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 IDENTIFIERS

ABSTRACT

The guide is one of a series developed in a pilot project to integrate career education concepts with traditional subject matter and topics in elementary grades K-7 and in special education. Developed by teachers in the Radford, Virginia, schools, the units make use of resource-persons from outside the school, occupational information, interviewing and reporting techniques, parent and family involvement, hands-on experiences, role playing, and field trips. All units are organized in a column format which provides an introductory motivating activity with related resources and materials. The lessons are based on content questions, which are explored by specific techniques and activities and supported by resource materials in all media. Not all data on materials are complete. For the kindergarten level, the units are: clothing (two units), community helpers, the family, food and nutrition, health, insects, music, the school, and self-awareness. (MDW)

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RADFORD CITY SCHOOL'S CAREER EDUCATION PROJECT
RADFORD, VIRGINIA 24141

INTRODUCTION TO ELEMENTARY CAREER EDUCATION UNITS

The Career Education Program of the Radford City Schools is a pilot project of research and development for career education techniques and materials. It is funded through a grant from the Office of Education which extends until December 14, 1974.

The unit approach was utilized to implement career education concepts on the elementary level. A total of 99 career education instructional units have been developed by the Radford teachers. These units were designed for use in grades K-7 and special education.

The units were developed around specific topics (clothing, weather, etc.) and incorporated the following elements:

1. Subject content relationships
2. Occupational information
3. Resource speakers
4. Interviews and reports
5. Parent and family involvement
6. Hands-on and other sensory experiences
7. Role playing and simulation activities
8. Career related field trips

The majority of the units contain more activities than would normally be included in a unit, therefore the teacher can select the most appropriate activities for her particular students. The length of time that should be spent on each unit is approximately four to six weeks.

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C A R E E R E D U C A T I O N P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: COMMUNITY HELPERS

"THE HAT TREE"

APPROXIMATE GRADE LEVEL: KINDERGARTEN

PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT

PROJECT COORDINATOR: RANDY WRIGHT

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INTRODUCTION TO: Community Helpers
"The Hat Tree"

1

This unit seeks to introduce the kindergarten child to his community and to acquaint him with the world of work.

The child will be given information concerning various occupations and will be involved in role playing situations that hopefully will start developing individual interests and abilities.

This unit will be geared to what interests the children most like. Occupations not mentioned might be included if children express a desire and show an interest in them.

MOTIVATING ACTIVITY	RESOURCES AND MATERIAL
<p>The first day of the unit, have displayed in the room a "Hat Tree" with various hats worn by community helpers. Children will be allowed to select hats to role play.</p>	<p>Read: "The Hat Book" by Leonard Shortall. "About Our Friendly Helpers" by Elaine Hoffman and Jane Hefflefinger.</p> <p>Display on unit table-books, puzzles, Kinder-City(minature city), community helper puppets, study prints(Workers in Our Neighborhood).</p> <p>Flannel board(Instructo) of community helpers.</p>

BROAD OBJECTIVE: (1) To help the kindergarten child learn to work and play cooperatively with others and to develop an awareness and appreciation for the various occupations in his community.

(2) To broaden his interests and introduce new experiences that will increase his knowledge of community helpers and help him develop new interests and abilities to become a responsible and effective member of the community.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>1. Who can name the daddies who might wear these hats? Does your daddy have any of these hats at home?</p> <p>2. Who is this helper?</p>	<p>Children can help identify hats on tree. Let "helper" select one hat to lead into specific discussion of community helper.</p> <p>Policeman: Show study print and dress child in police suit.</p> <p>Discuss safety rules at home and school. Traffic signs are on display in classroom.</p> <p>Prepare simple map to be filed in with location of sites visited or used.</p> <p>Invite policeman to visit classroom for children to interview and hear rules of safety.</p> <p>Make police hats. Ride in police patrol car. Visit police station Role-play a day in the life of a policeman and his family.</p>	<p>Filmstrip: "The Policeman" (McGraw-Hill)</p> <p>Books: <u>Your Police</u>-George J. Zafflo. <u>Policeman Small</u>-Lois Lenski <u>The Book of Policemen</u>-Irene Miner.</p> <p>Traffic signs</p> <p>Books: <u>Our Friend the Policeman</u>-David Cunniff. <u>Let's Find Out About Policemen</u>-Martha and Charles Shopp.</p> <p>Construction paper(hats & badges) Field trip-police station Wear colored badges to match an adult on trip.</p>

CONTENT QUESTIONS

TECHNIQUES AND ACTIVITIES

For role play, provide boxes for children to make police cars (individual cars can be made with bottom of box opened and handles cut out on sides).
P.E. "Red Light, Green Light"
"Little Lost Child"

3. Do any of your fathers work at the Police Department? Do any of your big brothers and sisters serve on Student Patrol? How many of these helpers have you seen on TV?

Encourage fathers, mothers, siblings to visit classroom and share their job duties with the class.

Make tagboard patrol belts for each child to wear during school patrol interview.

4. This hat is red.
Who is the helper
Who wears it?
How does he keep our school and home safe?
Where does he work?
What does he wear?
What kind of car or truck does he use?

Riddle:
Who am I?
Clang! clang!
Stay out of my way...
I'm rushing to put out a fire today.

Encourage children to tell what they know (and bring toys, books about it). Invite Fire Chief to visit with fire truck. Children later will ride on truck and visit the fire station. Wear fire hats made from red construction.

RESOURCES AND MATERIAL

Study Prints-Police Dept. Helpers "Workers in Our Neighborhood" (McGraw-Hill)
Study Prints-Ginn Language Arts Kit.

Study prints of Policeman- (David C. Cook)
Resource persons-fathers, mothers, siblings.
Tagboard.

Books:
Fire Snorkel No. 7 (June Barr)
The Big Book of Real Fire Engines (Elizabeth Cameron)

Filmstrips:
"Johnny The Fireman"
Resource person-Fire Chief
Records: "Fire Truck"
"Fire, Fire, Fire"
"Smokey The Bear"
"Let's Be Firemen"

Why does he wear a red hat? Why do policemen and firemen have to work at night?

CONTINUED

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>Why do we have fire drills?</p>	<p>Demonstrate and role play fire drill.</p>	<p>Fingerplay: Fire Little Firemen (Scott Thompson)</p> <p>Material: Red construction paper.</p>
<p>5. How can we practice safety at home and school? What can we do to make our homes safer?</p>	<p>Distribute police and fire booklets made for primary children. Make a tour of school to locate fire extinguishers and school fire alarm.</p>	<p>Books: <u>The Little Fire Engine</u> (Lois Lenski) <u>The Great Big Fire Engine</u> (Tinor Gergely) <u>Let's Find Out About Firemen</u> (Martha & Charles Shapp) <u>Let's Go To A Firehouse</u> (Naomi Buchheimer) <u>The First Book of Firemen</u> (Benjamin Brewster)</p>
<p>In what ways can we protect our homes and school?</p>	<p>Locate fire hydrants. Indicate these on map of community.</p>	<p>Books: <u>Two For A Walk</u>(Nathan Kravetz) <u>I Had A Penny</u>(Audrey Chalmers) <u>Annie's Spending Spree</u> (Nancy Watson) <u>I Want To Be A Store Keeper</u> (Benjamin Brewster)</p>
<p>6. Who wears this hat? How does he help us? Do any of your fathers do this work? Would you like to have a grocery in the classroom?</p>	<p>Child selects butcher, grocer or restaurant hat from <u>The Hat Tree</u>. Discuss study prints, types of foods we eat, favorite food, etc. Take a walk to neighborhood grocery. Talk with manager, discuss food and supplies in his store. Decide what is needed to put one in classroom. Provide large box to paint and construct grocery store. Encourage children to bring empty cans, boxes and bottles for role play. Play cash register.</p>	<p>Field trip-neighborhood grocery store. Refrigerator box-paint</p>

CONTINUED.

5

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
	<p>Study Prints: 4 Basic Foods "Talkstarters"-At the Store Workers in Our Neighborhood (McGraw-Hill)</p> <p>Materials: Cans, bottles, boxes, play cash register, flannel board(Instruction) puzzles, play dough, play money.</p> <p>Children in housekeeping corner can prepare "food" by making, play dough play food. Play money can be used. If interest holds, food pre- paration could be part of unit with place mats, aprons, flower arrangement, actual cooking, etc.</p>	<p>Filmstrips: The Grocer(Jam Handy) Shopping For Groceries (Jam Handy)</p> <p>Life in a Small Town Life in a Large Town (McGraw-Hill)</p> <p>The Town Mouse and The Country Mouse SVE-Rand-McNally</p>
7. Who is the helper who brings the milk?	<p>Invite local grocer or in- terested parents in to see and participate in project.</p> <p>Invite a milkman to visit with his truck and deliver whipping cream. The class will shake this in the jar to make butter.</p>	<p>Resource person-local grocer or interested parent.</p> <p>Study prints on the milkman.</p> <p>Whipping cream jars</p>

