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**ABSTRACT**

During the 1985-1986 and 1986-1987 school years, the In-Touch Task Force of Glenbard High School District 87 developed a questionnaire to survey students on several areas of concern and to assess student willingness to participate in school-based information or intervention programs. The survey consisted of 150 multiple-choice questions and 8 open-ended questions covering the areas of: (1) personal and family characteristics; (2) student worries and concerns; (3) attitudes toward tobacco, alcohol, and drugs; (4) first experience with tobacco, alcohol, and drugs; (5) present use of tobacco, alcohol, and drugs; (6) coping with stress; and (7) interest in school-based information programs. The survey was completed by 5,657 students in four high schools. Responses to all closed-ended questions were analyzed and a random sample of 600 responses to each of the open-ended questions was selected for analysis. This report presents findings from the study in each of the seven areas covered by the survey. Tables are included which illustrate responses to each area by grade level and/or by respondent gender. Student responses to the open-ended questions are summarized. The survey instrument and instructions to students are appended as are total responses to each choice of the multiple-choice questions. (NB)

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GLENBARD DISTRICT 87  
IN-TOUCH TASK FORCE STUDENT SURVEY

Presented to:

Dr. Robert Stevens, Superintendent  
Glenbard In-Touch Task Force

August 1987

Presented by:

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# GLENBARD IN-TOUCH TASK FORCE

## STUDENT SURVEY

### BACKGROUND AND PURPOSE

During the 1985-86 school year, Glenbard High School District 87 formed a committee known as the In-Touch Task Force, made up of Glenbard counselors, social workers, psychologists, students and parents. A major function of this Task Force was to identify areas of student need with regard to general stressors, attitudes and experiences with drugs and alcohol, coping mechanisms, and use of school services to meet social-emotional needs. Over a six-month period extending into the 1986-87 school year, the Task Force developed a questionnaire to survey students in these areas of concern and to assess student willingness to participate in school-based information or intervention programs. With consultative assistance in November-December 1986 from Drs. Margaret Uguroglu and Gayla Nieminen of the Institute for Educational Research (IER), the survey was revised, put in a readable format, piloted on several classrooms of students, edited, and printed.

### METHOD

The survey consisted of 150 questions in a multiple-choice format, and eight open-ended questions. The questions covered the following major areas:

- \* personal and family characteristics
- \* student worries and concerns
- \* attitudes towards tobacco, alcohol and drugs
- \* first experience with tobacco, alcohol and drugs
- \* present use of tobacco, alcohol and drugs
- \* coping with stress
- \* interest in school-based information programs

The In-Touch Task Force organized the copying and distribution of the survey to the four Glenbard High Schools, and the survey was administered to all students at all schools simultaneously. The Task Force decided that the best way to assure validity of responses to the survey and to avoid peer pressure was to administer the survey unannounced, with no make-up administration for students who were not present that day. The Task Force was aware that if there were a hard-core group of drug users in the Glenbard student body who attend sporadically, this group might be under-represented in the survey responses unless follow-up measures were taken to specifically survey these students. It was felt that the disadvantages to follow-up administrations outweighed the advantages, however, and the policy of no make-ups was adopted.

The Task Force also wrote a page of explanation to be read by all students, which emphasized the confidential nature of the survey and asked for their cooperation and honest responses. (The instructions appear in the Appendix as the first page of the survey.)

To ensure confidentiality, student responses to all closed-ended questions were made on optical scanner forms, and students were specifically directed not to include any identifying information on the scanner sheets. Following administration, the scanner sheets were collected separately from the survey, placed in an envelope addressed to the In-Touch Committee, and sealed in the presence of the students. The surveys were then collected and the last page of each survey, containing the open-ended questions, was immediately separated from the rest of the survey, placed in a second envelope, and sealed.

While all students were given a copy of the survey and asked to complete it, the directions indicated that they were not required to do so, nor were they required to answer any questions which were offensive or which made them uncomfortable. Most students completed the survey, although any given item was skipped by 4%-5% of the students.

## FINDINGS

A total of 5,657 students from grades 9 through 12 completed the survey and returned their answer sheets. This represents about 75% of the total student body at the four Glenbard High Schools. Only a tiny fraction appeared not to take the survey seriously; less than 1% gave responses which were clearly inaccurate or obscene.

Responses to all closed-ended questions on the survey were analyzed by computer, including an analysis of the way in which responses differ by sex and grade level. The Appendix lists each survey question and the number of students who selected each response at each grade level. Data are not shown separately for males and females because no major pattern of differences was found when the data were analyzed by sex. The few items which do show a difference by sex are indicated in the body of this report.

A random sample of 600 responses to each of the open-ended questions were selected for analysis. These findings are discussed in a later section of this report.

With 150 questions and nearly 5,700 responses, the sheer quantity of data to be analyzed is immense, but the potential value of this information is also great. The scope of this project allowed for a complete initial analysis of response frequencies by grade level and sex; because of the richness of the data, further analysis may be very useful.

## Personal and Family Characteristics

The table below shows the number of students of each sex and at each grade level who responded to the survey. (There were 245 students who failed to indicate either their grade level or their gender and who are not included in the table.)

	<u>Freshmen</u>	<u>Sophomores</u>	<u>Juniors</u>	<u>Seniors</u>
Female	688	683	696	545
Male	<u>676</u>	<u>734</u>	<u>760</u>	<u>630</u>
Totals	1,364	1,417	1,456	1,175

Not surprisingly, 96% of the students live with one or both parents, and 70% of the students report that their parents are together, rather than separated or divorced. More than half of the students have two employed parents; in 38% of the families the father only is employed, and in 6% the mother only is employed. Approximately equal proportions of students have never moved from one city to another (28%) or have moved three or more times (25%). The rest of the students fall somewhere in between.

About half of the students indicate that they participate in a school sport, and a similar number participate at least in a limited fashion in school activities such as the newspaper or yearbook staff, forensic activities, choir, or band. Boys are more likely to participate in sports than girls, with twice as many boys as girls involved in two or more sports at school. Girls, however, are more likely to participate in school activities, although the male-female difference in level of participation is not as great as it is for sports.

Sixty-five percent of the students work at a paid or unpaid job during the school year, with the percentage rising as the student gets older. Older students are also likely to make more money than younger students: the wage category most frequently marked by juniors and seniors was \$51-100, while for sophomores it was \$21-50 and for freshmen it was \$1-20. Younger students are also more likely to be receiving an allowance from their parents. While there was no difference for males and females in the number of hours worked per week, there were many more boys than girls in the upper income ranges.

The majority of the students feel that they are doing fairly well in school. Only 12% said that they were below average or well below average; the other 88% indicated that they were average or above. More than three-quarters of the students study at least one hour per day outside of school, although



22% say they do not study at all. Seniors are less likely to study outside of school than younger students, and girls appear to study more than boys.

When asked how many classes or full days of school they had "skipped" or "cut" during the past four weeks, 63% said they had not cut any classes, and 78% had not skipped any full days of school. Again, seniors were more likely to have cut a class or a full day. Juniors and seniors also indicated that they socialize more often in the evening than do younger students.

Sixty-seven percent enjoy school somewhat or very much, and 54% are quite satisfied or somewhat satisfied with their lives as a whole. Twenty-two percent have mixed feelings about their lives as a whole, and 24% are somewhat or quite dissatisfied.

Less than half (41%) of the students say that they are very involved or somewhat involved with religious or church-related activities. The other 59% are rarely involved or never involved.

Students reported that during the past year, 35% had had friends who had talked about suicide, and 37% had thought about suicide themselves. When students were asked, "Do you think you have a problem with drugs and/or alcohol?", 91% said they did not. Only 2% answered "yes", while the rest were divided between "maybe" and "I don't know". Students were also asked if any member of the immediate family currently has an alcohol or drug problem. Twenty-five percent answered "yes", 75% said "no", and 8% weren't sure. About two-thirds probably would talk to their parents if they had a question about drugs or alcohol, although 24% said they definitely would not approach parents on this topic.

## Student Worries and Concerns

In order to learn about the factors that cause student stress or concern, the survey presented a list of issues to the students, and asked them to indicate how often they worried about each. The table below shows the percent of students at each grade level who said that they worry every day or almost every day about that issue.

### Percent of Students who Worry "Every Day" or "Almost Every Day"

	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>
Appearance	85%	85%	86%	83%
Grades	67%	71%	71%	61%
Too much to do	48%	47%	58%	57%
Life after high school	28%	38%	53%	54%
Pleasing parents	46%	47%	44%	44%
Dating	45%	45%	43%	41%
Making friends	53%	52%	44%	40%
Doing as well as peers	33%	38%	34%	33%
Family problems	23%	24%	29%	31%
Sex	20%	21%	26%	25%
Eating habits	22%	20%	17%	19%
AIDS	14%	14%	14%	16%
Birth control	8%	10%	15%	16%
Not enough to do	18%	18%	14%	13%

Only three areas of worry show significant age trends. The older students tended to worry more than younger students about life after high school and about having too much to do, while younger students worried more about making friends than older students.

An analysis of variance procedure comparing girls and boys in overall worry found that girls worried more often about a particular topic than boys. The largest differences between boys and girls were in worries about appearance and eating habits. The differences were less pronounced but still



significant in the areas of grades, having too much to do, family problems, and pleasing parents. No differences were seen between boys and girls in their worry about life after high school, making friends and dating, not having enough to do, sex and birth control, doing as well as peers, and AIDS.

Students were also asked if they had felt pressure to become sexually active from any of five sources: friends, family, TV or movies, society, or self. More of the older students (39%) than younger students (27%) were feeling some self-generated pressure to become sexually active. None of the other sources showed any age trends, although differences in response patterns on the basis of gender was a common finding. The table below shows the proportion of males and females who responded "yes" or "somewhat" to this question.

"Have you felt or experienced pressure to become sexually active from . . ."

