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## ABSTRACT

The original edition of the Department of Labor Interest Check List aims at helping students decide what kinds of work they would like and lists activities that are found in a broad range of industries and occupations. The student is advised to read each of approximately 175 items and indicate how he feels about the activity described by placing a check under "like," "uncertain," or "dislike." He is further advised to then go back and indicate at least three activities that he would most like to do, even if he has no training or experience for them. Responses are evaluated with the student by a counselor. (LH)

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U.S. DEPARTMENT OF HEALTH. EDUCATION & WELFARE OFFICE OF EDUCATION

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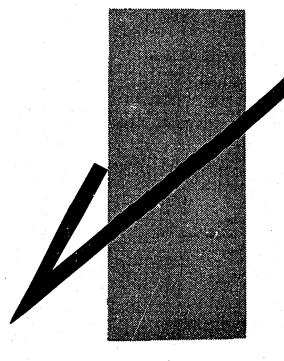
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U.S. DEPARTMENT OF LABOR MANPOWER ADMINISTRATION REAU OF EMPLOYMENT SECURITY WASHINGTON, D.C. 20210

ORIGINAL





Name	Date
Adduses on Caboal	,

It is important to all of us that we like our jobs, because, to succeed, we must be happy and interested in our work.

This Interest Check List may help you decide what kinds of work you would like. It indicates a broad range of activities which are found in most industries and occupations in the United States today.

Read and check each one of the statements carefully. If you think you would "like" to do this kind of activity, make a check  $\vee$  under the "L"; if you "don't like" the activity, make a v under the "D"; if you are not certain whether you would like the activity or not, make a √ under the "?".

After you have checked each activity, go back and double check √ √ at least three activities that you think you would most like to do.

You may check an activity even if you do not have training or experience for it, if you think you would enjoy the work. If you check the "?" this shows you are uncertain, either because you don't know enough about the activity or because you cannot make up your mind whether you like it or not.

After you have filled out the Check List, the Counselor will go over your responses with you to help you discuss further your interests and jobs you would like.

Read each of the items below and indicate how you feel about the activity described by placing a check  $\lor$  under

L (Like)	·	? (U	ncertain) D (Disli	ke)		
<u> </u>	?	D D		L	7	D
Sketch or paint pictures of people or			Perform nursing duties in hospital or home			
objects			Make chemical or laboratory tests			
Create artistic designs			Treat animals for injury or disease  Prepare medicines according to prescription			
ing effect	<u> </u>		Conduct experiments in properties of			
Take photographs for use in advertising			metals or other materials  Do medical X-ray work			
Design styles for clothing			Plan menus for hospitals, schools, or hotels. (473,418,477,479) (00,01,02,04,07,354)			
Sing as a paid entertainer						•
Play a musical instrument			Prepare financial statements for a company (252) (160,161)			
Conduct an orchestra or band	—		Assist clients in obtaining legal rights			
(396,394,496) (152) Write short stories or books	.*		(425) (11)			
Write articles to influence people's opinions			Purchase supplies for large firm			
Report events or activities Edit or rewrite news items			(484) (162,223)			
Write TV and radio scripts			Patrol forest lands			
(522,524,526,528) (13)			Observe and report weather conditions  Explore and chart earth's crust to locate			—
Act in a play			gas and oil deposits	<u> </u>		
(892,398) (15)			(466,468,413) (02,04)			
Comment on news for radio and TV			Plan and design roads and bridges  Design tools, machines, and electric equip-			
Announce radio and TV programs (522,400) (15)			ment			
Play professional baseball or other sports.			Pilot an airplane for a commercial line Work out high-speed computer problems	—		. —
(402) (15)			using mathematics	· ·		
Instruct classes of students			Lay out machinery and plan flow of work in a factory			• •
Show others how to play new sports or games			(871,468,375,383,385,422) (00,01,02,196)			-
(882) (09)			Observe and plot light flashes on radar	** :		
Select and catalog books and periodicals	<del></del>		scope to report air traffic	- 1 	<del></del>	
(276) (10)			(261) (193)			
Collect and analyze information about community problems			Draft plans for tools or machines			
(294)			Make detailed drawings from specifications for buildings			
Advise people about their personal			Survey land to determine its measurements and contour.			
nterview and counsel people about jobs			(377,385) (00,01)			
or schooling			Direct a crew of workmen			
Conduct public opinion surveys			Supervise clerical staff in an office Organize and direct operations of a factory _			
Conduct studies on economic problems  [294] (05)			Supervise a group of salesmen (460)			
Direct traffic			Operate office machines such as adding or			
Enforce State and national laws  Direct fire fighting and prevention in			calculating machines			
factory		•	(40,20)			
nspect machines and working conditions to prevent accidents.			Check bills for errors		<del></del>	
(416,427) (37,168,169,441)			Figure commissions and expenses			—



