DOCUMENT RESUME

ED 464 309 CG 031 748

AUTHOR Grantz, Amanda K.; Thomas, Alex

TITLE School Psychologists on the Public Relations Front: What Are

Practitioners Doing?

PUB DATE 2002-02-00

NOTE 17p.; Paper presented at the Annual Meeting of the National

Association of School Psychologists Convention (34th,

Chicago, IL, February 26-March 2, 2002).

PUB TYPE Numerical/Quantitative Data (110) -- Speeches/Meeting Papers

(150) -- Tests/Questionnaires (160)

EDRS PRICE MF01/PC01 Plus Postage.

DESCRIPTORS Counselor Role; Elementary Secondary Education; Partnerships

in Education; *Professional Development; *Public Relations;

School Community Relationship; *School Psychologists

ABSTRACT

The purpose of this paper is to present the results of a study on public relations activities of practicing school psychologists. School psychologists have been called upon to take responsibility for increasing awareness of the profession and building partnerships with potential consumers. With the Practical Strategies initiative and suggested best practices in public relations, the issue of public relations has garnered heightened interest in the National Association of School Psychologists' community. This study was conducted to investigate to what extent practitioners are engaging in these recommended activities, specifically those that target teachers, parents, and students. The importance of public relations activity was discussed, along with the suggested activities present in the literature. Results of the study were also discussed, including the activities practitioners employ, a description of the visible school psychologist, and participants' thoughts on the issue of public relations. (Author/GCP)



School Psychologists on the Public Relations Front: What are Practitioners Doing?

Amanda K. Grantz, M.S.

Alex Thomas, Ph.D.

Miami University, Oxford, OH

National Association of School Psychologists

Chicago, Illinois

February 28, 2002

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Abstract

School Psychologists on the Public Relations Front:

What are Practitioners Doing?

Amanda K. Grantz

Miami University, Oxford, OH

Alex Thomas

Miami University, Oxford, OH

The purpose of this session is to present the results of a study on public relations activities of practicing school psychologists. School psychologists have been called upon to take responsibility for increasing awareness of the profession and building partnerships with potential consumers. With the Practical Strategies initiative and suggested "best practices" in public relations, the issue of public relations has garnered heightened interest in the NASP community. This study was conducted to investigate to what extent practitioners are engaging in these recommended activities, specifically those that target teachers, parents, and students. The importance of public relations activity will be discussed, along with the suggested activities present in the literature. Results of the study will also be discussed, including the activities practitioners employ, a description of the "visible" school psychologist, and participants' thoughts on the issue of public relations. Attendants will leave the session with an increased understanding of public relations/visibility raising activities and a knowledge of what current practitioners are doing on this front.



Summary

The issue of public relations in school psychology has received considerable attention in the NASP community with the "Practical Strategies for Expanding Services to Children and Families" initiative (Thomas, Pluymert, & Armistead, 1998). School psychologists have been called upon to take responsibility for increasing awareness of their profession and building partnerships with potential consumers. Raising visibility is important not only for role expansion opportunities, but also for developing increasingly successful partnerships with other professionals (Baas, 2000).

Kelly (1995) has also written on the need for public relations at the building-level for school psychologists. By communicating their role to potential consumers of psychological services, school psychologists raise knowledge of what they currently do and can do to serve children. Teachers, parents, and students are three major groups that school psychologists must connect with to maximize effective service delivery.

Much research has been done concerning the amount of time school psychologists spend in more traditional activities such as testing, counseling, consultation, paperwork, etc. (reviewed in Fagan & Wise, 2000). However, no research was found concerning what public relations/visibility raising activities practitioners employ or how often they do so. The purpose of this session is to fill this gap by presenting the results of a study on public relations activities of practicing school psychologists.

