DOCUMENT RESUME

ED 386 628 CG 026 435

TITLE Inventory of Substance Abuse Training Resources.
INSTITUTION University Coll. of the Fraser Valley, Abbotsford

(British Columbia).

SPONS AGENCY British Columbia Ministry of Skills, Training and

Labour, Victoria.

PUB DATE 94

NOTE 109p.; For the related "Needs Assessment," see CG 026

436.

PUB TYPE Reference Materials - Directories/Catalogs (132)

EDRS PRICE MF01/PC05 Plus Postage.

DESCRIPTORS Alcoholism; *Drug Addiction; *Drug Education; Foreign

Countries; Resources; *Substance Abuse; Training

IDENTIFIERS British Columbia

ABSTRACT

This document provides an inventory of training activities and resources related to substance abuse current to December 31, 1993. The inventory presents separate sections for: (1) programs; (2) courses; (3) workshops; (4) summer institutes; '5) print resources; (6) audiovisual resources; (7) organizational resources; (8) resource people; and (9) post-secondary institutions in British Columbia. Programs described are located in either British Columbia, the other parts of Canada, or the United States. A glossary of educational terms and an alphabetical index of entries are appended. (SR)

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Inventory of

SUBSTANCE ABUSE TRAINING

RESOURCES

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INVENTORY OF SUBSTANCE ABUSE TRAINING RESOURCES

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Introduction

Project Background

In the summer of 1993, Alcohol and Drug Programs (ADP) of B.C.'s Ministry of Health, working through the Ministry of Skills, Training, and Labour (then the Ministry of Advanced Education, Training, and Technology) called for proposals to:

- develop an inventory of training activities and resources related to substance abuse, and
- conduct an analysis of priority training needs of alcohol and drug workers.

A joint proposal submitted by the University College of the Fraser Valley and the University College of the Cariboo was funded and the project team listed below started work on both components of the project on August 1, 1993.

Susan Witter Margaret Penney Inga Thomson Gloria Wolfson Deborah Block

Dean of Continuing Education, University College of the Fraser Valley

M & W Penney and Associates Ltd.

Extension Coordinator, University College of the Cariboo Program Head, Career/Continuing Education, UCFV

Human Services Program, University College of the Fraser Valley

A Training Advisory Committee selected by Alcohol and Drug Programs and chaired by Juanita Arthur (then Acting Area Manager, South Vancouver Island Area, ADP), guided the project team in its work. Its members were:

Juanita Arthur Brian Butcher Helen De Groot Bill Downie Carol-Ann Dwyer Reg Fleming Jeanne Harris Elaine Hooper

Rev Josephson

Project Coordinator/Acting ADP Area Manager, Victoria

Broadway Clinic, ADP, Vancouver

Phoenix Transition House, Prince George Alcohol and Drug Programs, Kelowna Campbell River Clinic, ADP, Campbell River

Day/Evening Youth Program, Victoria

Dual Diagnosis, Greater Vancouver Mental Health Services

Nechako Treatment Centre, Prince George Maple Cottage Detox Centre, New Westminster

Patricia Lund Aurora Society, Vancouver

Charlotte Mallory Action A&D Counselling Society, Sechelt Eleanor May School Prevention Services, Vancouver **Sherry Mumford** Hope Alcohol and Drug Programs, Hope Don Potkins Maple Ridge Treatment Centre, Maple Ridge

The following Post Secondary and Ministry Representatives also assisted the Advisory Committee.

Dennis Anderson Jean Campbell Dr. Gordon Barnes Marilyn McClaren Cindy Bettcher

Centre for Curriculum Development, Victoria Ministry of Skills, Training and Labour, Victoria School of Child & Youth Care, University of Victoria Vancouver Community College, King Edward Campus Justice Institute, Vancouver

This publication is the product of the project's first component.



Methodology

The search for relevant materials began with a visit to the library of the Centre for Curriculum and Professional Development, Victoria, B.C. Samples of locally produced curriculum materials were loaned to the project team for review. Materials recommended by the content specialists at University College of the Fraser Valley and University College of the Cariboo were also reviewed.

A visit to the B.C. Prevention Resource Centre yielded much valuable information. The project team is indebted to the Centre for its assistance.

Contacts were initiated with colleges, universities, and private training institutions known to offer programs in this area. Detailed information regarding their programs was acquired and summarized in a common format. In addition, all colleges and universities that might be expected to offer courses and/or workshops were contacted. Names of contact persons and information regarding their offerings was solicited.

At the first meeting of the Training Advisory Committee in September 1993, the members were asked to aid in the search for relevant resources by bringing to the attention of the project team any people, programs, or other resources about which they felt the project team should seek information. Committee members were given a one-page "Give us a Lead" form to aid in the process and were encouraged to distribute the form to their colleagues. The response to this request for leads was substantial. Often these leads resulted on further leads and the search for information broadened.

A preliminary format for the inventory was presented to the Committee at their October meeting; suggestions from the Committee were incorporated and the overall format was adopted. Draft entries were sent for verification to the appropriate contact person for each program, course, and organization listed. Many contact people responded with corrections and additions. If no response was forthcoming, the project team assumed that the information was correct. Even after the verification stage, some information was not available to us. Where this is the case, the item has been marked "unknown".



Using the Inventory

Information presented in this document is current to Dec. 31, 1993. Some details such as cost and location change periodically and must be updated on a regular basis. If in doubt, contact the organization directly.

This inventory presents separate sections for programs, courses, workshops, summer institutes, print resources, audiovisual resources, organizational resources, resource people, and B.C. post-secondary institutions.

Within the PROGRAMS section, B.C. programs are described first. These are followed by those programs in the rest of Canada and the U.S. that are within easy travelling distance or are offered by distance delivery.

The COURSES section contains individual courses of study available in B.C. and other parts of Canada. Again, accessibility has been used as a criterion when choosing items for inclusion.

Within the WORKSHOPS section, we have listed organizations which frequently offer workshops relevant to alcohol and drug workers, with contact names and sample offerings. Offerings change from year to year; check with the contact person. Also in this section are descriptions of some generic workshops offered by more than one organization.

In the SUMMER INSTITUTES section, we describe three annual conference-style training events.

In both the PRINT RESOURCES and the AUDIOVISUAL RESOURCES sections, we provide the primary sources of such items and some sample items. These items are not intended to be taken as the best in the field, only as samples of the material available.

In the TRAINING RESOURCE ORGANIZATIONS and RESOURCE PEOPLE sections, we list agencies and individuals that are able to serve as resources for developing and delivering either standardized or custom-designed training sessions.

In the B.C. POST-SECONDARY INSTITUTIONS section are listed those public institutions which either currently offer substance abuse related continuing professional development training or may offer such training in coming years.

The GLOSSARY OF EDUCATIONAL TERMS clarifies the definitions we used to differentiate between programs, courses, and workshops, for example, and also defines terms used to describe training.

Finally, the ALPHABETICAL INDEX OF ENTRIES lists all resources included in this inventory.



PROGRAMS

Within the PROGRAMS section, B.C. programs are described first. These are followed by those programs in the rest of Canada and the U.S. that are within easy travelling distance or are offered by distance delivery. If information could not be obtained for a particular descriptor, that item is marked "unknown"

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Ancillary Programs	
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VI ES Counceller Training Program Victoria Life Englehment Society	40



Telephone: 842-5291

ADDICTION RESCURCE WORKER (began in 1987; currently under revision)

Northwest Community College P.O. Box 338. Omineca Street

Hazelton, B.C. V0J 1Y0

Target Group

People wishing to acquire basic entry level skills in the addictions field

Prerequisites

• Grade 12 completion with English 12 (or equivalent)

• current immunizations and current negative tuberculin screening

· completion of medical assessment • completion of English Placement test · personal resume detailing experience

 2 references personal interview

Description

Content

The program includes a First Nations component that promotes cultural awareness

and sensitivity.

Courses include:

• Psychology 101,102, & 222

• Sociology 101, 102, & 203

• English 151

• Communications I, II, & III

• Addictions I. II. & III

• Self Management I & II

Introduction to Computers

• Ethics & Professionalism

• Community Resources | & ||

• Native Studies I. II. & III

Group Theory & Dynamics

Family, Health & Nutrition

• Case Management & Assessment

Recreation Therapy

Delivery

Term I: Academic (3 months)

Term II: Academic (3 months)

Term IV: Academic (4 months)

Term V: Work Placement II (3 months) Term III: Work Placement I (2 months) Term VI: Academic term (2 months)

Practicum

College currently investigating feasibility of Co-op placement (paid employment). If

not feasible, students will have practica in terms ill and V.

Sobriety Requirement 3 years

Location

Hazelton campus

Frequency/Length

Annual (January intake); 18 months

Cost

Terms I, II, & IV - \$534 each; Terms III & V - \$213 each; Term VI - \$427; TOTAL -\$2455. Books, supplies, and living costs for work placement terms are extra.

Challenge/PLA



PROGRAMS - B.C.

SUBSTANCE ABUSE COUNSELLING DIPLOMA PROGRAM

University College of the Fraser Valley

33844 King Road, RR#2 Abbotsford, B.C. V2S 4N2

Target Group

People without formal academic qualifications who want to work in the addictions

field (education, corrections, social services, health, etc.)

Prerequisites

• Grade 12 (or equivalent)

reference letter

willingness to undergo a security check

• Composition Placement Test score of 48 or greater or C or better in English 105 or Communications 155.

Description

Students gain knowledge about alcohol and drug dependencies, techniques for working with clients with dependencies, and knowledge and skills related to specific client groups. Intervention skills will be developed on individual, group and family

levels.

Content

Courses include:

Introduction to Social Services

• Intro. to Interpersonal Communications

• Communications for Human Services

Human Development

Seminar

Morality and Ethics

• Counselling Skills

Introductory Sociology I

Data Manipulation Elective

• Community Treatment of Substance Abuse • Practica (2)

• Communications II

Approaches to Helping

• Intro. to Social Welfare

Counseiling Skills for Addictions

Telephone: 853-7441

Group Facilitation Skills

Working with Addictive Families

• The Nature of Substance Abuse

Pharmacology and Psychobiology

• Self-Care Seminars (3)

Introduction to Psychology

Delivery

Classroom based - some daytime and evening courses

Practicum

One 200 hour block practicum per year; 400 hours total over 2 years

Sobriety Requirement None

Location

First year offered at both Abbotsford and Chilliwack campuses; second year at

Abbotsford only

Frequency/Length

Yearly intake in September; 2 year program

Cost

First year: courses approximately \$105, practicum \$210; second year: 600 level

courses \$300 each, practicum \$300; seminars \$35; textbooks extra

Chailenge/PLA

Yes

Telephone: 853-7441

SUBSTANCE ABUSE COUNSELLING CERTIFICATE PROGRAM

University College of the Fraser Valley

33844 King Road, RR#2 Abbotsford, B.C. V2S 4N2

Target Group

People with certificates, diplomas, and degrees in allied fields

Prerequisites

• professional or para-professional credentials

formal training in counselling skills
willingness to undergo security check
sustained work history (5 years)

• reference letter

interview with program head

Description

Students gain knowledge of alcohol and drug dependencies, techniques of working with clients with dependencies, and knowledge and skills related to specific client groups. Intervention skills will be developed on individual, group and family levels.

Content

Semester I: 10 weeks, October to December

Hser 600 • Counselling Skills for Addiction
Hser 610 • The Nature of Substance Abuse

Hser 627 • Self-care seminar

Semester II: 10 weeks, January to March

Hser 601 • Group Facilitation Skills

Hser 611 • Pharmacology and Psychobiology

Hser 628 • Self-care seminar

Semester III: 10 weeks, March to June
Hser 602 • Working with Addictive Families

Hser 612 • Community Treatment of Substance Abuse

Hser 629 - Self-care seminar

Hser 630 • Practicum

Delivery

Classroom based - evenings

Practicum

One 200 hour practicum

Sobrlety Requirement Minimum four years sobriety for recovering individuals

Location

Abbotsford campus

Frequency/Length

Yearly intake in October; 9 months

Cost

Courses are \$300 each; seminars \$35; textbooks extra

Challenge/PLA

Yes



FROGRAMS - B.C.

SUBSTANCE ABUSE CERTIFICATE PROGRAM (began 1987)

Vancouver Community College Continuing Education Division

1155 East Broadway, Box 24785, Station F

Vancouver, B.C. V5N 5V2

Target Group Adults who work in the substance abuse field; have had training/experience in social

services/substance abuse; have experience in general counselling and want a specific focus in substance abuse; are working on a career change into the

Telephone: 871-7064

Fax: 871-7300

substance abuse field

Prerequisites • Grade 12

good knowledge of English

• relevant experience in social services

completion of VCC's Basic Counselling Skills I course

maturity and emotional stability

satisfactory completion of entrance interview

Description

Content Orientation Workshop (12 hours)

Courses:

• Introduction to Substance Abuse (27 hours)

Drugs and Human Behaviour (15 hours)
 Individual Councelling Skills for Substance

Individual Counselling Skills for Substance Abuse (36 hours)
Group Counselling Skills for Substance Abuse (36 hours)

• Family Counselling Skills for Substance Abuse (36 hours)

• Assessment, Referral, and Community Resources for Substance Abuse (36 hours)

• Practicum (60 hours)

Delivery Evening program designed for part-time learner; courses are delivered in sequence

as listed above

Practicum 60 hours

Sobriety Requirement 3 years

Location King Edward Campus/City Centre Campus

Frequency/Length Twice annually with intake in April and September; normally completed in 5

semesters or 18 calendar months

Cost 12 hour course \$75; 15 hour course \$110; 27 hour course \$190; 36 hour course

\$240; practicum \$200

Challenge/PLA No

6

Telephone: (403) 458-1884

COMMUNITY ADDICTION TRAINING SERIES

Nechi Institute on Alcohol and Drug Education P.O. Box 34007, Kingsway Mall Post Office

Edmonton, Alberta T5G 3G4

Target Group

Individuals working with native peoples

Prerequisites

Unknown

Description

Program accredited for 6 credits through University of Alaska, Anchorage

Content

Modules:

Orientation and Communication • Alcoholism - Addictions

Alcoholism - Family Disease

• Alcoholism - Assessment and Intervention

• Alcoholism - Treatment • Alcoholism - Aftercare Personal Growth

• Alcoholism - Prevention

Delivery

Experiential, residential; students are required to live on site

Practicum

Unknown

Sobriety Requirement One year

Location

Nechi Institute

Frequency/Length

Annually; one week (5 days) per month for 8 months

Cost

8 modules \$500 each; sponsorship is provided for students employed by NNADAP

funded agencies

Challenge/PLA



PROGRAMS - CANADA

ADVANCED COUNSELLOR TRAINING SERIES

Nechi institute on Alcohol and Drug Education

P.O. Box 34007. Kingsway Mall Post Office

Edmonton, Alberta T5G 3G4

Target Group

Individuals working with native peoples

Prerequisites

Successful completion of Community Addiction Training series

Description

Program accredited for 6 credits through University of Alaska, Anchorage

Telephone: (403) 458-1884

Content

Modules:

• One to One Counselling

• Family Dynamics

Group Dynamics Suicide Prevention and Grieving

• Culture and Traditional Values

Delivery

Experiential, residential; students are required to live on site

Practicum

Unknown

Sobriety Requirement One year

Location

Nechi Institute

Frequency/Length

Annually; one week (6 days) per month for 5 months

Cost

6 modules \$500 each; sponsorship is provided for students employed by NNADAP

funded agencies

Challenge/PLA

Unknown



8

Telephone: (403) 458-1884

NATIVE ADDICTIONS WORKER CERTIFICATE PROGRAM

Nechi institute on Alcohol and Drug Education P.O. Box 34007, Kingsway Mali Post Office Edmonton, Alberta T5G 3G4

Kenyano College 8115 Franklin Avenue Fort McMurray, Alberta T9H 2H7

Target Group

Individuals working with native peoples

Prerequisites

• high school completion

mature students may be admitted based on reading and writing skills test
completion of Nechi's Community Addiction Training and Advanced Counsellor Training series taken after 1987

Description

Students receive advanced standing for completion of Nechi's basic and advanced counsellor training series. They then complete the following courses.

