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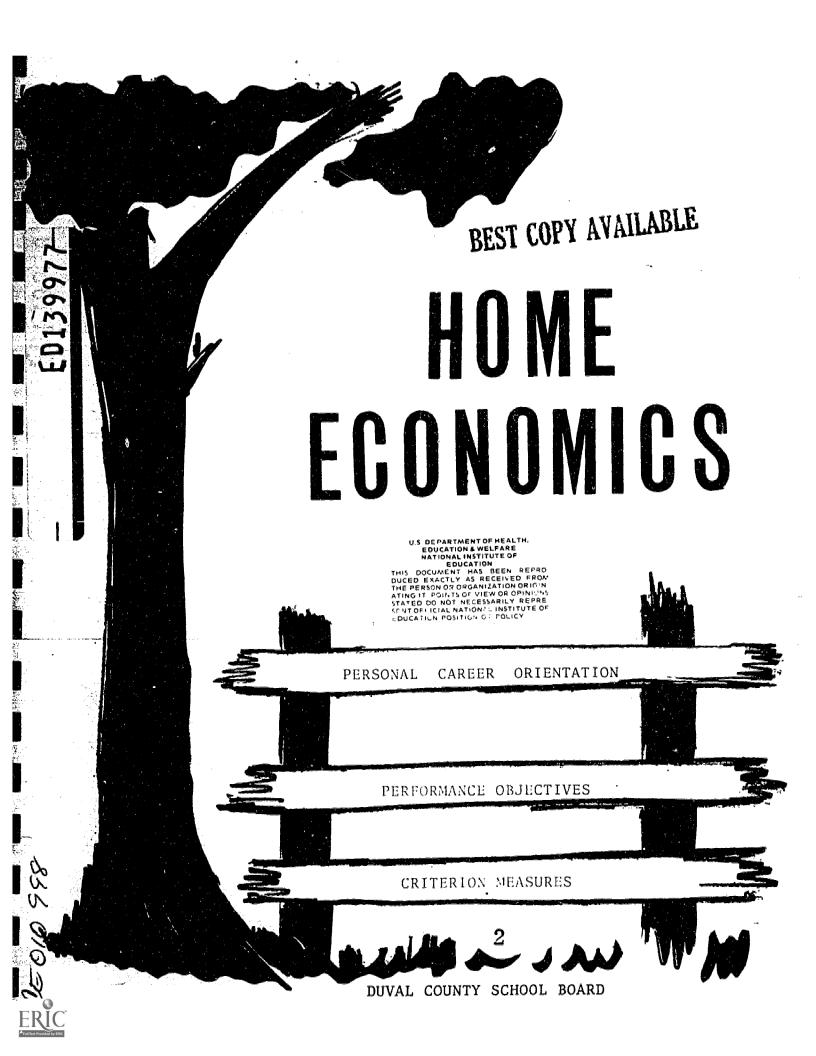
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ABSTRACT

Several intermediate performance objectives and corresponding criterion measures are listed for each of six terminal objectives for a personal career orientation course for seventh grade students. This 6- to 9-week course is designed to acquaint the student with personal qualities and characteristics necessary for success in the world of work. Consideration is given to the need for a positive attitude toward the dignity, worth, and satisfaction of work, and the dignity and value of all legitimate occupational pursuits. Emphasis is placed on means of determining one's interests and goals in life, evaluating these, and forming a plan to develop improved self-concept, relations with others, management of resources, personal nutrition, grooming, dress, and concern for becoming employable. Opportunities are given for critical thinking, problem-solving, and decisionmaking. A 50-item curriculum test (diagnostic) precedes the objectives. (This manual and 54 others were developed for various secondary level vocational courses using the System Approach for Education (SAFE) guidelines.) (HD)



DUVAL COUNTY SCHOOL SYSTEM

JACKSONVILLE, FLORIDA

PERSONAL CAREER ORIENTATION PRE-VOCATIONAL WHEEL HOME ECONOMICS

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August 1974



FORWARD

This manual has been developed for use in teaching the Home Economics section of the Pre-Vocational Wheel in the 7th grade. It is written on a 6 weeks basis. The writers realize that time allotments will vary in different schools, and recommend that the teachers cover as much material as time allows.

This manual emphasizes <u>hands on</u> experiences rather than oral and written exercises. The suggested activities are given only as examples and the teachers should not hesitate to integrate their teaching ideas with this material. A request is made that copies of innovative materials and ideas be submitted to the Home Economics office so that they may be shared with other teachers and included in future planned revisions.

The accreditation standards prescribed by the State Department of Education are identified with the performance objective when applicable. A record should be kept of the compliance for use in evaluation of the Home Economics Program.



ACKNOWLEDGEMENTS

This manual has been developed following guidelines established by S.A.F.E. (Systems Approach For Education) training program.

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COURSE DESCRIPTION

PERSONAL CAREER ORIENTATION

Accreditator No. 2709
Grade Level - 7th
Course Length - 6-9 Weeks

This 6 to 9 week segment of the Pre-Vocational Wheel acquaints the student with personal qualities and characteristics necessary for success in the world of work. Consideration is given to the need for a positive attitude toward the dignity, worth and satisfaction of work, and the dignity and value of all legitimate occupational pursuits.

Emphasis is placed on means of determining one's interests and goals in life, evaluating these and forming a plan to develop improved self-concept, relations with others, management of resources, personal nutrition, grooming, dress and concern for becoming employable. Opportunities are given for critical thinking, problem-solving and decision-making.



$\underline{G} \ \underline{O} \ \underline{A} \ \underline{L}$

- (1) To provide experiences for students to assist them in evaluating their interests, abilities, values and needs as they relate to occupational roles.
- (2) To assist students in developing personal qualities and characteristics necessary for success in the world of work.

CURRICULUM OBJECTIVE

Upon completion of this course, at least 76% of the students will demonstrate acquired knowledge of attitudes and personal skills that pertain to self concepts, relationships with others, grooming and dress, personal nutrition, and management of resources that will contribute to their employability as evidenced by completing the curriculum test with at least 70% proficiency.



PERSONAL CAREER ORIENTATION CURRICULUM TEST

The following items are multiple choice items. Only one response is correct. Place the correct answer on the answer sheet provided. Do not write on this test.

- In order to have a job anyone between the ages of 14 and 18 must have a (an) a. education d. work permit b. driver's permit e. c and d c. social security card 2. Successful employees must have the ability d. a and b a. to work well with others b. to make friends e. a. b. and c c. to follow directions given by others 3. Employees should be able to participate in good conversations by being d. an alert critic a. a time keeper e. b and c b. an alert listener c. a speaker at the correct time 4. Good nutrition is needed for job success; a recommended guide for good nutrition a. eat whenever you are hungry d. Basic Four Group b. eat two or three meals daily e. all of the above c. eat what you want regularly 5. A good worker needs good nutrition for d. all of the above a. growth and repair of tissue e. none of the above b. protection against diseases c. vim and vigor 6. An employee who starts the day with a smile most likely a. has a positive self-concept d. had a good breakfast b. had a pleasant send-off from home e. all of the above c. had a good nights rest
 - Some types of jobs requires more energy therefore the employer will need
 - a. more calories

d. a and b

b. less calories

e. b and c

- c. no increase in calories
- g. An employee attitude toward his work may be affected by his
 - a. early training at home
- d. food intake
- b. relationship with his boss
- e. all of the above
- c. association with people at work



Take me

```
9. Working with other people satisfies a persons need for
       a. security
                                               d. a and b
       b. belonging
                                               e. b and c
       c. food
 10.
     The human resources needed for a job are
       a. energy
                                               all of the above
       b.
           skill.
                                               e. none of the above
       C.
          time
11. A person that has or wants a job should be able to
       a. make decisions
                                              d. all of the above
       b. manage his time
                                              e. all except a
       c. manage his energy
12. An employee who manages his time is likely to be
       a. late for work
                                              d. efficient
       b. slower than other employees
                                             e. none of the above
       c. working late to catch up on his work
    Managing energy causes an employee to
       a. tire easily
                                              d. turn off lights
       b. complete his work and have energy
                                              e. none of the above
          left for other things
       c. Get his work done and does not
          have energy left for other things
    The social skills of an employable person are:
       a. 'disrespect
                                             d. a and b
       b. follows lirections
                                              e. b and c
      c. works well with others
15. A person's choice of jobs is usually determined by his
      a. values
                                              d. needs
      b. family
                                              e. a and d
      c. friends
16.
    The personality traits needed for employment are
      a. honesty !
                                          'd. all of the above
      b. reliability
                                             e. none of the above
      c. understanding
    An employee who nandles money should be
      a. honest
                                              d. friendly
      b. ambitious
                                              e. a and c
      c. reliable
    The needs that may be meet through employment are
      a. food '
                                             d. a and b
      b. clothing
                                              e. all of the above
      c. security
   An employee who works with other people should be
      a. cooperative
                                            , d. a and c
      b. cheerful
                                              e. a and b
         impatient
                                10
```



20.	An employable person a. wastes time b. is self confident c. has a negative attitude	d. is slow to change e. is critical of others
21.	A person who assists a more trained work a. foreman b. aide c. helper	er is a(n) d. a and b e. b and c
22.	Of the four levels of occupations an app a. highest b. next to the highest c. next to the lowest	rentice is the d. lowest e. none of the above
23.	Of the four levels of occupations a skill a. highest b. next to the highest c. next to the lowest	led worker is the d. lowest e. none of the above
24.	Of the four levels of occupations a profa. highest b. next to the highest c. next to the lowest	essional is the d. lowest e. none of the above
25.	Of the four levels of occupations a semi- a. highest b. next to the highest c. next to the lowest	-skilled worker is the d. lowest e. none of the above
26.	A good employee a. introduces himself to newcomer: b. doesn't disturb others belongings c. has a good sense of humor	d. smiles often e. all of the above
27.	A good job satisfies a persons a. physical needs b. emotional needs c. clothing needs	d. a and c e. a and b
28.	An employee should talk a. curtly b. correctly c. sarcastic	d. unpleasantly e. offensively
29.	An employee that frowns often would seem a. satisfied b. happy c. dissatisfied	d. excited e. hopeful
30.	An employee may not work more than ceiving extra pay. a. 10 b. 20	hours a week without red. 40
	20 1 I	F



		foreman 12		
		manager	d. e.	all of the above none of the above
41.	is a(r		_	_
40.	a. b.	ural tendancy for a given skill is a(r production employability aptitude		service technical
39•	a. b.	of the following are not appropriate nails trimmed clean clothes underclothes howing	d.	work: socks or hose well groomed hair
38.	a. b.	ions can be made by foremen assistants managers	d. e.	aides everyone
37•	worki a. b. c.		d. e.	a and b
36.	a. b. c.	status security	d. e.	a and b a and c
35.	a. b.	ng may give a person security status satisfaction	d. e.	a and b a, b, c
34•	a.	age for working	d. e.	
33.	a. b.	177777	e.	wealthy a, b and c
32.	a. b.	Ç	d.	
31.	a. b.	ployee is required by law to be given lunch coffee or snack restroom use	d.	e for all of the above none of the above

Specific Control				
21				
a Maria Maria	:			
1		A	A2	
la-	42.	An employee who slipped and fell on a wet the accident by wearing	1 ТОО	r could have avoided
		a. safety goggles	d.	apron
		b. hard hat	e.	gas mask
		c. special shoes		J
11 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1.2	Accidents on the job could be avoided if en		1:000 Nama
distribution of the second	43.	a. attractive clothing	d.	clean clothing
()		b. warm clothing	e.	stylish clothing
	-	c. protective clothing	•	
1214		F		
	44.	The way an employee is dressed is related	to t	he way he
		a. sees	d.	
M.		b. feels	e.	none of the above
en more set		c. hears		
	45.	The well dressed employee must consider		
N.A		a. clothing	d.	hairstyles
3 (,	b. accessories	e.	all of the above
1		c. make-up		
L	46.	An employee's appearance can reveal his		· · · · · · · · · · · · · · · · · · ·
	40.	a. grooming habits	d.	mood
		b. self-image	e.	all of the above
		c. personality		
	47.	Respect for others is shown by		L 4 .
		a. being clean	a,	b and c
		b. taking turns in conversationc. not disturbing others belonging	e.	a, b, and c
•		C. 1100 attentioned construction		
	48.	A well nourished person is usually		
		a. pleasant	${\tt d}_{\bullet}$	calm
		b. thoughtful	e.	all of the above
		c. strong		
	1.0	Most employers want employees with		
	49.	a. good health	d.	positive self-concept
			e.	
		c. good habits of cleanliness	-	
		1.		
i.	50.	To be an employable person, it is more important		
		a. aptitudes	d.	a and b
		b. occupational skillsc. personal attitudes and qualities	e.	none of the above
		c. personal attitudes and qualities		•

autocodere $\frac{1}{2} \frac{\partial}{\partial x} (x) = \frac{1}{2} \frac{\partial}{\partial x}$

47.

48.

49.

50.

PERSONAL CAREER ORIENTATION Key To Curriculum Objective

1.	е	24.	а
2.	e	25.	c ·
3.	e	26.	e
4.	d	27.	e
5.	d	28.	р
6.	e	29.	С
7.	a	30.	đ
8.	е	31.	е .
9•	d	32.	d ·
10.	d	33•	е .
11.	d	34.	е
12.	d	35•	е
13.	b , ,	36.	e
14.	d	37.	e .
15.	е	38.	е
16.	d	39•	С
17.	e / /	40.	c '
18.	е	41.	d ;
19.	е	42.	c
20.	ъ	43.	C ,
21.	е	44.	ъ
22.	đ	45.	е
23.	b	46.	e ′

Answer Sheet

				Name:	
				Period	
				Score:	
1.		24.		••	47.
2.		25.			48.
3•		26.		•	49•
4.	And the second s	27.			50.
5•		28.			
6.		29.	-المنابعين		
7.		30.	دار اس برس ے		
8.	****	31.			
9•		32.			
10.		33•			
11.		34•		t .	
12.	•	35•			
13.	'	36.		•	
14.		37.			
15.	· ·	38.		•	
16.		39•			
17.					
18.	1			•	
19.					
20.					
	g tre				
22.				Į.	
23.		46.			



COURSE	Personal	Career	Orientation

COURSE_	Personal Career Orientation
TIPMINAL DEDPODUANCE	ACCREDITATION STANDARD X-4.158
TERMINAL PERFORMANCE	
OBJECTIVE NO. 1.0	level 1-e,h,j.
SECTION LOUGE OF SUCTORIOS SING SK	on self-concept, 76% of the students will demonstrate ills that contribute to their achieving a positive self-
concept and employability by 17 of the 25 possible correct	scoring at least 70% or by correctly answering at least responses.
	-

NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES	
		1.0	See attached list	
	eia z			**************************************
	•			9
			1	
j.				
	1		ı	
			•	
			l	

- 1.0 Test: Personal Career Orientation
 Directions: Circle the letter preceding the best answer(s)
 Each question may have several correct answers.
 - Several factors that determine what a person is like and what he can do are:
 - a. values
 - b. personality
 - c. hair color
 - d. needs
 - e. heredity
 - 2. A person's environment:
 - a. can be changed
 - b. can not be changed
 - 3. A person's envoronment includes his:
 - a. school
 - b. ambition
 - c. church
 - d. desires
 - e. family
- 4. A person's natural physical characteristics are:
 - a. acquired
 - b. inherited
- 5. A person with good self-concept would have these values:
 - a. honesty
 - b. generosity
 - c. irresponsibility
 - d. independence
 - e. disloyalty
- 6. A person who values popularity might be found in which of the following jobs:
 - a. actor
 - b. cashier
 - c. T.V. news reporter
 - d. entertainer
 - e. dancer

を受けるという。 「「「「「「」」」を対象のできる。 「「「」」できる。 「「」できる。 「「」」できる。 「「」できる。 「

- 7. Two categories of needs are:
 - a. physical
 - b. clothing
 - c. emotional
 - d. money
- 8. A job should satisfy which emotional needs:
 - a. belonging
 - b. shelter
 - c. security
- 9. Understanding is a(n):
 - a. value
 - 'b. need
 - c. personality trait
- 10. An employee should have which of the following personality traits:
 - a. consideration
 - b. patience
 - c. laziness
 - d. tolerance
 - e. friendliness

COURSE Personal Career Orientation

TERMINAL F	ERF	ORMANCE	
OBJECTIVE			(cont'd)

X-4.153			

NO. 1.1	INTERMEDIATE PERFORMANCE OBJECTIVES After instruction on	NO.	
1.1	After instruction on		CRITERION MEASURES
	heredity and environment the student will demonstrate his acquired knowledge by completing the criterion measure with 100% proficiency	1	Fill in the blank with an appropriate characteristic for you. 1. An acquired (environmental) characteristic that I would like to change is 2. An inherited characteristic I would like to change is Note: Teacher may ask students "why", but it should be graded subjectively.



FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 1.0

NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
		1.1.1	Place a check by the best definition of inherited characteristics. 1. Characteristics that you are born with 2. Characteristics that you learn	1,1	Sorumble game and/or colb. game See Appendix #1	
1.2	Recognize inherited character- istics	1,1,2	Circle the words that are inher- ited characteristics- shape of nose size of cars speech	1.1.2	Lessons in Living, Page 275 Display poitures of babies, students if possible, or pictures of the baby at an older ago.	
1.3	Evaluate inherited characteris- tics	1.1.)	Check the traits that make you smilar to your ancestors. A. Physical Development I am: O short O tall or medium in height	1.1.3	Teen Horizons, Page 7 (teacher reference only)	#10a
			My facial features [] are or [] are not similar to those of my parents I am growing [] faster or [] slower than other			21
20 E	RIC Des Provide by SEC		people of my age			ont'd)

TERMINAL PERFORMANCE OBJECTIVE 1.0 (cont'd)

		Ī	CRITERION PERFORMANCE			TIME
Ю.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
		1.1.3	I have inherited a tendency		•	
	Control Williams		toward [] diabetes,			
			☐ hemophilia, ☐ acne,			
	í		color blindness, or			
			🛛 poor eye sight			
			B. Mental Development			
T.:			My mental capacities are			
d Servi			Delow average			
			average or above			
	,		average .			
el Kong Kong Kong			I have a special talent in			
i. Klasi			[] music [] art or			
			other			
5			C. Emotional Development			-
i e eta est u			I am: [] quiet [] withdrawn		·	
			O outgoing []easy-			
	4		going [] hot-tempered		į.	
144). 1			I act like my [father			
			mother grandmothe			
			grandfather			
第 2 2 2					i .	12
in Grandere Austria						N
9 F	RIC					23
LL.	AT Provided by EBIC					

FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 1.0

NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIR ED
1.4	Define environment	1.1.4	Check the correct answers.	1.1.4	Lessons In Living, Page 276	
			Environment includes		ab m + +	
			people	,		-
4	·		churches			3
			schools			
Maria Carlos Maria Maria Maria Maria			programs			
			Check the best statement for environment.			
	userri		Environment includes the surroundings			
			Environment determines physical features			
1.5	Identify acquired characteris- tics	1.1.5	List ways the children imitate their parents.	1.1.5	Enjoying Family Living, pp. 120	
1. 6	Evaluate environmental characteristics	1.1.6	Check the traits that make up the community in which you live.	1.1.6	Teen Horizon, Pages 18 & 19	
			I. Family and Home			
	,		Am I: [] an only child [] a			
A Company			member of a large family			الله الله
24			☐ a member of a medium sizo family		,	
4	RIC		t anint l			25
	Reference on the Control of the Cont		-		·	

TERMINAL PERFORMANCE OBJECTIVE 1.0 (1.1.6 con't)

NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
MO.			II, Family Relationships		AND THE PROPERTY OF THE PROPER	
	·		Do I: [] live with both par-			
			ents [live with one			
	.=		parent			
			I am: [] A natural [] A			
			foster [] An adopted child			
			Are my parents [] permis-			
			sive [] strict in rela-			
			tion with children			
			Family Resources			
			does only one parent			
			work [] do both parents			
			work [] do my parents			
			rent [] do my parents own			
			the home that we live in			
	•		Family Climate			
			do we move often			
			are we settled			
-			Friend and Companions			ļ
			do my parents encour-			
			age me to bring friends			
			home i enjoy frieni			14.
6_			ships with both sexes			F
() El	RIC.		do I feel friendly to- ward older people		`p	27

TERMINAL PERFORMANCE OBJECTIVE 1.0 (1.1,6 cont'd)

10	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	мо.	METHOD/MEDIA SELECTION	TIME Requi re d
10.	STATE OF THE STATE	1.1.6	do my friends share			
i			the values, attitude and		r 7,	
			goals as I			
			School and other Educational Opportunities			
			do school programs,			
		P. A	services and activities	 		
			offer interest and help			
			for me [] are my tea-			
			chers helpful and stimulat	-		
			ing to me [] is my school		. 4.	
	- .		equipped			
			Community			
		2	does my neighborhood			
			provide recreation for			
			teens [] are my neighbors			
	4		concerned with community			
			problems		•	
			Church			
			are religious leaders			
		, ,	concerned about teenagers			h H
}			are church-related acti-			
EF	<u> </u>		vities available to teen-			29

TERMINAL PERFORMANCE OBJECTIVE 1.0

		=-	CRITERION PERFORMANCE			TIME
NO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
1.7	Discriminate between inherited traits and traits acquired from our environment	1.1.7	Classify the following character- istics as being primarily inheri- ted or primarily acquired by writ- ing the traits under the appropri- ate headings (I & II)		See Appendix #2	
			I. Inherited Traits II. Acquired Traits			
			Characteristics:			
	er ^g .		eye color manner of speech values sex mental capacity potential height physical resemblance to ancestors sewing skills eating habits fears and anxieties			
	·					
						16
3" El	RIC.					31

COURSE Personal Career Orientation #2709

TERMINAL PERFORMANCE	
OBJECTIVE NO. 1.0 (cont'd)	X-4.144
	Level 2-a,j

NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES	:	
1.2	After exploration and instruction the student will:		Arrange the terms go	ziven in colu	
	 Define values and needs Describe ways values and 	,	Column I		olumn II
	needs affect his actions and attitudes for employability		1. Needs	1.	sincerity
	by correctly completing 10 of		(a)	2.	security
	the 14 items in the criterion measure		(b)	3.	honesty
			(c)	4.	love
			(d)	5•	excitment
			(e)	6.	consideration
			,	7.	loyality
			2. Values	8.	belonging
			(a)	9•	food
		İ	(b)	10.	clothing
			(c)		
			(d)		
÷	N/	 	(e)		
		ļ	PAR	T II	
		i	List 4 terms found to employability	in column 2	which contribu
			1.		
			2.		
	•		3.		
			4.		
		1	32		

FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE ____1.0

			CRITERION PERFORMANCE	TIME
NO.	LEARNING STEPS	NO.	EVALUATION (Response) NO. METHOD/MEDIA SELECTION	REQUIRED
2.1	Define needs: (a) emotional (b) physical	1.2.1	1. Needs are: (A) a science (B) emotional and physical wants (C) a special right 1.2.1 Enjoying Family Living PP. 34-35, 54, 59, 79, 123, 140 212 Teen Guide to Homemaking PP. 42-45	-
			2. Emotional needs are: (A) visable (B) invisable	
			3. Physical needs are: (A) material (B) non-material	
2.2	Recognize emotional needs	1.2.2	Place a check by the emotional needs 1. clothing Key: 2. love 1. B 3. belonging 2. B 4. food 3. A 5. security 4. 2, 3, 5	
2.3	Identify the personal importance of emotional needs	1.2.3	Arrange the following needs in or 1.2.3 Enjoying Family Living PP. 34-35 number next to the word (#1 being the highest). love belonging security	18
3 <u>;</u>	ERIC Illustration of the service of			34

TERMINAL PERFORMANCE OBJECTIVE

INTER ON THE FORMANCE OBJECTIVE

9			CRITERION PERFORMANCE	; ·		Ametrican
% 0.	LEARNING STEPS	.XO. (EVALUATION (Response)	χ0	NEORO/NEO* SELECTION	REQUIRED
2.4	Recognize the needs that are met through (being amployed) employment		March in a terms in colors I wish the best masser in colors A Calcum A October 3			
			1, security A. payments 1, seed 3, amplified the		•	
	·		one of the second			
2.5	Define and recognition of the	7 7 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	Ney: c,c,b Fill in the blank: are those things which		Fig. oring Values Through Minute Drumas Appendix #3 & L	
			are important to you. Ney: Values Match the occupation on the right	126		
2.6	Comprehend how a person's values relate to his occupational goals	1,2.0	Match the occupation on the right a person would most likely go in- to with the values that are list- ed on the left	·	The Koy sheet	
			Values Occupations			
	,		1. excitement A. nurse			
			2. education B. teacher			
			3. fame C. pilot			
		Control of the Contro	4. carly re- D. actor tirement			
The second secon		The second secon	5, helping E. military ser- people vice	=		19
			Key: c,b,i,e,a			
3 I	ERIC.					36
	V 14.5		1	1	4	

TERMINAL PERFORMANCE OBJECTIVE ________(cont'J)

ua.	THANKING CONDIC	. vn	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/NEDIA SELECTION		TIME REQUIRED
NO. 2 . 7	Relate how personal values con-	NO.	Check the values which will com-		al para de la companya del companya del companya de la companya de		
	tribute to job success		ALFORDS OF THE PROCESS			AMBRICAN CHE SHE CHE CHES CHES	
			honesty				
			a. loyalty				
		a se para de la composição de la composi	3. inconsuleration				
			4. sincerity				
	,		Key: 1, 2, h			:	
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COURSE PERSONAL CAREER ORIENTATION #2709

TERMINAL PERFORMANCE OBJECTIVE NO. 1.0 (cont'd)	X-4. 140
	level 2a

_	INTERMEDIATE	1	OD THER TON AND AUTHOR
NO.	PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
1•2	After instruction and discussion the student will identify personal qualities, attitudes and behavior patterns which contribute to employability by correctly responding to 5 of 7 statements.	1.3	See Attached List
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I P O Test 1.3

Directions

Teacher: Write the list of personality traits for all students to see, then read the story, pausing to let students choose the appropriate personality trait from the list.

Students: Listen to the following story and when the teacher pauses, choose the personality trait from the list which best describes the person in the statement.

PERSONALITY TRAITS

friendly patient cooperative honest

cooperative honest understanding reliable

ambitious

A student of Jacksonville Jr. High School has a part-time job at an animal hospital. The student really enjoys animals and it is for this reason that the student never misses a day of work (pause #1).

The work involves seeing people as well as animals. The student tries to be nice and smiles to all of the customers (pause #2).

In the workroom, many of the instruments are left out for the employees to use with the understanding that the employees will take care of them and return them to the proper place (pause #3).

It is also in this room that the money is kept (pause-#4).

All of the animals are kept in the next room. The student enjoys visiting the sick animals and petting them. (pause #5)

Some of the animals are not used to strange people and may bark or snip at the employees, but in time the animal will become friendly if the employee keeps trying (pause #6).

The animals cages have to be cleaned once a day but sometimes this student cleans them out two or three times. (pause #7)



FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 1.0

			CRITERION PERFORMANCE			TIME
10.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
	Recall personality traits and attitudes	1.3.1	List 5 personality traits Examples: friendly cogenial honest cheerful considerate understanding reliable trustworthy	1.3.1	Appendix 7	
	Differentiate between desirable and undesirable personality traits and attitudes	1,3,2	traits 1. irresponsible 2. cooperative 3. ambitious 4. cheerful 5. insincere 6. impatient 7. tolerant	1.3.2	Appendix 8 Appendix 9	
	ERIC		8. enthusiatic Key: 2, 3, 4, 7, 8			N 3

FUNCTIONAL PERFORMANCE ANALYSIS

L PERI	FORMANCE OBJECTIVE	1.0	INTERIM PERFORMANCE OBJECTIVE 1.3
--------	--------------------	-----	-----------------------------------

ING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
ersonality traits and s	1.3.3	Place in the block a #1 if very good, #2 if good, or #3 if fair			
		1. Is money important to you?			
		2. Is prestige important to you?			
,		3. Do you have patience?			
		4. Do you have self-control?			1.
		5. Can you tolerate frustration?			
		6. Do you think you answered all of the above honestly?			
		Printeriorina			
personal traits and in relation to employ	1.3.4	See Attached List			
					4
					24
		gra-		•. -	44
	l	and the second s			ili N North Said Said



1.3.4 (cont'd)

Place a check under the appropriate answer

PERSONALITY: Am I personable and well liked by most people? Are my clothes and general appearance pleasing? Do I use good manners? courteous, polite talking? Am I a happy, enthusiatic person?

Can I be a responsible person?

Do I like to work with or around many people?

Do I prefer to work around just a few people?

Do I prefer to work alone?

Do I like to work with older people?
about my age?
children?

Do I like to serve others?

Do I like a private job that gives me personal satisfaction?

Am I active, one who likes to move around while working?

Do I prefer a quiet sitting down job?

Do I like to do the same things over and over?

Do I like to do many different types of jobs during the day?

Do I like clean, neat surroundings while working?

Does it really matter as long as I enjoy the work?

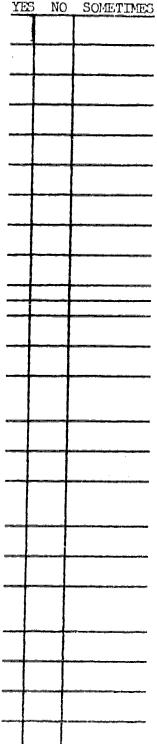
Do I mind getting dirty or messy during work (clean) up latter)

Do I like routine work? not much brain work?

Do I want to work near home?

Do I want to travel?

Do I want to learn more as I work?





Keys To Test

1.0 1. a, b, d, e

6. a, c, d, e

2. a

7. a, c

3. a, c, e

8. a, c

4. b

9. c

5. a, b, d

10. a, b, d, e

- 1.1

 I. brown eyes, height, hair texture, diabetes, sex
 - II. parents, home, skill, hobbies, friend
- 1.2 Part I:

Needs: security, love, belonging, food, clothing

Values: sincerty, honesty, excitement, consideration,

loyalty

Part II:

sincerity, honesty, consideration, loyalty

- 1.3
- 1. reliable

5. understanding

2. friendly

patient

3. cooperative

7. ambitious

4. honest

Appendix 5

The students values may be interpreted as (2, 4, 6, 9, 12) liesure time, (16) individuality, (5) independence, (11, 13, 14) excitement, (7, 13) fame, (1) security.

Appendix #1

Unscramble the words then rearrange the words to form a complete sentence.

rithnieed - twih - era - eth - stheo - tcearriashtcics - oyu - ronb

Key: The inherited characteristics are those you are born with.

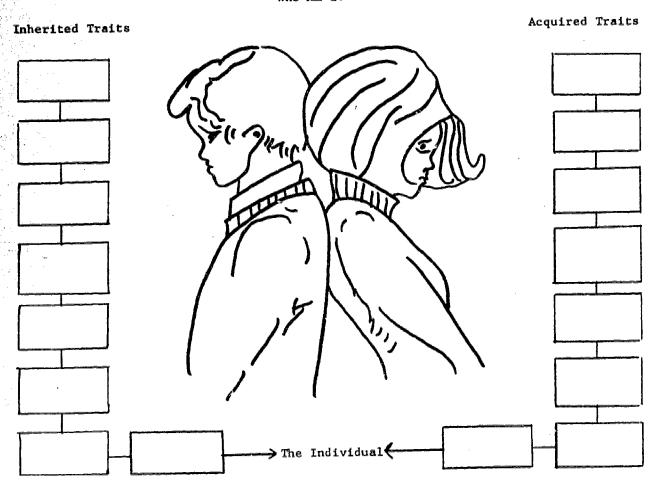
Write the alphabet then number each letter such as A-1, B-2, C-3 to de-code the following words. Place dashes (-) between letters, (/) slashes between words.

20-8-5/9-14-8-5-18-9-20-5-4-/3-8-1-18-1-3-20-5-18-9-19-20-9
-3-19/1-18-5-/20-8-15-19-5/22-15-21/1-18-5-/2-15-18-14/23-9
-20-8.

Key: Same as above

.16

Who Am I?



Classify the following characteristics as being primarily inherited or primarily acquired by writing the traits in the correct squares above:

Your eye color
Your manner of speech
Your values
Your sex (male or female)
Your mental capacity
Your potential height
Your physical resemblance to ancestors
Your skill in sewing
Your eating habits
Your fears and anxieties

Appendix #3

EXPLORING VALUES THROUGH MINUTE DRAMAS

Minute Drama I

Minute Drama I

Scene: Living Room. Mother and daughter are cleaning.

Daughter: Mom, may we throw this old vase away? It is just horrible! The colors are so-so awful; I can't see any reason for keeping it.

Mother: I wouldn't begin to throw out that vase. Why y father gave that vase to me before we were married. It so very dear to me. I always thought it was rather beau tiful. (with a dreamy look in her eyes) I guess I'm ju sentimental. Mother: I wouldn't begin to throw out that vase. Why your father gave that vase to me before we were married. It is so very dear to me. I always thought it was rather beautiful. (with a dreamy look in her eyes) I guess I'm just

Minute Drama II

Scene: Living Room. Mr. Davi has just come in after a hard day's work.

Wife: Dear, this may be the last evening you will be sitting in that old chair. Remember you siad I could get some new furnishings? Well, I picked out a lovely chair for you, dear. I'll be glad to get rid of that old one.

Husband: What, get rid of this chair! What is life coming to? A man can't even have a comfortable chair in his own home. We have had this chair for years dear. I just can't see getting another one when this one is so comfortable.

Minute Drama III

Scene: Mother and daughter are having a discussion in the bedroom of the daughter's new home. Mother: I just can't see spending all that money for decorating this guest bedroom. My gracious, it's pretty, and I'll

bet it is comfortable. But, all that expense for a guest room seems a bit foolish to me. Looks like you would have wanted to spend that money on your own room.

Minute Drama IV

Scene: Upstairs. Aunt Jane is being shown the house for the first time.

Aunt Jane: Linda and Joan have separate rooms. Looks to me like it would be better if they shared a room. If the girls shared a room, there would be only one room to furnish. Mrs. Liston: I know it would be easier; however, you must understand that both Joan and Linda like to be alone sometimes. We think this is important. They need privacy.

Minute Drama V

Scene: Moving Day

Father: Margaret, Margaret, where did you put my rock collection? Yes, yes, my rock collection, I want it in the den. This house won't seem like home without it.

Margaret: John, I think it is in the box in the basement by the washing machine. It has a green cord around it. It is marked rock collection. I'll be glad for you to get it in the den too. Having your hobbies around does make our house seem like home.

NARRATOR

What is important to the daughter?

To the mother?

What is the wife valuing?

The Husband?

What is important to the mother?

To the daughter?

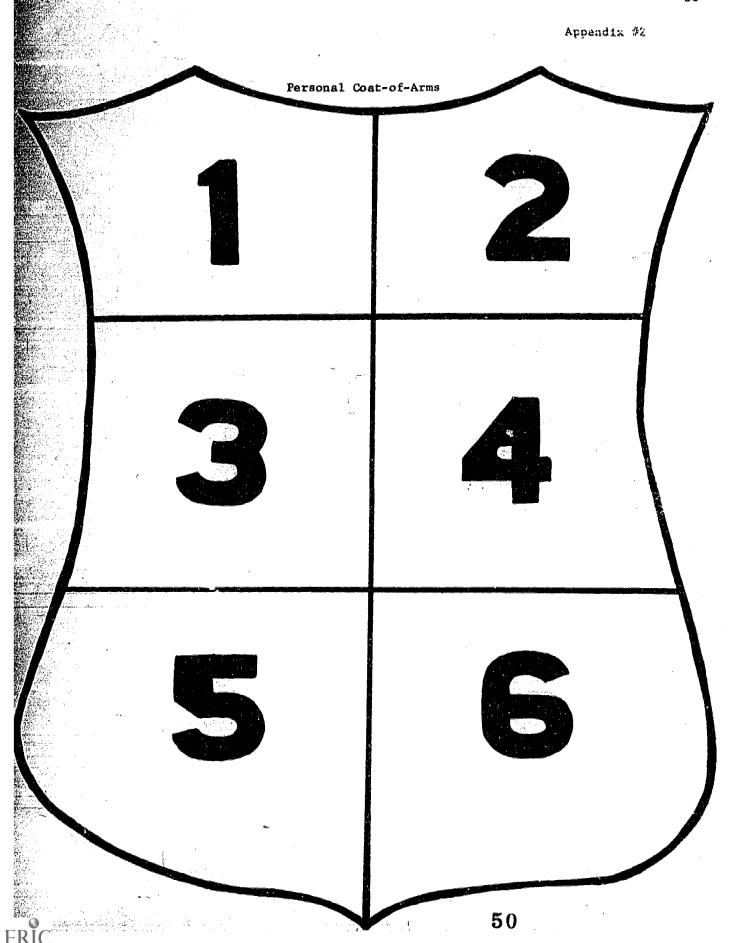
What is Aunt Jane valuing?

What is Mrs. Liston valuing?

What is Father valuing?

Margaret?





Appendix #4 (Cont')

DIRECTIONS: Answer each of the following questions by drawing in the appropriate area of your coat of arms a picture, design or symbol.

- 1. What do you regard as your greatest personal achievement to date?
- 2. What do you regard as your family's greatest achievement?
- 3. What is the one thing that other people can do to make you happy?
- What do you regard as your own greatest personal failure to date?
- 5. What would you do if you had one year to live and were guaranteed success in whatever you attempted?
- 6. What three lines would you most like to be said of you if you died today?

