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ABSTRACT

This document, which is designed to serve as a resource for school districts that are formulating comprehensive parent involvement programs, provides a representative sampling of parent involvement programs in California. Section 1 lists programs operating at the local educational level that: (1) help parents develop parenting skills and foster conditions at home that support children's efforts in learning; (2) provide parents with knowledge of the techniques they need to help children learn; (3) provide access to and coordinate community and support services for children and families; (4) promote clear two-way communication between the school and the family as to school programs and children's progress; (5) involve parents who have been appropriately trained in instructional and support roles at the school; and (6) support parents as decision makers and develop their leadership, governance, advisory, and advocacy roles. Section 2 represents other sources that were selected for inclusion because they were operating programs or provided services in the listed school districts. Finally, Section 3 describes parent involvement services available from the California Department of Education. Thirty-five references and a copy of the California State Board of Education Policy on Parent Involvement conclude the document. (SAK)

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Parent Involvement Programs in California Public Schools

Families, Schools,
and Communities
Working Together



CALIFORNIA DEPARTMENT OF EDUCATION
Bill Honig—State Superintendent of Public Instruction
Sacramento, 1991

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Parent Involvement Programs in California Public Schools

**Families, Schools, and Communities
Working Together**

**Prepared by
Parent and Community Education Office
CALIFORNIA DEPARTMENT OF EDUCATION**



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June 1991

Dear Educator:

The California Department of Education began the survey of districts to obtain nominations for examples of parent involvement programs in 1990. Requests for program information were sent to over 800 schools, districts, county offices, court schools, and juvenile halls. Responses were received from 300. Selection criteria were developed, and each entry was rated and selected for inclusion in the Parent Involvement Programs in California Public Schools. This document is a representative sampling of parent involvement programs, as outlined in the State Board of Education policy on parent involvement, adopted in January 1989.


It is not the intent of this document to designate programs as "models" or to recommend resources, programs, or services for educational agencies. The document is to be used as a resource to districts in the formulation of comprehensive parent involvement programs.

The document is divided into three sections. Section I represents programs operating at the local educational level. Section II represents "Other Resources" selected for inclusion since they are operating programs or providing services within the listed school districts. Section III represents parent involvement services obtainable from the California Department of Education.

I hope this sampling of parent involvement programs will provide a broad base of information from which you can build or adapt a comprehensive parent involvement program. Please feel free to call and/or arrange for a visitation to programs of interest.

Many thanks to the respondents who made this publication possible and to the staff of the Parenting and Community Education Office, who collected and compiled the data. If you would like further information, please contact Dr. Vivian C. Burton, Coordinator of the Parenting and Community Education Office, 916-323-0548.

Sincerely,



Shirley A. Thornton, Ed.D.
Deputy Superintendent
Specialized Programs Branch



CALIFORNIA STATE DEPARTMENT OF EDUCATION

721 Capitol Mall; P.O. Box 944272**Sacramento, CA 94244-2720**

Bill Honig**Superintendent****of Public Instruction**

June 1991


Dear Colleague:

Parent Involvement Programs in California Public Schools will provide easy-access information and resources to schools and districts on promising programs of parent involvement currently operating in California schools. Each program identified in Section I is listed under one of six types of parent involvement, as outlined in the California State Board of Education Policy on Parent Involvement. Section II of this document identifies and describes parent involvement resources that may be used to enhance parent involvement efforts in schools and districts. Section III provides valuable information on California Department of Education services.

This publication was developed as a result of field-initiated requests for technical assistance and resources to promote partnerships between the school, home, and community. Due to financial constraints, the Parenting and Community Education Office, California Department of Education, was unable to make visits to observe the school programs and activities described in this document. All information published in this document is based upon the information submitted by each program agency or organization.

Special thanks to Dr. Vivian C. Burton, Coordinator, for her administrative leadership; collection and organization of the California Department of Education directory of parent involvement services; and design of the evaluation criteria and program evaluation that resulted in the completion of this document. Thanks also to Maritza Giberga, Consultant, Migrant Education, who read and evaluated the programs; to Janice Talbot, Consultant, Sacramento County Office of Education, who donated her time to read and evaluate the programs along with the physical space to complete the task; to Carol Monroe, Consultant, Parenting and Community Education Office, who conducted the survey, evaluated the programs, and produced the document; and to Ruby Nitta, Secretary, who provided invaluable assistance and support.

Sincerely,



Gerald R. Klibert, Ed.D.
Assistant Superintendent
Youth, Adult, and Alternative Educational
Services Division

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**Help parents develop parenting skills
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Type 1: Help parents develop parenting skills and foster conditions at home that support children's efforts in learning.

TITLE: Entrenamiento Cooperativo Entre El Hogar y La Escuela (Home-School Partnership)

**NAME OF CONTACT: Raul Anthony Garcia, Program Specialist
or
Ignacio Rojas, Trainer**

**ADDRESS: Alhambra City Elementary School District
801 Ramona Street
San Gabriel, CA 91776** or **Migrant Education
Region X
Los Angeles County Office
of Education
9300 E. Imperial Hwy.
Downey, CA 90242-2890**

TELEPHONE: 818-308-2620 or 213-922-6111

Program Description

Entrenamiento Cooperativo Entre El Hogar y La Escuela trains parents to present approximately six workshops. With staff as facilitators, parents make workshop presentations to Spanish speaking parents on topics which include:

- **Parents as the Child's First Teacher**
- **Self-esteem**
- **Effective Parent/Teacher Conferences**

TITLE: Family Wellness

NAME OF CONTACT: Ron Fredericks

**ADDRESS: Alum Rock Union Elementary School District
Sylvia Cassell Elementary School
1300 Tallahassee Drive
San Jose, CA 95122-3939**

TELEPHONE: 408-259-2653

Program Description

Family Wellness is a family enrichment program. *Survival Skills for Healthy Families* is the 12-hour Family Wellness basic course based on the idea that families want to be happy and work together. Each session is organized around "survival rules," which are taught, demonstrated, and then practiced with groups of families in six two hour sessions:

- Parents in Healthy Families
- Children in Healthy Families
- Couples in Healthy Families
- As Children Grow: Change in Healthy Families
- Solving Family Problems
- Sex, Drugs, and You: Preparing Your Child for the World

TITLE: Parent Partners--A Family Learning Program

NAME OF CONTACT: Linda Bobkowski

**ADDRESS: Bellflower Unified School District
16703 S. Clark Avenue
Bellflower, CA 90706**

TELEPHONE: 213-866-9011, ext. 3240

Program Description

Parent Partners is a computer-assisted learning program for parents that takes place while developmental learning experiences for their children are taking place in a separate classroom. Joint sessions are held where both

parents and children are given opportunities to participate in a combined school and take-home activity program designed to help parents become more effective as teachers. Take-home projects are designed to offer simple, enjoyable learning activities requiring parent/child cooperation.

TITLE: Survival Skills for Parents Speaking Languages Other Than English

NAME OF CONTACT: George Cottrell, Principal

**ADDRESS: Buena Park Elementary School District
Carl E. Gilbert Elementary School
7255 8th Street
Buena Park, CA 90621**

TELEPHONE: 714-522-7281

Program Description

Survival Skills for Parents Speaking Languages Other Than English invites parents and members of the community who speak languages other than English to attend up to four classes per week at school. Classes center on the acquisition of English. The classes are one hour in length, are limited to 30 persons per class, and are scheduled for early afternoon. On Mondays, the class learns survival skills such as budgeting, paying bills, ordering through a catalogue, writing checks, working through governmental forms and using similar techniques. Tuesday's focus is beginning English. On Wednesdays, classes center on beginning reading. Thursday's focus is advanced English.

TITLE: Parents Are Teachers Too: Homework Plus

NAME OF CONTACT: Harold Lester

**ADDRESS: Capistrano Unified School District
32972 Calle Perfecto
San Juan Capistrano, CA 92675**

TELEPHONE: 714-496-1215, ext. 224

Homework Plus is a simple, straightforward approach to getting parents directly involved with their child's educational program in partnership with the classroom teacher. It provides elementary teachers, at each grade level, with a sample homework lesson for each Basic Learning Objective in reading, language arts, mathematics, science, and history-social science. Key features include the following:

- Each activity is keyed to a specific learning objective.
- Each activity identifies the skill to be learned, states the objective in non-educational terms, provides a practice and drill exercise, and includes an enrichment activity.
- Each activity is limited to one page in length, encouraging parent participation.
- Activities do not require extensive research and study as a prerequisite for parent involvement.
- All Homework Plus activities were developed "by teachers for teachers."

**TITLE: DEUCE (Deciding, Educating, Understanding, Counseling, and Evaluating)
Drug Abuse Program
Phase III Parenting and Relationships**

NAME OF CONTACT: Lindy Khan

**ADDRESS: Contra Costa County Adult Education
Marsh Creek Detention Facility
12000 Marsh Creek Road
Clayton, CA 94517**

TELEPHONE: 415-646-5705

Program Description

DEUCE is a voluntary, three-phase residential substance abuse/self-esteem program offered to inmates in the facility. In this open-entry/exit program, inmates move from phase to phase, completing each time/block of the curriculum, which consists of a social model of behavioral change,

incorporating substance-abuse education, self-esteem, health, employability, and a co-educational parenting and relationships class. Topics include:

- Parenting/Personality Styles
- Family Placement
- Child Development
- Discipline
- Alternatives to Punishment
- Truth
- Fears
- Communication
- Family Violence
- Healthy Relationships
- Love
- Addictive Relationships

Classes incorporate various approaches to learning and include lecture, discussion, cooperative learning groups, and group process. The emphasis is on targeting student needs and working through a problem-solving process.

TITLE: Partnerships in Education: Parent and Child as Co-Learners

NAME OF CONTACT: Glee Shaddock

**ADDRESS: Coronado Unified School District
819 Seventh Street
Coronado, CA 92118**

TELEPHONE: 619-522-8932

Program Description

Partnerships in Education involves parents as co-learners in an innovative learning program which assists their child to maximize learning ability by teaching parents how to be more efficient learners. Parents and students are encouraged to attend at least five workshop sessions on learning strategies and skill building in the areas of:

- Motivation
- Organization
- Time Management
- General Study Skills
- Reading
- Communication
- Listening

- Note Taking
- Thinking
- Visualization
- Memory
- Writing
- Test Taking
- Summer Skill Maintenance

Through this partnership the child and parents can correct and reinforce each other in learning in school and in life's other areas where learning is necessary.

TITLE: Parent/Student Workshops

NAME OF CONTACT: Diane E. Gerson, Principal

**ADDRESS: Duarte Unified School District
Royal Oaks Elementary School
2499 Royal Oaks Drive
Duarte, CA 91010**

TELEPHONE: 818-358-1191

Program Description

Parent/Student Workshops are presented on a weekly basis to parents and students focusing on a subject area or special parenting technique. The unique feature of this program is that parents and children attend the workshops together. Parents practice the learned techniques with their children and are guided by immediate feedback by the presenters. Topics covered in these workshops include:

- Developing Oral Language Skills
- Helping With Homework
- Assisted Reading
- Understanding "Hands-on" Math
- Developing Written Language Skills
- Reading for Information

TITLE: Raising Readers: A Family Literacy Workshop

NAME OF CONTACT: Gail Zittel

**ADDRESS: Elk Grove Unified School District
Elk Grove Adult Education Program
8820 Elk Grove Boulevard
Elk Grove, CA 95624**

TELEPHONE: 916-686-7700

Program Description

Raising Readers is a three-session workshop series for parents of children newborn to ten years old focusing on skill building and the development of strategies that enhance family literacy. The focus of the first, two-hour session is The Importance of Reading to Children. In this session, information is provided to parents on:

- **Building Reading Skills--A School's Role**
- **Building Reading Appetites--A Parent's Role**
- **Focus on Reading Aloud**
- **When to Begin Reading Aloud**
- **Child Development and the Stages of Reading Aloud**
- **How-to's of Reading Aloud--Practical Tips and Demonstrations**

Session Two: The Splendor of Children's Literature

- **First Books**
- **Fairy Tales**
- **Non-fiction**
- **Classics**

Session Three: Controlling the Forces Undermining Reading; Supporting Institutions That Nurture It

- **Promoting Literacy Throughout the Home**
- **Using the Public Library and Its Programs**
- **Promoting Literacy Throughout the Neighborhood and Community**

TITLE: Preparing for the Drug-Free Years

NAME OF CONTACT: Charlene J. Berg, Principal

**ADDRESS: Franklin-McKinley Elementary School District
Seven Trees Elementary School
3975 Mira Loma Way
San Jose, CA 95111**

TELEPHONE: 408-227-6834

Program Description

Preparing for the Drug-Free Years is a five week, two-hour session which demonstrates how parents can decrease the chances that their children will become involved with drugs and the skills necessary to build strong family bonds. The topics covered in each session are:

- How to Prevent Drug Use in Your Family
- Developing a Family Position on Drugs
- Avoiding Trouble: How To Say "NO!" to Drugs
- Managing Family Conflict
- Strengthening Family Bonds

TITLE: Family Wellness

NAME OF CONTACT: Charlene Berg, Principal

**ADDRESS: Franklin-McKinley Elementary School District
Seven Trees Elementary School
3975 Mira Loma Way
San Jose, CA 95111**

TELEPHONE: 408-227-6834

Program Description

Family Wellness is a six-session course designed to develop skills in each family member and prevent family problems. Families are taught to identify "what works," where they want to be, what they want to do, and ways to get there. The six two-hour sessions cover the following weekly topics:

- Parents In Healthy Families
- Children In Healthy Families

- **Couples and Relationships In Healthy Families**
- **As Children Grow: Change In Healthy Families**
- **Solving Family Problems**
- **Sex, Drugs, and You: Preparing Your Child for the World**

TITLE: Monthly Meetings

NAME OF CONTACT: Jean K. Losey, Principal

**ADDRESS: Fresno Unified School District
Bullard Talent Elementary/Middle School
4950 North Harrison
Fresno, CA 93704**

TELEPHONE: 209-441-6831

Program Description

Monthly Meetings is a program to help parents support their child's educational experience and to help maintain communication with the child's teacher and the school. One goal of the program is to provide classes for the parents featuring topics of high parental interest.

The program offers workshops on topics chosen by parents. Each workshop is scheduled for one hour and includes information on:

- **Curriculum**
- **Social Behavior**
- **Health Services**

TITLE: Carver Guidance Committee

NAME OF CONTACT: Gary Christensen or Sheryl Oliver

**ADDRESS: Fresno Unified School District
Carver Elementary School
2463 Martin Luther King Boulevard
Fresno, CA 93706**

TELEPHONE: 209-441-3058

Program Description

The **Carver Guidance Committee** is composed of parents, teachers, a counselor, and the principal and sponsors monthly activities for parents. An example of the topics/themes of the monthly activities are:

- **Drugs and the Family**
- **Self-esteem and the Family**
- **Family Arts and Crafts Day**
- **Soul Food Potluck**
- **Parent Dinner**

The **Kindergarten/Preschool Parent meetings** are held monthly and include inservice training in such topics as:

- **Disciplining Your Child**
- **Drugs, Health, and Nutrition**
- **Learning/Speech Disabilities**
- **How to Help Your Child With Kindergarten Skills**

The **Miller-Unruh Reading and Child Development Specialists** are available to assist and to provide resources to preschools and kindergartens. This service is also available on a drop-in basis to parents of 1st through 8th grade students.

TITLE: Parent Support Group

NAME OF CONTACT: Tim Thomas, Counselor or Mosita Mollison, Liaison,
Community/School

ADDRESS: Fresno Unified School District
DeWolf Continuation High School
2021 N. Clark
Fresno, CA 93703

TELEPHONE: 209-441-3233

Program Description

The **Parent Support Group** conducts weekly meetings to help parents develop parenting skills to support children's efforts in learning and improving attendance by providing community speakers and bringing the program "back to basics."

