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AUTHOR Autin, Diana

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ABSTRACT

This final report describes activities and accomplishments of a federally supported 5-year New Jersey project, the Statewide Parent Advocacy Network (SPAN). Project SPAN provides information, training, technical assistance, leadership development and support to families of children with special emotional/behavioral or health needs and/or disabilities. The project's special commitment is to children with the greatest need due to disability, poverty, discrimination based on race, sex or language, or other special needs. Project SPAN provides telephone and inperson individual advocacy and technical assistance designed to help families resolve education problems with parent-to-parent support and parent and professional development on educational rights, advocacy, and collaboration skills. The organization develops information brochures, fact sheets, information packets, manuals and a quarterly newsletter. The paper reports that SPAN has met or exceeded its projections for objectives concerning: (1) training and presentations; (2) technical assistance; (3) collaborative activities; (4) publication and dissemination of written materials; (5) staff development; and (6) parent empowerment. Examples of specific achievement include community resource centers; collaborative staff development; the Community Education Project; the Multilingual Center Project; the Medical Student Education Project; and providing family perspectives to policymakers. Project evaluation has been positive. Attached materials include sample brochures, a sample newsletter, a conference agenda, and an annual report. (DB)

U.S. Department of Education FINAL GRANT PERFORMANCE REPORT **Cover Sheet**

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3. Recipient Name and Address:

The Statewide Parent Advocacy Network of New Jersey, Inc. (SPAN) 35 Halsey Street Newark, NJ 07102

4. Contact Person:

Name

Debra Fernandez

Title:

Director, Parent Training and Information Center

Telephone #:

973-642-8100 x 117

Terrende,

Fax #:

973-642-8080

E-mail Address: span@spannj.org

Website:

www.spannj.org

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7. Authorized Representative:

Name:

Debra Fernandez

Title: Director, PTI*

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STATEWIDE PARENT ADVOCACY NETWORK, INC. (SPAN)

II. Project Summary

Project SPAN provides information, training, technical assistance, leadership development and support to families seeking to secure appropriate educational and health services for their children with special emotional/behavioral or health needs and/or disabilities. Project SPAN seeks to bridge barriers to parent-professional collaboration; student academic and social growth; cooperation and understanding between general and special education parents, and bilingual and English-speaking parents; and effective education in urban and rural areas. Project SPAN's special commitment is to those children with the greatest need due to disability, poverty, discrimination based on race, sex or language, or other special needs. Project SPAN's multifaceted program is carried out by a bilingual, multiracial staff of parents, several who have disabilities, who have children with and without disabilities. Project SPAN provides telephone and in-person individual advocacy and technical assistance to assist families to resolve education problems; parent-to-parent support; parent and professional development on educational rights and advocacy and collaboration skills; informational brochures, fact sheets, information packets, manuals and a quarterly newsletter, The Bridge; and research and administrative negotiation to address systemic barriers.

SPAN has met or exceeded projections for trainings and presentations; technical assistance; collaborative activities; publication and dissemination of written materials and our newsletter; staff development for our own staff and for teachers and other professionals; and ensuring that the voice of parents is included in policy decisions about children with disabilities.

III. Project Status

Objective 1: Trainings and Presentations and Meetings

Throughout the 5 years of the grant, from June 1, 1997 - September 30, 2002, SPAN has conducted over 1,500 trainings. These trainings have included 105 county-based Basic Rights (21 each year to fulfill grant requirements); an additional 300 conducted upon request, Transition to Preschool/Inclusive Preschool/Child Care and the ADA/504, and Transition to Adult Life, IDEA/State Code, IEP, Family Voices, LRE/Inclusion (introduction to inclusion; building an inclusive IEP, positive behavior supports in the inclusive classroom, and inclusion implementation), Parent-to-Parent Overview, Positive Behavior Supports/Discipline, Section 504, Parent-Professional Collaboration and SPAN Awareness, Helping Your Child Succeed in School (for parents of students at risk of inappropriate referral to special education) in urban districts; Conflict Resolution/Due Process, Parent Involvement and Parents Engaged in Public Policy/Systems Advocacy (two-part training), School Reform/Effective Schools, the Parents' Role in Monitoring, Enforcement and Corrective Action, Solution Circles & Social Problem-Solving, and MAPS/Path Processes. Multi-session workshop series include Parent Leadership Development Institute (8 sessions), Strengthening Families (12 sessions), Strengthening Multi-Ethnic Families and Communities (14 sessions), APEX (4 sessions, for Latino families), the Right Question Project (2 sessions), Parents Engaged in Public Policy (2 sessions), Map to Inclusive Child Care (6-8 sessions), and Early Intervention Procedural Safeguards (2 sessions). See Objective 11 for Catholic Family and Community Services Multilingual Center workshops.

Key trainings of interest include "train the trainer" series for our comprehensive Map to Inclusive Child Care modules for early intervention personnel, as well as the entire workshop series for all



child care centers in many Abbott districts; Child Care and the ADA/504 for several child care and after-school care conferences, including the School-Age Child Care Statewide Conference; presentations on "The Parents' Role in Monitoring, Enforcement & Compliance' at the national Alliance conference; presentations on "Building a Parent Movement for Effective Schools" at both the northeast regional and national Alliance conferences, "Building Inclusive Schools for All Children" at the New Jersey State PTA convention; workshops on multiple intelligences and learning styles and collaboration at several annual NJEA conventions (for a total of 300 teachers); training on New IDEA/New State Code for all 75+ teachers and supervisors of the New Jersey Commission for the Blind and Visually Impaired; trainings on procedural safeguards for early intervention mediators, impartial hearing panelists, service coordinators, and service providers; trainings on assistive technology and transition, at the statewide UCP Assistive Technology Conference; an all-day presentation on inclusion for the New Jersey Developmental Disabilities Council Partners in Policymaking participants, and workshops on inclusion for the Middlesex Educational Service Commission, a series on family-professional collaboration and cultural competence fro student teachers at Kean University (SPAN's co- executive director taught the summer course on Families in Special Education); presentations on Special Education and School Reform to 50 urban educators and parents at the Abbott Convocation, 10 parents and educators at Prevent Child Abuse's Parent Involvement Conference, and 45 parents and educators at the International Dyslexia Association-New Jersey Chapter's annual conference; a hands-ontraining on Parents Engaged in Public Policy for 50 community-based child serving agencies in collaboration with the New Jersey Center for Non-Profits; three Parents Engaged in Public Policy workshop series for parents of children with special emotional needs through a collaboration with the New Jersey Parents' Caucus; and a conference for National African-American Parent Involvement Day in collaboration with the East Orange Public Schools, where all the workshops were conducted by SPAN staff.

In addition, SPAN has conducted intensive, comprehensive trainings (eight three-hour or six four-hour sessions) on parent and student rights, best practices, and school reform for well over 2,000 parents in New Jersey's 30 high -poverty Abbott districts. This comprehensive training includes 2 sessions of particular interest to parents of children with special needs, and brings together parents of children with and without disabilities to identify areas of common concern and develop strategies to improve schools for all children. Dozens of parent graduates are serving on School Management Teams, District Parent Advisory Councils (special education, bilingual, and Title I), working with other community-based organizations, and providing support, training, and technical assistance to other families. (Six of SPAN's full-time staff are also graduates of the Parent Leadership Development Institute).

SPAN has videotaped many of our trainings, including Section 504/Idea, Positive Behavioral Supports/Discipline, IEP, Inclusion, Conflict Resolution /Due Process (including a due process hearing roleplay!), and the SPAN Resource Parent Training series consisting of approximately 25 hours of comprehensive, intensive training on all educational issues, with a special emphasis on special education. The training video sets have been disseminated to our Community Resource Centers and regional satellite offices.

SPAN has also conducted intensive, comprehensive trainings (eight three-hour or six four-hour sessions) on parent and student rights, best practices, and school reform for 15 groups of parents in East Orange, for a total of approximately 600 parents trained. Six of these parents worked for SPAN as leadership interns, gaining intensive leadership experience, working with other community-based organizations, and providing support, training, and technical assistance to other families. SPAN also met with Superintendents in several other urban districts to bring the comprehensive training series to parents in those districts, and was awarded a parent involvement



grant from the Jersey City Public Schools, enabling SPAN to conduct both the Parent Leadership Development Institute and the SPAN Resource Parent training series in Jersey City. SPAN was also awarded a four year Goals 2000 grant that provided the funding to conduct the comprehensive training in all 30 of the State's poorest urban Abbott districts.

SPAN conducted over 50 Parent-to-Parent orientations for over 400 support parents (six hour facilitations) who are now serving as parent mentors for other parents of children with disabilities, developmental delays, and special health or emotional needs. 220 matches have been made, for a total of 880 contacts (4 contacts per match).

SPAN also disseminated information to over 64,430 families and professionals at conferences of other organizations.

Objective 2. NJ Foster Parents Association

SPAN has continued to provide assistance to the NJ Foster Parents Association and individual foster families on education issues throughout the 5- year grant. SPAN provided information for foster families on medical care for children who are medically-fragile through our Family Voices project. SPAN developed a video training on Positive Behavior Supports for Children with Challenging Behaviors that has been disseminated statewide through the NJ Foster Parents Association. SPAN developed materials regarding surrogate parents and rights of foster parents, which was disseminated to foster parents, state DYFS workers, local and county education agencies, and early intervention programs, and provided information on developing individualized health plans for children with special health care needs in school. SPAN also worked with Regional Early Intervention Collaboratives to develop guidelines for early intervention service coordinators and service providers regarding issues affecting foster children in early intervention. Finally, SPAN has conducted trainings for comprehensive trainings for surrogate parents and foster parents in several districts throughout the state.

Objective 3. Annual Conference

SPAN has held a conference for each year of the grant. A significant number of urban districts (Newark, East Orange, Paterson, Passaic, Trenton, Elizabeth, Jersey City, and Vineland) and Head Start programs sponsored special education and Title I parents to attend and provided transportation. Approximately half of the total participants of the conferences were from urban districts. Each conference offered multiple strands: Special Education, Parents as Leaders, School Reform, Health, Early Childhood, Parent-to-Parent, Title I, Transition to Adult Life and School-to-Work. Workshops were offered in English and Spanish with translation available, as needed. The last year of the grant, the SPAN conference was held for 2 days, which significantly increased the attendance of professionals and parents, enabling teachers to earn CEU's. The conferences also represented opportunities for parents of children with and without disabilities to come together to learn about school reform and effective schools, positive behavioral supports and public policy, and other issues of joint concern. Over 1,650 parents and professionals have attended these conferences.

Objective 4. Technical Assistance

Telephone technical assistance through our hotline was provided by paid SPAN staff and trained SPAN Resource Parent volunteers to 143,503 families and professionals. SPAN staff and SPAN Resource Parents have also conducted 15,750 in-person contacts for information, technical assistance and support at IEP meetings, school or home visits, mediation or due process hearings,



hospital visits, parent support groups, on-site technical assistance to support the inclusion of children with disabilities at child care centers, and IEP reviews through our Community Education Project, our Southern satellite office, our Community Resource Centers, the Multilingual Center, Special Child Health Services Family Resource Parents, Welfare and Human Rights Monitoring Project, Family Voices and our Inclusive Child Care project. Over 26,054 home visits have been conducted through our Parents As Teachers program to either urban families or rural migrant families. In addition, over 68,375 families have received information, technical assistance and support through SPAN's website and the websites of our Community Resource Centers. 12,795 families received assistance in response to e-mail requests.

Objective 5. Community Resource Centers

SPAN has maintained our existing Community Resource Centers covering the following counties: Atlantic, Bergen, Burlington, Camden, Cumberland, Essex, Hudson, Hunterdon, Mercer, Middlesex, Monmouth, Morris, Passaic, Sussex, and Union. Two new sites (both housed in community-based centers) provide additional support and a place where parents can meet with Resource Parents and take advantage of the numerous resources available (printed information and videos). Each site represents collaboration with a school district or community-based organizations and agencies including 3 school districts, 2 county ARCs, 3 Aspira offices, NJ Parent Advocacy, Training and Help, Center for Stronger Families, a Montessori school, Association for Special Children and Families, Catholic Family and Community Services, and Jewish Family Services. Each Resource Parent and Center has received a biweekly update from the SPAN office, including information about new legal developments, research on best practices for children with special needs, action alerts, information on upcoming conferences and workshops and resource materials.

Each year, SPAN has conducted 12 Resource Parent training series (of six sessions each) for at least 10-15 parents (and several professionals). Over 600 parents are now trained SRPs. SPAN Resource Parents assist parents with telephone and in-person technical assistance, sponsor and conduct trainings, and engage in other activities, including facilitating focus groups and public forums for district self-assessments, attending and speaking at School Board meetings, testifying before the State Board of Education, serving on PTAs, Special Education Parent Advisory Councils, School Management Teams, Title I Parent Advisory Councils, and disability and community agency Boards and committees.

Objective 6. Newsletter

During the 5 years of this project, SPAN has published and disseminated 18 issues of our newsletter, The Bridge, to our mailing list of over 10,000 parents and professionals. (The newsletter mailing list grew by over 20% during the grant period). Each issue of The Bridge features articles and updates (in English and Spanish) on SPAN projects and activities, education and health issues and development, and other relevant issues (such as welfare reform; tips for parents and professionals, developing an effective parent advocacy group; book reviews; recreation, etc.). The Bridge also features artwork created by kids with and without disabilities. SPAN also published a total of 32 issues of Family Voices newsletter for families of children with special health care needs (mailing list of over 1,600 families), and a total of 8 Parent-to-Parent newsletters in English and Spanish (mailing list of over 1,300 families). Eight issues of Inclusion Insights and two issues of Transition News, collaborations with the New Jersey State Department of Education written by SPAN staff, have been disseminated to SPAN's mailing list (10,000) as well as every school district and charter school in the state (mailing list of over 10,650).



Objective 7. Publications and Media Coverage

SPAN has updated the Basic Rights manual twice over the last 5 years. The first revision, completed in the 1999-2000 grant year, incorporated the federal IDEA regulations and corresponding state code changes. The Basic Rights manual was updated again in the 2000-2001 grant year to incorporate additional state code changes. The manual, as well as 40 other SPAN publications, was also translated into Spanish. The Basic Rights manual and other SPAN materials are available on our website free of charge to families. Many new materials were developed over the last five years. New materials include "Building a Parent Movement for Effective Schools," "Building Inclusive Schools for All Children," Parent Procedural Safeguards under IDEA and the State Code," "Parents' Role in Monitoring, Enforcement and Corrective Action," "Guide to Family Involvement in Monitoring and Self-Assessment," "Social Problem-Solving," "MAPS and PATH Planning Processes," "and "Solution Circles," among others. In addition, the Parents Engaged in Education Reform (PEER) Project of the Federation of Families for Children's Mental Health reprinted SPAN's information packet on effective school-wide discipline practices, and disseminated it to every Parent Training and Information Center.

Overall, the project has disseminated more than 10,000 Basic Rights manuals and approximately 1,300,000 fact sheets, information packets and other brochures, in response to requests for technical assistance and at meetings, trainings and conferences. SPAN materials have also been disseminated at state, regional and local conferences, including:

- ✓ New Jersey Education Association Annual Convention and "Good Ideas" Mini-Conferences
- ✓ Self-Help Clearinghouse conferences
- ✓ Family Support Awareness Day
- ✓ Buddy Walk (Parents of Exceptional Children & National Down Syndrome Society)
- County and local health and community fairs and disability awareness forums
- ✓ County Transition to Adult Life Consortia & Workforce Incentive Board Education Committees
- ✓ Title I Parent Coordinators' Statewide Conference
- ✓ Title I Region II Conference
- ✓ ASPIRA's Statewide Conference
- ✓ Abilities Expo
- ✓ Brain Injury Association's Annual Conference
- ✓ Spina Bifida Associations Annual Conference
- ✓ New Jersey Association for the Education of Young Children Statewide Conference
- ✓ Head Start Disability Coordinators' Annual Conference
- ✓ New Jersey Disability Council Annual Statewide Disabilities Convention
- ✓ Public Education Institute's bimonthly forums for teachers, administrators, parents and advocates
- ✓ Center for Nonprofits Legislature Conference
- ✓ Governor's Conference on Women
- ✓ ABC-Black Christian Educators' Conference
- ✓ Newark Public Schools Conference on Whole School Reform
- ✓ Whole School Reform in Urban Districts Convocation
- ✓ New Jersey Head Start Regional Conference and Newark Citywide Conference
- ✓ New Jersey Parent Coordinators Statewide Conference
- ✓ Essex County Health Fair Family Day
- ✓ New Jersey KidCare Forum
- ✓ East Orange Public Schools Community Resource Fair



- New Jersey Equity and Standards Conference
- ✓ International Dyslexia Association-New Jersey Parent Involvement Conference
- ✓ Map to Inclusive Child Care Summit
- ✓ School-Age Child Care Annual Statewide Conference
- ✓ Annual In-service Day for NJ Commission for the Blind and Visually Impaired
- ✓ NJ Coalition for Inclusive Education Annual Meeting and workshops
- ✓ NJ Developmental Disabilities Council Partners in Policymaking
- ✓ Coalition of Infant and Toddler Educators Annual Conference
- ✓ Prevent Child Abuse-New Jersey Parent Involvement Conference
- ✓ NJS PTA Annual Conference
- ✓ Unified Child Care Agency conferences in 6 counties
- ✓ "Teach for America" Conference/Seminar
- ✓ Home Health Assembly of New Jersey Winter Membership Forum
- ✓ Jersey City Transition Fair
- ✓ Cherry Hill Conference for Parents of Children with Special Needs
- ✓ Annual Down Syndrome Conference
- ✓ SSI Alliance Legislative Day
- ✓ School Fear-School Peace Regional Conference @ New York University
- ✓ Parents' Anonymous Statewide Conference
- ✓ UCP Assistive Technology Conference

SPAN Materials have also been disseminated at the following national conferences:

- ✓ The Alliance National and Regional conferences
- ✓ National Parent Network on Disabilities IDEA Implementation & Enforcement Conference
- ✓ US Department of Health and Human Services Region II Conference
- ✓ National Title I Parent Conference
- ✓ National Coalition of Advocates for Children's Annual Conference
- ✓ US Department of Education's Improving America's Schools Act Conference
- National Coalition of Education Activists' National Conference
- ✓ Institute for Child Health Conference
- ✓ National African-American Parent Involvement Day Annual Conference
- ✓ National Coalition of Education Activists' Annual Conference
- ✓ SAMSHA National Conference on "Parenting IS Prevention"
- ✓ US DOE Reading Conference

SPAN publications have been distributed to:

- ✓ Superintendents of 63 urban districts
- ✓ New Jersey Black Issues Convention
- ✓ New Jersey Conference of Urban Leagues
- ✓ New Jersey Junior League
- ✓ Governor's Council on Alcoholism and Drug Abuse
- ✓ Tri-County People's Corporation (Newark)
- ✓ Seton Hall University Center for Social Justice and Rutgers Law Clinic and Non-Profit Management Scholars
- ✓ Community Health Law Project
- ✓ Programs for Parents
- ✓ Parent Education Network of Newark
- Unified Vailsburg Service Organization of Newark



- Special Child Health Services Case Management Units (providing service coordination for early intervention and case management for children ages 3-21 with disabilities or special health care needs)
- ✓ Organizations in the New Jersey Developmental Disabilities Council Resources Guide
- ✓ New Jersey Legislative Committee on Children
- ✓ Joint Legislative Committee on Children
- ✓ Success by Six
- ✓ Institute for Education Policy
- ✓ Prevent Child Abuse-New Jersey Resource Center
- ✓ Community Outreach, INC.
- ✓ New Jersey Association of Child Care Resource and Referral Agencies
- ✓ UMDNJ's Autism Prevalence Study
- ✓ The ARC of New Jersey

SPAN materials were also disseminated through partnership with organizations such as the New Jersey Foster Parents Association; DD Council Education Subcommittee; United Way; New Jersey Congress of PTAs and County PTA Councils; New Jersey Title I Parent Coordinators, the Association for Children of New Jersey; Prevent Child Abuse-NJ (New Jersey's previous Goals 2000 grantee), the Education Law Center, the Urban Parents Educational Institute, the Jersey City, East Orange and Newark PTA/PTSOs, Title I Advisory Councils, and Special Education Parents' Councils, and ASPIRA-NJ. A "First Contact" informational brochure was sent to over 90,000 families and professionals featuring information on SPAN.

SPAN materials were disseminated through our Community Resource Centers, including through our two CRC websites, which had a total of more than 56,800 contacts. SPAN is also featured in several county Community Access Resource databases. Information about SPAN's Family Voices chapter was featured on the websites of the world Council on Disability, Exceptional Parent, national Family Voices, and National Family Caregivers.

Magazine articles about SPAN include several articles about SPAN projects in several issues of Families magazine (a magazine of the Developmental Disabilities Council); a special issue of People with Disabilities magazine, focusing entirely on special education and featuring several articles by SPAN staff or about SPAN projects and activities; The Beacon, the newspaper of the Catholic Diocese of Paterson, featured several articles on SPAN's Multilingual Center, including one on the special Mass; Exceptional Parent magazine, which featured several articles on or by SPAN staff; and Sesame Street magazine.

Newspapers covering SPAN or SPAN positions on policy issues include the Trenton Times, the Star Ledger, the Bergen Record, the Atlantic City Press, the Asbury Park Press, the Courier Post, the Jersey Journal, the Home News Tribune; the Philadelphia Inquirer, the Associated Press, and Knight Rider News Services, among others. Articles covered issues such as the federal monitoring visit to New Jersey in February 2002, updates about the status of the monitoring, and the parent forums; the importance of and strategies for parent involvement; Family Voices services; the Governor's Proclamation honoring Family Caregiver Month (secured by Family Voices at SPAN staff); parent involvement in school reform; special education funding; and KidCare. SPAN was asked by the Star Ledger to collaborate with their education reporter on a series of articles on special education, and in addition, to write a monthly column on education for the paper.

Television and radio appearances included discussions of the challenges of raising children with special needs; the impact of managed care on families with children with special needs; SPAN services; the State Special Education Code changes; and parent leadership, parent involvement, and



school reform in urban districts. Several Parent Leadership Development Institute interns appeared on Newark cable television with the district superintendent on the show, "On Line with Education."

Other outreach included:

- ✓ Continuing dissemination of information about Family Voices and SPAN through the New Jersey Academy of Pediatrics and to 300+ organizations
- Continuing dissemination of information about SPAN, Family Voices, and New Jersey Parent to Parent through the 21 county-based Special Child Health Services service coordination and case management units
- Press releases when we opened our regional and Community Resource Centers to families to celebrate the 25th Anniversary of IDEA
- ✓ Biweekly mailings to 55 SPAN staff and approximately 50 Resource Parents, including updates on education research, legislative and regulatory proposals, and other information of interest.
- Dissemination of action alerts on the State Special Education Code; the Standards and Assessment Code; Abbott regulations revisions on early childhood, parent involvement, school management teams, and whole school reform; proposed early childhood curriculum standards and frameworks; special education funding; and the Children's System of Care initiative implementation to our membership, Parents Engaged in Public Policy network, Parent Leadership Development Institute graduates, SPAN Resource Parents, Multilingual Center support group network, county-based Special Child Health Services Case Management Units, disability specific organizations, and other agencies serving families of children with special needs (over 2,000 individuals and agencies).

Objective 8. Collaboration with SCHS Project CARE/Staff Development Opportunities

SPAN conducted a total of 18 joint statewide staff meetings/professional development opportunities. Inservices were conducted on education issues/whole school reform in urban districts, with a special emphasis on early childhood, lead poisoning and prevention. Staff participated in revising and updating SPAN's strategic plan; during another meeting, staff identified the priority areas for focus in the last 2 years of the grant and identified revisions to the OSERS project for reapplication in 2 years. SPAN has sponsored the attendance of OSERS and SCHS staff at conferences and Medicaid managed care; SSI; Parent-to-Parent support; Family Voices; school reform; National African-American Parent Involvement Day; ADD/ADHD; autism; the national and regional TA Alliance; SAMSHA conference on developing systems of care for children with mental health needs; social-emotional intelligence and learning; family support; positive behavioral supports; Solution Circles; forums sponsored by the Public Education Institute; the Institute for Education and Social Policy at NYU), the Annenberg Institute, the Improving America's Schools conference; Standards & Assessment sponsored by the New Jersey City University, and the New Jersey State Department of Education, among others.

Train-the-trainer sessions were held for OSERS, SCHS, and other project staff on Inclusion; Positive Behavioral Supports and Discipline; IEP; Monitoring, Enforcement, and Accountability; Section 504; IDEA and the new State Special Education Code; Special Education and School Reform; Transition to Adult Life; and Title I services; Conflict Resolution, and Parent-Professional Collaboration. Also, Strengthening Multi-Ethnic Families and Communities; the Right Question Project; Solution Circles; Social Problem-Solving; and MAPS and PATH planning processes train-the-trainer sessions were conducted. In addition, OSERS and SCHS project directors and coordinators participated in an all-day Enlightened Leadership conference to improve leadership and collaborative skills.



Objective 10. Community Education Project

SPAN's Community Education Project continues to serve low-income families of color in the urban communities of Essex County and surrounding urban areas. CEP was directed by Newark resident, Nicole Harper, for the first four years of the grant and then was succeeded by Zoie Barnett in the final year (and continuing under the new grant). Ms.Barnett is a long time East Orange resident. She started a special education parent advisory group in East Orange, and is also on the Title I Parent Advisory Council. Ms. Barnett developed a districtwide parents' council that brings together all the district's parent leaders. She organized 30 parents to file a complaint investigation with the New Jersey Department of Education regarding noncompliance in East Orange. She is a member of the Board of the New Jersey Parents' Caucus for Children's Mental Health, an affiliate of the National Association of Families for Children's Mental Health and is involved in the Childrens' Initiative/Children's System of Care for children with mental/emotional disabilities. Zoie has been trained intensively on Positive Behavioral Supports and provides technical assistance around positive behavior support plans. She is assisted by Geraldine Moore, also a resident of Newark, who is a graduate of the Newark Parent Leadership Development Institute.

Our Community Education project has been expanded by the development of our Parent Leadership Development Institutes, which are provided in each of the 30 Abbott districts throughout New Jersey. Several graduates have volunteered their time to support SPAN staff throughout the 5 years of the grant.

In addition, intensive support has been provided to early childhood centers throughout the state in strategies to include children with special needs, and to families with young children in Abbott districts through our Parents As Teachers program.

The Community Education Project has conducted 75 trainings for more than 1,425 parents and professionals; provided telephone technical assistance to 2,556 parents and professionals; and assisted over 500 parents directly through attendance at IEP and other meetings.

The Community Education Project has also convened opportunities for special education parents to meet with their superintendents in Newark and East Orange to present their concerns. In collaboration with the Newark PAC and the Newark Public Schools, SPAN presented a series of trainings (Basic Rights, IEP, and Inclusion) at five locations throughout the district to families and professionals. The series of trainings were repeated several more times during the course of the grant.

During the five year grant, CEP staff met with and provided information to numerous communitybased groups, service providers, and public officials, including:

- ✓ Staff at each of Newark's and East Orange's elementary, middle and high schools
- ✓ Catholic Family Services
- ✓ The Leaguers Head Start (Newark and Irvington)
- ✓ Newark Board of Education Parent Coordinator, & Pre-K Coordinator
- ✓ Newark Preschool Council; Mt. Sinai Head Start; Mt. Carmel Guild Preschool
- ✓ St. Michael's Medical Center; Newark-Beth Israel Medical Center; Children's Hospital (Newark)
- ✓ CHADD of Essex County
- ✓ Newark Emergency Services 4th Annual Conference
- ✓ Newark South Asian Women's Domestic Violence Committee
- ✓ New Community Home Healthcare Program



- ✓ Prevent Child Abuse-NJ
- ✓ Seton Hall University, Essex County College; NJ Institute of Technology
- ✓ Salvation Army of East Orange & Newark Salvation Army Grandparernts' Group
- ✓ Foundation Health Corporation/Work First Advisory Program
- ✓ Newark Good Starts Program
- ✓ NJ Citizen Action-Lead Poisoning Prevention Project
- ✓ East Orange School District Parent Fair; East Orange School District personnel
- ✓ Newark Child Study Team members and Guidance and Attendance Counselors
- ✓ Bank Street College of Education Project New Beginnings (Newark)
- ✓ Aspen Group; University Behavioral Health Care (Children with behavioral issues)
- ✓ CPC of Essex & West Hudson Counties
- ✓ Staff of Congressman Donald Payne and State Senator Ronald Rice
- ✓ University of Medicine & Dentistry of New Jersey-Newark Campus, among others.

Objective 11. Multilingual Center Project

SPAN's Multilingual Center Project, a collaboration with Catholic Family and Community Services of Paterson, has conducted trainings/forums for over 4,780 parents and professionals: provided telephone technical assistance to 13,670 parents and professionals; and assisted over 1,600 parents directly through attendance at IEP meetings and home visits. Workshops included:

- ✓ Basic Rights
- ✓ Focus group for families of children with special emotional needs
- ✓ Focus group on Bright Futures for families of children with special healthcare needs
- ✓ Parental Rights in Special Education
- ✓ Inclusion
- ✓ Guardianship and Estate Planning
- ✓ Opening Doors/Abriendo Puertas (a video presentation)
- ✓ Changes to IDEA
- ✓ Defining Advocacy and your Role in Public Policy Making
- ✓ Strategies for Effective Participation in Public Policy
- ✓ Positive Behavioral Supports and Techniques to Use at Home
- ✓ An Informal Chat Session for Parents of Children with Disabilities (to share experiences)
- ✓ How to Reduce AIDS in Infants.

The Multilingual Center opened a new Parent Center, "A Parent's Place/El Club de los Padres," modeled on the parent center sponsored by the Federation for Children with Special Needs in Boston. They solicited funds from local service organizations and private donors to cover the cost of new furnishings and renovations of a beautiful old convent.

The Director of the Multilingual Center, who also serves on the Board of SPAN, is a member of the Governing Board of New Jersey Protection and Advocacy and the University Affiliated Program Consumer Advisory Board. She also served on the Monitoring Self-Assessment Steering Committee for the Paterson School District, and organized a group of 9 Latino families who were interviewed when the State monitors came to Paterson. The staff of the Multilingual Center continue to build alliances with many organizations, including the Paterson Education Fund, the Passaic County Sheriff's Office and Legal Aid Office, the Paterson Police Department, early childhood centers, St. Joseph's Hospital and Medical Center Mental Health and other clinics, the Passaic County Board of Social Services, the Education Law Center, the Association for Children of New Jersey, and whole school reform model developers.



The Multilingual Center has also convened opportunities for special education parents to meet with the new State-appointed superintendent of Paterson Public Schools, in collaboration with the Paterson School District's Department of Special Services.

The Multilingual Center continues to collaborate with several churches that are involved in a migrant and immigrant ministry. They have worked with many migrant and immigrant families who are experiencing difficulties with health and school issues, including the refusal of several districts to allow their children to register. They have also established a networking relationship with the Paterson Housing Authority, receiving referrals from the Housing Authority of families who need assistance with their children's education and health.

The Multilingual Center also coordinated, for each year of the grant, a "Christmas Mass" of inclusion for children and adults with disabilities with approximately 2,300 participants.

In addition, the Multilingual Center provides a summer day camp program offering recreational activities, three days a week, for children without extended school year services, and respite. The camp served a total of 60 children in five years. The Multilingual Center has conducted extensive outreach to community-based organizations and institutions serving Spanish-speaking families, including schools, social service agencies, churches, hospitals, doctors, and other professionals. The Multilingual Center sent information on their services to radio and cable TV stations, and was featured on WHAI-TV 43. The Center has continued to expand its bilingual resources library, in addition to videotaping Spanish language trainings. Staff from the Multilingual Center has presented at SPAN's annual conference

The Passaic County Family Court office routinely refers families to the Multilingual Center for support. The Center offers intensive support to Spanish-speaking families of children with special needs, including referral and assistance on survival issues (food, clothing, rent assistance, utility bills, vitamins, medications, transportation to medical appointments, Medicaid, Food Stamps, Welfare, immigration issues, etc.).

The Multilingual Center organizes Christmas Celebrations where the children and adults with and without disabilities participate in a Holiday Pageant, allowing their gifts and talents to be seen by the wider community. Over 600 people participated in each celebration. In the last year of the grant, the Multilingual Center also sponsored a "Mass for Peace," which honored SPAN's Executive Co-Director, Diana Autin, as a symbol of peace for her work on behalf of children and families.

The Center also sponsored 36 athletes to participate in the regional and state Special Olympics. The Multilingual Center staff provided the opportunity for two months of practice for the entire group, as well as supervision and support for 14-20 athletes to go to Trenton. Parents working at the Multilingual Center raised funds to pay for an overnight stay at a local hotel for 20 young adults with disabilities.

The Multilingual Center assisted dozens of Latino families to file a complaint with the US Department of Education, Office of Civil Rights, against the Paterson Public Schools for discriminatory practices in bilingual education.



The Multilingual Center translated materials for SPAN and also translated the invitation for the federal monitoring visit into Spanish for the New Jersey State Department of Education.

Objective 12. More intensive support and tailored information for underserved communities

As noted above, SPAN's Community Education Project and Multilingual Center Project staff attended meetings with families; made phone calls, wrote letters and provided linkages to other services for families; provided referral assistance to underserved families; and assisted in the development of targeted information for underserved families, in English and Spanish. In addition, SPAN adapted its training programs for underserved families, to ensure that families understood the information presented. For example, our Basic Rights training was presented over several sessions for families who participated in our Community Education and Multilingual Center projects

Objective 13. UAP Collaboration

SPAN has continued its collaboration with the University Affiliated Program of New Jersey (UAP) on the Early Invention Procedural Safeguards Project, providing "refresher training to mediators and hearing officer panelists, and two-day trainings to new service coordinators and service providers. Approximately 1,500 people have participated in trainings on the system requirements of early intervention, procedural safeguards, and conflict resolution mechanisms to date.

SPAN has continued to collaborate with the UAP on the New Jersey Coalition for Inclusive Education. SPAN and the UAP are both represented on the Coalition's Board of Directors, and have conducted trainings and disseminated information on inclusion for the Coalition. The Coalition offered a series of trainings on Solution Circles, Social Problem-Solving, and the Maps and PATH planning processes; Inclusive IEP Forums; and Inclusion Focus Groups. Each workshop or forum was provided at four regional locations.

SPAN Resource Parents continued to host third year medical students in their pediatric rotation at New Jersey's state medical school in collaborative project with the UAP, the Medical Student Education Project, featured below.

The UAP is a subcontractor on SPAN's Map to Inclusive Child Care training, information and technical assistance grant from the New Jersey Department of Human Services Division of Family Development. Karen Melzer of the UAP is a trainer and on-site inclusion implementation consultant for the project. She disseminated information on this project at her workshops with early childhood and special education directors of the 30 Abbott districts, which all must offer universal early childhood education to all 3 and 4 year olds under a New Jersey Supreme Court decision.