Content

Kenyano College courses:

• Communications

• Community Facilitation and Prevention

• Family Counselling

• Physiology and Pharmacology of Addictions

• Group Counselling

Delivery

Experiential, residential; students are required to live on site

Practicum

Unknown

Sobriety Requirement One year

Location

Nechi Institute

Frequency/Length

Annually; 6 days per month for 6 months (equivalent to 2 college semesters)

Cost

\$3000 includes room and board for 5 Kenyano College courses; sponsorship

provided for students employed by NNADAP funded agencies

Challenge/PLA

Unknown



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PROGRAMS - CANADA

ADDICTION STUDIES DIPLOMA (since 1981)

McMaster University

Centre for Continuing Education Commons - 116, McMaster University

Hamilton, Ontario L8S 4K1

Target Group

Mature students welcome

Prerequisites

Submission of letter outlining: previous training and experience in the helping field;

Telephone: (905) 525-9140

personal assessment of learning needs; why this program will meet needs.

Description

Content

Air courses are elective.

Two basic courses are recommended:
• Introduction to Substance Use and Abuse

• Skills of Helping - Introduction

The remaining 4 courses are chosen in consultation with an advisor.

Delivery

Courses are offered by correspondence, block (3-5 day intensive), and lecture.

Credits earned by attendance at the 6-day Institute on Addiction Studies Conference

sponsored by Concerns, Canada may be counted for credit. Some correspondence courses offered in conjunction with ARF.

Some block courses offered only by ARF. McMaster is willing to broker courses locally.

Practicum

Unknown

Sobriety Requirement Unknown

Location

Individual courses available at Hamilton campus, various Ontario centres, or by

correspondence

Frequency/Length

Correspondence courses always available, others offered on rotation; 6 courses of 25 hours each; normally students are required to complete within two years of

commencement.

Cost

10

Non-refundable registration fee of \$40 plus course fees as follows: Correspondence

- \$225; Lecture - \$195; Block - \$325; books extra

Challenge/PLA

No



Telephone: (905) 525-9140

ADDICTION CASEWORKER DIPLOMA (new in 1993)

McMaster University

Centre for Continuing Education
Commons - 116, McMaster University

Hamilton, Ontario L8S 4K1

Target Group

People beginning their education, wishing to pursue AIA certification

Prerequisites

Submission of letter outlining: previous training and experience in the helping field; personal assessment of learning needs; why this program will meet needs.

Description

The program covers the core competency training required by the AIA.

Content

Students must take 6 core courses as follows:

• Introduction to Substance Use and Abuse

Pharmacology

Case Management and Record Keeping

• and 3 of:

• Skills of Helping - Introduction

• Skills of Helping - Advanced

Special Issues in Addictions Counselling,

• Group work in Addictions

PLUS 3 skill electives and 3 general electives

Delivery

Courses are offered by correspondence, block (3-5 day intensive), and lecture.

Credits earned by attendance at the 6-day Institute on Addiction Studies Conference

sponsored by Concerns, Canada may be counted for credit. Some correspondence courses offered in conjunction with ARF.

Some block courses offered only by ARF. McMaster is willing to broker courses locally.

Practicum

Unknown

Sobriety Requirement Unknown

Location

Individual courses available at Hamilton campus, various Ontario centres, or by

correspondence

Frequency/Length

Correspondence courses always available, others offered on rotation; 12 courses of

25 hours each.

Cost

Non-refundable registration fee of \$40 plus course fees as follows: Correspondence -

\$225: Lecture - \$195: Block - \$325: books extra

Challenge/PLA

Credits may be transferred from another educational institution under certain

circumstances (to a maximum of 100 hours).



PROGRAMS - CANADA

CHEMICAL DEPENDENCY WORKER

Saskatchewan Institute of Applied Science and Technology

Telephone: (306) 953-7000

P.O. Box 3003

Prince Albert, Saskatchewan S6V 6G1

Target Group

New students or experienced addiction workers

Prerequisites

• 17 years of age

• successful completion of basic skills test and assessment interview

• completion of autobiography and program rationale (4 essay questions)

additional criteria currently under development

Description

Content

Topics include:

• performing administrative functions (5 competencies)

• using communication techniques (15 competencies)

using counselling skills (19 competencies)

mobilizing and developing the community (18 competencies)

• managing personal and career development (8 competencies)

completing practica (5 competencies)
 classifying chamicals (7 competencies)

• classifying chemicals (7 competencies)

• identifying individual chemical components (23 competencies)

• identifying the effects of chemical abuse (19 competencies)

Students obtain St. John's Ambulance First Aid and CPR Basic Rescuer course

certificates upon completion of program.

Delivery

Individualized, competency based

Practicum

22 weeks

Sobrlety Requirement Two years continuous prior to program entry

Location

Woodland campus, Prince Albert

Frequency/Length

Regular intakes once or twice per year; approximately 80 weeks depending on

student's performance rate

Cost

12

Tuition: \$2080 for total program plus \$26 for each additional week

Books & Supplies: \$1147 for total program plus \$1.40 for each additional week

Challenge/PLA



Telephone: (306) 953-7000

CHEMICAL DEPENDENCY WORKER - CERTIFICATE PROGRAM

Saskatchewan institute of Applied Science and Technology

P.O. Box 3003

Prince Albert, Saskatchewan S6V 6G1

Target Group

New students or experienced addiction workers

Prerequisites

• 17 years of age

successful completion of basic skills test and assessment interview
completion of autobiography and program rationale (4 essay questions)

additional criteria currently under development

Description

Content

Topics include:

performing administrative functions (1 competency)
using communication techniques (9 competencies)

using counselling skills (10 competencies)

mobilizing and developing the community (18 competencies)
managing personal and career development (4 competencies)

completing practica (0 competencies)
classifying chemicals (7 competencies)

identifying individual chemical components (23 competencies)
identifying the effects of chemical abuse (19 competencies)

Students obtain St. John's Ambulance First Aid and CPR Basic Rescuer course

certificates upon completion of program.

Delivery

Individualized, competency based

Practicum

Unknown

Sobrlety Requirement Two years continuous prior to program entry

Location

Woodland campus, Prince Albert

Frequency/Length

Offered in conjunction with NNADAP on an extension basis - contact Registrar for

details; approximately 52 weeks in length

Cost

Tuition: \$1352 for total program plus \$26/week for each additional week

Books & Supplies: \$1004 for total program plus \$1.40 for each additional week

Challenge/PLA



PROGRAMS - U.S.

CERTIFICATE IN ALCOHOL AND DRUG STUDIES

Seattle University
Broadway and Madison
Seattle, Weshington, 98100 44

Seattle, Washington 98122-4460

Target Group

Unknown

Prerequisites

2 years of previous college work recommended

• must meet regular university entrance requirements

Description

Meets the academic requirements for professional certification as a Chemical

Telephone: (206) 296-6000

Dependency Counselor in the State of Washington

Content

Required courses:

Survey of Alcoholism (3 credits)

Pharmacology/Physiology of Alcohol Use (2 credits)

Counselling-Alcohol and Drugs (4 credits)

Field Experience 1 (3 credits)Field Experience 2 (3 credits)

• Group Dynamics in Treatment (2 credits)

Case Management and Assessment (2 credits)

Addiction and the Family (2 credits)Drug Abuse 1: Social Aspects (2 credits)

• Drug Abuse 2: Physiological Aspects (2 credits)

Courses may also be counted towards Bachelors and Masters degrees

Delivery

Evening classes designed for part-time study

Some courses offered in the summer as intensive seminars

Practicum

Yes

Sobriety Requirement Two years

Location

Seattle campus

Frequency/Length

Annually with intakes every quarter; 1 to 1.25 years

Cost

14

\$223 (US) per credit hour; 25 credits = \$5575 (US); textbooks extra

Challenge/PLA



Telephone: (206) 296-6000

ADVANCED CERTIFICATE IN ALCOHOL AND DRUG STUDIES

Seattle University

Broadway and Madison

Seattle, Washington 98122-4460

Target Group

Unknown

Prerequisites

Unknown

Description

Meets the academic requirements for professional certification as a Chemical

Dependency Counselor (Level II) in the State of Washington

Content

Required courses:

• The Law and Alcohol (2 credits)

Advanced Counselling (2 credits)

Addiction and Mental Illness (2 credits)

Intervention Techniques (2 credits)Ethics for Addiction Professionals (2 credits)

• Electives (6 credits)

Courses may also be counted towards Bachelors and Masters degrees

Delivery

Evening classes designed for part-time study

Some courses offered in the summer as intensive seminars

Practicum

Unknown

Sobrlety Requirement Two years

Location

Seattle campus

Frequency/Length

Unknown

Cost

\$223 (US) per credit hour; 16 credits = \$3568 (US); textbooks extra

Challenge/PLA



PROGRAMS - U.S.

CHEMICAL DEPENDENCY EDUCATION PROGRAM

Whatcom Community College

237 Kellogg Road

Bellingham, Washington 98226

Target Group

People who wish to meet the Washington state requirements for qualification as a

Telephone: (206) 676-2170

chemical dependency worker

Prerequisites

• successful completion of Human Services 220 - Etiology and Treatment

letters of referencepersonal evaluation

· verification of length of sobriety

Description

Content

24 credits, 12 of which must come from the following:

• HS 220: Etiology and Treatment (3 credits)

• HS 223: Pharmacology & Physiology of Chemical Dependency (3 credits)

• HS 221: Chemical Dependency Counseling (4 credits)

HS 228' Case Management (4 credits)
HS 227: Group Facilitation (4 credits)
HS 229: Family Disease (3 credits)

• plus HIV/AIDS Training

Delivery

Classroom-based

Practicum

2000 hours supervised in a certified facility

Sobriety Requirement Two years

Location

Bellingham campus

Frequency/Length

Two intakes annually;

Cost

• For non-residents \$148 (US) per credit

• For 10 - 18 credits \$1480

• More than 18 credits \$1480 for the first 18, PLUS \$143.25 for each additional credit

Challenge/PLA

Yes



MANAGEMENT DEVELOPMENT FOR RESIDENTIAL SETTINGS (Certificate Program)

Justice Institute of B.C. 4180 West 4th Avenue Vancouver, B.C. V6R 4J5

Telephone: 222-7224

Target Group

Supervisors and managers who work in residential settings

Prerequisites

Must have current supervisory experience

Description

Content

Core courses cover:

· basic supervisory skills

planning, performance reviews, and leadership styles
legal issues and ethical standards; stress management

· labour/management relations

· problem-solving and decision-making

· recruiting staff

· financial management and budgeting

· emergency procedures for a residential setting

Delivery

All core courses are presented as 2-day sessions at the Justice Institute

Practicum

None

Sobrlety Requirement None

Location

4th Avenue campus, some courses offered in Victoria

Frequency/Length

Regular, ongoing program; 20 days, composed of 8 two-day core courses plus 4

classroom days of Justice Institute electives

Cost

Core courses are \$155 each (\$1240) plus cost of electives

Challenge/PLA

No



24

ANCILLARY PROGRAMS

VLES COUNSELLOR TRAINING PROGRAM

Victoria Life Enrichment Society

211 - 101 Island Highway Victoria, B.C. V9B 1E8

Target Group

People employed in or engaged in formal study towards work in the helping

Telephone: 381-4343

professions

Prerequisites

Unknown

Description

Content

Phase I: Selection - includes personal interview

Phase II: Residential (Weeks 1-4) - trainee participates as member of VLES therapy

group

Phase III: Theory and Assessment - seminars and assignments

Study Week #1 (Week 5) Study Week #2 (Week 10)

Phase IV: Practice Phase - practical application under the supervision of a trained

counsellor

Co-therapist 1 (Weeks 6-9) Co-therapist 2 (Weeks 11-14)

Delivery

Initial residential phase followed by study and supervised practice sessions

Practicum

8 weeks of program are essentially practicum

Sobriety Requirement Two years

Location

VLES Facility housed in the Craigflower Motel, Gorge Waterway, Victoria

Frequency/Length

14 weeks

Cost

18

\$2220 (includes tuition, materials, and accommodation for residential component)

Challenge/PLA

Unknown

Additional Notes

Students who complete VLES Counsellor Training may be granted up to 16 credits

towards the Social Service Worker Certificate at Camosun College in Victoria



COURSES

The COURSES section contains individual courses of study available in B.C. and elsewhere in Canada. Accessibility has been used as a criterion when choosing items for inclusion.

Courses - B.C.

Addictions and Mental Health: Working with the Dual Diagnosis Client, Douglas College	21
Alcohol and Drug Counselling Skills, Counsellor Training Institute Ltd. (CTI)	22
Child Sexual Abuse Intervention, Justice Institute of B.C.	23
Drugs and Behaviour, Simon Fraser University	24
Introduction to Substance Abuse, University College of the Fraser Valley	25
Addiction Medicine and Intercollegial Responsibility, UBC Faculty of Medicine	26
Perspectives on Substance Abuse, University of Victoria	27
Intervention Models and Strategies for Dealing with Substance Abuse, University of Victoria	28
Courses - Canada	
Overview of Alcohol and Drug Law, Addiction Research Foundation	29
Pharmacology and Drug Abuse, Addiction Research Foundation	
Fundamental Concepts in Addictions, Addiction Research Foundation	
Youth and Drugs, Addiction Research Foundation	



ADDICTIONS AND MENTAL HEALTH: WORKING WITH THE DUAL DIAGNOSIS CLIENT

Douglas College

Telephone : 527-5476

Continuing Education Health Education Centre Box 2503, 700 Royal Avenue New Westminster, B.C. V3L 5B2

Target Group

People with a background in counselling, mental health or the behavioural sciences;

addictions workers

Prerequisites

None

Description

Content

Module 1: Introduction to Dual Diagnosis

Module 2: Alcohol and Drug Concepts for Mental Health Workers Module 3: Alcohol and Drug Concepts for Mental Health Workers

Module 4: Dual Diagnosis Groups

Module 5: Intervening for Dual Diagnosis Clients

Delivery

Evening classes

Location

New Westminster Campus

Frequency/Length

5 modules of 2 evenings each, spread over 3 months

Cost

\$50 per module

Challenge/PLA

No

Distance Delivery

Not available

Additional Note

A new Mental Health Worker program is in the planning stages



COURSES - B.C.

ALCOHOL AND DRUG COUNSELLING SKILLS

Counsellor Training Institute Ltd. (CTI)

Ste. 203, #1 Alexander Street Vancouver, B.C. V6A 1B2

Target Group

Persons wishing to become counsellors

Prerequisites

Counsellor Training Course, also offered by CTI

Description

Content

• types of chemical addiction

• motivating the individual to seek help and utilizing family intervention

• cognitive-behavioural approaches

relapse preventionclinical assessment

• residential programs and aftercare

Delivery

May be taken as a correspondence course or on-site as a 5 day intensive course.

Telephone: 683-2442

Practicum

400 hour placement required at end of course for course credit

Sobrlety Requirement Unknown

Location

Various - contact CTI

Frequency/Length

Regular offering; 3 months by correspondence or 5 days on-site

Cost

\$500 by correspondence; \$600 on-site; practicum \$300

Challenge/PLA

Unknown

Part of a Program

To achieve a specialization certificate in alcohol and drug counselling the student must complete the components below in addition to the course listed above:

• Certificate of Counselling Studies (3 courses)

• Certificate of Individual Counseiling (practicum course)

Couriselling Practice Development

Qualifying Examination

Couple and Family Counselling Skills

Psychological Testing

Clinical Supervision and Practice Building

Total cost will vary but will not be less than \$4700



CHILD SEXUAL ABUSE INTERVENTION

Justice Institute of B.C. Interdisciplinary Studies 4180 West 4th Avenue Vancouver, B.C. V6R 4J5

Telephone : 222-7224

CHILD SEXUAL ABUSE INTERVENTION: A TRAINING PROGRAM FOR PRACTITIONERS (Children and Youth Option; Adult Survivor Option)

Target Group

Counsellors and Therapists who are working in a treatment context with sexually

abused children and/or adult survivors of sexual abuse

Prerequisites

Resumé

Description

Training focuses on principles of practice, demonstrates intervention skills, model

treatment approaches, and developing interdisciplinary networking.

Location

Various - contact Justice Institute

Frequency/Length

Twice per year; 14 days (Children and Youth Option); 12 days (Adult Survivor

Option)

Cost

\$735 (Children and Youth Option); \$700 (Adult Survivor Option)

CHILD SEXUAL ABUSE INTERVENTION: ADULT SURVIVOR OPTION - ADVANCED LEVEL

Target Group

Experienced clinicians working with adult survivors of child sexual abuse

Prerequisites

People who have completed basic level program will have priority registration

Description

Content

different clinical approaches

• the value of linking various approaches

socio-cultural, gender, and intergenerational issues

Delivery

4 days followed by two 3-day sessions spread over 5 weeks

Location

Various - contact Justice Institute

Frequency/Length

11 days

Cost

\$750



COURSES - B.C.

