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#### ABSTRACT

An instructor's guide for the presentation of an adult secretarial/business education course is presented. It is divided into 10 lessons. The first four lessons cover the factors in people and groups which are fundamental to an understanding of environmental (or human) relationships in business. The rest of the lessons take up specific aspects of the business environment. Lessons 4 through 9 show references to case problems which can be of aid to the instructor. (CK)

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## INSTRUCTOR'S GUIDE FOR AN ADULT COURSE

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## ENVIRONMENTAL RELATIONSHIPS IN BUSINESS

Part I in a Series

Preparation for CERTIFIED PROFESSIONAL SECRETARY Examination



The University of the State of New York THE STATE EDUCATION DEPARTMENT Bureau of Continuing Education Curriculum Development

Environmental Relationships in Business

A Suggested Adult Business Education Course



The University of the State of New York THE STATE EDUCATION DEPARTMENT Bureau of Continuing Education Curriculum Development Albany, New York 12224 1972

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#### Foreword

The course described in this booklet is generally given as a review for those preparing to take Part I of the Certified Professional Secretary (CPS) examination. This examination is given by the National Secretaries Association (International); Part I bears the same title as this bocklet. This course can also be the basis of a class for those secretaries wishing to update their skills in human relations as it applies to an organization.

Information about the CPS examination can be obtained from the headquarters office of the Institute for Certifying Secretaries, National Secretaries Association (International), 616 East 63d Street, Kansas City, Missouri 64110.

Six courses to cover the six parts of the CPS examination were planned by a committee consisting of the following: Marian N. Batten, CPS, secretary to the manager of Nonexempt Compensation and Benefits, General Electric Company, Schenectady; Hobart H. Conover, Chief of the Bureau of Business Education; Carla V.R. Delray, CPS, manager of Office Services and Corporate Planning Administration, Mohasco Industries, Amsterdam; Adrian C. Gonyea, dean, School of Business, Hudson Valley Community College, Troy; E. Noah Gould, associate, Bureau of Continuing Curriculum; Florence E. Graham, chairman, Business Education Department, Draper High School, Rotterdam; Margaret A. McKenna, associate professor of business education, State University of New York at Albany; B. Bertha Wakin, professor of business education, State University of New York at Albany; and Eugene Whitney, associate, Bureau of Business Education. Mr. Gould and Mr. Whitney were cochairmen.

This course Environmental Relationships in Business (which is the second of the CPS series to be published) was written by Miss McKenna, while Miss Wakin directly supervised the writing and is to coordinate the content among the courses in the series. (The first one published was *Communications and Decision Making, Part V* of the series.) Mr. Gould did the final editing of this manuscript and is in general charge of the series.

We acknowledge with thanks the permission granted by the Institute for Certifying Secretaries of the National Secretaries Association (International) to publish the 1970 CPS examination which appears in the appendix of Part V.

> HERBERT BOTHAMLEY, Chief Bureau of Continuing Education Curriculum Development

GORDON E. VAN HOOFT, Director Division of School Supervision



#### Message to the Instructor

The human resources in business and other organizations are far more important than the economic and physical resources. Therefore an understanding of human behavior, and skill in human relations are especially important to those with any responsibility for coordination among employees. Specifically, this understanding and skill are important to a top level secretary.

This instructor's guide is intended as an aid in the presentation of a well organized course. Since it is a review course, those entering it are expected to have a good background in the subject content. Upon completion of the course the student should have a better understanding of environmental (or human) relationships in an organization, and should have an improvement in human relations skills. The content follows closely the topics suggested in the study guide published by the Institute for Certifying Secretaries. The left-hand column of each page of text presents topics to be covered; the right-hand column gives more detailed ideas on the content, references, and teaching suggestions.

This course is suitable for use in the adult education programs of school districts and of Boards of Cooperative Educational Services (BOCES), and possibly in the community colleges of New York State. The instructor should be a person with academic background in the social sciences underlying human relations, with working experience in an organization, and with experience in teaching adults. Such an instructor can usually be obtained from the faculty of a college or high school. A certified professional secretary with adequate background and experience could also be a suitable instructor.

The content of this course can generally be covered in 10 sessions of 3 hours each, but this pattern is by no means universal, nor is it mandatory in any sense. For those students who wish to cover some topics in greater depth, the instructor may wish to suggest materials for independent study.

An instructor or administrator who needs help in planning or conducting a course using this publication may contact the Bureau of Business Education.

