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ABSTRACT

Designed for use by parents and professionals, this guide provides assistance in finding appropriate financial resources and services for children with special needs in Iowa. Divided into six chapters, the guide presents programs related to education, health, human services, insurance, social security, and other support services. After a brief overview of each program, the requirements for eligibility, the services provided, the fees, and information for applying are presented. Chapter 1 provides information about early childhood special education programs and programs for blind and deaf children. Chapter 2 describes programs related to child health specialty clinics, university hospitals, and home care. Chapter 3 includes programs related to child protective services, family support, medical coverage, adoption programs, and transitional child care. Chapter 4 presents a range of insurance plans. Chapter 5 provides information about Medicare, Supplemental Security Income, and State Supplemental Assistance. Chapter 6 outlines a variety of support services such as Developmental Disabilities Basic Grant Program, Easter Seals Society, Iowa Pilot Parents, and Iowa Protection and Advocacy Services. The appendices include lists of agencies related to services for children with special needs, a list of federal poverty guidelines, and guidelines for child care assistance and medically needy income. Information related to child and maternal health issues is also presented. (AA)

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IOWA PROGRAMS PROVIDING AND FINANCING CHILDREN'S CARE AND SERVICES

The Iowa Department
of Education
1994

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of Education
1994

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Project Coordinator

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PREFACE

Parents of special needs children often have difficulty locating financial resources and services for their children. Even when resources are located, uncertainty often remains regarding program eligibility requirements and/or availability. The purpose of this guide is to provide assistance in finding appropriate financial resources and services for young children with special needs. The guide is designed for use by parents and professionals alike as they work to access and coordinate services for children with special needs. Every attempt has been made to provide accurate, current information about Iowa's programs.

A special thank you is extended to all who have contributed to the contents of this book.

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EDUCATION

EARLY CHILDHOOD SPECIAL EDUCATION (ECSE) INSTRUCTIONAL SERVICES: HOME INSTRUCTION

OVERVIEW OF PROGRAM

The early childhood special education programs provide comprehensive, individualized instructional and support services for children with disabilities from birth through five years of age. Families must be an integral part of the child's special education program in order to achieve the maximum gains. Services for the child and family may be provided in either the home or in a center on which the education and family team mutually agree. Home visits can include structured learning activities for the child with family or care giver participation. Appropriate support services such as physical, occupational or speech therapy may also be provided in the home. Other services may be provided if deemed necessary by the staffing team. Children from birth through age two years are typically served through home instruction but may receive center based services as appropriate.

AGE REQUIREMENTS AND ELIGIBILITY

Early childhood special education services are available to children from birth through age five who are eligible for special education. To determine if a child meets the special education eligibility requirements, screening and/or a comprehensive evaluation is provided at no cost to the family. Evaluation results are used to gain an overview of the child's development, determine if a child is eligible for special education services, and provide information for problem solving and the planning of appropriate strategies for the child and family. An Individualized Education Program (IEP) is developed for each eligible child. This may be one component of an Individualized Family Service Plan (IFSP) for those children and families entitled to early intervention services for infants and toddlers with disabilities and their families as outlined in IDEA, Part H.

Most children with disabilities receiving home instruction are from birth to three years of age. Children older than three with impaired health or a complex medical condition may appropriately be served in a home-based program. Children whose parents prefer home-based services as a least restrictive environment (LRE) may also be served in this program model.

SERVICE(S)

Home instruction or support services are provided by licensed early childhood special education teachers or support personnel. Certain parent activities are offered in Area Education Agency (AEA) or local school district facilities.

The schedule for home instruction or support services is determined by the staffing team which includes the parents. The most typical schedule is a weekly, one-hour time segment but the frequency depends on the needs of the child and family. If the child is being served through an IFSP, the plan will be reviewed at six-month intervals with an IFSP meeting held at least annually. The services being provided and the impact of those services will be analyzed by the team.

MANDATED SERVICES

Iowa legislation passed in 1974 mandated a free appropriate public education (FAPE) for all individuals with disabilities from birth through age 21. Federal legislation (P.L. 99-457) passed in 1986 mandated FAPE for all children with disabilities from age three through age five by July 1, 1991. Part H of P.L. 99-457 which was amended by the Individuals with Disabilities Education Act (IDEA) provides a discretionary program for children with disabilities from birth through age two. Iowa chose to participate in Part H with the Iowa Department of Education as the lead agency.

COST

Special education services are free to families whose children are eligible for those services.

WHERE TO APPLY

Referrals and requests for information should be directed to the AEA (see Appendix A) or to the local school district. Services typically begin with an intake interview. Parents desiring services must sign a consent for evaluation form from the AEA prior to a comprehensive evaluation of the child. A staffing must be held to discuss the outcomes of the evaluation and to develop intervention strategies. Parents are members of the staffing team.

RESPONSIBLE AGENCY

Area Education Agencies and/or community school district

EARLY CHILDHOOD SPECIAL EDUCATION (ECSE) INSTRUCTIONAL SERVICES: CENTER-BASED PROGRAMS

OVERVIEW OF PROGRAM

Children with disabilities from birth through age five may participate in ECSE center-based programs if these options are deemed appropriate by the staffing team. Center-based options include ECSE classrooms operated by the local districts or AEA, Head Start or other early childhood programs appropriate for integrated placements for young children. Center-based services include individualized instruction in large and small groups with opportunities for socialization. Some children may be in dual placements and receive services in two different locations such as part time in Head Start and part time in ECSE. Each eligible child has an Individualized Family Service Plan (IFSP) or an Individualized Education Program (IEP) that is based on strengths and needs as reflected in the evaluation data and specifies goals and objectives to meet the child's educational needs. The ECSE developmentally appropriate curriculum focuses on critical skills, provides functional activities and seeks to adapt materials and instructional strategies to meet the special needs of each child. Support services, as appropriate, may be provided through an integrated, consultative or direct service model. (See ECSE Support Services, pages 7-9).

AGE REQUIREMENTS AND ELIGIBILITY

ECSE center-based options are available to children below the age of six with disabilities. To determine whether a child meets specific eligibility requirements, a comprehensive multidisciplinary evaluation is provided at no cost to the family. Developmental screening and evaluation results are used to provide an overview of the child's development, to determine if a child is eligible for special education and to provide information for the planning of appropriate interventions.

SERVICE(S)

Centered-based instruction is provided or monitored by licensed early childhood special education professionals. These instructional services are provided in classroom settings in the least restrictive environment (LRE) which is appropriate to meet the needs of the child. Some evaluations and parent support activities are offered in the Area Education Agencies (AEA).

COST

Special education services are free to families whose children are eligible for these services.

RESPONSIBLE AGENCY

Referrals and requests for information should be directed to an AEA (see Appendix A) or to the local school district. Services typically begin with an intake interview. Parents desiring services must sign a consent for evaluation form from the AEA prior to a comprehensive evaluation of the child. A staffing must be held to discuss the outcomes of the evaluation and to develop intervention strategies. Parents are members of the staffing team.

EARLY CHILDHOOD SPECIAL EDUCATION (ECSE) SUPPORT SERVICES

OVERVIEW OF PROGRAM

Children from birth through age five requiring special education may receive a combination of instructional (see ECSE Home Instruction and ECSE Center Based Instruction) and support services. Support services include occupational therapy, physical therapy, speech and language therapy, school social work services, school psychological services, special education nursing services and audiological services. Support services may be a combination of consultation, direct hands-on therapy activities, parent involvement activities and specific intervention activities directed by a teacher or support service professional. Each child receiving special education support services must have an individualized education program (IEP) or individualized family service plan (IFSP).

Occupational Therapy: evaluation, consultation and direct intervention strategies in the area of motor functioning, including fine motor, sensorimotor, positioning and self-help skills for children with physical impairments.

Physical Therapy: evaluation, consultation and direct intervention strategies in the areas of developmental and adaptive sensorimotor and gross motor (positioning and mobility) skills for children with physical impairments.

Speech and Language Services: evaluation, consultation and direct intervention strategies in the area of communication skills including speech and language development and disorders of language, voice, articulation and fluency.

School Social Work Services: evaluation, consultation and direct intervention services in the areas of social, emotional, behavioral and adaptive needs. School social workers may provide individual, group, parent and family counseling to assess and treat the child, family and environmental problems that affect child development and learning.

School Psychological Services: screening and evaluation to identify needs regarding behavioral, social, emotional and educational functioning of children. School psychologists assist parents and teachers to assess strengths and needs, to plan educational programs and to develop methods for dealing with behaviors which interfere with learning.

Special Education Nursing Services: evaluation and interpretation of health needs, monitoring medical procedures as directed, and implementation of specific nursing activities that are related to the child's educational program.

Audiological Services: screening, evaluation, consultation and assistance in the educational management of children with hearing loss.

Vision Services: screening, evaluation, consultation and assistance in the educational management of children with visual impairments.

AGE REQUIREMENTS AND ELIGIBILITY

Support services are available to children with disabilities from birth through age five. To determine if a child meets eligibility requirements, a comprehensive evaluation is provided at no cost to the family. Evaluation results and problem solving procedures are used to provide a picture of the child's development to determine if a child qualifies for special education and to provide information for planning appropriate services. Support services must have a relationship to the child's ability to participate in the educational program. Individuals with disabilities who are eligible may receive support services from birth through age 21.

SERVICE(S)

Support services are provided by personnel who hold the appropriate licensure, approval or statement of professional recognition to provide the appropriate evaluation, remediation, therapy and/or consultation to children eligible for special education.

Support services may be delivered in the home, school or AEA setting. Some agencies have contractual arrangements with local hospitals or health agencies to provide support services in a medical facility or office of a private provider.

The schedule for delivering the support service is determined by the parents and other team members in a multidisciplinary staffing. The IEP is reviewed annually and the IFSP is reviewed every six months.

MANDATED SERVICES

Iowa legislation mandates a free appropriate public education for all eligible individuals with disabilities from birth through age 21. Federal legislation mandates a free appropriate public education for all eligible individuals with disabilities from three to 21 years of age.

COST

Special education services required to meet the educational needs of the eligible individual are provided without charge to the families.

RESPONSIBLE AGENCY

Referrals and requests for information be directed to an AEA (see Appendix A) or to the local school district. Services typically begin with an intake interview. Parents desiring services must sign a consent for evaluation form from the AEA prior to comprehensive evaluation of the child. A staffing must be held to discuss the outcomes of the evaluation and to develop intervention strategies. Parents are members of the staffing team.

PARENT-EDUCATOR CONNECTION

OVERVIEW OF PROGRAM

The Parent-Educator Connection program is sponsored by the Iowa Department of Education, Bureau of Special Education. It began in 1984 to provide parents and educators with opportunities to work together in positive ways to improve educational programs for children with special needs. When genuine partnerships exist between parents and educators, quality planning and programming for children with disabilities will occur.

AGE REQUIREMENTS AND ELIGIBILITY

Families with children who have a disability, ages birth through 21, educators and other individuals who work with people with disabilities may receive services.

SERVICE(S)

Each Area Education Agency (AEA) has a parent and an educator on staff who direct the program within the AEA. The Iowa State Department of Education employs a parent and an educator to provide assistance to each AEA.

The AEA and State Coordinators may

- help parents and educators in finding answers to questions and locating resources.
- conduct inservice sessions for parents and educators and other interested individuals.
- facilitate meetings such as support groups
- publish newsletters.
- loan books, pamphlets, and video and audio tapes on special education and other issues including different disabilities and parenting.

MANDATED SERVICES

Not applicable.

COST

These and other services which may be provided by each AEA are free of charge.

WHERE TO APPLY

Contact the Parent or Educator Coordinator from a regional Area Education Agency (see Appendix A or Appendix B) or call

Drake University
Mountain Plains Regional Resource Center
2507 University Avenue
Des Moines, IA 50311
(515) 271-3936

RESPONSIBLE AGENCY

Iowa Department of Education.

IOWA HEAD START PROGRAMS

OVERVIEW OF PROGRAM

Head Start is a federally funded comprehensive child development program with an interdisciplinary approach. Head Start may be offered as either center-based or home-based, as determined by local Head Start programs.

AGE REQUIREMENTS AND ELIGIBILITY

Three- and four-year-old children who meet federal income guidelines are eligible. Family Investment Plan (FIP) recipients are automatically eligible. A Head Start program must have a minimum enrollment of 10 percent of children who meet the Federal Diagnostic Criteria for handicapped children.

SERVICE(S)

Head Start provides the following services for enrolled children:

- Education
- Health (physical and dental examinations)
- Mental health
- Nutrition
- Social services (family needs)
- Parent involvement
- Family literacy

Generally the services are provided at Head Start Centers.

MANDATED SERVICES

Federal requirements mandate a minimum of 10 percent of the enrollment to meet Federal Diagnostic Criteria for handicapped children.

COST

There is no cost to families.

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WHERE TO APPLY

Contact the area Iowa Head Start Agency serving the appropriate county (see Appendix C).

RESPONSIBLE AGENCY

Not applicable.

IOWA BRAILLE AND SIGHT SAVING SCHOOL DEPARTMENT OF OUTREACH SERVICES

OVERVIEW OF PROGRAM

Outreach Services is an outgrowth of the Iowa Braille School's education program. The purpose of Outreach Services is to assist children with visual impairment, including blindness, become as independent as possible in all areas of life. Services include low vision services, orientation and mobility, consultation on questions related to the education or habilitation of young children, an assistive device lending program, and adapted or adopted books for visually impaired learners.

AGE REQUIREMENTS AND ELIGIBILITY

Any child who meets the definition of visual impairment, including blindness, according to the Iowa Department of Education Rules of Special Education is eligible. Services also encompass children with visual impairment and additional disabilities. Children and youth from birth through age 21 are eligible.

SERVICE(S)

Services are provided by well qualified and experienced educators from the Iowa Braille and Sight Saving School. Services are field-based at a child's home and/or a center-based program.

MANDATED SERVICES

Many of the services provided are mandated.

COST

There is no cost to families.

WHERE TO APPLY

Department of Outreach Services
Iowa Braille and Sight Saving School
1002 G Avenue
Vinton, IA 52349
319-472-5221
319-472-4371 (FAX)

RESPONSIBLE AGENCY

State of Iowa Board of Regents.

IOWA SCHOOL FOR THE DEAF (ISD) EARLY CHILDHOOD/PRESCHOOL PROGRAM

OVERVIEW OF PROGRAM

Iowa School for the Deaf provides an educational program and ancillary services to children who are deaf or hearing impaired.

AGE REQUIREMENTS AND ELIGIBILITY

All residents of the State of Iowa, from birth through age 21, diagnosed as having or suspected to have a hearing impairment can receive services.

SERVICE(S)

ISD provides the following services to children who meet the eligibility requirements and are in need of specific services:

1. Diagnosis and evaluation
2. Language development
3. Speech development
4. Auditory training and utilization
5. Sign language development for children who have hearing impairments.
6. Parental assistance in a variety of ways including printed materials, videotapes and direct services.

The services are provided by ISD staff and continue as long as requested or appropriate as determined by either the Individualized Education Plan (IEP) or Individualized Family Service Plan (IFSP).

MANDATED SERVICE

The State of Iowa requires these services to be provided.

COST

There is no cost to families

WHERE TO APPLY

Iowa School for the Deaf
1600 South, Highway 275
Council Bluffs, IA 51503

Attention: Dr. William P. Johnson, Superintendent
(712) 366-0571

Area Education Agencies (Appendix A) and/or Local Education Agencies
(community school district).

RESPONSIBLE AGENCY

State of Iowa Board of Regents.

IOWA PROJECT FOR DEAF-BLIND SERVICES

OVERVIEW OF PROGRAM

The Iowa Project for Deaf-Blind Services facilitates the successful participation of individuals with deaf-blindness in activities of their choice as a part of the home, school, and community environments. This participation is supported through age-appropriate, integrated, community-referenced, and family-focused instructional and service planning. Services are developed and personalized to assist educators and families in meeting the unique needs of individuals with deaf-blindness.

AGE REQUIREMENTS AND ELIGIBILITY

- (1) Individuals from birth through age 21 who are deaf-blind represent heterogeneous group that includes:
 - individuals who are identified as having vision and hearing losses;
 - individuals who have hearing/visual impairments mild to severe degree and additional learning and language disabilities or both;
 - individuals who may have been diagnosed as having a degenerative pathology or disease that will affect vision or hearing or both; and
 - individuals who have multiple disabilities due to central nervous system dysfunction, and who may demonstrate inconclusive vision and hearing responses during evaluations in the natural environment.
- (2) Educational personnel and service providers serving one or more individuals with deaf-blindness.
- (3) Parents, family members, and care providers of individuals with deaf-blindness.

SERVICE(S)

- *Technical assistance*, based on individual needs and requests, is provided in homes, schools, and agencies for educational personnel, families and others.

- *Training* of personnel is based on local needs and requests. Training is done collaboratively with educators and parents. Follow-up assistance is available. Topics may include, but are not limited to

- | | |
|--------------------------------|---------------------------------|
| •IFSP/IEP development | •Transition planning |
| •Parent-educator collaboration | •Functional assessment |
| •Instructional strategies | •Early interventions |
| •Communications skills | •Least restrictive environment |
| •Health care issues | •Teaching appropriate behaviors |
| •Planning for the future | |

Follow up assistance is available

- *Assessment* of individual needs and abilities through the Iowa Deaf-Blind Assessment Team.
- Maintenance of a *Census* of deaf-blind infants, toddlers, children and youth.
- Maintenance of a materials *resource center*. Media and publications for parents and others are available for loan.
- Dissemination of information regarding deaf-blindness and project activities.
- Family and educator sharing of effective practices.

MANDATED SERVICES

Technical assistance

Services to families, educational personnel and community service providers

COST

These services are provided without charge.

WHERE TO APPLY

Steve Maurer, Project Director
Iowa Department of Education
Bureau of Special Education
Grimes State Office Building
Des Moines, IA 50319-0146
515/281-3576 (Voice/TTY) FAX 515/242-6019

RESPONSIBLE AGENCY

Iowa Department of Education, Bureau of Special Education.

HEALTH

CHILD HEALTH SPECIALTY CLINICS (CHSC)

OVERVIEW OF PROGRAM

Child Health Specialty Clinics (CHSC) is a public health program to improve the health, development and well-being of children and youth with special health-care needs in partnership with families, service providers and communities.

AGE REQUIREMENTS AND ELIGIBILITY

All Iowans from birth through age 21 (although exceptions to upper age limits may be made depending on individual circumstances) who have or are at risk for chronic illness, disability or health-related educational or behavioral problems are eligible.

SERVICE(S)

Statewide community-based clinics are held in out-patient units of community hospitals, schools or church buildings on a prescheduled basis. Services are provided by staff assigned to 13 regional child health centers plus other sites for selected outreach services and the central office of Iowa CHSC in Iowa City.

Services provided include direct clinical, care coordination, family support and training and consultation. Providers include physicians, pediatric nurse practitioners, nurse clinicians, speech pathologists, physical therapists, nutritionists, social workers, physician assistants, parent consultants, education consultants and other related health care personnel.

MANDATED SERVICES

Federal legislation mandates provision and promotion of comprehensive family-centered, community-based, coordinated, and culturally competent care for children with special health-care needs including those receiving benefits under Title XVI (Supplemental Security Income).

COST

Charges are made only for physician, lab and procedure services. Fees are on a sliding-fee scale depending on adjusted gross income, number of tax exemptions, and extenuating circumstances. No family is denied services due to inability to pay.

WHERE TO APPLY

Contact the Child Health Specialty Clinic nearest your home listed in Appendix D or the central office in Iowa City listed below.

Child Health Specialty Clinics
246 Hospital School
Iowa City, IA 52242-1011
(319) 356-1469

RESPONSIBLE AGENCY

Child Health Specialty Clinics
The University of Iowa Hospitals and Clinics
Iowa City, IA 52242-1011

511

CHILD HEALTH SPECIALTY CLINICS PARENT CONSULTANT NETWORK

OVERVIEW OF PROGRAM

Child Health Specialty Clinics (CHSC) has identified family participation in developing and implementing care plans for a child with special health-care needs as a necessary and effective method of achieving beneficial outcomes. To strengthen family-centered care for Iowa children with special health-care needs, CHSC has expanded parent participation in its program and has developed a statewide parent consultant network.

AGE REQUIREMENTS AND ELIGIBILITY

Iowa families with children or young adults, birth through 21, who have special health-care needs are eligible.

SERVICE(S)

The CHSC Parent Consultant Network seeks to make sure that parents of children with special health-care needs have access to parents in similar situations. Members of the network are knowledgeable about service systems and experienced in caring for a child with special health-care needs.

Parent consultants emphasize the development of knowledge, confidence and problem-solving skills. They encourage an active role for parents in planning and organizing services for their children. They do not replace the role of families or professionals in areas of self-advocacy, care coordination, or medical consultation or the role of parent groups as a source of ongoing emotional support.

Parent consultant support includes sharing information and referrals to service agencies, funding sources, and parent groups; helping to clarify concerns; and suggesting possible ways to solve problems.

COST

Services of the Parent Consultant Network are free to participants.

WHERE TO APPLY

To make a referral to the Parent Consultant Network, call the nearest CHSC Child Health Center see (Appendix D) or community support services at

Child Health Specialty Clinics
239 Hospital School
Iowa City, IA 522442-1011
(319) 356-8391

Families may call collect.

RESPONSIBLE AGENCY

Child Health Specialty Clinics
The University of Iowa Hospitals and Clinics
247 Hospital School
Iowa City, IA 52242-1011

REGIONAL NUTRITION CONSULTATION SERVICE (FOR CHILDREN WITH SPECIAL HEALTH-CARE NEEDS)

OVERVIEW OF PROGRAM

This program, sponsored by the Child Health Specialty Clinics (CHSC), (see pages 23-24) provides community-based nutrition assessment and follow-up services to children whose chronic condition involves nutritional status. Attention is given to energy and nutrient needs as well as feeding considerations.

AGE REQUIREMENTS AND ELIGIBILITY

Any child, birth through 21, is eligible. Referrals are made through the CHSC health services coordinator.

SERVICE(S)

A nutritional assessment, care planning and follow-up are provided by local registered dietitians with special interest and experience in nutrition for children with special health-care needs. A dietitian from the CHSC Central Office provides clinical consultation to the local dietitians. The services are usually provided in a CHSC clinic setting, but can occur in other settings according to arrangements made by the family and dietitian. The initial assessment and length of follow-up is based primarily on the clinical judgement of the dietitian and secondarily on the amount of dietitian time available to CHSC patients.

MANDATED SERVICES

Under the Individuals with Disabilities Education Act (IDEA) Part H, nutrition services are an eligible service component of the Individual Family Service Plan.

COST

There is no charge to families.

WHERE TO APPLY

Contact the appropriate Iowa Regional Child Health Specialty Clinic listed in Appendix D.

RESPONSIBLE AGENCY

Child Health Specialty Clinics
The University of Iowa Hospitals and Clinics
Iowa City, IA 52242

IOWA HIGH-RISK INFANT FOLLOWUP PROGRAM

OVERVIEW OF PROGRAM

The Iowa High-Risk Infant Followup Program is a service program to provide in-depth developmental assessments for children who received care in a neonatal intensive care unit during the neonatal period (first 27 days of life).

AGE REQUIREMENTS AND ELIGIBILITY

Any family in Iowa whose baby, birth to 30 months, would have met any one of the biological risk factors (see Appendix D) during the first 27 days of life is eligible.

SERVICE(S)

Services provided are developmental assessment, physical and neurological examination, and growth and nutrition counseling by Pediatric Nurse Practitioners from University of Iowa Hospital and Clinics, Child Health Specialty Clinics, and St. Luke's Hospital of Cedar Rapids.

MANDATED SERVICES

None.

COST

Services are provided at no charge.

WHERE TO APPLY

Contact University of Iowa Hospital and Clinics, S267 HS, Iowa City, IA 52242-1011, (319) 353-6880 or the appropriate Child Health Specialty Clinics (see Appendix D).

HOME CARE AIDE

OVERVIEW OF PROGRAM

The Home Care Aide program is designed to prevent or reduce inappropriate institutionalization of children and adults. A state appropriation is available to County Boards of Supervisors to provide the Home Care Aide services with a local purchase-of-service agreement.

AGE REQUIREMENTS AND ELIGIBILITY

Every Iowan is eligible for Homemaker Home Health Aide services when a need arises for such services. Specific criteria for eligibility in each county may be obtained from the County Board of Supervisors receiving funds from the Iowa Department of Public Health.

SERVICE(S)

Services for a child/family may include

Essential Shopping: shopping for basic need items such as food, clothing, personal items or drugs.

Housekeeping: maintenance, cleaning such as vacuuming, dusting, scrubbing floors, defrosting refrigerators, cleaning stoves, and washing and mending clothes.

Child Care: provision of supervision and physical care of children.

Respite Care: provision of rest and relief to a caretaker of a client when that caretaker must perform other responsibilities or continue to provide care of the client.

Family Management: service directed at educating and training families in skills needed to meet their legal obligations and keep the families intact. Components of these services include

- a. Parenting skills, which may include methods of discipline, personal hygiene, laundry and upkeep of clothing, nutrition, supervision and care of children, budgeting and establishing household routines.

- b. Monitoring of child protective services to verify the family is meeting requirements of the care plan developed jointly by the protective service worker and the family.

Personal Care Services: care in the home of the adult or child during the time of acute or chronic illness, when the individual requires simple home nursing, such as personal hygiene, dental needs, dressing, assistance with exercise or assistance in carrying out the recommendations of a physician, nurse, social worker or physical therapist.

Transportation: safely taking or accompanying clients with specialized needs to medical or psychiatric services. This includes supervising the client, safely assisting in moving the client from one place to another and learning how to provide specific treatment to the client.

MANDATED SERVICES

If a child receives court-order child protective services, the fee is waived and the child is automatically eligible to receive Home Care Aide services.

COST

A sliding fee scale based on family income/resources is used to determine the cost to the family, or other funding sources may be available.

WHERE TO APPLY

Local Home Care Aide Program
County Public Health Nursing (see Appendix F)

For more information contact: County Public Health Nursing Agency, Home Care Aide Program, or Iowa COMPASS 1-800-779-2001

RESPONSIBLE AGENCY

County Board of Health.

HOME AND COMMUNITY CARE PLANNING

OVERVIEW OF PROGRAM

Home and Community Care Planning (HCCP) is a family-centered care coordination service of the Child Health Specialty Clinics (CHSC), Iowa's Title V program for children with special health-care needs. HCCP staff help locate and organize resources to enable these children to grow up with other family members and be participants in normal community activities. The goals of HCCP are to promote quality health care, to offer support to families and communities and to help families get assistance needed to care for their child in the home.

AGE REQUIREMENTS AND ELIGIBILITY

HCCP services are available to Iowa children, from birth to age 22, who have special health-care needs. This may include children with cerebral palsy, other neuro-muscular conditions, lung problems requiring oxygen or ventilator assistance, cystic fibrosis, juvenile arthritis, complex heart conditions, birth defects, feeding difficulties, severe neurologic conditions, autism, attention-deficit hyperactivity disorder or other health-related behavioral problems.

SERVICE(S)

HCCP is a care coordination service. It does not pay medical bills nor provide in-home services. The HCCP team includes pediatric nurses, social workers, parent consultants and other professionals. HCCP care coordination services are provided in the following ways:

1. Preliminary Planning and Health Care Monitoring — The HCCP team helps develop a plan of care for children newly diagnosed with a chronic condition. In some cases it assists with the initial coordination of services for children returning home from a hospital stay. The team also helps families who are applying for or receiving early intervention services or Medicaid Home and Community-Based Services (HCBS) Waiver programs. Often families just need information about available services and health financing programs.
2. Long-Term Health Coordination — Ongoing care coordination is provided for a limited number of children with highly complex needs. These children have severe chronic illnesses, depend on technology assistance for daily life support or have complex health needs which require many community services.

3. **Technical Assistance and Consultation** — The HCCP team conducts a variety of awareness, consultation and training activities. The team provides information and answers questions about educationally related health problems, early intervention services, autism services, and public programs such as Supplemental Security Income (SSI) and Medicaid. The team also helps link parents with respite programs, child care, family support groups and other resources. Training on care coordination and related issues may also be available as time and resource allow.
4. **Care Coordination Systems Development** — Developing and advocating for care coordination standards, policies and delivery systems statewide is another role of the HCCP team. It has helped develop policies and procedures for school health services, early intervention services, HCBS Waiver programs, Medicaid exceptions to policy, private duty nursing, EPSDT (Early and Periodic Screening, Diagnosis and Treatment), child care programs and other services.

MANDATED SERVICES

Not applicable.

COST

Usually families bear no costs. Some private or public funding may be needed for long-term care coordination services for a child with highly complex needs.

WHERE TO APPLY

HCCP services may be requested through Child Health Specialty Clinics regional centers (see Appendix D) or by contacting

Child Health Specialty Clinics
Home and Community Care Planning
The University of Iowa
246 Hospital School
Iowa City, IA 52242-1011
Telephone: (319) 356-1469 (Voice)
(319) 356-6805 (TDD)

Families may call collect.

RESPONSIBLE AGENCY

Child Health Specialty Clinics.

MATERNAL AND CHILD HEALTH PROGRAM (MCH)

OVERVIEW OF PROGRAM

The Maternal and Child Health Program is part of the Social Security Act (Title V) and is designed to provide family-centered, community-based maternal health services and child health services. Pregnant women receive prenatal and postpartum care; clients are referred for delivery services; Well Child Health Supervision services including physical examination, immunizations, anticipatory guidance, care coordination, referral and social support services are provided at regularly scheduled clinics.

AGE REQUIREMENTS AND ELIGIBILITY

Pregnant women and children from birth through age 21 can receive the services of the MCH program. Services are available to all Iowa residents.

SERVICE(S)

Maternal Health Services provide prenatal care beginning in the first three months of pregnancy followed by ongoing care and regular appointments through postpartum. An evaluation of dental needs and nutritional needs is provided. Referral is made to other health care providers, community service agencies and other local resources when needed. After delivery, family planning and child health services are available. These services are provided by local agencies in a clinic or physician's office. The Maternal Health Services works in coordination with the Supplemental Food Program for Women, Infants, and Children.

Child Health Services provide a health appraisal through history and physical evaluation by a Pediatric Nurse Practitioner and other professional nursing staff. Services include

1. developmental screening to measure the child's mental and physical growth,
2. vision screening.
3. hearing and speech screening by an audiologist or a nurse.
4. nutrition assessment and information.
5. dental assessment.
6. selected laboratory tests depending on your child's needs
7. immunizations.
8. parent education and information.
9. referral to other care providers, care coordination or follow-up care as needed.

Early and Periodic Screening, Diagnosis and Testing (EPSDT) is provided for Medicaid clients (see pages 70-72).

Child health care is provided in county-based clinics under standing orders of a local physician. Children, birth through 21, may receive these services.

MANDATED SERVICES

Not applicable.

COST

There is no charge to families at or below 185 percent of the current poverty level. A sliding fee scale is used for those above Federal Poverty Guidelines (see Appendix G).

WHERE TO APPLY

Contact the nearest Maternal and Child Health Service. For assistance in locating local clinic services call "Healthy Families" 1-800-369-2229. (Also see Appendix H.)

RESPONSIBLE AGENCY

Iowa Department of Public Health.

PUBLIC HEALTH NURSING

OVERVIEW OF PROGRAM

Public Health Nursing Agencies that are Medicare (Medicaid) certified are located in all ninety-nine Iowa counties.

AGE REQUIREMENTS AND ELIGIBILITY

All Iowans may receive services for health-related needs for as long as needed provided the needs can be met by the agency.

SERVICE(S)

Skilled nursing services are provided by professional staff or associated para-professionals in the home or school settings.

In some instances a physical therapist, occupational therapist, speech therapist or medical social worker may be provided if needed. Teaching services are provided to assist clients/families to correctly follow prescribed regimens or maintain health.

