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#### ABSTRACT

Students grades 4-8 can use this guide to explore the topics of water, and water conservation within a community, while conducting an environmental community service project. Youth groups, led by a group leader, work with local experts from business, government, or environmental organizations to complete the project. Nine activity sections involve students in: (1) exploring background information; (2) mapping watersheds; (3) researching water quality impacts associated with a community site; (4) consulting with an expert; (5) choosing a service project; (6) creating an action plan; (7) tracking project progress; (8) measuring and recording results; and (9) brainstorming additional projects. Activities provide background and procedural information, as well as work heets and discussion questions. Sidebars highlight key vocabulary. The guide contains an application for a Youth Earth Service Award and advice on how to create partnerships with community organizations. (LZ)



#### Environmental Stewardship

# GIVE WATER A HAND

# Get a blue thumb!



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TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)."

# COMMUNITY SITE ACTION GUIDE

Give water a hand.

#### ORGANIZING WATER CONSERVATION AND POLLUTION PREVENTION SERVICE PROJECTS IN YOUR COMMUNITY

Made Possible With Support From:

- Church & Dwight Co., Inc. Makers of Arm & Hammer<sup>®</sup> Baking Soda
- National Fish and Wildlife Foundation

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# WELCOME!

Your ideas, energy, creativity and hard work can make a difference for your community and for the earth! This Community Action Guide will help you organize your own service projects to Give Water a Hand!

In many of the best environmental service projects, young people work together with experts from businesses, government or environmental organizations. Your group leader can work with you to find a local expert, or Partner, who can help you with your project. National *Give Water A Hand* Partners, and the resources they offer, are listed in the *Leader Guidebook*.

#### AWARDS

You can use these materials at any time. If you choose to participate in *Give Water A Hand* during '94-95, your group has an opportunity to earn a Youth Earth Service Award. These awards will be presented to selected participants at the United Earth ceremonies in Washington, D.C. during National Drinking Water Week, May 7 - 13, 1995. To apply for this award, you must complete your project, fill out the recognition form (on page 27) and send it in no later than March 1, 1995.

#### PLANNING YOUR TIME

To complete a service project, your group needs a timeline. There are nine activities in this book. Each activity has a timeline estimating how long it will take. Take a few minutes now to fill in the dates when you think you will do each activity. Remember, to apply for recognition, you must submit your application by **March 1, 1**: **95**.

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Starting Date: You are here		Compl	etion Date:
□ 1A-Why Water □ 1B-Ecolog <sup>1</sup> → Address	□ 1C-Research □ 2A-Input	🗅 2B-Choose 🔾 2C-Plan 🕒 3-On Track	□ 4A-Celebrati∩n □ 4B-Next Steps
Target			
Dates:			

3

#### (Write in your target date for each section)

#### WHAT TO DO RIGHT AWAY

- 1. Order a topographic map of your site. See *Leader Guide* page 1 for instructions on ordering.
- 2. Find a local water expert to help you with your project. See the back cover of this guide.
- 3. Send in the registration form accompanying these materials.

# 

## PROJECT NOTEBOOK

Use the Project Notebook to keep notes, names and phone numbers. You'll need this information for the Give Water A Hand Recognition Form.

Your name:

Your group's name:



# WHATER? 1A) MAKE A DIFFERENCE!

# YOUNG PEOPLE IN FLORIDA DID THIS!

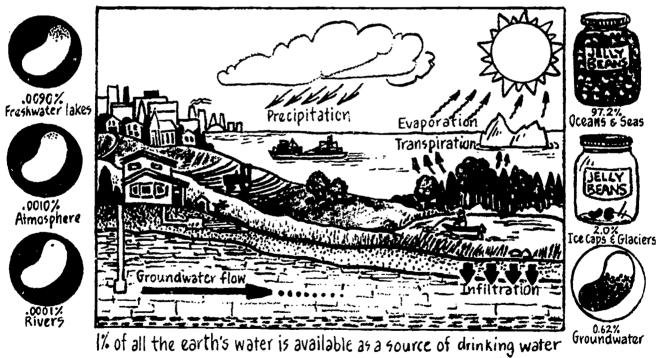
magine... you are the teacher and your parents are the students! In Pinellas County, Florida, young people taught their families about water conservation. As part of a "Summer Water Camp" participants did a Home Water Check-Up to identify ways they could conserve water at home. The young people taught their families practices such as taking shorter showers and using rain gauges. One girl's family saved over 30,000 gallons of water in a year!

#### YOUNG PEOPLE IN MINNESOTA DID THIS!

ave you ever done sidewalk painting? Students from Minneapolis, Minnesota, wearing orange safety vests, stenciled 175 anti-pollution messages next to local storm sewers in their community. The messages said "Do Not Dump Waste...Leads to Lake Calhoun." These students are educating that paint, motor oil, fertilizers and other pollutants dumped into storm drains goes right into nearby lakes and rivers where people swim and fish. THOUSANDS OF YOUNG PEOPLE AROUND THE COUNTRY HAVE MADE A DIFFERENCE THROUGH WATER CONSERVATION AND POLLUTION PREVENTION PROJECTS.

YOU CAN ORGANIZE YOUR OWN PROJECT WITH HELP FROM EXPERTS IN YOUR COMMUNITY.

# WATER CYCLE



**Evaporation:** Water changing to a gas or vapor and disappearing into the air.

**Evapotranspiration:** Water evaporating from plants.

**Runoff:** Rain or snow melt that flows over land into rivers, lakes, reservoirs or other bodies of water instead of soaking into the ground.

Starting Date:	<u>.                                    </u>			Compl	etion Date:	_		
L 4A Wby Water	1B-Ecological Address	0 1C <sup>1</sup> Rescarch	a 2A-Input	C 2B-Choose	C 2C-Plan	3-On Track	C 4A-Celebration	G 4B-Next Steps
Target Date:								

4



## WHY IS WATER SO IMPORTANT?

Did you know that you are mostly water? You probably drink six to eight cups of water, milk, fruit juice, or soda each day. Animals and plants are almost all water too. Three quarters of the earth is covered with water, although most of it can't be used by people, plants or animals. So we don't just <u>use</u> water, we <u>are</u> water.

Water makes life on earth possible. You depend on water for drinking, cleaning, growing and processing food, growing cotton for cloth, swimming, fishing, boating, cooking, putting out fires and generating electricity through hydropower dams. Try to think of one item or action that doesn't involve water!

Water also connects us to the rest of the natural world – plant and animal communities depend on water in many of the same ways: for food, water and shelter. Since every drop is used again and again, water is recycled. We share this precious resource with all other living things past, present and future.

List at least 10 ways you personally use water.

List how people affect water in good and bad ways.

Unfortunately, people do not always use water wisely. We have used it to carry away our waste. We've put hazardous materials in or on the ground where they seep into groundwater. We've often used more water than we need. Yet we can improve our water resource: by conserving water at home, cleaning waste from cities before it returns to rivers or lakes, and preventing pollutants from washing into waterways with the rain.

Brainstorm a list of the ways people can affect water. Try to think of both good and bad ways. Keep your list; you'll add to it later.

Changing the small ways that people affect water can have a big effect on improving our water quality now and protecting it from ruture pollution. What you do on your farm or ranch, or in your house, yard, road, parks, businesses, and schools can conserve water and improve its quality. You've already begun to make a difference by picking up this book. Keep going to learn what you can do to *Give Water a Hand*!

#### NEXT TIME:

Bring all your maps, a sheet of clear plastic as big as your biggest map (from art stores or office supply stores), a piece of cardboard as big as your map, thumb tacks, dry erase markers, tissues and pencils. Your group can make a bigger difference if you team up with a local expert. Invite him or her to come next time to help and advise your group as you map your watershed. (See the back cover of this guide if you don't yet have an expert to help you understand your site.)

FONY/ETS: 15/10/FIDES

(Definitions of words you might not know) **Pollution:** An undesirable change in air, water or land that can cause harm to human health, animals or plants. Hazardous chemicals and animal waste, for example, can be pollutants.

