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### ABSTRACT

A survey of 740 students at the University of California, Davis, was conducted in the spring quarter to provide the Physical Education Department with recent data on overall student interests, including a male/female comparison, and to document male and female athletic interests for Title IX purposes. Thirty- six sports offered in the athletic program at that time were listed in the questionnaire, and students were asked whether they had interest as either participants or spectators in each of the sports. This report is divided into two sections. The first section describes the athletic interests of Davis students including the hierarchy of sports preferences, the nature of student interest (spectator or participant), and the types of participant interest (intramural, club, or intercollegiate). Section two examines men's and women's interests with a view toward discussion of Title IX issues. The appendices contain a copy of the questionnaire and tables showing the results of the survey. (SPG)

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### ATHLETIC INTERESTS OF STUDENTS

Bonnie L. Kroll John M. Winkworth

· Research Report #7
Office for Student Affairs
Research & Evaluation
University of California, Davis

October, 1977



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The University of California, Davis has a reputation for being a highly competitive university in a relatively isolated physical location. There are few recreational opportunities for students present in the town of Davis, a small community in California's central agricultural valley. One diversion that does exist is the opportunity to participate in a wide variety of campus athletics. The extent of student interest and participation in athletics is an issue that has taken on new significance with the advent of federal legislation requiring non-discrimination on the basis of sex. Sports programs at UCD, as at other federally assisted schools, must provide equal opportunity to both men and women in all levels of competition. Title IX of the Educational Amendments of 1972 requires that schools receiving federal funds thoroughly evaluate their sports offerings as well as the athletic interests of their students to insure that the interests and abilities of both sexes are accommodated.

The present study has a two-fold purpose: 1) to provide the Physical Education Department with recent data on overall student interests, including a male/female comparison, and 2) to document male and female athletic interests for Title IX purposes. In recent years, there has been particular interest in accommodating the interests of female students, a group which historically has been less inclined to participate in campus athletics than males. Women's athletic activities have increased in the number of participants, the number of contests and practices, and the length of some playing seasons. The direction of future improvement on both men's and women's sports programs will depend on an understanding of student athletic interests, and the facility and programming resources available to meet these interests.

As administered on this campus, sports programs emphasize the educational aspects of sports activities, seeking to expose as many students as possible to the athletic experience. Athletic scholarships are not offered. Philosophically, the educational experience is thought to be of first importance, and having winning teams is considered a natural outgrowth of the enjoyment of a healthy, competitive environment. There is a diversity of experiences available to the UCD student interested in campus athletics. Intramural sports comprise the largest element of the athletic program, with a total of 1,092 teams competing during spring quarter 1976. Total participants number 22,0491 during that academic year, or an average of 44% of the student population each quarter. In addition to intramural activities, UCD offers intercollegiate and club sports, programs which together had 1500 student participants in the 1975-76 year. The differences between the latter two programs are mainly those of organization and funding. Club sports are organized more informally than intercollegiate teams, and allow participation by undergraduates, graduate students, faculty and UCD staff. Intercollegiate teams, on the other hand, are open on a tryout basis to undergraduates only, and receive higher levels of funding and more intensive coaching than do club sports.

### The Survey

This report describes a survey of the athletic interests of UCD students who were registered in the spring quarter 1976. Data collection was accomplished through use of a four-page question-naire (see Appendix A) which required about 10 minutes to complete. The survey, mailed to a 10% randomly selected sample of students, was returned by 45% of those sampled or 740 students. Thirty-six sports which were offered in the athletic program at that time were listed in the questionnaire, and students were asked whether they had interest as either participants or spectators in each of the sports. Definitions of the three available levels of sports participation were

<sup>1</sup>This participation statistic is useful for facility planning purposes in that it reflects the number of intramural team members. It overstates, however, the incidence of intramural participation among students, since students playing on more than one team are counted as participants more than once. Statistics which correct for multiple participation are not currently available at UCD or most other UC campuses. Substantial waiting lists for intramural team participation in several sports do however mitigate the overstatement inherent in these figures.



included, (see Table 1), and students checked which, if any, level of participation they would enjoy. There was also opportunity to mention interesting sports not explicitly listed, and to indicate a preferred level of participation.

#### Table 1

Definitions of Three Levels of Sports Participation in the UCD Athletic Program<sup>3</sup>

<u>Intramural Sports</u> -- includes relatively informal competition among on-campus teams, with no coaching provided by the University. The teams are student-organized, and no expense is incurred by participants.

<u>Club-Recreation Sports</u> -- may include competition with other college and local teams, or it may be a strictly recreational activity. The teams or clubs are student-governed, generally have an advisor or coach, and participants may be required to pay a small fee.

Intercollegiate Sports -- includes competition among teams from other colleges, with expert coaching provided by the University. Team members are selected competitively, and the University covers all expenses.

### Analysis

The first part of this report describes the athletic interests of Davis students. This overview will include the hierarchy of sports preferences, the nature of student interests (whether spectator or participant interest), and the types of participant interests (whether intramural, club, or intercollegiate). An expected difference between undergraduate and grad/professional student4 interests will be investigated, since this is a dichotomy which appears on many campus issues of diverse nature. Also reviewed will be those sports outside the athletic program that were of particular interest to survey respondents. Following this overall analysis, a second section will examine men's and women's interests with a view towards discussion of Title IX issues. The objective here will be to delineate areas of divergent or heretofore unknown interests of both sexes.

A distinction between sports interests (as indicated on a questionnaire) and actual sports participation (as shown by team or individual competition) should be borne in mind while reviewing the contents of this report. Checking a sports interest on a questionnaire is certainly easier than actually scheduling participation in an athletic activity. The campus and the surrounding countryside provide many competing recreational opportunities: concerts, plays, partying, free athletic play, and trips to the ocean or mountains all compete with organized campus sports for the free time available to Davis students. For these reasons, statistics on student interest are likely to be high when compared with actual participation. Despite this caveat on the interpretation of absolute magnitudes, survey data should accurately reflect the RELATIVE magnitude of student interest among sports. This would hold for analyses by sex, by class level, and for the survey population as a whole.

2Not all 36 sports were actually available in all three levels of competition.

