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ABSTRACT

Designed to meet the job-related metric measurement needs of key punch operator students, this instructional package is one of three for the business and office occupations cluster, part of a set of 55 packages for metric instruction in different occupations. The package is intended for students who already know the occupational terminology, measurement terms, and tools currently in use. Each of the five units in this instructional package contains performance objectives, learning activities, and supporting information in the form of text, exercises, and tables. In addition, suggested teaching techniques are included. At the back of the package are objective-based evaluation items, a page of answers to the exercises and tests, a list of metric materials needed for the activities, references, and a list of suppliers. The material is designed to accommodate a variety of individual teaching and learning styles, e.g., independent study, small group, or whole-class activity. Exercises are intended to facilitate experiences with measurement instruments, tools, and devices used in this occupation and job-related tasks of estimating and measuring. Unit I, a general introduction to the metric system of measurement, provides informal, hands-on experiences for the students. This unit enables students to become familiar with the basic metric units, their symbols, and measurement instruments; and to develop a set of mental references for metric values. The metric system of notation also is explained. Unit 2 provides the metric terms which are used in this occupation and gives experience with occupational measurement tasks. Unit 3 focuses on job-related metric equivalents and their relationships. Unit 4 provides experience with recognizing and using metric instruments and tools in occupational measurement tasks. It also provides experience in comparing metric and customary measurement instruments. Unit 5 is designed to give students practice in converting customary and metric measurements, a skill considered useful during the transition to metric in each occupation. (HD)

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THE CENTER FOR VOCATIONAL EDUCATION

# TEACHING AND LEARNING THE METRIC SYSTEM

This metric instructional package was designed to meet job-related metric measurement needs of students. To use this package students should already know the occupational terminology, measurement terms, and tools currently in use. These materials were prepared with the help of experienced vocational teachers, reviewed by experts, tested in classrooms in different parts of the United States, and revised before distribution.

Each of the five units of instruction contains performance objectives, learning activities, and supporting information in the form of text, exercises, and tables. In addition, suggested teaching techniques are included. At the back of this package are objective-based evaluation items, a page of answers to the exercises and tests, a list of metric materials needed for the activities, references, and a list of suppliers.

Classroom experiences with this instructional package suggest the following teaching-learning strategies:

1. Let the first experiences be informal to make learning the metric system fun.
2. Students learn better when metric units are compared to familiar objects. Everyone should learn to "think metric." Comparing metric units to customary units can be confusing.
3. Students will learn quickly to estimate and measure in metric units by "doing."
4. Students should have experience with measuring activities before getting too much information.
5. Move through the units in an order which emphasizes the simplicity of the metric system (e.g., length to area to volume).
6. Teach one concept at a time to avoid overwhelming students with too much material.

Unit 1 is a general introduction to the metric system of measurement which provides informal, hands-on experiences for the students. This unit enables students to become familiar with the basic metric units, their symbols, and measurement instruments; and to develop a set of mental references for metric values. The metric system of notation is explained.

Unit 2 provides the metric terms which are used in this occupation and gives experience with occupational measurement tasks.

Unit 3 focuses on job-related metric equivalents and their relationships.

Unit 4 provides experience in keypunching input data using metric units, terms and symbols.

Unit 5 is designed to give students practice in converting customary and metric measurements. Students should learn to "think metric" and avoid comparing customary and metric units. However, skill with conversion tables will be useful during the transition to metric in each occupation.

## Using These Instructional Materials

This package was designed to help students learn a core of knowledge about the metric system which they will use on the job. The exercises facilitate experiences with measurement instruments, tools, and devices used in this occupation and job-related tasks of estimating and measuring.

This instructional package also was designed to accommodate a variety of individual teaching and learning styles. Teachers are encouraged to adapt these materials to their own classes. For example, the information sheets may be given to students for self-study. References may be used as supplemental resources. Exercises may be used in independent study, small groups, or whole-class activities. All of the materials can be expanded by the teacher.

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Editors

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# UNIT 1

## SUGGESTED TEACHING SEQUENCE

1. These introductory exercises may require two or three teaching periods for all five areas of measurement.
2. Exercises should be followed in the order given to best show the relationship between length, area, and volume.
3. Assemble the metric measuring devices (rules, tapes, scales, thermometers, and measuring containers) and objects to be measured.*
4. Set up the equipment at work stations for use by the whole class or as individualized resource activities.
5. Have the students estimate, measure, and record using Exercises 1 through 5.
6. Present information on notation and make Table 1 available.
7. Follow up with group discussion of activities.

*Other school departments may have devices which can be used. Metric suppliers are listed in the reference section.

## OBJECTIVES

The student will demonstrate these skills for the Linear, Area, Volume or Capacity, Mass, and Temperature Exercises, using the metric terms and measurement devices listed here.

| SKILLS | EXERCISES | | | | |
|---|---|---|---|---|---|
| | Linear (pp. 3 - 4) | Area (pp. 5 - 6) | Volume or Capacity (pp. 7 - 8) | Mass (pp. 9 - 10) | Temperature (p. 11) |
| 1 Recognize and use the unit and its symbol for: | millimetre (mm) centimetre (cm) metre (m) | square centimetre ($cm^2$) square metre ($m^2$) | cubic centimetre ($cm^3$) cubic metre ($m^3$) litre (l) millilitre (ml) | gram (g) kilogram (kg) | degree Celsius (°C) |
| 2 Select, use, and read the appropriate measuring instruments for: | | | | | |
| 3 State or show a physical reference for: | | | | | |
| 4 Estimate within 25% of the actual measure | height, width, or length of objects | the area of a given surface | capacity of containers | the mass of objects in grams and kilograms | the temperature of the air or a liquid |
| 5 Read correctly | metre stick, metric tape measure, and metric rulers | | measurements on graduated volume measuring devices | a kilogram scale and a gram scale | A Celsius thermometer |

## RULES OF NOTATION

1. Symbols are not capitalized unless the unit is a proper name (mm *not* MM).
2. Symbols are not followed by periods (m *not* m.).
3. Symbols are not followed by an *s* for plurals (25 g *not* 25 gs).
4. A space separates the numerals from the unit symbols (4 l *not* 4l).
5. Spaces, not commas, are used to separate large numbers into groups of three digits (45 271 km *not* 45,271 km).
6. A zero precedes the decimal point if the number is less than one (0.52 g *not* .52 g).
7. Litre and metre can be spelled either with an -re or -er ending.

# METRIC UNITS, SYMBOLS, AND REFERENTS

| Quantity | Metric Unit | Symbol | Useful Referents |
|---|---|---|---|
| Length | millimetre | mm | Thickness of dime or paper clip wire |
| | centimetre | cm | Width of paper clip |
| | metre | m | Height of door about 2 m |
| | kilometre | km | 12-minute walking distance |
| Area | square centimetre | $cm^2$ | Area of this space  |
| | square metre | $m^2$ | Area of card table top |
| | hectare | ha | Football field including sidelines and end zones |
| Volume and Capacity | millilitre | ml | Teaspoon is 5 ml |
| | litre | l | A little more than 1 quart |
| | cubic centimetre | $cm^3$ | Volume of this container  |
| | cubic metre | $m^3$ | A little more than a cubic yard |
| Mass | milligram | mg | Apple seed about 10 mg, grain of salt, 1 mg |
| | gram | g | Nickel about 5 g |
| | kilogram | kg | Webster's Collegiate Dictionary |
| | metric ton (1 000 kilograms) | t | Volkswagen Beetle |

Table 1-a

# METRIC PREFIXES

| Multiples and Submultiples | Prefixes | Symbols | Keypunch Symbols |
|---|---|---|---|
| $1\,000\,000 \approx 10^6$ | mega (mĕg'a) | M | MA |
| $1\,000 \approx 10^3$ | kilo (kĭl'ō) | k | K |
| $100 \approx 10^2$ | hecto (hĕk'tō) | h | H |
| $10 \approx 10^1$ | deka (dĕk'a) | da | DA |
| Base Unit $1 \approx 10^0$ | | | |
| $0.1 \approx 10^{-1}$ | deci (dĕs'ĭ) | d | D |
| $0.01 \approx 10^{-2}$ | centi (sĕn'tĭ) | c | C |
| $0.001 \approx 10^{-3}$ | milli (mĭl'ĭ) | m | M |
| $0.000\,001 \approx 10^{-6}$ | micro (mī'krō) | μ | U |

Table 1-b

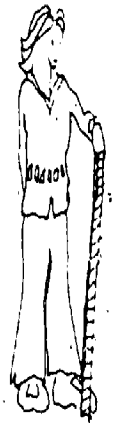
# LINEAR MEASUREMENT ACTIVITIES

## Metre, Centimetre, Millimetre

### I. THE METRE (m)

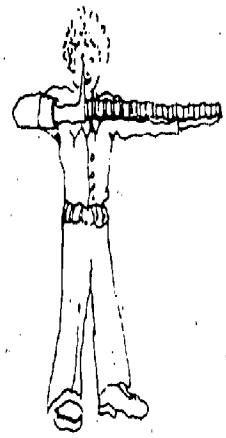
#### A. DEVELOP A FEELING FOR THE SIZE OF A METRE

1. Pick up one of the metre sticks and stand it up on the floor. Hold it in place with one hand. Walk around the stick. Now stand next to the stick. With your other hand, touch yourself where the top of the metre stick comes on you.



