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ABSTRACT

The original edition of the Department of Labor Interest Check List aims at helping students decide what kinds of work they would like and lists activities that are found in a broad range of industries and occupations. The student is advised to read each of approximately 175 items and indicate how he feels about the activity described by placing a check under "like," "uncertain," or "dislike." He is further advised to then go back and indicate at least three activities that he would most like to do, even if he has no training or experience for them. Responses are evaluated with the student by a counselor. (LH)

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U.S. DEPARTMENT OF LABOR
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WASHINGTON, D.C. 20210

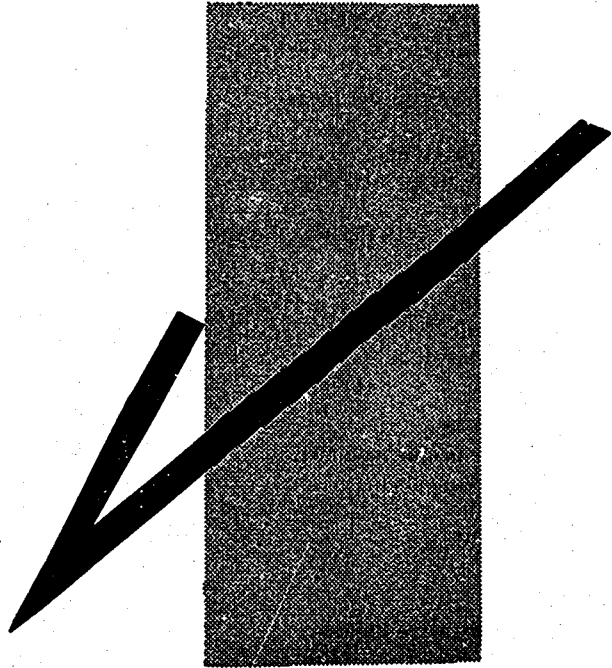
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Interest

CHECK LIST



Name Date

Address or School

It is important to all of us that we like our jobs, because, to succeed, we must be happy and interested in our work.

This Interest Check List may help you decide what kinds of work you would like. It indicates a broad range of activities which are found in most industries and occupations in the United States today.

Read and check each one of the statements carefully. If you think you would "like" to do this kind of activity, make a check √ under the "L"; if you "don't like" the activity, make a √ under the "D"; if you are not certain whether you would like the activity or not, make a √ under the "?".

After you have checked each activity, go back and double check √ √ at least three activities that you think you would most like to do.

You may check an activity even if you do not have training or experience for it, if you think you would enjoy the work. If you check the "?" this shows you are uncertain, either because you don't know enough about the activity or because you cannot make up your mind whether you like it or not.

After you have filled out the Check List, the Counselor will go over your responses with you to help you discuss further your interests and jobs you would like.

Read each of the items below and indicate how you feel about the activity described by placing a check under

