



## Basic Facts about Low-Income Children

### *Children under 3 Years, 2013*

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Children under 18 years represent 23 percent of the population, but they comprise 33 percent of all people in poverty.<sup>1</sup> Among all children, 44 percent live in low-income families and approximately one in every five (22 percent) live in poor families. Our very youngest children – infants and toddlers under age 3 years – appear to be particularly vulnerable, with 47 percent living in low-income families, including 25 percent living in poor families. Being a child in a low-income or poor family does not happen by chance. Parental education and employment, race/ethnicity, and other factors are associated with children experiencing economic insecurity. This fact sheet describes the demographic, socio-economic, and geographic characteristics of children and their parents. It highlights important factors that appear to distinguish low-income and poor children from their less disadvantaged counterparts.



### National Center for Children in Poverty

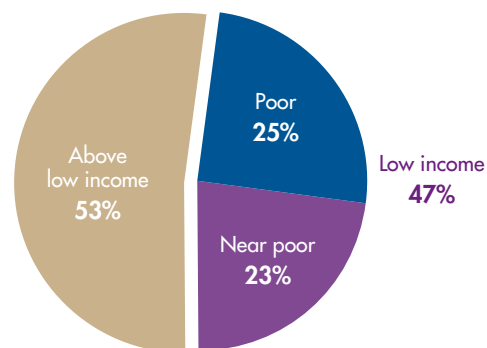
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### How many infants and toddlers under age 3 years in the United States live in low-income families?

There are more than 11 million infants and toddlers under age 3 years in the United States, about 16 percent of the total child population.

- ◆ 47 percent – 5.3 million – live in low-income families
- ◆ 25 percent – 2.7 million – live in poor families

**Figure 1: Infants and toddlers by family income, 2013**



Percentages may not add to 100 due to rounding.

Note: Above low income is defined as at or above 200% of the federal poverty threshold (FPT), poor is defined as below 100% of FPT, and near poor is between 100% and 199% of the FPT. The low-income category includes both the poor and the near poor.

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**What is the 2013 federal poverty threshold (FPT)?<sup>2</sup>**

- ◆ \$23,624 for a family of four with two children
- ◆ \$18,751 for a family of three with one child
- ◆ \$16,057 for a family of two with one child

**Is a poverty-level income enough to support a family?**

Research suggests that, on average, families need an income equal to about two times the federal poverty threshold to meet their most basic needs.<sup>3</sup> Families with incomes below this level, such as families making below the following incomes, are referred to as low income:

- ◆ \$47,248 for a family of four with two children
- ◆ \$37,502 for a family of three with one child
- ◆ \$32,114 for a family of two with one child

These dollar amounts approximate the average minimum income families need to make ends meet, but actual expenses vary greatly by locality. In 2013, economic security for a family of four required about \$89,600 in Washington, DC; \$62,200 in Akron, Ohio; \$59,558 in Tulsa, Oklahoma; and \$50,725 in Tunica County, Mississippi.<sup>4</sup>

