VALIDATION EXPERIENCES AND PERSISTENCE AMONG URBAN COMMUNITY COLLEGE STUDENTS

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Abstract

Problem Statement

Factors influencing student persistence in college have been widely studied in response to increasing concern about high attrition rates among students who enter higher education (Braxton, 2002; Pascarella & Terenzini, 2005). While more students are entering college than ever before, large numbers leave during the first year, and a substantial proportion depart before attaining a degree or other credential (Horn, Berger, & Carroll, 2005). While they leave prematurely from all types of colleges and universities, some institutions are considerably more likely than others to have high rates of student attrition. Two-year colleges comprise 44% of all postsecondary institutions in the U. S., and enroll 46% of American undergraduates, including over half of all postsecondary freshmen and sophomores (National Center for Education Statistics [NCES], 2002). However, less than one-third of students who enroll in 2-year colleges receive any kind of certificate or degree within three years of entering (Berkner, He, Cataldi, & Knepper, 2002; Carnevale & Desrochers, 2001). When considering bachelor's degree attainment, students who start out at a 2-year institution with plans to complete a bachelor's degree are 15-20% less likely to do so than students starting their postsecondary education at a 4-year institution (Fiske, 2004). Low persistence rates are of concern to students who are not able to meet their educational or career goals and to institutions monitoring their students' and their own performance as well as their potential for lost revenue. Persistence is also of concern to society at large because collegeeducated citizens contribute in many ways to the social good and are less likely to engage in harmful behaviors (Barton, 2002; Carey, 2004; Fiske, 2004).

Early departure is much more common among some groups of students than others. Community college students are three to four times more likely to "reflect the factors that put students most at risk of not attaining a degree. Those factors include delayed entry, part-time enrollment, full-time employment, financial independence, single parenthood, family dependents, and under-preparation for college" (Community College Survey of Student Engagement, 2002, p.

1). Community and technical college students tend to be older, with 46% over the age of 24. In addition, 63% of these students attend part time as compared to 22% at 4-year colleges (Cohen & Brawer, 2003). Likewise, community college students are disproportionately members of racial and ethnic minorities and have lower family incomes than those attending 4-year institutions (Cohen & Brawer). Finally, community college students are less likely to be academically prepared for college as indicated by SAT composite scores averaging 839 for students intending to enter 2-year colleges as compared with 961 for students expecting to enter bachelor's level institutions (NCES, 2001, as cited in Cohen & Brawer, 2003).

When attempting to explain student departure from college, many scholars emphasize the importance of student integration or involvement in college, meaning engagement in academic and extracurricular activities associated with college, (Astin, 1993; Pascarella & Terenzini, 2005; Terenzini, Rendon, Upcraft, Millar, Allison, Gregg, & Jalomo, 1996; Tinto, 1993, 1998, 2004). They posit that integration or involvement in college is predictive of higher rates of retention, and that it often flows naturally from living in residence halls, participation in college courses, and engagement in campus activities. Most frequently cited among these scholars is Tinto, whose interactionalist model of student departure from college holds nearly paradigmatic status (Braxton, 2002).

Rendon (1994, 2002) questioned whether integration of this kind is always the most important influence on student retention. She contended that, for nontraditional and underserved students, *validation* may be more important for student success and persistence. Defining validation as interactions with students initiated by faculty and others in the campus community that engender feelings of self-worth and a belief in the ability to succeed in the college environment, she delineated a number of reasons why this kind of interaction may be especially important for certain groups of students. She argued that students who have not grown up assuming they would go to college may not have enough comfort with, and knowledge of, college environments to become readily integrated without additional assistance.

