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#### ABSTRACT

The P.E.P. Report 1969-1973 focuses on the various findings and activities of the Program Evaluation Project. Followup is an integral part of a goal oriented evaluation, providing the opportunity for the collection of various forms of outcome data as well as consumer satisfaction information. This chapter discusses the history and implementation of the followup program for the Program Evaluation Project, including the development of a questionnaire, training of the interviewers, locating and contacting participants, and costs. The second section discusses the various studies in which the followup unit was involved, including the original reliability study in which clients were followed up by two different interviewers at two distinct points in time, the interdisciplinary reliability study which discusses the comparison of R.N. and M.S.W. interviewers and phone versus in-person interviews, the followup program for the Crisis Intervention Center, and the followup of clients terminated from the Hennepin County Mental Service prior to involvement in treatment. (Author/RC)



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# CHAPTER TWO

ACTIVITIES OF THE

FOLLOW-UP UNIT

A REPORT ON FOUR YEARS OF

STAFF EFFORT AT THE PROGRAM

EVALUATION PROJECT.



TM005 496

# CHAPTER TWO

# Program Evaluation Project Report, 1969-1973 ACTIVITIES OF THE FOLLOW-UP UNIT

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June, 1974

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The <u>P.E.P. Report 1969-1973</u> focuses on the various findings and activities of the Program Evaluation Project. It is being published in pamphlet form with one pamphlet for each chapter.

As of January, 1974, the Program Evaluation Project, whose title was changed to the Program Evaluation Resource Center as of June, 1974, is funded by a three year collaborative grant with the Mental Health Services Division of the National Institute of Mental Health. The purpose of the grant is to emphasize the coordination and dissemination of information on a variety of program evaluation methodologies, especially Goal Attainment Scaling.

Further information on the Goal Attainment Scaling methodology and program evaluation is available in other written and recorded materials from the Program Evaluation Resource Center office. At this time various other chapters of the <u>P.E.P. Report 1969-1973</u> are available, including Chapter One, "Basic Goal Attainment Scaling Procedures", Chapter Three, "An Introduction to Reliability and the Goal Attainment Scaling Methodology", Chapter Four, "An Examination of the Reliability of the Kiresuk-Sherman Goal Attainment Score by Means of Components of Variance", Chapter Five, "A Construct Validity Overview of Goal Attainment Scaling" and Chapter Nine, "Evaluation of the Adult Gutpatient Program, Hennepin County Mental Health Service".

Additional chapters will be released this year as they are completed.



#### THE FOLLOW-UP UNIT

<u>PURPOSE</u>: Follow-up is an integral part of a goal oriented evaluation, providing the opportunity for the collection of various forms of outcome data as well as consumer satisfaction information. This chapter discusses the history and implementation of the follow-up program for the Program Evaluation Project, including the development of a questionnaire, training of the interviewers, locating and contacting participants, and costs. The second section discusses the various studies in which the follow-up unit was involved, including the original reliability study in which clients were followed up by two different interviewers at two distinct points in time, the interdisciplinary reliability study which discusses the comparison of R.N. and M.S.W. interviewers and phone versus in-person interviews, the follow-up program for the Crisis Intervention Center, and the follow-up of clients terminated from the Hennepie County Mental Health Service prior to involvement in treatment.

SUMMARY: The follow-up questionnaire which was used consistently included both consumer satisfaction questions and questions relating to clients' level of attainment as reflected by the Goal Attainment Follow-up Guide. Three revisions of the questionnaire have been produced. The follow-up interviewers were included in the discussion of questionnaire revisions, since their experience conducting interviews was considered to be important in improving the format of the follow-up questionnaire.

The original team of interviewers hired for the follow-up program were Master's level social workers. After completing more than a year of follow-up interviews, experimentation with interviewers of different educational and professional backgrounds was undertaken. The follow-up unit employed B.A. level interviewers, undergraduate university students majoring in the social sciences, registered nurses and teacher's aides from the Minneapolis school system. Of these, only the teacher's aides were not successful interviewers, and all were salaried at a rate less than the Master's level social workers.

During the four years of the Program Evaluation Project, 1128 follow-up interviewers were completed at a total cost of \$15,791.98. The average cost per interview, for interviewer's salaries was \$13.99, and the mean number of interviews completed per year was 282. Included in these costs are not only payment to interviewers for actual completion of the 1128 interviews, but also costs resulting from training and administrative meetings with the follow-up interviewing staff as well.

The interdisciplinary study compared in-person and phone interviews to determine if telephone interviews, which were less expensive to complete, would result in significantly different Goal Attainment scores. The mean Goal Attainment score for the 52 interviews conducted in-person was 50.22 and the mean Goal Attainment score for the 68 interviews conducted by telephone was 52.90. No differences in the mean Goal Attainment scores reached the  $\rho > .05$  level of statistical significance. Each of the clients participated in two interviews conducted by a random combination of either R.N. or M.S.W. interviewers. In comparisons of interviews conducted by the nurses and those conducted by the social workers, no level of significance equal to or greater than  $\rho > .05$  was determined in terms of the mean Goal Attainment score.

The original reliability study was designed to compare the reliability of the Goal Attainment scores when two professionals independently prepared follow-up guides for the same client, and also the reliability of two follow-up interviewers conducting independent interviews with the client. Two follow-up guides were constructed for each of the 44 clients involved in the study, one by the intake interviewer after two intake interviews, and the second by the therapist after completion of two therapy sessions. At the time of follow-up, the scales from both follow-up guides were randomly mixed to form one guide, and the clients were each interviewed by two different follow-up interviewers at two different sessions. The follow-up guides were separated after the follow-up interviews for the purposes of the analysis. The mean Goal Attainment scores for the first follow-up of the intake interviewer-constructed follow-up guide was 48.62, with a standard deviation of 9.18 and for the therapist follow-up guide, 51.45, with a standard deviation of 9.84. The mean Goal Attainment scores derived from the second follow-up interview were 49.83 for the intake interviewers' follow-up guides, and 53.57 for the therapist follow-up guides. An analysis of variance was employed to determine that 18% of the Goal Attainment score variance was due to follow-up interviewer errors in scoring or observation, 17% due to the choice of follow-up guide material, 15% due to short-term client changes or follow-up bias fluctuations, and 50% due to short-term client long-term deviation from expectation.

Other studies in which the follow-up unit was involved are also discussed.



# I. History, Planning and Implementation of the Follow-Up Unit

# A. Objectives of the Follow-Up Unit

As stated in the original grant application for the Program Evaluation Project, the purpose of follow-up for clients who received treatment from the Hennepin County Mental Health Service during the course of program evaluation there was "to establish continuous feedback on treatment efforts of the Mental Health Center." Specifically, its purpose was "to report on progress made with regard to those goals selected during the intake for each client and to report any new problems requiring attention that may have developed during...the period following treatment assignment." The authors of the Grant Proposal expected that the follow-up unit would provide the information base for the evaluation study and also benefit individuals within the community who needed help.

The original research design included therapy mode outcome comparison among Individual, Group, Chemotherapy, and Day Treatment. Follow-up emphasis was placed primarily on clients who were assigned these treatment modes randomly, and only secondarily on as many clients assigned non-randomly to therapy as was monetarily possible. (See chapter or procedures of the four mode study in the P.E.P. Report, 1969-1973.)

From the outset of the project, follow-up plans also included studies to determine: 1) the reliability of the Goal Attainment score when the client was followed up by two different interviewers, and 2) the reliability of the guide construction when the goals were established for the same client by two different guide constructors. (See Section IIA of this report.)

# B. <u>Planning and Experimental Follow-Ups</u>

Follow-up unit staff began planning operations in January, 1970. Formal data collection began at the Mental Health Service on February 2, 1970. The first year follow-ups were scheduled for June of that year.

The principal investigator of the project invited the chief psychiatric social worker from the Mental Health Service to coordinate the follow-up unit. They decided to employ as follow-up interviewers master's level social workers who would work on a moonlighting basis. The follow-up coordinator took responsibility for hiring, training, and supervising the original interviewing staff. The coordinator was also instrumental in the preparation of a uniform interview schedule.

To determine what would be the most useful procedures for scoring the follow-up guides, research staff assembled an experimental follow-up interview questionnaire and scheduled experimental follow-ups for June of 1970 with clients either who were counseled out of therapy after their intake interviews or who were assigned to treatment

but never returned after assignment. These clients, because they received no "therapy" as such from the Mental Health Service, were considered ineligible for inclusion in the four mode study. It was assumed, however, that these clients had sufficient contact with the Service to provide the information necessary for pre-testing the follow-up interview questionnaire.

Fifteen clients were selected for participation in the experimental follow-up, and of these, 11 were interviewed. The interviewers were Program Evaluation Project staff and Mental Health Service staff who were interested in planning for follow-up.

Based on the experimental follow-ups, the participating interviewers revised those parts of the questionnaire related to consumer satisfaction and prepared instructions and clarifications of each question for the follow-up interviewers. (See Appendix, page 24.)

#### C. The Interview Schedule

The interview schedule contained two sections. The first section of the intervies schedule, by which the follow-up interviewer determined the client's level of satisfaction with services from the Mental Health Service, was originally designed as an introduction and a "get acquainted time" for the interviewer and the client. However, once the research staff began looking at the consumer satisfaction data collection, they decided that useful comparisons could be derived from this information. The consumer satisfaction questions that were deemed most relevant for general attitudinal comparisons among all clients followed up were questions 4 through 8, 9, 11, and 11a. (See Appendix, pages 27-29 and 34.) These are the responses that were consistently coded for data analysis from all interviews completed.

The second half of the questionnaire, by the follow-up interviewer scored each scal $\epsilon$ Goal Attainment Follow-up Guide at the appropriate level, focused on problems that brought the client to the Mental Health Service, and how he/she felt about those problems at the time of the follow-up interview. Because clients did not know a Goal Attainment Follow-up Guide had been constructed for them (however, clients did sign a consent form giving permission for the research and follow-up activities in general), the interviewers were asked to elicit the information necessary to score the follow-up guide without revealing the nature of the follow-up guide to the client. The semistructured questionnaire seemed appropriate to this purpose and to establishing a degree of conformity and control over all interviews completed.

The interview schedule, developed in June, 1970 after the experimental follow-ups, was relised in November, 1970, after the first six months of follow-up. (See Appendix, page 26.) This second revision provided more space for listing responses to "consumer satisfaction" questions and requested that interviewers note in greater detail comments made by the client during the interview. The fol-



low-up interviewers themselves asked that the layout of the schedule be modified, as some questions could not be answered with a "yes" or "no" response.

The November, 1970 revision of the interview format (see Appendix, page 32) was used until August, 1971, when a new revision was effected. In early 1972, page 6a (see Appendix, page 38) was added to the last revision to provide more specific information about ways in which the client felt the Service could improve its functioning. At the same time the last page of this packet (see Appendix, page 38) was added as a formal way to inform appropriate Mental Health Service staff of problem situations manifested during the follow-up interview that the interviewer felt warranted further interaction between the client and his therapist.

Included in the interview packet after September, 1972, was the Goal Attainment Follow-up Guide Critique Form (See Figure I). On this critique form a therapist evaluated the "realism," "relevancy" and completeness of the Goal Attainment Follow-up Guide constructed for his or her client (usually by another clinician, the intake interviewer). At follow-up, the follow-up interviewers were also asked to assess the follow-up guides.

Both therapist and follow-up interviewer had the option of indicating what, if any, new problem areas they would have added to the follow-up guide. The recommendations about the problems to be added depended on the perspective of the person involved. The therapist would base judgments on new problem areas on their interaction with the client during treatment, while the follow-up interviewer would base his on the follow-up interview

The follow-up guide critique forms were filled out by the therapist approximately one month after the client was assigned to treatment and by the follow-up interviewer after the follow-up interview. Data is available from both the therapist and the follow-up interviewer on the same clients for only a small sample (N=26). However, data was collected on 95 follow-up guides critiqued by the therapists from May, 1972 through December, 1972. Another 105 critique forms were completed by the follow-up interviewers after the follow-up interview, with a total of 338 scales assessed.

The comparative analysis of these two groups shows very little agreement overall, between the therapist and follow-up interviewer assessments. The therapists left more questions unanswered than did the follow-up interviewers, which may account for a good deal of the discrepancy.

Contained in the 95 follow-up guides assessed by the therapists were 334 scales. Of these, 272 (81.44%) were deemed relevant in the therapists' opinions, 178 (53.29%) were deemed realistic, and for 48 of the 95 follow-up guides, (50.53%), additional scale headings were suggested.