MANDATED SERVICES

Not applicable.

COST

A sliding fee for private pay or third party reimbursement is used for those who are eligible.

WHERE TO APPLY

Contact the appropriate County Public Health Nursing Agency (see Appendix F).

RESPONSIBLE AGENCY

County Board of Health
Iowa Department of Public Health

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CHILD PSYCHIATRY SERVICES

OVERVIEW OF PROGRAM

For both children and families, Child Psychiatry Services provides evaluation, diagnosis and treatment of a wide variety of problems.

AGE REQUIREMENTS AND ELIGIBILITY

Children ages two through age 18 with behavioral, learning, organic or emotional problems are eligible.

SERVICE(S)

A specially trained staff of psychiatrists, residents in psychiatry, psychiatric nurses, clinical social workers, educational consultants, speech and language pathologists, psychologists, occupational therapists and activity therapists are available for evaluation, diagnosis and treatment. The services may be a one-day out-patient clinic or one- to-six-weeks in-patient treatment program. Follow up is provided to selected patients based on available resources, training needs and ability to comply with treatment requirements.

MANDATED SERVICES

Service is provided to court-ordered referrals.

COST

Most treatment is covered by private insurance, including Title XIX. The cost may vary with each individual situation. Follow up may be on a sliding fee scale.

WHERE TO APPLY

Referrals are made directly to Child Psychiatry Services
Intake Nurse(s): Cheryl Cruise, R.N., (319) 356-1478 or
Mary Nixon, R. N., (319) 356-7179

Parents will receive an intake packet to complete before an appointment date can be set for the multidisciplinary out-patient evaluation.

RESPONSIBLE AGENCY

University of Iowa Hospitals and Clinics.

DIVISION OF DEVELOPMENTAL DISABILITIES IOWA'S UNIVERSITY AFFILIATED PROGRAM

OVERVIEW OF PROGRAM

The Division provides interdisciplinary team resources in an out-patient or in-patient clinic setting at the University Hospital School to provide services to individuals who are developmentally disabled.

AGE REQUIREMENTS AND ELIGIBILITY

The programs are available for any individual, birth to age 35 with a suspected or confirmed developmental disability.

SERVICE(S)

The Division provides out-patient clinics and in-patient diagnostic, evaluation and treatment services through staff from the following disciplines:

Dentistry	Occupational Therapy
Education	Physical Therapy
Medicine	Psychology
Recreation	Rehabilitative Engineering
Nursing	Social Work
Speech and Language	Nutrition
Pathology/Audiology	

Out-patient Services

1. Child Development Clinic — offers comprehensive, interdisciplinary evaluation and follow-up services for children and young adults who display
 - problems in development due to social, psychological and/or undetermined factors.
 - poor school performance, including learning disabilities.
 - hyperactivity.
 - mild behavior problems.
 - developmental disabilities which have genetic bases (e.g., neuro-fibromatosis) or which are due to factors in the prenatal environment (e.g., fetal alcohol syndrome).
2. Myelodysplasia Clinic — offers coordinated interdisciplinary services to infants, children and young adults (birth to age 35) who have spinal cord defects or dysfunction, such as spina bifida or spinal cord injuries. The clinic is held each Monday; its services are especially designed to assist community service providers, including primary care physicians.

3. **Metabolic Management Clinic** — offers comprehensive, interdisciplinary diagnostic and follow-up services for infants, children and young adults born with metabolic disorders requiring special diets or other complex care. The clinic is held each Monday at the University Hospital School.

Clinic staff members evaluate infants and children referred from the Iowa Neonatal Metabolic Screening Program with conditions such as phenylketonuria (PKU), branched chain ketoacidemia (maple syrup urine disease--MSUD) or galactosemia. In addition, staff members provide similar services for infants, children and young adults with complex metabolic and/or genetic conditions. Generally, these are rare, inherited conditions which may cause mental retardation and/or severe health problems.

4. **Infant and Young Child Clinic** — offers specialized services for children, ages birth to age five, with suspected or confirmed developmental problems. The clinic assists parents and local services providers with diagnoses, care recommendations and management programs for children whose needs are extensive and complex. Among the problems frequently seen at the clinic are developmental delay, neuromotor involvement, functional problems (such as feeding difficulties) and other chronic medical conditions. Comprehensive interdisciplinary services assure that all aspects of a child's problem are considered.
5. **Child and Young Adult Clinic** — offers coordinated interdisciplinary services to children (age five and over) and young adults with disabilities that present obstacles to their development.

The Division has specialized teams that provide services to children and young adults who

- Δ need assistive technology, including postural support systems, augmentative communication systems, or special systems, or special systems for school work.
- Δ have behavioral disorders, including self-injurious behavior.
- Δ have concerns as a result of a head injury.
- Δ have cerebral palsy, Down syndrome, metabolic conditions such as PKU or diabetes mellitus, Prader-Willi syndrome, or myelodysplasia.
- Δ may have been abused or neglected, and for whom a family assessment must be provided.
- Δ require post-surgical rehabilitation.
- Δ have encopresis, enuresis, or other related conditions.

- △ have an intellectual disability or other condition that affects the ability to learn.

In-patient Services

Through the recommendation of one of the out-patient clinics, an infant, child or young adult in need of a more extensive evaluation or intervention may be admitted to the Division's In-patient Unit. Admissions average about two weeks based on the needs of the individual. The in-patient unit provides educational support for continuation of educational plans in addition to reevaluation and services.

Examples of services include diagnosis clarification, management of chronic health conditions, education evaluation, mobility training, and power mobility evaluation and training in addition to evaluation for assistive devices and postural support systems.

MANDATED SERVICES

Not applicable.

COST

Fees for services are determined by the fee schedule of the University of Iowa Hospitals and Clinics. Clinic fees, associated charges and arrangement for payment, including insurance, Medicaid and other potential sources for funding will be reviewed upon request.

WHERE TO APPLY

A referral for any Division service as well as questions about services can be directed to

Scheduling Center
Division of Developmental Disabilities
University Hospital School and Clinics
Iowa City, IA 52242-1011
Scheduling: 319-353-6900
Information: 319-353-6456

RESPONSIBLE AGENCY

Board of Regents
Substantive grant monies come through the Department of Health and Human Services, Administration on Developmental Disabilities.

IOWA HEMOGLOBINOPATHY SCREENING AND COMPREHENSIVE CARE PROGRAM

OVERVIEW OF PROGRAM

The Hemoglobinopathy Program provides hemoglobinopathy screening on a statewide basis for newborns. Additionally, the program offers education and treatment for individuals with known or suspected sickling disorders, thalassemia or other hemoglobinopathies. The program links the family and their local physician to physicians and staff at the Comprehensive Care Programs.

Staff of the Hemoglobinopathy Program are available on request to assist with inservices and/or community education activities related to blood disorders.

AGE REQUIREMENTS AND ELIGIBILITY

Any person, newborn to adulthood, with a known or suspected sickling disorder, thalassemia, or other hemoglobinopathy is eligible.

SERVICE(S)

Services are provided in two primary sites

- University of Iowa Hospitals and Clinics
Iowa City, IA
(319) 356-1400
- Iowa Methodist Medical Center
Blank Children's Hospital
Des Moines, Iowa
(515) 241-8100

The University of Iowa Hemoglobinopathy Comprehensive Care Programs also provides field clinics in Waterloo, Iowa, and Davenport, Iowa.

Pediatric patients with major hemoglobinopathies may be seen at all sites indicated above. Adults with major hemoglobinopathies may be seen at the University of Iowa Center.

Specialized services are provided by the Hemoglobinopathy Program throughout the person's lifetime.

MANDATED SERVICES

Newborn Screening is mandated unless parents provide written refusal. Participation in the Comprehensive Care Program is highly encouraged.

WHERE TO APPLY

Any community physician will make a referral, or applications may be made directly to

Hemoglobinopathy Program
Room 254-1 Hospital School
Iowa City, IA 52242-1011
(319) 356-1400

COST

Costs are covered by insurance and Medicaid. Other options may be available.

RESPONSIBLE AGENCY

Iowa Newborn Metabolic Screening Program, Iowa Child Health Specialty Clinics, University of Iowa Pediatric Hematology/Oncology, Regional Genetics Consultation Service.

INFOTECH

OVERVIEW OF PROGRAM

INFOTECH is a program of the Iowa Program for Assistive Technology, a federally funded grant program.

AGE REQUIREMENTS AND ELIGIBILITY

All ages are eligible. The services of INFOTECH are available to people with disabilities, their families, service providers and other interested individuals.

SERVICE(S)

INFOTECH provides no cost information and referral about assistive technology. Information is provided by telephone and in writing about commercially available equipment. INFOTECH also operates a used equipment referral service. Information and referral regarding private and public funding sources are also available to people with disabilities and their families.

INFOTECH publishes a free, bi-monthly newsletter about assistive technology.

MANDATED SERVICES

Not applicable.

COST

None.

WHERE TO APPLY

INFOTECH
South 384 UHS
Iowa City, IA 52242-1011
(800) 331-3027 (V/TTY)

RESPONSIBLE AGENCY

Division of Developmental Disabilities
Iowa University Affiliated Program
University of Iowa

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THE IDD NEWS
(Iowa Developmental Disabilities News)

OVERVIEW OF PROGRAM

The Iowa University Affiliated Program and the Iowa Governor's Planning Council for Developmental Disabilities have worked together since 1978 on this quarterly newsletter. The newsletter provides information and responsible opinion on the progress, programs and problems encountered by people with disabilities.

AGE REQUIREMENTS AND ELIGIBILITY

The IDD NEWS is available at no charge. Currently, nearly 6,000 readers—people with disabilities, families, legislators, county supervisors, providers of services and supports, libraries and representatives of the media—receive this publication. All ages are served.

SERVICE(S)

Information about issues, programs, and services are provided through the newsletter; readers can call or write to receive more detailed information. Calls go to the DD (Developmental Disabilities) Council.

MANDATED SERVICES

Not applicable.

WHERE TO APPLY

An individual may have his or her name included on the mailing list by contacting

The IDD NEWS
S295 University Hospital School
University of Iowa Hospital and Clinics
Iowa City, IA 52242-1011

COST

Free.

RESPONSIBLE AGENCY

Iowa University Affiliated Program
Iowa Governor's Planning Council for Developmental Disabilities
Board of Regents

REGIONAL GENETIC CONSULTATION SERVICES (RGCS)

OVERVIEW OF PROGRAM

The Regional Genetic Consultation Service (RGCS) is a program which provides diagnostic evaluations and confirmatory testing, medical management, information, support and case management to individuals and families who have known or suspected genetic conditions.

AGE REQUIREMENTS AND ELIGIBILITY

The professionals at these clinics can be of assistance to individuals and families who have genetic disorders such as Down Syndrome, Huntington Disease, etc; family histories of mental retardation; birth defects which may have been caused by using drugs, alcohol or illness during pregnancy; women who have had several miscarriages or problems becoming pregnant; and if women over the age of 34 who are considering pregnancy or who are pregnant. There are no age restrictions. Infants through adulthood will be seen.

SERVICE(S)

Board-certified pediatric geneticists and genetic nurse specialists provide the expertise necessary for working with individuals and their families who have complex genetic problems and concerns. Regional Genetic Consultation Service clinics are held in 16 communities throughout Iowa and are usually based in a hospital or clinic in that community. Length of service is determined by client needs.

MANDATED SERVICES

None.

COST

Insurance companies and Medicaid (Title XIX) will be billed if the family has coverage. The family cost for a clinic visit is based on a sliding fee scale.

WHERE TO APPLY

More information about genetic evaluation and counseling services is available from

Regional Genetic Consultation Service
University of Iowa
200 Hawkins Drive, 2605 JCP
Iowa City, IA 52242-1083
(319) 356-2674 or
(800) 260-2065

RESPONSIBLE AGENCY

The Iowa Department of Public Health has contracted with the Division of Medical Genetics of the Department of Pediatrics, University of Iowa, to provide clinical services for the Regional Genetic Consultation Service.

WOMEN, INFANTS AND CHILDREN (WIC) SUPPLEMENTAL FOOD PROGRAM

OVERVIEW OF PROGRAM

The Supplemental Food Program for Women, Infants and Children (WIC) is a nutrition intervention program for pregnant, postpartum, and breastfeeding women and for infants and children up to age five.

AGE REQUIREMENTS AND ELIGIBILITY

WIC is available to pregnant and breastfeeding women and to children whose health is threatened by both limited income and nutritional needs. Eligibility for the program is determined by a licensed dietitian and is based on the following four criteria:

1. Status:
pregnant woman
postpartum woman up to 6 months
breastfeeding woman up to 12 months
infant or child up to 5 years
2. State Residency
3. Nutrition Risk:
A nutrition evaluation, including anthropometry (height, weight), hematocrit (blood test), and a health and diet assessment.

The following common factors which produce nutritional risk allow for eligibility:

- abnormal growth
 - low hematocrit
 - health conditions
 - abnormal eating patterns
4. Income:
Family income is less than 185 percent of the current poverty level. (For more information on specific factors (see Appendix I and J.)

SERVICE(S)

Supplemental Foods:

Checks are issued monthly to WIC participants for the purchase of specified foods at local grocery stores. Individual food packages designed to meet the participant's needs are determined by the WIC nutritionist. Foods which may be received are

- Iron-fortified infant formula
- Milk
- Vitamin C-fortified natural juices
- Natural cheese
- Eggs
- Iron-fortified cereals
- Dried beans or peanut butter
- Canned tuna
- Fresh carrots

Nutrition Education:

Program participants receive nutrition education designed to enhance understanding of the relationship between good nutrition and health. This education is provided by a program nutritionist through one-to-one counseling and group presentations.

Health Care:

WIC encourages regular health care through referral to private physicians or other health care agencies.

The WIC certification time period is six months. After six months the participant is reevaluated to determine if he/she is still eligible. A pregnant woman is eligible for the entire pregnancy.

MANDATED SERVICES

Not applicable.

COST

There is no cost to families eligible for the program (i.e. family makes less than 185 percent of the current poverty guidelines. See Appendix J for current poverty guidelines).

WHERE TO APPLY

Contact the WIC agency listed in Appendix K. For assistance in locating local clinics call (800) 532-1579.

RESPONSIBLE AGENCY

Iowa Department of Public Health.

HUMAN SERVICES

CHILD PROTECTIVE SERVICES

OVERVIEW OF PROGRAM

Child Protective Services is designed to protect any child who is reasonably believed to have been physically abused, mentally injured, sexually abused or denied critical care by a person responsible for his or her care. Protection is also provided to children who are determined by a physician to have illegal drugs within their system as the result of acts or omissions by the parent, guardian or custodian.

AGE REQUIREMENTS AND ELIGIBILITY

Any child, birth through 17 years of age, is covered under this Child Abuse Law.

SERVICE(S)

The Department of Human Services provides intervention in the home or facility where the child abuse is alleged to have occurred.

MANDATED SERVICES

Iowa law requires this service.

COST

There is no cost to the family.

WHERE TO APPLY

Anyone who suspects a child is suffering in an abusive situation, should contact the local county office of the Iowa Department of Human Services listed in Appendix L or call the 24-hour Toll Free Hotline 1-800-362-2178.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

FAMILY SUPPORT SUBSIDY PROGRAM

OVERVIEW OF PROGRAM

The Family Support Subsidy Program was implemented in July 1988. The program is designed to assist families in staying together by defraying some of the costs of caring for a child with special needs living at home. A limited number of families can be served by this program.

AGE REQUIREMENTS AND ELIGIBILITY

A child qualifies if all the following requirements are met:

- A. The child is less than 18 years of age
1. who by educational determination has a moderate, severe or profound educational disability, or special health care needs; or,
 2. who otherwise meets the definition of developmental disability in the Federal Developmental Disabilities Act and as certified by a medical doctor.

A developmental disability is a severe, chronic disability of a person which

- a. is attributable to a mental or physical impairment or combination of mental and physical impairments;
- b. is manifested before the person attains age 22;
- c. results in substantial functional limitations in three or more of the following areas of major life activity:
 - Self care
 - Receptive and expressive language
 - Learning
 - Mobility
 - Self-direction
 - Capacity for independent living and
 - Economic self sufficiency; and
- d. reflects the person's need for a combination and sequence of special, interdisciplinary, or generic care, treatment, or other services which are of lifelong or extended duration and are individually planned and coordinated; except that such term, when applied to infants and young children means individuals from birth to age 5, inclusive, who have substantial developmental delay or specific congenital or acquired conditions with a high probability of resulting in developmental disabilities if services are not provided.

- B. The child currently resides in the home of his/her parent or guardian, or there is a plan for the child to return home.
- C. The family resides in the state of Iowa.
- D. The family's net taxable income is \$40,000 or less.

SERVICE(S)

The Family Support Subsidy program provides monthly cash payments that the family can use to pay for expenses related to caring for a child with disabilities at home. Some support services for which families may use the payments are respite care, child care, attendant care, homemaker services, home intervention, home health care, recreation and alternative activities, purchase of medical or orthopedic equipment, home remodeling, individual or family counseling, family training or education, transportation, physical therapy, occupational therapy or speech therapy and purchase of insurance coverage.

MANDATED SERVICES

Not applicable

COST

There is no cost to families who qualify.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

FOOD STAMP PROGRAM

OVERVIEW OF PROGRAM

The food stamp program provides monthly benefits to help low-income households buy food they need for good health.

AGE REQUIREMENTS AND ELIGIBILITY

Applicants may qualify if they

- work for low wages
- are unemployed or work part-time
- receive welfare or other assistance payments
- are elderly or disabled and live on a small income

SERVICE(S)

Benefits in the form of coupons used to buy food are provided on a monthly basis. The number of food stamps a household is able to receive depends on the number of people in the household and family income after allowable deductions.

MANDATED SERVICES

Not applicable.

COST

There is no cost to families for the food stamps. However, a family's food stamp allotment is not designed to cover the total cost of food.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

IOWA GOVERNOR'S PLANNING COUNCIL FOR DEVELOPMENTAL DISABILITIES (DD)

OVERVIEW OF PROGRAM

The major goal of the Iowa Governor's Planning Council for Developmental Disabilities is to promote — through systemic change, capacity building and advocacy — a consumer and family centered, comprehensive system, including a coordinated array of culturally competent supports, services and other assistance for individuals with developmental disabilities, children's issues and their families.

The Council adopts positions and sets policy to provide a frame of reference for Council activities. Through planning and advocacy efforts, the Council focuses on enabling people with developmental disabilities to achieve their maximum potential through increased independence, productivity, integration and inclusion into the community.

In Iowa, the Council is composed of 26 members appointed by the Governor to three-year terms. In addition to consumers (individuals with developmental disabilities) and family members, representatives of principal state agencies, Iowa Protection and Advocacy, University Affiliated Programs and non-governmental organizations are included. At least one-half of the members must be consumers, immediate relatives or guardians of consumers.

SERVICE(S)

Federal requirements stipulate that this program does not provide direct financial resources or services. Funds are used to conduct research and policy analysis in order to ensure that the system is responsible to persons with developmental disabilities. In order to do this, the DD Council has adopted the following Mission Statement.

The Iowa Governor's Planning Council for Developmental Disabilities (IGPCDD) gathers information, develops plans and advocates for supports and systems that empower all people with developmental disabilities to exercise their rights, along with all Iowans, to fully participate as independent, productive and integrated members of their communities. (Revised 04/15/93)

MANDATED SERVICES

Not applicable.

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COST

Not applicable.

WHERE TO APPLY

Not applicable.

RESPONSIBLE AGENCY

Federal: U.S. Department of Health and Human Services,
Administration on Developmental Disabilities
State: Designated State Agency — Department of Human
Services

EPSDT CARE FOR KIDS PROGRAM

Early and Periodic Screening, Diagnosis and Treatment

OVERVIEW OF PROGRAM

The EPSDT *Care for Kids* Program is designated by the Social Security Act and is designed to provide screening, diagnosis and treatment to determine physical and mental disabilities. This program was created to provide early intervention medical care to children of low income families.

AGE REQUIREMENTS AND ELIGIBILITY

EPSDT *Care for Kids* services are available to persons under the age of 21 who are eligible for Medicaid (see pages 70-72). Parents must be informed about EPSDT *Care for Kids* services within 60 days of a family or child becoming eligible for Medicaid services. All Medicaid-eligible children are automatically enrolled in the EPSDT *Care for Kids* program, but the decision to obtain a particular screen is voluntary. The availability of the EPSDT *Care for Kids* program is discussed with the payee for any Medicaid-eligible child under the age of 21 at the time of initial application and periodically thereafter, but no less often than at the time of the regular annual review. Entry into the EPSDT *Care for Kids* program can be at any time the child is eligible for Medicaid.

SERVICE(S)

Screening:

The screening includes

- Δ a comprehensive health and developmental history, including assessment of physical and mental development. This will include a developmental assessment and an assessment of nutritional status.
- Δ a comprehensive unclothed physical examination including assessment of physical growth; physical inspection including ear, nose, mouth, throat, teeth, and all organ systems such as pulmonary, cardiac and gastrointestinal systems.
- Δ appropriate immunizations according to age and health history as recommended by the Vaccine for Children Program.
- Δ health education including anticipatory guidance.
- Δ appropriate laboratory tests including hematocrit or hemoglobin; rapid urine screening; lead toxicity screening for all children ages 6-72 months; tuberculin test, when appropriate; hemoglobinopathy screening, when appropriate; serology, when appropriate.
- Δ dental referral for screening of children over 12 months.

Screening may be done at a child health center, by a private physician or by other qualified personnel. Other qualified personnel include family and pediatric nurse practitioners, rural health centers, and federally qualified health centers, clinics and dentists. All physicians in Iowa are currently considered EPSDT *Care for Kids* providers if they accept Medicaid reimbursement. The payee of a Medicaid-eligible child may utilize a provider of choice. (Appendix M identifies the recommended ages for screening visits.)

Diagnosis:

If the screening indicates a need for further evaluation, a referral for diagnosis is made, and the child receives a complete diagnostic evaluation. Diagnosis may also be a part of the screening process.

Treatment:

Needed treatment will be provided by a health care professional which may be a physician, child health center or facility qualified to evaluate, diagnosis and treat a child's health problem(s). Services may be available which are not a benefit under the State's Medicaid program.

MANDATED SERVICES

Every recipient under age 21 is included in the program. The client may choose whether or not to use the program.

COST

There is no cost for EPSDT *Care for Kids* services.

WHERE TO APPLY

To apply for Medicaid, contact the local county office of the Iowa Department of Human Services listed in Appendix L.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

HOME AND COMMUNITY BASED SERVICES AIDS/HIV WAIVER

OVERVIEW OF PROGRAM

The AIDS/HIV waiver program is a Medicaid (Title XIX) program designed to maintain an eligible child in his/her home or community. Medicaid is a health care financing program under Title XIX of the Social Security Act. In order to extend Medicaid eligibility and to expand the range of services to groups of persons with disabilities, the Federal government must "waive" certain Title XIX regulations.

AGE REQUIREMENTS AND ELIGIBILITY

A child who meets the following criteria may be eligible:

- The child has tested positive for HIV or has been diagnosed as having Acquired Immunodeficiency Syndrome (AIDS).
- The child is in need of long-term care services that would otherwise be provided in a hospital or nursing facility.
- The child must be eligible for Medicaid and have individual resources of no more than \$2,000 and a monthly income no greater than \$1,338.

The waiver services must also be (1) necessary, (2) available and (3) cost-effective when compared to institutional care.

SERVICE(S)

Medicaid coverage is provided for basic health care services plus the additional waiver services to keep the person out of a medical institution. Services are generally provided in the home.

Waiver services which may be provided include

1. Respite: short-term relief in the absence of the family or guardian. Respite care may be provided by a foster care provider, a home health aide agency, a home care agency or an agency certified to provide respite care under the MR waiver program.
2. Nursing: in-home medical services provided by licensed nurses.
3. Home Health Aide: unskilled medical services providing direct or personal care.

4. Homemaker: includes essential shopping for basic need items such as food, clothing, personal care items or drugs; limited housecleaning and meal preparation. Homemaker service is not "hands on" personal care.

MANDATED SERVICES

One unit of any service is required per month.

COST

Services are provided at no cost to the family. Families will need to contribute any applicable third-party payments (insurance) to the cost of waiver services. Medicaid pays only for that portion of allowable medical and waiver service expenses that insurance does not cover.

WHERE TO APPLY

Contact the local county office of the Department of Human Services listed in Appendix L.

How to apply:

1. Ask to speak to an Income Maintenance worker (IM worker) to apply for Medical Assistance for the AIDS/HIV waiver program.
2. A physician must confirm a diagnosis of AIDS/HIV.
3. The child must be certified for an institutional level of care by the Iowa Foundation for Medical Care (IFMC). The child's physician will be asked to prepare a recent medical summary, and the IFMC will also review information from various agencies working with the eligible child. The decision on the level of care is a very important factor affecting eligibility for services.
4. Waiver services must be determined by DHS to be necessary and available.
5. A physician must approve the DHS worker's plan of care for home care with the waiver services.
6. The local DHS Income Maintenance and Social Workers will assist applicants through the eligibility determination process.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

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TITLE XIX HOME AND COMMUNITY-BASED SERVICES (HCBS): ILL AND HANDICAPPED WAIVER

OVERVIEW OF PROGRAM

The Ill and Handicapped waiver program is a Medicaid (Title XIX) program designed to return or maintain an eligible child or adult in his or her home or community. Medicaid is a health care financing program under Title XIX of the Social Security Act. In order to extend Medicaid eligibility and to expand the range of services, the federal government must "waive" certain Title XIX regulations.

AGE REQUIREMENTS AND ELIGIBILITY

A child who meets the following criteria may be eligible:

- The child is blind or disabled as determined by the regional Social Security office. (The family may request this determination be coordinated by the Department of Human Services.)
- The child qualifies for care normally provided in a medical institution [i.e., intermediate care facility for the mentally retarded (ICF-MR), skilled nursing facility (SNF), nursing facility (NF). See Appendix N for definitions].
- The child has individual resources of no more than \$2,000 and a monthly income no greater than \$1,338.
- The child is otherwise ineligible for Medicaid because of individual income or resources.
- The child is not eligible for SSI because of parents' income or resources.

The waiver services must also be (1) necessary, (2) available and (3) cost-effective when compared to institutional care. The Ill and Handicapped Waiver serves 200 individuals at any one time. Individuals who apply are initially put on a waiting list.

SERVICE(S)

Medicaid coverage is provided for basic health care services plus the additional waiver services to keep the person out of a medical institution. Services are generally provided in the home. Respite care may be provided by a foster care provider, an agency certified to provide respite care under the MR-waiver program, a Medicare-certified home health agency, an approved home care agency or a camp. The provider must be enrolled with UNISYS to provide respite through the Ill and Handicapped Waiver.

Waiver services which may be provided include

1. Homemaker services: essential shopping for basic need items, such as food, clothing, personal care items, or drugs; limited housecleaning and meal preparation. Homemaker service is not "hands on" personal care.
2. Respite services: temporary care to a child to provide relief to the usual care giver (parent, spouse, or live-in companion). Respite providers must provide all the care the usual care giver would provide. A unit of respite service is either one 24-hour day for out-of-home respite care, one four-to-eight hour day for in-home respite provided by a home health agency, or one hour provided by an MR-waiver respite provider.
3. Home Health Aide services: Not applicable. Home health aide services are available to persons age 20 and under through regular Medicaid or through EPSDT.
4. Adult day care services: Not applicable.

MANDATED SERVICES

At a minimum, a child must receive a unit of homemaker service or respite service each month.

COST

Services are provided at no cost to the family. Families will need to contribute any applicable third-party payments (insurance) to the cost of waiver services. Medicaid pays only for that portion of allowable medical and waiver service expenses that insurance does not cover.

WHERE TO APPLY

Contact the local county office of the Iowa Department Human Services listed in Appendix L.

How to apply:

1. Ask to speak to an Income Maintenance worker (IM worker) to apply for Medical Assistance for the Ill and Handicapped waiver program.

Enrollment in the waiver program is limited to 200 individuals. If a child might qualify, an application should be filed as soon as possible. The initial application will be rejected on the basis that no slots are available. A waiting list is compiled based on the date of application to the local DHS office.

[NOTE: If the child has a primary diagnosis of mental retardation, consider applying for the Home and Community Based - Mentally Retarded (HCBS-MR) waiver, also referred to as the "MR waiver" (see page 66-68). The MR waiver does not have a waiting list.]

2. Apply to the local Social Security Office for Supplemental Security Income (SSI), if you have not already done so (see Appendix O). The blind or disabled must be denied SSI benefits, due to parental or spouse income and resources, but must be determined disabled to be eligible for the waiver program. The denial of SSI benefits must be in writing and sent to the Department of Human Services. The DHS office will also determine if the child is eligible for Medicaid under any other programs.

If the denial of SSI benefits does not include a disability determination, ask the IM worker to submit a request for a disability determination. Because Social Security is allowed 155 days to process a determination, completing the disability determination at this time will speed up the application process.

3. Applicants will be notified when there is an opening in the waiver program for the child, at which time they will be asked to reapply. This second application requires the aid of both an IM worker and a social worker (for service assessment).
4. The child must be certified for an institutional level of care by the Iowa Foundation for Medical Care (IFMC). A DHS worker will request the level of care determination be made. The child's physician will be asked to prepare a recent medical summary, and the IFMC will also review information from various agencies working with the eligible child. The decision on the level of care is a very important factor affecting eligibility for services.
5. Waiver services must be determined by DHS to be necessary and available.
6. A physician must approve the home care with the waiver services. The physician approves the waiver services by signing the plan of care provided by the DHS social worker.
7. The local DHS Income Maintenance and Social Workers will assist applicants through the income maintenance, level of care and service eligibility determination processes.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

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HOME AND COMMUNITY BASED SERVICES MR WAIVER

OVERVIEW OF PROGRAM

The Mentally Retarded waiver, or "MR Waiver" program is a Medicaid (Title XIX) program designed to maintain an eligible individual in his/her home or community. Medicaid is a health care financing program under Title XIX of the Social Security Act. In order to extend Medicaid eligibility and to expand the range of services, the Federal Government must "waive" certain Title XIX regulations.

AGE REQUIREMENTS AND ELIGIBILITY

Age requirement — none. A person must be 18 years old to get supported employment services.

A child who meets the following criteria may be eligible:

- The child has a primary diagnosis of mental retardation with full scale IQ of 75 or below.
- The child does not currently reside in a nursing facility.
- The child is in need of long-term care services that would otherwise be provided by an Intermediate Care Facility for the Mentally Retarded (ICF-MR).
- The child must be eligible for Medicaid and have individual resources of no more than \$2,000 and a monthly income no greater than three times the current Supplemental Security Income (SSI) limit.

A child can receive SSI and be eligible for the MR waiver service.

The waiver services must also be (1) necessary, (2) available and (3) cost-effective when compared to institutional care.

SERVICE(S)

Medicaid coverage is provided for basic health care services plus the additional waiver services to keep the person out of a medical institution. Services are generally provided in the home.

Waiver services which may be provided include

1. Supported Community Living: services to assist the child with daily living needs, including but not limited to advocacy, community skills, personal needs, transportation and treatment.
2. Respite: short-term relief in the absence of the family or guardian. Respite care may be provided by a foster care provider or an agency certified to provide respite care under the waiver program. A child may receive up to 576 hours of respite per year with a maximum of 336 hours (2 weeks) per month.
3. Supported Employment: Not applicable
4. Home and Vehicle Modifications: physical modifications to the home and/or vehicle to assist with the health, welfare, and safety of the child to increase or maintain independence.
5. Nursing: in-home medical services provided by licensed nurses (beyond coverage provided under the EPSDT *Care for Kids* program).
6. Home Health Aide: unskilled medical services providing direct or personal care (beyond coverage provided under the EPSDT *Care for Kids* program)
7. Personal Emergency Response System: an electronic device connected to a 24-hour staffed system which allows the child to access assistance in the event of an emergency.

