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## ABSTRACT

Developed as a local resource and inservice aid for school districts in the five states of the northwestern United States (Alaska, Idaho, Montana, Oregon, and Washington), this report addresses several needs: the need to plan for technology in the curriculum; the need to update information about educational technology options; and the need to evaluate those options before and after implementation. The information provided is current as of June 1, 1991. The first of six sections contains a list of live television and non-television options. Each option provides the name and address of a contact person, access requirements, costs, courses available, schedule, and instructors. The following options are listed: Arts and Sciences Television System (ASTS), Idaho Rural Education Delivery System (IREDS), LiveNet, Public Broadcasting Service (PBS), Pacific Northwest Educational Telecommunications Partnership, Satellite Educational Resources Consortium (SERC), Satellite Telecommunications Educational Programming (STEP), TI-IN Network Inc., Centralized Correspondence Study (CCS), and EDUNET. The second section contains lists of supplementary instructional options, including federal resources, news by telecommunications, and student/teacher connections. Other sources of distance education assistance are listed in the third section, including ESN (Education Satellite Network), state telecommunications networks and technology coordinators, and private companies. The fourth section contains listings of program and production reference materials and general information references, and the fifth focuses on the implications of long range planning and the decision to use distance education for staff, the school environment, support (maintenance, supplies, and travel), and the budget. A cost planning worksheet is included. The evaluation plan presented in the final section focuses on objectives, content, instructional design, instructional materials, and evaluation of student progress. Guidelines for facilitators are included, and a glossary of terms concludes the handbook. (DB)

# TECHNOLOGY PROGRAM

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## DISTANCE EDUCATION HANDBOOK FOR THE NORTHWEST STATES

Donald C. Holznagel

August 12, 1991

Northwest Regional Educational Laboratory  
101 S.W. Main, Suite 500  
Portland, Oregon 97204

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# INTRODUCTION

In a study of distance education in the five-state Northwest region completed by the Northwest Regional Educational Laboratory (NWREL) in 1990 it was found that many schools were not making use of the available instructional options offered by distance education and telecommunications technologies. Many small rural districts expressed interest in using technology to assist in solving the problems typical in small schools of lack of subject offerings in critical areas such as foreign languages and advanced math and science, and needs for staff development offerings in a convenient location. There appeared to be few publications, meetings, or other sources through which information could be obtained. In April 1991, the Distance Education Advisory Committee of the NWREL made recommendations for a dissemination plan to address the problems of lack of information and planning assistance. It included the development of this handbook as a local resource and inservice aid.

The handbook has been designed to address several needs. First, there is a need to plan for technology in the curriculum. Many districts are developing long-range plans to ensure that options are examined in the light of curricular needs and that the costs are fully explored and projected. This requires not only identifying options but also their implications for staff, organization, and other factors.

A second need is for up-to-date information about the options. If a district is considering using distance education technologies, staff will need to identify the available systems, select the options appropriate to their needs, and contact representatives of the organizations providing the service.

Third, there is a need to evaluate the options both before and after implementation. In addition to its importance for good local instructional decisions, evaluation is also required by several state education agencies in regulations governing the use of distance education.

The information in this handbook is current as of June 1, 1991. Because the field of telecommunications is constantly changing, and details of course offerings and cost from distance education producers changes at least yearly, a revision will be issued periodically. Information is included here which is most relevant to school districts in the Northwest states of Alaska, Idaho, Montana, Oregon, and Washington. Readers outside of the area will find options included which are not available to them, and might in turn have access to services not included here.

# **FULL-COURSE OPTIONS IN DISTANCE EDUCATION**

The following information describes organizations which produce courses of instruction in a variety of subjects and make them available to schools through telephone and/or television. Courses from these producers are typically organized as full-semester or full-year, although a few are shorter units, and all require a student to enroll as they would in a school.

Subjects and topics made available vary somewhat from year to year depending on demand and teacher availability. In some cases, a governing board or advisory board assists in setting subject priorities.

Class sizes and the process of interaction between students and teachers also vary, partly because of the technologies used and partly because of the number and types of personnel involved.

A local school staff person, called a facilitator or monitor, is required. The person carries out tasks such as registration, attendance, discipline, test supervision, and liaison with the delivering organization. In some cases, state regulations require that the facilitator be a certified teacher, although not in the subject of the course being supervised. In other cases, an instructional aide may be used.

## **Live Television Options**

The following organizations deliver courses by live television with voice contact between student and teacher during class sessions by telephone. Schools are expected to have students participate in the live class sessions rather than by viewing videotape, except for making up absences. In some cases, computer programs supplement class work, and electronic mail is sometimes used for the transport of student work, tests, and other information.

### **ASTS—Arts and Sciences Television System**

Ms. Missie Hess  
Oklahoma State University  
401 Life Sciences East  
Stillwater, OK 74078-0276

Phone 405/744-7895

Access: C-band, Westar IV, Ch. 19, 14, 11, 13

#### **Costs:**

1-3 students \$725 each per course per year

4-9 students \$2,900 total for all

Computer software and instructional materials extra

Staff Development: \$150 per program live, \$200 videotape

#### **Courses:**

German, Russian

AP Physics, AP Chemistry

AP Calculus, Trigonometry, and Analytical Geometry

Applied Economics, AP American Government

Basic English and Reading (Grades 7 and 8)

Ten to twelve staff development courses are offered each school year in a variety of topics, issues, and methods.

**Schedule:** Live-course sessions are conducted two or three days per week in the morning, with planned work in computer-based material, audiotapes, print material, or tests on the other days. Staff development courses range from one to six sessions, 1-1.5 hours each, conducted in late afternoon, Central Time.

