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TITLE Divorce and One-Parent Family Counseling.
INSTITUTION ERIC Clearinghouse on Counseling and Personnel Services, Ann Arbor, Mich.
SPONS AGENCY National Inst. of Education (DHEW), Washington, D.C.
PUB DATE 78
GRANT 400-78-0005
NOTE 55p.
AVAILABLE FROM ERIC/CAPS, 2108 School of Education, The University of Michigan, Ann Arbor, MI 48109 (\$2.00)

EDRS PRICE MF-\$0.83 HC-\$3.50 Plus Postage.
DESCRIPTORS *Adjustment Problems; Adults; Annotated Bibliographies; Children; *Divorce; *Family Counseling; Interpersonal Relationship; Marital Instability; Marital Status; *One Parent Family; *Parent Child Relationship; *Social Attitudes; State of the Art Reviews
IDENTIFIERS Information Analysis Products

ABSTRACT

This collection of ERIC documents is designed to assist anyone involved in the counseling of single parents, divorced adults, or children of divorced parents to identify useful resources. These documents represent a computer search of the ERIC database covering the period of November, 1966 through May, 1978. The materials reviewed here address the following areas of concern: problems related to divorce; effects of divorce on men, women, and children; role expectations for single parents; stages of loss experienced after marriage dissolution; appropriate role models for counselors to adopt; and social attitudes. Additionally, descriptions of exemplary programs and services for persons affected by divorce are provided. (HLM)

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DIVORCE AND ONE-PARENT FAMILY COUNSELING



Searchlight

Relevant Resources in High Interest Areas

Adrian J. Baker



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DIVORCE AND ONE-PARENT FAMILY COUNSELING

Adrian J. Baker

AN INFORMATION ANALYSIS PAPER

**Based on a computer search of the ERIC data base
November 1966 through May 1978**

*The work presented herein was performed pursuant to a contract from the
National Institute of Education
Department of Health, Education, and Welfare
under the direction of*

ERIC COUNSELING AND PERSONNEL SERVICES CLEARINGHOUSE

*School of Education
The University of Michigan
Ann Arbor, Michigan*

1978

INTRODUCTORY NOTE

For several years ERIC/CAPS has produced Searchlights--computer searches of the ERIC data base on topics identified as being of major interest and importance by our on-site users and by helping professionals working in the field. The Searchlights have proved to be highly useful as a synthesis of existing documents on a given topic, and we have been pleased to provide them at low cost for persons desiring packaged, instant information in a particular area. This year we have gone one step further.

Choosing the nine topics which were in most demand by our ERIC users, we decided to explore in depth the sources revealed in the computer search and identify prime issues and possible trends from the documents, as well as point out the implications of the information for the work of professionals in our field of counseling and personnel services. In so doing we hoped to provide an even more valuable service to those who recognize ERIC as a rich storehouse of information, but who lack the time to examine in detail and analyze the total collection of data.

The nine areas chosen for this special treatment are the following:

- Divorce and One-Parent Family Counseling
- Career Resource Centers
- Counseling the Exceptional: Handicapped and Gifted
- Violence in the Schools
- Career Development: Programs and Practices

Group Guidance

Evaluation of Counselor Effectiveness

Mid-Career Change: An Overview of Counseling Practices and Programs

Counseling for Preretirement

The computer search is included in each Searchlight as before, but in addition, readers will find an opening narrative which highlights certain documents, identifies issues and trends, and suggests possible implications for the future of guidance and guidance professionals.

We should point out that two of these Searchlights are slightly different from the others. The ones entitled "Mid-Career Change" and "Counseling for Preretirement" contain sources from a number of data bases (including ERIC). These particular analyses of the literature were prepared for an international guidance conference and were designed to review sources from as many data bases as possible. Interestingly, however, the most useful informational source in preparing the papers was ERIC, and much overlap was found to exist in the documents brought to light from the many data bases searched.

This explains the difference between our current series of Searchlights and previous ones. If you find the narrative helpful--more helpful than just the basic search--we would appreciate your telling us so. A major purpose of ERIC is to provide information of genuine value to you, the user.

Garry R. Walz
Director, ERIC/CAPS

Libby Benjamin
Associate Director, ERIC/CAPS

DIVORCE AND ONE-PARENT FAMILY COUNSELING

Adrian J. Baker

Traditional sex roles for men and women are undergoing great change. No longer do they have the rigid and absolute quality they had in earlier times. Sex-role boundaries are constantly shifting. This shifting is accentuated by such forces as more effective and accessible means of birth control, the sexual revolution, and the onset of the women's liberation movement.

All of these forces have combined to create many new possibilities and directions for men and women to explore in their interpersonal relationships. One of the most apparent outcomes of these new interpersonal explorations is divorce. For many, marriage is no longer a sacred estate, and similarly, its dissolution no longer carries the stigma formerly attached to it. Since a large segment of our adult population is divorced and there is no indication that the divorce rate is decreasing, it is imperative that the needs of divorcing and divorced persons be met by the qualified and sensitive assistance of helping professionals.

The literature reviewed in this paper focuses primarily on divorcing and divorced persons and their children; however, attention is also given to persons no longer married as a result of death of a spouse, as well as to the unwed teenage mother.

Issues and Trends

Even to the healthiest person, divorce is usually a trying experience. Women who find themselves single again as a result of divorce or their husbands' deaths often experience trauma due to the loss of their roles as wives in a society which has not traditionally prepared women for autonomous functioning (EJ 144 390). It is often difficult for these women to replace their stereotyped behaviors with new, more appropriate and productive ones.

*Need for
autonomous
functioning*

While counseling the newly widowed is important, some maintain that the need for counseling for divorced persons is even greater (EJ 160 189). Since divorced persons have made an active choice to end marriage, it is not uncommon for them to experience a devalued self-concept, and it is important that self-worth be re-evaluated in a constructive manner.

Relating to the former spouse during and after a divorce, as well as to friends who might feel awkward due to the change in marital status, are also concerns of divorced or divorcing persons (ED 131 371). Other issues that commonly arise include finding effective means of working with children during divorce, child custody problems, and regaining the autonomy that permits movement towards new goals and new friendships.

*Problems related
to divorce*

Divorce affects men and women in different ways, especially as it relates to their roles as parents (EJ 147 742). Since it is usually the father who moves away from the nuclear home and family, his self-concept undergoes a greater initial change. However, the effects of a divorce on the mother are generally longer lasting since it is she who maintains the household and retains the position as head of the now, not-so-nuclear family.

*Effects on men
and women*

The long-range effect of separation of fathers from their children permits some men to develop a better relationship with their offspring while other men feel an extreme sense of loss being separated from their children and find subsequent adjustment difficult.

A growing number of men are assuming the role of primary parent (EJ 147 743) due to the death of their spouse, award of child custody, or adoption. Although the percentage of single-parent fathers is quite small, they too have their special needs. Most single fathers are employed and therefore need some type of assistance in child care during working hours. Day-care, nursery schools, obliging relatives, and "nannies" adequately fulfill this need. Single-parent organizations, such as Parents Without Partners, provide recreational and dating opportunities for single fathers as well as single mothers. All indications are that single-parent fathers are quite pleased and confident in their success as primary parent.

Single-parent fathers

In the United States alone, more than 13 million children under the age of 18 have been affected by divorce (EJ 154 822). Although children of divorce do not comprise a diagnostically significant group, most experience stress as a result of their parents' separation and/or divorce. This stress is usually manifested in children's behavior, and can be treated through the professional intervention of a school counselor. Through developmental group counseling, some of the stress they feel can be alleviated by learning new coping behaviors.

Effects on children

Programs and Services

The programs and services included in this section fall into three main groups:

(1) teenage or young, single mothers; (2) children of divorce; and (3) divorcing men and women.

Adolescent parents (either single or married) face potential educational, social, and health constraints older parents may not experience (EJ 092 378). Pregnancy, the major known cause for dropping out of high school, keeps many young women from graduating. Also, many institutional barriers effectively keep these girls from continuing their educations after the birth of the baby. Some schools may require an unnecessarily long waiting period before the girl may return to school after the birth of her child, while other schools may expel her upon learning of her pregnancy, making no provisions for her future education. A program designed and implemented in Kansas City, Missouri (EJ 092 378), utilizes subcommittees on prevention, quality services, information and education, school policy, and legislation to address the concerns of adolescent pregnancy and parenthood. Each subcommittee, composed of concerned citizens as well as professionals in the fields of medicine, law, social work, and education, is responsible for researching and initiating actions relating to the scope of its particular concern. As a result of the subcommittee group efforts, school policies have been altered to accommodate pregnant girls, sex education courses have been taught in the city, students have taken an active interest in attending parenthood classes, and special assemblies have been conducted on venereal disease and birth

*Teenage
mothers*

control. Other educational methods used include a speaker's bureau and a resource library.

A San Francisco-based program (ED 121 142) provides supportive and educational services to adolescent mothers which include day care and parent counseling. In order to qualify for the program, the mother has to agree to complete high school or vocational training.

Programs providing counseling services for children of divorce place great responsibility on the school (teachers and counselors alike) as well as the divorced parent. In one school (EJ 154 822), Children's Divorce Groups meet for eight 45-minute sessions. Using a developmental counseling model, the counselor works with elementary school students using such techniques as self-disclosure, film strips, discussion, and role playing to achieve positive outcomes with the group.

