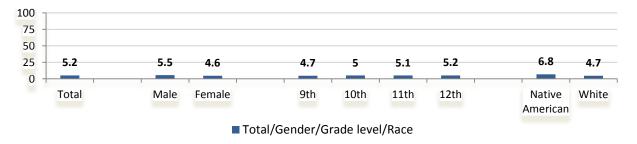
#### **FRUIT CONSUMPTION**

Statewide, 9.8 percent of students did not eat fruit on any of the past seven days.



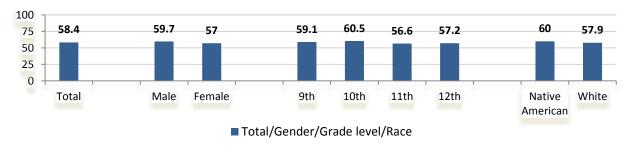
#### FRUIT OR FRUIT JUICES

Statewide, 5.2 percent of students did not eat fruit or drink 100% fruit juice on any of the past seven days.



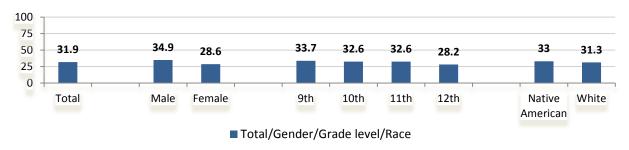
#### FRUIT OR FRUIT JUICES - DAILY

Statewide, 58.4 percent of students ate fruit or drank fruit juice each of the past seven days.



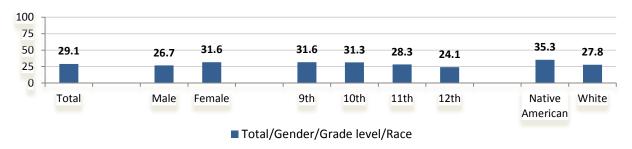
#### **GREEN SALAD**

Statewide, 31.9 percent of students did not eat a green salad on any of the past seven days.



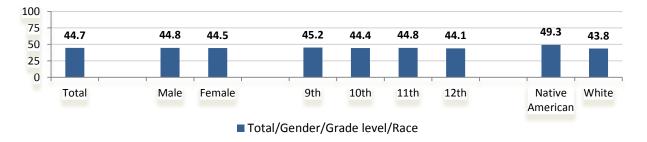
#### **POTATOES**

Statewide, 29.1 percent of students did not eat potatoes on any of the past seven days.



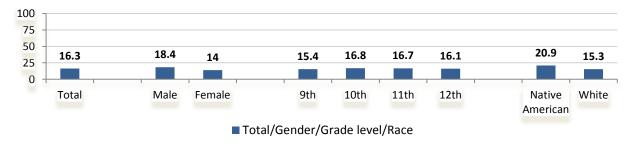
#### **CARROTS**

Statewide, 44.7 percent of students did not eat carrots on any of the past seven days.



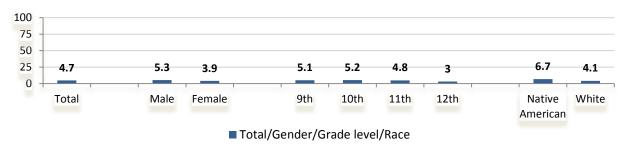
#### OTHER VEGETABLES

Statewide, 16.3 percent of students did not eat other vegetables during the past seven days.



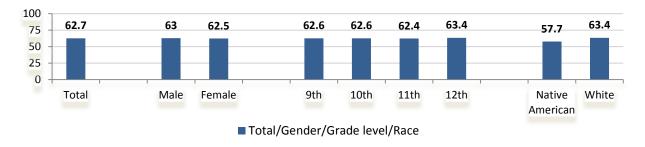
#### **NO VEGETABLES**

Statewide, 4.7 percent of students did not eat vegetables during the past seven days.



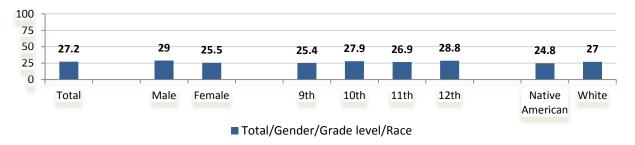
#### ATE VEGETABLES ONE OR MORE TIMES PER DAY

Statewide, 62.7 percent of students ate vegetables one or more times per day during the past seven days.



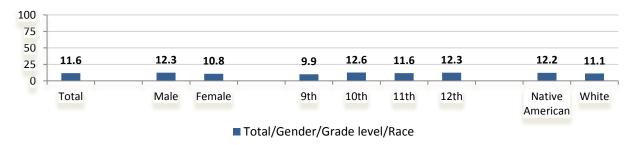
#### ATE VEGETABLES TWO OR MORE TIMES PER DAY

Statewide, 27.2 percent of students are vegetables two or more times per day during the past seven days.



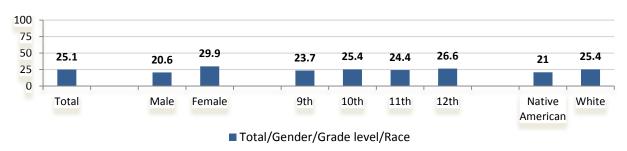
#### ATE VEGETABLES THREE OR MORE TIMES PER DAY

Statewide, 11.6 percent of students are vegetables three or more times per day during the past seven days.



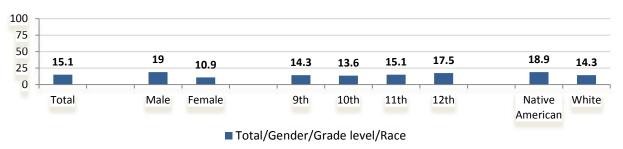
#### No Soda or Pop

Statewide, 25.1 percent of students did not drink a can, bottle, or glass of soda or pop during the past seven days.



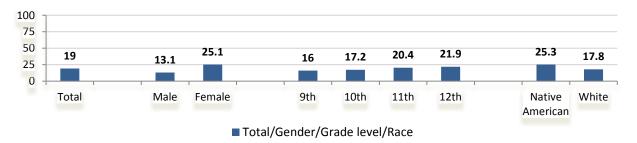
#### DRANK SODA OR POP DAILY

Statewide, 15.1 percent of students drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days.



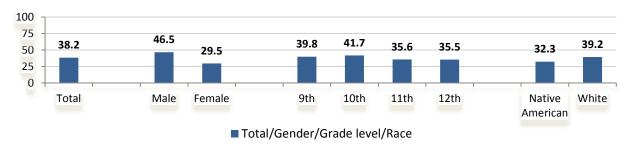
#### No MILK CONSUMPTION

Statewide, 19.0 percent of students did not drink milk during the past seven days.



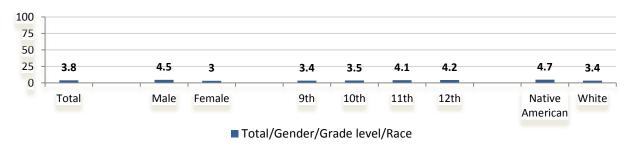
#### **DAILY MILK CONSUMPTION**

Statewide, 38.2 percent of students drank one or more glasses of milk per day during the past seven days.



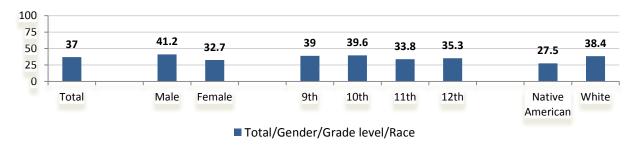
#### **DAILY ENERGY DRINK**

Statewide, 3.8 percent of students drank a can, bottle, or glass of an energy drink (such as Red Bull or Jolt) one or more times per day during the past seven days.



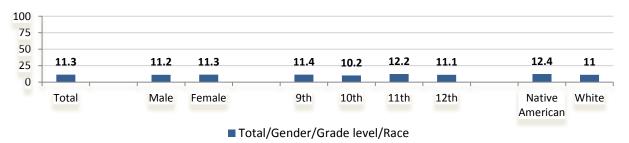
#### **DAILY BREAKFAST**

Statewide, 37.0 percent of students are breakfast on all of the past seven days.