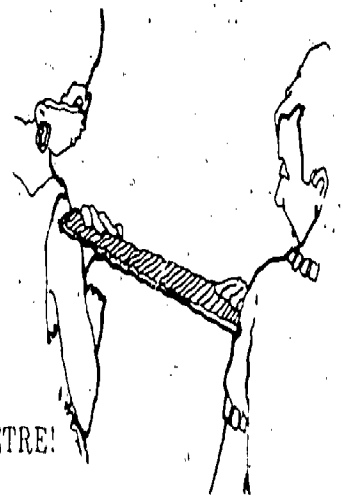
THAT IS HOW HIGH A METRE IS!

2. Hold one arm out straight at shoulder height. Put the metre stick along this arm until the end hits the end of your fingers. Where is the other end of the metre stick? Touch yourself at that end.



THAT IS HOW LONG A METRE IS!

3. Choose a partner to stand at your side. Move apart so that you can put one end of a metre stick on your partner's shoulder and the other end on your shoulder. Look at the space between you.



THAT IS THE WIDTH OF A METRE!

#### B. DEVELOP YOUR ABILITY TO ESTIMATE IN METRES

Now you will improve your ability to estimate in metres. Remember where the length and height of a metre was on your body.

For each of the following items:

Estimate the size of the items and write your estimate in the ESTIMATE column. Measure the size with your metre stick and write the answer in the MEASUREMENT column.

Decide how close your estimate was to the actual measure. If your estimate was within 25% of the actual measure you are a "Metric Marvel."

| | Estimate (m) | Measurement (m) | How Close Were You? |
|---|---|---|---|
| 1. Height of door knob from floor. | _____ | _____ | _____ |
| 2. Height of door. | _____ | _____ | _____ |
| 3. Length of table. | _____ | _____ | _____ |
| 4. Width of table. | _____ | _____ | _____ |
| 5. Length of wall of this room. | _____ | _____ | _____ |
| 6. Distance from you to wall. | _____ | _____ | _____ |



(continued on next page)

## II. THE CENTIMETRE (cm)

There are 100 centimetres in one metre. If there are 4 metres and 3 centimetres, you write 403 cm [(4 x 100 cm) + 3 cm = 400 cm + 3 cm].

### A. DEVELOP A FEELING FOR THE SIZE OF A CENTIMETRE

1. Hold the metric ruler against the width of your thumbnail. How wide is it? _____ cm

2. Measure your thumb from the first joint to the end. _____ cm

3. Use the metric ruler to find the width of your palm. _____ cm

4. Measure your index or pointing finger. How long is it? _____ cm

5. Measure your wrist with a tape measure. What is the distance around it? _____ cm

6. Use the tape measure to find your waist size. _____ cm

### B. DEVELOP YOUR ABILITY TO ESTIMATE IN CENTIMETRES

You are now ready to estimate in centimetres. For each of the following items, follow the procedures used for estimating in metres.

| | Estimate (cm) | Measurement (cm) | How Close Were You? |
|---|---|---|---|
| 1. Length of a paper clip. | | | |
| 2. Diameter (width) of a coin. | | | |
| 3. Width of a postage stamp. | | | |
| 4. Length of a pencil. | | | |
| 5. Width of a sheet of paper. | | | |

## III. THE MILLIMETRE (mm)

There are 10 millimetres in one centimetre. When a measurement is 2 centimetres and 5 millimetres, you write 25 mm [(2 x 10 mm) + 5 mm = 20 mm + 5 mm]. There are 1 000 mm in 1 m.

### A. DEVELOP A FEELING FOR THE SIZE OF A MILLIMETRE

Using a ruler marked in millimetres, measure:

1. Thickness of a paper clip wire. _____ mm
2. Thickness of your fingernail. _____ mm
3. Width of your fingernail. _____ mm
4. Diameter (width) of a coin. _____ mm
5. Diameter (thickness) of your pencil. _____ mm
6. Width of a postage stamp. _____ mm

### B. DEVELOP YOUR ABILITY TO ESTIMATE IN MILLIMETRES

You are now ready to estimate in millimetres. For each of the following items, follow the procedures used for estimating in metres.

| | Estimate (mm) | Measurement (mm) | How Close Were You? |
|---|---|---|---|
| 1. Thickness of a nickel. | | | |
| 2. Diameter (thickness) of a bolt. | | | |
| 3. Length of a bolt. | | | |
| 4. Width of a sheet of paper. | | | |
| 5. Thickness of a board or desk top. | | | |
| 6. Thickness of a button. | | | |

# AREA MEASUREMENT ACTIVITIES

## Square Centimetre, Square Metre

WHEN YOU DESCRIBE THE AREA OF SOMETHING, YOU ARE SAYING HOW MANY SQUARES OF A GIVEN SIZE IT TAKES TO COVER THE SURFACE.

### I. THE SQUARE CENTIMETRE ($cm^2$)

#### A. DEVELOP A FEELING FOR A SQUARE CENTIMETRE

1. Take a clear plastic grid, or use the grid on page 6.
2. Measure the length and width of one of these small squares with a centimetre ruler.

   THAT IS ONE SQUARE CENTIMETRE!
3. Place your fingernail over the grid. About how many squares does it take to cover your fingernail?
   _____$cm^2$
4. Place a coin over the grid. About how many squares does it take to cover the coin? _____$cm^2$
5. Place a postage stamp over the grid. About how many squares does it take to cover the postage stamp?
   _____$cm^2$
6. Place an envelope over the grid. About how many squares does it take to cover the envelope?
   _____$cm^2$
7. Measure the length and width of the envelope in centimetres. Length _____ cm; width _____ cm. Multiply to find the area in square centimetres.
   _____ cm x _____ cm = _____ $cm^2$. How close are the answers you have in 6. and in 7.?

#### B. DEVELOP YOUR ABILITY TO ESTIMATE IN SQUARE CENTIMETRES

You are now ready to develop your ability to estimate in square centimetres.

Remember the size of a square centimetre. For each of the following items, follow the procedures used for estimating in metres.

| | Estimate ($cm^2$) | Measurement ($cm^2$) | How Close Were You? |
|---|---|---|---|
| 1. Index card. | _____ | _____ | _____ |
| 2. Book cover. | | _____ | _____ |
| 3. Photograph. | _____ | _____ | _____ |
| 4. Window pane or desk top. | _____ | _____ | _____ |

### II. THE SQUARE METRE ($m^2$)

#### A. DEVELOP A FEELING FOR A SQUARE METRE

1. Tape four metre sticks together to make a square which is one metre long and one metre wide.
2. Hold the square up with one side on the floor to see how big it is.
3. Place the square on the floor in a corner. Step back and look. See how much floor space it covers.
4. Place the square over a table top or desk to see how much space it covers.
5. Place the square against the bottom of a door. See how much of the door it covers. How many squares would it take to cover the door? _____$m^2$

   THIS IS HOW BIG A SQUARE METRE IS!



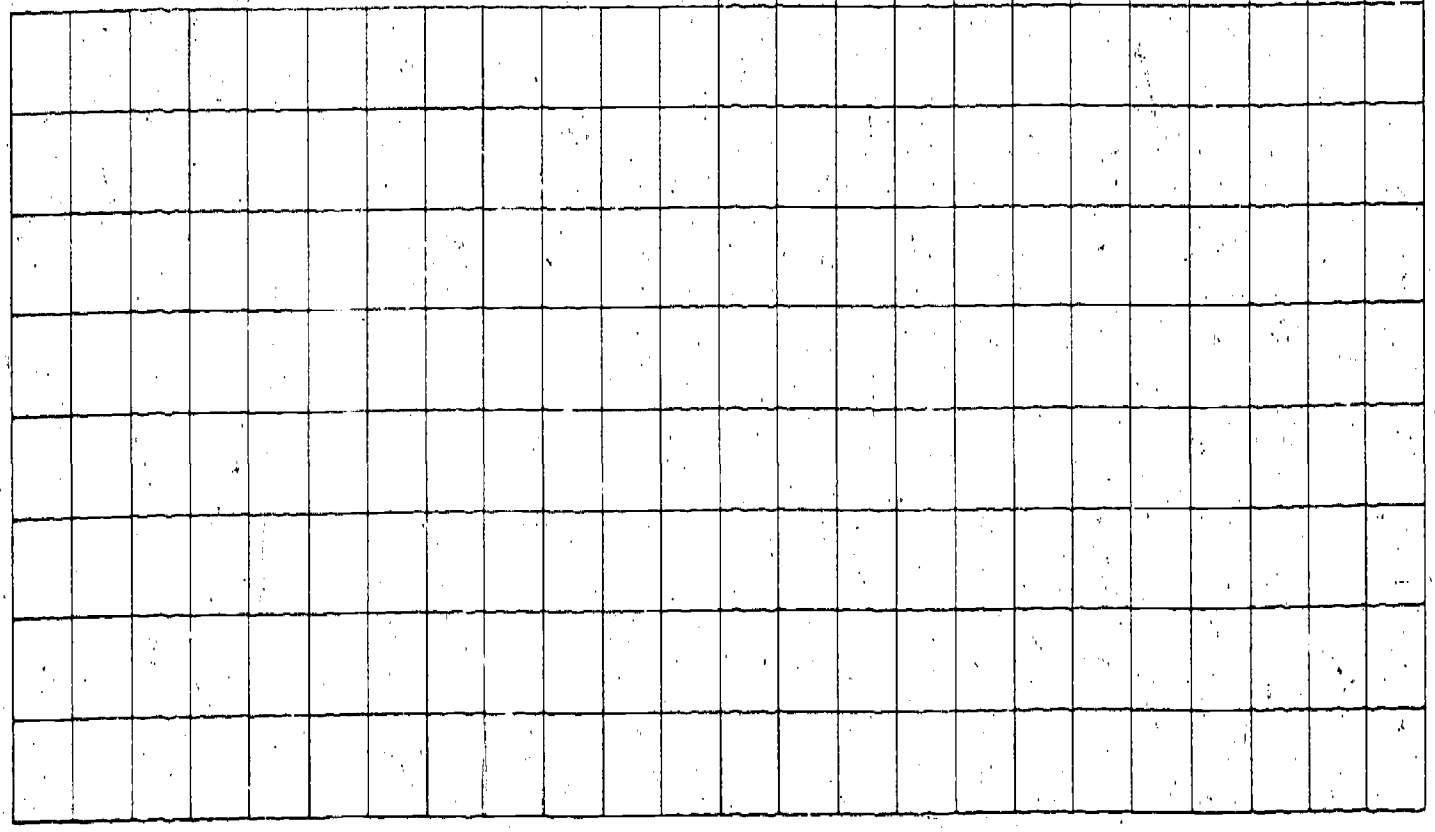
Exercise 2
(continued on next page)

