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IDENTIFIERS *Aging

ABSTRACT

This continuing ERIC/CAPS series, entitled Searchlight Plus, consists of two components: first, an in-depth review of cited materials, including prime issues and trends, and implications for helping professionals; and, second, citations from an ERIC computer search on the topic. Series topics are selected in response to user requests. Presented in the review section are counseling styles with respect to the aged, age bias, health problems, and the need for continuing education and training of the aged to help them maintain their dignity and independence.
 (Author/CKJ)

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ED181394

COUNSELING THE AGING

Mary Ann Zawada

AN INFORMATION ANALYSIS PAPER
Based on a computer search of the ERIC data base
November 1966 through December 1978

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Ann Arbor, Michigan*

1979

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INTRODUCTORY NOTE

For several years ERIC/CAPS has produced Searchlights--computer searches of the ERIC data base on topics identified as being of major interest and importance by our on-site users and by helping professionals working in the field. The Searchlights have proved to be highly useful as a synthesis of existing documents on a given topic, and we have been pleased to provide them at low cost for persons desiring packaged, instant information in a particular area. This year we have gone one step further.

Choosing the fifteen topics which were in most demand by our ERIC users, we decided to explore in depth the sources revealed in the computer search and identify prime issues and possible trends from the documents, as well as point out the implications of the information for the work of professionals in our field of counseling and personnel services. In so doing we hoped to provide an even more valuable service to those who recognize ERIC as a rich storehouse of information, but who lack the time to examine in detail and analyze the total collection of data.

The fifteen areas chosen for this special treatment are the following:

- Career Development: Programs and Practices
- Career Resource Centers
- Counseling Adults
- Counseling the Aging
- Counseling the Exceptional: Handicapped and Gifted
- Divorce and One-Parent Family Counseling
- Evaluation of Counselor Effectiveness
- Group Guidance
- Mid-Career Change

Preretirement Counseling
Program Evaluation and Accountability
Tests and Testing Programs
The Counselor as Change Agent
The Counselor as Consultant
Violence in the Schools

The computer search is included in each Searchlight Plus as before, but in addition, readers will find an opening narrative which highlights certain documents, identifies issues and trends, and suggests possible implications for the future of guidance and guidance professionals.

We should point out that two of these Searchlight Plus are slightly different from the others. The ones entitled "Mid-Career Change" and "Preretirement Counseling" contain sources from a number of data bases (including ERIC). These particular analyses of the literature were prepared for an international guidance conference and were designed to review sources from as many data bases as possible. Interestingly, however, the most useful informational source in preparing the papers was ERIC, and much overlap was found to exist in the documents brought to light from the many data bases searched:

This explains the difference between our current series Searchlight Plus and the previous series Searchlight. If you find the narrative helpful--more helpful than just the basic search--we would appreciate your telling us so. A major purpose of ERIC is to provide information of genuine value to you, the user.

Garry R. Walz
Director, ERIC/CAPS

Libby Benjamin
Associate Director, ERIC/CAPS

COUNSELING THE AGING

Mary Ann Zawada

Problems faced by the aging members of our population gain more national attention each year. The literature makes clear that federal, state, and local governments, as well as private agencies and groups, are actively engaged in efforts to help the aged become useful, needed members of society.

*Efforts to
help the
aging on
the increase*

More than ever, in these days of early retirement, it is imperative to plan ahead for our older years. Even middle-aged adults experience many problems in common with the over sixty-five group: age bias, the need for re-education and job training, financial limitations, and declining health.

The following review of the literature addresses many concerns of both groups, in addition to issues faced by counselors serving our aging population.

Counselor Concerns

Before attempting to meet the needs of the over sixty-five group, counselors would be wise to consider the following issues: style of counseling (EJ 056 512), ways of viewing the aged (ED 105 366), and means of establishing rapport with individuals who have adopted different aging mannerisms (ED 155 522).

Whether in individual or group settings (ED 046 137, EJ 127 463, 177 249), research

stresses the value of peer counseling, that is, the old counseling the old (ED 056 269, 132 252, EJ 067 624, 137 727). This may be due to an increase in human relations skills among the aging (ED 142 904). An even greater contribution can be made if counselors themselves are residents of an institution for the aged (EJ 084 139). Additional service is offered by the retired counselor who chooses to become a "built-in resource" in colleges and universities (EJ 175 233), providing a wide range of services to elderly clients.

Client Concerns

Preretirement and Retirement

Practical and emotional support is needed not only by aged adults, but also by persons over forty who wish to utilize available resources to meet life situations (ED 017 789, EJ 152 696).

During middle age one can plan carefully and thoughtfully to effect successful adjustment to retirement (ED 149 182). Retirement readiness is crucial to developing meaningful activities for the future (ED 112 478, EJ 141 940), in order to ward off the "retirement syndrome" (EJ 029 924).

Preretirement preparation programs are not new (ED 140 167), and those initiated by community colleges in cooperation with local companies have been successful (EJ 090 748); but history reveals the need for a new approach combining both planning

*Need for preretirement
planning essential*

and counseling aspects (EJ 147 852) and, finally, a re-evaluation of those functions in terms of program effectiveness (EJ 092 329).

Education

Throughout the literature, older students are referred to as "elderly" or "nontraditional." It has been suggested that older students differ from traditional college age students in a number of ways (ED 130 737). Older students are more motivated, tend to carry less heavy academic loads, are more likely to be satisfied with instruction, and spend more time studying.

Authors have discussed the impact of older students on higher education (ED 145 755), since their return to the classroom affects all aspects of educational life--admissions, counseling, campus activities, and younger students. To deal with the challenges, innovative programs have been established to assist the nontraditional student in a university setting where peer counselors play a key role in the total program operation (ED 130 214). Community colleges have opened their doors to older students by providing a wider variety of activities at no cost to the students (ED 136 852). In addition to public colleges and universities, private vocational schools are well suited to retraining and counseling unemployed older adults; they have been underutilized as training resources (EJ 030 617).

*Programs for
older students*

Along with general education, vocational education programs that could lead to second careers or part-time jobs are needed (ED 112 987), as are courses that could be

extended to nursing homes, senior citizen centers, and community schools. At least one author feels that career education directed to training older persons to work in human services is worth pursuing (EJ 146 177).

With the enrollment of nontraditional students, research calls for educational counseling (ED 103 614, 130 737) that will enhance their learning ability and help them better to understand their motivations (ED 149 305). Toward this end, one institute, established for the education of senior adults, expressed as a major objective the intention to give a deeper understanding of the characteristics of the elderly (ED 032 511). The institute also emphasized the need for a variety of activities that could be built into a program for the aging.

Job Training and Placement

The National Conference on Manpower Training and the Older Worker has concentrated its efforts on the unexplored area of employment for the aging adult. This conference has raised many basic employment issues, as well as begun efforts to overcome age restrictions in hiring and placing displaced and disadvantaged older workers (ED 016 111). As the literature clearly indicates, age bias and negative attitudes associated with particular ages have long been obstacles to employment (ED 023 060, EJ 146 012). Various projects have been cited (ED 016 111, 035 763, 134 872) for their use of different service techniques designed to assist chronically unemployed older workers in obtaining employment.

*Employment for
the aging*

Attempts have been made to retrain older workers, but certain characteristics, such as slower work habits and decreased physical strength have been identified as handicaps whose consequences should be handled in employment counseling (EJ 029 692). Case studies have been identified where employment counselors have successfully assisted older workers in assessing their experiences and abilities through counseling and testing (EJ 112 129).

Older worker specialists have found value in the employability plan. A training manual has been used to help the specialist write a sequential plan for covering appropriate services to solve the clients' vocational problems (ED 074 323).

Leisure Time Activities

In recent years, older persons have been able to find appropriate recreation more readily. For those persons who devoted their lives solely to jobs or families, counselors must provide help to develop leisure-time activities and establish new relationships (EJ 158 405, 166 852). Private agencies describe experiences of existing programs as aids to establishing new programs to meet the retirees' needs (ED 132 798, EJ 166 851). On the whole, the influence of different types of meaningful activities on life satisfaction is a crucial issue covered by the literature (EJ 127 389, 146 218).

*Satisfaction
through leisure
important*

Marriage and Remarriage

Marriage among the aging is a social concern looked upon with regret by many families. Some adult children oppose remarriage of their parents because of legal and

financial implications. While younger persons may equate marriage with romance and sex, the older group may view marriage solely in terms of companionship.

Need for companionship

The literature focuses on a number of related concerns such as education on human sexual function in the aging (EJ 182 988) with emphasis on traditional and new norms concerning sexual behavior, and the resultant implications for marriage counselors.

Spiritual Well Being

Religious organizations and society need to fulfill the spiritual needs of the elderly in regard to the role of the church and clergymen, and death and dying (ED 057 348). Dealing with death is an unpleasant and difficult task for everyone, but the need exists for early, planned, realistic approaches to the subject (ED 094 278, 109 588). The subject of dying should be handled by families of the gravely ill, especially since some clergymen do not enjoy pastoral contacts with the elderly (EJ 137 721) and, therefore, may avoid the topic.

Need for realistic approach to death

Subgroups Among the Aging

Certain subgroups, having their own distinctive concerns and needs and requiring a variety of services, exist among the aging population.

Disadvantaged

The needs of the disadvantaged aged person cannot be successfully met until communication and cooperation have been established among community agencies

(EJ 090 840, 097 483). The urban disadvantaged adult does not quite fit into the usual adult education classes and can benefit from special homemaking, hygiene and counseling programs (EJ 097 483). Such services apply not only to the aged living in private residences but also to those in public housing projects.

Institutionalized

Institutionalized aged persons, including those receiving day care, need added support to heighten morale and lower anxiety (EJ 129 069, 173 188). A need also exists for preadmission counseling regarding the person's expectations about the institution (EJ 173 188).

Minorities

The literature emphasizes that counselors should be aware of the culturally different client (EJ 147 857). Specific problems have been identified which distinguish one aged minority from another. The blacks (EJ 147 846) and Indians, specifically women (ED 125 818, EJ 147 856), have special concerns such as self-identity and civil rights. Women in general, due to their greater life expectancy, must be helped in dealing with the phenomenon of widowhood (ED 076 893). On the whole, there is a critical shortage of counselors and services for women, but for aged blacks in particular (EJ 167 398).

Prisoners

Other institutionalized persons, such as older prisoners, possess unique

characteristics and needs requiring specifically designed services (EJ 169 317).

An experimental therapeutic program has been developed to meet such special needs (EJ 169 317).

Sick and Disabled

Attempts have been made to expand assistance to the elderly sick and disabled (ED 146 490), including those persons in institutional settings (EJ 050 953).

Research also indicates the need for meeting the needs of the blind aged (ED 035 116, EJ 122 584), and those persons with speech and hearing defects (EJ 059 037). Not excluded are the problems of the disabled older worker which can be handled in part by volunteer services and sheltered workshops (ED 023 225). The disabilities of the aged have opened the way for more extensive rehabilitation counseling and other services (EJ 103 663, 115 144), and must be taken into consideration for future rehabilitation programming (EJ 062 469).

Implications for Counselor Education

The counseling of special populations always presents new implications for counselor education. At present, most counselor education curriculums lack preparation for counseling the aging (EJ 114 059). The importance of training counselors to work with the elderly has been emphasized (EJ 120 620), in addition to the need for specialized gerontology practicums (EJ 129 196). Not to be overlooked is the training of counselors.

as change agents, which promises to present new and exciting challenges (EJ 147 861):

Available Resources to Promote Self-Reliance

It appears that the ability of the elderly to lead self-reliant lives is related to their awareness of available existing services (EJ 152,696). Related to receiving necessary services are the ability to complete the application process and willingness to accept help from others (ED 064 566). Although more services are available to the elderly today, some unmet needs exist in regard to home services, transportation, finances, health care, and appropriate housing. Continued expansion of services in the above areas has been effected by state senior centers (ED 069 275).

*Information about
available services
needed*

How to bring available resources to the attention of the elderly is a major concern (ED 064 566). One solution is the neighborhood approach, whereby volunteers have been effectively trained as "middlemen" to locate "hidden older persons," determine their needs, and help them receive required services (ED 064 566). Other community service projects assign volunteers to help elderly neighbors by visiting them in their homes and nursing homes (ED 057 326). Additional help has been provided by elderly and retired volunteers in community service.

*Dissemination of
information a
problem*

The literature emphasizes a continuing need for greater community involvement to bring services to the attention of its elderly population.

Educational Resources on Aging

A review of the literature reveals a variety of significant educational information on the aging dating back to the early 1960's. The many topics covered indicate that concern for the elderly is not a new phenomenon. A bibliography (1964-67) of annotations and abstracts covers topics such as characteristics and learning abilities of older adults, training programs, retirement and preretirement education, and vocational guidance and career planning (ED 019 564). In addition, the review focuses on methods of viewing the aging and the extent to which counselors and programs effectively contribute to the enrichment of the aging population (ED 082 112).

*Need for information
on legislation*

One study was undertaken to identify the information needs of persons working with the aging. Respondents to questionnaires indicated a need for information on state legislation affecting older persons, counseling older persons, and assisting older persons in self-help projects (ED 122 752). In addition, the literature emphasizes the need for a comprehensive and coordinated community approach in planning educational programs with the use of the library and other community resources (ED 032 511).

Finally, not to be overlooked is the role of the church in the continuing education of the aging (ED 032 511). The pastoral ministry to the aged is a vital part of the work of the church, and it cannot be ignored or underemphasized.

*Role of
the church*

Evaluation and Implications for Research

The need for preretirement education programs among the aging has been confirmed throughout the literature. It has also focused on differences between two functions of programs such as counseling and planning (EJ 092 329), and evidence bearing on these functions in program effectiveness.

New approaches to planning retirement have been reviewed whereby "work" and "retirement" are defined and surveys of attitudes toward both are continuously explored (ED 149 182).

Implications for research on program planning include the need to alter stereotypes and to form favorable attitudes about aging and the aged (ED 149 182).

Finally, the literature offers suggestions in program planning such as procedures, needs assessment, establishing priorities and utilizing resources, actual planning, and program evaluation (ED 149 182).

Summary

Adult development has been defined as a continuing dialogue between culture and the individual (EJ 147 848). The normal developmental process often brings pronounced changes in behavioral, physiological, and social aspects of the individual. Due to the growing proportion of older adults in the population, greater resources have been made available to help make the aging adult more self-reliant.

There is evidence of extensive exploration of basic living problems, as well as older adults' self-images and society's attitudes toward them. The literature indicates the need for counseling as a moving force behind changing attitudes toward the elderly (EJ 147 860). One author identifies different types of counseling, such as remedial counseling for specific problems and preventative counseling for preretirement and informational concerns (EJ 147 860). On the whole, counseling intervention is seen as mobilizing resources to facilitate growth (EJ 146 011).

*Counselors a
force for changing
attitudes toward
the aged*

When their problems become a shared responsibility of families and communities alike, the future will be brighter for aging adults to continue to be useful and relatively active citizens in the community.

FORMAT OF
CURRENT INDEX TO JOURNALS IN EDUCATION (CIJE)

Clearinghouse Accession Number

EJ Accession Number

Title of Article

Author

JOURNAL TITLE, Volume,
Issue Number, Pages,
Publication Date

Descriptors (words which tell
the contents of the article)

Annotation of article

EJ125694 CG509354

Revitalizing the Career Information Service

Reardon, Robert C.; Minor, Carole W.