MANDATED SERVICES

A child eligible for MR waiver services will receive Medicaid Case Management services and will have an Individual Comprehensive Plan (ICP) developed annually and approved by the child's primary physician.

A child eligible for waiver services must, at a minimum, receive Supported Community Living services or Respite services.

COST

Services are provided at no cost to the family. Families will need to contribute any applicable third-party payments (insurance) to the cost of waiver services. Medicaid pays only for that portion of allowable medical and waiver service expenses that insurance does not cover.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed Appendix L.

How to apply:

1. Ask to speak to an Income Maintenance worker (IM worker) to apply for Medical Assistance for the MR-Waiver program.
2. The child must be certified for an institutional level of care by the Iowa Foundation for Medical Care (IFMC). The child's physician will be asked to prepare a recent medical summary, and the IFMC will also review information from various agencies working with the eligible child. A functional assessment tool is completed for the child. The decision on the level of care is a very important factor affecting eligibility for services.
3. Waiver services must be determined by DHS to be necessary and available.
4. A physician must approve the home care with the waiver services.
5. The local DHS Income Maintenance and Social Workers will assist applicants through the eligibility determination process.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

LONG TERM CARE PROGRAM

OVERVIEW OF PROGRAM

Medical institutional care is provided for those children whose parents are unable to keep them at home.

AGE REQUIREMENTS AND ELIGIBILITY

Anyone needing a Medicare-certified Skilled Nursing Facility (SNF) Care or an Intermediate Care Facility for the Mentally Retarded (ICF/MR) and meeting income and resource criteria may qualify. (See Appendix N for definitions of SNF, ICF/MR.)

SERVICE(S)

Eligible persons are placed in a state institution, community based ICF/MR or at the Children's Habilitation Center for as long as needed.

MANDATED SERVICES

Not applicable

COST

There is no cost to families. Clients with income over a certain level contribute to the cost of care.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

TITLE XIX MEDICAL ASSISTANCE (MEDICAID)

OVERVIEW OF PROGRAM

Medicaid is a federal/state program administered in Iowa by the Department of Human Services. The program pays for covered medical and health-related services. It has been described as an insurance plan for eligible low-income individuals, families and children in Iowa and is the main source of public financing for eligible, low income health services.

AGE REQUIREMENTS AND ELIGIBILITY

A child or family must qualify for one of the program categories for children listed below to become eligible for Medicaid.

1. Family Investment Program* (FIP)-Related Medicaid — This coverage area includes various programs with differing financial and non-financial eligibility criteria. These programs provide Medicaid coverage both to children from birth through age 21 and to pregnant women of any age who are ineligible for FIP.

*(Formerly Aid to Families with Dependent Children - AFDC)

2. Supplemental Security Income (SSI) — This program provides financial assistance to anyone who has limited income or resources and meets specific disability requirements. (see pages 110-111)
3. Medically Needy Program — This Medicaid program is for certain persons who are either aged, blind, disabled or have dependent children; or the dependent child who has income or resources too high to qualify for FIP or SSI. Households with incomes over a "Medically Needy Income Level" may be conditionally eligible for benefits after incurring a "spenddown" (deductible). (See pages 75-76 for more information on Medically Needy Program.)
4. Home and Community-Based Service Programs (HCBS) — The HCBS waiver programs are for people who otherwise must enter or remain in institutions to qualify for Medicaid because they do not meet financial guidelines for Supplemental Security Income (SSI) or other programs that provide Medicaid coverage.
5. Foster Care Services — Children placed in a family foster home, group home, residential treatment facility or an independent living situation generally qualify for Medicaid services.

6. Subsidized Adoption — This program provides financial assistance to adoptive parents of children with special needs who otherwise might not be adopted due to their age, race, disability or need to be placed as a sibling group. Children on subsidies are eligible for Medicaid. (See pages 70-72)
7. Long Term Care — A child who meets SSI disability criteria and is placed in a medical institution (i.e., hospital, nursing facility or other specialized treatment facility) can generally become eligible for Medicaid payment regardless of parental income if he or she is institutionalized for at least a full calendar month. (See page 69)

Medicaid is a federal-state entitlement program. Each state designs and administers its own Medicaid program within broad federal guidelines. Certain services must be included in a state's Medicaid program and are designated as mandatory services. Other services may be included in a state's Medicaid program and are designated as optional services. Both mandatory and optional services may receive federal funding.

SERVICE(S)

Medicaid recipients have a choice regarding their health care services. They may choose the doctor, dentist, pharmacy or the providers of services. However, the providers of service also may choose whether or not they wish to participate in the program. For Medicaid to provide payment for services, the Medicaid recipient must access a provider who is enrolled in the Medicaid program. Managed health care is provided in designated counties in Iowa. In those counties, Medicaid recipients choose a Medipass physician or a Health Maintenance Organization (HMO).

Medicaid covers the following services or providers:

ambulance services	maternal health centers
ambulatory surgical centers	medical & osteopathic physicians
area education agencies	medical equipment, supplies, and appliances, including hearing aids and orthopedic shoes
audiologists	medical equipment and supply dealers
birth centers	nurse midwives
certified registered nurse anesthetists	opticians
chiropractors	optometrists
community mental health centers	podiatrists
dentists	prescribed drugs
family & pediatric nurse practitioners	psychiatric facilities for people age 65 and over and for under age 21*
family planning clinics	psychologists & physical therapists practicing independently
federally qualified health centers	rehabilitation screening
genetic consultation centers	* Persons in psychiatric facilities between age 21 and 65 may be eligible for Medicaid payment for Medicare premiums, deductibles and co-insurance.
hearing aid dealers	
home health agencies	
hospitals	
independent laboratories	
intermediate & skilled nursing facilities (not covered for medically needy)	
intermediate care facilities	
intermediate care facilities for mentally retarded	

COST

Services that are optional (such as dental services and prescription drugs) may require patients to share some of the costs for the service(s) received. This cost-sharing is called a co-payment. Persons under the age of 21 are exempt from the co-payment requirement.

When a patient has have insurance, Medicaid pays for only that portion of the medical expenses that insurance does not cover.

Medically needy program recipients may have a spenddown to meet before Medicaid eligibility is granted. For such recipients, the spenddown amount is their obligation and is not part of the co-payment cost-sharing.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

MEDICAID FOR MOTHERS AND CHILDREN (MAC)

OVERVIEW OF PROGRAM

The program provides Medicaid coverage to families with income levels below certain federal poverty levels to ensure pregnant women access to adequate prenatal and postpartum care. Additionally, the program works to ensure young children easy access to medical care, including preventive services.

AGE REQUIREMENTS AND ELIGIBILITY

Families may be eligible if they meet one of the following criteria:

1. Pregnant women and infants (under one year of age) whose family income or resources are more than the Family Investment Program* (FIP) limits but whose family income does not exceed 185 percent of the federal poverty level and whose family resources do not exceed \$10,000.
2. Children age one through six years whose family income or resources are more than the FIP limits but whose family income does not exceed 133 percent of the federal poverty level and whose family resources do not exceed \$10,000.
3. Children age six through 19 years who were born after September 30, 1983, whose family income or resources are more than FIP limits but whose family income does not exceed 100 percent of the federal poverty level and whose family resources are not more than \$10,000.

* Formerly Aid to Families with Dependent Children (AFDC)

SERVICE(S)

If one of the above criteria are met, children and pregnant women may be eligible for Medicaid (Title XIX) coverage (see pages 69-71). Medicaid covered services may be received from any Medicaid provider.

Pregnant women determined Medicaid eligible may remain eligible throughout their pregnancy and may qualify for an additional 60 days of postpartum eligibility. Children may receive Medicaid coverage for as long as the family meets all eligibility criteria.

MANDATED SERVICES

Not applicable.

COST

There is no cost to the family for Medicaid covered services.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

MEDICALLY NEEDY

OVERVIEW OF PROGRAM

The Medically Needy program is designed to provide medical assistance for persons who have income or resources that are too high to qualify for the Family Investment Program* (FIP) or Supplemental Security Income (SSI) but have income that is not enough to meet their medical expenses.

* Formerly Aid to Families with Dependent Children (AFDC)

AGE REQUIREMENTS AND ELIGIBILITY

Anyone under the age of 21 (including unborn children), pregnant women, and adults who care for dependent children under age 21 (a parent, incapacitated step-parent, aunt, uncle, or grandparent) may be eligible if he/she would be eligible for FIP or child medical assistance except that the family's countable income or resources exceed limits.

Anyone, regardless of age, may be eligible if he/she would be eligible for SSI except that his/her income or resources exceed limits. To qualify for SSI, the person must be over age 65, be blind, or be disabled with a physical or mental impairment which has lasted or is expected to last a continuous period of at least 12 months.

More information may be obtained from the county office of the Iowa Department of Human Services (see Appendix L.) Resources and income must be within certain limits (see Appendix P for guidelines).

SERVICE(S)

Medicaid (Title XIX) coverage for basic health care services is provided (see pages 70-72.) The medically needy program does not cover

- care in an intermediate care facility, including those for the mentally retarded.
- care in an institution for mental illness.
- care in a skilled nursing facility.
- rehabilitative treatment services.

MANDATED SERVICES

Not applicable.

COST

For those households whose total net countable income exceeds the Medically Needy Income Level (MNIL), a "spenddown" amount is determined. The family's unpaid medical expenses or medical expenses incurred during the certification period may be used to meet the spenddown. During the months for which a person is certified, covered medical services other than those medical expenses used to meet the spenddown will be paid by Medicaid for the portion that third-party insurance does not cover.

A small part (co-payment) of the provider's service charge may be charged to the family. Except for the spenddown obligation, if applicable, and co-payments, there is no additional charge to the family.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

PRESUMPTIVE MEDICAID ELIGIBILITY

OVERVIEW OF PROGRAM

Presumptive Medicaid Eligibility is a program designed to allow pregnant women to receive Medicaid coverage for ambulatory medical care while a formal Medicaid eligibility determination is being made by the Department of Human Services (DHS).

AGE REQUIREMENTS AND ELIGIBILITY

Pregnant women, regardless of age, with net countable income at or below 185 percent of the Federal poverty level and countable resources of less than \$10,000 may be eligible.

Note: If the individual fails to file a formal Medicaid application, coverage is discontinued on the last day of the month following the month presumptive eligibility was determined.

SERVICE(S)

Pregnant women who have been determined to be presumptively eligible for Medicaid are eligible for ambulatory medical services. Inpatient hospital services and services associated with delivery of the baby are not covered until the pregnant woman has been formally determined Medicaid eligible by DHS.

MANDATED SERVICES

Not applicable.

COST

There is no cost to recipients for services provided.

WHERE TO APPLY

Presumptive Medicaid eligibility is determined by selected medical providers who meet federal requirements and who are authorized by the DHS. In Iowa authorized providers are primarily Maternal and Child Health Centers (MCHC). To locate the nearest MCHC call 1-800-383-3826.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

CHILD CARE ASSISTANCE

OVERVIEW OF PROGRAM

Child care financial assistance is available to families with income at or below 100 percent of the federal poverty levels, except for (1) families with children with special needs, (2) families who have expired Transitional Child Care benefits and (3) families receiving services as of June 30, 1993, who are financially eligible with income at or below 155 percent of the federal poverty levels. Families are eligible for protective day care services without regard to income. Families may or may not be participating in the Family Investment Program* (FIP) to receive child care assistance. A parent fee may be required based on family size and monthly gross income (see Appendix Q).

* Formerly Aid to Families with Dependent Children (AFDC)

AGE REQUIREMENTS AND ELIGIBILITY

Families meet the need for service when

- The parent or parents are in full-time academic or vocational training.
- The parent or parents are employed 20 or more hours per week or an average of 20 or more hours per week during the month.
- The child is a member of a family with a founded or undetermined case of child abuse or is at risk due to episodes of family or domestic violence or substance abuse which have resulted in a referral to family preservation or family-centered services.
- The parent who normally cares for the child is absent from the home due to hospitalization, physical or mental illness or death. (Assistance limited to a maximum of one month.)
- The parent or parents are looking for employment. (Assistance limited to 30 working days in a 12-month period.)

Children are eligible for services up to age 13. Children with special needs are eligible up to age 19.

SERVICE(S)

Child care services are authorized by a DHS social worker. Parents may choose child care from a licensed child care center, a facility exempt from licensing, a registered family or group day care home, relative care, or a nonregistered family day care home or in-home care provider who certifies compliance with basic health and safety requirements.

MANDATED SERVICES

Not applicable.

COST

A parent co-payment is required based on family size and monthly gross income, except for protective child care which is provided without regard to income.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L. Ask to speak with the DHS social worker.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

FAMILY-CENTERED SERVICES

OVERVIEW OF PROGRAM

Family-centered services address the needs and problems of children within the context of their family. Family-centered services are designed to prevent child abuse/neglect, to prevent or reduce the length of out-of-home placements or to maintain reunification when children have been returned home.

Family-centered services promote self-sufficiency by providing temporary services that help families in developing their ability to use their own resources and strengths to reduce stress on the child or family. Providing both Department of Human Services and community resources to assist the family is essential to maintaining family function and stability.

Services include (1) Rehabilitative Treatment Services, which include restorative living skills, family skills and social skills development; therapy and counseling services; and psychosocial evaluations and (2) Supportive Services, which include MR/DD respite care and supervision.

Families are referred to the Department of Human Services for family-centered services as a result of child abuse investigations, referrals from juvenile court, schools or other community agencies or self-referrals from families.

AGE REQUIREMENTS AND ELIGIBILITY

Eligibility for family-centered services is determined without regard to family income or eligibility for Medicaid. Families may be eligible to receive services when the Department of Human Services has determined one of the following situations exists:

- Families with children are experiencing problems they have not been able to alleviate or solve that place one or more of their children in danger of out-of-home placement.
- Families with children are experiencing problems they have not been able to alleviate or solve through their own efforts that place one or more of their children in danger of abuse, neglect, exploitation or delinquency.
- Families have children placed in out-of-home placement, and family reunification is the case plan, and services for the family are necessary to achieve this goal.
- Families have children who have returned home from out-of-home placement, and services are needed to maintain reunification.

Families must reside in Iowa to apply for services. Not all family members receiving services need to be living in the same residence - recipients of services may include divorced parents, extended family members or other persons with a significant relationship to the children when a need to include them in services is determined.

Children who receive respite care must meet the definitions of mentally retarded or developmentally disabled and be either at risk of group care placement or require respite services in order to return home from group care. Respite services may be provided with other family-centered services or as the only family-centered service. The need for services is reassessed every six months.

Children who are determined eligible for the Medicaid home-and-community-based waiver program are not eligible for MR/DD family-centered respite services. However, children may receive respite services while their waiver eligibility is being determined.

SERVICE(S)

Family-centered services include both rehabilitative treatment and supportive services.

Rehabilitative treatment services include

1. Restorative living skills development: Services designed to assist the family or individual develop or redevelop skills necessary to function independently in the community on a daily basis, including but not limited to food planning and preparation, maintenance of living environment, time and money management, and personal hygiene and self-care.
2. Family skill development: Services designed to train or reeducate parents to enable them to meet the needs of their children. Services can include parenting classes, age appropriate discipline classes, techniques for caring for children with special needs, techniques to manage difficult behavior, effective methods of communicating and problem-solving, and education on family leisure and recreation activities.
3. Social skills development: Services designed to enhance an individual's or family's communication and socialization skills. These interventions enhance an individual's ability to solve problems, resolve conflicts, develop more appropriate relationships with others and develop techniques for controlling anger.
4. Therapy and counseling services: Services designed to halt, control or reverse undue stress and severe social, emotional or behavioral problems that threaten or have negatively impacted family structure and stability.

5. **Psychosocial evaluation:** Services designed to evaluate the basic strengths of the individual and family, assess their emotional needs, health and safety risks and considerations, and identify goals and the treatment services needed to obtain these goals.

Supportive services include

1. **MR/DD Respite Care:** Services designed to provide temporary care to children with mental retardation and other developmental disabilities who are at risk of initial or continued group care placement. Their purpose is to sustain the family by providing time-limited and temporary relief from the ongoing responsibilities of the child's care.

These services may be provided in a variety of settings including the family's home, an accredited camp, a licensed foster care home or a registered day care home.

Eligible children are limited to a maximum of 288 hours (12 days) of respite care services during each six-month period.

2. **Supervision:** Services designed to provide the structured monitoring needed by a family or one of its members to utilize and benefit from other family-centered services. Supervision services must be provided in combination with treatment services.

MANDATED SERVICES

Not applicable.

COST

Services are provided to families without regard to their income.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

HEALTH INSURANCE PREMIUM PAYMENT (HIPP) PROGRAM FOR MEDICAID RECIPIENTS

OVERVIEW OF PROGRAM

The Health Insurance Premium Payment (HIPP) program is a Medicaid (also known as Title 19) program that pays for the cost of premiums, co-insurance and deductibles, up to the Medicaid reimbursement rate. The program pays for private health insurance for Medicaid-eligible persons when it is determined to be cost effective (i.e., it costs less to buy health insurance to cover medical care than to pay for the care with Medicaid funds.) HIPP does not pay co-insurance or deductibles for the members of the household who are not Medicaid eligible.

AGE REQUIREMENTS AND ELIGIBILITY

To be eligible for HIPP, families or households must have a family member who receives Medicaid benefits. Members of the family who are not eligible for Medicaid will be covered under the private health insurance plan when the Department of Human Services (DHS) determines that buying a family plan for the Medicaid-eligible persons is cost-effective. DHS pays for family coverage only when that is the only way the Medicaid-eligible family members — usually children — can be insured. If the employer offers options where the employee can select from various coverage options (i.e., employee only, employee + spouse, employee + children, or family), DHS would not pay the family premium if the goal is to secure only coverage for the children. For that purpose, DHS would pay only for an employee + children option.

DHS establishes the average amount of Medicaid that is spent on a household similar to the family of the Medicaid eligible person. DHS also considers the specific health-related circumstance of the household. The expected Medicaid payments for the household are compared to the services covered under the health insurance policy and the cost of the premiums, co-insurance and deductibles. If the cost of the insurance is less than what DHS would spend in Medicaid for those same services, the insurance policy is cost-effective.

If DHS has determined that the group health insurance available through an employer is cost-effective, employees are required to participate in the plan as a condition of Medicaid eligibility. Failure to enroll in the plan when notified by DHS to do so, or failure to provide information necessary to determine cost-effectiveness, Medicaid benefits may result in cancellation.

Enrollment in a plan that is not a group health insurance plan through an employer is not required. However, if it is determined cost-effective, DHS will pay the cost of premiums, co-insurance and deductibles of non-group health plans, if participation is desired.

DHS will continue to pay for private health insurance as long as recipients are eligible for Medicaid and as long as it is determined to be cost-effective. DHS will regularly review the policy for increases in the cost of premium changes in covered services or changes in members covered under the policy.

SERVICE(S)

HIPP provides payment for private health insurance coverage.

DHS will not fund health insurance for clients. Health insurance must be available through an employer, an organization of which one is a member, a labor union, a credit union, a church affiliation, or a personal policy in which one wishes to enroll. A family wishing to participate in HIPP must notify DHS of the availability of the insurance.

MANDATED SERVICES

Not applicable.

COST

Coverage is provided at no cost to the family.

WHERE TO APPLY

Contact the income maintenance worker at the local county office of the Iowa Department of Human Services listed in Appendix L. An application form is included on the back page of all HIPP brochures.

RESPONSIBLE AGENCY

Iowa Department Human Services.

FAMILY INVESTMENT PROGRAM (FIP) (formerly the Aid to Dependent Children - ADC - Program)

OVERVIEW OF PROGRAM

The Family Investment Program (FIP) provides financial assistance to low-income families with children. The purpose of the program is to provide temporary financial assistance during a time of need.

Iowa implemented major welfare reform changes on October 1, 1993, after receiving approval of a number of federal waivers that extensively redesigned the former ADC program. To obtain federal approval, Iowa had to agree to both a control group and a treatment group. Consequently, the Department of Human Services is operating two FIP assistance programs. Treatment group cases are established statewide. Control group cases represent only a small percentage of the FIP population and are established in the following nine counties: Black Hawk, Clinton, Des Moines, Jackson, Jones, Linn, Polk, Pottawattamie and Woodbury. Assignment to either program in the nine control group counties have their benefits determined under policies that existed before welfare reform was implemented; cases selected for the treatment group have their benefits determined under the welfare reform policies.

The emphasis of welfare reform is not only to provide assistance to families but to provide them with the necessary tools that will lead them off public assistance and out of poverty for good. The welfare reform FIP provides greater work incentives by allowing families to keep a larger portion of their earnings. Also, asset-building is encouraged through increased asset limits. Asset accumulation, in turn, promotes family stability. Most importantly, families are encouraged to take personal responsibility for achieving self-sufficiency.

AGE REQUIREMENTS AND ELIGIBILITY

To be eligible for either the control FIP or the welfare reform FIP, a family must live in Iowa and contain at least one child under 18 (or under 19, if the child is attending high school or an equivalent training program, and is expected to complete high school or training before reaching age 19). Each family member must have a social security number or provide proof of application for a number. Also, family members must be U.S. citizens, nationals or permanent resident aliens, including refugees. The family must be within income and resource limits set for the programs. The parent or caretaker relative must cooperate with Child Support Recovery to help establish paternity and collect support for children in the eligible group.

SERVICE(S)

PROMISE JOBS/FAMILY INVESTMENT AGREEMENT (FIA)

As a condition of eligibility for FIP, recipients are referred to the PROMISE JOBS work and training program unless determined exempt. Families participating in the welfare reform FIP must enter into a Family Investment Agreement (FIA) with the state. Only parents or other caretaker relatives who are disabled and unable to participate, are working at least 30 hours per week or have a child under six months of age are exempt from entering into an agreement. Also, children between the age of 16 to 19 who are not parents, are exempt if attending school full-time. Children under age 16, who are not parents, are exempt without regard to school attendance.

The agreement outlines a family's particular needs, the services the state will provide, the steps the family must take to achieve self-sufficiency, and time frames for achieving each family's own agreement. Major emphasis of the agreement is obtaining meaningful employment that will lead to welfare-free lives.

Under the agreement, a required person will be involved in at least one of the following: orientation and assessment, full-or-part-time employment, job-seeking skills and job search, education or training programs, work experience placement, unpaid community service, parenting skills training, Family Development and Self-Sufficiency (FaDSS). Other family development in these activities can receive assistance with child care and transportation.

The terms of an agreement may be renegotiated or modified in certain instances. However, families who chose not to complete an FIA or who willfully disregard the terms of their agreement will enter into a Limited Benefit Plan (LBP). Under the LBP, families receive 3 months of full FIP benefits, followed by 3 months of reduced benefits. After the reduced benefit period is over, the family is ineligible for FIP for the next 6 months.

MANDATED SERVICES

Not applicable.

COST

There is no cost to participate in FIP.

WHERE TO APPLY

Contact the local county office of the Department of Human Services listed in Appendix L. Ask to speak with the DHS income maintenance worker.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

PROMISE JOBS CHILD CARE

OVERVIEW OF PROGRAM

Child care financial assistance is provided to families who are participating in the PROMISE JOBS program.

AGE REQUIREMENTS AND ELIGIBILITY

Families are eligible when they are receiving assistance under the Family Investment Program (FIP)* and are participating in PROMISE JOBS components, including assessment, job search, job seeking skills, academic or vocational training, work experience, unpaid community service, parenting skills training and family development.

*Formerly Aid to Families with Dependent Children (AFDC).

SERVICE(S)

Child care services are authorized by a PROMISE JOBS counselor. Parents may choose child care from a licensed child care center, a facility exempt from licensing, a registered family or group day-care home, relative care, a nonregistered family day-care home or in-home care provider.

MANDATED SERVICES

Not applicable.

COST

No fee is required to receive assistance.

WHERE TO APPLY

Families who are not already referred to PROMISE JOBS, should contact the local county office of the Iowa Department of Human Services listed in Appendix L. They should ask to speak with the income maintenance worker to volunteer for PROMISE JOBS.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

TRANSITIONAL CHILD CARE

OVERVIEW OF PROGRAM

Child care financial assistance is provided to families who are no longer receiving benefits under the Family Investment Program (FIP)*.

*Formerly Aid to Families with Dependent Children (AFDC).

AGE REQUIREMENTS AND ELIGIBILITY

Families are eligible when they have lost FIP due to increased earnings, increase in hours of work or loss of income disregard. Families are eligible without regard to income. Eligibility is for 12 months if the family is assigned to the regular policy group or 24 months if assigned to the welfare reform group.

Children up to age 13 are eligible for services. Children with special needs are eligible up to age 19.

SERVICE(S)

Child care services are authorized by a DHS income maintenance worker. Parents may choose from a licensed child care center, a facility exempt from licensing, a registered family or group day-care home, relative care, or a nonregistered family day-care home or in-home care provider who certifies compliance with basic health and safety requirements.

MANDATED SERVICES

Transitional Child Care is an entitlement program.

COST

A parent fee is required based on family size and monthly gross income.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L. Ask to speak with the income maintenance worker.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

SUBSIDIZED ADOPTION

OVERVIEW OF PROGRAM

The Subsidized Adoption Program was initiated as a means of recruiting and supporting permanent adoptive families for children with special needs who otherwise might not be adopted due to their age, race, disability or need to be placed as a sibling group.

AGE REQUIREMENTS AND ELIGIBILITY

Adoptive parents of infants and children up to age 18 may be eligible to receive subsidies. The child must meet at least one of the conditions in the definition of special needs:

- The child has a medically diagnosed disability which substantially limits one or more major life activities, or requires professional treatments, assistance in self-care or the purchase of special equipment.
- The child has been determined to be mentally retarded by a qualified mental retardation professional (QMRP).
- The child is at high risk of having mental retardation, as determined by a QMRP; of having an emotional disability, as determined by a qualified mental health professional; or of having a physical disability, as determined by a physician. Until the child is diagnosed as having a physical or emotional disability, or that the child has mental retardation, only a special services subsidy can be provided.
- The child has been diagnosed by a qualified mental health professional to have a psychiatric condition which impairs the child's mental, intellectual or social functioning, and for which the child requires professional services.
- The child has been diagnosed by a qualified mental health professional to have a behavioral or emotional disorder characterized by situationally inappropriate behavior which deviates substantially from behavior appropriate to the child's age and interferes significantly with the child's intellectual, social, and personal adjustment.
- The child is age eight or over and Caucasian.

- The child is a member of a minority race or ethnic group, or the child's biological parents are of different races.
- The child is a member of a sibling group of three or more who are placed in the same adoptive home, or a sibling group of two if one of the children has special need because of one of the above reasons.

SERVICE(S)

Families may be eligible to receive subsidies based on the special needs of the child and the circumstances and needs of the family.

A Maintenance Subsidy, including additional allowances for special care and sibling needs may be provided as a monthly payment to assist in covering the cost of room, board, clothing and spending money for an eligible special needs child.

A Special Services Subsidy may be provided to the adoptive family when the family is reimbursed or direct payment to a provider is made for the following services:

- outpatient counseling or therapy services.
- medical services not covered by the Medicaid program (limited to an additional premium amount due to the child's special needs to include the child in the family's health insurance coverage group).
- child care as required by the child's special needs.
- medical transportation not covered by Medicaid and the family's lodging and meals, if necessary, when the child is receiving specialized care or the child and family are required to stay overnight as part of a treatment plan.
- supplies and equipment as required by the child's special needs and unavailable through other resources.
- attorney fees and court costs necessary to finalize the adoption, limited to the usual and customary fee for the area.
- funeral benefits at the amount allowed for a foster child.

MANDATED SERVICES

The Iowa Department of Human Services provides Medicaid to all children in presubsidy or subsidized adoptive placements for whom the Department has some financial responsibility (see Medicaid page 70-72).

COST

Medicaid pays for only that portion of medical expenses that insurance does not cover. If the family does not have insurance, they may have to pay a small part (co-payment) of the provider's service charge. Except for the small co-payment, there is no additional charge to the family.

WHERE TO APPLY

Contact the local county office of the Iowa Department of Human Services listed in Appendix L.

RESPONSIBLE AGENCY

Iowa Department of Human Services.

INSURANCE

INSURANCE

Until major health concerns arise, few individuals are aware of the coverage they have under their current health care insurance plan. To receive maximum benefits from health care coverage, policy holders should become knowledgeable concerning services covered under their current policy. Insurance is a contract established between the purchaser (either an individual or an employer on a group basis) and the insurance company. The policy stipulates the agreement reached on provision of services and guarantees the coverage. Policy holders have a certain responsibility to uphold their part of the agreement as does the insurer to respond efficiently and effectively to any claims received by its claims center. The State Insurance Commissioners Office is responsible for monitoring all contracts written or sold within the state. Before making a job change, employees need to become aware of the different types of insurance programs and the services they provide.

Policy holders need to learn the identity of their insurance agent or employee benefits representative.

- Know the policy number and enrollment code and include them with any inquiry.
- Read the current policy or the policy under consideration.
- Get information in writing from the insurance agent about the insurance policy (see Appendices R & S).
- Keep a record of all phone calls, including date, time, person and content of the conversation.

To describe all the different plans and policies which are available is impossible. Some will have the maximum coverage possible while others are very minimal.

To determine if one's current policy or a policy under consideration is adequate to meet the needs of specific children and families, a description of terms and plans (private insurance, self-purchased insurance, self-insured or self-funded insurance, Health Maintenance Organizations (HMOs), Preferred Provider Organizations (PPO's) and the Iowa Comprehensive Health Plan appear on the following pages to give an overview of what is available. The Principal Financial Group and Blue Cross/Blue Shield of Iowa provide specific programs which also may be available to those who carry their insurance plan.

INSURANCE TERMS

Policy holders need to understand the following insurance terms when evaluating their current policy or considering changing policies.

Riders — A rider may be attached to an insurance policy determining which services will or will not be covered. A policy with a rider may increase premiums, but it can also increase the coverage for a special health needs child. Riders are usually added if the child was not insured during the time of open enrollment or is on a self-purchased individual policy. Riders are written to protect insurance companies from high risk individuals.

Benefit Limitations — Some policies have a limit on the amount the insurance company will pay. When the limit (cap) on a policy has been reached, the individual may be dropped from insurance coverage. Certain services may also be limited as to the amount of coverage. Since in most cases, coverage is provided and usually chosen by the employer and union, employers and union representatives must be informed of the future needs of an employee's child/family.

Prior Authorization — Some policies require prior authorization for services which are not considered an emergency. Policy holders may be responsible for paying the total amount for the service if they do not receive prior authorization. Insurance companies provide information on prior authorization when they issue a policy. An employer or health care provider can contact the insurance company to support a request.

Cost Sharing — Every policy has a premium which is paid by an employer or individual. In most instances a deductible amount must be paid by the individual before the insurance company begins to help cover the cost for medical care. Co-payments are made by the insured person and the insurance company. This may be 20 percent paid by the insured person and 80 percent by the insurance company. Each policy is different and pays differently for outpatient and in-patient services. Outpatient services for health care may include physician visits or clinic visits. In-patient services are provided in a hospital.

Pre-Existing Condition — When individuals apply for coverage, any health problem they or a family member may have is considered to be a pre-existing condition. A rider may be attached to the policy issued.

Medically Necessary — Claims may be denied if the insurance company does not feel the service is necessary. The policy will provide information concerning medical necessity.

Third Party — A policy may state a third party liability clause which means that the company pays after other insurance coverage the policy holder may have pays. Most public programs, however, are the true "payor of last resort".

The Iowa Commissioner's Office for Insurance, Consumer and Legal Affairs can be contacted for questions or complaints regarding insurance companies dealing with claims. The complaint should be in writing and include copies of all bills or correspondence regarding the complaint. The office address is

Iowa Insurance Division
Consumer and Legal Affairs
Lucas State Office Building
Des Moines, Iowa 50319

Consumers with questions/complaints regarding health insurance may call

(515) 281-5705.

