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AUTHOR Mayton, Daniel M., II; Weedman, Jonathon; Sonnen, Jennifer; Grubb, Celeste; Hirose, Masa

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ABSTRACT

This research study was designed to establish the reliability of the Teenage Nonviolence Test (TNT). The consistency and factor structure of the TNT using a sample of 376 adolescents were evaluated. The stability of the TNT was assessed over time by administering the TNT twice with a two week intervening interval to 87 adolescents. The TNT appears to be a reliable measure of nonviolent tendencies among teenagers. An appendix presents a copy of the test instrument. (Contains 21 references and 9 tables.) (Author/GCP)

**The Teenage Nonviolence Test:
Internal Consistency and Stability**

Daniel M. Mayton II Jonathon Weedman Jennifer Sonnen
Celeste Grubb Masa Hirose

Lewis-Clark State College

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Abstract

This research study was designed to establish the reliability of the Teenage Nonviolence Test (TNT). We evaluated the internal consistency and factor structure of the TNT using a sample of 376 adolescents. We assessed the stability of the TNT over time by administering the TNT twice with a two week intervening interval to 87 adolescents. The TNT appears to be a reliable measure of nonviolent tendencies among teenagers.

The Teenage Nonviolence Test:**Internal Structure and Reliability**

"It was a phone call that will stay with Denver Police Officer John Lietz for the rest of his life. He picked up the line to hear the voice of Matthew Depew who was trapped in a storage room off the school cafeteria. Several times Lietz heard shooters trying to break into the room. At one point as they pounded on the door, Depew calmly told Lietz that he was sure that he was going to die. 'Please tell my father that I love him.' " (Glick et al., 1999, p. 24)

This is not a scene from a popular horror flick but one of several incidents that have occurred in schools through out the United States. This scene was from Columbine High School where two boys drew fire and killed twelve students, a teacher, and then themselves. Unfortunately this is not an isolated occurrence. In Pearl, Mississippi on October of 1997, a 16-year-old shot nine students, killing two plus he killed his mother with a knife. In December of 1997, a 14-year-old killed three of his classmates and wounded five more in West Paducah, Kentucky. In April of 1998, Jonesboro, Arkansas was the battle ground for two boys, just eleven and thirteen, on a rampage. Again in May of 1998, shots were fired in a high school cafeteria in Springfield, Oregon and in a matter of minutes several teenagers were killed and many others injured. The perpetrator of this crime was a quiet high school freshman.

These killings are horrific enough but general statistics

regarding teenage crime and violence are also rising. Crime arrests of perpetrators under the age of 18 increased sixty-seven percent from 1986 to 1995 (Cowles Business Media, 1996). In addition, between 1982 and 1992 the number of arrests of 13-15 year olds nearly doubled. More murders are committed by 18 year olds than any other age group (McNulty, 1995). Why are adolescents committing these violent acts and what can be done to prevent more killings and curb the violence?

Measuring Violence

Research on making, identifying, and testing assessment tools for violent behavior is somewhat limited. One goal of assessing violent behavior is determining the factors that cause people to act violently. Another goal is to identify any tell-tale signs to help us predict violent behavior. Most research on the subject has focused on family or marital violence (Campbell & Humphreys, 1984; Strauss, 1993). Tilly (1969) notes that there is no one theory that can account for all acts of violence although the assessment of violence can be broken into two main ideas of thought. Clinical researchers "examine and compare the internal structures and sequences of distinct cases of collective violence" (Tilly, 1969, p. 16). This type of research is concerned with the act itself and how it came to be. Of secondary importance, is the violence itself. Most research on violence is epidemiological and it "examines the incidence of different types of collective violence in terms of time, place, and people involved" (Tilly, 1969, p. 16). The problems encountered with epidemiological studies involve the definitions of violence and its subsequent documentation. How the researcher defines violence will greatly

effect any results yielded. If violence is identified as physical abuse, for example, all emotional or psychological violence will be absent from the study. Finally, accurate documentation of the violent event is problematic. The events "are ordinarily fragmentary, highly selective, and subject to considerable distortion" (Tilly, 1969, p. 19).

