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ABSTRACT

The guide, developed by the Secondary Transition and Employment Project (STEP) in Idaho, is intended to provide students with severe handicaps with systematic individual assessment of vocational preferences and instruction in work-related skills. The curriculum stresses parent involvement, vocational training beginning at the 7th or 8th grade levels, a cyclical approach with initial activities later repeated in more advanced or complex forms, hands-on and real life experiences, and remediation of social deficits. The curriculum is organized by broad goals. Goals for students with severe handicaps include developing a long-range vocational plan by collecting information about student activities and parent expectations; having students sample a variety of jobs; and developing students' work skills, such as using daily schedules and traveling to an employment training site. Sample lesson plans and forms are included in the module. Lessons may be incorporated into an existing life skills special education class or presented as a separate course which might include nonhandicapped students. A description and a listing of responsible persons, materials/forms, products/outcome, and suggested start/completion date are provided for each suggested activity. Appendixes provide forms used in implementing each goal. (DB)

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# CAREER

# EXPLORATION

## A CURRICULUM MANUAL FOR STUDENTS WITH SEVERE HANDICAPS

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# **CAREER EXPLORATION**

**A Curriculum Manual for Students With Severe Handicaps**

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## CAREER EXPLORATION FOR STUDENTS WITH SEVERE HANDICAPS

This curriculum was developed for students with severe handicaps to provide systematic individual assessment of vocational preferences and instruction in work-related skills. Students participating in career exploration activities will learn to analyze their job skills and preferences in relation to work which they observe at school and in the community. To accommodate the learning needs of students with handicaps, the curriculum is based on several considerations. First, parents and students should be integrally involved in planning the curriculum. Second, vocational training should begin early, preferably at the 7th or 8th grade level, and should be cyclical in nature, with students participating in activities and then returning to expanded versions of the same activities or engaging in more complex activities in subsequent grades. In this way students may be introduced to skills in 7th grade and provided opportunities to master these skills in later grades; when skill acquisition is problematical, the teacher can create adaptations to materials or routines. Third, teachers should take advantage of every opportunity to use real-life materials, hands-on experiences, and on-site instruction to facilitate generalization. Fourth, the social skill deficits of students with handicaps should be addressed: assessment of and instruction in appropriate social behaviors should be incorporated into both school and community based career exploration activities.

The following pages contain a chart of suggested goals and activities for Career Exploration. Separate modules are available for students with mild, moderate, and severe handicaps and sample lesson plans and forms are included in each. A module on assessment and instruction in job-related social skills is also available.

Goals for students with severe handicaps include developing a long-term vocational plan by collecting information about student activities and parent expectations; having students sample a variety of jobs; and developing students' work skills, such as using daily schedules and traveling to an employment training site.

Lessons may be incorporated into an existing life skills special education class or, for some students, presented as a separate course which may include students in regular education classes who could benefit from participation in the class. The activities delineated in this unit provide a framework for the teacher. Additional activities should be developed which address the needs of each student, based on vocational IEP goals developed in conjunction with the student, parents, and school personnel.

CAREER EXPLORATION

MILD	MODERATE	SEVERE
<p>GOAL 1: Collect information about student's functional skills.</p> <p>Activities:</p> <ol style="list-style-type: none"> <li>1. Assess functional (life) skills.</li> </ol> <p>GOAL 2: Summarize information about student's vocational interests and activities.</p> <p>Activities:</p> <ol style="list-style-type: none"> <li>1. Collect information about student's strengths, deficits, learning style.</li> <li>2. Conduct an initial student vocational interview and self inventory.</li> <li>3. Conduct an initial parent interview</li> <li>4. Review vocational information obtained and develop with student a list of careers/jobs of interest.</li> <li>5. Summarize class vocational interests and assessment data.</li> </ol> <p>GOAL 3: Student is introduced to the concept of work, values associated with work, and reasons people work.</p> <p>Activities:</p> <ol style="list-style-type: none"> <li>1. Student organizes a career exploration notebook.</li> <li>2. Student generates ideas about reasons for working.</li> <li>3. Student identifies individual vocational priorities and values.</li> </ol>	<p>GOAL 1: Collect information about student's functional skills.</p> <p>Activities:</p> <ol style="list-style-type: none"> <li>1. Assess functional (life) skills.</li> </ol> <p>GOAL 2: Summarize information about student's vocational interests and activities.</p> <p>Activities:</p> <ol style="list-style-type: none"> <li>1. Conduct an initial student vocational interview and self inventory.</li> <li>2. Conduct an initial parent interview.</li> <li>3. Complete student self-inventory.</li> <li>4. Summarize information gathered from activities 1-3.</li> <li>5. Develop long-term plan for the student.</li> </ol> <p>GOAL 3: Student is introduced to the concept of work, values associated with work, and reasons people work.</p> <p>Activities:</p> <ol style="list-style-type: none"> <li>1. Students are introduced to the concept of work.</li> <li>2. Student organizes a career exploration notebook.</li> </ol>	<p>GOAL 1: Collect information about student's functional skills.</p> <p>Activities:</p> <ol style="list-style-type: none"> <li>1. Assess functional (life) skills.</li> </ol> <p>GOAL 2: Collect and summarize information about student's present and future vocational interests.</p> <p>Activities:</p> <ol style="list-style-type: none"> <li>1. Assess student activities and parent expectations.</li> <li>2. Develop a long-term plan.</li> </ol> <p>GOAL 3: Provide opportunities to experience a variety of jobs. Students work on jobs in the classroom and in the school building to assess their work skills and preferences.</p>