**Conserve:** Using natural resources, such as water, in a way which does not harm them or use them up.

Hazardous materials: Materials that can cause harm to people or the environment.

**Groundwater:** Water found in the ground in cracks and spaces between rocks and soil particles.

Water quality: "Quality" means how good or bad something is. Water must be good quality, with very few pollutants, before we can drink it safely.



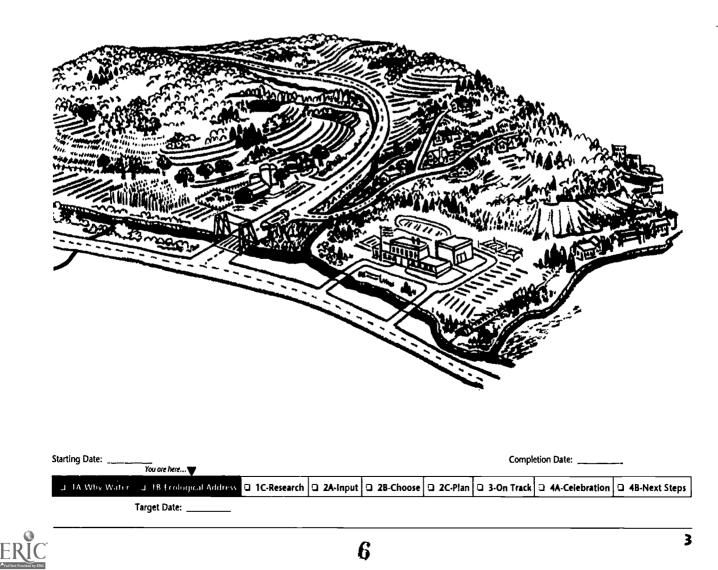
# ATS UR COLOCICAL **1B)** MAPYOUR DDRESS? WATERSHED

mailing address helps the Post Office deliver letters to the right place. An "ecological address" can help you find rivers and streams in your community and help you find ways to work on water issues. Local streams empty into larger streams, rivers or lakes, which may empty into a larger river, which empties into an ocean or the Great Salt Lake. Your ecological address includes all of the land (farms, towns, mountains) around these waterways.

To work on water issues, you should know where your water comes from, where it goes after you use it, and what streams, rivers, lakes or coastal areas are in your watershed. A good tool to help collect and record all of this information is called a watershed map. This will help later as you find out what needs to be done in and around your community and plan service projects to conserve and protect water.

In urban areas, streams sometimes flow through pipes underground. If you live in a city or large town, ask an expert if there used to be any streams or wet areas in town. In dry climates, streams and rivers may only flow after snowmelt or during the rainy season. Look for dried-up waterways.

Picture A Watershed



## WHY IS IT IMPORTANT TO KNOW YOUR WATERSHED?

"To protect your rivers,

protect your mountains." - Emperor Yu of China, 1,600 B.C.E.

Ou are part of a watershed. This means that everything you do can affect nearby surfacewater and groundwater — for better or worse. This watershed is a geographical community which includes all the humans, plants and animals who live in it and non-living parts, such as rocks and soil. As China's Emperor Yu understood long ago, whatever happens upstream in a watershed affects everything downstream. To improve the water quality of a stream, look at the whole area it drains. Anything dumped on the ground in the watershed can end up in its waterbody. What's more, we all live downstream.

Think about this: most of us drink water from our local watershed. Although some people get water from elsewhere (Los Angeles gets water from distant mountains, for example), most of us get it from a local well or a nearby lake or river. It may come directly from a private well. More likely it comes indirectly through a government water department or utility. The utility draws water from a nearby source, and some of them treat or clean it, then they pipe it to homes, schools and businesses.

After water is used, it goes down the drain, to a private septic system, or through the sewer to a wastewater treatment plant. There it is treated, or cleaned, before it is sent back into local lakes, oceans or rivers. You can help yourself and the public utilities by using less water and by keeping pollutants out of wastewater.

Watershed: An area of land where all water drains, or "sheds", to the same river, reservoir or other body of water.

Altitude: How many feet something is above sea level. (The sea is a good place to start because it is nearly the same height all around the world.)

**Topographic map:** A map with lines to show the height or altitude of hills, valleys, mountains, etc. Each line connects points at the same altitude.

Waterbody: A specific area where water is found, such as streams, rivers, wetlands, ponds, reservoirs, groundwater, lakes, or oceans.

Wastewater (sewage) treatment plant: A place where used water (from toilets, washing machines, industries) is pumped to be cleaned and purified before it is returned to local waterways.

Septic tank: An underground storage tank for wastes from homes with no sewer line to a treatment plant.



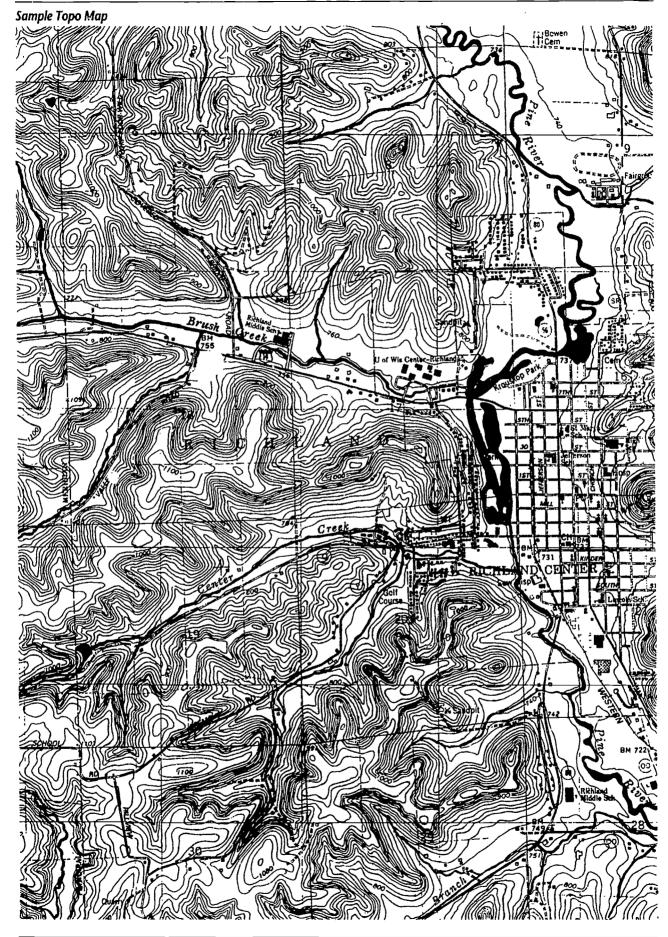
Describe your watershed. What kinds of plants and animals live in it? Is it in a city or the country? Tell a story about a rain drop that falls on your community site.

Where does your drinking water come from?

Where does your wastewater go?

Keep your "Watershed Map." You'll need it later.







## MAPPING THE WATERSHED

Your community may be small or large, spread out or close together. It can be your neighborhood, your block, your city or your town. Your group members might all be from the same community, or you might be from different communities. You can define what your community is for this project!!

If your community is large or spread out, you should pick a central location, or "community site", to focus on for this project. This may be a park, a community center or a YMCA. The surrounding 6 blocks or 1/2 mile will be part of your community site.

Look at the Sample Topographic Map on page 5. This map includes the watershed pictured on page 7. Can you find this watershed on the map? See Using Maps, page 7 in the Leader Guidebook if you need to learn more about how to read maps.

To complete these activities on your maps, you may need help from a local water expert. See Get Partner Support on back cover for ideas on how to find and talk to helpful experts.

#### MATERIALS NEEDED:

- Topographic map or maps which include your community site and any other maps you have collected of the area,
- a clear sheet of plastic as big as your topographic map (this plastic is called mylar or acetate and is available at art supply stores or office supply stores for a few dollars),
- a piece of cardboard as big as your map,
- thumb tacks,
- dry erase markers & tissues

#### HOW TO DRAW THE OUTLINE OF YOUR OWN WATERSHED.

- Place the clear sheet of plastic over the topographic map (topo map) and tack both onto the cardboard. If you don't have plastic, make a photocopy of the map and draw on it in pencil.
- 2) On the topo map, find and mark your community. A road map can help you find things.
- Find the streams, ditches, marshes. <sup>1</sup>akes, oceans or rivers closest to the community site and mark them in blue on the map.