Make change and cash checks.  Keep a set of books for a basiness concern.  Type letters and reports.  Give shampes, manicures, and facials.  Direct patrons to tables in restaurant.  Give shampes, manicures, and facials.  Direct patrons to tables in restaurant.  Give service to airline passengers during flight.  Caso.271.278,287.2899) (20.21,22.23,24)  Operate a mimeograph machine.  File reports alphabetically.  Sert and deliver letters.  Sert and deliver letters.  Gas, 468,260 (20.23,22,23,24)  Operate a telephone switchboard.  Make appointments and answer telephone.  Sell insurance or real estate.  Sell estate in real estate.		L	7	D D		L	?	D	
Keep a set of books for a business concern.  The dictation in shorthand.  (280,271,778,287,289) (20,21,22,23,24)  Operate a mimeograph machine.  File reports alphabetically.  Sort and deliver letters.  (289,485,860)  Operate a telephone switchboard.  Make appointments and answer telephone.  (280,281,282,283,281)  Operate a telephone switchboard.  Make collections from customers.  Direct placements to proper departments in store.  Sell furniture in a store.  Sell insurance or real estate.  Sell insurance or real estate.  Canvass homes to demonstrate and sell products.  Sell insurance or real estate.  Canvass homes to demonstrate and sell products over a feath and make change at theater.  Sell insurance are an active over a setablished route.  Sell insurance are an active over a setablished route.  Sell insurance are an active over a setablished route.  Sell insurance are an active over a setablished route.  Sell insurance are an active over a setablished route.  Sell insurance and an active over a setablished route.  Sell insurance and an active over a setablished route.  Sell insurance and active over a setablished route.  Sell insurance and active over a setablished route.  Sell gas and a set as siguide.  Sell gas and a set as siguide.  Sell gas and active over a setablished route.  Sell gas and active over a setablish	Make change and cash checks				Set tables and serve food and drinks	·		<u>.                                    </u>	
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Demonstrate cosmetics for sale.  Canvass homes to demonstrate and sell products  Contact buyer for supermarket to get order for merchandise.  Sell tickets and make change at theater.  Deliver products over an established route.  Sell merchandise in a variety store.  (484,488,258,269,508)  (25,26,27,28,29,211,212,353)  Conduct tours and act as guide.  (484,488,258,269,508)  (25,26,27,28,29,211,212,353)  Interview persons to get census information  Question motorists to get information for highway planning commission.  (250)  Model clothing for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  (30,31,52)  Canstruct and repair metal machines, parts, and tools  Construct and repair metal mach	Sell huilding and construction equipment	—							
Keep lookout for forest fires.	Demonstrate cosmetics for sale								
Contact buyer for supermarket to get order for merchandise.  Sell tickets and make change at theater.  Sell merchandise in a variety store.  Sell merchandise in a variety store.  Sell gas and oil at a service station.  (484,488,258,269,503)  (25,26,27,28,29,211,212,353)  Interview persons to get census information  Question motorists to get information for highway planning commission.  (250)  Model clothing for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  (30,319)  (30,31,52)  Ekeep looktout for forest fires.  (416,505)  (444,45)  Saw, trim, and chop trees in forest areas.  (322)  Saw, trim, and chop trees in forest areas.  (322)  Saw, trim, and chop trees in forest areas.  Saw, trim, and chop trees in forest areas.  (322)  Saw, trim, and chop trees in forest areas.  Saw, trim, and chop trees in forest areas.  (322)  Saw, trim, and chop trees in forest areas.  Saw, trim, and chop trees in forest areas.  (322)  Saw, trim, and chop trees in forest areas.  (322)  Saw, trim, and chop trees in forest areas.  (322)  Construct and repair metal machines, parts, and tools.  Work with drills and lathes to cut and shape metal.  