Finally, SPAN's Co-Executive Director (Diana Autin) and PTI Director (Debra Fernande) continue to serve on the UAP's Consumer Advisory Council.

Objective 14. Expand In-Service Development Activities

SPAN conducted numerous professional development workshops, including:

- National Association for the Education of Young Children-New Jersey State Conferences, on inclusion and child care, and numerous child care referral and resource agency conferences on child care, as well as the statewide conference for after-school child care
- ✓ New Jersey Education Association's Annual Convention (on Multiple Intelligences, and Collaborating with Parents on School Management Teams)



- ✓ Pre-service presentations to colleges, including Kean University, The College of New Jersey (formerly Trenton State), Georgian Court College, the University of Medicine and Dentistry of New Jersey, Seton Hall University School of Education, among others
- ✓ Early Intervention trainings for service coordinators and service providers
- ✓ Trainings for Head Start staff in urban districts on parent-professional collaboration, the new IDEA/new State Code, and inclusive child care laws and strategies
- ✓ Children's Specialized Hospital, Newark-Beth Israel, St Michael's Medical Center, etc.
- ✓ Kean University Forum on Core Curriculum Content Standards (keynote on impact on special education students)
- ✓ Teaching Kean University's "Families in Special Education" course in the summer of 1999
- Special Child Health Services Case managers on impact of managed care on families of children with special health care needs; Parent-to-Parent services; Map to Inclusive Child Care project, and Family Resource Associate services
- ✓ New IDEA/State Code, to all teachers and supervisors of the New Jersey Commission for the Blind and Visually Impaired
- ✓ A series of workshops with principals on including parents as partners in the education of their children, and in school improvement activities, including school management teams
- Special Education and School Reform to urban superintendents, directors of special services, teachers and parents, at the Abbott Convocation, teachers, Child Study Team members, and parents at the International Dyslexia Association—New Jersey chapter annual conference, teachers and Child Study team members at Prevent Child Abuse-New Jersey's annual conference, and to general and special educators at a Middlesex County Educational Services Commission professional development session on inclusion
- ✓ Inclusive child care laws and implementation strategies, to more than 2,000 child care providers, child study team members, and parents, in all of New Jersey's 21 counties, through workshops and on-site technical assistance visits
- New Jersey's Institute of Technology's Project SMART (Math and science teachers): Child Study Team members & counselors; parents; teachers
- ✓ Training for NJ CART/DYFS/Youth Services Commission/Juvenile Justice Commission members (positive behavioral supports)
- ✓ Advocacy Institute development of training modules on public policy advocacy
- ✓ Education advocacy: Section 504 & IDEA, Legal Services of New York
- ✓ Montessori program Morris County
- ✓ Family Resource Associates
- ✓ The ARC of Atlantic County
- ✓ The ARC of Hunterdon County
- ✓ Accessing Community Resources: Developing Creative Solutions with Families (a panel discussion sponsored by the UAP of New Jersey
- National Lawyers' Guild 60th Anniversary Convention (a panel discussion organized by SPAN for lawyers on School Reform: Does "All" Mean "All?": How School reform Excludes Children of Color, Children with Special Needs, Poor Children, and Language-Minority Children and Families)
- ✓ Parents and Professionals Conference: Working Together for the Special Child, sponsored by the Association for Special Children and Families and the Center for Family Resources, SPAN's Passaic County Community Resource Center
- ✓ DDC Inclusion Framework and Curriculum Projects
- ✓ New Jersey Education Association Convention (Section 504)
- ✓ Guarini Center for Governmental Affairs Conference, "A Generation at Risk: Children and the Future of our Nation" (St.Peter's College, Jersey City).
- Prevent Child Abuse-New Jersey's Technical Assistance Program (trainings for professionals on resources available for families of children with special needs)



School districts and professionals are able to receive continuing professional education credits by attending SPAN workshops, as SPAN is registered as an approved professional development provider.

Objective 15. Medical Student Education Project

SPAN and the UAP continued collaboration for the duration of the grant on the Medical Student Education/Family-Centered Care Project, where all third year medical students participate in a day-long program on developmental disabilities, including an evening visit with the family. During the five-year grant, over 225 medical students have visited with 80 SPAN Resource Parents.

Objective 16. Provide family perspective on task forces, to policymakers, etc.

SPAN staff and Resource Parents continued to provide the family perspective on task forces, committees, and to elected and administrative policymakers. SPAN also worked in collaboration with other advocacy and community-based organizations on issues affecting children with special needs. SPAN maintained and expanded projects that increased the capacity of families to become effective advocates for their children, including Family Voices/Bright Futures-NJ (designed to provide information to families, professionals and policymakers on issues affecting children with special health care needs); NJ Statewide Parent-to-Parent (providing orientations to experienced parent mentors and matching them with parents facing the stresses of raising a child with a disability or special health care needs); Parent Leadership Development Institute (offering knowledge and skill development in key areas of effective leadership and educational improvement for Title I, special education, school core team, and PTA parents in all 30 of the Abbott Districts); Parents Engaged in Public Policy (training parents to be effective policy advocates at the national, state and local policy levels); and the New Jersey Parents Caucus for Children's Mental Health. Examples of public policy and collaborative activities included:

- Meeting with the US DOE OCR to discuss concerns about New Jersey special education
- ✓ IDEA Implementation meeting, NJ DOE OSEP & US DOE OSEP
- Speaking with monitors from the US Department of Education OSERS to discuss concerns about New Jersey special education, organizing hundreds of parents to attend the regional forums with the monitors, and participating on the Department of Health's Early Intervention Self-Assessment Steering Committee and Quality Assurance Work Group, and the Department of Education's Self-Assessment Steering Committee and Self-Improvement Plan/State Improvement Grant subcommittee
- ✓ Data discussions/meetings with US DOE Discipline Task Force & US DOE OCR
- Testimony in a fiscal equity litigation hearing before the Special Master, on the impact of the Comissioner's proposed urban district funding on special education students
- Education Law Center's Framework Retreat and Parent Conference on Urban School Reform
- ✓ Participating in focus groups on early childhood technical assistance at the Alliance national conference
- Children & Family Initiative-Steering Committee and Parents' Caucus (a collaboration with the Association for Children of New Jersey, the Mental Health Association, and SPAN); SPAN staff participation on the statewide implementation committee (ongoing) that is overseeing the implementation of the new Children's Initiative, based on our ten principles, that will revamp the children's mental health system, and provide more coordination, collaboration, culturally competent, and family friendly mental health services to children across agencies



- Promise the Children (impact of welfare reform on families and children)
- ✓ Public Education Institute Roundtable discussions
- ✓ Participation on the New Jersey State Department of Education's Committee to revise the Parents' Rights in Special Education booklet and in the development of a parent guide
- ✓ Participation of SPAN staff on the New Jersey Department of Education's Special Education Advisory Committee and the Early Intervention State Interagency Coordinating Council
- ✓ Membership on the Governing Board of New Jersey Protection and Advocacy
- ✓ Membership on the Consumer Advisory Board of the University-Affiliated Program of NJ
- ✓ Participation on the New Jersey State Department of Education's Comprehensive System of Personnel Development Committee
- ✓ Parents Engaged in Public Policy, generating thousands of comments, letters and testimonials on the proposed changes to the NJ State special education code and the standards and assessment code, and providing information to families on new proposals
- ✓ Collaborative project with the New Jersey Department of Education to research and write a biennial newsletter on inclusion for districts and parents, and a biennial newsletter on transition to adult life
- Coalition for Special Education Funding Reform (in collaboration with the DD Council Education Committee, the ARC of New Jersey, United Cerebral Palsy, and COSAC, among others, working to ensure a placement-neutral funding formula and sufficient funding for special education)
- ✓ Participation on the State Department of Education and Jersey City University's Planning Committee for a statewide conference on core curriculum content standards
- ✓ Participation in planning for the State's conference on equity and cultural diversity
- ✓ Participation on numerous County and district Disability Committees
- ✓ Participation on Developmental Disabilities Council Education Committee and chairing the Enforcement and Accountability workgroup
- Representation of SPAN staff and Resource parents on the Advisory Committee and focus groups of the New Jersey Developmental Disabilities' Council project to research Inclusive **Education Teacher Preparation**
- ✓ Participation on the Governance and Accountability, and Family-Professional Collaboration workgroups of the DDC Education Subcommittee
- ✓ Participation on Workforce Incentive Board Education Committee and Transition Consortia
- ✓ Participation in Concerned African-American Parents
- ✓ Participation on numerous district special education and Title I committees and PTA Councils
- ✓ Community Health Project Advisory Committee and Managed Care Training Task Force
- ✓ Participation on New Jersey Citizen Action's Health Care Alliance, working on issues of medicaid managed care, ombudsman legislation for managed care for persons with disabilities, KidCare (New Jersey's Chip program)
- ✓ United Way Project Leadership Institute
- New Jersey Department of Human Services' Map to Inclusive Child Care Advisory Committee (4 SPAN staff serve on this committee, including one of our Co-Executive Directors; our southern OSERS coordinator and southern Parent-to-Parent Regional Associate; our Family Voices-NJ co-coordinator; and our Family Resource Specialist at the Morris County Special Child Health Services Case management unit)
- Participation on the New Jersey Coalition for Inclusive Education's Board
- Participation on advisory committees or conducting training for collaborative groups of districts and higher education institutions on inclusive education, family involvement, and school reform

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- ✓ Membership in National Parent Network on Disabilities and National Coalition of Advocates for Students
- ✓ SPAN testimony before the New Jersey Board of Education; Joint Legislative Committee on Public Schools; Legislative Committee on Children; Appropriations Committees; New Jersey Department of Health-Maternal and Child Health Services; and New Jersey Department of Human Services
- ✓ Participation on the Exceptional Parent Magazine Advisory Editorial Board
- Membership on the Eastern Paralyzed Veterans' Association Managed Care Network, SSI Alliance, Medicaid Alliance, Medicaid Workgroup for People with Disabilities, Family Support Center Advisory Board, Family Support Awareness Day Planning Committee, and Title V Dissemination Committee
- ✓ Membership on the Board of the New Jersey Association of Partners in Education
- Collaborative project with the New Jersey Department of Education to develop, disseminate and analyze parent surveys on special education compliance and quality
- Participation of SPAN's Executive Director on the New Jersey Department of Education's task force to revise their monitoring system
- ✓ Annenberg Institute for School Reform Conference on Public Engagement
- Participation on Developmental Disabilities Council Education Committee and Inclusion Consensus-Building Process, including the second annual Summit on Inclusion, chairing the Community Awareness and Access to Inclusion Workgroup, which has developed an introductory inclusion awareness training module that was presented in every county and every urban district (SPAN's Executive Director conducted two Train the Trainer for workgroup members) and chairing the Enforcement and Accountability workgroup
- Prevent Child Abuse-New Jersey Goals 2000 Advisory Committee until we received the grant in October, 1999
- New Jersey Department of Health and Senior Services' Early Intervention Stakeholders' Task Force, which has been awarded the Department 's Health collaboration award, and follow-up committees including the Service Delivery workgroup, the Autism Task Force, and the Quality Assurance Workgroup
- New Jersey Department of Health and Senior Services' and Department of Education's Transition to Preschool
- ✓ Membership on Nation Public Education Network's National Parent Involvement in Education Advisory Panel
- ✓ Chairperson of the State Interagency Coordinating Council, and continuing membership on that council
- Participation and sponsorship of the national Family Voices study of families and managed care, and follow-up interviews with managed care providers
- Participation as a Contributor to the "Defining Medical Necessity" report of the US Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau

The family perspective has also been presented through media outlets, including numerous newspaper interviews and articles on issues such as school reform, funding for urban districts, funding for special education, inclusion, changes to the state special education code, parent involvement, health issues affecting children with special needs, family support, and other issues.

SPAN staff and Resource Parents have represented the parent perspective at meetings with over 50,000 people over the past five years; over 3,000 SPAN staff and Resource Parents have testified at State Board of Education meetings, legislative hearings, and other public policy forums.



Honors and Awards

SPAN staff received the following honors and awards:

- ✓ Selection by the Advocacy Institute to chair the Regional Selection Committee for the Leadership for a Changing World Fellowship (Co-Executive Director Diana Autin)
- Continued participation on National Advocacy Advisory Panel of the Advocacy Institute (Co-Executive Director Diana Autin)
- Selection as a Fellow for the Next Generation of Leadership Program of the Rockefeller Foundation (Co-Executive Director Diana Autin)
- Nomination as a Fellow for the Leadership for a Changing World program of the Ford Foundation (Co-Executive Director Debra Jennings)
- ✓ Selected to serve on the SICC and DD Council, the State EI and Education Monitoring Steering Committee.
- Certificates of Appreciation were received from the New Jersey Head Start Association and Quality Improvement Center at New York University and Title I parents, as well as Child and Family Resources and the International Dyslexia Association-NJ Chapter. One staff person was honored with the Advocacy Award from the East Orange Unified PTA Council.

The SPAN website also has been the recipient of the Freedom of Thought award.

Evaluation

As outlined in the project proposal, SPAN disseminates and analyzes evaluation sheets for trainings conducted by SPAN staff and Resource Parents. In addition, SPAN disseminates an evaluation survey whenever we send parents material in response to requests for technical assistance. Responses from both the training evaluation forms and the evaluation surveys received are overwhelmingly positive, with every respondent indicating that SPAN's trainings, technical assistance and materials have proved extremely beneficial. Annually, SPAN hires a consultant to follow up with parents who have participated in trainings and/or received technical assistance. Finally, SPAN's Evaluation Committee and the Board of Trustees discussed project progress during our quarterly Board of Trustees meetings, and then concluded its final discussion at the Annual Meeting.

IV. Budget Information

See attached Budget Summary, describing expenditures in each area and providing an overall explanation of any deviations from the project budget.





Project CARE is a partnership between Special Child Health Services and the Statewide Parent Advocacy Network (SPAN) created to strengthen the relationship between Case Management Units and families. Our Family Resource Specialists are parents of children with disabilities who are trained to help other parents.

Ways the Family Resource Specialist can help:

- As a listener, recognizing the unique needs of diverse families
- Supporting parents at home or in the hospital, at education planning meetings and through support groups
- Guiding families and professionals toward resources and educational and recreational information
- Providing technical assistance and support to parents at key transitions throughout their child's development (transition to preschool, to elementary school, to secondary education, and from school to adult life)
- Collaborating with agencies at local, city and state levels to make programs and policies more family-centered and easily accessible to all families
- Strengthening parent capacity to advocate for their child across systems by providing technical assistance and relevant workshops

New Jersey Statewide Parent to Parent



Parent to Parent is a statewide network of parents supporting families of children with developmental delays, disabilities, or other special health needs.

As trained "supporting parents," we act as a valuable resource to families. We offer assistance in learning the necessary skills to help parents face the challenges of raising their child.

We are not counselors or therapists. We are parents who have experienced the feelings and emotions that come after learning that our children have a developmental delay, disability, or other special health needs. We offer moral support and encourage parents to feel comfortable and optimistic about the future.

Parent to Parent is dedicated to supporting families at their most challenging times and to celebrating each new victory. Parents helping parents... it's a simple concept that works.

What Parent to Parent Offers

- One-to-one matches of families with similar needs and experiences
 - Emotional support for the parent of a child with a developmental delay, disability, or special health needs
- Current local, state and national resources for the child and family on a variety of disabilities and health issues
- Training for parents who would like to become "supporting parents"

All information is kept confidential.

New Jersey Statewide Parent to Parent Malla Corde, Project Coordinator (908) 537-4673

Patiticia Paraskavacos, Project Coordinator

Project CARE

(973) 523-6778 x18

FAMILY (701CES NEW JERSEY

About 100,000 New Jersey children face chronic or acute health conditions that may limit their school and play activities. Where do these families turn for health care quidance? A friendly voice? Words of encouragement?

Family Voices can help. We inform families and professionals about public and private health care changes in our state. We also share the expertise and experiences of families with policy makers, the media, health professionals and other families. We serve on state and local boards and task forces, bringing the family perspective to policy discussions and decisions.

Family Voices Principles:

- Families are the core of any health system and should be respected and valued for our expertise and commitment to our children
- Combining talents and resources in a good familyprofessional partnership creates the best relationship for managing the care of our children with special health care needs
 - An effective, flexible health care system should be guided by medical and family needs
- Comprehensive, coordinated, community-based primary and specialty health care should be available at a reasonable price for all families
 - Families and health care professionals should be responsible for quality assurance on health care financing and delivery

Help us make sure that children with special health care needs in New Jersey receive the services they need!

Family Volces

Lauren Agoratus & Bevarly Bowser, NJ Co-Coordinators (800) 654-SPAN x110

at Family WRAP DOES

The Statewide Parent Advocacy Network of New Jersey (SPAN), in collaboration with the Family Support Center and the New Jersey Department of Health and Senior Services Special Child Health Services, has expanded and enhanced our services to families of children with special needs. Family WRAP provides one-stop, "wrap-around" services, information, resources and support to families of children with disabilities, developmental delays and special health care needs. Family WRAP combines three SPAN programs: Family Resource Specialists/Project CARE, Parent to Parent, and Family Voices.

Family Resource Coordination/Project CARE SPAN Family Resource Specialists are stationed part-time at

SPAN Family Resource Specialists are stationed part-time at Special Child Health Services/Case Management Units in Bergen, Camden, Essex, Hudson, Mercer, Middlesex, Monmouth, Morris, Passaic, Union, and Sussex counties. They provide information and advocacy on family rights in the early intervention and special education processes, and resources such as parent support groups and respite care. They support families at IEP meetings, health care appointments, and hospital visits, and help families resolve conflicts with school

Parent to Parent

Through Parent to Parent, four Regional Associates (northwest, northeast, central and south), a Bergen-Passaic Coordinator, and an Essex County Coordinator housed in SPAN's Newark office, can match families of children with disabilities or special health care needs with "supporting parents." They are also available to conduct orientations for parent groups and individual parents interested in becoming "supporting parents," to build skills in effective listening, active communication, parent empowerment strategies, and methods of providing support. The Family Support Center of New Jersey provides families with crucial information about their child's special needs, available resources, and support.

Family Voices

Family Voices coordinators provide telephone assistance and training on health care, health coverage, and effective health advocacy and informed decision-making. They have free literature and a newsletter available to help you advocate on behalf of your child's health, insurance information and other medical issues affecting children with special needs. They can also provide information on New Jersey FamilyCare for your children and family.

REST CODY AVAILABLE

Contact Information

For assistance from a Family Resource Specialist:
Patricia Paraskevacos, Project Coordinator, Family WRAP
Passaic County Special Child Health Services
Case Management Unit
279 Carroll Street · Paterson, NJ 07501
(973) 523-6778 x19

For Parent to Parent support and immediate information on your child's disability: Eileen Coyne, Director The Family Support Center of New Jersey (800) 372-6510

For information about New Jersey Statewide Parent to Parent:
Malia Corde, Statewide Coordinator
c/o SPAN · 35 Halsey Street, 4th Floor · Newark, NJ 07102
(908) 537-4673
parent2parent@spannj.org

For information about statewide Family Voices: Lauren Agoratus (English & Spanish) & Beverly Bowser, New Jersey Co-Coordinators (800) 654-SPAN x110 familyvoices@spannj.org For Essex Family WRAP (funded by the Healthcare Foundation of New Jersey), or to schedule an Essex County Parent to Parent orientation or Family Voices presentation: Shirley Johnson, Essex Family WRAP Co-coordinator c/o SPAN · 35 Halsey Street, 3rd Floor · Newark, NJ 07102 (973) 642-8100 x112 · Fax (973) 642-8080

Program Funders

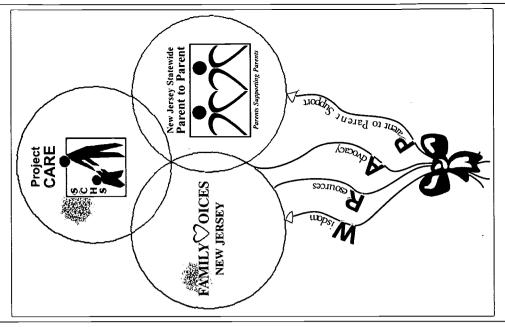
NJ Department of Health and Senior Services, Special Child Health Adult and Early Intervention Services The Healthcare Foundation of NJ

The Edward and Stella Van Houten Memorial Trust

Collaborating Agencies

Statewide Parent Advocacy Network
Family Voices-NJ at SPAN
NJ Department of Health & Senior Services
Family Support Center of New Jersey







HE SPAN PARENT LEADERSHIP DEVELOPMENT INSTITUTE

The SPAN Parent Leadership Development Institute (PLDI) believes that parents and families play crucial roles in improving schools and achieving student success. Parents can be effective partners with professionals in planning, implementing and evaluating educational programs for children. But to do so, parents must:

- Believe in their own strengths
- Anticipate a future of choices and fulfillment for their children
- Have access to the information and skills necessary for informed participation

THERE IS NO COST FOR PARTICIPATION

Child care is provided. Translation is available upon request. Your local parent organization may be able to host this series at no cost. Call for details.

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THE SKILLS AND KNOWLEDGE YOU WILL GAIN

The SPAN Parent Leadership Development Institute offers extensive training through an eight-session program of hands-on activities focusing on key areas of effective leadership and school improvement. Participants will gain knowledge and skills in the following areas:

- Techniques for effective communication, collaboration, teamwork and consensusbuilding
- Qualities and components of effective schools that meet the needs of students from diverse cultures and backgrounds, and with diverse learning styles
- The relevant federal and state laws, regulations and court mandates in place to assist you in improving your school
- Understanding school finance and budgeting
 How to monitor and evaluate vour school's
 - How to monitor and evaluate your school's effectiveness in achieving the No Child Left Behind Act, the New Jersey Core Curriculum Standards, and your School District's achievement goals
- How to support other parents in their efforts to participate in their children's education and school improvement activities
- Where and how to locate essential services and resources for student success and improved parent involvement

Participants experience increased self-confidence by applying the skills and knowledge gained in the weekly activities.

JOIN A STATEWIDE METWORK OF PARENTS COMMITTED TO IMPROVING NEW JERSEY'S SCHOOLS

Participants in PLDI become part of a network of parents supporting community efforts to improve student learning. Parents often feel that they are alone in their work. Through PLDI, parents receive technical assistance and support in addressing their school, district, state and federal concerns about improving student success.

WHO SHOULD ATTEND THE INSTITUTE?

If you want to make a difference in the education of children in your school, your neighborhood or in the entire public school system, you are ready to attend the SPAN Parent Leadership Development Institute.

This program is a <u>must</u> if you are a member of your School's Management Team, an officer or executive board member of your schools' parent organization, a member of the Title I Advisory Council, Bilingual Education or Special Education Parent Advisory Council. This is the place where you will gain the knowledge you need to effectively participate in these important roles.



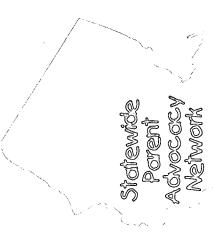
A PUBLIC-PRIVATE COLLABORATION

Funding is provided by:

The US Department of Education Office of Elementary and Secondary Education Parent Information & Resource Centers Program

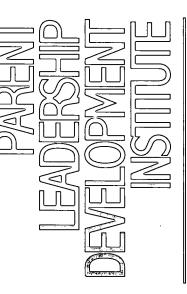
CONTACT INFORMATION

If you would like to bring the Parent Leadership Development Institute to your school, community or parent organization, please contact SPAN



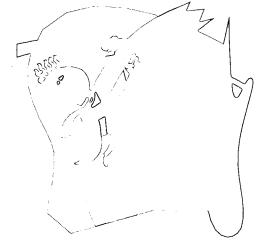
35 Halsey Street, 4th Floor Newark, New Jersey 07102 phone: (800) 654-SPAN(7726) or (973) 642-8100 fax: (973) 642-8080

email: span@spannj.org website: www.spannj.org



PARENTS MAKING A DIFFERENCE FOR NEW JERSEY'S PUBLIC SCHOOL CHILDREN





INFORMATION, SUPPORT AND TRAINING TO PARENTS AND PROFESSIONALS WORKING TOGETHER TO CREATE VIOLENCE FREE ENVIRONMENTS THE VIOLENCE PREVENTION INITIATIVE PROVIDES

PREVENTION

training and support to land prevent violence and decreases ment of Education. The lies, schools and community organizations ownersholds in SPACE and funded by the US is sponsored by the Statewide project provides information, the harmful effects of anger, aggression, abuse and hate. Parent Advocacy Network organizations on medio INITEATIVE Depar



destroys families. Violence

Violence does not discriminate based on race, religion, developmental disability, education, or income.

- Anyone can become a victim. America today there are:
 Over 40,000 freaming and a year.
 - Over 100,000 nonfatal gun injunies.

 - · 'Ouer 100,000 impa.
- than 840,500 gang members were extrinated to The US Department of Justice reported more be active in the US in 1999

New Jersey Coalition for Battered Women docu-

ments 85,018 domestic violence reports were

- Child served abuse Gases 15; the US ran as high as made in NJ in 1999 80,000 in a year.
- Suicide is the eighth leading cause of death in the US, third among people aged 15 to 24 and the fourth among youths 10 to 14 years of age.
- Drug Information reports that animally 120,000 deaths are attributed to alcohol and the use of illici drus. This number represent IIX of preventable deaths and 6% of differents in the US The National Clearinghouse for Alcohol and

PARENT TRAINING PROGRAMS

which alternatives to violence are explored, focusing on parens as the child's first and most influential role model. are designed in a sequence of twelve to fourteen sessions in



higher risk of alcohol and/or drug Children from violent homes have abuse and juverale delinquency.

Strengthening Multi-Ethnic **Families and Communities**

approaches, rites of passage, community involvement combined as vehicles to foster high self-esteem, self-discipline is a research-based program presented within a cultural framework which progresses through positive discipline and social competence.



A thousand mile journey begins with the first step.

Strengthening Families

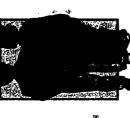
tion, establish and positively enforce family rules, decrease family conflict and reduce the risk of children continuing has been especially effective for substanceabusing parents the cycle of violence and substance abuse. This program intervention program that aims to increase communicais a scientifically proven behavior-oriented prevention/ and their children.

PARENT & STAFF DEVELOPMENT OFFERINGS

(1 to 2 hour segments)

Resolution Conflict

aggression, stress and resolving which may lead to confrontation and offers methods to closely examines behaviors reducing unwanted anger,



brings families together. communication Effective

Positive School Environments

Creating

school climate are discussed, and examples of the impact of understand the factors that contribute to positive school environments. Strategies for evaluating and improving those strategies are provided. helps parents and educators

Effective Discipline Practices for Families

provides parents with tools for effective, consistent discipline at home.

"This program has taught me a lot of teaching my children responsibilities, and to be more open with them." how to deal with their behavior, things on how to go about

husband and father of three, all graduates of the Strengthening Families Program Class of 2001

Participation response form Parent, School & Community

(Please check all that apply)

Yes! I want to participate in preventing violence and improving education in my community.

- I'd like to participate in the following extended workshop:

 Strengthening Multi-Ethnic Families & Communities

 Strengthening Families Program
 - I am interested in the following one-time workshops:
 - Creating Positive School Environments Conflict Resolution
 - Effective Discipline Practices for Families 000
- Yes! Our organization is interested in participating in this
 - Violence Prevention Initiative as follows:

 Hosting workshops at our location

 Sponsoring workshops for parents

 Staff training in workshops

 Usseminating information

 Becoming a parner in this special initiative
- Becoming a partner in this special initiative. Call for details.

Please describe how participating in these workshops can

enhance your organization or home environment.

- These services will enable me to attend workshops:
 - ☐ Transportation☐ Child Care (number of children:
- Translation from English to Other (accessibility, etc.):
- am most available to attend workshops at this time:
- ☐ Mornings ☐ Afternoons ☐ Evenings ☐ Weekends
- Address

Violence Prevention Coordinators Beverly Bowser Southern Region 35 Falsey Street, 4th Floor Newark, NJ 07102 (973) 642-8100 x113 (973) 642-3766 fax Sh'corah Yehudah Northern Region SPAN

Trenton, NJ 08608 (609) 394-5900 beviv@nol.com

vpc@spannj.org

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ESCALATION OF VIOLENCE HELPFUL TIPS TO PREVENT THE Statewide Parent Advocacy Network, Inc.

When dealing with conflict, first identify the problem;

Northern Region Sh'corah Yehudah c/o SPAN 35 Halsey Street, 4th Floot Newark, NJ 07102 (973) 642-8100 x113 (973),642-3766 fax vpc@panni.org

() *

- then attack it, not the person.
- Know that you have options to choose from in resolving the problem, identify them.
- Find a resolution that all those involved agree upon and are comfortable with.

 - Don't be afraid to ask for help.
- Do something you gijoy but haven't done in a long time. In managing anger, make sure to allow time for yourself.
 - the deeply & relax
- & meditate.
- Tails a hor bath or read.

 Tails a walk, exercise or dance.
- Sing, write, play an instrument, create. Consider your blessings.
- Never shake a baby, it can cause serious injuries.

Volunteer your time to help someone else.

- Model the behavior you'd like to see in your child.
- Reward your child's respectful behavior with kind words, a gift or a family outing.
- Talk with your child about your personal experiences and how you overcame obstacles.
 - Work on not yelling, insulting, cursing or calling your
- Encourage your child's ambitions & talents.
- Involve your child in making a few family rules and the consequences for violating them.
- Converse with your child.

SPAN Mission

professionals and other individuals interested in the healthy development and educational rights fully participating and contributing members of To empower families and inform and involve refessionals and other individuals interested i of children, to enable all children to becom

RESOURCES AND IMPORTANT SERVICES

Statewide Parent Advocacy Network 8006547726 x113

Statewide Domestic Violence Hotline 800572SAFE (7233)

Alcohol Abuse Hodines

Drug Abuse Hotline 800225-0196

STE

NJ AIDS Hotline 8006242377

Parents Anonymous 8005834135

Division of Youth & Family Services

NJ Coalition for Battered Women 609-5848107

Newark Emergency Assistance for Families, Inc. Hotline for Homeless Emergencies 8006967063

Division of Welfare Emergency Assistance for Domestic Violence Victims 913-133-4629

PREVENTION

VIOLENCE

INITIATIVE

Jniversity Behavioral Health Care Counseling Program for Child Victims of Violence 800969-5300 or 913-972-4818

American Friends Service Committee egal Help for Immigrant Victims of Domestic Violence

Education Law Center 973-624-1815

www.spannj.org



Visit unum.spanni.org today to learn more about SPAN services.



Listen to your child.

;



Some Basics

Call your HMO 24-hour toll-free number if your child develops a need for urgent care (attention needed within 24 hours; but not an immediate emergency). Your PCP will provide or arrange for this care.

With Medicaid managed care, you will see providers in the HMO's Provider Network, with few exceptions. If there is no one in the HMO's network who can provide a covered service your child needs, you may get a referral outside the network. If you decide to see a non-network provider on your own, without a referral, you will have to pay that provider out of your own pocket.

Your child's Care Manager works with you and your child to develop (and modify as needs change) an Individual Health Care Plan to monitor all the services (even those provided outside the HMO) your child receives.

Medicaid beneficiaries with complex medical or mental health needs may be allowed to continue with their fee-for-service providers and not enroll in an HMO. This is called an exemption. Each exemption request is reviewed and, if denied, may be appealed through the Medicaid Fair Hearing process. Call the HBC to apply for an exemption.

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Once you get used to Medicaid managed care, you may find that you experience easier access to Medicaid services and providers, and better coordination of services to meet your child's needs.

If you follow correct HMO procedures, you should never receive a bill. If you do, take it immediately to your care manager for resolution

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Medicaid Managed Care Services

Benefits Package

Primary and Specialty Care
Preventive Health Care and Counseling
Health Promotion

EPSDT (Early & Periodic Screening, Diagnosis & Treatment)
Emergency Medical Care
Inpatient Hospital (acute, rehab, and specialty)

Outpatient Hospital

Laboratory Radiology

Prescription Drugs

Prescription Drugs
Family Planning Services and Supplies

Audiology Inpatient Rehabilitation Podiatrist

Chiropractor

Optical Appliances

Optical Appliances
Hearing Aid Services
Home Health (with limits)

Hospice Durable Medical Equipment

Durable Medical Equipment
Medical Supplies
Prosthetics and Orthotics (including shoe)

Organ Transplants Transportation (some)

Post-acute Care

Mental Health/Substance Abuse
(This is for DDD clients only; non-DDD clients receive mental health services on a fee-for-service basis just as they did in the past. Read about "carve out" or excluded services in this pamphlet.)



Call the Wealth Benefits Coordinator (HBC) (With Questions about HMO enrollment; transfers, and exemptions 1-800-701-07/10 (translation services available) TTY: 1-800-701-0720

What's the Same About the New System?

You continue to receive your monthly Medicaid eligibility letter, though now you also have the HMO's identification (ID) card.

Your child is still eligible under Medicaid managed care for the services (Benefits Package) she has always received under the traditional Medicaid feefor-service system. She receives HMO excluded services (also called "carve-out" services), such as physical, speech, and occupational therapies, and some transportation services on a fee-for-service basis outside your HMO plan.

Coordinate all services with your HMO Care Manager, and be sure they are part of your child's Individual Health Care Plan. They will be paid for by Medicaid.



Some Medicaid services are not provided by your HMO.
Wedicaid still pays for them.



- In an emergency, call 9II or go to the nearest emergency room. Check with your PCP the next day
- Get a referral from your PCP before seeking any non-emergency services.
- Use only providers in your HMO's network provider directory.

What's New in the Medicaid Managed Care System?

fou work with a state-contracted Health Benefits Coordinator (HBC) to identify and enroll in the best plan for your child among the 5 HMO choices.

eventually be assigned to one of the HMOs. Care services. If they don't, their child will of New Jersey to provide Medicaid Managed amilies of Medicaid-eligible children with HMOs that have contracted with the State special health care needs and/or disabillties must select for their child one of 5

Once your child is signed up with an HMO:

- and a provider directory from the HIMO (and maybe a You receive an identification card, a member handbook,
 - You select a Primary Care Provider (PCP) from that plan's separate prescription card)
 - provider list. If you don't, the HIMO assigns one to you. The HMO assigns a Care Marager (usually a nurse or social worker) to your child.

tou must get a referral from your child's PCP for most nonment, therapies) before your child receives those services. Some services must be pre-approved at the HIMO, a process Otherwise, the HIMO can refuse to pay for the services. emergency services (specialist visits, lab, hospital, equipcalled prior authorization, which is initiated by your PCP.



call 911 or go to the nearest emergency room. But do not use emergencies without need for a referral or pre-approval. Just f you, as a prudent layperson, decide that your child has an emergency medical condition, the HIMO pays for treatment of the emergency room for any routine care, it won't be paid for.

at no cost to you even if he isn't treated there dild can be screened at the emergency room If you think your child has an emergency but aren't sure and can't reach your PCP.