TITLE: Parenting Fair and Parenting Classes

NAME OF CONTACT: Al Willey

**ADDRESS: Hemet Unified School District
Child Welfare and Attendance Office
2350 W. Latham Avenue
Hemet. CA 92343**

TELEPHONE: 714-652-6221

Program Description

The Annual **Parenting Fair and Parenting Classes** are structured to enable families to attend the event directly from work, if necessary. Starting at 6:00 p.m., food booths are available for the purchase of food. The first session begins at 7:00 p.m. to allow families with small children to attend the workshops. The format of the sessions varies from one night with 22 sessions to two nights with 25 sessions each. Topics cover a broad range--from Homework Help to AIDS Education to Substance Abuse.

As an outgrowth of the Parenting Fair, parents have an opportunity to enroll in an 8-week parenting class. This class uses the Systematic Training for Effective Parenting Program (STEP/STEP) Teen process.

TITLE: Parenting Classes

NAME OF CONTACT: Bret Johnson, Clinical Psychologist or Nickie Sergeant Counselor, Marriage and Family

**ADDRESS: Hollister Elementary School District
761 South Street
Hollister, CA 95023**

TELEPHONE: 408-637-3781

Program Description

Parenting Classes are conducted which give parents exposure to the skills necessary for setting limits, reinforcing positive behavior, and developing successful communication patterns in healthy families. Classes involve active participation with opportunities for discussion of common behavioral problems. Course I consists of a series of six two-hour sessions entitled Self-Esteem: A

Family Affair, which is directed at teaching communication and developing caring, nurturing parenting styles. Course II is entitled Family Wellness: Survival Skills for Health Families, which teaches basic skills for living and growing together in a healthy manner.

TITLE: School-age Parent and Infant Development

NAME OF CONTACT: Joe Thompson

**ADDRESS: Kern High School District
2000 - 24th Street
Bakersfield, CA 93301**

TELEPHONE: 805-631-3109

Program Description

The School-age Parent and Infant Development Program permits and encourages school-age parents to remain in the regular high school program to receive vital parenting education instruction, develop an employable skill, and complete their high school education. Instructional emphasis is given on care and developmental services for the infants, which include:

- Educational stimulation
- Health screening and treatment
- Physical and emotional need of infants

TITLE: Infant/Preschool/Parenting Skills

NAME OF CONTACT: Vicki Smith

**ADDRESS: Kings Canyon Joint Unified School District
Kings River Community College
675 W. Manning Avenue
Reedley, CA 93654**

TELEPHONE: 209-637-1276

Program Description

The Infant/Preschool/Parenting Skills Program is a home-based parenting skills development program designed to disseminate knowledge and skills regarding good nutrition, effective parenting, structure, and communication within the home. Parents are also informed of support services within the local community.

TITLE: Primary Intervention Program

NAME OF CONTACT: Beverly Loeffler

**ADDRESS: Kings Canyon Joint Unified School District
675 W. Manning Avenue
Reedley, CA 93654**

TELEPHONE: 209-637-1221

Program Description

The Primary Intervention Program is a cooperative effort of state and local mental health agencies and local school districts designed to help students adjust to the school environment and to enhance their personal development. The intent is that by working in partnership with parents, all children will have a positive start in school. The program goals are:

- **Building Self-esteem**
- **Developing Social Skills**
- **Raising Academic Achievement**

Parent education classes are offered to assist in expanding parenting skills. The topics cover (1) understanding the developmental levels of children; (2) alternative levels of discipline; (3) managing maladaptive behaviors; and (4) building self-esteem. For specialized needs, the program offers support services and referrals to community agencies.

TITLE: Parent Involvement Program

NAME OF CONTACT: Greg Mucks

**ADDRESS: Konocti Unified School District
Lower Lake Elementary School
P. O. Box 719
Lower Lake, CA 95457**

TELEPHONE: 707-994-5787

Program Description

The Parent Involvement Program provides parent involvement workshops covering various parenting skills and techniques for helping children grow towards their potential. Newsletters, both classroom and schoolwide, provide timely information on school events and general parenting tips. Regular needs assessments are sent home, and the results are incorporated into future school plans.

TITLE: Follow Through Program

NAME OF CONTACT: Jeanne Nava

**ADDRESS: Lindsay Unified School District
519 E. Honolulu
Lindsay, CA 93247**

TELEPHONE: 209-562-5111

Program Description

The Follow Through Program is designed to provide comprehensive services to students in grades kindergarten through third grade to maintain and enhance the gains made by young children in Head Start and other preschool programs. The parent involvement component activities include a parent orientation meeting to inform parents of the program offerings. Monthly parent meetings cover topics such as:

- **Reading to Your Child: How and Why**
- **English as a Second Language**
- **Drugs and Drug Paraphernalia**
- **How to Help Your Child with a Science Fair Project**
- **Self-esteem**
- **Discipline**

Meetings are held in both Spanish and English to meet parental needs. Babysitting is provided. Meetings are held in the evening to accommodate employed parents. For parents who cannot attend meetings, a newsletter that includes tips for parents is sent out bi-monthly.

TITLE: Parent Education Workshops

NAME OF CONTACT: Linda Maguire or Liisa Hanninen

**ADDRESS: Livermore Valley Joint Unified School District
Don Gaspar DePortola Elementary School
2451 Portola Avenue
Livermore, CA 94550**

TELEPHONE: 415-447-8808

Program Description

Parent Education Workshops enable parent participants to meet with school staff, specialists, and other parents to discuss parenting skills and to develop specific methods for working more effectively with children. The workshop design includes a four- six- and ten-week series and utilizes available school personnel. The meetings are scheduled during the day or evening to meet parental needs. Babysitting is provided.

TITLE: ROP Child Care Program

NAME OF CONTACT: Lori S. Magnante

**ADDRESS: Manteca Unified School District
Manteca Adult School
311 E. North Street
Manteca, CA 95336**

TELEPHONE: 209-825-3100, ext. 31

Program Description

The **ROP Child Care Program** serves pregnant minors, teenage parents, and older parents who are seeking their high school diploma. The child care class provides positive parenting skills and covers many other parenting issues. The program also provides:

- Nutritional hot lunches for parents and children
- On the job training in the Community As School Program
- Counseling services

TITLE: Parenting for the 90's

NAME OF CONTACT: Patricia Logan

**ADDRESS: Modesto City Elementary School District
426 Locust Street
Modesto, CA 95351-2699**

TELEPHONE: 209-576-4043

Program Description

Parenting for the 90's provides drug education for parents. *Preparing For the Drug-Free Years* is for parents of children in grades four through seven. The program demonstrates how to decrease the chances of your child becoming involved with drugs. It provides parents with information and skills needed to take an active role in preventing drug abuse and helps to build strong family bonds. The sessions offered include:

- How to Prevent Drug Use in Your Family
- Developing a Family Position on Drugs
- Avoiding Trouble: How to Say "No" to Drugs
- Managing Family Conflict
- Strengthening Family Bonds

TITLE: Juntos Para Los Ninos: Together for Children

NAME OF CONTACT: Margie Rodriguez

**ADDRESS: Montebello Unified School District
Garfield Elementary School
7425 Garfield Avenue
Bell Gardens, CA 90201**

TELEPHONE: 213-927-1915

Program Description

Juntos Para Los Ninos: Together for Children is a parent education program that brings together parents and the school for the benefit of student academic and personal achievement. This program provides the support and knowledge parents need to work with the school and with their children. Parents become involved in the planning of curriculum, in the setting of goals, and the recruitment of other parents. Parents attend eight classes on a monthly basis during the school year on topics which include:

- How the School Functions
- Parent Rights and Responsibilities
- The Importance of a Positive Self-Concept
- Constructive Discipline
- Facilitating the Learning Process at Home/School
- Alcohol and Substance Abuse in the Family
- Dysfunctional Family
- Child Abuse
- The Single Parent Family
- How Parents Can Participate/Parent Involvement

TITLE: Parent Education Preschools (PEPS)

NAME OF CONTACT: Judy Lindbeck

**ADDRESS: Monterey Peninsula Unified School District
Adult Education Program
700 Pacific Street
Monterey, CA 93942-1031**

TELEPHONE: 408-899-7172

Program Description

Parent Education Preschools are the classroom laboratories for the adult education class **Preschool Child Development and Parent Education**. The preschool offers the children, whose parents are enrolled, a stimulating, age-appropriate environment. Enrolled parents are offered the opportunity to share in their child's first classroom experience and to provide a positive and supportive transition from the home to new experience. Through participation in the preschool laboratory, parents observe the preschool child behaviors, broaden knowledge of child development, and increase positive parenting skills.

TITLE: Team 3 Family Center

NAME OF CONTACT: Susan M. Love

**ADDRESS: Nevada County Office of Education
11745 Maltman Drive
Grass Valley, CA 95945**

TELEPHONE: 916-272-7222 or 916-477-7025

Program Description

Team 3 Family Center sponsors *Straight Talk For Parents*, a ten-week program to assist in improving and strengthening parenting skills. The schedule of topics includes:

- **Characteristics of a Healthy Family**
- **Positive Discipline**
- **Mistaken Goals of Behavior**
- **Communication**
- **Self-esteem**
- **Family Councils**
- **Stepfamilies**
- **Effects of Drugs and Alcohol on Families**
- **Adolescence**
- **Strengthening the Couple Relationship**

The Family Center also offers counseling services for children from preschool through age 12 and their families; and provides a parent-school liaison specialist who does outreach with parents of students, kindergarten through 12th grade, who are frequently absent, involved in substance abuse, who have unmet counseling needs, need medical care, or who have school performance dysfunction due to family problems.

TITLE: Parent Education and Preschool Programs

NAME OF CONTACT: Eleanora Jadwin, Program Supervisor

**ADDRESS: Palo Alto Unified School District
Preschool Family
4120 Middlefield Road
Palo Alto, CA 94303**

TELEPHONE: 415-856-0833

Program Description

Parent Education and Preschool Programs offer a program for parents and children newborn through five years old. Parents attend classes with their children and return to adult discussions at night. Through a course of study initiated by the Department of Adult Education, parents enroll in a 17-week semester. The school year is two 17-week semesters; tuition varies according to the number of days a child attends class. The curriculum is guided by the National Association for the Education of Young Children Developmentally Appropriate Practices Model.

TITLE: Parenting for the Drug-Free Years

NAME OF CONTACT: Sharon Jahn

**ADDRESS: Poway Unified School District
13626 Twin Peaks Road
Poway, CA 92064**

TELEPHONE: 916-748-0010

Program Description

Parenting for the Drug-Free Years is a class designed to give parents the information and skills they need to take an active role in preventing drug use in their family. During a series of five evening weekly seminars, parents learn:

- **How to prevent drug use in their family**
- **How to develop a family position on drugs**
- **How to say "NO!" to drugs and avoid trouble**
- **How to manage family conflict**
- **How to strengthen family bonds**

TITLE: The Art of Parenting

**NAME OF
CONTACT: Lupe Mendoza Navarro**

**ADDRESS: Rialto Unified School District
 J. C. Boyd Elementary School
 310 East Merrill Avenue
 Rialto, CA 92376**

TELEPHONE: 714-820-7030

Program Description

The Art of Parenting is a series of workshops tailored to fit the individual culture of a school. The design of the workshop is a discussion and cooperative learning model that enables parents to validate each other's ideas and experiences concerning the education of their children. Workshops advocate collaboration between parents and students while presenting strategies for successful family support programs. The workshops are conducted entirely in Spanish with topics that include:

- **Understanding Your Child's Behavior**
- **Effective Communication**
- **Positive Discipline**
- **Building Self-esteem**

The goal of the program is to build confidence and trust in language minority parents so that they increase their involvement at school and engage in structured activities at home.

TITLE: Parent Education/Counseling Center

**NAME OF
CONTACT: Robert Stanley**

**ADDRESS: Rincon Valley Union Elementary School District
 Douglas Whited Elementary School
 4995 Sonoma Highway
 Santa Rosa, CA 95409**

TELEPHONE: 707-539-2400

Program Description

The **Parent Education/Counseling Center** has five groups of parents meeting weekly. These meetings are held two nights and one afternoon a week. The groups are led by a trained counselor. The focus of the group is parenting skills and how to create home conditions to enhance learning. Monthly meetings are held to present speakers on a variety of parenting topics.

TITLE: Quality Education Project

NAME OF CONTACT: Elaine Freedman

**ADDRESS: Sacramento City Unified School District
1619 N Street, Box 56
Sacramento, CA 95814**

TELEPHONE: 916-553-4288

Program Description

The **Quality Education Project** presents eleven multilingual parenting skills workshops to parents. Three to four of these topics are selected by each participating school. Staff and parents participate in the workshops on Saturday, weekday afternoons, or evenings. The topics include:

- Building Responsibility
- Creating Schools That Work
- Encouraging Self-esteem
- Helping Your Child Do Well on Tests
- Getting Answers to Questions About Your Child's School
- Monitoring Your Child's Progress
- Positive Discipline Strategies
- Productive School Meetings
- Summertime Activities
- Surviving the Homework Scene
- Television and Your Child

Parents are asked to sign a *Parent Pledge* that identifies commonsense ways to affect their child's performance positively.

TITLE: After Hours Counseling Center

NAME OF CONTACT: Kathleen Whalen

**ADDRESS: Sacramento City Unified School District
Kit Carson Middle School
5301 N Street
Sacramento, CA 95819**

TELEPHONE: 916-454-6750

Program Description

The After Hours Counseling Center provides access to school counseling services for working parents and parents who are unable to attend during the day. Sessions are scheduled at the parents' convenience and are conducted either in groups or individually. These services include:

- **Alternative school and community resources to assist the family and student**
- **Training to enhance the home learning environment to raise student academic achievement**
- **Providing support to specific ethnic groups to strengthen trust between home/school**
- **Developing positive parenting skills to improve student behavior in the home and at school**

TITLE: Salinas Adult School Parent Education Program

NAME OF CONTACT: Carole Singley

**ADDRESS: Salinas Union High School District
431 W. Alisal
Salinas, CA 93901**

TELEPHONE: 408-758-9861

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Program Description

The **Salinas Adult School Parent Education Program** provides courses with a focus on a special "time" for parents as their children grow. The theme of their program is "Times For Growth," which offers a variety of classes on weekdays, evenings, and week ends. The topics include:

- **Childbirth**
- **Newborns**
- **Toddlers**
- **Preschoolers**

The parent center is full of interesting and challenging equipment for the various ages served. We strive to make the parenting experience as creative and enjoyable as possible so that parents realize they are their child's first and most important teacher.

**TITLE: Padres Eficaces Con Entrenamiento Sistemático
PECES (Systematic Training for Effective Parenting)**

NAME OF CONTACT: Evangelina Mirandá

**ADDRESS: San Bernardino City Unified School District
777 North F Street
San Bernardino, CA 92410**

TELEPHONE: 714-381-1361

Program Description

PECES, the Spanish version of Systematic Training for Effective Parenting (STEP) is a parenting program with practical techniques for democratic child training. The two-hour weekly sessions are conducted at a pace and duration that meet the needs of parents. Sensitivity is given to the bridge parents must build between Mexican parenting styles and American childrearing norms.

Participants use the parent handbook as a reference and focus on concepts. Extensive discussion is held and role playing is used to engage parents in dialogue to solve problems cooperatively. By the end of training, participants have developed parenting skills which equip them with the ability to focus on inadequate behavior, define the problem, and respond in an effective way.

TITLE: EDInfo--Parent Telephone Information Service

NAME OF CONTACT: Cecil Munsey

**ADDRESS: San Diego County Office of Education
6401 Linda Vista Road, Room 405
San Diego, CA 92111-7399**

TELEPHONE: 619-292-3808

Program Description

EDInfo--Parent Telephone Information Service is a fully automated 24-hour telephone information system for parents, students, and community members. Parents and community members, with the aid of a message menu card, can call the system and listen to one of 75 prerecorded messages in either English or Spanish. Messages are selected by entering the three-digit mail box code. Each message lasts between 3 1/2 and 5 minutes. The messages are grouped under the following headings:

- Home and School Working Together
- Parents As Teachers
- Special Programs
- School Laws
- All About Tests
- College and Career Opportunities
- Drug Information and Alcohol Information
- Emotional and Health Concerns

Persons living in outlying regions can access the system through a 1-800 number. Persons living in the region call the local number which allows three calls to be processed simultaneously.