If runoff flows mainly through street gutters and into storm sewers, there may not be a stream close by. Even water flowing underground through pipes must drain into a body of water at some point. You may want to ask a staff person from the city government to visit and demonstrate how the storm water system handles runoff from your community site.

 Use the contour lines and numbers on the topo map to find the highest and lowest points around your community site. Mark the hilltops, (places where contour lines form circles,) with "Xs". 5) From these "Xs", draw arrows on your map to show the flow of runoff. Which direction will rain or snow that falls on your community site flow? Where does runoff flow into waterbodies?

Think like water. Water always flows down hill. It always takes the easiest path. If you go outside and look or walk down hili from your community site – never going up – you will come to a waterbody sooner or later. Remember, it may flow underground in pipes. Look for openings where water enters the storm drains.

- 6) Look at the Sample Watershed Map on page 7. It has the outlines of watersheds already drawn. Look at the arrows showing where water flows. The outline of each watershed is between waterbodies, mostly along the tops of ridges or hills.
- 7) On your own map, find the highest ground (the hills and ridges) between two waterbodies. Draw a line along the highest points (connecting the "Xs" on hill tops) completely around your stream, including its bottom end or "mouth." What is the name of

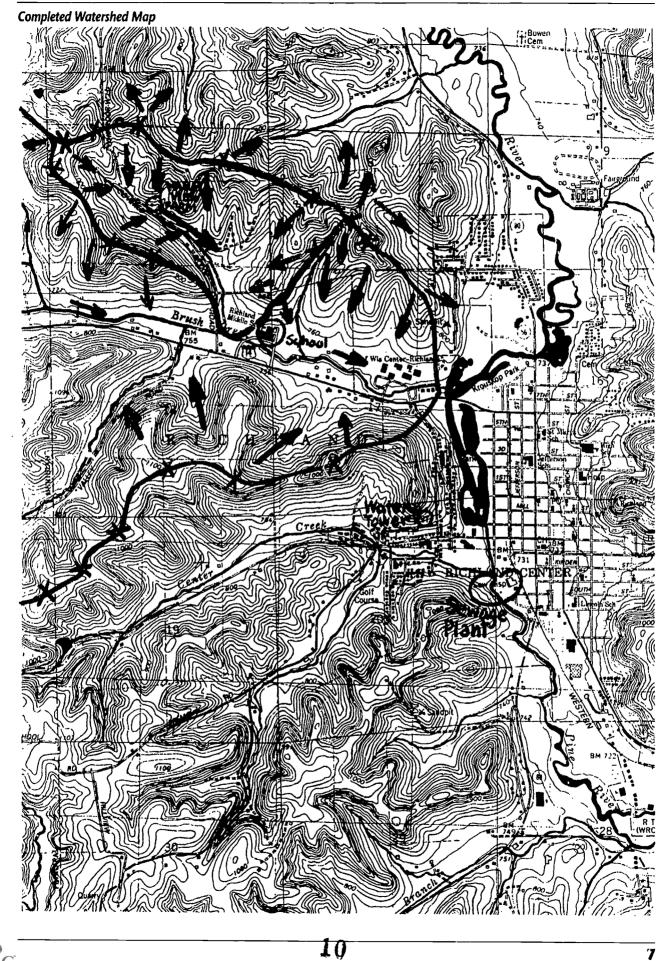
the waterbody that drains your community site's watershed? Write the name on your map.

Two small streams can be part of a larger river's watershed. What larger watershed is your community in?

- 8) Bring the map outside. Where is the highest point of land you can see? Walk to that point. Is your community site at the top or bottom of a hill? Where does water go when it rains or snows? Can you see the nearest waterbody? Can you see hills, mountains, buildings, airports, power lines, railroad tracks or other things that are on the map? Look at your map and find these features.
- 9) Where does your community get its drinking water? You may need to as: an expert. Find and mark the source or sources if they are on your map.
- 10) Where does your community's wastewater go? Wastewater may be filtered through a septic tank or pumped through underground pipes to a wastewater treatment plant. Find it and mark it if it's on your map.

#### NEXT TIME:

Make enough copies of the Needs Checklist for each person or team. Is there anyone you need to get permission from, such as park superintendents, business leaders or community conter directors?





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# HAPPENING? 1C) RESEARCH NEEDS

**Priority:** What is most important; what comes first.

Erosion: The wearing away of land surface by wind and water. It often occurs where bare soil is exposed

Wetland: Marsh-like area with soil that is saturated with water some or all of the year.

Hazardous Waste: Waste which could harm people or animals in some way (includes viruses, bacteria which cause disease, or chemicals which could burn or irritate skin, eyes, lungs or nose; poison living things; or burst into flame easily).

n the last activity, you mapped the watershed around your community site. Now think about what you and other people do in your community that affects the watershed. What activities use water? What activities create waste water? What kinds of fun do you have with water? What do you already do to conserve or protect water? Think about inside and outside. Brainstorm these activities for a few minutes and see how many you come up with. (Two examples are: watering the grass and swimming in a pool.) Have someone write down the activities you come up with. Keep the list for later.

Many of the activities you listed affect the water in your watershed. To determine how, and to help you choose a service project, you will use a Needs Checklist. The Needs Checklist will help you to identify specific water needs or issues, and determine which need your action. You will figure out what is already being done and what still needs to be done in your community to protect the watershed and conserve water. This will help ensure you work on a real need so your time is well spent.

# HOW TO USE THE NEEDS CHECKLIST

Look at the Needs Checklist beginning on page 11. The questions refer to four topics:



Each question has one or more icons, or pictures, next to it for quick reference.

Compare the questions to your list of activities from brainstorming. Write any activities that are not on the Needs Checklist in the blanks at the end of each section.

Go over the Needs Checklist with your group leader.

- Which items can you do something about?
- Which require you to work with someone else?

Some questions on the list will be simple to answer. For other items, you may need to ask for help or permission from people in your community. These could include park groundskeepers, city council members, public water utility staff, or local business owners. Some questions require simple tests. For more help answering Needs Checklist questions, see the Needs Checklist section on page 9 in the Leader Guidebook.

#### **BEFORE YOU BEGIN:**

- Make a Site Map, see page 9 for directions.
- Follow directions for completing the Needs Checklist on page 10.

Starting Date:You ore here					Completion Date:													
1 ТА ЩБУ W (6.)	ا ر	B. Ernbuge al-Activess	. I	Research	C 2A-Input	Э	2B-Choose	C	2C-Plan	a	3-On	Track	a	44-	Celebration	a	4B-Next Steps	5
		· Ti	irget l	Date:														

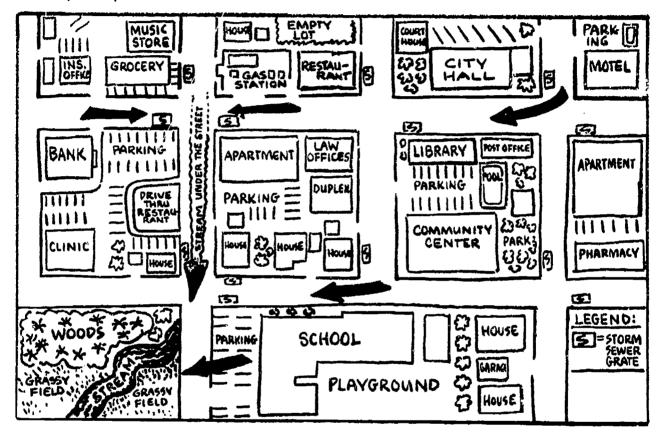


# MAKING A COMMUNITY SITE MAP

Site maps can make problems easier to understand. They also are a single place where you can put information from all the teams. Before you begin the Checklist, you can make a site map for your community site. See Sample Community Site Map, below. Include apartments, gro-

cery stores, gas stations, swimming pools, parks, streams, ponds, community ceriters, churches, parking lots, empty lots, fields, etc. Do you notice arighting on your site map that you should add to your watershed map?