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
Game: There are many people who help us everyday. The milkman brings us the milk. He is a friend of mine.	Milk carton	Study prints listed in bibliography. Tissue or crepe paper and construction paper for hats.
8. Who makes food other than mother? The children form a circle and one is the milkman, and places the milk carton behind one child who then chases the milkman around the circle and then becomes the milkman.	Make play dough to play with. Make baker, chef and waitress hats for pancake party. Let children dramatize.	Filmstrip: <u>The Little Red Hen</u> Play game: Baker baker deliver the bread. Repeat the game listed under content question related to the milkman. Use bread wrapper instead of milk carton. Also play hot bread instead of hot potato.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
	Tell the story of pancake with flannel board like the gingerbread man. Use this rhyme: Mix a pancake Stir a pancake Pop it in a pan Fry a pancake Toss a pancake Catch it if you can.	Books : <u>How Hospitals Help Us</u> (Alice M. Meeker) <u>Doctors and Nurses, What Do They Do?</u> (Carla Greene) <u>Who's That?</u> (Blair Walliser) <u>The Indoor Noisy Book</u> (Margaret Wise Brown) <u>Busy Bodies</u> (Clare Bowman)
9. Who might wear this? How does the doctor or nurse help us? Where do they work? Would you like to meet a real doctor or nurse?	Select a child to pick nurse cap or doctor's equipment from "The Hat Tree." For role play, have one interest center equipped with cot, play doctor and nurse kits, first aid equipment. Have box to make an ambulance.	Resource person-school nurse
10. Would you like to meet a doctor or nurse? How can we help the doctor and nurse? How do these different people prepare for their jobs?	Invite school nurse to visit classroom and demonstrate such things as simple first aid, etc. This question can lead into study of importance of eating good food, getting proper rest and exercise. Role play what you would do if: a. you were a nurse and you had to help child who cut his arm.	or parent.

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CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
11. How do we get our homes?	b. you were a doctor and child came to you who has to have tonsils out. c. you are dentist and a grown up has a toothache. d. you are mother or father and you discover your body has high temperature.	Discuss house helpers, fix-it men and carpenters.
		Set up work bench with tools.
12. Who delivers the mail?	Sing the song "Here They Come" to the tune of Three Blind Mice.	For physical activity have children act out "This is the Way We Paint the House" to the tune of "Here We Go Round the Mulberry Bush." Act out with real brushes and clean up tools.

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CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
13. Who picks up the garbage?	<p>Let children pick up trash on the playground, and clean up the room.</p> <p>Read story</p>	<p><u>Dear Garbage Man</u></p>

CULMINATING ACTIVITY:

CULMINATING ACTIVITIES

As a culmination we will compose a letter to our parents telling them about "The Hat Tree." An invitation will be extended to the parents urging them to join us in our project about the study of community helpers. They will be encouraged to add their different hats to our "Hat Tree", visit our classroom and tell us about their jobs. This could extend our unit into other fields as we learn and explore the world of work.

RESOURCES AND MATERIAL

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 Jim Handy. The Grocer.
 Jim Handy. The Homes We Live In.
 SVE. Community Workers.
Communities Are Different.
Let's Take A Walk In The Community.
What's In A Community?
Tcmmy The Fireman.
Life In A Small Town.
Life In A Large Tcwn.
The Town Mouse and The Country Mouse.
The Policeman.
 Troll Associates. A Trip To A Fire Station
A Trip To A Police Station

3. Cassettes:

Troll Associates: Getting to Know the Fire Station, 1972.
 Getting to Know the Police Station, 1970.
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"Talkstarters" - At The Store
 Supermarket Helpers
 Dentist, Nurse, Doctor
 Fire Department
 Police
 Workers In Our Neighborhood
 Community Helpers. Picture Packet, Standard, 1966.
 Community Friends, Beckly Cardy, 1967.

5. Transparency:

People Who Help Our Community. Troll Associates, 1967.

6. Records: Ginn-Language Arts Kit

Fire Truck
Smokey The Bear
Let's Be Firemen

Flannel Board - Instructo - Community Helpers

7. Educational Materials:

Playschool puzzles
Policeman
Milkman
Fireman
Baker
Grocer
Doctor
Mailman
Nurse
Carpenters

C A R E E R E D U C A T I O N P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: CLOTHING

"THIS IS THE WAY WE ? OUR CLOTHES

APPROXIMATE GRADE LEVEL: KINDERGARTEN

PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT

PROJECT COORDINATOR: RANDY WRIGHT

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INTRODUCTION TO: Clothing
 "This Is The Way We ? Our Clothes"

1

The purpose of this unit is to develop, in young children, an interest in and understanding of the clothing they wear.

Through sensory contact, they will learn of the many textures, colors, and weights of fabric and of the kinds of apparel for which each fabric is suited.

Through contact with workers responsible for producing and caring for clothing, the children will develop an understanding of the world of work.

BROAD OBJECTIVE: To develop an awareness in young children of the many kinds of clothing and why we wear and need them. To also develop an awareness of workers who make clothing available to them.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
1. What are you wearing today? Where did your clothes come from?	<p>Play "show 'n tell" identifying what each child has on.</p> <p>Bulletin board Tune of "Mulberry Bush" "This is the Way we Make our Clothes" Discuss-identify items on board.</p>	<p>Read: <u>Emperor's New Clothes</u> (Hans Christian Anderson)</p> <p>Picture of sewing machine, patterns, pieced-together outfit, bobbins, zippers, pinking shears, etc. Also, knitting, weaving.</p>
2. How are clothes made?	<p>View filmstrip and discuss.</p>	<p>Filmstrip: <u>How Clothing Is Made</u> Radford College</p>
3. What kinds of material do you know about? What materials are soft? Shiny? Rough?	<p>Take trip Creative play with paper dolls.</p> <p>Make girl and boy figures-dress in materials brought in by children.</p>	<p>Pieces of material</p>

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3

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
4. Where does wool come from? 5. What is knitting? Crocheting? What is a vest? 6. What different kinds of clothing do we wear? What is a vest?	<p>Do pot holder weaving and visit a clothing plant and loom operation.</p> <p>Continue "Mullberry Bush" song and creative play. This is the way we cut out our clothes, sew our clothes.</p> <p>View filmstrip: <u>Filmstrip: Materials for Clothing</u> (Radford College)</p> <p>Start a clothing booklet. Allow each child to select a piece of wool for page. Draw a sheep. Also, add wool yarn.</p> <p>Have a knitting demonstration. Allow children to try. Have crocheting demonstration. Allow children to crochet chain bracelets.</p> <p>Show film.</p> <p>Art: Collages of textures of materials. Add to booklet.</p> <p>Allow each child to sew a button on a piece of material and to attempt cutting with pinking sheers. Add results to booklet.</p>	<p>Knitting needles and yarn. Crocheting needle and thread.</p> <p>Filmstrip: <u>Clothes and Why We Wear Them</u> (Radford College)</p> <p>Clothing charts and labels.</p>

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
7. How do we clean our clothes? What workers do this job?	<p>Visit a cleaning center. Observe wet and dry methods.</p> <p>Allow each child to choose a sewing project: hair band, bean-bag, draw-string bag. Make from scrap~ brought in by class. Put in paper pocket at back of booklet.</p>	<p>Filmstrip: <u>A Trip to the Laundramat</u> (Radford College)</p> <p>Sewing machine - Beans, rice, pine needles, elastic, and yarn.</p>
8. Do you think you know how we get our clothes now?	<p>Filmstrip.</p>	<p>Filmstrip: <u>Where Clothes Come From</u> (Radford College)</p>

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C A R E E R E D U C A T I O N P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: CLOTHING - "NOTHING TO WEAR BUT CLOTHES"

APPROXIMATE GRADE LEVEL: KINDERGARTEN

PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT

PROJECT COORDINATOR: RANDY WRIGHT

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BROAD OBJECTIVES:Self Awareness

The child will become more aware of the relationship of jobs and skills to the clothing he wears. He will become more aware of the tasks needed to produce various clothing items, and relate these to the skills he is learning.

Educational and Career Awareness

The student will become aware of the varied occupations in the clothing industry through educational experiences in the classroom and community.

Economic Awareness

The student will develop economic and social concepts through role play and observation of the manufacture, buying and selling of clothing.

Employability Skills

The student will form concepts, attitudes and skills related to the clothing industry. Hopefully, he will be able to successfully perform tasks and recognize the importance of following directions and doing a job well.

Attitudes and Appreciations

In observing particular skills needed in the manufacture and selling of clothing, the child will become aware of the importance of all jobs and high performance skills. He will see the importance of inter-dependence in accomplishing goals.

Decision Making

To help the child become aware that he has a choice in many situations.

The child will become aware of the relationship between responsible action and decision making.

Through role playing the student will learn to select clothing appropriate to the

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weather and/or activity, to care for his clothing and develop an interest in specific tasks related to this field.

Beginning Competency

The student develops small muscle skills, number skills, vocabulary enrichment, listening skills and manipulating small tools.

Introduction to: Nothing to Wear but Clothes

This unit will try to give kindergarten children more of an understanding of what people and processes are involved in producing an item of clothing from fiber or animal to finished product.

Through field trips, resource people, hands-on experiences, movies, film-strips and stories, the children should gain in their knowledge of skills needed to produce a variety of clothing.

Because kindergarten children learn best by doing, it is important to make available many hands-on experiences such as weaving, sewing, spinning, designing, cutting, etc.

MOTIVATING ACTIVITIES

As an introduction to the unit, children will be selected to open four boxes of assorted clothing pertaining to the seasons. Have available four suitcases for the children to pack for a summer, winter, spring or fall vacation.