MAJOR GROUP HEALTH INSURANCE PLAN

OVERVIEW

A group policy which may or may not cover dependents is purchased by an employer for employees. This is considered a fringe benefit for an employee and may be a part of contract negotiations. Employees must inform their representatives about their child and family's health care needs.

A probationary period may delay the date coverage will begin (usually 30 to 60 days). Under such a policy, an insurer may cover 100 percent of cost of covered services. However, most plans today cover only 80 percent with the employee then being responsible for the remaining 20 percent of the cost of services. Also, there may be a deductible or co-payment provision for the insured which means the employee must pay a certain dollar amount (i.e. \$2,000). Beyond that, any cost is paid by the policy 100 percent.

Major Medical Coverage may also be a part of a health insurance plan. This pays for high medical costs incurred in hospital care. Some plans do allow for Major Medical Coverage to be applied to home care treatments if the total cost of the care can be reduced by providing the same procedures in an alternative setting (home rather than hospital). More information on such options is available from the insurer upon request.

ELIGIBILITY

Each employee and family may or may not have to meet certain conditions to be insured.

COST

Premium payments are paid by the employer and/or employee to the insurance company on a monthly, quarterly, bi-annual or annual basis.

HOW TO APPLY

Usually a limited "open enrollment" period is set during which employees can apply for coverage. After this time, the employee may need to prove medical insurability to qualify (and may not be able to insure a child with special health needs).

SAFEGUARDS

The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) (P.L. 99-272) is a federal law providing safeguards for health insurance coverage to employees who have been terminated or switched from full-time to part-time employment. Family members receiving coverage under the same policy are also protected under this law.

The law generally requires all employers with twenty or more employees to offer continuation of coverage under an existing group policy at group rates for up to 18 months to employees and their family members previously covered. Terminated employees must be notified by the employer of availability of continuation of coverage. Employees generally are responsible for premium costs during this period.

A conversion policy is available to an employee who was terminated and previously received coverage under the group plan. The insurance company will contact the terminated employee and offer to convert the coverage to an individual plan. The premiums are usually extremely high, and the benefits may be very minimal.

Consumers with complaints about access to insurance through COBRA should contact COBRA at (314) 539-2691.

The Iowa Commissioner's Office for Insurance, Consumer & Legal Affairs can be contacted for questions or complaints regarding insurance companies dealing with claims. The complaint should be in writing and include copies of all bills or correspondence regarding the complaint. The office address is

Iowa Insurance Division
Consumer & Legal Affairs
Lucas State Office Building
Des Moines, Iowa 50319

*Gaylord, Catherine L. and Leonard, Alice M. Health Care Coverage for the Child with a Chronic Illness or Disability (Madison, Wisconsin 1988).

*Beckett, Julie. Health Care Financing: A Guide for Families (Iowa City, Iowa 1989).

CARING PROGRAM FOR CHILDREN

OVERVIEW OF PROGRAM

The Caring Foundation was established in 1989 by Blue Cross/Blue Shield of Iowa. Funds are received from the state, individuals, business, other foundations and religious organizations.

AGE REQUIREMENTS AND ELIGIBILITY

The Foundation serves children newborn thru age 18 who are ineligible for Medicaid but whose families cannot afford private insurance. They must provide denial from Medicaid and meet income guidelines (see Appendix T).

SERVICE(S)

Physician office visits, diagnostic tests, emergency accident care, inoculations, immunizations, routine physicals and preventative care services are covered. Services are provided as long as all eligibility requirements are met.

MANDATED SERVICES

Not applicable.

COST

There is no cost to families.

WHERE TO APPLY

Caring Program for Children
636 Grand Ave., Sta. 150
Des Moines, IA 50319
1-800-223-KIDS or 515-245-4693

RESPONSIBLE AGENCY

Caring Program for Children by Blue Cross Blue Shield of Iowa.

HEALTH MAINTENANCE ORGANIZATIONS (HMO'S)

OVERVIEW

Health Maintenance Organizations provide routine medical care and preventive medical care under contract with physicians and other health care providers to provide services to individuals covered by their policies. The employee must choose the physicians or health care providers under contract with the HMO for health care needs. The HMO will make referrals if an individual wants the HMO to pay for health services. Prior approval must be secured before obtaining services from a provider who is not a member of the HMO. An appropriate provider must be sought to provide services if an office does not have a provider under contract with the HMO. Providers may be very limited for a child with special health care needs.

COST

Fixed prepaid premiums are usually paid by the employer or employee to the HMO on a monthly basis. Many HMO's do not require a deductible. The member usually pays a co-payment (a certain fee for a specific service) and does not have to file a claim for services.

*Gaylord, Catherine L. and Leonard, Alice M. Health Care Coverage for the Child with a Chronic Illness or Disability (Madison, Wisconsin 1988).

*Beckett, Julie. Health Care Financing: A Guide for Families (Iowa City, Iowa 1989).

IOWA COMPREHENSIVE HEALTH PLAN (ICHP)

OVERVIEW

The Iowa Comprehensive Health Plan is designed to provide health insurance to Iowa residents who are unable to find adequate health care insurance coverage in the private market due to a mental or physical condition.

The plan covers services and supplies that are usual and customary for medically necessary services and supplies (as described in the plan) by a physician. More information is available concerning services and supplies from the Iowa Comprehensive Health Association.

AGE REQUIREMENTS AND ELIGIBILITY

Coverage is available to persons who

- (a) are and continue to be residents of the state of Iowa; and
- (b) have received from one or more health insurers
 - (1) notice of rejection for substantially similar health insurance dated within the last nine months, or
 - (2) notice of benefit reduction or specific condition exclusion, or
 - (3) notice of premium increase for in-force or applied for insurance exceeding the rate for this coverage; and
- (c) do not have other insurance which is similar to this plan;
- (d) are not on Medical Assistance;
- (e) are not eligible for public programs for which medical care is provided;
or
- (f) are not inmates of a public institution.

COST

See Appendix T for monthly premium charges.

WHERE TO APPLY

Information may be obtained or application made to any agent licensed to sell health insurance in the State of Iowa, or send for information or an application to

State of Iowa Comprehensive Health Association Administrator
Administrator Solutions, Inc.
P. O. Box 40699
Indianapolis, IN 46240-0699
(800) 877-5156

PREFERRED PROVIDER ORGANIZATIONS (PPO'S)

OVERVIEW

Health care providers contract with employers, insurance companies, or organizations (third party) to deliver specific services at a lower price to PPO members. The group contracting with the PPO must provide a guaranteed number of patients and make payments promptly. A health care provider under this plan provides services at no charge to members. A co-payment is used to obtain health care services from health care providers not in the Preferred Provider Organization. Providers may be limited for a child with special health care needs.

COST

Premiums are usually paid by employees or other third party organizations.

*Gaylord, Catherine L. and Leonard, Alice M. Health Care Coverage for the Child with a Chronic Illness or Disability (Madison, Wisconsin 1988).

*Beckett, Julie. Health Care Financing: A Guide for Families (Iowa City, Iowa 1989).

SELF-INSURED OR SELF-FUNDED PLANS

OVERVIEW

Self-insured and self-funded plans are an option larger companies now have in providing health care coverage. The employer provides the employee with an insurance policy which explains what is provided in the plan. This policy is not regulated under the State Insurance Commission but must meet requirements specified by federal law. This can mean a reduction in mandated benefits. Because the plan may be administered by an insurance company, employees need to determine if they are covered under the state laws on insurance. Employers are able to explain if coverage is self-insured or with an insurance company.

COST

The employer pays the premiums to a trust fund.

SAFEGUARDS

The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) (P.L. 99-572) is a federal law providing safeguards for health insurance coverage to employees who have been terminated or switched from full-time to part-time employment. Family members receiving coverage under the same policy are also protected under this law.

The law generally requires all employers with twenty or more employees to offer continuation of coverage under an existing group policy at group rates for up to 18 months to employees and their family members previously covered. Terminated employees must be notified by the employer of availability of continuation of coverage. Employees generally are responsible for premium costs during this period.

A conversion policy is available to an employee who was terminated and previously received coverage under the group plan. The insurance company will contact the terminated employee and offer to convert the coverage to an individual plan. The premiums are usually extremely high, and the benefits may be very minimal.

Consumers with complaints about access to insurance through COBRA should contact COBRA at (314) 539-2691.

*Gaylord, Catherine L. and Leonard, Alice M. Health Care Coverage for the Child with a Chronic Illness or Disability (Madison, Wisconsin 1988).

*Beckett, Julie. Health Care Financing: A Guide for Families (Iowa City, Iowa 1989).

SELF-PURCHASED INDIVIDUAL HEALTH INSURANCE

OVERVIEW

This policy is purchased by an individual and may cover the entire family. Individual insurance policies usually require proof of medical insurability. Assurances of continued coverage is vital for families with a child with special health needs. Under a guaranteed renewable policy a policy cannot be discontinued due to multiple claims or high cost claims as long as premiums are paid on time.

ELIGIBILITY

Individual insurance policies usually require proof of medical insurability.

COST

Premium payments are paid by the individual purchasing the policy to the insurance company on a monthly, quarterly, semiannual or annual basis.

HOW TO APPLY

Numerous health care insurance companies are available in Iowa. To find the policy which will meet the needs of a specific child and family may require "shopping around".

*Gaylord, Catherine L. and Leonard, Alice M. Health Care Coverage for the Child with a Chronic Illness or Disability (Madison, Wisconsin 1988).

*Beckett, Julie. Health Care Financing: A Guide for Families (Iowa City, Iowa 1989).

SOCIAL SECURITY

MEDICARE

OVERVIEW OF PROGRAM

Medicare (Title XVIII) is a federal health insurance program for the aged (age 65 and over) and certain disabled persons.

AGE REQUIREMENTS AND ELIGIBILITY

Most persons, regardless of age, with chronic renal disease are eligible for Medicare coverage. One who has experienced kidney failure and is in need of kidney dialysis or a kidney transplant is entitled to special coverage under Medicare if they, or their parents or spouse are insured through contributions to the Social Security Program.

SERVICE(S)

Not applicable.

MANDATED SERVICES

Not applicable.

COST

Not applicable.

WHERE TO APPLY

Local Social Security Office (see Appendix O).

RESPONSIBLE AGENCY

Federal Social Security Administration
Administering Agency: Blue Cross/Blue Shield of Iowa

SUPPLEMENTAL SECURITY INCOME (SSI)

OVERVIEW OF PROGRAM

Supplemental Security Income (SSI) is a federal program administered by the Social Security Administration that makes cash payments to persons who meet income/resource and disability eligibility requirements or those who are over age 65 and meet income/resource requirements.

AGE REQUIREMENTS AND ELIGIBILITY

Anyone with limited income and/or resources can qualify for disability, but a person must be 65 to qualify as an aged individual. Strict income/resource criteria and disability criteria must be met to qualify as either a blind or disabled person.

For a child living in the home to qualify, the parents must provide their income and resource information and meet eligibility guidelines. (Part of their income is then "deemed" to belong to their child/children, and that must fall at or below allowable levels). If the child has been hospitalized or institutionalized for an entire calendar month, that child would qualify as an independent not living in the home as long as he or she had no other resources available, i.e., life insurance policy, bank accounts, stocks and bonds, etc. Disability criteria still must be met.

Social Security's definition of disability is that a person must be disabled for at least twelve months or have a disability that is expected to end in death. In other words, if the disability will be resolved in less than a year, an application will likely be denied. A letter from the child's physician stating clearly the child's problem and length of anticipated need for services should accompany an application. If it is still denied, the case may be appealed.

APPEALS

Appeals can be made in one of two ways:

*In a Case Review, the applicant has the right to review the facts in his/her file. Facts may be added to the file. Another decision will be made; however, the applicant will not meet with the person who decides the case.

*In an Informal Conference, the applicant can meet with the person who decides the case. The applicant may explain his/her stand, giving more facts to help support his/her case. Others may accompany the applicant to this conference to support the case. These individuals may include friends, lawyers, physicians, etc.

MANDATED SERVICE(S)

Supplemental Security Income provides a minimum guaranteed monthly income for persons who qualify. In Iowa, those who are SSI eligible, are also eligible for Medicaid (see pages 69-71). They may also be eligible for additional benefits such as food stamps (see page 56), transportation, cost reimbursement or other social services. Be sure to check with a local county office of the Iowa Department of Human Services for these additional programs (see Appendix L).

COST

There is no cost to families. Cash payments are made to persons who meet eligibility requirements.

WHERE TO APPLY

Call the nearest Social Security Office (see Appendix O).

When applying, applicants should be sure to bring income tax information for the last year, current paycheck stubs, resource information including real estate (other than their home and its land), savings and checking accounts, cash, stocks, bonds, a car — if it is worth more than \$4,500.00 or if used for anything other than transportation (e.g., farm truck, business car).

RESPONSIBLE AGENCY

Department of Human Services
Social Security Administration

STATE SUPPLEMENTAL ASSISTANCE (SSA)

OVERVIEW OF PROGRAM

State Supplemental Assistance (SSA) was designed to provide funds to persons who receive SSI (Supplemental Security Income) or who would be eligible for SSI benefits if their income were not too high. They must be in need of one of the four services provided under the SSA program. (Of the five programs, only four apply to children.)

AGE REQUIREMENTS AND ELIGIBILITY

Anyone with limited income and/or resources can qualify for disability, but a person must be 65 to qualify as an aged individual. Strict income/resource criteria and disability criteria must be met to qualify as either a blind or disabled person.

For a child living in the home to qualify, the parents must provide their income and resource information and meet eligibility guidelines. (Part of their income is then "deemed" to belong to their child/children, and that must fall at or below allowable levels). If the child has been hospitalized or institutionalized for an entire calendar month, that child would qualify as an independent not living in the home as long as he or she had no other resources available, i.e., life insurance policy, bank accounts, stocks and bonds, etc. Disability criteria still must be met.

Social Security's definition of disability is that a person must be disabled for at least twelve months or have a disability that is expected to end in death. In other words, if the disability will be resolved in less than a year, an application will likely be denied. A letter from the child's physician stating clearly the child's problem and length of anticipated need for services should accompany an application. If still denied the case may be appealed.

SERVICE(S)

1. Special Blind Allowance — A special blind allowance of up to \$22.00 a month may be added to a blind person's SSI benefit. Apply to the Social Security Office. (see Appendix O)
2. Residential Care — Residential care applies to those individuals in a licensed residential care facility whose physician has verified the need for residential care excluding nursing care.

Those eligible may keep a portion of their monthly income to meet personal needs. The balance then goes to the cost of care in the facility. The Department of Human Services issues a State Supplemental Assistance payment to cover the balance of the cost of care. The payment comes to the applicant who, in turn, must pay the facility. Apply to the local county office of the Iowa Department of Human Services (see Appendix L).

3. **Dependent Relative** — (as it applies to children) — If a person is aged, blind, or disabled and has a dependent relative (parent) living with in his/her home, he/she may be eligible for a dependent person's allowance. This additional payment is received as a part of his/her SSI payment. Eligibility is determined by the local Department of Human Services and payment is made through the Social Security Administration as a part of the SSI payment. Apply to the local county office of the Iowa Department of Human Services (see Appendix L).
4. **In-Home Health Related Care** — This program offers assistance to enable a parent or his/her child to remain at home as long as possible rather than live in an institution. Application is made to the local DHS office and payment goes directly to the applicant who pays the provider. Often times this is coordinated through the local Department of Health. There is a limit on the amount of money available. Apply to the local county office of the Iowa Department of Human Services (see Appendix L).

MANDATED SERVICES

Not applicable.

COST

Not applicable.

WHERE TO APPLY

Contact the nearest Social Security Office (see Appendix O) or the local county office of the Iowa Department of Human Services (see Appendix L). When applying, applicants should be sure to bring income tax information for the last year, current paycheck stubs, resource information including real estate (other than their home and its land), savings and checking accounts, cash, stocks, bonds, a car — if it is worth more than \$4,500.00 or if used for anything other than transportation (e.g., farm truck, business car).

RESPONSIBLE AGENCY

Department of Health and Human Services
Social Security Administration

**OTHER SOURCES:
for Financial Assistance
and Support**

CAMP COURAGEOUS OF IOWA RESPITE CARE

OVERVIEW OF PROGRAM

The Respite Care Program at Camp Courageous of Iowa provides a weekend full of fun and adventure for any physically or mentally disabled person, while providing a much needed break for the parent, care giver or family.

Emergency Respite Care is provided in the event of death, serious illness or extreme emotional trauma of the primary care giver.

AGE REQUIREMENTS AND ELIGIBILITY

Respite care is open to any physically or mentally disabled individual who is living at home. Age is no restriction.

SERVICE(S)

Respite weekends are scheduled throughout the year with activities that may include:

swimming	gym activities
sensory awareness	pony rides
sledding	and many more

Emergency respite care is available 24 hours a day, 7 days a week, 365 days a year. Medical professionals provide everything from medication disbursements to treatments and therapy.

MANDATED SERVICES

Not applicable.

COST

Families of campers are asked to pay what they can, but no one is ever turned away for lack of funds.

WHERE TO APPLY

Berta Aldrich
Respite Care Coordinator
P. O. Box 455
Monticello, Iowa 52310-0455
(319) 465-5916

RESPONSIBLE AGENCY

Camp Courageous of Iowa.

CAMP COURAGEOUS OF IOWA WEEK-LONG CAMPS

OVERVIEW OF PROGRAM

Camp Courageous of Iowa is a recreational and Respite Care facility for persons with disabilities. It first served campers during the summer of 1979 with 211 campers. In 1994 over 3,500 campers were served. The camp's philosophy is that all people, regardless of ability level have the right to opportunities found in the world around them. The Week-Long Camps at Camp Courageous provide a week of fun and adventure for children and adults who have physical and mental disabilities.

AGE REQUIREMENTS AND ELIGIBILITY

All children and adults with disabilities are eligible. The age range is 1 year to 100 years of age. Each camper must call first to reserve a week. Campers must fill out an application and have a physical examination before coming to camp.

SERVICE(S)

Services are provided at Camp Courageous of Iowa. In the summer the programs run from Sunday-Friday and in the fall the programs run Monday-Friday. The length of service is dependent upon length of stay. The average stay is one week per season. A professionally trained staff works with the campers, including a registered nurse who dispenses medication and does all treatments.

MANDATED SERVICES

Not applicable.

COST

No one is turned away for lack of funds; families are asked to pay what they can. Summer Week-Long Camps — \$200.00 with a \$50.00 non-refundable deposit. Fall Week-Long Camps — \$175.00 with a \$50.00 non-refundable deposit.

WHERE TO APPLY

Mike Maher, Assistant Program Director
Camp Courageous of Iowa
P.O. Box 557
Monticello, IA 52310-0557
(319) 465-5916

RESPONSIBLE AGENCY

Camp Courageous of Iowa.

COMMUNITY LIVING PROGRAM FOR IOWANS WITH DEVELOPMENTAL DISABILITIES

OVERVIEW OF PROGRAM

The Community Living Program is a private non-profit program of children and families of Iowa whose goal is to provide family support services aimed at preventing inappropriate out-of-home placements.

AGE REQUIREMENTS AND ELIGIBILITY

Anyone who is diagnosed as developmentally disabled before the age of 22 and is a resident of Iowa is eligible for services. A "developmental" disability means the disability occurred before the age of 22.

SERVICE(S)

Support services may include financial assistance with the purchase of assistive devices and home modifications. Respite care, transportation and homemaker services may be funded on a short-term basis only. The services are provided to persons while in their own homes.

When the funding is needed, a family member or person with a disability needs to call or write to the program to request an application. If funding is granted, the program then pays for all or part of the cost of the equipment or service. It is up to the family or individual to obtain the medical supplier, respite care giver or whoever is needed to provide the equipment or services. The Community Program then works out an arrangement for payment with the supplier.

MANDATED SERVICES

Not applicable.

COST

There is no cost to the family for any service provided by the Community Living Program.

WHERE TO APPLY

Community Living Program of Children & Families of Iowa
1111 University
Des Moines, IA 50314-2329
515-288-1981

RESPONSIBLE AGENCY

Not applicable.

DEVELOPMENTAL DISABILITIES BASIC GRANT PROGRAM (P.L. 100-146)

OVERVIEW OF PROGRAM

The Developmental Disabilities Basic Grant Program provides funds to three areas:

1. The Iowa Governor's Planning Council for Developmental Disabilities — The major goal of this Council is to promote — through systemic change, capacity building, and advocacy — a consumer and family centered, comprehensive system, including a coordinated array of culturally competent supports, services, and other assistance for individuals with developmental disabilities; children's issues; and their families. (Refer to pages on Division of Developmental Disabilities 39-41.)
2. Iowa Protection and Advocacy Services — This program is designed to protect human and legal rights for persons with developmental disabilities. (See pages 141-142) on Protection and Advocacy Services.)
3. University Affiliated Program — This program provides and encourages the use of interdisciplinary team resources for training and technical assistance and to operate a demonstration health care facility. The Division Developmental Disabilities (see pages 39-41) is Iowa's University Affiliated Program.

RESPONSIBLE AGENCY

U.S. Department of Health and Human Services —
Administration of Developmental Disabilities

EASTER SEALS CAMP SUNNYSIDE

OVERVIEW OF PROGRAM

Camp Sunnyside is a recreation and camping program for children and adults who have a disability. The camp also serves some people who do not have a disability.

AGE REQUIREMENTS AND ELIGIBILITY

Day Camp — Children ages 4 - 17
Resident Camp and Adventure Camp — Ages 5 and up
Retreat Groups — Any organization

SERVICE(S)

Services are provided by the Camp Sunnyside staff. Camp stays are 5-and 12-day sessions. The Retreat Groups are flexible.

MANDATED SERVICES

None.

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current program cost. Campships are available.

WHERE TO APPLY

Easter Seals Camp Sunnyside
P. O. Box 4002
Des Moines, IA 50333
(515) 289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa.

EASTER SEALS EMERGENCY RESPITE

OVERVIEW OF PROGRAM

Since 1979 Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a one-to-one staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICE(S)

Applications are reviewed by a full-time registered nurse to insure the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Service can be provided only if staff and space are available. The situation requiring respite care must be defined as an emergency by the Respite Coordinator.

Services are provided by on-call staff and volunteers who meet requirements. Up to two weeks of 24-hour care is available. Easter Seals Camp Sunnyside is located just north of Des Moines, IA. Transportation is provided to day program in the Des Moines area.

MANDATED SERVICES

Not applicable

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
PO Box 4002
Des Moines, IA 50333
(515) 289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa.

EASTER SEALS RESPITE WEEKENDS AT CAMP ABE LINCOLN

OVERVIEW OF PROGRAM

Since 1979 Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a one-to-one staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICE(S)

Applications are reviewed by a full time registered nurse to insure the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends begin at 9:00 am Saturday and run until 11:00 am Sunday (26 hours) at YMCA Camp Abe Lincoln at Blue Grass, IA (near Davenport, IA).

MANDATED SERVICES

Not applicable.

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(515) 289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa.

EASTER SEALS RESPITE WEEKENDS AT CAMP ALDERSGATE

OVERVIEW OF PROGRAM

Since 1979 Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a one-to-one staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICE(S)

Applications are reviewed by a full time registered nurse to insure the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends begin at 9:00 am Saturday and run until 11:00 am Sunday (26 hours) at Camp Aldersgate United Methodist Camp, Villisca, IA (near Red Oak, IA).

MANDATED SERVICES

Not applicable.

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current cost program information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(515) 289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa.

EASTER SEALS RESPITE WEEKENDS AT CAMP GAYWOOD

OVERVIEW OF PROGRAM

Since 1979 Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a one-to-one staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICE(S)

Applications are reviewed by a full time registered nurse to insure the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends begin at 9:00 am Friday and run until 11:00 am Sunday (26 hours) at Girl Scout Camp Gaywood at Clear Lake, IA.

MANDATED SERVICES

Not applicable

COST

The cost for the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(515) 289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa.

EASTER SEALS WEEKEND CAMPS AT OKOBOJI

OVERVIEW OF PROGRAM

Since 1979 Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a one-to-one staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICE(S)

Applications are reviewed by a full time registered nurse to insure the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends begin at 9:00 am Saturday and runs until 11:00 am Sunday (26 hours) at Camp Okoboji near Milford, IA (affiliated with the Lutheran Church Missouri Synod).

MANDATED SERVICES

Not applicable.

COST

The cost of the program varies. Contact the Easter Seals Society of Iowa for current cost program information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(515) 289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa.

EASTER SEALS RESPITE WEEKENDS AT CAMP SUNNYSIDE

OVERVIEW OF PROGRAM

Since 1979 Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a one-to-one staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICE(S)

Applications are reviewed by a full time registered nurse to insure the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and a registered nurse are on staff.

Weekends begin at 6:30 pm Friday and runs until 4:30 pm Sunday (46 hours) at Camp Sunnyside just north of Des Moines, IA.

MANDATED SERVICES

Not applicable.

COST

The cost for the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(515) 289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa.

EASTER SEALS RESPITE WEEKENDS AT FOREST LAKE BAPTIST CAMP

OVERVIEW OF PROGRAM

Since 1979 Easter Seals has been providing temporary relief for families who care for a child or adult with a disability living at home. The services are provided in a stimulating camp environment with many organized activities. The program is integrated and maintains a one-to-one staff/camper ratio to ensure individual attention.

AGE REQUIREMENTS AND ELIGIBILITY

Respite Care is provided to any person with a disability living at home. All ages are served.

SERVICE(S)

Applications are reviewed by a full time registered nurse to insure the level of skilled care necessary. Services are not available to care for persons with dangerous behaviors. Limited funding is available to serve non-disabled siblings. Services are provided by paid staff and volunteers who have been carefully selected and screened. At every weekend an experienced supervisor and registered nurse are on staff.

Weekends begin at 9:00 am Saturday and run until 11:00 am Sunday (26 hours) at Forest Lake Baptist Camp, Bloomfield, IA (near Ottumwa).

MANDATED SERVICES

Not applicable.

COST

The cost for the program varies. Contact the Easter Seals Society of Iowa for current program cost information.

WHERE TO APPLY

Program Coordinator Respite Care
The Easter Seals Society of Iowa
P.O. Box 4002
Des Moines, IA 50333
(515) 289-1933

RESPONSIBLE AGENCY

The Easter Seals Society of Iowa.

FAMILY FRIENDS PROGRAM

OVERVIEW OF PROGRAM

This intergenerational program matches senior citizen volunteers with children with disabilities. It is an in-home respite program that supports the whole family and allows parents relief from the stress of constant care of a child with disabilities or chronic illness.

AGE REQUIREMENTS AND ELIGIBILITY

Any family/child with a disability or chronic illness, infant to age 12, who resides in Polk County or surrounding counties may participate.

SERVICE(S)

Services are provided in the home of the child for up to 32 hours of in-home care per month by senior citizen volunteers, age 50+ who are trained, competent and caring individuals.

Initially volunteers make a 9-month commitment which usually becomes indefinite. Some volunteers have been in the program with the same child since they began volunteering.

MANDATED SERVICES

None.

COST

Services are free to families.

WHERE TO APPLY

Easter Seals, Family Support Services
Family Friends Program
P.O. Box 4002
Des Moines, IA 50333-4002

IOWA PILOT PARENTS

OVERVIEW OF PROGRAM

Iowa Pilot Parents is a non-profit organization providing public awareness, trainings and workshops which include parent-to-parent training, support, information and referral to parents with children with special needs.

AGE REQUIREMENTS AND ELIGIBILITY

Parents of children age 0 - 21 and professionals may participate.

SERVICE(S)

Services provided are parent trainings, public awareness and information and referral for families with children with special needs.

MANDATED SERVICES

Not applicable.

COST

None.

WHERE TO APPLY

Iowa Pilot Parents, Inc.
33 N. 12th St., P.O. Box 1151
Fort Dodge, IA 50501

(800) 952-4777
(515) 576-5870
(515) 576-8209 FAX

RESPONSIBLE AGENCY

Iowa Pilot Parents, Inc.

IOWA PROTECTION AND ADVOCACY (P&A) SERVICES, INC.

OVERVIEW OF PROGRAM

Iowa Protection and Advocacy is a private, non-profit corporation that exists to protect and advocate for the rights of people with developmental disabilities, mental illness and other disabilities. It was created by three federal laws that require each state to provide a Protection and Advocacy Service.

AGE REQUIREMENTS AND ELIGIBILITY

The program's services are available statewide for people of any age who have a disability or mental illness diagnosis.

SERVICE(S)

The following services are provided by Protection and Advocacy staff as long as the issue relates to the disability and agency priorities and resources permit.

Information/Referral Information — Information is provided on the rights of persons with a developmental disability. If the issue or problem can be more appropriately handled by another agency, a referral will be made.

Individual Advocacy — This includes direct investigation, administrative intervention and/or negotiation with agencies on behalf of individuals with disabilities.

Legal Representation — P&A is empowered with the authority to provide individual and class action legal representation of clients if rights have been violated or if the problem has a legal basis and cannot be resolved through negotiations.

P&A Newsletter — P&A publishes an informative bi-monthly newsletter, the P&A Bulletin which updates events, laws, policies and trends affecting rights and services.

Resource Library -- The agency maintains a resource library for use by the general public. Many booklets, pamphlets, articles and films are available on loan for research and information purposes.

Training/Education — Iowa Protection and Advocacy staff can provide or help arrange inservice training, workshops and presentations regarding services, due process or legal rights of persons with disabilities, and many other service topics.

Systems Advocacy — This service monitors legislation, administrative rules and policies of agencies influencing services for people with disabilities. Any individual, program, organization or agency that has questions or concerns regarding the rights of children, youth and adults with disabilities may contact Protection and Advocacy for assistance. Confidential referrals are accepted.

Client cases are accepted based upon the priority of the problem or issue and the availability of staff time and other agency resources.

MANDATED SERVICES

Not applicable.

COST

There is no cost for Protection and Advocacy Services.

WHERE TO APPLY

Iowa Protection and Advocacy Services, Inc.
3015 Merle Hay Road, Suite 6
Des Moines, Iowa 50310
(515) 278-2502
(800) 779-2502 (Client referrals as needed)

Client or client referrals may call collect.

RESPONSIBLE AGENCY

U. S. Federal Health and Human Services Department Administration on
Developmental Disabilities
U.S. Department of Education — Rehabilitative Services Administration
Department of Health and Human Services — Public Health Services

THE ARC OF IOWA
(FORMERLY THE ASSOCIATION FOR RETARDED CITIZEN)

OVERVIEW OF THE PROGRAM

The Arc of Iowa is a private, non-profit advocacy organization, established to represent all children and adults with mental retardation and their families throughout the State of Iowa. The Arc has advanced from a few people seeking fundamental rights and services for their own children, to become the leading organization advocating and offering support to one out of ten Iowa families that are affected by mental retardation. Through a volunteer network of 45 county-wide chapters, The Arc has remained steadfast in its mission to "secure for all persons with mental retardation and related disabilities the options and opportunities to choose and realize their own goals."

AGE REQUIREMENTS AND ELIGIBILITY

Any person is able to become a member of the organization for an annual fee of \$26.00. Membership is open to any family or individual of any age with an interest in a person or persons with mental retardation.

SERVICE(S)

Support Services, including individual case advocacy, education and training are available to any one person or family requiring them. Information and referral are provided by the agency. Communication and coordination are offered for the local chapters and volunteers.

MANDATED SERVICES

Not applicable.

COST

There is no charge for services.

WHERE TO APPLY

The Arc of Iowa
715 East Locust
Des Moines, IA 50309
1-800-362-2927

IOWA COMPASS

OVERVIEW OF PROGRAM

Iowa COMPASS is Iowa's information and referral service for Iowans with disabilities as well as family members, service providers and other members of the community.

AGE REQUIREMENTS AND ELIGIBILITY

Iowa COMPASS serves people of all ages and with all types of disabilities.