<sup>3</sup>In addition to the sports offered by the athletic program itself, there is a wide variety of sports available through regular coursework in the Physical Education Department, and through activities of the Memorial Union and Outdoor Adventures.

<sup>4</sup>The two distinct categories of graduate and professional students are combined here for convenience.



### Athletic Preferences of Davis Students

General interest rankings for 36 sports offered by the UCD athletic program at the time of the survey are shown in Table 2, with sports clustered in descending order of popularity. General interest, again, is defined as students having interest EITHER as spectators or participants. The highest ranked sports (tennis, football, basketball, softball and volleyball) received the interest of more than two-thirds of respondents. Following these were a group of sports that interested at least half the students: swimming, baseball, skiing, soccer, sailing, gymnastics, badminton and inner tube water polo. (The latter sport, a coed team sport which does not require participants to actually know how to swim, originated on this campus in 1969 and has since become popular on college campuses across the country.)

Table 2
General Interest in 36 UCD Sports

Percent of Students Indicating General Interest	Sport	Percent of Students Indicating General Interest	Sport
79-70	Tennis	39-30	Handbal 1
	Football		Water Polo
	Basketball	1	Rugby
69-60	Softball .		Golf
*	Volleyball	29-20	Fencing
	Swimming	·	Racketball
·	Baseball		Cross Country
59-50	Skiing		Judo
	Soccer		Karate
<b>D</b> *	Sailing	•	Polo
	Gymnastics		Field Hockey
-	Inner Tube Water Polo	19-10	Wrestling
	Badminton		Lacrosse
49-40	Table Tennis		Floor Hockey
	Cycling		Riflery
	Track & Field	,	Paddleball
	Bowling		Croquet
	•		Aikido
			Cricket

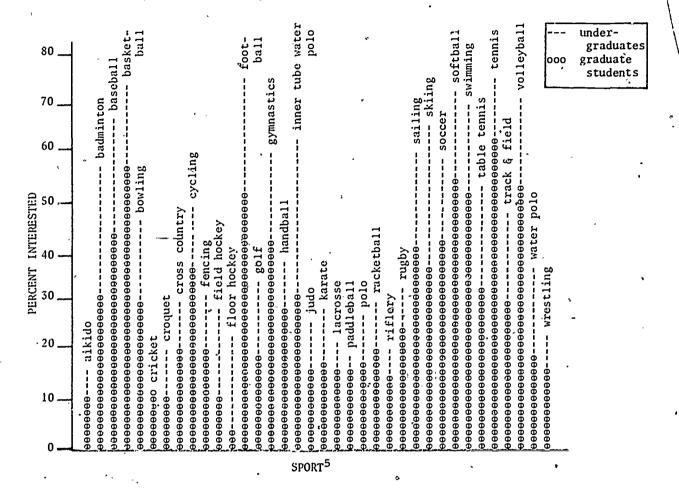
Undergraduates versus graduate students. Sports popular with undergraduates (U) also tended to be popular with graduate students, (G), but interest in sports was not as high among the graduate respondents. Figure 1 shows that for all 36 sports, graduate interest was proportionately less than undergraduate interest. The largest percentage differences in interest occurred in inner tube water polo (U=61%. G=30%) and badminton (U=56%, G=30%). Perhaps this pattern can be attributed to increasing scholastic and career interests of graduate students, interests which leave them less time for recreation. Another possibility is that undergraduates, many of whom live in dormitories, are more interested in campus athletics because they live in an environment which supports group activities and inter-group competition.



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Figure 1

# Student Interest in 36 Sports Offered at UCD Undergraduates and Graduate Students



Spectator versus participant interest. General interest figures can be broken down into components of spectator and participant interest in order to examine whether students are interested in playing a given sport or in merely watching it. Table 3 lists sports according to the degree of actual participating interest. Sports high on the list are the sports that students were most interested in playing themselves; sports low on the list had a relatively large proportion of those students that were interested in that sport indicating that their sole interest was as a spectator. Note that a high degree of participating interest (all figures in Table 3 are greater than 50%) does not necessarily imply a high absolute level of interest among students for a particular sport. Although field hockey, for example, has 72% of those students interested in the sport also interested in actually playing it, it can be seen from the preceeding table that only 23% of the survey's respondents were actually interested in the sport.

These figures indicate Davis students, (at least those responding to this survey), to be a generally active group of people who readily see themselves participating in a wide variety of sports. Softball, inner tube water polo, and volleyball were the highest ranked sports in terms of participant interest. In none of the 36 sports were there more spectators than participants among interested students. In fact, spectators were a definite minority overall. Even basketball and football, which are the two UCD sports best attended by spectators, still had a high proportion of interested students (78% and 73% respectively) wishing to actually participate.



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<sup>&</sup>lt;sup>5</sup>The detailed statistics on which this figure is based appear in Appendix B.

Table 3
36 UCD Sports Listed in Order of Student Preference for Active Participation (As Opposed to Being Spectators)

Sport <sub>.</sub>	Participant Interest (in percent of overall interest)	'Sport	Participant Interest (in percent of overall interest)
Softball Inner Tube Water Polo Volleyball Badminton Bowling Table Tennis Golf Basketball Tennis Riflery Sailing Skiing Floor Hockey Baseball Racketball Soccer Croquet Swimming	92 89 87 86 82 81 80 78 78 78 78 78 77 77 77 76 76 76 75 73	Handball Football Cycling Aikido Field Hockey Fencing Cross Country Paddleball Karate Track & Field Judo Cricket Water Polo Rugby Polo Wrestling Lacrosse Gymnastics	73 73 73 73 72 71 70 69 68 67 67 66 61 56 54 53 53

Types of participant interest: intramural, club and intercollegiate. Of the three forms of participation, intramural sports is the most informal. Any UCD student may join an intramural activity; practice sessions before games, if they occur, are casual; and any coaching is likely to come from peers as informal communication. Intercollegiate sports, in contrast, require' frequent, professionally-coached practices and a high level of commitment from the student athletes able to qualify for intercollegiate teams. Club sports often fall between intercollegiate and intramural sports: club membership is not selective, but sports clubs are more organized than intramural teams and sometimes evolve to formal intercollegiate status.