Medicaid Managed Care

- Call the HBC to enroll in an HMO
- Read your HIMO Member Handbook
- Select and work with your PCP
- Get referrals for other services
- Work with your Care Manager
- Use network providers
- Use emergency rooms only for emergencies

Statewide Parent Advocacy Network, Inc. Family Voices of New Jersey www.spannj.org/family_voices.htm email: familyvoices@spannj.org 1-800-654-SPAN x110

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Pact Sheet // MEDICAID MANAGED CARE

FOR CHILDREN WITH SPECIAL NEEDS IN NEW JERSEY



Medicaid Managed Care? What is

Medicaid program, New Jersey Care 2000+, also known as Medicaid Managed Care," requires most Medicaid-eligible Medicaid is a government program that provides free medcal assistance for outlified beneficiaries. New lersey's new children with special needs to receive their health care from narraged care organizations.

Managed care is a comprehensive approach to providing and paying for high-quality health care services - from routine to emergency - within a coordinated system in a cost-effective manner. The health plans that provide the Benefits Padage for the Medicaid managed care system in New Jersey are called Health Maintenance Organizations (HIMOs)

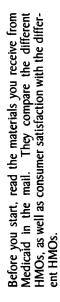
Terms' brochure that comes with your fact sheets to unfamiliar words may come up. Use the "Important When we talk about Medicald managed care, some look up highlighted words. This will help you learn how to 'speak the language" of managed care.

Before Choosing an HMO You May Want to Ask

- Ask your doctors I want for my child in the HMO? Ask your doctor, the HMO's member services, or the HRC
- Is the hospital I use in the HMO provider network?
- Does the HMO provide services in convenient locations for me -- not just the PCP, but also pharmacy, laboratory, medical equipment, and specialists?
- If my child needs a specialty clinic for a particular disability (like spinal cord injury or cerebral palsy), is the specialty clinic in the HMO network?
- Or will the HMO be willing to refer my child outside the network to this clinic?
- Is a network pharmacy accessible to me? Is my current pharmacy in the HMO's network?
- What dental services are provided, and are they convenient/accessible to my child?
- ◆ Are my current durable medical equipment suppliers in the HMO's network? If not, how will we get DME we already own maintained through the HMO? (Ask to talk to a care manager.)
- ↑ Do 24-hour hotlines and member services haveO TDD or phone relay services?
- Are there providers who speak my language?
 What are the provisions for interpreters?
- What are the provisions for sign-language interprefere?
- Does the HMO have additional benefits that are particularly attractive for my child?

You may change HMOs if you have major problems.
Call the HBC to process changes. It can take 45 days or more to make the switch.

// How to Ask Questions



Include your child - to the best of his or her ability - in the selection process. This can be a great opportunity to help your child learn some basic self-advocacy skills.

Get member handbooks from each HMO so that you can compare the HMOs in detail. The numbers to call are listed on the Family Voices Resource List. It can take many weeks and some follow-up calls to receive these handbooks, so start as soon as possible.

You can call member services at the different HMOs to ask questions. An HMO care manager or your county case manager may also be able to answer some of your questions.

Always keep a record of all phone calls and correspondence. Make copies of letters you send and keep them on file. Keep a "logbook" next to your telephone, and record the date, the name of the person you talked to, their responses to your questions.

Be persistent in seeking answers, and try to remain polite as you seek information. These tactics will serve you and your child well.



The HBC can also make()
home visits. Home visits
are especially useful if your
child has complex needs!

Before Choosing an PCP, You May Want to Ask:

- Does the provider have experience working with families of children with special health care
- Has he/she worked with children with my child's disability or special needs before?
 - Who will see my child when the PCP is not available?
- Is the provider's office located close to my home?
- The incines
 Are the office and exam rooms easily accessible or are there barriers for my child and me?
 - Does this provider speak my language or sign?

Once You've Chosen a Plan and a PCP

- Read your member handbook carefully. It will answer many of your questions.
- Identify important people and phone numbers to call, and keep these posted next to your phone.
- member services
- 24-hour hotline for questions
- your PCP
- your care manager
- ♥ Be sure you learn how to reach help after hours!
 - Continue to keep records of all contacts with your PCP, care manager, and others so you can follow up effectively, or so you know the people you rely on are following up on your issues. If any problems come up, you can use these records as documentation of what you've done to try to resolve them.

You may change PCPs if you are not satisfied with your flist selection. Talk to your HMO's member services, or call your care manager for information.



Helpful Approaches

- child. Consult with your current providers or the HBC to determine which HMO(s) Provider Networks they are in. Choose the HMO with the largest number of your current providers, or with List all the people who provide services to your the current provider(s) who are most important to you and your child.
- choose the plan that meets most of your require-Ask questions about the different plans, and
- similar health care needs, about their experiences Talk to family and friends, especially ones with with making choices in managed care.
- Keep records of who you speak with and when, and answers provided.

provides helpful contacts who The Family Voices Resource List can answer your questions.



nembers. Ask member services at any HMO you are providers to join their provider network if they not HMOs are encouraged to invite your current nterested in about this possibility.

needs who has an outstanding system of providers who do not belong to any of the Medicaid HMO net-The family of a child with complex special health care works may request an exemption to Medicaid Managed Care. Ask the HBC how to do this.

at the emergency room at no cost to you vour PCP, your child can be screened If you think your child has an emergency but aren't sure and can't reach even if he isn't treated there.

Medicaid Managed Care



- Read your HMO Member Handbook
- Select and work with your PCP
 - Get referrals for other services
 - Work with your Care Manager
 - Use network providers
- Use emergency rooms only for emergencies



Provider Issues

- Distance from home
- Accessibility
- Language spoken or interpreter availability
- Sign language
 - Office hours
- Access to specialty services
- Convenience of lab, pharmacy, equipment
 - Transportation availability
- Member hospitals

FAMILY Speaking on behalf of children with special health care needs with special health care need.

Family Voices of New Jersey

Statewide Parent Advocacy Network, Inc. www.spannj.org/family_voices.htm email: family voices@spanni, arg H800-654-SPAN×ID

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Pact Sheet MEDICAID MANAGED CARE

FOR CHILDREN WITH SPECIAL NEEDS IN NEW JERSEY



Two Levels of Choice

When you enter the Medicaid Managed Care system in New Jersey, you will need to make two important decisions:

- Which of the 5 Health Maintenance Organization (HMO) plans offered under Medicaid Managed Care is the best one for your child?
- In the HMO you choose, who is the best Primary Care Provider (PCP) for your child?

HMO to help you choose among them or you can request this information. Read these booklets carefully. New Jersey Care 2000+, the state Medicaid Managed Care Program, will mail you information about each

Health Benefits Coordinator (HBC). The HBC also A good resource for questions about enrollment is the processes HMO enrollment and transfers, and can help you request an exemption to Medicaid managed care.





appeals or preparing for Medicaid Fair Hearings when your HIMO Work with your PCP to meet your child's basic health needs. Your PCP coordinates all medical care, including routine physicals, preventive health services, referrals and standing referrals to speization for some services with the HIMO, and can help you with denies or limits services. Be sure to keep your PCP informed of contacts you have with other health care providers, and always contact your PCP within 24 hours when your child has had an cialists, and hospital visits. He or she takes care of prior author emergency room visit.

Your Care Manager

other services. Although your care manager should call you shortly after you sign up with your HMO, you don't need to your child establish goals, develop a comprehensive and personalized Individual Health Care Plan (IHCP) to meet your child's needs, help with referrals or special transportation wait for the call. Call HIMO member services and tell them you want to speak with your care manager. That way, you can get child's services and needs. The care manager will help you and needs your child may have, and coordinate medical care with Work with your childs care manager to coordinate all your a basic plan started before any needs arise.

experience with people with special health care needs increase State regulations require that care managers' education and with the complexity of dient needs, so your child's care manager will probably be one of your best resources for information and troubleshooting.

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book to understand how and Read your member hand-

where to get meds.



PY AVAILABLE

Your child is entitled to medically-necessary medications at no not in your HMO's formulary, see your care manager to resolve Fill your prescriptions only at participating provider pharmacies. cost. If you are asked to pay, or if your child's medications are the problems

see your care manager, your PCP, or the If you have a problem with a provider. Health Benefits Coordinator 1-800-701-0710 toll-free



Managed Health Care Consumer Assistance Program (MHCCAP) 1-888-838-3180 toll-free Medicaid Managed Care Hotline 1:800-356-1561 If your HMO does not neet your child's needs, call



An advocate is someone who pleads the cause of another, or champions another person's needs. Building good provider relations is an important way you advocate for your child.

than anyone, you may be the best advocate for your child. You can also encourage your child to advocate for himself. One way he can learn advocacy skills is by observing you, but also provide opportunities for him to speak for and advocate for him-Because you know your child's and your family's needs better self with providers to whatever extent he can

dren's and families special needs may end up changing a whole system to better meet other chil When you advocate effectively for your own child's needs, you

all children with special needs, you When you advocate effectively for may end up making systems work setter for your child and family.

To Be a Better Advocate

- Gather information. Ask questions.
- Know your rights.
- Keep organized records.
- Trust that you may see things professionals can't, since you're with your child most of the time.
- Be open to learning new things from providers.
- Enlist allies. One powerful way to advocate for your child is to seek support from other people:
- Other families of children with special needs can share their experiences and what they have found helpful. See the Family Voices Resource List.
- Your PCP, specialist physician, and your care manager can advocate with you or for you (on your request) with your HIMO to meet your child's needs.
- An attorney or other advocate will go with you for any kind of formal hearing. Check the Family Voices Resource List to locate support or free legal services.
- Find opportunities to help change systems:
- Volunteer to join or serve as a consultant to your HMO consumer advisory board
- ry groups working to develop and improve policies and regulations that benefit people with special needs in Medicaid managed care. Some NJ State agencies Offer to participate in State agency consumer advisoare listed on the Family Voices Resource List.
- Write or phone your local, state or national officials and ask them to support laws and regulations that safeguard Medicaid for children with special needs and their families. When the officials do, call or mail them with a "thank you."

child gets what he or she needs and that your family gets what it child means doing what is necessary to make sure your Being an advocate for your needs to care for your child.



Establishing a Relationship

You should expect high quality of care and responsibility from your providers, and they should be able to expect responsibility from you, as well,

It helps your providers when you:

- give them all the information they need in order to give your child the best care;
 - ask questions when you do not understand;
 - honestly express your concerns; and
- give them the same respect you expect from them.

manager, and specialists, you lay a foundation for negotiating with them and eventually building strong working partner-When you establish open relationships with your PCP, care ships and mutual trust.





nelp to have another adult with you during any stressful of these people, be sure to have a pencil and paper with you Some people learn better if they take notes. If you are one when you visit or talk with your child's providers. It may also meeting with a provider so that this person can later help you clarify what was said at the meeting.

with any of your providers: who you talked to, the date, the Keep a record book in which you note all phone contacts answers you received, the resolution of your problem (if any), and when you can expect a call-back or need to call back.

keep a file of all written communications with your providers or HIMO and copies of any letters you send to them. This kind of record-keeping can be helpful if misunderstandings

do; too often they only hear when you like what they Thank your providers rom dissatisfied clients.

need when you make calls. and any other information you may card, history, medications list, phone, along with her insurance Keep your child's provider phone numbers near your

When you call your provider ever, how long your child has with urgent needs, be specil ic about symptoms such as been sick, whether others in household are sick, etc.

urgent, not routine, questions. after-hours hotline only with Use resources wisely; for example, call the HMO's

FAMILY X/OICES
Speaking on behalf of children
with special behalf are needs

Family Voices of New Jersey

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MEDICAID MANAGED CARE

FOR CHILDREN WITH SPECIAL NEEDS IN NEW JERSEY

RELATIONS ADVOCACY ROVIDER

Providers

Care Managers, Primary Care Dentists, other doctors and nurses, social workers, therapists (PT, OT, speech), and other types of health workers. HiMOs, hospitals, and other care A provider is any professional your child receives medical or other services from, such as Primary Care Providers (PCPs) acilities are also service providers.

To get the best Medicaid managed care services for your child hrough your Health Maintenance Organization (HMO), it helps to establish good working relationships with your most central providers, your PCP and your Care Manager. Good provider relationships (like any good relationships) require time, effort, and patience on both sides; building these tate your way through Medicaid managed care. Medicaid relationships can pay off for you and your child as you negomanaged care providers who are committed to your child and family can relieve some of the burden of coordinating all the services your child needs.

Terms" brochure that comes with your fact sheets to unfamiliar words may come up. Use the "Important how to "speak the language" of managed care. When we talk about Medicaid managed care, some look up highlighted words. This will help you learn



Appeals

Your HMO must notify you in writing at least 10 days before it denies or limits covered services to your child. If this happers to you and you disagree with the decision, you may file an appeal of the denial with your HMO. An appeal can sometimes be resolved easily, but the process can become very complicated, so you will probably want advice. Your PCP or care manager may be able help you, or consult the Family Voices Resource List. Again, read your member handbook carefully; you may find all the answers you need right there!

At the end of each stage of the process, if your HMO continues its denial, by law it must inform you in writing of its rescors for denial, and tell you how to proceed to the next stage. Always follow the instructions provided. The HMO also must respond to you at every level within a specified time (see your member handbook or call the Medicaid hotline). The HMO must also inform you that you have the right to request a Medicaid Fair Hearing at any time during the appeals process.

Internal Appeals

You can appeal at two levels within the HMO - the first with the medical director or the physician who denied coverage; the second with physicians who were not involved in the first appeal and who might typically care for children with needs similar to your childs.

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During appeals to your HMO and the state Medicaid office, you may also request a Medicaid Fair Hearing.

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External Appeals

If the HMO's responses to your appeals are unsatisfactory to you, apply to the NJ Department of Health and Senior Services to refer your appeal to an Independent Utilization Review Organization (IURO) (cost \$2). The IURO reviews your appeal, and if it accepts your case, issues a decision to you and/or your PCP, and to your HMO. If the IURO decides in your favor, the HMO must promptly provide coverage.

Helpful Pointers

- Know the definition of medical necessity. It is commonly the basis of service denials or limitations.
- Know your responsibilities as well as your rights. You are accountable for upholding them.
- Keep a record of every personal or phone contact with dates, names, phone numbers, outcomes, when to expect a call-back, etc.
- Keep copies of all written contacts, including letters you send or receive from your HMO (your HMO will also be documenting every contact you have with it)
 - Wail all correspondence by certified mail with return receipt
 - Mail all correspondence by certilled mail with return receipt requested
- Bring legal representation to any fair hearing proceeding
- Read and understand your member handbook; ask questions if you don't understand
- Don't hesitate to ask for advice about complaint, grievance, or appeal processes. They're complicated!
- Every year your HIMO will provide you with the most up-to-date information about the grievance process be sure to stay current on the information.

Medicaid Managed Care Hotline

Managed Health Care Consumer Assistance Program 1-888-838-3180 Legal Services of
New Jersey
1-888-LSNI-LAW

Medicaid Fair Hearing

At any time in the appeals process (but within 90 days of the denial) you can file for a fair hearing with the state Department of Human Services (call the Medicaid hotline). When your HMO denies, reduces, or delays a service, it must also explain in writing your right to a fair hearing and how to obtain one.

At a fair hearing, an impartial judge listers to your position. You can also bring your own witnesses and cross-examine any witnesses the HIMO brings. It's a good idea to have legal representation at the Fair Hearing. The Family Voices Resource List identifies free resources for legal assistance.

Ask for an immediate review in flam any urgent situation. Write Temergency Decision Required on all envelopes and letters, and tell anyone you speak to that you require an emergency decision.

OF COURSE, IF YOUR
CHILD REQUIRES
EMERGENCY MEDICAL
CARE, CALL 9-1-1 OR
GO TO THE NEAREST
EMERGENCY ROOM!



phone service or member services, a disagreement with a ou may occasionally encounter problems with your HIMO cal or communication barriers, use of the HIMO's 24-hour about issues like difficulty scheduling appointments, physicare provider, or an inappropriate bill for a covered service.

Most problems can be resolved by talking directly to your PCP, care manager, or other provider about them. You might also start with your PCP or care manager if you have any concerns about other processes or people in the HMO; your concerns may be simple to address. You can also call the Medicaid hotline or the Managed Care Consumer Assistance Ity to resolve the problem where and when it originates. Program (MHCCAP) helpline for advice on how to proceed.

your grievance within 48 hours. The HMO must then resolve urgent grievance decision. PCP should request an If your complaint is about urgent care, you or your

ic about why you are dissatisfied. If the HMO can't resolve the the HIMO by phone or letter within 60 days of the incident that If this doesn't resolve the problem to your satisfaction, call problem within 24 hours, you may register a grievance with caused the problem (it's good to file it in writing because then your HIMO member services and file a complaint. Be specif the state Medicaid office automatically gets a copy) If you are not satisfied with the HIMO's solution to your complaint, you can also call the state Medicaid Hotline at 1-800-356-1561 or the MHCCAP Helpline at 1-888-838-3180.

in your primary language and have You have the right to make complaints, grievances and appeals them handled in that language.

with Dispute Resolution Where to Turn for Help

Your PCP

State Medicaid Hotline Your care manager 800-356-1561 N) Managed Health Care Consumer Assistance Program 888-838-3180

Legal Services of New Jersey I-888-LSNJ-LAW

Advocacy organizations

Family Voices Resource List Community social services

Horizon/Mercy 800-NIMERCY Your HMO Member Services Americhoice 800-941-4647 Amerigroup 800-600-4441 Health Net 800-555-2604

for multifingual or TDD numbers or check your member handbook

University HP 800-564-6847

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Speaking on behalf of children

Family Voices of New Jersey

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FOR CHILDREN WITH SPECIAL NEEDS IN NEW JERSEY Fact Sheet / MEDICAID MANAGED CARE



rights under Medicaid Managed Care, and about the processes you may follow - both inside your HIMO and outside your HIMO HMO's handbook has a section on Complaint, Grievance and book is a good resource for complete information about your Your Health Mainterance Organization's (HIMO) member handto resolve your problems or deal with denial of services. Each Appeal Procedures. This section includes steps you can take, with whom you can take them, and how you can contact appropriate resources. Be sure you read carefully and understand the ights and responsibilities section of your frandbook, tool If there is anything you do not understand, clarify it with your Primary Care Physician (PCP), your care manager, or your come session in your community is also a great opportunity HMO's member services. Your HMO's orientation or welto seek answers to your questions.

hotline for help at 1-800-356-1561. may also call the state Medicald You, your PCP, or representative ance or appeal, or your PCP or for you, with your permission. another representative can do it You can file a complaint, griev-

Terms brochure that comes with your fact sheets to look up highlighted words. This will help you learn how to speak the language, of managed care. When we talk about Medicald managed care, some unfamiliar words may come up. Use the "Importan

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Welfare

If your family income or resources change, or if you reach the 5-year time limit on your welfare benefit, your family can become ineligible for NJWF/TANF.

tion(s) that can be medically proven and which results in marked or severe functional limitations; and the A Disability Determination Services Team made up of condition(s) must have lasted or be expected to last a trained disability examiner and a physician or psychologist determines SSI eligibility. To be eligible, our child must have a physical or mental condiat least 12 months or end in death.

your baby receives SSI because of low birth weight, eligibility will be reviewed no later than her first birthday. At either of these times, it may be deter-If your child has a disability which has a chance of improvement, eligibility will be reviewed once every mined that her condition has improved enough that 3 years to see if her condition has improved; or if she no longer qualifies for SSI.

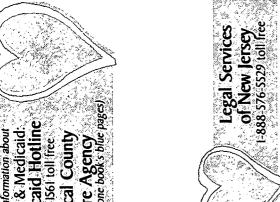
Another way SSI eligibility could be lost is through an increase in family income or resources.

gible for SSI, you will be notified of the decision in writing and have the right to appeal within 60 days of your receipt of the notice. You may request that your child's SSI payments continue during the appeal within 10 days of your receipt of the notice, but if your child is still found ineligible for SSI, the contin-Anytime your child is determined to no longer be eliued benefits will be considered an overpayment that ou will be required to pay back

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lost if your family or child is no longer eligible for SSI or welfarel Medicaid is not automatically Remember: Eligibility for

check your phone book's blue pages State Medicaid Hotline Resources for information about Welfare, SSI & Medicaid: 1-800-356-1561 toll free Your Local County Welfare Agency

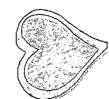




For other questions about Medicaid and children with special health care needs Family Voices Resource List amily Voices Fact Sheets on Medicaid Managed Care in New Jersey, see the

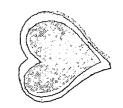


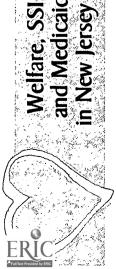
First contact your county welfare agency to ask what you can do. If county welfare cannot help you, you can contact either of the following resources:



If you are hearing impaired or unable to contact them during business hours, you may e-mail their statewide Legal Hotline, 1-888-LSNJ-LAW (1-888-576-5529) ed at no charge, but you must be or the local Legal Services program inancially eligible to qualify and in your county. Services are providrepresentation is not guaranteed our inquiry to legalhelp@lsnj.org egal Services of New Jersey Website: www.lsnj.org

J. Social Security Disability of the Welfare. Emergency cated to serving the legal needs of persons with disabilities and the Through negotiation, litigation and advocacy, the CHLP removes discrimination, protects rights, and preserves independence and quality of life. Staff members are based in istrative unit, and include attorneys experts in public entitlements like Assistance, Medicaid, Medicare, 973) 275-1175, Fax: (973) 275-5210 a non-profit legal aid society dediour regional offices and an adminand social service advocates who are The Community Health Law Project. and other Health Insurance. Phone elderly throughout New Jersey Security Supplemental Benefits,





and Medicaid in New Jersey

welfare agency in each county administers the New Jersey's welfare program for families is known as Work First New Jersey / Temporary Assistance to Needy Families (WFNJ/TANF). The county WFNJ/TANF program.

imited income and resources who are blind or Supplemental Security Income (SSI) is a program administered by the federal Social Security disabled (and persons 65 or older) receive mainices through the Board of Social Services in each Administration (SSA), under which people with tenance payments from SSA and supportive servcounty. In New Jersey, a state supplement provides additional funds to persons eligible for SSI. Medicaid is a government program that provides ree medical assistance for qualified beneficiaries. New Jersey's Medicaid program is called New ersey Care 2000+, or Medicaid Managed Care. n New Jersey, most children eligible for SSI are automatically eligible for and will be enrolled in Medicaid

35

dependent children are also automatically eligible for Medicaid, even though TANF and Medicaid Most families enrolled in WFNJ/TANF who have are different programs. When you apply for WFNJ/TANF, your caseworker will also determine your family's Medicaid eligibility. As your income or resources change, your Medicaid eligibility may too.

be eligible for Médicaid. child with special needs may still (WFN)/TANF), you or your Needy Families Temporary Assistance for Fyour family loses eligibility for welfare, also known as Work First New Jersey /

needs loses eligibility for If your child with special ncome (SSI), he may still Supplemental Security be eligible for Medicaid.

Family Voices of New Jersey

Statewide Parent Advocacy Network, Inc. www.spannj.org/family_voices.htm email: familyvoices@spannj.org 1-800-654-SPAN x 110

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Pad Sheet / MEDICAID MANAGED CARE FOR CHILDREN WITH SPECIAL NEEDS IN NEW JERSEY

PPEMEN **WEIFARI**

Supplemental Security Income (SSI) often are concerned about what will happen to their Medicaid Parents of children with special needs who receive welfare support or whose children receive nealth insurance if their children become ineligible or SSI or welfare. In 1997, federal welfare and SSI regulations changed due to passage of the Personal Responsibility and Work Opportunities Reconciliation Act (PRWÓRA)

This meant that standards for eligibility for these programs became stricter, and some people who had ormerly qualified for them no longer were eligible. If your family has lost eligibility for welfare or your child has lost eligibility for SSI, this does not necessarily mean that your child has lost eligibility for **Medicaid**.





norions padage (= 'covarad services'): Medicald services which state-contracted HMOs are responsible to provide. Include:

- Prosthetics & Orthotics Medical Supplies (including shoe) Preventive Health Care & Primary & Specialry Care
 - Counseling, Health Promotion

Dortal Organ Transplarts

• Transportation (some) • Post-acute Care

- Early & Pertodic Screening. Diagnosis, & Ticatmort
- Emergency Medical Care.. Impatient Hospital (acute, '

Abuse (generally, Division of

Mortal Health Substance

Developmental Disabilities -

- Outpatient Hospital retab. & specially)
 - Radiology

mental health and substance

Other services, such as

DDD - dlerts only)

abuse for non-DDD clients,

physical, occupational, and

transportation, intermediate with developmental disabilinuising home care continue

speech therapies, some

care facilities for children

- Family Planning Services & Presortation Drugs
- Supplies (in or out of HMO
 - Audiology
- Inpatient Rehabilitation Podiarrist
 - Ortropractor Optometrist

but under the fee for service

to be covered by Medicald payment system, not under

ties, medical day care, and

- Optical Appliances Hearing 'Aid Services 36
- Home Health (limited) Durable Medical HOSOIC .

under Payment' section, and

cave-out services under

the managed care program.

(See also liter-for-service)

Egypment

es in a timely menner. Emphasizes prevention, continuity of care, and coor-Care Management: steps to assure that an enrollee receives needed servic-Services section.)

direction of care. Advocates for and links enrollees to services across

providers and settings.

tion that provides coverage of services for empliees from a specific network Health Martenance Organization: type of managed health care organizaof providers in a geographical area for a prepaid, fixed premium.

appropriate outcomes, barriers to effective outcomes, and timelines. IHO is Complex Needs Assessment. IHOPs specify goals, needed medical services special needs who qualify for a higher level of care, management based on a identification card: a card issued by the HMO to identify enrollees, differand relevant support services, specialized transportation & communication, ont from the Medicaid card. Both should be presented at time of service. individual Health Care Plan (BHCP); plan of care for HMO errollees with developed by the Care Manager with emolitee and Primary Care Physician (PCP) input: Is updated as needs arise or change. Managed Care: a comprehensive system of health care delivery and financng which coordinates and provides timely access to high-quality, medically ecessary health care services for its members in a cost-effective manner.

some people who are medically meets because their health exposes are high. The Federal government regulates and overses Medicaid, and the New Jorsey Department of Human Services. Division of Medicaid Assistance. Ad) which pays for health care services for low income families with dependent drilldren, senior cabons, and people with disabilities, as well as Medicaid: a joint Federal-State program (Title XIX of the Social Security and Health Services administers Medicaid in the state

Medicaid Managed Care: the delivery of services to Medicaid-eligible indiviolates by means of a managed care system.

tens, and/or complaints. Toll-free, open Monday to Friday during working, hours. HMOs also have toll-free 24-hour hottime numbers to handle urgent Member services. HIMO department you can contact with questions, prob-

and Health Services of the Department of Human Services.

Provider Network: all the doctors, hospitals and other providers an HMO nov anales

Sowice area geographic region an HIMO serves.



Benefits Limits

Excluded services (also called "cone-out" services): see under "Services"

methadone. The HMO review procedure is not necessary for these medica-Only drugs appearing in the individual HMO's formulary will be paid for by the HMO. If an enrollee's medication is not in the formulary, the POP may in order for the HIMO to pay for a non-formulary medication, the PCP must and their uses that each HIVIO develops. Each HIVIO has its own formulary Including, dozapine, respiridone, olarzapine, ziprasidone, quetiapine, and certify the medical necessity of the medication and the HMO must approve the PCP's request to go cutside the formulary. (Some prescription medicabe able to prescribe an equally effective medication that is in the formulary tions are paid for by Medicaid on fee-for-service basis outside the HMO.

Prior Autorization («"presufroduzion" or "presprova"): HMO medical or dental review process that gives a provider permission to proceed with a course of treatment. Some services will be paid for only with prior author-

other health care services. The POP commonly provides the referral. Without a referral, the HMO may refuse to pay for the services.

Diagnostic Sewices medical procedures to identify illness, injury, or other

Member handbook: the HMO boolds each new arrollee receives, with facts about how the HMO works, how to solve problems, and what the member's rights and responsibilities are regarding the HMO. calls or emergendes.

effects of conditions found. (Under federally-mandated regulations found in

Title XIX of the Social Security Act)

Excluded services services not provided by the HIMO but covered under

Medicaid fee-for-service program. Also called "Carve-Out services," or

cave outs, they include:

mortal health services, unless beneficiary is a non-tristitutionalized

dient of NJ Division of Developmental Disabilities (DDD):

certain presorption medications personal care assistant services;

ENDI (Early and Periodic Screening, Diagnosis and Incament): program

school, or community use

which can be used repeatedly, is used to service a health or functional pur

Durable irredical equipment equipment, including assistive technology. pose, is ordered by a qualified practitioner, and is appropriate for home.

health condition(s) of an enrollee.

that covers screening & diagnostic services to determine physical and mon

tal conditions in children under 21; and treatment to correct or reduce the

New Jassy Care 2000+: the name of the Medicaid managed care program in New Jassy, which is administered by the Division of Medical Assistance

contracts with to provide services to its enrollees. In order for services to be fully covered by the HMO, enrollers are usually limited to receiving Services from its provider network. The HMO gives a Provider Directory to each



Formulary List (or Formulary): an approved list of prescription medications Elons.

zation from the HMO

increased itsk for dronk physical, developmental, behavioral, or emotional conditions and who also regate health and related services of a type and

Olithon with special health care monts: drilldren who have or are at

Children with Special

Health Care Needs

dilids ability to function independently, appropriately and effectively in an

can be expected to last 12 months or longer.

Deshiby in diluter physical or mental impairment(s) in persons under

anount beyond that required for children generally

age 18 resulting in marked and severe functional limitations that limit the age-appropriate manner, and which can be expected to result in death or

Address: approval for an enrollee to receive services from a specialist or

Standing Referrat your PCP can issue a referral for a number of visits to frequently-seen specialists or other providers.

Services



guardian, or someone with prover of attorney to make those decisions for Authorized poson: the poson who makes enrollment and other healthcare decisions for the beneficiary. May be the beneficiary, parent or he beneficiary Beneficiary, person eligible to receive services in the NI Medicald program. Eligibility for Medicald determined by County Welfare Agency (OWA) or Supplemental Security Income (SSI)

Care Managers help coordinate all needed services, including those received with complex needs to develop and monitor individual Health Care Plan. outside the HMO, such as PT, OT, Speech Therapy, and transportation. contract to the HIVO who is responsible for collaborating with enrollers Care Mariagos, registered nurse or social worker employed by or under

Grounder (or member): person creotled in any of the NI Medicald managed Care HIMOs

Enrollment in the Medicald managed care HMO is through the HBC. The HBC can make home visits. Employed by the organization under contract tion and assistance to person's eligible for Medicaid managed care on how Health Borrelles Coordinator (FBC): Inchildusi who can provide informato the State to provide these services (called Maximus); not employed by to droose, emoil in, transfer from, or problem-solve an HIMO plan.

HAVO must be obtained in order for the HAVO to pay for services of a non-Non-participating provider for non-network provided: a service provider that does not have a contract with the HMO. Prior authorization from the participating provider.

SE TA

Pasiquating provider: provider that has a contract with the HMO to prowide services.

physical and mental growth and development antifor the service will assist in

achieving or maintaining functional capacity.

Out-of-arts services covered under the benefits package included

in the Medicald contract which are provided to enrollees outside of the

defined service area

provided. HMO dinidars may review a provider's proposed course of treatment to determine medical recessity. In addition for children, medically-

recessary includes an additional requirement that the services are appropri-

ate for the age & health status of the child, that the service will aid chorall

Medically-necessary services consistent with the enrollees diagno

therapies, including physical, occupational, and speedt and

some blood factors.

sis, meet accepted standards of good medical praddice, and can be safely

Physicians Assistants (PA). A specialist may some as a POP. The practition managed care for providing basic modical care, reforals to specially provides, and continuity of patient care. Sometimes reformed to as a gateiesper. PCPs may be MDs in family practice or podelaries, or doctors of osteopeatry (DO), or certain other literased medical practitioners such as Phinary Care Provider (PCP): health care professional responsible under Certified Nurse Praditioners (OVP). Clinical Nuise Specialists (CNS), or or must be able and willing to carry out all PCP responsibilities in accortance with the contract.

Provider. any physician, hospital, facility, or other health care professional age group. Under managed care, specialist care requires referral from the PCP. Specialist provider who concentrates on a particular health condition or who is licensed or authorized to provide health care services in the state.





Routine Care. treatment of a condition that would not worsen if not treated within 24 hours or could be treated in a less urgent setting such as a doctor's office or by the patient.

Ligat Cac instinct of a condition that is not life-threatening, but which the PCP decides requires treatment within 24 hours to prevent detectiontion. Call the PCP or the HMO's 24-hour phone line to arrange for ungent

Do not use the emergany roam for routine or even urgent care, it will not be paid for. Emergency Care, covered impatient and outpatient services furnished by any qualified provider that are necessary to evaluate or stabilize an emergency medical condition

Emergency Medical Condition: a medical condition with symptoms of such severity (including pain) that a prudent lapperson could reasonably expect it

Prodest Lappesser any person without medical training who possesses an to threaten life or to significantly impair health

average knowledge of moditione and health

• Call 911 or go to the nearest emergency modition

Problem Resolution



Appeal: a formal talephone or written request to a health plan to change a decision based on medical necessity

Complaint: protest by an enrollee about the conduct of the HMO, or an act or failure to act by the FBMO, or any other matter in which an enrollee feets aggreed by the HMO, that is communicated to the HMO and could be esolved by the FEMO within the day (24 hours) of receipt

sumers or providers to use to deal with disagreements about services, pro-Complete or Catacance Procedure: process within the HIMO for concoclures, or billing,

Explanation: medical reason for a negative decision (and the HIVIO policy nonmotes or incomed, the amount chained is in dispute, or the chaim roquires special treatment

Contested China: dain that is denied because it is incligible, information is

Fair Hearing, the process by which Medicald beneficiaries use their legal right to appeal negative decisions from their HAVO in front of an administrative law judge. language that allows the decision)

Generace: any complaint submitted in writing or orally which could not be resolved within the same day (24 hours) of receipt

body to whom the New Jarsey Department of Health and Senior Services. Office of Managed Care, refers appeals that could not be resolved within the independent Utilization Review Organization (U.PO): the independent HMO process. The LLRO has no ties to the HMO.

Enrollment & Assignment

Emoliment process by which a Medicald-eligible individual applies to use an HMO instead of standard Medicaid benefits, and their application is

Mandatory orrollment: a Medicald-eligible person is required to enroll in an HIMO, unless officawise exempted, to receive services in the benefits coluntary concliment: process by which a Medicaid-eligible person volum arily carolls in an HMO

ledicaid managed care, but for the time being are not required to do so. occutions. Medicald/Medicare dually digible individuals may enroll in

ork may be allowed to continue to receive services from them (i.e., will not ave to entoil in Medicaid managed care). Exemptions must be applied for emption: some Medicald beneficiaries with complex medical or mental arough the HBC. Each request for exemption is reviewed, and if denied cath needs who have providers who are not in any Medicaid HMO net nay be appealed through Medicaid Fair Hearing Process.

