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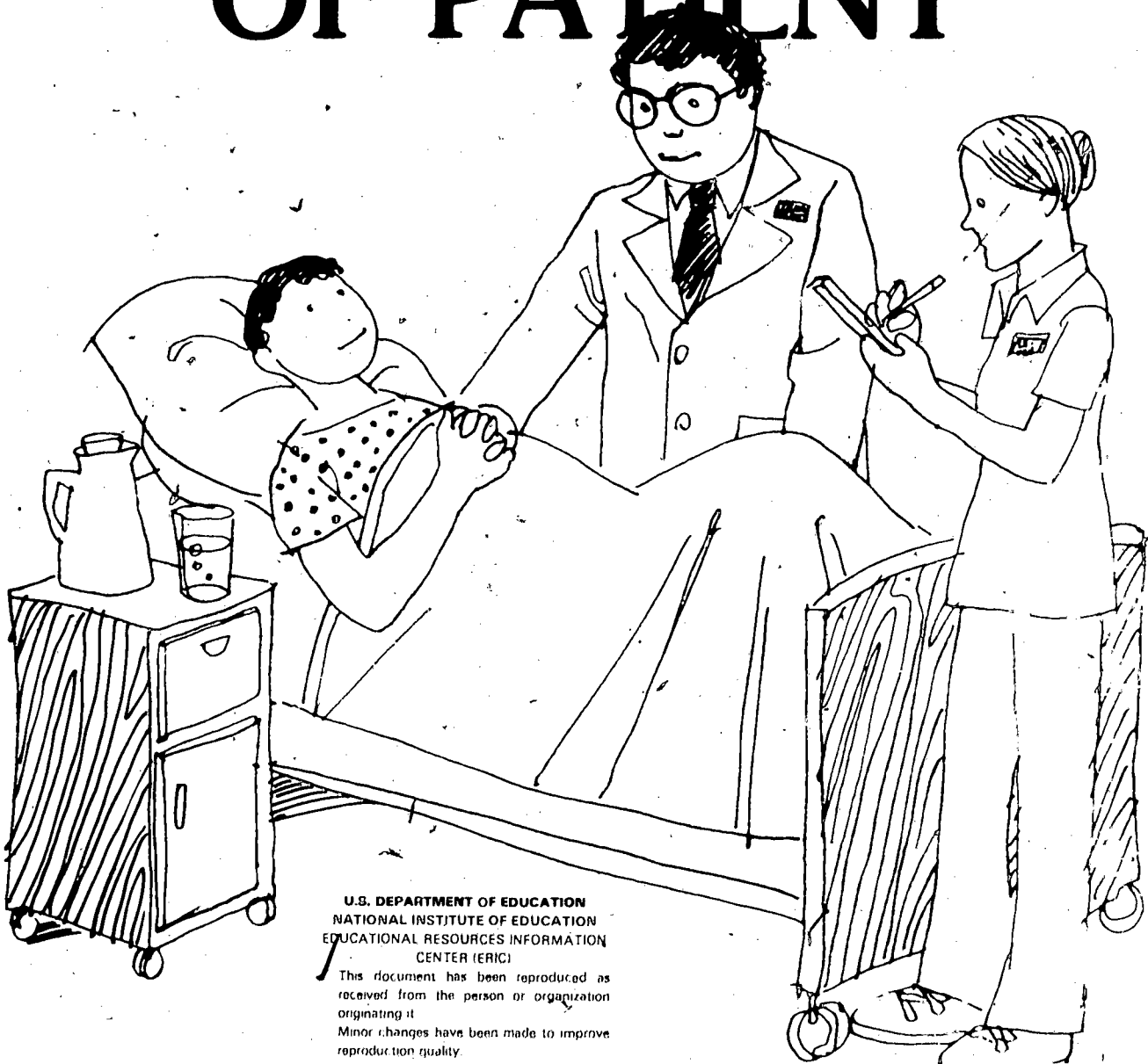
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ABSTRACT This instructor's packet accompanies the learning activity package (LAP) on observation of the patient. Contents included in the packet are a time sheet, suggested uses for the LAP, an instruction sheet, final LAP reviews, a final LAP review answer key, an additional resources list, suggested activities, and student completion cards to issue to students as an indicator of successful LAP completion. (YLB)

