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## ABSTRACT

This guide is intended to be a resource for parents of children with special needs who want to improve the early intervention system in North Carolina for their own children and for the whole community. By informing parents about resources that are available for children and families, the guide empowers parents as leaders. Annotated lists of resources are organized into the following categories: (1) training opportunities and information; (2) mentoring opportunities; and (3) services, opportunities and information. The guide contains one appendix, which lists additional program information. (SG)

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# Opportunities for Parent Leadership in North Carolina

A resource guide for  
parents of children  
with special needs  
who are leaders  
and advocates for  
their children and  
the larger community

First edition January 2000  
Revised March 2002

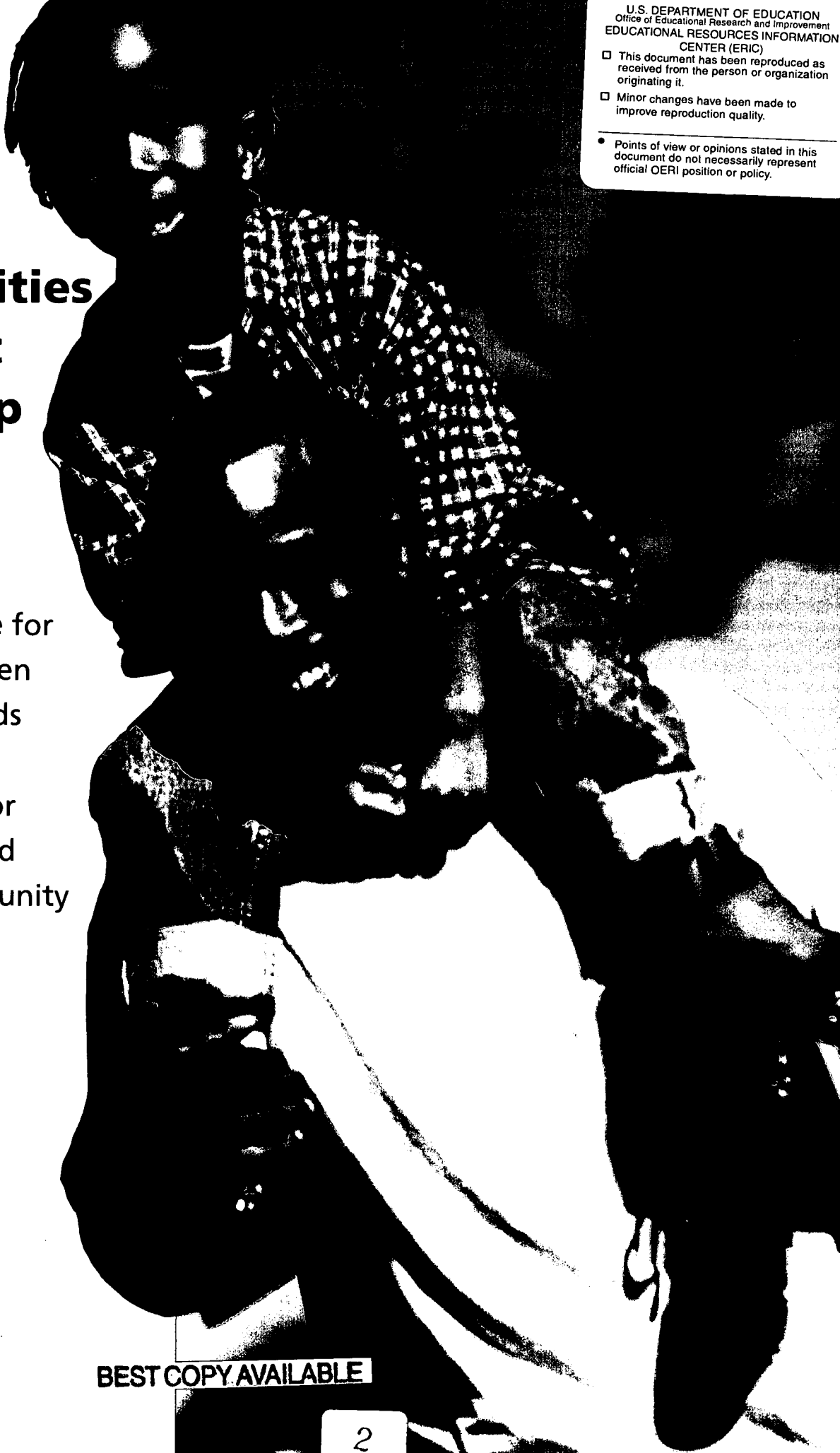
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North Carolina Early Intervention Services



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# **Opportunities for Parent Leadership in North Carolina**

A resource guide for  
parents of children with special needs  
who are leaders and advocates  
for their children and  
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January 2000  
Revised March 2002



North Carolina Early Intervention Services

This document was funded by the  
North Carolina Infant-Toddler Program, Division of Public Health,  
North Carolina Department of Health and Human Services

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Revised March 2002

Originally compiled by Roxann Colwell, MSW

Additional contributions by Sabrina Tyndall and Allen Stutts

Design by Michael Brady

Permission is freely given to anyone who wishes to copy and distribute this guide to help us in our goal of educating and supporting parent leaders. An electronic copy is available on our website at <http://www.fpg.unc.edu/~pld>.

3,000 copies of this public document were printed for \$4,944.88, or \$1.65 each.

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# Introduction

Parents of children with special needs—and the professionals who serve these families—are often eager to assume leadership roles in our state’s early intervention system. They understand that parents have unique insights about the needs of their children and that this knowledge could be useful to agencies and organizations serving individuals with special needs.

But even professionals are sometimes puzzled when they face the huge network of overlapping services that are available. This guide, *Opportunities for Parent Leadership in North Carolina*, is designed as a resource for parents who want to improve the system in our state for their own children and for the whole community. By informing parents about resources available for children and families, this guide empowers parents as leaders.

Leadership opportunities are many. Parents may advise local early intervention programs or serve on state boards. Some may write articles for newsletters or local newspapers; others will give presentations to groups of parents or professionals, or co-teach college courses. Parents can be officers for parent groups or establish new groups for support and advocacy.

Whatever your level of expertise, you can use this guide to locate opportunities to continue to develop leadership skills, and to locate organizations for involvement that match your interests. With increases in your ability to communicate effectively with service providers or policy makers, you can begin to apply your leadership skills in effective ways to help make our state and nation a place where those with special needs can reach their full potential.

For decades parents have been instrumental in the growth of services for people with special needs. We invite you to join this formidable force for change, a growing group of motivated, energetic, and empowered parents.

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# Training Opportunities and Information

# Financial Assistance for Training

Many of the following training opportunities require various fees. However, do not let this discourage you from getting involved, as there are ways to obtain funding. In fact, there are a good many opportunities out there, and we encourage you to be assertive in identifying and applying for them. Be sure to subscribe to various program newsletters and read them carefully for financial assistance opportunities. In addition, many training opportunities have available stipends or other types of financial assistance. We have listed a few below to get you started:

Contact your local Infant-Toddler Preschool Interagency Coordinating Council or Consortia and the Family Support Network. They may have some programs for financial assistance and are usually aware of other opportunities.

## **Participant Involvement Fund (PIF)**

North Carolina Council on Developmental Disabilities

1001 Navaho, Suite GL-103

Raleigh, NC 27609

Voice/TDD: 919-850-2833

Voice/TDD: 800-357-6916

Fax: 919-850-2895

<http://www.nc-ddc.org>

Click on the "Participant Involvement Fund Guidelines and Applications" link.

Council Chair: Mark Ezzell

Executive Director: Holly Riddle, J.D., M.Ed.

Provides discretionary funding on a limited basis to people with developmental disabilities, their family members, or their guardians to participate in conferences, training events, public forums, focus groups, committees, task forces, hearings, and other similar activities. The intention of the fund is to empower people with disabilities and their family members with the experiences, resources, and information they need to participate meaningfully in the decisions that are being made which affect their lives. Please contact the PIF by phone or website to find out about funding limits and reimbursement policies.

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# Human Services Agencies and Groups

## » **The Arc of North Carolina**

16 E. Rowan Street, Suite 204  
Raleigh, NC 27609  
800-662-8706  
919-782-4632  
Fax: 919-782-4634  
<http://www.arcnc.org/>  
E-mail: [arcofnc@arcnc.org](mailto:arcofnc@arcnc.org)

Provides advocacy services, education and support to families and professionals regarding persons with mental retardation and developmental disabilities and the issues that affect their lives. There are currently 44 chapters across the state and each one operates as a separate nonprofit agency providing for its own local choice and level of advocacy, services, and training opportunities.

## » **Area Health Education Centers (AHEC)**

CB# 7165, 101 Medical Drive  
UNC-CH  
Chapel Hill, NC 27599-7165  
919-966-2461  
Fax: 919-966-5830  
<http://www.med.unc.edu/wrkunits/7ahec/ahec/>  
E-mail: [ncahec@med.unc.edu](mailto:ncahec@med.unc.edu)

There are nine centers across the state that provide a variety of training events in the field of mental health, developmental disabilities, substance abuse, nursing, management, and personal growth.

## » **Autism Society of North Carolina**

505 Oberlin Road, Suite 230  
Raleigh, NC 27605-1345  
919-743-0204  
800-442-2762 (NC only)  
Fax: 919-743-0208  
<http://www.autismsociety-nc.org/>  
E-mail: [training@autismsociety-nc.org](mailto:training@autismsociety-nc.org)  
Executive director: Jill Keel

Provides leadership retreats to local unit leaders that are identified across the state.

**» BEGINNINGS for Parents of Children Who Are Deaf or Hard of Hearing, Inc.**

P.O. Box 17646

Raleigh, NC 27619

Voice/TTY: 800-541-HEAR (800-541-4327) Toll-free for NC residents only

Voice/TTY: 919-850-2746 local and outside NC

<http://www.beginningsvcs.com/>

BEGINNINGS supports the families of children who are deaf or hard of hearing, as well as deaf parents with hearing children and the professionals who serve them. BEGINNINGS gives information, support, and training to help families make educational decisions and obtain appropriate services, and it provides information on available communications options for a child who is deaf or hard of hearing so the family can choose the option most appropriate for their child.

**» Community Living Association**

N.C. TASH

P.O. Box 25746

Raleigh, NC 27611-5746

410-828-8274

Fax: 410-828-6706

<http://www.nccla.org>

The North Carolina Community Living Association (CLA) began in 1976, and advocates for high quality, integrative, inclusive community-based services for persons with developmental disabilities of all ages. While the CLA focused for many years on services for adults, it has recently begun to focus on having a larger share of its membership from families of children (parents of infants and toddlers, preschool, and school-aged children). The common thread is an interest in developing strong community-based services for people with developmental disabilities, thereby weaving together stronger communities.

During its 1999 Annual Conference, the CLA completed its vote to affiliate with TASH (formerly The Association for Persons with Severe Handicaps). This national organization is a leading advocacy organization for children and adults with severe disabilities.

**» Developmental Disabilities Training Institute (DDTI)**

CB#3370; 1700 Airport Road

UNC-CH

Chapel Hill, NC 27599-3370

919-966-5463

Fax: 919-962-5837

<http://www.unc.edu/depts/ddti/>

Provides research, training, and consultation regarding services for people with developmental disabilities. DDTI typically works directly with staff within agencies, yet they support parent and family participation in their trainings and hire parents as staff.

» **The Duke University Certificate Program in Nonprofit Management**

919-684-6259  
<http://www.learnmore.duke.edu>  
E-mail: [learn@duke.edu](mailto:learn@duke.edu)

A collaborative effort by many colleges and agencies across the state that provides an array of low-cost, high-impact programs for persons working with or for nonprofit organizations, churches, foundations or government agencies. Contact them for more information regarding course listings and locations.

» **Early Childhood Resource Center**

Research Triangle Institute  
919-541-6224  
<http://www.rti.org/child/>  
E-mail: [child@rti.org](mailto:child@rti.org)

Offers assistance to practitioners and policy makers in planning and implementing child- and parent-focused programs that can improve the lives of our youngest children by providing up-to-date research-based resources, curricula, training, and technical assistance.

» **Early Intervention Training and Technical Assistance System (EITTAS)**

Deborah Carroll, Ph.D.  
919-715-7500, ext. 236 (state office)  
Fax: 919-733-3075  
E-mail: [Deborah.Carroll@ncmail.net](mailto:Deborah.Carroll@ncmail.net)

A collaboration between parents, training providers, and early intervention agencies to provide monetary and human resource support to the professionals who serve the families of infants, toddlers, and preschoolers. This program operates out of four regional offices as well as on the state level.

**Western Region**

Anne-Marie deKort-Young  
NC School for the Deaf  
517 West Fleming Drive  
Morganton, NC 28655  
Phone: 828-430-7812  
Fax: 828-430-7815  
E-mail: [AnneMarie.DeKort-Young@ncmail.net](mailto:AnneMarie.DeKort-Young@ncmail.net)

**North Central Region**

Meryl Murphy  
Greensboro DEC  
Self-Help Public Interest Center  
122 North Elm Street, Suite 400  
Greensboro, NC 27401  
Phone: 336-334-5601  
Fax: 336-334-5657  
E-mail: [Meryl.Murphy@ncmail.net](mailto:Meryl.Murphy@ncmail.net)

**South Central Region**

Gloria Cates  
Fayetteville DEC  
1211-A Ireland Drive  
Fayetteville, NC 28304  
Phone: 910-486-1605 ext. 223  
Fax: 910-486-1590  
E-mail: Gloria.Cates@ncmail.net

**Eastern Region**

Sherry Elliott  
Caswell Center  
2415 West Vernon Avenue  
Kinston, NC 28504-3321  
Phone: 252-208-3801  
Fax: 252-522-5078  
E-mail: Sherry.Elliott@ncmail.net  
<http://www.caswellcenter.org>

**» Exceptional Children's Assistance Center (ECAC)**

907 Barra Row, Suites 102/103  
Davidson, NC 28036  
Voice/TTD: 704-892-1321  
Fax: 704-892-5028  
Parent Information Line: 800-962-6817  
E-mail: [information@ecac-parentcenter.org](mailto:information@ecac-parentcenter.org)  
<http://www.ecac-parentcenter.org/>

A private nonprofit organization committed to improving the lives and education of all children with a special emphasis on children with disabilities. ECAC affirms the right of individuals of all backgrounds and cultures, with or without disabilities, to an appropriate education. They seek to make that right a reality by providing information, education, outreach, and support to and for families with children who have special needs across the state of North Carolina. They offer individual assistance, information and referral, parent-to-parent groups, parent education workshops, a newsletter, information to parent groups, and a lending library. Many materials are also provided in Spanish.

**» Family Support Network of North Carolina (FSN-NC)**

CB# 7340 Chase Hall  
UNC-CH  
Chapel Hill, NC 27599-7340  
919-966-2841  
800-852-0042  
Fax: 919-966-2916  
E-mail: [cdr@med.unc.edu](mailto:cdr@med.unc.edu)  
<http://www.fsnncc.org>

Enhances the lives of children with special needs by working with their families and the professionals who serve them. Facilitates the development of family-centered services through a statewide network of community-based parent-to-parent programs, parent-professional collaboration, and its Central Directory of Resources, an information and referral service. Locally based parent-to-parent programs offer support, information and training on a variety of topics including parent mentoring.

» **First in Families of North Carolina**

P.O. Box 16  
Davidson, NC 28036  
800-962-6817  
  
Cindy Parkey  
3006 Mail Service Center  
Raleigh, NC 27633-3006  
919-733-4665  
  
Betsy McMichael  
3522 Hayworth Drive  
Raleigh, NC 27609  
919-781-3616 ext. 233

<http://www.firstinfamiliesofnc.org/>

Consists of five projects that offer service brokerage, resource matching, cash assistance, etc. so that families with disabilities may live as much like other families as possible. Managed by the Developmental Disabilities section of the Division of MH/DD/SAS in collaboration with the N.C. Council on Developmental Disabilities and other key stakeholders.

» **Governor's Advocacy Council for Persons with Disabilities (GACPD)**

<http://www.doa.state.nc.us/gacpd/gacpd.htm>  
Street Address: 2113 Cameron Street, Suite 218  
Raleigh, North Carolina 27605-1344  
Mailing Address: 1314 Mail Service Center  
Raleigh, North Carolina 27699-1314  
919-733-9250  
800-821-6922 for general information and intake services  
Contact Person: Allen H. Perry, Director  
E-mail: [gacpd@ncmail.net](mailto:gacpd@ncmail.net)

Has four regional offices staffed with advocates and attorneys who provide information, advocacy services, and legal representation in situations involving the rights of persons with disabilities. Regional offices also investigate allegations of discrimination in education, daycare, employment, treatment, transportation, and other areas.

To initiate case advocacy services, one must go through intake at 800-821-6922.

**Eastern Regional Office**

201 Stevens Mill Road  
Goldsboro, North Carolina 27530  
Telephone for existing clients: 877-254-7533  
Toll-free TTY: 877-877-3526  
Fax: 919-731-3787  
Contact Person: Tamara Boyd, Regional Manager  
919-581-1029 ext. 13

**Western Regional Office**

10 Watkins Drive  
Morganton, North Carolina 28655

Telephone for existing clients: 877-877-1675  
Toll-free TTY: 877-877-2672  
Fax: 828-433-2185  
Contact Person: Kathy Smith, Regional Manager  
828-430-7188

**North Central Regional Office**

205-A West E. Street  
Butner, North Carolina 27509  
Telephone for existing clients: 877-510-2688  
Toll-free TTY: 877-775-3380  
Fax: 919-575-3021  
Contact Person: Idell Pierce, Regional Manager  
919-575-3019

**South Central Regional Office**

1010 Richardson Drive  
Raleigh, North Carolina 27603  
Telephone for existing clients: 877-296-3096  
Toll-free TTY: 888-733-6526  
Fax: 919-733-9479  
Contact Person: Deloris Arceneaux, Regional Manager  
919-733-9481

» **Mediation Network of North Carolina**

P.O. Box 241  
Chapel Hill, NC 27514-0241  
919-929-6333  
Fax: 919-933-4465  
E-mail: [mnnnc@mnnnc.org](mailto:mnnnc@mnnnc.org)  
<http://www.mediate.com/mnnnc>

Has developed training in communication skills and conflict resolution that can be very useful for adult advocates. As well, they have developed a conflict resolution curriculum for students at various grade levels using age-appropriate techniques. Activities, games, and songs teach K-6 graders about conflict resolution and peer mediation. A deeper understanding is developed in middle and high school students by addressing such issues as communication, negotiation, and mediation. The Mediation Network also provides trainer manuals for those who wish to implement this curriculum.

» **National Alliance for the Mentally Ill, North Carolina chapter (NAMINC)**

309 W. Millbrook Road, Suite 121  
Raleigh, NC 27609  
919-788-0801  
Help-line: 800-451-9682 (NC only)  
Fax: 919-788-0906  
E-mail: [mail@naminc.org](mailto:mail@naminc.org)  
<http://www.naminc.org>

Self-help and advocacy organization for persons with mental illness. The Alliance supports the families and friends of children who have or are at risk for such disabilities as attention deficit disorder, hyperactivity, serious emotional problems, depression, or other forms of mental illness. The NAMI North Carolina Young Families Program produces a quarterly newsletter.



» **National Early Childhood Technical Assistance System (NECTAS)**

FPG Child Development Institute  
 CB# 8040 137 East Franklin Street, Suite 500  
 UNC-CH  
 Chapel Hill, NC 27514  
 919-962-2001  
 TDD: 877-574-3194  
 E-mail: [nectas@unc.edu](mailto:nectas@unc.edu)  
<http://www.nectas.unc.edu/>

Provides an overview to the Individuals with Disabilities Education Act (IDEA), information about Part C, Part B-Section 619, and information about the Federal Interagency Coordinating Council, publications and other resources on the Web related to services for young children with disabilities and their families.

» **North Carolina Child Advocacy Institute (NCCAI)**

311 E. Edenton Street  
 Raleigh, North Carolina 27610  
 919-834-6623 ext. 229  
 Fax: 919-829-7299  
 E-mail: [nccai@intrex.net](mailto:nccai@intrex.net)  
<http://www.ncchild.org>

An independent, non-profit, non-partisan organization working to improve public policy choices and state appropriations affecting North Carolinians below the age of eighteen. The NCCAI pursues three interrelated areas of activity:

1. **Public action**, which involves educating people about children's issues, training child advocates, and leading individuals and groups to act on behalf of children
2. **Public policy**, which involves improving state laws and policies and funding and developing coalitions that continue to shape public policy
3. **Public information**, which involves establishing the "Knowledge Exchange," an information and referral resource website that provides up-to-date facts and figures about children and youth.

» **North Carolina Council on Developmental Disabilities**

1001 Navaho, Suite GL-103  
 Raleigh, NC 27609  
 Voice/TDD: 919-850-2833  
 Voice/TDD: 800-357-6916  
 Fax: 919-850-2895  
<http://www.nc-ddc.org>  
 Council Chair: Mark Ezzell  
 Executive Director: Holly Riddle, J.D., M.Ed.

A statewide council that works with organizations and groups around the state to promote self determination, full citizenship and inclusion for over 120,000 North Carolinians with developmental disabilities and their families. It also advises the Secretary of the Department of Health and Human Services and all other state entities receiving federal funds for developmental disabilities services pursuant to Public Law 104-183, the Developmental Disabilities Assistance and Bill of Rights Act of 1996.

**» North Carolina Education and Law Project**

P.O. Box 28068  
Raleigh, NC 27611-8068  
919-856-2176  
Fax: 919-856-2175  
Sheria Reid, Project Director  
E-mail: [edlaw@ncjustice.org](mailto:edlaw@ncjustice.org)  
<http://www.ncjustice.org/edlaw/>

A statewide project based in Raleigh that is dedicated to improving educational opportunities and outcomes for low-income parents. It does this through four strategies: training and empowering low-income parents to become more involved; educating these parents on their rights and responsibilities; performing education policy research and analysis of issues affecting low-income students; and creating and improving education programs for low-income students in the public schools through legal and policy advocacy. Sponsors the Parent Education Studies Program described later in this section.

**» North Carolina Family Resource Coalition**

1307 Walnut Street  
Greensboro, NC 27405  
336-288-9264  
Fax: 336-545-0162  
Laura Weber, Co-Collaboration Manager

A partnership of parents, state agencies, nonprofit organizations, and educational systems that are committed to strengthening family support efforts in the state. Focuses on developing and providing family support training (North Carolina Family Support Training and Credentialing Initiative), on creating a statewide standard of family support work, on recommending ways of more effectively linking families with appropriate support services, and on fostering public and private partnerships. They also have a Family Leadership Development training committee and an initiative whose mission is to develop and strengthen individuals, families, and organizations so that they can advocate for families and their constituents.

**» North Carolina Parenting Education Network (PEN)**

Karen DeBord  
313 Chapanoke Road, Suite 140  
Raleigh, NC 27603  
919-515-9147  
Fax: 919-515-2786  
E-mail: [karen\\_debord@ncsu.edu](mailto:karen_debord@ncsu.edu)  
<http://www.ncpen.org/>

A statewide partnership of parents and organizations dedicated to effective parent education, particularly for parents and children in at-risk situations. An initiative of the N.C. Cooperative Extension Service at North Carolina State University. A newsletter is produced and a large conference is being planned. They are also developing a directory of statewide numbers of service for parents.