As shown in Figure 2 (and in detail in Appendix C), the more informal forms of participation were of most interest to students, and this was true for all 33 sports. General interest, which includes spectator as well as participant interest, was always the most prevalent (by definition). Interest in participating in intramural, club or in ercollegiate sports followed at lesser levels, and usually, in that order. Note that since respondents were allowed to mark interest in more than one level of participation, the sum of the participant levels may exceed total general interest. The most popular sports in each category were:

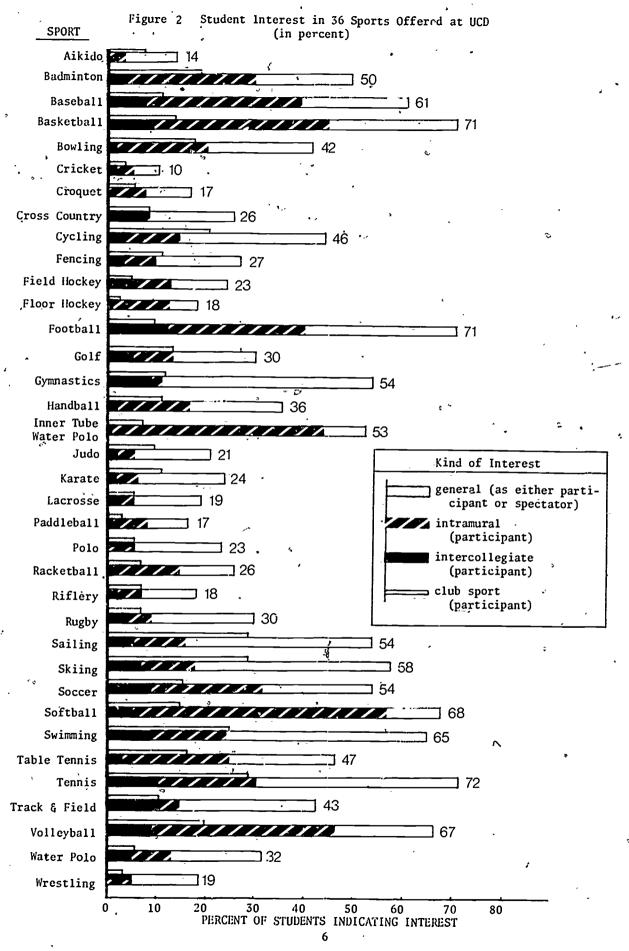
Intramural. At least 40% of students checked softball, volleyball, baskethall, football and inner tube water polo.

Club. Sports checked by over 20% of respondents were tennis, swimming, sailing, skiing and cycling.

Intercollegiate. Over 10% of respondents checked intercollegiate tennis, track and field, and football.

Additional interest areas. One quarter of respondents mentioned additional sports of interest to them, usually indicating active participant interest in these activities. The most frequently mentioned were dance, horseback riding, and boating. Over 70 different games, informal physical activities, and sports were mentioned: aerial, water, and land sports of interest ranged from frisbee to skydiving and from hiking to auto racing and hang gliding. Many of the activities involved animals (rodeo), machines (moto-cross), or special natural resources and/or climate (ice skating and cross country skiing). The most frequently mentioned activities, arranged in order of descending popularity, are listed below, with the number of interested respondents appearing in parentheses beside each activity. A complete list of these sports appears in Appendix D.







- 1) dance (37)
- 2) · horseback riding (29)
- 3) boating, including canoeing, kayaking, rafting and rowing (24).
- 4) scuba or skin diving (17):
- 5) water skiing (16)
- 6) hiking (13)
- 7) · sky diving (12)

Many of the desired activities are actually available to some degree at UCD, but not through the athletic program. For example, horseback riding lessons are offered through the Memorial Union, yoga is offered through the Experimental College, dance and scuba diving are offered in physical education classes, and hiking, skiing and rock climbing activities are sponsored by the student-run Outdoor Adventures group.

### Title IX Issues: The Athletic Interests of Men and Women

Both men "! " en indicated interest in a large number of sports, and both chose sports that were v se in nature. As shown in Table 4, 13 sports were of general interest to more chan se women, and nine sports were of interest to the same proportion of men. The three favorite sports of each sex were quite different in nature: women chose individual or dual sports (tennis, swimming, and gymnastics), and men chose team sports involving three or more people-(football, softball, and basketball). This distinction did not continue past the three top-ranked sports: complete preference rankings indicate that individual, dual, and team sports are evenly scattered throughout both male and female preference distributions. The same was also true for indoor sports: neither sex consistently favored one over the other.

Table 4

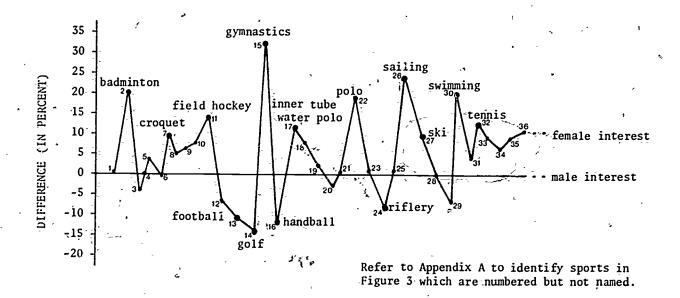
Preference Rankings of Men and Women for 36 UCD Sports