Empliment Period: time when you decide which HIMO you will choose Discriptant removal of an emollee from participation in a particular HEMO, but not from Medicaid Automatic Assignment or "Auto-Assignment": process whereby the State assigns Medicald beneficiaries to an HMO when the beneficiaries fail to choose their own

Medicaid FIVIO receive a Primary Care Provider (PCP) when they do not PCP Assignment: process whereby Medicaid beneficiaries enrolled in a choose their own

ransfer. an enrollers change from enrollment in one HIMO to a different



TAVIO emolitees still obtain some services outside the HAVO billed on a feeproviders bill Medicaid directly for services. Most Medicaid managed care home health care, mental health/substance abuse services for people who for-service basis (physical, occupational, and speech therapies, and some te-For-Sovice (FFS): the traditional method of payment under which re not clients of the New Jersey Department of Developmental Schillies) Medicaid recipients who follow the correct procedures for their HMOs troud never receive a bill. If they do, they should immediately take it to heir care manager for resolution.

state Medicaid managed care program. introduce families of children with These materials were designed to New Jersey Care 2000+. the special health care needs and/or disabilities to



to Family Voices of New Jersey at the Statewide Parent Advocacy Network under a grant from the Center for Health Care Strategies Production was funded of New Jersey, Inc.



Family Voices of New Jersey

Statewide Parent Advocacy Network, Inc. www.sparanj.org/formly_voices.htm emat formyvoices@sparmj.prgi HSDD 654 SPANXID

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Find your term alphabetically in the area most applicable: Topic Areas

General

Benefits Limits/Restrictions

Services

Health Care Needs or Disability Children with Special

People

Levels of Care

Problem Resolution

Enrollment/Assignment

- Payment

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Your HMO Care Manager

Get phone number from your HMO member services Your first-line troubleshooting resource; start here. Then if you need more help with your questions or problems, try the next three resources.

Division of Medical Assistance & Health Services, New Jersey Department of Human Services (Medicaid)

Medicaid managed care telephone hotline: Medicaid Managed Care Work for You' www.state.nj.us/humanservices/dmahs Booklet: "Your Guide for Making 1-800-356-1561 toll free

Managed Health Care Consumer Assistance Program (MHCCAP)

A joint program of New Jersey Protection & Advocacy, Inc., and the Community Health Law Project, sponsored by the any aspect of the managed care organization's health care benefit or service has been denied, limited, or terminated provides information/education about consumer rights services; helps consumers file appeals when a covered under managed care; helps file complaints regarding Helps consumers navigate managed care system; Department of Health and Senior Services www.managedcarehelpline.org I-888-838-3180 toll free

The Health Benefits Coordinator

New Jersey Care 2000+ (Medicaid)

enrolls Medicaid beneficiaries in a managed care plan 1-800-701-0710 toll free (translation services available) Service provided under a state contract with Maximus; (HMO); brochures "How to Join an HMO" and others; answers questions about Medicaid managed care and HMO choice, enrollment, and transfers TTY: 800-701-0720

Medicaid Managed (**Resources**

The Arc of New Jersey

A statewide parent and consumer advocacy organization for Developmental Disabilities and the Medicaid Managed Care Booklet: "How to Select an HMO: Individuals with persons with developmental disabilities

Website: periodic Medicaid Update Newsletter: "Healthy Times" Program in New Jersey"; 1-732-246-2525 x28

ax: 1-732-214-1834 www.arcnj.org

find your local chapter in phone book

The Boggs Center on Developmental Disabilities Part of a federally-sponsored national network of university at University of Medicine and Dentistry of New Jersey

"The Managed Health Care Curriculum: Supporting People centers of excellence in Developmental Disabilities Education, Research, and Service.

with Disabilities to Utilize Managed Health Care" (\$85 list price)

program development and research in a variety of areas relevant to persons with developmental disabilities. Training, technical assistance, consultation Comprehensive on-line resource links page

TDD: 1-732-235-9328

1-732-235-9300

http://rwjms.umdnj.edu/boggscenter/products/booklets.htm http://wjms.umdnj.edu/boggscenter or for booklets and products:

A statewide non-profit legal aid society dedicated to Publication: "To Your Health: Your Consumer Rights sersons with disabilities and senior citizens providing legal and advocacy services to Community Health Law Proiect Access to general information in Managed Health Care" Access to legal counsel 1-973-275-1175

www.state.nj.us/humanservices/dds/resources/RDcontents.htm "New Jersey Resources 2001," guide to statewide services and disability advocacy; more updated info by phone 1-888-285-3036 (toll free) Division of Disability Services NJ Department of Human Services

www.chlp.org

Fact sheets about Medicaid Managed Care www.spannj.org/family_voices.htm see Family Voices National below) email: familyvoices@spannj.org Family Voices of New Jersey I-800-654-7726 xII0 (NJ Care 2000+)

Family Voices National

A grassroots organization of families, caregivers, professionals and friends of children with special health needs Pamphlet "Introduction to Managed Care for On-line Fact Sheets for families of children Children with Special Health Care Needs: e-mail: kidshealth@familyvoices.org with special health care needs I-888-835-5669 (toll-free) www.familyvoices.org

to all people of New Jersey, providing free legal assistance LSNJ strives to ensure equal access to justice under law coordinates the statewide Legal Services system an independent, non-profit organization that Legal Services of New Jersey

to qualifying low-income people in civil matters. 1-888-LSNJ-LAW (1-888-576-5529) e-mail: legalhelp@lsnj.org www.lsnj.org

New Jersey's federally-funded designated protection New Jersey Protection and Advocacy, Inc.

and advocacy system for state residents with disabilities technical assistance and training; legal and non-legal advocacy; outreach and education I-800-922-7233 (toll-free); I-609-292-9742 TDD: 609-633-7106 Fax: 609-777-0187 www.njpanda.org Special Child, Adult & Early Intervention Services family-centered, community-based care and coordinate With individual county boards, funds case management Managed Care for New Jersey Families of Children Publication "Finding Your Way Through Medicaid service delivery for children with special needs. www.state.nj.us/health/fhs/finding/Index.html units in each of NJ's 21 counties to promote County-based case managers can help with Department of Health and Senior Services managed health care issues and problems. 1-888-393-1062 toll free; 609-777-7778 with Special Health Care Needs" at www.state.nj.us/health

Find your county office phone number in the blue pages of your phone book, listed in the County section under Social Services.



New Jersey's Medicaid HMOs

Americhoice member services I-800-94I-4647; TDD I-800-852-7897 I-800-943-4647 (Spanish) Amerigroup New Jersey, Inc. member services I-800-600-4441; TDD 1-877-566-CARE

Horizon/Mercy member services I-800-NJ-MERCY; TDD I-800-684-5505

Health Net member services 1-800-555-2604; TDD 1-888-747-2424

University Health Plans, Inc. member services 1-800-564-6847; TDD 1-800-414-7592



Exceptional Parent
Resource guide for information on specific disabilities
1-800-eparent

www.eparent.com

Family Support Center Information clearinghouse for national, state, and local family support programs, services & disabilities I-800-FSC-NJI0; 732-262-8020

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www.efnj.com/programs/familysupportcenter.shtml Parent-to-Parent wide network that coordinates opportunities for m

Statewide network that coordinates opportunities for mutual support among parents of children with special needs 1-800-FSC-NJ10 parent2parent@spannj.org

Statewide Parent Advocacy Network, Inc. (SPAN)
Statewide center that informs and empowers families, professionals, & others interested in promoting the healthy development and education of all children 1-800-654-SPAN www.spannj.org

These materials were designed to introduce families of children with special health care needs and/or disabilities to New Jersey Care 2000+, the state Medicaid managed care program.



Production was funded under a grant from the Center for Health Care Strategies to Family Voices of New Jersey at the Statewide Parent Advocacy Network of New Jersey, Inc.

FAMILY NOICES
Speaking on behalf of childre
with special health care nee

Family Voices of New Jersey

Statewide Parent Advocacy Network,Inc. 1-800-654-SPAN x110 www.spannj.org/family_voices.htm email: familyvoices@spannj.org

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Answering Your Questions about Medicaid Managed Care

SPAN Information Specialists assist parents, educators, service providers in attaining appropriate education and health care services for children. services for children

ow and advocacy, school reform, Extensive publications related to education

Annual conference for carents and educators ps, networking, exchange ideas and information Silingual (Spanish) information, training and technical assistance Website: program updates, education news, oction alerts, and links to local, statewide and national Internet resources (www.spannj.org

 $4\overline{0}$

Offering emotional support and information to parents / itrough a bilingual. mulitracial staff of parents of children with and without disabilities Acting as a valuable resource to families, with targeted support to underserved families in Abbott districts and rural communities

Offering assistance in learning the necessary skills to help parents face the ges of raising their child Building a statewide network of parents supporting families of children with developmen delays, dischilities, and special health needs

fraining parents of children with disabilities to help other parents

Statewide Parent Advocacy Network The Mission of the

healthy development and educational rights of children. professionals and other individuals interested in the Through this callaboration, all children will become fully participating and contributing members of our is to empower families and inform and involve communities and society.

geographic location; or other special circumstances. with the greatest need due to disability, poverty, discrimination based on race, sex, or language: SPAN's foremost commitment is to children

bestowing power on formities the power is there by right. does not mean giving or Empowering families

It is through our advocacy that we become effective partners As families, we recognize our and agents for change. strengths and abitties.

SPAN's work is supported by:

Bright Futures / Maternal and Child Health Bureau of U.S. Department of Health and Human Services Developmental Disabilities Council of NJ IOLTA Fund of the NJ Bar Association Mercer County Division for Youth NJ Department of Education Healthcare Foundation

NJ Department of Health and Senior Services.

Special Child and Adult Health Services

NJ Department of Human Services

Schumann Fund of NJ

U.S. Department of Education

SPANIS a member of:

National Coafition of Advocates for Students National Parent Network on Disabilities The Alfance for Parent Centers





Engaging parents and professionals in a movement for competensive, coordinated, culturally competent services for children and families across agencies

'Mobilizing religious and community leaders iate classes in high schoo

revisions to "welfare reform" in New Jersey and the broader community to advocate for participants in public policy advocacy Training parents to be effective

on issues affecting their children



Statewide Parent Advocacy Network

However, we need your support to continue our services serves the communities of New Jersey free of charge. to families and professionals throughout the State.

By becoming a member of SPAN you will receive the following:

Three issues of SPAN's newsletter The Bridge. PLUS an additional "Back to School" issue

Reserved seating at our annual conference at a reduced rate

Training materials at a 20% discount

Yes! I would like to become a member of SPAN.

Please enroll me as a member in the following category:

Individual Membership \$38

Family Membership 550

Friend of SPAN \$100 Professional / Organization \$150

Executive Benefactor Corporate Member \$250 \$500

Other (please fill in amount)

Subscription to The Bridge ONLY

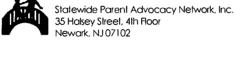
Four (4) issues of The Bridge \$25

would like to subscribe to The Bridge but I am financially unable to afford the subscription fee. Please consider me for a Sponsored Subscription.

I would like to sponsor a subscription to The Bridge for a family unable to afford it. \$25

Total Amount Enclosed

Please make checks payable to SPAN, Inc. Do nof send cash.





Please return this Membership Application and payment to:

35 Habey Street, uth Floor
Newark, NJ 07102

Attn: Maria Rodriguez



lipm-3

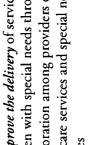
County



The New Jersey Inclusive Child Care Project is a project spearheaded by SPAN (Statewide Parent Advocacy Network) and funded by the New Jersey Department of Human Services.

The goals of this project are:

- To increase the quality of early care and education for children with special needs
- To increase the number of child care providers that offer inclusive child care
- parents, child care providers, and the services available for children resource and referral agencies of To increase awareness among with special needs
- To improve the delivery of services for collaboration among providers of



child care services and special needs children with special needs through

acceptance of difference, not a classroom placement Inclusivé education is an attitude of

that extends to all children. It/is a value of diversity

NJ INCLUSIVE CHIUD CARE, PROJECT PROGRAMS

The New Jersey Inclusive Child Care Project provides:

- about laws affecting inclusion and child • Free information (English & Spanish) care (early childhood and school-age child care programs)
- Free information about available services and resources in New Jersey for children with special needs
- Free workshops (English & Spanish) on inclusion awareness as well as "how to" providers conducted by nationally workshops for parents and service acclaimed early childhood experts
- childhood and school-age inclusion using our toll free county-based Unified Child Care Agencies (see insert) hotline and/or the Resource and Referral staff of the Free telephone technical assistance regarding early
- Free on-site consultation and support to licensed child care providers and school-age programs on including children with special needs. We can also help you effectively serve children (or a specific child) with

TECHNICAL ASSISTANCE RESOURCES AND MORE AVAILABLE

In addition to the training and technical assistance available through SPAN's New Jersey Inclusive Child Care Project, there are other resources to support the inclusion of children in special needs child care.

for information about child care programs and services Every county in New Jersey has a Unified Child Care Agency (UCCA) which functions as a central clearinghouse available at a local level. For your local UCCA, call 1-800-

NJ INCLUSIVE CHILD CARE PROJECT **WORKSHOPS***

What to Do When You Bon't Know What to Bo

The New Jersey Inclusive Child Care Project offers a rariety of workshops for parents and professionals (in English and Spanish) through your local UCCA:

Inclusion: It's the Law and It's Doable

This workshop provides the guiding principles of inclusion, more alike than different and where to turn for assistance information about the laws affecting it, how children are when necessary.

Challenging Behaviors

behaviors and establishing an environment that This workshop concentrates on how to use posiencourages desirable behavior in children. tive techniques to understand challenging

Observing & Recording Behavior

ment milestones, observation strategies and how This workshop reviews typical child developto share this information with parents.

Making Inclusion Happen

This workshop helps you understand how to teach to individual abilities and adapt activities to meet the needs of all children. Registered provider of professional development through the New Jersey Department of Education "This workshop gave me more self-confidence. I can make a difference, I will." I learned that if I believe

that I learned in the workshop "I will use the information not only in the classroom but also in my daily life.

inclusion can be, and is, a very good thing." "This workshop has shown me that

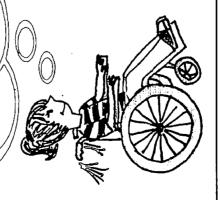


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ZOCIUSIVE CHILD CARE

The Americans with Disabilities Act (ADA) and Section 504 of the Vocational Rehabilitation Act prohibit discrimination by child care and school-age child care providers against children with special needs. Many child care providers, school-age child care providers, and families are unaware of the provisions of these laws or how to effectively include children with special needs.

"If every child care provider in New Jersey served 1 to 2 children with with disabilities in New Jersey could infants, toddlers, and preschoolers disabilities, ALL of the classified participate in settings with their typical peers. Just think



BEST COPY AVAILABLE

Do you include children with disabilities If so, you may qualify for the Educator of the Month in your child care setting? award and honorarium.

www.truecoaching.com/pic For more information, go to

Inclusion is a process, not an event.

MISSION STATEMENT

the healthy development and educational rights of children. Through this collaboration, all children will become fully participating and contributing professionals and other individuals interested in is to empower families and inform and involve members of our communities and society. Statewide Parent Advocacy Network The mission of the

geographic location; or other special circumstances. with the greatest need due to disability; poverty; discrimination based on race, sex, or language; SPAN's foremost commitment is to children



ADVOCACY NETWORK, Inc. STATEWIDE PARENT

35 Halsey Street, 4th Floor Newark, NJ 07102 Phone: 973-642-8100 Fax: 973-642-8080

1-800-654-7726 www.spannj.org NJ Resource & Referral Agencies -800-332-9CARE

Susan Merrill Guider

Project Director

(800),654-7726,×108 (973) 642-8100 ×108 childcare@spannj.org

SPAN 35 Halsey Street, 4th Floor Newark, NJ 07102 www.spannj.org

Original Artwork by Jaclyn Raia





Resource Centers Project Educant Information

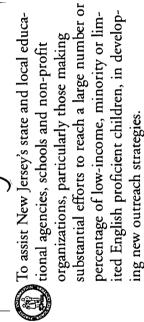
nas been awarded a grant from the United States SPAN, the Statewide Parent Advocacy Network, Information Resource Centers (PIRC) Project Department of Education for the Parent or the State of New Jersey.

parents, community partners and staff in schools The goal of the PIRC Project is to increase and across the State of New Jersey, and especially in focus of the PIRC Project will be to work with enhance parental involvement and professional thus outcomes for children, especially children at greatest risk of school failure. The primary capacity to improve educational services and the Abbott Districts and rural communities.

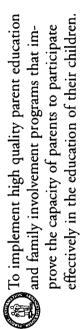
opportunities for parents to be involved in their strategies and services to facilitate local educa-The PIRC Project will initiate and expand children's education, and design outreach

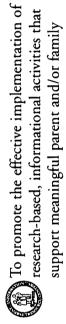
emotional and academic parental involvement promote partnerships and participation in promoting the social, growth of children. that will increase Every school will

Objectives









involvement

To disseminate information on high quality schools, and non-profit organizations that parent education and family involvement programs to local educational agencies, serve parents across the state.

ents and families with training, information and support about helping children prepare for success in schools and achieve high acainvolvement programs which provide par-To coordinate activities with federal, state and local parent education and family demic standards.





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Morkshops

- ★ Parent Leadership Development Institute (PLDI)
- ★ Strengthening Multi-Ethnic Families & Communities: A Violence Prevention Parent Training Program
 - ASPIRA's APEX Training
- The Compact For Reading: Partnering with Parents for Reading Success
- Solution Circles
- The Right Question Project (RQP)
 - Parent/Professional Collaboration
- Positive Behavioral Supports for Children with Challenging Behaviors
 - Conflict Resolution
- Section 504 of the Rehabilitation Act
- ★ Accessing Your Child's Records
- Supporting Academic Success
- Title I Services for At-Risk Students
- Bilingual and Immigrant Student and Family Rights
- Using Multiple Intelligences to Help Children Learn
 - - Discipline: Process and Substance
- Parents Engaged in Public Policy Advocacy There Ought To Be A Law!
 - Students in Foster Care
- ★ Making Healthy Health Decisions
- 女 Creating Positive School Environments
 - School-To-Work
- The Rights of Homeless Students

Special Education

- ★ Basic Rights
- A Developing an Individualized Education Program (IEP) for Achievement
- Early Intervention
- Families in Early Intervention
 - Family Support
- Transition from School to Adult Life
- Environment for Inclusion to Grow Getting Started: Creating an
- Strategies for Inclusion:
- Special Education and School Reform



Regronal Offices

Seven regional resource centers are housed in community-based organizations and schools in the Abbott districts of:

Multilingual Center of Catholic Family & Community Services mail: CFCS@spannj.org Fax: (973) 523-1150 (973) 279-7100 x14 Paterson, NJ 07505 24'DeGrasse Street Páterson

Statewide Parent Advocacy Network 35 Halsey Street, 4th Floor E-mail: Goals2000@spannj.org (800) 654-SPAN (7726) x114 Fax: (973) 642-3766 Newark, NJ 07102 Newark

E-mail: pirc.jerseycity@spannj.org Jersey City Board of Éducation 346 Claremónt Avenue Jersey City, NJ 07305 Faxi (201) 413-6900 (201) 915-6760

Plainfield Center for Stronger Families E-mail: pirc.plainfield@spannj.org (908) 731-4360 x5098 925 Arlington Avenue Plainfield, NJ 07106 Fax: (908) 731-4389 Plainfield

Camden, NJ 08105 2641 Federal Street Camden ASPIRA

449 Hamilton Avenue

ASPIRA

Trenton

 $(609)^{\prime}394-5900$

E-mail; pirc.trenton@spannj.org Fax:5(609) 394-6553 Frenton, NJ 08618 E-mail: pirc.camden@spannj.org Fax: (856) 964-2339 (856) 964-9115

Vineland Board of Education Vineland, NJ 08361-2942 (856) 794-6700 x2130 Fax: (856) 507-8788 625 Plum Street Vinelańd

Parent Information Resource Centers Tonya S. Hall, Project Director For more information, contact: (800) 654-7726 x114

Collaborating Agenetes

WPIRC

Catholic Charities - Multilingual Center New Jersey Department of Education Prevent Child Abuse-New Jersey Paterson Education Fund Urban League of Essex ASPIRA-New Jersey

Community Agencies Corporation of NJ (10 agencies) Jersey City Special Education Parents Council Unified Vailsburg Services Organization Association for Children of New Jersey Brain Injury Association of New Jersey Special Education Parent's Council

New Jersey Department of Health & Human Services Families Achieving the New Standards (FANS) New Jersey Coalition for Inclusive Education Head Start and Even Start of New Jersey Developmental Disabilities Council

Parent to Parent-New Jersey Jersey City Public Schools Plainfield Public Schools Family Voices-New Jersey Vineland Public Schools Newark Public Schools Education Law Center

Information Resource Mew Yerrey Parent Centers



COPY AVAILARI

E-mail: pirc.vineland@spannj.org

RESOURCE LIST

New Jersey Inclusive Child Care Project

Provides free workshops and free on-site consultation to child care centers, family child care providers, and school-age child care programs

Contact: Susan Merrill Guider 1-800-654-7726 x 108 www.spannj.org

Statewide Parent Advocacy Network (SPAN)

Provides information, training, technical assistance, and support to families, professionals, and others regarding educational rights and health of children 1-800-654-7726

NJ Resource & Referral Agencies (also known as Unified Child Care Agencies)

Provides information about child care programs and services available at a local level
1-800-332-9CARE

Special Child Health Services

Provides information for families with children with special health care needs birth to 21
(609) 777-7778

NJ Department of Health & Senior Services -Early Intervention System

Provides services for infants and toddlers (from birth to 3) who have developmental delays or disabilities as well as support for their families

Contact: Terry L. Harrison (609) 777-7734 Fax: (609) 292-0296

New Jersey Department of Education Office of Special Education Programs

Contact: Barbara Tkach, Preschool Coordinator (609) 984-4950

Learning Resource Centers (LRC) of the New Jersey Department of Education

Provides workshops, instructional materials, consultation and technical assistance to parents and professionals for a nominal membership fee

LRC North: Paquita Roberts (973) 631-6349 LRC Central: Sue Leonard (732) 441-0460 LRC South: Claire Punda (856) 582-7000 x155

(continued on back)



RESOURCE LIST

(continued)

New Jersey Inclusive Child Care Project Office of Early Care & Education

New Jersey Department of Human Services Office of Early Care & Education Contact: Jane Voorhees (609) 292-8444

New Jersey School-Age Child Care Coalition

Provides training and technical assistance to support out of school time programs on inclusion issues

Contact: Jessica Plauta (973) 597-1050

www.njsacc.org

New Jersey Head Start Association

Contact: Audrey Fletcher (609) 771-8401 Fax: (609) 771-8405

Quality Improvement Center for Disabilities

New York University School Of Education Contact: Rose Annussek 1-800-533-1498 Fax: (212) 995-4562

University-Affiliated Program of NJ (UAP)

Provides training, information and support for people with disabilities and supporting agencies

Contact: Karen Melzer

(732) 235-9309 Fax: (732) 235-9330

Family Support Center of New Jersey

Provides one-stop shopping approach to individuals and families about programs, service providers, and community supports

1-800-FSC-NJ10

Healthy Child Care New Jersey Project

Provides child care health consultation concerning health and safety issues in child care settings

Contact: Judith Hall (609) 292-5666

Administration for Children and Families

Child Care Bureau: Inclusion Technical Assistance

Contact: Souvonia Taylor (212) 264-2667

Child Care Law Center

22 Second Street, 5th Floor San Francisco, CA 94105 (415) 495-5498

United Cerebral Palsy Association of NJ

Provides resources relating to education, employment, assistive technology, advocacy, housing, the ADA, and other concerns for people with all types of disabilities

1-888-322-1918 TTY: (609) 392-7044



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The Bridge

Newsletter of the

Statewide Parent Advocacy Network, Inc.



IDEA Reauthorization
We can't Afford to Six This One Out

Making Connections for Student Success SPAN Annual Conference March 14-15, 2003



President's Commission Issues Report on Special Education



Justin Dart, Jr. Disability Rights Hero August 29, 1930 - June 22, 2002

"I call for solidarity among all who love justice, all who love life, to create a revolution that will empower every single human being to govern his or her life, to govern the society and to be fully productive of life quality for self and for all."



Empowered Families: Educated, Engaged, Effective.





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Fax: (973) 642-8080

E-mail: span@spannj.org Website: www.spannj.org

Diana MTK Autin & Debra Jennings

SPAN Executive Co-Directors

Lauren Agoratus & Beverly Bowser

Project Coordinators, Family Voices / Bright Futures

Zoie Barnett

Project Coordinator, Community Education Project

Malia Corde

Project Coordinator, NJ Statewide Parent to Parent

Penny Dragonetti

Project Coordinator, Community Resource Centers Northern Training Specialist

Debra Fernandez

Project Director, Parent Training and Information Center

Sue Merrill

Project Coordinator, NJ Inclusive Child Care Project

Tonya Hall

Project Director, NJ Parent Information Resource Center

Lisa Hermann

Website Coordinator

Alice Hunnicutt

Project Coordinator, Transition to Adult Life

Shirley Johnson

Project Coordinator, Essex Family WRAP

Rose Kardashian

Director, Catholic Family & Community Services Multilingual Center

Peg Kinsell

Project Coordinator, Community Resource Centers Southern Training Specialist

Patricia Paraskevacos

Project Coordinator, Project CARE

Mike Sangiovanni

Information & Materials Coordinator Editor, The Bridge

Sh'corah Yehudah

Project Coordinator, Violence Prevention Initiative

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The Bridge

The Bridge is a publication of the Statewide Parent Advocacy Network, Inc. (SPAN).

The mission of the Statewide Parent Advocacy Network is to empower families and inform and involve professionals and other individuals interested in the healthy development and education rights of children. Through this collaboration, all children will become fully participating and contributing members of our communities and society.

SPAN's foremost commitment is to children with the greatest need due to disability; poverty; discrimination based on race, sex, or language; geographic location; or other special circumstances.

SPAN's multi-faceted program is carried out by a bilingual, multi-racial staff of parents of children with and without disabilities.



Fall 2002 Page 2

From the Executive Co-Directors

elcome back, Diana! After just over a year's sabbatical, SPAN's Executive Director-on-Leave, Diana Autin, came back to us in September, refreshed, renewed, revitalized and ready to return to the ever-present challenges and rewards of seeking to achieve quality education and health services for ALL children in New Jersey. This is not to say that Diana was on respite during this year. As a fellow of the Rockefeller Foundation's New Generation of Leadership, Diana had an opportunity to share the leadership and commitment that have been important to the development of SPAN with leaders from around the world. Her work included looking behind the hype of the voucher system in Milwaukee, examining economic development challenges in Mexico and exploring issues of racial and cultural diversity in Miami. She is currently collaborating with other NGL Fellows from around the U.S. on a joint project to provide leadership development to immigrant families, youth, and grassroots activists seeking to enhance community and economic development for low-income families.

Diana and Debra Jennings (previously Acting Executive Director) will serve as Executive Co-Directors of SPAN. Diana will focus on SPAN's programs and projects involved in information, training and policy advocacy activities for families with children with special education and/or health needs, including Family WRAP (Wisdom, Resources and Parent to Parent Support for families with children with special health care needs), the Training and Information Center for Families with Children with Special Needs, the Transition to Adult Life and Inclusive Child Care projects. Debra's areas of focus are SPAN's involvement in programs and projects to inform and engage parents in improving schools, violence prevention, achieving better academic outcomes for all children and partnering with educators and administrators to attain these goals. The programs in this area include the Parent Information and Resource Center, the START (Statewide Technical Assistance and Resources Team of the NJ Office of Special Programs) initiative, Parents as Teachers®, Strengthening Families and Communities violence prevention programs and our work with families of migrant workers.

With the transition to new leadership in our state, both in the legislative and executive branches of our government, and with the reauthorization of IDEA at the federal level, there are numerous areas that need the voices,

concerns and insights of families to be included in order for changes in policy to positively impact our children. Bills for the reauthorization of the Individuals with Disabilities Education Act (IDEA) are being drafted as you are reading these words. It is anticipated that the house and senate will move quickly after the elections to get a new law in place. Early indicators are that too many of the changes to IDEA will focus on the cries of schools and administrators to reduce the "paperwork" at the expense of the educational rights of children with disabilities and their families. Keep abreast of the movement on IDEA and how you can make a difference by checking our website, www.spannj.org, and joining our action alert network.

Many state and local committees say that they want to include families in policymaking and SPAN wants to hold them to these statements. Some of the areas where family voices are needed include:

- 1. In his Education Summit, the Governor outlined his commitment to improving parent involvement in education. One of his initiatives is to ensure there are no barriers and that teachers and administrators improve the capacity of schools to better involve families in their children's education.
- 2. Abbott Implementation II. A number of committees, workgroups, and subcommittees are looking at every aspect of the implementation of the Abbott v. Burke decision on funding for schools in socalled "special needs" districts. These committees are reviewing every aspect including early childhood education, school based management, school planning, budgeting, whole school reform models, needs assessment, staff development, accountability and how to measure progress. Parents and caregivers are needed to comment on proposals and ensure that the barriers that have hindered the progress of these districts.
- 3. Implementation of the Children's System of Care Initiative for Children with Special Emotional Needs has been delayed by budget reductions for this program. However, planning for programs in additional counties as well as evaluating and improving implementation in the current counties continues. Family members are needed to serve on and to monitor statelevel committees, as well as for the local boards of family support organization



- and care management organizations that plan the services for children.
- 4. It may not be widely publicized in your community, but your local school districts are participating in continuous improvement monitoring and self-assessment activities to address special education in your district. This process requires the participation of families and students.
- 5. If your child attends one of New Jersey's 300 schools categorized as "in need of improvement" under the No Child Left Behind Act, you should know about the requirements for parents to be involved in planning programs and services to provide extra help for students, putting together compacts or agreements as to how everyone in the school community (teachers, administrators, aides, parents/ caregivers, students, custodial staff - everyone) will be involved in improving student performance, and in helping parents to obtain the skills and knowledge needed to work with their children and the school.

Each of you can be a part of making a difference. Contact SPAN, if you are interested in state level participation or if you are having a hard time identifying what is going on in your local school community. If you don't think that you have the skills or knowledge to participate and contribute, contact SPAN to take advantage of one of our many Parent/ Caregiver Leadership Development activities. Let's all get Back to School!

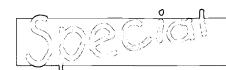
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Diana MTK Autin, Esq. SPAN Executive Co-Director

fyr

Debra Jennings SPAN Executive Co-Director







Making Connections for Student Success

SPAN Conference 2003

Family-Friendly Schools
Violence Prevention
Special Education
School Improvement
Juvenile Justice
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Public Policy
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Table Registration: Nonprofit rate	\$450	·
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1/2 page (8.5" x 5.5")	\$200	
1/4 page (4.25" x 5.5")	\$125	**************************************
Please make check payable to: STATEWIDE PARENT ADVOCACY NETWORK 35 Halsey Street, 4th Floor * Newark, NJ 07102 * Attn: Debr a Jennings	TOTAL	

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IDEA Reauthorization: We Can't Afford To Sit This One Out

Adapted from The Badge, a publication of the Advocacy Canter, Rochester, NY, December 2001

President Bush has created the President's Commission on Excellence in Special Education to study federal, state and local special education programs. [The commission, chaired by former Governor Terry Branstad, delivered recommendations to the president this past spring].

Mr. Branstad was recently quoted as stating, "In our state, nearly 60 percent of the budget goes for education. And what we find is people are willing to invest in quality education but they're also fiscally conservative. They want to see results. They want to see achievement for the dollars they put in. I think the federal government in its mandates in the area of special ed has driven up costs needlessly. think that needs to be reviewed. I want to see every child have an opportunity to learn. All special ed children do have a right to an education, but to spend tens of thousands of dollars on kids that really are not going to be able to support themselves or be able to really learn a great deal at the expense of the general education of the rest of the students is not fair. And so that has to be addressed. A lot of people are afraid of it, of being, you know, accused of being insensitive or whatever. I was in Sioux City, Iowa, yesterday, and I heard a Teacher of the Year, Nancy Mounts, who had been a Teacher of the Year and the superintendent there about how their school is being squeezed because of the federal mandates in the area of special ed and how there needs to be more flexibility and latitude given to local school districts in that area.

Parents, advocates, and educators - we have a lot of work to do! We can't predict what recommendations the former governor's committee will make, though the tone and message in his statements indicate that parents and advocates everywhere are going to have to work especially hard to guarantee that basic tenets of the original law remain intact.

Stay informed. Watch the PIC website for alerts and let your elected officials know how important IDEA is. Everyone must get involved if we are going to maintain the current IDEA protections for children with disabilities and they parents. If special education is important to you, you really can't afford to sit this one out.

IDEA Reauthorization

The Individuals with Disabilities Education Act (IDEA) is the Federal law which requires that every child with a disability who is eligible for special education receive a free appropriate public education in the least restrictive environment. In New Hampshire, our state special education law, RSA 186-C, and regulations, The NH Rules for the Education of Children with Disabilities, are based on IDEA.

It seems only yesterday that the IDEA amendments of 1997 were signed into law. Now, here we are four years later and reauthorization is once again looming. Reauthorization occurs almost every five years and is a process that Congress uses to take a look at a specific piece of legislation to see if changes need to be made. Any changes in IDEA, whether they are positive or negative changes, may impact special education for children. It is critical that each of us takes the responsibility to advocate for our children by getting involved in the reauthorization of IDEA.

The current IDEA was signed into law on June 4, 1997 after two years of debate, hearings, meetings between administration and Congressional staff and input from parents, disability organizations and education groups representing teachers, principals, and state/local school board members. It contained the most significant changes to the law since its enactment in 1975.

During its next session, Congress will once again take on the reauthorization of the IDEA. Already, national policy makers are saying that the IDEA is "due for a major overhaul." While we do not know all that this means, various groups are making their lists which include these and other issues:

 Discipline of students with disabilities and giving school administrators the same authority to suspend/expel students with disabilities as they now have for students without disabilities.

- This could mean a push for giving school administrators suspension/ expulsion decision-making authority that would bypass the IEP team.
- Cessation of educational services when students with disabilities are suspended/expelled.
- Correcting over-representation and misclassification of minority students in special education.
- Addressing the continuing increase in the number of students being labeled LD and ADD, and finding ways to determine if these students really have a disability, or if they have just not been taught well.
- ♦ Improvements in professional trainings, recruitment and retention.
- Use of research-based strategies in determining a child's disability, for helping children learn to read, and early identification of disabilities in children to avoid special education placement, where possible.
- Reducing access to attorney's fee reimbursements when parents prevail in due process hearings or court, stronger mediation to resolve disagreements between schools and parents and limiting the issues upon which a due process hearing can be requested.
- Using research-based strategies to ensure successful placements in the least restrictive environment.
- ♦ Fully funding the IDEA.