As a result of the complexity of violence research, few assessment tools are available that completely assess violent behavior. In 1979, Strauss developed the Conflict Tactics Scales (CTS) and later in 1993 added a checklist to the CTS to identify important cases of violent activity. The CTS helps to identify the severity and chronicity of domestic assault to determine if criminal justice intervention is necessary. Reasoning, verbal aggression, and physical aggression or violence make up the three scales of the instrument. The violence component is then subdivided into minor, severe, and high risk violence.

Campbell and Humphreys (1984) developed a checklist primarily for nurses who need to assess family violence for their patients. The checklist is concerned with family structure, family resources, family roles, family boundaries, family communication patterns, family conflict resolution patterns, family power distribution, family values, emotional climate, division of labor, support systems, development stages, stressors, socialization of children, intrafamily relationships, perception of family well-being, and health history to determine several different aspects of violence. They suggest that a genogram of past family violence be developed along with a physical examination to help determine if there currently is violence within in the family. Each

subsection of the checklist has a list of high risk responses to alert the interviewer of possible violence.

Another component of violence is aggression. The assessment of aggression is just as opaque as those tools used for violence. One of the better scales of aggression is the Aggression Questionnaire developed by Buss and Perry (1992). The Aggression Questionnaire assesses aggression on four scales: physical aggression, verbal aggression, anger, and hostility. The entire questionnaire consists of twenty nine questions. An example of an item from the physical aggression scale is "If somebody hits me, I hit back." (Buss & Perry, 1992, p. 454).

Measuring Nonviolence

With the rise of violent teenage crimes, an instrument that measures nonviolent tendencies would be very useful. Research on developing assessment tools for nonviolent behavior is quite rare. Mayton and Palmer (1996) conducted a review of PsycLit to identify measures of nonviolence and found none specifically designed for teenagers. Because of the absence of a suitable measure for teenagers, Mayton et al. (1998) created the Teenage Nonviolence Test.

The Teenage Nonviolence Test

The Teenage Nonviolence Test (TNT, Mayton et al., 1998) is based on the philosophy of Mohandas K. Gandhi who championed nonviolence and civil disobedience in South Africa and India (Bondurant, 1965; Bose, 1987; Nakhre, 1982; Pelton, 1974). Gandhi's philosophy of nonviolence centered around the use of *ahimsa*, which refers to an absence of violence or a nonviolent

action. *Ahimsa* might be either physical or psychological in nature. *Ahimsa* or nonviolence is positive love and "Gandhi underscores creativity and reconstruction as essential in satyagraha inter-personal relationship as important and urgent" (Bose, 1987, p. 20). Another major component of philosophy of nonviolence is *satyagraha*. This is the combination of the Indian words *satya* (truth-love) and *agraha* (firmness/force). It is "the vindication of truth not by infliction of suffering on others but on one's self" (Civil Disobedience, 1999, p. 2). Bose (1987) says that *satyagraha's* main goal is the "welfare and good of all, a fuller and richer concept of people's democracy than any we have yet known" (p. 16). This method is used to help open the road to the terminal goal of peace. Violence and other forms of negative resistance only provide road blocks to this objective. Therefore, nonviolence is the Gandhian belief that a person does not have to become violent in order to produce social change. From this point of view ". . . nonviolence is an active positive force. A willingness to accept suffering, but not inflict it on others. A friendly, open, caring attitude towards allies and opponents alike." (Ryan, 1996, p. 2).

The TNT contains 55 Likert items which were developed to assess six subscales. Respondents indicate whether each statement is definitely true, probably true, probably not true, or definitely not true for them. The first three subscales were based upon the work of Elliott (1980). The labels and general focus of each subscale are as follows:

(1) physical nonviolence (16 items)

- the conscious rejection of behaviors or the threat of

behaviors intended to inflict bodily injury on another person in an attempt to coerce, curtail, or eliminate their behavior in favor of alternate forms of conflict resolution,

(2) psychological nonviolence (16 items)

- the conscious rejection of behaviors or the threat of behaviors intended to humiliate, intimidate, or in other ways demean the human dignity of another person or group in and attempt to coerce, curtail, or eliminate their behavior in favor of alternate forms of conflict resolution

(3) active value orientation (4 items)

- the willingness to perform behaviors designed to achieve a situation commensurate with one's own norms, values, and goals

The fourth subscale was based on the writings on nonviolence of Kool (1990).