RESOURCES AND MATERIALS

Filmstrip: Clothes and Where We Wear Them.
How We Get Our Clothing.
Pellon's Low Suit.

Where Clothes Come From.

Song: What are you earin?
Hab Palmer - Basic Skills

Let's pretend we're going on a trip. It's summer and very hot. What will we need to pack? Continue this discussion and dramatize and charade.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
Why do we need different types of clothing?	<p>Art Activity. Children draw and cut out people dressed appropriately for a particular season.</p> <p>Children role play these activities.</p> <p>Children look through catalogs and cut out and classify clothing according to activity or season. Make a collage of torn paper pictures of as many different kinds of clothing as each can find.</p>	<p>Story: <u>A New Hat and a New Dress</u> Bulletin board made by the children with the four seasons backgrounds with appropriate dress on the people.</p>
What type of clothing do we wear for different activities? Why?	<p>Sledding riding Church Shopping Swimming Sleeping Birthday Party Camping Travelling Bike riding Playground Activities Hiking Riding Horses Riding a motorcycle Deer Hunting Fishing</p>	<p>Songs: <u>Hanging Out the Linen</u> <u>Clothes</u> <u>Where We Go Round the Mulberry Bush</u> <u>The Shoemaker</u> (from music in Our Town)</p> <p>Books: <u>The Red Jacket</u> <u>Katie No Pockets</u> <u>The Pockets of Paul</u></p> <p>Songs: <u>Easter Parade</u> <u>Hat Parade</u> <u>I Have a Little Overcoat</u> <u>The Laundry Man</u></p>

CONTINUED

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CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES RESOURCES AND MATERIAL
Stories: <u>New Clothes for Henry</u> <u>The Story of Your Coat</u>	<p>Study Prints: <u>Clothing</u> Stories: <u>The Jumping Hats</u> <u>from a World of Surprises p.130</u> <u>Hats</u> <u>in the Lives and the Shopkeeper</u> A visit to the <u>Shirt Factory</u> from Going Places</p> <p>Seeing People</p> <p>Filmstrip: <u>Where Clothes Come From</u></p> <p>Children will have an opportunity to dress in various types of clothing leading up to an art activity of painting large cardboard boxes to be used as clothing, hat and shoe stores.</p> <p>Where do clothes come from?</p> <p>Large freezer boxes to be used for classroom shopping center. Play money, cash register, various types of clothing available for role playing.</p> <p>Filmstrip: <u>My Dad Works in a Shoe Store.</u></p>
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CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>Would you like to visit some real stores and get some ideas for your stores? Try to remember the kinds of objects you will need in your stores.</p>	<p>Field trip to town where children will visit a department store, shoe store, hat shop, etc.</p> <p>As a follow-up, we will discuss the various jobs seen in these stores and encourage role-playing of these observations.</p>	<p>Filmstrips: <u>The Story of Cotton</u> <u>The Story of Leather</u> <u>The Story of Wool</u> <u>Textiles for Everyone</u> <u>Wool Into Clothing</u> <u>Textiles Teaching Kit</u></p> <p>On science table have magnifying glasses and microscopes for the children to experiment with and observe the various fabrics.</p> <p>Field Trip Visit a fabric shop.</p> <p>Have yard stick, measuring tape, etc. on science table, cotton ball.</p>

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	SOURCES AND MATERIAL
How do fabrics become colored?	<p>Crayon color on fabric then iron with a hot iron to set the wax.</p> <p>Melt old t-shirts on blouses which each child has brought from home.</p> <p>Encourage children to bring in berries, flower petals, leaves, etc. that can be used to experiment with coloring fabrics.</p>	<p>Field trip to Dalton's Farm to see sheep shearing.</p>
How are fibers woven?	<p>Art Activity: Cotton balls dipped in tempera.</p>	<p>Books: <u>The True Book of Cloth</u> by Migh...bert <u>Let's Find Out About Clothes</u> <u>The Story of Your Coat</u> by Clara H. Hollis</p>
		<p>Have the small looms out and introduce weaving with the loops. Keep these out and available for those who wish to work at this project.</p> <p>Show the children how to weave pot holders and weave off the loom.</p>

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
How are clothes made from fabric?	Have sewing machine in the room. Teach those interested how to use it.	Visit the shirt factory. Observe especially the production-line techniques.
Who makes them?	Introduce term "pattern".	Have resource people come into the room to show and possibly teach children various crafts such as knitting, crocheting, and fancy weaving.
Are all clothes made the same way and design?	Have some doll clothes cut out for children to sew up if they choose.	Visit sewing classes at Radford College to see and use the machines and to watch clothes being made by individuals.
	Borrow a child mannequin from a department store. Bring old patterns and pieces of material to be manipulated and experimented with.	Filmstrip: Proper Clothes and Their Care
	Song: This is the Way We Wash Our Clothes	Our Neighborhood Laundry
How do we care for our clothes? Who helps us keep our clothes clean besides mother?	Help children learn to care for doll clothes in the classroom. Have them wash, rinse, pretend iron, and fold.	Visit the local cleaning establishment. Point out and observe the different techniques of keeping clothing clean, such as washing, dry-cleaning, spotting. Have someone demonstrate how shirts are ironed at a professional cleaners.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
	<p>As a culminating activity, children will wear their own creation for a fashion show. Encourage each one to describe the type of material, where it came from, and where the article was purchased.</p>	

Additional Books for Unit on Clothing:

- Arnold, Pauline. Clothes and Cloth.
 Buehr, Walter. From Fiber to Fabric.
 Cavanna, Betty. The Country Cousin.
 Jupo, Frank. Nothing To Wear But Clothes.
 Lazarus, Harry. Let's Go To A Clothing Factory.
 Lubell, Cecil. Clothes Tell A Story.
 McCall, Edith. How We Get Our Clothing.
 Neigoff, Anne. A Cap For Jack A Coat For Jill.
 Pitt, Valerie. Let's Find Out About Clothes.
 Pitt. Animals Should Definately Not Wear Clothes.
 Waller. Clothing -A Book to Begin On.
 Wilkinson. Come to Work With Us In A Department Store.

Filmstrips:

- Our Neighborhood Laundry
The Tailor
The Shoemaker
Robert Goes Shopping
The Story of Wool
The Story of Cotton
Textiles for Everyone
Going Downtown
Textile Teaching Kit - Fs and Record

Flash Cards and Charts:

- Clothing and Accessories

Film Loon:

- Wool Into Clothing

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C A R E E R E D U C A T I O N P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: HEALTH

"AN APPLE A DAY"

APPROXIMATE GRADE LEVEL: KINDERGARTEN

PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT

PROJECT COORDINATOR: RANDY WRIGHT

THE CAREER EDUCATION PROGRAM
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INTRODUCTION TO: Health
 "An Apple A Day"

This health unit is introduced to the child to develop an awareness and an appreciation of the importance of personal hygiene and cleanliness, and help him learn to care for his personal needs. With the help of various resource people in this field and field trips, the child will be able to perform these functions in the classroom and use them in his personal good grooming and health habits. Hopefully, he will develop an understanding and appreciation of occupations in this field and his dependence on them.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
1. What is the doctor's job?	Bulletin board on doctor, nurse, "Emergency Room" Fingerplay - "Let's Be Doctors"	Filmstrip: "What the Doctor Sees When He Looks At You" Invite a nurse to visit the class dressed in uniform and discuss her job and dress.
2. What is the nurse's job?	Discuss first aid. Show equipment. Children will role play jobs of hospital workers.	Write thank you note to nurse.
3. How do they help us?	Discuss study prints on doctor and nurse. View filmstrip. Art: Make nurse caps and doctor's mirror.	Filmstrip: "My Mother Has A Job" Story: "My Friend the Doctor" "Doctors and Nurses" Read and discuss story. Make an ambulance from large box. Have ambulance driver bring ambulance--let children observe equipment. He might demonstrate use of splints, oxygen, slings, etc. also, stretchers.