Community Site Map



ITEM'S TO HAVE READY FOR YOUR MEETING WITH AN EXPERT:

- List of "Checklist" items with high priority ranks
- Your site map
- Questions for the guest
- An agenda

#### NEXT TIME:

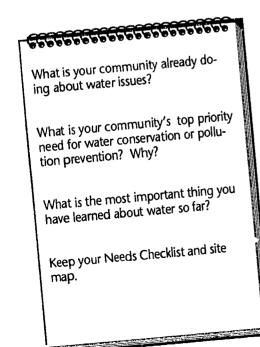
Invite one or more experts, possibly your local Partner, to meet with your group. The person you invite and what you tell them aliead of time are very important. Give them an agenda for the meeting so they know the date, time and location.

Also give them a list of your questions before the meeting so they can prepare answers. Look at your Needs Checklist. What do you need more information about? If you need ideas about whom to invite and what to ask, the Leader Guidebook can help you Get the Most Out of Interviews. See page 18. See the Partner's list on page 29 and Anybody Out There on the back cover of the Action Guide for ideas on whom to invite.



#### FOR EACH QUESTION ON THE NEEDS CHECKLIST FILL IN THE BLANKS AS FOLLOWS:

- The Way it Is: By looking or asking, find out what your community is doing about the issue or question. If you or your community have already taken positive steps, congratulations! Check the Looking Good box. If you were able to fix the problem right away, write what you did. If an answer is complicated, or if nothing is currently being done, write down what is (or isn't) happening. The Leader Guidebook has tips on Taking Notes on page 18.
- Need More Information: Write in this space if you can't answer the question or if you need more information. If possible, note what you need to know to answer the question.
- 3) Priority Rank: How important is each question? How important does the person in charge think it is? Circle 1 for very important, circle 2 for kind of important, and circle 3 for not very important. Why do you think it is important? You may need to explain this to other group members.



## SAMPLE QUESTIONS & ANSWER

Does your city have a policy fo with recycled content?	<b>O</b> or buying materials
city use.	
We Need More Information about: Purchasing park benches mad plastic. Priority Rank: 1 (2) 3	de from recycled

Stuck on some items? Skip them and go on. Make sure the information you write on your Needs Checklist is accurate. If you are unsure about the questions, or do not know how to answer them, ask for help, possibly from an expert Partner. Save your questions so you only have to contact the expert once.

After finishing the Checklist, meet again to share what you found and to mark the activities on your community site map. The following section tells you how to make a community site

map. This map will show more detail about your community than you could include on your USGS map. It will show exactly where the fire hydrants, swimming pools and ponds are everywhere water is used or affected.

## TALK ABOUT IT

which affect water quality beyond the edge of the site map? If there are, you should mark those on your Watershed Map. What were the most important issues you found?

13

11 1



# **NEEDS CHECKLIST**

Look for these clues to find out why each question is important to ask!



WATER CONSERVATION



WATER QUALITY IN OUR ENVIRONMENT

hen the questions below say "you", it means you, your family, community members, business leaders, government officials, whoever is responsible for the action.





Are there signs posted in automotive, hardware, grocery and discount stores telling people where they can recycle used oil?

The Way It Is:

Looking Good!

U We Need More Information about:

Priority Rank: 1 2 3





Do stores in your area sell:

- aerators and low flow shower heads
- recycled paper products
- water testing kits
- rain gauges

The Way It Is:

Looking Good!

□ We Need More Information about:

3

Priority Rank: 1 2

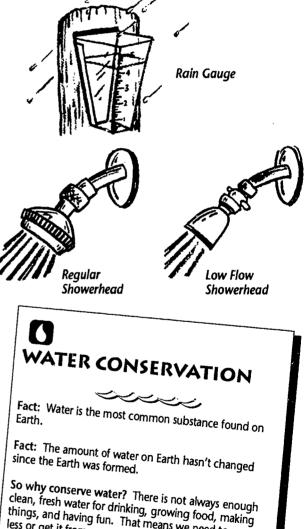
14



DRINKING WATER QUALITY



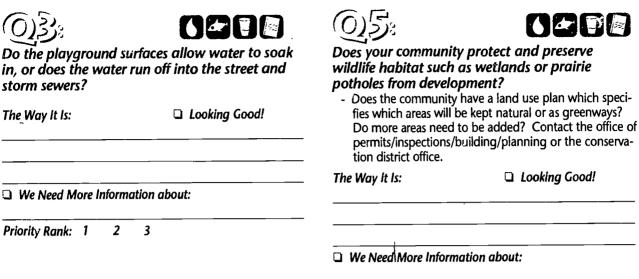
EDUCATING About water



there is not always enough things, and having fun. That means we need to use less or get it from somewhere else. Taking water from one place and moving it to another changes the environment for plants and animals, and often causes arguments between people. Using lots of water increases amounts of wastewater going to treatment plants and septic tanks. And using water takes lots of energy — to clean, pump, distribute and heat it. You can save water when you brush your teeth. Give Water A Hand — use it wisely!

٤.







**Construction Site Runoff** 



Is there a local group that keeps waterbodies such as lakes, streams and rivers clean?

- Are citizens involved in water quality testing and cleanups?
- Are there projects to stabilize stream banks and control erosion? Contact your local Soil Conservation Service office or state natural resources agency.

The Way It Is:

Looking Good!

**We Need More Information about:** 

Priority Rank: 1 2 3

15

Priority Rank: 1



Is soil from construction sites kept from washing down storm sewers? Are construction site erosion control measures required in your area?

- Call the local office that issues building permits, such as county zoning or city public works.

The Way 🗄 Is:

12

□ Looking Good!

□ We Need More Information about:

Priority Rank: 1 2 3 WATER QUALITY IN OUR ENVIRONMENT

ولريريرير. R ound and round: we use the same water over and over again. So what happens when we pollute it? We contaminate the only supply we have — that same supply we share with other humans, animals and plants. Pollutants can enter the water supply through everyday actions grass clippings washing down the storm sewer, hazardous materials from a painting project poured into the sink, leftover car oil dumped on the driveway. These won't disappearl The best solution to pollution is to keep it out of water in the first place. Give Water A Hand — keep it cleanl



0200

## Do you have places to go fishing where the fish are safe to eat?

- Are there ordinances or warnings telling you not to eat the fish?

The Way It Is:

Looking Good!

**We Need More Information about:** 

#### Priority Rank: 1 2 3





Are there lakes, rivers, reservoirs, oceans or other waterbodies which are safe for swimming?

- Has the beach ever been closed because of a health risk?
- Is there garbage floating in the water, or washed up on the beach?
- Do plants grow thick, making swimming uncomfortable or unpleasant?
- Check with your local health department for water quality information.

The Way It Is:

Looking Good!

**We Need More Information about:** 

Priority Rank: 1 2 3





*Is there a local conservation group or boat club that encourages environmentally sound boat maintenance and cleaning?* 

- Do they recommend use of non-hazardous cleaning products?
- Do they monitor oil and gas leaks on the boats?
- Do they promote filling gas tanks away from waterways?
- Do they encourage use of low or no-wake zones?

The Way It Is:

Looking Good!

**We Need More Information about:** 

Priority Rank: 1 2 3





## Are hiking and biking trails maintained to prevent erosion and runoff?

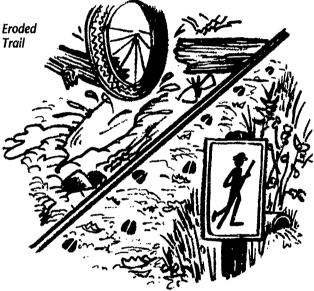
- Are fallen trees removed from the trail so that people don't create new trails around them?
- Do bicyclists stay off the hiking trails, and only bike on the trails designated for bicycles? Bicycles can create erosion on hiking trails which are not designed for their use.