> HOBART H. CONOVER, Chief Bureau of Business Education

ROBERT H. BIELEFELD, Director Division of Occupational Education Instruction

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#### Introduction

The pages following will indicate to the instructor the suggested scope and content of the course. The first four lessons cover the factors in people and groups which are fundamental to an understanding of environmental (or human) relationships in business. The rest of the lessons take up specific aspects of the business environment.

Lessons 4 through 9 show references to case problems which can be very helpful to the instructor. For best results the instructor should assign these cases for preparation by students before they are discussed in class. Following are some suggested steps for preparing a case, which the instructor may wish to pass on to the students.

1. Read the case thoroughly and completely. If it is long summarize the pertinent information.

2. Formulate an analytical statement of the problem. Show which person or persons must take action, and why some action must be taken at this time.

3. List the key decisions and courses of action which can be taken. These are hypotheses which will require testing in the light of evidence available in the case material.

4. For each statement raise the questions which require answers.

5. Tentatively weigh the evidence and select the course of action which can best be supported.

6. Organize the evidence to support your case.

In discussing the case in class, the instructor will probably find steps 3 through 6 very helpful. In most cases no one course of action



will clearly appear as the best one. At any rate, two or more courses of action should be analyzed and discussed. Perhaps each one should be presented and defended by a separate student.

In those cases where it appears desirable, one course of action can be agreed upon as the best. In other cases it may be best to analyze and discuss two or more courses of action without clearly deciding between them. Whichever approach is followed, the analysis and discussion will usually provide considerable earning.

### Lesson 1 The Nature of Human Abilities

OBJECTIVES

To present an overview of the course

To give students an understanding of the nature of human abilities

CONTENT OUTLINE

1. Int:oduction to the Course

A. Course purpose

B. Textbooks and references

#### TEACHING SUGGESTIONS AND REFERENCES

Introduce yourself and have the students introduce themselves. Suggest that students give name, employment information, reason for taking course. Try to achieve an informal class atmosphere.

The secretary's role requires contact with peers, subordinates, and superiors in the organizational setting. Effectiveness in the human relations of the job depends on an understanding of human needs and motivations as well as the principles of communication, supervision, and leadership. This course will attempt to review those principles and discuss them in the context of the business situation.

Students should have a basic psychology textbook. Any one of the following would be appropriate: Kalish, Morgan, Stagner, or Swift.\*

\*Full reference citations are given in the bibliography.

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For some topics the teacher may need to refer to a text in industrial psychology such as Blum or McGregor.

The teacher may also want to refer to a text in the principles of management, such as McFarland.

Periodicals such as Administrative Management, Fortune, Harvard Business Review, and Management Services will also be helpful.

Discuss in general terms the content of the course, mentioning the content of each lesson.

The first three sessions will be concerned with understanding the individual-his abilities, his motivations, his conflicts. The other sessions will be devoted to a study of the individual in his relations with others--his behavior within a group, the impact of the business organization on an individual, theories of motivation, and communication within an organization.

Introduce the concept that people differ from one another in a great many ways--in interests, abilities, motivations, personality, education, and skills. Of all these, one of the most important is *abilities*. Knowingly or not, we are constantly making estimates of someone's ability. These estimates may be crude. They may be based on too little information. They often turn out to be wrong. But we make them anyway.

Teacher references: Morgan, Chap. 14; Swift, Chap. 10 and 11.

Discuss kinds of ability, ability versus achievement, measures of ability, and group differences in ability (sex, age, environment).

Intelligence may be defined as that measurable behavior of man which is thought to represent the quality of brain function. Discuss intelligence and its measurement.

#### C. Course content

II. The Nature of Human Abilities

A. Development of abilities

B. Intelligence

#### C. Aptitudes

D. Personality

Teacher references: Morgan, Ch Swift, Chap. 10.

Aptitude is a future reference it shows skills and abilities a are, relative to the likelihood improvement.

Intelligence tests measure gene aptitude or general ability. V tional aptitude tests measure a required for vocational success

Interests must also be considerer relation to aptitudes. To succe in a given activity a person must both an aptitude for it and an a in it.

Teacher references: Morgan, Cha and 18; Swift, Chap. 11.

The study of personality include individual as a whole and the ir between him and other individual the normal course of living.

Discuss personality characterist measurement, and development.

Discuss individuality: uniquene personality, personality changes concept of self.

Teacher references: Morgan, Cha Swift, Chap. 12.

