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ABSTRACT

This continuing ERIC/CAPS series, entitled Searchlight Plus, consists of two components: first, an in-depth review of cited materials, including prime issues and trends, and implications for helping professionals; and, second, citations from an ERIC computer search on the topic. Series topics are selected in response to user requests. Presented in the review section are types of adult counseling approaches, model programs and projects, educational resources and implications for counselor education. (Author/BHW)

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COUNSELING ADULTS

Mary Ann Zawada and Garry R. Walz

AN INFORMATION ANALYSIS PAPER
Based on a computer search of the ERIC data base
November 1966 through December 1978

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INTRODUCTORY NOTE

For several years ERIC/CAPS has produced Searchlights--computer searches of the ERIC data base on topics identified as being of major interest and importance by our on-site users and by helping professionals working in the field. The Searchlights have proved to be highly useful as a synthesis of existing documents on a given topic, and we have been pleased to provide them at low cost for persons desiring packaged, instant information in a particular area. This year we have gone one step further.

Choosing the fifteen topics which were in most demand by our ERIC users, we decided to explore in depth the sources revealed in the computer search and identify prime issues and possible trends from the documents, as well as point out the implications of the information for the work of professionals in our field of counseling and personnel services. In so doing we hoped to provide an even more valuable service to those who recognize ERIC as a rich storehouse of information, but who lack the time to examine in detail and analyze the total collection of data.

The fifteen areas chosen for this special treatment are the following:

- Career Development: Programs and Practices
- Career Resource Centers
- Counseling Adults
- Counseling the Aging
- Counseling the Exceptional: Handicapped and Gifted
- Divorce and One-Parent Family Counseling
- Evaluation of Counselor Effectiveness
- Group Guidance
- Mid-Career Change

Preretirement Counseling
Program Evaluation and Accountability
Tests and Testing Programs
The Counselor as Change Agent
The Counselor as Consultant
Violence in the Schools

The computer search is included in each Searchlight Plus as before, but in addition, readers will find an opening narrative which highlights certain documents, identifies issues and trends, and suggests possible implications for the future of guidance and guidance professionals.

We should point out that two of these Searchlight Plus are slightly different from the others. The ones entitled "Mid-Career Change" and "Preretirement Counseling" contain sources from a number of data bases (including ERIC). These particular analyses of the literature were prepared for an international guidance conference and were designed to review sources from as many data bases as possible. Interestingly, however, the most useful informational source in preparing the papers was ERIC, and much overlap was found to exist in the documents brought to light from the many data bases searched.

This explains the difference between our current series Searchlight Plus and the previous series Searchlight. If you find the narrative helpful--more helpful than just the basic search--we would appreciate your telling us so. A major purpose of ERIC is to provide information of genuine value to you, the user.

Garry R. Walz
Director, ERIC/CAPS

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TABLE OF CONTENTS

| | <u>Page</u> |
|---|-------------|
| Introductory Note | i |
| Coping with Challenge in a Changing Society | 1 |
| Counseling Issues | 2 |
| Educational and Vocational | 2 |
| Types of Counseling Approaches and Techniques | 7 |
| Subgroups Among Adults | 8 |
| Model Programs and Projects | 10 |
| Program Evaluation | 13 |
| Educational Resources and Services | 14 |
| Implications for Counselor Education | 15 |
| Research | 16 |
| Conclusions | 17 |
| Summary | 19 |

COUNSELING ADULTS

Mary Ann Zawada and Garry R. Walz

Coping with Challenge in a Changing Society

A crucial part of meeting the special challenges of the world in which we live is coming safely through the normal crises that disturb our lives and affect us emotionally, physically, and spiritually. At some point we must all deal with disappointment, discouragement, sickness, and death. For many adults, a personal crisis or sense of frustration calls for consultation with a counselor, spiritual adviser, psychologist, or psychoanalyst, depending upon one's personal tastes, needs, and pocketbook.

*Need and
desire for
change*

Today's economic, sociological, and psychological influences encourage many adults to initiate startling changes at mid-life. In this review of the literature, Entine (EJ 147 850) begins the investigation of those influences that inspire and encourage adults to seek mid-life educational, career, and life-style changes. One author highlights that desire for change (EJ 037 796) by addressing the career-changing process, directing attention to sizeable numbers of 30-, 40-, and even 50-year old people who are involved in career changes, either voluntarily or out of necessity.

The career changing process has motivated many adults to return to school. With continuing education becoming a way of life in our society, adult educational problems (ED 033 419) have become increasingly important, not only to students but to counselors as well. Regardless of what motivates nontraditional adult students to return to school, their motivations need to be

more readily understood by counselors who can assist with problems such as lack of self-confidence, unrealistic expectations for progress, and attitudes that conflict with those of other students (ED 149 305). As an aid to counselors, authors throughout the literature identify new problems and satisfactions of human life in this society that will become counseling issues deserving of more than a quick review by all human service personnel.

Counseling Issues

Educational and Vocational

In perusing the literature, one soon learns that authors can readily identify the numerous aspects of adult learning that require counseling (EJ 138 960, 160 676, 165 608)--the effectiveness of remedial instruction for adults (EJ 171 258), the need for administrative, educational, and career information (EJ 087 464), and so forth. Although colleges and universities have become more responsive to the older students' needs and are gradually changing their traditional patterns, Thoroman (ED 028 495) applauds the efforts of the junior colleges in taking a large portion of the responsibility for providing the necessary wide range of educational information. As the whole area of vocational counseling demonstrates increased demand due to changing social and economic factors, Thoroman (ED 028 487) pronounces the conventional methods of testing and job placement as inadequate to the task of helping adults reshape their occupational outlook. Grabowski (ED 114 583) strongly identifies counseling in adult education as the most "impoverished, depressed, but developing area." In support of this statement, the author calls attention to the conclusions of a limited number of research studies on counseling adults that more progression

*Traditional
educational
practices
irrelevant
to adult needs*

is found among counseled groups than noncounseled groups and that existing guidance services for adults are inadequate to meet client needs. He also concludes that counseling in the area of adult education lacks a serious commitment from the educational community. But, even if adults do experience counseling, Hooper (EJ 175 398) is quick to point out that those who obtained continuing educational counseling did not attribute personally satisfying attitudinal or behavioral changes, such as returning to school, directly to counseling. Even though the role of the counselor is significant in adult education and adult vocational development, the literature covers other pertinent factors (EJ 161 788). For example, McMillan (EJ 161 788) takes a closer look at the work ethic and work motivation, major factors related to career change.

Career change. Although serious challenges arise from mid-career changes, Heddesheimer (EJ 147 849) views them as a natural step in a career pattern that an increasing number of adults are experiencing. In fact, a survey (ED 143 993) of the career guidance and counseling needs of 401 representative adults (predominantly female) in the United States determined that 36% of the American population between the ages of 16 and 65 are in a "transition" regarding their careers. Furthermore, adults in transition want career services of all types, but are most interested in specific information on jobs, careers, or educational opportunities. Sinick (ED 109 588), in a more in-depth study, questions why older persons change employment and identifies the obstacles they are likely to face when seeking employment. He also discusses the myths surrounding the employability of older adults, then expands his focus to include the area of preretirement and retirement counseling. Walz (ED 160 905) overviews theories of mid-life crisis and discusses the dynamics of transition and implications for counselors.

*Multiple
careers
becoming a
pattern*

Preretirement. The question of whether planning for retirement prevents post-retirement shock is an issue that Ullman pursues (EJ 147 851). Some organizations involved in preretirement planning programs warn about the resultant increased stress in middle-aged employees (EJ 090 748). Despite reports of negative results, retirement counseling continues to offer assistance to persons who lack either the knowledge or skills to define or solve problems that arise in this latter stage of life (EJ 147 851, 178 806). Another positive note is that preretirement education, initiated by community colleges in cooperation with local companies, has been very successful. Included in such education is development of leisure-time activities, and assessment of interests, aptitudes, and skills for persons who wish to pursue a second career. Benjamin (ED 159 541) describes needs of preretirees and programs for meeting those needs.

*Preretirement
counseling on
the upswing*

Job placement and related issues. The literature identifies the job placement process as an area of great concern to all age groups that is open to a variety of approaches. For example, Arbeiter (EJ 177 212) proposed the concept of evolutionary life cycles as an integral part of the placement process. His concept includes the college educational process as the beginning of a lifetime of learning and earning, rather than as a point of departure into an unknown work world.

*Job placement
a lifelong
need*

Employment counselors are willing and waiting to help adults relate their experiences and abilities to the job market (EJ 122 378). Tomita supports this statement by presenting case studies of help given to retirees wanting to return to work, homemakers reentering the business world, and men and women seeking a change of occupation. As an additional aid, Tomita (EJ 112 129) cites testing as a useful tool in the assessment process. But, in their desire for job placement,

adults must face the possible issue of age bias. The question of whether counselors are age biased and to what degree is a complex one. Troll (ED 042 939), in her study, indicates that women counselors were found to be generally less age biased. But, other counselor characteristics that were measured--age, counseling experience, or training--did not indicate any significant correlation with age bias. In another article, Troll (EJ 146 012) calls attention to the probability that counselors and psychotherapists share the age stereotypes of other Americans. Kinds of age bias noted are: age restrictiveness, age distortion, and negative attitudes associated with specific ages. Despite this evidence of bias, counselors do have a responsibility to their adult clients to minimize the bias associated with job placement. The need for strength to cope with personal crises that tend to interfere with job performance is related to success in career change and job placement.

*Age bias
an issue*

Personal. People around us everyday--in school, work, or their home--are experiencing some distress. Most of these adults are intelligent, capable, and successful in many ways, but they all suffer distress that limits their achievements and cripples in some way their ability to cope with the normal crises in life. Throughout the literature, authors allude to special needs of adults and to their crisis points (EJ 018 359, 146 006). Kimmel (EJ 147 847) concentrates on the crisis points in the adult life span that present counseling opportunities and challenges as examples of how counseling needs in adult years are not being met. Unmet needs in counseling, most authors agree, are those involving more emphasis on and preparation for death and dying.

*Personal
needs unmet*

Death and dying. Although society has sought to shield us from the stark reality of death, the subject is currently gaining in popularity. Death is prevalent in all of nature and human life, but despite its commonness, the grief situation is often handled unrealistically, causing devastating emotional upheaval. The literature focuses on death as something that can be systematically explored, resulting in a decrease in the inherent dread that is associated with death (EJ 147 853, 147 854, 147 855). Bascue (ED 094 274) uses a more investigative approach, exploring available clinical research and popular information about the subject and encouraging counselors to analyze their own experiences, emotions, and theories about death. On the other hand, Asline (ED 094 278) emphasizes the necessity for realistic preparation such as wills and burial arrangements. Regardless of individual differences among authors, they all encourage a more realistic and calm approach to the subject of death and dying.

Need for realistic preparation for death

Spiritual awareness and religion. The subject of religion is not without its stresses. One might ask, "How can religion present problems to men and women?" Most religions provide followers with a set of ideals for personal and social living. Often these ideals come into conflict with societal changes that influence every facet of life causing mental and emotional conflicts to arise. Moberg (ED 057 348) addresses some major issues relevant to the spiritual well-being of adults. Examples of these issues are the need for religious organizations and society to develop and promote services and programs for older adults, and the need to examine goals proposed by previous groups and conferences. Moberg's main purpose in his paper is to encourage the development of recommendations that will lead to the adoption of national policies promoting services

Relevance of spiritual fulfillment to life fulfillment

and programs which will contribute to the spiritual needs of older adults.

Types of Counseling Approaches and Techniques

Various counseling methods and techniques have been suggested to help adults successfully meet life's difficulties. The different types of counseling represented in the literature emphasize the issues which are most significant today. For example, Phillips (EJ 071 004) offers suggestions to the marriage counselor and believes testing material is useful for marriage counseling. A pilot study by Cookerly (EJ 089 281) reveals the outcome of six major forms of marriage counseling and compares them in terms of their effectiveness. Another author, Doyle (EJ 099 106), describes a course in marriage communication which features a melodramatic script that focuses on a single type of marital conflict. Trainer (EJ 071 006) describes the emergence of a new style of family physician whose education incorporates more behavioral science. He encourages closer cooperation between physicians, clinical psychologists, and marriage counselors. Inherent in the review of the material on marital counseling is the need for values clarification with psychological and philosophical implications (EJ 071 010). Fisher suggests a new term to replace "marriage counselor" (EJ 071 005), advocating the use of the less restricted phrase "marriage and divorce counselor."

*Marriage
counseling a
significant
need*

In addition, the literature reveals the use of newer, different approaches to counseling adults such as:

1. Developmental counseling (EJ 146 011) where counseling intervention is conceptualized as mobilizing resources to facilitate growth;

2. Management development counseling (EJ 095 794) for counseling individuals who need aid in implementing personal management development programs;

3. Systems approach (ED 142 914), used mainly in career selection for adults, but also applicable to high school and college level individuals.

Finally, authors place less emphasis on the still widely recognized and valued peer counseling approach (EJ 075 831).

Subgroups .g Adults

The literature indicates a concern by authors for dealing with specific problems of subgroups among adults. Five specific subgroups, women, cultural minorities, veterans, disadvantaged adults, and prison inmates, are discussed in the following paragraphs.

Women. One cannot study specific career programs or needs for women without considering legislation relating to career development. Waters (EJ 177 077) discusses the current status of legislation and the counseling needs of women at various ages. A special need exists for women returning to colleges and jobs (EJ 003 488, 045 515, 085 715, 085 760, 169 327; ED 023 059, 150 479), with added emphasis on group counseling programs (ED 089 805) to assist women in adjusting to their new roles as students. Other issues concerning women involve ways that counselors can be more effective in their efforts to understand and work with women (EJ 085 626, 147 856; ED 014 106). In addition, authors support courses designed specifically to teach women skills, attitudes, and behaviors for coping successfully in the new world of women (EJ 130 572; ED 150 480).

Mushrooming literature on programs for women

Cultural minorities. Vontress (EJ 147 857) asks that counselors be more sensitive to the culturally different client. He also believes that sensitivity should be displayed to the middle-aged or aging minority group member who constitutes a minority within a minority. Adding to that concern is Furgess who (EJ 147 846) points out that elderly blacks have many needs and problems, and counselors must be trained to deal with them.

*Needs of
minority
adults*

Continuing the plea for help for cultural minorities, two authors discuss the need to understand the adult Indian (EJ 095 068). Rollins (ED 113 612) talks about the adult basic education program which attempts to develop a productive interpersonal relationship with its Indian students and concentrates on individual differences.

Veterans. Since many veterans are enrolled in educational institutions, Betts (ED 083 984) proposes a handbook to provide information that will aid in establishing bonds between veterans and those professional persons providing services to them. One author (EJ 082 521) devotes his article to the practical problems confronting veterans who are reentering society. He also includes topics such as college admissions, readjustment to school or college, vocational rehabilitation, experiences of a woman veteran, and the counseling of veterans.

*Special
problems
of veterans*

Disadvantaged adults. Giroux (EJ 075 829) provides an overview of research on the subject of disadvantaged adults, noting that many disadvantaged adults are excluded from participation in educational programs. Two authors expressed interest in programs for counselors to become more aware of their responsibilities toward and understanding of the under-educated adult (ED 058 511, 023 015).

Prison inmates. Finally, the literature supports educational programs specifically designed for prison inmates (EJ 089 875).

Model Programs and Projects

An examination of the scope and dimensions of programs designed for specific needs of adults emphasizes two main areas--career education and counseling, and continuing education (including basic and advanced courses). The following is a breakdown of programs in the order of emphasis in the literature.

Career education and counseling. One report (EJ 094 221) describes a program involving phone-in counseling. Through a local telephone exchange manned by trained counselors, adults can seek free career information and guidance. Similarly, Arbeiter (ED 143 992) reports that the Career Education Project (CEP) also offers telephone counseling to home-based adults:

*Counseling by
telephone*

Grothe, also using the telephone as the medium of communication (ED 124 728), reports on a telephone counseling service manned by paraprofessionals. In addition, the article provides information on planning and designing the service, with procedures for counseling clients, recruiting and selecting professional and paraprofessional personnel, training and supervising personnel, and an informational section regarding collecting and recording client data.

Waters (EJ 160 274) presents a more theoretical basis and rationale for various career activities. For example, she discusses a six-session career development program for adults which includes suggestions for adapting standard career materials to meet

the needs of the adult population. For an integrated learning experience in career change for adults, Boren and others (EJ 140 876) describe the Second Careers Program which combines academic work, experiential learning, and group and individual counseling, to assist older persons who are contemplating a career change with mid-life transitions.

Still in the career education area, but with a training thrust, the final report of the Northwest Regional Education Laboratory in Portland, Oregon (ED 143 828) gives an account of their special demonstration project to develop, pilot test, evaluate, and disseminate a competency-based, open-entry/open-exit training program model for adult education guidance and counseling personnel known as Skills for Adult Guidance Educators (SAGE). The conceptual model is predicated on an interrelationship among four concepts involving life stage, life-style, life space, and total life planning. The value of this system is in its adaptability to many diverse adult and counselor education settings.

*Competency-based
training model
for adult
counselors*

Also in the area of training, Burton (ED 115 742) discusses a special project operated by the City Board of Education in Huntsville, Alabama, to perfect a career decision-model that can be used by Adult Basic Education (ABE) teachers to help disadvantaged adults upgrade themselves educationally and make realistic career decisions based on their personal value systems. Another element in this project is an emphasis on family background, resulting in a more complete picture of the client.

Basic and continuing education. The literature contains descriptions of continuing education programs (EJ 173 082; ED 101 165) for adults, including those involving basic education with

remedial instruction and higher education with advanced degrees.

Harrison (ED 134 267) relays information on the Downtown Study Centre, a demonstration project offering service in adult basic education and advisement. The unique feature of this program is its "start anytime," open-entry, open-exit courses in English and mathematics at all levels--from basic literacy through grade 12 equivalency.

*Basic
education*

Counseling is another basic education issue. The literature reflects the support for programs dealing with adult basic counseling (ED 030 060) including aptitude testing. An added feature is a general outline for a model guidance and counseling program (ED 074 309).

At the other end of the continuum is higher education for adults that places special emphasis on the difficulties personnel services encounter attempting to integrate the non-traditional or older-than-average student into daytime college activities. Plotsky (ED 138 916) also reveals concern for assisting these students in making the adjustment to the student role. Another program (ED 084 403), described in a report to the Ohio Board of Regents of Ohio University, expresses interest in those adults whose unique needs are not met by existing programs of higher education. As a result, more emphasis has been placed on individualized counseling to recognize each student's unique circumstances and aspirations.

*Higher
education*

Swatt (ED 122 077) reports on adult business education in the public evening school which provides education for adults who have already entered the labor market and need education to update or upgrade their current employment skills. The monograph also describes methods of planning adult programs and the teaching of methodology appropriate to adult learners. The

literature would not be complete without a look at alternatives to traditional classroom learning (EJ 120 621). Examples include universities' acceptance of standardized examination results as evidence of learning, and external degree programs which involve a reorganization of the higher education system.

Other programs and projects. The literature covers other existing programs and strategies that are worth mentioning for their innovative approaches and proven effectiveness. Harrison (EJ 146 013) examines the scope and dimensions of adult counseling programs in the United States, highlighting programs for women, ethnic minorities, and people contemplating mid-career changes. In the area of employment, at least three programs (ED 011 984, 056 282) involve work experience projects, or job preparation for low-income adults. On the subject of preretirement, one author discusses selection and training of facilitators (EJ 178 806) for preretirement planning seminars, and another (ED 054 403) covers consultation and technical assistance in preretirement education and planning for business, industry, labor, government, and other groups. Finally, two authors praise the use of computers to assist in counseling by providing a comprehensive data bank of information (EJ 146 014) on occupational and educational (ED 122 075) matters.

*Wide
variety
of adult
programs*

Program Evaluation

One demonstration project (ED 052 317) was designed to develop and evaluate a preretirement planning program. The evaluation was conducted through participant evaluation, observation of behavior changes (e.g., having a will drawn or consulting a trust office), and determination of

changes in attitudes and adjustments. The findings showed a positive change in adjustment to retirement among the 50-65 age group, as well as increased involvement in activities to prepare for retirement among those attending the program.

Educational Resources and Services

The literature includes many services and resources for clients and counselors (EJ 054 178, 137 546) who require training and information. Several services relating to career matters are described in the following paragraphs.

A collection of materials (ED 124 731), developed by the Home and Community-Based Career Education Project, includes the processes involved in reviewing and compiling information about educational, training, and supportive resources for career-related materials for adults. The principal focus is on materials created by the project's information unit to meet the particular needs of their clients and counselors. Included are three major directories (occupational projects, education and training resources, and supportive services) and four separate packages (career development series, women and the world of work, and others). A manual describes in detail how to develop the directories and how to gather and organize the data for their different sections. The publication by Banks et al. (ED 123 496), presents both a shelf collection list and a series of annotated bibliographies on selected topics in the collection of the resource center for the Education Development Center's Home- and Community-Based Career Education Project. It is intended as a guide for acquiring some of the holdings and as a basis for selecting particular

*Career-related
program
materials*

types of career-related materials for home-based adults (individuals ages 16 and over who are not working or attending school full-time).

Another bibliographic collection contains contributions of researchers, administrators, and practitioners in the field of adult counseling (ED 143 885). Another valuable resource is a review of the literature on counseling and information services for adult learners (ED 143 332). Also, Ironside (ED 130 675) discusses a collection of some 286 items relating to counseling and information services as well as trends and issues in counseling.

In the area of career resource centers, Tobin (ED 124 730) indicates that a series of manuals is available through the Home- and Community-Based Career Education Project to cover occupational information and other materials suitable for adult counseling. Finally, resources involving training include competencies needed by counselors of adults (ED 094 124), and guidelines for counselors in community adult school systems (ED 058 558).

*Bibliographies
of adult
counseling*

Implications for Counselor Education

Most counselor education programs include the basics for counseling adult and student career-changers. Traditional courses are given in educational and occupational information and in administering a series of psychological and educational tests to determine the clients' general and specific abilities, as well as special aptitudes and achievements, particularly in areas where they have had special training and past experience.

But can traditional curricula meet the needs of the nontraditional students who are returning to our educational institutions in increasing numbers? According to the literature, curricula must be updated to include the following emphases:

Need for updating curricula

1. An image of counselors taking on the new challenge of acting as change agents and practitioners reaching out to middle-aged and older persons (EJ 147 861);
2. An understanding of the decision-making process and the salient issues of adulthood (EJ 146 010);
3. A competency-based individualized instructional training system (EJ 122 402).

Finally, Peterson (EJ 069 356) discusses the use of traveling faculty who function as counselors to those adults interested in resuming or changing careers.

Research

The literature covers two main areas of research. First, the role and scope of adult counseling programs (ED 089 821), including one study that investigated the 19 public community junior colleges in Kansas. The purpose was to provide data which could lead to a series of recommendations concerning specific programs and practices which would help to establish guidelines relative to adult counseling and guidance programs in community junior colleges. Second, the consideration of the relationships between successful adjustment to retirement, preretirement counseling, and the psychological, economic, and other background characteristics of individual employers. A preliminary study was conducted at eight medium- to large-sized companies, four

Two main areas of research

with special programs and four without. It was concluded that preretirement counseling programs aided adjustment and weakened older employees' resistance to retirement, as well as improving morale and job-related attitudes.

Conclusions

Adult counseling is in need of a new image. As perceived by many adults it is specifically devoted either to information giving or to assistance in obtaining employment. Some adults shy away from counseling because they perceive it to be an admission of weakness, an indication that they are unable to resolve their own problems. Whatever the myriad reasons for present perceptions of adult counseling, the image is one that does little to attract clients--and those who do seek counseling come with limited goals and expectations. Until there is a more widely disseminated positive view of adult counseling and a clearer understanding of its potential contributions to personal growth and problem-solving, adult counseling will likely remain stagnated at its present minimal level of use and effectiveness.

*Adult
counseling
in need of
new image.*

A popular notion in practice if not in theory is that adult counseling is an ad hoc specialty, one in which students can acquire expertise through proclamation rather than by didactic and field experiences. The minimum essentials of an effective adult counselor preparation program would seem to be specialized instruction and activities in such areas as the physiology and psychology of aging; age bias and stereotyping; adult developmental periods; important adult transitions, i.e., mid-life career change, stages in parenting, or preretirement; and practicum and field experiences in counseling with adults of widely differing socioeconomic levels and presenting problems. The literature contains

few references to the presence and operation of such comprehensive programs. To date most would-be adult counselors have had to settle for piecemeal preparation experiences obtained through adding a few catch-all courses to the existing counselor education program. Upgrading both the breadth and quality of courses offered in adult counseling preparation programs is a clear necessity.

*Upgrading
quality of
courses a
necessity*

"Crisis-oriented," "short-term," and "educationally-focused" are some of the terms that would most frequently be used to describe present adult counseling emphases. Such emphases have served a useful purpose, however, in providing an identity and a focus for a fast developing professional specialty. Current emphases, while continuing to acknowledge the importance of attending to the needs of adult sub-populations for assistance at key periods, stress the desirability of offering a developmental service that capacitates adults to cope more effectively with predictable major life transitions. A developmental orientation includes assisting young adults to acquire a lifelong perspective and to consider the need to accept and plan for their own mortality, as well as to acquire and exercise skill in such areas as decision-making, life planning, and values determination. Proponents of adult developmental counseling stress the importance of early initiation and continuous utilization of the service. Young adults are helped to see the probability of their having multiple careers in a lifetime and the need to be exploring and preparing for new career opportunities. Retirement is viewed as something to prepare for in the forties, when individuals begin planning and building their reservoirs of physical and psychological resources for the second half of their lives. Crises are thus avoided or reduced in severity because individuals have prepared themselves

*Adult
developmental
counseling*

for significant life events and are equipped with effective life coping methods.

Overall, adult counseling is clearly the right service at the right time. The increasing recognition by our graying population that the mature years can be something more than "maintenance and decline" will surely lead to unprecedented demands for counseling services. The wide range of needs and interests of adults makes the task of providing reliable counseling services formidable indeed. Superficial, generalized, patent adult counseling which is presented as a cure-all for adult ills will hardly suffice. New and imaginative approaches must be developed which are firmly grounded in the emerging conceptualizations and knowledge about adults and the aging process. They must take into account as well the special needs of adult sub-populations such as minorities, handicapped, and women. Most of all, adult counseling must prepare adults with the knowledge, skills, and attitudes to create a rewarding life for themselves now and in the future.

