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ABSTRACT

This information analysis paper reviews the literature on counseling for alcohol, tobacco, and drug abuse, identified by a computer search of the ERIC data base from November 1966 through December 1979. The introduction highlights specific issues and trends in drug abuse prevention. Guidelines for developing drug abuse prevention programs at the elementary, junior high, high school, college and community levels are presented. Staff training programs are described in addition to treatment strategies for tobacco and alcohol abuse. Implications for the helping profession focus on the selection of resources and evaluation models, differences in treatment techniques, and the counselor's role as consultant and advocate. The computer search of educational journals and ERIC documents is also provided with full reference citations.  
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# COUNSELING FOR ALCOHOL/ TOBACCO/DRUG ABUSE

Gary S. Greenwell



# Searchlight

Relevant Resources in High Interest Areas

# plus

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**ERIC COUNSELING AND PERSONNEL SERVICES CLEARINGHOUSE**

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**COUNSELING FOR DRUG/TOBACCO/ALCOHOL ABUSE.**

**Gary S. Greenwell**

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**AN INFORMATION ANALYSIS PAPER**

**Based on a computer search of the ERIC data base  
November 1966 through December 1979**

**ERIC COUNSELING AND PERSONNEL SERVICES CLEARINGHOUSE**

**1980**

## COUNSELING FOR DRUG/TOBACCO/ALCOHOL ABUSE

Gary S. Greenwell

### Issues and Trends

In the past, drug abuse was considered to be primarily a legal and moral issue. "Drug abuse" was defined simply as the use of illicit drugs. Since use was considered abuse, the goal of most prevention programs was to curtail novice experimentation and the goal of most treatment programs was to eliminate all illicit drug use. Primary intervention strategies, i.e., strategies designed for those who had never ingested the target drugs, were scarce and value-laden. The most common technique for preventing drug abuse was the "scare tactic." This involved exposing the target group to the usually undocumented horrors which illicit drugs caused to the wasted lives of poor benighted individuals, both physically and legally. The threat tended to be portrayed as sure lifelong addiction or the likelihood of drug users committing irresponsible acts and possibly winding up in prison.

Secondary intervention strategies, for persons who used the targeted illicit drugs, were often misdirected attempts to punish those individuals. The most widely prescribed method of tertiary intervention, or treatment for those who had already become regular "abusers," tended to be, at the very least, expulsion from school or job, and often incarceration. The latter involved locking adults into prisons and youths into juvenile training facilities.

*Traditional  
intervention  
strategies*

The scare tactic as a prevention measure was found to be largely ineffective in combating drug use/abuse. Indeed, it often backfired in achieving its goal, which was to decrease personal use of illicit drugs, and resulted indirectly in an increase in use among the target population. The fact that scaring people did not deter drug use, plus the issues of credibility and individual responsibility, prompted the exploration and development of new methods.

*Recognition  
of individual  
power of choice*

The anti-authority mood of many young people during the 1960's helped to shape a generation which preferred to make its own decisions. Programs up to this time tended to ignore individual decision-making power and attempted to force the presenter's convictions in this value-laden area upon the target group, without regard for the theory that self-made decisions are more likely adhered to. Credibility became an important issue because (a) accurate factual information was not abundant and (b) the fragmented nature of most local programs planned without professional consultation led to a proliferation of distorted and biased information. It was not uncommon for people who discovered contradictions between the information presented and their own or their peer group's practical experiences to discredit the entire program.

During this period, some treatment programs were offered for those willing to turn themselves over to professionals. Legal enforcement began to focus more on distribution systems although counselors with appropriate training for helping young people with drug problems were scarce. Such treatment programs emphasized the stigma of public ignominy and exerted strong pressure on clients to provide information about sources and other known users.

Although scare tactics persisted and still persist today in many programs, the drug education

trend of the 1970's was to acknowledge individual power of choice. It was assumed that, if presented with the "facts," young people would correctly evaluate the information and then make the best decisions. Because the values of instructors were often rejected, ex-drug addicts became as popular as speakers as local police officers had already become. Programs of the 1970's tended to ignore the many influences which impinge on young people's lives and to assume that their influence would be paramount. While the goal of these methods, again, was to decrease personal use, most failed entirely.

*Use of  
former  
addicts*

More recently, the trend in drug abuse prevention has been to develop comprehensive programs aimed at a variety of youth groups (ED 173 450, 173 449, 173 448, 143 493, 142 900), and most such programs are found in the schools. With careful planning they are incorporated into the regular curriculum in order to remove the sensationalism and mystique caused by setting aside special times or having "outsiders" come in (EJ 126 960, 083 494, 011 966; ED 168 983, 119 051, 090 476). While the power of the individual to make his/her own decisions is acknowledged, the focus is both topical and dynamic in nature (EJ 196 706, 154 332). Alcohol abuse prevention is often presented as safety education so that the individual takes responsibility for his/her own actions (ED 159 575, 151 645, 072 383).

*Most preven-  
tion programs  
in schools*

The topical content in today's drug education programs is combined with various learning activities to form a multi-modality approach. The most comprehensive of these are curriculum plans designed to encompass all grades--from elementary through junior high and senior high schools. Peer counseling is a key component in these programs, which take advantage of the importance of

*Integration  
of programs  
into total  
curriculum*



peer influence, and most are aimed at persons with minor drug abuse problems who might be helped by minimally trained friends and schoolmates (EJ 200 750; ED 170 655, 145 345, 145 343, 128 732). For those with more severe problems, referrals to professional help in the school or in public and private agencies have become more common (EJ 163 212, 141 013, 134 290; ED 158 179, 150 506, 105 290).

• Drug Abuse Prevention Program Development

Many excellent guides are available for developing drug abuse prevention programs for youth. Wright and Hays have put together a manual which takes participants from the stages of formulating goals to locating resources (ED 145 361). Another guide for developing school curriculum plans, available from the Dayton Public School District (ED 092 821), emphasizes the importance of values. The Ohio State Department of Health has a guide for all public school grade levels (ED 068 314) which includes detailed units about smoking and health. A similar guide from Washington also includes samples and resources as well as a discussion of goals (ED 051 198). Robert M. Simmonds offers suggestions for developing programs which incorporate alternatives to drug abuse and treat the issue from a social perspective (EJ 195 848).

*Guides for  
developing  
drug abuse  
prevention  
programs*

The National Institute on Drug Abuse (NIDA) published "Doing Drug Education: The Role of the School Teacher" which is designed to help teachers define their own goals and identify the skills they need to develop (ED 119 051). The list of goals on page 10 of this document is a valuable aid for determining the initial parameters of any prevention program. V. E. Burgener reported



on a conference for training educators to administer drug education programs (ED 132 496). In this same vein, Susan K. Maloney put together a guide for youth drug education programs in the U.S. which is intended to help administrators select the goals and techniques most suited to the community's needs (ED 142 900). The National Institute on Alcoholism and Alcohol Abuse (NIAA) published two guides containing sample articles about drug education as well as information about innovative programs around the country (ED 142 895, 142 894). These are excellent as references for finding other resources. Xenia Wiggins reported on a 1972 conference which dealt with six major drug education issues, which is useful for developing guidelines and choosing appropriate programs (ED 090 476).

Several good resource guides are in the ERIC data base. Leonard S. Baker describes the national anti-smoking campaigns developed by DHEW for use in schools, which can serve both as models and as references to other resource materials (EJ 200 750). One can survey a variety of programs developed in Australia in a concise article which considers recent advances made in that country (EJ 142 339). Bernice Samalonis has assembled a list of free and inexpensive materials (ED 168 983). A fine report about the current status of alcohol and drug education in the U.S. has been prepared by Davies and Stacy (EJ 083 494).

*Program  
resources*

Quite a few model programs which have been tested out in various school settings are valuable resources for drug education programmers. A model health education policy which includes suggested techniques for values clarification as well as factual content was developed by Kenneth L. Packer (EJ 154 332). Both the Sunny Side School District in Arizona and the New York State Education

Department have published very comprehensive health education programs for all grades in public school. These are representative of the trend toward comprehensive programs which are intended to build upon previously presented material as children grow older and widen the scope of their experiences (ED 048 162, 043 064). The American Association for Health, Physical Education, and Recreation (AAHPER) in Washington D.C. describes and reviews a collection of innovative smoking education programs in a 25-page pamphlet (ED 063 103). A similar booklet of sample smoking experiments and demonstrations was assembled by The Center for Disease Control in Georgia (ED 154 285). A remarkable package of K-12 health education modules, developed by Kathryn D. Reggio, et al., is designed specifically for teachers who work with disabled students (ED 148 044).

*Tested  
program  
models*

#### Drug Abuse Prevention Programs--Elementary School

Because elementary school students are less likely to be exposed to and use illicit drugs than those in secondary school, primary prevention measures are employed almost exclusively in this setting. Many programs aimed at this younger age group use health education models under the assumption that children who learn to value and care for their bodies are less likely to acquire maladaptive patterns of drug use either as adolescents or adults. Dynamically-oriented programs also teach students various methods by which they can explore their own values, develop the ability to make decisions, and learn to act consistently upon those decisions independent of peer pressure to do otherwise. Examples include the model learning system of Saul Jacobs which reinforces responsible behavior (ED 110 890) and the Big Brother program of Canada in which high

*Health  
Education*

school students befriend high-risk 7-10-year-olds (ED 150 518). This latter program operates under the assumption that an older, stable student provides a positive role model as well as alternative activities for his/her young friend.

Edward Arrigoni describes a program wherein high school students demonstrate experiments about smoking and its effects for elementary-aged children (EJ 077 987). This program seems to be scare-tactic oriented, however, with an emphasis on the horrible effects of tobacco on the body. The British Columbia Department of Education integrates a human science curriculum into the overall curriculum and attempts to disseminate unbiased information about the effects of drugs on the body as well as on society as a whole (ED 167 400).

*Sample  
programs for  
elementary  
school*

Quinn, et al., present a "tri-curriculum approach" which attempts to teach children about drugs through health education, social studies, and career exploration (ED 144 866). This approach includes a wealth of sample learning activities designed for this age group, as do the curriculum guides from the New York State Education Department (ED 163 367) for teaching about alcohol and from the Courtland-Madison Board of Cooperative Education (ED 107 664) for teaching about health. The latter has probably the most comprehensive sample of topics and techniques, and has the additional advantages of being designed for both primary and secondary students and being easiest to integrate into school curricula without sensationalizing drugs specifically. Helen M. Murphy offers finely delineated teaching units for grades 4-6 which deal separately with alcohol and tobacco abuse (ED 048 013, 048 012).

For those who would rather develop their own teaching units or other learning exercises about

alcohol or who prefer to tailor programs to the needs of their setting, the New York State Education Department has published a curriculum guide which focuses on goals and techniques and contains a resource list (ED 143 959). In addition, it provides an annotated resource guide for all types of drug abuse prevention materials (ED 165 032). Finn and Platt have developed a valuable two-volume curriculum manual for teaching about alcohol safety (ED 072 384, 072 383). They suggest different goals and describe several detailed classroom activities for reaching selected outcomes. The second manual is categorized by topic areas, each of which is divided alphabetically into teaching methods.

#### Drug Abuse Prevention Programs--Junior High

When students enter middle school or junior high school, they are considerably more likely to encounter illicit drug use among their peers. Prevention programs for this age group tend to focus more specifically on drugs of abuse than do programs for young children. Educators usually try to avoid sensationalizing illicit drugs and prefer to incorporate learning about them into the overall curriculum. Stephen and DiMella describe a model program which integrates alcohol education into the existing curriculum (EJ 191 877). Oberteuffer and Kaplan have edited a manual with suggestions for how teachers of students this age can implement health education (EJ 003 739).

*Focus on  
drugs of  
abuse*

Although health issues are not emphasized as much for this age group as for younger students, the ERIC data base includes two documents which focus on drug abuse prevention from this perspective. The Fairfax County School District in Virginia has published a comprehensive program of studies in

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health education with an interesting variety of topics and techniques (ED 109 069). This document also includes a discussion of initial objectives and evaluation procedures, as well as a resource list. The health education curriculum guide edited by Jeanette Dippe contains material about an even wider variety of topics (ED 107 663).

There are several complete programs with many valuable components which should be investigated by developers of a drug abuse curriculum for the junior high school. These include an eighth-grade alcohol program (EJ 176 601) and a middle-school smoking program (ED 054 108). The latter contains evaluation procedures and samples of publicity and implementation materials. Rose and Duer have published a study about the implementation of their humanistic approach program in a middle school (EJ 196 706). The Montgomery County Public Schools (Alabama) reported on their teaching program for seventh-grade students which was designed to supplement the regular science curriculum (ED 114 758). This program includes units about specific drugs as well as suggestions to teachers.

*Sample  
programs for  
junior high*

A wealth of information about alcohol abuse prevention for this age group can also be found in ERIC. For example, the data base contains a curriculum guide for developing alcohol education programs which addresses issues about goals and underlying assumptions (ED 141 648), as well as another, more detailed, curriculum guide with materials presented from a variety of perspectives (ED 140 180). Two well-known experts in the field, Finn and Platt, have written a two-volume curriculum guide dealing with alcohol and safety (ED 141 732, 076 899). By far the most complete alcohol program package on file was developed by Finn, et al., for Jackson Junior High School

in Cambridge, Massachusetts, with a similar counterpart for high school students. The program, called Dial A-L-C-O-H-O-L, includes information about how the program was developed (ED 147 701); information, methods, and resources (ED 170 655); a teacher's manual and information about a film series (ED 145 342); and a student booklet (ED 146 481).

### Drug Abuse Prevention Programs--High School

High school drug abuse prevention programs encompass a broader range of goals than do those for younger children. A myriad of secondary intervention and related treatment strategies is interspersed or combined with primary prevention strategies. Values and decision-making are the most common components in multi-modal programs which attempt to prevent irresponsible use among both novice and experienced users.

The Fairfax County School District in Virginia has written health units for grades seven to twelve which cover a number of areas including driver education (ED 109 069). Jeanette Dippo has edited a comprehensive curriculum guide for teaching a variety of health education topics with delineated content and suggested techniques (ED 109 063). The South Dakota State Department of Instruction has published a guide of facts and resources about smoking, with appendix, which can be used for grades five to twelve (ED 054 108). A similar guide for teaching about alcohol, which also includes evaluation strategies, has been prepared by Sanders and Bloomberg (ED 022 663). Finn and Platt have developed a two-volume curriculum manual for high school youth with suggestions for nearly every stage of developing or finding learning materials about alcohol and safety.

*Varied goals  
and strategies*



One of the difficulties associated with developing high school drug abuse prevention strategies is combining both facts and values in a way that will be relevant to each student. The National Public Service Research Institute developed an instructional program for secondary schools which uses the "student-centered approach" (ED 147 680). The focus is on student interaction and small group discussion activities. Joseph A. Margolis has described ways of making the information presented relevant to the student as well as to the target community (EJ 114 035). Kunkle-Miller and Blane have suggested ways of applying values clarification and group dynamics principles to alcohol education to meet student needs (EJ 175 335). Finn and Platt have published a teacher's manual (ED 145 345) as well as a student booklet (ED 145 343) to use with the films from the Dial A-L-C-O-H-O-L series in junior and senior high schools.

*Sample  
programs for  
high school*

#### Drug Abuse Prevention Strategies--Higher Education

Information about university and college programs includes suggestions for developing different prevention strategies as well as materials for teaching courses about drugs. The "University 50 Plus 12" DHEW project encouraged the implementation of alcohol abuse prevention projects on campuses around the country (EJ 176 453). One paper describes how to develop and implement an undergraduate course about smoking and health.(ED 148 751); another offers a guide for developing similar courses about alcohol (ED 140 152); still another reports on a mini-course for undergraduates which also deals specifically with alcohol (EJ 141 015). A 652-page health education textbook written by John LePlace would be useful in these or similar courses (ED 127 297).

*Sample  
programs for  
higher educatio*



Joseph A. Margolis has written an article about an experimental lesson designed to make drug education more relevant for the college student (EJ 114 035). An alcohol education program at the University of Massachusetts attempts to help those with or without already-developed drinking patterns and includes sample posters and pamphlets (ED 150 506). A manual has been designed for counselors in the campus setting who must deal with alcohol abuse problems (ED 158 179), and four different applications of drug education models for medical and nursing students are described in the ERIC data collection (ED 110 890).

#### Drug Abuse Prevention Programs--Community

ERIC contains a variety of information about community-based and other related drug abuse programs. Some try to combine community agencies or groups with groups of school children in innovative and inexpensive ways, which have the added advantage of bringing members of a community closer together. Others focus on the family and attempt to utilize its influences on individual members for education/prevention strategies. Several resources and guides for developing community programs or training personnel are available, a few of which are aimed at specific subgroups. Most of these latter documents deal specifically with alcohol abuse prevention.

*Sample community-based programs*

The Cambridge and Somerville Alcohol Program for Alcoholism Rehabilitation attempts to achieve both primary and secondary intervention with a school/community approach (EJ 170 695). Tom V. Savage, Jr. has developed a method for working with the community, public schools, and

higher education on alcohol abuse prevention measures (EJ 182 683).

Resources for family-oriented prevention programs are uncommon. The U.S. Jaycees developed two booklets called, "All In The Family: Understanding How We Teach and Influence Children About Alcohol," one a participant's workbook and the other a guide for the administrator of the program (ED 116 063). An activity guide assembled by the National Board of the Young Men's Christian Association (YMCA) addresses value and family issues and offers suggestions for how families can prevent drug abuse (ED 107 551). It also includes a leader's notebook (ED 107 550).

*Family-oriented  
programs rare*

Boy's Clubs of America developed a guide for youth organizations who wish to prevent alcohol abuse. The guide presents sample programs, discusses implementation procedures and administrative concerns (ED 173 450), and includes two sets of evaluation materials (ED 173 449, 173 448).

A manual describing how to conduct community alcohol safety campaigns was put together for interested community members by the National Highway Traffic Safety Administration (ED 159 575).

ERIC also contains several good documents which deal specifically with training personnel to work in prevention programs. One such book overviews training programs (ED 159 538), addressing premises and assumptions as well as administrative concerns; another reviews a variety of training techniques (ED 151 617). An instructor's guide for teaching adults about alcohol contains an excellent assortment of theory, practical applications, and resources and is available from the New York State Education Department (ED 145 360). A comprehensive edited transcript from a management workshop for alcohol safety has been printed by the Human Resources Research Organization (ED 114 472).

*Staff training  
resources*

Several sources among the ERIC data would be beneficial in planning programs for specific subgroups. For example, Smith and Lynch have put together a very comprehensive guidebook for developing programs for migrant workers in the community (ED 143 493). A handbook for counseling American Indian students has been compiled by Wayne H. Evans (ED 167 306). Professionals dealing with specific ethnic groups might find the 598-page book about health practices around the world beneficial (ED 126 100). A program for adults with low-level reading skills or nonreading adults has been written into a guide format by the Gateway Technical Institute (ED 159 533). This could also be helpful for adults whose primary language is not English. Two additional papers describe drug abuse prevention measures utilized by the United States Air Force (EJ 177 270, 154 706).

*Programs  
for special  
groups*

#### Treatment Strategies--Tobacco Abuse

It is difficult to treat tobacco addiction successfully without paying attention to these critical components: motivation, treatment, and maintenance. Motivation is of interest because of the prevalence of tobacco smoking today in spite of scare-tactic warnings about its potential hazards. Many habitual smokers have never attempted to quit because they feel that health warnings do not apply to them personally. Reed and Janis developed the "awareness-of-rationalizations" procedure which they found to be more effective in convincing an experimental group of smokers of its possible health hazards than a control-group--even though both groups were presented with the same information (EJ 108 799).

*Critical  
program  
components  
for tobacco  
abuse pre-  
vention*

Motivational programs that attempt to utilize forces within the social environment (which

usually encourages individuals to begin smoking and to maintain this behavior) are typically found in institutions of employment and education. Rosen and Lichtenstein investigated an industrial program which offered salary bonuses to employees as incentives to quit smoking (EJ 167 469). In this program subjects had the added advantage of spending their time in an environment with others who were working toward the same goal and could provide support. The authors felt that group procedures were particularly effective and should be used more. Leonard S. Baker discusses various school projects developed in connection with a national anti-smoking campaign which used peer counseling and social pressure (EJ 200 750).

A wide variety of treatment techniques has been investigated. Since smoking becomes so deeply ingrained into the lifestyles of most users, successful programs usually include some form of maintenance schedule to prevent resumption of the behavior. It is impossible to determine the success rate of a treatment plan which only traces the progress of subjects to the end of the program. Achieving a 95% success rate is far from admirable if it is followed by a 98% recidivism rate at six months or a year.

*Maintenance  
and follow-up  
keys to success*

Rates of recidivism are cited in a number of comparative studies. Harry A. Lando compared a "broad-spectrum approach" involving behavioral programming with aversive conditioning techniques and found the former to be superior (EJ 167 408). Wagner and Bragg, in an excellent study comparing a number of different behavior modification techniques (EJ 018 315), favored the combination of systematic desensitization and covert sensitization. Horan and Hackett systematically analyzed the components of a comprehensive program and found focused smoking

techniques" most essential (ED 173 700). Brown and Foxx compared "nicotine fading/self-monitoring" with aversive techniques and discuss many of the advantages of using the former. (ED 167 878).

Brian G. Danaher has shown that rapid smoking (an aversive technique) combined with self-control is inferior to rapid smoking and discussion (EJ 173 136) in helping smokers change their behavior. However, the study only includes data from a 13-week follow-up. Since either rapid smoking or some form of behavioral programming is usually found to be superior in comparative studies, the Hackett and Horan program which combines both of these, holds promise as a future trend (EJ 154 711). Jenks, et al., considered the effect of the counselor on the outcome of the therapy (EJ 004 348). Allan J. Best used his comparative study to support the argument that programs should be implemented according to the individual characteristics of the subject (EJ 117 279), the assumption being that treatment plans should be adapted to the personality characteristics of the person who wishes to quit smoking.

*Research  
in program  
effectiveness*

#### Treatment Strategies--Alcohol Abuse

The ERIC files contain an abundance of information about tertiary intervention strategies for alcohol abuse. Some focus on increasing responsible use through programs about traffic or job safety. Others attempt to help individuals whose drinking has disrupted their daily functioning. These include broad, community-based programs as well as programs designed specifically for adults, college students, and school-aged children. Still others attempt to help the family of the addict deal with the addict's problem as well as with the effects of

the drinking behavior on other family members.

Rehabilitation programs are fast becoming a popular alternative to incarceration for those convicted of DWI (driving while under the influence of alcohol) offenses. Walker and Williams, et al., offer a comprehensive manual for training treatment and rehabilitation professionals involved in traffic safety programs (ED 105 299). The manual includes small group exercises, a film outline, treatment modalities, sample letters, fully-executed speeches, discussion guidelines, evaluation instruments, and participant selection criteria. One program encourages cooperation between agencies with common goals (EJ 141 013), while another attempts to encourage responsible drinking behavior through transactional analysis (EJ 161 899).

*Effective  
treatment  
programs*

Lawrence M. Barry provides an excellent introduction to industrial alcoholism programs (EJ 134 290), tracing the historical development of these programs and offering implementation suggestions for professionals. Brian H. McLatchie describes an early identification program which includes a pamphlet designed to trigger discussion between management and employees. The goal is to identify problem drinkers before their problem has escalated into impaired social and occupational functioning (ED 150 524). Another article for social workers deals with early identification regardless of setting (EJ 172 323), and a comprehensive education/secondary intervention guidebook suggests ways of establishing programs for migrant workers (ED 143 493).

Some excellent descriptions of specific techniques for treating adult alcoholism as well as several comparative studies are available in ERIC. One study evaluates integrated behavior change techniques for achieving the goal of moderate drinking (EJ 156 809). George M. Gazda edited the



proceedings of a symposium about the use of group procedures in the treatment and prevention of alcoholism (ED 073 395). William R. Miller offers a comprehensive comparison of various self-help techniques for treating chronic alcoholism (ED 166 612) as well as a comparative outcome study of three specific controlled drinking therapies (EJ 175 370).

Three works contain suggestions for implementing alcohol treatment programs. These describe the development of a rural project (ED 156 941), training efforts in Colorado (ED 151 617), and details about the implementation of a system of care in British Columbia (ED 149 254). In addition, Estes and Heinemann have written a book intended to increase the theoretical knowledge of professionals working with alcohol treatment programs (ED 156 956).

Students have become of increasing interest to professionals, as myths are dissipating about alcoholism being a skid-row affliction. Alan G. Marlatt describes a program geared toward responsible drinking among college students. Kraft, et al., offer a more detailed approach which covers a wide range of both intensive and extensive approaches for dealing with problem drinking on campus (ED 150 506). In addition, two manuals have been developed for increasing the skills of on-campus personnel who must deal with problem drinking among student populations. One is designed specifically for campus health professionals (EJ 163 212), while the other focuses on a wider range of personnel including dormitory advisors (ED 158 179). Finn and Platt offer curriculum manuals targeted specifically at senior high- (ED 141 733) and junior high- (ED 141 732) aged students. In addition, Finn, et al., have developed a "Dial A-L-C-O-H-O-L" program for use in both junior and senior high school settings (ED 170 655, 145 345, 145 343).