#### No Breakfast

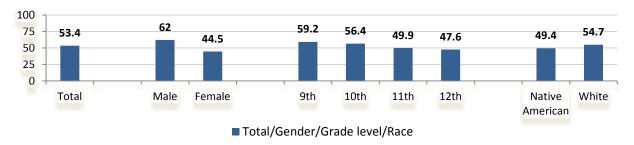
Statewide, 11.3 percent of students did not eat breakfast on any of the past seven days.



### **Physical Activity**

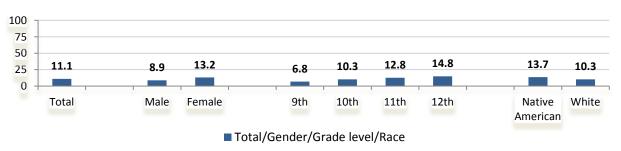
#### Met Recommended Levels of Physical Activity

Statewide, 53.4 percent of students were physically active for a total of at least 60 minutes per day on five or more of the past seven days.



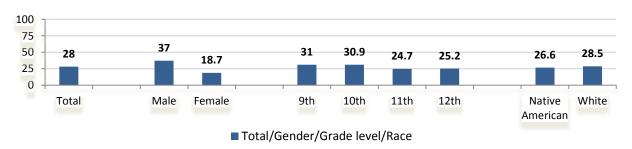
#### No Physical Activity

Statewide, 11.1 percent of students did not participate in at least 60 minutes of physical activity on any of the past seven days.



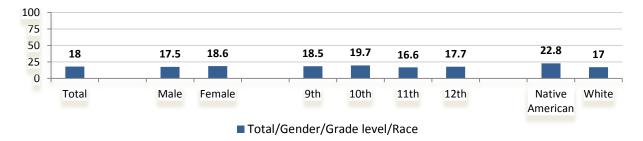
#### DAILY PHYSICAL ACTIVITY

Statewide, 28.0 percent of students were physically active at least 60 minutes per day on all of the past seven days.



#### WATCHED TV THREE OR MORE HOURS PER DAY

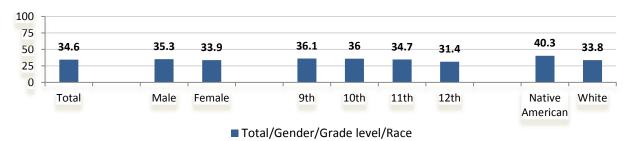
Statewide, 18.0 percent of students watched three or more hours of TV per day on an average school day.



## **Physical Activity**

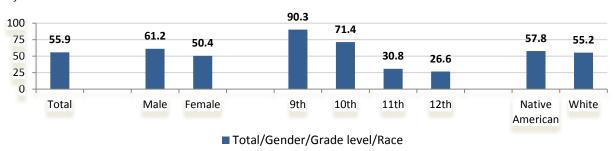
#### VIDEO GAMES OR COMPUTER USE THREE OR MORE HOURS PER DAY

Statewide, 34.6 percent of students played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day.



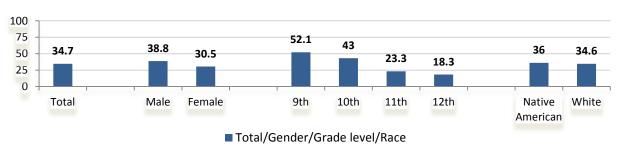
#### PHYSICAL EDUCATION ATTENDANCE

Statewide, 55.9 percent of students attended physical education (PE) classes on one or more days in an average week when they were in school.



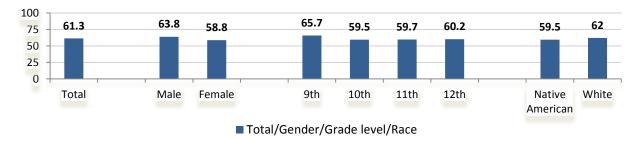
#### **DAILY PHYSICAL EDUCATION ATTENDANCE**

Statewide, 34.7 percent of students attended physical education (PE) classes daily in an average week when they were in school.



#### PLAYED ON AT LEAST ONE SPORTS TEAM

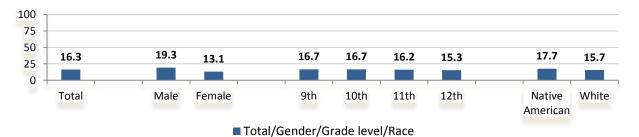
Statewide, 61.3 percent of students played on one or more sports teams during the past 12 months.



# **Physical Activity**

#### CONCUSSION

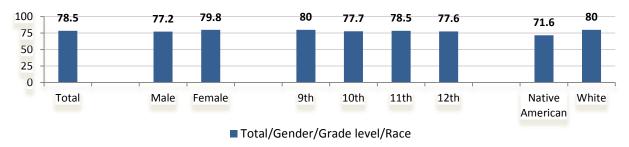
Statewide, 16.3 percent of students had a concussion from playing a sport or being physically active during the past 12 months.



### Other

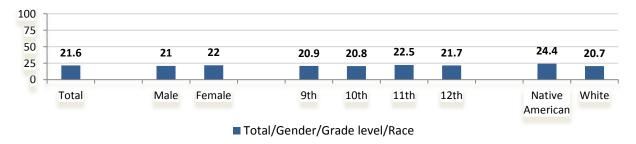
#### **DENTAL CARE**

Statewide, 78.5 percent of students saw a dentist during the past 12 months.



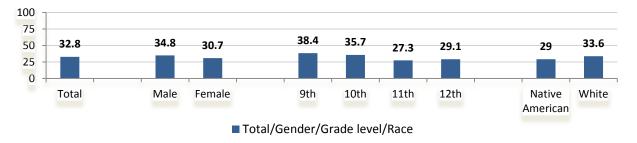
#### LIFETIME ASTHMA

Statewide, 21.6 percent of students had ever been told by a doctor or nurse that they had asthma.



#### **8 HOURS OF SLEEP**

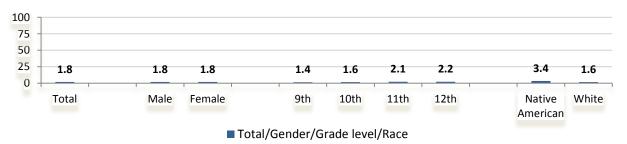
Statewide, 32.8 percent of students had 8 or more hours of sleep on an average school night.



#### Other

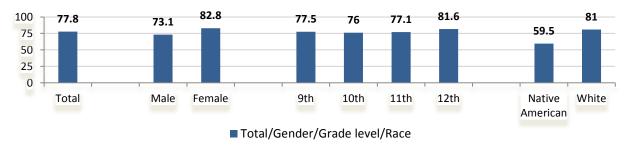
#### **HOMELESSNESS**

During the past 30 days, 1.8 percent of students usually slept in the home of a friend, family member, or other person because they had to leave their home or their parent or quardian cannot afford housing.



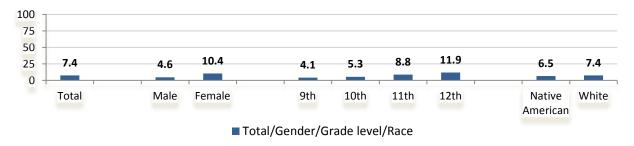
#### Mostly A's or B's

Statewide, 77.8 percent of students made mostly A's or B's in school during the past 12 months.



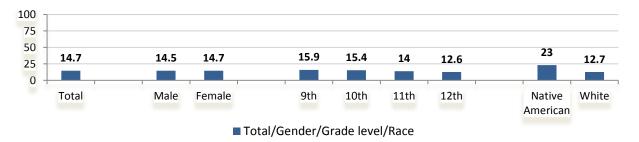
#### INDOOR TANNING DEVICES

Statewide, 7.4 percent of students used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months.