**Instructors:** Professors are selected from the staff of Oklahoma State University.

### **IREDS—Idaho Kural Education Delivery System**

Mr. Ken Reed or Mr. Rich Mincer  
Idaho Department of Education  
Len B. Jordan Office Building  
Boise, ID 83720

Phone: 208/334-2166

**Access:** The television portion is openly broadcast by all stations of the Idaho Public Broadcasting System. Participation by students requires enrollment by the district. The district is required to provide live telephone contact with the teacher during class. Access is not available outside Idaho.

**Costs:** Registration is \$100 per student per year. Text, instructional materials, and long distance phone costs are extra. A FAX machine for each site is provided by the state. There are plans to use a computer in each site in the future, the cost of which will be borne by the district.

**Courses:** Spanish I and II, Math Analysis (pre-Calculus). Courses are produced at the Simplot-Micron Center at Boise State University, and transmitted to the public television system.

**Schedule:** 11:00 a.m. to 3:00 p.m.

**Instructors:** Instructors are certified teachers who are employed in the Boise School District.

### **LiveNet**

Dr. Carl O. Ellis  
Associate Dean  
College of Community and Continuing Education  
University of Alaska—Anchorage  
Building K, Room 122  
3211 Providence Drive  
Anchorage, AK 99508

Phone: 907/786-1379

**Access:** Contact Dr. Ellis. The service is designed to present courses for CEU, Carnegie, or university credit. Broadcasts are by low-power satellite to South Central and Southeast Alaska, primarily to military bases. A special arrangement has been made for the North Slope Borough School District to use the system for its secondary instruction.

**Costs:** Contact Dr. Ellis. All applications on the system are self-supporting.

**Courses:** Several departments of UAA present degree programs. Staff development courses of the State Department of Education will be available, and courses leading to certain master's degrees in

Education such as Special Education. The North Slope Borough School District is using the system to send high school math courses to ten sites in the district. Access must be negotiated with Dr. Ellis.

### **PBS—Public Broadcasting Service**

#### **General information:**

**Public Broadcasting Service**  
1320 Braddock Place  
Alexandria, VA 22134

**Phone: 703/739-5038**

#### **Videoconferences:**

**Francis Thompson or Tom Flavel**

**Phone: 703/739-8495**

**Access:** The PBS Elementary/Secondary Service provides instructional programming to PBS affiliate stations or state organizations. Contact your local station or state public broadcasting authority for offerings and schedule. Oregon Public Broadcasting provides a video library arrangement in which all educational programs for classroom use are broadcast between 5:00 and 7:00 a.m. daily specifically for taping by Oregon schools.

**Costs:** Varied, but frequently free to schools if license fees are paid by the station. Videoconference costs are usually passed on to participants in the form of a registration fee.

**Courses:** Programming is of three types: full courses, instructional supplements, and staff development videoconferences. Full courses in foreign languages, math, and science are developed by the Annenberg/CPB project. Instructional supplements are individual programs or short series intended for classroom use. Staff development videoconferences are single sessions or series developed in conjunction with educational organizations such as ASCD and NCREL, which incorporate periods of live interaction between panelists and viewers.

**Schedule:** Varied. Contact your local station or state agency.

### **Pacific Northwest Educational Telecommunications Partnership**

#### **Central Office:**

**Dr. Don Egge**  
ESD 101  
East 4022 Broadway  
Spokane, WA 99202

**Phone: 509/536-0141**

#### **State Governance Board and Coordinators:**

<b>AK: Lois Stiegemeier or Donna Ostrowski-Cooley</b>	<b>907/465-2644</b>
<b>ID: Ken Reed or Rich Mincer</b>	<b>208/334-2166</b>
<b>MT: Ron Lukenbill</b>	<b>406/444-2080</b>
<b>OR: Wayne Neuberger or Kathryn Hansen</b>	<b>503/378-6405</b>
<b>WA: Cheryl Lemke or Fred Achberger</b>	<b>206/586-2053</b>



**Access:** C-band satellite, SatCom 1R (F1), Ch. 22, but might change in September 1991. Call Central Office to verify. Access also requires special computer equipment for data transmission. Contact your state representative for application information.

**Costs:** Major costs of development, training, and pilot sites are supported by a Star Schools grant during the period 1990-92. There are membership and student fees.

**Courses:** Courses are designed by the Partnership, and produced and transmitted by the STEP organization (see description below). The first course is Science and Technology for middle school students.

### **SERC—Satellite Educational Resources Consortium**

**Dr. Gary Vance**  
Executive Director  
SERC  
P.O. Box 50008  
Columbia, SC 29250

Phone: 803/252-2782

**Access:** SERC courses are satellite-delivered television with telephone voice contact between teachers and students. The organization is a consortium, and members are large entities such as state education agencies. No states or other agencies in the Northwest Region are members at this time; there are no local district users in the region.

**Costs:** Consortium membership minimum fee is \$10,000. A surcharge is added to the minimum for course enrollments less than 750, ranging up to \$80 per student if there are less than 150 enrollees. An enrollment fee of \$420 per student per course per year is charged, with an additional lab fee of \$70 in certain courses.

**Courses:** Courses are produced by several of the participating state networks such as Kentucky Educational Television (KET). They include Japanese, Russian, Latin, Physics, Probability and Statistics, Discrete Math, Precalculus, AP Economics, and World Geography.

### **STEP—Satellite Telecommunications Educational Programming**

**Dr. Ted Roscher**  
Telecommunications Division Administrator  
STEP  
East 4022 Broadway  
Spokane, WA 99202

Phone: 509/536-0141

**Access:** C-band satellite, SatCom 1R (F1), Ch. 22, but might change in September 1991. Call STEP to verify. Courses are television with live telephone contact between teacher and students during class.

**Costs:**

<b>Membership</b>	\$4,750 new, \$3,000 annual renewal
<b>Inservice</b>	\$1,750 per year for 50 staff, up to \$5,750 over 200
<b>1-3 Students</b>	\$650 per student per course per year

4-5 Students          \$2,450 total  
6-12 Students        \$3,900 total

**Courses:** Japanese, Spanish, Russian, Advanced Senior English, Calculus. Inservice programs are provided on 18-22 topics in a school year.

