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#### ABSTRACT

This issue of the "MCH Program Interchange" provides information about approximately 55 selected materials and publications related to school health, which have been developed by or are available from Federal agencies, state and local public health agencies, and voluntary and professional organizations. The interchange of this information is meant to assist with the development and implementation of school health programs. Types of materials include state guidelines, content area competencies, program evaluations, teacher's guides, curricula, program design, resource guides, surveys, and public policy statements and recommendations on such school health topics as gun violence, sexuality education, nursing services, cholesterol, suicide, adolescent health, nutrition, and drug use. The scope of the document does not include human immunodeficiency virus. (JDD)

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## MCH Program Interchange

Focus on School Health
March 1992



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#### MCH PROGRAM INTERCHANGE

#### Focus on School Health March 1992

The MCH Program Interchange has been developed by the National Center for Education in Maternal and Child Health (NCEMCH) with support from the Maternal and Child Health Bureau, U.S. Department of Health and Human Services. Designed to promote the cooperative exchange of information about program ideas, activities, and materials among the Title V community, the Interchange prevides information about selected materials and publications related to MCH which have been developed by or are available from federal agencies, state and local public health agencies, and voluntary and professional organizations. The materials cited in the Interchange have been incorporated into the MCH Reference Collection at NCEMCH. All items in the Reference Collection are available for loan to those involved in Title V programs, or copies of listed materials can be requested directly from the contributing organizations and agencies. Inclusion of items in the Interchange does not imply endorsement by the Maternal and Child Health Bureau or NCEMCH. States are encouraged to duplicate the Interchange for sharing with other individuals and agencies within the state.

This issue of the MCH Program Interchange is currently available through the MCH-NET telecommunications system on a pilot basis.

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### MCH Program Interchange

Tentative Publication Schedule\*
March 1992–June 1992

DATE

**FOCUS TOPIC** 

March 1992

Nutrition

May 1992

Adolescent Health

May 1992

General Maternal and Child Health Materials

June 1992

Nutrition

NCEMCH is interested in receiving copies of materials related to these focus topics as well as materials related to other areas of maternal and child health services, including services for children with special health needs. Materials which would be useful in program development and evaluation, such as tools for needs assessment, policy statements, guidelines and standards, record formats, and special reports, are especially welcome. If you have any materials which you think might be of interest and help to colleagues, please forward two copies to NCEMCH at the address noted below.

MCH Program Interchange Editor
National Center for Education in Maternal and Child Health
38th and R Streets, N.W.
Washington, DC 20057
(202) 625-8400

NCEMCH provides information services, educational materials, and technical assistance to organizations, agencies, and individuals with maternal and child health interests. NCEMCH was established in 1982 at Georgetown University, within the Department of Obstetrics and Gynecology. NCEMCH is funded primarily by the U.S. Department of Health and Human Services through its Maternal and Child Health Bureau.



<sup>\*</sup> NCEMCH welcomes your suggestions for future focus topics.

This issue of the MCH Program Interchange provides information about selected materials and publications related to school health. These materials were contributed to the NCEMCH Reference Collection by the Maternal and Child Health Bureau, DHHS; the Office of School Health at the University of Colorado; professionals from the adolescent health community; and other agencies and organizations.

## From the desk of Joann Gephart, M.S.N., R.N., Deputy Chief, Child and Adolescent Health Branch, MCHB

Successful school health programs represent a key to attaining the *Healthy People* 2000 objectives that focus on adolescents. This Interchange is meant to assist with the development and implementation of school health programs.

The University of Colorado School Health Programs is establishing a school health reference collection; it will become a national information resource on comprehensive school health materials. This collection will contain both administrative information for establishing, evaluating, and revising school health programs and clinical references related to the care of school-age children and youth, such as national school health policies and reports, conference papers, demographic data, model programs, legislation, and historical documents. State materials will include policy and procedure manuals, school health statutes and legislation, and statistical surveys of school health activities. The services will become available to the public after July 1, 1992. For further information, contact: Office of School Health, School Health Reference Collection, 4200 East Ninth Avenue, Box C-287, Denver, CO 80262. Telephone (303) 270-7435 or fax (303) 270-3198.

Human immunodeficiency virus (HIV) infection is a medical problem affecting many school-age children and adolescents. HIV infection also entails a host of other problems—social, moral, ethical, legal, and fiscal—with numerous and complex implications for the entire community, including schools. This issue of the MCH Program Interchange does not include materials or publications focusing on issues related to HIV infection. An upcoming issue will be devoted to this topic. If your program has materials or publications which are available for distribution, please send a copy to NCEMCH, MCH Program Interchange Editor.



#### MATERIALS FROM STATE AND LOCAL AGENCIES

Materials in this section are listed alphabetically by state.

California Department of Education, Office of Healthy Kids, Healthy California. Not schools alone: Guidelines for schools and communities to prevent the use of tobacco, alcohol, and other drugs among children and youth. (1991). Sacramento, CA: California Department of Education.

Contact: Publication Sales, California Department of Education, P.O. Box 271, Sacramento, CA 95812-0271. Telephone (916) 445-1260. \$3.25 (includes shipping and handling).

This 29-page guide was developed to assist schools and communities in preventing the use of tobacco, alcohol, and other drugs among school-age youth. The model focuses on building a collaborative effort—a partnership involving schools, communities, families, and students—to share in the responsibilities of planning, funding, and implementing preventive strategies and programs. The guide describes a conceptual framework for planning a prevention program; discusses the leadership role of the school in planning and coordinating school/community prevention activities; provides suggestions for statements to be included in a school's discipline policy; and highlights elements of program support including a positive school climate and in-depth training for personnel. Appendices include relevant sections of California legal codes, resources, and references.

Missouri Department of Elementary and Secondary Education. Comprehensive health competencies and key skills for Missouri schools. (1989). Jefferson City, MO: Missouri Department of Elementary and Secondary Education.

Contact: Missouri Department of Elementary and Secondary Education, P.O. Box 480, Jefferson City, MO 65102. Telephone (314) 751-9437. Available at no charge.

This 82-page guide provides a framework for local health curriculum development by identifying knowledge and skills students should master at each of four levels: K-3, 4-6, 7-9, and 10-12. Nine general content areas including disease prevention and control, family life and sex education, mental health, substance abuse, nutrition, personal health, safety and first aid, environmental and community health, and consumer health are the focus of the progressive health competencies for each of the four grade levels.



New Jersey State Department of Education. Chemical health education guide. (1991). Trenton, NJ: New Jersey State Department of Education.

Contact: Thomas J. Rubino, Manager, Bureau of Student Support Services, New Jersey State Department of Education, 225 West State Street, CN 500, Trenton, NJ 08625. Telephon: (609) 984-0905. \$4.25.

In 1987, the New Jersey Department of Education disseminated standards for providing students in every grade with a sequential, age-appropriate program of instruction on substance abuse. This 19-page document is an update of the 1987 guide including considerations and lessons learned for program development, integration, and evaluation. The report has a recommended scope and sequence of instruction for specific grade levels (K-2, 3-6, 7-9, and 10-12) and four content areas: substance use and abuse, self-awareness, interpersonal skills, and decision-making. Specific learning objectives have been included for education on anabolic steroid use.