This study was conducted to investigate to what extent practitioners are engaging in the recommended "best practices" and "practical strategies" in PR, specifically those that target teachers, parents, and students. To accomplish this goal, a questionnaire was developed based on the recommended practices of Kelly (1995) and Thomas, Pluymert, & Armistead (1998). It was then mailed to a total of 305 members of four regional school psychology associations in Ohio. The return rate was near 50%.



Results of the study indicate that time is a major factor in the ability or willingness of school psychologists to engage in public relations activities. While some activities that are rarely employed do involve a time commitment (e.g., writing an article for the teacher association newsletter), others do not (e.g., sending a student a congratulations note for an accomplishment). Overall, practitioners target teachers the most, followed by parents, then students.

High public relations activity was associated with state and international school psychology association memberships, specifically directed toward parents. It is likely that that practitioners who are involved in their schools are involved outside of their schools as well. Practitioners who serve junior high/middle schools or high schools had lower PR activity than those who did not, specifically in regard to teachers. Psychologists working in suburban and urban districts had higher PR activity than those working in rural districts. This may be related to school psychologist to student ratios, as lower ratios are associated with higher PR activity and rural school psychologists had higher ratios.

Practitioners who reported high PR activity were more likely to report being satisfied with that activity, suggesting that those with low PR activity may wish to do more. The most common reason respondents reported doing PR was desire. Furthermore, those doing PR due to desire or consumer appreciation had higher PR activity. Those doing PR because they were required to had lower PR activity. Having not enough time was the most frequently given reason for not engaging in PR activities. Respondents also reported believing PR is important, helps to educate others about their roles and functions, and makes them more accessible and approachable.

Future research may address the effects of engaging in these PR activities, both from a consumer and school psychologist perspective.

Further information on personal and job characteristics that are related to



higher public relations activity and ways to make it possible for school psychologists to employ more of these activities, are interesting areas open for exploration.

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School Psychologists on the Public Relations Front: What are Practitioners Doing?



Amanda Grantz, M.S. Alex Thomas, Ph.D.

Miami University, OH

Importance of Communication Activities/Public Relations

- System Influence
- Avoiding the "Stealth School Psychologist"
- Greater Service Delivery
- Keeping the Fire Burning
- Recruitment for the Future

Why Bother with this Research?

- Much Chat, Little Action
- No Baseline Information
- Illusory But Important Topic
- Identify Barriers
- Beginning the Conversation



1

How the Study was Conducted

- Creating the Questionnaire
- Getting the Sample
- Receiving the Questionnaires
 - ≈ 50% Return Rate
- Doing the Analysis
 - Public Relations Scores
 - Significant Findings

Results

- Demographics
- Responses to Questions
 - Overall PR Activity
 - Consumer Groups
 - Demographic Relationships
 - Reasons
 - Thoughts

Discussion

- Importance of Working with our School Constituencies
 - Parents, Students, Teachers, Administrators, Support Staff, Community
- The Issue of Time
 - Balance
 - Priorities
- Future Directions



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Most Frequent Activities

Activity	% "Always" or "Most of the Time"	Target
1. Greet faculty by name in halls	97.3	Teacher
2. Return phone call within 24 hrs	88.6	Teacher
3. Greet students by name in halls	86.6	Student
4. Meet with parents when they have a concern	79.9	Parent
5. Attend class or workshop in school psychology	71.1	Student
6. Give handout to parent on topic of concern	67.1	Parent
7. Attend faculty meeting	57.8	Teacher
8. Presentation to parent group	57.7	Parent
9. Positive referral to principal for student success	55.0	Student
10. Presentation to faculty	53.0	Teacher

Most Infrequent Activities

Activity	% "Rarely" or "Never"	Target
1. Write article for teacher association newsletter	93.29	Teacher
2. Include a "tips for parents" sheet with report cards	92.62	Parent
3. Write letter to parents at start of school year about services	88.59	Parent
4. Sponsor/ advise/coach a student group	84.56	Student
5. Include something in school newsletter	76.52	Parent
6. Attend or help plan student recognition program	74.50	Student
7. Offer a parenting class	71.14	Parent
8. Presentation to students	71.14	Student
9. Treat student to lunch for accomplishment	69.13	Student
10. Send student congrats note for a success	57.04	Student