**Schedule:** Live class sessions are conducted four days per week, with the fifth day reserved for testing and other local activities. Course schedules vary, and are set annually by a steering committee composed of members. Enrichment programs are four 50-minute sessions on consecutive Fridays. Staff development programs are one-four sessions conducted between 4:00 p.m. and 7:30 p.m., Pacific time.

**Instructors:** STEP employs certified teachers, and certifies them in several states.

**TI-IN Network Inc.**

**Corporate Office:**

TI-IN  
1000 Central Parkway N.  
Suite 190  
San Antonio, TX 78232                      Phone: 512/490-3900

**Representative for Montana, Idaho:**

Greg Anderson  
211 Wright Street. 5-204  
Lakewood, CO 80228                      Phone: 303/988-8654

**Representative for Alaska, Oregon, Washington:**

Dr. John Erickson  
11301 N.E. Seventh Street, W-8  
Vancouver, WA 98684                      Phone: 206/253-2714

**Access:**

C-band satellite, Galaxy 3 (G3), Ch. 36  
Ku-band satellite, Galaxy 3 (G3), Ch. 44  
Cable—Jones Cable affiliates

**Costs:**

Annual Support and Service	\$5,250-\$5,950
Per Student per course per semesier	\$240-\$290
Elementary courses	\$175
Elementary and secondary enrichment	No Charge
Staff development	\$1,000 per school year for all

**Courses:**

**French, German, Spanish, Latin, Japanese**  
**Physics, Astronomy, Marine Science, Anatomy, Physiology**  
**Trigonometry, Elementary Analysis**  
**Psychology, Sociology, AP English Literature**  
Staff development programs are offered in over 20 topics in a school year.

**Schedule:** Live sessions are conducted five days a week between 5:00 a.m. and 2:00 p.m., Pacific time, including secondary, elementary, and enrichment. Staff development is conducted mainly between 2:00 p.m. and 6:45 p.m., Pacific time. **Enrichment programs** are 25-minute sessions conducted once, with up to ten topics presented per month, targeted at a variety of grade levels.

**Instructors:** TI-IN employs experienced teachers who are certified, usually in many states.

## **Nontelevision Options**

Organizations in this category use electronic mail and text file downloading as delivery mechanisms, with some additional student-teacher contacts by telephone.

### **CCS—Centralized Correspondence Study**

**Centralized Correspondence**  
**Alaska Department of Education**  
**P.O. Box GA**  
**Juneau, AK 99811-0544**                                  **Phone: 907/465-2835**

**Access:** Enrollment is by individual student, although a group of students in a school may take the same course at the same time. Enrollment is available only to Alaska residents. Course materials are sent by regular mail. Access is provided to the UACN electronic mail system for timely student-teacher contact. Courses are being rewritten to incorporate electronic mail as a standard tool. Periodic telephone conference calls are used during a course for group interaction involving all students whether at home or in school.

**Costs:** Charges are made for course materials and e-mail usage.

**Courses:** A full range of courses in the Alaska secondary and elementary curriculum is available, including sciences, mathematics, social studies, language arts, and others.

**Schedule:** Students are enrolled on a semester or school year basis and are expected to complete a course within a standard period of time.

**Instructors:** Certified teachers are employed in CCS to develop courses and act as the teachers of courses in progress, receiving student work and tests and providing guidance.

## **EDUNET**

**Mr. H. Lee Holmes**  
**EDUNET**  
**P.O. Box 9121**  
**Helena, MT 59604**                                  **Phone: 406/442-0085**

**Access:** The system is based on electronic mail and file transfer. The receiving site needs a microcomputer with printer, modem, and a telecommunications software package, and uses ordinary phone lines to reach the central computer. Computer access information is provided at registration, and general information is available to anyone without enrollment by logging on as "STRANGER". The phone number above is for both voice and computer contact, with a sensor to tell the difference. Modem speed can be 300, 1200 or 2400 baud.

**Costs:** \$250 per student per course per semester, staff development same rate. Cost of long distance calls not included.

**Courses:** Approximately 50 courses are available, representing a wide range of curricular areas including math, science, foreign languages, business, and others. Courses are designed as individualized instruction. Student instructions and course materials are stored in computer files which are downloaded to the school microcomputer when requested. Criterion-referenced, end-of-unit tests are presented in an on-line session of about ten minutes at the student's request, and are scored immediately. Student-teacher interaction is primarily by electronic mail, although telephone conversations can take place when teachers are available.

**Schedule:** Courses generally follow the school calendar. Courses are designed for individualized, self-paced instruction, although completion is expected to coincide with the end of the school semester. Course offerings in a given semester depend on the demand and available teachers.

**Instructors:** Teachers certified in the subject area of the course are allowed to design, develop, and teach a course. A course may be taught by a teacher who did not develop the course. Development consists of the design of lessons and development or selection of instructional materials. Teaching consists of guiding students through the completion of a course, checking and grading work, and responding to student questions and discussion.

# **SUPPLEMENTARY INSTRUCTIONAL OPTIONS**

## **Federal Resources**

### **JEdI—Joint Education Initiative**

This project is designed to make available to teachers and students the scientific data from NASA, NOAA, and USGS collected by satellite and other means. The data sets are on CD-ROM and are accompanied by software and teaching materials.

Jim Sproull  
JEdI Teacher Coordinator  
U. S. Geological Survey  
912 National Center  
Reston, VA 22902

Phone: 703/648-6636

### **NASA—National Aeronautics and Space Administration**

#### **NASA Select**

NASA Select is the public affairs television channel. The video feed direct from launches and space missions in progress is transmitted openly by satellite. Focus C-band antenna at GE SatCom F2R, 72 deg. W., Transponder 13, Audio 6.8, frequency 3960 MHz. If no missions are in progress, films and other programming are shown about two hours per day, although not on a schedule which is predictable much in advance. Check Spacelink menu item 3, sub 9 for schedule.