New Mexico School Health Advisory Committee. A report card of school health programs in New Mexico: Executive summary. (1991). Santa Fe, MN: New Mexico Department of Health and Department of Education.

Contact: William Owen Blair, Consultant, School Health Programs, New Mexico Department of Education, Education Building, Santa Fe, NM 87501-2786. Telephone (505) 827-6570. Available at no charge.

This 15-page report summarizes the findings of a 1990 survey of New Mexico public and private accredited school personnel with regard to eight school health components: health services, health education, health environment, physical education, student nutrition, counseling, health promotion programs for faculty and staff, and school and community health promotion coordination and integration. For each component, the report presents a description, a summary of New Mexico schools' status with respect to the component, and specific relevant recommendations made by the New Mexico Health Advisory Committee.

Oklahoma State Department of Health. Adolescent health conference guidelines (Revised edition). (1991). Oklahoma City, OK: Oklahoma State Department of Health.

Contact: Marilyn Lanphier, Director, Adolescent Section, Maternal and Child Health Service, Oklahoma State Department of Health, 1000 NE Tenth Street, Oklahoma City, OK 73117. Telephone (405) 271-4476. Contact source for publication.

This 37-page manual provides practical guidelines for organizing and implementing adolescent health conferences from topic selection to timelines, publicity, and evaluations. For the last eight years local schools, health departments, and other

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community organizations have worked collaboratively in many Oklahoma communities to conduct one-day conferences to provide a forum for adolescents to gather information and interact with peers, health professionals, and educators; identify community resources for adolescents, parents, and educators; and raise community awareness of adolescent problems and needs. The guidelines are integrated with the *Healthy Youth 2000* objectives that encourage local communities to actively engage in creating an environment that supports and sustains health promoting practices.

Ottney, J. R. Fetal alcohol syndrome facts and choices: A guide for teachers (2nd edition). (1991). Madison, WI: Wisconsin Clearinghouse, University of Wisconsin.

Contact: Wisconsin Clearinghouse, University of Wisconsin, 315 North Henry Street, Madison, WI 53703. Telephone (608) 263-2797. \$29.95.

This 114-page updated guide provides accurate information and tools for educators to use in programs for adolescents, 12–18 years of age, related to the prevention of fetal alcohol syndrome (FAS) and fetal alcohol effects (FAE). The program activities have a dual emphasis on delivering basic information and investigating attitudes and behaviors regarding alcohol, women, pregnancy, and birth defects. The guide is divided into several sections: introduction to the guide and program presentations; background information on FAS and FAE; instructor's guide for presenting activities; supplementary information on questions that may be raised; additional resources including pamphlets, audiovisuals, books, and contacts in Wisconsin; glossary of terms; and student worksheets. The instructor's guide includes all the necessary information to present three days of programs on FAS and FAE, including objectives, instructions, and overheads for presenting the activities. The student worksheets are printed for easy reproduction.

South Carolina Department of Health and Environmental Control and South Carolina ETV. Bay city kids. (1989). Chicago, IL: Films Incorporated Video.

Contact: Films Incorporated Video, 5547 North Ravenswood Avenue, Chicago, IL 60640. Telephone (800) 323-4222, ext. 43. \$199.00 plus \$6.00 shipping and handling.

This three-volume reproductive health education curriculum for adolescents includes a 120-minute, \(^1/\_2\)-inch VHS videotape series, a teacher's guide, student's guide, and parents' guide. This soap-opera-based curriculum created for the classroom is divided into nine episodes, with 32 short scenarios that are intended to trigger discussion. Four behavior indicators are addressed: respect, responsibility, restraint, and risk knowledge. The nine episodes feature: talking to parents, puberty and pressure, adolescent pregnancy and parenthood, sexually transmitted diseases, sexual assault, birth control, personal health and hygiene, fetal development and childbirth, and life planning.



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University of Colorado Health Sciences Center, Office of School Health Programs. National guidelines for the administration of medications in schools. (1990). Denver, CO: Office of School Health Programs, University of Colorado Health Sciences Center.

Contact: Office of School Health Programs, University of Colorado Health Sciences Center, 4200 East 9th Avenue, Denver, CO 80260. Telephone (303) 270-7735. Contact source for publication.

This 60-page report provides a set of recommendations for establishing guidelines, policies, and procedures for the school-based administration of medications to students. The goal of the report is to foster public consideration of the issues and problems in the development of public consensus and implementation of uniform medication policy in public school districts for both prescription and over-the-counter medications. The report reviews the state of the art in school-based medication policy, highlighting the benefits and constraints of current practices.

#### MATERIALS FROM FEDERAL AGENCIES

Glynn, T. J. School programs to prevent smoking: The National Cancer Institute guide to strategies that succeed. (1990). Bethesda, MD: National Institutes of Health, U.S. Department of Health and Human Services.

Contact: Office of Communications, National Cancer Institute, 9000 Rockville Pike, Building 31, Room 10A24, Bethesda, MD 20892. Telephone (800) 4-CANCER or (301) 496-5583 or fax (301) 496-0846. Available at no charge.

This 24-page guide provides recommendations to help plan and offer school-based smoking prevention programs and strategies for a successful program. An annotated listing of a sample of school-based prevention programs and selected refere, ces in adolescent smoking prevention are provided.

Lane, A. Secondary school students: Prevention resource guide. (1991). Rockville, MD: National Clearinghouse for Alcohol and Drug Information.

Contact: National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20852. Telephone (301) 468-2600. Available at no charge.

The Office for Substance Abuse Prevention (OSAP) Prevention Resource Guides, developed for use by schools, community organizations, worksites, and physicians'



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offices, list publications and data bases on specific topics. Secondary School Students: Prevention Resource Guide is a 38-page annotated listing of materials to help students avoid using nicotine, alcohol, and other drugs. Each entry includes a brief description on the mode of delivery, target audience, setting for use, readability, availability, and an annotation on content and presentation. The guide is divided into four sections including facts and figures; prevention materials; studies, articles and reports; and groups, organizations, and programs. Other guides in the series include Elementary Youth, College Youth, and Rural Communities.

U.S. Centers for Disease Control, Adolescent and School Health Division. Youth risk behavior survey. (1990). Atlanta, GA: Centers for Disease Control.

Contact: Margaret Cleveland, Adolescent and School Health Division, U.S. Centers for Disease Control, 1600 Clifton Road, N.E., Atlanta, GA 30333. Telephone (404) 639-3824. Available at no charge.