#### STUDENTS WITH SPECIAL NEEDS

Statewide, 14.7 percent of students received help from a resource teacher, speech therapist, or other special education teacher at school during the past 12 months.



ercentage of students who:								Change from
Injury and Violence	2007	2009	2011	2013	2015	2017	10-year Trend	Change from 2015-2017
Rarely or never wore a seat belt when riding in a car	14.2	13.1	11.2	10.1	9.5	7.8	Decreased	No change
Rarely or never wore a seat belt				11.4	8.2	8.7	Dograacad	No change
when driving a car				11.4	0.2	0.7	Decreased	No change
Rode with a <b>driver who had been</b>								
drinking alcohol during the past 30	32.9	28.8	26.1	24.5	23.0	19.8	Decreased	Decreased
days								
<b>Drove when drinking</b> alcohol during				12.6	10.9	7.6	Decreased	Decreased
the past 30 days								
<b>Texted</b> or e-mailed while driving a				55.8	54.6	54.2	No change	No change
car during the past 30 days								
Talked on a <b>cell phone</b> while driving during the past 30 days				61.3	58.1	56.6	Decreased	No change
	-							
Carried a <b>weapon</b> during the past 30 days	22.1	23.0	23.5	25.7	26.4	25.2	Increased	No change
Carried a weapon on school								
property during the past 30 days	9.7	7.9	9.3	9.9	10.6	8.5	No change	Decreased
Did not go to school because they								
felt unsafe at school or on their								
way to or from school during the	4.2	5.2	4.2	8.8	5.0	8.0	Increased	Increased
past 30 days								
Were threatened or injured with a								
weapon on school property during	7.0	7.4	7.5	6.3	5.5	7.0	No change	No change
the past 12 months							G	G
Were in a <b>physical fight</b> during the	22.0	24.7	25.4	22.0	22.4	20.4	D	D
past 12 months	32.8	31.7	25.4	22.8	22.4	20.1	Decreased	Decreased
Were in a physical fight on school	12.0	10.8	9.1	7.3	7.6	6.3	Decreased	No chango
property during the past 12 months	12.0	10.8	9.1	7.3	7.0	0.5	Decreased	No change
Were ever physically forced to have								
sexual intercourse when they did	8.8	9.2	9.8	8.7	8.7	9.3	No change	No change
not want to								
Experienced physical dating								
violence by someone they dated or				8.8	8.2	7.2	Decreased	No change
went out with during the past 12								Ü
months								
Experienced sexual dating violence				11 1	10.0	6.5	Doors	Doomstand
<b>by someone they dated</b> or went out with during the past 12 months				11.1	10.0	6.5	Decreased	Decreased
Were <b>bullied on school property</b>	<del>                                     </del>							
during the past 12 months		23.1	26.0	26.3	25.3	21.6	No change	Decreased
Were <b>electronically bullied</b> during	<del>                                     </del>							
the past 12 months			19.2	18.1	18.5	17.6	No change	No change
Have ever been the <b>victim of</b>								
teasing or name calling because								
someone thought they were gay,				13.2	14.7	10.6	No change	Decreased
lesbian, or bisexual during the past								
12 months								

ercentage of students who:								Change from
Injury and Violence	2007	2009	2011	2013	2015	2017	10-year Trend	2015-2017
Felt sad or hopeless for 2 or more							20 your mona	2020 2027
weeks in a row that they stopped	25.0	27.2	25.2	26.4	20.2	24.0		Nie elecces
doing some usual activities during	25.8	27.3	25.2	26.4	29.3	31.0	Increased	No change
the past 12 months								
Seriously considered attempting	15.1	17.4	15.2	16.8	18.8	20.8	Increased	No change
suicide during the past 12 months	15.1	17.4	15.2	10.8	10.0	20.6	increaseu	No change
Made a plan about how they would								
attempt suicide during the past 12	13.2	13.4	12.3	13.6	15.5	16.6	Increased	No change
months								
Attempted suicide during the past	7.9	7.7	6.5	7.9	8.9	9.5	Increased	No change
12 months	, .5	, , ,	0.5	,.5	0.5	3.3	cr casca	110 change
Had a <b>suicide attempt</b> result in an								
injury, poisoning, or overdose that	2.7	2.8	2.4	2.6	3.1	3.1	No change	No change
had to be treated by a doctor or a							0-	0
nurse during the past 12 months								
								Change from
Tobacco Use	2007	2009	2011	2013	2015	2017	10-year Trend	Change from 2015-2017
Ever tried <b>cigarette</b> smoking in their								
life	52.1	50.0	44.0	41.1	39.1	33.9	Decreased	Decreased
Currently smoked cigarettes, past								
30 days	1 20 0							
Ju days	20.0	18.7	16.5	15.2	13.1	12.1	Decreased	No change
Currently frequently smoked	20.0	18.7	16.5	15.2	13.1	12.1	Decreased	No change
	8.1	7.9	6.4	5.5	3.6	3.1	Decreased Decreased	No change  No change
Currently frequently smoked								
Currently frequently smoked cigarettes, 20 or more of the past	8.1	7.9	6.4	5.5	3.6	3.1	Decreased	No change
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days								
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes	8.1 5.2	7.9 5.9	6.4	5.5	3.6	3.1	Decreased Decreased	No change
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days	8.1	7.9	6.4	5.5	3.6	3.1	Decreased	No change
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days  Tried to quit smoking cigarettes	8.1 5.2 7.7	7.9 5.9 4.0	6.4 4.7 6.9	5.5 3.7 5.7	3.6 2.2 5.5	3.1 2.1 4.6	Decreased  Decreased  No change	No change  No change  No change
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days  Tried to quit smoking cigarettes during the past 12 months	8.1 5.2	7.9 5.9	6.4	5.5	3.6	3.1	Decreased Decreased	No change
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days  Tried to quit smoking cigarettes during the past 12 months  Ever used an electronic vapor	8.1 5.2 7.7	7.9 5.9 4.0	6.4 4.7 6.9	5.5 3.7 5.7	3.6 2.2 5.5 50.0	3.1 2.1 4.6 55.3	Decreased  Decreased  No change  No change	No change  No change  No change  No change
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days  Tried to quit smoking cigarettes during the past 12 months  Ever used an electronic vapor product in their life	8.1 5.2 7.7	7.9 5.9 4.0	6.4 4.7 6.9	5.5 3.7 5.7	3.6 2.2 5.5	3.1 2.1 4.6	Decreased  Decreased  No change	No change  No change  No change
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days  Tried to quit smoking cigarettes during the past 12 months  Ever used an electronic vapor product in their life  Currently used an electronic vapor	8.1 5.2 7.7	7.9 5.9 4.0	6.4 4.7 6.9	5.5 3.7 5.7	3.6 2.2 5.5 50.0	3.1 2.1 4.6 55.3	Decreased  Decreased  No change  No change	No change  No change  No change  No change
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days  Tried to quit smoking cigarettes during the past 12 months  Ever used an electronic vapor product in their life  Currently used an electronic vapor product	8.1 5.2 7.7	7.9 5.9 4.0	6.4 4.7 6.9	5.5 3.7 5.7	3.6 2.2 5.5 50.0 51.1	3.1 2.1 4.6 55.3 46.6	Decreased  No change  No change  Decreased	No change No change No change Decreased
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days  Tried to quit smoking cigarettes during the past 12 months  Ever used an electronic vapor product in their life  Currently used an electronic vapor product  Currently smoked cigars, past 30	8.1 5.2 7.7 55.0	7.9 5.9 4.0	6.4 4.7 6.9 56.2	5.5 3.7 5.7 52.6	3.6 2.2 5.5 50.0 51.1	3.1 2.1 4.6 55.3 46.6 22.5	Decreased  No change  No change  Decreased	No change No change No change Decreased Decreased
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days  Tried to quit smoking cigarettes during the past 12 months  Ever used an electronic vapor product in their life  Currently used an electronic vapor product  Currently smoked cigars, past 30 days	8.1 5.2 7.7	7.9 5.9 4.0 54.6	6.4 4.7 6.9	5.5 3.7 5.7	3.6 2.2 5.5 50.0 51.1 29.5	3.1 2.1 4.6 55.3 46.6	Decreased  No change  No change  Decreased  Decreased	No change No change No change Decreased
Currently frequently smoked cigarettes, 20 or more of the past 30 days  Currently smoked cigarettes daily, all of the past 30 days  Smoked more than 10 cigarettes per day during the past 30 days  Tried to quit smoking cigarettes during the past 12 months  Ever used an electronic vapor product in their life  Currently used an electronic vapor product  Currently smoked cigars, past 30	8.1 5.2 7.7 55.0	7.9 5.9 4.0 54.6	6.4 4.7 6.9 56.2	5.5 3.7 5.7 52.6	3.6 2.2 5.5 50.0 51.1 29.5	3.1 2.1 4.6 55.3 46.6 22.5	Decreased  No change  No change  Decreased  Decreased	No change No change No change Decreased Decreased