B. DEVELOP YOUR ABILITY TO ESTIMATE IN SQUARE METRES

You are now ready to estimate in square metres. Follow the procedures used for estimating in metres.

| | Estimate ($m^2$) | Measurement ($m^2$) | How Close Were You? |
|---|---|---|---|
| 1. Door. | | | |
| 2. Full sheet of newspaper. | | | |
| 3. Chalkboard or bulletin board. | | | |
| 4. Floor. | | | |
| 5. Wall. | | | |
| 6. Wall chart or poster. | | | |
| 7. Side of file cabinet. | | | |

## CENTIMETRE GRID



# VOLUME MEASUREMENT ACTIVITIES

## Cubic Centimetre, Litre, Millilitre, Cubic Metre

### I. THE CUBIC CENTIMETRE ($cm^3$)

#### A. DEVELOP A FEELING FOR THE CUBIC CENTIMETRE

1. Pick up a colored plastic cube. Measure its length, height, and width in centimetres.

   THAT IS ONE CUBIC CENTIMETRE!

2. Find the volume of a plastic litre box.

   a. Place a ROW of cubes against the bottom of one side of the box. How many cubes fit in the row?_____

   b. Place another ROW of cubes against an adjoining side of the box. How many rows fit inside the box to make one layer of cubes?_____

   How many cubes in each row?_____

   How many cubes in the layer in the bottom of the box?_____

   c. Stand a ROW of cubes up against the side of the box. How many LAYERS would fit in the box?_____

   How many cubes in each layer?_____

   How many cubes fit in the box altogether?_____

   THE VOLUME OF THE BOX IS _____CUBIC CENTIMETRES.

   d. Measure the length, width, and height of the box in centimetres. Length _____ cm; width _____cm; height _____cm. Multiply these numbers to find the volume in cubic centimetres.

   _____cm x _____cm x _____cm.= _____ $cm^3$.
   Are the answers the same in c. and d.?

#### B. DEVELOP YOUR ABILITY TO ESTIMATE IN CUBIC CENTIMETRES

You are now ready to develop your ability to estimate in cubic centimetres.

Remember the size of a cubic centimetre. For each of the following items, use the procedures for estimating in metres.

| | | Estimate ($cm^3$) | Measurement ($cm^3$) | How Close Were You? |
|---|---|---|---|---|
| 1. | Index card file box. | _____ | _____ | _____ |
| 2. | Freezer container. | _____ | _____ | _____ |
| 3. | Paper clip box. | _____ | _____ | _____ |
| 4. | Box of staples. | _____ | _____ | _____ |

### II. THE LITRE (l)

#### A. DEVELOP A FEELING FOR A LITRE

1. Take a one litre beaker and fill it with water.
2. Pour the water into paper cups, filling each as full as you usually do. How many cups do you fill?

   THAT IS HOW MUCH IS IN ONE LITRE!
3. Fill the litre container with rice.

   THAT IS HOW MUCH IT TAKES TO FILL A ONE LITRE CONTAINER!



Exercise 3
(continued on next page)

B. DEVELOP YOUR ABILITY TO ESTIMATE IN LITRES

You are now ready to develop your ability to estimate in litres. To write two and one-half litres, you write 2.5 l, or 2.5 litres. To write one-half litre, you write 0.5 l, or 0.5 litre. To write two and three-fourths litres, you write 2.75 l, or 2.75 litres.

For each of the following items, use the procedures for estimating in metres.

| | Estimate (l) | Measurement (l) | How Close Were You? |
|---|---|---|---|
| 1. Medium-size freezer container. | | | |
| 2. Large freezer container. | | | |
| 3. Small freezer container. | | | |
| 4. Bottle or jug. | | | |

III. THE MILLILITRE (ml)

There are 1 000 millilitres in one litre. 1 000 ml = 1 litre. Half a litre is 500 millilitres, or 0.5 litre = 500 ml.

A. DEVELOP A FEELING FOR A MILLILITRE

1. Examine a centimetre cube. Anything which holds 1 $cm^3$ holds 1 ml.
2. Fill a 1 millilitre measuring spoon with rice. Empty the spoon into your hand. Carefully pour the rice into a small pile on a sheet of paper.

   THAT IS HOW MUCH ONE MILLILITRE IS!
3. Fill the 5 ml spoon with rice. Pour the rice into another pile on the sheet of paper.

   THAT IS 5 MILLILITRES, OR ONE TEASPOON!
4. Fill the 15 ml spoon with rice. Pour the rice into a third pile on the paper.

   THAT IS 15 MILLILITRES, OR ONE TABLESPOON!





B. DEVELOP YOUR ABILITY TO ESTIMATE IN MILLILITRES

You are now ready to estimate in millilitres. Follow the procedures used for estimating in metres.

| | Estimate (ml) | Measurement (ml) | How Close Were You? |
|---|---|---|---|
| 1. Small juice can. | | | |
| 2. Paper cup or tea cup. | | | |
| 3. Soft drink can. | | | |
| 4. Bottle. | | | |

IV. THE CUBIC METRE ($m^3$)

A. DEVELOP A FEELING FOR A CUBIC METRE

1. Place a one metre square on the floor next to the wall.
2. Measure a metre UP the wall.
3. Picture a box that would fit into that space.

   THAT IS THE VOLUME OF ONE CUBIC METRE!

B. DEVELOP YOUR ABILITY TO ESTIMATE IN CUBIC METRES

For each of the following items, follow the estimating procedures used before.

| | Estimate ($m^3$) | Measurement ($m^3$) | How Close Were You? |
|---|---|---|---|
| 1. Office desk. | | | |
| 2. File cabinet. | | | |
| 3. Small room. | | | |

# MASS (WEIGHT) MEASUREMENT ACTIVITIES

## Kilogram, Gram

The mass of an object is a measure of the amount of matter in the object. This amount is always the same unless you add or subtract some matter from the object. Weight is the term that most people use when they mean mass. The weight of an object is affected by gravity; the mass of an object is not. For example, the weight of a person on earth might be 120 pounds; that same person's weight on the moon would be 20 pounds. This difference is because the pull of gravity on the moon is less than the pull of gravity on earth. A person's mass on the earth and on the moon would be the same. The metric system does not measure weight--it measures mass. We will use the term mass here.

The symbol for gram is g.

The symbol for kilogram is kg.

There are 1 000 grams in one kilogram, or 1 000 g = 1 kg.

Half a kilogram can be written as 500 g,or 0.5 kg.

A quarter of a kilogram can be written as 250 g,or 0.25 kg.

Two and three-fourths kilograms is written as 2.75 kg.

I. THE KILOGRAM (kg)

DEVELOP A FEELING FOR THE MASS OF A KILOGRAM

Using a balance or scale, find the mass of the items on the table. Before you find the mass, notice how heavy the object "feels" and compare it to the reading on the scale or balance.

| | | Mass (kg) |
|---|---|---|
| 1. | 1 kilogram box. | ____ |
| 2. | Textbook. | ____ |
| 3. | Bag of sugar. | ____ |
| 4. | Package of paper. | ____ |
| 5. | Your own mass. | ____ |

B. DEVELOP YOUR ABILITY TO ESTIMATE IN KILOGRAMS

For the following items ESTIMATE the mass of the object in kilograms, then use the scale or balance to find the exact mass of the object. Write the exact mass in the MEASUREMENT column. Determine how close your estimate is:

| | | Estimate (kg) | Measurement (kg) | How Close Were You? |
|---|---|---|---|---|
| 1. | Bag of rice. | ____ | ____ | ____ |
| 2. | Bag of nails. | ____ | ____ | ____ |
| 3. | Large purse or briefcase. | ____ | ____ | ____ |
| 4. | Another person. | ____ | ____ | ____ |
| 5. | A few books. | ____ | ____ | ____ |



Exercise 4
(continued on next page)

## II. THE GRAM (g)

### A. DEVELOP A FEELING FOR A GRAM

1. Take a colored plastic cube. Hold it in your hand. Shake the cube in your palm as if shaking dice. Feel the pressure on your hand when the cube is in motion, then when it is not in motion.

   THAT IS HOW HEAVY A GRAM IS!

2. Take a second cube and attach it to the first. Shake the cubes in first one hand and then the other hand; rest the cubes near the tips of your fingers, moving your hand up and down.

   THAT IS THE MASS OF TWO GRAMS!

3. Take five cubes in one hand and shake them around.

   THAT IS THE MASS OF FIVE GRAMS!