	FEMALES		MALES	
	<u>Yes</u>	<u>Somewhat</u>	<u>Yes</u>	<u>Somewhat</u>
Friends?	22%	20%	38%	20%
Family?	3%	2%	6%	5%
TV/Movies?	16%	24%	26%	22%
Society?	21%	22%	29%	19%
Yourself?	24%	22%	41%	20%

Boys report more pressure from all sources than girls do, with most pressure felt as self-generated or coming from friends.

## Attitudes Toward Tobacco, Alcohol, and Drugs

In order to assess knowledge, perceptions, and attitudes toward the use of tobacco, alcohol, and drugs, the survey asked the students to indicate how much they think people risk harming themselves, physically or in other ways, if they use any of a list of 10 substances occasionally (3 times a month or less) or regularly (once a week or more). The table below indicates the level of risk presented by each substance in the opinion of Glenbard students. In most cases, the opinions did not differ by grade level; where differences exist, they are discussed following the table. (Those students who marked "don't know" are not included in the table.)

**"How much do you think people risk harming themselves, physically or in other ways, if they use the following substance occasionally (3 times a month or less) or regularly (once a week or more)?"**

	<u>No Risk</u>	<u>Slight Risk</u>	<u>Moderate Risk</u>	<u>Great Risk</u>
<b>Heroin</b>				
Occasional Use	2%	2%	8%	87%
Regular Use	2%	2%	3%	93%
<b>LSD</b>				
Occasional Use	3%	3%	10%	84%
Regular Use	2%	2%	4%	92%
<b>Cocaine or Crack</b>				
Occasional Use	3%	3%	12%	82%
Regular Use	2%	3%	6%	89%
<b>Pills, NOT prescribed by their doctor</b>				
Occasional Use	4%	9%	23%	64%
Regular Use	3%	4%	13%	80%
<b>Inhalents (glue, paint)</b>				
Occasional Use	6%	15%	28%	52%
Regular Use	3%	7%	18%	72%
<b>Marijuana</b>				
Occasional Use	8%	18%	34%	40%
Regular Use	4%	8%	24%	64%
<b>Alcohol</b>				
Occasional Use	17%	35%	32%	17%
Regular Use	5%	15%	37%	43%

	<u>No Risk</u>	<u>Slight Risk</u>	<u>Moderate Risk</u>	<u>Great Risk</u>
Cigarettes				
Occasional Use	18%	42%	27%	13%
Regular Use	5%	19%	39%	36%
Pills prescribed by their doctor				
Occasional Use	24%	40%	23%	12%
Regular Use	11%	25%	31%	33%
Chewing Tobacco				
Occasional Use	18%	44%	28%	10%
Regular Use	6%	22%	42%	29%

In their assessment of risk of harm, students appeared to group the substances listed on the survey into three major categories. Heroin, LSD, and cocaine or crack were rated as greatly harmful regardless of the frequency of use. Marijuana, inhalents, and pills which are not prescribed by one's own physician were seen as quite harmful if used regularly, but moderately harmful if used occasionally. The third group included alcohol, cigarettes, chewing tobacco, and pills prescribed by one's own physician, all of which were rated lower in risk of harm, regardless of frequency of use.

Age differences in perception of risk were apparent for marijuana, which was seen as much riskier by younger students, and for inhalents, which was seen as much riskier by the older students. These differences were true regardless of frequency of use. In addition, younger students perceived the regular--though not the occasional--use of alcohol as more likely to cause harm than did older students.

## First Experience with Tobacco, Alcohol and Drugs

In order to determine the age at which students begin to experiment with tobacco, alcohol and drugs, the survey included a list of these and asked respondents to indicate at which grade they had first tried each substance.

The table below gives (1) the proportion of students who have never tried each of the substances listed on the survey, and (2) of those who have tried each, the proportion who began to use the substance at each grade level. For substances other than alcohol, tobacco, or marijuana, there were too few students who had tried each substance for any further analysis to be meaningful. Complete frequency counts are given in the Appendix.

"When (if ever) did you FIRST do each of the following things?"

	<u>Never</u>	<u>6th</u>	<u>7th- 8th</u>	<u>9th</u>	<u>10th</u>	<u>11th</u>
try alcohol without parent knowledge?	(21%)	18%	46%	23%	10%	4%
drink enough to feel drunk?	(37%)	10%	37%	31%	16%	6%
smoke a cigarette?	(38%)	37%	41%	13%	6%	3%
try marijuana/hash?	(60%)	11%	33%	28%	18%	9%
try smokeless tobacco?	(66%)	23%	44%	20%	10%	4%

The proportion of students who smoke goes up about 5% per year from 9th to 11th grade, with very little difference between 11th and 12th graders. The table indicates that the majority of those who smoke or who have used smokeless tobacco did so by the time they were in eighth grade. Drinking without parental knowledge, drinking enough to feel drunk and smoking marijuana appear to begin later; the majority report first use in 7th, 8th, or 9th grades.

While younger students appear to have begun smoking and perhaps using other substances earlier than older students, this age difference is primarily an artifact of the way that the data was collected and is often seen in similar "cross-sectional" studies. It is almost entirely a result of collecting data at the same point in time from people of different ages. Consequently, the data in this section of the survey will not be discussed by grade level.

More boys than girls reported use of most substances, but the male-female differences were especially pronounced in the use of smokeless tobacco, where three times as many boys as girls had tried it. Twice as many boys as girls reported that they had tried LSD, crack, or heroin. Further, there was a trend for boys to try substances earlier than girls. As the table below indicates, rates of use are low for many of the substances listed.

**Percent of Students who have NEVER ...**

	<u>Girls</u>	<u>Boys</u>
smoked a cigarette	36%	40%
tried smokeless tobacco	85%	48%
had alcohol without parent knowledge	21%	21%
been drunk	38%	36%
tried marijuana	63%	58%
tried LSD	94%	88%
tried cocaine	92%	86%
tried crack	98%	95%
tried heroin	98%	96%
tried downers	93%	91%
tried inhalents	91%	86%
tried other drugs	86%	85%

## Present Use of Tobacco, Alcohol and Drugs

Although a number of adolescents may experiment briefly with alcohol or drugs, those who actually use these substances on a regular basis appear to represent a much smaller number. To investigate this issue, the survey asked a series of questions regarding current use.

Only 12% of all students say that they smoke cigarettes "regularly", with a slight trend toward more smokers among the older students. Another 3% smoke once or twice a day. Two-thirds have never smoked, 12% smoke occasionally but not regularly, and 5% say that they smoked regularly in the past but do not smoke currently. (See Item #33 in the Appendix for complete frequency counts.)

In a later section of the survey, students were asked how often they had used a list of eight substances during the past six months. The table below compares student use of alcoholic beverages and marijuana by grade level; the other substances were used too infrequently for meaningful analysis by grade, and therefore are presented in a second table showing responses by all students.

"Approximately how often, if ever, have you used the following substances in the past six months?"

	Grade				Gender	
	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>	<u>Male</u>	<u>Female</u>
<b>Alcoholic Beverages</b>						
Never/once or twice	65%	54%	43%	35%	48%	51%
1-2 times/month	16%	18%	19%	17%	17%	18%
only on weekends	16%	24%	31%	36%	27%	26%
3 or more times/week	3%	4%	7%	11%	8%	5%
<b>Marijuana</b>						
Never/once or twice	88%	82%	78%	76%	79%	84%
1-2 times/month	4%	5%	8%	8%	6%	7%
only on weekends	4%	4%	6%	6%	6%	4%
3 or more times/week	4%	8%	8%	11%	10%	5%

This table indicates that the majority of younger students have consumed an alcoholic beverage no more than once or twice during the past six months. The proportion of students



in this group drops to 43% for juniors and 35% for seniors, showing the same trend toward increased use of tobacco, alcohol, or drugs with increased age that is evident elsewhere in the survey responses. The older that students are, the more often they appear to drink alcoholic beverages, and juniors and seniors are twice as likely as freshmen to exhibit a pattern of drinking on the weekends. Differences between males and females were small, with a trend for males to drink more often than females.

Marijuana use follows a pattern similar to alcohol. Age trends are evident, with older students more likely to smoke marijuana, and to use it more often than younger students, although the number of users is much smaller than the number of students who drink. Gender differences are more pronounced, with twice as many boys as girls using marijuana three or more times per month. The actual numbers remain small, however, and they are given in full in the Appendix.

"Approximately how often, if ever, have you used the following substances in the past six months?"

	<u>Never</u>	<u>Once or Twice</u>	<u>1-2 times a month</u>	<u>Only on weekends</u>	<u>3+ times a week</u>
Cocaine/Crack	90%	5%	2%	2%	2%
Pills prescribed by doctor	75%	12%	4%	1%	8%
Pills NOT pres- cribed by doctor	89%	69%	2%	1%	2%
Inhalents	93%	4%	1%	1%	1%
LSD	93%	3%	1%	1%	1%
Heroin	97%	1%	1%	1%	1%
Other drugs	89%	5%	2%	1%	3%

The six other substances included on the survey were used too infrequently to analyze by grade level. Pills prescribed by their own physician, such as sleeping pills, diet pills, or Valium, were used most often. Twelve percent of the students stated that they used these pills at least once or twice during the past six months, 5% used them one or two times per month or only on weekends, and 8% said that they used them three or more times per month, with more girls than boys in this last group. For the other substances listed, which included non-prescription drugs, inhalents, LSD, heroin, and other (unspecified) drugs, 89% or more of the students stated that they had never used the substance listed.

## Where and When are Drugs and Alcohol Used?

Other issues of importance in understanding student use of alcohol and other drugs concern the times and places in which these substances are used, and the ways in which students obtain drugs and alcohol. The majority of students who use alcohol or other drugs use them at a friend's house (52%), in a car (32%), or at home (28%). Twenty-six percent said they use drugs or alcohol at or near school, and 39% use them in some other (unspecified) place. (Since students could indicate more than one location, percents do not add to 100.)

The overwhelming majority of students who use drugs and alcohol do so on weekends (56%) and in the evening (34%). In addition, 28% use drugs or alcohol before or after school, and 9% said that they use them during school.