(4) empathy and helping (5 items)

- assisting others in minor levels of need

The last two subscales were based more specifically on Gandhian principles. These are

(5) satyagraha (10 items)

- the active search for wisdom and the willingness to change his or her conception of truth

(6) tapasya (4 items)

- the willingness to endure hardship or suffering rather than to inflict harm on others

The most nonviolent response for each item on the TNT is coded as a four, the next most nonviolent response is coded as a three, the next most nonviolent response is coded as a two, and the least nonviolent response is coded as a one for analysis purposes. Subscale scores are computed by summing the scores for each item in the subscale and dividing by the number of items in the subscale. Therefore, scores above 2.5 are indicative of nonviolent tendencies and those below 2.5 are indicative of more violent tendencies.

The TNT was designed to be used by psychologists and other mental health professionals to assess the need for intervention and the impact of interventions for their clients. While the TNT seems like a promising instrument, only limited psychometric data is available and more research is needed (Mayton et al., 1998). In this research study we were interested in establishing the reliability of the TNT. More specifically, we wanted to evaluate the internal consistency of the subscales and to assess the stability of the TNT over time using the test-retest method.

METHOD

Internal Consistency

Participants

The sample for this study included 376 adolescents attending a public Junior High School in Lewiston, Idaho. An approximate equal number of males (50.8%) and females (49.2%) were in the sample. Most of the respondents were eighth graders (40.7%) while seventh and ninth graders made up 23.1% and 36.2% of the sample,

respectively. The mean age of the respondents was 13.47 with a standard deviation of .913. The students were predominantly Caucasian (86.4%) with 5.7% being Latino/Hispanic and 2.2% being Native-American Indian.

Procedure

The principal in the school was contacted and a request was made to the teachers to administer the TNT to students in selected classes. The teachers administered the TNT themselves to their classes and those students who volunteered to participate completed them anonymously during class time. The TNT was part of a longer questionnaire which took approximately 25 to 40 minutes to complete. This research was conducted in November and early December of 1998.

Test-Retest Reliability

Participants

The sample for this study included 87 adolescents attending a different public Junior High School in Lewiston, Idaho. Males made up 55.8% of the sample and females made up 44.2%. Seventh, eighth, and ninth grades made up 23.3%, 48.8%, and 27.9% of the sample, respectively. The students were predominantly Caucasian (89.4%) with the largest minority group being Native-American Indians (5.9%).

Procedure

The principal in the school was contacted and a request was made to distribute the TNT to the teachers to administer the TNT to students in selected classes. The teachers administered the TNT themselves to their classes and those students who volunteered to participate completed them during class time. The TNT took

approximately 15 to 20 minutes to complete. Between ten and fifteen days later the same students completed the TNT again. Since the respondents placed an identification number of their choice on the completed TNTs the first and second administrations could be paired. This research was conducted in November and December of 1998. Participation was voluntary and the results were kept confidential.

RESULTS

Internal Consistency

The means and standard deviations for each item plus the item-total correlations for each subscale are presented in Tables 1 through 6. Alpha coefficients were computed for each subscale for the entire sample. These are also presented in Tables 1 through 6. The alpha coefficients appear to be adequate for five of the six subscales. The alpha coefficients ranged from a high of .904 on the physical nonviolence subscale to a low of .772 on the adequate subscales. The active value orientation subscale only had an alpha of .322 which is problematic.

Insert Tables 1 to 6 About Here

Alpha coefficients were also calculated for males and females separately and are presented in Table 7. Similar patterns were identified for these analyses as were found for the total sample. All of the six subscales were identified to be internally consistent except the active value orientation subscale.

Insert Table 7 About Here

Test-Retest Reliability

Test-retest reliability coefficients for the total sample are presented in Table 8. Separate test-retest coefficients for males and females are also presented in Table 8 and separate analyses by grade level are presented in Table 9. The values of the test-retest coefficients appear to be quite adequate for nonviolence research on groups of teenagers with one exception. The active value orientation subscale was again deficient.