	Males		1		FEMALES	•	•
	(n=414) .	Rercent	-	-	(. ~ v.'6)	Percent	
ranķ	SPORT	Indicating General Interest	RANK	,	SPORT	Indicating General Interest	, To
1	Football	75	1	_	Tennis	77	
2	Softball	73 70	2		Swimming	77 77. ~	
3	· Basketball	70 70 -	3	•	Gymnastics	71	
4	Tennis	68-	4	~	Basketball	7 <u>1</u> 70	
\$	Volleyball	65	5			70 70	
-6	Baseball	63	6		Volleyball		
0 -7	Swimming	56	- 7		Sailing	-67 <sup>-</sup>	
8		-54	8		Softball .	65	
	Soccer				Skiing	64	
9 10 ,	Skiing	54	9:	*	Football	63	
	Inner Tube Water		10		Eadminton	61	
11 12	Table Tennis	46	11		Inner Tube Water		*
12.	Cycling	44	- 12		Baseball.	59	
	Sailing	43	13	*	Soccer	,54 ,54	
14	Bowling	41	- 14		Cycling	. 50	
15	Badminton	41	15		Table Tennis	-49-	
16	Track & Field	40	16		Track & Field	48	
17	Gymnastics	40	17		Bowling	44	
18	Handball,	40	18	•	Water Polo	37	
19	Golf	36 -	19	•.	Polo	33	
20	Rugby	30	20		Fencing	32	
21	Water Polo	29	Ž1	-	Field Hockey	31	
22	Racketball ,	26	-22		Rugby	30	
23	Fencing	24	23		Cross Country	29	-
24	Cross Country	-24	24		Handball	-28	
25	Wrestling	-23	25 .		Racketbåll	27	
.26	Karate	.23	26		Judo	26	•
27	Riflery	22	27		Karate	24	
28	Floor Hockey	20	28		Golf	23	
29 <sup>-</sup>	Lacrosse	19	29		Croquet	22	
<b>3</b> 0- ₁	Judo	18	30 -		Lacrosse	17	
31	Field Hockey	17	31		Paddleball	17	
<b>32</b> ′	Paddleball	17	- ,32		Floor Hockey	15.	
° 33	Polo	15	33	*	Aikido	14	,_
34	Aikido	13	34		Wrestling	14	-
,35	Croquet	12 .	35		Riflery	13	
36	Cricket	11	⊆36		Cricket	10	

Female interest exceeded male interest in almost two thirds of the 36 sports listed in the survey. This difference is shown schematically in Figure 3, where male interest is taken as a constant and the variation of female from male interest is charted. (Sports in which the percent of interested females was greater than the percent of interested males are graphed above the line; sports where the female interest was less than that of males are graphed below the line of male interest. See Appendix E for a complete breakdown for all 36 sports.) Most notable among the sports of comparatively high female interest were gymnastics, sailing, swimming, badminton, and field hockey. Only eight of the 36 sports listed were more popular among men than women. Of these, the sports that attracted the highest male interest compared to females were football, golf, handball and riflery.

Figure 3

Difference Between Male and Female General Interest in 36 UCD Sports



Spectator versus participant interest. Males were more likely than females to indicate participant interest in the UCD athletic program. In 34 of the 36 sports listed, participant interest was higher for men than for women, and in 11 sports there was at least a 15% difference between the two sexes. Table 5 shows that the only exceptions were inner tube water polo and field hockey, both with unusually high female participant interest. (Recall that the participant interest figure is a percent of those students indicating an interest in the sport. Thus in Table 5, 68% of females interested in aikido were interested in actually participating rather than watching. It is definitely NOT true that 68% of females surveyed were interested in aikido; in fact from Table 4 on page 8 it can be seen that only 14% of females had an interest in aikido.)

The percent of interested females who wished to participate ranged from 36% (wrestling) to 89% (inner tube water polo); for males the percent indicating participant as opposed to spectator interest ranged from 51% (gymnastics) to 95% (softball). The largest differences between men and women occurred in handball, cricket, wrestling, and paddleball. For example, 85% of males interested in handball were actually interested in playing it, as compared to 52% of females.

Table 5

Male and Female Participation in 36 UCD Sports
(in percent of overall interest)

°_ Sport	(A) female (n= 326)	(B) male (n= 414)	Difference (B-A),	SPORT	female (n= 326)	(B) male (n= 414)	Difference (B-A)
-Aikido	68	77.	9	Karate	.61 - <u>-</u>	74	13
Badminton	84	88	4	Lacrosse	46	57 <sup>-</sup>	11
Baseball	68	83	15	Paddleball	51	83	32
Basketball /	70	85-	15	Polo	53	55	
Bowling	75	88	13	Racketball	67		.2 17
Cricket	51	77	26 ·	Riflery	59	84 87	28 ~
Croquet	68	84-	11.	Rugby	44	65	21
Cross-Country	64	75´	11	Sailing	72	84,	12
Cycling	_ 68	78	10	Skiing	72	83	11
Fencing	70	72	2	Soccer	67	83	16
Field Hockey	77	65	-12	Softball	87	95	8
Floor Hockey	67	83	16	Swimming ?	67	78	11
Football	62	80	18	Table Tennis	7.7 *	83	- <del>6</del> ·
-Golf	.72	85	13	Tennis	73	83	10
Gymnastics <sup>e</sup>	50-	51	1	Track & Field	60	72	12
Handball	52	85	33	Volleyball	s 85	89	4
Inner Tube Water		- •	=	Water Polo	55	66	11
Polo	- 89	88	-1	Wrestling	36	62	26
Judo '	65	68	3				,
* I	,		,	ľ,	,		^ <b>*</b>

Types of participant interest. A comparison of men's and women's participant interest finds that preferences among the three levels of competition were the same for each sex. Intramural activities were preferred over other forms of competition. The popularity of club sports for each sex usually ranged somewhere estween that of intramural and intercollegiate activities, the category in which participant interest was usually lowest for each sex (see Appendix E). Intramural. Although intramural interest was high for both sexes, male interest exceeded that of females by more than 40% in nine of the 36 sports (see Table 6). In general, sports that involved firearms, high velocity ball movements, or aggressive body contact were more popular among men than women. The nine notable examples of greater male interest were wrestling, cricket, floor hockey, football, riflery, rugby, paddleball, golf and handball. Figure 4 summarizes the differences between male and female intramural interest and illustrates the prevalence of male interests. (Detailed statistics appear in Appendix E.) There were a few sports where the proportions of male and female intramural interest were either identical or extremely close. These were water polo, volleyball, table tennis, skiing, sailing, lacrosse, fencing and cross country. Intercollegiate. In contrast, UCD women had greater interest in intercollegiate sports than did their male counterparts. Women were especially more interested in participating in intercollegiate tennis, swimming and gymnastics than were men (see Table 7). Thirteen percent of women checked interest in participating in intercollegiate tennis, for example, as compared to only 8% of men. In all there were 14 sports where femule intercollegiate interest was at least twice that of men, whereas male interest exceeded female interest in only four sports. Even in football, a sport where national news media give little or no coverage to female professional teams, UCD women had levels of participant interest slightly exceeding that of men. Club. Club sports were not of differential interest to men or women. Rather, responses to this category were varied, with each sex often favoring participation in those sports in which their intramural interest was also high.