DRUGS AND BEHAVIOUR (PSYC 383-3)

Simon Fraser University Psychology Department Burnaby, B.C. V5A 1S6

Telephone: 291-3354

Target Group

Undergraduate students

Prerequisites

PSYC 100 and 102; and PSYC 201

Description

Content A survey of the field of psychopharmacology - the study of how drugs affect the

brain, consciousness, and behaviour. Topics will include cellular effects of drugs and consequences for psychological functions and social behaviour. Theories of addiction and treatments for drug abuse will be covered as well as legal and societal issues in the area of drug regulation. History and research regarding both legal and

illegal substances will be included, as will drug treatments for mental illness.

Delivery

Lecture and lab

Location

Burnaby campus

Frequency/Length

One semester

Cost

\$68 per semester hour

Challenge/PLA

Normal SFU challenge procedure

Part of a Program

No



Telephone: 853-7441

INTRODUCTION TO SUBSTANCE ABUSE - Human Services 294

University College of the Fraser Valley 33844 King Road, RR#2

Abbotsford, B.C. V2S 4N2

Target group

Students in human service programs, para-professionals who wish an introduction to

the field

Prerequisites

Psychology 101 and Hser 120 (Interpersonal Communications) or equivalent

Description

This is an introductory course designed to give the para-professional a working knowledge of the nature and extent of substance abuse. Topics examined include an overview of commonly abused substances, a review of the history of chemical dependence, a discussion of patterns of abuse, the social (familial and work) costs of

abuse, specific drugs which are commonly abused, and the treatment and prevention of substance abuse. A particular focus will be on the abuse of alcohol.

The goal of the course is basically to make students aware of the nature of

substance abuse and treatment available.

Content

• physiological and psychological effects of alcohol

• physiological and psychological effects of marijuana and hashish, stimulants,

cocaine and other stimulants, narcotics and tobacco.

• patterns of drug use and misuse

• social and family costs of addiction

• treatment modalities in general for drug/alcohol misuse

• treatment modalities available in British Columbia

• role of prevention and educational programs in the field

drug use patterns among specific groups (women, natives, adolescents, seniors,

ethnic groups)

Delivery

Classroom based, 3 hours per week for 14 weeks

Location

Abbotsford and Chilliwack campuses

Frequency/Length

Twice yearly, 45 hours over 14 weeks

Cost

Approximately \$105, textbook extra

Challenge/PLA

Yes

Part of a Program

Social Services Diploma program



COURSES - B.C.

ADDICTION MEDICINE AND INTERCOLLEGIAL RESPONSIBILITY (AMIR)

UBC Faculty of Medicine 204 - 2075 Wesbrook Mail Vancouver, B.C. V6T 1Z1

Telephone: 875-2037

Target Group

Medical students

Prerequisites

First two years of INDE 477 are prerequisites for INDE 427

Description

Content

INDE 477

• Attitudes, addiction, and communication (INDE 401)

• Substance use disorders and the family system (Beh. Med. 401)

• Attitudinal barriers to patient care (Fam. Prac. 401)

Adolescent substance abuse (Pediatrics)

• Neural substrates of addiction (Neurosciences)

• Addiction: The clinical syndrome (Psychiatry 450)

• Management of hospitalized SUD patients (MSI Orientation)

• Clinical Skills (MSI Psychiatric Rotation)

Community based addiction medicine (MSI elective)

• Intercollegial responsibility

INDE 427

• Theories of addiction

• Drugs of Abuse: Pharmacology and Pathophysiology

Addiction Medicine: The Role of the Physician

• The Community Based Treatment Team/Special Needs of Patients

• Physician Impairment, Intervention and Recovery

Delivery

Classroom-based. Clinical placements for the third and fourth years of INDE 477 are

currently being developed.

Location

Point Grey campus

Frequency/Length

Regular offering

Cost

Not offered separately - included in tuition

Additional Note

Part of UBC medical school curriculum



PERSPECTIVES ON SUBSTANCE ABUSE (First offered Sept. 1993)

University of Victoria
School of Child and Youth Care
P.O. Box 1700
Victoria, B.C. V8W 2Y2

Telephone : 721-7988

Fax: 721-7067

Target Group

Individuals who are studying in a helping professions field at the senior

undergraduate or college diploma level or are working in the helping professions with

experience but no previous training

Prerequisites

English 100 or equivalent first year English course

Description

Content

Course materials consist of study guide, manual, text(s), readings, audio tapes &/or videotapes. Students will develop a personal learning journal and need 1 or more "study partners" to complete the course.

List of units:

Introduction

• Perspective on Health

• Historical, Social and Cultural Perspectives on Substance Abuse

Perspectives that Attempt to Account for Substance Abuse

Perspectives on Substance Abuse and the Supporting Evidence

Pharmacological Perspectives: Relevant Information About Drugs

The Impact of Substance Abuse: A Look at Problem Indicators in the Individual

• The Impact of Substance Abuse: A Look at Problem Indicators in the Family

• The Impact of Substance Abuse: A Look at Problem Indicators in Communities

• Perspectives on Substance Use and Abuse within Certain Sub-Groups

Identifying Your Perspective on Substance Abuse for the purpose of Establishing a
 Working Hypothesis

Working Hypothesis

Evaluation

Course completion

Delivery

Developed for distance education (independent, multi-media, off-campus study); also

to be available in face-to-face format

Location

Victoria campus by distance education

Frequency/Length

One semester course, regular offering

Cost

Unknown

Challenge/PLA

Challenge available - contact University of Victoria



COURSES - B.C.

INTERVENTION MODELS AND STRATEGIES FOR DEALING WITH SUBSTANCE ABUSE (available April, 1994)

University of Victoria
School of Child and Youth Care
P.O. Box 1700
Victoria, B.C. V8W 2Y2

Telephone: 721-7988 Fax: 721-7067

Target Group

Individuals who are studying in a helping professions field at the senior undergraduate or college diploma level or are working within the helping professions with experience but no previous training

Prerequisites

Successful completion of Perspectives on Substance Abuse course (see p. 27)

Description

Content

Course materials consist of study guide, manual, text(s), readings, audio tapes &/or videotapes. Students will develop a personal learning journal and need 1 or more "study partners" to complete the course.

List of units:

- Introduction
- Contemplating Change
- Prevention
- The Transtheoretical Model of Change: Its Components
 The Transtheoretical Model of Change: How It Works
- The integrated Model of Change
- How the Integrated Model of Change Works
- Applying the Integrated Model: Responding to Subgroup Characteristics
- The Integrated Model and the Context for Helping
- Applying the Integrated Model: Responding to Individuals
- Applying the Integrated Model: Responding to Families
- Applying the Integrated Model: Responding to Communities
- Your personal response to the IMC as an effective tool in responding to issues relating to Substance Abuse
- Evaluation

Delivery

Developed for distance education delivery (independent, multi-media, off-campus

study); also to be available in face-to-face format

Location

Victoria campus by distance education

Frequency/Length

One semester course

Cost

Unknown

Challenge/PLA

Prerequisite course can be challenged



ADDICTION RESEARCH FOUNDATION COURSES

Addiction Research Foundation Training and Education 33 Russell Street Toronto, Ontario M5S 2S1

Telephone: (416) 595-6020

OVERVIEW OF ALCOHOL AND DRUG LAW

Target Group

Addictions workers

Course Content

introduction to drugs and the legal system
federal drug laws and their enforcement

· federal and provincial drinking and driving law

• provincial regulation of alcohol distribution and consumption

civil liability for the conduct of the intoxicatedcriminal procedure and criminal records

• the Young Offenders' Act

• the Canadian Charter of Rights and Freedoms

Delivery

Distance delivery only

Frequency/Length

once per year; 12 weeks by distance delivery

Cost

\$280

PHARMACOLOGY AND DRUG ABUSE

Target Group

Addictions workers

Course Content

basic principles of pharmacology
mechanisms of drug action

• pharmacokinetics

• tolerance and dependence

dependence liability

• therapeutic and toxic effects of specific psychoactive drugs

Delivery

Distance delivery only

Frequency/Length

twice per year; 12 weeks by distance delivery

Cost

\$280



ADDICTION RESEARCH FOUNDATION COURSES, continued

FUNDAMENTAL CONCEPTS IN ADDICTIONS

Target Group

Addictions workers

Course Content

Introductory course covers:

conceptual framework

pharmacological factors

 treatment approaches drug related illnesses

social policy perspectives

· social and cultural predictors

• drugs and the law • self-help groups

youth and drugs

• prevention and health promotion

Delivery

Distance delivery and summer institute

Frequency/Length

Distance delivery: twice per year, 12 weeks; summer institute: once per year, 5

days

Cost

\$350

YOUTH AND DRUGS

Target Group

Addictions workers

Course Content

Based on Youth and Drugs - An Education Package

Topics include: • adolescents at risk

• basic drug concepts counsellor attitudes

· motivational counselling

• functional analysis of substance abuse

· treatment planning

• methods of promoting positive change in drug use and other life areas

Delivery

Distance delivery and aummer institute

Frequency/Length

Distance delivery: once per year, 12 weeks; summer institute: once per year, 3

36

days

Coat

30

\$210, course materials extra



WORKSHOPS

The WORKSHOPS section lists organizations which frequently offer workshops relevant to alcohol and drug workers, with contact names and sample offerings. Offerings change from year to year; check with the contact person for current workshops. Also in this section are descriptions of some generic workshops offered by more than one organization.

orkshop Organizers	
Iberta Alcohol and Drug Commission (AADAC)	
ouglas College	
ustice Institute of B.C	3!
alaspina College	30
echi Institute	39
eneric Workshops	
eneric worksnops ddiction Counselling Training (ACT), Addiction Research Foundation	A
stervention: How to Help Someone Who Doesn't Want Help, Johnson Institute	4 · · · · · · · · · · · · · · · · · · ·
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ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION (AADAC)

Training and Professional Development 7th Floor, Pacific Plaza Building 10909 Jasper Avenue Edmonton, Alberta T5J 3M9 Telephone: (403) 427-7305

Sample offerings

Workshop Title Frequency/Length **Advanced Pharmacology**

Registration Fee

2 days \$97.00

Location Remarks Alberta various - contact AADAC

Intended for human service professionals who have basic pharmacology

knowledge

Workshop Title

Case Management

Frequency/Length Registration Fee

2 days \$130

Location

Alberta various - contact AADAC

Workshop Title Frequency/Length

Consulting and Collaborating with Community Groups

Registration Fee

2 days \$130

Location

Alberta various - contact AADAC

Workshop Title

Rural Issues in Treatment

Frequency/Length Registration Fee

2 days \$130

Location

Alberta various - contact AADAC



WORKSHOP ORGANIZERS

DOUGLAS COLLEGE

Continuing Education, Health Education Centre 700 Royal Avenue,

New Westminster, B.C. V3L 5B2

Contact

Rosemarie Fournier

Sample offerings

Workshop Title Youth and Drugs i & II (2-day option) Frequency/Length 2-day session

Registration fee

\$135

Remarks Courses developed by ARF

Youth & Drugs I is prerequisite to Youth & Drugs II

Workshop Title Fetal Alcohol Syndrome: Exploring the Issues and Effects

Frequency/Length

Registration fee

Remarks

1 evening \$20

Co-sponsored with Society for Special Needs Adoptive Parents This is part of a two-part series (see below). It is recommended that

Telephone: 527-5047

participants take both evening sessions in sequence.

Workshop Title Feta! Alcohol Syndrome: Developmental and Psycho-

Educational Characteristics of Fetal Alcohol Children

Frequency/Length

Registration fee

Remarks

1 evening

\$20

This is part of a two-part series (see above). It is recommended that

participants take both evening sessions in sequence.

Workshop Title Alcohol Counselling

Frequency/Length 1 day Registration fee \$55

Remarks Designed to assist health, human and justice service workers to

assess and counsel clients with alcohol-related problems.

Telephone: 222-7224

JUSTICE INSTITUTE OF B.C.

Interdisciplinary Studies 4180 West 4th Ave. Vancouver, B.C. V6R 4J5

Contact

Cindy Bettcher

Interdisciplinary Studies offers a range of contract and continuing professional education programs to government personnel, staff working in social services, justice and public safety-related organizations and agencies, and persons working in the non-profit and voluntary sector. As well, Interdisciplinary Studies responds to requests to develop competency based curriculum, specially designed in-house staff training, program development and conference management.

Sample offerings

Workshop Title Working with Assaultive, Intoxicated, or Substance Abusing

Adolescents

Frequency/Length

2 days, once or twice per year

Registration fee

\$165

Location

4th Ave. campus

Remarks

Also offered in general form "Working with assaultive, intoxicated, or

substance abusing clients"

Workshop Title An Exploration of Fetal Alcohol Syndrome: Implications for

Practice

Frequency/Length

1 day; occasional offering

Registration fee

\$95

Location

4th Ave. campus

Remarks

Co-sponsored with the Society of Special Needs Adoptive Parents

Workshop Title Solution-Focused Family Counselling with the Substance

Abuser

Frequency/Length

2 days; occasional offering

Registration fee

\$175

Location

4th Ave. campus



WORKSHOP ORGANIZERS

MALASPINA COLLEGE

900 Fifth Street, Nanaimo, B.C. V9R 5S5

Telephone: 753-3245

Contact

Sharon Steyve

local 2390

Malaspina College has developed a two-year diploma program which has been approved but not yet funded. However, they do offer a non-credit certificate program consisting of 1- and 2-day workshops, not for addictions counsellors per se but for workers in the education, health and social services whose work brings them into contact with individuals and families who are affected by substance abuse. Participants who take the 4 core workshops plus one other receive a certificate.

Sample offerings

Workshop Title	Fundamentals of Substance Abuse
Frequency/Length	1-day
Registration fee	Unknown
Remarks	Content:
	 Information about physical and psycho-social problems associated with alcohol and drug abuse
	Precipitating and pre-disposing factors
	Signs, symptoms, and stages of chemical dependency
	Research into cases of alcoholism

Workshop Title	Substance Abuse: Assessment and Referral
Frequency/Length	1 day
Registration fee	Unknown
Remarks	Content:
	Process of assessment and referral
	Gathering information
	How to ask effective questions
	Broaching the subject of substance abuse with the client
	Denial and dealing with denial
	Effective use of community resources



MALASPINA COLLEGE WORKSHOPS, continued

Workshop Title

Basic Pharmacology and Medical Aspects of Chemical Dependency

Frequency/Length Registration fee Remarks 1/2 day Unknown Content:

• Types of drugs

• Drug use and short and long term effects

Indicators of drug use

Most commonly used drugs

• Withdrawal symptoms, interactive effects, etc.

Workshop Title Frequency/Length Registration fee Remarks Codependency and Family Issues

2 days Unknown Content:

• Effects of substance abuse on family

• Characteristics, dynamics, and behaviour patterns of families affected by substance abuse

· Roles and rules within the family

Codependency issues

Workshop Title Frequency/Length Registration fee Remarks Substance Abuse: Prevention Strategies

1 day Unknown Content:

• Health promotion model of prevention

• Community initiatives and prevention strategies

Community mobilization

• Skill development within the education system

Planning prevention programs

Levels of prevention

• Prevention of relapse



MALASPINA COLLEGE WORKSHOPS, continued

Workshop Title	Working with Adult Children of Alcoholics	
Frequency/Length	1 day	
Registration fee	unknown	
Remarks	Covers:	
	Safety Issues for educators and counsellors	
	Screening	
	Case study	
	Cognitive versus affective content	
	Cycle of resistance and barriers to recovery	
	Delayed grief	



NECHI INSTITUTE

Box 34007, Kingsway Mall Post Office Edmonton, Alberta T5G 3G4

Telephone: (403) 458-1884

Sample offerings

Workshop Title Frequency/Length Registration fee Location Remarks Adult Children of Alcoholics Module 5 days \$500 (includes room and board)
Nechi Institute, Edmonton - residential 1 year sobriety required

Objectives of this workshop are to:

- · define "adult child"
- examine the types of dysfunctional family systems
- examine family roles of ACOAs and impact on adulthood
- examine family rules experienced by ACOAs
- examine double messages experienced by ACOAs
- examine traits displayed by ACOAs
- examine the dynamics of chronic shock
- examine co-dependency
- examine the recovery stages of ACOAs
- examine the treatment for ACOAs



ADDICTION RESEARCH FOUNDATION

Marketing, Catalogue Orders 33 Russell Street Toronto, Ontario M5S 2S1 Telephone: 416-595-6059

or 1-800-661-1111

Contact

unknown

The ARF course Addiction Counselling Training is offered by several B.C. post-secondary institutions including: Douglas College; Northern Community Business College; University College of the Cariboo; University College of the Okanagan; and East Kootenay College.