### B. DEVELOP YOUR ABILITY TO ESTIMATE IN GRAMS

You are now ready to improve your ability to estimate in grams. Remember how heavy the 1 gram cube is, how heavy the two gram cubes are and how heavy the five gram cubes are. For each of the following items, follow the procedures used for estimating in kilograms.

| | Estimate (g) | Measurement (g) | How Close Were You? |
|---|---|---|---|
| 1. Two thumbtacks. | _____ | _____ | _____ |
| 2. Pencil. | _____ | _____ | _____ |
| 3. Two-page letter and envelope. | _____ | _____ | _____ |
| 4. Nickel. | _____ | _____ | _____ |
| 5. Apple. | _____ | _____ | _____ |
| 6. Package of margarine. | _____ | _____ | _____ |

# TEMPERATURE MEASUREMENT ACTIVITIES

## Degree Celsius

I. DEGREE CELSIUS (°C)

Degree Celsius (°C) is the metric measure for temperature.

A. DEVELOP A FEELING FOR DEGREE CELSIUS

Take a Celsius thermometer. Look at the marks on it.

1. Find 0 degrees.

   WATER FREEZES AT ZERO DEGREES CELSIUS (0°C)

   WATER BOILS AT 100 DEGREES CELSIUS (100°C)

2. Find the temperature of the room. _____ °C. Is the room cool, warm, or about right?

3. Put some hot water from the faucet into a container. Find the temperature. _____ °C. Dip your finger quickly in and out of the water. Is the water very hot, hot, or just warm?

4. Put some cold water in a container with a thermometer. Find the temperature. _____ °C. Dip your finger into the water. Is it cool, cold, or very cold?

5. Bend your arm with the inside of your elbow around the bottom of the thermometer. After about three minutes find the temperature. _____ °C. Your skin temperature is not as high as your body temperature.

   NORMAL BODY TEMPERATURE IS 37 DEGREES CELSIUS (37°C).

   A FEVER IS 39°C.

   A VERY HIGH FEVER IS 40°C.

B. DEVELOP YOUR ABILITY TO ESTIMATE IN DEGREES CELSIUS

For each item, ESTIMATE and write down how many degrees Celsius you think it is. Then measure and write the MEASUREMENT. See how close your estimates and actual measurements are.

| | Estimate (°C) | Measurement (°C) | How Close Were You? |
|---|---|---|---|
| 1. Mix some hot and cold water in a container. Dip your finger into the water. | | | |
| 2. Pour out some of the water. Add some hot water. Dip your finger quickly into the water. | | | |
| 3. Outdoor temperature. | | | |
| 4. Sunny window sill. | | | |
| 5. Mix of ice and water. | | | |
| 6. Temperature at floor. | | | |
| 7. Temperature at ceiling. | | | |

# UNIT 2

## OBJECTIVES

The student will recognize and use the metric terms, units, and symbols used in this occupation.

- Given a metric unit, state its use in this occupation.
- Given a measurement task in this occupation, select the appropriate metric unit and measurement tool.

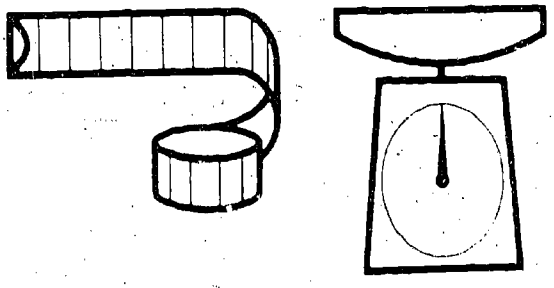
## SUGGESTED TEACHING SEQUENCE

1. Assemble metric measurement tools (rules, tapes, scales, thermometers, etc.) and objects related to this occupation.
2. Discuss with students how to read the tools.
3. Present and have students discuss Information Sheet 2. Review Table 1a and discuss how these measurements can be used in this occupation.
4. Have students learn occupationally-related metric measurements by completing Exercises 6 and 7.
5. Test performance by using Section A of "Testing Metric Abilities."

## METRICS IN THIS OCCUPATION

Changeover to the metric system is under way. Large corporations are already using metric measurement to compete in the world market. The metric system is used in various parts of industrial and scientific communities for years. Legislation passed in 1975 authorizes an orderly transition to use of the system. All business and industries make this metric changeover, employees need to use metric measurement in jobs and tasks.

Table 1a lists those metric terms which are commonly used in this occupation. These terms are replacing the measurement units used currently. What kinds of job-related tasks use measurement? Think of the many different kinds of measurements you now make and use Table 1a to discuss the metric terms which replace them. See if you can add to the list of uses beside each metric term.



# TRYING OUT METRIC UNITS

To give you practice with metric units, first estimate the measurements of the items below. Write down your best guess next to the item. Then actually measure the item and write down your answers using the correct metric symbols. The more you practice, the easier it will be.

| | Estimate | Actual |
|---|---|---|
| **Length** | | |
| 1. Palm width | | |
| 2. Width of a card file drawer | | |
| 3. Height of a chair seat | | |
| Width of a key-punch ribbon | | |
| 5. Length of a standard tab card | | |
| 6. Length of a card file drawer | | |
| 7. Length of a card punch machine | | |
| 8. Height of a doorway | | |
| 9. Thickness of a stack of tab cards | | |
| **Area** | | |
| 10. Desk top | | |
| 11. Classroom floor | | |
| 12. Work area | | |
| 13. Standard tab card | | |
| 14. Sheet of paper | | |
| **Volume/Capacity** | | |
| 15. Desk drawer | | |
| 16. Water cooler | | |
| 17. Container of hand cleaner | | |
| 18. Coffee cup | | |
| 19. Wastebasket | | |
| 20. Small box or package | | |
| 21. Card file drawer | | |
| 22. Flower or plant container | | |
| **Mass** | | |
| 23. Textbook | | |
| 24. Nickel | | |
| 25. Yourself | | |
| 26. Paper clip | | |
| 27. A stack of punched cards | | |
| 28. A litre of water (net) | | |
| **Temperature** | | |
| 29. Room temperature | | |
| 30. Outside temperature | | |
| 31. Hot tap water | | |
| 32. Ice water | | |

# KEY PUNCHING WITH METRICS

1. It is important to know what metric measurement to use. Show what measurement to use in the following situations.

The dimensions of a punch card

The area of a key punch machine

The mass of a stack of punched cards

The capacity of a bottle of rubber cement

The capacity of a coffee maker

Area of key punch work or read area

The capacity of a wastebasket

Diameter of a program drum

Capacity of a machine's card hopper

Length of the space bar

Width of key punch ribbon

Height of a filing cabinet

Temperature of work area

Mass of a ream of paper

Height of chair seat

2. For each item below select the appropriate metric unit.

The length of a punch card:

a) metres
b) litres
c) grams
d) centimetres

The width of punched tape:

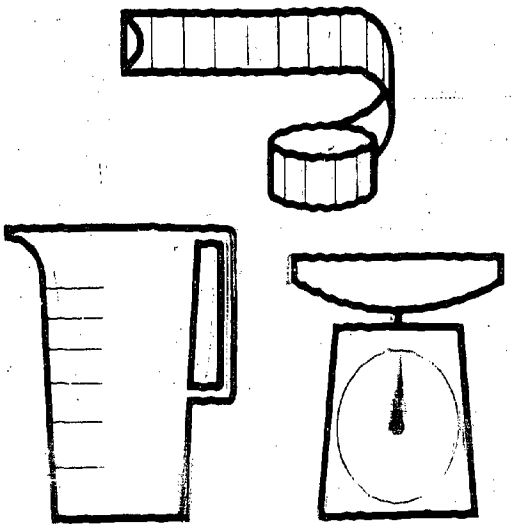
a) millimetres
b) grams
c) millilitres
d) cubic metres

The temperature of a computer equipment area:

a) kelvins
b) degrees Celsius
c) Fahrenheit
d) BTU

Mileage for picking up and dispatching programs:

a) metres
b) kilometres
c) millimetres
d) centimetres



# UNIT 3

OBJECTIVE

The student will recognize and use metric equivalents.

- Given a metric unit, state an equivalent in a larger or smaller metric unit.

SUGGESTED TEACHING SEQUENCE

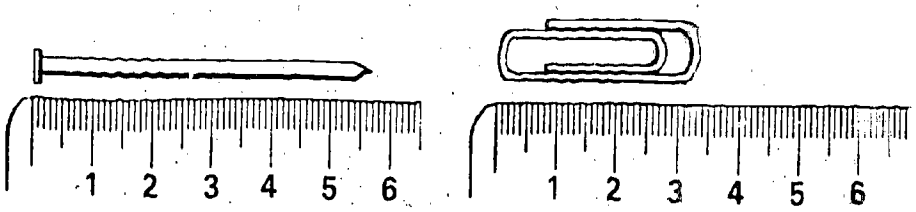
1. Make available the Information Sheets (3 - 8) and the associated Exercises (8 - 14), one at a time.
2. As soon as you have presented the Information, have the students complete each Exercise.
3. Check their answers on the page titled ANSWERS TO EXERCISES AND TEST.
4. Test performance by using Section B of "Testing Metric Abilities."





## METRIC-METRIC EQUIVALENTS

### Centimetres and Millimetres




Look at the picture of the nail next to the ruler. The nail is 57 mm long. This is 5 cm + 7 mm. There are 10 mm in each cm, so 1 mm = 0.1 cm (one-tenth of a centimetre). This means that 7 mm = 0.7 cm, so 57 mm = 5 cm + 7 mm
= 5 cm + 0.7 cm
= 5.7 cm. Therefore 57 mm is the same as 5.7 cm.

Now measure the paper clip. It is 34 mm. This is the same as 3 cm + _____ mm. Since each millimetre is 0.1 cm (one-tenth of a centimetre), 4 mm = _____ cm. So, the paper clip is 34 mm = 3 cm + 4 mm
= 3 cm + 0.4 cm
= 3.4 cm. This means that 34 mm is the same as 3.4 cm.