#### **Spacelink**

A computer bulletin board system for teachers which provides information about NASA programs, instructional plans and activities, and some NASA publications which can be downloaded.

Spacelink Administrator  
Marshall Space Flight Center  
Mail Code LA-20  
Huntsville, AL 35807

Phone: 205/544-6527  
Computer System: 205/895-0028

#### **Satellite Videoconferences**

A series of educational programs for teachers in aeronautics and space science topics is provided each school year. The conferences include an interactive component for viewer questions and discussion.

Videoconference Coordinator  
NASA Aerospace Education Services  
Oklahoma State University  
300 N. Cordell  
Stillwater, OK 74078

Phone: 405/744-7015

## Telelectures

The NASA Langley Center supplies a live audio lecture and discussion by telephone supported by 35mm slides at the receiving site. After a reservation is made, a slide carousel cartridge is sent to the local sponsor (school or organization) to be shown in combination with the phone presentation from Langley. The only cost is for the return mailing of the carousel. Adherence to a precise schedule is important at the receiving site.

Telelecture Programs  
NASA Langley Visitor Center  
Mail Stop 480  
Hampton, VA 23665-5225

Phone: 804/864-1593

## NOAA - National Oceanographic and Atmospheric Administration

A variety of informational publications regarding the use of data from various federal centers is available to teachers. A free computer bulletin board service is available which contains several categories of information about satellite data. The Direct Readout Service provides direct access to transmissions from weather satellites.

NOAA Educational Affairs Office  
Suitland & Silver Hill Roads, Rm. 0158  
Suitland, MD 20746

Phone: 301/763-4690  
NOAA.SAT Bulletin Board: 1-800/546-1000

## News by Telecommunications

### Channel One

Whittle Communications, through its Whittle Educational Network, provides Channel One, a daily 12-minute television news program designed especially for schools and delivered by satellite. In order to receive the program, a school is given the required satellite dish and other video equipment free of charge. Each program contains four 30-second commercials. The Network also offers The Educators' Channel to provide staff development, and The Classroom Channel to provide instructional enrichment programming.

Customer Service  
Whittle Educational Network  
505 Market Street  
Knoxville, TN 37902

Phone: 1-800/445-2619

### CNN Newsroom

The CNN television network provides a daily 15-minute news program designed and packaged especially for schools, and delivered through local cable systems or by satellite at 3:45 AM (ET). The program is free to schools and may be taped and played on any schedule for educational purposes. Instructional support materials are prepared for each program and delivered by the X\*PRESS/X\*Change cable service or by electronic mail for a small subscription fee.

Turner Educational Services, Inc.  
One CNN Center  
Box 105366  
Atlanta, GA 30348-5366

Phone: 1-800/344-6219

## **SCOLA**

The SCOLA organization provides access by satellite to native language television news programs live or by tape delay. Programs are available from over 30 countries. English translation is also provided. Their OutWrite service provides instructional support materials. Inservice workshops are also offered about once a month.

SCOLA  
2500 California Street  
Omaha, NE 68178-0778

Phone: 402/280-2362

## **X\*PRESS/X\*Change**

X\*PRESS Information Services Ltd. provides information services through cable television lines to schools and homes through a service called X\*Change. On-line access is provided to newswire services from several countries including the Soviet Union, Germany, and Japan, and to other services such as Standard and Poor's stock quotes. A conferencing service enables students and teachers to communicate with others across the country on topics of importance to them.

X\*PRESS Information Services Ltd.  
P.O. Box 4153  
Englewood, CO 80155

Phone: 1-800/7PC-NEWS

## **Student/Teacher Connections by Telecommunications**

### **AT&T Learning Network**

Schools may subscribe to participate in instructional units involving classes in up to nine schools in different geographic areas, including foreign countries. A group of schools is called a Learning Circle. Students may study in one of five different topic areas, and use the network to share ideas, projects, observations, and other information with other classes in their circle. Fees range from \$195 to \$375 per session depending on length, and include instructional materials, software, and communications.

AT&T Learning Network  
P.O. Box 4012  
Bridgewater, NJ 08807-4012

Phone: 1-800/367-7225

### **Big Sky Telegraph**

Big Sky Telegraph provides electronic mail and a wide range of bulletin board services to education and community agencies in several states. Rural schools and communities and the 116 one-teacher schools in Montana are major user groups of the network. Through the system, teachers have access to the information and software resources of the college, some college credit courses, and assistance

from college faculty. National and international contacts are available. A subscription fee of \$50 per person per year is required.

Frank Odasz  
Big Sky Telegraph  
Western Montana College  
Dillon, MT 59725

Phone: 406/683-7338

### **Computer PALS**

The focus of this project is on the improvement of student writing and communication skills through the sharing of letters, reports, poetry, and other work between individuals or groups of students in different schools by electronic mail. Student groups can collaborate on work in several curriculum areas or discuss major current events. Over 100 schools in the U.S. and several other countries currently participate. PALS uses the commercial Telenet telecommunications system.

Emily Valdez, Associate Director  
Computer Pals  
P.O. Box 1206  
Lake Oswego, OR 97035

Phone: 503/691-1689

### **FrEdMail**

FrEdMail is a network composed of many local electronic mail and bulletin board systems which operate independently during the day and transfer files between sites at night. The major goal is to motivate writing and communication skills. Students may do their writing off-line, and the collected writings of a group may be shared with another group in another part of the country by transmitting batches at night. Participating through an existing local node is free. There is a cost of \$60 for the software to establish a local system to serve up to 100 users. The newsletter has an annual subscription fee of \$10, and handbooks and training materials are available at low cost.