The Way It Is:

Looking Good!

**We Need More Information about:** 

Priority Rank: 1 2 3



Well Maintalned Trail



Are there low-flow shower heads and aerators on the faucets in the bathrooms and shower rooms of community centers, parks and neighborhood swimming pools?

The Way It Is:	Looking Good!
·	
、•	_
We Need More Inform	ation about:

Priority Rank: 1 2 3

Backflow preventions devices keep contaminants from backing up into the drinking water supply.







Are there backflow prevention devices on all outside hoses at community centers, government offices, and park buildings, including community swimming pool fill hoses?

The Way It Is:

**D** Looking Good!

**We Need More Information about:** 

Priority Rank: 1 2 3

## EDUCATING ABOUT WATER

You have been learning a lot about water and how to conserve and protect it. You have probably also learned about water by reading books and magazines, watching television, going on field trips or just sitting next to a stream and observing what happens!

Many people don't know what they can do to protect and conserve water, so it is important to educate them. Through action, people learn about water issues. There are many ways to do this, such as planning community water festivals, making posters, and putting on plays. Education doesn't just happen in the classroom. Give Water a Hand — Spread the wordl 013



Do parks grounds keepers use only the amount of pesticides and fertilizers needed?

- Do they apply pesticides only in areas where pests are found?
- Do they use organic fertilizers such as manure, compost or biosolids?
- Do they test to see if fertilizers are needed before applying them?

The Way It Is:

**D** Looking Good!

**We Need More Information about:** 

Priority Rank: 1 2 3





## Do city owned grounds have efficient watering systems (ones that don't waste water)?

- Use a rain gauge to determine if the grass needs to be watered. If there is one inch or more of rain per week, the grass may not need to be watered.
- Do they only water in the early morning or evening, so that the water doesn't evaporate quickly?
- Do they use efficient watering devices such as soaker hoses and sprinklers which spray the drops near the ground?
- Does water trickle onto parking lots, sidewalks or streets when the grass is being watered? If so, water is being wasted.
- Do they plant trees, shrubs, wildflowers and grasses which are adapted to local rainfall?

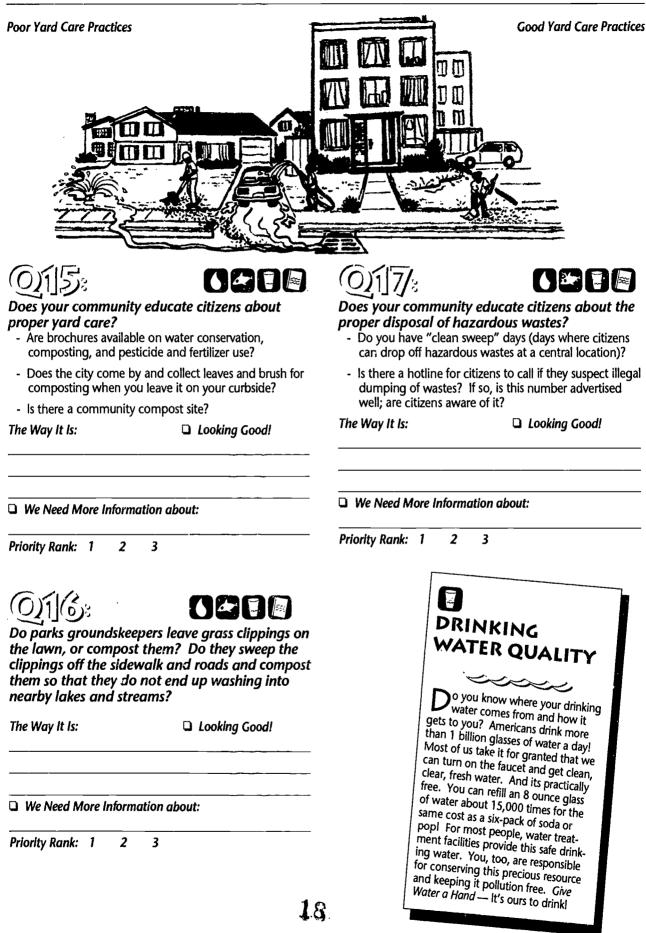
The Way It Is:

**Looking Good!** 

**We Need More Information about:** 

Priority Rank: 1 2 3

 $\mathbf{U}_{ij}$ 



<ul> <li>Does your community educate citizens about non-point source pollution and dumping into storm drains?</li> <li>Does your community hold water festivals or celebrations on Earth Day or Arbor Day?</li> <li>Do your storm sewers have messages stenciled on them telling people not to dump contaminants down the sewer?</li> </ul>	<ul> <li>(0)2003</li> <li>Your question</li> <li></li></ul>
The Way It Is: 🗅 Looking Good!	The Way It Is:
<ul> <li>We Need More Information about:</li> <li>Priority Rank: 1 2 3</li> </ul>	<ul> <li>We Need More Information about:</li> <li>Priority Rank: 1 2 3</li> </ul>
Storm Drain Stenciling	Your question   The Way It Is:   Description
Does your city have a policy for buying materials with recycled content?	We Need More Information about:  Priority Rank: 1 2 3
The Way It Is:	
We Need More Information about:         Priority Rank:       1       2       3	
	19

ERIC 6

#### 2A) GET INPUT WHAT EXPERIENCE DOES **FROM AN EXPERT** SAY?

ou can learn a lot and get more done by talking with experts who work with water issues every day. Be sure to take notes while talking with experts! The Leader Guidebook can help you Get the Most Out of Interviews, page 18.

#### INTRODUCTIONS:

Note: You should have prepared your quest before he or she arrives. See Next *Time on page 9.* Introduce yourselves to your guest. Explain that you are working on water issues and would like ideas, information and suggestions about what you can do in your community. Go over the agenda for your meetina.

#### **PRESENT WHAT** YOU HAVE FOUND:

Show your Watershed Map or maps. Present what you found out in your Needs Checklist. Tell them about the most interesting things you learned. If you have already thought of service projects you might like to do in your community, tell your guest. Ask if he or she knows of other projects you could do. The Leader Guidebook can help you Tell Your Story, page 19.

#### ASK FOR INFORMATION AND FEEDBACK:

After you have made your presentation, you might ask your guest questions like:

- What is your job or volunteer work? How do you work with water issues?
- What are the most important water conservation and water quality issues and needs in our community?
- How do we affect water conservation and/or quality in our community?
- What projects are already being done in communities to work on these problems? Could we do such a project in our community? What else could we do to help?
- What resources or help could you give or lend our group?

NEXT TIME: List group resources, strengths and time.

Write the name and organization of your guest expert. List questions you asked the expert.

FOXYMETR WORKER

Agenda: A schedule for a meeting

which states what will be done when.

Feedback: Reaction to a plan or idea.

What did you learn from your quest?

Starting Date:		Yo	ou are here 🖤			Comp	etion Date:	
L FA Why Water	1. 18 Ecological Address	L IC Research	2 24 Input	28-Choose	🛛 2C-Plan	3-On Track	D 4A-Celebration	48-Next Steps
		Target	Date:					
			6	20				17

water service project. This activity can

help you to choose an existing project

Know: You may already know what

project you want to do. Maybe you heard about an exciting idea or want

to join forces with a group already

Don't Know: If you don't have an

idea for a project, try the following.

Checklist and site map as starting

points. What were the priorities?

Look at the list of project ideas on

Involve local and national experts.

They have ideas, information and resources. See Get Partner Support, back cover. Also see the list on the back cover

of the Leader Guidebook and decide who could be useful to your project.

For example, for a water conservation

Federation for resource materials, or call

project, call the Water Environment

your local water utility.

page 20. Fill out the Choose a Project chart on page 19. What can you do with the resources you have?

Look at your Watershed Map, Needs

or start your own.

working on a project.