Appendix #5

The "Perfect Job"

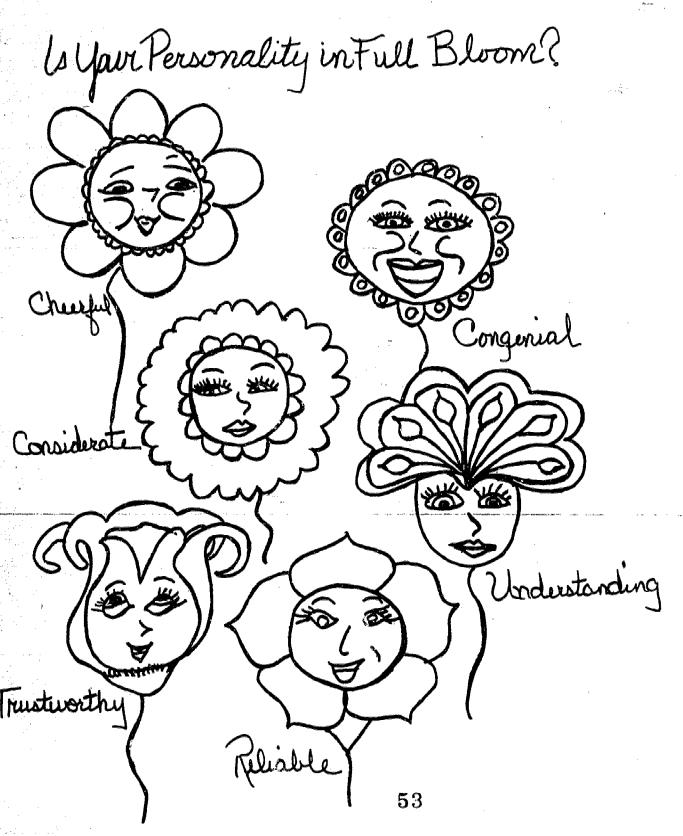
If you could have the "Perfect Job", which of these do you value the most. Place the number #1 by the value that means the most to you, #2 second, and so on.

52

	1.	Job securtiy
·	2.	little responsibility
	3.	work near home
	4.	short work week
	5•	be your own boss
	6.	good vacation
- المستقدية	7•	The Bess' job
	8.	pleasant surroundings
	9•	holidays
	10.	personal interests
	11.	travel
	12.	early retirement
	13.	fame
	14.	variety
	15.	high pay
	16.	using creativity

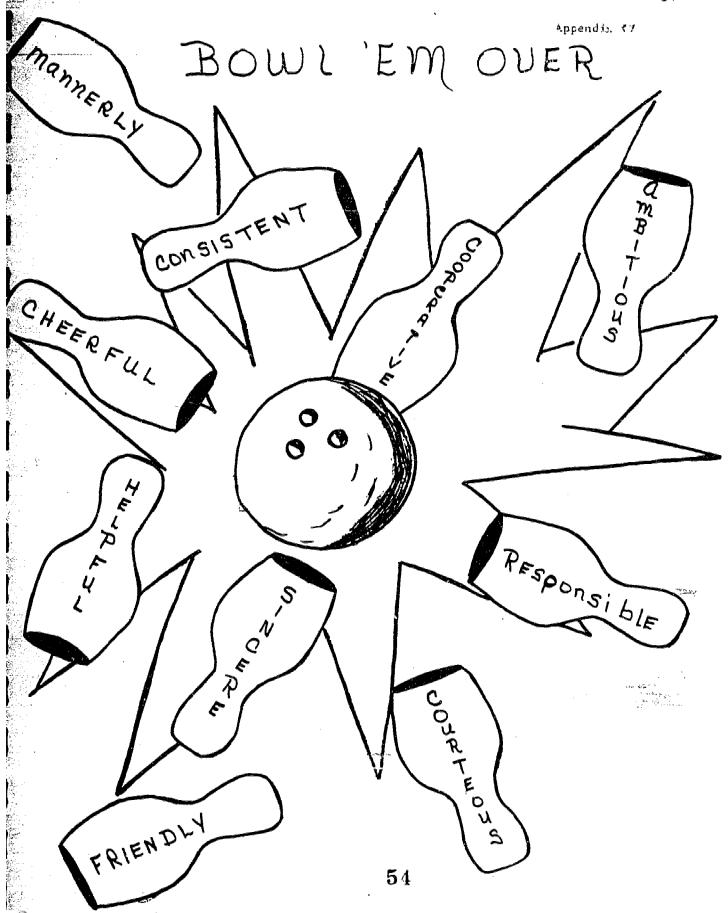






ERIC

Full Text Provided by ERIC



ERIC

TEST YOUR MATURITY

		1	1	1
		Frequently	Occasionally	Never
1.	Do you have fits of temper when things do not go your way?			,
2.	Are you making the most of your talents and abilities?			
3.	Do you constantly pity yourself?			
4.	Is your first impulse to be kind on all occasions?			
5.	Can you accept disappointments gracefully?			
6.	Do you interrupt people when they are talking because you wish to speak?			
	Do you have lots of friends?			
8.	Do you dislike meeting new people?			
9.	Can you see another person's point of view without getting angry?			
10.	Do you look for the good instead of the faults in others?			
11.	Do you accept a job and stick to it until you have finished?			
12.	Can you easily forgive others when they do wrong?			
13.	Are your feelings easily hurt?			
14.	Are you critical of other people?			-
15.	Are you at ease in groups?			



		Frequently	Occasionally	Never
16.	Do you hesitate to make your own decisions?			who should be a submitted to the state of th
17.	Do you feel other people have all the luck?			
18.	Do you dislike asking for help?			-
19.	Do you try to get others to talk instead of talking about yourself?			
20.	Do you worry about your health?			
21.	Do you enjoy daydreaming rather than actually doing things?			
22.	Do you like to be the center of attention?			
23.	Do you feel you have to do what the group does?			
24.	Do you put things off?			
25.	Do you cry over little things?	and the second s		
26.	Are you shy?			-
27.	Can your family and others depend on you?			
28.	Can you take a joke?			
29.	Are you generous to others with your time?			
30.	Do you feel you are tired when there really is no reason for it?			



Skit illustrating personality types. Assign students into the various relevant to the interpolation of the interpolation of the interpolation of the class. It is recommended that students be given some time to practice their roles. The class may discuss the skit when it is completed and decide which person or persons they would like to be.

THE MAGIC LOOKING GLASS

NARRATOR: Today we are going to perform a bit of magic right here in class. I am able to show you a magic looking glass. As we look into this magic looking glass perhaps you will see yourself as others see you. Wait a minute, I am beginning to have a vision right now. Yes, it looks like old faithful complaining Carol. I wonder what her main complaints are this morning. Let's listen.

COMPLAINING CAROL. I am so tired this morning. My mother made me wash dishes last night and my hands are still rough. That science teacher gave me 2 pages extra work for the days I missed. That is just terrible. I hate the color of the sky and there is too much sand in my shoes. I wish these classrooms weren't so cold. Aren't those school funches terrible? I just hate every thing.

NARRATOR: Carol really thinks she has problems, doesn't she? Did any of you see yourself in Carol? Sometimes we feel that we need to complain about a problem but do you complain all the time? Better you should be like Cheerful Charlene. As we re-enter our magic world, we find Charlene knocking on the door of her grand-mother's house. Let's see if she is happy or sad today.

CHEERFUL CHARLENE: (Scene opens as Charlene knocks on the door of her grandmorher's house. Her grandmother is inside rocking and knitting.)

Gram: Come in.

Charlene: Hi Grams, I just thought I'd drop by and say hello on my way home from school. I can't stay long though as I must get home and babysit for my little brother Tommy. Mother, is going to the beauty shop.

Gram: It was thoughtful of you to come by Charlene. Seeing your bright smiling face cheers me up. Don't you dislike babysitting after a hard day at school?

Charlene: Well, there are other things I could do but I know mom feels so much better with her hair fixed. I think Tommy enjoys going for a walk with me, too. I had better go. I'll see you tomorrow after school.

Gram: Good by Charlene. My that little visit gave me a lift. Such a thoughtful girl.

NARRATOR: There is quite a difference between Carol and Charlene. Bo you accept responsibilities and tasks as cheerfully as Charlene or are you an unhappy grumbler? The magic looking glass seems to be pointing on Conceited Clarence now. It looks like we might catch him just before he enters Science class. Hey Clarence, how are things going?



Appendin 27 (Continued)

- CONCEITED CLARENCE: I've got all A's so rar in science and I am doing fabulous work in all my other classes, too. My teachers really like me. They think I am so smart. Do you like my new suede jacket? It cost \$50. I notice lots of girls looking at me. Do you like P.E.? That's one thing about me. I can usually win most games I play. Got to go now, be careful, don't touch my jacket.
- NARRATOR: Wow, I guess we know what Clarence thinks of himself. I mean, we all know you have to like yourself but he goes overboard. I wonder why he needs to brag like that. Do you suppose he really feels insecure and unloved? I hope none of you out there say yourself that time. It wasn't a very nice reflection. Wait a minute, I think I see Sarcastic Sarah coming up to the Magic Looking Glass. Boy, she can say some pretty mean things. I guess I had better speak to her. "Sarah, how are you today?"
- SARCASTIC SARAH: Amy, that is such a pretty dress you have on today. Isn't that the same dress you wore a couple times last week? Now, look at that teacher's hair. I guess she really thinks she is a fashion plate. Did you hear the way Marie answered that question, (mimic fashion) "Yes, Ma'am. I'll do that right away, Ma'am." People make me sick.
- NARRATOR: People like that make me so angry. I think that if I saw Sarchstic Sarah in my mirror, I would think right away how I could change my personality. I don't think Sarah has many friends. Here comes someone that just looks friendly. I think his name is Freddy. Friendly Freddy would be a good name for him.
- FRIENDLY FREDDY: Hi, There! You are the new girl in school, aren't you? We are glad to meet a new student. You are from Georgia, aren't you? Someone told me you play the piano well. Perhaps you could join our band. Have you met all your teachers yet? Why don't you walk with me to math and I'll introduce you to some of the kids. (Choose a girl to be the new student. student simply responds with yes and no to the questions asked.)
- NARRATOR: My magic mirror is zeroing in on the juicy gossip of the week in the gossip headquarters, Gossiping Gertrude's bedroom. Gossiping Gertrude is very bad about spreading rumors. Let's listen and see what she is saying on the telephone to Mary.
- GOSSIPING GERTRUDE: (Scene opens as Gertrude sits on the bed and talks on the telephone.)

 Mary, have I got some news for you. Frieda Frankinstein got a real whipping
 by her mother after coming home late last Saturday night. Now don't tell
 anyone because Frieda made me promise not to tell anyone. I heard a rumor
 that Mr. Anderson's class in P.E. really ran all over him and half of them
 went to the store for icee's. I guess I don't have anymore news. What's
 that? (Pause) You failed your last English Exam! Gee, that is really
 tough. Well, so long, I've got to go. (Hangs up the phone) Hey, I can't
 wait to talk to Jane to tell her about Mary's failing her English test.
- NARRATOR: So that's the latest scoop. If you saw yourself in the magic mirror, think how easily you could lose friends being like Gossiping Gertrude. Do you think Mary will remain her friend after she tells everyone about her failing her English exam? I feel so sorry for people that are so shy like poor Susan. Watch Susan through the magic mirror and see how it is like to be shy. The scene opens in the guidance office. Mr. Rayburn, the guidance director is talking with Susan. Let's listen in.



Appendix #9 (Con't)

SHY SUE:

(Stage -- a man sitting behind a desk and a young girl in front of the desk. Her head is down so it is difficult to see her face.)

Mr. Rayburn: Sue, I asked you to come to me so we could talk about the problem

you have of being so shy.

(lifting her head just a little) I don't want people to laugh Susan:

at me. I don't read very well and I don't speak English too

well either.

Mr. Rayburn: Are you very quiet at home also, Susan?

Susan: No, I know everyone there. They won't laugh at me. I have to

take care of my little brothers and sisters.

Mr. Rayburn: Why don't you read lots of stories to your brothers and sisters.

In this way you could improve both your English and your reading

ability. Do you have any special interests, Susan?

Susan: Well, I do a lot of crocheting at home.

Mr. Rayburn: The home economics teacher has a needle work club before school

every morning. Perhaps if you joined the club you would meet some people with the same interests as you. Oh, and another thing, Susan, you have such pretty brown eyes. Don't be afraid

to look at other people and smile---

Susan: Thank you very much for the advice, Mr. Rayburn. I'll ask my

mother if I can join that club.

NARRATOR:

I think now Sue realizes that she has a lot to be proud of and that people will respect her for being brave and speaking out. Perhaps that new club will help her. Talker Tina is the last personality our magic mirror will show. She is certainly not shy, oh no, she talks too much. Just listen. That's all you can do with Tina around.

TALKER TINA: (Scene opens with Tina and Rachael sitting in the lunchroom eating lunch.)

Tina: I'm sorry we don't have a longer lunch period. I like to take time to enjoy my meal. You know I used to hate green beans until one day I was so hungry that even green beans tasted good. I guess I have liked them ever since,

Rachael: I like most vegetables. My mother-----

(Interupting Rachael) I guess I'll eat about anything now. Boy, Tina:

these hamburgers are good. I wonder what science class will be

like today.

Rachael: They did do experiments second period? I think they made-----Tina:

I wonder what dress I should wear tomorrow. I guess my blue one.

Say did I ever tell you the story of the time my mother saw a

mouse in the kitchen. Well, it was so funny-----

NARRATOR:

As we leave Tinz the talker, we leave her still talking. Chances are Rachael will be finding a new friend soon. A new friend that will be interested in listening to her as well as talking about herself. Well, folks, I'm losing my magical powers. The magic mirrors have shown us all the personalities they are going to for today. Remember it is never too late to change poor personality characteristics into good characteristics. We hope you enjoyed our magic show.



COURSE_	Personal Career Orientation
	ACCREDITATION STANDARD
TERMINAL PERFORMANCE OBJECTIVE NO. 2.0	X-4.158 level l-e,h,j

After various learning experiences, 76% of the students will evaluate how interpersonal relationships affect employability as evidenced by correctly answering 14 of the 20 items.

1	INTERMEDIATE PERSONANCE OF FECTIVES	NO.	CRITERION MEASURES
NO.	PERFORMANCE OBJECTIVES		
}		2.0	See attatched test-
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TPO. Test	2.0
	S: Place a plus (+) before each situation that leads to job nd minus (-) before each which will lead to failure.
1.	Clerk is rude to customer.
2.	Saleslady helps mother with an injured child.
3.	Typist shrugs the shoulders when given extra work.
4.	Telephone operator says "Thank-you" and "You're welcome."
5.	Manager smiles at customers and employees.
6.	Head waitress helps the new waitress set a table.
7.	Stock boy didn't put the tomatoes in the right section.
8 .	Clerk knocks on managers door before entering.
9.	One secretary talks about a bloody movie during lunchtime.
10.	Bag boy looks at the customer during their conversation.
11.	Saleslady sits down or slumps over the counter to wait on customers.
12.	When asked to re-do a report the secretary asked very curtly "thy?"
13.	The cashier listened to every word the manager said about running the new machine.
114•	Salesman returned the labels he had borrowed from another employee.
15.	The clerk complemented someone on a new outfit.
16.	Busboy takes tips from table as he clears it.
17.	Paperboy yells loudly in the mornings as he throws his papers
18.	Babysitter uses the telephone whenever she likes.
19.	Yard-boy works quietly until he finishes the job.



20. Stockboy yells across store for instructions.

	Personal		Orientation
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TERMINAL PERFORMANCE OBJECTIVE NO. 2.0 (cont'd)	X-4.158 level 1-e,h,j.
	rever re, n, j.

NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
2.1	to see the effect that social skills have on employability		Match the jobs in column A with the social skill that is needed most for that job in column B.
ļ	as evidenced by correctly an- swering 4 out of the 5 ques-		Column A
	tions		1. Receptionist
			2. Nurse's Aide
			3. Comedian
			4. Teacher
			5. Minister
			Column B
			a. ability to follow directions closely.
			b. ability to work well with others.
			c. ability to meet people.
			d. good sense of humor.
			e. positive attitule.
	1		·
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l			
i		1	62

INTERIM PERFORMANCE OBJECTIVE 2.1

₩A	LEADUTNO COURCE	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
<u>80.</u>	Recognize 5 social skills	2.1.1			Young Living (Chap. 3)	·
.1.2	Comprehend that social skills are learned at home first.	2.1.2	Discussion and unwritten evaluation. Each student must tell the class about one experience at home that helped him develop a social skill. (ex: Leave others belongings alone; respect for others).		Lessons In Living (Pages 335-33 Take a "Pre-test on Manners" Appendix #10 Prepare skits: Examples a. making introductions b. using good table manners c. using telephones d. conducting one's self properly in public. Sponsor a "Courtesy Week" for the school. a. make posters b. contribute to school news c. prepare skits and program dealing with courteousy d. devise activities for	r. er
EF	<u> </u>				homeroom use	64

INTERIM PERFORMANCE OBJECTIVE 2.1

NO. LEARNING STEPS NO. EVALUATION (Response) NO. METHOD/MEDIA SELECTION Match the social skills in Column and a series series series series are does what he is told 2. Smiling receptionist 3. Employee does what he is told 4. Laughs at others jokes 5. Doesn't distrub belongings of others 6. Helps others during a rush Column B (Social Skills) a. ability to meet people b. ability to work well with	mily
B with the best statement in Column A Column A Employee does what he is told Smiling receptionist Binjoys working wherever he is told Laughs at others jokes Doesn't distrub belongings of others Helps others during a rush Column B (Social Skills) a. ability to meet people b. ability to work well with	5 8- 60
1. Employee does what he is told 2. Smiling receptionist 3. Enjoys working wherever he is told 4. Laughs at others jokes 5. Doesn't distrub belongings of others 6. Helps others during a rush Column B (Social Skills) a. ability to meet people b. ability to work well with	
told 2. Smiling receptionist 3. Enjoys working wherever he is told 4. Laughs at others jokes 5. Doesn't distrub belongings of others 6. Helps others during a rush Column B (Social Skills) a. ability to meet people b. ability to work well with	
(Social Skills) a. ability to meet people b. ability to work well with	
a. ability to meet people b. ability to work well with	
b. ability to work well with	
others c. good sense of humor d. follows directions e. respects others f. positive attitude g. actions show you feel	
Key: 1. d 2. a 3. f 4. c 5. e 6. b	
FRIC 7. g	