TITLE: HOPE Infant Program

NAME OF CONTACT: Virginia McDonald

**ADDRESS: San Diego County Office of Education
6401 Linda Vista Road
San Diego, CA 92111**

TELEPHONE: 619-292-3700

Program Description

The **HOPE Infant Program** provides educational services to infants from birth to three years old and their families. Program services include home and group instruction and parent education and support. Services are provided by Spanish-speaking and English speaking staff. The goals and philosophy of the program are devoted to helping parents become their child's most influential teacher. The program enables parents to enhance their parenting skills, knowledge, and ability to work with their child by:

- Modeling parenting skills and educational activities
- Offering parent education and support groups which provide opportunities to explore parenting techniques
- Providing written and audio visual materials on child development and parenting
- Encouraging parents to establish support systems within their family and community

TITLE: Parent Information Center

NAME OF CONTACT: Lucy Olivas, Program Coordinator

ADDRESS: San Francisco Unified School District
135 Van Ness Avenue, Room 100
San Francisco, CA 94102

TELEPHONE: 415-241-6529

Program Description

The **Parent Information Center's** primary goal is to enhance a more equitable representation of parents by maximizing their involvement and providing them with timely, appropriate, and accurate information and training. Through the Center's out-reach program a range of options are offered to requesting school districts in a variety of areas, including:

- Improving home-school communications
- Increasing parent involvement
- Interventions
- Consent decree programs
- Networking with community agencies

- **Increasing awareness and understanding diverse ethnic groups and cultures**

The Center disseminates information about all district schools, programs, services, public-service announcements, feature articles, individual school brochures, and parent handbooks. Assistance and counseling are available to help parents take full advantage of the resources. School sites receive assistance in developing strategies to reduce group tensions and to promote respect and acceptance of all individuals and groups.

TITLE: Parenting Class for Immigrant Parents

NAME OF CONTACT: **Marianela Mendoza** or **Emerita Orta-Camilleri**
Coordinator **Principal**

ADDRESS: **San Jose Unified School District**
Lowell Elementary School
625 South 7th Street
San Jose, CA 95112

TELEPHONE: 415-998-6243

Program Description

Parenting Class for Immigrant Parents conducts a series of eight parenting classes taught in Spanish and designed for immigrant parents. The focus of the series is to teach parents about the California educational system and the district's educational structure. Major emphasis is placed on the development of skills which will enable parents to assist children to succeed in school. ESL instruction is provided. Classes provided include:

- **Helping children with homework**
- **Resolving school-related problems**
- **Nutrition and how it relates to learning**
- **Encouraging reading with children**
- **Good health and hygiene**
- **Mental and social development**
- **Positive discipline**
- **Family recreation and community resources**

TITLE: Confident Parenting Program

NAME OF CONTACT: Susan Ham, Director

**ADDRESS: Santa Barbara County Office
Center for Community Education
522 N. Salsipuedes
Santa Barbara, CA 93103**

TELEPHONE: 805-963-8654

Program Description

The Confident Parenting Program is an educational program for parents of children aged 2 through 12. Parent workshops provide a forum for parents to share concerns about raising children, building self-esteem, maintaining effective discipline, and communicating. The workshops are provided in Spanish and English.

TITLE: Santa Clara Adult Education Program

NAME OF CONTACT: Barbara Malaspina or Patricia Sterling

**ADDRESS: Santa Clara Unified School District
Santa Clara Adult Education
1840 Benton Street
Santa Clara, CA 95050**

TELEPHONE: 408-984-6220 or 408-984-0631

Program Description

The Santa Clara Adult Education Program provides classes, workshops, and training for parents of preschoolers through adolescents to enable them to increase their skills and find support, information, and resources for their parenting roles. The program provides special programs for at-risk parents which include:

- **Positive Parenting**
- **Decision-Making Skills for Parents**
- **Parenting for Limited-English-Proficient Parents**

- Parenting for Teenage Parents
- Parent-Child Shared Experiences
- Preschool and School Age
- Family Talk
- STEP for Parents of Teens
- Active Parenting

TITLE: School Volunteer Program

NAME OF CONTACT: Jean Pfothenauer

**ADDRESS: Santa Cruz County Office of Education
School Volunteer Program
809 Bay Avenue, Suite H
Capitola, CA 95010**

TELEPHONE: 408-476-7140, ext. 289

Program Description

The School Volunteer Program sponsors a series of workshops for parents, instructional aides, and school volunteers. Workshops provide training to parents and other attendees in the areas of:

- Math
- Reading
- Discipline and the Four Goals of Misbehavior

The discussion at the workshops leans heavily in the area of parent-child relationships.

TITLE: Parents Growing Together Program

**NAME OF CONTACT: Patrick Pettit, Director
Research and Projects**

**ADDRESS: South Bay Union Elementary School District
601 Elm Avenue
Imperial Beach, CA 92032**

TELEPHONE: 619-575-5940

Program Description

The **Parents Growing Together (PGT) Program** provides a ten-week parenting skills program. Volunteer and professional facilitators provide instruction 1 day per week in two-hour courses on:

- **Child Development**
- **Parent-Child Communication**
- **Cultural Factors in Families**
- **Guiding and Supporting the Child's Progress In School**
- **Utilizing Community Resources**
- **Positive Discipline**
- **Anger Management**
- **Gang Awareness**
- **Drug Abuse**

TITLE: Parent University

NAME OF CONTACT: Virginia Donnellan

**ADDRESS: Ventura Unified School District
Ventura Adult Education
3777 Dean Drive
Ventura, CA 93003**

TELEPHONE: 805-650-8570

Program Description

The **Parent University's** concept involves the entire community. The students here are the parents/guardians of the children in Ventura. The campuses are each school in the district. The curriculum is the subject matter selected from parent questionnaires and input from a community steering committee. Among the membership of the steering committee are representatives from the district's office of Child Welfare and Attendance, Indian Education, Bilingual Programs, Special Education, Special Projects, Adult Education, Administration, PTO Council, and parents; the Chamber of Commerce, the City, the District Attorney's Office, County Mental Health, and the California Association of Marriage and Family Counselors. The instructors are professionals from throughout the community who volunteer their time to conduct workshops on parent-related topics which include:

- **Effective Communication Between Parents and Children**
- **Achieving Through Positive Thinking**
- **Assertive Discipline**
- **Peer Groups**
- **Child Care Options**

The Parent University sponsors two half-day mini conferences per year.

Type 2: Provide parents with the knowledge of techniques designed to assist children in learning.

TITLE: Anaheim High School Parent/Teacher Class

NAME OF CONTACT: Wilbur Braun

**ADDRESS: Anaheim Union High School District
Anaheim High School
811 W. Lincoln Avenue
Anaheim, CA 92805**

TELEPHONE: 714-999-3717

Program Description

The Parent/Teacher Class program is designed for Spanish-speaking parents. The goal is to enhance parental involvement and to provide a comfortable atmosphere for parent education and training classes. Math classes are offered to parents; the instruction is provided by bilingual instructors. Instruction is offered on the following topics:

- **Fractions**
- **Positive and Negative Numbers**
- **Ratios**
- **Proportions**
- **Basic Algebra**
- **Percents**
- **Geometry**
- **Statistics**
- **Graphs and Probability**
- **Computer Training**

TITLE: Parent Partners

NAME OF CONTACT: Linda Bobkowski

**ADDRESS: Bellflower Unified School District
16703 S. Clark Avenue
Bellflower, CA 90706**

TELEPHONE: 213-866-9011, ext. 3240

Program Description

Parent Partners is a family learning program focusing on helping parents acquire basic skills that will enable them to assist their young children who are building the skills and attitudes determined to be positive factors in school success. Important components of the program are:

- Building Self-Esteem in Parent and Child
- Nutrition
- Health
- Parent Education

A computer-assisted learning program for parents takes place while developmental learning experiences are provided for their children. A joint session is held in which parents and children are given the opportunity to participate in a combined school/take-home activity. The take-home projects are designed to help parent become more effective teachers offering simple, enjoyable learning activities requiring parent/child cooperation.

TITLE: Parent Education Program

NAME OF CONTACT: John Carlyle, Assistant Superintendent

**ADDRESS: Centralia Elementary School District
6625 La Palma Avenue
Buena Park, CA 90620**

TELEPHONE: 714-228-3133 FAX 714-228-3111

The Parent Education Program offers a series of workshops as a means of strengthening the home/school partnership. It provides parents with the tools to become significant contributors to the learning and success of their children. With the aid of Mentor Teachers and other professionals, workshops are presented on topics indicated by parent survey. These topics include:

- How to Live With Your Teenager and Enjoy It
- Teaching Your Child to Say No to Drugs
- Turn Your Child On to Reading
- Child Abuse Prevention
- Disaster Preparedness
- Substance Abuse Prevention/Gangs

Through the workshops, parents learn techniques on how to select quality children's books; are instructed in language arts activities that can be done at home; learn strategies for reading aloud; receive numerous brochures and resources; explore new instructional strategies and new textbook adoptions; and interact with school and community resource persons.

TITLE: Reading Together

NAME OF CONTACT: J. James Albert

**ADDRESS: Corcoran Joint Unified School District
1520 Patterson Avenue
Corcoran, CA 93212**

TELEPHONE: 209-992-3104

Program Design

Reading Together is a parent involvement home reading program. In each classroom students check out a book for a week to read at home with their parent. The parent reads to the child, the child to the parent, or they can alternate. At the end of the week, the parent signs a form indicating the book the book has been read. The child returns the book and makes a new book selection to repeat the process. A sticker is rewarded to the child for each book completed, and an entry is noted on the chart. This process continues for thirty weeks. At the end of the school year, parent and child will have read at least thirty books together.

There are a number of incentives during the thirty weeks, in addition to the quality time between parent and child. Incentives are given for monthly participation and for longer times spans--for a whole semester or the whole school year.

TITLE: Head Start

NAME OF CONTACT: Lynn B. Lucas, Director

**ADDRESS: El Dorado County Office of Education
6767 Green Valley Road
Placerville, CA 95667**

TELEPHONE: 916-622-7130, ext. 276

Program Description

Head Start is a comprehensive preschool program with a strong parent involvement component and a philosophy that the parent is the prime educator of the child. The role of the program is to work cooperatively with parents both at home and in the classroom setting. Parent education and training is an ongoing component that begins in the home and expands to the classroom. Teachers and home visitors, in conjunction with the parent, develop materials for use as educational tools to enhance the child's development. Parents are actively involved in the decision-making process of the fiscal and operational components of the program. They work closely with the administration in a shared responsibility role.

With the participation of the Head Start staff in numerous communitywide service organizations, committees, and task forces, a vital link between program services and family needs is forged.

TITLE: Chapter 1 Parent Program

NAME OF CONTACT: Ruby Ellison, Project Implementor

**ADDRESS: Elk Grove Unified School District
8820 Elk Grove Boulevard
Elk Grove, CA 95624**

TELEPHONE: 916-686-7712, ext. 315

Program Description

The Chapter 1 Parent Program model focuses on three goal areas for the involvement of Chapter 1 parents. The design of the model provides for a range of parent involvement activities. Parent workshops on a variety of topics such as:

- Paired Reading
- Family Math
- Home/School Teas
- Home Visits
- Attendance
- Written Communication
- How to Read to Your Child
- Community Read-ins
- Odyssey of the Mind
- Phone Visits
- Monitoring

The program offers schools the opportunity to integrate eligible families (including nontraditional families and parents who have difficulty communicating with the school) into the school through family-centered and child-centered educational activities. These activities are informational, training workshops, small discussion groups, seminars, conferences, school programs, school-community fairs, and cultural activities. Parents are educated, trained, and motivated to become partners with their child's school. As they become more confident, parents are willing to commit to school as participants in governance, classroom volunteering, and communicating with their child's teachers. The benefits are positive home-school collaboration, effective school programs, quality education, and long-term school success.

TITLE: Read Aloud Program

NAME OF CONTACT: Bonnie McNamara or Joanne Ostrander

**ADDRESS: Escondido Union Elementary School District
Orange Glen Elementary School
2861 E. Valley Parkway
Escondido, CA 92027**

TELEPHONE: 619-740-2487

Program Description

The Read Aloud Program promotes parent involvement in reading with students at home. Read aloud time is recorded on monthly calendars which are returned to school each month. This practice promotes communication between school and home while recording student participation and progress. Incentives for classes, students, and schools are given. Program information is communicated through school assemblies, school site council, and the parent newsletter.

TITLE: Parent Activity Calendar

NAME OF CONTACT: Jann Silvaroli

**ADDRESS: Fresno County Office of Education
2314 Mariposa
Fresno, CA 93721-2286**

TELEPHONE: 209-488-3289

Program Description

Parent Activity Calendars are issued monthly. They offer suggested daily activities for parents to do with their children. The calendars are prepared for Kindergarten through 8th grade. The calendars are prepared in English and Spanish.

TITLE: Project Even Start

NAME OF CONTACT: Belen Lee

**ADDRESS: Healdsburg Union Elementary School District
925 University Street
Healdsburg, CA 95448**

TELEPHONE: 707-431-3480

Program Description

Project Even Start provides simultaneous educational services for parents and children. Through this service, educational programs are provided that promote adult literacy, parent training, and early childhood development activities. The project includes child care, transportation, and a home-based curriculum. It utilizes the parent training process, "Conocimiento," that promotes planning and decision making to empower parents and involve them in the education of their children as active participants in the school and community.

The project consists of the following elements:

- Identification and Recruitment of Children
- Screening and Preparation of Parents and Children
- Program Design
- Development of Instructional Programs
- Staff Development
- Monitoring Services
- Program Coordination

TITLE: Teachers as Bridges (TAB)

NAME OF CONTACT: John Harter, Director of Curriculum

**ADDRESS: Hollister Elementary School District
Rancho San Justo
761 South Street
Hollister, CA 95023**

TELEPHONE: 408-637-3781

Program Description

The central purpose of the **Teachers as Bridges Program** is to help students move successfully from elementary school to high school and beyond by enlisting participation of parents, institutions of higher education, and the business community. This project has resulted in an enriched curriculum for middle school dual language students. Contact and communication with the real worlds of higher education and work widen students' horizons, increase self-esteem, and assist in the recognition and achievement of student potential.

Field trips to colleges and universities and business establishments are sponsored to expose students to higher education and create a resource pool of business persons and community members for enriching the curriculum in science, math, social studies, and communication skills.

Through home visits, teachers serve as bridges to the family and community. Teachers also establish contacts with parents interested in hosting house meetings to introduce and train parents in the materials used at school by their children. Parents and children are involved in the monthly meetings called "Noches Rancheras." The focus of these meetings is to listen to successful Hispanics who have overcome the obstacles in their lives. **Teachers as Bridges** permits students, parents, community members, and teachers to explore the interrelationship between skills taught in school and the requirements for success in the real world. Teachers, parents, and partners are "dream spinners" who encourage students to set high goals.

TITLE: Sunnyslope Parent Writing Group

NAME OF CONTACT: Elsa Rodriguez

**ADDRESS: Hollister Elementary School District
Sunnyslope Elementary School
1475 Memorial Drive
Hollister, CA 95023**

TELEPHONE: 408-637-5817

Program Description

The Sunnyslope Parent Writing Group is a group of parents who meet on a monthly basis to develop fluency in writing and thereby to serve as models and inspire their children to write, to establish a closer relationship with their children through writing, and to build a parent support group.

Using the California Writing Project Model, parents receive a reading in Spanish after which the parents react orally. Once this sharing is complete, parents respond in writing and later share their writing with the group.

Through these exercises parents write to their children about personal childhood experiences, ask for advice, or ask questions. With permission, the parental writing is read to their child during class time. Students respond to and illustrate the parent writing. The illustrated work is given to the parent author.

This program has generated a change in parental attitude toward the teacher and the school, developed parental appreciation for the learning process in which the child is engaged, instilled pride in the personal accomplishment of parents, and strengthened the parent/child relationship.

