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ABSTRACT

This study reports the results of a pilot Change Agent Research (CAR) project initiated in the summer of 1975 by the Sports Institute for Research (SIR) for the Windsor Minor Lacrosse Association. The purpose of the project was to audit the association to diagnose the nature of its organizational problems and assist in initiating change in order to reduce the gap between stated goals and actual behavior. The researchers utilized the SAW method for diagnosis. SAW consists of [S]eeing by audiovisual and personal observation monitoring; [A]sking by semi-directed, focused interviews; and [W]ritten opinionnaires. Results indicated problems within the organization stemming from ambiguity of goals and outside pressures. Data collected from players indicated problems stemming from differences in age and low morale due to dropouts. The interviews and questionnaires depicted an amateur sports direction for the organization; however, monitoring by media and personal observation indicated the organization was heading in a professional athletics direction. Overall, the results revealed that the players want to operate as an amateur sports association and revisions must be made in the structure of the association to accommodate the players' needs and desire for amateur status. Appendices include sample SAW opinionnaires. (MM)

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CHANGE AGENT RESEARCH:

PHASE I - ORGANIZATIONAL AUDIT

AND COMMUNICATION FEEDBACK

APPLIED TO WINDSOR MINOR LACROSSE

by Dick Moriarty and Patti Jones

US OEPARTMENT OF HEALTH, EOUCATION & WELFARE NATIONAL INSTITUTE OF EOUCATION

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In the summer of 1975 the Sports Institute for Research (SIR) initiated a pilot Change Agent Research (CAR) at the request of and for the Windsor Minor Lacrosse Association (WMLA). The purpose of the project was to audit the organization using the SAW method to diagnose the nature of the problems and assist in initiating change in order to reduce the gap between stated goals and actual behavior. SAW consists of Seeing by audio visual and personal observation monitoring; Asking by Semi-Directed Focused Interviews; and Written opinionnaires.

<u>Asking</u>

by J. Grand & D. Stulla

The Semi-Directed Focused Interview was utilized to help the executive, officials, coaches, parents, and players involved in WMLA identify the ultimate goal of the Organization, and also to identify any conflict or clatacles preventing achievement of the ultimate goal. From the results of this section three games a conclusions were drawn:

1. There is a similarity in perception of the older of by both the abilits and the players, but look full function and perticipation for boys was the older of the

- 2. Both players and adults agree that the largest area of strain stems from parental pressures on players and officials.
- 3. Both players and adults feel that the <u>major problem</u> is lack of participants in the program.

Several recommendations were developed by WMLA members and the SIR/CAR Task Force.

- 1. Concerning parental pressure problem → An alternate means of recreation could be provided for the parents during game or practice session. Eliminating parents from the games would possibly lead to further complications.
- More attention should be paid to the needs and desires of the players.
- 3. An occasional open meeting to inform parents of what's happening may solve the communication problem. (For examples of these interviews refer to Appendix A.)

Written Opinionnaire

by J. Osborne & B. Weglarz (Deselogment), D. Peels (Delivery & Retrieval), & M. Quigley (Computer Analysis)

This project from Scalt with the Sevelopment, distribution, retrieval . I computer analysis of written opinionnaires laced on the Audio Interviews. Two rejor samples of the population were



involved: (1) one group of players and parents presently involved in the '75 season; and (2) the other group of players and parents who were not playing in '75, but who had played the previous season. Two separate opinionnaires were used, one for the parents, and the other for players. These were distributed at Adie Knox Herman Arena to presently playing people, and verbally, over the phone, to those not presently involved in WMLA. The information gathered was then statistically analyzed by the Statistical Package for the Social Sciences (SPSS) program. The following results were obtained.

a) Adult Questionnaire:

- 1. The majority of respondents felt that the major goal was in an Amateur Sport (AS) direction, ie., fun and sportsmanship were the main objectives. However, the immediate goals were in a Professional Athletics (PA) direction, ie., skills, strategies, and quality instructors were most important.
- Conflicts seemed to stem from a PA direction, ie., presental pressures, and overemphasis on winning.
- 3. Inside pressures and strains were also PA directed, in., pacental pressures, family obligations, and poor distribution of quality players.