INTERIM PERFORMANCE OBJECTIVE ______2.1

TERMINAL PERFORMANCE OBJECTIVE 2.0

	·					
NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
	Demonstrate social skills	2.1.4	Each student must complete the checklist during the social activity. 1. Get to know 2 people you don' know. 2. Get to know 1 person better. 3. Say "Thank you" whenever anyone did something for me. 4. Talked about something other than myself. 5. Complemented someone sincerely.	t	Depending on the time of year, have a social activity that might occur in an office. It may be a Christmas, going away, or birthday party. Play "People Bingo". Each student has a blank Bingo card and has to have others sign it until it is full. Then cut strips of paper with each students name on the paper. Then proceed with a regular Bingo game.	
	Ų		Note: The student would have others initial their card as they complete each activity.		See Appendix #11 Progress Record	45
Ω7	NC.					68
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COURSE Personal Career Orientation

TERMINAL	PERF	DRMANCE	
OBJECTIVE		2.0	(cont'd)

X-4.153 level 3-c

	NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
	2.2	The student will apply the techniques of communication to interpersonal relation—ships by correctly answering 7 out of 10 questions	2.2	See attached
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				69
a			1	

I.P.O. 2.2

DIRECTIONS: Fill in the blank in Column I with the best answer from words in Column II

	Column 1
1.	Be alert and when listening.
2.	Avoid replies and conversations.
3.	Avoid offensive ortopics.
4.	Avoid another's statements or grammar.
5•	Avoid remarks and unkind comments about other people.
6.	Avoid critical at the dinner table.
7.	Makeconversation.
8.	Good posture and poise communicates
9•	A ready smile communicates
10.	Looking at the person speaking to me communicates

Column II

- 1. friendliness
- 2. correcting
- 3. sarcastic
- 4. respect
- 5. pleasant
- 6. embarrassing
- 7. self-confidence
- 8. conversation
- 9. curt
- 10. interested



INTERIM PERFORMANCE OBJECTIVE 2.2

	and the second s		CRITERION PERFORMANCE		हात्म का पुर्व के १८ वट स्थाप कर पार्ट का का प्रकार का अवस्थान का वा र्ट का प्रकार के स्थाप का स्थाप का का प्रकार प्र	TIME
NO.	LEARNING STEPS	i NO.	EVALUATION (Response)	<u>N</u> O.	MITHOD/MEDIA SPLECTION	REQUIRED
2.1	Define verbal and non-verbal communication-	1: 2 a l		គា ម ។ ភិឌ្ឍ 🛊 .	Young Living pp. 23-25.	
を できる できる できる できる できる できる できる できる できる できる			A. Verbal B. Non-verbal		1	s p es constitut de despresa de la constitut d
Harry Comments of the Comments	·		1. actions			
Fig. 1. Sec. 1			2. speaking			
2.2.2	Recognize forms of non-vertal communication	4 4 ***	Match the pictures that communi- cates the appropriate feeling.	4, 4 () 6 p 4, 5 4	Slowes non-verba. Comunicas- ion	
					posture press odily expression	
Total Control of the			2. Happy		Ten Hor- an opening	
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			6.			
			B. 103 ±		,	
e: ad		1	c. X	:		
madia maser		† † †	9			
11.1 1.1 1.1 1.1 1.1			Have students D.		1 1	9
7 _{EI}	RIC.	!	draw or out from magazines, 5 nor verbal communications, and de-		1 : 	72
		Į	geribe	1	Ì	* , * ,

INTERIM PERFORMANCE OBJECTIVE 2.2

NΛ	I VADNIMO COURTO	1:75	CRITERION PERFORMANCE	 	Principal Philipp A. (the Parisonal	TIME
NO.	Analyze effects on interpersen- al relationships of these forms of non-verbal communication	NO.	Match the pictures with the cor- sentence. I would like these people as friends I would not like these people ple as friends	NO.	METHOD/MEDIA SPINCTION	MEQUIRED
			A. (C) B. (C) C. (C) D. (L)			
			C. D.			
73	JC.					5 74

INVERTY PERFORMANCE OBJECTIVE 2.2

LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SECECTION	TIME REQUIRE
LEARNING STEPS Recognize elements of verbal communication Summarize the factors involved in verbal and non-verbal communication.	2,2,4	Check the elements of verbal communication 1. Good Listener 2. Take over conversation 3. Make pleasing responses 4. Make no responses 5. Tone of voice	to 13	Tech Horizons pages 70-72 Have role-play on gossiping or play the "gossip" game. Have students listen to their value on the tape recorder. Role play "proper" telephone etiquette.	1
	A CONTRACTOR OF THE PARTY OF TH	3. be ples	San':		
		5, be crit			
	;				Q

Answer Sheet

T.P.O. Test

2.0

Plus (+): 2, 4, 5, 6, 8, 10, 13, 14, 15

Minus (-): 1, 3, 7, 9, 11, 12, 16, 17, 18, 19, 20

2.1

c, a, d, b, e

2.2

- 1. interested
- 2. curt
- 3. embarrassing
- 4. correcting
- 5. sarcastic
- 6. conversation
- 7. pleasant
- 8. self-confidence
- 7. friendliness
- 10. respect



GOOD MANNERS PRETEST

(True-l	alse	
	1.	If you are introduced to someone but forget the name later, you may ask him/her to repeat it for you.
	2.	It is not necessary to include a person's title (such as Doctor or Captain) when making an introduction.
	3.	A woman never stands for an introduction.
-	4.	When you ask a new person to come to your party, you must introduce him to the rest of the group.
	5•	When you are visiting someone in his home, it is okay for you to stay longer than you planned if you are having a good time.
	6.	I: you spend the night with a friend and they have no maid, you will embarrass them by trying to help.
	7.	When you are visiting in the home, you must follow the family's routine, even if it is inconvenient for you.
	8.	It is more proper to be twenty minutes late for a party than to be on time.
	9.	When you arrive at a party, you should greet your hostess before you join the other guests.
-	10.	It is considered good marners to talk only to the people you know at a party.
	11.	You should not use better manners at a fancy restaurant then you use at home.
————————————————————————————————————	12.	If you see a dish on the menu with which you are not familiar, you should ask the waitress.
·	13.	If you sneeze at the table , you must excuse yourself.
	14.	If you accidentally spill some food or drink on the person next to you you must help them clean it off.
	15.	To act grown up at the table, you should taste everything.
	16.	You should ask to be excused before leaving the table.
	. 17.	You should help pass dishes and see that everyone is served before you begin to eat. 78



		Appendix # 10 (conc
	18.	A gentleman always rises when an older person enters a round
	19.	When entering a crowded room, a gentleman should lead a woman across the room.
	20.	A lady or gentleman should be nice to everyone, even those when isplease him.
er Er	21.	A lady or gentleman should always follow rules of etiquette even if it means hurting someone's feelings.
	22.	It is not necessary to send a "thank you" note immediately.
	23.	When a door is closed, you always knock before entering.
	24.	When you make a telephone call and the other party answers you immediately say, "Who's speaking?"
	25.	You should never offer to do something for someone unless you know it will be gractously received.
कि स्था स्थाप		
5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		,
18 pt 6	-	
· ***		

PROGRESS RECORD

GUIDED, TO BELIEVE REQUESTIFIED OF CONTEST.

DIRECTIONS: In the left hand column, check those items on which you need to the In the spaces on the right, keep a record of your progoss. Report to the item the three characteristics you found hardest to do and the three items you found the easiest to do.

		HIM	MON	MR	No.	98111	A servetori (SEC)	
1.	Was respectful of the opinions of others.				The state of the s			
	Trusted other people.	augus armanias Planel nom					or the commence of the contract of the contrac	yr war in Herr
3.	Laughed at my mistakes.							my
participation of the second	Kept my temper under control.							
enterprise proposal de de la companya de la company	Did not tell things told to me in confidence.		Boulet and the second			afronger-se resource H		
deputation to the specification are send one experience of the specific spe	Compliance of someone sincerely.							an i susaan dagaan k
ikikit keje <u>ing antikalah p</u> er agalaha peragalan keja ta int. Selah di P	Old not violate the privacy of others.				t t	-	Market and the second of the s	The second of th
E y	Showed generosity to friends.						* * * * * * * * * * * * * * * * * * *	
9.	Did not gossip.						· · ·	
10,	Did not take friends for granted		gramme a massace de		e C C C C C C C C C C C C C C C C C C C		e - - - - - - - - - - - - -	to
11.	Talked about something other than myself.				And the state of t	To the second se	e mendestandante en en en en en	e conditions of the conditions
12.	Got to know some better.			The second secon	And the second s			t t t t t

. 21 , 1

<u> </u>			Sun	HON	TUE	WED	11111	Rije (25.3
	13.	Made a new acquaintance.						*	
	14.	Did something for a friend.							
VII. 1.1 MF (MR MARTIN)	15.	Did something at home without being asked.							ganta ganta galar a yang a Mili da kan
	16.	Was especially kind to a shy or younger person.							apparent set to the second
	17.	Gave special attention to an older person.						mad , Angeles et al.	Tagging specimen by
	18.	Said, "Thank you" whenever any- one did something for me.							

COURSE_	Personal	Career	Orientation	

	ACCREDITATION STANDARD
TERMINAL PERFORMANCE OBJECTIVE NO. 3.0	X-4.158 level l-e,h,j

After planned experiences, demonstrations and lectures the students will relate the importance of good grooming and personal appearance to employability and social acceptance by correctly responding to 7 out of the possible 10 correct responses.

	INTERMEDIATE	T	THE STREET STREET STREET, STRE
NO.	PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
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T.P.O. 3.0

GROOMING and DRESS for EMPLOYABILITY

DIRECTIONS:

From the list below list the 10 clothing and grooming factor, that an employer or a fellow employee would find distract way the girl in Figure A.



- 4.
- ***
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Figure A

- hair
 acne
- eyelashes
- l. smile
- 5. scarves

- 6. jewelry
- 7. purse
- 8. nails
- 9. hose
- 10. shoes

- l₄. bra
 - 12. dress
 - 13. slip



T.F.O. 3.0

GROOMING and DRESS for MULCYABILITY

DIRECTIONS: From the list below list the 10 clothing and grooming factors that an employer or a follow employee would find distracting about



1.

2.

3.

Ĺ.,

5.

6.

7.

s.

9.

10.

Figure A

- 2. acne
- 3. sunglasses
- 4. nose

- 5. scarf
- 6. jewelry
- 7. hat
- 8. smile

- 9. tenl. top
- 10. shoes
- 11. jeans
- 10. no belt



COURSE Personal Career Orientation

TERMINAL	PERF	ORMANCE		
OBJECTIVE	NO.	3.0	(cont	(d)

X-4.146 level 2-a.j.	Participation of the second se
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NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
3.1	The student will demon- strate his knowledge of per- sonal grooming and utiliza- tion of grooming aids as evi denced by scoring 80 out of 90 points during a one week program.	3.1	The teacher will prepare a wall chart and each day the students will rate themselves. They will receive 3 points in each category. Maximum f 18 points daily; 90 points for one week.
			face cleaned (Boys)
			face cleaned and proper the make-
			clean and neat lor clothing and shoen REM TIM REM
			clean body and oc free
5			teeth brushed
÷.			mani- cured nails
			neat and clean hair MINR
6		85	tudents amos

INTERIM PERFORMANCE OBJECTIVE 3.1

		- 	CRITERION PERFORMANCE		gramme and the first transfer and all and the second secon		
NO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO,	METHOD/MEDIA SELECTION	REQUIRE)
1.1	Define: grooming antiperspirant clean	3.1.1	Fill in the blank spaces with the correct word. 1. A helps prevent body oder. 2. A cream which dissolves hair.	3 4 1	Lescons In Laving, Page 2.2 Have each attalent aboard and demonstrate one of the growning steps for any a 2-day class period, at the each of this I.P.O. 3.1.		
å			from dirt. 4. means personal care. Key: 1. decolorant 2. depilatory 3. clean 4. grooming		"dironing for Beye soi Wirls" pempiden by Avon		
1.2	Define three types of baths 1. tub 2. shower 3. sponge	5.1.2	Match kinds of baths in column A with definitions in column B Column A 1. tub beth 2. shower bath 3. sponge bath Column B A. Dirt rinsed away by spraying water B. Soaking in a tub of water C. Used when there is no tub or shower Key: A. 2 B. 1	3.1.2	Fages 168, 251	ν ,	37
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TERMINAL PERFORMANCE OBJECTIVE 3.0 (con't)

INTERIM PERFORMANCE OBJECTIVE 3.1

			CRITERION PERFORMANCE	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
NO.	LEARNING STEPS	NO.	EVALUATION (Response)		THE THOU PER TO THE PE	
.1.3	Define: complexion cosmetics medicated blemishes	3.1.3	Match the word with the definition. a. complexion b. cosmetics c. medicated cosmetics d. blemishes 1. lipsticks, powder, mascara and other beauty aids 2. a chemical added to a lotion cream or alcohol to help dry up blemishes 3. the appearance of your skins ex. face 4. pimples, blackheads			
O(F)	ÑC.		Key: 3 a. 1 b. 2 c. 4 d.			61 89

FUNCTIONAL PERFORMANCE ANALYSIS

AL PERFORMANCE OBJECTIVE 3.0	INTERIM PERFORMANCE OBJECTIVE 3.1

ING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
y the three types of	3.1.4	Check the three types of skin 1. acne 3. oily 2. dry 4. normal Key: 2, 3, 4	3.1.4	Lessons in Living pages 251-254	
ne your skin type.	3.1.5	describe your skin. Determine your skin type using the key below. Check only 3. 1. I have blackheads and enlarged pores. 2. My skin feels flaky and rough. 3. My face gets shiny during the day. 4. My skin is smooth and clear izing cream or lotion. 6. I rarely have pimples or blackheads.			
					62 91



INTERIM PERFORMANCE OBJECTIVE 3.1

			CRITERION PERFORMANCE			TIME
NO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
			skin is the type that may have trouble with blackheads and enlarged pores. skin feels flaky and rough. Key: 1. oily 2. dry	3.1.6	Lessons in Living pages 251-254 View film "Teenage Skin Problems" Florida State Beard of Health	
3.1.7	Identify the proper care for each type of skin.		With skin, use cleansing creams or letions and as little soap as possible. skin needs daily care to keep it this way. skin needs plenty of soap and water and should be treated with medicated lotion, cream or alcohol. Key: 1. dry 2. normal 3. oily		Appendix 12 Appendix 13	
e de la companya de l				#		ω
E	RIC!					93

TERMINAL PERFORMANCE OBJECTIVE

			CRITERION PERFORMANCE	VA	METHOD/MEDIA SELECTION	T DM REQ	E UIRED
NO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.			
	Define: brushing of hair style rinse shampoo dandruff		Fill in the blank space with the correct word. 1. stimulates the scalp and strengthens the hair 2. Dead cells build up on the scalp and cause the hair throughly with plenty of warm water. 4. Many people prefer to use a to wash the hair rather than regular bath scap. 5. A good hair can help to accent your good features.	3.1.8	Page 255		
.1.9	Identify steps one can take to treat dandruff	3,1,9	Key: 1. brushing the hair 2. dandruff 3. rinse 4. shampoo 5. style Write at least 2 steps one can take to treat dandruff	3.1.9	Lessons In Living Page 255		
.1.10	Identify the importance of brus	h3.1.1	Key: 1. medicated shampoo 2. brushing the hair Brushing the scalp and straigntens the hair, it also re-				
	ing the hair		moves from the hair. brush strokes a day are recommended for normal hair. one hundred dirt or lint stimulates two hundred Key:				64
E ^Full	RIC		2. 2				95

TERMINAL PERFORMANCE OBJECTIVE 3.0

			CRITERION PERFORMANCE	<u> </u>		TIME
מנו	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
NO.		3.1.12	Fill in the blanks Wash your comb and brush in very hot water with a few drops of in it. Key: sudsy, ammonia		Lesson In Living Pages 255-260 Young Living Pages 169-170	
.1.12	Identify the manner in which dandruff and diseases of the scalp are transferred	3.1.13	Check how dandruff and diseases are transferred a. eating after someone b. wearing someone's clothes c. using some else comb or brush Key: C			
.1.13	Identify hair styles which are suitable for school and those which are suitable for special occasions		After viewing a visual display, select 3 hair styles suitable for school and 2 suitable for parties Key: school - B, C, E parties - A, D		Lessons In Living Pages 258-259 Appendix #14 Transparency: Face shapes and hair styles; Co-ed/Forecast	
3 . 1. 14	Define: brushing of teeth dental hygiene	3.1.4	Fill in the blanks with the correct word(s) Regular of teeth help to keep them clean. means caring for the teeth. Key: brushing dental hygiene		Lessons In Living Pages 261-263 Young Living Page 169 Appendix #15	
						55
E	RIC.					97

TERMINAL PERFORMANCE OBJECTIVE 3.0

,			CRITERION PERFORMANCE			TIME
NO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
NO. 3. 1. 15			Check the correct answers. To give teeth the proper care one must: 1. Brush teeth after each meal 2. Eating the right food 3. Using an electric tooth brush 4. Regular visits to the dentist Key: 1, 2, 4, 5 Check the cleaning agents which are good for brushing your teeth: 1. baking soda 2. baking powder 3. tooth powder 4. tooth powder			
3.1.16	Define: a. bunion b. callous c. corn on feet d. manicure e. pedicure	3.1.16	Match the words in Column A with the definitions in Column B. COLUMN A COLUMN B 1. bunion a. A rough, hard 2. callous area on bottom 3. corn on or side of the feet foot 4. manicure b. An inflamed 5. pedicure swelling of the joint of the big toe Key: c. Hardening or thickening of skin usually 3. c on the toe 4. e d. Care of the feet, toes and nails e. Care of the hands, fingers and nails		Pages 264-267	66 99

TERMINAL PERFORMANCE OBJECTIVE ___________

INTERIM PERFORMANCE OBJECTIVE ____3.1___

			CRITERION PERFORMANCE		A TOTAL PROPERTY AND MARKAGE	TME
70.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
1.17	Explore the importance of the proper care of the hands.	3.1.17	Check steps in proper washing of hands: 1. Use luke warm water and soap 2. Lather soap on hands and wrists 3. Brush if needed 4. Polish the nails 5. Rinse in warm water 6. Dry your hands throughly 7. Use lotion to replace oils Key: 1, 2, 3, 5, 6, 7		Lessons In Living Pages 264-266	
1.18	Recognize some of the causes of unattractive hands		cause unattractive hands:	3.1. 18	Pages 171-172	
1.19	Recognize the proper care of the feet	3.1.19	Check the steps in the proper care of the feet:	3.1.19	Young Living Pages 171-172	
	·					67
E Full W	RIC.				ž.	101

COURSE	Personal	Career	Orientation	

helmet

9•

10. 11. 12.

13.