Workshop Title Frequency/Length Registration fee Location Remarks

Addiction Counselling Training

4 - 5 days

Will vary according to site

As noted above

2 years sobriety required

Topics and activities include:

- counselling/communication skills
- reflective counselling skills
- directive counselling skills
- practical drug concepts
- drug terms and groups
- hazards
- risk indicators
- case applications
- initial interview methods
- assessment
- the interview
- assessment documentation
- treatment planning strategies
- functional analysis
- major modalities
- matching
- continued care/management



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JOHNSON INSTITUTE

7205 Ohms Lane Minneapolis, Minnesota 55439-2159 Telephone: (612) 831-1630

Contact

Kathy Graf

This Johnson Institute course is offered by several local colleges including Douglas College, and by other interested groups. Contact the Johnson Institute or Douglas College for more information.

Workshop Title Frequency/Length Location Remarks Intervention: How to Help Someone Who Doesn't Want Help 2 days

Various - see above Topics/Activities

- Johnson Institute model of pre-intervention, intervention, and post-intervention
- intervention process
- symptoms of chemical dependence and co-dependence
- gathering assessment data
- cooperating with community resources
- using community resources
- intervention in the workplace
- intervention in the criminal justice system
- intervention with adolescents and families



SUMMER INSTITUTES

The SUMMER INSTITUTES section describes three annual conference-style training events.

Summer institutes

Pacific Institute on Addiction Studies, Alcohol-Drug Education Service and Concerns Canada	45
Current Issues in Chemical Dependency Summer School, University of Manitoba	46
Addiction Research Foundation Summer Institute in Addiction Studies	47



PACIFIC INSTITUTE ON ADDICTION STUDIES

ADES and Concerns Canada Alcohol-Drug Education Service #212 - 96 East Broadway Vancouver, B.C. V5T 1V6 Telephone: 874-3466

Fax: 874-0903

Contact

Art Steinmann

Target Group

People working in the field of addiction

Description

This is an annual intensive conference hosted by Alcohol-Drug Education Services and Concerns Canada. It consists of plenary sessions, seminars, speakers, mini-

courses and interaction groups.

Delivery

Delivered in residential conference style. Changes in the conference style this year will allow for commuters to attend some or all of the Institute. Continuing education credits for Certified Addiction Counsellors through the Addiction Intervention

Association are available.

Credit toward University of Victoria's Child and Youth Care program is currently being

negotiated.

Location

In 1994 the Institute will be held at the University of British Columbia

Previously held at Trinity Western University, Langley, B.C.

Frequency/Length

Offered annually; 4 days in May

Cost

Unknown



SUMMER INSTITUTES

CURRENT ISSUES IN CHEMICAL DEPENDENCY SUMMER SCHOOL

University of Manitoba 188 Continuing Education Complex Winnipeg, Manitoba R3T 2N2

Target Group

Professional and volunteer caregivers who want to enhance their effectiveness in

helping people with alcohol and drug problems

Description

Content

• varies from year to year

• carries 21 hours of study credit with AIA, EAPA, and Canadian Council on

Continuing Education in Pharmacy and 10 hours credit towards various University of

Manitoba certificates

Delivery

Conference format with plenary and concurrent sessions

Location

Fort Garry Campus

Frequency/Length

4 days

Cost

\$275 with early bird and daily rates available



46

Telephone: (416) 595-6020

ADDICTION RESEARCH FOUNDATION SUMMER INSTITUTE IN ADDICTION STUDIES

Addiction Research Foundation
Training and Education Department
33 Russell Street

Toronto, Ontario M5S 2S1

Target Group People working in the field of addiction

Prerequisites Some individual courses may have prerequisites

Description Designed to keep addictions workers and other professionals up to date in the

addiction field

Content 5-day courses carry 30 hours study credit with AIA and University of Toronto's

Program for Addiction Studies

The following courses are scheduled for 1994:

Individual CounsellingGroup Counselling

• Fundamental Concepts in Addictions

• Substance Abuse and Domestic Violence

• Youth and Drugs Workshop

Dual Disorders

• Prevention and Health Promotion

• Multicultural Issues in Substance Abuse

Delivery Composed of 2, 3, and 5-day courses plus 1-day seminars on current topics

Location Varies (in Ontario)

Frequency/Length Annually; 3 weeks

Cost \$350 for 5-day courses; \$210 for 3-day courses; \$140 for 2-day courses



PRINT RESOURCES

The PRINT RESOURCES section gives primary sources for substance abuse related printed matter, as well as listing some sample items, many B.C. developed. (These are not intended to be taken as exemplary items, but rather as samples of available materials.) The Journals/Periodicals section lists U.S. and Canadian publications about which more detailed information can be obtained from any major library.

Sources Addiction Research Foundation	53
Alberta Alcohol and Drug Abuse Commission (AADAC)	53
Alcohol and Drug Programs	54
B.C. Prevention Resource Centre for the B.C. Ministry of Health	55
Canadian Centre on Substance Abuse	
	55
Health Canada	56
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Sunburst Communications	:8
Sample Items	
Action News	57
Addiction Counselling Training Manual	
Diseasing of America	57
· ·	58
Heavy Drinking: The Myth of Alcoholism as a Disease 5	58
Native Students with Problems of Addiction: A Manual for Adult Educators 5	58
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The Journal: Addictions News for Professionals	52
Towards Cross Cultural Sensitivity in the Human Services	
Total de Oloro Califara Constituti y III and Transacti Constituti	
Journals/Periodicals - U.S.	
	63
	63
	63
	63
	63
Addictive Behaviors; an international journal	63
Adolescent Counselor Magazine; education about addictions	63
Alcohol; an international biomedical journal	64
Alcohol & Alcoholism	64
Alconol Health & Research World	
Alcohol, Drugs and Driving	64
Alcoholism & Drug Abuse Weekly: news for policy and program decision-makers	64



SUBSTANCE ABUSE TRAINING RESOURCES

Alcoholism Briefs	64
Alcoholism Treatment Quarterly; the practitioner's quarterly for individual, group, and family therapy	64
Alcoholism: Clinical and Experimental Research	64
American Journal of Drug and Alcohol Abuse	65
American Journal on Addictions	65
Annual Editions: Drugs, Society and Behavior	65
Annual Review of Addictions Research and Treatment	65
Anti-drug Funding Alert	65
Brown University Digest of Addiction Theory & Application Data	65
Brown University Family Therapy Letter; monthly reports for professionals helping families	65
Brown University Long-term Care Quality Letter	65
C J N Drug Letter; drug detection and treatment in the criminal justice system	60
Contemporary Drug Problems	66
Counselor (Arlington)	00
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Pharmalert	
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Prevention Pipeline; an alcohol and drug awareness service	
Professional Counselor Magazine; serving the addictions field	
Psychology of Addictive Behaviors	
Recent Developments in Alcoholism	
Recovery Now	
Recovery Today; the newsmagazine for today's recovering community	
Report on Alcohol, Drugs, and Disability	
Research Advances in Alcohol & Drug Problems	
Research Communications in Substances of Abuse	
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SUBSTANCE ABUSE TRAINING RESOURCES

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ADDICTION RESEARCH FOUNDATION (ARF)

Catalogue Orders
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone: (416) 595-6059 or 1-800-661-1111 Fax: (416) 593-4694

The Addiction Research Foundation of Ontario (a designated collaborating centre of the World Health Organization) develops and makes available knowledge and programs relevant to the abuse of alcohol and other drugs. Their Training and Education department develops programs and materials and offers training programs for practitioners within Ontario, some by distance education methods (for details, see COURSES section). They are currently collaborating with Centennial College and McMaster University for the delivery of training. ARF hosts an annual summer institute (for details, see SUMMER INSTITUTES section). They also develop and publish a wide variety of print and audiovisual training materials.

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION (AADAC)

AADAC Production and Distribution 200 - 10909 Jasper Avenue Edmonton, Alberta T5J 3M9

Telephone: (403) 427-7319

Fax: (403) 422-5237

For over 40 years, AADAC and its funded agencies have been providing prevention and treatment services for alcohol and other drug problems to the citizens of Alberta. In addition to operating a full range of treatment facilities, AADAC develops and implements a broad array of prevention programs and initiatives. They publish the award-winning Developments, in addition to many other educational resources. See listings in WORKSHOFS and AUDIOVISUAL RESOURCES sections.



PRINT RESOURCES - SOURCES

ALCOHOL AND DRUG PROGRAMS

Central Office:

Alcohol and Drug Programs
Ministry of Health and Ministry Responsible for Seniors
3rd floor, 1019 Wharf Street
Victoria, B.C. V8V 1X4

Telephone: 387-4783

Fax: 356-2173

The Ministry of Health's ADP branch is responsible for planning, funding, and coordinating programs for the prevention and treatment of alcohol and other drug abuse in British Columbia. Regional offices and the central office have lending libraries of various sizes. Although organizational restructuring is currently under way within the Ministry of Health, it is anticipated that these collections will still be available to those who work in the alcohol and drug field. To access the collections, contact the individual office:

Regional offices:

Region 1 - Lower Mainland Alcohol and Drug Programs 509 - 4980 Kingsway Burnaby, B.C. V5H 4K7 Telephone : 660-6536

Fax: 660-6715

Region 2 - Fraser Valley Alcohol and Drug Programs 302 - 10090 152nd Street Surrey, B.C. V3R 8X8 Telephone: 660-8971

Fax: 660-9011

Region 3 - Thompson-Okanagan/Kootenays Alcohol and Drug Programs 300 - 1465 Ellis Street Kelowna, B.C. V1Y 2A3 Telephone: 861-7563

Fax: 881-7479

Region 4 - North
Alcohol and Drug Programs
390 - 444 Victoria Street
Prince George, B.C. V2L 2J7

Telephone: 565-6757

Fax: 565-6824

Region 5 - Vancouver island, Guif Islands, and Central Coast Alcohol and Drug Programs 610 - 495 Dunsmuir Street Nanaimo, B.C. V9R 6B9 Telephone: 755-2311

Fax: 755-2482

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B.C. PREVENTION RESOURCE CENTRE FOR THE B.C. MINISTRY OF HEALTH

#211 - 96 East Broadway Vancouver, B.C. V5T 1V6 Telephone: 874-8452 or 1-800-663-1880

Operated by Alcohol-Drug Education Services for the B.C. Ministry of Health

- Maintains a B.C. database of local prevention contacts, organizations, programs, materials, and current research
- Provides a prevention and treatment video-lending service free of charge to registered organizations such as schools and counselling services
- Produces Frontline, a guide to prevention resources published quarterly and distributed free of charge.
- Has on-site reference collection
- Offers on-line computer searches

CANADIAN CENTRE ON SUBSTANCE ABUSE

112 Kent Street, Ste. 480 Ottawa, Ontario K1P 5P2

Telephone: (613) 235-4048

Fax: (613) 235-8101

Created in 1988 as part of Canada's Drug Strategy, the Centre's goals are to promote:

- increased awareness of issues related to alcohol and drug use
- increased participation in the reduction of harm associated with alcohol and drug abuse
- the use and effectiveness of programs of excellence relevant to alcohol and drug abuse

The Centre's principal functions are research, policy development, and operation of the National Clearinghouse. Through the Clearinghouse, the Centre coordinates a Canada-wide network of agencies having libraries and resource centres with significant holdings relevant to alcohol and drug use and maintains computerized databases. Computer searches can be done on request. Plans are to implement an on-line computerized information service accessible to suitably equipped users on a dial-up basis.

The Centre publishes Action News (see PRINT RESOURCES - SAMPLE ITEMS section) 6 times per year, the Directory of Substance Abuse Organizations in Canada, and various research and policy monographs.

DIRECTIONAL LEARNING/ HEALTH EDCO

480 Washington Street Elora, Ontario NOB 1S0 Telephone: (519) 846-5397

Fax: (519) 846-9791

A publishing house specializing in health related materials, Directional Learning/Health Edco is the Canadian distributor for a large selection of alcohol and drug education products including:

- videotapes, filmstrips, and slides (especially the Substance Abuse Video library)
- education displays, kits, T-shirts, banners, balloons, and wall posters
- · booklets and curriculum modules
- · instructional software for computers



PRINT RESOURCES - SOURCES

HEALTH CANADA

Branch Publications Unit Health Services and Promotion Branch 5th floor, Jeanne Mance Bldg. Ottawa, Ontario K1A 1B4 Telephone: (613) 954-8576

This is one of the federal government departments responsible for implementation of Canada's Drug Strategy, a "coordinated effort to reduce the harm associated with the use of alcohol and other drugs". Funds are available through the regional office for community based projects. A variety of publications on the topics of alcohol, drugs, and related subjects are available through the national office. Publications take the form of pamphlets, booklets, and circulars in addition to research reports and statistical publications.

OFFICE OF SUBSTANCE ABUSE PREVENTION (OSAP) U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

ONCADI Publications Catalog P.O. Box 2345 Rockville, Maryland 20847-2345 Telephone: (703) 218-5600

Produces an annual catalogue of print and AV resources relevant to prevention. Also provides a Prevention Materials Data Base available on disk and a videotape resource program.

OSAP also operates the National Resource Center for Prevention of Perinatal Abuse of Alcohol and other Drugs, whose key functions are policy development, training, technical assistance, information and referral, and information dissemination.

SUNBURST COMMUNICATIONS

920 Mercer Street Windsor, Ontario N9A 7C2 Telephone: 1-800-431-1934 Fax: (519) 971-2712

Produces curriculum kits in the drug and alcohol field appropriate for use with elementary and secondary students. Might be of interest to prevention workers.



ACTION NEWS

Canadian Centre on Substance Abuse 112 Kent Street, Ste. 480

Ottawa, Ontario K1P 5P2

Telephone: (613) 235-4048

Fax: (613) 235-8101

Newsletter published 6 times per year which includes news items about substance abuse developments Canada-wide and feature articles and opinion pieces by prominent Canadians in addition to notes from their clearinghouse and announcements of upcoming conferences.

Annual subscription: \$12

ADDICTION COUNSELLING TRAINING MANUAL 1987

Addiction Research Foundation 33 Russell Street Toronto, Ontario M5S 2S1

Telephone: (416) 595-6059 or 1-800-681-1111

Fax: (416) 593-4694

Curriculum for baseline training of counsellors new to the addictions field. Based on a competency profile which stresses case identification and case management. Assumes no prior training in addictions counselling and is modularized in such a way that components can be excerpted for study. Covers:

- Counselling communication skills
- Practical drug concepts
- · Initial interview methods
- Treatment planning strategies

Target group: beginning workers with less than one year experience and no formal training

DISEASING OF AMERICA

S. Peele, 1989

D.C. Heath and Company 125 Spring Street Lexington, Massachusetts 02173 Telephone: 1-800-235-3565

Argues against the disease model explanation of alcoholism and drug addiction. Maintains that "people are active agents in - not passive victims of - their addictions". Argues that treating addictions as a disease affects the way we deal with them and "affects our views of ourselves as individuals and as a society. Presents a history of changing attitudes towards alcohol in the US plus research which contradicts many of the generally accepted ideas about alcoholism. Tracas the growth of the addiction treatment industry and the way this industry benefits from the alcoholism-asdisease concept. Closes with a suggestion that bringing about real social change and creating communities worth living in will positively affect our addictive life style.

Target group: advanced students; instructors of programs



PRINT RESOURCES - SAMPLE ITEMS

DRUGS AND ALCOHOL IN PERSPECTIVE

R. Fields, 1992

Wm. C. Brown Publishing 2460 Kerper Blvd. Dubuque, lowa 52001 Telephone: 1-800-346-2377

An introductory overview of the addiction field from a family dynamics viewpoint which covers:

- various models of the etiology of drug abuse including the disease model, the psychoanalytic model, sociocultural model, etc.
- summary information on various addictive drugs
- the family as a critical feature in drug addiction, including case studies plus detailed information on adult children of alcoholics
- approaches to prevention
- · dual disorders
- a brief summary of treatment approaches

Treats family issues in depth; some other topics get only brief overviews.