Alcohol and Other Drug Use	2007	2009	2011	2013	2015	2017	10-year Trend	Change from 2015-2017
Ever drank <b>alcohol</b> during their life	77.8	75.7	72.8	70.5	69.9	68.0	Decreased	No change
Drank alcohol before age 13 years	25.9	24.0	21.4	19.9	19.6	19.5	Decreased	No change
Currently drank alcohol, during the past 30 days	46.5	42.8	38.3	37.1	34.2	33.1	Decreased	No change
Usually obtained the alcohol they drank by <b>someone giving</b> it to them	38.9	37.9	34.1	36.3	34.9	40.1	No change	Increased
Ever used <b>marijuana</b> in their life	39.1	42.2	39.2	37.6	37.5	35.2	Decreased	No change
Tried marijuana before age 13 years	9.5	9.7	8.0	7.9	8.0	7.0	Decreased	No change
<b>Currently</b> used marijuana, past 30 days	21.0	23.1	21.2	21.0	19.5	19.8	Decreased	No change
Ever used <b>cocaine</b> in their life	8.3	7.2	6.1	6.4	5.2	4.4	Decreased	No change
Ever used <b>inhalants</b> in their life	16.2	14.2	11.6	9.9	8.0	6.4	Decreased	Decreased
Ever used <b>heroin</b> in their life	2.5	3.0	2.6	2.6	2.1	1.7	Decreased	No change
Ever used <b>methamphetamines</b> in their life	4.6	3.1	3.1	3.6	3.0	2.2	Decreased	Decreased
Ever used <b>ecstasy</b> in their life	6.0	7.3	8.2	8.2	6.1	4.5	Decreased	Decreased
Ever used <b>synthetic marijuana</b> in their life					9.6	7.3	Decreased	Decreased
Ever took <b>steroids</b> in their life	2.8	3.9	2.9	2.6	2.5	2.1	Decreased	No change
Ever <b>injected any illegal drug</b> in their life	2.0	3.7	2.0	2.4	1.7	1.8	No change	No change
Were offered, sold, or given an illegal drug on school property during the past 12 months	24.9	20.7	25.2	22.8	21.7	21.7	Decreased	No change
Sexual Behaviors	2007	2009	2011	2013	2015	2017	10-year Trend	Change from 2015-2017
Ever had <b>sexual intercourse</b> in their life	45.7	47.6	47.9	46.0	44.0	43.2	Decreased	No change
Had sexual intercourse <b>before age</b> 13 years	5.1	5.7	4.4	4.3	3.1	2.9	Decreased	No change
Had sexual intercourse with <b>four or more persons</b> in their life	13.7	16.0	15.0	14.7	13.4	12.4	Decreased	No change
Were currently sexually active, past 3 months	31.2	32.2	34.7	34.1	32.3	31.6	No change	No change
Drank <b>alcohol or used drugs</b> before last sexual intercourse	26.0	25.7	21.1	21.7	19.7	17.8	Decreased	No change
Used a <b>condom</b> during last sexual intercourse	63.3	67.5	62.4	61.5	59.2	55.4	Decreased	No change
Used <b>birth control pills</b> before last sexual intercourse	23.4	27.4	21.4	24.9	27.1	25.4	No change	No change
Used an <b>IUD</b> before last sexual intercourse			6.8	1.9	4.2	7.2	Increased	Increased
Used a <b>shot</b> , <b>patch</b> , <b>or birth control ring</b> during last sexual intercourse				6.3	6.6	7.9	No change	No change
Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual				33.2	37.9	40.6	Increased	No change