14. apron

ear plugs

absorbent

fire proof

hair net special shoes

bullet proof vests

TERMINAL PERFORMANCE

		IVE NO. 3.0 (cont'd)		X-4.143
•	NO.	INTERMEDIATE PERFORMANCE OBJECTIVES The student will identify	NO.	CRITERION MEASURES Choose at least two clothing properties from the
		clothing properties which pro- tect individuals in various living and occupational acti- vities as evidenced by cor- rectly answering 9 out of the 12 responses		list in Column 2 that would be worn by the workers in Column 1 Column 1 A. fireman B. construction worker C. race car driver D. policeman E. waitress F. cook
				1. water repellent 2. crease resistant 3. safety goggles 4. hard hats 5. safety glass 6. gas mask

102

FUNCTIONAL PERFORMANCE ANALYSIS

ΑL	PERFORMANCE	OBJECTIVE	3.0	

ING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	T IME REQUIRED
	3.2.1	Cut pictures from magazines show- ing people wearing articles made of materials with special proper- ties		Bulletin Board Use pictures that were cut out	
r repellent se resistant ty goggles hats ty glass mask ets		(Ex. cook with apron, motor- cyle rider with helmet, welder with face mask)			
nt proof vests plugs nets ial shoes rbent proof					
clothing properties	3.2.2	List one characteristic of each clothing property found in 3.2.1 Example: 1. water repellent—non absorbent 2. crease resistant—does wrinkle 3. safety goggle—protects eye			
effect of clothing pro- on workers	3.2.3	Students relate (orally or writen) an incident where workers (did or did not) use the appropriate kind of material for their work. Ex. Brick falls on construction workers foot; waitress not wearing hair net			
		West his note her			69
				·	104



COURSE	Personal	Career	Orientation	
COURSE	LCLOUIGE	career	CT Transcription	

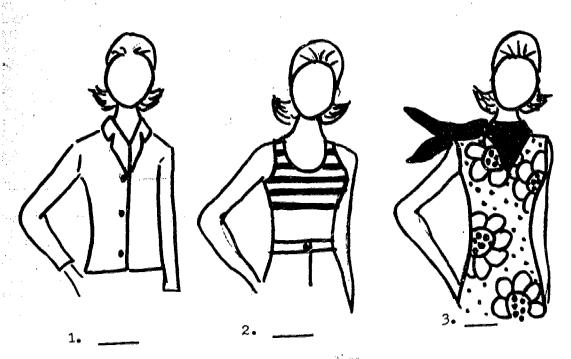
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OBJECTIVE		3.0	(cont'd)

X-4.140 level 2-a

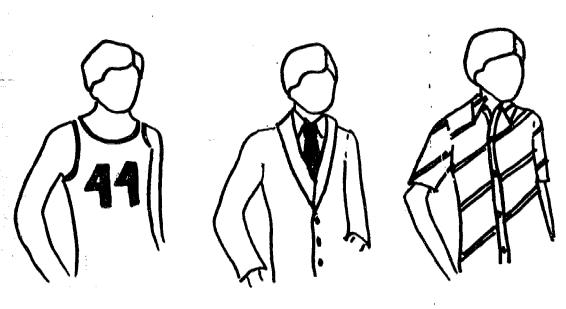
NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
3•3	The student will demonstrate his understanding of the relationship between the way an individual feels and the way he is dressed as evidenced by correctly matching 4 pictures out of 6 in the given exercise	3.3	See attached test
ř.			
			.1
			105

I. P. O. 3.3 Test

Place the letter which best discribes how the individual feels by the way he/she is dressed.



- A. Relaxed
- B. Serious
- C. Cheerful



106

6. ____

- A. Relaxed
- B. Serious
- C. Cheerful

FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 3.0

			CRITERION PERFORMANCE	_	A CONTRACTION	TIME REQUIRED
)	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	VEOC IVED
1	Define:	3,3.1	W Dornous a same in	3.3.1	Use pictures in Appendix #16 for class discussion of moods	
	moods		mines his•		and feelings	
	feelings		t temp			
2	Identify moods and feelings:	3.3.2	Appendix #16 have students iden-	3.3.2	Appendix 16 Teen Guide to Homemaking, P. 54	
	happy		tify the feeling or mood that the person in the picture has			
	sad		beladur mi one brooms and			-
	cheerful					
	gloomy				placers 15	
٠,	relaxed					
	 worried				,	
	flirty					
	conservative					
	silly		,			
			·			
		· lal				
			tame da Maria		,	
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COURSE Personal Career Orientation

	ľ	E	R	M	IN	AL	P	ERI	ORM	ANCE			
1	j	B	J	E	C1	IVE	ţ	NO.			 (cont	٠,	d)

X-4.158 level 1-e,h,j

NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES	
3.4	The student will demonstrate his knowledge of personal skills related to personal	3.4	Circle the worker in Colu likely to wear the given	mn B who would be most clothing in Column A:
eser.	appearance and employability by correctly circling 7 out		Column A	Column B
	of 10 responses	 	1. dangling jewelry	model - nurse
			2. dress suit	salesman - construc- tion worker
 £			3. elbow length hair	machinest - cab driver
er r Hetar G	garana (*)		l. excessive make-up	secretary - entertainer
			5. fashionable clothing	saleslady - stockboy
	·		6. high paltform shoes	bag boy - telephone operator
j.			7. very short skirt	file clerk - typist
			8. long pants.	short order cook - professional tennis player
	·		9. collar & tie	banker - P.E. teacher
r			10. bathing suit	lifeguard - principal
	·			
ery v Heric arrives				
			,	
			,	
			109	

TERMINAL PERFORMANCE OBJECTIVE 3.0

ж.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
	Define personal skills that relate to personal appearance			3.4.1	Teen Horizons Page 150-154	
4.2	Discover personal skills re- lated to personal appearance	3.4.2	personal appearance		Appendix 17	
E	RIC.		6. getting proper food, rest and exercise 7. managing money, time and energy well		#	ז 111

Key

3.0 hair purse dress
 eyclashes nails slip
 scarfs hose
 jewelry bra

- 3.2 (a.) 1, 4, 11, 13
 - (b.) 4, 11
 - (c.) 3, 5, 7, 11, 13
 - (d.) 8, 11
 - (e.) 10, 11, 14
 - (f.) 12, 14
- 3.3 (1.) b
 - (2.) a
 - (3.) c
 - (4.) a
 - (5.) b
 - (6.) c
- 3.4 1. model
 - 2. salesman
 - 3. cab driver
 - 4. entertainer
 - 5. salesludy

- 6. telephone operator
- 7. typist
- 8. short order cook
- 9. banker
- 10. life guard

Place "T" or "F" in front of number:

1. There are three basic causes of skin problems.

2. As skin heals, a new layer is formed over the inflamed area.

3. Diet has a definite effect on the condition of the skin.

5. Creams clean the skin better than soap.

4.

Proper washing removes flaky skin.

6. Washing with soap always Iries the skin.

7. You don't need a wash cloth to wash your face properly.

8. With proper care, I can expect results within two weeks.

9. I can skip washing my face at night.

10. There is no way to get rid of pimples.

11. To be effective, a medicated soap has to be harsh.

12. Black heads are caused by excess skin oils.

13. There's no need to see your doctor ab ut something as simple as pimples.

14. There's no way to tell in advance whether a blemish cream really works.

_ 15. A tendency toward skin problems may be inherited.

(Key True: #1(diet, skin care, heredity) 3, 4, 7, 8, 12, 14, 15.

PROBLEMS

C A N

ARISE!

3 out of 4 teenagers have blackheads or acne



What To Do:



- 1. Avoid oily and greasy foods
- 2. Keep hands away from face
- 3. Use soaps with bacteria fighters



(in severe cases:)

4. Consult a physician









1.15

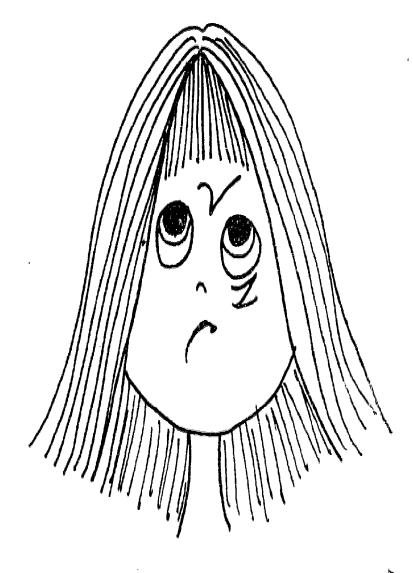
PROTECT YOUR SMILE



"... Anyone see the toothbrush I used to sweep out the hamster's cage?"

- . Brush teeth after meals
- . Control intake of sweets
- . Visit Dentist regularly

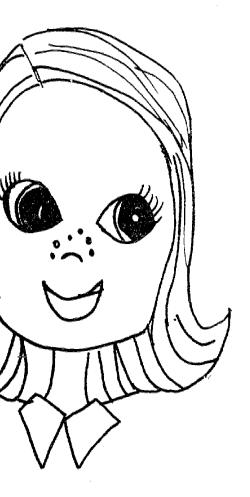




Appendix 16a

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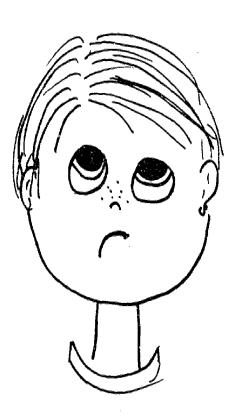
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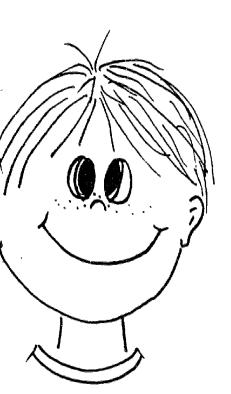




Appendix 16c 82







CASE STUDIES FOR GROOMING

Karen was new to her neighborhood and was anxious to get some babysitting jobs. She had decided to visit several families with young children.

She was so anxious, in fact, that she set off wearing her normal at-home clothes - patched, hip-hugger jeans and halter top. She slipped on a pair of well-worn sandals because she knew she might be walking a lot and they were comfortable. At the last minute, Karen remembered that some of the families had school-aged children and the mother might want someone older than 13 years to babysit. She quickly applied some eye shadow and mascara which her friends had always told her made her look older.

What three grooming mistakes did Karen make?

- 1. clothes not appropriate
- 2. old, worn shoes
- 3. make-up could make her look irresponsible and playing at being "grown-up"

Marilyn wanted a job for after-school hours and on Saturdays. She heard that the hospital wanted a girl to run errands, write letters for patients, and tell stories to children. She decided that she would apply.

Marilyn went to the hospital to be interviewed. Since the wind had mussed her hair on the way to the hospital, she took out her comb and began to fix her hair while the nurse asked her some questions. She knew she had a spot on her blouse, but she thought no one would notice it if she slumped in her chair a bit. The nurse gave Marilyn a form to fill out and while she was thinking about some of the questions, she began to bite her nails.

What four mistakes did Marilyn make during her interview?

- 1. combed her hair in public
- 2. spot on blouse
- 3. poor posture
- 4. bit nails



COURSE Fersonal Carter Orientation

•	ACCREDITATION STANDARD
TERMINAL PERFORMANCE OBJECTIVE NO 4.0	X-4. 44 X-4.153 level 3-c

Upon completion of a unit on personal nutrition, the student will describe the importance of personal nutrition needs for employability and how these needs may be met through food intake by correctly answering 17 out of 25 questions.

		INTERMEDIATE	T	
	NO.	PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
3		`		
			4.0	See attached
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T.P.O. 4.0

DIRECTION:	Beside each statement indicate if the statement is TRUE or FAISE by writing the appropriate word:
	Nutrients are necessary for growth and repair of tissue, body maintenance, regulation and energy.
2.	There are 4 nutrients.
3.	Carbohydrates are needed for growth and repair.
4.	Fats are needed for energy.
5.	Vitamin A is needed for the skin and eyes.
6.	A deficiency of iodine may cause goiter.
7.	A deficiency of vitamin C causes anemia.
8.	A source of protein is meat.
<u> </u>	A source of vitamin D is the sunshine.
10.	The basic four food groups are meat, fruit, vegetables, and bread.
11.	A teenager needs 3 or more glasses of milk per day.
12.	Four servings of protein are needed daily.
13•	Cheese is in the protein group.
14.	Tomatoes are in the fruit and vegetables group.
15.	Grits are in the milk and dairy group.
16.	Snacks should be nutritious and full of energy.
17•	A calorie is a unit used to measure fat.
18.	An empty calorie has a lot of nutrients.
19•	Chocolate cake has a lot of calories.
20,	A teenager needs 2,500 to 3,000 calories a day.
21.	Eating gelatin to have longer fingernails is a food fad.
	A good breakfast before work or school is needed to keep a person alert and energetic.
	Snacks during working hours should be full of energy but not fill-ing.



T.P.O. 4.0 (cont'd)

- 24. People out grow their need for milk.
- 25. A person will get more work done if they nibble all day.

COURSE	Personal	Career	Orientation

TERMINAL	PERF	DRMANCE	
OBJECTIVE	NO.	4.0	(cont'd)

	COURSE Person	al Car	eer Orientation	
:	Dentaminate			
OBJEC:	NAL PERFORMANCE FIVE NO. 4.0 (cont'd)		X-4.150 level 3 a,g	
	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES	
NO.		4.1	See attached	
4.1	The student will identify his food habits and relate	4• -	Dec aboutined	
i	effects of food habits on personal nutrition as evi-			
	denced by correctly answer- ing 6 out of 10 questions			
	•			
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I.P.O. 4.1 Test

The following items are multiple choice. Only one response is correct; check your choice.

- Leafy green and yellow vegetables furnish the body with
 - A. fat
 - B. vitamin A
 - C. vitamin D
 - D. protein
- Chief function of fat in the diet is to
 - A. furnish energy
 - B. build tissues
 - C. aid digestion
 - D. remove waste from the body
- 3. Proteins are important for
 - A. giving us heat energy

 - B. helping us grow C. helping our eye sight
 - D. helping eximination
- Standard recommanded guide for proper nutrition
 - A. esting regularly
 - B. basic four food groups
 - C. esting tasty foods
 - D. 65 to your choice
- Food habits are influenced by
 - A. family income
 - B. parents and friends
 - C. religion
 - D. all of the above
- Number of calories needed by teenagers
 - A. 1000 2000
 - B. 750 950 C. 2500 3000

 - D. 3000 3500
- 7. May cause poor food habits
 - A. eating alone
 - B. sleering too late
 - C. eating on the run
 - D. all the above

- 8. Milk and milk products
 - A. helps us to have healthy teeth
 B. roughage
 C. helps us to grow
 D. A & C
- 9. Snacks should be
 - A. nutritous

 - B. counted as a part of daily food intake C. not counted as a part of daily food intake D. A & E
- 10. Water in our bodies help
 - A. elimination
 - B. circulation

 - C. digestion
 D. all of the above

FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 4.0

en en en en en en en en en en en en en e		1	CRITERION PERFORMANCE	1		n TVD
NO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
NO.	Define: nutrient	4.1.1		4.1.1	"Young Living" chapter 5 Lessons In Learning, p. 10-15 Exploring Home and Family Living 28-45 Teen Horizons 244-245 Steps in Home Living, p. 62	REQUIRED
	Identify the nutrients	4.1.2	The nutrients in food, needed by bodies to maintain health and efficient performance, can be classified in groups: 1. p _ te 2. c _ b hyd _ (starches and sugar) 3. f 4. v ta 5. m n r s Which of the above NUTRIENTS are necessary for (a) growth and repair of tissue?	4.1.2	Same as 4.1.1 The nutrients may be scrambled or placed in a word search for the students to identify	LO.
F	RIC				**	9 ⊭ 100
	a Provided by ETIC		(cont'd)		·	_ 133

TERMINAL PERFORMANCE OBJECTIVE 4.0 (cont'd)

		1	CRITERION PERFORMANCE			TIME
	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
		4.1.2	Key: 1. protein 2. carbohydrate 3. fat 4. vitemin 5. minerals a. protein b. fat, carbohydrate c. vitamin, mineral	(4) a de 14 a de		
1-3	Identify functions of nutrients	4.1.3	Match the following: NUTRIENTS a. carbohy— drates b. fats c. protein e. calcium e. calcium (mineral) 5. builds strong bones and teeth		Same as 4.1.1	
1 3	RIC CITATION TO THE		Key: (a.) 2 (b.) 4 (c.) 1 (d.) 3 (e.) 5			9 135

FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 4.0

		T	COTMODIAN DEDDAMANAG	Ţ		
w.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
10.	Recognize deficiency diseases		Write the disease caused from a lack of the following nutrients.	4.1.4		VEGO TYPO
			A. Vitamin A			
			B. Vitamin B			
			C. Vitamin C			
K.			D. Iron		,	
			E. Iodine			
			Key: (a.) night blindness (b.) beriberi, (c.) scurvy, (d.) anemia (e.) goiter			
1. - /	Recognize food sources of nu- trients	4.1.5	Match the following food and their sources in Column I and Column II.	4.1.5	See Appendix 18	,
			COLUMN I 1. Iodine a. orange juice 2. Protein 3. Vitamin C b. sea food c. meat	,		,
			Key: 1. b, 2. c, 3. a			
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E	RIC .				÷	జ 137

TERMINAL PERFORMANCE OBJECTIVE 4.0

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	· · · · · · · · · · · · · · · · · · ·		CRITERION PERFORMANCE	VΛ	METHOD/MEDIA SELECTION	KEONIKED.
m.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.		VEALTVEN
1.6	Identify Basic 4 Food Guide	4.1.6	Complete: One guide for determining our daily food intake is the Basic 4 guide. These groups of food are: and dairy products. and cereal. and vegetable. and protein. Key: 1. milk, 2. breads, 3. fruits, 4. meat	4.1.6	Lessons In Living Lesson 1 Steps In Home Living Pages 58-63 Young Living Page 85	
	Identify number of daily servings needed from each of the Basic 4 Food Groups		In order to eat food that will provide enough energy, growth and repair of tissue, and good health and vitality, a teen-ager needs the following each day: FOOD GROUP Milk & dairy Fruit & vegetable bread & cereal protein Key: (a.) 3 or more, (b.) 4 or more, (c.) 4 or more, (d.) 2 or more		Same as 4.1.6	
				, !		
	B _a mar en la companya de la compan			_	 <u></u> ^/=	: · · - · · - · · • • · • • • • • • • • •
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FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 4.0