Table 6
Interest in Participating in Intramural Sports
Males and Females

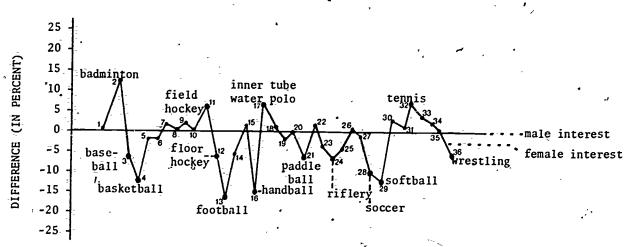
(Male n= 414, Female n= 326).

SPORT		Indicating erest	SPORT		Percent Indicating		
· · · · · · · · · · · · · · · · · · ·	: male	female		male_	female		
5-	•	•	,				
Aikido	3	4	Karate	7	5.		
Badminton	24	36	Lacrosse	5	Ś		
Baseball	41	34 🔩	Paddleball	- 11	. 5		
Basketball	50	37	Polo	4	6		
Bowling	21	19	Racketball ,	. 16.	12		
Cricket *	5	3	Riflery	10 .	-7-4		
Croquet -	7	8	Rugby	11	7		
Cross Country	> 8	, 8	Sailing	15	16		
Cycling	13	15	Skiing	18	-17		
Fencing	9	, 9	Soccer	· 36	26		
Field Hockey	9	16	Softball	. 61	52		
Floor Hockey	15.	8	Swimming	23	26		
Football	48	31	Table Tennis	25	24		
Go1f	15	9.	Tennis Tennis	34	- 27		
Gymnastics	10	12	Track & Field	13	16.		
Handball	24-	9 -	Volleyball	46	48		
Inner Tube Water Polo	39	50	Water Polo	12	13-		
Judo	5	6	Wrestling	7	1-		
<u></u>				,	-		

Figure 4

Difference Between Male and Female Interest
in Participating in 36 Sports on the Intramural Level

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Refer to Appendix A to identify sports in Figure 4 which are numbered but not named.

Table 7

# Interest in Participating in Intercollegiate Sports Males and Females

(Male n= 414, Female n= 326)

Aikido         0         0         Karate           Badminton         2         4         Jacrosse           Baseball         7         7         Paddleball           Bowling         1         1         Racketball           Cricket         0         1         Riflery           Croquet         0         0         Rugby           Cross Country         7         7         Sailing           Cycling         4         2         Sking           Fencing         1         5         Soccer           Field Hockey         1         7         Softball           Floor Hockey         0         1         Swimming           Football         1         12         13         Table Tennis           Golf         4         4         Tennis         Track & Field	Pe: T	Percent Indicating Interest		
Badminton         2         4         Jacrosse           Baseball         7         7         Paddleball           Basketball         7         12         Polo           Bowling         1         1         Racketball           Cricket         0         1         Riflery           Croquet         0         0         Rugby           Cross Country         7         7         Sailing           Cycling         4         2         Skiing           Fencing         1         5         Soccer           Field Hockey         1         7         Softball           Floor Hockey         0         1         Swimming           Football         12         13         Table Tennis           Golf         4         4         Tennis	m:	ale female		
Badminton         2         4         Jacrosse           Baseball         7         7         Paddleball           Basketball         7         12         Polo           Bowling         1         1         Racketball           Cricket         0         1         Riflery           Croquet         0         0         Rugby           Cross Country         7         7         Sailing           Cycling         4         2         Skiing           Fencing         1         5         Soccer           Field Hockey         1         7         Softball           Floor Hockey         0         1         Swimming           Football         12         13         Table Tennis           Golf         4         4         Tennis	,			
Badminton         2         4         // acrosse           Baseball         7         7         Paddleball           Bowling         1         1         Racketball           Cricket         0         1         Riflery           Croquet         0         0         Rugby           Cross Country         7         7         Sailing           Cycling         4         2         Skiing           Fencing         1         5         Soccer           Field Hockey         1         7         Softball           Floor Hockey         0         1         Swimming           Football         12         13         Table Tennis           Golf         4         4         Tennis		2 . 2		
Baseball         7         7         Paddleball           Basketball         7         12         Polo           Bowling         1         1         Racketball           Cricket         0         1         Riflery           Croquet         0         0         Rugby           Cross Country         7         7         Sailing           Cycling         4         2         Skiing           Fencing         1         5         Soccer           Field Hockey         1         7         Softball           Floor Hockey         0         1         Swimming           Football         12         13         Table Tennis           Golf         4         4         Tennis		2 2		
Bowling         1         1         Racketball           Cricket         0         1         Riflery           Croquet         0         0         Rugby           Cross Country         7         7         Sailing           Cycling         4         2         Skiing           Fencing         1         5         Soccer           Field Hockey         1         7         Softball           Floor Hockey         0         1         Swimming           Football         12         13         Table Tennis           Golf         4         4         Tennis		0 1		
1   1   Racketball   Riflery   Right   Right		3 6		
Croquet         0         0         Rugby           Cross Country         7         7         Sailing           Cycling         4         2         Skiing           Fencing         1         5         Soccer           Field Hockey         1         7         Softball           Floor Hockey         0         1         Swimming           Football         12         13         Table Tennis           Golf         4         4         Tennis		1 2		
Cross Country       7       7       Sailing         Cycling       4       2       Skiing         Fencing       1       5       Soccer         Field Hockey       1       7       Softball         Floor Hockey       0       1       Swimming         Football       12       13       Table Tennis         Golf       4       4       Tennis	• ,	31 1		
Cross Country       7       7       Sailing         Cycling       4       2       Skiing         Fencing       1       5       Soccer         Field Hockey       1       7       Softball         Floor Hockey       0       1       Swimming         Football       12       13       Table Tennis         Golf       4       4       Tennis		3 5		
Fencing         1         5         Soccer           Field Hockey         1         7         Softball           Floor Hockey         0         1         Swimming           Football         12         13         Table Tennis           Golf         4         4         Tennis		5 ' 4		
Field Hockey         1         7         Softball           Floor Hockey         0         1         Swimming           Football         12         13         Table Tennis           Golf         4         4         Tennis		6 8		
Floor Hockey 0 1 Swimming Football 12 13 Table Tennis Golf 4 4 Tennis		8. 9 .		
Football 12 13 Table Tennis Golf 4 4 Tennis		3 .7		
Golf 4 4 Tennis		5 . 11		
		3 3		
Gymnastics 7 12 Track & Field		8 , 13		
	1 ' ' 1	8 13 10 13		
landball 2 -2 Volleyball		6 12		
Inner Tube Water Polo 0 2 Water Polo		5 -6		
Judo 1 2 Wrestling		<sup>-</sup> 6 3		