Public Relations Scores

	Overall PR			PR for Parents		PR for Students		PR for Teachers	
	Mean	SD	Mean	ents SD	Stud Mean	ents SD	Mean	ners SD	
Overall	99.59	15.45	34.35	5.53	36.23	6.13	29.01	5.98	
Gender									
Female	98.47	15.37	33.88	5.52	35.97	6.35	28.61	5.78	
Male	103.26	15.34	35.89	5.32	37.06	5.35	30.31	6.53	
District									
Rural	107.36	13.32	35.80	5.53	38.31	5.42	33.26	4.68	
Suburban	97.14	15.37	33.79	5.60	35.94	6.27	27.42	5.36	
Urban	96.22	15.46	33.97	5.26	34.53	6.12	27.72	6.56	
Preschool									
Yes	100.04	17.01	33.94	6.13	36.74	6.19	29.36	6.82	
No	99.51	14.69	34.59	5.23	36.01	6.12	28.91	5.53	
Elementary									
Yes	99.01	15.38	34.05	5.49	36.00	5.94	28.96	6.05	
No	102.48	15.73	35.69	5.65	37.31	6.89	29.48	5.75	
Junior/Middle									
Yes	101.74	16.27	34.93	5.68	36.51	6.57	30.29	6.39	
No	97.53	14.33	33.78	5.35	35.99	5.68	27.76	5.24	
High									
Yes	103.14	15.36	35.13	5.27	37.20	6.20	30.81	5.99	
No	96.59	14.96	33.69	5.71	35.41	5.99	27.49	5.54	
OSPA									
Yes	98.00	15.04	33.72	5.36	35.73	6.13	28.55	5.73	
No	105.65	15.71	36.74	5.56	38.13	5.81	30.77	6.67	
NASP									
Yes	98.80	15.89	33.84	5.56	36.04	6.06	28.92	6.27	
No	101.68	14.18	35.68	5.28	36.73	6.34	29.27	5.22	
ISPA									
Yes	80.67	13.05	25.67	6.81	32.33	1.53	22.67	6.03	
No	99.98	15.29	34.53	5.38	36.31	6.16	29.14	5.93	

Note. Lower scores indicate more PR.



Targeted Groups

Teachers >* Parents >* Students *: p < .0001

Variables

Gender
Years Practicing
Association Memberships*
Grade Level Served*
Type of District*
School Psychologist to Student Ratios*
Satisfaction*
Reasons for Engaging in PR*
Reasons for Not Engaging in PR

*: Significant Relationship

Association Membership

OSPA Member > Nonmember (p < .05)

• Higher targeting of parents (p < .01)

NASP Member = Nonmember

ISPA Member > Nonmember (p < .05)

• Higher targeting of parents (p < .01)

Grade Level Served

Preschool – no differences

Elementary – no differences

Junior High/Middle

• Less PR Directed Toward Teachers

High School

- Less Overall PR
- Less PR Directed Toward Teachers

Type of District

Overall PR

• Urban & Suburban > Rural p < .005, p < .001

Parent PR

No Differences

Student PR

• Urban & Suburban > Rural p < .01, p < .05

Teacher PR

• Urban & Suburban > Rural p < .0001 for both



Correlations Between PR Scores and School Psychologist to Student Ratios

	Correlation	P-Value
Ratio, Total PR	.387	< .0001
Ratio, Student PR	.472	< .0001
Ratio, Teacher PR	.322	< .001
Ratio, Parent PR	.214	< .05

Higher ratios = higher PR scores = less PR activity

Correlations Between PR Scores and PR Satisfaction

	Correlation	P-Value
Satisfaction, Total PR	258	< .005
Satisfaction, Student PR	236	< .01
Satisfaction, Parent PR	224	< .01
Satisfaction, Teacher PR	217	< .01