	T DATHY TYPO CONDING	MA	CRITERION PERFORMANCE	110	MUTTION MEDIA CRI ECTION	TIME REQUIRED
1.8	Classify foods in Basic 4 Food Groups	NO.	EVALUATION (Response) 1. Protein 2. Bread & Cereal 3. Fruits & Vegetables 4. Milk & Dairy	NO. 4.1.9	METHOD/MEDIA SELECTION Same as 4.1.6 Appendix 19 Appendix 20	REQUIRED
			Write the number of the above group to which the following food belong: a. water melon		,	,
			b. crackers c. eggs d. cheese e. tomatoes f. rice g. fish		ı	
			h. cottage cheese Key: 3, 2, 1, 4, 3, 2, 1, 4.		·	
1.10	Examine individual food intake and identify Basic 4 Food Groups represented		Complete "Record of Foods Eaten for One Day"	4.1.9	See Appendix 21	
1.10	Describe how your personal nutri tion needs may be met through food intake	4.1.10	Complete "A DIETARY Score Card"	4.1.10	See Appendix 22 See Appendix 23 for suggested "Hands—On" experiences	
	46					95
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TERMINAL PERFORMANCE OBJECTIVE 4.0

	· · · · · · · · · · · · · · · · · · ·		CRITERION PERFORMANCE			TIME
PNO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
1.11	Define: calorie	1.11	Match each word with the correct definition	4.1.11	Young Living PP. 92-98	
	low-calorie high-calorie		Words		Teen Horizons	
	empty calorie		1. High-calorie		PP. 249-251	
			2. Empty-calorie 3. Calorie			
			4. Low-calorie			
	i		<u>Definitions</u>	:	·	
			(a) a unit used to measure the amount of heat or energy produced by food		,	
	·		(b) not many calories			
			(c) calories with no other nutrit ients except carbohydrates			
			(d) many, many calories	ţ		
	•		Key: 1. d, 2. c, 3. a, 4. b			
1.12	Identify the number of calories needed by teenagers		Teenagers need about	4.1.12	Young Living PP. 92-98	
	·		Key: 2,500 — 3,000	i_{z_3}	Exploring Home and Family Living PP. 33, 40	
]	Have students calculate the . amount of calories they consumed in one day	96
EI	Č.					143
	Ricci]	amount of calories they consumed in one day	96 1

TERMINAL PERFORMANCE OBJECTIVE 4.0

			CRITER	ON PERFORMANCE			TIME
HO.	LEARNING STEPS	NO.	1	TION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
	Recognize food fads	4.1.13	Place a fallacie	check by the food fads or	4.1.B	"Fallacy And Food Facts" P. 92-94	,
			1.	Children should take vi- tamin supplements		Food And Nutrition Florida State Guide	
	Fr.		2.	Gelatin will make your fingernails grow longer			
	·) e	Weight control is in- fluenced by the number of calories			
			d a	A large amount of Vitamir C prevents colds	Š	•	,
				Key: 1, 2, 4			
# 1				,		4	
To the second se	,						
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14 E	RIC					÷	145

COURSE	P	ersonal	Career	Ori	enta	tion

TERMINAL PERFORMANCE
OBJECTIVE NO. 4.0 (cont'd)

X-4.158 level l-e,h,j

NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
4.2	Relates nutritional status to employability for high level job performance	4.2	Good nutrition is needed for top level job performance. Make sure that Joe, a construction worker's diet includes all of the required servings from each of the Basic 4 food groups. Underline one food in each parenthesis ()
			Joe's Breakfast
			Grapefruit Juice Oatmeal (1) (Egg, Pancakes) Toast
			(2) (Milk, Coffee)
			Joe's Morning Break
			(3) (Ice Cream Bar, Cofîee)
			Joe's Packed Lunch
			2 Ham and Cheese Sandwiches (L) (Carrot sticks, Biscuits) Cookies Apple Milk
			Joe's Afternoon Snack Fruit Drink
			Jos's Dinner
		and representation of	Meatloaf
			(5) (Corn, Rice) Bread Cake
			Iced Tca
	· _F	-	146

FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 4.0

- THA	T TATUTUO AMINA	170	CRITERION PERFORMANCE	NA	MENTION/MENTA COTOCOTOX	TIME REQUIR K
NO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	VEAN TURE
.2.1	Describe how food affects an individual's feelings (physical and mental)	4.2.1	"Eating the right foods make you look, feel and act better"	4.2.1	Lessons In Living Pages 18-17	
	- -		Draw a line from the kind of feel ings to all of the words that describe that feeling	G		
==			a. pleasant			
٠.			Physical Feelings b, thoughtful			
·			c. strong			
			d. calm e. dependable			
			Mental Feelings f. hungry	Ç		
			g. enthusias- tic			
			Key: Physical: c, f			
			Mental: a, b, d, e, g			
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \						
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Key 4.0

1.	True	6.	True	11.	True	16.	True	21.	True
2.	False	7.	False	12.	False	17.	False	22.	True
3.	False	€.	True	13.	False	18.	False	23.	True
4.	True	9•	True	14.	True	19.	True	24.	False
5.	True	10.	False	15.	False	20.	True	25.	True

- 4.1 1. B 6. C
 2. A 7. D
 3. B 8. D
 4. B 9. D
 5. D 10. D
- 4.2 1. egg
 - 2. milk
 - 3. ice cream bar
 - 4. carrot sticks
 - 5. com

Appendix #18

Games On Nutrients

- A. Divide the class into 2 teams "F" and "N". The first person on the "F" team may name a food; the first person on the "N" team answers with the peoper nutrient. If someone gives a wrong answer, that person is out of the game. After the game ends, the teams line up again. This time make the "F" team the "N" team.
- B. Jeopardy Rules: Divide class into 2 teams. Each team has a leader who is responsible for choosing the category and saying the answer. Anyone can raise his hand to answer a question but he must tell it to the team leader. If anyone else from the team would like to help, this is permissable. If a team raises their hand first they have one minute to answer correctly to receive their points, if not have one minute to answer correctly to receive their points, if not have one minute to answer correctly to receive their points, if not have amount subtracted from their points but the other team may not answer. (Teacher gives the answer). The team that correctly answered the last question gets to choose the next category. In each category one question can not be asked until the ones above it are gone. One category does not have to be completed until you can go to the next category. The team that chooses the "Double Jeopardy" card can only enswer that question and if correct, they receive twice the face value of the question. The team with the most points win.

Playing board may be plywood or bulletin board with nails or tacks to hold cards. Each card should be at least 6" x 6" - 75 cards in total plus your Double Jeopardy cards you may place anywhere between top and middle card. (usually 2)

I. Top Layer:

CC*	CC	cc	cc	cc
10	10	10	10	17
20	20	20	20	20
30	30	30	30	30
40	40	40	I₊O	/ ₁ O
50	50	50	50	50

*CC - category card



II. Middle Layer - Questions

- CC. Proteins
 - 10 Why is protein necessary?
 - 20 Name 3 sources of protein.
 - 30 Do vegetables have protein?
 - 40 How many servings of meat (protein) do we need a day?
 - 50 What happens when a person does not eat protein?
- CC. Carbohydrates
 - 10 What are carbohy irates?
 - 20 Name 3 sources of carbohydrates.
 - 30 What can carbohydrates be changed into in your body?
 - 40 What do carbohydrates give you?
 - 50 Which has more carbohydrate value, a potato or a slice of white bread?
- CC. Fats
 - 10 Do fats come from animals, plants, or both?
 - 20 Do fats give you energy?
 - 30 Does milk contain fat?
 - 40 Does sugar contain fat?
 - 50 Does butter or margarine contain fat?
- CC. Vitamins
 - 10 Why are vitamins necessary?
 - 20 What does Vitamin A affect?
 - 30 What is another name for Vitamin D and why?
 - 40 Vitamin B is found in what foods?
 - 50 What is caused by a lack of Vitamin C?
- CC. Minerals
 - 10 Name 3 minerals?
 - 20 Your bones and teeth need what 2 minerals?
 - 30 What is a source of iodine?
 - 40 What is a source of calcium and phosphorus?
 - 50 What is caused by a lack of iron?
- III. Bottom Layer Answers

Protein

- 10 body, growth and repair
- 20 meat, fish, poultry
- 30 yes, but incomplete
- 40 2 servings
- 50 slow growth and repair

Carbohydrates

- 10 plant foods that contain starch or sugar
- 20 cereals, fruits, vegetables
- 30 fat
- 40 energy
- 50 white bread



Bottom Layer - Answers (cont'd)

Fats

10 - both

20 - yes

30 - yes

40 - no 50 - yes

Vitamins

10 - help to regulate body processes

20 - skin, eyes

30 - sunshine vitamin, you may get it from the sun.

40 - meat, milk, fruits, vegetables and grain

50 - scurvy

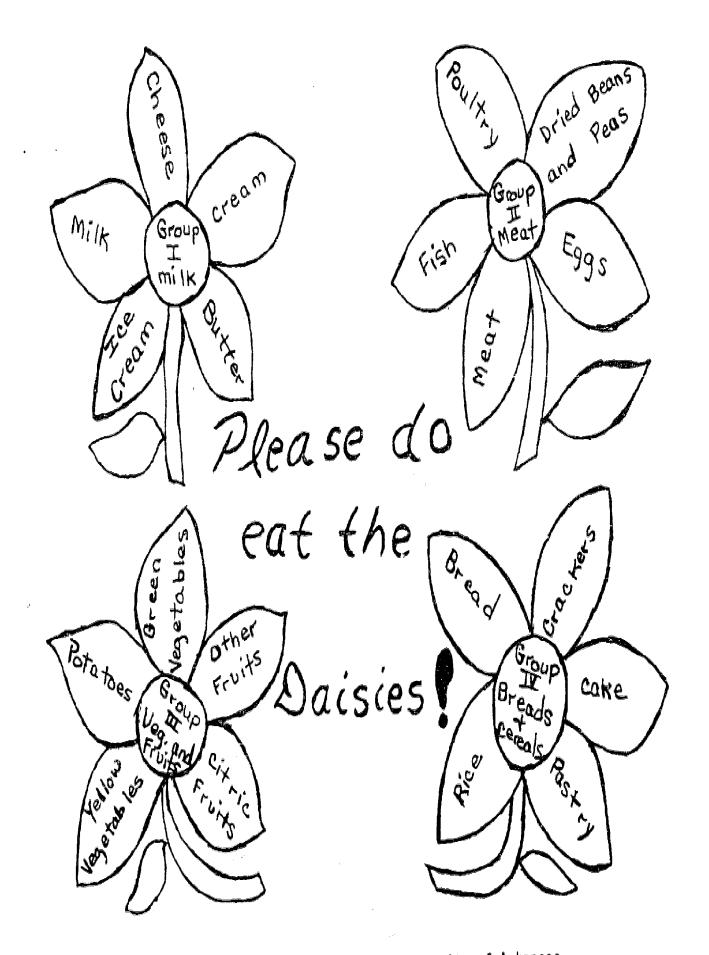
Minerals

10 - calcium, phosphorus, iodine, iron

20 - calcium, phosphorus

30 - seafood, salt

140 - milk 50 - anemia



Taken from Food and Nutrition Guide, Monograph 74, University of Arkansas.

ERIC Provided by ERIC

SUPERMARKET RUMMY

June Patchett

The purpose of this game is to create food combinations that constitute "balanced meals" while noting the cost of food.

Preparation required:

Construct a deck of cards containing names of foods representing all food groups and prices of one serving. Number of lards in deck can vary according to number of players and complexity desired. Minimum of about 48 cards desirable.

Rules of play:

Deal each player 8 cards and use standard rummy procedure. Place rest of deck on table. Turn top card face up. First player may take that card or draw top one from deck, then discard one on the face-up stack.

Players may lay down "books" of 4 cards which they think make a balanced meal. Meal must contain all four food groups. Continue until one player has two "meals" or all cards have been drawn.

Scoring is based on cost of meal:

- 15 points for each meal if cost is 30¢ or less
- 10 points for each meal if cost is 31-50 @ 5 points for each meal if cost is 51-75 @
- 1 point for each meal if cost is 76¢ or more



RECORD OF FOODS EATEN FOR ONE DAY

Please f	ill in the blanks:					
Name		Se	X			
Age	te					
List all	the foods you eat ea	ch day (24 hour period) ings of a food write af was cooked or raw, and			nd lping:	8
	FOOD EATEN FOR E		M&D			Meat
1		2		<u> </u>		-
3		4				
5		6				
Snacks .						
	FOOD EATEN AT NO	<u>oon</u>	M&D	B&C	F&V	Meat
١	2	3	· · · · · · · · · · · · · · · · · · ·			
4.	5	.6.	<u> </u>			<u></u>
7	8.	9				
Snacks						
	FOOD EATEN AT N	_	<u>M&D</u>	B&C	F&V	<u>Meat</u>
		٩				
		6.				
7	8	9.				_
Snacks_	-	A STATE OF THE PARTY OF THE PAR	· · · · · · · · · · · · · · · · · · ·			
SUMMARI	(: which group (food) di	$rac{ ext{T}_{0}}{ ext{d}}$ you meet the daily re	OTALS quirements?			
per	r day?	lacking the minimum num				
3. Wha	at can you add to this each group?	diet to recieve whe re ${f 156}$	commendii numb	er of	servi	ngs

Appendix #22

A DESTARY SCORE CARD

Directions: Write year score for each of the food groups listed below. Score yourself for one days food intake only. Do not write a score higher than the one allowed for each group of foods.

BASTO FOOD GROUP	FUODE	EACT DAY	SCORE FOR	YOUR SCORE
	Green and rellow vegetables	l serving	10	
!. ←	Citrus fruits or other vitamin C rich foods	l serving	10	
ſ	Potatoes and other vegetables and fruits	3 servings	5	
17. E	Milk and milk products	3-lı cups	20	
	Heat, poultry, fish	l serving	15	
III. «	Meat, poultry, fish or meat alternates	l serving	10	
	Eggs	l daily (at least 4 per wk.)	5	
₩. ←	Whole grain or enriched bread or cereal	l serving per meal	10	
	Butter or other fats	2-3 tbsp.	5	
	A good breakfast, including some form of protein, as mi	lk	10	
	or egg.	Total.:	100 Yo	ur tal

To summarize - answer:



^{1.} In which food group(s) was your score correct?
2. In which food group(s) was your score lower than it should be?
3. What food(s) could you add to this day's food intake to make your score correct?

Appendix #23

- 1. Have students bring in snacks from home to eat in class. Have class set up the criteria for good snacks (ie: cost, nutrition, preparation) and rate each snack.
- 2. Plan nutritious "box" lunches and make them in class.
- 3. Plan and prepare a snack using cereal (toasted).
- 4. Plan and prepare a very simple snack to be served at a special occasion at work (fondue, finger sandwiches, punch.



COURSE	Personal	Career	Orientation	#2709
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	ACCREDITATION STANDARD
TERMINAL PERFORMANCE OBJECTIVE NO. 5.0	X-4.148 level 3-c.d.e

After instruction, demonstration and other learning activities, 76% of the students will be able to demonstrate their acquired knowledge of the principles of management in the given test with 70% proficiency.

	INTERMEDIATE	170	CR TOWN TOXY AND DO
NO.	PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
		5.0	See attached test
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T.P.O. 5.0

ment	Place t is f	"Yes" in blank if the statement is true and "No" if the state- alse
· .	1.	The worth of management determines how personal resources are used.
	2.	Goals are reached through wise use of time, money and energy.
	3•	Everyone has the same amount of time per day.
	4.	Values and attitudes determines how one uses his energy.
	5.	Poking around is an enemy of wise use of energy.
	_ 6.	Deciding on goals can influence the use of energy.
	7.	A time schedule cannot be changed.
	8.	A list of jobs to be done is a good management practice.
	9.	Energy is affected by food, rest and exercise.
	10.	Goals are reached through the wise use of money.

COURSE Personal Career Orientation #2709

TERMINAL PERFORMANCE
OBJECTIVE NO. 5.0 (cont'd)

X-4.147 level 2-a,g,i

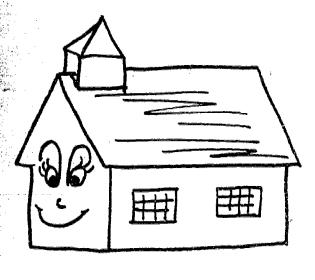
	•		
NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
	The student will comprehend the need for skills in manag- ing resources, as evidenced by correctly responding to 4 of the 6 correct statements	5.1	Circle the following statements that are most likely to occur when resources are wisely managed - there are 6 correct statements a. dependence on others
			b. attainment of goals c. makes good grades
			d. no time for recreation
V V			e. money for luxuries
7 7	:		f. often late for appointments
A second			g. may drop out of school
Maria Salah Salah			h. may have hobbies
			i. satisfies wants
	e ignores		j. improve personal skills
The second secon			
រ សូម -		4	

X 0.			CRITERION PERFORMANCE			TIME
	LEARNING STEPS	NO.	EVALUATION (Response)	NO. 5.1.1	METHOD/MEDIA SELECTION Enjoying Family Living	REQUIRED >
	Identify human resources:	>• i• 1	Circle the human resources: a. energy e. air	7.1.1	Chapter 8	
	energy skill		b. imagination f. aptitude		1	
	aptitude		c. land g. patience		Teen Guide To Home Making	
	intelligence		d. time h. factory		Chapter 3	
	imagination patience				Types Of Resources	
entre per	understanding		Key: a, b, d, f, g		Appendix #24	
(*) (*)	time				' ,	
in pom p p	money					,
i A	D. 01	5 1 2	Match the following description			
2	Define: a. tangible	/1±16	with the term it lescribes: (tan-			
	b. intangible		gible - intangible)			
	-		مرم مامر فران معالم المسالم ال			
is S			1. something which can be touched	,		
() 40,			ng agasters			:
			2. something which cannot			
			be touched or seen			
			16: 4 1113-			
	•		Key: 1. tangible 2. intangible		a.	
	•		.'4 TilanieToro			
i o	Identify three personal resour-	\$.1, 3	Your personal resources are your			
.3	Cos)	and		of the state of th	
el M					of the state of th	
					<i>1</i>	:
yeren.	- 1		No Key			<u> </u>
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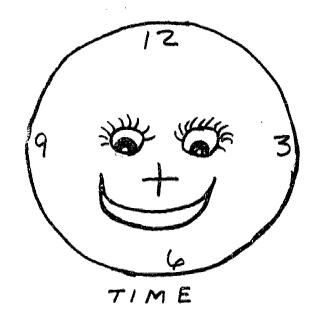
FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 5.0

NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO,	METHOD/MEDIA SELECTION	TIME REQUIRED
1.4	Classify resources as to tangi- ble and intangible	5. 1.4	Classify the following words in correct columns below:		THE STATE OF THE PARTY OF THE P	engel (V. del V. laki) A te sell glavi a dimensinga maga
			religious belief gifts allowance telent		t to the second	
			TANGIBLE INTANGIBLE			
Programme Control of the Control of			Ecy: Tangible: gift, allowence Intangible: talent, relig- ious belief			
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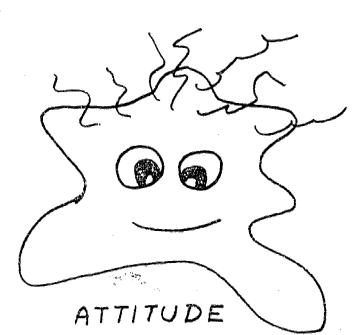
EDUCATION



SKILLS & ABILITIES



MONEY



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COURSE	Personal	Career	Orientation	#2709

TERMINAL OBJECTIV	PERFORMANCE E NO. 5.0 (cont'd)	X-4.148	level 3-c,d,e

	•		
NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
5.2	The student will apply principles of management to use of personal resourses as evidenced by students correctly answering 4 out of 5 statements	5.2	See attached
		·	
The second secon			
BIC.			167

FUNCTIONAL PERFORMANCE ANALYSIS

TERMINAL PERFORMANCE OBJECTIVE 5.0

NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME
2.1			Match the possessions in Column B that the person would most likely desire with the values in Column A.	5.2.1		REQUIRED
			Column A Column B 1. leisure time A. fishing pole 2. beauty B. books 3. education C. make-up Key: 1. a, 2. c, 3. b		Teen Guide To Homemaking P. 192 Teen Horizons P. 10	
2.2 2.3 2.3 2.3 2.3 2.3 2.3 2.3 2.3 2.3	Outline the 5 steps in decision making		Organize the steps of decision making in logical sequence by placing the number "1" by the first, "2" by the second, and so on A. carry out plansB. gather informationC. state problemsD. evaluateE. decide and plan	5.2.2	Teen Guide To Homemaking P. 148-152 Appendix 25 May be used as transparency overlays Appendix 26 As transparency or hand out, fill in circles with actual decisions	
	R CRIC		Key: A. 4, B. 2, C. 1 D. 5, E. 3		"	169
	The Producty IIII				,	•

I.P.O. Test 5.2

Bob applied:

Bob had entered a kite - flying contest that was to be held Saturday afternoon. For this event he designed a large box kite and had it all finished by Friday afternoon. As he was taking it out of the garage for a test flight, he struck one of the props and broke it. Realizing that the time was short, Bob jumped on his bicycle and dashed down to the store for a new prop. On the way he realized that he only had twenty five cents. When he arrived at the store, he was told that he would have to buy a whole new kite kit. Bob did not have enough money and thought of borrowing from his next week's allowance. Suddenly he realized that he had already borrowed on his allowance.