Insert Tables 8 and 9 About Here

RECOMMENDATIONS FOR FUTURE RESEARCH

Five of the six subscales of the TNT appear to be internally consistent and stable for junior high age teenagers. Future research is needed to determine the reliability of the TNT with older teenagers as well as to determine the validity of the TNT.

The TNT was designed to be used by school personnel and psychologists to determine the impact of violence prevention programs within their school buildings or districts. The results of this study indicate the TNT may be such a tool.

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Table 1

Physical Nonviolence Scale	Mean	Stan Dev	Item-total Correlation
5. If someone insulted me in front of my friends, I would smack them.	2.91	0.92	0.65
12. I don't get mad, I get even. *	2.42	0.91	0.66
17. Everyone has the right to injure another to protect their property.*	2.66	1.02	0.56
18. If someone gets in my face, I push them away. *	2.05	0.91	0.66
24. Violence on television bothers me.	1.71	0.86	0.47
26. I won't fight if people call me names.	2.62	1.04	0.45
28. If someone shoves me in the hall, I would just keep walking.	2.42	0.97	0.68
31. I have been known to pick fights.*	3.24	0.88	0.60
36. If someone cuts in front of me in the cafeteria, I shove them out of line.*	2.51	0.99	0.57
40. If someone pushes me, I push them back.*	2.26	0.94	0.72
41. I sometimes bring weapons to school.*	3.82	0.53	0.36
43. It is okay to carry weapons on the street.*	3.32	0.90	0.53
44. If someone spit on me, I would hit them.*	2.13	1.03	0.66
46. I don't like to watch people fight.	2.21	1.05	0.52
47. It is often necessary to use violence to prevent violence. *	2.78	0.96	0.55
53. A good way to get me to fight is to tease me.*	2.96	0.93	0.59

Alpha = 0.904

* not true indicates nonviolent response

Table 2

Psychological Nonviolence Scale	Mean	Stan Dev	Item-total Correlation
1. Reasoning helps me avoid fights.	2.88	0.79	0.52
3. When someone is rude to me, I am rude back.*	2.24	0.82	0.51
6. Yelling at someone makes them understand me.*	3.04	0.76	0.47
8. Some people respect me because they fear me.*	3.06	0.88	0.55
14. Sometimes I make fun of others to their face.*	2.71	0.84	0.66
19. I can scare people into doing things for me.*	3.17	0.76	0.56
22. I like the look of defeat on people's faces when I beat them in competition.*	2.41	1.03	0.56
25. I don't like to make fun of people.	2.57	0.88	0.42
29. I often call people names when they make me angry.*	2.36	0.81	0.59
34. I humiliate people who make me feel bad.*	2.76	0.88	0.72
38. When someone calls me a name, I ignore it.	2.56	0.90	0.57
39. I like to laugh when others make mistakes.*	2.52	0.83	0.62
48. If someone disagrees with me, I tell them they are stupid.*	2.99	0.84	0.57
49. I enjoy saying things that upset teachers.*	3.37	0.80	0.57
50. Starting a nasty rumor is a good way to get back at someone.*	3.08	0.98	0.66
55. I tease people I don't like.*	2.70	0.93	0.68

Alpha = 0.863

* not true indicates nonviolent response

Table 3

Active Value Orientation Items	Mean	Stan Dev	Item-total Correlation
4. If people talk the talk, they should walk the walk.	3.13	0.96	0.11
7. I'll argue for what I believe despite what others say.	3.25	0.71	0.21
30. I try to what I say I am going to do.	3.19	0.58	0.22
37. My action can influence others.	3.84	1.02	0.07
			Alpha = 0.322

Table 4

Helping/Empathy items	Mean	Stan Dev	Item-total Correlation
9. If someone dropped their books, I'd help them pick them up.	2.89	0.87	0.64
11. I'd give the person in front of me my extra change, if they didn't have enough for lunch.	3.01	1.13	0.64
13. I try to tell people when they do a good job.	3.07	0.97	0.66
16. I like helping new students find their classes.	2.57	0.87	0.53
32. I would give up my seat on the bus to someone else.	2.25	0.94	0.48
			Alpha = 0.801

