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ABSTRACT

This book chapter provides a checklist of various considerations related to the development and evaluation of community-based instruction for children with disabilities. The checklist is designed to serve as an organizational framework for persons wishing to make systematic decisions regarding the establishment of a community-based instructional program or to guide the evaluation of such a program. The checklist is not designed to be used as a rating instrument, as there are no universally acceptable criteria for evaluating the items on the list. The checklist covers: (1) selection, preparation, and management of instructional environments; (2) environmental inventories; (3) administrative considerations such as legal, financial, policy, type and training of personnel, and personnel roles; (4) transportation; (5) program goals, objectives, and IEPs (individualized education plans); (6) social validation; (7) instructional factors such as delivery, grouping, and scheduling methods; and (8) reinforcement and correction. (11 references) (JDD)



Chapter 4

Guide to the Development and Evaluation of Community-Based Instruction

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The author provides a checklist of various considerations related to the development and evaluation of community-based instruction: selection, preparation and management of instructional environments; environmental inventories; administrative considerations: legal, financial, policy, type and training of personnel, and personnel roles; transportation; program goals, objectives and IEPs; social validation; instructional: delivery, grouping, and scheduling bs methods; reinforcement and correction.

Brown et al. (1983), arguing in favor of nonschool instruction, wrote:

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Envision someone who can learn, but who cannot learn as much as 99% of his or her age peers; who needs more time and trials to learn and to relearn than almost all other persons; who remembers some things but forgets more than almost all other persons; who has difficulty transferring that learned in one environment to another; and who rarely synthesizes skills acquired from several different experiences so as to function effectively in a novel situation. Then, ask the question: How much instructional time should be spent in the physical space of a school, and how much should be spent providing direct, individualized, longitudinal, comprehensive, and systematic instruction in the actual nonschool environments in which that someone currently functions and those in which s/he is likely to function upon graduation? (p. 74)

The answers to the foregoing questions are obvious. It is also readily apparent that community-based activities should not be merely field trips. Simply exposing students to community environments does not insure efficient or successful skill acquisition. Thus, the following pages provide a comprehensive checklist of considerations related to the development and evaluation of effective and efficient community-based instruction. To avoid making the checklist unduly awkward and long, sources of information have not been acknowledged in context. The reader is referred to the excellent sources of information in the list of references, particularly the materials written by Sailor, Anderson, Halverson, Doering, Filler, Goetz, Hunt, and Gee.

The reader may initially feel overwhelmed by the length and detail of the checklist. It should be noted, however, that if one were to list all the

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considerations and decisions required to drive to work each day, the list would be similarly overwhelming; nevertheless, in spite of the number of considerations, most of us have learned to drive to work without undue difficulty.

Several important considerations in the development and implementation of any new program are: (a) identify reasonable goals (partial implementation or small-scale pilot projects), (b) determine priorities, (c) establish reasonable time-lines, (d) insure adequate staff preparation, and (e) be prepared to adjust the program. These considerations apply to the establishment and implementation of a community-based instructional program.

The checklist may be used to establish community-based instruction or to guide the evaluation of such a program. The checklist may be reviewed to identify techniques, materials or other considerations that may be relevant to the establishment or evaluation of particular programs. Users may simply proceed through the list checking each of the instructional considerations thought to be relevant to a particular program being developed or evaluated. It should be noted that the checklist is not designed to be used as a rating instrument. There are no universally acceptable criteria for evaluating the items in the list. Community-based instruction is in its early stages of development, and there is little research to support the various models that have emerged (Sailor, Goetz, Anderson, & Gee, 1988). The perceived value of any instructional feature will reflect the knowledge and judgment of the reviewer, his or her theoretical orientation and expertise, the nature of the learner(s) being instructed, and the particular skills being taught. In essence, the present checklist serves as an organizational framework for persons wishing to make systematic decisions regarding the establishment of a community-based instructional program or to guide to the evaluation of such a program. An asterisk following some terms refers the reader to notes at the end of the chapter.

Note that the items listed in the checklist are not exhaustive. Users may wish to add or delete checklist items depending upon their unique circumstances. Space has been left for the addition of other considerations.