Used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse.  Did not use any method to prevent pregnancy during last sexual intercourse.  Weight Management and Dietary Behaviors 2007 2009 2011 2013 2015 2017 10-year Trend 2015-2017 Were overweight 13.3 11.8 12.9 12.9 15.0 14.6 Increased No change Described themselves as slightly or very overweight 29.1 10.3 8.5 9.4 10.3 11.7 No change No change Described themselves as slightly or very overweight 43.6 41.6 40.1 41.4 40.7 41.1 Decreased No change Did not drink 100% fruit juice during the past 7 days  Did not eat fruit or drink 100% fruit pice during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables two or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Did not eat ordinate two or more times per day during the past 7 days  Did not eat ordinate two or more times per day during the past 7 days  Did not eat ordinate two or more times per day during the past 7 days  Did not eat ordinate a can, bottle, or glass of soda or pop our or more times p	Sexual Behaviors	2007	2009	2011	2013	2015	2017	10-year Trend	Change from 2015-2017
implant; or a shot, patch, or birth control ring before last sexual intercourse  Did not use any method to prevent pregnancy during last sexual intercourse  Weight Management and Dietary Behaviors  Were overweight  Were overweight  Were overweight  Were overweight  Were trying to lose weight  Were trying to lose weight  Word uring the past 7 days  Did not eat fruit or drink 100% fruit juice during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables one or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not drink the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day of uring the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day of uring the past 7 days  Did not eat green salad, carrots, or other other per day of uring the past 7 days  Did not eat green salad, carrots, or other other per day of uring the past 7 days  Did not eat green salad, carrots, or other other per day of uring the past 7 days  Did not	Used <b>both</b> a condom during and							-	
Control ring before last sexual intercourse   1.1.1   1.1.2   1.1.3   1.1.4   1.1.4   1.1.5	birth control pills; an IUD or								
Did not use any method to prevent pregnancy during last sexual intercourse	implant; or a shot, patch, or birth				13.1	15.2	14.6	No change	No change
Did not use any method to prevent pregnancy during last sexual intercourses   11.1   6.4   8.5   7.6   8.8   8.7   No change   No change   No change   No change	control ring before last sexual								
No change   No c	intercourse								
No change   No c	Did <b>not use any method</b> to prevent								
Mere dynamagement and   Dietary Behaviors   2007   2009   2011   2013   2015   2017   10-year Trend   2015-2017   2015-2015   2015-2017   2015-2015   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2015   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2015   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2017   2015-2015		11.1	6.4	8.5	7.6	8.8	8.7	No change	No change
Dietary Behaviors         2007         2009         2011         2013         2015         2017         10-year Trend         2015-2017           Were overweight         13.3         11.8         12.9         12.0         15.0         14.6         Increased         No change           Described themselves as slightly or very overweight         29.1         28.9         26.3         27.7         29.5         30.5         No change         No change           Were trying to lose weight         43.6         41.6         40.1         41.4         40.7         41.1         Decreased         No change           Were trying to lose weight         43.6         41.6         40.1         41.4         40.7         41.1         Decreased         No change           10 do of wink 100% fruit juice         17.8         20.0         17.7         22.1         24.2         26.9         Increased         No change           Did not eat fruit during the past 7 days         11.1         11.2         10.1         8.8         9.7         9.8         Decreased         No change           Did not eat fruit or drink 100% fruit juice during the past 7 days         4.7         5.2         4.0         4.1         5.1         5.2         No change         No change	1								
Dietary Behaviors         2007         2009         2011         2013         2015         2017         10-year Trend         2015-2017           Were overweight         13.3         11.8         12.9         12.0         15.0         14.6         Increased         No change           Described themselves as slightly or very overweight         29.1         28.9         26.3         27.7         29.5         30.5         No change         No change           Were trying to lose weight         43.6         41.6         40.1         41.4         40.7         41.1         Decreased         No change           Did not drink 100% fruit juice during the past 7 days         17.8         20.0         17.7         22.1         24.2         26.9         Increased         No change           Did not eat fruit during the past 7 days         11.1         11.2         10.1         8.8         9.7         9.8         Decreased         No change           Did not eat fruit or drink 100% fruit juice during the past 7 days         4.7         5.2         4.0         4.1         5.1         5.2         No change         No change           Did not eat green salad during the past 7 days         29.6         28.6         28.7         29.8         32.9         1.0         Incr									
Dietary Behaviors         2007         2009         2011         2013         2015         2017         10-year Trend         2015-2017           Were overweight         13.3         11.8         12.9         12.0         15.0         14.6         Increased         No change           Described themselves as slightly or very overweight         29.1         28.9         26.3         27.7         29.5         30.5         No change         No change           Were trying to lose weight         43.6         41.6         40.1         41.4         40.7         41.1         Decreased         No change           Did not drink 100% fruit juice during the past 7 days         17.8         20.0         17.7         22.1         24.2         26.9         Increased         No change           Did not eat fruit during the past 7 days         11.1         11.2         10.1         8.8         9.7         9.8         Decreased         No change           Did not eat fruit or drink 100% fruit juice during the past 7 days         4.7         5.2         4.0         4.1         5.1         5.2         No change         No change           Did not eat green salad during the past 7 days         29.6         28.6         28.7         29.8         32.9         1.0         Incr	Weight Management and								Change from
Were overweight         13.3         11.8         12.9         12.9         15.0         14.6         Increased         No change           Were obese         10.1         10.3         8.5         9.4         10.3         11.7         No change         No change           Described themselves as slightly or very overweight         29.1         28.9         26.3         27.7         29.5         30.5         No change         No change           Were trying to lose weight         43.6         41.6         40.1         41.4         40.7         41.1         Decreased         No change           Did not drink 100% fruit juice during the past 7 days         11.1         11.2         10.1         8.8         9.7         9.8         Decreased         No change           Did not eat fruit or drink 100% fruit juice during the past 7 days         4.7         5.2         4.0         4.1         5.1         5.2         No change         No change           Did not eat a fruit during the past 7 days         29.6         28.6         28.7         29.8         32.5         31.9         Increased         No change           Did not eat specessalad during the past 7 days         26.2         27.1         25.5         26.7         27.6         29.1         Increased		2007	2009	2011	2013	2015	2017	10-year Trend	_
No change   No c	-								No change
Described themselves as slightly or very overweight  Were trying to lose weight  43.6 41.6 40.1 41.4 40.7 41.1 Decreased No change Did not drink 100% fruit juice during the past 7 days  Did not drink 100% fruit juice during the past 7 days  Did not eat fruit during the past 7 days  Did not eat fruit or drink 100% fruit juice during the past 7 days  Did not eat fruit or drink 100% fruit juice during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables one or more times per day during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables two or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables two or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables two or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables two or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables two or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables two or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop during the past 7 days  Drank a can, bottle, or gla		<del>                                     </del>							
very overweight29.128.928.327.729.530.5No changeNo changeWere trying to lose weight43.641.640.141.440.741.1DecreasedNo changeDid not drink 100% fruit juice during the past 7 days17.820.017.722.124.226.9IncreasedIncreasedDid not eat fruit during the past 7 days11.111.210.18.89.79.8DecreasedNo changeDid not eat af rout or drink 100% fruit juice during the past 7 days29.628.628.729.832.531.9IncreasedNo changeDid not eat a green salad during the past 7 days26.227.125.526.727.629.1IncreasedNo changeDid not eat potatoes during the past 7 days42.740.742.841.543.244.7No changeNo changeDid not eat carrots during the past 7 days15.015.414.113.715.316.3No changeNo changeDid not eat green salad, carrots, or other vegetables during the past 7 days3.94.53.53.95.14.7No changeNo changeDid not eat green salad, carrots, or other vegetables one or more times per day during the past 7 days64.966.166.566.866.062.7No changeNo changeAte vegetables two or more times per day during the past 7 days11.713.111.913.213.311.6No changeDecreasedDid not dri		10.1	10.5	0.5	3.4	10.5	11.7	140 change	140 change
Did not drink 100% fruit juice during the past 7 days  Did not eat fruit during the past 7 days  Did not eat fruit or drink 100% fruit juice days  Did not eat fruit or drink 100% fruit juice during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a preen salad during the past 7 days  Did not eat a preen salad during the past 7 days  Did not eat a preen salad during the past 7 days  Did not eat a preen salad during the past 7 days  Did not eat carrots during the past 7 days  Did not eat carrots during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop two or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop two or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of s		29.1	28.9	26.3	27.7	29.5	30.5	No change	No change
during the past 7 days  17.8   20.0   17.7   22.1   24.2   26.9   Increased	Were trying to lose weight	43.6	41.6	40.1	41.4	40.7	41.1	Decreased	No change
Did not eat fruit during the past 7 days  Did not eat fruit during the past 7 days  Did not eat fruit or drink 100% fruit juice during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a preash salad during the past 7 days  Did not eat a preash salad during the past 7 days  Did not eat a preash salad during the past 7 days  Did not eat a carrots during the past 7 days  Did not eat carrots during the past 7 days  Did not eat carrots during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables two or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables two or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day	Did not drink 100% fruit juice	17.0	20.0	177	22.4	24.2	20.0	Imanagad	lucusasad
Did not eat protected during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a protected during the past 7 days  Did not eat a protected during the past 7 days  Did not eat a protected during the past 7 days  Did not eat a protected during the past 7 days  Did not eat carrots during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop time or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop tow or more times per day  Drank a can, bottle, or glass of soda or pop tow or more times per day  Drank a can, bottle, or glass of soda or pop time or more times per day  Drank a can, bottle, or glass of soda or pop times per day  Drank a can, bottle, or glass of soda or pop times per day  Drank a can, bottle, or glass of soda or pop times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more time	during the past 7 days	17.8	20.0	1/./	22.1	24.2	26.9	increased	increased
Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat a green salad during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat carrots during the past 7 days  Did not eat carrots during the past 7 days  Did not eat carrots during the past 7 days  Did not eat carrots during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not days  Ate vegetables three or more times per day during the past 7 days  Did not days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not days  Ate vegetables three or more times per day during the past 7 days  Did not days  Did not eat green salad, carrots, or or other vegetables during the past 7 days  Did not eat green salad, carrots, or or other vegetables one or more times per day during the past 7 days  Did not eat green salad, carrots, or or other vegetables one or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day	Did not eat <b>fruit</b> during the past 7	44.4	44.2	10.1	0.0	0.7	0.0	D	NIb
juice during the past 7 days4.75.24.04.15.15.2No changeNo changeDid not eat a green salad during the past 7 days29.628.628.729.832.531.9IncreasedNo changeDid not eat potatoes during the past 7 days26.227.125.526.727.629.1IncreasedNo changeDid not eat carrots during the past 7 days42.740.742.841.543.244.7No changeNo changeDid not eat other vegetables during the past 7 days15.015.414.113.715.316.3No changeNo changeDid not eat green salad, carrots, or other vegetables one or more times per day during the past 7 days4.53.53.95.14.7No changeNo changeAte vegetables one or more times per day during the past 7 days64.966.166.566.866.062.7No changeDecreasedAte vegetables two or more times per day during the past 7 days26.229.228.529.428.527.2No changeNo changeDid not drink a can, bottle, or glass of soda or pop during the past 7 days11.713.111.913.213.311.6No changeDecreasedDrank a can, bottle, or glass of soda or pop or more times per day during the past 7 days26.225.723.418.218.615.1DecreasedDecreasedDrank a can, bottle, or glass of soda or pop two or more times per day16.414.614.614.6 <td< td=""><td>days</td><td>11.1</td><td>11.2</td><td>10.1</td><td>8.8</td><td>9.7</td><td>9.8</td><td>Decreased</td><td>No change</td></td<>	days	11.1	11.2	10.1	8.8	9.7	9.8	Decreased	No change
Did not eat a green salad during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat potatoes during the past 7 days  Did not eat carrots during the past 7 days  Did not eat carrots during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables one or more times per day during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop one or more times per day  Did not eat green salad, carrots, or other vegetables three or more times per day during the past 7 days  Did not eat other vegetables three or more times per day during the past 7 days  Did not eat other vegetables three or more times per day during the past 7 days  Did not eat other vegetables three or more times per day during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables two or more times per day  Decreased	Did not eat fruit or drink 100% fruit			4.0		- 4			
Did not eat a green salad during the past 7 days  Did not eat potatoes during the past 7 days  26.2 27.1 25.5 26.7 27.6 29.1 Increased No change  Did not eat carrots during the past 7 days  Did not eat carrots during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not eat other vegetables one or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables one or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not eat green salad, carrots, or other vegetables one or more times per day during the past 7 days  Did not eat other vegetables during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not eat other vegetables three or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Decreased  Decreased  Decreased  Decreased  Decreased  Decreased		4./	5.2	4.0	4.1	5.1	5.2	No change	No change
Did not eat potatoes during the past 7 days  Did not eat carrots during the past 7 days  Did not eat carrots during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Decreased  Decreased  Decreased  Decreased  Decreased		20.5	20.0		20.0	22 -	24.0		
Did not eat potatoes during the past 7 days  Did not eat carrots during the past 7 days  Did not eat carrots during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Decreased		29.6	28.6	28.7	29.8	32.5	31.9	Increased	No change
Did not eat carrots during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Dra	-		_					_	_
Did not eat carrots during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day	I	26.2	27.1	25.5	26.7	27.6	29.1	Increased	No change
Did not eat other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day									
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the past 7 days  Did not eat green salad, carrots, or other vegetables during the past 7 days  Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day	,	_			_				_
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Ate vegetables one or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables two or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  16.4 14.6 14.6 10.7 10.7 8.6 Decreased  Decreased								0-1	0 .
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Ate vegetables three or more times per day during the past 7 days  Ate vegetables three or more times per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop one or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  Decreased  Decreased  Decreased  Decreased									
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per day during the past 7 days  Did not drink a can, bottle, or glass of soda or pop during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop two or more times per day  Drank a can, bottle, or glass of soda or pop two or more times per day  11.7 13.1 11.9 13.2 13.3 11.6 No change  Decreased  No change  Decreased  Decreased  Decreased		<b>.</b>							
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of soda or pop during the past 7 20.1 18.5 19.3 26.3 25.7 25.1 Increased No change  Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop two or more times per day 16.4 14.6 14.6 14.6 10.7 10.7 8.6 Decreased  Decreased Decreased									
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Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days  Drank a can, bottle, or glass of soda or pop two or more times per day  16.4 14.6 14.6 10.7 10.7 8.6 Decreased  Decreased  Decreased	1								
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during the past 7 days  Drank a can, bottle, or glass of soda  or pop two or more times per day  16.4 14.6 14.6 10.7 10.7 8.6 Decreased  Decreased		26.2	25.7	23.4	18.2	18.6	15.1	Decreased	Decreased
Drank a can, bottle, or glass of <b>soda</b> or pop two or more times per day  16.4  14.6  14.6  10.7  10.7  8.6  Decreased  Decreased		_3					-3.2		
or pop two or more times per day   16.4   14.6   14.6   10.7   10.7   8.6   Decreased   Decreased		<u> </u>							
		16.4	14.6	14.6	10.7	10.7	8.6	Decreased	Decreased
during the past 7 days	during the past 7 days	15.4	1 7.0	1 7.0	13.7	10.7	0.0	200.0000	200.0000