# WHAT WE 2B) CHOOSE A SERVICE PROJECT SERVICE PROJECT TIME TO DECIDE! HOW TO USE THE CHOOSE N ow that you know more about water issues in your community, it's time to pick a HOW TO USE THE CHOOSE

First fill out the Things We Know How to Do boxes on the left side of the chart. List all the things you are good at or talented in. If you can't think of anything, ask your friends or family to help. Everyone is good at something! Include fun things like sing, draw, fish, bake cookies as well as serious things like garden, give presentations, write letters, build things and make posters on the computer. It takes all kinds of skills to work on water issues.

Next fill in the Priority Water Conservation and Water Quality Needs boxes along the top of the chart. List the top priority needs from your Needs Checklist or from your talk with an expert.

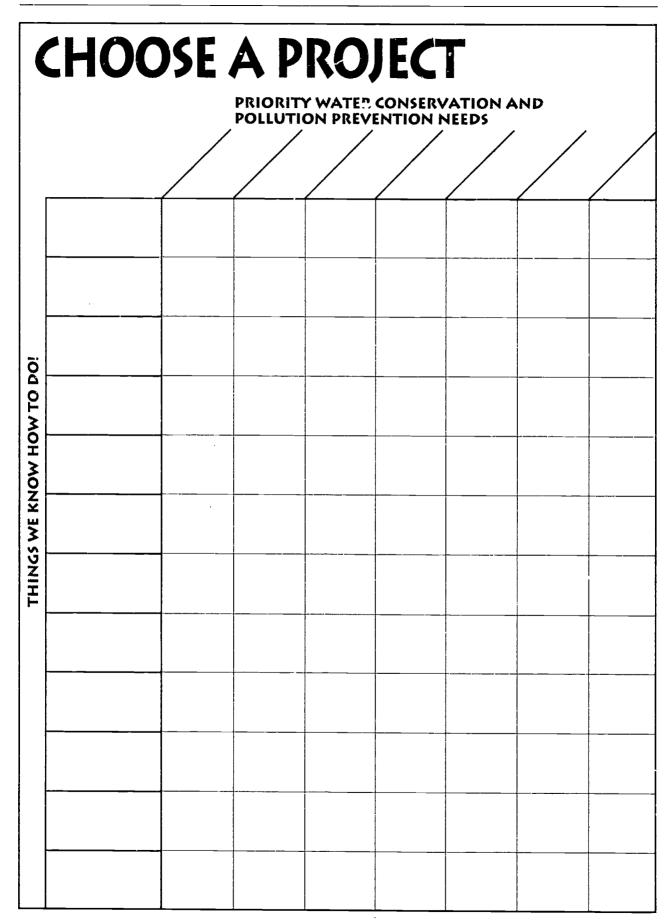
Under the Needs list, put an "X" on any line that matches up with something you can do that would be useful in working on that issue. For example, if you put "garden" at left, and "plant trees, shrubs and flowers" on top, mark the box where lines from these two things meet. Circle any Needs with lots of "X's" in their column. You have the skills to do these projects. You can now start your own project to help with these needs!

### WILL IT WORK?

Discuss these questions about your project ideas:

- Would the project meet a real need? How do you know? (Did it appear in your Needs Checklist? Did your guest expert discuss it? Has it been a topic in the newspaper?)
- **Q** Are others working on the problem? Can you join them?
- Are you excited about working on the project? If not, how could it become exciting?
- What difference will this project make? To you? To your community? To the people, plants and animals in the watershed?
- What resources are needed to do the project? (Tools, information, skills, money, and, especially, time.) Which resources do you have? Can you get the others? Where?

Starting Date:				· .	You are here V		Completion Date:					
	L TA Why Water		⊥ 1C Research	⊒ 2A Input	⊒ 2B ⊊hoose	🗅 2C-Plan	C 3-On Track	<b>4A-Celebration</b>	4B-Next Steps			
				Targ	et Date:							
	18				21	^						





# **PROJECT IDEAS**

This list of project ideas may help you figure out what to do.

- Muc. Patrol Form a Mud Patrol team and patrol construction sites in your neighborhood. Look for run-off, erosion and other problems affecting water. Report your findings to local water experts and government officials. Contact your state natural resources agency.
- Cleaning Product Demonstrations Demonstrate non-hazardous cleaning products such as baking soda, vinegar, and soap flakes in shopping malls, stores, or community centers. Show comparisons of popular brands containing hazardous chemicals and non-hazardous products. Contact your pollution control agency or the Water Environment Federation, 601 Wythe St., Alexandria, VA 22314 for a household hazardous waste chart.
- Adopt-A-Waterbody Select a section of river, stream, por clake to do water quality testing and monitoring, or clean-ups. Contact: Save Our clears, Izaak Walton League of America, 1401 Wilson Blvd, Level B, Arlington, VA 22209 (703) 528-1818 or Global Rivers Environmental Education Network, 721 E. Huron, Ann Arbor, MI 48104.
- Storm Drain Stenciling Paint signs next to storm drains telling people not to dump into the storm sewers because they flow to waterbodies. Contact your local conservation or natural resources agency, water utility, or municipal storm water department.
- Posters Make posters telling people where they can recycle used engine oil. Put posters up in automotive, hardware, grocery and discount stores. You could also make posters on environmentally sound maintenance and cleaning of water craft, and post them in local marinas or boating supply stores. Contact the Water Environment Federation for posters, 601 Wythe St., Alexandria, VA 22314.
- Tree Planting Develop a plan to purchase and plant native trees and shrubs along waterways to prevent erosion. Plant them in biosolids enriched soils and compost. Involve Partners. Contact your local Conservation District, forester, or American Forests, 1516 P St. NW, Washington, DC 20005 (202) 667-3300 for help with tree plantings. Contact your local wastewater treatment plant or the Water Environment Federation, 601 Wythe St., Alexandria, VA 22314 for information on biosolids.
- Community Compost Site Organize a community compost site. Contact your local waste management agency or horticulture society for additional information.
- Compost Bins Build compost bins for low-income or elderly residents. Provide instructions on how to use and maintain them.
- Community Festival Organize a community groundwater festival, lake festival or other water related celebration. Contact the Groundwater Foundation at 1-800-858-4844 or the Water Environment Federation, 601 Wythe St., Alexandria, VA 22314 for a free organizer's guide.
- Educational Flyers and Brochures Design and distribute flyers to people in your neighborhood telling them about efficient watering systems, nonpoint source pollution, and other water quality and conservation practices. Restaurant table cards are another way to educate people in your neighborhood. Be sure to get permission from the restaurant manager first. Contact your County Extension Office or the Water Environment Federation, 601 Wythe St., Alexandria, VA 22314 for sample flyers and brochures.
- Streamside Property Owners Organize a campaign to educate streamside property owners about guidelines for protecting the health of creeks and streams. Address problems such as erosion, nonpoint source pollution, dumping, habitat requirements for fish, etc.
- Streamwalk Go on a stream walk looking for potential problems which could affect the quality of water in the stream. Look for pipes leading into the stream, bare streambanks, industries, paved streambanks, garbage, etc. Write up a report of your findings, including suggested improvements, and give to your local pollution control agency or natural resources department.
- Environmental Audit Conduct an environmental audit of a government building or business in your community, such as city hall, the community center or a grocery store. Share your results and suggested improvements with the people who run or operate the building.

23

#### 

What service project did your group choose?

Why did you choose it?

What difference will it make to you? To your community? To other people, plants and animals in the watershed?

#### NEXT TIME:

**BEST COPY AVAILABLE** 

Bring all your maps, charts, and notes for planning. Invite your local Partner or a water issues expert to join your group next time to help with planning.



Notes and so on, fill out the Project Plan on page 23 as a group. Even if you don't know an answer, give your best guess. The next activity, Keep on Track, on page 24 can help you work through problems as you begin your project.



