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ABSTRACT

The Cypress-Fairbanks Independent School District in northwest Houston has grown extremely fast. During the 2001-2002 school year, an additional 4,000 students were added. Because of this growth, it was difficult for the district to adopt the state model for guidance and counseling programs. Many counselors followed what was recommended but it was difficult to evaluate program effectiveness. When counselors requested strategies for more efficient ways to develop the plan, the district came up with a format of using computer templates to help their workload. Templates were developed for elementary, middle, and high school counselors. The templates listed district goals; guidance curriculum descriptions; responsive services descriptions; individual planning descriptions; and guidance curriculum plans. That information helped the counselors understand what the model program was about. They were able to make estimations about time allocations and made the needed adjustments to their activities. The templates also served as a training tool and source of information for the non-counseling staff. Templates are listed in Appendix One. (JDM)



Accountability for Comprehensive Guidance Program Delivery and Quality: **Program Templates**

by

Sadie Woodard Benny Malone

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Chapter Fourteen

Accountability for Comprehensive Guidance Program Delivery and Quality: Program Templates

Sadie Woodard & Benny Malone Cypress-Fairbanks Independent School District, Houston, Texas

The Cypress-Fairbanks Independent School District (CFISD) in suburban northwest Houston is an extremely fast growing school district. Over the past ten years, the district has grown by 25,000 students. At the start of the 2001–02 school year, 4,000 new students enrolled in CFISD schools. This phenomenal growth has greatly affected every aspect of the district, including the delivery of guidance and counseling services.

The staffing ratio for counselors in CFISD is 400 students per counselor in secondary schools. At the elementary level a formula is used for allocating counselors. For schools with an enrollment of up to 949 students, one counselor is allocated. When a campus reaches 950 students, a half-time counselor is added. A second full-time counselor is added when an elementary campus reaches 1,100 students. We currently have three elementary schools with more than 1,200 students. Although the counselor-to-student ratios are high in comparison to the rates recommended by the American School Counselor Association (i.e., a maximum of 1:300), they are typical of many schools in large, fast growing school districts in Texas.

In 1990, The Texas Education Agency released A Model Developmental Guidance and Counseling Program for Texas Public Schools. The agency recommended that Texas schools adopt this model for the design of their school guidance programs. Since 1990 CFISD counselors have been requested to follow the state's recommended model in the design, development, implementation, and evaluation of their school guidance programs.

The Problem

Writing an annual comprehensive developmental guidance program is a huge task. Because we have site-based decision making in CFISD,



personnel in each school identify the needs of that school's students. Building staff members, including counselors, are very involved in developing a Campus Improvement Plan (CIP), which is tied to the district's Annual Goals/Action Plan. We envisioned the writing of a developmental guidance program as part of the CIP process.

However, counselors have shown some reluctance in designing and developing their program from year to year. Time seems always to be the enemy. Counselors would usually prepare a calendar of major activities, and those at the secondary level would assign responsibilities to various counselors. (Because most of our elementary schools have had only one counselor in the building, that individual carried responsibility for all guidance activities.) Although we had advocated that all counselors follow the recommended Texas model, this was not really viewed as a planning process but rather as a paperwork requirement. Many counselors did follow much of what was recommended, but it was difficult to evaluate effectiveness or document what actually was in place. In addition, the model contained recommended percentages for time allocation to particular guidance tasks, but counselors were unable to advocate effectively for a program that more closely matched the recommended percentages because of the difficulty in documenting the current program. Therefore, counselors requested strategies for more efficiently and effectively developing their campus guidance plans.

Our Answer

After informal discussion with several counselors, we came to the conclusion that setting up a common format for writing a program would be helpful. We also determined that the format needed to accomplish the following:

- be user-friendly (few elementary counselors had clerical help);
- allow for individualization among school plans;
- include counselor responsibilities listed in the district's Annual Goals/ Action Plan; and
- adhere to all of the recommendations found in the Texas model, which we were committed to implementing to the greatest degree possible.

The idea of using computer templates resulted from several months of planning meetings with guidance counselors. We met with the cluster leaders of elementary counselors and the coordinating counselors for middle schools and high schools in separate meetings. We had four main objectives for the meetings:

1.To get a comprehensive overview of all of the counselors' responsibilities. We knew there would be many similarities, but we



- also expected differences due to site-based decision making.
- 2. To come to consensus on assigning the various tasks contained in the four components of the Texas model—guidance curriculum, responsive services, individual planning, and system support. It was through this step that we could attempt to evaluate whether counselors were devoting the recommended time percentages to each component.
- 3. To list all of the guidance materials and programs that were used districtwide and all of the topics that were mandated in school district policy and state law, or that were recommended in the Texas model for guidance and counseling programs. This list served to inform counselors about materials with which some may not have been familiar. It also facilitated networking among counselors regarding the myriad of guidance materials available to meet the needs of students.
- 4. To identify all district goals for which counselors had a responsibility and tie them to components of the Texas model. In other words, we wanted to document that the developmental guidance program for each campus met campus needs, district goals, and Texas model recommendations.

Description of Templates

With Sadie Woodard's assistance, Benny Malone developed the templates, using Microsoft Word. A separate set of templates was developed for each level: elementary, middle school, and high school. The templates are included in a folder on the district's computer network, on the Global drive. Each campus counselor has access to this drive. Through Windows Explorer, the counselor copies the template folder to his or her individual computer system.

Each template set comprises a parallel series of 12 documents with the content modified as appropriate for each level. (See the sample form templates in the chapter appendix.) The content of some documents is the same across all levels; these are the cover page, district goals list, professional counseling staff list, and the caseload assignment lists for the beginning-of-year plan and the end-of-year evaluation. Other documents are specific to the elementary, middle school, or high school level, namely the campus snapshot, guidance curriculum description, responsive services description, individual planning description, system support description, guidance curriculum plan, and the guidance and counseling calendar. The content for these documents was established during the counselor meetings described previously. Each counselor edits these document templates to match his or her specific activities. Some activities may be deleted or added, but on the whole, activities are common to all campuses.



