

DOCUMENT RESUME

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TITLE Look to the Future.
 INSTITUTION South East Regional Resource Center, Juneau, Alaska.
 SPONS AGENCY Alaska State Dept. of Education, Juneau. Div. of Adult and Vocational Education.
 PUB DATE 90
 NOTE 20p.
 PUB TYPE Guides - Classroom Use - Instructional Materials (For Learner) (051)
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 DESCRIPTORS Academic Achievement; *Career Education; Career Exploration; *Career Planning; Extracurricular Activities; Graduation Requirements; High Schools; Interpersonal Competence
 IDENTIFIERS *Alaska

ABSTRACT

This pamphlet, an Alaska career information system high school planner and career guide, was developed for use with middle and early high school youth. This planning tool (1) introduces the relationship between high school courses and postsecondary plans; (2) outlines for the student the Alaska state minimum high school graduation requirements; (3) explores the various paths available to the student after graduation; and (4) covers the opportunities available for extracurricular activities in high school. Included in this illustrated guide are the following sections: (1) look to the future; (2) chart your career goals; (3) chart your destination; (4) what you may need for the trip; (5) activities can make school more fun and allow you to practice your academic and social skills; and (6) what skills do you need? Included with the Alaska state minimum high school graduation requirements is a blank requirements chart to be completed by the student. An additional handout shows "Hot Careers" and graphically depicts steps for gathering skills for a career. (NLA)

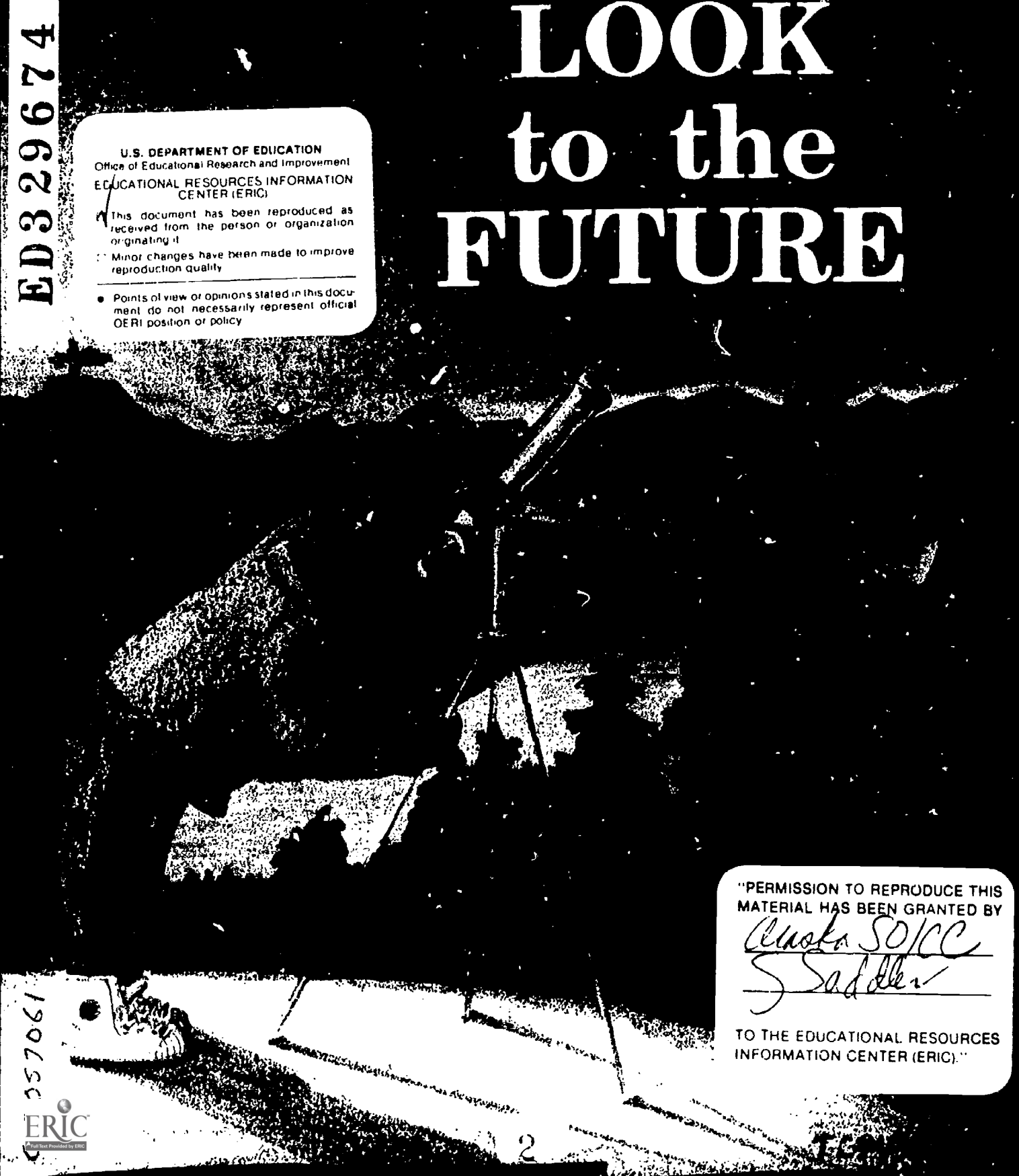
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LOOK to the FUTURE

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Name _____

School's Name _____

Year of Graduation
from High School _____

Look to the future! Now's the time to start thinking about the rest of your life. Starting high school brings important decisions.

What do you want for your future?

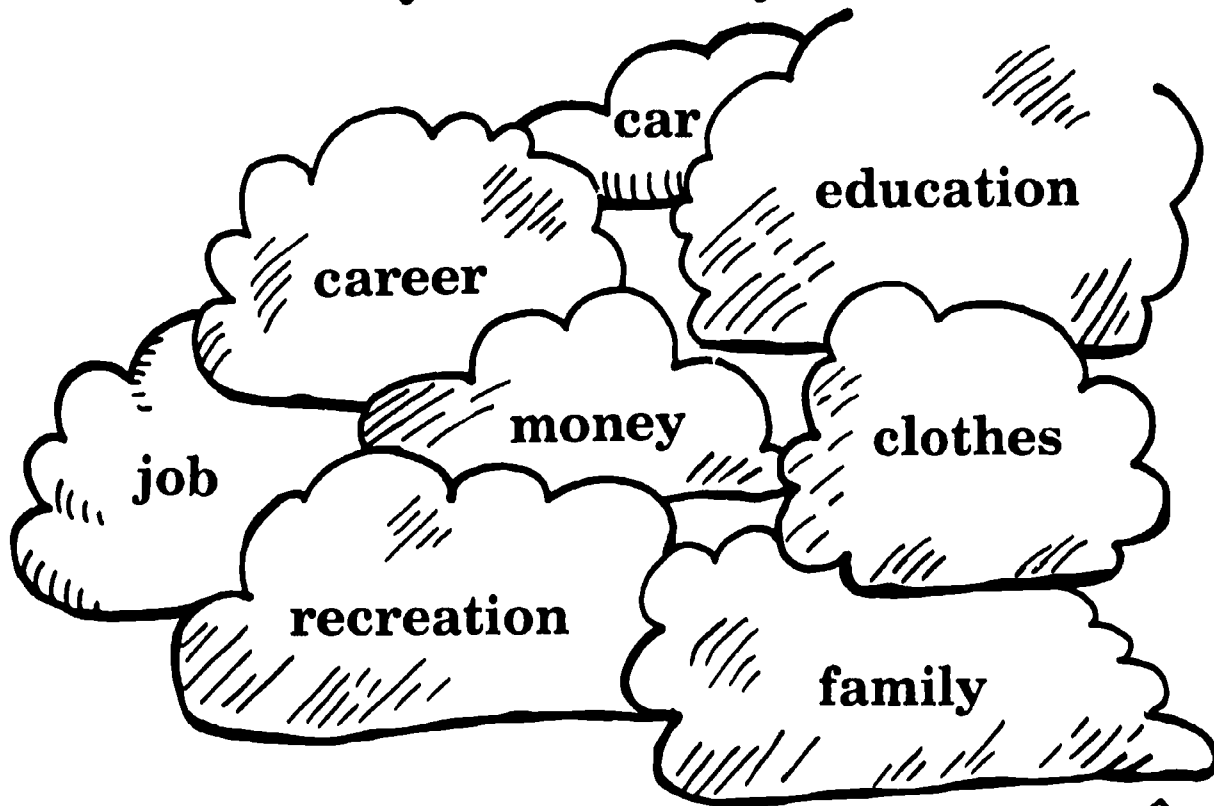


Chart your career goals

Ask yourself:

What are my future goals?

What are my strengths and weaknesses?

What do I like to do most?

What kind of work do I enjoy most?

How much money do I want to earn?

Where do I want to live?

To help achieve your goals, put them in writing.

MY GOALS

What do I want to be?

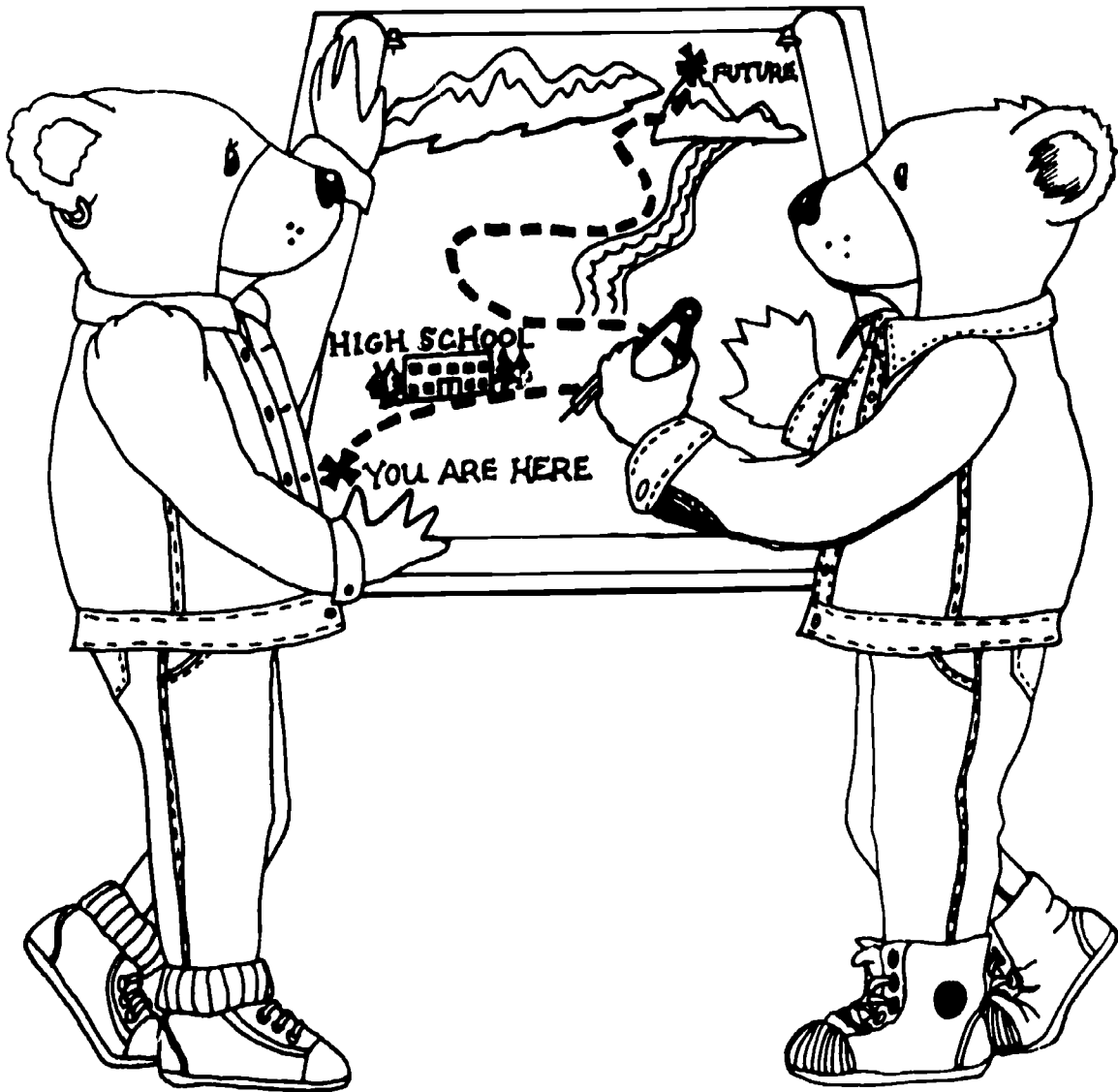
(Picture yourself in ten years)

How will I do it? (Talk with parents, older brothers/sisters, teachers, counselors)

What will the results be?