Grind lenses for cameras and microscopes.  Operate machines to saw and shape wood.  Oil, adjust, and repair machinery.  Repair typewriters, calculators, and adding machines.  Operate typewriters, calculators, and adding machines.  Operate textile looms or hosiery-knitting machines.  (408)  Operate printing press.  (408)  (408)  (408)  Saw, trim, and chop trees in forest areas.  Operate textile looms or hosiery-knitting machines.  Operate textile looms or hosiery-knitting machines.  Operate textile looms or hosiery-knitting machines.  (408)  Operate pranting press.  (408)  (408)  Saw, trim, and chop tree	Canvass homes to demonstrate and sell				Serve as guide for hunting and fishing trips _				
Contact buyer for supermarket to get order for merchandise						<del></del>			
Sell tickets and make change at theater.  Deliver products over an established route.  Sell merchandise in a variety store.  Conduct tours and act as guide.  Sell gas and oil at a service station.  (484,488,285,269,508)  (25,26,27,28,29,211,212,353)  Interview persons to get census information  Question motorists to get information for highway planning commission.  (250)  Model clothing for customers.  Model clothing for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for camera and power shovels to move materials  Corstruct and repair metal machines, parts, and tools.  Construct and repair metal machines, parts, and tools.  Construct and repair metal machines, parts, and tools.  Construct and repair metal machines.  Coperate printing press.  (408)  Construct and repair metal machines.  Operate printing press.  (408)  Construct and repair metal machines, parts, and tools.  Construct and repair metal machines.  Operate printing press.  (408)  Coperate printing press.  (408)  Coperate printing press.  (430,312,319,435,447)  (6,7)  Cook in a restaurant.  Pinstall and repair telephone switchboards.  Coperate	Contact buyer for supermarket to get				(416,505) (44,45)				
Deliver products over an established route.  Sell merchandise in a variety store.  Conduct tours and act as guide.  Sell gas and oil at a service station.  (484,488,268,269,508)  (25,26,27,28,29,211,212,853)  Interview persons to get census information Question motorists to get information for highway planning commission.  (250)  Model clothing for customers.  Construct and repair metal machines, parts, and tools.  Work with drills and lathes to cut and shape metal.  Grind lenses for cameras and microscopes.  Operate machines to saw and shape wood.  Oil, adjust, and repair machinery.  Repair and overhaul automobile engines.  Repair typewriters, calculators, and adding machines  Operate textile looms or hosiery-knitting machines.  Operate printing press.  (408,312,319,435,447)  Operate printing press.  (408,312,319,435,447)  Take charge of playroom for children.  Organize games and read to small children.  Take care of and feed infants in a nursery.  Saw, trim, and chop trees in forest areas.  (322)  (94)  Construct and repair metal machines, parts, and tools.  Work with drills and lathes to cut and shape metal.  Operate machines to saw and shape wood.  Oil, adjust, and repair machinery.  Repair and overhaul automobile engines.  Repair typewriters, calculators, and adding machines  Operate textile looms or hosiery-knitting machines  Operate textile looms or hosiery-knitting machines  Operate textile looms or hosiery-knitting machines  (440,812,319,435,447)  Operate cranes and power shovels to move materials  (440,819)  Take charge of playroom for children.  Organize games and read to small children.  Install and repair telephone switchboards.  Repair radio and TV sets.	Order for merchandise								
Sell merchandise in a variety store	Sell tickets and make change at theater				G A				
Conduct tours and act as guide	Sell merchandise in a variety store			<del></del>					•
Sell gas and oil at a service station					(82)				
(484,488,258,269,503) (25,26,27,28,29,211,212,353)  Interview persons to get census information Question motorists to get information for highway planning commission	Sell gas and oil at a service station								٠.