Lesson 2

Motivation

OBJECTIVES

To give students an understanding of the nature of motivation

CONTENT OUTLINE

I. Nature of Motivation

#### TEACHING SUGGESTIONS AND REFERENCES

Motivation is a general term referring to states that motivate behavior, to the behavior motivated by these states, and to the goals or ends of such behavior. In this session we will be concerned with the states that motivate behavior, commonly referred to as motive, drive, or need.

A motive is whatever moves or incites to action. Drive is sometimes used in place of motive and has a similar connotation of being an impetus to behavior. A motive or drive may arise from a need--a lack of something required for the survival, health, or well-being of an individual.

#### A. Physiological drives

Physiological drives have their origin in some internal need or in a physiological condition within the body.

Discuss the principal physiological drives: warmth, cold, pain, thirst, hunger, sleep, and sex.

#### B. General drives

General drives are unlearned drives that play an important part in normal behavior. They include drives for activity, for perceiving the world, for exploring and manipulating things, for contact with other people and things; they also include the fear drive.

Teacher references: Morgan, Chap. 3; Swift, Chap. 3.

Needs are most frequently described as existing in the form of a hierarchy or a continuum.

Primary needs are the basic physiological ones required for maintenance of bodily functions and hence, existence.

Secondary needs are psychological and sociological in nature. They are strongly conditioned by culture, society, and a person's personality or temperament.

Discuss the hierarchical concept of needs in relation to the human resources at work in a company.

Individual workers have many similarities and many differences. A fundamental element in management thinking is the fact that every individual is a unique personality. The uniqueness of the human personality suggests that it is not possible to find stereotyped ways of dealing with people on a faceto-face basis. Rules of human relations cannot be established which will yield equally effective results with all workers.

Teacher reference: McFarland, Chap. 23.

II. Hierarchy of Needs

A. Primary needs

B. Secondary needs

Lesson 3 Frustration and Conflict

OBJECTIVE

To give students an understanding of the nature of frustration and conflict

CONTENT OUTLINE

TEACHING SUGGESTIONS AND REFERENCES

Ï. Nature of Frustration

Conflict and frustration are inevitable elements in living and may occur more frequently for some than for others. At times they are of long duration and are very distressing. But they are common to all and we generally meet them every day. In some manner we learn to cope with them and to restore ourselves to an adjusted state.

Frustration is caused by the checking, halting, or blocking of the satisfaction of a need. The individual is frustrated by delay, interference, or inadequate skill. Something slows down the completion of the motivational process: a barrier shuts off the goal, or the individual realizes his inability to reach the goal. Frustration can be very temporary or can exist throughout a lifetime.

A. Effects of frustration

B. Defense mechanisms

C. Reactions to frustration

II. Nature of Conflict

A. Approach-approach conflict

B. Avoidance-avoidance conflict

C. Approach-avoidance conflict

D. Resolution of conflict

Discuss what happens to a person when he is frustrated, and the effects of prolonged frustration.

Discuss the devices that a person uses unconsciously to protect himself against ego-involving frustrations.

Discuss the neurotic and psychotic reactions to frustration.

Conflict frustration occurs within the person when two motives somehow conflict: the satisfaction of one means the frustration of the other.

Approach-approach conflict is a conflict between two positive goals--goals that are equally attractive at the same time.

Avoidance-avoidance conflict involves two negative goals.

In approach-avoidance conflict, a person is both repelled and attracted by the same goal object.

Discuss resolving conflict by achieving self-understanding. The welladjusted person recognizes that in life there is little chance of being completely free of conflict and frustration.

Teacher references: Morgan, Chap. 5 and pp. 181-184; Swift, Chap. 13.

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Lesson 4 Group Behavior

#### OBJECTIVE

To give students an understanding of group behavior

#### CONTENT OUTLINE

I. The Structure and Organization of Groups

A. Conformity to group norms

B. Factors affecting conformity

#### TEACHING SUGGESTIONS AND REFERENCES

Each member of a society not only has his status roles and social class, he is also a member of a large number of groups. His behavior affects the group, and the group affects his behavior.

Groups of which we are members influence our behavior in various ways, but probably the strongest and most pervasive influences are group norms. A group can expect certain behavior from us because it confers its disapproval on us if we do not do what is expected.

Discuss why people conform to group norms.

In addition to fear of disapproval and the belief that the group is correct, there are other factors that affect conforming behavior: attraction to the group, perceived consensus within the group, and acceptance by the group.