Guidance Journal: 54; 3; 169-171 Nov 75

Personnel and

Descriptors: Vocational Counseling/ Information
Dissemination/ Educational Planning/ Job Placement/ Career
Planning/ Program Descriptions/ Guidance Services/ Higher
Education/ Information Sources/ College Students

The authors describe the Curricular-Career Information
Service (CCIS), which is an outreach, self-help,
multimedia-based and preprofessional-staffed career guidance
service. CCIS consists of five instructional modules which
relate to the following student problems: uncertainty about
major, relationship of major to jobs, finding a job and
information on occupations. (Author/SE)

* Journal articles are available only in the journals cited. The articles are not on microfiche.

EJ182988 CG514548

A Sexual Enhancement Program for Elderly Couples

Rowland, Kay F.; Haynes, Stephen N.

Journal of Sex and Marital Therapy, 4, 2, 91-112 Sum 78

Reprint Available (See p. vii); UMI

This study examined effects of a group sexual enhancement program for elderly couples. The three two-week phases, pretreatment with no therapist contact, education on human sexual functioning in aging people, and communication exercises--sexual techniques, were methods to improve communication and increase enjoyment of sexual contact. (Author)

Descriptors: +Older Adults/ +Sexuality/ +Group Counseling/ +Communication Skills/ +Group Therapy/ Research Projects
Identifiers: +Sexual Enhancement

EJ181050 CG514352

Counseling Couples in Their Sixties

Karson, Albert; Karson, Martha

Social Work, 23, 3, 213-4 May 78

Refocusing indicates a more accurate view of a developmental-emergent process. The preretirement age is a new era in which couples as individuals can begin to experiment with different rhythms and patterns of life. (Author)

Descriptors: +Helping Relationship/ +Older Adults/ +Developmental Stages/ +Life Style/ +Developmental Tasks/ State Of The Art Reviews/ Counseling
Identifiers: +Refocusing/ +Preretirement

EJ177249 CG513925

Comparative Group Psychotherapy for the Aged

Ingersoll, Berit; Silverman, Alida

Gerontologist, 18, 2, 201-6 Apr 78

Reprint Available (See p. vii); UMI

Two approaches to group psychotherapy for the noninstitutionalized elderly are described and compared. One paradigm was based upon a behavioral orientation while the other was insight-oriented. The group treated with an insight orientation showed greater overall improvement, although only one measured difference was statistically significant. Research recommendations are made. (Author)

Descriptors: +Older Adults/ +Psychotherapy/ +Group Therapy/ +Self Esteem/ +Peer Groups/ +Anxiety/ Research Projects/ Group Counseling

EJ175233 CG513632

From Guidance Counselor to Admissions Officer--A Smooth Transition

Kaplan, James

30

Journal of the National Association of College Admissions Counselors, 22, 2, 20-1 Jan 78

Colleges and universities are overlooking a "built-in resource"--the retired guidance counselor--who has much to contribute to the college community and whose talents should not be put to rest. The retired counselor should not be put out to pasture. (Author)

Descriptors: +Counselor Role/ +Admissions Counselors/ +Retirement/ +Older Adults/ +Teacher Retirement/ Higher Education/ State Of The Art Reviews

Identifiers: +Counselor Retirement

EJ173188 CG513546

Applicant Expectations of Homes for the Aged and the Need for Preadmission Counseling

Farquhar, Marcia

Essence: Issues in the Study of Ageing, Dying, and Death, 2, 1, 33-8 77

The need for preadmission counseling among 45 female applicants to homes for the aged was assessed by examining applicant morale, expectations about the institutions, amount of contact with the facilities, and status on the waiting list. (Author)

Descriptors: +Older Adults/ +Adult Counseling/ +Adjustment Counselors/ +Adjustment (To Environment)/ Gerontology/ Institutionalized Persons/ Research Projects

EJ169317 CG513271

Toward the Development of a Therapeutic Program for Older Prisoners

Aday, Ronald H.

Offender Rehabilitation, 1, 4, 343-8 Sum 77

The basic supposition of this paper is that older prisoners possessing unique characteristics necessitate a specific program designed to meet their particular needs. The development of an experimental therapeutic program for such older prisoners is described. (Author)

Descriptors: +Correctional Rehabilitation/ +Institutionalized Persons/ +Rehabilitation Programs/ +Older Adults/ +Prisoners/ Rehabilitation Counseling/ Therapeutic Environment / Criminals/ Program Descriptions

Identifiers: +Life Satisfaction Index B

EJ167398 CG513093

Problems of the Black Aged
Mosley, John C.
Journal of Non-White Concerns in Personnel and Guidance, 6,
1, 11-16 Oct 77

Specific problems which distinguish the Black aged from other aged groups are detailed. Discussion of program needs and realities concludes that programs have lagged far behind needs. More Black professionals interested in aging are needed, as well as more state and federal funding for counseling services. (Author/SMR)

Descriptors: *Older Adults/ *Blacks/ **Counseling Services/
*State Federal Aid/ *Social Problems/ State Of The Art Reviews
/ Counseling

EJ166853 SP506089

The Milwaukee Leisure Counseling Model
Magulski, Michael; And Others
Journal of Physical Education and Recreation, 48, 4, 49-50
Apr 77

Reprint Available (See p. vii): UMI
Descriptors: *Leisure Time/ *Counseling Programs/ *Program
Descriptions/ *Institutionalized Persons/ *Senior Citizens/
Recreational Activities/ Individual Development
Identifiers: *Leisure Counseling/ Milwaukee Avocational
Guidance Leisure Counseling

EJ166852 SP506088

Helping Meet the Needs of Institutionalized Aged People
Stensrud, Carol
Journal of Physical Education and Recreation, 48, 4, 46-48
Apr 77

Reprint Available (See p. vii): UMI
Leisure services, especially those involving aged people, need to focus not on the activities themselves, but on awareness of leisure, lifestyles, interrelationships, processes, values needs, and the meaning of activity. (MB)

Descriptors: *Leisure Time/ *Counseling Theories/ *Senior
Citizens/ *Program Development/ *Counseling Effectiveness/
*Institutionalized Persons/ Individualized Programs/ Personal
Interests/ Personal Values
Identifiers: *Leisure Counseling

EJ166851 SP506087

Avocational Counseling for the Elderly
Overs, Robert P.; And Others
Journal of Physical Education and Recreation, 48, 4, 44-5
Apr 77

Reprint Available (See p. vii): UMI
The experiences of a Milwaukee area avocational counseling

program for the elderly may be helpful to others wishing to start such programs. (MB)

Descriptors: *Leisure Time/ *Recreational Activities/
*Senior Citizens/ *Counseling Theories/ *Program Descriptions/
Program Development

Identifiers: *Leisure Counseling/ Wisconsin (Milwaukee)/
Avocational Activities

EJ158405 CG512271

Satisfying the Emotional Needs of the Elderly: A Call for
Counselors

Stickle, Fred E.
Counseling and Values, 21, 3, 180-184 Apr 77
Counselors need to help the elderly satisfy their emotional needs by assisting them with housing, retirement activities, and social activities and relationships. (Author/HLM)

Descriptors: *Older Adults/ *Counselor Role/ *Individual
Needs/ *Gerontology/ *Helping Relationship/ *Social
Responsibility/ State Of The Art Reviews/ Social Factors

EJ152696 AA524079

Psychotherapy after Forty
Brink, T. L.
MH, 60, 2, 22-4 Sum 76
Three case studies illustrate that there are resources available to help the older adult cope with his or her life situation, and suggestions are given as to how and where to seek competent professional help. (RW)

Descriptors: *Psychotherapy/ *Geriatrics/ *Older Adults/
*Middle Aged/ *Case Studies/ Counseling/ Emotional Problems/
Sociopsychological Services

EJ149996 CG511522

Counseling Older Persons: Career Change and Retirement
Sinick, Daniel
Vocational Guidance Quarterly, 25, 1, 18-24, Sep 76

The growing proportion of older persons in the population offers counselors opportunities to exercise their expertise and to reap further rewards of professional service. Helping professionals must become expert regarding the counseling needs of older persons and special considerations and emphases in meeting these needs. (Author)

Descriptors: *Career Change/ *Career Exploration/
*Retirement/ *Older Adults/ *Vocational Counseling/ Senior
Citizens/ Occupational Guidance/ State Of The Art Reviews

32

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EJ147861 CG511382

Counseling for a Third of a Lifetime
Odell, Charles

Personnel and Guidance Journal, 55, 3, 145-147 Nov 76
Counselors should be in the forefront as change agents and as practitioners reaching out to middle-aged and older persons as a new challenge. (Author)

Descriptors: *Older Adults/ *Senior Citizens/ *Change Agents / *Adult Counseling/ *Counselor Role/ State Of The Art Reviews / Social Discrimination/ Gerontology

EJ147860 CG511361

Counseling the Elderly: Remediation Plus Prevention
Lombana, Judy H.

Personnel and Guidance Journal, 55, 3, 143-144 Nov 76
Counseling can be a moving force behind changing attitudes toward the elderly. The author defines remedial counseling as counseling older adults with specific problems, while preventative counseling focuses on preretirement counseling and informational programs. (Author/HMV)

Descriptors: *Helping Relationship/ *Older Adults/ *Senior Citizens/ *Adult Counseling/ *Changing Attitudes/ State Of The Art Reviews/ Gerontology/ Adult Development/ Social Attitudes

EJ147857 CG511358

Counseling Middle-Aged and Aging Cultural Minorities
Vontress, Clemon E.

Personnel and Guidance Journal, 55, 3, 132-135 Nov 76
Not only must counselors be sensitive to the culturally different client, they must be aware that the middle-aged or aging minority group member constitutes another minority, a minority within a minority. (Author)

Descriptors: *Minority Groups/ *Older Adults/ *Middle Aged/ *Adult Development/ *Adult Counseling/ State Of The Art Reviews/ Ethnic Groups/ Helping Relationship/ Counselor Role

EJ147856 CG511357

Counseling Older Women: A Perspective
Berry, Jane

Personnel and Guidance Journal, 55, 3, 130-131 Nov 76
This article briefly delineates the major problems of older women who feel "over the hill" and suggests ways that counselors can be increasingly effective in their efforts to understand and work with these women. (Author)

Descriptors: *Females/ *Older Adults/ *Middle Aged/ *Adult Counseling/ *Helping Relationship/ *Adult Development/ State Of The Art Reviews/ Behavior Patterns/ Identification (Psychological)/ Counselor Role

EJ147852 CG511353

Preretirement Counseling: The Need for a New Approach
Manion, U. Vincent

Personnel and Guidance Journal, 55, 3, 119-121 Nov 76
The author presents a pre-retirement counseling model which combines both planning and counseling aspects by emphasizing individual responsibilities for planning. As part of the process, peer counseling is utilized in identifying problems and possible solutions. (Author)

Descriptors: *Retirement/ *Adult Counseling/ *Adjustment (To Environment)/ *Older Adults/ *Counseling Programs/ *Peer Counseling/ Senior Citizens/ Models/ Program Descriptions

EJ147851 CG511352

Preretirement Planning: Does It Prevent Postretirement Shock?

Ullman, Charles A.

Personnel and Guidance Journal, 55, 3, 115-118 Nov 76
Retirement counseling offers assistance to the person who lacks either the knowledge or the skills to define or solve the problems that arise in this later stage of life. (Author)

Descriptors: *Helping Relationship/ *Retirement/ *Adult Counseling/ *Older Adults/ *Senior Citizens/ *Adjustment (To Environment)/ Adjustment Counselors/ State Of The Art Reviews/ Adult Development/ Behavior Patterns

EJ147848 CG511349

Adult Development: "faster Horses...and More Money"
Rappoport, Leon

Personnel and Guidance Journal, 55, 3, 106-108 Nov 76
Adult development is defined as a continuing dialogue between culture and the individual. After adolescence, the challenges of work and love turn the dialogue into a serious struggle for adult identity. (Author)

Descriptors: *Adult Counseling/ *Middle Aged/ *Adult Development/ *Older Adults/ *Identification (Psychological)/ State Of The Art Reviews/ Senior Citizens
Identifiers: *Life Span Theory

EJ147847 CG511348

Adult Development: Challenges for Counseling

Kimmel, Douglas C.

Personnel and Guidance Journal, 55, 3, 103-105 Nov 76

The author sketches three particular crisis points in the adult life span that present counseling opportunities and challenges as examples of how counseling needs in adult years are not being met. (Author)

Descriptors: *Adult Counseling/ *Older Adults/ *Middle Aged/ *Helping Relationship/ *Crisis Therapy/ *Adult Development/ State Of The Art Reviews/ Mental Health

EJ147846 CG511347

Reflections on Counseling Elderly Blacks

Furgess, Alexzandra Irving

Journal of Non-White Concerns in Personnel and Guidance, 5, 1, 45-48 Oct 76

Elderly blacks have many needs and counselors must be trained to deal with their specific problems. (Author)

Descriptors: *Older Adults/ *Senior Citizens/ *Negroes/ *Adult Counseling/ State Of The Art Reviews/ Counselor Training

EJ146218 CG511176

Patterns of Leisure and Adjustment to Retirement

Peppers, Larry G.

Gerontologist, 16, 5, 441-445 Oct 76

The nature of leisure participation among retirees and the effect of "types" of leisure on life satisfaction were the subject of this study. Isolate activities were found to be most prevalent. Life satisfaction appeared to be influenced by activity "type", number of activities, and participation-enjoyment congruence. (Author)

Descriptors: *Behavior Patterns/ *Adjustment Problems/ *Retirement/ *Older Adults/ *Leisure Time/ *Recreational Activities/ Research Projects/ Senior Citizens/ Educational Gerontology/ Adult Counseling/ Life Style

Identifiers: *Life Satisfaction

EJ146177 CG511136

Career Education for Older People

Sheppard, N. Alan

Educational Gerontology, 1, 4, 399-412 Oct 76

36 Career education directed at training older people to work in human services, is viewed as a viable concept. It can help older adults "retire to" rather than "retire from" and help them help themselves, their peers, and others. This paper encourages new and/or second careers for many older people. (Author)

Descriptors: *Older Adults/ *Career Education/ *Vocational

Counseling/ *Employment Problems/ *Retirement/ *Vocational Retraining/ Senior Citizens/ Educational Gerontology/ State Of The Art Reviews/ Career Change/ Human Services

EJ146018 CG510977

Mini-Reviews of Books on Mid-Life

Sinick, Daniel

Counseling Psychologist, 6, 1, 68-70 76

Recent books relevant to the counseling of adults and adult development are here briefly reviewed. Relevance was interpreted to eliminate books dealing solely with the years beyond mid-life. Recency is used to include books from 1972 on. (Author)

Descriptors: *Gerontology/ *Annotated Bibliographies/ *Adult Counseling/ *Adult Development/ *Developmental Psychology/ *Middle Aged/ Literature Reviews/ Age Groups/ Personality Development/ Behavior Patterns/ Older Adults

EJ146012 CG510971

"How Old Are You?"--The Question of Age Bias in the Counseling of Adults

Troll, Lillian E.; Nowak, Carol

Counseling Psychologist, 6, 1, 41-43 76

Attention is called to the probability that counselors and psychotherapists share the age stereotypes of other Americans. Kinds of age bias are noted: age restrictiveness, age distortion, and negative attitudes associated with particular ages. (Author)

Descriptors: *Adult Counseling/ *Negative Attitudes/ *Counselor Attitudes/ *Age/ *Stereotypes/ *Counselors/ Counselor Acceptance/ Psychotherapy/ Social Attitudes/ State Of The Art Reviews

Identifiers: *Age Bias

EJ146011 CG510970

A Developmental Approach to Counseling Adults

Backnek, Gene

Counseling Psychologist, 6, 1, 37-40 76

The author enunciates basic tenets of developmental theory and shows their application to work with adults. Counseling intervention is conceptualized as mobilizing resources to facilitate growth. Implications for the future of counseling psychology are considered. (Author)

Descriptors: *Adult Counseling/ *Adult Development/ *Developmental Psychology/ *Individual Development/ *Counselor Role/ State Of The Art Reviews/ Intervention/ Psychoeducational Processes/ Middle Aged/ Older Adults

Identifiers: *Self Growth/ *Developmental Theory

EJ142710 CG510689

Sex in Marriage: At 40 and Beyond
Cleveland, Martha

Family Coordinator, 25, 3, 233-240 Jul 76

The article considers the importance of the sexual dimension of marriage during middle age and beyond. "Traditional" and "New" norms concerning sexual behavior are examined. Implications for marriage counseling are discussed. (Author)

Descriptors: +Sexuality/ +Marriage/ +Older Adults/ +Middle Aged/ +Marriage Counseling/ +Behavior Standards/ State of the Art Reviews/ Behavior Patterns/ Family Structure/ Affective Behavior

Identifiers: +Sex Counseling

EJ141940 SP504620

Learning and Planning for Retirement
Weiss, Caroline R.