**Information Sheet 3**

Now you try some.

a) 26 mm = _____ cm
b) 583 mm = _____ cm
c) 94 mm = _____ cm
d) 680 mm = _____ cm
e) 132 mm = _____ cm
f) 802 mm = _____ cm
g) 1 400 mm = _____ cm
h) 2 307 mm = _____ cm

**Exercise 8**

## Metres, Centimetres, and Millimetres

There are 100 centimetres in one metre. Thus,

2 m = 2 x 100 cm = 200 cm,
3 m = 3 x 100 cm = 300 cm,
8 m = 8 x 100 cm = 800 cm,
36 m = 36 x 100 cm = 3 600 cm.

There are 1 000 millimetres in one metre, so

2 m = 2 x 1 000 mm = 2 000 mm,
3 m = 3 x 1 000 mm = 3 000 mm,
6 m = 6 x 1 000 mm = 6 000 mm,
24 m = 24 x 1 000 mm = 24 000 mm.

From your work with decimals you should know that

one-half of a metre can be written 0.5 m (five-tenths of a metre),
one-fourth of a centimetre can be written 0.25 cm (twenty-five hundredths of a centimetre).

This means that if you want to change three-fourths of a metre to millimetres, you would multiply by 1 000. So

$0.75 \text{ m} = 0.75 \times 1\,000 \text{ mm}$

$= \frac{75}{100} \times 1\,000 \text{ mm}$

$= 75 \times \frac{1\,000}{100} \text{ mm}$

$= 75 \times 10 \text{ mm}$

= 750 mm. This means that 0.75 m = 750 mm.

Information Sheet 4

Fill in the following chart.

| metre m | centimetre cm | millimetre mm |
|---|---|---|
| 1 | 100 | 1 000 |
| 2 | 200 | |
| 3 | | |
| 9 | | |
| | | 5 000 |
| 74 | | |
| 0.8 | 80 | |
| 0.6 | | 600 |
| | 2.5 | 25 |
| | | 118 |
| | 639 | |

Exercise 9

## Millilitres to Litres

There are 1 000 millilitres in one litre. This means that

2 000 millilitres is the same as 2 litres.
3 000 ml is the same as 3 litres.
4 000 ml is the same as 4 litres.
12 000 ml is the same as 12 litres.

Since there are 1 000 millilitres in each litre, one way to change millilitres to litres is to divide by 1 000. For example,

Or $1\,000 \text{ ml} = \frac{1\,000}{1\,000} \text{ litre} = 1 \text{ litre.}$

$2\,000 \text{ ml} = \frac{2\,000}{1\,000} \text{ litres} = 2 \text{ litres.}$

And, as a final example,

$28\,000 \text{ ml} = \frac{28\,000}{1\,000} \text{ litres} = 28 \text{ litres.}$

What if something holds 500 ml? How many litres is this? This is worked the same way.

$500 \text{ ml} = \frac{500}{1\,000} \text{ litre} = 0.5 \text{ litre}$ (five-tenths of a litre ). So 500 ml is the same as one-half (0.5) of a litre.

Change 57 millilitres to litres.

$57 \text{ ml} = \frac{57}{1\,000} \text{ litre} = 0.057 \text{ litre}$ (fifty-seven thousandths of a litre).

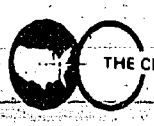
Information Sheet 5

Now you try some. Complete the following chart.

| millilitres (ml) | litres (l) |
|---|---|
| 3 000 | 3 |
| 6 000 | |
| | 8 |
| 14 000 | |
| | 23 |
| 300 | 0.3 |
| 700 | |
| | 0.9 |
| 250 | |
| | 0.47 |
| 275 | |

Exercise 10





## Litres to Millilitres

What do you do if you need to change litres to millilitres? Remember, there are 1 000 millilitres in one litre, or 1 litre = 1 000 ml.

So,

2 litres = 2 x 1 000 ml = 2 000 ml,
7 litres = 7 x 1 000 ml = 7 000 ml,
13 litres = 13 x 1 000 ml = 13 000 ml,
0.65 litre = 0.65 x 1 000 ml = 650 ml.

Information Sheet 6

Now you try some. Complete the following chart.

| litres l | millilitres ml |
|---|---|
| 8 | 8 000 |
| 5 | |
| 16 | |
| | 32 000 |
| 0.4 | |
| 0.53 | |
| | 480 |

Exercise 11

## Grams to Kilograms

There are 1 000 grams in one kilogram. This means that

2 000 grams is the same as 2 kilograms,

5 000 g is the same as 5 kg,

700 g is the same as 0.7 kg, and so on.

To change from grams to kilograms, you use the same procedure for changing from millilitres to litres.

Information Sheet 7

Try the following ones.

| grams g | kilograms kg |
|---|---|
| 4 000 | 4 |
| 9 000 | |
| 23 000 | |
| | 8 |
| 300 | |
| 275 | |

Exercise 12







## Kilograms to Grams

To change kilograms to grams, you multiply by 1 000.

4 kg = 4 x 1 000 g = 4 000 g,
23 kg = 23 x 1 000 g = 23 000 g,
0.75 kg = 0.75 x 1 000 g = 750 g.

Information Sheet 8

Complete the following chart.

| kilograms kg | grams g |
|---|---|
| 7 | 7 000 |
| 11 | |
| | 25 000 |
| 0.4 | |
| 0.63 | |
| | 175 |

Exercise 13

## Changing Units at Work

Some of the things you use in this occupation may be measured in different metric units. Practice changing each of the following to metric equivalents by completing these statements.

a ) 500 cm of cord is _____ m
b ) 250 ml of solution is _____ l
c ) 5 cm wide column is _____ mm
d ) 2 500 g of punched cards is _____ kg
e ) 120 mm wide cabinet is _____ cm
f ) 0.25 litre of liquid cleaner is _____ ml
g ) 2 000 kg computer is _____ t
h ) 0.5 litre of concentrate is _____ ml
i ) 2 m high door is _____ mm
j ) 500 g instruction manual is _____ kg
k ) 500 ml of water is _____ l
l ) 0.5 t of punched cards is _____ kg
m ) 10 m of twine is _____ cm
n ) 3.5 cm paper clip is _____ mm
o ) 2 400 mm room divider length is _____ cm



Exercise 14

# UNIT 4

OBJECTIVES

The student will key punch correctly and proof input data, and verify output, using special metric symbols for key punching.

- Given input data containing metric terms, correctly key punch the data using proper rules of notation.
- Given a metric quantity, write the measurement in special metric symbols for key punching.

SUGGESTED TEACHING SEQUENCE

1. Present or make available Information Sheet 9 and Tables 1b, 2, and 3.
2. Discuss how to use these tables as reference guides.
3. Have students use the reference materials to key punch Exercise 15.
4. Have students use the reference materials to write out special metric key punch symbols in Exercise 16.

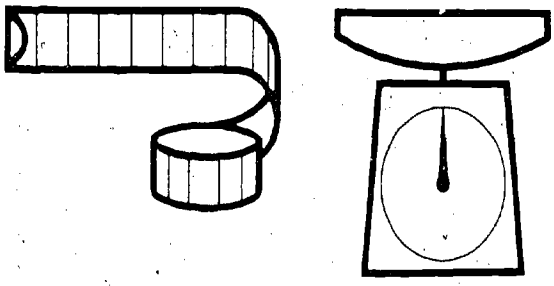
THE CENTER FOR VOCATIONAL EDUCATION

## METRICS IN THE OFFICE

Business and office workers are more concerned with the correct usage of metric terms and symbols than with actual measurement tasks. They use metric terms to place orders, bill customers, type and proof correspondence, and key punch data.

Paper sizes and weights are changing. Margins are changing to centimetres and millimetres. Postal rate calculations will be based on grams. Business and office students need to learn to say and spell the names of metric units, write the symbols, and use proper metric notation. In addition, they need to be able to spot when a term has been used inappropriately--for example, if kilolitre is used to describe distance instead of kilometre, or a person is billed for 500 kilograms of chocolate (half a metric ton) instead of 500 grams (about a pound).

Metric prefixes are located in Table 1b. Table 2 is a style reference containing key stroke rules for punctuation, spacing, spelling, fractions and mathematical operations, as well as special metric symbols. Table 3 gives the correct spelling of metric units and symbols for key punching.



# PROCESS IT METRIC STYLE!

One of the primary concerns of the data processor will be that of correctly identifying and key punching metric terms and symbols. The following rules should be followed:

## RULE 1: KEY PUNCHING THE NUMBERS METRICALLY*

1.1 The comma will no longer be used to denote thousands, however a space will be left after each group of 3 numbers. The exception to this rule would be four digit numbers. They may be key punched with or without the space unless they occur in a tabulation, at which time they should align.

| | | | |
|---|---|---|---|
| Correct: | 56 987<br>1 932 871 | Incorrect: | 56,987<br>1932,871 |

1.2 When a decimal point is used to denote a fractional breakdown, do not key punch spaces before or after the decimal.

| | | | |
|---|---|---|---|
| Correct: | 56.45<br>1 964.36 | Incorrect: | 56. 45<br>1 964. 36 |

1.3 Fractions are not used in metric figures. Convert them to their decimal equivalent.

| | | | |
|---|---|---|---|
| Correct: | 0.75<br>1.20 | Incorrect: | 3/4<br>1 1/5 |

1.4 If a decimal point is not preceded by a number a zero should be added.

| | | | |
|---|---|---|---|
| Correct: | 0.16<br>0.8743 | Incorrect: | .16<br>.8743 |

1.5 Superscripts are indicated by the numeral placed directly after the symbol. Negative exponents are indicated by placing the minus sign and numeral directly after the symbol.

| | | | |
|---|---|---|---|
| Correct: | M2<br>S-1 | Incorrect: | M 2<br>S -1 |

## RULE 2: USING THE METRIC SYMBOLS AND UNIT NAMES*

2.1 Nearly all key punch machines manufactured in the United States have the capability to punch and print letters only in the upper case. Table 3 on page 20 lists the proper form to use when key punching metric symbols. (Also see important note at the end of this table.)