The follow-up interviewers assessed 105 follow-up guides at the time of the follow-up interview, with a total of 338 scales. Of these, 315 (93.20%) we've deemed relevant, 232 (68.64%) were seen as realistic, and for 42 of the 105 follow-up guides (40%), additional scale headings were suggested.

Of the 26 clients for which the follow-up guide critique form was completed by both the therapist and the follow-up interviewer, 21 follow-up guides were scored by both assessors. The five follow-up

FIGURE I: Goal Attainment Follow-up Guide Critique Form

	Patient Name:				-		l	Negot.			
	Follow-up Interviewer:			-	Guide No						
		<u>Scale</u>	1	<u>Scale</u>	2	Scale	3	<u>Sca</u> e	4	Scale	· <u>5</u>
1)	Are the scales relevant?	Yes	No	Yes	No	Yes	No	Yes	No	Yes	Nο
2)	Are the scale levels realistic? (Circle One)	Optimi Right Pessin	∩n	Optim Right Pessi	0n	Optimi Right Pessin	0n	Right	istic On mistic	Optim Right Pessi	0n
3)	Would you have added any	scales	to th	is gui	de?	Yes	No				
4)	If you answered "yes" to or content areas of exist	questic	on 3, i	please ou cou	indica Id have	ate wha	at add d.	itiona	l scal	e head	ings



guides that were not scored were left blank by the therapist but were scored by the follow-up interviewer. The mean Goal Attainment score (excluding the five clients' follow-up guides not scored by the therapists) for the follow-up guides scored by the follow-up interviewers is 55.58, and the mean Goal Attainment score for those follow-up guides scored by the therapists is 57.61. The correlation of the Goal Attainment scores from therapists and from follow-up interviewers for the 21 follow-up guides is .57, as computed by the Pearson Product Moment method.

Table 1 reports the consistency of responses from the therapist critique forms and those completed by the follow-up interviewers for the 96 scales which both assessed. In summary, the critique forms completed by both the therapists and follow-up interviewers showed that in 80% or more, the scales were relevant, 53% or more were deemed realistic, and for 45% of the guides, additional scale headings were suggested at the time the Guide Critique form was completed.

TABLE I: Comparison of Threapist and Follow-up Interviewer Ratings on the Goal Attainment Follow-up Critique Form

N = 96

		THERAPIST				
		Optimistic	Right On	Pessimistic	Au Answer	
æ	Optimistic	2	1	0	1	
INTERVIEWER	Right On	13	40	9	19	
E E	Pessimistic	1	4	0	1	
=	No Answer	3	0	1	1	

# D. The Follow-Up Interviewers

The follow-up interviewer was the key source of data collection for the research project. As stated, the original team of follow-up interviewers were all M.S.W. social workers who were not employed by the Hennepin County General Hospital or, until that time, by the Program Evaluation Project. They were selected on the basis of their reputations as experienced and knowledgeable interviewers. It was assumed that having interviewers who were not affiliated with the Mental Health Service 1) would encourage less bias in the scoring of the Goal Attainment Follow-up Guides, and 2) would allow the interviewer to tell the client that he wasn't part of the Mental Health Service staff and had no vested interest in the results of the follow-up interview, thus encouraging clients to be freer in their discussion of satisfaction/dissatisfaction with mental health services.

Seven M.S.W.'s were hired as interviewers; one resigned due to other commitments prior to completing any follow-up interviews. Five of the remaining six interviewers were regularly employed by Hennepin County Court Services, Catholic Welfare, Family and Children's Service, and the Minneapolis School Board. The other interviewer was not employed in the community at the time.

All interviews were scheduled by the Program Evaluation Project staff and it was assumed that the average interview would not take longer than an hour to complete. Payment for completed interviews was established at \$15. For those interviews scheduled, but which the client failed to attend, the interviewers originally were paid \$5; after three months of experience, however, the payment for "failed" interviews was increased to \$7.50 to cover the interviewer's time preparing for and traveling to an interview.

# 1. Orientation of the Interviewing Staff

Near the end of June, 1970, the first meeting was held with the six follow-up interviewers to relate the results of the experimental follow-up and to familiarize the interviewers with the Program Evaluation Project objectives. The interview schedule was reviewed carefully and explained in detail to the interviewers. The issue of confidentiality was stressed. The interviewers were reminded that the objective of a follow-up interview was to score the appropriate level for each problem area mentioned on the follow-up guide. The follow-up interviewers were to remain unaware of a client's therapist and therapy mode unless the client revealed that information during the course of the interview. However, interviewers were told that the follow-up coordinator would later help them with any problems or questions they might have with scoring a follow-up guide.

At the suggestion of follow-up interviewers, the contents of the follow-up guides were reviewed prior to an interview to avoid placing the female interviewers in a potentially dangerous situation. It was decided that if the client's Goal Attainment Follow-up Guide indicated problems such as rape, exhibitionism, violence, etc., every attempt would be made to assign the client to a male interviewer.

#### 2. Follow-Up Interviewers Other than M.S.W.'s

By January, 1971, the number of clients eligible for follow-up had increased significantly, and a B.A. social worker was then added to the interviewing staff. This interviewer was not employed outside her home, and was available for daytime interviews, thus filling a need which had become apparent to the research staff.

Beginning in midsummer of 1971, Project staff sought to employ interviewers of various educational and professional backgrounds to determine what kinds of persons besides M.S.W.'s could be used as interviewers. These interviewers were to be employed at lower fees than the M.S.W.'s, but would still have to be effective interviewers and able to complete the scoring of the Goal Attainment Follow-up Guide. As one method of hiring interviewers, the follow-up supervisor obtained a list of recently graduated bachelor-degreed nurses from the University of Minnesota and contacted them, explaining the follow-up study and inquiring as to



their willingness to participate as follow-up interviewers. An orientation session was held with the nurses to fimiliarize them with Goal Attainment Scaling and the interview schedule. At least one of the experienced M.S.W. follow-up interviewers attended orientation sessions for the new follow-up interviewers whenever they were held. The nurses had, because of their professional training, some experience as interviewers. Payment was established at \$5 per completed interview for the first ten completed, and \$7.50 per completed interview after the initial ten. The five nurses hired were used in an interdisciplinary follow-up study in which each client was interviewed twice, each time by a randomly assigned R.N. or M.S.W.; these interviews were conducted (again, by random assignment) either in person or by phone. sults of this study are discussed in Section II of this chapter.

Another group of interviewers hired to participate in the same discipline comparison study were paraprofessional teacher's aides employed by the Minneapolis School System. The follow-up supervisor contacted several teacher's aides, giving much the same information as when the nurses were contacted. The teacher's aides were given the same orientation and instructional sessions, and were to be paid the same amount for completed interviews as the nurses. Although these orientation sessions provided adequate information to the nurses regarding the research study design and purpose, it is speculated that these sessions were not sufficiently explicit for the paraprofessionals. Of the four teacher's aides who were originally recruited, only two completed interviews and both were unable to score the follow-up guide with confidence. Because of their lack of understanding of the purpose of the research design and in some cases distatisfaction with the rate of pay, all four resigned of their own accord.

The nurses, who presumably had a better understanding of the purposes of the study and more adequate interviewing skills, were also unable to continue with the project for very long, primarily because many of them were employed by area hospitals and worked rotating shifts, and they lacked the time for interviewing. From May through August, 1972, only two of the original five nurses were available for interviews, and by August, all had resigned due to lack of time. It should be noted, however, that both the nurses and the teacher's aides, unlike the original followup team, were requested to make their own appointments for follow-up interviews.

Undergraduate students from the University of Minnesota were also employed as interviewers at the same payment rate offered to the teacher's aides and the nurses. The students' recruitment, however, unlike that of either the teacher's aides or the nurses, was by an advertisement for follow-up interviewers placed in the University of Minnesota's student newspaper. In light of the Project's experience with the teacher's aides, and the students' lack of past experience with interviewing, students' orientation was more intensive than that of previous groups. The or-

ientation involved explicit discussion of the interview schedule and the procedures for arranging interviews, and also included role playing, with the help of one of the experienced M.S.W. follow-up interviewers. The students proved to be thorough interviewers, although two of the original four who were hired had to resign because of other time commitments. The students were originally hired to follow up clients from the Crisis Intervention Center of Hennepin County General Hospital (See chapter on the Crisis Intervention Center in the P.E.P. Report, 1969-1973). Eventually they completed follow-ups for the four mode study as well. The students, like the teacher's aides and the nurses, were asked to arrange their own appointments for follow-up.

It is interesting to note that the interviewers who were asked to arrange their own appointments for follow-up (nurses and students) had as much difficulty locating the clients as the Program Evaluation Project follow-up staff, but because they were requested to do so from the start, it proved to be no problem. On the other hand, when the original team of follow-up interviewers (M.S.W.) were asked to arrange their own appointments for the interdisciplinary study, though they complied with this requirement, they found it to be an unwelcome burden.

The interdisciplinary reliability study compared not only different interviewer disciplines, but also compared in-person interviews with telephone interviews. Many of the experienced interviewers who had originally conducted only in-person interviews, found phone interviewing more difficult in terms of being able to score the Goal Attainment Follow-up Guide. Also, many of the experienced interviewers felt that a great deal was lost during the interview by not having a personal, face to face encounter with the client. The results of the study, however, showed little difference between interviews conducted in person and those done by phone, as reflected in the mean Goal Attainment scores. This study 1s discussed in detail in Section IIB of this report.

#### 3. Communications with Follow-up Interviewers

Throughout the Project's involvement with follow-up studies, when a new substudy was to begin that would in any way alter the usual requirements for follow-up, a meeting of the interviewers with the research staff was held to explain the new study and discuss any changes that it required in the interview schedule.

This method of communication with the follow-up interviewing staff proved to be very effective. An in-person meeting with all the interviewers also promoted consistency in interviewing methods and an exchange of ideas which would have been lost if communication was limited to individual contacts with interviewers via telephone or letter. The interviewers were paid for attendance at the follow-up staff meetings according to their usual rate of payment for completed follow-up interviews.



The only major issue with which all the interviewers were concerned was the element of confidentiality that resulted from the initiation of formal feedback to the Mental Health Service clinicians, in February of 1972. During the early phases of follow-up, the interviewers were notified that they could assume confidentiality of the follow-up interview, so that anything the client related regarding his therapist or therapy, would not in turn be related to his therapist. The interviewers were adament in honoring that promise to the client, and as a result, feedback data of these early follow-up interviews was reported to the Mental Health Service clinicians only in aggregate form, not by individual clients. From January, 1972 on, however, the interviewers no longer promised that the client's therapist would not be made aware of the results of the interview. This change seemingly had no effect on the clients' willingness to discuss their level of satisfaction/ dissatisfaction regarding the services at the Mental Health Service. The mean consumer satisfaction index score for the 426 clients followed up prior to January, 1972 was 76.18, as compared to the mean consumer satisfaction index score of the 265 clients followed up after January, 19/2, which was 77.50. Since the clients seemed satisfied with treatment when the therapists were made aware of the client's results, it was assumed that the clients would accept therapist involvement in the follow-up process. As a result, the Mental Health Service redesign evaluation (see chapter on the redesign, P.E.P. Report, 1969-1973) primarily involves the therapist as follow-up interviewer to insure immediate clinical feedback.

#### E. Implementation of Follow-Up

The criteria determining a client's eligibility for follow-up in the four mode study included: 1) a Goal Attainment Follow-up Guide completed by the intake interviewer after not more than two intake sessions, 2) the client's attendance at a minimum of two therapy sessions with his assigned therapist, and 3) a signed consent form. Accurate record-keeping of clients visits to the Mental Health Service was imperative to determine whether or not these three criteria were met.

#### 1. Tickler File

To help determine when clients were potentially eligible for follow-up, follow-up staff established a tickler file listing all clients due for follow-up during a given month. The cards for the file were completed by a member of the research staff immediately after a client's assignment to therapy. but the cards were not placed in the file until a follow-up guide had been completed. In the case of a late follow-up guide being completed and routed to the research office, the tickler card was completed with the prescribed date of follow-up indicated and included in the follow-up tickler file.

2. Determining Client Eligibility for Follow-up

To determine a client's eligibility for followup it was necessary to obtain course of therapy information from intake through the prescribed followup date. All clients for a given month were listed by a research staff member, who reviewed their Mental Health Service charts to determine intake interviewer, therapist, therapy mode, and number of times seen for treatment. This chart check served as a means of verifying the assignment as recorded by the research staff at the time of assignment, and also recognition of any transfers or terminations that were not reviewed by the Intake Committee. In the case of charts not available for review, a memo (see Appendix, page 45) was sent to the client's therapist asking him to indicate the number of times he'd seen the client, and how many more times he expected to meet with the client, if the client was still actively involved in treatment.