When will I reach my goals?

Chart your Destination



What route should you follow



Technical Schools/ Community Colleges

- High School Graduate/G.E.D.
OR
- At least 18 years old

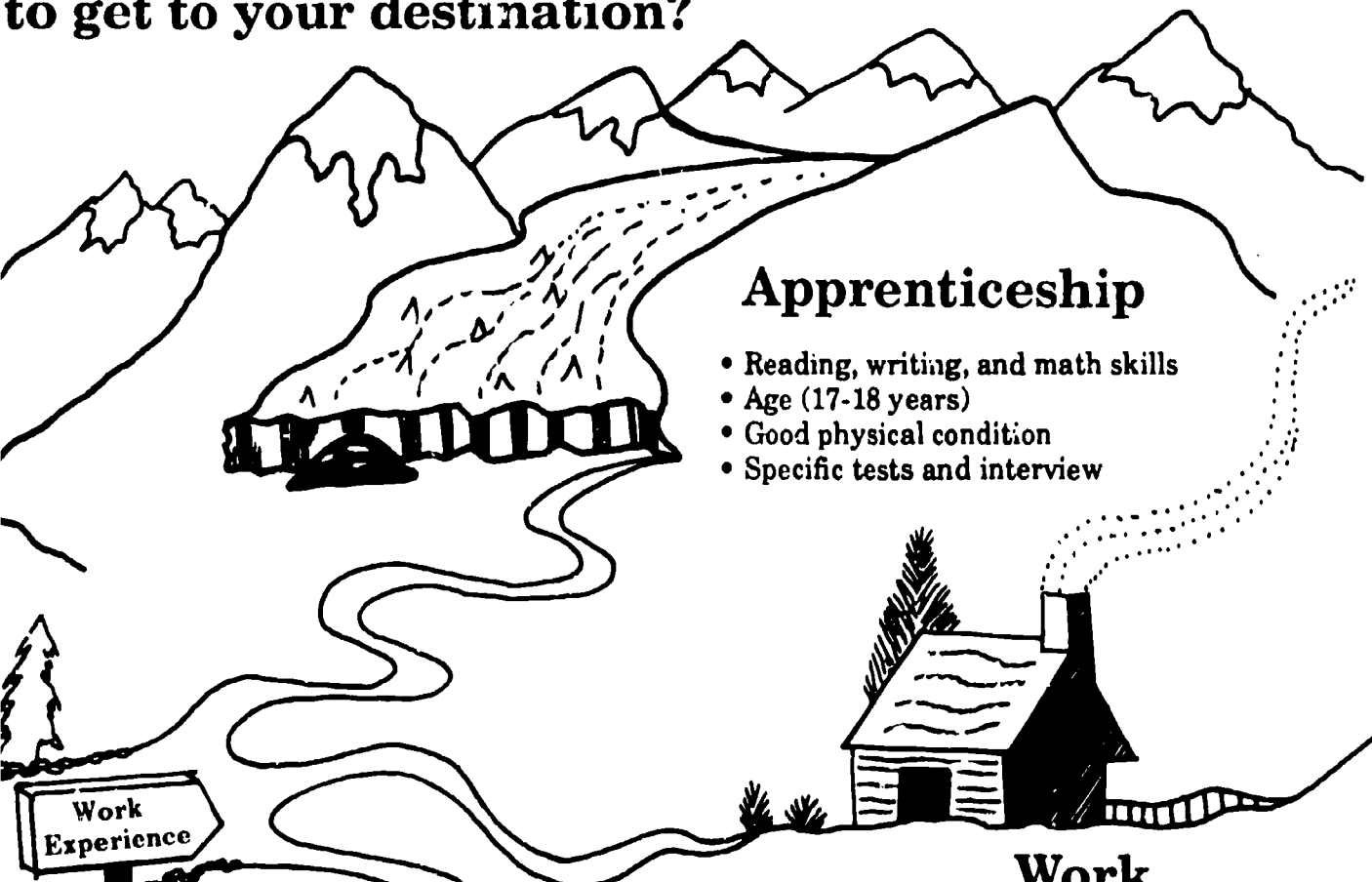
University

- Overall G.P.A. of 2.5 on a
4.0 scale
OR
- High score on college
placement exams.

Trade Schools

- H.S. Diploma/G.E.D.
OR
- Entrance exam and interview

to get to your destination?



Apprenticeship

- Reading, writing, and math skills
- Age (17-18 years)
- Good physical condition
- Specific tests and interview

Work Experience



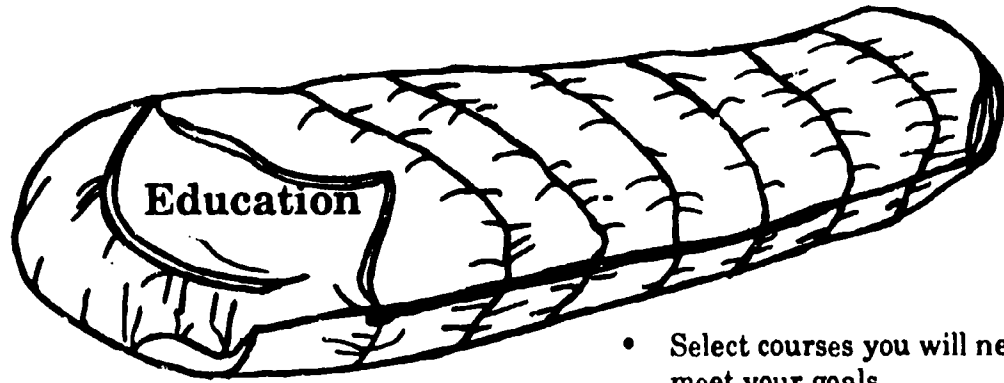
Work

- High School Diploma Preferred
- Vocational/Job Skills
- Good work habits

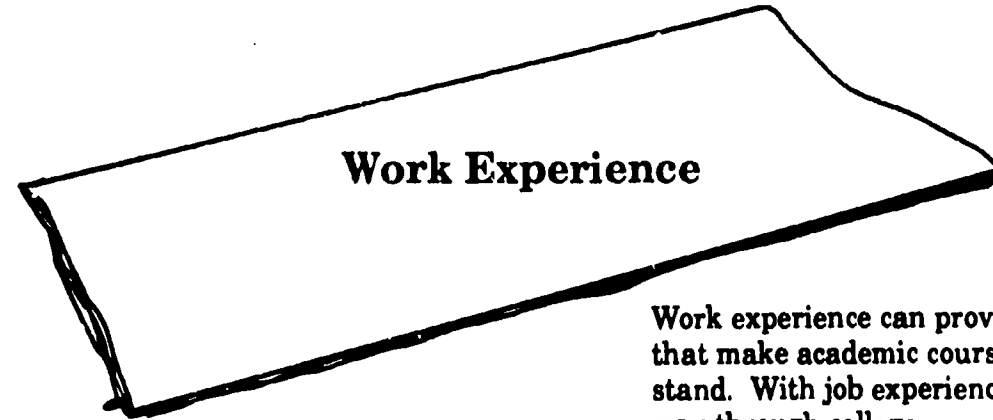
Military

- Pass complete physical exam
- H.S. graduate
- U.S. citizen
- Height and weight restrictions
- Pass military test