Students were also asked to indicate where they obtain alcohol, if they use it. The two most important sources for students are "someone old enough to buy it" (49%) and "someone under legal drinking age" (37%). A third important source is "from my home without parent consent" (25%). In addition, 16% of students can get alcohol from their parents, and 12% say that they buy it themselves from a store. Twenty-nine percent indicated that they use other sources as well as those that were listed on the survey.

One-third (32%) said that when they are at parties where no parents are present, they usually or always drink or take drugs. Eight percent drink or take drugs at parties when parents are present. Major age differences were apparent in the answers to these questions, with older students more likely than younger students to drink or take drugs in either setting.

Of those students who do drink or take drugs, 45% say that their parents are completely unaware of their activities, and 41% say that their parents are somewhat aware. Only 16% say that their parents usually or always know if the student has been drinking or has taken drugs.

Most students (74%) feel that their peers have little or no influence on their use or non-use of alcohol/drugs. Older students were more likely to indicate that their peers influenced them with regard to drug or alcohol use. Other perceived influences were obtained through open-ended questioning, and these responses will be discussed later in the report.

Four questions relating to drinking and driving were included on the survey, and are shown in the table on the next page.

"How many times have you...

	Grade			
	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>
been a passenger in a car when the driver has been drinking?				
Never	48%	41%	29%	21%
Once or twice	30%	34%	37%	33%
3 or more times	22%	26%	34%	46%
driven a car, truck, motorcycle, etc. after you have had alcohol?				
Never	93%	85%	61%	44%
Once or twice	5%	11%	27%	29%
3 or more times	2%	4%	12%	27%
driven after drinking five or more drinks in a row?				
Never	96%	93%	84%	72%
Once or twice	2%	4%	9%	14%
3 or more times	2%	3%	6%	14%
driven after taking drugs other than alcohol?				
Never	94%	89%	80%	73%
Once or twice	3%	6%	11%	12%
3 or more times	3%	5%	9%	15%

This table shows that student rate of participation in dangerous activities involving alcohol or drugs and driving increases with age. For example, seniors are much more likely than freshmen to have been a passenger in a car when the driver has been drinking (79% vs. 52%), and to have driven after having alcohol (56% vs. 7%). Sophomores and juniors fall in between these two groups. In general, these differences are a reflection of the age trends in alcohol and drug use which were discussed above.

### Coping with Stress

In order to determine where students go for advice and help when they have a problem, the survey presented a list of possible helpers, and students were asked to mark all that applied to them. The table below lists the potential helpers in the rank order in which they were selected.

"If you had a personal problem of some kind or felt stress in relation to school life, family life, or social life, who would you most likely talk to about it?"

A friend	90%
My parents	57%
A relative other than parents	41%
Other (not specified)	39%
A counselor at my school	26%
No one	22%
A teacher	22%
A counselor outside of school	17%
A coach	16%
A priest, minister, or rabbi	16%

The only age difference seen was in the proportion of students who would talk to a school counselor; the number decreased with student age. Thirty-three percent of the freshmen marked the school counselor as a person they would ask for help in solving a problem, compared to 21% of the seniors. Boys were slightly more likely than girls to choose a clergyperson or a coach as a source of help.

## Interest in School-Based Information Programs

One of the major purposes of the survey was to assess student willingness to participate in school-based information or intervention programs. Therefore, students were surveyed on their interest in a series of topics listed in the table below. Students could mark as many topics as they wished. Older students were more interested than younger ones in information on birth control and sexually transmitted diseases. No other age trends were apparent in the students' responses. Girls were more interested than boys in a number of topics, and for this reason, the table below indicates the proportion of students, by gender, who marked each topic.

"Which of the following topics or issues would you like to have more information about?"

	<u>Girls</u>	<u>Boys</u>
Career choices	75%	70%
Birth control	50%	32%
Coping with academic stress	48%	40%
Pregnancy	48%	25%
Sexually transmitted diseases	45%	40%
Coping with death and loss	45%	29%
Family communication	44%	31%
Suicide prevention programs	41%	22%
Effects of drugs and alcohol	39%	30%
Eating disorders	30%	12%
Coping with divorce	14%	12%

To follow up on these areas of concern, students were asked if they would be interested in participating in a school program designed to address the topics they selected. About three-quarters of the students answered either "yes" or "maybe" to this question. There were no age differences in response, although older students were a little more definite in their willingness to participate. Many more girls indicated that they were interested in possible programs (80% said "yes" or "maybe") than boys (65%). A smaller number of students said that they would participate in a community

program designed to address the topics of interest (16% "yes", 41% "maybe"). Again, more girls (66%) than boys (51%) indicated at least some level of interest.

Approximately half of the students had participated in classes in school which have addressed stress/coping, drug and alcohol use, suicide, and personal values. Slightly less than half had also participated in a special program, guest speaker, or school organization which addressed drug and alcohol use. About one-quarter to one-third had participated in a special program or guest speaker addressing stress and coping, pregnancy and sexuality, suicide, or personal values.

**Have you participated in any classes in school which have addressed..."**

	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>
stress and/or coping?	53%	41%	45%	48%
drug/alcohol use?	56%	51%	56%	61%
suicide?	50%	38%	44%	50%
personal values?	47%	43%	47%	55%

**Have you participated in any special programs, lectures, guest speakers, or school organizations which have addressed..."**

	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>
stress and/or coping?	23%	26%	27%	27%
drug/alcohol use?	39%	43%	43%	44%
pregnancy and/or sexuality?	32%	34%	32%	36%
suicide?	24%	23%	23%	23%
personal values?	26%	31%	32%	32%

On the whole, no difference in participation was found by grade level, indicating that more years at the high school did not appear to bring increased exposure to these topics. In addition, no difference between males and females was seen in level of participation. Seventy-five percent of those who had participated in one or more of the above programs felt that the program had been very valuable or somewhat valuable.



## Open-Ended Questions

Eight open-ended questions were included on this survey. Because the scope of the project did not allow for compiling of all student responses to these questions, a sample of 600 or about 10% of the total were selected for analysis. Blanks and unusable responses were removed, resulting in a total of 568 surveys. After the sample was selected, the responses to each question on the selected surveys were read by IER staff to identify broad response categories. Each student's responses were then tallied within the appropriate category.

Student responses are summarized below. The percentages in this table reflect the proportion of the total responses that were made to that question, not the proportion of students who gave a specific response. For example, for the first question below, the figure of 45% was obtained by counting the number of times that "friend" was given in response to this question, and dividing that number by the total number of responses to this question.

**"What or who is most helpful to you in dealing with daily stress/depression?"**

Friends	45%
Parents	16%
Myself	11%
Family (not specifically parents)	10%
Recreation	8%
Teachers/counselors	3%
God, physician, pets, clergy, diary, computer, crying	1%
I have no problems of this kind	3%

**"What or who is most helpful to you in dealing with pressure to use drugs/alcohol?"**

Friends	30%
Myself/values	18%
Parents	15%
Family (not specifically parents)	6%
Knowledge/programs/school lectures	4%
Recreation, God, teachers, clergy, physician	4%
I feel no pressure	21%

**"What or who is most helpful to you in dealing with questions or concerns about issues of sexuality?"**

Friends	35%
Parents	25%
Family	9%
Teachers	6%
School	4%
Books	4%
TV	3%
Bible, physician, God, clergy	2%
I don't have any questions	12%

**"What is most important to you in your life right now? What do you value?"**

Friendship	24%
Family	16%
Career/future/graduation/college	14%
Education/school/grades	12%
Fun/hobbies/recreation	9%
Life	4%
Religion/church/God	2%
Car	2%
Myself	2%
Money	2%
Success	2%
Happiness	2%
Appearance, health, independence, pets, honesty, security, computers, being smart, resisting drugs	9%

**"What do you think are the 3 most important reasons teenagers choose NOT to use drugs or alcohol?"**

Dangerous/damaging/unhealthy	24%
Parents	12%
Friends	7%
Don't want to	6%
Fear	6%
Too smart	5%
Happy life without use	5%
Possible addiction	5%
Illegal, inaccessible, too expensive	5%
Avoid trouble	4%
Death	4%
Ethics/God/religion	4%
Witnessed bad experience	3%
Tried but didn't like	3%
Grades/sports/activities	2%
Self-respect	2%

**"What are some of the most positive aspects of your high school experience so far?"**

Friends	35%
School activities	27%
Good grades	12%
Classes/learning	10%
Maturing	6%
Teachers	5%
Career choices/prep for college	3%
New experiences	2%
Self-confidence	1%

**OPTIONS FOR FURTHER DATA ANALYSIS**

This project allowed for a first look at the rich and complex data available from this detailed survey of student attitudes, beliefs, and behavior. The descriptive data presented in this report, including frequency counts and percentages of student responses, provide a grounding for current program planning. If specific issues or concerns are raised by this body of data, it would be appropriate to conduct further analysis.

For example, it would be possible to develop profiles of subpopulations within the student body, based on demographics, and then to examine the behavioral and attitudinal descriptors of these subpopulations. Or, a "worry" score could be calculated, based on the number or type of issues that a student worries about; this score could be compared to other responses, including suicidal thoughts and drug-related behavior. In addition, correlations among key variables could reveal important patterns of behavior, and could indicate which expressed attitudes or beliefs are most closely related to drug or alcohol use. Further, a regression analysis could examine the behaviors and attitudes surveyed and identify those variables which are predictive of suicide or problems with alcohol or drugs.

## SUMMARY

A total of 5,657 students from grade 9 through 12, representing about 75% of the total student body at the four Glenbard High Schools completed the survey. Almost all appeared to take the survey seriously.

Most students live with one or both parents, and most report that their parents are together, rather than separated or divorced. More than half of the students have two employed parents. About one-fourth of the students have moved three or more times, and the same number have never moved from one city to another. Less than half of the students say that they are very involved or somewhat involved in religious or church-related activities.

About half of the students indicate that they participate in a school sport, and a similar number participate, at least in a limited fashion, in school activities such as the newspaper or yearbook staff, forensic activities, choir or band.

