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## ABSTRACT

The purpose of this course of study is to serve as a guide for providing newly employed vocational rehabilitation agency personnel with educational experiences that better prepare the trainees to serve themselves, their clients, their agency, and their community. The course reflects the belief that generic educational material and experiences are necessary for newly employed rehabilitation personnel; and that race flexibility in coverage is maintained to insure the program staff the opportunities to respond to trainees' requests and needs. The training process itself attempts to integrate those elements considered most conducive to effective learning: (1) provide identification models for effective functioning through the interactional process with the program staff; (2) provide the conditions or atmosphere that will afford the trainee an experiential base calculated to enhance self-development and understanding; and (3) to provide that which is taught and reinforced didactically attempts to influence trainee behaviors and attitudes. References and numerous film abstracts are included. (Author/SES)

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**INTRODUCTION TO VOCATIONAL REHABILITATION SERVICES**

**An Outline for a Course of Study**

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**And**

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**Rehabilitation Counselor Training**

**At**

**West Virginia Rehabilitation Center  
Institute, West Virginia 25112**

**Supported by Grant 605-T-69 from the Social and Rehabilitation Service,  
Department of Health, Education and Welfare to the West Virginia Division  
of Vocational Rehabilitation and West Virginia University.**

## INTRODUCTION

The purpose of this course of study is to serve as a guide for providing newly employed Vocational Rehabilitation agency personnel with educational experiences so as to better prepare the trainees to serve themselves, their clients, their agency, and their community.

The course of study contained here is reflective of the belief that generic educational material and experiences are necessary for newly employed Rehabilitation Personnel. No particular Vocational Rehabilitation setting or client caseload assignment receives emphasis.

This outline is not necessarily adhered to completely. Nor is it totally inclusive of what may occur in a specific training session. Flexibility in coverage is maintained so as to insure the program staff opportunities to respond to trainees' requests and needs.

The training process itself attempts to integrate those elements which are considered most conducive to effective learning: (1) through the interactional process with the program staff, provide identification models for effective functioning; (2) provide the conditions or atmosphere that will afford the trainee an experiential base calculated to enhance self-development and understanding; (3) what is taught and reinforced didactically is an attempt to influence trainee behaviors and attitudes.

In short this course content and the training situation in which it occurs hopes the trainee can better find out what Vocational Rehabilitation is; who he is in Vocational Rehabilitation; and what he as a person has to offer to others in conjunction with the Vocational Rehabilitation Agency.

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REGIONAL COUNSELOR TRAINING CENTER  
Institute West Virginia 25112

UNIT I

INTRODUCTION TO REHABILITATION COUNSELING  
-THEORY AND PRACTICE-  
8:30 A.M. to 10:30 A.M. Daily

FIRST WEEK

SEMINARS #1 and #2 - THE NATURE OF COUNSELING THEORY (4 hours)

- A. Counseling Theory
  - 1. Method of Behavior Analysis and Study
  - 2. A Way of Reducing Behavior to Observable and Workable Variables
- B. An Outline to Study Interpersonal Relationships
- C. The Core Dimensions of Interpersonal Relationships
  - 1. Empathy
  - 2. Respect
  - 3. Genuineness
  - 4. Concreteness
  - 5. Self-exploration

SEMINARS #3 and #4 - THE FIVE FUNCTIONAL LEVELS OF THE CORE DIMENSIONS (4 hours)

- A. Functional Levels of Client
- B. Functional Levels of Counselors
- C. Functional Levels of the Counselor and Client's Environments

SECOND WEEK

SEMINARS #5 and #6 - THE CLIENT-CENTERED APPROACH TO COUNSELING (4 hours)

- A. Basic Theorems
- B. Historical Development
- C. Contributions to the Client and to the Counselor
- D. Limitations for the Client and for the Counselor
- E. General Applications and Summary

SEMINAR #7 - THE EXISTENTIAL APPROACH TO COUNSELING (2 hours)

- A. The Existential Approach as Related to Counseling
- B. The Contributions to the Client and to the Counselor
- C. The Limitations for the Client and for the Counselor
- D. General Applications and Summary

SECOND WEEK (Continued)

UNIT I

SEMINARS #8 and #9 - THE BEHAVIOR MODIFICATION APPROACHES TO COUNSELING (4 hours)

- A. Behavior Modification Principles
- B. Historical Development
- C. The Contributions to the Client and to the Counselor
- D. The Limitations for the Client and for the Counselor
- E. General Applications and Summary

THIRD WEEK

SEMINARS #10 and #11 - THE TRAIT-AND-FACTOR APPROACH TO COUNSELING (4 hours)

- A. Assumptions of the Trait-Factor Approach
- B. The Contributions to the Client and to the Counselor
- C. The Limitations for the Client and for the Counselor
- D. General Applications and Summary

SEMINAR #12 - THE PSYCHOANALYTIC APPROACH TO COUNSELING (2 hours)

- A. Basic Assumptions of the Psychoanalytic Stance
- B. Historical Developments
- C. The Contributions to the Client and to the Counselor
- D. The Limitations for the Client and for the Counselor
- E. General Applications and Summary

FOURTH WEEK

SEMINARS #13, #14, and #15 - THE COUNSELING PROCESS (6 hours)

- A. Initial Client Interviews or Contacts
- B. Client Self-Exploration
  - 1. Counseling Confrontations
  - 2. Crisis Situations
- C. Client Directionality and Resolution of Problem
- D. Other Sources of Client Gains



#### FIFTH WEEK

SEMINARS #16, #17, and #18 - VIDEO-RECORDED CLIENT CONTACTS (18 hours)

SEMINARS #19 & #20 - VOCATIONAL REHABILITATION COUNSELING (4 hours)

- A. The Goal of Rehabilitation Counseling - Vocational Adjustment
- B. Rehabilitation Counseling
  - 1. Selection of Occupational Objectives
  - 2. Use of Occupational Information
  - 3. Use of Psychometric Information

#### SIXTH WEEK

SEMINARS #21 & #22 - VOCATIONAL REHABILITATION COUNSELING (Continued) (4 hours)

- C. Counseling in Rehabilitation Settings
- D. Problems Encountered in Rehabilitation Counseling
  - 1. Problems Due to Environmental Situations and Factors
  - 2. Problems Due to the Nature of the Caseload
  - 3. Problems Due to Personal Variables within the Counselor Himself
- E. Summary and Review

SEMINARS #23 & #24 - GROUP COUNSELING MODELS (6 hours)

- A. Objectives of Group Counseling
- B. Structuring Group Meetings
- C. Evaluation of Group Counseling
- D. Practice in Group Communication

#### BASIC TEXT

Helping and Human Relations, Vols I & II, Robert R. Carkhuff, Holt, Rinehart, and Winston, Inc. New York; 1969  
Man, the Manipulator, Everett L. Shostrom, Abingdon Press, New York; 1967  
The Work of the Counselor, Leona E. Tyler, 3rd. ed., Appleton-Century-Crofts; New York; 1969

#### REFERENCE TEXTS

Beyond Counseling and Therapy, Robert R. Carkhuff and Bernard G. Berenson. Holt, Rinehart and Winston, Inc. New York: 1967.  
Theories of Counseling and Psychotherapy, C. H. Patterson. Harper & Row, New York: 1966.  
Toward Effective Counseling and Psychotherapy: Training and Practice, Charles B. Truax and Robert R. Carkhuff, Aldine Publishing Co., Chicago; 1967.

## FILMS

- "Supervision in Vocational Rehabilitation Counseling". Produced by Campus Films, New York, for the Vocational Rehabilitation Administration.
- "Three Approaches to Psychotherapy" Produced by Psychological Films.
- "Reinforcement Therapy" (Behavior Conditioning) Produced by Smith, Kline, and French Laboratories.