The original method of determining how many times and for what services a client was seen at the Mental Health Service was to collect daily copies of the Outpatient Department Transaction Record, filled out by the receptionists at the clinic desk. After February, 1970, however, the research staff recorded the new clients' visits on the Appointment Interviewer Worksheet. (See Appendix, page 42.) This process, it was hoped, would not only supply an indication of the number of therapy sessions, but would also provide a check on the study's requirement that a client be seen for no more than two intake interviews. (Verification on the number of each client's intake interviews was done bimonthly with ten randomly selected clients assigned to treatment via the Intake Committee. For those ten clients, an audit was done from the Mental Health Service chart to insure that the client was seen for not more than two intake interviews before being assigned to treatment. For all cases in the bimonthly audits, the limit of two intake interviews was observed 100 percent.)

According to the procedures begun in February, 1970 once client visit information was recorded, all of the Appointment Interviewer Worksheets were taken to the Intake Committee meeting (which formally assigned to treatment clients requesting services). Having the worksheets already filled out with the client name and hospital number was done to save time. However, due to the large number of clients who registered for services at the Mental Health Service but were never assigned to treatment via the Intake Committee (i.e., were terminated after intake or referred to another agency), the process of reviewing the Transaction Records was repetitious and time-consuming.

All clients due for follow-up in a given month were rechecked via their Mental Health Service charts to determine the actual number of times they were seen by their assigned therapist and whether or not they were still in treatment. It became clear that the onerous exercise of collecting and reviewing the transaction record was a redundant effort and was therefore discontinued. From then on, once the client was assigned, the Appointment Interviewer Worksheet was filled in at the Intake Committee meeting and became a permanent part of the client's Program Evaluation Project record.

#### 3. Consent Form

A third requirement for eligibility in the follow-up study was a signed consent form. (See Appendix, page 41.) The consent form was presented to the client at the time of registration for services. The Mental Health Service admissions clerk explained the study briefly and asked the client to cooperate with the follow-up interview. Since the client's contact with the admission clerk was usually before he/she had been seen for intake, a number of clients were anxious and hesitant to sign anything. If the consent form was not signed during the registration process, a consent form was sent to whichever therapist the client was later assigned, requesting that the therapist try once again to elicit the client's cooperation with the follow-up interview. It was left to the therapist's own judgment to decide when it would be appropriate to again explain the research study and request the client's signature. If the therapist had not seen the client, or if the client was st'll reluctant to sign, the blank form was returned to the research office two months after the time the client had been assigned to treatment.

If the consent form still wasn't signed at the time research staff were to contact the client for the follow-up interview, research staff then attempted to obtain verbal consent. Those agreeing were presented a copy of the form to sign at the outset of the follow-up interview. No client who had not signed the consent form or who had not verbally agreed to participate with the follow-up interview was approached by a follow-up interviewer. Of the clients who ultimately refused to participate in the interview, 24 had not signed the consent form at admission and 42 had initially signed consent forms, but refused to cooperate with the interview at the time of follow-up.

#### 4. Scheduling the Follow-Up Interviews

The follow-up interviewers prepared a monthly schedule of the times they were available for follow-up interviews and also an estimate of the number of interviews they could attempt that month. This information was useful to the research staff for predicting any need to increase the interviewing staff to accommodate the number of clients due for follow-up in the subsequent months.

Originally it was recommended that clients be randomly assigned to follow-up interviewers to prevent any assignment bias and to insure a balanced work load for all interviewers. This plan was ultimately abandoned since the follow-up interviewers were not reimbursed for mileage (unless mileage for one interview exceeded 50 miles, round trip) and preferred to work near their homes. Consequently, an attempt was made to minimize travel for the interviewers and random assignment to interviewer was not employed after approximately the first 100 follow-up interviews for the four mode study.

It was not always the case, however, that interviewers saw only clients who lived near their homes. Some clients were followed up at institutions such as Anoka State Hospital, the state prison, or the Hazelton Treatment Center, all of which are outside of the Minneapolis-St. Paul metropolitan area.

# 5. Locating Clients

One characteristic indicative of many clients seen at the Hennepin County Mental Health Service is transience. The follow-up date for clients could be set at anywhere from two months to two years from the date of assignment. For most clients, however, the date of follow-up was six months after date of assignment; if the intake interviewer indicated no preference for date of follow-up, it was automatically assumed to be six months. Even in six months, many clients were unlocatable at the address and phone number listed at the time of intake.

Most of the follow-up interview appointments for the four mode study were arranged with the client by a research staff member via telephone. For the interdisciplinary reliability study (See Section II of this report.) and other such studies, the interviewers were asked to arrange their own appointments. There were some cases in which interviewers made an impromptu visit to the home of clients who had no phone but who had previously signed the consent form.

If the client could not be reached at the phone number indicated at intake, a letter was sent from the research office requesting that the client phone the research office to schedule an appointment. If this letter came back to the office because the client was no longer at the address, the next course of action was to implement one or more of the following seven measures employed by the research staff to locate clients.

- a. If the client was still in treatment at the Mental Health Service, his therapist was contacted in case he might know of the client's address change. Therapists on occasion were requested to encourage the client to call the research office to schedule the appointment.
- b. A certified, registered letter was sent to the client's last known address. Certified mail is expensive (about \$1.30 per letter) but proved to be helpful on many occasions.
- c. Because the Project staff did not have a copy of the City Directory, which, unlike the telephone book, lists everyone living in the city, a liaison arrangement was set up with the city electric and oas companies. They listed their customers both by name and address. The Program Evaluation Project contacted the designated liaison for the utility company and requested a check for verification of address or phone number. This effort was soon abandoned because the utilities were unable to be of much help. Their directories listed only customers, and for the most part, clients utilizing



the Mental Health Service facilities did not own their own homes and often were not responsible for paying heating or electric bills. Also, in the case of multiple dwelling establishments, the owner listed by the utility company was very often a corporation rather than an individual landlord. Even if the utility companies could locate the client on their records, they often times listed the same address as the Program Evaluation "roject records, or the client had already left the recorded address with no forwarding address indicated.

- d. At the time of registration for services at the Mental Health Service, the clients were asked to list their nearest relative or friend who would probably know of their whereabouts in six months. This often was helpful, but it was surprising to note the number of parents, for example, who did not know the whereabouts of their children or were unwilling to disclose the information. All contacts made with persons other than the client himself were carried out without violating the client's right to confidentiality regarding his contact with Mental Health Service. Relatives or friends were told that the Outpatient Department of General Hospital was trying to locate the client, and even this information was offered only if the informant requested it. This same confidential approach was used while contacting employers or previous employers.
- e. If there was any indication in the client's Mental Health Service chart that he/she was receiving assistance from a public agency such as Welfare, Vocational Rehabilitation, etcetera, these agencies were contacted for address and phone information. Of these, the A.F.D.C. files and the Welfare master files were of most help.
- f. Some clients were involved with legal authorities at the time of intake (as noted on the Goal Attainment Follow-up Guide), which indicated the possibility of incarceration at the time of follow-up, a situation which made it difficult to contact the client directly. There was also on occasion an indication of a corrections officer involved with the client who, when contacted, was helpful in many cases. In a few instances the officers were able to arrange for a follow-up interview to be conducted at the county workhouse, city jail, state reformatory, or state prison. Both the liaison with the utility companies and with the Bureau of Investigation were arranged by the follow-up coordinator for the research project. Attempts at obtaining information from local draft boards were made on two occasions but because of the Boards' confidentiality policies, both contacts proved to be extremely timeconsuming and complicated, and though ultimately helpful, they preferred that the staff not contact them for this type of help.
  - g. On several occasions, clients were located

out of state. If they agreed to participate in an interview by phone, the follow-up interviewers placed a person-to-person call to them and were reimbursed by the Project for phone expenses. One attempt was made via letter to reach a client living in Israel, but this endeavor proved to be unsuccessful. Protection of the client's right to confidentiality was treated as a serious matter throughout the follow-up study and though the research staff's efforts to locate clients were extensive, no client ever reported being offended in any way.

For purposes of recording contact efforts made by the research staff and to have an ongoing record of interactions with the client regarding the follow-up interview, a Follow-up Appointment Interview Worksheet (see Appendix, page 42) was used to record all attempts to find each client. The worksheet also provided information regarding when follow-up interviewers were available as well as a notation of the confirmed appointment date and time. Once the client was either followed up or eliminated from the study, the worksheet became part of the client's Program Evaluation Project chart.

Most interviews were conducted in the client's home. If this was inconvenient or if the client desired greater confidentiality, the interview was scheduled at the Mental Health Service, the Program Evaluation Project office, or in a few cases, a public establishment such as a restaurant. As mentioned previously, for the initial contact with the client (to arrange the follow-up interview) more than one phone call was usually required before the client was successfully located.

#### F. Post-Interview Procedures

Most of the follow-up unit's time was spent in arranging interviews. Important to the research endeavor, however, was the assimilation of the data collected by the follow-up interviewers during their encounter with the client.

All follow-up packets were sent to the interviewer with a return envelope included. As soon after the interview as possible, the packet was scored by the interviewer and returned to the Program Evaluation Project office. The packet was reviewed by the follow-up supervisor and assistant supervisor to insure that all questions were answered, and that the Goal Attainment Follow-up Guide was scored. If the interviewer indicated any problems with either scoring the follow-up guide or answering any of the questions, the follow-up supervisor provided clarification.

# 1. Special Scorings: Collateral Interviews

Oftentimes some of the scales on the follow-up guides required checking with a source other than the client for verification of scoring, such as a collateral check with the client's corrections officer to verify how many times, if any, the client violated the regulations of his probation. This



kind of check was completed by the research staff after the completion of the follow-up interview.

Another common verification source for the scoring of a scale was the therapist, the number of times the client was actually seen for therapy and whether the client discontinued therapy with the therapist's consent or merely stopped coming to the Mental Health Service. This check was also completed by the research staff since it was preferable that the follow-up interviewer remain unaware of the client's therapist or therapy mode.

Another verification check that was sometimes required was the report of the client's spouse or employer. This type of check was completed by the follow-up interviewer, if the client agreed to the contact by signing the Collateral Consent Form. (See Appendix, page 43.)

# 2. Special Scorings: Tests

Some scales also required the client to complete the Minnesota Multiphasic Personality Inventory at the time of follow-up. In the cases for which the Minnesota Multiphasic Personality Inventory was required, it was sent to the follow-up interviewer with the follow-up packet, and the interviewer requested that the client complete it as soon as possible after the interview and return it to the research office. A note was made in the client's Mental Health Service chart that the Minnesota Multiphasic Personality Inventory had been completed. The follow-up Minnesota Multiphasic Personality Inventory was a permanent part of the client's Program Evaluation Project record and a copy of it was provided to the therapist or any other clinician upon request.

In a few cases, the Mental Status Exam was administered at the time of follow-up and for these cases an M.S.W. follow-up interviewer who was familiar with the exam, was assigned the follow-up interview. For one client the Weschsler Adult Intelligence Scale subtest 5, "Memory Digit Span" was required at the time of follow-up.

In the case of any scales which were unscorable at the time of follow-up, (e.g., the client refused to complete the Minnesota Multiphasic Personality Inventory, or refused to discuss certain problem areas), the scales were eliminated from the follow-up guide and not used in the computation of the Goal Attainment score. Some scales were inappropriate at the time of follow-up if they referred, for example, to educational progress and the client was not in school but employed full-time instead. These scales, if unscorable according to the interviewer, were also eliminated from the Goal Attainment score. Among the 708 follow-up cases including 2507 scales, only 81 scales (3.2%) were considered unscorable.

Once the packet was reviewed and the scales scored, the completed follow-up was noted and the packet placed in the Program Evaluation Project data file. Soon after the completed interview,

the follow-up packet was coded (See chapter on four mode study procedures in the P.E.P. Report, 1969-1973.) for keypunching and submitted for inclusion on the Program Evaluation Project computer tape file. (See chapter on Computer Information Systems in the P.E.P. Report, 1969-1973.)

# 3. Clients Eliminated from Follow-Up

Clients were eliminated for a variety of reasons, as indicated on the Elimination Code Sheet. (See Appendix, page 44.) Only part of the group of clients non-randomly assigned to treatment were followed-up, because of budgetory limits. Those followed-up of this group were selected at random. Clients who refused to participate in the follow-up interview were also eliminated, as well as those who could not be located by the research staff at the time of follow-up.