## C. Communication within the group

II. Leadership

A. Personalities of leaders

B. Formal and informal leaders

#### C. The Hawthorne studies

Consider the influence of communication on members of the group and the communication structures that form within groups.

Discuss these factors.

Teacher references: Morgan, pp. 511-519; Blum and Naylor, pp. 409-413; Megginson, Chap. 27.

One of the most important characteristics of groups is that they have leaders.

Discuss the personality traits which characterize leaders.

Distinguish between these two basic types of leaders and their reasons for being successful influencers.

Teacher references: Morgan, pp. 519-523; Blum and Naylor, Chap. 14; Megginson, Chap. 22.

Probably the most significant results of the Hawthorne studies are the facts that (1) worker behavior is affected by factors outside the job more than by those on the job itself, and that (2) workers organize into informal social groups.

Discuss the series of experiments that comprise the Hawthorne studies and their importance to industrial psychology.

Teacher reference: Blum and Naylor, Chap. 10.

#### SUGGESTIONS FOR CASE PROBLEMS

Strauss and Sayles, Problem 2. The Old Girls, pp. 89-90. Strauss and Sayles, Problem 3. New Against Old, pp. 90-91. Flippo, Case Problem. The Company Queen, pp. 538-539.



### Lesson 5

### The Business Organization and the Individual

#### OBJECTIVE

To give students an understanding of the impact of the business organization on the individual

12.

#### CONTENT OUTLINE

I. The Human Relations Movement

#### TEACHING SUGGESTIONS AND REFERENCES

The human relations movement in industry began as a result of the Hawthorne experiments.

Discuss the human relations concept in business. It can be defined as the study and practice of utilizing human resources through knowledge and understanding of the activities, attitudes, sentiments, and interrelationships of people at work.

II. Bureaucracies in Business Organization

III. Personality and Organization Structure Discuss the conditions which lead to bureaucracy and the ways in which it affects management.

Discuss the effects of organization structures on the human personality as seen in the studies of Merton, Weber, Veblen, and Argyris.

Teacher references: McFarland, Chap. 19; Megginson, Chap. 8.



Discuss and contrast the following pairs of leadership types that exist within any organized group: (1) authoritarian and democratic, (2) formal and informal, and (3) organizational and personal.

Teacher reference: McFarland, Chap. 16.

#### SUGGESTIONS FOR CASE PROBLEMS

Megginson, Case Problem II-2. Megginson, Case Problem II-3. Megginson, Case Problem VI-1. The Sensitive Supervisor, pp. 176-178. The Desk, pp. 178-179. The First Sergeant, pp. 621-622.

Lesson 6

Role of the Supervisor

#### OBJECTIVE

To give students an understanding of the supervisor's role in organizational behavior

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#### CONTENT OUTLINE

Ι.

#### TEACHING SUGGESTIONS AND REFERENCES

Changing Concepts of Supervision Supervision is the art of working with a group of people and exercising authority over them in such a way as to achieve their greatest combined effectiveness in getting work done. It includes the planning of work and involves securing actual performance that approximates, as closely as possible, desired performance. Discuss the role of the supervisor and the changes in this role in the past 50 years.

#### II. Supervisory Relationships

In any supervisory position there are separate sets of interactions and interrelationships which require the supervisor to play many different roles.

A. Personal relationship

The supervisor today must be a specialist in dealing with human beings, in addition to being familiar with the technical aspects of his job.

#### B. Relationship with peer group

The supervisor also has a relationship with his fellow supervisors that is based largely upon friendship. He considers them to be peers and requires their approval and acceptance. Understanding of this relationship is important to an understanding of his behavior on the job, because his need for their approval is very strong.

Having attitudes that win cooperation from employees makes the supervisor a leader rather than a boss. He must know how to treat subordinates as human beings, to be one of them without losing his status as a supervisor.

The supervisor must also have an upward orientation toward the demands of his superiors. He has the duty of carrying out his responsibility to his immediate superior in a loyal, enthusiastic, and sincere way to achieve the goals of the organization. He must also interact properly with functional staff managers.

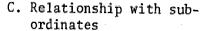
This includes relationships with labor unions and government representatives. He must also accept and adapt to technological and social changes.

For the supervisor a dual responsibility exists: to both his superiors and his subordinates.

The supervisor's responsibilities to his superiors include the following:

- Ascertain and carry out what management wants done.
- Keep superiors informed of what his department is doing.
- Accept full responsibility for the work in the department.
- Refer to superiors promptly matters requiring their attention.
- Interpret the employees' needs to management and management's needs to employees.