Bob had a lawn to cut Monday morning, but this income would not be available until after the job was done.

Write the word "good" or "bad" for the kind of management

**	
1.	Kite was finished before contest
2.	The kite was tested before contest
3.	Going to store without checking possibilities
4.	Borrowing money from next week's allowance
5•	Other sources of income



NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE			TIME
2.3	Apply steps in problem solving		EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
	to personal management and eco- nomic decisions		Apply the problem-solving approach to one of the following situations You will have to use your imaging-	•	Teen Guide To Homemaking P. 148-152	
	,		tion in stating some of the fact- ors which affect the situation.		Enjoying Family Living P. 95	
22			1) Mary may choose one elective course this year. She may take art, chorus, band, or a foreign language.		"Consumer Decision Making" J.C. Penneys (Kit)	
			2) John wants to buy a second hand mini bike which needs repair,		Dynamic-Consumer Decision-Making J.C. Penney Company	
			although he has been saving his money carefully, he is still \$15.00 short of the selling price.			
	:	Ī	Evaluate the results by answering the following questions:		i	
		7	l. Which decisions were the best and why?			
		2	. How could the plan have been improved?			×.
		3	. What did you learn by applying the problem-solving approach in this situation?			
		:	-44.			118
	171					
	ERIC.			Ī		179

TERMINAL PERFORMANCE OBJECTIVE 5.0

			CRITERION PERFORMANCE	WA	AMERICAN PRINTA CENTRATAN	TIME REQUIRED
NO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	VEANTO
	Demonstrate responsibility in caring for money		Suppose you left your billfold in your locker and forgot to lock it. During the day your billfold was stolen. Check below the item which would place the major responsibility for the theft. a. lack of police protection b. your teacher for not reminding you about locking your locker		Discuss other consequences of careless handling of mondy Teen Horizons P. 406	
5 . 2 . 5	Define credit buying	5.2.5	c. yourself Key: C Check the best definition of credit:	5.2.5	Teen Guide to Homemaking P. 231-234	
			(a) Time given for payment of goods and services sold on trust (b) Paying for goods or services at the time rendered		Crossword Puzzle P. 234 Teen Guide to Homemaking (for more advanced students)	
			Key: A			119
1 E	77.2 RIC					174

NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
5.2.6	Recognize the terms related to credit	5.2.5	Chack the words that are related to credit and credit buying 1. charge		Sermble the credit worls for tulonts to undersomble, then are definitions	
in the second se			5. Instant buying Key: 1. b, 2. c, 3. d,			120
E	RIC		4. c, 5. a		÷	176

TERMINAL PERFORMANCE OBJECTIVE 5.0

NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
	Define budget	5.2.8	A is a glan for spend- ing money. Key: budget	5.0.0	Exploring Home and Tability Page 191	
.2.9	Recognize the colventages of keep ing a bulget	J.P.O	Place a check by the advantages of 'ceeping a budget 1. helps a person reach his pals 2. realize where unnecessary money is spent 2. extra paper work 1. less likely to overspend Key: 1, 2, 4	5.2.0	Peen Guide To Komessking P. 300	
. 2. 10	Outline steps in making a budget 1. Know your income 2. Record and Look over expenses 3. Make spending plan 4. Follow plan 5. Evaluate 6. Change when needed	5,2,10	Organize the steps in budget-making in a logical order by placing the number "1" by the first step "2" by the second and so on A. Follow plan B. Change plan when needed C. Evaluate D. Making spending plan F. Know your income F. Record and look over expanses		Make a record of all the ways you spent money for one week My Spending Today I spent this amount On the Jan.	following
			Key: A. 4, B. 6, C. 5, D. 3, E. 1, F. 2		Managing Your Money Family Development Series	121
E	RIC CONTROL OF THE CO				Steck-Vaughn Co. Austin, Texas	178

TERMINAL PERFORMANCE OBJECTIVE 5.0

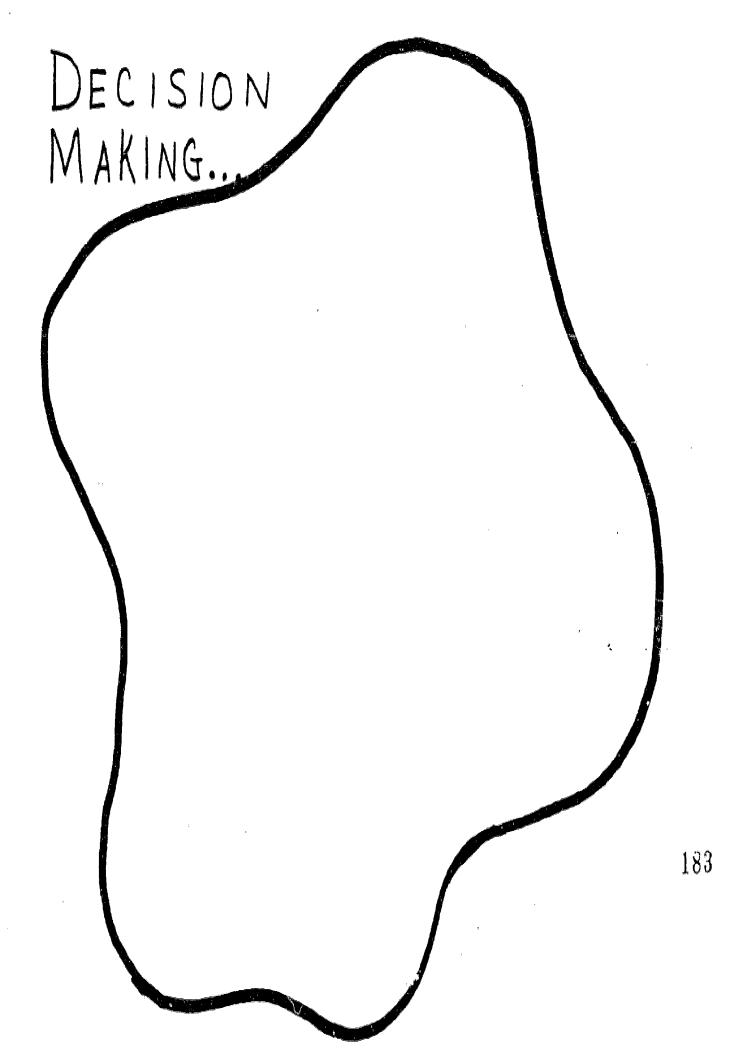
NO.	LEARNING STEPS	ΝΟ.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
2,11				5.2.11	Try in lependent study Lore Appendix 727	
.2. 12	Relate the principles of manage ment to time and energy	5.2.12	Choose one of the following situations and describe how to save time and energy 1. making bed 2. cooking meal 3. changing bicycle tire	5.2.12	Appendix #78 Enjoying Family Living P. 210-211 Teen Guide To Homemaking P. 195-206	
						122
	79 Ric					180

"Hands On" Experiences

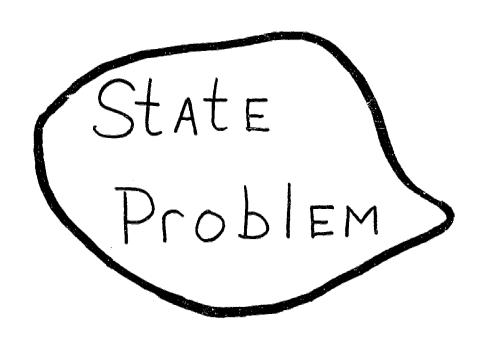
Gifts made from available resources

- 1. Items made from empty clorox bottles
- 2. Items made from egg cartons
- 3. Patch work item from small scraps of fabric
- 4. Items made from empty cans, jars, bottles, boxes, etc.
- 5. Make mobiles from shells, bottle caps and old jewelry
- 6. Make trivits from wooden clothes pins, felt covered bottle caps Example: mount bottle caps on a cardboard cut in the shape of a fruit
- 7. Fruit made from ball-fringe, styrofoam balls and felt
- 8. Stuffed animals made from scraps of fabric
- 9. Make books for children from scraps of fabric
- 10. Fillows made from scraps
- 11. Pot scrapers made from stiff net fabric
- 12. Flowers made from tissue paper, cloth, shells, crepe paper, etc.

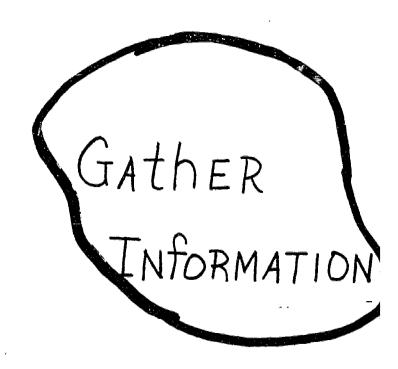


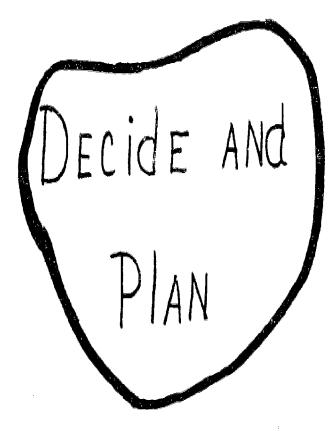


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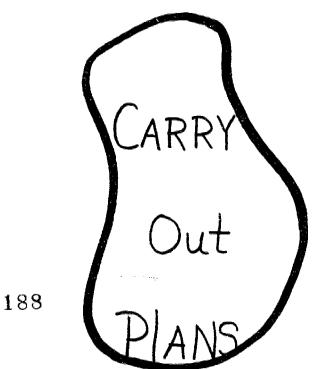








ERIC Full Text Provided by ERIC





Evaluate

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1. State problem

2. Gather information

3. Decide and plan

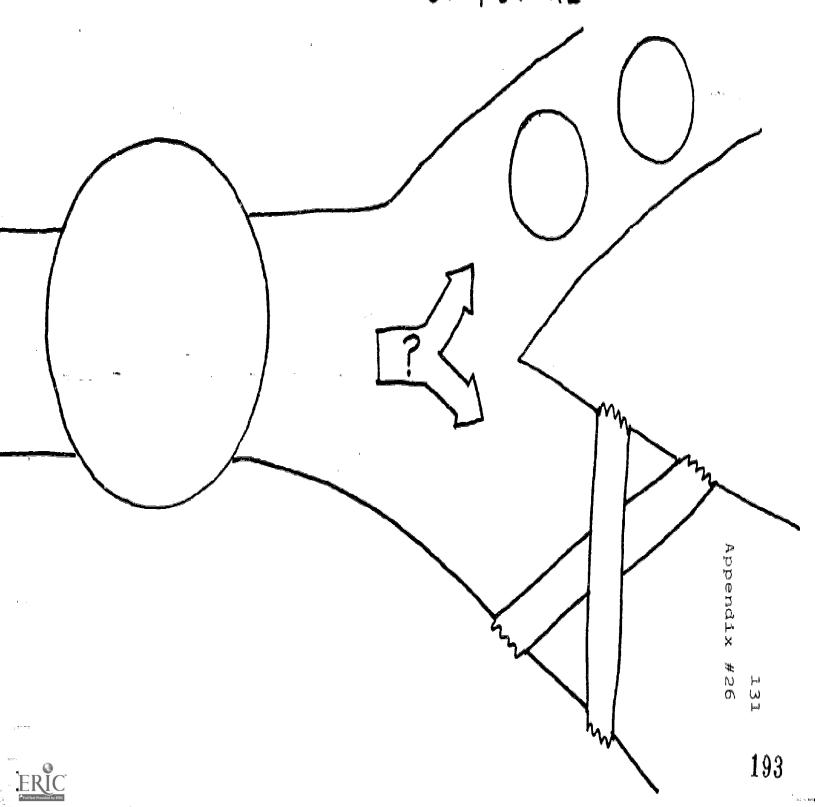
4. Carry out plans

5. Evaluate

400001AHX NDH

· IS RELATED TO OTHER DECISIONS

· AFFECTS DIRECTION OF FUTURE DECISIONS



A DECISION

NEEDED "SUCCESS" WHEN EVALUATE CHANGE MAKE SPENDING FOLLOW PLAN Steps TRECOK. Budget THO 195 94

- I. Demonstrate a simple lesson in time saving management and efficiency. This can be done simply by two different methods of handing out papers. Select two students as class monitors. Instruct one monitor to letter the rows or desks and number the students. He/she will give to each student a sheet of paper instructing the students to write on his/her paper the following:
 - a. name
 - b. row or desk letter
 - c. student number

The other monitor will hand a paper to each student with instructions to have only the student's name written on his/her paper.

Each monitor will gather his/her own papers. The monitor who has the papers with just a student's name on each paper will shuffle the papers and proceed to hand them back by calling out each name and walking to that student with the paper. Time this procedure.

The monitor who has the lettered and numbered papers will first organize the papers by rows or tables. He/she will then hand to someone in that row or at that table the papers that belong there. They can then be distributed by number. Time this procedure. Announce the time results. Recognize other time saving factors resulting from distributing the papers by number.

Also during the demonstration, 3 people from the class may form a "time and energy panel". One person counts the steps each monitor takes, another counts the motions each monitor makes, and the third keeps track of the exact time.

- II. The class may be broken into groups to demonstrate time and energy saving techniques. Afterwards discuss:
 - 1. Arranging equipment to save time and human energy.
 - 2. How does time and energy contribute to one's efficiency?
 - 3. Saving time and energy versus saving money? (ie. riding bus to work versus walking)
 - 4. Saving human energy versus energy from natural resources (gas and electricity which cost money)
- III. Suggested "Hards-on": First day, teacher demonstrate how to save time and energy in making cheese toast, orange juice, hot chocolate, setting table, clearing table, and washing dishes. Afterwards the students plan their lab for making breakfast. The next day, each kitchen makes and eats their breakfast. For evaluation, each kitchen must explain what they did to save time and energy.



Key 5.0

1. yes, 2. yes, 3. yes, 4. yes, 5. no, 6. yes

7. no, 8. yes, 9. yes, 10. yes.

5.1

b, c, e, h, i, j

5.2

1. Good, 2. Good, 3. Bad, 4. Bad, 5. Good

aarman	D	0
COURSE	Personal Car	eer Orientation

Marie Communication (Communication Communication		
TERMINAL PERFORMANCE OBJECTIVE NO6.0	X-4,158	level 1-e,h,j

ACCREDITATION STANDARD

Upon completion of planned learning experiences concerning the satisfactions, terms and laws of employment, 76% of the students will demonstrate his acquired knowledge as evidenced by correctly answering 10 out of 15 questions.

		INTERMEDIATE	1 20	CRITERION MEASURES
i.	NO.	PERFORMANCE OBJECTIVES	NO.	
			6.0	See attached test
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T.P.O. 6.0

DIRECTIONS: Some of the following statements are true and some are false. Write the word "True" if the statement is true or "False if the statement is false.

- Money and status are 2 satisfactions gained by working.
- 2. A specialist is a person who acts as an assistant.
- 3. An apprentice is learning by experience from a skilled worker.
- 4. Employees may not work more than 40 hours a week without being paid extra.
- 5. Some people derive satisfaction from helping or being around others while they work.
- 6. An intermediate level is between the skilled and unskilled levels.
- 7. An employer must give an employee a break every four hours.
- 8. Everyone who wants to work must have a social security card.
- 9. Health and security are satisfactions derived from working.
- 10. A skilled person has no training in a special occupation.
- 11. A professional position is a higher level than skilled or technical.
- 12. A fourteen year old must have a work permit to be employed.
- 13. A person may be fired from his job because of his sex.
- 14. A fifteen year old may work on a construction job.
- 15. A person with a good attitude is employable.