It was further determined that the latest a client could be interviewed was six months after the follow-up date prescribed by the intake interviewer, because the goals were established to be appropriate at a specific follow-up date. It was quite common, however, not to be able to locate a client until well after the prescribed follow-up date.

Inability to locate was the most frequent reason for elimination. Of the 2,096 clients for whom a Goal Attainment Follow-up Guide had been completed, 1,388 were eliminated from follow-up for various reasons. Two hundred and twenty-three (10.5% of the clients with follow-up guides) could not be located by the research staff at the time of follow-up.

A client was eliminated from the follow-up study as an assumed refus, if he failed to keep three consecutive scheduled follow-up appointments. Approximately 15 percent of all scheduled appointments for a given month were failed by the client on the first scheduling. Of the 1,388 clients eliminated from follow-up, 66 (4.32%) were considered refusals. (See Table II on following page.)

Originally the elimination of clients was determined by an elimination committee consisting of the Project's assistant director, follow-up supervisor, and assistant supervisor. This committee was dissolved at the end of the first year of active follow-ups. The elimination decision was then made by the research staff member responsible for attempting to locate and contact the clients, who was best acquainted with the case and thus able to determine the reason for elimination.

# G. Estimates of Time and Cost Expenditures for the Follow-Up Unit

In December, 1971, the research staff initiated a time study to determine the approximate staff time invested in follow-up. The audit involved record keeping of time spent on 1) determining eligibility for the 100 clients "potentially" eligible for that month, 2) locating the 33 clients se-



TABLE II: Elimination from Follow-Up

(1388)	
REASONS FOR ELIMINATION	NUMBER ELIMINATED
Goal Attainment Follow-Up Guide	_
Follow-up guide completed after client entered treatment	2
Client previously included in study and followed up	2
Invalid follow-up guide	16
Course of Therapy	
Zero therapy sessions completed in assigned therapy mode	216
One therapy session completed and client terminated from treatment	205
Other	2
Client Consent	
Client refuses to sign Program Evaluation Project consent	24
Client has signed consent but re- fuses interview at time of follow-u	ıp 39
Other	3
Client Cannot Be Contacted	
Client deceased at lime of follow-u	ıp 5
Client has moved out of state	27
Client has moved out of metro area and is not reachable	20
Program Evaluation Project unable t locate client	:o 171
Low Priority for Follow-Up	
Random assignment to major modes	10
Nonrandom assignment to major modes	<b>2</b> 52
Nonrandom assignment to minor modes	202
Assignment to termination	181
<u>Other</u>	
Random client eligible for follow-u but eliminated on the basis of cost	
Followed up but eliminated due to unscorable follow-up guide	2
Other	5

!ected for follow-up, 3) preparing the packets for mailing, 4) informing the interviewer of the scheduled appointment, 5) mailing the packets, and 6) review of the completed interview packets.

Twenty hours were required to determine that 33 of the 100 clients had completed a minimum of two therapy sessions. The average number of contacts needed to successfully locate the client to arrange an interview was five. Such attempted contacts included phone calls, letters, and discussions with employers, welfare and so on. The mean time spent

in locating each client was 25 minutes. Preparation of the interview schedule, including duplication of the Goal Attainment Follow-up Guide and preparing it for mailing, also required 25 minutes per client. Only five minutes was spent contacting the follow-up interviewer to confirm the appointment for each interview. For each client eligible for follow-up, approximately one hour was needed to arrange the appointment and prepare the follow-up packet for the interview. When a client failed a scheduled appointment, the interviewer contacted the research office and an attempt was made to reschedule the appointment. The above estimation of time expenditure includes any rescheduling necessary to complete the follow-up interviews.

#### 1. Cost Figures, Follow-Up Interviewers

The Program Evaluation Project was involved in follow-up interviewing from June, 1970 through the end of November, 1973. As mentioned previously, a variety of interviewers were employed through the years of the project, with varying salary rates. The following figures, based on annual expenditures, consistently include reimbursements paid to the follow-up interviewers for both completed and failed interviews and are included here as hopefully relevant for budgeting estimations for similar follow-up programs, given the types of interviewers employed by the Program Evaluation Project and the number of interviews completed over the past four years.

During the months of June through December, 1970, 107 interviews were completed. The total cost for interviewing time was \$1,915 and during this time, only M.S.W.s were employed as follow-up interviewers. Mean cost per completion was \$17.90.

Mid-year, 1971, bachelor-degreed nurses and teachers' aides were added to the interviewing staff at a rate of payment less than what of the 11.S.W.s. Also, in 1971, the follow-up unit began conducting follow-up interviews for the Crisis Intervention Center of Hennepin County General Hospital, after the Center implemented Goal At imment Scaling in July. (See chapter on the C isis Intervention Center in P.E.P. Report, 1969-1973.) By the end of 1971, 38 follow-ups had been completed for the Crisis Intervention Center at a total cost of \$690, or 9.66 percent of the year's total expenditures for interviewing time of \$7,143.46. The total number of followup interviews completed for the Mental Health Service was 420, with a resulting cost of \$6,453.46 or 90.34 percent of the year's total The mean cost per completed interview was \$19.21 for the Crisis Intervention Center, \$16.37 for the Menta? Health Service, and \$15.60 overall.

The total cost of follow-up interviews for 1972 was \$5,677. Added to the aforementioned follow-up staff were B.A. social workers and undergraduate students from the University of Minnesota. Telephone interviews were initiated late in 1971 and continued throughout 1972. The M.S.W.s re-

ceived \$10 for completed phone interviews and all other interviewers received \$6, resulting in an expense decrease. No payment was made for failed phone interviews.

The total cost of the 299 interviews completed for the Mental Health Service was \$3,897.50, or 68.65 percent of the total follow-up expenses in 1972 (mean cost per interview \$13.04) and for the Crisis Intervention Center's 57 follow-ups, \$671.50 or 11.83 percent of the 1972 total.

In March of the same year, follow-up began for the drug effectiveness study comparing valium and psychotherapy, a joint venture of the staffs of the Mental Health Service and the Program Evaluation Project. Because of the nature of the study, only the experienced (those hired prior to March of 1971) interviewers were to conduct the follow-up interviews. Each client included in the study required three separate follow-up interviews at three weeks, two months, and six months after beginning treatment. Payment for completion of the drug study follow-ups was set at \$17.50 because of the increased time involvement necessary for the client and the interviewer to complete the Self-Rating Symptom Scale and the Brief Psychiatric Rating Scale respectively at the end of the interview. During the months of March through December, 56 drug study follow-ups were completed at a total cost of \$1,108 or 19.52 percent of the expenditures for interviewing time for 1972, at a mean cost of \$19.78 per interview.

The Project ceased data collection for the four mode study in November of 1972 with the advent of the Mental Health Service re-design program the same month. (For details, see chapter nine in the P.E.P. Report 1969-1973.) Thus, follow-up expenditures for 1973 were significantly less than the previous years. The drug study continued through 1973 with the completion of 21 interviews at a resulting cost of \$352.80 or 36 percent of the year's total expenditures for interviewing time of \$1056.50. The final 33 interviews for the four mode study cost \$352.80 to complete or 34 percent of the year's total. In February the Program Evaluation Project began follow-up for the Guide to Goals study (See chapter on varieties of Goal Attainment Scaling in the P.E.P. Report 1969-1973.) for the Hennepin County Day Treatment Program and completed 34 interviews for a total cost of \$321.20 or 30 percent of the year's total.

# 2. Summary

During the four years of the Program Evaluation Project, 1128 follow-up interviews were completed totaling \$15,791.98 with the average cost per interview of \$13.99. The mean number of interviews completed per year was 282 with a mean of \$3,948 expended per year for follow-up interviewers' salaries.

#### H. Recommendations

A great deal of experience has been accumulated by the research staff during the course of organizing and implementing the follow-up study for the Program Evaluation Project. In mid-1973, the follow-up unit asked some of the follow-up interviewing staff for comments and recommendations for follow-up. The following were offered by followup interviewers experienced with scoring the Goal Attainment Follow-up Guides and the author.

#### 1. Confidentiality

It is important to keep in mind a client's rights with regard to confidentiality of services received, especially in the area of mental health. While attempting to locate clients to arrange a follow-up interview, the research staff, and in some cases the follow-up interviewers, always identified themselves to the client, but when talking to other persons (i.e., employers, relatives, friends, and so forth), the identification and reason for calling were handled as discreetly as possible. Letters were often sent to the client's last known address if they were unlocatable by phone, and in all cases clients for whom an appointment had been scheduled received a letter of reminder a day or two prior to the interview. All correspondence was sent without a return address identifying either the Program Evaluation Project or the Mental Health Service. At times this discreetness turned into folly as in the case of a certified letter sent to one client who assumed the follow-up interviewer to be a bill collector and avoided responding to either phone calls or letters. In due time, however, the misunderstanding was cleared up and the interview completed as prescribed.

#### 2. Privacy

Closely related to the area of confidentiality is the need for privacy in conducting the actual interview. This, above all else, was the recommendation of the follow-up interviewers. One interviewer commented that he had conducted interviews in cars, basements, front steps, gas stations, bars, back yards, and offices, to name a few, and preferred all of these to a lack of privacy. (Besnett, 1973) This recommendation is mostly for the protection of the client, but also relates to accurate data collection in lieu of a client's possible unwillingness to be candid if the interview is being witnessed by friends, parents, children, or a spouse.

Though the phone interviews completed during the course of the Project resulted in no significantly different Goal Attainment scores than those scores obtained through in-person interviews (See Section IIB of this report.), follow-up interviewers felt clients were more guarded in their responses. Phone interviews, though less expensive to complete, are not always conveniently private for the client, and may affect the client's openness and willingness to discuss problem areas delineated by the Goal Attainment Follow-up Guide.

# 3. Quality of Follow-Up Guide Construction

A system for assessing the utility of the Goal Attainment Follow-up Guide was completed by Gar-



wick and Grygelko (See chapter on assessment of the Goal Attainment Follow-up Guide, P.E.P. Report 1969-1973.) and discussed elsewhere but it is appropriate to mention here one of the most frequent difficulties follow-up interviewers had to cope with while scoring the Goal Attainment Follow-up Guide. Though the research staff did attempt to clarify the content of follow-up guides in negotiations with the follow-up guide constructors, the mixing of two or more variables per scale level made some scales impossible to score at the time of follow-up if the two behaviors did not vary together over time.

A suggestion for alleviation of the problem would be to employ follow-up guide constructors as follow-up interviewers, if at all possible. The same experience could be realized from role playing or other techniques that would involve the follow-up guide constructors in the role of follow-up interviewer (i.e., knowing nothing about the client except perhaps age, sex, marital status, and those areas delineated by the Goal Attainment Follow-up Guide). This experience of role reversal would, it is hoped, emphasize the desirability of clear, succinct, and behaviorably observable statements for inclusion on the Goal Attainment Follow-up Guides.

#### 4. Training of Follow-up Interviewers

Familiarizing the follow-up interviewers with Goal Attainment Scaling is necessary to insure accurate scoring of the Goal Attainment Follow-up Guides. An interviewer procedures manual (Audette and Garwick, 1973) was developed which delineates the rudiments of accurate scoring of the Goal Attainment Follow-up Guides. One of the primary requests made of the interviewers was that they score the Goal Attainment Follow-up Guide independently, without collaboration with fellow followup interviewers. Because data collected for this study was based heavily on follow-up interviewing, it is important that the interviewers be prepared to elicit accurate information without alienating the client during the interview. Interviewers were paid for their attendance at training seminars, and that cost was incorporated into the annual mean cost per interview reported above.

Though it is true that good follow-up data is dependent upon well constructed follow-up guides, it is also important to remember that well trained follow-up interviewers are a key factor in the collection of outcome data for any follow-up study.

# II. <u>Special Studies Undertaken by the Follow-up</u> Unit

The major part of the follow-up program from 1969 to 1973 was devoted to the collection of data for the original study comparing four modes of mental health treatment. However, the follow-up unit was involved with a number of other smaller studies each of which supplied additional information about

the follow-up process. These are discussed in the following section. (In this section, correlation coefficients and differences in means are considered to be not statistically significant unless they remain the p < .05 level.)

#### A. The Original Reliability Study

# 1. History of the Original Reliability Study

A requirement of the original National Institute of Mental Health funding to the Program Evaluation Project was that the research staff complete two "reliability studies" concurrently with the main evaluation at the Mental Health Service.

These two largely separate reliability studies were combined into one overall research design in such a manner that both studies could be carried out simultaneously. (They are discussed in detail in the chapters on reliability in the <u>P.E.P.</u> Report, 1969-1973.)