Those of us who were around for the 1997 reauthorization remember the hard-fought battle to protect even the most basic IDEA guarantees. In spite of the battle, or maybe because of it, the basic protections remained in place, and many good protections were included. There is every indication that the upcoming reauthorization will require even more intense advocacy, if all that embodies the free appropriate pub-



lic education for children with disabilities is to be preserved.

However, throughout the last reauthorization, Congressional members and U.S. Department of Education officials repeatedly reported that they did not hear from parents on important issues, including least restrictive environment, identification, independent educational evaluation, private school placement and services, attorney fees and discipline of students with disabilities.

It is [time] for parents to become informed, to begin [to add] their concerns and suggestions to the discussion and to discuss their issues with Congress. Once the work of reauthorization begins, parents will want to stay informed and active, so that their voices are heard.

How can parents keep up with what is happening in Congress? Where can parents go to find out about the changes that are being suggested, considered or debated? How can parents be sure that their ideas and concerns are heard? The following are just a few web sites that may serve as important sources of information about current events, discussions and ways to have input into the decisions Congressional members will be making about the reauthorization of the IDEA.

> Center for Law and Education www.cleweb.org

National Parent Network on Disabilities www.npnd.org

> The Action Starts Here www.tash.org

Learning Disabilities Association www.ldanatl.org

Council for Children with Behavioral Disorders www.ccbd.net

Alabama Disabilities Advocacy Program www.adap.net

> The ARC of the United States www.thearc.org

> > United Cerebral Palsy www.ucp.org

National Education Association www.nea.org

American Federation of Teachers www.aft.org

Disability Rights Education and Defense Fund www.dredf.org

Special Education Action Committee home.hiwaay.net/-seachsv

Families

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Black Ministers' Council of New Jersey

336 Oakwood Avenue, Orange, NJ 07050 Phone: 973-678-1217 Fax: 973-678-1293

New Jersey Education Association

P.O. Box 1211, Trenton, NJ 08607-1211 Phone: 609-599-4561 Fax: 609-392-6321

ALERT!

PARENTAL INVOLVEMENT BILL POISED TO MOVE THROUGH THE LEGISLATURE

A coalition of concerned parents, school employees and members of the clergy along with members of the Legislature, have worked on a bi-partisan basis to introduce legislation which would allow parents and guardians of children with special needs to take paid leave time to attend meetings, conferences, functions and events at their child's school.

S-126/A-831 would provide up to 24 hours of paid family leave time during any 12-month period for a parent or guardian of a child with special needs in a public school. Special needs are defined broadly under the bill and include not only children with disabilities, but any child who has "specific academic needs or disciplinary concerns, including but not limited to, behavior problems, social problems, problems with tardiness or lateness and health-related concerns." This paid leave would be for the purpose of allowing the parent or guardian to attend any school-related confer-

ence, meeting event or function which is requested or required by the school administration, teacher or other professional staff member. Both public and private employers with 50 or more employees would fall under the provisions of this bill.

This legislation would allow parent(s) or guardian(s) of a child with special needs, to be involved in their child's progress in school as well as develop a better working relationship with his or her teachers and other school staff. The importance of communication between parents and teachers, relative to the progress of their children, especially children with special needs, cannot be underestimated. This is a benefit that can't be counted in dollars: it can be the key to your child's success, not only in school, but in all future endeavors.

To Do:

- Contact your legislator(s) with a message of support for 5-126/A-831.
- ✓ Spread the word about S-126/A-831 to other parents and guardians and members of your organization and ask them to contact their legislators in support of these bills.
- ✓ Stav tuned for more information as these bills move through the Legislature.



In the News

President's Commission Issues Report on Special Education; Points Reviewed

By Purish Bill, from Full 2002 issue of Pacessuer, newdown of Pacer Canter, www.paces.org

arents, advocates, and others concerned about the education of children with disabilities are reviewing New ERA: Revitalizing Special Education for Children and their Families, a report of the President's Commission on Excellence in Special Education.

The report is expected to affect the reauthorization of the Individuals with Disabilities Education Act (IDEA). Released July 9, it contains the 19-member commission's recommendations for special education.

"While parents across the nation appreciate the time and attention given by the members of the Commission to this effort and acknowledge some positive themes and recommendations directed toward improving educational outcomes for children with disabilities, we, nonetheless, have some significant concerns," said members of the National Coalition of Parent Centers, an advocacy group that represents parents' interests and is funded by private contributions.

Coalition members continued, "We, as parents, know what IDEA requires and want to ensure that it continues to require that students with disabilities

- participate fully in the state accountability system,
- receive a free appropriate public education (FAPE) - meaning that they must be provided the opportunity to learn what all other nondisabled students are expected to know and be able to do so while participating in the general curriculum, and
- be educated in the regular education classroom to the maximum extent appropriate."

Coalition members focused on eight areas of the report. They are:

Short-term objectives

The report recommended eliminating short-term objectives.

The coalition said that short-term objectives, or benchmarks, provide periodic checks to help measure progress of special education students over the course of the school year. If IDEA leaves out short-term objectives, there will be no way for individualized education program (IEP) teams to measure progress made toward reaching the annual goals. Removing short-term objectives would reduce schools' accountability.

Three-year evaluations

The report suggested doing away with three-year evaluations.

The coalition said that the purpose of a threeyear evaluation is to reexamine a child's eligibility and to ensure that a child's disability-related educational needs are being properly addressed. Short assessments are not as thorough as evaluations and will not give as accurate a picture of a student's overall needs, the coalition said. They are concerned that if services are prematurely discontinued, students can regress and fall. Three-year evaluations help prevent over-identification of children by identifying those who no longer need specialized instruction to address their disability-related needs.

Folding eligibility categories

The President's commission recommended folding 13 categories into three.

The coalition said such action would likely result in many students not having their individual needs recognized or met. It is also likely to result in more unqualified teachers providing services to children with certain disabilities.

Waiving paperwork

The commission suggested that 10 states be allowed to submit proposals to reduce IDEA paperwork and that states be allowed a waiver of federal paperwork requirements for a time, with findings reported to Sec'y of Education Rod Paige.

Members of the coalition said that monitoring, through documentation, holds schools accountable in providing appropriate education for individual children with disabilities. The documentation also indicates whether the services provided by taxpayers are used effectively. Waivers may result in states and schools not being accountable, the coalition said.

Redirecting IDEA funds to students without disabilities

The commission proposed diverting special education funds to general education in some situations.

The coalition pointed out that nearly everyone agrees that the federal government does not provide sufficient funding to implement IDEA effectively now. Allowing IDEA funds to be used in serving children who don't have disabilities will make things worse, it said. Accountability is needed in general education to ensure that all students have their needs met.

Creating vouchers

The commission proposes that IDEA should allow state use of federal special education funds to allow students with disabilities to attend schools or access services of their families' choosing.

Vouchers may create a false hope for families because it is not likely that the vouchers would be in an amount needed to effectively serve the child. IDEA funds only a small portion of the costs to educate children with disabilities. Moving children and the accompanying special education funding out of public schools will weaken the public school system that makes available FAPE for all children while failing to guarantee FAPE for those children using vouchers, said parents and advocates in the parent coalition.

Dispute resolution

The commission recommends binding arbitration as a way to resolve difference between parents and schools.

Parents and advocates said they appreciate the commission's recommendation to create ways to solve problems without litigation and added that efforts such as conciliation, mediation, and facilitated IEPs are effective alternatives. They added, however, that binding arbitration does not appear to be a positive alternative, because families would give up all rights to appeal a decision.

National grant review panels

The commission proposed systemic changes in the way special education is delivered and evaluated and placed an emphasis on research.

The coalition responded, "While we agree with efforts to promote best practices based on sound research, the commission's proposal in this area will eliminate the active participation of many parents in the grant review process. Since parents are the child's primary teacher and research indicates that active parent involvement benefits children in school, we are concerned about why parental input in the grant review process is viewed as negative.

"Parents and persons with disabilities are often in the best position to understand how proposals will directly impact children with disabilities and their families. They should be included in the OSEP grant review process," said the coalition.

ERIC Bridge

iana Autin, SPAN's Executive Co-Director, received the 2002 Distinguished Service Award from the New Jersey Speech-Language Hearing Association this past May. This award is given annually to recognize contributions that further the profession and the interests of those served by the profession.

Dr. Barbara Glazewski, professor at Kean University and former president of NJSHA, nominated Ms. Autin for this prestigious award. In her introduction to Ms. Autin at the Awards Ceremony, Ms. Glazewski summarized the contributions that led to her award:

"The Distinguished Service Award is presented to Diana MTK Autin, Esq. As Executive Director of the Statewide Parent Advocacy Network of New Jersey, she has dedicated her career to advocating for students' rights in the schools. Diana is an attorney and the parent of a special needs child. She has used her expertise as an attorney to help other parents advocate for appropriate educational programs for their children.

Diana has collaborated with NJSHA over the years to aid in its mission to advocate for children with speech-language-hearing disorders. She has made several presentations at NJSHA conventions, including an advocacy training presentation, and participated as a presenter in NJSHA's all-day advocacy track at the May 2001 convention. She serves on numerous committees on national, state, and local levels, ranging from the Steering Committee of the National Coalition of Advocates for Students, the Governor's Commission on Early Childhood, the Advisory Committee on the Abbott Early Childhood Study, and Co-President of the Council of PTAs in Montclair. She has also been a member of the Developmental Disabilities Council and is a frequent presenter of testimony regarding special education issues to the New Jersey Board of Education.

She has been my personal mentor in the area of inclusion, motivating me to provide speech services in inclusive settings in Elizabeth, New Jersey. She is the conscience of education in New Jersey, and truly deserves this award. NJSHA is proud to award the Distinguished Service Award to Diana MTK Autin, Esq."

In receiving her award, Diana acknowledged the work of all SPAN staff, and of the members of NJSHA, in supporting families and children:

"I know that this award reflects not only my own work but also the work of all my colleagues and friends at the Statewide Parent Advocacy Network. At SPAN, our primary focus is Empowered, Educated, Engaged, and Effective Families because as families we are critical to ensuring that our children receive the services and support they need.

But as families we can't do it alone; we need the support of professionals interested in ensuring

SPAN Executive Co-Director Receives Distinguished Service Award

healthy development and quality education for our children. The leadership and members of the New Jersey Speech-Language-Hearing Association have been strong partners with SPAN in advocating for the rights of children.

Five years ago, Barbara Glazewski and I developed a guide for joint public policy advocacy by consumers and professionals. This guide has been used to train parents and professionals not only here in New Jersey but nationally as well. In New Jersey alone, over 800 parents and professionals have participated in this training and now are part of a strong and effective public policy advocacy network.

SPAN and NJSHA also collaborated in the Coalition of Advocates for Children with Special Needs, helping to shape revisions to the state special education code. We have worked together on the New Jersey Developmental Disabilities Council Education Committee, and on the Inclusive Education Summit and the Inclusive Education Institute that grew out of that Summit. Sue Goldman has written excellent articles for parents that have been included in SPAN's newsletter, The Bridge. Our collaboration has strengthened all our efforts on behalf of children in this state."

Other awards presented at the ceremony include the Marni Reisberg Scholarship Awards, Distinguished Clinical Awards, Program of the Year Awards, the Appreciation Award, and Honors of the Association, as well as Achiever of the Year Awards for people with speechlanguage-hearing disabilities. Maria McDermott received the Achiever of the Year Award for Education:

"Maria McDermott is being recognized as one of NJSHA's speech achievers of the year. Maria is a vivacious 13-year old who has learned to cope with and function within the realm of marked auditory processing deficits. These deficits have in turn impacted Maria's expressive and receptive language abilities, thus providing Maria the daily challenge of growing up learning and living with a communication impairment. In spite of her communication difficulties, she has become a gifted artist and participates in many extracurricular activities. For over 5 years Maria has spent countless hours working to increase her communication skills, successfully completing various



timely and challenging programs... and still finds time to pursue dance, art, horseback riding, and a myriad host of other activities. As Maria developed into a teenager, it would be expected that her priorities would shift to her social life, but her time working on communication skills has remained a continued commitment, and she has reaped the rewards, both socially and academically.

Maria has shown a mature understanding of her own deficits and appreciates the help that she is receiving. She consistently demonstrates hard work, dedication, and a perseverance that is remarkable. Maria's successes are also a product of the unconditional love and nurturing provided by her mother, father, two brothers, and grandmother, all of whom acknowledge her needs in a positive manner. They do not provide crutches or bandages when difficulties arise, but provide Maria with strategies and constant support that ultimately helps further her progress.

It is Maria's personal hallmark of motivation, commitment, and ultimate success in all her endeavors, whether it is tutoring and therapy sessions, drawing classes, or dance, that qualifies her to be the Speech Achiever of the Year-Education."

Maria gave a brief but heartwarming and inspirational acceptance speech:

"Thank you for your award. Thank you for all your hard work with children who need help. When I was little, I felt shy because I didn't know how to talk. I didn't feel smart. I felt stupid for not saying anything. I didn't understand what the other children were saying. I was afraid to talk to children I didn't know, because I would mix up words.

Now I understand people and talk to them. I understand my teachers much better. My tutor, Margaret Forsyth, has worked with me for five years. She has helped me to speak and understand. To her, and to you, for all your students who can't say it yet, thank you!"



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Justin Dart

An Obituary

Excerpted from a June 22, 2002 article by Fred Fay & Fred Pelka, written at Justin Dart's request.

Justin Dart, Jr., a leader of the international disability rights movement and a renowned human rights activist, died at his home in Washington D.C. He was widely recognized as "the father of the Americans with Disabilities Act" and "the godfather of the disability rights movement."

Dart was a leader in the disability rights movement for three decades, and an advocate for the rights of women, people of color, and gays and lesbians. The recipient of five presidential appointments and numerous honors, including the Hubert Humphrey Award of the Leadership Conference on Civil Rights, Dart was on the podium on the White House lawn when President George H. Bush signed the ADA into law in July 1990. Dart was also a highly successful entrepreneur, using his personal wealth to further his human rights agenda by generously contributing to organizations, candidates, and individuals, becoming what he called "a little PAC for empowerment."

Until the end, Dart remained dedicated to his vision of a "revolution of empowerment." This would be, he said, "a revolution that confronts and eliminates obsolete thoughts and systems, that focuses the full power of science and free-enterprise democracy on the systematic empowerment of every person to live his or her God-given potential." Dart never hesitated to emphasize the assistance he received from those working with him, most especially his wife of more than thirty years, Yoshiko Saji. "She is," he often said, "quite simply the most magnificent human being I have ever met."

Time and again Dart stressed that his achievements were only possible with the help of hundreds of activists, colleagues, and friends. "There is nothing I have achieved, and no addiction I have overcome, without the love and support of specific individuals who reached out to empower me... There is nothing I have accomplished without reaching out to empower others." Dart protested the fact that he and only three other disabil-

ity activists were on the podium when President Bush signed the ADA, believing that "hundreds of others should have been there as well."

After receiving the Presidential Medal of Freedom, Dart sent out replicas of the award to hundreds of disability rights activists across the country, writing that, "this award belongs to you."

Dart is best known for his work in passing the Americans with Disabilities Act. In 1988, he was appointed, along with parents' advocate Elizabeth Boggs, to chair the Congressional Task Force on the Rights and Empowerment of Americans with Disabilities. The Darts toured the country at their own expense, visiting every state, Puerto Rico, Guam, and the District of Columbia, holding public forums attended by more than 30,000 people. Everywhere he went, Dart touted the ADA as "the civil rights act of the future." Dart also met extensively with members of Congress and staff, as well as President Bush, Vice President Quayle, and members of the Cabinet. At one point, seeing Dart at a White House reception, President Bush introduced him as "the ADA man." The ADA was signed into law on July 26, 1990, an anniversary that is cele-





brated each year by "disability pride" events all across the country.

After passage of the ADA, Dart threw his energy into the fight for universal health care, again campaigning across the country, and often speaking from the same podium as President and Mrs. Clinton. With the defeat of universal health care, Dart was among the first to identify the coming backlash against disability rights. He resigned all his positions to become "a full-time citizen soldier in the trenches of justice." With the conservative Republican victory in Congress in 1994, followed by calls to amend or even repeal the ADA and the Individuals with Disabilities Education Act, Dart and disability rights advocates Becky Ogle and Frederick Fay founded Justice for All, what Dart called "a SWAT team" to beat back these attacks. Again, Dart was tireless - traveling, speaking, testifying, holding conference calls, presiding over meetings, calling the media on its distortions of the ADA, and flooding the country with American flag stickers that said, "ADA, IDEA, America Wins." Both laws were saved.

Toward the end of his life, Dart was hard at work on a political manifesto that would outline his vision of "the revolution of empowerment." In its conclusion, he urged his "Beloved colleagues in struggle, listen to the heart of this old soldier. Our lives, our children's lives, the quality of the lives of billions in future generations hangs in the balance. I cry out to you from the depths of my being. Humanity needs you! Lead! Lead! Lead the revolution of empowerment!"

What's Happening at SPAN

Violence Prevention Resource Guide for Parents:

The information contained in this summary is taken from the Middle Years chapter of the Violence Prevention Resource Guide for Parents by Peggy Patten and Anne S. Robertson (Champaign, IL: ERIC Clearinghouse on Elementary and Early Childhood Education, 2001).

Perhaps it is not surprising that the link between doing poorly in school and engaging in other risky behaviors is well documented. It is also not surprising that children who do well in school and are connected to school through school activities such as music, sports, or clubs are less likely to become involved in risky activities such as substance abuse, crime, or violence. As parents, you have

critical influence over your child's school success in several important areas.

Those areas include:

Connectedness. Encourage your child's attachment to parents, guardians, grandparents, teachers, or mentors who will support lasting relationships and friendships.

Competency. Help your child de-

velop academic and social skills, including the ability to solve problems and make age-appropriate, independent decisions.

Aspirations. Support your child's ability to set goals for a successful future and develop strategies for achieving those goals.

Effective schools. Help your child to find a supportive, safe learning environment that challenges all students to do well and that supports them in their efforts to do so.

Parents play an important role on their child's teaching team. Making time to attend parent teacher conferences and school activities is one part of that role. Being available to help if the teachers have a concern about your child's progress also shows that you care. It helps to make time to talk to the teacher if you have questions or are worried about how your child is doing. While some teachers may hesitate to intervene unless a child is lagging two or more grade levels behind other students in the class, the evidence suggests that early intervention is critical. The further behind a student falls in his or her school work. the more likely it is that he or she will fail and will develop a sense of hopelessness. Seek out the teacher and discuss what you can do before your child's academic problems become overwhelm-

One way that parents can help teachers identify problems early is by sharing their concerns and being open about relevant parts of their child's history. Parents can also take the lead and request an assessment if they are concerned that their child might have a learning disability. When parents, teachers, and school staff work together, most difficulties can be resolved and strategies can be developed that will help the child have a successful school experience.

Violence Prevention Initiative

More and more evidence appears each day that shows the interconnection of different forms of violence:

Violence against the Self

drugs/alcohol, depression/suicide

Violence against the Family

domestic violence, child abuse

Violence against the Community

juvenile delinquency, crime, gangs

In addition, the inabilities to manage emotions, express feelings, and resolve conflict have been shown to be related to violence against others.

Parent education/training has received national recognition as a critical violence prevention strategy.

That is why the Statewide Parent Advocacy Network (SPAN) has introduced its

Violence Prevention Initiative.

providing training, support and information for schools and community groups in the <u>Abbott</u> districts. These parenting programs help to reduce youth violence and behaviors such as alcohol and drug use that increase the likelihood of violence in the following ways:

- (a) By helping parents communicate more effectively with their children, including verbal and nonverbal communication, and thus build stronger family bonds
- (b) By helping parents help their children make good choices and avoid bad ones. Too often parents feel that merely by prohibiting a particular behavior their child will conform, even without having the skills to avoid those behaviors.
- (c) By helping parents be more competent in dealing with their children in a variety of arenas; from rule-setting and imposition of effective consequences to working with education, health and other professionals to support their children's education and healthy development.

These impacts on parents result in increased child self-esteem, self-discipline, social competency skills, and capacity to avoid pressures to engage in substance abuse and violence.



For more information, please contact

Sh'corah Yehudah (973) 642-8100 x113 vpc@spannj.org



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What's Happening at SPAN

Today, increasingly loud voices, many belonging to parents and policymakers, are demanding more from our nation's public school and expecting more from our public school students. In response, education is focusing on helping all children reach high standards of learning.

Despite this renewed focus, some schools face serious and systemic challenges that undermine the teaching and learning process and students are failing to meet even minimum standards of achievement.

Acting under the provisions of a new federal Title I law, the New Jersey Department of Education has identified schools in need of improvement. The New Jersey schools were identified through a process linking academic skills with student performance on standardized tests. Schools identified as needing improvement must develop improvement plans showing the programs and strategies to be adopted to improve teaching and learning. And parents should be participants in the plan's development which must also provide their staffs with professional development to improve their skills.

If your child is enrolled in a school that has been identified as a school in need of improvement, you will be notified once the 2002-2003 school year begins. Schools will also have to provide parents of students in schools designated as in need of improvement for two years with the opportunity to transfer to another school in the district that is not identified for improvement. This process is known as *School Choice*.

School Choice

Open Enrollment

Some districts offer open enrollment across all of the schools of the district that serve the same grades. This is the optimum choice design, allowing parents to select the school that they would like their child to attend. Magnet schools exemplify this open enrollment option. Such a policy meets full choice requirements.

Limited Choice Opportunities

Some districts may be only able to offer choice on a limited basis. The schools first enroll children from the local surrounding neighborhood, and then have a limited number of class spaces available for other children from other neighborhoods. When choices are limited, procedures for offering choice in a fair, non-discriminatory fashion

Title I Schools in Need of Improvement

must be laid out. Under Title I, it is suggested that low-performing students from low-performing schools be offered the first opportunity to fill these limited spaces. In some instances, lotteries provide an impartial process for responding to transfer or choice requests.

Transportation

Districts must provide transportation required for a student to exercise public school choice under school improvement, corrective action, restructuring, or interdistrict choice offered as part of corrective action for a school.

Schools Lacking Capacity

In some instances, a district may lack the capacity to offer choice. A clear example is a district with only one school or one school serving a grade level. Other factors that demonstrate lack of capacity include:

- Districts that cannot offer the option to transfer to a higher performing school because all schools within the district serving a grade level have performed the same, e.g. they are all identified as in need of improvement. In such an instance there is no viable choice option;
- Districts cannot offer choice without exceeding state established class size limitations, e.g. the school that would be a choice option school is at full class size capacity.

When districts lack capacity to offer intradistrict choice, they should advise parents of state interdistrict choice options. The Interdistrict Public School Choice Program (School Choice Program) is a five-year pilot program designed to increase educational opportunities for New Jersey students and their families by providing students with the option of attending a public school outside their district of residence without cost to their parents. Under the School Choice Program, interested New Jersey school districts apply to become choice districts, that is, districts that designate specific open seats into which they will accept non-resident students at the expense of the state.

The options under Interdistrict choice are:

- Charter schools or
- Choice schools

If a school has been identified as in need of improvement for three years, the school must arrange for supplemental services to be provided to students.

(See the following page for more information.)

Supplemental Services

As part of President Bush's No Child Left Behind law, when a disadvantaged child is attending a low performing school, federal funds can be used to provide "supplemental services" for that child.

What are "supplemental services"? The term "supplemental services" refers to extra help provided to students in reading, language arts and math. This extra help can be provided before or after school, or on weekends.

How will I know if my child is eligible for supplemental services?

If your family is classified as low-income by your school district and your child's school is designated as needing improvement for the second year, then your child is eligible.

How do I choose a good program? The law requires that "supplemental educational service" providers adhere to high-quality, research-based instruction. Your school district is required to give you information about every available program in your area—including information about the providers, their qualifications and their effectiveness. District officials will help you select a provider, if you request their guidance.

How does my provider get paid? In most cases your school district will pay for the supplemental services directly. Once you select a program or tutor, you will meet with the provider and district staff. You will all set specific academic goals for your child, how these goals will be measured, and when they will be achieved. Contact your principal to find out how it works.

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Intradistrict School Choice

A Q&A on Options for Children Enrolled in Title I Schools in Need of Improvement

www.state.nj.us/njded/news/0603title1_a2.htm

What is Title I?

Title I is a federally funded program that provides additional education resources and services for schools that serve low-income children.

What does it mean to be a school in need of improvement?

Schools in need of improvement are those that have not met the state's performance standards on state tests and have not made what is determined to be adequate yearly progress (AYP) toward meeting state standards in either language arts/literacy or mathematics.

What must a school do if it has not made adequate yearly progress?

Schools failing to make adequate yearly progress must do the following:

- Develop a plan to improve school performance. This plan could call for new teaching strategies, more teacher training and/or other strategies designed to boost student performance;
- Offer intensive professional development and training to prepare teachers to use new teaching strategies and skills aimed at improving student performance; and
- Offer intradistrict school choice that gives parents the opportunity to transfer their child to another school that is higher performing within the district.

Is there anything else these schoolsshould do?

It is strongly suggested that the school invite parents to help them in two ways:

- To provide input to school personnel as they identify ways to change their school programs and perhaps school operations, and
- To join as partners with the school in supporting their child's learning.

How can I help support my child and his/her learning?

What is important to parents becomes important to children. Parents can show their

children that education is important by asking what they learned and what happened in school each day and by asking if they have any homework and requesting to see it. By doing these simple things, you can support your child's education. Additionally, reading with young children and helping with homework can support their learning.

What are the choices I have if I want to move my child?

The Title I law calls for intradistrict choice, which means you may request to transfer your child from his/her low-performing school to another school within the district.

What if my school district says they lack capacity to offer choice?

Many districts do lack capacity. New Jersey is the most densely populated state in the country. This is reflected in the high enrollments and overcrowding in some schools. Unfortunately, many schools and districts will not be able to offer intradistrict choices.

What can I do if my school lacks capacity and can't offer intradistrict choice?

New Jersey is a "choice" state that offers interdistrict options in some areas. These choices include charter schools and choice schools. To find out where charter and choice schools are located and how to apply for enrollment in them, you may call (609) 984-7306 or go to the New Jersey Department of Education's Web site at www.state. nj.us/education, then click on school choice or charter schools.

What other opportunities for choice are there if there is not a public charter or choice school in my area?

Other than public school choices, you can still choose to enroll your child in a nonpublic school. Nevertheless, if you choose this option, the responsibility for tuition payment remains solely with the parent, since this is not a free public school choice. Additionally, some parents choose to homeschool their children.

How can I find out what choices my school district offers?

Schools have only recently been notified of their status. Many are still reviewing data and deciding what steps they need to take to comply with these new accountability requirements. At this time, therefore, you may need to wait before you receive more information from your school. Call your school principal for further information regarding local plans.



Tonya Hall, Project Director

For more information, please contact the following Parent Information Resource Centers:

Newark

& surrounding area Geraldine Moore (800) 654-7726 x118

Jersey City

& surrounding area Elaine Cueto (800) 654-7726

Elizabeth

& surrounding area Linda Olive (908) 436-5475

Plainfield

& surrounding area Patricia Lovelace (908) 731-4360

Paterson

& surrounding area Rose Kardashian (973) 523-8404 x41

Trenton

Audrey Gaskin (609) 394-5900

Vineland

Noemi Santiago (856) 794-6700 x2130



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What's Happening at SPAN



Parent Training and Information Center (PTI)

for Pamilies of Children with Special Education Needs

Debra Farnandez, Project Director

The school year is in high gear and hopefully, all of our children's Individual Education Programs (IEPs) and 504 service plans are working well, with all of the appropriate supports and services in place (and actually taking place)! As Director of SPAN's Parent Training and Information Center (PTI) for Families of Children with Special Education Needs and the parent of an adolescent with autism, I am intimately involved in and acutely aware of the challenges that families face with each successive school year. The PTI project at SPAN is a federally funded grant under the Individuals with Disabilities Education Act (IDEA) and every state has a similar center. The purpose of this project is to educate families about the special education laws and support them in their efforts to obtain a free, appropriate public education for their children with special needs. SPAN offers support and information by providing telephone technical assistance. Trainings are conducted throughout the state in special

Resource Centers

Atlantic Adamic & Cape May Counties

Bergen Bryen & Hudson Countrs

Burlington (BEAM) Burlington & Camden Countes

ESSCX Suburban Essex County

Hudson Hudson Cauny

Hunterdon Huncedon & Warren Countrs

Monmouth Monmouth & Ocean Counties

Middlesex

Michile Sex County

Union County

Northwest Suescy & some Mone Clumby

Passalc Passac County

(800) 654-SPAN

Individual Advocacy and Empowerment

education law and advocacy. A variety of printed materials are available free or for a small fee and in some very limited instances, SPAN staff may accompany some parents to school meetings. These limitations are set by the requirements of the PTI grant. There is also the fact that SPAN is a statewide organization and the PTI staff cannot respond to all requests for in-person support. The intent of this grant is to provide information and assistance to families, enabling them to become effective self- advocates. Parents need to be proactive in educating themselves by learning about the special education laws at the federal, state and local level. Knowledge is empowering. Using that knowledge and learning how to navigate the special education maze is critical to the quality of your child's education.

We all know that there is strength in numbers. However, it takes just one person to take the initiative and go forward with the belief that they can make a difference. Others will follow and want to become involved.

The Individuals with Disabilities Education Act (IDEA) is up for reauthorization. Every five years Congress has the job of revisiting this law and amending it. Unfortunately,

many times these amendments are detrimental to children and youth with disabilities and threaten the rights that disability organizations have long fought for. It is up to us to continue the fight and be vigilant in the coming months to protect all the components of IDEA intended to provide our children with as good an education as their non-disabled peers. Take a proactive role in this reauthorization (see page 6). Stay tuned for action alerts from SPAN and information that will be posted on our website and through mailings. Following is a story that you may have read, about an old man and a boy and starfish. A friend of mine made me aware of it and ever since, I've "adopted" the story and the starfish symbol as a way of remembering and promoting its message, which is a message of hope, optimism and determination. The knowledge that even one person can really make a difference in the life of an individual is truly empowering!

This article is dedicated to the memory of Justin Dart who made individual advocacy his mission in life. He was instrumental in the passage of the American with Disabilities Act. His influence and presence in the disability community will be greatly missed.

THE STARFISH STORY

Every day, an old man walked the beach with a pail, picking up starfish that had been washed in by the tide and throwing them back into the sea.

One day a young boy stopped the old man and asked, "Why do you throw the starfish back? It doesn't matter. They will only wash up on the shore again tomorrow."

The old man picked a starfish out of his pail, threw it as far as he could into the sea, and replied, "It mattered to this one."



Community Resource Centers

Our Community Resource Centers are staffed by trained volunteer parents who offer their time to assist other parents in need of information and support on behalf of their children with special needs. We all know how difficult it can be and how desperate we can feel as we attempt to negotiate the "special education maze." SPAN Resource Parents have the opportunity to truly make a difference and lighten the burden for many other parents.

This year we plan to establish Community Resource Centers in the following counties: Camden, Cumberland, Essex, Mercer, Ocean, Salem, Middlesex, Somerset, Hudson, Morris and Warren Counties. If you live in one of these counties and think you might be interested in becoming a SPAN Resource Parent to support a center in your area, please call or e-mail me for details.

The following "Ten Commandments" were written by Jill Simmons, a SPAN Resource Parent affiliated with the Essex County Resource Center. In addition to being a resource parent, Jill has recently become president of GRASE (Glen Ridge Association for Special Education). Jill's passion and understanding of advocacy and collaboration will serve her well in her new position. Congratulations, Jill!

As parents of children with special needs, I believe we bear certain responsibilities in this journey of our children's lives, the shouldering of which make it possible to be collaborative instead of combative. I view these responsibilities as:

The Ten Commandments

for parents of children with special needs

- Understand fully and be able to communicate the complexities of my child's disability;
- 2. Celebrate, rejoice in, and be able to communicate my child's strengths and abilities;
- Understand as fully as possible the special education laws and codes for the State of New Jersey and our nation at large;
- 4. Understand the responsibilities of the school, the responsibilities of our family, and how they complement and support each other;
- 5. Have the courage and grace to say thank you to all those who touch my child's life;
- 6. Have the courage to say with grace and tact "this is not working for my child" and offer solutions;
- 7. Make the time to forge new relationships each September and continue to nurture them throughout the school year;
- 8. Be willing to let my child stumble in the struggle to meet new challenges;
- Advocate for my whole child, letting his strengths drive his program as well as his disabilities, even when it means moving out of the "safety zone";
- 10. Look to the future with an open mind, trusting that if we challenge and support in balanced proportions, my child will go places none of us could predict or plan for today.

Jill Simmons

Make a Difference



Become a SPAN Resource Parent

This program is designed to train individuals to assist parents of drildran with disabilities and special health needs in understanding their rights and responsibilities under laderal and state laws and obtaining appropriate educational programs and related services for their children.

Qualifications

Completed a SPAN Basic Rights training Ability to provide 5 hours per month of volunteer time Interest in working with perents of children with disabilities or special health needs Good interpersonal stills

Follow-up training and technical assistence provided. In return for the training, a commitment of 5 hours per month for one year as a SPAN volunteer is requested.

Volunteer Activities

Responding to perent inquires about the nature of a disabiling condition and resources in the community Providing parents with information about their legal rights Giving parents an understanding of the special education process Assisting parents in preparation of IEP meetings When appropriate, supporting parents at IEP meetings Supporting parents in mediating conflicts Assisting parents in organizing parent support groups

Training Curriculum

Federal and State laws and regulations
Development of the Individualized Education Program (IEP)
Least Restrictive Environment
Confilet Resolution (Avoiding or Preparing for Due Process)

Ongoing Education Topics

Positive Behavioral Supports
Early Intervention
Transition to Adult Life
Creating Effective Schoots
Parent Participation in School Reform
Assessment
Individual and Systems Advocacy
Parent Praticipational Partnership

For More Information

Penny Dragonetti Nothen Tahing Geordhater Middesex County & North (1973) 609-49777 x121 phaponett@geamjon

Peg Kinsell Soulism Trebing Coordinator Mitalesex County & South (609) 899-5177 pkinsell@spand.org

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What's Happening at SPAN



New Jersey Inclusive Child Care Project CONFERENCE 2002

It is with great joy that I take you along on a brief look back at the New Jersey Inclusive Child Care Project Conference 2002 this past spring. For my staff and for everyone with the vision of inclusion who took part in the day, it was a success in many ways. After months of planning, the project's efforts seemed to have paid off: the conference was an enjoyable and informative day for all.