This 75-item questionnaire was developed as part of the Youth Risk Behavior Surveillance System (YRBSS) established by the Centers for Disease Control (CDC), Division of Adolescent and School Health. The YRBSS uses a school-based survey to monitor the incidence and prevalence of priority health risk behaviors among youth (grades 9–12) in six categories including: (1) behaviors that result in intentional and unintentional injuries; (2) tobacco use; (3) drug and alcohol use; (4) sexual behaviors that result in HIV infection, sexually transmitted diseases, and unintentional pregnancy; (5) dietary behaviors; and (6) physical activity. State and local departments of education may use all or parts of the 75-item questionnaire to conduct the Youth Risk Behavior Survey. Additional background information includes: an overview of the Youth Risk Behavior Survey question rationale, a three-page handout on commonly asked questions about the Youth Risk Behavior Survey, and a flow sheet outlining the YRBSS Behavioral Delineation and Instrument Development Process.

U.S. Congress, Office of Technology Assessment. Adolescent health (Volume I: Summary and policy options; Volume II: Background and the effectiveness of selected prevention and treatment services; Volume III: Crosscutting issues in the delivery of health and related services; Index for volumes I, II, and III). (1991). Washington, DC: U.S. Government Printing Office.

Contact: Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402. Telephone (202) 783-3238. Volume I \$9.50; Volume II \$30.00; Volume III \$13.00; Index available at no charge. Make checks payable to the Superintendent of Documents.

Adolescent Health, a three-volume report from the congressional Office of Technology Assessment, reviews the physical, emotional, and behavioral health status of



American adolescents, identifies risk and protective factors for adolescent health problems, integrates national data to understand the clustering of specific adolescent problems, and evaluates options for the organization of health services available to adolescents including accessibility and financing. Volume I, a 204-page book, contains the summary and policy options. Volume II: Background and the Effectiveness of Selected Prevention and Treatment Services, a 762-page book, addresses selected concerns including injuries, chronic physical illness, AIDS and STDs, pregnancy, mental health problems, delinquency, and homelessness. Volume III, a 303-page book, addresses crosscutting issues in the delivery of health and related services to adolescents.

U.S. Department of Health and Human Services, Public Health Service, National Institutes of Health, National Heart, Lung and Blood Institute, National Cholesterol Education Program.

Report of the expert panel on blood cholesterol levels in children and adolescents.

(1991). Bethesda, MD: National Heart, Lung, and Blood Institute, U.S. Department of Health and Human Services.

Contact: Information Center, National Heart, Lung and Blood Institute, 4733 Bethesda Avenue, Suite 530, Bethesda, MD 20814-4820. Telephone (301) 951-3260. Available at no charge.

This 119-page report of the National Cholesterol Education Program includes a review of the significance of blood cholesterol levels in childhood and adolescence; nutrient recommendations and recommendations to groups that influence the eating patterns of children and adolescents; and an individualized approach to cholesterol lowering aimed at identifying and treating children and adolescents who are at the greatest risk of having high blood cholesterol and an increased risk of coronary heart disease as adults. Recommendations for screening, diet therapy and drug therapy are included.

U.S. Department of Health and Human Services, Public Health Service, Office of Disease Prevention and Health Promotion. Locating resources for Healthy People 2000 health promotion projects. (1991). Washington, DC: U.S. Government Printing Office.

Contact: Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402. Telephone (202) 783-3238. \$3.25 (includes shipping and handling); limited number of copies also available from the National Maternal and Child Health Ciearinghouse, 38th and R Streets, N.W., Washington, DC 20057. Telephone (202) 625-8410 or (703) 821-8955, ext. 254.

This 56-page publication is a guide to locating financial assistance for projects related to the *Healthy People 2000* goals. It reviews principles and procedures of grant-seeking, and discusses ways to locate specific funding agencies in the private and

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public bectors. A list of information resources is included, along with a glossary, bibliography, and sample application form.

U.S. General Accounting Office. Teenage drug use: Uncertain linkages with either pregnancy or school dropout. (1991). Washington, DC: U.S. General Accounting Office.

Contact: U.S. General Accounting Office, P.O. Box 6015, Gaithersburg, MD 20877. Telephone (202) 275-6241. First five copies available at no charge; additional copies \$2.00 prepaid. Make checks payable to the Superintendent of Documents.

This 51-page briefing report provides recent information on the relationship between adolescent drug use and pregnancy and/or dropping out of high school. The report describes data on trends in each of the three problems and presents an analysis of recent research on how they may be linked. Findings of the report showed little evidence that trends in these three youth problems are increasing and that efforts to strengthen family relationships may be especially useful. Implications for drug education and research are presented.

## MATERIALS FROM EDUCATIONAL, VOLUNTARY, AND PROFESSIONAL ORGANIZATIONS

American Academy of Family Physicians. Age charts for periodic health examination. (1991). Kansas City, MO: American Academy of Family Physicians.

Contact: Committee on Psychosocial Aspects of Child and Family Health, American Academy of Family Physicians, 8880 Ward Parkway, Kansas City, MO 64114-2797. Telephone (816) 333-9700. Available at no charge.

The Committee on Psychosocial Aspects of Child and Family Health, American Academy of Family Physicians, developed these age-specific charts for periodic health examinations. The charts include recommendations to guide screening, patient and parent counseling, and immunizations and chemoprophylaxis to assist physicians and other health and social service providers in caring for patients. Components of the health examination include history, physical examination, laboratory/diagnostic procedures, diet and exercise, substance use, sexual behavior, injury prevention, dental health, and other primary preventive measures.



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American Academy of Pediatrics. Policy reference guide: A comprehensive guide to AAP policy statements published through December 1991. (1991). Elk Grove Village, IL: American Academy of Pediatrics.

Contact: Publications Department, American Academy of Pediatrics, 141 Northwest Point Boulevard, P.O. Box 927, Elk Grove Village, IL 60009-0927. Telephone (800) 433-9016 or fax (708) 228-1281. \$59.00 plus \$7.95 shipping and handling.

This guide presents a compilation of 250 policy statements issued by the American Academy of Pediatrics (AAP) and is designed as a quick reference tool. It contains copies, as originally published, of all statements that are current or under revision. AAP policy statements focusing on school health include drug administration, emergency medicine, health education, nursing services, physical fitness, school-based health clinics, school health programs, and screening tests.

American Association of School Administrators. Healthy kids for the year 2000: An action plan for the schools. (1990). Arlington, VA: American Association of School Administrators.

Contact: American Association of School Administrators, 1801 North Moore Street, Arlington, VA 22209-0700. Telephone (703) 528-0700.

This 29-page guidebook was developed by two task forces of the American Association of School Administrators to help promote *Healthy People 2000*. The task forces represented school superintendents, health education teachers, principals, curriculum and personnel directors, and other educational leaders from across the country. The booklet provides a 12-step action plan for developing a comprehensive health education program. General legislative goals are highlighted. The appendices include a checklist for school administrators v ho are starting or finetuning an existing program; an annotated list of publications, audiovisuals, speakers, curricula, and funds; and relevant school-related objectives for the year 2000.

American School Health Association. Healthy people 2000: National health promotion and disease prevention objectives and healthy schools. (1991). Kent, OH: American School Health Association.

English, J., Sancho, A., Lloyd-Kolkin, D., and Hunter, L. Criteria for comprehensive health education curricula. (1990). Los Alamitos, CA: Southwest Regional Educational Laboratory.