and tools  Work with drills and lathes to cut and shape metal  Grind lenses for cameras and microscopes.  Operate machines to saw and shape wood.  Oil, adjust, and repair machinery.  (250)  (249)  Model clothing for customers.  (408)  Cook in a restaurant.  Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers.  Order food supplies for hotel.  (310,319)  Take charge of playroom for children.  Organize games and read to small children.  Take care of and feed infants in a nursery.  And tools  Work with drills and lathes to cut and shape wood.  Grind lenses for cameras and microscopes.  Operate machines to saw and shape wood.  Oil, adjust, and repair machinery.  Operate machines to saw and shape wood.  Oil, adjust, and repair machinery.  Operate rand overhaul automobile engines.  Repair typewriters, calculators, and adding machines  Operate textile looms or hosiery-knitting machines  (430,812,819,435,447)  Operate printing press.  (430,812,819,435,447)  Operate cranes and power shovels to move materials  Operate cranes and power shovels to move materials  Operate cranes and power shovels to move materials  (444,519)  Repair radio and TV sets.	(484,488,258,269,508)			- <del></del>	Construct and renair metal machines narts				
Work with drills and lathes to cut and shape metal   Grind lenses for cameras and microscopes   Operate machines to saw and shape wood   Oil, adjust, and repair machinery   Repair and overhaul automobile engines   Repair typewriters, calculators, and adding machines   Operate textile looms or hosiery-knitting machines   Operate textile looms or hosiery-knitting machines   Operate printing press   (480,312,319,435,447)   (6,7)    Cook in a restaurant   Plan and prepare meals in a private home   Bake cakes, cookies, and other pastries for customers   Operate cranes and power shovels to move materials   (444,519)   (85,90,91)    Take charge of playroom for children   Organize games and read to small children   Install and repair telephone switchboards   Repair radio and TV sets   Operate read on the cut and shape metal   Grind lenses for cameras and microscopes   Operate machines to saw and shape wood   Oil, adjust, and repair machinery   C44,019   Operate repair machinery   Operate textile looms or hosiery-knitting machines   Operate textile looms or hosiery-knitting   Operat	(25,26,27,28,29,211,212,353)		1 .			<u> </u>			
Interview persons to get census information Question motorists to get information for highway planning commission			1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		Work with drills and lathes to cut and	· · ·	-		
Question motorists to get information for highway planning commission					shape metal				
highway planning commission  (250) (249) (249) Repair and overhaul automobile engines Repair typewriters, calculators, and adding machines Operate textile looms or hosiery-knitting machines Operate printing press (480,312,319,435,447) (6,7)  Cook in a restaurant. Plan and prepare meals in a private home. Bake cakes, cookies, and other pastries for customers Order food supplies for hotel (310,319) (30,31,52) (30,31,52)  Take charge of playroom for children Organize games and read to small children. Take care of and feed infants in a nursery.  Oil, adjust, and repair machinery Repair typewriters, calculators, and adding machines Operate textile looms or hosiery-knitting machines Operate textile looms or hosiery-knitting machines Operate printing press  (480,312,319,435,447) (6,7)  Drive a trailer-truck or bus Operate cranes and power shovels to move materials (444,519) (85,90,91)									
Repair and overhaul automobile engines.   Repair typewriters, calculators, and adding machines   Operate textile looms or hosiery-knitting machines   Operate printing press   (480,312,319,435,447)   (6,7)	highway planning commission				,			_	
Model clothing for customers					Oil, adjust, and repair machinery				•
Model clothing for customers	· · · · · · · · · · · · · · · · · · ·								•
Model clothing for customers									