Whereas Rendon (1994, 2002) offered validation as an *alternative* to integration, it may also be viewed as a *precondition* for integration. In other words, faculty may reach out to students in ways that lead them to feel more integrated. Examples could include talking with students about their personal goals, showing them that their personal and cultural history is valued, or taking extra time to help students learn class material. Tinto does not emphasize the role of validation, but he does recognize its potential importance in 2-year and non-residential institutions and among nontraditional students (Tinto, 1997, 1998). Further, Tinto's (1993) definition of integration as a sense of "competent membership" (p. 208) as a result of, among other things, student interaction with faculty and staff is highly compatible with Rendon's description of the benefits derived from validation. Thus, this study was designed as an elaboration of aspects of Tinto's Longitudinal Model of Institutional Departure, specifically an investigation into the relationships shown in the darkened boxes in Figure 1. In this research, Rendon's (1994, 2002) validation construct is explored as a type of faculty/staff validation that predicts students' integration and their intent to persist in college.

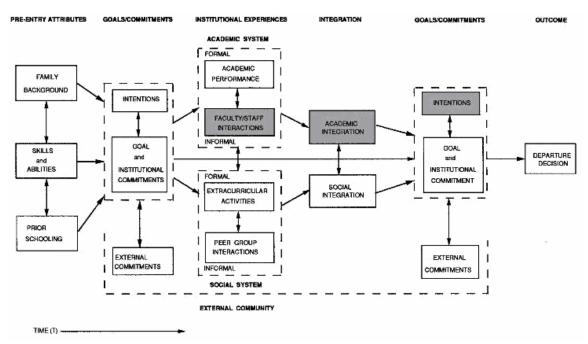


Figure 1. Relationships of interest in Tinto's Longitudinal Model of Institutional Departure.

Note. From Leaving College: Rethinking the Causes and Cures of Student Attrition (p. 114), by V. Tinto, 1993, Chicago: University of Chicago Press. Copyright 1993 by The University of Chicago. [Reprinted with permission]

Purpose of the Study

The purpose of this research was to examine the extent to which urban community college students' experiences with validation by faculty contributed to their sense of integration in college and whether this, in turn, contributed to their intent to persist in college. This study focused on urban community college students' *validating experiences* in their interactions with college faculty as described by Rendon (1994, 2002), Rendon and Garza (1996), Rendon and Jalomo (1995), and Rendon, Jalomo, and Nora (2000). These experiences were considered in relation to *integration*, defined as a sense of competent membership (Tinto, 1993), to determine whether students who were more validated were also more integrated and/or more likely to express the intent to persist (Tinto). It was also designed to better understand the different types of validation that students experienced. The significance of this research was its contribution to the theoretical understanding of college student departure decisions as well as its potential to guide practice within community colleges.

The study tested five research hypotheses and two sub-hypotheses:

- 1. Faculty validation has discernable sub-constructs.
- 2. Among urban community college students, higher levels of faculty validation predict a stronger sense of integration, or competent membership in the college.
 - 2a. Sub-hypothesis: Among urban community college students, higher levels of faculty validation sub-constructs predict a stronger sense of integration, or competent membership in the college.
- 3. Among urban community college students, higher levels of validation from faculty predict a stronger intent to persist in college.
 - 3a. Sub-hypothesis: Among urban community college students, higher levels of faculty validation sub-constructs predict a stronger intent to persist in college.
- 4. Among urban community college students, higher levels of integration (or competent membership) in the college predict a stronger intent to persist in college.
- 5. The effect of faculty validation on intent to persist is indirect and mediated by students' sense of integration (or competent membership) in the college.

Method

Prior research (e.g., Rendon, 1994; Rendon & Jalomo, 1995; Terenzini, Rendon, Upcraft, Millar, Allison, Gregg, & Jalomo, 1996) on student validation in the community college has been largely exploratory and qualitative. This study was designed to use quantitative methods to further investigate the meaning of validation and the relationship between validating experiences, a sense of integration, and intent to persist in college. This study was the first to use correlational methods to explore college student experiences with validation as conceptualized by Rendon (1994, 2002). As no previous instrument existed to measure students' perceptions of faculty validation, the creation and validation of an instrument was an important aspect of this dissertation research.