Benefits

Through the process of setting up a standard format, counselors became very familiar with the details of the model. We were able to identify and discuss misconceptions, with the results being that counselors became much more knowledgeable of what a model guidance program should look like. Another beneficial outcome of this process was that we were able to identify gaps in the existing guidance programs of our schools. For example, middle school counselors were engaged in a highly administrative role, and were conducting a minimal amount of classroom guidance or small-group activities. We were also able to document imbalances in the percentages of time allotted to the various components. We saw the need to temper our expectations for our school programs because of the large student-counselor ratio, especially in elementary schools. This caused us to problem solve in a different way. Our counselor committees began to identify other staff on each campus who could assist in implementing various parts of a comprehensive guidance and counseling program. An example of this is our D.A.R.E. programs, which are implemented through the science curriculum and are taught by trained D.A.R.E. officers. This instruction clearly falls under the guidance curriculum component and is presented in every fifth-grade classroom in the district.

In developing the templates, we were able not only to accomplish the goal that we set out to accomplish, but because we had committees representing every campus, we also achieved buy-in from the counseling staff at elementary, middle school, and high school levels. All had a part in designing the master plan.

In addition to outlining the annual activities of a school's developmental guidance program, the set of documents serves as both a training tool and an informational piece for non-counseling staff members, including principals. Therefore, the definition of each of the four components is included at the top of the relevant document, with the recommended percentage of time counselors should spend in that particular component. Using the templates has been a tremendous time-saver for counselors, enabling them to spend more of their time implementing the program and less time designing its presentation.

Conclusion

The feedback from counselors at all levels about using the templates has been very positive. Principals also are pleased to have a documented program on hand to share with other staff when doing annual planning



activities. The central guidance and counseling office can answer questions about a particular campus guidance program with assurance that a strong plan that adheres to state, district, and campus goals is in place. This format has provided our counselors with a structure that allows individualization for each campus, a must for districts with site-based decision making. The mechanics have not been difficult to manage. In fact, a side benefit is that many counselors have strengthened their computer skills!

Reference

Texas Education Agency. (2000). A model developmental guidance and counseling program for Texas public schools. Austin, TX: Author.

About the Authors

Sadie A. Woodard has been director of guidance and counseling in the Cypress-Fairbanks Independent School District, Houston, Texas, for 14 years. Prior to taking her current position, Sadie was a high school assistant principal, counselor, science teacher, and coach. She has been an active leader in the Texas Counseling Association and the Texas Association for Multicultural Counseling and Development. Sadie can be reached at sadie.harris-woodard@cfisd.net or at (281) 897-4054.

Benny K. Malone has been coordinator of guidance and counseling for two years in the Cypress-Fairbanks Independent School District. Earlier in her career, Benny was an elementary counselor and, prior to that, a special education teacher. She can be reached at benny.malone@cfisd.net or at (281) 517-6326.



Template Appendix



DEVELOPMENTAL GUIDANCE PROGRAM

SCHOOL NAME
Durana d Las
Prepared by
 COUNSELOR (S) / COORDINATING COUNSELOR
 DATE

DGP—Cover Page Cypress-Fairbanks ISD Guidance and Counseling Dept. September 2001



Professional Counseling Staff

 •	
school name	

Counseling Staff*	Education Degree, Major & School	Area of Special Interest/Training/Licensure	
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^{*}Include all campus counseling staff—e.g., Campus Counselors, Intern, Bilingual Itinerant Counselor, YSS, Special Education Counselor, Psychologist

DGP-Professional Counseling Staff Cypress-Fairbanks ISD Guidance and Counseling Dept. September, 2001



Date

Middle School Campus Snapshot

school name

Demographics

		(Obta	in information	(Obtain information from Enrollment/Ethnic Recap.	VEthnic Recap.			,
Enrollment	American Indian	Asian	Black	Hispanic	White	Sp. Ed.	F/R	ES
Total								
% of enrollment								

Special Programs (Place "x" for programs on you

(·snd	Other	(List name of program(s) below.)	
rams on your cam	Building Better	Relationships	
race a for programs on your ca	ESL Block	(3 hr. NES class)	
	Life Skills		
	CSRD Grant	(AVID)	
	Program		

DCP-Campus Snapshot, Middle School Cypress-Fairbanks ISU Guidance and Counseling Dept. September, 2001

Date______
DEVELOPMENTAL GUIDANCE PROGRAM
Elementary School
Caseload Assignment of Counseling Staff

Beginning-of-the-Year Plan

(List each counselor by name, assignment and activities.)

Counseling Staff*

<u>Title</u>

<u>Grade Level Served</u>

Enrollment

Number of Small Groups Planned

Number of Students to be Served in Small Groups

Number of Guidance Curriculum Presentations Planned

Number of Students to Be Served in Guidance Curriculum Presentations

TOTAL

*Include all campus counseling staff—e.g., Campus Counselors, Intern, Bilingual Itinerant Counselor, YSS, Special Education Counselor, Psychologist

DGP—Elementary Caseload Assignment, Beginning of YearCypress-Fairbanks ISD Guidance and Counseling Dept.
September 2001



Cypress-Fairbanks Independent School District Goals and Annual Action Plan, 2001–2002

District Goal 1

Student Progress: Academic Learning and Social/Emotional Development

- Students' academic performance and achievement level will reflect excellence in learning and attainment of both high expectations and high standards.
- Students' behavior will exemplify the skills, attitudes, and/or practices characteristic of productive, community-minded adults: citizenship, self-esteem, respect for others, accountability for actions, and healthful lifestyles.

Curricular Objectives

Produce graduates who have experienced full access to a challenging, enriched, TEKS-based curriculum.

- Challenge all students by providing them a well-balanced, rich curriculum with appropriate learning experiences based on the Texas Essential Knowledge and Skills (TEKS).
- 2. Ensure that students, no matter which campus they attend, receive the same curriculum as detailed in the District's academic standards for language arts/reading, mathematics, science, and social studies.
- 3. Enroll students in appropriately challenging courses, particularly in mathematics and science, by adhering to well-thought-out placement criteria and procedures.
- 4. Maintain high expectations for students—that they will demonstrate exemplary performance in their reading and writing of the English language and in their understanding of mathematics, science, and social studies.

"Portrait" Objectives

Develop in students the competencies identified in the "Portrait of a CFISD Graduate": effective communicator, competent problem solver, self-directed learner, responsible citizen, and quality producer.