*Special
needs
must be
taken into
account*

Summary

We live in a time of great change. The evidence is there for us to see in almost every aspect of human life. But because adults have become established in their basic patterns of thought and action, the challenges of adjustment forced upon them by social changes and normal life disturbances are difficult indeed.

*Changing
social
institutions
affect adult
career
decisions*

Changes in our social institutions encourage adults to keep pace with the times as they make uncertain moves regarding their educations, careers, and personal lives. Counselors, teachers and other personnel who assist with counseling needs must strive to understand, without bias, the motivations

of adults who are returning to schools and colleges in large numbers (ED 149 305). The areas of adult education and counseling (ED 030 060, 074 309, 114 583) are developing rapidly, and the literature emphasizes the importance of understanding the problems of these new students.

Career moves later in life are often the result of educational changes. This creates a need for services of all types crucial to the success of the adult. Informational projects and services include directories, bibliographies, and reviews of the literature involving career-related and counseling materials (ED 123 496, 124 731, 130 675, 143 885, 143 993).

*Preretirement
planning
programs
a trend*

For those adults interested in early retirement, organizations are participating in the trend to develop preretirement planning programs (EJ 090 748) to lessen the impact of post-retirement shock.

Death and dying predominate the literature concerned with personal issues (ED 094 278, EJ 147 853, 147 854, 147 855) with emphasis on a realistic and calm approach to the experience. Another crucial area is the rights of women and cultural minorities (EJ 177 077) with special emphasis on understanding the needs and problems of elderly blacks (EJ 147 846) and the adult Indian (EJ 095 068, ED 113 612).

Counselor education programs must meet the task of preparing counselors to deal with the needs of the new adult students who require education and counseling. Traditionally, programs include courses in educational and occupational information, assessment, and practicums. However, the literature uncovers a trend toward an interdisciplinary approach to counseling (EJ 161 732), with a thorough understanding of the decision-making process and the salient issues of adulthood (EJ 146 010).

As new programs, models, and services are proposed for adults, evaluation techniques must be studied. At least one program evaluation was conducted through participant evaluation and observation of behavior changes (ED 052 317). Authors stress the value of designing and developing various evaluation techniques. Greater emphasis is being placed on research to provide recommendations and guidelines relative to adult counseling and guidance programs in community junior colleges.

*New expertise
must be
developed to
help adults
cope with life*

Finally, as the authors throughout the literature identify new problems and satisfactions of human life in this society, Neugarten (ED 012 055) charges the counselors of tomorrow with the responsibility of developing new expertise in helping adults cope with the obstacles and opportunities that they recognize as significant to the fulfillment of their life goals.

FORMAT OF
CURRENT INDEX TO JOURNALS IN EDUCATION (CIJE)

| | |
|--|---|
| Clearinghouse Accession Number | |
| EJ Accession Number | |
| Title of Article | EJ125694 CG509354 |
| Author | Revitalizing the Career Information Service Reardon, Robert C.; Minor, Carol W. Personnel and Guidance Journal; 54: 3; 169-171 Nov 75 |
| JOURNAL TITLE, Volume, Issue Number, Pages, Publication Date | Descriptors: *Vocational Counseling/ *Information Dissemination/ *Educational Planning/ *Job Placement/ *Career Planning/ Program Descriptions/ Guidance Services/ Higher Education/ Information Sources/ College Students |
| Descriptors (words which tell the contents of the article) | The authors describe the Curricular-Career Information Service (CCIS), which is an outreach, self-help, multimedia-based and preprofessional-staffed career guidance service. CCIS consists of five instructional modules which relate to the following student problems: uncertainty about major, relationship of major to jobs, finding a job and information on occupations. (Author/SE) |
| Annotation of article | |

* Journal articles are available only in the journals cited. The articles are not on microfiche.

EJ170806 CE507408

Notes on Pre-Retirement Seminar Facilitator Development

Kenny, John

Canadian Training Methods, 10, 5, 16-9 Feb 78

The author writes about the preretirement planning seminars that he has been conducting for the Canadian Ministry of Education for five years and about the selection and training of an appropriate resource facilitator for such seminars. (MF)

Descriptors: *Leadership Training/ *Counselor Training/ *Adult Counseling/ *Leadership Qualities/ *Retirement/ Seminars/ Planning/ Counseling Services/ Personnel Policy/ Foreign Countries

Identifiers: Canada

EJ177212 CG513888

Adults in Transition

Arbeiter, Solomon

Journal of College Placement, 38, 3, 54-8 Spr 78

Reprint Available (See p. vii): UMI

The concept of evolutionary life cycles should become an integral part of a job placement process. The college educational process should be the beginning of a lifetime of learning and earning and not be viewed as a point of departure into an unknown work world. (Author)

Descriptors: *Nontraditional Students/ *Career Change/ *Adult Counseling/ *Adult Students/ *Vocational Development/ *Job Placement/ Research Projects/ Developmental Stages/ Student Needs/ Post Secondary Education

EJ177077 CE507330

What Do Women Want: And How Can Legislation Help?

Waters, Elinor

Journal of Career Education, 4, 1, 31-7 Sum 77

Reprint Available (See p. vii): UMI

Career development and counseling needs of women at various ages and some of the programs developed to meet these needs are discussed, along with the current status of legislation relating to career development for women and suggestions for its implementation. (MF)

Descriptors: *Females/ *Sex Discrimination/ *Vocational Development/ *Adult Counseling/ *Educational Needs/ *Developmental Guidance/ Educational Legislation/ Federal Legislation/ Equal Opportunities (Jobs)

EJ176064 PS506437

Closed-Circuit Television: A Revolution in Adoption Practice

Paget, Norman W.

Child Welfare, 57, 2, 69-82 Feb 78

Reprint Available (See p. vii): UMI

Video tape recordings, made by clients, have assisted both staff and clients to understand the many complex issues involved in the adoption process and have altered the way in which services are provided. (BR)

Descriptors: *Closed-Circuit Television/ *Adoption/ *Adopted Children/ *Parent Education/ *Adult Counseling/ *Training/ Placement/ Foster Family

Identifiers: *Ohio/ Children's Home of Cincinnati

EJ175398 CG513797

Locus of Control and Outcomes Following the Counseling of Returning Adults

Hooper, Judith Oakey; Rice, Joy K.

Journal of College Student Personnel, 19, 1, 42-7 Jan 78

Reprint Available (See p. vii): UMI

A follow-up of adults who obtained continuing education counseling revealed the majority made personally satisfying attitudinal or behavioral changes such as returning to school, but did not attribute the change made directly to counseling. Changers scored significantly higher on the powerful others subscale than did nonchangers. (Author)

Descriptors: *Locus Of Control/ *Adult Education/ *Changing Attitudes/ *Behavior Change/ *Adult Counseling/ *Educational Counseling/ Higher Education

EJ173188 CG513546

Applicant Expectations of Homes for the Aged and the Need for Preadmission Counseling

Farquhar, Marcia

Essence: Issues in the Study of Ageing, Dying, and Death, 2, 1, 33-8 77

The need for preadmission counselling among 45 female applicants to homes for the aged was assessed by examining applicant morale, expectations about the institutions, amount of contact with the facilities, and status on the waiting list. (Author)

Descriptors: *Older Adults/ *Adult Counseling/ *Adjustment Counselors/ *Adjustment (To Environment)/ Gerontology/ Institutionalized Persons/ Research Projects

EJ173002 CE507178

The Time Has Come
Lake, Karen E.

Lifelong Learning: The Adult Years, 1, 5, 8-9, 33 Jan 78

Reprint Available (See p. vii): UMI

Some of the many continuing education programs funded by the Kellogg Foundation in the past year are described, such as credentialing for experiential learning, improving the accessibility and quality of adult education, counseling and referral, and continuing education opportunities for professionals. (MF)

Descriptors: +Continuous Learning/ +Adult Counseling/
+Continuing Education Centers/ +Adult Education/ +Access to
Education/ Post Secondary Education/ Higher Education/ Adult
Students/ Educational Alternatives/ Program Descriptions

Identifiers: +Kellogg Foundation

EJ171258 CG513433

The Effectiveness of Study Skills Instruction with Students
in an Adult Degree Program

Tryon, Georgiana Shick; Sy, Michael John

Journal of College Student Personnel, 18, 6, 478-81 Nov
77

Reprint Available (See p. vii): UMI

This investigation was designed to determine the effectiveness of a study skills program for students in an adult degree program. Results showed an increase in study habits and a decrease in concerns about school for students who participated in the program. (Author)

Descriptors: +Counseling Programs/ +Counseling Effectiveness
/ +Adult Counseling/ +Study Skills/ +Remedial Programs/ Higher
Education/ Program Evaluation/ Research Projects/ Adult
Education/ Study Habits

EJ169327 CG513281

Designing a Counseling Program for the Mature Woman Student
Karelius-Schumacher, Karen L.

Journal of the NAWDAC, 41, 1, 28-31 F 77

Reprint Available (See p. vii): UMI

Discusses the five studies the author found most helpful in designing Women's Workshops at Antelope College, (California), a series of personal awareness seminars for mature women returning to college. Also included is a description of the exercises used in these seminars. (Author)

Descriptors: +Literature Reviews/ +Counseling Programs/
+Females/ +Helping Relationship/ +Program Design/ +Adult
Programs/ +Adult Counseling/ College Students/ Married
Students/ Higher Education

Counseling Needs of Adult Students

Perrone, Philip A.; And Others

Vocational Guidance Quarterly, 26, 1, 27-35 Sep 77

Reprint Available (See p. vii): UMI

The reported counseling needs of adult students enrolled in area vocational-technical schools center primarily on academic and vocational concerns. (Author)

Descriptors: +Helping Relationship/ +Adult Counseling/
+Adult Students/ +Academic Achievement/ +Vocational Counseling
/ Counseling Services/ Post Secondary Education/ Trade And
Industrial Education/ Research Projects

EJ161788 CE506540

Second Careers and the Adult Educator

McMillan, Robert L.

Adult Leadership, 25, 7, 201-203 Mar 77

An examination of major factors related to career change. Discussion covers work ethic, work motivation, and the role of the adult counselor and adult education in adult vocational development. (SH)

Descriptors: +Career Change/ +Motivation/ +Vocational
Development/ +Work Attitudes/ +Counselor Role/ +Adult
Counseling/ Employment/ Adult Education/ Economic Factors/
Educational Responsibility

EJ161732 CE506484

Social Work, Education and Communication Skills

Day, Peter R.

Adult Education, 49, 6, 375-379 Mar 77

Suggesting the need for better counseling services as adult education is made available to more individuals, the author illustrates some of the difficulties and rewards of counseling by using examples from the field of social services. He notes that the basic examples are applicable to adult education or any kind of counseling service. (WL)

Descriptors: +Social Work/ +Adult Education/ +Communication
Skills/ +Adult Counseling/ +Helping Relationship/
+Interdisciplinary Approach/ Delinquency/ Behavioral
Counseling/ Post Secondary Education

EJ160676 HE508862

Aspects of Adult Learning
Redmond, Michael

Teaching at a Distance, 8, 70-6 Mar 77

Those aspects of adult learning that require counseling rather than tuition are discussed along with the counselling skills that are distinct from teaching skills. Attention is also directed toward the allocation of time and resources in the light of student needs and pressure of part-time staff. (Author/LDH)

Descriptors: +Counselor Characteristics/ +Student Needs/
+Nontraditional Students/ +Adult Students/ +Student Teacher
Relationship/ +Adult Counseling/ Higher Education/ +Females/
Adult Learning/ Student Experience/ Part Time Teachers

Identifiers: +Open University/ Great Britain

EJ160274 CG512477

Career Counseling for Adults: Why, When, Where, How
Waters, Elinor; Goodman, Jane

Vocational Guidance Quarterly, 25, 4, 337-342 Jun 77

This article describes a six-session career development program for adults. The theoretical basis and rationale for various activities are included, along with some suggestions of ways of adapting standard career materials to meet the needs of an adult clientele. (Author)

Descriptors: +Adult Counseling/ +Vocational Counseling/
+Career Planning/ +Vocational Development/ +Individual Needs/
+Adult Development/ Program Descriptions/ Life Style/ Behavior
Patterns

EJ150295 EC090410

Assertive Training: Its Use in Leisure Counseling

Ryan, Kathleen A. Budziszewski

New Outlook for the Blind, 70, 8, 351-4 Oct 76

Descriptors: +Visually Handicapped/ +Leisure Time/
+Communication Skills/ +Adult Counseling/ Special Counselors
Identifiers: Assertive Training

EJ147861 CG511362

Counseling for a Third of a Lifetime
Odell, Charles

Personnel and Guidance Journal, 55, 3, 145-147 Nov 76

Counselors should be in the forefront as change agents and as practitioners reaching out to middle-aged and older persons as a new challenge. (Author)

Descriptors: +Older Adults/ +Senior Citizens/ +Change Agents
/ +Adult Counseling/ +Counselor Role/ State Of The Art Reviews
/ Social Discrimination/ Gerontology

EJ147860 CG511361

Counseling the Elderly: Remediation Plus Prevention
Lombana, Judy H.

Personnel and Guidance Journal, 55, 3, 143-144 Nov 76

Counseling can be a moving force behind changing attitudes toward the elderly. The author defines remedial counseling as counseling older adults with specific problems, while preventative counseling focuses on preretirement counseling and informational programs. (Author/HMV)

Descriptors: +Helping Relationship/ +Older Adults/ +Senior
Citizens/ +Adult Counseling/ +Changing Attitudes/ State Of The
Art Reviews/ Gerontology/ Adult Development/ Social Attitudes

EJ147857 CG511358

Counseling Middle-Aged and Aging Cultural Minorities
Vontress, Clemmont E.

Personnel and Guidance Journal, 55, 3, 132-135 Nov 76

Not only must counselors be sensitive to the culturally different client, they must be aware that the middle-aged or aging minority group member constitutes another minority, a minority within a minority. (Author)

Descriptors: +Minority Groups/ +Older Adults/ +Middle Aged/
+Adult Development/ +Adult Counseling/ State Of The Art
Reviews/ Ethnic Groups/ Helping Relationship/ Counselor Role

EJ147856 CG511357

Counseling Older Women: A Perspective
Berry, Jane

Personnel and Guidance Journal, 55, 3, 130-131 Nov 76

This article briefly delineates the major problems of older women who feel "over the hill" and suggests ways that counselors can be increasingly effective in their efforts to understand and work with these women. (Author)

Descriptors: +Females/ +Older Adults/ +Middle Aged/ +Adult
Counseling/ +Helping Relationship/ +Adult Development/ State
Of The Art Reviews/ Behavior Patterns/ Identification
(Psychological)/ Counselor Role

EJ147855 CG511356

On Counseling the Bereaved
Insel, Shepard A.

Personnel and Guidance Journal, 55, 3, 127-129 Nov 76

Examines the problems and issues encountered when counselors endeavor to help those who have lost a loved one. (HMV)

Descriptors: +Death/ +Adult Counseling/ +Adjustment (To
Environment)/ +Adjustment Problems/ +Crisis Therapy/ State Of
The Art Reviews/ Family Counseling/ Behavior Patterns

EJ147854 CG511355

Counseling the Terminally Ill
Carey, Raymond G.

Personnel and Guidance Journal, 55, 3, 124-126 Nov 76

This article briefly describes the Living With Death Program (a counseling service that helps terminally ill patients adjust), highlights some of the research findings of the program, and suggests an approach to counseling the terminally ill. (Author/HMIV)

Descriptors: *Death/ *Adult Counseling/ *Adjustment (To Environment)/ *Counseling Programs/ *Crisis Therapy/ *Adjustment Problems/ Program Descriptions
Identifiers: *Living With Death Program

EJ147853 CG511354

Counseling the Dying and Their Survivors
Sinick, Daniel

Personnel and Guidance Journal, 55, 3, 122-123 Nov 76

The author outlines some special considerations and counseling emphases that counselors of the dying and their survivors should take into account. (Author)

Descriptors: *Helping Relationship/ *Adult Counseling/ *Death/ *Adjustment (To Environment)/ *Crisis Therapy/ Suicide / State Of The Art Reviews/ Adjustment Problems/ Behavior Patterns
Identifiers: *Dying

EJ147852 CG511353

Preretirement Counseling: The Need for a New Approach
Manion, U. Vincent

Personnel and Guidance Journal, 55, 3, 119-121 Nov 76

The author presents a pre-retirement counseling model which combines both planning and counseling aspects by emphasizing individual responsibilities for planning. As part of the process, peer counseling is utilized in identifying problems and possible solutions. (Author)

Descriptors: *Retirement/ *Adult Counseling/ *Adjustment (To Environment)/ *Older Adults/ *Counseling Programs/ *Peer Counseling/ Senior Citizens/ Models/ Program Descriptions

EJ147851 CG511352

Preretirement Planning: Does It Prevent Postretirement Shock?

Ullman, Charles A.

Personnel and Guidance Journal, 55, 3, 115-118 Nov 76

Retirement counseling offers assistance to the person who lacks either the knowledge or the skills to define or solve the problems that arise in this later stage of life. (Author)

Descriptors: *Helping Relationship/ *Retirement/ *Adult Counseling/ *Older Adults/ *Senior Citizens/ *Adjustment (To

Environment)/ Adjustment Counselors/ State Of The Art Reviews/ Adult Development/ Behavior Patterns

EJ147850 CG511351

Mid-Life Counseling: Prognosis and Potential
Entino, Alan D.

Personnel and Guidance Journal, 55, 3, 112-114 Nov 76

Describes the sociological, economic, and psychological considerations that are encouraging persons to seek new mid-life educational, career, and life style changes. Discusses these considerations and the counselor's role. (Author)

Descriptors: *Middle Aged/ *Helping Relationship/ *Adult Counseling/ Behavior Patterns/ State Of The Art Reviews/ Vocational Adjustment/ Career Change/ Counselor Role/ Adult Development

EJ147849 CG511350

Multiple Motivations for Mid-Career Changes
Heddesheimer, Janet

Personnel and Guidance Journal, 55, 3, 109-111 Nov 76

The author maintains that mid-career changes should be viewed as a natural step in a career pattern rather than a radical shift that forsakes all that went before. She outlines some considerations for counselors. (Author)

Descriptors: *Middle Aged/ *Career Change/ *Vocational Adjustment/ *Adult Counseling/ *Helping Relationship/ Adult Development/ State Of The Art Reviews/ Behavior Patterns

EJ147848 CG511349

Adult Development: "faster Horses...and More Money"
Rappoport, Leon

Personnel and Guidance Journal, 55, 3, 106-108 Nov 76

Adult development is defined as a continuing dialogue between culture and the individual. After adolescence, the challenges of work and love turn the dialogue into a serious struggle for adult identity. (Author)

Descriptors: *Adult Counseling/ *Middle Aged/ *Adult Development/ *Older Adults/ *Identification (Psychological)/ State Of The Art Reviews/ Senior Citizens
Identifiers: *Life Span Theory

EJ147847 CG511348

Adult Development: Challenges for Counseling
Kimmel, Douglas C.

Personnel and Guidance Journal, 55, 3, 103-105 Nov 76

The author sketches three particular crisis points in the adult life span that present counseling opportunities and challenges as examples of how counseling needs in adult years are not being met. (Author)

Descriptors: *Adult Counseling/ *Older Adults/ *Middle Aged/
*Helping Relationship/ *Crisis Therapy/ *Adult Development/
State Of The Art Reviews/ Mental Health

EJ147846 CG511347

Reflections on Counseling Elderly Blacks
Furgess, Alexzena Irving

Journal of Non-White Concerns in Personnel and Guidance, 5,
1, 45-48 Oct 76

Elderly blacks have many needs and counselors must be trained to deal with their specific problems. (Author)

Descriptors: *Older Adults/ *Senior Citizens/ *Negroes/
*Adult Counseling/ State Of The Art Reviews/ Counselor
Training

EJ146018 CG510977

Mini-Reviews of Books on Mid-Life
Sinick, Daniel

Counseling Psychologist, 6, 1, 68-70 76

Recent books relevant to the counseling of adults and adult development are here briefly reviewed. Relevance was interpreted to eliminate books dealing solely with the years beyond mid-life. Recency is used to include books from 1972 on. (Author)

Descriptors: *Gerontology/ *Annotated Bibliographies/ *Adult
Counseling/ *Adult Development/ *Developmental Psychology/
*Middle Aged/ Literature Reviews/ Age Groups/ Personality
Development/ Behavior Patterns/ Older Adults

EJ146014 CG510973

INQUIRY Project: Computer-Assisted Counseling Centers for
Adults

Farnor, Helen

Counseling Psychologist, 6, 1, 50-54 76

INQUIRY centers for adults offer counseling for persons who seek to make career changes, to continue their education, or to re-enter the world of work but who are unaware of the available opportunities. Computers are used to assist in the counseling by providing a comprehensive data bank of information. (Author)

Descriptors: *Adult Counseling/ *Counseling Centers/ 26
*Computer Oriented Programs/ *Information Services/

*Occupational Guidance/ Demonstration Projects/ Program
Descriptions/ Counseling Services/ Educational Guidance/
Career Awareness

Identifiers: *Computer Assisted Counseling

EJ146013 CG510972

Existing Programs and Emerging Strategies

Harrison, Laurie R.; Entine, Alan D.

Counseling Psychologist, 6, 1, 45-49 76

An examination of the scope and dimensions of adult counseling programs in the United States. Emphasis is placed upon a 1974 national survey of adult career planning and development programs. Counseling programs for women, ethnic minorities, and mid-career change are highlighted. Prospective strategies to improve adult counseling efforts are discussed. (Author)

Descriptors: *Adult Counseling/ *Adult Programs/ *Counseling
Programs/ *Adult Development/ *Program Improvement/ Career
Planning/ Program Descriptions/ National Surveys/ State Of The
Art Reviews

EJ146012 CG510971

"How Old Are You?"--The Question of Age Bias in the
Counseling of Adults

Troll, Lillian E.; Nowak, Carol

Counseling Psychologist, 6, 1, 41-43 76

Attention is called to the probability that counselors and psychotherapists share the age stereotypes of other Americans. Kinds of age bias are noted: age restrictiveness, age distortion, and negative attitudes associated with particular ages. (Author)

Descriptors: *Adult Counseling/ *Negative Attitudes/
*Counselor Attitudes/ *Age/ *Stereotypes/ *Counselors/
Counselor Acceptance/ Psychotherapy/ Social Attitudes/ State
Of The Art Reviews

Identifiers: *Age Bias

EJ146011 CG510970

A Developmental Approach to Counseling Adults

Bocknek, Gene

Counseling Psychologist, 6, 1, 37-40 76

The author enunciates basic tenets of developmental theory and shows their application to work with adults. Counseling intervention is conceptualized as mobilizing resources to facilitate growth. Implications for the future of counseling psychology are considered. (Author)

Descriptors: +Adult Counseling/ +Adult Development/
+Developmental Psychology/ +Individual Development/ +Counselor
Role/ State Of The Art Reviews/ Intervention/
Psychoeducational Processes/ Middle Aged/ Older Adults

Identifiers: +Self Growth/ +Developmental Theory

EJ146010 CG510969

The Case for Counseling Adults

Schlossberg, Nancy K.

Counseling Psychologist, 6, 1, 33-36 76

The inevitability of role transformations in adulthood--transformations that often involve crisis, conflict, and confusion--frame the case for adult guidance. To facilitate these changes and help clients regain a sense of control over their lives, counselors need to understand the decision-making process and the salient issues of adulthood. (Author)

Descriptors: +Adult Counseling/ +Individual Power/ +Decision
Making/ +Counselors/ +Helping Relationship/ +Adult Development
/ Adults/ Role Perception/ State Of The Art Reviews

EJ146006 CG510965

Intimacy and Crises in Adulthood

Lowenthal, Marjorie Fiske; Weiss, Lawrence

Counseling Psychologist, 6, 1, 10-14 76

This article posits that in the absence of overwhelming external challenge, most individuals find the motivation to live autonomous and satisfying lives only through one or more mutually intimate dyadic relationships. Some preliminary evidence in support of this thesis is presented showing marked life stage and sex differences. (Author)

Descriptors: +Middle Aged/ +Interpersonal Relationship/ +Sex
Differences/ +Adult Development/ +Adult Counseling/ Human
Relations/ Developmental Psychology/ State Of The Art Reviews

Identifiers: +Intimacy/ +Life Crises

Colleges and universities are becoming more responsive to the part-time student's needs and are gradually changing their traditional patterns. Options will be the keynote of the educational experiences of the future, but the individual's counsel-mentor will be the keystone. (Author/EA)

Descriptors: +Higher Education/ +Part Time Students/
+Futures (of Society)/ +Adult Education/ +Student Needs/
+Adult Counseling/ University Extension/ Educational Change/
Adult Students

EJ140076 CE505187

Second Careers: An Integrated Learning Experience in Career Change for Older Persons

Boren, Nona; And Others

Industrial Gerontology, 3, 2, 76-82 Spr 76

The Second Careers program (which combines academic work, experiential learning, and group and individual counseling to assist older persons in mid-life transition who are contemplating a career change) is described. A report of a conference which was part of the program is included. (MS)

Descriptors: +Program Descriptions/ +Career Change/ +Middle
Aged/ +Conferences/ +Learning Experience/ +Adult Counseling/
Demonstration Projects/ Vocational Counseling/ Individual
Needs/ Educational Gerontology

EJ138960 CE504963

Meeting the Counseling Needs

Krings, Donna

Adult Leadership, 24, 9, 311-13 May 76

Significant differences between typical college students and adult learners are identified, and increasing adult enrollment figures are cited, indicating that counseling centers must become attuned to adult learners' special needs and respond to them. Adult learners' common educational problems and their vocational and personal counseling needs are discussed. (AJ)

Descriptors: +Higher Education/ +Adult Students/ +Adult
Counseling/ +Adult Characteristics/ +Counseling Centers/
Educational Counseling/ Counselor Attitudes/ Counselor Role/
Educational Problems/ Vocational Counseling

EJ142409 CE505288

Serving the Part-Time Student: Implications for the Educational Experience

Walker, Howard

NUEA Spectator, 40, 24, 41-2 Jun, 76

EJ137546 CE504944

A Counselling Service for Adults
Eagleson, D. E.