*Effective  
treatment  
programs  
(cont.)*



Since the influence of "co-alcoholics" (those who help problem drinkers maintain a lifestyle conducive to their problem behavior) can override even the most well-designed and -executed programs, treatment approaches are now in use which focus on the family unit. Two "how-to" manuals are available for professionals who work with caseloads of alcoholics and their families (EJ 064 892; ED 147 731). The data base also contains a detailed evaluation of the components of a particular strategy which were most effective in bringing about positive attitude change (ED 126 416). Finally, William R. Weir outlines a voluntary counseling program with suggestions for assessing the needs of students who must deal with alcoholism in the family (ED 020 538).

#### Implications for the Counseling Profession

Prevention. Counselors who wish to implement prevention or combination prevention/treatment programs must first determine the nature of the problem they wish to arrest. It is ironic that a problem must already exist and be considered threatening to the ideology of the host population before money is made available for preventing it. This makes prevention especially difficult, for existing behavior tends to perpetuate itself among peer groups. Once the counselor has a clear and accurate perception of the specific problem, he/she must formulate a set of goals which must both address the important components of the cause and satisfy the parameters set by those to whom the counselor is accountable. Since the goals of the counselor and those of the funding source are often quite different, this can be a difficult and challenging task.

*Identification  
of problem  
of primary  
importance*

The ERIC data base contains a wide array of prevention techniques from which to choose.

The counselor, however, should either research the target group or devise some form of pre-test to determine the group's level of sophistication. Armed with this information, the counselor can choose the most appropriate materials and presenter. Materials ought to be up-to-date, attractive, and easy to use and comprehend by the target group. The presenter should be a person who not only can interact effectively with the clients but also is credible in their estimation. This is preferably somebody who already interacts in some capacity with them. The counselor also needs to develop some form of evaluation model so that he/she can determine the impact of the program. It is helpful if the evaluation model is tied in directly with the pre-test and clearly assesses to what degree the well-defined goals have been achieved. Ideally, ongoing feedback from those involved in every aspect of the program will permit the counselor to upgrade various components in mid-stream or each new time they are presented, which means also that the counselor must maintain flexibility. The most successful programs allow for direct planning input from clients.

*Selection of  
resources and  
evaluation model*

The school counselor may work more with teachers than with students. It is helpful if teachers understand the nature of the problem, how to identify individuals with serious problems, and how to identify early warning signals. Often, counselors conduct workshops for staff members to discuss these and similar issues. Such programs, hopefully, open important channels of communication, allow for the dissemination of undistorted information, and make referral easier for those with severe problems..

*Counselor as  
consultant*

The school counselor needs to provide opportunities for individual clients to engage in

private discussion. This is best accomplished by peer-oriented prevention programs and programs which train the teachers who have daily contact with students. The counselor in the school setting must also necessarily consider school/community relations as well as staff/administration relations. Since treatment usually gains more attention than prevention because the former deals with a more tangible problem, the school counselor is often an advocate for his/her own ideas about programming as well as for the needs of clients.

Counselors working within the community sometimes must devote the majority of their energy to being an advocate for their particular agency, especially if that agency sells its services to community groups. Many successful programs have been set up by people who work within a particular setting but who are not normally counselors. The counselor can be a useful consultant in these cases. Utilizing in-house personnel has the advantages of being less expensive, integrating the people already involved with the setting, and removing the sensationalized mystique that characterizes many programs which involve outsiders. The counselor can be a useful consultant in media-based prevention campaigns as well as a community advocate for this type of program. He/she can also serve as a useful bridge between small organizations such as scout, religious, or ethnic groups and the mental health profession.

*Counselor as  
advocate*

The prevention counselor needs to work within the environment which contributes to the problem. Focusing on any single contributing factor to the exclusion of others is not possible or productive. Counselors have long tried to combine both prevention and treatment in their work. The most successful programs are those which manage to affect individuals at every stage of the

development of drug abuse problems and minimally disrupt the productive aspects of their lives,

Treatment. The treatment counselor often works against a number of constraints. These include the setting, the duration and frequency of client contact, the perceived role of the counselor, and the different people to whom the counselor is accountable. Treating alcohol and tobacco addiction can be quite different from one another. Tobacco abuse clients typically seek treatment themselves. Their problem may have only a small effect on their social group, but the behavior is usually so ingrained and associated with so many daily-encountered situations that maintenance is quite difficult. Those seeking alcohol treatment are more likely to be coerced into treatment by their social group, family, employer, or physician. There has been a drastic increase in recent years in the referral of alcoholics by the justice system (usually drunk drivers) and by employers encountering lowered production due to alcoholic employees.

*Differences  
in treatment  
approaches*

The goal of a counselor working with a tobacco abuser is to extinguish the behavior. The course of an alcohol abuser tends to face a more complex set of goals. Since strong physical addiction is present in chronic alcoholics, sometimes the goal is merely to bring the problem under control. Maintenance is a considerably important component of alcoholism treatment, and thus the involvement of the primary social group of the abuser is more important in treating alcohol than tobacco abuse.

Tobacco abuse treatment tends to be carried out by a host of private clinics and mental health professionals in private practice and is usually paid for by the clients. Alcohol abuse treatment tends to be done by public agencies who utilize referrals or hospital detoxification programs

which often are paid for by the client's medical insurance. Because alcohol abuse tends to be more disruptive to the lives of the clients than tobacco abuse, treatment for the former is more common, easier to garner funding for, and more heavily involved in the referral system. Among the young, alcohol abuse is likely to be more obvious than abuse of other substances because of its tendency to cause motor impairment and breath odor. Therefore, school administrators tend to be more concerned with alcohol abuse than with illicit drug abuse among their student populations.

Alcohol abuse counselors need to find a suitable setting in which to work, promote good public relations so as to encourage ongoing referrals, and establish a record of success. Tobacco abuse counselors will have a more difficult time establishing a suitable setting unless they are in private practice. They must offer an attractive program which reflects probable success before people will be willing to seek their services. Finding a niche tied in with incentive programs (such as one which offers paid holidays to employees who quit smoking for a certain time period) is most likely to engender a steady stream of clients. The most important components of any long-term program are the success rate, recidivism rate, cost-benefit ratio, and an established means for obtaining client referrals.

*Establishing a  
"success image"*

FORMAT OF  
CURRENT INDEX TO JOURNALS IN EDUCATION (CIJE)

Clearinghouse Accession Number \_\_\_\_\_

EJ Accession Number \_\_\_\_\_

Title of Article \_\_\_\_\_

Author \_\_\_\_\_

JOURNAL TITLE, Volume,  
Issue Number, Pages,  
Publication Date \_\_\_\_\_

Descriptors (words which tell  
the contents of the article) \_\_\_\_\_

Annotation of article \_\_\_\_\_

EJ125694 CG509354  
Revitalizing the Career Information Service  
Reardon, Robert C.; Minor, Carole W. Personnel and  
Guidance Journal: 54; 3: 169-171 Nov 75  
Descriptors: \*Vocational Counseling/ \*Information  
Dissemination/ \*Educational Planning/ \*Job Placement/ \*Career  
Planning/ Program Descriptions/ Guidance Services/ Higher  
Education/ Information Sources/ College Students  
The authors describe the Curricular-Career Information  
Service (CCIS), which is an outreach, self-help,  
multimedia-based and preprofessional-staffed career guidance  
service. CCIS consists of five instructional modules which  
relate to the following student problems: uncertainty about  
major, relationship of major to jobs, finding a job and  
information on occupations. (Author/SE)

\* Journal articles are available only in the journals cited. The articles are not on microfiche.



EJ200750 CE508308

To Help Schools Combat Smoking.

Baker, Leonard S.

American Education, v14 n8 p18-23 Oct 1978 Oct78

Reprint: UMI

Language: ENGLISH

Describes the national antismoking campaign in terms of various school projects funded by the U.S. Department of Health, Education, and Welfare, coordinated by its new Office on Smoking and Health. Projects include utilizing peer counselors, demonstrating what smoking does to the body, and showing how to deal with social pressures. (MF)

Descriptors: \*Change Strategies/ \*Changing Attitudes/ Elementary Secondary Education/ \*Federal Programs/ Group Dynamics/ Health Education/ \*Peer Counseling/ Peer Influence/ \*Prevention/ \*Smoking/ Social Influences

Identifiers: Department of Health Education and Welfare/ Office on Smoking and Health

EJ196706 RC503196

Drug/Alcohol Education--A New Approach for Schools.

Rose, Shirley E.; Duer, William F.

Education, v99 n2 p198-202 Win 1978 78

Reprint: UMI

Language: ENGLISH

Drug programs are changing from legalistic, pharmacological, factual presentations to humanistic, experimentally based inquiry formats. The study reported here describes a humanistic/inquiry approach field tested in a middle school and demonstrating the success of curricula providing for decision making, self-concept enhancement, and interpersonal relationship activities facilitated by trained and committed teachers. (JC)

Descriptors: \*Alcohol Education/ Change Strategies/ \*Drug Education/ \*Educational Strategies/ \*Humanistic Education/ \*Problem Solving/ Program Descriptions/ \*Questioning Techniques--

EJ195848 CG515751

Drug Abuse: A Problem of Socialization.

Simmonds, Robert M.

Journal of Drug Education, v8 n4 p299-303 1978 78

Language: ENGLISH

If society is to deal effectively with drug abuse among juveniles and young adults, we must understand underlying causal factors and construct viable alternatives which are antithetical to drug attitudes. This article contains a general guideline for developing a school drug education program. (Author)

Descriptors: \*Alcohol Education/ Drug Abuse/ \*Drug Education / Elementary Secondary Education/ Program Descriptions/

\*School Role

EJ195846 CG515749

Utilizing a Health Behavior Model to Design Drug Education/Prevention Programs.

Iverson, Donald C.

Journal of Drug Education, v8 n4 p279-87 1978 78

Language: ENGLISH

The underlying philosophical and practical problems encountered when designing drug education/prevention programs are reviewed. The Health Belief Model is described and its most relevant components are outlined. The drug education material and teaching methodology which complement the model are reviewed as well. (Author)

Descriptors: \*Alcohol Education/ \*Drug Education/ Elementary Secondary Education/ Models/ \*Prevention/ Program Descriptions

EJ191878 AA529240

Thinking about Drinking: The Hidden Questions.

Kubler-Merrill, Alexandra

Independent School, v38 n1 p14-16 Oct 1978 Oct78

Language: ENGLISH

A program geared toward high school students is described. It is independent of the curriculum, and goes beyond discussions of alcohol use to tackle the larger issues of life, death, and well-being. (Author/KC)

Descriptors: \*Alcohol Education/ Alcoholism/ Drug Abuse/ \*Group Discussion/ Interpersonal Relationship/ Private Schools / \*Program Descriptions/ Secondary Education/ Student Teacher Relationship

EJ191877 AA529239

Thinking about Drinking: Teaching Tomorrow's Drinkers.

Stephen, Arville L.; DiMella, Nancy C.

Independent School, v38 n1 p11-13 Oct 1978 Oct78

Language: ENGLISH

A program geared toward students in grades 4 through 8 is described. It integrates information about alcohol use and abuse into the existing curriculum. (KC)

Descriptors: \*Alcohol Education/ Alcoholism/ Changing Attitudes/ Experimental Programs/ Interdisciplinary Approach/ Intermediate Grades/ Junior High Schools/ \*Program Descriptions



EJ190134 CG515197

The Development of Attitudinal Measures toward Alcohol Education in the School and in the Home.

Finn, Peter

Journal of Drug Education, v8 n3 p203-19 1978 78

Language: ENGLISH

A series of alcohol education seminars for parents was conducted to develop, pretest, and test an Alcohol Education Attitudes Questionnaire, which can be used to evaluate the attitudes of parents, teachers, students, and others toward alcohol education in the school and in the home. (Author)

Descriptors: \*Alcohol Education/ Measurement Instruments/ \*Parent Attitudes/ Program Descriptions/ Questionnaires/ \*Student Attitudes/ \*Teacher Attitudes

EJ185229 PS506777

Behavioral Bibliotherapy: A Review of Self-Help Behavior Therapy Manuals

Glasgow, Russell E.; Rosen, Gerald M.

Psychological Bulletin, 85, 1, 1-23 Jan 78

Describes the organizing concepts and strategies for the development and evaluation of self-help behavioral treatment manuals. Reviews programs that have been published or empirically tested for the treatment of phobias, smoking, obesity, sexual dysfunction, assertiveness, child behavior problems, study skills, and physical fitness, as well as general instructional texts. (JB)

Descriptors: \*Bibliotherapy/ \*Manuals/ \*Self Help Programs/ \*Behavioral Counseling/ \*Literature Reviews/ Smoking/ Assertiveness/ Study Skills/ Physical Fitness

EJ182683 AA528301

Community Involvement in Alcohol Education

Savage, Tom V., Jr.

Clearing House, 51, 7, 349-50 Mar 78

Reprint Available (See p. vii): UMI

In Spokane, Washington, an alcohol education program has developed prevention methods for alcohol abuse by getting the community, the schools and higher education to cooperate. Discusses the program's main components--teacher and community education. (RK)

Descriptors: \*Alcohol Education/ \*Community Involvement/ \*Program Descriptions/ \*Inservice Teacher Education/ \*Social Attitudes/ \*Community Education/ Educational Objectives

EJ177270 CG513946

Substance Abuse Education in the U.S. Air Force

Colson, James D.

Journal of Drug Education, 8; 1, 1-7 78

The USAF Substance Abuse Seminar represents a new phase of

preventative drug and alcohol abuse education. The seminar includes: Air Force Drug/Alcohol Abuse Control policies; local conditions regarding substance abuse; sociopharmacology concerning the status of substances relative to their effects; and personal responsibility in the use of substances. (Author)

Descriptors: \*Armed Forces/ \*Drug Education/ \*Drug Abuse/ \*Alcohol Education/ Program Descriptions/ Narcotics

EJ176801 TM503083

Some Methodological Procedures for the Evaluation of Educational Programs for Prevention of Adolescent Alcohol Use and Abuse

Schlegel, Ronald P.

Evaluation Quarterly, 1, 4, 657-72 Nov 77

An eighth grade alcohol education program and its evaluation are described. The design and methodology of this evaluation, and of program evaluation in general, are also discussed. The results are not presented. (CTM)

Descriptors: \*Alcohol Education/ \*Educational Programs/ \*Evaluation Methods/ \*Program Evaluation/ \*Research Design/ Data Collection/ Grade 8/ Junior High Schools/ Program Descriptions

EJ176453 SP506687

Follow-up of a Federal Effort to Encourage Campus Alcohol Abuse Prevention Programs

Kraft, David P.

Journal of the American College Health Association, 26, 3, 150-3 Dec 77

The author examines the "University 50 Plus 12 Project," a DHEW program that (1) gathers information on campus drinking practices and attitudes, and existing programs and needs; (2) disseminates information concerning alcohol, its use and abuse; and (3) encourages education and communication on the issue. (MJB)

Descriptors: \*College Students/ \*Alcoholic Beverages/ \*Research Projects/ \*Program Descriptions/ Alcohol Education/ Information Seeking/ Information Dissemination/ Alcoholism/ Change Strategies/ Higher Education

Identifiers: \*University 50 Plus 12 Project

EJ175370 CG513769

Behavioral Treatment of Problem Drinkers: A Comparative Outcome Study of Three Controlled Drinking Therapies

Miller, William R.

Journal of Consulting and Clinical Psychology, 46, 1, 74-85 Feb 78

Reprint Available (See p. vii): UMI

Self-referred and court-referred clients were randomly assigned to one of three treatment groups, aversive counterconditioning, behavioral self-control training or a controlled drinking composite. All therapies were conducted by trained paraprofessionals and consisted of 10 weekly sessions. No significant differences among treatments were found. (Author)

Descriptors: \*Alcoholism/ \*Conditioned Stimulus/ \*Behavioral Counseling/ \*Group Therapy/ \*Behavior Change/ Alcohol Education/ Adults/ Research Projects/ Self Evaluation

EJ175335 CG513734

A Small Group Approach to Youth Education About Alcohol

Kunkle-Miller, Carole; Blane, Howard I.

Journal of Drug Education, 7, 4, 381-6 77

A small group affective education approach to teaching high school youth about alcohol stresses group exploration of student-generated questions and concerns by creating an atmosphere of free emotional interchange in which students can sort feelings, facts, and myths. (Author)

Descriptors: \*Group Counseling/ \*Alcohol Education/ \*Educational Programs/ \*Drinking/ \*Small Group Instruction/ Program Descriptions/ Secondary Education/ Humanistic Education/ Health Education/ High School Students

EJ173136 CG513494

Rapid Smoking and Self-control in the Modification of Smoking Behavior

Danaher, Brian G.

Journal of Consulting and Clinical Psychology, 45, 6, 1068-74 Dec 77

Reprint Available (See p. vii): UMI

Investigated efficacy of combining rapid smoking aversion and training in self-control skills for maintaining nonsmoking. Results at the 13-week follow-up showed that the performance of the combined rapid smoking plus self-control program was not superior to rapid smoking plus discussion. (Author)

Descriptors: \*Behavior Change/ \*Smoking/ \*Counseling Effectiveness/ \*Behavior Patterns/ \*Self Control/ Research Projects/ Counseling Programs/ Comparative Analysis

Alcoholism: Early Identification and Intervention in the Social Service Agency

Ehline, David; Tighe, Peggy O'Dea

Child Welfare, 56, 9, 584-92 Nov 77

Reprint Available (See p. vii): UMI

This article attempts to provide the social worker with a frame of reference for working with alcohol-related problems in the nonalcoholic treatment agency by: dispelling myths about alcoholism; providing a working definition of alcoholism; describing an effective means of identifying alcoholism; providing tools for intervention in the life of the client in whose family the use of alcohol is causing problems. (Author/BF)

Descriptors: \*Alcoholism/ \*Intervention/ \*Alcohol Education/ \*Social Services/ \*Marriage Counseling/ Social Workers/ Agency Role/ Family Problems/ Family Counseling/ Referral

EJ170695 SP506350

A School-Community Approach to Alcohol Education

DiCicco, Lena; And Others

Health Education, 8, 4, 11-13 Jul-Aug 77

Reprint Available (See p. vii): UMI

Program goals, content, and methods are described for the Cambridge and Somerville Alcohol Program for Alcoholism Rehabilitation (CASPAR), a community-school collaborative effort stressing alcohol education as opposed to alcoholism education. (MJB)

Descriptors: \*School Community Programs/ \*Alcohol Education/ \*Alcoholism/ \*Prevention/ \*Program Descriptions/ School Community Cooperation/ Outreach Programs/ Peer Counseling/ Drinking/ Program Effectiveness

EJ167469 CG513164

An Employee Incentive Program to Reduce Cigarette Smoking

Rosen, Gerald M.; Lichtenstein, Edward

Journal of Consulting and Clinical Psychology, 45, 5, 957 Oct 77

Questionnaire and telephone interview data were obtained to evaluate an employee incentive program that rewarded nonsmokers with monthly salary bonuses. The program was moderately successful and generally well accepted, although some procedural difficulties occurred. Group-environmental approaches to reduce smoking deserve further attention. (Author)

Descriptors: \*Smoking/ \*Drug Therapy/ \*Rewards/ \*Self Reward / \*Incentive Systems/ \*Employer Employee Relationship/ Program Descriptions

EJ167408 CG513103

Successful Treatment of Smokers with a Broad-Spectrum Behavioral Approach

Lando, Harry A.

Journal of Consulting and Clinical Psychology, 45, 3, 361-366 Jun 77

Compared a broad-spectrum treatment against a control limited to one week of aversive conditioning. Results indicated a dramatic treatment effect, with 76 percent of experimental subjects (as compared to 35 percent of controls) remaining abstinent at a six-month follow-up. (Author)

Descriptors: \*Behavioral Counseling/ \*Behavior Change/ \*Smoking/ \*Intervention/ \*Conditioning/ \*Success Factors/ Research Projects/ Comparative Analysis/ Behavior Patterns

EJ165645 CG512947

The Role of Persuasive Communications in Drug Dissuasion

Schlegel, Ronald P.

Journal of Drug Education, 7, 3, 279-289 77

This report presents an experimental study in which changes in marijuana attitudes and smoking intentions were attempted using the formal communication approach. Several "currently useful generalizations" derived from past research and the present study are suggested. (Author)

Descriptors: \*Drug Education/ \*Persuasive Discourse/ \*Communication (Thought Transfer)/ \*Communication Problems/ \*Student Attitudes/ Smoking/ Research Projects/ Marijuana/ Program Descriptions/ High School Students

EJ163212 SP505833

A Biopsychosocial Look at Drinking and Alcoholism

Ewing, John A.

Journal of the American College Health Association, 25, 3, 204-8 Feb 77

The college health professional has a significant role to play with regard to alcohol use and the college student, including an understanding of biomedical, psychological, and social factors, and should provide health education, individual counseling, and treatment for those students who risk becoming alcoholics. (JD)

Descriptors: \*College Students/ \*Alcoholism/ \*Alcohol Education/ \*Counseling Goals/ \*School Health Services/ Drug Abuse/ Behavioral Counseling/ Health Needs

EJ161899 CG512557

Transactional Analysis in an Alcohol Safety Program

Clayton, Susan H.; Dunbar, Roger L. M.

Social Work, 22, 3, 209-213 May 77

An experimental program for rehabilitating people convicted of driving while intoxicated was studied to determine how

personally responsible behavior could be encouraged. The authors attribute the program's success to the egalitarian atmosphere in which staff members dealt with clients. (Author)

Descriptors: \*Alcohol Education/ \*Rehabilitation Counseling/ \*Counseling Programs/ \*Behavior Change/ \*Helping Relationship/ Research Projects/ Program Descriptions/ Interaction Process Analysis

Identifiers: \*Transactional Analysis

EJ156809 CG512146

Integrated Behavior Change Techniques for Problem Drinkers in the Community

Vogler, Roger E.; And Others

Journal of Consulting and Clinical Psychology, 45, 2, 267-278 Apr 77

Problem drinkers in the community were subjects in a study that evaluated the therapeutic potential of learning techniques in changing abusive drinking patterns and achieving moderation. The authors conclude that moderation is a more attainable and feasible goal for problem drinkers than for chronic alcoholics. (Author)

Descriptors: \*Behavior Change/ \*Change Strategies/ \*Learning Theories/ \*Drinking/ \*Alcoholism/ Behavior Problems/ Alcohol Education/ Behavioral Counseling/ Discrimination Learning/ Research Projects

EJ154711 CG511946

Behavioral Control of Cigarette Smoking: A Comprehensive Program

Hackett, Gail; Horan, John

Journal of Drug Education, 7, 1, 71-77 77

Cigarette smoking has been a behavioral enigma. Single treatment techniques, when successful, are usually plagued by high recidivism rates and "practical" insignificance. Two recent developments, rapid smoking and comprehensive behavioral programming, hold promise for the eventual behavioral control of smoking. This study describes one such program and presents preliminary findings. (Author)

Descriptors: \*Behavior Change/ \*Drug Abuse/ \*Smoking/ \*Change Strategies/ Program Descriptions/ College Student/ Program Evaluation/ Research Projects

EJ154706 CG511941

Alcohol Awareness Education in The U.S. Air Force  
Colson, James D.

Journal of Drug Education, 7, 1, 33-35 77

This paper deals with an unique and innovative seminar in alcohol awareness education, which has been recently developed and implemented Air Force wide. The Alcohol Awareness Seminar is an eight-hour program encompassing 10 interrelated areas. The Responsible Drinking Concept is discussed with the justification and implementation of the seminar. (Author)

Descriptors: \*Drug Education/ \*Drug Abuse/ \*Alcohol Education/ \*Self Evaluation/ \*Military Personnel/ \*Skill Development/ Program Descriptions/ Behavior Patterns/ Armed Forces

EJ154332 SP505239

A Model Drug Policy for a School System

Packer, Kenneth L.

Health Education, 7, 3, 34-5 May-Jun 76

To help prevent drug and alcohol abuse the schools should develop a comprehensive health education program that deals with human feelings, human experience, and factual knowledge. (JD)

Descriptors: \*Confidentiality/ \*School Policy/ \*Counselor Role/ \*Guidance Objectives/ \*Drug Education/ \*Alcohol Education/ Behavioral Counseling/ Student Behavior/ Student Teacher Relationship

EJ142339 AA523162

Innovation and Research in Australian Education

Watts, G. H.; McGaw, B.