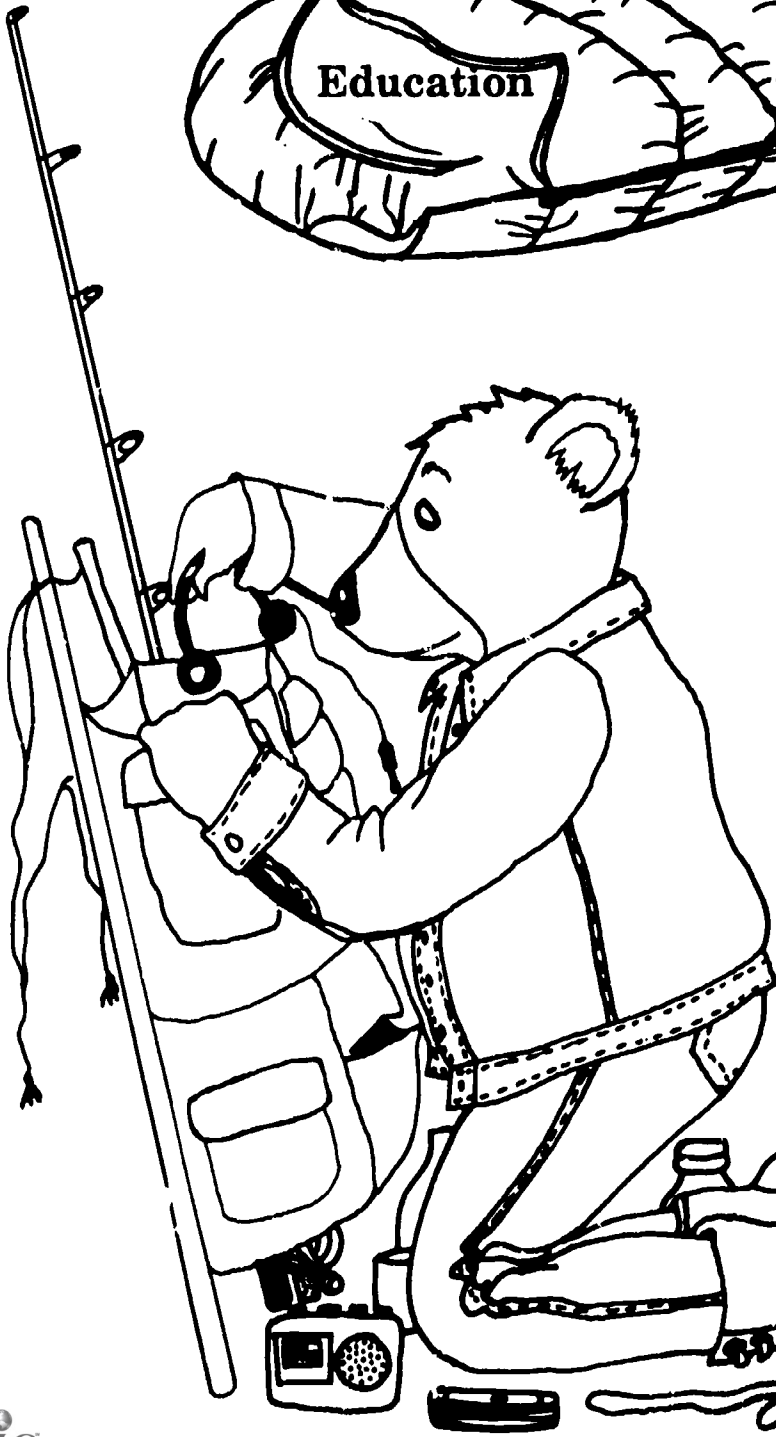
What you may need for the trip



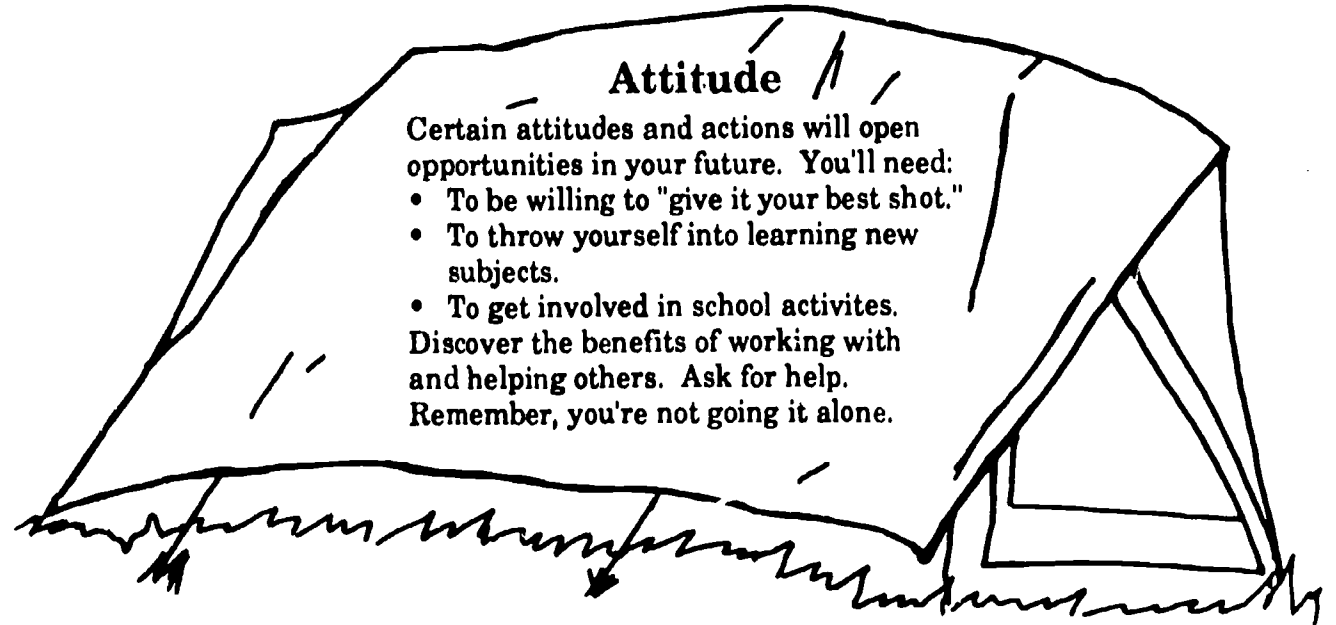
- Select courses you will need to meet your goals.
- Plan your study time.
- Ask your teacher for help.
- Come to school every day and be on time.



Work experience can provide practical examples that make academic courses easier to understand. With job experience you can work your way through college.

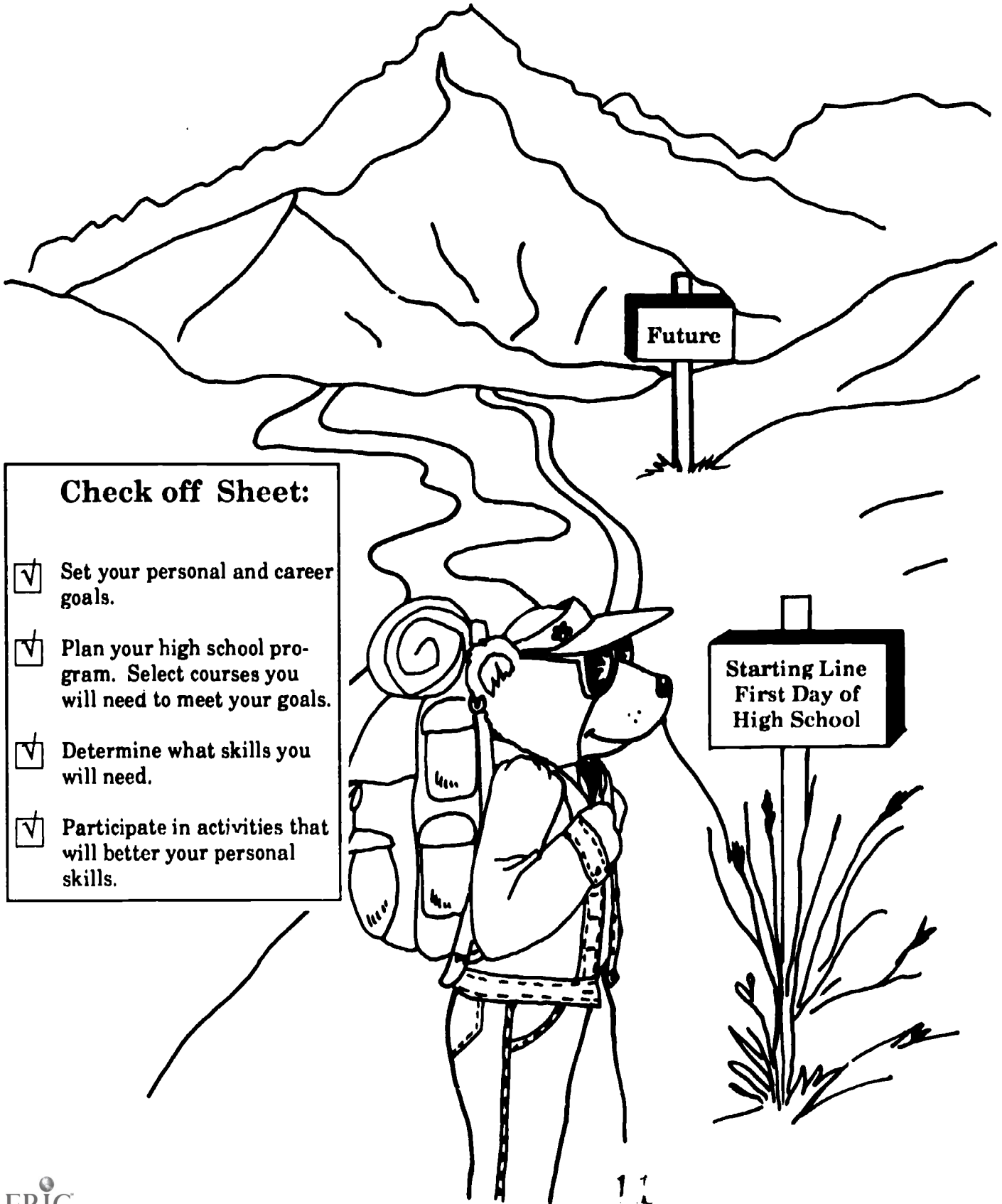


Participation in student organizations makes high school more enjoyable, develops personal skills and enhances leadership ability.



Attitude
 Certain attitudes and actions will open opportunities in your future. You'll need:

- To be willing to "give it your best shot."
- To throw yourself into learning new subjects.
- To get involved in school activities. Discover the benefits of working with and helping others. Ask for help. Remember, you're not going it alone.



Check off Sheet:

- Set your personal and career goals.
- Plan your high school program. Select courses you will need to meet your goals.
- Determine what skills you will need.
- Participate in activities that will better your personal skills.

What courses should you take?

Alaska State Minimum High School

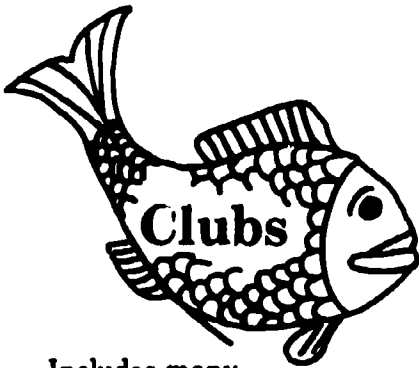
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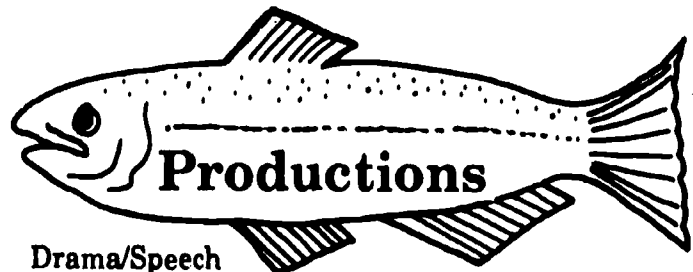
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Social Science	3						
Mathematics	2						
Science	2						
Health/P.E.	1						
Other							
Elective Areas: 9 (Check your school catalog)							
Art/Fine Arts							
Business Education							
Computers							
Foreign Language							
Home Economics							
Music							
Industrial Education							
Other							

*Credit: One credit in a subject area equals one year of study.

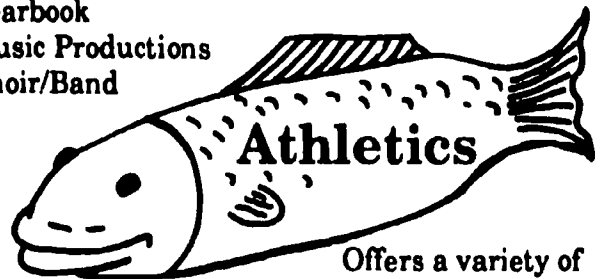
Activities Can Make High School More Fun and Allow You to Practice Your Academic and Social Skills!



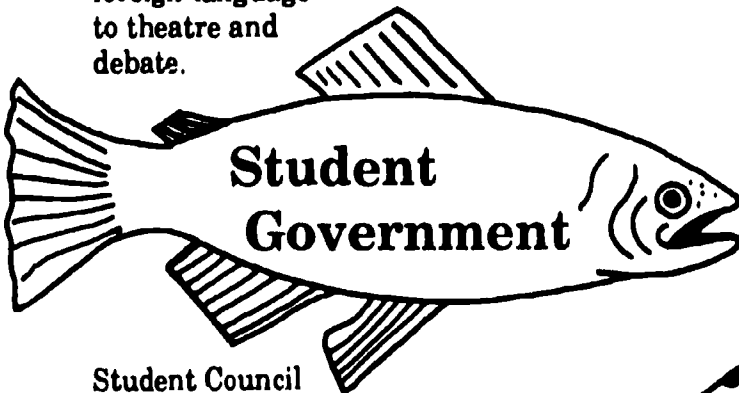
Includes many interests from foreign language to theatre and debate.



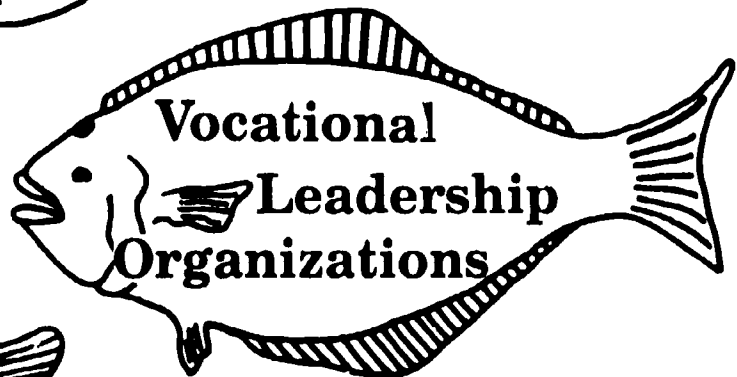
Drama/Speech
School Paper
Yearbook
Music Productions
Choir/Band



Offers a variety of athletic competition.