SERVICE(S)

Information Specialists provide information about supports and services throughout the state of Iowa. Information may be provided over the telephone, through the mail or on audio cassette. This information will include the following (see Appendix T for Directory of Disability Related Support Groups):

- Contact persons, addresses, and telephone numbers of agencies providing specific services.
- Who is served by the agency.
- Services provided by the agency.
- Area the agency serves -- city, county, region or statewide.
- Licensing or accreditation of agency.

All calls are confidential.

MANDATED SERVICES

Not applicable.

COST

All information and informational materials are free to Iowa COMPASS callers.

WHERE TO APPLY

Operations Coordinator or Information Specialist on duty
Iowa COMPASS
S277 HS
100 Hawkins Drive
Iowa City, IA 52242-1011
(319) 353-8781

or

Iowa COMPASS toll free number is 1-800-779-2001 (voice or TTY) or
(319) 353-8777

RESPONSIBLE AGENCY

Iowa COMPASS is funded by:

Iowa Department of Education
Iowa Governor's Planning Council for Developmental Disabilities
Iowa Department of Human Services
Iowa Mobile and Regional Child Health Specialty Clinics
The Division of Vocational Rehabilitation
The Iowa University Affiliated Program

SHRINERS HOSPITALS FOR CRIPPLED CHILDREN

OVERVIEW OF PROGRAM

Shriners Hospitals provide medical care to children who have orthopedic problems or who have been severely burned. Nineteen orthopedic hospitals and three burn institutes are located throughout North America.

AGE REQUIREMENTS AND ELIGIBILITY

Any child is eligible for care if

- the child is under the age of 18,
- treatment at another facility would place a financial burden on the family, and
- treatment will benefit the child

SERVICE(S)

Shriners Hospital units provide care for virtually all pediatric orthopedic problems, with the exception of acute trauma. Each unit treats the most common orthopedic problems, and each unit has developed a special area of expertise.

Orthopedic problems most commonly treated by all units are

- scoliosis (curvature of the spine)
- spina bifida/myelodysplasia
- osteogenesis imperfecta (brittle bone disease)
- skeletal growth abnormalities
- neuromuscular disorders
- orthopedic problems of cerebral palsy
- hand problems
- back problems
- club foot and dislocated hip
- limb deficiencies and growth problems
- leg length discrepancies

MANDATED SERVICES

Not applicable.

COST

There is no charge for any of the care or services provided by a Shriners Hospital.

WHERE TO APPLY

Application forms are available from Shriners, local Shrine Clubs, Shrine Temple officers, Shrine Hospitals or by writing or calling:

Shriners Hospitals for Crippled Children
2900 Rocky Point Drive
Tampa, Florida 33607
(800) 237-5055

RESPONSIBLE AGENCY

Shriners Hospital for Crippled Children.

UNITED CEREBRAL PALSY (UCP)

OVERVIEW OF PROGRAM

United Cerebral Palsy of Iowa is designed to provide information and referral services and funding for equipment or other services as appropriate.

AGE REQUIREMENTS AND ELIGIBILITY

Any person with cerebral palsy or a related condition with a limited income or special circumstances may receive services.

SERVICE(S)

UCP provides the following services:

- funding for equipment.
- referrals to appropriate agencies.

MANDATED SERVICES

Not applicable

COST

There is no cost to families. Financial assistance is provided for equipment or other services as appropriate and if available.

WHERE TO APPLY

To find the nearest UCP organization contact

United Cerebral Palsy of Iowa
#306 Shops Building, 8th and Walnut
Des Moines, IA 50309
(515) 244-0116 or 1-800-332-2454

RESPONSIBLE AGENCY

State Office — United Cerebral Palsy.

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APPENDICES

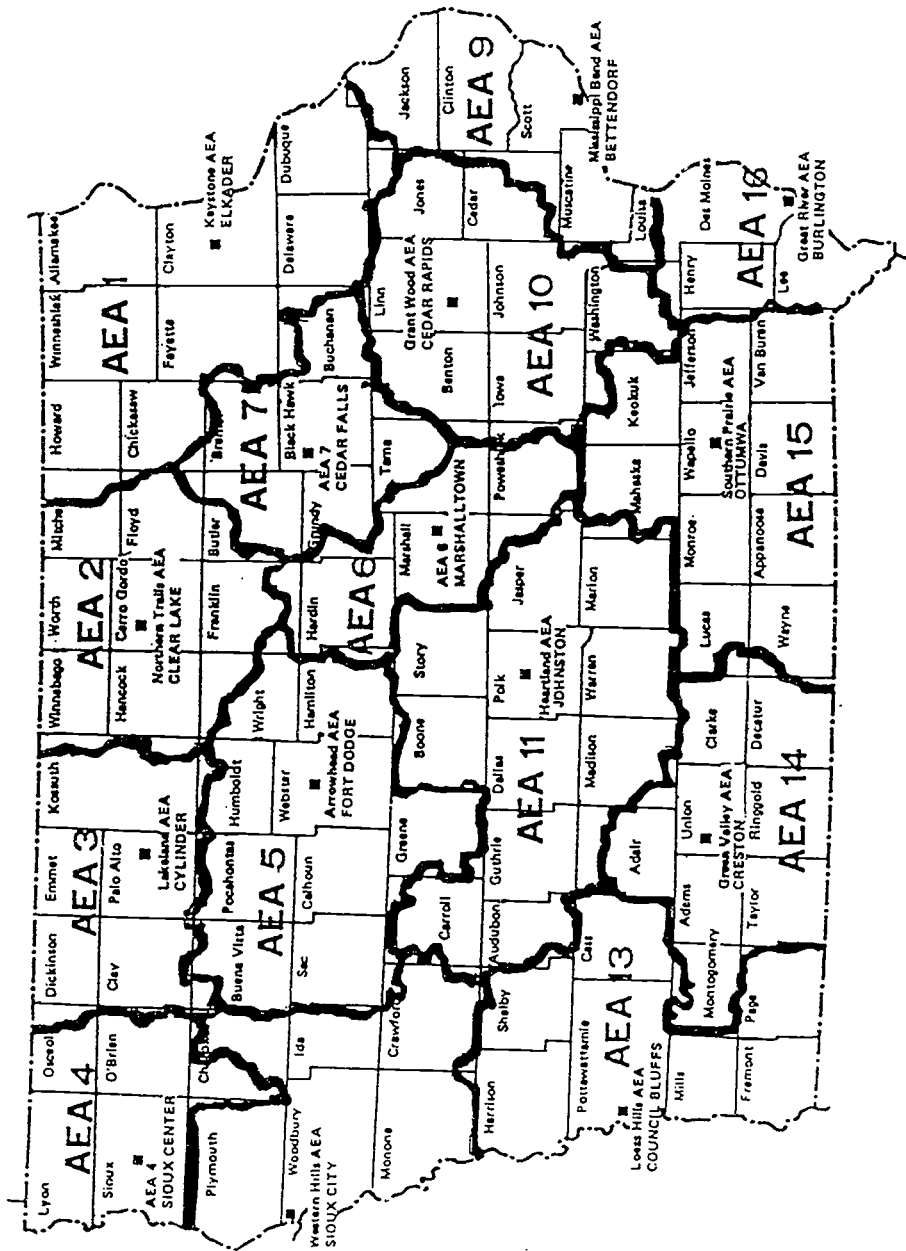
APPENDIX A

AREA EDUCATION AGENCY EARLY CHILDHOOD SPECIAL EDUCATION CONTACT PERSONS

(see map and addresses on the following pages)

APPENDIX A

Area Education Agencies



APPENDIX A

CONTACT PERSONS FOR EARLY CHILDHOOD SPECIAL EDUCATION

<u>AREA EDUCATION AGENCY 1</u> JOHN McCLOURE, Supervisor Keystone AEA 1 Route 2, Box 19 Elkader, IA 52403 (319) 245-1480 (800) 632-5918	<u>AREA EDUCATION AGENCY 5</u> GARY PETERSEN, Supervisor Arrowhead AEA 5 1235 5th Avenue, S Fort Dodge, IA 50501 (515) 576-7434	<u>AREA EDUCATION AGENCY 10</u> ANNE STEFFENSMEIR, EC Discipline Chair Grant Wood AEA 10 4401 6th Street SW Cedar Rapids, IA 52403 (319) 399-6875	<u>AREA EDUCATION AGENCY 13</u> MARK DRAPER, Administrator Loess Hills AEA 13 PO Box 1708 2600 S 9th Street Council Bluffs, IA 51502 (712) 322-7354
<u>AREA EDUCATION AGENCY 2</u> SUPERVISOR Northern Trails AEA 2 PO Box M Clear Lake, IA 50428 (515) 357-6125 (800) 392-6640	<u>AREA EDUCATION AGENCY 6</u> MARY STEVENS, Supervisor Area Education Agency 6 909 South 12th Street Marshalltown, IA 50158 (515) 753-3564	<u>AREA EDUCATION AGENCY 11</u> LINDA HOLLOWAY, Supervisor Heartland AEA 11 6500 Corporate Drive Johnston, IA 50131 (515) 270-9030 (800) 362-2720	<u>AREA EDUCATION AGENCY 14</u> HAROLD CONNOLLY, Director Green Valley AEA 14 1405 N Lincoln Creston, IA 50801 (515) 782-8443 (800) 362-1864
<u>AREA EDUCATION AGENCY 3</u> MELISSA RUCKER, Supervisor Lakeland AEA 3 Cylinder, IA 50528 (712) 424-3720 (800) 242-5100	<u>AREA EDUCATION AGENCY 7</u> RICH REBOUCHE, Principal EC Special Education 1720 Maynard Waterloo, IA 50701 (319) 232-4529	<u>AREA EDUCATION AGENCY 12</u> JUDI MARKS, Supervisor SMOUSE OPPORTUNITY CENTER 2820 Center Street Des Moines, IA 50312 (515) 277-6238	<u>AREA EDUCATION AGENCY 15</u> KARIE MARTINDALE, Supervisor Southern Prairie AEA 15 RR 5, Box 55 Ottumwa, IA 52501 (515) 682-8591 (800) 622-0027
<u>AREA EDUCATION AGENCY 4</u> ROGER HESS, Principal Area Education Agency 4 1382 4th Avenue NE Sioux Center, IA 51250 (712) 722-4372 (800) 572-5073	<u>AREA EDUCATION AGENCY 9</u> JOYCE LEAVELL, Supervisor Mississippi Bend AEA 9 729 21st Street Bettendorf, IA 52722 (319) 359-1371, ext 265	<u>AREA EDUCATION AGENCY 16</u> CHIP MARQUARD, Asst. Director Great River AEA 16 1200 University Burlington, IA 52601 (319) 753-6661 (800) 382-8970	

APPENDIX B
PARENT AND EDUCATOR COORDINATORS
for PARENT-EDUCATOR CONNECTION
(call Mountain Plains Regional Resource Center
for any updates or changes (515) 271-3936)

KEYSTONE AEA 1

Cheryl Wesle
Educator Coordinator
Keystone AEA 1
R.R. 2, Box 19
Elkader, IA 52043
(800) 632-5918
(319) 245-1484 Fax

Theresa McCabe
Parent Coordinator
Keystone AEA 1
R.R. 2, Box 19
Elkader, IA 52043
(800) 632-5918

Gloria Klinefelter
Parent Coordinator
Keystone AEA 1
1473 Central Ave
Dubuque, IA 52001
(800) 942-4668

NORTHERN TRAILS AEA 2

Roberta Kraft-Abrahamson
Educator Coordinator
Northern Trails AEA 2
P. O. Box M
Clear Lake, IA 50428
(515) 357-6125
(800) 392-6640
(515) 357-3201 Fax

Sandy Kraschel
Parent Coordinator
Northern Trails AEA 2
P. O. Box M
Clear Lake, IA 50428
(515) 357-6125 or (515) 582-3382
(800) 392-6640
(515) 357-3201 Fax

LAKELAND AEA 3

Peg Baehr
Educator Coordinator
Lakeland AEA 3
23 E. 7th Street
P.O. Box 7314
Spencer, IA 51301
(712) 262-4704
(712) 424-3314 Fax

Marcia Vrankin
Parent Coordinator
Lakeland AEA 3
23 E. 7th Street
P.O. Box 7314
Spencer, IA 51301
(712) 262-4704
(712) 424-3314 Fax

AREA EDUCATION AGENCY 4

Larry Biehl
Educator Coordinator
AEA 4
1382 4th Avenue N.E.
Sioux Center, IA 51250
(800) 572-5073
(712) 722-1643 Fax

Meg Otto
Educator Coordinator
AEA 4
1382 4th Avenue N.E.
Sioux Center, IA 51250
(800) 572-5073
(712) 722-1643 Fax

Marge Beernink
Parent Coordinator
AEA 4
1382 4th Avenue N.E.
Sioux Center, IA 51250
(800) 572-5073
(712) 722-1643 Fax

ARROWHEAD AEA 5

Connie Skibsted
Educator Coordinator
Arrowhead AEA 5
1235 5th Ave. South
Fort Dodge, IA 50501
(800) 475-2183
(515) 576-7434
(515) 576-4743 Fax

Shanda Cummins
Parent Coordinator
Arrowhead AEA 5
628 Geneseo Street
Storm Lake, IA 50588
(712) 732-2257

Steve Volkert
Parent Coordinator
Arrowhead AEA 5
628 Geneseo Street
Storm Lake, IA 50588
(712) 732-2257

AREA EDUCATION AGENCY 6

Teri Mayer
Educator Coordinator
AEA 6
909 S. 12th Street
Marshalltown, IA 50158
(515) 753-3564
(515) 752-0075 Fax

Nita Fagerlund
Parent Coordinator
AEA 6
909 S. 12th Street
Marshalltown, IA 50158
(515) 753-3564
(515) 752-0075 Fax

AREA EDUCATION AGENCY 7

Cathy Hill-King
Educator Coordinator
AEA 7
3706 Cedar Heights Dr.
Cedar Falls, IA 50613
(319) 273-8265
(319) 273-8275 Fax

Donna Hanson
Parent Coordinator
AEA 7
3706 Cedar Heights Dr.
Cedar Falls, IA 50613
(319) 273-8251
(319) 273-8275 Fax

MISSISSIPPI BEND AEA 9

Jim Kay
Educator Coordinator
Mississippi Bend AEA 9
729 21st Street
Bettendorf, IA 52722
(319) 359-1371
(319) 359-5967 Fax
(800) 947-2329
(for 319 area only)

Mardi Deluhery
Parent Coordinator
Mississippi Bend AEA 9
729 21st Street
Bettendorf, IA 52722
(319) 359-1371
(319) 359-5967 Fax
(800) 947-2329
(for 319 area only)

Kathy Anson
Parent Coordinator
Mississippi Bend AEA 9
Clinton Service Center
1421 S. Bluff
Clinton, IA 52732
(319) 242-6454

Cindy Laughead
Parent Coordinator
Mississippi Bend AEA 9
1422 Houser Street
Muscatine, IA 52761
(319) 263-8476

GRANT WOOD AEA 10

Marsha La Follette
Educator Coordinator
Grant Wood AEA 10
4401 6th St. SW
Cedar Rapids, IA 52404
(800) 332-8488
(319) 399-6457 Fax

Geri Pettitt
Parent Coordinator
Grant Wood AEA 10
4401 6th St. SW
Cedar Rapids, IA 52404
(800) 332-8488
(319) 399-6457 Fax

Susan Curtland
Parent Coordinator
Grant Wood AEA 10
4401 6th St. SW
Cedar Rapids, IA 52404
(800) 332-8488
(319) 399-6457 Fax

HEARTLAND AEA 11

Tom Burgett
Educator Coordinator
Heartland AEA 11
6500 Corporate Drive
Johnston, IA 50131
(800) 362-2720
(515) 270-9030
(515) 270-5383 Fax

Jim Doyle
Educator Coordinator
Heartland AEA 11
6500 Corporate Drive
Johnston, IA 50131
(800) 362-2720
(515) 270-9030
(515) 270-5383 Fax

Tom Mitchell
Educator Coordinator
Heartland AEA 11
1800 Grand Avenue
Des Moines, IA 50307
(515) 242-7911

Jane Guy
Parent Coordinator
R.R. 5
Newton, IA 50208
(515) 792-6614 home
(515) 792-4870 office

Tamra Cooke
Parent Coordinator
1568 Johnson
Indianola, IA 50125
(515) 961-7936

Barbara Crawford
Parent Coordinator
4506 88th Street
Urbandale, IA 50332
(515) 278-0747

Marla Lenocker
Parent Coordinator
415 1st Avenue
Audubon, IA 50025
(712) 563-2349 home
(712) 792-3102 Carroll
(712) 563-2336 Audubon

Jan Mackey
Parent Coordinator
8217 Sutton Drive
Urbandale, IA 50322
(515) 242-7556 (phone
mail)

Becky Meade
Parent Coordinator
4220 Amick
Des Moines, IA 50310
(515) 242-7556 (phone
mail)

Terry Mendell
Parent Coordinator
120 E. Ninth Street
Pella, IA 50219
(515) 628-1737 home
(515) 842-2719 office

Elizabeth Nygaard
Parent Coordinator
R.R. 4
Ames, IA 50010
(515) 292-1350 home
(515) 232-7583 office

Charlene Rejba
Parent Coordinator
465 NW 50th St. Place
Des Moines, IA 50313
(515) 244-0411 home
(515) 270-9030 office

Jo Ann Struve
Parent Coordinator
1317 NW Pebble
Ankeny, IA 50021
(515) 964-8624

Mary Watkins
Parent Coordinator
1267 16th Street
West Des Moines, IA 50265
(515) 224-0771

WESTERN HILLS AEA 12

Mark Monson
Educator Coordinator
Western Hills AEA 12
1520 Morningside Ave
Sioux City, IA 51106
(800) 352-9040
(712) 274-6014
(712) 274-6069 Fax

Linda Appleby
Parent Coordinator
Western Hills AEA 12
1520 Morningside Ave
Sioux City, IA 51106
(800) 352-9040
(712) 274-6014
(712) 274-6069 Fax

LOESS HILLS AEA 13

Jens Simonsen
Educator Coordinator
AEA Atlantic Ext. Office
510 Poplar
Atlantic, IA 50022
(712) 243-1480 or
(712) 755-3896

Cindy Miller
Parent Coordinator
AEA Atlantic Ext. Office
510 Poplar
Atlantic, IA 50022
(712) 243-1480

Betty Lusk
Parent Coordinator
907 A Chatburn
Harlan, IA 51537
(712) 755-7349 home
(712) 755-3896 work

Nancy Larson
Parent Coordinator
815 W Thomas
Shenandoah, IA 51601
(712) 246-2452 home
(712) 246-1716 AEA 13 office

GREEN VALLEY AEA 14

Harold Connolly
Educator Coordinator
Green Valley AEA 14
1405 N Lincoln
Creston, IA 50801
(800) 362-1864
(515) 782-8443
(515) 782-4298 Fax

Susie Strait
Parent Coordinator
Box 11
Corning, IA 50841
(515) 322-4489

SOUTHERN PRAIRIE AEA 15

Donald Bramschriber
Educator Coordinator
R.R. #5, Box 55
Building #40
Industrial Airport
Ottumwa, IA 52501
(800) 622-0027
(515) 682-8591 (ext. 235)
(515) 682-9083 Fax

Lisa Evans
Parent Coordinator
Mahaska Co. AEA Office
410 South 11th
Oskaloosa, IA 52577
(515) 672-2546 or
(515) 672-2547

Cindy Baker
Parent Coordinator
R.R. #5, Box 55
Building #40
Industrial Airport
Ottumwa, IA 52501
(800) 622-0027
(515) 682-8591
(515) 682-9083 Fax

GREAT RIVER AEA 16

Ron Dente
Educator Coordinator
Great River AEA 16
P.O. Box 1065
Burlington, IA 52601
(800) 382-8970
(319) 753-6561
(319) 753-1527 Fax

Cory Menke
Parent Coordinator
Great River AEA 16
P.O. Box 1065
Burlington, IA 52601
(800) 382-8970
(319) 753-6561
(319) 753-1527 Fax

STATE PARENT CONTACT

Deb Samson
Drake University/MPRRC
2507 University Avenue
Des Moines, IA 50311
(515) 271-3936
(515) 271-4185 Fax

INTERIM STATE EDUCATOR CONTACT

Karen Dykstra
Drake University/MPRRC
2507 University Avenue
Des Moines, IA 50311
(515) 271-3936
(515) 271-4185 Fax

ALLIANCE PARENT LEADERSHIP

Denny Hoyt
100 E. Euclid #127
P.O. Box 4158
Des Moines, IA 50333
(515) 280-1231

IOWA PILOT PARENTS, INC

Kris Christensen
Iowa Pilot Parents, Inc.
Box 1151
Fort Dodge, IA 50501
(515) 576-5870

PARENT PARTNERSHIP PROGRAM

Darrell Bollender
Parent Partnership Program
Iowa Child Health Specialty Clinics
239 Hospital School
Iowa City, IA 52242-1011
(319) 356-1419

IOWA PROTECTION & ADVOCACY GROUP

Denita Swenson
3015 Merle Hay Road
Suite 6
Des Moines, IA 50310
(515) 278-2502 or (515) 278-0571 (TDD)
(515) 278-0539 Fax

DEAF-BLIND ADVISORY COMMITTEE

Kathy Mosley
Parent Contact
620 Whiting Avenue
Iowa City, IA 52245
(319) 338-1332

UNIVERSITY OF IOWA HOSPITAL SCHOOL

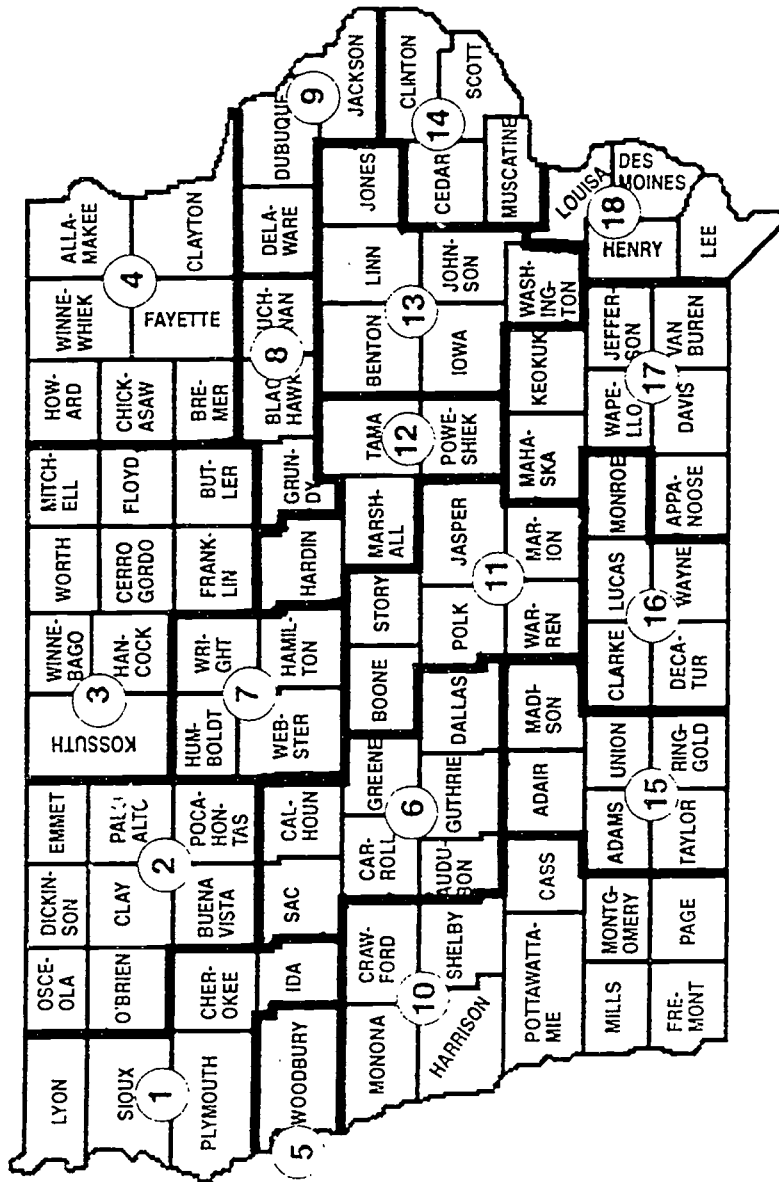
Molly Matteis
Parent-Patient Representative
Division of Developmental Disabilities
N207-Hospital School
Iowa City, IA 52242-1011
(319) 356-1419

APPENDIX C

IOWA HEAD START AREA AGENCIES (see map and addresses on the following pages)

APPENDIX C

IOWA HEAD START AREA AGENCIES



FAST COPY AVAILABLE

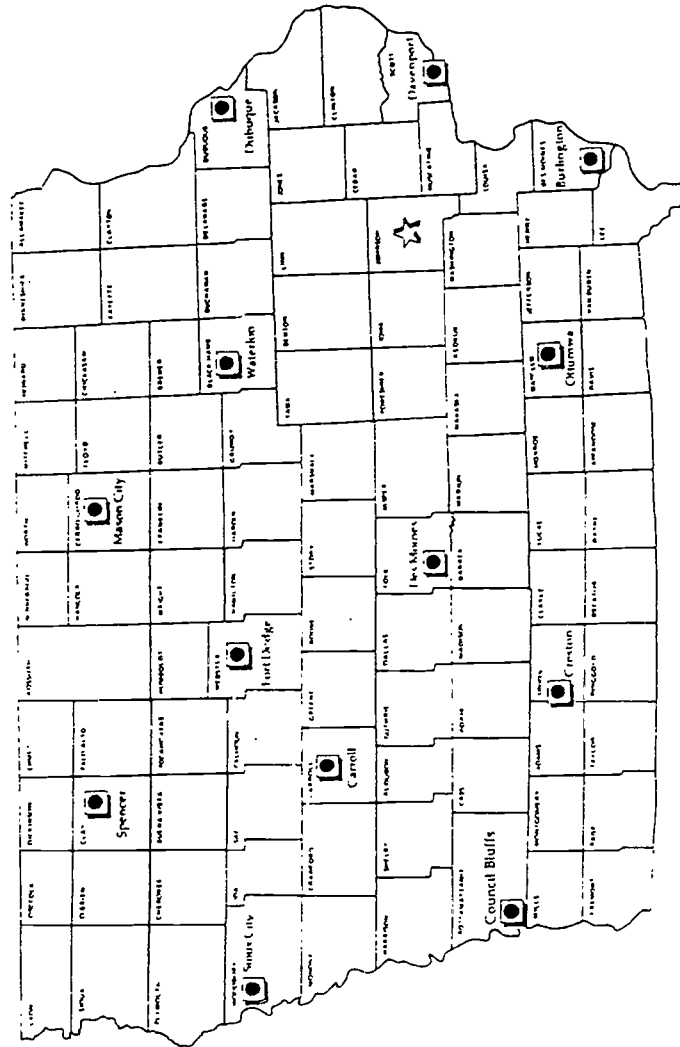
APPENDIX C

HEAD START AREA AGENCIES

- | | | |
|--|---|---|
| 1. Mid-Sioux Opportunities
418 Marion
Remsen, IA 50150
(712) 786-2001 | 7. Your Own United Resources, Inc.
829 Belle Avenue, Box 428
Webster City, IA 50595
(515) 832-6451 | 13. Hawkeye Area Comm. Act. Prog., Inc.
320 11th Ave., SE., PO Box 789
Cedar Rapids, IA 52406
(319) 366-7631 |
| 2. Upper Des Moines Opportunities
101 Robins Ave., Box 519
Graettinger, IA 51342
(712) 859-3885 | 8. Tri-County Head Start
P. O. Box 3338
Evansdale, IA 50707
(319) 235-0383 | 14. Iowa East Central Train
2804 Eastern Avenue
Davenport, IA 52803
(319) 324-3236 |
| 3. North Iowa Comm. Act. Org.
300 - 15th St., NE., Box 1627
Mason City, IA 50401
(515) 423-5406 | 9. Operation New View
1449 Central Ave., 3rd Floor
Dubuque, IA 52001
(319) 556-5130 | 15. Matura Action Corporation
203 West Adams Street
Creston, IA 50801
(515) 782-8431 |
| 4. NE Iowa Comm. Act. Org.
P. O. Box 487
Decorah, IA 52101
(319) 382-8436 | 10. W. Central Development Corp.
204 Oak St., Box 128
Moorhead, IA 51558
(712) 886-5218 | 16. S. Central Iowa Comm. Act. Agency
1403 NW Church
Leon, IA 50144
(515) 446-4155 |
| 5. Woodbury Co. Comm. Act.
2700 Leech Avenue
Sioux City, IA 51106
(712) 274-1610 | 11. Drake University Head Start
3929 Bell Aire Road
Des Moines, IA 50310
(515) 242-7553 | 17. Southern Iowa Economic Dev. Assoc.
226 W. Main, Box 658
Ottumwa, IA 52501
(515) 682-8741 |
| 6. Comm. Opportunities, Inc.
603 W. 8th Street
Carroll, IA 51401
(712) 792-9266 | 12. Mid-Iowa Comm. Act., Inc.
212 SW Ingeldue
Marshalltown, IA 50158
(515) 752-7162 | 18. SE Iowa Comm. Act. Agency
2850 Mt. Pleasant St., Suite 108
Burlington, IA 52601-2001
(319) 752-2719 |
| Iowa Department of Education
Office of Educational Services
Grimes State Office Building
Des Moines, IA 50319-0146
(515) 242-6024
Fax: (515) 242-6025 | Head Start Staff Development Ctr.
3700 South Center Street
Marshalltown, IA 50158
(515) 754-1520 | Proteus Migrant Program
P. O. Box 10385
Des Moines, IA 50313
(515) 244-1332 |

APPENDIX D

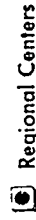
IOWA CHILD HEALTH SPECIALTY CLINICS
REGIONAL CENTER LOCATIONS



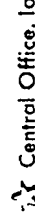
**Child Health
Specialty Clinics**

246 Hospital School
Iowa City, IA 52242-1011
Phone: (319) 356-1469
FAX: (319) 356-3715
TTD: (319) 353-6805

Families may call the
above office collect.