Effective Communicator

- 5. Improve students' communication skills by providing instruction in listening, speaking reading, and writing, including the use of standard grammar, language conventions, and vocabulary precision and richness.
- 6. Ensure students' literacy by making certain that all students can read on grade level or above by the end of third grade and every year thereafter.
- 7. Expand students' language skills by providing opportunities for foreign language instruction at the elementary level.
- 8. Add dimension to students' learning environment by promoting the use of technology as a tool.

DGP—District Goals Cypress-Fairbanks ISD Guidance and Counseling Dept. September 2001



Competent Problem Solver

- Develop and refine students' problem-solving and critical/creativethinking skills by extending the depth and complexity of lessons.
- 10. Ensure students' mathematical competence by making certain that they reach or exceed grade-level math standards by the end of third grade and every year thereafter.

Self-directed Learner

- 11. Ensure students' academic success by equipping them with on-grade-level or higher study skills.
- 12. Enable secondary students to maximize credit-earning opportunities by providing information to students and their parents about four-year plans, required and elective courses, and high-school-credit courses offered during middle school.
- 13. Maximize students' time in their regularly scheduled classes by monitoring cocurricular and extracurricular activities and enforcing participation guidelines while considering the benefits that such activities can provide for students.
- 14. Help students plan for life beyond graduation by providing college counseling and career guidance.

Responsible Citizen

- 15. Help students gain an understanding of, acceptance of, and appreciation for diversity, and expect them to treat others with dignity and respect.
- 16. Prepare students to lead productive lives in the 21st century by cultivating worldwide awareness and multicultural understanding.
- 17. Equip students to become productive, contributing adult citizens and workers by developing and refining their self-discipline and sense of responsibility.
- 18. Maximize the student completion rate by reducing the number of students who drop out of school (psychological as well as physical dropouts).
- 19. Increase student attendance by studying the causes of absenteeism, finding ways to address these problems, and implementing targeted strategies.
- 20. Foster students' physical and emotional fitness by encouraging them to form good habits and adopt healthful practices.
- 21. Instill in students the importance of remaining drug-free by providing effective and appropriate instruction about the hazards of substance abuse.

Quality Producer

- 22. Close the achievement gap between at-risk and non-at-risk students by elevating expectations of their performance, accelerating their academic growth, and varying the strategies used in their instruction.
- 23. Improve the academic outcomes of students in special populations (such as limited English proficient, gifted/talented, and special education) by strengthening the curricula designed to meet their needs.
- 24. Accommodate learners' needs through the use of flexible grouping, particularly in subject areas that invite vertical acceleration for students with special aptitudes.
- 25. Prepare learners for real-world pursuits by ensuring that teachers understand and convey to students and their parents the specific connections between classroom activities/topics and job skills/knowledge.



Counselor Activities

(This list pairs the counselor activities stated in the CFISD Goals and Annual Action Plan, 2001–2002 with the state-recommended guidance and counseling program components: Guidance Curriculum, Responsive Services, Individual Planning, and System Support. In order to formulate a comprehensive developmental guidance program for an elementary or secondary campus, the counseling staff incorporates both district goals and state components.)

1. Curricular Objective, Activity #6 (Individual Planning, E/S)

Promote students' placement into appropriately challenging courses that provide vertical acceleration by continuing to review, revise, and monitor District placement criteria and procedures.

- a. Implement a vertical acceleration program in mathematics that meets District criteria for advancement in grades 1-5.
- b. Minimize the number of drops from Algebra 1 during the first six weeks of 8th grade by identifying student needs and adjusting instruction accordingly.

2. Curricular Objective, Activity #7 (System Support, E/S)

Keep students and parents informed about advanced-placement and credit-by-exam opportunities.

3. Curricular Objective, Activities #8 (Individual Planning, S)

Improve ninth-grade student success by continuing to use many of the strategies implemented through the ACCESS Graduation grant.

4. Portrait Objective, Competent Problem Solver, Activity #11 (Guidance Curriculum, E/S)

Encourage students to participate in activities beyond the classroom that promote higher-level thinking and problem-solving competencies. Some examples are listed below.

- a. Co-curricular: UIL competitions, science exhibits, History Fair
- b. Extracurricular: Destination ImagiNation, Science Olympiad, math contests
- c. Social/emotional: peer mediation, PALS, Teen Leadership, mentoring, anger management counseling groups, Teen Court, D.A.R.E., and Skills for Adolescence

5. Portrait Objective, Self-directed Learner, Activity #8 (System Support, S)

Maximize students' opportunities to earn high school credits during middle school by clarifying the District's philosophy regarding this issue.

6. Portrait Objective, Self-directed Learner, Activity #10 (System Support, S)

Continue updating and providing students and parents with guidance/counseling publications for use in developing four-year plans and planning for college and careers. Examples:



- Information regarding local advanced-placement, College Board AP courses, credit-by-exam, and dual-credit opportunities
- Internet and web sites for colleges
- Information on college admissions and financial aid opportunities (e.g., the "TEXAS" and "Teach for Texas" grant programs)
- Individual transition planning for students with disabilities
- Other transitional guidance materials

7. Portrait Objective, Self-directed Learner, Activity #11 (System Support, S)

Encourage students and their parents to set educational goals by publicizing and distributing information related to the four-year planning process and college and career planning. Examples:

- Middle school and high school transition meetings (Keeping the Options Open)
- Television announcements in English, Spanish, and Vietnamese
- Information on CFISD web site
- Transition planning brochure for students with disabilities

8. Portrait Objective, Self-directed Learner, Activity #12 (Individual Planning, S)

Promote secondary students' understanding of the connection between education and career success through

- a. TEKS-driven classroom activities with real-world focus and
- b. Implementation of the individual planning component ("career focus" portion) of the Development Guidance Program.

9. Portrait Objective, Self-directed Learner, Activity #14 (System Support, S)

Ask students to rate the District's success in preparing them for life beyond high school.

- a. Administer the Life Track Exit survey to all graduating seniors, analyze the results, and identify trends.
- b. Continue following up on the study of graduates who have become productive employees, and determine what role the schools may have played in those students' attainment of career success.

10. Portrait Objective, Responsible Citizen, Activity #4 (Individual Planning, S)

Identify students who have fallen behind their peers, and address their individual needs by implementing alternative ways of delivering instruction and services and/or allowing them to earn credit and accelerate their progress in school (e.g., Windfern High School, advanced placement, credit-by-exam).