Student Council
Class Officer

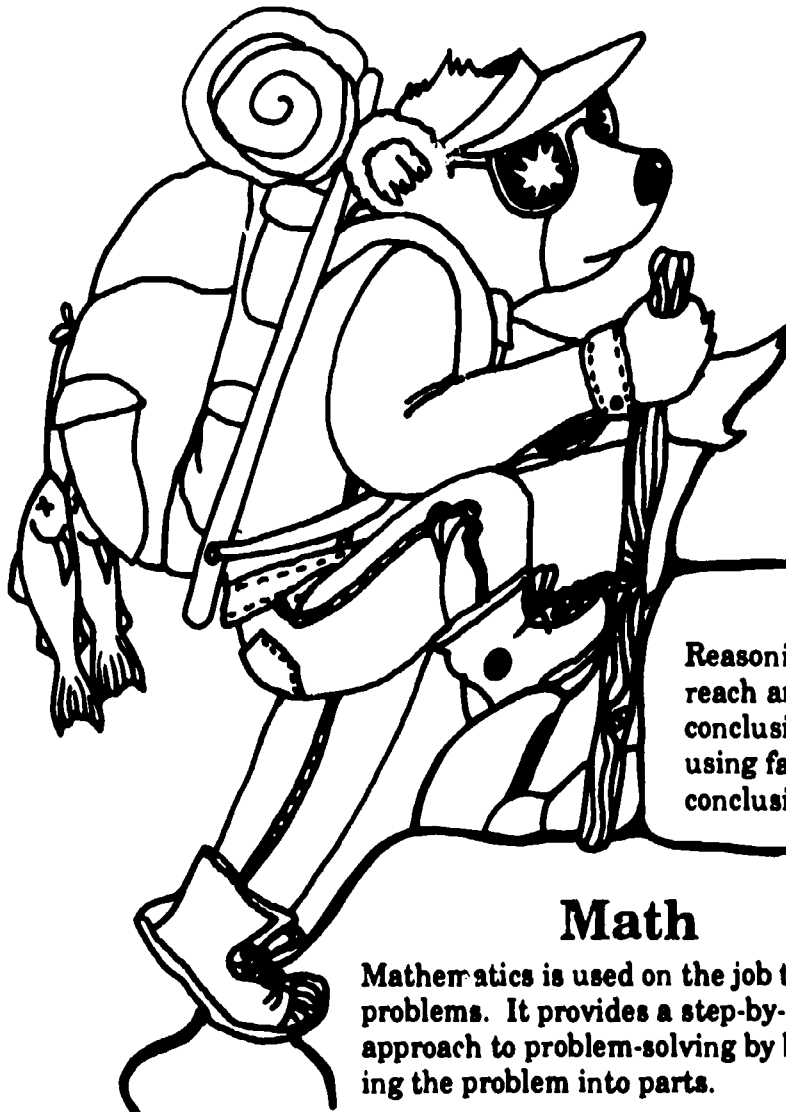


Business Professionals of America (BPA)
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Involves fund-raising activities and volunteer work.

What skills do you need?



Job Skills

Job skills are learned in vocational courses or on the job. Other needed skills include such things as getting along with others, following directions and accepting responsibility.

Reasoning

Reasoning is the process you go through to reach an answer, form judgments or draw conclusions. Develop your reasoning skills by using facts and ideas to reach your own conclusions and opinions.

Math

Mathematics is used on the job to solve problems. It provides a step-by-step approach to problem-solving by breaking the problem into parts.

Communication

Reading is the key to most career work and job success. Listening is "tuning-in" to what you're learning. Writing and speaking are ways to organize your ideas clearly.

These necessary skills help form a solid base for nearly all jobs in a changing work world.

The Sky is the Limit!



For more information or help in planning
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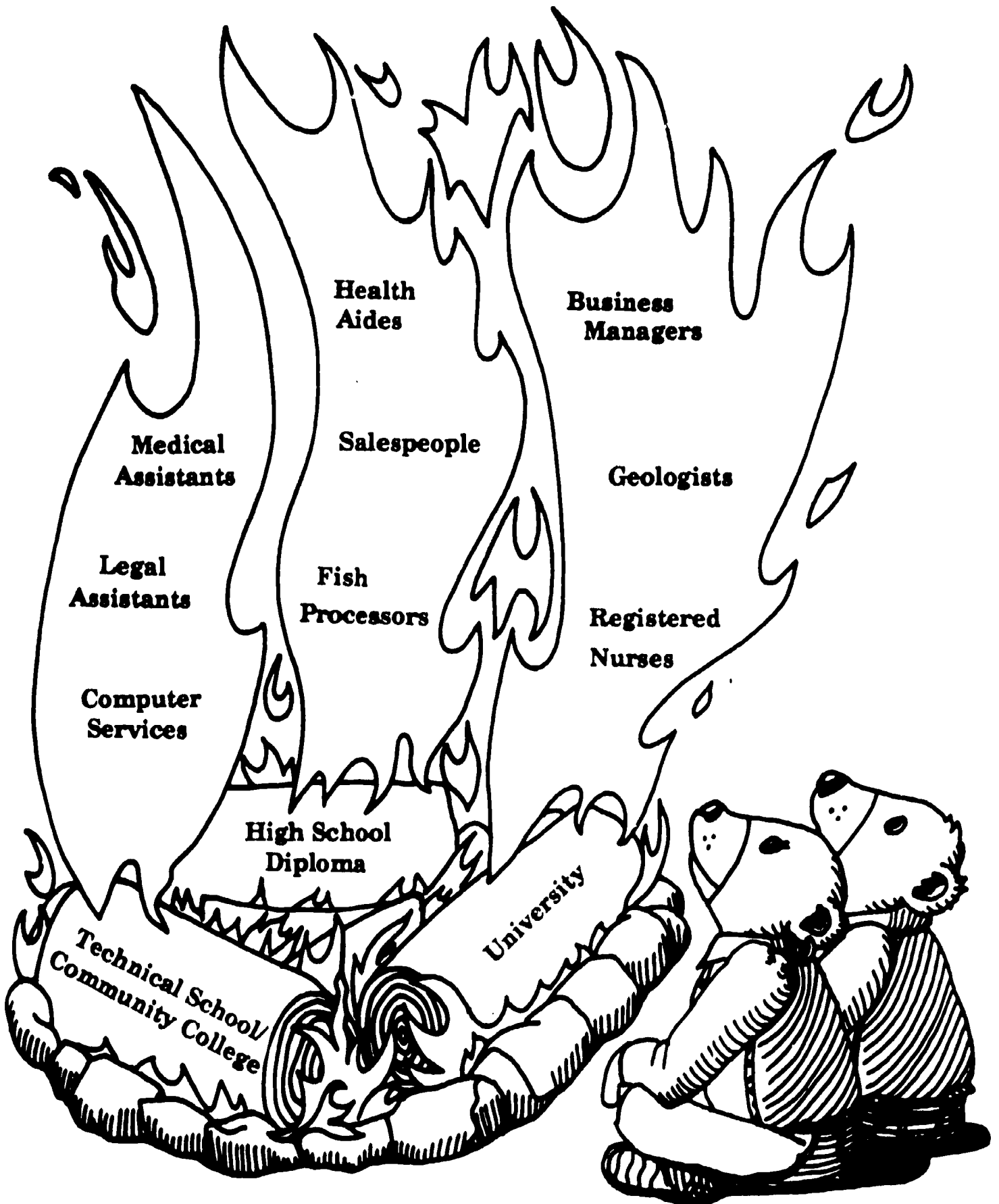
Alaska Department of Education
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P.O. Box F

Juneau, Alaska 99811

(907)465-4685

Hot Careers



Gathering Skills for Your Career

To go to a University
you may need:

- 4 years English
- 2-4 years History
- 2 years Foreign Language
- Word Processing
- Computers
- 2-4 years Science
- 2-4 years Math

To Get a Job Out of
High School
you may need:

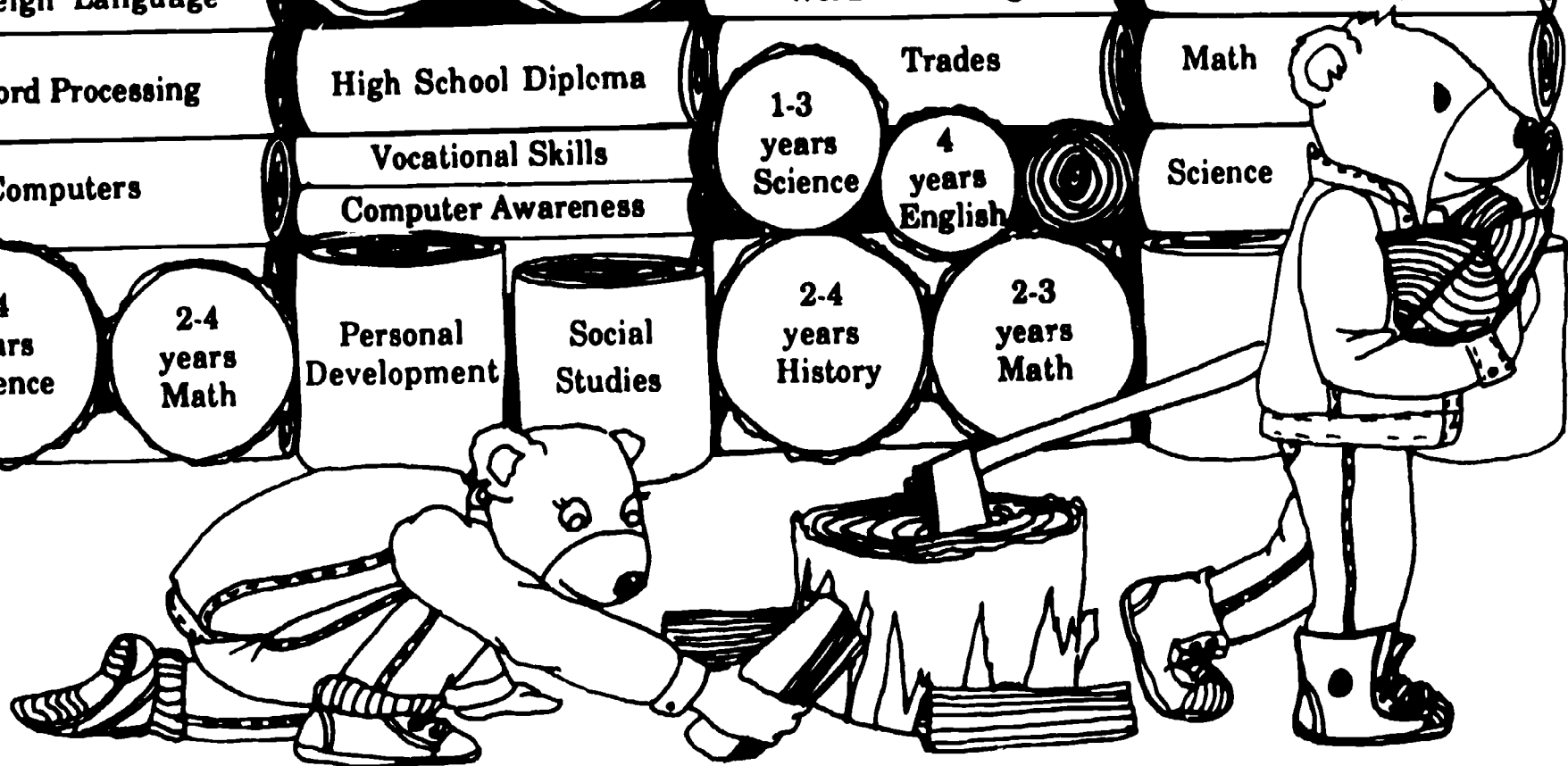
- Math
- English
- Science
- High School Diploma
- Vocational Skills
- Computer Awareness
- Personal Development
- Social Studies