TITLE: Home School Program

NAME OF CONTACT: Elaine Perry

**ADDRESS: Lakeside Union Elementary School District
P.O. Box 578
Lakeside, CA 92040**

TELEPHONE: 619-390-2696

Program Description

The **Home School Program** is designed to give instructional guidance to parents who wish to educate their children at home. Through contractual agreement parents are provided with textbooks, teacher guides, and instructional materials. Parents receive guidance in teaching their children according to the scope and sequence of the district's curriculum guide and the California state framework. Computer workshops, art clinics, science field trips, and other instructional activities are made available by district consultants.

TITLE: Follow Through Program

NAME OF CONTACT: Jeanne Nava

**ADDRESS: Lindsay Unified School District
519 East Honolulu
Lindsay, CA 93247**

TELEPHONE: 209-562-5111

Program Description

The **Follow Through Program** is designed to provide comprehensive services to students in kindergarten through third grade to maintain and enhance the gains made in Head Start and other preschool programs. Parent involvement is based on the premise that education should be a cooperative process involving the home, the school, and the community and that parents should participate actively in the child's schooling.

Students in the program are expected to take homework home every night. Homework bags are provided for each student. Math worksheets are developed following the TIPS (Teachers Involving Parents in Schoolwork) format. Interactive worksheets containing science experiments for students and parents are being designed. Parents are encouraged to read with their child and ask questions regarding what students are reading. Parents are asked to volunteer in their child's classroom at least one per month.

TITLE: Edison and Company

NAME OF CONTACT: Kimberly J. Baril

**ADDRESS: Long Beach Unified School District
Edison Elementary School
625 Maine Avenue
Long Beach, CA 90802**

TELEPHONE: 213-590-8481

Program Description

The goal of **Edison and Company** is to ensure kindergarten and later school success by training parents to use everyday experiences and common items to develop their child's receptive and expressive language. Through our many activities, parents are empowered to become more active partners in their child's education. The program provides opportunities for parents to become VIP's in the classroom and VIP's working at home with their child.

TITLE: Monterey Infant Development Program

NAME OF CONTACT: Judy Lindbeck

**ADDRESS: Monterey Peninsula Unified School District
Special Education Department
1295 La Salle
Seaside, CA 93955**

TELEPHONE: 408-899-7172

Program Description

The **Monterey Infant Development Program** is an early intervention program for children birth to three years of age who are demonstrating significant delays in their development or are at high risk for delays because of a diagnosed handicapping condition. The program focus is on the child and family and provides support to the parent.

Through regularly scheduled home visits by a teacher or therapist, or at the weekly group session at school, parents have the opportunity to learn and refine skills in observing, responding, and playing with their child. With the aid of appropriate activities, concepts and strategies are offered to help parents facilitate their child's development. Group sessions and evening meetings provide parents the opportunity to meet other families who share common concerns, problems, and solutions.

TITLE: Monterey County Independent Study

NAME OF CONTACT: Bill LaPlante

**ADDRESS: Monterey County Office of Education
P. O. Box 80851
901 Blanco Circle
Salinas, CA 93912**

TELEPHONE: 408-755-6458

Program Description

The Independent Study Program offers a series of monthly programs designed to support families who have chosen to teach their children at home. The Parent Advisory Council plans and implements the program, which includes:

- Instructional lessons designed to improve parent teaching skills
- Activities fostering individual learning and skill development
- Skills for enhancing the socialization process
- Exposure to community resources appropriate to home schooling

The Council is also involved in the review and selection of texts and materials to be used in the program.

TITLE: Parent Education Program

NAME OF CONTACT: Margot Robb Tobias

**ADDRESS: Mt. Diablo Adult Education
1266 San Carlos Avenue
Concord, CA 94518**

TELEPHONE: 415-685-7340

Program Description

The Parent Education Program offers a variety of classes designed for parents of children in preschool, elementary, and secondary schools. These classes assist parents in developing parenting skills based on age appropriate behavior expectations. Classes address decisionmaking, leadership, and advocacy skills for parents.

Specialized classes train parents to relate to specific needs and function successfully in varying roles with their child. The curriculum for these classes is designed in cooperation with the administration of the sponsoring school so the competencies reflect the needs of the school community. Classes include:

- **Parenting the School Age Child**
- **Parenting the Adolescent I--Middle School Years**
- **Parenting the Adolescent II--High School Years**
- **Parenting the At Risk-Adolescent**
- **Parenting the Special Education Student**
- **Family Math Parent Training**
- **Parenting for Drug-Free Years**
- **Education for Parents of New Drivers**
- **How to Talk so Kids Will Listen--And Listen so Kids Will Talk**
- **Alcohol-Drug Abuse Education for Parents (Intervention)**
- **Drug-Free Kids Parent Roundtable**

TITLE: Literatura Infantil

NAME OF CONTACT: Paul Nava or Lucy Castano

**ADDRESS: Pajaro Valley Unified School District
Migrant Education Program
440-B Arthur Road
Watsonville, CA 95076**

TELEPHONE: 408-728-6213

Program Description

Literatura Infantil is designed to increase the Spanish language proficiency of preschool through third grade migrant students. This is accomplished by presenting a book to each participating parent for use in oral reading assignments. During group sessions, parents use these books to practice their oral reading technique by reading aloud to group members. At the conclusion of each story, the group engages in clarifying dialogue, then divides into small groups for discussion according to the guidelines established by the creative reading methodology. At the conclusion of the process, a copy of the book, a list of questions to be used as a guide for home reading, a list of suggested activities relating to the book, and a blank book in which the child is encouraged to write stories is given to the parents for use in home activities.

Through the provisions of this program, an early intervention component is established for parents to take an active role in preparing their child for school. The program is conducted at three individual school sites on a monthly basis. The frequency and duration of these sessions are designed to meet the needs of the school. Each site has a team consisting of base program teachers, a migrant parent, a psychologist, and an aide.

TITLE: Student Education Team (S.E.T.)

NAME OF CONTACT: Dolores Whitley

**ADDRESS: Panama-Buena Vista Union School District
Wayne Van Horn Elementary School
5501 Kleinpell Avenue
Bakersfield, CA 93309**

TELEPHONE: 805-324-6538

Program Description

The **Student Education Team (S.E.T.)** schedules a series of quarterly workshops for parents and students to attend. Topics cover:

- Shared Activities
- Methods to Enhance Basic Skills
- Hobby Night
- Whole Language
- CAP Testing
- Assertive Discipline

Project offers student/parent/teacher learning contracts to personalize the efforts to assist students in learning at home. Parents and teachers are afforded an opportunity to collaborate on the planning of home activities during the parent conferences at the end of the first grading period.

TITLE: Kindergarten Program for Four Year Olds

NAME OF CONTACT: Suzi Hoge

**ADDRESS: Pasadena Unified School District
351 South Hudson Avenue
Pasadena, CA 91109**

TELEPHONE: 818-795-6981, ext. 273

Program Description

The **Kindergarten Program for Four Year Olds** is an early intervention program for at-risk children. The parent component of the program provides students with certificated teachers using developmentally appropriate curriculum four days a week. The fifth day of each week is devoted to parent contacts. Teachers make two home visits per year and conduct three conferences for each student. Parents are invited to attend parent meetings a minimum of six times per year. The meetings respond to the indicated needs of parents, covering topics that include:

- Practice Suggestions for Activities at Home
- Models of Appropriate Behavior
- School and Community Resources

TITLE: Science Night

NAME OF CONTACT: Chris Foster

**ADDRESS: Poway Unified School District
Pomerado Elementary School
12323 Ninth Street
Poway, CA 92064**

TELEPHONE: 619-748-1320

Program Description

Science Night is a parent involvement program designed to extend science into the home beyond homework. Evening seminars are presented throughout the school year. Teachers are trained as facilitators for the series of weekly evening seminars when families come together and become actively involved in scientific concepts and processes in all areas of science. Families are taught to use the scientific method for problem solving. The program is highly motivational and reinforces classroom instruction.

TITLE: Family Math

NAME OF CONTACT: Juanita O'Layo

**ADDRESS: Redwood City Elementary School District
Garfield School
815 Allerton Street
Redwood City, CA 94063**

TELEPHONE: 415-369-3759

Program Description

The **Family Math Program** is about parents and children learning mathematics together. Family Math provides opportunities to develop problem solving skills and to build an understanding of mathematics with "hands-on" material. Children and their parents do activities that make math enjoyable and assist them in becoming familiar with:

- Word Problems
- Logical Reasoning
- Measurement

- **Geometry**
- **Spatial Thinking**
- **Probability**
- **Statistics**
- **Calculators**
- **Estimation**
- **Arithmetic**

The program is designed to assist children in learning about math at home.

TITLE: Preston Parent Education Program

NAME OF CONTACT: Diane Marsh, Program Specialists

**ADDRESS: Rialto Unified School District
Lena M. Preston Elementary School
1750 North Willow Avenue
Rialto, CA 92376**

TELEPHONE: 714-820-7948

Program Description

The **Preston Parent Education Program** publishes the Preston's Parent Education Newsletter (P.E.N.). Each issue provides parents with suggestions on how to work effectively with their child at home. The newsletter is translated for Spanish-speaking parents. The program also sponsors a two-hour workshop on "Helping Your Child Learn." Through a joint effort of schools in the district, additional workshops are being presented to Spanish-speaking parents.

TITLE: Quality Education Project

NAME OF CONTACT: Elaine Freedman

**ADDRESS: Sacramento City Unified School District
1619 N Street, Box 56
Sacramento, CA 95814**

TELEPHONE: 916-553-4288

Program Description

The Quality Education Project assists participating districts/schools to establish and maintain an open system of communication by sending helpful hints and articles home to parents about what kinds of questions to ask at parent-teacher conferences, how to help their children at home, and how to build self-esteem in their children. Newsletters from the principal and teachers are sent home weekly/monthly that offer tips on parenting. Teacher and community speakers give parents pertinent information on special academic areas. Mini-conferences on topics of indicated interest to parents are sponsored.

TITLE: Family Math
NAME OF CONTACT: Leigh Childs
ADDRESS: San Diego County Office of Education
 6401 Linda Vista Road
 San Diego, CA 92111-7399
TELEPHONE: 619-292-3806

Program Description

Family Math helps parents become more involved in their children's mathematics education. Classes are provided to parents and children by grade-level groupings. Workshop sessions are held on the following topics:

- Helping Your Child at Home With Math
- How Important Is Math to Your Child's Future?
- Having Fun With Math
- Materials and Activities to Use At Home
- Leadership training for Teaching Family Math

TITLE: Bookends Project
NAME OF CONTACT: Jodi Pliskin, Project Director
ADDRESS: San Francisco Unified School District
 Volunteer Program
 340 Pine Street, Third Floor
 San Francisco, CA 94104

Program Description

The **Bookends Project** is designed to improve the quality of language arts instruction in the middle schools and to assist parents in creating a home environment supportive of the learning process. The goal of the parent component of the program is to increase the participation of middle school parents in the education of their children.

Information and training are delivered to parents through a multilingual newsletter and workshops. The workshops focus on:

- Orientation to the Bookends Project
- The importance of reading at home
- The value of parent encouragement

Parents have the opportunity to share their fears and concerns at these workshops and practice home reading activities. Students perform skits, read poems, display their art work, and share their journals to give their parents an understanding of their work.

The newsletter provides suggestions on activities to use at home which reinforce reading, samples of student work, and reading lists and encourages parents to be role models by reading at home. Multicultural literature is emphasized so students and parents develop an appreciation for other cultures.

TITLE: Parents and Kids Come Together

NAME OF CONTACT: JoAnn Hammer

**ADDRESS: San Juan Unified School District
Dyer-Kelly Elementary School
2236 Edison Avenue\
Sacramento, CA 95821**

TELEPHONE: 916-971-7582

Program Description

The **Parents and Kids Come Together Program** sponsors activity nights which are designed to strengthen and reinforce concepts taught at school and to provide an opportunity for child and parent interaction. Teachers are present during these evenings, participating and directing the activities with the children and their parents. Parents experience appropriate strategies and techniques,

modeled by the teachers, that can be used when working with their children at home. Two-way communication is enhanced when all three groups--parents, children, and teachers--work together in an activity/project. During the Family Math Night, curriculum is discussed and fears and uncertainties are expressed and strategies to combat problems are offered.

The activity nights are designed to meet the needs of parents, children, and the school on many different levels. In a nonthreatening setting, parents experience a sampling of the school activities and meet and become acquainted with the staff. The staff becomes familiar with the child and the parent as a family unit rather as two separate entities. The children are able to share with their parents the experiences they have had with their teachers and the school.

TITLE: "SOS" (Support Our Students)

NAME OF CONTACT: Juanita E. Jones

**ADDRESS: San Juan Unified School District
4825 Kenneth Avenue
Carmichael, CA 95608**

TELEPHONE: 916-971-7359

Program Description

The "SOS" program has the primary goal of encouraging Chapter 1 parents to become involved at home with their first through third grade children. Weekly activities are provided to assist parents with motivational academic activities for their children. This effort is supported by the business community, which provides incentives to parents and students who follow through on weekly assignments.

TITLE: Family Math

NAME OF CONTACT: Susan Despenas

**ADDRESS: Santa Ana Unified School District
1405 French Street
Santa Ana, CA 92701**

TELEPHONE: 714-558-5805

Program Description

Family Math introduces parents and their children to ideas that help improve mathematics skills and gain appreciation for mathematics. The program improves mathematics teaching and learning in the classroom and provides activities and methods to help students succeed in mathematics, with emphasis on female and minority students. The program strands are:

- Awareness
- Confidence
- Encouragement

Teachers and students are made aware of the need for mathematics and the options afforded. Confidence is built by providing strategies for success; encouragement involves motivating students to continue the study of mathematics and to consider a variety of related careers.

TITLE: Bilingual Parent Advisory Committee

**NAME OF CONTACT: Elaine Irish, Coordinator
Education Projects**

**ADDRESS: Santee Elementary School District
P. O. Box 719007
Santee, CA 92072-9007**

TELEPHONE: 619-258-2356

Program Description

The **Bilingual Parent Advisory Committee** provides wordless books to parents to assist in the attainment of literacy in the home. The books are used with preliterate parents to demonstrate the technique of storytelling. These books are also available to parents who do not have books in their native language.

Type 3: Provide access to and coordinate community and support services for children and families.

TITLE: Parent Partners

NAME OF CONTACT: Linda Bobkowski

**ADDRESS: Bellflower Unified School District
16703 South Clark Avenue
Bellflower, CA 90706**

TELEPHONE: 213-866-9011, ext. 3240

Program Description

The Parent Partners Program offers field trips to acquaint parents with the community and its resources. The program is designed to train parents to take advantage of as many resources as available in the district and the community so that families can help their children succeed in school and society.

TITLE: Multicultural Parent Involvement

NAME OF CONTACT: Richard G. Shore

**ADDRESS: Fresno Unified School District
Tehipite Middle School
630 N. Augusta
Fresno, CA 93701**

TELEPHONE: 209-441-3216

Program Description

The **Multicultural Parent Involvement Program** provides language translators to make direct contact with the parents in their native language. This service alleviates the anxieties felt by Limited-English-Proficient parents, helps them feel connected to the school, and makes them feel welcome. Parents are personally invited to attend parent education meetings. Phone calls are made in Laotian, Hmong, English and Spanish to schedule home visitations and to extend invitations to school events.

TITLE: Parenting Classes

**NAME OF CONTACT: Joya Chatterjee
Director of Special Projects**

**ADDRESS: Hollister Elementary School District
761 South Street
Hollister, CA 95023**

TELEPHONE: 408-637-3781

Program Description

Parenting Classes provide information to parents on community resources available to families and are careful to respect the privacy of all participants. Local professionals, who are aware of the needs and background of the families living in the community and the resources available to families, provide program assistance. Community service agencies throughout the county are contacted to make flyers available to the public advising them of parenting classes. A list of community public agencies, including Mental Health, Community Help Center, Community Service Center, and the Welfare Department, are made available to the participants.

TITLE: Follow Through Project

NAME OF CONTACT: Jeanne Nava

**ADDRESS: Lindsay Unified School District
Follow Through Program
519 East Honolulu
Lindsay, CA 93247**

TELEPHONE: 209-562-5111

Program Description

The **Follow Through Project's** goal is to improve the education of children from low-income families, especially children who are Limited-English Proficient (LEP) or who speak a nonstandard dialect of English. To that end, the program coordinator meets with parents on a teacher referral or as the need indicates basis concerning child health needs. The program provides health care and nutrition services for participating students and social services referral assistance for parents.