The instrument was developed using rigorous methods (Dawis, 1987; Devellis, 1993; Dillman, 2000: Ebel & Frisbie, 1991; Kuh, 2001; Messick, 1995; Pope & Mueller, 2000) to insure its validity and reliability, with a particular focus on the creation of a scale to measure faculty validation. Scale development involved: (a) the creation of items based on the literature, (b) a review of the items by ten national experts on student development and student persistence in postsecondary education (including Andrea Bueschel of the Carnegie Foundation for the Advancement of Teaching, George Kuh of Indiana University, Amaury Nora of the University of Houston, Laura Rendon of Iowa State University, Barbara Townsend of the University of Missouri and others), (c) the selection of items, and (d) the use of a number of statistical and procedural measures to assess their performance. The full instrument was pilot tested and the results analyzed to assess content and construct validity and reliability.

A criticism of single institution studies is that they reflect the conditions of a specific institution, thus limiting generalizeability (Bailey & Alfonso, 2005). However, for exploratory research such as this, there are advantages to working in one institution. Research conducted within a single college permits validation of an instrument with a relatively large sample from one institution during a restricted time frame, while controlling for extraneous factors associated

with context, geography, and student experiences. Considering these advantages, one demographically diverse, urban community college—Midwest College—was selected. The student population of interest consisted of all students attending credit-bearing classes.

Introductory college-level English (101, 102) classes offered during Spring 2006. were selected for inclusion in the study because students in these required classes were representative of degree-seeking students at the college. In addition, these students would have already demonstrated their readiness to undertake college level work by passing placement tests or completing remedial coursework. Thus, they would be somewhat less likely to consider dropping out due to inadequate academic skill levels of the type associated with lack of persistence in college (Adelman, 1999; Cohen & Brawer, 2003). A total of 333 students from 22 English classes at Midwest College was surveyed.

To assess hypothesis 1, exploratory principle components analysis was used to identify sub-constructs of faculty validation. To assess the other hypotheses and sub-hypotheses, multiple linear regression analyses were conducted evaluating the extent to which: 1) faculty validation predicted integration and intent to persist, 2) faculty validation sub-constructs predicted integration and intent to persist, 3) integration predicted intent to persist, and 4) faculty validation influenced intent to persist indirectly, via integration. In the multiple linear regression analyses age, gender, race/ethnicity, mothers' education, college GPA, and the number of credit hours in which the student was enrolled during the semester were controlled.

As an added dimension of this study, an assessment was made of the strength of the connection between intent to persist and actual persistence. A sample of students was contacted by telephone and email in the Fall of 2006 to see whether they had actually returned to Midwest College for the fall semester. Among those contacted, a moderate relationship (Jaeger, 1993) was found between intent to persist and actual persistence at r = .474 and significant at the p < .01 level.

Findings

Hypothesis 1. This hypothesis stated that faculty validation has discernible subconstructs. Exploratory principal components analysis revealed four sub-constructs or components (with Eigenvalues over 1) related to faculty validation that explained a substantial proportion of total variation: (a) students known and valued explained 23.2% of the variation, (b) good instruction explained 14.8% of the variation, (c) appreciation for diversity explained 11.4% of the variation, and (d) mentoring explained 10.1% of the variation, for a total of 59.5% explained.

Hypothesis 2. This hypothesis stated that, among urban community college students, higher levels of faculty validation predict a stronger sense of integration, or competent membership in the college. Using criteria for extent of fit proposed by Muijs (2004; this criteria was used throughout), an overall R square for this model of .559, significant at the p < .01 level, indicated that a strong fit had been obtained.

Sub-Hypothesis 2a. This sub-hypothesis stated that, among urban community college students, higher levels of faculty validation sub-constructs predict a stronger sense of integration, or competent membership in the college. An overall R square for the model of .603, significant at the p < .01 level, indicated that a strong fit had been obtained. The faculty validation sub-constructs were all significant predictors of competent membership. Among them, the strongest predictor of a sense of competent membership was *good instruction* (beta = .507, p < .01), followed by *mentoring* (beta = .468, p < .01), *students being known and valued* (beta = .352, p < .01), and *appreciation for diversity* (beta = .255, p < .01).

Hypothesis 3. This hypothesis stated that, among urban community college students, higher levels of validation from faculty predict a stronger intent to persist in college. An overall R square for the model of .246, significant at the p < .01 level, indicated that a modest fit had been obtained.