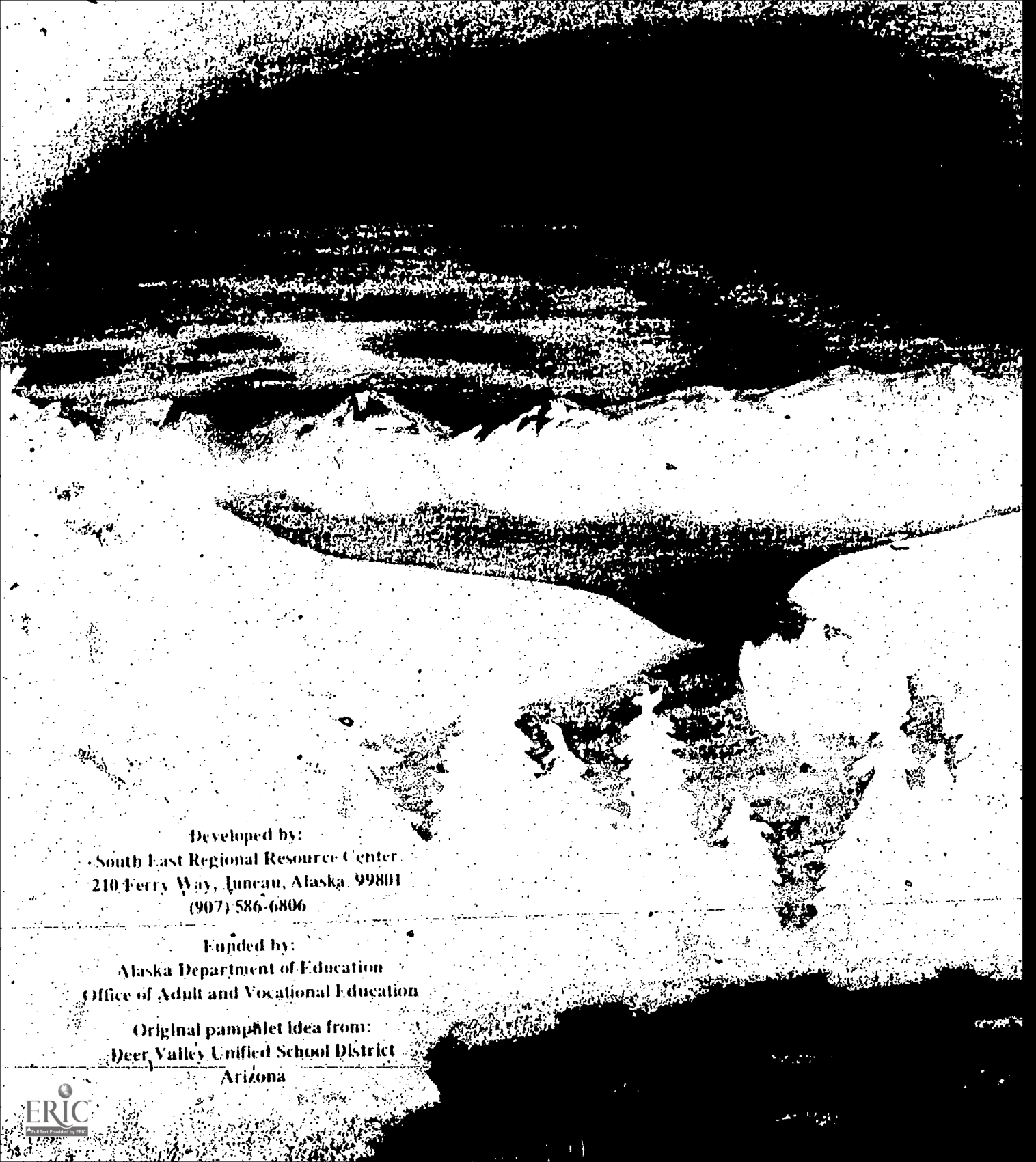
To Go To a Technical School/
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you may need:

- Electives such as:
- Accounting
- Keyboarding
- Word Processing
- Trades
- 1-3 years Science
- 4 years English
- 2-4 years History
- 2-3 years Math

To Get An Apprenticeship
you may need:

- High School Diploma
- English
- 1-2 years Vocational Training
- Math
- Science





Developed by:
South East Regional Resource Center
210 Ferry Way, Juneau, Alaska, 99801
(907) 586-6806

Funded by:
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Original pamphlet idea from:
Deer Valley Unified School District
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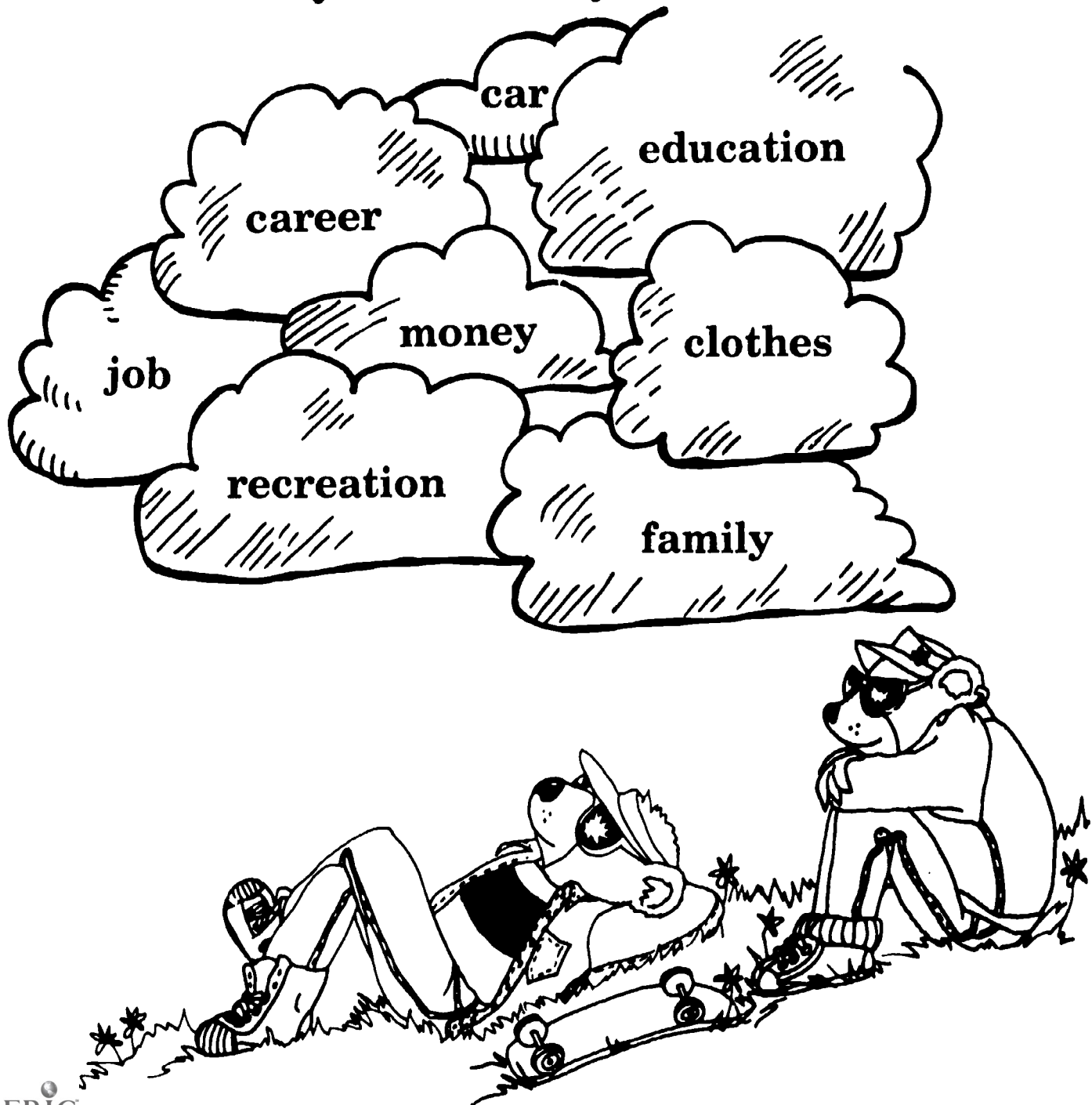