Australian Journal of Education, 19, 3, 284-89 Oct 75

This article provides brief accounts of significant current innovation and research in Australia. (Editor/RK)

Descriptors: \*Educational Innovation/ \*Educational Research/ \*Program Descriptions/ \*Multiple Choice Tests/ \*Alcohol Education/ Drug Education/ Student Teacher Relationship/ Teacher Attitudes/ Educational Change

Identifiers: \*Australia

EJ141015 CG510417

Alcoholism Education in the Undergraduate Curriculum

Thierman, Toby; And Others

Journal of Drug Education, 6, 2, 153-164 76

The authors constructed a curriculum for a Mini-Mester course in alcoholism at an area college. It is concluded that there is a need for such curriculum and that the public and private sector can cooperate in it's establishment and execution. (Author)

Descriptors: \*Alcohol Education/ \*Health Education/

\*Curriculum Development/ \*Drug Abuse/ \*College Curriculum/ Higher Education/ Alcoholism/ Drinking/ Drug Education/ Program Descriptions

EJ141013 CG510415

A DWI Educational Program

Eddy, John

Journal of Drug Education, 6, 2, 137-139 76

This article provides a description and some results of an educational program called "Driving While Intoxicated Du-Page" that the author was involved in as one of the consultants for several years. The results of the DWI Project demonstrates a County-Municipal-State cooperation for a common public safety goal. (Author)

Descriptors: \*Program Descriptions/ \*Educational Programs/ \*Safety/ \*Alcohol Education/ \*Drinking/ Safety Education/ Accident Prevention/ Driver Education

Identifiers: \*Driving While Intoxicated Project (DWI)

EJ134290 CG509917

Industrial Alcoholism Programs: The Problem, The Program, The Professional

Barry, Lawrence M.

Family Coordinator, 25, 1, 65-72 Jan 76

Alcoholism, as a national health problem, is receiving increasingly more attention from private industry as well as from federal and local government. The author addresses himself to the problem of alcoholism in industry and reviews the historical development of industrial alcoholism programs. He concludes with suggestions for the community professional. (Author)

Descriptors: \*Alcoholism/ \*Industrial Personnel/ \*Employees/ \*Community Programs/ \*Rehabilitation/ Alcohol Education/ Professional Personnel/ Motivation/ State Of The Art Reviews/ Program Descriptions

EJ132240 CE504507

The Rise in Teen-Age Drinking

Cole, Patricia

Forecast for Home Economics, 21, 7, 24-5, 41-2 Mar 76

Descriptors: \*Teenagers/ \*Alcoholism/ \*Alcohol Education/ \*Teaching Methods/ Drinking/ Resource Guides



EJ129152 CG509609

Comparison of Hypnosis Plus Counseling, Counseling Alone, and Hypnosis Alone in a Community Service Smoking Withdrawal Program

Pederson, Linda L.; And Others

Journal of Consulting and Clinical Psychology, 43, 6, 920 Dec 75

Three approaches: hypnosis, counseling, and hypnosis plus counseling were used to help smokers stop smoking. Only the third approach produced a fairly high success rate. (SE)

Descriptors: \*Smoking/ \*Group Counseling/ \*Hypnosis/ \*Behavior Change/ \*Change Strategies/ Research Projects/ Group Discussion/ Followup Studies/ Counseling Effectiveness

EJ126960 SP503957

Analysis of Alcohol Education Curriculum Guides

Milgram, Gail Gleason

Journal of Alcohol and Drug Education, 20, 3, 13-16 Spr 75

Descriptors: \*Alcohol Education/ \*Curriculum Guides/ \*Drug Education/ \*Health Education/ \*Teaching Guides/ Drinking/ Alcoholism/ Course Descriptions/ Drug Abuse

EJ117279 CG508646

Tailoring Smoking Withdrawal Procedures to Personality and Motivational Differences

Best, J. Allan

Journal of Consulting and Clinical Psychology, 43, 1, 1-7 Feb 75

Concentrated cigarette smoke served as an aversive agent in the treatment of 89 habitual cigarette smokers. A factorial design assessed the incremental efficacy of three procedures as a function of client characteristics. Findings are interpreted as support for the principle of tailoring therapeutic procedures to individual differences. (Author)

Descriptors: \*Behavior Change/ \*Smoking/ \*Conditioning/ \*Counseling Effectiveness/ Negative Reinforcement/ Counseling Theories/ Research Projects

EJ114035 CG508466

An Experimental Lesson In Drug Education

Margolis, Joseph A.

Journal of Drug Education, 4, 3, 327-330 F 74

This article focuses upon a method of making drug education more relevant for today's high school and college student through the use of an experimental lesson on drug taking. (Author)

Descriptors: \*Drug Education/ \*Health Education/ \*Experimental Psychology/ Alcohol Education/ Secondary Education/ Higher Education/ Student Attitudes/ Program

Descriptions

EJ114029 CG508460

Lawyer In The Classroom

Ingram, Verner M., Jr.

Journal of Drug Education, 4, 3, 257-267 F 74

Modern drug education is marked by an increased use of the professional from the community as a guest speaker in the classroom. The use of some basic guidelines may assist the teacher in finding a "classroom lawyer," and in making his presentation more meaningful. (Author)

Descriptors: \*Drug Education/ \*Lawyers/ \*Community Resources / \*School Community Cooperation/ Program Guides/ Professional Personnel/ Alcohol Education/ Secondary Education/ Health Education

EJ108799 CG508033

Effects of a New Type of Psychological Treatment on Smokers' Resistance to Warnings about Health Hazards

Reed, Harvey D., Jr.; Janis, Irving L.

Journal of Consulting and Clinical Psychology, 42, 5, 748 Oct 74

Results from the study indicate that the awareness-of-rationalizations procedure is more effective in convincing discontented smokers of the personal relevance of the health hazards of smoking than the control procedure, which presents the same specific information to refute typical rationalizations. (Author/PC)

Descriptors: \*Behavior Change/ \*Therapy/ \*Behavior Development/ \*Smoking/ Research Projects/ Counseling/ Individual Characteristics

EJ083494 SP501993

Alcohol and Health Education in Schools

Davies, John; Stacy, Barrie

Journal of Alcohol and Drug Education, 17, 2, 1-7 W 72

The status of alcohol and drug education. (JA)

Descriptors: \*Alcohol Education/ \*Health Education/ Program Descriptions/ Drug Education/ Program Design

EJ077987 SE508333

Teenagers to Younger Kids: Don't Smoke  
Arrington, Edward

American Biology Teacher, 35, 4, 219-222 Apr 73

An innovative program is in operation involving high school students to educate elementary school students against smoking. Practical demonstrations, exhibition of infected tracheae and lungs, posters etc., are viewed by elementary school students. The children also perform experiments. (PS)

Descriptors: Elementary School Science/ Health Activities/ \*Health Education/ Instructional Materials/ Instructional Programs/ \*Program Descriptions/ \*Science Activities/ \*Science Education/ Secondary School Students/ \*Smoking

EJ064892 CG504938

Casework with the Family Of the Alcoholic.

Mueller, John F.

Social Work, 17, 5, 79-84 Sep 72

Guidelines for casework with the family of the alcoholic indicate the importance of understanding that alcoholism is a treatable disease, of letting the alcoholic suffer the consequences of his drinking, and of demonstrating how self-help groups can be a valuable resource to the alcoholic and his family. (Author)

Descriptors: Alcohol Education/ \*Alcoholism/ \*Caseworker Approach/ \*Caseworkers/ \*Family Counseling/ Health/ \*Self Help Programs/ Social Work

EJ047362 SE504423

Counseling Youth Whose Parents are Alcoholic: A Means to an End as well as an End in Itself

Weir, W. R.

Journal of Alcohol Education, 16, 1, 13-19 F 70

Descriptors: \*Alcohol Education/ Attitudes/ \*Changing Attitudes/ \*Counseling Programs/ \*Family Problems/ Parent Child Relationship/ Secondary School Students/ \*Student Adjustment

EJ018315 CG501350

Comparing Behavior Modification Approaches to Habit Decrement--Smoking

Wagner, M. K.; Bragg, R. A.

J Consult Clin Psychol, 34, 2, 258-263 70 Apr

Five methods for control of smoking were tested on 54 Ss using systematic desensitization (SD), covert sensitization (CS), a combination of SD and CS (SD-CS), relaxation, and counseling. The SD-CS treatment was superior at all points during the treatment, though not significantly superior to all other treatments at all time points. Reprints from M.K. Wagner, University of South Carolina, Department of

Psychology, Columbia, South Carolina 29208. (Author)

Descriptors: \*Behavior Change/ Counseling/ \*Habit Formation/ \*Individual Characteristics/ \*Methods/ \*Smoking/ Training Techniques

EJ011966 CG500958

Blueprint for Colorado Schools in Alcohol, Drug and Tobacco Education

Thompson, John C.

J Sch Health, 39, 10, 711-712 69 Dec

Discusses need to bring laws on alcohol use up to date, findings and recommendations of an advisory committee on school health. (CJ)

Descriptors: \*Alcohol Education/ \*Drug Abuse/ Drug Legislation/ \*Health Education/ \*Health Guides/ Health Personnel/ \*Legislation/ Teacher Education

EJ004348 CG500416

Effect of the Counselor's Approach to Changing Smoking Behavior.

Jenks, Robert; and others

J Counseling Psychol, 16, 3, 215-21 69 May

Descriptors: Behavior Change/ \*Counseling/ \*Counseling Effectiveness/ \*Counseling Goals/ Counseling Programs/ Counselor Performance/ Health Programs/ \*Individual Counseling / \*Smoking

EJ003739 CG500361

Health Instruction. Suggestions for Teachers. Outline of Content for Junior High School

Oberteuffer, Delbert, Ed.; Kaplan, Robert, Ed.

J Sch Health, 39, 5a, 48-70 69 May

Descriptors: Alcohol Education/ Curriculum Guides/ Drug Abuse/ \*Environmental Influences/ \*Health Education/ \*Health Guides/ \*Health Needs/ \*Junior High Schools/ Personal Growth/ Physical Development

FORMAT OF  
RESOURCES IN EDUCATION (RIE)

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Exemplary Career Resource Center for Grades 6 Through 9 in Pennsylvania.

Penna Valley Area School District, Spring Mills, Pa.; Pennsylvania Research Coordinating Unit for Vocational Education, Harrisburg.; Pennsylvania State Dept. of Education, Harrisburg.

Publ. Date: 30 Jun 74 Note: 27p.

\* EORS Price MF-\$0.03 HC-\$2.06 Plus Postage

Descriptors: \*Career Education/ Educational Programs/ \*Elementary Secondary Education/ Information Dissemination/ Paraprofessional Personnel/ Program Descriptions/ \*Program Planning/ \*Program Proposals/ \*Resource Centers

Following a discussion of the need for the service the document presents a proposal for the establishment of a career resource center in order to properly utilize and disseminate career information to students in Grades 6-9 in selected Pennsylvania schools. The career resource center will be involved with the following activities: (1) collection, synthesis, and placement of career information resources available from commercial and other sources; and (2) institution of an organized system for the dissemination of career information to students. The individual responsible for the organization, administration, and implementation of these services will be the career resource specialist who is a paraprofessional employed and trained by the local district. The career resource specialist will work cooperatively with the professional guidance staff in the school. Other staff members include the counselor and supporting staff (community volunteers and students). The paraprofessional will also be responsible for collecting data for the evaluation of project objectives. Necessary information for the planning of the career resource center includes suggestions for the budget and costs and amount of particular equipment and materials. A bibliography is included. (Author/EC)

\* Price through ERIC Document Reproduction Service. Order by ED#. See order information on back page. "MF"-microfiche, "HC"-hard copy. When "not available from EORS," other sources are listed.



ED173700 CG013605

Partial Component Analysis of a Comprehensive Smoking Program.

Horan, John J.; Hackett, Gail  
Apr 79 15p.; Paper presented at the Annual Meeting of the American Educational Research Association (San Francisco, California, April 8-12, 1979)

Available from: Division of Counseling and Educational Psychology, 325 Carpenter Building, University Park, PA 16802  
EDRS Price - MF01/PC01 Plus Postage.

Language: English

Geographic Source: U.S.

The effects of a comprehensive program for the treatment of cigarette addiction were investigated. Subjects were 18 university students and 12 community members. Abstinence levels of 40 percent, verified by expired air carbon monoxide tests, were achieved in a six to nine month follow-up period. A partial component analysis revealed that the comprehensive program was not significantly more powerful than a principle component, i.e., the focused smoking technique. (Author)

Descriptors: Adults/ \*Behavior Change/ \*Behavior Patterns/ \*Counseling Effectiveness/ \*Drug Addiction/ Followup Studies/ \*Program Effectiveness/ Program Evaluation/ \*Smoking

ED173450 UD019166

Alcohol Abuse Prevention: A Comprehensive Guide for Youth Organizations.

Boys' Clubs of America, New York, N.Y.  
78 166p.; for a related document, see UD 019 164-165; Not available in hard copy due to institution's restriction  
Sponsoring Agency: National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

Grant No.: HH4-AA02298

Available from: Boys' Clubs of America, 771 First Avenue, New York, New York 10017 (\$10.00 + \$1.00 postage and handling)  
EDRS Price - MF01 Plus Postage. PC Not Available from EDRS.

Language: English

Geographic Source: U.S./ New York

This guide, the culmination of a three year Project TEAM effort by the Boys' Clubs of America, describes numerous strategies for developing an alcohol abuse prevention program. The core of this guide consists of program models developed by the Boys' Club project at seven pilot sites. The models presented cover the following areas: peer leadership, peer consulting, arts and crafts, cultural exploration, media strategy, values clarification, and community service. Specific objectives and activities for developing and implementing each of the models are outlined. Suggestions for starting a prevention program, developing project staff, getting teenagers involved, and working with the program models are presented. Suggestions are also made concerning program objectives and planning, evaluation concepts and techniques, program funding, and publicity. In addition, facts and myths about alcohol and alcohol abuse are discussed and a

resource list is provided. (EB)

Descriptors: Alcohol Education/ \*Alcoholism/ \*Counseling Instructional Programs/ \*Outreach Programs/ \*Prevention/ \*Program Development/ Program Evaluation/ \*Youth Programs

Identifiers: \*Project TEAM.

ED173449 UD019165

Boys' Clubs of America Alcohol Abuse Prevention Project, 1977-78. Final Evaluation.

Insight Associates, Great Neck, N.Y.

30 Dec 78 60p.; for a related document, see UD 019 164 and UD 019 166; Not available in hard copy due to institution's restriction

Available from: Boys' Clubs of America, 771 First Avenue, New York, New York 10017 (\$10.00 + \$1.00 postage and handling)

EDRS Price - MF01 Plus Postage. PC Not Available from EDRS.

Language: English

Geographic Source: U.S./ New York

This report evaluates this prevention program's effectiveness in producing social change in the area of alcohol abuse among Boys' Club participants. Concentrating on the program's third year, this paper presents summative evaluations for seven Boys' Club pilot sites. Each summation concentrates on the site's ability to translate models developed over the first two years of the program into prototypes for incorporation into the ongoing Boys' Club program and examines the impact the intervention effort had on participants exposed to the program. Specific activities undertaken at each site to develop and/or implement the program are described. Sample data from surveys and interviews conducted by evaluators to assess the project's impact on participants are presented. Patterns of drinking behavior among the project's participants and a control group are compared. The impact of the entire three year project on the Boys' Club of America is analyzed and recommendations made by evaluators regarding the project are outlined. (EB)

Descriptors: \*Alcohol Education/ \*Alcoholism/ \*Counseling Instructional Programs/ \*Outreach Programs/ \*Prevention/ Program Evaluation/ Social Change/ \*Youth Programs

Identifiers: \*Project TEAM

ED173148 UD019164

Boys' Clubs of America Alcohol Abuse Prevention Project, 1976-77. Final Evaluation.

Insight Associates, Great Neck, N.Y.

15 Aug 77 62p.; For related documents, see UD 019 165-166;

Not available in hard copy due to institution's restriction

Available from: Boys' Clubs of America, 771 First Avenue, New York, New York 10017 (\$10.00 + \$1.00 postage and handling)

EDRS Price - MF01 Plus Postage. PC Not Available from EDRS.

Language: English

Geographic Source: U.S./ New York

This report evaluates the alcohol abuse prevention program's effectiveness in producing social change among Boys' Club participants. Concentrating on the program's second year, this paper presents summative evaluations for nine Boys' Club pilot sites. Each summation concentrates on the site's ability to implement model programs developed during the first year of the project and examines the impact the intervention effort had on participants in the program. Specific activities undertaken at each site to develop and/or implement the program are described. Sample data from surveys and interviews conducted by evaluators to assess the project's impact on participants are presented. Patterns among the project's participants and a control group are compared. The project's success in modifying the behavior and attitudes of participating youngsters are outlined and recommendations concerning the continuation and improvement of the program are listed. (EB)

Descriptors: \*Alcohol Education/ \*Alcoholism/ \*Counseling Instructional Programs/ \*Outreach Programs/ Prevention/ \*Program Effectiveness/ Program Evaluation/ \*Youth Programs

Identifiers: \*Project TEAM

ED170655 CG013449

Dial A-L-C-O-H-O-L and Jackson Junior High: Adult Group Leader Guide.

Finn, Peter; And Others

Abt Associates, Inc. Cambridge, Mass.

77 53p.; Films not included

Sponsoring Agency: \*National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.; Office of Education (DHEW), Washington, D.C. Div. of Educational Technology.

Available from: Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402 (Stock No. 017-080-01773-3)

EDRS Price - MF01/PC03 Plus Postage.

Language: English

Geographic Source: U.S./ District of Columbia

This guide is designed to assist those helping professionals who work with adults in the area of alcohol education. Although originally developed for use with junior and senior high school students, the materials presented contain pertinent information about alcohol use, deal with significant issues related to alcohol abuse, and provide examples of

behavior associated with drinking. Although the films which accompany this guide are not included, synopses of the films are provided together with sufficient information to make this guide a useful educational tool by itself. The content of the guide is organized in the following manner: (1) learning activities with foci on previews, highlights, and follow-up procedures; (2) information about alcohol and alcohol education; and (3) resources for obtaining further information about alcohol and alcohol education. (Author/HLM)

Descriptors: \*Adult Education/ Adults/ \*Alcohol Education/ \*Behavior Patterns/ \*Drinking/ \*Drug Abuse/ Group Counseling/ Instructional Films/ Instructional Media/ Secondary Education/ \*Social Attitudes

ED168983# SP013929

Resource Guide on Smoking and Health for Canadian Schools. Second Edition.

Department of National Health and Welfare, Ottawa (Ontario).

76 43p.; Prepared by the Health Protection Branch

Available from: Health and Welfare Canada, Health Protection Branch, Ottawa, Ontario, K1A 1B7

Document Not Available from EDRS.

Language: English

Geographic Source: Canada/ Ontario

In addition to an overview of smoking and health, this resource guide provides (1) lesson guidelines focusing specifically on physical, social and economic, and psychological factors involved with smoking; (2) examples of simple experiments and demonstrations; (3) a guide to films, filmstrips, slides, and printed materials on smoking and health; (4) a glossary of terms used in discussion of smoking and health; and (5) a list of organizations to contact for additional material. A bibliography is also included. (DS)

Descriptors: Demonstrations (Educational)/ \*Filmographies/ Foreign Countries/ \*Health Education/ \*Leaders Guides/ \*Public Health/ \*Schools/ \*Smoking

Identifiers: \*Canada

ED167878 CG013274

The Use of Nicotine Fading and Self-Monitoring to Reduce Cigarette Smoking: A Non-Aversive Procedure.

Brown, Richard A.; Foxx, R. M.

76 Sp.

EDRS Price - MF01/PC01 Plus Postage.

Language: English

Geographic Source: U.S.

Several treatment approaches to cigarette smoking were investigated, including a nicotine fading procedure in which subjects changed their cigarette brand each week to one containing progressively less nicotine and tar; a self-monitoring procedure in which subjects plotted their daily intake of nicotine and tar; a combined nicotine fading/self-monitoring procedure; and a slightly modified American Cancer Society Stop Smoking Program. Smokers (N=40) were assigned to one of the treatment programs. Results at the six-month follow-up showed that the nicotine fading/self-monitoring treatment was the superior procedure on all dependent measures: abstinence rate (50%), daily nicotine intake (69% reduction from baseline), daily tar intake (71% reduction from baseline). While the combined treatment program produced success rates in the range of those obtained by the aversive rapid smoking procedure (the most successful procedure to date), the nonaversive combined program did not share some of the inherent limitations of the aversive procedure. Results suggest that the nicotine fading/self-monitoring approach may be a more reasonable treatment for persons with heart disease, emphysema and asthma, and may hold promise for the more general cigarette smoking population as well. (Author)

Descriptors: Adolescents/ Adults/ \*Behavioral Counseling/ \*Behavior Change/ Comparative Analysis/ \*Counseling Effectiveness/ Drug Addiction/ Drug Therapy/ Health Programs/ \*Self Control/ \*Self Help Programs/ \*Smoking/ Special Health Problems

ED167400 SE026784

Human Life Science, Years 1 - 7.

British Columbia Dept. of Education, Victoria, Curriculum Development Branch.

71 74p.; Contains occasional light and broken type

EDRS Price MF-\$0.83 HC-\$3.50, Plus Postage.

Language: English

Geographic Source: Canada/ British Columbia

Describes a Human Life Science program for the elementary school, emphasizing physical, mental, emotional, and social growth. The program consists of two units: (1) The Human Body, and (2) Drugs, including Drug Information, Alcohol, and Tobacco. The guide outlines basic concepts to be developed, sets of objectives, background information, teaching suggestions, and resource materials. Suggestions for integration of this program into the existing curriculum are included. (MA)

Descriptors: \*Alcohol Education/ Biological Sciences/ \*Drug Education/ \*Elementary Secondary Education/ Health Education/ \*Human Body/ Instructional Materials/ \*Program Descriptions/ Science Activities/ \*Science Education

ED167306 RC011179

American Indian Student Counselor Handbook.

Evans, Wayne H.

Sep 77 169p.; Not available in hard copy due to publisher's preference

Sponsoring Agency: Black Hills State Coll., Spearfish, S. Dak.

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

Language: English

Geographic Source: U.S./ South Dakota

The handbook, a first in the attempt to collect information about counseling Indian students, represents the results of 1976-77 counselor training workshops in South Dakota. The handbook contains article reprints, ideas, and suggestions from many counselors and non-counselors, and is intended not as expertise but as a resource primarily for counselors of Indian students at all educational levels. The information is presented in six major sections. "Counseling the Indian Student" presents a counselor's Code of Ethics; notes potential cultural differences and conflicts; and discusses the role, responsibilities, and relationships of a counselor. Two sections detail counselors' activities, roles, and responsibilities at the elementary and secondary level, and include reprints on elementary school counseling and on financial aid. In "Counseling the Indian College Student" there is discussion of college application and admission, financial aid, housing, course selection, cassette/filmstrip programs and films by title, with appropriate level, cost, and time. The "Miscellaneous" section contains brief excerpts on general resources, counseling skills, drug/alcohol counseling, evaluation, and other topics. (SB)

Descriptors: Alcohol Education/ American Indian Culture/ \*American Indians/ Audiovisual Aids/ \*College Students/ \*Counseling/ Counselor Acceptance/ Counselor Attitudes/ Counselor Role/ Cross Cultural Training/ Elementary School Counseling/ \*Elementary Secondary Education/ \*Postsecondary Education/ Student Adjustment/ \*Student Characteristics/ Tribes

Identifiers: \*American Indian Education/ Oglala Sioux (Tribe)

ED166812 CG013223

Effectiveness of Nonprescription Therapies for Problem Drinkers.

Miller, William R.

Aug 78 11p.; Paper presented at the Annual Convention of the American Psychological Association (Toronto, Ontario, Canada, August, 1978)

Sponsoring Agency: National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

Available from: Department of Psychology, University of New Mexico, Albuquerque, NM 87131

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

Language: English

Geographic Source: U.S./ New Mexico

Self-help approaches to the treatment of problem drinking were investigated in five studies, including methods oriented toward controlled drinking as well as those designed to produce abstinence. Study 1 explored the utility of a self-help manual as an agent in improving maintenance following treatment by a paraprofessional. Clients who read this manual showed significantly better maintenance than did those not using the manual. Study 2 compared the effectiveness of the manual alone with that of a paraprofessional-administered program. Both groups showed substantial improvement, with no significant difference between groups; however, differences that did occur favored the bibliotherapy group. Study 3 was a demonstration of the feasibility of a group educational format in controlled drinking therapy. Study 4 compared bibliotherapy with one group and two individual treatment approaches. All groups showed significant improvement, again without between-group differences. Bibliotherapy clients in this study, however, showed the least favorable outcomes. Study 5 compared an expanded form of bibliotherapy with a straightforward behavioral approach and two multimodal approaches offered by paraprofessionals. All groups showed significant gains, with bibliotherapy clients showing the least absolute improvement. Clinical issues in the use of self-help therapies are discussed. (Author)

Descriptors: Adults/ Alcohol Education/ \*Alcoholism/ \*Bibliotherapy/ Counseling Effectiveness/ \*Drinking/ Drug Abuse/ \*Group Counseling/ Paraprofessional Personnel/ Program Effectiveness/ \*Psychotherapy/ \*Self Help Programs

ED165032 CG013091

Annotated Resource Guide for Alcohol, Tobacco and Other Drug Abuse/Misuse Prevention Education Programs. Elementary Level.

New York State Education Dept., Albany. Bureau of Drug Education.

78 86p.