Weight Management and								Change from
Dietary Behaviors	2007	2009	2011	2013	2015	2017	10-year Trend	2015-2017
Drank a can, bottle, or glass of <b>soda or pop three</b> or more times per day during the past 7 days	8.2	7.5	6.9	5.1	5.2	4.1	Decreased	Decreased
Did not drink <b>milk</b> during the past 7 days				13.9	15.8	19.0	Increased	Increased
Drank <b>one or more glasses of milk</b> per day during the past 7 days				44.9	41.5	38.2	Decreased	Decreased
Drank <b>two or more glasses of milk</b> per day during the past 7 days				29.5	27.4	24.3	Decreased	Decreased
Drank <b>three or more glasses of milk</b> per day during the past 7 days				14.5	13.2	11.5	Decreased	Decreased
<b>Did not eat breakfast</b> during the past 7 days			11.2	11.7	12.5	11.3	No change	No change
Ate <b>breakfast on all</b> of the past 7 days			39.5	40.3	38.2	37.0	Decreased	No change
Physical Activity	2007	2009	2011	2013	2015	2017	10-year Trend	Change from 2015-2017
Were <b>physically active</b> at least 60 minutes per day on 5 or more days during the past 7 days			54.7	54.8	54.0	53.4	No change	No change
<b>Did not participate</b> in at least 60 minutes of physical activity on any of the past 7 days			10.0	10.7	10.7	11.1	No change	No change
Were <b>physically active</b> at least 60 minutes per day <b>on all</b> of the past 7 days			28.7	27.7	28.7	28.0	No change	No change
Watched <b>television</b> 3 or more hours per day on an average school day	22.2	23.7	22.1	22.6	21.9	18.0	Decreased	Decreased
Played video or computer games or used a computer 3 or more hours per day for something that was not school work on an average school day	16.2	17.9	20.6	29.7	34.2	34.6	Increased	No change
Attended physical education classes on 1 or more days in an average week when they were in school	53.8	57.7	56.0	54.4	54.9	55.9	No change	No change
Attended <b>physical education classes</b> on all 5 days in an average week when they were in school	32.8	32.2	33.1	34.9	32.7	34.7	No change	No change
Played on at least one <b>sports team</b> during the past 12 months	59.6	57.7	63.2	63.7	62.4	61.3	Increased	No change

Other	2007	2009	2011	2013	2015	2017	10-year Trend	Change from 2015-2017
Saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	2007	2003	2011	2013	74.9	78.5	Increased	Increased
Never saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months					1.5	1.0	No change	No change
Had ever been told by a doctor or nurse that they had asthma	20.9	19.5	20.3	19.8	22.2	21.6	No change	No change
Used an <b>indoor tanning device</b> during the past 12 months				13.4	11.8	7.4	Decreased	Decreased
Got 8 or more hours of sleep (on an average school night)					32.6	32.8	No change	No change
Received help from a resource teacher, speech therapist, or other special education teacher during the past 12 months		12.9	12.2	12.4	12.4		No change	No change

The Montana High Schools results, with Native American subgroup, are based on random sampling procedures with a plus-or-minus 3 percent error rate. These weighted data can be used to make inferences about all high school students in Montana. A total of 4,486 students completed the Montana High School YRBS. In addition to this random sample group, 6,506 high school students from nonsampled Montana high schools also participated in the 2015 YRBS.

Data results for all other reports are based on census sampling procedures and are representative of only those students who completed the survey. The data for these reports are based on the following number of students:

Grades 7-8 – 6,810

American Indian Students On or Near a Reservation – 805

American Indian Students in Urban Schools – 635

Nonpublic Accredited Schools – 209

Alternative Schools – 263

Students with Disabilities – 1,458

**Table (left to right):** High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R) American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA) Alternative Schools (ALT) ~ Students with Disabilities (SWD)

Injury and Violence	High	Grades					
Percentage of students who:	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Rarely or never wore a seat belt when riding in a car	7.8	6.2	15.4	11.5	4.3	17.0	13.3
Rarely or never wore a seat belt when driving a car	8.7	11.1	14.5	9.1	2.2	15.3	12.0
Rode with a driver who had been drinking alcohol during the past 30 days	19.8	17.3	23.6	23.4	20.7	30.9	23.5
Drove when drinking alcohol during the past 30 days	7.6	NA	11.6	11.5	10.8	14.1	12.9
Texted or e-mailed while driving a car during the past 30 days	54.2	NA	44.9	49.7	54.5	47.1	47.8
Talked on a cell phone while driving during the past 30 days	56.6	NA	35.7	44.4	51.2	47.3	46.1
Carried a weapon during the past 30 days	25.2	26.3	22.2	31.9	22.5	31.3	29.7
Carried a gun during the past 30 days	7.7	8.6	7.9	11.9	7.4	11.6	12.4
Carried a weapon on school property during the past 30 days	8.5	4.4	7.5	14.0	6.3	12.3	13.4
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	8.0	8.5	10.7	8.2	5.8	11.5	11.0
Were threatened or injured with a weapon on school property during the past 12 months	7.0	6.8	6.4	10.3	5.3	8.1	10.6
Were in a physical fight during the past 12 months	20.1	32.3	29.9	32.2	34.8	32.2	30.9
Were in a physical fight on school property during the past 12 months	6.3	15.3	9.9	12.5	12.4	11.8	13.2