## UNIT II

### MEDICAL ASPECTS OF REHABILITATION COUNSELING

10:30 a.m. - 12:00 noon

#### FIRST WEEK

### LECTURE #1

#### THE STRUCTURE OF MEDICINE (1 ½ Hours)

#### The Purpose for Medical Information by Rehabilitation Counselor

##### A. The introduction and purpose of course

1. To understand disability and its functional and prognostic implications
2. To be more sensitive and to know when to ask for physician's help
3. To know about and anticipate some of the common complications of diseases often dealt with
4. To be sufficiently familiar with the major characteristics of common impairments
5. To understand enough terminology to generally comprehend most medical reports and communicate with the medical profession
6. To understand the nature and operation of our health care system and the roles of its personnel so that the counselor can effectively use it to get good evaluation and medical prescriptions for his client

##### B. The Structure of the medical community

###### 1. Hospitals

- (a) The variety: (psychiatric, tuberculosis, chronic disease); specialty proprietary (profit); non-profit (public and private); religious; University; community

###### q (b) Quality indicators and controls

- (1) Joint commission on hospital accreditation (JCAH)
- (2) State Licenses
- (3) Teaching hospitals

###### 2. The hospital as a resource to the Rehabilitation Counselor

- (a) Content of the case medical record
- (b) Obtaining data from the medical record

## UNIT II

3. The medical rehabilitation center within the hospital setting
4. Other medical facilities
  - (a) Clinics
  - (b) Nursing homes
  - (c) Cardiac work classification unit (CWCU)
  - (d) Optical aids clinic (OAC)
  - (e) Pulmonary Function Study Units (PFS)
5. Health Agencies
  - (a) The state and county health departments
  - (b) Crippled Children's clinics
  - (c) Specialty clinics
    - (1) Venereal disease clinics
    - (2) Tuberculosis clinics
    - (3) Clinical laboratories
    - (4) Personnel -- such as visiting nurses
  - (d) Voluntary health agencies
    - (1) Visiting nurses association - (VNA)
    - (2) American Cancer Association
    - (3) Heart Association
    - (4) Muscular Dystrophy
    - (5) Society for Crippled Children and Adults
6. Medical Specialties and Medical Organizations
  - (a) Hospital staffs (physicians)
  - (b) County Medical Association
  - (c) State Medical Association
  - (d) American Medical Association
  - (e) Paramedical groups

## UNIT II

- (1) Physical Therapists
  - (2) Occupational Therapists
  - (3) Lab Technicians
  - (4) Nurses
  - (5) Speech and Hearing Therapist
  - (6) X-ray Technicians
  - (7) Psychological Service
  - (8) Social Service
7. Medical disciplines
    - (a) General practice
    - (b) The Academy of General Practice
  8. Medical Specialities--Medical Boards
    - (a) American College of Physicians--FACP
    - (b) American College of Surgeons--FACS

(See Felton, Pages 11-12)
  9. Osteopaths
  10. Chiropractors
  11. Medical Ethics--fees and costs
- (Opaque projector utilized as a Teaching Device)

### LECTURE #2

#### MEDICAL TERMINOLOGY (1½ Hours)

- A. Analysis of terms
- B. Origin of medical terms (Latin, Greek, French, Italian, Anglo-Saxon)
- C. Inconsistencies and contradictions
- D. (A 19-page work sheet is passed out to the students to complete medical terms by adding prefixes and suffixes to a root word. This is accomplished with the assistance of a medical dictionary to assist them in becoming familiar with the breakdown of the medical terms.)

### LECTURE #3

#### COMPOSITION OF MUSCULOSKELETAL SYSTEM (1½ Hours)

A brief explanation is given of the skeleton, muscles and joints making up the musculoskeletal system. Sources of orthopedic disabilities and discussion of diagnostic procedures and treatment of orthopedic disabilities are presented (operative methods and non-operative methods; various treatment modalities).

UNIT II

AMPUTATIONS

- A. Definition - AK, BK, AE, BE, SD, HD, Symes, Chopart, Etc.
- B. Indications for amputation (trauma, vascular disease, infection, tissue injury, tumor, deformities, and paralyses)
- C. Consideration of personal characteristics
- D. Levels of amputation
- E. Disorders of the stump
- F. Phantom limb syndrome (phantom sensation, pain, neuromas)
- G. Ideal stump (stump care and hygiene)
- H. Preprosthetic management

(Skeleton utilized to complement this lecture)

LECTURE #4 POLIOHYELIUM PARALYSIS OR QUADRIPLEGIA (1½ Hours)

(Colored slides and skeleton are used to complement this lecture.)

- A. Description
- B. Etiology (trauma, abscess, tumor fracture, congenital, CNS disease, etc.)
- C. Complications (pressure sores, renal problems, etc.)
- D. Medical and surgical treatment
- E. Physical Treatment
- F. Psychologic aspects
- G. Research findings concerning work experiences of paraplegics and quadriplegics
- H. Vocational implications

LECTURE #5 THE GENERAL PHYSICAL EXAMINATION (1½ Hours) See Appendix III

Filmstrip and Tape - The Comprehensive Physical Examination, J. S. Bolton, M. D., emphasizes, techniques, and methodology of a thorough physical examination.

Medical Review and Test

SECOND WEEK

LECTURE #6 PROSTHEPTICS (1½ Hours)

- A. Definitions

## UNIT 11

1. Physical therapy (Bracing of lower extremities, limb fitting, gait training, etc.)
  2. Occupational therapy (Bracing of upper extremities, functional splinting, fitting of upper prosthesis, etc.)
- B. Modalities of Physical Medicine
1. To determine the extent of neuromuscular disability and to assess response to treatment
  2. To relieve pain and spasm
  3. To prevent deformity, if possible, or to correct or minimize it, if it has occurred
  4. To enhance the strength, endurance, and coordination of motor function
- C. Other rehabilitation therapies
- D. Pre-prosthetic management
- E. Prosthetic training
- F. Stump hygiene
- G. Demonstration and explanation of upper and lower extremities
- H. Prosthetics as served by physical therapy and occupational therapy (Center clients participate in this presentation)

### LECTURE #7

#### ARTHRITIS (1½ Hours)

- |   |                            |
|---|----------------------------|
| A. Etiology                             | H. Symptoms                |
| B. Pathology                            | I. Diagnosis               |
| C. Rheumatoid Arthritis                 | J. Treatment               |
| D. Osteoarthritis                       | K. Drugs                   |
| E. Gouty Arthritis                      | L. Surgery                 |
| F. Ankylosing spondylitis               | M. Psychotherapy           |
| G. Articular and non-articular problems | N. Vocational implications |

(Colored slides are utilized to complement this lecture)

### LECTURE #8

#### ORTHOTICS (1½ Hours)

Explanation and demonstration by the occupational and physical therapists (bracing of the upper and lower extremities). Explanation and demonstration of proper wheelchair prescription and functional components. (Center clients participate in this presentation.)

UNIT II

LECTURE #9

GENERAL SURGERY (1½ Hours)

A brief explanation of surgical procedures involving hernias, hemorrhoids, hysterectomy, fistulas and fissures. Causes, treatment, and occupational implications for all of the above are discussed. (Anatomy charts and films utilized to complement this lecture.)

LECTURE #10

OBSERVATIONS IN OCCUPATIONAL AND  
PHYSICAL THERAPY DEPARTMENTS (3 Hours)

Medical Review and Test

THIRD WEEK

LECTURE #11

NEUROLOGY (1½ Hours)

Brief explanation of central nervous system.