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CAREER EXPLORATION

MILD	MODERATE	SEVERE
<p>GOAL 4: Student uses a variety of information sources to learn about jobs/careers and to generate an individual list of local employment options.</p> <p><u>Activities:</u></p> <ol style="list-style-type: none"> <li>1. Student visits Job Service and Chamber of Commerce.</li> <li>2. Student uses local newspaper to learn about available jobs.</li> <li>3. Student schedules, prepares for, listens to, and summarizes presentations by resource persons.</li> <li>4. Student uses directories to categorize/list types of community businesses.</li> <li>5. Student receives an overview of written sources of career information.</li> <li>6. Student prepares for and participates in group tours of community businesses.</li> <li>7. Student uses written sources to gather information about a career of interest.</li> <li>8. Student questions friends and relatives about a career of interest.</li> <li>9. Student uses information sources to prepare an oral or written project on a career of interest.</li> </ol> <p>GOAL 5: Student learns critical skills for obtaining job/career information through personal interviews.</p> <p><u>Activities:</u></p> <ol style="list-style-type: none"> <li>1. Student chooses a job of interest and selects an employer/employee to interview.</li> <li>2. Student role plays using the telephone to arrange an interview.</li> <li>3. Student schedules an information interview.</li> <li>4. Student prepares a list of questions for the interview.</li> <li>5. Student role plays the information interview.</li> <li>6. Student records information obtained during the simulated interview.</li> <li>7. Student participates in a scheduled information interview with a community employer or employee.</li> </ol>	<p>GOAL 4: Student uses a variety of information sources to learn about jobs/careers and to generate an individual list of local employment options.</p> <p><u>Activities:</u></p> <ol style="list-style-type: none"> <li>1. Student uses newspaper to learn about job openings.</li> <li>2. Student uses telephone book to find places of employment.</li> <li>3. Student questions friends/relatives about a career/job of interest.</li> </ol>	<p>GOAL 4: Student learns work-related skills needed to prepare for and travel to a work environment.</p> <p><u>Activities:</u></p> <ol style="list-style-type: none"> <li>1. Student uses a daily schedule.</li> <li>2. Student uses a checklist to prepare for work.</li> <li>3. Student uses transportation and mobility skills.</li> </ol>

CAREER EXPLORATION

MILD	MODERATE	SEVERE
<p>GOAL 6: Student learns to observe work and analyze the critical skills needed to perform the job.</p> <p><u>Activities:</u></p> <ol style="list-style-type: none"> <li>1. Student observes videotapes from community job site and records information about skills, working conditions.</li> <li>2. Teacher schedules work observation at community job sites.</li> <li>3. Student conducts a work observation at a community job site.</li> <li>4. Student reviews information collected during work observation and decides if he/she could perform the job.</li> </ol> <p>GOAL 7: Student learns to use available resources to pursue after-school or summer employment preferences.</p> <p><u>Activities:</u></p> <ol style="list-style-type: none"> <li>1. Student reviews community resources useful in finding work.</li> <li>2. Student uses networking to find job leads.</li> </ol>	<p>GOAL 5: Student learns to observe work and analyze the critical skills needed to perform the job.</p> <p><u>Activities:</u></p> <ol style="list-style-type: none"> <li>1. Student becomes familiar with places of employment in the community.</li> <li>2. Student develops a prioritized list of work observation sites.</li> <li>3. Student observes videotapes of persons at work and summarizes critical skills.</li> <li>4. Student observes work at selected community sites, noting major skills.</li> <li>5. Student decides whether he/she likes and could perform the job observed.</li> <li>6. Information is summarized on student profile.</li> </ol>	<p style="text-align: center; vertical-align: bottom;">10</p>

### IMPLEMENTING A CAREER EXPLORATION CURRICULUM

The following activities should be conducted by the special education teacher or the work experience coordinator prior to implementing a Career Exploration curriculum:

1. Present a rationale and supporting data for a community-based vocational program to the director of special education, the school principal, the school board, and parents. Include a tentative outline of the goals and objectives for the program.
2. Obtain a written confirmation of the district administration's knowledge and support of a community-based vocational program.
3. Obtain written permission from parents or guardians for their children to participate in career exploration activities. A sample permission form is included in this section.
4. Ensure liability, medical and accident coverage through school's extended coverage and/or parents' medical insurance or other methods. Examples of how school districts have arranged for coverage of students in the community is included in this section.
5. Develop strategies for supervising students participating in activities in the community. A Staffing Strategies Module which outlines effective use of staff time to provide school and community-based programming is available from STEP.



PARENT PERMISSION FORM

I understand that my child will be participating in a work exploration program in the community that has been explained to me by school personnel. I also understand that there may be occasions when school personnel will transport my child to job interviews and job-related activities.

