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## ABSTRACT

Designed to meet the job-related metric measurement needs of secretarial, stenography students, this instructional package is one of three for the business and office occupations cluster, part of a set of 55 packages for metric instruction in different occupations. The package is intended for students who already know the occupational terminology, measurement terms, and tools currently in use. Each of the five units in this instructional package contains performance objectives, learning activities, and supporting information in the form of text, exercises, and tables. In addition, suggested teaching techniques are included. At the back of the package are objective-based evaluation items, a page of answers to the exercises and tests, a list of metric materials needed for the activities, references, and a list of suppliers. The material is designed to accommodate a variety of individual teaching and learning styles, e.g., independent study, small group, or whole-class activity. Exercises are intended to facilitate experiences with measurement instruments, tools, and devices used in this occupation and job-related tasks of estimating and measuring. Unit 1, a general introduction to the metric system of measurement, provides informal, hands-on experiences for the students. This unit enables students to become familiar with the basic metric units, their symbols, and measurement instruments; and to develop a set of mental references for metric values. The metric system of notation also is explained. Unit 2 provides the metric terms which are used in this occupation and gives experience with occupational measurement tasks. Unit 3 focuses on job-related metric equivalents and their relationships. Unit 4 provides experience with recognizing and using metric instruments and tools in occupational measurement tasks. It also provides experience in comparing metric and customary measurement instruments. Unit 5 is designed to give students practice in converting customary and metric measurements, a skill considered useful during the transition to metric in each occupation. (HD)

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# TEACHING AND LEARNING THE METRIC SYSTEM

This metric instructional package was designed to meet job-related metric measurement needs of students. To use this package students should already know the occupational terminology, measurement terms, and tools currently in use. These materials were prepared with the help of experienced vocational teachers, reviewed by experts, tested in classrooms in different parts of the United States, and revised before distribution.

Each of the five units of instruction contains performance objectives, learning activities, and supporting information in the form of text, exercises, and tables. In addition, suggested teaching techniques are included. At the back of this package are objective-based evaluation items, a page of answers to the exercises and tests, a list of metric materials needed for the activities, references, and a list of suppliers.

Classroom experiences with this instructional package suggest the following teaching-learning strategies:

1. Let the first experiences be informal to make learning the metric system fun.
2. Students learn better when metric units are compared to familiar objects. Everyone should learn to "think metric." Comparing metric units to customary units can be confusing.
3. Students will learn quickly to estimate and measure in metric units by "doing."
4. Students should have experience with measuring activities before getting too much information.
5. Move through the units in an order which emphasizes the simplicity of the metric system (e.g., length to area to volume).
6. Teach one concept at a time to avoid overwhelming students with too much material.

Unit 1 is a general introduction to the metric system of measurement which provides informal, hands-on experiences for the students. This unit enables students to become familiar with the basic metric units, their symbols, and measurement instruments; and to develop a set of mental references for metric values. The metric system of notation is explained.

Unit 2 provides the metric terms which are used in this occupation and gives experience with occupational measurement tasks.

Unit 3 focuses on job-related metric equivalents and their relationships.

Unit 4 provides experience in recognizing and using metric units, terms, and symbols in proofing, typing, layout, and shorthand tasks.

Unit 5 is designed to give students practice in converting customary and metric measurements. Students should learn to "think metric" and avoid comparing customary and metric units. However, skill with conversion tables will be useful during the transition to metric in each occupation.

## Using These Instructional Materials

This package was designed to help students learn a core of knowledge about the metric system which they will use on the job. The exercises facilitate experiences with measurement instruments, tools, and devices used in this occupation and job-related tasks of estimating and measuring.

This instructional package also was designed to accommodate a variety of individual teaching and learning styles. Teachers are encouraged to adapt these materials to their own classes. For example, the information sheets may be given to students for self-study. References may be used as supplemental resources. Exercises may be used in independent study, small groups, or whole-class activities. All of the materials can be expanded by the teacher.

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Editors

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# UNIT 1

## SUGGESTED TEACHING SEQUENCE

1. These introductory exercises may require two or three teaching periods for all five areas of measurement.
2. Exercises should be followed in the order given to best show the relationship between length, area, and volume.
3. Assemble the metric measuring devices (rules, tapes, scales, thermometers, and measuring container) and objects to be measured.\*
4. Set up the equipment at work stations for use by the whole class or as individualized resource activities.
5. Have the students estimate, measure, and record using Exercises 1 through 5.
6. Present information on notation and make Table 1 available.
7. Follow up with group discussion of activities.

\*Other school departments may have devices which can be used. Metric suppliers are listed in the reference section.

## OBJECTIVES

The student will demonstrate these skills for the Linear, Area, Volume or Capacity, Mass, and Temperature Exercises, using the metric terms and measurement devices listed here.

SKILLS	EXERCISES				
	Linear (pp. 3 - 4)	Area (pp. 5 - 6)	Volume or Capacity (pp. 7 - 8)	Mass (pp. 9 - 10)	Temperature (p. 11)
1. Recognize and use the unit and its symbol for:	millimetre (mm)	square centimetre (cm <sup>2</sup> )	cubic centimetre (cm <sup>3</sup> )	gram (g)	degree Celsius (°C)
2. Select, use, and read the appropriate measuring instruments for:	centimetre (cm)	square metre (m <sup>2</sup> )	cubic metre (m <sup>3</sup> )	kilogram (kg)	
3. State or show a physical reference for:	metre (m)		litre (l)		
			millilitre (ml)		
4. Estimate within 25% of the actual measure	height, width, or length of objects	the area of a given surface	capacity of containers	the mass of objects in grams and kilograms.	the temperature of the air or a liquid
5. Read correctly	metre stick, metric tape measure, and metric rulers		measurements on graduated volume measuring devices	a kilogram scale and a gram scale	A Celsius thermometer

## RULES OF NOTATION

1. Symbols are not capitalized unless the unit is a proper name (mm *not* MM).
2. Symbols are not followed by periods (m *not* m.).
3. Symbols are not followed by an s for plurals (25 g *not* 25 gs).
4. A space separates the numerals from the unit symbols (4 l *not* 4l).
5. Spaces, not commas, are used to separate large numbers into groups of three digits (45 271 km *not* 45,271 km).
6. A zero precedes the decimal point if the number is less than one (0.52 g *not* .52 g).
7. Litre and metre can be spelled either with an -re or -er ending.



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## METRIC UNITS, SYMBOLS, AND REFERENTS



Quantity	Metric Unit	Symbol	Useful Referents
Length	millimetre	mm	Thickness of dime or paper clip wire
	centimetre	cm	Width of paper clip
	metre	m	Height of door about 2 m
	kilometre	km	12-minute walking distance
Area	square centimetre	cm <sup>2</sup>	Area of this space 
	square metre	m <sup>2</sup>	Area of card table top
	hectare	ha	Football field including sidelines and end zones
Volume and Capacity	millilitre	ml	Teaspoon is 5 ml
	litre	l	A little more than 1 quart
	cubic centimetre	cm <sup>3</sup>	Volume of this container 
	cubic metre	m <sup>3</sup>	A little more than a cubic yard
Mass	milligram	mg	Apple seed about 10 mg, grain of salt, 1 mg
	gram	g	Nickel about 5 g
	kilogram	kg	Webster's Collegiate Dictionary
	metric ton (1 000 kilograms)	t	Volkswagen Beetle

Table 1-a

## METRIC PREFIXES

Multiples and Submultiples	Prefixes	Symbols
1 000 000 = 10 <sup>6</sup>	mega (měg'á)	M
1 000 = 10 <sup>3</sup>	kilo (kíl'ō)	k
100 = 10 <sup>2</sup>	hecto (hěk'tō)	h
10 = 10 <sup>1</sup>	děka (děk'á)	da
Base Unit = 10 <sup>0</sup>		
0.1 = 10 <sup>-1</sup>	deci (děš'í)	d
0.01 = 10 <sup>-2</sup>	centi (sěn'tí)	c
0.001 = 10 <sup>-3</sup>	milli (míl'í)	m
0.000 001 = 10 <sup>-6</sup>	micro (mí'krō)	μ

Table 1-b



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# LINEAR MEASUREMENT ACTIVITIES

## Metre, Centimetre, Millimetre

### I. THE METRE (m)

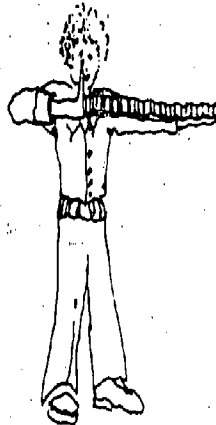
#### A. DEVELOP A FEELING FOR THE SIZE OF A METRE

1. Pick up one of the metre sticks and stand it up on the floor. Hold it in place with one hand. Walk around the stick. Now stand next to the stick. With your other hand, touch yourself where the top of the metre stick comes on you



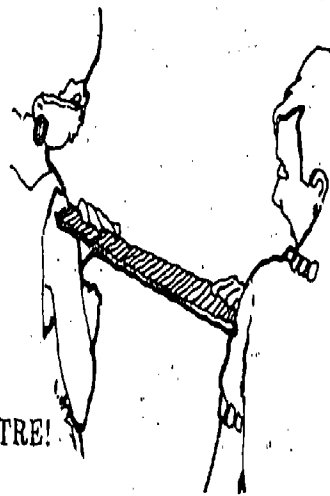
THAT IS HOW HIGH A METRE IS!

2. Hold one arm out straight at shoulder height. Put the metre stick along this arm until the end hits the end of your fingers. Where is the other end of the metre stick? Touch yourself at that end.



THAT IS HOW LONG A METRE IS!

3. Choose a partner to stand at your side. Move apart so that you can put one end of a metre stick on your partner's shoulder and the other end on your shoulder. Look at the space between you.



THAT IS THE WIDTH OF A METRE!

#### B. DEVELOP YOUR ABILITY TO ESTIMATE IN METRES

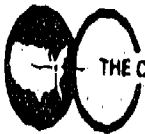
Now you will improve your ability to estimate in metres. Remember where the length and height of a metre was on your body.

For each of the following items:

Estimate the size of the items and write your estimate in the ESTIMATE column. Measure the size with your metre stick and write the answer in the MEASUREMENT column.

Decide how close your estimate was to the actual measure. If your estimate was within 25% of the actual measure you are a "Metric Marvel."