Target group: Students, counsellors

HEAVY DRINKING: THE MYTH OF ALCOHOLISM AS A DISEASE

H. Fingarette, 1988

University of California Press 2120 Berkeley Way Berkeley, California 94720

Telephone: (415) 642-4247

Fax: (415) 643-7127

Telephone: 832-7292

Attacks the public's belief in alcoholism as a disease by presenting results of research from biology, medicine, psychology, and sociology. Introduces new scientific perspectives and describes constructive approaches for those who want to help heavy drinkers who are seeking help. Sees heavy drinking as a way of life that is amenable to change. Similar content to Peele (page 57) but easier reading.

Target groups: Advanced students, counsellors

NATIVE STUDENTS WITH PROBLEMS OF ADDICTION: A MANUAL FOR ADULT EDUCATORS J.C. Haie, 1990

Native Adult Education Resource Centre
Okanagan University College
2690 Okanagan Avenue, Box 189
Salmon Arm, B.C. VOE 2T3

Provides background information and exercises for use by adult educators working with native students who may encounter problems of substance abuse in their classrooms or who may wish to introduce a prevention element into their curriculum. Covers background information on addictions,



prevention strategies, instruments for identifying addictions, bibliography, and reading list. Information suitable for use with non-native students as well.

Target group: Adult educators

RECOVERING FROM ADDICTION: A GUIDEBOOK FOR THE JOURNEY (Volumes 1 and 2) A. Podsadowski (Ed.), 1989

West Coast Alternatives Society North Vancouver, B.C.

A therapy manual produced by West Coast Alternatives Society with assistance from Open Learning Agency. Designed to be a supplement to individual or group counselling. Not designed for counsellor training but counsellors may find information and exercises which they can use with their clients. Volume 1 covers treatment, nature of addiction, self-esteem and recovery, skills of self care. Volume 2 covers family of origin, emotions, women and addiction, men and addiction, relationships, stress, and spirituality and recovery.

Target group: Clients

STEP BY STEP: A PREVENTION HANDBOOK ON ALCOHOL AND OTHER DRUG USE

Kaiser Youth Foundation 1500 West Georgia St. Vancouver, B.C. V6G 2Z8 Telephone: 681-1888 Fax: 685-9046

This recent publication of the Kaiser Youth Foundation is designed for any group who wishes to plan and carry out a successful prevention initiative. It answers questions like: "When do you start prevention?", "What do young people need at different ages?", "How do you handle cultural differences?", "What does and doesn't work?", and provides suggestions on getting funding, working with other groups, reducing risk factors for young people, and finding relevant print and audiovisual material.

SUBSTANCE ABUSE AWARENESS FOR HOME SUPPORT WORKERS / LONG TERM CARE AIDES Rosalie Chappell, 1991

Centre for Curriculum and Professional Development Province of British Columbia Fifth Floor, 1483 Douglas Street Victoria, B.C. V8W 3K4

Telephone: 387-6065

Fax: 387-9142

This is a foundation for a 12-hour workshop, useful for paraprofessionals and professionals whose work involves people who may be abusing substances. Contains a great deal of useful, user-friendly information, as well as sensitivity exercises.

Target Group: Professionals and paraprofessionals



SUBSTANCE ABUSE CURRICULUM RESOURCES: ASSESSMENT AND REFERRAL 1990

Open Learning Agency **Marketing Department** P.O. Box 82030 Burnaby, B.C. V5C 6J8

Telephone: 431-3300 or 1-800-663-9711 Fax: 431-3333

Prepared by Fraser Valley College for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. Introduces various approaches to assessment and stresses the importance of assessment in creation of an effective treatment plan. Explains the referral process and the importance of follow-up. Provides information and exercises on communication skills, time management, and effective writing. introduces various legal and ethical issues and provides case studies to stimulate discussion.

SUBSTANCE ABUSE CURRICULUM RESOURCES: CONCEPTS 1990

Open Learning Agency Marketing Department P.O. Box 82030 Burnaby, B.C. V5C 6J8

Telephone: 431-3300 or 1-800-663-9711 Fax: 431-3333

Prepared by Vancouver Community College for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. Provides a broad overview of the field beginning with an explanation of the drugs themselves and their effects on individuals and families. The Use/Abuse continuum is introduced, leading to a discussion of recovery, aftercare, and relapse prevention. Different theoretical models of chemical dependency are discussed; various approaches to treatment and prevention are introduced. Introduces the basic terminology of the field and provides a foundation for the remaining volumes in the series.

SUBSTANCE ABUSE CURRICULUM RESOURCES: COUNSELLING 1990

Open Learning Agency Marketing Department P.O. Box 82030 Burnaby, B.C. V5C 6J8

Telephone: 431-3300 or 1-800-663-9711

Fax: 431-3333

Prepared by the University of Victoria for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. An annotated bibliography of print and audiovisual resources to support the acquisition of various counselling skills. Resources listed are skill-specific and skills are divided into the following categories:

- basic counselling skills: self
- advanced counselling skills: self
- · basic counselling skills: others



· advanced counselling skills: others

• counselling skills: group

· counselling skills: family

SUBSTANCE ABUSE CURRICULUM RESOURCES: ISSUES 1990

Open Learning Agency Marketing Department P.O. Box 82030 Burnaby, B.C. V5C 6J8 Telephone: 431-3300 or 1-800-663-9711 Fex: 431-3333

Prepared by Cariboo College for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. Provides background information, supplemental materials and discussion questions in the following areas:

- ongoing issues, including an historical perspective
- cultural issues, including sections on seniors, youth, women and other groups
- native issues, including native approaches to treatment
- individual issues, including family issues
- health issues, including FAS, dual diagnosis, and others
- prevention strategies
- community issues
- international, federal, and provincial initiatives
- political and economic issues

SUBSTANCE ABUSE CURRICULUM RESOURCES: PREVENTION/TREATMENT 1990

Open Learning Agency Marketing Department P.O. Box 82030 Burnaby, B.C. V5C 6J8 Telephone: 431-3300 or 1-800-663-9711 Fax: 431-3333

Prepared by Malaspina College for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. Provides an overview of primary, secondary, and tertiary prevention and follows with explanations of the principal approaches to treatment, including the disease model, psycho-social models, psycho-dynamic models and others. Argues for integration of the various approaches to treatment.



PRINT RESOURCES - SAMPLE ITEMS

THE JOURNAL: ADDICTIONS NEWS FOR PROFESSIONALS

The Journal
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone: (416) 595-6664

A bimonthly publication of the Addiction Research Foundation. Includes news items, research updates, feature articles, book and video reviews, conference listings and other items of interest. Subscriptions are \$15 per year.

TOWARDS CROSS CULTURAL SENSITIVITY IN THE HUMAN SERVICES

Gloria Wolfson (Ed.), 1993

University College of the Fraser Valley UCFV Press 33844 King Road, RR#2 Abbotsford, B.C. V2S 4N2

Telephone: 853-7441 Fax: 853-9990

This is comprised of two linked manuals - an instructor manual and a student based manual. The manual would be useful for those planning training involving communicating with clients across cultures. It includes both theoretical information on approaches to working with clients from other cultures as well as specific exercises designed to deal with our own attitudes.



ADAMHANEWS

US Department of Health and Human Services, Alcohol, Drug Abuse, and Mental Health Administration, Rockville, MD

ADDICTION & RECOVERY

International Publishing Group, Cleveland, OH Serving prevention, treatment and recovery professionals, providing an overview of alcoholism and chemical dependency issues.

THE ADDICTION LETTER

Manisses Communications Group, Inc., Providence RI Resource exchange on treatment and prevention of chemical and behavioral addictions.

ADDICTION RESEARCH

Harwood Academic Publishers, New York, NY

ADDICTIONS NURSING NETWORK

Mary Ann Liebert, Inc., New York, NY Recognizes the major role of nurses in identifying and intervening with drug and alcohol abuse. Provides current information on serious major health problems, as well as specialties of addictions nursing.

ADDICTIVE BEHAVIORS; an international journal

Pergamon Press, Inc., Tarrytown, NY
Publishes original research and theoretical papers in the area of substance abuse, with particular emphasis on alcohol and drug abuse, smoking and problems associated with eating. Refereed.

ADOLESCENT COUNSELOR MAGAZINE; education about addictions

A & D Publications Corporation, Deerfield, FL Education and prevention aspects of adolescent addictions for people who work with youth and are not professionals in the addictions field.



ALCCHOL; an International biomedical journal

Pergamon Press, Inc., Tarrytown, NY Publishes original research articles and reviews on biomedical aspects of alcohol abuse and alcoholism. Refereed.

ALCOHOL & ALCOHOLISM

Pergamon Press, Inc., Tarrytown, NY Publishes research from all clinical disciplines of medicine, the basic medical sciences, psychology, sociology, and epidemiology. Refereed.

ALCOHOL HEALTH & RESEARCH WORLD

US National Institute on Alcohol Abuse and Alcoholism, Rockville, MD

ALCOHOL, DRUGS AND DRIVING

University of California, Los Angeles, CA Provides a conspectus of recently published literature on the subject of driving skills impairment resulting from alcohol and drugs used separately or in combination.

ALCOHOLISM & DRUG ABUSE WEEKLY; news for policy and program decision-makers

Manisses Communications Group, Inc., Providence, RI
Covers public policy and economic issues for those in the public, private and non-profit sectors.

ALCOHOLISM BRIEFS

Del Mar Publications, Deerfield, IL National digest to provide a clearing house and exchange for concise news and information on alcoholism and related subjects.

ALCOHOLISM TREATMENT QUARTERLY; practitioner's quarterly for individual, group, & family therapy

Haworth Press, Inc., Binghamton, NY Geared towards the needs of clinicians who work with alcoholic clients and their families. Refereed.

ALCOHOLISM: CLINICAL AND EXPERIMENTAL RESEARCH

Williams & Wilkins, Baltimore, MD
Original clinical and research studies on alcoholism, alcohol-induced syndromes and resultant organ damage. Refereed.



AMERICAN JOURNAL OF DRUG AND ALCOHOL ABUSE

Marcel Dekker Journals, New York, NY Refereed.

AMERICAN JOURNAL ON ADDICTIONS

American Psychiatric Press, Inc., Washington, DC Presents original research related to the assessment and treatment of addictive disorders.

ANNUAL EDITIONS: DRUGS, SOCIETY AND BEHAVIOR

Dushkin Publishing Group, Inc., Guilford, CT

ANNUAL REVIEW OF ADDICTIONS RESEARCH AND TREATMENT

Pergamon Press, Inc., Tarrytown, NY Provides a historical and scientific perspective for recent advances and research in the fields of alcohol and drug studies. Refereed.

ANTI-DRUG FUNDING ALERT

Government Information Services, Arlington, VA Covers developments affecting federal aid for anti-drug programs and for law enforcement.

BROWN UNIVERSITY DIGEST OF ADDICTION THEORY & APPLICATION DATA

Manisses Communications Group, Inc., Providence, RI
Digest of articles that have appeared in leading medical and professional journals concerning addiction.

BROWN UNIVERSITY FAMILY THERAPY LETTER; monthly reports for professionals helping families

Manisses Communications Group, Inc., Providence, RI Practical reports for professionals working with families.

BROWN UNIVERSITY LONG-TERM CARE QUALITY LETTER

Manisses Communications Group, Inc., Providence, RI
Practical reports for administrators and clinical directors of long-term care facilities.



C J N DRUG LETTER; drug detection and treatment in the criminal justice system

Pace Publications, New York, NY Reports on legislative, legal, administrative and technical developments affecting drug testing and treatment in the criminal justice system.

CONTEMPORARY DRUG PROBLEMS

Federal Legal Publications, Inc., New York, NY

COUNSELOR (ARLINGTON)

National Association of Alcoholism and Drug Abuse Counselors, Arlington, VA Provides information on current research and treatment.

DRUG ABUSE AND ALCOHOLISM NEWSLETTER

Vista Hill Foundation, San Diego, CA

THE DRUG EDUCATOR

American Council for Drug Education, Rockville, MD Contains articles on drug and alcohol use by junior high, high school and college level students.

E A P DIGEST (Employee Assistance Programs)

Performance Resource Press, Inc., Troy, MI

EMPLOYEE ASSISTANCE QUARTERLY

Haworth Press, Inc., Binghamton, NY Covers development of scholarly and research literature regarding work-based alcoholism programs and the employee assistance movement. Refereed.

FAMILY THERAPY NETWORKER

Family Therapy Network, Inc., Washington, DC Professional journal for social workers, psychologists, therapists and educators.



INTERNATIONAL JOURNAL OF THE ADDICTIONS

Marcel Dekker Journals, New York, NY Refereed.

JOURNAL OF ADDICTIVE DISEASES

Haworth Press, Inc., Binghamton, NY Covers current topics in alcoholism and substance abuse field and devotes an entire issue to each topic. Refereed.

JOURNAL OF ADOLESCENT CHEMICAL DEPENDENCY

Haworth Press, Inc., Binghamton, NY
Emphasizes a practical orientation in the treatment of adolescent substance abuse by addressing a broad range of clinical issues as they relate to treating chemically dependent adolescents and their

families. Refereed.

JOURNAL OF ALCOHOL AND DRUG EDUCATION

Alcohol and Drug Problems Association of North America, Lansing, MI

JOURNAL OF CHEMICAL DEPENDENCY TREATMENT

Haworth Press, Inc., Binghamton, NY
For professionals providing direct clinical services. Each issue examines a specific chemical dependency problem. Stresses clinical techniques and methods but integrates theory and research. Refereed.

JOURNAL OF DRUG EDUCATION

Baywood Publishing Co. Inc., Amityville, NY Contains current, authoritative and practical articles on the latest developments in preventive practices, and issues and trends in drug education and addiction management.

JOURNAL OF DRUG ISSUES

Journal of Drug Issues Inc., Tallahassee, FL.
Critical commentary on a wide range of drug policy issues. Refereed.



JOURNAL OF MENTAL HEALTH ADMINISTRATION

University of South Florida, Tampa, FL Publishes original research on the organization, financing and delivery of mental health services and substance abuse treatment services. Refereed.

JOURNAL OF MINISTRY IN ADDICTION & RECOVERY

Haworth Press, Inc., Binghamton, NY Offers pastoral caregivers and others in the addiction field innovative approaches to treating a variety of addictive behaviors.

JOURNAL OF PSYCHOACTIVE DRUGS; a multidiscipling y forum

Haight-Ashbury Publications, San Francisco, CA Focuses on human use and abuse of alcohol and other drugs, as well as related issues, such as AIDS and dual diagnosis. Refereed.

JOURNAL OF PUBLIC HEALTH POLICY

Journal of Public Health Policy, Inc., South Burlington, VT Refereed.

JOURNAL OF STUDIES ON ALCOHOL

Alcohol Research Documentation, Inc., Piscataway, NJ Contributes to knowledge about alcohol, its use, misuse and its biomedical, behavioral and sociocultural effects.

JOURNAL OF STUDIES ON ALCOHOL, SUPPLEMENT

Alcohol Research Documentation, Inc., Piscataway, NJ Reports research on alcohol-related problems.

JOURNAL OF SUBSTANCE ABUSE

Ablex Publishing Corporation, Norwood, NJ

JOURNAL OF SUBSTANCE ABUSE TREATMENT

Pergamon Press, Inc., Tarrytown, NY Refereed.



NATIONAL REPORT ON SUBSTANCE ABUSE

Buraff Publications, Washington, DC Covers substance abuse in the workplace: testing, employee privacy rights, pre-employment screening, legislation, regulation, employer liability, and court decisions.

PHARMALERT

University of Maryland, Baltimore, MD

PHARMCHEM NEWSLETTER

PharmChem Laboratories, Inc., Menlo Park, CA

PREVENTION PIPELINE; an alcohol and drug awareness service

National Clearinghouse for Alcohol and Drug Information, Rockville, MD Intended to stimulate an exchange of information and experiences among specialists in the field of drug and alcohol abuse prevention, focusing on the announcement of programmatic resources and selected scientific-technical literature, upcoming conferences, and news from the field.

PROFESSIONAL COUNSELOR MAGAZINE; serving the addictions field

A & D Publications Corporation, Deerfield, FL Features articles about addictions treatment and prevention. Covers the clinical, social and political aspects of addictions.