Instructional Environments

(a)	Location: indicate percentage of time students spend in each: segregated classrooms%; integrated classrooms%; school/non-classroom%: (kitchen%, bathroom%, hallways%, library%, auditorium%, bus area%, gym%, locker room%, lunch room%); general community%: recreational%, residential%, vocational%; specialized instructional environment*%; Other:

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,	common dangers; emergency exits; emergency personnel (first-aid, police); ambulance loading points; location of twephones; determine how to clearly describe location; naturally occurring routines*; natural cues that signal each part of each routine; natural cues indicating performance errors; natural reinforcers; (type, frequency, amount, and method of delivery);	sought to use the environment for instruction for limited (specify) or unlimited periods of time; methods and opportunities for community representitives to provide feedback and express concerns are described; printed material describing the foregoing information is left with relevant community representatives Other:
	location of toilets; adapted bathrooms; eating areas; areas for relaxation; places for meeting, planning or preparation;	and type of supervision, liabilities, to describe amount telephone numbers, two areas, contact persons and their
	Environmental inventory: a preinstructional inventory is used to gather information on: physical accessibility (e.g., doorways, bathrooms, aisles, methods of travel between floors); commonly occurring events (e.g., nature, frequency and schedule of events); low and high use times; locations for specialized instructional environments*;	(d) Community preparation: meetings are held with representatives of potential community instructional environments; to explain the nature (frequency, duration, times) of the program; to explain the purpose and philosophy of the program; to describe, in positive terms, the nature of the students to describe.
	Other:	Other:
	Are integrated instructional environments natural or controlled: e.g., organized to insure that certain events do/do not occur; environmental adaptations are made to enhance instruction: social, spatial, physical, temporal, sensory; members of community collaborate (e.g., play roles); environmental adaptations are temporary permanent?	note is made of behaviors that are not tolerated in the environments: (e.g., masturbation, self-stimulation, aggressiveness;) environmental inventory data are collected by: teacher; parent, occupational, speech and/or physical therapists; the inventory is conducted by repeated direct, unobtrusive observation and/or repeated participation; interviews are conducted with on-site personnel and the general
	duration of events), sensory (amount and type of visual, auditory stimulation?	note the number and type of training opportunities in each area; suitability of each area for training (e.g., spatial-temporal and
(b)	environments simulated? Y, N; if yes, what features of the instructional environment are parallel to those in natural environments: social (number and type of people), spatial (complexity and organization of environment), physical (amount and type of equipment, materials) temporal (number and type of equipment)	various methods nonhandicapped people use to perform routines* are identified; note rate, frequency, and duration of responses; note commonly occurring problems associated with the routine (e.g., clerk temporarily called away; machine
	Other:	paste); problem-solving steps (e.g., use facecloth to wipe chin)
,	group home%, family home%, apartment%, shopping centre or mall%; grocery, clothing, drug, shoe or fast-food stores%; laundromats%; recreation, bowling or swimming centres%, arcades%, parks and playgrounds%, places of worship%.	components of naturally occurring routines* are identified: natural initiating cues (e.g., dirty teeth following eating); preparatory steps (e.g., go to bathroom; select own toothbrush, etc.); core steps (e.g., brush teeth in circular motion, top, bottom, inside, outside); performance monitoring requirements (e.g., at a late, outside);
	group home % family home of analy to a	