#### The Follow-Up Guide Construction Reliability Study

The purpose of this study was to measure the consistency (as measured by the degree of similarity in Goal Attainment scores obtained at the time of follow-up) between two follow-up guide constructors (a client's intake interviewer and his assigned therapist) who independently constructed follow-up guides for the same client at approximately the same point in time.

#### b. The Follow-Up Reliability Study

This study was designed to measure the consistency (again as measured by the Goal Attainment scores) of two follow-up interviewers, who independently but at approximately the same point in time, scored the follow-up guides constructed for a particular client.

# 2. Implementation of the Study

The study began in May, 1970. Fifty clients were to be included in the study, 25 randomly assigned to treatment and 25 nonrandomly assigned to treatment. It was assumed that there would be some attrition from the desired number of 50 and that complete data on at least 40 clients would be sufficient for the completion of the study.

The reliability study was officially closed on October 1, 1972, with the completion of 44 dual follow-up interviews (26 random and 18 nonrandom assignments to treatment). Throughout the study, intake and therapist Goal Attainment Follow-up Guides were requested for 164 clients. Of these, a total of 84 subjects were actually accepted into the study. Table III reports the reason for elimination of the 40 clients not included in the sample. (See chapters on reliability in the P.E.P. Report, 1969-1973.)

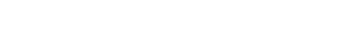




TABLE III: Eliminations from Original Reliability Study

		FIRST INTERVIEW	SECOND INTERVIEW	<b></b>
tion	UNLOCATABLE	12	5	
Elimination	REFUSED -	8	7	
Reason for	ADMINISTRATIVE REASONS, e.g. Invalid Fallow-up Guide	1	7	

#### 3. Summary of the Data

The mean number of days between the first and second interview was 25 and in no case was the first and second interview conducted by the same follow-up interviewer. The greatest number of days between the two interviews was 67 and the shortest time elapsed between the first and second interviews was five days.

The Pearson Product Moment correlation coefficient was employed to determine the relationship between the difference of the Goal Attainment score for the first and second interviews, and the length of time (in days) between first and second interview. Two separate correlations

were derived: 1) for the difference in Goal Attainment scores for the intake Goal Attainment Follow-up Guides, which equals -.193, and 2) for the difference in scores for the therapist Goal Attainment Follow-up Guides, which equals .059. The assumption drawn from the results of this computation is that the length of time between the first and second follow-up interviews had no significant effect on the difference of the Goal Attainment scores from the two interviews.

Table IV reports the mean and standard deviations for the Goal Attainment scores from the intake Goal Attainment Follow-up Guid's and therapist Goal Attainment Follow-up Guides for the first and second interviews. Computation of the

TABLE IV: Mean Goal Attainment Scores for Both Follow-Ups and Both Guides, By Number of Days Between Follow-Ups

Number of Days between First and Second Interview:	5 - 14	15 - 29	30 - 44	45 - 67	TOTAL
Number of Subjects	N = 12	N = 17	N = 11	N = 4	N = 44
FIRST INTERVIEW					
In. e Interviewer Mean Goal Attainment Score	45.55	50.97	47 .61	50.62	48.62 S.D.=9.18
Therapist Mean Goal At- tainment Score	48.13	55.56	47 . 53	54.77	51.45 S.D.=9.84
SECOND INTERVIEW					
Attainment Score	44.68	51.87	51.99	50.63	49.83 S.D. <del>7</del> 11.18
Therapist Mean Goal At- tainment Score	49.04	55.68	54.91	54.57	53.57 S.D.=8.89



two tailer T-test yielded no significant differences between the Goal Attainment scores for first and second interviews. (See Table V.)

TABLE V: Goal Attainment Score Analysis for First and Second Interviews

	INTAKE GUIDE	THEFAPIST GUIDE	OVERALL
FIRST INTERVIEW	N = 14	N = 44	N = 88
	x = 48.62	x = 51.45	$\vec{x} = 50.04$
	S.O. n 9.18	S.D. = 9.84	S.D. = 9.57
	S.E. • 1.38	S.E. = 1.48	S.E. = 1.02
SECOND INTERVIEW	H = 41	N - 44	N = 88
	x = 49.83	X = 53.57	x = 51.70
	S.D. = 11.18	S.D. = 8.90	S.D. = 10.22
	S.E. = 1.69	S.E. = 1.34	S.E. = 7.09
OVERALL MEAN	N = 88	N = 88	N = 176
OF FIRST AND SECOND	x = 49.22	x = 52.51	x = 50.87
INTERVIEWS	S.D. = 10.19	5.0. = 9.39	S.D. = 9.91
	S.E. = 1.09	S.E 1.00	S.E. = .75

Figures 'I and III report the distribution of Goal Attainment scores from the first and second follow-up interviews, intake and therapist constructed follow-up guides. (See next page.)

#### 4. Consumer Satisfaction

Table VI reports the consumer satisfaction information collected during the first and second interviews. At the outset of the study it was assumed that it was not necessary to collect consumer satisfaction information during the second interview. The decision was reversed once the consumer satisfaction questions were deemed more valuable for data comparisons. Unfortunately, not all clients, during the second interview, were asked to respond to the consumer satisfaction questions. The dual follow-up interview procedure did not negatively affect the clients' evaluation of services received while at the Mental Health Service as can be seen in Table VI.

TABLE VI: Consumer Satisfaction Results for the Clients in the Original Reliability Study

	Very positive, very willing	Positive, somewhat willing	Indifferent	Negative, somewhat ambivalent	Yery negative, very ambivalent	No answer
First Interview	9 20.45%	23 52.27%	2 4.54%	9 27.45%	1 2.27%	*********
Second Interview	14 31.82%	22 50.00%	2 4.541	2 4.54%		4 9.09%
Did you	have any problem	s getting service at	the Mental Heal	_, vicei		
	No	Yes	No answer			
First Interview	35 79.54%	9 20.451	*******			
Second Interview	34 77.27%	6 13.64%	4 9.091			
. How sati	isfied were you w	ith the services you	received?			
	Very satisfied	Satisfied	Indifferent	Dissatisfied	Very dissatisfied	No answer
First Interview	17 38.64%	13 6.82%	4 9.09%	9 20.45%	1 2.27%	
Second Interview	13 29.54%	14 31.82%	7 15.91%	5 11.36%	1 2.27%	4 9.09%
Interview		<del></del>	<del></del>	5 11.36%	2.271	4 9.09*
Interview	feel differently	about your problems no	ow?			
Interview		<del></del>	<del></del>	5 11.361 Worse	1 2.27x	4 9.09x
Interview	feel differently	about your problems no	ow?			
Interview  Do you t	feel differently Pluch better 18 40.91x	about your problems no	Same	Worse		
Interview  Do you :  First Interview  Second Interview	Nuch better  18 40.91x  16 36.36x	about your problems no  Better  21 47.731	Same 5 il.36X 4 9.09X	Worse	Much worse	No answer
Interview  Do you :  First Interview Second Interview	Nuch better  18 40.91x  16 36.36x	about your problems no  Better  21 47.731	Same 5 il.36X 4 9.09X	Worse	Much worse	No answer
Interview  Do you :  First Interview Second Interview	Pluch better  18 40.912  16 36.363  attribute this ch	Better  21 47.73%  24 54.54%  ange or lack of change	Same  S i7.36%  4 9.09%  e to treatment at  Not for must	Worse	Much worse	No answer

INTAKE INTERVIEWER CONSTRUCTED FOLLOW-UP GUIDE

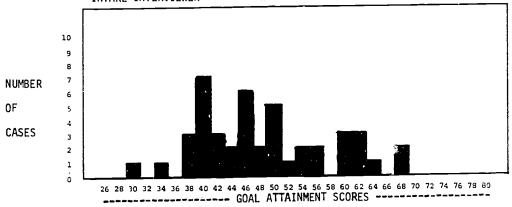


FIGURE II: Distribution of Goal Attainment Scores, Intake and Therapist Follow-up Guides

FIRST INTERVIEW

THERAPIST CONSTRUCTED FOLLOW-UP GUIDE 10 9 8 NUMBER 7 6 0F 5 4 CASES 3 2 1 0 26, 28 30 32 34 36 38 40 42 44 46 48 50 52 54 56 58 60 62 64 66 68 70 72 74 76 78 50

FIGURE III: Distribution of Goal Attainment Scores, Intake and Therapist Follow-up Guides

SECOND INTERVIEW

NUMBER OF

CASES

INTAKE INTERVIEWER CONSTRUCTED FOLLOW-UP GUIDE

10
9
8
7
6
5
4
3
2
1
0
26 28 30 32 34 36 38 40 42 44 46 48 50 52 54 56 58 60 62 64 66 68 70 72 74 76 78 80
GOAL ATTAINMENT SCORES

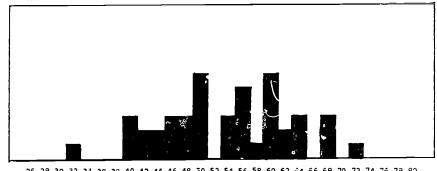
THERAPIST CONSTRUCTED FOLLOW-UP GUIDE

NUMBER OF CASES 10 9 8

6

5

2 1 0



26 28 30 32 34 36 38 40 42 44 46 48 30 52 54 56 58 60 62 64 66 68 70 72 74 76 78 80



### 1. History of the Study

The purpose of this study was to determine scoring consistency between follow-up interviewers of different academic and professional backgrounds and, secondly, consistency between in-person and telephone interviews as measured by the Goal Attainment score. Originally teachers' aides as well as social workers and nurses were to be included in the study, but it was decided that use of teachers' aides was not feasible. Consequently, the research design was modified to include only nurses and master's level social workers.

#### 2. Study Design

A randomly selected sample of clients who were nonrandomly assigned to treatment via the Mental Health Service intake committee and who had received a minimum of two therapy sessions were included in the study. They were assigned by means of a random card deck to one of the 16 cells shown in Table VII. An attempt was made to interview each client twice, the type of interview and interviewer being determined by the cell to which the client was assigned.

TABLE VII: Discipline of the Interviewers for the Interdisciplinary Reliability Study

# SECOND INTERVIEW

	RN in person	RN phone	MSW in person	MSW phone	TOTAL
RN-in person	2	3	4	6	15
RN phone	3	2	4	4	13
MSW-in person	3	2	1	2	8
MS₩ phone	8	6	4	6	24
Total	16	13	13	18	60

For this study, follow-up interviewers were asked to arrange their own appointments. The mean number of days between the first and second interviews was 27 and in no case was the first and second interview conducted by the same interviewer.

# 3. Completion of the Study

The original design was planned for a total of 80 subjects to be interviewed twice, five in each of the 16 cells. In all, 141 clients were included in the study over a ten month period. Of these, 60 were interviewed twice and the remaining 81 subjects were eliminated from the study for the following reasons: 57 clients were unlocatable for either the first or second interview; 18 clients refused to cooperate with either the first or second interview, and 6 clients were eliminated for administrative reasons, e.g., no access to telephone, deceased, or invalid follow-up guide. Table VII shows the distribution among the cells of the 60 subjects who participated in the two follow-up interviews.

#### 4. Presentation of the Data

The overall mean (combining first and second interviews) of the 52 in-person interviews is equal to 50.22, and the overall mean of the 68 phone interviews is equal to 52.90. The overall mean (combining first interview and second interview) of the 63 interviews, completed by the social workers is equal to 50.96, while the overall mean for the 57 interviews completed by the nurses is equal to 53.24.

Tables VIII through XI present the means and standard deviation for mode of interview as well as types of interviewers across first and second follow-ups. Also included is the correlation coefficients, (Pearson) and the results of the two-tailed T-test computed to determine significant differences in the means. None of the differences in means reached the  $\rho > .05$  level of significance.

The correlation coefficients for all combinations of interviewers were moderately high. The overall correlation of first interview and second interview (N=60) is equal to .65, and the correlation between in-person and phone interviews (N=31) is equal to .66. The correlation between scores derived by M.S.W.s for the first interview and M.S.W.s for the second interview (N=13) equals .61. The first interview by R.N. and second interview by R.N. (N=10) yielded a correlation coefficient equal to .57. For first interviews completed by M.S.W.s and second interviews completed by R.N.s (N=19) correlation of Goal Attainment scores was equal to .59. For the first interview completed by R.N.s and the second interview completed by M.S.W.s (N=18), the correlation is equal to .80.