	Estimate (m)	Measurement (m)	How Close Were You?
1. Height of door knob from floor.	_____	_____	_____
2. Height of door.	_____	_____	_____
3. Length of table.	_____	_____	_____
4. Width of table.	_____	_____	_____
5. Length of wall of this room.	_____	_____	_____
6. Distance from you to wall.	_____	_____	_____



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## II. THE CENTIMETRE (cm)

There are 100 centimetres in one metre. If there are 4 metres and 3 centimetres, you write 403 cm [(4 x 100 cm) + 3 cm = 400 cm + 3 cm].

### A. DEVELOP A FEELING FOR THE SIZE OF A CENTIMETRE

- Hold the metric ruler against the width of your thumbnail. How wide is it? \_\_\_\_\_ cm.  
Measure from the first joint to the end of your thumb. \_\_\_\_\_ cm.
- Use the metric ruler to find the width of your palm. \_\_\_\_\_ cm.
- Measure your index or pointing finger. How long is it? \_\_\_\_\_ cm.
- Measure your wrist with a tape measure. What is the distance around it? \_\_\_\_\_ cm.
- Use the tape measure to find your waist size. \_\_\_\_\_ cm.

### B. DEVELOP YOUR ABILITY TO ESTIMATE IN CENTIMETRES

You are now ready to estimate in centimetres. For each of the following items, follow the procedures used for estimating in metres.

	Estimate (cm)	Measurement (cm)	How Close Were You?
1. Length of a paper clip.	_____	_____	_____
2. Diameter (width) of a coin.	_____	_____	_____
3. Width of a postage stamp.	_____	_____	_____
4. Length of a pencil.	_____	_____	_____
5. Width of a sheet of paper.	_____	_____	_____

## III. THE MILLIMETRE (mm)

There are 10 millimetres in one centimetre. When a measurement is 2 centimetres and 5 millimetres, you write 25 mm [(2 x 10 mm) + 5 mm = 20 mm + 5 mm]. There are 1 000 mm in 1 m.

### A. DEVELOP A FEELING FOR THE SIZE OF A MILLIMETRE

Using a ruler marked in millimetres, measure:

- Thickness of a paper clip wire. \_\_\_\_\_ mm
- Thickness of your fingernail. \_\_\_\_\_ mm
- Width of your fingernail. \_\_\_\_\_ mm
- Diameter (width) of a coin. \_\_\_\_\_ mm
- Diameter (thickness) of your pencil. \_\_\_\_\_ mm
- Width of a postage stamp. \_\_\_\_\_ mm

### B. DEVELOP YOUR ABILITY TO ESTIMATE IN MILLIMETRES

You are now ready to estimate in millimetres. For each of the following items, follow the procedures used for estimating in metres.

	Estimate (mm)	Measurement (mm)	How Close Were You?
1. Thickness of a nickel.	_____	_____	_____
2. Diameter (thickness) of a bolt.	_____	_____	_____
3. Length of a bolt.	_____	_____	_____
4. Width of a sheet of paper.	_____	_____	_____
5. Thickness of a board or desk top.	_____	_____	_____
6. Thickness of a button.	_____	_____	_____

# AREA MEASUREMENT ACTIVITIES

## Square Centimetre, Square Metre

WHEN YOU DESCRIBE THE AREA OF SOMETHING, YOU ARE SAYING HOW MANY SQUARES OF A GIVEN SIZE IT TAKES TO COVER THE SURFACE.

### I. THE SQUARE CENTIMETRE (cm<sup>2</sup>)

#### A. DEVELOP A FEELING FOR A SQUARE CENTIMETRE

1. Take a clear plastic grid, or use the grid on page 6.
2. Measure the length and width of one of these small squares with a centimetre ruler.

THAT IS ONE SQUARE CENTIMETRE!

3. Place your fingernail over the grid. About how many squares does it take to cover your fingernail?  
\_\_\_\_\_ cm<sup>2</sup>
4. Place a coin over the grid. About how many squares does it take to cover the coin? \_\_\_\_\_ cm<sup>2</sup>
5. Place a postage stamp over the grid. About how many squares does it take to cover the postage stamp?  
\_\_\_\_\_ cm<sup>2</sup>
6. Place an envelope over the grid. About how many squares does it take to cover the envelope?  
\_\_\_\_\_ cm<sup>2</sup>
7. Measure the length and width of the envelope in centimetres. Length \_\_\_\_\_ cm; width \_\_\_\_\_ cm. Multiply to find the area in square centimetres. \_\_\_\_\_ cm x \_\_\_\_\_ cm = \_\_\_\_\_ cm<sup>2</sup>. How close are the answers you have in 6. and in 7.?

### B. DEVELOP YOUR ABILITY TO ESTIMATE IN SQUARE CENTIMETRES

You are now ready to develop your ability to estimate in square centimetres.

Remember the size of a square centimetre. For each of the following items, follow the procedures used for estimating in metres.

	Estimate (cm <sup>2</sup> )	Measurement (cm <sup>2</sup> )	How Close Were You?
1. Index card.	_____	_____	_____
2. Book cover.	_____	_____	_____
3. Photograph.	_____	_____	_____
4. Window pane or desk top.	_____	_____	_____

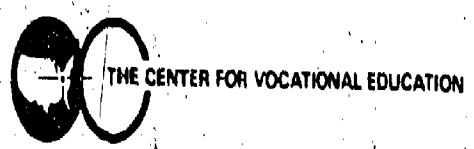
### II. THE SQUARE METRE (m<sup>2</sup>)

#### A. DEVELOP A FEELING FOR A SQUARE METRE

1. Tape four metre sticks together to make a square which is one metre long and one metre wide.
2. Hold the square up with one side on the floor to see how big it is.
3. Place the square on the floor in a corner. Step back and look. See how much floor space it covers.
4. Place the square over a table top or desk to see how much space it covers.
5. Place the square against the bottom of a door. See how much of the door it covers. How many squares would it take to cover the door? \_\_\_\_\_ m<sup>2</sup>

THIS IS HOW BIG A SQUARE METRE IS!

Exercise 2  
(continued on next page)





# CENTIMETRE GRID

## B. DEVELOP YOUR ABILITY TO ESTIMATE IN SQUARE METRES

You are now ready to estimate in square metres. Follow the procedures used for estimating in metres.

	Estimate (m <sup>2</sup> )	Measurement (m <sup>2</sup> )	How Close Were You?
1. Door.	_____	_____	_____
2. Full sheet of newspaper.	_____	_____	_____
3. Chalkboard or bulletin board.	_____	_____	_____
4. Floor.	_____	_____	_____
5. Wall.	_____	_____	_____
6. Wall chart or poster.	_____	_____	_____
7. Side of file cabinet.	_____	_____	_____



# VOLUME MEASUREMENT ACTIVITIES

## Cubic Centimetre, Litre, Millilitre, Cubic Metre

### I. THE CUBIC CENTIMETRE (cm<sup>3</sup>)

#### A. DEVELOP A FEELING FOR THE CUBIC CENTIMETRE

- Pick up a colored plastic cube. Measure its length, height, and width in centimetres.

THAT IS ONE CUBIC CENTIMETRE!

- Find the volume of a plastic litre box.

a. Place a ROW of cubes against the bottom of one side of the box. How many cubes fit in the row? \_\_\_\_\_

b. Place another ROW of cubes against an adjoining side of the box. How many rows fit inside the box to make one layer of cubes? \_\_\_\_\_

How many cubes in each row? \_\_\_\_\_

How many cubes in the layer in the bottom of the box? \_\_\_\_\_

c. Stand a ROW of cubes up against the side of the box. How many LAYERS would fit in the box? \_\_\_\_\_

How many cubes in each layer? \_\_\_\_\_

How many cubes fit in the box altogether? \_\_\_\_\_

THE VOLUME OF THE BOX IS \_\_\_\_\_ CUBIC CENTIMETRES.

d. Measure the length, width, and height of the box in centimetres. Length \_\_\_\_\_ cm; width \_\_\_\_\_ cm; height \_\_\_\_\_ cm. Multiply these numbers to find the volume in cubic centimetres.

\_\_\_\_\_ cm x \_\_\_\_\_ cm x \_\_\_\_\_ cm = \_\_\_\_\_ cm<sup>3</sup>.

Are the answers the same in c. and d.?

#### B. DEVELOP YOUR ABILITY TO ESTIMATE IN CUBIC CENTIMETRES

You are now ready to develop your ability to estimate in cubic centimetres.

Remember the size of a cubic centimetre. For each of the following items, use the procedures for estimating in ~~metres~~.

	Estimate (cm <sup>3</sup> )	Measurement (cm <sup>3</sup> )	How Close Were You?
1. Index card file box.	_____	_____	_____
2. Freezer container.	_____	_____	_____
3. Paper clip box.	_____	_____	_____
4. Box of staples.	_____	_____	_____

### II. THE LITRE (l)

#### A. DEVELOP A FEELING FOR A LITRE

- Take a one litre beaker and fill it with water.
- Pour the water into paper cups, filling each as full as you usually do. How many cups do you fill?

THAT IS HOW MUCH IS IN ONE LITRE!

- Fill the litre container with rice.

THAT IS HOW MUCH IT TAKES TO FILL A ONE LITRE CONTAINER!



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**B. DEVELOP YOUR ABILITY TO ESTIMATE IN LITRES**

You are now ready to develop your ability to estimate in litres. To write two and one-half litres, you write 2.5 l, or 2.5 litres. To write one-half litre, you write 0.5 l, or 0.5 litre. To write two and three-fourths litres, you write 2.75 l, or 2.75 litres.

For each of the following items, use the procedures for estimating in metres.

	Estimate (l)	Measurement (l)	How Close Were You?
1. Medium-size freezer container.	_____	_____	_____
2. Large freezer container.	_____	_____	_____
3. Small freezer container.	_____	_____	_____
4. Bottle or jug.	_____	_____	_____

**III. THE MILLILITRE (ml)**

There are 1 000 millilitres in one litre. 1 000 ml = 1 litre. Half a litre is 500 millilitres, or 0.5 litre = 500 ml.

**A. DEVELOP A FEELING FOR A MILLILITRE**

1. Examine a centimetre cube. Anything which holds 1 cm<sup>3</sup> holds 1 ml.
2. Fill a 1 millilitre measuring spoon with rice. Empty the spoon into your hand. Carefully pour the rice into a small pile on a sheet of paper.