Regional Centers



Central Office, Iowa City

IOWA CHILD HEALTH SPECIALTY CLINICS

REGIONAL CENTER LOCATIONS

Burlington, IA 52601
Child Health Specialty
Clinics—Burlington
Mercy Professional Building
610 North Fourth
(319) 752-6313

Carroll, IA 51401
Child Health Center
603 North Adams
(712) 792-5530

Council Bluffs, IA 51503
Child Health Specialty
Clinics—SW
Jennie Edmundson Hospital
933 East Pierce
(712) 328-6798

Creston, IA 50801
Child Health Specialty
Clinics—Creston Center
1700 West Townline Road
(515) 782-6435

Davenport, IA 52804-1769
Child Health Specialty
Clinics—Davenport Center
1401 W. Central Park
(319) 383-1441

Des Moines, IA 50314
Area Comprehensive Evaluation
Service (ACES)
1111 Ninth Street, Suite 290
(515) 246-8405

Dubuque, IA 52001
Child Health Specialty
Clinics—NE Iowa Center
101 Professional Arts Building
200 Mercy Drive
(319) 589-8899

Fort Dodge, IA 50501
Specialized Child Service Center
1235 Fifth Avenue, South
(515) 955-8326

Mason City, IA 50401
Medical Evaluation Clinic for
Children of Area II (MECCA II)
910 North Eisenhower Ave.
(515) 421-5415

Ottumwa, IA 52501
District XV Specialized Child
Health Center (SCHC-XV)
317 Vanness Avenue, Room 203
(515) 682-8145

Sioux City, IA 51104
Iowa Child Health Specialty
Clinics
St. Luke's Regional Medical
Center
2720 Stone Park Boulevard
(712) 279-3411

Spencer, IA 51301
Child Health Specialty
Clinics—Spencer Center
114 East 12th Street
(712) 264-6362 or 6363

Waterloo, IA 50702
Child Health Specialty
Clinics—Waterloo
2101 Kimball Ave.
Suite 101
(319) 236-4560

APPENDIX E

ADMISSION CRITERIA FOR IOWA HIGH RISK INFANT FOLLOW-UP PROGRAM

1. Birthweight less than 1500 grams.
2. Respiratory distress syndrome (RDS) requiring mechanical ventilation for two hours or more.
3. Other forms of respiratory distress requiring mechanical ventilation for two hours or more.
4. Clinical diagnosis of CNS infection.
5. Asphyxia neonatorum as indicated by a five-minute Apgar of 6 or less.
6. Hypoglycemia as proven by two consecutive blood glucose levels of 40 mgm percent or less.
7. Neonatal seizures, as documented by physician observation with concurrence of staff neonatologist in Iowa City, or attending pediatrician in Level II centers.
8. Infants demonstrating hypotonia on discharge examination.
9. Polycythemia: Central hematocrit of 65 or higher or 60 - 64 with signs and partial exchange transfusion, with resolution of signs occurring within the first 24 hours of life.
10. Maternal substance abuse during pregnancy.
11. Other: Infants not included in criteria one through ten but felt to be at risk by attending physician(s). Examples include
 - A. Sepsis
 - B. SGA
 - C. Hyperbilirubinemia (requiring exchange transfusion)
 - D. Interventricular hemorrhage
 - E. Sibling meets criteria (from same delivery)
 - F. Intrauterine transfusion
 - G. Those who will be entering living environments which present severe psychosocial concerns.
 - H. Other:

Infants moving into Iowa from other states are accepted if one or more of the above criteria occurred within the neonatal period.

APPENDIX F

County Public Health Nursing Service and Home Care Agencies (see Chore agencies pages 177-179) and Community Services Bureau pages 180-181)

ADAIR COUNTY

Adair County Public Health Nursing Service
205A East Iowa Street
Greenfield, Iowa 50849
(515) 743-6173

ADAMS COUNTY

Family Home Care Agency
P. O. Box 368
Corning, Iowa 50841
(515) 322-3121, Ext. 261

ALLAMAKEE COUNTY

Allamakee County Public Health Nursing Service
110 Allamakee Street
Waukon, Iowa 52172
(319) 568-2451

APPANOOSE COUNTY

Appanoose County Public Health Nursing Service
Courthouse
Centerville, Iowa 52544
(515) 437-4332

AUDUBON COUNTY

Audubon County Public Health Nursing Service
318 Leroy #10
Audubon, Iowa 50025
(712) 563-2226

BENTON COUNTY

Benton County Public Health Nursing Service
502 North 9th Avenue
Vinton, Iowa 52349
(319) 472-4705

BLACK HAWK COUNTY

Black Hawk County Health Department
1407 Independence Avenue, Fifth Floor
Waterloo, Iowa 50703
(319) 291-2413

Visiting Nursing Association
2530 University Avenue
Waterloo, Iowa 50701
(319) 235-6201

BOONE COUNTY

Boone County Public Health Nursing Service
1015 Union
Boone, Iowa 50036
(515) 433-0534
(800) 395-9737

BREMER COUNTY

Bremer County Public Health Nursing Service
415 East Bremer Avenue
Waverly, Iowa 50677
(319) 352-5040 Ext. 56

BUCHANAN COUNTY

Buchanan County Public Health Nursing Service
Courthouse
210 5th Avenue NE
Independence, Iowa 50644
(319) 334-2818 or 334-2823

BUENA VISTA COUNTY

Buena Vista County Public Health Nursing Service
Courthouse
P. O. Box 663
Storm Lake, Iowa 50588
(712) 749-2548

BUTLER COUNTY

Butler County Public Health Nursing Service
Courthouse
P. O. Box 325
Allison, Iowa 50602
(319) 267-2934

CALHOUN COUNTY

Calhoun County Department of Health
515 Court Street
P. O. Box 71
Rockwell City, Iowa 50579
(712) 297-8323

CARROLL COUNTY

Carroll County Home Health Agency
311 South Clark Street
Carroll, Iowa 51401
(712) 792-8279

CASS COUNTY

Cass County Memorial Hospital
Home Health Care
1501 East 10th Street
Atlantic, Iowa 50022
(712) 243-3250 Ext. 3459

CEDAR COUNTY

Cedar County Public Health Nursing Service
Courthouse - 400 Cedar Street
Tipton, Iowa 52772
(319) 886-2226

CERRO GORDO COUNTY

Cerro Gordo County Health Department
Courthouse
220 North Washington
Mason City, Iowa 50401
(515) 421-3080

CHEROKEE COUNTY

Cherokee County Public Health Nursing Service
Courthouse
P.O. Box B
Cherokee, Iowa 51012
(712) 225-5580

CHICKASAW COUNTY

Chickasaw County Public Health Nursing Service
116 North Chestnut Avenue
P. O. Box 355
New Hampton, Iowa 50659
(515) 394-4053

CLARKE COUNTY

Clarke County Public Health Nursing Service
100 South Main
Osceola, Iowa 50213
(515) 342-3724

CLAY COUNTY

Spencer Municipal Hospital
Community Health Services
114 East 12th Street
Spencer, Iowa 51301-4330
(712) 264-6380

CLAYTON COUNTY

Clayton County Public Health Nursing Service
County Office Building
P. O. Box 522
Elkader, Iowa 52043
(319) 245-1145

CLINTON COUNTY

Visiting Nursing Association
242 North Bluff
Clinton, IA 52732
(319) 242-7165

CRAWFORD COUNTY

Crawford County Home Health Agency
Courthouse - Box 275
Denison, Iowa 51442
(712) 263-9304

DALLAS COUNTY

Dallas County Public Health Nursing Service
618 10th St.
Perry, Iowa 50220-2221
(515) 993-3750 or 465-2483

DAVIS COUNTY

Davis County Home and Community Health
105 South Pine
Bloomfield, Iowa 52537
(515) 664-3629

DECATUR COUNTY

Decatur County Public Health Nursing Service
207 North Main
Leon, Iowa 50144
(515) 446-6518

DELAWARE COUNTY

Delaware County Community Health
709 West Main Street
Manchester, Iowa 52057
(319) 927-7303

DES MOINES COUNTY

Des Moines County Public Health Department
522 North Third Street
Burlington, Iowa 52601
(319) 753-8215 or 753-8290

DICKINSON COUNTY

Dickinson Public Health Nursing Service
Dickinson County Memorial Hospital
P.O. Box AB
Spirit Lake, Iowa 51360
(712) 336-2682

DUBUQUE COUNTY

Dubuque Visiting Nurse Association
1454 Iowa
P. O. Box 359
Dubuque, Iowa 52004
(319) 556-6200

EMMET COUNTY

Emmet County Public Health Nursing Service
609 1st Avenue North
Estherville, Iowa 51334
(712) 362-2490

FAYETTE COUNTY

Fayette County Public Health Nursing Service
Courthouse
P. O. Box 516
West Union, Iowa 52175-0516
(319) 422-6061, Ext. 47

FLOYD COUNTY

Floyd County Community Nursing Service
Floyd County Memorial Hospital
800 11th Street
Charles City, Iowa 50616
(515) 223-6830

FRANKLIN COUNTY

Franklin County Public Health Nursing Service
Courthouse
P. O. Box 71
Hampton, Iowa 50441
(515) 456-5629

FREMONT COUNTY

Southwest Iowa Home Health Service
820 Illinois Street; Box 357
Sidney, Iowa 51652
(712) 374-2685

GREENE COUNTY

Greene County Medical Center
Public Health Department
1000 West Lincolnway
Jefferson, Iowa 50129
(515) 386-3228

GRUNDY COUNTY

Grundy County Public Health Nursing Service
704 1/2 H Avenue, Suite 3
Grundy Center, Iowa 50638
(319) 824-6312

GUTHRIE COUNTY

Guthrie County Public Health Nursing Service
102 South 4th Street
Guthrie Center, Iowa 50115
(515) 747-3972

HAMILTON COUNTY

Hamilton County Public Health Services
821 Seneca Street
Webster City, Iowa 50595-2228
(515) 832-9565

HANCOCK COUNTY

Hancock County Public Health Nursing Service
545 State Street
Garner, Iowa 50438
(515) 923-3676

HARDIN COUNTY

Hardin County Community Nursing Service
County Office Building
1201 14th Avenue
Eldora, Iowa 50627
(800) 859-3048 or (515) 858-3461

HARRISON COUNTY

Harrison County Home Health Agency
Courthouse
Logan, Iowa 51546
(712) 644-2220

HENRY COUNTY

Henry County Home Care
Saunders Park
Mount Pleasant, Iowa 52641
(319) 385-6785

HOWARD COUNTY

Howard County Public Health Nursing Service
327 8th Avenue West
Cresco, Iowa 52136
(319) 547-2989

HUMBOLDT COUNTY

Humboldt County Public Health Nursing Service
Courthouse
Dakota City, Iowa 50529
(515) 332-2492

IDA COUNTY

Ida County Public Health
Courthouse
Ida Grove, Iowa 51445
(712) 364-3498

IOWA COUNTY

Iowa County Health Department
Box 15A, R. R. #1
Williamsburg, Iowa 52361
(319) 668-1021

JACKSON COUNTY

Jackson County Hospital
Home & Community Health Care
700 West Grove
Maquoketa, Iowa 52060
(319) 652-2472, Ext. 346

JASPER COUNTY

Jasper County Public Health
204 North Fourth Avenue East
P. O. Box 1006
Newton, Iowa 50208
(515) 792-5086

JEFFERSON COUNTY

Jefferson County Public Health
2200 W. Jefferson
Fairfield, Iowa 52556
(515) 472-5929

JOHNSON COUNTY

Visiting Nurse Association of Johnson County
R Plaza 485 Hwy 1 West
Iowa City, Iowa 52246
(319) 337-9686

JONES COUNTY

Community Health of Jones County
104 Broadway Place
Anamosa, Iowa 52205
(319) 462-6131 ext. 332

KEOKUK COUNTY

Keokuk County Public Health Nursing Service
Courthouse
Sigourney, Iowa 52591
(515) 622-3575

KOSSUTH COUNTY

Kossuth County Public Health Agency
Courthouse Annex
109 West State Street
Algona, Iowa 50511
(515) 295-5602

LEE COUNTY

Lee County Health Department-Community Nursing
2218 Avenue H
Fort Madison, Iowa 52627
(319) 372-5225

LINN COUNTY

Visiting Nurse Association
1201 3rd Avenue SE
Cedar Rapids, Iowa 52403
(319) 369-7990

LOUISA COUNTY

Louisa County Public Health Nursing Service
407 Washington
Wapello, Iowa 52653
(319) 523-3981

LUCAS COUNTY

Lucas County Public Health Nursing Service
117 S. Grand
P. O. Box 852
Chariton, Iowa 50049
(515) 774-4312

LYON COUNTY

Health Services of Lyon County
803 S. Greene, Suite 1
Rock Rapids, Iowa 51246
(712) 472-4081

MADISON COUNTY

Earlham Home Health Care Program
602 E. Filmore
Winterset, IA 50273
(515) 462-1143

MAHASKA COUNTY

Mahaska County Public Health Nursing Service
223 1st Avenue E
Oskaloosa, Iowa 52577
(515) 673-3257

MARION COUNTY

Community Health Services of Marion County
104 South Sixth Street
Knoxville, Iowa 50138
(515) 828-2238

MARSHALL COUNTY

Marshall County Public Health Nursing Service
307 W. Main Street, Suite 108
Marshalltown, Iowa 50158
(515) 754-6353

Marshalltown Community Nursing Service
709 South Center Street
P. O. Box 1202
Marshalltown, Iowa 50158
(515) 752-4611

MILLS COUNTY

Mills County Public Health Nursing Service
107 East Fourth Street
P. O. Box 518
Malvern, Iowa 51551
(712) 624-8602

MITCHELL COUNTY

Mitchell County Home Health Care
616 North Eighth Street
Osage, Iowa 50461
(515) 732-5882

MONONA COUNTY

Monona County Public Health Nursing Service
610 Iowa Street
Onawa, Iowa 51040
(712) 423-1773

MONROE COUNTY

Monroe County Public Health Nursing Service
Courthouse
Albia, Iowa 52531
(515) 932-7191

MONTGOMERY COUNTY

Montgomery County Public Health Nursing Service
1109 Highland Avenue
Red Oak, Iowa 51566
(712) 623-4893

MUSCATINE COUNTY

Community Nursing Services of Muscatine
1609 Cedar Street
Muscatine, Iowa 52761
(319) 263-3325

O'BRIEN COUNTY

O'Brien County Public Health
Courthouse
P. O. Box 525
Primghar, Iowa 51245
(712) 757-0105

OSCEOLA COUNTY

Osceola Community Health Services
110 Cedar Lane
Sibley, Iowa 51249
(712) 754-4611

PAGE COUNTY

Page County Public Health Nursing Service
109 North Sycamore
Shenandoah, Iowa 51601
(712) 246-2223 or 542-3936 (Clarinda Courthouse)

PALO ALTO COUNTY

Palo Alto County Public Health
3201 West 1st Street
Emmetsburg, Iowa 50536
(712) 852-3522

PLYMOUTH COUNTY

Floyd Valley Community Health Services
714 Lincoln Street NE
P.O. Box 10
LeMars, Iowa 51031
(712) 546-4543

POCAHONTAS COUNTY

Pocahontas County Nursing & Health Service
Courthouse
Pocahontas, Iowa 50574
(712) 335-4142

POLK COUNTY

Visiting Nurse Services
1111 9th Street
P. O. Box 4985
Des Moines, Iowa 50306-4985
(515) 288-1516

POTTAWATTAMIE COUNTY

Visiting Nurse Association
119 S. Main, Suite 350
Council Bluffs, IA 51501
(712) 328-2636

POWESHIEK COUNTY

Home Health Department
Grinnell General Hospital
210 Fourth Avenue
Grinnell, Iowa 50112
(515) 236-2237

RINGGOLD COUNTY

Ringgold County Public Health Nursing Agency
111 South Fillmore
Mount Ayr, Iowa 50854
(515) 464-0691

SAC COUNTY

Sac County Public Health Nursing Service
Courthouse Annex
100 South State Street
Sac City, Iowa 50583
(712) 662-4785

SCOTT COUNTY

Genesis Visiting Nurse Association
P. O. Box 4346
Davenport, Iowa 52808
(319) 324-5274

SHELBY COUNTY

Myrtue Memorial Hospital Home & Public Health
1213 Garfield Avenue
Harlan, Iowa 51537
(712) 755-5161

SIoux COUNTY

Public Health-Home Care of Sioux County
211 Central Avenue SE
Orange City, Iowa 51041
(712) 737-2971

STORY COUNTY

HOMEWARD
Mary Greeley Medical Center
117 11th Street
Ames, Iowa 50010
(515) 239-6730

TAMA COUNTY

Tama County Health Service
129 West High Street
Toledo, Iowa 52342
(515) 484-4788

TAYLOR COUNTY

Taylor County Public Health Agency
Courthouse
Bedford, Iowa 50833
(712) 523-3405

UNION COUNTY

Greater Community Hospital Home Health Care
1700 West Townline Road
Creston, Iowa 50801
(515) 782-7091, Ext. 428

VAN BUREN COUNTY

Van Buren County Public Health
R. R. #2, Box 122C, Highway 1 North
Keosauqua, Iowa 52565-9691
(319) 293-3431

WAPELLO COUNTY

Wapello County Public Health Nursing Service
108 East Main
Ottumwa, Iowa 52501-2910
(515) 682-5434, Ext. 35 & 36

WARREN COUNTY

Warren County Health Service
103 W. First
P. O. Box 345
Indianola, Iowa 50125
(515) 961-1074

WASHINGTON COUNTY

Washington County Public Health
314 McCreedy Drive
Washington, Iowa 52353
(319) 653-7758

WAYNE COUNTY

Wayne County Public Health Nursing Service
417 S. East Street
P. O. Box 102
Corydon, Iowa 50060
(515) 872-1167

WEBSTER COUNTY

Webster County Public Health Nursing Service
330 1st Avenue North
Fort Dodge, IA 50501
(515) 573-4107

WINNEBAGO COUNTY

Winnebago County Public Health Nursing Service
216 South Clark Street
Forest City, Iowa 50436
(515) 582-4763

WINNESHIEK COUNTY

Winneshiek County Public Health Nursing Service
201 West Main Street
Decorah, Iowa 52101
(319) 382-4662

WOODBURY COUNTY

Siouxland District Health Department
205 Fifth Street
Sioux City, Iowa 51101
(712) 279-6119

WORTH COUNTY

Worth County Public Health
849 Central
Northwood, Iowa 50459-1519
(515) 324-1741 or 324-1165

WRIGHT COUNTY

Wright County Public Health Nursing Service
115 1st Street SE
Clarion, Iowa 50525
(515) 532-3461

CHORE AGENCIES

ADAIR COUNTY

MATURA Action Corporation
203 W. Adams
Creston, IA 50801
(515) 782-8431

BENTON COUNTY

Hawkeye Area CAP (HACAP)
5560 6th St., SW
P.O. Box 789
Cedar Rapids, IA 52406
(319) 366-7631

CALHOUN COUNTY

Calhoun County Chore Services
515 Court Street
P.O. Box 71
Rockwell City, IA 50579
(712) 297-7856

CASS COUNTY

Cass County General Assistance
Courthouse
Atlantic, IA 50022
(712) 243-4424

CEDAR COUNTY

Iowa East Central TRAIN
515 Cedar Street
Tipton, IA 52772-1738
(319) 886-3191

CHEROKEE COUNTY

Mid-Sioux Opportunity, Inc.
Cherokee County Home Care
Courthouse - Box C
Cherokee, IA 51012
(712) 225-5751

DUBUQUE COUNTY

Dubuque County Visting Nurses Association
1454 Iowa Street
P.O. Box 359
Dubuque, IA 52001
(319) 556-6200

EMMET COUNTY

ECHO Inc.
1520 6th Avenue North
Estherville, IA 51334
(712) 362-2192

HARRISON COUNTY

Harrison County Chore Program
Courthouse
Logan, IA 51546
(712) 644-3437

IDA COUNTY

Area IV Agency on Aging
508 Frances Building
Sioux City, IA 51102
(712) 279-6900

IOWA COUNTY

Hawkeye Area CAP (HACAP)
5560 6th St., SW
P.O. Box 789
Cedar Rapids, IA 52406
(319) 366-7631

JOHNSON COUNTY

Elderly Services Agency
28 South Linn
Iowa City, IA 52240
(319) 356-5215

KOSSUTH COUNTY

Kossuth County HCA Services
Courthouse Annex
Algona, IA 50511
(515) 295-7584

LINN COUNTY

Aging Services, Inc.
3100 E. Avenue NW, Suite 103
Cedar Rapids, IA 52405
(319) 398-3644

MARION COUNTY

Marion County Community Action
305 South Third
Knoxville, IA 50138
(515) 842-6571

MONONA COUNTY

Area IV Agency on Aging
508 Frances Building
Sioux City, IA 51101
(712) 279-6900

MUSCATINE COUNTY

Muscatine County Community on Aging
117 W. Third
P.O. Box 35
Muscatine, IA 52761
(319) 263-7292

O'BRIEN COUNTY

Northwest Iowa Home Health Care & Hospice
110 S. Hayes Avenue
P.O. Box 250
Primghar, IA 51245-0250
(712) 757-0060

POTTAWATTAMIE COUNTY

Senior Futures, Inc.
1129 9th Avenue
Council Bluffs, IA 51501
(712) 328-8881

SCOTT COUNTY

Center for Aging Service, Inc.
1035 W. Kimberly Road
Davenport, IA 52806
(319) 386-7477

WARREN COUNTY

Warren County Community Action
1000 W. Second Avenue
Indianola, IA 50125
(515) 961-2543

WOODBURY COUNTY

Area IV Agency on Aging
508 Frances Building
Sioux City, IA 51101
(712) 279-6900

COMMUNITY SERVICES BUREAU

Community Services Bureau
Division of Family and Community Health
Iowa Department of Public Health
321 East 12th
Lucas State Office Building
Des Moines, IA 50319-0075
(515) 281-3104

REGIONAL COUNTY OFFICES

Region #1: Public Health Consultant
P.O. Box 192
Ida Grove, IA 51445
Phone: (712) 364-2383

Region #2: Public Health Consultant
2730 Elkland Avenue
Lytton, IA 50561
Phone: (712) 466-2527

Region #3: Public Health Consultant
RR #3, P.O. Box 142
Creston, IA 50801
Phone: (515) 782-2752

Region #4: Public Health Consultant
15335 Wesley Avenue
Spirit Lake, IA 51360
Phone: (712) 336-4106

Region #5: Public Health Consultant
302 King St., P.O. Box 5
Fonda, IA 50540
Phone: (712) 288-6420

COUNTIES

Buena Vista, Cherokee,
Clay, Dickinson, Ida, Lyon,
O'Brien, Osceola, Plymouth,
Sioux, Woodbury

Audubon, Boone, Calhoun,
Carroll, Crawford, Dallas,
Greene, Guthrie, Harrison,
Monona, Sac, Shelby

Adair, Adams, Cass,
Fremont, Mills, Montgomery,
Page, Pottawattamie,
Ringgold, Taylor, Union

Cerro Gordo, Chickasaw,
Emmet, Floyd, Hancock,
Howard, Kosciusko, Mitchell,
Palo Alto, Winnebago, Worth

Butler, Franklin, Hamilton,
Hardin, Humboldt, Marshall,
Pocahontas, Story, Webster,
Wright

- | | | |
|-------------------|--|---|
| Region #6: | Public Health Consultant
321 N. Kossuth
Osceola, IA 50213
Phone: (515) 342-2043 | Appanoose, Clarke, Decatur,
Jasper, Lucas, Madison,
Marion, Monroe, Polk, Warren,
Wayne |
| Region #7: | Public Health Consultant
P.O. Box 236
Independence, IA 50644
Phone: (319) 334-2861 | Allamakee, Black Hawk, Bremer
Buchanan, Clayton, Delaware,
Dubuque, Fayette, Grundy,
Jackson, Winneshiek |
| Region #8: | Public Health Consultant
P.O. Box 511
New Sharon, IA 50207-0511
Phone: (515) 637-4382 | Benton, Cedar, Clinton, Iowa,
Johnson, Jones, Linn, Mahaska,
Poweshiek, Scott, Tama |
| Region #9: | Public Health Consultant
R.R. #2, Box 133
Keosauqua, IA 52565
Phone: (319) 293-3236 | Davis, Des Moines, Henry,
Jefferson, Keokuk, Lee, Louisa,
Muscatine, Van Buren, Wapello,
Washington |

APPENDIX G

MATERNAL CHILD HEALTH (MCH) FEDERAL POVERTY GUIDELINES

Eligibility for subsidized care is based upon annual family income and family size. Following are the income guidelines for MCH effective April 1, 1994.

Family Size	100% Poverty	133% Poverty	150% Poverty	185% Poverty	250% Poverty	300% Poverty
1	\$7,360	\$9,789	\$11,040	\$13,616	\$18,400	\$22,080
2	9,840	13,087	14,760	18,204	24,600	29,520
3	12,320	16,386	18,480	22,792	30,800	36,960
4	14,800	19,684	22,200	27,380	37,000	44,400
5	17,280	22,982	25,920	31,968	43,200	51,840
6	19,760	26,281	29,640	36,556	49,400	59,280
7	22,240	29,579	33,360	41,144	55,600	66,720
8	24,720	32,878	37,080	45,732	61,800	74,160

For family units with more than 8 members, add \$2,480 for each additional member over 100% poverty.

APPENDIX H

LOCATION OF CHILD HEALTH SERVICES AND LOCATION OF MATERNAL HEALTH SERVICES (see map and addresses on the following pages)

APPENDIX H

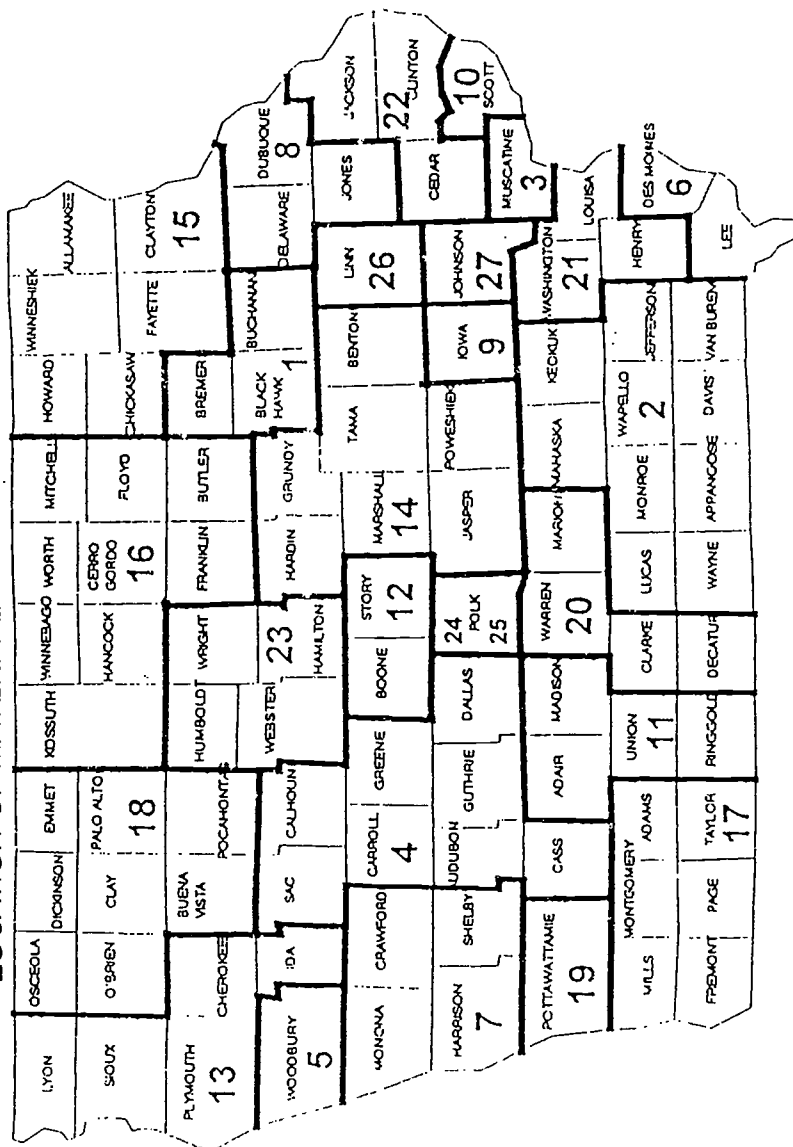
LOCATION OF CHILD HEALTH SERVICES

1. American Home Finding Family Health Center
317 Vanness Avenue
Ottumwa, IA 52501
(515) 682-8784 / (800) 452-1098
 2. Anamosa Community Hospital
Comm. Health of Jones County
104 Broadway Place
Anamosa, IA 52205
(319) 462-6131 ext. 332
 3. Bl. Hk. Co. Child Health Center
403 Sycamore, Suite 3
Waterloo, IA 50703
(319) 291-2732
 4. Community Health Care, Inc.
428 Western Avenue
Davenport, IA 52801
(319) 322-1311
 5. Community Medical Services
1616 Cedar Street, 2nd Floor
Muscatine, IA 52761
(319) 263-0122
 6. Community Opportunities
603 W. 8th Street
Carroll, IA 51401
(712) 792-9266 / (800) 642-6330
 7. Des Moines Co. Health Dept.
522 N. 3rd Street
Burlington, IA 52601
(319) 753-8700 / (800) 244-7302
 8. Dubuque Visiting Nurse Assoc.
1454 Iowa Street, Box 359
Dubuque, IA 52001
(319) 556-5200
 9. HCMS Family Health Services
Courthouse
Logan, IA 51546
(712) 644-3436
 10. Iowa County Health Department
R.R. # 1; Box 15A
Williamsburg, IA 52361
(319) 668-1021
 11. Johnson Co. Child Health Center
1105 Gilbert Court
Iowa City, IA 52240
(319) 356-6045
 12. MATURE Action Corporation
203 W. Adams Street
Creston, IA 50801
(515) 782-8431
 13. Mid-Iowa Community Action, Inc.
212 W. Ingelduie
Marshalltown, IA 50158
(515) 752-7162
Story County (515) 232-9020
 14. Mid-Sioux Community Action
418 Marion
Remsen, IA 51050
(712) 788-2001 / (800) 859-2025
 15. Mother-Child Wellness Program
Doctors Park South
412 E. Church Street
Marshalltown, IA 50158
(515) 752-1524
 16. NE Iowa Maternal Child Health
County Office Bldg., Box 522
Elkader, IA 52043
(319) 245-1145
 17. North Iowa Comm. Action Prog.
300 - 15th St. NE; Box 1627
Mason City, IA 50401
(515) 423-5406 / (800) 657-5856
 18. Taylor County PHN Services
Courthouse
Bedford, IA 50833
(712) 523-3405
 19. Upper Des Moines Opportunities
101 Robbins Ave., Box 519
Graettinger, IA 51342
(712) 859-3885
 20. Mid-Iowa Community Action, Inc.
212 W. Ingelduie
Marshalltown, IA 50158
(515) 752-7162
Story County (515) 232-9020
 21. VNA of Council Bluffs
119 S. Main, Suite 350
Council Bluffs, IA 51503
(712) 328-2636
 22. Warren PHN Services
103 W. 1st Street; Box 345
Indianola, IA 50125
(515) 961-1074
 23. Washington County PHNS
314 McCreedy Drive
Washington, IA 52353
(319) 653-7758
 24. Siouzland Comm. Health Center
1709 Pierre Street
Sioux City, IA 51105-1198
(712) 252-2477
 25. Webster County Public Health
330 First Avenue North
Fort Dodge, IA 50501
(515) 573-4107
 26. Your Own United Resources, Inc.
829 Belle Ave., Box 428
Webster City, IA 50895
(515) 832-6451 / (800) 658-3067
- FUNDED BY OTHER SERVICES**
27. Broadlawn Medical Center
18th & Hickman Road
Des Moines, IA 50314
(515) 282-2331
 28. Des Moines Health Center
1111 Ninth Street, Suite 190
Des Moines, IA 50314
(515) 244-9136
 29. Visiting Nurse Services
P. O. Box 4985
Des Moines, IA 50306-4985
(515) 288-1516

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LOCATION OF MATERNAL HEALTH SERVICES



APPENDIX H

LOCATION OF MATERNAL HEALTH SERVICES

1. Allen Women's Health Center
233 Vold
Waterloo, IA 50703
(319) 235-5090
2. American Home Finding
Family Health Center
317 Vaunes Avenue
Ottumwa, IA 52501
(515) 682-8784/(800) 452-1098
3. Community Medical Services
1616 Cedar St., 2nd Floor
Muscatine, IA 52761
(319) 263-0122
4. Community Opportunities
603 W. 8th Street
Carroll, IA 51401
(712) 792-9266/(800) 642-6330
5. Crittenton Center
1105 - 28th Street
Sioux City, IA 51104
(712) 255-4321
6. Des Moines Co. Health Dept.
522 N. 3rd Street
Burlington, IA 52601
(319) 753-8700/(800) 244-7302
7. HCMS Family Health Services
Courthouse
Logan, IA 51546
(712) 644-3436
8. Hillcrest-Mercy Maternal Hlth Clinic
102 Professional Arts, Mercy Dr.
Dubuque, IA 52001
(319) 689-8595
9. Iowa Co. Health Department
R. R. # 1; Box 15A
Williamsburg, IA 52361
(319) 668-1021
10. Maternal Health Center
852 Middle Road, # 11369
Bettendorf, IA 52772
(319) 369-6633
11. MATURA Action Corporation
203 W. Adams Street
Creston, IA 50801
(515) 782-8431
12. Mid-Iowa Community Action
212 West Ingledue
Marshalltown, IA 50801
(515) 762-7162
Story Co. (515) 232-9020
13. Mid-Sioux Opportunity, Inc.
418 Marion
Remsen, IA 51050
(712) 786-2001/(800) 859-2025
14. Mother Child Wellness Program
Doctors Park South
412 East Church Street
Marshalltown, IA 50168
(515) 762-1624
15. NE Iowa Maternal Child Health
County Office Bldg., Box 522
Elkader, IA 52043
(319) 245-1145
16. North Iowa Comm. Action Prog.
300 - 16th Street NE
Mason City, IA 50401
(515) 423-5044/(800) 657-5856
17. Taylor County PHN Service
Courthouse
Bedford, IA 50833
(712) 523-3405
18. Upper Des Moines Opportunities
101 Robbins Ave., Box 519
Graettinger, IA 51342
(712) 859-3885
19. VNA of Council Bluffs
119 S. Main, Suite 350
Council Bluffs, IA 51503
(712) 328-2636
20. Warren County PHN Services
103 W. 1st Street, Box 345
Indianola, IA 50125
(515) 961-1074
21. Washington County PHN Services
314 McCreedy Drive
Washington, IA 52353
(319) 653-7758
22. Women's Health Service
215 - 6th Avenue South
Clinton, IA 52732
(319) 243-1413
23. Your Own United Resources, Inc.
829 Belle Ave., Box 428
Webster City, IA 50596
(515) 832-6451/(800) 658-3987

FUNDED UNDER SPECIAL PROJECTS

24. Visiting Nurse Service
P. O. Box 4985
Des Moines, IA 50306-4985
(515) 288-1616

FUNDED BY OTHER SOURCES

25. Broadlawn Medical Center
Obstetrics Clinic
18th and Hickman
Des Moines, IA 50314
(515) 282-2228
26. St. Luke's Methodist Hospital
Family Health Center
855 A Avenue NE
Cedar Rapids, IA 52402
(319) 369-7397
27. University of Iowa Hospital & Clinics
Dept. of Obstetric & Gynecology
4 Boyd Tower
Iowa City, IA 52242-1080
(319) 366-2294

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APPENDIX I

WOMEN, INFANTS AND CHILDREN COMMON FACTORS WHICH PRODUCE NUTRITIONAL RISK

TABLE 1

Abnormal Growth

- weight or height < 5th or > 95th percentile
- inadequate gestational weight gain
- birth weight < 2500 grams

Low Hematocrit

- < 33% -- pregnant women, children 2-5 years
- < 36% -- breast feeding women
- < 33% -- 6 - 12 months infant
- < 34% -- 1 - 5 years of age child

Health Conditions

- previous reproductive history of high parity, toxemia, premature delivery, multiple birth (at conception) age < 18 or > 35
- chronic conditions, as diagnosed by a physician, which are influenced by inappropriate diet, e.g., hypertension, diabetes, renal disease, and malabsorption.