*Programs
for
children*

One treatment program called Children Facing Divorce (EJ 160 191) makes use of an interdisciplinary staff of psychiatrists, psychologists, guidance counselors, and social workers to provide numerous therapeutic and educational modalities for the children participating in the program. Techniques employed in working with the preadolescent child are client-centered counseling, psychodrama, transactional analysis, and behavior modification. The goals of this program are to provide a safe, non-threatening atmosphere for parent and child; to help identify non-productive role patterns and offer working alternatives; and to promote and encourage constructive peer relations and group communication.

In another program (ED 103 114) the emotional and social effects of divorce on children are discussed in light of the appropriate roles for teachers and parents. Adult preparation

and emotional support must be provided in order for children to overcome their anxiety, resentment, fear, and frustration over the divorce of their parents.

The third and final focus of this section is on adult participation in transition groups during or following a divorce. Group therapy appears to be an effective means of ameliorating divorce-related problems. Divorce Adjustment Groups (EJ 131 371, ED 112 278) provide possible growth opportunities for individuals experiencing the limbo period created by divorce. Goals of Divorce Adjustment Groups are to regain emotional autonomy, mitigate the debilitating aspects of divorce, create a safe environment which allows letting off emotional steam, develop a broader concept of divorce, make new friends, and learn coping behaviors.

*Divorce
transition
groups*

Another approach involves the participation of women in a college course for the divorced and the widowed (ED 136 158). Many divorcees showed considerable improvement in self-image after taking this experientially-based class. Also in an academic setting (ED 092 832, EJ 122 229), transition groups are being formed on college campuses to aid individuals who have undergone male-female partnership failure.

Implications for Counselors

Helping professionals providing divorce counseling need to develop expertise and sensitivity in working with divorcing adults and the children affected by these divorces.

The "loss" model, developed by Elizabeth Kubler-Ross, delineates the stages a terminally-

ill person goes through in the process of dying. The dissolution of a marriage can be viewed as the death of a relationship. Therefore, the stages Dr. Kubler-Ross describes can also be useful to counselors in helping them to understand better the stages children go through in the course of their parents' divorce (EJ 142 716, EJ 160 189), as well as those experienced by divorcing persons. Her "loss" model consists of five stages: denial, anger, bargaining, depression, and acceptance. All children and adults do not necessarily experience each stage or experience them in the particular order given here. However, certain behaviors are identified with each stage. In the denial stage, physical and emotional isolation often occurs in an attempt to block out what is happening. Anger is often the next stage, resulting from the inability to block out effectively the unhappy situation. For children, the bargaining stage is epitomized by their efforts to get their parents back together again. Many times children feel responsible for their parents' breakup and think perhaps if they "behave better" their parents will remain together. For adults, the bargaining stage is fraught with emotionally and sexually manipulative behaviors, as well as the feeling of "getting the most out of it" before the relationship totally deteriorates. The fourth stage, depression, is a result of the failure of the bargaining stage. And, hopefully, the fifth stage of acceptance then develops. A part of this acceptance is the awareness of internal individual worth and that this worth is not determined by the external situation of the divorce.

*Kubler-Ross
"loss" model*

When counseling a man or woman for divorce, it is important that counselors be aware of the role models they embody for their clients. The direction or amount (if any) of growth an individual experiences in divorce counseling is closely linked with what the counselor believes is possible for the client (EJ 160 192). For many women seeking divorce counseling, a female counselor is perhaps more appropriate in that she provides a positive role model for the client. Males, when counseling women for divorce, should be aware of the pitfalls of such a counselor-client relationship. Often, when a divorcing woman experiences feelings of guilt, loneliness, and vulnerability as a result of her changing status in society, it is easy for her to shift her dependency to the male counselor. Together, the counselor and client can unwittingly undermine the woman's attempt at becoming a self-actualizing, independent individual. Because of her need for support and his naturally supportive role as counselor, the woman will often begin to depend on him in the same manner in which she may have depended on her husband, instead of trying out more autonomous behaviors.

*Positive
role models*

A further implication for counselors is the need for an awareness of the societal attitudes toward being married and being single (divorced or never married) in our culture (EJ 160 193). Unconsciously, many people assume the "coupled" state to be the "right" or "natural" one for all people. Counselors should take care not to promote, consciously or unconsciously, these attitudes: Life is already difficult enough for divorcing persons without the counselors inflicting their values on them. Instead, the counselor should

*Societal
attitudes*

emphasize the positive aspects of being single, such as having more time to identify life needs and desires, more freedom to make their own decisions, more opportunities to explore new ideas and places, and more privacy for productive thought and creativity.

Summary

Because of the highly emotional milieu in which divorce exists, there is a great need for competence and sensitivity on the part of counselors. Effective counseling with persons involved in divorce comes about as a result of intellectual study and specific skill-training, as well as clarification of one's own personal value system and past experience. From even the small amount of literature reviewed in this paper, the reader can see that many programs have been created and used successfully in divorce and single-parent counseling situations and counseling with children of divorce. It would behoove the reader who wishes more information to explore the preceding references in depth and to consult the accompanying search for even more resources in this ever-expanding field.

EJ170378 P5506228

A Supportive Service to Single Mothers and Their Children.

Heger, Donna Tubach

Children Today, 6, 5, 2-4, 36 Sep-Oct 77

Describes a supportive program for single, young mothers in need of low-cost housing, job-training or schooling, social services and day care. Most enrollees gained a salable skill and made progress in personal growth and the development of independent living skills. Techniques included a team approach and use of short-term contracts. (BF)

Descriptors: *Social Services/ *Unwed Mothers/ *Parent Counseling/ *Cocounseling/ *Job Training/ *Fatherless Family/ *Parent Education/ *Career Planning/ *Day Care Services/ *Housing Needs

Identifiers: *Child Saving Institute/ CSI

EJ169348 CG513302

A Social Exchange Typology of Conjugal Relationships and Conflict Development

Bagarozzi, Dennis A.; Wodarski, John S.

Journal of Marriage and Family Counseling, 3, 4, 53-8 Oct 77

In this article the authors attempt to demonstrate how the principles of social exchange, reciprocity and distributive justice can be used to explain the development and continuation of marital dissatisfaction and conflict. (Author)

Descriptors: *Marital Instability/ *Family Life/ *Marriage Counseling/ *Conflict Resolution/ *Intervention/ *Social Exchange Theory/ *Divorce/ *Models/ *Therapy/ *Interpersonal Competence

EJ169344 CG513298

Parents-In-Law: Failure and Divorce In a Second Chance Family

Lager, Eric

Journal of Marriage and Family Counseling, 3, 4, 19-23 Oct 77

Frequently the motive for divorce is neurotic. This paper calls attention to one such motive: reaction to disappointment by a significant parent-in-law, which may go unnoticed by both the therapist and the patient who has come for help at the time when the marriage is disintegrating. (Author)

Descriptors: *Divorce/ *Marital Instability/ *Marriage Counseling/ *Personality Development/ *Family Relationship/ *Neurosis/ *Case Studies/ *Self Concept/ *Fantasy

Identifiers: *Parents In Law

Resolving Visitation and Custody Disputes

Weiss, Warren W.; Collada, Henry B.

Family Coordinator, 26, 4, 444-6 Oct 77-

Counseling processes utilized by the Santa Clara County Conciliation Court in resolving litigated visitation and custody disputes are described. The practical and salutary features of this court-oriented program are set forth. (Author)

Descriptors: *Counseling Services/ *Marital Instability/ *Court Role/ *Divorce/ *Conflict Resolution/ *Parent Child Relationship/ *Program Descriptions/ *Family Life

Identifiers: *Child Custody

EJ169247 CG513200

In My Opinion: The Role of Counseling in the Reform of Marriage and Divorce Procedures

Shipman, Gordon

Family Coordinator, 26, 4, 395-406 Oct 77

This article contains recommendations for the integration of knowledge and competence from the fields of family law, marriage counseling, judicial administration, and eugenics. The goal is to find ways to minimize marital trauma and thereby improve the quality of family life. (Author)

Descriptors: *Marriage/ *Divorce/ *Decision Making/ *Marriage Counseling/ *Interpersonal Relationship/ *Marital Instability/ *Court Litigation/ *Family Counseling/ *Personal Adjustment/ *Psychological Needs/ *Opinions

EJ165552 CG512854

Seminars for Separated/Divorced: An Educational Approach to Postdivorce Adjustment

Welch, Gary J.; Granvold, Donald K.

Journal of Sex and Marital Therapy, 3, 1, 31-38 Spr 77

This paper describes a seminar approach to postdivorce adjustment. Topical content areas covered in the seven-week seminars are discussed. The interaction of leader-guided problem solving and participant input is addressed along with a series of preliminary conclusions reached concerning the efficacy of this approach to treatment. (Author)

Descriptors: *Divorce/ *Marital Instability/ *Marriage Counseling/ *Adjustment (To Environment)/ *Interpersonal Problems/ *Seminars/ *Adult Learning/ *Self Concept/ *Problem Solving/ *Case Studies/ *Program Descriptions

23

24

EJ161988 CG512646

Client Satisfaction With Marital and Divorce Counseling

Brown, Prudence; Manela, Roger

Family Coordinator, 26, 3, 294-302 Jul 77

Data are presented concerning the experience of 429 men and women with a court-related marriage and divorce counseling service. Descriptions of how this agency is perceived by the clients as helpful or not helpful are examined as are the sociodemographic characteristics associated with client satisfaction. (Author)

Descriptors: *Marriage Counseling/ *Counseling Effectiveness / *Court Role/ *Marital Instability/ *Special Services/ Rating Scales/ State Of The Art Reviews/ Program Descriptions

Identifiers: *Client Satisfaction

EJ160193 CG512396

Coupling and Recoupling vs. The Challenge of Being Single

Edwards, Marie

Personnel and Guidance Journal, 55, 9, 542-545 May 77

If counselors can stretch themselves further to reach into the community to share knowledge with other institutions and can together set up programs to inspire greater self-esteem and self-respect, they might be able to significantly reduce the divorce rate by raising the status of singlehood. (Author)

Descriptors: *Counselor Role/ *Helping Relationship/ *Marital Instability/ *Marriage Counseling/ *Individual Needs/ *Self Concept/ Counseling Programs/ Program Descriptions

Identifiers: *Singlehood

EJ160192 CG512395

Counseling Divorced Women

Carter, Dianne K.