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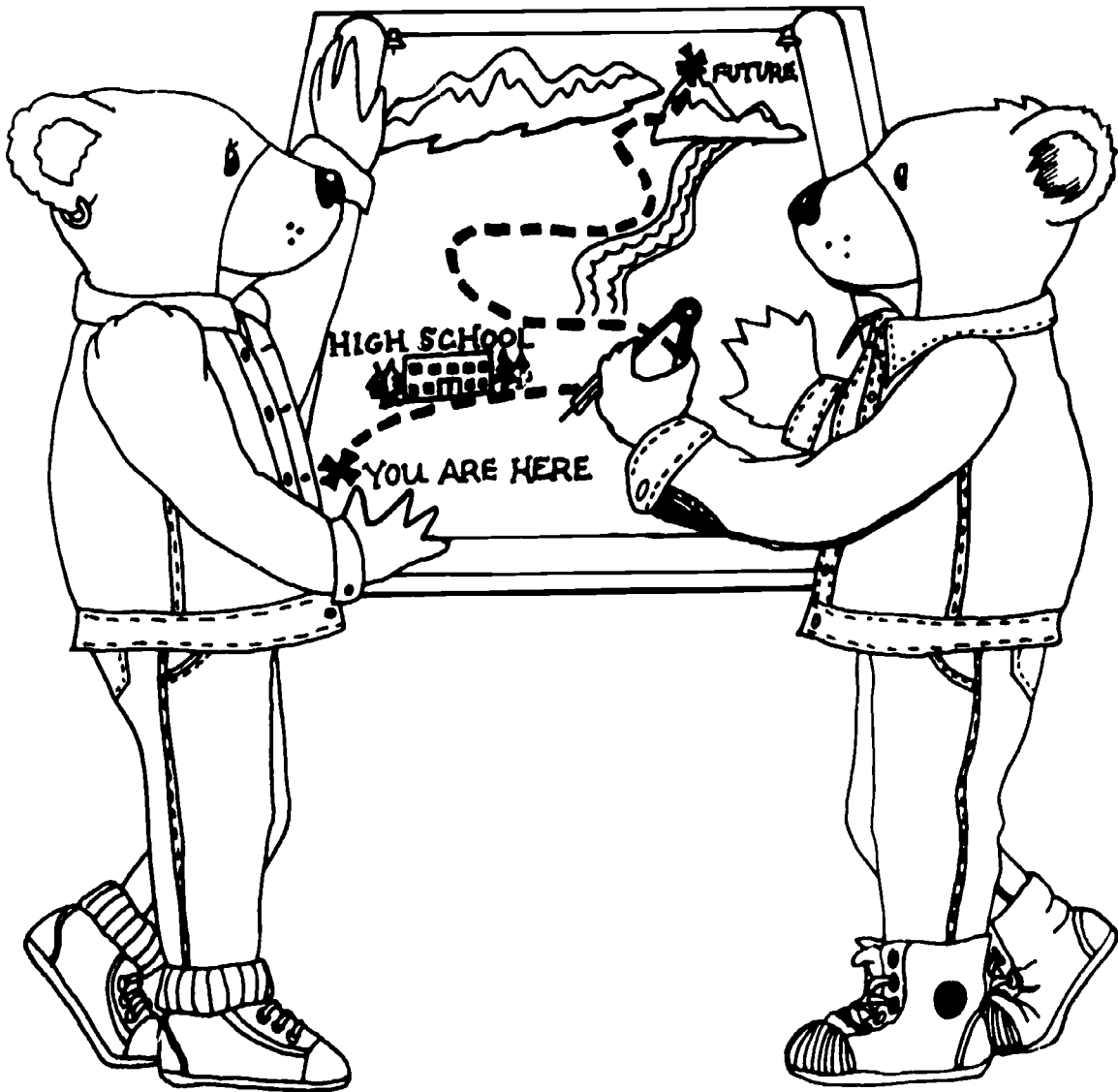
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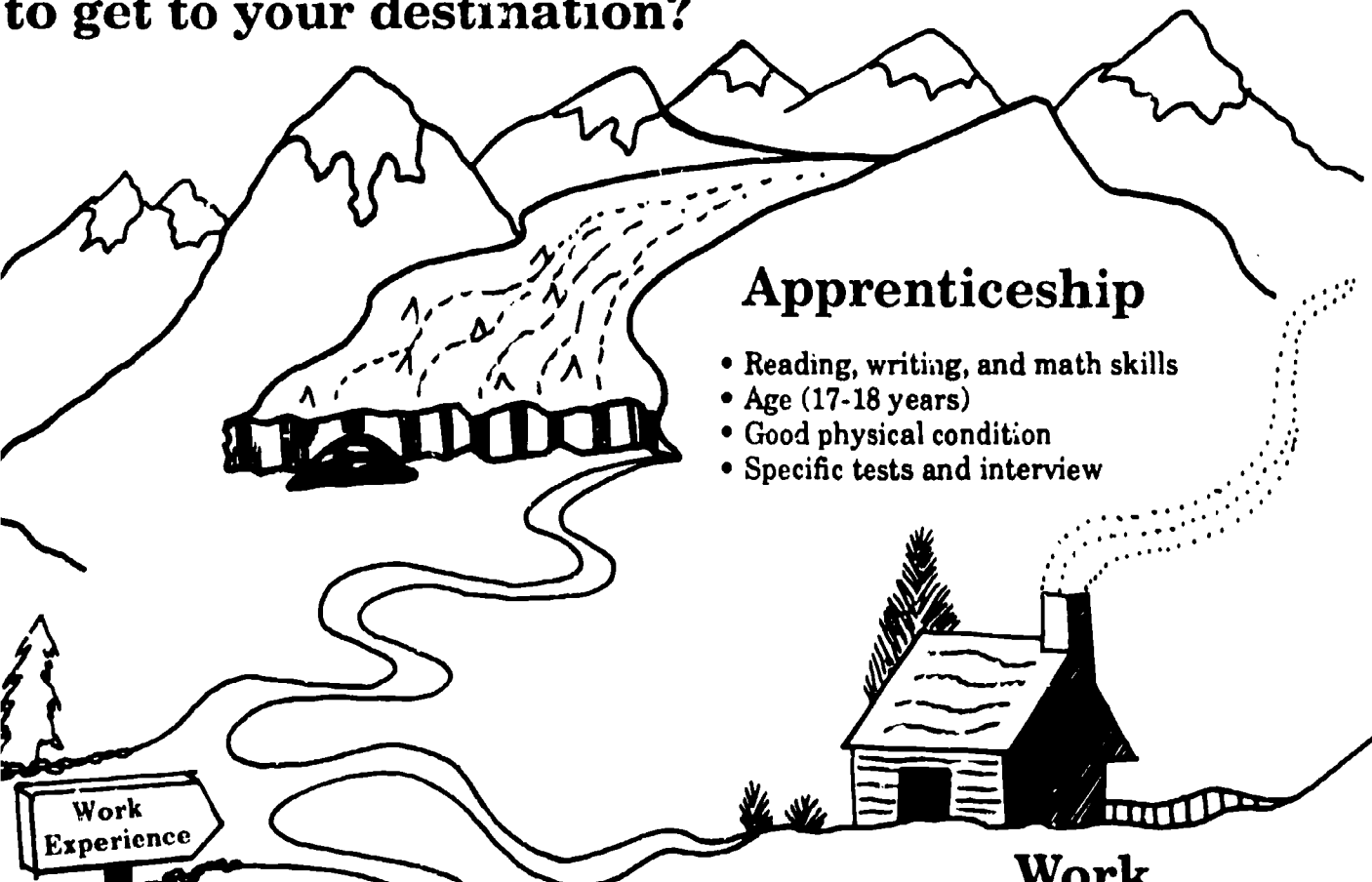
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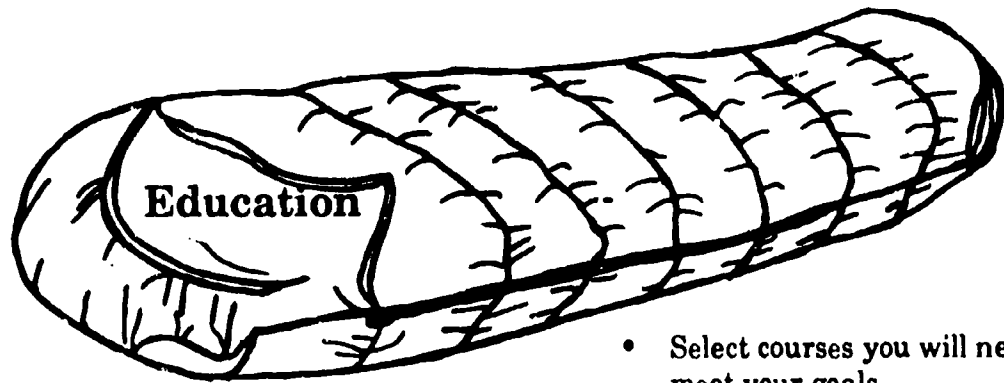
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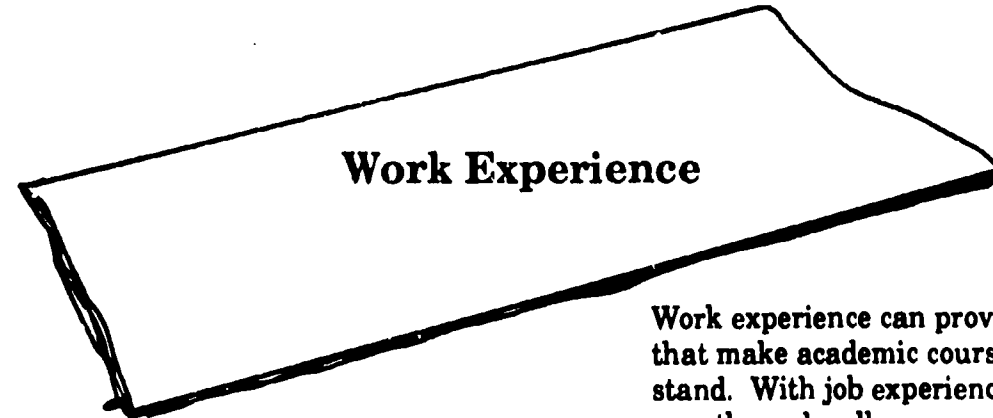
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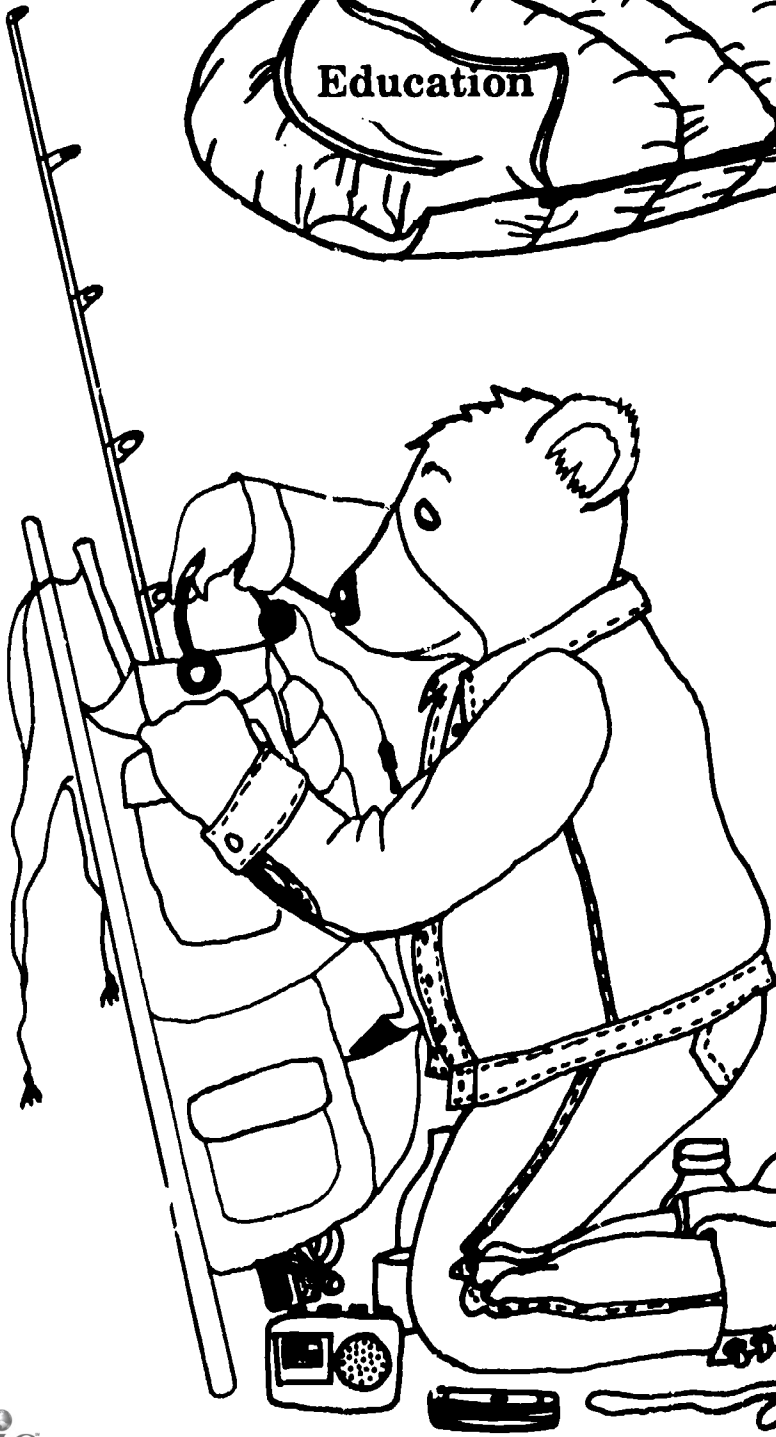
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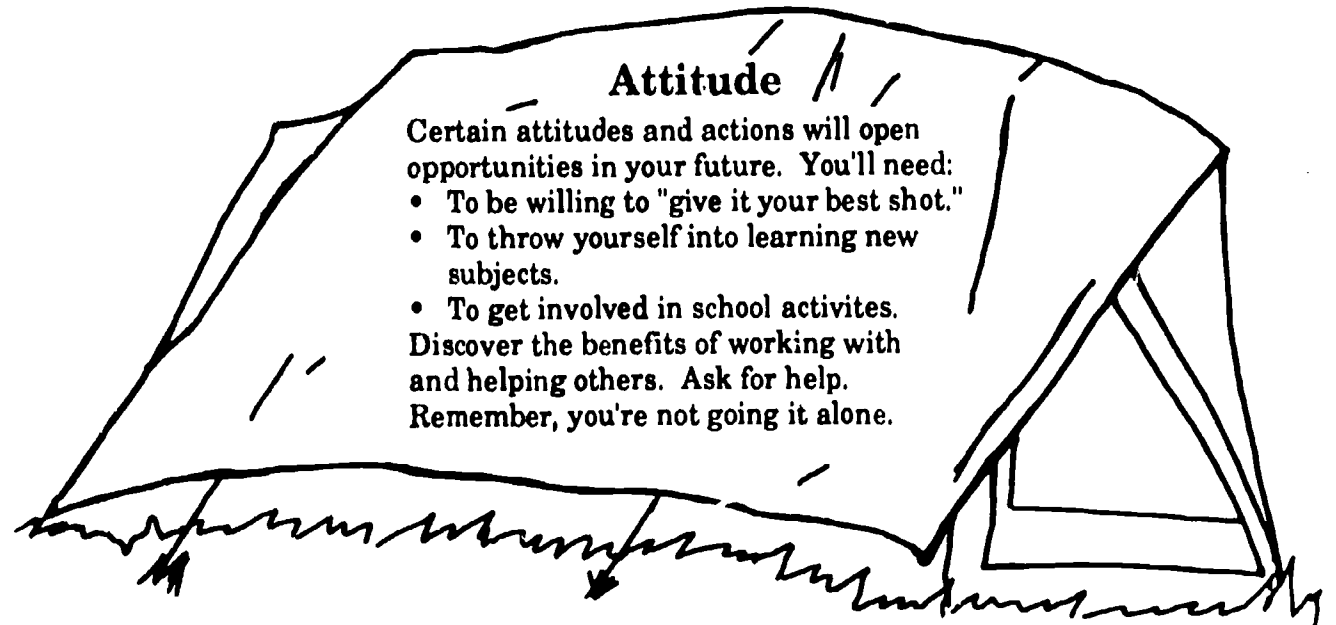
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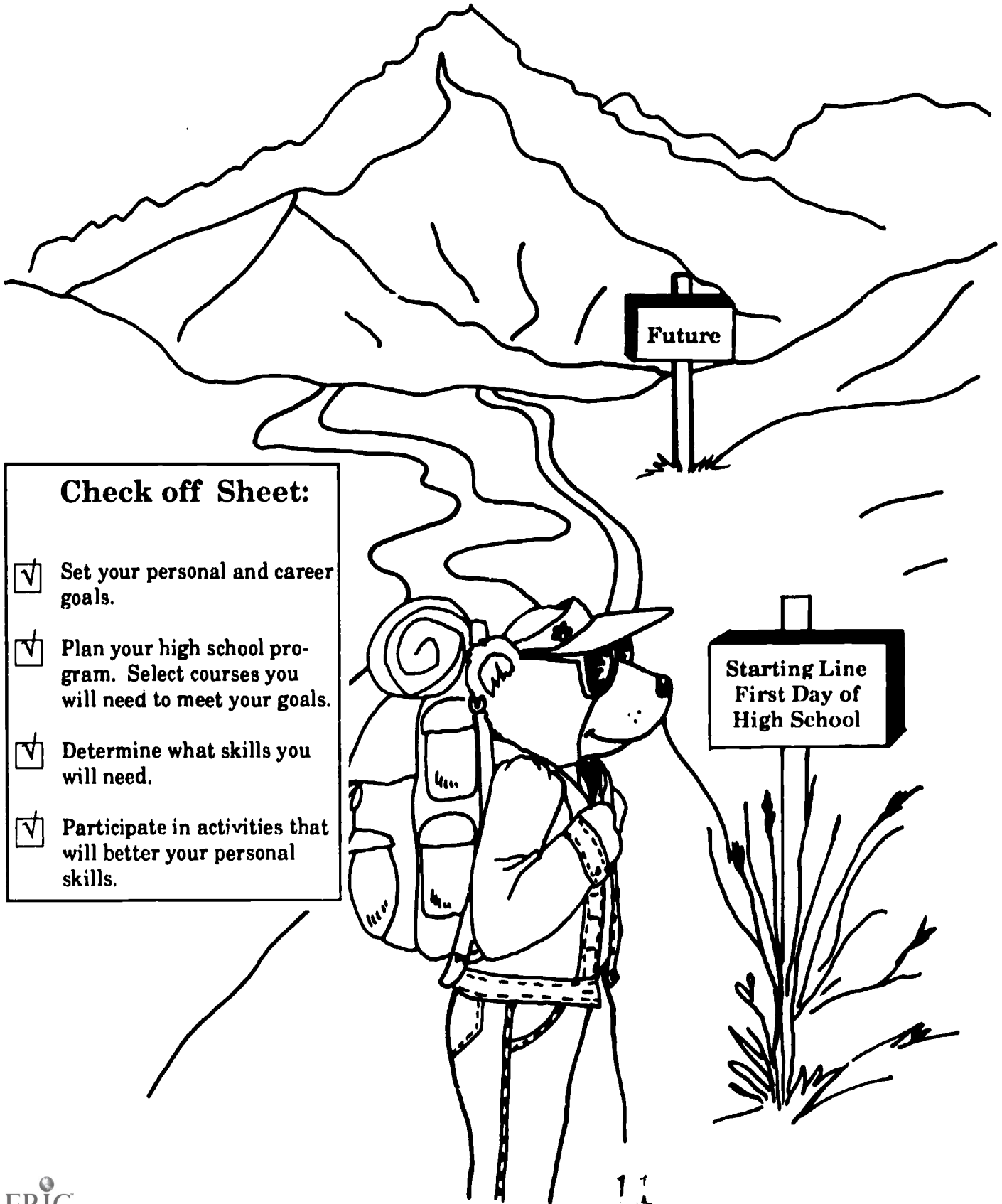