Almost 200 child care providers and others came out to the event at the Holiday Inn in Somerset, New Jersey. They participated in a variety of workshops and enjoyed lunch with others sharing the vision of inclusion from across the state.

Ron McGuckin was our keynote speaker, presenting in an entertaining and informative style about the legal issues that providers can encounter.

The day's workshops included: Success in

≥ Bridge

Autism: A Parent's View,
Developing Sensory Integration Through Ordinary Activity, Observing and Recording,
Making Inclusion Happen,
Working with Children with
ADHD in Inclusive Early
Childhood Settings, Puppets in
the Classroom: Effective
Teaching Tools, Meeting the
Needs of Diverse Learners,
and Day Care Accessibility
under the New Jersey Law
Against Discrimination.



All of the topic areas seemed popular with the participants and the workshops were well attended. In fact, one workshop entitled *Challenging Behaviors* posed a true challenge to those 99 who chose to attend, as the room only accommodated 80!

Child care providers and others were

all inspired by the significant turnout and the informative, applicable workshops. Visitors raved about the materials, the speakers and the connections they had made with others in their field.

If you think that you or anyone you know might benefit from next year's conference, or the resources we at the New

Jersey Inclusive Child Care Project can provide, please let us know. You can find more information on the project on SPAN's website at *www.spannj.org* or by calling us directly at (800) 654-7726 x108.

As director of the New Jersey Inclusive Child Care Project, I am very pleased with the results of the conference and proud of the project's success. My staff and I look forward to planning our next conference to be held on May 10, 2003. We hope to see you there!

Best wishes,

Sue

Sue Merrill



New Jersey Inclusive Child Care Project

Sue Merrill, Project Director

35 Halsey Street, 4th FI, Newark, NJ 07102 Toll free in NJ: (800) 654-SPAN (7726) x108

E-mail: childcare@spannj.org Website: www.spannj.org

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Parents As Teachers

Robin Soll, Project Coordinator

the Parents As Teachers program is strengthening the knowledge, skills and abilities of the parents of sixty migrant families in Bridgeton. Parents and their infants and toddlers have the opportunity to participate in one of the most successful early childhood programs, Parents As Teachers (PAT).

This voluntary program, free to any expectant parent or those with a child from newborn to three, provides parents with the information and support they need to give their child the best possible start in life. PAT is based on the philosophy that parents are the most influential teachers.

Parents As Teachers programs include personal visits by professionally trained child development specialist, free developmental screenings, group meetings and a variety of child rearing topics, and finding a variety of other resources beyond the scope of the PAT program. The goal is to help parents learn new ways to foster growth, curiosity, and social skills.

The Statewide Parent Advocacy Network, Inc. is collaborating with Tri-County Action Agency and Rural Opportunities, Inc. to deliver the PAT program. There is a need for social service agencies to work with the growing Mexican community in Cumberland County, New Jersey, says Tri-County's communication director.

Rural Opportunities provides services for farmworkers, lowincome families and economically depressed communities in Southern New Jersey. The Statewide Parent Advocacy Network provides training and supervision for Parents As Teachers representatives of these agencies. We are excited about this successful collaboration!

Parents As Teachers

Robin Soll, Program Coordinator

c/o NJPIRC 140 East Hanover Street, Room 302/306 Trenton, NJ 08608

> Phone (609) 394-5900 Fax (609) 394-6553 E-mail robin.soll@spannj.org

Transition to Adult Life

What is transition?

Transition is the process that prepares students for adult life after high school. Starting at age 14 (by the day your child turns 14) there needs to be a statement of transition service needs. This is the long-range educational plan that ensures students take the appropriate classes in high school. It prepares them either for college or for the world of work, depending on the interests and wishes of the student and his/her parents.

There must be a transition statement (long range goal) in the IEP, based on the student's preference, and it must take into consideration the student's needs and desires. In other words, the IEP should now focus on what your child wants in adult life. Starting at age 16, or younger if appropriate, there needs to be a statement of needed transition services.

This is a much broader plan and includes areas of instruction, employment, community experiences, post-school adult living, related services, and if appropriate, daily living skills and functional vocational evaluation. At least one year prior to turning 18, the IEP must address that your son or daughter will reach the age of majority and begin making IEP decisions for him/

Transition is based on long-range outcomes, not annual goals.

It is critical to start with transition planning at the beginning of the IEP when a student is 14 or older. Transition should become the strategy that guides the rest of the IEP. Students are required to be invited to their IEP meeting if transition will be discussed.

Transition to Adult Life Project

Statewide Parent Advocacy Network
Alice Hunnicutt
(800) 654-SPAN x103
transition@spannj.org
www.spannj.org



Parents Place Club de Padres

A place where parents learn about their children's education

26 DeGrasse Street Paterson, NJ 07505

Parents are their children's first and best teachers. They play a powerful role in making sure their children receive a quality education.

Our workshops give parents and families an opportunity to learn more about raising and educating their children with and without disabilities:

Parents' Rights Under IDEA (Individuals with Disabilities Education Act)

The IEP Process

Parents Are Powerful: Promoting Family Involvement in Education

Section 504 of the Rehabilitation Act

Extended School Year Services
How to be Heard and Understood
Preschool Programs & Inclusion
Transition Planning and the IEP

Challenging Behavior: Understanding Functional Behavioral Assessment

Organizing Parent Support Groups Paterson Parents United or Special Parents of Special Education

Call us for a schedule of workshops!

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Rose Kardashian, M.S., Director ext. 41

Zina Seaborn, Parent Resource Specialist ext. 48

Hilda Maldonado, Resource Parent ext. 47

Parents are the most important influence in their children's lives.

In partnership with
Statewide Parent
Advocacy Network

Working with

Department of Special Services
Paterson Public Schools

Hello! My name is Gloria Oquendo. My daughter, Estefania, is seven years old. She was born without any hearing. Estefania was implanted with a cochlear implant in her right ear at the age of three in our native country. Colombia, South America.

My family arrived in the United States from Colombia in July 2000. In September of that year I registered Estefania in kindergarten, since she was five years old. We live in Paterson. After having Estefania evaluated, the child study team determined that Dale Avenue School had the most appropriate program for Estefania. Since I was new to this system, I decided to try out the program. Estefania

spent her first year in the United States in a regular kindergarten class with a few hours a week of inclass monitoring by a person who had some basic knowledge of cochlear implants. At the end of the school year, I felt that Estefania had not made the progress I had hoped for. The child study team said that was the only program they

had available to Estefania and recommended that she remain in the same class with the same few hours a week of hearing and speech support.

I learned from a friend that Catholic Family & Community Services had a center called Parents Place/ Club de Padres, where I could talk to a specialist about IDEA. I was so thankful that everyone there spoke Spanish and English and that there were parents of children with disabilities with whom I could talk. I was given the law, and told what options I had. I chose to ask for an evaluation with a specialist in cochlear implants. The Parents Place/Club de Padres provided me with an advocate who served also as a translator for Estefania's and my visit with Dr. Machito, a cochlear implant specialist at Overlook Hospital. It was through my encounter with Dr. Machito that I learned about a class dedicated to closely monitoring cochlear implant children. I learned that children who are implanted need to learn how to distinguish sounds and a specialist has to constantly evaluate what they are hearing. The day in a class dedicated to teaching children with cochlear implants is filled with many hours of "charting" what each child is

learning. I also learned that the room needs to be fully sound proof so as to cancel out any extra sounds. That meant having special drapes and rugs that are placed in the class to absorb extemporaneous sounds.

When I requested that school, the child study team did not agree with me. My advocate from The Parents Place/Club de Padres accompanied me to my second IEP meeting where I made request again and they flatly said no. I said, "All I want is for Estefania to learn the most possible. She can't do that in this program." They said, "We feel this is an appropriate program for her."

My advocate gave me more options. I chose to exercise my rights for due process. My advocate referred my case to the Educational Law Center because she said that I would need to have an expert opinion and perhaps the ELC could help me with that. I met with David, an attorney from ELC in December of 2001. He agreed to represent me in my hearing against the Paterson Public Schools

and he spoke Spanish!
He explained the legal
process to me, step by
step. We worked long
and hard to reclaim my
daughter's rights so
that she would benefit
from a "thorough and
efficient education"
which meant proper
cochlear implant
listening monitoring.

obstacles along the way, I can safely say that the struggle was worthwhile. With the ongoing assistance of both the Parents Place/Club de Padres and the Educational Law Center, my daughter is now in a program specifically designed to help children with cochlear implants. She attended summer classes there and has made marked progress already. She is looking forward to her new school year:

My husband and my daughter Laura have always inspired me with their love and dedication to Estefania. That support is what has always inspired me to strive to set high expectations for Estefania. I am certain that my daughter Estefania will continue to improve and progress in her academics and life skills now that the path chosen for her is the right one.

I would like to thank everyone who extended their hand to help me on this journey, step by step. I would like to tell all the parents who are reading this... trust your instincts. Follow your dreams for your children and find people like that ones I found to help get you there.



5

Multi-Lingual Center Catholic Family & Community Services

Hola! Mi nombre es Gloria Oquendo. Mi hija, Estefanía tiene siete anos de edad. Ella nació sorda. A los tres anos de edad Estefanía tuvo una cirugía de implante "cochlear" en el oído derecho, en su tierra natal de Colombia.

Mi familia y yo llegamos a los Estados Unidos en iulio del 2000. En septiembre de es ano matricule a Estefanía en el jardín de niños a los cinco anos. Vivimos en Paterson. Después de evaluarla, el personal del equipo de educación especial para niños decidió que la escuela de Dale Avenue era la más apropiada para Estefanía. Yo era nueva al sistema, decide a tentar el programa. Estefanía duro su primer ano en los Estados Unidos en una clase regular en el jardín de niños con unas horas ala semana in una clase donde fue supervisada por personas que tenían un conocimiento con implantes de cochlear. Al fin del ano ve que Estefanía no avanzo como yo esperaba. El personal del programa especial para niños dijeron que este era el único programa que tenían para Estefanía y recomendaron que continuara en la misma clase con las mismas horas a la semana de apoyó en audición y lenguaie.

Me informe de un amigo sobre la agencia Catholic Family & Community Services tenia un centro llamado Parents Place/ Club de Padres, donde puedo ir v hablar con un especialista sobre IDEA. Estaba muy agradecida que todos allí hablaban español y ingles, y había padres con niños con desabilidades, con los que yo pueda hablar. Me dieron las leves, y mis opciones. Decidí pedir una evaluación con un especialista en implantes de cochlear. El Parents Place/ Club de Padres me apunto una persona para que me asistiera y traducirá a Estefanía y a mi a la cita con Dr. Jennifer Marchitto, una especialista de implantes de cochlear, en el hospital Overlook. Era el encuentro con la doctora Jennifer Marchitto, que aprende de la escuela dedicada a la supervisión de niños con implantes de cochlear. Aprende que niños con implantes necesitan aprender como distinguir. sonidos y un especialista tiene que evaluar constantemente lo que están oyendo. Un día de clase dedicada a enseñar a niños con implantes de cochlear, esta lleno de muchas horas de "planear" que cada niño esta aprendiendo. También aprende que el salón necesita que impedir sonidos para cancelar cualquier otro sonido. Eso significo que tenían que tener cortinas y alfombra especiales in la clase para absorber sonidos improvisados.

Cuando solicite esa escuela, el personal del pro-

Parents Place grama especial para niños no estuvo Club de Padres

de acuerdo con migo. Mi asistente de Parents Place/ Club de Padres, me acompaño a mi segunda junta de IEP donde soliste otra vez y ellos dijeron que no. Yo dije, "Todo lo que quiero es que Estefanía aprenda todo lo posible. Ella no puede en este programa." Ellos dijeron, "Nosotros sentimos que este es un programa apropiado para ella."

Mi asistente me dio más opciones y me explicaron las leves en una manera que vo comprendi bien mis derechos. Escogí a mis derechos de pedir citacon en el corte. Ella me refirió mi caso a la Educational Law Center por que ella me dijo que tenja que tener una opinión de un experto y aló mejor ELC pueda ayudarme con eso. Me senti con David, un abogado de ELC in diciembre del 2001. El estuvo de acuerdo para representar me ante el Distrito de Paterson, y el equipo de la escuela, y hablo español. El me explico el proceso de las leyes, paso a paso. Trabajamos largo y duro para reclamar los derechos de mi hija para que ella tuviera los beneficios de una educación eficiente. esto significó una instrucion apropiada para implantes de cochlear.

Aunque hubo muchos obstáculos durante el camino, puedo decir que todo mi sacrificio valió la pena. Con la asistencia de Parents Place/ Club de Padres y la Educational Law Center, mi hija ahora esta en un programa específicamente designando al la ayuda de niños con implantes de cochlear. Ella atiende escuela de verano y a hecho progreso. Esta esperando a un nuevo ano de escuela.

Mi esposo e hija Laura siempre me han inspirado con su amor y dedicación a Estefanía. Esa inspiración es lo que siempre me ha esforzado a establecer esperanzas para Estefanía. Estoy segura que mi hija Estefanía continuará a mejorar y progresar en su academia y en la vida por el curso que escoge para ella, que es el mejor.

Me gustaría agrádeser a todos quien extendieron su mano para ayudarme en este camino, paso a paso. Me gustaría decirles a todos los padres que están leyendo esto...confía en su instinto. Siga sus sueños para sus hijos y encuentre personas como las que encontré yo para ayudarle a llegar allí. El sitio donde los padres pueden aprender sobre la educación de sus niños

26 DeGrasse Street Paterson, NJ 07505

Nosotros sabemos que los padres son los primeros y mejores profesores, y que juegan el rol mas poderoso para asegurarse que ses niños reciban un educación calidad.

Los Derechos De los Padres Bajo IDEA (El Acta de Educación para Individuos con Desabilidades)

El Proceso del IEP

Padres Ustedes Son Poderosos Promoviendo el Enyolvimiento de las familias en la Educación

> Sección 504 del Acta Rehabilitadad

Servicios de Extensión de Año Escolar

Como ser Eschuchado y Entendido

La Inclusión y los Programa Preescolares

Los Planes de Transición y el IEP

Comportamiento Desafiante: Entendiendo el funcionamiento de las evaluaciones

Organizando Grupos de Apoyo Para Padres Padres de Paterson Unidos o Padres Especiales de Niños Especiales

Llámenos para los horarios de los talleres!

(973) 523-8404

Rose Kardashian, M.S., Director ext. 41

Zina Seaborn,
Parent Resource Specialist
ext. 48

Hilda Maldonado, Resource Parent ext. 47

Padres ustedes son la influencia más importante en la vida de sus niños.

En colaboración con la Cadena de Padres Defensores a lo Largo del Estado



Bridge

MULTI-LINGUAL CENTER CATHOLIC FAMILY & COMMUNITY SERVICES



HelpingHand

Preventing and Resolving Parent-Teacher Differences

arents and teachers share responsibility for creating a working relationship that fosters children's learning. This digest examines the cultural context for parent-teacher relationships, suggests some general strategies for creating a climate in which misunderstandings and disagreements between parents and teachers can be minimized through communication, and discusses some general principles for parents and teachers in dealing with misunderstandings or disagreements as they arise.

The Cultural Context for Parent-Teacher Relationships

It is important for teachers and parents to remember that they know the child in different contexts, and that each may be unaware of what the child is like in the other context. It is also useful to keep in mind generally that different people often have distinct but disparate perspectives on the same issue.

For many parents, a fundamental part of the parenting role is to be their child's strongest advocate with the teacher and the school (Katz, 1995). Other parents, however, may be reluctant to express their concerns because of cultural beliefs related to the authoritative position of the teacher. Others may have difficulty talking with teachers as a result of memories of their own school years, or they may be unsure of how to express their concerns to teachers. A few parents may fear that questions or criticism will put their child at a disadvantage in school.

Many parents may be surprised to learn that teachers, especially new teachers, are sometimes equally anxious about encounters with parents. Most teachers receive very little training in fostering parent-teacher relationships, but with the growing understanding of the importance of parent involvement, they may worry about doing everything they can to encourage parents to feel welcome (Greenwood & Hickman, 1991).

Avoiding Conflicts between Parents and Teachers through Open, Ongoing Communication



The foundation for good parent-teacher relationships is frequent and open communication. Both teachers and parents share the responsibility for creating such a foundation. There are several strategies teachers can use to establish a climate conducive to open communication. Teachers can:

Let Parents Know How and When They Can Contact the School and the Teacher.

As early in the school year as possible, teachers can explain that: (1) they can be reached at specific times or in specific ways; (2) they can be contacted directly as questions or concerns arise; and (3) they have given a lot of thought to their teaching philosophy, class rules, and expectations. In addition to personal interaction, teachers often use newsletters or letters home to provide this information to parents, perhaps including a phone number and, if available, an electronic mail address by which they can be contacted (Barnett, 1995). Some teachers encourage two-way communication by including in newsletters or letters home a short survey about children's interests or parents' hopes or expectations for the school year.

Practice an Open-Door, Open-Mind Policy.

Teachers can invite parents to visit the class at any time that is convenient to the parent. When they visit, parents can monitor their child's perceptions of a situation and see for them selves what the teacher is trying to achieve with his or her students.

Elicit Expressions of Parents' Concerns and Interests in Preparation for Parent-Teacher Conferences.

Some schools organize parent-teacher meetings to discuss their goals early in the school year. On these occasions, teachers can ask parents to share their main concerns and goals for their child. Brief questionnaires and interest surveys also provide good bases for meaningful discussions in parent-teacher conferences (Nielsen & Finkelstein, 1993).

Involve Parents in Classroom Activities.

Teachers can let parents know how they can be helpful and solicit parents' assistance with specific activities. The more involved parents are in what goes on in the classroom, the more likely they are to understand the teacher's goals and practices.

Parents also have an important role to play in fostering open communication between themselves and teachers. They can:

Introduce Themselves.

At the beginning of the school year, parents can contact teachers and let them know when they can be reached most easily, day-time or evening, to discuss their child's classroom experience, and how they would prefer to be contacted (telephone, email, letter, etc.).

Be Involved in Classroom and School Activities at Whatever Level Work and Family Responsibilities Allow.

If parents cannot volunteer or go on field trips, they can let the teacher know that they are interested in helping in other ways with a special display or some activity that can be done on an occasional weekend, for example.

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(Continued from page 20)

They can let the teacher know that they have skills that they would be willing to share even if they are not sure how they can be useful in the classroom. Or, they can let the teacher know that special circumstances (an extremely ill parent, or an especially demanding job, for example) prevent them from being formally involved, but that they are always interested in how their child is doing and would welcome communications about their child on a regular basis, not just when there's a problem.

Initiate Regular Contact.

Parents need not wait for the teacher to call them; they can contact the teacher at times the teacher has indicated are convenient.

When Parents and Teachers Disagree: Strategies for Teachers and Parents

On those inevitable occasions when parents and teachers disagree about curriculum, assignments, peer relationships, homework, or teaching approaches, a pattern of open communication can be invaluable for resolving differences (Willis, 1995). But dealing with direct disagreements also requires respect and discretion by both parents and teachers. In times of disagreement, teachers should:

Know the School Policy for Addressing Parent-Teacher Disagreements.

It is a good idea for teachers to check school and district policies for handling conflicts or disagreements with parents and to follow the procedures outlined in the policies.

Use Discretion about When and Where Children and their Families are Discussed.

It is important to resist the frequent temptations to discuss individual children and their families in inappropriate public and social situations or to discuss particular children with the parents of other children. Confidentiality contributes to maintaining trust between parents and teachers.

Parents' discussions of disagreements with teachers need to be based on knowing the facts. Parents can:

Talk Directly with the Teacher about the Problem.

The best approach is to address complaints at first directly to the teacher, either in person or by telephone, and then to other school personnel in the order specified by school policy. Sometimes the teacher is unaware of the child's difficulty or perception of a situation. Sometimes a child misunderstands a teacher's intentions, or the teacher is unaware of the child's confusion about a rule or an assignment. It is important to check the facts directly with the teacher before drawing conclusions or allocating blame. Direct contact is necessary to define the problem accurately and to develop an agreement about how best to proceed.

Avoid Criticizing Teachers in Front of Children.

Criticizing teachers and schools in front of children may confuse them. Even very young children can pick up disdain or frustration that parents express about their children's school experiences. In the case of the youngest children, it is not unusual for them to attribute heroic qualities to their teachers. Some even think that the teacher lives at school and thinks of no one but them. Eventually such naivete is outgrown, but overheard criticism is likely to be confusing in the early years and may put a child in a bind over divided loyalties. Besides causing confusion and conflict, criticizing the teacher in front of the child does nothing to address the problem. In the case of older children, such criticism may foster arrogance, defiance, and rudeness toward teachers. Children's respect for authority figures is generally a shared goal in most cultures (Katz, 1996).

Choose an Appropriate Time and Place to Discuss the Disagreement.

Parents should keep in mind that the end of the day, when both teachers and parents are tired, is probably not the best time for a discussion involving strong feelings. If an extended discussion is needed, make an appointment with the teacher.

As children grow older, they are generally aware when their parents are upset about the teacher or a school-related problem. As parents discuss these incidents with their children, they are modeling ways to express frustration with the problems of life in group

settings. As children observe and then practice these skills, the coping skills become "tools" in a child's "psychological pocket" to be used in future life experiences.

Conclusion

Teachers and parents share responsibility for the education and socialization of children. Preventing and resolving the differences that may arise between parents, teachers, and children with constructive communication, respect, grace, and good humor can help make school a pleasant place.

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Parents Can Play a Part in Raising Teacher Quality

Peggy Pation, adapted from a NovadeadDecader 2001 online Parent News article (http://npin.org/pnews/2001/pnew1101/int) 101d/html)

One of the few points of universal agreement in education is that having highly qualified teaching matters. But recent demands for better-qualified teachers are coming at a time of severe teacher shortages and increasing numbers of students.

One thing will not change: the role of par-

ents in supporting both new and experienced teachers. Just as parent involvement helps children succeed in school, it can also help teachers be more successful in the classroom.

Some award-winning first-year teachers attributed some of their success to parents who:

- showed support for learning at home;
- communicated positive feedback about a teacher's influence or performance;
- welcomed new teachers;
- volunteered to help in the classroom;
- supported fair discipline measures that teachers imposed;
- did not assume the worst about firstyear teachers;
- made sure that children did their homework;
- offered their workplaces for field trips, when appropriate;
- talked to a teacher directly about a problem; and
- became active partners in education.

Parents can also work to promote teaching as a profession and to ensure that their schools hire well-trained teachers.

- See how your state teaching standards measure up. See www.hewittco.com/ nasdteclonline_1.html for state-by-state information.
- Start a future teachers club. Work with middle school and high school administrators and teachers to start a local chapter of Future Educators of America (www.pdkintl.org/studser/sfea. htm).
- Encourage your local schools to establish partnerships with nearby schools of
 education. Teacher input to university
 faculty keeps education schools focused
 on the day-to-day issues that teachers
 face.

Given the projections about the number of new teachers needed in our nation's classrooms in the next few years, parents will have ample opportunity to forge partnerships with new teachers, with schools, and with community groups to help ensure that all children have access to effective classroom teachers.

Grandparents Need to Know How to Help

Reprinted from Early Childhood Connection, Spring 2002, newsletter of PACER Center, 8161 Normandale Boulevard, Minneapolis, MN 55437-1044 952-838-9000 * 952-838-0190 (TTY) * pacer@pacer.org * www.pacer.org

Parents may wish to share or adapt these tips for grandparents who want to help.

Offer support, but don't

hover. By doing so, your child will know you trust their decisions about medication, therapy, education, etc.

Provide support in practical

Ways. Open communication is important. Ask what you can do to help. You can attend doctors' appointments for moral support and an extra set of ears and notes, or babysit to allow your children to relax one evening a week. Even if you live far away, you can help by locating therapists in your grandchild's city and fording useful books or other information.

Offer opinions only if asked.

Some parents might be sensitive about suggestions for raising their child. Try to understand that raising a child with a disability is difficult and give advice only when your child asks for it. "Sometimes my parents say things that sound as if they think we aren't doing things right," said a mother. "For example, my child has difficulty eating. But my mother has said, 'She does just fine when she's with me.' That might have been Mom trying to reassure me, but that's not how I heard it."

Find out what you need to know about the disability. If

you become informed about a child's disability, it indicates that you really want to be involved. However, follow the lead of your children; they have gathered plenty of information and have the information they need to raise their child. Before you offer new information, wait until they ask.

Accept your grandchild as he or she is. Treat the child with a disability as you would any grandchild. Acknowledge the disability, but recognize the talents and abilities of your grandchild.

Give yourself time to grieve.

Many grandparents say their grief is magnified because they watch their child grieving also. Let yourself grieve and take care of yourself during difficult times.

Enjoy your grandchild. If you enjoy reading to your grandchild, sit on the couch and read a book - even if the doctor says the child can't hear. Rock your grandchild in your favorite rocking chair. Bring pictures of your grandchild to your friends. Spend time together - you will quickly learn all of the talents and abilities your grandchild has and the important place you have in his or her life.

Bridge

Communication: The Key to Successful Collaboration Between Schools & Mental Health

Written by Tina Deibler, an emotional support teacher in the Cumberland Valley School District, Cumberland County, PA.

n my position as an itinerant emotional support teacher in the public education system, I have had the opportunity to collaborate with a variety of mental health staff persons and agencies on behalf of children with mental health needs. Most of my experiences have been positive, although some collaborative efforts have not been successful.

I believe that the key to successful collaboration between the school and mental health agencies is open communication. Team members must constantly exchange information. It is also important to remember that, next to the parents, the educational system has the child for the most hours on any given day.

Open communication can happen in different ways between the educational team, the family and all the outside agencies and staff who are involved with individual children:

Clear documentation of all of the expectations for a student in the educational



environment. This documentation can help with developing the child's education plan, ease transitions, and help the child to be more successful.

 Educational materials and information about a child's disability. This information can be shared during Individualized Education Plan (IEP) meetings and CASSP (Child and Adolescent Service System Program) meetings. Collection and sharing of data about a child, so that an appropriate IEP can be developed.

One of my most successful cases of collaboration and communication involved Sarah, who needed treatment and services in keeping with the requirements of the Cordero court settlement for students who did not have an appropriate educational placement. The school district supplied a teacher and a classroom aide, while the mental health agency provided a case manager, behavioral specialist, and therapeutic staff support worker. In addition, there were advocates, lawyers and multiple administrators involved. Team meetings often included more than 20 people.

For me as an educator, it was hard to have so many adult professionals in my classroom, but everyone was there to play a specific role and to support Sarah. Team members all supported each other and gave suggestions; with so many people involved, many strategies were available. Someone not involved on a daily basis was usually available to visit the class and provide insight or share observations. Although eventually Sarah went to a residential placement, our team successfully enabled her to stay at home and in a regular education setting for an extended time. If the team members had not openly communicated with each

> other, the outcome for Sarah would have been even less successful.





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Forderille control

Mike Sanciovanni

Siciewide Parent Advocacy Network

(732) 450-9724

materials@spanni.org





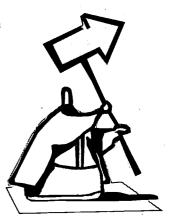
Questions Parents Ask About Schools

Excerpted from Questions Parents Ask About Schools, U.S. Department of Education

On Preparing for a Career

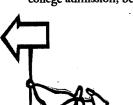
What can I do to help my child move successfully from school to college or work?

- Start talking to your children at an early age about careers and the kind of education he or she will need to reach his or her goals. Expose your children to many different careers through contacts with teachers, friends, employers, and career counselors.
- Encourage your child to attend career and college fairs. Attend as many of these events as you can with your child. Most future jobs require not only a high school diploma, but 1-4 years of community college, 4 years of college, and/or specialty training.
- · Take your child to work if you can.
- Ask the high school counselor about programs that combine study at school with work or classes
 at the technical college to prepare students for well-paying jobs (sometimes these programs are
 called Tech-Prep, School-to-Career, or School-to-Work).
- Make sure your child is enrolled in the high school courses needed for admission to college or to secure a well-paying job.
- Make sure your child takes the tests, starting not later than 9th grade, that many colleges review
 as part of the admissions process. Students who take these tests more than once usually improve
 their scores.
- Encourage your child to be involved in activities such as organized after-school programs, community service, academic clubs, technology or vocational clubs, the school newspaper, drama and music programs, art, and athletics.
- Relate your child's interests to a variety of career choices.



What high school courses should my child take to get into college?

A college education builds on the knowledge and skills acquired in earlier years. Parents should plan with their children, starting
not later that 7th or 8th grade, to make sure they can complete all the appropriate middle and high school courses needed for
college admission, beginning with plans to take algebra in the 8th grade.



- Students usually have more difficulty with college courses if they haven't taken courses to prepare them in high school.
- Academic requirements differ among colleges, but the admissions requirements listed below are typical of four-year colleges:
 - 4 years of English (grammar and composition, American literature, English literature, world literature)
 - 3 to 4 years of mathematics (algebra I and II, geometry, trigonometry, pre-calculus, calculus)
 - 2 to 3 years of history and geography
 - 3 to 4 years of laboratory science (biology, chemistry, physics)
 - 2 to 3 years of foreign language
 - 1 year of the visual and performing arts
 - 1 to 3 years of appropriate electives (computer science)

These questions and answers were prepared by staff from Parent Information and Resource Centers across the United States, funded by the U.S. Department of Education.

Survey results are from a survey sponsored by the Partnership for Family Involvement in Education, the U.S. Department of Education, and the GTE Foundation, conducted by the National Opinion Research Center at the University of Chicago as well as "Fathers' Involvement in Their Children's Schools," a survey by the National Center for Education Statistics.



Las Preguntas Que Hacen Los Padres Sobre La Escuela

U.S. Department of Education (excerpt)

Al Prepararse Para una Carrera

Qué pueden hacer los padres para ayudar a los hijos a realizar con éxito la transición de la escuela a la universidad o al trabajo?

- Comience a hablar con sus hijos acerca de las carreras y del tipo de educación que necesitarán para lograr sus objetivos desde una edad temprana. Exponga a su hijo a las distintas carreras poniéndolo en contacto con maestras, amigos, empleadores y consejeros vocacionales.
- Aliente a su hijo a que asista a ferias de reclutamiento de empleadores y de universidades. Asista a todas
 las actividades de este tipo que pueda con su hijo. La mayoría de los futuros trabajos requerirá no solo un diploma de escuela secundaria
 sino también, l'a 4 años de universidad comunitaria, 4 años de universidad y/o capacitación especial.
- Si puede, lleve a su hijo al lugar en donde trabaja.
- Pregunte al consejero de la escuela secundaria acerca de programas que combinen el estudio en la escuela con el trabajo o acerca de clases en una universidad técnica que preparen a los estudiantes para trabajos que pagan bien (estos programas reciben a veces el nombre de preparatorias técnicas (Tech-Prep), escuela a carrera (School-to-Career) o escuela a trabajo (School-to-Work).
- Compruebe que su hijo se haya inscrito en los cursos de escuela secundaria que necesita para ser admitido a la universidad o para conseguir un trabajo que paga bien.
- Compruebe que su hijo haya realizado las pruebas (que comienzan a más tardar a partir del 9<u>no</u>, grado) que muchas de las universidades solicitan como parte del proceso de admisión. Los estudiantes que hacen estas pruebas más de una vez, en general mejoran la calificación obtenida.
- Aliente a su hijo a que participe en actividades tales como programas organizados después del día escolar, el servicio comunitario, los
 clubes académicos, los clubes tecnológicos o vocacionales, el periódico de la escuela, los programas de teatro, música, arte y atléticos.
- Relacione los intereses de su hijo con una variedad de posíbilidades de carreras.

En qué clases de la escuela secundaria debe inscribirse mi hijo para poder ir a la universidad?

- La educación de la universidad se basa en el conocimiento y las aptitudes adquiridos durante los años anteriores. Los padres deben
 comenzar a planificar la educación junto con sus hijos antes del 7mo. u 8vo. grado. Si lo hacen, podrán estar seguros de completar todos
 los cursos de la escuela media y superior que necesitan para ser admitidos en la universidad, comenzando con el álgebra en el 8vo. grado.
- En general, los estudiantes que no se inscriben en los cursos de preparación en la escuela superior, tienen más dificultades en la universidad.
- Los requisitos académicos dependen de la universidad pero los requisitos de admisión enumerados a continuación son los habituales de las universidades de cuatro años:
 - 4 años de idioma inglés (gramática y composición, literatura norteamericana, literatura inglesa, literatura mundial)
 - 3 a 4 años de matemáticas (álgebra I, II; geometría, trigonometría, introducción al cálculo, cálculo)
 - 2 a 3 años de historia y geografía
 - 3 a 4 años de ciencias de laboratorio (biología, química, física)
 - 2 a 3 años de un idioma extranjero
 - 1 año de artes visuales y de actuación
 - 1 a 3 años de materias electivas adecuadas (ciencia de la computación)

Estas preguntas y respuestas fueron preparadas por el personal de los centros de recursos y de información para padres, fundados por el Departamento de Educación de EE.UU. en todo el país. Los resultados de las encuestas provienen de encuesta auspiciada por la Asociación para la Participación de la Familia en la Educación (Partnership for Family Involvement in Education), el Departamento de Educación de EE.UU. (U.S. Department of Education) y la Fundación GTE (GTE Foundation) y fueron realizados por el Centro de Investigación de Opinión Nacional (National Opinion Research Center) de la Universidad de Chicago. La Participación de los Padres en la Escuela de sus Hijos (Fathers' Involvement in Their Children's



Schools), una encuesta realizada por el Centro Nacional de Estadísticas sobre Educación (National Center for Education Statistics).

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HelpingHand

What Should Parents Know About Schools As Community Learning Centers?

Peggy Patton, adapted from a November/December 2001 online Parent News article (http://npin.org/pnews/2001/pnew1101/int1101d.html)

Chances are that, when you were growing up, your school's clubs, sports, and social activities played an important role in your life and in the life of your community. Today, in addition to hosting traditional student clubs and activities, many schools are open from morning to night hosting daycare, pre-kindergarten, adult, and senior learning programs as well as communitywide educational, health, social, cultural, religious, and recreational services and events. Schools used for these purposes can be referred to as community learning centers. (Other ways of expressing this concept include "full-service schools," "shared facilities," and "schools as centers of community.") [The following] explains the benefits and challenges of community learning centers, lists some examples of specific school-community alliances, offers suggestions for promoting school-community partnerships, and provides sources for more information.

What Are the Benefits?

Students, parents, and the entire community can benefit from a community learning center. Serving a broad spectrum of the community brings a better return on the community's investment in its school facilities and generates a wide range of citizen and business support for school financing. School-community alliances take a great deal of planning, cooperation, and flexibility on behalf of everyone involved, but they can result in enhanced learning, strengthened community ties, and reduced facility costs.