2.2 A space is left between the number and the symbol. Since the metric symbols are internationally accepted symbols and not abbreviations, a period does not follow the metric symbol unless it ends a sentence.

| | | | |
|---|---|---|---|
| Correct: | 10 MG<br>8 M | Incorrect: | 10MG.<br>8M. |

2.3 The symbols never reflect plurals, although the spelled out term does.

| | | | |
|---|---|---|---|
| Correct: | 8 CM<br>16 G<br>8 LITRES | Incorrect: | 8 CMS<br>16 GS<br>8 LITRE |

2.4 When key punching the unit of measure with a prefix, there is no space or hyphen.

| | | | |
|---|---|---|---|
| Correct: | MILLIMETRE | Incorrect: | MILLI-METRE |

## RULE 3: SPECIALIZED USES OF METRIC SYMBOLS AND UNIT NAMES

3.1 Do not combine metric words, symbols, or units in an expression.

| | | | |
|---|---|---|---|
| Correct: | 12 M | Incorrect: | 1 000 MM 100 CM 10 M (units) |
| | KILOWATTS PER HOUR | | KILOWATTS/HR. (words and symbols) |
| | CM/S | | CM/SECOND (words and symbols) |

3.2 If both Customary and metric measurements are expressed, place the Customary measurement in parentheses after the metric measurement unless otherwise directed.

Correct: 5 MILLILITRES (1 TEASPOON), 1 METRE (3.3 FEET)

3.3 Use either metric or Customary units, but do not combine the expressions.

| | | | |
|---|---|---|---|
| Correct: | KG/M3 | Incorrect: | KG/FT3 |

## RULE 4: MAKE IT METRIC

4.1 The symbol for micro- is made by striking the "U" key.

4.2 To indicate multiplication of metric units, a full stop (.) between the units is necessary.

| | | | |
|---|---|---|---|
| Correct: | 1 N.M | Incorrect: | 1 N M, 1 NXM, 1 N X M |

4.3 Division is indicated by the use of the solidus "/" or negative exponent. Only one solidus should be used in a compound unit of measure. In doing this, avoid the use of the prefixes in the denominator.

| | | | |
|---|---|---|---|
| Correct: | CM/S<br>CMS-1 | Incorrect: | $\frac{CM}{S}$ |

4.4 Both "re" and "er" are correct endings for the words metre/meter and litre/liter. Spell them consistently.

NOTE: The upper-case letters used to represent metric symbols are intended primarily for the use of data processing systems and equipment. Upper-case letters should never be printed out for publication or for other forms of public information. In these cases the special symbols must be replaced by the proper metric symbol or by the full names of the units.

*All rules pertaining to spacing apply to free text (narrative) data. In formatted data, such as in records, the use of a space character is optional since its use or non-use is defined in the format description.

# KEY PUNCH IT RIGHT

| Quantity | Unit | Plural | Symbol | Special Key Punch Symbol |
|---|---|---|---|---|
| length | metre | metres | m | M |
| | centimetre | centimetres | cm | CM |
| | millimetre | millimetres | mm | MM |
| | kilometre | kilometres | km | KM |
| area | square metre | square metres | $m^2$ | M2 |
| | square centimetre | square centimetres | $cm^2$ | CM2 |
| | square millimetre | square millimetres | $mm^2$ | MM2 |
| volume/ capacity | cubic metre | cubic metres | $m^3$ | M3 |
| | cubic centimetre | cubic centimetres | $cm^3$ | CM3 |
| | litre | litres | l | L |
| | millilitre | millilitres | ml | ML |
| mass | gram | grams | g | G |
| | kilogram | kilograms | kg | KG |
| | metric ton | metric tons | t | TNE |
| temperature | degree Celsius | degrees Celsius | °C | CEL |
| | kelvin | kelvins | K | K |
| time | day | days | d | D |
| | hour | hours | h | HR |
| | minute | minutes | min | MIN |
| | second | seconds | s | S |
| velocity | metre per second | metres per second | m/s | M/S |
| frequency | hertz | hertz | Hz | HZ |
| | megahertz | megahertz | MHz | MAHZ |

| Quantity | Unit | Plural | Symbol | Special Key Punch Symbol |
|---|---|---|---|---|
| force | newton | newtons | N | N |
| conductance | siemens | siemens | S | SIE |
| electric current | ampere | amperes | A | A |
| electric change | coulomb | coulombs | C | C |
| electric potential | volt | volts | V | V |
| electric capacitance | farad | farads | F | F |
| electrical resistance | ohm | ohms | Ω | ØHM |
| power | watt | watts | W | W |
| | kilowatt | kilowatts | kW | KW |
| energy | joule | joules | J | J |
| | kilojoule | kilojoules | kJ | KJ |
| illuminance | lux | lux | lx | LX |
| luminous intensity | candela | candelas | cd | CD |
| density | kilogram per cubic metre | kilograms per cubic metre | $kg/m^3$ | KG/M3 |
| pressure stress | pascal | pascals | Pa | PA |
| | kilopascal | kilopascals | kPa | KPA |
| amount of substance | mole | moles | mol | MØL |
| luminous flux | lumen | lumens | lm | LM |
| magnetic flux | weber | webers | Wb | WB |
| magnetic inductance | tesla | teslas | T | T |
| inductance | henry | henries | H | H |

*The upper-case letters used to represent metric symbols are intended primarily for the use of data processing systems and equipment. They should never be printed out for publication or for other forms of public information. In these cases the special symbols must be replaced by the proper metric symbol or by the full names of the units.

## KEY PUNCH IN METRIC

Key punch the following text using metric key punch symbols. Proof and verify your cards.

Review the following information and keep it available for easy reference.

1. Linear measures will be: millimetres (mm) and centimetres (cm) instead of inches; metres (m) will replace feet and yards; kilometres will take the place of miles. Travel reports will reflect km rather than miles. Speed will be recorded in km/h rather than mph.

2. Area is measured by $cm^2$ replacing square inches. Square feet and square yards will be replaced by $m^2$. The unit of land measure which replaces the acre will be the hectare.

3. Liquid supplies will be measured in millilitres (ml) and litres (l) (replacing the cup, pint, quart, gallon); and very large quantities will be measured in kilolitres (kl).

4. Weights will be determined in grams (g), kilograms (kg), and metric tons (t).

5. A comfortable room temperature will be 20 degrees Celsius (20°C) instead of 68 degrees Fahrenheit. Also, scientific use of temperature will be shown in kelvins.

6. The following electrical terms will not change: volts (V), henries (H), webers (Wb), farads (F), watts (W), ohms (Ω), coulombs (C), hertz (Hz), amperes (A), and seimens (S).

7. Force will be measured in newtons (N) and energy will be joules (J) instead of calories.

8. Time will remain the same: days (d), hours (h), minutes (min), and seconds (s).



## WRITING METRIC TERMS

Write the following measurements using numbers and special metric symbols for key punching.

a ) Ten kilograms _____

b ) Eighty-five millimetres _____

c ) Twenty-seven degrees Celsius _____

d ) Nineteen litres _____

e ) Thirty-seven watts _____

f ) Forty volts _____

g ) Nine centimetres _____

h ) Forty-five amperes _____

i ) Ten webers _____

j ) Eight lux _____

k ) Twenty-five cubic metres _____

l ) Fifteen newton-metres _____

m) Ten microvolts _____

n ) Five ohms _____

o ) Twenty square metres _____

p ) Two hundred seventy-four kelvins _____

q ) Forty siemens _____

# UNIT 5

## OBJECTIVE

The student will recognize and use metric and Customary units interchangeably in ordering, selling, and using products and supplies in this occupation.

- Given a Customary (or metric) measurement, find the metric (or Customary) equivalent on a conversion table.
- Given a Customary unit, state the replacement unit.

## SUGGESTED TEACHING SEQUENCE

1. Assemble packages and containers of materials.
2. Present or make available Information Sheet 10 and Table 4.
3. Have students find approximate metric-Customary equivalents by using Exercise 17.
4. Test performance by using Section D of "Testing Metric Abilities."



# METRIC-CUSTOMARY EQUIVALENTS

During the transition period there will be a need for finding equivalents between systems. Conversion tables list calculated equivalents between the two systems. When a close equivalent is needed, a conversion table can be used to find it. Follow these steps:

1. Determine which conversion table is needed.
2. Look up the known number in the appropriate column; if not listed, find numbers you can add together to make the total of the known number.
3. Read the equivalent(s) from the next column.

Table 4 on the next page gives an example of a metric-Customary conversion table which you can use for practice in finding approximate equivalents. Table 4 can be used with Exercise 17, Part 2 and Part 3.