Personnel and Guidance Journal, 55, 9, 537-541 May 77

During divorce, women feel dependent and confused. Whether intended or not, the direction of a woman's growth (indeed, whether or not there is any) will reflect the counselor's belief in what is possible and appropriate for women. (Author)

Descriptors: *Females/ *Divorce/ *Helping Relationship/ *Counselor Role/ *Interaction Process Analysis/ *Group Counseling/ Marital Instability/ Program Descriptions/ Group Dynamics

EJ160191 CG512394

Children Facing Divorce: A Treatment Program

Magid, Kenneth M.

Personnel and Guidance Journal, 55, 9, 534-536 May 77

The children facing divorce program began last year and was built on the talents of an interdisciplinary staff. Included experts in client-centered counseling, sociometry and drama, Gestalt and TA, behavior modification, and

various eclectic approaches to family therapy. (Author)

Descriptors: *Children/ *Divorce/ *Family Problems/ *Parent Child Relationship/ *Therapeutic Environment/ *Helping Relationship/ Program Descriptions/ Models/ Counseling Programs/ Family Influence

Identifiers: *Children Facing Divorce Program

EJ160189 CG512392

Counseling for Constructive Divorce

Froiland, Donald J.; Hozman, Thomas L.

Personnel and Guidance Journal, 55, 9, 525-529 May 77

Loss through divorce, frequently involves a higher need for counseling than loss through death because the client frequently receives a devalued self-concept when an active choice is made to terminate the relationship. The model presented has proven to be effective in assisting clients to reevaluate self-worth in a constructive manner. (Author)

Descriptors: *Divorce/ *Marriage Counseling/ *Interpersonal Relationship/ *Self Concept/ *Communication Skills/ *Individual Needs/ State Of The Art Reviews/ Models/ Interaction Process Analysis/ Behavior Patterns

EJ156794 CG512131

Marriage Is a Family Affair

Sparr, Geraldine M.

Family Coordinator, 26, 2, 167-174 Apr 77

With the increasing divorce rate, new, alternative therapeutic approaches to marital therapy are necessary. Instead of looking at the marital relationship as a closed system, it should be treated from an intergenerational point of view. This involves working on the interlocking between horizontal and linear relationships in the nuclear family. (Author)

Descriptors: *Interpersonal Relationship/ *Marriage Counseling/ *Divorce/ *Interaction Process Analysis/ *Family Influence/ *Family Structure/ Marriage/ State Of The Art Reviews

EJ154822 CG512058

Children's Divorce Groups

Wilkinson, Gary S.; Bleck, Robert T.

Elementary School Guidance and Counseling, 11, 3, 205-212

Feb 77

Elementary school counselors can implement a specific strategy to meet the needs of the children of divorce by using many of the techniques already in use. The activities used in the Children's Divorce Groups are ones that have been skillfully developed by counselors familiar with the developmental model of counseling. (Author/PC)

Descriptors: *Elementary School Counseling/ *Family Problems / *Divorce/ *One Parent Family/ *Counselor Role/ Elementary Education/ Family Relationship/ Program Descriptions

EJ150297 EC090412

My Ex-wife and I Do Not Agree

Exceptional Parent, 6, 4, 15-21 Aug 76

Reported is the case of a learning disabled boy (12 years old) whose divorced parents were unable to agree as to whether he should be placed in a residential school. (IM)

Descriptors: *Learning Disabilities/ *Family Counseling/ *Student Placement/ Exceptional Child Education/ Junior High Schools/ Case Studies/ Parent Counseling

EJ147743 CG511244

Single-parent Fatherhood: An Emerging Family Life Style

Orthner, Dennis K.; And Others

Family Coordinator, 25, 4, 429-437 Oct 76

This paper examines the growing phenomenon of fathers being primary parents due to widowhood, divorce, separation, or adoption. Interviews with 20 single-parent fathers consider the successes and strains they experience in childrearing, in using compensatory services, and in their own adult life style. Recommendations are presented. (Author)

Descriptors: *Parent Child Relationship/ *One Parent Family/ *Family (Sociological Unit)/ *Fathers/ *Family Counseling/ *Life Style/ Males/ Parents/ State Of The Art Reviews

Identifiers: *Fatherhood

EJ147742 CG511243

Divorced Fathers

Hetherington, E. Mavis; And Others

Family Coordinator, 25, 4, 417-427 Oct 76

In this paper the results of a longitudinal study of the two years following divorce are presented. Divorced parents (N=48) and their preschool child and a matched group of 48 intact families were studied following divorce. The process of adjustment, coping and adjustment by fathers is examined.

Descriptors: *Family Relationship/ *Fathers/ *Marital Instability/ *One Parent Family/ *Family (Sociological Unit)/ Parents/ Males/ Marriage Counseling/ Family Counseling/ Research Projects/ Longitudinal Studies

Identifiers: *Fatherhood

EJ148065 CG511024

Perceptual Accuracy as a Variable in Marital Adjustment

Christensen, Larry; Wallace, Lee

Journal of Sex and Marital Therapy, 2, 2, 130-136 Sum 76

This study investigated the ability of maritally-adjusted couples (N=12), couples attaining a divorce (N=5), and couples in counseling (N=9) to predict rewarding effects of their behavior on their spouse. The maritally-adjusted group was always more accurate in their predictions, but significantly more accurate only for selected areas of interaction. (Author)

Descriptors: *Behavior Patterns/ *Marriage Counseling/ *Interpersonal Relationship/ *Adjustment Problems/ *Perception / *Interaction Process Analysis/ Research Projects/ Marital Instability

Identifiers: *Locke-Wallace Marital Adjustment Test

EJ144390 CG510924

Counseling "Single-Again" (Divorced and Widowed) Women

Aslin, Alice L.

Counseling Psychologist, 6, 2, 37-41 '76

Counselors intervening with divorced and widowed women should recognize the trauma associated with losing the wife role and the failure of traditional female socialization to prepare most women for more assertive, autonomous functioning. Counseling approaches and programs should prepare "single-again" women to replace stereotypic female behavior with coping behaviors. (Author)

Descriptors: *Psychotherapy/ *Counseling/ *Divorce/ *Females / *Marital Status/ *One Parent Family/ Sex Role/ Sex Stereotypes/ Widowed/ Housewives/ State Of The Art Reviews

EJ142716 CG510695

Families in Divorce: A Proposed Model for Counseling the Children

Hozman, Thomas L.; Froiland, Donald J.

Family Coordinator, 25, 3, 271-275 Jul 76

The authors present a model designed to facilitate counseling with preadolescent children whose parents are experiencing a divorce. The model, based on a standard loss model, is followed by techniques used in helping the child work through each phase of his feeling regarding the divorce. (Author)

Descriptors: *Divorce/ *Marital Instability/ *Family Counseling/ *Family Problems/ *Parent Child Relationship/ *Children/ *Counseling Effectiveness/ Models/ Counseling/ State of the Art Reviews/ Program Proposals

EJ139141 CG510331

Adjustment to Divorce Through Transactional Analysis

Morris, James D.; Prescott, Mary R.

Journal of Family Counseling, 4, 1, 66-69 Spr 76

Transactional Analysis in a group facilitates adjustment to divorce. Two case histories highlight the value of TA in conceptualizing the problem areas of each individual and the changes during group therapy. (Author)

Descriptors: *Divorce/ *Adjustment (To Environment)/ *Group Counseling/ *Counseling/ *Therapy/ Case Studies/ Adult Counseling

Identifiers: *Transactional Analysis/ TA

EJ139135 CG510325

Feeling Happy

Frank, Helen

Journal of Family Counseling, 4, 1, 23-27 Spr 76

"Feeling happy" focuses on the syndrome of self-indulgence, self-actualization or self-fulfillment as antagonistic to the survival of marital agreement. In spite of the obvious redeeming qualities of either spouse the unhappy partner opts for divorce. The article posits the familial advantages of responsibility and commitment and reviews the older virtues. (Author)

Descriptors: *Divorce/ *Marital Instability/ *Family Relationship/ *Interpersonal Relationship/ *Individual Needs/ Marriage Counseling/ State Of The Art Reviews/ Affection

EJ130682 CG509657

Divorce Adjustment Groups

Kessler, Sheila

Journal of Guidance, 54, 5, 251-255 Jan 76

working extensively with divorce adjustment groups. Author describes techniques and problems regarding

effective counseling of divorced people. (HMV)

Descriptors: *Adjustment (To Environment)/ *Emotional Adjustment/ *Adjustment Problems/ *Group Counseling/ *Counseling/ Group Therapy/ State Of The Art Reviews/ Personal Adjustment

Identifiers: *Divorce

EJ127439 CG509462

A Model for Couples. How Two Can Grow Together

Sherwood, John J.; Scherer, John J.