**THAT IS HOW MUCH ONE MILLILITRE IS!**

3. Fill the 5 ml spoon with rice. Pour the rice into another pile on the sheet of paper.

**THAT IS 5 MILLILITRES, OR ONE TEASPOON!**

4. Fill the 15 ml spoon with rice. Pour the rice into a third pile on the paper.

**THAT IS 15 MILLILITRES, OR ONE TABLESPOON!**

**B. DEVELOP YOUR ABILITY TO ESTIMATE IN MILLILITRES**

You are now ready to estimate in millilitres. Use the procedures used for estimating metres.

	Estimate (ml)	Measurement (ml)	How Close Were You?
1. Small juice can.	_____	_____	_____
2. Paper cup or tea cup.	_____	_____	_____
3. Soft drink can.	_____	_____	_____
4. Bottle.	_____	_____	_____

**IV. THE CUBIC METRE (m<sup>3</sup>)**

**A. DEVELOP A FEELING FOR A CUBIC METRE**

1. Place a one metre square on the floor next to the wall.
2. Measure a metre UP the wall.
3. Picture a box that would fit into that space.

**THAT IS THE VOLUME OF ONE CUBIC METRE!**

**B. DEVELOP YOUR ABILITY TO ESTIMATE IN CUBIC METRES**

For each of the following items, follow the estimating procedures used before.

	Estimate (m <sup>3</sup> )	Measurement (m <sup>3</sup> )	How Close Were You?
1. Office desk.	_____	_____	_____
2. File cabinet.	_____	_____	_____
3. Small room.	_____	_____	_____

# MASS (WEIGHT) MEASUREMENT ACTIVITIES

## Kilogram, Gram

The mass of an object is a measure of the amount of matter in the object. This amount is always the same unless you add or subtract some matter from the object. Weight is the term that most people use when they mean mass. The weight of an object is affected by gravity; the mass of an object is not. For example, the weight of a person on earth might be 120 pounds; that same person's weight on the moon would be 20 pounds. This difference is because the pull of gravity on the moon is less than the pull of gravity on earth. A person's mass on the earth and on the moon would be the same. The metric system does not measure weight--it measures mass. We will use the term mass here.

The symbol for gram is g.

The symbol for kilogram is kg.

There are 1 000 grams in one kilogram, or  $1\ 000\ g = 1\ kg$ .

Half a kilogram can be written as 500 g, or 0.5 kg.

A quarter of a kilogram can be written as 250 g, or 0.25 kg.

Two and three-fourths kilograms is written as 2.75 kg.

### I. THE KILOGRAM (kg)

#### DEVELOP A FEELING FOR THE MASS OF A KILOGRAM

Using a balance or scale, find the mass of the items on the table. Before you find the mass, notice how heavy the object "feels" and compare it to the reading on the scale or balance.

	Mass (kg)
1. 1 kilogram box.	_____
2. Textbook.	_____
3. Bag of sugar.	_____
4. Package of paper.	_____
5. Your own mass.	_____

### B. DEVELOP YOUR ABILITY TO ESTIMATE IN KILOGRAMS

For the following items ESTIMATE the mass of the object in kilograms, then use the scale or balance to find the exact mass of the object. Write the exact mass in the MEASUREMENT column. Determine how close your estimate is:

	Estimate (kg)	Measurement (kg)	How Close Were You?
1. Bag of rice.	_____	_____	_____
2. Bag of nails.	_____	_____	_____
3. Large purse or briefcase.	_____	_____	_____
4. Another person.	_____	_____	_____
5. A few books.	_____	_____	_____



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II. THE GRAM (g)

A. DEVELOP A FEELING FOR A GRAM

1. Take a colored plastic cube. Hold it in your hand. Shake the cube in your palm as if shaking dice. Feel the pressure on your hand when the cube is in motion, then when it is not in motion.

THAT IS HOW HEAVY A GRAM IS!

2. Take a second cube and attach it to the first. Shake the cubes in first one hand and then the other hand; rest the cubes near the tips of your fingers, moving your hand up and down.

THAT IS THE MASS OF TWO GRAMS!

3. Take five cubes in one hand and shake them around.

THAT IS THE MASS OF FIVE GRAMS!

B. DEVELOP YOUR ABILITY TO ESTIMATE IN GRAMS

You are now ready to improve your ability to estimate in grams. Remember how heavy the 1 gram cube is, how heavy the two gram cubes are, and how heavy the five gram cubes are. For each of the following items, follow the procedures used for estimating in kilograms.

	Estimate (g)	Measurement (g)	How Close Were You?
1. Two thumbtacks.	_____	_____	_____
2. Pencil.	_____	_____	_____
3. Two-page letter and envelope.	_____	_____	_____
4. Nickel.	_____	_____	_____
5. Apple.	_____	_____	_____
6. Package of margarine.	_____	_____	_____



## Degree Celsius

### A. DEGREE CELSIUS (°C)

Degree Celsius (°C) is the metric measure for temperature.

#### A. DEVELOP A FEELING FOR DEGREE CELSIUS

Take a Celsius thermometer. Look at the marks on it.

1. Find 0 degrees.

WATER FREEZES AT ZERO DEGREES CELSIUS (0°C)

WATER BOILS AT 100 DEGREES CELSIUS (100°C)

2. Find the temperature of the room. \_\_\_\_\_°C. Is the room cool, warm, or about right?

3. Put some hot water from the faucet into a container. Find the temperature. \_\_\_\_\_°C. Dip your finger quickly in and out of the water. Is the water very hot, hot, or just warm?

4. Put some cold water in a container with a thermometer. Find the temperature. \_\_\_\_\_°C. Dip your finger into the water. Is it cool, cold, or very cold?

5. Bend your arm with the inside of your elbow around the bottom of the thermometer. After about three minutes find the temperature. \_\_\_\_\_°C. Your skin temperature is not as high as your body temperature.

NORMAL BODY TEMPERATURE IS 37 DEGREES CELSIUS (37°C).

A FEVER IS 39°C.

A VERY HIGH FEVER IS 40°C.

### E. DEVELOP YOUR ABILITY TO ESTIMATE IN DEGREES CELSIUS

For each item, ESTIMATE and write down how many degrees Celsius you think it is. Then measure and write the MEASUREMENT. See how close your estimates and actual measurements are.

	Estimate (°C)	Measurement (°C)	How Close Were You?
1. Mix some hot and cold water in a container. Dip your finger into the water.	_____	_____	_____
2. Pour out some of the water. Add some hot water. Dip your finger quickly into the water.	_____	_____	_____
3. Outdoor temperature.	_____	_____	_____
4. Sunny window sill.	_____	_____	_____
5. Mix of ice and water.	_____	_____	_____
6. Temperature at floor.	_____	_____	_____
7. Temperature at ceiling.	_____	_____	_____



# UNIT 2

## OBJECTIVES

The student will recognize, select, and write correctly metric quantities used in job related tasks.

- Given a metric measurement task, select the appropriate metric unit.
- Given a metric measurement task in this occupation, estimate then measure the metric quantity.
- Given a metric quantity, write the measurement correctly using either the symbols or the name of the unit.

## SUGGESTED TEACHING SEQUENCE

1. Present or make available Information Sheet 2.
2. Present or make available the information in Tables 1b, 2, and 3. Discuss how to use these tables as reference aides. (Metric prefixes are located in Table 1b. Table 2 is a style reference containing rules for capitalization, punctuation, spacing, spelling, fractions and mathematical operations. It also contains suggestions for writing and typing metric units, terms, and symbols. Table 3 gives the correct spelling of metric units and symbols.)
3. Give the students practice in measuring, selecting, and correctly writing metric units by completing Exercises 6, 7, and 8.
4. Test performance by using Section A of "Testing Metric Abilities."

## METRICS IN THE OFFICE

Changeover to the metric system is underway. Large corporations in such areas as transportation, chemicals, information systems, electronics, health equipment and supplies are already using the metric measurements to compete on the world market. The metric system has been used in various parts of the industrial and scientific communities for years. Legislation passed in 1975 authorizes an orderly transition to metric. As business and industry make this changeover, employees will need competency in using metric measurement in job-related tasks.

Business and office workers are more concerned with the correct use of metric terms and symbols than with actual measurement tasks. They use metric terms in place orders, bill customers, type and proof correspondence.

Paper sizes and weights are changing. Margins are changing to centimetres and millimetres. Postal rate calculations will be based on grams. Business and office students need to learn to pronounce and spell the names of metric units, write the symbols, and use proper metric notation. In addition, they need to be able to recognize the incorrect use of terms; for example, if kilograms of chocolate (half a metric ton) is ordered, instead of 500 grams (about a pound).



## CAPITALIZATION

### 1.1 Units

Unit names are typed in lower case except for those units named after people, and for the prefixes "mega-", "giga-", and "tera-".  
The modifier "degree" in "degree Celsius" is lower case.

Correct:	Incorrect:
metre	METRE
litre	Litre
watt	Watt
degree Celsius	degree celsius

### Symbols

All symbols are typed in lower case except for those units named after people, and for the prefixes "mega-", "giga-", and "tera-".

Correct:	Incorrect:
kg	Kg
m	M
W (James Watt)	w
°C (Anders Celsius)	c
M (mega-)	m
T (tera-)	t
G (giga-)	g

### 1.3 Table Headings

Units of measure in a table heading can be typed in either all capitals or all lower case. Do not mix capital and lower case letters in an individual unit of measure.

Correct:	Incorrect:
GRAMS	Grams
litres	Litres

## PUNCTUATION

### 2.1 Period

Do not use a period after a metric symbol unless the symbol ends a sentence.

Correct:	Incorrect:
12 cm	12 cm.
350 g	350 g.
90 km/h	90 km./h.
50 ml	50 ml.

### 2.2 Semicolon

A semicolon separates numbers in a sequence.

Correct:	Incorrect:
61 211.1; 9.2; 0.45	61 211.1, 9.2, 0.45

### 2.3 Hyphen

#### 2.3.1 Compound units

Use a hyphen or space to type compound unit names in full.

Correct:	Incorrect:
newton-metre	newton metre
newton metre	newtonmetre

#### 2.3.2 Prefixes

There is no hyphen or space between a prefix and a unit of measure.

Correct:	Incorrect:
millimetre	milli-metre
kilogram	kilo-gram
megahertz	mega hertz

## 3. SPACING

### 3.1 Prefix and Unit Symbols

Do not leave a space between a symbol or name having a prefix.

Correct:	Incorrect:
mm	m m
millimetre	milli metre
kg	k g
kilogram	kilo gram

### 3.2 Numbers and Symbols

A space is left between a number and a symbol. The symbol for "degree Celsius" can be written with or without a space.