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» **North Carolina Partnership for Children (NCP)**

1100 Wake Forest Road  
Raleigh, NC 27604  
919-821-7999  
<http://www.smartstart-NC.org>

A public-private initiative designed to provide all children with access to high quality and affordable child care, health care, and family support services. Offers a Parent Resource Line at 1-800-367-2229, providing information about your child's growth, health, and safety. To contact the Partnership for Children office in your county, call the Family Support Network of NC at 1-800-852-0042.

» **Parenting Education/Fatherhood (NC Division of Public Health)**

Sheila Bazemore  
1928 Mail Service Center  
Raleigh, NC 27699-1928  
919-715-3422  
E-mail: [sheila.bazemore@ncmail.net](mailto:sheila.bazemore@ncmail.net)  
<http://www.dhhs.state.nc.us/dph/>

Effective-parenting education materials, consultation, training and presentations are available upon request from the state office. Parenting Education classes are offered through many local health agencies.

» **Parent Education Studies Program (PESP)**

224 South Dawson Street  
Raleigh, NC 27611  
Yvonne Perry  
919-856-2176  
E-mail: [yvonnep@ncjustice.org](mailto:yvonnep@ncjustice.org)  
<http://www.ncjustice.org/edlaw>

PESP is a nationally recognized program designed to empower parents. The training covers three weekends and is designed to give parents the knowledge and skills necessary to be fully involved in their child's education and to lead efforts to improve schools at the community level. Hispanic focus is a recent addition. This program is sponsored by the North Carolina Education and Law Project. See above.

» **Parent Leadership Development Project (PLD)**

Theresa Sull or Allen Stutts  
CB# 8185 Sheryl-Mar Building  
UNC-CH  
Chapel Hill, NC 27599-8185  
919-843-4133  
866-295-5417  
Fax: 919-843-5784  
E-mail: [theresa\\_sull@unc.edu](mailto:theresa_sull@unc.edu) or [allen\\_stutts@unc.edu](mailto:allen_stutts@unc.edu)  
<http://www.fpg.unc.edu/~pld>

Focuses on early education and intervention services. Recruits parents and other family members interested in developing or improving partnerships with professionals and offers them intensive training and follow-up activities designed to develop their leadership skills.

**» Partners in Policy Making**

Easter Seals of North Carolina  
Main Office  
2315 Myron Drive  
Raleigh, NC 27607  
919-783-8898  
800-662-7119  
Fax: 919-782-5486  
E-mail: [info@nc.easter-seals.org](mailto:info@nc.easter-seals.org).  
<http://www.esnc.org/>

An innovative model of leadership training for parents and self-advocates. Provides state-of-the-art knowledge about developmental disabilities issues and helps build competencies necessary to become advocates who effectively influence public officials. Educates participants about current issues and familiarizes them with the policymaking and legislative processes at the local, state, and federal levels as a means of achieving a productive partnership between people needing and using services and those in a position to make policy and law. An initiative of the NC Developmental Disabilities Consortium in collaboration with the NC Council on Developmental Disabilities.

**» Partnership for Inclusion (PFI)**

Pat Wesley, Director  
CB# 8185 Sheryl-Mar Building  
UNC-CH  
Chapel Hill, NC 27599-8185  
919-962-7356  
E-mail: [pat\\_wesley@unc.edu](mailto:pat_wesley@unc.edu)  
<http://www.fpg.unc.edu/~pfi/>

A statewide technical assistance project with offices in the western, central, and eastern regions of North Carolina. Administratively housed at the FPG Child Development Institute at UNC-Chapel Hill, PFI provides technical assistance to support the inclusion of young children with disabilities, ages birth through five, in all aspects of community life. Project staff work closely with a variety of individuals and groups. Typically these include: public schools, child care and preschool programs, early intervention agencies, resource and referral agencies, Smart Start partnerships, community colleges, interagency councils, and family support organizations. PFI offers an array of services, including consultation, training, assistance in strategic planning and program evaluation, resource linking, and a magazine that highlights issues and programs in early childhood inclusion.

**» TelAbility**

1101 Weaver Dairy Road, Suite 202  
Chapel Hill, NC 27514  
919-843-0427  
<http://www.telability.org>

TelAbility is an innovative, community oriented, interdisciplinary program that uses telecommunications to improve the lives of children with disabilities. Using real time video-conferencing and internet technologies, TelAbility provides comprehensive, coordinated, family centered care to children with disabilities across North Carolina and offers education, training, and peer support for people who care for them.

# Newsletters with Listings of Trainings

## » **All Together Now**

Molly Weston

919-966-0059

Fax: 919-966-0862

E-mail: Molly\_Weston@unc.edu

<http://www.fpg.unc.edu/~pfi/Pages/Products/ATN.htm>

A North Carolina early childhood education magazine promoting quality education for all children, those with and without special needs. The magazine includes a range of articles for both parents and professionals as well as an extensive training calendar.

## » **Area Health Education Centers (AHEC)**

There are nine health centers across the state that organize trainings in the areas of mental health, nursing, etc. They provide seasonal calendars or individual event brochures for those on their mailing list. (See AHEC addresses and phone numbers in the Appendix, page 106.)

## » **Check-It-Out**

<http://www.check-it-out.org>

Jennifer Ray

704-336-6630

E-mail: [jray@earthlink.net](mailto:jray@earthlink.net)

This is the statewide assistive technology lending library website. An electronic training calendar is available under "Related Websites." This calendar is updated weekly and keeps early childhood personnel informed about current training events. Users can search events by topics. Forms to submit or information about training opportunities can be obtained at the address above. This site is also a good resource for information on statewide conferences.

## » **Exceptional Children's Assistance Center (ECAC)**

Voice/TTD: 704-892-1321

Parent Information Line: 800-962-6817

E-mail: [information@ecac-parentcenter.org](mailto:information@ecac-parentcenter.org)

<http://www.ecac-parentcenter.org/>

A private nonprofit organization dedicated to supporting and educating the parents of children with special needs while encouraging them to take an active part in seeking out beneficial services. It offers individual assistance, information and referral, parent-to-parent groups, parent education workshops, a newsletter, information to parent groups, and a lending library. Many materials are provided in Spanish.

**» Family Voices of North Carolina**

Grace Sisco  
704-892-1321  
E-mail: ECACNCFV@aol.com  
<http://www.familyvoices.org/st/NorthCarolina.html>

Family Voices of North Carolina is a state chapter of a national grassroots network of families and friends speaking on behalf of children with special health care needs and is a project of the Exceptional Children's Assistance Center (ECAC). Primarily concerned with health and related services, Family Voices seeks to have family concerns heard during public and private policy discussions. Family Voices also provides information, referral, and personal assistance to families regarding health insurance, accessing needed programs, and consumer protections. Family Voices distributes a quarterly newsletter concerning national and state issues, resources, services, training, and volunteer opportunities.

**» Mediation Training and Information Center for the ADA**

202-274-1822  
888-528-1609  
TDD: 800-630-1051  
<http://www.keybridge.org>  
E-mail: [mail@keybridge.org](mailto:mail@keybridge.org)

Provides information to educate individuals and groups about the Americans with Disabilities Act and how it affects the workplace. Trains volunteers to become mediators in Title I (employment) disputes and other disputes which might arise under ADA. Produces a newsletter and runs a website.

**» The Connection**

Murdoch Outreach Training Center  
205-B West E Street  
Butner, NC 27509  
Editor: Sandra Royster  
E-mail: [Sandra.Royster@ncmail.net](mailto:Sandra.Royster@ncmail.net)  
919-575-3154  
Fax: 919-575-3142

A training newsletter published monthly by community services of the Murdoch Center. Items are selected for their interest to those providing services in the field of Developmental Disabilities. Available in print or by e-mail.

**» The Sharing Network**

Caswell Center  
2415 W. Vernon Avenue  
Kinston, NC 28504-3321  
Sandra Hardison, Editor/Coordinator Agency Services  
252-208-3811  
Fax: 252-208-3771  
E-mail: [sandra.hardison@ncmail.net](mailto:sandra.hardison@ncmail.net)  
<http://www.caswellcenter.org/Publications/publications.html>

This is an Eastern Region newsletter, published monthly by the Caswell Center. It provides a listing of regionally available training, resources, information, news, and potential grant sources.

# National Seminars and Information Sources

The following seminar and resource groups are just some of the available organizations from which you can obtain materials and information.

## » Career Track / Fred Pryor Seminars / e-train

9757 Metcalf Avenue  
Overland Park, Kansas 66212  
800-556-2996  
E-mail: [customerservice@etrain.com](mailto:customerservice@etrain.com)  
<http://www.careertrack.com/index.asp>

Provides a broad array of seminar topics, offered through actual meetings, online groups, and written materials. Subjects include building leadership skills, conflict resolution, building trust, writing skills, presentation skills, finance and accounting, and computers. These seminars are utilized by people in all facets of life and work and could prove useful to parents intent on building various skills. The seminars are located in numerous cities across the state and country.

## » HRDQ (Human Resource Development Quarterly)

2002 Renaissance Boulevard #100  
King of Prussia, PA 19406-2756  
800-633-4533  
610-279-2002  
Fax: 800-633-3683  
E-mail: [custserv@hrdq.com](mailto:custserv@hrdq.com)  
<http://www.hrdq.com>

HRDQ developed theory-based, results-driven training solutions that help organizations maximize the potential of their human resources. They publish a catalog of learning materials for consultants, facilitators, and human resource professionals as well as a newsletter. HRDQ provides off-the-shelf training and development resources and customized services to corporate, educational, and industry-related organizations.

## » Skill Path Seminars

6900 Squibb Road  
P.O. Box 2768  
Mission, KS 66201-2768  
800-873-7545  
Fax: 913-362-4241  
E-mail: [custserv@skillpath.net](mailto:custserv@skillpath.net)  
<http://www.skillpath.com>

Self-improvement, professional training classes, corporate training courses, software training. A division of the Graceland College Center for Professional Development and Lifelong Learning, Inc.

**» Telling Your Family Story . . . Parents as Presenters**

Parent Projects  
Waisman Center  
University of Wisconsin-Madison  
1500 Highland Avenue  
Madison, WI 53705-2280  
608-263-5776 or 608-263-5910  
TDD: 608-263-0802  
Fax: 608-263-0529  
<http://www.waisman.wisc.edu/>

A video and video guide booklet designed to help parents who are interested in bettering their presentation skills as they begin telling their family stories.

*Note:* Keep in mind that this video and guide are available at the NC Early Intervention Library, along with numerous other books and videos on leadership, collaboration, and interpersonal skill development. (See listing in next section, "Resource Libraries.")

**» Mediation Training and Information Center for the Americans with Disabilities Act (ADA)**

202-274-1822  
888-528-1609  
TDD: 800-630-1051  
E-mail: [mail@keybridge.org](mailto:mail@keybridge.org)  
<http://www.keybridge.org>

Provides information to educate individuals and groups about the Americans with Disabilities Act and how it affects the workplace. Trains volunteers to become mediators in Title I (employment) disputes and other disputes which might arise under ADA. Produces a newsletter and runs a website.



# Resource Libraries with Materials Available to Parents

## » Access to Respite Care and Help (ARCH)

National Network of Crisis Nurseries and Respite Care Programs

Lending Library Catalog

Chapel Hill Training Outreach Project

800 Eastowne Drive, Suite 105

Chapel Hill , NC 27514

800-473-1727 ext. 222

<http://www.chtop.com/locator.htm>

This lending library is a collaborative project between the Region IV Region Access Project with Head Start in the Southeastern United States and the Arch National Resource Center. It holds a wide variety of topics including advocacy, legislation, parent component/policy, planning techniques and more.

## » Assistive Technology Resource Centers

Assistive technology is any piece of equipment that is used to increase independence for an individual with a disability and may include such "tools" as job accommodation, mobility, aids for daily living, computer access, augmentative communication, environmental control, visual and hearing devices, and switch access. There are several centers located across the state:

### **NC Assistive Technology Project**

1110 Navaho Drive, Suite 101

Raleigh, NC 27609-7322

Contact: Sonya Van Horn, South Central Region

Voice/TDD: 919-850-2787

E-mail: [svarn@mindspring.com](mailto:svarn@mindspring.com)

### **NC Assistive Technology Project**

2313 Executive Park Circle

Greenville, NC 27834

Contact: Sandra Baldwin, Eastern Region

Voice/TDD: 252-830-8575

E-mail: [ncatp@abaco.coastalnet.com](mailto:ncatp@abaco.coastalnet.com)

### **NC Assistive Technology Project**

Whitaker Rehab Hospital

3333 Silas Creek Parkway

Winston-Salem, NC 27103

Contact: Harriet Forbis, North Central Region

336-718-1660

E-mail: [harriETF@mindspring.com](mailto:harriETF@mindspring.com)

**NC Assistive Technology Project**

1200 Blythe Boulevard  
Rankin Building  
Charlotte, NC 28203  
Contact: Michael Panther, Western Region  
704-355-2703  
E-mail: pantherm@mindspring.com

**Assistive Technology Center**

Comp Rehab Plaza  
131 Miller Street  
Winston-Salem, NC 27103  
Contact: David Hooper  
336-716-8030

**Assistive Technology Resource Center of Western North Carolina**

68 Sweeten Creek Road  
Asheville, NC 28803  
Contact: Jenny Womack  
828-274-2400, ext. 4030

**Comprehensive Assistive Technology Services**

Western Carolina Center  
300 Enola Road  
Morganton, NC 28655  
Contact: Marge Turowski  
828-433-2850

**» Exceptional Children's Assistance Center (ECAC)**

Voice/TTD: 704-892-1321  
Fax: 704-892-5028  
Parent Information Line: 800-962-6817  
E-mail: [information@ecac-parentcenter.org](mailto:information@ecac-parentcenter.org)  
<http://www.ecac-parentcenter.org/>

It's easy to borrow these books, videos, and audio tapes. Just call the ECAC office to request an item or library listing. Materials will be mailed to you along with a postage paid, pre-addressed envelope in which to return the borrowed items.

**» Family Support Network of North Carolina Outreach Library**

919-966-2841  
800-852-0042  
Fax: 919-966-2916  
E-mail: [cdr@med.unc.edu](mailto:cdr@med.unc.edu)  
<http://fsnnc.med.unc.edu/>

The library contains materials on a wide variety of topics, specializing in books, videos, and articles for foster families and for adolescents and young adults with disabilities. Materials may be borrowed by phone free of charge and with free return postage.

**» Developmental Disabilities Section Video Series**

NC Department of Health and Human Services  
Division of MH/DD/SAS, Developmental Disabilities Services  
3006 Mail Service Center  
Raleigh, NC 27699-3006  
919-733-3654  
Fax: 919-715-3604  
Pat Porter, Chief, Developmental Disabilities Section  
E-mail: [pat.porter@ncmail.net](mailto:pat.porter@ncmail.net)  
<http://www.dhhs.state.nc.us/mhddsas/>

A series of videos that inform all interested parties about developmental disabilities services and systems in North Carolina. They are available in three forms: standard VHS, captioned, and Spanish language.

Topics include:

- » Single Portal System
- » Children's Services
- » Residential Services
- » Vocational/Day Services
- » Periodic Support Services

Contact the Developmental Disabilities office for more information on availability

**» NC Early Intervention Library**

EITTAS  
517 West Fleming Drive, NCSU Campus  
Morganton, NC 28655  
828-432-5970  
Fax: 828-430-7815  
E-mail: [ncei.library@ncmail.net](mailto:ncei.library@ncmail.net)

Houses a variety of topics in the field of early intervention, collaboration, team building and leadership. Resources may be checked out for one month, and postage is paid for parents using the library.

**» NC State Library Audio Visual Section / Film Services**

Video Services  
State Library of North Carolina  
4642 Mail Service Center  
Raleigh, NC 27699-4642  
Video Services Librarian: Angie Suhr  
919-733-4489  
Fax: 919-733-5679  
E-mail: [asuhr@library.dcr.state.nc.us](mailto:asuhr@library.dcr.state.nc.us)  
<http://statelibrary.dcr.state.nc.us/rsb/videoservices.htm>

Houses a variety of training materials including disability awareness, teamwork, and leadership skills development.

# Helpful Websites

## State Level

### » **The Arc of North Carolina**

<http://www.arcnc.org/>

Provides advocacy, education and support to families and professionals regarding persons with mental retardation and developmental disabilities and the issues that affect their lives. There are currently 44 chapters across the state and each one operates as a separate nonprofit agency providing for its own choice and level of advocacy, services, and training opportunities.

### » **Carolina Computer Access Center**

<http://ccac.ataccess.org/>

This center is located in Charlotte, NC, and is intended to provide information and access to the technology tools that enable individuals with disabilities to control and direct their own lives.

### » **Carolina Connection: Partnerships in Assistive Technology (PAT)**

<http://www.pat.org>

A service of PAT that provides access to assistive technology information regarding such resources as computer access, augmentative communication, power mobility, and environmental control.

### » **Charlotte Institute of Rehabilitation's Assistive Technology Team**

(serves the Western North Carolina Region)

<http://www.carolinas.org/services/rehab/cir/Assistive.cfm>

The Western Region's assistive technology team. Provides information and assistance with augmentative communications, hearing evaluations, equipment for activities of daily living, computers, and job site modifications. Runs a program to lend recycled assistive equipment to people who have no insurance funding or otherwise cannot afford it.

### » **Children and Youth Branch of the NC Division of Public Health**

<http://wch.dhhs.state.nc.us/cay.htm>

Information on preventative health services, children's specialized services, and genetic health care.

» **CHIP – Children’s Health Insurance Program (NC Health Choice for Children)**

<http://www.dhhs.state.nc.us/dma/cpcont.htm>

Designed to provide health insurance coverage for free or at reduced rates to the children of families who make too much money to qualify for Medicaid but too little to afford to purchase insurance. The coverage is the same as that provided for the children of state employees, plus vision, hearing and dental benefits.

» **Department of Health and Human Services**

<http://www.dhhs.state.nc.us/>

It protects the public health, fosters self-reliance and helps the vulnerable by working in local offices, schools and hospitals.

» **Division of Child Development**

<http://www.dhhs.state.nc.us/dcd/>

Dedicated to promoting high quality early childhood experience. Provides information for both parents and providers. Also equipped with a search engine to aid in identifying what services are available in each area.

» **Division of Medical Assistance**

<http://www.dhhs.state.nc.us/dma>

Information on the organization’s structure, services, and publications. The mission of the Division of Medical Assistance is to manage the Medicaid program efficiently so that cost effective health care services are available through enrolled providers to all eligible persons across the state.

» **Division of Mental Health, Developmental Disabilities, and Substance Abuse Services**

<http://www.dhhs.state.nc.us/mhddsas>

The Division makes policies and rules and monitors public services to people with mental illness, developmental disabilities or substance abuse throughout North Carolina. Services are provided through local programs statewide. Contains information about local services.

» **Division of Public Health**

<http://www.dhhs.state.nc.us/dph/>

The Division of Public Health covers a wide range of programs and services aimed toward protecting and improving the health of North Carolinians.

» **Division of Services for the Blind**

<http://www.dhhs.state.nc.us/dsb/>

The programs within the Division provide or coordinate services in areas related to education, independent living, vocational rehabilitation, and the prevention of blindness.

**» Division of Services for the Deaf and Hard of Hearing**

<http://www.dhhs.state.nc.us/docs/divinfo/dsdhh.htm>

This division provides a variety of services including interpreter services, advocacy, access to technology, and coordination of human services.

**» Division of Vocational Rehabilitation**

<http://www.dhhs.state.nc.us/docs/divinfo/dvr.htm>

Vocational rehabilitation counselors work with business and community agencies to help them prepare their worksites to accommodate employees who have physical or mental disabilities. The division also provides services that encourage and reinforce independent living for the disabled, through two main components: the Vocational Rehabilitation Program and the Independent Living Services Program. Rehabilitation counselors in vocational rehabilitation offices across the state are available to assist people with disabilities with individualized plans to meet their unique needs. Counselors can provide vocational evaluations, job training, guidance and counseling. They help disabled people make the transition from rehabilitation to employment and educate them about the kinds of technology available that could increase independence.

**» Exceptional Children's Assistance Center (ECAC)**

<http://www.ecac-parentcenter.org>

It's easy to borrow these books, videos, and audio tapes. Just call the ECAC Office to request an item or library listing. Materials will be mailed to you along with a postage paid, pre-addressed envelope in which to return the borrowed items.

**» Family Support Network of North Carolina (FSN)**

<http://www.fsnncc.org>

Access to the Central Directory of Resources and information on Parent-to-Parent programs, and selected links.

**» Family Voices**

<http://www.familyvoices.org>

A national, grassroots clearinghouse for information and education concerning the health care of children with special health needs. Addressed to children, families, caregivers, professionals, and friends. Resource links (also in Spanish), up-to-date information, and publications.

**» FPG Child Development Institute**

<http://www.fpg.unc.edu>

Major topics of research include factors promoting optimal outcomes for children with disabilities and those at risk for school failure, inclusion issues, and issues for individuals with disabilities across all ages.

» **Governor's Advocacy Council for Persons with Disabilities**

<http://www.doa.state.nc.us/doa/gacpd/gacpd.htm>

Part of a nationwide system that provides civil rights protection to citizens with disabilities.

» **Mediation Network of North Carolina**

<http://www.mediate.com/mnnc>

Has developed a conflict resolution curriculum for students at various grade levels using age-appropriate techniques. The Mediation Network also provides trainer manuals for those who wish to implement this curriculum.

» **Medicaid In Depth (Division of Medical Assistance)**

<http://www.dhhs.state.nc.us/dma/>

Comprehensive information on the Medicaid program in North Carolina.

» **Mental Health Services**

<http://www.dhhs.state.nc.us/mhddsas/>

(See Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, above)

» **North Carolina Center for Nonprofits**

<http://www.ncnonprofits.org>

Covers a variety of issues related to nonprofit organizations.

» **North Carolina Council on Developmental Disabilities**

<http://nc-ddc.org>

Promotes a community service delivery system that is personalized to meet the unique needs of each individual with a developmental disability. Funds community partners across the state, provides information, and advocates for the disabled. Strongly encourages leadership roles for people with disabilities and their families.

» **North Carolina Medical Society**

<http://www.ncmedsoc.org>

The site primarily serves health care professionals but does have a very good resource section that provides links to information on health care terminology, legislation, and research.

» **North Carolina Parenting Education Network (PEN)**

<http://www.ncpen.org/>

The North Carolina Parenting Education Network (NCPEN) facilitates statewide linkages among parents and other partners to encourage positive parenting practices and works to build the field of parenting education in the state with a focus on partnerships between parents and child care providers, teachers, and parent educators. The goal of parent education is to provide assistance and support to parents to promote optimal growth for the children in the family and to focus on risk prevention by building on parent strengths. An initiative of the Cooperative Extension Service at North Carolina State University. A newsletter is

produced and a large conference is being planned. They are also developing a directory of statewide numbers of service for parents.

» **State of North Carolina Web Server**

<http://www.state.nc.us>

The official website of the state of North Carolina. A good place to start when looking for state government resources.

## **National Level or Businesses**

» **Accessible Travel Source**

<http://www.access-able.com>

Gives travel information on locations that are wheelchair accessible.

» **American Council of the Blind**

<http://www.acb.org/>

The Council strives to improve the well-being of all blind and visually impaired people by: serving as a representative national organization of blind people; elevating the social, economic and cultural levels of blind people by encouraging and assisting all blind persons to develop their abilities and conducting a public education program to promote greater understanding of blindness and the capabilities of blind people.