Small Group Behavior, 6, 1, 11-29 Feb 75

The authors present a model which follows the development of a male-female relationship through dating, marriage and divorce. They discuss the factors that cause friction between a husband and wife and offer procedures for coping with such friction. (SE)

Descriptors: *Family Problems/ *Marital Instability/ *Marriage Counseling/ *Interpersonal Relationship/ *Expectation/ Problem Solving/ Marriage/ Role Perception/ Models/ Dating (Social)

EJ122293 CG509021

An Interview with a Married Couple

Little, William

Counseling Psychologist, 5, 3, 39-55 75

Presents a counseling session with a couple who are considering divorce. Then, using critique and commentary at the end of the case study, attempts to get at some of the issues, theories and techniques of marriage counseling. (EJT)

Descriptors: *Counseling Effectiveness/ *Marriage Counseling/ *Interpersonal Relationship/ *Behavior Patterns/ *Communication (Thought Transfer)/ Crisis Therapy/ Case Studies/ Marital Instability/ Social Relations

EJ122230 CG508958

Helping Widows: Group Discussions as a Therapeutic Technique

Hiltz, S. Roxanne

Family Coordinator, 24, 3, 331-336 Jul 75

Focuses upon the problems and successes encountered at the Widows Consultation Center in the use of therapeutic discussion groups as a method of counseling widows and helping them to build a new life. (Author)

Descriptors: *Family Problems/ *Group Counseling/ *Self Concept/ *Death/ *Females/ Locus Of Control/ Individual Development/ Reactive Behavior/ Program Descriptions/ Mental Health Clinics

Identifiers: *Widows

EJ122229 CG508957

Transition Groups: An Approach to Dealing with Post-Partnership Anguish

Morris, James D.; Prescott, Mary R.

Family Coordinator, 24, 3, 325-330 Jul 75

Presents a description of the authors' experiences in a university counseling center with therapy groups for individuals who had undergone male-female partnership failure. The impact separation and divorce have on individuals, resulting adjustment stages, and corresponding group goals are highlighted. (Author)

Descriptors: *Marital Instability/ *Marriage Counseling/ *Counseling Effectiveness/ *Group Counseling/ *Adjustment Problems/ State Of The Art Reviews/ Case Studies/ Higher Education/ Family Problems/ College Students/ Interpersonal Relationship

EJ120570 CG508752

Crisis Events and School Mental Health Referral Patterns of Young Children

Felner, Robert D.; And Others

Journal of Consulting and Clinical Psychology, 43, 3, 305-310 Jun 75

Study investigated the impact of two types of potential crisis-producing experiences on the referral patterns of maladapting primary grade school children: parental separation and divorce and parental death. Association between specific crisis history and specific school maladjustment patterns is seen to have implications for early detection and preventive efforts. (Author)

Descriptors: *Behavior Patterns/ *Crisis Therapy/ *Problem Children/ *Adjustment Problems/ *Elementary School Counseling/ Research Projects/ Early Experience/ Children/ Death/ Family Life

EJ100724 CG507475

On the Question of Compulsory Marriage Counseling as a Part of Divorce Proceedings

Sonne, John C.

Family Coordinator, 23, 3, 303-305 Jul 74

Presented at a meeting of the Training Committee of the Family Institute of Philadelphia, November 28, 1973. This article is a response to the concern over high divorce rates. (EK)

Descriptors: *Marriage Counseling/ *Sex Role/ *Individual Differences/ *Interpersonal Relationship/ Behavior/ Therapy Identifiers: *Divorce

and Adolescent Parents

Cromwell, Ronald E.; Gangel, Joan L.

Family Coordinator, 23, 1, 61-66 Jan 74

Following a review of basic educational, social, and health constraints faced by single pregnant adolescents and adolescent parents, an urban community's action program directed to this group is described. The organizational structure of the action program is presented as a model for others to explore. (Author)

Descriptors: *Unwed Mothers/ *Parent Counseling/ *One Parent Family/ *Social Services/ *Community Involvement/ Social Problem/ Educational Problems/ Models/ Program Descriptions

EJ085715 CG506360

Women As Heads of Household

Welsh, Jane A.

Journal of the National Association of Women Deans and Counselors, 36, 4, 166-169 Sum 73

An investigation of the literature was made to define their unique needs and problems and to determine what counseling and educational services are available for them. The literature revealed less attention to the specific needs of women who are single parents than to the overall general needs of women. (Author)

Descriptors: *Heads of Households/ *Working Women/ *Females/ *Womens Education/ *Adult Counseling/ One Parent Family/ Fatherless Family/ Needs

EJ082084 CG505855

The One-Parent Family in Canada: Some Recent Findings and Recommendations

Schlesinger, Benjamin

Family Coordinator, 22, 3, 305-309 July 73

Approximately 8.9 percent of Canadian families can be classified as one-parent families. Two reports, published in 1971 review the problems of Canadian one-parent families, and make recommendations which will affect the lives of these families. The major findings and recommendations of the two studies are reported in this paper. (Author)

Descriptors: *Family Life/ *Family Problems/ *Family Characteristics/ *One Parent Family/ *Research/ Adult Counseling/ Marital Instability

EJ071005 CG505420

A Guide to Divorce Counseling

Fisher, Esther Oshiver

Family Coordinator, 22, 1, 55-61 Jan 73

This article delineates predivorce counseling, divorce counseling, and post-divorce counseling. The author suggests that the term "Marriage counselor" is too restricted and advances the term "marriage and divorce counselor" as a replacement. (Editor)

Descriptors: *Adjustment Counselors/ *Adult Counseling/ Behavior Change/ *Counselor Role/ Family (Sociological Unit)/ *Family Counseling/ Interpersonal Relationship/ *Marital Instability/ *Marriage Counseling/ Personal Growth

EJ071001 CG505416

Transient Structured Distance as a Maneuver in Marital Therapy

Greene, Bernard L.; And Others

Family Coordinator, 22, 1, 15-22 Jan 73

Experience with 73 cases has shown the value of Transient Structured Distance as a maneuver in marriage therapy. While the TSD is a radical form of intervention with risks of anxiety reactions, homosexual panic, or divorce, it has proved effective with difficult forms of acute or chronic marital disharmony. (Author)

Descriptors: Adult Counseling/ *Behavior Change/ *Crisis Therapy/ Evaluation Methods/ *Family Counseling/ *Intervention / *Marital Instability/ *Marriage Counseling/ Therapists/ Therapy

EJ048223 CG503858

Second Careers: War Wives and Widows

Cooperman, Irene G.

Vocational Guidance Quarterly, 20, 2, 103-111 Dec 71

The author concludes that what counselors need to guard against is the danger of lagging behind in their own attitudes toward sex roles in their understanding of male female differences and the great overlap that exists in most characteristics, and in their knowledge of changing job, educational, and employment requirements. (Author)

Descriptors: *Careers/ *Changing Attitudes/ Counselor Attitudes/ Females/ *Labor Force/ *Role Conflict/ Vocational Counseling/ *Working Women

EJ034187 CG502469

There Ought to Be a Law To Condone or Condemn Condonation

Robbins, Norman N.

Family Coordinator, 20, 1, 74-76 Jan '71

are four prominent common law defenses to a divorce. They are condonation, recrimination, collusion, and

connivance. The defense of condonation should be abolished because it obstructs reconciliation. (Author/BY)

Descriptors: *Counseling/ Court Litigation/ Family Life/ *Family Problems/ *Legal Problems/ *Legal Responsibility/ *Marital Instability

ED148429 JC780048

Women in Community and Junior Colleges. Report of a Study on Access to Occupational Education.

Ellason, Carol

American Association of Community and Junior Colleges, Washington, D.C. American Association of Women in Community and Junior Colleges.

77 69p.

Sponsoring Agency: Carnegie Corp. of New York, N.Y.

Available from: American Association of Community and Junior Colleges, One Dupont Circle, N. W., Washington, D. C. 20036 (\$5.00)

EDRS Price MF-\$0.83 Plus Postage. HC Not Available from EDRS.

The document summarizes findings of the Center for Women's Opportunities (CWO) study of female students enrolled in vocational/occupational programs at ten two-year colleges. Survey results indicate: (1) 60% of the students were under 21, single, full-time students; 40% were over 21, married or divorced, full- or part-time students; (2) 84.4% were white, 9.3% black, and 6.3% of other ethnic minorities; (3) 41% enrolled to prepare for immediate employment upon graduation, 25.6% enrolled to increase general knowledge, and 23% planned to transfer; (4) 56% were enrolled in traditional (75-100% female enrollment) programs, 16% in non-traditional (1-25% female enrollment) programs, and 28% in neutral programs; and (5) respondents appeared to have little exposure to vocational aptitude testing or counseling in either high school or college. Additional analyses of institutional related problems for the female student, model support programs and services, possible sex bias in financial aid programs, and the expansion of curricula are presented. Extensive appendices include the student survey questionnaire and interview outline, comparison questionnaire responses of male and female students, a listing of exemplary programs for women in two-year colleges, and a listing of additional funding sources. A lengthy bibliography completes the document. (LH)

Descriptors: Academic Aspiration/ *Access to Education/ Bibliographies/ Community Colleges/ Curriculum Development/ Females/ *Junior Colleges/ *Occupational Aspiration/ Questionnaires/ Sex Discrimination/ *Student Characteristics/ Student Personnel Services/ Vocational Counseling/ *Vocational Education/ *Womens Education

Identifiers: Nontraditional Occupations

ED145899 JC770518

An Evaluation of the Evening Programs at Everett Community College.

Thompson, James R.

Oct 77 85p.; Ed.D. Practicum, Nova University

EDRS Price MF-\$0.83 HC-\$4.67 Plus Postage.