**Has the percentage of infants and toddlers living in low-income and poor families changed over time?**

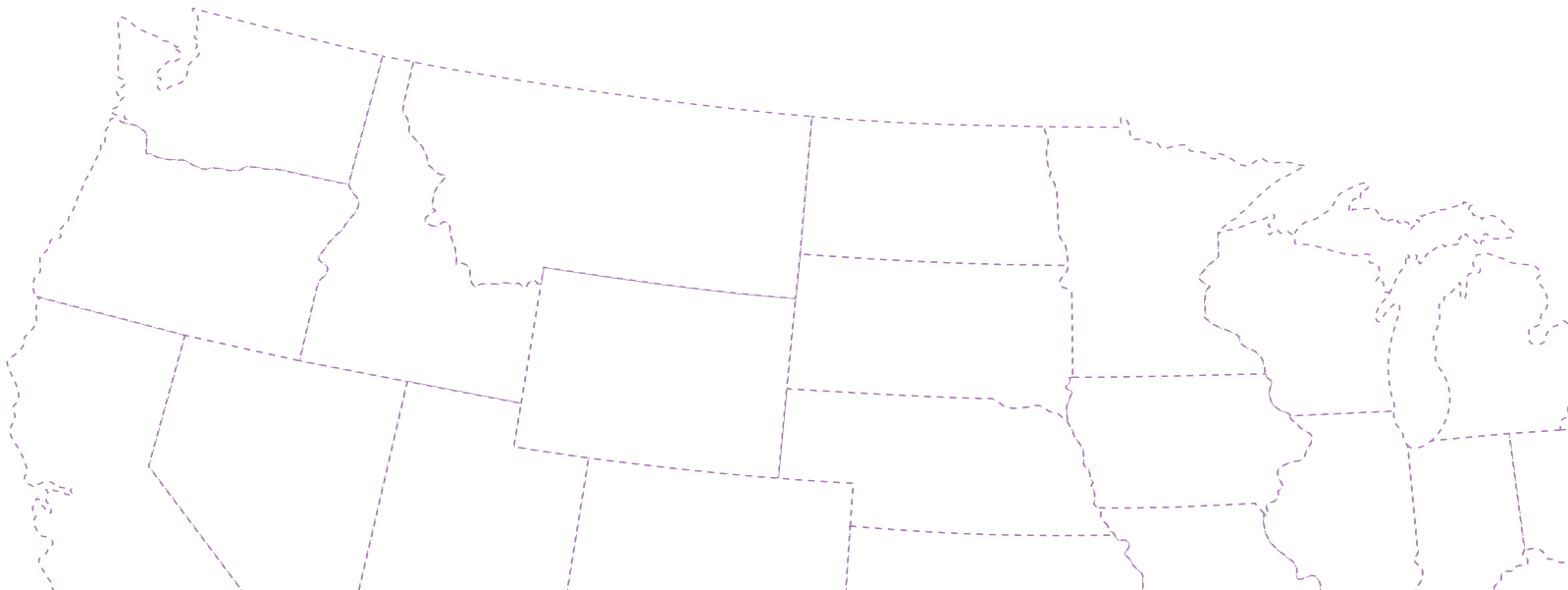
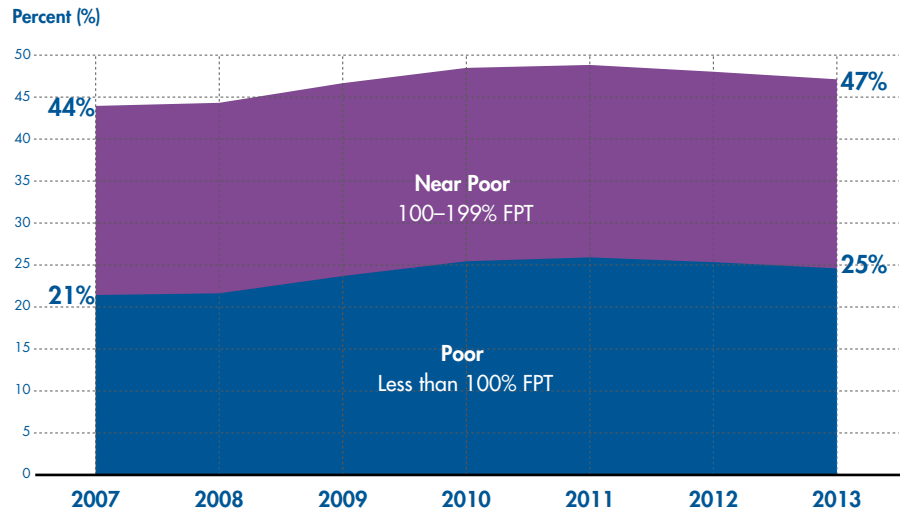
The percentage of infants and toddlers living in low-income families (both poor and near poor) has been *on the rise* – increasing from 44 percent in 2007 to 47 percent in 2013 (Figure 2). During this time period, the overall number of the

very youngest children (children under age 3 years) decreased by 8 percent, while the percentage who were low income decreased by 1 percent and the percentage who were poor increased by 5 percent, respectively (Table 1).