CONTINUED

3

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
	<p>View filmstrips.</p> <p>Start doctor and nurse booklet so that it looks like a doctor kit on cover. Color worksheets on doctor and nurse.</p> <p>In doctor and nurse kits, make a display of cotton swabs, depressors, band aids, splints, etc. Acquaint children with terms: stethoscope, blood pressure, etc.</p> <p>4. What are some of the "tools" doctors and nurses use to help us?</p> <p>5. Are there doctors who don't help people?</p> <p>6. Who do these doctors help?</p> <p>7. Where do we get the medicines the doctor tells us we need?</p> <p>8. Should we take medicines by ourselves?</p>	<p>Filmstrips: "The Neighborhood Doctor" "My Mother Works in a Drug Store"</p> <p>Visit a hospital or infirmary to see doctors and nurses in action.</p> <p>Child might bring in his puppy and talk about how it needs to be kept healthy.</p> <p>Invite a pharmacist to visit the class and discuss drug safety.</p> <p>Children set up pharmacy with empty bottles, etc. Contact Pittsburgh, Pa. Poison Control for Mr. Yuk Buttons, 125 DeSoto St., Pittsburgh, Pa. 15213</p>

CONTINUED

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CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
9. Why do we need to look nice to be healthy? How helps us.	<p>Art: Hospital collage; band aids, q-tips, candy pills, etc.</p> <p>Barber shop and beauty shop</p> <p>View filmstrip:</p> <p>Set up with all equipment - wigs, play razors, mirrors, capes, etc. Might visit a barber shop and/or beauty shop.</p> <p>Bulletin board with beauty operator, study prints, etc.</p>	<p>Band aids, q-tips, candy pills, construction paper.</p> <p>Filmstrip: "Neighborhood Beautician"</p> <p>Study prints: "Keeping Clean and Healthy"</p> <p>Art: Child can make large barber poles for their barber shop.</p> <p>Art - pink construction circle- "What makes me Pretty"? Draw own face and add ribbon, features.</p> <p>Invite a cosmetologist to visit class and show a beauty kit and put make up on teachers.</p> <p>For booklet: Girl's worksheet with mirror, comb, etc. Boys draw their faces; hang them in barber shop.</p>

CONTINUED

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CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
10. Who helps us have healthy teeth?	<p>Discuss study prints of dentist.</p> <p>Have students color worksheet with toothbrush and toothpaste on it.</p> <p>Present red capsule for tooth test. Instruct children how to use the capsule to check on brushing habits.</p> <p>Visit a dentist's office or have a technician come into the classroom.</p>	<p>Book: <u>A Visit to the Dentist</u> by Bernard Garn.</p> <p>Filmstrips: "Let's Visit the Dentist" "The Mouth I Live In"</p> <p>Possible materials from these people: large models of teeth/etc. toothbrushes for each child. capsules</p>

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 Buchheimer, Naomi. Let's Go to the Dentist. Putnam, 1959.
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 Greene, Carla. I Want to be a Dentist. Children's, 1960.
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 Greene, Carla. I Want to be an Animal Doctor. Children's, 1956.
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 Garn, Bernard A. A Visit to the Dentist. Grossett & Dunlap, 1959.
 Hefflefinger, Jane. At the Pet Hospital. Melmont, 1964.
 Hoffman, Elaine. About Friendly Helpers for Health and Safety.
 Melmont, 1954.
 Iritani, Chika A. I Know an Animal Doctor. Putnam, 1970.
 Jubelier, Ruth. About Jack's Dental Check-up. Melmont, 1959.
 Kay, Eleanor. First Book of Nurses. Watts, 1968.
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 Lapp, Carolyn. Dentist's Tools. Lerner, 1961.
 Lerner, Marguerite. Doctor's Tools. Lerner, 1959.
 Meeker, Alice M. How Hospitals Help Us. Benefic Press, 1962.
 Scarry, Richard. Nicky Goes to the Doctor. Golden Press, 1972.
 Shay, Arthur. What Happens When You Go to the Hospital.
 Reilly and Lee, 1969.
 Tester, Sylvia. My Friend, The Doctor. Cook, 1967.
 Thompson, Frances B. About Jerry and Jimmy and the Pharmacist.
 Melmont, 1964.
 Thompson, Frances B. About Miss Sue, The Nurse. Melmont, 1961.
 Thompson, Frances B. Doctor John. Melmont, 1959.
 Wilkinson, Jean. Come to Work with us in a Hospital. Sextant
 Systems, 1970.

2. Filmstrips:

- Drug Store Workers. (The Wonderful World of Work series, K-3)
 Denoyer-Geppert, 1967.
Let's Visit the Dentist. (Be Healthy, Go Safely series) SVE, 1965.
My Dad-The Veterinarian. (What Does Your Dad Do? series)
 Jam Handy, 1970.
My Mother is a Dental Assistant. (Mothers Work, Too series)
 Churchill Films, 1968.
My Mother Is a Nurse. (My Mother Has a Job series) Eye Gate, 1971.
The Mouth I Live In. Colgate-Palmolive, 1969.
The Neighborhood Barber. (Some Neighborhood Helpers series)
 Eye Gate, 1958.
The Neighborhood Beautician. (Some Neighborhood Helpers series)
 Eye Gate, 1958.

The Neighborhood Beautician. (Some Neighborhood Helpers series)
Eye Gate, 1958.
The Neighborhood Doctor. (Some Neighborhood Helpers series)
Eye Gate, 1958.
What a Doctor Sees When He Looks at You. Educational Reading
Service, 1968.

3. Puzzles:

Barber. Judy no. 477-406.
Dentist. Judy no. 477-489.
Doctor. Playskool no. 195-5.
Nurse. Playskool no. 195-8.

4. Study Prints:

Hospital Helpers. (Community Helpers series) SVE, 1965.
Keeping Clean and Healthy. Instructor, 1967.

Educational Materials:

Mr. Yuk Buttons
Pittsburgh Pa. Poison Control
125 De Soto St.
Pittsburgh, Pa. 15213

C A R E E R E D U C A T I O N P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: MUSIC -- "WHISTLE WHILE YOU WORK"

APPROXIMATE GRADE LEVEL: KINDERGARTEN

PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT

PROJECT COORDINATOR: RANDY WRIGHT

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INTRODUCTION TO: MUSIC - "WHISTLE WHILE YOU WORK"

This unit on music is written for the kindergarten child. It is hoped the child will gain an understanding of the variety of musical instruments and types of music.

Through field trips, resource people, and listening and rhythmic experiences, the child will gain a general understanding of music and the careers related to it. He should also find it a form of entertainment and relaxation.

BROAD OBJECTIVES:

Self Awareness: The student will become aware of the four families of musical instruments and their sounds.

Educational Awareness: The student will attempt to develop skills in listening to music, to distinguish among the different instruments and learn how to identify them by their shapes and sounds. The student is introduced to each family of instruments and learns them by name.

Career Awareness: The student becomes aware that there are many different musical instruments and that each may lead to different careers in the field of music. The student is made aware of the value of music.

Economic Awareness: The student becomes aware of why people play music. He recognizes some of the uses of music. He learns that music has a value in our economy.

Decision Making: The student becomes aware that he has a choice of the many instruments.

Beginning Competency: The student will attempt to play music on basic instruments. He becomes aware of the relationship instruments have with each other.

Employability Skills: The student will attempt to perform individually and with a group. He will become aware of how important it is to follow directions, timing, cues from the director. He will become aware that there can be no music without working together.

Attitudes and Appreciation: The student will become aware of what his contribution is to music and how the sound of his instrument differs from the others in the group.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
When you work do you whistle? How do you whistle?	Filmstrip: 'Snow White and the 7 Dwarfs'. Discuss filmstrip. Show how to whistle.	Bulletin board display of the 7 Dwarfs whistling while working. Music notes, treble and bass clefs, etc.
Can you whistle a merry tune?	Song: "Whistle While You Work .	Cassette and Book: 780G "I Want To Be A Musician".

A resource talent from the High School will show how a flute is used.

Did you know that you can whistle into a musical instrument?
What kind of sound does a flute produce? (low, high, soft)

Name another instrument that you can whistle into.
What kind of sound does a piccolo produce? (happy, shrill, laughing)

How many holes in a flute and piccolo?

Name some other instruments in the woodwind family.
Clarinet, bassoon, oboe.

Young People's Records.
The Licorice Stick
Story of the Clarinet
Record: The Licorice Stick. Show real or pictures of these instruments. Introduce Tonette. Let children play them.

Resource talent can show piccolo and how used.

Show piccolo.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
Can you tell me what kind of musical instrument this is? (Hold up a real trumpet, if possible.)	Show real trumpet or pictures of one.	Resource talent from community or high school to show how trumpet is played.
Where can you see a trumpet? (Marching Band)	Go to high school to see a marching band in action. Interview band director.	Visit the Radford College Highlander Band. See bagpipes.
What kind of sound does it produce? (high; low, sharp)	Record: <u>Sousa</u> , "Stars & Stripes", "Washington Post March". Record: "Little Brass Band."	Interview a music major who plays bagpipes.
How many valves does a trumpet have?	Math concept.	Record: <u>Tubie Tuba in Orchesterville</u> .
Who is John Phillip Sousa? (March King)	Make a Kazoo. March with Kazoos, play one of Sousa's marches. Show pictures of Sousa.	Discuss these instruments. Let children touch and examine. Record: <u>Tubie Tuba in Orchesterville</u>
Name some other instruments in the brass family. Saxophone, tuba, French Horn, Trombone, Coronet.		