A survey questionnaire was designed and distributed to students in 38 community college evening classes in order to determine student characteristics and evaluate student satisfaction. The sample of 463 students had the following characteristics: 56% were male; the average age was 28; 75% were taking only evening classes; 54% were married, 13% divorced, and 3% widowed; 10% had some disability; 41% were carrying 1 to 5 units; 32% had accumulated less than 15 credits, 48% had 16-90 credits, and 20% more than 90; 79% had attended more than one quarter; 67% were working full or part-time; and 74% were enrolled either to improve job skills or to complete a degree or certificate. Student evaluations of college services included a community service rating of satisfactory to excellent by 90%, 88% wanted more evening class offerings, 25% were unaware of financial aid, 65% had never seen a counselor, and 52% reported they would use counseling services if available at night. The services of the library, bookstore, and coffee shop were judged adequate by over 60%, but the majority were unaware and/or wanted increased access to skills laboratories, women's and minority programs, college clubs, volunteer programs, and student activities programs. The questionnaire, survey instructions, classes included in the sample, and item response analyses are appended. (RT)

Descriptors: *Adult Students/ Ancillary Services/ Curricular Activities/ Community Colleges/ Evening Counseling Programs/ Evening Programs/ *Evening Students/ *Junior Colleges/ Library Services/ Part Time Students/ *Program Evaluation/ Questionnaires/ *Student Characteristics/ Student Financial Aid/ *Student Personnel Services

Identifiers: Everett Community College WA

ED141728 CG011575

Marriage, Divorce, and Society: A Report on a Symposium on Personal Adjustment to Transitions in Marital Status. Final Report.

Roberts, Wesley K.; Hart, Betty K.

1 Mar 75 15p.

Report No.: NEH-74-COL-047

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

The Columbus (Georgia) College Community Services Program conducted a symposium on the interrelationships of marriage, divorce and society. Six sessions were designed to facilitate interaction among symposium participants from community members, academic humanists and professional counselors. The sessions were to consider the implications of marital changes on individual personality, family structure, and society-at-large. Although results were difficult to quantify,

pre- and post-symposium questionnaires revealed changes in the following areas: (1) financial disadvantages of divorced women; (2) adjustment to loneliness after divorce; (3) laws governing the disposition of minor children; (4) emotional adjustment of children of divorced parents; (5) the value of trial separation; and (6) the value of premarital counseling. It was felt that the symposium accomplished its objectives. (Author/BP)

Descriptors: Changing Attitudes/ College Programs/ Community Programs/ *Divorce/ Emotional Adjustment/ *Females/ Financial Problems/ *Marital Instability/ Marriage Counseling/ *Personal Adjustment/ Questionnaires/ Social Influences/ Symposia

ED141654 CG011468

Divorce and Divorce Reform. Task Force Report.

National Council on Family Relations, Minneapolis, Minn.

Oct 73 77p.; Due to copyright, cartoons on pages 5, 13, and 18 have been removed.

EDRS Price MF-\$0.83 HC-\$4.67 Plus Postage.

The Task Force on Divorce and Divorce Reform was established by the Family Action Section of the National Council on Family Relations in the Fall of 1971. Its purpose was to study divorce in relation to the family, and draft a report which would constitute the basis for action by the NCFR and its members. Since several aspects of divorce were to be studied, the Task Force was divided into five subcommittees: Legal; Counseling and Education; Financial; Research; and Media. This report is organized into four parts. Part One presents an overview of the various aspects of divorce and discusses current trends. Part Two consists of the Subcommittee Reports and Recommendations. Part Three lists the future plans of the Task Force. Part Four is an appendix. It contains a bibliography, and lists various organizations and services related to divorce. (Author)

Descriptors: Crisis Therapy/ *Divorce/ Family Life/ *Family Problems/ Family Relationship/ *Heads of Households/ *Marital Instability/ Marriage Counseling/ *One Parent Family/ Research Projects

ED138711 CE009876

A Bill to Amend Title 38, United States Code, to Provide Counseling for Certain Veterans; . . . and Utilization of Veterans Readjustment Assistance Programs. H.R. 2231. 95th Congress, 1st Session.

Congress of the U.S., Washington, D.C.

77, 68p.

EDRS Price MF-\$0.83 HC-\$3.50 Plus Postage.

This U.S. House of Representatives bill (H.R. 2231), to be cited, if enacted, as the Comprehensive Veterans Readjustment Assistance Act of 1977, would amend title 38, United States Code, to provide counseling for certain veterans; to permit acceleration of monthly educational assistance payments to eligible veterans and dependents; to revise the criteria for nonaccredited courses; to provide alternative financial and educational assistance to peacetime post-Korean veterans affected by the expiration of their delimiting period; to provide for conditional extension of the delimiting period for certain Vietnam era veterans; to provide for the development of additional educational, employment, and readjustment assistance programs for veterans; to provide for the correction and preclusion of, and protection against, abuses and misuse of veterans' benefits; and to otherwise enhance and improve the effectiveness, integrity, and utilization of veterans readjustment assistance programs. There are six titles included: Title I, Educational Assistance Program Amendments; title II, War Orphans' and Widows' Educational Assistance Program Amendments; title III, Administration of Educational Benefits; title IV, Miscellaneous Veterans Program Amendments; title V, Employment and Training of Disabled and Vietnam-Era Veterans; and title VI, Veterans' Administration: Miscellaneous Amendments. (WL)

Descriptors: *Educational Legislation/ Employment Programs/ *Federal Legislation/ Physically Handicapped/ Program Administration/ *Student Financial Aid/ Veterans/ *Veterans Education/ Vocational Counseling

Identifiers: United States

ED136158 CG011199

Changes in Self-Image of Divorced Women Taking Single Again Course. Preliminary Draft.

Lyman, Howard B.

4 Sep 76. 10p.; Paper presented at the Annual Convention of the American Psychological Association (84th, Washington, D.C., September 3-7, 1976)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

Over the past five years the author has taught approximately 1000 students in experientially-oriented courses on the divorced and the widowed; of these 1000, about 300 were divorced women. Many of these divorcees (but not all, by any means) have shown considerable change in self image from the to the end of the course. These changes are illustrated alpha and beta syndromes (or, simply, the cases of Anne and Betty). (Author)

Descriptors: Case Studies/ College Credits/ *Divorce/ Family Attitudes/ *Females/ *Humanistic Education/ Identification (Psychological)/ *Marriage Counseling/ Program Descriptions/ *Self Concept/ Self Esteem/ *Social Attitudes

ED131371 CG010919

Divorce Counseling.

Kessler, Sheila

Apr 76. 20p.; Paper presented at the Annual Meeting of the American Personnel and Guidance Association (Chicago, Illinois, April 11-14, 1976)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage.

The focus of this workshop will be on a model for conducting Divorce Adjustment Groups. Included in the model will be the purpose of the group, the goals, the selection of the members, the size and frequency and duration of the group meetings, and most importantly, the techniques used in working through the issues and dynamics of divorce. Methods of presentation will be lecture, discussion and demonstration. The model for Divorce Adjustment groups has evolved into its present form after four years of specializing in divorce counseling. Specific exercises are used to help persons gain self mastery over the dissolution process. Particular items addressed are: (1) working with children during divorce; (2) relating to friends who might feel awkward; (3) relating to the former spouse during the divorce process; (4) rules for equitable settlement of divorce issues such as child custody, property settlement etc.; (5) handling the possible anger, frustration and ambiguity of divorce; (6) setting new goals; (7) initiating new friendships; and (8) regaining emotional autonomy. The central purposes of these Divorce Adjustment Groups is to provide group support in a limbo period, provide a place to drain excess emotionality, as well as to learn skills for a healthy divorce process. (Author)

Descriptors: *Adjustment Problems/ *Divorce/ *Family Counseling/ *Groups/ *Group Therapy/ Guides/ Models/ Peer Relationship/ Speeches/ Workshops

ED127521 95 CG010749

Women at Work: A Counselor's Sourcebook.

Farmer, Helen S.; Backer, Thomas E.

Human Interaction Research Inst., Los Angeles, Calif.

Feb 75 377p.; For related documents, see CG 010 747-750 ;

Some pages may reproduce poorly due to print quality of original

Sponsoring Agency: National Inst. of Education (DHEW), Washington, D.C.

Contract No.: NIE-C-74-0100

EDRS Price MF-\$0.83 HC-\$20.75 Plus Postage.

This book is designed to complement current literature dealing with the vocational counseling of women. The purpose of the book is to provide counselors with timely information regarding: (1) career opportunities for women in fields traditionally dominated by men; (2) legal rights of women in the world of work; (3) counseling strategies and techniques, particularly as related to the woman's role of homemaker/worker; and (4) current social science research on working women. Particular attention has been given to certain subgroups of women including reentry women, black women, widows, and divorcees. A secondary purpose of the book is to provide suggestions for sex-free counseling procedures such as identification of personal bias, use of occupational information to increase career options open to women, techniques of stereotypic attitude change, and teaching decision-making and problem-solving skills. Included are a list of references, appendices, subtopic titles, and charts and tables. (HLM)

Descriptors: Adult Education/ Annotated Bibliographies/ *Counselor Training/ *Discriminatory Legislation/ *Employment Opportunities/ Females/ Labor Market/ *Occupational Guidance/ Reference Materials/ Sex Differences/ *Vocational Counseling/ *Working Women

ED122174 CG010505

A Problem Solving Training Package for the Single Family.

Blechman, Elaine A.