FrEdMail Foundation  
Box 243  
Bonita, CA 91908-0243

Phone: 619/475-4852

### **K12 Net**

Operators of bulletin board systems (BBS) in educational agencies in the U.S. and Canada formed this network in September, 1990, to promote student-student and teacher-teacher contacts on a national and international basis. The network is a loose organization of over 100 local BBS which use the FIDO BBS software system. Although each local system is autonomous, files of communications are exchanged between local systems. Echo forums are set up in the major curriculum areas so that all messages in a specific curriculum or topic area are shared with all those interested in the same area. Forums are also set up to accommodate short-term classroom projects involving student groups in any part of the network. The system is inexpensive to the user, with access to free international telecommunications. Connections may be made to Canada, Australia, and eight countries in Europe.



Jack Crawford  
Wayne-Finger Lakes Teacher Resource Center  
3501 County Road 20  
Stanley, NY 14561

Phone: 716/526-6431

### **LabNet**

The LabNet project is operated by the Technical Education Research Centers (TERC) with funding from the National Science Foundation. Its purpose is to stimulate the use of project approaches and hands-on activities in physics instruction through the use of computer-based activities. A nationwide electronic mail and bulletin board network has been formed for teachers involved in that approach to share ideas and teaching techniques, discuss issues, and consult with university physicists.

LabNet Project  
TERC  
2067 Massachusetts Ave.  
Cambridge, MA 02140

Phone: 617/547-0430

### **Learning Link**

This system is usually located at and managed by a local or state public television station, and offers electronic mail, bulletin board, and database facilities. The primary database contains scheduling and descriptive information on instructional television programs and related supporting print materials. (See Ostendorf On-Line in Part V). Other databases and bulletin boards can be established by the local manager. The system was designed to enable public television stations to improve their support of schools and to help teachers make better use of instructional television, with the flexibility to allow them to communicate for other reasons as well. Stations pay a fee to install and use the system. In the Northwest region, Learning Link is installed at Idaho Public Television and at KCTS/Channel 9, Seattle, Washington. For information, contact your local public television station or the address below. A companion service called IntroLink provides individual subscriptions to schools not served by a local system.

Learning Link National Consortium  
Central Educational Network  
1400 East Touhy, Suite 260  
Des Plaines, IL 60018

Phone: 708/390-8700

### **NGS Kids Network**

The National Geographic Society offers this program to provide elementary and middle school student research activities organized around topics in ecology and the environment. Four eight-week units are now available, conducted on a schedule set by the Society. Students engage in local research, then compare data, hypotheses, and conclusions with students in other parts of the country who are involved in the same investigation at the same time. Materials are \$325 to \$375 per unit, plus \$97.50 for tuition and telecommunications.

National Geographic Society  
Educational Services  
Department 5413  
Washington, D.C. 20036

Phone: 1-800/368-2728

## **PSInet**

**The People Sharing Information Network (PSInet) is the name of software designed for conducting conferences by telecommunications using IBM-compatible microcomputers. A network host system may be established by anyone. Participants at each station can do most of their work off-line, and files are sent to and received from the host system (also a microcomputer) in batches for speed and economy. In addition to messages between members, the system handles sessions and papers in a conference format. Messages and conferences may also be exchanged between PSInet networks. Standard telephone service is used for all connections. Major groups of users have been formed by the National Education Association and the Council of State Science Supervisors. Many science supervisors are forming teacher networks within their states. Software for either a host station or a user work station may be purchased from IBM Corporation.**

**For further information, contact the IBM Educational Representative for your area. Science teachers should also contact their state science supervisor.**

# OTHER DISTANCE EDUCATION ASSISTANCE

## ESN—Education Satellite Network

ESN is a school district service developed and operated by the Missouri School Boards Association. It provides equipment, technical assistance, and programming in a package to assist school districts with access to distance education services from a variety of sources. Outside Missouri, services are provided through an agreement with state school boards associations. In the Northwest, the Idaho and Montana associations have such agreements. Districts in those states may use the following contacts to investigate the service:

Idaho: Vicki Weber, ISBA, 208/342-6411

Montana: Bob Anderson, MSBA, 406/442-2180

ESN charges a membership fee which supports its services, some of which are listed below. They are packaged in various combinations at different cost levels.

**Hardware**—antenna and related equipment, and in-school video and telephone equipment.

**Monthly Program Guide**—describes programming and schedules.

**Enrichment Programs**—ESN licenses viewing and taping rights for programming from a dozen vendors including SCOLA, Classroom Earth, and others.

**Inservice**—staff development programs and teleconferences are produced by ESN and other agencies.

**Instructional Programming**—ESN will assist districts in arranging contracts with major course producers such as Oklahoma State University, but does not pay the fees.

## State Telecommunications Networks

The states of Montana and Oregon are developing statewide networks which will ultimately be capable of providing a wide range of services including television and data transmission. In both states, some services began in 1990-91 and are being developed over a period of three to five years. Elementary and secondary school services are being coordinated with the state education agencies. Districts in those states may contact the following:

Montana: METNET, Ron Lukenbill 406/444-2080

Oregon: ED-NET, Christie Leonhardt 503/293-1998

## State Technology Coordinators

Each of the state education departments in the Northwest has staff who are assigned responsibilities for aspects of distance education and telecommunications, including providing information and assistance to districts. They are the same state representatives listed under the Pacific Northwest Educational Telecommunications Partnership in Section II of this handbook.

## **Private Companies**

Frequently, corporations are willing to provide assistance to school districts in areas of their expertise. School district personnel probably know of companies in their local area which have knowledge in telecommunications, such as the telephone, cable television, and broadcast television companies. Described in this section are organizations whose work covers a wide area of the region, and whose staff are available for planning services or other assistance, usually in relation to extending their business.