Journal of Physical Education and Recreation, 47, 3, 51-2
Mar 76

Education for the leisure of retirement is discussed from the perspectives of considerations related to leisure in later life, the delivery of preretirement counseling and information, and the current status of education for leisure in schools. (GW)

Descriptors: +Leisure Time/ +Retirement/ +Counseling/ +School Responsibility/ +Senior Citizens/ Psychological Needs/ Social Relations/ Organizations (Groups)/ Industry

EJ137729 CG510230

Issues in Counseling Older People
Schmidt, Lyle D.

Educational Gerontology, 1, 2, 187-192 Apr 76

This article provides an identification and brief discussion of some issues in counseling older people. A thorough review of the literature on aging, with implications for counseling, is strongly recommended. Paper presented at 83rd Annual Meeting of American Psychological Association, Chicago, September 1975. (Author)

Descriptors: +Older Adults/ +Geriatrics/ +Senior Citizens/ +Counseling/ +Individual Needs/ State Of The Art Reviews

Identifiers: +Gerontology

EJ137727 CG510228

Peer Group Counseling for Older People
Waters, Elinor; And Others

Educational Gerontology, 1, 2, 157-169 Apr 76

Psychological services are largely unavailable for older people who want help in coping with their interpersonal problems. The Continuum Center of Oakland University selects, trains, and supervises older men and women, who serve as

paraprofessional group leaders in a self-exploration program offered in a variety of community centers. Paper presented at 83rd Annual Meeting of American Psychological Association, Chicago, September 3, 1975. (Author)

Descriptors: +Group Counseling/ +Paraprofessional Personnel/ +Peer Counseling/ +Older Adults/ +Senior Citizens/ Counseling/ Human Services/ Geriatrics/ Guidance/ Program Descriptions

EJ137721 CG510222

Parish Clergy and the Aged: Examining Stereotypes
Longino, Charles F.; Kitson, Gay C.

Journal of Gerontology, 31, 3, 340-345 May 76

Hypotheses concerning clergymen's enjoyment of their pastoral contacts with older parishioners are examined. The hypotheses test the ideas that ministers do not enjoy pastoral contacts with the elderly and that these contacts reflect the clergymen's ageist preferences and concern with instrumental over expressive values. Results are discussed. (Author)

Descriptors: +Clergymen/ +Senior Citizens/ +Attitudes/ +Counseling Effectiveness/ +Stereotypes/ Research Projects/ Role Perception

Identifiers: +Pastoral Counseling

EJ135715 CG509989

Assertion Training

Flowers, John V.; And Others

Counseling Psychologist, 5, 4, 3-103 75

All the articles of this journal discuss assertion training. The purpose of assertion training, the role of trainers, specific procedures for performing assertion training, and approaches to specific groups, such as women or the aged, are discussed. (EJT)

Descriptors: +Program Descriptions/ +Group Counseling/ +Individual Development/ +Communication Skills/ +Psychotherapy / State Of The Art Reviews/ Females/ Older Adults

Identifiers: +Assertion Training

EJ134194 CG509820

Statement on Behalf of the American Personnel and Guidance Association

Rusalem, Herbert

New York State Personnel and Guidance Worker, 11, 1, 2-8
Win 76

A representative of the APGA presents a strong endorsement of the National Home Care Act Of 1975. (HMV)

Descriptors: +Senior Citizens/ +Older Adults/ +Legislation/ +Federal Legislation/ +Counselor Role/ Counseling/ State Of The Art Reviews/ Individual Needs

Identifiers: +National Home Care Act Of 1975

EJ129196 CG509653

Counseling the Elderly: An Emerging Area for Counselor Education

Blake, Richard; Kaplan, Leslie S.
Counselor Education and Supervision, 15, 2, 156-157 Dec 75

The authors stress the importance of counseling the elderly and indicate the lack of attention to this field. They make a series of suggestions to establish courses and practicums concerning gerontology. (SE)

Descriptors: *Counselor Training/ *Interdisciplinary Approach/ *Educational Programs/ *Senior Citizens/ *Geriatrics / State Of The Art Reviews/ Older Adults/ Higher Education/ Counseling Effectiveness/ Program Proposals

EJ129069 CG509526

Geriatric Group Day Care and Its Effect on Independent Living

Turbow, Sandra R.
Gerontologist, 15, 6, 508-510 Dec 75

Patients (n=45), ages 61-89, were assessed after 36 months of day treatment by the private Adult Day Treatment Center. It appears selective combinations of day treatment, group process, and group therapy offer an approach to the reduction of anxiety, the improvement of interpersonal relationships, and the maintenance of independent living. (Author)

Descriptors: *Day Care Services/ *Senior Citizens/ *Anxiety/ *Interpersonal Competence/ *Life Style/ Research Projects/ Geriatrics/ Older Adults/ Individual Psychology/ Group Counseling

EJ127463 CG509486

Exploring Retirement in a Small Group

Wolfe, Bee R.; Wolfe, George
Social Work, 20, 6, 481-484 Nov 75

There is a growing need for men and women to prepare for a significant period of living after they leave the work force. This article describes a seminar approach using group processes to aid preretirees and retirees. (EJT)

Descriptors: *Older Adults/ *Retirement/ *Seminars/ *Group Counseling/ *Personal Adjustment/ Program Descriptions/ Individual Development/ Adjustment (To Environment)

EJ127389 CG509412

Avocational Counseling: Gateway to Meaningful Activity

Overs, Robert P.
Counseling and Values, 20, 1, 36-41 Oct 75

Avocational counseling is defined as helping people to choose meaningful leisure activities. The author describes instruments for assessing avocational interests, discusses

various procedures used during avocational counseling and describes target groups which might benefit from such counseling. Various attitudes toward leisure held by different groups are presented, and discussed. (SE)

Descriptors: *Leisure Time/ *Counseling Effectiveness/ *Work Attitudes/ *Recreational Activities/ *Individual Needs/ State Of The Art Reviews/ Instrumentation/ Values/ Older Adults/ Status/ Physically Handicapped

EJ122584 EC072708

Meeting the Vocational Needs of the Older Blind Person

Dickey, Thomas W.
New Outlook for the Blind, 69, 5, 218-25 May 75

Descriptors: *Visually Handicapped/ *Employment Opportunities/ *Vocational Counseling/ *Job Placement/ *Discriminatory Attitudes (Social)/ Services/ Adults/ Older Adults

EJ122378 CG509106

Counseling Middle-Aged and Older Workers

Tomita, Kiku
Journal of Employment Counseling, 12, 3, 100-105 Sep 75

Case studies are cited in which applicants were assisted by the counselor in assessing their experience and abilities and relating them to the job market. Types of cases discussed are retirees wanting to return to work, homemakers reentering the business world, and men and women seeking a change of occupations. (Author)

Descriptors: *Older Adults/ *Job Placement/ *Vocational Counseling/ *Adult Counseling/ *Career Change/ Case Studies/ Employment Potential/ Self Concept/ Employment Services/ Occupational Guidance

EJ120620 - CG508802

Counseling in Gerontology

Blake, Richard
Personnel and Guidance Journal, 53, 10, 733-737 Jun 75

The author presents ways in which counselors could be involved in gerontology, and considers some of the things counselors and counselor education must do in order to prepare for work in this area. (Author)

Descriptors: *Older Adults/ *Senior Citizens/ *Adult Counseling/ *Counselor Functions/ *Adult Development/ Middle Aged/ Counseling Goals/ Helping Relationship

EJ115144 SP503511

Occupational Therapy and the Aged
Jones, Nancy A.
American Journal of Occupational Therapy, 28, 10, 615-8
Nov-Dec 74

The article discusses the occupational therapist's role in helping the older person adjust to the changes and challenges of later life. (JS)

Descriptors: *Occupational Therapy/ *Occupational Therapists/
*Geriatrics/ *Older Adults/ Medical Services/ Senior
Citizens/ Counseling/ Adult Counseling/ Rehabilitation
Counseling/ Professional Education

EJ114059 CG508490

Counseling the Elderly: A Neglected Area in Counselor
Education

Salisbury, Hal
Counselor Education and Supervision, 14, 3, 237-238 Mar
75

Training counselors to work with the elderly may well be an untapped area in counselor education. The author investigates the lack of preparation for counseling senior citizens in the counselor education curriculum. (Author/HMV)

Descriptors: *Counseling/ *Counselor Training/ *Older Adults
/ *Senior Citizens/ Research Projects/ Higher Education

EJ112129 CE502477

Counseling Middle-Aged and Older Workers

Tomita, Kiku
Industrial Gerontology, 2, 1, 45-52 W 75

Employment counselors can play an important role in helping mature job seekers obtain work. Case studies are cited where applicants were assisted by the counselor in assessing their experience and abilities and relating them to the job market. Testing may be a useful tool in the assessment process. (Author)

Descriptors: *Older Adults/ *Employment/ *Vocational
Counseling/ *Adult Counseling/ *Employment Counselors/ Job
Applicants/ Underemployed/ Career Change/ Case Studies/
Testing

EJ103663 CE501601

Patterns of Rehabilitation Service as a Function of Age and
Disability

Thomas, Kenneth R.; And Others
Industrial Gerontology, 1, 3, 12-22 Sum 74

Descriptors: *Vocational Rehabilitation/ *Age Groups/
*Handicapped/ *State Surveys/ *Comparative Analysis/ Program
Costs/ Rehabilitation Counseling/ Youth/ Senior Citizens/
Human Services

EJ102674 ECG2068

"I'm Driving Everybody Crazy"

Schloifer, Maxwell J.

Exceptional Parent, 4, 1, 40-3 Jan/Feb 74

The case history presents the views of an elderly couple toward their children, their handicapped grandson, aging, and plans for the future. (DB)

Descriptors: *Exceptional Child Education/ *Age/ *Parent
Child Relationship/ *Case Studies/ *Counseling/ Handicapped
Children/ Older Adults/ Personal Adjustment

EJ100717 CG507468

Is There a Best Age to Marry?: An Interpretation

Lasswell, Marcia E.

Family Coordinator, 23, 3, 237-242 Jul 74

The best age for marriage and childbirth appear to be much later than the popular age for marriage presently. Evidence indicates that women should wait until 25 to marry and should have their 2 children at age 28 and 30. (EK)

Descriptors: *Marriage/ *Counseling/ *Child Rearing/ *Age/
Attitudes/ Sex (Characteristics)/ Interpersonal Relationship

EJ097483 CE501090

Katesgrove House--A Collective Experiment in Helping the
Disadvantaged

Legge, A. J. W.

Adult Education (London), 46, 6, 377-82 Mar 74

In describing the successful development of a special homemaking, hygiene and counseling program for urban disadvantaged adults who do not neatly fit into usual adult education classes, the author emphasizes communication and cooperation among several agencies. Approximately forty clients at a time are served in a warm and humane atmosphere. (AJ)

Descriptors: *Adult Basic Education/ *Daily Living Skills/
*Urban Environment/ *Disadvantaged Groups/ *Interagency
Cooperation/ Disadvantaged Environment/ Senior Citizens/
Parent Education/ Parent Counseling/ Community Resources

EJ092329 CE500574

Reevaluating the Need for Retirement Preparation Programs:
Kasschau, Patricia L.

Industrial Gerontology, 1, 1, 42-59 W 74

The article distinguishes between two functions of retirement preparation programs, counseling and planning, and reevaluates the evidence bearing on each of these functions in program effectiveness. A four-page bibliography accompanies the article. (Author/AG)

Descriptors: *Retirement/ *Program Effectiveness/
*Counseling/ *Planning/ Personnel Management/ Program
Development/ Older Adults/ Bibliographies

EJ090840 CG506613

Counseling The Aged in A Public Housing Project
Stevens, Clarice N.

Personnel and Guidance Journal, 52, 3, 189-193 Nov 73

The author tells how she approached community agencies to procure existing counseling services and to implement new ones. She also opened channels of communication between various groups (among residents, between housing management and residents, etc.). Retarded high school students became involved in meeting needs of the elderly and an adoptive grandparent, policy was begun. (EK)

Descriptors: *Community Services/ *Counseling/ *Field
Experience Programs/ *Public Housing Residents/ *Older Adults/
Decision Making/ Referral/ Self Esteem/ Low Ability Students

EJ090833 CG506606

The Broad Role Of The Community Agency Counselor
Gellman, William; Murov, Herman

Personnel and Guidance Journal, 52, 3, 157-159 Nov 73

The authors discuss trends affecting community sponsored agencies counseling persons with work-related problems. They cite qualifications and functions of counselors in these agencies. Opportunities for expansion in this area will be limited, they say, in the early 1970's and most openings will be due to replacements. For the long run they predict expansion to meet society's needs for vocational assistance. (Authors/EK)

Descriptors: *Counselor Role/ *Community Agencies (Public)/
*Job Placement/ *Vocational Adjustment/ *Employment
Projections/ *Handicapped/ Older Adults/ Rehabilitation
Programs/ Disadvantaged Groups/ Career Ladders

EJ090748 CE500430

Pre-Retirement Education: A Community Responsibility
Morkert, Carpenter E.

Adult Leadership, 22, 7, 233-5 Jan 74

Organizational pre-retirement planning increases stress in

middle-aged employees, but programs in pre-retirement education initiated by community colleges in cooperation with local companies can be very successful. (MS)

Descriptors: *Retirement/ *Older Adults/ *Adult Counseling/
Vocational Retraining/ Adult Programs/ School Industry
Relationship/ Released Time/ Inplant, Programs/ Industrial
Relations

EJ084231 CG506272

The Actual And Retrospective-Occupational Self-Concept
Dimensions Of Retired Educators

Steer, Robert A.

Journal of Vocational Behavior, 3, 4, 465-473 Oct 73

A 20-item adjective checklist was used by 118 retired educators to describe their actual and retrospective self-concept ratings for middle-aged and preretired occupational roles. Seven common dimensions were identified: (1) stability, (2) conventionality (3) independence (4) practicality (5) status (6) confidence and (7) cleverness. The results suggested that the retired educators had used the same dimensions in describing their actual and retrospective-occupational self-concepts. (Author)

Descriptors: *Self Concept/ *Career Choice/ *Occupational
Choice/ *Older Adults/ *Vocational Counseling/ Followup
Studies/ Self Evaluation

EJ084139 CG506180

Age Counseling: Crises, Services, Potentials

Pressey, Sidney L.