#### 5. Conclusions

The advantage of phone interviewing is that it is less expensive to complete, as was mentioned in Section I, part 4 of this report, and thus allows for the possibility of completing more interviews for less money. The information gathered from the interdisciplinary, phone versus in-person study

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TABLE VIII: Mean Goal Attainment Scores for First and Second Interviews
According to Mode of Interview

	FIRST INTERVIEW	SECOND INTERVIEW	OVERALL MEAN
IN PERSON	N = 23; Mean = 47.78	N = 29; Mean = 52.66	N = 52; Mean = 50.22
	S.D. = 8.75	S.D. = 14.40	S.D. = 2.36
	S.E. = 1.82	S.E. = 2.67	S.E. = 1.71
PHONE	N = 37; Mean = 53.64	N = 31; Mean = 52.17	N = 68; Mean = 52.90
	S.D. = 12.65	S.D. = 10.89	S.D. = 11.82
	S.E. = 2.08	S.E. = 1.96	S.E. = 1.43
TOTAL	N = 60; Mean = 50.71	N = 60; Mean = 52.42	N = 120; Mean = 51.5
	S.D. = 11.61	S.D. = 12.60	S.D. = 12.15
	S.E. = 1.50	S.E. = 1.63	S.E. = 1.11

# T-Test Results:

First Interview, phone vs. in person:

 $\rho = > .01$ 

Second Interview, phone vs. in person: In Person, first interview vs. second interview: Phone, first interview vs. second interview:

No significant difference No significant difference No significant difference

Correlation: first interview and second interview = .646

TABLE IX: Mean Goal Attainment Scores for First and Second Interview According to Discipline of Interviewers

	FIRST INTERVIEW	SECOND INTERVIEW	OVERALL MEAN	CORRELATION
SOCIAL WORKER	N = 32; Mean = 50.02 S.D. = 12.59 S.E. = 2.23	N = 31; Mean = 51.36 S.D. = 12.91 S.E. = 2.32	N = 63; Mean = 50.69 S.D. = 12.66 S.E. = 1.60	. 609
REGISTERED NURSE	N = 28; Mean = 52.96 S.D. = 10.33 S.E. = 1.95	N = 29; Mean = 53.52 S.D 12.39 S.E. = 2.30	N = 57; Mean = 53.24 S.D. = 11.33 S.E. = 1.50	. 571
TOTAL	N = 60; Mean = 51.49 S.D. = 11.59 S.E. = 1.50	N = 60; Mean = 52.44 S.D. = 12.60 S.E. = 1.63	N = 120; Mean = 51.96 S.D. = 12.06 S.E. = 1.10	. 646

# T-TEST RESULTS:

Social Worker, first interview vs. second interview: Nurse, first interview vs. second interview: First Interview, social worker vs. nurse: Second Interview, social worker vs. nurse: No significant difference No significant difference No significant difference No significant difference

TABLE X: Breakdown of Mean Goal Attainment Scores for <u>Registered Nurses</u> by Mode of Interview and Order of Interview

	FIRST INTERVIEW	SECOND INTERVIEW	OVERALL MEAN
IN PERSON	N = 15; Mean = 49.57 S.D. = 8.22 S.E. = 2.12	N = 16; Mean = 53.09 S.D. = 13.93 S.E. = 3.48	N = 31; Mean = 51.33 S.D. = 11.48 S.E. = 2.06
PHONE	N = 13; Mean = 56.87	N = 13; Mean = 54.05	N = 26; Mean = 55.46
	S.D. = 11.42	S.D. = 10.73	S.D. = 10.95
	S.E. = 3.17	S.E. = 2.98	S.E. = 2.15
TOTAL	N = 28; Mean = 53.22	N = 29; Mean = 53.52	N = 57; Mean = 53.39
	S.D. = 10.30	S.D. = 12.39	S.D. = 11.33
	S.E. = 1.95	S.E. = 2.30	S.E. = 1.50

# T-TEST RESULTS:

In Person, first interview vs. second interview: Phone, first interview vs. second interview: First Interview, in person vs. phone: Second Interview, in person vs. phone: No significant difference No significant difference p > .01 No significant difference

Correlation: first interview, R.N. and second interview, R.N. = .571

TABLE XI: Breakdown of Mean Goal Attainment Scores for Masters Degree
Social Workers According to Mode of Interview and Order of Interview

	FIRST INTERVIEW	SECOND INTERVIEW	OVERALL MEAN
	N = 8; M .n = 44.43	N = 13; Mean = 52.12	N = 21; Mean = 48.27
IN PERSON	S.D. = 9.25 S.E. = 3.27	S.D. = 15.51 S.E. = 4.30	S.D. = 13.74 S.E. = 3.00
	N = 24; Mean = 51.89	N = 18; Mean = 50.81	N = 42; Mean = 51.42
PHONE	S.D. = 13.16 S.E. = 2.69	S.D. = 11.11 S.E. = 2.62	S.D. = 12.19 S.E. = 1.88
707.11	N = 32; Mean = 48.16	N = 31; Mean = 51.46	N = 63: Mean = 49.81
TOTAL	S.D. = 12.59 S.E. = 2.23	S.D. = 12.91 S.E. = 2.32	S.D. = 12.66 S.E. = 1.60

# T-TEST RESULTS:

In Person, first interview vs. second interview: Phone, first interview vs. second interview: First Interview, in person vs. phone: Second Interview, in person vs. phone:

No significant difference No significant difference No significant difference No significant difference

Correlation: first interview by social worker and second interview by social worker = .609



suggests that there is no significant difference in mean Goal Attainment scores between two types of interviews or between the two types of interviewers whose scorings correlate in the .59 to .80 range.

# C. Follow-up Study: Hennepin County Crisis Intervention Center Comparing Professional and Non-Professional Interviewers

#### 1. History of the Study

The research design for the Crisis Intervention Center follow-up study involved two main procedures: a sampling procedure of walk-in clients for inclusion in the study and, secondly, the construction of a Goal Attainment Follow-up Guide using contract fulfillment, wherein the intake interviewer and the client negotiated mutually acceptable therapy goals. (See chapter on Crisis Intervention Center of the P.E.P. Report, 1969-1973.)

Every 15th walk-in client at the Crisis Intervention Center had a Goal Attainment Follow-up Guide constructed for his case. In total 303 guides were constructed and of these, 109 were followed up. Prescribed follow-up time was three weeks from the date of initial contact with the Center. Very few clients, however, were located before or on the suggested date of follow-up. This was due mostly to the transience of the population and also the fact that many clients had very short or one time contacts with the Center. The clients often left no permanent address or a temporary address which was no longer applicable at the time of follow-up.

# 2. Implementation of Follow-Up

Three types of follow-up interviewers were employed for the completion of this study, including the Program Evaluation Project's experienced master-level social workers, undergraduate university students, and registered nurses. The interviews were conducted in person when possible, and via telephone only in cases when an in-person interview was not possible. Only one interview was conducted by an R.N., and of the remaining 108 interviews completed, 31 or 28.44% were conducted by undergraduate students (juniors and seniors majoring in the social sciences), and 77 or 70.64% were completed by the M.S.W.s. If clients had more than one contact with the Crisis Intervention Center, they were seen for follow-up more than once. However, each interview evaluated a different set of treatment goals as indicated on separate Goal Attainment Follow-up Guides. Of the 109 interviews completed, only 104 different clients were actually seen for follow-up.

# 3. Results of the Study

For analysis, the one interview conducted by the registered nurse has been included in the "inexperienced student interviewer" category, due

to the fact that she was not an experienced follow-up interviewer with the Program Evaluation Project.

Computation of the two-tailed T-test indicated that the difference in mean Goal Attairment scores between professional and nonprofessional interviewers, and the differences in mean Goal Attairment scores for in-person and telephone interviews did not reach the p<.05 level of significance. Table XII reports the score analysis of the 109 follow-up interviews completed, and Figure IV reports the distribution of the 109 Goal Attairment scores.

# D. Follow-Up of Clients Terminated Before Receiving Treatment from the Mental Health Service

# 1. Introduction to the Study

This study originated for the purpose of determining how clients who received no therapy after intake or who were recommended for treatment but never returned to participate in the assigned therapy at the Mental Health Service, scored on their Goal Attainment Follow-up Guides.

# 2. Implementation of the Study

Thirty-five clients were followed up for the study. Of these, 17 were terminated with no recommendation for further treatment and 18 were assigned to treatment but did not return after their initial intake interviews. These two categories represent 4.9% of the 708 clients followed up, and except for the purposes of this substudy, would not have ordinarily been followed up.

As a result of the two kinds of termination assignments, it is assumed that two different types of Goal Attainment Follow-up Guides were constructed by the intake interviewers. For the first type, goals were established as appropriate assuming the client would receive no further treatment at either the Mental Health Service or elsewhere, and for the second group, goals were established with the assumption that the client would receive treatment at the Mental Health Service before the prescribed follow-up date.

Table XIII reports the mean Comparisons for the two groups individually, and the overall figures for the entire sample of 35.

TABLE XIII: Goal Attainment Scores for Two Groups of Clients Not Receiving Treatment

RECOMMENDED FOR TREATMENT: NO SHOW	TERMINATED AFTER INTAKE: NO REC- OMMENDATION FOR FURTHER TREATMENT	THE TWO GROUPS COMBINED
N = 18 $\bar{x} = 56.33$ S.D. = 12.64 S.E. = 2.98	N = 17 X = 47.89 S.D. = 9.63 S.E. = 2.34	N = 35 R = 52.23 S.D. = 11.87 S.E. = 2.00
T—test computed f	or significant differ	ence of means

yielded difference at the p < .05 level.

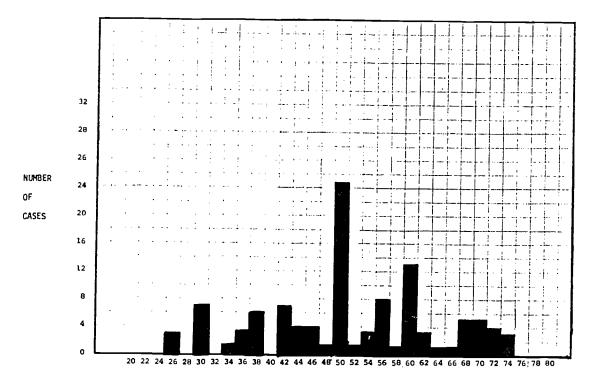
24

TABLE XI: Mean Goal Attainment Scores for In Person and Phone Interviews, Experienced and Inexperienced Interviewers

	EXPERIENCED INTERVIEWERS	INEXPERIENCED INTERVIEWERS	OVERALL
IN PERSON	N = 61 x = 53.22 S.D. = 10.97 S.E. = 1.41	N = 24 X = 46.49 S.D. = 13.67 S.E. = 2.79	N = 85 $\bar{x} = 51.32$ S.D. = 12.10 S.E. = 1.31
PHONE	N = 16 x = 48.61 S.D. = 15.90 S.E. = 3.98	$     \begin{array}{r}             N = 8 \\             \overline{x} = 57.69 \\             S.D. = 13.56 \\             S.E. = 4.79     \end{array} $	N = 24 $\bar{x} = 51.63$ S.D. = 15.49 S.E. = 3.16
TOTAL	N = 77 $\bar{x} = 52.26$ S.D. = 12.18 S.E. = 1.39	N = 32 R = 49.29 S.D. = 14.30 S.E. = 2.53	N = 109 $\bar{x} = 51.39$ S.D. = 12.84 S.E. = 1.23

T-test computed for significant differences yielded <u>no</u> significant difference of mean scores for the two groups (in person and phone) or for the two types of interviewers (professional and nonprofessional).

FIGURE IV: Distribution of Goal Attainment Scores for 109 Crisis Intervention Center Follow-ups



Goal Attainment Follow-Up Scores

#### 3. Summary

Clients were eligible for inclusion in the study if, at the time of their assignment ("to termination"), no referral was made for further treatment at another agency. However, 10 clients, or 28.57%, were seen by another agency during the follow-up period. All but one of the 10 were seen by a counseling agency. The mean Goal Attainment score for this group is 44.96. The remaining 25 clients (71.43%) were not seen by any other agency prior to the follow-up interview. The mean Goal Attainment score for the group is 55.14.

Most of the 35 clients followed up were interviewed by M.S.W. follow-up interviewers. Fifteen clients, or 4%, were followed up by interviewers of different professional backgrounds including B.A. social workers, registered nurses, and undergraduate university students. No significant scoring differences were apparent among the various types of interviewers.

#### III. Conclusion

A follow-up program is an integral part of any goal-oriented evaluation, the success of which is greatly dependent upon the quality of the data and the manner in which it is collected at the time of the follow-up interview.