75 34p.; Paper presented at the Annual Meeting of the American Psychological Association (83rd, Chicago, Illinois, August 30 - September 2, 1975)

Sponsoring Agency: National Inst. of Mental Health (DHEW), Bethesda, Md.

Grant No.: NIMH-R01-MH-25666

Available from: Elaine A. Blechman, Ph.D., Department of Psychiatry, Yale University School of Medicine, 904 Howard Avenue, Ste. 6A, New Haven, Connecticut 06519

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage.

An analysis of the threats to effective single parent leadership gave rise to a problem-solving training package for the single-parent family. This package was designed to meet the clinical intervention needs of single-parent families with adolescent and adolescent children. Highly structured during and professional supervision permit carefully

selected and trained nonprofessionals to provide and evaluate these services to single-parent families with diverse presenting problems. Problem-solving training has two broad goals: (1) Alleviate the family's presenting problems by teaching family members to write and successfully implement contingency contracts; (2) Insure that after training succeeds, and contact with the trainer has faded, family members will conduct weekly family management sessions during which they exercise the problem-solving skills during training. Part I of this paper presents basic assumptions about the intervention needs of single-parent families, and describes how problem-solving training fits these needs. Part II presents the component objectives and steps in training, and describes procedures for evaluation and for fading client-trainer contact. Part III presents the training procedures as they might be gradually presented to a family (or a novice trainer), addressing frequently asked questions. (Author)

Descriptors: Adolescents/ *Behavior Change/ Family Problems/ Guides/ *Intervention/ Models/ *One Parent Family/ *Paraprofessional Personnel/ Parent Child Relationship/ Parent Counseling/ Parent Participation/ *Problem Solving/ Training

ED121412 PS008318

Family Developmental Center: A Demonstration Project. Final Report.

Lewis, Judith; And Others

San Francisco Family Service Agency, Calif. Family Developmental Center.

Jun 75 148p.; For related documents, see PS 008 320-322

Sponsoring Agency: Office of Child Development (DHEW), Washington, D.C.

Report No.: OCD-CB-17

EDRS Price MF-\$0.83 HC-\$7.35 Plus Postage

The Family Developmental Center is a program of infant day care which during its four years of operation, has provided supportive and educational services for 82 adolescent mothers and their infants in San Francisco. This report describes the organization and development of the nursery facility, with its individualized infant stimulation programs; the weekly involvement of the mothers in the center (including care of their own and other children); parent counseling and parent group meetings; and other supportive services. Mothers accepted in the program had to agree to complete high school or a vocational program. A longitudinal study was conducted with 24 babies from infancy through 24 months of age. Infants in the center appeared to be functioning within the normal range or better in a number of areas of basic developmental importance. Psychological test data on parents indicated that the adolescent mothers had somewhat below average scores on intelligence, but felt competent and capable in their maternal role. Female teachers in the center were found to be confident, dominant, and spontaneous, male teachers more empathetic and affiliative. (GO)

Descriptors: Adolescents/ *Child Care Centers/ *Infants/ Longitudinal Studies/ Lower Class Parents/ One Parent Family/ Parent Child Relationship/ *Parent Counseling/ *Parenthood Education/ *Parent Participation/ Program Evaluation/ Questionnaires/ Sex Differences/ Teacher Characteristics/ Teacher Evaluation/ Unwed Mothers

ED119095 CG010404

Divorce Bibliography. Partially Annotated.

Kessler, Sheila, Comp.

Nov 75 27p.; Materials from a workshop on "Divorce" given at Georgia State University (Atlanta, Georgia, October 18, 1975); Some parts of text may be of marginal legibility due to print quality of original

EDRS Price MF-\$0.83 HC-\$2.06 Plus Postage

Included are two comprehensive bibliographies for the marriage and divorce counselor. The one on more recent books on the subject of divorce has been annotated by the author, while the list on assorted materials contains only citations. (HMV)

Descriptors: Annotated Bibliographies/ *Bibliographies/ *Family Problems/ Interpersonal Relationship/ *Instability/ *Marriage Counseling/ *Resource

Materials

ED118813 CE006346

Intermittent and Flexible Work Schedules and Welfare Mothers' Employment. Phase 2.

Franklin, David S.

University of Southern California, Los Angeles. Regional Research Inst. in Social Welfare.

Oct 75 126p.

Sponsoring Agency: Department of Labor, Washington, D.C.

Report No.: DLMA-51-06-73-07

EDRS Price MF-\$0.83 HC-\$7.35 Plus Postage

The project worked closely and supportively with California welfare mothers, helping them find suitable employment which meshed with their parenting functions, to demonstrate and test the impact of flexible work schedules and to determine whether business and industry could provide flexibly scheduled work (part-time, temporary, or intermittent). Activities undertaken included: job finding and job development; career counseling; providing job, training, housing, child care, and other information; and operating group support workshops. The report makes it very clear that: (1) during a recession, when well-qualified applicants abound, private industry will not consider structuring its work force to welfare mothers' needs, without obvious benefits; and (2) reducing the number of dependent families on the welfare rolls is not a realistic objective even with permanent employment on a part-time basis, unless on-the-job training increases mothers' hourly rate. Then the amount of welfare contributed toward support could be reduced. The case against intermittent jobs was strong. Many women who successfully obtained a job through the project required carefully structured and consistent help. If welfare policy states that self-support is a goal, clients' efforts require support; viewing their needs and readiness broadly is more effective than job placement alone. (Author/AJ)

Descriptors: Agency Role/ Counseling Programs/ *Demonstration Projects/ Employer Attitudes/ Employment Problems/ *Employment Programs/ Females/ Heads of Households/ Interagency Coordination/ Job Development/ Job Placement/ One Parent Family/ *Part Time Jobs/ Social Science Research/ Social Welfare/ Welfare Problems/ *Welfare Recipients/ Working Hours/ *Working Parents/ Working Women

Identifiers: California/ More Tests of the Impact of Flexible Schedules

ED117630 CG010336

Counseling the No-Longer Married Woman.

Anderson, Margaret A.

Apr 75 6p.; Paper presented at the Annual Meeting of the National Association for Women Deans, Administrators, and Counselors (59th, Philadelphia, Pennsylvania, April 2-5, 1975)

EDRS Price MF-\$0.83 HC-\$1.67 Plus Postage

Throughout continuing higher education there has been a surge of concern for the returning student (housewife), but the returning student (divorcee) is usually left without needed supportive services to nurture her return to the mainstream. The newly-single female is a crisis-strengthened and weakened mutation, unable to return to her former self and needing help in shaping her new identity. Many see college education as the process through which to gain renewal. To counsel creatively it is necessary to recognize that the divorcee is in a unique position to barter past limitations for new goals. (Author)

Descriptors: Adult Students/ College Attendance/ Counseling Services/ *Counselor Functions/ *Divorce/ *Females/ Higher Education/ *Marital Instability/ *Single Students/ Special Services/ Speeches

ED112278 CG010051

Divorce Adjustment Groups.

Kessler, Sheila

75 16p.; Paper presented at the Annual Meeting of the California Personnel and Guidance Association (Los Angeles, California, February 15-17, 1975)

EDRS Price MF-\$0.76 HC-\$1.58 Plus Postage

Although divorce is pervasive on the societal level, it can be an exceedingly difficult time of adjustment on an individual level. One therapeutic method for facilitating "growth" in divorce is a group experience entitled "Divorce Adjustment Groups." The goals of this group are to: (1) help individuals regain emotional autonomy; (2) mitigate the debilitating aspects of divorce; (3) have a place to safely discharge some of the emotionality of divorce; (4) develop a broader concept of divorce; (5) meet new friends in a meaningful way; and (6) learn coping mechanisms that transfer into dealing with other losses. This paper also discusses the need for, the unique dimensions of, and the process of conducting the group. (RWP)

Descriptors: *Adjustment Problems/ Counseling Goals/ *Emotional Adjustment/ *Group Counseling/ *Personal Adjustment / Program Descriptions/ *Social Adjustment/ Workshops

Identifiers: *Divorce

ED103573 CE003084P

Impact of Group Counseling on Self and Other Acceptance and
Stance with Rural Disadvantaged Student Families.
Counseling Services Report No. 15.

Schwager, Herbert A.; Conrad, Rowan W.
Mountain-Plains Education and Economic Development Program,
Inc., Glasgow AFB, Mont.

Jun 74 17p.; For other documents describing aspects of the
Mountain-Plains Program, see CE 003 082-091

Report No.: IR-4-IV-032

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

The current study examined the effectiveness of a theme-centered developmental group model focusing on communications and on the differential effects of two group settings for counseling delivery. The subjects were 32 young, disadvantaged adults, consisting of 15 married couples and two divorced females, who were randomly assigned to spouse together and spouse apart treatment options focusing on the Minnesota Couples Communication Program (MCCP). The success criteria were improved self and other acceptance as measured by the Berger Self Acceptance Scale. Both settings showed significant improvement on each acceptance variable with no significant difference observed between treatment settings, leading to the conclusion that the MCCP is an effective vehicle for improving self and other acceptance in the population in both spouse together and spouse apart treatment settings. (Author/SA)

Descriptors: *Disadvantaged Groups/ Group Counseling/ *Peer Acceptance/ *Self Concept Tests/ *Self-Esteem/ Test Results

Identifiers: Berger Self Acceptance Scale/ BSAS/ MCCP/ Minnesota Couples Communication Program/ Mountain Plains Program

ED103114 PS007740

Divorce: Some Effects on and Teaching Strategies for Young Children.

Silvern, Steven B.; Yawkey, Thomas D.