Abnormal Dietary Pattern

- inadequate intake of foods
- excessive alcohol intake
- pica

Eligibility for the program is determined every 6 months for children.

APPENDIX J

WOMEN, INFANT AND CHILDREN (WIC) FEDERAL POVERTY GUIDELINES

Women who are pregnant and those who have a child under five years of age may receive nutritious foods such as milk, eggs, cereal, juice and infant formula at no cost through the Iowa WIC Program. They will also receive nutritional advice from trained professionals. A call to 1-800-532-1579, toll free, will make an appointment. At a local clinic, their gross income will be compared with the guidelines below, and they will have a simple health exam.

Family Size:	1	2	3	4	5	6	7
Gross Annual Income:	\$13,616	\$18,204	\$22,792	\$27,380	\$31,968	\$36,556	\$41,144
Gross Monthly Income:	1,135	1,517	1,900	2,282	2,664	3,047	3,429

The Special Supplemental Food Program for Women, Infants and Children (WIC) is open to all eligible persons. Persons seeking to file discrimination complaints based on race, color, national origin, age, sex or handicap may write to the Secretary of Agriculture, Washington, D.C., 20250.

APPENDIX K

WOMEN, INFANT AND CHILDREN (WIC)

AGENCY LOCATIONS

October 1, 1993

AGENCY NAME/ADDRESS

BROADLAWNS MEDICAL CENTER
1801 Hickman Road
Des Moines, IA 50314

COMMUNITY OPPORTUNITIES
603 West 8th Street
Carroll, IA 51401

HAWKEYE AREA COMMUNITY
ACTION PROGRAM
5560 6th St., SW
P.O. Box 789
Cedar Rapids, IA 52406

HILLCREST FAMILY SERVICES
2005 Asbury Road
Box 1160
Dubuque, IA 52001

JOHNSON COUNTY PUBLIC HEALTH
1105 Gilbert Court
Health Center
Iowa City, IA 52240

MATERNAL HEALTH CENTER
Bettendorf Bank Building
4th Floor, Suite 400
852 Middle Road
Bettendorf, IA 52722

MATURA ACTION CORPORATION
203 West Adams
Creston, IA 50801

AGENCY NAME/ADDRESS

NORTH IOWA COMMUNITY ACTION
202 1st Street SE
P.O. Box 1627
Mason City, IA 50402

NE IOWA COMMUNITY ACTION
305 Montgomery
P.O. Box 487
Decorah, IA 52101

OPERATION THRESHOLD
300 West 3rd Street
Waterloo, IA 50701

POTTAWATTAMIE COUNTY
Courthouse Annex
223 South 6th Street
Council Bluffs, IA 51501

SE IOWA COMMUNITY ACTION
2850 Mt. Pleasant Street
Suite 108
Burlington, IA 52601

UPPER DES MOINES OPPORTUNITY
101 Robbins Avenue
P. O. Box 519
Graettinger, IA 51342

WEST CENTRAL DEVELOPMENT
1108 8th Street
Box 709
Harlan, IA 51537

AGENCY NAME/ADDRESS

MID-IOWA COMMUNITY ACTION
212 West Ingledue
Marshalltown, IA 50158

MID-SIOUX OPPORTUNITIES
418 Madison Street
Remsen, IA 51050

AMERICAN HOME FINDING
217 East 5th
Ottumwa, IA 52501

AGENCY NAME/ADDRESS

WOODBURY COUNTY COMM. ACTION
2700 Leech #101
Sioux City, IA 51106

YOUR OWN UNITED RESOURCES, INC
829 Bell Avenue
Box 428
Webster City, IA 50595

APPENDIX L

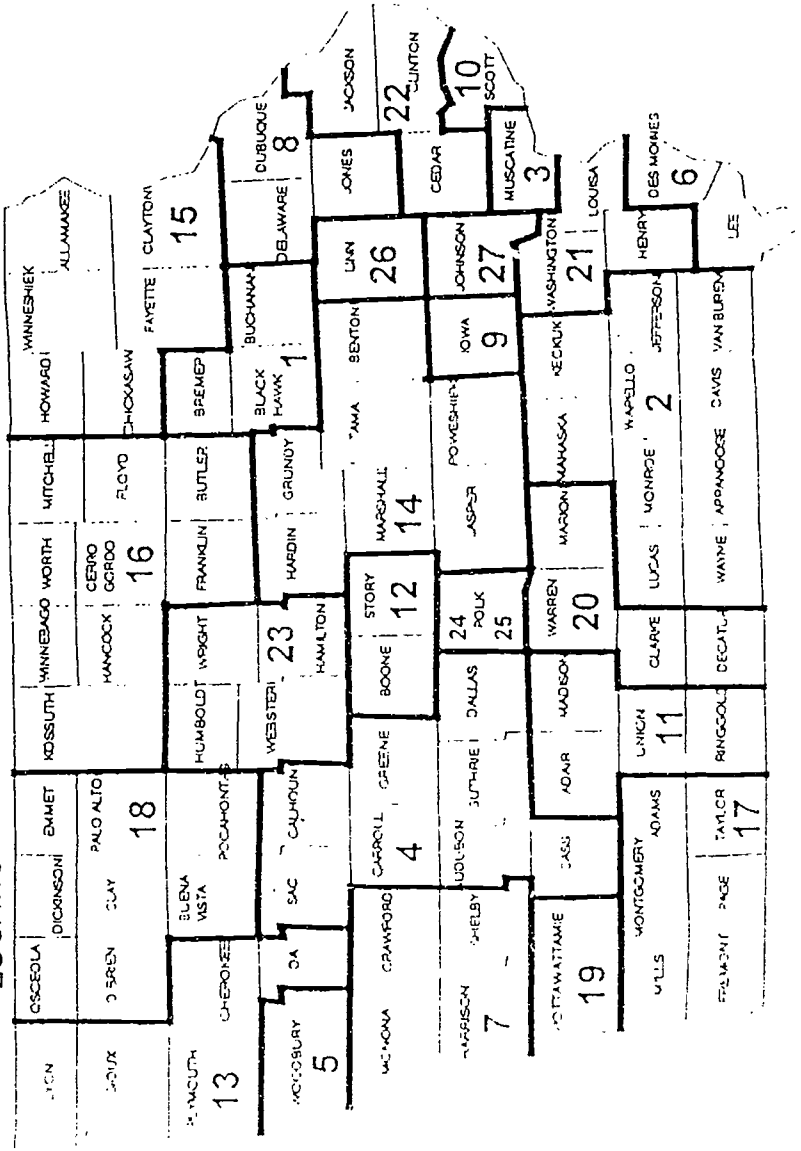
DEPARTMENT OF HUMAN SERVICES COUNTY OFFICES

(CB = Council Bluffs, CR = Cedar Rapids, DM = Des Moines)
(SC = Sioux City, WAT = Waterloo)

<u>COUNTY/#</u>	<u>Office Address/Phone</u>
<u>ADAIR COUNTY / 01</u> (CB Region) (Union Cluster)	132 S.E. Court Drive Greenfield, IA 50849 (515) 743-2119
<u>ADAMS COUNTY / 02</u> (CB Region) (Union Cluster)	Courthouse Corning, IA 50841 (515) 322-4031
<u>ALLAMAKEE COUNTY / 03</u> (WAT Region) (Winnesheik Cluster)	Courthouse Waukon, IA 52172 (319) 568-4583
<u>APPANOOSE COUNTY / 04</u> (CR Region) (Appanoose Cluster)	209 East Jackson P.O. Box 488 Centerville, IA 52544 (515) 437-4450
<u>AUDUBON COUNTY / 05</u> (CB Region) (Carroll Cluster)	Courthouse 318 Leroy Street #3 Audubon, IA 50025-1255 (712) 563-4259
<u>BENTON COUNTY / 06</u> (CR Region) (Benton Cluster)	114 East Fourth Street P.O. Box 454 Vinton, IA 52349 (319) 472-4746
<u>BLACK HAWK COUNTY / 07</u> (WAT Region) (Black Hawk Cluster)	1407 Independence P.O. Box 7500 Waterloo, IA 50704-7500 (319) 291-2441
<u>BOONE COUNTY / 08</u> (DM Region) (Boone Cluster)	900 West Mamie Eisenhower Boone, IA 50036 (515) 433-0593
<u>BREMER COUNTY / 09</u> (WAT Region) (Butler Cluster)	1803 Horton Road Waverly, IA 50677 (319) 352-4233

<u>COUNTY/#</u>	<u>Office Address/Phone</u>
<u>BUCHANAN COUNTY / 10</u> (WAT Region) (Buchanan Cluster)	1413 First Street, West P.O. Box 408 Independence, IA 50644 (319) 334-6091
<u>BUENA VISTA COUNTY / 11</u> (SC Region) (Buena Vista Cluster)	311 East Fifth Street Storm Lake, IA 50588 (712) 749-2536
<u>BUTLER COUNTY / 12</u> (WAT Region) (Butler Cluster)	315 North Main P.O. Box 306 Allison, IA 50602 (319) 267-2594
<u>CALHOUN COUNTY / 13</u> (SC Region) (Webster Cluster)	515 Court Street P.O. Box 71 Rockwell City, IA 50579 (712) 297-8524
<u>CARROLL COUNTY / 14</u> (CB Region) (Carroll Cluster)	515 North Main Street Carroll, IA 51401-2346 (712) 792-4391
<u>CASS COUNTY / 15</u> (CB Region) (Cass Cluster)	Courthouse Atlantic, IA 50022 (712) 243-4401
<u>Cedar County / 16</u> (CR Region) (Muscatine Cluster)	101 Lynn Street Tipton, IA 52772 (319) 886-6036
<u>CERRO GORDO COUNTY / 17</u> (WAT Region) (Cerro Gordo Cluster)	Mohawk Square 22 North Georgia Avenue Mason City, IA 50401 (515) 424-8641
<u>CHEROKEE COUNTY / 18</u> (SC Region) (Sioux City Cluster)	239 W. Maple Street Cherokee, IA 51012 (712) 225-2588
<u>CHICKASAW COUNTY / 19</u> (WAT Region) (Floyd Cluster)	910 East Main Street New Hampton, IA 50659 (515) 394-4315

LOCATION OF MATERNAL HEALTH SERVICES



APPENDIX H

LOCATION OF MATERNAL HEALTH SERVICES

1. Allen Women's Health Center
233 Vold
Waterloo, IA 50703
(319) 235-5090
2. American Home Finding
Family Health Center
317 Vanness Avenue
Ottumwa, IA 52501
(515) 682-8784 / (800) 452-1098
3. Community Medical Services
1616 Cedar St., 2nd Floor
Muscatine, IA 52761
(319) 263-0122
4. Community Opportunities
603 W 8th Street
Carroll, IA 51401
(712) 792-9286 / (600) 642-6330
5. Crittenton Center
1105 - 28th Street
Sioux City, IA 51104
(712) 255-4321
6. Des Moines Co. Health Dept.
622 N. 3rd Street
Burlington, IA 52601
(319) 753-8700 / (800) 244-7302
7. HCMS Family Health Services
Courthouse
Logan, IA 51546
(712) 644-3436
8. Hillcrest-Mercy Maternal Hlth Clinic
102 Professional Arts, Mercy Dr.
Dubuque, IA 52001
(319) 689-8595
9. Iowa Co. Health Department
R. R. # 1; Box 15A
Williamsburg, IA 52361
(319) 668-1021
10. Maternal Health Center
852 Middle Road, # 11369
Bettendorf, IA 52772
(319) 359-6633
11. MATURA Action Corporation
203 W. Adams Street
Creston, IA 50801
(515) 782-8431
12. Mid-Iowa Community Action
212 West Ingleduc
Marshalltown, IA 50601
(515) 752-7162
Story Co. (515) 232-9020
13. Mid-Sioux Opportunity, Inc.
418 Marion
Remson, IA 51050
(712) 786-2001 / (800) 859-2025
14. Mother Child Wellness Program
Doctors Park South
412 East Church Street
Marshalltown, IA 50158
(515) 752-1524
15. NE Iowa Maternal Child Health
County Office Bldg., Box 522
Elkader, IA 52043
(319) 245-1145
16. North Iowa Comm. Action Prog.
300 - 15th Street NE
Mason City, IA 50401
(515) 423-5044 / (900) 657-5856
17. Taylor County PHN Service
Courthouse
Bedford, IA 50833
(712) 523-3405
18. Upper Des Moines Opportunities
101 Robbins Ave., Box 519
Gracettinger, IA 51342
(712) 859-3885
19. VNA of Council Bluffs
119 S. Main, Suite 360
Council Bluffs, IA 51503
(712) 328-2636
20. Warren County PHN Services
103 W. 1st Street, Box 346
Indianola, IA 50125
(515) 961-1074
21. Washington County PHN Services
314 McCreedy Drive
Washington, IA 52353
(319) 653-7768
22. Women's Health Service
215 - 6th Avenue South
Clinton, IA 52732
(319) 243-1413
23. Your Own United Resources, Inc.
829 Belle Ave., Box 428
Webster City, IA 50595
(515) 832-6451 / (800) 658-3087

FUNDED UNDER SPECIAL PROJECTS

24. Visiting Nurse Service
P. O. Box 4985
Des Moines, IA 50306-4985
(515) 288-1516

FUNDED BY OTHER SOURCES

25. Broadlawn Medical Center
Obstetrics Clinic
18th and Hickman
Des Moines, IA 50314
(515) 282-2228
26. St. Luke's Methodist Hospital
Family Health Center
865 A Avenue NE
Cedar Rapids, IA 52402
(319) 568-7397
27. University of Iowa Hospital & Clinics
Dept. of Obstetric & Gynecology
4 Boyd Tower
Iowa City, IA 52242-1080
(319) 356-2294

APPENDIX I
WOMEN, INFANTS AND CHILDREN
COMMON FACTORS WHICH PRODUCE NUTRITIONAL RISK

TABLE 1

Abnormal Growth

- weight or height < 5th or > 95th percentile
- inadequate gestational weight gain
- birth weight < 2500 grams

Low Hematocrit

- < 33% -- pregnant women, children 2-5 years
- < 36% -- breast feeding women
- < 33% -- 6 - 12 months infant
- < 34% -- 1 - 5 years of age child

Health Conditions

- previous reproductive history of high parity, toxemia, premature delivery, multiple birth (at conception) age < 18 or > 35
- chronic conditions, as diagnosed by a physician, which are influenced by inappropriate diet, e.g., hypertension, diabetes, renal disease, and malabsorption.

Abnormal Dietary Pattern

- inadequate intake of foods
- excessive alcohol intake
- pica

Eligibility for the program is determined every 6 months for children.

APPENDIX J

WOMEN, INFANT AND CHILDREN (WIC) FEDERAL POVERTY GUIDELINES

Women who are pregnant and those who have a child under five years of age may receive nutritious foods such as milk, eggs, cereal, juice and infant formula at no cost through the Iowa WIC Program. They will also receive nutritional advice from trained professionals. A call to 1-800-532-1579, toll free, will make an appointment. At a local clinic, their gross income will be compared with the guidelines below, and they will have a simple health exam.

Family Size:	1	2	3	4	5	6	7
Gross Annual Income:	\$13,616	\$18,204	\$22,792	\$27,380	\$31,968	\$36,556	\$41,144
Gross Monthly Income:	1,135	1,517	1,900	2,282	2,664	3,047	3,429

The Special Supplemental Food Program for Women, Infants and Children (WIC) is open to all eligible persons. Persons seeking to file discrimination complaints based on race, color, national origin, age, sex or handicap may write to the Secretary of Agriculture, Washington, D.C., 20250.

APPENDIX K

WOMEN, INFANT AND CHILDREN (WIC)

AGENCY LOCATIONS

October 1, 1993

AGENCY NAME/ADDRESS

BROADLAWNS MEDICAL CENTER
1801 Hickman Road
Des Moines, IA 50314

COMMUNITY OPPORTUNITIES

603 West 8th Street
Carroll, IA 51401

HAWKEYE AREA COMMUNITY ACTION PROGRAM

5560 6th St., SW
P.O. Box 789
Cedar Rapids, IA 52406

HILLCREST FAMILY SERVICES

2005 Asbury Road
Box 1160
Dubuque, IA 52001

JOHNSON COUNTY PUBLIC HEALTH

1105 Gilbert Court
Health Center
Iowa City, IA 52240

MATERNAL HEALTH CENTER..

Bettendorf Bank Building
4th Floor, Suite 400
852 Middle Road
Bettendorf, IA 52722

MATURA ACTION CORPORATION

203 West Adams
Creston, IA 50801

AGENCY NAME/ADDRESS

NORTH IOWA COMMUNITY ACTION
202 1st Street SE
P.O. Box 1627
Mason City, IA 50402

NE IOWA COMMUNITY ACTION

305 Montgomery
P.O. Box 487
Decorah, IA 52101

OPERATION THRESHOLD

300 West 3rd Street
Waterloo, IA 50701

POTTAWATTAMIE COUNTY

Courthouse Annex
223 South 6th Street
Council Bluffs, IA 51501

SE IOWA COMMUNITY ACTION

2850 Mt. Pleasant Street
Suite 108
Burlington, IA 52601

UPPER DES MOINES OPPORTUNITY

101 Robbins Avenue
P. O. Box 519
Graettinger, IA 51342

WEST CENTRAL DEVELOPMENT

1108 8th Street
Box 709
Harlan, IA 51537

AGENCY NAME/ADDRESS

MID-IOWA COMMUNITY ACTION
212 West Ingledue
Marshalltown, IA 50158

MID-SIOUX OPPORTUNITIES
418 Madison Street
Remsen, IA 51050

AMERICAN HOME FINDING
217 East 5th
Ottumwa, IA 52501

AGENCY NAME/ADDRESS

WOODBURY COUNTY COMM. ACTION
2700 Leech #101
Sioux City, IA 51106

YOUR OWN UNITED RESOURCES, INC
829 Bell Avenue
Box 428
Webster City, IA 50595

APPENDIX L

DEPARTMENT OF HUMAN SERVICES COUNTY OFFICES

(CB = Council Bluffs, CR = Cedar Rapids, DM = Des Moines)
(SC = Sioux City, WAT = Waterloo)

<u>COUNTY/#</u>	<u>Office Address/Phone</u>
<u>ADAIR COUNTY / 01</u> (CB Region) (Union Cluster)	132 S.E. Court Drive Greenfield, IA 50849 (515) 743-2119
<u>ADAMS COUNTY / 02</u> (CB Region) (Union Cluster)	Courthouse Corning, IA 50841 (515) 322-4031
<u>ALLAMAKEE COUNTY / 03</u> (WAT Region) (Winneshiek Cluster)	Courthouse Waukon, IA 52172 (319) 568-4583
<u>APPANOOSE COUNTY / 04</u> (CR Region) (Appanoose Cluster)	209 East Jackson P.O. Box 488 Centerville, IA 52544 (515) 437-4450
<u>AUDUBON COUNTY / 05</u> (CB Region) (Carroll Cluster)	Courthouse 318 Leroy Street #3 Audubon, IA 50025-1255 (712) 563-4259
<u>BENTON COUNTY / 06</u> (CR Region) (Benton Cluster)	114 East Fourth Street P.O. Box 454 Vinton, IA 52349 (319) 472-4746
<u>BLACK HAWK COUNTY / 07</u> (WAT Region) (Black Hawk Cluster)	1407 Independence P.O. Box 7500 Waterloo, IA 50704-7500 (319) 291-2441
<u>BOONE COUNTY / 08</u> (DM Region) (Boone Cluster)	900 West Mamie Eisenhower Boone, IA 50036 (515) 433-0593
<u>BREMER COUNTY / 09</u> (WAT Region) (Butler Cluster)	1803 Horton Road Waverly, IA 50677 (319) 352-4233

<u>COUNTY/#</u>	<u>Office Address/Phone</u>
<u>BUCHANAN COUNTY / 10</u> (WAT Region) (Buchanan Cluster)	1413 First Street, West P.O. Box 408 Independence, IA 50644 (319) 334-6091
<u>BUENA VISTA COUNTY / 11</u> (SC Region) (Buena Vista Cluster)	311 East Fifth Street Storm Lake, IA 50588 (712) 749-2536
<u>BUTLER COUNTY / 12</u> (WAT Region) (Butler Cluster)	315 North Main P.O. Box 306 Allison, IA 50602 (319) 267-2594
<u>CALHOUN COUNTY / 13</u> (SC Region) (Webster Cluster)	515 Court Street P.O. Box 71 Rockwell City, IA 50579 (712) 297-8524
<u>CARROLL COUNTY / 14</u> (CB Region) (Carroll Cluster)	515 North Main Street Carroll, IA 51401-2346 (712) 792-4391
<u>CASS COUNTY / 15</u> (CB Region) (Cass Cluster)	Courthouse Atlantic, IA 50022 (712) 243-4401
<u>CEDAR COUNTY / 16</u> (CR Region) (Muscatine Cluster)	101 Lynn Street Tipton, IA 52772 (319) 886-6036
<u>CERRO GORDO COUNTY / 17</u> (WAT Region) (Cerro Gordo Cluster)	Mohawk Square 22 North Georgia Avenue Mason City, IA 50401 (515) 424-8641
<u>CHEROKEE COUNTY / 18</u> (SC Region) (Sioux City Cluster)	239 W. Maple Street Cherokee, IA 51012 (712) 225-2588
<u>CHICKASAW COUNTY / 19</u> (WAT Region) (Floyd Cluster)	910 East Main Street New Hampton, IA 50659 (515) 394-4315

COUNTY/#

Office Address/Phone

CLARKE COUNTY / 20

(CB Region)
(Decatur Cluster)

115 N. Main
P.O. Box 377
Osceola, IA 50213
(515) 342-6516

CLAY COUNTY / 21

(SC Region)
(Clay Cluster)

215 W. Fourth Street
P.O. Box 3077
Spencer, IA 51301
(712) 262-3586

CLAYTON COUNTY / 22

(WAT Region)
(Winneshiek Cluster)

Clayton County Office Building
429 High Street, N.E.
Elkader, IA 52043
(319) 245-1766

CLINTON COUNTY / 23

(CR Region)
(Clinton Cluster)

P.O. Box 1180
121 Sixth Avenue S
Clinton, IA 52732
(319) 242-0573

CRAWFORD COUNTY / 24

(SC Region)
(Buena Vista Cluster)

107 South Main Street
Denison, IA 51442
(712) 263-5668

DALLAS COUNTY / 25

(DM Region)
(Boone Cluster)

121 North Ninth
P.O. Box 8
Adel, IA 50003
(515) 993-5817
(800) 397-3232

DAVIS COUNTY / 26

(CR Region)
(Appanoose Cluster)

203 South Madison
P.O. Box 107
Bloomfield, IA 52537
(515) 664-2239

DECATUR COUNTY / 27

(CB Region)
(Decatur Cluster)

210 North Main Street
Leon, IA 50144
(515) 446-4312

DELAWARE COUNTY / 28

(WAT Region)
(Buchanan Cluster)

721 South Fifth Street
P. O. Box 500
Manchester, IA 52057
(319) 927-4512

DES MOINES COUNTY / 29

(CR Region)
(Des Moines Cluster)

409 North Fourth
Burlington, IA 52601
(319) 754-4622

<u>COUNTY/#</u>	<u>Office Address/Phone</u>
<u>DICKINSON COUNTY / 30</u> (SC Region) (Clay Cluster)	1510 B-C Hill Avenue Spirit Lake, IA 51360 (712) 336-2555
<u>DUBUQUE COUNTY / 31</u> (WAT Region) (Dubuque Cluster)	Town Clock Plaza Nesler Centre, Suite 410 Box 87 Dubuque, IA 52001 (319) 557-8251
<u>EMMET COUNTY / 32</u> (SC Region) (Kossuth Cluster)	220 South First Street Estherville, IA 51334 (712) 362-7237
<u>FAYETTE COUNTY / 33</u> (WAT Region) (Buchanan Cluster)	129 A North Vine P. O. Box 476 West Union, IA 52175 (319) 422-5634
<u>FLOYD COUNTY / 34</u> (WAT Region) (Floyd Cluster)	1206 South Main P. O. Box 158 Charles City, IA 50616 (515) 228-5713
<u>FRANKLIN COUNTY / 35</u> (WAT Region) (Butler Cluster)	19 Second Avenue, N.W. P.O. Box 58 Hampton, IA 50441 (515) 456-4763
<u>FREMONT COUNTY / 36</u> (CB Region) (Page Cluster)	414 Clay Street P.O. Box 419 Sidney, IA 51652 (712) 374-2512
<u>GREENE COUNTY / 37</u> (CB Region) (Carroll Cluster)	Courthouse 114 North Chestnut Jefferson, IA 50129-2144 (515) 386-2143
<u>GRUNDY COUNTY / 38</u> (Less-than-full-time office) (WAT Region) (Butler Cluster)	315 North Main P.O. Box 306 Allison, IA 50602 (319) 267-2594

COUNTY/#

Office Address/Phone

GUTHRIE COUNTY / 39

(CB Region)
(Carroll Cluster)

Courthouse
200 North 5th Street
Guthrie Center, IA 50115-1331
(515) 747-2293

HAMILTON COUNTY / 40

(SC Region)
(Webster Cluster)

2300 Superior Street
Webster City, IA 50595-3191
(515) 832-9555

HANCOCK COUNTY / 41

(WAT Region)
(Cerro Gordo Cluster)

120 E. Eighth Street
Courthouse Annex
Garner, IA 50438
(515) 923-3758

HARDIN COUNTY / 42

(DM Region)
(Marshall Cluster)

County Office Building
Eldora, IA 50627
(515) 858-3461

HARRISON COUNTY / 43

(CB Region)
(Harrison Cluster)

204 East 6th Street
P.O. Box 189
Logan, IA 51546
(712) 644-2460

HENRY COUNTY / 44

(CR Region)
(Des Moines Cluster)

202 North Jackson
Mt. Pleasant, IA 52641
(319) 986-5157

HOWARD COUNTY / 45

(WAT Region)
(Winneshieki Cluster)

205 East Second Street
Cresco, IA 52136
(319) 547-2860

HUMBOLDT COUNTY / 46

(SC Region)
(Hamilton Cluster)

Courthouse
Dakota City, IA 50529
(515) 332-3383

Mailing Address:

P.O. Box 656
Humboldt, IA 50548

IDA COUNTY / 47

(SC Region)
(Buena Vista Cluster)

Courthouse
Ida Grove, IA 51445
(712) 364-2631

IOWA COUNTY / 48

(CR Region)
(Benton Cluster)

1061 Court Avenue
Box 147
Marengo, IA 52301
(319) 642-5573

<u>COUNTY/#</u>	<u>Office Address/Phone</u>
<u>JACKSON COUNTY / 49</u> (CR Region) (Clinton Cluster)	700 West Quarry P.O. Box 1134 Maquoketa, IA 52060 (319) 652-4000
<u>JASPER COUNTY / 50</u> (DM Region) (Jasper Cluster)	Midtown Office Building Fifth Floor Newton, IA 50208 (515) 792-1955
<u>JEFFERSON COUNTY / 51</u> (CR Region) (Jefferson Cluster)	51 West Hempstead P. O. Box 987 Fairfield, IA 52556 (515) 472-5011
<u>JOHNSON COUNTY / 52</u> (CR Region) (Johnson Cluster)	911 North Governor Iowa City, IA 52245 (319) 356-6050
<u>JONES COUNTY / 53</u> (CR Region) (Linn Cluster)	Jones County Courthouse Anamosa, IA 52205 (319) 462-3557
<u>KEOKUK COUNTY / 54</u> (CR Region) (Jefferson Cluster)	Route 1 P. O. Box 308 Sigourney, IA 52591 (515) 622-2090
<u>KOSSUTH COUNTY / 55</u> (SC Region) (Kossuth Cluster)	109 West State Street Algona, IA 50511 (515) 295-7771
<u>LEE - North - COUNTY / 56</u> (CR Region) (Lee Cluster)	933 Avenue H P.O. Box 188 Fort Madison, IA 52627 (319) 372-3651
<u>LEE - South - COUNTY / 56</u> (CR Region) (Lee Cluster)	307 Bank Street P.O. Box 937 Keokuk, IA 52632 (319) 524-1052

COUNTY/#

Office Address/Phone

LINN COUNTY / 57

(CR Region)
(Linn Cluster)

Service Unit

411 Third Street - SE
Suite 400
Cedar Rapids, IA 52401
(319) 398-3950

Income Maintenance Unit

411 Third Street - SE
Suite 300
Cedar Rapids, IA 52401
(319) 398-3525

LOUISA COUNTY / 58

(CR Region)
(Des Moines Cluster)

317 Van Buren
Wapello, IA 52653
(319) 523-6351

LUCAS COUNTY / 59

(CR Region)
(Appanoose Cluster)

125 South Grand
P.O. Box 735
Chariton, IA 50049
(515) 774-5071

LYON COUNTY / 60

(SC Region)
(Sioux Cluster)