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

Language: English

Geographic Source: U.S./ New York

Government: State

This booklet is intended to provide teachers with a

selective list of instructional aids and resources for use in drug education programs. It provides some guidance in choosing, from the items listed, those to use at the local level. Items listed are: printed materials for children; audiovisuals for children; printed materials for teachers and parents; audiovisuals for teachers and parents; basic sources of information; and regional offices for community agencies. (BN)

Descriptors: \*Alcohol Education/ Community Organizations/ Drug Abuse/ \*Drug Education/ \*Educational Resources/ Elementary Education/ \*Elementary School Guidance/ \*Instructional Materials/ Mental Health Programs/ Resource Guides/ \*Resource Materials

ED163367 CG013081

Alcohol Education: Curriculum Guide for Grades K-6.

New York State Education Dept., Albany. Bureau of Drug Education.

76 135p.

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

Language: English

Geographic Source: U.S./ New York

Government: State

This alcohol curriculum guide was designed to assist school personnel to more effectively combat the alcohol problem through education as a primary prevention vehicle. "Practice experiences" comprise the most important components of the elementary health education curriculum for decision making. There are units with separate sections at each grade level which identify the topics and the objectives, and list the suggested learning experiences. These sections serve as guidelines to school districts in developing their own programs designed to meet their own special interests and needs. At the K-3 level topics include health habits, body care, chemical and nutritional values of food. At grade levels 4-6, topics focus of the nature of alcohol, factors influencing its use, alcohol effects, responsibility and treatment. Also included are topic outlines for the two levels. (BN)

Descriptors: \*Alcohol Education/ \*Alcoholism/ Curriculum Guides/ \*Drug Education/ Elementary Education/ Elementary School Students/ \*Health Education/ \*Learning Experience/ Prevention/ School Community Relationship/ \*Student Centered Curriculum

Identifiers: New York



ED159575 CG012866

A Manual for Managing Community Alcohol Safety Education Campaigns.

National Highway Traffic Safety Administration (DOT),  
Washington, D.C. Office of Driver and Pedestrian Research.  
Jan 78 54p.

Report No.: DOT-HS-802-515

Available from: Superintendent of Documents, U.S. Government  
Printing Office, Washington, D.C., 20402 (Stock no.  
1978-0-256-039)

EDRS Price MF-\$0.83 HC-\$3.50 Plus Postage.

Language: ENGLISH

Geographic Source: U.S./ District of Columbia

Government: Federal

This guide offers help to community members for establishing an alcohol safety education program. Emphasis is placed upon the development of a communications plan, including defining objectives, identifying target audiences, and enlisting community support. The manual can be used to manage community alcohol safety education campaigns. (KA)

Descriptors: \*Accident Prevention/ \*Alcohol Education/  
\*Community Service Programs/ Community Support/ \*Drinking/  
Program Descriptions/ Program Guides/ \*Safety Education/  
Traffic Accidents/ Traffic Safety

management. (Author)

Descriptors: \*Alcohol Education/ \*Delinquency Prevention/  
\*Drug Education/ \*Government School Relationship/ \*Humanistic  
Education/ Junior High Schools/ Program Descriptions/ Program  
Evaluation/ School Role/ School Services/ Secondary Education/  
Training Objectives/ Training Techniques/ \*Youth Programs

ED159533 CG012771

Restructuring the Group Dynamics: Program for Low Level or Non-Readers.

Gateway Technical Inst., Kenosha, Wis.

30 Sep 77 114p.; Some pages not filmed due to copyright;

Best copy available

Sponsoring Agency: Wisconsin Div. of Highway Safety,  
Madison.

Contract No.: 30-29-030-01-77HP

EDRS Price MF-\$0.83 HC-\$6.01 Plus Postage.

Language: ENGLISH

Geographic Source: U.S./ Wisconsin

This guide was prepared as an instructional tool for use with adults who are low level or nonreaders or Spanish speaking/reading and who are on probation because of traffic violation. The course is intended to provide basic information on alcohol and its relationship to driving and social living. The first part of the guide contains the curriculum outline developed to reflect the current thinking of Group Dynamics instructors, Division of Motor Vehicle driver analysts, and state consultants. The second part contains the student handout materials developed in English and Spanish at an adult basic education level of third or fourth grade for ease and understanding by students with low level reading skills. Student information materials are also available in audio cassette form for use by students with limited or no reading ability. Materials were field tested and refined for maximum effectiveness, although instructors using this curriculum guide are advised to update it periodically as new materials and ideas become available. (Author/RF)

Descriptors: Adult Basic Education/ Adult Education/ \*Adult  
Education Programs/ \*Alcohol Education/ \*Alcoholism/  
Curriculum Guides/ Drinking/ \*Driver Education/ \*Illiterate  
Adults/ Resource Materials/ Spanish Speaking/ Traffic Safety

ED159538 CG012784

U.S. Office of Education Alcohol and Drug Training and  
Resource Center Program.

Pizza, Joan G.

78 158p.; Master's thesis, University of Maryland; Not  
available in hard copy due to marginal legibility of original

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from  
EDRS.

Language: ENGLISH

Geographic Source: U.S./ Maryland

This descriptive paper of the U.S. Office of Education Alcohol and Drug Training and Resource Center Program represents the first, general documentation of the program. It is meant to be an overview, discussing premises and working assumptions, training strategies, and the management of the program. The writer's experiences in the national office of the program have formed the framework and perspective through which information collected from other sources was filtered, chosen, and organized. These sources include works of personnel in the National Office and Training Centers, literature from other U.S. Government agencies, and studies in education, human development, and school systems change. The paper includes: (1) an overview of the USOE Training and Resource Center Program, which is designed to assist schools to develop appropriate local programs aimed at preventing drug and alcohol abuse and other destructive behavior; (2) the premises and working assumptions of the USOE Training and Resource Center Program; and (3) specific components of the Program such as training, technical assistance, and

ED158179 CG012747

Alcohol Education for College Student Personnel.  
North, Gary B., Ed.  
National Association of Student Personnel Administrators,  
Detroit, Mich.

77. 26p.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

Language: ENGLISH

Geographic Source: U.S./ Michigan

Student personnel professionals have long recognized and worked with the unique nature of student alcohol abuse problems on the college campus. Some abuses often observed are excessive consumption, use of alcohol as a means of socialization, strong peer pressure on others to drink, loud boisterous behavior, occasional disruptions and damage, and, on some occasions, harassment, intimidation, and physical conflict with other people. Most youthful drinkers quickly develop moderate, controlled drinking behavior patterns and do not encounter serious problems with alcohol abuse. But the minority who cannot maintain self-control or who become dependent on alcohol create severe problems for themselves and for others who must deal with them in group social activities and residence group living situations. These people, and the constant influx of new students to our campuses each year, generate a never-ending challenge for student personnel professionals and students. We now recognize that the number of regular drinkers among the college-age population is increasing and that many students do develop serious, long-range alcohol abuse problems. This publication will provide a model; offer applicable easily utilized strategies for staff and students; and identify readily available low cost resources. (Author)

Descriptors: \*Alcohol Education/ \*Alcoholism/ \*College Programs/ \*College Students/ \*Health Education/ \*Higher Education/ \*Program Descriptions/ \*Resource Materials/ \*Student Behavior/ \*Student College Relationship/ \*Student Personnel Services/ \*Student Problems/ \*Student Welfare

ED156956# CG012550

Alcoholism: Development, Consequences, and Interventions.

Estes, Nada J.; Heinemann, M. Ed th

77. 332p.

Available from: C. V. Mosby Company, 11830 Westline Industrial Drive, St. Louis, Missouri, 63141; Price \$9.95

Document Not Available from EDRS.

This book is intended to contribute to the theoretical knowledge of alcoholism workers so that the needs of people with alcohol related problems may be met with greater understanding. Contributors to the book represent a variety of disciplines and address a broad spectrum of topics. Part One deals with developmental perspectives of alcoholism, including criteria for its diagnosis. Part Two focuses on the consequences of excessive alcohol on various body systems. Part Three deals with alcohol problems in special groups such

as teenagers, women and American Indians. Part Four provides an array of interventions used in various stages of the illness and for family members. (Author)

Descriptors: \*Alcohol Education/ \*Alcoholism/ \*Counseling Programs/ \*Drug Abuse/ Etiology/ Family Problems/ \*Intervention/ Socially Deviant Behavior/ Textbooks

ED156944 CG012530

North Hastings Alcohol Clinic: A Rural Developmental Project Based on Local Coordination and A.R.F. Consultation.

Morgan, Don

77. 26p.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

This study reports on a rural developmental project based on local coordination and Addiction Research Foundation (A.R.F.) community consultation. The purpose of the project is to develop addiction services and general community awareness in a small, northern, rural setting in Hastings County, Canada. The effect of the effort has been the development of an alcohol clinic and an alcoholism education program based completely in the community. The methods used are community consultation on a monthly visitation basis by the A.R.F. consultant. The Clinic and educational efforts have been the result of a coordinated effort between three local agencies and the A.R.F. consultant. The project has been in effect 12 months and is beginning to have some influence on the village and surrounding area. Most importantly, the consultation model is a training model which is ongoing and leaves the community with local professionals skilled in dealing with persons who are addicted to alcohol. The project will continue for a 12-month period and will emphasize professional training for those involved in staffing the Clinic. (Author)

Descriptors: Alcohol Education/ \*Alcoholism/ \*Consultation Programs/ \*Drug Abuse/ Foreign Countries/ \*Health Services/ Human Services/ Program Descriptions/ \*Rural Clinics/ Rural Population/ Staff Improvement

Identifiers: \*Canada (Hastings County)



ED154293 CG012563

Criteria for Assessing Alcohol Education Programs.  
California State Dept. of Education, Sacramento.

76 29p.

Sponsoring Agency: California State Office of Alcoholism,  
Sacramento.

Available from: Publication Sales, California State Dept. of  
Education, P.O. Box 271, Sacramento, CA, 95802; price \$1.00

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from  
EDRS.

Alcohol abuse has become the number one drug problem in the  
United States. In 1973 the California State Board of Education  
adopted guidelines for drug education programs in schools, and  
those guidelines can also be used with alcohol education  
programs. This document provides criteria by which individual  
schools, school districts, and communities can assess their  
alcohol education programs, and measure them against the  
California guidelines. (Author/FC)

Descriptors: \*Alcohol Education/ \*Community Planning/ Drug  
Abuse/ \*Drug Education/ Elementary Secondary Education/  
\*Evaluation Criteria/ Guides/ Problem Solving/ \*Program  
Evaluation/ School Personnel/ \*State Standards

ED154285 CG012472

Smoking and Health Experiments, Demonstrations, and  
Exhibits.

Center for Disease Control (DHEW/PHS), Atlanta, Ga.

77 25p.

Report No.: DHEW-CDC-77-8313

Available from: Superintendent of Documents, U.S. Government  
Printing Office, Washington, D.C., 20402 (HEW Publication No.  
CDC 77-8318)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This booklet of experiments was compiled from various  
teachers' guides in response to the many requests from  
students for help in preparing smoking demonstration and  
exhibits. The booklet is divided into three sections. Part 1  
illustrates a number of experiments, most of which require  
some laboratory equipment. Part 2 includes a number of  
demonstrations which can be performed by one or two persons.  
Part 3 contains suggestions for exhibits. Teachers and  
students will find this a helpful resource for demonstrating  
the effects of smoking. (JL)

Descriptors: \*Demonstration Projects/ Demonstrations  
(Educational)/ \*Drug Education/ \*Exhibits/ Guides/ \*Health  
Education/ Laboratory Experiments/ Science Experiments/  
\*Smoking/ Tobacco

76 181p.; Publication is based on work done by the  
Christian Family Movement

Sponsoring Agency: National Inst. on Drug Abuse (DHEW/PHS),  
Rockville, Md.

Contract No.: 271-75-4032

Available from: Superintendent of Documents, U.S. Government  
Printing Office, Washington, D.C. 20402 (Stock no.  
017-024-00537-1, Price \$1.30).

EDRS Price MF-\$0.83 HC-\$10.03 Plus Postage.

This manual, with accompanying facilitator's guide, presents  
a program for drug education designed for use by groups of  
families led by volunteer facilitators. The program offers an  
approach toward building better communications and  
understanding among family members. The program consists of  
six group sessions based on learning experiences emphasizing  
communication skills. For each session the participant's  
manual includes readings, exercises, assignments, discussion  
questions and suggestions for role playing. The appendix  
provides necessary background information: a brief history of  
drugs and drug use, a brief pharmacology of selected drugs,  
and a glossary of medical/scientific terms. The facilitator's  
guide includes instructions for each session, specific  
suggestions for group discussion techniques and a number of  
role-playing situations. Audiovisual materials are available  
and the appendix includes a list of NIMH lending libraries.  
(DOW)

Descriptors: \*Alcohol Education/ \*Communication Skills/  
Discussion Groups/ \*Drug Education/ \*Family Counseling/ \*Group  
Guidance/ \*Parent Child Relationship/ Program Guides/ Role  
Playing

ED153097 CG012343

A Family Response to the Drug Problem: A Family Program for  
the Prevention of Chemical Dependence with Group Facilitator  
Guidelines.

ED151645 CG012230

Pennsylvania Alcohol Highway Safety Program (Curriculum Guide, Judicial, Law Enforcement, Counseling & Rehabilitation, and Local Officials Manuals.

International Alcohol and Mental Associates, Inc., Philadelphia, Pa.

76 234p.

Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.

Contract No.: AL76-10-4

EDRS Price MF-\$0.83 HC-\$12.71 Plus Postage.

This material is for the use of educators involved in the Pennsylvania Alcohol-Highway Safety Program. The 16-hour course of instruction has been prepared to inform both teachers and students of the Commonwealth of Pennsylvania's DUI (Driving under the Influence) Safe Driving School. It concentrates on the development of knowledge, and the changing of attitudes for all DUI offenders arrested in the Commonwealth. A Curriculum Guide, as well as Judicial, Law Enforcement, Counseling and Rehabilitation, and Local Officials Manuals, are included. (Author/JLL)

Descriptors: \*Alcohol Education/ \*City Officials/ \*Court Litigation/ \*Criminals/ \*Curriculum Guides/ \*Drinking/ \*Driver Education/ \*Law Enforcement/ \*Rehabilitation Counseling/ \*Safety Education/ \*Traffic Safety

ED151617 CG012195

Development of Alcoholism Programming in Colorado and Subsequent Training Efforts.

Forquer, Margaret J.

76 7p.

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

The paper focuses on training efforts resulting from a grant awarded to the Colorado Department of Health in 1976 by the Western Area Alcohol Education and Training Program. A tape on the physiological aspects of alcoholism developed during the grant year was used in conjunction with the paper, and both were very well received. The grant was a cooperative effort between Fort Logan's Applied Training for Alcoholism Specialists (ATAS) Program and the Alcohol and Drug Abuse Division. Training goals for the project, January 1976 through January 1977, were threefold: (1) To provide one month of training at the ATAS for alcoholism program directors and supervisors using the "Training the Trainer" model; (2) To provide training and education in the basic skills of alcoholism identification for 60 new staff members of non-hospital detoxification centers at the ATAS program at Fort Logan Mental Health Center; (3) To provide on-site training programs, workshops and consultation for persons working in the alcohol field who did not have access to more formal programs. The program staff was well satisfied with the results they achieved, which are briefly described in the paper. (Author)

Descriptors: \*Alcohol Education/ \*Alcoholism/ \*Attitudes/

Community Development/ \*Educational Programs/ \*Field Experience Programs/ \*Health Education/ \*Program Descriptions/ \*Program Development/ \*Staff Improvement/ \*Training Objectives

ED150524 CG012191

Early Identification: The Key to Successful Occupational Alcohol Programs.

McLatchie, Brian H.

77 8p.

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This paper describes the Early Identification Programme, which was designed to increase the efficiency of identifying problem drinkers in the work place. The program revolves around a booklet called "Yes I Drink--Should I Be Concerned?" Each individual uses it to evaluate his own alcohol involvement. After that, groups of employees meet with their supervisor and union representatives to review the booklet and discuss company policy in regard to alcohol problems. More information is available from the author of this paper upon request. (Author/PFS)

Descriptors: \*Alcohol Education/ \*Alcoholism/ \*Drinking/ \*Employer Employee Relationship/ \*Health Education/ \*Industrial Relations/ \*Program Descriptions/ \*Social Problems  
Identifiers: \*Canada

ED150518 CG012185

Alcoholism Foundation of Manitoba: Student Match Program. Program Review 1976/77.

77 8p.; Paper presented at the Annual Conference on Alcohol and Drug Dependencies (12th, Winnipeg, Manitoba, CANADA, July 10-15, 1977)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This paper presents a Canadian program aimed specifically at 7-10 year old children who are not yet heavily or directly involved in the use of solvents or alcohol, who represent a high-risk group. It taps a valuable community resource (high school students) and operates on a minimal budget. The intention is to provide a stable, ongoing relationship between the child and a high school student, and through this relationship to provide alternatives to potential alcohol and drug abuse. (PFS)

Descriptors: \*Alcohol Education/ \*Children/ \*Drug Abuse/ \*Drug Education/ \*Health Education/ \*High School Students/ \*Interpersonal Relationship/ \*Program Descriptions/ \*Socially Deviant Behavior

Identifiers: \*Canada (Winnipeg)

ED150506 CG012173

Alcohol Education Programming at the University of Massachusetts, Amherst, and Evaluation of Results to Date.

Kraft, David P.; And Others

27 Aug 77 30p.; Paper presented at the Annual Convention of the American Psychological Association (San Francisco, California, August 26-30, 1977)

Sponsoring Agency: National Inst. on Alcohol Abuse and Alcoholism (DHAW/PHS), Rockville, Md.

Grant No.: 5-H84-AA03331-02

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

This report describes the Demonstration Alcohol Education Project at the University of Massachusetts. A basic assumption of the program is that most people can learn to drink sensibly. Rather than being abstinence-oriented, it seeks to foster responsible decisions about alcohol use, including comfortable drinking and non-drinking behaviors. It uses a variety of approaches to promote this idea. The three major categories of approach are: (1) community development (responding to the needs and wants of target populations); (2) extensive approaches (posters, pamphlets and special displays); and (3) intensive approaches (small discussion groups to help individuals examine and modify their attitudes and behavior). The program's objectives and methodology are presented in detail, as well as a description of results which demonstrate its effectiveness. (Author/BF)

Descriptors: \*Alcohol Education/ College Students/ \*Community Development/ \*Decision Making/ \*Drinking/ \*Information Dissemination/ Methods/ Program Descriptions/ \*Student Attitudes/ Universities

ED149254 CG012290

The Implementation of a System of Care in British Columbia.

Martin, Murray A.; Downs, Barbara

Alcohol and Drug Commission of British Columbia, Vancouver (Canada).

May 77 31p.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

This presentation documents the process of the implementation of a System of Care in British Columbia, 1973-1977. Several mechanisms of implementation are described, including the Monitoring System, Fiscal Accountability, Program Liaison, Program Guidelines, Program Description Manual, Classification System, Funding Agreement, and Regionalization. The emphasis is on the process of consultation with line staff. Generation of descriptions of the components of the System of Care from the programs already in existence are discussed. The format for thinking about programs used for the Guidelines is extensively described. This format is composed of six key questions, the answers to which form the basis for the three main components of a System of Care: Detoxification, Out-Patient, and Residential Services. These questions are: (1) What is the rationale for this program? (2) What are the program objectives and goals? (3)

Who is the client? (4) What happens to the client in treatment? (5) What is the staff organization and how does it function? and (6) What is the referral path and the follow-up procedure? These questions may also be used as guides for staff development and for program assessment. (Author/MFD)

Descriptors: \*Administrative Principles/ \*Alcohol Education/ \*Drug Abuse/ \*Financial Support/ Legislation/ Program Descriptions/ \*Rehabilitation Centers/ Social Services

Identifiers: \*British Columbia

ED148751 SP011959

The Development, Implementation of a Smoking and Health Course.

Glover, E. D.

Oct 77 Gp.; Paper presented at the Annual Convention, American School Health Association (51st, October 12-16, 1977); The course discussed in this paper was supported by the American Cancer Society, Kansas Div.

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This document is an abstract of a speech delivered before the American School Health Association, and describes in an extended outline a two-credit-hour undergraduate pilot course for teacher trainees in "Smoking and Health." The pilot course was developed to help future teachers deal more effectively with the problems of smoking education. Included in the class were presentations regarding substances in tobacco smoke and their immediate effects, tobacco as it relates to cancer, cardiovascular disease, chronic bronchitis, emphysema, and certain other diseases, tobacco and illness, tobacco and disability, dissenting opinions, who smokes and why, giving up smoking, government responsibility, efforts to reduce smoking, and nonsmokers' rights. Specifically, the project sought to: (1) identify materials on smoking and health; (2) determine the extent of university support for such a program; (3) establish a basis for granting academic credit for the course; (4) evaluate student need in the area; and (5) examine the replicability of the project. Indicating the successful offering of the course for academic credit, support by the university, attitudes of student participants, interest expressed by other institutions, and the development of a textbook on smoking and health. (MJB)

Descriptors: Course Content/ \*Health Education/ \*Pilot Projects/ \*Preservice Education/ Program Descriptions/ Program Development/ \*Smoking/ Teacher Education

ED188044 EC103085

Sociological Health Problems: Individualized Incentive Program Modules for Physically Disabled Students for Grades Kindergarten Through Twelve. Teacher's Edition.

Reggio, Kathryn D.; And Others

Human Resources Center, Albertson, N.Y.

77 111p.; For related information, see EC 103 086 - EC 103 088 and EC 101 865

Sponsoring Agency: Office of Education (DHEW), Washington, D.C.

Bureau No.: M233556

Grant No.: OEG-0-73-7065

Available from: Human Resources School, Albertson, New York 11507 (\$15.95 for the 5 modules)

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

Presented is the second in a series of modules from a project to adapt the New York State Health Education curriculum for physically disabled students (grades K-12). An introductory section to the volume on sociological health problems provides definitions and summaries about nine physically disabling conditions and briefly considers activities at the Human Resources School (Albertson, New York) related to sociological health problems. Modules are described for grades 4-9 (developing a positive self concept and smoking and the health of the disabled student); grades 7-9 (developing alternatives to the use of drugs and developing self confidence through assertiveness); and grades 10-12 (sharing and service to others through a combined d. education project). Each module contains background information specific to the topic for nine physically disabling conditions. Also included are listings of concepts, student activities, and student self evaluations. Among four appendixes are lists of additional resources and an annotated bibliography for specific disabilities. (CL)

Descriptors: \*Curriculum Guides/ \*Drug Education/ Elementary Secondary Education/ Health Activities/ \*Health Education/ \*Physically Handicapped/ Smoking

ED147731 CG012069

A Family Approach to Problem Drinking and Guide for Facilitators of the Family Forum Group. Revised Edition.

Howard, Don; Howard, Nancy

76 185p.

Available from: Family Training Center, Box 1362, Columbia, Missouri, 65201 (1-29 copies, \$5.45 ea., 30-49, \$4.75 ea., 50-74, \$4.50 ea., 75-99 \$4.25 ea., 100 or more, \$4.00 ea)

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

This guide and accompanying facilitator's handbook take a family approach to problem drinking. They are intended to accomplish the following purposes: (1) increase knowledge and understanding of alcoholism, its progression as a disease, and its effects on the alcoholic and the family; (2) provide an

opportunity for sharing knowledge and experiences and exploring ways of communicating and responding to other persons and situations; and (3) develop a better understanding and appreciation of one's self. Discussions, readings, and assignments throughout four weekly sessions assist in achieving these purposes. (Author/JLL)

Descriptors: Adjustment (to Environment)/ Alcohol Education/ \*Alcoholism/ \*Drinking/ Drug Education/ Family (Sociological Unit)/ \*Family Counseling/ \*Group Counseling/ Group Therapy/ Interpersonal Relationship/ Program Guides/ \*Socially Deviant Behavior

ED147701 CG012036

Report on Development and Validation of Utilization Materials to Accompany Two Series of U.S. Office of Education Alcohol Education Films.

Finn, Peter

Abt Associates, Inc. Cambridge, Mass.

Aug 77 304p.; Not available in hard copy due to print quality

Sponsoring Agency: Office of Education (DHEW), Washington, D.C. Div. of Educational Technology.

Report No.: A-77-29

Contract No.: 300-75-0390

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

This report records the development and validation by Abt Associates, Inc. of utilization materials developed to accompany the two U.S. Office of Education film series, Jackson Junior High and Dial A-L-C-O-H-O-. The first section describes the process by which the nine project products were developed. These products include the following: (1) a teacher manual (with spirit masters), student booklet, and promotional brochure designed to accompany each set of films; (2) an adult group leader guide, with promotional brochure, designed to facilitate use of the films with adult audiences; and (3) a teacher training booklet for using the films with new teachers and inservice teachers enrolled in alcohol education courses. Each curriculum project was reviewed by a panel of consultants, and the printed materials were pilot tested. The second section consists of eight appendixes which provide the results of the evaluation and field testing. (Author)

Descriptors: \*Alcohol Education/ \*Driver Education/ \*Drug Education/ Elementary Secondary Education/ \*Health Education/ Program Evaluation/ \*Program Validation/ Study Guides/ Teaching Guides



ED147680 CG012003

Teacher's Guide: You... Alcohol and Driving.  
Department of Transportation, Washington, D.C.  
Feb 77 114p.; For related document see CG 012 002  
EDRS Price MF-\$0.83 HC-\$6.01 Plus Postage.