- (e)	above); preparation and acceptance of community personnel (see above); site is not overused as a training facility; natural proportions of handicapped and nonhandicapped people are maintained; objectives specified in students' IEPs; student skills and experience; student familiarity with the environment; similarity of environments to those that are/will be frequented by students; parental preferences; safety features; frequent opportunities to interact with a variety of nondisabled people; accessible by normalized transportation; unnecessary time is not wasted in transit to or from the site; acceptable cost factors; availability of site at desired times	medications conditions conditions written police signed putraining nature of infering instructional procedures liabilities the IEP is signed.	developed regarding procedures for insuring continuous of essential medical information, (e.g., relating to, allergies, physical and medical, and emergency telephone numbers); y and procedures are established for obtaining rogram approval from community representatives; and supervisory personnel, and parents; the ormed consent is defined regarding specification of objectives; instructional and assessment; location and duration of instruction; risks and program philosophy and supporting evidence; established (
د ۸		supervision _	
<i>Aa</i> (a)	ministrative Considerations Legal: legal liabilities are reviewed with legal department regarding: type of coverage and limitations of insurance related to transportation in public and private vehicles; on-site injury (accidental or intentional), involving staff, students and/or the public as well as property damage; use of unaccompanied paraprofessionals in supervision transportation and instruction; need for professional liability insurance	location of methods empl frequency and procedures are students,	g policies and procedures are prepared relating to: IEP and approval; frequency, duration and instructional and behavior management; byed; staff involved in various procedures; type of assessment; student progress data; developed for reporting: the location of staff and whether in transit or on-site; student and, for part or all of a day; changes in
(b)	Financial: staff are reimbursed for additional insurance coverage related to use of private vehicles and professional liability insurance	Other:	
(c)	Policy: policy statements regarding the school district philosophy and rationale for community-based instruction are prepared;	(d) Personnel emplo regular edu	yed in community-based instruction: special and cation teachers; vocational, music, physical teachers; therapists: occupational
	procedures are written for: goal selection (transdisciplinary assessment and decision-making); program design; program implementation, instructional and behavior management techniques (approved, restricted, or prohibited); supervision; data collection; student and program evaluation; program approval and revision;	physical, sp senior citizens _ students; parent collaboration	teachers; vocational, music, physical teachers; therapists: occupational, eech; social workers; school nurses;; college or secondary school practicum s; volunteers; temporary or permanent n and/or consultation of store clerks, bus drivers, cashiers; peers tutors or buddies
	policies and procedural guidelines are written for: job descriptions, personnel evaluation, and staff development;		
	emergency procedures are written for health (accident, status epilepticus), behavioral (e.g., violent) problems and missing students;		

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Truining:	Teachers	T		Other:
	Teaching assists	^		
	Therapists	Th		
	Therapists Parents Others	P	(e)	Transportation is chosen who were
	Others	_0	` '	Transportation is chosen, wherever possible, that is normalized,
Andre 14 A 1 A 2 A		O / P/ Th / A / T		accessible, provided with appropriate safety devices; permits
- trained to teach type of stud	dents			1 100ct avecaging
being taught				minimally time-consuming; and
- trained to employ specific b	enavior management			district school busgs are remoted to the
techniques being used				district school buses are rerouted to deliver students directly to and
 trained to use specific instru- being employed 	uctional techniques			the community training site without first going to a school
 trained to collect, plot and in 	ntownest dute			teacher, parent or volunteer private vehicles are used (see
 trained in record keeping 	merpret data			section on legal considerations);
- trained in philosophy and ra	ationals of		_	" '1 - 1 - 1
community-based instruction	on		1	residential and community agency vehicles not in use during
- trained in techniques specif	ic to			school hours are employed;
community-based instruction				
- trained in emergency proces	dures		1	ow use times, free travel during
(first-aid, CPR)			=	use Of Training Voltage 1
- trained in district policies			r	ental, and/or volunteer, off-duty bus drivers;
- trained to work with people	: in		c	consideration is given to at
other disciplines			0	consideration is given to the cost convenience and training
 trained in public relations 				of diffillative methods of though against and
 trained to supervise student 	ts			realis of clavel in the event of unexpected problems on
 trained to work without sur 	pervision		e	mergencies
 being employed)than
 trained to teach specific tech 	hniques	1		Other:
to other personnel				
Other:			Y	
			Instru	actional Considerations
Polace the owner later and the			() 17	rogram goals, objectives and IEPs are selected on the basis of:
Roles: therapists work wi	th teachers on assessment _	, goal		ocological inventority of Students' current and future
selection, equipment	development, develop	ment of		residential , vocational educational and manual and
instructional/therapeutic	techniques, and on-sit	e training and		
supervision;	• ——	0	_	students have the opportunity to perform the skills often in
				their daily lives in
two or more teachers teal	m-teach to permit flexibility	of student	_	their daily lives, in many environments;
grouping and rotating us	se of community training sit	tes ;		transdisciplinary decisions of parents, guardians,
	nnel specialize in training s			
enacific anticonments	mer specialize in training s	rvaents in		therapists; vocational specialists, and others
specific environments		1		
instructional aides are as	signed to a particular teach	er or training	- ,	activities, settings, materials and equipment are chronologically
site : are trained to co	nduct hands-on training	ith	;	age-appropriate;
without continuous	aumominion.	_ with or		"D- "PPIOPIIU(C
without continuous s	-	ı	- \	environments are least-restrictive and maintain a natural
contact is made with teac	her, paraprofessional _	and other		Proportion of disabled and nondigabled narrows.
related unions or associat	tions (occupational, phy	reical enough		biven the constraints of time, personnel the instructional
theranists) regarding	estaff reenonalbilision	sical , speech	-	mation, tile students' entry level skills, and the rate and attiliant
ich descriptions and dist	staff responsibilities an	d nabilities;	1	earning, it is likely the students will be able to acquire sufficient
Job descriptions are writt	en to include off-campus re	sponsibilities	S	skills to achieve independent will be able to acquire sufficient
		_	_	and to define ve independent mastery or participate participate
8		I	•	o a satisfactory degree;