Correct:	Incorrect:
10 ml	10ml
8 m	8m
21°C or 21 °C	21 °C

### 3.3 Grouping Numbers

Numbers that are 1 000 and larger use a space instead of a comma to separate groups of three digits. A space is left after each group of three numbers both to the left and to the right of the decimal point. In a four digit number the space does not have to be used except to align with tabulation.

Correct:	Incorrect:
12 486 g	12,486 g
1 035 26 m	1,03526 m
1025 cm or 1 025 cm	
25 987 m	25 987 m
6 025 m	6025 m
10 340 m	10 340 m
42 352 m	42 352 m





# TYPE IT METRIC STYLE

## 3.4 Decimals

No space is used before or after the decimal point.

Correct:	Incorrect:
56.45 m	56. 45 m
1964.36 kg	1964 .36 kg

## 3.5 Mathematical Signs

Leave a space on each side of a mathematical operation sign (multiplication, division, etc.) except within a compound symbol.

Correct:	Incorrect:
2 m x 4 cm	2 cm x 4 cm
8 g ÷ 5 g	8 g ÷ 5 g
kg/m <sup>3</sup>	kg / m <sup>3</sup>
N·m	N m

## 4 SPELLING

### 4.1 "re" or "er"

Both "re" and "er" are correct for the metric terms metre/meter and litre/liter. Whichever spelling you use, use that spelling consistently.

### 4.2 Plurals

#### 4.2.1 Unit symbols

Do not add an "s" to a symbol to show a plural.

Correct:	Incorrect:
8 cm	8 cms
48 g	46 gs
3 ml	3 mls

#### 4.2.2 Unit names

Unit names are made plural when required.

Correct:	Incorrect:
75 metres	75 metre
2.2 kilograms	2.2 kilop. am
3 litres	3 litre

#### 4.2.3 Decimal fractions

Decimal fractions which are one or less are singular.  
Decimal fractions more than one are always plural.

Correct:	Incorrect:
0.5 gram (five tenths of a gram)	0.5 grams
0.8 metre (eight tenths of a metre)	0.8 metres
2.2 kilograms (two and two tenths kilograms)	2.2 kilop. am
25.1 millilitres (25 and one tenth millilitre)	25.1 millilitre

## 4.3 Double Vowels

The final vowel in a prefix is omitted for megohm, kilohm, and hectare. For all other cases both vowels are retained and pronounced. Do not use a space or hyphen to separate the double vowels.

Correct:	Incorrect:
hectare	hectare
milliampere	millampere
	milliamperre
	milli ampere

## 5 FRACTIONS AND MATHEMATICAL OPERATIONS

### 5.1 Fractions

#### 5.1.1 Decimals

Decimal notation is preferred for all fractions. However, common fractions with a denominator of 2, 5, or 10 are acceptable.

Correct:	Incorrect:
0.43 km	43/100 km
0.375 m	3/8 m
0.75 g or 3/4 g	
1.2 m or 1 1/5 m	

#### 5.1.2 Quantities less than one

In numbers less than one, a "0" precedes the decimal point.

Correct:	Incorrect:
0.46 cm	.46 cm
0.871 g	.871 g
0.75 ml	.75 ml

### 5.2 Multiplication

#### 5.2.1 Unit symbols

Use a raised dot to indicate symbols for units derived as a product.

Correct:	Incorrect:
N·m (newton-metre)	Nm
Pa·s (pascal second)	Pa s

#### 5.2.2 Metric number calculations

Use "x" as a multiplier symbol for calculations. Do not use the "product dot."

Correct:	Incorrect:
6.2 mm x 5	6.2 mm · 5
120 cm x 10	120 cm · 10
72 mm x .01	72 mm · 01



# TYPE IT METRIC STYLE

## 5.3 Division

Division is indicated by the diagonal (oblique stroke or solidus). Only one diagonal should be used in a compound unit of measure.

Correct:	Incorrect:
cm/s	$\frac{cm}{s}$
km/h	km·h

## 5.4 Powers

### 5.4.1 Squares and cubes

Use metric symbols with a superscript to indicate area and volume.

Correct:	Incorrect:
55 mm <sup>2</sup>	55 sq. mm
10 cm <sup>3</sup>	10 cu. cm
3.1 m <sup>2</sup>	3.4 sq. m

### 5.4.2 Scientific notation

Division can also be shown by using a negative exponent.

Example:

m s <sup>-1</sup>	=	m/s
km h <sup>-1</sup>	=	km/h
m s <sup>-2</sup>	=	m/s <sup>2</sup>

## 6. OTHER SUGGESTIONS

### 6.1 Combining Metric Units

Do not combine metric units in one expression.

Correct:	Incorrect:
10.21 m	10 m 20 cm 1 mm
400 cm by 750 cm	400 cm by 7.5 m

### 6.2 Combining Words and Symbols

Do not combine metric words and symbols in one expression.

Correct:	Incorrect:
kilowatts per hour	kilowatts/h
kW/h	kW/hour

### 6.3 Prefixes

Use one prefix with a unit of measure.

Correct:	Incorrect:
Mg (megagram)	kkg (kilokilogram)
mm (millimetre)	dem (decicentimetre)

## 6.4 Customary and Metric Symbols

Do not combine Customary and metric symbols in the same expression.

Correct:	Incorrect:
kg/m <sup>3</sup>	kg/ft. <sup>3</sup>
ml/m <sup>2</sup>	oz./m <sup>2</sup>

## 6.5 The Use of "Per"

Use the word "per" when writing out a metric expression. Substitute a diagonal (oblique stroke or solidus) to indicate the word per when writing metric symbols.

Correct:	Incorrect:
kilometres per hour	kilometres/hour
km/h	kph
joule per kilogram	joule/kilogram
J/kg	J per kg

## 6.6 Typing Suggestions

### 6.6.1 Typeface

Type metric symbols in upright (roman) type. Use of italic (script) letters should be avoided.

Correct:	Incorrect:
m	<i>m</i>

### 6.6.2 micro - μ

If the symbol μ (mu) is not available, spell out the unit name. If necessary, the symbol can be made by striking the lowercase "u" and adding a tail to the lower left side.

Correct: micrometre    μm

### 6.6.3 ohm - Ω

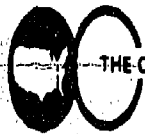
If the symbol Ω (Omega) is not available, spell out the unit name.

Correct: ohm Ω

### 6.6.4 litre - l

The symbol for litre is the lowercase "l." This is often confused with the numeral "1" (one). In cases where confusion might exist, spell out the unit name in full.

Correct: 0.5 litre  
70l



## WRITE &amp; SPELL IT RIGHT

Quantity	Unit	Plural	Symbol	Quantity	Unit	Plural	Symbol
length	metre	metres	m	force	newton	newtons	N
	centimetre	centimetres	cm	conductance	siemens	siemens	S
	millimetre	millimetres	mm	electric current	ampere	amperes	A
	kilometre	kilometres	km	electric charge	coulomb	coulombs	C
area	square metre	square metres	m <sup>2</sup>	electric potential	volt	volts	V
	square centimetre	square centimetres	cm <sup>2</sup>	electric capacitance	farad	farads	F
	square millimetre	square millimetres	mm <sup>2</sup>	electrical resistance	ohm	ohms	Ω
volume/ capacity	cubic metre	cubic metres	m <sup>3</sup>	power	watt	watts	W
	cubic centimetre	cubic centimetres	cm <sup>3</sup>		kilowatt	kilowatts	kW
	litre	litres	l	energy	joule	joules	J
	millilitre	millilitres	ml		kilojoule	kilojoules	kJ
mass	gram	grams	g	illuminance	lux	lux	lx
	kilogram	kilograms	kg	luminous intensity	candela	candelas	cd
	metric ton	metric tons	t	density	kilogram per cubic metre	kilograms per cubic metre	kg/m <sup>3</sup>
temperature	degree Celsius	degrees Celsius	°C	pressure/stress	pascal	pascals	Pa
	kelvin	kelvins	K		kilopascal	kilopascals	kPa
time	day	days	d	amount of substance	mole	moles	mol
	hour	hours	h	luminous flux	lumen	lumens	lm
	minute	minutes	min	magnetic flux	weber	webers	Wb
	second	seconds	s	magnetic inductance	tesla	teslas	T
velocity	metre per second	metres per second	m/s	inductance	henry	henries	H
frequency	hertz	hertz	Hz				
	megahertz	megahertz	MHz				

Table 3



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# TRYING OUT METRIC UNITS

To give you practice with metric units, first estimate the measurements of the items below. Write down your best guess next to the item. Then actually measure the item and write down your answers using the correct metric symbols. The more you practice, the easier it will be.

	Estimate	Actual
<b>Length</b>		
1. Width of file drawer		
2. File folder width		
3. Length of standard paper clip		
4. Width of desk top		
5. Length of table		
6. Length of typing book		
7. Height of the typewriter desk		
8. Width of "a" key on a typewriter		
9. Height of a four-drawer letter file cabinet		
<b>Area</b>		
10. Desk top		
11. Small business card		
12. Sheet of typing paper		
13. Typing book cover		
14. Envelope		
<b>Volume/Capacity</b>		
15. Small file box		

	Estimate	Actual
16. Middle desk drawer		
17. File cabinet drawer		
18. Box of rubber bands		
19. Wastebasket		
20. Bottle of typewriter cleaner		
21. Letter size file drawer		
22. Coffee cup		
<b>Mass</b>		
23. Ream of paper		
24. Typing eraser		
25. Paper clip		
26. Dictionary		
27. Business letter in an envelope		
28. Stapler		
<b>Temperature</b>		
29. Room temperature		
30. Outside temperature		
31. Hot tap water		
32. Cold tap water		



## USE THOSE METRIC TERMS

It is important to know what metric measurement to use. Show what measurement to use in the following situations.