TITLE: Intercultural Education Committee

NAME OF CONTACT: Tom Saenz

**ADDRESS: Orange Unified School District
370 North Glassell Street
Orange, CA 92666**

TELEPHONE: 714-996-6221.

Program Description

The purpose of **Intercultural Education Committee** is to focus on concerns and potential problems related to the needs of various ethnic groups. The committee, composed of parents, secondary students and staff, works in a problem-solving mode and is effective in assisting in the communication process. Committee efforts have resulted in an increased awareness and sensitivity to the needs, concerns, and characteristics of the wide variety of ethnic groups within the district.

TITLE: Citizens' Steering Committee for Better Schools

NAME OF CONTACT: Roger J. Duthoy

**ADDRESS: Orange Unified School District
370 North Glassell Street
Orange, CA 92666**

TELEPHONE: 714-997-6229

Program Description

The **Citizens' Steering Committee for Better Schools** is composed of Board of Education appointees, representatives from the elementary and secondary levels, and parents from throughout the school community. The Committee is given an annual charge by the Board of Education. Past responsibilities have included:

- **Boundary Changes**
- **Development of a Master Facilities Plan**
- **Restructuring of Grade Configurations**
- **Enhancement of Vocational Education**

TITLE: Community of Caring Project

NAME OF CONTACT: Edward Marquez, Principal

**ADDRESS: Sacramento City Unified School District
Sutter Middle School
3150 I Street
Sacramento, CA 95816**

TELEPHONE: 916-553-4150

Program Description

The **Community of Caring Project** coordinates the services of multiple outside agencies with existing school resources and programs to provide an extended network of opportunities designed to encourage parent participation. Support services are provided for families, including counseling for substance abuse, child abuse, and families with problems, and programs to assist families who are limited-English-proficient and the Parent-Teacher-Student Association clothes closet.

TITLE: Quality Education Project

NAME OF CONTACT: Elaine Freedman

**ADDRESS: Sacramento City Unified School District
1619 N Street , Box 56
Sacramento, CA 95814**

TELEPHONE: 916-553-4288

Program Description

The Quality Education Project developed a district letter to employers asking for up to four hours of release time per year for their employees to make visitations to the child's classroom. The letter offered employers alternate options to charging employees vacation time or deducting the time from salaries. The program also offers parents a list of community agencies available to assist their personal needs. All segments of the community are brought together, by this project, in support of education through sponsored events like Education Sunday, rallies, and Turn on to Reading Week.

TITLE: HOPE Infant Program

NAME OF CONTACT: Virginia McDonald

ADDRESS: San Diego County Office of Education
6401 Linda Vista Road
San Diego, CA 92111

TELEPHONE: 619-292-3700

Program Description

The HOPE Infant Program provides educational services to infants from birth to three years old and their families. Program services include home and group instruction and parent education and support. Services are provided by Spanish-speaking and English-speaking staff. The goals and philosophy of the program are devoted to helping parents become their child's most influential teacher. The program enables parents to enhance their parenting skills, knowledge, and ability to work with their child by:

- Supporting interagency collaborative services that support families and children
- Providing parents with information on community resources and services
- Promoting coordinated case management

Type 4: Promote clear two-way communication between the school and the family as to school programs and children's progress.

TITLE: Telecommunications Project--Family/School Connection

**NAME OF CONTACT: Barbara Randolph or Donna Perez
Principal Curriculum Coordinator**

**ADDRESS: Alhambra City Elementary School District
Emery Park Elementary School
2821 West Commonwealth Avenue
Alhambra, CA 91803**

TELEPHONE: 818-308-2408

Program Description

The Telecommunications Project--Family School Connection uses computers to increase home/school communications. Students and their parents attend an evening training session, after which they check out a computer. The computer and modem are checked out for two weeks. The parent/student team logs on to the district's computerized bulletin board system to telecommunicate. The bulletin board can be accessed to leave messages, read messages, and download software. Parents, students, and teachers swap personal information, provide homework help, and engage in problem solving. The school provides a directed activity, such as a story starter, which allows participating students and parents to work together on a group project.

To prepare for the implementation of this project, the school, over the past two years has provided computer training for students and their parents. Each family attended a computer workshop and took home a computer for one week. The 300 families enrolled in the school were thereby enabled to participate in the program.

TITLE: Monthly Meetings

NAME OF CONTACT: Jean K. Losey, Principal

**ADDRESS: Fresno Unified School District
Bullard Talent Elementary/Middle School
4950 North Harrison
Fresno, CA 93704**

TELEPHONE: 209-441-6831

Program Description

The Monthly Meetings program serves to promote clear communication between parent and school regarding the child's classroom and the academic achievement. Through a series of these monthly meetings held in each classroom, the parent classroom coordinator:

- **Leads the meetings**
- **Establishes communication among parents**
- **Helps coordinate parent volunteers for service to the classroom and at schoolwide events**
- **Presents reports to PTA/PTO and school site councils**

It is the responsibility of these parent classroom coordinators to maximize parental involvement at their classroom level and in the school. The coordinators meet with the teacher to establish individual classroom needs, plan field trips, and provide general guidance and information that should be discussed with parents at the meeting.

TITLE: Carver Parent Information System

NAME OF CONTACT: Gary Christensen or Sheryl Oliver

**ADDRESS: Fresno Unified School District
Carver K-8 School
2463 Martin Luther King Boulevard
Fresno, CA 93706**

TELEPHONE: 209-441-3058

Program Description

The **Carver Parent Information System** advises parents of schoolwide events, special days, **Guidance Committee Meetings**, or other activities that take place at the school through fliers, notices, and letters sent either by mail or by students. A telephone number to call for further information is always included with the invitation. In addition, communication is encouraged through the following activities:

- Student Council-authored newspaper
- Progress Reports/Report Cards inviting parent feedback
- Student Council-published monthly calendar
- Special after-school tutorial for parents in core curricular areas

TITLE: Parent Education Program

NAME OF CONTACT: Barbara Lammers

**ADDRESS: Fresno Unified School District
Lane Elementary School--Department of Social Services
4730 East Low
Fresno, CA 93702**

TELEPHONE: 209-441-3108

Program Description

The **Parent Education Program** coordinates monthly parent education meetings with a social worker assigned to the school by the County Department of Social Services. The meetings are conducted in several languages (English, Spanish, Hmong, Khmer, and Lao) and cover many topics on parenting, community events, parent involvement techniques, health, education, and welfare services.

TITLE: Scandinavian Showcase for Parents

NAME OF CONTACT: Jenna Reynolds

**ADDRESS: Fresno Unified School District
Scandinavian Middle School
3216 N. Sierra Vista
Fresno, CA 93726**

TELEPHONE: 209-441-3144

Program Description

The Scandinavian Showcase for Parents arranges to present to the public a series of evenings designed to "showcase our curricular areas. The areas are presented as follows:

- **October: Language and Social Studies**
- **December: Music and Art**
- **February: Math and Science**
- **April: Industrial Arts and Home Economics**
- **May: Physical Education**

The targeted curricular areas are responsible for designing invitations to the parents, arranging display booths, and providing refreshments. This enables the parents to get to know the teachers and curriculum and to view the results of their child's endeavors.

TITLE: Parent Education Program

NAME OF CONTACT: Colette Fleming

**ADDRESS: Grossmont Union High School District
Grossmont Adult School
P. O. Box 1043
La Mesa, CA 92044-0316**

TELEPHONE: 619-579-4470

Program Description

The Parent Education Program at Grossmont Adult School offers a variety of classes designed to provide volunteer aides with special skills and teaching techniques to work in elementary and junior high school classrooms.

TITLE: Student Organizer System (S.O.S.)

NAME OF CONTACT: James Hallameyer

**ADDRESS: Lakeside Union Elementary School District
Tierra del Sol Middle School
P. O. Box 578
Lakeside, CA 92040**

TELEPHONE: 619-390-2670

Program Description

The Student Organizer System is an organizational tool for students and a home/school communication tool for parents and teachers. S.O.S. requires all students to have a three-ring notebook and to keep weekly assignment calendars. The calendars are signed each week by parents, students, and teachers in an effort to enhance home/school communication. Each student has a set of textbooks that remain at home throughout the year. A companion set remains at school. A published test schedule further enhances parental supervision of study. The test schedule is supported by teachers and assures students and parents of study demands that are predictable and evenly paced.

TITLE: Follow Through Program

NAME OF CONTACT: Jeanne Nava

**ADDRESS: Lindsay Unified School District
519 East Honolulu
Lindsay, CA 93247**

TELEPHONE: 209-562-5111

Program Description

The Follow Through Program invites parents of participating parents to attend an orientation meeting in August. The meeting, which explains the program and support services, is presented in Spanish and English. Teachers

and parents regularly communicate throughout the year regarding the progress of the student. Teachers explain the curriculum to the parents at back-to-school night. Parent conferences are held twice a year. Progress reports are sent home on a regular basis. Teachers call parents to share positive student progress and accomplishments as well as to discuss problems and seek parental assistance. A newsletter in Spanish and English is sent to parents every two months. All communications between the school and home are published in Spanish and English.

TITLE: Parent Involvement Program

NAME OF CONTACT: Charlene Singley

**ADDRESS: Sacramento City Unified School District
J. F. Kennedy High School
6715 Gloria Drive
Sacramento, CA 95831**

TELEPHONE: 916-399-5200

Program Description

The Parent Involvement Program is supported by the Parent/Student/Teacher Association (PTSA) and Parents for Black Student Achievement (PBSA). Both organizations use their respective newsletters to promote two-way communication between parents and the school. Parents are provided information on:

- School Events
- New Personnel
- School and Community Services
- School Policies
- Parenting Tips
- Academic Requirements
- The Importance of Parent Involvement
- Athletic Team Schedules

For better communication between home and school, parents are actively involved as members of various school committees. The parent groups co-sponsor workshops on drugs/gangs; serve as attendance verification volunteers; assist in the distribution of report cards on report card night; participate in the academic decathlon, speech, and debate tournaments; and co-sponsor school fund-raisers and baseball dinners.

TITLE: Quality Education Project

NAME OF CONTACT: Elaine Freedman

**ADDRESS: Sacramento City Unified School District
1619 N Street, Box 56
Sacramento, CA 95814**

TELEPHONE: 916-553-4288

Program Description

The Quality Education Project provides the following services to schools, enabling parents to be informed about their children's progress and their curricular activities. The Project assists participating schools by providing or assisting in the provision of:

- **Folders and binders for sending home on a weekly basis which requires parental signature**
- **Weekly or monthly newsletters from the principal or teachers**
- **Training for parents and teachers in effective conferencing and how to work together to promote student success**
- **Back-to-school sessions that are parent education events and are a vital link for establishing the home/school partnership**
- **An Open House event that provides parents an opportunity to observe the curriculum throughout the school**
- **A home survey to assess parents' perceptions about communications, school programs, and learning strategies or the home**
- **Administrator and teacher training in effective telephoning techniques for use with parents**

TITLE: Hispanic Parent Forum

NAME OF CONTACT: Tony Alfaro or Elva Mora

**ADDRESS: Memorial Academy for International Baccalaureat
Preparation Writing Magnet
San Diego City School District
2850 Logan Avenue
San Diego, CA 92113**

TELEPHONE: 619-525-7400

Program Description

The goal of the **Hispanic Parent Forum** is to prepare parents and teachers to work together to support students. Within this framework, parents voice concerns on educational and community issues. Based on an assessment of parent needs, an on-going series of parent-staff meetings are planned and scheduled. Staff receive training on effective parent/teacher communication and conducting home visits.

TITLE: EDInfo--Parent Telephone Information Service

NAME OF CONTACT: Cecil Munsey

**ADDRESS: San Diego County Office of Education
6401 Linda Vista Road, Room 405
San Diego, CA 92111-7399**

TELEPHONE: 619-292-3808

Program Description

EDInfo--Parent Telephone Information Service is a fully automated, 24-hour telephone information system for parents, students, and community members. Parents and community members, with the aid of a message menu card, can call the system and listen to one of 75 pre-recorded messages in either English or Spanish. Messages are selected by entering the three-digit mail box code. Each message lasts between 3 1/2 to 5 minutes. The messages are grouped under the following headings:

- Home and School Working Together
- Parents as Teachers
- Special Programs
- School Laws

- All About Tests
- College and Career Opportunities
- Drug Information and Alcohol Information
- Emotional and Health Concerns

Persons living in outlying regions can access the system through a 1-800 number. Persons living in the region call the local number, which allows three calls to be processed simultaneously.

TITLE: The Parent Information Center

NAME OF CONTACT: Lucy Olivas

**ADDRESS: San Francisco Unified School District
135 Van Ness Avenue, Room 100
San Francisco, CA 94102**

TELEPHONE: 415-241-6529

Program Description

The Parent Information Center provides a less formal and less threatening alternative setting through which parent/school communications can occur. For discussions of school policies, networking with community agencies, relieving parental frustrations and misconceptions, the Center's resources are often able to eliminate many sources of apprehension and alienation for parents. The service offers immediate intervention to parent concerns. On behalf of the district, the Center provides a message of caring and concern for parents and students.

TITLE: Elementary Day Center Pilot Program

NAME OF CONTACT: Margo McGlone, Principal/Coordinator of Student Services

**ADDRESS: Solano County Office of Education
Court School Program
2460 Clay Bank Road
Fairfield, CA 94533**

TELEPHONE: 707-422-9341

Program Description

The Elementary Day Center Pilot Program provides support services to high-risk children, grades four through six, experiencing behavioral and/or truancy problems.

Students and their parents are provided the support needed to resolve these problems and return to the regular district program. All placements to the program are voluntarily agreed to by the parent. Members of a review team interview the student for appropriateness and explain the program in depth to the parents for their support.

Students are expected to maintain a reasonable level of attendance. Teachers usually make calls to the home and/or parent's place of employment if a student does not appear by 10:00 a.m. Parents are notified daily with a Good Day Card and weekly with a Weekly Progress Report. Parents are encouraged to recognize the day card and to "reward or consequence" the child at home for graded and behavior marks. Specific "rewards and consequences" are previously agreed upon during conferencing.

An informal parent group meets monthly. The objectives of the group are to share information about the handling of antisocial children and to provide mutual support. Parental involvement on a regular, consistent basis is paramount to the student's success.

Type 5: Involve parents, after appropriate training, in instructional and support roles at the school.

TITLE: Parent Volunteer Program

NAME OF CONTACT: Ginger Olauson, Volunteer Coordinator

**ADDRESS: Alta Loma Elementary School District
Victoria Groves School
10950 Emerson
Alta Loma, CA 91701**

TELEPHONE: 714-945-0061

Program Description

The **Parent Volunteer Program** involves parents in many aspects of daily school activities. Parents function in support roles to decision makers. Parents are members of the **School Site Council** and **Self-Study Teams**. Each volunteer is given a packet of information explaining school and district policies, procedures, and expectations. Volunteer inservices are provided to acquaint volunteers with the operation of equipment, location of supplies, and other pertinent factors.

TITLE:: Parent Volunteer Program

NAME OF CONTACT: Joan Lewis

**ADDRESS: Brea-Olinda Unified School District
Olinda Elementary School
109 Lilac Lane
Brea, CA 92621**

TELEPHONE: 714-528-7475

Program Description

The **Parent Volunteer Program** prepares parents for volunteer services by providing training in the following areas:

- Aiding in the Classroom
- Preparing Curriculum Materials for the Classroom
- Library Aide Inservice
- Facilitating Hotline Telephone Trees

The training sessions are provided in two-hour blocks and are conducted by school staff. Chairpersons for the hot line telephone tree receive one hour of training on facilitating the system of contacting every parent within twenty minutes in case of an emergency, i.e. earthquake, fire, earth slides, bus breakdowns and/or other unforeseen events.