Sixty-five percent of the students work at a paid or unpaid job during the school year, with the percentage rising as the student gets older. Older students are also likely to make more money than younger students, and younger students are more likely to be receiving an allowance from their parents. While there was no difference for males and females in the number of hours worked per week, the proportion of boys in the upper income ranges was higher than girls.

The majority of the students feel that they are doing fairly well in school; 88% indicated that they were average or above. More than three-quarters of the students study at least one hour per day outside of school, although 22% say they do not study at all. Seniors are less likely to study outside of school than younger students, and girls appear to study more than boys.

Most students enjoy school somewhat or very much. When asked how many classes or full days of school they had "skipped" or "cut" during the past four weeks, 63% said they had not cut any classes, and 78% had not skipped any full days of school. Again, seniors were more likely to have cut a class or a full day. Juniors and seniors also indicated that they socialize more often in the evening than do younger students.

Slightly more than half say that they are quite satisfied or somewhat satisfied with their lives as a whole. During the past year, 35% had had friends who had talked about suicide, and 37% had thought about suicide themselves.

When students were asked, "Do you think you have a problem with drugs and/or alcohol?" 91% said they did not. About two-thirds probably would talk to their parents if they had a question about drugs or alcohol, although 24% said they

definitely would not approach parents on this topic. Twenty-five percent stated that a close family member now has or may have an alcohol or drug problem.

A significant number of students regardless of age or gender are worried about grades, personal appearance, making friends, dating, and pleasing their parents. Older students also worried about life after high school and about having too much to do, while younger students were a little more worried about making friends than older students were. Girls worried more than boys, especially about appearance and eating habits. The differences were less pronounced but still significant in the areas of grades, having too much to do, family problems, and pleasing parents.

Some older students in particular were feeling self-generated pressure to become sexually active, and boys reported more pressure than girls from friends, TV and movies, society at large, as well as themselves.

When they were asked to state the risk of harming oneself by the use of tobacco, alcohol, or drugs, students' responses fell into three major categories. Heroin, LSD and cocaine or crack were rated as greatly harmful regardless of the frequency of use. Marijuana, inhalents, and pills which are not prescribed by one's own physician were seen as quite harmful if used regularly, but moderately harmful if used occasionally. The third group included alcohol, cigarettes, chewing tobacco, and pills prescribed by one's own physician, all of which were rated lower in risk of harm, regardless of frequency of use.

Students differed by age in some of their perceptions. Younger students viewed the regular use of alcohol, and marijuana use of any frequency, as very risky. Older students saw the use of inhalents as carrying great risk.

The majority of those who smoke or who have used smokeless tobacco did so by the time they were in eighth grade. Drinking without parental knowledge, drinking enough to feel drunk, and smoking marijuana appear to begin later; the majority report first use in 7th, 8th, or 9th grades. There were too few students who had tried LSD, cocaine, crack, heroin, downers, inhalents, or other drugs for a specific analysis on the basis of age or sex to be meaningful.

While more boys than girls reported use of all substances, the male-female differences were especially pronounced in the use of smokeless tobacco, where three times as many boys as girls had tried it. Twice as many boys as girls reported that they had tried LSD, crack or heroine. Further, there was a trend for boys to try substances earlier than girls.

Only 12% of all students say that they smoke cigarettes "regularly," with a slight trend towards more smokers among the older students. Two-thirds have never smoked.

The older that students are, the more often they appear to drink alcoholic beverages. Difference between males and females were small, with a trend for males to drink more often than females. In addition, older students are twice as likely as freshmen to exhibit a pattern of drinking on the weekends.

Marijuana use follows a pattern similar to alcohol. Age trends are evident, with older students more likely to smoke marijuana, and to use it more often than younger students, although the number of users is much smaller than the number of students who drink. Gender difference are more pronounced, with boys using marijuana on a more frequent basis than girls.

The six other substances included on the survey were used too infrequently to analyze by grade level. Pills prescribed by their own physician, such as sleeping pills, diet pills, or Valium, were used most often. For the others, which included non-prescription drugs, inhalents, LSD, heroin, and other (unspecified) drugs, 89% or more of the students stated that they had never use the substance listed.

The majority of students who use alcohol or other drugs use them at a friend's house, in a car, or at home. About one-quarter said they use drugs or alcohol at or near school. The overwhelming majority of students who use drugs and alcohol do so on weekends or in the evening. A small number said that they use them during school hours.

Students were also asked to indicate where they obtain alcohol, if they use it. The two most important sources for students are "someone old enough to buy it" and "someone under legal drinking age." A third important source is "from my home without parent consent."

One-third said that when they are at parties where no parents are present, they usually or always drink or take drugs. A few also drink or take drugs at parties when parents are present.

Of those students who do drink or take drugs, almost half say that their parents are completely unaware of their activities, and about the same number say that their parents are somewhat aware.

Student rate of participation in dangerous activities involving alcohol or drugs and driving increases with age. For example, seniors are much more likely than freshmen to



have been a passenger in a car when the driver has been drinking, and to have driven after having alcohol. In general, these differences are a reflection of the age trends in alcohol and drug use which were revealed by this survey.

When students have a personal problem of some kind or feel stress in relation to school life, family life, or social life, they generally talk to their friends about the problem. Next most likely is a member of the family, especially their parents. About one-quarter said that they do not talk to anyone about such problems.

Students expressed interest in having more information about a number of topics, with the most popular being career choices, birth control, pregnancy, and sexually transmitted diseases, coping with academic stress, family communication, coping with death and loss, and suicide prevention. Girls were more interested than boys in most topics.

If school programs were available which addressed the topics above which were of greatest concern, three-quarters of the students would be interested in participating.

APPENDIX

## **HIGH SCHOOL DISTRICT 87**

### **IN-TOUCH TASK FORCE COMMITTEE**

This survey questionnaire is being conducted by the District 87 IN-TOUCH TASK FORCE COMMITTEE. The purpose of the survey is to learn about the feelings, needs and concerns of high school and junior high school students in our community. We are interested in a number of general areas, in particular about the concerns you have in your life in and out of school, about your lifestyle and attitudes relative to the use of cigarettes, alcohol and drugs, and about your ideas concerning programs and services in your school and community.

This is a strictly anonymous questionnaire--it will not contain any information which could identify you in any way. The questionnaires will be collected at the end of the period by the survey administrator and will be sealed in an envelope and taken directly to the office of our Research Consultant.

Please read explanations and directions carefully. There are no right or wrong answers. If you cannot find an answer that seems exactly right for you, mark the one that comes closest. We hope that you will answer each question as thoughtfully and honestly as you can. Please remember again that all answers are strictly confidential.

Use the answer sheet provided to record your answers to each item. **DO NOT PUT ANY IDENTIFYING INFORMATION ON THE ANSWER SHEET.** Then write your responses to the open-ended questions directly on the last page of this survey.

Thank you for participating in this study. We hope that you will find the questionnaire interesting. If you have any questions while completing the survey, please raise your hand and your teacher will come to your desk to answer it.

Please begin

**IN-TOUCH TASK FORCE STUDENT SURVEY**  
**Glenbard High School District 87**

**PART 1 - CONCERNS**

We would like to learn more about the kinds of things that cause stress or concern in your life. For the statements listed below, please indicate how often each is true for you by filling in the circle on the answer sheet that corresponds to your answer.

I worry about...

1. my grades; how well I am doing in school.
2. my appearance, e.g., how I look, my weight, my height, how I dress.
3. having too much to do and too little time to do it.
4. family problems, e.g., finances, fighting, divorce, etc.
5. what I will do after high school, e.g., what college to attend, finding a job, etc.
6. making friends; being liked by other people.
7. my eating habits, e.g., starving myself or eating too much & making myself vomit.
8. dating or going out with someone.
9. not having enough to do, being bored.
10. pleasing my parents.
11. birth control.
12. my sexual attitudes and behavior.
13. doing things as well as my peers.
14. AIDS.

- A = EVERY DAY**  
**B = ALMOST EVERY DAY**  
**C = ONCE IN A WHILE**  
**D = ALMOST NEVER**  
**E = NEVER**

## PART 2 - PERSONAL CHARACTERISTICS

15. What is your grade in school?  
A) freshman  
B) sophomore  
C) junior  
D) senior
16. What is your sex?  
A) female  
B) male
17. Who do you live with?  
A) I live alone.  
B) one or both parents (legal guardians)  
C) brothers and/or sisters only  
D) other relatives only  
E) other non-relatives only
18. Are your parents...  
A) together?  
B) separated?  
C) divorced?  
D) one or both parents have died?  
E) other
19. If your parents are divorced has either parent remarried?  
A) My parents are not divorced.  
B) yes  
C) no
20. Which of your parents is employed on a full-time basis?  
A) father only  
B) mother only  
C) both mother and father  
D) neither
21. How many times have you moved your home from one city to another?  
A) none  
B) once  
C) twice  
D) three or more times
22. How many school sports do you participate in?  
A) none  
B) one  
C) two  
D) three or more
23. How much do you participate in school activities such as newspaper, yearbook staff, forensics, choir, band, etc.?  
A) not at all  
B) a little  
C) quite a bit  
D) a great deal
24. How well are you doing in school?  
A) well above average  
B) above average  
C) average  
D) below average  
E) well below average
25. During the last four weeks, how many whole days of school have you missed because you skipped or "cut"?  
A) none  
B) one day  
C) two to four days  
D) five to ten days  
E) more than ten days
26. During the last four weeks, how times have you skipped a class when you weren't supposed to?  
A) no times  
B) once  
C) two to four times  
D) five to ten times  
E) more than ten times
27. On the average, how many hours per week do you work in a paid or non-paid job during the school year?  
A) none  
B) one to ten hours  
C) eleven to twenty hours  
D) twenty to forty hours  
E) more than forty hours
28. During an average week, how much money do you make from your job?  
A) none  
B) \$1 to \$20  
C) \$21 to \$50  
D) \$51 to \$100  
E) over \$100

