

Research Brief

Linking Student Achievement to School, Family, and Community Involvement

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The widespread belief in the importance of school-family-community involvement is evidenced by national policies (e.g., No Child Left Behind Act of 2001) that require parent involvement in programs funded through the U.S. Department of Education. Non-regulatory guidance provided by the U.S. Department of Education (2004) to assist state-, district-, and school-level educators with the implementation of recent law

is based on four principles that provide a framework through which families, educators, and communities can work together to improve teaching and learning. These principles are accountability for results, local control and flexibility, expanded parental choice, and effective and successful programs that reflect scientifically based research. (p. 1)

Additionally, Department guidance *defines* parent involvement as the participation of parents in regular, two-way, and meaningful communication involving student academic learning and other school activities. Thus, to fully comply with federal guidelines, many schools today must develop and implement school-family-community involvement programs. Now these schools are asking, "What kind of program is most likely to ensure success?"

What We Know From the Research

In 2002, Henderson and Mapp examined 31 studies that specifically addressed the connection between student achievement and various parent and community involvement activities. The findings of these studies offer schools valuable information about the kinds and levels of school-family-community connections that are more likely to produce higher levels of student achievement. The authors report four key findings from these studies; highlights of studies that support the finding are also provided.

Key finding #1: Programs and interventions that engage families in supporting their children's learning at home are linked to higher student achievement (p. 25).

Researcher(s)	Focus of Study	Finding
Jordan, Snow,	Project EASE (Early Access to Success in	Over one year, students in the program
and Porche,	Education), Minnesota (focus: literacy).	showed significantly more improvement
2000	Home and school activities for	on language scores than children in a

	kindergartners and their families, including	control group.
	coaching mothers in developing literacy	
	skills	
Starkey and	Two experimental studies of a 4-month	Children in both experimental groups
Klein, 2000	intervention in two sites—one serving	developed greater math knowledge and
	African American families and the other	skills than the control-group children.
	Latino. The program loaned math kits to	
	families in the treatment groups and taught	
	mothers how to use them with their	
	children.	
Westat and	The relationship between standards-based	Teacher outreach to parents of low-
Policy Studies	reform practices and student achievement	performing students was related to
Associates,	(report prepared for the U.S. Department of	improved student achievement in both
2001	Education)	reading and math.
Epstein, Clark,	Comparison annual data on attendance	Researchers found a relationship between
Salinas, and	and achievement with evaluations of	schools with stronger partnership
Sanders, 1997	schools' partnership programs.	programs and small, but significant, gains
		in third-grade writing and math scores, as
		well as improved attendance.
Epstein,	Teachers Involve Parents in Schoolwork	Improved test scores and grades were
Simon, and	(TIPS), Baltimore (focus: writing and	related to families' increased participation
Salinas, 1997	language arts). Pre-experimental study of	in TIPS learning activities at home.
	683 Baltimore middle-grade students' test	
	scores and grades.	
Van Voorhis,	Teachers Involve Parents in Schoolwork	Students whose families participated in
2001	(TIPS). Quasi-experimental study of TIPS	TIPS earned higher grades than did a
	for Science.	control group.

Key finding #2: The continuity of family involvement at home appears to have a positive influence on children as they progress through the complex education system. This suggests that the more families support their children's learning and educational progress, the more their children tend to do well in school and continue their education (p. 30).

Researcher(s)	Focus of Study	Finding
Izzo et al.,	Three-year study of 1,200 urban students	Parent involvement at home and at school
1999		was related positively to student
		achievement.
Marcon, 1999	Comparison of the grades and skill ratings	Parents with high involvement tended to
	of 700 African American preschoolers to	have children with higher grades and

	teachers' reports of parent involvement	scores.
Meidel and	Comparison of data from interviews with	Students whose parents had been involved
Reynolds,	700 parents of eighth-grade students to	in a greater number of activities, both at
1999	student performance	home and at school, did consistently better
		in school.
Gutman &	Four studies of the combined support of	The combined support of families and
Midgley, 2000;	families and school	school is generally associated with better
Sanders &		student performance.
Herting, 2000;		
Shumow &		
Lomax, 2001;		
Trusty, 1999		
Shumow and	The association between the level of	Higher levels of parent involvement were
Lomax, 2001	parents' feelings of efficacy and their	more strongly related to positive student
	children reporting doing better in school	outcomes and perceptions of well-being
	and feeling happy, safe, and stable.	than were low levels.

Key finding #3. Families of all cultural backgrounds, education, and income levels encourage their children, talk with them about school, help them plan for higher education, and keep them focused on learning and homework. In other words, all types of families can, and often do, have a positive influence on their children's learning (p. 34).