Lovato, C. Y., Allensworth, D. D., and Chan, F. A. School health in America: An assessment of state policies to protect and improve the health of students (5th edition). (1989). Kent, OH: American School Health Association.

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Neutens, J. J., Drolet, J. C., Dushaw, M. L., and Jubb, W. (Eds.). Sexuality education within comprehensive school health education. (1991). Kent, OH: American School Health Association.

Contact: Publications Department, American School Health Association, P.O. Box 708, Kent, OH 44240. Telephone (216) 678-1601 or fax (216) 678-4526. In addition to publication cost, include \$2.50 for shipping and handling.

Healthy People 2000: National Health Promotion and Disease Prevention Objectives and Healthy Schools (\$7.50 ASHA members, \$9.50 nonmembers), a special issue of the Journal of School Health, outlines the year 2000 objectives for the nation that can be attained by schools. The issue presents these objectives within the eight components of a multidimensional school health program including school health education and services, physical education, food services, psychology, counseling, and health promotion for faculty, school, and community. Objectives that can be influenced by schools are arranged according to 22 priority areas as identified in Healthy People 2000. Extensive background is provided for each initiative.

Criteria for Comprehensive Health Education Curricula (contact ASHA for price information) is a 20-page guide developed to assist a school or school district develop or select a comprehensive school health education curricula. The guide presents criteria which can be used to systematically analyse curricula to select the most appropriate one for the school. The criteria are composed of the following categories: goals and objectives, content, teaching strategies, learning activities, materials, time, evaluation, cultural equity, sex equity, and district-specific criteria. A list of additional resources is provided.

School Health In America (\$15.00 ASHA members, \$18.00 nonmembers) is the fifth in a series of national surveys to provide information about the current status of state support for school health programs. This 49-page report expands upon the information provided in previous editions by summarizing state policies not only for school health services, education, and environments, but also for food services, physical education, guidance and counseling, and school psychology. Survey results are compared to available professional standards in each area. State requirements for key elements such as certification and programming are provided. Results reported include information from every state and the District of Columbia.

Sexuality Education Within Comprehensive School Health (\$10.25 ASHA members, \$11.95 nonmembers), a 117-page report, assists educators, school administrators, and health care personnel plan and implement a sexuality education program. The report presents human sexuality as an important component of a comprehensive school health program. Section one contains steps for program implementation and evaluation, communication strategies, and handling opposition to sexuality

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education. Section two focuses on the levels preschool through grade 12 providing information about student characteristics, general teaching suggestions, concepts, content and example activities, responses to student questions, and resources. The report is intended to serve as a guide that can be adapted by schools and communities.

Baxter, B. P., Bernardino, M. E., and Jackson, F. M. Student health care plans: A handbook for school nurses and school nurse practitioners. (1991). Philadelphia, PA: Center for School Health Nursing and Programs.

Contact: Bernice P. Baxter, The Center for School Health Nursing and Programs, Inc., 5750 North 19th Street, Philadelphia, PA 19141-1204. Telephone (215) 924-5925. \$43.95 (includes shipping and handling). Pennsylvania residents add 6 percent sales tax.

This 200-page handbook was developed to provide school nurses and school nurse practioners with examples of appropriate documentation of school nursing practices. It contains sample cases and student health care plans reflecting the variety of health care conditions and problems commonly found among school-age children and adolescents. The care plans provide a format designed to standardize documentation of school nursing practices. Health problems and health needs are stated as nursing diagnoses using the recording methods developed by the North American Nursing Diagnosis Association.

Benard, B. Fostering resiliency in kids: Protective factors in the family, school, and community. (1991). Portland, OR: Western Regional Center for Drug-Free Schools and Communities, Northwest Regional Educational Laboratory.

Benard, B. The case for peers. (1991). Portland, OR: Western Regional Center for Drug-Free Schools and Communities, Northwest Regional Educational Laboratory.

English, J., and McClure, M. Drug education through literature: An annotated bibliography for grades 7–12. (1991). Portland, OR: Western Regional Center for Drug-Free Schools and Communities, Northwest Regional Educational Laboratory.

English, J., Pyles, A.A., and Wicker, A. Drug education through literature: An annotated bibliography for grades K-6. (1991). Portland, OR: Western Regional Center for Drug-Free Schools and Communities, Northwest Regional Educational Laboratory.

Contact: Kathy Laws, Information Specialist, Western Regional Center for Drug-Free Schools and Communities, Northwest Regional Educational Laboratory, 101 S.W. Main Street, Suite 500, Portland, OR 97204. Telephone (503) 275-9475 or (800) 547-6339. Prepayment required for orders under \$15. Purchase orders may be sent by fax to (503) 275-9498.



Fostering Resiliency in Kids: Protective Factors in the Family, School, and Community (\$6.05), a 27-page research paper, explores the protective environmental factors that facilitate the development of youth who do not get involved in life-compromising problems. The specific factors contributing to the "resiliency" in youth and the implications for implementing prevention programs are highlighted. Literature is extensively referenced profiling resilient children and the protective factors in the family, at school, and in the community.

The Case for Peers (\$4.05), a 12-page booklet, presents a peer resource model for education and focuses primarily on the rationale for school-age peer resource programming. Among the topics highlighted are the importance of peer relationships in children's social development and the necessary components of peer programs. National resources and references are listed.

The Drug Education Through Literature series includes annotated bibliographies for literature and language arts materials to use in grades K-6 (\$5.05) and 7-12 (\$4.70) to integrate discussions of alcohol and drug use prevention into other academic areas. The goal of using these fiction books, short stories, poetry, or nonfiction books is to reinforce key concepts from health or drug prevention curricula in language arts or English class sessions. Suggestions also are given for preparatory and follow-up activities to build problem-solving skills, self-esteem, and understanding of the value of healthy lifestyles and abstention from alcohol and other drug use.

Carnegie Council on Adolescent Development, Task Force on Education of Young Adolescents. (1989). Turning points: Preparing American youth for the 21st century. Washington, DC: Carnegie Council on Adolescent Development.

Hamburg, B. A. Life skills training: Preventive interventions for young adolescents. (1990). Washington, DC: Carnegie Council on Adolescent Development.

Price, R. H., Cioci, M., Penner, W., and Trautlein, B. School and community support programs that enhance adolescent health and education. (1990). Washington, DC: Carnegie Council on Adolescent Development.

Contact: Carnegie Council on Adolescent Development, 2400 N Street, N.W., Washington, DC 20037-1153. Telephone (202) 429-7979 or fax (202) 775-0134. Trining Points \$9.95; Other two publications available at no charge.

Turning Points: Preparing American Youth for the 21st Century, a 106-page report, describes the risks, choices, and conditions which currently face youth ages 10–15 years, and makes major recommendations for improving the middle school



environments. The task force calls for the creation of partnerships among educators, heahn care professionals, parents, and community organizers to work together to transform the middle grade schools into learning environments which respond to the needs of early adolescents, and to create a community of learning that will effectively engage these youth. Recommendations include improving academic performance through fostering the health and fitness of young adolescents by providing a health coordinator in every middle grade school, access to health care and counseling services, and a health promoting school environment.