Teaching Adults, 10, 4, 4-5 Apr 76

In 1967 the Northern Ireland Council of Social Service undertook to pioneer a counseling service (the Educational Guidance Service for Adults) for adults who wished to change their educational and/or career direction. A description of its various services and guidelines for setting up a similar service are presented. (Author/BP)

Descriptors: +Counseling Services/ +Adult Counseling/
+Program Descriptions/ +Program Development/ +Vocational
Counseling/ Foreign Countries/ Counseling Programs/ Guidelines
/ Educational Objectives

Identifiers: +Northern Ireland (Belfast)/ Educational
Guidance Service for Adults

EJ134144 CE504656

Educational Counseling of Adults
Grabowski, Stanley M.

Adult Leadership, 24, 7, 225-7,249 Mar 76

Educational counseling for adults is reviewed in terms of current institutional commitment, literature, the role of the counselor, and the functions of counseling, itself. (LH)

Descriptors: +Adult Counseling/ +Educational Counseling/
+State of the Art Reviews/ +Counselor Role/ +Counseling
Theories/ Adult Education/ Adult Characteristics

EJ130572 CE504286

The Women's Resources Centre: An Educational Model for
Counseling Women

Thom, Patricia; And Others

Adult Leadership, 24, 4, 129-32 Dec 75

The Women's Resources Center, a new and rapidly developing program of the University of British Columbia Centre for Continuing Education, provides a wide range of short courses which can teach women the skills, attitudes, and behaviors necessary for living in the new world of women successfully. (Author/BP)

Descriptors: +Womens Education/ +Counseling Centers/
+Counseling Programs/ +Program Descriptions/ +Adult Counseling
/ Models/ Sex Role/ Self Actualization/ Changing Attitudes/
Foreign Countries

Identifiers: +Womens Resources Centre (Univ British
Columbia)/ University of British Columbia

64

EJ125620 CG509280

Parent Education: A Comparison of Adlerian and Behavioral
Approaches

Frazier, Fred; Matthes, William A.

Elementary School Guidance and Counseling, 10, 1, 31-38
Oct 75

The purpose of this study was to assess the effects of parent education programs based on the Adlerian and behavioral models relative to each other and a control group. Results suggest that parent education programs do have an impact on parents' ideas, but not, apparently, on the behavior of the children of the parents involved. (Author/HMV)

Descriptors: +Parent Education/ +Counseling Theories/
+Counseling Programs/ +Adult Counseling/ +Behavior Change/
Research Projects/ Comparative Analysis/ Pupil Personnel
Services/ Elementary Secondary Education/ Parent Child
Relationship

Identifiers: +Adlerian Counseling

EJ125555 CG509215

A Social Service Strategy in Industry
Weissman, Andrew

Social Work, 20, 5, 401-402 Sep 75

The author describes the strategy followed in a multiservice center for industrial employees. The center dealt mainly with alcoholism, drug abuse and family problems. During the first four months most of the cases were self-referred and reported afterwards that they had benefitted from their contact with the center. (SE)

Descriptors: +Industrial Personnel/ +Counseling/ +Adult
Counseling/ +Employee Attitudes/ +Employment Programs/ Case
Studies/ Social Services/ Improvement/ Social Workers/
Personnel

EJ122402 CG509130

A Competency-Based Approach to Adult Counseling and Guidance
Hartwig, John E.

Counselor Education and Supervision, 15, 1, 12-19 Sep 75

This article describes the Adult Career Education Counseling Project. The major goal of the project is to develop a competency-based individualized instructional training system for guidance personnel wanting to work in adult education settings. The article explains the rationale, development, and process used in identification of conceptual areas. (Author)

Descriptors: +Counseling/ +Adult Counseling/ +Program
Descriptions/ +Counselor Training/ +Vocational Counseling/
Career Education/ Higher Education/ Adult Education/ Program
Design

65

EJ122378 CG509106

Counseling Middle-Aged and Older Workers
Tomita, Kiku

Journal of Employment Counseling, 12, 3, 100-105 Sep 75

Case studies are cited in which applicants were assisted by the counselor in assessing their experience and abilities and relating them to the job market. Types of cases discussed are retirees wanting to return to work, homemakers reentering the business world, and men and women seeking a change of occupations. (Author)

Descriptors: +Older Adults/ +Job Placement/ +Vocational Counseling/ +Adult Counseling/ +Career Change/ Case Studies/ Employment Potential/ Self Concept/ Employment Services/ Occupational Guidance

EJ120621 CG508803

New Options for College Study
Schmitt, Kara Lynne

Personnel and Guidance Journal, 53, 10, 739-745 Jun 75

Discusses two alternatives to traditional classroom learning: (a) universities' acceptance of standardized examination results as evidence of learning and (b) "external degree" programs, which involve a reorganization of the higher education system. Discusses one such program in detail. (Author)

Descriptors: +Educational Alternatives/ +External Degree Programs/ +Extension Education/ +Experimental Colleges/ +Adult Counseling/ Educational Programs/ Post Secondary Education/ Part Time Students/ Higher Education

EJ120620 CG508802

Counseling in Gerontology
Blake, Richard

Personnel and Guidance Journal, 53, 10, 733-737 Jun 75

The author presents ways in which counselors could be involved in gerontology, and considers some of the things counselors and counselor education must do in order to prepare for work in this area. (Author)

Descriptors: +Older Adults/ +Senior Citizens/ +Adult Counseling/ +Counselor Functions/ +Adult Development/ Middle Aged/ Counseling Goals/ Helping Relationship

EJ117183 CG508579

Programs for Adults
Schlossberg, Nancy K.

Personnel and Guidance Journal, 53, 9, 681-684 May 75

There is an increasing focus on adult career shifts, and the author describes the need for giving attention to this population through community intervention and through innovative educational-vocational counseling programs designed

for this group. She also cites counseling and placement agencies geared especially to women. (Author)

Descriptors: +Adult Counseling/ +Counseling Programs/ +Vocational Counseling/ Occupational Guidance/ Program Descriptions

EJ113842 CE502764

A New Dimension in Employee Development: A System for Career Planning and Guidance

Brewer, Jack; And Others

Personnel Journal, 54, 4, 228-31 Apr 75

Lawrence Livermore Laboratory (LLL), California, has begun a pilot project in career counseling for its employees, recognizing that management has much to gain from providing growth opportunities for its employees. The needs, employee concerns, program rationale, and the major elements of the career guidance program are discussed. (Author/MW)

Descriptors: +Manpower Development/ +Inplant Programs/ +Program Descriptions/ +Career Planning/ +Adult Counseling/ Career Ladders/ Employer Employee Relationship/ Pilot Projects / Guidance Programs/ Occupational Guidance
Identifiers: Lawrence-Livermore Laboratory

EJ112129 CE502477

Counseling Middle-Aged and Older Workers
Tomita, Kiku

Industrial Gerontology, 2, 1, 45-52 W 75

Employment counselors can play an important role in helping mature job seekers obtain work. Case studies are cited where applicants were assisted by the counselor in assessing their experience and abilities and relating them to the job market. Testing may be a useful tool in the assessment process. (Author)

Descriptors: +Older Adults/ +Employment/ +Vocational Counseling/ +Adult Counseling/ +Employment Counselors/ Job Applicants/ Underemployed/ Career Change/ Case Studies/ Testing

EJ107184 CG507925

Housewife, Mother, Other: Needs and Helpers

Katz, Judith K.; Knapp, Nancy H.

Personnel and Guidance Journal, 53, 2, 105-109 Oct 74

Throughout the country many women with school-age children are attempting to find a means of becoming active outside the home. In this article the authors describe these women and discuss the impact of the women's movement on them. They also discuss the new agencies and the counselors helping them.

(Author)

Descriptors: *Females/ *Agencies/ *Feminism/ *Adult Counseling/ Working Women/ Social Attitudes/ Changing Attitudes

EJ099106 CG507324

Role Processing Applied to Marital Counseling

Doyle, Averil M.

Personnel and Guidance Journal, 52, 10, 681-685 Jun 74

Describes an eight-session course in marriage communication offered by the counseling department of a university. Each weekly meeting focused on a melodramatic script which dealt with a single type of marital conflict. Graduate students served as group leaders. Results were positive for both trainees and couples. (HMV)

Descriptors: *Marriage Counseling/ *Counselor Training/ *Sociodrama/ *Adult Counseling/ *Counseling Programs/ Field Experience Programs/ Family Problems/ Role Playing/ Group Counseling

EJ097447 CE501040

The American Adult Male Rejects Counseling

Jackard, Charles R., Jr.

Adult Leadership, 23, 1, 9-10, 32 May 74

The American adult male tends to reject individual and group counseling, seeing counseling as a sign of weakness. To improve himself and his reactions to stress and tension, he must forget his traditional masculine role. The counselor should understand that adult male needs are the same as those of other adults. (SC)

Descriptors: *Adult Counseling/ *Counseling Services/ *Males / *Sex (Characteristics)/ *Role Perception/ Adult Characteristics

EJ095794 CE500938

Management Development Counseling

Goldberg, Edward D.

Journal of Business Education, 49, 7, 274-6 Apr 74

Colleges will increasingly be called on to counsel individuals who come to them for aid in implementing personal management development programs. The counseling process

demands forcing the student to confront such issues as: payoff of studies, type of knowledge and skills sought, and the vehicle for gaining knowledge and skills. (Authors/SC)

Descriptors: *Counseling Services/ *Adult Counseling/ *Management Development/ Adult Education/ Faculty Advisors

EJ095068 RC501439

Counseling within an Adult Indian Education Project

Collins, Ray

Northlan, 10, 1, 35-39 W 74

Descriptors: *American Indians/ *Adult Education/ *Adult Counseling/ *Occupational Guidance/ Career Opportunities/ Employment Counselors/ Employment Services

Identifiers: *Vancouver/ Canada

EJ094221 CE500770

Dial-a-Counselor

D and R Report, 2, 6, 16-17 Sep-Oct 73

The Education Development Center, Inc. of Newton, Mass. operates a program in career education in Providence based on phone-in counseling. Through a local phone exchange manned by trained counselors, adults can seek free career information and guidance. (KP)

Descriptors: *Telephone Communication Systems/ *Counseling Services/ *Career Choice/ *Adult Counseling/ Career Education/ Counselors/ Occupational Guidance

Identifiers: *Telephone Counseling

EJ092393 CG506813

Group Counseling Technique for Adults Returning to College

Burnside, Robert W.

Journal of College Student Personnel, 15, 1, 62 Jan 74

This brief report describes a two-credit hour course which uses McHolland's Human Potential Seminar to help adults overcome their anxieties about returning to college. (Author/CJ)

Descriptors: *Group Counseling/ *Adult Counseling/ *College Students/ Community Colleges

Identifiers: *McHollands Human Potential Seminar

EJ090748 CE500430

Pre-Retirement Education: A Community Responsibility
Morkert, Carpenter E.

Adult Leadership, 22, 7, 233-5 Jan 74

Organizational pre-retirement planning increases stress in middle-aged employees, but programs in pre-retirement education initiated by community colleges in cooperation with local companies can be very successful. (MS)

Descriptors: +Retirement/ +Older Adults/ +Adult Counseling/ Vocational Retraining/ Adult Programs/ School Industry Relationship/ Released Time/ Inplant Programs/ Industrial Relations

EJ089875 JC500584

Directed Corrections Or Corrected Directions?

Sheffer, Harold V.

Community and Junior College Journal, 44, 1, 22-4 Aug/Sep

73

Described a program for prison inmates, who were able to learn in cooperation with community colleges, which helped prisoner rehabilitation further with their special midnight program. (RK)

Descriptors: +Community Colleges/ +Prisoners/ +Correctional Rehabilitation/ +Job Placement/ +Adult Counseling/ Adult Education Programs/ Educational Responsibility/ Intelligence Tests/ Faculty/ Program Costs

EJ089281 CG506697

The Outcome Of The Six Major Forms Of Marriage Counseling Compared: A Pilot Study

Cookerly, J. Richard

Journal of Marriage and the Family, 35, 4, 608-610 Nov 73

This paper presents a follow-up records' study of 773 former marriage counseling clients of 21 marriage counselors. The clients' primary treatment form was compared with six categories of counseling outcome. A rank ordering of the six forms for effectiveness suggested conjoint interviews and conjoint groups to be the most effective forms. (Author/RP)

Descriptors: +Marriage Counseling/ +Family Counseling/ +Group Counseling/ +Adult Counseling/ +Counseling Effectiveness/ Family Problems/ Marital Instability/ Interpersonal Relationship/ Crisis Therapy/ Group Dynamics

EJ087464 CG506429

Ungency And Types Of Adult Counseling Needs Among Continuing Education Students

Williams, Gerald D.; And Others

Journal of College Student Personnel, 14, 6, 501-506 Nov

73

Continuing education students were surveyed to determine the

types and extent of adult counseling services they might require. Administrative advice, educational and career information were the foremost types of services needed. (Author)

Descriptors: +Adult Education/ +Adult Counseling/ +Counselor Functions/ +Guidance Services/ +Adult Students/ Career Planning/ Counseling Services/ Student Needs/ Individual Needs / Occupational Information

EJ085760 CG506410

All-Women's Groups: A View From Inside

Halas, Celia

Personnel and Guidance Journal, 52, 2, 91-95 Oct 73

All-women's counseling groups are the subject of controversy among counselors. This article presents a rationale for such groups, discussing several ways in which women find them more therapeutically helpful than mixed groups. (Author)

Descriptors: +Females/ +Adult Counseling/ +Group Counseling/ +Group Membership/ +Counseling Effectiveness/ Helping Relationship/ Group Dynamics

EJ085715 CG506360

Women As Heads of Household

Welsh, Jane A.

Journal of the National Association of Women Deans and Counselors, 36, 4, 166-169 Sum 73

An investigation of the literature was made to define their unique needs and problems and to determine what counseling and educational services are available for them. The literature revealed less attention to the specific needs of women who are single parents than to the overall general needs of women. (Author)

Descriptors: +Heads of Households/ +Working Women/ +Females/ +Womens Education/ +Adult Counseling/ One Parent Family/ Fatherless Family/ Needs

EJ085626 CE500122

A Critical Professional Need: The Counselor for Women

Boyd, Betty; Griffith, Mary E.

Adult Leadership, 22, 5, 161-162 Nov 73

Descriptors: +Working Women/ +Adult Counseling/ Vocational Counseling/ Occupational Guidance/ Females

EJ084139 CG506180

Age Counseling: Crises, Services, Potentials
Pressey, Sidney L.

Journal of Counseling Psychology, 20, 4, 356-360 Jul 73

This final of two papers regarding the values of the older counselor in dealing with the elderly stresses the distinctive contributions that he may make if he himself is resident in an institution of the old. (Author)

Descriptors: *Older Adults/ *Counseling Effectiveness/
*Counselor Acceptance/ *Counselor Characteristics/ *Adult
Counseling/ Personal Care Homes

EJ082521 CG506090

The Veterans' Plight

Jett, George Robert, Jr.; And Others

Journal of the National Association of College Admissions
Counselors, 18, 2, 3-31 Aug 73

This issue is devoted to the practical problems which confront veterans reentering society. Articles included deal with such topics as college admission, readjustment to school or college, vocational rehabilitation, experiences of a woman veteran, and the counseling of veterans. (JC)

Descriptors: *Veterans/ *Veterans Education/ *Adjustment
Problems/ *Adult Counseling/ *College Admission/ Females/
Adult Education Programs/ Physically Handicapped

EJ081991 CG505853

Model for the Application of Research Findings by the
Educator and Counselor: Research to Theory to Practice

Burr, Wesley R.; And Others

Family Coordinator, 22, 3, 285-290 July 73

This paper is an attempt to help professionals to use technical research literature. Three different methods of using research are identified and the advantages and limitations of each are discussed. Professionals frequently try to apply research directly to practical situations but the most useful method is to apply research indirectly by going from research to theory to practice. (Author)

Descriptors: *Marriage Counseling/ *Adult Counseling/
*Research Utilization/ *Information Utilization/ *Research/
*Models/ Counseling Theories

72

EJ081755 CG505885

Counseling from the Taylor-Johnson Temperament Analysis AWOL
Syndrome

Fraas, Louis A.; Fox, Lawrence J.

Measurement and Evaluation in Guidance, 6, 2, 111-116
July 73

Studies using the Taylor-Johnson Temperament Analysis
(T-JTA) suggest that a specific trait pattern (AWOL syndrome)

can identify potential army AWOL offenders. Findings suggest that the T-JTA is less reliable when used with a prisoner population, that the AWOL syndrome profile does not exist, and that interpretations based on profile patterns should be held suspect. (Authors)

Descriptors: *Counseling/ *Adult Counseling/ *Behavior
Patterns/ *Behavior Problems/ *Individual Characteristics/
Socially Deviant Behavior/ Military Personnel

EJ080777 AC502595

Counseling and Advisement Practices in Adult Basic Education
Fleming, Elmer N.

Literacy Discussion, 4, 1-2, 57-64 Spr 73

Article discusses the training and practices of counselors presently involved with adult basic education programs. Examples given convey the inadequate provisions for counseling adults that now exist within most of the agencies in this area. (Author/GB)

Descriptors: *Adult Basic Education/ *Counseling Programs/
*Adult Counseling/ Counseling Services/ Counselor Training/
Counselor Role/ Vocational Counseling/ Counselor Functions

EJ080686 CG505863

Women Who Seek Abortions: A Study

Young, Alma T.; And Others

Social Work, 18, 3, 60-65 May 73

When New York State's abortion laws were liberalized in 1970, there was a sharp rise in the number of clinic patients who requested abortions. Because social workers at Mount Sinai Medical Center believed that abortion still is an emotional risk for many women, a study was conducted to determine which patients needed intensive counseling. (Author)

Descriptors: *Social Workers/ *Adult Counseling/ *Abortions/
*Pregnancy/ *Medical Services/ Females/ Social Welfare

EJ077613 JC500499

The CLEP Seminar

Atlan, Henry C., Jr.

Community College Frontiers, 1, 2, 19-21 Spr 73

Presents a program for preparing mature men and women for the General Examinations of the College-Level Examination Program. (RK)

Descriptors: *Adult Counseling/ *Adult Education/ *Adult
Education Programs/ Community Colleges/ *Seminars/ Student
Needs/ Test Results/ *Test Wiseness

73

EJ075831 CG505863

The Peer Counseling Approach to Adult Counseling.
Waters, Elinor B.

Michigan Personnel and Guidance Journal, 4, 1, 38-41 F 72

Descriptors: *Adult Counseling/ *Adult Programs/ *Counseling Programs/ *Peer Acceptance/ Peer Relationship/ Peer Teaching/ *Subprofessionals

EJ075829 CG505652

Counseling for Life Skills Development in the Disadvantaged Adult: A Review

Giroux, Roy F.; Pietrofesa, John J.

Canadian Counselor, 7, 1, 2-8 Jan 73

This article provides an overview of research relevant to the disadvantaged adult. A majority of the disadvantaged are excluded from participation in educational programs because of the nature of current educational programs, e.g., prerequisites to training. Inadequate background is highly related to unemployment and low aspirational levels. A vicious cycle develops. The implications for education and counseling are explored. (Author)

Descriptors: *Adult Basic Education/ *Adult Counseling/ *Adult Programs/ *Disadvantaged Groups/ *Skill Development/ Talent Development

EJ075826 AC502416

Adult Counselors and Counselors in the Community College

Jackard, Charles Roy, Jr.

Adult Leadership, 21, 9, 281-2 Mar 73

Descriptors: *Adult Counseling/ Adult Education/ *Adult Programs/ *Community Colleges/ *Counseling Programs/ Professional Training/ Vocational Education

EJ075825 AA515687

Troubled Teachers Walk In for Help

Banks, Carolyn

American Education, 9, 4, 28-30 May 73

On the theory that teachers, too, have their hangups, a Maryland clinic provides free psychiatric counseling to those who need it. (Editor)

Descriptors: *Adult Counseling/ *Counseling Programs/ *Psychiatric Services/ *Teacher Alienation/ *Teacher Welfare
Identifiers: Maryland/ Montgomery County

Family Coordinator, 22, 1, 103-110 Jan 73

Marital counseling as a profession, and counselors, individually, are deemed to be in need of a sound set of substantial standards and values, with philosophical, psychological and sociological commitments. This argument for values in counseling stresses the psychological factors of womanliness and manliness in contemporary living. (Author)

Descriptors: *Adult Counseling/ *Ethical Values/ Family Counseling/ *Interpersonal Relationship/ *Marriage Counseling/ *Standards/ *Values

EJ071006 CG505421

The Physician as a Marriage Counselor

Trainer, Joseph B.

Family Coordinator, 22, 1, 73-80 Jan 73

The author describes the emergence of a new style of family physician whose education is incorporating more behavioral science and whose practice moves increasingly into the field of marital and sexual problems. Closer cooperation between physicians and clinical psychologists and marriage counselors is advocated. (Editor)

Descriptors: *Adult Counseling/ Family (Sociological Unit)/ *Family Health/ *Family Problems/ Intervention/ Marital Instability/ *Marriage Counseling/ *Medical Services/ *Physicians

Identifiers: Marital Problems

EJ071005 CG505420

A Guide to Divorce Counseling

Fisher, Esther Oshiver

Family Coordinator, 22, 1, 55-61 Jan 73

This article delineates predivorce counseling, divorce counseling, and post-divorce counseling. The author suggests that the term "marriage counselor" is too restricted and advances the term "marriage and divorce counselor" as a replacement. (Editor)

Descriptors: *Adjustment Counselors/ *Adult Counseling/ Behavior Change/ *Counselor Role/ Family (Sociological Unit)/ *Family Counseling/ Interpersonal Relationship/ *Marital Instability/ *Marriage Counseling/ Personal Growth

EJ071010 CG505425

Value Issues in Marriage Counseling: Psychological and Philosophical Implications
Silverman, Hirsch; Lazaar

EJ071004 CG505419

Some Useful Tests for Marriage Counseling

Phillips, Clinton E.

Family Coordinator, 22, 1, 43-53 Jan 73

Many who do marriage counseling are unaware of the vast amount of test materials which are available to them or of those tests which might well aid them and their clients in the process of counseling. Some widely used tests in marriage, family, and premarital counseling are discussed, and resources are listed. (Author)

Descriptors: +Adult Counseling/ +Evaluation/ Family Counseling/ Interpersonal Relationship/ Marital Instability/ +Marriage Counseling/ +Personality Assessment/ +Tests

EJ069356 AC502252

Counseling Programs for Professionals

Peterson, Margaret S.

Adult Leadership, 21, 6, 193-5 Dec 72

A university extension program in Wisconsin involved traveling faculty who function as counselors to those interested in resuming or changing careers. (SP)

Descriptors: +Adult Counseling/ +Career Choice/ +Counseling Programs/ Counselor Functions/ +Professional Continuing Education/ +University Extension

EJ061452 CG504784

Behavior Modification in Adult Groups

Lawrence, Harry; Sundel, Martin

Social Work, 17, 2, 34-43 Mar 72

Behavior modification principles and procedures were integrated with a small group approach to short-term treatment of adult problems. These included child management, anxiety, marital discord, depression, and interpersonal difficulties with friends, family, and co-workers. (Author)

Descriptors: +Adult Counseling/ +Adults/ +Behavior Change/ +Group Norms/ +Group Therapy/ Reinforcement

EJ054178 AC501848

Counseling Services for Adults

Batdorf, Luke L.

Continuous Learning, 10, 4-5, 160-4 Jul-Aug 71

Descriptors: +Adult Counseling/ +Counseling Programs/ +Counseling Theories/ Educational Guidance/ +Guidance Functions

Adult Leadership, 20, 7, 266 Jan 72

A brief description of adult educational counseling, noting adult needs and anxieties, as well as problems arising from counselor attitudes. Several references and supplementary documents, dealing with both general and specific counseling situations, are listed. (JB)

Descriptors: +Adult Counseling/ +Counselor Attitudes/ +Educational Counseling/ Educational Needs/ Needs/ +Resource Guides

Identifiers: Age Bias/ +Educational Resources Information Center/ ERIC

EJ048366 AC501683

Guidance and Counseling in Adult Basic Education

Qazilbash, Husain

Continuing Education, 5, 1, 7,64 Jan 72

Purpose is to provide some ideas to adult basic education teachers, learning center coordinators, supervisors, and administrators; to emphasize the importance of guidance and counseling programs in existence for the underprivileged, underestimated rural adults; to reiterate the responsibilities of adult basic education personnel. (Author/DR)

Descriptors: Administrator Responsibility/ +Adult Basic Education/ +Adult Counseling/ Adult Educators/ +Counseling Programs/ +Counseling Services/ Guidance Counseling/ +Guidance Functions/ Guidance Programs/ Guidance Services

EJ045515 AC501585

Counseling the Mature Woman

Barbieri, Marietta N.

Adult Leadership, 20, 5, 187-9 Nov 71

When the mature woman has finished rearing a family, she may face many problems in seeking to reenter the vocational world. A counselor can be of immense help in helping the adult woman overcome many of these problems. (MR)

Descriptors: +Adult Counseling/ +Counselor Role/ Employment Problems/ +Females/ Self Esteem.

76

EJ049990 AA501742

ERIC: Educational Counseling for Adults

Grabowski, Stanley M.

EJ045103 CG503566

The Post - Marital; An Alternate to Pre - Marital Counseling
Guldner, Claude A.

Family Coordinator, 20, 2, 115-119 Apr 71

The study concluded that a minister might well utilize his time and efforts more constructively if he would limit premarital counseling to a session in which he contracted with a couple for post marital counseling and helped them to understand why this may prove more effective. (Author)

Descriptors: *Adult Counseling/ *Adults/ Clergymen/ Counseling/ *Family Counseling/ *Interpersonal Relationship/ Intervention/ *Marriage

EJ038963 AC501357

Counseling Concepts for Supervisors

Zima, Joseph P.