29. How much money per week you you receive from your parents or guardian for your allowance (spending money?).
- A) none
  - B) \$1 to \$10
  - C) \$11 to \$20
  - D) \$21 to \$50
  - E) over \$50
30. During a typical week, on how many evenings do you go out for fun and to socialize?
- A) none
  - B) one to two
  - C) three to four
  - D) five to seven
31. Approximately how many hours per day do you spend studying (out of school)?
- A) none
  - B) one
  - C) two to three
  - D) four or more
32. How involved are you with religious or church related activities?
- A) very involved
  - B) somewhat involved
  - C) rarely involved
  - D) never involved
33. How often do you smoke cigarettes?
- A) never
  - B) once or twice a day
  - C) occasionally but not regularly
  - D) regularly in the past
  - E) regularly now
34. How much do your friends influence your use or non-use of alcohol or other drugs?
- A) a lot
  - B) somewhat
  - C) very little influence
  - D) not at all
35. How often do you drink alcohol or take drugs at parties where no parents are present?
- A) never
  - B) once in a while
  - C) usually
  - D) always
36. Do you think any member of your immediate family (father, mother, brother, sister) now has an alcohol or drug problem?
- A) yes
  - B) no
  - C) I don't know
37. During the past year, have any of your friends ever talked with you about committing suicide?
- A) yes
  - B) no
38. During the past year, have you ever thought about committing suicide?
- A) yes
  - B) no
39. In general, how much do you enjoy school?
- A) very much
  - B) somewhat
  - C) not too much
  - D) not at all
40. In general, how satisfied are you with your life as a whole these days?
- A) quite dissatisfied
  - B) somewhat dissatisfied
  - C) neither, or mixed feelings
  - D) somewhat satisfied
  - E) quite satisfied
41. How often do you drink alcohol or take drugs at parties where your own or someone else's parents are present?
- A) never
  - B) once in a while
  - C) usually
  - D) always
42. How often do you think your parents know when you've had alcohol or drugs?
- A) I don't drink or take drugs.
  - B) never
  - C) once in a while
  - D) usually
  - E) always
43. Do you think you have a problem with drugs and/or alcohol?
- A) yes
  - B) no
  - C) maybe
  - D) I don't know.
44. If you had a question about drugs or alcohol, would you talk to your parents or guardians about it?
- A) definitely not
  - B) maybe
  - C) probably
  - D) definitely



### PART 3 - ATTITUDES AND EXPERIENCES

We hope that you will answer all of the questions, but if you feel that you can't answer a question honestly, please leave it blank. YOU CAN BE CERTAIN THAT THIS SURVEY IS STRICTLY CONFIDENTIAL, AND THAT NO ATTEMPT WILL BE MADE TO CONNECT YOUR NAME WITH YOUR ANSWERS.

How much do you think people risk harming themselves, physically or in other ways, if they use the following substance occasionally, 3 times a month or less?

- |   |                   |
|---|-------------------|
| 45. Cigarettes  | A = no risk       |
| 46. Chewing tobacco   | B = slight risk   |
| 47. Alcohol   | C = moderate risk |
| 48. Marijuana   | D = great risk    |
| 49. Cocaine or crack  | E = don't know    |
| 50. Pills, prescribed by their doctor, i.e., valium, diet pills, sleeping pills, etc. |                   |
| 51. Pills, not prescribed by their doctor, uppers, downers, ludes, speed, etc.        |                   |
| 52. Inhalents (glue, paint)   |                   |
| 53. LSD   |                   |
| 54. Heroin  |                   |

How much do you think people risk harming themselves, physically or in other ways, if they use the following substances regularly, once a week or more? (Use the choices given above.)

- |   |                   |
|---|-------------------|
| 55. Cigarettes  | A = no risk       |
| 56. Chewing tobacco   | B = slight risk   |
| 57. Alcohol   | C = moderate risk |
| 58. Marijuana   | D = great risk    |
| 59. Cocaine or crack  | E = don't know    |
| 60. Pills, prescribed by their doctor, i.e., valium, diet pills, sleeping pills, etc. |                   |
| 61. Pills, not prescribed by their doctor, i.e., uppers, downers, ludes, speed, etc.  |                   |
| 62. Inhalents (glue, paint)   |                   |
| 63. LSD   |                   |
| 64. Heroin  |                   |

Approximately how often, if ever have you used the following substances in the past six months?

- |   |                              |
|---|------------------------------|
| 65. Alcoholic beverages (beer, wine, hard liquor)                         | A = never                    |
| 66. Marijuana   | B = once or twice            |
| 67. Cocaine or crack  | C = 1 or 2 times a month     |
| 68. Pills, prescribed by your doctor (sleeping pills, diet pills, valium) | D = only on weekends         |
| 69. Pills, not prescribed by your doctor, (uppers, speed, downers, ludes) | E = 3 or more times per week |
| 70. Inhalents   |                              |
| 71. LSD   |                              |
| 72. Heroin  |                              |
| 73. Other drugs   |                              |

How many times have you...

- |     |   |                     |
|-----|---|---------------------|
| 74. | been a passenger in a car when the driver has been drinking?      | A = never           |
| 75. | driven a car, truck, motorcycle, etc. after you have had alcohol? | B = once or twice   |
| 76. | driven after drinking five or more drinks in a row?               | C = 3 or more times |
| 77. | driven after taking drugs other than alcohol?                     |                     |

If you use drugs or alcohol, where do you most frequently use them? (Mark all that apply.)

- |     |                              |              |
|-----|------------------------------|--------------|
| 78. | I don't use drugs or alcohol | A = agree    |
| 79. | At home                      | B = disagree |
| 80. | On school property           |              |
| 81. | Near school property         |              |
| 82. | At a friend's house          |              |
| 83. | In a car (mine or friend's)  |              |
| 84. | Other                        |              |

If you use drugs or alcohol, when do you most frequently use them? (Mark all that apply.)

- |     |                                    |              |
|-----|------------------------------------|--------------|
| 85. | I don't use drugs or alcohol       | A = agree    |
| 86. | Before school                      | B = disagree |
| 87. | During school, including lunchtime |              |
| 88. | After school (before dinnertime)   |              |
| 89. | At night                           |              |
| 90. | On weekends                        |              |

If you use alcohol, where do you get it? (Mark all that apply.)

- |     |  |              |
|-----|--|--------------|
| 91. | I don't use it.                              | A = agree    |
| 92. | From my home <u>without</u> parent consent   | B = disagree |
| 93. | From my home <u>with</u> parent permission   |              |
| 94. | I buy it myself at a store.                  |              |
| 95. | From someone <u>under</u> legal drinking age |              |
| 96. | From someone old enough to buy it            |              |
| 97. | Other  |              |

If you had a personal problem of some kind or felt stress in relation to school life, family life, or social life, who would you most likely talk to about it? Please mark all that apply.

- |      |                                 |              |
|------|---------------------------------|--------------|
| 98.  | My parents                      | A = agree    |
| 99.  | A friend                        | B = disagree |
| 100. | A relative (other than parents) |              |
| 101. | A priest, minister, or rabbi    |              |
| 102. | A coach                         |              |
| 103. | A teacher                       |              |
| 104. | A counselor in my school        |              |
| 105. | A counselor outside of school   |              |
| 106. | No one                          |              |
| 107. | Other                           |              |

Have you felt or experienced pressure to become sexually active from...

- |                         |              |
|-------------------------|--------------|
| 108. Friends?           | A = yes      |
| 109. Family?            | B = no       |
| 110. Television/movies? | C = somewhat |
| 111. Society?           |              |
| 112. Yourself?          |              |

In general which of the following topics or issues would you like to have more information about?

- |  |         |
|--|---------|
| 113. Coping with academic stress                 | A = yes |
| 114. Coping with divorce                         | B = no  |
| 115. Birth control                               |         |
| 116. Coping with death and loss                  |         |
| 117. Career choices                              |         |
| 118. Family communication                        |         |
| 119. Sexually transmitted diseases               |         |
| 120. Effects of drugs and alcohol                |         |
| 121. Suicide prevention programs                 |         |
| 122. Eating disorders, i.e. anorexia and bulimea |         |
| 123. Pregnancy                                   |         |
| 124. Others(Please list) _____                   |         |

125. Would you participate in a school program designed to address topics you answered "yes" above?
- A) yes  
B) no  
C) maybe
126. Have you participated in any special programs, lectures, guest speakers, etc. in your school which have addressed the issues of substance use and/or abuse?
- A) yes  
B) no
127. For any of the issues checked above, would you participate in a community program designed to address those topics?
- A) yes  
B) no  
C) maybe
128. In your opinion, how effective are the disciplinary policies in your school in dealing with the issue of drug and alcohol use?
- A) very effective  
B) somewhat effective  
C) not effective  
D) I don't know.

Have you participated in any classes in school which have addressed

- |                           |         |
|---------------------------|---------|
| 129. stress and/or coping | A = yes |
| 130. drug/alcohol use     | B = no  |
| 131. suicide              |         |
| 132. personal values      |         |

Have you participated in any special programs, lectures, guest speakers or school organizations which have addressed

- |                                 |         |
|---------------------------------|---------|
| 133. stress and coping          | A = yes |
| 134. drugs/alcohol use          | B = no  |
| 135. pregnancy and/or sexuality |         |
| 136. suicide                    |         |
| 137. personal values            |         |

138. If you answered "yes" to any item above, how valuable would you say the information from these experiences was for you?
- A) very valuable
  - B) somewhat valuable
  - D) not valuable

When (if ever) did you FIRST do each of the following things? (Mark one response for each line.)