### CONCLUSION

Limitations of the survey Interpretation of survey results should allow for the limitations in this particular survey and in surveys of this type: 1) There is a good probability that respondents have somewhat overstated their athletic interests. Expressing interest in participation is not the same as actually participating. However, the relative positioning of sports interests is probably an accurate reflection of the relative preferences for different sports. For example, the fact that football is of interest to 75% of UCD males should not be taken as evidence that 75% of UCD males will schedule some form of football into their lives in the near future; however, it is clear that among the 36 sports mentioned in the questionnaire, football is the most popular sport among men. 2) The determination of those sports which are most popular is probably influenced to some degree by the staffing, programs, and facilities that students encounter on campus. Certainly the fact that inner tube water polo is indigenous to this campus has evoked and supported the high interest in that sport. Thus the results of this survey are not necessarily applicable to other campuses having different athletic programs (and, of course, different students).

Since this survey was conducted, a change in the administration and definition of club sports has occurred, with sports clubs now being of two distinct kinds. Clubs which are now defined as athletic sports clubs are those involved in intercollegiate and extramural competition, whereas recreational sports clubs compete only in on-campus events. In retrospect, it would have been useful to employ this or some similar delineation in this survey's definition of club sports. The definition used was extremely broad, and has led to questions of interpretation: i.e., were respondents reacting to the on-campus/recreational aspect of the definition, or were they more aware of the possibility of extramural competition? Further classification would have been gained by broadening participatory interest to include a recreational free-play category.



The present survey points out some of the factors that lie behind student interest in campus sports. To recap the main points of this study:

- 1. UCD students are mainly sports participants, not spectators. Even for the more physically demanding sports, participant interest was far more prevalent than spectator interest among this survey's respondents.
- 2. Undergraduates had more interest in sports than did graduate/professional students.
- 3. Students at all class levels were apparently well-educated in a wide variety of athletic activities -- many students had interests that were considerably broader than the athletic offerings in most secondary schools. This wide range of participant interests would seem to indicate that the campus athletic program is an important personal and recreational resource for many students.
- 4. There was more participant interest shown by males than by females. The only exceptions to this were inner tube water polo and field hockey, sports for which females were more likely than males to indicate participant interest.
  - a. Men were more likely to indicate participant interest in intramural sports than were women. This was true for two-thirds of the intramural sports listed in the questionnaire.
  - b. UCD women had more interest in intercollegiate sports than did their male counterparts. There were only four sports where male intercollegiate interest was greater than that of females.

Historically, female participation in campus athletics has not been equal to that of males. In spring quarter 1976, for instance, the ratio of male to female participation in the athletic program was approximately 2 to 1. This compared to a male/female ratio in the campus population of 1.3 to 1. Possible reasons for this apparent under-representation of females would include a relative lack of female participant interest, a lack of information about athletic programs, or a lack of sports offerings appropriate to women's interests. Results of this survey indicate that the main reason for lower female participation is their lower participant interest. Thus, by these rather rough measures, it would seem that the athletic program accommodated women to an extent appropriate to their level of interest.

Although true in the large intramural component of the athletic program, this pattern (i.e., the correspondence between low female participation figures and the low female participant interest shown in this survey) did not extend to intercollegiate sports. The number of male tryouts and participants in intercollegiate sports during spring quarter 1976 exceeded that of females by over 2 to 1, and yet female participant interest in intercollegiate sports as expressed in this survey equalled or exceeded male interest in all but four of 36 sports. Thus actual female participation was less than would be predicted by survey results. Intercollegiate teams did exist in most areas of high female interest, so that there was no readily apparent block to participation posed by the nonexistence of teams. (The exception to this was women's football, where there was intramural but not intercollegiate competition available in the academic year of this survey.) This discrepancy between female interest in intercollegiate competition and its realization either in tryouts or team membership does not substantially change the overall balance between interest and participation, since it involves only a small number of students. However, it does indicate an area of possible improvement in women's programs?