TITLE: Christa McAuliffe School Alternative Program

NAME OF CONTACT: Frank Clark

**ADDRESS: Cupertino Union School District
Christa McAuliffe School
12211 Titus Avenue
Saratoga, CA 95070**

TELEPHONE: 408-253-4696

Program Description

The **Christa McAuliffe School Alternative Program** is a cooperative kindergarten through sixth grade alternative program in which parents are required to serve as aides for three hours per week in the classroom. All new families are required to attend Parent-Aide Training Classes to help ensure that the interactions between parents and children are positive, conducive to learning, and consistent with the philosophy of the school.

The basic text used for the classes is STEP: Systemic Training for Effective Parenting. Topics covered are:

- Identification of children's goal of misbehavior

- **Communication skills:**
 - **Encouragement**
 - **Reflective listening**
 - **Exploring alternatives and I-messages**
- **How to approach discipline situations in a democratic and mutually respectful manner.**

Parents are encouraged to use this information in the home.

Classes are two hours in duration and are held for seven consecutive weeks approximately four times a year. These classes are an important part of the school's overall effort to help parents acquire the knowledge and skills needed to become effective aides in the classroom.

Other components of the overall effort include the New Parent Information and Aide Demonstration Night and the monthly classroom meetings held by each teacher in order to share pertinent information with parents.

TITLE: Academic Booster Club

NAME OF CONTACT: Jim Hansen

**ADDRESS: Dublin Joint Unified School District
Dublin High School
8151 Village Parkway
Dublin, CA 94568**

TELEPHONE: 415-828-2847

Program Description

The Academic Booster Club is an organization of parents who meet monthly to coordinate ways to help encourage continued academic progress in the school and district. In addition, the parents staff the library in the evenings to provide students an opportunity to study. These parents also assist in the coordination of the annual honors banquet.

TITLE: B-A-Star Program (Before/After School Tutorial Assistance Resource)

NAME OF CONTACT: Libby Sutton

**ADDRESS: Franklin-McKinley Elementary School District
Kennedy School
1602 Lucretia Avenue
San Jose, CA 95122**

TELEPHONE: 408-286-2530

Program Description

The B-A-Star Program has two tutors serving students before school and seven tutors after school to help with their homework and expose them to enrichment activities in literature. Six of the seven tutors are parents of children who attend the school. Each parent-tutor works with small groups of children. Students in first through second grade receive assistance from 8:00-8:45 a.m. and 1:40-2:10 p.m. Third through sixth grade students receive assistance from 2:10-2:50 p.m.

Parent-tutors serve as positive role models for the students. The program builds positive self-esteem and allows the students to bond with each other, their tutors, and the school. A variety of strategies and techniques are used to meet the individual needs of all participants. Incentives and rewards are offered to encourage students to participate on a regular basis.

B-A-Star's goal is to provide a program that is positive and effective, tailored to meet the needs of every student. By involving parents we can meet the instructional needs of the students and support the curriculum. Students attending the program are helped to realize that each of them can B-A-Star.

TITLE: F.A.M.E. (Fine Arts Mini-Experience)

NAME OF CONTACT: Sue Miller or Stephanie Reitter

**ADDRESS: Livermore Valley Joint Unified School District
685 Las Positas Boulevard
Livermore, CA 94550**

TELEPHONE: 415-443-9100 415-447-8808

Program Description

F.A.M.E. is a fine arts mini-experience parent-conducted program. Using the design of the base lesson, parents plan and implement the program. They conduct research on art and music and use their musical, artistic, and dramatic skills to enrich their presentation. All materials are prepared and ordered by parents. This program ties drama, art history, and performing arts together. Students receive information about the artist, the painting, and its composition, topical music, and relevance to that time period. Students engage in an art project related to the era. Parents interact with students and teachers and respond to their evaluation of the project.

TITLE: TEAM 3 Volunteer Parent Education

NAME OF CONTACT: Shirley Veale

**ADDRESS: Nevada County Office of Education
TEAM 3
11745 Maltman Drive
Grass Valley, CA 95945**

TELEPHONE: 916-272-7222

Program Description

The **TEAM 3 Volunteer/Parent Education Program** trains parents/volunteers to facilitate the Stanford DECIDE Alcohol and other drug prevention/education curriculum in classrooms (K-12). The training enables the facilitator to develop the necessary skills to create a positive group environment and maximize learning.

Through teaching communication skills, group process techniques, and self-esteem enhancing activities and by promoting responsible decision making and encouraging positive peer interaction among the students along with accurate facts and information on alcohol and other drugs, the facilitator implements the curriculum. The goal is to create a climate where students feel accepted and supported by their peers and adults in the classroom. The course is designed for presentation over 15 weeks.

TITLE: Environmental Field Study Program

NAME OF CONTACT: Greg Schuett, Manager

**ADDRESS: Orange County Department of Education
200 Kalmus Drive
Costa Mesa, CA 92628-9050**

TELEPHONE: 714-966-4377

Program Description

The Environmental Field Study Program involves parents in support roles in the Environmental Field Study Program. The PTA raises a percentage of the funds necessary for the students to participate in this science program. As group leaders, parents have the major responsibility for group activities in addition to the following:

- **Meet with classroom teachers for instruction prior to trips.**
- **Supervise students on bus.**
- **Assume leadership for student group.**
- **Guide group to the teaching stations.**
- **Discipline students when appropriate.**
- **Model appropriate behavior.**

A staff of naturalists provide the on-site instruction for the field studies. Among the field trips taken by the fifth and sixth grade students is a forest visitation which places emphasis on the study of plants, animals, insects, and ecology of the chaparral and riparian ecosystems. At the Marine Institute, students study the intertidal ecosystem, geology, local history, and marine mammals. Fourth and fifth grade students participate in learning stations that emphasize birds, plants, Indians, and estuary ecology. Kindergarten through third grade students participate in a one-hour class of hands-on activity lessons covering the following topics:

- **Mammals-Kindergarten**
- **Reptiles-First Grade**
- **Birds-Second Grade**
- **Insects-Third Grade**

TITLE: Parent Educator Program

NAME OF CONTACT: Dan Moirao

**ADDRESS: Pittsburg Unified School District
2000 Railroad Avenue
Pittsburg, CA 94565**

TELEPHONE: 415-432-4705

Program Description

The Parent Educator Program recruits and trains parents to implement the district drug education program *Here's Looking at You 2000*. Parents are designated lessons to carry out in the elementary classrooms. Teachers and counselors supplement and enhance these lessons with additional instruction and group processing.

TITLE: CLIP (Cooperative Learning Implementation Project)

NAME OF CONTACT: Carole Cooper, Director of Staff and Organizational Development

**ADDRESS: Redwood City Elementary School District
Hoover School
Professional Development Center
701 Charter Street
Redwood City, CA 94065**

TELEPHONE: 415-364-8594

Program Description

The CLIP Program is a comprehensive on-site staff development program designed to assist schools become collaborative communities of learners for administrators, teachers, parents, and students. The program assists schools to restructure classrooms, school environments, and governance structures to become more collaborative. As a part of the program, parents are trained to serve as volunteers in cooperative learning classrooms.

TITLE: Nogales Boosters' Club

NAME OF CONTACT: Ronald M. Tyler, Principal

**ADDRESS: Rowland Unified School District
Nogales High School
401 South Nogales Street
La Puente, CA 91744**

TELEPHONE: 818-965-3437

Program Description

The Nogales Boosters' Club links parents and members of the community to the school to support student athletes, engendering citizenship, sportsmanship, and a sense of fair play. Parents actively support the activities of their specific organization. Examples of parental support include:

- **Making setups for the band and auxiliary units**
- **Transporting equipment to competition areas**
- **Assisting in the production and distribution of programs**
- **Moving yard markers**
- **Serving as announcers at athletic events**
- **Conducting and participating in swap meets**

To organize and conduct this program, parents, students and staff members work every Saturday and Sunday throughout the year and three days during the Christmas recess. Through the efforts of the club, additional staff, equipment, transportation, pregame meals, banquets, and awards are funded.

TITLE: Quality Education Project

NAME OF CONTACT: Elaine Freedman

**ADDRESS: Sacramento City Unified School District
1619 N Street, Box 56
Sacramento, CA 95814**

TELEPHONE: 916-553-4288

Program Description

The **Quality Education Project** helps participating schools to offer training to parents in the various ways parents can be involved at the school site. Training is offered in how to assist a teacher, how to read to a group of children, how to serve as a library aide, how to coordinate a school service or after-school club, and how to serve as a yard and lunch aide. Parents also receive training in effective strategies that are useful when telephoning other parents.

TITLE: Hands-On Science

NAME OF CONTACT: Dennis Doyle

**ADDRESS: Torrey Pines Elementary School
San Diego City Unified School District**

TELEPHONE: 619-453-2323

Program Description

The **Hands-On Science** program involves small groups of students in hands-on science activities. The program was developed by parents and is conducted by parent volunteers. On a weekly basis, parent volunteers spend 1.5 hours leading small groups of students in science activities in learning centers constructed by the parents. Topics covered on a rotating six-week basis include space, ecology, and earth science.

TITLE: HOPE Infant Program

NAME OF CONTACT: Virginia McDonald

**ADDRESS: San Diego County Office of Education
6401 Linda Vista Road
San Diego, CA 92111**

TELEPHONE: 619-292-3700

Program Description

The **HOPE Infant Program** provides educational services to infants from birth to three years of age and their families. Program services include home and group instruction and parent education and support. Services are provided by Spanish-speaking and English-speaking staff. The goals and philosophy of the program are devoted to helping parents become their child's most influential teacher. The program enables parents to enhance their parenting skills, knowledge, and ability to work with their child by:

- Supporting the parental role as teacher through modeling, training, and other support activities
- Utilizing graduate parents as teaching assistants/ parent facilitators who address parent education and provide family support services and staff training

TITLE: Roots and Wings

NAME OF CONTACT: Nancy Kong or Cecilia Espalin-Huffman
Program Coordinator Principal

ADDRESS: San Jose Unified School District
Graystone Elementary School
6982 Shearwater Drive
San Jose, CA 95120

TELEPHONE: 408-998-6317

Program Description

The goal of the **Roots and Wings** program is to develop skills in children that will lead them to make good choices as they grow older. Each classroom has a trained parent facilitator to form a strong bond and a sense of trust with the students and teacher. Each classroom receives a thirty minute lesson every one to two weeks on self-esteem building skills. The parent facilitator tailors the lessons to the needs of the specific class. Self-esteem activities for family participation and educating parents are sent home along with updates from the parent facilitator.

TITLE: After-School Gifted and Talented Program

NAME OF CONTACT: Dianne Braithwaite, Principal

ADDRESS: Sierra Sands Unified School District
Theodore H. Faller Elementary School
1500 W. Upjohn
Ridgecrest, CA 93555

TELEPHONE: 619-375-5081

Program Description

The **After-School Gifted And Talented Program** trains parents and community volunteers to teach six-week enrichment classes to GATE students. A choice of twenty topics is offered as diverse as:

- Flight Navigation
- Computer Programming
- Art
- Dance
- Medicine
- Drama
- Law
- Science

The focus is on making these experiences primarily hands-on and to avoid making them an extension of academic work similar to that done in the classroom. Parent volunteers are primarily recruited at GATE organization meetings conducted by the principal. Community volunteers are referred by parents. A major goal of the program is to acquaint students with the wide spectrum of academic fields and related interests so that they will become excited about learning and begin planning to attend college to enable them to enter careers that will fulfill their potential.

TITLE: Project Self-Esteem

NAME OF CONTACT: Betty Kapheim
ADDRESS: Visalia Unified School District
Willow Glen Elementary School
310 N. Akers Road
Visalia, CA 93291

TELEPHONE: 209-730-7798

Program Description

Project Self-Esteem is a program designed to help children attain skills which enhance their feelings of self-worth. The program is offered as part of the kindergarten through sixth grade curriculum and provides children with coping skills and esteem-building experiences. Lessons are taught by volunteer parents and teachers over a twelve-week period. Students discuss and participate in role-playing exercises on feelings, goal setting, and other topics. They learn concrete techniques to help them positively face various life situations. Topics in the curriculum include:

- Friendship
- Gratitudes and Attitudes
- Tattling and Cheating
- Stealing
- Compliments
- Rumors
- Communication Skills
- Teasing

- Assertiveness
- Introduction to Middle school
- Drug Abuse
- Making Choices

Parental permission is required for student participation in the program. Family togetherness is stressed in this program which begins with a family breakfast. The school staff prepares and serves the breakfast. Entertainment is provided by the school.

TITLE: Parent Club

NAME OF CONTACT: Adina Janzen

**ADDRESS: Fresno Unified School District
Webster Elementary School
930 N. Augusta
Fresno, CA 93701**

TELEPHONE: 441-441-3167

Program Description

The **Parent Club**, in conjunction with the **School Site Council (SSC)**, sponsors parenting skills classes, fund raisers, parent/school awareness activities, and special events for students. The **SSC** dovetails these efforts by providing parents with information and in-service according to indicated need and soliciting parental input for program and fiscal concerns.

Type 6: Support parents as decision makers and develop their leadership, governance, advisory, and advocacy roles.

TITLE: Carver Guidance Committee

NAME OF CONTACT: Gary Christensen or Sheryl Oliver

**ADDRESS: Fresno Unified School District
Carver Elementary School
2463 Martin Luther King Boulevard
Fresno, CA 93706**

TELEPHONE: 209-441-3058

Program Description

The **Carver Guidance Committee** is composed of parents, teachers, a counselor, and principal. The committee is chaired by a parent and has parent officers and parent leadership. Parents are involved in all committee decisions. They plan and approve all monthly and/or annually scheduled events. Parents conduct community surveys and generate parental and community support. They speak on behalf of the parents and the school community.

TITLE: Parent Club

NAME OF CONTACT: Laurie Inman or Mary Bradley

**ADDRESS: Long Beach Unified School District
Lafayette Elementary School
Health and Human Services Department
2445 Chestnut Avenue
Long Beach, CA 90303**

TELEPHONE: 213-426-7075 or 213-595-7022

Program Description

The Parent Club trains parents on the role of school site council members. With the assistance of the California Institute for School Improvement, workshops are conducted for parent members to provide training and information for members and interested parents.

TITLE: Special Education Community Advisory Committee

NAME OF CONTACT: Gina Landers or Susan Vo

**ADDRESS: Office of Merced County Schools
632 West 13th Street
Merced, CA 95340**

TELEPHONE: 209-385-8392

Program Description

The Special Education Community Advisory Committee, representing all districts in the county, develops and meets goals in the following areas:

- **Community awareness**
- **Parent support**
- **Parent and student advocacy**
- **Parent education**
- **Legislative involvement**

Activities include: an annual planning retreat; a countywide awareness week; training for parents and staff on topics such as collaborations with school staff; medical issues; legal rights; educational services; parent support groups; advocacy for individual parents and students; and visits to legislators.

TITLE: School Community Program Council

**NAME OF CONTACT: Ruth Ann McKenna, Associate Superintendent
Instruction Department**

**ADDRESS: New Haven Unified School District
34200 Alvarado Niles Boulevard
Union City, CA 94587**

TELEPHONE: 415-471-1100

Program Description

The **School Community Program Council** is a group which represents all school site councils in the district, the adult school, community service agencies, and the state university. The council serves as a communication link between the superintendent, board of education, and the site councils. At their two monthly meetings, they review and recommend proposed program improvements and participate in an open forum to obtain information on district operations. The concerns range from coverage at bus stops to the quality of food served in the cafeteria to the philosophy of the reading program.

One meeting per month also includes informing school site councils about School Community Program Council-sponsored events and to plan the schedule of training programs. The second monthly meeting occurs at a site-based, hosted event that includes a display of student work, describes the instructional program, and provides an opportunity for an informal social gathering of parents, staff, and members of the board of education.

TITLE: Board/School Site Council Interaction

NAME OF CONTACT: Ruth Woolf

**ADDRESS: Redwood City Elementary School District
815 Allerton Street
Redwood City, CA 94063**

TELEPHONE: 415-365-1550

Program Description

The **Board/School Site Council Interaction** is composed of relevant school site governance bodies of teachers, parents, principals, and other support personnel working together in a concerted effort to improve school programs. These governance teams are responsible to their boards of trustees for meeting their educational goals and objectives in a manner that best serves the student and parent population of the particular school community. The work of the school site councils, in improving education, revolves around strong value systems and educational guidelines formulated by the boards of education.