I hereby release the school and School District # \_\_\_\_\_ from any responsibility involved in:

\_\_\_\_\_ participating in a community work exploration program

\_\_\_\_\_ transportation by school personnel for job-related activities

Student accident or medical insurance is \_\_\_\_\_, is not \_\_\_\_\_ carried on my son or daughter \_\_\_\_\_  
(Name of student)

Name of insurance company: \_\_\_\_\_

Policy Number: \_\_\_\_\_

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Principal's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Teacher's Signature

\_\_\_\_\_  
Date

EXAMPLES OF INSURANCE COVERAGE FOR WORK EXPLORATION PROGRAM

Example 1:

For non-paid work exploration, a training agreement is signed by the employer, teacher and parent/guardian. The school district has liability insurance covering school activities not conducted on school grounds. Parents are responsible for medical and accident insurance for community-based, vocational and other school activities. Work exploration is included on the IEP as a vocational goal.

Students who are paid on the job are covered by the employer's workers compensation insurance.

Example 2:

Students who are placed in non-paid work experience in the community are covered through the Volunteer Bureau in that community. The Volunteer Bureau provides insurance coverage for volunteers working at non-profit organizations such as a hospital or college.

Students who are paid are covered by the employer's workers compensation insurance.

For all students involved in the work experience program, their parents must sign a form that indicates their insurance carrier and that the student is covered by 24 hour insurance, or agree to purchase school insurance.

Work experience is included on the IEP as a vocational goal.

Example 3:

The school pays the students through the employer so all students are covered by workers compensation insurance. For all other community-based activities, the students are covered the same as students involved with field trips and sports. The students can also buy an insurance policy through the school for \$8/school year.

Work experience is included on the IEP as a vocational goal.

STEP MANUAL - CAREER EXPLORATION

Phase I: Career Exploration - Suggested Goals and Activities for Students with Severe and Profound Handicaps:

Goal 1: Assess functional life skills.

Activity 1: Assessment and training of life/survival skills should be an ongoing part of the student's program.

Responsible Person: Instructional team and parents

Materials/Forms: The Vocational Assessment section of the STEP Manual contains reviews of functional life/survival skills assessments. An example of a life skills checklist is included in Appendix Goal 1.

Products/Outcome: Information about the student's ability to function independently in a variety of settings which can be used to establish instructional goals.

Suggested Start/Completion Date: Ongoing beginning in 7th grade; continuing through 12th grade.

CE .

Goal 2: Collect and summarize information about student's present and future vocational interests.

Activity 1: Complete a checklist of observed student interests and discuss future expectations and goals for student.

Responsible Person: Parents, Instructional Team

Materials/Forms: There are three optional forms for assessing student's activities at home and parents' goals for their child. The teacher should use the form he/she feels the parents will be most comfortable using.

## STEP MANUAL - CAREER EXPLORATION

Refer to Appendix Goal 2 for these forms. The Student Profile in Appendix Goal 2 can be used to summarize the student's characteristics informally observed at school.

Products/Outcome: Summary of parents' expectations for student's future work placement and an informal assessment of student's current interests and skills.

Suggested Start/Completion Date: Ongoing beginning in 7th grade/12-13 yrs., continuing through 12th grade/17-21 yrs.

Activity 2: Develop a long-term plan, using the information obtained from Activity 1 above and the life skills assessments, including goals for the student's remaining years in school and for future environments.

Responsible Person: Parents, Instructional Team

Materials/Forms: Refer to the STEP Transition Manual.

Products/Outcome: Long-term transition plan developed for the student that delineates vocational, domestic, community functioning and rec./leisure goals for the current year and tentative plans for subsequent years in school and after graduation.

Suggested Start/Completion Date: Ongoing beginning in 7th grade/12-13 yrs.

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Goal 3: Provide opportunities to experience a variety of jobs or parts of jobs in class, within the school building and in the community to ensure that the student, teacher and family can make informed choices about the best job for the student when he/she is ready to graduate. The student may perform a variety of jobs throughout the school year or perform a different job each semester. A list of possible jobs is included in Appendix Goal 3.

## STEP MANUAL - CAREER EXPLORATION

Refer to Work Exploration Section for a detailed list of activities related to work experience.

CE CE CE CE CE CE CE CE CE CE CE CE CE CE CE CE CE CE CE

Goal 4: Learn work-related skills necessary to prepare for and travel to a work environment. Examples of these skills include getting coat from closet, putting on coat, getting backback, checking grooming before leaving classroom, walking to sites in the community, and gaining street crossing skills.

Activity 1: Learn to use a daily schedule.

Responsible Person: Student, with assistance from instructional team

Materials/Forms: Written and/or pictorial daily schedule included in Appendix Goal 4.

Products/Outcome: The student will develop skills needed to use a daily schedule. The schedule can be incorporated as part of the student's communication system if appropriate.

Suggested Start/Completion Date: Beginning in 7th grade.

Activity 2: Learn to use a checklist to prepare for work.

Responsible Person: Student, with assistance from instructional team

Materials/Forms: Written and/or pictorial work preparation sheet included in Appendix Goal 4.

Products/Outcome: The student will develop skills needed to prepare for work, including appropriate dress and materials needed for work such as lunch, money, transportation, etc.

STEP MANUAL - CAREER EXPLORATION

Note: Some students may match the picture to an object, other students may not recognize what the picture represents but will recognize the picture as part of a daily routine. The pictures may be used as a way of helping the student to anticipate and deal with changes in his/her environment. Line drawings may be substituted with actual photographs of the student performing the activity. The photographs should clearly show the activity being performed.

Suggested Start/Completion Date: Beginning with student's first work experience, ongoing for each work experience.