Journal of Counseling Psychology, 20, 4, 356-360 Jul 73

This final of two papers regarding the values of the older counselor in dealing with the elderly stresses the distinctive contributions that he may make if he himself is resident in an institution of the old. (Author)

Descriptors: *Older Adults/ *Counseling Effectiveness/
*Counselor Acceptance/ *Counselor Characteristics/ *Adult
Counseling/ Personal Care Homes

EJ067624 CG504978

Major Neglected Need Opportunity: Old-Age Counseling

Pressey, Sidney L.; Pressey, Alice D.

Journal of Counseling Psychology, 19, 5, 362-366 Sep 72

A husband-wife team long active in counseling with the old, residing in an institution for old persons, have a conviction that there is a need for counseling of the old and their families by counselors who also are old. (Author)

Descriptors: *Counseling/ *Counselor Characteristics/
*Geriatrics/ *Institutional Role/ *Older Adults/ Senior
Citizens

EJ062469 VT503963

Problems of Retirement: Some Considerations for Future Rehabilitation Programming

Currie, Lawrence E.

Rehabilitation Research and Practice Review, 2, 2, 17-24
Apr 71

Descriptors: *Adjustment (To Environment)/ *Counselor Role/
Hobbies/ Leisure Time/ Middle Aged/ Older Adults/
*Rehabilitation Counseling/ Research Reviews (Publications)/
*Retirement/ *Vocational Rehabilitation

EJ059037 EC041850

Aural Rehabilitation of the Elderly

Harless, Edwin L.; Rupp, Ralph R.

Journal of Speech and Hearing Disorders, 37, 2, 267-73
May 72

Descriptors: *Aurally Handicapped/ *Counseling/ *Lipreading/
*Older Adults/ Program Descriptions/ *Services

EJ056512 CG504349

Counseling the Aging

Buckley, Mary

Personnel and Guidance Journal, 50, 9, 755-758 May 72

The author describes her counseling style with the aging, which is designed to provide an atmosphere of understanding and sharing in order to foster their growth. (Author)

Descriptors: *Counseling/ *Counselor Role/ Helping Relationship/ *Older Adults/ *Personal Growth

EJ050953 RE503637

Communication Problems of the Chronically Ill and Aged in the Institutional Setting

Walle, Eugene L.

Hearing and Speech News, 39, 6, 16-17 Nov-Dec 71

Descriptors: *Communication Problems/ *Hearing Therapy/
Hospitals/ *Institutionalized (Persons)/ *Older Adults/
Psychological Needs/ Public Health/ Rehabilitation Counseling/
Rehabilitation Programs/ *Speech Therapy

EJ043762 CG503562

The Family Specialist—Past, Present, and Future.

Mace, David R.; Olson, David H.

Family Coordinator, 20, 3, 291-294 Jul 71

Two family specialists talk about their fields and express their opinions on the role of the family. (BY)

Descriptors: *Family (Sociological Unit)/ Family Counseling/
*Family Role/ *Older Adults/ Specialists/ *Young Adults

EJ039092 AC501306

Other Issues Concerning Education for the Aging

Florida Adult Educator, 21, 10-1 Spr 71

Outlines some minor issues concerning education for the aging. (AN)

Descriptors: *Adult Education/ Classification/ Counseling/
*Educational Objectives/ Educational Quality/ Fees/ *Older Adults/ Personnel

EJ030617 CG502253

Private Vocational Schools: An Underutilized Training Resource

Belitsky, A. Harvey

Vocational Guidance Quarterly, 19, 2, 127-130 Dec '70

The private vocational school is well suited to the retraining of older unemployed adults, and should be encouraged by government grants to undertake more small group training of this type, as well as implementation of its counseling staff to provide assistance to these trainees. (CJ)

Descriptors: Educational Programs/ Educational Resources/
Guidance Counseling/ Motivation/ *Older Adults/ *Private Schools/ *Training/ *Unemployed/ *Vocational Schools

EJ029924 CG502249

The Human Need for an Appointment with Tomorrow

Bogdonoff, Morton D.

Vocational Guidance Quarterly, 19, 2, 104-107 Dec '70

A physician speaks of the need for people approaching retirement to plan for continued involvement in activities as a preventive measure to ward off the retirement syndrome. Reprinted with permission from Archives of Internal Medicine, volume 124, 1969. (CJ)

Descriptors: Counseling Services/ Health/ *Medical Case Histories/ Physiology/ *Psychological Patterns/ *Retirement/ *Senior Citizens/ Stimuli

EJ029692 CG502239

Training and Counseling of the Older Worker
Britton, Jean O.

Journal of Employment Counseling, 7, 4, 137-141 Dec '70
Problems of training, retraining, and counseling older workers are examined in terms of some of their characteristics, such as slower work habits, decreased physical strength, adaptability, and lack of self confidence. Ways to compensate for possible handicaps through training and counseling are suggested. (Author)

Descriptors: +Adult Counseling/ +Employment Qualifications/
+Job Placement/ Labor Force/ +Manpower Utilization/ +Older Adults/ Work Experience

EJ024244 V1501678

No One Under 60 Need Apply
Manpower, 2, 8, 28-32 Aug '70

Descriptors: Employment Opportunities/ +Employment Services/
+Job Placement/ +Older Adults/ +Vocational Counseling
Identifiers: +Over 60 Counseling, and Employment Service

EJ006290 EC500340

Social Service Implications of the Community Aging Project
Maloney, Elizabeth
New Outlook Blind, 63, 6, 165-7 69 Jun

Descriptors: Community Programs/ Emotional Problems/
+Exceptional Child Services/ +Geriatrics/ Preventive Medicine/
Rehabilitation Counseling/ Residential Care/ Special Services/
+Visually Handicapped
Identifiers: Community Aging Project

EJ003770 CG500352

Occupational Opportunity for the Mature Woman or Mother Wore a Beanie.

Reynolds, Michael J.; and others
Personnel Guidance J, 49, 8, 194-97 69 Apr

Descriptors: +Clerical Occupations/ +Females/ Job Placement/
Job Skills/ Labor Market/ +Older Adults/ Self Concept/
+Vocational Adjustment/ Vocational Counseling/ +Vocational Retraining

**FORMAT OF
RESOURCES IN EDUCATION (RIE)**

Clearinghouse Accession Number _____

ERIC Document Number (ED#) _____ **ED110935 CE006503**

Title of Document _____ **Exemplary Career Resource Center for Grades 6 Through 9 in Pennsylvania.**

Sponsoring Agency (Organization responsible for the report) _____ **Penna Valley Area School District, Spring Mills, Pa.; Pennsylvania Research Coordinating Unit, for Vocational Education, Harrisburg.; Pennsylvania State Dept. of Education, Harrisburg.**

Date Published _____ **Publ. Date: 30 Jun 74 Note: 27p.**

EDRS Price * _____ **EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage**

Descriptors (words which tell the contents of the document) _____ **Descriptors: *Career Education/ Educational Programs/ *Elementary Secondary Education/ Information Dissemination/ Paraprofessional Personnel/ Program Descriptions/ *Program Planning/ *Program Proposals/ *Resource Centers**

Abstract of Document _____ **Following a discussion of the need for the service the document presents a proposal for the establishment of a career resource center in order to properly utilize and disseminate career information to students in Grades 8-9 in selected Pennsylvania schools. The career resource center will be involved with the following activities: (1) collection, synthesis, and placement of career information resources available from commercial and other sources; and (2) institution of an organized system for the dissemination of career information to students. The individual responsible for the organization, administration, and implementation of these services will be the career resource specialist who is a paraprofessional employed and trained by the local district. The career resource specialist will work cooperatively with the professional guidance staff in the school. Other staff members include the counselor and supporting staff (community volunteers and students). The paraprofessional will also be responsible for collecting data for the evaluation of project objectives. Necessary information for the planning of the career resource center includes suggestions for the budget and costs and amount of particular equipment and materials. A bibliography is included. (Author/EC)**

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ED155522 CG012463

Mannerisms of the Elderly and Approaches to Rapport.

French, Warren A.; Thorson, James A.

20 Nov 77 16p.; Paper presented at the Conference of the Gerontological Society (30th, San Francisco, California, November, 1977); not available in hard copy due to marginal legibility

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

This study presents a set of opinions on how to obtain rapport with and give preliminary counseling to individuals who have adopted distinct and different aging mannerisms. The nine mannerisms treated were abstracted from the studies of Neugarten and Reichard. The research sample was selected from the members of the Gerontological Society. Six forms of the final research instrument were created, each containing three of the nine behavioral mannerisms. Each mannerism appeared on two of the six forms. Combinations of any two stereotypes appeared only once in the six forms. The sample was asked to: (1) estimate the percentages of the elderly population that could be described by the three stereotypes, (2) recommend the best way to attain rapport with and resolve the problems of each group, and (3) suggest motivating appeals for making changes. Regardless of type of behavior senior citizens exhibited, there were three universal rules that the gerontologists laid down for the rapport and counseling process. (1) Individual people deserve individual attention. (2) Every person, irrespective of state of mind or background, must be treated with dignity and respect. (3) Listen, observe and empathize before making suggestions. Recommendations for each of the mannerisms are presented. (Author)

Descriptors: +Adult Counseling/ +Behavior Change/
+Counseling Effectiveness/ Counselor Role/ +Gerontology/
+Rapport/ Research Projects/ +Senior Citizens
Identifiers: +Aging

ED149305 CS003879

Yesterday's Student--Tomorrow's Challenge.

Fisher, Joseph A.

Oct 77 27p.; Paper presented at the Annual Meeting of the North Central Reading Association (20th, Champaign, Illinois, October 28-29, 1977)

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

More and more older adults are returning to college, either to complete academic degrees or to take refresher courses in their professional areas. Educators can accommodate nontraditional students' needs by understanding the motivations that bring these students back to school and by providing them with educational counseling that will enhance their learning ability. Some of the adult learner's counseling problems include lack of self-confidence, unrealistic expectations for progress, fixed values and attitudes that conflict with other students' attitudes, impatience with abstract or general learning tasks, failure to seek help before problems get out of hand, and lack of efficient reading and study habits. Drake University's College for Continuing Education has developed an orientation course, called the Back-to-School Survival Skills Program, that helps older adults reacquaint themselves with the college environment and deal with problems they may encounter. The program has been highly successful, receiving enthusiastic support from its students and national attention that should prompt its implementation at other schools. (RL)

Descriptors: Adult Characteristics/ +Adult Counseling/ +Adult Education/ +Adult Students/ +Counseling Programs/ +Educational Counseling/ Goal Orientation/ Higher Education/ Older Adults/ +School Orientation

ED149182 08 CE014691

Preretirement Education, Information Series No. 112.

Lumsden, D. Barry

Ohio State Univ., Columbus. ERIC Clearinghouse on Career Education.

77 23p.

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

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Available from: National Center for Research in Vocational Education Publications, Ohio State University, 1960 Kenny Road, Columbus, Ohio 43210 (IN 112, \$2.35, quantity and series discounts available)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

Drawing from extensive resources in the area of retirement and gerontology, this information analysis paper, which discusses preparation for retirement and advanced age, has three primary objectives: (1) to assess the psychological effects of retirement on the individual, (2) to assess preretirement conditions and attitudes that affect the individual's adjustment to retirement, and (3) to identify and discuss preretirement learning experiences that further the

effective and successful adjustment to retirement. Intended for adult educators, middle-aged persons, and business/industry personnel, managers, discussion centers mainly on the content (affective and cognitive) of preretirement education programs with a brief discussion of the educational needs of older adults, and appropriate educational practices. The following topics are covered: Work vs. Retirement, Adjustment to Retirement, Planning Retirement Education, and Needed: A New Approach to Planning. The terms "work" and "retirement" are defined and surveys of attitudes toward work and retirement are discussed, along with studies relating data on preretirement attitudes and preretirement planning and counseling programs. An exploration of the implications of research for planning programs of preretirement education is also provided. The need to alter stereotypes and to form favorable attitudes about aging and the aged is stressed. A partial bibliography of literature of attitudes and aging, and a partial bibliography of literature of preretirement education programs are appended. (TA)

Descriptors: Adult Development/ Adult Education Programs/ Affective Objectives/ Attitudes/ Changing Attitudes/ Concept Formation/ Counseling Programs/ Educational Gerontology/ +Educational Needs/ +Educational Planning/ Employment/ Literature Reviews/ +Older Adults/ +Personal Adjustment/ +Retirement/ Social Attitudes/ Surveys/ +Work Attitudes

ED147575 CE013952

Innovations in Continuing Education. Award-Winning New Programs.

American Coll. Testing Program, Iowa City, Iowa.; National Univ. Extension Association, Washington, D.C.

77 120p.

Available from: ACT Publications, P.O. Box 168, Iowa City, Iowa 52240 (Order Number 4-5-3-77, \$3.00)

EDRS Price MF-\$0.83 HC-\$6.01 Plus Postage.

This document is a compilation of manuscripts describing seven programs which received the 1976 American College Testing Program and the National University Extension Association Innovative Awards in Continuing Education for making innovative contributions to the improvement of continuing education. Entry manuscripts for each of the following award-winning programs are included: (1) National Media Course (provides colleges and universities with course materials of unquestioned quality and makes possible the offering, nationally, of media-related courses), (2) Elderhostel (an educational hostel for the elderly designed to reawaken awareness of their capacity to meet change and challenge), (3) Adult Career Information Project (extends the occupational guidance, counseling, and training engaged in by the public and private educational system of Michigan), (4) Local Government Service Program (provides technical assistance to local governments establishing programs to solve community problems), (5) Working Together for Female Offenders (centered on discussion with female inmates of problems of incarcerated women (in Missouri) and solutions and alternatives for problems, including identifying resources available to assist in meeting their needs), (6) Bilingual Vocational Training of Dental Assistants (provides out-of-school unemployed persons of limited English-speaking ability with vocational training as dental assistants), and (7) Guidelines for Special Projects (designed to develop a strategy for two-way communication between a student and his or her faculty adviser): (EM)

Descriptors: *Adult Education Programs/ Bilingual Education/ Community Development/ Correctional Rehabilitation/ Dental Assistants/ *Educational Innovation/ Females/ Instructional Media/ Mass Media/ National Programs/ Occupational Guidance/ Older Adults/ Post Secondary Education/ Prisoners/ *Program Descriptions/ *Program Design/ Program Development/ Program Guides/ Program Validation/ State Programs/ Statewide Planning / Student Projects/ Student Teacher Relationship/ Vocational Counseling/ Vocational Education

ED146490 CG011921

Guidance and Counseling for the Elderly. Hearing Before the Select Committee on Aging: House of Representatives, Ninety-fifth Congress, First Session.

7 Mar 77 87p.

Available from: For sale by the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402

EDRS Price MF-\$0.83 HC-\$4.67 Plus Postage.

The record of this hearing of the House Select Committee on Aging contains the text of House Resolution 1118, which is to provide expanded counseling assistance for the elderly sick and disabled. In addition to the Resolution, testimony from a number of experts on counseling and gerontology is presented. The purpose of the bill is to provide systematic, organized community programs to help older people counteract the problems of loneliness, health deficits, and social rejection. With proper counseling, many of them can lead independent, meaningful lives. (Author/BP)

Descriptors: *Counseling Services/ Federal Legislation/ Financial Support/ Gerontology/ *Government Role/ *Human Dignity/ *Older Adults/ *Personal Care Homes/ Retirement/ *Senior Citizens

ED145969 PS009669

Reorganization of the Office of Human Development. Hearings Before the Subcommittee on Select Education of the Committee on Education and Labor, House of Representatives, Ninety-Fifth Congress, First Session.