COURSE	Personal	Career	Orientation
COURSE	1 01 001100		

		PERFORMANCE NO. 6.0		
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(1) 1904 - 12 1904 - 12			
NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES
6.1	The student will conclude factors involved in job satisfactions as evidenced by correctly answering 14 out of the 21 positive responses]	See attached tests
	Section 1.		
ic			
	N ₄		· ·
547271			200

6.1	Part I	•
Mul	tiple Cho	pice:
Cir	cle the	letter which best completes the statement.
1.	Most jo	bs offer an employee
	a.	money
	ъ.	status
	c.	security
	d.	a & c
	е.	b,& c
2.	Someone in thei	such as television announcers or politicians findr jobs.
•	a.	desire to create things
	b.	recognition
	c.	status
	d.	a % c
	e.	ъ & с
3•	A satis	sfaction that a minister, priest or rabbi gets from his job
	a.	fulfillment of religious responsibilities
		losire to create things
	c.	none of the above
4•	The main the	in satisfaction artists, seamstresses, and carpenters may find ir jobs are
	a.	money
Line ref	b.	fulfilfillment of religious responsibilities
	с.	desire to create things
	d.	status
	. c.	all of the above



- 5. Employees who are in contact with the public most likely get satisfaction from
 - a. money
 - b. desire to create things
 - c. association with others
 - d. fulfillment of religious responsibilities
- 6. People such as nurses and teachers find satisfaction in their jobs be
 - a. service to others
 - b. desire to create things
 - c. none of the above

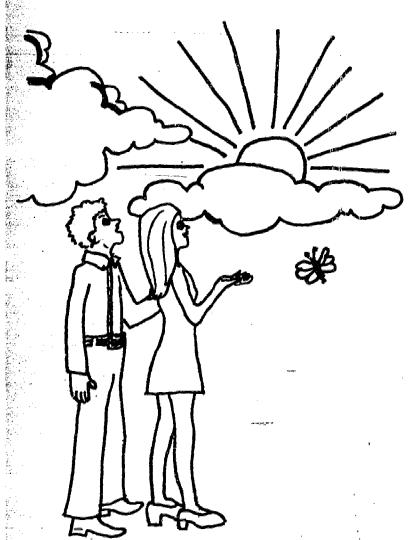
I.P.O. 6.1 Part II

Circle the 10 personal qualities most needed for successful employment

- a. cheerful
 - b. well-groomed
 - c. grouchy
 - d. pleasant
 - e. cooperative
 - f. appropriately dressed
 - g. dishonest

h. loyal

- i. untidy
- j. dependable
- k. tardy
- 1. truthful
- m. reliable
- n. overweight
- .o. healthy
 - p. drowsy
 - q. follows schedule
 - r. negative attitude
 - s. / wastes time
 - t. self-confident
 - u. works well with others
 - v. positive self-concept
 - w. well-mannered
 - x. slow to change
 - y. critical of others



TERMINAL PERFORMANCE OBJECTIVE 6.0

INTERIM PERFORMANCE OBJECTIVE ______

			CRITERION PERFORMANCE	110	METHOD/MEDIA SELECTION	TIME REQUIRED
KO.	LEARNING STEPS	NO.	EVALUATION (Response)	NO.		
1.2	Recall personal traits, attitudes and skills needed for employment	6.1.2	See attached vori search Appendix #29	6,1,2	Before worl-search, brain storm all the worls used during Per- sonal Career Orientation	
					(May be discussed before word search) Invite resource person to speck on "What makes a good employee" Resource: Rotary Clubs	
	Each student will recognize his	6.1.3	See Appendix #30 and/or #31	6.1.3	After self-test discuss (1) the these traits are needed for cm-ployment, (2) and how they can be improved	ĺ
in the second se	:				Appendix #30 an.l/or #31 Appendix #32	
			±: 1		(cont'd)	į
	į.		,			
					:	
						7
ο (1						205
	ERIC				·	

AL PERFORMANCE OBJECTIVE	6.	0	INTE	RIM PERFORMANCE OBJECTIVE	
ING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response) Circle the letter next to the sat-	NO.	METHOD/MEDIA SELECTION List the satisfactions on board,	TIME REQUIRED
working: ty ition/status lment of religious consibilities e to others ation with others e to create things		isfactions that a person may gain from a job: a. status b. service to others c. good appearance d. good health e. security f. desire to create things Key: a, h, e, f		overhead or flannel board. Discuss: 1. Why people need satisfactions in their jobs 2. Which jobs offer more of one satisfaction than another 3. The satisfactions that are important to the individual student	
en ege					

INTERIM PERFORMANCE OBJECTIVE ________

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TERMINAL PERFORMANCE OBJECTIVE 6.0

INTERIM PERFORMANCE OBJECTIVE

NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE			TIME
		10,	EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	REQUIRED
	1			6.1.3	(cont'd)	: 14.
					, to	
	1				Play the game: "He Said, Sho	}
	(1	Said".	
	mary 1 thr. 1				 - - mm =	1
		}			a. The purpose of the game is	
					to identify and discuss var ious attitudes toward work,	1
51 15 12 15 12		}	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		such as: "Work is honorable	
Swi 1				1	dignified and necessary."	1
dy Jel					"Work is lowly", "Work give	
The state of the s					meaning to life", "All play	
					and no work makes Jack a	
					dull boy", "Without work mar	
					is unhappy", "No man needs	
					sympathy because he has to work"	
in Ne			14		uA* ti	
rez Agrana un	,	·		,	b. Divide class into groups	·
					,	
					c. Let each group formulate	-
	*** e				their own statements an! put	
der Me	·				on flash cards	
					d. Members of group will deter-	
					mine who has what attitude	
					e. Let students discuss the	
					pros and cons of each state-	
	208				ment formulated and why one	
	100				may have such attitudes to- ward work	H
					Mata MOLK	ω
	Evaluate the personal qualities	611	Con numerally, Hon			عد غد. عد
	individual	Λ• T•1	See appendix #33			209
	Ric individual					

COURSE	Personal	Career	Orientation

TERMINAL PERFORMANCE	
TERMINAL PERFORMANCE OBJECTIVE NO. 6.0 (cont'd)	X-4.143 level 1-a,j

NO.	INTERMEDIATE PERFORMANCE OBJECTIVES	NO.	CRITERION MEASURES	
6.2	The student will recognize terms and laws related to employment as evidenced by correctly completing the crossword puzzle with 100; proficiency (students may use notes and handouts)		See attached	•
	Market strong to			



Ū				Acros	S
				1.	A trained person who leads a crew is a
			F	2.	A is in charge of a business or an
-			5	3.	There are laws that control
	<u> </u>	· · · · · · · · · · · · · · · · · · ·		4.	An employee receives for his labor or services
				5.	Adirects the business.
				6.	A beginning worker is on the level.
				7.	Ais work performed for others.
			- ليا	δ.	Accurate cutting is a developed
			_	9.	Food and clothing are
	, 	14			
			<u> </u>	=====	
		4			
			▃┦┝┈┤┝	-	
Tgark .		eri File			
6		7 '		Down	
				1.	A is required of all employees.
Ì				2.	protect the employee and employer.
†	-			3.	A hospital assists doctors.
				-	A television repairman has skills.
					is a procedure in the production of a good.
				,•	and a provide the same provide the same of
					145
					Vi

TERMINAL PERFORMANCE OBJECTIVE __6.0

40	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
2.1	Knowledge of terms related to employment management production processing distribution service entry level apprenticeship technical skilled semi-skilled professional intermediate aptitudes skill employability specialty (specialist) aide	NO. 6.2.1	EVALUATION (Response) See Method/Media	6.2.!	Hand out definition of words (Appendi #34) flash cards may also be used. Play a "Definition Bee" (like a Spelling Bee) Give each student a term to make a puzzle for other students to solve. They may use construction paper. Hints: 1. Draw or write large and fill up paper. 2. Cut into large pieces 3. Put puzzle pieces in envelopes Appendix #35	
	supervisor foreman helper manager wages assembly line goods				spicial in yy	146

TERMINAL PERFORMANCE OBJECTIVE __6.0

INTERIM PERFORMANCE OBJECTIVE 6.2

NO.	LEARNING STEPS	NO.	CRITERION PERFORMANCE EVALUATION (Response)	NO.	METHOD/MEDIA SELECTION	TIME REQUIRED
2.2	Knowledge of laws related to employment Federal laws State laws	6.2.2	Check the terms that are controlled by laws concerning employment a. wagesb. social security cardc. lunch timed. agee. work permits Key: (a, b, d, e)	6.2.2	U.S. Department of Labor Magorand Hour Division 3947 Boulevari Center Drive Suite 121 Jacksonville, Florida 32207 Bulletin 101 (Child Labor) 776 (Wage and Hour) 778 (Overtime) 785 (Hours worked)	
						147
	RIC REMOVED THE PRODUCT OF THE PRODU		*			2.6

Key: 6.1

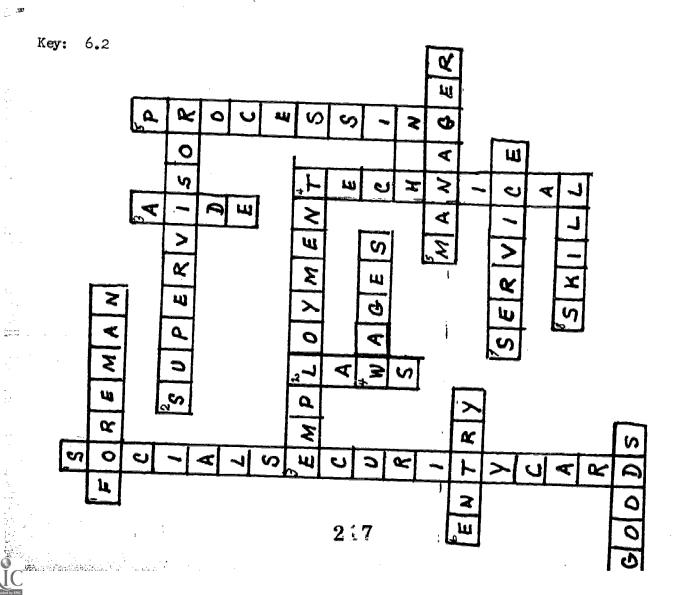
Part I:

ķ. :

1. d, 2. e, 3. a, 4. c, 5. c, 6. a

Part II:

a, b, d, e, f, h, j, l, m, o, q, t, u, v, w.



ERIC

6.1.2 Circle the 38 words that pertain to the traits, attitudes and skills a person needs for employment

В	U	T	T .	T.	T	7	1	T		7					
	-	D	G	E	T	P	L	A	N	Н	0	0	K	С	0
S	E	L	F	С	0	N	F	I	D	E	N	Т	D	R	М
N	C	L	E	A	N	R	E	L	I	Λ	В	L	E	E	Ε
U	L	. A	Λ	D	A	Р	Т	A	В	L	E	S	P.	D	S
Т	A	В	I	L	I	T	Y	0	U	T	F	E	E	I	S
R	С	H	E	E	R	F	Ŭ	L	Т	Н	F	С	И	Т	Н
I	0	F	R	I	Ε	N	D	L	Y	Y	I	U	D	W	0
E	0	R	E	S	0	U	R	С	E	S	С	R	A	E	W
N	P	A	T	I	E	N	Т	I	s	K	I	I	В	L	E
T	E	М	P	E	R	D	I	G	A	I	E	Т	L	L	R
P	R	0	М	Р	T	0	D	0	D	N	N	Υ.	E	М	E
A	A	0	M	0	N	E	Y	A	В	A	T.	Н	М	A	S
С	T	R	บ	T	Н	F	Ū	L	0	I	L	Y	0	N	P
N	I	T	E	В	A	Т	Н	0	N	E	S	Т	N	N	E
E	V	0	T	Н	A	P	P	Y	В	0	S	s	Т	E	С
A	E	J	0	В	P	L	E	A	S	, A	N	T	I	R	T
N	E	E	D	S	М	E	L	L	G	R	0	0	М	E	D
D	E	С	Ι	S	Ι	0	И	S	V	А	L	Ū	E	D	0
P	0	S	I	Т	I	٧	E	A	Т	т	Ι	T	Ü	D	E

clean
cheerful
friendly
money
honest
job
values
positive attitude
healthy skin
efficient
on-time

respect
ability
plan
reliable
prompt
bath
boss
needs
decisions
tidy
loyal

security
well-mannered
bath
patient
adaptable
self-confident
resources
truthful
happy
pleasant
well-groomed

cooperative goal dependable shower budget





My Job-Success Traits

		Good	Average	Poor
1.	Iniciative		X	
2.	Self-Control	The second State of the		
3.	Awareness of proper dress and job behavior	: **** * :		
4.	Desire to learn	enja sant në	 :: ne	
5.	Willingness to accept supervision		1 - 1 - 1 - 1 - 1	
6.	Ability to work as well without super- vision as with it	many many	· · · · · · · · · · · · · · · · · · ·	
7.	Ability to accept criticism		-	
8.	Stick-to-it-iveness			
9.	Promptness	Marriage Control St N		
10.	Dependability	·		

What Dw You Have To Offer?

What kind of an employee will you make? You can take stock of yourself right now and find out. Here are some questions to ask yourself. Answer them honestly and see how you rate.

			YES	МО
	1	. Do you like to learn new skills and new ways of doing things?		
	2	. Are you neat in your personal appearance and work habits?		
w 1 + 1+	3	to the contract of the contrac	************* ***********************	2
	4.	Can you apply yourself to a job without being easily bored or distracted?		
;	5.	Can you adapt to new and unexpected situations easily?		-
	6.	Can you work under pressure, when necessary, without becoming nervous and upset?		
	7.	Do you have confidence in your abilities?		-
	8.	Are you emotionally stable, capable of taking things in your stride?		
	9.	Have you enough initiative to be able to work on your own?		
	10.	Are your future plans in keeping with your own abilities and available job opportunities?		***************************************
	11.	Do you have a sense of duty and responsibility?		
	12.	Are you reliable? Can you be depended on to do a job satisfactorily?		-
	13.	Can you gain the friendship and respect of others?	<u> </u>	
same.	14	Can you cooperate with others?		
A TOTAL CONTRACTOR	15.	Can you follow directions willingly and without argument because you respect authority?		
	16.	Can you understand instructions and carry them out accurately?		
	17.	Can you accept criticism without feeling hurt?		-
Property of the state of the st		Do you ask questions about things you don't understand?		

x i bnoqqA	#31 (Cont)	')
------------	-------------	----

19.	Can you complete a job once you start it?		
20.	Are you a pleasant person towerk with?		
21.	Do you like people?		
22.	Are you friendly?		

BOOSTING THE SCORE

How did you do? If you answered <u>yes</u> to most of the questions, you have the makings of a good employee. All you need now are the necessary skills and training.

If, on the other hand, you answered no to more than a few of the questions, you have some work to do. These are your weak spots, the things about you that can stand improvement. You can go into your "job training" right now by changing those things about yourself and your way of doing things that will help make your career successful.

Uns	: А	la Sa	en	C

	Name
1.	How many days have you been absent this semester?
2.	What were your reasons for absence?
	•
3.	If you earned \$1.25 an hour, and were absent for an 8-hour day, how much would you:
	A. lose in a day?
	B. have lost for the semester so far?
4.	If you were an employer, how would you feel about people who were absent from took very often:
5.	How would you feel about people who were absent from work most often on Fridays and/or Mondays?
6.	Could your attendance be improved?

Self-Analysis Racing Scale

Score each statement in the scale as follows:

4 points - (always) - exhellent 3 points - (usually) - good 2 points - (sometimes) - fair 1 point - (rarely or never) - page

- the second of th I am intelligent. I grasp inscructions quickly and accurately. 1. I comprehend directions instantly. I possess initiative. I attempt to work beyond that required. I volunteer contributions to class or school activity. I am a leader in extracurricular affairs. I am dependable. I am reliable at all times; I do routine duties without being told; I am on hand when I am needed. I am reticent about confidential manters entrusted to me, I am punctual. I complete assignments on time and keep appointments on time. I am obedient. I observe the rules of my school, or my employer and my community. I cooperate with others. I work harmoniously in group activities. I consider the interest of the group of paramount importance. 6. I possess good judgement. I have good common sense. I distinguish the important from the unimportant in class work. I consider all phases of a situation before deciding on a course of conduct. Others ask my opinions and advice. I am tactful. I say and do the right thing when dealing with others. I never give offense to others. I am neat and clean. My person and accire are neat and clean. I keep my surroundings for which I am responsible near and clean. I display good taste in attire. My grooming is in the best of taste. 10. I have good posture habits. When I walk, sit or stand, I create a favorable impression because of my bodily postures 11. I speak weil. The words I speak and my enunciation erente a favorable 12.
 - impression.
 13. I show consideration for others. In making decisions, I am mindful of the effect my future conduct will have on others.



Hardy I

p

Total Score

14.	I am well mannered. I show a refinement of manner and a natural grace in my contact with others.	
15.	I am healthy, i am practically never ill.	
16.	I have tireless energy. Even after a day's work, my energy is not exhausted.	
17.	I am accurate. I get information correctly. I keep records properly in order.	
18.	I am speedy. I lose no time in doing my work. I get my work done quickly.	
19.	I am honest. I do not tell falsehoods. I do not steal money, time, supplies, or ideas.	-
20.	I am adaptable. I turn from one task to another, I am not confused by changes. I adjust myself to people, places and things.	
11.	I have a good memory. I remember the names of persons, telephone numbers, addresses. I remember facts and incidents that have a bearing on a question of the moment.	
2.	I am industrious. I am happy when I am busy. I find work to do at all times.	
23,	I am loyal. I feel strongly the ties that bind me to ideals, institutions, and to people, both those who depend upon me and those upon whom I depend.	
24.	I have executive ability. I plan work with system and efficiency, and I assign tasks to others with understanding. I manage people, and they like to work for me.	
25.	I have businesslike attitudes. I realize the importance of the work to be done. I am not a "Clock Watcher". I realize the value of time and the importance of giving a day's work for a day's pay.	

4 6175 40.14	57 .	
	11.0	
L	14.74	

a person who acts as an assistant aide one who is learning by practical experience under apprentice -2. skilled workers special fitness or natural tendency for a given thing aptitude -3. the arrangement of machines, equipment and workers in which work passed in a line until the product is assembly line -4. completed the dealing out of goods to different places distribution -5. the quality or state of being able to work employability beginning worker entry-level -7. a trained person who leads a crew foreman -8. a product that has a value goods -9. usually an unskilled worker who assists another helper -10. between skilled and unskilled levels intermediate-level-11. a body who directs the business management -12. one who directs the business manager -13. anorganized procedure for completing a job processing -14. the making of goods production -15. a position requiring special knowledge or acedamic professional -16. preparation requiring less training than skilled labor and more semi-skilled than unskilled labor 17. work performed for others service -18. a developed ability skill -19. required training in a special occupation skilled -20. one who devotes himself to a particular occupation specialist person who is in charge of a business or an operation 21. supervisor requiring special training or knowledge in mechanical 22. technical or scientific subjects

23.

24.

wages -

payment for labor or services

PROFESSIONAL

SKILLED > TECHNICAL

SEMI- SKILLED

UNSKILLED

APPRENTICESHIP

LEVELS OF PRAINING EMPLOYMENT

226

Highlights Of Sections Of The Laws Concerning Employment

- Employees may not work more than 40 hours a week without being paid time and a half for the extra hours.
- An employer does not have to give an employee a break or time for lunch as long as he is paid for all hours worked.
- No one may be descriminated against by being hired, fired or promoted ed because of age, race or sex.
- 4. Until January 1, 1975 no one may be paid less than \$1.60 (agricultural workers) or \$1.90. By 1978, minimum wage for all workers will be \$2.30.
- 5. Anyone between the ages of 14 to 18 must have a work permit to be able to work. Fourteen to fifteen year olds cannot work more than a certain number of hours in a day or week and they may not work on hazardous jobs, including construction.
- 6. Everyone must have a social security card to work.