11. Portrait Objective, Responsible Citizen, Activity #6 (Responsive Services, E/S)

Reach students who struggle with developing self-discipline and responsibility by implementing non-traditional interventions (e.g., conflict resolution, peer mediation, in-school tribunal, teen court, small-group counseling, seminars on character development and leadership).

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12. Portrait Objective, Responsible Citizen, Activity #7 (Guidance Curriculum, E/S)

Develop positive behaviors in students through continued implementation and evaluation of programs such as Boys Town (Building Better Relationships), the Developmental Guidance Program, and Safe and Drug-free Schools (PALS, DARE, and GREAT), and Teen Leadership.

13. Portrait Objective, Responsible Citizen, Activity #9 (Guidance Curriculum, E/S) Help students to develop an appreciation for diversity.

- a. Enhance multiethnic understanding through continued participation in the Teen Summit on Race Relations.
- b. Promote districtwide collaboration of students through the superintendent's high school and middle school Student Leadership Program groups.
- c. Provide opportunities for students to discuss the importance of understanding and accepting others.

14. Portrait Objective, Quality Producer, Activity #14 (Individual Planning, S)

Ensure academic success for 9th-grade students.

- a. Provide incoming 9th graders with summer programs (e.g., summer academies, including Algebridge).
- b. Ensure that 9th graders earn at least 5 credits (and become 10th graders).

15. Portrait Objective, Quality Producer, Activity #21 (Systèm Support, E/S)

Improve special education students' programs and learning outcomes by implementing the District's plan of action for improvement (i.e., the CAP) and updating each campus's progress in the following areas.

- a. least restrictive environment;
- b. related services;
- c. timelines for initial evaluation;
- d, timelines for re-evaluation; and
- e. transition services

DGP—District Goals
Cypress-Fairbanks ISD
Guidance and Counseling Dept.
September 2001



DEVELOPMENTAL GUIDANCE PROGRAM

Guidance Curriculum

The purpose of the Guidance Curriculum component is to help all students develop basic life skills. The curriculum has a scope and sequence for student competency development and is taught in units with planned lessons.

State-recommended percentage, Middle School = 35% to 40%

In the area of Guidance Curriculum, the counselors at		will:
	(school name)	

- 1. Teach the developmental guidance curriculum in units with planned lessons for small or classroom-sized groups of students at all grade levels.
- 2. Plan and present lessons on the following topics:
 - Self-confidence Development
 - Motivation to Achieve
 - Decision-making, Goal-setting, Planning, and Problem-solving Skills
 - Interpersonal Effectiveness
 - Communication Skills
 - Cross-cultural Effectiveness
 - Responsible Behavior
- 3. Identify appropriate resources and materials necessary for presenting the guidance curriculum.
- 4. Collaborate with, and provide assistance to, other school team members (especially teachers) who may integrate the guidance topics with other curricula.
- 5. Assist teachers in instructing students on how to interpret and utilize the results from the 8th-grade Career Planning Survey.
- 6. Coordinate classroom and small-group guidance lessons with campus and district goals.
- 7. Prepare a monthly calendar of guidance curriculum activities that includes:
 - The topics/programs presented
 - The grade level receiving the presentation
 - The format of the presentation (classroom session or small group activity)
 - Lesson presenter (counselor, campus staff or other person)

DGP—Guidance Curriculum, Middle School Cypress-Fairbanks ISD Guidance and Counseling Dept. September 2001



Sample

Elementary Guidance Curriculum Plan

Suggested Topics/Programs	Recommended	Guidance	District Goal Addressed Through
	Grade Level	Cnrriculum Area	Guidance Curriculum
,		Addressed *	
DUSO	PK, K, 1	ABCDEFG	Goal 1, Portrait Objectives
Kelso	2,3,4	ABCDEFG]
Building Better Relationships	All	ABCDEFG	Competent Problem-solver, Activity 11
Be Cool Series	4,5	ABCDEFG	Encourage students to participate in
Get Along Series	PK, K, 1, 2	ABCDEG	activities beyond the classroom which
Stick Up for Yourself	4,5	ABCDEFG	promote higher-level thinking and problem
DARE	5	ABCDEFG	solving competencies. Some examples are
GREAT	4	ABCDEFG	listed below.
PALS	3, 4, 5	ABCDEFG	(a) Co-curricular: UIL competitions,
ROPES	4,5	ABCDEG	science exhibits, History Fair
WHO	1,4	ACEG	(b) Extracurricular: Destination
Anger Control	All	CDEG	ImagiNation, Science Olympiad,
Bullying/Teasing	All	ABCDEFG	math contests
Conflict Resolution	All	ACDEG	(c) Social/emotional: peer mediation
Cross Cultural Effectiveness	All	BCDEF	PALS, Teen Leadership,
Drug Awareness	All .	ACEG	mentoring, anger management
Growth & Development	5	ACG	counseling groups, Teen Court,
Meet the Counselor	All	CE	DARE, and Skills for Adolescence
Middle School Transition	5	ABCG	1
Social Skills	All	ABCDEFG	Responsible Citizen. Activity 7
Test taking/Study Skills	2,3,4,5	ABCG	Develop positive behaviors in students through continued implementation and
Violence Prevention	3,4,5	ABCDEFG	evaluation programs such as Boys Town
	·	· .	(Building Better Relationships), the
		,	Developmental Guidance Program, and
·		•	Safe and Drug-free Schools (PALS, DARE
*Guidance Curricu	lum Areas		and GREAT), and Teen Leadership.
The following topics	should be		
The following topics included in the Developmenta			Responsible Citizen, Activity 9
recommended b			Help students to develop an appreciation
	,		for diversity.
A. Self-confidence Development]	(a) Enhance multiethnic
B. Motivation to Achieve		1	understanding through continued
C. Decision-making, Goal-setting,	Planning and Problem-		participation in the Teen Summit
solving Skills			on Race Relations.
D. Interpersonal Effectiveness			(b) Promote districtwide
E. Communication Skills F. Cross Cultural Effectiveness			collaboration of students through
G. Responsible Behavior		1	the Superintendent's high school
			and middle school Student
			Leadership Program groups
			(c) Provide opportunities for student
			to discuss the importance of
			understanding and accepting

DGP-Sample Guidance Curriculum Plan, Elementary Cypress-Fairbanks ISD Guidance and Counseling Dept. September, 2001