Community Use of Schools: Facility Design Perspectives (Fanning/Howey Associates, Inc., 1995) provides numerous examples of schools that have accommodated community use. The following testimonials are from some of the people involved with these schools:

"The more people use our schools, the more they associate with us, identify with us, and use our services and facilities, the better chance we have for enlisting the community's support when we need it." Dr. C. Douglas Parks, Superintendent of the Ap-



takisic-Tripp Community Consolidated School District No. 102 in Buffalo Grove, Illinois.

"Wilson Middle School will be heavily used by our community. We knew we wanted to be able to accommodate a lot of use, so we had two main objectives: organize the functions so that the academic wing can be closed off and people can easily come and go in the public spaces; and make sure the spaces are easy to maintain, durable, and can be cleaned up quickly." Bill Reiter, Director of Facilities and Operations for Muncie Community Schools in Muncie, Indiana.

"The older community members like to have a place to get together and talk that is safe. The school is a safe place. So they gather at the school and chat and have all sorts of social activities." Dr. Betty J. Davis, Assistant Superintendent for Curriculum and Management of the Pontiac School District in Pontiac, Michigan.

"Our school is the cultural center for our village - a museum, a library, and a place where our children can learn about their



heritage.... Community use really helps with increasing support for our facilities. Our curriculum is based on community sharing and involvement." Sam Towarak, Assistant Superintendent of the Bering Strait School District in Unalakleet, Alaska.

What Are the Challenges?

Most challenges are associated with increased building use. Because school spaces will be shared more often, territorial and other issues must be managed skillfully. More staff time is needed for planning, scheduling, and supervision. Liability, parking, and school safety issues have to be addressed. Cleaning and maintenance are more costly, and wear and tear on buildings and equipment increases. But the same problems present themselves daily in schools now, so these issues are nothing new. The cost of adding each new activity is usually quite low and sometimes can be recovered through user fees.

Some community members may not agree that school facilities should be used by private groups and organizations. This problem is best addressed by instituting clear and fair policies and user fees developed openly and with the community's input.

What Are Some Examples of School-Community Alliances?

School districts are forming alliances with public libraries, social service offices, community recreation departments, corporate training facilities, and similar entities to put their activities under the same roof with schools. Some districts have taken school activities out of the school building altogether and distributed them among specialized "learning environments" within the community with excellent results. The famous Zoo School outside of Minneapolis, Minnesota, for instance, is actually located in the state zoo.

The following are examples of specific



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school-community alliances:

Public libraries and public schools. Wisconsin has implemented a program in some communities whereby school and public library resources are housed in the same building, and services are provided by the same staff.

Social service agencies and public schools. The Children's Aid Society in New York City has implemented a community school model by using the school building to link parents and children to comprehensive social services, including afterschool care, dental services, and mental health counseling.

Recreation departments and public schools. The school system in Clayton, Missouri, and the city of Clayton combined plans andresources to upgrade the high school athletic facility. The high school now has a new athletic facility that the city can use as a new community center. In St. Paul, Minnesota, a charter school shares space with a city recreation building that was formerly used primarily after school and on weekends.

Universities and public schools. George Washington University in Washington, DC, gives students at the School Without Walls High School access to its library and to 100 university classes per year to supplement the public school's offerings. In return, the university uses the school's building for evening classes. In Arizona, two charter schools share space with a community college, thus allowing students to take both high school and college classes.

Businesses and public schools. In the Birmingham Public School System in Michigan, an underused high school was transformed into a combination 1,000-student high school and a corporate training and conference center. This has provided the business community with an asset and the high school students with access to state-of-the-art technology. In other cities, businesses have provided onsite space for use by local schools.

What Can I Do To Promote Community Use of My Child's School?

If you have an idea about a new use for your child's school or for an innovative alliance between your child's school and another organization, talk to school and community leaders. Your idea could be anything from using school facilities for an afterschool care program to building a new auditorium for joint school and community use or even starting a school in a zoo!

Implementing your idea can involve a few hours of work or years of fund-raising. The following are some specific steps you can take to promote community use of your child's school:

Meet with legislators, city and county officials, and other elected leaders to request their support in promoting the use of local schools as community learning centers.

Serve on an advisory or building committee, or pass along your ideas to members of the committee.

Attend public hearings.

Seek opportunities to encourage community use of your child's school. For example, you can speak at meetings or other community gathering places and provide examples of successful community learning centers.

Participate in community forums, planning workshops, and design sessions for new schools.

Publish articles on community use of schools in your community's newsletters.

Where Can I Get More Information?

The following organizations offer information on the topic of using schools as community learning centers:

National Center for Community Education 1017 Avon Street * Flint, MI 48503 Toll Free: 800-811-1105 Ph: 810-238-0463 * Fax: 810-238-9211 E-mail: ncce@nccenet.org Web: www.nccenet.org

National Community
Education Association
3929 Old Lee Highway, #91-A
Fairfax, VA 22042
Ph: 703-359-8973 * Fax: 703-359-0972
E-mail: ncea@ncea.com
Web: www.ncea.com

U.S. Department of Education 21st Century Community Learning Centers 400 Maryland Avenue, SW Washington, DC 20202-6175 Ph: 202-260-0919 * Fax: 202-260-3420 E-mail: 21stCCLC@ed.gov Web: www.ed.gov/21stcclc

Sources

References identified with ED are documents abstracted in the ERIC database. They are available in microfiche collections at more than 900 locations or in paper copy and, in some cases, electronically from the ERIC Document Reproduction Service at 1-800-443-ERIC (3742). Call 1-800-LET-ERIC (538-3742) for more details.

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Celina, OH: Author. ED 417 578. To order: www.netwalk.com/-fhacol/market/pub.html

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U.S. Department of Education. 1997. Keeping Schools Open As Community Learning Centers: Extending Learning in a Safe, Drug-Free Environment Before and After School. Washington, DC: Author. ED 409 659. www.ed.gov/pubs/LearnCenters



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MEDICAID MANAGED CARE "New Jersey Care 2000+"

In a process that has already started, all Medicaid recipients in New Jersey will be phased into enrollment in state-contracted managed health care plans on a county-by-county basis.

Family Voices of New Jersey at SPAN, thanks to a grant from the Center for Health Care Strategies, has developed fact speets to help you understand

The 7 FREE fact sheets include:

What's Covered? What's Not?

Choosing Providers

Provider Relations and Advocacy

Dispute Resolution

Welfare Social Security, and Medicaid

Resource List

Important Terms

Find our fact sheets on the SPAN website!

Find our fact sheets on the SPAN website WWW.Spannj.org

or contact

Lauren Agoratus & Beverly Bowser Family Voices at New Jersey

(800) 372-6510

Using Medicaid Managed Care

- Call a state-contracted Health Benefits Coordinator toll-free at 1-800-701-0710 (TTY: 1-800-701-0720) to select and enroll in one of 5 state-contracted Medicaid health plans called health maintenance organizations (HMOs).
- ♥ Read your HMO Member Handbook carefully.
- Select and work with a Primary Care Provider in your HMO.
- Get referrals from your Primary Care Provider for all specialists and other services.
- Work with the Care Manager assigned by your HMO to coordinate your child's needs and solve problems.
- ♥ Use only the providers in your HMO's Provider Network. Consult HMO member services or your HMO Provider Directory to find out who are network providers.
- ♥ Use emergency rooms <u>only</u> for true emergencies, <u>not</u> any routine care.
- Call your Primary Care Provider for all routine care, or urgent care during office hours.
- Call your HMO's 24-hour toll-free number for urgent problems after office hours.
- ♥ Call HMO member services with routine or billing questions.
- Receive "excluded" or "carve-out" services outside the HMO on a fee-for-service basis – these services are still paid for by Medicaid.
- In an emergency, call 911 or go to the nearest emergency room!

LEARNING RESOURCE CENTER PROJECT

Joint Training Activities for Educators and Parents

The Learning Resource Center' Project is providing regional joint training activities for educators and parents.

These training activities are intended to:

Enhance program development for students with disabilities

Provide critical information regarding federal and state special education requirements
Relate instruction for students with disabilities to the NJ Core Curriculum Content Standards
Foster parent-educator collaboration in the delivery of special education programs and services

The Learning Resource Centers (LRCs) are supported through the New Jersey State Department of Education,
Office of Special Education Programs, and are funded through I.D.E.A. Part B Funds and section 619 Pre-School Funds.
You may contact your regional Learning Resource Center for information regarding workshop registration.

	LRC-N, East Orange	LRC-NS, Morris Plains	LRC-C, Aberdeen	LRC-S, Sewell
	973-414-4495	973-292-5894	732-441-0061	856-582-7000
Collaboration in the	Nov 12, 2002	Dec 3, 2002	Oct 24, 2002	Nov 20, 2002
Special Education Process	7:00 - 9:00 PM	7:00 - 9:00 PM	7:00 - 9:00 PM	7:00 - 9:00 PM
A Positive Approach to Managing Challenging Behavior	Dec 12, 2002	Feb 6, 2003	Nov 14, 2002	Oct 29, 2002
	7:00 - 9:00 PM	7:00 - 9:00 PM	7:00 - 9:00 PM	7:00 - 9:00 PM

The Learning Resource Centers are registered New Jersey Professional Development Providers.



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Resource Center



The ABC's of Parent Involvement in Education: Preparing Your Child for a Lifetime of Success

Parenting Coalition International 202-530-0849

www.parentingcoalition.org

This book is a compilation of tips, stories, poems and essays from parents and parenting professionals. It includes activities, resources, and contact information.

Parents Assuring Student Success (PASS)

National Education Service (1993) 800-733-6786

Describes a program in Indiana that successfully motivated and involved low-income families in their children's education.

Engaging Families & Communities: Pathways to Educational Success

National Community Education Association 703-359-8973

www.ncea.com

This book highlights the best ideas and models for creating and maintaining family and community involvement.

Family Involvement in Children's Education: Successful Local Approaches, An Idea Book

U.S. Government Printing Office, Superintendent of Documents

Mail Stop: SSOP, Washington, DC 20402-9328

This book is issued by the US Department of Education. It is designed for school administrators, teachers, policymakers and parents to help families become more active participants in their children's education. This book is based on case studies of 20 successful programs around the country.





Federal Resources of Educational Excellence (FREE)

A group of 30 Federal agencies have made hundreds of federally supported education resources available at this web site, enriching the Internet as a tool for teaching and learning.

www.ed.gov/free

Communities in Schools

Works to keep at-risk students in school through mobilizing community resources to partner with schools, especially in mentoring and tutoring programs. Write: 277 South Washington Street, Suite 210, Alexandria, VA 22314, e-mail: padillaa@cisnet.org.

www.cisnet.org

Partnership for Family Involvement in Education (PFIE)

(800) USA-LEARN

The mission of PFIE is to increase opportunities for families to be more involved in their children's learning at school and at home and to use family/school/community partnerships to strengthen schools and improve student achievement. Write: 400 Maryland Avenue, SW, Washington, DC 20202.

http://pfie.ed.gov

Institute for Responsive Education (617) 373-2595

IRE promotes family and community involvement in education with a special emphasis on issues of educational equity.

Write: 50 Nightingale Hall, Northeastern University, Boston,
MA 02115

www.responsiveeducation.org

National Alliance of Business -Center for Excellence in Education (202) 289-2595

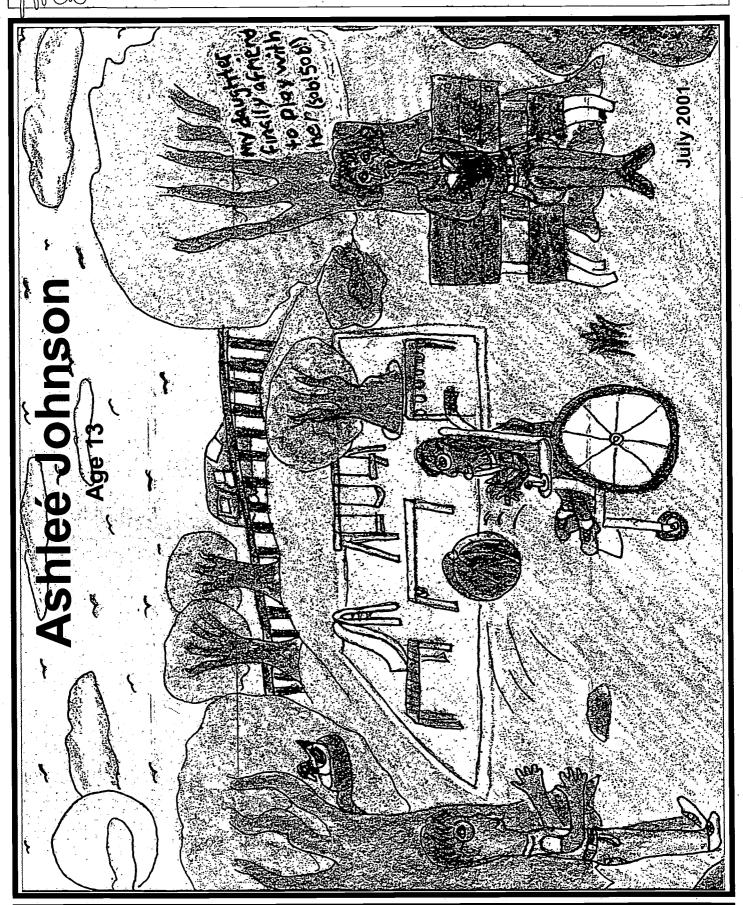
• The Alliance promotes and supports business involvement in education restructuring—bringing business, government, education and community organizations together in efforts to foster educational change. Write: 1201 New York Avenue, NW, Washington, DC 20005.

www.nab.com

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Prolition Provided by ERIC

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SPAN Membership

SPAN serves the communities of New Jersey free of charge.

However, we need your support to continue our services to families and professionals throughout the state.

By becoming a member of SPAN you will receive the following:

- Three issues of The Bridge throughout the year, PLUS our "Back to School" issue
- Reserved seating at our annual conference at a reduced rate
- Training materials at a 20% discount



SPAN Mem		YES! I would like to become a member of SPAN. Please enroll me as a member in the following category:					
\$35	Individual Membership			\$150	Professional / 0	Organization	
\$50	Family Membership	. •		\$250	Corporate Mem	nber	
 \$100	Friend of SPAN			\$500	Executive Bene	efactor	
		· .	· —	Other			_
The Bridge	Subscription		on to The Brid nal "Back to S		three issues thie.	roughout the yea	r PLUS
\$25	4 issues of The Bridge	-		financially	e to subscribe to unable to afford nsider me for a \$	the subscription	fee.
\$25	I would like to sponsor a s The Bridge for a family un				ish to have my n n made available ations.		
5	Total Amount Er	nclosed — P	lease make o	hecks paya	ible to SPAN, Inc	c. (Do not send o	ash)
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SPAN, 35 Halsey Street, 4th Floor, Newark, NJ 07102, Attn: Maria Rodriguez

ERIC 3ride

Fall 2002

Page 31



Making Connections for Student Success: SPAN Conference 2003 March 14-15, 2003 - SAVE THE DATE!

Learning Resource Center Project

The Learning Resource Centers are offering the workshops Collaboration in the Special Educa-tion Process and A Positive Approach to Managing Challenging Behavior. See page 28 for dates, locations, and more information.

Support for Families & Students

New Brunswick Library: Patricia Lovelace (908) 731-4360 x5098 Nov 5 10 am - 12 pm

Special Education & School Reform

Elizabeth: Linda Olive (973) 642-8100 x115

Union Res Ctr, Union: Barbara Walcheski (908) 686-6644 x12 7:00 - 9:30 pm

Best Practices in Transition Services

Monmouth Cty Library, Manalapan: Judy Livny (732) 792-0594 Nov 12 6:45 - 8:45 pm

Nov 14 7:00 - 9:00 pm Roselle Park Middle School: Tracy Maccia (908) 241-3944 Nov 21 7:00 - 9:30 pm School One, Scotch Plains: Claire Okell (908) 654-9533

School Climate, Facilities & A Systematic Approach to Discipline

New Brunswick Library: Patricia Lovelace (908) 731-4360 x5098 10 am - 12 pm

Family Resource Day

Jardine Academy, Cranford: Martha Goz (908) 653-9333 x205 Nov 19 10 am - 12 pm

Positive Behavioral Supports / Discipline

Nov 20 10 am - 2:30 pm SPAN, 35 Halsey Street, 2nd Floor Conference Room, Newark

Penny Dragonetti (973) 642-8100 x102

Parent Professional Collaboration / Conflict Resolution

Nov 22 10 am - 2:30 pm SPAN, 35 Halsey Street, 2nd Floor Conference Room, Newark

Penny Dragonetti (973) 642-8100 x102

How is My School / District Doing?

New Brunswick Library: Patricia Lovelace (908) 731-4360 x5098 Nov 26 10 am - 12 pm

Communication & Professionalism

Dec 11 6:45 - 8:45 pm Monmouth Cty Library, Manalapan: Judy Livny (732) 792-0594

Resources Available to Parents

Jan 14 6:45 - 8:45 pm Monmouth Cty Library, Manalapan: Judy Livny (732) 792-0594

The Law

Basic Rights

7:30 - 9:30 pm Indian Flds Elem School, Dayton: Victoria Gartlant (732) 274-1606 Dec 5 Galloway Twp Historical Room: D. Bieniakowski (609) 965-1335 Dec 9 7:00 - 9:00 pm

7:00 - 9:00 pm Reynolds Mid School, Hamilton Sq: Bev Bowser (609) 393-4077 Jan 27

Federal Laws & Programs for Student Achievement

Nov 12 10 am - 12 pm New Brunswick Library: Patricia Lovelace (908) 731-4360 x5098

Basic Rights / IDEA / 504

United Way, 303 Washington St, 2nd Flr Conf Room, Newark Nov 12 10 am - 2:30 pm

Penny Dragonetti (973) 642-8100 x102

IEP / LRE / Inclusion

Nov 15 10 am - 2:30 pm SPAN, 35 Halsey Street, 2nd Floor Conference Room, Newark

Penny Dragonetti (973) 642-8100 x102

Violence Prevention Workshops

For info and registration, please call Sh'corah Yehudah at (973) 642-8100 x113.

Effective Discipline Practices for Families

Nov 19 8:30 - 10:15 am Lincoln School, Newark

Creating Positive School Environments (Bilingual)

Nov 21 8:30 - 9:30 am Abraham Lincoln School, Elizabeth

The Violence Prevention Project facilitates two extensive trainings: Strengthening Families Program and Strengthening Multi-Ethnic Families & Communities. Please contact Sh'corah Yehudah at (973) 642-8100 x113 for the workshop series schedule.

The Parent's Role in Teaching and Learning

Parent Involvement in Creating Effective Schools

Tiny Love Day Care Center, Irvington: Damita Lucas (973) 373-3992 Nov 20 5:00 pm

School Reform & Standards

Dec 18 5:00 pm Tiny Love Day Care Center, Irvington: Damita Lucas (973) 373-3992 Staff Development & Assessments

Tiny Love Day Care Center, Irvington: Damita Lucas (973) 373-3992

Find all SPAN workshops, trainings and events at www.spannj.org

Non-Profit Organization Newark, NJ 07102 U.S. Postage Paid Permit #298

ne Bridge

Jewark, New Jersey 07102 800) 654-SPAN (7726) Vww.spannj.org 973) 642-8100

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of the U.S. Department of Education

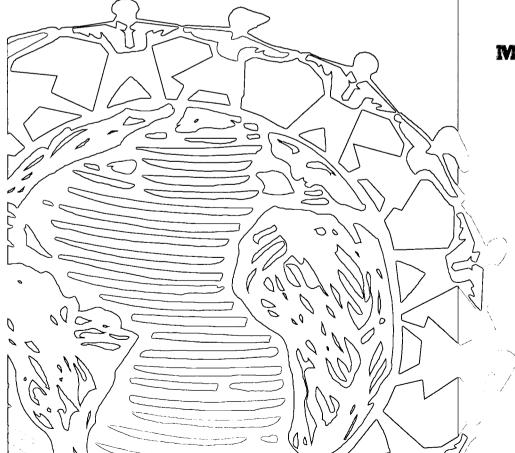
35 Halsey Street, 4th Floor

Creating Universal Partnerships

Ammual Conference of the



Statewide Parent Advocacy Network



March 8 & 9, 2002

Ramada Inn National Conference Center

> East Windsor, New Jessey

Conference 2002 Spomsors

New Jersey Education Association

U.S. Department of Education
Office of Special Education Programs

NJ Department of Health & Senior Services
Special Child, Adult & Early Intervention Services

SPAN Supporters

Bright Futures / Maternal & Child Health Bureau of U.S. Department of Health & Human Services

Center for Health Care Strategies

Developmental Disabilities Council of New Jersey

Family Voices

Healthcare Foundation

IOLTA Fund of the New Jersey Bar Association

Mercer County Division for Youth

New Jersey Department of Education

New Jersey Department of Health & Senior Services, Special Child & Adult Health Services

New Jersey Department of Human Services

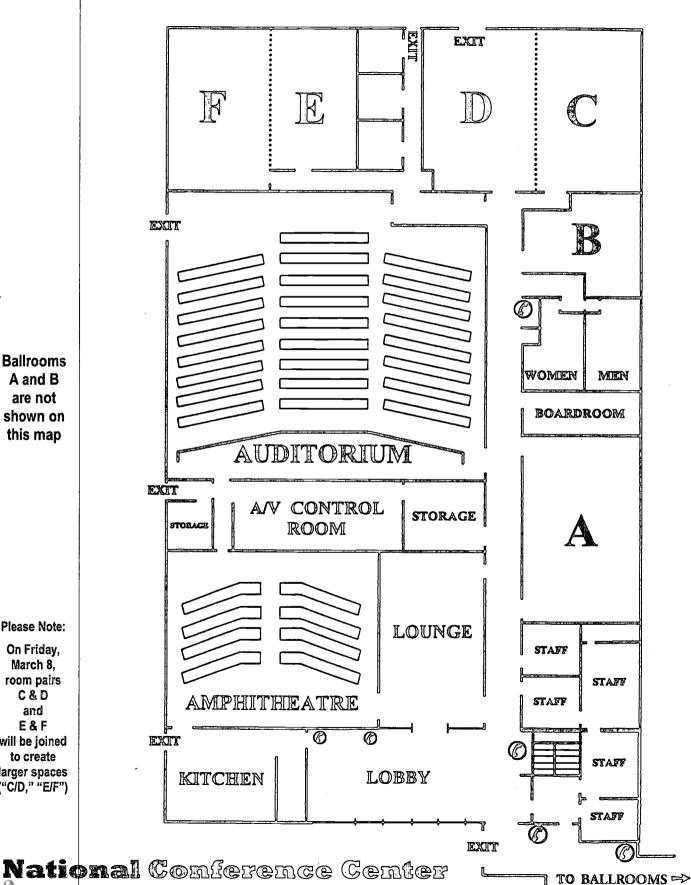
Schumann Fund of New Jersey

U.S. Department of Education
Office of Elementary and Secondary Education Programs

U.S. Department of Education
Office of Special Education Programs



Ramada Imm



Ballrooms A and B are not shown on this map

Please Note:

On Friday, March 8, room pairs C&D and E&F will be joined to create larger spaces ("C/D," "E/F")

Agenoa

March 8, 2002

REGISTRATION & LIGHT BREAKFAST

Lobby 8:30 - 9:00 AM

OPENING SESSION

Ballroom 9:00 - 9:30 AM

Welcome

Debra Comway, SPAN Conference Co-Chair

Remarks

Debra Jennings, SPAN Acting Executive Director

Keynote Address

Edithe Fulton, President, New Jersey Education Association

Introduction of Guest Speaker

Debra Jemmings

Special Guest Speaker

Mon. William L. Librera,

State of New Jersey Commissioner of Education

MORNING SESSION

See workshop schedule for locations 9:45 AM - 11:15 AM

LUNCH

Ballroom

11:30 PM - 12:30 PM

EARLY AFTERNOON SESSION

See workshop schedule for locations

12:30 PM - 2:00 PM

MID-AFTERNOON SESSION

See workshop schedule for locations 2:15 PM - 3:45 PM

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Commissioner of Education

Hon.William Librera

will be giving remarks at 9:30 am on Friday, March 8th ⁷

PROFESSIONAL DEVELOPMENT CREDIT

SPAN NJ is a registered provider with the State of New Jersey. Programs offered at this conference are eligible for Professional Development Credit. Participants may qualify for up to 5 hours of continuing education units for each day of the conference.

PLEASE BE PUNCTUAL!

To qualify for Professional Development Credit, participants must arrive within the first 10 minutes of the presentation and remain until its conclusion.



Keynote Speaker

9:00 AM - 9:30 AM



Edüthe Fulton

President New Jersey Education Association

ith her election to the presidency of the 172,000-member New Jersey Education Association in May 2001, Edithe Fulton leads the organization for the second time in her 35-year career in public education.

An admired and respected education leader, Ms. Fulton is known as a strong advocate for education employees and their students.

She returns to the NJEA presidency as the organization launches a new initiative: Expanding the Scope of Advocacy for Great Public Schools. She will be NJEA's primary spokesperson on a wide range of issues, ranging from legislation to permit educators to negotiate over professional concerns to reducing class size in the elementary grades.

Ms. Fulton serves as NJEA president from 1981 to 1985, after serving as the association's secretary-treasurer and vice-president. She has just completes a four-year term as NJEA vice president, after four years as secretary-treasurer.

For the past four years, she has served as host of "Classroom Close-Up, New Jersey," NJEA's Emmy Award Winning weekly TV show airing on NJN, and featuring stories on innovative public school programs and current issues facing New Jersey educators.

During her first term as NJEA president, Ms. Fulton articulated NJEA members' views during the emergence of state and national education reform movements. During that time, she served on the Governor's Commis-

sion on Alternative Certification and the Governor's Master Teacher Commission.

As a teacher and member of her local association, she has been a strong advocate for her members and their students. Her colleagues have elected her to numerous leadership positions, including the presidency of the Lakehurst Education Association and the Ocean County Education Association.

Ms. Fulton has twice been elected to the Board of Directors of the National Education Association, and is serving her 30th consecutive year as an NJEA delegate to the NEA Representative Assembly.

She began her career in 1966 as a fourthgrade teacher at Lakehurst Elementary School, and has been on leave from her teaching position while serving as an NJEA officer.

A trained musician and performing artist, Ms. Fulton combined those talents in her capacity as a fourth-grade teacher and a K-8 teacher of performing arts in Lakehurst, in a program that encompassed art, poetry, illustration, public speaking, and debating.

She served on the Council of New Jersey Affairs at Princeton University's Woodrow Wilson School, and has been active in a wide range of community activities with her church, hospital auxiliary, and UNICEF.

Ms. Fulton is married to Herb Smith, a retired teacher, and lives in Toms River. She has three sons, two daughters-in-law, and four granddaughters.

Friday



Morning Workshops

9:45 AW - 11:15 AM

The Abbott Regulations:

Auditorium

Implications for School Improvement

Robert Broderick, Field Representative for Leadership Training, NJEA

Tonya Hall, SPAN Project Coordinator, New Jersey Parent Information Resource Center (NJPIRC)

The Abbott regulations are supposed to govern how Abbott districts operate. Hear an overview of these regulations and how you can work with them to help shape your child's educational experience. There will be a question and answer period and a time for sharing experiences across district lines.

Strategies for Successful Inclusion: Adaptations & Modifications

E/F

Dan Castelgrant, NJEA Professional Development Consultant

This hands-on workshop allows participants to discover an array of activities, methods and adaptive strategies for teaching all students in an inclusive setting. Ideal for general and special education teachers and paraprofessionals.

Special Kids are Gifted, Too!

Ballroom A

Diana Autin, Director, Statewide Parent Advocacy Network

Learn more about the various ways in which children learn and communicate their understanding of the world. Use children's strengths to support weaker areas of learning and help them make a positive contribution to the classroom.

Bully-Proofing the Classroom

C/D

Lisa Daly, c/o Barbara T. Sprechman, Prevention First

Learn how to prevent bullying by heightening students' self-esteem, pride, security, and confidence within the classroom. Strategies will be provided which school staff can use to enable students to identify their feelings/emotions, perceptions, and needs as part of learning how to accept and respect others. Participants will gain tools for creating a comfortable, secure school environment where students can relax, be themselves, and open up to appropriate educational and social experiences.

Parents and Professionals: Partners Together

Ballroom B

Deborah Conway, Associate Director, Professional Development & Instructional Issues, NJEA

Penny Dragonetti, SPAN Northern Training Coordinator

Schools work best when families, school staff and communities work as partners. Partnerships take work and trust. This workshop focuses on collaborative teaming, communication, and advocacy, and is specifically designed for both parents and educators. Strategies for building trusting relationships and creating successful plans will be shared.

The Transition-Communication Connection: All About Augmentative Communication

В

Suzanne Montagna, CCC-SLP, Speech Language Pathologist, Emerson Jr./Sr. High School Patricia Paraskevacos, SPAN Project Coordinator, Project CARE

Kimberly Bridle, CCC-SLP, ATP, Assistive Technology Specialist, Bergen County Special Services

Examine and discuss a model for providing effective communication alternatives to verbal/nonverbal students at the transition age of 14 and above. This workshop specifically focuses on considering augmentative communication systems as a support or backup for traditional oral communication and looks at teambuilding, peer support, and integration strategies from the perspective of a parent, a speech-language pathologist, and an assistive technology specialist.

Friday

Larly Afternoon Workshops

12:30 PM - 2:00 PM

Basic Legal Rights of IDEA and Section 504:

Auditorium

Contrast and Compare

Penny Dragonetti, SPAN Northern Training Coordinator

This workshop focuses on the right to services and accommodations for students with disabilities and special health/emotional needs who may be eligible for services under Section 504 of the Rehabilitation Act or IDEA. The workshop describes the similarities and differences between these two federal laws.

Functional Behavior Assessments and the Inclusive Classroom

Ballroom A

Chris Devaney, Building Futures Project, Division of Developmental Disabilities Cliff VonSternberg, Building Futures Project, Division of Developmental Disabilities

In order to effectively address challenging behavior, team members need to understand why behaviors occur, even after numerous intervention efforts have been attempted. This can be accomplished by conducting a though functional assessment. This workshop will demonstrate to participants on how to properly conduct a functional Behavioral Assessment in order to have a full understanding of why a behavior is occurring.

Violence: Its Impact and Implications

Ballroom B

Judith Lockard, Institute for Family Services, Inc.

Taking a global look at violence: how it shapes societies, how its impact affects us morally, socially, emotionally, sexually, culturally and spiritually; its implication in various cultures and how that impacts on all humanity.

Parents' Perspectives

C/D

Malia Corde, SPAN Project Coordinator, Parent to Parent

Patricia Paraskevacos, SPAN Project Coordinator, Project CARE

Nina Serebransky, Southern Regional Associate, NJ Statewide Parent to Parent

This workshop will give parents and professionals the chance to hear from parents "who have been there" and how they have dealt with the joys and struggles of raising a child with special needs. You will be able to ask questions and gain valuable information and resources.

Getting On Board: Reaching Out to Community Partners

e/F

Deborah Conway, Associate Director, Professional Development & Instructional Issues, NJEA
Discover strategies for organizing elements of the community to become active participating stakeholders who

step up to the plate to assume shared responsibility for the education of all children.



Mid-Afternoon Workshops

2:15 PM - 3:45 PM

The IEP: The Living Document

Ballroom A

Peg Kinsell, SPAN Southern Training Coordinator

Roberta Wohle, Office of Special Education Programs, New Jersey Department of Education

Families and educators are introduced their roles in developing and implementing an effective Individualized Educational Program. Step by step, the facilitators will take you through the process and demonstrate how collaborative teamwork equals results for children.

Division of Vocational Rehabilitation: From the IEP to the IPE

C/D

Alice Hunnicutt, SPAN Project Coordinator, Transition to Adult Life

The Individuals with Disabilities Education Act (IDEA) entitles students with disabilities to receive the transition services necessary to ensure successful linkages upon graduation. A critical link for students in transition is with the Division of Vocational Rehabilitation Services. (DVRS). DVRS provides support necessary to achieve employment for persons with disabilities. Two years prior to graduation a counselor from DVRS can open a case for a student in transition. The student's Individual Education Program employment goals should be included in the DVRS Individual Plan for Employment. This workshop will show participants a systematic approach to incorporate goals and objectives related to career from the student's IEP into the IPE.

Making A Difference: Effective Advocacy

E/F

Part I: Proper Preparation Prevents Poor Performance: Preparing for Advocacy

Diana Autin, Statewide Parent Advocacy Network

Parents and professionals can work together to change the policies and practices that affect our children.

This three-part workshop provides the information and tools you need to be an effective grassroots public policy advocate. In this program we answer: What is "advocacy?" How does change happen? How can you be a more effective advocate for change? What is the role of a vision, mission, and strategic plan in public policy advocacy? This workshop introduces you to the change process and gives you tools and helpful hints on how to prepare your public policy "action plan."

Positive Behavior Supports

Auditorium

Chris Devaney, Building Futures Project, Division of Developmental Disabilities

Cliff VonSternberg, Building Futures Project, Division of Developmental Disabilities

One of the greatest challenges facing educators in inclusive settings is knowing how to work with students who exhibit challenging behavior. One of the most effective strategies to address this is through school-based teams working collaboratively, to assess, problem solve, design and implement positive behavior support plans. This workshop will present a proactive approach to understanding the functions and conditions affecting challenging behavior. Participants will learn best practice strategies to conduct a functional assessment and how to use this information to collaboratively design an intervention plan that provides positive supports and teach students alternative skills and/or coping strategies.

Anger Management

Ballroom B

Sam Hull, Bridgeton Public Schools

This workshop is designed to help educators and parents maintain self-control and maximize healthy communications even when provoked or irritated. Discover strategies and techniques to defuse conflict and handle confrontations in a non-harmful manner.

Starting Your Own Study Group

B

C.R. Williams, Caldwell Public Schools

Learn a collaborative approach to professional development supported by the New Jersey Network for Educational Renewal. Hear about sharing innovative efforts and ideas through an electronic journal and doing classroom research.