PSYCHOLOGY OF ADDICTIVE BEHAVIORS

Educational Publishing Foundation, Washington, DC Covers alcoholism, drug abuse, eating disorders, smoking and nicotine addiction, and other compulsive behaviors such as gambling.

RECENT DEVELOPMENTS IN ALCOHOLISM

Plenum Publishing Corp., New York, NY Refereed.

RECOVERY TODAY; the newsmagazine for today's recovering community

Recovery Today, Deerfield Beach, FL Focuses on recovery from alcoholism, drug addiction and eating disorders. Promotes personal growth.



REPORT ON ALCOHOL, DRUGS, AND DISABILITY

Pacific Research and Training Alliance, San Mateo, CA Includes a calendar of events and activities, legislative updates, successful program descriptions, editorial opinion, leadership profiles, and networking opportunities.

RESEARCH ADVANCES IN ALCOHOL & DRUG PROBLEMS

Plenum Publishing Corp., New York, NY Refereed.

RESEARCH COMMUNICATIONS IN SUBSTANCES OF ABUSE

P J D Publications Ltd., Westbury, NY Focuses on clinical and human aspects of all abused substance, including alcohol, synthetic and natural substances. Refereed.

RUTGERS CENTER OF ALCOHOL STUDIES. MONOGRAPH

Rutgers Center of Alcohol Studies, Piscataway, NJ

S A L I S DIRECTORY

Substance Abuse Librarians and Information Specialists, Alcohol Research Group, Berkeley, CA International listing of nearly 200 alcohol and other drug-specific libraries, clearing houses, resource and information centers.

SALIS NEWS

Substance Abuse Librarians and Information Specialists, Berkeley, CA Linkage and networking of relevant information sources.

SCHOOL INTERVENTION REPORT

Safe Schools Coalition, Inc., Holmes Beach, FL Covers students at risk, including those from drugs, alcohol, dropping out, physical violence and adolescent pregnancy.

SMOKING AND HEALTH BULLETIN

US Office on Smoking and Health, Atlanta, GA
Discusses all points of tobacco use: toxicology, diseases, effects on pregnancy, psychological aspects. Includes legislative information.



SOBER TIMES; the recovery magazine

San Diego, CA

Focuses on ways to maintain happy, healthy lives, free of substance abuse and compulsive behavior.

STREET PHARMACOLOGIST

Up Front, Inc., Miami, FL

Discusses substance abuse trends and other drug-related issues.

STUDENT ASSISTANCE JOURNAL

Performance Resource Press, Inc., Troy, MI

Looks at the various personal problems of students and how they affect their behavior at school.

Emphasis is on drug abuse and alcoholism.

SUBSTANCE ABUSE

Manisses Communication Group, Inc., Providence, RI

Provides a forum for the exchange of information on techniques of substance abuse teaching.

SUBSTANCE ABUSE REPORT; twice-monthly newsletter covering all aspects of drug abuse: its prevention, detection and treatment

Business Research Publications, Inc., New York, NY

Analysis of current developments in the substance abuse treatment field. Contains news and information on treatment programs, medical research and laboratory breakthroughs written for a professional audience.

WOMEN'S RECOVERY NETWORK

WebWords Press Inc., Columbus, OH

Feminist forum for women who have known abuse and/or addiction and who now seek political and spiritual solutions.

YEARBOOK OF SUBSTANCE USE AND ABUSE

Human Sciences Press, Inc., New York, NY Refereed.



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ADDICTION RESEARCH FOUNDATION OF ONTARIO, ANNUAL REPORT

Addiction Research Foundation, Toronto, ON

ADDICTION RESEARCH FOUNDATION, JOURNAL

Addiction Research Foundation of Ontario, Toronto, ON Covers the latest developments in the alcohol and drug field in North America. See fuller listing on page 62.

CONCERNS

Concerns Canada, Scarborough, ON informs members of issues and programs involving the organization, its Board and staff.



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AUDIOVISUAL RESOURCES

The AUDIOVISUAL RESOURCES section provides primary sources for substance abuse related audiovisual materials, as well as some B.C. based sample items. (These are not intended to be taken as exemplary items, but rather as samples of the materials available.)

Sources	
Addiction Research Foundation	75
B.C. Prevention Resource Centre for the B.C. Ministry of Health	
Directional Learning/Health Edco	75
Office of Substance Abuse Prevention (OSAP), U.S. Department of Health and Human Services	76
Sample Items	
Addictions: Getting In Getting Out	77
Addictions: Getting In Getting Out - Counselling Issues	77
Community Mobilization to Prevent Alcohol and Other Drug Problems: Facilitator's Manual	78
Together We Can Make a Difference	78
Opening the Door - Assisting Chemically Dependent Patients: A Video-based Training Program for Nurse	



ADDICTION RESEARCH FOUNDATION (ARF)

Marketing, Catalogue Orders 33 Russell Street Toronto, Ontario M5S 2S1

Training and Education

Telephone: (416) 595-6059

or 1-800-661-1111 Fax: (416) 593-4694

Telephone: (416) 595-6020 Fax: (416) 595-6644

The Addiction Research Foundation of Ontario (a designated collaborating centre of the World Health Organization) develops and makes available knowledge and programs relevant to the abuse of alcohol and other drugs. Their Training and Education department develops programs and materials and offers training programs for practitioners within Ontario, some by distance education methods (for details, see COURSES section). They are currently collaborating with Centennial College and McMaster University for the delivery of training. ARF hosts an annual summer institute (for details, see SUMMER INSTITUTES section). They also develop and publish a wide variety of print and AV training materials.

B.C. PREVENTION RESOURCE CENTRE FOR THE B.C. MINISTRY OF HEALTH

#211 - 96 East Broadway Vancouver, B.C. V5T 1V6

Telephone: 874-8452 or 1-800-663-1880

Operated by Alcohol-Drug Education Service.

Maintains a B.C. database of local prevention contacts, organizations, programs, materials, and current research and provides a prevention and treatment video-lending service free of charge to registered organizations such as schools and counselling services. Also produces Frontline, a guide to prevention resources published quarterly and distributed free of charge. They have on-site reference collection and offer on-line computer searches.

DIRECTIONAL LEARNING/ HEALTH EDCO

480 Washington Street Elora, Ontario NOB 1S0 Telephone: (519) 846-5397 Fax: (519) 846-9791

A publishing house specializing in health related materials, Directional Learning/Health Edco is the Canadian distributor for a large selection of alcohol and drug education products including:

- videotapes, filmstrips, and slides (especially the Substance Abuse Video library)
- education displays, kits, T-shirts, banners, balloons, and wall posters
- · booklets and curriculum modules
- instructional software for computers



AUDIOVISUAL RESOURCES - SOURCES

OFFICE OF SUBSTANCE ABUSE PREVENTION U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

ONCADI Publications Catalog P.O. Box 2345 Rockville, Maryland 20847-2345

Telephone: (703) 218-5600

Produces an annual catalogue of print and AV resources relevant to prevention. Also provides a Prevention Materials Data Base available on disk and a videotape resource program.



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Telephone: 926-7560

Telephone: 926-7560

ADDICTIONS: GETTING IN GETTING OUT (Videotape)

J. Ashworth (Producer/Director), 1992

Designed Learning Incorporated 4491 Marine Drive West Vancouver, B.C. V7W 2N8

Cost \$235 plus GST/PST

Time 57 minutes

Five recovering alcohol and drug addicts tell their stories in a very intense and powerful manner, moving from initial use and misuse through to recovery. The video presents unique characters, counteracting some of the stereotyping of addicts which can otherwise occur. Good introduction to the problems of misuse for beginning counsellors or students; could also be useful for prevention programs.

ADDICTIONS: GETTING IN GETTING OUT - COUNSELLING (SSUES (Videotape)

J. Ashworth (Producer/Director), 1992

Designed Learning Incorporated 4491 Marine Drive West Vancouver, B.C. V7W 2N8

Cost \$89 plus GST & PST

Time 22 minutes

A companion video to "Getting in getting out". Several local practitioners comment on the key counselling issues involved in the treatment of alcohol and drug abusers. Points are illustrated via case dramatization which runs throughout the program. Topics include:

- · assessing the problem
- the therapeutic approach
- · working with the family
- women in treatment
- the treatment process
- recovery

Should be viewed after "Getting in getting out". Good overview for working counsellors or students.



COMMUNITY MOBILIZATION TO PREVENT ALCOHOL AND OTHER DRUG PROBLEMS: FACILITATOR'S MANUAL

Alcohol-Drug Education Service 96 East Broadway Vancouver, B.C. V5T 1V6 Telephone: 874-3466

Fax: 874-0903

Cost \$27.00 (Manual and video together \$55)

Complete set of materials for running a community mobilization workshop plus glossary, references, and resources. Five-part video called "Together we can make a difference" accompanies manual (see below).

TOGETHER WE CAN MAKE A DIFFERENCE, 1990 (Videotape)

Alcohol-Drug Education Service 96 East Broadway Vancouver, B.C. V5T 1V6

Telephone: 874-3466

Fax: 874-0903

Cost \$33

Time 130 minutes

A five-part video designed to accompany community mobilization workshop. Could be useful for workers who want to initiate a program in their communities.

OPENING THE DOOR - ASSISTING CHEMICALLY DEPENDENT PATIENTS: A VIDEO-BASED TRAINING PROGRAM FOR NURSES

RNABC Helen Randall Library 2855 Arbutus Street Vancouver, B.C. V6J 3Y8 Telephone: 736-7331

Fax: 738-2272

A kit consisting of a 25-minute video, 10 copies of the reference guide, and 20 in-service posters (pub. #29) costs \$150. Extra copies of the reference guide are available (pub. #32) at a cost of \$10 each.

This program, sponsored by ADP and developed by the Registered Nurses Association of B.C. (RNABC), consists of a video and a reference guide to increase awareness about the extent of chemical dependency within the hospital patient population. It provides the foundation of knowledge and skills for identifying and referring chemically dependent patients to hospital and community resources. The reference guide is fully integrated with the video and provides background and follow-up information on the issues raised in the video. The video focuses on numbers in a hospital setting but is appropriate for nurses in a community health setting.

The TRAINING RESOURCE ORGANIZATIONS listed in this section are available to serve as resources for developing and delivering training sessions.

Training Resource Organizations	
Addiction Research Foundation	81
AIDS Society of Kamloops	81
AIDS Vancouver	81
Alberta Alcohol and Drug Abuse Commission (AADAC)	82
Alcohol - Drug Education Service	
B.C. Prevention Resource Centre for the B.C. Ministry of Health	
Canadian Centre for Substance Abuse	83
C.A.R.E. Clinic - Community Assessment, Referral and Education	
Direct Care Training Services	
Health Canada	
Johnson Institute	
Kaiser Youth Foundation	
National Native Alcohol and Drug Abuse Programs (NNADAP)	
Nechako Treatment Centre	
Nechi Institute on Alcohol and Drug Education	
Northern Community Business College	
Registered Nurses Association of B.C. (RNABC)	
White Rock Family Therapy Institute	
Yaletown Family Therapy	



ADDICTION RESEARCH FOUNDATION (ARF)

Marketing, Catalogue Orders 33 Russell Street Toronto, Ontario M5S 2S1

Training and Education

Telephone: (416) 595-6059

or 1-800-661-1111

Fax: (416) 593-4694

Telephone: (416) 595 6020

Fax: (416) 595-6644

The Addiction Research Foundation of Ontario (a designated collaborating centre of the World Health Organization) develops and makes available knowledge and programs relevant to the abuse of alcohol and other drugs. Their Training and Education department develops programs and materials and offers training programs for practitioners within Ontario, some by distance education methods (for details, see COURSES section). They are currently collaborating with Centennial College and McMaster University for the delivery of training. ARF hosts an annual summer institute (for details, see SUMMER INSTITUTES section). They also develop and publish a wide variety of print and AV training materials.

AIDS SOCIETY OF KAMLOOPS

#3 - 440 Victoria St. Kamloops, B.C. V2C 2A7 Telephone: 372-7585 Fax: 372-1147

A registered non-profit society, the AIDS Society of Kamloops has been active as a community HIV/AIDS prevention and education program since 1990. It can provide workshops on HIV/AIDS and youth, AIDS in the workplace, volunteering in AIDS services, sexuality (including condom use and safer sex) and IV drug use.

AIDS VANCOUVER

Pacific AIDS Resource Centre 1107 Seymour Street Vancouver, B.C. V6B 5S8 Business: 893-2210

Helplines

English: 687-2437

Cantonese/Mandarin: 687-2727

Spanish : 687-3433

TTY: 893-2215

Through a variety of programs provided by Support Services, AIDS Vancouver assists people living with AIDS and HIV through ensuring access to adequate nutrition, shelter, and income as well as practical and emotional support. Educational programs include: Speakers Bureau; Women's Programs; Man to Man - a program serving homosexual and bisexual men; Workplace Project; Asian Support AIDS Project; and a library with a comprehensive collection of print, audio and video materials available to the public. The AIDS Helpline is open Monday to Thursday from 10 am to 9 pm, Friday from 10 am to 5 pm, and Saturday from 11 am to 3 pm.



ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION (AADAC)

10909 Jasper Avenue Edmonton, AB T5J 3M9 Telephone: (403) 427-2837

Fax: (403) 423-1419

For over 40 years, AADAC and its funded agencies have been providing prevention and treatment services for alcohol and other drug problems to the citizens of Alberta. In addition to operating a full range of treatment facilities, AADAC develops and implements a broad array of prevention programs and initiatives. For sample AADAC workshops, see WORKSHOPS section.

Quoting from their program philosophy statement: "AADAC is an addictions agency which operates from the general principle that the person and not the substance is the most important element in drug use and drug problems. While recognizing the validity and necessity of supply reduction strategies, AADAC's approach to the prevention and treatment of drug problems primarily aims at reducing people's demand for drugs through developing individual competence and creating healthy environments."

ALCOHOL - DRUG EDUCATION SERVICE

212, 96 East Broadway, Vancouver, B.C. V5T 1V6 Telephone: (604) 874-3466

Fax: (604) 874-0903

"The Alcohol - Drug Education Service is a registered non-profit, charitable organization active in prevention, education, and the promotion of sound policies regarding alcohol and other drugs. ADES is committed to the research, development and implementation of high quality programs."... It "provides teacher and other professional training, community workshops, consultation and coordination to groups." (from their Fact Sheet).

ADES produces a number of programs which might be used by counsellors in their work with community groups and schools, including some in languages other than English. However, the items of most relevance to counselor training itself are:

- Prevention Connection. A "community-driven publication" for sharing information, successes, and experience between groups and individuals" working in the prevention field.
- Pacific Institute on Addiction Studies. An annual conference-like residential learning experience
 for workers in the addictions field held under the joint sponsorship of ADES, Vancouver and
 Concerns, Canada of Scarborough, Ontario. It consists of plenary sessions, seminars,
 speakers and is certified for Continuing education credits for CACs and CADCs. In 1993, the
 Institute also provided a vehicle for acquiring course credit through Uvic's School of Child
 and Youth Care.
- a variety of school and community development resources



B.C. PREVENTION RESOURCE CENTRE FOR THE B.C. MINISTRY OF HEALTH

Alcohol-Drug Education Services #211 - 96 East Broadway Vancouver, B.C. V5T 1V6

Telephone: 874-8452 or 1-800-663-1880

- Maintains a B.C. database of local prevention contacts, organizations, programs, materials, and current research
- Provides a prevention and treatment video-lending service free of charge to registered organizations such as schools and counselling services
- Produces Frontline, a guide to prevention resources published quarterly and distributed free of
- Has on-site reference collection
- Offers on-line computer searches

CANADIAN CENTRE ON SUBSTANCE ABUSE

112 Kent Street, Ste. 480 Ottawa, Ontario K1P 5P2

Telephone: (613) 235-4048

Fax: (613) 235-8101

Created in 1988 as part of Canada's Drug Strategy, the Centre's goals are:

- to promote increased awareness of issues related to alcohol and drug use
- to promote increased participation in the reduction of harm associated with alcohol and drug abuse
- to promote the use and effectiveness of programs of excellence relevant to alcohol and drug

The Centre's principal functions are research, policy development, and operation of the National Clearinghouse. Through the Clearinghouse, the Centre coordinates a Canada-wide network of agencies having libraries and resource centres with significant holdings relevant to alcohol and drug use and maintains computerized databases. Computer searches can be done on request. Plans are to implement an on-line computerized information service accessible to suitably equipped users on a dial-up basis.