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Sample

ligh School Guidance Curriculum Plan

Suggested Topics/Programs	Recommended Grade Level	Guidance Curriculum Area Addressed *	District Goal Addressed Through Guidance Curriculum	
AAS-4yr. Plan Presentation	8, 9	BCG	Goal 1, Portrait Objectives	
Alcohol Ed, Program (ALC)	6-12	ACEG	. Some and and objectives	
Anger Control	AU	CDEG	Competent Problem-solver, Activity 21	
Building Better Relationships	All	ABCDEPG	Encourage students to participate in activities beyon	
Conflict Res./Peer Mediation	All	ACDEFG	the classroom which promote higher-level thinking	
Cross Cultural Effectiveness	All	BCDEF	and problem-solving competencies. Some examples	
Drug Awareness	9, 10	ACEG	are listed below.	
Harassment	Atl	ABCDEFG	(a) Co-curricular: UIL competitions, science	
Leadership Skills	All	ABCDEG	exhibits, History Fair	
Meet the Counselor	All	CE	(b) Extracurricular: Destination ImagiNation	
Red Ribbon Week	All	ACEG	Science Olympiad, math contests	
ROPES	All	ABCDEG	(c) Social/emotional: peer mediation, PALS.	
Safety Awareness	All	ACDEFG	Teen Leadership, mentoring, anger	
Student Orientation	All	CG	management courseling groups, Teen	
Suicide, Crisis Prevention	9,10	ACE	Court, DARE, and Skills for Adolescence.	
Teen Summit Interethnic Forum	All CDEF		Responsible Citizen, Activity 7	
Test Taking/Study Skills	10, 11	ABCG	Develop positive behaviors in students through	
WHO_	9, 10	ACEG	continued implementation and evaluation programs	
The follow included in the Deve recom A. Self-confidence Develo B. Motivation to Achieve	setting, Planning and Prol		such as Boys Town (Building Better Relationships), the <u>Developmental Guidance Program</u> , and Safe and Drug-free Schools (PALS, DARE, and GREAT), and Teen Leadership. RESPONDING TO THE STATE OF THE STATE OF THE STATE (a) Enhance multiethnic understanding throug continued participation in the Teen Summe on Race Relations. (b) Promote districtivate collaboration of students through the Superintendent's high school and middle school Student Leadership Program groups (c) Provide opportunities for students to discusthe Importance of understanding and accepting others.	

DGP-Sample Guidance Curriculum Plan, High School Cypress-Fairbanks ISD Guidance and Counseling Dept. September, 2001



DEVELOPMENTAL GUIDANCE PROGRAM

Responsive Services

This is an ongoing daily responsibility in which the counselor intervenes on behalf of those students whose immediate personal concerns or problems put their continued personal-social, career, and/or educational development at risk.

State-recommended percentages, High School = 25% to 35%

In the area of Responsive Services, the counselors at	will:
(school name)	
1 Provide consultation through conferences, phone calls and individual	

- 1. Provide consultation through conferences, phone calls and individual meetings to:
 - Teachers
 - Parents
 - Administrators
 - Psychologist
 - Diagnostician
 - Nurse
 - Youth Service Specialist
 - Other professionals
- 2. Locate appropriate resources for referrals to community services.
- 3. Facilitate and/or assist other campus staff in making referrals to Children's Protective Services and respond to requests for information from Children's Protective Services.
- 4. Serve as a member of the campus crisis intervention team.
- 5. Conduct small-group counseling sessions on various topics, such as:
 - Self-esteem
 - Retention
 - Building and Maintaining Positive Personal Relationships
 - Anger Management
 - Grief and Loss
 - Divorce
 - Social Skills
 - Goal Setting for Academic and Career Aspirations
 - Special Needs
- 6. Meet with students for individual counseling on an as-needed or limited basis to address school adjustment issues and assess student needs for additional intervention from school, home, or community services.

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- 7. Support the development and implementation of campus mentoring programs.
- 8. Provide booklets and brochures on topics of interest to parents and students.

DGP—Responsive Services, High School Cypress-Fairbanks ISD Guidance and Counseling Dept. September 2001



DEVELOPMENTAL GUIDANCE PROGRAM Individual Planning

This is an ongoing daily responsibility in which the counselor guides all students as they plan, monitor, and manage their own educational, career, and personal-social development. State-recommended percentage, Middle School = 15% to 25%

In the area of Individual Planning, the counselors at	will:
(school name)	_ ,

- 1. Serve as members of the campus At Risk Committee.
- 2. Provide parent consultation regarding student needs at new student registration.
- 3. Provide consultation to parents regarding student progress as needed throughout the year.
- 4. Provide consultation to students regarding academic matters (e.g., credit-by-exam, four-year plans, summer school placement, course selection and scheduling, Duke Talent Search program).
- 5. Provide consultation to teachers regarding student concerns.
- 6. Assist with the completion of behavior rating scales as requested.
- 7. Maintain accurate, up-to-date student records of testing and identification for special programs (special education, 504, dyslexia).
- 8. Process referrals for special education including:
 - Chairing the referral committee meeting
 - Attending staffings
 - Chairing and/or attending ARDs
- 9. Interpret assessment data and test results and consult with parents, students and school staff in order to assist in formulating realistic goals for students (TAAS; career planning survey; special program testing.)
- 10. At the principal's discretion, serve on the dyslexia identification committee.
- 11. At the principal's discretion, coordinate the 504 committee.
- 12. Assist students in making applications for special programs and schools.
- 13. Assist with completing individual TAAS interviews.
- 14. Prepare a monthly calendar of individual planning activities which includes:
 - At Risk Committee meetings
 - Course selection and scheduling timelines
 - Individual student four-year planning conference timelines
 - New student registration

DGP—Individual Planning, Middle School Cypress-Fairbanks ISD Guidance and Counseling Dept. September 2001



DEVELOPMENTAL GUIDANCE PROGRAM

System Support

The System Support component consists of services and management activities which indirectly benefit students and are required to assure the delivery of a high quality guidance program.