Cook in a restaurant					Operate textile looms or hosiery-knitting				
Cook in a restaurant	(408) (297)								
Cook in a restaurant						—			
Plan and prepare meals in a private home.  Bake cakes, cookies, and other pastries for customers	Cook in a westerment				(480,812,819,435,447) (6,7)				
Bake cakes, cookies, and other pastries for customers	Plan and prepare meals in a private home								
for customers	Bake cakes, cookies, and other pastries				Drive a trailer-truck or hug				
Order food supplies for hotel	for customers				1 11 11 11 11 11 11 11 11 11 11 11 11 1				•
(810,819) (80,81,52) (444,519) (85,90,91)  Take charge of playroom for children	Order food supplies for hotel								
Organize games and read to small children Install and repair telephone switchboards Repair radio and TV sets									
Organize games and read to small children Install and repair telephone switchboards Repair radio and TV sets						•			
Organize games and read to small children Install and repair telephone switchboards Repair radio and TV sets	Make shaws of -1								
Take care of and feed infants in a nursery Repair radio and TV sets	Organize games and read to small ability.								
	Take care of and feed infants in a nursease	—	_						•
( tajou)									•
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Paint or do paperhanging in houses or build-		•		Tend machines which mix or cook foods			
ings				or drugs			
Fix drains and faucets				Operate equipment to refine petroleum			
Lay bricks to construct walls and chimneys. Build frame houses and other wood struc-				products			
tures				(485,447) (5)			
(312,319) (8).							
				Weld metal parts together using automatic			
Assemble and repair watches or cameras		<del></del>	<del></del>	welding machine			
Cut, sew, and fit cloth, leather, or fur articles				Drill with a jackhammer in ore or rock Straighten bent fenders and auto bodies			
Make or repair furniture or cabinets				(312,435,322) (8,93)	<del></del> .		
Cut and shape glass or stone for jewelry							
and other small articles				Operate power sewing machine to make			
(430,312) (5,6,7,8,9)				clothing			
Use precision measuring instruments to in-			at 1	Pack fruit or vegetables for market Assemble metal parts with handtools			
spect products for flaws				Wind electrical coils and armatures			
(271,282) (5,6,7,8,9)				(312,319,435,322) (7,8)			
							•
Letter or stencil posters and signs				Feed metal stock into machine to cut or			
Set type by hand for printing  Operate machines to set type				shape metal products  Tend sawing or boring woodworking			
Develop and print pictures			<u> </u>	machines			•
(312,274,435) (65,97)				Polish marble or granite by machine			
	ų.			Use machines to press, stretch, or pleat			
Make bread, cakes, and other bakery prod- ucts				fabrics		<u> </u>	
Operate furnaces or ovens to heat or melt		-	<del></del>	Mix paints according to formulas			
metals				Tend tanks to dye or bleach leather  Operate equipment making or treating			
Pour or dip hot metals into molds			- <b></b> .	paper	:		
Mix solutions for plastic materials				(435,322,447,356) (5,6)			-
(319,435,447) (5)			100				
Guard property against fire, theft, or dam-				Deliver telegrams by bicycle	<del></del>	<del></del>	
age				Distribute printed advertising to homes			
Store explosives				Wash dishes and silverware by machine			
Check people entering factory gate and di-		18 18 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		Stack bundles of wheat, oats, and barley			
rect to proper entrance(427) (37)			<del></del>	(509,360) (3,23)			
	1.11			Carry and set stakes in a surveying crew			٠.
Inspect and test quality of articles by taste,				(282) (081)			
sight, or hearing				(602)			
Inspect articles by use of simple measuring devices							
Sort articles by size and color							
(271,282) (4,5,6,7,8,9)							
Lift and move objects with small crane on electric truck							
Operate automatic metalworking machines.							
Operate machine to fill bottles, jars, or cans							
with liquids				·			
(435,444,447,356) (5,6,92)							

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