- 4. Parents' suggestions for improving the organization were equally divided between improved communication (AS) and increased number of paid instructors (PA).
- 5. For improving the administration more parent involvement, and a decrease in parental pressures seem to be favoured.
- 6. The changes that parents would like to see were split between increasing the number of qualified paid coaches (PA) and increasing emphasis on house league play (AS).
- 7. Most felt that the cause of the drop-off in enrollment was due to charges in the format, ie., transportation to one centrally located arena, and a daytime program.

 However, some felt (32%) that the reason for the drop-off in enrollment was due to an overemphasis on skill and/or winning and a de-emphasis on fun and enjoyment.

b) Players' Opinionnaire:

- 1. There didn't appear to be much difference in attitude

 between boys playing both All-Star and House League, and

 those playing House League only, as was generally expected.
- 2. There was a general decrease in acceptance relative to an increase in age in the following areas (an inverse ratio or negative correlation, ie, as age goes up, need or i sire goes dawn or vice versa):



- a) need to be more strict and to reduce rough play
- b) de-emphasizing winning
- c) asking players about playing times
- d) playing to make the city famous
- e) difficulty in getting to the arena
- f) playing for excellence.
- 3. There was a general increase relative to an increase in age in the following areas (in proportion or positive correlation, ie., as age goes up, want or desire goes up or vice versa):
 - a) improved refereeing
 - b) good players should be played more
 - c) need for more tournaments
 - d) coach's interest in winning
- 4. There was no significant difference on the question of the difficulty in getting to the arena. This may indicate that the transportation problem may not be as big a problem as was generally thought.
- 5. More significant problems appear to be de-emphasizing winning, emphasizing skills, and reducing rough play.
- 6. Most nonplayers and their parents do not like lacroses the way it is at present.
- c) Competition Concern (A third questionnaire given to both [1], is and adults.)

This questionnaire was used to determine at which end of the spectrum of Amateur Sport to Professional Achievies this creation in this characteristics in this questionnaire, for example, particles



and play, generalization - child's overall development, partake for fun and relaxation, and playing is its own reward - no banquet or trophies. Most of the views of those answering this questionnaire were AS directed. However, a few deviations were observed, as can be seen in the following results.

- 1. The overall view appears to be headed in an AS direction, although the areas of rewards (achievement should be rewarded) and philosophy (anything worth doing is worth doing well) need to be reviewed as they are PA directed, and run counter to the overall trend.
- 2. The executives' views are in an AS direction, although their philosophy and commitment of time (6 hours or more) need revision as they are PA directed and run counter to the overall trend.
- 3. The parents' views are AS directed, although the areas of philosophy and rewards show weaknesses.
- 4. The officials' views are again generally AS directed, although the areas of rewards and commitment of time reflect a neutral stance, and their philosophy points toward PA.
- 5. The players' views are generally AS directed, although contradictory attitudes exist in the areas of long-range aim (specialization child's skills development), reversa, and philosophy.



6. The coaches' views are mixed as they were found to be neutral on philosophy and PA directed on long-range aim, immediate objectives, rewards, and commitment of time. (For samples of the various questionnaires refer to Appendix B.)

In summary, both the Audio interviewing and the Written opinionnaires show a strong avowed or verbal long-range philosophic commitment to Amateur Sport, but a weaker commitment in more practical intermediate and immediate objectives and tasks. Monitoring of behavior by media and observers, as shown below, indicates a similar spread on the Amateur Sport to Professional Athletics spectrum, however, one more predisposed to professional athletics.

Seeing: Personal Observation & Media
by D. MacDonald and J.G. Vienneau (Personal Observation)
and R. Valentinuzzi and G. Ghent (Media)

The personal observation section of this study dealt with recording facial expressions and aggressive acts (cooperative or confrontive) before, during, and after both the instructional periods and the game. Five comparisons were made:

- a) comparing winning and losing to smiling faces
- b) comparing winning and losing to frowning faces
- c) comparing instructional period and game to smiling it was
- d) comparing instructional period and game to from the case
- e) comparing winning and losing to aggression



A significant difference was found in three of these five comparisons:

- a) facial expression (smiling) of players when comparing winning and losing, ie., smiling was greater while winning than while losing
- b) facial expression (smiling) of players when comparing instructional period and game, ie., smiling was greater during the game than during the instructional period.
- c) facial expression (frowning) of players when comparing instructional period and game, ie., frowning was greater during the game than during the instructional period

The player interaction before the game was mostly between players of the same team (85%). During the game the players' encouragement from the bench to team mates was generally positive. The instructors were also very positive in their approach.