Wisconsin Univ., Madison, Div. of Early Childhood Education.
74 19p.

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

The emotional and social effects of divorce on a child's personality and development are discussed. The characteristic psychological reactions of the child are described in terms of guilt, rejection failure, resentment, anxiety, self concept, self pity, and hostility. Suggestions are given for the parent and teacher to help children adjust to the divorce situation in a sound and healthy way. The necessity for adult preparation and emotional support of the child is emphasized. Guidelines that are important in explaining divorce to the child are outlined, along with several possible responses a child may feel when false explanations of parent absence are given. Individual case studies illustrate how children can be helped and counseled during and following divorce situations. The manner in which the child is prepared, counseled, and worked with during the divorce situation is a determining factor in a child's adjustment. (CS)

Descriptors: Affective Behavior/ Child Psychology/ Crisis Therapy/ *Early Childhood/ *Emotional Adjustment/ Family Counseling/ Guidelines/ *Marital Instability/ One Parent Family/ *Parent Child Relationship/ Reactive Behavior/ Self Esteem/ Sex Role/ Social Adjustment/ *Teacher Role

Identifiers: *Divorce

ED095453 CG009092

Helping Mothers in Denmark: Over Two Centuries of Experience.
Wagner, Mary M.; Wagner, Marsden G.

74 32p.

EDRS Price MF-\$0.76 HC-\$1.95 PLUS POSTAGE

In Denmark a large and complex group of social, legal, educational, health, and financial services are available to all women who are pregnant and/or have children under 2 years of age. These services are the subject of two joint reports. The first report describes the history, organization, and administration of the program and the services for pregnant women. Through the nationally organized Mothers Help centers, almost half of all women in Denmark come into contact with and receive help from the centers during their pregnancies. Services provided include maternity allowances, counseling services, educational programs, and abortion counseling. Special services are provided for single parents in the form of: (1) legal aid in connection with affiliation proceedings against the child's father; (2) extensive counseling on whether or not to interrupt the pregnancy; and (3) special maternity homes for single pregnant women. A second report

describes services for women with children under 2 years of age and concludes with an analysis of the problems and future program. In brief, services offered mothers with

children under age 2 include: (1) family planning services; (2) domestic assistance; (3) housing, financial assistance, and educational programs for single mothers; and (4) children's allowances. The authors describes some implications of these extensive health services for the United States in terms of providing for the health and well-being of pregnant women--particularly young, unwed women. (Author/PC)

Descriptors: Child Development/ *Child Rearing/ *Counseling Services/ Family Planning/ *Foreign Countries/ *Health Services/ One Parent Family/ *Pregnancy/ Program Descriptions

ED092832 CG008984

Facilitating Transition Groups on the College Campus.

Morris, James D.; Prescott, Mary R.

74 12p.; Presented at the Annual Convention of the American Personnel and Guidance Association (New Orleans, Louisiana, April 1974)

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

This article presents a description of the authors' experiences in a university counseling center with therapy groups for individuals who had undergone male-female partnership failure. The impact separation and divorce have on individuals, resulting adjustment stages, and corresponding group goals are highlighted. Common concerns and feelings expressed by divorced individuals are related to changes in their perspectives and behaviors. The intent of the article is to illustrate the value of group therapy in the amelioration of divorce-related problems. (Author)

Descriptors: *Behavior Change/ College Students/ *Counselor Functions/ Emotional Adjustment/ *Group Therapy/ *Marital Status/ *Marriage Counseling/ Role Conflict/ Speeches

Identifiers: *Divorce

ED092805 CE001566

Concepts of the Women's Re-Entry Educational Program. Continuing Education Programs for Women: Educational Growth and Personal Development, De Anza Community College.

Cossey, Beatrice

De Anza Coll., Cupertino, Calif.

20p.; Paper presented at the Pacific Sociological Association (45th)

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

The Women's Re-Entry Education Program (WREP) at De Anza Community College is an attempt to give women who are educationally deprived the opportunity to gain skills that will enable them to function in, and contribute to, the economic mainstream of America. The primary objectives of WREP are to help students: (1) believe in their ability to gain self-confidence and competencies for acquiring saleable skills, (2) gain parent-child growth and development skills, and (3) conceive self and others as co-builders of their communities. Students accepted into this program come from low income families, minority backgrounds, women heads of households, middle income families with no high school diploma, and middle income families with previous college experience. To attain these objectives it was necessary to provide counseling, special orientation classes, peer counseling, tutoring, a faculty who related to and respected the student and a Child Development Center. A course outline is also included. (BP)

Descriptors: *Adult Education/ Child Development Centers/ Counseling/ *Educational Disadvantage/ *Educational Experience/ Junior Colleges/ Low Income/ Minority Groups/ Motivation/ One Parent Family/ Participant Characteristics/ Student Interests/ *Working Women

Identifiers: *California

ED079594 AC014538

Instructor Guide for Federal Income Tax Implications of Civil Service Retirement. A Unit for Federal Employee Pre-retirement Counseling Seminar.

Civil Service Commission, Washington, D.C. Bureau of Training; Internal Revenue Service (Dept. of Treasury), Washington, D.C.

May 72 14p.

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

Designed to cover the general information essential to all annuitants regarding the Federal Income Tax implications of Civil Service retirement, this guide is for the use of the Civil Service Commission in training agency retirement counselors and as an instructor's guide or instructor's reference by retirement counselors in conducting pre-retirement counseling seminars. The guide uses lecture, handouts, and group discussion, as well as visual aids. The contents of the guide are: Introduction (seminar objectives, and statements Civil Service provides retirees regarding al income tax, information and services a retiree can

expect from IRS, and other professional tax services available); The Taxability of Annuities and Payments to Civil Service Retirees (the taxability of an immediate annuity, a disability annuity, of sick leave pending retirement, and of lump-sum payments received at retirement); The Taxability of Annuities and Payments to Survivors of Civil Service Retirees (the taxability of survivor annuity, the income tax status of lump-sum payments made at death of retiree, the filing requirements of the final tax return for deceased annuitants, the requirements to be met for widow/widower filing a joint return for two years beyond year of spouse's death); Special Federal Income Tax Considerations upon Reaching Age 65 or Retirement; Retirement Income Credit (who may or may not receive credit, what retirement income is, how to compute the credit); Declaration of Estimated Tax; and Review and Evaluation. (DB)

Descriptors: Adult Counseling/ *Counseling Programs/ Counselor Training/ *Federal Programs/ *Government Employees/ *Retirement/ Seminars/ Taxes/ *Teaching Guides.

ED076893 CG006938

Developmental Tasks of Widowhood for the Aging Woman. Van Coevering, Virginia

5 Sep 71 15p.; Paper presented at the American Psychological Association convention (Washington, D.C., September 3-7, 1971)

EDRS Price MF-\$0.76 HC-\$1.58 PLUS POSTAGE

The paper examines that phenomenon of widowhood, which has become a natural attribute of a woman's old age because of her greater life expectancy when compared with her husband. Researchers have discovered that, although problems of widowhood have attracted little serious inquiry, one of every five women who face conjugal bereavement need outside help to return to a state of physical and mental well-being. New patterns of health care for this ever-increasing number of women include "widow-to-widow programs" wherein trained widow aides give direct help to the recently bereaved, voluntary organizations sponsored by religious orders, and widow consultation services provided by private and government agencies. The author feels that further scientific inquiry is needed to identify those variables associated with high morale and those which correlate with low life satisfaction following bereavement. References are included. (Author/SES)

Descriptors: Counseling/ Counseling Services/ Death/ *Females/ *Geriatrics/ Human Relations/ Interpersonal Relationship/ *Mental Health/ *Mental Health Programs/ *Older Adults/ Research Reviews (Publications)/ Senior Citizens/ Sex (Characteristics)

Identifiers: Widows

ED069939 AC012672

The One-Parent Family: Report of an Inquiry on One-Parent Families in Canada.

Thomson, Lillian

Canadian Council on Social Development, Ottawa (Ontario).

Oct 71 173p.

Sponsoring Agency: Canadian Dept. of National Health and Welfare, Ottawa (Ontario).

EDRS Price MF-\$0.76 HC-\$8.24 PLUS POSTAGE

To ascertain how one-parent families see their problems and how the community and government help them find solutions, interviews were held with 113 heads of one-parent families in Nova Scotia, Quebec, Ontario, and Vancouver, and 44 consultations were held with representatives of departments and organizations that serve one-parent families. Discussions are presented of the data obtained, under the following subject headings: The Parents; The Children; Some Special People; and Community Services for the One-Parent Family (Public Welfare, Training and Education, Housing, Family Courts and Legal Aid, Day Care of Children, Health Services, Big Brothers/Big Sisters, Churches, Summer Camps, Counseling Services, Family Life Education, Homemaker Services, Some New Forms of Organization, and Organizations of Sole Parents). The 47 recommendations resulting from the study are listed under the following headings: Income; Employment and Social Assistance; Training and Education for Parents; Legal Procedures Affecting Children: Custody and Access; Family Court; Housing; Day Care; Homemaker Services; Big Brothers and Big Sisters Associations; Family Life Education; Holiday Services; Health; The Network of Services; Help to Newly Separated Parents; New Forms of Community Services; and Central Organization of Sole Parents. Appendixes provide: Statistical Data; Interview Guide for Heads of One-Parent Families; Interview Guide for Agencies; Memorandum to public health nurses, social workers, and others; Questionnaire for One-Parent organizations; and References. (DB)

Descriptors: Adult Counseling/ Bibliographic Citations/ *Community Services/ Data Analysis/ Data Collection/ Day Care Services/ Family Life Education/ Guides/ Interviews/ Low Income Groups/ *One Parent Family/ Parent Associations/ *Parent Attitudes/ Parent Child Relationship/ *Participant Characteristics/ Questionnaires/ Research/ *Social Problems/ Technical Reports

Identifiers: *Canada

ED037504 UD009712

Youth Adjustment Programs in the Kansas City Schools.