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Our Exhibitors

New Jersey Education Association

180 West State St., P.O. Box 1211, Trenton, NJ 08607-1211 (609) 599-4561 fax: (609) 599-1201 www.njea.org

Danny Adlerman

47 Stoneham Place, Metuchen, NJ 08840
(732) 548-1779
e-mail: bookkids@aol.com
www.dannyandkim.com
www.author-illustr-source.com/danandkimadlerman.htm

AXA Advisors

Michael Feldenzer, Financial Consultant 750 Route 73, Suite 207, Marlton, NJ 08053 (856) 751-2688 fax: (856) 751-3309 e-mail: michael.feldenzer@axa-advisors.com www.axaonline.com

Elizabeth M. Boggs Center on Developmental Disabilities / UMDNJ

Robyn Risley, Communications
335 George St., P.O. Box 2688, New Brunswick, NJ 08809
(732) 235-9310
fax: (732) 235-9330
e-mail: risleyre@umdnj.edu
http://rwims.umdnj.edu/boggscenter

Douglass Outreach

Marlene Brown, Assistant Division Director 30 Gibbons Circle, New Brunswick, NJ 08901 (732) 932-3902 fax: (732) 932-4469 e-mail: cricardo@rci.rutgers.edu www.rci.rutgers.edu/dddc

Family Support Center

Family Voices

Lauren Agoratus & Beverly Bowser, Project Coordinators c/o Statewide Parent Advocacy Network 35 Halsey Street, 4th Floor, Newark, NJ 07102 (800) 654-7726 Lauren: (609) 584-5779 e-mail: familyvoices@spannj.org

www.spanni.org/family_voices.htm

Family WRAP

Patricia Paraskevacos, Project Coordinator c/o Statewide Parent Advocacy Network 35 Halsey Street, 4th Floor, Newark, NJ 07102 (800) 654-7726 Patricia: (973) 523-6778 x19 e-mail: paraskevac@aol.com www.spannj.org

NJ Dept. of Health & Senior Services Special Child, Adult & Early Intervention Services

Gloria Jones-Grant, Director
P. O. Box 360, Trenton, NJ 08625-0360
(609) 984-0755
gjonesgrant@doh.state.nj.us
www.state.nj.us/health/fhs/schome.htm

New Jersey Developmental Disabilities Council

Monique Wilson, Statewide Family Support Coordinator P.O. Box 700, Trenton, NJ 08625 (609) 341-3112 fax: (609) 292-7114 e-mail: monique.wilson@njddc.org www.njddc.org

Statewide Parent Advocacy Network

35 Halsey Street, 4th Floor, Newark, NJ 07102 (800) 654-7726 fax: (973) 642-8080 e-mail: span@spannj.org www.spannj.org

U.S. Department of Education Office of Special Education Programs

400 Maryland Ave., S.W., Washington, DC 20202 (202) 205-5507 www.ed.gov/offices/OSERS/OSEP/

A Vision in Motion Speakers Bureau

Jay Gittleson, President
380 Washington Avenue, Rutherford, NJ 07070
(201) 939-1088
e-mail: jay@visioninmotion.com
www.avisioninmotion.com



Agenda

March 9, 2002

REGISTRATION & LIGHT BREAKFAST

Lobby 8:30 - 9:00 AM

OPENING SESSION

Ballroom 9:00 – 9:30 AM

Welcome

Patti Ciccone, SPAN Conference Co-Chair

Remarks

Debra Jennings, SPAN Acting Executive Director

Keynote Address

Jennifer McKeown, Young Adult, Student, and Self Advocate

MORNING SESSION

See workshop schedule for locations 9:45 AM - 11:15 AM

LUNCH

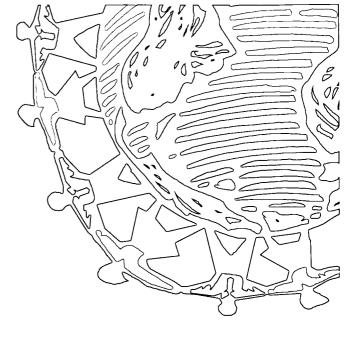
Ballroom 11:30 PM - 12:30 PM

EARLY AFTERNOON SESSION

See workshop schedule for locations 12:30 PM - 2:00 PM

MID-AFTERNOON SESSION

See workshop schedule for locations 2:15 PM - 3:45 PM



PROFESSIONAL DEVELOPMENT CREDIT

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Meymote Speaker

9:00 AM - 9:30 AM



Jenniffen McKeouen

Jemmifer's Visiom for Her Life im the Community

A student shares the journey of her life in the community and her dreams and appirations for the future.

ennifer is a second year senior at Washington Township High School in Washington Township, Gloucester County, New Jersey. She is currently a part time employee at Home Depot in Turnersville, New Jersey.

Jennifer's favorite recreational activities include singing and dancing in local community theater productions.

In the past three years, Jennifer has presented at many local, state, and national conferences in New Jersey, Pennsylvania, and Florida to parent groups, agencies, school districts, and students on the topics of self determination and a valued paticipating life in the community.



Morning Workshops

9:45 AM - 11:15 AM

The IEP: The Living Document

Auditorium

Peg Kinsell, SPAN Southern Training Coordinator

Roberta Wohle, Office of Special Education Programs, New Jersey Department of Education

Families and educators are introduced their roles in developing and implementing an effective Individualized Educational Program. Step by step, the facilitators will take you through the process and demonstrate how collaborative teamwork equals results for children.

If Abbott is the Law, Where's the Money?

Ballroom A

Irene Sterling, Executive Director, Paterson Education Fund

Participants will receive an update on the fiscal realities of Abbott funding. Learn more about ongoing legal actions and what we may expect with the new governor regarding moving forward with the Supreme Court's ruling on parity in educational opportunities for all children.

Creating Kids with Compassion: Taking the "Dis" Out of Disability

Ballroom B

Paul Stuart Wichansky, A Vision in Motion Speakers Bureau

For twenty-one years, Paul has been visiting New Jersey schools to discuss the perspectives and realities of growing up with his cerebral palsy. By sharing his experiences with humor, while encouraging students to ask questions that would help positively shape their understanding of people with disabilities, Paul tries to instill the hope, energy, and inspiration that students need to achieve their own goals and dreams in life. A highly effective and polished speaker, Paul is presently a member of A Vision in Motion, a speakers bureau of motivators who have overcome tremendous adversities to inspire and positively shape the lives of children and teens.

None of Us is as Smart as All of Us: Developing Your Own Mutual Aid Self-Help Group

E

Ed Madera, Director, NJ Self-Help Group Clearinghouse

Will describe the "nuts and bolts" of joining with others to start and run a parent support group that meets your needs and those of your members. Will touch on ways to develop an online support group if your child has a rare disorder for which there is no existing mutual support network.

Making A Difference: Effective Advocacy

F

Part II: Democracy is Not a Spectator Sport: Introduction to Advocacy Strategies

Diana Autin, Statewide Parent Advocacy Network

Parents and professionals can work together to change the policies and practices that affect our children.

This three-part workshop provides the information and tools you need to be an effective grassroots public policy advocate. This introductory, hands-on workshop is for parents and professionals who have little or no experience participating in public policy advocacy. If you've never visited a legislator or testified before a state agency, this is the workshop for you! Learn how to reach legislative, executive, and regulatory policymakers with your written and in-person thoughts and ideas. Workshop participants will plan and carry out a role-play of a group visit to a legislator.



Early Afternoon Workshops

12:30 PM - 2:00 PM

Special Education Update

Auditorium

Barbara Gantwerk, Director, Office of Special Education Programs, New Jersey Department of Education

10 Steps to a Drug-Free Child

E

Connie Schmidt

Parents and educators are the frontline defense for keeping children drug free. Learn the important messages to impart to young people and the signs to look for.

Violence: Its Impact and Implications

Ballroom A

Diane K. Jordan, MA, LPC, Institute for Family Services, Inc.

Taking a global look at violence: how it shapes societies, how its impact affects us morally, socially, emotionally, sexually, culturally and spiritually; its implication in various cultures and how that impacts on all humanity.

We Are Not "Including" Anyone -They Are Already There

B

Mary Sullivan, Assistant Principal, Director of Child Study, Franklin Township Elementary School

Cindy Hudock, RN, Franklin Township Elementary School

Malia Corde, SPAN Project Coordinator, Parent to Parent

The Franklin Township School district's philosophy is that all students can and, in most instances, should be educated among their peers within the general education environment. A snapshot of one of our students should provide evidence that our philosophy is not only educationally and morally right for children, but that it does indeed work for them.

Families, Communities and Schools Together

Ballroom B

Rev. A. B. Frazier, Pastor, Second Baptist Church and Community Development Center

Hazel Russell, Community Relations Specialist, NJ Department of Labor

J. Augustus Jones, Educator, Burlington City Public Schools

Olivia Baxter, Educator, Burlington City Public Schools

Hear more about how collaboration can effect positive change. Schools are finding that parents and community agencies are great partners for raising student achievement. Learn about programs that can help you find support for improvements to your school and your neighborhoods.

Making A Difference: Effective Advocacy

F

Part III: Advanced Advocacy: Making a Real Difference

Diana Autin, Statewide Parent Advocacy Network

Parents and professionals can work together to change the policies and practices that affect our children.

This three-part workshop provides the information and tools you need to be an effective grassroots public policy advocate. This hands-on workshop is for parents and professionals who have dabbled a little in policy advocacy – or for those who have completed Part II of the training series. If you've written some letters, met once or a few times with a legislator, or participated on a task force or committee reviewing public policy, this is the workshop for you! Learn how to expand your influence through grassroots, media, and coalition advocacy. Spread the word and the work!





Mid-Afternoon Workshops

2:15 PM - 3:45 PM

Basic Legal Rights of IDEA and Section 504:

Auditorium

Contrast and Compare

Penny Dragonetti, SPAN's Resource Center Coordinator

This workshop focuses on the right to services and accommodations for students with disabilities and special health/emotional needs who may be eligible for services under Section 504 of the Rehabilitation Act or IDEA. The workshop describes the similarities and differences between these two federal laws.

Making Inclusion Happen

Ballroom A

Paula Leib, Esq., President, NJ Coalition for Inclusive Education

Learn more about the legal aspects of inclusion with an emphasis on what parents need to know.

New Jersey's Children's System of Care Initiative

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Lea Phelps, Monmouth County Family Support Organization

Sue DiBennedetto, Monmouth County Family Support Organization

For just over a year, parents and care managers have been implementing a new system which coordinates services for children with special emotional and/or behavior needs. Come and hear the progress in these first months and find out when these services will be coming to your county.

Bully-Proofing:

Ballroom B

How to Help Your Child Resolve Conflict

Judy Linscott, LCSW, CPS, c/o Barbara T. Sprechman, Prevention First

Parents will learn the ABC's of bullying behavior: its origins, its impact on the actor and the victim; how to recognize warning signs; and how to constructively resolve conflicts and seek alternative solutions with youngsters.

A Couples' Panel Discussion

E

This workshop will give couples an opportunity to speak with other couples who are raising a child with special needs. These couples come from various backgrounds and have children with various special needs. Hear first hand from them how raising a child with special needs has impacted their marriages and how they have kept their marriages strong through the ups and downs of daily life.

Managed Care for Children with

8

Special Health Care Needs and their Families

Cathie Sims, BSN, MPH, Researcher, Family Voices of NJ at SPAN

This workshop will introduce you to New Jersey Care 2000+, the new Medicaid managed health care system for New Jersey residents. Topics include: what services are covered; useful terminology; selecting a plan and a provider; working with providers; advocating for your child; appeals; and resources. Principles discussed may be useful for anyone interacting with an HMO for the first time.



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Diana Autin

Executive Director,
Statewide Parent Advocacy Network
35 Halsey Street, 4th Floor
Newark, NJ 07102
(800) 654-7726
fax (973) 642-8080
diana.autin@spannj.org
www.spannj.org

Olivia Baxter

Parent Liaison, Burlington City Public Schools Burlington, NJ

Kimberly Bridle, CCC-SLP, ATP

Assistive Technology Specialist Bergen County Special Services Educational Technology Department E. 64 Midland Avenue Paramus, NJ 07652 (201) 265-6300 kimbri@bergen.org

Robert Broderick

Field Representative for Leadership Training New Jersey Education Association 180 West State St., P.O. Box 1211 Trenton, NJ 08607-1211 (609) 599-4561 x 2248

Dan Castelgrant

NJEA Professional Dvlpmt Consultant c/o NJEA PO Box 1211 Trenton, NJ 08607 (609) 599 4561 x 2260

Deborah Conway

Associate Director,
Professional Development &
Instructional Issues
New Jersey Education Association
180 West State St., P.O. Box 1211
Trenton, NJ 08607-1211
(609) 599-4561 x 2269
fax (609) 599-1201
dconway@njea.org
www.njea.org

Malia Corde

SPAN Project Coordinator, Parent to Parent 3 Adrienne Court Asbury, NJ 08802 (908) 537-7550 maliac@aol.com

Lisa Daly

c/o Barbara T. Sprechman Prevention First 1806 Highway 35 Oakhurst, NJ 07755 www.preventionfirst.org

Chris Devaney

Building Futures Project
Division of Developmental Disabilities
40 N. White Horse Pike
Hammonton, NJ 08037
(609) 567-8076
OCShark@aol.com

Sue DiBennedetto

Penny Dragonetti

SPAN Northern Training Coordinator 33 South Fullerton Avenue Montclair, NJ 07042 (973) 509 9777 x121 fax (973) 509-9888 e-mail pdragonetti@spannj.org

Rev. A. B. Frazier

Pastor, Second Baptist Church & Community Development Center Paulsboro, NJ 08066 (856) 488-8184

Edithe Fulton

President,
New Jersey Education Association
180 West State St., P.O. Box 1211
Trenton, NJ 08607-1211
(609) 599-4561
fax (609) 599-1201
www.njea.org

Barbara Gantwerk

Director,
Office of Special Education Programs
New Jersey Department of Education
P.O. Box 500
Trenton, NJ 08625-0500

Tonya S. Hall

SPAN Project Director,
New Jersey Parent Information
Resource Centers (NJPIRC)
Statewide Parent Advocacy Network
35 Halsey Street, 4th Floor
Newark, NJ 07102
(800) 654-7726 x114
fax (973) 642-8080
e-mail goals2000@spannj.org
www.spannj.org

Cindy Hudock, RN

Franklin Township Elementary School 52 Asbury-Broadway Road Washington, NJ 07882 (908) 689-7270

Sam Hull

Coordinator, Adult Education Programs Bridgeton Public Schools Bridgeton, NJ

Alice Hunnicutt

SPAN Project Coordinator, Transition to Adult Life Statewide Parent Advocacy Network 35 Halsey Street, 4th Floor Newark, NJ 07102 (800) 654-7726 x103 fax (973) 642-8080 e-mail transition@spannj.org www.spannj.org

J. Augustus Jones

Educator, Burlington City Public Schools Burlington, NJ



Our Presenters

Diane K. Jordan. MA. LPC

Institute for Family Services, Inc. 3 Clyde Road, Suite 101 Somerset, NJ 08873 (732) 873-1663/0744 fax (732) 873-2926

Peg Kinsell

SPAN Southern Training Coordinator (609) 893-5177 pkinsell@spannj.org

Paula Leib, Esq.

President. NJ Coalition for Inclusive Education P.O. Box 186 East Brunswick, NJ 08816 (732) 613-0400 fax (732) 390-3319 NJCIE@comcast.net or paulaslieb@aol.com

William L. Librera, Ed.D. Commissioner.

Department of Education

100 River View Plaza P.O. Box 500 Trenton, NJ 08625-0500 (609) 292-4469 fax (609) 777-4099 www.state.nj.us/education

Judy Linscott, LCSW. CPS

c/o Barbara T. Sprechman **Prevention First** 1806 Highway 35 Oakhurst, NJ 07755 bsprechman@preventionfirst.net

Judith Lockard

Institute for Family Services, Inc. 3 Clyde Road, Suite 101 Somerset, NJ 08873 (732) 873-1663/0744 fax (732) 873-2926

Ed Madera

Director. NJ Self-Help Group Clearinghouse St. Clare's Hospital Denville, NJ 07834-2995 (800) 367-6274 ed@selfhelpgroups.org www.njgroups.org

Jennifer McKeown

c/o Joanne McKeown Statewide Parent Advocacy Network (800) 654-7726 ta.south@spanni.org

Suzanne Montagna, CCC-SLP

Speech Language Pathologist, Emerson Jr./Sr. High School 92 Sturbridge Circle Wayne, New Jersey 07475 (973) 633-8635

Patricia Paraskevacos

SPAN Project Coordinator, **Project CARE** 167 Terrace Avenue North Haledon, NJ 07508 (973) 523-6778 paraskevac@aol.com

Lea Phelps

Hazel Russell

Coordinator. Community/Business Partnerships NJ Department of Labor Warren St. Trenton, NJ

Connie Schmidt

Nina Serebransky

Southern Regional Associate NJ Statewide Parent to Parent 27 Hallo Drive Sewell, NJ 08080 (856) 589-3549 the4ss@voicenet.com

Cathie Sims, BSN, MPH

Researcher. Family Voices of NJ at SPAN 276 Dodds Lane Princeton, NJ 08540 (609) 688-1001 simsc@mindspring.com

Irene Sterling

Executive Director. Paterson Education Fund 22 Mill Street Paterson, NJ 07501 (973) 881-8914 isterling@paterson-education.org

Mary Sullivan

Assistant Principal Director of Child Study Franklin Twp Elementary School 52 Asbury-Broadway Road Washington, NJ 07882 (908) 689-1505

Cliff VonSternberg

Building Futures Project Division of Developmental Disabilities 40 N. White Horse Pike Hammonton, NJ 08037 (609) 567-8076 CVonsternb@aol.com

Paul Stuart Wichansky

A Vision in Motion Speakers Bureau 380 Washington Avenue Rutherford, NJ 07070 www.avisioninmotion.com

C.R. Williams

Caldwell Public Schools Caldwell, NJ

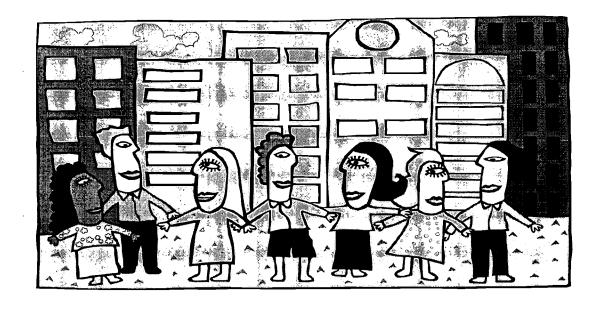
Roberta Wohle

Office of Special Ed Programs New Jersey Department of Education P.O. Box 500 Trenton, NJ 08625-0500 www.ed.gov/offices/OSERS/OSEP/





ANNUAL REPORT



Activities July 1, 2001 – June 30, 2002



ANNUAL REPORT OF THE STATEWIDE PARENT ADVOCACY NETWORK JULY 1, 2001 – JUNE 30, 2002

Mission

The mission of the Statewide Parent Advocacy Network (SPAN) is to empower families and inform and involve professionals and other individuals interested in the healthy development and education rights of children. Through this collaboration, all children will become fully participating and contributing members of our communities and society. SPAN's foremost commitment is to children with the greatest need due to disability; poverty; discrimination based on race, sex, or language; geographic location; or other special circumstances.

SPAN Activities

SPAN works toward our mission by providing information, training, technical assistance, support, leadership development, and public policy advocacy on education, health and human services issues affecting children ages birth to 21. SPAN's multi-faceted program is carried out by a bilingual, multiracial staff of 55 parents throughout New Jersey.

Individual Advocacy and Technical Assistance

SPAN staff and Resource Parents assist over 60,000 families, students, and professionals each year in resolving education and health-related issues free of charge.

Parent and Professional Development

SPAN conducts extensive workshops on educational rights and advocacy, collaboration, and leadership skills for 42,500 parents, educators, community-based organizations, and other professionals annually. We also publish and disseminate materials to over 100,000 parents, professionals and advocates for children and youth each year. Our website, www.spannj.org, is visited by over 20,000 families annually.

Research, Administrative Negotiation, and Litigation

In conjunction with other advocacy organizations, SPAN conducts action-oriented research on issues identified by our work. Our research and reports are the basis of reform-directed negotiations with public officials. When negotiations are not successful, SPAN collaborates with other advocacy organizations in litigation to promote systemic change to improve service delivery for thousands of children in public schools, such as litigation on fiscal equity for urban schools, and improvements in special education regulations and standards.

Overview

Since 1987, the Statewide Parent Advocacy Network (SPAN) has worked in partnership with New Jersey's most impoverished and vulnerable families to secure quality and equal public education and health services for all children, from infancy to age 21. SPAN works on behalf of



children who are at greatest risk for discrimination and/or academic failure due to poverty, race, ethnicity, disability, special health or emotional needs, immigrant status or limited English proficiency, involvement in the child welfare or juvenile justice system, homelessness, or other special circumstances.

In the last three years, SPAN has moved to the forefront of educational advocacy, training and policy in New Jersey. SPAN has more than doubled in size, to its current complement of 55 full-and part-time staff, doubled in operating budget, opened six additional offices throughout New Jersey, and substantially expanded program activities. SPAN's leadership has been honored by receipt of the Rockefeller Foundation "Next Generation of Leadership" Fellowship for 2001-2002, as well as the 2002 Distinguished Service Award from the New Jersey Speech-Language-Hearing Association.

SPAN is New Jersey's Parent Information & Resource Center, operating the Parent Leadership Development Institute; Parents as Teachers (PAT) programs in Abbott districts and with migrant workers; and the Violence Prevention/Strengthening Families program. SPAN is also the Parent Training and Information Center for families of children with special needs. SPAN houses New Jersey Statewide Parent to Parent and Family Voices, and is a chapter of the Federation of Families for Children's Mental Health. SPAN partners with the New Jersey State Department of Education on the State Improvement Grant, operating the Statewide Technical Assistance Resource Team Project (START). SPAN also partners with the New Jersey Department of Health and Senior Services on Family WRAP (Wisdom, Resources, Advocacy, and Parent-to-Parent Support). SPAN is a member of the National Coalition of Advocates for Students, the National Parent Network on Disabilities, the National Coalition of Education Activists, the National Black Child Development Institute, Communities Can!, Family Support America, Bright Futures for Families, and the Coalition for Essential Schools. SPAN also serves as the Center of Expertise on School Reform for the National Technical Assistance Alliance for Parent Centers.

Information, Training, Technical Assistance and Support

During the past year, SPAN staff, Resource Parents and Support Parents have conducted over 1,000 workshops for more than 42,500 families and professionals. Telephone technical assistance has been provided to over 53,000 families and 7,700 professionals, and there have been over 6,380 in-person contacts for information, technical assistance, and support. Over 1,500 families were directly served by our Parents as Teachers project (85% minority; 93% low-income; 41% limited English proficient); each family received an average of 1.5 home visits a month for a total of 26,000 home visits. SPAN staff have had over 15,000 meeting contacts on policy committees and task forces.

SPAN materials were disseminated to over 20,000 parents and 6,000 professionalsat conferences, and over 27,000 parents received information through SPAN's website and the website of two of our Community Resource Centers. SPAN has disseminated over 205,000 information packets, brochures, manuals, newsletters, and other written materials. 77 medical students and 32 families have participated in the Medical Student Education Project.

Impact of our Work



Telephone and written surveys indicate that SPAN's services and support are having positive impacts on children and families:

Telephone Technical Assistance

- 96% of families felt that the telephone technical assistance they received was helpful;
- 85% felt more confident as a result of the telephone technical assistance received;
- 70% said that the information helped them to secure services for their child;
- 75% felt that they would not have been able to receive assistance without SPAN; and
- Over 90% of families responding to SPAN's mail-in technical assistance survey felt that the information they received was timely, accurate, useful, and presented with a positive attitude.

Training

- 95% of training participants indicated that the training information was useful;
- 90% felt more confident as a result of participating in the workshop;
- 90% said that they were more effective or more involved since the workshop;
- 70% said their child had received more appropriate services because of workshop information (another 15% were still awaiting results); and
- Over 90% of training evaluations were rated "excellent" or "very good;"

Parents As Teachers

Families receiving Parents As Teachers (PAT) services reported that they were:

- More confident in their parenting skills and knowledge;
- More knowledgeable about their child's development and therefore more able to provide opportunities at home to support growth and development;
- Are reading to their children more often;
- Are more involved in their child's schooling; and
- Have greatly benefited from the group meetings and the referrals they receive from their Family Outreach Worker.

Family Outreach Workers report that:

- Children involved in the PAT program are significantly more advanced (after participation) than comparison children in language, problem-solving, and other cognitive abilities and social development;
- Families involved in the PAT program are more confident in their ability to support child development and more able to provide high quality infant and toddler care;
- The adaptability of the PAT program allowed them to provide services for all families;
- The pre- and post-training sessions were a great source of support and provided an excellent forum to voice concerns.

Last year, the State Department of Human Services agreed to train <u>all</u> Family Outreach Workers in every Abbott district in the Parents As Teachers model.



SPAN Conferences: The two-day Annual SPAN Conference, a partnership with the New Jersey State Department of Education and the New Jersey Education Association, was very successful, with over 300 participants. The overall conference evaluation score was 4.5 out of a possible 5 points, and most evaluations were extremely positive. This was SPAN's largest conference ever, and reflected a significant increase in attendance by professionals and payment by districts for parents to attend. SPAN's New Jersey Inclusive Child Care conference was also very successful, attracting 200 child care providers. Evaluations were extremely positive.

Public Policy Issues: SPAN is continuing to be very active on a multitude of public policy issues, with successful outcomes. We disseminated informational Action Alerts on:

- Reauthorization of the *Elementary and Secondary Education Act* and proposed *discipline revisions to IDEA*;
- Changes to the U.S. Department of Education's monitoring of states;
- Implementation of the statewide coordination component of the *children's system of care initiative* for children with mental health needs, and implications of President Bush's *budget proposals for mental health services for children*;
- Increased *special education funding* in New Jersey for children with "extraordinary needs" and proposed *revisions to the State special education code*;
- Implementation of the *universal early childhood mandate* in New Jersey's poorest urban districts.

In addition, SPAN staff continue to serve on numerous committees working to impact public policy, including:

- New Jersey Association of Partners in Education, Public Education Institute Roundtables, State Department of Education Abbott Governance Advisory Committee, State Department of Education Conference Planning Committee on core curriculum content standards, State Conference on equity and cultural diversity planning committee, Regional and national consortia on minority achievement, Newark Whole School Reform Oversight Committee, and other committees and task forces focusing on making school reform and the Abbott decision work for children.
- NJ Developmental Disabilities Council Education Subcommittee and the NJ Coalition for Inclusive Education, working to foster inclusion, improve teacher pre-service and in-service preparation, and increase accountability and enforcement. SPAN staff are active on the Accountability Workgroup of the DDC Education Subcommittee, analyzing monitoring reports and complaint investigations, and being interviewed by print and broadcast reporters and editors.
- Family Voices-NJ @ SPAN, Exceptional Parent Magazine Advisory Editorial Board, Eastern Paralyzed Veterans' Associations Managed Care Network, SSI Alliance, Medicaid Alliance, Medicaid Workgroup for People with Disabilities, Community Health Law Project "To Your Health" Advisory Committee, Title V Dissemination Committee, American Academy of Pediatrics-NJ Chapter Committee on Children with Disabilities, Mainstreaming Medical Care Conference Advisory Committee, NJ Citizen Action Health Coalition, Promise the Children Network, and other committees and task forces focusing on ensuring quality health



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- care and health coverage for children (and families). Our Family Voices Co-Coordinator testified on the Maternal and Child Health Block Grant Application.
- NJ Department of Health Early Intervention Quality Assurance Committee, an outgrowth of the Stakeholders' and Service Delivery Task Forces, working to improve the early intervention monitoring and accountability system.
- Children and Family Initiative, Parents' Caucus Board, Implementation Advisory
 Committee, and Boards of county Family Support Organizations, working to ensure that the
 Department of Human Services' Children's System of Care Initiative provides the support
 and services that families and children with mental health needs require, in the community,
 culturally competent, and family-directed. SPAN management and staff are represented on
 the Parents' Caucus Board and the State Implementation Advisory Committee, as well as
 local Family Support Organization Boards. SPAN staff also participated in legislative visits
 when in Washington, D.C. at the National Mental Health Association Conference as part of
 the New Jersey delegation.
- Map to Inclusive Child Care Team, working with the Departments of Education and Human Services to ensure the inclusion of children with disabilities in typical early childhood and after-school care settings, especially (though not exclusively) in the Abbott and Early Childhood Program Aid districts. SPAN was represented on the Governor's Early Childhood Commission, the Department of Education's Early Childhood Curriculum Frameworks Advisory Committee, and the Department of Human Services' External Abbott Implementation Advisory Committee. SPAN continues to participate on the Early Care and Education Coalition and the Early Childhood Standards and Professional Development Task Force at Kean University.
- State Rehabilitation Council (chaired by SPAN's Transition to Adult Life Director), Workforce Incentive Board Education Committees, and Transition Consortia, to increase and enhance options for youth with disabilities.
- NJ State Department of Education Self-Assessment Steering Committee and Self-Improvement Plan Subcommittee, developing the state improvement plan and state improvement grant application. SPAN is now funded under the state's Self-Improvement Plan to develop and strengthen local parent support groups; assist school districts to work more effectively with families in policy and program improvement; facilitate family-professional workshops; conduct trainings for families on New Jersey's Core Curriculum Content Standards and Early Literacy; provide families with access to "real-time" responses to their technical assistance questions on our website and host on-line chats; and offer scholarships to families for SPAN's conferences.

Conclusion

During this very productive year, SPAN continued to work to assure that every child in New Jersey has access to a quality public school education and the health and support services they need to succeed. We look forward to the next year to further expand our programs and services



and address continuing and new critical education, health and human services issues impacting New Jersey's children and families.

SPAN TASK FORCE/COMMITTEE REPRESENTATION/MEMBERSHIP

National

- □ Alliance for Parent Centers Center of Expertise on School Reform
- □ Families USA
- Family Support America
- □ Family Voices (Chapter)
- □ Federation of Families for Children's Mental Health (Chapter)
- □ National Coalition of Advocates for Students (Coalition Board)
- National Coalition of Education Activists
- □ National Network of Partnership Schools
- National Parent Network on Disabilities
- □ Parent-to-Parent (Chapter)
- Partners for Family Involvement in Education
- □ US Department of Education Focused Monitoring Work Group

Statewide

- □ American Academy of Pediatrics-Committee on Children with Disabilities.
- Black Issues Convention
- □ Bullying/Harassment Work Group (NJ Taskforce on Child Abuse & Neglect, Violence Institute of NJ, Anti-Defamation League, Rutgers Law Center)
- □ Center for the Prevention of Violence Youth Consultation Service
- Coalition for Early Care and Education
- □ NJ Alliance for Crime Victims with Developmental Disabilities
- □ NJ Alternate Proficiency Assessment Advisory Committee
- □ NJ Association of Partners in Education (Board of Directors)
- □ NJ Citizen Action Health Care Coalition
- □ NJ Coalition for Inclusive Education (At-Large Member, Board)
- □ NJ Department of Education Special Education Self-Assessment Steering Committee
- □ NJ Department of Education State Improvement Plan Management Team
- □ NJ Department of Education Abbott Early Childhood Task Force
- □ NJ Department of Education Abbott School Governance Task Force
- □ NJ Department of Education Measuring Student Achievement Task Force
- □ NJ Department of Education 21st Century Community Learning Centers Advisory Committee
- □ NJ Department of Health Early Intervention Monitoring Group
- □ NJ Department of Health Early Intervention Self-Assessment Steering Committee
- □ NJ Department of Health Early Intervention Stakeholders' Task Force
- □ NJ Department of Human Services Children's System of Care Implementation Advisory Committee
- NJ Department of Human Services Children's System of Care Ad Hoc Education Committee



	NJ Department	of Human	Services	Map to	Inclusive	Child	Care 7	Геат
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- NJ Developmental Disabilities Council Education Subcommittee
- NJ Developmental Disabilities Council Enforcement & Accountability Workgroup
- □ NJ Statewide Systemic Initiatives Urban Summit
- □ NJ Parents' Caucus (Board of Directors)
- □ NJ Promise the Children Network (Steering Committee)
- □ NJ Rehabilitation Committee (Chair)
- □ NJ Special Education Advisory Council (SEAC)
- □ NJ Special Education Practitioners
- NJ SSI Coalition
- □ NJ State Interagency Coordinating Council (SICC)
- Pathways to a Better Trained Workforce
- Project Leadership
- □ Teacher Quality Enhancement Consortium
- University Center of Excellence (Boggs Center) Consumer Advisory Council
- □ Violence Institute of New Jersey



SPAN Collaborating Agencies

Disability & Special Health Care Issues

American Academy of Pediatrics-Children w/ Disabilities Comm.

Arc of New Jersey

Association for Children of New Jersey Association for Special Children and Families

Becoming Education and Motivated About Education (BEAM) Boggs Center-University-Affiliated Program of New Jersey

Brain Injury Association

Catholic Family & Community Services CHADD (Attention Deficit Disorder)

Coalition for Special Education Funding Reform

Commission for the Blind Community Health Law Project

Consortium for Citizens with Disabilities

Council for Exceptional Children

Developmental Disabilities Council Education Committee

Down Syndrome Support Group

Education Law Center Epilepsy Foundation Families Finding Hope

Family Link Early Intervention Collaborative

Family Resource Associates Family Support Center Family Support Coalition

Family Support Organization of Burlington County Family Support Organization of Monmouth County Family Support Organization of Union County

Family Support Planning Councils

Family Voices

Federation of Families for Children's Mental Health Helpful Hands Early Intervention Collaborative

Learning Disabilities Association Learning Resource Centers Map to Inclusive Child Care Team Mainstreaming Medical Care

Mid-Jersey CARES for Special Children Early Intervention Collab.

National Parent Network on Disabilities

NEC*TAS

Newark Coalition for Lead-Free Children

NJ Alliance for the Mentally III

NJ Coalition for Advancement of Rehabilitation Technology

NJ Coalition for Inclusive Education NJ Citizen Action Health Care Coalition

NJ Mental Health Association

NJ Parents Caucus for Children with Special Emotional Needs Promise the Children Network

NJ Protection and Advocacy NJ Special Olympics Self-Help Clearinghouse

Southern Regional Early Intervention Collaborative

Spina Bifida Association

Technology Assistance Resources Program (TARP)

Tourette Syndrome Association

United Cerebral Palsy Associations of New Jersey

School Reform/Urban Education

Advocacy Institute
ASPIRA- NJ & National

Association for Children of New Jersey Black Education Summit Planning Comm.

Black Issues Convention Catholic Charities

Catholic Family & Community Services

Center for Law & Education Children's Defense Fund Citizens for Better Schools Coalition for Essential Schools

Comm. Of Advocates for Newark Children

Communities Can!

Concerned African-American Parents Early Care & Education Coalition

Education, Information & Resources Center

Education Law Center Education Trust Family Support America

Head Start Association
Hispanic Development Corporation

Hispanic Executive Directors
Improving Minority Achievement Collab.

La Raza

Leadership for a Changing World

National Black Child Development Institute National Coali. Of Advocates for Students National Coalition of Education Activists

NAACP

Nat'l. Asso. For Education of Yg. Children Newark Community Development Network NJ Association of Partners in Education

NJ Education Association

NJ Empowerment Summit Diversity Comm.

NJ Institute for Social Justice

NJ Professional Standards for Child Care

Next Generation of Leadership

Parents As Teachers
Paterson Education Fund

Prevent Child Abuse-America & NJ

Programs for Parents

Project Grad

Project Leadership (Newark & United Way)

Public Education Institute Public Education Network Right Question Project

Social-Emotional Learning Collaborative

Teach for America

Unified Child Care Agencies (18)
Unified Vailsburg Services Organization

Urban League