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>What is a conductor's job?</p> <p>What kind of an instrument sounds like heavenly music, wind blowing through the trees, a bee, a storm?</p>	<p>Show a violin.</p> <p>Record: <u>Flight of the Bumblebee</u>, by Rimsky-Korsakoff.</p>	<p>Visit Radford College Orchestra. Interview the conductor.</p>
<p>How many strings on a violin? (4)</p>	<p>Math concept.</p>	<p>Show the real instrument or a picture.</p> <p>Song: "Gay Musician" After children have learned song, they can pantomime the instrument. As they sing produce the sound of the particular instrument.</p>
<p>Name some other members of the string family. Viola, Double Bass or 'Bull Fiddle', Cello, Bow (used for producing sound across the strings), Harp.</p>	<p>Introduce autoharp. Show how it is used. Let children try to play it.</p>	<p>Teacher accompany the children's singing on the autoharp.</p>
<p>Can musical instruments sound like a particular animal or bird? (yes)</p>	<p>Record: "Peter and the Wolf"</p>	<p>Record: "Peter and the Wolf"</p>

CONTINUED

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CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
How do you play a guitar? (strumming, picking with a pick)	Show a guitar. Show different kinds of guitars. (electric, etc.) Make shoe box guitar.	Resource talent from community. Corwin Matthews - Guitar Maria Casas - Spanish Guitar.
When and where do you see a guitar? (Folk & Country Music Band)	Talk about Folk & Country Music since they use guitars, etc.	Resource talent from community.on Flat Foot. Wilma Kincer
How many strings on a guitar? (6, 8, 12)	Introduce Flat Foot Dance.	Resource talent from Radford College. Interview Dr. Zunbrigg.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
	<p>Use rhythm band with rhythm record.</p> <p>Children should learn to:</p> <ol style="list-style-type: none">1. Be good members in a band.2. Sit correctly when holding or playing an instrument.3. Watch cues from the leader of the band.4. Listen for various theme changes.	<p>Visit Preston Hall at Radford College. See pipe organ.</p> <p>Interview Miss Hiembich</p> <p>Where do you see an organ? (Church, Home)</p> <p>What is a pipe organ?</p> <p>How many keyboards does an organ have?</p> <p>Show filmstrip: <u>Snow White and Seven Dwarfs</u>.</p> <p>Discuss the different musical instruments used in the story.</p> <p>Filmstrip: <u>Snow White and the Seven Dwarfs</u>.</p>

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
	<p><u>CULMINATING ACTIVITY</u></p> <p>A music recital using rhythm band instruments and instruments made by the children. Let one child lead the band.</p> <p>Role play the story of <u>Snow White and the Seven Dwarfs.</u></p>	

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Whistle While You Work, Walt Disney.

Gay Musician, Captain Kangaroo.

Selected Records:

The Licorice Stick, Story of the Clarinet. Young People's Records.

Stars and Stripes Forever, John Phillip Sousa.

The Washington Post March, John Phillip Sousa.

Little Brass Band, Young People's Records.

Tubie Tuba in Orchestraville.

Flight of the Bumblebee, Rimsky-Korsakoff.

Peter and the Wolf, Prokofieff.

Filmstrip:

Snow White and the Seven Dwarfs, SVE.

Selected Books:

Music As A Profession, John Owen Ward.

Music, Carla Green.

Musical Instruments, Harriet E. Huntington.

Musicians - Stories, Thomas Tapper.

Music, Marguirite Hood.

C A R E E R E D U C A T I O N P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: THE SCHOOL

"PAT-A-CAKE, PAT-A-CAKE"

APPROXIMATE GRADE LEVEL: KINDERGARTEN

PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT

PROJECT COORDINATOR: RANDY WRIGHT

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INTRODUCTION TO: The School
 "Pat-A-Cake, Pat-A-Cake"

This unit is an introduction of the kindergarten child to his new environment in the school community. It is presented in a way that will help develop an appreciation and understanding of the various job roles in the school. Hopefully, it will help the child develop an awareness of his role in being a helpful, cooperative and responsible student.

BROAD OBJECTIVE:

- (1) To present appropriate occupational information about the occupations of the school staff and promote an appreciation and understanding of each school helper's role.
- (2) To help the child become aware of his importance as a responsible, helpful, cooperative citizen in the school community.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<ol style="list-style-type: none">1. Why do we need helpers in the classroom? Why is it important for us to share our jobs? Is it easier for one person to help? Would you like to be a helper?2. Would you like to make your own gingerbread man like the one on the helper chart?	<p>As an introduction to this school unit, a helper chart drawn as a gingerbread man will be in classroom with each child's name on separate cards to be chosen for classroom duties each day.</p> <p>Read and discuss book or filmstrip.</p> <p>Children will help make a real gingerbread man and decorate with raisin eyes, etc. Class will take him to cafeteria to put him in oven. (After baking, teacher will put in freezer for future use.)</p>	<p>Read: "The Gingerbread Man" (Nancy Nolte) or show filmstrip of same SVE Rand-McNally.</p> <p>"Little Bear Learns to Read the Cookbook." Recipe for gingerbread man:</p> <p>2/3 cup shortening (cream) 1 1/4 cups sugar 2 tbsp. molasses (add to 1st) 2 eggs 2 tbsp. sour milk (add) 1 tsp. soda 3 cups flour 1 tsp. salt 1 tsp. b. powder 1 tsp. cinnamon (add) 1/2 tsp. ginger 1/2 tsp. nutmeg Pour into gingerbread man pan and bake 375°</p>

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>3. Who are the helpers that work in our school kitchen? How do they help us? What jobs do you see them doing?</p> <p>4. Do you think it would be fun to go back to cafeteria to see if the gingerbread man is done in the oven?</p>	<p>Introduce all cafeteria workers. Let children observe them working with equipment. Children will role play these workers in interest centers.</p> <p>Eat snack in cafeteria. Children will find note on cafeteria table from the gingerbread man saying: "Look, look, as hard as you can, you can't find me..." "The Gingerbread Man"</p> <p>Children will walk through school until they find the "clue" - brown construction paper shaped like gingerbread man will be taped on the principal's office door.</p>	<p>Flannel board (Instructor) "School Helpers" Teaching Pictures (David Cook) Cooking utensils put in kindergarten housekeeping center</p> <p>Mike Hage, Jr. "How School Helps Us" As each school helper is visited add the tool he uses to interest centers.</p> <p>Filmstrips and cassettes: <u>Knowing Our School</u> (Encyclopedia Britannica)</p> <ul style="list-style-type: none"> 1. Going to School 2. Our Room in School 3. A New Friend at School 4. Helpers at School 5. School Rules 6. Our School in the Community. <p>Filmstrips (Eye Gate)</p> <ul style="list-style-type: none"> 1. Going to School is Fun 2. School Helpers <p>Book: Cathy's First School</p>

CONTINUED

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
5. Who do you think might work here? Would you like to meet our principal and his helper? (Secretary) What kind of jobs does the principal do? What does his secretary do to help him? How do they help us? How can we help them?	<p>Children will continue their search each day, exploring the school. They will see the various school helpers working in their jobs. Each day, a similar note from the gingerbread man will be found which will lead them to each area of work. Those visited will include:</p> <ul style="list-style-type: none">CafeteriaPrincipalSecretaryCustodianSchool patrol <ul style="list-style-type: none">a. safetyb. flag <p>Special teachers</p> <ul style="list-style-type: none">musicguidancespeech <p>Classrooms and teachers</p>	Books: Let's Find Out About School (Martha and Charles Shapp) Schoolroom Bunny (Janet Knole) Andy and the School Bus (Jerrold Beim) Study Prints on School Patrol by Ginn. Jerry at School (Kathryn and Byron Jackson) How School Helps Us (Mike Hape, Robert Ryan) Will I Have A Friend (Miriam Cohem) Let's Go To School (Ned Buchheimer) Good Morning, Teacher (Jeue Barr) Crown Boy (Taro Yashima) School for Sillies (Jay Williams) All Ready for School (Leone Adelson) Record: Sounds in Our School (Scott-Foresman)

CONTINUED

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CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCE AND MATERIAL
6. Where is the gingerbread man?	After meeting all of school helpers except librarian, children will find final note giving clue to look in library. There, they find the gingerbread cake they baked hiding behind the book of same which librarian will read. In this way they will learn of their weekly visit to the library to hear a story. Over & snack of gingerbread shared with librarian, children can learn rules, etc. of library.	
7. Who is the librarian and what does she do? How can we help her and our school?	Visit one of the first grade classes.	
8. What will first grade be like next year?	Visit an upper grade-observe what they are studying.	
9. What would we see in a science class (for example)?		

CULMINATING ACTIVITY:

6

CULMINATING ACTIVITIES	RESOURCES AND MATERIAL
<p>Would you like to have another gingerbread party and invite our school friends?</p> <p>Follow-up activities could include:</p> <ol style="list-style-type: none">1. Children decorate finger snaps with raisins and icing--invite one school helper each day to have snack with them and interview helper.2. Guessing game--pantomime what each helper does.3. Draw pictures of each worker, have roller movie.4. Tape record school sounds.5. Puppet show of each helper.6. Children can make greeting cards to send to helpers on birthdays, holidays, etc.	<p>For role play children can have tools of each school helper.</p> <p>Cafeteria - play food - set up in classroom</p> <p>Principal and Secretary - Desk, Telephone, Pencil and paper</p> <p>Custodian - Carpenter tools Broom Mop</p> <p>- set up in classroom</p> <p>Set up carpenter's bench in classroom.</p>

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Scott Foresman. Sounds in Our School.

5. annel Board:

Istructo. The School. School Helpers.

C A R E E R E D U C A T I O N P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: SELF

"WHO AM I?"

APPROXIMATE GRADE LEVEL: KINDERGARTEN

PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT

PROJECT COORDINATOR: RANDY WRIGHT

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INTRODUCTION TO: Self

Who Am I?

The "Who Am I" unit is the beginning point for the Kindergarten program. The child's knowledge of self and his own world is the central point from which we expand his awareness to others and the world around him.

The program is initiated with this unit on self, proceeds to the family, school and community.

Kindergarten activities, goals and skills will be developed throughout the unit. The child will then possess an understanding and appreciation of his own environment and the world around him.