His responsibilities to his subordinates include the following:



D. Relationship with superiors

- E. Relationship with the wider culture
- III. Supervisory Responsibilities
  - A. Responsibilities to superiors

B. Obligations to subordinates



- Help new workers get started correctly.
- Train subordinates to assume greater responsibility.
- Evaluate employees periodically and recommend promotions, transfers, dismissals, and salary adjustments.
- Commend, encourage, and give credit for work well done.
- Delegate responsibility and develop understudies.
- Develop harmony, cooperation, and teamwork.
- Build and maintain employee morale.
- Maintain discipline, control absenteeism, and develop punc-tuality.
- Take a personal interest in employees without partiality.

Teacher references: Megginson, Chap. 10; McFarland, Chap. 25.

SUGGESTIONS FOR CASE PROBLEMS

Megginson, Case Problem III-1. 243. Megginson, Case Problem III-2.

pp. 243-245.

Megginson, Case Problem III-3. Megginson, Case Problem III-4. The Crisscrossed Secretaries, pp. 241-

Line, Staff, or Functional Authority,

Roy Ware, pp. 245-247.

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The Continental Company, pp. 247-248.

# Lesson 7 Problems of Motivation

#### OBJECTIVE

To give students an understanding of the problems involved in motivating employees

#### CONTENT OUTLINE

- Ϊ. Theories of Motivation
  - A. Maslow's needs hierarchy theory
  - B. McGregor's "Theory Y"
  - C. Herzberg's satisfiers and dissatisfiers theory
  - D. McClelland's achievement theory

#### II. Determining Employee Needs

#### TEACHING SUGGESTIONS AND REFERENCES

Discuss with students the prevailing theories of motivation.

Motivation refers to why people want things and try to get them. When one knows the motives of a worker it is easier to understand his behavior. To develop the proper motivation the supervisor must help the employee satisfy his needs.

Teacher references: Megginson, pp. 545-547; McGregor, Chaps. 3 and 4; Blum and Naylor, Chap. 11.

Not all needs are work motivators. The successful supervisor needs empathy to perceive the needs of his subordinates. Discuss employee needs and the difficulty of determining them.

III. Choosing the Appropriate Incentive

- A. Types of incentives1. Material2. Nonmaterial
- B. Methods of applying incentives
- C. Matching motives and incentives

Teacher references: Megginson, pp. 550-555; Blum and Naylor, pp. 353-362.

Incentives are the conditions which initiate or halt, encourage or discourage, and direct or inhibit human activities.

The idea behind incentive wage systems is that the better workers should be rewarded for their extra effort and production. Nonfinancial incentives, such as recognition for a job well done, opportunities for advancement, better human relations, and effective leadership are also important in bringing about higher individual effort among workers.

Discuss the effectiveness of material and nonmaterial incentives and the considerations in applying incentives to an employee.

Teacher references: Megginson, pp. 555-561; Blum and Naylor, Chap. 12.

SUGGESTIONS FOR CASE PROBLEMS

Megginson,	Case	Problem	VI-4.
Megginson,	Case	<b>Problem</b>	VI-5.
Megginson,	Case	Problem	VI-7.

The Value of Recognition, pp. 625-627. Bob Jones, pp. 627-629. Northern Utility Company, pp. 630-631.

Lesson 8 Downward Communication

OBJECTIVE

To give students an understanding of the process and problems of downward communication in a business organization

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CONTENT OUTLINE

I. Communicating with Employees

A. Importance of communication

B. Reasons for ineffective communication

II. Downward Communication

A. Through normal channels

#### TEACHING SUGGESTIONS AND REFERENCES

The ability to communicate is one o the manager's most important operat tools.

The communication process is so fun mental to all areas of management t industry could not exist without it It has been estimated that the typi executive spends approximately three fourths of his time in communication

Indications of a communication probare found in all levels of a busines Discuss these problems and the reaso for them with the class.

Teacher references: Megginson, pp. 525-531.

The burden of communication is directed from the top down. Downward communication helps tie the levels of to organization together. It is the re-



- B. Rules and policies
- C. Mass communications
- D. The grapevine
- III. Barriers to Downward Communication
  - A. Distortions as information passes through many levels
  - B. Bypassing intermediate levels
  - C. Excessively rigid rules
  - D. Feedback missing

of the supervisor to decide what his subordinates need to know and to make sure that they get this information regularly. They need it in sufficient quantity, in useful form, and promptly enough to act upon it. Downward communications are highly directive; they initiate actions by subordinates.