Researcher(s)	Focus of Study	Finding
Clark, 1993	Correlated the ways children spend their	The way children spent their time at home
	out-of-school time with grades, family	was a better predictor of school success
	background, and other factors	than the family's income or education level.
Ho Sui-Chu	Compared involvement at home with	Involvement at home—parents talking with
and Willms,	merely volunteering and attending school	their children about school and planning
1996	activities.	their education programs—had the greatest
		effect on student achievement when
		compared to merely volunteering and
		attending school activities.
Catsambis,	Retaining students through Grade 12	Enhancing learning at home had the
1998		strongest relationship to staying in school
		through Grade 12.
Shumow and	Parent involvement, attitudes toward	Parent involvement at home led to positive
Miller, 2001	school, and grades	attitudes toward school; parent involvement
		at school contributed to higher grades.
Williams, 1998	Parents expectations and out-of-school	Parents' expectations for their children's

school activities, are pos	
·	sitively linked to all
aspects of their children	's achievement.
Catsambis, Study of parents' activity in their middle Researchers found that	Asian, Hispanic,
1998; Ho Sui- and high school children's education (using and African American pa	arents were as
Chu & Willms, the NELS:88 database) active in their middle and	d high school
1996; Keith & children's education as \	White parents.
Keith, 1993; However, the minority gr	roups reported
Gutman & higher levels of home in	volvement and
Midgley, 2000; supervision than did Wh	ites.
Miedel &	
Reynolds,	
1999; Sanders	
& Herting,	
2000	
Shumow and Study of 60 families Parent involvement in ed	ducation at home
Miller, 2001 and at school was positi	vely related to
young adolescents' acad	demic outcomes.*
Lareau and Case study: family education and income Families with more educ	ation and income
Horvat, 1999 are more comfortable wi	th school staff
because they can relate	to each other
better.	

^{*}The researchers report: "The relation found between the young adolescents' past school adjustment (success in school) and school orientation (attitudes toward school) indicates that successful children might have been socialized to the importance of education by families that have made a consistent long-term commitment to education" (p. 86). Given that at-home and at-school involvement may have different effects on students, the researchers underscore the importance of specifying the form of parent involvement being studied or targeted in program development.

Key finding #4: Parent and community involvement that is linked to student learning has a stronger association with achievement than more general forms of involvement. This suggests that parent involvement should be focused on improving achievement and be designed to engage families and students in developing specific knowledge and skills (p. 38).

Researcher(s)	Focus of Study	Finding
Shaver &	Workshops that inform parents about what	Workshops that inform parents about what
Walls, 1998	their children are learning and how to help	their children are learning and how to help

	their children at home	their children at home are connected to
		gains in achievement.
Westat/Policy	Isolation of the effects of parent	Using advanced statistical methods,
Studies	involvement from other program elements	researchers found that students made
Associates,	(for the U.S. Department of Education)	greater and more consistent gains when
2001		teachers were "especially active" in
		outreach to parents.
Moore, 1998	Local School Councils in Chicago (parents,	Cooperative adult effort on the part of local
	teachers, community members, and	councils is strongly related to improved
	administrators involved in the school)	student achievement.
Invernizzi and	Tutoring by community volunteers	Students who received tutoring from
colleagues,		community volunteers made substantial
1997		gains in reading, and students who
		attended more than 40 sessions made
		greater gains than those who attended
		fewer.
Dryfoos, 2000	Review of evaluations of community	Although the evaluations were not rigorous,
	schools (e.g., before- and after-school	students in programs that focused on
	learning programs)	learning made gains of 2-3 years in reading
		and math test scores.

Summary

Collectively, recent studies and earlier research indicate a strong relationship between family involvement and improved academic performance. Family involvement is also associated with other key outcomes such as attendance and behavior, which are also related to achievement. The relationship between family involvement and performance holds for families of all backgrounds. The ways parents are involved matters, too. Improved performance is most strongly connected to involvement that is focused on learning, developing students' skills in specific subjects, and steering students toward more challenging classes. Close working relationships between teachers and families are also related to improved performance. Finally, the studies identified several ways that schools can assist families in developing their capacity to support their children's education:

- Adopt a family-school partnership policy. The philosophy behind it should see the total school community as committed to making sure that every single student succeeds at a high level and to working together to make that happen.
- Identify target areas of low achievement. Work with families to design workshops and other activities to give them information about how to help their children. Lend families learning materials to use at home. Get their ideas for how to help their children learn.
- Offer professional development for school staff on working productively with families. Invite families to attend.
- Look at your current parent involvement program. How is it linked to learning? Work with families and teachers to add a learning component to every activity and communication for families. Think about new and different activities that will create a learning community. (Henderson & Mapp, 2002, p. 74)

As Henderson and Mapp (2002) conclude, although engaging families can help improve student achievement, it is not enough to overcome the deficits of low-quality schools. Parent involvement programs need to be paired with high-quality initiatives to improve teaching and learning. Such initiatives will be more effective if they engage families.

Based on a Literature Review by Patricia E. Ceperley, December 2005, Appalachia Educational Laboratory (AEL) at Edvantia

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