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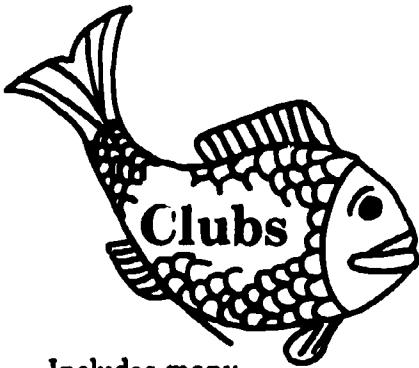
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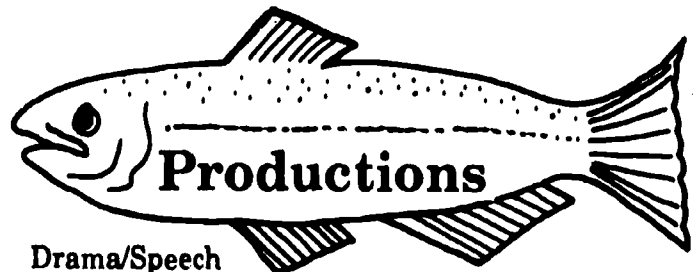
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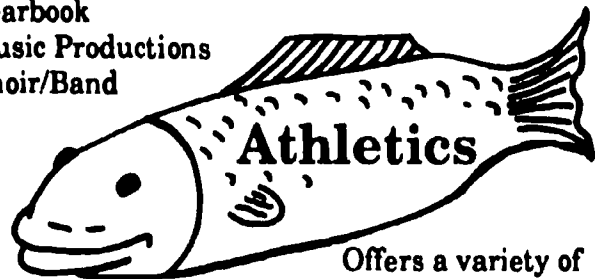
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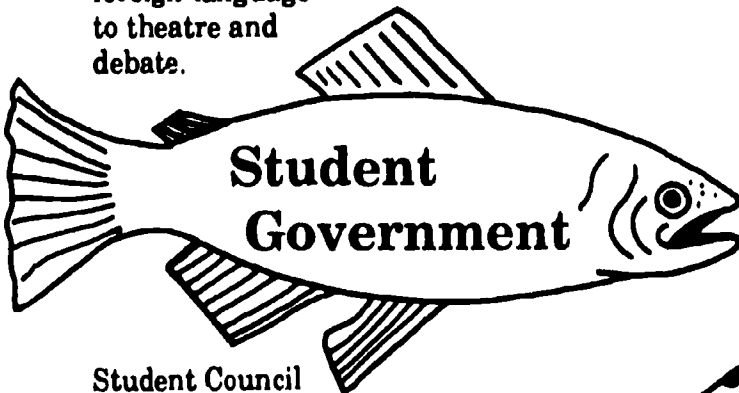
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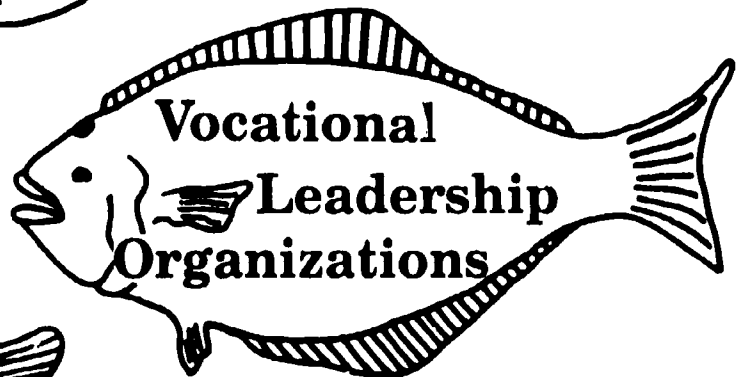
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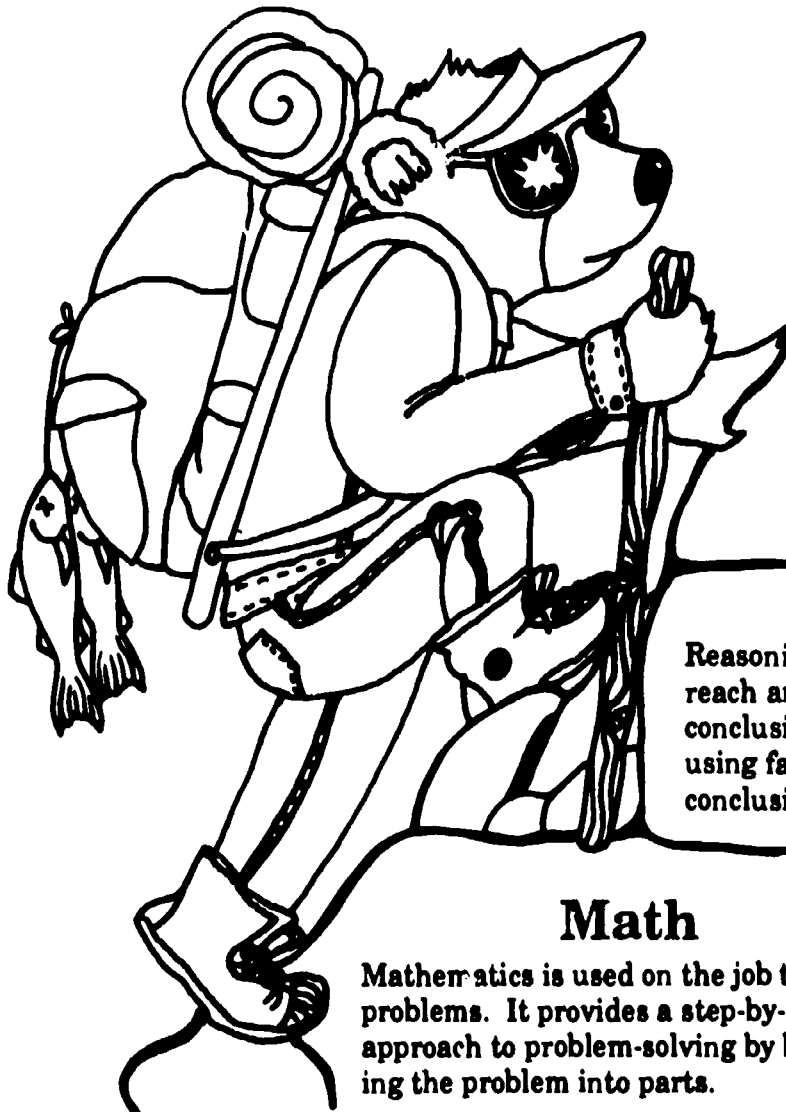