Sub-Hypothesis 3a. This sub-hypothesis stated that, among urban community college students, higher levels of faculty validation sub-constructs predict a stronger intent to persist in college. An overall R square for the model of .256, significant at the p < .01 level, indicated that a modest fit had been obtained. Two of the faculty validation components significantly, and almost equally, predicted students' intent to return to college for the subsequent semester. The strongest predictor was the *mentoring* sub-construct (beta = .215, p < .05); the other significant predictor was *students known and valued* (beta = .213, p < .05).

Hypothesis 4. This hypothesis stated that, among urban community college students, higher levels of integration or competent membership in the college predict a stronger intent to persist in college. An overall R square for the model of .293, significant at the p < .01 level, indicated that a modest fit had been obtained.

Hypothesis 5. This hypothesis stated that the effect of faculty validation on intent to persist is indirect and mediated by students' sense of integration or competent membership in the college. To assess this, a multiple regression analysis was performed in which faculty validation and integration entered as independent variables and intent to persist as the dependent variable. An overall R square for the model of .296, significant at the p < .01, level indicated that a modest fit had been obtained. Of particular interest in this regression, were the relative values of the betas for faculty validation and competent membership. Within the context of this model, competent membership garnered a significant beta value (beta = .334, p = .004), while the beta for faculty validation was non-significant (beta = .074, p = .520). The findings related to Hypotheses 3 and 4 indicated that faculty validation and competent membership each significantly predicted intent to persist. When they were both used as independent variables within one regression equation, however, only competent membership significantly predicted intent to persist. Very little was added to this final model by the inclusion of faculty validation. It can be concluded that, while both variables contributed to the model predicting intent to persist, competent membership was

found to have a direct effect, while faculty validation had an indirect effect on intent to persist, mediated by competent membership.

Conclusions and Implications

A summary of the findings of this research appears in Figure 2. Four sub-constructs of faculty validation emerged through principal components analysis, with items loading onto the following components: *students known and valued, good instruction, appreciation for diversity, and mentoring*. After controlling for students' age, gender, race/ethnicity, mothers' education, number of credits taken in the semester (part/full time status) and college GPA, faculty validation was found to strongly predict students' sense of integration; each of the sub-constructs of faculty validation predicted student integration at a moderate to strong level, with *good instruction* the strongest predictor. Faculty validation modestly predicted students' intent to persist; as well, two sub-constructs of faculty validation significantly predicted intent to persist—*students known and valued* and *mentoring*. Student integration modestly predicted intent to persist. Faculty validation's effect upon intent to persist was indirect, mediated through students' sense of integration.

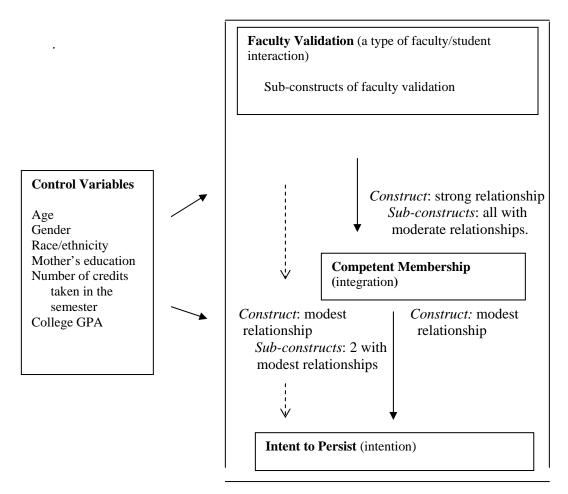


Figure 2. Conceptual framework for the current research including significant relationships found.

Note. Solid arrows indicate direct relationships; dashed arrows indicate indirect relationships.

Contributions to theory emerging from this research were as follows:

- Empirical support was found for Rendon's (1994, 2002) proposition that validation influences student persistence in college.
- 2. Tinto's (1993) interactionalist theory of student departure was elaborated upon and two of the theory's propositions were empirically tested. This contributed to a better understanding of, and empirical support for aspects of Tinto's model.
- 3. The term *integration* is widely and divergently used. In this research it was defined and operationalized in alignment with one definition offered by Tinto (1993), an approach

- which yielded significant findings regarding its ability to predict intent to persist in college.
- 4. Sub-constructs of faculty validation were revealed, leading to a better understanding of the meaning of this construct.
- 5. The study contributed to a better understanding of predictors of persistence among non-traditional and underserved students.