1. Determining the area of desk top		13. Determining the height of file cabinet	
2. Measuring the length of desk calendar		14. Finding the depth of file cabinet	
3. Measuring the width of desk calendar		15. Determining the capacity of file drawer	
4. Determining the area of in-out basket		16. Ordering a bottle of liquid correction fluid	
5. Measuring the length of desk pad		17. Determining how much water to put in a coffee pot	
6. Measuring the width of desk pad		18. Buying rubber cement	
7. Determining the top margin of a letter		19. Finding the mass of a business letter	
8. Setting the side margin of a letter		20. Finding the mass of a package of 5 typing books	
9. Determining the amount of typewriter cleaner fluid in a bottle		21. Buying duplicator fluid	
10. Determining the correct dimensions of a piece of paper		22. Determining temperature of the office	
11. Ordering a box of carbon paper		23. Adjusting chair to comfortable height	
12. Determining the width of file folder		24. Finding distances for a mileage report	
		25. Ordering typing paper	



# WRITING METRIC TERMS

1. Using the reference materials, write metric symbols for the following:

- a) 900 farads \_\_\_\_\_
- b) 46 teslas \_\_\_\_\_
- c) 9 webers \_\_\_\_\_
- d) 465 metres \_\_\_\_\_
- e) 900 kilolitres \_\_\_\_\_
- f) 649 micrograms \_\_\_\_\_
- g) 41 megavolts \_\_\_\_\_
- h) 28 centimetres \_\_\_\_\_
- i) 981 lumens \_\_\_\_\_
- j) 968 cubic millimetres \_\_\_\_\_
- k) 1 square metre \_\_\_\_\_
- l) 465 metric tons \_\_\_\_\_
- m) 90 kilometres per hour \_\_\_\_\_
- n) 14 hours \_\_\_\_\_
- o) 76 degrees Celsius \_\_\_\_\_

2. Using the reference materials, write the numeral and write out the metric term for each of the following:

- a)  $975 \text{ cm}^3$  \_\_\_\_\_
- b) 841 l \_\_\_\_\_
- c) 91 mm \_\_\_\_\_
- d)  $47 \mu\text{g}$  \_\_\_\_\_
- e) 418 T \_\_\_\_\_
- f) 46 N·m \_\_\_\_\_
- g)  $78 \text{ Wb/m}^2$  \_\_\_\_\_
- h)  $14 \text{ m}^3$  \_\_\_\_\_
- i) 871 ml \_\_\_\_\_
- j) 94 g \_\_\_\_\_
- k) 853 kPa \_\_\_\_\_
- l)  $95^\circ\text{C}$  \_\_\_\_\_
- m) 461 V \_\_\_\_\_
- n) 978 Tm \_\_\_\_\_
- o) 81 kl \_\_\_\_\_

3. Write the metric symbol for the metric words that are written out, and write the metric words in full for the metric symbols that are given. Use Tables 1b, 2, and 3 as a guide, if necessary.

- a.) Paper width, 210 millimetres \_\_\_\_\_
- b.) Stapler mass, 400 grams \_\_\_\_\_
- c.) Bookshelf width, 97 centimetres \_\_\_\_\_
- d.) File cabinet height, 1.5 metres \_\_\_\_\_
- e.) Cooler of water, 5 litres \_\_\_\_\_
- f.) Dictionary cover area, 450 square centimetres \_\_\_\_\_
- g.) Volume of 1 cup of coffee, 215 millilitres \_\_\_\_\_
- h.) Typing book mass, 1 kilogram \_\_\_\_\_
- i.) Eraser, 50 mm \_\_\_\_\_
- j.) Desk drawer area,  $10\,880 \text{ cm}^3$  \_\_\_\_\_
- k.) 500 ml of coffee \_\_\_\_\_
- l.) Room temperature,  $22^\circ\text{C}$  \_\_\_\_\_
- m.) Mass of a paper clip, 0.5 g \_\_\_\_\_
- n.) Height of one bookshelf, 30 cm \_\_\_\_\_
- o.) Room length, 10 m \_\_\_\_\_
- p.) Duplicator fluid, 4 l \_\_\_\_\_



# UNIT 3

## OBJECTIVE

The student will recognize and use metric equivalents.

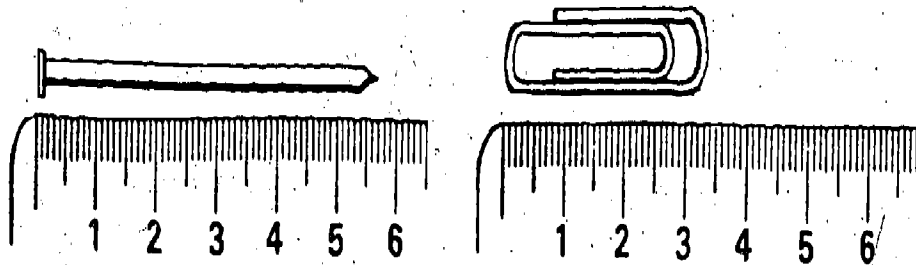
- Given a metric unit, state an equivalent in a larger or smaller metric unit.

## SUGGESTED TEACHING SEQUENCE

- Make available the Information Sheets (3-8) and the associated Exercises (9-15), one at a time.
- As soon as you have presented the Information, have the students complete each Exercise.
- Check their answers on the page titled ANSWERS TO EXERCISES AND TEST.
- Test performance by using Section B of "Testing Metric Abilities."

## METRIC-METRIC EQUIVALENTS

### Centimetres and Millimetres



Look at the picture of the nail next to the ruler. The nail is 57 mm long. This is 5 cm + 7 mm. There are 10 mm in each cm, so 1 mm = 0.1 cm (one-tenth of a centimetre). This means that 7 mm = 0.7 cm, so 57 mm = 5 cm + 7 mm  
 = 5 cm + 0.7 cm  
 = 5.7 cm. Therefore 57 mm is the same as 5.7 cm.

Now measure the paper clip. It is 34 mm. This is the same as 3 cm + \_\_\_\_\_ mm. Since each millimetre is 0.1 cm (one-tenth of a centimetre), 4 mm = \_\_\_\_\_ cm. So, the paper clip is 34 mm = 3 cm + 4 mm  
 = 3 cm + 0.4 cm  
 = 3.4 cm. This means that 34 mm is the same as 3.4 cm.

## Information Sheet 3

Now you try some.

- |                      |                        |
|----------------------|------------------------|
| a) 26 mm = _____ cm  | e) 132 mm = _____ cm   |
| b) 583 mm = _____ cm | f) 802 mm = _____ cm   |
| c) 94 mm = _____ cm  | g) 1 400 mm = _____ cm |
| d) 680 mm = _____ cm | h) 2 307 mm = _____ cm |

## Exercise 9



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## Metres, Centimetres, and Millimetres

There are 100 centimetres in one metre. Thus,

$$2 \text{ m} = 2 \times 100 \text{ cm} = 200 \text{ cm.}$$

$$3 \text{ m} = 3 \times 100 \text{ cm} = 300 \text{ cm.}$$

$$8 \text{ m} = 8 \times 100 \text{ cm} = 800 \text{ cm.}$$

$$36 \text{ m} = 36 \times 100 \text{ cm} = 3\,600 \text{ cm.}$$

There are 1 000 millimetres in one metre, so

$$2 \text{ m} = 2 \times 1\,000 \text{ mm} = 2\,000 \text{ mm.}$$

$$3 \text{ m} = 3 \times 1\,000 \text{ mm} = 3\,000 \text{ mm.}$$

$$6 \text{ m} = 6 \times 1\,000 \text{ mm} = 6\,000 \text{ mm.}$$

$$24 \text{ m} = 24 \times 1\,000 \text{ mm} = 24\,000 \text{ mm.}$$

From your work with decimals you should know that

one-half of a metre can be written 0.5 m (five-tenths metre);

one-fourth of a centimetre can be written 0.25 cm

(twenty-five hundredths of a centimetre).

This means that if you want to change three-fourths of a metre to millimetres, you would multiply by 1 000. So

$$0.75 \text{ m} = 0.75 \times 1\,000 \text{ mm}$$

$$= \frac{75}{100} \times 1\,000 \text{ mm}$$

$$= 75 \times \frac{1\,000}{100} \text{ mm}$$

$$= 75 \times 10 \text{ mm}$$

$$= 750 \text{ mm. This means that } 0.75 \text{ m} = 750 \text{ mm.}$$

### Information Sheet 4

Fill in the following chart.

metre m	centimetre cm	millimetre mm
1	100	1 000
2	200	
3		
9		
		5 000
74		
0.8	80	
0.6		600
	2.5	25
		148
	639	

### Exercise 10

## Millilitres to Litres

There are 1 000 millilitres in one litre. This means that

2 000 millilitres is the same as 2 litres.

3 000 ml is the same as 3 litres.

4 000 ml is the same as 4 litres.

12 000 ml is the same as 12 litres.

Since there are 1 000 millilitres in each litre, one way to change millilitres to litres is to divide by 1 000. For example,

$$1\,000 \text{ ml} = \frac{1\,000}{1\,000} \text{ litre} = 1 \text{ litre.}$$

$$\text{Or } 2\,000 \text{ ml} = \frac{2\,000}{1\,000} \text{ litres} = 2 \text{ litres.}$$

And, as a final example,

$$28\,000 \text{ ml} = \frac{28\,000}{1\,000} \text{ litres} = 28 \text{ litres.}$$

What if something holds 500 ml? How many litres is this? This is worked the same way.

$$500 \text{ ml} = \frac{500}{1\,000} \text{ litre} = 0.5 \text{ litre (five-tenths of a litre)}. \text{ So } 500 \text{ ml}$$

is the same as one-half (0.5) of a litre.

Change 57 millilitres to litres.

$$57 \text{ ml} = \frac{57}{1\,000} \text{ litre} = 0.057 \text{ litre (fifty-seven thousandths of a litre).}$$

### Information Sheet 5

Now you try some. Complete the following chart.

millilitres (ml)	litres (l)
3 000	3
6 000	
	8
14 000	
	23
300	0.3
700	
	0.9
250	
	0.47
275	

### Exercise 11



## Litres to Millilitres

What do you do if you need to change litres to millilitres? Remember, there are 1 000 millilitres in one litre, or 1 litre = 1 000 ml.

So,

- 2 litres = 2 x 1 000 ml = 2 000 ml,
- 7 litres = 7 x 1 000 ml = 7 000 ml,
- 13 litres = 13 x 1 000 ml = 13 000 ml,
- 0.65 litre = 0.65 x 1 000 ml = 650 ml.

### Information Sheet 6

Now you try some. Complete the following chart.

litres	millilitres
l	ml
8	8 000
5	
46	
	32 000
0.4	
0.53	
	480

### Exercise 12

## Grams to Kilograms

There are 1 000 grams in one kilogram. This means that

- 2 000 grams is the same as 2 kilograms,
- 5 000 g is the same as 5 kg,
- 700 g is the same as 0.7 kg, and so on.

To change from grams to kilograms, you use the same procedure for changing from millilitres to litres.