» **American Speech-Language Hearing Association (ASHA)**

<http://www.asha.org>

A professional organization for professionals in the fields of speech, language, and hearing. The site is intended to be a resource for ASHA members, persons interested in information about communication disorders, and those wanting career and membership information.

» **Beach Center of Families and Disability**

<http://www.beachcenter.org/>

A rehabilitation research and training center on public policy affecting families who have children with disabilities. Links to research briefs, newsletters, products, support organization and more.

» **Children's Health Issues**

<http://kidshealth.org>

Provides a variety of information concerning children's health care issues.

» **CHOICES Transition Project (Children's Healthcare Options Improved through Collaborative Efforts and Services)**

<http://www.shrinershq.org/choices/index.html>

Promoting a comprehensive system of family-centered, culturally competent, community-based care for children with special health care needs who are approaching adulthood and may need assistance in making the transition from pediatric to adult health care and to post-secondary education and/or employment.



**» Consortium of Developmental Disabilities Councils**

<http://www.cddc.com><http://www.cddc.com> <http://www.cddc.com>

A member-driven organization committed to representing the diverse interests of Developmental Disabilities Councils and the people with disabilities that the councils were created to serve. A good resource to keep informed on policy and legislation regarding developmental disabilities.

**» Council for Exceptional Children (CEC)**

<http://www.cec.sped.org/index.html>

The largest international professional organization dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and the gifted. Manages a number of grants, contracts, and research projects.

**» Creative Communicating**

<http://www.creative-comm.com>

A small, private company that provides materials for children with disabilities and educational resources for parents and service providers. Also provides information on workshops and a quarterly newsletter.

**» Disability Solutions**

<http://www.disabilitysolutions.org>

A newsletter published six times a year as a resource for families and others interested in Down Syndrome and related disabilities.

**» DO-IT Program (Disabilities, Opportunities, Internetworking, and Technology)**

<http://www.washington.edu/doi>

Sponsors a wide variety of programs to help and encourage disabled people of all ages in the pursuit of assistive technology resources, educational and professional opportunity, and cooperation for success.

**» Down Syndrome On-Line magazine**

<http://www.epix.net/~mccross/down-syn.html>

An online magazine focusing on the personal experiences of those who live with Down Syndrome.

**» Exceptional Parent Magazine**

<http://www.eparent.com>

Provides information to parents and families of children with disabilities and the professionals who work with them.

**» Family Village**

<http://www.familyvillage.wisc.edu>

Uses the power of the Internet to help families of persons with disabilities find information and communicate with other families.

**» The Fathers Network**

<http://fathersnetwork.org/>

Their mission is to celebrate and support fathers and families raising children with special health care needs and developmental disabilities.

**» Internet Resource for Special Children**

<http://www.irsc.org/>

Created by Julio Ciamarra, whose son was born with cerebral palsy, epilepsy, and moderate retardation. This site has won numerous awards and is completely accessible using non-graphical browsers and screen-reading software.

**» Kaleidoscope Health Systems Resources**

<http://www.kaleidoscopeusa.com/resources.html>

Provides information on medical developments, cutting-edge technology, health care, disability issues, and nutrition and lifestyles. A fairly general site covering overall health, wellness, and ability. Has a very good list of links to national health organizations.

**» Mediation Training and Information Center for the ADA**

<http://www.keybridge.org>

Provides mediation training regarding the Americans with Disabilities Act (ADA), Section 504 disputes, adult guardianship, and special education.

**» National Alliance for the Mentally Ill**

<http://www.nami.org>

Offers detailed information about local and state programs and services with links to other informative sites.

**» National Center for Youth with Disabilities**

<http://www.cyfc.umn.edu/Youth/ncyd.html>

Information and resource center focusing on adolescents with chronic illnesses and disabilities. Major services include the Resource Center, the Information Center, the Technical Assistance Center, and the Youth News Bureau.

**» National Center to Improve Practice**

<http://www.edc.org/FSC/NCIP/>

Promotes the use of technology to enhance the educational success of students with sensory, cognitive, physical and social/emotional disabilities. Links to a national network of qualified professionals who share their knowledge, experiences and questions through online discussions and online workshops.

**» National Down Syndrome Society**

<http://www.ndss.org>

Covers research, education and advocacy issues. Also has an online shopping section and some information on conferences.

» **National Information Center for Children and Youth with Disabilities (NICHCY)**

<http://www.nichcy.org>  
800-695-0285

NICHCY is an information clearinghouse that provides information on disabilities and disability-related issues. Children and youth with disabilities (birth to age 22) are the special focus.

» **National Institutes of Health**

<http://www.nih.gov>

Type *childhood* into the search files and the site will pull up links to highly specialized research studies, including papers on acute lymphocytic anemia.

» **NECTAS**

<http://www.nectas.unc.edu/>

Provides an overview to the Individuals with Disabilities Education Act (IDEA), information about Part C, Section 619, and information about the federal Interagency Coordinating Council, publications and other resources on the Web related to services for young children with disabilities and their families.

» **Nutrition, Counseling, Education, and Services (NCES)**

<http://www.ncescatalog.com>

A good source for books, videos, software, and teaching aids on nutrition, exercise, and eating disorders.

» **"Our Kids" – Raising Children with Special Needs**

<http://www.our-kids.org>

For parents and caregivers of children with developmental disabilities.

» **Parent Advocacy Coalition for Educational Rights**

<http://www.pacer.org>

An organization dedicated to promoting the educational rights of children and young adults with all disabilities. Offers 20 major programs, including parent training, programs for students and schools, and technical assistance to parent centers both regionally and nationally. The site also offers a wide variety of links.

» **Parents Helping Parents**

<http://www.php.com>

Lists hundreds of special interest bulletin boards.

» **Parent Soup (NDSS)**

<http://www.parentsoup.com>

Offers some information and resources on Down Syndrome; also gives parents the opportunity to chat with each other. Mostly a general information site on parenting issues.

**» Protection and Advocacy**

<http://www.protectionandadvocacy.com>

Resource page with general information on protection and advocacy for disabled persons. Provides links to advocacy organizations, training, technical assistance, conferences, and publications.

**» Rehabilitation Research and Training Center on Workplace Supports (Virginia Commonwealth University)**

<http://www.worksupport.com>

Collaborates with business to provide information, resources, services regarding the employment of people with disabilities. Also has a nationally recognized training program.

**» Special Education Resources**

<http://seriweb.com/>

A collection of Internet-accessible information resources related to special education.

**» United Cerebral Palsy Association**

<http://www.ucpa.org/>

Affiliates nationwide work for the rights of persons with all disabilities. The site offers information both specifically on cerebral palsy and also on general disability issues. Includes discussion groups and information on advocacy, research, funding, and resources.

**» WellnessWeb**

<http://wellweb.com>

Addresses treatment options, drug doses, and physician selection issues. Won best site of the year from *Net Magazine* in 1996. Has a specific page on sickle cell anemia.

**» Yes I Can Social Inclusion Program**

<http://www.ici.coled.umn.edu/products/curricula.html>

A year-long, 20-module curriculum fostering the social inclusion of junior and senior high school students with disabilities in school and the community. Students with and without disabilities gather for weekly classroom instruction and community experiences that increase understanding of the social inclusion needs and challenges of persons with disabilities.

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# Mentoring Opportunities

# Mentoring Opportunities

Mentoring is the process by which a trusted and experienced person takes a personal and direct interest in the development and education of a typically younger or less experienced individual. The list below contains some of the organized programs that offer a variety of formal and informal ways to connect with someone in order to become a mentor or protégé. Keep in mind that less formal means may be available in your community through local parent programs, United Way, YWCAs, YMCAs, family resource centers, etc.

## » **Family Mentor Project at Meredith College**

Patsy Pierce

919-760-8568

E-mail: piercep@meredith.edu

Pairs child-development students with mentor families in the community who have children with disabilities. This enables the student to learn more about families and their children with disabilities from the families themselves. Students visit individual homes 4 to 5 times a semester.

## » **Family Support Network**

800-852-0042

### a) *Parent to Parent programs*

These programs connect parents of children with similar disabilities to provide:

- » an understanding listener and emotional support
- » practical suggestions for coping with day-to-day activities and concerns
- » opportunities to share the satisfactions, challenges, and joys of life with a child who has special needs
- » a model of hope for the future
- » information about community services

### b) *Early Connections*

Coordinates a directory of human resources (including parents) to support parent and professional development. Designed to match people who have knowledge about early childhood issues with people in need of expertise, advice, or a helping hand when planning educational opportunities.

### c) *N.C. Early Intervention Mentor Program*

Mentoring opportunity to develop the skills of early intervention professionals to serve children and families more effectively. Parents may serve as mentors.

» **Family Voices of North Carolina**

Grace Sisco  
704-892-1321  
E-mail: ECACNCFV@aol.com  
<http://www.familyvoices.org/st/NorthCarolina.html>

Family Voices of North Carolina is a state chapter of a national grassroots network of families and friends speaking on behalf of children with special health care needs and is a project of the Exceptional Children's Assistance Center (ECAC). Primarily concerned with health and related services, Family Voices seeks to have family concerns heard during public and private policy discussions. Family Voices also provides information, referral, and personal assistance to families regarding health insurance, accessing needed programs, and consumer protections. Family Voices distributes a quarterly newsletter concerning national and state issues, resources, services, training, and volunteer opportunities.

» **North Carolina Self-Determination Leadership Network (NCSDLN)**

Coordinator: April Gerard  
Co-chairs: Tammy Inge and Needham Bryan  
336-664-9201  
<http://www.intrex.net/ncsdln>

The mission of the NCSDLN is to create positive change in the current delivery system. Concentrates on the following areas:

- » *Freedom* to plan one's life and make choices;
- » *Authority* over one's life and resources so that needed and preferred supports can be acquired;
- » *Access* to the support needed (both formal and informal or "non-traditional") to live a life in the community that is rich in community associations and contributions;
- » *Responsible individual action* involving participation in and contribution to one's community; and
- » *Fiscally responsible decisions* to assure that available funds are accounted for and used efficiently to provide supports that are consistent with these principles.

» **Partners in Policy Making**

Easter Seals of North Carolina  
919-783-8898  
800-662-7119  
E-mail: [info@nc.easter-seals.org](mailto:info@nc.easter-seals.org)  
<http://www.esnc.org/>

An innovative model of leadership training for parents and self-advocates. Provides state-of-the-art knowledge about developmental disabilities issues and helps build competencies necessary to become advocates who effectively influence public officials. Educates participants about current issues and familiarizes them with the policymaking and legislative processes at the local, state, and federal levels as a means of achieving a productive partnership between people needing and using services and those in a position to make policy and law. An initiative of the North Carolina Developmental Disabilities Consortium in collaboration with the North Carolina Council on Developmental Disabilities.

**» TEACCH Support Parent Program**

Division TEACCH Administration and Research

CB# 7180

310 Medical School Wing E

UNC-CH

Chapel Hill, NC 27599-7180

919-966-2174

E-mail: [TEACCH@unc.edu](mailto:TEACCH@unc.edu)

<http://www.teacch.com/>

Comprised of parents who serve on the parent advisory committees to the TEACCH centers. Parents who have been trained as support parents have agreed to talk with families of children newly diagnosed with autism about the concerns and issues frequently encountered by families of a child with autism.

**» Young Family Mentoring**

919-788-0801

Help-line: 800- 451-9682 (NC only)

E-mail: [mail@naminc.org](mailto:mail@naminc.org)

<http://www.naminc.org>

Parents with experience coping with their own children's serious emotional disorders or mental illness volunteer to be mentors who offer understanding and support to other young families whose children have SED or mental illness, helping link them to the services they need. The mentors also teach parents to become more effective advocates for their children. A service of NAMI North Carolina.



# Services, Opportunities and Information

# Boards, Commissions, Councils, and Committees

The following section is adapted from *Boards, Commissions, Councils, Committees*, with permission of the Developmental Disabilities Training Institute, Division of Continuing Education, University of North Carolina at Chapel Hill, with funding support by the N.C. Council on Developmental Disabilities.

The boards, commissions, councils, and committees in this section have specific functions that affect the ways in which services are offered to persons with disabilities. These responsibilities may include offering recommendations for legislation, making rules that govern services, funding services, or providing services. These boards, councils, commissions, and committees decide important issues that impact the quality of life of citizens of our state. Most times these boards are required to have persons with disabilities or parents on them.

It is very important for the parents, caregivers, and advocates of those with special needs to be familiar with their local government and service organizations. In this way they can best take advantage of the opportunities already available and can influence decisions about future services. In order to do this, they must go through the following steps:

- Step 1: Defining the purpose, function, status and responsibilities of the various entities.
- Step 2: Determining how to access these entities in the most appropriate and effective manner.
- Step 3: Identifying the state and local boards, commissions, councils, and committees that serve the entire state and local area in particular.
- Step 4: *Taking action and getting involved!*

## Organization of this Section

### Steps 1 and 2

The first part of this section covers the first two steps above. It lists the various decision-making bodies and describes their purposes, responsibilities, and functions. Local and regional bodies are listed first; state-level agencies are listed last.

Each entry includes the following information:

- » A short description of the type of entity
- » The number of members and the way in which they are appointed
- » The duties they legally have to perform
- » The responsibilities or opportunities they have to assist those with developmental disabilities and their families
- » Ways in which citizens can become informed about and involved in the agencies' activities

At the end of each entry is a form for the reader to fill in with the names and numbers of local governing bodies and public officials. We strongly encourage you to take the initiative to do this. Our hope is that this book will be used not only as a resource, but also as an opportunity to include local and individual information.

No list is ever complete, and we could never include all of the resources that might be helpful. Furthermore, within any given geographic area of the state there will be differences in names of boards, how services are delivered, and how and where boards meet. For example, in some counties, the board of county commissioners also functions as the board of health, the board of social services, or the area mental health, developmental disabilities, and substance abuse services board.

### **Step 3**

In order to identify the state and local boards as listed in Step 3, the reader will need to use the Appendix at the end of this manual, which provides the addresses and phone numbers of regional councils of governments and area services addressing mental health, developmental disabilities, and substance abuse. This information is organized by county in order to help the reader easily locate relevant services.

### **Step 4**

The final step is Number 4, "Taking Action and Getting Involved." The following information only provides a general framework. It's up to the interested citizen to continue to investigate the specific organizations which serve his or her own community. We suggest that this be done by first using the local telephone directory to identify and contact the various agencies of local government. The public library is also a good source of local information. The county manager's office is the best place to obtain information about dates, times, and locations of different board meetings.

Many of the local boards, councils, commissions and area authorities have disability-related committees and advisory councils that provide additional opportunities for involvement. In addition, mental health, developmental disabilities, and substance abuse boards or area authorities may contract out for the mandated services to private or nonprofit organizations. These organizations typically operate with boards, and they need or require family or consumer involvement.

### **Note on "Open Meetings"**

All of the boards, commissions, councils, and committees listed in this section are considered to be public bodies conducting the people's business. Accordingly, these entities come under the Meetings of Public Bodies law. The law of the state of North Carolina states that ". . . it is the public policy of North Carolina that the hearings, deliberations, and actions of these bodies be conducted openly."<sup>1</sup> To be conducted openly means that any person is entitled to attend the meetings of these public bodies. Additionally, the law establishes that notices of regularly scheduled meetings be kept on file with the Secretary of State, the clerk to the board of county commissioners, or the city clerk. Changes in regularly scheduled meetings must also be filed. For meetings not regularly scheduled,

public notice must be made of the date, time, and place of the meetings. Public bodies may hold closed “executive” sessions for specific purposes as defined in the law. These purposes usually involve confidential personnel or client matters, consideration of acquisition of property, or any matters that federal or state law determines is confidential. If a person is unsure whether a public body is unnecessarily using executive sessions, they may refer to the General Statutes or contact the county or city attorney for more detailed information.

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1. *North Carolina General Statutes*, Chapter 143, State Departments, Article 33C, Meetings of Public Bodies.

## **Section A:**

# **Local and Regional Boards, Councils, and Committees**

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### **Area Mental Health, Developmental Disabilities, and Substance Abuse Services Boards**

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#### **Brief Description**

An area authority is a local political public agency, either a department of county services in a single county or closely connected to county governments with multiple counties, with the power to provide services, contract for services, and coordinate services for consumers with mental illness, consumers with developmental disabilities, and consumers with substance abuse problems. The area board exercises the powers of the area authority.

#### **Meetings and Presentations to the Board:**

Area boards meet at least six times per year. Most area boards meet monthly. The meetings may be held at the area office, in a county office building, a restaurant, or another facility. Areas covering more than one county may rotate meeting locations throughout the area during a year. Notices of meetings are published in newspapers and other news media.

Citizens should contact the area director's office or the board chairman to request to be put on the agenda. At many board meetings there is an agenda item titled "other business" or "public comment," where a citizen can speak without notifying the board beforehand. Time limits for speaking are at the discretion of the board.

Many area boards have committees or advisory councils. A citizen may be invited to speak to a committee instead of presenting before the full board.

The board may hold a yearly public hearing for adoption of the budget. These meetings will be publicized beforehand.

#### **Membership**

**Number of members:** Fifteen (maximum of 25).

**Length of term:** Four years (term of service on an area board for a county commissioner runs concurrently with term as a county commissioner).

**How appointed:**

- » Single county area — the board of county commissioners appoints the board members.
- » Multi-county area — each board of county commissioners appoints one commissioner as a board member. The county commissioner members appoint the other members.

**Composition of membership:**

- » At least one county commissioner from each county in the area (in a single-county area the board of commissioners may instead appoint any resident of the county).
- » At least two licensed physicians.
- » At least one professional representative from the fields of either psychology, social work, nursing, or religion.
- » At least one individual each representing the interests of mental illness, developmental disabilities, alcoholism, and drug abuse.
- » At least one representative from local hospitals or area planning organizations.
- » At least one licensed attorney.

**Duties**

- » Engaging in comprehensive planning, budgeting, implementing, and monitoring of community-based mental health, developmental disabilities, and substance abuse services.
- » Providing services to consumers of the area.
- » Determining the needs of the area consumers and coordinating with the Secretary of the Department of Human Resources for the provision of services to consumers through area and state facilities.
- » Developing plans and budgets for the area.
- » Assuring that services meet the rules of the Commission for Mental Health, Developmental Disabilities, and Substance Abuse Services and the Secretary of Human Resources.
- » Appointing an area director.

**Responsibilities and potentials for meeting the needs of persons with developmental disabilities:**

An area authority may provide direct services or may contract for services from other programs in the area. Although the services listed below may *not* be provided by an area program, the area program should be able to access these services for consumers from other providers.

- » Diagnostic services
- » Evaluation services
- » Psychological services
- » Psychiatric services
- » Counseling services
- » Consultation to other agencies, organizations and groups
- » Education to consumers, families, schools, businesses, churches, industries, civic groups
- » Planning for an individual's service needs
- » Coordination of an individual's service needs
- » Referral and follow-up
- » Respite services
- » Transportation
- » Inpatient psychiatric services
- » Child development services

- » Employment services
- » Vocational services
- » Adult basic education
- » Community living skills training
- » Social-developmental services
- » Forensic screening and evaluation
- » Foster care
- » Prevention services
- » Day treatment
- » Residential services
- » Early intervention services
- » Before-school services
- » After-school services
- » Summer programs

*For a listing of Area Programs across the state, see the Appendix, pages 89.*

**Local Names, Addresses, and Phone Numbers**

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Area Program:

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Address:

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Area Director:

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Phone:

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Area Board Chairman:

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Phone:

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Director of Developmental Disabilities Services:

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Phone:

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Single Portal Coordinator:

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Phone:

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Early Intervention Director:

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Phone:

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Community Alternative Program (CAP) Coordinator:

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Phone:

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Notes:

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## City Council

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### **Brief Description:**

A city or town is a municipal corporation. The city council exercises the powers, functions, rights, privileges, and immunities of the corporation.

### **Meetings and Presentations to the Council:**

City council meetings may be held once per week, twice per month, or once per month. The meetings are generally held in the city hall or the municipal building. Notices of meetings are published in newspapers and other news media.

Citizens should contact the mayor's office or the city clerk's office to request to be put on the agenda. At many city council meetings there is an agenda item titled "other business" where a citizen can speak without notifying the council beforehand. Time limits for speaking are flexible and are at the discretion of the council.

### **Membership**

**Number of members:** Varies. Usually seven or eight. The mayor is a member of the city council.

**Length of term:** 2 or 4 years.

**How appointed:** Elected, either at large from total city population or by districts in some large cities.

**Composition of membership:** Must be resident of the city.

### **Duties**

- » Supervising and controlling governmental matters in the city or town.
- » Adopting ordinances or resolutions.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities:**

- » Funding
- » Accessibility
- » Recreation
- » Transportation
- » Zoning



**Local Names, Addresses, and Phone Numbers**

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City Office:

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Address:

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Mayor:

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Phone:

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City Council Chairman:

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Phone:

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City Clerk:

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Phone:

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**Community College Boards of Trustees**

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**Brief Description:**

A body corporate. A community college board of trustees exercise the rights and privileges necessary for the management and administration of the community college.

**Meetings and Presentations to the Board:**

A board of trustees meets at least quarterly on the campus. Notices of meetings are published in newspapers and posted in all campus buildings. Citizens should contact the president’s office or board chairman to request to be put on the agenda. Time limits for speaking are set by the board of trustees and depend on the agenda.

**Membership**

**Number of members:** Thirteen (minimum).

**Length of term:** Four years.

**How appointed:**

- » Four trustees elected by the board(s) of education of the public school administrative unit(s) located in the administrative area of the community college.
- » Four trustees elected by the board(s) of county commissioners in which the institution is located. (The county commissioners of the county in which the community college has established a satellite campus may elect an additional two members if the board of trustees agrees.)

- » Four trustees appointed by the Governor.
- » The president of the student government or the chairman of the executive board of the student body is an ex officio nonvoting member.

**Composition of membership:**

All trustees must be residents of the geographical area of the institution except for the president of the student body.

**Duties**

- » Electing a president or chief administrative officer of the institution.
- » Electing or employment of all other personnel of the institution upon nomination by the president or chief administrative officer (may be delegated to the president or chief administrative officer).
- » Purchasing any land, easement, or right-of-way which is necessary for the operation of the institution.
- » Applying the standards and requirements for admission and graduation of students and other standards established by the State Board of Community Colleges.
- » Receiving and accepting donations, gifts, and bequests and apply them or invest any of them and apply the proceeds for purposes and upon the terms which the donor may prescribe and which are consistent with the provision of the N.C. General Statutes and the regulations of the State Board of Community Colleges.
- » Contracting with other public or private organizations or institutions to provide all or part of the instructional services for the institution.
- » Performing other acts and doing other things that may be necessary or proper for the exercise of the foregoing specific powers.
- » Encouraging the establishment of private, nonprofit corporations to support the institution.

**Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Post-secondary education
- » Adult basic education
- » Compensatory education (for persons with mental retardation)
- » Vocational education
- » High school equivalency diploma

*For contact information for community colleges across the state, see the Appendix, pages 107.*

**Local Names, Addresses, and Phone Numbers**

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Community College:

Address:

President:

Phone:

Board Chairman:

Phone:

Notes:

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**Boards of County Commissioners**

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**Brief Description**

A county, as a body politic and corporate, is a legal person capable of holding and managing property and possessed of powers conferred on it by law. It exercises its powers and discharges its responsibilities through its board of commissioners.