Successful communication does not take place automatically whenever two people get together. The basic problem in communication is that the meaning which is actually received by one person may not be what the other intended to send. The speaker and the listener are two separate individuals living in different worlds; any number of things can happen to distort the messages that pass between them. Discuss with students the elements of downward communication and the barriers to achieving effective communication.

Teacher references: McFarland, Chap. 24; Megginson, Chap. 23; Sigband, pp. 516-531.

#### SUGGESTIONS FOR CASE PROBLEMS

Megginson, Case Problem VI-3.	Communications: Quo Vadis, pp. 624-625.
Strauss and Sayles, Problem 1.	Welcome Aboard, pp. 224-225.
Strauss and Sayles, Problem 2.	Disappearing Furniture, p. 225.
Strauss and Sayles, Problem 3.	Fair Employment Policy, p. 225.
Strauss and Sayles, Problem 2.	The Extra Half Plum, pp. 239-240.

# Lesson 9 Upward Communication

#### OBJECTIVE

To give students an understanding of upward communication in a business organization

#### CONTENT OUTLINE

Ι. Upward Communication

A. Purposes

1. Obtaining information

2. Maintaining morale

B. Difficulties

- 1. Covering up
- 2. Status problems

3. Failure to encourage questions

II. Improving Upward Communications

- A. The open door
- B. Attitude surveys
- C. Committees
- D. Suggestion systems

#### TEACHING SUGGESTIONS AND REFERENCES

Communication from subordinate to superior is vitally necessary in an operating organization. Discuss with students what a superior learns from these communications and why they are so important.

Upward communication exists to the degree that it is permitted and encouraged by the superior executive. Knowing how to encourage adequate upward communication is a basic responsibility of the supervisor. Knowing how and when to communicate and what to communicate in an upward direction is the responsibility of every employee.

There are many avenues through which management can send messages downward through a business organization. But there are few avenues for movement of information in the upward direction. People in all phases of business need to feel free to talk to their superiors and to know they will be met with sympathetic understanding. Management must utilize all sources of information available.

Teacher references: McFarland, Chap. 24; Megginson, Chap. 23; Sigband, pp. 491-504 and 566-576.

SUGGESTION FOR CASE PROBLEM Strauss and Sayles, Problem 1. Interviewing Drill, pp. 238-239.

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## Lesson 10 Listening

#### OBJECTIVE

To give students an understanding of listening as a management tool

#### CONTENT OUTLINE

- Ι. Listening--A Vital Area of Communication
  - A. Listen for facts, feelings, and fancy.
  - B. Listen actively.
  - C. Listen objectively.
  - D. Listen analytically.
  - E. Listen to and observe the speaker's nonverbal communication.
  - F. Listen with empathy.

II. Barriers to Effective Listening

> A. Lack of concentration B. Emotions

III. Guides to Good Listening

- A. Find area of interest.
- B. Judge content, not delivery.
- C. Hold your fire.
- D. Listen for ideas.
- E. Be flexible.
- F. Work at listening.
- G. Resist distractions.
- H. Exercise your mind.
- I. Keep your mind open.

#### TEACHING SUGGESTIONS AND REFERENCES

Because most of us do not listen very well, we encounter communication problems. Discuss with students what is involved in listening and the barriers to effective listening.

The effective supervisor must listen in many different ways so that he understands what the communicator says, implies, insinuates, desires, and hopes. The successful listener listens for facts, for feelings, for fancy.

A good listener gains information, understanding of others, and cooperation.

A good listener fights distractions and works at listening. Everyone has emotional deaf spots and must watch for them.

Good listening is an art, but anyone can acquire it with concentration and practice. The most important thing is to realize that listening is an active process. We cannot sit back and listen; we need to sit up and listen. A good listener's mind is



alert; his face and posture reflect this fact. He also shows his interest by questions and comments which encourage the speaker to express his ideas fully.

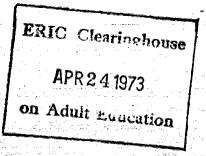
The good listener listens for the main ideas. As facts are spoken to him, he weighs one against the other. He tries to recognize the relationship of one to another. He goes after ideas, not a series of memorized facts.

Teacher references: Sigband, pp. 23-29 and 609-615.

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