TITLE: Quality Education Project

NAME OF CONTACT: Elaine Freedman

**ADDRESS: Sacramento City Unified School District
1619 N Street, Box 56
Sacramento, CA 95814**

TELEPHONE: 916-553-4288

Program Description

The **Quality Education Project Parent Advisory Committee** is composed of one representative from each project school. The committee meets to discuss concerns and make suggestions and recommendations on all phases of program operation. Representatives serve at two levels. They act as program liaisons to their respective school site council and receive input from, confer with, and advise their school site coordinator. Area superintendents, principals, and site coordinators receive minutes of advisory group meetings and make suggestions for program improvements and concerns.

TITLE: Hispanic Parent Forum

NAME OF CONTACT: Tony Alfaro or Elva Mora

**ADDRESS: Memorial Academy for International Baccalaureate
Preparation Writing Magnet
San Diego City Unified School District
2850 Logan Avenue
San Diego, CA 92113**

TELEPHONE: 619-525-7400

Program Description

The **Hispanic Parent Forum** encourages Hispanic parents to be involved in their children's education and to develop leadership roles. Within this framework, parents voice concerns on educational and community issues. Based on an assessment of parent needs, an on-going series of parent-staff meetings are planned and scheduled.

TITLE: CARES (Community Association Recognizing and Enhancing Schools)

NAME OF CONTACT: Bill Levinson

**ADDRESS: Sonoma Valley Unified School District
721 West Napa Street
Sonoma, CA 95476**

TELEPHONE: 707-935-6003

Program Description

The **CARES** program is a districtwide organization of parents, teachers, trustees, and administrators from eight different school facilities in several distinct neighborhoods. CARES meets monthly during the school year and is committed to:

- **Building broad-based community support for public education**
- **Developing a strong communication network between the school and the community it serves**
- **Promoting the harmonious interaction of district schools, parents and the community elements to foster local educational excellence**

CARES has been an active and telling force in local educational support. Its activities include sponsorship of :

- **Tax rebate campaign which netted \$20,000 for district/school programs**
- **Public forum with area legislators**
- **Forum for the introduction of ideas/activities for site determination and support**
- **Fundraisers**

- **Districtwide parent leadership conference**
- **Monthly "What's Happening in the Schools?" section in the local newspaper**
- **District trustee election candidate's night**
- **Districtwide facilities newsletter**
- **"Phone friend program" for district students**

Other Parent Involvement Program Resources

TITLE: CICC's (Center for the Improvement of Child Caring)
National Parent Training Program

NAME OF CONTACT: Kerby T. Alvy, Director

ADDRESS: Center for the Improvement of Child Caring
11331 Ventura Boulevard, Suite 103
Studio City, CA 91604

TELEPHONE: 818-980-0903

Program Description

The **Center for the Improvement of Child Caring** is dedicated to helping America's children and families by developing, testing, and disseminating model parent training programs. This work has been supported by the federal government agencies of the National Institute of Mental Health, the National Institute on Drug Abuse, the Office of Juvenile Justice and Delinquency Prevention, and the Office for Substance Abuse Prevention. CCC's National Parent Training Program consists of:

- **Showcase Conferences** on a variety of contemporary parent training programs to enable communities to choose programs appropriate for their families and stimulate communitywide planning for parent involvement
- **Parenting Instructor Training Workshops** that provide training and certification to deliver specific training programs which include the following topics:
 - **Youth Preparation for Parenthood Programs**
 - **Developmentally related programs: First-Time Parents; Parents of Infants; Parents of Adolescents; Teenage Parents; Stepparents; and Single Parents**

- **Clinically Related Programs: Physically and Emotionally Abusive Parents; Substance Abusing Parents; Parents of Emotionally or Behaviorally Disturbed Children; Parents of Physically Disabled Children**
- **Ethnic minority programs that are designed to address the unique cultural history and traditions of various ethnic minority groups and teach parenting skills in a culturally appropriate manner**
 - **Effective Black Parenting**
 - **Los Niños Bien Educados**
- **Substance Abuse Prevention Programs developed on the basis of factors indicated which put children at high risk for becoming substance abusers (and delinquents) and aimed at preventing substance abuse by reducing risk**
- **General Parenting Skill-Building Programs and topic-centered programs designed for parents-in-general and appropriate for a wide range of parent and child populations. Included are such programs as:**
 - **Gordon's Parent Effectiveness Training**
 - **Dinkmeyer and McKay's Systematic Training for Effective Parenting**
 - **Popkin's Active Parenting**
- **Regional Dissemination Models to provide communities with a system of informing parent consumers information on the wide array of parenting programs available**
- **Technical Assistance provided to establish such programs as Parenting Information Services and implement, market, maintain, fund, and evaluate all parent training programs**

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TITLE: Family Math Program

NAME OF CONTACT: Virginia Thompson

**ADDRESS: Family Math
Lawrence Hall of Science
University of California
Berkeley, CA 94720**

TELEPHONE: 415-642-1823

FAX: 415-642-1823

Program Description

The Family Math Program began as a response to black mothers in a low-income neighborhood in Richmond, California. It was designed to permit parents and their children to attend courses together and learn math through activities that can be repeated at home. These courses teach the relationship between mathematics, the natural world, and work life. Parents learn that perseverance in math is vital to all children's school preparation for higher education and for most rewarding careers. The usefulness of mathematics in problem solving is emphasized.

The program goals are to:

- **Provide parents with activities to help their children with mathematics at home.**
- **Provide parents with information on the importance of mathematics in future schooling and work.**
- **Inform families of the equity issues related to mathematics.**
- **Inform parents that mathematics is important for all students.**
- **Build awareness that mathematics consists of more than arithmetic and rote computations.**
- **Develop problem-solving skills and the ability to talk about mathematics.**
- **Build positive attitudes toward mathematics.**
- **Help parents feel that they can and do make a difference in their children's mathematics education.**
- **Provide an opportunity for all members of the family to enjoy mathematics.**

Family Math courses are taught by a teacher, parent, or community worker in a school, church, or home. These courses give parents, together with their children, opportunities to develop their problem-solving skills and to understand mathematical concepts in areas that reinforce and supplement the school mathematics curriculum. Classes provide a setting for families to enjoy doing mathematics together. Families have the opportunity to meet community persons working in math-based fields and learn about the importance of mathematics to future education and work.

Classes are taught with hands-on materials. Household objects like beans, blocks, string, pennies, playing cards and toothpicks to help children and adults understand numbers, shapes, quantities, space, pattern, and relationships. The environment is arranged and scheduled for serious, nonstressful efforts by parents and their children. Parents are taught activities that they can use at home to reinforce the concepts and are interesting enough to use repeatedly without falling into a drill-and-practice mode.

In-service workshops are presented for kindergarten through twelfth grade teachers addressing the issue: How can we encourage all students to continue with mathematics when it becomes optional? And, in particular, how to reach and encourage those students who are traditionally the first to drop out--African and Native American students and females of all races. The program gives teachers the opportunity to work as a team and stimulates their interest in improving the math curriculum to prepare all students for high school mathematics and science.

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TITLE: Family Wellness

NAME OF CONTACT: Virginia Morgan Scott
George T. Doub

ADDRESS: Family Wellness Associates
Post Office Box 3303
San Jose, CA 95156

TELEPHONE: 408-426-5588

Program Description

Family Wellness is a family enrichment program. *Survival Skills for Healthy Families* is the 12-hour Family Wellness basic course in which patterns found repeatedly in well-functioning families are taught to enrolled parents, children, grandparents, and couples. Each session is organized around *survival rules* which are taught, demonstrated, and then practiced with groups of families in six two-hour sessions:

- **Parents in Healthy Families**
- **Children in Healthy Families**
- **Couples in Healthy Families**
- **As Children Grow: Change in Healthy Families**
- **Solving Families**
- **Sex, Drugs, and You: Preparing Your Child for the World**

The Family Wellness Program can be used with families from all walks of life and many cultures. It is one of a growing number of family enrichment programs being provided by communities for their families. Family Wellness Programs are being successfully conducted by schools, churches, hospitals, industries, day care centers, mental health professionals, and businesses.

TITLE: Parents On Your Side

**NAME OF CONTACT: Lee Canter and Associates
1553 Euclid Street
Santa Monica, CA 90404**

ADDRESS:

TELEPHONE: 1-800-262-4347 or 213-395-3221 FAX 213-394-6017

Program Description

Parents On Your Side provides parent involvement workshops for educators featuring skills to gain parental support for academic, disciplinary, and homework programs. The training program gives teachers the skills and confidence to build positive, cooperative, and mutually beneficial relationships with all parents, including the hard-to-reach parents.

Participants will learn three important skills that will help build positive parent relationships that get parents on their side all year long.

TITLE: PEP Campaign

NAME OF CONTACT: Nancy Jenkins

**ADDRESS: California State PTA
930 Georgia Street
Los Angeles, CA 90015**

TELEPHONE: 213-620-1100

Program Description

The **Pep Campaign (Parents Empowering Parents)** focuses on the power of the parent-teacher organizations to empower parents. Phase I of the campaign is research and production of a loose-leaf manual for PTAs to use in providing parent education and involvement activities for parents. Phase II is a trainer of trainers program that trains leaders at the district and council levels in the use of the PEP manual. These leaders assist and support local PTA units in their planning and implementation of parent education activities. During Phase II, the State PTA is expanding services to include parent education programs via the Educational Telecommunications Network.

The PEP manual contains sections which include rational, reproducible materials and suggestions for PTA action on the following subjects:

- The Parent-Child Connection
- The Parent-Teen Relationship
- Parents and Sex Education
- Parent-School Partnerships
- Parent-School Communication
- Parent-School Conferences
- Parents and Homework
- Helping With Language Arts
- Helping With Math

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TITLE: Project AHEAD

NAME OF CONTACT: Genethia Hayes

**ADDRESS: Project AHEAD
4182 S. Western Avenue
Los Angeles, CA 90062**

TELEPHONE: 213-295-8582

Program Description

Project AHEAD (Accelerating Home Education and Development) is an educational program which recognizes the role of the parent as one of the most fundamental and critical factors in determining the academic achievement of children. The purpose of this program is to build strong partnerships between parents and schools in communities where children's academic achievement has fallen below national and districtwide educational norms. Parents are given assistance in developing home life-styles that support and promote their children's educational development.

The prevailing philosophy behind the program is that parents have a right and responsibility to play a major role in the full educational development of their children. The program also operates on the principle that the public education system should be augmented by parental involvement to fulfill its mandate to offer equitable educational opportunities to all children. Therefore, parents must assume their rightful role in planning, assessing, and adding their resources to the educational process.

Services provided by the program include:

- **Recruitment:** Teachers distribute program information to families at the beginning of the school year. When parents return the consent form, the family consultant makes follow-up home visits to complete the enrollment process. Family consultants also recruit in the community and parent meetings. The consent forms are printed in Spanish and English.
- **Home Visits:** Trained family consultants visit the home of each family enrolled in the program. Consultants work with families to develop parenting skills, to bring about the participation of parents in school, to provide a flow of educational information to parents, and to build upon the parent's role as first teacher of the child. They also teach parents how to make their home a learning environment.
- **Appetizer:** Each month, the program distributes an educational tool called an "Appetizer." It is the primary material used by the family consultant in the home visit. Twice a year the Appetizer gives a list of skills appropriate for each grade level as stated in the district's curriculum. Each Appetizer details everyday activities for the family that enhance the mastery of skills introduced during classroom instruction. Appetizers are attractively illustrated and simply written to encourage their use.
- **Literature for Parents:** Parents are provided with a variety of materials which include pamphlets detailing school activities, a parent progress report highlighting the strengths and weaknesses of parental participation during the school year, and a community resource booklet. Literature on nonviolent parenting, nutrition, reading development, and other materials are also distributed.

Special events are held by the program to acknowledge the work of parents to improve their children's academic achievement throughout the year. The *Mid-Year Skills Event* gives parents an opportunity to evaluate their children's academic progress. It also provides an opportunity for parents and teachers to discuss their mid-year planning. At each school, a program is conducted during which the children and parents demonstrate the various skills developed during the year.

The End-of-Summer Read-off rewards families who used the summer months to promote reading in the home. Awards are presented to parents and children for books read. Recognition is also given for gains made by children and parents in spelling and vocabulary.

TITLE: Project Self-Esteem

NAME OF CONTACT: Peggy Bielen

ADDRESS: Project Self-Esteem
Enhancing Education
P. O. Box 16001
Newport Beach, CA 92659

TELEPHONE: 714-756-2226

Program Description

Project Self-Esteem is a program for grades kindergarten through six. It is designed to be taught in the classroom by a team of parents. The program is practical, easy to understand, and easy to implement.

Lesson topics include:

- Realizing Your Uniqueness
- Stealing and Teasing
- Stress Reduction
- Person and Action are
- Tattling and Cheating
- Preparation for Junior High
- Communication Skills
- Peers and Conformity
- Alcohol and Drug Abuse
- Remembering to be Kind to Each Other
- Compliments
- Attitudes
- Rumors
- Learning Handicaps
- Listening
- Learning
- Social Skills
- Goal Setting
- Assertive Training
- Friendship

There are five separate programs: a program for kindergarten and the first, second and third, fourth, fifth, and sixth grades. Kindergarten and first grades have five 25-minute lesson that should be taught on a weekly basis. The second and third grades have twelve 40-minute lessons that should be taught every other week. Grades four and five have 11 forty-minute lessons that should be taught every other week. Grade six has nine 40-minute lessons that should be taught every other week.

The most effective means of reinforcement is school and home working together. For home reinforcement, a supplementary Parent Program is provided which give parents a vehicle to incorporate their own personal experience and values into the overall philosophy.

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TITLE: Quality Education Project

NAME OF CONTACT: Peg Rybicki

**ADDRESS: Quality Education Project
2110 Scott Street
San Francisco, CA 94115
415-921-8673**

Program Description

The Quality Education Project (QEP) engages parents and educators in partnerships to improve home-school communication and increase school success. Key elements of the program include:

- **A Parent Pledge to clarify ways parents can offer support at home**
- **Weekly Folders to send samples of student work home on the same day every week and facilitate communication between parents and teachers**
- **Parent Education Seminars to teach parents how the schools operate and how they can help their children succeed in school**
- **Staff Development Activities to assist teachers and administrators in communicating with parents and developing home-based support for every child through newsletters, telephone calls, parent-teacher conferences, and school events**

- **Focus on Reading** to encourage families to share daily reading activities in the home
- **Community Outreach Program** to engage leaders from business, religious, medical, and service organizations religious, medical, and service organizations in activities which support the schools
- **Secondary-Level Parent Involvement** to assist in meeting the targeted needs of middle school, junior high and senior high school students, and their families, a Secondary Resource Manual with Training Modules is available. The goals at this level are to:

Develop effective home-school partnerships which support the academic success of secondary students.

Reduce the dropout rate of participating secondary students set high expectations for all students, support high school completion, and encourage college enrollment.

After a comprehensive assessment has been completed, a QEP program is tailored to fit the strengths and needs of the school district and community. Implementation is supervised by an on-site field coordinator qualified by years of successful experience as a school administrator with parent involvement expertise in schools similar to those assisted by the project.

QEP is unique in its flexibility to tailor the program to fit the needs of the culturally and economically diverse communities it serves and to engage the schools in partnerships with existing local resources. It is a meaningful system, practical in its methodologies and focused on realistic objectives consistent with what is needed. The project has identified seven key objectives:

- To get parents actively involved in the support of their children's education
- To institute systems which keep parents informed about their children's progress and curricular activities
- To train school administrators to implement parent involvement strategies
- To train teachers to generate parent at-home support that will reinforce classroom instruction
- To train parents to support their individual child's education at home and at school
- To promote reading as a family activity

- To involve the business, medical, and religious communities in support of local schools

The project promotes involvement through a systematic process of realistic and skillful management that values people. It does not interfere with the school's educational program--it strengthens it. It is a clear concept, a do-able strategy, hands-on professional training and innovative support materials combine to create academic success.