**Table 1: Percentage change of infants and toddlers living in low-income and poor families, 2007–2013**

	2007	2013	Percent change
Low income	5,328,862	5,251,695	-1%
Poor	2,598,690	2,741,819	5%

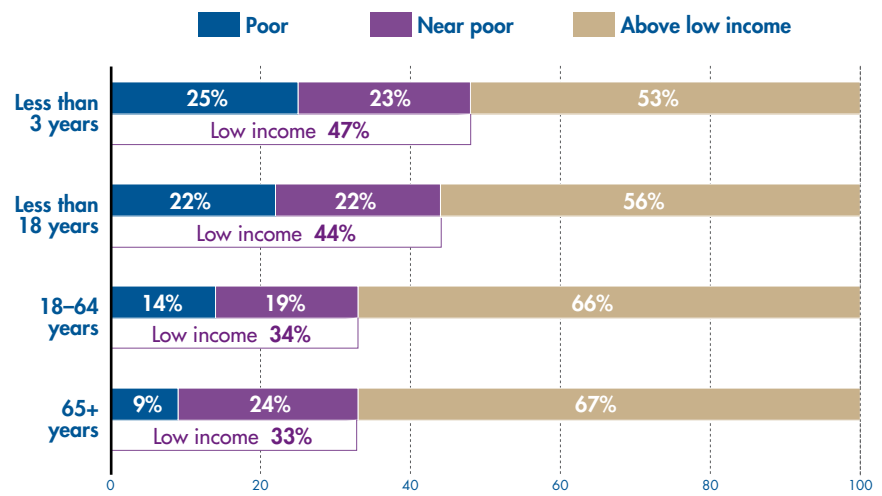
**Figure 2: Infants and toddlers living in low-income and poor families, 2007–2013**



## How do infants and toddlers compare to the rest of the population?

The percentage of infants and toddlers in low-income families surpasses that of adults. In addition, children under age 3 years are nearly three times as likely as adults 65 years and older to live in poor families (Figure 3).

**Figure 3: Family income by age, 2013**



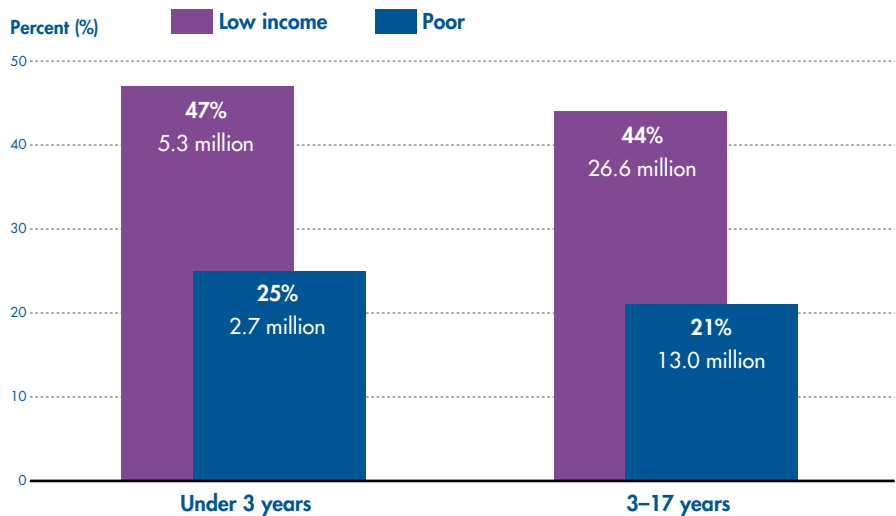
Percentages may not add to 100 due to rounding.

## Does the percentage of children in low-income families vary by children's age?

The percentages of children under 18 years who live in low-income and poor families vary by age group. Children under age 3 are more likely to live in low-income and poor families than older children (Figure 4).

- ◆ 47 percent of children under age 3 years – 5.3 million – live in low-income families
- ◆ 25 percent of children under age 3 years – 2.7 million – live in poor families
- ◆ 44 percent of children age 3 through 17 years – 26.6 million – live in low-income families
- ◆ 21 percent of children age 3 through 17 years – 13.0 million – live in poor families