**Meetings and Presentations to the Board**

The board of county commissioners is required by law to meet at least once each month. The law requires that the meeting be held on the first Monday of the month unless the board of commissioners decides by resolution to set the meeting on a different day. Most boards of commissioners meet twice per month at the courthouse. The time of day the meetings are held varies from county to county. Most boards set hours that accommodate the interests of individuals who work. The date and hour for the regular meetings must be established by resolution at the first meeting in December after taking office.

Citizens should contact the county manager or the clerk to the board of commissioners to request time to speak before the commissioners or to request that an item be added to the agenda. Most boards set aside time to hear from citizens at each meeting. Some counties require advance notice to have items added to the agenda. Time limits for speaking vary from county to county.

In addition to the regular meetings, commissioners may hold special meeting at the call of the Chair or by request of the majority of the members. Boards may also schedule work sessions and committee meetings to deal with specific issues. Notices of such meeting will be posted in advance.

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## Membership

**Number of members:** Usually five, although some have only three and others may have seven or more.

**Length of term:** Two or four years.

**How appointed:** Elected in partisan elections held in November of even-numbered years. Vacancies are filled by appointment of the remaining members and must be of the same political party as the member being replaced. Commissioners may be elected either at large or by district.

## Duties

- » Setting the fiscal policy of the county while abiding by the laws and policies of the state and federal government.
- » Adopting ordinances.

## Responsibilities and potentials for meeting the needs of persons with developmental disabilities:

- » Appropriating revenues to a licensed facility for persons with mental retardation
- » Appropriating revenues to a sheltered workshop or other nonprofit organization offering work or training activities to persons with physical or mental disabilities
- » Appropriating revenues to an orthopedic hospital
- » Allocating revenues to a training center offering education, treatment, rehabilitation, or developmental programs to persons with physical or mental disabilities
- » Appropriating advisory boards, committees, councils and agencies to study, interpret and develop community support and cooperation
- » Developing for human services a single portal of entry, a consolidated case management system, and a common database
- » Provide for and regulate the public health
- » Provide mental health, developmental disabilities, and substance abuse programs
- » Provide social services programs
- » Accessibility
- » Transportation
- » Zoning

### **Local Names, Addresses, and Phone Numbers**

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County Office:

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Address:

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County Manager:

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Phone:

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Board Chairman:

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Phone:

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County Clerk:

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Phone:

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Notes:

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### **Local Boards of Education**

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#### **Brief Description**

A county board of education is a corporate body. The county board of education exercises the general control and supervision of all matters pertaining to the public schools in the local school administrative unit.

#### **Meetings and Presentations to the Board**

**Frequency of meetings:** By law, a board of education must meet the first Monday of January, April, July, and October of each year. The board may elect to hold regular monthly meetings or another schedule. For instance, in more populous counties a board may meet twice a month.

**Methods of getting the agenda:** Speaking at board of education meetings is primarily limited to agenda items. A citizen may contact the board of education or superintendent's office to request to speak on an agenda item. Many boards publicize a summary of the agenda in the newspapers prior to a regular meeting or a public hearing. If a citizen wishes to speak to the board about an issue that is not on the agenda, he or she may contact the superintendent or board chairman to discuss having that item added to an upcoming agenda.

**Length of time allotted for citizens to speak to the board:** Speaking time will usually be limited, most often to 5 minutes or less. Check with your local school board.

**Location of meetings:** Meetings will usually be held in a county office building or the board of education office building.

## Membership

**Number of members:** Minimum of five members, usually more than five.

**Length of term:** Four years.

**How appointed:**

- » County board of education: elected (on a nonpartisan basis).
- » City administrative unit: either appointed by the county board of education or elected.

**Composition of membership:** All members must reside within the boundary lines of the local school administrative unit.

## Duties

- » Providing an adequate school system.
- » Exercising certain judicial functions and participating in certain suits and actions.
- » Dividing local school administrative units into attendance areas.
- » Regulating extracurricular activities.
- » Fixing time of opening and closing of schools, and determining the length of the school day, the school month and the school term.
- » Regulating fees, charges and solicitations.
- » Accepting and administering federal or private funds.
- » Sponsoring or conducting educational research.
- » Assuring accurate attendance records.
- » Assuring appropriate class size.
- » Implementing the Basic Education Program.
- » Electing a superintendent; prescribing duties of superintendent; supplying with an office, equipment and clerical assistance; and removing a superintendent, when necessary.
- » Employing assistant superintendent and supervisors.
- » Making rules concerning the conduct and duties of personnel.
- » Approving the assignment of duties to an assistant principal.
- » Providing for training of teachers.
- » Providing for prompt payment of all salaries.
- » Providing school food services.
- » Purchasing equipment and supplies.
- » Purchasing of activity buses.
- » Securing liability insurance.
- » Entering lease or purchase contracts for automobiles.
- » Authorizing the observance of a moment of silence.
- » Appointing advisory councils.
- » Determining the hours of employment for teacher aides.
- » Referring all students who drop out of the public schools to appropriate services.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

All children with special needs are entitled to a free appropriate public education. Children with special needs include all children from age 5 through age 21 who, because of permanent or temporary mental, physical or emotional disabilities, need special education, are unable to have all their needs met in a regular class without special education or related services, or are unable to be adequately educated in the public schools. This includes children:

- » with mental retardation
- » with epilepsy
- » with learning disabilities
- » with cerebral palsy
- » with serious emotional disturbances
- » with orthopedic impairments
- » who are academically gifted
- » with multiple handicaps
- » who are pregnant
- » with hearing impairments
- » with speech impairments
- » with autism
- » who have other health impairments
- » who are blind or have visual impairments

### **Responsibilities and Potentials**

- » Multi-disciplinary diagnosis and evaluation
- » Individualized education program for each child with special needs
- » Free appropriate special education and related services
- » Annual census of children with special needs
- » Education in the least restrictive appropriate setting
- » Interlocal cooperation undertaking with any state department, agency, or division having responsibility for the education, treatment or habilitation of children with special needs
- » Establishing special education and related programs for children with special needs aged birth through 4 and 19 through 21
- » Contracting with private service providers
- » School social work services
- » Classroom instruction
- » Physical education instruction
- » Home instruction
- » Instruction in hospitals and institutions
- » Speech pathology
- » Audiology
- » Occupational therapy
- » Physical therapy
- » Transportation
- » Psychological services
- » Recreation
- » Early identification

- » Assessment of disabilities in children
- » Counseling services
- » Medical services for diagnostic or evaluation purposes
- » Parent counseling and training

*For a listing of your local education agency's Exceptional Children's Programs, look in the white pages of the phone book under city or county schools.*

### **Local Names, Addresses, and Phone Numbers**

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School Board Office:

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Address:

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Superintendent:

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Phone:

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Board Chairman:

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Phone:

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Notes:

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### **County Boards of Health or District Boards of Health**

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#### **Brief Description**

A county health department is a department of the county in which it is located. A county board of health is the policy-making, rule-making and adjudicating body for a county health department.

A district health department including more than one county may be formed in lieu of county health departments upon agreement of the county boards of commissioners and local boards of health. A district board of health is the policy-making, rule-making and adjudicating body for a district health department.

#### **Meetings and Presentations to the Board**

A board of health meets at least quarterly. Generally, boards will meet monthly in the health department building or another county facility. Some boards may meet in local restaurants. Notices of meetings (date, time, location) are advertised in local newspapers, and, if an agenda item is related to specific interest groups, the interest groups are notified.

Citizens should phone or write the health department director or board chairman to request to speak on an agenda item. Time limits will be set by the board and may vary.



If a citizen wishes to speak to the board about an issue that is not on the agenda, he or she may contact the director or board chairman to discuss having that item added to an upcoming agenda.

### **Membership: County Board of Health**

**Number of members:** Eleven.

**Length of term:** Three years. No member may serve more than three consecutive terms unless the member is the only person residing in the county who represents one of the professions listed below.

**How appointed:** By the county board of commissioners.

**Composition of membership:** All members must be residents of the county.

One each:

- » Licensed physician
- » Licensed dentist
- » County commissioner
- » Licensed optometrist
- » Registered nurse
- » Licensed veterinarian
- » Licensed pharmacist
- » Professional engineer

Three each:

- » Representatives of the general public.

### **Membership: District Board of Health**

**Number of members:** Fifteen (maximum of eighteen).

**Length of term:** Three years. No member may serve more than three consecutive terms unless the member is the only person residing in the district who represents one of the professions listed below.

**How appointed:** The board of commissioners of each county in the district appoints one county commissioner. The county commissioner members appoint the other members of the board.

**Composition of membership:** All members must be residents of the district.

One each:

- » Licensed physician
- » Licensed dentist
- » Licensed veterinarian
- » Licensed optometrist
- » Registered nurse
- » Licensed pharmacist
- » Professional engineer

Three each:

- » Representatives of the general public.

### **Duties for Both**

- » Adopting and enforcing rules necessary to protect and promote the public health.
- » Appointing a local health director.

- » Imposing a fee for services except where the imposition of a fee is prohibited by statute or where an employee of the local health department is performing the services as an agent of the state.

**Responsibilities and potentials for meeting the needs of persons with developmental disabilities and mental health needs**

- » Immunizations
- » Maternal and child health program (preventive, diagnostic, therapeutic and habilitative)
- » Nutrition program (screening, assessment, counseling, treatment, referral, follow-up and direct provision of food)
- » Dental health program (all ages)
- » Health assessment (kindergarten children)
- » Perinatal health care (education, identification of high-risk, prenatal, delivery and newborn health care services)
- » Child service coordination
- » Environmental health

*For your local or district Health Department, look in the white pages of the phone book under the county listings.*

**Local Names, Addresses, and Phone Numbers**

Health Department:

Address:

Director:

Phone:

Board Chairman:

Phone:

Notes:

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## County Boards of Social Services

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### Brief Description

A county department of social services is a department of the county within which it is located. A county board of social services establishes policies for the county department of social services.

### Meetings and Presentations to the Board

The board meets at least monthly. Meetings are held in the social services building or another county facility. Notices may be posted in the county courthouse. Citizens should phone or write the social services director or board chairman to request to speak to the board. Any reasonable amount of time for a presentation will be accommodated.

If a citizen wishes to speak to the board about an issue that is not on the agenda, he or she may contact the director or board chairman to discuss having that item added to an upcoming agenda.

### Membership

**Number of members:** Three or five.

**Length of term:** Three years. No member may serve more than two consecutive terms.

**How appointed:**

Three-member board:

- » County board of commissioners appoints one board member who may be a commissioner or a citizen.
- » Social Services Commission appoints one board member.
- » The two appointed members select the third board member.

Five-member board:

- » County board of commissioners appoints two board members who may be commissioners or citizens.
- » Social Services Commission appoints two board members.
- » The four appointed members select the fifth board member.

**Composition of membership:** Each member must be a resident of the county.

### Duties

- » Selecting the county director of social services.
- » Advising county and municipal authorities in developing policies and plans to improve the social conditions of the community.
- » Consulting with the director of social services about problems relating to his office and assisting him in planning budgets for the county department of social services.
- » Transmitting or presenting the budgets of the county department of social services for public assistance, social services, and administration to the board of county commissioners.

- » Performing other duties and responsibilities assigned by the General Assembly, the Department of Human Resources, the Social Services Commission, or the board of county commissioners.

**Responsibilities and potentials for meeting the needs of persons with developmental disabilities and mental health needs**

- » Financial assistance
- » Protection from abuse, neglect, exploitation (children)
- » Protection from abuse, neglect, exploitation (adults)
- » Foster care
- » Food stamps
- » Medical financial assistance
- » Monitor facilities for adults with developmental disabilities
- » Monitor facilities for persons who are aged

*For your local Board of Social Services, look in the white pages of the telephone book under county listings.*

**Local Names, Addresses, and Phone Numbers**

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Social Services Department:

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Address:

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Director:

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Phone:

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Board Chairman:

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Phone:

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Notes:

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**Head Start Council**

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**Brief Description**

The purpose of the Head Start Council is to involve parents in the governance and decision-making process for the local program that affects their children and families.

**Membership**

**Number of members:** Determined by the board of directors and policy council of the local Head Start program.

**Length of term:** Annually elected for no more than three years.

**How appointed:** Parents are elected by the center committees made up of parents in the program.

**Composition of membership:**

- » 51% of council is composed of parent representatives who have children in the program.
- » 49% of council is community representation

**Duties**

- » Making choices about their local program involving governance issues and decision-making processes.

*Special Note:*

Parents receive training that enables them to be effective board members. Additional training is available in areas such as budgeting, nutrition, behavior management, health needs, etc.

**Local Names, Addresses, and Phone Numbers**

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Local Head Start Program Address:

Phone:

Director:

Notes:

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**Human Rights Committees**

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**Brief Description**

Human rights committees have been established at each state facility operated by the Division of Mental Health, Developmental Disabilities, and Substance Abuse Services. Additionally, human (or client) rights committees are mandated for all area mental health, developmental disabilities, and substance abuse programs and all Intermediate Care Facilities for Persons with Mental Retardation. These committees are to provide an additional safeguard for protecting the human, civil, legal and treatment rights of clients who have disabilities and are served in state and local facilities.

## Meetings and Presentations to Committees

State facility human rights committees usually meet monthly at the facility. Human rights committees for local programs will have varying schedules. Contact the area director (see Appendix, page 89) or the director of the specific service to find out when and where the committee meets.

Consumers, family members, and guardians wishing to address an issue to a human rights committee should contact the chairman to request time on the agenda.

Since these meetings fall under the state's Meetings of Public Bodies law, any citizen may attend. At times, committees may adjourn to a closed (executive) session to discuss specific issues that must be kept confidential as required by the state's Right to Confidentiality law.

## Membership

**Number of members:** Varies.

**How appointed:** State facilities human rights committee members are appointed by the Secretary of the Department of Human Resources. Local human rights committee members are appointed by the governing boards of the facilities.

**Composition of membership:** State facilities human rights committee membership is established by law and includes persons who are knowledgeable about the particular disability area, representative of the region served by the facility, consumers of services, family members, and representative of consumer and advocacy groups. No staff employee of a state facility may be a voting member of the facility's human rights committee.

Local human rights committee membership will generally follow the same guidelines as state facilities. Members will be required to live in the area which the program serves.

## Duties

- » Reviewing facility compliance with laws regarding clients' rights (North Carolina General Statutes, Chapter 122C, Article 3) and reviewing facility compliance with human and client rights rules.
- » Reviewing and assessing the efficiency of existing and proposed methods and procedures for protecting the rights of clients.
- » Serving as an independent review body to hear and make recommendations concerning alleged violations of the rights of individuals and groups.
- » Reviewing programs and services that deal with the legal and human rights of clients.
- » Reviewing cases of alleged abuse, neglect or exploitation or failure to provide services.
- » Reviewing cases regarding the use of seclusion, physical or mechanical restraint, intrusive or aversive procedures, electroconvulsive therapy, medication prescribed above recommended dosages, or any procedures carried out against the will of the client.
- » Reviewing complaints, grievances or other client rights issues of concern.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities:**

- » Protection of human rights
- » Protection of civil rights
- » Protection of legal rights
- » Protection of treatment rights
- » Protection from abuse, neglect, exploitation (children)
- » Protection from abuse, neglect, exploitation (adults)

### **Local Names, Addresses, and Phone Numbers**

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Program:

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Chairman of Human Rights Committee:

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Phone:

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Notes:

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### **Regional Councils of Governments**

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#### **Brief Description**

Any two or more units of local government (a county, city, or consolidated city-county) may create a regional council of governments by adopting identical concurrent resolutions. The purpose of a regional council of governments is the coordination of governmental functions best undertaken on a regional level. A regional council of governments does not become a political or governmental subdivision of the state, but may take on some of the attributes and functions of a political subdivision.

#### **Meetings and Presentations to the Council**

Councils usually meet quarterly. Dates, times, locations, and agendas may be sent to the region's television and radio stations for broadcast to the public. Citizens should contact the director or the chairman of the council to request time on the agenda. Time limits for speaking will be determined by the council.

Public hearings are held at least once per year. These meetings are publicized in advance.

#### **Membership**

**Number of members:** Varies.

**How appointed:** The charter of a regional council of governments establishes the number of delegates to represent the member governments, fixes their terms of office, and provides methods for filling vacancies. Council members are elected officials from the representative local governments.

## **Duties**

The charter of a regional council of governments may confer on the regional council any of the following powers:

- » Applying for, accepting, receiving, and dispensing funds and grants made available to it by the State of North Carolina or any agency thereof, the United States of America, or any agency thereof, any unit of local government (whether or not a member of the council), or any private or civic agency;
- » Employing personnel;
- » Contracting with consultants;
- » Contracting with the State of North Carolina, any other state, the United States of America, or any agency thereof, for services;
- » Studying regional governmental problems, including matters affecting health, safety, welfare, education, recreation, economic conditions, regional planning, and regional development;
- » Promoting cooperative arrangements and coordinated action among its member governments;
- » Making recommendations for review and action to its member governments and other public agencies which perform functions within the region in which its member governments are located; and
- » Exercising any other powers that are exercised or capable of being exercised by its member governments and that are desirable for dealing with problems of mutual concern which are delegated to it from the member governments.

Each regional council shall prepare and distribute to its member governments and to the public an annual report of its activities including a financial statement.

## **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Funding
- » Transportation
- » Recommend actions affecting health
- » Recommend actions affecting safety
- » Recommend actions affecting welfare
- » Recommend actions affecting education
- » Recommend actions affecting recreation

*For a listing of the regional council of governments in your area, see the Appendix, page 89.*



**Local Names, Addresses, and Phone Numbers**

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Regional Council:

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Address:

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Director:

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Phone:

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Council Chairman:

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Phone:

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Notes:

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## Section B:

# State Boards, Commissions, and Councils

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### Child Day-Care Commission

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#### Brief Description

A commission with the power and duty to adopt rules to be followed in the licensing and operation of child care facilities and child care homes.

#### Meetings and Presentations to the Commission

The commission holds regular meetings quarterly and at other times at the call of the chairman or upon written request of at least six members. The regular meetings are held in Raleigh at 319 Chapanoke Road. The Commission maintains a mailing list to send notices of meetings. Meetings are also announced in various newspapers around the state.

Regular meetings are open to the public, and the chairman may ask for comments from the audience. If a citizen wishes to speak about a specific issue before the Commission, he or she should contact the Division of Child Development or the chairman to request to speak.

Public hearings are held, usually yearly, for rules changes. These are held in Raleigh; the specific location is announced. At these hearings, only the rule changes on the agenda will be addressed. Time limits for speaking are not strict, but usually 5 to 10 minutes is granted. If a citizen has a specific rule change he or she would like the Commission to address, he or she should contact the chairman.

#### Membership

**Number of members:** Fifteen.

**Length of term:** Two years, with a limit of four consecutive terms.

**How appointed:**

- » Seven members appointed by the Governor.
- » Eight members appointed by the General Assembly, four upon recommendation of the President of the Senate and four upon recommendation of the Speaker of the House of Representatives.

**Composition of membership:**

- » Four members appointed by the Governor, two members appointed by the President of the Senate, and two members appointed by the Speaker of the House of Representatives shall be members of the public who are not employed in, or providing, child care and who have no financial interest in a child care facility or home.
- » Two of the public members appointed by the Governor, one public member appointed by the President of the Senate, and one public member ap-

pointed by the Speaker of the House of Representatives shall be parents of children receiving child care services. Of the remaining two public members appointed by the Governor, one shall be a currently licensed pediatrician.

- » The three other members appointed by the Governor shall be child care providers:
  - » one affiliated with a for-profit child care facility
  - » one affiliated with a for-profit child care home
  - » one affiliated with a nonprofit child care facility
- » Two members appointed by the President of the Senate shall be child care providers:
  - » one affiliated with a for-profit child care facility or home
  - » one affiliated with a nonprofit child care facility or home
- » Two members appointed by the Speaker of the House of Representatives shall be child care providers:
  - » one affiliated with a for-profit child care facility or home
  - » one affiliated with a nonprofit child care facility or home
- » No members may be employees of the state.

### **Duties**

- » Adopting rules for the issuance of licenses to any care facility.
- » Registering child care homes and adopting rules and standards.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Establishing of rules for the operation of child care facilities
- » Health of children
- » Safety of children
- » Education of children

### **Contact Address and Phone Number**

Melinda Rathbone or Regina Johnson  
 Division of Child Development  
 319 Chapanoke Road, Room 300  
 2201 Mail Service Center  
 Raleigh, NC 27699-2201  
 919-662-4499  
 800-859-0829 (in-state calls only)  
 Fax: 919-662-4568 or 919-662-4569  
<http://www.dhhs.state.nc.us/dcd/>  
 Notes:

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## Children and Youth Parent Advisory Council

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### Brief Description

The council provides parental expertise to the decision-making process of the Children and Youth Branch of the Department of Health and Human Services, with emphasis on assuring quality services for children with special needs and their families.

### Meetings and Presentations to the Council

The council holds quarterly meetings.

### Membership

**Number of members:** No maximum.

**Length of term:** No limit.

**How appointed:** No formal process.

**Composition of membership:**

- » Parents of children with special health care needs
- » Service providers
- » Coordinators of local Family Support Network programs
- » Other interested parties

### Duties

To participate with the Children and Youth Branch of the Department of Health and Human Services, paying particular attention to health issues of consumers with developmental disabilities.

### Contact Address and Phone Number

Division of Women's and Children's Health  
Children and Youth Branch  
1916 Mail Service Center  
Raleigh, NC 27699-1916  
919-733-2815 or 919-733-3816  
Fax: 919-715-3807  
<http://wch.dhhs.state.nc.us/cay.htm>  
Notes:

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## **Commission for Mental Health, Developmental Disabilities, and Substance Abuse Services**

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### **Brief Description**

A commission with the power and duty to adopt, amend and repeal rules to be followed in the conduct of state and local mental health, developmental disabilities, and alcohol and drug abuse programs. This includes rules related to education, prevention, intervention, treatment, rehabilitation and other related services. The rules shall be designed to promote the amelioration or elimination of the mental health, developmental disabilities, or alcohol and drug abuse problems of the citizens of the State of North Carolina.

### **Meetings and Presentations to the Commission:**

The Commission meets quarterly the second week of February, May, August, and November. Meetings are approximately one and one-half days long and are usually held in Raleigh, but may be held in other sections of the state. Meetings are published in the North Carolina Register, and the Commission maintains a mailing list of interested persons.

The first morning of the meeting is a public hearing that starts at 10:00 a.m. and lasts until lunch. In the afternoon the committees of the Commission meet. There are six committees, three for the disability areas (Developmental Disabilities, Mental Health, and Substance Abuse), and three other committees (Rules, Planning, and Standards). Each Commission member is a member of one of the disability area committees and each Commission member is a member of one of the other committees. The second morning is the regular meeting of the Commission.

Citizens may contact the staff director or the chairman to request to speak before the Commission. Speaking is done during the public hearing portion of the meeting and is usually limited to 5 to 10 minutes.

### **Membership**

**Number of members:** Twenty-five.

**Length of term:** Two years.

**How appointed:**

- » Four members appointed by the General Assembly, two by the Speaker of the House of Representatives and two by the President of the Senate.
- » Twenty-one members appointed by the Governor. One from each congressional district in the state and ten at-large members.

**Composition of membership:** The members appointed by the General Assembly shall have concern for the problems of mental illness, developmental disabilities, alcohol and drug abuse. Of the twenty-one members appointed by the Governor, at least one of the below shall be a licensed physician and at least one of the below shall be a licensed attorney. Furthermore:

- » three shall have a special interest in mental health,
- » three shall have a special interest in mental retardation,
- » three shall have a special interest in developmental disabilities other than mental retardation,
- » three shall have a special interest in alcohol abuse and alcoholism, and
- » three shall have a special interest in drug abuse.