TITLE: Systematic Training for Effective Parenting Classes

NAME OF CONTACT: Sally Thieftoldt

**ADDRESS: Family Counseling Center/Operation Breakthrough
P. O. Box 6245
Big Bear Lake, CA 92315**

TELEPHONE: 714-866-5721

Program Description

Systematic Training for Effective Parenting Classes teaches parents communication skills, self-esteem building techniques, and strategies to motivate their children to do well in school and to take responsibility for themselves. Classes are offered a minimum of three times per year in a series of ten sessions each.

TITLE: Baby and Me

NAME OF CONTACT: Dorothea Cudaback

**ADDRESS: U.C. Cooperative Extension Human Relations Specialist
College of Natural Resources
Room 101, Gianinni Hall
University of California
Berkeley, CA 94720**

TELEPHONE: 415-642-2608

Program Description

Baby and Me is a school-based teen parenting program. The program provides teen parents and teaching staff with up-to-date, research-based information on parenting and nutrition issues. The program is designed to address the information needs of parents by:

- Helping parents learn more about normal infant development and developmental needs
- Enhancing parents awareness of, and confidence in, their ability to affect crucially their children's physical, intellectual, social, and emotional development
- Increasing parents desire and ability to observe and identify their children's developmental progress
- Helping parents respond to their children's development cues in ways that promote growth
- Helping parents increase their understanding of the nutritional needs of their children and establish positive feeding relationships

The core of the program is a teaching/recording booklet given to each mother which gives age-keyed nutrition and parenting suggestions, provides a place to record each 0 to twelve-month old child's developmental progress, and suggests parenting practices which promote development at each age level.

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TITLE: Kindergarten Prep Program

Program Description

Kindergarten Prep is a program developed to help parents of four year olds play with their children in ways that promote their development and their social and intellectual readiness for kindergarten. The program also helps parents become willing and effective partners with school personnel in promoting their children's educational achievement. While the program was specifically designed for parents needing extra help preparing their children for kindergarten success, it is appropriate for all parents of pre-kindergarten children.

Program goals are to help parents learn:

- About kindergarten and the skills and knowledge their children need to help them get off to a good start

- To make simple toys or games they can play with their children to promote learning needed for kindergarten
- How to play with and guide their children in ways that encourage self-confidence, creativity, and learning

The program consists of six weekly workshops of approximately two hours each and two monthly follow-up sessions. Programs are led by trained volunteers, paraprofessionals, or professionals.

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California Department of Education Resources

Branch: Curriculum and Instructional Leadership
Division: Career-Vocational Education
Unit: Consumer-Home Economics Education
Contact: Janice DeBenedetti, Administrator I
Telephone: 916-445-5078

Description of Services

The unit supports parental involvement through the following activities:

- Offers training to teen parents in the areas of nutrition, parenting, child growth and development, personal resource management, and employment skills
- Involves representatives from business, industry, education, and the community in Home Economics program advisory committee

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Division: Categorical Support Programs
Unit: American Indian Education
Contact: Joan Ainslie, Consultant
Telephone: 916-323-5191

Description of Services

The American Indian Education Unit focuses on providing professional and technical assistance to school districts in meeting the needs of American Indian communities. The staff of the unit provides:

- Assistance to teachers in establishing Indian Education Center programs for improving the academic achievement and self-concept of American Indian Students. Center activities include tutoring; counseling for children and adults; and support services, such as health, library, and recreation

- **Parent involvement training to teachers, administrators, paraprofessionals, and others who serve American Indian students**
- **Training to American Indian parents in Home/School Partnership Training Program activities**
- **Assistance and training to school districts in establishing districtwide American Indian advisory committees and American Indian parent advisory groups**

California Department of Education resource: The American Indian: Yesterday, Today, and Tomorrow (1991).

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Note: Unless stated otherwise, all publications referred to in this section are available at cost from the California Department of Education, Bureau of Publications, Sales Unit, P.O. Box 271, Sacramento, CA 95802-0271.

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Division: Categorical Support Programs
Unit: Bilingual Education
Contact: Gilberto Lopez, Consultant
Telephone: 916-445-2872

Description of Services

To improve the ability of language minority parents and educators to establish and implement effective home/school relationships, the Unit works in cooperation with Multiservice Regional Centers to sponsor workshops for parents and educators. Through the Annual ESEA Title VII Management Institute, the unit staff offers training to district staff on issues relating to parent involvement.

Technical assistance is provided upon request to school districts in designing parent components of their bilingual education programs.

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Division: Curriculum, Instruction, and Assessment
 Unit: **Healthy Kids, Healthy California**
 Contact: Judy Anderson, Consultant
 Telephone: 916-327-7782

Description of Services

The Healthy Kids, Healthy California Initiative Unit disseminates information and provides technical assistance to other state agencies, county offices, and local school districts regarding successful tobacco, alcohol, drugs, and AIDS prevention strategies, programs, and approaches. In cooperation with Health Kids Regional Centers, training is offered to community and school personnel regarding program planning and implementation.

Not Schools Alone: Guidelines for Schools and Communities to prevent the Use of Tobacco, Alcohol, and Other Drugs Among Children and Youth (1990).

Division: Curriculum, Instruction, and Assessment
 Unit: **Language Arts/Foreign Language**
 Contact: Diane Levin, Consultant
 Telephone: 916-322-4256

Description of Services

The Language Arts and Foreign Languages Unit provides video technical assistance and information to school districts and community-based organizations on how educators and parents can work together to help students become successful in integrated language arts. The unit sponsors conferences and in-service training activities on techniques designed to support children's learning.

California Department of Education resources: The Changing Language Arts Curriculum: A Booklet for Parents (1990) (English and Spanish Editions)

Division: Curriculum, Instruction, and Assessment

Unit: History-Social Science

Contact: Ira Clark, Consultant

Telephone: 916-323-0959

Description of Services

The History-Social Science Unit provides training on the History-Social Science Framework to parents participating in Chapter 1-sponsored History-Social Science activities; e.g., Senate Youth Program, History Day, Geography Bee, Voter Education and Registration.

California Department of Education resources:

The Changing History-Social Science Curriculum: A Booklet for Parents (1990)

History-Social Science Framework for California Public Schools, Kindergarten Through Grade Twelve (1988).

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Division: Instructional Support Services
Unit: Special Programs
Contact: Rose Tally-Holloway, Consultant
Telephone: 916-445-8152

Description of Services

The University and College Opportunities (UCO) Program allows existing local and categorical funds to be used for programs that improve the college preparation of underrepresented students. UCO program staff provides technical assistance for program development in school districts and parent involvement in UCO Programs.

California Department of Education resources:

College Core Curriculum: University and College Opportunities Program (1983).

University and College Opportunities Handbook (1984)

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Division: Instructional Support Services
Unit: Middle Grades Support Services
Contact: Thaddeus Dumas, Manager
Telephone: 916-324-7730

Description of Services

The Unit provides workshops and conferences to help California Regional Networks of Foundation and Partnership Schools implement parent involvement in middle schools.

California Department of Education resources:

Your Middle Grade Child (A no-cost pamphlet for parents available from the Middle Grades Support Services Unit).

Caught in the Middle: Educational Reform for Young Adolescents in California Public Schools (1987).

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Division: Migrant/Amnesty Education
Unit: Migrant Education
Contact: Elena Vasquez, Administrator I
Telephone: 916-324-1557

Description of Services

Through Home-School Partnership Training, the Unit focuses on helping parents help their children succeed in school. Training is offered to teachers and parents to increase parental involvement and to build communication between parents and schools.

A California Department of Education Migrant Parent Conference is held annually to assist parents in making decisions about educational opportunities and challenges facing children.

The Unit supports the Literatura Infantil project, which is designed to help limited-English-proficient children become young authors. Parents are involved by assisting their children at home through interaction and discussion of literature.

The Unit works in cooperation with the California State Parent Advisory Council to promote programs for migrant children and adults in California.

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Branch: Field Services
Division: Child Development
Unit: Field Services
Contact: Gaspar Garcia, Consultant
Telephone: 916-323-1309

Description of Services

Child Development programs benefit children and parents through required parent involvement activities:

- Conferences offer training opportunities for parent leaders to enhance district/school parenting and community involvement.

- Workshops are presented upon request to school districts.
- Technical assistance on parent/community involvement is provided by the Unit staff.

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Branch: Specialized Programs
Division: Special Education
Unit: Personnel Resources/Information Dissemination
Contact: Fred Balcom, Consultant

Description of Services

The Unit supports parental involvement through the following activities:

- Monitors and supports training and professional development for parents and educators through a series of training modules designed to promote parent-professional collaboration to ensure education for all students with disabilities.
- Sponsors a yearly parent-professional collaboration conference.
- Funds the Special Education Community Advisory Committee Network of California.

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Division: Youth, Adult, and Alternative Educational Services
Unit: Adult Education and Job Training
Contact: Susan Yamate, Consultant
Telephone: 916-323-9502

Description of Service

This Unit provides programmatic support to over 231 school districts operating programs for adults in 10 authorized areas, including parent education. The Unit also monitors federally funded adult education and homeless programs and has cooperative relationships with the Department of Corrections and the Department of Developmental Services. Organizations and programs that provide adult basic education may receive information upon request.

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Division: Youth, Adult, and Alternative Educational Services
Unit: Educational Options
Contact: Ronda Simpson-Brown, Consultant
Telephone: 916-327-2161

Description of Services

Through the Teenage Pregnancy and Parenting Program component, the Unit provides technical assistance and information on issues surrounding teen pregnancy and teen parents to state agencies, local education agencies, community-based organizations, and individuals from the community.

California Department of Education resources:

School-Based Programs Serving Pregnant/Parenting Teens: Guidelines for Implementing a Quality Program. Complimentary copy available from California Department of Education, Educational Options Unit, 560 J Street, Room 290, Sacramento, CA 95814.

Guide to California State Resources for School-Based Pregnant and Parenting Teen Programs.

and

Teen Pregnancy: A Blueprint for Comprehensive California School-Based • Pregnancy Prevention Programs • Programs for Pregnant and Parenting Students. Available at cost from Employment Training Network, 560 J Street, Room 385, Sacramento, CA 95814.

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Division: Youth, Adult, and Alternative Educational Services
Unit: School Interventions
Contact: Janet McCormick, Consultant
Telephone: 916-324-9073

Description of Service

The Unit supports parent involvement through the following activities:

- Provides information and technical assistance to schools and districts on California model programs dealing with at-risk youth and dropout prevention and recovery.
- Funds minigrants under SB 65 (up to \$2,000) to schools with programs that can document significant gains in the area of dropout prevention and retentions, such as parent education/parent involvement projects.
- Through the California Local Education Reform Network (C-Lern), assists school staffs and parents to improve educational programs for children.
- Sponsors the C-Lern/SB 65 Summer Institutes and regional conferences for Site-Leadership Teams on curriculum and instruction, parent involvement, and other critical topics.
- Provides information and technical assistance on SB 8 (Watson)-Early Intervention for School Success Programs (EISS). This preventative program focuses on kindergarten students and includes staff development for teachers and parents.

Division: Youth, Adult, and Alternative Educational Services

Unit: Parenting and Community Education

Contact: Vivian C. Burton, Coordinator

Telephone: 916-323-0548

Description of Services

The mission of the Parenting and Community Education Office is to provide state leadership and support to districts, schools, and county offices in developing comprehensive, continuing programs of parent and community involvement. The PCEO coordinates and facilitates the implementation of the State Board of Education Parent Involvement Initiative and state and federal legislation that promotes the involvement of families with schools by:

- **Providing technical assistance in the development of district policies on parent involvement.**
- **Identifying promising programs and practices related to parent involvement.**
- **Providing school districts and schools with technical assistance and support to develop effective parent involvement by:**
 - **Disseminating information and research on parent involvement and effective practices.**
 - **Developing in-service education programs on parent involvement for teachers and administrators.**
 - **Working with colleges and universities that train teachers and administrators to develop effective preservice programs in school and family connections.**
 - **Providing technical and resource assistance in designing programs that involve the use of older school volunteers.**

California Department of Education resources:

Parents Are Teachers, Too! (Free brochure available in English, Spanish, Vietnamese, and Korean).

Parents and Schools Make a Difference! California State Board of Education Policy on Parent Involvement, 1989. (Free brochure available in English and Spanish).

Parents as Partners: Planning Early for Your Children's School Success and College Attendance.

YOU CAN SHAPE THE FUTURE!: VOLUNTEER IN OUR SCHOOLS (A free leaflet used to recruit senior citizens for volunteerism).

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CALIFORNIA STATE BOARD OF EDUCATION

Policy on Parent Involvement Adopted January 13, 1989

Introduction

A critical dimension of effective schooling is parent involvement. Research has shown that students learn better if, in addition to being provided a good instructional program, they receive the continuing support of parents and other adults. Research has also shown that, regardless of the communities they serve, schools can develop effective programs to involve parents in the education of their children. The inescapable fact is that consistently high levels of student success are unlikely without long-term family support and reinforcement of the school's curricular goals.

Given the key role of parents in promoting effective schooling, the California State Board of Education supports the efforts of State Department of Education in undertaking an initiative to assist school districts and schools in developing comprehensive, continuing programs of parent involvement at all grade levels and across all programs. The major goal of the initiative is to promote greater student success in all curriculum areas by making schools and parents more productive partners in the education of children. The following statement offers a statewide policy to ensure collaborative partnerships between family and school.

The Policy

The California State Board of Education recognizes that a child's education is a responsibility shared by school and family during the entire period the child spends in school. To support the mission of California schools to educate all students effectively, schools and parents must work as knowledgeable partners.

Comprehensive programs of parent involvement require schools to involve parents at all grade levels in a variety of roles. These programs should be designed to:

1. Help parents develop parenting skills and foster conditions at home that support children's efforts in learning.
2. Provide parents with the knowledge of techniques designed to assist their children in learning at home.
3. Provide access to and coordinate community and support services for children and families.
4. Promote clear two-way communication between the school and the family as to school programs and children's progress.
5. Involve parents, with appropriate training, in instructional and support roles at the school.

6. **Support parents as decision makers and develop their leadership in governance, advisory, and advocacy roles.**

These six types of involvement are not mutually exclusive and require a coordinated schoolwide effort. Success cannot be the sole responsibility of any single program (for example, Chapter 1 or School Improvement) or group of individuals.

Although parents are diverse in culture, language, and need, they overwhelmingly share the school's commitment to the educational success of their children. School districts and schools, in collaboration with parents, must establish and develop programs and practices that enhance parent involvement and reflect the specific needs of students and families.

The State Board of Education supports the State Department of Education in its efforts to help school districts and schools by:

1. **Publicizing its commitment to parent involvement in the public schools.**
2. **Identifying promising programs and practices related to parent involvement.**
3. **Targeting funds for the development of programs, demonstration projects and evaluations.**
4. **Providing school districts and schools with technical assistance and support to develop effective parent involvement programs by:**
 - a. **Disseminating information and research on parent involvement and effective practices**
 - b. **Developing in-service education programs on parent involvement for teachers and administrators**
 - c. **Working with colleges and universities that train teachers and administrators to develop effective preservice programs in school and family connections**
5. **Incorporating specific criteria for effective parent involvement strategies into the Department's program quality review.**
6. **Providing ongoing follow-up and evaluation of the effects of the Department's statewide initiative.**

Publications Available from the Department of Education

This publication is one of over 600 that are available from the California Department of Education. Some of the more recent publications or those most widely used are the following:

ISBN	Title (Date of publication)	Price
0-8011-0722-9	Accounting Procedures for Student Organizations (1988)	\$3.75
0-8011-0838-1	Adoption Recommendations of the Curriculum Development and Supplemental Materials Commission to the State Board of Education, 1989: California Basic Instructional Materials in Bilingual Language Arts and Visual and Performing Arts—Visual Arts and Music (1989)	3.50
0-8011-0883-7	The Ages of Infancy: Caring for Young, Mobile, and Older Infants (videocassette and guide) (1990)*	65.00
0-8011-0890-x	Bilingual Education Handbook: A Handbook for Designing Instruction for LEP Students (1990)	4.25
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