**Figure 4: Percentage of children in low-income and poor families by age, 2013**



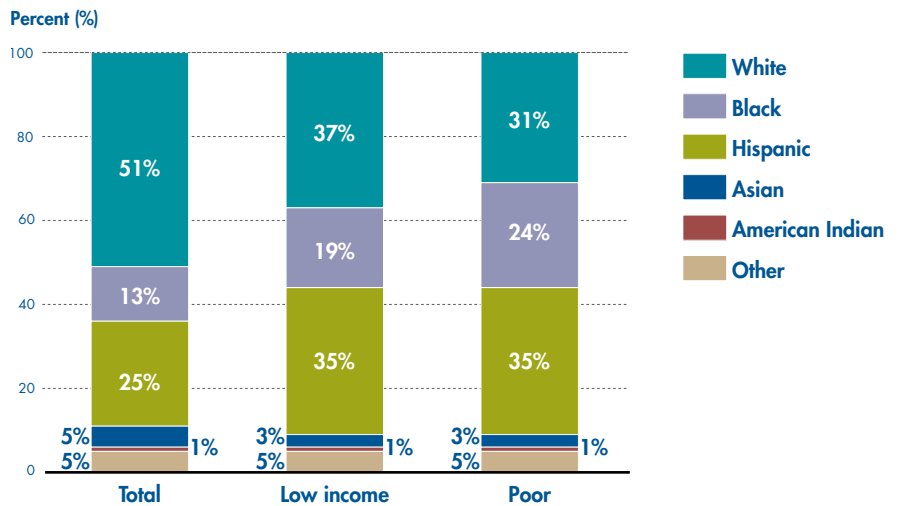
## Does the percentage of infants and toddlers in low-income families vary by race/ethnicity?

As Figure 5 illustrates, the percentages of low-income and poor infants and toddlers vary by race and ethnicity: whites comprise the largest share of all low-income children (37 percent) while Hispanics make up the largest share of poor children (35 percent).<sup>5</sup>

Black, American Indian, and Hispanic children are disproportionately low income and poor (Figure 6).

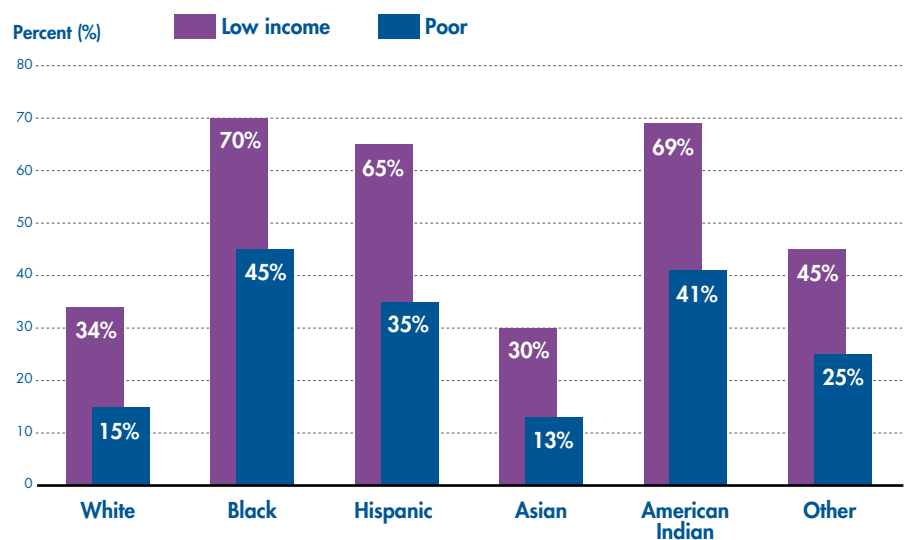
- ◆ 34 percent of white infants and toddlers – 1.9 million – live in low-income families
- ◆ 70 percent of black infants and toddlers – 1.0 million – live in low-income families
- ◆ 65 percent of Hispanic infants and toddlers – 1.8 million – live in low-income families
- ◆ 30 percent of Asian infants and toddlers – about 0.2 million – live in low-income families
- ◆ 69 percent of American Indian infants and toddlers – about 56,000 – live in low-income families
- ◆ 45 percent of infants and toddlers of some other race – 0.3 million – live in low-income families

**Figure 5: Race/ethnicity among infants and toddlers by family income, 2013**



Percentages may not add to 100 due to rounding.

**Figure 6: Percentage of infants and toddlers in low-income and poor families by race/ethnicity, 2013**



## Does the percentage of infants and toddlers in low-income families vary by parents' nativity?<sup>6</sup>

- ◆ 54 percent of infants and toddlers with immigrant parents – 1.5 million – live in low-income families
- ◆ 45 percent of infants and toddlers with native-born parents – 3.8 million – live in low-income families

## What are the family characteristics of low-income and poor infants and toddlers?

### Parents' Education<sup>7</sup>

Higher levels of parental education decrease the likelihood that a child will live in a low-income or poor family. Among infants and toddlers with at least one parent who has some college or additional education, 34 percent live in low-income and 14 percent in poor families. By contrast, among children in this age group whose parents have less than a high school degree, 88 percent live in low-income and 60 percent in poor families (Figure 7).