MOTIVATING ACTIVITIES	RESOURCES AND MATERIALS
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F1: strip:
Science Research Associates Series
Focus On Self-Development
Stage 1

- BROAD OBJECTIVE: 1. To develop the concept of "Who Am I" and to identify ways in which he is a different and unique individual.
 2. To extend the student's awareness of things that are important to him in his own world.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>1. Who am I?</p> <p>Start group discussion by asking, "Who am I?" Teacher introduces herself.</p> <p>Show studyprint to lead into discussion of child introducing himself, stating full name and giving his age. Teacher writes name of child on board and lets child place on table for display. Let child put number of candles into "play cake."</p> <p>Read: <u>Who's That in the Mirror?</u> Show filmstrip: "Cindy and the Elf." (SRA) Discussion of how he looks. Draw himself on 'Who Am I' cards. Put on display table.</p> <p>4. How do you look?</p> <p>Using hand puppets and model doll house, talk about home and importance of knowing address.</p> <p>5. Where do you live?</p> <p>Make milk carton houses when they learn address, put on house.</p>	<p>Show studyprint to lead into discussion of child introducing himself, stating full name and giving his age. Teacher writes name of child on board and lets child place on table for display. Let child put number of candles into "play cake."</p> <p>Read: <u>Who's That in the Mirror?</u> Show filmstrip: "Cindy and the Elf." (SRA) Discussion of how he looks. Draw himself on 'Who Am I' cards. Put on display table.</p> <p>4. How do you look?</p> <p>Using hand puppets and model doll house, talk about home and importance of knowing address.</p> <p>5. Where do you live?</p> <p>Make milk carton houses when they learn address, put on house.</p>	<p>Photoboard 7 (SRA) picture of happy child.</p> <p>"Who Am I" individual cards with space for child's name, birthdate, address, age and space for drawing himself. Play styrofoam cake with candles.</p> <p>Full length mirror (observation)</p> <p>Book: <u>Who's That in the Mirror</u> (Polly Berends) "Who Am I" cards Film: SRA—"Cindy and the Elf"</p> <p>Milk cartons Construction paper Houses put into community (Use display table.)</p> <p>Filmstrip: "Sometimes I Wonder" (SRA)</p> <p>Story: <u>The Growing Story</u> (Ruth Krauss)</p>

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
6. What is your telephone number?	<p>Paper doll: Child makes "me", adds yard hair, features, etc.</p> <p>Show study prints of <u>Our Friend the Policeman</u>.</p> <p>Have model telephone to practice dialing. Emergency, etc.</p> <p>Role-playing in using the telephone.</p> <p>Color telephone for "Who Am I" booklet. Child puts number when he learns.</p> <p>Color show cut out of construction. When he learns to tie, lace with yarn and add to "Who Am I" book.</p>	<p>Story: <u>In A People House</u> (Theodore Lesieg) (McGraw-Hill) Study Print of Policeman</p> <p>Telephone</p> <p>Awareness Study Prints (SRA)</p> <p>"I Can Do It Myself" table of manipulative materials with zippers, shoes and laces, buttons.</p>
7. What can you do by yourself?	<p>yourself?</p>	<p>P.E. game "Little Lost Child"</p> <p><u>The Telephone Book</u> (Virginia Hubbel and Ken Sobal)</p>

BROAD OBJECTIVE: 3. To develop positive attitudes and behavior that will enable the child to work and play cooperatively.

4. To make the child aware of the rights and feelings of others and extend his awareness of the necessity of being a cooperative group member.

<u>CONTENT QUESTIONS</u>	<u>TECHNIQUES AND ACTIVITIES</u>	<u>RESOURCES AND MATERIAL</u>
<p>1. Are we all alike?</p> <p>2. What do girls like to do?</p> <p>3. What do boys like to do?</p> <p>4. What do we like to do together?</p>	<p>Look at "Here I Am" pictures and compare.</p> <p>All blue eyes stand up, etc.</p> <p>Compare size by standing back to back.</p> <p>Children measure and weigh each other.</p> <p>Draw picture of a friend.</p> <p>Hand prints of children (fingerpaint)</p> <p>Compare different sizes.</p> <p>Girls role play.</p> <p>Boys role play.</p> <p>Play game: "Farmer in the Dell"</p>	<p>Scales, mirrors, tape measurers.</p> <p>Story: Fingerpaint</p> <p>"Helping Hands" for Helper Chart.</p> <p>Books:</p> <p><u>Do You Know What I'll Do?</u> (Charlotte Zolotow)</p> <p><u>Let's Be Enemies</u> (Janice Udry)</p> <p><u>Who Will Be My Friend</u> (Syd Hoff)</p> <p><u>Kind Little Joe</u> (Vera Cerruti)</p> <p>Cut out handprints for Helper Chart.</p> <p>Talk about importance of interdependence and sharing.</p> <p>Story: <u>Do You Remember</u> <u>(Firece Vasiliu)</u></p>

CONTINUED

5

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
5. What makes you happy?	Show "Circle of Feelings" filmstrip.	Paper bags and puppet theatre. Filmstrip: "Circle of Feelings" (SRA)
6. What makes you sad?	Make facial expressions, and child describes emotion.	Story: "Someone I Know" (C. M. Adorjan)
7. What scares you? a. Is it alright to be scared? b. what do you do when you are scared? c. what makes you feel safe?	Make paper bag puppets of themselves. Use them in guessing game for emotion descriptions.	Make up stories about these communications.
8. What makes you mad?	From a group of pictures clipped from magazines put in group according to "happy", "sad" (categorizing math).	Art: Construction paper Have children draw sad or happy faces. P.E.: Interpretive movement - (happy, sad, excited, etc.)
9. Good manners	Filmstrip: <u>Learning About Manners (SYE)</u>	25

CULMINATING ACTIVITY

RESOURCES AND MATERIAL

As a culminating activity to this unit, "Who Am I?", children will complete and take home booklet which will include pages of drawings and artwork such as:

1. Picture of himself
2. Sample of writing his name
3. Birthday cake with number of candles colored
4. Record of weight and height
5. Color telephone with child's number
6. Shoe with Yarn laces
7. What makes me happy
8. What makes me sad
9. What I like to do at school and home
10. Picture of home with address and family members

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C A R E E R E D U C A T I O N P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: THE FAMILY
"FAMILY AFFAIR"

APPROPRIATE GRADE LEVEL: KINDERGARTEN
PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT
PROJECT COORDINATOR: RANDY WRIGHT

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INTRODUCTION TO: The Family
Family Affair

The family unit follows the self unit and now directs the child's thinking from self to his family. He becomes aware of the jobs of each family member and of his role as a cooperative group member.

The child begins to realize there are a variety of jobs within his own home and particularly the occupations of his parents-both in the home and in the community.

Kindergarten objectives or goals, activities, and skills will correlate well throughout this unit.

- BROAD OBJECTIVE: (1) To develop the child's awareness of home and his job role as a cooperative family member.
- (2) To help the child understand and appreciate his parents' jobs in their occupations and at home.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
1. What do you do at home? 2. What does mother do at home and at work? Do you help her? 3. What does daddy do at home and work?	Read story, <u>Family Helpers</u> and discuss each family member's job. Children draw six of the jobs from the above story. Listen to the Sesame Street record about the family.	Book: <u>About Family Helpers</u> <u>Sesame Street Record: Five People in Our Family</u>
Introduction to Family and Home.	Story or filmstrip Motivation-Bulletin board about the family.	Filmstrip and stories: <u>Family Helpers</u> by Elaine Hoffman and Jane Hofffinger
	Read stories about the family. Make a large box into house. Children will paint and use for role play and puppet theater.	Happy Little Family by Rebecca Caudill. <u>Debbie and Her Family</u> by Lois Lensky. <u>A Day with Your Family</u> Book: <u>Rymes for Fingers</u> and <u>Flannelboards</u> by Louise Binder Scott.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
1. How many are in your family?	Have class discussion on child's family. Role play, use family pictures to describe child's family.	Record: (Sesame Street) <u>Five People in My Family</u> Filmstrip: <u>Robert and Family Visit the Zoo</u>
3. How many sisters and brothers do you have?	Listen to records. Display pictures of a family. Have children color and cut out pictures of their family. (Ditto sheet) Glue to popsicle sticks.	Record: <u>Hush, Little Baby.</u> <u>Rock-A-Bye Baby.</u> <u>Do You Know What I'll Do?</u> by Charlotte Zolotow
4. Are they bigger or smaller than you?	Read book, <u>Big Brother</u> .	Book: <u>Big Brother</u> by Charlotte Zolotow.
5. Do you have a pet? Is it part of your family?	Listen to records about pets. Draw favorite pet. Read stories about pets.	Record: <u>Doggie in Window</u> <u>Three Little Puppies</u>
	Show and talk about study prints.	Stories: <u>Have You Seen My Puppy?</u> by Adelaide Hull. <u>A Dog For Susie</u> by Ruth Nordlie. <u>Katie the Kitten</u> by Kathryn Jackson.
	Study prints	Materials needed: Clay Paris craft Paper mache Newspaper
	Make pets from clay, paris craft, paper mache.	