### Information Sheet 7

Try the following ones.

grams	kilograms
g	kg
4 000	4
9 000	
23 000	
	8
300	
275	

### Exercise 13

## Kilograms to Grams

To change kilograms to grams, you multiply by 1 000.

- 4 kg = 4 x 1 000 g = 4 000 g,
- 23 kg = 23 x 1 000 g = 23 000 g,
- 0.75 kg = 0.75 x 1 000 g = 750 g.

### Information Sheet 8

Complete the following chart.

kilograms	grams
kg	g
7	7 000
11	
	25 000
0.4	
0.63	
	175

### Exercise 14

## Changing Units at Work

Some of the things you use in this occupation may be measured in different metric units. Practice changing each of the following to metric equivalents by completing these statements.

- a) 500 cm of tape is \_\_\_\_\_ m
- b) 250 ml of solution is \_\_\_\_\_ l
- c) 2 cm stamp is \_\_\_\_\_ mm
- d) 500 g of mimeograph ink is \_\_\_\_\_ kg
- e) 0.05 litre of fluid is \_\_\_\_\_ ml
- f) 1.5 m file cabinet is \_\_\_\_\_ mm
- g) 2 500 g package is \_\_\_\_\_ kg
- h) 24 cm side margin is \_\_\_\_\_ mm
- i) 500 ml of fluid is \_\_\_\_\_ l
- j) 0.5 t of paper is \_\_\_\_\_ kg
- k) 10 m of twine is \_\_\_\_\_ cm
- l) 3.5 cm paper clip is \_\_\_\_\_ mm
- m) 20 kg typewriter is \_\_\_\_\_ g
- n) 25 cm wide envelope is \_\_\_\_\_ mm
- o) 2 400 mm room divider length is \_\_\_\_\_ cm

### Exercise 15

# UNIT 4

## OBJECTIVES

The student will correctly proof, type, layout pages, and take dictation using metric units, terms, and symbols.

- Given a proofing exercise with metric terms, identify the incorrect usage of terms and symbols, and correctly type the exercise using proper rules of notation.
- Given layout information and metric dimensions, prepare an attractive typing layout for a page.
- Given a dictation exercise correctly take notes in shorthand and type the metric units, terms, and symbols using proper rules of notation.

## SUGGESTED TEACHING SEQUENCE

1. Present or make available Information Sheet 9 and Tables 1b, 2, and 3. Review the reference format and ways of using the reference material.
2. Using the references, have students complete the proofing and typing exercises in Exercise 16.
3. Assemble equipment (paper, rulers, scissors, etc.) and have students complete the layouts in Exercise 17.
4. Dictate 30 metric terms and a brief passage containing metric terms and symbols for Exercise 18 on dictating equipment. Discuss the implications of metric terms in shorthand tasks. Have students take notes in shorthand, then transcribe and type a final copy from their notes.

## WORKING WITH METRICS

### TYPING

The American Metric Council recommends when the following metric symbols are used frequently that they be included on typewriters:

1. superscripts <sup>2</sup> and <sup>3</sup> for squares and cubes
2. sign · for a product dot
3. symbol ° for degree
4. symbol Ω for ohm
5. symbol μ for micro

A special type element is available for some typewriters which contains these and many other characters used in technical reports. Other typewriters can use replaceable character keys.

If neither of these options is available the following procedures can be used on regular keyboards. Superscripts, product dots, and degree symbols can be produced by rolling the platen half a space before typing the figure. Numerals are typed as superscripts, the period is substituted for the product dot and a lower case "o" is typed for the degree symbol. "Ohm" (Ω) should be spelled out whenever possible. Micro (μ) can be produced by striking a lower case "u" and adding a tail to the lower left side.

### LAYOUT AND MARGINS

Layout designs and margins will be given in millimetres and centimetres. 2.5 cm will be used instead of 1 inch margins, 3.75 cm for 1 1/2 inches, 5 cm for 2 inches, etc.

### SHORTHAND

No specific rules for writing metric terms in shorthand have yet been established. Some stenographers may find it easier to write the metric symbols than the shorthand forms. However, some suggested Gregg shorthand brief forms are located with Exercise 18.



# PROOFREADING METRIC TERMS

Part 1. Type the following memo. Be sure to proof it before you begin typing. (There are spelling, symbol, and notation errors.) Prepare a final mailable copy.

To: All Staff                      Date: December 14, 19--  
From: Paul Jones, President      Subject: Adoption of Metric System

Due to the recent adoption of the metric system by the United States Government, we find some need to expand this company's background knowledge of the system. We will be required to order more of our equipment and supplies utilizing the metric unit of measure. Also, our customers will gradually begin to order in metric quantities. Therefore, we must prepare to meet this challenge. Please review the following information and keep it available for easy reference.

1. Linear measures will be: millimetres (mM) and centimeters (cm.) instead of inches; metres (M) will replace feet and yards; kilometres will take the place of miles. Travel reports will reflect Km rather than miles. Speed will be recorded in km per hour rather than mph.
2. Area is measured by  $\text{cm}^2$  replacing square inches: square feet and square yards will be replaced by  $\text{m}^2$ . The unit of land measure which replaces the acre will be the hectare.
3. Liquid supplies will be measured in millimetres (ml) and litres (L) (replacing the cup, pint, quart, gallon); and very large quantities will be measured in kilolitres (kls).
4. Weights will be determined in grammes, kilograms, and tonnes.
5. A comfortable room temperature will be 20 degrees Celisus ( $20^\circ\text{C}$ ) instead of  $68^\circ\text{F}$ . Also, scientific use of temperature will be shown in Kelvins.
6. The following electrical terms will not change: voltes (v.), henries (H), webres (wb), farades (F), and Wats (Ws), etc.

Training programs will be scheduled for all employees in the very near future. Let's go metric!

*Paul Jones*

Part 2.

Proof the following advertisement. There are spelling, symbol, notation, and substitution errors. Type a final printable copy.

## FOR SALE

Lovely old colonial home located on wooded ten-Hectare lot in Worthmoore school district, just 10 Km from the nearest shopping centre. The house has 225 sq. m. of floor space; a large 400 cms x 730cm livingroom; formal 335 Cm x 430 centilitre dining room; three bedrooms; two full baths; finished basement; and seperate two-car garage. It has a 250 liter water heater, 400 Litre fuel oil tank, and 15 cms of insulation in the attic.

Special features: two wood burning fireplaces with  $4\text{ ms}^3$  of cut wood; wine cellar kept at constant  $12^\circ\text{C}$ ; 4-stall stable with 500 Kg of feed;  $25\text{ M}^2$  of formal garden; 4 kiloliter of riding trails; 2 hectare of woods;  $1\frac{1}{2}\text{ hA}$  fenced pasture; .75 km driveway bordered by a stone fense  $1\frac{3}{8}\text{ m}$  high.

For information call Metric Realty at 466-4874, Ext. 2.



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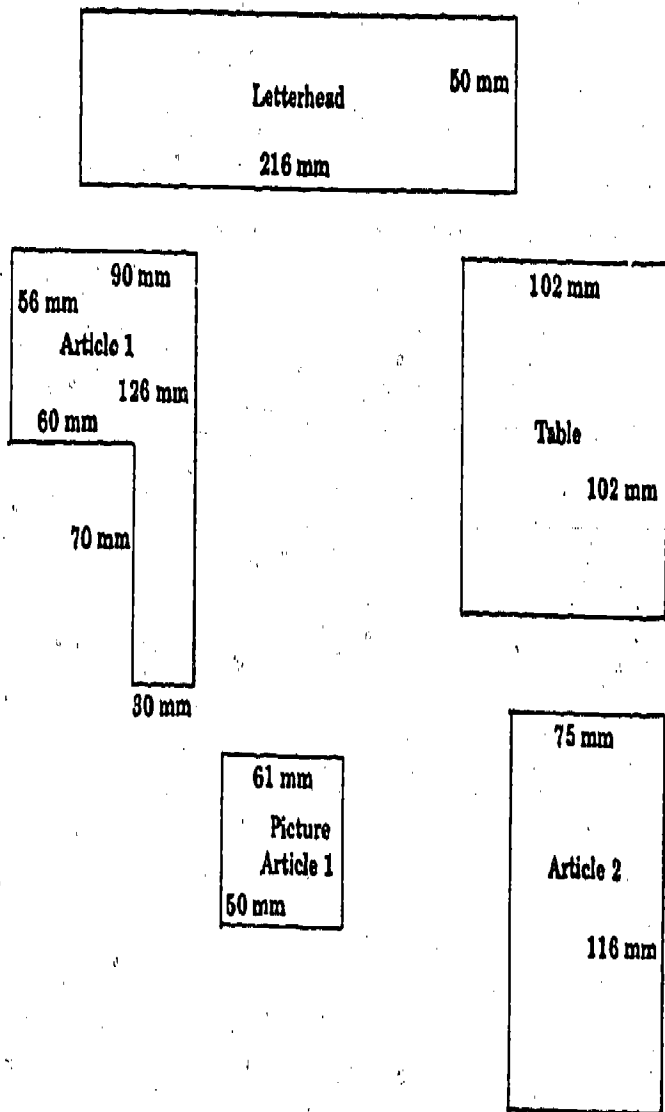
ERIC  
Full Text Provided by ERIC

Exercise 16

# METRIC LAYOUTS

# METRIC SHORTHAND

You have been given the following information for a layout for typing. Your task is to prepare correct sizes of the items and plan an attractive layout for the page. (The figures shown below are the actual measurements you are to use; however, the drawings are scaled down to one third that size.)



Shorthand will have to accommodate the new terms which the metric system will introduce. Some possible Gregg Shorthand brief forms for the metric terms may include the following; however, check with textbook publishing companies for the latest decisions.

	METRE	LITRE	GRAM
	—	∩	∩
MILLI	==	∩	∩
CENTI	⌒	∩	∩
DECI	+	∩	∩
DEKA	∩	∩	∩
HECTO	∩	∩	∩
KILO	∩	∩	∩

1. Take 30 metric terms in shorthand. Transcribe the terms from your notes, being careful to spell terms and use symbols correctly.
2. Take dictation that contains metric terms and symbols.

\*Information and chart adapted from service project report "The Metric System and its Impact on Business Education" by Delta Pi Epsilon, Beta Mu Chapter, Central Connecticut State College, New Britain, Connecticut, November 1976.



# UNIT 5

## OBJECTIVE

The student will recognize and use metric and Customary units interchangeably in ordering, selling, and using products and supplies in this occupation.