Were ever physically forced to have sexual intercourse when they did not want to  Were forced to do sexual things they did not want to do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months	Were ever physically forced to have sexual intercourse when they did not want to Were forced to do sexual things they did not want	School	7-8	AI-R	AI-U	NDA	ALT	
intercourse when they did not want to  Were forced to do sexual things they did not want to do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months	intercourse when they did not want to Were forced to do sexual things they did not want	9.3				INL	ALI	SWD
Were forced to do sexual things they did not want to do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months	Were forced to do sexual things they did not want	9.3	- 0	12.0	11.6	0.2	24.6	447
to do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12  To do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12  To do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12  To do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12  To do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12  To do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12  To do do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12  To do do during the past 12 months  Experienced sexual dating violence by someone they dated or went out with during the past 12  To do do during the past 12  Experienced sexual dating violence by someone they dated or went out with during the past 12  To do do during the past 12			5.8	12.0	14.6	9.3	24.6	14.7
Experienced sexual dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  Experienced physical dating violence by someone they dated or went out with during the past 12 months  The past 12 months are someone to the p		. 0.0	7.2	11 /	12.7	0.1	20.2	140
they dated or went out with during the past 12 6.5 8.9 11.9 12.2 12.3 17.2 14 months  Experienced physical dating violence by someone they dated or went out with during the past 12 7.2 4.9 11.9 12.1 8.6 16.2 10	to do during the past 12 months	9.6	7.5	11.4	15.7	9.1	20.3	14.9
months  Experienced physical dating violence by someone they dated or went out with during the past 12 7.2 4.9 11.9 12.1 8.6 16.2 10								
Experienced physical dating violence by someone they dated or went out with during the past 12 7.2 4.9 11.9 12.1 8.6 16.2 10		6.5	8.9	11.9	12.2	12.3	17.2	14.0
they dated or went out with during the past 12 7.2 4.9 11.9 12.1 8.6 16.2 10								
	•	7.2	4.9	11.9	12.1	8.6	16.2	10.1
	months							
Were bullied on school property during the past 21.6 35.1 23.3 29.4 23.8 31.8 35		21.6	35.1	23.3	29.4	23.8	31.8	35.4
12 months								
Were electronically bullied during the past 12 17.6 20.6 19.9 24.0 17.4 32.3 26		17.6	20.6	19.9	24.0	17.4	32.3	26.2
months								
Have ever been the victim of teasing or name		40.6	47.6	440	40.4	4==	40 =	10.6
		10.6	17.6	14.0	18.1	17.5	19.5	18.6
lesbian, or bisexual during the past 12 months								
Felt sad or hopeless for 2 or more weeks in a row	•	24.0	26.0	40.0	20.4	20.5		40.4
		31.0	26.0	42.9	39.4	33.5	57.9	42.1
during the past 12 months	•							
Seriously considered attempting suicide during  the part 13 months  20.8   18.2   26.3   30.6   23.2   43.2   29.3	, , , , , , , , , , , , , , , , , , , ,	20.8	18.2	26.3	30.6	23.2	43.2	29.6
the past 12 months  Made a plan shout how thou would attempt	•							
Made a plan about how they would attempt suicide during the past 12 months  16.6 15.5 22.8 27.7 21.5 34.5 27		16.6	15.5	22.8	27.7	21.5	34.5	27.0
		0.5	1/10	22.5	22.0	20.0	25.0	20.2
Attempted suicide during the past 12 months 9.5 14.8 22.5 22.8 20.0 25.0 20 Had a suicide attempt result in an injury,		9.5	14.0	22.5	22.0	20.0	25.0	20.2
		2 1	12	5.0	7.0	3.0	10.0	8.7
doctor or a nurse during the past 12 months	·	3.1	4.2	3.9	7.0	3.9	10.0	0.7
Tobacco Use High Grades		High	Grades					
				ΔI-R	Δ1-1.1	ΝΡΔ	ΔΙΤ	SWD
9	-							47.3
								19.6
	<u>-</u>							21.4
Currently frequently smoked cigarettes 20 or								
more of the past 30 days    3.1   0.6   7.0   5.7   6.2   32.4   6		3.1	0.6	7.0	5.7	6.2	32.4	6.0
Currently smoked cigarettes daily all of the past	, ,							
30 days 2.1 0.5 4.5 4.1 3.8 25.6 4		2.1	0.5	4.5	4.1	3.8	25.6	4.5
Smoked more than 10 cigarettes per day during	· · · · · · · · · · · · · · · · · · ·							
the past 30 days 4.6 0.3 1.0 1.7 0.5 6.1 1		4.6	0.3	1.0	1.7	0.5	6.1	1.1
Tried to quit smoking cigarettes during the past 12		<u> </u>						
months   55.3   62.0   58.5   61.3   56.9   59.0   57		55.3	62.0	58.5	61.3	56.9	59.0	57.6

Tobacco Use	High	Grades					
Percentage of students who:	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Ever used an electronic vapor product	46.6	19.1	49.0	54.6	41.8	76.1	51.4
Currently used an electronic vapor product, past							
30 days	22.5	8.6	19.6	28.1	16.4	45.6	26.2
Usually got their own electronic vapor products by							
buying them in a convenience store, supermarket,	6.7	0.2	2.0	4.5	2.0	10.0	4.0
discount store, gas station, or vape store, during	6.7	0.3	3.0	4.5	2.9	10.8	4.9
the 30 days before the survey							
Currently used smokeless tobacco, past 30 days	9.8	3.8	19.5	12.7	6.7	15.3	15.8
Used smokeless tobacco on school property	6.5	2.4	15.0	9.2	4.3	11.9	11.6
during the past 30 days	0.5	2.4	15.0	9.2	4.5	11.9	11.0
Currently smoked cigars, past 30 days	12.9	3.0	12.5	13.8	15.8	25.5	16.3
Alcohol and Other Drug Use	High	Grades					
Percentage of students who:	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Ever drank alcohol during their life	68.0	40.0	58.6	66.5	59.6	78.0	63.5
Drank alcohol before age 13 years	19.5	25.2	18.9	26.0	17.3	30.0	26.0
Currently drank alcohol, during the past 30 days	33.1	12.7	28.9	32.9	31.4	52.5	36.9
Usually obtained the alcohol they drank by	40.1	41.4	32.6	43.2	44.3	19.7	42.8
someone giving it to them	40.1	41.4	32.0	45.2	44.5	15.7	42.0
Drank 4 or more drinks of alcohol in a row (if							
female) or 5 or more drinks of alcohol in a row (if	17.6	6.8	21.9	23.6	21.5	37.6	26.3
male) within a couple hours, during the past 30	27.10	0.0				07.10	_0.0
days							
Reported that the largest number of drinks they	6.4	NA	9.4	7.2	7.7	11.4	8.5
had in a row was 10 or more, past 30 days		40.4		4- 4	24.5		
Ever used marijuana in their life	35.2	13.1	59.2	45.4	34.5	75.0	43.2
Tried marijuana before age 13 years	7.0	8.9	27.0	14.8	13.4	32.4	14.7
Currently used marijuana, past 30 days	19.8	6.7	35.0	26.8	23.0	58.4	25.7
Ever used cocaine in their life	4.4	1.3	6.5	8.4	5.3	24.4	7.6
Ever used inhalants in their life	6.4	7.3	11.3	11.8	8.2	19.0	11.8
Ever used heroin in their life	1.7	0.9	2.8	3.4	2.9	8.1	4.4
Ever used methamphetamines in their life	2.2	1.0	5.3	4.8	4.3	9.6	4.9
Ever used ecstasy in their life	4.5	1.1	6.5	7.5	4.8	20.5	7.8
Ever used synthetic marijuana	7.3	3.6	16.1	12.5	6.7	26.7	12.9
Ever took steroid pills or shots without a doctor's	2.1	1.9	3.7	4.8	3.4	5.8	4.6
prescription in their life							
Ever took prescription drugs without a doctor's prescription or differently than how a doctor told	13.7	6.2	16.3	18.5	14.5	42.1	17.9
them to use it in their life	15./	0.2	10.5	10.5	14.5	42.1	17.9
Ever injected any illegal drug in their life	1.8	1.1	3.5	2.9	1.9	4.7	3.9
Were offered, sold, or given an illegal drug on	1.0	1.1	ر.ي	۷.5	1.5	4./	3.3
school property during the past 12 months	21.7	15.0	17.9	24.6	15.1	36.1	25.3
school property during the past 12 months							