Personnel Journal, 50, 6, 482-5 Jun 71

Any supervisor who directs the work of others should be able to function in a counseling situation. The article describes a minimum of counseling concepts and techniques. (Editor/AN)

Descriptors: *Adult Counseling/ Counselor Functions/ Fundamental Concepts/ *Nondirective Counseling

EJ037796 AC501130

An Educational Strategy for Professional Career Change

Farmer, James A., Jr.; Williams, Robert G.

Adult Leadership, 19, 10, 318-320+ Apr 71

There is increasing evidence that sizeable numbers of 30, 40, and even 50 year old persons in a variety of professions, voluntarily or of necessity, are becoming involved in the professional career changing process. (EB)

Descriptors: *Adult Counseling/ *Career Change/ *Models/ *Professional Personnel

EJ035512 AC501096

The ABE Counselor--A New Guidance Role

Mitchell, Richard J.

Adult Leadership, 19, 9, 289-290, 316 Mar 71

Descriptors: *Adult Basic Education/ *Adult Counseling/ *Counselors/ *Role Perception

EJ020692 CG502239

Training and Counseling of the Older Worker

Britton, Jean D.

Journal of Employment Counseling, 7, 4, 137-141 Dec '70

Problems of training, retraining, and counseling older workers are examined in terms of some of their characteristics, such as slower work habits, decreased

physical strength, adaptability, and lack of self confidence. Ways to compensate for possible handicaps through training and counseling are suggested. (Author)

Descriptors: *Adult Counseling/ *Employment Qualifications/ *Job Placement/ Labor Force/ *Manpower Utilization/ *Older Adults/ Work Experience

EJ024544 AC500746

A Prototype Program for Training Work Supervisors as Employee Counselors

Hunt, Raymond G.; Lichtman, Cary M.

Training Develop J, 24, 8, 26-32 Aug '70

Descriptors: *Adult Counseling/ *Supervisory Training

EJ019660 AC500570

Developing Life Plans; A New Concept and Design for Training and Development

Lippitt, Gordon L.

Training Develop J, 24, 5, 2-7 70 May

A new concept of the training and development responsibilities of organizations is proposed. A fundamental way to be of service to people in organizations is to help them examine their life goals and plans as a means of achieving their own potential. (EB)

Descriptors: *Adult Counseling/ *Career Planning/ *Individual Development/ Management Development/ Objectives/ *Organizations (Groups)/ *Self Evaluation

EJ018359 AC500526

Adults Have Special Counseling Needs

Porter, Lee

Adult Leadership, 18, 9, 275-76 70 Mar

Descriptors: *Adult Characteristics/ *Adult Counseling/ *Adult Education

EJ016273 CG501198

When is a Counselor----?

Faunce, R. W.

Personnel Guidance J, 48, 7, 542-45 70 Mar

Describes work experience project for low income adults. Counselors had little experience, little training in interviewing or statistics, and inadequate supervision. (Author)

Descriptors: *Adult Counseling/ *Adult Programs/ Counselor Functions/ Counselor Performance/ *Counselor Qualifications/ Counselor Role/ Counselor Training/ *Counselors/ *Low Income Groups

EJ004612 AA501765

Role Conflicts of the Administrator-Counselor

Mannino, Fortune V.

NASSP Bull, 53, 335, 97-105 69 Mar

Descriptors: Administrative Personnel/ +Administrator Role/
+Adult Counseling/ Counselor Attitudes/ +Mental Health/ Mental
Health Programs/ Role Conflict/ School Community Relationship/
+Teacher Welfare

EJ004335 AC500109

Counselling - Needs to Be Met

Hutchinson, Enid

Adult Educ (London), 42, 1, 29-38 69 May

Descriptors: +Adult Counseling/ +Counseling Services
Identifiers: +Great Britain

EJ003488 CG500326

The Counselor and the Adult Woman

Matthews, Esther E.

J Nat Assn Wom Deans Counselors, 32, 3, 115-22 69 Spr

Descriptors: +Adult Counseling/ Adult Education/ +Adult
Students/ Career Planning/ +Counselor Role/ Family Counseling/
+Females/ Suburbs/ Vocational Counseling/ +Vocational
Development

FORMAT OF
RESOURCES IN EDUCATION (RIE)

Clearinghouse Accession Number _____

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Title of Document _____

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Date Published _____

EDRS Price * _____

Descriptors (words which tell the contents of the document) _____

Abstract of Document _____

0118935 CE006503

Exemplary Career Resource Center for Grades 6 Through 9 in Pennsylvania.

Penna Valley Area School District, Spring Mills, Pa.
Pennsylvania Research Coordinating Unit for Vocational Education, Harrisburg; Pennsylvania State Dept. of Education, Harrisburg.

Publ. Date: 30 Jun 74 Note: 27p.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage

Descriptors: Career Education/ Educational Programs/ Elementary Secondary Education/ Information Dissemination/ Paraprofessional Personnel/ Program Descriptions/ Program Planning/ Program Proposals/ Resource Centers

Following a discussion of the need for the service the document presents a proposal for the establishment of a career resource center in order to properly utilize and disseminate career information to students in Grades 6-9 in selected Pennsylvania schools. The career resource center will be involved with the following activities: (1) collection, synthesis, and placement of career information resources available from commercial and other sources; and (2) institution of an organized system for the dissemination of career information to students. The individual responsible for the organization, administration, and implementation of these services will be the career resource specialist who is a paraprofessional employed and trained by the local district. The career resource specialist will work cooperatively with the professional guidance staff in the school. Other staff members include the counselor and supporting staff (community volunteers and students). The paraprofessional will also be responsible for collecting data for the evaluation of project objectives. Necessary information for the planning of the career resource center includes suggestions for the budget and costs and amount of particular equipment and materials. A bibliography is included. (Author/EC)

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"HC"-hard copy. When "not
available from EDRS," other
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ED155944 FL009565

Implications for Working with New Canadians. TEAL Occasional Papers, Vol. 2, 1978.

Marshall, Diane

British Columbia Association of Teachers of English as an Additional Language, Vancouver.

78 10p.

Available from: Maureen C. Sawkins, British Columbia Association of TEAL, c/o King Edward Campus, V.C.C., 2750 Oak St., Vancouver, British Columbia, Canada (\$2.50 Canadian plus \$.50 postage)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

General implications for counseling Asian immigrant women were sought through individual and group counseling at King Edward Campus of Vancouver Community College. The campus is the base for the centralized English as a Second Language program for new Canadian adults in British Columbia. The research focused in part on nine women who were tested and interviewed. Sociological and psychological dynamics that counselors and teachers should understand include the minority group status of the immigrant, difficulties in understanding a new culture, severe economic stress, unfamiliarity with democratic processes, Asian "identity" versus North American "identity" constructs, culturally influenced social relationship patterns and roles of women, and the acceptability of expressing feelings in Asian culture. Nine implications for counseling, which can be extended to the teaching relationship, are presented. (SW)

Descriptors: *Adult Counseling/ Adult Education/ Affective Behavior/ Chinese Culture/ *Counseling Services/ Cultural Differences/ *Culture Conflict/ *English (Second Language)/ Females/ *Immigrants/ Junior Colleges/ Language Programs/ Second Language Learning/ Sex Role/ Social Influences/ Socioeconomic Influences

Identifiers: *Asian Culture/ Asian Immigrants/ *British Columbia/ Canada

ED155522 CG012463

Mannerisms of the Elderly and Approaches to Rapport.

French, Warren A.; Thorson, James A.

20 Nov 77 16p.; Paper presented at the Conference of the Gerontological Society (30th, San Francisco, California, November, 1977); not available in hard copy due to marginal legibility

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

This study presents a set of opinions on how to obtain rapport with and give preliminary counseling to individuals who have adopted distinct and different aging mannerisms. The nine mannerisms treated were abstracted from the studies of Neugarten and Reichard. The research sample was selected from the members of the Gerontological Society. Six forms of the final research instrument were created, each containing three of the nine behavioral mannerisms. Each mannerism appeared on two of the six forms. Combinations of any two stereotypes appeared only once in the six forms. The sample was asked to: (1) estimate the percentages of the elderly population that could be described by the three stereotypes; (2) recommend the best way to attain rapport with and resolve the problems of each group, and (3) suggest motivating appeals for making changes. Regardless of type of behavior senior citizens exhibited, there were three universal rules that the gerontologists laid down for the rapport and counseling process. (1) Individual people deserve individual attention. (2) Every person, irrespective of state of mind or background, must be treated with dignity and respect. (3) Listen, observe and empathize before making suggestions. Recommendations for each of the mannerisms are presented. (Author)

Descriptors: *Adult Counseling/ *Behavior Change/ *Counseling Effectiveness/ Counselor Role/ *Gerontology/ *Rapport/ Research Projects/ *Senior Citizens

Identifiers: *Aging

ED154167 CE015799

Assessing the Educational Needs of New York State Adults: Implications for Program Development.

Voros, Helen C.; Reiss, Mary L.

Mar 78 17p.; Paper presented at the Annual Meeting of the American Educational Research Association (Toronto, Canada, March 27-31, 1978)

Sponsoring Agency: New York State Education Dept., Albany, Div. of Continuing Education.

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

A survey of adult continuing education needs and preferences under the sponsorship of the Division of Continuing Education, New York Education Department, was completed by a total of 20,406 upstate New York adults, excluding New York City. The survey instrument was designed to obtain information from adults (all persons sixteen or older who were not currently full-time students) in personal interviews and focused on six major areas: (1) background information on the adults surveyed, (2) past participation in continuing education activities, (3) expressed learning interests, (4) obstacles to participation in continuing education activities, (5) preferred conditions for participation in continuing education, and (6) potential for utilization of counseling and advising services for adults. The interview data were analyzed for the entire sample and for various subgroups, regions, and local communities. Approximately 94% of the respondents identified one or more subjects of personal interest, with half of these adults naming five or more topics of interest. The respondent selected a first-choice learning interest as well as naming all topics which held some interest for him or her. (Ten tables included in this paper summarize the findings in the six major survey areas by the variables of sex, age, and educational background.) (VB)

* Descriptors: Adult Characteristics/ +Adult Counseling/
+Adult Education/ +Adults/ Educational Background/
+Educational Interest/ +Educational Needs/ Interests/
Interviews/ Participation/ Personal Interests/ Problems/
Vocational Interests

Identifiers: New York

ED151669 CG012269

Counseling Couples Through Separation: A Developmental Approach.

Levy, Terry M.; Joffe, Wendy

14 Oct 77 22p.; Paper presented at the Annual Conference of the National Council on Family Relations (San Diego, California, October 12-15, 1977)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This paper describes a three-phase developmental process which often occurs following the termination of an ongoing and intimate relationship. The phases are separation, individuation and reconnection. Each phase has a unique but interrelated matrix of psychosocial reactions, needs and potential for personal and interpersonal development. The

paper includes a discussion of the dynamics of the three phases and of the role of the therapist in responding effectively to clients in each phase. The emphasis is on perceiving clients' behavior during these phases as inevitable consequences of transition, rather than definitive signs of psychopathology. Guidelines for effective therapy are discussed in terms of a therapist's previous relationship history, current emotional readiness and personal belief system. (Author)

Descriptors: +Adult Counseling/ Attachment Behavior/
+Counselor Role/ Developmental Psychology/ +Divorce/
+Emotional Adjustment/ Interpersonal Relationship/ One Parent Family/
+Personal Growth/ Program Descriptions/ +Psychological Patterns/ Psychotherapy
Identifiers: Separation Counseling

ED150480 CG012139

A Program for Optimizing Women's Leadership Skills (OWLS)

Sandmeyer, Louise; And Others

ERIC Clearinghouse on Counseling and Personnel Services, Ann Arbor, Mich.

77 93p.

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

Available from: NAWDAC, Publications, 1028 Connecticut Avenue, N.W., Suite 922, Washington, D.C., 20036 (\$5.50 each)

EDRS Price MF-\$0.83 Plus Postage, HC Not Available from EDRS.

This program provides counselors with a means for integrating the individual, with the organizational, aspects of leadership training. In addition to an extensive, annotated bibliography, this monograph consists of seven sections: (1) an historical perspective of women in leadership roles; (2) a review of the literature concerning women and leadership; (3) an overview of current leadership programs and their limitations; (4) a rationale for the Optimizing Women's Leadership Skills (OWLS) program; (5) an exposition of the OWLS program consisting of four units: an organizational assessment, an individual assessment, skill building modules, and structured experiences; (6) a suggested method for implementing the program; (7) recommendations for adapting OWLS to varying settings and clientele. (PFS)

Descriptors: +Adult Counseling/ Annotated Bibliographies/
Communication Skills/ +Decision Making/ +Females/ +Leadership/
+Leadership Training/ Literature Reviews/ Models/ +Objectives/
Program Descriptions

ED150479 CG012138

A Career Planning Program for Women: The Experience "CUE".
Khosh, Mary N.

ERIC Clearinghouse on Counseling and Personnel Services, Ann Arbor, Mich.

77 123p.; Some parts may be marginally legible due to print quality

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

Available from: NAWDAC, Publications, 1020 Connecticut Avenue, N.W., Suite 922, Washington, D.C., 20036 (\$5.50 each)

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

This monograph describes a program developed to meet the needs of adult women continuing their education and planning careers. Experience CUE (C=career; U=you, the woman in the middle; E=education) was designed for women who are moving into a role change and need assistance in planning for it. The monograph describes in detail the group counseling sessions, held weekly for eight consecutive weeks in two-hour blocks with 12 women per group. In addition, there is an extensive bibliography and a literature review. (PFS)

Descriptors: *Adult Counseling/ Assertiveness/ Attitudes/ Career Change/ *Career Planning/ *Decision Making/ *Females/ Models/ Program Descriptions/ *Role Theory/ Values/ *Womens Education

ED149305 CS003879

Yesterday's Student--Tomorrow's Challenge.

Fisher, Joseph A.

Oct 77 27p.; Paper presented at the Annual Meeting of the North Central Reading Association (20th, Champaign, Illinois, October 28-29, 1977)

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

More and more older adults are returning to college, either to complete academic degrees or to take refresher courses in their professional areas. Educators can accommodate nontraditional students' needs by understanding the motivations that bring these students back to school and by providing them with educational counseling that will enhance their learning ability. Some of the adult learner's counseling problems include lack of self-confidence, unrealistic expectations for progress, fixed values and attitudes that conflict with other students' attitudes, impatience with abstract or general learning tasks, failure to seek help before problems get out of hand, and lack of efficient reading and study habits. Drake University's College for Continuing Education has developed an orientation course, called the Back-to-School Survival Skills Program, that helps older adults reacquaint themselves with the college environment and deal with problems they may encounter. The program has been highly successful, receiving enthusiastic support from its students and national attention that should prompt its implementation at other schools. (RL)

Descriptors: Adult Characteristics/ *Adult Counseling/ *Adult Education/ *Adult Students/ *Counseling Programs/ *Educational Counseling/ Goal Orientation/ Higher Education/ Older Adults/ *School Orientation

ED143993 CG011897

*Career Transitions: The Demand for Counseling. Volume 1., Arbeiter, Solomon; and Others

College Entrance Examination Board, New York, N.Y.; Policy Studies in Education, New York, N.Y.

76 73p.; For related document see CG 011 896

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C. Education and Work Group.

Contract No.: 400-76-0002

EDRS Price MF-\$0.83 HC-\$3.50 Plus Postage.

This is a report of a survey of the career guidance and counseling needs of 401 representative in-transition adults in the United States. None were full-time students, and all were either undergoing or anticipating job or career changes. The survey determined that 36% of the American population between the ages of 16 and 65 is in a career transition status, and these adults are predominantly female, white, between 20 and 39 years of age, and married with one to three children living at home. Adults in transition want career services of all types, but are most interested in specific information on jobs, careers, or educational opportunities. Of all adults, the least educated express the greatest interest in services and are willing to pay for them. The adults were asked to indicate their degree of interest in various types of services: information, counseling, guidance and training. Generally speaking, when given the choice as to what kind of help they wanted with a particular topic, adults preferred information to the other three services. (PFS)

Descriptors: *Adult Counseling/ Career Change/ *Career Choice/ *Career Opportunities/ *Career Planning/ Counseling Services/ Employment Opportunities/ *Job Search Methods/ *Occupational Guidance/ Surveys/ Vocational Counseling/ Working Women.

ED143992 CG011896

Career Transitions: The Demand for Counseling. Volume 2.
Arbeter, Solomon; And Others
College Entrance Examination Board, New York, N.Y.; Policy
Studies in Education, New York, N.Y.
Dec 76 93p.; For related document see CG 011 897
Sponsoring Agency: National Inst. of Education (DHEW),
Washington, D.C. Education and Work Group.
Contract No.: 400-76-0002
EDRS Price MF-\$0.83 HC-\$4.67 Plus Postage.

This is the report of a follow-up study of 400 randomly selected former clients of the Career Education Project (CEP). CEP was an innovative program, funded by NIE, which offered telephone counseling to home-based adults in Providence, Rhode Island. CEP attracted and served clients who were predominantly female, white, and 20-34 years old. They were most likely to be married with one or two children at home, with incomes of \$5000-15,000, of varied educational attainment. The few males using the service were single, under 30, with incomes of less than \$10,000 a year. CEP clients were overwhelmingly satisfied with the service they received, with their counselors, and with the telephone as a medium of communication. They felt the Project had helped them accomplish their goals, improve their situations, and develop more self-confidence. The type of counseling considered most valuable was in the area of self-evaluation, goal setting, and career decision making. About half the clients indicated they would be willing to pay for the services they had received, but only a few would agree to pay more than \$25. (PFS)

Descriptors: *Adult Counseling/ *Career Change/ Career Choice/ *Career Planning/ Counseling Services/ Employment Opportunities/ *Job Search Methods/ *Occupational Guidance/ Surveys/ *Telephone Communication Systems/ Vocational Counseling/ Working Women

ED143885 08 CE012862

Meeting the Educational and Occupational Planning Needs of Adults.

Seltz, Nancy C., Ed.; Collier, Helen V., Ed.
Indiana Univ., Bloomington. School of Continuing Studies.
77 281p.
Sponsoring Agency: Office of Education (DHEW), Washington, D.C.

EDRS Price MF-\$0.83 HC-\$15.39 Plus Postage.

This collection of articles and bibliographies was compiled as an educational supplement to six seminars for career counselors serving adult clients in educational institutions and community agencies throughout southern Indiana. Subdivided into six areas of study, the manual parallels the organization of the year-long training program and represents the contributions of researchers, administrators, and practitioners in the field of adult counseling. Each of the six sections contains two to four papers and bibliographic material. Topic headings are (1) The Nature of the Adult

Client: Developmental Needs and Behavior, (2) Career Development Needs of Adults, (3) Counseling Needs of Adult Sub-Groups, (4) Educational/Occupational Counseling with Adult Clients, (5) Supportive Services for Adult Clients, and (6) Strategies for Effective Adult Counseling. Titles of some of the major papers are as follows: "Psychosocial Variations Across the Adult Life Course: Frontiers for Research and Policy," "Age Norms, Age Constraints, and Adult Socialization," "Career Development in Adults," "Counseling Blacks," "Spanish-Speaking Americans: Their Manpower Problems and Opportunities," "A Framework for Counseling Women," "Learning the Guided Inquiry Procedures: The Six Steps of Guided Inquiry," "Agency Setting for Career Guidance," "The Adult Learner: Community Resources and Supportive Services," "The Peer Counseling Approach to Adult Counseling," and "Down With the Maintenance State." (JT)

Descriptors: *Adult Counseling/ *Adult Development/ Adult Education/ *Adult Students/ Counseling/ Minority Groups/ Occupational Guidance/ Post Secondary Education/ Resource Materials/ *Student Needs/ Student Personnel Services/ Vocational Counseling/ *Vocational Development

ED143028 Q8 CE012405

Adult Career Education Counseling Project. Final Report.
Northwest Regional Educational Lab., Portland, Oreg.
24p.

Sponsoring Agency: Office of Education (DHEW), Washington,
D.C.

Grant No.: OIG-0-73-5225

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

A special demonstration project to develop, pilot test, evaluate, and disseminate a competency-based, open-entry/open-exit training program model for adult education guidance and counseling personnel resulted in the development of SAGE (Skills for Adult Guidance Educators). The SAGE training system was developed in nine steps including exploring scholarly research and conducting a nationwide survey; defining a philosophy of individual development materialized in the conceptual model; and defining a philosophy of instruction materialized in the training model. The conceptual model is predicated on an interrelationship among four concepts: life stage, life style, life space, and total life planning. The training model is based on the following concepts: evidence of learning is a learner's performance; performance is measured in on-the-job situations; and the rate of learning is determined by the learner. SAGE, a module system of self-instructional packages, contains twenty-one broad skill areas (role statements) required of adult education guidance and counseling personnel which are each subdivided into specific skills. Each specific skill is taught in one module with each module containing the following components: Learning Objective, Rationale, Preassessment, Learning Activities, and Postassessment. This system may be adapted to many diverse adult and counselor education settings. (The twenty-one role statements and seventy-five module titles are appended, and information on their availability is included.) (EM)

Descriptors: *Adult Counseling/ Adult Education Programs/ Adult Educators/ Counselor Role/ *Counselor Training/ Demonstration Programs/ Independent Study/ Individualized Programs/ Job Skills/ *Learning Modules/ Learning Processes/ *Models/ Occupational Guidance/ *Performance Based Education/ Program Design/ *Program Development/ Vocational Counseling/ Vocational Development

Identifiers: *Skills for Adult Guidance Educators

ED143332# IR004939

Trends in Counseling and Information Services for the Adult Learner.

Ironside, Diana J.; Jacobs, Dorene E.

Ontario Inst. for Studies in Education, Toronto. Dept. of Adult Education.

77 105p.; Occasional papers 17

Sponsoring Agency: United Nations Educational, Scientific, and Cultural Organization; Paris (France).

Available from: Ontario Institute for Studies in Education,

252 Bloor Street West, Toronto, Ontario M5S 1V6

Document Not Available from EDRS.

This review of the literature on the topic of counselling and information services for adult learners was commissioned by UNESCO in autumn 1974. Topics addressed include (1) social context of adult education in the 1970's, (2) need for services, (3) trends in counselling, (4) trends in information services, (5) services to women and the disadvantaged, and (6) innovations in the field. An extensive annotated bibliography covers the above topics as well as vocational and career counselling; services to families, single men, professionals, the aged, and handicapped; and nontraditional forms of learning. (ST5)

Descriptors: *Adult Counseling/ Adult Education/ Adult Programs/ *Adult Students/ Adult Vocational Education/ *Annotated Bibliographies/ *Counseling Services/ Disadvantaged Groups/ Educational Innovation/ Experimental Programs/ *Information Services/ International Educational Exchange/ Needs Assessment/ Professional Continuing Education/ *State of the Art Reviews

ED142914 CG011651

Career Selection: A Systems Approach.

Bradley, Robert L.

74 33p.; Paper presented at the Annual Meeting of the Kentucky Personnel and Guidance Association (Louisville, Kentucky, October 27-29, 1976)

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

The purpose of this paper is to present a systems approach to career selection. Although primarily intended for counseling adults, it should also be applicable to high school and college level individuals. The systems model identifies three groups of individuals who need career counseling: (1) program-selected individuals; (2) cluster-area-selected individuals; and (3) undecided individuals. The model attempts to present a step by step process for selecting a career. The flow-chart approach is used for several reasons. It organizes the numerous necessary steps involved in selecting a career, indicates that the procedure is replicable, and gives the counselor a graphic view of the total process. (Author)

Descriptors: *Adult Counseling/ *Career Choice/ *Counselor Role/ Flow Charts/ Guides/ Models/ *Occupational Clusters/ *Systems Approach/ *Young Adults

ED130916 CG011714

SOTA. Students Older Than Average: A Social Group.
Plotzky, Frances A.

76 pp.; Paper presented at the Annual Meeting of the American College Personnel Association (Denver, Colorado, March 27-30, 1977)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This report discusses the difficulties encountered by student personnel services in fitting the nontraditional or older than average student into daytime college activities. The example of the Services for Returning Students at the University of Texas at Austin offers educational counseling services to persons who have experienced an interruption in their studies. In an effort to form a social group for such persons, student personnel workers successfully initiated and implemented the Students Older than Average (SOTA) program. The Union Program Office at the University provides the financial support while the Services for Returning Students promotes student contact. The operational concept in the approach is based on: (1) planning activities for an increasing subpopulation; (2) assisting these students in making the adjustment to the student role; and (3) promoting the transition for their split-level lifestyle as student, family member, and/or employee. (Author/VG)

Descriptors: Adjustment (to Environment)/ +Adult Counseling/ +Cocurricular Activities/ Daytime Programs/ Developmental Tasks/ Educational Counseling/ Higher Education/ Models/ +Nontraditional Students/ +Student Adjustment/ +Student Participation/ +Student Personnel Services/ Student Unions

ED138750 CE010865

Educational Brokering a New Service for Adult Learners.
Heffernan, James M.; And Others

Fund for the Improvement of Postsecondary Education (DHEW), Washington, D.C.

Jan 76 93p.

Available from: National Center for Educational Brokering, 405 Oak Street, Syracuse, New York 13203 (\$5.00)

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

Educational brokerages are described in this monograph as intermediaries which help adult students find their way into and through the experience of postsecondary education. Examples given range from community-based, free-standing counseling and advocacy agencies to community colleges without faculty or campus. Each of the nine chapters asks and discusses a broad question related to setting up, maintaining, and evaluating an educational brokerage for adult learners. The questions are: What is educational brokering? How do we select our services? Whom do we serve? How do we staff our operations? How do we organize our operations? How do we relate to other institutions? How do we reach our clients? How do we make it financially? and How do we appraise our efforts? Two sections which appear in each chapter are "The Problems We

Face" and "Our Reflections and Strategies." A list of participants in Project Exchange (a cooperative effort funded by the Department of Health, Education, and Welfare (DHEW) during which a number of educational brokerages shared the information which resulted in this monograph) is included in the introduction. An appendix suggests uses of the monograph and contains a directory of 18 brokering programs. (LMS)

Descriptors: Administrative Organization/ +Adult Counseling/ Adult Education/ +Adult Students/ Agency Role/ Community Agencies (Public)/ +Counseling Services/ +Educational Counseling/ Evaluation Criteria/ Evaluation Methods/ Financial Support/ Interinstitutional Cooperation/ Outreach Programs/ Personnel Policy/ +Post Secondary Education/ Private Agencies/ Professional Personnel/ Program Evaluation/ Staff Role
Identifiers: +Educational Brokering/ +Project Exchange

ED136181 CG011509

Mid-Life Counseling: New Dimensions in Theory and Practice. Innovative Conferences to Meet Adult Needs.