- |   |                      |
|---|----------------------|
| 139. Smoke your first cigarette                         | A = never            |
| 140. Try smokeless tobacco                              | B = grade 6 or below |
| 141. Try an alcoholic beverage without parent knowledge | C = 7th or 8th grade |
| 142. Drink enough to feel drunk                         | D = freshman year    |
| 143. Try marijuana or hash                              | E = sophomore year   |
| 144. Try LSD  | F = junior year      |
| 145. Try cocaine  | G = senior year      |
| 146. Try crack  |                      |
| 147. Try heroin   |                      |
| 148. Try downers  |                      |
| 149. Try inhalents (sniffing glue)                      |                      |
| 150. Try other drugs                                    |                      |

## **PART 4 - OPINIONS**

**Please respond briefly to the following questions.**

151. What or who is most helpful to you in dealing with
  - a. daily stress/depression
  - b. pressure to use drugs/alcohol
  - c. questions or concerns about issues of sexuality
  
152. What is most important to you in your life right now? What do you value?
  
153. What do you think are the 3 most important reasons teenagers choose NOT to use drugs or alcohol?
  
154. What are some of the most positive aspects of your high school experience so far?
  
155. List three things you are good at.
  
156. List three things you would like to be better at.

**IN-TOUCH TASK FORCE STUDENT SURVEY**  
**Glenbard High School District 87**

**PART 1 - CONCERNS**

We would like to learn more about the kinds of things that cause stress or concern in your life. For the statements listed below, please indicate how often each is true for you by filling in the circle on the answer sheet that corresponds to your answer.

I worry about...	GRADE LEVEL				TOTAL
	9	10	11	12	
1. my grades; how well I am doing in school.					
EVERY DAY	377	390	423	245	1435
ALMOST EVERY DAY	551	626	620	473	2270
ONCE IN A WHILE	376	357	363	405	1501
ALMOST NEVER	48	40	38	44	170
NEVER	22	16	19	24	81
2. my appearance, e.g., how I look, my weight, my height, how I dress.					
EVERY DAY	830	858	827	661	3176
ALMOST EVERY DAY	346	353	373	332	1404
ONCE IN A WHILE	150	159	189	147	645
ALMOST NEVER	30	36	48	26	140
NEVER	18	22	24	25	89
3. having too much to do and too little time to do it.					
EVERY DAY	232	273	398	326	1229
ALMOST EVERY DAY	420	396	458	357	1631
ONCE IN A WHILE	515	555	457	371	1898
ALMOST NEVER	133	145	110	98	486
NEVER	72	59	40	38	209
4. family problems, e.g., finances, fighting, divorce, etc.					
EVERY DAY	144	142	169	167	622
ALMOST EVERY DAY	178	206	245	203	832
ONCE IN A WHILE	454	425	504	405	1788
ALMOST NEVER	360	443	367	269	1439
NEVER	238	211	177	144	770
5. what I will do after high school, e.g., what college to attend, finding a job, etc.					
EVERY DAY	127	141	252	226	769
ALMOST EVERY DAY	261	376	524	420	1581
ONCE IN A WHILE	777	732	585	413	2507
ALMOST NEVER	153	116	68	83	420
NEVER	54	38	32	46	170
6. making friends; being liked by other people.					
EVERY DAY	323	323	260	187	1093
ALMOST EVERY DAY	410	416	384	282	1492
ONCE IN A WHILE	417	417	474	430	1738
ALMOST NEVER	151	189	220	198	758
NEVER	71	82	124	94	371



	9	10	11	12	TOTAL
7. my eating habits, e.g., starving myself or eating too much & making myself vomit.					
EVERY DAY	138	125	122	98	483
ALMOST EVERY DAY	165	154	133	128	580
ONCE IN A WHILE	222	218	240	222	902
ALMOST NEVER	272	310	297	234	1113
NEVER	577	619	669	508	2373
8. dating or going out with someone.					
EVERY DAY	244	259	277	211	991
ALMOST EVERY DAY	372	383	353	271	1379
ONCE IN A WHILE	501	536	529	429	1995
ALMOST NEVER	141	147	168	147	603
NEVER	113	102	133	130	478
9. not having enough to do, being bored.					
EVERY DAY	89	103	77	52	321
ALMOST EVERY DAY	165	163	123	101	552
ONCE IN A WHILE	444	488	428	354	1714
ALMOST NEVER	400	388	452	351	1591
NEVER	274	286	379	332	1271
10. pleasing my parents.					
EVERY DAY	220	216	184	139	759
ALMOST EVERY DAY	411	462	448	314	1635
ONCE IN A WHILE	501	521	542	487	2051
ALMOST NEVER	153	143	160	143	599
NEVER	85	83	127	102	397
11. birth control.					
EVERY DAY	41	63	104	80	288
ALMOST EVERY DAY	74	76	114	110	374
ONCE IN A WHILE	235	315	381	369	1300
ALMOST NEVER	294	323	311	223	1151
NEVER	730	649	553	408	2340
12. my sexual attitudes and behavior.					
EVERY DAY	101	112	137	98	448
ALMOST EVERY DAY	175	190	250	204	819
ONCE IN A WHILE	463	535	496	440	1934
ALMOST NEVER	335	318	306	242	1201
NEVER	298	271	274	206	1049
13. doing things as well as my peers.					
EVERY DAY	169	180	173	116	638
ALMOST EVERY DAY	314	365	327	278	1284
ONCE IN A WHILE	510	518	560	465	2053
ALMOST NEVER	228	235	249	185	897
NEVER	150	128	153	145	576
14. AIDS.					
EVERY DAY	89	91	103	95	378
ALMOST EVERY DAY	102	107	98	96	403
ONCE IN A WHILE	354	361	375	349	1439
ALMOST NEVER	339	369	383	294	1385
NEVER	489	495	503	346	1833

## PART 2 - PERSONAL CHARACTERISTICS

	9	10	11	12	TOTAL
15. What is your grade in school?					
A) freshman	1374				
B) sophomore		1429			
C) junior			1463		
D) senior				1191	5457
16. What is your sex?					
A) female	688	683	696	545	2612
B) male	676	734	760	630	2800
17. Who do you live with?					
A) I live alone.	23	16	14	22	75
B) one or both parents (legal guardians)	1315	1380	1405	1122	5222
C) brothers and/or sisters only	18	20	19	12	69
D) other relatives only	11	10	19	19	59
E) other non-relatives only	6	3	5	14	28
18. Are your parents...					
A) together?	981	1028	1052	828	3889
B) separated?	39	37	35	41	152
C) divorced?	289	290	298	255	1132
D) one or both parents have died?	37	50	56	50	193
E) other	28	22	22	16	88
19. If your parents are divorced has either parent remarried?					
A) My parents are not divorced.	943	977	999	799	3718
B) yes	252	261	269	213	995
C) no	153	170	170	151	644
20. Which of your parents is employed on a full-time basis?					
A) father only	544	536	546	437	2063
B) mother only	84	75	89	84	332
C) both mother and father	694	764	785	622	2865
D) neither	40	47	37	40	164
21. How many times have you moved your home from one city to another?					
A) none	381	403	457	357	1598
B) once	387	395	387	351	1520
C) twice	185	249	241	181	856
D) three or more times	414	379	375	297	1465
22. How many school sports do you participate in?					
A) none	584	685	759	650	2678
B) one	373	388	413	279	1453
C) two	257	266	227	189	939
D) three or more	155	89	60	69	373

	9	10	11	12	TOTAL
23. How much do you participate in school activities such as newspaper, yearbook staff, forensic, choir, band, etc.?					
A) not at all	694	769	755	596	2814
B) a little	446	410	419	331	1606
C) quite a bit	166	164	174	139	643
D) a great deal	62	78	112	120	372
24. How well are you doing in school?					
A) well above average	157	183	178	179	697
B) above average	477	493	520	458	1948
C) average	568	562	592	425	2147
D) below average	142	162	145	104	553
E) well below average	26	28	26	22	102
25. During the last four weeks, how many <u>whole days</u> of school have you missed because you skipped or "cut?"					
A) none	1129	1161	1106	837	4233
B) one day	109	113	149	137	508
C) two to four days	76	92	138	137	443
D) five to ten days	23	30	41	39	133
E) more than ten days	28	20	22	32	102
26. During the last four weeks, how times have you skipped a class when you weren't supposed to?					
A) no times	1026	965	840	579	3410
B) once	158	202	259	228	847
C) two to four times	120	175	236	273	804
D) five to ten times	29	53	85	70	237
E) more than ten times	39	32	41	39	151
27. On the average, how many hours per week do you work in a paid or non-paid job during the school year?					
A) none	706	638	422	194	1960
B) one to ten hours	471	383	274	182	1310
C) eleven to twenty hours	130	278	495	445	1348
D) twenty to forty hours	50	106	251	327	734
E) more than forty hours	14	21	19	39	93
28. During an average week, how much money do you make from your job?					
A) none	713	672	428	214	2027
B) \$1 to \$20	376	249	146	67	838
C) \$21 to \$50	169	252	349	242	1012
D) \$51 to \$100	76	182	419	472	1149
E) over \$100	37	70	118	193	418

	9	10	11	12	TOTAL
29. How much money per week do you receive from your parents or guardian for your allowance (spending money?).					
A) none	412	469	633	611	2125
B) \$1 to \$10	675	641	535	335	2186
C) \$11 to \$20	215	234	211	159	819
D) \$21 to \$50	58	57	63	48	226
E) over \$50	11	22	18	30	81
30. During a typical week, on how many evenings do you go out for fun and to socialize?					
A) none	155	138	116	74	483
B) one to two	601	648	656	491	2396
C) three to four	382	424	484	427	1717
D) five to seven	223	212	197	190	822
31. Approximately how many hours per day do you spend studying (out of school)?					
A) none	243	281	300	369	1193
B) one	587	607	525	432	2151
C) two to three	456	465	536	317	1774
D) four or more	83	70	99	69	321
32. How involved are you with religious or church related activities?					
A) very involved	175	172	167	98	612
B) somewhat involved	464	441	400	301	1606
C) rarely involved	432	433	470	384	1719
D) never involved	287	373	414	380	1454
33. How often do you smoke cigarettes?					
A) never	983	980	960	766	3689
B) once or twice a day	36	32	40	36	144
C) occasionally but not regularly	177	158	181	136	652
D) regularly in the <u>past</u>	75	90	72	60	297
E) regularly now	99	166	208	189	662
34. How much do your friends influence your use or non-use of alcohol or other drugs?					
A) a lot	107	92	99	90	388
B) somewhat	236	273	274	236	1019
C) very little influence	307	402	469	392	1570
D) not at all	698	640	598	457	2393
35. How often do you drink alcohol or take drugs at parties where <u>no</u> parents are present?					
A) never	759	589	459	288	2095
B) once in a while	360	437	447	330	1574
C) usually	148	225	317	316	1006
D) always	94	165	227	246	732
36. Do you think any member of your immediate family (father, mother, brother, sister) now has an alcohol or drug problem?					
A) yes	225	234	263	235	957
B) no	1014	1081	1089	870	4054
C) I don't know	122	108	103	77	410