Higher satisfaction = lower PR scores = more PR activity

Reasons for Engaging in PR Activities

Reason	Number Indicating	Percent Indicating		
*Desire	109	73.65		
Beneficial	98	66.22		
*Consumer Appreciation	47	31.76		
Other	31	20.95		
**Required	12	8.11		
*: Significantly More PR	**: Signification	antly Less PR		

"Other" Responses

- Sharing/expanding role 1.
- Fosters positive relationships (rapport/trust) 2.
- Concern for others 3.
- 4. Enjoyment
- Good practice/appropriate 5.



Reasons for Not Engaging in PR Activities

Reason	Number Indicating	Percent Indicating
No Time	121	81.76
Other	44	29.73
No Desire	17	11.49
Not Beneficial	8	5.41
Don't Know How	3	2.03

Note. Respondents could indicate more than one reason.

"Other" Responses

- 1. Hadn't thought of some of the activities
- 2. Live far from schools
- 3. Not requested/invited
- 4. Someone else does PR
- 5. Caseload too high

Thoughts on the Issue of "Public Relations"

Comment	Percent Indicating
1. PR is important	35.24
2. Time is an issue	19.05
3. PR Lets others know what they do	13.33
4. PR makes them more accessible/approachable	10.48
5. Doing a good job is good PR	9.52
6. Fear of advertising more than they can deliver	9.52
7. District/administrator expectations hinder PR	8.57
8. PR Can help foster positive relationships	7.62
9. Too many evaluations/assessments	7.62
10. PR Builds trust	4.76
Survey gave good ideas/Copy survey to use as suggestions	4.76
Wish could do more	4.76

Note. Percentages are out of the 105 participants who commented on this question.



Survey Return Rate by Region

	_	Number of Surveys Mailed	Number of Usable Surveys Received	Usable Return Rate
Overall		305	149ª	48.85%
	Region 1	121	44	36.36%
	Region 2	31	16	51.61%
	Region 3	24	17	70.83%
	Region 4	129	72	55.81%

^aTwenty returned surveys were unusable.

Demographic Data

-	Count	Percent of Respondents
Total	149	
Gender		
Mal	e 35	23.49%
Femal	e 114	76.51%
Type of District ^a		
Rura	al 39	26.35%
Urba	n 32	21.62%
Suburba	n 77	52.03%
Grade Levels Served ^{ab}		
Preschoo	ol 50	33.78%
Elementar	ry 119	80.41%
Junior/Midd	le 76	51.35%
Hig	;h 70	47.30%



Demographic Data Continued

Demographic Data Commuca	Count	Percent of Respondents
Regional Association		
Region 1	44	29.53%
Region 2	16	10.74%
Region 3	17	11.41%
Region 4	72	48.32%
Association Memberships		
Regional	149	100%
State (OSPA)	118	79.19%
National (NASP)	108	72.48%
International (ISPA)	3	2.01%
-	Median	Mean
	(Range)	(SD)
Years Practicing	14	14.01
	(1 to 35)	(8.9)
Psychologist : Student	1:1,500	1: 1,534.39
	(112 to 5,300)	(720.57)



^a One missing value.
^b Respondents could indicate more than one grade level primarily served.

Activities of School Psychologists

Instructions for items 1-7: Please answer by circling or writing in the appropriate response.

l.	I am currentl	y a scho	ol psycholo	gist pract	icing ir	n at least one so	chool bu	uilding.	Yes	No
2.	Gender:	Male	Female							
3.	Years practic	cing as a	school psy	chologist	:	_				
4.	School psych	nologist	association	membersl	ips:	Regional	State	Nation	al	International
5.	Grade level(s	s) you pr	imarily serv	e: Pre	school	Element	tary	Junior/Mi	ddle	High
6.	Type of Dist	rict:	Rural	Suburbar	1	Urban				
7.	School psych	nologist	to student ra	ıtio:		_				