Congress of the U.S., Washington, D.C. House Committee on Education and Labor.

Sep 77 221p.; Not available in hard copy due to small print size on many pages

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

This document is the official record of hearings held September 8 and 12, 1977, dealing with the reorganization of the Office of Human Development. The hearings were held before the Subcommittee on Select Education of the U.S. House of Representatives Committee on Education and Labor. Included in these proceedings are statements, prepared statements, letters, and supplemental materials presented to the committee. (SB)

Descriptors: *Administrative Change/ *Administrative Organization/ *Agencies/ American Indians/ Child Welfare/ Family Counseling/ Family Programs/ *Federal Programs/ Government Role/ Handicapped/ *Human Development/ Older Adults / Rehabilitation/ Special Education

Identifiers: *Office of Human Development

ED145755 HE009335

The Uncommon School. The Adult Learner in the University.
Schlaver, David Edward
Michigan Univ., Ann Arbor. Center for the Study of Higher
Education.

Aug 77 63p.

Available from: Center for the Study of Higher Education,
School of Education, The University of Michigan, Ann Arbor,
Michigan (\$3.00)

EDRS Price MF-\$0.83 HC-\$3.50 Plus Postage.

The history and philosophy of the adult learner are reviewed with regard to how far the movement to education has gone in higher education. Trends and implications of adult participation in higher education are discussed. The adult learner is compared with traditional-aged students, his learning ability is examined, and a conceptual framework for adult programs is described. The impact of the adult learner on the university is discussed in terms of: academic quality; responsibility in an urban setting; the "new" clientele and the "old" image; developing a nontraditional curriculum (i.e., faculty involvement, flexibility, evaluation, continuing education, and instructional technology); changing institutional practices such as admissions and counseling, campus life, and financial problems. Five policy statements and their implications are suggested. A seven-page bibliography is included. (LBH)

Descriptors: Academic Standards/ +Access to Education/
Admission Criteria/ Adult Education/ +Adult Learning/ +Age/
Counseling Services/ Curriculum Development/ Educational
Demand/ Educational Philosophy/ Financial Problems/ Higher
Education/ +Nontraditional Students/ Part Time Students/
+Policy Formation/ +Student College Relationship/ Urban Areas

ED142904 CG011637

The Use of Older Volunteers as Peer-Counselors.

Becker, Francoise M.; Zarit, Steven H.

76 17p.; Paper presented at the Annual Meeting of the
Gerontological Society (29th, New York, N.Y., October 1976).

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

While research usually emphasizes the decrements of older persons, increases in human relations skills may be among the observable gains of aging. The present study, conducted in the Counseling Center of the Andrus Gerontology Center, evaluates the potential of using older volunteers as peer counselors. Subjects were 11 persons from a larger pool of older adult volunteers who were enrolled in a counselor training program. A control group of 11 other volunteers was chosen randomly from the remaining group. The experimental group received 10 training sessions in counseling skills based on Carkhuff's developmental model, with modifications to include information on the aging process. All Ss were evaluated prior to and following the training course in a mock interview. Responses were rated on the dimensions of empathy, genuineness and non-possessive warmth, which have been found to be related to

effective counseling. Results show that older adults can be trained in the kind of interpersonal skills needed for counseling, extending the previous data in the training of lay counselors into the training of older persons. (Author)

Descriptors: Counseling/ +Empathy/ +Listening Skills/ Mental
Health/ +Older Adults/ +Peer Counseling/ Research Projects/
Role Perception/ +Self Concept/ Senior Citizens/ Social
Attitudes/ +Volunteer Training

Identifiers: +Carkhuff Training Model

ED140167 CG011446

Primary Prevention for the Senior Citizen: The Preparation
for Retirement Program.

Brayerman, Joseph

74 18p.; Paper not available in hard copy due to
marginal legibility of original document.

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from
EDRS.

The history, rationale and methodology of the preretirement preparation program in the format of a group educational experience is traced from its origin 30 years ago by the gerontologist W. Hunter to the present. The program is described and discussed in detail, in terms of content and theoretical dynamics. As retirement is often a psycho-social crisis the program is also reviewed in terms of "crisis intervention" theory. The psychiatrist or psychologist has several key roles to play in these programs; as a consultant and lecturer for the animator training program as well as direct participation in programs as the invited expert for the session on psychological adjustment and mental health. Possible methods of measuring and evaluating effectiveness as a preventive measure are also briefly discussed. A content summary outlining the eight sessions comprising the typical program is provided. (Author)

Descriptors: +Adjustment (to Environment)/ +Counselor Role/
Crisis Therapy/ +Gerontology/ Group Guidance/ Mental Health/
Prevention/ Program Guides/ Psychiatric Services/ +Retirement/
+Senior Citizens/ +Sociopsychological Services

ED136852 JC770191

An Overview of the Community College Programs for Elderly Texans. Community Service Report No. 6.

Rappole, George H.

North Texas State Univ., Denton. Univ. Center for Community Services.

76 24p.

Sponsoring Agency: Texas Coll. and Univ. System, Austin. Coordinating Board: Texas Governor's Committee on Aging, Austin.

Available from: Publications, University Center for Community Services, Box 5344 NT Station, Denton, Texas 76203
EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

This document presents a general overview of The Community College Program for Elderly Texans, a program funded through state-allocated federal funds and local contributions, and available to the elderly at no cost. The program embodies a wide variety of activities, such as classroom studies, informational lectures, transportation, counseling, and group meetings, which are intended to overcome or ameliorate the social isolation of the elderly. The majority of programs at each of the 16 participating community colleges fit into those activities classified as recreational, social, or cultural, with the most popular being those involving arts and crafts. In all areas, however, interest and enthusiasm of participants are high. Several of the Texas community colleges make counseling services available to the elderly while all of the participating institutions provide some form of transportation services. In addition to serving the needs of the elderly, it is noted that the various programs have heightened the awareness of the public with regard to the activities available for the elderly. While the program was initially established as a demonstration, it has become a permanent program at many of the colleges. A brief bibliography, a statistical portrait of the elderly in Texas, and a list of participating colleges is appended. (JDS)

Descriptors: *Adult Programs/ Community Colleges/ Community Service Programs/ Counseling/ Cultural Activities/ Demonstration Programs/ *Enrichment Programs/ *Junior Colleges / *Older Adults/ Recreation/ Social Recreation Programs/ Transportation

Identifiers: Texas

ED134872# CG011043

The Alpine Project (A Test of Three Techniques for Assisting Chronically Unemployable Older Workers). Final Report.

Jewish Vocational Service, Chicago, Ill.

Jan 71 199p.

Sponsoring Agency: Manpower Administration (DOL), Washington, D.C. Office of Research and Development.

Report No.: DLMA-82-15-67-55-1-PB-199-178

Contract No.: DL-82-15-67-55

Available from: National Technical Information Service, 5285 Port Royal Road, Springfield, Virginia 22151 (HC \$3.00, MF

\$0.95, order number PB-199 178).

Document Not Available from EDRS.

The project was designed to test the feasibility of a variety of service techniques to assist chronically unemployed older workers in obtaining employment. Individuals between the ages of 45-65 who were unemployed for at least 15 months were eligible for the project. The clients were assigned to three basic groupings: (1) a rehabilitation workshop for evaluation, work adjustment, group counseling and job referral, and placement; (2) a prevocational training and group counseling program with job-hunting and subsequent referral and placement services; and (3) a vocational counseling program with immediate referral and placement service. (Author).

Descriptors: Educational Programs/ *Employment Services/ Feasibility Studies/ *Job Placement/ Manpower Development/ *Middle Aged/ *Older Adults/ Program Evaluation/ *Unemployed/ *Vocational Counseling/ Vocational Education/ Vocational Rehabilitation

ED132798 EC092367

Avocational Counseling for the Elderly.
Iowa Univ., Iowa City. Recreation Education Program.

76 21p.; A project of the National Institute on New Models for Community Based Recreation Programs and Services for Handicapped Children and Youth (Milwaukee, Wisconsin); for related information, see EC 092 362-372

Sponsoring Agency: Bureau of Education for the Handicapped (DHEW/OE), Washington, D.C.

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

Presented are duplications of the responses given by Avocational Counseling for the Elderly (Milwaukee, Wisconsin) as part of a project to collect, share, and compile information about, and techniques in the operation of 18 community action models for recreation services to the disabled. Model programs are categorized as consumer, client competency, recreation and leisure services, parks and recreation, rehabilitation, and voluntary health agency models. Reported are program services in the following areas: the population served (men and women 55 years and older); primary activities (retirement, leisure planning, leisure counseling, avocational information, and referral); primary facilities used (public and private facilities throughout the area); staffing (a project director, an avocational counselor, a research assistant, a follow-up interviewer, and five college students); total budget (\$74,201) and primary sources of support (federal funds from the Administration of Aging); and values and goals achieved through the program (to demonstrate the impact of avocational counseling with the elderly). A copy of the completed survey form is also provided. (SBH).

Descriptors: Activities/ Budgets/ *Community Programs/ *Counseling/ Demonstration Projects/ Financial Support/ *Hobbies/ Leisure Time/ Objectives/ *Older Adults/ Personnel/ *Program Descriptions/ Recreational Facilities/ *Recreational Programs/ Surveys

Identifiers: Wisconsin (Milwaukee)

ED132252 CE007787

Project Reach (Career Guidance and Counseling Utilizing Retired Resource Persons).

Najarlan, Michael

Massachusetts State Board of Regional Community Colleges,
Boston.

76 22p.

Sponsoring Agency: Massachusetts State Dept. of Education,
Boston, Div. of Occupational Education.

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

Project Reach is based on the assumption that youth, adults, and other target populations will be assisted to a significant degree in knowing more about occupations and in making occupational choices more effectively through the planned interaction with trained retired resource counselors. The project will address three major problem areas: The need for

work-oriented counselors, realistic and current occupational information, and the need for a more meaningful student-counselor ratio through which the student can be provided with the opportunity to obtain data to make meaningful occupational choices. The Board of Regional Community Colleges (Massachusetts) proposes to implement the concepts and methodology developed through Project Reach in a minimum of three community colleges. At each of the colleges selected, the project will function in or in close relationship with the existing guidance and counseling offices. Initial and operational phases of the project are described, and a work plan schedule and target dates are outlined for a 12-month period. Project evaluation, and results and benefits expected are also described. A listing of project director, key project staff, and advisory committee members is included. (TA)

Descriptors: Career Education/ College School Cooperation/ Community Colleges/ Cooperative Planning/ Counseling Programs/ Counselor Selection/ Counselor Training/ Guidance Personnel/ Guidance Services/ High Schools/ Human Resources/ *Occupational Guidance/ Occupational Information/ *Older Adults/ Program Descriptions/ *Program Development/ *Retirement/ *School Community Cooperation/ Senior Citizens/ *Vocational Counseling

Identifiers: Massachusetts/ *Project Reach

ED130737 JC760620

Teaching and Counseling Older College Students.
Roelfs, Pamela J.
Educational Testing Service, Princeton, N.J. Institutional
Research Program for Higher Education.
Findingsv2 n1 1975
75 5p.
EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

Students 22 years of age and older clearly have counseling needs and instructional preferences that differ from those of college-age students. These conclusions were reached after a survey of 8,500 students in 27 diverse junior/community colleges. Among the major findings of the study were: (1) older students were less likely to experience academic problems than their college-age counterparts, tended to carry less heavy academic loads, and tended to be more motivated; (2) older students may need encouragement that higher aspirations are realistic; (3) program uncertainty seemed widespread among college-age students while only a few older students were uncertain about educational goals; (4) older students preferred instructor-centered instruction while college-age students preferred student-centered instruction; (5) college-age students were the most likely to feel unchallenged by their classes while students over 30 were six times as likely as students under 22 to be satisfied with instruction; and (6) older students generally spent more time studying than college-age students. The growing numbers of older students appear certain to require increased emphasis on quality of instruction and new approaches to counseling, particularly to help students budget time and balance their on- and off-campus roles. (Author/JDS)

Descriptors: Adult Counseling/ *Adult Students/ Community Colleges/ *Conventional Instruction/ *Junior Colleges/ Junior College Students/ Older Adults/ Participant Satisfaction/ Questionnaires/ *Student Attitudes/ Student Characteristics/ *Student Needs/ Surveys/ Teaching Methods

ED130214 CG010896

Retention of the Nontraditional Student Through Peer Modeling.

Montes, Delia; Ortega, Ludy
76 13p.; Paper presented at the Annual Convention of the American Personnel and Guidance Association (Chicago, Illinois, April 11-14, 1976)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

An innovative program known as "ASTW", a system that works, was designed to assist the non-traditional student in a university setting. The program goal is retention of the non-traditional student through counseling and learning assistance. Peer Counselors play a key role in the total program operation. They are the paraprofessionals who participate directly with the professional staff in determining program needs, the deliverers of services to students, the evaluators of the program, and often times, the

creators of innovative techniques and projects to better serve the non-traditional student. These two papers describe the program and present the model used in its implementation. (Author/CKJ)

Descriptors: *College Students/ *Disadvantaged Groups/ *Dropout Prevention/ Higher Education/ Low Income Groups/ Models/ Older Adults/ *Outreach Programs/ *Peer Counseling/ Program Descriptions/ *Retention/ Student Personnel Services
Identifiers: *Nontraditional Students

ED125818 RC009300

Indian Woman Today; Southwest Indian Women's Conference (Window Rock, Arizona, September 24-25, 1975).

75 79p.; Not available in hard copy due to marginal reproducibility of original document

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

Describing the activities and responses of American Indian women attending the 1975 Southwest Indian Women's Conference in Window Rock, Arizona, these proceedings present the following: (1) the keynote address (focus is on program funding and Indian female civil rights, self-concept, and cultural background); (2) observations derived from interviews of 20 conference participants; (3) a description of participant characteristics (most were traditional homemakers and about 66% were Navajo); (4) the basic attitudes of educated Indian women re: special problems of being a woman, the women's liberation movement; and expanding the role of Indian women; (5) recommendations coming out of the seven workshops (Funding and Resources; Legal and Jurisdictional Issues; Self-Identity; Special Problems of Aged Indian Women; Special Needs for Handicapped Indian Women; Relationship between Tribal, State, and Federal Governments; and Navajo Speaking Groups); (6) an evaluation (criticism of participants' contrasting expectations, the conference format, conference facilities, and unequal tribal representation); (7) speeches on: the problems of Indian women; the need for Indian women to work; the special problems of Indian women in the Southwest; the employment status of Indian women; the Phoenix Indian women; and a counseling center for women. (JC)

Descriptors: *American Indians/ *Civil Rights/ *Conference Reports/ Counseling Programs/ Cultural Background/ Decision Making/ Employment Opportunities/ Equal Protection/ Evaluation / Females/ *Feminism/ Financial Support/ Handicapped/ Interagency Cooperation/ Older Adults/ Program Development/ Self Concept/ *Speeches/ Surveys/ *Workshops

Identifiers: Navajos/ *Southwest Indian Womens Conference

ED122752 IR003360

Information Needs of Persons Working with the Aging.
Whalen, Lucille
State Univ. of New York, Albany, School of Library Science.
Feb 76 37p.

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage

A study was undertaken to identify the information needs of persons working with the aging in the Albany-Schenectady-Troy area of New York State, with the goal of establishing some type of information center. Over 2,000 questionnaires were sent to groups working with the aging. Over half of the 34 respondents noted a need for information on state legislation affecting older persons, counseling for older persons, and assisting older persons in self-help projects. A 40-item bibliography, the questionnaire, and a cover letter are included. (Author/DS)

Descriptors: *Community Agencies (Public)/ Counseling Services/ Health Personnel/ Information Dissemination/ *Information Needs/ Information Services/ Library Materials/ *Older Adults/ Questionnaires/ Self Help Programs/ Senior Citizens/ *Social Agencies/ Social Workers
Identifiers: New York

ED119057 CG010363

Counseling Needs for Three Generational Families.
Turner, Joseph G.