### Appendix A

# ATHLETIC INTEREST SURVEY

### BACKGROUND INFORMATION

1	Your sex:	9.	What is the highest degree that you
-	Female		expect to earn? (check one)
	Male		Bachelor's degree
1			
٥.	V		Master's degree
2.	Your age:		Teaching Credential
			Law degree
			Doctorate in academic field
3	Your marital status:		Doctorate in health field
	Married		Other; please specify
	Unmarried		
	•		· · · · · · · · · · · · · · · · · · ·
4.	If you have children, please check the	10.	What is your cumulative UCD grade
	age group(s) to which they belong.		point average?
•	6 years and under		
	Over 6 years old		
	Children in both age groups	11.	Are you:
	children in both age groups	11.	
_	the state of the state of		A foreign student
5.	What is your class standing?		An Asian American
	Freshman		A Black/Afro-American
	Sophomore		A Chicano/Mexican American
	Junior		A Native American/American Indian
	Senior		A White American/Caucasian
	Graduate		Other; please specify
	Professional		ocher, prease specify
	i lolessional		Donline to state
6	How many quant and have you attended	•	Decline to state
.0.	How many quarters have you attended	••	
	UCD (including this quarter)?	12.	, , , , , , , , , , , , , , , , , , ,
	1 to 3		disabled?
	4 to 6	- *	·Yes -
	7 to 9		No
	10 to 12		•
	13 to 15	13.	Are you a United States Veteran?
	16 or more	:	Yes
	10 '01' M010	•	<del></del>
-	Ye add to all the second second		No
7.	In which college or school are you		*
	registered?	14.	
	Agricultural and Environmental		housing do you live?
4	Sciences		Apartment, off campus
	Engineering .		House or duplex
_	Letters and Science		Language house, fraternity, or co-op
•	Graduate Division		Mobile home or trailer
	Law		Residence hall, on campus
	Medicine		Residence hall, off campus
	Veterinary Medicine		Solano or Orchard Park ^
			Other; please specify
- O	What is your declared or		
8.	anticipated academic major?		
٥.			Hours per week you are employed:
0.	anticipated academic major:	15 4	
o.	anticipated academic major.	15.	
o.	anticipated academic major.	15.	None
o.	anticipated academic major.	15.	None 1 to 10
0.		15.	None 1 to 10 11 to 20
0.	anticipated academic major.	15.	None 1 to 10



### PAGE 2

The following questions are designed to ascertain student needs and interests regarding various campus sports programs. Please indicate your general interest in each sport, and then indicate your interest in participating at specific levels for each sport. The following definitions of the specific levels are included for your convenience.

Intramural Sports -- includes relatively informal competition among on-campus teams, with no coaching provided by the University. The teams are student-organized, and no expense is incurred by participants.

Club-Recreation Sports -- may include competition with other college and local teams, or it may be a strictly recreational activity. The teams or clubs are student-governed, generally have an advisor or coach, and participants may be required to pay a small fee.

Intercollegiate Sports -- includes competition among teams from other colleges, with expert coaching provided by the University. Team members are selected competitively, and the University covers all expenses.

A. Please indicate whether or not you have an interest in the sports listed below, either as a spectator or participant.

B. Indicate your interest as a participant in campus sports by placing an (X) at the level(s) of your preferred participation.

	tator or participant.	•	•		10101(0)	, Year Lacadas L	ij.
	orts Presently Offered Campus			•	Intramural Level	Clüb or Recreation Level	Intercollegiate
1.	Aikido	Yeş	No	1.	. <u> </u>		
2.	Badminton	Yes-	No	2.		- ·	
3.	Başeball	Yes	No	3.		<u>.                                      </u>	
4.	Basketball	Yes	No	4.	-		· 1
5.	Bowling	Yes	^ 'No	<sub>z</sub> 5.		- <u></u>	
6.	Cricket	Yes	No	6.			
7.	Croquet	Yes	No.	7.			s
8.	*Cross Country	Yes	No	8.			
9.	Cycling	Yes	No	9.		<u> </u>	
10,	Fencing	Yes	No	- 10.			
11.	Field Hockey	Yes	No	11.	<u>.</u>	- 	
12.	Floor-Hockey	Yes	No	12,			
PAGE	3	,		ŧ	,	•	
13.	Football	Yes-	No .	13.			*-
14.	Golf	Yes	. No	14.			•
15.	Gymnastics	Yes	No	15.			
16.	Handbal 1	Yes	No	16.			
-17 <i>.</i>	Innertube Water Polo	Yes	No	17.			
18.	Judo	Yes	No	18.	<u> </u>	<u>-                                      </u>	
19.	Karate .	Yes	No	19			
20.	Lacrosse	Yes	No	20.			
21.	Paddleball	Yes	No	21.			<u></u>
22.	Polo	Yes	No	22.	·		*
23.	Racketball	Yes	No	23.			
24.	Riflery	Yes	No	24.			<u> </u>
25.	Rugby	Yes	No	,25.		,	



1520

26.	Sailing	Yes	No	26.		x	
27.	Skiing	Yes	No <sup>-</sup>	27.			
28.	-Soccer`	Yes	No	28.			
29.	Softball.	Yes	No	29.	<del></del>	<del></del>	-
30.	Swimming ,	Yes	No	30.			· ·
31.	Table Tennis	Yes	No ·	31.		<u></u>	<u> </u>
32.	Tennis ,	Yes	No	32.	<del></del>	<del></del>	
33.	Track and Field	Yes	No	33.		,	
34.	Volleyball	Yes	No	· 34.	<del></del>	-	<del>_</del>
35.	Waterpolo	Yes,	No	35.			-
36.	Wrestling	Yes	No	36	"		
-	<del>-</del>	_		•	<del></del>		

### PAGE 4

C. If you are interested in sports not listed above, please specify the sport and the level of participation which you prefer.

	, -			**				Intramural Level	Club or Recreation Lev	Intercollegiate el Level
Γ.					<u>.</u>	×	1.	*		
<ol> <li>3.</li> </ol>	<del></del>	<del>_</del>	<u>-</u>			•,	2.			<u></u>
4.	<u> </u>		-	· ·	_		3. 4.			
5.		_	-,-	-	<u> </u>	ś	5.			مرابع مرابع مرابع

### Appendix B

# General Interest in 36 Sports Offered at UCD Undergraduates and Graduate Students

(in percent, Undergraduate n= 564, Graduate Student n= 176)

SPORT	Type of Student		SPORT	Typerof St	Type of Student		
	Undergraduate	Graduate	·	Úndergraduate	Graduate		
Nikido	15	10	Karate -	26	17		
Badminton	56 -	3 <b>C</b>	Lacrosse	. 20	14		
Baseball	66	44	-Paddleball	<b>~18</b>	- 14		
Basketball -	74	56	Polo	25	17		
Bowling .	46	29	Racketball	29	19-		
ricket	10	11	Riflery	19	13		
Croquet	.19	9	Rugby	32	23		
Cross Country	29	18-	Sailing	. 58	41		
Cycling	-49	37	Skiing	65	37		
éncing	30	19	Soccer	57	43		
ield Hockey	27	10	Softball.	73	53		
loor Hockey	22	. 3 51	Swimming	7 <b>0</b>	51		
ootball .	76₋	5.,	Table Tennis	52	32		
Golf	34	18	Tennis	76	61		
Symnastics	58	43	Track & Field	48	-29		
landba 1 1	<b>38</b>	26-	Volleyball	<b>72</b> -	52		
inner Tube Water Pol	61	30	Water Polo	37	18		
ludo	24	15	Wrestling	21	14		
•		-					