Each group of three shall be made up of one member who is a consumer representative; one other who is a representative of a local or state citizen organization or association; and one other who is a professional in the field. The remaining six members shall be appointed from the general public, other citizen groups, area mental health, developmental disabilities, and substance abuse authorities, or from other related agencies.

### **Duties**

- » Adopting rules regarding the admission of persons to services, including the designation of regions, treatment, and professional care of individuals admitted to a facility for persons with mental illness, developmental disabilities, or substance abuse problems.
- » Operating education, prevention, intervention, treatment, rehabilitation and other related services provided by area mental health, developmental disabilities, and substance abuse authorities.
- » Conducting hearings and appeals of area mental health, developmental disabilities, and substance abuse authorities.
- » Fulfilling the requirements of the federal government for grants-in-aid for mental health, developmental disabilities, alcohol or drug abuse program.
- » Adopting rules for the licensing of facilities for persons with mental illness, developmental disabilities, and substance abuse problems.
- » Advising the Secretary of the Department of Human Resources regarding the need for, provision and coordination of education, prevention, intervention, treatment, rehabilitation and other related services in the areas of mental illness and mental health, developmental disabilities, alcohol abuse, and drug abuse.
- » Reviewing and advising the Secretary of the Department of Human Resources regarding all state plans required by federal or state law and recommending to the Secretary any changes it thinks necessary in those plans.
- » Adopting rules relating to the registration and control of the manufacture, distribution, and dispensing of controlled substances.
- » Adopting rules to establish the professional requirements for staff of licensed facilities for persons with mental illness, developmental disabilities and substance abuse problems.
- » Adopting rules to implement Article 3 of Chapter 122C (Client's Rights) of the General Statutes.
- » Adopting rules specifying procedures for waiver of rules adopted by the Commission.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Determine the need for and the provision and coordination of education, prevention, intervention, treatment, rehabilitation and other related services
- » Establish rules to provide for the appropriate admission, treatment, and professional care of individuals in state and community programs
- » Establish rules to provide for the protection of the rights of individuals in state community programs

## Contact Address and Phone Number

Staff Director  
 Commission for Mental Health, Developmental Disabilities and  
 Substance Abuse Services  
 3001 Mail Service Center:  
 Raleigh, NC 27699-3001  
 919-733-7011  
 Fax: 919-733-1221  
<http://www.dhhs.state.nc.us/mhddsas/commission/>  
 Notes:

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## Commission for the Blind

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### Brief Description

A commission with the power and duty to adopt rules and regulations to be followed in the conduct of the state's rehabilitative programs for persons who are blind or visually impaired.

### Meetings and Presentations to the Commission

The Commission meets at least once in each quarter and may hold special meetings at any time and place within the state at the call of the chairman or upon the written request of at least five members. Meetings are held in Raleigh. Notices are sent to Commission members and consumer and advocacy group members.

Contact the Division of Services for the Blind or the chairman of the Commission to request to speak before the Commission. Presentations are not limited to agenda items. Occasionally, regular meetings are opened for comment from the audience.

### Membership

**Number of members:** Eleven.

**Length of term:** Three years.

**How appointed:** Appointed by the Governor.

**Composition of membership:**

- » A majority of the members must be blind or visually impaired.
- » No physician, no optometrist, no optician, no oculist, nor any other person who receives services or funds regulated by the Commission can serve on the Commission for the Blind.

**Duties:**

- » Adopting rules and regulations that may be necessary and desirable for the programs administered by the Department of Health and Human Services.
- » Establishing standards and adopting rules and regulations for aid to persons who are blind and needy.
- » Adopting rules and regulations as may be required by the federal government for grants-in-aid for rehabilitative purposes for the blind.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Establishment of rules, regulations, and standards for programs for persons who are visually impaired
- » Establishment of rules, regulations, and standards for aid to the persons who are visually impaired and in need
- » Establishment of rules and regulations for grants-in-aid

### **Contact Address and Phone Number**

Staff Director  
N.C. Division of Services for the Blind  
2601 Mail Service Center  
Raleigh, NC 27699-2601  
919-733-9822  
Fax: 919-733-9769  
Notes:

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## **Council for the Deaf and the Hard of Hearing**

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### **Brief Description**

A council in the Department of Health and Human Services to study problems of persons who are deaf or hard of hearing and to advise and make recommendations to the Secretary of the Department of Health and Human Services and to the superintendent of the Department of Public Instruction.

### **Meetings and Presentations to the Council**

The Council meets quarterly and at other times at the call of the chairman. Usually the meetings are in March, June, September, and December in Raleigh. Notices concerning meeting dates and locations are sent to persons who have contacted the Division of Services for the Deaf and the Hard of Hearing.

Contact the Division of Services for the Deaf and the Hard of Hearing to request to speak before the Council. Presentations are not limited to agenda items. Usually, time is set aside for the audience to make comments at meetings.

### **Membership**

**Number of members:** Twenty-three total members.

**Length of term:** Four years.

**How appointed:** Fifteen appointed by the Governor; six appointed by the Secretary of Health and Human Services; one appointed by the Speaker of the House of Representatives; one appointed by the President Pro Tempore of the Senate.



**Composition of membership:***Fifteen appointed by the Governor*

- » Three members who are persons who are deaf.
- » Three members who are persons who are hard of hearing.
- » One educator who trains deaf education teachers..
- » One licensed audiologist.
- » Three parents of children who are deaf or hard of hearing, with each parent from a different region of the three North Carolina schools for the deaf regions:
  - » one parent of a child in a residential school;
  - » one parent of a child in a pre-school satellite program; and
  - » one parent of a child in a mainstream education program.
- » One member recommended by the president of the North Carolina Association of the Deaf.
- » One member recommended by the president of the North Carolina Pediatric Society.
- » One member recommended by the president of the North Carolina Registry of Interpreters for the Deaf.
- » One member nominated by the Superintendent of Public Instruction.

*Six appointed by the Secretary of Health and Human Services*

- » One from the Division of Vocational Rehabilitation.
- » One from the Division of Aging.
- » One from the Division of Mental Health, Developmental Disabilities, and Substance Abuse Services.
- » One from the Division of Social Services.
- » One from the North Carolina Chapter of SHHH (Self Help for the Hard of Hearing).
- » One from SPEAK (Statewide Parents' Education and Advocacy for Kids).

**Duties**

- » Making recommendations to the Secretary of the Department of Human Resources regarding improvement of human services for persons who are deaf and hard of hearing.
- » Studying ways to promote public understanding of the problems of persons who are deaf and hard of hearing and considering the need for new state programs concerning deafness.
- » Advising the Secretary of the Department of Human Resources in the preparation of a plan describing the quality, extent and scope of services provided or to be provided, to deaf and hard of hearing persons in this state.
- » Studying any state programs that provide educational services for deaf and hard of hearing persons and advising the Secretary of the Department of Human Resources and the Superintendent of Public Instruction concerning coordination of these programs to prevent duplication of services.
- » Advising and making recommendations to the Secretary of the Department of Health and Human Services upon any matter as requested by the Secretary.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Recommending changes to improve services for persons who are deaf or hard of hearing

### **Contact Address and Phone Number**

Dee Miller  
Council for the Deaf and Hard of Hearing  
319 Chapanoke Road, Suite 108  
2301 Mail Service Center  
Raleigh, NC 27699-2301  
919-773-2963  
E-mail: dee.miller@ncmail.net  
Notes:

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## **Council on Developmental Disabilities**

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### **Brief Description**

A gubernatorially appointed council that (1) works with organizations and groups around the state to promote self-determination, full citizenship and inclusion for over 120,000 North Carolinians with developmental disabilities and their families; and (2) advises the Secretary of the Department of Health and Human Services and all other state entities receiving federal funds for developmental disabilities services pursuant to Public Law 104-183, the Developmental Disabilities Assistance and Bill of Rights Act of 1996.

### **Meetings and Presentations to the Council**

Meetings are quarterly, usually in Raleigh. An annual meeting is held in either the eastern or western portion of the state. Hearings are conducted at least once every three years, and individuals interested in promoting funding for a specific activity or project may contact the Council's office at any time.

### **Membership**

**Number of members:** Thirty-two.

**Length of term:** Four years.

**How appointed:** Appointed by the Governor

**Composition of membership:**

- » Over half of the members shall be persons with developmental disabilities or family members of persons with developmental disabilities.
- » Other members include professionals from major state agencies that serve persons with developmental disabilities, legislators, and community representatives.

The Council has an executive director and staff to support the Council's activities.

**Duties**

As defined in PL 104-183:

- » advocating for systemic change, capacity building, and advocacy issues;
- » examining priority activity areas;
- » developing and implementing state plan;
- » demonstrating new approaches to enhance independence, productivity, and integration and inclusion into the community of individuals with developmental disabilities;
- » conducting outreach activities;
- » conducting training activities;
- » collaborating and coordinating with other agencies;
- » conducting activities that eliminate barriers, enhance systems design and enhance citizen participation to address identified issues;
- » informing policy makers; and
- » monitoring state plan activities.

**Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » To show that persons with developmental disabilities can work in their community for competitive wages, when given the proper supports
- » To encourage persons with developmental disabilities to speak up for themselves and become involved in policy making that affects them
- » To ensure that children with developmental disabilities grow up at home in a family and go to school with other children in their community
- » To help persons with developmental disabilities and their families gain control over how funds and other resources are used to meet their individual needs
- » To increase awareness and educate policy makers and the public about persons with developmental disabilities
- » To make sure that the state and federal resources are used in customer-responsive, cost-effective ways
- » To help persons with developmental disabilities get a home of their own and support needed to live there

**Contact Address and Phone Number**

Director  
 North Carolina Council on Developmental Disabilities  
 1001 Navaho, Suite GL-103  
 Raleigh, NC 27609  
 Voice/TDD: 919-850-2833  
 Voice/TDD: 800-357-6916  
 Fax: 919-850-2895  
<http://www.nc-ddc.org>  
 Notes:

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## Governor's Advocacy Council for Persons with Disabilities

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### Brief Description

A council created to provide for a statewide protection and advocacy program for persons with disabilities. Additionally, the council advises the Governor, the state legislature and principal state departments on issues of special concern to disabled persons in the state.

### Meetings and Presentations to the Council

The Council holds quarterly meetings on the fourth Friday in January, April and October in Raleigh.

The Council has four committees that meet for 2 to 3 hours in the morning.

The committees are:

- » Protection and Advocacy for the Mentally Ill
- » Employment Promotion
- » Education, Human Resources, and Human Rights; and
- » Accessibility

Citizens may request to make a presentation to one of the committees by contacting the Council office approximately one month prior to a scheduled meeting. The time limit for presentations is about one-half hour.

The full Council meets in the afternoon and the committees bring recommendations to the Council from their morning meetings.

### Membership

**Number of members:** Twenty-four.

**Length of term:** Four years.

**How appointed:**

- » Sixteen members are appointed by the Governor;
- » One member is appointed from the North Carolina Senate by the President Pro Tempore of the Senate
- » One member is appointed from the North Carolina House of Representatives by the Speaker of the House
- » Six non-voting *ex officio* members from state government agencies

**Composition of membership:**

- » Of the sixteen members appointed by the Governor, at least eight shall be disabled persons or family members of disabled persons as follows:
  - » Two representatives of persons with mental illness;
  - » Two representatives of persons with developmental disabilities;
  - » Two representatives of persons with mental retardation; and
  - » One representative of persons with sensory impairments.
- » Of the sixteen members appointed by the Governor, at least one shall come from each congressional district in the state.
- » The six *ex officio* members shall be:
  - » Commissioner of Labor
  - » Commissioner of Insurance
  - » Secretary of the Department of Human Resources

- » Chairman of the Employment Security Commission
- » Exceptional Children's Director of the Department of Public Instruction
- » Chairman of the Protection and Advocacy for the Mentally Ill Advisory Committee of the Governor's Advocacy Council for Persons with Disabilities

### **Duties**

- » Providing for a statewide protection and advocacy program for persons with disabilities.
- » Pursuing legal, administrative, or other appropriate remedies to insure the protection of the rights of all developmentally, mentally, physically, emotionally and otherwise disabled persons who are receiving treatment, services, or habilitation from any state, local, or area program.
- » Reviewing and recommending changes in all laws, rules, regulations, programs and policies of this state or any agency or subdivision to insure the rights of persons with disabilities are safe-guarded.
- » Investigating complaints concerning the violation of the rights of persons with disabilities and taking appropriate action.
- » Contracting with public agencies or private nonprofit corporations to fulfill any of the functions and duties provided for.
- » Aiding and assisting local advocacy programs and the advocacy programs in mental retardation centers, psychiatric hospitals, training schools, and alcohol and drug abuse treatment centers.
- » Performing other functions necessary to protect the rights of persons with disabilities.
- » Advising and assisting the Department of Administration on the continuing program to promote the employment of persons with disabilities by creating statewide interest in the rehabilitation and employment of the handicapped, and by obtaining and maintaining cooperation with all public and private groups and individuals in this field.
- » Working in close cooperation with the President's Committee on the Employment of People with Disabilities and with state and federal agencies having responsibilities for employment and rehabilitation of persons with disabilities.
- » Promoting and encouraging the holding of appropriate ceremonies throughout the state during "National Disabilities Employment Awareness Month."
- » Initiating public awareness projects and making recommendations to the Governor concerning broad policies pertaining to rehabilitation for persons with disabilities.
- » Advising the Secretary of Administration upon any matter the Secretary may refer to the Council.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Case advocacy for persons with disabilities
- » Class advocacy for persons with disabilities
- » Investigating complaints regarding human and civil rights, delivery of services, physical/architectural accessibility, and employment of persons with disabilities

- » Recommending changes to improve services
- » Recommending changes to provide protection for civil rights
- » Providing a “hotline” for information about the Social Security Disability Program or the Supplemental Security Income Program

### **Contact Address and Phone Number**

Allen H. Perry, Director  
Governor’s Advocacy Council for Persons with Disabilities  
2113 Cameron Street, Suite 218  
1314 Mail Service Center  
Raleigh, North Carolina 27699-1314  
919-733-9250  
800-821-6922  
E-mail: [gacpd@ncmail.net](mailto:gacpd@ncmail.net)  
<http://www.doa.state.nc.us/gacpd/gacpd.htm>  
Notes:

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### **Interagency Coordinating Council (NC-ICC)**

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#### **Brief Description**

The North Carolina Interagency Coordinating Council (NC-ICC) for children with disabilities ages birth to five and their families advocates for the development and implementation of a comprehensive and coordinated system of health, developmental, and educational services.

It advises the state Department of Health and Human Services and the Department of Environment, Health and Natural Resources in carrying out their early intervention services. The council also advises the Department of Public Instruction in their activities related to the condition of special education services for pre-schoolers.

#### **Meetings and Presentations to the Council**

The full council holds quarterly meetings. Additional administrative continuity is provided by the Executive Committee of the NC-ICC, which meets in the months between full council meetings.

The Council currently has seven standing committees which do much of the work of the Council. The committees are:

- » Local Interagency Coordinating Councils Committee
- » Public Awareness and Legislative Committee
- » Children and Families Committee
- » Personnel Development Committee
- » Transition Committee
- » Executive Committee
- » Cultural Diversity Committee

In addition to these committees, the Council often forms task forces to study urgent needs and issues.

## **Membership**

**Number of members:** Twenty-six.

**Length of term:** Two years, with a limit of two consecutive terms.

**How appointed:** All members appointed by the Governor.

**Composition of membership:**

- » Twenty percent parents
- » Twenty percent early intervention personnel
- » One Head Start representative
- » One representative from the Child Care Regulation Agency
- » Two representatives from the N.C. Senate
- » Two representatives from the N.C. House of Representatives
- » One representative from the N.C. Department of Insurance
- » One representative of higher education in personnel preparation

## **Duties**

- » Maintain a coordinated, interagency system for children ages birth to 5 with developmental disabilities and their families.
- » Identify sources of fiscal and other support for the early intervention system.
- » Develop policies related to the early intervention system.
- » Prepare applications for available federal funds.
- » Resolve interagency disputes.
- » Promote interagency agreements.
- » Assist in planning, coordination, and evaluation of early intervention and preschool services.
- » Advise and assist the lead agencies regarding the transition of toddlers with disabilities to preschool and other appropriate services.
- » Strengthen service integration for both infants and toddlers and at-risk infants and their families, regardless of eligibility status.

## **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Identify ways in which services for early intervention can be improved
- » Take steps to ensure cooperation between agencies
- » Investigate complaints and disagreements between agencies
- » Conform to the standards established by IDEA (Individuals with Disabilities Education Act)

## **Contact Address and Phone Number**

Karen Chester, Executive Director  
 NC-ICC  
 319 Chapanoke Road  
 2201 Mail Service Center  
 Raleigh, NC 27699-2201  
 919-662-4543  
 Fax: 919-662-4568  
 E-mail: karen.chester@ncmail.net  
 Notes:

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## Social Services Commission

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### Brief Description

A commission with the power and duty to adopt rules and regulations to be followed in the conduct of North Carolina's social service programs.

### Meetings and Presentations to the Commissions

The Commission meets at least once each quarter and may hold special meetings at any time and place within the state at the call of the chairman or upon the written request of at least four members. Generally, the regular meetings are held in Raleigh on the second Wednesday of March, June, September, and December.

Dates and places for meetings are widely publicized throughout the state. Interested citizens should contact the Special Assistant to the Director, Division of Social Services, to request to speak at a Commission meeting. Presentations are limited to agenda items. The chairman limits the time of presentations.

If a citizen has a specific issue that he or she would like to bring before the Commission, they should contact the Special Assistant to the Director and request the issue be put on an upcoming agenda.

If a citizen wants a rule repealed, amended, or adopted, he or she should contact the Special Assistant to the Director for the specific procedures that apply to rule making.

### Membership

**Number of members:** Thirteen (additional members appointed if new congressional districts are added).

**Length of term:** Four years.

**How appointed:** Appointed by the Governor.

**Composition of membership:** One member from each congressional district.

### Duties

- » Adopting rules and regulations that may be necessary and desirable for the social service programs administered by the Department of Human Resources.
- » Establishing standards and adopting rules and regulations for the programs of public assistance, with the exception of the program of medical assistance.
- » Achieving maximum cooperation with other agencies of the state and with agencies of other states and of the federal government in rendering services to strengthen and maintain family life and to help recipients of public assistance obtain self-support and self-care.
- » Establishing procedures for the placement and supervision of dependent and delinquent children and payment of necessary costs of foster home care for needy and homeless children.
- » Establishing procedures for the payment of grants-in-aid and other state funds to private child-caring institutions.
- » Establishing procedures for social services programs established by federal and state legislation.



- » Establishing procedures for implementation of Title XX of the Social Security Act in the following areas:
  - » eligibility;
  - » standards;
  - » maximum rates of payment;
  - » fees for services to be paid by recipients;
  - » designation of certain mandated services which shall be provided in each county of the state; and
  - » Title XX services for the blind, after consultation with the Commission for the Blind.
- » Establishing and adopting standards
  - » for the inspection and licensing of maternity homes;
  - » for the inspection and licensing of domiciliary homes for aged or disabled persons;
  - » for the inspection and licensing of child-care institutions;
  - » for the inspection and operation of jails or local confinement facilities; and
  - » for the regulation and licensing of charitable organizations, professional fund-raising counsel and professional solicitors
- » Authorizing investigations of social problems, with authority to subpoena witnesses, administer oaths, and compel the production of necessary documents.
- » Ratifying reciprocal agreements with agencies in other states.
- » Adopting such rules and regulations as may be required by the federal government of grants-in-aid for social services purposes which may be made available for the state by the federal government.
- » Establishing
  - » a fee schedule for the payment of the costs of necessary day care in licensed facilities and registered plans for minor children of needy families
  - » a fee schedule for the payment by recipients for services which are established in accordance with Title XX of the Social Security Act and implementing regulations
  - » the payment of an administrative fee not to exceed two hundred dollars (\$200.00) to be paid by public or nonprofit agencies that employ students under the Plan Assuring College Education (PACE) program
  - » a fee schedule for child support enforcement services

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Establishment of rules, regulations, and standards for social services programs.
- » Establishment of rules, regulations, and standards for placement and supervision of dependent and delinquent children who have disabilities.
- » Establishment of rules, regulations, and standards for eligibility for services.
- » Establishment of standards for licensing of maternity homes, domiciliary homes, child-care institutions, and jails or local confinement facilities.
- » Establishment of fees for Title XX services.

## Contact Address and Phone Number

Special Assistant to the Director  
Social Services Commission  
Division of Social Services  
325 N. Salisbury Street  
2401 Mail Service Center  
Raleigh, NC 27699-2401  
919-733-3055  
800-662-7030  
Fax: 919-733-9386  
E-mail: Pheon.Beal@ncmail.net  
Notes:

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## State Board of Education

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### Brief Description

A board vested by the North Carolina Constitution with authority for the general supervision and administration of the free public school system.

### Meetings and Presentations to the Board

Regular meetings are held monthly on the first Wednesday and Thursday of the month in the seventh floor board room of the Education Building in Raleigh, unless otherwise announced.

Generally, citizens do not speak at Board meetings; however, at times, the Board will accept comments from citizens. Interested citizens should contact the chairman of the Board, the Superintendent of Public Instruction, or the executive director of the State Board of Education to request to speak at a Board meeting.

If a citizen has a specific issue that he or she would like to bring before the Board, he or she should contact the executive director of the State Board of Education. The Board may consider including the issue if it is something they are currently discussing or if it has statewide impact.

Public hearings on issues of statewide impact are held, usually in Raleigh, but occasionally in other locations around the state.

### Membership

**Number of members:** Thirteen voting members (and four nonvoting members).

**Length of term:** Eight years.

**How appointed:**

- » Eleven members are appointed by the Governor, subject to confirmation by the General Assembly in joint session.
- » Lieutenant Governor, *ex officio*
- » State Treasurer, *ex officio*

**Composition of membership:** No public school employee paid from state or local funds or his or her spouse, and no employee of the Department of Public Instruction or his or her spouse may serve as an appointed member of the Board.

Of the eleven members appointed by the Governor:

- » One member shall be appointed from each of the eight educational districts.
- » Three members shall be appointed at large.

Non-voting members:

- » There are four non-voting members in addition to the thirteen voting members. These are two student advisors (a junior and a senior) and two Teachers of the Year (current and past year's).
- » The Superintendent of Public Instruction serves as the executive secretary of the Board.