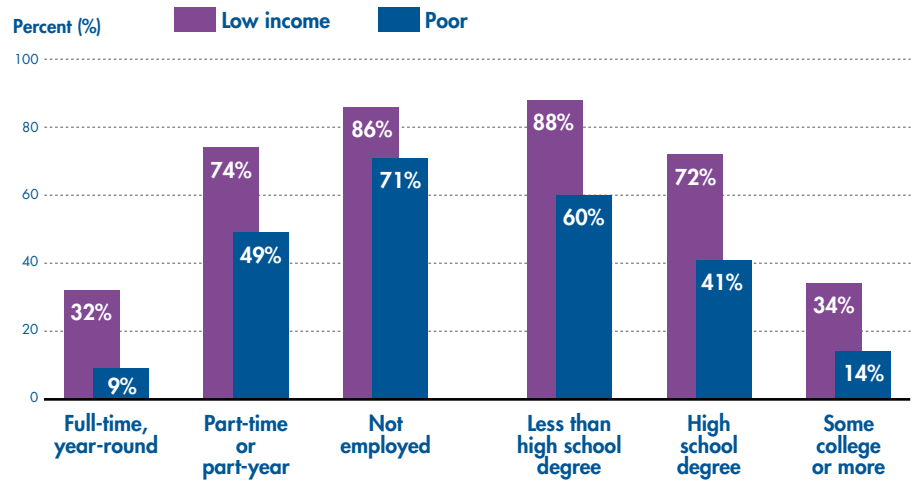
- ◆ 88 percent of infants and toddlers with parents who have less than a high school degree – 1.1 million – live in low-income families
- ◆ 72 percent of infants and toddlers with parents who have a high school degree but no college – 1.6 million – live in low-income families
- ◆ 34 percent of infants and toddlers with at least one parent who has some college or additional education – 2.6 million – live in low-income families

At the same time, significant shares of low-income and poor families with infants and toddlers are headed by parents with at least some college education, as shown in Figure 8.

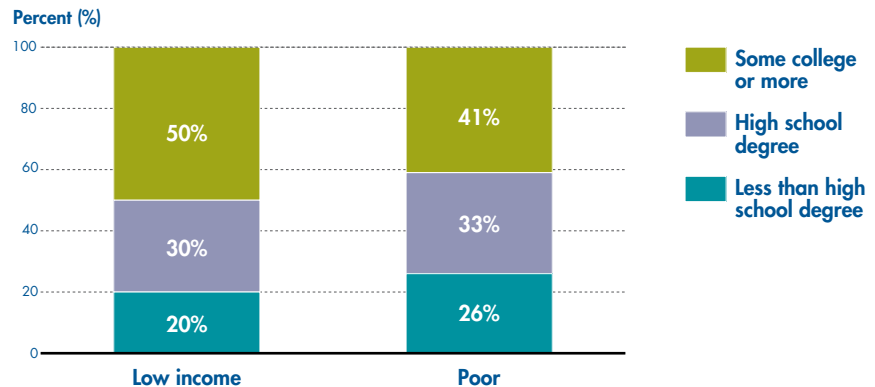
### Parents' Employment<sup>8</sup>

Infants and toddlers with a full-time, year-round employed parent are less likely to live in a low-income family, compared to infants and toddlers with parents

**Figure 7: Percentage of infants and toddlers in low-income and poor families by parents' employment and education, 2013**



**Figure 8: Parents' education among infants and toddlers by family income, 2013**



who work part time or part year or who are not employed (Figure 7).

- ◆ 32 percent of infants and toddlers with at least one parent who works full time, year round – 2.4 million – live in low-income families
- ◆ 9 percent of infants and toddlers with at least one parent who works full time, year round – 0.7 million – live in poor families
- ◆ 74 percent of infants and toddlers with no parent who works full time, but at least one parent who works part time or part year – 1.8 million – live in low-income families
- ◆ 49 percent of infants and toddlers with no parent who works full time, but at least one parent who works part time or part year – 1.2 million – live in poor families

- ◆ 86 percent of infants and toddlers with no employed parents – 1.0 million – live in low-income families
- ◆ 71 percent of infants and toddlers with no employed parents – 0.9 million – live in poor families

Nevertheless, many low-income and poor infants and toddlers have parents who work full time. About 46 percent of low-income children and 26 percent of poor children under age 3 live with at least one parent employed full time, year round.