Life Skills Training: Preventive Interventions for Young Adolescents is a 136-page working paper written for professional audiences, including teachers, school administrators, community workers, and researchers interested in developmental challenges and educational needs of adolescents. The report addresses the training of requisite life skills such as problem-solving skills, planning and decision-making skills, strategies for evaluating peer and media influences, skills for self-monitoring and self-regulating, and coping strategies for dealing with everyday stresses. Topics include the relationship between early adolescent development and life skills, core elements in life skill training, school- and community-based interventions, model programs, and implementation and evaluation of life skills training programs. A selected bibliography and program contacts are included.

School and Community Support Programs that Enhance Adolescent Health and Education, a 61-page working paper, reviews the literature as it relates to young adolescent social support programs designed for preventive impact. Topics include ingredients for successful programs; school, community, family, and peer-based interventions; and model programs. The paper concludes with a discussion of future research directions.

Children's Hospital National Medical Center, School-Based Adolescent Health Care Program.

ACCESS to comprehensive school-based health services for adolescents. (1991- ).

Washington, DC: Children's Hospital National Medical Center.

Contact: Children's Hospital National Medical Center, 111 Michigan Avenue, N.W., Washington, DC 20010. Telephone (202) 745-2000. Available at no charge.

This quarterly newsletter is produced by the the School-Based Adolescent Health Care Program (SBAHC) staff to provide technical assistance to SBAHC grantees and others working with adolescents. SBAHC is a national program of 18 projects in 15 cities across the United States receiving support from the Robert Wood Johnson Foundation to establish school-based health services for adolescents. Each issue of the newsletter addresses a variety of topics related to adolescent health, highlights lessons learned, and provides contact information for SBAHC staff and grantees.

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Erickson, J. B. Indiana youth poll: Youths' views of high school life. (1991). Indianapolis, IN: Indiana Youth Institute.

Contact: Indiana Youth Institute, 333 North Alabama, Suite 200, Indianapolis, IN 46204. Telephone (317) 634-4222. \$7.50 plus \$2.50 postage and handling.

This 64-page report summarizes the findings of the first Indiana Youth Poll assessing youth's views of high school life. The youth poll was designed to provide Indiana youth with a voice on issues that affect their lives. Among the topics highlighted are what students like and dislike about school, an assessment of the curriculum and skills that are being learned, commentary on dropping out of school, and thoughts on extracurricular activities. The survey methodology is highlighted and copies of the individual and group questionnaires are included in the appendices.

Gans, J. E., McManus, M. A., and Newacheck, P. W. Adolescent health care: Use, costs, and problems of access. (1991). Chicago, IL: American Medical Association.

Contact: Order Department, American Medical Association, P.O. Box 2964, Milwaukee, WI 53201-2964. Telephone (800) 621-8335. \$17.00 AMA members, \$22.00 nonmembers.

This 87-page report provides data concerning adolescent use of health care services, health care expenses, health insurance status, and a summary of nonfinancial barriers to care. The report describes adolescents' use of medical service, including visits to office-based physicians, hospitals, emergency rooms, and school-based clinics, dental services, and services for mental health, substance abuse, and reproductive health. The report discusses alternative health care models and reviews the health needs for special populations such as incarcerated and homeless youth. The report concludes with recommendations for improving access to care.

Johnson, K., and Moore, A. Y. Improving health programs for low-income youths. (1990). Washington, DC: Children's Defense Fund.

Contact: Children's Defense Fund, 122 C Street, N.W., Washington, DC 20001. Telephone (202) 628-8787. \$4.50 plus shipping and handling.

This 17-page report updates and expands guidance on adolescent health for state Medicaid Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) programs issued in the 1980 Health Care Financing Administration report, A Guide to Adolescent Health EPSDT. This report will help policymakers, public health program administrators, school health officials, and community leaders understand recent legislative changes and their relationship to standards of practice in building health programs for economically disadvantaged adolescents. Included in the report are guidelines for well adolescent care; screening protocols; diagnosis and treatment program suggestions; recommendations for improving the availability of health

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services; and an overview of other relevant publicly funded health programs including Title V Maternal and Child Health Block Grants and Community and Migrant Health Centers.

National Commission on the Role of the School and the Community in Improving Adolescent Health. Code blue: Uniting for healthier youtil. (1990). Alexandria, VA: National Association of State Boards of Education.

Contact: National Association of State Boards of Education, 1012 Cameron Street, Alexandria, VA 22314. Telephone (703) 684-4000. \$12.50.

This 51-page report is a call to the nation to become more aware of the current crisis in adolescent health and to take action in establishing and extending programs to promote the physical, mental, emotional and social well-being of adolescents. It presents an overview of the adolescent health crisis, makes specific recommendations, and suggests actions for individuals, governments, the education and health communities, and businesses. The report resulted from a series of discussions at an invitational conference and at a national meeting of state officials; conversations with and written responses from adolescents; feedback from individuals knowledgeable about adolescent health and public policy; and field visits to the state of Vermont and Dade County, Florida. The commission was sponsored by the National Association of State Boards of Education and the American Medical Association.

National School Boards Association. Comprehensive school health programs database. (1992); Alexandria, VA: National School Boards Association.

National School Boards Association. School health: Helping children learn. (1991). Alexandria, VA: National School Boards Association.

Contact: National School Boards Association, 1680 Duke Street, Alexandria, VA 22314. Telephone (703) 838-6722 or fax (703) 683-7590. Data base services available at no charge; publication \$15.00 plus shipping and handling.

The Comprehensive School Health Database has been established to assist local school boards in implementing comprehensive school health programs in their districts. The data base contains information on existing school programs and identifies districts that have model programs with similar issues as those seeking information. Data base descriptions of school health programs include: school districts' size and demographic make-up; costs of program implementation and maintenance; curriculum development; inservice training; health services provided; size, composition, and certification of the staff; hours of classroom instruction; and special



aspects of the program. The requestor is provided with information on districts with program components in place. School districts are encouraged to submit any information they feel would be valuable to other districts in implementing school health programs.

School Health: Helping Children Learn, a 73-nage report, focuses on comprehensive school health programs and policies including school health education, school health services, and healthy school environments that foster the development of physical, psychological, and social aspects of children. Model policies and programs are highlighted throughout the report. The report discusses the obstacles and the opportunities for comprehensive school health programs, establishing goals, policy development, program implementation, successful programs in action, and resources.

Proctor, S. T. Guidelines for a model school nursing services program. (1990). Scarborough, ME: National Association of School Nurses.

Proctor, S. T. Guidelines for school nursing documentation: Standards, issues, and models (1991). Scarborough, ME: National Association of School Nurses.

Contact: National Association of School Nurses, Lamplighter Lane, P.O. Box 1300, Scarborough, ME 04074. Telephone (207) 883-2117. In addition to publication cost, include \$1.75 postage and handling.