Herdler, Joseph A.

Kansas City School District, Mo.

Jun 68 202p.

EDRS Price MF-\$0.76 HC-\$10.78 PLUS POSTAGE

This report evaluates nine projects geared toward critically disadvantaged youth with low employment potential, who are having or are likely to have difficulties

with school work. The programs are: the Neighborhood Youth Corps, designed to provide paid work experience for young men and women, ages 16 to 21; the Rotary Sponsor Project, which provides companions for fatherless adolescent boys; the Storefront Schools, for children who cannot function in a classroom; Basic Education Student Training Program, to help girls develop skills and attitudes helpful to them vocationally; Manpower Training Program; the Missouri Cooperative Work Program for the Mentally and Physically Handicapped; the Central Placement Service, to help school district personnel find jobs for students; the Work-Study Program; and, the Rotary-Board of Education Double E Program (Education, Employment), for high school dropouts. (KG)

Descriptors: *Disadvantaged Youth/ *Dropouts/ Economic Disadvantage/ Fatherless Family/ *Low Achievers/ Mentally Handicapped/ One Parent Family/ Physically Handicapped/ Vocational Counseling/ *Vocational Education/ *Work Study Programs

Identifiers: Basic Education Student Training Program/ Kansas City/ Missouri/ Missouri Cooperative Work Program/ Neighborhood Youth Corps/ Project Rotary Sponsor/ Rotary Board Of Education Double E Program/ Work Study Program

ED032493# AC005394

Focus on the Family.

Hardy, James M.

66 146p.

Available from: National Board of Young Men's Christian Associations, Association Press, 291 Broadway, New York, N.Y. 10007 (\$3.50)

Document Not Available from EDRS.

This research attempts to evaluate the YMCA's program in terms of its effect upon the family members it serves. The study was designed to: (1) classify, by descriptive types, the various kinds of YMCA operations which serve the family, identifying their characteristic differences; (2) examine and describe operating practices of family YMCAs regarding membership, finance, organizational structure, leadership, and program emphasis; (3) evaluate program effectiveness in family YMCAs in relationship to a theoretical framework for program analysis. The report contains implications and challenges for upgrading work with families, illustrated with actual reports of programs underway, such as "Building your Marriage" courses, "Co-op Nurseries," "Lads without Dads" clubs, "Parents without Partners" programs, series on "Sex Education for Parents and Youngsters," "Parent Teen Communication" and others. (author/se)

Descriptors: Family Counseling/ *Family Programs/ One Parent Family/ Parent Education/ *Program Descriptions/ *Program Evaluation/ *Religious Organizations/ Sex Education/ Youth Clubs

Identifiers: *Young Men's Christian Association

ED020358 VT004690

AMERICAN WOMEN.

President's Commission on the Status of Women, Washington, D.C.

63 96P.

EDRS PRICE MF-\$0.76 HC NOT AVAILABLE FROM EDRS. PLUS POSTAGE FINDINGS AND RECOMMENDATIONS OF THE COMMISSION AND SEVEN COMMITTEES WHO ASSESSED THE STATUS OF WOMEN ARE REPORTED. THE COMMITTEES MADE RECOMMENDATIONS IN THE AREAS--WOMEN'S EDUCATION AND COUNSELING, HOME AND COMMUNITY SERVICES, PRIVATE EMPLOYMENT (THAT UNDER FEDERAL CONTRACTS), EMPLOYMENT IN THE FEDERAL GOVERNMENT, LABOR STANDARDS, FEDERAL SOCIAL INSURANCE AND TAXES AS THEY AFFECT WOMEN, THE LEGAL TREATMENT OF WOMEN IN RESPECT TO CIVIL AND POLITICAL RIGHTS, AND WOMEN AS CITIZENS. SOME RECOMMENDATIONS WERE--(1) GREATER PUBLIC UNDERSTANDING OF THE VALUE OF CONTINUING EDUCATION FOR ALL MATURE AMERICANS SHOULD HAVE THE HIGHEST PRIORITY ON THE AMERICAN AGENDA, AND IT IS OF PARTICULAR IMPORTANCE TO WOMEN, (2) COUNSELING SERVICES SHOULD BE STRENGTHENED AT ALL LEVELS IN ALL SCHOOLS AND IN PUBLIC AND PRIVATE EMPLOYMENT, (3) EDUCATION OF GIRLS AND WOMEN SHOULD BE THOROUGHLY EXAMINED TO DISCOVER MORE EFFECTIVE APPROACHES, (4) EXPANDED COMMUNITY SERVICES SUCH AS CHILD CARE, HEALTH, EDUCATION, SAFETY, RECREATION, AND COUNSELING SHOULD BE PROVIDED TO MAINTAIN THE FAMILY AS THE CORE INSTITUTION OF SOCIETY, (5) GOVERNMENT SERVICE AS A SHOWCASE FOR EQUAL EMPLOYMENT OPPORTUNITY SHOULD EMPLOY WOMEN PART-TIME AND SHOULD PROVIDE LEADERSHIP IN EQUAL RIGHTS FOR WOMEN, (6) LABOR LEGISLATION SHOULD BE ENACTED TO ASSURE WOMEN EQUAL PAY, MINIMUM WAGES, LIMITED MAXIMUM HOURS, AND THE RIGHT TO COLLECTIVE BARGAINING, AND (7) WIDOW BENEFITS, UNEMPLOYMENT COVERAGE, AND MATERNITY OR COMPARABLE INSURANCE BENEFITS SHOULD BE EXTENDED. THE CONCLUDING SECTION PRESENTS 20TH CENTURY DEVELOPMENTS RELATED TO WOMEN SUCH AS INCREASED LONGEVITY, IMPROVED HEALTH, URBANIZATION, HIGHER STANDARDS OF LIVING, MULTIPLE ROLES OF CONTEMPORARY WOMEN, AND GREATER NUMBERS OF WORKING WOMEN, WHICH ARE PERTINENT TO THE COMMISSION'S RECOMMENDATIONS. THIS DOCUMENT IS AVAILABLE AS PR35.8--W84/AM3 FOR \$1.25 FROM SUPERINTENDENT OF DOCUMENTS, U.S. GOVERNMENT PRINTING OFFICE, WASHINGTON, D.C. 20402. (FP)

Descriptors: *Employment Experience/ *Family Life/ Fringe Benefits/ Labor Legislation/ Labor Standards/ Status/ *Vocational Counseling/ *Womens Education/ *Working Women

ED012055 CG000042

THE ADULT YEARS.

NEUGARTEN, BERNICE L.

Center for the Study of Liberal Education for Adults, Brookline, Mass.; New England Board of Higher Education, Winchester, Mass.

65 47P.

EDRS PRICE MF-\$0.76 HC-\$1.95 PLUS POSTAGE

AUTHOR DISCUSSES (1) THE PSYCHOLOGICAL ISSUES THAT COPY DIFFERENT, ADULT AGE GROUPS AND (2) THE AGE-STATUS AS IT IS CHANGING IN AMERICAN SOCIETY, THE RELATIONS OF

THE INDIVIDUAL TO THE SOCIAL GROUPS OF WHICH HE IS A MEMBER, THE WAYS OF ABSORBING AND USING NEW IDEAS, AND THE OBSTACLES AND OPPORTUNITIES THAT THE INDIVIDUAL RECOGNIZES IN FURTHERING HIS GOALS WILL CONTINUE TO PROVIDE THE CONCERNS ABOUT WHICH ADULT MEN AND WOMEN WILL TURN TO COUNSELORS FOR GUIDANCE AND ASSISTANCE. AS NEW PROBLEMS AND NEW SATISFACTIONS OF HUMAN LIFE ARE CREATED, MORE AND DIFFERENT TYPES OF ADULT COUNSELING WILL APPEAR IN SOCIETY, AND NEW EXPERTISE WILL BE EXPECTED. THE ISSUES AFFECTING ADULTHOOD ARE (1) THE INDIVIDUAL'S USE OF EXPERIENCE, (2) HIS STRUCTURING OF THE SOCIAL WORLD IN WHICH HE LIVES, (3) HIS PERSPECTIVES OF TIME, (4) THE WAYS IN WHICH HE DEALS WITH THE MAJOR THEMES OF WORK, LOVE, TIME, AND DEATH, AND (5) THE CHANGES IN SELF-CONCEPT AND IDENTITY AS INDIVIDUALS FACE MARRIAGE, PARENTHOOD, CAREER ADVANCEMENT AND DECLINE, RETIREMENT, ILLNESS, AND WIDOWHOOD. THIS ADDRESS WAS PRESENTED AT THE CONFERENCE ON THE TRAINING OF COUNSELORS OF ADULTS (CHATHAM, MAY 22-28, 1965). (RM)

Descriptors: *Adult Counseling/ *Adult Development/ Adults/ Conferences/ *Counseling/ Counselor Training/ Developmental Tasks/ *Self Concept

Identifiers: BROOKLINE/ CHATHAM/ WINCHESTER

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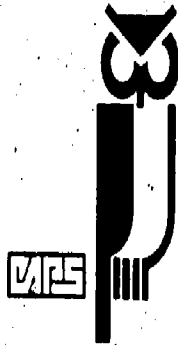
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