Leavengood, Lee

10p.; Paper presented at the Annual Convention of the National Association of Student Personnel Administrators (Atlanta, Georgia, April 3-6, 1977)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This paper summarizes seven innovative conferences designed to meet the educational and career counseling needs of adults. The conferences were developed at an urban state university, and can be adapted to and adopted by community colleges, private colleges and other universities. The purposes of these conferences were (1) to give educational and career information and encouragement to adults, (2) to give information to state personnel working with adults in community college and other state universities, and (3) to give educational and career information to individuals in policy making positions in industry, labor, education and government. The conferences spoke to current needs of adults in a community without committing the adults or the institution to long term programs. The institution by serving the needs of all ages became a more viable part of the community. (Author)

Descriptors: +Adult Counseling/ +Adult Education/ +Career Planning/ Community Colleges/ Conferences/ Educational Counseling/ +Educational Innovation/ +Information Needs/ +Needs/ Post Secondary Education/ Private Colleges/ Program Descriptions/ Universities

Identifiers: +Midlife Counseling

ED134267 JC770107

Downtown Study Centre--Nanaimo. First Annual Report, 1975-76.

Harrison, David; And Others
Malaspina Coll., Nanaimo (British Columbia).
Nov 76 27p.

Sponsoring Agency: Nanaimo Community Employment Advisory Board (British Columbia).

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

This report describes the 1975-76 operations of the Downtown Study Centre, a demonstration project offering service in adult basic education and advisement. The center offered "start anytime" open-entry, open-exit courses in English and mathematics at all levels, from basic literacy and numeracy through grade 12 equivalency. During 1975-76, 189 adults studied at the center. Of this group: (1) 165 were between 17 and 44 years of age; (2) 14 were unemployed; (3) the majority engaged in studies for the purpose of self-improvement and enhancement of employment potential; (4) 39 received a grade 12 diploma; and (5) 60 obtained or returned to a job. Overall, the project was evaluated as successful since it provided adult basic education service to individuals suffering educational handicaps. In terms of the advisement function of the project, it was estimated that the Centre responded to approximately 1,200 inquiries during the year, and that in-depth advisement was performed in approximately 360 cases. Appended are a flyer describing the purposes and offerings of the Centre, a background and brief chronology of Centre funding proposals and difficulties, and a statement of operating expenses for 1975-76. (JDS)

Descriptors: *Adult Basic Education/ *Adult Counseling/ Community Colleges/ Demonstration Projects/ Educational Alternatives/ Educational Counseling/ *Junior Colleges/ *Off Campus Facilities/ *Outreach Programs/ Program Evaluation/ Student Characteristics

ED130675# IR004253

Counseling and Information Services for Adult Learners in North America. Educational Documentation and Information.

Inonside, Diana J.

International Bureau of Education, Geneva (Switzerland).

Bulletin of the International Bureau of Education 198/99
1st/2nd quarter 1976

76 67p.

Available from: UNIPUB, Inc., P.O. Box 433, Murray Hill Station, New York, N.Y. 10016 (ISSN-0303-3899; \$10.00 for 4 issues a year)

Document Not Available from EDRS.

Some 286 items relating to counseling and information services for adult learners in North America are cited, and abstracts are given for 144 of them considered most significant. Trends and issues revealed by the literature are discussed in an introductory section. Citations with and without abstracts are listed together under the following

subject divisions: (1) counseling and testing programs; (2) counselors, counseling relationship, and learner needs; (3) vocational and career counseling; (4) information use and dissemination; (5) information-seeking behavior and activities; (6) information/counseling services to special learner groups; (7) nontraditional forms of learning; and (8) adult education context, issues, and projects. A substantial portion of the items cited were found in the data base of the Educational Resources Information Center (ERIC); ED numbers are given for these. There is an author index. (PF)

Descriptors: *Adult Counseling/ *Adult Education/ Annotated Bibliographies/ Counseling Programs/ *Counseling Services/ Counselors/ Information Seeking/ *Information Services/ Instructional Media/ Libraries/ Vocational Counseling

ED126369 CE007700

Continuing the Development of Career: A Symposium.
Tiedeman, David V., Ed.

Mar 75 48p.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

Following a brief introduction by the editor, four symposium papers are presented on continuing the development of career: "Career Development in Adults. Why do People 35 and Over Change Jobs?" Nancy K. Schlossberg; "Applying Vocational Theory to Adult Problems," John L. Holland; "Career Development of Adults: Why, When, Where, How," Elinor Waters; and "A Philogynous Proposal: Up With Women," Mary Lou Randour. Dr. Schlossberg discusses the causes of mid-life career changes emphasizing that they do not necessarily relate to job loss or the downgrading of opportunity. A framework is presented for understanding adult career development and planning career development programs. John L. Holland's paper summarizes his developmental and structural theories on vocations. Several suggestions are presented for the practice of vocational guidance in mid-life career development. Professor Waters describes a six session career development program for adults. The clientele, format, and course content are described. The final paper by Dr. Randour discusses sex discrimination problems and the needs of women in the world of work. A solution suggested in Dr. Randour's paper is the creation of a child service educational reward system based on the concept of the Veterans Administration educational benefits. (Author/BP)

Descriptors: *Adult Counseling/ Adult Programs/ *Adults/ Anthologies/ *Career Change/ Career Education/ Career Planning / Educational Theories/ Equal Opportunities (Jobs)/ Females/ Occupational Guidance/ Sex Discrimination/ *Symposia/ Vocational Counseling/ *Vocational Development

ED124732# CE007347

Attracting Clients to Service-Oriented Programs.

Disney, Diane M.

Education Development Center, Inc., Newton, Mass.

75 48p.

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

Report No.: VI-102-852

Available from: Career Education Project, Education Development Center, 55 Chapel Street, Newton, Massachusetts 02160 (No price given)

Document Not Available from EDRS.

One of a series of manuals developed by the Home and Community-Based Career Education Project, the outreach component publication describes how the project went about attracting clients for its adult vocational counseling services. Sections include: creating a publicity campaign, using an advertising agency, creating products for the mass media, producing shows and advertising spots for television and radio, producing newspaper advertisements and articles, distributing mass media products, and methods of reinforcing the message to obtain community acceptance. Samples of the spots and ads are included throughout the publication. In addition to these three mass media, some brochures and other printed matter was produced to give information about the program. Additional methods of reaching potential clients and their effectiveness are also discussed, along with the staffing found most efficient. (MF)

Descriptors: +Adult Counseling/ +Counseling Centers/ Information Dissemination/ +Mass Media/ +Outreach Programs/ Production Techniques/ +Publicize/ Resource Centers/ Staff Utilization/ Vocational Counseling

Identifiers: +Home Community Based Career Education Project

ED124731# CE007346

Developing Career-Related Materials for Use with and by Adults.

Wilson, Barbara Lazarus; And Others

Education Development Center, Inc., Newton, Mass.

75 51p.

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

Available from: Career Education Project, Education Development Center, 55 Chapel Street, Newton, Massachusetts 02160 (No price given)

Document Not Available from EDRS.

One of a series of manuals developed by the Home and Community-Based Career Education Project, the publication presents the processes involved in reviewing and compiling information about educational, training, and supportive resources for career-related materials for adults. Principal focus is on materials created by the project's information unit to meet the particular needs of their clients and counselors: three major directories (occupational projects,

education and training resources, and supportive services) and four separate "packages" (career development series, women and the world of work, liberal arts and sciences and the world of work, and external degree study: a new route to careers). The manual describes in detail how to develop the directories and how to gather and organize the data for their different sections. Examples of the various forms and formats used and the preparation of a cross-reference card system to cover the information in the directories are included. (MF)

Descriptors: +Adult Counseling/ Data Collection/ Directories / +Information Processing/ Information Sources/ Information Storage/ +Material Development/ +Occupational Information/ Reference Materials/ Resource Centers/ +Vocational Development
Identifiers: +Home Community Based Career Education Project

ED124730# CE007345

Establishing and Operating a Career Resource Center for Adults.

Tobin, Nancy; And Others

Education Development Center, Inc., Newton, Mass.

75 51p.

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

Report No.: VI-102-850

Available from: Career Education Project, Education Development Center, 55 Chapel Street, Newton, Massachusetts 02160 (No price given)

Document Not Available from EDRS.

One of a series of manuals developed by the Home and Community-Based Career Education Project, the publication describes the establishment of the project's resource center or specialized library to collect occupational information materials and make them accessible to staff members, clients, and the public. Such a resource center involves selecting suitable adult counseling and vocational materials and setting up procedures for ordering materials and equipment, staffing, recordkeeping, and organizing the information for use. Included in the manual are planning the resource center, center operating procedures, and methods of building a collection from a variety of sources, with supplemental information on specific types of materials. Appendixes provide lists of sources for free or inexpensive occupational materials, frequently used books, the resource center's subscriptions, and addresses of material sources. (MF)

Descriptors: +Adult Counseling/ Career Planning/ Guidelines/ Information Sources/ +Library Planning/ Library Technical Processes/ Occupational Information/ +Resource Centers/ Resource Guides/ +Special Libraries/ +Vocational Development
Identifiers: +Home Community Based Career Education Project

ED124728# CE007343

Designing and Operating a Career Counseling Service for Adults.

Grothe, Mandell S.

Education Development Center, Inc., Newton, Mass.
75 47p.

Sponsoring Agency: National Inst. of Education (DHEW),
Washington, D.C.

Available from: Career Education Project, Education
Development Center, 55 Chapel Street, Newton, Massachusetts
02160 (No price given)

Document Not Available from EDRS.

One of a series of manuals developed by the Education
Development Center's Home and Community-Based Career Education
Project, the report describes the career and counseling
component of the project. The core of the project is career
counseling by telephone, provided by trained
paraprofessionals. It was found that paraprofessionals can
deliver career counseling services effectively by using the
telephone as a medium of client-counselor interaction. The
publication includes information on planning and designing the
counseling service, procedures for counseling clients,
recruiting and selecting professional and paraprofessional
personnel, training and supervising personnel, using resource
materials, collecting information during the counseling
process, and storing client records. (MF)

Descriptors: *Adult Counseling/ *Career Planning/
*Counseling Centers/ *Counseling Services/ Counselor Training/
*Delivery Systems/ Guidelines/ Interviews/ Organizational
Development/ Paraprofessional Personnel/ Personnel Selection/
Program Administration/ Program Design/ Program Development/
Recordkeeping/ Vocational Counseling

Identifiers: *Home Community Based Career Education Project/
*Telephone Interviews

ED123496# 95 CE007342

Bibliographies of Career-Related Materials.

Banks, Jennifer; And Others

Education Development Center, Inc., Newton, Mass.
75 177p.

Sponsoring Agency: National Inst. of Education (DHEW),
Washington, D.C.

Report No.: VI-102-847

Available from: Career Education Project, Education
Development Center, 55 Chapel Street, Newton, Massachusetts
02160 (No price given)

Document Not Available from EDRS.

The publication presents both a shelf collection list and a
series of annotated bibliographies on selected topics in the
collection of the resource center of the Education Development
Center's home- and community-based career education project
(one of the National Institute of Education's four career
education models). It is intended as a guide for acquiring
some of the holdings and as a basis for selecting particular

types of career-related materials for home-based adults, those
16 and over who are neither working nor attending school
full-time. Contents are arranged in two sections: materials in
the shelf collection list of the resource center and annotated
bibliographies of some of these materials on seven major
topics. Four of these topic categories contain materials of
use to both counselors and clients: directories and
information on financial aid and educational and training
resources, occupational information, and the job search. The
other three--on counseling, career education, and
women--include materials primarily useful to counselors,
educators, and other professionals. The shelf collection list
is arranged by 65 subject headings taken from the "Thesaurus
of ERIC Descriptors." Both sections provide ordering
information for materials cited. (MF)

Descriptors: *Adult Counseling/ Annotated Bibliographies/
*Bibliographies/ Career Opportunities/ *Career Planning/
Educational Opportunities/ Occupational Information/ Resource
Centers/ *Resource Guides/ Vocational Counseling/ *Vocational
Development

Identifiers: *Home Community Based Career Education Project

ED122077 CE006987

Continuing Education for Business. Monograph 125.

Swatt, Kenneth A.

Nov 72 62p.

Report No.: VI-102-72B

EDRS Price MF-\$0.83 HC-\$3.50 Plus Postage

Focusing on adult business education in the public evening school, the monograph first presents a brief history of the educational form and its philosophical foundations for progress and then lists programs of adult business curriculums, both preparatory and supplementary. The broad preparatory programs offer courses to educate adults for entry into the labor force in a new or former occupation. Courses in the preparatory curriculum cover accounting, shorthand, business data processing, business organization and management, office machines and procedures, system design and development, and typewriting. The supplementary programs, often of short or single courses, provide education for adults who have already entered the labor market and need education to update or upgrade their current employment skills. Planning and criteria for adult business education in several States are presented, along with short descriptions of courses offered. Such courses are conducted by secondary schools, vocational-technical schools, and many postsecondary institutions. Complete vocational guidance services should be available for adults, such as testing and counseling, educational and occupational information, and placement and followup. The monograph also discusses methods of planning adult programs and the teaching methodology appropriate to adult learners. (MF)

Descriptors: *Adult Counseling/ *Adult Education Programs/ *Adult Vocational Education/ *Business Education/ Course Descriptions/ Evening Programs/ Occupational Guidance/ Post Secondary Education/ Program Descriptions/ Program Planning/ Teaching Methods/ Vocational Development/ *Vocational Retraining

ED122075 95 CE006985

Inquiry Project: Computer-Assisted Counseling Centers for Adults.

Farmer, Helen

Illinois Univ., Champaign.

20 May 75 20p.; Paper presented at the American Association of Higher Education (Drake University, Iowa, May 20, 1975)

Sponsoring Agency: Fund for the Improvement of Postsecondary Education (DHEW), Washington, D.C.

Report No.: VI-102-715

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

The report describes a University of Illinois project which designed and field-tested computer-assisted adult counseling centers. These centers offered counseling for persons seeking to make career changes, to continue their education, or to

leave the home and enter the labor market. Computers provided a comprehensive data bank of information on occupational and educational opportunities, while counselors performed the essential roles of identifying obstacles to educational or career goals and of planning ways to overcome these obstacles. The theoretical basis for the design of the centers is adapted from Tiedeman and O'Hara, wherein services are built around the developmental tasks relevant to the educational and career needs of adults. A six-step method to guide the counselor and client in self-study planning is outlined. The four major components of the information system--educational information, occupational information, self-information, and guidance information--are described in the report. (NJ)

Descriptors: *Adult Counseling/ Adult Education/ Adults/ Career Change/ Career Planning/ *Computer Oriented Programs/ *Counseling Centers/ Counselor Role/ Data Bases/ Educational Counseling/ Information Centers/ Information Needs/ Information Retrieval/ Information Storage/ *Information Systems/ Occupational Information/ Post Secondary Education/ Retraining/ *Vocational Counseling

ED120596 CG010422

Educational Counseling Services for Nonschool Adults, Including: Adult Basic Education, Career Resource Centers, District Library Centers, Employment Security Offices, General Education Development; Rehabilitation Facilities, Skill Centers.

Martinko, Agnes

Pennsylvania State Dept. of Education, Harrisburg. Bureau of Information Systems.

May 75 38p.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage

The concept of lifelong learning places new emphasis on helping out-of-school adults make their educational and employment choices. Educational institutions are beginning to extend their counseling services to adults who need them. However, other agencies and various educational programs designed to meet specific adult needs, which include educational and/or employment counseling, operate throughout the state of Pennsylvania. This report identifies the types and locations of the various counseling services within the state on a regional basis. While this report focuses on specific services in a single state, it offers guidelines to others, relating to services which might be offered as part of a total state service program to all adults in that state. (Author/CJ)

Descriptors: *Adult Counseling/ Adults/ *Educational Counseling/ *Employment Services/ Needs/ *Program Descriptions / *State Programs/ Vocational Counseling

Identifiers: Pennsylvania

ED119795 JC760189

Establishing Community Advisement Centers: A Proposal.
California State Postsecondary Education Commission,
Sacramento.

Feb 76 51p.

Report No.: CommissionR-76-2

EDRS Price MF-\$0.83 HC-\$3.50 Plus Postage

In 1974, the California legislature directed the California Postsecondary Education Commission to develop a plan for establishing independent postsecondary education counseling centers to serve California residents not enrolled in a college or high school. On the basis of interviews, a review of the literature, and site visits to existing counseling centers, the Commission developed three alternative plans for pilot advisement centers. Each center would provide: (1) a comprehensive testing program to enable clients to assess their educational strengths and weaknesses, career skills, and interests; (2) current information and advice on all public and private postsecondary education opportunities in California; (3) information and counseling about career options, requirements, and opportunities in the state; (4) information on costs of education and opportunities for financial aid; (5) current information about special programs (such as child care) or services of educational institutions and agencies in the community; and (6) a referral service to help clients obtain needed counseling information not directly provided by the center. Included in the proposal is a plan for an information system which would help coordinate and disseminate existing information about local opportunities, programs, and services. (Author/DC)

Descriptors: *Adult Counseling/ Career Planning/ *Community Information Services/ *Community Service Programs/ Educational Guidance/ Educational Opportunities/ Educational Testing/ *Guidance Centers/ *Guidance Counseling/ Information Centers/ Occupational Information/ Postsecondary Education/ State Programs/ Vocational Interests

Identifiers: *California

ED115742 95 CE005339

A Career Decision-Making Handbook for Adult Basic Education Teachers.

Burton, Joseph C.; Wilson, Patsy
Huntsville City Schools, Ala.

Jun 75 60p.

Sponsoring Agency: Bureau of Occupational and Adult Education (DHEW/OE), Washington, D.C.

EDRS Price MF-\$0.76 HC-\$3.32 Plus Postage

The purpose of the special project, operated by the City Board of Education (Huntsville, Alabama), was to perfect a career decision-making model that could be used by Adult Basic Education (ABE) teachers to help the disadvantaged adult upgrade himself educationally and to make a realistic career decision based on his and his family's personal value system. Career counselors trained the ABE teachers in the use of the

career decision-making model, using preservice, inservice, and on-the-job training. The teacher and the counselor worked with adult learners in developing the thinking processes needed for career decision making. The document explains in detail the adult career decision-making processes and provides an example of a career decision-making chart, briefly describing each of the 18 points on the chart. Also discussed are the four counseling techniques used: (1) behavioral techniques, (2) educational media, (3) group techniques, and (4) vocationally oriented curriculum. The remainder of the document consists of lists of materials: an annotated bibliography covering occupational information, job search, and study guides for job entry; local community resources; and an annotated list of tests useful in counseling adult learners. (BP)

Descriptors: Adult Basic Education/ *Adult Counseling/ Adult Educators/ *Adults/ Adult Students/ Annotated Bibliographies/ *Career Choice/ Counselor Role/ *Decision Making/ *Disadvantaged Groups/ Personal Values/ Resource Materials/ Teacher Role/ Vocational Counseling/ Vocational Development

Identifiers: Alabama (Huntsville)

ED114583 CE005443

Educational Counseling of Adults: Where It's At.
Grabowski, Stanley M.

Oct 75 12p.; Paper presented at the Conference on Advising and Counseling Adult Learners (Albany, New York, October 1-2, 1975)

EDRS Price MF-\$0.76 HC-\$1.58 Plus Postage

"Counseling adults is the most impoverished, depressed, but developing area in the entire area of adult education." This is due to: (1) a lack of serious commitment by the educational community, (2) a lack of adequate literature, and (3) a lack of clear-cut role distinctions. The limited number of research studies on counseled adults conclude that more progression is found among counseled groups than noncounseled groups and that existing guidance services for adults are inadequate to meet clients' needs. The essence of counseling is the relationship between counselor and client which places emphasis on the client's perception of his/her environment. The role of a counselor may be clarified by examining what tasks counselors of adults perform or by studying the competencies identified as needed for counseling in adult education. Of basic importance in counseling adults is to understand the needs of adults. Moreover, adult students bring many anxieties, over and above those in any learning situation regardless of age or level, to the learning situation. Another consideration is counselor attitudes toward the adult counselee which can influence the counseling process. Abraham Maslow's explanation of self-actualization is recommended as an ideal model for counselors when dealing with adults. (EA)

Descriptors: *Adult Characteristics/ *Adult Counseling/
*Adult Education/ Counseling Effectiveness/ Counselor Attitudes/ Counselor Functions/ *Counselor Role/ *Educational Needs

ED113612 CG008537

Counseling Within an Indian Adult Basic Education Project.
Collins, Ray

Jun 73 16p.; Paper presented at the National Conference of the Canadian Guidance and Counseling Association (Winnipeg, Canada, June 5-8, 1973)

EDRS Price MF-\$0.76 HC-\$1.58 Plus Postage

Many Indians are leaving their communities to seek employment in the cities, but because of lack of education and social prejudice are forced to live under poor conditions. The Indian Education Center in Vancouver has an adult basic education program that includes counseling. The center tries to help all Indians referred to it; so far it has assisted about 200 Indian men and women. The center tries, through trust, confidence, and friendship, to develop a productive interpersonal relationship with its Indian students. It attempts to create a friendly center atmosphere with T.V., stereo-tapes, ping pong and pool tables. The program is flexible enough to accommodate individual differences. Each person's abilities are identified, and individuals are

encouraged to seek personal, social, and academic growth. The help and cooperation of various agencies and individuals are sought and encouraged. The center cooperates, particularly, with agencies, counselors, and social workers that are closely involved with Indian affairs. (Author/SE)

Descriptors: *Adult Basic Education/ *Adult Counseling/
*American Indians/ Community Agencies (Public)/ Continuation Education/ *Counseling Services/ Cultural Factors/ Educational Attitudes/ *Educational Disadvantage/ Program Descriptions
Identifiers: *British Columbia (Vancouver)

ED109588 95 CG400129

Counseling Older Persons: Careers, Retirement, Dying.
Sinick, Daniel

ERIC Clearinghouse on Counseling and Personnel Services, Ann Arbor, Mich.

75 97p.

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

Contract No.: NIE-C-400-75-0017

EDRS Price MF-\$0.76 PLUS POSTAGE. HC Not Available from EDRS.

The focus of this monograph is on three areas of counseling with older clients: career counseling, retirement counseling, and counseling regarding death and dying. The portion on career counseling includes reasons older persons change careers, obstacles they are likely to face when seeking employment, myths surrounding the employability of older persons, and suggestions on the use of testing in career counseling older persons. Retirement counseling examines the social image and role of the retired person, plus work, volunteer, and leisure time activities. Retirement counseling emphasizes retirement as a positive developmental stage. Included is a brief discussion of practical lifestyle concerns specific to retired persons. Counseling surrounding death and dying, including Kubler-Ross' five stages of dying, potential suicides, and death survivors is examined. Trends and issues regarding problems of aging, a bibliography of readings related to older women, and appendixes of periodicals and organizations concerned with older persons are included. (JS)

Descriptors: Adjustment (to Environment)/ *Adult Counseling/
*Career Change/ *Death/ Family Counseling/ *Older Adults/
Personal Adjustment/ *Retirement/ Social Adjustment/ State of the Art Reviews

ED106672 CE004494

Problem Solving in Professional Adult Education.
Commission of Professors of Adult Education.
74 94p.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

The papers in the collection reflect areas of concern to adult educators, especially at the university level. The first of the collection's three sections deals with graduate program design and contains three papers: Problems of Graduate Program Design, Wilson B. Thiede, and two reaction papers by John Ohliger and Clive C. Vori. Section 2 on epistemological issues contains three papers: Epistemological Issues in the Problem Approach to Adult Education, Jerrold R. Coombs, and two reaction papers by Robert A. Carlson and James Farmer. Part 3 which deals with counseling contains four papers: Counseling: A Central Component in Adult Education, Robert J. Nejedlo, and three reaction papers by Russell J. Kleis, Howard McClusky, and Robert E. Snyder. (JR)

Descriptors: *Adult Counseling/ *Adult Education/ Adult Learning/ *Conference Reports/ Counseling/ Counselor Role/ *Educational Philosophy/ Educational Problems/ Graduate Study/ Higher Education/ Independent Study/ Individual Study/ *Problem Solving/ Program Design

ED105341 CG009712

Leisure Counseling. A Kit.
Epperson, Arlin; And Others
American Alliance for Health, Physical Education, and Recreation, Washington, D.C. American Association of Leisure and Recreation.; Milwaukee Public Schools, Wis. Div. of Municipal Recreation and Adult Education.
73 32p.

Available from: American Alliance for Health, Physical Education, and Recreation Publications Sales, 1201 Sixteenth Street Northwest, Washington, D.C. 20036 (Stock No. 246-25726, \$4.50, check or money order must accompany request)

EDRS Price MF-\$0.76 HC Not Available from EDRS. PLUS POSTAGE

This set of materials intended for use in the development of programs in leisure services and a vocational counseling contains information about a Leisure Counseling Media Kit, with directions for ordering a slide-tape program. Order forms and additional information about leisure counseling supplies are also included. A brief pamphlet describes leisure counseling, when it is available, and what the cost is for the services. A three-page leaflet describing the Milwaukee Leisure Counseling Model focuses on: (1) a definition of leisure counseling; (2) methods for assessing interests of the individual; and (3) a description of the team approach as developed and implemented in the Milwaukee model. The kit also contains a copy of the Miranda Leisure Interest Finder Identifying Information Sheet which assesses information on education, salary, and time availability. A supplemental section of the inventory evaluates preference for specific leisure activities and instructions for developing individual

profiles. (BW)

Descriptors: *Adult Counseling/ Instructional Materials/ *Interest Tests/ *Leisure Time/ Physical Education/ *Program Development/ *Recreational Activities
Identifiers: *Leisure Counseling

ED101165 CE002931

Adult Learning and Counseling: Final Report.
Sharp, Robert B., Comp.