A. Motor signs and symptoms (Etiology)

1. Paralysis

2. Abnormal Movements

(a) Athetosis

(b) Chorea

(c) Dystonia

(d) Ballism

(e) Parkinson's disease

(f) All convulsive disorders

(g) Treatment procedures

B. Factors impeding diagnosis and rehabilitation

C. Film: Modern Concepts of Epilepsy

LECTURE #12

STROKES (1½ Hours)

A. Cerebrovascular accidents (causes, prognosis, treatment, etc.)

B. Tumors

C. Cerebral Palsy

D. Muscular Dystrophy

E. Parkinson's Disease

F. Multiple Sclerosis

LECTURE #13

VISUAL IMPAIRMENTS (1½ Hours)

A. Anatomy of the Eye (A simple diagram of the eye is passed out to be written on by the trainee.) Low vision aids and devices are demonstrated

B. The mechanism of sight

UNIT II

C. Common Visual Impairments

1. Defects in refraction
2. Disorders of the Cornea
3. Glaucoma
4. Cataracts
5. Disease of the retina
6. Sub-normal vision  
(Optical Illusions)

D. Special considerations with respect to blindness

E. Vocational implications

LECTURE #14 HEARING IMPAIRMENTS AND SPEECH DISORDERS (1½ Hours)

A. Hearing impairments

1. Anatomy of the ear
2. How the ear functions
3. Impairments of hearing and balance
4. Diagnosis
5. Treatment
6. Vocational implications

B. Speech Disorders

1. Speech disorders and anatomy and physiology of speech
2. Types of speech disorders
  - (a) Articulation
  - (b) Phonation
  - (c) Fluency
  - (d) Symbolization (Aphasia)
3. Treatment
4. Vocational implications
5. Cleft lip and cleft palate

C. Film: The Inner World of Aphasia

Medical Review and Test



UNIT II

FOURTH WEEK

LECTURE #15

BLOOD (1½ Hours)

- A. The function of blood
- B. The composition of blood
- C. Diagnostic uses of the blood
- D. Blood transfusions
- E. Anemia
- F. Hemophilia
- G. Leukemia
- H. Vocational implications
- I. Utilization of medical laboratory facilities  
(Tour of Center medical laboratory included as part of this lecture)
- J. Film: The Work of the Blood

LECTURE #16

RESPIRATORY SYSTEM (1½ Hours)

- A. Pulmonary disorders (Colored slides are used to complement this lecture)
  - 1. The anatomy
  - 2. Pulmonary tuberculosis
    - (a) Etiology
    - (b) Diagnosis
    - (c) Treatment
    - (d) Vocational implications
  - 3. Pulmonary emphysema
    - (a) Etiology
    - (b) Diagnosis
    - (c) Treatment
    - (d) Vocational implications
  - 4. Bronchial asthma
    - (a) Etiology
    - (b) Diagnosis
    - (c) Treatment
    - (d) Vocational implications
  - 5. Bronchiectasis
    - (a) Etiology
    - (b) Diagnosis
    - (c) Treatment
    - (d) Vocational implications
  - 6. Pulmonary Function Study Units

## UNIT II

### LECTURE #17

#### CARDIOVASCULAR SYSTEM (1½ Hours)

(Colored slides and the examination of the equipment used in angiocardio-graphy are used to complement this lecture.)

- A. Anatomy of the cardiovascular system
- B. Mechanism of heart action
- C. Congestive heart failure
- D. Arteriosclerotic heart disease
  - 1. Pathology
  - 2. Coronary insufficiency
  - 3. Myocardial infarction
- E. Rheumatic heart disease
- F. Hypertensive heart disease
- G. Congenital heart disease
- H. Diagnostic procedures
- I. Cardiac catheterization ( This involves demonstration of equipment used for this type of diagnosis.)
- J. Vocational implications
- K. Cardiac work implications (Cardiac Work Classification Units)

### LECTURE #18

#### GENITOURINARY SYSTEM (1½ Hours)

- A. The anatomy
  - 1. Bladder complications
  - 2. Kidney complications
- B. Complications encountered by paraplegics and quadriplegics
  - 1. Diagnosis
  - 2. Treatment
  - 3. Vocational implications

UNIT II

FIFTH WEEK

LECTURE #19                      GASTROINTESTINAL DISORDERS (1½ Hours)

- A. Functions of the digestive system
- B. The gastrointestinal tract
- C. Diagnosis of gastrointestinal disorders
  - 1. Peptic ulcer
  - 2. Regional enteritis
  - 3. Colitis
  - 4. Disorders of the accessory digestive organs
- D. Diabetes Mellitus
- E. Liver problems

(Lecture complemented by use of Human Torso Model)

LECTURE #20                      PLASTIC AND RECONSTRUCTIVE SURGERY (1½ Hours)

(Colored slides are used to complement this lecture)

- A. Definition
- B. Types of lesions
- C. Psychologic aspects
- D. General consideration in planning and performing surgery
- E. Plastic surgery in children
- F. Skin grafts
- G. Techniques for major restorations
- H. Vocational implications

LECTURE #21                      DERMATOLOGIC DISORDERS (1½ Hours)

- A. Functions of the skin
- B. Anatomy and physiology
- C. Skin disorders: major classifications
  - 1. Disorders due to allergic origin
  - 2. Disorders of bacterial origin
  - 3. Diseases of viral origin
  - 4. Fungal
  - 5. Pigmentation
  - 6. Neoplastic changes
  - 7. Diseases of the hair and nails
  - 8. Stump infections

## UNIT II

- D. Diagnosis
- E. Treatment
- F. Vocational implications

### LECTURE #22                      USE OF MEDICAL CONSULTATION (1½ Hours)

- A. The counselor's medical duties and responsibilities, in cooperation with the supervisor and the medical consultant revolve around the following activities:
  - 1. Identify the disability
  - 2. Determine the nature of the diagnostic study and the possibility of alleviating or removing the disability
  - 3. Understanding the meaning of medical findings
  - 4. Determining eligibility and feasibility of service in reaching the employment goal
  - 5. Determining how and in what way services could best be provided
  - 6. Appraising the capacities and limitations of the client with regard to participation in training or employment
  - 7. Counseling the client and his family regarding medical problems
  - 8. Appraising the results of service through continual evaluation
  - 9. Maintaining good relationships with the medical community and cooperating health and welfare agencies
  - 10. Extending the rehabilitation program to the community as an aid in the solution of problems associated with adjustment to disability.
- B. The counselor will be more effective in counselor-client relationships through medical consultation services if he acquires and maintains an awareness and understanding of the:
  - 1. Possibility of physical restoration as a means of improving the client's employability
  - 2. Content of medical reports, including diagnosis and recommendations
  - 3. Skills of medical specialists in the diagnosis and treatment phases
  - 4. Residuals of a disabling condition, the limiting effect, the physical stability of the client and the progress of client under treatment
  - 5. Effect of trauma and disease processes on individual behavior

## UNIT II

6. Validity of the client's explanation of disability, and his statements as to its relationship to employment
7. Basis for making decisions with dispatch and confidence regarding eligibility, and services necessary for the client's rehabilitation, including training and employment
8. Essential need to develop working relationship with clients, their families, professional co-workers, trainers and employers through more adequate interpretation of limitations imposed by disability and the remaining abilities of clients
9. Methods necessary to more adequate and complete planning for client services
10. Nature and scope of professional relationships in medical and other fields

(Opaque projector utilized as teaching aid with this presentation)

### SIXTH WEEK

#### LECTURE #23

#### THE ROLE OF DENTISTRY (1½ Hours)

- A. Anatomy and Physiology of Dental Structures (visual aids)
- B. Dental Specialties (oral surgery, orthodontist, periodontist, endodontist, prosthodontist, etc.)
- C. Major Dental Impairments to VR
  1. Caries
  2. Abscesses
  3. Pyorrhea
  4. Endentulism
  5. Malocclusion
  6. Cleft palate
  7. Cancer of the nasopharynx, tongue
  8. Gum hyperplasia (result of dilantin for use with seizure problems)
- D. Eligibility of dental cases for Rehabilitation
- E. Dental services adjunctive to other disabilities
- F. Dental Glossary
- G. Preventive Aspects of Dentistry

## UNIT II

### LECTURE #24

### THE ROLE OF THE GENERAL PRACTITIONER IN VOCATIONAL REHABILITATION (1½ Hours)

- A. What is a General Practitioner?
1. Training
  2. Future training under the American Academy of General Practice
  3. Actual types of General Practitioners.
    - a. Rural
    - b. Urban
    - c. General Practitioners who do OB, Surgery, etc.
  4. General Practitioners relationship with other specialists.
  5. General Practitioners Role in the Hospital.
- B. How can a General Practitioner help a Rehabilitations Counselor?
1. By referring Clients
  2. Evaluation of Client for Rehabilitation in terms of total Physical, Mental, and Social picture
  3. Assist and reinforce Rehabilitation Program by helping Counselor in explaining and guiding patient.
  4. Assist job placement by his knowledge of the community, it's leaders, and it's job opportunities.
  5. Help Client to continue employment by continual Medical Care and the prevention of new or secondary disabilities or complications of existing disability.
  6. Report to counselor any new disabilities requiring further or new Rehabilitation Program
  7. Help in acquainting community leaders as to General Rehabilitation Program.
  8. Advise and help Counselor procure whatever speciality examinations, or treatments are necessary and explain to counselor and the Client their connection with the Rehabilitation Program.
- C. How counselor can help the General Practitioner?
1. Should keep the General Practitioner informed as to the Patient's Rehabilitation Program and Medical Problems.