	9	10	11	12	TOTAL
37. During the past year, have any of your friends ever talked with you about committing suicide?					
A) yes	460	486	556	411	1913
B) no	893	929	896	765	3483
38. During the past year, have you ever thought about committing suicide?					
A) yes	494	536	553	409	1992
B) no	857	878	899	762	3396
39. In general, how much do you enjoy school?					
A) very much	302	188	202	187	780
B) somewhat	735	772	758	616	2881
C) not too much	319	308	361	268	1256
D) not at all	109	155	138	107	509
40. In general, how satisfied are you with your life as a whole these days?					
A) quite dissatisfied	143	134	146	105	528
B) somewhat dissatisfied	165	223	206	163	757
C) neither, or mixed feelings	324	314	306	255	1199
D) somewhat satisfied	439	467	524	389	1819
E) quite satisfied	295	283	275	265	1118
41. How often do you drink alcohol or take drugs at parties where your own or someone else's parents <u>are</u> present?					
A) never	1037	942	833	534	3346
B) once in a while	253	392	499	508	1652
C) usually	53	61	78	99	291
D) always	23	29	45	42	139
42. How often do you think your parents know when you've had alcohol or drugs?					
A) I don't drink or take drugs.	718	557	424	273	1972
B) never	396	432	433	296	1557
C) once in a while	188	339	451	438	1416
D) usually	40	67	91	127	325
E) always	26	31	59	51	167
43. Do you think you have a problem with drugs and/or alcohol?					
A) yes	27	34	43	35	139
B) no	1268	1303	1319	1062	4952
C) maybe	48	62	75	64	249
D) I don't know.	26	25	21	25	97
44. If you had a question about drugs or alcohol, would you talk to your parents or guardians about it?					
A) definitely not	285	323	401	274	1283
B) maybe	466	490	444	395	1795
C) probably	334	345	317	260	1256
D) definitely	275	263	291	253	1082

### PART 3 - ATTITUDES AND EXPERIENCES

We hope that you will answer all of the questions, but if you feel that you can't answer a question honestly, please leave it blank. YOU CAN BE CERTAIN THAT THIS SURVEY IS STRICTLY CONFIDENTIAL, AND THAT NO ATTEMPT WILL BE MADE TO CONNECT YOUR NAME WITH YOUR ANSWERS.

How much do you think people risk harming themselves, physically or in other ways, if they use the following substance occasionally, 3 times a month or less?

	9	10	11	12	TOTAL
45. Cigarettes					
no risk	180	242	255	211	888
slight risk	526	560	578	470	2134
moderate risk	379	357	368	286	1390
great risk	181	161	164	147	653
don't know	39	26	21	11	97
46. Chewing tobacco					
no risk	197	233	269	237	936
slight risk	547	618	642	499	2306
moderate risk	403	378	356	294	1431
great risk	144	124	128	115	511
don't know	80	73	63	42	258
47. Alcohol					
no risk	186	218	264	236	904
slight risk	424	488	524	425	1861
moderate risk	457	459	443	337	1701
great risk	279	243	205	179	906
don't know	23	18	17	9	67
48. Marijuana					
no risk	96	105	110	102	413
slight risk	160	223	313	278	974
moderate risk	421	469	484	424	1798
great risk	650	586	522	359	2117
don't know	44	42	29	24	139
49. Cocaine or crack					
no risk	51	34	31	31	147
slight risk	35	38	59	49	181
moderate risk	148	165	151	146	610
great risk	1095	1151	1170	934	4350
don't know	40	38	45	27	150
50. Pills, prescribed by their doctor, i.e., valium, diet pills, sleeping pills, etc.					
no risk	353	311	305	255	1224
slight risk	490	540	553	453	2036
moderate risk	258	321	307	293	1179
great risk	159	154	184	128	625
don't know	110	99	109	56	374



	9	10	11	12	TOTAL
51. Pills, not prescribed by their doctor, uppers, downers, ludes, speed, etc.					
no risk	72	49	44	46	211
slight risk	115	125	119	92	451
moderate risk	291	322	348	250	1211
great risk	828	880	887	757	3352
don't know	64	47	58	42	211
52. Inhalents (glue, paint)					
no risk	93	66	73	43	275
slight risk	201	201	183	144	729
moderate risk	387	397	344	270	1398
great risk	569	634	721	655	2579
don't know	119	127	137	75	458
53. LSD					
no risk	44	31	34	31	140
slight risk	41	43	40	28	152
moderate risk	160	144	124	94	522
great risk	989	1141	1198	992	4320
don't know	135	65	61	42	303
54. Heroin					
no risk	41	25	25	21	112
slight risk	43	28	29	21	121
moderate risk	137	118	99	77	431
great risk	1078	1197	1241	1026	4542
don't know	64	54	60	39	217

How much do you think people risk harming themselves, physically or in other ways, if they use the following substances regularly, once a week or more? (Use the choices given above.)

	9	10	11	12	TOTAL
55. Cigarettes					
no risk	64	60	61	51	236
slight risk	199	222	225	203	849
moderate risk	426	465	474	376	1741
great risk	428	410	430	339	1607
don't know	22	21	20	10	73
56. Chewing tobacco					
no risk	87	91	90	71	339
slight risk	263	328	304	284	1179
moderate risk	557	544	610	462	2173
great risk	404	407	397	336	1544
don't know	58	55	56	32	201
57. Alcohol					
no risk	60	59	75	68	262
slight risk	185	195	238	204	822
moderate risk	446	524	547	450	1967
great risk	654	625	574	454	2307
don't know	25	22	22	9	78

	9	10	11	12	TOTAL
58. Marijuana					
no risk	59	50	47	40	196
slight risk	73	95	133	116	417
moderate risk	238	310	384	347	1279
great risk	971	943	866	656	3436
don't know	29	27	25	26	107
59. Cocaine or crack					
no risk	44	31	21	20	116
slight risk	30	28	37	29	124
moderate risk	78	87	93	79	337
great risk	1188	1253	1271	1032	4744
don't know	30	26	34	25	115
60. Pills, prescribed by their doctor, i.e., valium, diet pills, sleeping pills, etc.					
no risk	192	137	124	111	564
slight risk	331	349	321	274	1275
moderate risk	361	433	446	345	1585
great risk	399	430	473	392	1694
don't know	86	75	93	61	315
61. Pills, not prescribed by their doctor, i.e., uppers, downers, ludes, speed, etc.					
no risk	54	43	26	30	153
slight risk	65	57	50	46	218
moderate risk	176	184	179	153	692
great risk	1025	1097	1148	929	4199
don't know	48	43	54	27	172
62. Inhalents (glue, paint)					
no risk	58	37	39	29	163
slight risk	121	92	77	58	348
moderate risk	249	274	224	179	926
great risk	849	924	1005	867	3645
don't know	93	97	112	52	354
63. LSD					
no risk	45	25	27	21	118
slight risk	22	27	19	17	85
moderate risk	78	57	56	47	238
great risk	1131	1254	1303	1070	4758
don't know	94	62	50	30	236
64. Heroin					
no risk	48	31	24	22	125
slight risk	27	20	27	16	90
moderate risk	48	42	30	31	151
great risk	1204	1280	1336	1087	4907
don't know	43	51	40	29	163

Approximately how often, if ever have you used the following substances in the past six months?

	9	10	11	12	TOTAL
<b>65. Alcoholic beverages (beer, wine, hard liquor)</b>					
never	458	356	265	194	1273
once or twice	392	379	345	205	1321
1 or 2 times a month	203	240	262	198	903
only on weekends	206	332	433	414	1385
3 or more times per week	44	63	100	132	339
<b>66. Marijuana</b>					
never	1077	1028	919	658	3682
once or twice	122	150	214	234	720
1 or 2 times a month	61	74	111	97	343
only on weekends	55	61	88	66	270
3 or more times per week	54	112	125	129	420
<b>67. Cocaine or crack</b>					
never	1272	1306	1289	1022	4889
once or twice	38	58	87	86	269
1 or 2 times a month	14	16	38	37	105
only on weekends	19	24	20	26	89
3 or more times per week	26	21	21	15	83
<b>68. Pills, prescribed by your doctor (sleeping pills, diet pills, valium)</b>					
never	1010	1079	1109	882	4080
once or twice	185	181	145	143	654
1 or 2 times a month	57	53	70	46	226
only on weekends	12	15	12	16	55
3 or more times per week	103	96	120	98	417
<b>69. Pills, not prescribed by your doctor, (uppers, speed, downers, ludes)</b>					
never	1219	1261	1311	1058	4849
once or twice	81	80	82	70	313
1 or 2 times a month	19	35	35	20	109
only on weekends	22	16	14	13	65
3 or more times per week	26	33	15	25	99
<b>70. Inhalents</b>					
never	1256	1318	1365	1105	5044
once or twice	49	63	53	44	209
1 or 2 times a month	12	13	16	11	52
only on weekends	20	14	7	6	47
3 or more times per week	30	13	15	19	77
<b>71. LSD</b>					
never	1293	1330	1352	1093	5068
once or twice	27	45	58	53	183
1 or 2 times a month	9	16	15	9	49
only on weekends	19	13	14	16	62
3 or more times per week	21	21	17	15	74

	9	10	11	12	TOTAL
72. Heroin					
never	1316	1380	1409	1141	5246
once or twice	16	13	15	14	58
1 or 2 times a month	5	8	8	5	26
only on weekends	13	9	8	12	42
3 or more times per week	19	14	16	14	63
73. Other drugs					
never	1227	1254	1290	1044	4815
once or twice	53	84	80	75	292
1 or 2 times a month	30	31	30	26	117
only on weekends	22	17	22	18	79
3 or more times per week	37	39	34	23	133

How many times have you...