This instructional program, developed by the National Public Services Research Institute, is designed for implementation in secondary schools. It employs a student-centered approach in order to simulate the kind of interactions youth experience when making decisions to drink or not to drink. The teacher guide provides background and administrative information on the program as well as guidance on requirements, strategies, and procedures for conducting instructional activities. The guide is presented through a set of administrative guidelines and instructional guidelines. It is to be used with a Student Manual. (Author)

Descriptors: \*Alcohol Education/ \*Class Activities/  
\*Drinking/ \*Driver Education/ \*Safety Education/ Secondary  
Education/ Teaching Guides/ Traffic Safety

ED146527 CG011975

Alternatives--One Approach to Drug Education.  
Dohner, V. Alton  
73 67p.

EDRS Price MF-\$0.83 HC-\$3.50 Plus Postage.

This publication attempts to produce greater understanding of the complex problems of drug abuse and drug dependence. The major emphasis for prevention is through helping children develop to a healthy maturity. Section One discusses various approaches to drug education (scare and fear, matter-of-fact, styles of use and motives, society and continuum use, and alternatives to drug abuse). Section Two discusses motives for using mood-altering drugs (curiosity, imitation, peer pressure, well-being, instant achievement, relaxation, recreation, psychological support, rebellion, insight, etc.) Section Three discusses alternatives to drug abuse (meaningful relaxation, work and vocational skills, personal awareness, social-political involvement, etc.) The final section briefly discusses a program of family living courses as they should be presented to various grade levels in school. Appendices include a list of various grade drugs and stimulants, and a short glossary of relevant terms. (PFS)

Descriptors: \*Adjustment (to Environment)/ Alcohol Education  
/ Drug Abuse/ Drug Addiction/ \*Drug Education/ Elementary  
Secondary Education/ \*Family Life Education/ Guides/ \*Health  
Education/ Individual Development/ Social Problems/ \*Stress  
Variables

ED146481 CG011868

Kids and Alcohol: Facts and Ideas about Drinking and Not  
Drinking.  
Finn, Peter; And Others

90

Abt Associates, Inc. Cambridge, Mass.

75 24p.; For related documents see CG 011 892, CG 011  
889, CG 011 890

Sponsoring Agency: Office of Education (DHEW), Washington,  
D.C. Div. of Educational Technology.

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This student booklet is to be used in conjunction with the Teacher Manual and films of the Jackson Junior High series. It presents facts and illustrations on the use of alcohol, and is intended to aid young people in deciding whether or not to drink. The booklet is divided into the following parts: (1) Introduction; (2) Alcohol's Effects; (3) Kids and Drinking; (4) Drinking Problems; (5) Alcohol Crossword Puzzle; (6) For More Information About Alcohol; and (7) Glossary. (Author/JLL)

Descriptors: \*Alcohol Education/ \*Children/ \*Decision Making  
/ \*Drinking/ \*Drug Education/ Elementary Education/ Guides/  
\*Health Education/ \*Junior High Schools/ Recreational  
Activities/ Socially Deviant Behavior/ Youth

ED145361 CG012067

Alcohol and Drug Education Guidelines.

Wright, David; Hays, Mary

Iowa State Dept. of Public Instruction, Des Moines.  
Jun 77 295p.

EDRS Price MF-\$0.83 HC-\$15.39 Plus Postage.

The purpose of this guide is to assist school districts and teachers to define what alcohol and drug education is intended to do (establish curriculum goals and objectives) and to develop an instructional framework to serve this purpose. The guide is divided into four chapters: (1) introduction; (2) definition and approaches to alcohol and drug education including correlation and/or integration with other subjects; (3) instructional framework (four grade level programs, K-3, 4-6, 7-9, 10-12); and (4) teacher resources. (PFS)

Descriptors: \*Alcohol Education/ \*Decision Making/ \*Drug  
Abuse/ \*Drug Education/ Elementary Secondary Education/ Guides  
/ \*Health Education/ Instructional Programs/ Socially Deviant  
Behavior

ED145360 CG011933

Alcohol Education for Adults: A Guide for Instructors.  
New York State Education Dept., Albany. Bureau of Drug  
Education.

76 87p.; Contains some light print

Sponsoring Agency: New York State Education Dept., Albany.  
Div. of Drug and Health Education Services.

EDRS Price MF-\$0.83 HC-\$4.67 Plus Postage.

This guide aims to encourage and support involvement of  
adults from all walks of life in an understanding and  
participation in alcohol education. It is one of a series of  
three units of curriculum and teacher's guides, the others  
designed for grades K-6 and 7-12. The guide is divided into  
six chapters: (1) Why should adults know about alcohol? (2)  
What should adults know about alcohol? (3) How should adult  
education about alcohol be taught? (4) Some suggested examples  
of adult education alcohol programs, (5) Alcohol content  
information for the instructor, and (6) Teaching resources (an  
annotated list of printed and audio-visual materials). The  
guide also includes the names and addresses of sources which  
provide free or inexpensive materials on alcohol. (PFS)

Descriptors: \*Adults/ \*Alcohol Education/ \*Alcoholism/  
Community Programs/ \*Drinking/ Guides/ \*Health Education/  
\*Instructional Materials/ Resource Materials

ED145345 CG011892

A Teacher Manual for use with DIAL A-L-C-O-H-O-L: A Film  
Series for Grades Nine through Twelve on Alcohol Education.

Finn, Peter; Lawson, Jane

Abt Associates, Inc. Cambridge, Mass.

76 45p.; For related documents, see CG 011 888, CG 011  
889, CG 011 890. Spirit masters have been appended at end of  
document

Sponsoring Agency: Office of Education (DHEW), Washington,  
D.C. Div. of Educational Technology.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

This manual is designed to enable teachers to use the four  
DIAL A-L-C-O-H-O-L films with maximum effect. While students  
will learn a great deal just by viewing them, it is essential  
to involve students in preparatory and follow-up activities  
using the issues and facts presented in the films. The manual  
provides the following materials to help use the films  
effectively: (1) Learning activities which preview important  
points the films make, highlight easily missed points, and  
reinforce and expand on points which the films make; (2)  
information about alcohol and alcohol education; (3) resources  
for obtaining additional information about alcohol and alcohol  
education; and (4) spirit masters for student handouts to  
accompany selected activities. (Author)

Descriptors: \*Adolescents/ \*Alcohol Education/ \*Drinking/  
\*Group Activities/ \*Health Education/ \*Instructional Films/  
Learning Activities/ Resource Materials/ \*Secondary Education/  
Teaching Guides/ Youth

ED145343 CG011890

Alcohol: Pleasures and Problems.

Finn, Peter; Lawson, Jane

Abt Associates, Inc. Cambridge, Mass.

75 25p.; For related documents see CG 011 888, CG 011  
889, CG 011 892

Sponsoring Agency: National Inst. on Alcohol Abuse and  
Alcoholism (NIAA/PHS), Rockville, Md.; Office of Education  
(DHEW), Washington, D.C. Div. of Educational Technology.

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This student booklet is to be used in conjunction with the  
Teacher Manual and films of the DIAL A-L-C-O-H-O-L series. It  
presents facts and illustrations on the use of alcohol, and is  
intended to aid young people in deciding whether or not to  
drink. This booklet is divided into the following parts: (1)  
Introduction; (2) The Enjoyment of Drinking; (3) Alcohol's  
Effects on the Mind and Body; (4) Drinking and Driving; (5)  
Problem Drinking and Alcoholism; and (6) Glossary.  
(Author/JLL)

Descriptors: \*Adolescents/ \*Alcohol Education/ \*Decision  
Making/ \*Drinking/ Drug Education/ Elementary Secondary  
Education/ Guides/ \*Health Education/ Recreational Activities/  
Socially Deviant Behavior/ \*Youth



ED145342 CG011889

A Teacher Manual for Use with Jackson Junior High: A Film Series for Grades Five through Eight on Alcohol Education. Finn, Peter; And Others  
Abt Associates, Inc. Cambridge, Mass.  
75 44p.; For related documents, see CG 011 888, CG 011 890, CG 011 892. Spirit masters have been appended at end of document

Sponsoring Agency: Office of Education (DHEW), Washington, D.C. Div. of Educational Technology.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

This Teacher Manual is designed to help the teacher use the four films with maximum effect. While students will learn a great deal just by viewing them, it is essential to involve students in preparatory and follow-up activities using the facts and issues presented in the films. The Teacher Manual provides the following materials to help use the films effectively: (1) learning activities which preview important points the films make, highlight easily missed points, and reinforce and expand on points which the films make; (2) information about alcohol and alcohol education; (3) resources for obtaining additional information about alcohol and alcohol education; and (4) spirit masters for student handouts to accompany selected activities. (Author)

Descriptors: \*Alcohol Education/ Children/ \*Drinking/ \*Drug Education/ Elementary Secondary Education/ \*Group Activities/ Health Education/ \*Instructional Films/ \*Learning Activities/ Teaching Guides/ Youth

ED144866 50010271

A Tri-Curriculum Approach to Learning: Health Education--Social Studies--Career Education. Levels One to Four/Grades One to Six.

Quinn, Jeannette; And Others

75 344p.

EDRS Price MF-\$0.83 HC-\$18.07 Plus Postage.

The document presents an interdisciplinary unit of study for elementary students which combines social studies, health, and career concepts. The learning experiences are planned so that children will form the desired concepts on their own. Three five-week "learning centers" focus on the human body; food and nutrition; and alcohol, tobacco, and drugs. An introductory section contains charts which show the continuity of each center and the interrelatedness of the subject matter in social studies, health, and careers. For example, during the five weeks spent studying the human body, students learn about the digestive system, role play the responsibilities of being a doctor, and compare the development of frogs and butterflies to simple human anatomy. Activities for this section include drawing, creative writing, filling in the blanks in short stories, looking at transparencies, making jigsaw puzzles of body parts, answering riddles, and explaining the activities in pictures of milkmen, dentists, and physical therapists. A bibliography lists all books, teacher's guides, cassette

tapes, filmstrips, records, transparencies, and study prints which are needed to complete each of the three learning centers. (AV)

Descriptors: Alcohol Education/ \*Career Awareness/ \*Concept Teaching/ Drug Education/ Elementary Education/ \*Health Education/ \*Integrated Activities/ \*Interdisciplinary Approach / Learning Activities/ Nutrition/ \*Social Studies/ Teaching Guides

ED143959 CG011746

Alcohol Education: A Teacher's Curriculum Guide for Grades K-6.

New York State Education Dept., Albany.

76 98p.; For a similar guide suitable for grades 7-12, see CG 011451 and CG 011462

Sponsoring Agency: New York State Education Dept., Albany. Div. of Drug and Health Education Services.

EDRS Price MF-\$0.83 HC-\$4.67 Plus Postage.

This guide is one of a series of three units which include guides for K-6, 7-12 and adult education. This one which focuses on K-6 discusses the following topics: (1) why alcohol education is important; (2) what should be taught about alcohol; and (3) how alcohol education should be taught. The guide also includes supplementary content information for the teacher as well as a resource list for potential use by the teacher. (CKJ)

Descriptors: \*Alcohol Education/ \*Behavior Change/ Curriculum Guides/ \*Decision Making Skills/ Elementary Education/ \*Elementary School Curriculum/ Individual Power/ Information Dissemination/ \*Prevention/ Student Centered Curriculum/ \*Teacher Role/ Teaching Guides

ED143493 RC010092

Guidebook: In-Camp Education for Migrant Farmworkers.  
Lynch, Robert; Smith, Mona  
State Univ. of New York, Geneseo. Coll. at Geneseo. Migrant  
Center.

77 232p.; For related document, see ED 122 997. Revised by  
Sylvia Kelly; Best copy available

EDRS Price MF-\$0.83 HC-\$12.71 Plus Postage.

An In-Camp Learning Program focuses on the specific needs of  
the out-of-school youth and adult migrant farmworker. Although  
its primary intent is that of education, the program addresses  
other areas such as health and social services. In 1976, New  
York's In-Camp Learning Program served 400 migrant farmworkers  
in 15 camps in the counties of Livingston, Northern Steuben,  
and Wyoming. These workers included mainly Southern black  
migrants as well as Mexican Americans, Puerto Ricans, and  
whites. The program's major goal was to help these farmworkers  
master those tools of communication, thinking and  
self-direction that best help them make those decisions  
critical to their daily and future lives. This guidebook  
presents general guidelines for developing an In-Camp Learning  
Program; outlines the 1976 In-Camp Learning Program's basic  
educational needs, objectives, learning experiences, and  
evaluative procedures; summarizes the activities conducted at  
the various camps; discusses five teaching strategies used by  
the in-camp teachers and tutors, giving a sample lesson plan  
for each; and briefly describes various supportive services  
and programs. Appendices include a listing of the labor camps  
in New York, guidelines for personal conduct in working in the  
camps, listing of audiovisual equipment for in-camp use, a  
basic math inventory, program policies and procedures, a  
listing of the College Assistance Migrant Programs and the  
High School Equivalency Programs in the U.S., and copies of  
various forms used in the program. (NQ)

Descriptors: Ability Identification/ Agricultural Laborers/  
Alcohol Education/ Ancillary Services/ Arithmetic/ Blacks/  
Educational Programs/ Educational Strategies/ Ethnic/Groups/  
Guidelines/ Health Services/ Labor Camps/ Lesson Plans/  
Migrant Adult Education/ Mobile Educational Services/ Needs  
Assessment/ Out of School Youth/ Program Descriptions/  
Program Development/ Program Evaluation/ Residential  
Programs/ Social Services/ Teaching Techniques

Identifiers: New York

ED142900 CG011633

Guide to Alcohol Programs for Youth.  
Maloney, Susan K.  
National Clearinghouse for Alcohol Information (DHEW/PHS),  
Rockville, Md.

76 30p.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

This program guide was prepared by the National  
Clearinghouse for Alcohol Information of the National  
Institute on Alcohol Abuse and Alcoholism. Its purpose is to

assist program planners in the development of strategies to  
minimize the abuse of alcoholic beverages by youths. It  
provides information and direction to: (1) youth-serving  
organizations wanting to add an alcohol education component to  
ongoing programs; (2) educational institutions wanting to  
examine alcohol use among their students and develop  
strategies to minimize its abuse; and (3) any community group  
interested in directing their resources to reducing alcohol  
abuse by young people. It might also be of value to alcohol  
program planners and community or private foundations. The  
booklet is designed to be adapted to the needs of the  
individual community. Topics covered include trends in  
drinking behavior, strategies for change, implementation  
considerations, and program development. The guide also  
includes a list of programs and contact addresses. (BP)

Descriptors: Affective Behavior/ Alcohol Education/  
Alcoholism/ Community Education/ Curriculum Development/ Peer  
Counseling/ Program Development/ Program Planning/ Resource  
Guides/ Teacher Education/ Youth Programs.

ED142896 CG011629

Selected Publications on Teenagers and Alcohol. National  
Clearinghouse for Alcohol Information Grouped Interest Guide  
No. 8-5. Cumulative Issue.

National Clearinghouse for Alcohol Information (DHEW/PHS),  
Rockville, Md.

76 12p.

Report No.: DHEW-ADM-76-272

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This Grouped Interest Guide is published by the National  
Institute on Alcohol Abuse and Alcoholism. Its purpose is to  
provide the reader with a regularly published set of  
bibliographic references for recent, topical literature in  
designated areas. Topics included in this guide are Youth,  
Children of Alcoholic Parents, and Social Forces. A wide  
variety of articles is listed, and each is annotated for easy  
reference. (Author/BP)

Descriptors: Alcohol Education/ Alcoholism/ Annotated  
Bibliographies/ Curriculum Guides/ Drug Education/  
Educational Programs/ Environmental Influences/ Health  
Education/ Resource Guides/ Social Problems/ Teenagers

ED142895 CG011628

Subject Area Bibliography on Education and Training About Alcohol. National Clearinghouse for Alcohol Information Subject Area Bibliography 7. (Part A, Education; Part B, Curriculum Guides Listing).

National Clearinghouse for Alcohol Information (DHEW/PHS), Rockville, Md.

Dec 73 29p.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

This National Institute on Alcohol Abuse and Alcoholism bibliography lists resources and curriculum guides for alcohol education. The first section lists sample State Department of Education publications in the field of alcohol instruction. Thirty-two states are represented; other states' publications are still in preparation. Addresses for ordering the material are also provided. The second section gives an annotated list of book and journal articles concerning alcohol education. (BP)

Descriptors: \*Alcohol Education/ \*Alcoholism/ Annotated Bibliographies/ \*Curriculum Guides/ Drug Education/ \*Educational Programs/ Elementary Secondary Education/ \*Health Education/ Resource Guides/ \*Social Problems

ED142894 CG011627

Selected Publications on Education and Training About Alcohol. National Clearinghouse for Alcohol Information Grouped Interest Guide No. 7-5. Cumulative Issue.

National Clearinghouse for Alcohol Information (DHEW/PHS), Rockville, Md.

76 13p.; For related documents, see CG 011 628

Report No.: DHEW-ADM-76-272

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

The Grouped Interest Guides are produced by the Acquisition and Reference Services of the National Clearinghouse for Alcohol Information, an information service of the National Institute on Alcohol Abuse and Alcoholism. The aim is to provide the reader with a regularly published series of bibliographic references for recent, topical literature in designated areas. This Guide lists publications in the general subject area of Education and Training About Alcohol. This Grouped Interest Guide (GIG) is a Cumulative Issue which brings together all materials from the four previous GIG series, as well as new entries. Bibliographic entries are annotated. Topics included are Elementary Education Programs, Secondary Education Programs, Paraprofessional Training Programs, Professional Training Programs, Prevention, and General Readings. (Author/BP)

Descriptors: \*Alcohol Education/ \*Alcoholism/ Annotated Bibliographies/ Drug Education/ \*Educational Programs/ Elementary Secondary Education/ \*Health Education/ Professional Training/ Resource Guides/ \*Social Problems

ED141733 CG011580

Alcohol and Alcohol Safety: A Curriculum Manual for Senior High Level. Volume II, A Teacher's Activities Guide.

Finn, Peter; Platt, Judith

Abt Associates, Inc. Cambridge, Mass.

Sep 72 500p.; For Volume I, see ED 072 383

Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.; National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

Report No.: DOT-HS-800-706

Contract No.: HSM-42-71-77

Available from: Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402

EDRS Price MF-\$1.00 HC-\$26.11 Plus Postage.

This curriculum manual on Alcohol and Alcohol Safety is designed as a teacher's guide for senior high level students. The topics it covers are: (1) safety; (2) attitudes toward alcohol and reasons people drink; (3) physical and behavioral effects; (4) alcohol industry; (5) interpersonal situations; (6) laws and customs; and (7) problem drinking and alcoholism. Each topic is divided into a number of activities. Each activity is a self-contained learning experience which requires varying numbers of class periods, and focuses on one or more objectives. The particular skills developed by the activity, as well as methods for evaluating it, are provided. Activities are also organized by teaching method: art, audiovisual, debates, discussion, drama, independent study, lectures, reading, science, and writing. (BP)

Descriptors: \*Alcohol Education/ Alcoholism/ \*Drinking/ Instructional Materials/ Interpersonal Competence/ Laws/ Lesson Plans/ Secondary Education/ \*Senior High Schools/ \*Social Attitudes/ \*Social Behavior/ Teaching Guides

ED141732 CG011579

Alcohol and Alcohol Safety: A Curriculum Manual for Junior High Level. Volume II, A Teacher's Activities Guide.

Finn, Peter; Platt, Judith

Abt Associates, Inc. Cambridge, Mass.

Sep 72 496p.; For Volume I, see ED 076 899

Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.; National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

Report No.: DOT-HS-800-710

Contract No.: HSM-42-71-77

Available from: Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402

EDRS Price MF-\$1.00 HC-\$26.11 Plus Postage.

This curriculum manual on Alcohol and Alcohol Safety is designed as a teacher's guide for junior high level students. The topics it covers are: (1) safety; (2) attitudes toward alcohol and reasons people drink; (3) physical and behavioral effects; (4) interpersonal situations; (5) laws and customs; and (6) problem drinking and alcoholism. Each topic includes a number of activities which are self-contained learning experiences requiring varying numbers of class periods, and focusing on one or more objectives. The particular skills developed by each activity, as well as methods for evaluating it, are provided. Activities are also organized by teaching method: art, audio-visual, debates, discussion drama, independent study, lectures, reading, science, and writing. (8P)

Descriptors: \*Alcohol Education/ Alcoholism/ \*Drinking/ Instructional Materials/ Interpersonal Competence/ \*Junior High Schools/ Laws/ Lesson Plans/ \*Social Attitudes/ \*Social Behavior/ Teaching Guides

ED141648 CG011462

Alcohol Education: A Teacher's Curriculum Guide for Grades 7-12.

New York State Education Dept., Albany. Bureau of Drug Education.

76 120p.

EDRS Price MF-\$0.83 HC-\$6.01 Plus Postage.

This teacher's curriculum guide is designed as an interdisciplinary resource on alcohol education for teachers of Grades 7-12. The guide is divided into the following parts: (1) Why should we teach about alcohol? (2) What should we teach about alcohol? (3) How should we teach about alcohol? (4) Suggested content information for the teacher (alcohol in history, current attitudes toward drinking, reasons for drinking and abstinence, alcoholism, alcohol and driving); and (5) Teaching resources. (Author/JLL)

Descriptors: \*Alcohol Education/ \*Alcoholism/ Curriculum Guides/ \*Drinking/ Health Education/ \*Learning Activities/ Recreational Activities/ \*Secondary Education/ Socially Deviant Behavior/ Teaching Guides

ED146180 CG011461

Alcohol Education: Curriculum Guide for Grades 7-12. New York State Education Dept., Albany. Bureau of Drug Education.

76 144p.; For related document, see CG 011 462

EDRS Price MF-\$0.83 HC-\$7.35 Plus Postage.

This curriculum guide is designed as an interdisciplinary resource on alcohol education for teachers of Grades 7-12. Developmental traits are discussed, and objectives and learning experiences are presented. The following topics are covered: (1) the nature of alcohol; (2) factors influencing the use of alcoholic beverages; (3) alcohol effects on people; (4) social responsibility for the control of the use of beverages; and (5) the social responsibility for the treatment of individuals. A division is made between Grades 7-9 and 10-12, with each set of three grades considered separately. (Author/JLL)

Descriptors: \*Alcohol Education/ \*Alcoholic Beverages/ Class Activities/ Curriculum Guides/ \*Drinking/ Drug Education/ Health Education/ \*Learning Activities/ Recreational Activities/ \*Secondary Education/ Socially Deviant Behavior/ Teaching Guides

ED140152 CG011429

The Whole College Catalog About Drinking: A Guide to Alcohol Abuse Prevention.

Hewitt, Keith

National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

76 143p.; Pages 103A and 116 of the original document are copyrighted and therefore not available.

Report No.: DHEW-ADM-76-361

Available from: Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402 (Stock Number 017-024-00515-1, \$2.15)

EDRS Price MF-\$0.83 HC-\$7.35 Plus Postage.

This Whole College Catalog tries to encourage fresh thinking and experimentation regarding alcohol abuse prevention. The aim was to make it as comprehensive, interesting, understandable, provocative, and useful as possible. Each section is a separate unit that can be used independently to meet distinct needs. Part one presents a general overview of such topics as campus attitudes and behaviors concerning alcohol, needs assessment, planning, implementation and evaluation, resources and referral. Part Two offers both specific and nonspecific strategies, and a section on descriptions of programs and projects operating on various campuses around the country. (Author/JLL)

Descriptors: Alcohol Education/ \*Alcoholism/ Catalogs/ \*College Students/ \*Drinking/ Drug Abuse/ \*Drug Education/ \*Prevention/ Program Descriptions/ Program Guides



ED132496 CP011104

Alcohol and Highway Safety Curriculum Workshops for K-12 Key Personnel. Final Report.

Burgener, V. E.

Technical Education Research Center, Champaign, Ill.  
Feb 74 208p.

Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.

Report No.: DOT-HS-H01-149-PB-233-038

Contract No.: DOT-HS-100-2-503

Available from: National Technical Information Service, 5285 Port Royal Road, Springfield, Virginia 22151 (order No. PB-233-038, HC \$5.75, MF \$1.45)

EDRS Price MF-\$0.83 HC-\$11.37 Plus Postage.

Ten regional workshops were held for local educational personnel in late 1972 and early 1973. Teams of educators were selected from innovative school districts and oriented to the use of alcohol and traffic safety curriculum materials centered on student concerns. Five hundred eighty-seven participants attended from 49 states and Puerto Rico. The materials and concepts were introduced to 14,293 teachers and 1,845 administrators by the 333 respondents to a follow-up instrument. Usage with students, estimated from the follow-up survey is placed at 94,000. A case study review of activity in each of the 10 NHTSA regions showed much interest and action except when it was delimited or postponed by unavailability or slow delivery of the curriculum materials from the Government Printing Office. (Author)

Descriptors: \*Alcohol Education/ Curriculum/ \*Educational Innovation/ \*Experimental Curriculum/ Program Descriptions/ \*Safety Education/ Secondary Education/ \*Student Centered Curriculum/ Teacher Education/ \*Traffic Safety/ Workshops

ED132465 CG007979

Hypnosis and Smoking: A Five-Session Approach.