### Family Structure

Forty-seven percent of children under age 3 years in low-income families – 2.4 million – and 35 percent of children under age 3 years in poor families – 1.0 million – live with married parents. Children who live with married parents are much less likely to be poor or low income, compared to children who live with a single parent.

- ◆ 33 percent of infants and toddlers residing with married parents – 2.4 million – live in low-income families

- ◆ 13 percent of infants and toddlers residing with married parents – 1.0 million – live in poor families
- ◆ 74 percent of infants and toddlers residing with a single parent – 2.8 million – live in low-income families
- ◆ 47 percent of infants and toddlers residing with a single parent – 1.8 million – live in poor families

## Does the percentage of infants and toddlers in low-income families vary by where they live?

### Region

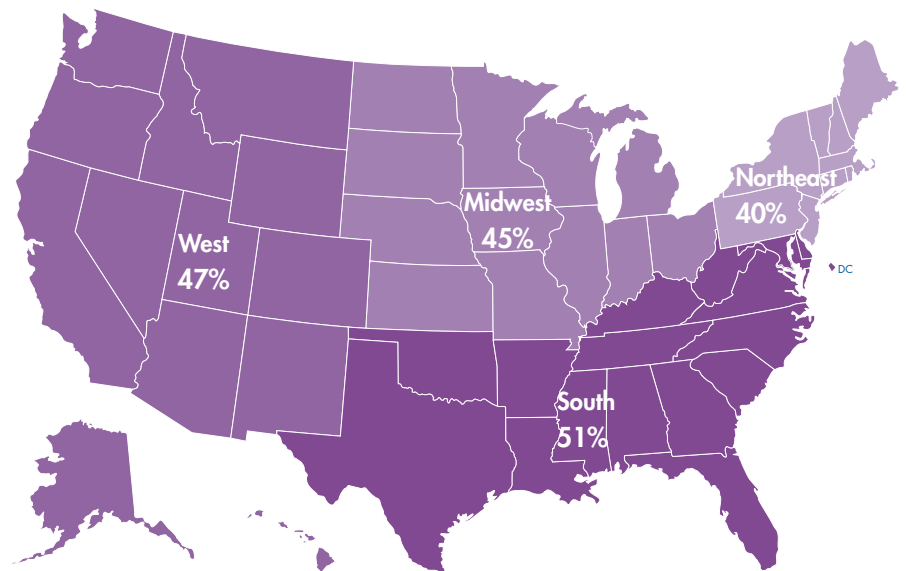
The percentage of infants and toddlers in low-income families varies substantially by region.

- ◆ 40 percent of infants and toddlers in the Northeast – 0.7 million – live in low-income families
- ◆ 45 percent of infants and toddlers in the Midwest – 1.1 million – live in low-income families
- ◆ 51 percent of infants and toddlers in the South – 2.2 million – live in low-income families
- ◆ 47 percent of infants and toddlers in the West – 1.3 million – live in low-income families

### Residential Instability and Home Ownership

Research suggests that stable housing is important for healthy child development.<sup>9</sup> However, infants and toddlers living in

Figure 9: Percentage of infants and toddlers in low-income families by region, 2013



low-income families are more likely than other children to have moved in the past year and to live in families who rent, rather than own, their homes (Figure 10).

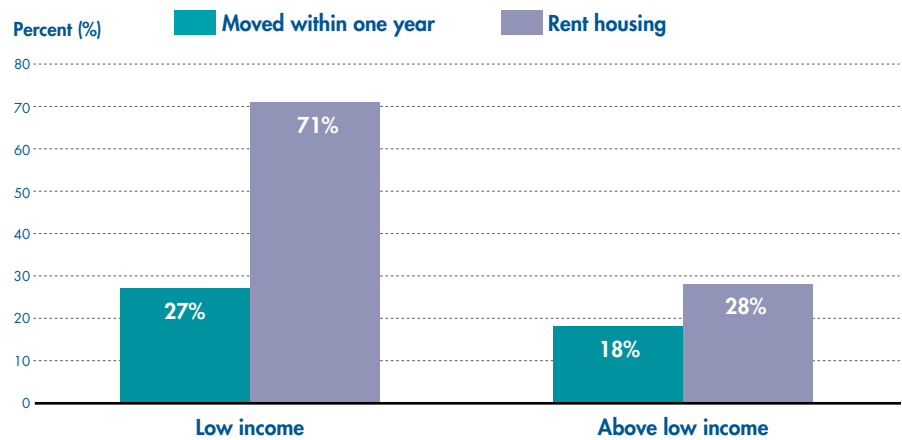
- ◆ 27 percent of infants and toddlers in low-income families –