There were very few fans present at any one time, and there were always more females than males present. Their comments were generally positive, however, the majority of fans were passive and made very few comments.

In this study aggression was defined in terms of physical contact. During game situations aggression seemed to be more than what was desired according to interviews and opinionnaires with WMLA members, especially in the younger categories where the se



appeared to be a greater difference in physical development between players. Several recommendations were proposed by this group's members.

- 1. The rules of the game might be modified for the Tykes, ie., they might play their games cross-court instead of playing the full length.
- 2. Sometimes, especially for the younger players, their drills could divided into different parts in order to permit them to master the individual skills before trying to combine two or three together.
- 3. Emphasis on checking should be reduced, and the number of passes in the game could be increased.
- 4. More instruction time should be given to the goalies.
- 5. Teams should be balanced out in terms of the ability of the players, and the number of players on each team.

The audio visual monitoring consisted of photographic recordings of all the inter-relationships that existed between:

- a) player to player
- b) player to coach/instructor
- c) player to fans
- d) player to parents
- e) fans to players

There was no focal point when taking these pictures. The project loaders tried to capture an objective, reliable, and taking sample of any and all appears of the sessions. Vocal interestions were also recorded. Some of these slides and video-tapings approximated to aMIA and session July of '75!



Summary

The adult interviews and questionnaires showed problems within the organization stemming from ambiguity of goals and outside pressures.

The players' interviews and opinionnaires showed problems within the organization stemming from differences in age. Also, the problem of drop outs showed that their attitudes toward lacrosse are not positive.

The Project Competition Concern questionnaire showed that the organization has picked an Amateur Sport direction. Efforts should be made to ensure everyone is striving in this direction in all aspects of the organization.

Although the interviews and questionnaires depicted an Amateur Sport direction, monitoring by media and personal observation showed certain areas headed in the Professional Athletic direction.

Discrepancies existed between the aggression desired by WMLA members, and what was actually seen during game situations. Also, younger players were often placed in situations where age, size, and personal differences were generally not sufficiently taken into consideration.

Needs of the players are of utmost concern in Amateur Sport. Certain revisions must be made by WMLA to enable their organization to operate mose near the Amateur Sport end of the spectrum which addio Controllers and written opinionnaires reveal both adult's and player's want and need.



The results of this study are by no means complete. Lack of sufficient time and staff may have limited effectiveness on this study; however, it is hoped that the preceding conclusions and recommendations will be of some assistance to the association in evaluating their program, and adjusting structure and people so that expectations and achievements can be matched.



Semi-Directed Focused Interview

_ist	the following below in pencil on the cassette label before the interview.
	Name of Interviewer
	Name of Interviewee
	Position
	Date Place
	Focus of Interview (Organization)
	Note: = (name of organization)
Init	ial Statement: The University of Windsor and
are more	working cooperatively to makeeffective and efficient.
and	forcement Statement: You are one of those closest to therefore I appreciate an opportunity to interview you and record your ervations and feelings.
	Elicit response on Items #1 -
1.	Could you please identify the ultimate goal (mission) (1) you see in
2.	Could you comment on conflict (obstacles) (2) which prevent achievement of this goal.
	Events
3.	Could you identify significant events (3) you see in such as (3-a) task (or aims) for this year.
4.	Could you comment on (3-b) structure (or organization).
5.	Could you comment on (3-c) control (or administration).
	Individuals and Groups
6.	Could you please identify significant (4) individuals or groups you see in
7.	Could you comment on (4-a) their traits (or characteristics).
9.	Could you comment on (4-b) their situation (or roles).
9.	Could you comment on (4 c) their behavior (or expectations).
, .	External to Focus - Supra
:0.	for subside the organization.
	For a al to Focus - Indra
11.	fig. within the organization.
12.	Could you consist on (7) resembnded of ages (or allease to some some some some some some some som
3.	The to you feel about criticism of

- 14. Some critics of ______say there is too much stress on winning and too little fun! True or false?
- 15. At this point revert to any covert conflict which was alluded to during the interview.
 - 6. Close with a positive thank you reaction for time and expertise of inscrince.