State-recommended percentage, Elementary = 10% to 15%

In the area of System Support, the counselors at		will
	(school name)	

- 1. Plan, organize, and ensure implementation of the campus-wide developmental guidance program.
- 2. Participate in and contribute to district and campus leadership teams including:
 - Campus administrative team
 - Counselor meetings and committees
 - Cluster meetings
 - Vertical team meetings
- 3. At principal's discretion, serve as member of CPOC.
- 4. Support campus programs and special events.
- 5. Contribute articles to the campus newsletter regarding activities and services of the guidance and counseling program.
- 6. Provide staff development at campus and district levels that furthers knowledge and understanding of the guidance and counseling program.
- 7. Provide parenting education programs at campus and district levels.
- 8. Serve as campus TAAS coordinator.
- 9. At principal's discretion, coordinate other campus standardized testing programs (GT, second-grade testing, bilingual/ESL).
- 10. Continue to enhance personal professional development by attending conferences and workshops.
- 11. Assist campus staff as part of the PEIMS data quality assurance team by maintaining accurate counseling records for all students in special programs (special education, GT, bilingual/ESL).
- 12. Prepare a monthly calendar of system support activities which include:
 - Standardized testing schedule
 - Professional development activities
 - Conference attendance
 - Campus support activities
 - Parent education programs

DGP—System Support, Elementary Cypress-Fairbanks ISD Guidance and Counseling Dept. September 2001



DEVELOPMENTAL GUIDANCE PROGRAM

System Support

The System Support component consists of services and management activities which indirectly benefit students and are required to assure the delivery of a high quality guidance program.

State-recommended percentage, High School = 15% to 20%

In the area of System Support, the counselors at _____ will: ____ will:

- 1. Plan, organize, and ensure implementation of the campus-wide Developmental Guidance Program.
- 2. Participate in and contribute to district and campus leadership teams including:
 - Campus administrative team
 - Counselor meetings and committees
 - Cluster meetings
 - Vertical team meetings
- 3. At principal's discretion, serve as member of CPOC.
- Support campus programs and special events.
- 5. Contribute articles to the campus newsletter regarding activities and services of the guidance and counseling program.
- 6. Provide staff development at campus and district levels which furthers knowledge and understanding of the guidance and counseling program.
- 7. Provide parenting education programs at campus and district levels.
- 8. Serve as campus TAAS coordinator.
- 9. Assist in coordinating other campus standardized and field-testing programs (credit-by-exam; college entrance exams including PSAT, SAT I, ACT, and College Board AP testing; RPTE; special education alternative testing).
- 10. Consult with teachers in instructing students on how to interpret and utilize the results from the Career Planning Survey.
- 11. Continue to enhance personal professional development by attending conferences and workshops.
- 12. Assist campus staff as part of the PEIMS data quality assurance team by maintaining accurate counseling records for all students in special programs (special education, At Risk).
- 13. Prepare a monthly calendar of system support activities which includes:
 - Standardized testing schedule
 - Professional development activities
 - Conference attendance
 - Campus support activities
 - Parent education programs

DGP—System Support, High School Cypress-Fairbanks ISD Guidance and Counseling Dept. September 2001



Elementary Guidance and Counseling Calendar

Sample Calendar-Items in Bold are required as listed. Schedule all other

activities according to campus needs

Retention (gC) Retention (gC) Retention (gC) ¥ PreK

Conflict Res.
(gC)
Growth & Dev.
(cO) Retention (gC) Divorce (gC) Conflict Res. (gC) Divorce (gC) Conflict Res. (gC) Kelso (cC) Divorce (gC) DUSO (cC) WHO (cC) DUSO (cC) DUSO (cC) All Levels

New Student Registration (IP)

Counselor Inservice (SS)

New Student Registration (IP)

RS-ongoing

Meet the Councelor (CC)

Building Better Relationships (BBR) (cT)

Credit-by-Earn sortee (IP)

GT New-to-District (IP)

LEP servening/LPAC (IP)

Teachtr Inservice (SS) Realist mast received (25)

Resongoing
Write DGP (25)
Worte The Counselor (2C)
Meet the Counselor (2C)
BER (2T)
GT New-do-District (1P)
GT New-do-District (1P)
CT Servening/LP AC (1P)
An Rick Committees (1P)
Curriculum Night (3S)
Common Scare Parcuting (SS) RS-ongoing
BBR (cT)
Red Ribbon WL. (cT)
Parent Conference Day (IP)
LEP screening/LPAC (IP)
Common Sense Parenting (SS) Month July August September October

C- Guidance Curriculum by Counseling Staff
T- Guidance Curriculum by Teacher
O- Guidance Curriculum by Other (DARE Officer, Nurse, etc.)
RS-Responsive Services (consultation, community referrals, crisis intervention, individual counseling)

DGP-Sample Calendar, Elementary Cypress-Fairbanks ISD Guidance and Counseling Dept. September. 2001

IP- Individual Planning
SS –System Support
c-Classroom Session
g-Small Group Session

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					·
April	March	February	January	December	November
RS-ongoing BBR (c1) Drug Awareness (c0) LEP screening/LPAC (IP) MAC Study (SS)	RS-ongoing BBR (cT) Drug Awareness (cO) Bullying/Tessing (cC) LEP screening/LPAC (IP) At Risk Committees (IP)	RS-ongoing BBR (c1) Drug Awareness (c0) LEP screening/LPAC (IP) MAC Study (SS)	BR-ongoing BBR (cT) LEP screening/LPAC (IP) At Risk Committees (IP) Mentoring Staff Dev. (SS)	Cross cultural awareness (cC) BBR (cT) LEP screening/LPAC (IP) GT Nominations Due (IP)	RS-ongoing BBR (cT) LEP screening/LPAC (IP) At Risk Committees (IP) GT Nominations Notice (IP) TCA Conference (SS) MAC Study (SS)
<u>'</u>	,				DUSO (cC)
		GT notification (IP)	In-building GT screening (IP)	•	DUSO (cC)
In-building GT screening (IP)	In-building GT screening (IP)	-	,		DUSO (cC)
•		Assist with standardized testing (SS)	Getting Along (gC)	Divorce (gC)	Kelso (cC) Divorce (gC)
In-building GT screening (IP) TAAS Rdg. & Math (SS)	Test taking skills (cC) In-building GT screening (IP)		Kelso (cC) Anger mgmt. (gC)	Divorce (gC)	Divorce (gC) Conflict Res. (gC)
ROPES (cO) GREAT (cO) TAAS Rdg. & Math (SS)	ROPES (cO) GREAT (cO) ISC 4/5 GT screening (IP)	ROPES (cO) GREAT (cO) TAAS Writing (SS)	WHO (cC) ROPES (cO) GREAT (cO)	Divorce(gC) ROPES (cO)	Divorce (C) Conflict Res. (gC) ROPES (cO)
DARE (cO) MS transition (cC) TAAS Rdg. & Math (SC)	DARE (cO) ISC 4/5 GT screening (IP)	DARE (60)	DARE (cO) Anger mgmt. (gC)	Divorce (gC)	Divorce (gC) Conflict Res. (gC)