Implications for practice and further research are as follows:

- Validation by faculty significantly predicted students' sense of integration and their intent
 to persist in college. Active institutional efforts to increase the validation of students by
 faculty may contribute to increased student persistence.
- 2. Many of the specific items in the study pertaining to faculty validation involve skills that faculty can cultivate. In the case of some dimensions of this construct, it may be sufficient to raise awareness among instructors of the impact of extra effort to, for example, encourage students to share their life experiences, get to know students' names, encourage their involvement on campus, or show that students are accepted as capable learners.
- Institutional efforts to encourage faculty to validate students can include (a) incentives,
 (b) professional development on the importance of, and approaches to, validation of students, and/or (c) redefining of faculty roles and responsibilities to include validation of students.
- 4. Graduate schools can provide opportunities for future faculty members to better understand ways to encourage the success and persistence of non-traditional and underserved college students through active validation.
- Because non-traditional and underserved students interface with colleges primarily in the classroom, efforts to influence their persistence in the classroom may be more fruitful than the creation of add-on programs.

6. Further research is needed on the influence of validation on student experiences and outcomes in other settings and with other populations. In addition, action research in which interventions are implemented and their impact measured is recommended.

In some of his earlier work, Tinto (1982) stated, "Simply put, the more time faculty give to their students...the more likely are students to complete their educations." (p. 697). Despite this, his work and that of other researchers has focused predominantly on other kinds of influences on college student persistence, and there has been little evidence that classroom-based actions of faculty influence students' departure decisions. This dissertation research yielded findings indicating that faculty/student interaction involving validation of the type described by Rendon (1994, 2002) and others influences students' sense of integration, and that integration, in turn, influences their intent to persist.

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COLLEGE EXPERIENCE SURVEY Midwest College

Spring 2006

You have the right to not answer any or all of the questions in this survey. This first page will cover your answers so that no one else will see what you have said.

COLLEGE EXPERIENCE SURVEY

We are gathering information on how college experiences affect students' feelings about being able to succeed in college. Please share information about your own experiences. Your answers will be kept confidential.

	CIRCL	E THE (ONE AN	SWER	ΓΗΑΤ FI	TS BES	T:
When I think about the classes I have taken at this college, I would say that	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree
I have had at least one instructor at this college who helped me to believe in myself.	1	2	3	4	5	6	7
I feel accepted as a person by my instructors.	1	2	3	4	5	6	7
3. At least one instructor has talked with me about my personal goals at this college.	1	2	3	4	5	6	7
My instructors seem to genuinely care how I am doing.	1	2	3	4	5	6	7
My instructors understand that students come from different backgrounds.	1	2	3	4	5	6	7
6. Most instructors are interested in what I have to offer in class.	1	2	3	4	5	6	7
7. I am encouraged by my instructors to openly share my views in class.	1	2	3	4	5	6	7
8. My instructors show that they believe in my ability to do the class work.	1	2	3	4	5	6	7
9. My instructors know who I am.	1	2	3	4	5	6	7
10. My instructors are willing to take as long as needed to help me understand the class material.	1	2	3	4	5	6	7
11. I feel accepted as a capable student by my instructors.	1	2	3	4	5	6	7
12. My instructors make me feel as though I bring valuable ideas to class.	1	2	3	4	5	6	7
13. I interact with my instructors outside of class.	1	2	3	4	5	6	7
 My instructors are willing to give me individual help when needed. 	1	2	3	4	5	6	7
15. Even if the work in my classes is hard, I can learn it.	1	2	3	4	5	6	7
16. It seems like my instructors really care about whether I am learning.	1	2	3	4	5	6	7
17. People of color are encouraged to contribute to the class discussion.	1	2	3	4	5	6	7