1.4 million – moved in the last year

- ◆ 18 percent of infants and toddlers in families above the low-income threshold – 1.1 million – moved in the last year

- ◆ 71 percent of infants and toddlers in low-income families – 3.7 million – live with families who rent their homes
- ◆ 28 percent of infants and toddlers in families above the low-income threshold – 1.7 million – live with families who rent their homes

**Figure 10: Residential instability and home ownership among infants and toddlers by family income, 2013**

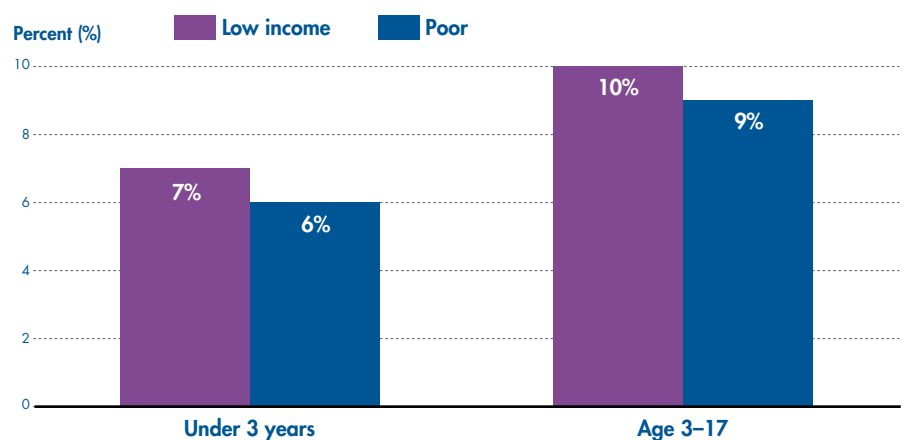


## Are infants and toddlers in low-income families covered by health insurance?

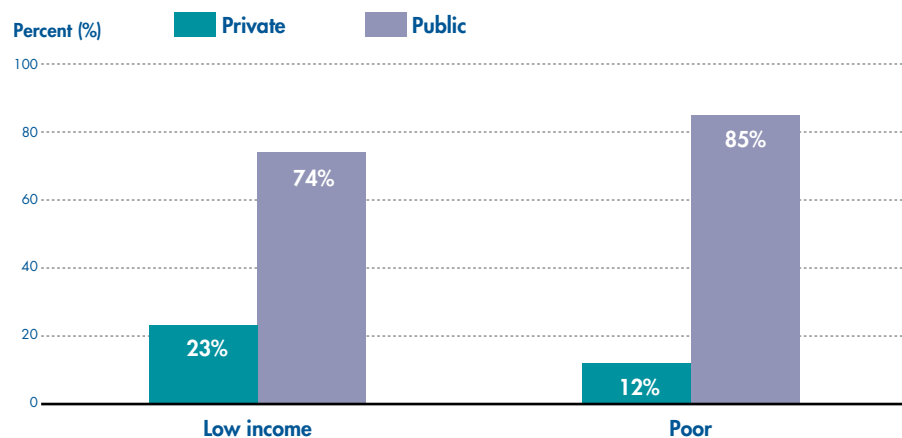
Among all infants and toddlers, approximately 7 percent living in low-income families and 6 percent living in poor families are uninsured.<sup>10</sup> Consistent with research suggesting older children are particularly at risk of being uninsured, infants and toddlers are less likely to be without health insurance coverage compared to older children (Figure 11).<sup>11</sup> Public insurance reaches the largest share of economically disadvantaged infants and toddlers, covering about three-fourths (74 percent) of these children in low-income families and 85 percent of these children in poor families (Figure 12).