Table 5

Satyagraha Items	Mean	Stan Dev	Item-total Correlation
2. I am open-minded.	3.15	0.64	0.34
10. Life is what you learn from it.	3.23	0.68	0.31
15. I try to learn from others' mistakes.	3.06	0.72	0.51
21. When I am arguing with someone, I always try to see their side.	2.64	0.82	0.55
23. I often do things without having good reason. *	2.42	0.79	0.30
27. I attempt to learn from all my experiences.	3.22	0.67	0.51
33. I don't pay attention to people with different opinions. *	3.10	0.77	0.38
35. I often think about developing the best plan for the future.	2.91	0.86	0.42
42. I try to make decisions by looking at all the available information.	2.97	0.72	0.60
52. If I can find out why people are arguing, I can help them solve their problems.	2.50	0.85	0.46

Alpha = 0.772

* not true indicates nonviolent response

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Table 6

Tapasya Items	Mean	Stan Dev	Item-total Correlation
20. I would let my friend buy the last shirt in a store even if I wanted it a lot.	2.73	0.91	0.58
45. If there was only one dessert left, I would let my friend eat it even if I really wanted it.	2.69	0.96	0.64
51. I'd give up my coat if a friend was cold.	2.78	0.89	0.48
54. If my friend and I both wanted the same shoes in a store, I would let my friend buy them.	2.45	0.93	0.62
Alpha =			0.776

Table 7

TNT Subscales	<u>Alpha Coefficients</u>	
	<u>Males</u>	<u>Females</u>
Physical Nonviolence	.901	.877
Psychological Nonviolence	.853	.838
Active Value Orientation	.397	.193
Helping/Empathy	.733	.811
Satyagraha	.775	.754
Tapasya	.782	.756

Table 8

<u>Test-Retest Reliability Coefficients</u>			
<u>TNT Subscales</u>	<u>Males</u> (n=46)	<u>Females</u> (n=38)	<u>Total</u> (n=84)
Physical Nonviolence	.868	.872	.880
Psychological Nonviolence	.701	.866	.795
Active Value Orientation	.483	.464	.477
Helping/Empathy	.711	.863	.789
Satyagraha	.833	.800	.818
Tapasya	.608	.697	.645

Table 9

<u>Test-Retest Reliability Coefficients</u>			
<u>TNT Subscales</u>	<u>Seventh Grade</u>	<u>Eighth Grade</u>	<u>Ninth Grade</u>
Physical Nonviolence	.928	.811	.924
Psychological Nonviolence	.916	.761	.762
Active Value Orientation	.583	.618	.272
Helping/Empathy	.865	.766	.805
Satyagraha	.938	.753	.790
Tapasya	.858	.492	.707

APPENDIX

Social and Personal Opinion Survey

This is a scientific study of attitudes and opinions. This is a chance to look at yourself and see how you feel about things. Be sure that your answers show **how YOU feel** about each statements. **PLEASE DO NOT TALK ABOUT THE STATEMENTS OR YOUR ANSWERS WITH ANYONE ELSE.** We will keep your answers private and not show them to your teachers, principal, parents, or anyone else.

Please read each statement and decide whether it is true or not for you. Circle the response which best describes how you feel about the statement. If the statement is definitely true or nearly always true for you, circle the response "definitely true for me". If the statement is generally true for you but not always true, circle the response "usually true for me". If the statement is occasionally true for you but generally not true, circle the response "usually not true for me". If the statement is definitely false or nearly always not true for you circle the response "definitely not true for me".