Activity 3: Learn to use appropriate transportation and mobility skills to travel to and from work (e.g. walk, ride bike or use public transportation system). These skills may include stopping at the curb to wait for the teacher, using traffic lights to safely cross streets, walking on the sidewalk or close to the curb if no sidewalk, and demonstrating appropriate behavior on the bus.

Responsible Person: Student, with assistance from instructional team

Materials/Forms: N/A

Products/Outcome: The student will develop the skills necessary to safely use transportation that is available in his community.

Suggested Start/Completion Date: Beginning with student's first work experience, ongoing for each work experience.

CE CE CE CE CE CE CE CE CE CE CE CE CE CE CE CE CE CE

APPENDIX GOAL 1

STEP MANUAL - CAREER EXPLORATION

Goal 1: Activity 1

LIVING SKILLS CHECKLIST

Student: \_\_\_\_\_ Date: \_\_\_\_\_

Completed by: \_\_\_\_\_

Please check the skills that your child performs independently or with assistance and describe the type of assistance needed.

PERSONAL HYGIENE/GROOMING	I	W/Assistance (Describe)
1. Washes hands		
2. Washes hair		
3. Washes body		
4. Uses deodorant		
5. Combs/brushes hair		
6. Brushes teeth		
7. Shaves using razor (electric or straight edge)		
8. Cleans/clips fingernails and toenails		
9. (Female) Handles feminine hygiene		
10. Uses kleenex/handkerchief		
11. Wears clean clothes		
12. Wears clothes that fit and are in good repair		
13. Wears clothes that are appropriate for the weather		
LAUNDRY/CLOTHING CARE	I	W/Assistance (Describe)
1. Sorts clothes (light/white, dark/colored)		
2. Uses regular washer		
3. Uses regular dryer		
4. Folds/hangs clothes		
5. Mends clothes (buttons, hems, seams)		
6. Irons clothes		
7. Other		



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Goal 1: Activity 1

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HOUSEKEEPING	I	W/Assistance (Describe)
<ol style="list-style-type: none"> <li>1. Sweeps floor</li> <li>2. Wet mops floor</li> <li>3. Cleans bathroom</li> <li>4. Washes dishes:               <ol style="list-style-type: none"> <li>a. Uses sink</li> <li>b. Uses dishwasher</li> </ol> </li> <li>5. Dries dishes</li> <li>6. Stores dishes/pans/utensils in proper place</li> <li>7. Cleans counter/table</li> <li>8. Disposes of garbage in garbage disposal or container</li> <li>9. Cleans/picks up bedroom</li> <li>10. Vacuums carpet</li> <li>11. Cleans living room</li> <li>12. Other _____</li> </ol>		
MEAL PREPARATION/COOKING	I	W/Assistance (Describe)
<ol style="list-style-type: none"> <li>1. Prepares breakfast</li> <li>2. Prepares lunch</li> <li>3. Prepares dinner</li> <li>4. Prepares snack</li> <li>5. Uses kitchen appliances and utensils</li> <li>6. Stores and disposes of food properly after meals</li> <li>7. Cleans up after cooking</li> <li>8. Measures liquid and dry food</li> <li>9. Observes kitchen safety</li> <li>10. Prepares shopping list</li> <li>11. Stores food after shopping</li> <li>12. Other _____</li> </ol>		
TIME	I	W/Assistance (Describe)
<ol style="list-style-type: none"> <li>1. Distinguishes units of time:               <ol style="list-style-type: none"> <li>a. day/night</li> <li>b. morning/evening/afternoon</li> </ol> </li> <li>2. Distinguishes a.m./p.m.</li> <li>3. Distinguishes workdays/non-workdays</li> <li>4. Tells time by hour and 1/4 hour</li> <li>5. Sets and uses alarm clock</li> <li>6. Other _____</li> </ol>		

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Goal 1: Activity 1  
Page Three

PERSONAL/SOCIAL SKILLS	I	W/Assistance (Describe)
1. Carries identification (I.D.)		
2. Responds when spoken to		
3. Uses communication system if nonverbal		
4. Communicates basic needs: verbally, nonverbally		
5. Communicates full name: verbally, using I.D., written		
6. Communicates address, phone number: verbally, using I.D., written		
7. Communicates school or place of work: verbally, using I.D., written		
8. Expresses anger in acceptable manner		
9. Expresses fear in acceptable manner		
10. Expresses affection in acceptable manner at home, school and in the community		
11. Expresses dislike in acceptable manner		
12. Apologizes		
13. Initiates interactions with others		
14. Converses with family members and visitors		
15. Practices acceptable manners in/at:		
a. restaurant		
b. theater/spectator event		
c. party/dance		
d. church		
e. doctor		
f. dentist		
16. Accepts/adjusts to situations that are contrary to own will or desire		
17. Accepts/adjusts to change		
18. Accepts/adjusts to novel situations: visitors, schedule change		
19. Uses acceptable table manners		
20. Engages in a passive activity: stereo, movie, etc. List preferences: _____		
21. Engages in solitary games List preferences: _____		
22. Engages in games with others List preferences: _____		
23. Engages in hobby/craft activity List preferences: _____		