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OBSERVATION OF PATIENT



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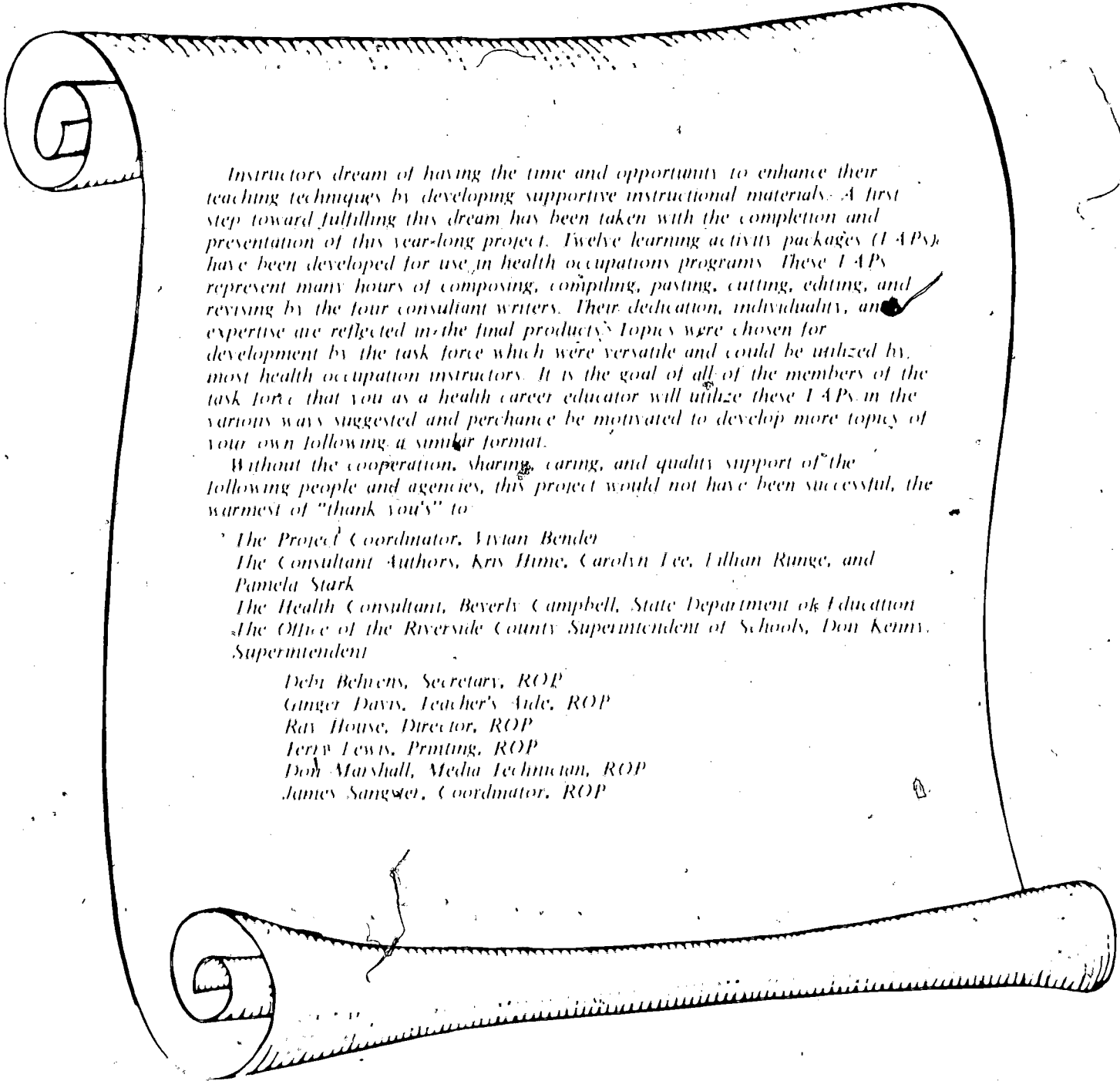
OBSERVATION OF PATIENT

INSTRUCTOR'S PACKET

PREPARED BY: CAROLYN LEE, RN
INSTRUCTOR, FONTANA HIGH SCHOOL

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1982



Instructors dream of having the time and opportunity to enhance their teaching techniques by developing supportive instructional materials. A first step toward fulfilling this dream has been taken with the completion and presentation of this year-long project. Twelve learning activity packages (LAPs) have been developed for use in health occupations programs. These LAPs represent many hours of composing, compiling, pasting, cutting, editing, and revising by the four consultant writers. Their dedication, individuality, and expertise are reflected in the final products. Topics were chosen for development by the task force which were versatile and could be utilized by most health occupation instructors. It is the goal of all of the members of the task force that you as a health career educator will utilize these LAPs in the various ways suggested and perchance be motivated to develop more topics of your own following a similar format.