The Centre publishes Action News (see PRINT RESOURCES - SAMPLE ITEMS section) 6 times per year, the Directory of Substance Abuse Organizations in Canada, and various research and policy monographs.



C.A.R.E. CLINIC - COMMUNITY ASSESSMENT, REFERRAL AND EDUCATION

UBC Department of Family Practice Dr. Ray Baker 690 West 11th Avenue Vancouver, B.C. V5Z 1M1 Telephone: 875-5602

Fax: 875-5017

The clinic is being developed as a centre of excellence, using an interdisciplinary team approach to biopsychosocial assessment of persons with a variety of problems including substance use disorders, dual diagnoses, and chronic pain coupled with addiction. Assessments generate negotiated treatment plans including the family and sometimes the workplace. Cost of services will vary with patient profile. Training of medical students, residents and community physicians will be a priority for the program, however, since social workers, certified addictions counsellors, clinical psychologists and nurse practitioners will be associated with the program, opportunities for training individuals from these disciplines will likely develop.

DIRECT CARE TRAINING SERVICES

#101 - 2700 Queensway St. Prince George, B.C. V2L 1N2

Telephone: 564-2477

Fax: 564-2454

Supported by Employment and Immigration Canada, Direct Care Training Services provides, coordinates, facilitates, and advocates for direct care training in the human service and health sectors. It conducted a training needs assessment in the Prince George area and now maintains a database of training opportunities and distributes a regular newsletter (including training events calendar) to its members. It also provides a 3-week PREP (introduction to employment in the human services) training program.

HEALTH CANADA

Health Promotion and Social Development 750 Cambie Street, Ste. 425 Vancouver, B.C. V6B 4V5

Telephone: 666-3100

Fax: 666-8986

Contact Carol Legge, Program Consultant

This is one of the federal government departments responsible for implementation of Canada's Drug Strategy, a "coordinated effort to reduce the harm associated with the use of alcohol and other drugs". Funds are available through the regional office for community based projects. A variety of publications are available through the national office.

National Office:

Health Promotion Directorate Health Canada 4th floor, Jeanne Mance Bidg. Tunney's Pasture Ottawa, Ontario K1A 1B4 Telephone: (613) 954-1215

Fax: (613) 990-7097



JOHNSON INSTITUTE

7205 Ohms Lane Minneapolis, Minnesota 55439-2159 Telephone: (612) 831-1630

The institute emphasizes the Minnesota Model. They provide many custom-designed and packaged workshops to North American schools, treatment centres, hospitals, businesses and corrections departments. In B.C., Johnson Institute courses are often brokered by community colleges. (For details of sample workshops, see WORKSHOPS section.) The institute also sells print and video resources. Catalogue available.

KAISER YOUTH FOUNDATION

1500 West Georgia St. Vancouver, B.C. V6G 2Z8

Telephone: 681-1888

Telephone: 666-8182

Fax: 685-9046

Formed in 1985 and formerly known as the Kalser Substance Abuse Foundation, this organization is an incorporated non-profit society and a registered charity dedicated to prevention initiatives, especially among youth. It publishes the *Directory of Substance Abuse Services in British Columbia* every second year and is a source of support for the substance abuse components of the *Learning for Living* program introduced in the schools in 1991. Recently, it has published *Step by Step: A Prevention Handbook on Alcohol and Other Drug Use* (see PRINT RESOURCES - SAMPLE ITEMS section).

NATIONAL NATIVE ALCOHOL AND DRUG ABUSE PROGRAMS (NNADAP)

Health Canada, Medical Services Branch National Native Alcohol and Drug Abuse Programs (NNADAP) Pacific Region 540-757 West Hastings Street Vancouver, B.C. V6Z 1A1

NNADAP's objective is "to support Indian and Inuit people and their reserve communities in establishing and operating programs aimed at arresting and offsetting high levels of alcohol, drug and solvent abuse". NNADAP emphasizes prevention, treatment and maintenance as essential and interrelated elements in a balanced response to the abuse problem. Community support and involvement are solicited in identifying the local alcohol and drug abuse problems, in determining the priority services that should be delivered, and in designing projects.



NECHAKO TREATMENT CENTRE

Prince George Regional Hospital

2000 - 15th Avenue

Prince George, B.C. V2M 1S2

Telephone: 565-2387

Fax: 565-2524

Nechako Treatment Centre offers custom designed contract training for counsellors in the area of group work. Training is done on site at the agency requesting training. Topics include:

- group therapy for women and men who are substance affected and/or chemically dependent
- group work with couples
- group work with men in recovery who have assaulted their partners

NECHI INSTITUTE ON ALCOHOL AND DRUG EDUCATION

P.O. Box 34007 Kingsway Mall Post Office Edmonton, Alberta T5G 3G4

Telephone: (403) 458-1884

Fax: (403) 458-1883

Telephone: 564-8985

Incorporated as a non-profit society in 1974, Nechi Institute offers training for Native people by Native people. Programs are residential and follow traditional Native teaching styles (see PROGRAMS and WORKSHOPS sections). It is located in a joint facility with Poundmaker's Lodge on the outskirts of Edmonton. Nechi also contracts with organizations to offer on-site training across Canada. Has a library of 2800 items (670 of which deal with Native issues) plus 150 video titles (not yet catalogued) for loan to immediate area only; will do computer searches for a fee.

NORTHERN COMMUNITY BUSINESS COLLEGE

258 Boyd Street Prince George, B.C. V2M 4W9

Contact

Jan Pooley

As a private college, the Northern Community Business College offers a variety of workshops related to substance abuse counselling. The following is a sample list:

Addiction Counselling Training
Adult Children of Alcoholics
Clinical Day for Medical Personnel
Counselling Co-Dependents
Ethics for Addiction Counsellors
Group Skills in the Addictions Field
Intervention Counselling Program
Overview of Chemical Dependency
Prevention Training
Relapse Prevention Workshop
Rural Issues in Treatment

Suicide Assessment

Adolescent Assessment
Anger Management
Counselling Communication Skills
Dual Diagnosis
Effective Case Management and Documentation
Family Violence in relation to Drug and Alcohol Use
Marital and Family Issues in Addiction
Parenting Issues in Drug Use
Program Planning and Evaluation
Relaxation/Stress Management for Helping Professions
Sexual Abuse Issues in Relation to Chemical Dependency
Women and Issues of Chemical Dependency

REGISTERED NURSES ASSOCIATION OF B.C. (RNABC)

Nursing Practice Consultant Mental Health and Chemical Dependency 2855 Arbutus Street Vancouver, B.C. V6J 3Y8

Telephone: 736-7331 or 1-800-972-6505

Contact

Mary Aldersberg

The RNABC has developed training materials to assist nurses in the discharge of their patient care responsibilities (see *Opening the Door...* in the AUDIOVISUAL RESOURCES section). It is also committed to "assisting nurses in the recognition of substance abuse by a colleague" and providing "compassionate intervention". To this end, RNABC offers confidential consultation/intervention services and is currently updating *Chemical Dependency and the Nursing Profession: A guide for recognition and intervention*, due for publication in January, 1994.

WHITE ROCK FAMILY THERAPY INSTITUTE

#209 - 1548 Johnston Road White Rock, B.C. V4B 3Z8

Telephone: 531-7220

Fax: 531-7571

Arden Henley (M.A.) and Mary Kean (M.A.) specialize in work with children, youth and families, including gender-balanced couples therapy. They offer narrative and solution focused workshops on issues of conflict, sexual abuse, and children in the family context.

YALETOWN FAMILY THERAPY

1168 Hamilton Street, Suite 207 Vancouver, B.C. V6B 2S2

Telephone: 688-7860

Fax: 688-7865

Offers a two-year, part-time, intensive family therapy training program based on narrative practice plus individual courses, workshops and 3-day summer intensives in many areas including substance misuse. Offers over 200 hours of group and individual supervision which is AAMFT approved. Currently applying for AAMFT approval for entire program.



RESOURCE PEOPLE

The RESOURCE PEOPLE listed in this section are available to develop and deliver substance abuse related training sessions.

source reopie	
lersberg, Mary	91
sen, Rob	91
ker, Dr. Ray	91
erley, Shelley	92
own, Stephanie	
ampion-Smith, Diane	
an, Sherman	
rson, Mary	
nsen, Miki	
nes, Bruce	
siura, Fran	
nman, Chris	
chardson, Anne	
naidi, Christine	
bertson, Scott	
nders, Colin	
ritzer, Doug	
·	
dtman, Dr. Kathee	
masson, Paulette	
estwood, Dr. Marv	97



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Telephone: 736-7331

or 1-800-565-6505

Fax: 738-2272

ADLERSBERG, MARY

Registered Nurses Association of B.C. (RNABC)

Professional Services

2055 Arbutus Street

Vancouver, B.C. V6J 3Y8

Expertise

Addictions in the nursing profession

Mental health

Experience

Currently a Nursing Practice Consultant, RNABC

Mental Health

AXSEN, ROB

Telephone: 299-6377

Telephone: 875-5602

Fax: 875-5017

Expertise

Narrative Ideas and Therapeutic Practice

Youth and Drugs

Motivational Interviewing

Decision-Making

Experience

Odyssey Substance Abuse Services for Youth

Qualifications B.A. (Hon.)

BAKER, DR. RAY

Director, Addiction Medicine

Department of Family Practice

UBC

690 West 11th Avenue

Vancouver, B.C. V5Z 1M1

Expertise

Biopsychosocial Assessment

Management of pain and addictive disorders Codependence and pain in patients (and doctors)

Addictions in healthcare professionals

EAP with a medical perspective

Medical education and training in addictions The Family Trap: Addicted Family Systems

Experience

Developed training seminar Booze, Drugs and the Family Doc

Developed and taught UBC AMIR curriculum

Regular lecturer at Psychiatric update courses, international conferences, and

postgraduate training programs

Qualifications Licensed physician

Certified by Family Medicine and Addiction Medicine

Family medicine practice since 1976 (focusing on substance use disorders for past 8

Assistant professor at UBC Faculty of Medicine Canadian Representative ASAM Board of Directors Past Medical Advisor to B.C. ADP programs Past Chair of ADP Research Review Committee



RESOURCE PEOPLE

BRIERLEY, SHELLEY

Oasis Consuiting, Ltd.

1666 - 160th Street

White Rock, B.C. V4A 4X2

Telephone : 536-4200

Fax: 536-4201

Expertise Personal counselling

Seminars and workshops

Reality Therapy Control Theory

Experience

20 years experience teaching in Canada, US and Australia

Designs/develops workshops to meet the needs of specific groups

Over 30 workshops offered in the last two years

Qualifications B.A., M.Ed.

Life Skills Coach Certification Certified in Reality Therapy

Advanced Instructor and Senior Faculty Member, Institute of Reality Therapy,

California

BROWN, STEPHANIE

The Addictions Institute 445 Burgess Drive #150

Menlo Park, California 94025

Expertise Developmental model of alcoholism recovery

Group psychotherapy
Adult children of alcoholics
Couples and families in recovery

Experience Currently in private practice and Director of the Addictions Institute

Consultant to the Couples Institute

Founding Director of the Alcohol Clinic at Stanford University in 1977

CHAMPION-SMITH, DIANE

Executive Director

Kalser Youth Foundation

Telephone: 681-1888

Telephone: (415) 322-0943

Fax: 685-9046

Expertise Prevention and health promotion

Comprehensive school health

Partnerships and working with communities

Community development Teacher inservice

Parent education

Curriculum and educational resource development

Experience Teacher

Teacher inservice and curriculum development

Needs assessment and materials development



Publications

Step by Step: A Prevention Handbook on Alcohol and other Drug Use

Parents as Preventers Women and Smoking

CHAN, SHERMAN

Surrey Deita Immigrant Services Society

Telephone: 597-0205

Fax: 597-4299

Expertise

Service to ethnocultural communities

Cross-cultural counselling and training

Heroin rehabilitation

Experience

Director of Settlement Programs, Surrey Delta Immigrant Services Member, Multicultural Advisory Committee, Fraser Valley/ North Shore

Region Alcohol and Drug & Mental Health Services

20 years working with children and youth, substance abusers, people with head

injuries, immigrants and refugees

Qualifications B.A. in social work and Masters in applied social studies

Registered Clinical Counsellor Registered Social Worker (RSW)

GARSON, MARY

Cariboo Management Centre, Kamioops

Telephone: 372-2801

Fax: 372-5830

Expertise

ACT training

Training the Trainer

Communication and interpersonal skills

Conflict management Mediation skills Assertiveness Stress management Working with groups

Differentiated Leadership Support staff training

Experience

Counselling and supervision, Phoenix Centre, Kamloops

Cariboo Management Centre

ACT Trainer

ACT Train the Trainer certification

Qualifications B.A., M.A. (Applied Behavioural Sciences)



RESOURCE PEOPLE

HANSEN, MIKI

ADP Programs

Courtyard Level, 1520 Blanshard St.

Victoria, BC V8W 3C8

Expertise

Women and addiction Community development

School programs/prevention

Experience 21 years experience in the addictions field

> experience in rural outpatient services formerly executive director of Aurora House

Qualifications B.S.W., R.S.W.

INNES, BRUCE

3165 - 204 Street

Langley, B.C. V3A 4P5

Expertise

Reality Therapy

Control Theory

Program manager, House of Concord Experience

Past provincial president, Big Brothers of Canada Currently in private practice, forensic services

Qualifications B.A., Masters in adult education

Faculty member of the Institute of Reality Therapy, California

JASIURA, FRAN

Addictions Counselling, Consulting and Training

3 - 552 West Avenue

Kelowna, B.C. V1Y 4Z4

Expertise **ACT training**

Youth and Drugs

Community based prevention

Life Skills Training

Motivational Interviewing/Brief Intervention

Private practice since 1982 Experience

National trainer, contracts with ADP, local colleges, and community organizations

8

Telephone: 952-1813

Telc *hone: 530-5437

Telephone: 861-7199

Fax: 763-6641

Prevention consultant with ADP, 1989-1993

Qualifications B.PHE, B.S.W., Registered Clinical Counsellor

Life Skills Coach Certification ACT Train the Trainer Certification

Youth and Drugs Train the Trainer Certification

Motivational Interviewing/Brief Intervention Training for Trainers Certification

KINMAN, CHRIS

Telephone: 850-5108

Expertise Experience Narrative Ideas and Therapeutic Practice Family therapist, Valley Therapy Centre

Youth & family therapist, Substance Abuse Services, Abbotsford

RICHARDSON, ANNE

1705 3rd Avenue

Prince George, B.C. V2L 3G7

Telephone: (604) 562-8112 or 561-1403

Fax: 562-2229

Expertise

Individual, group and family counselling Program development and evaluation

Organizational evaluation

Codependency

Training in all aspects of addictions and their impact on the family and community

Experience

Clinic Director

Regional Manager of Evaluation and Training

Area Manager Trainer/Instructor Sample workshops:

• Prevention Training

• Women and Issues in Chemical Dependency

Overview of Chemical Dependency

Counselling Communication Skills Workshop

Clinical Day for Medical Personnel

Suicide Assessment

• Family Violence Issues in Relation to Drug and Alcohol Abuse

Program Planning and Evaluation

• Sexual Abuse issues in Relation to Chemical Dependency

· Group Skills in the Addictions Field

Adolescent Assessment

• Marital and Family Issues in Addiction

Various other workshops on a demand basis which can be tailored to specific group needs

Qualifications I.C.A.D.C. and A.I.A.

R.N., B.Sc.N.

Member of Canadian Counselling and Guidance Association



RESOURCE PEOPLE

RINALDI, CHRISTINE

734 Rotary Drive

Kimberly, B.C. V1A 1E3

Telephone: 427-3007

Expertise

Training/Workshops

ACT TrainingYouth and Drugs

• It's Just Your Nerves (Health and Welfare Canada)

Experience

Instructor, Psychology Department, and Counsellor, East Kootenay Community

College

Qualifications B.A., M.Ed.

Registered Clinical Counsellor

ROBERTSON, SCOTT

Telephone: 733-1120

Expertise

Individual, family, and group counselling

Community, organizational, and program development

HIV/AIDS

Experience

Private Practice/Consultant

University Hospital Chemical Dependency Resource Team

I.C.A.D.C. and Certified Examiner for A.I.A

Qualifications M.S.W., R.S.W., I.C.A.D.C.