The experience with Goal Attainment Scaling so far suggests that the Goal Attainment Follow-up Guide is a viable instrument for follow-up interviewing. The form is indeed useful as a "follow-up guide". The follow-up process can be moderately accurate with inter-rater agreement ranging roughly from .50 to .80 depending on the client group, the interview medium, and the type of interview.

The follow-up process is flexible and has been successfully utilized by telephone or in-person interviews, by interviewers from a range of background (social work, undergraduates, nursing) and by persons with a variety of involvements with treatment (research staff, therapist, clients, follow-up interviewers).

Finally, the follow-up process can be used to generate information on achievement of goals (the Goal Attainment score) on client response (consumer satisfaction) and on the relevancy of the Goal Attainment Follow-up Guide itself (Goal Attainment Follow-up Guide Critique Form).

#### References.

Audette, D. & Garwick. Interviewer procedures for scoring the goal attainment follow-up guide. Unpublished Project Report, July, 1973.

Besnett, C. A follow-up interviewer's impression. Unpublished Project Report, 1973.





#### APPENDIX

# I. Interview Schedules.

- Version A Experimental Follow-up Interview Schedule.
- Version B Follow-up Interview Schedule Utilized by the Program Evaluation Project Staff during July, 1970 November, 1970.
- Version C Follow-up Interview Cchedule Utilized by the Program Evaluation Project Staff during November, 1970 August, 1971.
- Version D Follow-up Interview Schedule Utilized by the Program Evaluation Project Staff during August, 1971 January, 1973.

# II. Follow-up Forms.

- Form A Program Evaluation Project Assignment/Appointment Worksheet
- Form B Program Evaluation Project Patient Consent Form.
- Form C Follow-up Appointment Worksheet.
- Form D Program Evaluation Project Collateral Consent Form.
- Form E Documentation of Elimination from Program Evaluation Project Follow-up.
- Form F Therapy Session Reporting Form.



Version A. Experimental Foll	ow-up Interview Schedule.		9. Who suggested that you for service?	u go the the Hennepin County Hental Health	Center
DATIENT NAME AND NUMBER			F- 1 10 - 10 00-00	t going to the Hennepin County Mental Heal	
			a) very positivelye)	b) positivelyc) indifferently very negatively	-
				ou felt a need for further services?	
				s which led you to seek service at the Hen	nepin
			County Mental Health ( Scale Headings are:	Center?	
APPOINTMENT TIME					
			seen at the Hennepin (	rently about your problems now after havin County Mental Health Center?	g been
Hennepin County General	in being there. (For example: We are wi al Hospital Mental Health Center and we a a number of the patients in regard to the Mental Health Center.)	sredonoga i	Scale this item accord a) much betterb e) much worse	ong (o: ) better c) same d) worse	
2. I understand that you of ? (A the Gate will have to	were seen at the Mental Health Center in yes or no answer will be given. If a no be clarified with the patient.	is given,			
3. Were you ever seen at of If answer is no Haw	the Hennepin County Hental Health Center ? re any members of your family been seen t	r previous to there?			
Have your friends been					
<ol> <li>Have you been seen by If yes, which one? a</li> </ol>	any other agency since of are you still being seen there?	?			
5. Did you have any prob Health Center? If there is a yes res concrete reasons, som	lems in getting service at the Hennepin ( ponse, but patient is unable to come up w e suggestions might be: Worker not avai g rooms, noisy surroundings.	County Hental			
6. Were there any service	es you felt you should receive and didn't	t?			
7. Were you satisfied wi Scale this item accor a) very satisfied d) dissatisfied	th the services you received? ding to: b) satisfied e) very dissatisfied				
8. What were your reason					
Satisfied	or	Dissatisfied		25	
	24				
Project Staff du	ew Schedule Utilized by the Program Evaling July 1970 - November 1970.		1. (continued) the date of intake to be sure that both interviewer and patient are discussing the same intake.		
PATIENT NAME AND NUMBER _			2. Check patient re-	2. Who suggested that you go to the	2. Self
			sponse if listed.	Hennepin County Mental Health Central	Doc tor Family
					member
FOLLOW-UP INTERVIEWER					phone Emergency
					Social
PLACE OF INTERVIEW		<del></del>	*If Social agency.		* Court
CONTRACT COUNTY MENT	AL HEALTH CENTER FOLLOW-UP INTERVIEW SCH	EOULE	indicate name.		order Condition of probation, parole
MERACPIA COURT HEAT			**If "other", please specify.		0ther
FOLLOW-UP INTERVIEWER GUIDELINES	FOLLOW-UP INTERVIEW SCHEDBLE	PATIENT RESPONSE		Za. Was your decision to seek treat- ment a voluntary one, or was it	Za. Voluntary
Statement of purpose	I am from the Hennepin County Mental Health Center at General Hospital. I believe we have an appointment for			required (by law, for instance) that you do so?	Required
	today. We at the Mental Health Center are attempting to eval- uate the services of our program. I would like to ask you some questions about your experience with the Center program.		3. If patient has had previous contact with the Couler, remind him that we are only interested in his reaction to his experiences with the Center after the intake	3. Old you have any contact with the Mental Health Center previous to (date of Intake)	3. Yes If "yes", When?
Optional remark if the patient seems not to understand.	(You may recall being asked to agree to this interview by signing our consent form when you registered at the clinic.)	, [	date specified on the schedule.		
PART 1: Consumer satisfaction with			i. Interviewer should artempt to summarize patient's response to this question and arrive	4. How would you describe your feelings about seeking service at the Mental Health Center?	4. Very negative, very ambivalen about seeking treatment
1. If patient response to this question is	1. I understand that you were seen at the Mental Health Center last	1. Yes No If "no",	at an agreed-upon degree of willingness to seek treatment, which can be scaled. Interviewer should record any		Hegative, some what ambivalen
"no" it will be necessary to clarify	(date of intake)	When?	reasons the patient might give for his		Indifferent
	26	•	response.	0.7	Positive, some
				· 27	•



4. (continued)		what willing to seek treatment  Very positive,	8b. Use some for indicating specific items with which the patient was satisfied or dissatisfied.	Bb. What were your reasons for being dissatisfied: satisfied:	
5. If answer to this question is "yes", interviewer may wish to include additional comment in space beneath question #5.	5. Have you been so by any other agency since (date of intake)	5. Yes	9. If not clearly a  "yes" or "no" response,  record any statements  or qualifying romarks  the patient might  provide.	9. Mould you return to the Hental Health Center if you felt a need for further service?	9. Yes No
6. If there is a "yes" response to this question, but patient is not able to specify, interviewer may suggest items such as availability of worker, time it took to get appointment, physical surroundings of waiting area, etc.	6. Did you have any problems getting service at the Hemmepin County Mental Health Center?	6. Yes If "yes", list:	PART II: Discussion of the problems patient feels precipitated his going to the Mental Health Center. This dis- ussion should lead to the determination of a score (-2, -1, 0, +1, +2) for each of the scales in- dicated on the Follow-up Guide ffilled out for the	10. What were the problems which led you to seek services at the Hennepin County Hental Health Center?  (SCALE HEADINGS for this patient are:)  1	
7.	7. Were there any services you felt you should have received and didn't?	7. Yes If "yes", list:	The interviewer should use this portion of the interview to draw the patient out in discussing problems, rather than approaching the problem of the contract of the intake worker defined problem areas and goals which the patient	3	
8. As in question 4, interviewer should attempt to summarize patient response to	Were you satisfied with the services you received?	8. Yes No	would have defined differ- ently. Refrain from divulging the material on the grid to the patient.	9	
this question and arrive at an agreed upon degree of satisfaction which can be scaled in 8a.	Ba.	Ba. Very dissatis- fied Dissatisfied Indifferent Satisfied Very Satisfied	11. Keeping a list of the problems mentioned by the patient will enable the follow-up interviewer to go back and discuss whether the patient feels differently about each problem now.	11. Do you feel differently about your problems now?	11. Much better  Better  Same  Worse  Much worse
				lla. Do you attribute this change in feeling to the treatment you received at the Center?	11a. Yes
	28			<del></del>	<del></del>
	28			29	
after the interwhich you feel Feel free to que margin if you to SLAMMAR 1. Le le correction de la correction	illb. If not, to what do you attribute the change?  review. This section should be completed by view has taken place. Please select the rebest approximates your evaluation or what tailify your chalde of response by writing in think qualification is necessary.	esent cit- o the rela- whether rela- whether rela- whether rela- whether rela-	highly favorable indifferent unfavorable highly unfavorable highly unfavorable highly unfavorable highly unfavorable for the series of the ser	pparent attitude toward follow-up.  prable  patient interaction/cooperation in sive/cooperative cooperative e/uncooperative onsive/uncooperative  ur level of confidence in the scoring each scale by rating D for minimun 1 for moderate confidence, and 2 for ence.	

Version C. Follow-up int	erview Schedule Utilized by the Program Ev. during November 1970 - August 1971.	a luation	in mind that it is preferred that he not be informed of the patient's		
DATE OF INTAKE			therapist or therapy, and (if it seems appropriate)		
PATIENT NAME AND NUMBE	R		he might ask the patient not to divulge this		
			information.		
TELEPHONE			PART 1: Consumer	;	
FOLLOW-UP INTERVIEWER			satisfaction with services.		
APPOINTMENT TIME			1. Same as Form B.	1. Same as Form B.	1. Same as Form B.
PLACE OF INTERVIEW			2. Same as Form B.	2. Same as Form B.	2. Same as Form B.
	TOTAL COLLEGE UP LOT COULTY SE	i		Za. Same as Form B.	2a. Same as Form B.
HERMEPIN COUNTY N	MENTAL HEALTH CENTER FOLLOW-UP INTERVIEW SC			3. Did you have any contact with	3. Yes
FOLLOW-UP INTERVIEWER CUIDELINES	FOLLOW-UP INTERVIEW SCHEDULE	PATIENT RESPONSE	3. If patient has had previous contact with the Center, remind him that we are only int-	the Mental Health Center previous to [date of intake]	If "yes". When?
Statement of purpose:	I am representing the Hennepin County Mental Health Center at General Hospital. I believe that we have an appointment for today. The Mental Health Center is attempting to evaluate the services of its Program. I would like to ask you some questions about your experiences with the Center program.  (You may recall being asked to agree		erested in his reaction to his experience with the Center after the intake date specified on the schedule. (Please note that we consider A-3, General's inpatient unit, to be an agency separate from the Mental Health Center.)		Ho
Optional remark if the patient seems not to understand.	to this interview by signing our consent form when you registered at the clinic.)		4. Same as Full d.	4. Same as form B	4. Same as Form B.
Interviewer should state that he is not employed by the Men- tal Health Center, and			5. If answer to this question is "yes", interviewer may wish to include additional	5. Have you been seen by any other agency since (date of intake)	5. Yes If "yes", where?
has no vested inter- ests in the outcome of the study. He should also inform the patient that the results of this interview			comment in space be- neath question #5.  Again note that A-3 is defined as a sep- arate agency (see #3).		No
will not be made known to the patient's therapist. Interviewer should keep	32			33	
6. If there is a "yes" response to this question, but patient is not able to specify, interviewer may suggest items such as availability of worker, time it took to get an appointment, physical surroundings of waiting area, etc.	6. Did you have any problems getting service at the Hennebin County Hental Health Center?	6. Yes If "yes", list:	PART II: Discussion of the problems the patient feels precipitated his going to the Mental Health Center. This dis- cussion should lead to the determination of a score (-2, -1, 0, +1, +2) for each of the scales in- dicated on the follow-up guide filled out for the patient at intake. These	10. What were the problems which to seek services at the Henne Mental Health Center?  (SCALE HEADINGS for this pation of the services of the s	ent are:)
7. Same as Form B.	7. Same as Form B.	7. Same as Form B.	scores should be indic- ated on the Guide by a check or asterisk.	4 5	
8. As in question 4, interviewer should attempt to surnarize patient response to this question and arrive at an agreed upon degree of satisfaction which can be scaled.	8. How satisfied were you with the services you received?	B. Very dissatisfied Dissatisfied Indifferent Satisfied Very Satisfied	The interviewer should use this portion of the intervito draw the patient out in discussing problems, rather than approaching the problem directly. It is possible that the intake worker do nined problem areas and goals which the patient would have defined	7	
Ba. Use space for indicating specific items with which the patient was dissatisfied or satisfied.	8a. What were your reasons for being dissatisfied: satisfied:		differently. Refrain from divulging the material on the Guide to the patient except in a very general sense if this seems necessary.	2.	
	9. Are you still receiving treat- ment at the Center?	9. Yes	In the space to the right, specify those problem areas the patient indicated as being problematic and bringing him to the Center		
9a. If not clearly e "yes" or "no" response, record any statements or qualifying remarks the patient might provide.	9a. If no, would you return to the Mental Health Center if you felt a need for further service?	9s. Yes No	for treatment. Keeping a list of problems mentioned by the patient will enable the follow-up interviewer to go back and discuss whether the patient feels differently about each problem now.	6	
				11. Do you feel differently about yo problems now?	
	34			35	Much worse