Without the cooperation, sharing, caring, and quality support of the following people and agencies, this project would not have been successful, the warmest of "thank you's" to

The Project Coordinator, Vivian Bender

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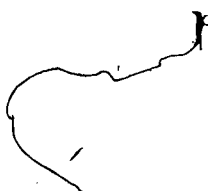
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INSTRUCTOR'S PACKET

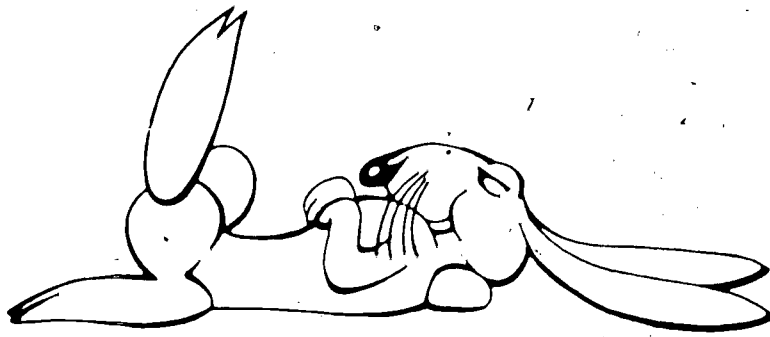
A LAP IS AN INDIVIDUALIZED LEARNING ACTIVITY PACKAGE TO ASSIST THE STUDENT TO ACQUIRE KNOWLEDGE FOR A SPECIFIC TOPIC.

INCLUDED IN THIS PACKET ARE THE FOLLOWING:

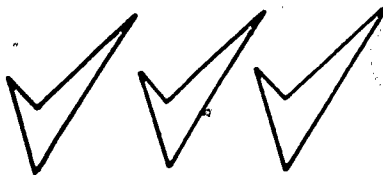
1. SUGGESTED USES FOR LAP
2. INSTRUCTION SHEET
3. LAP REVIEW
4. LAP REVIEW KEY
5. SUGGESTED ACTIVITY LIST
6. ADDITIONAL RESOURCES
7. STUDENT COMPLETION CARDS
8. STUDENT WORK SHEET



TIME REQUIRED WILL VARY WITH EACH STUDENT, BUT THE INSTRUCTOR SHOULD ALLOW AT LEAST _____ MINUTES FOR THE STUDENT TO COMPLETE THIS LAP.



SUGGESTED USES FOR THE MATERIALS INCLUDED IN THIS LAP ARE LISTED
BELOW:



REVIEW

EVALUATION

SPIRIT MASTERS

XEROX

HANDOUTS

REMEDIAL WORK

TOPIC CHALLENGE FOR STUDENT

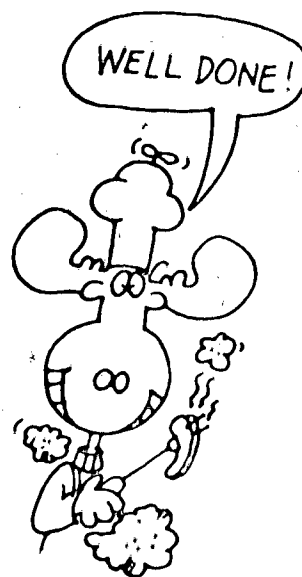
OVERHEADS

DITTOS

POSTERS

MAKE-UP WORK

CLASSROOM ACTIVITIES



INSTRUCTION SHEET

4

1. GIVE EACH STUDENT A LAP.
2. HAVE EACH STUDENT READ THE LAP AND COMPLETE THE REVIEW SECTIONS.

THE STUDENT MUST GET EVERY QUESTION IN THE REVIEW SECTION CORRECT BEFORE CONTINUING ON TO THE NEXT TOPIC. IF ALL OF THE ANSWERS ARE NOT CORRECT, REPEAT THE SECTION OR TOPIC.
3. WHEN THE LAP IS COMPLETED, THE LAP AND WORK SHEETS SHOULD BE TURNED IN TO THE INSTRUCTOR, AND THE STUDENT SHOULD BE GIVEN THE FINAL LAP REVIEW.
4. AFTER ALL* OF THE FINAL LAP REVIEW QUESTIONS ARE ANSWERED CORRECTLY, THE STUDENT WILL RECEIVE A COMPLETION CARD. COMPLETION CARDS ARE INCLUDED IN THIS PACKET.
5. THE TIME FOR COMPLETING THE LAP WILL VARY WITH EACH STUDENT.