	CIRCLE THE ONE ANSWER THAT FITS BEST:						
When I think about the classes I have taken at this college, I would say that	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree
18. If I have enough time, I can do a good job on all of my coursework.	1	2	3	4	5	6	7
19. I am encouraged to share life experiences when they relate to the class material.	1	2	3	4	5	6	7
20. I can generally express my honest opinions in my classes	1	2	3	4	5	6	7
21. My instructors provide lots of written feedback on the assignments I turn in.	1	2	3	4	5	6	7
22. I feel like my personal and family history is valued in class.	1	2	3	4	5	6	7
23. Women are encouraged to contribute to the class discussion.	1	2	3	4	5	6	7
24. I feel as though I am treated equally to other students.	1	2	3	4	5	6	7
25. My instructors make an effort to make their classes interesting.	1	2	3	4	5	6	7

	CIRCL	E THE (ONE AN	SWER 7	HAT FI	TS BES	Т:
When I think about this college in general, I would say that	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree
26. I see myself as a part of the campus community.	1	2	3	4	5	6	7
27. I'm certain I can do almost all the work in college if I don't give up.	1	2	3	4	5	6	7
28. My instructors encourage students to become involved on campus.	1	2	3	4	5	6	7
29. I'm certain I can master the skills taught at this college.	1	2	3	4	5	6	7
30. I am planning on returning to this college for the Fall 2006 semester.	1	2	3	4	5	6	7
31. I can do almost all the work in college if I don't give up.	1	2	3	4	5	6	7
32. I feel that I am a member of the campus community.	1	2	3	4	5	6	7
33. I expect to complete a degree or certificate at this college.	1	2	3	4	5	6	7
34. I feel a sense of belonging to the campus community.	1	2	3	4	5	6	7

	CIRCLE THE ONE ANSWER THAT FITS BEST:						
When I think about this college in general, I would say that	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree
35. My instructors are easily accessible outside of their classrooms or offices.	1	2	3	4	5	6	7
36. I can do even the hardest coursework if I try.	1	2	3	4	5	6	7
37. I've had one or more instructors at this college whom I thought of as a mentor.	1	2	3	4	5	6	7
38. My instructors generally remember my name.	1	2	3	4	5	6	7
39. I'm certain I can figure out how to do the most difficult coursework.	1	2	3	4	5	6	7

	CIRCLE THE ONE ANSWER THAT FITS BEST:				
In your experiences at this college, how often have you done each of the following:	Very often	Often	Sometimes	Never	
Used e-mail to communicate with an instructor	1	2	3	4	
Discussed grades or assignments with an instructor	1	2	3	4	
Talked about career plans with an instructor or advisor	1	2	3	4	
Discussed ideas from your readings or classes with instructors outside of class	1	2	3	4	
Received prompt feedback (written or oral) from instructors on your performance.	1	2	3	4	
Worked with instructors on activities other than coursework.	1	2	3	4	

Please share some information about you:

a.	What is your gender?
	Male Female
b.	What is your racial/ethnic background (mark the one best response)?
	 White Black or African American Hispanic/Latino Asian or Pacific Islander American Indian or Alaska Native Other

c.	Wł	nat is your age?
d.	l la	st attended high school in and my high school GPA was (city/state/country)
e.	Wh	nen did you first start taking courses at this college? Month Year
	f.	Over the entire time you have been enrolled in college (here and elsewhere), how many college credit hours have you earned?
	g.	How many college credit hours are you taking this semester?
	h.	What is your overall college GPA?
	i.	What is (or will be) your college major?
	j.	For the purposes of this research, we would like to know whether you return to college in Fall 2006. May we call you next fall to see whether you are enrolled?
		No, I would prefer not to share this information.
		Yes, I can be reached at or (phone number) (phone number)
	k.	Which statement best describes the highest level your parents reached in school (check one for each parent). MOTHER FATHER
		Did not attend high school
	I.	I expect to complete a degree or certificate from this college (check one):
		 At the end of this semester. Within one year. In more than a year, but less than two years. In more than two years. I don't expect to complete a degree or certificate.

THANK YOU FOR PARTICIPATING IN THIS STUDY!!