STEP MANUAL - CAREER EXPLORATION

Goal 1: Activity 1  
Page Four

MOBILITY	I	W/Assistance (Describe)
1. Crosses streets safely using traffic lights and pedestrian crossings 2. Knows way to selected locations		
COMMUNITY	I	W/Assistance (Describe)
1. Assists in making purchases at: a. Grocery stores b. Department stores/malls c. Convenience stores 2. Uses recreational facilities (bowling lanes, YMCA, parks, etc.)		
CHORES	I	W/Assistance (Describe)
1. Helps with household chores List: _____		

APPENDIX GOAL 2

STEP MANUAL - CAREER EXPLORATION

STEP MANUAL - CAREER EXPLORATION  
Goal 2: Activity 1

PARENT INTERVIEW  
(Option 1)

Parent's Name \_\_\_\_\_ Student's Name \_\_\_\_\_

Completed by \_\_\_\_\_ Date Completed \_\_\_\_\_

1. What do you want for your son/daughter during the next year, in 5 years, in 10 years in the areas of recreation/leisure, vocational, community functioning and domestic living?

Next Year

Recreation/Leisure \_\_\_\_\_

Vocational \_\_\_\_\_

Summer \_\_\_\_\_

Community Functioning \_\_\_\_\_

Domestic Living \_\_\_\_\_

After Graduation

Recreation/Leisure \_\_\_\_\_

Vocational \_\_\_\_\_

Community Functioning \_\_\_\_\_

Domestic Living \_\_\_\_\_

2. What kind of skills would you like your child to learn in school in the above areas?

Please list:

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

e. \_\_\_\_\_

2. What most concerns you about the future of your son/daughter?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. Are you presently in contact with any agencies that will or may be involved with your son/daughter after graduation?

\_\_\_\_\_  
\_\_\_\_\_

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**Goal 2: Activity 1**  
**Page Two**

4. What type of work do you think your son/daughter would like and/or would be able to do? Explain.

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5. What type of work do you think your son/daughter would like least? Explain.

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14. What recreational/leisure facilities has your son/daughter utilized?

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Goal 2: Activity 1

Parent Interview  
(Option 2)

Parent's Name \_\_\_\_\_ Student's Name \_\_\_\_\_

Completed by \_\_\_\_\_ Date Completed \_\_\_\_\_

Directions: Please fill out this form as completely as possible. This information is important for carrying out current programs at school and for future planning to meet the present and future needs of your child.

Degree of Independence:

- D = Dependent, needs maximal supervision
- SI = Semi-independent, needs minimal supervision
- I = Independent, needs no supervision

I. Domestic Domain

A. What domestic activities (e.g. washes dishes, makes bed, etc.) does your child presently participate in at home?

<u>Activity</u>	<u>Degree of Independence</u>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

B. What domestic areas would you like your child to receive instruction in? Please prioritize the activities you would like to have taught this year (1=high priority, etc.)

- \_\_\_ Dressing appropriately/choosing clothes
- \_\_\_ Clothing care (including laundry, ironing, mending)
- \_\_\_ Meal preparation
- \_\_\_ Housekeeping
- \_\_\_ Hygiene/grooming



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Goal 2: Activity 1  
Page Two

Health education (including diet/exercise, sex education)

Other, please list

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

II. Community Functioning Domain

A. What community activities does your child presently participate in (e.g. shops for groceries, walks to local convenience store)?

<u>Activity</u>	<u>Degree of Independence</u>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

B. What community functioning activities would you like your child to receive instruction in? Please prioritize the activities you would like to have taught this year (1=high priority, etc.)

- Use public transportation
- Shop for groceries
- Use shopping center/mall
- Pedestrian safety
- Use restaurant
- Use public service agencies (post office, bank, employment agencies, etc.)
- Use public recreation facilities (bowling, swimming, tennis, etc.)
- Schedule appointments for health and grooming needs





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Goal 2: Activity 1  
Page Three

\_\_\_\_ Other, please list

_____	_____
_____	_____
_____	_____

III. Recreation/Leisure Domain

A. What leisure activities does your child participate in at home (e.g. plays solitaire, participates in group games, reads, hobbies)

<u>Activity</u>	<u>Degree of Independence</u>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

B. What community leisure activities does your child participate in (e.g. bowls, uses YMCA, attends movies)

<u>Activity</u>	<u>Degree of Independence</u>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

C. What leisure activities would you like your child to receive instruction in? Please prioritize the activities you would like to have taught this year (1=high priority, etc.)

STEP MANUAL - CAREER EXPLORATION

Goal 2: Activity 1

Page Four

- Going to movies
- Attending spectator sports
- Participating in sports (individual or group). Please list:  
\_\_\_\_\_
- Using library
- Attending concerts, plays
- Attending seasonal craft, art shows, etc.
- Participating in church activities
- Eating out
- Attending community events (parades, rodeos, etc.)
- Taking Parks and Rec. Dept. or continuing education classes
- Attending after school social activities

IV. Vocational Domain

A. What chores does your child help with at home (e.g. mows lawn, carries out trash, makes bed, etc.)

<u>Activity</u>	<u>Degree of Independence</u>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

B. What jobs does your child like to do? \_\_\_\_\_  
\_\_\_\_\_

STEP MANUAL - CAREER EXPLORATION

Goal 2: Activity 1  
Page Five

- C. What jobs does your child not like to do? \_\_\_\_\_  
\_\_\_\_\_
  
- D. What types of work would you not like your child to perform at school or in the community? \_\_\_\_\_  
\_\_\_\_\_