*IF THE STUDENT DOES NOT ANSWER ALL OF THE QUESTIONS CORRECTLY, RETURN THE LAP TO THE STUDENT FOR FURTHER REVIEW.

OBSERVATION/
FINAL LAP REVIEW

CHOOSE ONE CORRECT ANSWER.

1. OBSERVATIONS MADE BY THE HEALTH TEAM MEMBERS:
 - A. MAY HELP THE DOCTOR WITH DIAGNOSIS AND TREATMENT
 - B. ARE MADE INTO "CUTE" JOKES
 - C. ARE BORING
 - D. ARE NOT IMPORTANT

2. CYANOSIS MEANS:
 - A. CRYING HARD
 - B. BLUISH COLOR TO THE SKIN
 - C. YELLOWISH COLOR TO THE SKIN
 - D. GOT THE "BLAHS"

3. OBSERVATIONS ARE:
 - A. A NATURAL TRAIT
 - B. A PRACTICED AND LEARNED SKILL
 - C. UNIMPORTANT
 - D. ONLY DONE BY THE DOCTOR

4. OBSERVATIONS ARE MADE:
 - A. ONCE A DAY
 - B. ONLY WHEN YOU SEE THE PATIENT FOR THE FIRST TIME
 - C. VARIOUS TIMES
 - D. CONSTANTLY

5. OBSERVATIONS CAN BE:
 - A. A QUICK NOTICE OF THE PATIENT

- B. ONLY SEEN AT NIGHT
 - C. A DETAILED OBSERVATION OF THE PATIENT
 - D. BOTH A AND C
6. WE CAN OBSERVE BY:
- A. SEEING AND HEARING
 - B. ONLY WITH OUR EYES
 - C. LOOKING, HEARING, SMELLING, AND TOUCHING
 - D. LISTENING TO OTHER CO-WORKERS
7. A PATIENT WHO IS EXPERIENCING DIFFICULT BREATHING SHOULD BE:
- A. PLACED ON HIS OR HER HEAD
 - B. RUN AROUND THE ROOM
 - C. REPORTED TO YOUR SUPERVISOR
 - D. LEFT ALONE
8. LISTENING TO WHAT THE PATIENT SAYS:
- A. IS A GOOD GOSSIP CHANNEL
 - B. DOESN'T MATTER
 - C. CAN GIVE IMPORTANT "CLUES" TO A PATIENT'S WELL-BEING
 - D. CAN VIOLATE A PATIENT'S CONFIDENTIALITY
9. SUBJECTIVE SYMPTOMS ARE:
- A. FELT BY THE PATIENT
 - B. SEEN BY OTHERS
 - C. UNIMPORTANT
 - D. BOTH A AND B

10. OBJECTIVE SYMPTOMS ARE
- A. FELT BY THE PATIENT
 - B. OBSERVED BY OTHERS
 - C. NOT RECORDED
 - D. IN THE PATIENT'S MIND

FILL IN THE BLANKS.

11. ANOTHER NAME FOR DIZZINESS IS _____.
12. SORES ON THE SKIN ARE CALLED _____.
13. WHEN THE SKIN IS COOL AND MOIST, IT IS DESCRIBED AS _____.
14. WHEN THE PATIENT KNOWS THE TIME AND WHERE HE OR SHE IS, WE CAN SAY THAT THE PATIENT IS _____.
15. REPORTING AN UNUSUAL/ABNORMAL OBSERVATION, MUST BE DONE _____.
16. THE MOST CONVENIENT WAY TO OBSERVE THE PATIENT, IS TO LOOK FROM HIS OR HER _____.

MARK THE FOLLOWING TRUE OR FALSE.

- _____ 17. SKIN COLORS TO OBSERVE ARE BLUE, YELLOW, RED, AND WHITE.
- _____ 18. IT DOESN'T MAKE ANY DIFFERENCE WHAT THE PATIENT'S FACIAL EXPRESSIONS ARE, WE TREAT ALL PATIENTS THE SAME.
- _____ 19. THE MENTAL STATE OF THE PATIENT^o IS AS IMPORTANT AS HIS OR HER PHYSICAL STATE.
- _____ 20. LAUGHING AND CRYING AT INAPPROPRIATE TIMES ARE SYMPTOMS WE NEED TO BE AWARE OF.