Instructions for items 8-39: Read each of the following statements. Please indicate how often you engage in each activity by circling the appropriate number using the following scale:

When the opportunity arises, I do the listed activity:

• • • • •	1	2	3	4	5				
All	of the time	Most of the time	Some of the time	Rarely	Neve	r			
8.	I have somethi	ing to be included in my s	school newsletter.		1	2	3	4	5
9.	I eat lunch wit	th teachers.			1	2	3	4	5
10.	I offer parentii	ng classes if there is speci	al topic of concern.		1	2	3	4	5
11.	I provide a pre topic.	esentation to the faculty w	then they express a concern	/interest on a specific	1	2	3	4	5
12.	I attend school	l social functions.			1	2	3	4	5
13.	I hold some or	pen office hours during th	e week.		1	2	3	4	5
14.	I send a studer	nt a congratulatory note fo	or an accomplishment.		1	2	3	4	5
15.	I meet with pa	rents/guardians when the	y express a concern/interes	t about a specific topic.	1	2	3	4	5
16.	I give a parent	t/guardian a handout on a	topic of concern/interest.		1	2	3	4	5
17.	I call the parer meeting.	nts/guardians of a student	on my caseload - when it is	s not time to schedule a	1	2	3	4	5
18.	I make a posit	ive statement to the princi	ipal for a student success.		1	2	3	4	5
19.	I greet a teach	er or staff member I see in	n the hallway by name.		1	2	3	4	5
20.	I make a home hours.	e and/or work visit for a p	arent/guardian who is unab	ole to visit during school	1	2	3	4	5
21.	I return a phor	ne call within 24 business	hours.		1	2	3	4	5
22.	I am available topic of conce		a meeting of the school par	rents' group on a current	1	2	3	4	5
23.	I attend a class	s and/or workshop on sch	ool psychology.		1	2	3	4	5
24.	I attend a facu	lty meeting.			1	2	3	4	5
25.	I give a preser	ntation to students about n	ny services and how to con	tact me.	1	2	3	4	5
26.	I serve on a bu	ailding committee.			1	2	3	4	5
27.	I attend and/or	r help plan a student recog	gnition program.		1	2	3	4	5
28.	I sponsor/advi	se/coach a student group.			1	2	3	4	5



	When the opportunity arises, I do the listed activity:						5		
	All of the time	Most of the tir	ne So	me of the time	Rarely		Nev		
29.	I learn about a differ	ent culture represen	ted by a stud	lent in my school.		1	2 3	4	5
30.	I write a letter to part to contact me.	ents at the beginning	g of the scho	ol year explaining	my services and how	1	2 3	4	5
31.	I attend a special stu-	dent event (e.g., con	cert, play, sp	porting event).		1	2 3	4	5
32.	I visit a classroom -	when I don't have a	specific stud	dent to observe.		1	2 3	4	5
33.	I hold a student sessi shooting baskets, etc		setting (e.g.	, while taking a wa	lk, sitting on swings,	1	2 3	4	5
34.	I write an article for	the teacher associati	ion newslette	er.		1	2 3	4	5
35.	I treat a student to lu	nch for an accompli	shment.			1	2 3	4	5
36.	I greet a student I see	e in the hallway by i	name.			1	2 3	4	5
37.	37. I include a "Tips for Parents" sheet to be sent out with report cards.					1	2 3	4	5
38.	38. I contact a parent/guardian when his/her child is successful.						2 3	4	5
39.	I send a congratulate	ory note to a teacher	who has do	ne something speci	al with a student.	1	2 3	4	5
Not A	How satisfied are you	Somewha	t Satisfied	Very	relations activities? Satisfied circle all that apply)?				
Benef		Appreciation	Desire	Requirement	Other (Plea	se spe	cify)		
Don't	/hy DON'T you eng Know How Now What are your though	ot Beneficial	No Time	No Desire	all that apply)? Other (Please spec	ify) _			







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