Laramie County Community Coll., Cheyenne, Wyo.
15 Jul 72 58p.

Sponsoring Agency: Office of Education (DHEW), Washington, D.C.

EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

Located in a low income model cities area of Cheyenne, Wyoming, the project provided adult basic education and vocational counseling services. The document offers a detailed summary of its staff and their qualifications, the agenda of a staff workshop, and a summary of the center's recruitment activities and problems. A brief description of the center's programs include its instructional activities in reading, social studies/science, math, and language and programs of employment orientation, English as a second language, and consumer education. A case study illustrating the student counseling program and procedure is presented with the individualized educational program developed to meet the specific needs of the case. The counseling program was aimed at enhancing the educational environment, and counselors' activities included recruitment of students, testing, program evaluation, and some teaching. A research project explored the impact of goal specificity on achievement in adult education. Methodology and analysis procedures for this project are described and findings tabulated. Though generally inconclusive, results provide preliminary information for further research. (MW)

Descriptors: *Adult Basic Education/ *Adult Counseling/ *Adult Education Programs/ Case Studies (Education)/ Continuing Education Centers/ Counseling Programs/ *Educational Research/ Individualized Instruction/ Instructional Staff/ *Program Descriptions/ Recruitment/ Tables (Data)

ED094278 CG009011

Counseling With The Elderly: Dealing with Death and Dying.
Aslin, Alice L.

74 Bp.; Presented at the American Personnel and Guidance Association Convention (New Orleans, Louisiana, April, 1974)
EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

For the elderly client, the adjustment to aging and a realistic perspective toward death go hand in hand. The counselor must help the client to realize the usefulness of his present life and to make realistic preparations (wills, burial arrangements) for his death. Such work can be done effectively via group or individual therapy sessions, discussions with community or church groups or family sessions. Regardless of the modality employed, both the counselor and the client must find some value in old age, resulting in a more realistic and calm approach to dying. (Author/PC)

Descriptors: *Adult Counseling/ *Counseling/ Counseling Effectiveness/ *Death/ *Emotional Adjustment/ Group Counseling / *Older Adults/ Speeches

ED094274 CG008962

Counselor Responses to Death and Dying: Guidelines for Training.

Bascue, Loy O.

74 11p.; Paper presented at the American Personnel and Guidance Association Convention (New Orleans, Louisiana, April 1974)

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

This paper attempts to provide initial perspectives on guidelines for the preparation of counselors in dealing with client problems as they relate to death. Four elements of a training program are presented: (1) sensitizing counselors and prospective counselors to the topic of death and its potential importance; (2) helping those same people investigate available clinical research and popular information about death; (3) promoting the exploration of their own experiences, emotions, and opinions about death; and (4) having them provide actual services to clients for whom death is a possible concern. In addition to the preparation of counselors for direct service to clients, the writer also relates a number of issues which could benefit from investigation, including the frequency with which counselors come in contact with death-related problems, the attitudes and opinions of counselors about death-related issues, and the experiences with death of students who are interested in serving in particular work settings. (Author/PC)

Descriptors: *Adult Counseling/ *Counselor Attitudes/ Counselors/ *Counselor Training/ *Death/ *Self Evaluation/ Speeches

Adult Career Education Counseling and Guidance Literature Resource.

Northwest Regional Educational Lab., Portland, Oreg.
Apr 74 895p.

Sponsoring Agency: Office of Education (DHEW), Washington, D.C.

Grant No.: OEG-0-73-5225

Available from: Northwest Regional Educational Laboratory, Lindsay Building, 710 S.W. Second Avenue, Portland, Oregon 97204

EDRS Price MF-\$ 1.55HC Not Available from EDRS. PLUS POSTAGE

The Adult Career Education Counseling Project classified 800 documents relevant to the competencies needed by counselors of adults and has presented them in a classification schema of seven major categories: (1) Counseling and Guidance, (2) Adult Counseling and Guidance, (3) Adult Education, (4) Career Education, (5) Competencies, (6) Training, and (7) Adulthood. Each document was assigned a category or subcategory number. Within each of these major categories a materials resume can be found listed alphabetically according to the author's name. Each materials resume contains the following relevant information: (1) classification, (2) author, (3) title, (4) price, (5) date, (6) pages, (7) source, (8) media, (9) orientation, and (10) subject content. Seven special items have been reviewed at length. Project staff members felt these materials provided an especially good overview of project areas of particular concern, special insights to individual objectives, or general background information which may be of significance to the user. Search procedural information is appended. (BP)

Descriptors: Adult Basic Education/ *Adult Counseling/ Adult Education/ Adult Education Programs/ Adult Students/ *Annotated Bibliographies/ *Career Education/ Classification/ Counselors/ *Counselor Training/ *Guidance/ Literature Reviews

Identifiers: Adult Career Education Counseling Project

ED089821# JC740130

An Investigation of Adult Counseling and Guidance Programs in the Nineteen Public Community Junior Colleges in the State of Kansas.

Hartwig, John Edward

73 278p.; A doctoral dissertation, Kansas State University, 1973

Available from: Xerox University Microfilms, 300 North Zeeb Road, Ann Arbor, Michigan 48106 (Microfilm \$4.00, Paper Copy \$10.00, Order Number 74-14,359)

Document Not Available from EDRS.

This study was undertaken to investigate the role and scope of adult counseling and guidance programs in the 19 public community junior colleges in Kansas. The study was concerned with providing data which may lead to a series of recommendations for the Kansas State Department of Education concerning specific programs and practices which would help establish guidelines relative to adult counseling and guidance programs in the community junior colleges. The study dealt with the following areas: (1) priorities, (2) strengths and weaknesses, (3) problems in establishment of programs, (4) reasons adults seek counseling services, (5) background of adult counselors and administrators, and (6) time spent with adult counseling programs. (Author)

Descriptors: *Adult Counseling/ Adult Education Programs/ *Adult Students/ *Community Colleges/ *Counseling Programs/ Doctoral Theses/ Guidance Counseling/ *Junior Colleges

ED089819 JC740128

An Investigation of Adult Counseling and Guidance Programs in the Public Community Junior Colleges of Kansas.

Hartwig, John Edward

May 73 36p.; A paper abstracting major research findings from a Doctoral Dissertation, Kansas State University, May, 1973

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

The purpose of this study was to investigate the role and scope of adult counseling and guidance programs in the 19 public community colleges in Kansas. The study is specifically concerned with providing data which could assist in establishing guidelines to adult counseling and guidance programs. The data was collected from two groups in each community college: (1) counselors working primarily with adults, and (2) administrators of adult student personnel programs, adult or continuing education programs. The research procedures are explained in detail including the development of a questionnaire. Research findings, recommendations and personal observations are provided and a bibliography concludes the report. (Author/SW)

Descriptors: *Adult Counseling/ Adult Education Programs/ *Adult Students/ *Community Colleges/ *Counseling Programs/ Guidance Counseling/ Guidelines/ *Junior Colleges

Identifiers: Kansas

ED089805 JC740114

Continuing Education for Women at Mattatuck Community College.

Andrews, Dorothy E.

73 20p.

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

A group counseling program for mature women students with family responsibilities was established to assist women in adjusting to their new roles as students. Participants were selected after undergoing an individual interview screening and orientation to the nature and purposes of the program. This approach was used to select only those individuals whose needs were similar and who would seem to benefit from this type of activity. Eight participants were ultimately selected. The program consisted of six sessions held on a weekly basis. Session topics included: Developing Listening Skills; The Community College: A New Experience; Friendships and Family; Careers; and Sexuality. A post-session evaluation instrument was completed by each participant, in addition to an individual participant diary kept for each session. All participants felt that the program was valuable. (Author/KM)

Descriptors: *Adult Counseling/ Adult Education Programs/ *College Students/ Community Colleges/ *Females/ *Group Counseling/ Group Discussion/ Group Therapy/ Sex Role/ Student Adjustment/ Womens Education

ED089168 CG008770

Reinforcers, Values and Vocational Maturity in Adults.

Walls, Richard T.; Gulkus, Steven P.

West Virginia Univ., Morgantown.

Feb 74 13p.; Presented at the American Educational Research Association (Chicago, Illinois, April, 1974)

Sponsoring Agency: Department of Health, Education, and Welfare, Washington, D.C.; West Virginia State Board of Vocational Education, Charleston. Div. of Vocational Rehabilitation.

EDRS Price MF-\$0.76 HC-\$1.50 PLUS POSTAGE

The purpose of the study is to test the notion that job reinforcers and occupational values are related to vocational maturity. The importance of 21 reinforcers and 11 values were rated by 207 vocational rehabilitation clients and 59 graduate students. The dependent measure was the Adult Vocational Maturity Index. Older subjects with more education were more vocationally mature. Those subjects who considered -- (a) getting a feeling of accomplishment, (b) doing work without feeling it is morally wrong, (c) having steady employment, (d) independence, (3) opportunity to use special talents, (f) challenge, and (g) self-satisfaction -- important, were high in vocational maturity. Subjects who considered such things as -- (a) telling other workers what to do, (b) having the position of "somebody" in the community, and (c) prestige -- important, were lower in vocational maturity. The data indicates that choice of occupational reinforcers and preferences for specified values are reflected in the individual's "vocational maturity." (Author)

Descriptors: *Adult Counseling/ Career Choice/ *Occupational Aspiration/ Personal Values/ Research Projects/ *Values/ Vocational Counseling/ Vocational Maturity/ *Work Attitudes

Identifiers: *Adult Vocational Maturity Index

ED084403 CE000559

A Report to the Ohio Board of Regents: Extended Learning Program.

Ohio Univ., Athens.

Jun 73 108p.

EDRS Price MF-\$0.76 HC-\$5.70 PLUS POSTAGE

An overwhelming response to the model Extended Learning Programs in the greater Cleveland area and in southeastern Ohio, under the leadership of Ohio University, has indicated that there is a sizeable group of adults with interrupted college programs and unfulfilled career plans whose unique needs were not or could not be met by existing programs of higher education. The program has placed much emphasis on individualized counseling and has recognized the uniqueness of circumstances and aspirations of each student. The report reviews the organization of the project and the necessary procedures for communication and public relations. One section provides a student profile, compiled from questionnaires, of information about people who applied to the program. Other sections describe the course and credit possibilities

presently available to extended learning students, counseling and referral process, types of degree programs conducive to independent study approaches, faculty, inter-institutional cooperation, and financing. Also included is an appendix of case studies of four students. (EA)

Descriptors: *Adult Counseling/ *Adult Education Programs/ Adult Learning/ Adult Programs/ Adult Students/ *Continuous Learning/ Correspondence Study/ *Demonstration Programs/ Educational Finance/ Independent Study/ Individual Counseling/ Individualized Instruction/ Interinstitutional Cooperation/ Special Degree Programs/ *Student Characteristics

Identifiers: *Extended Learning Program

ED083984 JC730280

Veterans on Campus: A Handbook for Programs, Services, Staffing and Assistance.

Betts, Lee John, Ed.

American Association of Community and Junior Colleges, Washington, D.C.

73 76p.

Sponsoring Agency: Office of Education (DHEW), Washington, D.C.

Available from: American Association of Community and Junior Colleges, One Dupont Circle, Suite 410, Washington, D. C. 20036 (\$2.00)

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

A handbook to provide information that will aid in establishing bondages between veterans and those professional people providing service for returning servicemen and women is presented. Topics discussed include: Vietnam veteran; organizing to serve the veteran; a veterans Outreach Program; veterans with special needs--minority veterans, academic adjustment, physical disabilities, less-than-honorable discharges, and emotional adjustment; vital collegiate veterans organizations, and Federal programs. The following are appended: (1) an annotated bibliography of veterans organizations, programs and publications; (2) USOE veterans cost-of-instruction regulations; and (3) the Servicemen's Opportunity College Concept. (CK)

Descriptors: Adjustment Problems/ Administrator Guides/ *Adult Counseling/ *Adult Education Programs/ Adult Students/ Annotated Bibliographies/ *Federal Aid/ Minority Groups/ Physically Handicapped/ Special Programs/ *Veterans Education

ED083062 S0006165

The Dynamics of Life Skills Coaching.
Saskatchewan NewStart, Inc., Prince Albert.; Training
Research and Development Station, Prince Albert
(Saskatchewan).
Mar 73 245p.

Available from: Saskatchewan New Start Inc., P.O. Box 1565,
Prince Albert, Saskatchewan, Canada (\$4.95)

EDRS Price MF-\$0.76 HC Not Available from EDRS. PLUS POSTAGE

This book is used throughout the life skills coach training course. The content focuses on increasing the understanding the training material and to assist in coaching life skills students. The course, based on adult training and counseling methods, involves the development of problem-solving behaviors in the management of personal affairs. The book covers the same material as the coaching manual, with the addition of an overview of the life skills course and the coach training course, and student evaluation methods. The units cover principles and practices of structured group process, creative problem solving skills, structured human relations training, developing courses of action, essential life skills coaching skills, coaching skills, coaching practicum, and evaluating student progress. The balanced self-determined behavior model for interpersonal behavior and coaching skills such as role playing, questioning techniques, the case method, and discussion leading, are dealt with at length. Student evaluation forms and samples are included. (This life skills coach training course is ED 070 84G; other related documents are ED 068 741, ED 072 183, and ED 074 219.) (KSM)

Descriptors: *Adult Counseling/ Adult Education/ Adult Educators/ Behavior Patterns/ Community Education/ Counselor Role/ Evaluation Methods/ *Family Life Education/ Group Discussion/ *Group Dynamics/ Guides/ Human Relations/ Models/ *Personal Growth/ *Problem Solving/ Questioning Techniques/ Role Playing/ Self Actualization/ Sensitivity Training/ Skill Development/ Video Tape Recordings

ED080909 CG008034

A Decade of Development: The Best of Ten Years. An Anniversary Publication of Selected Papers. Adult Student Personnel Association, Inc.

Clifford, Earle W., Ed.; And Others
Adult Student Personnel Association, Inc.
73 61p.

EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

"The Best of Ten Years," a publication of the Tenth Annual Conference for the Adult Student Personnel Association, Inc. (ASPA), contains prophesies for the future in addition to a chronicle of concerns of the decade. Articles included are: Financial Aid for Evening Students (Sol Jacobson); The Programming and Counseling of Adult Transfer Students (Victor Yanitelli); Education and Reality (Emerson Coyle); Research Projects and Current Ideas for Student Personnel Workers in Adult and Evening Education (Thomas Gates); New Directions for

Student Personnel in Evening Education (Eugene Johnson); Needed--New Forms of Services to Adult Students (Reuben McDaniel, Jr.); Implications for Counseling the Adult (Goldie Kaback); Imagery of a New Thrust (P. Bertram Phillips); Counseling Patterns with Puerto Ricans (Milton Silva); The Legal Responsibilities of Student Personnel Administrators (J. Stewart Grad); The Two-Year College and the Adult in the Seventies (William Birenbaum); and Counseling the Adult Student (Peter Meyer). (WK)

Descriptors: *Adult Counseling/ *Adult Development/ *Adult Education/ *Adult Students/ Conference Reports/ Evening Colleges/ *Evening Counseling Programs/ Evening Programs/ Evening Students/ Student Personnel Services

ED070244 AC014422

Re-Entry into Community Opportunities, Vocations, Education and Recreation (RECOVER). Final Report.

Comprehensive Mental Health Center of Tacoma - Pierce County, Wash.

Nov 72 121p.

Sponsoring Agency: Social and Rehabilitation Service (DHEW), Washington, D.C. Div. of Research and Demonstration Grants.

EDRS Price MF-\$0.76 HC-\$5.70 PLUS POSTAGE

RECOVER is a developmental aftercare team of professionals and paraprofessionals organized to serve the total person with versatility. Coordinated expertise of the team was focused on providing action-type opportunities for starting developmental processes in clients. Methods included counseling, groups, crisis intervention, cluster apartment living, social milieu, education, job-samples, recreation and meeting clients' needs through knowledge of community resources with active involvement and field work. The aim was to start positive snowballs. Then the aim was to keep them rolling. Comparisons between different groups and pre- and post-program functioning consistently showed improvement for graduates in terms of rehospitalization rates, employment, social functioning and self-concept. The majority also were judged by staff to have attained objectives and made gains. Most clients require years to consolidate gains and develop further; thus, a program must endure itself if growth is to continue. By becoming part of a mental health center and taking advantage of relevant titles of the Social Security Act and DVR case costs, the program can survive and continue starting new clients and backing-up graduates. Personal relations, comprehensive aid, persistence and opportunities for learning by doing are seen as essential aspects of effective psychiatric rehabilitation. (Author)

Descriptors: *Adjustment Problems/ *Adult Counseling/ Crisis Therapy/ Emotional Adjustment/ Group Therapy/ *Mental Health Programs/ Milieu Therapy/ Program Descriptions/ Rehabilitation Counseling/ *Rehabilitation Programs/ Social Adjustment/ Vocational Counseling

ED074309 AC014194

A Special Experimental Study in Guidance and Counseling for Adults Enrolled in the Adult Basic Education Program in Certain Louisiana Parishes 1968-1969.

Louisiana State Dept. of Education, Baton Rouge.

69 22p.

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

A general outline for a model guidance and counseling program for adults enrolled in a basic education program is provided. Items covered are: general outline of the special experimental study, personnel structure, duties of the study team, agencies, institutions, departments and individuals to be used for resource assistance; teachers' step-by-step operational procedures for conducting guidance and counseling services, and sample student forms for education-occupation and personal improvements. A list of reference materials is provided. (KM)

Descriptors: *Adult Basic Education/ *Adult Counseling/ *Adult Education Programs/ Guidance Counseling/ Program Descriptions

ED070944 AC014110

SCORE: Service Corps of Retired Executives. Counselor's Guidebook. One Part of ACTION.

ACTION. Washington, D. C.; Small Business Administration, Washington, D.C.

72 53p.

Report No.: ACTION-Pam-4400-1

EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

This guidebook, designed for the use of SCORE volunteers, is intended to familiarize new counselors with SCORE operations and to provide reference material to assist counselors in handling cases. Chapters are: (I) SCORE Purposes and Objectives; (II-A-1) Approach to Counseling; (II-A-2) Organization of the Business--legal forms, management or internal organization, succession; (II-A-3) Sources of Information--government agencies, trade associations, colleges and universities, public libraries, publications, credit agencies, people; (II-A-4) Production, Procurement and Marketing; (II-A-5) Sources of Capital--equity capital, trade creditors and customers, commercial banks, Small Business Administration, commercial finance companies; (II-A-6) Financial Records and Controls; (II-A-7) Regulations, Taxes and Insurance; (II-A-8) Case Reports; (II-B-1) Going into Business--nature of the problem, analysis of personal factors, capital requirements, getting started, buying an existing business, franchising; (II-B-2) A Small Retailer; (II-B-3) A Small Manufacturer; (II-B-4) Service Organizations; (III) SCORE-SBA-Workshops; (IV) Management-Ability Evaluations; and (V) How SCORE is Organized and Operates. An appendix lists relevant forms and pamphlets and addresses from which to obtain most of them. (KM)

Descriptors: Administrative Personnel/ *Adult Counseling/ Adult Programs/ *Business Administration/ *Counseling

Effectiveness/ Counseling Programs/ Counselors/ *Federal Programs/ Financial Problems/ *Guides/ Resource Guides/ Volunteers

Identifiers: Project SCORE/ *Service Corps of Retired Executives

ED064566# AC012639

Identifying and Meeting the Health and Related Needs of the Aged: A Neighborhood Approach. Final Report.

Karten, Irving

Arthritis Foundation, Inc., New York, N. Y.

15 Apr 71 56p.

Sponsoring Agency: Public Health Service (DHEW), Washington, D.C.

Report No.: HSRD-71-38-PHS-29436

Available from: National Technical Information Service, Springfield, Va. 22151 (PB-207 615, MF \$.95, HC \$3.00)

Document Not Available from EDRS.

Many needy elderly residents of New York City are unable to secure help of one kind or another, because of the lack of awareness of existing services, inability to complete the application process, or hesitancy in accepting assistance from others. Significant unmet needs exist in the areas of housing, health, finances, home services, transportation, loneliness and personal adjustment. During a 40-month period, experiences with 2520 needy elderly residents of four different neighborhoods showed that volunteers from the communities to be served could effectively be trained as 'middlemen' to seek out the hidden older person, determine his needs and help him reach services. (Author)

Descriptors: *Adult Counseling/ *Community Service Programs/ Disadvantaged Groups/ *Human Services/ Nonprofessional Personnel/ *Older Adults/ Social Services/ Urban Environment/ *Volunteer Training

Identifiers: *New York

ED061572 CG400063

Searchlight: Relevant Resources in High Interest Areas.
Counseling the Aging. IIR Retrospective Search.
Jaslow, Carol, Comp.

ERIC Clearinghouse on Counseling and Personnel Services, Ann
Arbor, Mich.

Oct 71 11p.

Sponsoring Agency: Office of Education (DHEW), Washington,
D.C.

Bureau No.: BR-6-2487

Contract No.: DEC-3-G-002487-1579(010)

Available from: ERIC/CAPS, Room 2180, School of Education
Building, The University of Michigan, Ann Arbor, Michigan
48104 (\$1.00)

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

This search of the ERIC system, Dissertation Abstracts, and
the journal literature yielded 25 documents which focus on
methods of viewing the aging and the extent to which programs
and counselors are effective in contributing to the enrichment
of the later years. (CJ)

Descriptors: *Adult Counseling/ *Adult Development/
*Annotated Bibliographies/ *Counseling Services/ *Older Adults
/ Senior Citizens

ED059461 AC012333

Career Counseling and Follow-up Study, Spring 1971.
Pacific Heights Adult School, San Francisco, Calif.
71 43p.

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

This follow-up study of participants in the Career Workshop
of the Pacific Heights Adult School is based on 117 responses
to 453 questionnaires mailed in the Spring of 1971. Responses
were analyzed by categories and numerical responses to the
questions asked. The categories were: age, education,
employment, occupations, occupations and education, years on
job, different jobs, student use of other services, and
positive and negative statements. Results of the study show:
(1) more women than men seek counseling; (2) the Career
Workshop is the only counseling available to many adults; (3)
there is a movement from job to job by those of high school
and college experience, with both seemingly working in the
same occupations; (4) the Career Workshop is of great value to
adults of all educational levels. Three appendixes contain: A.
Statement of the Problem; Questionnaire Schedule; B. Tables of
participants' responses; C. Evaluation--Career Workshop 1971
The schedule for the eight meetings of the workshop concludes
the report. (DB)

Descriptors: *Adult Counseling/ Age Differences/ *Career
Planning/ Community Colleges/ *Counseling Programs/ Followup
Studies/ *Occupational Guidance/ Older Adults/ Questionnaires/
Sex Differences/ Tables (Data)/ *Vocational Counseling/ Young
Adults

ED050558 AC012279

Handbook for Community Adult School Counselors. Revised
Edition.

Harrington, Johns H., Ed.

Los Angeles City Schools, Calif.

71 69p.; Prepared by the Division of Adult Education

EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

This handbook concerns the objectives, procedures, and
limits of adult school counseling, and provides guidelines for
counselors in a large school system. It aims to make
reasonably uniform the services offered in all adult schools,
and to extend these services. The 11 parts of the handbook
discuss the following: I. Administrative Policies, II. The
Interview, III. Testing, IV. Credit Evaluation, V. Records,
VI. Citizenship and Visa Students, VII. Veterans' Counseling,
VIII. Vocational Counseling, IX. High School Graduation
Requirements, X. Community Agencies as Resources, and XI.
College Counseling. A subject index is provided. (DB)

Descriptors: *Administrative Policy/ *Adult Counseling/
Adult Students/ Citizenship/ College Students/ *Community
Colleges/ Community Services/ *Counseling Goals/ Foreign
Nationals/ Graduation Requirements/ Guidelines/ High School
Curriculum/ Interviews/ Student Records/ Testing/ *Vocational
Counseling

Identifiers: *Los Angeles

ED058516 AC012208

Success Factors of Selected Organized Community Clubs in Middle Tennessee.

Luna, Roy M.; Dotson, Robert S.

Tennessee Univ., Knoxville. Agricultural Extension Service.

Dec 71 21p.

Report No.: ES-17-SC-786

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

A study was made of eight former Area Winning Community Clubs in Middle Tennessee. Sixteen club representatives and five County Agents were interviewed for the purpose of identifying and describing certain factors that contribute to the organization and continuation of community clubs. The study revealed that every primary reason for original organization and/or continuation came from within the group that constituted the club. The most important single reason for the above, as viewed by club representatives and agents, was that the community as a whole was interested in a specific project and felt that through group action their goal could be more easily attained. The primary reason for continuation of organization over time was because of a desire for recreation and fellowship which could be enjoyed by the group. The community improvement program was shown to be an important channel for Extension teaching. During all three time periods studied, the primary problem was to get members of the community interested in the organization. During the original organization year, the projects undertaken initially were usually simpler, less expensive, and required less time to complete than in later years. (Author/DB)

Descriptors: *Adult Counseling/ Clubs/ *Community Development/ Community Programs/ *Group Activities/ Human Relations/ Recreation/ Teaching Techniques/ *University Extension

Identifiers: Tennessee

ED058511# AC012190

Special Counseling for the Disadvantaged Adult.

Kaple, Donald J.; Kaple, Marion Keeler

71 64p.

Available from: Prentice-Hall Adult Education Series, Prentice-Hall, Inc., Englewood Cliffs, N. J. (no price given)
Document Not Available from EDRS.