21 Aug 75 11p.; Paper presented at the Annual Meeting of the National Council on Family Relationships (Salt Lake City, Utah, August 1975)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage

A developmental model is proposed and incorporated with exchange theory to further explain the position of the second generation in considering dependency needs of both the first and third generations. What literature exists deals primarily with dependency needs of children or at best, attitudes toward older people. Questions are raised and some answers suggested to encourage research focused on behavioral responses to the increasing dependency needs of older persons, therefore, offering further assistance to counselors and families. (Author)

Descriptors: Behavioral Science Research/ *Counseling/ Developmental Psychology/ *Family Problems/ *Generation Gap/ Literature Reviews/ Needs/ *Older Adults/ Psychological Characteristics/ *Social Exchange Theory
Identifiers: *Dependency

ED117347# CE005968

The Boundless Resource: A Prospectus for an Education/Work Policy.

Wirtz, Willard
National Manpower Inst., Washington, D.C.
75 205p.

Available from: E. P. Dutton and Co., Inc., 201 Park Avenue South, New York, N.Y. 10003 (\$7.95 plus \$0.50 postage and handling, 2-49 copies, 10 percent discount, 50 or more copies, 40 percent discount, available to organizations and associations on order of 50 or more under special arrangements with the distributor)

Document Not Available from EDRS

Representing a group effort by the author and the National Manpower Institute, the prospectus focuses on ways to improve the integration of the traditionally separate world of work and education--ways to break up the "time traps" of education for youth, and work for adults. It especially speaks for the 16-19 year old population, working women, workers needing training or retraining, minority group members, and people over 60. Part 1, Youth, discusses the 20 percent youth unemployment rate, the mismatch of competency development and available jobs, and the necessity of "infusing" liberal arts and vocational education. Part 2, The Career Years, explores work in light of improving the quality of life, not merely expanding the Gross National Product, and perceives the imminence of the revolution against the injustices toward older people. Part 3, The Prospect, grapples with the economic and political questions involved in instituting education-work policy. Some features of the proposed change strategy include: establishment of Community Education-Work Councils and a Work Institute, an Occupational Outlook and Career Information reporting system of national/local information, increased career counseling, youth community work/service programs, unemployment insurance law revision, and elimination of age structures on public education. (EA)

Descriptors: *Academic Education/ Adult Education/ Career Education/ Economic Factors/ *Educational Strategies/ Human Resources/ Job Training/ Legislation/ Minority Groups/ Older Adults/ *Policy Formation/ Political Influences/ Unemployment/ Vocational Counseling/ *Vocational Development/ Vocational Education/ *Work Experience/ Work Experience Programs/ Working Women/ Youth

ED112987 JC750538

Pensacola Junior College, Educational Support Development
Plan for the Aging and Aged.

Tamburillo, G. B.

Aug 75 55p.; Ed.D. Practicum, Nova University

EDRS Price MF-\$0.76 HC-\$3.32 Plus Postage

This report recommends three general categories of involvement in the development of educational programs for the aging and aged at Pensacola Junior College (Florida). (1) Pre-retirement Education: courses should include the psychology of aging, family structures, estate planning, federal laws that affect the elderly, employment opportunities, and leisure time activities. Pre-retirement counseling programs should be developed. (2) Continuing Education: a comprehensive campus-based education program for the aged should involve free transportation, convenient locations, and flexible hours; similar courses should be offered at nursing homes, senior citizens centers, and community schools. Enrollment should be increased in vocational education programs which could lead to rewarding second careers or part-time jobs. (3) Para-professional Gerontology Programs: existing nursing courses should place greater emphasis on dealing with older people, special seminars on dealing with the aged should be offered, and an in-service training program should be developed in nursing homes. A two-year associate degree and certificated programs in geriatric care should be established. The report concludes with a discussion of possible federal, state, local, private, and public funding sources. (NHM)

Descriptors: Continuous Learning/ Counseling/ Delivery Systems/ Financial Support/ *Geriatrics/ *Junior Colleges/ Nursing/ *Older Adults/ Paramedical Occupations/ *Program Development/ Retirement/ School Community Programs/ *Senior Citizens/ Vocational Education

Identifiers: *Pensacola Junior College

ED112478# EA007512

Planning the Rest of Your Life. Fastback Series, No. 61.

Schuchat, Theodor

Phi Delta Kappa Educational Foundation, Bloomington, Ind.

75 25p.

Available from: Phi Delta Kappa, Eighth and Union, Box 789, Bloomington, Indiana 47401 (\$0.50 single copy, \$3.00 set of 6, \$18.00 complete set of 66; Quantity discounts; Payment must accompany orders of less than \$5.00)

Document Not Available from EDRS

This booklet is an introduction to the question of retirement that is addressed specifically to educators. Its four chapters raise the following questions: "Are You Ready to Retire?" "Can You Afford to Retire?" "Where Will You Live?" and "How Will You Spend Your Time?" Each chapter contains a list of recommended readings, and the monograph ends with a list of other sources of information. (IRT)

Descriptors: Achievement Need/ *Economic Factors/ Financial

Needs/ Older Adults/ *Psychological Needs/ *Retirement/ Self Actualization/ *Senior Citizens/ Status Need/ Vocational Counseling/ Volunteers

ED109588 95 CG400129

Counseling Older Persons: Careers, Retirement, Dying.

Sinick, Daniel

ERIC Clearinghouse on Counseling and Personnel Services, Ann Arbor, Mich.

75 97p.

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

Contract No.: NIE-C-400-75-0017

EDRS Price MF-\$0.76 PLUS POSTAGE. HC Not Available from EDRS.

The focus of this monograph is on three areas of counseling with older clients: career counseling, retirement counseling, and counseling regarding death and dying. The portion on career counseling includes reasons older persons change careers, obstacles they are likely to face when seeking employment, myths surrounding the employability of older persons, and suggestions on the use of testing in career counseling older persons. Retirement counseling examines the social image and role of the retired person, plus work, volunteer, and leisure time activities. Retirement counseling emphasizes retirement as a positive developmental stage. Included is a brief discussion of practical lifestyle concerns specific to retired persons. Counseling surrounding death and dying, including Kubler-Ross' five stages of dying, potential suicides, and death survivors is examined. Trends and issues regarding problems of aging, a bibliography of readings related to older women, and appendixes of periodicals and organizations concerned with older persons are included. (JS)

Descriptors: Adjustment (to Environment)/ *Adult Counseling/ *Career Change/ *Death/ Family Counseling/ *Older Adults/ Personal Adjustment/ *Retirement/ Social Adjustment/ State of the Art Reviews

ED105368 95 CG400118

Counseling the Aging. Searchlight: Relevant Resources in High Interest Areas. Update Search 11U-2.

Galant, Richard, Comp.; Moncrieff, Nancy J., Comp.

ERIC Clearinghouse on Counseling and Personnel Services, Ann Arbor, Mich.

Dec 74 25p.; For related documents, see ED 061 572 and ED 082 112

Sponsoring Agency: Office of Education (DHEW), Washington, D.C.

Bureau No.: BR-6-2487

Contract No.: OEC-3-6-002487-1579

Available from: Impact Publications, School of Education, Room 2108, The University of Michigan, Ann Arbor, Michigan 48104 (HC \$1.50, cash or money order must accompany request)

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

This second updated search of the ERIC system, "Dissertation Abstracts," and the journal literature yielded 100 documents which focus on methods of viewing the aging and the extent to which programs and counselors themselves are effective in contributing to the enrichment of the later programs. (CJ)

Descriptors: *Annotated Bibliographies/ *Counseling Programs / Literature Reviews/ *Older Adults/ Publications/ *Resource Materials

Identifiers: *Searchlight

ED103614 CE003208

A Manual on Planning Educational Programs for Older Adults. Hendrickson, Andrew, Ed.

Florida State Univ., Tallahassee, Dept. of Adult Education. 74 186p.

Available from: Department of Adult Education, Florida State University, 920 West College Avenue, Tallahassee, Florida 32306 (\$2.50)

EDRS Price MF-\$0.76 HC Not Available from EDRS. PLUS POSTAGE

The compendium of addresses and resource documents taken from reports of three Institutes on Education for Aging held at Florida State University, 1969, 1971, and 1972 is offered as a general guide for those wishing to initiate educational programs for the aging. The document provides practical program suggestions and the views of authorities within the field. Illustrative material is oriented to Florida and the southeast, but is generally applicable in other regions. The physiological, psychological, and sociological aspects of aging are reviewed and second career planning for older adults discussed in the first section, while the second section deals with education, counseling, the learning process and some of the teaching problems encountered. The final section offers suggestions in program planning and includes: procedural steps; needs assessment; establishing priorities and utilizing resources; program planning; and program evaluation. Contributors were: T. Rich, F. B. Thigpen, N. W. Coppinger, L. M. Sielski, I. L. Webber, H. Y. McClusky, M. E. Miller, G. F. Aker, S. Hand, and A. Hendrickson. (MW)

Descriptors: Adult Characteristics/ Adult Counseling/ *Adult Education/ Adult Learning/ Age/ Age Differences/ Career Change / Career Planning/ *Educational Programs/ Educational Resources/ *Human Development/ Manuals/ *Older Adults/ Program Evaluation/ *Program Planning/ Speeches/ State Programs/ Teaching

Identifiers: Florida/ Needs Assessment/ Second Careers

ED095369 95 CE001933

The Use of Interest Inventories with the Re-Entering Woman. Verheyden-Hilliard, Mary Ellen

Arles Corp., Minneapolis, Minn.

74 47p.; For related documents see CE 001 926-932 and CE 01 934-935, draft

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

Contract No.: OEC-0-72-5240

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

The study, a literature review, examines the critical factors affecting re-entry women's access to jobs and their chances of obtaining and retaining work at a level appropriate to their capacities. An examination of the re-entry woman deals with socialization and self-concept, changing attitudes, and new expectations. Bias against women among the professionals to whom they turn for aid is documented, and the potential danger of placing a sex-fair interest inventory in the hands of a sex-biased counselor is pointed out. New concepts concerning the re-entry woman as student, in the work force, as family member, and as achiever are cited and recommended to counselors interpreting interest inventories. The discrimination against women desiring training for a second career is discussed. The paper examines selected material from various inventories as examples that are seen to affect the usefulness of an interest inventory in relation to the reentering woman. Language, items, instructions, and interpretive materials are discussed, and recommendations are made for each area, as well as for counselor education and for research. (AJ)

Descriptors: Career Choice/ Counseling/ Counselors/ Equal Opportunities (Jobs)/ Females/ Interest Research/ Interest Scales/ *Interest Tests/ Literature Reviews/ *Middle Aged/ Occupational Choice/ Occupational Guidance/ Older Adults/ Sex Differences/ *Sex Discrimination/ Sex Stereotypes/ Test Bias/ *Vocational Counseling/ *Vocational Interests/ Working Women

Identifiers: Reentry Workers

ED094278 CG009011

Counseling with The Elderly: Dealing with Death and Dying.
Aslin, Alice L.

74 Op.; Presented at the American Personnel and Guidance Association Convention (New Orleans, Louisiana, April, 1974)
EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

For the elderly client, the adjustment to aging and a realistic perspective toward death go hand in hand. The counselor must help the client to realize the usefulness of his present life and to make realistic preparations (wills, burial arrangements) for his death. Such work can be done effectively via group or individual therapy sessions, discussions with community or church groups or family sessions. Regardless of the modality employed, both the counselor and the client must find some value in old age, resulting in a more realistic and calm approach to dying. (Author/PC)

Descriptors: +Adult Counseling/ +Counseling/ Counseling Effectiveness/ +Death/ +Emotional Adjustment/ Group Counseling / +Older Adults/ Speeches

ED082112 CG400093

Searchlight: Relevant Resources in High Interest Areas. 110 Update Search. Counseling the Aging.

Kopita, Ronald R., Comp.; Shill, Karen
ERIC Clearinghouse on Counseling and Personnel Services, Ann Arbor, Mich.

Sep 73 9p.

Sponsoring Agency: Office of Education (DHEW), Washington, D.C.

Bureau No.: BR-6-2487

Contract No.: DEC-3-6-002487-1579(010)

Available from: Impact Publications, School of Education Building, The University of Michigan, Ann Arbor, Michigan 48104 (\$1.00)

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

This updated search of the ERIC system, "Dissertation Abstracts", and the journal literature yielded 17 documents which focus on methods of viewing the aging and the extent to which programs and counselors themselves are effective in contributing to the enrichment of the later years. (SD)

Descriptors: +Annotated Bibliographies/ +Counseling Programs / Literature Reviews/ +Older Adults/ Publications/ +Resource Materials

ED076893 CG006938

Developmental Tasks of Widowhood for the Aging Woman.
Van Coevering, Virginia

5 Sep-71 15p.; Paper presented at the American Psychological Association convention (Washington, D.C., September 3-7, 1971)

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

The paper examines that phenomenon of widowhood, which has become a natural attribute of a woman's old age because of her greater life expectancy when compared with her husband. Researchers have discovered that, although problems of widowhood have attracted little serious inquiry, one of every five women who face conjugal bereavement need outside help to return to a state of physical and mental well-being. New patterns of health care for this ever-increasing number of women include "widow-to-widow programs" wherein trained widow aides give direct help to the recently bereaved, voluntary organizations sponsored by religious orders, and widow consultation services provided by private and government agencies. The author feels that further scientific inquiry is needed to identify those variables associated with high morale and those which correlate with low life satisfaction following bereavement. References are included. (Author/SES)

Descriptors: Counseling/ Counseling Services/ Death/ +Females/ +Geriatrics/ Human Relations/ Interpersonal Relationship/ +Mental Health/ +Mental Health Programs/ +Older Adults/ Research Reviews (Publications)/ Senior Citizens/ Sex (Characteristics)

Identifiers: Widows

ED074323 AC014265

Employability Plan Instructor's Guide to be Used with Employability Plan Reference Manual. Older Worker Specialist Training.

Minneapolis Rehabilitation Center, Inc., Minn.
1 Jun 71 47p.

Sponsoring Agency: Manpower Administration (DOL), Washington, D.C.; Minnesota State Dept. of Manpower Services, St. Paul.

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

This teaching guide, to be used with the "Employability Plan Reference Manual," is for use in training the older worker specialist to write a sequential plan for using appropriate services to solve applicants' vocationally relevant problems. The following areas are covered: (1) summary of process for developing employability plans; (2) preparation for teaching--list of materials and equipment needed, description of plan-writing practice, sample worksheet for plan-writing practice; (3) teaching objectives; and (4) detailed teaching outlines. Copies of training forms and transparencies are included in an appendix. (KM)

Descriptors: Adult Counseling/ Adult Programs/ +Employment Counselors/ Employment Programs/ Instructional Materials/ +Older Adults/ +Professional Training/ Referral/ +Teaching Guides/ Vocational Rehabilitation

ED069275 JC720260

Hawaii State Senior Center--Third Annual Report.

Hawaii State Senior Center, Honolulu.

Jun 72 96p.

Sponsoring Agency: Hawaii Univ., Honolulu. Honolulu Community Coll.