If you have any questions raise your hand. Once you have started, **PLEASE DO NOT SAY YOUR ANSWERS OUT LOUD OR TALK.**

1. Reasoning helps me avoid fights.
definitely true for me usually true for me usually not true for me definitely not true for me
2. I am open minded.
definitely true for me usually true for me usually not true for me definitely not true for me
3. When someone is rude to me, I am rude back.
definitely true for me usually true for me usually not true for me definitely not true for me
4. If people talk the talk, they should walk the walk.
definitely true for me usually true for me usually not true for me definitely not true for me
5. If someone insulted me in front of my friends, I would smack them.
definitely true for me usually true for me usually not true for me definitely not true for me
6. Yelling at someone makes them understand me.
definitely true for me usually true for me usually not true for me definitely not true for me
7. I'll argue for what I believe despite what others say.
definitely true for me usually true for me usually not true for me definitely not true for me
8. Some people respect me because they fear me.
definitely true for me usually true for me usually not true for me definitely not true for me
9. If someone dropped their books, I'd help them pick them up.
definitely true for me usually true for me usually not true for me definitely not true for me

- | | | | | |
|--|---------------------------|------------------------|----------------------------|-------------------------------|
| 10. Life is what you learn from it. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 11. I'd give the person in front of me my extra change if they didn't have enough for lunch. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 12. I don't get mad, I get even. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 13. I try to tell people when they do a good job. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 14. Sometimes I make fun of others to their face. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 15. I try to learn from others mistakes. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 16. I like helping new students find their classes. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 17. Everyone has the right to injure another to protect their property. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 18. If someone got in my face, I'd push them away. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 19. I can scare people into doing things for me. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 20. I would let my friend buy the last shirt in a store even if I wanted it a lot. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 21. When I am arguing with someone, I always try to see their side of it. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 22. I like the look of defeat on people's faces when I beat them in competition. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |

- | | | | | |
|--|---------------------------|------------------------|----------------------------|-------------------------------|
| 23. I often do things without having a good reason. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 24. Violence on television bothers me. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 25. I don't like to make fun of people. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 26. I won't fight if people call me names. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 27. I attempt to learn from all my experiences. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 28. If someone shoves me in the hall, I would just keep walking. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 29. I often call people names when they make me angry. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 30. I try to do what I say I am going to do. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 31. I have been known to pick fights. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 32. I would give up my seat on the bus for someone else. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 33. I don't pay attention to people with different opinions. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 34. I humiliate people who make me feel bad. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |
| 35. I often think about developing the best plan for the future. | definitely
true for me | usually
true for me | usually not
true for me | definitely not
true for me |

36. If someone cuts in front of me in the cafeteria, I want to shove them out of line.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
37. My actions can influence others.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
38. When someone calls me a name, I ignore it.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
39. I like to laugh when others make mistakes.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
40. If someone pushes me, I push them back.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
41. I sometimes bring weapons to school.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
42. I try to make decisions by looking at all the available information.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
43. It is ok to carry weapons on the street.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
44. If someone spit on me, I would hit them.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
45. If there was only one dessert left, I would let my friend eat it even if I really wanted it.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
46. I don't like to watch people fight.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
47. It is often necessary to use violence to prevent violence.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
48. If someone disagrees with me, I tell them they are stupid.
 definitely usually usually not definitely not
 true for me true for me true for me true for me

49. I enjoy saying things that upset my teachers.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
50. Starting a nasty rumor is a good way to get back at someone.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
51. I'd give up my coat if a friend was cold.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
52. If I can find out why people are arguing, I can help them solve their problem.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
53. Sometimes people get me to fight by teasing me.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
54. If my friend and I both wanted the same pair of shoes in a store, I would let them buy it and do without.
 definitely usually usually not definitely not
 true for me true for me true for me true for me
55. I tease people I don't like.
 definitely usually usually not definitely not
 true for me true for me true for me true for me

The following questions are for statistical analyses only.

1. Circle one. Male Female
2. Ethnic background: Circle one.
 Asian Black/African American Hispanic/Latino/Mexican/American
 Native American Indian White/Caucasian Other (Specify_____)
3. What is your age?_____
4. Circle your current grade in school:
 6th Grade 7th Grade 8th Grade 9th Grade 10th Grade 11 Grade 12th Grade
 Other (Specify_____)
5. Indicate the highest level of education your father completed._____
6. Indicate the highest level of education your mother completed._____
7. Indicate your household's current annual income:
 less than \$10,000 \$10,001-\$20,000 \$20,001-\$35,000 \$35,001-\$50,000
 more than \$50,000
8. Circle your religious affiliation:
 Catholic Jewish LDS Moslem Native Peoples (Specify_____)
 Protestant/Christian (Specify_____ Other (Specify_____)