This book is designed to aid teachers and administrators who have not had special training in counseling and who are working in educational programs for the disadvantaged adult. Subject areas discussed are: The Counselor and the Client (Duties of the Counselor; Areas of Assistance for the Client); Who Are the Disadvantaged (Characteristics of the Disadvantaged); The Enrollment Process: Let's Talk about Recruitment (Where to Look; Recruitment Is Continuous); Assessment of the Adult Student (The Purpose of Selection and of Grouping); To Test or Not to Test (Informal Techniques; The Test Is a Tool; Standard Tests Available; Use and Misuse of Test Results; Developing Test Readiness); Keeping Records of

the Adult Student (The Counselor's Need for Information; Detailed Attendance Records); Supporting Services: Counseling (Counseling in General; Counseling the Disadvantaged; Developing a Relationship); Self Assessment (Job Related Self Assessment; Establishing Goals); Group Counseling (Treatment and Intervention; Referral Services; Placement Services); Designing Your Own Testing Tool (Examples of Informal Inventories). References are provided. (DB)

Descriptors: *Adult Basic Education/ *Adult Counseling/ *Counselor Functions/ *Disadvantaged Groups/ Group Counseling/ Human Relations/ Intervention/ Job Placement/ Professional Personnel/ Self Evaluation/ Student Records/ Teacher Role/ Testing/ Test Results/ *Test Selection

ED057348 AC012211

Spiritual Well-Being; Background and Issues.

Moberg, David D.; And Others

White House Conference on Aging, Washington, D.C.

Feb 71 69p.

Available from: Superintendent of Documents, U.S. Government Printing Office, Washington, D. C. 20402 (GPO 5247-0015, \$.70)
EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

This paper on Spiritual Well-Being provides information for leaders concerned with the problems of older people. The first four sections of the paper discuss: the need for religious organizations and society to develop and promote services and programs that will contribute to the spiritual needs of the elderly; goals proposed by previous groups and conferences; information on knowledge available in this area; and vital gaps in meeting such needs. The fifth section identifies several major issues relevant to the spiritual well-being of older people. The purpose of the issues is to focus discussion on the development of recommendations toward the adoption of national policies. A bibliography is provided. (Author/DB)

Descriptors: *Adult Counseling/ Bibliographies/ Church Role/ Clergymen/ Community Services/ Educational Programs/ *Human Services/ *Older Adults/ Professional Continuing Education/ *Religion/ *Religious Organizations/ Social Opportunities/ Voluntary Agencies

Identifiers: Meals on Wheels

ED057292 AC012081

Family Planning Programmes in Africa.

Praderwand, Pierre

Organisation for Economic Cooperation and Development, Paris (France). Development Centre.

70 76p.; Paper presented at an Expert Group Meeting at the Development Centre (Paris, France, April 6-8, 1970)

Available from: The Population Programme, The Development Centre, 94 rue Chardon Lagache, Paris, 16, France (mimeograph of proceedings, English)

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

The countries discussed in this paper are the francophone countries of West Africa and the Republic of Congo, with comparative references made to North Africa (mainly Morocco, Algeria, and Tunisia). Obstacles to the adoption of family planning in the countries of tropical Africa are a very high mortality rate among children; a socioeconomic structure that favors high fertility; very low levels of literacy; infrastructure and female participation in non-agricultural jobs; an inadequate health infrastructure; an acute lack of health personnel; and governmental opposition to the idea of population control. If family planning were introduced as an integral part of maternal and child health (MCH), it is believed that the program would have some chance of success. Potential areas of assistance by donor countries in creating a network of MCH centers are: (1) if desired by the countries, building up a "post partum" family planning program in major hospitals of major cities; (2) stimulating the development of MCH centers in both rural and urban areas; (3) offering scholarships for the training of nurse-midwives and developing local facilities for their training; and (4) offering assistance in the fields of census taking and demographic sample surveys. Ten tables present population, demographic, and mortality data. Two appendixes are reprints of two articles. An annex presents a summary of the meeting proceedings. (DB)

Descriptors: *Adult Counseling/ African Culture/ Child Rearing/ Demography/ *Developing Nations/ Family Life Education/ *Family Planning/ *Health Occupations Education/ Medical Services/ Overpopulation/ *Socioeconomic Status/ Tables (Data)/ Technical Assistance/ World Problems

Identifiers: Algeria/ Morocco/ Republic of Congo/ Tunisia/ West Africa

ED056312 AC012096

Project ENABEL: Extern Network of Adult Basic Education Leaders, 1970-71. USOE Region V.

Michigan State Univ., East Lansing. Dept. of Administration and Higher Education.

71 127p.

Sponsoring Agency: Office of Education (DHEW), Washington, D.C.

Grant No.: OEG-0-70-4476(323)

EDRS Price MF-\$0.76 HC-\$6.97 PLUS POSTAGE

Project ENABEL (Extern Network of Adult Basic Education Leaders) was launched as a pilot project to: (1) analyze the essential character of the Adult Basic Education (ABE) problem, (2) identify individuals and institutions whose functions are critically related to the ABE problem, (3) identify personal qualities and professional competencies required of individuals, (4) resolve the question of the appropriate role of the university, and (5) conceptualize a systematic scheme for appropriately relating the university to ABE programs. Each state extern was invited during a summer workshop to develop a plan for improving his own performance and/or the operation of his own local program in ABE. Project staff members visited the home school of each extern for consultation at least once during the project. Interns, other staff members, and selected externs solicited and honored requests for consultation and in-service training from schools not otherwise involved in the network. Conclusions indicate that most participants in the program benefited positively with respect to understanding ABE students, their problems and needs, and the cultural differences between adult education and childhood education. (CK)

Descriptors: *Adult Basic Education/ *Adult Counseling/ College Role/ Conceptual Schemes/ *Information Networks/ *Pilot Projects/ *Problem Solving/ Summer Workshops
Identifiers: Externs

ED056282# AC012020

'O.I.C.' Experimental and Demonstration Project. Final Report.

Shaw, Leander J., Jr.; Gibson, Joseph W.

Jacksonville Opportunities Industrialization Center, Inc., Fla.

71 294p.

Report No.: PB-199-992

Contract No.: OEC-8-019002-3577

Available from: National Technical Information Service, Springfield, Va. 22151 (PB-199 992, MF \$.95, HC \$3.00)

Document Not Available from EDRS.

The goals of the OIC organization in Jacksonville include providing hope for impoverished and hard-core unemployed in the form of job preparation by providing adult education, pre-vocational training, skills training, counseling, job development, placement and followup. Another primary goal of OIC is providing and emphasizing minority group leadership, minority group pride, intensely personal approach to each trainee, self-help efforts, and the participation and cooperation of industry, labor and the people in the poverty areas being served. (Author)

Descriptors: *Adult Counseling/ *Adult Vocational Education/ Disadvantaged Groups/ *Economically Disadvantaged/ Industry/ *Job Skills/ Leadership Training/ Minority Groups/ Self Help Programs/ *Unemployed

ED056269 AC012007

The Sciences and Aging. Adding to the Knowledge about Aging.
Mason, V. Dean

Kentucky Commission on Aging.; Kentucky Gerontological Society.; Kentucky Univ., Lexington.

11 Nov 71. 39p.; Paper presented at Seminar on The Sciences and Aging, University of Kentucky, November 11, 1971

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

The Social Sciences, as they relate to the aged and the aging, are discussed. Social gerontology seeks to discover the role of the social environment as a determinant of aging and of the behavior and position of older people in society. In the United States, some 20 million people are over 65 years of age, and the median age of the elderly has risen to age 73. There are suggestions that there may be a direct relationship between successful adjustment in old age and educational attainment. It is estimated that about one-sixth of the elderly are functionally illiterate and only five percent are college graduates. It is believed that the solutions to the complex problems in gerontology will require the application of research techniques of practically every scientific discipline. A program in Cleveland, Ohio, utilizes retirees as "Gatekeepers" who act as liaison between health personnel and the elderly in the neighborhood. Communities need to offer a variety of alternatives to match the variety of individual needs among our aged and aging population. Services should include prevention, early diagnosis, and treatment of health problems, and rehabilitation services. Each individual should be offered education tailored to his needs. (DB)

Descriptors: *Adult Counseling/ *Geriatrics/ *Human Services / *Older Adults/ Personnel Needs/ Research/ *Social Problems

ED054403 AC010610

A Report on the Pre-Retirement Programs of the Division.
Wilson, Thomas W.

Chicago Dept. of Human Resources, Ill.
Jun 69. 29p.

Available from: Division for Senior Citizens, Department of Human Resources, Chicago, Illinois

EDRS Price MF-\$0.76 HC Not Available from EDRS. PLUS POSTAGE

The Pre-Retirement Program Section of the Division for Senior Citizens, Department of Human Resources, Chicago, is charged with providing consultation and technical assistance in pre-retirement education and planning for business, industry, labor, government, and other groups in the area. Current activities of the section include serving as a consultant to employers who are interested in or are presently conducting retirement counseling programs. The section staff members fill speaking engagements to discuss facets of retirement planning. Research is being conducted by the section on types and levels of pre-retirement programs in the area. 100 organizations being presently involved. The division's workshop program is a vital part of the on-going training program for pre-retirement planning counselors. Plans

for the future include: (1) exploring the feasibility of a cooperative division/university-sponsored field-work program for training college students to become retirement planning counselors; (2) effecting greater cooperation between labor and management in retirement program preparation; (3) stimulating interest in retirement planning among smaller employers; (4) developing a program cost-analysis form for use by clients; and (5) assisting colleges in offering retirement planning courses through adult education and evening courses. (Not available in hard copy due to marginal legibility of original document.) (DB)

Descriptors: *Adult Counseling/ *Adult Education/ *Community Service Programs/ *Cooperative Planning/ *Retirement

ED053365# AC010537

Counseling Services for Adults in Higher Education.
Farmer, Martha L., Ed.

71. 172p.

Available from: The Scarecrow Press, Inc., Metuchen, N.J. (no price quoted)

Document Not Available from EDRS.

This book assesses what is needed and what is being done in the field of counseling and in evening college and other higher education programs for adults. The contributions of the various authors to this work give evidence of the need for counseling services if college and university adult education programs are to be a significant factor in higher education and in society as a whole. This volume is an effort to provide relevant information for those involved in higher education for adults; it contains 13 essays by 12 different authors. (CK)

Descriptors: *Adult Counseling/ *Adult Students/ *Higher Education

ED052317 VT012256

How Pre-Retirement Planning Works.
Drake Univ., Des Moines, Iowa.
May 70 238p.

Sponsoring Agency: Manpower Administration (DOL),
Washington, D.C. Office of Special Manpower Programs-hk
EDRS Price MF-\$0.76 HC-\$12.05 PLUS POSTAGE

This demonstration project was designed to develop and evaluate a pre-retirement planning program, and to train representatives of various organizations to develop their own programs. The seven-session pre-retirement program involved 1,329 participants during its 3 years of operation. The program was evaluated through participant evaluation, observation of behavior changes such as having a will drawn or consulting a trust officer, and determination of changes in attitudes and adjustments. The second phase of the project, involving training in program development, was carried out in a 2-day seminar-workshop held during the project's third year of operation. As a result of project activities, a guide book was developed for each of the two phases. The findings show a positive change in adjustment to retirement among the 50 to 65 age group, as well as an increased involvement in activities to prepare for retirement among those attending the program. (BH)

Descriptors: *Adjustment (to Environment)/ *Adult Counseling / Changing Attitudes/ *Demonstration Programs/ Discussion Programs/ Employee Attitudes/ *Planning/ Program Evaluation/ *Retirement

ED050346# AC010338

Life Skills Coach Training Manual.
Saskatchewan NewStart, Inc., Prince Albert.
1 Jan 71 318p.

Sponsoring Agency: Saskatchewan Dept. of Education, Regina.
Available from: Saskatchewan NewStart Inc., First Avenue and River Street East, Prince Albert, Saskatchewan, Canada (no price given)

Document Not Available from EDRS.

Ways of helping coaches to counsel unemployed adults in the solving of their personal problems are explored in this manual. Originally printed as two separate volumes, this reprinting of the study has bound the two together. Volume 1 involves a general discussion of life's problems and of the need to solve them. This volume contains four parts. Part 1 discusses problem-solving practice in a group situation and probes into the problem-solving practice as a whole. A self-test for counselors is included at the end of Part 1. Part 2 deals with individual behaviours, both helpful and harmful, in the group situation. Part 3 covers useful techniques for the coach to use in his counseling activities, including such activities as brainstorming and role playing. Part 4 discusses personal development in the problem-solving groups, such as opportunities and responsibilities of the group member and the acquiring of problem-solving skills. 59

Volume II refers back to Volume I and contains Parts 5 through 6F. Part 5 covers the life skills coaching process and discusses the learning of life skills and the process of behaviour change. Part 6 examines six important coaching activities: motivating, planning, informing, leading discussions, counseling and evaluating. Seven appendices are included: (CK)

Descriptors: *Adult Counseling/ *Behavior Change/ *Group Dynamics/ Individual Development/ Interpersonal Competence/ *Problem Solving/ Teaching Techniques
Identifiers: Canada/ Saskatchewan

ED049499 CG006311

Overview of Needs, Programs, and Implementations of Vocational Counseling and Guidance.

Kunze, Karl R.

70 13p.; Paper presented at the Regional Conference on Career Guidance, Counseling and Placement in Burbank, California, April 30-May 1, 1970

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

The author begins by overviewing some recent criticisms of the vocational guidance field: (1) too little collaboration with industrial personnel; (2) an emphasis on processing masses of people rather than on the individual; and (3) the need for a systems approach to counseling. His impressions, from the vantage point of industry (i.e. the placement end of the vocational counseling sequence), suggest flaws in the educational-counseling system, resulting in inappropriate, inexperienced and unqualified job applicants. The differences between a counseling approach and the industrial personnel approach to job seekers/holders are enumerated. Trends and circumstances which may affect the infusion of counseling into industrial relations systems are discussed. The paper concludes with a consideration of "lifelong counseling" wherein adults would have vocational counseling throughout their work histories and even into retirement. (FL)

Descriptors: *Adult Counseling/ Career Change/ *Career Planning/ Counseling/ *Counseling Effectiveness/ Counseling Goals/ Counseling Services/ Counselor Performance/ Counselors/ Job Placement/ Occupational Guidance/ Vocational Adjustment/ *Vocational Counseling/ *Vocational Development/ Vocational Interests

ED042996 AC008636

Preretirement Counseling, Retirement Adjustment, and the Older Employee.

Greene, Mark R.; And Others

Oregon Univ., Eugene. Coll. of Business Administration.

Oct 69 336p.

EDRS Price MF-\$0.76 HC-\$17.13 PLUS POSTAGE

This study analyzed relationships between successful adjustment to retirement, preretirement counseling, and the psychological, economic, and other background characteristics of individual employees. A preliminary study in the western states showed no small companies, and relatively few other, with preretirement counseling programs of any consequence. Eight large and medium sized companies, four with and four lacking such programs, constituted the sample; 648 retirees and employees were interviewed. Most retirees (75%) accepted retirement as such, but many retirees and employees opposed mandatory retirement policies. Finances, health, activities, retirement attitudes, previous retirement planning, morale, and job skill level were significantly related to good adjustment; resistance to retirement correlated with income, activities, financial planning, health, enjoyment of activities, retirement attitudes, and marital status. Activities, health, and financial planning were especially germane. It was concluded that preretirement counseling programs aided adjustment and weakened older employees' resistance to retirement, as well as improving morale and job related attitudes. (The report includes 331 tables, methodology of the study, and questionnaire.) (LY)

Descriptors: *Adjustment (to Environment)/ *Adult Counseling / Analysis of Variance/ *Attitudes/ Evaluation/ Financial Support/ Geographic Location/ Income/ *Industrial Personnel/ Marital Status/ Organization Size (Groups)/ Participation/ Physical Health/ Prediction/ Questionnaires/ *Retirement/ Statistical Data/ Work Attitudes

ED042939 AC004788

How Age-Biased Are Counselors of Adults?

Troll, Lillian E.; Schlossberg, Nancy

69 14p.

EDRS Price MF-\$0.76 HC Not Available from EDRS. PLUS POSTAGE

A study was made to determine the extent of age bias among counselors working with adult clients in educational settings. An Age Norms Inquiry questionnaire was sent to counselors in 55 urban colleges and to members of the Adult Development Guidance Association (186 of 381 questionnaires were returned). Age bias was operationally defined as preference for completion of selected developmental tasks at earlier age levels, while no uniform opinion with respect to age norms and constraints was shown, and more than half of the respondents showed some age bias (50%+ bias on 19 of 32 items and over 75% on 5 items), there were a sizeable number who were vigorously opposed to any suggestion of age norms and who would fight for counseling each individual case on its own merits. Women

counselors were generally less age biased but no other counselor characteristics measured (age, counseling experience, or training) showed any significant correlation with age bias. The division of items into family, general, and vocational-educational categories also did not relate consistently to the bias found. (Two tables of response data and the questionnaire used are included.) (DM)

Descriptors: *Adult Counseling/ *Age Differences/ *Age Groups / Colleges/ *Counselors/ Counselor Training/ Developmental Tasks/ *Discriminatory Attitudes (Social)/ Group Norms/ Investigations/ Professional Training/ Questionnaires/ Sex Differences/ Universities

Identifiers: Age Norms Inquiry

ED042118 AC008415

Counseling and Interviewing Adult Students.

National Association for Public Continuing and Adult Education, Washington, D.C.

70 28p.

Available from: The National Association for Public Continuing and Adult Education, 1201 Sixteenth Street, N.W., Washington, D.C. 20036 (\$1.00)

EDRS Price MF-\$0.76 HC Not Available from EDRS. PLUS POSTAGE

This booklet discusses counseling for adults in the adult school--either by guidance officials or the teacher. The typical counselor interviews students, functions at group meetings, does cooperative placement work, trains other staff, keeps records, and gives tests. When the teacher acts as counselor, he must relate teaching goals to guidance objectives. The effective counselor makes advance preparation, listens carefully, asks one question at a time, is sensitive to helpful clues in the pattern of questions and answers, understands nonverbal communications, and is friendly and interested. (A checklist for teachers of adults and a checklist for students are included.) (PI)

Descriptors: *Adult Counseling/ Adult Educators/ *Adult Students/ Check Lists/ *Counseling Effectiveness/ Counselors/ *Interviews/ *Public School Adult Education/ Tests

ED041237 AC00R289

Counseling Adults: Contemporary Dimensions.

Thompson, Clarence H., Ed.

American Coll. Personnel Association.

Jun 69 102p.; Proceedings of a preconvention workshop

EDRS Price MF-\$0.76 HC-\$5.70 PLUS POSTAGE

Sponsored by Commission 13 of the American College Personnel Association. This preconvention workshop covered short term, educational, vocational, and group counseling for adults in higher education. A case history in vocational counseling was presented for discussion, together with specific questions; and typical counseling problems were illustrated. (The document includes 38 references, a recommended adult reading list of 50 significant modern books, data on participant evaluation of the workshop itself, the workshop agenda and objectives, and lists of faculty, registrants, and members of the planning committee.) (LY)

Descriptors: *Adult Counseling/ Bibliographies/ Booklists/ *Educational Counseling/ Evaluation/ Group Counseling/ *Higher Education/ Individual Counseling/ *Student Personnel Services/ *Vocational Counseling/ Workshops

Identifiers: American College Personnel Association

ED040365 AC00R189

Operation Mainstream: A Report on Problem Solving and the Helping Relationship.

Pine, Gerald J.; Horne, Peter J.

New England Center for Continuing Education, Durham, N.H.

68 96p.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

This report describes counselor aide training activities in the Operation Mainstream project conducted in Vermont, New Hampshire, and Northern Maine. It evaluates the effectiveness of the training program and identifies some significant and effective educational principles, concepts, and techniques. Its overall objective is to suggest a design for educational activities that will impart problem solving and helping skills to nonprofessionals wishing to improve their ability to help others solve their own problems. Content on rural poverty in Northern New England, interaction between counselors and clients and related matters includes (and is derived from) data consisting largely of opinions and self-reports by community aides, supervisors, and trainers. The document includes 10 tables and figures, a questionnaire, guidelines for data collection, examples of training schedules, reporting forms, and procedures for selecting aides. (Author/LY)

Descriptors: Administrative Organization/ *Adult Counseling/ Adult Learning/ *Counselors/ *Depressed Areas (Geographic)/ Participant Characteristics/ Personnel Selection/ Problem Solving/ Program Evaluation/ Rural Areas/ *Subprofessionals/ *Training

Identifiers: New England/ *Operation Mainstream

ED038588 AC006B28

Learning to Change, A Social Imperative; Adult Student Personnel Association, Inc.; Convention Proceedings. (7th, December 6-8, 1969).

Adult Student Personnel Association, Inc.

Dec 69 64p.

EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

Papers on student personnel work in university extension are presented from the 1969 joint meeting of the Adult Student Personnel Association, Inc., and the Galaxy Conference on Adult Education. The opening speech asserts the need to make the training of student personnel workers more relevant to the urgent needs of contemporary American society. Other papers discuss the needs and rightful expectations of university evening students; the bringing together and reconciliation of various segments of society (minorities, poor whites, blue collar and office workers, the universities themselves); characteristics of inner city blacks and Puerto Ricans; counseling patterns with Puerto Ricans and with inner city black adults; and the life styles of black adults attending evening colleges. (LY)

Descriptors: *Adult Counseling/ Conference Reports/ *Evening Students/ *Minority Groups/ Negroes/ Puerto Ricans/ Social Change/ *Student Personnel Work/ *University Extension

ED034917 AC006150

The Evaluation of Guidance-Counseling Service in Office of Education Region VII and the Development of an Effective Guidance-Counseling Program for Adult Basic Education Students: Report for Fiscal Years 1969-70.

Texas Univ., Austin. Extension Teaching and Field Service Bureau.

Oct 69 94p.

Sponsoring Agency: Office of Education (DHEW), Washington, D.C.

Grant No.: OEG 8-053078-4641(039)8-7-SP-10

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

The Office of Education Guidance and Counseling Project for Adult Basic Education in Region VII includes five state programs, each run somewhat autonomously, in Arkansas, Louisiana, New Mexico, Oklahoma, and Texas, for which joint training preparations were made. In Phase I of the Project the central staff gathered statistical data on students, classes, and teachers from the individual states and summarized this data, and also drew together descriptive material on the guidance functions of various personnel in each state; in Phase II each state outlined a proposed guidance and counseling program which would be effective at the local level. During the first year (Fiscal Year 1969) a Guidance and Counseling Master Unit was prepared, using audiovisual and printed material. Summer training workshops for counselors, and the establishment of large and small pilot centers in each state, are now part of the project. A questionnaire has been designed to be administered to guidance personnel and to adult basic education students, in order to attempt to pinpoint elements which increase the likelihood of student success in adult basic education programs. (Questionnaire is included.) (mf)

Descriptors: *Adult Basic Education/ *Adult Counseling/ *Guidance/ Guidance Personnel/ Pilot Projects/ Questionnaires/ *Regional Programs/ *State Programs/ Statistical Data/ Success Factors/ Summer Workshops

Identifiers: Arkansas/ Louisiana/ New Mexico/ Oklahoma/ Texas

ED033419 CG004587

Educational Counseling for Adults.

Fisher, Joseph A.

Drake Univ., Des Moines, Iowa.

69 18p.

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

Educational counseling applied to adults as a distinct group is becoming increasingly more important because education is fast becoming a way of life in our society. People are more and more desiring to further their education; out of their motives for education comes the emotional significance. There is an interesting relationship between personality problems and educational problems. The learning styles of individuals seems to be seriously affected by their personality. Types of

educational counseling problems include: (1) the timid learner, (2) the fickle learner, and (3) the sporadic learner. Each of these types do not know how to learn and thus eventually fail at their educational task. The most common educational counseling problems encountered with adults are: (1) lack of self confidence in one's ability to learn, (2) unrealistic expectations of progress, (3) conflicting values and attitudes, (4) theoretical or irrelevant learning tasks, (5) seeking help too late or in the wrong places, and (6) lack of efficient reading and study habits. Persistence in pursuing educational goals can, however, by itself and with counseling, help adults to reach their ultimate goal. (KJ)

Descriptors: *Adult Counseling/ Adult Education/ *Adult Learning/ Adults/ Adult Students/ Counseling/ *Educational Counseling/ Guidance/ Guidance Counseling/ Guidance Objectives / Learning Characteristics/ *Learning Difficulties/ *Persistence/ Self Concept

ED030060 AC004731

Adult Basic Counseling and Testing Program; Pilot Project Evaluative Report.

Eastern Wyoming Coll., Torrington.

69 47p.

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

Undertaken by Eastern Wyoming College, this pilot program of adult basic counseling and testing sought to stimulate the enrollment of school dropouts in adult basic education courses, help enrollees discover their vocational interests and capabilities, and aid them in their personal and social adjustment. A full-time counselor took charge of recruiting students, testing them for class placement, counseling them after enrollment, and offering subsequent vocational counseling as well as academic counseling. The General Aptitude Test Battery, five other diagnostic and achievement tests, and a self-image questionnaire proved especially useful as measurement instruments. Student interviews and a definite enrollment increase, with fewer dropouts and a higher percentage of General Educational Development test completions, gave evidence that the project had achieved many of its objectives. (The document includes adult basic education program guidelines, recommendations, test scores, enrollment data, and the questionnaire.) (1y)

Descriptors: Academic Achievement/ Achievement Tests/ *Adult Basic Education/ *Adult Counseling/ Aptitude Tests/ Enrollment / Intelligence Tests/ *Pilot Projects/ *Program Evaluation/ Program Proposals/ Questionnaires/ Reading Improvement/ Self Concept/ *Testing/ Vocational Counseling

Identifiers: General Aptitude Test Battery/ General Educational Development Test/ *Wyoming

133

134

ED029324 CG003902

Handbook for Community Adult School Counselors.
Los Angeles City Schools, Calif.
68 56p.

EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

The adult school counselor's function is to facilitate interaction between the educational needs of the counseled, his circumstances as he sees them, his goals, and the means to reach them. He must provide sufficient information to the counseled to facilitate his making realistic choices. The Handbook for Community Adult School Counselors, prepared by Los Angeles City Schools' Division of Adult Education offers guidelines for these counselors. It aims to make uniform the services offered in all adult schools. The Handbook focuses on the following topics and their relations to adult counseling: (1) administrative policies, (2) interviews and suggestions for their improvements, (3) testing (uses, types, and limitations), (4) credit evaluation, (5) records (purpose and types), (6) citizenship and visa students, (7) counseling veterans, (8) vocational counseling, (9) graduation requirements for four year adult schools, and (10) use of community agencies as resources. (15)

Descriptors: *Adult Counselor, Adult Education/ *Adult Programs/ Adults/ Counseling/ *Guidelines/ *Program Guides

ED028495 CG004144

The Vocational Counseling of Adults and Young Adults.
Counseling and the Junior College.
Thoroman, E. C.