V. Additional Information

A. What type(s) of communication system(s) does your child use at home and/or in the community?

- |                      |                         |
|----------------------|-------------------------|
| ____ Verbal          | ____ Gestures           |
| ____ Sign Language   | ____ Other, please list |
| ____ Picture Book    | _____                   |
| ____ Written Message | _____                   |

B. Does your child have any physical limitations or take medicine that may affect his/her ability to participate in certain activities?  
\_\_\_\_\_  
\_\_\_\_\_

STEP MANUAL - CAREER EXPLORATION

Goal 2: Activity 1

WEEKDAY SCHEDULE  
(Option 3)

Student \_\_\_\_\_ Date \_\_\_\_\_

Completed by \_\_\_\_\_

Directions:

- 1. Fill in the activities your child participates in during the week
- 2. Prioritize the activities you would like your child to learn to do or do with less assistance from family members.

Examples of completed weekday and weekend schedules are attached. This information will be used by your child's teacher to plan instructional activities that will benefit your family as well as the student.

Time	Activity	Present level of performance/ assistance necessary	Priority



STEP MANUAL - CAREER EXPLORATION

Goal 2: Activity 1

WEEKEND SCHEDULE

Student: \_\_\_\_\_ Date \_\_\_\_\_

Completed by \_\_\_\_\_

Directions:

- 1. Fill in the activities your child participates in during the week
- 2. Prioritize the activities you would like your child to learn to do or do with less assistance from family members.

Examples of completed weekday and weekend schedules are attached. This information will be used by your child's teacher to plan instructional activities that will benefit your family as well as the student.

Time	Activity	Present level of performance/ assistance necessary	Priority



STEP MANUAL - CAREER EXPLORATION

Goal 2: Activity 1  
Page Two

Time	Activity	Present level of performance/ assistance necessary	Priority

STEP MANUAL - CAREER EXPLORATION

Career Exploration  
Goal 2: Activity 1

STUDENT PROFILE

Directions: Complete and/or update form every few years to keep information current. This form is used to summarize and pass on critical information to subsequent teachers and Adult Service Agency personnel.

Student \_\_\_\_\_ Completed by \_\_\_\_\_

Date of Birth \_\_\_\_\_ Date Completed \_\_\_\_\_

Family History: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medical History: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Social Characteristics: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Academic Skills: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Functional Skills (include domestic, rec./leisure, vocational and community functioning domains): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Likes (including reinforcers): \_\_\_\_\_  
\_\_\_\_\_

Dislikes: \_\_\_\_\_  
\_\_\_\_\_

Average speed/rate student performs tasks: \_\_\_\_\_

STEP MANUAL - CAREER EXPLORATION

Goal 2: Activity 1  
Page Two

Average attention span: \_\_\_\_\_

Average rate of acquisition of new skills: \_\_\_\_\_

Flexibility to adapting to new tasks, persons, environments, etc. \_\_\_\_\_

Initiative \_\_\_\_\_

Preferred learning modalities (e.g. auditory, visual, etc.) \_\_\_\_\_

Overall strengths: \_\_\_\_\_

Overall weaknesses (including any physical or medical limitations) \_\_\_\_\_



APPENDIX GOAL 3

## STEP MANUAL - CAREER EXPLORATION

### Goal 3

#### Possible Work Experience Jobs

##### In-Class Jobs

- Feed animals
- Deliver messages
- Take attendance
- Clean blackboard and erasers
- Straighten room
- Put up chairs
- Sweep/vacuum floor
- Clean table tops
- Wash dishes
- Water plants

##### In-School Jobs

###### Teacher's aide:

- Make bulletin boards
- Make materials
- Assist with other students
- Enter data into computer

###### Lunchroom assistant:

- Wash trays
- Clear tables
- Prepare small foods
- Fill condiment containers
- Serve food
- Sweep floor
- Wash tables
- Clean appliances

###### Library aide:

- Repair torn pages
- Label new books
- Dust books
- Shelve books
- Straighten books and magazines

###### Maintenance assistant:

- Sweep floors
- Pick up litter
- Wash windows
- Rake leaves
- Clean auditorium
- Wash tables and chairs
- Clean bathrooms
- Fill towel dispensers
- Dust

## STEP MANUAL - CAREER EXPLORATION

Goal 3

Page Two

- Vacuum carpets
- Polish metal or woodwork
- Empty garbage cans
- Pull weeds
- Shovel snow

School bus maintenance:

- Clean out buses
- Wash buses
- Clean seats and windows

Clerical assistant:

- Make xerox and mimeograph copies
- Enter data into computer
- Do simple typing
- Deliver messages
- Prepare bulletin boards
- File
- Sort mail
- Collate, fold, staple
- Stuff envelopes
- Box materials
- Stock materials
- Deliver office mail
- Attach labels
- Inventory

Warehouse material handler:

- Clean warehouse
- Unload freight
- Store materials
- Deliver materials
- Assemble simple materials