## UNIT II

2. Send a final report to the General Practitioner consisting of any speciality work, drugs, physical therapy, occupational therapy, appliances or medical advise that has been done by Vocational Rehabilitation.
  3. Consult the General Practitioner for any complications that arise.
- D. Pitfalls in the Relationship of General Practitioner to Rehabilitation Counselor.
1. Lack of information from the General Practitioner to the Counselor. do to problems of General Medical form, poor reporting, poor general physical examination and poor communication in general.
  2. Lack of information about Rehabilitation Program for the General Practitioner.

### LECTURE #25                      THE ROLE OF THE PHYSICAL MEDICINE AND REHABILITATION SPECIALIST - (PHYSIATRIST) (1½ Hours)

- A. What is a Physiatrist?
1. Training
  2. Principles of Physical Medicine and Rehabilitation
  3. Physiatrist's relationship with other specialists, including para-medical specialities
- B. Principles of Physical Medicine
1. Therapeutic Exercise and Muscle Re-Education
  2. Principles involved in teaching the Activities of daily living
  3. Principles of Rehabilitation Nursing
  4. Principles of Prescription Writing
  5. Application of the Principles of Rehabilitation Medicine
  6. Utilization of Thermal Therapy, Ultraviolet, electrotherapy, massage, electromyography, etc.
- C. How can the Physiatrist help the Rehabilitation Counselor
- D. How can the counselor help the Physiatrist
- E. Physical Medicine as the "Third Phase of Medicine."
- F. Role of the Physiatrist on the "Rehabilitation Team."

Medical Review and Test

## UNIT II

### Basic Texts

1. A Survey of Medicine and Medical Practice for the Rehabilitation Counselor by J. S. Felton, M. D.
2. Description of Common Impairments, U. S. Dept. of Health, Education, and Welfare (BOASI)

### Reference Texts

1. Medicine and Medical Terminology, by L. E. Bolo
2. Rehabilitation Medicine, by H. A. Rusk, M. D.
3. Psychological Practices with the Physically Disabled, by J. Garrett and E. Levine
4. An Orientation to Chronic Disease and Disability by J. S. Myers, Ph. D.



## THE VOCATIONAL REHABILITATION PROCESS

### UNIT III

1:00 p.m. to 3:00 p.m.

(First 3 Weeks)

### FIRST WEEK

#### LECTURE #1 - THE REHABILITATION PHILOSOPHY (1 hour)

- A. Every member of a democratic society has a right to the opportunity to earn a living and make his contributions to society.
- B. Society has the obligation to equalize, as best it can by special services, the disabled person's opportunity to earn a living equal to the opportunity possessed by the non-disabled members of society.
- C. The Rehabilitation Counselor should have an abiding interest in the total person. He must be client oriented. The agency functions to serve clients.
- D. Costs, numbers, productions, are secondary to helping the individual.
- E. As Rehabilitation Counselors, we must not do for a disabled individual that which he can do for himself.
- F. Rehabilitation must prevent dependency whenever possible.
- G. Rehabilitation cannot serve its full purpose until Rehabilitation services are available to everyone who needs them.
- H. Rehabilitation services should provide disabled persons the opportunities to reach their highest level of attainment.
- I. Professional rehabilitation personnel do not rehabilitate anyone, but instead, help others to rehabilitate themselves.
- J. The bulk of disabled persons are unemployable, without rehabilitations service, as far as present employment practices are concerned.
- K. The many and varied professional disciplines and the many and varied agencies serving the disabled are partners, not competitors.
- L. Any one person or profession is inadequately trained to "treat the Whole Man."
- M. Rehabilitation personnel must continue to grow professionally. We must never become really comfortable in our accomplishments. We cannot afford to depend on "more of the same" when newer and better ways are available. Rehabilitation Counseling is a continual learning process.
- N. Effective rehabilitation requires constant self-analysis, stimulation and evaluation.
- O. Effective rehabilitation requires qualitative and quantitative standards of performance.
- P. Effective rehabilitation requires public understanding and support.

### UNIT III

#### LECTURE #2 - HISTORY AND LEGAL BASIS OF REHABILITATION (2 Hours)

- A. Chronology of Legislation
- B. Legislative Developments Since 1943
  - 1. The Vocational Rehabilitation Act Amended, 1943, Public Law 78-113
  - 2. The Vocational Rehabilitation Act Amended, 1954. Public Law 83-565.
  - 3. The Vocational Rehabilitation Act Amended, 1965. Public Law 89-333.
  - 4. The Vocational Rehabilitation Act Amended, 1967. Public Law 90-99
  - 5. The Vocational Rehabilitation Act Amended, 1968. Public Law 90-391
- C. Legislation Related to Rehabilitation
  - 1. Public Welfare Amendments, 1962. Public Law 87-543.
  - 2. Economic Opportunity Act, 1964. Public Law 88-452.
  - 3. Social Security Act Amended, 1965. Public Law 89-97.
  - 4. Correctional Rehabilitation Act, 1965. Public Law 89-179.
  - 5. Recent Legislation

#### LECTURE #3 - REHABILITATION ADMINISTRATION (2 hours)

- A. State-Federal Organization and Functions
  - 1. Health, Education, and Welfare Administration
  - 2. Regional Rehabilitation Office
  - 3. State Agency
  - 4. Other Rehabilitation Agencies
- B. Research, Demonstration, and Training Programs
- C. Trends and Developments in Rehabilitation
  - 1. Improved Treatment and Service Concepts
  - 2. Services to the Severely Disabled and the Culturally Disadvantaged
  - 3. State Identification of those in Need of Service
  - 4. Community Involvement
  - 5. Increased Program Funding
  - 6. Training and Continued-Education for Personnel

#### LECTURE #4 - THE REHABILITATION PROCESS (2 hours)

- A. Case Finding, Selection, and Investigation
- B. Client Study Data
  - 1. Medical Evaluation
  - 2. Psychological Evaluation
  - 3. Vocational Evaluation
  - 4. Educational Evaluation
  - 5. Cultural/Social Evaluation

### UNIT III

#### LECTURE #4 - THE REHABILITATION PROCESS (2 hours) (Continued)

##### C. Rehabilitation Diagnosis

1. Determination of Eligibility
2. Certification of Eligibility
3. Identification of Problems
4. Identification of Rehabilitation Services
5. Vocational Appraisal for Purposes of a Job Objective

#### SECOND WEEK

#### LECTURE #5 - THE REHABILITATION PROCESS (2 hours) (Continued)

##### D. Planning and Provision of Rehabilitation Services

1. Activation of the Rehabilitation Client Plan
2. Utilization of Client's Financial Resources
3. Justification of Rehabilitation Services
4. Provision of Services
5. Description of Services
  - a. Physical Restoration Services
  - b. Training
  - c. Maintenance
  - d. Transportation
  - e. Placement
  - f. Tools, Equipment, Initial Stocks, and Supplies
  - g. Occupational Licenses
  - h. Small Business Enterprises
  - i. Other goods and Services
6. Utilization of Community Resources.