### **U. S. West Communications**

This company provides telecommunications services in 14 western states, and has a central staff dedicated to planning and marketing distance education systems and services. They are particularly interested in two-way interactive video and audio systems, implemented in a locally controlled system serving one or more districts in an area. The company is working with schools in projects in Minnesota, Arizona, and other states and has supported the annual Montana Distance Learning Conference. The company maintains a foundation to fund research and development activities in the field. Education representatives are in four of the five states in the region:

Idaho: Phil Ruebel 208/385-8668  
Montana: Michele Burchett 406/441-7603  
Oregon: Tom Atkinson 503/484-7946  
Washington: Ezra Robinson 206/345-3862

### **TCI Communications Inc.**

The TCI organization provides cable television services in many areas of the Northwest region. Corporate policy is to serve schools, but the type of assistance may vary because each state organization is operated independently of the others in the corporation, and local networks are independently managed. The Oregon company, for example, has installed X-Press free in all schools in their service area which have requested it. Some of the local companies distribute the *Cable in the Classroom* magazine to schools free of charge.

The Oregon representative is Lee Mobley, 503/243-7426. Contacts in other states may be obtained from the state technology coordinator.

# INFORMATION RESOURCES

## Programs and Production References

The following subscription publications may be useful to educators in the process of selecting instructional opportunities for students and inservice opportunities for teachers through distance education systems. They both provide information on programs, courses, time schedules, and access. They differ in coverage and frequency of issue. The first one addresses several distance education systems including nontelevision options while the second deals only with satellite-delivered television options. Regarding frequency, the first one is published twice a year, while the second reference has four issues, two comprehensive and two updates.

### *At A Distance*

Virginia A. Ostendorf, Inc.  
P. O. Box 2896  
Littleton, CO 80161-2896  
\$50 per issue, two issues per year.

### *Satellite Learning Program and Resource Guide*

EnterACT Corporation  
P. O. Box 409  
League City, TX 77574-0409  
\$120 per year, major issues Spring and Fall, updates Summer and Winter.

## Ostendorf On-Line

This is a service of the publisher of *At A Distance* described above. It is an on-line database of distance education program scheduling which is updated daily, and is designed to supplement the printed catalogs with highly current information. It is provided through the Learning Link and Intro Link systems described in Section III. Special arrangements for access at reduced rates have been provided to schools in the Northwest states because of a joint development effort. Contact your state technology coordinator for details of access in your state.

## General Information References

The following publications offer information on the range of delivery options, school district plans and examples, issues, problems, and future developments.

### *A Depiction of Distance Education in the Northwest Region*

Document Reproduction Service

NWREL

101 S.W. Main, Suite 500

Portland, OR 97204

\$4.45

Phone: 503/275-9518

*Linking For Learning: A New Course for Education*

Superintendent of Documents

U.S. Government Printing Office

Washington, D.C. 20402-9325

\$9.00, Stock No. 052-003-01170-1

Phone: 202/783-3238

*Planning for Telecommunications: A School Leader's Primer*

NSBA

P.O. Box 17316

Baltimore, MD 21203

1-4 Copies, \$12.00 each.

# PLANNING AND DECISION MAKING

As in any instructional program in a school district, a decision to use distance education has implications for a number of areas of concern to administrators and teachers, described briefly here.

## Staff

In all distance education programs, the student is separated from the primary instructor, which usually generates a need for some attention from staff at the student's location. Consideration should be given to the following areas.

**Tasks**—a staff member, either a professional or an aide, should be responsible for the direct supervision of students. The person is usually identified as a facilitator or monitor. When an aide is used, a certified staff member is sometimes identified as responsible for grading and credit. Some states have laws or administrative rules which require teacher certification or a special training course for aides. Some providers of distance education courses prescribe the role of a facilitator for a receiving site in their system. The following task areas are common to most situations.

- Prepare equipment and supplies
- Perform recordkeeping
- Maintain discipline
- Provide feedback to the instructor
- Serve as liaison with the delivering agency
- Monitor homework
- Administer tests
- Provide understanding and support to students

**Time**—Even though not involved in presenting information, the local staff members need time to carry out the local tasks. Also, in the satellite courses, the originating teacher conducts television sessions three or four days each week, leaving one or two days for specified local activities for which some preparation may be needed.

**Training**—Two types of training should be considered. First, the facilitator should receive training for the tasks of the position, usually provided by the distance education delivery agency either on site or by telecommunications. Second, the success of a distance program also depends on the support and good will of the rest of the teachers in the receiving school. An inservice program to educate the staff about the nature of the distance program and its implications for students and staff is an important component of preparation to achieve that support.

## Environment

Several components of the receiving site need attention.

**Space**—Adequate room is needed for the number of students and equipment involved, with controllable light for desk work and television viewing.

**Power**—Enough electrical outlets are needed for the devices required for a receiving station, which might include TV, VCR, computer, printer, FAX, etc.

**Telecommunications**—In most systems, a direct phone line is required which does not pass through a switchboard where a call may be interrupted by an operator or other voice user. The ability to run cable to the room from an outside antenna is needed in television systems.

**Back-up**—To assure a cohesive instructional session with minimum interruption, it is important to identify back-up units in nearby rooms for the various technical components which could fail, including TV, computer, VCR, etc. Back-up videotapes and computer software should also be on hand.

**Security**—Depending on the climate and experience in a specific school, some consideration might be given to providing a locked space for containing the equipment when not in use.

**Noise**—The sound from television programming, like that of films, could be a problem for other nearby instructional spaces. Also, in some systems, students will be talking on the phone. The same consideration for noise should be given as in a regular classroom.

## **Support**

Depending on the type of system in use, there may be other considerations for which advance planning and budgeting is important.

**Maintenance**—Computers and printers need occasional maintenance attention, and so do television monitors and other video equipment, although usually not as often. Identifying the closest local option and providing a budget to cover problems will reduce the potential down time in case of component failure.