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•	 the skills taught are related to basic health, safety, life maintenance and quality of life; the skills taught will reduce dependency, enhance normalization, increase social acceptability, increase opportunity to learn additional skills, increase opportunity to interact with nondisabled people, increase opportunities to understand and express thoughts and feelings; increase opportunities to enjoy social-emotional-recreational life; Social validity: the rate, style of performing and perceived importance of the skills taught and the teaching procedureised are considered to be appropriate by the general public, people in community environments in which instruction will or conducted; parents, students and nonhandicap; of seers 	(d)	Instructional Grouping: grouping is homogeneous or heterogeneous*; students differ on: level of intellectual functioning (severe, mild, moderate), physical ability (wheelchair or ambulatory), level of skills related to task, behavior management and instructional requirements; the ratio of students to instructional personnel is: 1:1, 2:1, 3:1, 4:1, or 5:1 Instructional scheduling: staggered schedule: different groups of students from the same or different classrooms are instructed in the community at different times (e.g., a.m. or p.m. M, W, and F); or one group is instructed to criterion on a task before introducing another group;
(b)			schedules of therapists: occupational, speech and physiotherapist have been changed from short-term, school-based to long-term, community-based treatment: involves less, same or more direct contact time with students; massed practice is scheduled for initial skill acquisition; when massed practice is used, the number of consecutive trials is selected to enhance rapid, consistent and acquisition to the scheduled to enhance rapid.
c)	instructional Delivery: instruction is individual, small group; concurrent (everyone instructed at same time); sequential (students in group are individually taught in rotating sequence); incremental (group size is slowly increased);		avoiding fatigue and boredom; an appropriate frequency of distributed practice is scheduled to enhance skill maintenance; a suitable variety of instructional environments (representing the most difficult commonly found conditionsand the most appropriate responding
	instruction is consecutive (skills are taught in school before moving to community); concurrent (skills are taught in school and community at the same time), or exclusive (skills are taught only in the community);	}	range of conditions) are used during instruction to facilitate skill generalization; sufficient practice is scheduled to acquire and maintain the ability to perform low frequency tasks of high importance;
	instruction is conducted in only one environment of a specific type (e.g., in one grocery store, or using one vending machine) or concurrently or successively in several environments of the same type (e.g., in several grocery stores, or using several vending machines);	e ର	a suitable duration and variety of instruction is scheduled to avoidatigue and boredom; a variety of instructors are employed to enhance skill generalization while maintaining essential continuity of instruction
	where instruction, management, or supervision is provided by someone other than the teacher, written guidelines describe all responsibilities, procedures, and policies; checklists and logbooks are also provided;	-	Planning an instructional schedule: instructional schedules are leveloped following consideration of: number and type of staff available; frequency and duration of availability; students' instructional objectives; instructional needs:
	where instruction or management is provided by someone other than a teacher, procedural scripts are provided that describe the sequence of steps taken to implement a procedure; the scripts include a description of equipment, materials, physical arrangements, sample dialogue, prompts, reinforcers, and correction procedures		frequency, duration and type of instruction required; environmental availability: times, duration; transportation: normalized, specialized; time required; instructional opportunities during transportation; time required for: staff breaks, preparation and clean-up, data collection, data analysis, meetings, and training;
	1()		·· ··