DGP-Sample Calendar, Elementary Cypress-Fairbanks ISD Guidance and Counseling Dept. September, 2001

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C- Guidance Curriculum by Counseling Staff
T- Guidance Curriculum by Teacher
O- Guidance Curriculum by Other (DARE Officer, Nurse, etc.)
RS-Responsive Services (consultation, community referrals, crisis
intervention, individual counseling) * KEY

IP- Individual Planning SS -System Support c-Classroom Session g-Small Group Session

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Sample Calendar-Items in Bold are required as listed. Schedule all other activities according to campus needs

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May	RS-ongoing		CT	1	73	GREAT (cO)	DARE (co)
	DBR (cT)Drug awareness (cO)		notification	notification notification	notification	CT	GT MS transition
	End-of-Year LPAC (IP)		E	(F)	(<u>F</u>)	notification	Ç
	Credit-by-Exam notice (IP)				TAAS info to	(F)	ಕ
	GT Summer Testing notice (IP)				Parents (SS)	TAAS info to	notification
	TRA Conference (SS)	<u>}</u>				Parents (SS)	(F)
					TAAS info to		TAAS info to
							Parents (SS)
June	Guidance Program Evaluation (SS)						

C- Guidance Curriculum by Counseling Staff
T- Guidance Curriculum by Teacher
O- Guidance Curriculum by Other (DARE Officer, Nurse, etc.)
RS-Responsive Services (consultation, community referrals, crisis intervention, individual counseling)
IP- Individual Planning
SS -System Support
c-Classroom Session
g-Small Group Session

UGP-Sample Calendar, Elementary, Cypress-Entrants, ISID Guidance and Counseling Dept. September, 2001

Middle School Guidance and Counseling Calendar

Month	All levels Counselor Inservice (SS) New Student Registration (IP)
July	New Student Registration (IP)
August	RS-ongoing Meet the Counselor(cC)
	Building Better Relationships (BBR) (cT) Harassment Tensing (cC)
	Peer Mediation (gC)
	Orientation (cC)
	Credit-by-Exam notice (IP)
	Course Selection & Scheduling (IP)
	Teacher Inservice (SS)
	Open House (SS)
September	RS-ongoing Write DGP (SS)
	BBR (cT)
	Plan and schedule groups and classroom
	guidance (C)
	Course Selection & Scheduling (IP)
	At Risk Committees (IP)
	MAC Study (SS)
October	RS-ongoing
	BBR (cT)
	Red Ribbon Wk. (cT)
	Counselor Inservice (SS)
	Common Sense Parenting (SS)

C-Guidance Curriculum by Counselor
T-Guidance Curriculum by Teacher
Co-Guidance Curriculum by Teacher
Co-Guidance Curriculum by Other (DARE Officer, Nurse, etc.)
RS-Responsive Services (consultation, community referrals, crisis intervention, individual counseling)
IP-Individual Planning
SS-System Support
c-Classroom Serssion
g-Small Ciroup Session

Sample Calcular, Middle School ress-Fairbanks ISD dance and Counseling Dept. tember, 2001

(A)

	4 Yr. Plans (cC)		TAAS Writing (SS)		High School Transition (cC)
Dake Talent Search (IP)	Duke Talent Search (1P)	Relationships (gC) Child Lures (cC)	мно (сс)	жно (сс)	
<i>j</i> .		Latch-key Program (cC) Relationships (gC)		Elem. Mtg. for 5th to 6th (SS)	
RS-ongoing BBR (cT) At Risk Group (gC) At Risk Committees (IP) TAAS Interviews (IP) TCA Conference (SS) MAC Study (SS)	RS-ongoing BBR (c.T) Course Selection & Scheduling (IP) TAAS Interviews (IP)	RS-ongoing Course Selection & Scheduling (IP) (cC) BBR (cT) TAAS Interviews (IP) At Risk Committees (IP)	RS-ongoing Course Selection & Scheduling (IP) BBR (cT) MAC Study (SS)	RS-ongoing Course Selection & Scheduling (IP) BBR (cT) At Risk Committees (IP)	RS-ongoing BBR (cT) TAAS Rdg. & Math (SS) MAC Sturb. (SS)
November	December	January	February	March	April

C-Guidance Curriculum by Counselor
T-Guidance Curriculum by Teacher
O-Guidance Curriculum by Other (UARE Officer, Nurse, etc.)
RS-Responsive Services (consultation, community referrals, crisis intervention, individual counseling)

·KEY

1P-Individual Planning SS-System Support c-Classroom Session g-Small Group Session

*Sample Calendar, Middle School ress-Fairbanks ISD dance and Counseling Dept tember, 2001







May June Credit-by-Exam Notice (IP)
Summer School Conf. (IP)
TAAS info to Parents (SS)
Guldance Program Evaluation RS-ongoing BBR (cT) S High School Transition (cC)

*KEY
C-Guidance Curriculum by Counselor
T-Guidance Curriculum by Teacher
O-Guidance Curriculum by Other (DARE Officer, Nerse, etc.)
RS-Responsive Services (consultation, community referrals, crisis intervention, individual counseling)

P-Sample Calendar, Middle School ress. Fairbanks ISD dance and Counseling Dept. tember, 2001

IP-Individual Planning
SS-System Support
c-Classroom Session
g-Small Group Session

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Sample Calendar-Items in Bold are required as listed. Schedule all other activities according to campus needs

High School Guidance and Counseling Calendar

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			l-		
Month	All levels*	# 6	100	11th	12th
July	Counselor Inservice (SS) New Student Registration (IP)		Exit Level TAAS (SS)	Exit Level TAAS (SS)	Exit Level TAAS (SS)
August	RS-ongoing Meet the Counselor (cC) Building Better Relationships (BBR) (cT) Credit-by-Exam notice (IP) Course Selection and Scheduling (IP) Review Transcripts (IP) Summer School Report Card Check (IP) Master Schedule Adj. (SS) Teacher Inservice (SS) Open House (SS)				
September	RS-ongoing Write DGP (SS) BBR (cT) Plan and schedule groups and classroom guidance (C) Leadership Skills (gC) Peer Mediation Tr. (gC) Alcohol Ed. ALC (gC) At Risk Committees (IP) MAC Study (SS)	4-year Plan Conferences (IP)		Student/Parent Guide to College (cC)	Senior Conf. (IP)

*KEYS

C-Guidance Curriculum by Courseling Staff

T-Guidance Curriculum by Toscher

O-Guidance Curriculum by Other (DARE Officer, Nurse, etc.)