**Supplies**—Printer paper, videotapes, and other supplies may be needed for the room. In some cases, instructional materials need to be purchased. If a variety of services are expected to be used, a subscription to a suitable program guide could be useful.

**Travel**—Some distance delivery organizations provide options for remote students to be part of a studio class. Part of the training of facilitators sometimes takes place in the originating site. Conferences are available to enrich staff understanding. Consideration should be given to a budget to take advantage of such opportunities.

## **Budget**

As is evident from the system descriptions in previous sections, a wide variety of fee structures is employed by the vendors of distance education courses and services. Some charge for items which others do not, and some have memberships while others do not. It is difficult to compare two systems which offer the same course or similar service but have different fee structures without working out an actual example of each. Some organizations such as Ed-Net in Oregon require a commitment for longer than a year.

The form on the next page is provided as a guide for obtaining a general total of costs from a single service, so that the net result of applying two different fee structures can be compared. It is designed to be generally applicable to a range of different options, and, therefore, might contain some items which don't apply in some cases. It is also designed to be a reminder of some factors which result in costs to the district but which are not typically included in vendor fee structures, so that the total cost of a plan is revealed.



**The cost of some items such as phone lines and staff vary from one locale to another, even within a state, and will have to be obtained locally. We are unable to provide accurate figures for the region as a whole. The reader may find it necessary to add items to the form to suit local conditions and factors.**

## Distance Education Cost Planning Worksheet

**Delivering Organization:** \_\_\_\_\_

**Membership Fee** \$ \_\_\_\_\_

**Course Fees:**

Title 1 \_\_\_\_\_      \_\_\_\_\_ Stu. x \$ \_\_\_\_\_ = \_\_\_\_\_

Title 2 \_\_\_\_\_      \_\_\_\_\_ Stu. x \_\_\_\_\_ = \_\_\_\_\_

Title 3 \_\_\_\_\_      \_\_\_\_\_ Stu. x \_\_\_\_\_ = \_\_\_\_\_

Inservice Courses      \_\_\_\_\_ Teachers x \_\_\_\_\_ = \_\_\_\_\_

Instructional Materials: Purchase and duplication \_\_\_\_\_

**Equipment:**

Satellite Antenna \_\_\_\_\_

Satellite Tuner \_\_\_\_\_

Classroom TV, VCR, etc. \_\_\_\_\_

Computer, peripherals and software  
(some courses may require several) \_\_\_\_\_

**Phone Line:**

Installation \_\_\_\_\_

Monthly Line Charge \_\_\_\_\_

Long Distance Charges \_\_\_\_\_

**Maintenance and Replacement** \_\_\_\_\_

**Facilitator/Monitor** \_\_\_\_\_

**Travel, Conference** \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

# EVALUATION

Educators planning to use distance education as a part of the school curriculum are faced with choices among delivery systems and among courses in the same subject from different systems. In some states, policy in law or administrative rules requires local districts to evaluate courses prior to selection or during use. Also, teachers and other district staff may be involved in the development of instruction to be delivered by distance technologies.

The guidelines in this document are intended to support all of those purposes. They have been assembled by the Technology and Rural Education Programs of the Northwest Regional Educational Laboratory from a number of documents which present instructional design and evaluation criteria, and from their on-site assessment of the effectiveness of selected courses from the EDUNET and STEP distance education systems in the northwest region. These guidelines are a starting point, and will be reviewed periodically to incorporate modifications occasioned by use and research. References for further information are available from the Technology Program.

## Objectives

Learning objectives are expressed which:

- are clearly stated in terms of learner outcomes (knowledge, skills, attitudes)
- include higher-order thinking skills and the affective domain
- are written from the student's point of view
- have a consistent scope (are relatively equal in amount of material or work to cover)
- imply or state an appropriate level of difficulty
- are written with a performance measure in mind

## Content

Concepts are organized in a logical manner.

Content is comparable to that of a traditional classroom course.

The information is developmentally appropriate for age or grade.

The information is current and accurate.

Content corresponds to the objectives established.

The scope is appropriate, and the coverage is comprehensive within those bounds.

Content is free-standing, requiring little if any outside resources or information.

## Instructional Design

Teaching strategies include all modalities: Visual, auditory, tactile.

Strategies reflect effective teaching research: frequent review, guided practice, extensions (enrichment), and correctives (reteaching).

**Attention is given to learning styles of the target age group.**

**Lesson or unit size is appropriate for self-directed learning.**

**Lessons or units are arranged in a logical sequence.**

**A suggested pace of progress appropriate to the target audience is included.**

**Optional learning activities are included for use after criterion test failure or at other appropriate points.**

**Learner interaction with content is encouraged:**

- **Challenging questions are posed**
- **Written assignments are required**
- **Critical viewing, reading, and thinking are stimulated**

### **Instructional Materials**

**Materials are selected to address different learning modalities: visual, auditory, and tactile.**

**A variety of instructional materials are used: print, computer software, audiotape, videotape.**

**The purpose of the materials and their relation to objectives are clear.**

**Materials are identified or provided to support options for enrichment and remediation.**

**Materials are identified or provided to support frequent review and guided practice.**

**Print materials have an appropriate vocabulary and reading level.**

**Recommended and provided materials are consistent with state and local standards and selections.**

### **Evaluation**

**Formative tests are administered frequently.**

**Summative tests are presented at appropriate points.**

**Tests are related to instructional objectives.**

**Practice tests for self-assessment are available in paper form.**

**Grading standards are clear and fair.**

## **Facilitator Guidelines**

**A set of guidelines are provided which will assist the school course facilitator in providing effective student support and guidance. The following items should be included:**

- **Responsibilities of the facilitator**
- **Learning objectives**
- **Content outline for the entire course or unit**
- **Prerequisites expected of students**
- **Expectations for pacing and completion time**
- **Optional instructional approaches, materials and activities**
- **Teacher contact information, including times available**
- **Grading approach, philosophy, and local options**
- **Special requirements for equipment and facilities**

## GLOSSARY OF TERMS

**ASCII**—A standard code for the transmission of alphabetic, numeric, and other characters in computers and telecommunications systems. (American Standard Code for Information Interchange)

**Amplifier**—A device used in telecommunications systems to restore to its original level a signal which has deteriorated over a distance.