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>6. What do you do together as a family?</p> <p>Let children tell about his pet, or a pet they would like to have.</p> <p>Listen to records about pets.</p> <p>Make puppets from light bulbs (mother, father, pets) Children will give puppet show about jobs.</p> <p>Read and discuss a book about kindness.</p> <p>Read and discuss book.</p> <p>Show and discuss study prints-</p> <p>View filmstrip</p> <p>Talk about sharing. Read story.</p> <p>Talk about things they like to do with their family. Ex: Playing games, picnics, camping, shopping, vacation and a drive in the country. Read story and discuss. Show filmstrips.</p>	<p>Record: Sing'n Do Songs "My Little Puppy" Maybe I'll Find a Kitty Under the Christmas Tree</p> <p>Book: <u>Kindness is a Lot of Things</u> by P. D. Eastman</p> <p>Study Prints: "A Family at Work and Play</p> <p>Filmstrip: "Robert Goes Shopping"</p> <p>Book: <u>Kindness is a Lot of Things</u> by C. R. Gibson.</p>	<p>Story: <u>Big Brother-Charlotte Z.</u> Filmstrips: "Family Fun" "Robert's Family at Home" "Robert's Family & Their Neighbors" "A Day with Your Family".</p>

CONTINUED

5

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>7. What do you live in? What different kinds of houses do you know about?</p>	<p>Show pictures of different kinds of homes; (apartments, trailers, etc.) let the child describe the home he lives in. Ask if it is big or small. Role play.</p> <p>Read stories and discuss.</p>	<p>Stories: <u>The Big Girl and the Little</u> <u>House</u> by Ruth Krauss. <u>A Very Special House</u> by Ruth Krauss. <u>Best Little House</u> by Aileen Fisher.</p> <p>Make houses out of milk cartons.</p> <p>Listen to record.</p> <p>Filmstrip-view and discuss.</p> <p>Read the story about the three little pigs. Let the children dramatize the story.</p> <p>Read and discuss-book</p>

CONTENTS / REFERENCES

8. What is your job
at home? Do you
have time for you?

TEACHING AIDS / CIVILIZATIONS

Filmstrip - Vicksburg address.

Write about the job of a child
care worker.

Child care workers, pets, dogs,
caring for children, pets, and dogs.

Stories - read and discuss.

A House for my Littitans by
Agnes Gruenwald
5. Doc for Susie by Ruth Vorlie.

9. Who does mother do
at home? Do you
help more or less?

How to study history (map) -
use, maps, outline the home.

Stories - read and discuss.

10. Yankee Doodle by P. D.
McGraw-Hill
Ask Mr. Cutter by Professor E. R. L.
Doreen, Marin.

Play, play, play
See a movie, a television
program, a newspaper
children will enjoy various jobs.
Children will learn with fun.

CONTINUED

7

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
10. What things does mother use in her work at home?	<p>Have one child in center, have him act out something that mother does. See if children can guess. The first one to guess gets a turn until all have had a turn.</p> <p>Listen to records.</p>	<p>Records: <u>I Love You Mommy.</u> <u>Here We Go Around the Mulberry Bush.</u></p>
	<p>Have a mother come to school and tell children about her role in home.</p> <p>Read and discuss stories.</p>	<p>Resource person - a mother</p> <p>Stories: <u>Mr. Rabbit and the Lovely Present</u> by Charlotte Zolotow. <u>The Hatine Book</u> by Charlotte Zolotow.</p>
	<p>Have a display of tools mother works with. See if child knows what each tool is and how it helps mother. Role play. (Mommy bags)</p>	<p>Display - Dishes Pans Broom Silver ware</p>
	<p>Have a child take home a paper bag, let mother put something in it. Have child give a clue, and see who can guess what it is. Let each child have a turn.</p>	<p>Paper bags</p>

CONTENT QUESTIONS

TECHNIQUES AND ACTIVITIES

RESOURCES AND MATERIAL

11. Does mother have a job outside of the home? What does she do?

Discuss where mother works. How she gets to work. Let children make hats for mothers.

Read -Jennie's Hat.

Have several mothers visit class and tell class about their jobs.

12. What does daddy do at home? Do you help daddy? How?

Book: Jennie's Hat by Ezra Keats.

Resource persons:
Mother visits class
Nurse
Cook
Florist

Show study prints.

13. What tools does daddy use to work with?

Talk about jobs daddy does at home(washing car, cutting grass, painting, fixing all of the things that break-our toys, etc.)

Books-read and discuss.

Books:
Daddies by Lonnlie Carton.
The Sorely Trying by Russell Hoban.
No Fighting, No Biting by Else H. Minawu.
Thank-You-You're Welcome by Louis Stoloobkin.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>14. Where does daddy work?</p> <p>15. How are families different?</p>	<p>Have a daddy visit the class and tell about his job at home. Role play things you like to help daddy do.</p> <p>Make daddy bags(note mommy bags)</p> <p>Have daddies visit class and tell what they do. Try to get a variety of occupations(laborers, skilled trade, business).</p> <p>Listen to record about daddy.</p> <p>Read and discuss book.</p> <p>Filmstrip-view and discuss.</p> <p>Discussion on different family life(Ex.: American, Eskimos, Indians, etc.)</p> <p>Build homes showing how each is different.</p> <p>Build a block or brick house. Make a tepee and igloo.</p>	<p>Resource person - a daddy.</p> <p>Paper bags</p> <p>Resource persons-daddies from various occupations to talk about their jobs.</p> <p>Record: <u>My Daddy</u></p> <p>Book: <u>Daddies, What They Do All Day</u> by Helen Walker.</p> <p>Filmstrip: <u>How A Navajo Indian Family Lives.</u></p> <p>Wooden blocks Card board bricks Paris craft Cloth</p>

CONTINUED

10

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
16. How do we all help each other in the family?	Everyone doing his job, working together. Let children role play "A Family".	

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C A R E E R E D U C A T I O N * P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: INSECTS

"MY WORLD IN A JAR"

APPROXIMATE GRADE LEVEL: KINDERGARTEN

PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT

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INTRODUCTION TO: INSECTS - "MY WORLD IN A JAR"

This unit is written for the kindergarten child and focuses on but not entirely limited to the study of insects.

The unit aim is to acquaint the child with the world around him, "to help the child understand the interdependence of all living things, and to be aware of the various occurrences in the field of science."

OBJECTIVES:

1. Self Awareness
The student will become aware of his interest in nature. He will learn about himself in his social and physical development in relation to nature's wondrous growth plan.
2. Educational Awareness
The student will recognize the variety of careers available in the field of science and the importance of learning, reasoning, and experimenting.
3. Career Awareness
The student will become aware of the many tasks performed by people in the field of Biology, emphasizing the importance of learning facts, performing skills and experimenting.
4. Economic Awareness
The student will become aware of the economic opportunities available through field trips, interviews and observation of people in professional, business and service careers in the field of science.
5. Decision Making
In learning to care for insects and other living things the student will make decisions by experimentation, observation and evaluations of his performed tasks.

OBJECTIVES (cont.)

6. Beginning Competency
The student will become aware of the importance of being knowledgeable, in using material, developing skills, analytical thinking, experimentation and evaluation.
7. Employability Skills
The student will become aware of his interests and skills and relate these to various careers available in the field of science.
8. Attitudes and Appreciations
The student will experience satisfaction in observing nature's plan for all living things and relate this to the importance of planning his own life. He will recognize his needs for interdependence through experimentation and observation. He will develop interests, gain satisfaction, and learn to care for others.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
What are we eating?	As an introduction to the unit and an activity to motivate the children, they will be served honey at snack time leading into a discussion of the honeybee and insects in general.	Study prints: Moths and Butterflies SVE Insects of Home and Neighborhood SVE Insects of Garden and Crop Land SVE Common Insects SVE
Are insects important?	Have available to the children a variety of books relating to insects. Put bee transparents on science shelf for the children to use with the overhead projector.	Display table will be set up with specimens of insect collections, beehive, magnifying glasses, microscopes, beeswax, honeycomb in the honey etc.

How do we care for bees?

Resource person: Bee keeper dressed in protective clothing. Tells and shows the children about his job. Children will later visit the hives.

Did you know each bee has a special job in the hive?

These jobs will be brought out in the Busy Bee filmstrip. Discuss how our school is organized like a hive.

Cassette: The Busy Bees Eye Gaze Transparencies: Life Cycle of the Beehive

Book: Bees, Bugs and Beetles Scholastic Books

CONTENTS AND QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
Are bees helpful?	Discussion of protection and health relating to insects. > Encourage children to bring in insect collections.	Have health nurse visit to discuss care of insects bites, safety and general first aid. Lead children to ask about various aspects of her job.
What other insects are helpful? (dragonfly, praying mantis, lady bugs, wasps, butterflies, etc.)		Poem: <i>Ladybug, Ladybug</i> Visit Radford College Biology Dept. to see insect collections, interview professors who study insects and workers who help them about their jobs.
Why do scientists study and collect insects?		Help the children classify the insects as to helpful and harmful. Help them set up experiments in jars with different insects and plants together and observe what the insect does to the plants such as eat the flowers. Observe insects eat other insects. (The praying mantis will eat small grasshoppers, crickets, flies, etc.)