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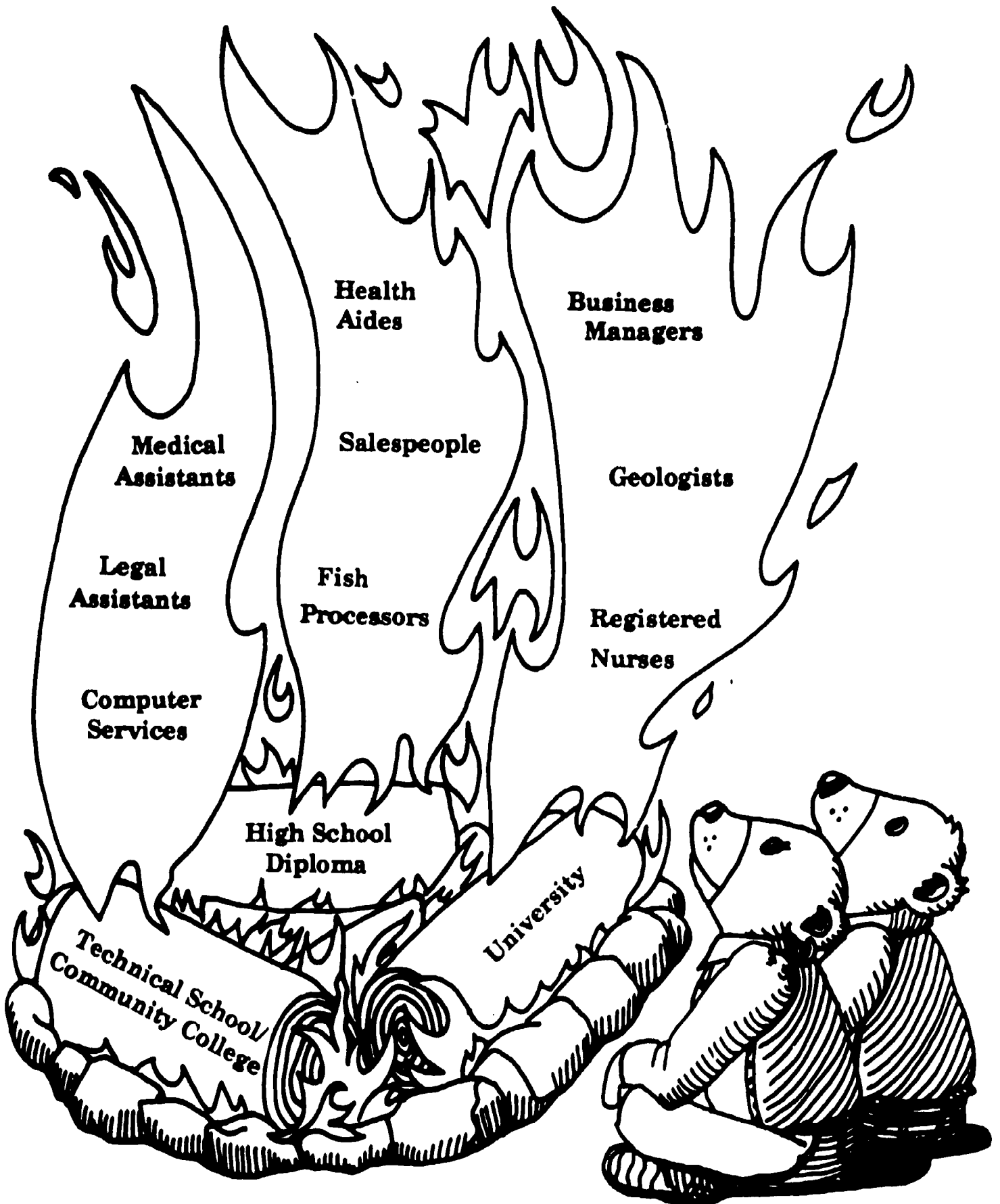
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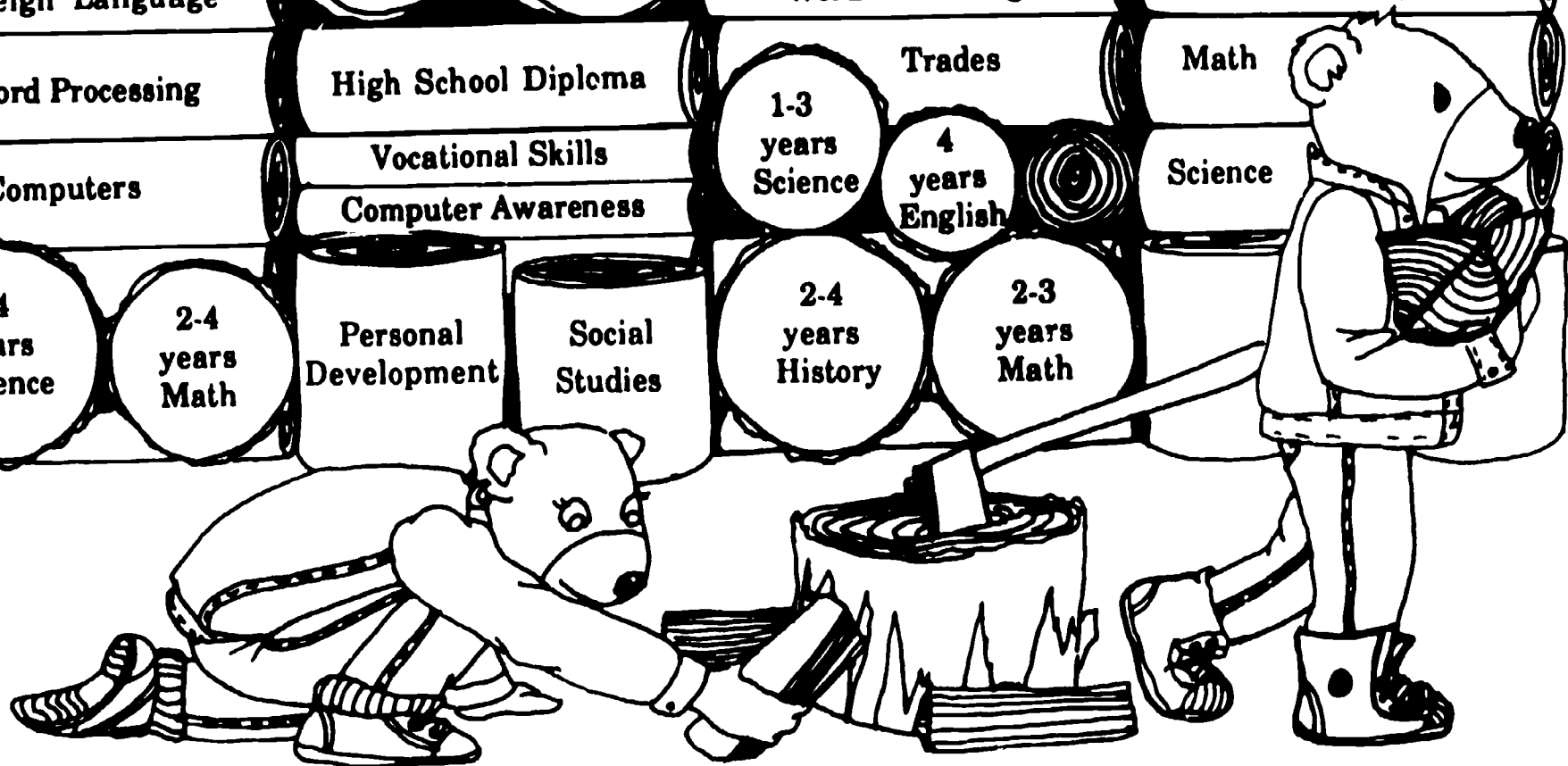
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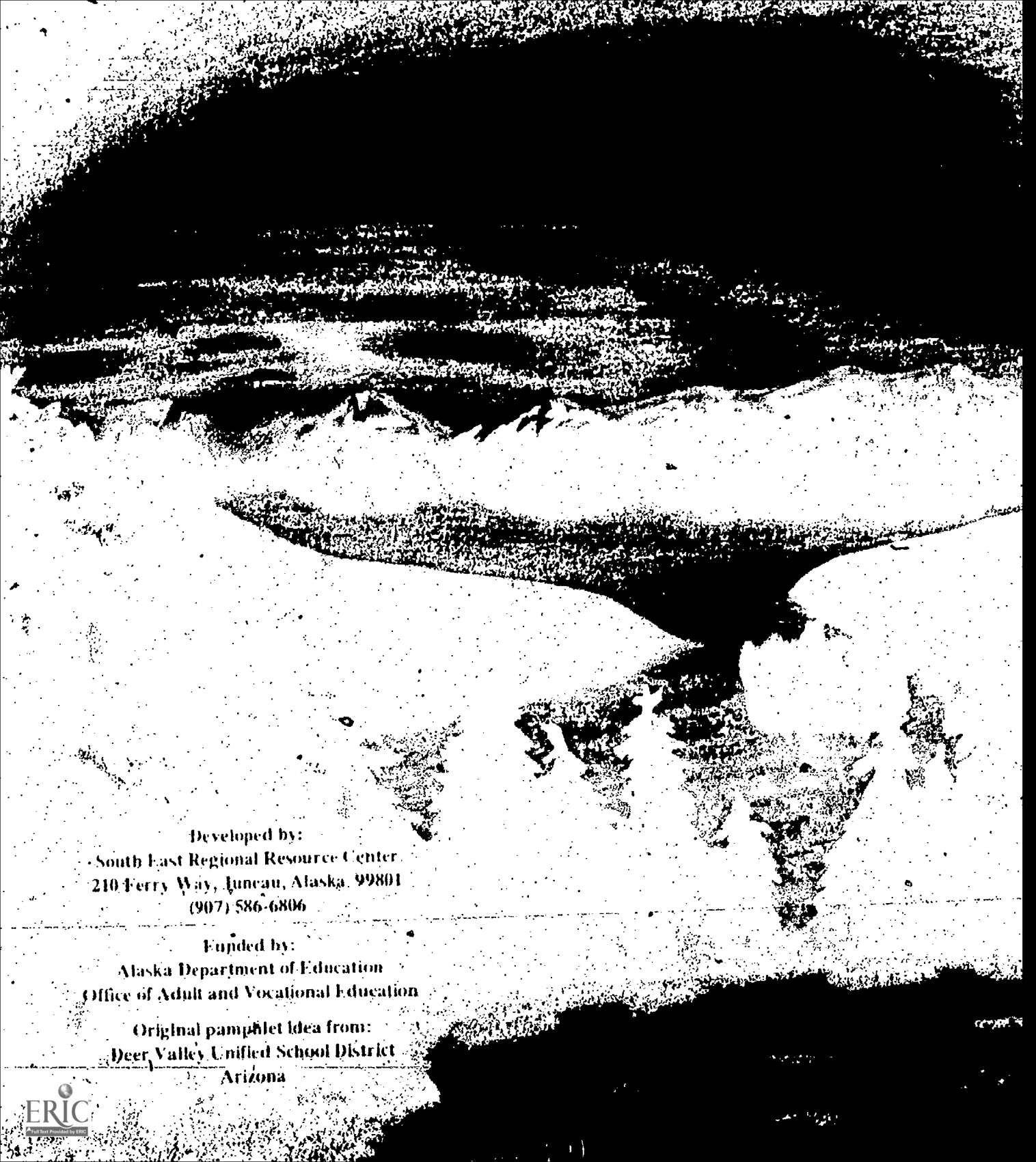
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