Locker room assistant

School store assistant

Snack shop assistant

Recycling crew

Messenger

Audio-visual media assistant

Clean lab cages

Feed lab animals

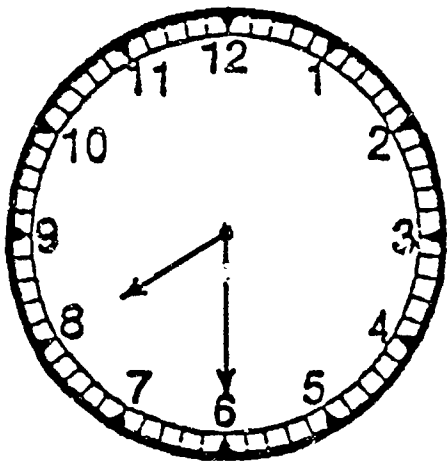
Wash p.e. laundry

Collate school newsletter

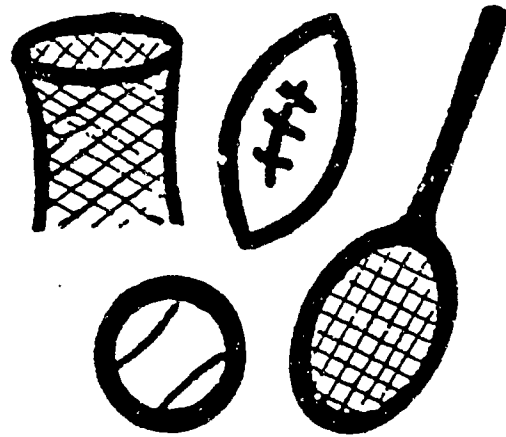
Shop aide

APPENDIX GOAL 4

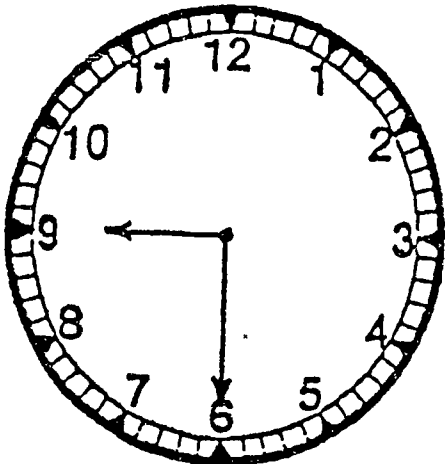
DAILY SCHEDULE



8 : 30



TIME FOR P.E.