	9	10	11	12	TOTAL
74. been a passenger in a car when the driver has been drinking?					
never	655	579	422	251	1907
once or twice	402	480	533	392	1807
3 or more times	302	363	500	538	1703
75. driven a car, truck, motorcycle, etc. after you have had alcohol?					
never	1260	1209	883	518	3870
once or twice	73	151	385	347	956
3 or more times	27	58	179	315	579
76. driven after drinking five or more drinks in a row?					
never	1304	1329	1226	857	4716
once or twice	32	53	134	165	384
3 or more times	27	40	92	161	320
77. driven after taking drugs other than alcohol?					
never	1284	1266	1167	863	4580
once or twice	40	84	157	139	420
3 or more times	35	70	128	179	412

If you use drugs or alcohol, where do you most frequently use them? (Mark all that apply.)

	9	10	11	12	TOTAL*
78. I don't use drugs or alcohol	873	718	575	379	2545
79. At home	308	354	447	400	1509
80. On school property	109	133	155	130	527
81. Near school property	196	218	257	218	889
82. At a friend's house	490	707	873	793	2863
83. In a car (mine or friend's)	256	376	553	539	1724
84. Other	387	520	635	566	2108

\* Number of students answering "agree."

If you use drugs or alcohol, when do you most frequently use them? (Mark all that apply.)

	9	10	11	12	TOTAL*
85. I don't use drugs or alcohol	766	634	524	350	2274
86. Before school	170	193	175	152	690
87. During school, including lunchtime	93	134	158	131	516
88. After school (before dinnertime)	174	208	224	191	797
89. At night	341	449	537	509	1836
90. On weekends	526	760	934	826	3046

If you use alcohol, where do you get it? (Mark all that apply.)

	9	10	11	12	TOTAL*
91. I don't use it.	788	640	499	331	2258
92. From my home <u>without</u> parent consent	350	355	381	273	1359
93. From my home <u>with</u> parent permission	199	225	224	243	891
94. I buy it myself at a store.	88	107	194	240	629
95. From someone <u>under</u> legal drinking age	341	485	621	573	2020
96. From someone old enough to buy it	414	649	864	754	2681
97. Other	326	429	468	388	1611

If you had a personal problem of some kind or felt stress in relation to school life, family life, or social life, who would you most likely talk to about it? Please mark all that apply.

	9	10	11	12	TOTAL*
98. My parents	733	790	808	677	3008
99. A friend	1156	1255	1294	1074	4779
100. A relative (other than parents)	531	572	586	448	2137
101. A priest, minister, or rabbi	240	223	189	164	816
102. A coach	211	230	226	169	836
103. A teacher	257	277	291	286	1111
104. A counselor in my school	431	381	310	239	1361
105. A counselor outside of school	229	245	213	175	862
106. No one	242	280	338	267	1127
107. Other	501	529	516	433	1979

Have you felt or experienced pressure to become sexually active from...

	9	10	11	12	TOTAL
108. Friends?					
yes	383	408	477	359	1627
no	716	720	665	580	2681
somewhat	261	287	302	236	1086
109. Family?					
yes	61	54	57	62	234
no	1248	1314	1325	1057	4944
somewhat	50	48	60	53	211
110. Television/movies?					
yes	325	269	283	260	1137
no	716	804	833	657	3010
somewhat	320	344	325	259	1248

	9	10	11	12	TOTAL
111. Society?					
yes	309	333	380	311	1333
no	791	787	782	606	2966
somewhat	260	295	281	260	1096
112. Yourself?					
yes	363	448	515	455	1781
no	719	673	620	469	2481
somewhat	276	295	309	254	1134

In general which of the following topics or issues would you like to have more information about?

	9	10	11	12	TOTAL*
113. Coping with academic stress	569	593	681	501	2344
114. Coping with divorce	204	166	168	154	692
115. Birth control	484	544	618	522	2168
116. Coping with death and loss	500	503	523	447	1973
117. Career choices	924	1021	1105	822	3872
118. Family communication	486	522	512	473	1993
119. Sexually transmitted diseases	527	602	620	536	2285
120. Effects of drugs and alcohol	457	493	465	410	1825
121. Suicide prevention programs	425	433	448	381	1687
122. Eating disorders, i.e. anorexia and bulimia	333	285	253	237	1108
123. Pregnancy	458	490	538	437	1923
124. Others	177	175	144	151	647
	9	10	11	12	TOTAL
125. Would you participate in a <u>school</u> program designed to address topics you answered "yes" above?					
yes	382	425	465	409	1681
no	374	380	373	329	1456
maybe	591	595	596	428	2210
126. Have you participated in any special programs, lectures, guest speakers, etc. in your school which have addressed the issues of substance use and/or abuse?					
yes	571	627	665	555	2418
no	778	774	764	616	2932
127. For any of the issues checked above, would you participate in a <u>community</u> program designed to address those topics?					
yes	204	190	243	240	877
no	602	599	618	484	2303
maybe	550	619	576	450	2195

\* Number of students answering "yes."



	9	10	11	12	TOTAL
128. In your opinion, how effective are the disciplinary policies in your school in dealing with the issue of drug and alcohol use?					
very effective	105	123	115	67	410
somewhat effective	439	431	458	377	1705
not effective	398	490	502	435	1825
I don't know.	421	371	369	300	1461

Have you participated in any classes in school which have addressed

	9	10	11	12	TOTAL*
129. stress and/or coping	728	583	664	577	2552
130. drug/alcohol use	768	735	819	728	3050
131. suicide	691	536	645	595	2467
132. personal values	678	615	693	659	2645

Have you participated in any special programs, lectures, guest speakers or school organizations which have addressed

133. stress and coping	321	380	390	317	1408
134. drugs/alcohol use	531	620	633	531	2315
135. pregnancy and/or sexuality	436	484	467	423	1810
136. suicide	338	329	341	276	1284
137. personal values	361	444	465	383	1653

138. If you answered "yes" to any item above, how valuable would you say the information from these experiences was for you?

	9	10	11	12	TOTAL
very valuable	323	335	282	271	1211
somewhat valuable	603	634	684	557	2478
not valuable	332	338	324	250	1244

When (if ever) did you FIRST do each of the following things? (Mark one response for each line.)

	9	10	11	12	TOTAL
139. Smoke your first cigarette					
never	591	548	494	384	2017
grade 6 or below	314	329	308	272	1223
7th or 8th grade	380	387	348	258	1373
freshman year	60	109	168	99	436
sophomore year		28	78	84	190
junior year			36	52	88
senior year				27	27

\*Number of students answering "yes."

	9	10	11	12	TOTAL
140. Try smokeless tobacco					
never	991	950	901	681	3523
grade 6 or below	143	110	97	62	412
7th or 8th grade	186	226	216	170	798
freshman year	26	92	136	107	361
sophomore year		20	68	83	171
junior year			19	46	65
senior year				27	27
141. Try an alcoholic beverage without parent knowledge					
never	452	298	239	160	1149
grade 6 or below	219	214	176	145	754
7th or 8th grade	535	541	484	370	1930
freshman year	142	265	313	243	963
sophomore year		87	156	156	398
junior year			69	79	148
senior year				23	23
142. Drink enough to feel drunk					
never	712	567	419	272	1970
grade 6 or below	93	101	67	68	329
7th or 8th grade	383	308	312	230	1233
freshman year	160	277	319	275	1031
sophomore year		149	224	175	548
junior year			89	118	207
senior year				34	34
143. Try marijuana or hash					
never	1017	899	761	521	3198
grade 6 or below	58	74	52	47	231
7th or 8th grade	192	215	173	123	703
freshman year	79	157	217	151	604
sophomore year		58	159	168	385
junior year			71	122	193
senior year				43	43
144. Try LSD					
never	1273	1285	1293	1026	4877
grade 6 or below	21	21	18	17	77
7th or 8th grade	29	24	26	21	100
freshman year	24	54	36	24	138
sophomore year		19	38	40	97
junior year			24	42	66
senior year				6	6
145. Try cocaine					
never	1274	1262	1236	943	4715
grade 6 or below	21	23	12	15	71
7th or 8th grade	24	26	24	24	98
freshman year	21	56	46	38	161
sophomore year		27	58	52	137
junior year			59	64	123
senior year				40	40

	9	10	11	12	TOTAL
146. Try crack					
never	1309	1358	1391	1128	5186
grade 6 or below	20	15	17	13	65
7th or 8th grade	10	9	5	5	29
freshman year	9	13	4	12	38
sophomore year		10	15	7	32
junior year			4	9	13
senior year				3	3
147. Try heroin					
never	1300	1359	1393	1132	5184
grade 6 or below	25	20	15	18	78
7th or 8th grade	12	10	11	9	42
freshman year	13	11	9	11	44
sophomore year		5	4	3	12
junior year			3	1	4
senior year				1	1
148. Try downers					
never	1249	1293	1331	1072	4945
grade 6 or below	32	26	20	18	96
7th or 8th grade	46	48	24	29	147
freshman year	19	31	30	25	105
sophomore year		7	23	19	49
junior year			5	10	15
senior year				4	4
149. Try inhalents (sniffing glue)					
never	1167	1248	1291	1036	4742
grade 6 or below	81	57	45	54	237
7th or 8th grade	79	63	43	33	218
freshman year	20	26	22	20	88
sophomore year		10	18	10	38
junior year			12	18	30
senior year				3	3
150. Try other drugs					
never	1199	1203	1212	953	4567
grade 6 or below	40	37	25	23	125
7th or 8th grade	62	63	31	40	196
freshman year	40	69	64	58	231
sophomore year		27	63	34	124
junior year			33	42	75
senior year				17	17