Below is a table of metric-Customary equivalents which tells you what the metric replacements for Customary units are.* This table can be used with Exercise 17, Part 1 and Part 3. The symbol ≈ means "nearly equal to."

| | | | |
|---|---|---|---|
| 1 cm ≈ 0.39 inch | 1 inch ≈ 2.54 cm | 1 ml ≈ 0.2 tsp | 1 tsp ≈ 5 ml |
| 1 m ≈ 3.28 feet | 1 foot ≈ 0.305 m | 1 ml ≈ 0.07 tbsp | 1 tbsp ≈ 15 ml |
| 1 m ≈ 1.09 yards | 1 yard ≈ 0.91 m | 1 l ≈ 33.8 fl oz | 1 fl oz ≈ 29.6 ml |
| 1 km ≈ 0.62 mile | 1 mile ≈ 1.61 km | 1 l ≈ 4.2 cups | 1 cup ≈ 237 ml |
| 1 $cm^2$ ≈ 0.16 sq in | 1 sq in ≈ 6.5 $cm^2$ | 1 l ≈ 2.1 pts | 1 pt ≈ 0.47 l |
| 1 $m^2$ ≈ 10.8 sq ft | 1 sq ft ≈ 0.09 $m^2$ | 1 l ≈ 1.06 qt | 1 qt ≈ 0.95 l |
| 1 $m^2$ ≈ 1.2 sq yd | 1 sq yd ≈ 0.8 $m^2$ | 1 l ≈ 0.26 gal | 1 gal ≈ 3.79 l |
| 1 hectare ≈ 2.5 acres | 1 acre ≈ 0.4 hectare | 1 gram ≈ 0.035 oz | 1 oz ≈ 28.3 g |
| 1 $cm^3$ ≈ 0.06 cu in | 1 cu in ≈ 16.4 $cm^3$ | 1 kg ≈ 2.2 lb | 1 lb ≈ 0.45 kg |
| 1 $m^3$ ≈ 35.3 cu ft | 1 cu ft ≈ 0.03 $m^3$ | 1 metric ton ≈ 2205 lb | 1 ton ≈ 907.2 kg |
| 1 $m^3$ ≈ 1.3 cu yd | 1 cu yd ≈ 0.8 $m^3$ | 1 kPa ≈ 0.145 psi | 1 psi ≈ 6.895 kPa |

*Adapted from *Let's Measure Metric. A Teacher's Introduction to Metric Measurement.* Division of Educational Redesign and Renewal, Ohio Department of Education, 65 S. Front Street, Columbus, OH 43215, 1975.

# CONVERSION TABLES

## MILLIMETRES TO CENTIMETRES TO INCHES

| mm | cm | in. | mm | cm | in. | mm | cm | in. |
|---|---|---|---|---|---|---|---|---|
| 100 | 10 | 3.93 | 10 | 1 | 0.39 | 1 | 0.1 | 0.04 |
| 200 | 20 | 7.87 | 20 | 2 | 0.79 | 2 | 0.2 | 0.08 |
| 300 | 30 | 11.81 | 30 | 3 | 1.18 | 3 | 0.3 | 0.12 |
| 400 | 40 | 15.74 | 40 | 4 | 1.57 | 4 | 0.4 | 0.16 |
| 500 | 50 | 19.68 | 50 | 5 | 1.97 | 5 | 0.5 | 0.20 |
| 600 | 60 | 23.62 | 60 | 6 | 2.36 | 6 | 0.6 | 0.24 |
| 700 | 70 | 27.56 | 70 | 7 | 2.76 | 7 | 0.7 | 0.28 |
| 800 | 80 | 31.50 | 80 | 8 | 3.15 | 8 | 0.8 | 0.31 |
| 900 | 90 | 35.43 | 90 | 9 | 3.54 | 9 | 0.9 | 0.35 |

1000 mm or 1 metre = 39.37 inches

## INCHES TO CENTIMETRES TO MILLIMETRES

| in. | cm | mm | in. | cm | mm |
|---|---|---|---|---|---|
| 1 | 2.54 | 25.4 | 1/8 | 0.32 | 3.2 |
| 2 | 5.08 | 50.8 | 1/4 | 0.64 | 6.4 |
| 3 | 7.62 | 76.2 | 1/2 | 1.27 | 12.7 |
| 4 | 10.16 | 101.6 | 3/4 | 1.91 | 19.1 |
| 5 | 12.70 | 127.0 | | | |
| 6 | 15.24 | 152.4 | | | |
| 7 | 17.78 | 177.8 | | | |
| 8 | 20.32 | 203.2 | | | |
| 9 | 22.86 | 228.6 | | | |
| 10 | 25.40 | 254.0 | | | |

12 in. or 1 ft. = 30.48 cm or 304.8 mm

## METRES TO FEET

| m | ft. | m | ft. | m | ft. |
|---|---|---|---|---|---|
| 100 | 328.08 | 10 | 32.81 | 1 | 3.28 |
| 200 | 656.17 | 20 | 65.62 | 2 | 6.56 |
| 300 | 984.25 | 30 | 98.43 | 3 | 9.84 |
| 400 | 1312.34 | 40 | 131.23 | 4 | 13.12 |
| 500 | 1640.42 | 50 | 164.04 | 5 | 16.40 |
| 600 | 1968.50 | 60 | 196.85 | 6 | 19.69 |
| 700 | 2296.59 | 70 | 229.66 | 7 | 22.97 |
| 800 | 2624.67 | 80 | 262.47 | 8 | 26.25 |
| 900 | 2952.76 | 90 | 295.28 | 9 | 29.53 |
| 1000 | 3280.84 | | | | |

## FEET TO METRES

| ft. | m | ft. | m | ft. | m |
|---|---|---|---|---|---|
| 100 | 30.48 | 10 | 3.05 | 1 | 0.30 |
| 200 | 60.96 | 20 | 6.10 | 2 | 0.61 |
| 300 | 91.44 | 30 | 9.14 | 3 | 0.91 |
| 400 | 121.92 | 40 | 12.19 | 4 | 1.22 |
| 500 | 152.40 | 50 | 15.24 | 5 | 1.52 |
| 600 | 182.88 | 60 | 18.29 | 6 | 1.83 |
| 700 | 213.36 | 70 | 21.34 | 7 | 2.13 |
| 800 | 243.84 | 80 | 24.38 | 8 | 2.44 |
| 900 | 274.32 | 90 | 27.43 | 9 | 2.74 |
| 1000 | 304.80 | | | | |

# ANY WAY YOU WANT IT

1. You are working in a data processing center. With the change to metric measurement, some of the purchase orders you process are marked only in metric units. You will need to be familiar with metric equivalents in order to process the orders. To develop your skill, use the Table on Information Sheet 10 and give the approximate metric quantity (both number and unit) for each of the following Customary quantities.

| Customary Quantity | Metric Quantity |
|---|---|
| a ) 5 gal. of gas | |
| b ) 2 lbs. of ink | |
| c ) 5 in. tape | |
| d ) 3 ft. deep desk | |
| e ) 5 yds. of ribbon | |

2. Use the conversion Table 4 to convert the following:

a ) 30 mm = _____ in.
b ) 750 mm = _____ in.
c ) 2.5 cm = _____ in.
d ) 88 cm = _____ in.
e ) 3 m = _____ ft.
f ) 48 m _____ ft.
g ) 472 mm = _____ in.
h ) 65.4 cm = _____ in.
i ) 152 m = _____ ft.
j ) 4 in. = _____ mm
k ) 12 in. = _____ cm
l ) 1/2 in. = _____ mm
m) 4 1/4 in. = _____ cm
n ) 16 1/2 in. = _____ cm
o ) 6 ft. = _____ m
p ) 85 ft. = _____ m
q ) 20 ft. = _____ m
r ) 428 ft. = _____ m

3. For the following Purchase Order, verify the metric quantity (use conversion tables and round to nearest unit) and unit of measure (use Table 4). If it is correct, place a check by it. If it is incorrect, show the correction on the Purchase Order. After you have completed this, key punch the Purchase Order and reverify your results. Use your signature as the Purchasing Agent. (Customary quantities appear in parentheses at the end of each item; do not key punch it.)

We Need It Company
971 We Street
Need, OH 43718
(614) 965-8213

PURCHASE ORDER

TO: Super Supply Co.
987 Stone St.
Here, Ohio 43200

Order No. 19789
Ship Via: Express
Date: January 5, 19
Terms: 2/10, n/30

| Quantity | Description | Unit Cost | Total |
|---|---|---|---|
| 2 | a )114 mm trim saw, Model 314 (4 1/2") | $ 89.20 | $178.40 |
| 1 | b )End mill sharpener with 8.9 mm brushings (.35") | 107.00 | 107.00 |
| 3 | c )Digital outside micrometre 51 mm range, Model 417115 (2") | 33.50 | 100.50 |
| 1 | d )152 mm standard grinder with guard cover, Model No. 612 (6") | 66.00 | 66.00 |
| 2 | e )Power hacksaws, cuts 38 mm solids, Model No. 1376 (1 1/2") | 240.00 | 480.00 |
| | TOTAL | | $931.40 |

SEND INVOICE IN DUPLICATE

_____, Purchasing Agent

## SECTION A

1. One kilogram is about the mass of a:
   - [A] nickel
   - [B] apple seed
   - [C] basketball
   - [D] Volkswagen "Beetle"

2. A square metre is about the area of:
   - [A] this sheet of paper
   - [B] a card table top
   - [C] a bedspread
   - [D] a postage stamp

3. A keypunch ribbon width will be measured in:
   - [A] kilometres
   - [B] metres
   - [C] millimetres
   - [D] litres

4. Temperature for the computer equipment area is given in:
   - [A] kilograms
   - [B] centimetres
   - [C] degrees Celsius
   - [D] litres

5. The correct way to write twenty grams is:
   - [A] 20 gms
   - [B] 20 Gm.
   - [C] 20 g.
   - [D] 20 g

6. The correct way to write twelve thousand millimetres is:
   - [A] 12,000 mm.
   - [B] 12.000 mm
   - [C] 12 000mm
   - [D] 12 000 mm

## SECTION B

7. A card 20 centimetres wide is the same as:
   - [A] 2 000 millimetres
   - [B] 2 millimetres
   - [C] 200 millimetres
   - [D] 0.2 millimetre