Guidelines for a Model School Nursing Services Program (\$10.00) is a 28-page manual developed to assist school nurses understand school nursing and their role in the school. The guide defines school nursing using six overall role concepts—provider of client care, communicator, planner and coordinator of client care, health teacher, and investigator. The six role concepts provide a framework for ten standards of practice around which the school nurse can define their role and design the school nursing program for their school(s) or school district(s). Each standard includes a working definition of the main theme of the standard; a rationale for the standard; the desired outcomes, if the standard is met; and suggestions for achieving the standard in the work setting.

Guidelines for School Nursing Documentation: Standards, Issues, and Models (\$15.00) is a 79-page manual that provides background information on standards and general principles of documentation related to school health services. The guidelines can assist school nurses examine their practices of documentation, alter or adapt new procedures to current standards of practice, and provide an overview of current legal issues. The appendices include samples of different types of documentation forms, such as individualized health care plans, treatment logs, medication forms, monthly activity reports, and data bases.

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Schlitt, J. J. Bringing health to school: Policy implications for southern states—Issue brief. (1991). Washington, DC: Southern Center on Adolescent Pregnancy Prevention.

Contact: Southern Center on Adolescent Pregnancy Prevention, 444 North Capitol Street, N.W., Suite 240, Washington, DC 20001. Telephone (202) 624-5897. \$5.00.

This eight-page issue brief provides an overview of school health programs and atrisk youth. Policy implications for program development and implementation are delineated. Southern state regulations for school health services and state policy models are highlighted.

Sex Information and Education Council of the United States, National Guidelines Task Force.

Guidelines for comprehensive sexuality education. (1991). New York, NY: SIECUS.

Contact: SIECUS, 130 West 42nd Street, Suite 2500, New York, NY 10036. Telephone (212) 819-9770. \$5.00 plus 15 percent shipping and handling.

This 52-page booklet provides the first national framework for comprehensive kindergarten—12th grade sexuality education. The booklet contains guidelines and key concepts recommended by the National Guidelines Task Force for inclusion in education programs—human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Each key concept is further divided into components and accompanied by developmentally appropriate information. An appendix highlights state mandates on sexuality and HIV/AIDS education. The guidelines provide a framework for curriculum development at the local level, for policymakers and local school boards to evaluate existing or proposed programs, and for teacher inservice education.

Smith, D. Caught in the crossfire: A report on gun violence in our nation's schools. (1990). Washington, DC: Center to Prevent Handgun Violence.

Contact: Center to Prevent Handgun Violence, 1225 Eye Street, N.W., Suite 1100, Washington, DC 20005. Telephone (202) 289-7319. Single copies available at no charge.

This eight-page report provides data on the increasing gun violence occurring in and arcund elementary, junior high, and high schools using data collected from 2,500 newspaper stories over four academic years, 1986–1990. Data for gun violence for number of incidents, deaths, and wounds are presented for each state and the District of Columbia. Incidents are analyzed by type of gun violence, level of school involved, and demographic factors regarding both offenders and victims or targets. The report also analyzes the time of day the incident occurred, the type of weapon used, and the stated cause of the violent incident.

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Spertzel, J. K. NET programs net results. (1991). Alexandria, VA: American School Food Service Association.

Contact: Adrienne Gall, American School Food Service Association, 1600 Duke Street, 7th Floor, Alexandria, VA 22314. Telephone (800) 877-8822 or (703) 739-3900. Photocopied journal article available at no charge.

This four-page article provides an overview of the Nutrition Education and Training (NET) Program established by Public Law 95-166 in 1977. The program, administered by USDA through state departments of education, provides funding for states to develop nutrition education materials and programs for teachers, school nutrition personnel, adolescent single parents, adult pare—and various civic groups. The article describes how the program works and highlights model state programs. Also included in this issue of the School Food Service Journal are articles on other federally funded child nutrition programs including the Summer Food Service Program, the Special Milk Program, and the Child and Adult Care Food Program.

Wallace, H., Parcel, G., Patrick, K., and Igoe, J. Principles and practices of student health (3 vols.). (in press). Oakland, CA: Third Party Publishing Company.

Contact: Third Party Publishing Company, P.O. Box 13306, Montclair Station, Oakland, CA 94661-0306. Telephone (510) 339-2323 or fax (415) 339-6729. Contact source for availability and price information.

This three-volume series is a comprehensive and interdisciplinary review of student health concepts, indicators, and programs from early childhood extending through college years. Volume I presents an overview on such issues as communicable diseases, suicide, abuse, adolescent pregnancy, drug and alcohol abuse, dental health, and health status indicators. Volume II addresses school health including a historical perspective, organizational models, mechanisms for change, school health screening services, and school health education and promotion. The four sections in Volume III examine college health including a historical overview, organizational issues, health problems unique to college students, and issues of special college populations.



## MATERIALS FROM MCH SPECIAL PROJECTS OF REGIONAL AND NATIONAL SIGNIFICANCE (SPRANS)

American Association of School Administrators. Options for Pre-Teens. (1992). Arlington, VA: American Association of School Administrators.

Contact: Sharon Adams-Taylor, National Director, American Association of School Administrators, 1801 North Moore Street, Arlington, VA 22209. Telephone (703) 875-0720.

The American Association of School Administrators has initiated *Options for Pre-teens* (OPT), a school-based program aimed at preventing early parenthood, school failure, substance abuse, and other barriers to positive youth development. Currently the program serves children in Norfolk, Virgina, and Oakland during the last two years of elementary school and the first year of middle school. The goals are to enhance life-planning and decision-making skills; improve overall school performance and thinking capabilities; develop closer ties between school programs and the community; instill a sense of belonging; involve parents in school programs and the development of their children; and help students deal with the effects of poverty. The participants in the program will be evaluated on education, health, and personal outcomes until 18 years of age. A third program will be initiated in Michigan in fall 1992. [MCH SPRANS]

Fox, H. B., Wicks, L. B., and Lipson, D. J. Improving access to comprehensive health care through school-based programs. (1992). Washington, DC: Fox Health Policy Consultants.

Contact: Fox Health Policy Consultants, Inc., 1140 Connecticut Avenue, N.W., Suite 1205, Washington, DC 20036. Telephone (202) 223-1500. \$20.00 (includes shipping and handling); prepayment required.

This 58-page report provides practical information for schools, community health agencies, and others interested in addressing the health care access problems of children and adolescents. It identifies the specific organizational and financing strategies that have contributed to the growth and development of school-based programs that increase access to a comprehensive system of preventive, primary, and specialty health care services through a combination of direct delivery and effective referral. The report presents an analysis of 14 school health services highlighting their structure, administration, funding, and community resources. Recommendations for developing or expanding school health services at the local level are included. [MCH SPRANS]



Ooms, T., and Owen, T. Promoting adolescent health and well-being through schoollinked, multi-service, family-friendly programs. (1991). Washington, DC: American Association for Marriage and Family Therapy, Research and Education Foundation.

Contact: Family Impact Seminar, American Association for Marriage and Family Therapy, Research and Education Foundation, 1100 17th Street, N.W., Tenth Floor, Washington DC 20036. Telephone (202) 467-5114. \$10.00 (shipping and handling included).