Teenage Nonviolence Test (TNT) - SCORING KEY

Physical Nonviolence (alpha = .91)

- conscious rejection of all forms of physical violence in favor of alternate forms of conflict resolution (due to a professed moral or ethical belief structure)
[physical violence - behaviors or the threat of behaviors intended to inflict bodily injury on another person in an attempt to coerce, curtail, or eliminate their behavior]

- 5 Physical nonviolence - not true nonviolent
- 12 Physical nonviolence - not true nonviolent
- 17 Physical nonviolence - not true nonviolent
- 18 Physical nonviolence - not true nonviolent
- 24 Physical nonviolence - true nonviolent
- 26 Physical nonviolence - true nonviolent
- 28 Physical nonviolence - true nonviolent
- 31 Physical nonviolence - not true nonviolent
- 36 Physical nonviolence - not true nonviolent
- 40 Physical nonviolence - not true nonviolent
- 41 Physical nonviolence - not true nonviolent
- 43 Physical nonviolence - not true nonviolent
- 44 Physical nonviolence - not true nonviolent
- 46 Physical nonviolence - true nonviolent
- 47 Physical nonviolence - not true nonviolent
- 53 Physical nonviolence - not true nonviolent

Psychological nonviolence (alpha = .91)

- conscious rejection of all forms of psychological violence in favor of alternate forms of conflict resolution (due to a professed moral or ethical belief structure)
[psychological violence - behaviors or the threat of behaviors intended to humiliate, intimidate, or in other ways demean the human dignity of another person or group in and attempt to coerce, curtail, or eliminate their behavior]

- 1 Psychological nonviolence - true nonviolent
- 3 Psychological nonviolence - not true nonviolent
- 6 Psychological nonviolence - not true nonviolent
- 8 Psychological nonviolence - not true nonviolent
- 14 Psychological nonviolence - not true nonviolent
- 19 Psychological nonviolence - not true nonviolent
- 22 Psychological nonviolence - not true nonviolent
- 25 Psychological nonviolence - true nonviolent
- 29 Psychological nonviolence - not true nonviolent
- 34 Psychological nonviolence - not true nonviolent
- 38 Psychological nonviolence - true nonviolent
- 39 Psychological nonviolence - not true nonviolent
- 48 Psychological nonviolence - not true nonviolent
- 49 Psychological nonviolence - not true nonviolent
- 50 Psychological nonviolence - not true nonviolent
- 55 Psychological nonviolence - not true nonviolent

Active value orientation (alpha = .65)

- willingness to perform behaviors designed to achieve a situation commensurate with one's own norms, values, and goals

- 4 Active value orientation - true nonviolent (active)
- 7 Active value orientation - true nonviolent (active)
- 30 Active value orientation - true nonviolent (active)
- 37 Active value orientation - true nonviolent (active)

Helping/empathy (alpha = .78)

- 9 Helping/empathy - true nonviolent (prohelping)
- 11 Helping/empathy - true nonviolent (prohelping)
- 13 Helping/empathy - true nonviolent (prohelping)
- 16 Helping/empathy - true nonviolent (prohelping)
- 32 Helping/empathy - true nonviolent (prohelping)

Satyagraha (alpha = .75)

- active search for wisdom, because the truth is based upon the subjective perceptions of individuals, a person needs to be willing to change his or her conception of truth. [literally "holding on to the truth"]

- 2 Satyagraha - true nonviolent
- 10 Satyagraha - true nonviolent
- 15 Satyagraha - true nonviolent
- 21 Satyagraha - true nonviolent
- 23 Satyagraha - not true nonviolent
- 27 Satyagraha - true nonviolent
- 33 Satyagraha - not true nonviolent
- 35 Satyagraha - true nonviolent
- 42 Satyagraha - true nonviolent
- 52 Satyagraha - true nonviolent

Tapasya (alpha = .73)

- willingness to endure hardship or suffering rather than to inflict harm on others. [literally "self-suffering"]

- 20 Tapasya - true nonviolent
- 45 Tapasya - true nonviolent
- 51 Tapasya - true nonviolent
- 54 Tapasya - true nonviolent



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