Watkins, Helen H.

Feb 73 7p.; Paper presented at the Annual Meeting of the American Personnel and Guidance Association (San Diego, California, February, 1973)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

An active five-session, individualized treatment approach to the stopping of smoking is described. This approach emphasized the following: (a) the feedback, in and out of hypnosis, of the client's own reasons for quitting, (b) the visualization of both positive and negative smoking experiences meaningful to the client, (c) maintaining contact with the client by telephone, (d) the use of meditation during hypnosis to obtain further individualized motives and mobilize inner fighting resources to kick the habit, and (e) self-hypnosis. After six months, 75% of those treated were nonsmokers. (Author)

Descriptors: Behavioral Science Research/ \*Behavior Change/47 College Students/ \*Health Education/ \*Hypnosis/ Program Descriptions/ \*Smoking/ Speeches/ \*Tobacco

ED128732 CG010841

Choicepoint: A Peer Group Model for Facilitating Decision Making.

Hields, E. E.; And Others

73 10p.; Paper presented at the annual convention of the American College Personnel Association (50th, Atlanta, Georgia, March 5-8, 1975)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

Choicepoint is the name of a peer-led decision making facilitation group for college age students. Decisions appear to be a major factor in maladaptive behavior, and prevention of problems may occur through responsible decisions and behavior. Choicepoint focuses on decision making in the areas of sex, alcohol, and drugs. A structured program to facilitate self-exploration and decision making is described, and member reactions and evaluations are discussed. Although Choicepoint is difficult to evaluate, and the present study is not definitive, the model appears promising. (Author)

Descriptors: \*Alcohol Education/ College Students/ \*Decision Making/ \*Group Experience/ Models/ \*Peer Groups/ \*Program Descriptions/ \*Program Evaluation/ Self Evaluation/ Young Adults

ED127297# SP010333

Health. Second Edition.

La Place, John

70 852p.

Available from: Prentice-Hall, Inc., Englewood Cliffs, New Jersey 07632 (\$9.95)

Document Not Available from EDRS.

This book examines comprehensively all the major health topics covered in an introductory health course and may be used in courses with a science orientation as well as in those oriented toward behavioral and social issues. The book is designed so that each chapter is a complete, independent unit. Relevant physiological facts are presented in the first section of the chapter. At the end of each chapter is a summary, review questions, a glossary, and suggested readings. The overall organization of the book lends itself to a thematic approach. Early chapters--such as "Personality Development" and "Smoking and Health"--are concerned largely with the individual. Chapters in the middle of the book--such as "Human Sexuality" and "Marriage and Parenthood"--are concerned largely with human relationships. Later chapters, including "Nutrition" and "Venereal Diseases" examine public health problems. The final chapter, "Environmental Health and Population", deals with matters of global significance. (DMT)

Descriptors: Alcohol Education/ Communicable Diseases/ Community Health Services/ Dietetics/ Drug Education/ Environment/ First Aid/ Health Education/ Health Guides/ Health Needs/ Higher Education/ Hygiene/ Mental Health/ Nutrition Instruction/ Personality Development/ Physical Fitness/ Pollution/ Population Education/ Public Health/ Safety/ Sexuality/ Smoking/ Textbooks/ Venereal Diseases

ED126416 CG010706

Alcoholism: An Evaluation of Intervention Strategy in Family Agencies. Final Report.

Hoffman, Herbert J.; Hoffman, Ludmila W.

United Community Planning Corp., Boston, Mass.

Jul 74. 253p.

Sponsoring Agency: National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

Grant No: 5-T15-AA00041

Available from: United Community Planning Corporation, 14 Somerset Street, Boston, Massachusetts, 02108 (HC \$8.00);

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

A major goal of the project was to secure improved treatment resources for alcoholics and their families within family service agencies. The project sought changes in the following areas: (1) attitude change, (2) information transfer, (3) increase in effectiveness, and (4) a more open admission policy. After two training periods, a similar amount of positive attitude change was generated in each of the training groups. The pattern of change on a number of measures seemed directly related to the practice of the two groups of

trainees. Results also indicate that positive attitude change occurred among staff members who did not participate in the program. However, this change was reflected in their practice measures only in a few instances. Individual, group and agency characteristics may be useful in explaining certain differences in direction and magnitude of change; however, the major outcome--an intervention was introduced and a desired change occurred after this intervention--continues to stand. There are indications that over time the change on some significant variables begins to taper off and the trainees' awareness of the gains they made in training increases. It is suggested that additional input is required to maintain change and sustain momentum created by the project. (Author)

Descriptors: Alcohol Education/ Alcoholism/ Behavior Change/ Changing Attitudes/ Clinics/ Community Agencies (Public)/ Counseling Effectiveness/ Counselor Attitudes/ Counselor Training/ Family Counseling/ Information Dissemination/ Project Training Methods



ED126100# SP010306

Health: The Science of Human Adaptation.

Carroll, Charles R.; And Others

76 598p.; For related document, see SP 010 307

Available from: Wm. C. Brown Company Publishers, 2460 Kerper Boulevard, Dubuque, Iowa 52001 (No price quoted)

Document Not Available from EDRS.

This book examines human health behavior as a lifetime process of adaptation and response to internally and externally demanding environments. Beginning with conception, this book follows the family life cycle from "seed to seed" and beyond. From considerations of conception it moves to birth, growth and development, disease, life style, environment, chronic disease, and death, and finishes on a positive note with a chapter on the future of quality of life. The opening chapter, entitled "Welcome to Earth: The Seed is Sown," is followed by one that examines the complex interaction of heredity and environment. Chapters on smoking, drinking, drug taking, dating, and mating follow. They are examined as complex interactions between youth and various groups demanding their allegiance. This is followed by chapters dealing with marriage, family, and population. Following the life style cycle approach, the next few chapters deal with consumerism, nutrition, weight control, noncommunicable disease, environment, and health care delivery systems. Finally the subjects of dealing with aging, death, and coping with death are examined. International in scope, this text provides information on Canadian as well as American health practices. A glossary of terms relating to the book is included. (SK)

Descriptors: \*Adjustment (to Environment)/ Adolescence/ Birth Rate/ Contraception/ Death/ Disease Control/ Disease Rate/ Drinking/ Drug Education/ Environment/ Family (Sociological Unit)/ \*Health Education/ \*Health Guides/ Health Needs/ \*Life Style/ Marriage/ Mental Health/ Population Growth / Sex Education/ Smoking/ Textbooks

ED123356 CE007028

California Guide to Traffic Safety Education.

California State Dept. of Education, Sacramento.

76 144p.; Photographs will not reproduce in microfiche; pages 131-2 will not reproduce well in microfiche due to smallness of type

Available from: Public Sales, California State Dept. of Education, P.O. Box 271, Sacramento, California 95802 (\$3.50 plus tax)

EDRS Price MF-\$0.83 HC-\$7.35 Plus Postage.

The guide proposes an elementary through high school program encompassing many aspects of traffic safety. Chapter 1 presents definitions, instructional goals, behavioral objectives, and K-6 traffic safety concepts coupled with student performance indicators. Various elements of program administration are covered in Chapter 2. Chapter 3 includes concept and student performance indicator charts for a traffic

safety curriculum designed to inculcate desirable driver behavior in students. The five program sections are: the driving task, the readiness task, highway emergencies, transportation systems, and improvement tasks. Use of instructional media and programs for the handicapped are described in the next two chapters. Chapter 4 outlines motorcycle safety education and contains a chart of concepts and student performance indicators for motorcycle operation. Similar charts are included for Chapters 7 and 8 which deal with alcohol and drug abuse and air pollution. Appended are: a list of events in the history of vehicular traffic, a chart of action words and phrases for use in driver training (grouped by concept with description or activity and teaching tips), California Laws and Regulations affecting traffic safety education, and forms for use in driver education. A 124-item reference list of books and audiovisual materials concludes the guide. (Author/MS)

Descriptors: Air Pollution Control/ Alcohol Education/ \*Behavioral Objectives/ \*Curriculum Guides/ \*Driver Education/ Drug Abuse/ Drug Education/ Elementary Secondary Education/ Handicapped Students/ Instructional Media/ Program Administration/ Program Descriptions/ Safety Education/ \*State Curriculum Guides/ Teaching Techniques/ \*Traffic Safety Identifiers: California/ Motorcycle Safety

ED123334 CE005117

Handbook for Project Directors: Alcohol Safety Action Projects.

Human Resources Research Organization, Alexandria, Va.

Aug 71 303p.; Figure 4.2 may not reproduce in microfiche due to small size of type; For the Instructor's Guide, see CE 005 116; For the Leader's Management Workshop Proceedings, see ED 114 472

Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.

Contract No.: DOT-HS-003-y-003

EDRS Price MF-\$0.83 HC-\$16.73 Plus Postage.

The handbook is part of a series that provides project directors with a comprehensive guideline for the management of Alcohol Safety Action Projects (ASAP). It also serves as a reference on the background knowledge, procedures, and general information needed for organizing, planning, project control, evaluation, and implementation. Chapter 1 outlines the nature of the alcohol problem as it relates to highway safety and reviews the alcohol countermeasures program concept. Chapter 2 describes the organization and administration functions and related areas with which the ASAP director will be concerned. Chapter 3 discusses the six countermeasure activity areas (rehabilitation, enforcement, judicial, legislative and regulatory, licensing and regulation, and public information and education) with emphasis upon each functioning within its own milieu, providing the director with sufficient knowledge of each countermeasure activity area to enable him to understand problems and considerations leading to the integration and coordination of project countermeasures into ASAP. Chapters 4 and 5 analyze the planning and project control of ASAP management. The evaluation function and its importance to the ASAP are discussed in Chapter 6. Chapter 7 describes some of the considerations and concerns of the project director for the continuation of successful project activities. The lengthy appendix includes a resource list. (Author/EC)

Descriptors: Accident Prevention/ \*Administrator Education/ \*Administrator Guides/ Administrator Responsibility/ \*Alcohol Education/ Alcoholism/ Guidelines/ Management/ \*Program Planning/ Projects/ Resource Guides/ Safety/ \*Traffic Safety

Identifiers: \*Alcohol Safety Action Projects

ED123333 CE005116

Management Workshop for Alcohol Safety Action Project: Instructor's Guide.

Human Resources Research Organization, Alexandria, Va.

32p.; For the Project Director's Handbook, see CE 005 117; For the Leader's Management Workshop Proceedings, see ED 114 472

Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

The instructor's guide is part of a series designed to help

project directors in the management of Alcohol Safety Action Projects (ASAP) through management workshops. Workshops will discuss certain phases of the ASAP including National Highway Traffic Safety Administration (NHTSA) organizational and supportive efforts, countermeasures, administration, and evaluation projects. A checklist for conducting the workshop is provided in the form of suggestions for activities before, during, and after the workshop. Five units for workshop training suggest teaching units-concerned with the following areas: NHTSA countermeasures programs, countermeasures, administrative support, evaluation, and workshop summary. Each unit provides outlined information on the type of presentation, time allotted, training aids needed, references, objective, and suggested instructor aids. A summary of responses from 25 participants in a previous ASAP workshop is included. (EC)

Descriptors: \*Administrator Education/ Administrator Guides/ Administrator Responsibility/ \*Alcohol Education/ Alcoholism/ Guidelines/ \*Program Planning/ Projects/ Safety/ Teaching Guides/ \*Traffic Safety/ \*Workshops

Identifiers: \*Alcohol Safety Action Projects

ED122997 RC009183

Guidebook: In-Camp Education for Migrant Farmworkers.  
Lynch, Robert; Smith, Mona  
State Univ. of New York, Geneseo, Coll. at Geneseo. Migrant  
Center.

Mar 76 113p.

Available from: Geneseo Migrant Center, State University  
College, Geneseo, New York 14454 (\$3.00)

EDRS Price MF-\$0.83 HC-\$6.00 Plus Postage

An In-Camp Learning Program focuses on the specific needs of the out-of-school youth and adult migrant farmworker. Although its primary intent is that of education, other areas such as health and social services are addressed. In 1975, New York's In-Camp Learning Program focused on the assessed and expressed educational needs of approximately 400 migrant farmworkers in 15 camps in the counties of Livingston, Steuben, and Wyoming. Its major goal was to help the migrant master those tools of communication, thinking, and self-direction that best help him to make those decisions critical to his daily and future life. A teaching team consisting of a male and female instructor, a tutor, and a migrant aide served each camp. The program director assisted the professional and tutorial staffs to develop relevant educational materials, supervised the teaching teams in the camps, and met on an individual or team basis to discuss any needs. The staff was educated as to other programs and agencies to which migrants with special needs could be referred. This guidebook presents general guidelines for developing an In-Camp Learning Program; outlines the 1975 In-Camp Learning Program's basic educational needs, objectives, learning experiences, and evaluative procedures; summarizes the activities conducted by the teaching teams in the various camps; and briefly describes various supportive services and programs. (NQ)

Descriptors: Agricultural Laborers/ Alcohol Education/  
Ancillary Services/ Educational Alternatives/ Educational  
Programs/ Guidelines/ \*Labor Camps/ \*Migrant Adult Education/  
Migrant Education/ Mobile Educational Services/ \*Out of School  
Youth/ Program Descriptions/ \*Program Development/  
\*Residential Programs/ Social Services

Identifiers: \*New York

ED119093 CG010402

Training Responsible Drinking with College Students.

Marlatt, G. Alan

Sep 75 14p.; Paper presented at the Annual Meeting of the  
American Psychological Association, (83rd, Chicago, Illinois,  
August 30-September 2, 1975); Parts of text may be of marginal  
legibility due to quality of original document

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage

This paper provides a description of a program designed to teach responsible drinking practices in a college student population. The aim of this program is to prevent problem drinking or alcoholism in students who report concern about their drinking behavior, and volunteer to participate in a

treatment-prevention program aimed at controlling their drinking patterns and rates. It is not recommended for those individuals who might be diagnosed as alcoholic, but only for those who show developing signs of a drinking problem, and who reject the requirement of total abstinence as a treatment goal. Research is presented which provides background support for the prevention program, based on a behavioral model of drinking behavior. A number of specific treatment techniques are described as components of the program, including aversion therapy, assertive training, blood-alcohol level discrimination training, and relaxation training. This paper provides only an overview and description of the program, and no follow-up data are presented. (Author)

Descriptors: \*Alcohol Education/ \*Behavior Change/ \*College  
Students/ \*Drinking/ Methods/ \*Prevention/ Program  
Descriptions/ Self Control/ Speeches

ED119051 CG010357

Doing Drug Education: The Role of the School Teacher.

Southern Regional Education Board, Atlanta, Ga.

75 32p.

Sponsoring Agency: National Inst. on Drug Abuse (DHEW/PHS), Rockville, Md.

Report No.: DHEW-ADM-75-232

Available from: Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402 (Stock No. 017-024-00460-0, \$0.80)

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage

Enhancing Drug Education in the South was a project conducted by the Southern Regional Education Board in 1971-74. The project held regional conferences that brought together people (in the SREB region with State-level responsibility) for planning alcohol and drug education programs in an effort to find solutions to common problems such as coordination and program evaluation. SREB convened a task force of eight people with expertise in teaching and in preparing teachers for drug education. The task force first met early in April 1972 to determine what kinds of skills students need to live successfully in a drug-oriented society, and what classroom activities would be most effective in meeting these needs. With this as a basis, the second session, held at the end of April, concentrated on determining the competencies--knowledge, skills, values, and attitudes--needed by a teacher who would carry out the activities. This report reflects the deliberations of two workshops that focused on teacher training for the role of drug educator in schools. The objective of these two sessions was not to design a curriculum or training program, but rather to determine what competencies a teacher needs to serve as an effective drug educator. Furthermore, the task force defined "drug educator" as a role that any teacher might assume, whether his primary assignment be English, social studies, science, or health. (Author/HMV)

Descriptors: \*Alcohol Education/ \*Drug Education/ Elementary Secondary Education/ Program Descriptions/ \*Regional Programs/ Southern States/ \*Teacher Education/ \*Teacher Role

Identifiers: \*Enhancing Drug Education in the South Project

ED116063 CG010232

All in the Family: Understanding How We Teach and Influence Children about Alcohol. Participant's Workbook and Chairman's Guide.

United States Jaycees, Tulsa, Okla.

75 67p.

Sponsoring Agency: National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

Available from: Products Division, U.S. Jaycees, Box 7, Tulsa, Oklahoma 74120 (Participant's Workbook, sales catalog number 747-B, \$1.00 each; Chairman's Guide, sales catalog number 753-B, \$0.50 each; quantity discounts available)

EDRS Price MF-\$0.76 HC-\$3.32 Plus Postage

These two booklets comprise a new program by the Jaycee's

called Operation THRESHOLD. Patterned after the U.S. Jaycees Family Life Development Program, these booklets focus primarily on prevention. They employ a group discussion format to elicit responses from people on how we influence and teach children. The responsible use and nonuse of alcohol is given a special emphasis in this respect. All in the Family can be read alone, can be used by parent and child, or employed as a participant's workbook in a relaxed, informal group discussion setting. (Author/HMV)

Descriptors: \*Alcohol Education/ \*Alcoholism/ \*Drinking/ Drug Abuse/ Guides/ \*Health Education/ \*Parent Education/ Program Descriptions

Identifiers: \*Operation THRESHOLD

ED114758 CG010220

Drugs and Drug Abuse: Alcohol, Tobacco, and Controlled Dangerous Substances (A Supplement to the Course of Study for Science, Grade 7). Bulletin No. 278; and Bibliography and Teacher Packet, Bulletin No. 278-A.

Montgomery County Public Schools, Rockville, Md.

75 127p.

Report No.: Bull-278-Bull-278-A

EDRS Price MF-\$0.76 HC-\$6.97 Plus Postage

The primary bulletin outlines a teaching program for seventh-grade students on drugs and drug abuse, and is designed to supplement the school science curriculum. The program is directed towards providing factual information about various drugs and appropriate techniques that the teacher needs. It also provides appropriate learning experiences for the student. Stress is placed on the physical nature of the drugs and their physiological effects on the human body. It is hoped that this approach will ensure that students will become aware of the effects of drug abuse on the individual, his family, his community and society as a whole. Suggestions are offered as to potential community resources that could be utilized as consultants and guest speakers. The guide is organized into two sections for each drug: a teacher information section and a teaching unit. The supplementary bulletin contains a bibliography of drug literature, tests for students, tables of drug characteristics, slang and technical terms, drug abuse symptoms, and Maryland laws on drug abuse. (NG)

Descriptors: Alcohol Education/ Bibliographies/ \*Curriculum Guides/ \*Drug Abuse/ \*Drug Education/ \*Grade 7/ Instructional Materials/ \*Junior High Schools/ \*Reference Materials/ Resource Guides/ Secondary Education/ \*Teaching Guides/ Tobacco



ED114472 CE005118

Proceedings of Management Workshop for Alcohol Safety Action Project Leaders.

Human Resources Research Organization, Alexandria, Va.  
Jun 71 211p.; Edited transcript from a Workshop (Warrenton, Virginia, June 13-18, 1971); Portions of the illustrative material may not reproduce well in microfiche; For the Report of the Project, see CE 005 515; For the Instructor's Guide, see CE 005 116; and for the Project Director's Handbook, see CE 005 117

Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.

EDRS Price MF-\$0.76 HC-\$10.78 Plus Postage

The workshop for Alcohol Safety Action Project administrators was held to help prepare project directors in the management of their projects and to identify their responsibilities and job tasks. It was also attended by National Highway Traffic Safety Administration (NHTSA) representatives to help in the orientation of the ASAP program. The full texts are included of the following papers and panel reports: NHTSA Countermeasures Program, National Programs, Research and Development, Chemical Testing, Identification of Problem Drinkers, Prototype Community Demonstration Programs on Reeducating the Drinking Driver, Public Education Programs, National Evaluation, NHTSA Legislative Program, Liaison--Public and Private Organizations, State and Community Programs, Action and Evaluation, The ASAP Detailed Plan, Evaluation Aspects of Detailed Plan, Law Enforcement Support for ASAP Programs, Judicial Support of ASAP, The Adjudication System, The Current Status of the Treatment of Alcoholism, Introduction to Seminar on Rehabilitation, Panel on Rehabilitation, The National Institute of Mental Health Program, Driver Licensing Countermeasures, Public Education Seminar, Contract Administration and Financial Management, Roadside Surveys, Evaluation Experiences and Relationships in the ASAP, ASAP Leaders/Experience Panel, Project Descriptions of New ASAPs, and Workshop Summary. (EC)

Descriptors: Accident Prevention/ Administrator Education/ \*Alcohol Education/ \*Alcoholism/ \*Conference Reports/ Law Enforcement/ Program Descriptions/ Program Planning/ Safety/ \*Traffic Safety/ Workshops

Identifiers: \*Alcohol Safety Action Project

ED110890# CG010017

Alcohol Abuse and Alcoholism Prevention Model Learning Systems: Preliminary Designs. Final Report.

Jacobs, Saul H.

Sutherland Learning Associates, Inc., Los Angeles, Calif.  
16 May 74 256p.

Sponsoring Agency: National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md. 53

Report No.: PB-239-296

Available from: National Technical Information Services,

5285 Port Royal Road, Springfield Virginia 22161 (Order No. PB-239-296, HC-\$8.50, MF-\$2.25)

Document Not Available from EDs

The final report on a project designed to develop a model learning system for alcohol abuse and alcoholism prevention contains format details of four specific programs. Each program is geared to obtain maximum success in reinforcing responsible behavior, to change learner behavior, and to insure effective implementation in a variety of institutional settings. The four target populations specified are: (1) students in medical schools, (2) students in registered nurse training institutions, (3) Federal Civil Service Employees, and (4) elementary school students. A detailed description of each of the programs includes a breakdown of program components and component modules, plus a list of objectives and success criteria for module outcome. A comprehensive plan for field testing the learning system is also presented. (Author)

Descriptors: \*Alcohol Education/ \*Alcoholism/ \*Behavior Change/ Elementary Secondary Education/ Models/ \*Prevention/ Program Descriptions/ \*Systems Approach

ED109441 CE004288

DWI Driving While Intoxicated, Law Enforcement Training Project; Evaluation Aids Packet and Media Log.  
Carnahan, James E.; Dreyeskracht, Charles L.  
Michigan State Univ., East Lansing. Highway Traffic Safety Center.

Aug 74 171p.; For related documents, see CE 003 240, CE 003 517, CE 003 144; document index is misnumbered

Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.

EDRS Price MF-\$0.76 HC-\$8.24 PLUS POSTAGE

The evaluation packet was prepared for use in the Driving While Intoxicated (DWI) Law Enforcement Training Course. A brief introduction explains the nature and use of the packet. Student evaluation materials consist of 150 test items, an assortment of student response cards for various course topics, and materials and procedures for conducting a controlled drinking exercise. The course evaluation form lists 30 statements about the course which respondents use to record their agreement or disagreement. The instructional aids log identifies and describes the 54 filmstrips, 11 video tape recordings, and 61 transparencies used in the course. (JRI)

Descriptors: Alcohol Education/ Course Evaluation/ \*Drinking / Evaluation Methods/ Job Training/ \*Law Enforcement/ Police/ Program Guides/ \*Resource Guides/ \*Student Evaluation/ Testing / \*Tests

Identifiers: \*Police Training

ED109069 SP009315

Program of Studies, Health Education 7-12.  
Fairfax County Schools, Va.

3 Sep 74 188p.; For related documents, see SP 009 312-314

EDRS Price MF-\$0.76, HC-\$9.51 PLUS POSTAGE

GRADES OR AGES: Grades 7-12. SUBJECT MATTER: Health Education--including a) personality development, b) disease control, c) tobacco, d) alcohol, e) drug education, f) consumer health education, g) physical fitness and conditioning, h) environmental health, i) health careers, j) safety and first aid, and k) driver education. ORGANIZATION AND PHYSICAL APPEARANCE: The first section presents a program description and general goals; the second section lists program objectives; and the third section describes objectives, suggested activities, references, and student evaluation for each subject area. OBJECTIVES AND ACTIVITIES: General program objectives are listed in the first section. Behavioral objectives and suggested activities are described for each subject area in sections two and three. INSTRUCTIONAL MATERIALS: References are listed for each subject area. STUDENT ASSESSMENT: None indicated. OPTIONS: None listed. (PR)  
Descriptors: Alcohol Education/ \*Curriculum Guides/ Driver Education/ Drug Education/ \*Health Education/ Health Occupations/ Physical Fitness/ Program Descriptions/ Safety Education/ \*Secondary Education/ Smoking

ED109063 SP009309

Steps towards Healthy Growth; Health Education Curriculum Guide. Grades 10-12.

Dippo, Jeanette, Ed.

Cortland-Madison Board of Cooperative Educational Services,  
Homer, N.Y.