8. A magnetic tape 25 millimetres wide is the same as:
   - [A] 2.5 centimetres
   - [B] 0.25 centimetre
   - [C] 25.0 centimetres
   - [D] 0.025 centimetre

## SECTION C

9. Which metric term is misspelled?
   - [A] herts
   - [B] centimetre
   - [C] watt
   - [D] Celsius

10. The correct key punch symbol for degree Celsius is:
    - [A] °C
    - [B] cel
    - [C] C
    - [D] CEL

11. Which metric term is misspelled?
    - [A] pascel
    - [B] metre
    - [C] volt
    - [D] weber

12. The correct key punch symbol for kilograms per cubic metre is:
    - [A] $kg/m^3$
    - [B] K/M
    - [C] KG/M3
    - [D] KG/CM

13. The metric unit which replaces the gallon is:
    - [A] litre
    - [B] gram
    - [C] hectare
    - [D] millilitre

14. The metric unit which replaces the foot is:
    - [A] litre
    - [B] gram
    - [C] metre
    - [D] millimetre

Use this conversion table to answer questions 15 and 16.

| mm | in. | mm | in. |
|---|---|---|---|
| 10 | 0.39 | 1 | 0.04 |
| 20 | 0.79 | 2 | 0.08 |
| 30 | 1.18 | 3 | 0.12 |
| 40 | 1.57 | 4 | 0.16 |
| 50 | 1.97 | 5 | 0.20 |
| 60 | 2.36 | 6 | 0.24 |
| 70 | 2.76 | 7 | 0.28 |
| 80 | 3.15 | 8 | 0.31 |
| 90 | 3.54 | 9 | 0.35 |

15. The equivalent of 15 mm is:
    - [A] 0.15 in.
    - [B] 0.39 in.
    - [C] 0.59 in.
    - [D] 1.15 in.

16. The equivalent of 89 mm is:
    - [A] 0.89 in.
    - [B] 3.50 in.
    - [C] 3.15 in.
    - [D] 8.90 in.

# ANSWERS TO EXERCISES AND TEST

## EXERCISE 7

Part 1.

Currently accepted metric units of measurement for each question are shown in Table 3. Standards in each occupation are being established now, so answers may vary.

Part 2.

d, a, h, b

## EXERCISE 14

a ) 5 m
b ) 0.25 litre
c ) 50 mm
d ) 2.5 kg
e ) 12 cm
f ) 250 ml
g ) 2 t
h ) 500 ml
i ) 2 000 mm
j ) 0.5 kg
k ) 0.5 litre
l ) 500 kg
m) 1 000 cm
n ) 35 mm
o ) 240 cm

## EXERCISE 15

1. MM, CM, M, KM, KM/HR
2. CM2, M2
3. ML, L, KL
4. G, KG, TNE
5. 20 CEL
6. V, H, WB, F, W, ØHM, C, HZ, A, SIE
7. N, J
8. D, HR, MIN, S

## EXERCISE 16

a ) 10 KG
b ) 85 MM
c ) 27 CEL
d ) 19 L
e ) 37 W
f ) 40 V
g ) 9 CM
h ) 45 A
i ) 10 WB
j ) 8 LX
k ) 25 M3
l ) 15 N.M
m) 10 UV
n ) 5 ØHM
o ) 20 M2
p ) 274 K
q ) 40 SIE

## EXERCISE 17

Part 1.

a ) 18.95 litres
b ) 0.9 kg
c ) 12.7 cm
d ) 0.915 m
e ) 4.55 m

Part 2.

a ) 1.18 in.
b ) 29.53 in.
c ) 0.99 in.
d ) 34.65 in.
e ) 9.84 ft.
f ) 157.48 ft.
g ) 18.58 in.
h ) 25.75 in.
i ) 498.68 ft.
j ) 101.6 mm
k ) 30.48 cm
l ) 12.7 mm
m) 10.8 cm
n ) 41.91 cm
o ) 1.83 m
p ) 25.9 m
q ) 6.1 m
r ) 130.46 m

Part 3.

a ) 114 mm
b ) 8.9 mm
c ) 51 mm
d ) 152 mm
e ) 38 mm

## TESTING METRIC ABILITIES

| | | | | | |
|---|---|---|---|---|---|
| 1. | C | 7. | C | 12. | C |
| 2. | B | 8. | A | 13. | A |
| 3. | C | 9. | A | 14. | C |
| 4. | C | 10. | D | 15. | C |
| 5. | D | 11. | A | 16. | B |
| 6. | D | | | | |

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# SUGGESTED METRIC TOOLS AND DEVICES NEEDED TO COMPLETE MEASUREMENT TASKS IN EXERCISES 1 THROUGH 5

(* Optional)

## LINEAR

- Metre Sticks
- Rules, 30 cm
- Measuring Tapes, 150 cm
- *Height Measure
- *Metre Tape, 10 m
- *Trundle Wheel
- *Area Measuring Grid

## VOLUME/CAPACITY

- *Nesting Measures, set of 5, 50 ml - 1 000 ml
- Economy Beaker, set of 6, 50 ml - 1 000 ml
- Metric Spoon, set of 5, 1 ml - 25 ml
- Dry Measure, set of 3, 50, 125, 250 ml
- Plastic Litre Box
- Centimetre Cubes

## MASS

- Bathroom Scale
- *Kilogram Scale
- *Platform Spring Scale
  - 5 kg Capacity
  - 10 kg Capacity
- Balance Scale with 8-piece mass set
- *Spring Scale, 6 kg Capacity

## TEMPERATURE

- Celsius Thermometer

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# REFERENCES


*Information Processing—Representations of SI and Other Units for Use in Systems with Limited Character Sets.* International Organization for Standardization, First Edition, 1974, 4 pages, Ref. No. ISO2955-1974. Available from: American National Standards Institute, 1430 Broadway, New York, NY 10018, write for price.

This International Standard manual provides symbols for units to be used in data processing systems in place of common SI symbols. Rules, definitions and charts are also included in the manual.

*Let's Measure Metric. A Teacher's Introduction to Metric Measurement.* Division of Educational Redesign and Renewal, Ohio Department of Education, 65 S. Front Street, Columbus, OH 43215, 1975, 80 pages; $1.50, must include check to state treasurer.

Activity-oriented introduction to the metric system designed for independent or group inservice education study. Introductory information about metric measurement; reproducible exercises apply metric concepts to common measurement situations; laboratory activities for individuals or groups. Templates for making metre tape, litre box, square centimetre grid.

*Measuring with Meters, or, How to Weigh a Gold Brick with a Meter-Stick.* Metrication Institute of America, P.O. Box 236, Northfield, IL 60093, 1974, 23 min., 16 mm, sound, color; $310.00 purchase, $31.00 rental.

Film presents units for length, area, volume and mass, relating each unit to many common objects. Screen overprints show correct use of metric symbols and ease of metric calculations. Relationships among metric measures of length, area, volume, and mass are illustrated in interesting and unforgettable ways.

*Metric Editorial Guide.* American National Metric Council, Washington, DC, 1975, 12 pages, $1.50 each, quantity prices available.

Set of recommendations serving as interim guide "to accepted metric practices." Section on rules for writing metric quantities covers: capitals, plurals, decimal points, grouping of numbers, spacing and compound units. Additional sections cover: common metric units and symbols, pronunciation, typewriting recommendations, longhand and shorthand recommendations and SI unit prefixes.

*Metric Education, An Annotated Bibliography for Vocational, Technical and Adult Education.* Product Utilization, The Center for Vocational Education, The Ohio State University, Columbus, OH 43210, 1974, 149 pages; $10.00.

Comprehensive bibliography of instructional materials, reference materials and resource list for secondary, post-secondary, teacher education, and adult basic education. Instructional materials indexed by 15 occupational clusters, types of materials, and educational level.

*Metric Education, A Position Paper for Vocational, Technical and Adult Education.* Product Utilization, The Center for Vocational Education, The Ohio State University, Columbus, OH 43210, 1975, 46 pages; $3.00.

Paper for teachers, curriculum developers, and administrators in vocational, technical and adult education. Covers issues in metric education, the metric system, the impact of metrication on vocational and technical education, implications of metric instruction for adult basic education, and curriculum and instructional strategies.

*SI Metric: Style Manual for the International System of Units.* International Business Machines Corporation, White Plains, NY, date unknown, 7 pages, $.50, order No. SR23-3723-0.

Guideline for IBM personnel illustrating use of SI units in written materials. Content covers punctuation, spelling, usage and format, SI base units, supplementary units, derived units with special names, prefixes of SI units, and derived units without special names.

*The International System of Units (SI).* The National Bureau of Standards, Washington, DC, 1974 ed., 43 pages, $.65, order by SD Catalog No. C13.10:330/3.

Commonly known as "NBS 330," booklet defines modernized metric system (SI). Contains resolutions and recommendations of General Conference on Weights and Measures, as well as International Organization for Standardization (ISO) on practical use of the system.


## METRIC SUPPLIERS

Dick Blick Company, P.O. Box 1267, Galesburg, IL 61401

Instructional quality rules, tapes, metre sticks, cubes, height measures, trundle wheels, measuring cups and spoons, personal scales, gram/kilogram scales, feeler and depth gages, beakers, thermometers, kits and other aids.

## INFORMATION SOURCES

American National Metric Council, 1625 Massachusetts Avenue, N.W., Washington, D C 20036

Charts, posters, reports and pamphlets, *Metric Reporter* newsletter. National metric coordinating council representing industry, government, education, professional and trade organizations.

National Bureau of Standards, Office of Information Activities, U.S. Department of Commerce, Washington, D.C 20234

Free and inexpensive metric charts and publications, also lends films and displays.