803 S. Greene, Suite 2
Rock Rapids, IA 51246
(712) 472-3743

MADISON COUNTY / 61

(DM Region)
(Warren Cluster)

110 West Green Street
Winterset, IA 50273
(515) 462-2931

MAHASKA COUNTY / 62

(CR Region)
(Wapello Cluster)

Hartland Square Mall
1703 Third Avenue, East
P.O. Box 290
Oskaloosa, IA 52577
(515) 673-3496

MARION COUNTY / 63

(DM Region)
(Newton Cluster)

Old Highway 92 East
Knoxville, IA 50138
(515) 842-5087

MARSHALL COUNTY / 64

(DM Region)
(Marshall Cluster)

206 West State Street
Marshalltown, IA 50158
(515) 752-6741

MILLS COUNTY / 65

(CB Region)
(Cass Cluster)

711 South Vine Street
P.O. Box 469
Glenwood, IA 51534
(712) 527-4803

<u>COUNTY/#</u>	<u>Office Address/Phone</u>
<u>MITCHELL COUNTY / 66</u> (less-than-full-time-office) (WAT Region) (Charles City Cluster)	1206 South Main P.O. Box 158 Charles City, IA 50616 (515) 228-5713
<u>MONONA COUNTY / 67</u> (CB Region) (Logan Cluster)	Courthouse 610 Iowa Ave., Box 58 Onawa, IA 51040 (712) 423-1921
<u>MONROE COUNTY / 68</u> (CR Region) (Centerville Cluster)	103 South Clinton P.O. Box 176 Albia, IA 52531 (515) 932-5187
<u>MONTGOMERY COUNTY / 69</u> (CB Region) (Cass Cluster)	1109 Highland Ave. P.O. Box 525 Red Oak, IA 51566 (712) 623-4838
<u>MUSCATINE COUNTY / 70</u> (CR Region) (Muscatine Cluster)	120 East 3rd Street 4th Floor Muscatine, IA 52761 (319) 263-9302
<u>O'BRIEN COUNTY / 71</u> (SC Region) (Clay Cluster)	160 Second Street, SE P.O. Box 400 Primghar, IA 51245 (712) 757-5135
<u>OSCEOLA COUNTY / 72</u> (SC Region) (Clay Cluster)	230 Ninth Street Sibley, IA 51249 (712) 754-3622
<u>PAGE COUNTY / 73</u> (CB Region) (Page Cluster)	121 South 15th, Suite C P.O. Box 178 Clarinda, IA 51632 (712) 542-5111
<u>PALO ALTO COUNTY / 74</u> (SC Region) (Kossuth Cluster)	2105 Main Emmetsburg, IA 50536 (712) 852-3523
<u>PLYMOUTH COUNTY / 75</u> (SC Region) (Sioux Cluster)	19 Second Avenue, NW LeMars, IA 51031 (712) 546-8877

<u>COUNTY/#</u>	<u>Office Address/Phone</u>
<u>POCAHONTAS COUNTY / 76</u> (SC Region) (Webster Cluster)	23 Third Avenue, NE P.O. Box F Pocahontas, IA 50574 (712) 335-3565
<u>POLK COUNTY / 77</u> (DM Region)	<u>Administrative Offices</u> City View Plaza 1200 University Avenue Des Moines, IA 50314-2330 (515) 283-9238
-- Central	1900 Carpenter Des Moines, IA 50314-1309 (515) 286-3555
-- East	1740 Garfield Des Moines, IA 50316-2646 (515) 286-3270
-- Pioneer Columbus	2100 SE Fifth Des Moines, IA 50215-1552 (515) 288-9333
<u>POTTAWATTAMIE COUNTY / 78</u> (CB Region) (Pottawattamie Cluster)	417 E. Kanesville Blvd. Council Bluffs, IA 51503 (712) 328-5648
<u>POWESHIEK COUNTY / 79</u> (CR Region) (Benton Cluster)	819 Commercial Box 449 Grinnell, IA 50112 (515) 236-3149
<u>RINGGOLD COUNTY / 80</u> (CB Region) (Decatur Cluster)	Courthouse Mount Ayr, IA 50854 (515) 464-2247
<u>SAC COUNTY / 81</u> (SC Region) (Buena Vista Cluster)	116 South State Street Sac City, IA 50583 (712) 662-4782
<u>SCOTT COUNTY / 82</u> (CR Region) (Scott Cluster)	428 Western Avenue Second Floor Davenport, IA 52801 (319) 326-8680

COUNTY/#

Office Address/Phone

SHELBY COUNTY / 83

(CB Region)
(Harrison Cluster)

807 Court Street
P.O. Box 126
Harlan, IA 51537
(712) 755-3145

SIOUX COUNTY / 84

(SC Region)
(Sioux Cluster)

Location:
Mail Only:

215 Central Avenue, SE
P.O. Box 270
Orange City, IA 51041
(712) 737-2943

STORY COUNTY / 85

(DM Region)
(Story Cluster)

134 Dotson Drive
Ames, IA 50014
(515) 292-2035

Service Unit:

113 Colorado Jct.
Ames, IA 50014
(515) 292-2336

TAMA COUNTY / 86

(CR Region)
(Benton Cluster)

129 West High Street
Toledo, IA 52342
(515) 484-3406

TAYLOR COUNTY / 87

(CB Region)
(Page Cluster)

309 Main
Bedford, IA 50833
(712) 523-2129

UNION COUNTY / 88

(CB Region)
(Union Cluster)

Courthouse
Creston, IA 50801
(515) 782-2173

VAN BUREN COUNTY / 89

(CR Region)
(Lee Cluster)

Courthouse
Box 458
Keosauqua, IA 52565
(319) 293-3791

WAPELLO COUNTY / 90

(CR Region)
(Wapello Cluster)

120 East Main
Ottumwa, IA 52501
(515) 682-8793
(515) 682-2546

WARREN COUNTY / 91

(DM Region)
(Warren Cluster)

901 East Iowa
P.O. Box 729
Indianola, IA 50125
(515) 961-5353

COUNTY/#

Office Address/Phone

WASHINGTON COUNTY / 92

(CR Region)
(Jefferson Cluster)

108 West Jefferson
P.O. Box 519
Washington, IA 52353
(319) 653-7752

WAYNE COUNTY / 93

(CB Region)
(Decatur Cluster)

117 West Jackson
P.O. Box 465
Corydon, IA 50060
(515) 872-1820

WEBSTER COUNTY / 94

(SC Region)
(Webster Cluster)

24 North Ninth Street
P.O. Box 837
Fort Dodge, IA 50501
(515) 955-6353

WINNEBAGO COUNTY / 95

(WAT Region)
(Cerro Gordo Cluster)

216 South Clark
Forest City, IA 50436
(515) 582-3271

WINNESHIEK COUNTY / 96

(WAT Region)
(Winneshiek Cluster)

305 Montgomery Street
P.O. Box 286
Decorah, IA 52101
(319) 382-2928

WOODBURY COUNTY / 97

(SC Region)
(Woodbury Cluster)

Trospar-Hoyt County Services Bldg.
822 Douglas Street
Sioux City, IA 51101-1024
(712) 255-0833

WORTH COUNTY / 98

(less-than-full-time-office)
(WAT Region)
(Cerro Gordo Cluster)

22 North Georgia Avenue
Mason City, IA 50401
(515) 424-8641

WRIGHT COUNTY / 99

(SC Region)
(Hamilton Cluster)

115 First Street, SE
P.O. Box 346
Clarion, IA 50525
(515) 532-6645

APPENDIX M

EPSDT *Care for Kids*

SCREENING SCHEDULE

<u>CHILD'S AGE</u>	<u>RECOMMENDED AGES FOR SCREENING</u>
0 to 12 months	*2- 3 days, 1, 2, 4, 6, 9, 12 months
13 to 24 months	15, 18, 24 months
3 to 6 years	3, 4, 5, 6 years
7 to 14 years	8, 10, 12, 14 years
15 to 20 years	16, 18, 20 years

* For newborns discharged within 24 hours or less after delivery

Sixty (60) days before the recommended ages for screening, a family with an eligible child will receive a notice that screening should be done. Families with a child who has just been determined Medicaid-eligible will immediately receive a notice that screening is to be done. After the initial notice, they will receive additional notices 60 days before the next recommended screening. Inter-periodic screens or screens at times other than the recommended ages may be requested by families or professionals serving the child. The inter-periodic screen is an allowable EPSDT *Care for Kids* service.

APPENDIX N

DEFINITIONS OF LONG TERM CARE FACILITIES LEVEL OF CARE

Medicare-Certified Skilled Nursing Facility (SNF) — means a certified institution providing services that are ordered by a physician and that require the skills of technical or professional personnel such as registered nurses, licensed practical (vocational) nurses, physical therapists, occupational therapists, and speech pathologists or audiologists. The services must be needed on a daily basis and be furnished directly by, or under the supervision of, the aforementioned personnel. [CFR 409.31]

Nursing Facility (NF) — means an institution or distinct part of an institution housing three or more individuals not related to the administrator or owner within the third degree of consanguinity, which is primarily engaged in providing health related care and services, including rehabilitative services, but which is not engaged primarily in providing treatment or care for mental illness or mental retardation, for a period exceeding twenty-four consecutive hours for individuals who, because of a mental or physical condition, require nursing care and other services in addition to room and board. [Code of Iowa, Chapter 135C.1 (12)]

Intermediate Care Facility for the Mentally Retarded (ICF - MR) — means an institution or distinct part of an institution with a primary purpose to provide health or rehabilitative services to three or more individuals, who primarily have mental retardation or a related condition and who are not related to the administrator or owner within the third degree of consanguinity, and which meets the requirements of the state and federal standards for intermediate care facilities for the mentally retarded established pursuant to the federal Social Security Act. [Code of Iowa, Chapter 135C.1 (8)]

APPENDIX O

SOCIAL SECURITY ADMINISTRATION IOWA-DISTRICT/BRANCH OFFICE LOCATION

<u>ADDRESS</u>	<u>GENERAL OFFICE NUMBER</u>	<u>COUNTIES SERVED</u>
600 5th St., Ste 100 Ames, IA 50010-6005	(515) 233-5017 Fax: (515) 223-2487	Boone, Story
3012 Division St. Burlington, IA 52601	(319) 752-6321 Fax: (319) 752-4619	Des Moines, Henry, Lee, Louisa
715 N. Clark St. P.O. Box 158 Carroll, IA 51401	(712) 792-9000 Fax: (712) 792-6460	Audubon, Carroll, Crawford, Greene, Guthrie, Shelby
1241 Park Place, N.E. Cedar Rapids, IA 52402	(319) 393-0045 Fax: (319) 393-7094	Benton, Iowa, Jones, Linn
226 4th Ave., South Clinton, IA 52732	(319) 243-5002 Fax: (319) 242-3705	Clinton
103 North Ave., Ste 8 Drawer 396 Council Bluffs, IA 51502	(712) 328-0854	Fremont, Harrison, Mills, Pottawattamie
213 N. Elm St. P.O. Box 106 Creston, IA 50801	(515) 782-7263 Fax: (515) 782-4783	Adair, Adams, Cass, Clarke, Decatur, Madison, Montgomery, Page, Ringgold, Taylor, Union
Federal Bldg., Rm 114 131 E. 4th St. Davenport, IA 52801	(319) 326-1621 Fax: (319) 326-1157	Cedar, Muscatine, Scott
915 Short St. Decorah, IA 52101	(319) 382-2924 Fax: (319) 382-8186	Allamakee, Chickasaw, Howard, Winneshiek
Federal Bldg., Rm 293 210 Walnut St. Des Moines, IA 50309	(515) 284-4734 Fax: (515) 243-8461	Dallas, Polk, Warren
Post Office Bldg., Rm 332 350 W. 6th St. P.O. Box 818 Dubuque, IA 52001	(319) 582-3626 Fax: (319) 582-4933	Clayton, Delaware, Dubuque, Jackson
2nd Ave. S. & 8th St P.O. Box 997 Fort Dodge, IA 50501	(515) 576-5185 Fax: (515) 576-7517	Calhoun, Hamilton, Humboldt, Kossuth, Pocahontas, Webster, Wright

ADDRESS**GENERAL OFFICE NUMBER****COUNTIES SERVED**

400 S. Clinton
P.O. Box 2630
Iowa City, IA 52242

(319) 338-9461
Fax: (319) 338-0615

Johnson, Washington

202 W. State St.
P.O. Box 477
Marshalltown, IA 50158

(515) 752-6376
Fax: (515) 752-7311

Jasper, Marshall,
Poweshiek, Tama

208 N. Adams St.
Mason City, IA 50401

(515) 423-4325
Fax: (515) 423-0820

Cerro Gordo, Floyd,
Franklin, Hancock,
Mitchell, Winnebago, Worth

301 1/2 High Ave., East
Oskaloosa, IA 52577

(515) 673-8681
Fax: (515) 673-0229

Keokuk, Mahaska, Marion

1301 N. Elm St.
Ottumwa, IA 52501

(515) 682-8501
Fax: (515) 682-4125

Appanoose, Davis, Jefferson,
Lucas, Monroe, Van Buren,
Wapello, Wayne

Rm 107 Federal Bldg.
320 6th St.
P.O. Box 113
Sioux City, IA 51102

(712) 255-5525
Fax: (712) 255-2394

IA: Lyon, Monona, Plymouth
Sioux, Woodbury
NE: Dakota, Dixon, Thurston
SD: Union

SW Plaza
304 1/2 11th St., SW Plaza
P.O. Box 3088
Spencer, IA 51301

(712) 262-5350
Fax: (712) 262-7254

Clay, Dickinson, Emmet,
O'Brien, Osceola, Palo Alto

609 Flindt Drive
P.O. Box 1267
Storm Lake, IA 50588

(712) 732-1095
Fax: (712) 732-5775

Buena Vista, Cherokee, Ida,
Sac

904 W. 4th
Waterloo, IA 50702

(319) 234-1554
Fax: (319) 234-9916

Black Hawk, Bremer,
Buchanan, Butler, Fayette,
Grundy, Hardin

APPENDIX P

MEDICALLY NEEDED INCOME GUIDELINES

Resources

If an applicant's Medically Needed eligibility relates to the Family Investment Program (FIP) Program or the Child Medical Assistance Program (CMAP), resources may not exceed \$10,000. Countable resources for FIP-related or CMAP-related persons include but are not limited to the following monetary resources: cash, checking accounts, savings accounts, stocks, bonds or certificates of deposit. Qualifying Medicaid trusts shall be considered toward the \$10,000 resource limit for FIP and CMAP-related individuals. Internal Revenue Service defined retirement plans, i.e. IRAs, Keough Plans, are excluded.

If an applicant's Medically Needed eligibility relates to the Supplemental Security Income (SSI) Program, resources may not exceed \$10,000. Countable resources for SSI-related individuals are things owned, such as real estate not used as the applicant's residence, personal property, savings and checking accounts, cash, or stocks and bonds. The value of your car and any life insurance policies are considered in determining the amount of your resources. Qualifying Medicaid trusts shall be considered toward the resource limit for SSI-related individuals.

Income

The earned and unearned income of all responsible relatives (parents, stepparents) and of all other potentially eligible family members is counted. FIP income policies are used if a person would be eligible for FIP or Child Medical Assistance except for income or resources. SSI income policies are used if the person would be eligible for SSI except for income or resources.

Medically Needed Income Level

The Medically Needed Income Level is based on 133% of the FIP payment based on family size.

Number of Persons	Medically Needed Income Level
1	\$ 483 per month
2	483 per month
3	566 per month
4	666 per month
5	733 per month
6	816 per month
7	891 per month
8	975 per month
9	1058 per month
10	1158 per month

For each additional person add \$116. (Income levels may change yearly.)

If one's total net countable income is equal to or less than the Medically Needy Income Level (MNIL), members of the family who are Medically Needy are eligible to qualify for Medicaid.

If one's total net countable income exceeds the total MNIL, members of the family who are Medically Needy eligible may still qualify for Medicaid through the Medically Needy program if there are medical bills which reduce one's income down to the Medically Needy Income Level. This is called a **spenddown** or deductible.

APPENDIX Q
CHILD CARE ASSISTANCE
INCOME GUIDELINES

Monthly Gross Income
for Determining Eligibility

	Column A (100%)	Column B (155%)
1 member	\$ 614	\$ 952
2 members	820	1,271
3 members	1,027	1,591
4 members	1,234	1,912
5 members	1,440	2,233
6 members	1,647	2,552
7 members	1,854	2,873
8 members	2,060	3,193
9 members	2,267	3,513
10 members	2,473	3,764

For Column A, add \$207 for each additional person over 10 members.
 For Column B, add \$78 for each additional person over 10 members.

APPENDIX R

PRIVATE INSURANCE CHECKLIST FOR FAMILIES

In-patient Hospital Coverage

1. What services are covered?
2. Are there any co-payments?
3. Are there deductibles?
4. Are there any prior authorization (pre-approval) procedures to be followed for needed services not usually covered?
5. How many days in the hospital are covered?
6. Will exceptions be made to the policy if services are deemed necessary by the primary physician?
7. Are there any pre-existing condition clauses limiting coverage?

Out-patient Services and Home Care Coverage

1. What types of providers' services will be covered?
2. How many hours?
3. How many visits? How is "visit" defined?
4. Is there a minimum or maximum number of hours or dollars in these areas?
5. Are there restrictions regarding home care such as (a) registered nurse only/registered nurse only at eight-hour shifts or (b) Medicare-certified home health agency only?
6. Must home care coverage start within a designated number of days of hospital discharge and be completed within so many days? Will this be covered 100 percent? What are the co-insurance requirements?
7. What is the family deductible per calendar year?
8. What has been paid by your family toward your calendar year deductible as of the present date?

9. Is there an 80/20 co-insurance requirement up to a specified dollar amount per calendar year, after which the insurer covers 100 percent of the charges or costs? What is the dollar amount?
10. Is there a lifetime maximum? Does this include hospital coverage or only out-patient services, home care nursing services, etc.?
11. What has been expended to date toward that lifetime maximum?
12. Is there major medical coverage?
13. What services are included in the major medical coverage?
14. Is there a preferred provider option? Are there exceptions to using the preferred provider?
15. Does this policy contain a catastrophic illness clause?
16. Are there any exclusionary clauses (e.g., experimental drugs or treatments, tests)?
17. Can you purchase a supplementary benefits package? Can this include services which are not currently covered?
18. Are the following services covered under your current policy, or can they be purchased under a supplemental policy or policies?
 - a. adaptive equipment: prone standers ____ corner tables ____
specialized car seats ____ bath aids ____ van adaptation ____
 - b. medications ____ tracheostomy tubes ____
gastrostomy tube ____ feeding bags ____
 - c. wheelchairs ____ how often can they be replaced _____
 - d. corrective shoes ____
 - e. eyeglasses ____ lens replacement ____
 - f. specialized orthodontia ____
 - g. braces ____
 - h. prosthetic devices ____
 - i. respite care ____
 - j. genetic services ____

- i. respite care ____
 - j. genetic services ____
 - k. hospice ____
 - l. speech, language and hearing ____ physical therapy ____
occupational therapy ____
 - m. mental health services ____
 - n. homemaker/home health aide ____
 - o. attendant services ____
 - p. nutrition services ____
 - q. rehabilitation services ____
 - r. infant stimulation programs ____
 - s. counseling programs: parents ____ peers ____ patient ____
 - t. case management ____
 - u. durable medical equipment ____ ventilators ____
suctioning ____ I.V. stands ____ air compressors ____
feeding pumps ____
19. How does the insurance policy define and how does the company determine what is
- a. usual and customary?
 - b. experimental?
 - c. therapeutic?
 - d. custodial?
 - e. medically necessary?

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APPENDIX S

EVALUATION OF HEALTH MAINTENANCE ORGANIZATIONS

A Checklist for Families

In addition to the questions listed in Appendix A, these questions should be asked of the HMO:

1.
 - a. What are the procedures and restrictions on obtaining referrals to specialty providers affiliated with the HMO?
 - b. What are the procedures and restrictions on obtaining referrals to specialty providers not affiliated with the HMO?
 - c. Are subscribers usually granted their requests for referrals?
 - d. How long does it take to get a decision on a request for a referral?
 - e. Who must approve referrals?
 - f. How are denials of referrals appealed?
2. Are all the providers listed on the HMO roster available to all subscribers? If not, what are the restrictions?
3.
 - a. Does the HMO have contracts with hospital(s)?
 - b. Which HMO physicians have staff privileges at which of these hospitals?
4. If a subscriber selects a primary care physician who is with a particular clinic or individual practice association, will a subscriber be restricted to specialists who are members of that clinic or individuals practice association?
5. Do any of the primary care physicians refuse or prefer not to care for children with disabilities?
6. Will the primary care provider assigned to a child be a pediatrician?
7. What is the procedure for changing the primary care physician?
8. Do the specialists affiliated with the HMO have training and experience in treating children?

9. What suppliers of durable medical equipment or orthotics does the HMO use? Are subscribers free to select any of these suppliers? Which suppliers have experience in serving children?
10. Are there restrictions on coverage of physical, occupational or speech therapy?
11. Are there restrictions on coverage of mental health services?
12. Are there restrictions on the length of time for which mental health services will be authorized?
13. What preventive services does the HMO offer and at what cost to subscribers?
14. What financial incentives (bonuses, penalties) are used to encourage physicians to control utilization and cost of services?
15. Will the HMO pay for a second opinion from a physician not affiliated with the HMO?
16. Does the HMO have an internal grievance procedure? If so, how does it work and who makes decisions on grievances?
17. Does the HMO exclude coverage of services that might be provided to children under a special education program? Are such services covered if the child is not eligible for a special education program?
18. Are mental health services available from providers with expertise in servicing children?
19. What does the HMO consider a reasonable distance to travel to see a provider? Will the HMO make referrals to out-of-plan providers if no HMO provider is geographically accessible?
20. Is the HMO financially solvent? (Your insurance commissioner's office may have this information about the financial status of the HMO.)

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APPENDIX T
CARING PROGRAM
FOR CHILDREN

1994
INCOME
GUIDELINES

<u>Family</u> <u>Unit Size</u>	<u>Income</u> <u>Guidelines</u>
2	\$13,092
3	\$16,392
4	\$19,692
5	\$22,992
6	\$26,292
7	\$29,580
8	\$32,880
9	\$36,180
10	\$39,480

APPENDIX U

IOWA COMPREHENSIVE HEALTH ASSOCIATION

MONTHLY MAJOR MEDICAL PREMIUMS FOR THOSE NOT ON MEDICARE

Age Category	\$500 Deductible Premiums	\$1,000 Deductible Premiums	\$1,500 Deductible Premiums	\$2,000 Deductible Premiums
00 - 17	\$147.21	\$123.04	\$106.96	\$92.99
18 - 29	236.97	216.31	188.08	163.53
30 - 34	283.89	250.97	218.21	189.72
35 - 39	332.14	286.68	249.25	216.71
40 - 44	385.50	335.06	291.31	253.29
45 - 49	436.08	373.52	324.77	282.36
50 - 54	490.23	422.25	367.13	319.21
55 - 59	543.12	470.06	408.68	355.33
60 - 64	589.87	504.21	438.40	381.16
65 - 69	890.88	770.59	669.98	582.54
70 - 74	1,086.47	939.75	817.06	710.40
75 - 79	1,260.29	1,090.11	947.81	824.05
80 - 84	1,401.51	1,212.26	1,053.99	916.40
Over 84	1,531.91	1,325.02	1,152.05	1,001.64

MONTHLY MAJOR MEDICAL PREMIUMS FOR THOSE ON MEDICARE

Age Category	\$500 Deductible Premiums	\$1,000 Deductible Premiums	\$1,500 Deductible Premiums	\$2,000 Deductible Premiums
00 - 29	\$177.74	\$162.23	\$141.05	\$125.36
30 - 34	212.90	188.22	163.65	145.44
35 - 39	249.10	215.02	186.93	166.14
40 - 44	289.13	251.28	218.49	194.16
45 - 49	327.05	280.16	243.58	216.45
50 - 54	367.66	316.70	275.35	244.70
55 - 59	407.34	352.54	306.51	272.38
60 - 64	442.40	378.17	328.80	292.19
65 - 69	463.41	403.29	350.63	311.60
70 - 74	561.22	487.81	424.13	376.92
75 - 79	648.12	563.01	489.51	434.99
80 - 84	718.74	624.10	542.62	482.21
Over 84	783.92	680.49	591.64	525.78

Monthly Premiums Optional Maternity Per \$100 of Benefit (Up to \$2,500)

Age Category	Premiums		
00 - 29	\$5.78		
30 - 34	4.76	Quarterly	= 3 X Monthly
35 - 39	3.98	Semiannually	= 6 X Monthly
40 - 44	3.55	Annually	= 12 X Monthly
45 - 49	3.16		
50 - 54	2.37		

APPENDIX V
IOWA DISABILITY DIRECTORY

Organization/Address

Alliance for the Mentally Ill of Iowa
5911 Meredith Drive, Suite C
Des Moines, IA 50322
Phone: (515) 254-0417
Newsletter: *AMI of Iowa Newsletter*

Alliance for Parent Leadership
Box 4158
Des Moines, IA 50333
Phone: (515) 280-1231
Newsletter: *Talking Points*

American Cancer Society
8364 Hickman Road
Des Moines, IA 50325
Phone: (515) 253-0417
Newsletter: *The Reporter*

American Diabetes Association
6656 Douglas Avenue
Des Moines, IA 50322
Phone: (800) 678-1232 or
(515) 276-2237
Newsletter: *The Iowa Connections*

American Heart Association
1111 - 9th Street, Suite 280
Des Moines, IA 50314
Phone: (515) 244-3278
Newsletter: *The Heart Beat*

American Lung Association
1025 Ashworth Road, Suite 410
West Des Moines, IA 50265
Phone: (515) 224-0800
Phone: (515) 242-6172
Newsletter: *Lung Lines*

Organization/Address

Arc of Iowa
715 East Locust
Des Moines, IA 50309
Phone: (800) 362-2927 or
(515) 283-2358
Newsletter: *Visions*

Arthritis Foundation
2600 - 72nd St., Suite D
Des Moines, IA 50322
Phone: (515) 278-0636
Newsletter: *Arthritis Reporter*

Autism Society of Iowa
3135 Spring Valley Road
Dubuque, IA 52001
Phone: (319) 557-1169
Newsletter: *The Link*

CHADD State ADD Council
of Iowa
Box 23043
Des Moines, IA 50325
Phone: (515) 225-4196

Coalition for Persons with
Disabilities
760 Ansborough Avenue
Box 4090
Waterloo, IA 50701
Phone: (319) 232-6671

Commission of Persons with
Disabilities
Lucas State Office Building
Des Moines, IA 50319
Newsletter: *Disability Outreach*

Organization/Address

Cystic Fibrosis Foundation
8345 University, Suite G1
Des Moines, IA 50325
Phone: (800) 798-5151 or
(515) 224-1500
Newsletter: *Cystic Fibrosis
Foundation Newsletter*

Deaf Services Commission of Iowa
Lucas State Office Building
Des Moines, IA 50319-0090
Phone: (515) 281-3164 V/TTY
Newsletter: *Sign of Times*

Easter Seals Society of Iowa
Box 4002
Des Moines, IA 50333
Phone: (515) 289-1933
Newsletter: *The Sunnyside*

Epilepsy Association of Iowa
3326 Indianola Road
Des Moines, IA 50315
Phone: (800) 873-1295 or
(515) 241-8294

Governor's Planning Council for
Developmental Disabilities
Hoover State Office Building, 1st Floor
Des Moines, IA 50319
Phone: (515) 281-7635
Newsletter: *IDD News*

Hemophilia of Iowa, Inc.
407 Park Ridge Avenue
Huxley, IA 50124
Phone: (515) 597-2269
Newsletter: *Bloodline*

Organization/Address

Child Health Specialty Clinics
246 Hospital School
Iowa City, IA 52242-1011
Phone: (319) 356-1469
Newsletter: *Iowa CHSC Report*

Iowa COMPASS
S277 Hospital School
100 Hawkins Drive
Iowa City, IA 52242-1011
Phone: (800) 779-2001

Iowa Department of Education
Bureau of Special Education
Grimes State Office Building
Des Moines, IA 50319-0146
Phone: (515) 281-3176
Newsletter: *Iowa News and
Iowa School Health News*

Iowa Family Support Initiative
Box 7853
Des Moines, IA 50322
Phone: (515) 276-8470 (T/Th)
Newsletter: *IFSI News*

Iowa Head Injury Association
2101 Kimball Avenue
Waterloo, IA 50702
Phone: (319) 291-3552
Newsletter: *Iowa Head Injury
Association Newsletter*

Iowa Pilot Parents, Inc.
33 North 12th Street, Box 1151
Fort Dodge, IA 50501
Phone: (800) 952-4777 or
(515) 576-5870
Newsletter: *Update*

Organization/Address

Iowa Program for Assistive Technology
University of Iowa
Iowa City, IA 52242-1011
Phone: (800) 331-3027
Newsletter: *Infotech*

Iowa Protection & Advocacy, Inc.
3015 Merle Hay Road, Suite 6
Des Moines, IA 50310
Phone: (515) 278-2502
Newsletter: *News*

Iowa Respite Coalition
c/o Jack Denniston
Box 4002
Des Moines, IA 50333
Phone: (515) 289-1933

Iowa SAFE
408 NW Beechwood
Ankeny, IA 50021
Phone: (515) 964-8711

Learning Disabilities Assoc. of Iowa
PO Box 665
Indianola, IA 50125
Phone: (515) 280-8558
Newsletter: *LDA-1 Newsletter*

Lupus Foundation of America
Box 36034
Des Moines, IA 50315-0309
Phone: (515) 285-8413
Newsletter: *Lupus News*

Parent - Educator Connection
Drake University MPRRC
2507 University Avenue
Des Moines, IA 50311
Phone: (515) 271-3936
Newsletter: *The Connection Update*

Organization/Address

March of Dimes
4845 Merle Hay Road, Suite C
Des Moines, IA 50310
Phone: (515) 252-1458
Newsletter: *The Campaign
Newsmakers*

Muscular Dystrophy Association
210 Merle Hay Tower
Des Moines, IA 50310
Phone: (515) 278-8448
Newsletter: *Catch the Spirit
of MDA*

National Health Agencies of Iowa
1111 - 9th St., Suite 245
Des Moines, IA 50314
Phone: (515) 243-7207

National Kidney Foundation
of Iowa
4403 - 1st Avenue SE
Cedar Rapids, IA 52402
Phone: (800) 369-3619
Newsletter: *Quarterly News*

National Multiple Sclerosis Society
2400 - 86th Street, Suite 29
Des Moines, IA 50322
Phone: (515) 270-6337
Newsletter: *MS Expressions*

Orton Dyslexia Society of Iowa
3233 Glenn Avenue
Sioux City, IA 51106
Phone: (712) 274-1291

Reye's Syndrome Foundation
4125 River Oakes Drive
Des Moines, IA 50312
Phone: (515) 255-2684

Organization/Address

Special Care Parents
Box 938
Des Moines, IA 50304
Phone: (515) 255-5943
Newsletter: *Special Care Parents
Newsletter*

Spina Bifida Association of Iowa
Box 1456
Des Moines, IA 50309
Phone: (515) 270-3851
Newsletter: *Online Newsletter*

Systems Change Project
100 Court Avenue, Suite 312
Des Moines, IA 50309
Phone: (800) 765-3022 or
(515) 243-2000
Newsletter: *Turning Point and
InfoNet*

Organization/Address

The Association for Persons with
Severe Handicapps (Iowa TASH)
PO Box 94292
Phone: (515) 732-2282
Newsletter: *Iowa TASH
Newsletter*

Tourette Syndrome Association
2101 "O" Avenue NW
Cedar Rapids, IA 52405
Phone: (319) 396-0210

United Cerebral Palsy of Iowa
306 Shops Bldg., 8th and Walnut
Des Moines, IA 50309
Phone: (515) 244-0116