#### LECTURE #6 - THE REHABILITATION PROCESS (2 hours) (Continued)

##### E. Placement and Follow-up

1. Location of Job Opportunities
2. Arranging and Planning for the Employer Interview
3. Presenting the Client
4. Job Analysis
5. Job Engineering
6. Utilization of Public and Private Employment Agencies
7. Follow-up and Evaluation of Placement
8. Case Closure

#### LECTURE #7 - CASE RECORDING (2 hours)

##### A. Purpose of Case Recording System

1. Facilitate Client-Study and Bring into Focus Pertinent Data
2. Improvement of Staff and Programs
3. Administrative Purposes

### UNIT III

#### LECTURE #7 - CASE RECORDING (2 hours) (Continued)

##### B. Guides for a Case Recording System

1. Recording on Established Forms
2. Summary Recording
3. Caption Heading Recording
4. Narrative Recording
5. Recording for Research Purposes

##### C. Critical Points in Case Recording

1. Determining Eligibility
2. Client's Perception of Problems
3. Counselor-Client Relationship
4. New Information
5. Case Evaluation
6. Discussion of Alternate Vocational Objectives
7. Plan Justification
8. Changes in the Rehabilitation Plan
9. Case Supervision
10. Casework Interruptions
11. Case Re-evaluation
12. Loss of Contact with the Client
13. Readiness for Employment
14. Job Placement Plan
15. Case Closure

#### LECTURE #8 - ADMINISTRATIVE DUTIES OF THE COUNSELOR (2 hours)

- A. Case Status Classifications
- B. Caseload Management
- C. Public Relations
- D. Office Management
- E. Making and Utilizing Reports

#### LECTURE #9 - REHABILITATION COUNSELING AS A PROFESSION (1 hour)

- A. The Counselor Role vs. the Coordinator Role
- B. Professional Affiliations
  1. National Rehabilitation Counseling Association
  2. American Rehabilitation Counseling Association
  3. American Psychological Association
  4. American Personnel and Guidance Association
  5. National Rehabilitation Association
- C. Counselor Advisory Committees
- D. Counselor Education

## UNIT III

### THIRD WEEK

#### WORKSHOP ON PSYCHOLOGICAL AND VOCATIONAL EVALUATION (8 hours)

##### A. Psychological Evaluation

1. Role of the Psychologists in Rehabilitation
2. Standards for Psychological Evaluations
3. Content of a Psychological Evaluation
4. Psychometric Terminology
5. The Use of Psychological Testing with Handicapped Individuals
6. Clinical Psychological Tests
  - a. Minnesota Multiphasic Personality Inventory
  - b. Sixteen Personality Factor Questionnaire
  - c. Slosson Intelligence Test
  - d. Peabody Picture Vocabulary Test
  - e. Wechsler Adult Intelligence Test
  - f. Bender Motor Gestalt Test
  - g. House-Tree-Person Test
  - h. Rorschach Ink-blot
  - i. Thematic Apperception Test

##### B. Vocational Evaluation

1. Evaluation of Client Capacities in Rehabilitation Facilities
  - a. Work Evaluation and Job Tryouts
  - b. Sheltered Workshop - observations in Sheltered Workshop
2. Vocational History
3. Psychometric Assessment of Vocational Potential
  - a. Kuder Preference Record
  - b. Differential Aptitude Test
  - c. Minnesota Paper Form Board Test
  - d. Wide Range Achievement Test
  - e. Minnesota Interest Inventory
  - f. General Aptitude Test Battery

##### C. Prevocational Evaluation Services

1. Selection of Clients for Prevocational Evaluation - Observations in Prevocational Program
2. Services Provided by Prevocational Programs
3. Methods of Prevocational Evaluation

### UNIT III

#### BASIC TEXT

An Introduction to the Vocational Rehabilitation Process, John F. McGowan and Thomas L. Porter, U. S. Government Printing, Washington, D. C.: 1967

#### REFERENCE TEXTS

Sociology and Rehabilitation, Marvin Sussman (ed.). American Sociological Association, Washington, D. C.: 1966

Test Scores and What They Mean, Howard Lyman. Prentice-Hall, Inc. Englewood Cliffs, New Jersey: 1963

The Placement Process in Vocational Rehabilitation Counseling, Bruce Thomason (ed.). U. S. Government Printing, Washington, D. C.: 1960

#### FILMS

"Will It Be You." Produced by Holland Wegman Productions Inc.

"The Hope and The Promise." Produced by Carol Ramsey Productions, New Orleans, for the National Rehabilitation Association

"Vocational Rehabilitation in a Community Hospital." Produced by The Arthritis Foundation, New York.

UNIT IV

SELECTED DISCUSSION AREAS

1:00 p.m. to 3:00 p.m. (Final 3 weeks)

FOURTH WEEK

DISCUSSION TOPIC #1: HEARING DISABILITIES (3 Hours)

- A. Non-Medical Considerations of Deafness and Hearing Disabilities
  - 1. Psychological Implications
  - 2. Social Implications
  - 3. Educational Implications
  - 4. Vocational Implications
- B. Communicating with the Deaf
- C. Employment Problems for the Deaf
- D. Rehabilitation Services to the Deaf

DISCUSSION TOPIC #2: VISUAL DISABILITIES (3 Hours)

- A. The Concepts of Blindness
- B. Psychological Implications of Blindness
- C. Vocational Implications of Blindness
- D. Agencies and Institutions Serving the Visually Impaired
- E. Rehabilitation Services to the Visually Handicapped

DISCUSSION TOPIC #3: MENTAL RETARDATION (4½ Hours)

- A. Mental Retardation by Definition
- B. Types of Retardation
  - 1. Brain Damage
  - 2. Familial
  - 3. Cultural
- C. Characteristics of the Mentally Retarded
- D. Rehabilitation Services to the Mentally Retarded
- E. Counseling with the Mentally Retarded

UNIT IV

FIFTH WEEK

DISCUSSION TOPIC #4: PERSONALITY MALADJUSTMENTS (7 hours)

- A. The Models of Normality
  - 1. Subjective Model
  - 2. Cultural Model
  - 3. Statistical Model
  - 4. Clinical Model
  - 5. Normative Model
- B. Personality Maladjustments by Classification
  - 1. Personality Disorders
  - 2. Psychoneurotic Disorders
  - 3. Functional Psychoses
- C. Treatment Methods
- D. Rehabilitation Services to the Mentally Restored
- E. Community Mental Health Facilities
- F. Films: "The Full Circle"  
"Dehumanization and the Total Institution"

DISCUSSION TOPIC #5: ALCOHOLISM (6 Hours)

- A. The Scope of Alcoholism  
Film: "To Your Health"
- B. Impact of Alcoholism on the Family  
Film: "Out of Orbit"
- C. The Alcoholic and His Environment
- D. Services to the Alcoholic
  - 1. Mental Health
  - 2. Medical
  - 3. Vocational Rehabilitation
- E. Business and Industry and the Alcohol Problem  
Film: "Need for Decision"
- F. The Chronic Alcoholic  
Film: "The Mask"



UNIT IV

SIXTH WEEK

DISCUSSION TOPIC #6: REHABILITATION FACILITIES AND WORKSHOPS (1½ hours)

- A. Types of Facilities and Workshops
- B. Relationship Between Vocational Rehabilitation and Facilities
- C. Types of Services Provided
- D. Developing a Community Facility
- E. Funding and Grant Programs

DISCUSSION TOPIC #7: THE CULTURALLY DIFFERENT (2½ Hours)

- A. Comparative Study between the Middle Class and the Culturally Different.
  - 1. Personal Characteristics
  - 2. Family Life Characteristics
  - 3. Relationships with Others
- B. The Rural Appalachian Subculture.
- C. The Urban Ghetto Subculture
- D. Communication Styles of the Middle class and the Culturally Different
- E. Film: "Unmet Needs of Special Groups."