Jan 75 108p.; First Edition; For related documents, see SP 009 290, 291 and 296

EDRS Price MF-\$0.76 HC-\$5.70 PLUS POSTAGE

GRADES OR AGES: Grades 10-12. SUBJECT MATTER: Health Education--includes chapters on a) nutrition; b) disease prevention and control; c) tobacco; d) alcohol; e) drugs; f) personality development; g) family life and sexuality; h) environmental, public, and world health; i) consumer health; and j) safety, first aid, and survival education. ORGANIZATION AND PHYSICAL APPEARANCE: Each chapter is broken down into an overview, a list of objectives, a list of major concepts, a content outline, a list of learning and evaluative activities, and a list of resources. OBJECTIVES AND ACTIVITIES: Lists for both objectives and activities are included for each chapter. INSTRUCTIONAL MATERIALS: References are listed for each chapter. STUDENT ASSESSMENT: No provision indicated. OPTIONS: None listed. (PB)

Descriptors: Alcohol Education/ \*Curriculum Guides/ Drug Education/ Family Life Education/ \*Health Education/ Nutrition Instruction/ Personality Development/ Safety Education/ \*Secondary Education/ Sex Education/ Smoking

ED107664 SP009291

Steps Towards Healthy Growth. Health Education Curriculum Guide; Grades 4-6.

Dippo, Jeanette, Ed.

Cortland-Madison Board of Cooperative Educational Services,  
Homer, N.Y.; Madison County Board of Cooperative Educational Services, Bouckville, N.Y.

Jan 75 149p.; First Edition; For related document, see SP 009 290

EDRS Price MF-\$0.76 HC-\$6.97 PLUS POSTAGE

Grades or Ages: Grades 4-6. Subject Matter: Health Education (includes chapters covering the following: (a) health status; (b) nutrition; (c) sensory perception; (d) dental health; (e) disease prevention and control; (f) smoking and health; (g) alcohol education; (h) drug education; (i) personality development; (j) human sexuality; (k) family life education; (l) heredity and environment; (m) environmental and public health; (n) consumer health; and (o) safety, first aid, and survival education). Organization: Each chapter is broken down into an overview, a list of objectives, a list of major concepts, a content outline, a list of learning and evaluative activities, and a list of resources. Instructional materials are listed for each chapter as references. No provision for student assessment is indicated. No options are listed. (PB)

Descriptors: Alcohol Education/ \*Curriculum Guides/ Dental Health/ Drug Education/ Elementary Education/ Family Life Education/ \*Health Education/ \*Intermediate Grades/ Nutrition Instruction/ Sex Education/ Smoking



ED107663 SP009290

Steps Toward Healthy Growth. Health Education Curriculum Guide; Grades 7-9.

Dippo, Jeanette, Ed.

Cortland-Madison Board of Cooperative Educational Services, Homer, N.Y.; Madison County Board of Cooperative Educational Services, Bouckville, N.Y.

Jan 75. 80p.; First Edition; For related document, see SP 009 291

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

Grades or Ages: Grades 7-9. Subject Matter: Health Education (includes chapters covering the following: (a) nutrition, (b) sensory perception, (c) dental health, (d) disease prevention and control, (e) smoking and health, (f) alcohol education, (g) use and misuse of chemical substances, (h) identity and human sexuality, (i) environmental health, (j) consumer health, (k) safety, and (l) first aid. Organization: Each chapter is broken down into an overview, a list of objectives, a list of major concepts, a content outline, a list of learning and evaluative activities, and a list of resources. Instructional Material are listed for each chapter as references. No provision for student assessment is indicated. No options are listed. (PB)

Descriptors: Alcohol Education/ \*Curriculum Guides/ Dental Health/ Disease Control/ Drug Education/ \*Health Education/ \*Junior High Schools/ Nutrition Instruction/ Safety Education/ Sex Education/ Smoking

ED107551 S0008310

Valuing Families. Activity Guide.

Glashagel, Jerry; Glashagel, Char

National Board of Young Men's Christian Associations, New York, N.Y.; YMCA of Akron, Ohio.

75 42p.; For related document, see SO 008 309

Sponsoring Agency: National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

Developed as a resource for family life education, this activity guide can be used to lead experiential learning situations for intergenerational groups by a counselor, in a course, in a family organization like the YMCA, or in the home. The goals of this guide are to increase the self-esteem of each person and to strengthen the family as a human support system. A short section explains values and valuing, and some ground rules are suggested for use when conducting activity units. Twenty-three activity units are provided, which cover the following topics: achievement, sharing and caring, respect, self-awareness, and aids and escapes. The objectives, process, materials, and total time needed are given for each activity. Materials are included in the booklet and can also be found in the home. An explanation is the Photo Story activity for which photographs are supplied that cannot be reproduced, however, pictures can be clipped from magazines as replacement. All of the activities can be altered easily to

meet specific needs. The guide concludes with a short section on alcoholism, giving common sayings or myths and the actual facts for each one. (ND)

Descriptors: Achievement/ \*Activity Units/ Alcohol Education / Family (Sociological Unit)/ Family Attitudes/ Family Life/ \*Family Life Education/ Family Problems/ \*Family Relationship/ Group Activities/ Learning Activities/ Personal Values/ \*Resource Guides/ Self Concept/ Self Esteem/ Self Expression/ \*Values

Identifiers: \*Youth Values Project

ED107550 S0008309

Valuing Youth. Leader's Notebook.

Glashagel, Jerry; And Others

National Board of Young Men's Christian Associations, New York, N.Y.; YMCA of Akron, Ohio.

Jan 75 96p.; Cards used in the "Camping Section" have been reproduced in page form; For related document, see SO 008 310

Sponsoring Agency: National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

This leader's notebook is an attempt to present value education tools for persons working with elementary age children in various YMCA settings. These tools are value education strategies designed to stimulate discussion by the children and to help create a learning environment. The strategies are presented in two ways. First, a series of basic strategies we call exploring strategies, choosing strategies, focusing strategies, and linking strategies are organized around several fundamental value issues: cooperation, respect, self-awareness, achievement, and celebration. The second set of strategies, for specific value issues and value-laden settings, are organized around several special YMCA settings: an overnight, the Christmas holidays, camping, coaching, and the international scene. Finally the subject of alcohol use and abuse is dealt with through a series of strategies. This notebook also contains an explanation of value education theory and information on leadership training tools. (Author/ND)

Descriptors: Achievement/ Alcohol Education/ Educational Environment/ \*Educational Strategies/ Elementary Education/ \*Leadership/ \*Learning Activities/ Outdoor Education/ Personal Values/ \*Resource Guides/ Self Concept/ Self Esteem/ \*Values

Identifiers: \*Youth Values Project

ED105299 CE004311

Alcohol Highway-Traffic Safety Workshop for Alcohol Rehabilitation and Treatment Personnel.

Walker, William; And Others

Abt Associates, Inc. Cambridge, Mass.

Apr 74 196p.; For other manuals in the series, see CE 003 515-516 and CE 003 820-821

\*Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.

Report No.: DOT-HS-801-274

Available from: Superintendent of Documents, U. S. Government Printing Office, Washington, D. C. 20402 (Stock No. 5003-00198, \$3.05)

EDRS Price MF-\$0.76 HC-\$9.51 PLUS POSTAGE

The manual, designed for one-day workshops for 20 to 40 alcoholism rehabilitation and treatment professionals who are involved with traffic safety problems, is one of a series of five workshop manuals developed to assist State and local agencies involved in the development of programs for coping with the drinking-driver problem. Workshop goals include: encouraging communication between treatment professionals, developing cooperative plans, and motivating implementation of these plans. Activities include: small group exercises, the film "Ladies and Gentlemen of the Jury," discussions of current approaches to the problem, and drinking-driver treatment modalities. The manual is organized into three major parts: (1) the introduction, containing an overview of the problem, manual synopsis, and workshop staffing suggestions; (2) the governor's representative and chairman workshop materials providing all materials needed; and (3) appendixes consisting of preworkshop instructions, group moderator workshop materials, and miscellaneous materials (these include information on audiovisual equipment, instructions, evaluation forms, and an optional alcohol-awareness activity). The manual is designed to be completely self-executing and includes sample letters, fully executed speeches, discussion guidelines, evaluation instruments, and participant selection criteria. (MW)

Descriptors: Accident Prevention/ Agency Role/ \*Alcohol Education/ Alcoholism/ Community Agencies (Public)/ Correctional Rehabilitation/ Drinking/ Human Services/ Instructional Materials/ Interagency Cooperation/ Law Enforcement/ \*Manuals/ Rehabilitation/ \*Rehabilitation Counseling/ Resource Materials/ Socially Deviant Behavior/ \*Traffic Safety/ \*Workshops

Identifiers: \*Drinking Drivers

ED103720 CE003517

DWI Driving While Intoxicated Law Enforcement Training Project: Instructor's Manual.

Carnahan, James E.; And Others

Michigan State Univ., East Lansing. Highway Traffic Safety Center.

Aug 74 513p.; For Student Manual, see CE 003 144; For

Course Guide, see CE 003 240; Course materials also include packets of Instructional Aids and Evaluation Materials

Sponsoring Agency: National Highway Traffic Safety Administration (DOT), Washington, D. C.

Report No.: DOT-HS-801222

Available from: Superintendent of Documents, Government Printing Office, Washington, D. C. 20402 (Stock Number 5003-00190, \$6.50)

EDRS Price MF-\$ 0.92 HC-\$26.02 PLUS POSTAGE

The Driving While Intoxicated (DWI) Law Enforcement Training Program has been developed to provide the alcohol enforcement officer trainee with working knowledge and skills which will enable him to effectively carry out his alcohol enforcement tasks. The instructor's manual has been prepared to serve as a text to assist the instructor in successfully teaching the DWI course. It contains the subject matter content for the course in syllabus form and includes references, equipment needed, materials for lessons, use of various media, and evaluation aids, and is cross indexed with the student manual. Content is presented in 16 subject areas (orientation, alcohol and highway safety, preparing for alcohol enforcement task, detection of drinking driver--pre-apprehension, detection of drinking driver--apprehension, pre-arrest investigation--field contact, pre-arrest investigation--accident, handling the drinking driver suspect; psychophysical testing (classroom), psychophysical testing (laboratory), chemical testing, experience in degenerative effects of alcohol, legal authority in alcohol enforcement, case presentation, testimony, course review, and student and course evaluation). Each subject area comprises three parts: (1) a cover page, (2) a lesson plan for each unit subject, stating the unit objective; terminal objectives; references, materials; equipment; assignments; study questions; and specific learning activities. (Author/BP)

Descriptors: Alcohol Education/ Alcoholism/ Course Content/ \*Drinking/ Educational Objectives/ \*Law Enforcement/ Learning Activities/ Lesson Plans/ Police/ \*Police Action/ Resource Materials/ Socially Deviant Behavior/ \*Teaching Guides/ Teaching Techniques/ Traffic Safety/ \*Training/ Units of Study (Subject Fields)

Identifiers: \*Police Training

ED103641 CE003240

DWI Driving While Intoxicated Law Enforcement Training  
Project: Course Guide.

Carnahan, James E.

Michigan State Univ., East Lansing. Highway Traffic Safety  
Center.

Aug 74 76p.; For Student Manual, see CE 003 144; For  
Instructor's Manual see CE 003 517; Course materials also

include packets of Instructional Aids and Evaluation Materials

Sponsoring Agency: National Highway Traffic Safety  
Administration (DOT), Washington, D. C.

Report No.: DOT-HS-801221

Available from: Superintendent of Documents, Government  
Printing Office, Washington, D. C. 20402 (Stock Number  
5003-00191, \$1.45)

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

The course guide has been designed as the basic planning  
document for the program director and instructional personnel  
in the organization and administration of a Driving While  
Intoxicated (DWI) Law Enforcement Training Course. It contains  
an explanation of the developmental effort of the DWI Law  
Enforcement Training Project and detailed guidelines for  
conducting the course including course structure and an  
outline of course content. The other course materials are also  
outlined and lists of instructional media, transparencies and  
evaluation aids appended. (Author/BP)

Descriptors: Administrator Guides/ Alcohol Education/ Course  
Objectives/ Course Organization/ Curriculum Development/  
Curriculum Guides/ \*Drinking/ \*Law Enforcement/ Police/  
\*Program - Design/ \*Program Development/ \*Program Guides/  
Program Planning/ Resource Materials

Identifiers: \*Police Training

ED103586 CE003144

DWI Driving While Intoxicated Law Enforcement Training  
Project: Student Manual.

Carnahan, James E.; And Others

Michigan State Univ., East Lansing. Highway Traffic Safety  
Center.

May 74 349p.; For Training Course Guide, see CE 003 240;  
For Instructor's Manual, see CE 003 517; Course materials also  
include packets of Instructional Aids and Evaluation Materials

Sponsoring Agency: National Highway Traffic Safety  
Administration (DOT), Washington, D. C.

Report No.: DOT-HS-334-3-645

Available from: Superintendent of Documents, Government  
Printing Office, Washington, D. C. 20402 (Stock Number  
5003-00180, \$3.80)

EDRS Price MF-\$0.76 HC-\$17.13 PLUS POSTAGE

The student manual has been prepared to serve as a workbook  
to assist the student officer in successfully completing the  
Driving While Intoxicated (DWI) Law Enforcement Training  
Course. It is organized under 16 subject headings  
orientation, alcohol and highway safety, preparation for

alcohol enforcement task, detection of the drinking  
driver--pre-apprehension, detection of the drinking  
driver--apprehension, pre-arrest investigation--field contact,  
pre-arrest investigation--accidents, handling of the drinking  
driver suspect, psychophysical evaluations (classroom),  
psychophysical evaluations (laboratory), chemical testing,  
experience in degenerative effects of alcohol, legal authority  
in alcohol enforcement, case presentation--testimony, course  
review, and student and course evaluation) and 36 lessons, and  
is cross indexed with the instructor's manual. Each subject  
plan for each unit of study which contains a unit objectives,  
three to eight terminal objectives, content topics,  
assignments, and study questions; and (3) the detailed subject  
matter content for each unit of the subject. Briefly discussed  
are the student study suggestions, methods of evaluation, a  
course outline and a course schedule. (Author/BP)

Descriptors: Alcohol Education/ Alcoholism/ Course Content/  
\*Drinking/ Educational Objectives/ \*Law Enforcement/ Lesson  
Plans/ Police/ \*Police Action/ Socially Deviant Behavior/  
\*Study Guides/ Traffic Safety/ \*Training/ Units of Study  
(Subject Fields)

Identifiers: \*Police Training



ED095469 CG009187

Alcohol and Health; New Knowledge.  
Keller, Mark, Ed.  
National Inst. of Alcohol Abuse and Alcoholism (NIMH),  
Rockville, Md.  
Jun 74 242p.

Available from: National Clearinghouse, for Alcohol  
Information, Box 2345, Rockville, Maryland 20852; U.S.  
Government Printing Office, Washington, D.C. 20402 (Stock No.  
1724-00399; \$2.55)

EDRS Price MF-\$0.76 HC-\$12.05 PLUS POSTAGE

This second report to the Congress of the United States on  
Alcohol and Health concentrates on highlighting certain  
advances in knowledge gained about uses and misuses of alcohol  
in the last few years. It does not attempt to address all  
aspects of knowledge, and deliberately bypasses those areas in  
which new information may be developing but has not yet  
reached a sufficiently reportable level. This report offers:  
(1) an authoritative guide to understanding what scientists  
and scholars are currently studying and reporting, (2) a  
picture of current realities, and (3) a basis for thinking  
about problems related to alcohol and their possible solution.  
This publication is not an authoritative guide for solving  
moral issues which belong in the realm of personal decision.  
Emphasis is given to the important and expanding role of the  
National Institute on Alcohol Abuse and Alcoholism, and its  
progress toward "programs for people." The legislative mandate  
for the states to produce a working, viable plan for the  
provision of alcoholism services has now been implemented in  
every state of the union, and this mandate is viewed as the  
most significant progress made in recent years to provide  
effective, quality treatment to every alcoholic person who  
needs it. (Author/PC)

Descriptors: \*Alcohol Education/ \*Alcoholism/ Conference  
Reports/ \*Federal Government/ \*Guidelines/ Information  
Dissemination/ \*Program Descriptions/ Scientific Research

ED092821 95 CG008928

Developing Curriculum for Education of Youth in Meeting  
Modern Problems.

Dayton Public Schools, Ohio.  
Sep 73 263p.

Sponsoring Agency: Office of Education (DHEW), Washington,  
D.C.; Ohio State Board of Education, Columbus.

EDRS Price MF-\$0.76 HC-\$13.32 PLUS POSTAGE

The objectives of this program are to develop, field test,  
and evaluate a K-12 curriculum containing learner objectives  
of the following types: (1) increased student knowledge of  
probable effects resulting from the use, misuse, and abuse of  
drug substances including alcohol and nicotine; (2) increased  
student understanding of human behavior; and (3) increased  
positive growth in student developmental attitudes in areas  
related to the use, misuse, and abuse of drug substances  
including alcohol and nicotine. During the project period, 15

elementary and secondary teachers from Ohio school systems  
were trained, and worked with curriculum and content  
specialists in the development of the curriculum. Subjects  
were 1,932 students drawn from all grade levels in five Ohio  
school districts. Student populations within each school  
system included urban, inner city, peripheral, suburban, and  
rural. Treatment and control groups were established. Results  
indicate the project activities effectively improved  
participant behaviors and attitudes toward drugs. (Author)

Descriptors: Alcohol Education/ Behavior Change/ \*Curriculum  
Development/ \*Drug Education/ \*Educational Programs/ \*Health  
Education/ Program Descriptions/ School Systems/ Socially  
Deviant Behavior/ \*Teacher Role

ED090478 CG008890

Public Schools and Drug Education. Report of a Conference.  
Wiggins, Xenia  
Southern Regional Council, Atlanta, Ga.  
May 72 43p.

Sponsoring Agency: National Inst. of Mental Health (DHEW),  
Bethesda, Md.

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

This conference report reflects thoughts expressed at a  
regional workshop held in New Orleans in 1972 to discuss  
issues related to drug education in the public school system.  
Participants were coordinators in State departments of  
education in the region, teachers, school administrators,  
community program directors, teacher trainers, and state  
legislators. The workshop addressed six major issues: (1) When  
and Where Should Drug Education Begin? (2) What Educational  
Concepts and Methods are Appropriate for Various Developmental  
Levels? (3) How Can the School Reach High Risk Students? (4)  
What Issues are Involved in Establishing a Policy to Handle  
Drug Discovery? (5) What is the School's Responsibility for  
Educating Parents?, and (6) What Are the Implications for  
Teacher Training? An appendix presents and analyzes the  
Maryland drug abuse law, generally recognized as highly  
progressive and viable. (Author/CJ)

Descriptors: \*Alcohol Education/ Conference Reports/ Drug  
Abuse/ \*Drug Education/ \*Health Education/ Narcotics/ Program  
Descriptions/ \*School Responsibility/ Student Needs

ED089010 CE001048

Health Occupations: Grade 8. Cluster II.  
Cathoun, Olivia H.  
District of Columbia Public Schools, Washington, D.C. Dept.  
of Career Development; Metropolitan Educational Council for  
Staff Development, Washington, D.C.  
Sep 72 87p. For the Washington, D.C., Career Development  
Exemplary Project itself see CE 000 906  
Sponsoring Agency: Bureau of Adult, Vocational, and  
Technical Education (DHEW/OE), Washington, D.C.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE  
A curriculum guide for grade 8, the document is devoted to  
the occupational cluster "Health Occupations." It is divided  
into four units: the hospital, preventive medicine, drug use  
and abuse, and alcohol and tobacco. Each unit is introduced by  
a statement of the topic, the unit's purpose, main ideas,  
goals, and a list of career opportunities (positions)  
available in that area. Next, the areas of language arts,  
mathematics, science, social studies, home economics,  
industrial arts, music, and physical education (when  
applicable) are subdivided into purpose, objectives,  
activities, materials, and notes with a statement relating  
these categories to the unit topic. The document is one of ten  
curriculum guides at the seventh and eighth grade levels  
presenting a career education emphasis. The teacher's manual  
for the series is available as CE 001 041. The other guides  
are: consumer and homemaking (CE 001 042); communications and  
media (CE 001 043); fine arts and humanities (CE 001 044);  
construction and environment (CE 001 045); agri-business,  
natural resources, marine science (CE 001 046); public service  
occupations (CE 001 047); manufacturing, marketing and  
distribution, business and office occupations (CE 001 049);  
transportation (CE 001 050); and hospitality, recreation, and  
personal service occupations (CE 001 051). (AG)

Descriptors: Accident Prevention/ Alcoholism/ \*Career  
Education/ Curriculum Guides/ Drug Abuse/ Food Service  
Occupations/ \*Grade 8/ \*Health Occupations/ \*Health  
Occupations Education/ Hospitals/ Occupational Clusters/  
Pharmacists/ Preventive Medicine/ Smoking/ Units of Study  
(Subject Fields)

Identifiers: \*Career Development/ District of Columbia

ED086664 SP007600

National Conference of State Chairmen for Smoking and Health  
Education (Washington, D.C., April 24-26, 1970).  
American Association for Health, Physical Education, and  
Recreation, Washington, D.C.  
70 16p.

Sponsoring Agency: Public Health Service (DHEW), Rockville,  
Md. National Clearinghouse for Smoking and Health.  
EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

This conference discussed the future plans for each state  
and how they would affect the focus of the smoking education  
project. The types of activities that worked or failed in

implementing the project were reported by the state chairmen.  
They ranged from state, regional, and local workshops to  
small-group meetings. Some workshops combined the problems of  
alcohol, smoking, and drugs as problems of youth. Various  
groups, such as school nurses, city and county directors,  
administrators, coaches, and teachers were used to encourage  
more school health education. The cooperation of PTA groups,  
civic clubs, 4-H, and voluntary agencies was also encouraged  
to develop the project. (A list of the conference attendees  
and their locations are included.) (BR)

Descriptors: Educational Programs/ \*Health Education/  
\*Health Programs/ \*Instructional Programs/ Physical Education/  
Program Coordination/ \*Program Descriptions/ \*Smoking

ED076899 CG007933

Alcohol and Alcohol Safety: A Curriculum Manual for Junior  
High Level, Volume I of II.  
Finn, Peter; Platt, Judith  
National Highway Traffic Safety Administration (DOT),  
Washington, D. C. National Inst. on Alcohol Abuse and  
Alcoholism (DHEW/PHS), Rockville, Md.

Sep 72 300p.; Prepared under contract by Abt Associates,  
Inc., Human Development Div., Cambridge, Mass.  
Report No.: DOT-HS-800-709

Available from: Superintendent of Documents, U.S. Government  
Printing Office, Washington, D.C. 20402 (no price quoted)

EDRS Price MF-\$0.76 HC-\$14.59 PLUS POSTAGE

This manual is the second in a series of Alcohol and Alcohol  
Safety Curriculum Manuals for use by primary and secondary  
school teachers and curriculum developers. It is geared to the  
junior high level, grades seven through nine. The objective of  
the manual is to promote responsible decisions about alcohol  
use that leads to responsible behaviors with regard to alcohol  
use. Emphasis has been placed on driver and pedestrian safety,  
since drinking alcohol often begins in junior high school at  
the same time as students begin to anxiously await getting  
their driver's permit or license. The manual can be used in a  
number of ways: teachers and school departments can use the  
manual to develop their own curriculum outlines; schools,  
state departments of education, and health agencies can use  
the manual to conduct community workshops; the manual can be  
adapted to treat specific alcohol topics in depth. The  
collection of over 200 detailed classroom activities for  
grades seven through nine are designed to achieve a variety of  
objectives. For other documents in this series see ED 072382  
and ED 072 383. (Author/SES)

Descriptors: \*Alcohol Education/ \*Curriculum Development/  
\*Curriculum Guides/ Instruction/ \*Instructional Aids/ Junior  
High Schools/ \*Junior High School Students/ Secondary School  
Teachers



ED076547 SP006468

Preliminary Bibliography of Free and Inexpensive Materials on Alcoholism.

Samalonia, Bernice

City Univ. of New York, N.Y. Hunter Coll.

Dec 72 9p.

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

This selected unannotated bibliography of material on alcoholism is divided into sections on bibliographies, books, courses of study and guidelines to classroom practices, gimmicks, packets of material, and pamphlets and leaflets. Also included are the sources of posters and addresses of resources. The materials listed are current and inexpensive with no single item exceeding \$2.00. (Related document is SP 006 447.) (JA)

Descriptors: \*Alcohol Education/ \*Bibliographies/ Books/ Curriculum Guides/ \*Health Education

ED073395 CG007833

Proceedings of a Symposium on the Use of Group Procedures in the Prevention and Treatment of Drug and Alcohol Addiction.

Gazda, George M., Ed.

Georgia Univ., Athens. Georgia Center for Continuing Education.

72 145p.

EDRS Price MF-\$0.76 HC-\$6.97 PLUS POSTAGE

The theme of the fifth annual Symposium on Group Procedures was "The Use of Group Procedures in the Prevention and Treatment of Drug and Alcohol Addiction." Symposium participants included professionals in counseling, clinical, school, and educational psychology, psychiatry, and social work. In addition, invitations were sent to members of government, law enforcement, and the judiciary. The symposium consisted of the following sessions: a group therapy session; psychodrama intervention with drug addicts; behavior modification with alcoholics; a values-oriented approach to drug abuse prevention education; a game of confrontation with a view to changing the life style of the hard core addict; and the use of fantasy and gestalt therapy with drug addicts.