A PENDIX A

. '	en et tra
	Ty name to What is your first name?
This	isn't a test. There are no right or wrong answers. I just want you to to my qualitions so I know what you think of (fill in name of organization)
- -	On you call to shout some of the problems there in your ? (CANYLLOT)
. 12 a . 13	
	on you rell me who runs the? (CONTROL)
53	How does they/the person do it? (STRUCTURE) Do(en) the person/they have help?
	Do you later vily those people do this?
	na and Individuals
32)	Can you tell who the important people in your are? Can you describe them? (TRAITS) Why are they important? (ROLE) What do they do that makes them important? How do they behave?
	, Danesta Surai <u>n</u>
·	hee thous any complaints from people who are part of your
	<u> </u>
5.	no year lendw of any complaints from people who aren't part of your
	Is there any change you would like to see in ? (CHANGE)
7.	Some people sayis bad for growing boys/girls.
••	What do you say? Some people say that who ing is note important than having fun. That do you say about this?
· • •	The horse was calling about you playing and all the odire part is in holder you play. Can you tell no why everybody does this? (UCTIDALS of he)
	and the second of the second property of shipped over above.





in. This rup puretarns que reterm.

APPELT : K B

OPINE MUMIRE

This opinionnaire was developed to provide people like you with an opportunity to express their opinions on their sport or athletic organization.

Please answer all items.

Concerned Adult Opinionnairs					
1.	Male	Female [
2.	Role: Parent	Coach iayer			
	Manager [Official Sponsor			
	General Public				
3.					
		Canadian Team			
4.	American Team				
5.	No. of hours of practice pe				
6.	No. of weeks of practice pe				
7.	No. of hours donated by exe				
Ð	No. of hours donated by coa				
9.	Cost of membership in club				
10.	Cost of equipment and trave	el par year (estimate)			
	se rank the alternatives belintant and 5 for the least im	low for all items listed, using 1 for the most apportant, i.e.,			
Ş.:: <u>:</u>	le: My favourite meat is	o <u>r</u>			
	(3) ham	(1) ham			
	(1) beef (5) pork	(2) beef (3) pork			
	(4) bologna	(2) belogna			
	(2) turkey	(5) turkey			
:: te	: These alternatives come f space after others or the op	from those involved in swimming. You may use provite page for additional comments.			
1.	Fould you rank the ultimate	g goal or mission of your club:			
	() maximine uports pa	articipation			
	() fin and enjoyment	ol ractor			
	() pjortsmanship and() shill development	C. ACIPE			
	() increse incolrent	t e e e e e e e e e e e e e e e e e e e			
$\langle \cdot \rangle$.					
2.	STORMAN PROPERTY AND A	corring achievement of this goal are:			
	The second of the second				
	 j j j jednak je nate j j j koje nate 	ingliging Tim			
	$\mathbf{t} = \mathbf{t} \cdot \mathbf{t} + \mathbf{t} \cdot \mathbf{t} \cdot \mathbf{t}$	to polity play			
		· · · · · }			
	£ 15	and the second s			
₹.	the second of the second	o port this year are:			
	() has been seen as	i un mai gela sora loi es Localitan			
		r = r m $r = \sqrt{1 + r} T$			
	()				

4.	Indicate		how you would improve the organizational structure of your club:
	()	improve quality of executive
	()	no improvement necessary
	()	increase need instructors
	()	·liminate : league play
	()	rirove on a mication to all members
	1 ****		

! -

Conc			t Opinionnaire Page 2
5.	How	would	you improve the administration of your club?
	()	improve the method of all-star selection
	()	involve more parents
	()	improve discipline of coaches/parents provincial association should have more jurisdiction
	()	provincial association should have more jurisdiction.
	()	decrease parental pressure
Othe	_		and the same alleborate
6.			important individuals in our club are:
	()	
	(officials
	(players
	(,	parents
Othe			ple are involved in our club because they are:
7.			
	()	dedicated and hard workers
	()	interested in participants
	(experts in lacrosse technique
	()	sports enthusiast
	()	highly competitive
Othe			in our club area
8.	The		important individuals or groups in our club are:
	()	highly competitive
	()	dedicated
	()	self-directed
	(-	likeable
	()	outgoing
Othe			
9.	The	e to u g	hest to the easiest roles in our club are those of:
	()	player
	()	parent
	()	parent coach
	()	executive
	()	official
Othe			
10.	Th/	e most	exemplary behaviour of people connected with our club while greatice and/or meets comes from:
	(all-stars
	(,	purents
	()	ousecative The edges
	()	of mans of well-expectitors
	(,	green new one club fire a while a resulting
ii.	_		
	(,	lack of lacrouse expertion on the contine level conflicts due to substitute lacrouse to substitute lacrouse to substitute lacrouse lacrous
	(,	conflicts due to substill une. I may obligations
	(,	public press, radio, and L.V. Controle
	(,	transportation
	•	-	
			and the second of the second o
12.	:		organizational strain - s from:
	ţ)	por quality of officiating
	()	look of the to implement new ideas
	()	lick of prental involvement