- Given a Customary (or metric) measurement, find the metric (or Customary) equivalent on a conversion table.
- Given a Customary unit, state the replacement unit.

## SUGGESTED TEACHING SEQUENCE

- Assemble packages and containers of materials.
- Present or make available Information Sheet 10.
- Have students find approximate metric-Customary equivalents by using Exercise 19.
- Test performance by using Section D of "Testing Metric Abilities."

## METRIC-CUSTOMARY EQUIVALENTS

During the transition period there will be a need for finding equivalents between systems. Conversion tables list calculated equivalents between the two systems. When a close equivalent is needed, a conversion table can be used to find it. Follow these steps:

- Determine which conversion table is needed.
- Look up the known number in the appropriate column; if not listed, find numbers you can add together to make the total of the known number.
- Read the equivalent(s) from the next column.

Below is a table of metric-Customary equivalents which tells you what the metric replacements for Customary units are.\* This table can be used with Exercise 19, Part 1. The symbol  $\approx$  means "nearly equal to."

1 cm $\approx$ 0.39 inch	1 inch $\approx$ 2.54 cm	1 ml $\approx$ 0.2 tsp	1 tsp $\approx$ 5 ml
1 m $\approx$ 3.28 feet	1 foot $\approx$ 0.305 m	1 ml $\approx$ 0.07 tbsp	1 tbsp $\approx$ 15 ml
1 m $\approx$ 1.09 yards	1 yard $\approx$ 0.91 m	1 l $\approx$ 33.8 fl oz	1 fl oz $\approx$ 29.6 ml
1 km $\approx$ 0.62 mile	1 mile $\approx$ 1.61 km	1 l $\approx$ 4.2 cups	1 cup $\approx$ 237 ml
1 cm <sup>2</sup> $\approx$ 0.16 sq in	1 sq in $\approx$ 6.5 cm <sup>2</sup>	1 l $\approx$ 2.1 pts	1 pt $\approx$ 0.47 l
1 m <sup>2</sup> $\approx$ 10.8 sq ft	1 sq ft $\approx$ 0.09 m <sup>2</sup>	1 l $\approx$ 1.06 qt	1 qt $\approx$ 0.95 l
1 m <sup>2</sup> $\approx$ 1.2 sq yd	1 sq yd $\approx$ 0.8 m <sup>2</sup>	1 l $\approx$ 0.26 gal	1 gal $\approx$ 3.79 l
1 hectare $\approx$ 2.5 acres	1 acre $\approx$ 0.4 hectare	1 gram $\approx$ 0.035 oz	1 oz $\approx$ 28.3 g
1 cm <sup>3</sup> $\approx$ 0.06 cu in	1 cu in $\approx$ 16.4 cm <sup>3</sup>	1 kg $\approx$ 2.2 lb	1 lb $\approx$ 0.45 kg
1 m <sup>3</sup> $\approx$ 35.3 cu ft	1 cu ft $\approx$ 0.03 m <sup>3</sup>	1 metric ton $\approx$ 2205 lb	1 ton $\approx$ 907.2 kg
1 m <sup>3</sup> $\approx$ 1.3 cu yd	1 cu yd $\approx$ 0.8 m <sup>3</sup>	1 kPa $\approx$ 0.145 psi	1 psi $\approx$ 6.895 kPa

\*Adapted from *Let's Measure Metric. A Teacher's Introduction to Metric Measurement*. Division of Educational Redesign and Renewal, Ohio Department of Education, 65 S. Front Street, Columbus, OH 43215, 1975.



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Information Sheet 10

# ANY WAY YOU WANT IT

1. One of your office tasks may be typing purchase orders, making changes from Customary units to metric units of measure (as some suppliers will sell metric quantities only). To develop your skill in determining approximate Customary equivalents, use the Table on Information Sheet 10 and give the approximate metric quantity (both number and units) for each of the following Customary quantities.

Customary Quantity	Metric Quantity
a) 1 gal. of typewriter cleaner	
b) 5 oz. of correction fluid	
c) 1/2 in. tape	
d) 2 lbs. of hand cleaner	
e) 25 ft. of string	
f) 9 in. reference manual	
g) Two-gallon waste basket	
h) 1 pt. of hand cleaner	
i) 1/2 lb. of rubber bands	
j) 30 in. x 60 in. desk	
k) 1 fl. oz. liquid re-type	
l) 5 lb. package	
m) 6 in. pair of scissors	
n) 3 mile distance	

MILLIMETRES TO INCHES

mm	in.	mm	in.
10	0.39	1	0.04
20	0.79	2	0.08
30	1.18	3	0.12
40	1.57	4	0.16
50	1.97	5	0.20
60	2.36	6	0.24
70	2.76	7	0.28
80	3.15	8	0.31
90	3.54	9	0.35

INCHES TO MILLIMETRES

in.	mm	in.	mm
10	254.0	1	25.4
20	508.0	2	50.8
30	762.0	3	76.2
40	1016.0	4	101.6
50	1270.0	5	127.0
60	1524.0	6	152.4
70	1778.0	7	177.8
80	2032.0	8	203.2
90	2286.0	9	228.6

2. Use the following conversion tables to find the metric or Customary equivalent for these quantities.

- |                  |                   |
|------------------|-------------------|
| a) 1 mm = _____  | m) 15 in. = _____ |
| b) 45 mm = _____ | n) 5 in. = _____  |
| c) 25 mm = _____ | o) 2 in. = _____  |
| d) 83 mm = _____ | p) 18 in. = _____ |
| e) 54 mm = _____ | q) 35 in. = _____ |
| f) 72 mm = _____ | r) 12 in. = _____ |
| g) 11 mm = _____ | s) 7 in. = _____  |
| h) 60 mm = _____ | t) 25 in. = _____ |
| i) 22 mm = _____ | u) 11 in. = _____ |
| j) 8 mm = _____  | v) 8 in. = _____  |
| k) 24 mm = _____ | w) 6 in. = _____  |
| l) 75 mm = _____ | x) 35 in. = _____ |

## SECTION A

1. One kilogram is about the mass of a:

- [A] nickel
- [B] apple seed
- [C] basketball
- [D] Volkswagen "Beetle"

2. A square metre is about the area of:

- [A] this sheet of paper
- [B] a card table top
- [C] a bedspread
- [D] a postage stamp

3. When setting side margins, the unit of measure would be:

- [A] metre
- [B] millilitre
- [C] centimetre
- [D] kilometre

4. When finding the mass of a package, the unit of measure would be:

- [A] lux
- [B] litres
- [C] amperes
- [D] grams

5. The correct way to write twenty grams is:

- [A] 20 gms
- [B] 20 Gm.
- [C] 20 g.
- [D] 20 g

6. The correct way to write twelve thousand millimetres is:

- [A] 12,000 mm.
- [B] 12.000 mm
- [C] 12 000mm
- [D] 12 000 mm

## SECTION B

7. A paper 216 millimetres wide also has a width of:

- [A] 21.6 metres
- [B] 21.6 centimetres
- [C] 0.216 metre
- [D] 2.16 centimetres

8. The mass of a package is 1 000 grams or:

- [A] 1 kilogram
- [B] 100 kilograms
- [C] 10 kilograms
- [D] 0.1 kilogram

## SECTION C

9. Which metric term is misspelled?

- [A] joule
- [B] pascels
- [C] ampere
- [D] lumens

10. Which sentence is correctly typed?

- [A] The hand cleaner is 178 gs.
- [B] The mass of the package is 28 g.
- [C] The paper is 216mm x28lmm.
- [D] The car traveled 80 k/hour.

11. Which metric term is misspelled?

- [A] webers
- [B] ampers
- [C] metric ton
- [D] microgram

12. The correct way to write kilometres per hour is:

- [A] k.p.h.
- [B] km/h
- [C] k/hr
- [D] kilometres/hour

Use this conversion table to answer questions 15 and 16.

mm	in.	mm	in.
100	3.94	10	0.39
200	7.87	20	0.79
300	11.81	30	1.18
400	15.74	40	1.57
500	19.68	50	1.97
600	23.62	60	2.36
700	27.56	70	2.76
800	31.50	80	3.15
900	35.43	90	3.54

## SECTION D

13. The replacement unit for fluid ounces is:

- [A] grams
- [B] litres
- [C] millilitres
- [D] milligrams

14. The replacement unit for feet is:

- [A] litres
- [B] millilitres
- [C] millimetres
- [D] metres

15. The equivalent for 150 mm is:

- [A] 15.0 in.
- [B] 5.0 in.
- [C] 1.50 in.
- [D] 5.91 in.

16. The equivalent for 210 mm is:

- [A] 20.0 in.
- [B] 8.26 in.
- [C] 8.0 in.
- [D] 20.26 in.



## EXERCISES 1 THRU 6

The answers depend on the items used for the activities.

### EXERCISE 7

Currently accepted metric units of measurement for each question are shown in Table 1a. Standards in each occupation are being established now, so answers may vary.

### EXERCISE 8

#### Part 1.

- a) 900 F      i) 981 lm
- b) 46 T      j) 968 mm<sup>3</sup>
- c) 9 Wb      k) 1 m<sup>2</sup>
- d) 465 m    l) 465 t
- e) 900 kl    m) 90 km/h
- f) 649 μg   n) 14 h
- g) 41 MV    o) 76°C
- h) 28 cm

#### Part 2.

- a) 975 cubic centimetres
- b) 841 litres
- c) 91 millimetres
- d) 47 micrograms
- e) 418 teslas
- f) 46 newton-metres or 46 newton metres
- g) 78 webers per square metre
- h) 14 cubic metres
- i) 871 millilitres
- j) 94 grams
- k) 853 kilopascals
- l) 95 degrees Celsius
- m) 461 volts
- n) 978 terametres
- o) 81 kilolitres

### Part 3.

- a) 210 mm
- b) 400 g
- c) 97 cm
- d) 1.5 m
- e) 5 l
- f) 450 cm<sup>2</sup>
- g) 215 ml
- h) 1 kg
- i) 50 millimetres
- j) 10 880 cubic centimetres
- k) 500 millilitres
- l) 22 degrees Celsius
- m) 0.5 gram
- n) 30 centimetres
- o) 10 metres
- p) 4 litres

### EXERCISE 9

- a) 2.6 cm      e) 13.2 cm
- b) 58.3 cm    f) 80.2 cm
- c) 9.4 cm      g) 140.0 cm
- d) 68.0 cm    h) 230.7 cm

### EXERCISES 10 THRU 14

Tables are reproduced in total. Answers are in parentheses.