68 13p.; This abstract encompasses only Chapter 9, Counseling and the Junior College, pages 165-177.

Available from: The complete book is available from Houghton Mifflin Company, 110 Tremont Street, Boston, Massachusetts 02107 (\$4.50).

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

There is a growing demand in all areas of business and education across the nation for increased, and continuing education. Junior colleges have taken a large portion of the responsibility for providing this wide range of education. As community-responsive institutions, they will continue to expand in this function. The junior college aims of providing (1) a general academic education for transfer to four-year schools, and (2) a variety of terminal technical courses, and continuing adult education for job maintenance or upgrading, imply a need for a wide, flexible curriculum and counseling services. The students at a junior college will also range widely in age, intelligence, motivation, and goals. Counseling must adequately fit the individual into this heterogeneous structure. Junior college counseling involves a broader base of information than senior college counseling in several areas: (1) admission, (2) educational planning, (3) personal adjustment, (4) vocational counseling, and (5) employment assistance. (BP)

Descriptors: *Adult Counseling/ *Adult Education/ *Community

Colleges/ Counseling Services/ Educational Counseling/
Educational Objectives/ Evening Counseling Programs/ *Junior
Colleges/ Post Secondary Education/ *Vocational Counseling

ED028487 CG003827

The Vocational Counseling of Adults and Young Adults. A
Philosophy of Adult Counseling.

Thoroman, E. C.

68 17p.; This abstract encompasses only Chapter 1, A
Philosophy of Adult Counseling, pages 1-16.

Available from: The complete book is available from Houghton Mifflin Company, 110 Tremont Street, Boston, Massachusetts 02107 (\$4.50).

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

A number of factors indicate an increased need for vocational counseling services for adults, chief among them being the economic factors of increased material needs, inflation, and technological change; the social factors of unemployment or underemployment; and the increase of women in the job market. The conventional pattern of testing, profile interpretation, prescription, and placement is not adequate to the task of helping adults reshape their occupational outlook. A philosophy centered on the individual, dynamic self-concept of the client is more contemporary. The place of the counselor within this philosophy is to be versatile, well informed, and flexible in helping clients to shape their goals. These goals must be: (1) immediate in time, (2) clearly defined, (3) intellectually attainable, and (4) contributory to the client's ego satisfaction. (BP)

Descriptors: *Adult Counseling/ *Counseling Goals/
*Counseling Theories/ *Counselor Attitudes/ Educational
Counseling/ Self Concept/ Vocational Counseling

ED025791 CG003154

Counseling the Adult Student. Adult Student Personnel Association Inc. Convention Proceedings. Sixth Annual Convention.

Adult Student Personnel Association, Inc.

Mar 68. 92p.; Convention proceedings of the Sixth Annual Convention of the Adult Student Personnel Association, Inc., Monticello, N.Y., March 1-3, 1968.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

The theme of this convention was counseling the adult student. Jerrold I. Hirsch, the convention chairman, introduced the theme, and presented briefly a report of a six-year study on higher adult education calling for further expansion of existing educational opportunities for adults. Robert Moseley summarized the extent of student personnel services presently available to evening students. The keynote address was presented by Alan B. Knox, who discussed interrelationships between counseling and program development for the adult student. Kathryn S. Randolph concerned herself with the nature of the adult student, who he is and his special problems. Goldie R. Kaback presented two papers, one discussing problems and procedures in training counselors for adults, and the second, exploring implications for counseling adults. Peter Meyer addressed himself to the ideas and challenges involved in counseling adult students. (BP)

Descriptors: *Adult Counseling/ *Adult Education/ Adult Programs/ *Adult Students/ *Counseling Services/ Evening Classes/ *Student Personnel Services/ Student Problems

ED024010# AC003158

An Evaluation of the Guidance Program in the Los Angeles City Adult Schools.

Stewart, Robert Miller

California Univ., Los Angeles.

67. 177p.; Ed. D. Thesis.

Available from: University Microfilms, 300 Zeeb Rd., Ann Arbor, Michigan 48106 (Order No. 67-9,035, MF \$3.00, Xerography \$8.20).

Document Not Available from EDRS.

This study evaluated the guidance program of the Los Angeles City Adult Schools to determine if existing guidance services are adequately meeting clientele needs. Criteria obtained from the literature were submitted to a panel of consultants, who used a rating scale to identify significant criteria. An appraisal instrument was devised and refined; information was then gathered in structured interviews with principals, vice-principals, and counselors at 27 adult schools, and by scrutiny of their facilities and files. Significant findings included the predominance of educational over vocational counseling; extremely limited information services; inadequate data on students' personal, social, and mental status; little attention to student vocational interests, aptitudes, preferences, personality, out-of-school activities, or work experience; the expenditure of much working time on routine

clerical duties because of personnel shortages; lack of suitable training and experience among about half the guidance counselors; and poor provision for followup services. Recommendations dealt with testing, vocational guidance, and the need for guidance-minded faculty and administrators. (Eleven tables and 94 references are included.) (author/ly)

Descriptors: *Adult Counseling/ Bibliographies/ Doctoral Theses/ Educational Counseling/ Evaluation Criteria/ Facilities/ Individual Characteristics/ Information Services/ Inservice Education/ *Program Evaluation/ *Public School Adult Education/ Research/ Statistical Data/ Student Records/ Vocational Counseling

Identifiers: California/ *Los Angeles

ED023059 AC003074

The Continuing Education of Women; Some Programs in the United States of America.

Royce, Marion

Ontario Inst. for Studies in Education, Toronto. Dept. of Adult Education.

68. 166p.

EDRS Price MF-\$0.76 HC-\$8.24 PLUS POSTAGE

The Department of Adult Education of the Ontario Institute for Studies in Education is involved in a project to document programs and services in continuing education for women in other countries as a frame of reference for policies that would facilitate more adequate provision for such education in Canada. Included in this document are descriptions of selected programs in the United States chiefly concerned with occupational preparation or upgrading and largely in occupations traditionally considered female, with practically unanimous acceptance of the key role of counseling. Many programs involve research to evaluate program effectiveness and to determine equivalency of life experience and formal educational experience. Eighteen programs at colleges and universities are included, such as Barnard, Cornell, Oakland, Radcliffe, Sarah Lawrence, Syracuse, and Wisconsin. Five community college programs include Cuyahoga, Corning, and Hudson Valley. Also described are programs of the Council for the Continuing Education of Women (Miami, Florida), the National Council of Negro Women, New York State Guidance Center for Women, and Women's Talent Corps. (pt)

Descriptors: *Adult Counseling/ *Adult Education Programs/ Colleges/ Community Colleges/ Educational Finance/ Equivalency Tests/ Organizations (Groups)/ Participant Characteristics/ *Program Descriptions/ Program Evaluation/ Research/ Testing/ Universities/ *Womens Education

ED023015 AC002662

Counseling Educationally Disadvantaged Adults. Proceedings of Institute Series.

Pattison, Rose Mary, Ed.

Indiana State Dept. of Public Instruction, Indianapolis.
68 158p.

EDRS Price MF-\$0.76 HC-\$8.24 PLUS POSTAGE

In 1967, several two-day institutes were held in Indiana for counselors of adult basic education students, and, in addition, a one-week residential institute for selected counselors who had attended a spring institute. Primary emphasis was on awareness of responsibility and understanding of the under-educated adult. Situational and Q-Sort tests were used to determine participant's perception of the role of counselors of educationally disadvantaged adults. Participants entered with a high degree of skill and knowledge about adult counseling which was maintained, but not significantly increased, by the programs. Counselors' perceptions of the undereducated adult as an educable entity increased after the institute, but there was a slight decrease in the perceptions of the adult as an economic unit and as a human being. The selected group who attended the residential institute did not differ from the total group. (Document includes several resource documents--Purposes and objectives of the institute, Adult Basic Education in Indiana, Counseling the under-educated adult, The social-psychological sphere of the undereducated adult, Outline of an orientation and guidance training session for teachers and counselors of under-educated adults in selected areas of the State of Kentucky, The power of the poor, The second mile, and Summation and a look to the future.) (aj)

Descriptors: *Adult Basic Education/ *Adult Counseling/ *Counselor Training/ Economic Disadvantage/ *Educationally Disadvantaged/ Federal Programs/ *Program Evaluation/ Psychological Characteristics/ Residential Programs/ Role Perception

ED023014 AC002655

Men-in-Transition. A Study of Adult Male Undergraduates at Wayne State University, 1967.

Schlossberg, Nancy K.

Wayne State Univ., Detroit, Mich. Montelith Coll.
67 47p.

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

Because the bulk of professional attention to middle-age change has concentrated on women, and because there is a need for data on differences in career options and alternatives between men and women, a study focused on the process of adult development, men-in-transition and adults experiencing discontinuity. Data were collected by means of (1) a questionnaire returned by 322 of the 420 male students 35 and over enrolled as undergraduates at Wayne State University in 1967, (2) semistructured group interviews with eight men which explored the reasons for change and stresses involved, and (3)

a discussion between two panels of eight men of the role of counselors and educators in working with adults. The adult male returning to college is about 40, a part-time student working for a degree, probably in liberal arts or, if not that, in education or business administration. There is a need for further study of the adult as a learner and for more comprehensive models of adult development which include provisions for self-exploration taking place all through life. Reassessment of academic requirements and bureaucratic processes to encourage rather than discourage college attendance by adults is needed. Separate adult counseling centers should be established. (The document includes 33 references, 12 tables, the questionnaire, and an occupation code.) (aj)

Descriptors: Adult Characteristics/ *Adult Counseling/ *Adult Students/ Age Groups/ *Career Planning/ Information Needs/ Information Services/ Learning Motivation/ *Males/ Mobility/ Questionnaires/ *Undergraduate Study
Identifiers: Wayne State University

ED021287 CG002500

College Personnel Services for the Adult.

Thompson, Clarence H., Ed.

American College Personnel Association.

May 68 68p.; Proceedings of a pre-convention workshop prior to the American Personnel and Guidance Assn. Convention, Detroit, Michigan, April 1968.

EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

This report presents the background papers and evaluation of a workshop on college personnel services for the adult. Tests found particularly useful with adults are discussed in the following categories: (1) admissions, (2) placement, (3) remedial, (4) vocational-educational planning, and (5) creativity or innovation. A review of financial aid programs show little aid is available to the adult returning to college. The differences between the adult college student and other students are important to the development of both a counseling philosophy and co-curricular activities in continuing education programs. (NS)

Descriptors: *Adult Counseling/ *Adult Students/ Student College Relationship/ *Student Personnel Work/ Testing

ED014106 CG000976

COUNSELING TECHNIQUES FOR MATURE WOMEN. REPORT OF THE ADULT COUNSELOR PROGRAM (JUNE 14 - AUGUST 6, 1965).

OOLAN, ELEANOR F. ; AND OTHERS

American Association of University Women, Washington, D.C.
31JUL66 45P.

EDRS PRICE MF-\$0.76 HC-\$23.48 PLUS POSTAGE

THIS PROJECT DETERMINED SUCCESSFUL COUNSELING TECHNIQUES AND THE LENGTH OF TIME NECESSARY TO PREPARE EMPLOYMENT COUNSELORS TO WORK WITH WOMEN 35 TO 54 YEARS OLD, AND PRESENTS A GUIDE TO HELP OTHERS INTERESTED IN SUCH A PROGRAM. RESEARCH WAS CARRIED OUT BY A DIRECTOR, THREE FACULTY MEMBERS WHO PLANNED AND PRESENTED THE EIGHT WEEK CURRICULUM, CONSULTANTS FOR SPECIAL TOPICS, AND 20 WOMEN STUDENTS. THESE PARTICIPANTS HAD CLASSES IN THE MORNING AND COUNSELING EXPERIENCE WITH ADULT WOMEN IN THE AFTERNOON. THE FIRST CURRICULAR AREA EXPLORED THE HISTORY, PLACE IN SOCIETY, PSYCHOLOGY, AND EDUCATION OF THE ADULT WOMAN. IN ALL AREAS, COMPARISONS WITH MEN AND WOMEN OF OTHER AGE GROUPS WERE PROVIDED. PRINCIPLES BASIC TO COUNSELING WERE PRESENTED IN "COUNSELING TECHNIQUES AND PRACTICUM." CONCLUSIONS FROM TAPED INTERVIEWS BETWEEN PARTICIPANTS AND COUNSELEES INDICATED--(1) THERE WAS NO DIFFICULTY IN ESTABLISHING RAPPORT, (2) THE TWO MAJOR COUNSELEE PROBLEMS WERE LACK OF SELF CONFIDENCE AND LACK OF INFORMATION, AND (3) MOST WOMEN DID NOT RESPOND WELL TO THE EXCLUSIVE USE OF THE CLIENT-CENTERED APPROACH. GROUP METHODS WERE INVESTIGATED, AND ARE SEEN AS AN ADJUNCT, RATHER THAN SUBSTITUTE, FOR INDIVIDUAL COUNSELING. OCCUPATIONAL AND RELATED INFORMATION, HEALTH, RELEVANT LEGISLATION, AND VOLUNTEER JOBS ARE ALSO DISCUSSED. RECOMMENDATIONS FOR FUTURE PROGRAMS ARE PRESENTED. (PR)

Descriptors: *Adult Counseling/ adult Students/ Case Studies (Education)/ *Counseling Instructional Programs/ *Counselor Training/ Employment Potential/ Employment Problems/ Females/ Legislation/ Manpower Utilization/ Nondirective Counseling/ Occupational Guidance/ Occupational Information/ *Research/ Vocational Counseling/ Volunteers

Identifiers: GEORGE WASHINGTON UNIV. CONT. EDUC. PROG/ MINNESOTA IMPORTANCE QUESTIONNAIRE

ED012857 AC001304

COUNSELING THE ADULT STUDENT, REPORT OF COMMISSION 13 ON STUDENT PERSONNEL WORK FOR ADULTS IN HIGHER EDUCATION.

THOMPSON, CLARENCE M.

American College Personnel Association.

APR67 67P.

EDRS PRICE MF-\$0.76 HC-\$3.32 PLUS POSTAGE

A PRECONVENTION WORKSHOP HELD BY THE AMERICAN COLLEGE PERSONNEL ASSOCIATION IN DALLAS, TEXAS, MARCH 17-18, 1967, DEALT WITH THE SPECIAL CHARACTERISTICS AND NEEDS OF ADULT PARTICIPANTS, IMPLICATIONS FOR COUNSELING, RECENT PROGRESS AND REMAINING AREAS OF NEED IN ADULT COUNSELING, AND THE SELECTION AND TRAINING OF PERSONNEL WORKERS FOR ADULTS IN EVENING COLLEGES. THE MAIN POINTS WERE THE FOLLOWING--(1) THE DISTINCTIVE LIFE EXPERIENCES, PROBLEMS AND OBLIGATIONS,

PHYSICAL AND MENTAL CHARACTERISTICS, AND MOTIVES OF ADULTS CALL FOR EXPERIENCE-ORIENTED TEACHING METHODS, SPECIAL FACILITIES, AND A NEW APPROACH TO TESTING, ADMISSION, FINANCIAL AID, AND STUDENT ACTIVITIES--(2) ACCEPTANCE OF THE INDIVIDUAL, PERSONAL CONSISTENCY AND INTEGRITY, AND UNDERSTANDING ARE ESSENTIAL COUNSELOR ATTRIBUTES--(3) THE ULTIMATE GOAL OF COUNSELING IS TO HELP THE ADULT DISCOVER WAYS TO REALIZE HIS POTENTIAL, RESPOND MORE EFFECTIVELY TO NEW EXPERIENCES, AND WORK OUT A MEANINGFUL, VIABLE LIFE STYLE--(4) PERSONNEL TRAINEES SHOULD BE CHOSEN PRIMARILY FOR APPROPRIATE CHARACTER TRAITS AND ACADEMIC BACKGROUND, AND SHOULD RECEIVE BROAD TRAINING THAT STRESSES SKILLS IN SHORT-TERM COUNSELING. PROCEEDINGS INCLUDED WORKSHOP EVALUATIONS. (DOCUMENT ALSO CONTAINS APPENDIXES, BACKGROUND STATISTICAL DATA, AND 102 REFERENCES.) (LY)

Descriptors: Adult Characteristics/ *Adult Counseling/ Counseling Effectiveness/ *Counseling Goals/ Counseling Services/ Counselors/ *Counselor Training/ Criteria/ *Evening Colleges/ Evening Programs/ *Participant Characteristics/ Selection/ University Extension

ED012057 CG000044

FUNDAMENTALS OF STATISTICAL DECISION THEORY.

SITGREAVES, ROSEDITH

Center for the Study of Liberal Education for Adults,
Brookline, Mass.; New England Board of Higher Education,
Winchester, Mass.

65 39P.

EDRS PRICE MF-\$0.76 HC-\$1.95 PLUS POSTAGE

STATISTICAL DECISION-MAKING THEORY PROVIDES A FRAME OF REFERENCE WITHIN WHICH THE COUNSELOR AND CLIENT CAN CONSIDER A WIDE RANGE OF PROBLEMS OF DECISION MAKING. IN THE FACE OF UNCERTAINTY, A SET OF ACTIONS IS AVAILABLE. PREFERENCE AMONG THESE ACTIONS DEPENDS ON THE TRUE STATE OF NATURE WHICH IS GENERALLY UNKNOWN. TO GAIN THIS INFORMATION, AN EXPERIMENT CAN BE PERFORMED WHICH WILL YIELD A SET OF DATA. A STRATEGY FOR DECISION MAKING IS A COMPLETE PRESCRIPTION WHICH SPECIFIES THE EXPERIMENT TO BE PERFORMED AND THE TERMINAL DECISION TO BE MADE FOR EACH SET OF DATA COLLECTED. WITH THE USE OF A LOSS TABLE, THE EXPECTED LOSS FOR ANY STRATEGY FOR EACH STATE OF NATURE CAN BE FOUND. COMPARISONS GENERALLY MAKE IT POSSIBLE TO ELIMINATE INADMISSIBLE STRATEGIES. TWO CRITERIA CAN BE EMPLOYED TO SELECT FROM THE REMAINING CLASSES OF ADMISSIBLE STRATEGIES. FIRST IS THE MINIMAX PRINCIPLE WHICH IS BASED ON THE CRITERION OF SELECTING THE STRATEGY FOR WHICH THE MAXIMUM EXPECTED LOSS IS THE SMALLEST. SECOND IS THE BAYES CRITERION WHICH IS BASED ON THE ASSUMPTION THAT THERE IS A KNOWN PROBABILITY DISTRIBUTION OVER THE STATES OF NATURE AND, THEREFORE, THE EXPECTED RISK OF WRONG DECISIONS CAN BE MINIMIZED BY COMPUTING THE AVERAGE OF THE ASSUMED PROBABILITY DISTRIBUTION. THIS ADDRESS WAS PRESENTED AT THE CONFERENCE ON THE TRAINING OF COUNSELORS OF ADULTS (CHATHAM, MAY 22-28, 1965). (RM)

Descriptors: *Adult Counseling/ Conferences/ *Counseling/
Counseling Theories/ Counselor Training/ *Decision Making/
*Probability/ *Problem Solving

Identifiers: BROOKLINE/ CHATHAM/ WINCHESTER

ED012056 CG000043

SELF-ACTUALIZATION AND BEYOND.

MASLOW, ABRAHAM

Center for the Study of Liberal Education for Adults,
Brookline, Mass.; New England Board of Higher Education,
Winchester, Mass.

65 27P.

EDRS PRICE MF-\$0.76 HC-\$1.95 PLUS POSTAGE

TWO TYPES OF LEARNING, EXTRINSIC AND INTRINSIC, ARE DESCRIBED. INTRINSIC LEARNING INVOLVES THOSE PROCESSES WHICH CAN HELP PEOPLE BECOME ALL THAT THEY ARE CAPABLE OF BECOMING. INTRINSIC LEARNING IS THE ULTIMATE GOAL OF ALL EDUCATION, INCLUDING ADULT EDUCATION, AND IS ALSO THE ULTIMATE GOAL OF COUNSELING. SELF-ACTUALIZING PEOPLE LEARN THROUGH THE PROCESSES OF INTRINSIC LEARNING. SELF-ACTUALIZING PEOPLE ARE DESCRIBED AS THOSE WHO LISTEN TO THEIR OWN VOICES, TAKE RESPONSIBILITY, ARE HONEST, AND WHO WORK. THEY ARE INVOLVED IN

A CAUSE OUTSIDE OF THEMSELVES. THEY EXPERIENCE FULLY, VIVIDLY, AND SELFLESSLY WITH FULL CONCENTRATION AND ABSORPTION. AT THE VARIOUS CHOICE POINTS PRESENTED TO THEM, THEY MAKE THE CHOICE FOR GROWTH. THE INTRINSIC LEARNING MODEL IS ESPECIALLY ADAPTIVE IN WORKING WITH ADULTS SINCE THEY ALREADY HAVE CAPACITIES, TALENTS, DIRECTIONS, MISSIONS, AND CALLINGS. THE COUNSELOR'S JOB, THEREFORE, IS TO HELP THEM TO BECOME WHAT THEY ALREADY ARE MORE PERFECTLY AND TO REALIZE WHAT THEY POTENTIALLY CAN BE. THIS ADDRESS WAS PRESENTED AT THE CONFERENCE ON THE TRAINING OF COUNSELORS OF ADULTS (CHATHAM, MAY 22-28, 1965). (RM)

Descriptors: *Adult Counseling/ Adult Development/ Adults/
Conferences/ *Counseling/ Counselor Training/ Human
Development/ *Learning/ *Self Actualization/ Self Concept

Identifiers: BROOKLINE/ CHATHAM/ WINCHESTER

ED012055 CG000042

THE ADULT YEARS.

NEUGARTEN, BERNICE L.

Center for the Study of Liberal Education for Adults,
Brookline, Mass.; New England Board of Higher Education,
Winchester, Mass.

65 47P.

EDRS PRICE MF-\$0.76 HC-\$1.95 PLUS POSTAGE

THE AUTHOR DISCUSSES (1) THE PSYCHOLOGICAL ISSUES THAT PREOCCUPY DIFFERENT, ADULT AGE GROUPS AND (2) THE AGE-STATUS SYSTEM AS IT IS CHANGING IN AMERICAN SOCIETY. THE RELATIONS OF THE INDIVIDUAL TO THE SOCIAL GROUPS OF WHICH HE IS A MEMBER, THE WAYS OF ABSORBING AND USING NEW IDEAS, AND THE OBSTACLES AND OPPORTUNITIES THAT THE INDIVIDUAL RECOGNIZES IN FURTHERING HIS GOALS WILL CONTINUE TO PROVIDE THE CONCERNS ABOUT WHICH ADULT MEN AND WOMEN WILL TURN TO COUNSELORS FOR GUIDANCE AND ASSISTANCE. AS NEW PROBLEMS AND NEW SATISFACTIONS OF HUMAN LIFE ARE CREATED, MORE AND DIFFERENT TYPES OF ADULT COUNSELING WILL APPEAR IN SOCIETY, AND NEW EXPERTISE WILL BE EXPECTED. THE ISSUES AFFECTING ADULTHOOD ARE (1) THE INDIVIDUAL'S USE OF EXPERIENCE, (2) HIS STRUCTURING OF THE SOCIAL WORLD IN WHICH HE LIVES, (3) HIS PERSPECTIVES OF TIME, (4) THE WAYS IN WHICH HE DEALS WITH THE MAJOR THEMES OF WORK, LOVE, TIME, AND DEATH, AND (5) THE CHANGES IN SELF-CONCEPT AND IDENTITY AS INDIVIDUALS FACE MARRIAGE, PARENTHOOD, CAREER ADVANCEMENT AND DECLINE, RETIREMENT, ILLNESS, AND WIDOWHOOD. THIS ADDRESS WAS PRESENTED AT THE CONFERENCE ON THE TRAINING OF COUNSELORS OF ADULTS (CHATHAM, MAY 22-28, 1965). (RM)

Descriptors: *Adult Counseling/ *Adult Development/ Adults/
Conferences/ *Counseling/ Counselor Training/ Developmental
Tasks/ *Self Concept

Identifiers: BROOKLINE/ CHATHAM/ WINCHESTER

ED012054 CG000041

THE NEXT TWENTY YEARS--BACKGROUND NOTES FOR ADULT COUNSELING PLANNING.

MICHAEL, DONALD N.

Center for the Study of Liberal Education for Adults,
Brookline, Mass.; New England Board of Higher Education,
Winchester, Mass.

65 34P.

EDRS PRICE MF-\$0.76 HC-\$1.95 PLUS POSTAGE

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NONPROFESSIONAL NEIGHBORHOOD PEOPLE COULD BE TRAINED TO CARRY OUT SOME PROFESSIONAL EMPLOYMENT FUNCTIONS. WOMEN MADE THE BEST INTERVIEWERS, BUT WERE RELUCTANT TO MAKE HOME VISITS, WHILE MEN WERE MORE SUCCESSFUL AS COUNSELORS. CERTAIN CHARACTERISTICS SEEM TO MAKE FOR SUCCESS--SUCH AS MATURITY, MARRIAGE, A LONG TERM, STEADY JOB, AND PREVIOUS COMMUNITY VOLUNTEER WORK. REASONS FOR TRAINEES' STAYING IN THE TRAINING PROGRAM WERE COUNSELOR SUPPORT, MOTIVATION, EXCELLENT TEACHERS, TRAINING ALLOWANCE, AND NEIGHBORHOOD SUPPORT. REASONS FOR DROPPING OUT WERE DISLIKE OF SCHOOL SITUATION, LACK OF MOTIVATION, AND NO TRAINING ALLOWANCE. THIS DOCUMENT IS ALSO AVAILABLE FROM ACTION-HOUSING, INC., NUMBER TWO GATEWAY CENTER, PITTSBURGH, PENNSYLVANIA 15222. (EB)

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