RS-Responsive Services (consultation, community referrals, crisis intervention, individual counseling)

SS-System Support

c-Classroom Session

g-Small Group Session

P-Sample Calendar, High School ress-Fairbanks ISD dance and Counseling Dept. tember, 2001

C Z B Z	RS-ongoing BBR (cT) Red Ribbon Wk. (cT) Counselor Inservice (SS)	WHO (cC) Suicide/Crisis Prev. (cC)	WHO (cC) Suicide/Crisis Prev. (cC) PSAT (SS)	Exit Level TAAS (SS) SAT I&II (SS) ACT (SS) College/Career	Exit Level TAAS (SS) (SS) SAT [&II (SS) ACT (SS) College/Career
0 20 00	BR (cT) ted Ribbon Wk. (cT) counselor Inservice (SS)	Suicide/Crisis Prev. (cC)	Suicide/Crisis Prev. (cC) PSAT (SS)	(SS) SAT I&II (SS) ACT (SS) College/Career	(SS) SAT (&II (SS ACT (SS) College/Caree
O 20	ted Ribbon Wk. (cT) Sounselor Inservice (SS)	හි	PSAT (SS)	SAT 1&II (SS) ACT (SS) College/Career	ACT (SS) College/Care
	ounselor Inservice (SS)		PSAT (SS)	ACT (SS) College/Career	ACT (SS) College/Care
				College/Career	College/Care
				- :: . ::!!	
				Night (IP)	Night (IF)
November	K3-ongoing	\ ·	Career Planning	SAT I&II (SS)	SAT I&II
	BBR (c1)	•	Survey (IP)	ACT (SS)	(SS)
-	Financial Aid Workshop (IP)			•	ACT /SS
_	TCA Conference (SS)				100)
A	At Risk Committee (IP)				
3	MAC Study (SS)				
December R	RS-ongoing			SAT I&II (SS)	SATILATION
B	BBR (cT)			ACT (SS)	ACT (88)
_	Teen Summit Interethnic Forum (gT)				301 (00)
C	Course Selection & Scheduling (IP)				
January R	RS-ongoing			SAT I (SS)	SATI(SS)
-	Transferrate in Francis I and the second				Graduation
	rear seamon ruckening Loum (81)				Transcrint Review
	New Student Registration (IP)				9
_ _	Course Selection & Scheduling (IP)				()
3	Master Schedule Adj. (SS)				
A	At Risk Committee (IP)				

P-Sample Calendar, High School
ress-Fairbanks ISD
dance and Counseling Dept.
tember, 2001

*KEYS

C-Guidance Curriculum by Counseling Staff

T-Guidance Curriculum by Teacher

O-Guidance Curriculum by Other (DARE Officer, Nunse, etc.)

R5-Responsive Services (consultation, community referrals, crisis intervention, individual counseling)

IP-Individual Planning

SS-System Support

C-Classroom Session

g-Small Group Session

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February	RS-ongoing	Keening Ontions	Prit I pual TAAS	Fuit I and TAAS	Daie I and TA AC
· 	Course Selection & Scheduling (IP)	Open (IP)	(SS)	(S)	CXII FEAEI I XAS
	BBR (cT)			ACT (SS)	(33) VCT (86)
	MAC Study (SS)			(cc) 1.2u	(cc) (v)
March	RS-ongoing	WHO (cc)	WHO (cC)	SAT L(SS)	SATICE
	BBR (cT)	`			(00)
	RPTE testing (SS)				
	TEA HS Conf. (SS)				-
	Course Selection & Scheduling (IP)				
	At Risk Committee (IP)				
April	RS-ongoing	WHO (cC)	WHO (cC)	Joh Fair (IP)	loh Roir (ID)
	BBR (c.T.)	`	D-14 T-1-0	(12)	(11) 118 1 120
	897 7 7 7 7 1		EXII LEVEL LAAS	ACT (38)	ACT (SS)
	I ACAC Cont. (55)		(SS)	Exit Level TAAS	Exit Level TAAS
	MAC Study (SS)			(SS)	(88)
May	RS-ongoing			SAT 1&11 (SS)	SAT IAII (SC)
	BBR (cT)			(2)	AP Testing (SS)
	Summer School Coaf. (IP)				Marking (30)
	TAAS info to Dozente (CC)				Incurry graduating
	1 AAS WILL TO FATERIS (SS)				students (IP)
					Graduation (SS)
June	Guidance Program Evaluation (SS)			SAT I&II (SS)	SAT I&II (SS)
				ACT (SS)	ACT (SS)

*KEYS
C-Guidance Curriculum by Counseling Staff
T-Guidance Ourriculum by Teacher
C-Guidance Curriculum by There (DAR: Officer, Nurse, etc.)
RS-Responsive Services (consultation, community referrals, crisis intervention, individual counseling)

IP-Individual Planning SS-System Support c-Classroom Session g-Small Group Session

P. Sample Calendar, High School ress-Fairbanks ISD dance and Counseling Dept. (ember, 2001)



DEVELOPMENTAL GUIDANCE PROGRAM High School Caseload Assignment of Counseling Staff End-of-Year Evaluation

(school name)

		(List eacl	(List each counselor by name, assignment and activities.)	name, assignı	nent and activ	ities.)	
Counseling Staff*	Title	Grade Level Served	Enrollment	Number of Small Groups Conducted	Number of Students Served in Small Grouns	Number of Guidance Curriculum Presentations	Number of Students Served in Guldance Curriculum Presentations
	,	,					
		•		·			
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						,	

-Campus Counselors, Intern, YSS, Special Education Counselor, Psychologist

DGP-Caseload Assignments, High School, End-of-Year Cypress-Fairbanks ISD Cuidance and Counseling Dept.



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