EDRS Price MF-\$0.76 HC-\$4.43 PLUS POSTAGE

The Third Annual Report of the Hawaii State Senior Center is presented. It depicts a story of continued expansion of diversified services to the senior citizens of Oahu. Each month, on the average, 209 persons visited the Center for an annual total of 62,034 visits. Regular membership is 1,040. Discussions have been held concerning the need for additional centers, exploring also the nature of their operation and funding. New patterns of health education and services, educational programs, outreach to the confined elderly, and instruction of workers have been explored. Counseling and leisure time activities for the pre-retirement group, preparing them for creative and rewarding retirement, seem to be emergent needs. Present estimates are that 10% of the population is between 50 and 65 in Hawaii. This annual report includes the Center Chairman's Report, an Analysis of Program Changes. Statistics to Assess Attainment of Project Objectives. Findings of the Third Participation Evaluation Survey, and Report of Pre and Post Evaluation of participants. (For Second Annual Report, see ED 065 120.) (Author/CK)

Descriptors: *Annual Reports/ *Community Health Services/ Counseling Services/ Creative Activities/ Educational Programs / Evaluation/ Financial Support/ Leisure Time/ *Older Adults/ *Retirement/ *Senior Citizens/ Statistical Data/ Surveys

Identifiers: Hawaii

ED066693 CG007422

Marital Status, Age, and Occupational Level of Adult Women Students. Implications for Counseling.

Jeghlian, Alice

69 19p.; Presented at the American Personnel and Guidance Association Meeting, March 25-30, Chicago, Illinois

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

This paper is an attempt to identify and compare some of the characteristics of single vs. married women students in an urban evening college. The general hypothesis underlying the investigation is that for women in particular, marital status, age, and occupational level (high or low) might account for significant differences in personality and growth needs. The two separate studies were conducted. In the first, one counselor's interviews with single and married women were sorted, examined, and compared. The purpose was to determine whether single women's personal, educational, and vocational needs differ from those of married women. The second study involved a more systematic exploration of differences in background and personality scores among four groups of adult female students. The studies suggest that the differences in personality and growth needs found in mature women students

result from sex-based "subcultures" related to age, marital status and occupational level. The implications for the counselor working with these students is the importance of knowing and being sensitive to these characteristics. (Author/WS)

Descriptors: Adult Students/ *Age/ College Students/ Counseling/ *Evening Students/ *Females/ Individual Development/ *Marital Status/ Personal Growth/ Personality Development

Identifiers: Edwards Personal Preference Schedule

ED064566# AC012639

Identifying and Meeting the Health and Related Needs of the Aged: A Neighborhood Approach. Final Report.

Karten, Irving

Arthritis Foundation, Inc., New York, N. Y.

15 Apr 71 56p.

Sponsoring Agency: Public Health Service (DHEW), Washington, D.C.

Report No.: HSRD-71-38-PHS-29436

Available from: National Technical Information Service, Springfield, Va. 22151 (PB-207 615, MF \$.95, HC \$3.00)

Document Not Available from EDRS.

Many needy elderly residents of New York City are unable to secure help of one kind or another, because of the lack of awareness of existing services, inability to complete the application process, or hesitancy in accepting assistance from others. Significant unmet needs exist in the areas of housing, health, finances, home services, transportation, loneliness and personal adjustment. During a 40-month period, experiences with 2520 needy elderly residents of four different neighborhoods showed that volunteers from the communities to be served could effectively be trained as 'middlemen' to seek out the hidden older person, determine his needs and help him reach services. (Author)

Descriptors: *Adult Counseling/ *Community Service Programs/ Disadvantaged Groups/ *Human Services/ Nonprofessional Personnel/ *Older Adults/ Social Services/ Urban Environment/ *Volunteer Training

Identifiers: *New York

ED061572 CG400063

Searchlight: Relevant Resources in High Interest Areas.
Counseling the Aging. IIR Retrospective Search.
Jaslow, Carol, Comp.

ERIC Clearinghouse on Counseling and Personnel Services, Ann
Arbor, Mich.

Oct 71 11p.

Sponsoring Agency: Office of Education (DHEW), Washington,
D.C.

Bureau No.: BR-6-2487

Contract No.: OEC-3-6-002487-1579(010)

Available from: ERIC/CAPS, Room 2180, School of Education
Building, The University of Michigan, Ann Arbor, Michigan
48104 (\$1.00)

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

This search of the ERIC system, Dissertation Abstracts, and
the journal literature yielded 25 documents which focus on
methods of viewing the aging and the extent to which programs
and counselors are effective in contributing to the enrichment
of the later years. (CJ)

Descriptors: *Adult Counseling/ *Adult Development/
*Annotated Bibliographies/ *Counseling Services/ *Older Adults
/ Senior Citizens

ED059461 AC012333

Career Counseling and Follow-up Study, Spring 1971.

Pacific Heights Adult School, San Francisco, Calif.

71 43p.

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

This follow-up study of participants in the Career Workshop
of the Pacific Heights Adult School is based on 117 responses
to 453 questionnaires mailed in the Spring of 1971. Responses
were analyzed by categories and numerical responses to the
questions asked. The categories were: age, education,
employment, occupations, occupations and education, years on
job, different jobs, student use of other services, and
positive and negative statements. Results of the study show:
(1) more women than men seek counseling; (2) the Career
Workshop is the only counseling available to many adults; (3)
there is a movement from job to job by those of high school
and college experience, with both seemingly working in the
same occupations; (4) the Career Workshop is of great value to
adults of all educational levels. Three appendixes contain: A.
Statement of the Problem; Questionnaire Schedule; B. Tables of
participants' responses; C. Evaluation--Career Workshop 1971.
The schedule for the eight meetings of the workshop concludes
the report. (DB)

Descriptors: *Adult Counseling/ Age Differences/ *Career
Planning/ Community Colleges/ *Counseling Programs/ Followup
Studies/ *Occupational Guidance/ Older Adults/ Questionnaires/
Sex Differences/ Tables (Data)/ *Vocational Counseling/ Young
Adults

ED057348 AC012211

Spiritual Well-Being: Background and Issues.

Moberg, David O.; And Others

White House Conference on Aging, Washington, D.C.

Feb 71 69p.

Available from: Superintendent of Documents, U.S. Government
Printing Office, Washington, D. C. 20402 (GPO 5247-0015, \$.70)

EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

This paper on Spiritual Well-Being provides information for
leaders concerned with the problems of older people. The first
four sections of the paper discuss: the need for religious
organizations and society to develop and promote services and
programs that will contribute to the spiritual needs of the
elderly; goals proposed by previous groups and conferences;
information on knowledge available in this area; and vital
gaps in meeting such needs. The fifth section identifies
several major issues relevant to the spiritual well-being of
older people. The purpose of the issues is to focus discussion
on the development of recommendations toward the adoption of
national policies. A bibliography is provided. (Author/DB)

Descriptors: *Adult Counseling/ Bibliographies/ Church Role/
Clergymen/ Community Services/ Educational Programs/ *Human
Services/ *Older Adults/ Professional Continuing Education/
*Religion/ *Religious Organizations/ Social Opportunities/
Voluntary Agencies

*Identifiers: Meals on Wheels

ED057326 AC012181

Volunteers in Community Mental Health.
National Inst. of Mental Health (DHEW), Bethesda, Md.
70 49p.

Report No.: PHS-2071

Available from: Superintendent of Documents, U.S. Government
Printing Office, Washington, D.C. 20402 (\$0.30)

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

This booklet gives detailed accounts of mental health programs in operation around the nation. A total of nine different types of activities is included. "Helping Children" describes a program whereby students from nearby colleges give troubled children, at home, an experience in friendship by serving as big brothers or sisters. "Helping the Troubled" gives an account of various projects conducted at clinics to give patients counseling and other individually tailored instruction. "Helping Young Adults and Families" describes projects in which citizens serve as probation aides to a court, which assigns a counselor to each minor offender, and as substitute parents for troubled youngsters. "Helping the Elderly" relates how volunteers help elderly neighbors by visiting them in their homes and in nursing homes and by running a sheltered workshop. In "Senior Citizens Volunteer," an account is given of projects involving elderly and retired volunteers in community service. "Emergency Telephone Services" discusses these 24-hour services that are manned in more than 150 areas in the United States as part of suicide prevention programs. "Community Involvement Programs," "Citizen Action on Drug Abuse," and "Helping Alcoholics" describe various community service programs. (CK)

Descriptors: Alcoholism/ Children/ +Community Agencies (Public)/ +Community Services/ Counseling Services/ Drug Abuse / Emotionally Disturbed Children/ Individualized Instruction/ +Mental Health/ +Mental Health Clinics/ Older Adults/ Student Volunteers/ Suicide/ Telephone Instruction/ +Volunteers/ Young Adults

ED056269 AC012007

The Sciences and Aging. Adding to the Knowledge about Aging.
Mason, W. Dean
Kentucky Commission on Aging.; Kentucky Gerontological Society.; Kentucky Univ., Lexington.

11 Nov 71 39p.; Paper presented at Seminar on The Sciences and Aging, University of Kentucky, November 11, 1971

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

The Social Sciences, as they relate to the aged and the aging, are discussed. Social gerontology seeks to discover the role of the social environment as a determinant of aging and of the behavior and position of older people in society. In the United States, some 20 million people are over 65 years of age, and the median age of the elderly has risen to age 73. There are suggestions that there may be a direct relationship between successful adjustment in old age and educational attainment. It is estimated that about one-sixth of the

elderly are functionally illiterate and only five percent are college graduates. It is believed that the solutions to the complex problems in gerontology will require the application of research techniques of practically every scientific discipline. A program in Cleveland, Ohio, utilizes retirees as "Gatekeepers" who act as liaison between health personnel and the elderly in the neighborhood. Communities need to offer a variety of alternatives to match the variety of individual needs among our aged and aging population. Services should include prevention, early diagnosis, and treatment of health problems, and rehabilitation services. Each individual should be offered education tailored to his needs. (DB)

Descriptors: +Adult Counseling/ +Geriatrics/ +Human Services / +Older Adults/ Personnel Needs/ Research/ +Social Problems

ED046137# EC031007

Group Work in the Institution: A Modern Challenge.
Konopka, Gisela

70 304p.

Available from: Association Press, 291 Broadway, New York, New York 10007 (\$7.95)

Document Not Available from EDRS.

The experienced-based textbook on institutional issues for the group worker's training defines the current state of goals and methods of group work as it can apply to the institutional field. Following a discussion of institutions in modern society, social group work in institutions for children, unmarried mothers, handicapped children, juvenile delinquents, and the aged, and social group work in prisons is explored. (KW)

Descriptors: Delinquents/ +Group Counseling/ +Group Therapy/ Handicapped Children/ +Institutionalized (Persons)/ +Institutions/ Older Adults/ Prisoners/ +Social Work/ Unwed Mothers

Identifiers: Group Work

ED035763 VT010237

The Training and Placement of Older Workers: An Evaluation of Four Community Projects.

Somers, Gerald G.; And Others
Wisconsin Univ., Madison. Center for Studies in Vocational and Technical Education.

Sep 67 214p.

Sponsoring Agency: National Council on the Aging, Inc., New York, N.Y.; Office of Manpower Policy, Evaluation, and Research (DOL), Washington, D.C.

EDRS Price MF-\$0.76 HC-\$10.78 PLUS POSTAGE

The major objective of this study was to examine the experience of four projects in Baltimore, Boston, Milwaukee, and Buncombe County, North Carolina in counseling and placing in jobs older hard-core unemployed workers. Originally the programs were designed to train the hard-core unemployed over 50 years of age. Generally the emphasis was changed from on-the-job training to counseling, job development and placement, and from selecting the most disadvantaged to selecting the least disadvantaged in the over-50 age group. There was little evidence that the program provided significant economic gains in employment or income, even though the participants expressed the opinion that they were pleased with the various programs. (BC)

Descriptors: Counseling/ *Demonstration Projects/
*Evaluation/ Job Placement/ *Older Adults/ On the Job Training / Tables (Data)/ *Unemployed/ *Vocational Rehabilitation

Identifiers: Baltimore/ Boston/ Buncombe County/ Milwaukee/ North Carolina

ED035116# EC004267

Blindness Research: The Expanding Frontiers; A Liberal Studies Perspective.

Goldberg, Maxwell H., Ed.; Swinton, John R., Ed.
69 544p. Proceedings of the National Consultation Concerning Needed Research in the Behavioral Sciences and the Humanities with Reference to Problems Related to Blindness (University Park, Pa., April 9-12, 1967)

Available from: Pennsylvania State University Press, University Park Station, Pennsylvania 16802 (\$12.50)

Document Not Available from EDRS.

Papers presented during a national conference on research on blindness are concerned with the following: the individual, stress, and the new world of social and technological change; parent-child relationships; old age; childhood and adolescence; social participation and citizenship; motivation; and education. Also discussed are stress and reaction to loss, counseling, the agency and the person, placement and occupation, the multiply handicapped blind (4 presentations) and the human values of the research frontier. Two contributions by major speakers in each area are followed by sessions reports; references are listed after each chapter. (LE)

Descriptors: *Adjustment (to Environment)/ Adolescents/

Agency Role/ *Counseling/ Educational Research/ *Exceptional Child Research/ Family Relationship/ Motivation/ *Multiply Handicapped/ Occupational Guidance/ Older Adults/ Parent Child Relationship/ Personal Adjustment/ Research Needs/ Services/ Social Attitudes/ Social Life/ Technological Advancement/ *Visually Handicapped/ Vocational Adjustment/ Vocational Rehabilitation

ED032511 AC005564

Education for Senior Adults.

Hendrickson, Andrew; Aker, George F.
Florida State Univ., Tallahassee. Dept. of Adult Education.
69 113p.

EDRS Price MF-\$0.76 HC-\$5.70 PLUS POSTAGE

The major objectives of the Education for Senior Adults Leadership Development Institute were: (1) to give a deeper understanding of the characteristics of senior adults; (2) to give a sense of the richness and variety of activities that could be built into a program for the aging; (3) to provide help in problems of organizing and administering educational programs for the aging; and (4) to motivate participants to use what they learn when they return to their communities. Addresses covered: an overview of education on aging; sociological aspects of aging; recreation's contribution to education of older adults; physiology of aging; the role of the arts in the education of the aging; the place of the church in the continuing education of the aging; what it means to teach older adults; counseling of older adults; a comprehensive and coordinated community approach in planning education program for older persons; and use of the library and other community resources. A general section given on evaluation, emphasizes the relationship between evaluation and goals. This is followed by a copy of three evaluation forms used during the institute and a bibliography. (nl)

Descriptors: Adult Counseling/ Adult Development/ *Adult Education Programs/ *Age/ Bibliographies/ Church Role/ Community Programs/ Community Resources/ Fine Arts/ Information Utilization/ *Leadership Training/ Libraries/ Motivation/ *Older Adults/ Program Administration/ Recreational Activities/ Teaching Techniques

ED023225 EC002635

The Vocational Adjustment of the Older Disabled Worker: A Selective Review of the Recent Literature. Final Report. Volume II.

Rusalew, Herbert
Federation Employment and Guidance Service, New York, N.Y.
67 59p.

Sponsoring Agency: Vocational Rehabilitation Administration (DHEW), Washington, D.C.