SANDERS, COLIN

Metanoia Consulting

Telephone: 732-1267

Fax: 253-3381

Expertise

Narrative Ideas and Therapeutic Practice

Group, individual, and family therapy

Working with youth

Motivational Counselling

Experience

Clinical Consultant at Peak House

Teacher in the Vancouver Community College Substance Abuse Certificate Program

On faculty at the Yaletown Family Therapy Training Program

SWITZER, DOUG

Telephone: 376-8799

Fax: 372-1147

Expertise

Inhalant abuse

Street youth

Experience

Former Program Coordinator, Rainbow Youth Centre

Partner in Catalyst Consulting (Regina, Sask,)

Co-author of Adolescent Inhalant Abuse



TODTMAN, DR. KATHEE

Telephone: 748-7396

Expertise

Respectful alternatives to codependency

Motivational Interviewing Dealing with change Assertiveness training

Communication skills for health professionals Team building and leadership development Reminiscence: Working with the Older Adult

Experience

10 years teaching at university and community college levels

Director, Community Health Connections, Cowichan District Hospital

Qualifications Ph.D. (Gerontology)

TOMASSON, PAULETTE

Telephone: 926-3642

Telephone: 822-5259

Fax: 926-3297

Expertise

Codependency

Individual and group therapy

Gestait, psycho-drama, and group sculpting techniques

Experience

Private practice

Codependency education for professionals
Therapist, Onsite Training and Consulting, Inc.

Qualifications Nursing degree and Masters in Counselling Psychology

WESTWOOD, DR. MARV

Department of Counselling Psychology

UBC

Experience

Psychodrama Training for Counsellors
Training and experience in psychodrama

Qualifications Ph.D. (Counselling Psychology)



B.C. POST-SECONDARY INSTITUTIONS

The B.C. POST-SECONDARY INSTITUTIONS section lists those people and departments people at B.C.'s public post-secondary institutions available to arrange delivery of substance abuse related continuing professional development training. Contact names are current to December 31, 1993.

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iversity College of the Fraser Valley	
iversity of Victoria	
ncouver Community College	



CAMOSUN COLLEGE

3100 Foul Bay Road Victoria, B.C. V5G 3H2

Contact people

Sue Duggan

Mavis Swann

Telephone: 370-3169

Fax: 370-3150

Fax: 370-3150

Education Programmer (Public Programs)

Community Education Services

Telephone : 370-3170

Education Programmer (Contract Programs)

Community Education Services

Sample substance abuse related courses offered since 1990: None

CAPILANO COLLEGE

2055 Purcell Way

North Vancouver, B.C. V7J 3H5

Contact person

Bob Morris

Telephone: 984-4905

Program Developer, Extension Programs

Fax: 983-7545

Sample substance abuse related courses offered since 1990: None

COLLEGE OF NEW CALEDONIA

3330-22nd Avenue

Prince George, B.C. V2N 1P8

Contact people

Cathie Wishart

Telephone: 562-2131 local 208

Community and Continuing Education

Fax: 561-5832

Fran Cotton

Telephone: 562-2131 local 348

Acting Chair, Health and Social Services Programs

Fax: 561-5832

Sample substance abuse related courses offered since 1990: None



B.C. POST-SECONDARY INSTITUTIONS

DOUGLAS COLLEGE

Box 2503

New Westminster, B.C. V3L 5B2

Contact person

Adrienne Chan

Programmer, Community Programs and Services

Telephone: 527-5168

Fax: 527-5155

Sample substance abuse related courses offered since 1990:

Addiction Counselling Training

Alcohol Counselling Fetal Alcohol Syndrome Youth and Drugs

EAST KOOTENAY COMMUNITY COLLEGE

Box 8500

Cranbrook, B.C. V1C 5L7

Contact person

Gali Jacklin

Telephone: 489-2751 local 240

Fax : 489-8254

Manager of Community Services

Cranbrook Campus

Sample substance abuse related courses offered since 1990:

Addiction Counselling Training Alcohol, Drugs, and Seniors Substance Abuse Prevention

Youth and Drugs

JUSTICE INSTITUTE OF B.C.

4180 West 4th Avenue Vancouver, B.C. V6R 4J5

Contact person

Cindy Bettcher

Tolephone: 222-7232

Co-ordinator

Fax: 669-1875

Justice, Family and Agency Training

Sample substance abuse related courses offered since 1990:

Adolescents and Substance Abuse

An Exploration of Fetal Alcohol Syndrome: Implications for Practice Facilitating Recovery from Child Sexual Abuse at d Substance Abuse

Group Skills for Substance Abuse Counsellors

LINK

Working with Assaultive, intoxicated or Substance Abusing Adolescents



KWANTLEN COLLEGE

Box 9030

Surrey, B.C. V3T 5H8

Contact people

Doug Baker
Program Consultant, Continuing Education

Telephone: 599-2907

Fax: 599-2902

Lorraine Dotson

Telephone: 599-2502

Fax: 599-2578

Sample substance abuse related courses offered since 1990: None

MALASPINA UNIVERSITY COLLEGE

900 Fifth Street

Nanaimo, B.C. V94 5S5

Contact people

Sharon Steyve

Telephone: 755-8775

Fax : 755-8758

Program Coordinator, Community Education Nanaimo Campus

Jacob Ketler

Telephone: 485-2878

Program Coordinator, Community Education

Program Coordinator, Continuing Education

Powell River Campus

Bob Wood

Telephone: 248-2096

Program Coordinator, Community Education

Parksville Campus

Cheryl Campbell

Telephone: 748-2591

Program Coordinator, Community Education

Cowichan Campus

Sample substance abuse related courses offered since 1990:

Adolescents and Addictions

Basic Pharmacology and Medical Aspects of Chemical Dependency

Codependency and Family Issues Drugs, Alcohol and the Elderly Fundamentals of Substance Abuse

New Concepts in Substance Abuse Counselling Substance Abuse: Assessment and Referral Substance Abuse Awareness Certificate Program

Substance Abuse Prevention Strategies

Understanding Dual Diagnosis

Working with Adult Children of Alcoholics



B.C. POST-SECONDARY INSTITUTIONS

NORTHERN LIGHTS COLLEGE

11401 - 8th Street

Dawson Creek, B.C. V1G 4G2

Contact person

Yvonne Marshall-MacRae

College Extension Programmer

Telephone: 784-7509

Fax: 782-8069

Sample substance abuse related courses offered since 1990: None

NORTH ISLAND COLLEGE

2300 Ryan Road

Courtenay, B.C. V9N 8N6

Contact people

Jim Hooten

Telephone: 334-5012

Fax: 334-5018

Assistant Centre Director Courtenay Regional Campus

Rae Eckle

Telephone: 336-2591

Community Education Programmer

Courtenay Regional Campus

Fax: 334-5018

Alexandra Morley

Telephone: 286-8911

Community Education Programmer Campbell River Regional Campus

Fax: 286-8900

Sample substance abuse related courses offered since 1990: None

NORTHWEST COMMUNITY COLLEGE

Box 726

Terrace, B.C. V8G 4C2

Contact people

Ella Goodlad

Telephone: 635-6511 local 203

Fax: 635-3511

Coordinator, Access Services Terrace Campus

Telephone: 635-6511 local 320

Fax: 635-3511

Peter Haigh

Kathy Bedard

Coordinator, Extension Services

Terrace Campus

Telephone: 624-6054

Administrative Officer

Fax: 624-4920

Prince Rupert Campus



Mary Ellen Perrault

Telephone: 847-4461

Supervisor, Administrative Support

Fax: 847-4568

Smithers Campus

Sample substance abuse related courses offered since 1990:

Street Drugs (Prince Rupert)

Suicide Intervention

Satanic Cults

OKANAGAN UNIVERSITY COLLEGE

1000 KLO Road Kelowna, B.C. V1Y 4X8

Contact person

Laurie Robinson

Telephone: 782-5445 local 4512

Program Administrator, Continuing Education

Fax: 762-6634

Sample substance abuse related courses offered since 1990:

Addiction Counselling Training

SELKIRK COLLEGE

Box 1200

Castlegar, B.C. V1N 3J1

Contact person

Denise Chernoff

Castlegar Campus

Telephone: 365-1261

Fax: 365-3929

Sample substance abuse related courses offered since 1990: None

SIMON FRASER UNIVERSITY AT HARBOUR CENTRE

515 W. Hastings Street Vancouver, B.C. V6B 5K3

Contact people

Margit Nance

Telephone: 291-3393

Director, Public Policy Programs

Continuing Studies

Nancy Petersen

Telephone : 291-5976

Director, Social Science & Institute Programs

Fax: 291-5098

Fax: 291-3851

Continuing Studies

Sample substance abuse related courses offered since 1990:

Research Skills for Health Care Professionals



B.C. POST-SECONDARY INSTITUTIONS

UNIVERSITY OF BRITISH COLUMBIA

Centre for Continuing Education 5997 Iona Drive Vancouver, B.C. V6T 2A4

Contact person

N/A

Sample substance abuse related courses offered since 1990: None

Additional note:

According to people in each of the following departments, no substance abuse related continuing professional development courses are offered by UBC's School of Social Work Continuing Education, by UBC's Health Sciences Continuing Education or by UBC's School of Nursing.

UNIVERSITY COLLEGE OF THE CARIBOO

Box 3010

Kamloops, B.C. V2C 5N3

Contact person

Inga Thomson

Extension Coordinator, Arts & Education Division

Telephone: 828-5210

Fax: 371-5510

Sample substance abuse related courses offered since 1990:

Addiction Counselling Training

Assessing Chemical Dependency in Your Clients Codependency: Healthy vs. Dysfunctional Families

From Denial to Recovery

Understanding Adult Children of Alcoholics

Youth and Drugs

UNIVERSITY COLLEGE OF THE FRASER VALLEY

33844 King Road, RR #2 Abbotsford, B.C. V25 4N2

Contact person

Gloria Wolfson

Program Head, Career/Continuing Education

Telephone: 854-4560

Fax: 855-7558

Sample substance abuse related courses offered since 1990:

Clinical Supervision

Dual Diagnosis

Introduction to Substance Abuse (HSER 294)

Sexual Assault Counselling



UNIVERSITY OF VICTORIA

Box 3030

Victoria, B.C. V8W 3N6

Contact person

Rob Martin

Telephone: 721-7988

Fax: 721-7067

Program Manager

Child and Youth Care Continuing Studies

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Sample substance abuse related courses offered since 1990:

Issues in Dealing with Substance Abuse by Children and Youth Perspectives on Substance Abuse in Children and Youth

VANCOUVER COMMUNITY COLLEGE

King Edward Campus 1155 East Broadway Box 24785, Station F Vancouver, B.C. V5N 5V2

Contact person

Marilyn McLaren

Telephone: 871-7064

Senior Program Coordinator, Continuing Education

Fax: 871-7300

Sample substance abuse related courses offered since 1990:

Basic Counselling Skills One and Two

Chemical Dependencies in the Health Care Field

Counselling Skills Certificate

Group Skills Training

Post Modern Substance Abuse Therapy Substance Abuse Certificate Program



GLOSSARY OF EDUCATIONAL TERMS

- Associate Degree represents the completion of a prescribed two year program of studies that leads to an Associate in Arts or an Associate in Science. Can only be granted by community or university colleges which are accredited in B.C. In the Career-Technical areas, the equivalent in terms of achievement is still called a diploma although there is pressure to grant associate degrees in these areas.
- Bachelors Degree represents the completion of a four year course of studies (or 120) credits at an university or university college. Usually requires completion of a major (30 upper level credits) in a given field or two extended minors (usually 15-18 credits each).
- Certificate a college level program usually requiring the equivalent of 8 months full-time attendance at a post secondary institution. Usually expressed as a minimum number of credits, normally 30. It may also represent between 300 and 600 hours. This is not to be confused with a Continuing Education (C.E.) or Extension Certificate (see below) which tends to be for programs shorter than 300 hours.
- Certificate of Attendance usually given for a workshop or short course; simply reflects attendance rather than measured performance.

Certification - is usually used in one of two ways:

- · loosely to refer to a credential from an educational institution OR
- certification of competency by a process of professional validation by one's peers or a professional association
- Challenge a system whereby students who believe that they have already mastered the skills and knowledge of a course apply for "challenge credit". Usually, they are required to write a challenge exam; they may have to complete assignments as well.
- Citation a designation used by some B.C. colleges to recognize programs which are longer than 150 hours but shorter than a Certificate.
- Competency Based Education an approach to instruction in which curriculum is derived from an analysis of the job to be performed. Students are evaluated on their mastery of these competencies.
- Continuing Education (C.E.) or Extension Certificate usually available for programs which are shorter than 300 hours but longer than 150 hours.
- Course a learning experience, usually representing 30 to 60 hours in the classroom and requiring extensive learning outside the classroom and demonstrated mastery of concepts. Usually delivered over several weeks or months.
- Credit a system whereby credits are assigned for units of classroom time. One credit usually reflects 15 hours of classroom learning. Credit courses invariably require that the student demonstrate his/her achievement; grades are usually assigned.
- Diploma a college level program of 4 6 four month semesters, or 1200 1800 hours or 60 90 credits.
- Distance Education a format by which a student takes a course without being in the classroom. Includes course readings, assignments, may include tele-conferencing, video-conferencing, and/or discussions by telephone with tutors. Course packages with a great deal of detail are usually included as students work through the material on their own with occasional consultation with a tutor.



- Doctoral Degree (Ph.D) usually requires an additional one to three years of full-time studies after completion of a Master's degree. Will require a comprehensive examination as well as a dissertation which consists of original research and is defended before a committee of scholars.
- Full-time refers to a student who takes 600 hours of instruction over an 8 month period. Also may refer to a student who takes 60% of what would be a full-time load in that program. As well, there are programs which may only be done full-time (i.e. are not offered to the part-time student) and there are students who may be part-time in full time programs.
- Inservice learning activities, undertaken after a job has been assumed, which assist the worker to gain greater competency in performing the duties associated with the job.
- Master's Degree requires the completion of one to two years of full-time studies (or 30 to 50 credits) after completion of a Bachelor's degree. Usually requires a thesis, project, and/or comprehensive exam. Studies are generally confined to an area of specialization.
- Module usually refers to a segment of a course which can be taken independently. Modules can be either self instructional (designed for direct use by the student in independent study) or for use by an instructor as a curriculum guide.
- Non Credit courses, modules, etc., which are taken by individuals for their personal or professional benefit and not usually involving extensive testing or demonstration of mastery. Non credit courses may be offered not only by post-secondary institutions but also by school boards, private training institutions, and governmental or non-governmental organizations.
- Part-time a student who is usually engaged in activities other than attending classes and usually attends on less than a full-time basis. There may be part-time programs which are geared for these students or they may be part-time students in full-time programs.
- Post * accalaureate Diploma usually requires the equivalent of 2 semesters full-time study (or 30 credits), after completion of a Bachelor's degree, of undergraduate work in an area other than the student's major and/or a more specialized area.
- Preservice those learning activities which train individuals to assume new job roles.
- Prior Learning Assessment (PLA) a system whereby potential students can receive credit for learning which has been obtained as the result of experience, self study, volunteer work, etc. Usually done on a course matching basis as the result of an extensive process of portfolio development where potential students examine their prior learning and career goals and match accomplishments with the course objectives for the course for which they wish to receive credit. A faculty assessor in the field then reviews the portfolio to make the decision whether or not to grant credit.
- Program an articulated set of courses or workshops with a coherent philosophy and learning objectives.

 Usually requires mastery of a set of learning objectives and has an outcome in terms of measurable learning. May be credit or non-credit.
- Workshop usually a one to three day concentrated learning experience focusing on experiential learning.



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Alcohol; an international biomedical journal	
Alcohol & Alcoholism	
Alcohol Health & Research World	
Alcohol, Drugs and Driving	
Alcoholism & Drug Abuse Weekly; news for policy and	
Alcoholism Briefs	
Alcoholism Treatment Quarterly; the practitioner's quar	
Alcoholism: Clinical and Experimental Research	
American Journal of Drug and Alcohol Abuse	
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Addiction Research Foundation	
AIDS Society of Kamloops	
AIDS Vancouver	
Alberta Alcohol and Drug Abuse Commission (AADAC)	•
Alcohol - Drug Education Service	
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RESOURCE PEOPLE	
Aldersberg, Mary	
Axsen, Rob	
Baker, Dr. Ray	<i>i</i>
Brierly, Shelley	
Brown, Stephanie	
Champion-Smith, Diane	:
Chan, Sherman	:
Garson, Mary	
Hansen, Miki	
Innes, Pruce	
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