DISCUSSION TOPIC #8: CORRECTIONAL REHABILITATION (3½ Hours)

- A. Historical Development of the Correctional System
- B. Correctional Settings
  - 1. Local Jail
  - 2. The Penitentiary
- C. Correctional Programs
  - Probation and Parole
  - Juvenile Programs
  - Adult Programs
- D. Vocational Rehabilitation's Role in Correctional Programs
- E. Profiles of Public Offender:
- F. Films: "The Revolving Door"  
"The Odds Against"

UNIT IV

BASIC TEXTS

Blindness -- Ability, Not Disability, Maxine Wood. Public Affairs Pamphlets, #295, New York: 1960

An Orientation to Chronic Disease and Disability, Julian S. Myer (ed.) The MacMillan Company, New York: 1965

Basic Handbook on Mental Illness, Harry Milt. Scientific Aids Publications, Fair Haven, New Jersey: 1966

REFERENCE TEXT

The Disorganized Personality, George W. Kisker. McGraw-Hill Book Company, New York: 1964

Yesterday's People, Life in Contemporary Appalachia, Jack E. Weller, University of Kentucky Press, Lexington, Kentucky: 1965

Mental Retardation: Appraisal, Education, and Rehabilitation, Alfred A. Baumeister. Aldine Publishing Company, Chicago: 1967

APPENDIX I

APPROXIMATE TRAINING HOURS PER UNIT

UNIT I

INTRODUCTION TO REHABILITATION COUNSELING - THEORY AND PRACTICE

53 hours - 24 seminar sessions  
18 hours - 3 sessions of Video-Recorded

UNIT II

MEDICAL ASPECTS OF REHABILITATION COUNSELING

36 hours - 25 Lecture Discussion Topics  
3 hours - 2 Clinical Observations (Occupational  
Therapy and Physical Therapy)

UNIT III

THE VOCATIONAL REHABILITATION PROCESS

10 hours - 5 Lecture-Discussion Topics  
11 hours - 2 Workshop Presentations  
5 hours - 3 Clinical Observations (Pre-  
Vocational Training, Sheltered  
Workshop. Client Recreational  
Programs)

UNIT IV

SELECTED DISCUSSION AREAS

31 hours - 8 Lecture-Discussion Topics

Scheduled training activities per day 5 hours (approximate)

Scheduled training activities per week 28 hours (approximate)

Library Utilization per week 8 hours (approximate)

Audio-Visual Material Utilization per week (Video-recording  
not included) 6 hours (approximate)

APPENDIX II  
COLLATERAL READING

A. COUNSELING: THEORY AND PRACTICE

- Applications of Reality Therapy: A Book of Readings, Mink, Becker, and Zaslav (eds.). West Virginia University Publications
- The Art of Listening, Barbara. Thomas
- Beyond Counseling and Therapy, Carkhuff & Berenson. Holt, Rinehart, Winston
- Client-Centered Therapy, Rogers. Houghton Mifflin, Co.
- Counseling and Psychotherapy, Ard. (ed.). Science and Behavior Books, Inc.
- Counseling in the Rehabilitation Process, Jacobs, Jordan, and DiMichael (eds.) Columbia University Press
- Counseling: Philosophy, Theory, and Practice, Arbuckle. Allyn and Bacon, Inc.
- Counseling: Readings in Theory and Practice, McGowan and Schmidt (eds.). Holt, Rinehart, and Winston
- Counseling the Emotionally Disturbed, Patterson. Harper, Row
- Freud and the Post-Freudians, Brown. Pelican Book
- Games People Play, Berne. Grove Press
- Gestalt Therapy: Excitement and Growth in the Human Personality, Perls, Hefferline, Goodman. Dell Publishing Co., Inc.
- Guidance. An Examination, Mosher, Carle, Kehas. Harcourt, Brace & World
- Group Dynamics, (3rd. ed.) Cartwright & Lander. Harper & Row
- Group Therapy: A Practical Approach, Johnson. McGraw-Hill
- How to Interview, Bingham and Moore. Harper and Row
- Helping and Human Relations, Vols. I & II, Carkhuff. Holt, Rinehart, & Winston
- The New Group Therapy, Mowrer. D. Van Nostrand Co., Inc.
- On Becoming a Person, Rogers. Houghton Mifflin Co.
- Person to Person: The Problem of Being Human, Rogers, Stevens, etal. Real People Press
- Personal and Organizational Change through Group Methods, Schein & Benues, Wiley

## APPENDIX II

### A. COUNSELING: THEORY AND PRACTICE (Continued)

Personality and Psychotherapy: An Analysis in Terms of Learning, Thinking, and Culture, Dollard & Miller. McGraw-Hill.

Perspectives on the Group Process: A Foundation For Counseling with Groups, Kemp. Houghton-Mifflin

Problems in Counseling, Adams. Macmillan

The Process of Communication, Berlo. Holt, Rinehart, and Winston

Readings in Rehabilitation Counseling, Patterson. Stipes Publishing

Reality Therapy: A New Approach to Psychiatry, Glasser. Harper and Row

The Silent Language, Hall. Fawcett Publications

Sources of Gain in Counseling and Psychotherapy, Berenson & Carkhuff. Holt, Rinehart, & Winston

Theories of Counseling and Psychotherapy, Patterson. Harper and Row

Toward Effective Counseling and Psychotherapy: Training and Practice, Truax and Carkhuff, Aldine.

The Work of the Counselor (3rd ed.) Tyler. Appleton, Century, and Crofts

Working with Groups: Group Process and Individual Growth, Lifton. Wiley

### B. MEDICAL INFORMATION

Current Medical Terminology (3rd. ed.) American Medical Association

Description of Common Impairment, U. S. Social Security Commission, U. S. Government Printing

Medicine and Medical Terminology, Bolo. Saunders

An Orientation to Chronic Disease and Disability, Myers. The MacMillan Co.

Rehabilitation Medicine, Rusk. C. V. Mosby Co.

Stedman's Medical Dictionary (21st. ed.) Williams & Wilkins

A Survey of Medicine & Medical Practice for the Rehabilitation Counselor, Felton, U. S. Government Printing

### C. THE NATURE OF REHABILITATION

A History of Vocational Rehabilitation in America, Chermann. Denison

An Introduction to the Vocational Rehabilitation Process, McGowan and Porter. U. S. Government Printing

APPENDIX II

C. THE NATURE OF REHABILITATION (Continued)

- The Monday Voices, Greenberg. Holt, Rinehart, and Winston
- Readings in Rehabilitation Counseling, Patterson (ed.). Stipes Publishing
- Rehabilitation: A Community Challenge, Allan. Wiley
- Rehabilitation Counselor Functions: Annotated References, Wright & Bulter, University of Wisconsin
- Rehabilitation Research, Wright & Trotter, University of Wisconsin
- Report of the National Citizens Advisory Committee on Vocational Rehabilitation, U. S. Government Printing
- Sociology and Rehabilitation, Sussman (ed.) American Sociological Association
- Vocational Rehabilitation Act, as amended, Public Law 90-391, 1968. Rehabilitation Services Administration
- Your Handicap, Don't Let It Handicap You, Splauer Messner.

D. PSYCHOLOGICAL AND VOCATIONAL EVALUATION

- Appraising Vocational Fitness, Super and Crites. Harper and Row
- An Atlas for the Clinical Use of the MMPI, Hathaway and Meehl, University of Minnesota Press
- Essentials of Psychological Testing, Cronbach. Harper and Row
- Handbook of Projective Techniques, Murstein, Basic Books
- Individual Differences, Anastasi. John Wiley & Sons, Inc.
- Psychological Practices with the Physically Disabled, Garrett and Levine. Columbia University Press
- The Psychology of Human Differences, Tyler. Appleton, Century, and Crofts
- Test Scores and What They Mean, Lyman. Prentice-Hall
- The Sixth Mental Measurement Yearbook, Buros (ed.). Gryphon Press
- Using Tests in Counseling, Goldman. Appleton, Century, and Crofts
- The Validity of Occupational Aptitude Tests, Ghiselli. Wiley
- A Visual Motor Gestalt Test and its Clinical Use, Bender. American Orthopsychiatric Association