#### Exercise 10

metre m	centimetre cm	millimetre mm
1	100	1 000
2	200	(2 000)
3	(300)	(3 000)
9	(900)	(9 000)
(5)	(500)	5 000
74	(7 400)	(74 000)
0.8	80	(800)
0.6	(60)	600
(0.025)	2.5	25
(0.148)	(14.8)	148
(6.39)	639	(6 390)

#### Exercise 11

millilitres ml	litres l
3 000	3
6 000	(6)
(8 000)	8
(14 000)	(14)
(23 000)	23
300	0.3
700	(0.7)
(900)	0.9
250	(0.25)
(470)	0.47
275	(0.275)

#### Exercise 12

litres l	millilitres ml
8	8 000
5	(5 000)
46	(46 000)
(32)	32 000
0.4	(400)
0.53	(530)
(0.48)	480

#### Exercise 13

grams g	kilograms kg
4 000	4
9 000	(9)
23 000	(23)
(8 000)	8
300	(0.3)
275	(0.275)

#### Exercise 14

kilograms kg	grams g
7	7 000
11	(11 000)
(25)	25 000
0.4	(400)
0.63	(630)
(0.175)	175





EXERCISE 15

- a) 5 m      i) 0.5 litre  
 b) 0.25 litre      j) 500 kg  
 c) 20 mm      k) 1 000 cm  
 d) 0.5 kg      l) 35 mm  
 e) 50 ml      m) 20 000 g  
 f) 1 500 mm      n) 250 mm  
 g) 2.5 kg      o) 240 cm  
 h) 240 mm

EXERCISE 16

The correct answers are underlined in the following copy.

Part 1.

- Linear measures will be: millimetres (mm) and centimetres (cm) instead of inches; metres (m) will replace feet and yards; kilometres will take the place of miles. Travel reports will reflect km rather than miles. Speed will be recorded in km/h rather than mph.
- Area is measured by cm<sup>2</sup> replacing square inches; square feet and square yards will be replaced by m<sup>2</sup>. The unit of land measure which replaces the acre will be the hectare.
- Liquid supplies will be measured in millilitres (ml) and litres (l), replacing the cup, pint, quart, gallon; and very large quantities will be measured in kilolitres (kl).
- Weights will be determined in grams, kilograms, and metric tons.
- A comfortable room temperature will be 20 degrees Celsius (20°C) instead of 68°F. Also, scientific use of temperature will be shown in kelvins.
- The following electrical terms will not change: volts (V), henries (H), webers (Wb), farads (F), and watts (W), etc.

Part 2.

Lovely old colonial home located on wooded ten-hectare lot in Worthmoore school district, just 10 km from the nearest shopping center. The house has 225 m<sup>2</sup> of floor space; a large 400 cm x 730 cm living room; formal 335 cm x 430 cm dining room; three bedrooms; two full baths; finished basement; and separate two-car garage. It has a 250 litre water heater, 400 litre fuel oil tank, and 15 cm of insulation in the attic.

Special features: 2 wood burning fireplaces with 4 m<sup>3</sup> of cut wood; wine cellar kept at constant 12 C; 4-stall stable with 500 kg of feed; 25 m<sup>2</sup> of formal garden; 4 kilometres of riding trails; 2 hectares of woods; 1.5 ha fenced pasture; 0.75 km driveway bordered by a stone fence 1.375 m high.

EXERCISE 17

Teacher to determine criteria for attractive layout.

EXERCISE 18

The answers depend on the terms dictated.

EXERCISE 19Part 1.

- a) 3.79 litres      h) 0.47 litre  
 b) 148 ml      i) 0.225 kg  
 c) 1.27 cm      j) 76.2 cm x 152.4 cm  
 d) 0.9 kg      k) 29.6 ml  
 e) 7.625 m      l) 2.25 kg  
 f) 22.86 cm      m) 15.24 cm  
 g) 7.58 litres      n) 4.83 km

Part 2.

- a) 0.04 in.      m) 381 mm  
 b) 1.77 in.      n) 127 mm  
 c) 0.99 in.      o) 50.8 mm  
 d) 3.27 in.      p) 45.72 mm  
 e) 2.13 in.      q) 889 mm  
 f) 2.84 in.      r) 304.8 mm  
 g) 0.43 in.      s) 177.8 mm  
 h) 2.36 in.      t) 635 mm  
 i) 0.87 in.      u) 279.4 mm  
 j) 0.31 in.      v) 203.2 mm  
 k) 0.95 in.      w) 152.4 mm  
 l) 2.96 in.      x) 914.4 mm

TESTING METRIC ABILITIES

- |    |   |     |   |
|----|---|-----|---|
| 1. | C | 9.  | B |
| 2. | B | 10. | B |
| 3. | C | 11. | B |
| 4. | D | 12. | B |
| 5. | D | 13. | C |
| 6. | D | 14. | D |
| 7. | B | 15. | D |
| 8. | A | 16. | B |

## Tools and Devices List

### SUGGESTED METRIC TOOLS AND DEVICES NEEDED TO COMPLETE MEASUREMENT TASKS IN EXERCISES 1 THROUGH 5

(\* Optional)

#### LINEAR

Metre Sticks  
Rules, 30 cm  
Measuring Tapes, 150 cm  
\*Height Measure  
\*Metre Tape, 10 m  
\*Trundle Wheel  
\*Area Measuring Grid

#### MASS

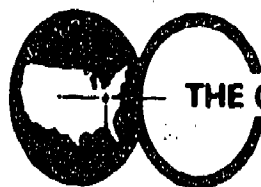
Bathroom Scale  
\*Kilogram Scale  
\*Platform Spring Scale  
5 kg Capacity  
10 kg Capacity  
Balance Scale with 8-piece  
mass set  
\*Spring Scale, 6 kg Capacity

#### VOLUME/CAPACITY

\*Nesting Measures, set of 5,  
50 ml - 1 000 ml  
Economy Beaker, set of 6,  
50 ml - 1 000 ml  
Metric Spoon, set of 5,  
1 ml - 25 ml  
Dry Measure, set of 3,  
50, 125, 250 ml  
Plastic Litre Box  
Centimetre Cubes

#### TEMPERATURE

Celsius Thermometer



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The Ohio State University • 1960 Kenny Road • Columbus Ohio 43210

# REFERENCES

*Let's Measure Metric. A Teacher's Introduction to Metric Measurement.* Division of Educational Redesign and Renewal, Ohio Department of Education, 65 S. Front Street, Columbus, OH 43215, 1975, 80 pages; \$1.50, must include check to state treasurer.

Activity-oriented introduction to the metric system designed for independent or group inservice education study. Introductory information about metric measurement; reproducible exercises apply metric concepts to common measurement situations; laboratory activities for individuals or groups. Templates for making metre tape, litre box, square centimetre grid.

*Measuring with Meters, or, How to Weigh a Gold Brick with a Meter-Stick.* Metrication Institute of America, P.O. Box 236, Northfield, IL 60093, 1974. 23 min., 16 mm, sound, color; \$310.00 purchase, \$31.00 rental.

Film presents units for length, area, volume and mass, relating each unit to many common objects. Screen overprints show correct use of metric symbols and ease of metric calculations. Relationships among metric measures of length, area, volume, and mass are illustrated in interesting and unforgettable ways.

*Metric Editorial Guide.* American National Metric Council, Washington, DC, 1975, 12 pages, \$1.50 each, quantity prices available.

Set of recommendations serving as interim guide "to accepted metric practices." Section on rules for writing metric quantities covers: capitals, plurals, decimal points, grouping of numbers, spacing and compound units. Additional sections cover: common metric units and symbols, pronunciation, typewriting recommendations, longhand and shorthand recommendations and SI unit prefixes.

*Metric Education, An Annotated Bibliography for Vocational, Technical and Adult Education.* Product Utilization, The Center for Vocational Education, The Ohio State University, Columbus, OH 43210, 1974, 149 pages; \$10.00.

Comprehensive bibliography of instructional materials, reference materials and resource list for secondary, post-secondary, teacher education, and adult basic education. Instructional materials indexed by 15 occupational clusters, types of materials, and educational level.

*Metric Education, A Position Paper for Vocational, Technical and Adult Education.* Product Utilization, The Center for Vocational Education, The Ohio State University, Columbus, OH 43210, 1975, 46 pages; \$3.00.

Paper for teachers, curriculum developers, and administrators in vocational, technical and adult education. Covers issues in metric education, the metric system, the impact of metrication on vocational and technical education, implications of metric instruction for adult basic education, and curriculum and instructional strategies.

*The Metric System and Its Impact on Business Education.* Delta Pi Epsilon, Beta Mu Chapter, Central State College, New Britain, Connecticut, 1976, 51 pages.

Service project report giving information on history of metric system, its impact on business, industry, and education. Specific suggestions and materials for teaching metric in business math, consumer education, typewriting, and shorthand. Bibliography and supplementary sources listed: abstracts, books, conference reports, kits, pamphlets, and periodicals.

*SI Metric: Style Manual for the International System of Units.* International Business Machines Corporation, White Plains, NY, date unknown, 7 pages, \$.50, order No. SR23-3723-0.

Guideline for IBM personnel illustrating use of SI units in written materials. Content covers punctuation, spelling, usage and format, SI base units, supplementary units, derived units with special names, prefixes of SI units, and derived units without special names.

*The International System of Units (SI).* The National Bureau of Standards, Washington, DC, 1974 ed., 43 pages, \$.65, order by SD Catalog No. C13.10:330/3.

Commonly known as "NBS 330," booklet defines modernized metric system (SI). Contains resolutions and recommendations of General Conference on Weights and Measures, as well as International Organization for Standardization (ISO) on practical use of the system.

## METRIC SUPPLIERS

Dick Blick Company, P.O. Box 1267, Galesburg, IL 61401

Instructional quality rules, tapes, metre sticks, cubes, height measures, trundle wheels, measuring cups and spoons, personal scales, gram/kilogram scales, feeler and depth gages, beakers, thermometers, kits and other aids.

## INFORMATION SOURCES

American National Metric Council, 1625 Massachusetts Avenue, N.W., Washington, D C 20036

Charts, posters, reports and pamphlets, *Metric Reporter* newsletter. National metric coordinating council representing industry, government, education, professional and trade organizations.

National Bureau of Standards, Office of Information Activities, U.S. Department of Commerce, Washington, D C 20234.

Free and inexpensive metric charts and publications, also lends films and displays.