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIALS
<p>Why do insects need different kinds of legs, mouths, eyes, etc.?</p>	<p>Reinforce moth concepts by making insects from play dough, pipe cleaners, and beans. (Fix legs, two antennae, so many dots, wings, etc.)</p>	<p>Insects - A Beginning Science Book - Brouillette - Follett Insects - Roberts Pb. Melmont The Tall Grass Zoo - Lubell Pb. Rand Insects - Collector and Preservation Stevens 15. Scott</p>

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>Do you know any harmful insects? (Moths, Japanese beetles, grasshoppers, houseflies, cockroaches, locusts, ants, termites, boll weevils, silverfish, ticks, mosquitoes, lice, fleas, etc.)</p> <p>What do we do to get rid of them?</p> <p>Have you seen any insects eating the flowers in your yard?</p> <p>Have you seen trees with big cocoons and lots of caterpillars inside them? Do you think these insects are helping the trees? Are they hurt by it? What do you see that tells you this?</p>	<p>Have available butterfly nets to catch samples of insects. Stress must be put on catching a very limited supply of each insect. Bring in conservation and balance of nature concepts.</p>	<p>Resource person: Pest control serviceman. Focus on harmful insects. Have him bring in his equipment and spray the room. Look for what insects live in the room and were killed.</p> <p>Visit Entomology Department at VPI.</p>

What do we do to get rid of them?

Have you seen any insects eating the flowers in your yard?

Have you seen trees with big cocoons and lots of caterpillars inside them? Do you think these insects are helping the trees? Are they hurt by it? What do you see that tells you this?

Have plants in a jar. Put in some insects. Watch to see which ones are helpful and which ones eat flowers, weeds, leaves, etc.

Mount insects brought into class. Watch the trees with the tent caterpillars on them and see what happens to the leaves and branches.

Filmstrip - How Insects Live and Grow. SVE
How Insects Change. SVE
Flowers Fruits and Seeds. SVE
I Want to be a Scientist. Greene Childrens Press.

Books: Insects - Indoors and Out. Roberts, Pb. McMillan.
Lady Bird Quickly Reipes Pb. Little
I Want to be a Scientist. Greene
 Childrens Press.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>Did you know ants build towns under the ground?</p> <p>What kinds of homes do insects live in?</p> <p>Do they all build their own homes?</p> <p>Do some live in insect cities?</p> <p>Do you know any insects who live alone?</p> <p>Can you find an insect house to bring for the science table or to tell us about?</p>	<p>Set up ant farm on science table. Take a field trip for insect collection using insect cafes made by the children.</p> <p>Watch changes in the ant colony set up on science table.</p> <p>Bring wasp nest. Cut off part of it so the inner structure can be studied.</p> <p>On walks in school neighborhood, hunt for signs of insect homes.</p> <p>Let's find some insects.</p> <p>Have displayed on science table the kid "Japanese Silk - Cocoon Package" from Around the World by mall.</p>	<p>Film loop <u>Ants at Work</u>. <u>Ant Farm</u>. <u>Transparency Life Cycle of an Ant Colony</u>. <u>Book Questions and Answers About Ants</u>. <u>Scholastic Books</u>.</p> <p>Books: <u>Insects and the Homes They Build</u>. <u>Sterling, Pb.</u> <u>Doubleday</u>.</p> <p><u>Insects Do The Strangest Things</u>.</p> <p>Book: <u>About Silk Worms and Silk Wormser</u> <u>Silk Wormser</u></p> <p>Song: <u>Mulberry Bush</u></p>

COMPUT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCE 3 AND MATERIAL
"What differences do you see in the moth and butterfly? (Lead them to see antennae differences, wing positions when resting, etc.)	Have the children hunt for cocoons and experiment with them in the room to see if the thread can be unravelled like the silk worm. Have a monarch caterpillar on a milkweed leaf. Watch it eat the leaves, grow, change to a chrysalis and emerge as a butterfly (usually 2 to 3 weeks). Have children responsible for keeping a supply of milkweed leaves for the caterpillars to eat.	Book: <u>Monarch X</u> (Weekly Reader Book Club) Film: "Inspect Zoo" Transparencies: <u>Life Cycle of Butterflies</u> Book: <u>Where do Butterflies Go When It Rains?</u>
Do you think we can go for a walk and find a monarch caterpillar? Can you identify a milkweed?	For art activity, make a sequence of development of caterpillar using a culminating activity.	Film Loop: <u>Monarch butterfly - Chrysalis to Butterflies</u> SEE

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
	<p>Costumed Charade. Divide children into groups and have each choose and costume one child to represent a specific insect. Provide newspaper and other art materials. Have one child the speaker for each group to describe the insect. The person who is the insect act out movement of the insect. The audience tries to guess which insect the group has tried to depict.</p>	<p>Chart by Moncure Monarch = Egg to Butterfly.</p> <p>Filmstrip: How to Identify Moths and Butterflies. SVR</p>

C A R E E R E D U C A T I O N P R O G R A M
R A D F O R D C I T Y S C H O O L S

UNIT TITLE: FOOD AND NUTRITION

"YUMMY IN THE TUMMY"

APPROXIMATE GRADE LEVEL: KINDERGARTEN

PROJECT SITE: RADFORD CITY SCHOOLS

PROJECT DIRECTOR: DR. JAMES E. RUTROUGH, SUPERINTENDENT

PROJECT COORDINATOR: RANDY WRIGHT

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INTRODUCTION TO: Food and Nutrition
"Yummy in the Tummy"

This unit is developed to acquaint young children with good eating habits and, hopefully, to encourage eagerness toward trying many kinds of foods.

As the child learns about foods, he will hopefully gain an understanding of some of the occupations related to food processing, selling, and serving.

This unit of study will lead into a unit on health services and good grooming practices.

BROAD OBJECTIVE: To develop an awareness in young children of good eating habits and to acquaint them with workers who help provide these foods.

To develop an awareness in young children of good eating habits and to acquaint them with workers who help provide these foods.

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CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
1. Why do we need to eat good foods?	Bulletin board surrounded by food cut-outs. Plate and utensils.	Food cut-outs "Better Breakfast Activities" Cereal Institute, Inc. 135 LaSalle St. Chicago, Ill. 60603
2. What are good foods?	Creative play-child manipulates cut-outs or plate to show his breakfast(etc.) that day.	
3. What is a good breakfast?	Study prints discussion. Have children bring in containers from milk products. Make butter.	Study print: "Food and Nutrition" Milkman could come, show truck, etc. Could deliver cream used for butter.
4. Do you feel better after eating a good breakfast?	Play "Breakfast Game" during unit. Award ribbons to all for participation.	Kellogg's Co. Battle Creek, Michigan
	Creative play - using food containers/housekeeping corner, act out serving breakfast, eating, manners, etc.	
		Read: "Pancakes, Pancakes!" Make cereal collages using different shapes and colors of cereal.

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIAL
<p>5. What other foods do you eat?</p> <p>6. Are lunch and dinner important, too?</p> <p>7. What are fruits and vegetables? Where do they come from? Which ones do you know?</p> <p>8. How many different kinds of breads have you tasted?</p>	<p>Have "Breakfast Party" Make placemats, cook and serve oatmeal (or pancakes and use your butter) and serve with juice and milk.</p> <p>Make aprons/chef hats, waitress caps.</p> <p>Make collage of breakfast foods, cut from magazines.</p> <p>Study print discussion of "Lunch" and "Dinner".</p> <p>View filmstrip and follow with discussion.</p> <p>Visit school cafeteria and/or restaurant to see foods prepared for lunch or dinner.</p> <p>Make play-dough fruits and vegetables for housekeeping center. Have a taste party. Make a fruit compote. Serve during snack.</p> <p>Have bread-tasting party.</p>	<p>Construction & crepe paper.</p> <p>Magazines</p> <p>Study print: "Food and Nutrition"</p> <p>Filmstrip: The Fruit and Vegetable Store</p> <p>School cafeteria</p> <p>Read: "Green Eggs and Ham" to encourage children to try something new.</p> <p>Filmstrip: "Let's Have a Party"</p> <p>View filmstrip and discuss. Have a lunch party. Each child could bring in a vegetable.</p>

CONTENT QUESTIONS	TECHNIQUES AND ACTIVITIES	RESOURCES AND MATERIALS
9. How does mother get these good foods?	<p>Wash, chop, mix salad. Make grilled cheese sand. and dry soup mix. All have jobs to do.</p> <p>Guessing game: I am a fruit; I'm red. I grow on a tree. People pick me and rub me until I'm very shiny. What am I? (apple)</p> <p>I'm a vegetable. I'm green. Lots of me grow in one pod. I'm round. (peas)</p>	<p>Filmstrip: "The Grocer"</p>
10. Where does the grocer get foods?	<p>View filmstrip and discuss. Set up supermarket with food containers brought in by children.</p>	<p>Role-playing - grocer, meat cutter, customer, etc.</p>
11. Do you think you know which foods are good foods now?	<p>Plant seeds and watch them grow. Radishes grow quickly.</p> <p>Make a food mobile from food groups: milk group, fruits/ veg., meat/fish/eggs, cereals/ breads.</p>	<p>Visit a grocer store or invite a grocer to the room.</p> <p>Visit dairy or fruit farm. Perhaps an egg farm.</p>

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Farmer. Playskool no. 195-1.
Baker. Playskool no. 195-4.
Cake Maker. Playskool no. 275-43.
Waitress. Playskool no. 195-12.
Milkman. Playskool no. 195-7.

Educational Materials:

Better Breakfast Activities - Cereal Institute, Inc.
Breakfast Game - Kellogg Company