activities) ___; a variety of activities are scheduled ___; repeated trial

•	 anticipate the problems: delayed transportation, community site not available, staff absent, students absent, and unsuitable weather;
(g)	Stimulus prompting: within stimulus prompting: (student attention is drawn to natural cues by directly enhancing the salience of the discriminative feature of the cues, e,g., brightly color the forward and reverse darts on a tape recorder)
	Extra stimulus prompting: (different cues are added to draw student attention to the discriminative features, e.g., the teacher points to the forward and reverse darts on a tape recorder)
	Redundant cue prompting: a secondary cue is added to which the student can respond without attending to the natural cue (e.g., the forward key on a tape recorder is colored green while the stop key is colored red)
	Stimulus prompting is temporary or permanent (an adaptation)
	Response prompting: antecedent prompting (errorless learning): verbal, gestural, modelling, and physical prompts are used to direct student attention to natural cues and to prompt the desired response to those cues
	To insure that one response in a chain cues the next response, student attention is drawn to the cues for the next step while she or he is completing the previous step
	Consequence prompting (increasing assistance): students are allowed to make a response without teacher guidance; if the student makes an incorrect response, assistance is provided
(h)	Fading prompts: the intensity of stimulus prompting is progressively reduced; response prompts are faded by: time delay (by increasing the duration of time between presentation of the natural cue and the response prompt); by fading from a more to a less intrusive prompt (e.g., from physical to modeling to gestural to verbal prompts); by proximity fading (progressively decreasing teacher-student proximity)
	Transfer stimulus control: control is transferred from teacher prompts to natural cues by using fading as above while focusing student attention on natural cues during each trial
(j)	Cue discrimination training: learners are taught to discriminate and not respond to cues that are commonly confused with natural response cues

practice to point of boredom and fatigue is avoided
Interrupted responding: (e.g., a well established routine is briefly interrupted to teach a language concept; the opportunity to continuthe routine may be motivating)
Reinforcers: extrinsic: type, amount and frequency approximates natural reinforcers; extrinsic and natural reinforcers are always paired; learner attention is always drawn to natural consequences; extrinsic reinforcers are gradually faded to transfer stimulus control to natural reinforcers;
during initial instruction, 80% or more of responses are reinforced; reinforcers are dispensed in a nonstigmatizing manner;
extrinsic reinforcers have demonstrated reinforcing value to specific learner being taught;
natural reinforcers are identified through an environmental inventory (see above)
Correction procedures: consequence prompting is used (as above); the student returns to steps previously performed correctly, attention is directed to natural cues and the desired response is prompted
Instruction employs both systematic and direct instruction as well as incidental instruction (explain)
Selection of instruction/behavioral methods: instructional and behavioral management techniques used are: the least intrusive; demonstrated most effective for the type of task and student involved; are best suited to the particular student(s) involved; are age-appropriate; normalized; not stigmatizing; enhance student dignity; are nonaversive; and are responsive to the social context in which training is conducted
Other:

trusive prompting; greater stimulus control); may also be used to cope with severe behavior disorders, may be located in a disused store or storage area

in shopping center; area in church, community, or recreation centers).

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Motivational considerations: scheduling: Premack scheduling

(personally preferred activities are scheduled following less desirable

Routines: skill sequences that begin with a natural cue and end with the achievement of a critical effect or function of the behavior. Tooth brushing is a routine having several components: initiating cue: when teeth are dirty after eating; preparatory steps: going to the washroom; getting toothpaste and brush; core steps: actually brushing teeth; terminating steps: putting the equipment away; and associated behaviors: social and communication.

Heterogeneous grouping: heterogeneous groups of students are sometimes easier to manage; ambulatory students can often assist students using wheelchairs; it is easier to focus on one student requiring intensive behavior management than if all students in the group require such programming; students requiring little instruction and supervision can practice skills while instruction is focused on students with greater instructional needs; higher level performers may serve as models for other students; students who have acquired a skill may teach other students and thereby enhance generalization.

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