## APPENDIX II

### E. OCCUPATIONAL INFORMATION

- Automation and Technological Change, The American Assembly. Prentice-Hall
- Dictionary of Occupational Titles, 3rd. ed., Vols. I, II, and III.  
U. S. Government Printing
- Employment for the Handicapped, Arthur. Abingdon
- Lovejoy's Vocational School Guide, Lovejoy. Simon and Schuster
- Man in the World at Work, Borrow (ed.). Houghton-Mifflin
- New Careers for the Poor, Pearl and Riessman. Free Press
- Occupational Information, Baer and Roeber. Science Research Associates
- Occupational Information, Hoppock. McGraw-Hill
- Occupational Outlook Handbook, U. S. Government Printing
- The Psychology of Careers, Super. Harper and Row
- The Psychology of Occupations, Roe. Wiley
- Why People Work, Levenstein. Collier Books

### F. MENTAL RETARDATION

- Mental Retardation: Appraisal, Education, & Rehabilitation, Baumeister  
(ed.) Aldine
- Mental Retardation, American Medical Association
- Mental Retardation, Haber and Stevens. University of Chicago Press
- The Mentally Retarded, Jordan. Merrill
- The Mentally Retarded Child: A Psychological Approach, Robinson and  
Robinson. McGraw-Hill
- Occupational Information for the Mentally Retarded, Stahlecker. Thomas
- President's Panel on Mental Retardation, U. S. Government Printing
- Prevention and Treatment of Mental Retardation, Philips (ed.) Basic Books

### G. HEARING DISABILITIES

- The Psychology of Deafness, Levine. Columbia University Press
- Talk with Your Hands, Watson. Banta Company
- Thinking Without Language, Furth. Free Press

## APPENDIX II

### H. VISUAL HANDICAPS

Blindness: Modern Approaches to the Unseen Environment, Zahl, Hafner

Blindness: What It Is, What It Does, and How To Live With It, Carroll.  
Little, Brown.

Counseling and Placement of Blind Persons in Professional Occupations,  
Crawford and Lirtzmann. William Byrd Press

Directory of Agencies Serving Blind Persons in the United States,  
American Foundation for the Blind, Inc.

### I. PSYCHOLOGY AND SOCIOLOGY

The Abnormal Personality, Mittle. Pottland

The Abnormal Personality through Literature, Stone and Stone. Prentice-Hall

Abnormal Psychology and Modern Life, Coleman. Scott, Foresman

Alcoholism: Group Psychotherapy and Rehabilitation. Mullan and Cang-  
juliano. Thomas

The Art of Loving, Fromm. Harper & Row

Asylums, Social Stagnations of Mental Patients and Other Inmates, Goffman  
Aldine

Basic Handbook on Mental Illness, Milt. Scientific Aid Publications

Being Mentally Ill: A Sociological Theory, Scheff. Aldine

The Challenge of Crime in a Free Society, U. S. Government Printing

Challenges of Humanistic Psychology, Bugental (ed.). McGraw-Hill

Child Development: A Systematic and Empirical Theory, Bijou and Baer.  
Appleton, Century, and Croft

Coming Into Existence: The Struggle to Become An Individual. Dell  
Publishing Co., Inc.

Crime in a Changing Society, Jones. Penguin Books

The Crime of Punishment, Menninger, Viking

Dehumanization and the Institutional Careers, Vail, Thomas

The Disorganized Personality, Kisker. McGraw-Hill



## APPENDIX II

### I. PSYCHOLOGY AND SOCIOLOGY (Continued)

The Effectiveness of a Prison and Parole System, Glasser.  
Bobbs-Merrill

The Ethics of Psychoanalysis, Szasz. Dell Publishing Co., Inc.

Experiments in Survival, Henrich and Kriegel (eds.) Association  
for the aid o Crippled Children

Freedom to Learn, Rogers. Merrill

Growth to Freedom, the Psychosocial Treatment of Delinquent Youth,  
Miller. University of Indiana Press

Joy, Expanding Human Awareness, Schultz. Grove Press

Law and Order: The Scales of Justice, Blumberg (ed.). Aldine

Learning: Reinforcement Theory, Keller. Random House

Love and Will, May. Norton

Man Alone, Alienation in Modern Society, Josephson and Josephson, Dell

Man's Search for Meaning, Frankl. Beacon Press

Man, The Manipulator, Shostrom. Abingdon

The Mental Patient Comes Home, Freeman and Simons. Wiley

The Moral Judgement of the Child, Piaget. Free Press

Motivation and Personality, Maslow. Harper & Row

Night Comes to the Cumberlandds, Caudill. Little, Brown, and Co.

Outsiders, Studies in the Sociology of Deviance, Becker. Free Press

The People Left Behind, National Advisory Commission on Rural Poverty,  
U. S. Government Printing Office

Persona: Social Role and Personality, Perlman. University of Chicago

Personality in Culture, Honigmann. Harper & Row

Present Conduct and Future Delinquency, West. International Universities  
Press, Inc.

Report of the National Advisory Commission on Civil Disorders, U. S.  
Government Printing

The Revolution of Hope: Toward a Humanized Technology, Fromm. Harper  
and Row

APPENDIX II

I. PSYCHOLOGY AND SOCIOLOGY (Continued)

Schools Without Failure, Glasser. Harper & Row

Stigma, Notes on the Management of Spoiled Identity, Goffman.  
Prentice-Hall

A Synopsis of Contemporary Psychiatry (3rd ed.) Ulett and  
Goodrich, C. V. Mosby Co.

Theories of Personality (1957 ed.) Hall and Lindzey, Wiley

Toward a Psychology of Being, Maslow. D. Van Nostrand Co., Inc.

Yesterday's People: Life in Contemporary Appalachia, Weller,  
University of Kentucky Press

The Young Offender, West. International Universities Press, Inc.

Where Medicine Fails, Strauss (ed.) Aldine Publishing Company

NOTE: For further information related to author's full name, cost of text, publisher's address, etc., consult the following references: (1) Books in Print, U.S.A. Vol I & II with Addendum. R. R. Bowker Co., 1968 and (2) Subject Guide to Books in Print, Vol. I & II, R. R. Bowker Co., 1969.

APPENDIX III

FILM ABSTRACTS

THE CAPTIVE - Distributed by: Film Library, West Virginia University, Morgantown, West Virginia, 26506. Deals with the effects of unemployment on a coal miner and his family. The setting is Rural Southern Appalachia. Length of film: 25 minutes - Black and White.

THE COMPREHENSIVE PHYSICAL EXAMINATION - Distributed by: Social & Rehabilitation Service, Washington, D. C. Filmstrip and Tape. Emphasizes techniques and methodology of thorough physical examination. Length of Film Strip and Tape: 20 minutes - Color.

DEHUMANIZATION AND THE TOTAL INSTITUTION - Distributed by: Medical Services Division, Minnesota Department of Public Health Works, Centennial Building, St. Paul, Minnesota. An animated film that explores the dehumanizing practices that Institutional living may have on the emotionally disturbed. Length of Film: 15 minutes - Color.

THE FULL CIRCLE - Distributed by: International Film Bureau, Chicago, Illinois. Demonstrates the Rehabilitation of an emotionally disturbed commercial artist. The following mental health treatment methods are included: Group Vocational Counseling; the Community Mental Health Facility; Vocational Rehabilitation Services, and The Team Approach. Length of Film: 35 minutes - Black and White.

THE GAP - Distributed by: Social and Rehabilitation Services, Washington, D. C. This film explores the need for improved delivery of Rehabilitation Services. The film includes several examples of innovations in delivering rehabilitation services. Length of Film: 27 minutes - Color.

APPENDIX III

FILM ABSTRACTS (con'td)

THE HOPE AND THE PROMISE - Distributed by: Carol Ramsey Productions, New Orleans. Three clients rehabilitations are portrayed in an attempt to demonstrate the various disability groups served by Vocational Rehabilitation. The clients have these disabilities: Emotional Disturbance, Mental Retardation, and Arthritis. Length of Film: 29 minutes - Color.

THE INNER WORLD OF APHASIA - Distributed by: Edward Feil Productions, 1514 Prospect Avenue, Cleveland, Ohio, 44115. Deals with psychological, perceptual, and family problems of the person who has aphasia following a stroke or brain injury. Attempts to portray inner-thought processes of the aphasic individual. Length of Film: 20 minutes - Color.