**Antenna**—In a satellite system, the receiving antenna is a disk shaped with a parabolic curve. A standard antenna for C-band has a diameter of about three meters, and a Ku band signal requires a diameter of one to two meters.

**Audiographic**—A system which transmits both an audio signal and computer graphics on the same telephone cable. Equipment includes a computer, graphics tablet, and speaker-phone at delivering and receiving ends, and some additional communications devices. A television signal is not part of the system.

**Band Width**—The size of a telecommunications band in cycles or bits per second which defines the capacity of a medium such as copper wire or fiber optic cable to carry signals. The larger the band width, the greater the number of signals which can be transmitted simultaneously, or the greater the amount of information which can be sent at one time. Video signals require greater band width than audio because there is more information in a picture.

**Baud**—Baudot code, a scale for expressing the rate of transmission of information in defined sets. For example, 1200 baud is 1200 bits per second, where one bit is one set of information.

**Bit**—One binary digit, expressed numerically as a 0 or 1, or as a brief change in signal intensity on a telecommunications line.

**C-Band**—A band of telecommunications frequencies reserved for satellite transmission (3700-4200 MHz from satellite to earth). This band requires a larger receiving dish antenna than Ku band, is less prone to signal loss in rain or snow, and is more prone to microwave interference.

**Channel**—A basic unit of service in a telecommunications system, usually a narrow bandwidth such as 6 MHz for a television channel.

**Coaxial**—A cable having a copper-clad aluminum core with insulation to minimize loss of signal and interference. It can handle higher frequencies for longer distances than twisted pair.

**Codec**—Coder-decoder, a device for changing a video signal from analog to digital or the reverse, as the signal passes between a transmission device and cable or other medium. The purpose is similar to that of a modem in an audio signal.

**Converter**—A device that translates nonstandard frequencies between channels 6 and 7 and above channel 13 to an unused VHF channel, extending the channel capacity of a cable system.

**Direct Broadcast Satellite (DBS)**—A satellite equipped to transmit a strong signal in a concentrated beam, which enables a school or other location to receive signals with a relatively small dish antenna.

**Downlink**—A receiving station for a satellite signal, usually a parabolic dish antenna and other equipment to carry the signal to a television set.

**Downstream**—Cable signals travelling from the headend to the subscriber or receiving site.

**Fiber Optic**—A type of cable made of many glass fibers, each of which carries a signal generated by a light source such as a laser. The light flashes on and off, creating a combination of bits. It has much greater capacity than coaxial or twisted pair.

**Footprint**—The area on earth within range of a satellite-transmitted signal.

**Headend**—The master control center of a cable system, which distributes the signals from the satellite antenna or other source to the cable users.

**Ku Band**—A band of telecommunications frequencies reserved for satellite transmission (11700-12200 MHz from satellite to earth). This band requires a smaller dish antenna than C-band, is more prone to signal loss from rain or snow, and is less prone to terrestrial microwave interference.

**MHz**—Megahertz. Hertz (Hz) is the name of a unit of measure of a signal in cycles or waves per second. One MHz is one million waves per second. One GHz is one billion waves per second. A human ear typically operates in the range from about 16 Hz to 16 Kilohertz (KHz), or 16 to 16,000 waves per second.

**Modem**—Modulator-demodulator, a device used to change a computer-generated signal to an audio signal which can be carried on a telephone line, or the reverse.

**MSO**—Multiple System Operator, a company or organization owning several cable delivery systems.

**Narrowcasting**—Television programming designed for a specific target audience.

**Polarization**—A technique to increase the capacity of satellite transmitters. In linear polarization, half the signals are generated horizontally and half vertically, with no interference resulting.

**Slow Scan**—A form of television in which an image is scanned and transmitted only once every minute or so instead of many times a second as in a regular television broadcast. The receiver sees an image change slowly, as in viewing a series of slides. The advantage is that the signal can be transmitted inexpensively over telephone lines.

**Teletext**—Distribution of textual data by broadcast television, in the vertical blanking interval.

**Transponder**—The receiver/transmitter combination within a satellite, which receives the signal from an uplink, amplifies it, and retransmits it to a downlink. There are many transponders in one satellite, each representing one video channel.

**Tuner**—Part of the receiving apparatus in a downlink site to focus on the signal.

**Twisted Pair**—The term used to describe the common telephone cable, composed of two copper wires twisted to form a cable for one phone line, with many pairs combined in a large cable to serve more phones.

**Uplink**—A station for transmitting a signal to a satellite, sometimes called an earth station. It includes a parabolic dish antenna and other related equipment.

**Upstream**—Cable signals travelling from a subscriber site to the headend.

**Vertical Blanking Interval**—A portion of a standard broadcast band or channel, which is unused by the television signal, and available to carry other information.

**Videotex**—Distribution of textual data by a cable system.

**VSAT**—Very Small Aperture Terminal, a receiving antenna of about one meter in diameter.



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The Northwest Regional Educational Laboratory (NWREL) is an independent, nonprofit research and development institution established in 1966 to help others improve outcomes for children, youth, and adults by providing R&D assistance to schools and communities in providing equitable, high quality educational programs. NWREL provides assistance to education, government, community agencies business, and labor by:

- Developing and disseminating effective educational products and procedures
- Conducting research on educational needs and problems
- Providing technical assistance in educational problem solving
- Evaluating effectiveness of educational programs and projects
- Providing training in educational planning, management, evaluation, and instruction
- Serving as an information resource on effective educational programs and processes, including networking among educational agencies, institutions, and individuals in the region

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