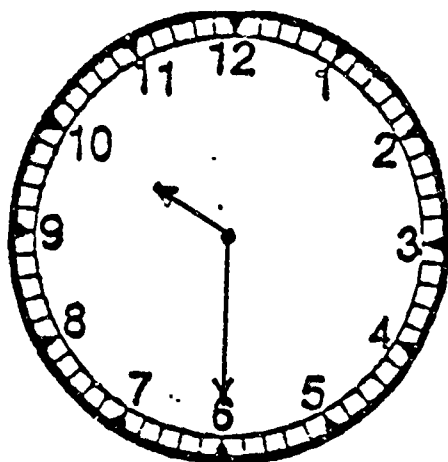


9 : 30



TIME FOR GROCERY SHOPPING

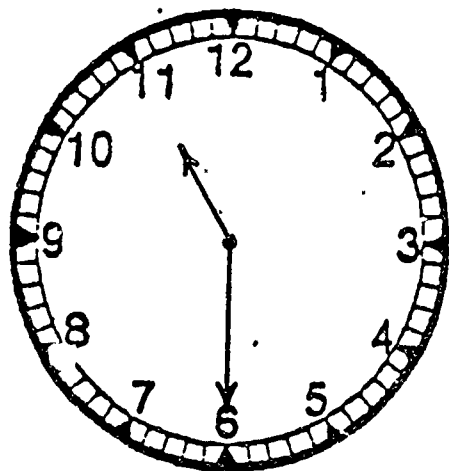
DAILY SCHEDULE



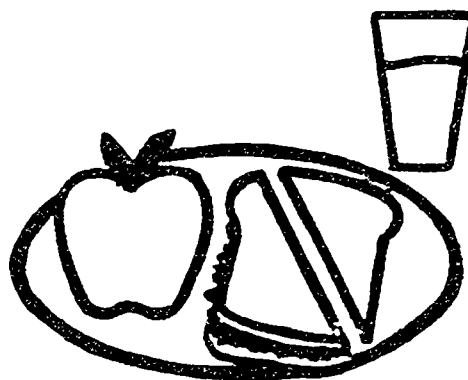
10 : 30



TIME TO COOK

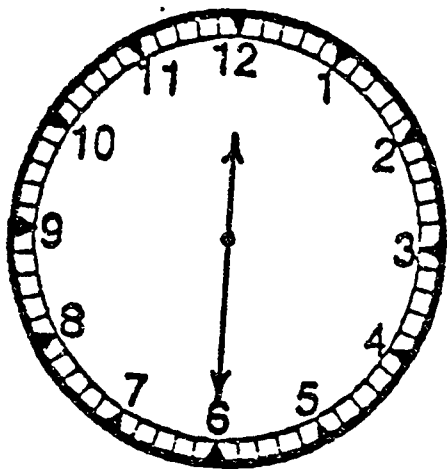


11 : 30

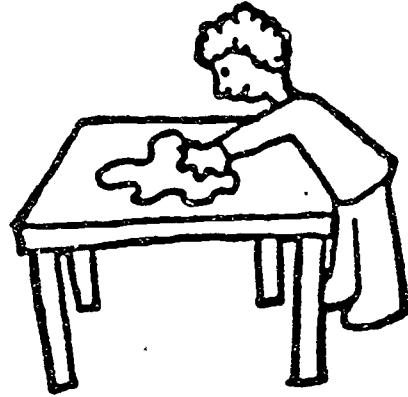


TIME FOR LUNCH

DAILY SCHEDULE

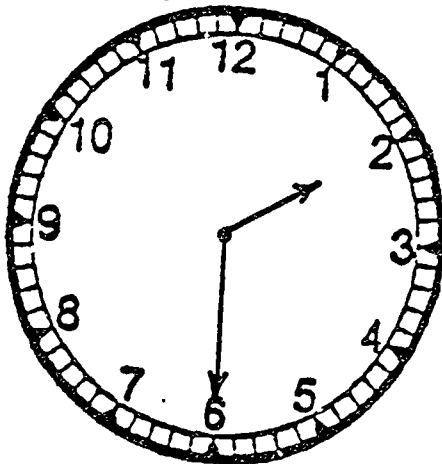


12 : 30

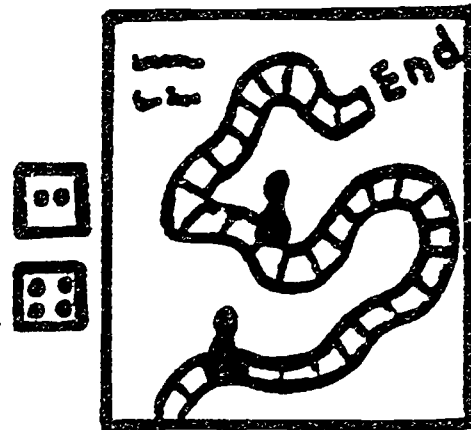


TIME FOR WORK

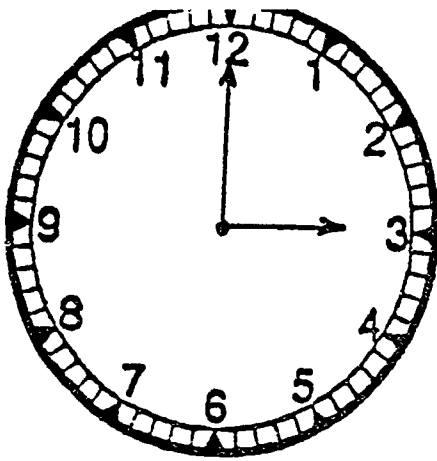
(Substitute picture that is appropriate for the type of work the student is performing)



2 : 30

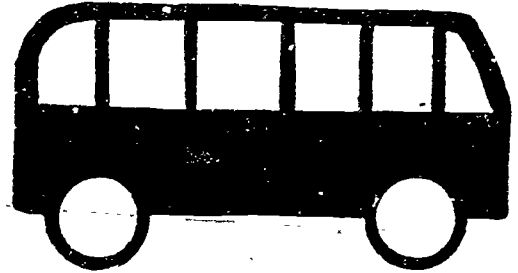


TIME FOR LEISURE



3 : 15

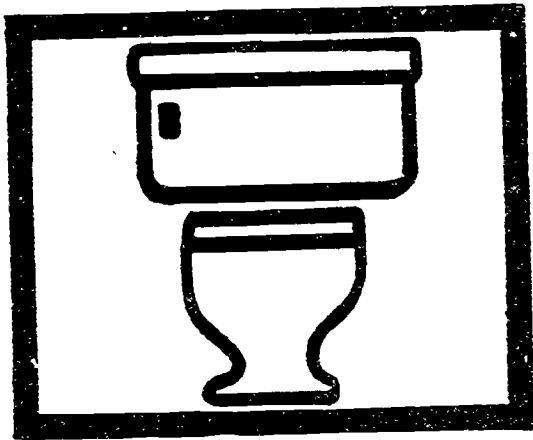
DAILY SCHEDULE



TIME TO GO HOME



WORK PREPARATION CHECKLIST



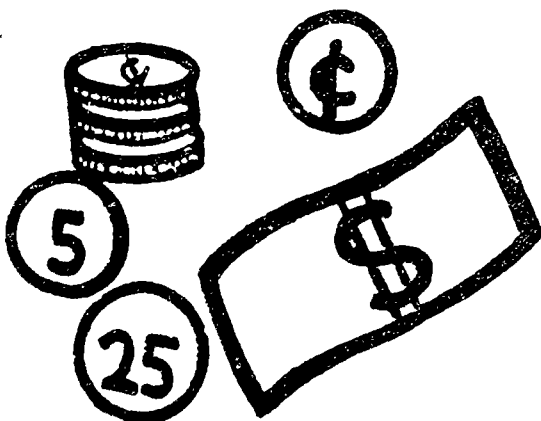
USE BATHROOM



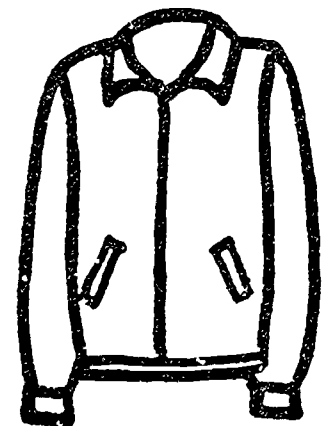
CHECK APPEARANCE



BRUSH HAIR



GET MONEY



PUT ON JACKET