THE MASK - Distributed by: U. S. Public Health Service, Communicable Disease Center, Atlanta Georgia, 30333. Deals with the concept that alcoholism is a disease not a crime. Alerts police and others that alcohol may mask symptoms of both physical and mental disorders. Length of Film: 33 minutes - Black and White.

MASLOW AND SELF-ACTUALIZATION - Distributed by: Psychological Films, 205 West 20th Street, Santa Ana, California, 92706. A two film series that features Dr. Abraham Maslow discussing the dimensions of self-actualization and elaborates on recent Research & Theory related to each dimension.

<u>FILM #1</u> - Topics Discussed:	<u>HONESTY</u>	<u>AWARENESS</u>
	1) Sense of Humor	1) Efficient Perception
	2) Social Interest	2) Freshness of Appreciative
	3) Love	3) Peak Experience
		4) Ethical Awareness

Length of Film: 30 minutes - Color.

APPENDIX III

FILM ABSTRACTS (con'td)

MASLOW AND SELF-ACTUALIZATION (Con'td)

FREEDOM

TRUST

FILM #2 - Topics Discussed: 1) Retachment 1) Life Mission  
2) Creativeness 2) Autonomy  
3) Spontaneity 3) Acceptance

Length of Film: 30 minutes - Color.

MODERN CONCEPTS OF EPILEPSY - Distributed by: Ayerst Laboratories, 685 3rd.

Avenue, New York, New York 10017. Describes various types of seizures, problems, treatment modalities, prognosis, and need for teamwork approach. Length of Film: 30 minutes - Color.

NEED FOR DECISION - Distributed by: Union Carbide Corporation, South Charleston,

West Virginia. Depicts the importance of the employer to provide the alcoholic employee with the necessary information as to where to go for assistance with his drinking problem. Length of Film: 20 minutes - Black and White.

THE ODDS AGAINST - Distributed by: American Foundation, Institute of Corrections,

Philadelphia National Bank Building, Philadelphia, Pennsylvania, 19107. Focuses on one Public Offender. Explores the correctional system: detention, probation, imprisonment, and parole. Contrasts the older institutions and up-to-date facilities and programs. Length of Film: 30 minutes - Black and White

OUT OF ORBIT - Distributed by: The Jam Handy Organization, 2821 E. Grand

Boulevard, Detroit 11, Michigan. Deals with the impact of Alcoholism on the family unit. Length of Film: 25 minutes - Color.

APPENDIX III

FILM ABSTRACTS (con'td)

THE PORTRAIT OF AN INTERNIST - Distributed by: The Film Library, Operations Center, 43 West 61st. Street, New York, New York, 10023.

Emphasizes the stress placed on an Internist to make an accurate diagnosis. Also demonstrates a general physical examination.

Length of Film: 25 minutes - Color.

REINFORCEMENT THERAPY - Distributed by: Smith, Kline, and French, 1500 Spring Garden Street, Philadelphia, Pennsylvania, 19101.

Demonstrates the use of Behavior Modification Principles with three groups of individuals; profoundly emotionally disturbed children; the mentally retarded in a educational setting; and chronic psychotic hospitalized patients. Length of film: 35 minutes - Black and White.

THE REVOLVING DOOR - Distributed by: American Foundation, Institute of Corrections, Philadelphia National Bank Building, Philadelphia, Pennsylvania 19107. Deals with the petty offender and the inadequacies of the present jail system. Follows the misdemeanant through the trial system of lower courts into the local lock-up. The film reviews progressive programs recently established in various jail systems. Length of Film: 31 minutes - Black and White.

SEARCH AND RESEARCH: PSYCHOLOGY IN PERSPECTIVE - Distributed by: Psychological Films, 205 West Twentieth Street, Santa Ana, California 92706. An overview film on the field of counseling psychology. Through the medium of a story of a young lady who seeks psychotherapy, the film attempts to describe the three forces of counseling psychology:

APPENDIX III

FILM ABSTRACTS (con'td)

SEARCH AND RESEARCH: PSYCHOLOGY IN PERSPECTIVE (Con'td)

experimental, psychoanalytic, and existential or humanistic psychology. The film provides interviews with Dr. Harry Harlow, Dr. Rollo May, and Dr. Carl Rogers. Length of Film: 30 minutes - Black and White.

SUPERVISION IN VOCATIONAL REHABILITATION COUNSELING - Distributed by: Campus

Films, 20 E. 46th Street, New York 10017. Portrays how a counselor supervisor interacts with three counselor-trainees during their clinical practicum. The counselor-trainees are also shown counseling with clients assigned to them. Length of Film: 55 minutes - Color.

THREE APPROACHES TO PSYCHOTHERAPY - Distributed by: Psychological Films,

205 West South Street, Santa Ana, California 92705. A three film series:

FILM #1 - Dr. Carl Rogers: General Introductions to Film Series; Description of Client-Centered Therapy; Interview with patient - "Gloria"; Summation of Effectiveness of interview.

Length of Film: 48 minutes - Black and White.

FILM #2 - Dr. Fredrick Perls: Description of Gestalt Therapy; Interview by Dr. Perls with patient - "Gloria"; Summation of effectiveness of interview.

Length of Film: 32 minutes - Black and White.

FILM #3 - Dr. Albert Ellis: Description of Rational-Emotive Psychotherapy; Interview by Dr. Ellis with patient - "Gloria";

APPENDIX III

FILM ABSTRACTS (Con'td)

THREE APPROACHES TO PSYCHOTHERAPY (Con'td)

Summation of effectiveness of interview; Evaluation by patient of her experience with the three therapists.

Length of film: 37 minutes - Black and White.

TO LIVE AGAIN - Distributed by: West Virginia Division of Vocational Rehabilitation, Charleston, West Virginia. Emphasizes the need and utilization of the various disciplines found in the comprehensive Rehabilitation Center. Clearly demonstrates the functional components of bracing, wheelchair prescription, occupational and physical therapy.

Length of Film: 45 minutes - Color.

TO YOUR HEALTH - Distributed by: Mask Communications, Columbia University Press, 1125 Amsterdam Avenue, New York 25, New York. An animated film that gives an overview of the effects of alcohol on the body and the nature of alcoholism. Length of Film: 18 minutes - Color.

UNMET NEEDS OF SPECIAL GROUPS - Distributed by: Social and Rehabilitation Services, Washington, D. C. A five film series that deals with providing Rehabilitation Services to the following disability groups:

FILM #1 - A Stroke Victim

FILM #2 - A Man in Need of Mental Health

FILM #3 - Men and Women Learning Esophageal Speech

FILM #4 - Teenage Drug Addicts

FILM #5 - Disadvantage of Families with Children Living in Urban Ghettos and Rural Isolation.

Length of each film: 15 minutes each - Color.



APPENDIX III

FILM ABSTRACTS (Con'td)

VOCATIONAL REHABILITATION IN A COMMUNITY HOSPITAL - Distributed by: The Arthritis

Foundation, Inc., 221 Park Avenue, South, New York, New York  
10003. Demonstrates the advantages of providing Vocational  
Rehabilitation within existing hospital facilities. The com-  
prehensive step-by-step process of actual clients is depicted.  
Length of Film: 35 minutes - Color & Black & White

WILL IT BE YOU - Distributed by: Holland-Wegman Productions, Inc., 207 Delaware

Avenue, Buffalo, New York. Emphasizes Vocational Rehabilitation  
Counseling as a career. Explains the function of Rehabilitation  
Counseling and the various settings that counselors are employed  
in. Length of Film: 20 minutes - Color.

THE WORK OF THE BLOOD - Distributed by: Encyclopedia Britannica Education Corp.,

Rental Library, 4424 Oakton Street, Springfield, Illinois 60076.  
Defines the function of blood, its normal function and its dyscrasias.  
Depicts the diagnostic uses of blood, composition of blood, and  
blood problems (e.g.) anemias, hemophilia, leukemias, etc.  
Length of Film: 20 minutes. - Color