- _____ 21. UNUSUAL/ABNORMAL OBSERVATIONS ARE REPORTED AT THE END OF THE DAY.
- _____ 22. IT IS YOUR RESPONSIBILITY TO FIND OUT TO WHOM YOU SHOULD REPORT YOUR OBSERVATIONS.
- _____ 23. OBSERVATIONS CAN BE MADE EVEN WHEN PASSING THE PATIENT'S ROOM.
- _____ 24. AWARENESS IS THE KEY TO OBSERVATION.

WRITE IN THE CORRECT ANSWER.

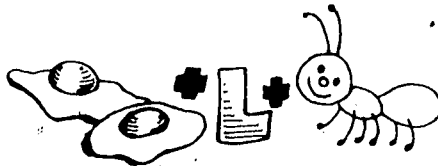
25. LIST THE TWO TYPES OF SYMPTOMS TO BE OBSERVED:

A. _____ B. _____

26. TWO OBSERVATIONS THAT CAN BE MADE OF THE EXTREMITIES ARE:

A. _____ B. _____

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OBSERVATION
LAP REVIEW WORK SHEET

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____
- 11. _____
- 12. _____
- 13. _____
- 14. _____
- 15. _____

- 16. _____
- 17. _____
- 18. _____
- 19. _____
- 20. _____
- 21. _____
- 22. _____
- 23. _____
- 24. _____
- 25. A. _____
B. _____
- 26. A. _____
B. _____
- 27. _____

NAME _____

NUMBER WRONG _____

TOTAL SCORE _____

OBSERVATION
LAP REVIEW KEY

- | | |
|------------------------|---|
| 1. A | 16. HEAD TO TOES |
| 2. B | 17. T |
| 3. B | 18. F |
| 4. D | 19. T |
| 5. D | 20. T |
| 6. C | 21. F |
| 7. C | 22. T |
| 8. C | 23. T |
| 9. A | 24. T |
| 10. B | 25. A. SUBJECTIVE
B. OBJECTIVE |
| 11. VERTIGO | 26. TREMBLING
CYANOSIS OR SWELLING OF
HANDS, FEET, TOES, OR
FINGERS
BRITTLE OR BITTEN NAILS |
| 12. LESIONS | 27. EXCELLENT! |
| 13. CLAMMY | |
| 14. ORIENTED | |
| 15. STAT (IMMEDIATELY) | |

AUDIOVISUAL LIST

OBSERVING THE PATIENT

CAREER AIDS, INC.
8950 LURLINE AVENUE
CHATSWORTH, CA 91311

SUGGESTED ACTIVITY LIST

ROLE-PLAY WITH STUDENT "FAKING" DISEASES OR CONDITIONS, AND TRY TO STUMP THE OTHERS.

DEVISE A "PASSWORD" GAME, USING THE TERMINOLOGY USED IN THIS LAP.

MAKE UP A CROSSWORD PUZZLE ABOUT OBSERVATION.

COMPLETION CARDS

STUDENT COMPLETION CARDS ARE PROVIDED FOR THE INSTRUCTOR TO
ISSUE TO THE STUDENTS AS AN INDICATOR OF SUCCESSFUL
COMPLETION OF THE LAP.

This is to certify that

_____ has successfully completed the Observation L.A.P.

Date: _____

Instructor: _____

This is to certify that

_____ has successfully completed the Observation L.A.P.

Date: _____

Instructor: _____

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_____ has successfully completed the Observation L.A.P.

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Instructor: _____

This is to certify that

_____ has successfully completed the Observation L.A.P.

Date: _____

Instructor: _____

This is to certify that

_____ has successfully completed the Observation L.A.P.

Date: _____

Instructor: _____

This is to certify that

_____ has successfully completed the Observation L.A.P.

Date: _____

Instructor: _____

YOUR VERY OWN WORK SHEET

)

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Learning Activity Packages Available from the Department of Education

This learning activity package is one of a series of 12 titles relating to health careers that are available from the California State Department of Education. A student packet and an instructor's packet are published in each of the following subjects:

- Blood Pressure
- Confidentiality
- Grooming
- Handwashing Technique
- Metric System
- Nutrition
- Observation of Patient
- Oral Hygiene
- Shock and Anaphylactic Shock
- The Surgical Scrub
- Syncope
- Temperature, Pulse, and Respiration

Student packets are available at \$1.75 each, plus tax, and instructors' packets at \$1.50 each, plus tax.

Orders should be directed to:

California State Department of Education
P.O. Box 271
Sacramento, CA 95802

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A complete list of approximately 500 publications available from the Department may be obtained by writing to the address listed above.