#### MIND MAP

Many people find it helpful to use a "mind map" to think up all the tasks they will need to do as part of a project. Write your project idea in a circle in the middle of the page. As each new idea comes to you,

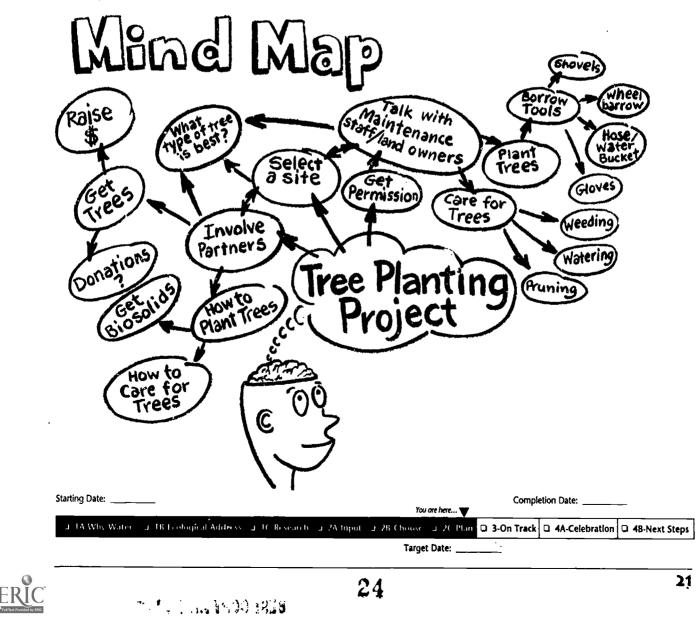
write it in a circle next to the thing most like it, then connect the two circles with a line. Think of the small tasks that make up big jobs. Keep going until you can't think of any more tasks that need to be done. See example below.



**Mind map:** A way to brainstorm that helps show how one thing goes with another.

Time line: A calendar listing the dates tasks need to be done.

Succeed/success: Doing a good job. Doing what you set out to do.



#### SERVICE PROJECT PLAN

Give your project a name that describes it. Make it one that people will be able to remember. It could be simple like *Jefferson County 4-H School Stream Clean Up* or catchy like *Mud Patrol: Erosion Prevention Program*. Write in your group's name and project partners.



What is the most important task on your Mind Map? Write it on your Service Project Plan under "What task?" Write the next most important thing, and the next, until all the tasks are on the Plan.



Who will do each task? Write his or her name (or names) under "Who?" This person must make sure the job gets done. He or she can ask for help.



Brainstorm the resources (tools, information, people) you need to get each task done. Write them down. Could your partners or other experts or organizations help?



Get a calendar. Write today's date over "start" on the Time Line. When does the project have to be done? The end of the sendester? March? Write that date over "finish."

How many months is it from start to finish? How often do you meet each month? Calculate how many meetings you will have (months times meeting per month). Mark a line for each meeting and write a date over it.

Using your time line, figure out when you need to complete each task. It often helps to start at the end date and work backwards. For example, if you are planning a Water Fair, think how much time before the Fair people need to know about it so they can plan to come. If they need to know two weeks ahead, then you must make all posters, radio ads, buttons, stickers, etc. and get them up by then.



Think of ways someone might get nurt on your project. What can you do to prevent it? What would you do if someone were hurt? Write ideas in the "Safety Plan" box.

# YOU'RE READY TO GO! CHECK SECTION 3 FOR TIPS FOR SUCCESS.

#### **TIPS FOR PLANNING**

- Start small. Most people try to do too much. You car 'ways do more once you show what you can do.
- You don't need to have the perfect plan. Do what works for <u>you</u>!
- It's O.K. to change your plan as you need to, but it's still important to have one.

#### **GET HELP**

You must get feedback from anyone whose help (or permission) you will need, such as the park director or government official. Also get feedback from someone with experience doing the kind of thing you want to do.

You can do more if you team up with other people. Your Partner or other experts or organizations can give resources, help and advice. Other groups of young people may help share tasks. Who could you team up with? See Get Partner Support, on back cover.

# HOW WILL YOU KNOW YOU SUCCEEDED?

How will you know when your project is finished? How will you know you have done a good job? The better you can answer these questions, the better your project is likely to turn out. It always helps to know exactly where you are trying to go. Check section 4 on page 25 for ideas about information you should collect while you are doing your project so you can explain why it was successful.

## 

How will you know your project has succeeded?

What do you need to learn more about to do your project tasks? How will you learn these things?

Keep your Project Plan. Look it over at every meeting.

ERIC<sup>22</sup>

PLAN				SAFETY SAFETY PLAN CMIL 911	
ICE PROJECT PLAN	PARTNER(S):				
SERVI	AROUP NAME: AHO AHAT: TO PO TASKS TASKS			TIME LINE BATE/MONTH START	9
	S CHW	 ( <b>i</b> )	]		

# HOW SIT 3) KEEP ON TRACK

with the project, you can get started! Be sure to check back with this section and section 4 as you go along. The Leader Guidebook has ideas for Solving Problems, Working as a Team, and other helpful information for your group.

#### TIPS FOR SUCCESS

- Your Service Project Plan is a guide, not a rule book. You make a plan so everyone in your group knows what everyone else is trying to do. Yet things rarely go exactly as planned. As a group, look at your plan and change what needs changing.
- Work for a "win-win." Find out how everyone can win from your success.
- Get to know lots of people. The more people you know, the more likely one of them will know how to help. Any experts who helped your group know lots of other people who can help.
- **Don't give up.** There is always one more thing you can try.
- **Communicate.** Everyone in your group must know what is going on. Talk often to each other. Call each other. Hold regular meetings. Work together.

#### **GETTING PAST A ROAD BLOCK**

You ran out of money or time. Someone quit. Someone said "no." Now what?

- Can you go around it? Is this the only way to do the task? Try another way.
- Over it? Can you get help from the top: your principal, the county commissioner, your mom or dad?
- Through it? With more help, could you push right through the problem?

#### THINK ABOUT IT

Your project gives you a chance to do something important. It is also a chance to learn to do an even better job next time. Sit down as a group and talk about what you have seen, heard, felt or learned. Share your thoughts.

#### WHAT HAPPENED?

- What was the most fun thing that happened? The least fun?
- What helped you the most? What were the biggest road blocks?
- What effect did it have on your community? On your watershed?

#### SO WHAT?

- What have you learned about how humans affect the people, plants and animals in the watershed? How do your actions affect others?
- Did you do what you set out to do? How do you know?
- Has your work made a difference?
   How?
- How could the problem you worked on be prevented from happening again?
- NOW WHAT?
  - How would you do things differently next time?
  - What advice would you give another group working on a similar project?
  - What will you do to prevent the problem from happening in the future?
  - What other issues or projects would you like to work on?

Read the Think About It questions and take five minutes to write answers to some of them.

List any new partners you have begun working with.



# **MEASURE AND RECORD SUCCESS**

here are many reasons to show what you have done on your project. People are more likely to give permission, help and resources when you can prove what you can do. Newspapers and radio/TV stations are more likely to report about you. Other young people may get excited and want to join you. It feels good to see what you have done.

#### WAYS TO SHOW WHAT YOU HAVE DONE:

- Count the number of trees planted, pounds of biosolids used
- How many people helped out? How many hours did each person work on the project? How many total hours did your group work?
- Count how many people heard speakers, came to events
- Draw pictures or take photographs or videos of your work
- Interview the mayor, your local Partner, helpful experts, or other students
- Get letters from people you helped or worked with ٠
- Write stories, a rap or song about your project
- Make a bulletin board display for your community center or school. Include your site map, Watershed Map and information from your Needs Checklist.
- Give tours or demonstrations to show parents, government officials or reporters your new nature area or recycling center

-----How do you feel about your project? How does it feel to try to make a

How will you show others what you

How will you continue the group's

difference?

have done?

work?