Report No.: PROJ-RD-903-P

EDRS Price MF-\$0.76 HC-\$3.32 PLUS POSTAGE

Recent selected literature on problems encountered by the disabled worker aged 55 years and over is reviewed. Aspects considered include the background to and nature of the problem; displacement, unemployment, and retirement; pension problems; legislation; capacities of the older disabled worker; expanding vocational opportunities for the older disabled person; vocational counseling; education and training; sheltered workshops; placement; volunteer services; and crafts; and community programs. Ten generalizations are drawn from the literature and four recommendations are made. A bibliography cites 169 items. (MK)

Descriptors: +Adult Education/ Community Programs/ Employment Problems/ +Exceptional Child Research/ Job Placement/ Job Training/ Legislation/ Older Adults/ +Physically Handicapped/ Research Reviews (Publications)/ Retirement/ Services/ Sheltered Workshops/ Unemployment/ +Vocational Adjustment/ Vocational Counseling/ +Vocational Rehabilitation/ Volunteers

ED023060# AC003110

Promoting the Placement of Older Workers.

Organisation for Economic Cooperation and Development, Paris (France). Social Affairs Div.

67 99p.

Available from: OECD Publications Center, Suite 1305, 1750 Pennsylvania Ave., N.W., Washington, D.C. 20006 (\$2.30).

Document Not Available from EDRS.

Many older job seekers are victims of prejudice, workers in declining industries or areas, workers with out-of-date skills, poorly educated, or handicapped by attitudinal problems. Careful publicity helps make jobs available and aids in adjustment for older workers. The older worker should be offered special employment services only when he cannot find a job through normal channels; special counseling should remotivate the client, while rebuilding his self respect; and special services such as tests and vocational rehabilitation should supplement counseling. Followup of the client's vocational plan should see if it was carried out and if the client and employer are satisfied with the client's progress and work. Older workers can be retrained for new skills especially if speed of training progresses at an appropriate level. Employment offices should be told of any developments affecting older workers' employment as soon as possible;

regular visits to employers by an employment counselor also help develop job opportunities. A national employment service should become the chief source of aid for both worker and employer. (References are included.) (Jf)

Descriptors: Educational Disadvantage/ +Employment Services/ Followup Studies/ National Programs/ +Older Adults/ Publicize/ Skill Development/ +Special Services/ +Unemployed/ Vocational Adjustment/ +Vocational Counseling/ Vocational Rehabilitation

Identifiers: +Organisation for Economic Cooperation and Development

ED019564 AC001936

EDUCATION FOR AGING. CURRENT INFORMATION SOURCES, NUMBER 14. Syracuse Univ., N.Y. ERIC Clearinghouse on Adult Education.

FEB68. 20P.

EDRS PRICE MF-\$0.76 HC-\$1.58 PLUS POSTAGE

THIS BIBLIOGRAPHY OF RECENT (1964-67) ANNOTATIONS AND ABSTRACTS IS DIVIDED INTO SECTIONS RELATING TO THE CHARACTERISTICS AND LEARNING ABILITIES OF OLDER ADULTS, TRAINING PROGRAMS, AND RETIREMENT AND PRERETIREMENT EDUCATION. SUCH TOPICS AND AREAS OF CONCERN AS STABILITY AND CHANGE IN ADULT CHARACTERISTICS (INCLUDING CHANGES IN GOALS), EDUCATIONAL PHILOSOPHY, TESTING AND TEST CONSTRUCTION, MANPOWER DEVELOPMENT, LABOR MANAGEMENT COOPERATION IN PRERETIREMENT EDUCATION, VOCATIONAL GUIDANCE AND CAREER PLANNING, USE OF CORRESPONDENCE STUDY AND OF EDUCATIONAL FILMS AND TELEVISION, THE PROBLEMS OF OLDER SALESMEN, AND COMPARATIVE EDUCATION IN THE UNITED STATES, GREAT BRITAIN, AND EUROPE ARE REPRESENTED. ALSO LISTED ARE OTHER ERIC CLEARINGHOUSE ON ADULT EDUCATION PUBLICATIONS, AND MEMBERS OF THE NATIONAL ADVISORY BOARD. (LY)

Descriptors: Adult Characteristics/ Adult Learning/ +Age/ Age Differences/ +Annotated Bibliographies/ Cooperative Programs/ Correspondence Study/ Education/ Films/ Guidance Counseling/ Industrial Training/ +Intelligence/ Labor Unions/ Leisure Time/ +Retirement/ Salesmanship/ Testing/ +Vocational Retraining

Identifiers: EUROPE/ GREAT BRITAIN/ OLDER WORKERS/ UNITED STATES

ED017789 AC001330

STAFF REPORT ON CONFERENCE FINDINGS. APPENDIX II.

National Council on the Aging, Inc., New York, N.Y.

66 39P.

EDRS PRICE MF-\$0.76 HC-\$1.95 PLUS POSTAGE

CONFERENCE SPEAKERS, PANELISTS, AND WORKSHOPS WERE ASKED TO FOCUS ON THE PROBLEMS OF THE 45-PLUS AGE GROUP AND TO MAKE SPECIFIC RECOMMENDATIONS ON PUBLIC POLICY, LEGISLATION, AND PUBLIC AND PRIVATE RESEARCH, PROGRAM AND ACTION. IN ADDITION, STAFF RECOMMENDATIONS WHICH WERE IMPLICIT IN THE PROCEEDINGS WERE INCLUDED. UNDER EACH SUB-HEADING, PROPOSALS WERE LISTED IN ORDER OF RECOMMENDED PRIORITY. WHENEVER APPROPRIATE, STAFF SUGGESTED THAT RESPONSIBILITY BE ASSUMED BY A GOVERNMENT AGENCY. THERE WAS STRONG FEELING THAT A PROLIFERATION OF AGENCIES WAS NOT DESIRED. MANY OF THE RECOMMENDATIONS CALLED ON THE NATIONAL COUNCIL ON THE AGING (NCOA) FOR ACTION. OTHERS, WHICH REQUIRED INITIATIVE OUTSIDE THE GOVERNMENT, WERE ARBITRARILY ASSIGNED TO NCOA, BECAUSE THERE WAS NO OTHER NATIONAL AGENCY CONCERNED WITH THIS AGE GROUP. THE NCOA WAS NOT EQUIPPED TO ASSUME RESPONSIBILITY FOR THE MAJORITY OF THE ASSIGNMENTS UNLESS LONG-TERM FINANCING WAS POSSIBLE. CONSIDERATION OF THIS QUESTION WAS RECOMMENDED TO THE NCOA AND HOC ADVISORY COMMITTEE ON THE NCOA-OMPER OLDER WORKER REEMPLOYMENT PROJECT WHEN IT MET TO CHART ACTION TO IMPLEMENT THE CONFERENCE FINDINGS. THIS REPORT WAS PRESENTED AT THE NATIONAL CONFERENCE ON MANPOWER TRAINING AND THE OLDER WORKER, WASHINGTON, JANUARY 17-19, 1966. (PT)

Descriptors: Adult Basic Education/ Adult Vocational Education/ Age Groups/ Educational Needs/ Federal Legislation/ Federal Programs/ Financial Needs/ Financial Support/ *Government (Administrative Body)/ *Middle Aged/ *Private Agencies/ *Program Improvement/ Public Policy/ Research Needs/ Vocational Counseling/ *Vocational Retraining

Identifiers: NATIONAL COUNCIL ON THE AGING

ED016887 AC001747

THE WORKER IS A CONSUMER. SUMMARY REPORT OF THE ANNUAL AFL-CIO NATIONAL CONFERENCE ON COMMUNITY SERVICES (10TH, WASHINGTON, MAY 16-20, 1965).

American Federation of Labor - Congress of Industrial Organizations, Washington, D.C.

65 40P.

EDRS PRICE MF-\$0.76 HC-\$1.95 PLUS POSTAGE

THE TENTH ANNUAL AFL-CIO NATIONAL CONFERENCE ON COMMUNITY SERVICES WAS CONCERNED WITH WAYS THE LABOR UNIONS CAN DEVELOP CONSUMER EDUCATION AROUND THE NEEDS OF WORKERS. SPEAKERS POINTED OUT THE NEED FOR ENFORCEMENT OF CONSUMER PROTECTION LAWS, OUTLINED AREAS IN WHICH SCHOOL CONSUMER COURSES WERE NEEDED, DISCUSSED CONSUMER RIGHTS, AND SUGGESTED SOCIAL ACTION AT STATE AND COMMUNITY LEVELS. IT WAS CONSIDERED MOST IMPORTANT TO REACH THE POOR, THE ELDERLY, AND THE FAMILIES OF WORKERS. LEADERS WERE WARNED TO SCREEN RESOURCE PERSONNEL AND MATERIALS. A THREE-PART EDUCATION PROGRAM WAS PROPOSED-- (1) A CONSUMER INFORMATION COURSE IN A SERIES OF SIX OR EIGHT

EVENING SESSIONS, (2) A ONE-DAY CONSUMER INSTITUTE TO HIGHLIGHT ISSUES, LAWS, AND MALPRACTICES, AND (3) DEBT COUNSELING AND CONSUMER CLINICS TO PROVIDE UNION MEMBERS WITH OPPORTUNITY TO DISCUSS SPECIFIC CONSUMER PROBLEMS WITH ADVISERS. (RT)

Descriptors: *Consumer Economics/ Consumer Science/ Counseling Services/ Economic Disadvantage/ *Labor Education/ *Labor Unions/ Law Enforcement/ Legislation/ Local Unions/ Low Income Groups/ Older Adults

Identifiers: AFL CIO COMMUNITY SERVICES COMMITTEE

ED016111 VI004160

NATIONAL CONFERENCE ON MANPOWER TRAINING AND THE OLDER WORKER (WASHINGTON, D.C., JANUARY 17-19, 1966).

Department of Health, Education and Welfare, Washington, D.C.; Department of Labor, Washington, D.C.; National Council on the Aging, Inc., New York, N.Y.

66. 772P.

EDRS PRICE MF-\$ 1.39 HC-\$38.72 PLUS POSTAGE

APPROXIMATELY 225 REPRESENTATIVES OF PUBLIC AND PRIVATE EDUCATION, MANAGEMENT, LABOR, AND FEDERAL, STATE, AND LOCAL AGENCIES PARTICIPATED IN THE CONFERENCE WHICH AIMED TO PROVIDE A COMMON PLATFORM FOR THE MOST INFORMED PEOPLE FROM MANY DISCIPLINES TO FOCUS ON THIS LARGELY UNEXPLORED AREA, IDENTIFY SUCCESSFUL PROGRAMS AND TECHNIQUES, AND IDENTIFY GAPS IN KNOWLEDGE AND SERVICES AND TO CHART DIRECTIONS FOR NEEDED RESEARCH AND ACTION. A TRANSCRIPT OF THE FOLLOWING PANEL AND WORKSHOP SESSIONS IS GIVEN--(1) COMMUNITY ACTION ON OLDER WORKER TRAINING AND EMPLOYMENT--HOW TO GET IT AND MAINTAIN IT, (2) REACHING OUT TO FIND AND MOTIVATE THE HARD-CORE UNEMPLOYED OLDER WORKER, (3) SELECTION FOR TRAINING--DO PRESENT PRACTICES MILITATE AGAINST OLDER WORKERS, (4) THE ROLE OF PERSONAL COUNSELING AND SUPPORTIVE SERVICES IN THE TRAINING AND PLACEMENT OF DISPLACED AND DISADVANTAGED OLDER WORKERS, (5) NEW FIELDS OF EMPLOYMENT AND VOCATIONAL TRAINING FOR OLDER WORKERS, (6) BASIC EDUCATION FOR ADULTS--ARE SPECIAL TOOLS AND TECHNIQUES NEEDED, (7) VOCATIONAL TRAINING FOR ADULTS--DOES IT PAY, ARE SPECIAL TECHNIQUES NEEDED, (8) AGE RESTRICTIONS IN HIRING--SOME EFFORTS TO OVERCOME THEM, AND (9) EMPLOYMENT SERVICES FOR OLDER WOMEN--WHAT MORE IS NEEDED. THE APPENDIX CONTAINS (1) A STAFF REPORT ON THE CONFERENCE FINDINGS, (2) CONGRESSIONAL TESTIMONY BY CHARLES E. ODELL, (3) "EQUAL OPPORTUNITIES FOR THE OLDER WORKER," BY MILTON ROSENBERG, (4) "METHODS OF VOCATIONAL TRAINING FOR OLDER WORKERS IN FRENCH NATIONAL RAILWAYS," BY A. CONQUERET, AND A LIST OF CONFERENCE PARTICIPANTS. (EM)

Descriptors: Action Programs (Community)/ Adult Basic Education/ Adult Learning/ +Adult Vocational Education/ Conferences/ Counseling/ Disadvantaged Groups/ Educational Discrimination/ Employment Opportunities/ Employment Practices / +Employment Problems/ Employment Programs/ Employment Services/ +Manpower Utilization/ Middle Aged/ Motivation/ +Older Adults/ Recruitment/ Selection/ State Federal Support/ Training Techniques/ +Unemployed/ Vocational Counseling/ Vocational Rehabilitation

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NEW CAREERS IN MIDDLE AGE, SEPARATUM TO PROCEEDINGS OF THE INTERNATIONAL CONGRESS OF GERONTOLOGY (7TH, VIENNA, JUNE 26-JULY 2, 1966).

BELBIN, EUNICE; BELBIN, R.M.

International Association of Gerontology.

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SERIOUS PROBLEMS EXIST IN RETRAINING OLDER WORKERS, BUT

WHERE AN APPROPRIATE METHOD OF TRAINING CAN BE DEVELOPED, OLDER TRAINEES CAN ACHIEVE RESULTS COMPARABLE WITH THOSE OF THEIR YOUNGER COLLEAGUES. SPECIFIC REQUIREMENTS OF THE MIDDLE-AGED LEARNER INCLUDE LONG AND UNINTERRUPTED LEARNING SESSIONS, GREATER CONSOLIDATION OF LEARNING BEFORE NEW SKILLS ARE ATTEMPTED, ACCURATE RESPONSES AND RAPID FEEDBACK DURING LEARNING, SELF-STRUCTURED LEARNING PROGRAMS AND AVOIDANCE OF COMPETITION, AND ACTIVE MENTAL PARTICIPATION DURING LEARNING (LEARNING BY DISCOVERY RATHER THAN BY rote). PROBLEMS OF STEERING OLDER WORKERS INTO TRAINING CAN BE ALLEVIATED THROUGH PERSONAL COUNSELING AND THE USE OF GROUP TRAINING. HOME STUDY COMBINED WITH PERIODIC PRACTICAL TRAINING AND GROUP TUTORIALS HAS BEEN SUCCESSFUL, ESPECIALLY WHEN TRAINEES HAVE HAD SOME LEARNING ACTIVITY SINCE LEAVING SCHOOL. REAL EMPLOYMENT SECURITY RESTS ON THE ABILITY TO MOVE FROM ONE JOB TO ANOTHER AND HERE TRAINING OF THE MIDDLE-AGED IN NEW SKILLS PLAYS A VITAL ROLE. THE YOUNG WORKER, TOO, MUST ACCEPT LIFELONG LEARNING IN A FLEXIBLE PATTERN OF WORK AND STUDY. THIS DOCUMENT IS THE SEPARATUM TO THE PROCEEDINGS OF THE INTERNATIONAL CONGRESS OF GERONTOLOGY (7TH, VIENNA, AUSTRIA, JUNE 26-JULY 2, 1966). (AJ)

Descriptors: +Adult Learning/ +Age/ Continuous Learning/ Discovery Learning/ Employment Opportunities/ Environmental Influences/ Group Instruction/ Home Study/ Individual Counseling/ +Middle Aged/ Mobility/ Motivation/ Research Needs / +Training Techniques/ +Vocational Retraining
Identifiers: COSTA RICA/ FRANCE/ GREAT BRITAIN/ NORWAY/ POLAND/ SWEDEN/ UNITED STATES



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