This 37-page report is part of a series of monthly seminars entitled Family-Centered Social Policy: The Emerging Agenda, conducted by the Family Impact Seminar. The report highlights the seminar as well contains copies of the background briefing reports. This issue examines the many interrelated health problems of adolescents. It reviews the research related to adolescents' health status, the influence of changing family trends, and discusses major shortcomings of the present health care system's response to adolescent health needs. The report describes the background, history, and key components of school-linked, multi-service demonstration programs; identifies areas in need of further study; and highlights the state school-linked services initiatives in several states. This seminar was cosponsored by the Coalition of Family Organizations (COFO) and funded by the Maternal and Child Health Bureau. [MCH SPRANS]

Sharbaugh, C. O., with Egan, M. C. (Eds.). Call to action: Better nutrition for mothers, children, and families—Proceedings. (1991). Washington, DC: National Center for Education in Maternal and Child Health.

Contact: American Dietetic Association Publications Department, 216 West Jackson Boulevard, Suite 800, Chicago, Il 60606-6995. Telephone (312) 899-0040. Full report \$20.00 ADA members, \$24.00 nonmembers; Executive summary \$5.90 ADA members, \$6.95 nonmembers.

This 356-page report and 42-page executive summary contain background papers and proceedings of a national workshop addressing needs and issues in maternal and child nutrition. Forty-four voluntary, professional, educational and nonprofit organizations, and 14 federal agencies participated in the workshop. The workshop identified needs and issues in maternal and child health nutrition services, reached a consensus on priorities, developed 28 key recommendations, and outlined specific actions and strategies to implement the recommendations. Of the 28 recommendations, five specifically address adolescents and focus on improving the nutrition component of health services, ensuring quality nutrition education programs, strengthening and improving food service, improving the nutrition knowledge base of service providers, and expanding the research base in adolescent nutrition. Planning and implementation of the workshop was provided by Maternal and Child Health Interorganizational Nutrition Group (MCHING) and supported by Maternal and Child Health Bureau. [MCH SPRANS]

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#### OTHER SELECTED MATERIALS

Burani, J. Cholesterol in school age children: A program to develop awareness. (1990). Mendham, NJ: Infinity Impressions.

Contact: Infinity Impressions, Ltd., P. O. Box 59, Mendham, NJ 07945. Telephone (201) 543-9211 or fax (201) 543-9231. \$39.95 plus \$3.00 postage.

This 91-page curriculum was written by a former teacher for use by health or science teachers, dietitians, or school nurses to promote cholesterol awareness and healthier eating habits of elementary and junior high school students. The curriculum consists of six lesson plans, 19 ready-to-use transparencies, 88 pages of instructions and all forms and sample letters needed to start the program.

Davis, J., and Sandoval, J. Suicidal youth: School-based intervention and prevention. (1991). San Francisco, CA: Jossey-Bass.

Contact: Jossey-Bass Inc., 350 Sansome Street, San Francisco, CA 94104. Telephone (415) 433-1740 or fax (415) 433-0499. \$27.95 plus \$3.00 for shipping and handling if prepaid; if the purchase is invoiced shipping and handling is approximately \$5.00.

This 269-page book highlights research and clinical practice findings on adolescent suicide. It presents school personnel, specifically psychologists, counselors, and social workers, with resources to approach this growing problem through screening, program development, and case management. Legal and ethical issues are discussed, suggestions for collaboration with outside agencies are given, and materials and references are provided for establishing suicide awareness school programs.

Dryfoos, J. G. Adolescents at risk: Prevalence and prevention. (1990). New York, NY: Oxford University Press.

Contact: Marketing Director, Science and Medical Books, Oxford University Press, 200 Madison Avenue, New York, NY 10016. \$14.95 (paper) plus \$2.50 shipping and handling.

This 288-page book, developed for health care providers, school administrators, and others working with adolescents, focuses on four adolescent problem areas: delinquency, substance abuse, pregnancy, and school failure. It provides a description of adolescents who are at risk for problem behaviors, synthesizes the experience of programs which have been successful in changing various aspects of these behaviors, and proposes strategies for using this knowledge base to implement



more effective approaches to help adolescents succeed. Schools are recognized as the focal institution in prevention, not only in regard to helping adolescents achieve academically, but in providing young people access to social support and health programs.

Harrison, P. A., and Luxenberg, M. Student view: A prevention program effectiveness survey, grades 6–12. (1991). Minneapolis, MN: Johnson Institute.

Contact: Johnson Institute, 7151 Metro Boulevard, Minneapolis, MN 55439-2122. Telephone (800) 231-5165 or (612) 944-0511. Contact publisher for price information.

This eight-page questionnaire was developed for grades 6–12 to evaluate the effectiveness of prevention programs. The survey takes 15–25 minutes to complete and can be used in a variety of settings, such as schools, youth programs, or residential facilities. Once the forms are completed, the Johnson Institute collates and analyses the data and prepares a comprehensive computer-generated report for the subscriber. Analyses of the questionnaires can help target student alcohol and other drug use and appropriate prevention efforts for high-risk students; identify program needs for specific risk factors; and measure results, changes over time, and overall prevention program effectiveness.

Hofmann, A. D., and Greydanus, D. Adolescent medicine (2nd edition). (1989). Norwalk, CT: Appelton and Lange.

Contact: Appelton and Lange, 25 Van Zent Street, Norwalk, CT 06855. Telephone (800) 423-1359. \$90.00 prepaid; shipping and handling additional if invoiced.

This 631-page revised edition of *Adolescent Medicine* is written for primary health care professionals treating young people between the ages of 10 to 21 years, but can be used as a reference book for school nurses, health educators, social workers, counselors, and psychologists. The book is written from an integrated perspective including biological, psychological, and sociological factors involved in the diagnosis and management of adolescent health needs. Of particular interest are the overview of growth and development in Western societies and the sections on sexually transmitted diseases; special adolescent health issues including chapters on the adolescent athlete, eating disorders, drug and alcohol abuse, and adolescents with special health needs; and psychosocial issues in adolescent medicine.



**NCEMCH** 

#### MCH PROGRAM INTERCHANGE

Middleton, K., Hubbard, B. M., Kane, W. M., and Taylor, J. The trainer's guide. (1991). Santa Cruz, CA: ETR Associates/Network Publications.

Contact: ETR Associates/Network Publications, P. O. Box 1830, Santa Cruz, CA 95061. Telephone (408) 438-4080. \$34.95 plus 15 percent shipping and handling.

This is a 348-page manual is a resource to prepare school personnel to teach comprehensive school health education using the ETR Associates' Contemporary Health Series. The guide includes an overview of comprehensive school health education in general and the ETR series in particular and step-by-step plans and materials for training including evaluations and follow-up procedures. Content areas for the health education instruction include growth and development, mental health, family life, nutrition, substance abuse, personal health, disease prevention and control, injury prevention and personal safety, consumer health, and community and environmental health.

Schorr, L. B. with Schorr, D. Within our reach: Breaking the cycle of disadvantage. (1988). New York, NY: Anchor Press/Doubleday.