L (Like)	? (Uncertain)	D (Dislike)	L	?	D
Sketch or paint pictures of people or objects.....	_____	_____	_____	_____	_____
Create artistic designs.....	_____	_____	_____	_____	_____
Arrange or decorate interiors to get pleasing effect.....	_____	_____	_____	_____	_____
Carve objects from clay or stone.....	_____	_____	_____	_____	_____
Take photographs for use in advertising..	_____	_____	_____	_____	_____
Design styles for clothing.....	_____	_____	_____	_____	_____
(228,230,232)	(14,298)				
Sing as a paid entertainer.....	_____	_____	_____	_____	_____
Play a musical instrument.....	_____	_____	_____	_____	_____
Compose or arrange music.....	_____	_____	_____	_____	_____
Conduct an orchestra or band.....	_____	_____	_____	_____	_____
(396,394,496)	(152)				
Write short stories or books.....	_____	_____	_____	_____	_____
Write articles to influence people's opinions	_____	_____	_____	_____	_____
Report events or activities.....	_____	_____	_____	_____	_____
Edit or rewrite news items.....	_____	_____	_____	_____	_____
Write TV and radio scripts.....	_____	_____	_____	_____	_____
(522,524,526,528)	(13)				
Act in a play.....	_____	_____	_____	_____	_____
Dance classical or interpretative dances...	_____	_____	_____	_____	_____
(392,398)	(15)				
Comment on news for radio and TV.....	_____	_____	_____	_____	_____
Announce radio and TV programs.....	_____	_____	_____	_____	_____
(522,400)	(15)				
Play professional baseball or other sports.	_____	_____	_____	_____	_____
(402)	(15)				
Instruct classes of students.....	_____	_____	_____	_____	_____
Show others how to play new sports or games	_____	_____	_____	_____	_____
(332)	(09)				
Select and catalog books and periodicals..	_____	_____	_____	_____	_____
(276)	(10)				
Collect and analyze information about community problems.....	_____	_____	_____	_____	_____
(294)	(05)				
Advise people about their personal problems	_____	_____	_____	_____	_____
Interview and counsel people about jobs or schooling.....	_____	_____	_____	_____	_____
(296,250)	(09,045,195)				
Conduct public opinion surveys.....	_____	_____	_____	_____	_____
Conduct studies on economic problems....	_____	_____	_____	_____	_____
(294)	(05)				
Direct traffic.....	_____	_____	_____	_____	_____
Enforce State and national laws.....	_____	_____	_____	_____	_____
Direct fire fighting and prevention in factory	_____	_____	_____	_____	_____
Inspect machines and working conditions to prevent accidents.....	_____	_____	_____	_____	_____
(416,427)	(37,168,169,441)				
Perform nursing duties in hospital or home	_____	_____	_____	_____	_____
Make chemical or laboratory tests.....	_____	_____	_____	_____	_____
Treat animals for injury or disease.....	_____	_____	_____	_____	_____
Prepare medicines according to prescription	_____	_____	_____	_____	_____
Conduct experiments in properties of metals or other materials.....	_____	_____	_____	_____	_____
Do medical X-ray work.....	_____	_____	_____	_____	_____
Plan menus for hospitals, schools, or hotels.	_____	_____	_____	_____	_____
(473,418,477,479)	(00,01,02,04,07,354)				
Prepare financial statements for a company	_____	_____	_____	_____	_____
(252)	(160,161)				
Assist clients in obtaining legal rights....	_____	_____	_____	_____	_____
(425)	(11)				
Purchase supplies for large firm.....	_____	_____	_____	_____	_____
(484)	(162,223)				
Patrol forest lands.....	_____	_____	_____	_____	_____
Observe and report weather conditions...	_____	_____	_____	_____	_____
Explore and chart earth's crust to locate gas and oil deposits.....	_____	_____	_____	_____	_____
(466,468,413)	(02,04)				
Plan and design roads and bridges.....	_____	_____	_____	_____	_____
Design tools, machines, and electric equipment	_____	_____	_____	_____	_____
Pilot an airplane for a commercial line..	_____	_____	_____	_____	_____
Work out high-speed computer problems using mathematics.....	_____	_____	_____	_____	_____
Lay out machinery and plan flow of work in a factory.....	_____	_____	_____	_____	_____
(371,468,375,383,385,422)	(00,01,02,196)				
Observe and plot light flashes on radar scope to report air traffic.....	_____	_____	_____	_____	_____
(261)	(193)				
Draft plans for tools or machines.....	_____	_____	_____	_____	_____
Make detailed drawings from specifications for buildings.....	_____	_____	_____	_____	_____
Survey land to determine its measurements and contour.....	_____	_____	_____	_____	_____
(377,385)	(00,01)				
Direct a crew of workmen.....	_____	_____	_____	_____	_____
Supervise clerical staff in an office.....	_____	_____	_____	_____	_____
Organize and direct operations of a factory	_____	_____	_____	_____	_____
Supervise a group of salesmen.....	_____	_____	_____	_____	_____
(460)					
Operate office machines such as adding or calculating machines.....	_____	_____	_____	_____	_____
(274,435,447)	(20,21)				
Check bills for errors.....	_____	_____	_____	_____	_____
Figure commissions and expenses.....	_____	_____	_____	_____	_____
(280,289)	(20,21)				

	L	?	D
Make change and cash checks.....	—	—	—
Keep a set of books for a business concern.	—	—	—
Type letters and reports.....	—	—	—
Take dictation in shorthand.....	—	—	—
Keep inventory of material and equipment.	—	—	—
(280,271,278,287,269) (20,21,22,23,24)			
Operate a mimeograph machine.....	—	—	—
File reports alphabetically.....	—	—	—
Sort and deliver letters.....	—	—	—
(289,485,360) (20,21,22,23,24)			
Operate a telephone switchboard.....	—	—	—
Make appointments and answer telephone.	—	—	—
Make collections from customers.....	—	—	—
Direct customers to proper departments in	—	—	—
store	—	—	—
Talk to customers about complaints.....	—	—	—
(258,269,291) (20,21,22,23,24)			
Sell furniture in a store.....	—	—	—
Sell insurance or real estate.....	—	—	—
Sell building and construction equipment..	—	—	—
Demonstrate cosmetics for sale.....	—	—	—
Canvass homes to demonstrate and sell	—	—	—
products	—	—	—
Contact buyer for supermarket to get	—	—	—
order for merchandise.....	—	—	—
Sell tickets and make change at theater..	—	—	—
Deliver products over an established route.	—	—	—
Sell merchandise in a variety store.....	—	—	—
Conduct tours and act as guide.....	—	—	—
Sell gas and oil at a service station.....	—	—	—
(484,488,258,269,508)			
(25,26,27,28,29,211,212,353)			
Interview persons to get census information	—	—	—
Question motorists to get information for	—	—	—
highway planning commission.....	—	—	—
(250) (249)			
Model clothing for customers.....	—	—	—
(408) (297)			
Cook in a restaurant.....	—	—	—
Plan and prepare meals in a private home..	—	—	—
Bake cakes, cookies, and other pastries	—	—	—
for customers.....	—	—	—
Order food supplies for hotel.....	—	—	—
(810,819) (80,81,52)			
Take charge of playroom for children....	—	—	—
Organize games and read to small children.	—	—	—
Take care of and feed infants in a nursery.	—	—	—
(479) (807,854,859)			