PART III. SUMMARY OF INTE	LEASE NOTE: Summary of Interview questions through 8, are the same as in Form B.  9. In spite of your effort; to remain u of the thorapy and therapist(s) invo	ninformed Ived, did	DATE OF INTAKE  NAME AND NUMBER  ADDRESS  TELEPHONE  AT TIME OF INTAKE:  AGE SEX  FOLLOH-UP INTERVIEWES  APPOINTMENT TIME  PLACE OF INTERVIEW	nterview Schedule Utilized by the Program  If during August 1971 - January 1973.  MARITAL STATUS  R  NENTAL HEALTH CENTER FOLLOW-UP INTERVIEW	
	this information become known to you' Yes No If yes, please specify:	?	COLLOW NO THE CONTENTS	FOLLOW-UP INTERVIEW SCHEDULE	PATIENT RESPONSE
			FOLLOM-UP INTERVIEWER  Statement of purpose:	I am representing the Hennepin County Hental Health Center at General Hospital. I believe we have an abyointment for today. The Mental Health Center is attempting to evaluate the services of its Program. I would like to ask you some questions about your experience with the Center program.	
			Optional remark if the patient seems not to understand. Interviewer should state that he is not employed by the Hental Health Center, and has no vested interests in the outcome of the study.	(You may recal) being asked to agree to this interview by signing our consent form when you registered at the clinic.)	
	36		Interviewer should keep in mind that it is	37	
preferred that he not be informed of the patient's therapy or therapist, and (if it seems appropriate) he might ask the patient not to divulge this information.  PART I: Consumer satisfaction with services.  PART II: Discussion of patient problems.	PLEASE NOTE: Questions 1,2,4 and 7 are t Questions 2a,3,5,6,8,8a,9 a form C.  PLEASE NOTE: Questions 10,11,11a, and 11 as in form C.  12. Do you have any suggestions for improving the operation of the Hennepin County Mental Health Center, in addition to the comments you have already made?	re the same as in	THERAPIST(S) INVOLVED IN TAFTER COMPILETON OF the follow-up INTERVIEWER  TELEPHONE NUMBER WHERE IN NECESSARY  (NOTE TO THE FOLLOW-UP IN Therapist if action or in HEALTH SERVICE AT THIS TO PLEASE EXPLAIN FULLY:	TREATHENT OF PATIENT (to be filled in by recommend action to the follow-up interview)  TERVIEWER CAN BE CONTACTED FOR ADDITIONAL  TERVIEWER: a copy of this sheet will be netervention by the Hental Health Service  WITH THE PATIENT, DO YOU RECOMMEND ACTION NO	INFORMATION, IF  forwarded to the patient' is recommended.)  N BY THE MENTAL
	PLEASE NOTE: Summary of interview questions through 9, are the same as in Form C.	. 1	IF YES, WHAT WAS THE PATI	ENT'S RESPONSE:	
Follow-up Interviewer:  S.  1) Are the scales relevant?  2) Are the scale levels realistic? R (Circle one)  3) Would you have added  4) If you answered "yes" or content areas of e	es No Yes No Yes No Yes ho ptimistic Optimistic Pessimistic Pes	Yes No istic Optimistic On Right On istic Pessimistic onal scale headings			
	paper is included as a summary sheet for additional comments.			39	



II. FOLLOW-UP FORMS.		
Follow-up form A. Program Evaluation	Project Assignment/Appointment Worksheet.	Follow-up Form 8. Program Evaluation Project Patient Consent Form
ADDRESS:	NAME:  NAME:  FIRST INTAKE INTERVIEW ON:	
ACOLITIONAL CONTACT INFORMATION: (e.g. referral source, other agency involvement)	NO. OF TELLOW SLIPS: Randomly	HENNEPIN COUNTY GENERAL HOSPITAL
	Non-randowly	PROGRAM EVALUATION PROJECT
	Therapy Mode / Therapist, If known or, CALL	PATIENT CONSENT
IF ASSIGNMENT MON-RANDOM, JUSTIFICATION:	PATIENT'S AGE: SEX:  INTAKE WORKER:  INTAKE WORKER'S RECOMMENDATION:	
Consent fame Hat Signed T-90 After 1 Interviews		Date
After 2 cerid T-50 To Diber Aduncy:  Patient to A-3  REMARS: (including any disputa- special discussion, circumstances re: patient's assignment)	A.I. TO MAKE CONTACTA.I. TO CHECK WITHTO BETERUINE IF CONTACT MADE  CONTACT COMPLETED BT:OM	I agree to participate in the Program Evaluation Research Project which is now in progress at Hennepin County Mental Health Center. I understand that this is a scientifically structured study undertaken to determine the effectiveness of the Mental Health Center program. Because of this, I agree to permit the Mental Health Center to share relevant records with the Program Evaluation Project Staff and to let a social worker contact me later on to find out if I have benefited from my therapy.
THERAPIST: THERAPIST AVAILABLE: DAY/DATE/TIME HOW WAS THE PATIENT FEATURED.	OR DAY/DATE/THE ORY/DATE/TIRE  OR DAY/DATE/THE DAY/DATE/TIRE  I the address? Please keep a continuing record.)	
(6.4)		Signed
PLIATE SOCIERIZE YOUR INTERCTION WIT [Fig. last soft served easier to return involvement in the therapy assigned a ent the patient will follow through o mentioned)	w THE PATIENT.  To Clinic for therepy essigned, patient resisted and some discussion ensued, estimate whether or a sample actually problems the patient	Address
PATIENT ACCEPTED APPOINTMENT OF: Day/	THERAPIST NOTIFIED ONLE	41
Follow-up Form C. Follow-up Appoin		Follow-up Form D. <u>Program Evaluation Project Collateral Consent Form</u>
INTAKE WORKER:	FOLLOW-UP DATE:	
DATE OF INTAKE: MO. OF ACCEPT # of INTAKE: MANE: MANE: PARENTS OR HUBBAND'S NAME:	APPOINTMENT CONFIRMED: MITH PATIENT INTERVIEWER	
ADDRESS:	MATERIALS SENT TO INTERVIEWER	HENNEPIN COUNTY GENERAL HOSPITAL PROGRAM EVALUATION PROJECT
TELEPHONE:	INTERVIEW COMPLETED:	CONSENT FORM
DATE OF INTERVIEW: PLACE OF INTERVIEW: INTERVIEWER:	MATERIALS RETURNED:  MATERIALS COMPLETE:  SCHEDULING NOTES	I give my permission to the Program Evaluation Research Project to contact the individuals and/or organizations I have indicated below. I understand that the Project will be doing this for the purpose of assessing the effectiveness of the treatment I received at the Mental Health Center.
PATTERN ASSIGNMENT: R - NR RELIABILITY ST	DATE OF BIRTH MAR. STATUS UDY: SOC. SEC. NO SEX	DATE
CONSENT SIGNED:	THE SALE MAINT	SIGNED

INTERVIEW NOT COMPLETED. READCH &

CURPENTLY IN THERMPY: \_\_\_\_ NUMBER OF VISITS:

THERAPIST: \_\_\_\_\_ TREATMENT:

SIMMARIZE PATIENT CONTACT: (include when, where, and patient's response)



Persons or organizations that can be contacted:

STONED

INTAKE MMPI \_\_\_\_

(Patient name)	(mo. of accept.)	(mode)
(hospital no.)	Tele pilot study no.)	(therapist)
(mo. eligible for follow-up)	(elimination code)	(pattern)
Circle the code number of the appropriate re		
GOAL ATTAINMENT FOLLOW-UP GUIDE	LOW PRIORITY FOR FOLLOW-UP	
100No G.A.F.G. completed	500Random assignment to Individual 501Random assignment to Group	
101G.A.F.G. completed after three intakes	502Random assignment to Day Center 503Random assignment to Drug Clinic	
102G.A.F.G. completed after patient entered treatment	504Random assignment to Drug Therapy 505Nonrandom assignment to Individual 506Nonrandom assignment to Group	
103Prestudy patient	507Norrandom assignment to Day Center 508Norrandom assignment to Drug Clinic	
104Patient previously included in PEP study and followed-up	509Nonrandom assignment to Drug Therapy 510Nonrandom assignment to Marriage Couns 511Nonrandom assignment to PRN	el.
105Invalid follow-up guide	512Nonrandom assignment to MPC/APC 513Nonrandom assignment to Child Unit. 514T-90 to Annex 3 (In-patient Service)	
COURSE OF THERAPY	515T-90, 1 interview to another agency 516T-90, 2 interviews to another agency	
200Zero therapy sessions completed in the assigned mode	517T-90, 1 interview, (no reference) 518T-90, 2 interview, (no reference) 519T-90, 1 interview, evaluation only	
201One therapy session completed and patient terminated from treatment	520T-90, 2 interviews, evaluation only	
202One therapy session completed and patient transferred to another mode	OTHER  600Random patient eligible for follow-up, but eliminated on the basis of cost 700Other	
203One therapy session completed and therapist does not anticipate another session	CRISIS INTERVENTION CENTER	
204Other	800Unable to locate patient 801Patient refuses follow-up 802CIC stipulates no follow-up required 803No G.A.F.G. completed	
PATIENT CONSENT	804Post CIC treatment at another agency makes follow-up unfeasible	
300Patient refuses to sign PEP consent	DOUG STUDY	
301Patient has signed consent, but re- fuses interview at time of follow-up	DRUG STUDY  900Zero therapy sessions completed	
302Other	901On therapy session completed and patie dropped out. 902Two therapy sessions completed and pat	
PATIENT CANNOT BE CONTACTED	dropped out. 903Three therapy sessions completed and p	atient
430Patient deceased at time of follow-up	dropped out 904Patient transferred to another therapy	
401Patient has moved out of state	one or more therapy sessions 905Patient has signed consent form, but r	
402Patient has moved out of Metro area and is not reachable	and refuses follow-up 906Patient is deceased at time of follow- 907Patient has moved out of state	
403PEP is unable to locate patient	908PEP is unable to locate patient 909Deteriorization 910Toxicity	
Patient eliminated from follow-up on	(date)	
Patient eliminated from follow-up by		
	(name)	



	ALUATION DJECT		
MEMO TO:			
FROM: Donna Au	dette, P.E.P.		
DATE:			
har boon assigned	nt Name)	(HCGH No	cate this
has been assigned patient's Mental H	nt Name)  to you for therapy. We have been un ealth Center chart; or, have not bee chart the number of therapy session preciate your completing the followi	able to lo n able to s complete	ocate this determine ed. We
has been assigned patient's Mental H from the available would very much ap	to you for therapy. We have been un ealth Center chart; or, have not bee chart the number of therapy session	able to lo n able to s complete ng for us.	ocate this determine ed. We
has been assigned patient's Mental H from the available would very much ap	to you for therapy. We have been un ealth Center chart; or, have not bee chart the number of therapy session preciate your completing the following the patient's Assigned Therapy Mode Is this correct?	able to lo n able to s complete ng for us.	ocate this determine ed. We
has been assigned patient's Mental H from the available would very much ap Our records show t to be  Is the patient sti	to you for therapy. We have been un ealth Center chart; or, have not bee chart the number of therapy session preciate your completing the following the patient's Assigned Therapy Mode Is this correct?	able to lon able to is complete ng for us.  Yes	ocate this determine d. We
has been assigned patient's Mental H from the available would very much ap Our records show t to be  Is the patient sti How many therapy s	to you for therapy. We have been un ealth Center chart; or, have not bee chart the number of therapy session preciate your completing the followinhe patient's Assigned Therapy Mode Is this correct?	able to lon able to is complete ng for us.  Yes	ocate this determine d. We

the megill building — fifth floor — 501 park avenue s. — minneapolis — minnesota — 55415 — (612) 348-8209







Thank you.

#### PROGRAM EVALUATION PROJECT STAFF LISTING

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Operations Manager 1971
Assistant Coordinator 1972-1973
Re-design Coordinator 1974

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David Belin Assistant Editor 1974

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Secretary-Receptionist 1972
Administrative Assistant 1973
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Assistant Director 1973

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