Contact: Anchor Press/Doubleday, 555 Fifth Avenue, New York, NY 10103. \$9.95.

This 398-page book makes the case that early interventions prevent poor outcomes in adolescents' lives and that much is already known about how to provide these early interventions successfully but that this knowledge is not being utilized sufficiently. Chapters address the high cost of poor outcomes; risk factors; early and unplanned pregnancies; improved prenatal care; child health services that make a difference; reforming national health policies; strengthening families from outside; the care and education of young children; the importance of schools; the lessons of successful programs; intensive interventions for populations at highest risk; and breaking the cycle of disadvantage.



# ANNOUNCEMENTS AND BRIEF DESCRIPTIONS OF CONTINUING EDUCATION OPPORTUNITIES AND OTHER EVENTS RELATED TO MCH

#### **Continuing Education**

NRC 1992 Training Series. The National Resource Center (NRC) for Youth Services provides regional in-service training for direct-care providers four to six times each year. The NRC offers three Training for Trainers courses: The Advanced Course for Residential Child Care Workers, Managing Aggressive Behavior, and Independent Living Work Group. For more information, contact Holly Cole, NRC Marketing Coordinator, 202 West Eighth, Tulsa, OK 74119-1419. Telephone (918) 585-2986.

Training in Adolescent Health, Adolescent Health Training Programs (AHTP). Interdisciplinary training in the speciality area of adolescent health at the graduate and postgraduate levels is available through six AHTPs located in university settings across the country. Type and length of training vary by discipline and training program. For more information, contact Joann Gephart, Nurse Supervisor, Maternal and Child Health Bureau, HRSA, PHS, DHHS, 5600 Fishers Lane, Parklawn Building, Room 18A-39, Rockville, MD 20857. Telephone (301) 443-4026.

1992 Technical Assistance Workshops. The Office for Treatment Improvement (OTI), Division of Review will sponsor five regional workshops to assist prospective applicants responding to future OTI grant announcements. For more information, contact Technical Resources, Inc., 3202 Tower Oaks Boulevard, Rockville, MD 20852. Telephone (301) 770-7658.

1992 Training Institutes: The Center for Early Adolescence at the University of North Carolina in Chapel Hill, NC. One institute will teach participants to lead parent education workshops for parents of 10- to 15-year-olds, and a second training institute will help participants provide staff training in planning successful programs for the 10- to 15-year-old age group. For more information, contact the Center for Early Adolescence, University of North Carolina, D-2 Carr Mill Mall Town Center, Carrboro, NC 27510. Telephone (919) 966-1148.



#### MCH PROGRAM INTERCHANGE

#### Conferences

Comprehensive School Health: A Challenge for the Nineties & Beyond, April 1–3, 1992, in Washington, DC. For more information, contact Iris Tropp, Conference Coordinator, NEA Health Information Network, 1590 Adamson Parkway, Suite 260, Morrow, GA 30260. Telephone (404) 960-1325.

Building Skills, Building Partnerships for Student Success, April 23–25, 1992, in Chicago, IL. For more information, contact the National Organization of Student Assistance Programs, 4760 Walnut Street, Suite 106, Boulder, CO 80301. Telephone (800) 972-4636.

Violence as a Public Health Social Work Issue: Developing Culturally Appropriate Prevention Strategies for Children and Adolescents, April 26–29, 1992, in Pittsburgh, PA. For more information, contact Division of Public and Community Health Services, Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA 15213. Telephone (412) 624-3102.

Healthy Children: School Nurses Leading the Way, June 26–30, 1992, in Philadelphia, PA. For more information, contact the National Association of School Nurses, P.O. Box 1300, Scarborough, ME 04070-1300. Telephone (207) 883-2117.

Working with America's Youth: National Resource Center for Youth Services Seventh Annual Training Conference, July 19–22, 1992, in San Diego, CA. For more information, contact TeRessa Kaemmerling, NRC Coordinator, 202 West 8th Street, Tulsa, OK 74119-1419. Telephone (918) 585-2986.

Johnson Institute Summer School Programs: Summer Clinical Institute, July 27–31, 1992, and Solving Alcohol/Drug Problems in Your School, August 3–7, 1992, both in Minneapolis, MN. For more information, contact Registration Coordinator, Johnson Institute, 7205 Ohms Lane, Minneapolis, MN 55439-2159. Telephone (800) 231-5165 or in Minnesota, (800) 247-0484.

Celebrate Diversity: Education, Research, and Practice Across Cultures, September 9–11, 1992, in Madison, WI. For more information, contact National 1992 Pediatric Nursing Conference, Zeena Keis Engelke, K6/274 Clinical Science Center, 600 Highland Avenue, Madison, WI 53792-0001. Telephone (608) 262-0566.

American School Health Association National Conference, October 9–12, 1992, in Orlando, FL. For more information, contact Robert J. Synovitz, ASHA, P.O. Box 708, Kent, OH 44240. Telephone (216) 678-1601.



#### March 1992

#### Announcement

The Journal of the American Medical Association (JAMA) is now accepting manuscripts on topics associated with Adolescent Health Promotion and Disease Prevention. A special issue, with a cluster of articles on these topics, has been planned for March 1993. Manuscripts may be original research or other articles suitable for publication in JAMA. Instructions to authors are available on page 41 in the July 3, 1991, edition of JAMA. If you have any questions, please contact Dr. Arthur Elster, Director, Department of Adolescent Health, American Medical Association, 515 North State Street, Chicago, IL 60610. Telephone (312) 464-5570. The deadline for submitting manuscripts is October 1, 1992.



March 1992 MCH INTERCHANGE



## ORDER FORM FOR SELECTED MATERIALS FROM NMCHC

Name Position Organization Address	
City, State, Zip Phone Number	
Please indicate on the lines belo	the number of copies that you would like of each of the following publications ow.
E049 A	Data Book of Child and Adolescent Injury
E012 A	dolescent Health: Abstracts of Active Projects FY 1991
E081 Ea	sst Coast Scientific Symposium on the Health Care of the Black Adolescent
E062 H	ealth Care of Incarcerated Youth: Report from the 1991 Tri-Regional Workshops
	ealthy Children 2000: National Health Promotion and Disease Prevention Objectives Related to Mothers, Infants, Children, Adolescents, and Youth
E070 H	omeless Pregnant and Parenting Adolescents: Service Delivery Strategies
	urturing the Black Adolescent Mak. in the Family Context: A Public Health Responsibility
	romoting the Health of Adolescents: Proceedings from the 1990 State Adolescent Health Coordinators Conference
D062 T	he Forgotten Child in Health Care: Children in the Juvenile Justice System
· -	ne Health of America's Youth: Current Trends in Health Status and Utilization of Health Services
	se of Public Health Social Work Leadership Tools and Strategies: Addressing Health Issues of Black Male Adolescents and Children
E072 Lo	cating Resources for Healthy People 2000 Health Promotion Projects
Please return to	NMCHC/NCEMCH 38th and R Streets, N.W. Washington, DC 20057 (202) 625-8410

\* Please allow four to six weeks for delivery.