### **Duties**

- » Apportioning and equalizing over the state all state school funds and all federal funds granted to the state for assistance to educational programs administered within or sponsored by the public school system of the state.
- » Adjusting allocations for inaccurate apportionment due to inaccurate attendance records.
- » Altering boundaries of city school administrative units.
- » Approving agreements for the consolidation and merger of school administrative units located in the same county.
- » Making provisions for sick leave and substitute teachers.
- » Certifying and regulating the grade and salary of teachers and other school employees.
- » Adopting and supplying textbooks.
- » Adopting rules requiring all local boards of education to implement the Basic Education Program.
- » Formulating rules and regulations for the enforcement of the compulsory attendance law.
- » Managing and operating a system of insurance for public school property.
- » Making provisions for special programs or projects of a cultural and fine arts nature for the enrichment and strengthening of educational opportunities for the children of the state.
- » Sponsoring or conducting education research.
- » Providing for sports medicine and emergency paramedical program.
- » Purchasing liability insurance for Board members.
- » Providing personnel information to local boards relating to certification, evaluation and qualification.
- » Developing non-certified personnel position evaluation descriptions.
- » Adopting salary schedules for: school finance officer, office support personnel, property and cost clerks, aides, maintenance supervisors, custodial personnel, transportation personnel, and other support personnel.
- » Providing for school transportation programs.
- » Developing and implementing a uniform education reporting system, which shall include standards and procedures for collecting fiscal and personnel information.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Funding
- » Adopting of textbooks
- » Consolidating of school systems
- » Providing free appropriate social education and related services

**Contact Address and Phone Number**

Jane Worsham, Executive Director to the State Board of Education  
Mike Ward, State Superintendent NCDPI  
Phil Kirk, Chair  
NC State Board of Education  
North Carolina Department of Public Instruction  
301 N. Wilmington St.  
Raleigh, NC 27601  
919-807-3300  
Fax: 919-715-0764  
[http://www.ncpublicschools.org/state\\_board/](http://www.ncpublicschools.org/state_board/)

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**Study Commission on Children with Special Needs**

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**Brief Description**

A commission established to study services provided for children with special needs, compare services with those of other states, and make legislative recommendations to strengthen the role of the state in meeting its responsibilities to children with special needs. This study commission must be renewed by the legislature every two years in order to continue. It meets only when the legislature is adjourned.

**Membership**

**Number of members:** Eighteen.

**Length of term:** For the two-year duration of the study commission's work.

**How appointed:**

- » Seven members appointed by the President Pro Tempore of the Senate, four of whom shall be members of the Senate, and three of whom shall be public members.
- » Seven members appointed by the Speaker of the House, four of whom shall be members of the House of Representatives, and three of whom shall be public members.
- » Four members appointed by the Governor.

**Duties**

- » Pursue an in-depth study of the services provided by other states for children with special needs.
- » Collect and evaluate for comprehensiveness existing legislation in North Carolina which is relevant to programs for children with special needs, as well as pertinent reports, studies and findings from other states and national bodies.
- » Collect and evaluate for comprehensiveness the reports and recommendations of the various agencies, councils, commissions, committees, and associations existing in North Carolina whose primary or partial duties are to make recommendations designed to affect services for children with special needs.

- » Monitor on a continuing basis the progress of the state as it moves toward meeting the service requirements for children with special needs.

In addition, the Commission shall study issues related to meeting the educational needs of children with special needs, particularly the alternative funding methods and the effects of the twelve and one-half percent (12.5%) cap on funding for the education of children with special needs.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities**

- » Recommend legislation to strengthen the roles of the state in meeting its responsibilities to children with special needs

### **Contact Address and Phone Number**

Shirley Iorio  
 Research Division  
 545 Legislative Office Building  
 300 N. Salisbury Street  
 Raleigh, NC 27603-5925  
 919-733-2578  
 E-mail: shirleyi@ncleg.net

## **Youth Advocacy and Involvement Office**

### **Brief Description**

A council created to work on behalf of the children and youth of North Carolina to identify unmet needs, review existing programs and provide recommendations and information to the Governor, the General Assembly, and the general public.

### **Meetings and Presentations to the Council**

The Council meets at least quarterly and upon the call of the chairman or upon written request of at least nine members.

Citizens should contact the council chairman or the executive director to determine dates, times and locations of meetings and to request to speak before the Council.

### **Membership**

**Number of members:** Seventeen.

**Length of term:** Four years.

**How appointed:**

- » Thirteen members appointed by the Governor
- » Two members from the North Carolina Senate, appointed by the President Pro Tempore of the Senate
- » Two members from the North Carolina House of Representatives, appointed by the Speaker of the House

**Composition of membership:**

- » Of the thirteen members appointed by the Governor, at least one each shall come from each congressional district in the state.

- » Of the thirteen members appointed by the Governor, nine shall be adult citizens who have an interest in and knowledge of children and youth, persons who work with children, or representatives of organizations concerned with problems of children and youth.
- » Of the thirteen members appointed by the Governor, four shall be youths under the age of 18 (two boys, two girls).

### **Duties**

- » Acting as an advocate for children and youth within state and local governments, and with private agencies serving children and youth.
- » Providing assistance in the development and coordination of child advocacy systems at the regional and local levels within the state.
- » Performing a continuing review of existing programs of state government for children and youth and their families.
- » Identifying needs of children and youth and their families that are not currently being met and recommending new programs or improvement of existing programs in cooperation with state, local and private agencies.
- » Reviewing any new programs affecting children and youth proposed by any state agency and recommending changes to avoid duplication of services, to promote better planning, or otherwise to make more effective use of available resources.
- » Meeting at least annually with the Governor and presenting a written report concerning the health and well-being of North Carolina's children and the effectiveness of current programs and the need for new programs for children and youth.
- » Providing information to the general public and state, local and private agencies serving children and youth and their families concerning the activities and findings of the Council.
- » Performing other advisory functions assigned by the Secretary of Administration or a legislative committee.

### **Responsibilities and potentials for meeting the needs of persons with developmental disabilities:**

- » Case advocacy for children and youth
- » Class advocacy for children and youth
- » Funding programs for children who have been physically or sexually abused
- » Monitoring state government programs for children and youth
- » Recommending new programs for children and youth
- » Recommending improvements in existing programs for children and youth

### **Contact Address and Phone Number**

Pam Deardorff, Executive Director  
Youth Advocacy and Involvement Office  
217 West Jones Street  
1319 Mail Service Center  
Raleigh, NC 27699-1319  
919-733-9296  
E-mail: [pam.deardorff@ncmail.net](mailto:pam.deardorff@ncmail.net)  
<http://www.doa.state.nc.us/doa/yaio.htm>  
Notes:

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# More Opportunities to Serve

Note: The previous section details many opportunities to serve that operate under the auspices of the state, regional, or local governments. The following list provides the names of some other organizations which are open to families, professionals, and caregivers.

## Organizations

### » The Arc of North Carolina

800-662-8706

<http://www.arcnc.org/>

Provides advocacy, education and support to families and professional regarding people with mental retardation and developmental disabilities and the issues that affect their lives. There are currently 44 chapters across the state and each one operates as a separate nonprofit agency providing for its own choice and level of advocacy, services, and training opportunities.

### » Infant-Toddler Initiatives Committee (ITI)

Duncan Munn

919-733-3654

<http://www.chtop.com/Infant.htm>

This is the main advisory group for the different agencies that make up the infant-toddler program. It serves as a place where parents and professionals can get together and talk about things that affect how services are provided. The meetings occur once every three months and usually take place in the Raleigh area.

### » North Carolina Child Advocacy Institute (NCCAI)

919-834-6623 ext. 229

Fax: 919-829-7299

E-mail: [nccai@intrex.net](mailto:nccai@intrex.net)

<http://www.ncchild.org>

The NCCAI pursues three interrelated areas of activity:

1. Public action, which involves educating people about children's issues, training child advocates, and leading individuals and groups to act on behalf of children.
2. Public policy, which involves improving state laws and policies and funding and developing coalitions that continue to shape public policy.
3. Public information, which involves establishing the "Knowledge Exchange," an information and referral resource website that provides up-to-date facts and figures about children and youth.

**» Family Support Network of North Carolina (FSN-NC)**

919-966-2841

800-852-0042

Fax: 919-966-2916

E-mail: [cdr@med.unc.edu](mailto:cdr@med.unc.edu)<http://www.fsnn.org>

The mission of the Family Support Network of North Carolina (FSN-NC) is to enhance the lives of North Carolina's children and youth with, or at risk for, developing special needs by providing support and information to the families who care for them, and to encourage family-professional collaboration in the design and delivery of services for these families. The Board of Advisors of FSN-NC is an unincorporated association created to serve in an advisory capacity to FSN-NC. The purpose of the Board is to advise and assist FSN-NC in accomplishing its overall mission, which includes:

- » Assisting FSN-NC in promoting the interests, articulating the priorities, and advancing the causes of FSN-NC to the citizens of North Carolina.
- » Helping keep the administration of FSN-NC informed of public attitudes, opinions, and concerns regarding families and children with developmental disabilities, chronic illnesses, behavior disorders, or children born prematurely, children at risk, or children who have other special needs.
- » Assisting in coordinating FSN-NC's work with other public and private agencies that serve families
- » Assisting in identifying possible funding sources
- » Assisting in evaluating the programs and services of FSN-NC



**Appendix:  
Additional Program Information**

## Area MH/DD/SAS Programs and Regional Councils of Governments

These programs typically cover several counties. They are listed here by county in order to help parents locate the program that serves their area.

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Alamance	Alamance-Caswell Area MH/DD/SA Authority 319 N. Graham-Hopedale Rd, Suite A Burlington, NC 27215 336-513-4200	Piedmont Triad COG Koger Center, Wilmington Bldg 2216 West Meadowview Road, Suite 201 Greensboro, NC 27407-3480 336-294-4950
Alexander	Foothills Area MH/DD/SA Program 306 S. King Street Morganton, NC 28655 828-438-6230	Western Piedmont COG 736 4th Street SW Hickory, NC 28602-3401 828-322-9191
Alleghany	New River Behavioral Healthcare 895 State Farm Road, Suite 508 Boone, NC 28607-4996 828-264-9007	Region D COG P.O. Box 1820 155 Furman Road Boone, NC 28607 828-265-5434
Anson	Sandhills Center for MH/DD/SA Services P.O. Box 9 West End, NC 27376-0009 910-673-9111	Centralina COG 1300 Baxter Street, #450 Charlotte, NC 28204-3053 704-372-2416
Ashe	New River Behavioral Healthcare 895 State Farm Road, Suite 508 Boone, NC 28607-4996 828-264-9007	Region D COG P.O. Box 1820 155 Furman Road Boone, NC 28607 828-265-5434
Avery	New River Behavioral Healthcare 895 State Farm Road, Suite 508 Boone, NC 28607-4996 828-264-9007	Region D COG P.O. Box 1820 155 Furman Road Boone, NC 28607 828-265-5434
Beaufort	Tideland Mental Health Center 1308 Highland Drive Washington, NC 27889-3494 252-946-8061	Mid-East Commission 310 W. Main St P.O. Box 1787 Washington, NC 27889 252-946-8043
Bertie	Roanoke-Chowan Human Services Center Route 3, Box 22-A Ahoskie, NC 27910-9320 252-332-4137	Mid-East Commission 310 W. Main St. P.O. Box 1787 Washington, NC 27889 252-946-8043

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Bladen	Southeastern Regional Mental Health Center 207 West 29th Street Lumberton, NC 28358-2901 910-738-5261	Lumber River COG 4721 Fayetteville Road Lumberton, NC 28359 910-618-5533
Brunswick	Southeastern Center for MH/DD/SA Services P.O. Box 1230 Wilmington, NC 28402-1230 910-796-3130	Cape Fear COG 1480 Harbour Drive Wilmington, NC 28401 910-395-4553
Buncombe	Blue Ridge Center for MH/DD/SA Services 356 Biltmore Avenue Asheville, NC 28801 828-258-3500	Land of the Sky Regional COG 25 Heritage Drive Asheville, NC 28806 828-251-6622
Burke	Foothills Area MH/DD/SA Program 306 S. King Street Morganton, NC 28655 828-438-6230	Western Piedmont COG 736 4th Street SW Hickory, NC 28602-3401 828-322-9191
Cabarrus	Piedmont Area MH/DD/SA Services 245 LePhillip Court Concord, NC 28025 704-721-7000	Centralina COG 1300 Baxter Street, #450 Charlotte, NC 28204-3053 704-372-2416
Caldwell	Foothills Area MH/DD/SA Program 306 S. King Street Morganton, NC 28655 828-438-6230	Western Piedmont COG 736 4th Street SW Hickory, NC 28602-3401 828-322-9191
Camden	Albemarle Mental Health Center and DD/SA Services P.O. Box 2367 Elizabeth City, NC 27907 252-335-0431	Albemarle Commission P.O. Box 646 512 S. Church Street Hertford, NC 27944 252-426-5753
Carteret	Neuse Center for MH/DD/SA Services P.O. Box 1636 New Bern, NC 28563-1636 252-636-1510	Eastern Carolina COG P.O. Box 1717 New Bern, NC 28563-1717 252-638-3185
Caswell	Alamance-Caswell Area MH/DD/SA Authority 319 N. Graham-Hopedale Rd, Suite A Burlington, NC 27215 336-513-4200	Piedmont Triad COG Koger Center, Wilmington Bldg 2216 West Meadowview Road, Suite 201 Greensboro, NC 27407-3480 336-294-4950
Catawba	Mental Health Services of Catawba County 3050 11th Avenue Drive SE Hickory, NC 28602 828-326-5900	Western Piedmont COG 736 4th Street SW Hickory, NC 28602 828-322-9191
Chatham	Orange-Person-Chatham MH/DD/SA Authority 101 E. Weaver Street, Suite 300 Carrboro, NC 27510 919-913-4000	Triangle J COG P.O. Box 12276 Durham, NC 27703 919-549-0551

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Cherokee	Smoky Mountain Center for MH/DD/SA Services P.O. Box 127 Sylva, NC 28779 828-586-5501	Southwestern North Carolina Planning and Economic Development Commission P.O. Drawer 850 Bryson City, NC 28713 828-488-9211
Chowan	Albemarle Mental Health Center and DD/SA Services P.O. Box 326 Elizabeth City, NC 27907 252-335-0431	Albemarle Commission P.O. Box 646 512 S. Church Street Hertford, NC 27944 252-426-5753
Clay	Smoky Mountain Center for MH/DD/SA Services P.O. Box 127 Sylva, NC 28779 828-586-5501	Southwestern North Carolina Planning and Economic Development Commission P.O. Drawer 850 Bryson City, NC 28713 828-488-9211
Cleveland	Pathways 2505 Court Drive Gastonia, NC 28054 704-867-2361	Isothermal Planning and Economic Development Commission P.O. Box 841 Rutherfordton, NC 28139 828-287-2281
Columbus	Southeastern Regional Mental Health Center 207 West 29th Street Lumberton, NC 28358-2901 910-738-5261	Cape Fear COG 1480 Harbour Drive Wilmington, NC 28401 910-395-4553
Craven	Neuse Center for MH/DD/SA Services P.O. Box 1636 New Bern, NC 28563-1636 252-636-1510	Eastern Carolina COG P.O. Box 1717 New Bern, NC 28563-1717 252-638-3185
Cumberland	Cumberland County Mental Health Center P.O. Box 3069 Fayetteville, NC 28302 910-323-0601	Mid Carolina COG P.O. Drawer 1510 Fayetteville, NC 28302 910-323-4191
Currituck	Albemarle Mental Health Center and DD/SA Services P.O. Box 326 Elizabeth City, NC 27907 252-335-0431	Albemarle Commission P.O. Box 646 512 S. Church Street Hertford, NC 27944 252-426-5753
Dare	Albemarle Mental Health Center and DD/SA Services P.O. Box 326 Elizabeth City, NC 27907 252-335-0431	Albemarle Commission P.O. Box 646 512 S. Church Street Hertford, NC 27944 252-426-5753
Davidson	Davidson County Area Program for MH/DD/SA Services 211 W. Colonial Drive 2216 Thomasville, NC 27360 336-474-2700	Piedmont Triad COG Koger Center, Wilmington Bldg. West Meadowview Road, Suite 201 Greensboro, NC 27407-3480 336-294-4950

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Davie	CenterPoint Human Services 725 Highland Avenue Winston-Salem, NC 28101 336-725-7777 336-761-2111	Northwest Piedmont COG 400 W. Fourth Street, Suite 400 Winston-Salem, NC 27101-2805
Duplin	Duplin-Sampson Area MH/DD/SA Services 117 Beasley Street P.O. Box 599 Kenansville NC 28349 910-296-1851	Eastern Carolina Council P.O. Box 1717 New Bern, NC 28563-1717 252-638-3185
Durham	The Durham Center 200 N. Mangum Street Durham, NC 27701 919-560-7100	Triangle J COG P.O. Box 12276 Durham, NC 27703 919-549-0551
Edgecombe	Edgecombe-Nash MH/DD/SA Services 500 Nash Medical Arts Mall Rocky Mount NC 27804 252-937-8141	Upper Coastal Plain COG P.O. Drawer 2748 Rocky Mount, NC 27802 252-446-0411
Forsyth	CenterPoint Human Services 725 Highland Avenue Winston-Salem, NC 27101 336-725-7777	Northwest Piedmont COG 400 W. Fourth Street, Suite 400 Winston-Salem, NC 27101 336-761-2111
Franklin	Area MH/DD/SA Program of Vance, Warren, Granville and Franklin Counties 134 South Garnett Street Henderson, NC 27536 252-430-1330	Kerr-Tar Regional COG P.O. Box 709 Henderson, NC 27536 252-436-2040
Gaston	Pathways 2505 Court Drive Gastonia, NC 28054 704-867-2361	Centralina COG 1300 Baxter Street, #450 Charlotte, NC 28204-3053 704-372-2416
Gates	Roanoke-Chowan Human Services Center Route 3, Box 22-A Ahoskie, NC 27910-9320 252-332-4137	Albemarle Commission 512 S. Church Street P.O. Box 646 Hertford, NC 27944 252-426-5753
Graham	Smoky Mountain Center for Southwestern MH/DD/SA Services P.O. Box 127 Sylva, NC 28779 828-586-5501	North Carolina Planning and Economic Development Commission P.O. Drawer 850 Bryson City, NC 28713 828-488-9211
Granville	Area MH/DD/SA Program of Vance, Warren, Granville and Franklin Counties 134 South Garnett Street Henderson, NC 27536 252-430-1330	Kerr-Tar Regional COG P.O. Box 709 Henderson, NC 27536 252-436-2040

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Greene	Wilson-Greene Area MH/DD/SA Services 1709 South Tarboro Street P.O. Box 3756 Wilson, NC 27895-3756 252-399-8021	Eastern Carolina COG P.O. Box 1717 New Bern, NC 28563-1717 252-638-3185
Guilford	Guilford Center 232 N. Edgeworth St., Greensboro, NC 27401-2221 336-373-4981	Piedmont Triad COG 4th Floor Koger Center, Wilmington Bldg. 2216 West Meadowview Road, Suite 201 Greensboro, NC 27407-3480 336-294-4950
Halifax	Riverstone Counseling and Personal Development 210 Smith Church Road P.O. Box 1199 Roanoke Rapids, NC 27870-1199 252-537-6174	Upper Coastal Plain COG P.O. Drawer 2748 Rocky Mount, NC 27802 252-446-0411
Harnett	Lee-Harnett Area MH/DD/SA Authority 130 Carbonton Road Sanford, NC 27330-4009 919-774-6521	Mid Carolina COG P.O. Drawer 1510 Fayetteville, NC 28302 910-323-4191
Haywood	Smoky Mountain Center for MH/DD/SA Services P.O. Box 127 P.O. Sylva, NC 28779 828-586-5501	Southwestern North Carolina Planning and Economic Development Commission Drawer 850 Bryson City, NC 28713 828-488-9211
Henderson	Trend Area MH/DD/SA Authority 800 Fleming Street, #A Hendersonville, NC 28791 828-692-5741	Land of the Sky Regional COG 25 Heritage Drive Asheville, NC 28806 828-251-6622
Hertford	Roanoke-Chowan Human Services Center Route 3, Box 22-A Ahoskie, NC 27910-9320 252-332-4137	Mid-East Commission P.O. Box 1787 310 W. Main St Washington, NC 27889 252-946-8043
Hoke	Sandhills Center for MH/DD/SA Services P.O. Box 9 4721 West End, NC 27376-0009 910-673-9111	Lumber River COG Fayetteville Road Lumberton, NC 28359 910-618-5533
Hyde	Tideland Mental Health Center 1308 Highland Drive Washington, NC 27889-3494 252-946-8061	Albemarle Commission 512 S. Church Street P.O. Box 646 Hertford, NC 27944 252-426-5753

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Iredell	Crossroads Behavioral Health Care 200 Business Park Drive Elkin, NC 28621 336-835-1000	Centralina COG 1300 Baxter Street, #450 Charlotte, NC 28204-3053 704-372-2416
Jackson	Smoky Mountain Center for MH/DD/SA Services P.O. Box 127 Sylva, NC 28779 828-586-5501	Southwestern North Carolina Planning and Economic Development Commission P.O. Drawer 850 Bryson City, NC 28713 828-488-9211
Johnston	Johnston County Area MH/DD/SA Authority Highway 301 North P.O. Box 411 Smithfield, NC 27577-0411 919-989-5500	Triangle J COG P.O. Box 12276 Durham, NC 27703 919-549-0551
Jones	Neuse Center for MH/DD/SA Services P.O. Box 1636 New Bern, NC 28563-1636 252-636-1510	Eastern Carolina COG P.O. Box 1717 New Bern, NC 28563-1717 252-638-3185
Lee	Lee-Harnett Area MH/DD/SA Authority 130 Carbonton Road Sanford, NC 27330-4009 919-774-6521	Triangle J COG P.O. Box 12276 Durham, NC 27703 919-549-0551
Lenoir	Lenoir County MH/DD/SA Center 2901 North Heritage Street Kinston, NC-28501-8813 252-527-7086	Eastern Carolina COG P.O. Box 1717 New Bern, NC 28563-1717 252-638-3185
Lincoln	Pathways 2505 Court Drive 1300 Gastonia, NC 28054 704-867-2361	Centralina COG Baxter Street, #450 Charlotte, NC 28204-3053 704-372-2416
Macon	Smoky Mountain Center for MH/DD/SA Services P.O. Box 127 Sylva, NC 28779 828-586-5501	Southwestern North Carolina Planning and Economic Development Commission P.O. Drawer 850 Bryson City, NC 28713 828-488-9211
Madison	Blue Ridge Center for MH/DD/SA Services 356 Biltmore Avenue Asheville, NC 28801 828-258-3500	Land of the Sky Regional COG 25 Heritage Drive Asheville, NC 28806 828-251-6622
Martin	Tideland Mental Health Center 1308 Highland Drive Washington, NC 27889-3494 252-946-8061	Mid-East Commission P.O. Box 1787 310 W. Main St. Washington, NC 27889 252-946-8043

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
McDowell	Foothills Area MH/DD/SA Program 306 S. King Street Morganton, NC 28655 828-438-6230	Isothermal Planning and Economic Development Commission P.O. Box 841 Rutherfordton, NC 28139 828-287-2281
Mecklenburg	Mecklenburg County Health Mental Health and Community Services 420 Billingsley Road Charlotte, NC 28211-1098 704-336-2023	Centralina COG 1300 Baxter Street, #450 Charlotte, NC 28204-3053 704-372-2416
Mitchell	Blue Ridge Center for MH/DD/SA Services 356 Biltmore Avenue Asheville, NC 28801 828-258-3500	Region D COG P.O. Box 1820 155 Furman Road Boone, NC 28607 828-265-5434
Montgomery	Sandhills Center for MH/DD/SA Services P.O. Box 9 West End, NC 27376-0009 910-673-9111	Piedmont Triad COG Koger Center, Wilmington Bldg 2216 West Meadowview Road, Suite 201 Greensboro, NC 27407-3480 336-294-4950
Moore	Sandhills Center for MH/DD/SA Services P.O. Box 9 West End, NC 27376-0009 910-673-9111	Triangle J COG P.O. Box 12276 Durham, NC 27703 919-549-0551
Nash	Edgecombe-Nash Area MH/DD/SA Services 500 Nash Medical Arts Mall Rocky Mount NC 27804 252-937-8141	Upper Coastal Plain COG P.O. Drawer 2748 Rocky Mount, NC 27802 252-446-0411
New Hanover	Southeastern Center for MH/DD/SA Services P.O. Box 1230 Wilmington, NC 28402-1230 910-796-3130	Cape Fear COG 1480 Harbour Drive Wilmington, NC 28401 910-395-4553
Northampton	Roanoke-Chowan Human Services Center Route 3, Box 22-A Ahoskie, NC 27910-9320 252-332-4137	Upper Coastal Plain COG P.O. Drawer 2748 Rocky Mount, NC 27802 252-446-0411
Onslow	Onslow County Behavioral Healthcare 301 Johnson Blvd. Jacksonville, NC 28540 910-938-3546	Eastern Carolina COG P.O. Box 1717 New Bern, NC 28563-1717 252-638-3185
Orange	Orange-Person-Chatham MH/DD/SA Authority 101 E. Weaver St, Suite 300 Carrboro, NC 27510 919-913-4000	Triangle J COG P.O. Box 12276 Durham, NC 27703 919-549-0551