- ◆ 7 percent of infants and toddlers living in low-income families – 0.4 million – are uninsured
- ◆ 23 percent of infants and toddlers living in low-income families – 1.2 million – are covered by private insurance
- ◆ 74 percent of infants and toddlers living in low-income families – 3.9 million – are covered by public insurance

**Figure 11: Percentage of children uninsured in low-income and poor families by age, 2013**



**Figure 12: Type of health insurance coverage among infants and toddlers by family income, 2013**



## Endnotes

*This fact sheet is part of the National Center for Children in Poverty's demographic fact sheet series and is updated annually. Unless otherwise noted, analysis of the 2013 American Community Survey (ACS) was conducted by Yang Jiang and Mercedes Ekono of NCCP. Estimates include children living in households with at least one parent and most children living apart from both parents (for example, children being raised by grandparents). Children living independently, living with a spouse, or in group quarters are excluded from these data. Children age 14 years and under living with only unrelated adults are not included because data on their income status are not available. Among children who do not live with at least one parent, parental characteristics are those of the householder and/or the householder's spouse. We would like to thank Renée Wilson-Simmons, NCCP director, for her advice on this fact sheet. Special thanks to Telly Valdellon for layout and production.*

1. In this fact sheet, poverty is defined as family income less than 100 percent of the federal poverty threshold, as determined by the U.S. Census Bureau; low income is defined as family income less than 200 percent of the poverty threshold.

2. The U.S. Census Bureau issues the poverty thresholds annually. Thresholds vary by family size and composition. See <https://www.census.gov/hhes/www/poverty/data/threshld/> for the complete 2013 poverty thresholds.

3. Cauthen, Nancy K. & Fass, Sarah (2008). *Measuring Income and Poverty in the United States*. New York: National Center for Children in Poverty, Mailman School of Public Health, Columbia University. Retrieved November 2014 from [http://www.nccp.org/publications/pdf/text\\_825.pdf](http://www.nccp.org/publications/pdf/text_825.pdf).

4. Estimates from the Economic Policy Institute's Family Budget Calculator. Retrieved November 2014 from <http://www.epi.org/resources/budget/?gclid=CODoyqHhlsICFVNp7AodSnoAWg>.

5. In the most recent ACS, parents could report children's race as one or more of the following: "White," "Black," "American Indian or Alaska Native," or "Asian and/or Hawaiian/Pacific Islander." In a separate question, parents could report whether their children were of Hispanic origin. For the data reported, children whose parent reported their race as White, Black, American Indian or Alaska Native, or Asian and/or Hawaiian/Pacific Islander and their ethnicity as non-Hispanic were assigned a non-Hispanic category of their race. Children who were reported to be of more than one race were assigned as Other. Children whose parent identified them as Hispanic were categorized as Hispanic, regardless of their reported race.

6. The variable "native-born parents" is defined to mean that both parents in the family were born in the U.S. or its territories, or born abroad to American parent(s). The variable "immigrant parents" is defined to mean that at least one parent in the family is either a U.S. citizen by naturalization or is not a citizen of the U.S.

7. Parents' education is defined as the education level of the most highly educated parent(s) living in the household. Parents can either have no high school degree, a high school degree but no college, or some college or more.

8. Parents' employment is defined as the employment level of the parent in the household who maintained the highest level of employment in the previous year. Parents can either have no employment in the previous year, part-year or part-time employment, or full-time, year-round employment. Part-year or part-time employment is defined as either working less than 50 weeks in the previous year or less than 35 hours per week. Full-time, year-round employment is defined as working at least 50 weeks in the previous year and 35 hours or more per week.

9. Aratani, Yumiko (2009). *Homeless Children and Youth*. New York: National Center for Children in Poverty, Mailman School of Public Health, Columbia University. Retrieved November 2014 from [http://www.nccp.org/publications/pdf/text\\_888.pdf](http://www.nccp.org/publications/pdf/text_888.pdf).

10. People can report more than one type of insurance coverage. Children not covered by private or public health insurance at the time of the survey are considered uninsured.

11. Schwarz, Susan Wile (2009). *Adolescent Mental Health in the United States*. New York: National Center for Children in Poverty, Mailman School of Public Health, Columbia University. Retrieved November 2014 from [http://www.nccp.org/publications/pdf/text\\_878.pdf](http://www.nccp.org/publications/pdf/text_878.pdf).

To find comparable information for all children, see *Basic Facts about Low-Income Children: Children under 18 Years, 2013*; for young children, see *Basic Facts about Low-Income Children: Children under 6 Years, 2013*; for children in middle childhood, see *Basic Facts about Low-Income Children: Children 6 through 11 Years, 2013*; for adolescent children, see *Basic Facts about Low-Income Children: Children 12 through 17 Years, 2013*.

### SUGGESTED CITATION

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