NA – Not Asked

Sexual Behaviors	High	Grades					
Percentage of students who:	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Ever had sexual intercourse in their life	43.2	12.4	56.5	52.6	37.1	75.2	52.3
Had sexual intercourse before age 13 years	2.9	5.7	8.1	7.3	3.9	11.2	7.5
Had sexual intercourse with four or more persons	12.4	1.7	19.3	17.1	8.3	34.4	12.2
in their life							
Were currently sexual active, past 3 months	31.6	5.2	39.7	36.9	22.0	52.7	34.2
Drank alcohol or used drugs before last sexual	17.8	24.6	20.8	23.7	24.0	35.0	25.2
intercourse							
Used a condom during last sexual intercourse	55.4	53.6	50.9	39.4	48.0	38.5	56.8
Used birth control pills before last sexual intercourse	25.4	NA	12.6	18.1	14.3	18.0	17.9
Used an IUD before last sexual intercourse	7.2	NA	6.4	8.7	7.1	18.6	5.7
Used a shot, patch, or birth control ring during							
last sexual intercourse	7.9	NA	8.5	6.8	11.4	11.5	6.6
Did not use any method to prevent pregnancy			20.7	40.6	40.6	46.4	4= 4
during last sexual intercourse	8.7	NA	20.7	10.6	18.6	16.4	15.4
Dietary Behaviors	High	Grades					
Percentage of students who:	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Described themselves as slightly or very	30.5	25.9	44.9	38.8	33.2	41.2	34.0
overweight							
Were trying to lose weight	41.1	40.2	56.7	48.1	40.9	48.7	49.3
Did not drink fruit juice during the past 7 days	26.9	27.8	23.8	29.6	22.6	29.1	30.5
Did not eat fruit during the past 7 days	9.8	8.8	10.9	10.3	8.2	15.7	15.9
Did not eat a green salad during the past 7 days	31.9 29.1	33.8	40.7 33.5	36.4 32.6	39.2 34.0	43.6	38.7 34.0
Did not eat potatoes during the past 7 days  Did not eat carrots during the past 7 days	44.7	37.6 42.5	50.6	49.0	40.4	31.7 54.7	48.0
Did not eat other vegetables	16.3	16.5	24.4	20.0	23.7	23.2	22.7
Did not drink a can, bottle, or glass of soda or pop							
during the past 7 days	25.1	25.6	19.6	21.9	29.7	23.6	22.9
Drank a can, bottle, or glass of soda or pop one or	45.4	44.7	17.0	40.5	444	22.6	40.4
more times per day during the past 7 days	15.1	11.7	17.9	19.5	14.4	23.6	18.4
Drank a can, bottle, or glass of soda or pop two or	8.6	6.5	13.1	9.8	7.7	15.4	11.0
more times per day during the past 7 days	0.0	0.5	13.1	9.6	7.7	13.4	11.0
Drank a can, bottle, or glass of soda or pop three	4.1	3.4	6.5	5.5	3.3	8.9	6.0
or more times per day during the past 7 days							
Did not drink milk during the past 7 days	19.0	13.5	25.4	24.4	25.8	27.2	23.3
Drank one or more glasses of milk per day during	38.2	44.2	26.9	35.0	37.8	27.6	34.9
the past 7 days  Drank two or more glasses of milk per day during							
the past 7 days	24.3	30.7	18.1	22.7	22.5	16.3	22.2
Drank three or more glasses of milk per day							
during the past 7 days	11.5	15.8	8.5	11.5	11.0	5.8	11.9
Drank a can, bottle, or glass of an energy drink							
one or more times a day during the past 7 days	3.8	3.5	5.8	5.6	28.2	38.1	32.4
Did not eat breakfast during the past 7 days	11.3	8.5	10.7	13.0	10.2	26.0	16.2
Ate breakfast on all of the past 7 days	37.0	48.8	26.5	32.5	37.1	13.4	31.7

NA – Not Asked

Physical Activity	High	Grades					
Percentage of students who:	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Were physically active at least 60 minutes per day	53.4	58.6	45.8	48.6	51.5	25.5	46.7
on 5 or more days during the past 7 days	55.4	36.0	45.6	46.0	31.5	25.5	40.7
Did not participate in at least 60 minutes of	11.1	7.3	16.0	14.4	10.7	23.1	15.2
physical activity on any of the past 7 days	11.1	7.5	10.0	14.4	10.7	25.1	13.2
Were physically active at least 60 minutes per day	28.0	33.7	24.1	25.1	24.8	14.3	27.0
on all of the past 7 days	20.0	33.7	27.1	23.1	24.0	14.5	27.0
Watched television 3 or more hours per day on an	18.0	19.1	23.8	25.5	21.0	26.8	22.5
average school day	10.0	20.2					
Played video or computer games or used a							
computer 3 or more hours per day for something	34.6	35.72	42.9	37.2	27.7	44.3	36.2
that was not school work on an average school							
day							
Attended physical education classes on all 5 days	34.7	34.7	34.4	32.6	3.4	10.3	30.8
in an average week when they were in school							
Played on at least one sports team during the past 12 months	61.3	73.9	62.3	58.2	75.4	19.8	54.4
Other	High	Grades					
Percentage of students who:	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Had a concussion from playing a sport or being				AI O			3000
physically active during the past 12 months	16.3	18.3	19.1	21.2	20.9	15.6	21.4
Saw a dentist during the past 12 months	78.5	74.0	65.1	72.4	76.7	67.1	68.6
Had ever been told by a doctor or nurse that they							
had asthma	21.6	17.3	22.9	28.9	15.6	33.2	27.6
Had 8 or more hours of sleep on an average							
Had 8 or more hours of sleep on an average school night	32.8	54.3	28.1	28.5	27.7	20.3	30.8
school night		54.3					
	32.8 7.4	54.3	28.1	28.5 9.1	27.7	20.3	30.8
school night Used an indoor tanning device during the past 12		54.3					
school night Used an indoor tanning device during the past 12 months	7.4		5.5	9.1	6.3	12.7	10.3
school night Used an indoor tanning device during the past 12 months Usually slept in the home of a friend, family		54.3 1.9					
school night  Used an indoor tanning device during the past 12 months  Usually slept in the home of a friend, family member, or other person because they had to leave their home or their parent or guardian cannot afford housing during the past 30 days	7.4		5.5	9.1	6.3	12.7	10.3
school night  Used an indoor tanning device during the past 12 months  Usually slept in the home of a friend, family member, or other person because they had to leave their home or their parent or guardian cannot afford housing during the past 30 days  Made mostly A's or B's in school during the past	7.4	1.9	5.5 3.9	9.1	2.0	7.9	3.8
school night  Used an indoor tanning device during the past 12 months  Usually slept in the home of a friend, family member, or other person because they had to leave their home or their parent or guardian cannot afford housing during the past 30 days  Made mostly A's or B's in school during the past 12 months	7.4		5.5	9.1	6.3	12.7	10.3
school night  Used an indoor tanning device during the past 12 months  Usually slept in the home of a friend, family member, or other person because they had to leave their home or their parent or guardian cannot afford housing during the past 30 days  Made mostly A's or B's in school during the past 12 months  Received help from a resource teacher, speech	7.4 1.8 77.8	1.9	5.5 3.9 58.1	9.1 2.4 63.8	2.0	7.9 61.3	3.8
school night  Used an indoor tanning device during the past 12 months  Usually slept in the home of a friend, family member, or other person because they had to leave their home or their parent or guardian cannot afford housing during the past 30 days  Made mostly A's or B's in school during the past 12 months	7.4	1.9	5.5 3.9	9.1	2.0	7.9	3.8

# Montana Youth Risk Behavior Survey

www.opi.mt.gov/yrbs

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