<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Pamlico	Neuse Center for MH/DD/SA Services P.O. Box 1636 New Bern, NC 28563-1636 252-636-1510 252-638-3185	Eastern Carolina COG P.O. Box 1717 New Bern, NC 28563-1717
Pasquotank	Albemarle Mental Health Center and DD/SA Services P.O. Box 326 Elizabeth City, NC 27907 252-335-0431	Albemarle Commission P.O. Box 646 512 S. Church Street Hertford, NC 27944 252-426-5753
Pender	Southeastern Center for MH/DD/SA Services P.O. Box 1230 Wilmington, NC 28402-1230 910-796-3130	Cape Fear COG 1480 Harbour Drive Wilmington, NC 28401 910-395-4553
Perquimans	Albemarle Mental Health Center and DD/SA Services P.O. Box 326 Elizabeth City, NC 27907 252-335-0431	Albemarle Commission P.O. Box 646 512 S. Church Street Hertford, NC 27944 252-426-5753
Person	Orange-Person-Chatham MH/DD/SA Authority 101 E. Weaver St., Suite 300 Carrboro, NC 27510 919-913-4000	Kerr-Tar Regional COG 510 Dabney Drive P.O. Box 7709 Henderson, NC 27536 252-436-2040
Pitt	Pitt County MH/DD/SA Center 203 Government Circle Greenville, NC 27834-7706 252-413-1600	Mid-East Commission P.O. Box 1787 310 W. Main St Washington, NC 27889 252-946-8043
Polk	Rutherford-Polk Area MH/DD/SA Authority 271 Callahan Koon Road Spindale, NC 28160-2296 828-287-6110	Isothermal Planning and Economic Development Commission P.O. Box 841 Rutherfordton, NC 28139 828-287-2281
Randolph	Randolph County MH/DD/SA Program 110 W. Walker Avenue Asheboro, NC 27203-5798 336-633-7200	Piedmont Triad COG Koger Center, Wilmington Bldg, Suite 201 2216 West Meadowview Road Greensboro, NC 27407-3480 336-294-4950
Richmond	Sandhills Center for MH/DD/SA Services P.O. Box 9 West End, NC 27376-0009 910-673-9111	Lumber River COG 4721 Fayetteville Road Lumberton, NC 28359 910-618-5533
Robeson	Southeastern Regional Mental Health Center 207 West 29th Street Lumberton, NC 28358-2901 910-738-5261	Lumber River COG 4721 Fayetteville Road Lumberton, NC 28359 910-618-5533

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Rockingham	Rockingham County Area MH/DD/SA Program P.O. Box 355 Wentworth, NC 27375-0355 336-342-8316	Piedmont Triad COG Koger Center, Wilmington Bldg, Suite 201 2216 West Meadowview Road Greensboro, NC 27407-3480 336-294-4950
Rowan	Piedmont Area MH/DD/SA Services 245 LePhillip Court Concord, NC 28025 704-721-7000	Centralina COG 1300 Baxter Street, #450 Charlotte, NC 28204-3053 704-372-2416
Rutherford	Rutherford-Polk Area MH/DD/SA Authority 271 Callahan Koon Road Spindale, NC 28160-2296 828-287-6110	Isothermal Planning and Economic Development Commission P.O. Box 841 Rutherfordton, NC 28139 828-287-2281
Sampson	Duplin-Sampson Area MH/DD/SA Services 117 Beasley Street P.O. Box 599 Kenansville, NC 28349-0599 910-296-1851	Mid Carolina COG P.O. Drawer 1510 Fayetteville, NC 28302 910-323-4191
Scotland	Southeastern Regional Mental Health Center 207 West 29th Street Lumberton, NC 28358-2901 910-738-5261	Lumber River COG 4721 Fayetteville Road Lumberton, NC 28359 910-618-5533
Stanly	Piedmont Area MH/DD/SA Services 245 LePhillip Court Concord, NC 28025 704-721-7000	Centralina COG 1300 Baxter Street, #450 Charlotte, NC 28204-3053 704-372-2416
Stokes	CenterPoint Human Services 725 North Highland Avenue Winston-Salem, NC 27101 336-725-7777	Northwest Piedmont COG 400 W. Fourth Street, Suite 400 Winston-Salem, NC 27101-2805 336-761-2111
Surry	Crossroads Behavioral Health Care 200 Business Park Drive Elkin, NC 28621 336-835-1000	Northwest Piedmont COG 400 W. Fourth Street, Suite 400 Winston-Salem, NC 27101-2805 336-761-2111
Swain	Smoky Mountain Center for MH/DD/SA Services P.O. Box 127 Sylva, NC 28779 828-586-5501	Southwestern North Carolina Planning and Economic Development Commission P.O. Drawer 850 Bryson City, NC 28713 828-488-9211
Transylvania	Trend Area MH/DD/SA Authority 800 Fleming Street, #A Hendersonville, NC 28791 828-692-5741	Land of the Sky Regional COG 25 Heritage Drive Asheville, NC 28806 828-251-6622

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Tyrrell	Tideland Mental Health Center 1308 Highland Drive Washington, NC 27889-3494 252-946-8061	Albemarle Commission 512 S. Church Street P.O. Box 646 Hertford, NC 27944 252-426-5753
Union	Piedmont Area MH/DD/SA Services 245 LePhillip Court Concord, NC 28025 704-721-7000	Centralina COG 1300 Baxter Street, #450 Charlotte, NC 28204-3053 704-372-2416
Vance	Area MH/DD/SA Program of Vance, Warren, Granville and Franklin Counties 134 S. Garnett Street Henderson, NC 27536 252-430-1330	Kerr-Tar Regional COG P.O. Box 709 Henderson, NC 27536 252-436-2040
Wake	Wake County Human Services P.O. Box 46833 Raleigh, NC 27620-6833 919-212-7199	Triangle J COG P.O. Box 12276 Durham, NC 27703 919-549-0551
Warren	Area MH/DD/SA Program of Vance, Warren, Granville and Franklin Counties 134 Garnett Street Henderson, NC 27536 252-430-1330	Kerr-Tar Regional COG P.O. Box 709 Henderson, NC 27536 252-436-2040
Washington	Tideland Mental Health Center 1308 Highland Drive Washington, NC 27889-3494 252-946-8061	Albemarle Commission 512 S. Church Street P.O. Box 646 Hertford, NC 27944 252-426-5753
Watauga	New River Behavioral Healthcare 895 State Farm Road, Suite 508 Boone, NC 28607-4996 828-264-9007	Region D COG P.O. Box 1820 155 Furman Road Boone, NC 28607 828-265-5434
Wayne	Wayne County Mental Health Center 301 North Herman Street Goldsboro, NC 27530-2971 919-731-1133	Eastern Carolina Council P.O. Box 1717 New Bern, NC 28563-1717 252-638-3185
Wilkes	New River Behavioral Healthcare 895 State Farm Road, Suite 508 Boone, NC 28607-4996 828-264-9007	Region D COG P.O. Box 1820 155 Furman Road Boone, NC 28607 828-265-5434
Wilson	Wilson-Greene Area MH/DD/SA Services 1709 Tarboro Street P.O. Box 3756 Wilson, NC 27895-3756 252-399-8021	Upper Coastal Plain COG P.O. Drawer 2748 Rocky Mount, NC 27802 252-446-0411

<b>County</b>	<b>Area MH/DD/SAS Program</b>	<b>Regional Council of Governments (COG)</b>
Yadkin	Crossroads Behavioral Health Care 200 Business Park Drive Elkin, NC 28621 336-835-1000	Northwest Piedmont COG 400 W. Fourth Street, Suite 400 Winston-Salem, NC 27101-2805 336-761-2111
Yancey	Blue Ridge Center for MH/DD/SA Services 356 Biltmore Avenue Asheville, NC 28801 828-258-3500	Region D COG P.O. Box 1820 155 Furman Road Boone, NC 28607 828-265-5434

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*Note:* Some area MH/DD/SAS programs are operated as county agencies. Every area program has a board that advises the county on the operation of mental health services. County health departments have similar boards, which may also offer good opportunities for parents to become involved in significant ways.

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## Child Care Resource and Referral Network Members

(serving birth to 12 years)

Entries list the name of the agency, mailing address, website address and email address (if available), contact person, and telephone number. Listings are current as of April 2, 2002.

### Statewide

#### N.C. Child Care Resource & Referral Network

P.O. Box 2515  
Chapel Hill, NC 27515  
Mary Bushnell  
919/933-5090  
919/933-0450

### By county

#### Alamance

##### CCR&R of Alamance

711 Hermitage Rd.  
Burlington, NC 27215  
Email: cccr@uwalamance.org  
Crystal Williams  
336/438-2020  
336/438-2010

#### Alexander

##### Alexander County CCR&R

P.O. Box 1661  
115 Wilkesboro Rd., Suite A  
Taylorsville, NC 28681  
Email: alexccrr@hotmail.com  
Andra Ingle  
828/632-3799  
828/632-6411

#### Alleghany

##### Child Care Resources of Alleghany

348 South Main St.  
P.O. Box 280  
Sparta, NC 28675  
Email: hallk@gw.wilkes.cc.nc.us  
Katy Hall  
336/372-9675  
336/372-4306

#### Anson

##### Child Care Pathways

303 Eastview Street  
Wadesboro, NC 28170  
Email: vmccrr@vnet.net  
Website: <http://www.ansonsmartstart.org/>  
Vickie Molaro  
704/694-4036  
704/694-4010

#### Ashe

Ashe County CCR&R  
626 Ashe Central School Unit 2  
Jefferson, NC 28640  
Email: asugirlamy@yahoo.com  
Patricia Calloway  
336/982-8870  
336/982-8860

#### Avery

##### Child Care Choices

(Avery Co. Partnership for Children)  
320 Pineola Street  
Post Office Box 1455  
Newland, NC 28657  
Email: acpfc@skybest.com  
Kathy Williams  
828/733-2899  
828/733-9122

#### Beaufort

##### Beaufort County CCR&R

1312 John Small Avenue  
Washington, NC 27889  
Email: cccrbc4child@gotricounty.com  
Website: <http://www.beaufortcountykids.org/>  
Sarah Harrison  
252/975-4647  
252/975-4722

#### Bertie

##### Child Care Resources & Referral

P.O. Box 634  
Windsor, NC 27983  
Email: bertieccrr@schoollink.net  
Christine Dudley  
252/794-3438  
252/794-2831

#### Bladen

##### Southeastern CCR&R

P.O. Box 151  
Whiteville, NC 28472  
Lauren Cole  
919/642-8189  
or  
800/653-5212  
910/642-7566

#### Brunswick

##### Child Care Resource & Referral of Brunswick County

4758 Main Street  
P.O. Box 2232  
Shallotte, NC 28459  
Email: cccrbc@infoave.net  
Linda Rowley  
910/755-3362  
or  
877/422-7710  
910/755-3376

#### Buncombe

##### Buncombe County Child Care Services

38 Garfield, Suite A  
Asheville, NC 28803  
Email: kasperp@co.buncombe.nc.us  
Patricia Kasper  
828/255-5725  
828/255-5767

**Burke****Child Care Connections of Burke County, Inc.**

304 W. Union Street  
P.O. Box 630  
Morganton, NC 28680  
Email: jkvogler@msn.com  
Karen Vogler  
828/439-2328  
828/439-2333

**Cabarrus****Child Care Resources Inc. (satellite)**

102 Lake Concord Road  
Concord, NC 28025  
Email: smcintyre@childcaresourcesinc.org  
Website: <http://www.childcare-experts.org/ccri/hp>  
Sherrie McIntyre  
704/786-1023  
704/786-1034

**Caldwell****Choices in Child Care**

609 Harper Avenue, S.W.  
Lenoir, NC 28645  
Valerie Collier  
828/757-8605  
828/757-8633

**Camden****Albemarle CCR&R**

1403 Parkview Drive  
Elizabeth City, NC 27909  
Mary C. Douglass  
252/333-3205  
252/333-1201

**Carteret****Carteret County CCR&R**

305 Commerce Avenue  
Morehead City, NC 28557  
Susan Lynch  
252/727-0445  
252/727-0460

**Caswell****Caswell County CCR&R**

P.O. Box 220  
126 Court Square  
Yanceyville, NC 27379  
Donna Pointer  
336/694-4158  
336/694-5930

**Catawba****The Children's Resource Center**

1985 Tate Blvd, S.E.  
Hickory, NC 28602  
Website: <http://www.childcareservices.org/>  
Monica Thomas  
828/328-8228  
828/328-4551

**Chatham****Child Care Networks**

Brick City CCR&R 1531  
Pittsboro, NC 27312  
Amy Rabb  
919/542-6644  
919/542-0902

**Cherokee****Southwestern CCR&R**

P.O. Box 250  
Webster, NC 28788  
Vickie Ansley  
828/586-5561  
or  
800/662-4158  
828/586-4039

**Chowan****Albemarle CCR&R**

1403 Parkview Drive  
Elizabeth City, NC 27909  
Mary C. Douglass  
252/333-3205  
252/333-1201

**Clay****Southwestern CCR&R**

P.O. Box 250  
Webster, NC 28788  
Vickie Ansley  
828/586-5561  
or  
800/662-4158  
828/586-4039

**Cleveland****Child Care Connections**

313 S. Dekalb Street  
P.O. Box 1739  
Shelby, NC 28151  
Betty Denkler  
704/482-5308  
704/484-2524

**Columbus****Southeastern CCR&R**

P.O. Box 151  
Whiteville, NC 28472  
Lauren Cole  
910/642-8189  
or  
800/653-5212  
910/642-7566

**Craven****CCR&R of Craven-Pamlico Counties**

628 Hancock Street  
New Bern, NC 28560  
Cynthia Jackson  
252/672-5921  
252/672-5922

**Cumberland****Child Care Solutions**

351 Wagoner Drive, Suite 200  
Fayetteville, NC 28303  
Lynn Vick  
910/860-2277  
910/860-2217

**Currituck****Albemarle CCR&R**

1403 Parkview Drive  
Elizabeth City, NC 27909  
Mary C. Douglass  
252/333-3205  
252/333-1201

**Dare****Children & Youth Partnership for Dare County**

Outer Banks Professional Center  
2224 South Croatan Highway, #12  
Nags Head, NC 27959  
Margie White  
252/441-4737  
252/441-3580

**Davidson****Child Care Connection**

1410 Piedmont Drive  
Lexington, NC 27295  
Deborah Carson  
336/249-0216  
336/249-6687

**Duplin****Duplin County Partnership for Children**

Child Care Resource and Referral  
P.O. Box 989  
149 Limestone Road  
Kenansville, NC 28349  
Mary Paluck  
910/296-2000  
910/296-1497

**Durham****Child Care Services**

2634 Chapel Hill Blvd., Suite 100  
Durham, NC 27707  
Website: <http://www.childcareservices.org/>  
Susan Perry-Manning  
919/403-6950  
919/403-6959

**Edgecombe****Down East Partnership for Children - CCR&R**

215 Lexington Street  
Rocky Mount, NC 27802  
Website: <http://www.depc.org/>  
Lessie Creecy  
252/985-4300  
252/985-4319

**Forsyth****Work/Family Resource Ctr.**

322 N. Spring Street  
Winston-Salem, NC 27101  
Website: <http://www.ccr.org/>  
Katura Jackson  
336/761-5100  
336/761-5107

**Franklin****Child Care Resource & Referral of Franklin, Granville, Vance**

P.O. Box 142  
803 S. Garnett Street  
Henderson, NC 27536  
Website: <http://www.fgvpartnership.org/>  
Kathie Boling  
252/433-9110  
252/433-9230

**Gaston****Child Care Information**

P.O. Box 1695  
Gastonia, NC 28053  
Website: <http://www.childcareinformation.org/>  
Jo McArn  
704/922-0199  
704/922-3188

**Gates****Albemarle CCR&R**

1403 Parkview Drive  
Elizabeth City, NC 27909  
Mary C. Douglass  
252/333-3205  
252/333-1201

**Graham****Southwestern CCR&R**

P.O. Box 250  
Webster, NC 28788  
Vickie Ansley  
828/586-5561  
or  
800/662-4158  
828/586-4039

**Granville****Child Care Resource & Referral of Franklin, Granville, Vance**

P.O. Box 142  
803 S. Garnett Street  
Henderson, NC 27536  
Website: <http://www.fgvpartnership.org/>  
Kathie Boling  
252/433-9110  
252/433-9230

**Greene****Lenoir-Green CCR&R**

P.O. Box 6490  
Kinston, NC 28502  
Elizabeth Ray  
252/747-3331  
252/526-5153

**Guilford****Child Care Information Program of United Child Development Services, Inc**

1200 Arlington Street  
Greensboro, NC 27406  
Website: <http://www.ucdccip.org/>  
Joyce Fairley  
910/378-7702  
910/378-7708

**Halifax****Halifax County CCR&R Services**

P.O. Box 402  
Halifax, NC 27839  
Barbara Smith-Hill  
252/535-4715  
252/537-9732

**Harnett****Harnett County CCR&R**

102 East Front Street  
P.O. Box 1089  
Lillington, NC 27546  
Website: <http://www.harnettsmartstart.org/>  
Alice Thomas  
910/893-7535  
910/893-7539

**Haywood****Southwestern CCR&R**

P.O. Box 250  
Webster, NC 28788  
Vickie Ansley  
828/586-5561  
or  
800/662-4158  
828/586-4039

**Henderson****CCR&R of Henderson County**

P.O. Box 1105  
Henderson, NC 28793  
Mary Bradford  
828/698-0674  
828/698-5532

**Hertford****Hertford Co. Partnership for Children - CCR&R**

711 E. Vance Street  
P.O. Box 504  
Murfreesboro, NC 27855  
Cheryl Bowen  
252/398-4124  
252/398-3965

**Hoke****Child Care Connections (Moore satellite)**

1089 E. Central Avenue, Suite A  
Raeford, NC 28376  
Jackie Hargrove  
910/904-6688  
910/904-7140

**Iredell****Child Care Solutions of Iredell County**

132 E. Broad Street  
Statesville, NC 28677  
Website: <http://www.iredellsmartstart.org/>  
Helen Watkins

**Jackson****Southwestern CCR&R**

P.O. Box 250  
Webster, NC 28788  
Vickie Ansley  
828/586-5561  
or  
800/662-4158  
828/586-4039

**Johnston****CCR&R of Johnston County**

1200 S. Pollock Street  
Selma, NC 27576  
Website: <http://www.johnstoncountykids.org/>  
Angela Bogle  
919/202-0002  
919/202-0902

**Jones****Carteret County CCR&R**

305 Commerce Avenue  
Morehead City, NC 28557  
Susan Lynch  
252/727-0445  
252/727-0460

**Lee****Brick City CCR&R**

102 Wicker Street  
PMB 238  
Sanford, NC 27330  
Gina Smith  
919/776-7157  
919/776-5540

**Lenoir****Lenoir-Green CCR&R**

P.O. Box 6490  
Kinston, NC 28502  
Elizabeth Ray  
252/526-5000  
252/526-5153

**Lincoln****Child Care Information**

P.O. Box 1695  
Gastonia, NC 28053  
Website: <http://www.childcareinformation.org/>  
Jo McAnn  
704/736-9991  
704/922-3188

**Macon****Southwestern CCR&R**

P.O. Box 250  
Webster, NC 28788  
Vickie Ansley  
828/586-5561  
or  
800/662-4158  
828/586-4039

**Madison****Madison County CCR&R**

P.O. Box 545  
Marshall, NC 28753  
June Trev  
828/649-3684  
828/649-9373

**Martin****ChildLinks**

111B Eastbrook Drive  
Greenville, NC 27858  
Lisa Camp  
252/758-8885  
252/758-2627

**McDowell****Children's Services Network**

54 Universal Drive  
Marion, NC 28752  
Website: <http://www.mcdowelltech.cc.nc.us/>  
Joy Griffith  
828/652-4249  
828/652-1014

**Mecklenburg****Child Care Resources Inc.**

700 Kenilworth Avenue  
Charlotte, NC 28204  
Website: <http://www.childcare-experts.org/ccri/hp>  
Janet Singerman  
704/376-6697  
704/376-7865

**Mitchell****Mitchell/Yancey Counties CCR&R**

P.O. Box 1387  
99 School Circle  
Burnsville, NC 28714  
LuBerta Jones  
828/682-0717  
828/682-0717

**Montgomery****Child Care Central**

404A North Main Street  
Troy, NC 27371  
Linda Caliri  
910/576-2363  
910/576-2562

**Moore****Child Care Connections of Moore County**

P.O. Box 1139  
Southern Pines, NC 28387  
Deborah Simmons  
910/944-2443  
910/944-3081

**Nash****Down East Partnership for Children CCR&R**

215 Lexington Street  
Rocky Mount, NC 27802  
Website: <http://www.depc.org/>  
Lessie Creecy  
252/985-4300  
252/985-4319

**New Hanover****Child Advocacy Commission, CCR&R**

1401 39th Street  
P.O. Box 4305  
Wilmington, NC 28406  
Clancy Thompson  
910/791-6270  
910/791-2441



**Northampton**

**Northampton CCR&R**  
 125 W. Jefferson Street  
 Jackson, NC 27845  
 Cathy Whitaker  
 252/534-1656  
 252/534-1568

**Onslow**

**Onslow County Partnership for Children**  
 201 New Bridge Street  
 Jacksonville, NC 28540  
 Sebrina Phillips  
 910/938-0336  
 910/938-3941

**Orange**

**Child Care Services Association**  
 P.O. Box 901  
 Chapel Hill, NC 27514  
 Website: <http://www.childcareservices.org/>  
 Sue Russell  
 919/967-3272  
 919/967-7683

**Pamlico**

**CCR&R of Craven-Pamlico Counties**  
 628 Hancock Street  
 New Bern, NC 28560  
 Cynthia Jackson  
 252/672-5921  
 252/672-5922

**Pasquotank**

**Albemarle CCR&R**  
 305 South Road Street  
 Elizabeth City, NC 27909  
 Mary C. Douglass  
 252/333-3205  
 252/333-1201

**Pender**

**Pender County Partnership for Children**  
 1411 U.S. Highway 117 South  
 Brugaw, NC 28425  
 Nicole Williams  
 910/259-5263  
 910/259-9728

**Perquimans**

**Albemarle CCR&R**  
 1403 Parkview Drive  
 Elizabeth City, Nc 27909  
 Mary C. Douglass  
 252/333-3205  
 252/333-1201