Appendix C

# Student Interest in 36 UCD Sports (in percent, n= 740)

	TYPE OF INTEREST*						
SPORT	, General ,	Intramural	Club	Intercollegiate			
Aikido	14	3	7	,			
<sup>1</sup> Badminton	50	29	19	1 3			
Baseball'	. 61	- 38	11	7			
Basketball .	71	45	13	ا م			
Bowling	42	20.	18	9 Î			
Cricket	, 10	5	3	1			
Croquet	17	7	5~	i o			
Cross Country	26	8	8 -	7			
Cycling	46	14	-21	3			
Fencing	27	9	11	3			
Field Hockey	23	12	4	4-			
Floor-Hockey	18	12 -	2	i			
Football	71	40	9	12			
Golf	30	13	13	4			
Gymnastics	54	11 .	1 12	9			
Handball	36	17	i 12 "	2			
Inner Tube Water Polo	53	44-	i <u>i</u> ,	1-			
Judo	21	- 75	9 -	1			
Karate	24	6	11	2- 2-			
Lacrosse	19	. 5 <sup>t</sup> .	-5	2 2			
Paddleball	17	. 3	3 7				
Polo	23	8,* , 5	- 3 5	<u>1</u> 5			
Racketball	26"	-15	3 . 7	5 ,			
Riflery	18	-15 7		1			
Rugby	30	9	7	. 2			
Sailing	54	16	7 -	4 .			
Skiing	58	18	29	5			
Soccer.	1 54 1		29	7 ,			
Softball	68	32 57	16	9			
Swimming	65	- 24	15	5			
Table Tennis	47	· 24 · 25	25	8 -			
Tennis	72	31	17 29	- 3			
Track & Field	43	15	29 11	11			
Volleyball	67	47	20	11			
Water Polo	32			9 .			
Wrestling	1	13 5	6 3 _	. 5 5			
	, 19	ə	/ 3	. 5			
	[		- /	- 			

<sup>\*</sup> General interest indicates spectator or participant interest on the part of the respondent; intramural, club and intercollegiate interests all indicate participant interest.

Appendix D

Additional Sports of Interest to Students

CDODT	ber of Students cating Interest*	SPORT	Number of Students Indicating Interest*
Dance Equestrian Events Boating (includes sailing, canoeing, crew, kayaking, rafting and rowing) Scùba Diving, Skin Diving Water Skiing Backpacking Parachuting Fishing Auto Racing Archery Boxing Squash	37 29 24 17 16 13 12 10 8 7 7	Cross Country Skiing Ice Skating Billiards Hang Gliding Motorcycle Racing Rock Climbing Bagrot Chess Flying Ice Hockey Yoga Jacks Pinball Sail Planing	6 5 5 4 4 4 3 3 3 3 3 3 2 2

<sup>\*</sup> Sports receiving only one mention were: ballooning, baseball, curling, diving, dodgeball, football (touch), fussball, horseshoes, hunting, furling, ice boat racing, jai alai, jujitsu, judo, kickball, kite flying, kung fu, marbles, mushball, roller derby, shuffle-board, snowshoeing, sumo wrestling, surfing, volleyball (sand court), weightlifting.





Appendix E

Male and Female Interest in 36 UCD Sports
(in percent, Male n= 414, Female n= 326)

SPORT	TYPE OF INTEREST							
OI OIL	General		Intramural		Club		Intercollegiate	
	M-	F	M ′	F	М	F	М	F
Aikido	13	14	3	4	7	6	0	0
Badminton	41	61 `	24	36	15	24	2	4
Baseball	63	59	41	34	13	9	7	7.
Basketball	70	-70	50 1	37 .	15	10	7	12
Bowling	41	44	21	19	17	19	1	1
Cricket	11	10	5	3	4.	2	l. ō	ī.
Croquet	12	22	7	8	4	7	Ö	0-
Cross Country	24	29	- 8	8	8	7	7	7 %
Cycling	44	50	.13	15	21		4	2
Fencing	- 24	32 <sup>*</sup>	9	9_	10	12	l i	5.
Field Hockey	17	- 31	9	16	° 2	7	Î	7
_ Floor Hockey	20	15	15	8	2	2	Ō	'n
Football	75	63	48	31	11	7	12	. 13
Golf	36	23	15	9	16	, 9₌	4	. 13
Gymnastics .	40,	<b>`71</b> :	10	12	.7	17	7	12
Handball 1	40	28 · -	24-	9.	15	7	2	
Inner Tube Water Polo	48	-60	39	50	6 :	· 7	0	2
Judo	- 18	26	5	6	7	11-	1	2
Karate	23	24	7	5	12	10	2	2-
Lacrosse	19	17	5	5	5	4	2 2	2 2 2
· Paddleball	17	17 \	11	-5:	4	3	-0	1 1
Polo	15	- 33	4	6	2	9 -	3,	6 .
Racketball	- 26	27	16	° 12	7	8 :	1	2
Riflery	- 22	13 - 2	10	4	10	4	3	1
Rugby	. 30	30	11	7.	7	6	- 3	-5
Sailing	43	67	15	16	23	36	. 5	. 3 .4-
Skiing	54	64	. 18	17	28	31,	. 5 - 6	
Soccer	54	54	36	26	26, 16)	31. 15 **		-8
Softball .	70	65	- 61	52	* 16	13	8	9
Swimming	56	77.	23	26	22	28	3 5	7
Table Tennis	46	49	25	24	17	28 17		11
Tennis	68-	77	34	2 <del>4</del> 27	26	32	3	3
Track & Field	40	48	. 34	16			8	13
Volleyball	65	70	- 46		11-	10	10	13
Water Polo	29	37	- 12	48	- 20-	20	6-	12
Wrestling	23	14	7	13 1	. 5	7	. 5	-6
	1	17	,	1	4	2 .	6	-3