(WS/Author)

Descriptors: Alcohol Education/ \*Alcoholism/ Conference Reports/ \*Drug Abuse/ Drug Addiction/ Drug Education/ \*Group Activities/ \*Group Counseling/ Group Experience/ Group Guidance/ Health Education/ \*Socially Deviant Behavior/ Symposia

ED072384 CG007776

Alcohol and Alcohol Safety. Volume II of II. A Curriculum Manual for Elementary Level. A Teacher's Activities Guide.

Finn, Peter; Platt, Judith

National Highway Traffic Safety Administration (DOT), Washington, D. C.; National Inst. on Alcohol Abuse and

Alcoholism (DH&W/PHS), Rockville, Md.

Sep 72 122p.; Prepared under contract by Abt Associates, Inc., Human Development Div., Cambridge, Mass

Report No.: DOT-HS-800-708

Available from: Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402

EDRS Price MF-\$0.76 HC-\$5.70 PLUS POSTAGE

This curriculum manual for the elementary school level is the first in a series on alcohol and alcohol safety and is designed as a teacher's activities guide. Each activity provided is a self-contained learning experience which requires varying numbers of class period and focuses on one or more objectives. Activities are numbered consecutively and are organized by alcohol topic areas: safety (general and interpersonal); attitudes toward alcohol and reasons people drink; effects; industry; and interpersonal (general, parents, and peers). Within each topic the activities are divided alphabetically by teaching method. These methods are art; audio visual; discussion; drama; including games and role plays; independent study, including interviews, polls, research, and teaching; lecture; reading; science; and writing. Each class period is clearly and concisely outlined for the teacher; core activity, objective, preliminary considerations, activities, variations and supplementary activities, and evaluation methods are provided and make the manual readily adaptable to the classroom. (See CG 007 774 and CG 007 775). (SES)

Descriptors: \*Alcohol Education/ Alcoholism/ \*Curriculum Guides/ Elementary Grades/ \*Elementary School Curriculum/ \*Elementary School Students/ Elementary School Teachers/ Health Education/ Learning Activities/ Manuals/ \*Teaching Guides/ Teaching Methods

ED072383 CG007775

Alcohol and Alcohol Safety: A Curriculum Manual for Senior High Level. Volume I of IV.

Finn, Peter; Platt, Judith.

National Highway Traffic Safety Administration (DOT), Washington, D. C.; National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

Sep 72 340p.; Prepared under contract by Abt Associates, Inc., Human Development Div., Cambridge, Mass

Report No.: DOT-HS-800-705

EDRS Price MF-\$0.76 HC-\$17.13 PLUS POSTAGE

This manual is the third in a series of Alcohol and Alcohol Safety Curriculum Manuals for use by teachers and curriculum developers. Geared to the senior high school level, the objective of the manual is the promoting of responsible decisions about alcohol use. Emphasis is placed on driver and pedestrian safety in consonance with the concern and out-of-school activities to be expected of this age group. The author suggests that the manual can be utilized in at least three different ways. First, individual high school teachers can develop their own tailor-made curriculum outlines by applying the curriculum development process to the curriculum index and the activities provided in the manual. Second, schools, state departments of education, health agencies or private education companies may use the manual to conduct community workshops. Third, the manual could be adapted to treat specific alcohol topics in depth. To cover varied student concerns, teaching styles, grade levels, and time constraints, the manual presents over 200 detailed classroom activities designed to achieve a variety of objectives covering all the major areas of alcohol and alcohol safety. See CG 007 774 and CG 007 776. (Author/SES)

Descriptors: \*Alcohol Education/ Alcoholism/ \*Curriculum Guides/ Health Education/ \*High School Curriculum/ Learning Activities/ Manuals/ Safety Education/ Secondary Grades/ \*Secondary School Students/ Secondary School Teachers/ \*Teaching Guides/ Teaching Methods

driver and pedestrian safety in recognition of the significance of the problem and of the fact that attitudes toward drinking-driving behavior are often developed as early as the elementary level. The manual can be used in three different ways: 1) as an aid to teachers in developing their own tailor-made curriculum outlines by applying the curriculum development process to the curriculum index and activities provided in the manual; 2) as a means for schools, state departments of education, health agencies, or private education companies to conduct community workshops; and 3) as a guide to treating specific alcohol topics in depth. To cover varied student concerns, teaching styles, grade level, and time constraints, the manual presents over 100 detailed classroom activities designed to achieve a variety of objectives covering all the major areas of alcohol and alcohol safety. (See CG 007 775 and CG 007 776). (Author/SES)

Descriptors: \*Alcohol Education/ Alcoholism/ \*Curriculum Guides/ Elementary Grades/ \*Elementary School Curriculum/ \*Elementary School Students/ Elementary School Teachers/ Health Education/ Learning Activities/ Manuals/ Safety Education/ \*Teaching Guides/ Teaching Methods

ED072382 CG007774

Alcohol and Alcohol Safety: A Curriculum Manual for Elementary Level. Volume I of II.

Finn, Peter; Platt, Judith.

National Highway Traffic Safety Administration (DOT), Washington, D. C.; National Inst. on Alcohol Abuse and Alcoholism (DHEW/PHS), Rockville, Md.

Sep 72 314p.; Prepared under contract by Abt Associates, Inc., Human Development Div., Cambridge, Mass

Report No.: DOT-HS-800-707

EDRS Price MF-\$0.76 HC-\$15.86 PLUS POSTAGE

This manual is the first in a series of Alcohol and Alcohol Safety Curriculum Manuals for use by teachers and curriculum developers. Geared to the elementary grade level, the objective of the manual is to promote responsible present and future decisions about alcohol. Emphasis has been placed on

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ED008314 SE014714

Smoking and Health. A Guide for School Action Grades 1-12.

Ohio State Dept. of Health, Columbus.

Jan 60 100p.

Sponsoring Agency: Public Health Service (DHEW), Washington, D.C.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

Enabling teachers to present a detailed unit on smoking is an objective of this curriculum guide. It organizes information which, if made a relevant part of the student's experience, attempts to help him effectively resist the pressures to begin smoking. Seventeen units, arranged in sequential order, cover cardiovascular and respiratory systems, statistical data, lung cancer, physiological changes, social influences, aesthetic features, economics, advertising, and moral issues. Repetition and over-lapping of content is intended to reinforce commitments resulting from previous instruction. Behavioral objectives, related concepts, content material, experiences or suggested learning activities, and resources and materials are arranged in column form for each unit. Opposite this information, appropriate grade level use is indicated: elementary, designating grades 5 and/or 6; junior, specifically for grade 7 but including grades 8 and 9; and senior, primarily for grade 10 but also grades 11 and 12. Minimum time recommended for implementation of the units is five periods for elementary grades and three periods for upper grades. Appended material includes a checklist of facts related to cigarette smoking and health; vocabulary or terms; suggestions for smoking education in grades 1-4; scientific and social experiments; and suggestions for integrating smoking education with other subjects. (BL)

Descriptors: \*Curriculum Guides/ \*Elementary Grades/ \*Fundamental Concepts/ \*Health Education/ \*Instructional Materials/ \*Learning Activities/ \*Secondary Grades/ \*Smoking

ED0083103 SE013448

What Educators Can Do About Cigarette Smoking.

American Association for Health, Physical Education, and Recreation, Washington, D.C.

71 25p.

Sponsoring Agency: Health Services and Mental Health Administration (DHEW), Bethesda, Md.

Report No.: PH-108-66-170

Available from: NEA Publications Sales, 1201 Sixteenth Street, N.W., Washington, D.C. 20036

EDRS Price MF-\$0.76 HC Not Available from EDRS. PLUS POSTAGE

Examples of interesting experiences which have occurred in smoking education programs throughout the country are presented in condensed form to encourage active participation by educators in such programs. These experiences, together with guidelines for creating similar programs, are drawn from a four-year Leadership Development Project on smoking and health education funded by the National Clearinghouse for Smoking and Health and conducted by the American Association

for Health, Physical Education and Recreation (AAHPER). The purpose of the project was to develop leadership opportunities at every level of education for individuals responsible for school health programs, to stimulate a higher degree of interdisciplinary and interagency cooperation in the implementation of programs in smoking and health education, and to initiate new programs and improve existing programs in smoking education in schools. Related activities or approaches are enumerated and grouped by chapters: Making a Personal Commitment; Where AAHPER Stands on Smoking and Health; Teacher Training; Organizing a State or Local Conference; Programs Involving Youth in Decision-Making; Getting Commitments from Others; Innovative Programs and New Ideas; Using Local Media to Add Impact; and Where to Turn for Additional Resources. (BL)

Descriptors: \*Activities/ \*Guides/ \*Health Education/ \*Leadership/ \*Program Development/ \*Smoking/ \*Teacher Education/ \*Teacher Participation

ED056959 S0002129

The Age of Majority: Guidelines for Local Districts.

Michigan State Dept. of Education, Lansing.

Jul 71 20p.

EDRS Price MF-\$0.76 HC-\$1.50 PLUS POSTAGE

By state law, the age of majority was lowered to 18 as of 1972. This pamphlet consists of general guidelines for curricula and school programs in response to questions regarding the implications of the new legislation. For example, school districts are requested to re-examine their civics courses in light of new voting age. It is also recommended that they incorporate within their curriculum structure a means by which students may acquire information about and an understanding of: contracts as they apply to personal and real property and insurance; consumerism and economic theory; labor legislation and unions; criminal and civic law proceedings; mental commitment and medical treatment; and, alcohol and tobacco use. (DJB)

Descriptors: \*Age/ \*Alcohol/ \*Education/ \*Citizenship Responsibility/ \*Civics/ \*Civil Liberties/ \*Contracts/ \*Curriculum Development/ \*Economic Education/ \*Educational Needs/ \*Labor Legislation/ \*Legal Responsibility/ \*Secondary Grades/ \*Smoking/ \*State Curriculum Guides/ \*State Legislation/ \*Voting Rights

Identifiers: \*Michigan



ED054108 SP007280

Guide on Smoking.

South Dakota State Dept. of Public Instruction, Pierre.

77p.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

GRADES OR AGES: Grades 5-12. SUBJECT MATTER: Smoking.  
ORGANIZATION AND PHYSICAL APPEARANCE: The guide has three major parts--1) an outline of basic facts; 2) resource guide on smoking and its relationship to health and disease, with sample lesson plans and vocabulary; and 3) appendix, including questionnaires, selected key facts on smoking, a sample open letter to parents, the Thompson smoking and tobacco knowledge test, and a bibliography and list of resource materials. The guide is lithographed and staple bound with a soft cover.  
OBJECTIVES AND ACTIVITIES: Objectives for teachers and students are provided for grades 5 and 6, grades 7, 8 and 9, and grades 10, 11 and 12. Suggested activities are given for the same three sections, together with sample lesson plans.  
INSTRUCTIONAL MATERIALS: A brief bibliography is included together with a list of educational materials for teachers, the general public, and students. STUDENT ASSESSMENT: Suggestions for evaluation of grades 5 and 6 are included which use the questionnaires. (MBM)

Descriptors: \*Curriculum Guides/ \*Elementary School Curriculum/ Grade 5/ Grade 6/ Grade 7/ Grade 8/ Grade 9/ Grade 10/ Grade 11/ Grade 12/ \*Health Education/ \*Secondary Education/ \*Smoking

and guides. STUDENT ASSESSMENT: The appendix contains a sample test for intermediate grade students. (RT)

Descriptors: \*Curriculum Guides/ \*Health Education/ \*Intermediate Grades/ \*Secondary Grades/ \*Smoking

ED049505 CG006318

Alcohol and Alcoholism.

National Inst. of Mental Health (DHEW), Chevy Chase, Md.  
National Clearinghouse for Mental Health Information.

68 84p.

Available from: Superintendent of Documents, U.S. Government Printing Office, Washington, D. C. 20402. (\$.50 per copy)

EDRS Price MF-\$0.76 HC Not Available from EDRS. PLUS POSTAGE

This concise survey presents some of the highlights of modern research on drinking and alcoholism, as based on technical articles published in the scientific literature and the views expressed by leading authorities in the field. Contents include discussions about: (1) the nature and scope of the problem; (2) the chemical composition of alcoholic beverages and their effects on the body; (3) the causes, diagnoses, treatment and prevention of alcoholism; (4) current activities in the fields of services and research; and (5) the national program. An extensive bibliography is included. (TL)

Descriptors: \*Alcohol Education/ \*Alcoholism/ Community Health/ Education/ Health/ Health Education/ \*Health Programs/ \*Prevention/ \*Program Descriptions/ Program Guides/ Program Planning/ Socially Deviant Behavior

ED051198 SP007263

Smoking and Health Guide for Elementary and Secondary Schools.

Washington Office of the State Superintendent of Public Instruction, Olympia.

69 89p.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

GRADES OR AGES: Grades 4-12. SUBJECT MATTER: Smoking.  
ORGANIZATION AND PHYSICAL APPEARANCE: The guide is divided into three sections, one each for intermediate grades, junior high school, and senior high school. Each section is further divided into units organized around "conceptual statements." Units are laid out in four columns across two pages. Column headings are "objectives," "outline of content," "sample learning experiences," and "resources." The guide is mimeographed and spiral-bound with a paper cover. OBJECTIVES AND ACTIVITIES: Objectives listed for each unit are both behavioral and attitudinal. Correlated with each list of objectives is a wide variety of specific suggestions for activities. In addition, an appendix contains descriptions of five laboratory experiments which illustrate the properties and effects of cigarette ingredients. INSTRUCTIONAL MATERIALS: Each unit contains a list of both print and audiovisual materials to be used in conjunction with activities in the unit. The appendix includes a 14-page list of books, periodicals, pamphlets, posters, films, filmstrips, slides.

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ED048162 SP007049

Resource for Learning in Health Education. Grades 1-12.

Sunnyside School District, Tucson, Ariz.

782p.

EDRS Price MF-\$0.76 HC-\$14.59 PLUS POSTAGE

GRADES OR AGES: 1-12. SUBJECT MATTER: Health Education, tobacco, alcohol, and narcotics. ORGANIZATION AND PHYSICAL APPEARANCE: The introductory material discusses pre-planning and the general characteristics of physical development in early school, upper elementary school, and preadolescence. The material for grades 1-3 covers the body, human growth, community health, and safety and first aid. The three major sections of the guide cover tobacco, alcohol, and drugs, each subdivided for grades 4-6, 7-9, and 10-12, with columns dealing with references, concepts, learning experiences, and information. The guide is mimeographed and spiral-bound with a soft cover. OBJECTIVES AND ACTIVITIES: The major objectives are listed at the beginning of each subsection. Suggested activities are included in the learning experience column throughout the guide. INSTRUCTIONAL MATERIALS: Films and other materials are suggested in the text. STUDENT ASSESSMENT: No provision is made. (MUM)

Descriptors: \*Alcohol Education/ \*Curriculum Guides/ \*Drug Abuse/ Elementary Education/ Grade 1/ Grade 2/ Grade 3/ Grade 4/ Grade 5/ Grade 6/ Grade 7/ Grade 8/ Grade 9/ Grade 10/ Grade 11/ Grade 12/ \*Health Education/ Secondary Education/ Smoking/ \*Tobacco

ED048013 SE010980

Teaching Units on Smoking, Grades 4, 5, 6.

Murphy, Helen M.

Horseheads Central School District 1, N.Y.

70 16p.

EDRS Price MF-\$0.76 HC Not Available from EDRS. PLUS POSTAGE

Smoking, tobacco, and health are presented in this resource unit for grades four, five, and six. One of three units on smoking, drugs, and alcohol; this guide for teachers outlines information about the physiological and socio-economic effects of smoking, effects of smoking on physical performance, man's use of tobacco and tobacco production, tobacco and health stressing the parallel relationship of increased tobacco consumption with substantial increase in cardio-respiratory diseases and the casual relationship between lung cancer and smoking, and points to consider in decisions regarding smoking. Supplemental information and a bibliography of pamphlets, filmstrips, films, and resource agencies are also included. Not available in hardcopy due to marginal legibility of original document. (BL)

Descriptors: \*Health Education/ Instruction/ \*Intermediate Grades/ Resource Materials/ \*Resource Units/ \*Smoking/ Teaching Guides/ Tobacco/ Units of Study (Subject Fields)

ED048012 SE010979

Teaching Unit on Alcohol, Grades 4, 5, 6.

Murphy, Helen M.

Horseheads Central School District 1, N.Y.

70 14p.

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

Alcohol--its use and abuse--is presented in this resource unit for grades four, five, and six. One of three units on alcohol, smoking, and drugs, this guide for teachers outlines information about the history of alcohol; types of alcohol and alcoholic beverages; physiological, psychological, and socio-economic effects of alcohol on people; and activities which will allow students to make intelligent decisions concerning the use of alcohol in everyday situations. A list of teaching aids and resources is also included. (UL)

Descriptors: \*Alcohol Education/ Alcoholism/ \*Health Education/ Instruction/ \*Intermediate Grades/ Resource Materials/ \*Resource Units/ Teaching Guides/ Units of Study (Subject Fields)

ED047240 AC010032

Design for Heart Disease Prevention Programs.

New York State Education Dept., Albany. Bureau of Continuing Education Curriculum Services.

70 77p.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

In this teaching and curriculum guide for community health education, a design is suggested for a course that could help prevent premature deaths due to heart disease. The course communicates facts regarding the causes of cardiovascular diseases, and outlines opportunities for attaining the degree of physical conditioning essential to prevention. A model 30 week heart disease prevention course is charted. General aspects of the problem are discussed, followed by a section (optional) on how to test for risk factors. Other sections present concepts, facts, suggested approaches, and anticipated questions on such topics as the physiology of the heart and the effects of nutrition, smoking, and stress. Chapter references, mortality statistics, and a directory of New York State agencies interested in heart disease prevention, also appear. (LY)

Descriptors: \*Adult Education/ Agencies/ Bibliographies/ \*Cardiovascular System/ \*Curriculum Guides/ Directories/ Diseases/ \*Health Education/ Nutrition/ Physical Fitness/ \*Preventive Medicine/ Smoking/ Statistical Data/ Stress Variables/ Tests/ Training Techniques

Identifiers: New York State



ED043064 CG005854

Strand II: Sociological Health Problems. Prototype Curriculum Materials for the Elementary and Secondary Grades. New York State Education Dept., Albany. Bureau of Secondary Curriculum Development.

70 278p.

EDRS Price MF-\$0.76 HC-\$14.59 PLUS POSTAGE

These publications contain three of the topics for Strand II, Sociological Health Problems, which have been prepared as part of the kindergarten through twelve health syllabus revision project. The material included is intended for use in grades four through twelve. The topics covered are alcohol education, drugs and narcotics, and smoking. The booklets are set up in the following format: (1) reference on topic; (2) major understandings and fundamental concepts; (3) suggested teaching aids and learning activities; and (4) supplementary information for teachers. A bibliography including books, periodicals, films, and filmstrips, and pamphlets are given for each topic at each grade level. (KJ/Author)

Descriptors: \*Alcohol Education/ Curriculum/ \*Curriculum Guides/ \*Drug Abuse/ Elementary School Curriculum/ Health Activities/ \*Health Education/ Health Guides/ Health Programs/ Junior High Schools/ Secondary Education/ \*Smoking

ED041323 CG005657

Smoking. A Social Dilemma.

Iowa State Dept. of Public Instruction, Des Moines.  
69 144p.

Available from: Publication Section, Department of Public Instruction, Grimes State Office Building, Des Moines, Iowa 50319 (\$1.50 per copy)

EDRS Price MF-\$0.76 HC-\$6.97 PLUS POSTAGE

This publication is designed to illustrate how information about the effects of smoking can be incorporated into virtually all grade levels and curriculum areas. The book is organized into four parts. The first is a brief listing of basic facts related to cigarette smoking and its effect on health. Part two covers units for grades kindergarten through eight. The third part of the booklet covers grades nine through twelve by subject area, such as art, mathematics, science. The final part of the booklet is the appendix. It contains coloring sheets, picture puzzles, games, songs, graphs, and an elementary lesson on chemical make-up of tobacco and tobacco smoke, as well as other teaching materials and techniques. (KJ)

Descriptors: Curriculum Design/ \*Curriculum Guides/ Educational Programs/ \*Elementary School Students/ Health/ \*Health Education/ \*High School Students/ \*Smoking/ Tobacco

ED023520 RC002720

Alcohol and American Indian Students.  
Boyce, George A.

Bureau of Indian Affairs (Dept. of Interior), Washington, D.C.

Sep 65 45p.

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

The growing problem of teenage drinking and alcoholism in the United States, especially among Indian segments of society, increases the necessity for adequate education concerning alcoholism. This document is prepared for the Bureau of Indian Affairs (BIA) schools to acquaint Indian students with social concepts of alcohol outside their cultural experience. It also attempts to acquaint students and teachers with the consequences of excessive alcoholic consumption. Although designed primarily as a curriculum guide for teachers and administrators, the document can be used as a text for students. It contains suggested activities for carrying out discussions concerning the responsibility of education and individual students in dealing with the problems of alcoholism. (DK)

Descriptors: \*Alcohol Education/ Alcoholism/ \*American Indians/ \*Cultural Factors/ \*Curriculum Guides/ Curriculum Planning/ Learning Activities/ Policy Formation/ \*Student Welfare

ED022663 SE001574

Teaching About Alcohol in Connecticut Schools - A Guide for Teachers and Administrators.

Sanders, William J.; Bloomberg, Wilfred

Connecticut State Dept. of Education, Hartford. Bureau of Elementary and Secondary Education; Connecticut State Dept. of Mental Health, Hartford. Alcoholism Div.  
66 22p.

Report No.: Bull-No-99

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

Guidelines for secondary teachers involved in teaching about the use of alcohol are presented. Sections include (1) aims and objectives, (2) content, (3) facts about alcoholism, (4) suggested student activities and teaching procedures, and (5) methods of student evaluation. Selected teacher, student, and supplementary references are listed. Annotated lists of motion picture films and periodical literature related to alcohol education are also included. (AG)

Descriptors: \*Alcohol Education/ \*Alcoholism/ Bibliographies / \*Health Education/ \*Secondary School Science / \*Teaching Guides

Identifiers: Connecticut

ED020530 CG002110

NEEDS OF STUDENTS WITH AN ALCOHOL PROBLEM IN THEIR FAMILY.

WEIR, WILLIAM R.

American Personnel and Guidance Association, Washington,  
D.C.

APR 68 8P.

EDRS PRICE MF-\$0.76 HC-\$1.58 PLUS POSTAGE

A VOLUNTARY COUNSELING PROGRAM FOR STUDENTS IN FAMILIES WITH AN ALCOHOL PROBLEM WAS INSTITUTED AS PART OF THE OVER-ALL ALCOHOL EDUCATION PROGRAM IN THE SCHOOL. TO DETERMINE THE NEEDS OF THE PROGRAM, A STUDY WAS DONE COMPARING 317 STUDENTS WITH 65 STUDENTS DISPLAYING AN ALCOHOLIC PROBLEM IN THEIR FAMILY. THE STUDY CONCLUDED THAT BIOGRAPHICAL DATA SHOULD BE CONSIDERED IN DEVELOPING A PROGRAM OF ALCOHOL EDUCATION. ALTHOUGH RESPONSES TO PERSONALITY INVENTORIES, SEMANTIC DIFFERENTIAL SCALES, AND ATTITUDINAL SCALES DISPLAYED SIGNIFICANT DIFFERENCES IN RELATION TO STUDENT INVOLVEMENT IN A FAMILY ALCOHOL PROBLEM, THE RETENTION OF ALCOHOL INFORMATION WAS NOT RELATED SIGNIFICANTLY TO INVOLVEMENT WITH THE PROBLEM. COUNSELING SESSIONS ALLOWED STUDENT TO FREELY EXPRESS THEIR NEEDS AND FEELINGS BY USE OF EITHER A DEVELOPMENTAL APPROACH OR PROBLEM CENTERED APPROACH. THE COUNSELORS PRESENTED GENUINENESS, UNPOSSESSIVE WARMTH, AND EMPATHY. BOTH THE OBJECTIVE DATA AND A SUBJECTIVE EVALUATION INDICATED THAT THE COUNSELING PROGRAM WAS A VERY IMPORTANT PHASE OF THE OVER-ALL ALCOHOL EDUCATION PROGRAM. THIS PAPER WAS PRESENTED AT THE AMERICAN PERSONNEL AND GUIDANCE ASSOCIATION CONFERENCE (DETROIT, APRIL 1968). (CG)

Descriptors: \*Alcohol Education/ \*Alcoholism/ \*Counseling Programs/ Family Relationship/ Student Problems



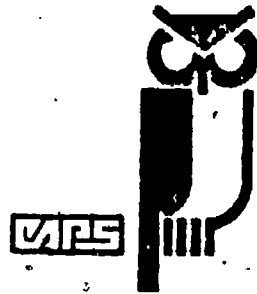
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