**IDEAS FOR** LOCAL CELEBRATION

fter all your hard work to Give Water a Hand, it's nice to celebrate. Not only is celebration fun, but it's a good way to say thank you to people who helped out. If you can get the newspapers, TV or radio to run a story on your project, lots of other people will hear about the importance of water issues. Here are some ideas:

- Share your success with your local and national partners
- Invite newspapers and TV stations to come to see what you have done The Leader Guidebook has tips for Working with the Media, page 19.
- Hold a pizza party or picnic
- Write a story for the community newspaper. Weekly or monthly papers especially look for local stories
- Make T-shirts for group members with the name of your group
- Use your imagination. It's your partyl

29Starting Date: Completion Date: You are here... 🗉 FA Why Water 🗉 TB Ecological Address 🗉 TC Research 🖃 2A Input 🖃 2B Chooxe 🖃 2C Plan 🖃 3 On Track 🗉 4A Celebration 🛄 4B-Next Steps Target Date: \_

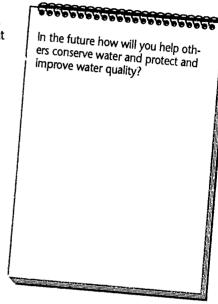


# **4B) TAKE NEXT STEPS**

ne of the best things about finishing a project like this is that you now know all sorts of new people, information and skills. You have proven that you can do something important as a team! Now, as a group or by yourselves, you might want to start new projects. There is always lots more to be done!

You don't have to star: over from the beginning. Look at your Needs Checklist, Watershed Map, site map and notes. Talk to your partners. What is another important need or project? Under Think About It on page 24 you talked about some other projects you might like to work on. You may know of more you could do on this project. Talk again with your partners and other people you have worked with. Would they like to help again? .What ideas do they have?

Make a new mind map and Service Project Plan and go for it!







# **GIVE WATER A HAND**

#### NATIONAL DRINKING WATER WEEK 1995 RECOGNITION FORM

#### \*\*DUE BY MARCH 1, 1995\*\*

Please answer questions the best you can using your Project Journals, Watershed Map, site map and Needs Checklist as reminders. Please print or type clearly. Computer print-outs are O.K., but may be no more than two pages.

You may want to include a photocopy of your results, newspaper articles, etc.

Please limit to three extra pages. Keep a copy for yourselves.

Involve the whole group in completing the form.

#### URGENT: SEND THIS FORM BY MARCH 1, 1995 TO:

If there is no address listed above, send the form to your County Extension 4-H Office or call 1-800-WATER20 for further mailing instructions.

1. Name/s and grades of group members:

Selected youth groups participating in *Give Water A Hand* will receive Youth Earth Service Awards in Washington, DC during National Drinking Water Week, May 7 - 13, 1995. These awards will be part of the United Earth ceremonies, and will be presented by Claes Nobel of the Nobel Prize family, founder of United Earth. In order to have a chance to receive this award, you must complete and send in this form by March 1, 1995. Group leader or teacher:

Organization/group name:

Address:		
City:		Zip:
Contact person:		
Phone: Day:	Evening:	

2. List all the Partners you worked with. How were they involved?

3. What was your service project? Describe what you did. What water issue(s) did you address? Why did you pick this project? Did you choose your own project, or did your leader or another adult pick it for you?

- 4. How did your project make a difference to your community? to the watershed?
- 5. Were you successful? How do you know?
- 6. What was the most fun part of the project?
- 7. What was the hardest part of the project?
- 8. What projects about water will you do next? Will you work with other groups?
- 9. Do you have any suggestions for other young people who want to do the same project in their communities?

Give Water A Hand is part of the National 4-H Environmental Stewardship Education Program. Thanks to April Gower-Getz and Kashyap Choksi for fiscal



# **GIVE WATER A HAND**

#### COMMUNITY SITE ACTION GUIDE PROMOTING GOOD WATER MANAGEMENT PRACTICES IN YOUR COMMUNITY

#### Made Possible With Support from :

- Church & Dwight Co., Inc. Makers of Arm & Hammer® Baking Soda
- National Fish and Wildlife Foundation

#### In Partnership with:

American Forests

American Water Works Association

- Earth Force
- Global Rivers Environmental Education Network
- The Groundwater Foundation
- Izaak Walton League
- National Aquarium in Baltimore
- National Association of Conservation Districts
- National 4-H Council
- National Marine Education Association
- Project WET (Water Education for Teachers)
- **Tennessee Valley Authority**

**Trout Unlimited** 

- USDA Cooperative Extension System
- USDA Extension Service
- USDA Forcest Service
- USDA Soil Conservation Service
- US EPA Office of Water
- US Fish and Wildlife Service

US Geological Survey

- US National Oceanic and Atmospheric Administration
- University of Wisconsin Environmental Resources Center

Western Regional Environmental Education Council

Water Environment Federation



The Blue Thumb Program, a joint effort for National Drinking Water Week, in cooperation with the American Water Works Association management and printing. Project Director: Elaine Andrews, Environmental Education Specialist, University of Wisconsin-Cooperative Extension, College of Agriculture and Life Sciences, School of Natural Resources, Environmental Resources Center

National Coordination: Gregory L. Crosby, USDA Extension Service

- Project Coordinator: Kadi Row, University of Wisconsin-Cooperative Extension, Environmental Resources Center
- Lead Writers and Service-Learning Specialists:
- Rich Cairn and Susan Cairn, Cairn & Associates, Minneapolis, Minnesota

Water Curriculum Specialist: Kelly Warren, University of Wisconsin-Cooperative Extension, Environmental Resources Center

- Designer:
- Barbara Lyman, Alternative Designs, St. Paul, Minnesota
- Illustrator:
- Lynne Bergschultz, Bergschultz Studio, Fredonia, Wisconsin Copy Editor:
  - Lynn Entine, Lynn Entine Writing and Editing, Madison, Wisconsin
- Program Assistant:
- Sheila Voss, University of Wisconsin-Madison,
- Additional Reviewers:

Henry Althoen William C. Dickinson DeLynn Hay Paul McCawley

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University of Wisconsin-Extension, Cooperative Extension Environmental Resources Center College of Agriculture & Life Sciences Madison, WI 53706 (800) WATER20

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# OUT THERE'GET PARTNER SUPPORT

Your project will go better if you get help and advice from an expert. We call these people or organizations who will help "Partners". If you have already signed up with a Partner from the list on the back cover of the Leader Guidebook, great! If not, do it now. This page can help you get help from these and other people.

#### HOW PARTNERS CAN HELP

All the organizations which helped create Give Water a Hand want to help you. Many others can help also. There are many useful things they might help with. For example:

- Show you how to read maps or a water meter. Test water. Plant and care for trees. Raise money. Install equipment. Use tools
- Answer questions about: how plumbing works, where drinking water comes from, where wastewater goes, what animals and plants live in water, and what hazardous materials might affect people, plants and arimals
- Give, sell or lend tools, maps, brochures, posters, buttons, displays, videos, seeds, trees, equipment even buses or cars
- Give or get permission for you to do what you want to. Or help you get in to talk to the county commissioner, school board, town council or mayor
- Tell you about projects you can work on or even work with you on one!

#### HOW TO GET HELP FROM PARTNERS

The first trick in getting help is knowing whom to talk to. Here are some ideas: The list of national Partners on pages 27-29 cf the Leader Guidebook explains what each one has to offer, whether they have local contacts or offices. The project list (on page 20) gives specific suggestions about what national Partners can help with.

-6	
	ook at this page whenever your group needs information or resources.

List your project partners, their phone numbers and addresses:

People or organizations in the community include County Extension
Agents, Soil and Water Conservation District staff, public water utilities,
non-profit environmental organizations, county or city waste
management agencies, nature centers, and others. People at your
school who could help include: school principal, teachers, the PTA or
PTO.

PONY/ETRIVOTRES

Partner: People and/or organizations

which work together to get something

Resources: People, books, tools, money,

transportation - anything useful to get

something done.

#### TIPS FOR WORKING WITH PARTNERS

- Prepare before you call, write or meet. Be as specific as possible
- Be polite and respectful, even when you disagree or don't get what you want
- Always give your name and say what group you are with.
- Write all names, phone numbers and addresses in your Project Journal Say thank you. Send thank you notes. Invite Partners to a project.
- celebration • Only one person from your group should call. Don't confuse your Partners
- Call back after a couple of days if someone doesn't return your call
- Make sure you have a complete list of all your questions when you call your partner so that you don't have to keep calling back each time something comes up