13.	Pank	and	Recommend the changes listed below:	
	()	longer instruction period	
	()	qualified coaches	
	()	exclude parents as spectators	
	()	increase recognition of all stars	
	(more emphasis on loune lougue play	

This opinionnaire, designed by a university consulting team and the associates in your sport, is for you to record your own opinions

PLEASE ANSWER ALL ITEMS.

Participant's Opinions

1.	Are you playing lacrosse Yes	this year? No
2.	Check only one category:	
	Age Class	Tyke
		Novice
		Pee-Wee
		Bantam
		Midget
		Juvenile
3.	How many years have you	played before 1975?
4.	House league and All-Sta	
5.	Number of hours spent ea	ch week in practice and games for all-star
٥.	Number of hours spent ea	ch week in practice and games for house league
Will	you please check your fe	eling on all statements below:
6.	I play to become an exce	ellent lacrosse player.
7.	I play for fun.	
8.	I play to wake my city a	a famous laurosse area.
-•	<u>-</u> -	

I play to most other Nids and play lacrosse.













10. I play lacrosse to give me something to do.











- (2 8 ³

21

11. I wish there were more players.



12. I think we need more coaches and instructors.



13. It is difficult to get to the arena.



14. Less importance should be put on winning.



15. I like the emphasis on learning lacrosse skills rather than playing games.



16. I think the tiff realing should improve.



17. Good ployers should get nore playing time than average players.

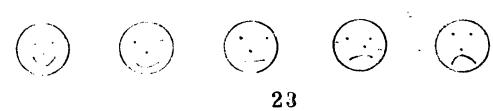




18. Players should be esked about practice hours, games, etc.



19. I think we used better apply cent.



Opionnaire -- Page 3

20. We need more tournaments.











21. Skills classes should be divided by ability level rather than by age.











22. The Board of Directors and coaches rum lacrosse because they are interested in players.











23. The Board of Directors and coaches run lacrosse because they want to win.











24. The Board of Directors and coaches are the most important people in our club.











25. The players and their facilies are the most by ortank people in our of b.











26. Comphes and refr. as absold be rape strict in disciplining players and reducing rough [197].













27. I like lacrosse the way it is.











25

Project: Competition Concern

WHAT DO WE DO NOW!!

The person being interviewed is an executive, coach, official (referees, etc.) parent, sponsor player.							
Please indicate your preference by checking (\checkmark) one (1) choice only from either Column A or Column B for each of the items in Row $\#1 - 13$. The choices are based on interviews with executives, coaches, officials and parents.							
			Column A		Column B		
1.	ultimate goal		win and/or excel or		participate and play (AS)		
2.	aim (long-range)		generalization-child's overall development (AS)		specialization-child's skills development		
3.	objective (immediate)		work, to win aggression		partake for fun, relaxation (AS)		
4.	rewards		playing is its own reward, no banquet and trophies (AS)		achievement should be rewarded, banquets and trophies		
5.	commitment of time (practice and games per week)		5 hours or less (AS)		6 hours or more		
6.	emphasis in player selection		play the best most often		play everyons equality (AS)		
7.	rules-application		letter of law (gamesmanship)	/	spirit of rules (sportsmanship) (AS)		
8.	scheduling emphasis		local and league competition (AS)		region and state competition		
9.	evaluation of league success		by standings and competitors' dalibre	47	on player improvement & numbers participating (AS)		
10.	decision-making level		state/province or national		local league (AS)		
11.	growth rate of child		control and rapid develorment		coordination and natural evolution (AS)		
l 2.	cliches		It docsn't matter if you win or lose, but how you play the game. (AS)		No excuse is adequate for losing. No cost is too high for winning.		
13.	phil:soph y		A game worth playing is worth playing well.		<pre>help game worth playing t worth playing come f poorly. (AS)</pre>		

Additional Comments: (Please use other side if necessary)

^{*} Areas of Amateur Sport (AS) as designated by the Task Force have been labelled for your convenience.