**Person**

**Person County Partnership for Children - CCR&R**  
 P.O. Box 1791  
 23 Reams Avenue  
 Roxboro, NC 27573  
 Website: <http://www.personpartnershipforchildren.org/>  
 Cindy Watkins  
 336/599-1240  
 336/599-3999

**Pitt**

**ChildLinks**  
 111B Eastbrook Drive  
 Greenville, NC 27858  
 Lisa Camp  
 252/758-8885  
 252/758-2627

**Polk**

**Family Resources, Inc. CCR&R of Rutherford County**  
 668 Withrow Road  
 P.O. Box 845  
 Spindale, NC 28160  
 Lori Herrick  
 828/286-3411  
 282/286-3417

**Richmond**

**Richmond County Partnership for Children**  
 P.O. Box 1944  
 Rockingham, NC 28380  
 Website: <http://www.richmondsmartstart.org/>  
 Holly Keller  
 910/997-3773  
 910/997-5432

**Robeson**

**Child Care Directions (satellite office)**  
 P.O. Box 3265  
 Lumberton, NC 29359  
 Angela Summer  
 910/671-8335  
 910/671-8332

**Rockingham**

**Rockingham County Partnership for Children**  
 P.O. Box 325  
 Wentworth, NC 27320  
 Sharon Johnson  
 336/342-9676  
 336/342-9962

**Rutherford**

**Family Resources**  
 P.O. Box 845  
 Spindale, NC 28160  
 Lori Herrick  
 828/286-3411  
 828/286-3417  
 or  
 828/286-8413

**Sampson**

**Child Care Choices of Sampson County**  
 P.O. Box 1671  
 208 W. Main Street  
 Clinton, NC 28328  
 Website: <http://www.scpcsmartstartexpress.org/>  
 Becky Williams  
 910/592-9399  
 910/592-9304

**Scotland**

**Child Care Directions**  
 227 Main Street, Room 318  
 P.O. Box 911  
 Laurinburg, NC 28352  
 Barbara Frye  
 910/276-3367  
 910/277-7260

**Stanly****Stanly County Partnership for Children CCR&R**

1000 N. First Street, Suite 8  
Albemarle, NC 28002  
Darlene Burris  
704/982-0286  
704/983-8981

**Stokes****Stokes CCR&R**

P.O. Box 974  
506 S. Main Street  
Walnut Cove, NC 27052  
Shannon Montgomery  
336/591-4385  
336/591-4114

**Surry****Surry County Early Childhood Partnership**

817 W. Pine Street  
Mt. Airy, NC 27030  
Website: <http://www.surrychildren.org/>

Linda Jacobs  
336/786-1880  
336/786-1879

**Swain****Southwestern CCR&R**

P.O. Box 250  
Webster, NC 28788  
Vickie Ansley  
828/586-5561  
or  
800/662-4158  
828/586-4039

**Transylvania****Transylvania County CCR&R**

299 S. Broad Street  
Brevard, NC 28712  
Kae Parker  
828/884-3116  
828/884-3270

**Union****Child Care Resources Inc.**

1502 Charlotte Ave., Suite B  
Monroe, NC 28110  
Website: <http://childcare-experts.org/ccri/hp.html>  
Sherrie McIntyre  
704/238-8800  
704/238-8800

**Vance****Child Care Resource & Referral of Franklin, Granville, Vance**

P.O. Box 142  
803 S. Garnett Street  
Henderson, NC 27536  
Website: <http://www.fgvppartnership.org/>  
Kathie Boling  
252/433-9110  
252/433-9230

**Wake****CCR&R of Wake County**

4 North Blount Street  
Raleigh, NC 27601  
Website: <http://www.childcarewakecounty.org/>  
Carey Carlberg  
919/832-7175  
919/832-7903

**Warren****Halifax-Warren CCR&R**

1139 Roanoke Avenue  
Roanoke Rapids NC 27879  
Barbara Smith-Hill  
252/535-4715  
252/537-9732

**Washington****Washington County Child Advocacy Council**

211 Washington Street  
Plymouth, NC 27962  
Debra Wilkens  
252/793-1470  
252/793-1526

**Watauga****Children's Council of CCR&R**

155 Furman Road, Suite #3  
Boone, NC 28607  
Diane Sherman  
828/262-5424  
828/262-5422

**Wayne****Wayne CCR&R**

102 S. William St., Suite B  
Goldsboro, NC 27530  
Website: <http://www.waynesmartstart.org/>  
David Poythress  
919/735-6402  
919/735-6403

**Wilkes****Wilkes CCR&R**

1006 F Street  
Wilkesboro, NC 28659  
Website: <http://www.wilkesmartstart.com/>  
Regina Dimmette  
336/838-0977  
336/838-0782

**Wilson****Wilson County Partnership for Children, Inc.**

P.O. Box 2661  
113 E. Nash Street, Suite 305  
Wilson, NC 27893  
Susan Brinson  
252/206-4106  
252-206-4245

**Yadkin****Yadkin County Partnership for Children**

P.O. Box 39  
Yadkinville, NC 27055  
Dwight Morris  
336/679-7922  
336/679-6692

**Yancey****Mitchell/Yancey Counties CCR&R**

P.O. Box 1387  
99 School Circle  
Burnsville, NC 28714  
LuBerta Jones  
828/682-0717  
828/682-0717

## Area Health Education Centers

### AHEC Central Office Liaison

CB#7165, Wing C  
 UNC–Chapel Hill School of  
 Medicine  
 Chapel Hill, NC 27599-7165  
 919/966-0802  
 919/966-5830 (fax)  
 Director: Karen Stallings, MEd  
 Office Asst.: Faye Fogleman  
 Email: faye\_fogelman@  
 med.unc.edu

### Area L AHEC

P.O. Drawer 7368  
 Rocky Mount, NC 27804-0368  
 252/972-6958  
 252/972-0419 (fax)  
 Director: Brenda B. Remmes, MEd  
 Bbremmes@med.unc.edu  
 Program Asst.: Debbie Wells

### Charlotte AHEC

P.O. Box 32861  
 Charlotte, NC 28232-2861  
 704/355-3120 and 704/355-3757  
 704/355-5899 (fax)  
 Director: Barbara Hess, Med  
 Email: Bhess@carolinas.org  
 Admin. Asst.: B.J. Hilliard  
 Minority Workforce Develop-  
 ment: Yvonne Paulding

### Coastal AHEC

P.O. Box 9025  
 Wilmington, NC 28402-9025  
 910/343-0161  
 910/762-9203 (fax)  
 Director: Sheryl Pacelli, MEd  
 Email: Sblend@med.unc.edu  
 Program Asst.: Linda Whitehurst

### Eastern AHEC

P.O. Box 7224  
 Greenville, NC 27835-7224  
 252/816-5228 or 5215  
 252/816-5229 (fax)  
 Director: Debbie Caton, MA  
 Caton@brody.med.ecu.edu  
 Asst. Director: Kelly Dickens, MS  
 Email: Kdickens@  
 brody.med.ecu.edu

### Greensboro AHEC

1200 N. Elm Street  
 Greensboro, NC 27401  
 336/832-8025  
 336/832-7591 (fax)  
 Director: Rose Hood, ACSW, CCSW  
 Email: rose.hood@mosescsone.com  
 Coordinator: Bob Iddings, EdS, LPC  
 Email: bob.iddings@  
 mosescsone.com

### Mountain AHEC

501 Biltmore Avenue  
 Asheville, NC 28801  
 828/257-4481  
 828/257-4768 (fax)  
 Director: Karen Blicher, CCSW, CHT  
 Email: Karenb@  
 shamu.mtn.ncahaec.org  
 Asst. Director: Leslie McCrory, MA,  
 CSAC  
 Email: Lesliem@  
 shamu.mtn.ncaheec.org  
 Asst. Director: Jeri Willett, MSW,  
 CCSW  
 Email: Jeriw@  
 shamu.mtn.ncaheec.org

### Northwest AHEC

Wake Forest University School of  
 Medicine  
 Medical Center Blvd..  
 Winston-Salem, NC 27157-1060  
 336/713/7001  
 336/713-7027 (fax)  
 Director: Ann Graves, MSW, ACSW  
 Email: agraves@wfubmc.edu  
 Assoc. Director: Larry Freeman,  
 Dmin, CSAC  
 Email: lfreesman@wfubms.edu

### Southern Regional AHEC

1601 Owen Drive  
 Fayetteville, NC 28304  
 910/678-7212  
 910/678-0126 (fax)  
 Director: Darvin Williams  
 Email: darvin.williams@sr-ahec.org  
 Program Asst.: Loretta Perry

## Community Colleges

North Carolina has 58 comprehensive community colleges and one specialized technology center, listed alphabetically below. The system serves all 100 counties. Individual colleges have service areas that may include one or several counties. Students may, however, apply to institutions of their choice, regardless of their counties of residence. Listings are current as of April 2, 2002.

**Alamance Community College**  
P.O. Box 8000  
Graham, NC 27253-8000  
(336) 578-2002, voice  
(336) 578-1987, fax  
17-49-01, State courier number  
Dr. Martin Nadelman, President

**Asheville-Buncombe Technical  
Community College**  
340 Victoria Road  
Asheville, NC 28801  
(828) 254-1921, voice  
(828) 251-6355, fax  
12-64-01, State courier number  
Kenneth Ray Bailey, President

**Beaufort County Community  
College**  
P.O. Box 1069  
Washington, NC 27889  
(252) 946-6194, voice  
(252) 946-0271, fax  
16-03-01, State courier number  
Dr. David McLawhorn, President

**Bladen Community College**  
P.O. Box 266  
Dublin, NC 28332  
(910) 862-2164, voice  
(910) 862-3484, fax  
04-28-01, State courier number  
Dr. Darrell Page, President

**Blue Ridge Community College**  
College Drive  
Flat Rock, NC 28731  
(828) 694-1700, voice  
(828) 694-1690, fax  
06-76-01, State courier number  
Dr. David Sink, President

**Brunswick Community College**  
P.O. Box 30  
Supply, NC 28462  
(910) 755-7300, voice  
(910) 754-7805, fax  
04-24-01, State courier number  
Dr. Michael Reaves, President

**Caldwell Community College/TI**  
2855 Hickory Blvd  
Hudson, NC 28638  
(828) 726-2200, voice  
(828) 726-2216, fax  
15-26-22, State courier number  
Dr. Kenneth A. Boham, President

**Cape Fear Community College**  
411 North Front Street  
Wilmington, NC 28401  
(910) 251-5100, voice  
(910) 763-2279, fax  
04-12-06, State courier number  
Dr. Eric McKeithan, President

**Carteret Community College**  
3505 Arendell Street  
Morehead City, NC 28557  
(252) 222-6000, voice  
(252) 222-6219, fax  
11-12-08, State courier number  
Dr. Joseph T. Barwick, President

**Catawba Valley Community  
College**  
2550 Highway 70 SE  
Hickory, NC 28602  
(828) 327-7000, voice  
(828) 327-7276, fax  
09-72-01, State courier number  
Dr. Cuyler Dunbar, President

**Central Carolina Community  
College**  
1105 Kelly Drive  
Sanford, NC 27330  
(919) 775-5401, voice  
(919) 775-1221, fax  
14-43-14, State courier number  
Dr. Marvin R. Joyner, President

**Central Piedmont Community  
College**  
P.O. Box 35009  
Charlotte, NC 28235  
(704) 330-2722, voice  
(704) 330-5045, fax  
05-18-40, State courier number  
Dr. Paul Anthony Zeiss, President

**Cleveland Community College**  
137 South Post Road  
Shelby, NC 28152-6296  
(704) 484-4000, voice  
(704) 484-4036, fax  
06-52-04, State courier number  
Dr. L. Steve Thornburg, President

**Coastal Carolina Community  
College**  
444 Western Boulevard  
Jacksonville, NC 28546-6899  
(910) 455-1221, voice  
(910) 455-7027, fax  
11-07-26, State courier number  
Dr. Ronald K. Lingle, President

**College of the Albemarle**  
P.O. Box 2327  
Elizabeth City, NC 27909-2327  
(252) 335-0821, voice  
(252) 335-2011, fax  
10-39-32, State courier number  
Dr. Sylvester E. McKay, President

**Craven Community College**  
 800 College Ct.  
 New Bern, NC 28562  
 (252) 638-4131, voice  
 (252) 638-4232, fax  
 16-62-01, State courier number  
 Dr. Lewis S. Redd, President

**Davidson Community College**  
 P.O. Box 1287  
 Lexington, NC 27293-1287  
 (336) 249-8186, voice  
 (336) 249-0088, fax  
 13-53-20, State courier number  
 Dr. J. Bryan Brooks, President

**Durham Technical Community College**  
 1637 Lawson St.  
 Durham, NC 27703  
 (919) 686-3300, voice  
 (919) 686-3601, fax  
 17-21-01, State courier number  
 Dr. Phail Wynn, Jr., President

**Edgecombe Community College**  
 2009 W Wilson St  
 Tarboro, NC 27886  
 (252) 823-5166, voice  
 (252) 823-6817, fax  
 07-51-11, State courier number  
 Dr. Hartwell H. Fuller, Jr., President

**Fayetteville Technical Community College**  
 P.O. Box 35236  
 Fayetteville, NC 28303-0236  
 (910) 678-8400, voice  
 (910) 484-6600, fax  
 14-51-41, State courier number  
 Dr. Larry B. Norris, President

**Forsyth Technical Community College**  
 2100 Silas Creek Parkway  
 Winston-Salem, NC 27103-5197  
 (336) 723-0371, voice  
 (336) 761-2399, fax  
 13-05-01, State courier number  
 Dr. Gary M. Green, President

**Gaston College**  
 201 Highway 321 South  
 Dallas, NC 28034-1499  
 (704) 922-6200, voice  
 (704) 922-6440, fax  
 06-33-01, State courier number  
 Dr. Patricia A. Skinner, President

**Guilford Technical Community College**  
 P.O. Box 309  
 Jamestown, NC 27282  
 (336) 334-4822, voice  
 (336) 454-2510, fax  
 13-29-01, State courier number  
 Dr. Donald W. Cameron, President

**Halifax Community College**  
 P.O. Drawer 809  
 Weldon, NC 27890  
 (252) 536-2551, voice  
 (252) 536-4144, fax  
 07-47-01, State courier number  
 Dr. Theodore Gasper, Jr., President

**Haywood Community College**  
 185 Freedlander Drive  
 Clyde, NC 28721  
 (828) 627-2821, voice  
 (828) 627-3606, fax  
 08-10-01, State courier number  
 Dr. Nathan Hodges, President

**Isothermal Community College**  
 P.O. Box 804  
 Spindale, NC 28160  
 (828) 286-3636, voice  
 (828) 286-1120, fax  
 06-63-04, State courier number  
 Dr. Willard L. Lewis, III, President

**James Sprunt Community College**  
 P.O. Box 398  
 Kenansville, NC 28349-0398  
 (910) 296-2400, voice  
 (910) 296-1636, fax  
 11-20-10, State courier number  
 Dr. Mary Wood, President

**Johnston Community College**  
 P.O. Box 2350  
 Smithfield, NC 27577  
 (919) 934-3051, voice  
 (919) 209-2142, fax  
 01-65-35, State courier number  
 Dr. Donald Reichard, President

**Lenoir Community College**  
 P.O. Box 188  
 Kinston, NC 28502-0188  
 (252) 527-6223, voice  
 (252) 527-1199, fax  
 01-23-27, State courier number  
 Joyce G. Cherry, Interim President

**Martin Community College**  
 1161 Kehukee Park Road  
 Williamston, NC 27892  
 (252) 792-1521, voice  
 (252) 792-4425, fax  
 10-81-09, State courier number  
 Dr. Ann R. Britt, President

**Mayland Community College**  
 200 Mayland Drive  
 P.O. Box 547  
 Spruce Pine, NC 28777  
 (828) 765-7351, voice  
 (828) 765-0728, fax  
 12-70-01, State courier number  
 Dr. Thomas E. Williams, President

**McDowell Technical Community College**  
 54 College Drive  
 Marion, NC 28752  
 (828) 652-6021, voice  
 (828) 652-1014, fax  
 12-91-03, State courier number  
 Dr. Virginia Mitchell, President

**Mitchell Community College**  
 500 West Broad St  
 Statesville, NC 28677  
 (704) 878-3200, voice  
 (704) 878-0872, fax  
 09-32-08, State courier number  
 Dr. Douglas Eason, President

**Montgomery Community College**  
1011 Page Street  
Troy, NC 27371  
(910) 576-6222, voice  
(910) 576-2176, fax  
03-97-20, State courier number  
Dr. Mary P. Kirk, President

**Nash Community College**  
522 N. Old Carriage Road  
Rocky Mount, NC 27804-7488  
(252) 443-4011, voice  
(252) 937-2712, fax  
07-70-01, State courier number  
Dr. Katherine M. Johnson, President

**Pamlico Community College**  
P.O. Box 185  
Grantsboro, NC 28529  
(252) 249-1851, voice  
(252) 249-2377, fax  
Dr. Francis Marion Altman, Jr.,  
President

**Piedmont Community College**  
P.O. Box 1197  
Roxboro, NC 27573  
(336) 599-1181, voice  
(336) 597-3817, fax  
02-32-10, State courier number  
Dr. H. James Owen, President

**Pitt Community College**  
P.O. Drawer 7007  
Greenville, NC 27835-7007  
(252) 321-4200, voice  
(252) 321-4401, fax  
01-45-28, State courier number  
Dr. Charles E. Russell, President

**Randolph Community College**  
P.O. Box 1009  
Asheboro, NC 27204-1009  
(336) 633-0200, voice  
(336) 629-4695, fax  
13-65-20, State courier number  
Dr. Richard T. Heckman, President

**Richmond Community College**  
P.O. Box 1189  
Hamlet, NC 28345  
(910) 582-7000, voice  
(910) 582-7028, fax  
03-80-03, State courier number  
Dr. Diane Honeycutt, Interim  
President

**Roanoke-Chowan Community College**  
109 Community College Road  
Ahoskie, NC 27910-9522  
(252) 862-1200, voice  
(252) 862-1358, fax  
10-11-10, State courier number  
Dr. Mary C. Wyatt, President

**Robeson Community College**  
P.O. Box 1420  
Lumberton, NC 28359  
(910) 738-7101, voice  
(910) 618-5685, fax  
14-93-02, State courier number  
Fred G. Williams, Jr., President

**Rockingham Community College**  
P.O. Box 38  
Wentworth, NC 27375-0038  
(336) 342-4261, voice  
(336) 349-9986, fax  
02-23-05, State courier number  
Dr. Robert C. Keys, President

**Rowan-Cabarrus Community College**  
P.O. Box 1595  
Salisbury, NC 28145-1595  
(704) 637-0760, voice  
(704) 637-3692, fax  
05-32-03, State courier number  
Dr. Richard L. Brownell, President

**Sampson Community College**  
P.O. Drawer 318, Hwy 24 West  
Clinton, NC 28329-0318  
(910) 592-8081, voice  
(910) 592-8048, fax  
11-34-32, State courier number  
Dr. William C. Aiken, President

**Sandhills Community College**  
3395 Airport Road  
Pinehurst, NC 28374  
(910) 692-6185, voice  
(910) 695-1823, fax  
03-43-01, State courier number  
Dr. John R. Dempsey, President

**South Piedmont Community College**  
P.O. Box 126  
Polkton, NC 28135  
(704) 272-7635, voice  
(704) 272-8904, fax  
03-83-01, State courier number  
Dr. Donald Paul Altieri, President

**Southeastern Community College**  
P.O. Box 151  
Whiteville, NC 28472  
(910) 642-7141, voice  
(910) 642-5658, fax  
04-22-24, State courier number  
Dr. Brantley Briley, President

**Southwestern Community College**  
447 College Drive  
Sylva, NC 28779  
(828) 586-4091 or  
(800) 447-4091, voice  
(828) 586-3129, fax  
08-23-14, State courier number  
Dr. Cecil L. Groves, President

**Stanly Community College**  
141 College Drive  
Albemarle, NC 28001  
(704) 982-0121, voice  
(704) 982-0819, fax  
03-20-03, State courier number  
Dr. Michael R. Taylor, President

**Surry Community College**  
Box 304  
Dobson, NC 27017  
(336) 386-8121, voice  
(336) 386-8951, fax  
09-91-01, State courier number  
Dr. Frank Sells, President

**Tri-County Community College**  
4600 Highway 64 East  
Murphy, NC 28906  
(828) 837-6810, voice  
(828) 837-3266, fax  
08-53-06, State courier number  
Dr. Norman Oglesby, President

**Vance-Granville Community College**  
Box 917  
Henderson, NC 27536  
(252) 492-2061, voice  
(252) 430-0460, fax  
07-20-01, State courier number  
Mr. Robert A. Miller, President

**Wake Technical Community College**  
9101 Fayetteville Road  
Raleigh, NC 27603  
(919) 662-3400, voice  
(919) 779-3360, fax  
14-79-01, State courier number  
Dr. Bruce I. Howell, President

**Wayne Community College**  
P.O. Box 8002  
Goldsboro, NC 27533-8002  
(919) 735-5151, voice  
(919) 736-9425, fax  
01-13-20, State courier number  
Dr. Edward H. Wilson, President

**Western Piedmont Community College**  
1001 Burkemont Avenue  
Morganton, NC 28655  
(828) 438-6000, voice  
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Belmont, NC 28012  
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Dr. James Lemons, President

## Families of Children with Special Needs

The **Parent Leadership Development Project (PLD)** offers education to parents of young children (birth to 5) with special needs. The PLD project both empowers and supports families, giving them a voice in improving early intervention services for *all* young children and families.

The PLD project is housed at FPG Child Development Institute at the University of North Carolina at Chapel Hill. Funding is provided by the US Department of Education, Office of Special Education Programs (OSEP), with additional funding from the NC Department of Health & Human Services, Early Intervention Branch, and Children & Youth Branch of the Division of Public Health.

Virginia Buysse, Ph.D. and Pat Wesley, M.Ed. are Co-Directors of PLD, guided, in part, by the statewide Family Leadership Project, which has produced a vision of family leadership for North Carolina. Our new brochure, *Involving Families as Leaders in Early Education & Intervention Programs*, includes this vision, as well as core values, family leadership roles, strategies, and resources to support family leadership.

The PLD project sponsors parent leadership retreats in the eastern, central, and western regions of North Carolina to help participants develop leadership skills, including the skills to communicate families' needs, advise professionals, advocate for change, and present information to diverse audiences.

The objectives of the retreats are to help families:

- learn about the early care and intervention system,
- identify other state and local resources for young children and families,
- meet other parents and professionals in leadership roles, and
- develop leadership skills such as public speaking, serving on a task force or advisory board, or acting as a mentor to another parent.

The *PLD Facilitator Guide* and *Participant Notebook*, which describe the content and activities involved in parent leadership retreats, are now available.

To order copies, contact the FPG Publications Department at [pubs@mail.fpg.unc.edu](mailto:pubs@mail.fpg.unc.edu).

You can reach our project assistant at [allen\\_stutts@unc.edu](mailto:allen_stutts@unc.edu) to order the brochure *Involving Families as Leaders*.

The toll free number for PLD is 1-866-295-5417.

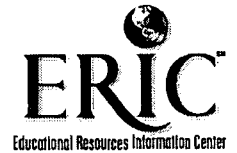
For more information, visit our web site at [www.fpg.unc.edu/~pld](http://www.fpg.unc.edu/~pld).







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