	L	?	D
Set tables and serve food and drinks.....	—	—	—
Give shampoos, manicures, and facials....	—	—	—
Direct patrons to tables in restaurant....	—	—	—
Give service to airline passengers dur-	—	—	—
ing flight.....	—	—	—
Operate passenger elevator.....	—	—	—
(498) (8)			
Plant, cultivate, and harvest crops.....	—	—	—
Raise and care for cattle, hogs, horses, and	—	—	—
chickens	—	—	—
Cultivate vegetables for market	—	—	—
Plant and care for flowers, lawn, and	—	—	—
shrubbery	—	—	—
(411,322) (40,41,42)			
Catch large quantities of fish and market	—	—	—
them	—	—	—
Work aboard tugboats, barges, and river	—	—	—
boats	—	—	—
Operate a fish hatchery.....	—	—	—
(411,322) (48,911)			
Serve as guide for hunting and fishing trips	—	—	—
Keep lookout for forest fires.....	—	—	—
(416,505) (44,45)			
Saw, trim, and chop trees in forest areas..	—	—	—
(322) (94)			
Construct and repair metal machines, parts,	—	—	—
and tools	—	—	—
Work with drills and lathes to cut and	—	—	—
shape metal	—	—	—
Grind lenses for cameras and microscopes.	—	—	—
Operate machines to saw and shape wood..	—	—	—
Oil, adjust, and repair machinery.....	—	—	—
Repair and overhaul automobile engines..	—	—	—
Repair typewriters, calculators, and adding	—	—	—
machines	—	—	—
Operate textile looms or hosiery-knitting	—	—	—
machines	—	—	—
Operate printing press.....	—	—	—
(480,812,819,435,447) (6,7)			
Drive a trailer-truck or bus.....	—	—	—
Operate cranes and power shovels to move	—	—	—
materials	—	—	—
(444,519) (85,90,91)			
Build and test electronic equipment.....	—	—	—
Install and repair telephone switchboards..	—	—	—
Repair radio and TV sets.....	—	—	—
(812) (72,82)			

	L	?	D		L	?	D
Paint or do paperhanging in houses or buildings	---	---	---	Tend machines which mix or cook foods or drugs	---	---	---
Fix drains and faucets	---	---	---	Operate equipment to refine petroleum products	---	---	---
Lay bricks to construct walls and chimneys	---	---	---	Operate a concrete mixer	---	---	---
Build frame houses and other wood structures	---	---	---	(435,447) (5)			
(312,319) (8)				Weld metal parts together using automatic welding machine	---	---	---
Assemble and repair watches or cameras ..	---	---	---	Drill with a jackhammer in ore or rock	---	---	---
Cut, sew, and fit cloth, leather, or fur articles	---	---	---	Straighten bent fenders and auto bodies ..	---	---	---
Make or repair furniture or cabinets	---	---	---	(312,435,322) (8,98)			
Cut and shape glass or stone for jewelry and other small articles	---	---	---	Operate power sewing machine to make clothing	---	---	---
(430,312) (5,6,7,8,9)				Pack fruit or vegetables for market	---	---	---
Use precision measuring instruments to inspect products for flaws	---	---	---	Assemble metal parts with handtools	---	---	---
(271,282) (5,6,7,8,9)				Wind electrical coils and armatures	---	---	---
Letter or stencil posters and signs	---	---	---	(312,319,435,322) (7,8)			
Set type by hand for printing	---	---	---	Feed metal stock into machine to cut or shape metal products	---	---	---
Operate machines to set type	---	---	---	Tend sawing or boring woodworking machines	---	---	---
Develop and print pictures	---	---	---	Polish marble or granite by machine	---	---	---
(312,274,435) (65,97)				Use machines to press, stretch, or pleat fabrics	---	---	---
Make bread, cakes, and other bakery products	---	---	---	Mix paints according to formulas	---	---	---
Operate furnaces or ovens to heat or melt metals	---	---	---	Tend tanks to dye or bleach leather	---	---	---
Pour or dip hot metals into molds	---	---	---	Operate equipment making or treating paper	---	---	---
Mix solutions for plastic materials	---	---	---	(435,322,447,356) (5,6)			
(319,435,447) (5)				Deliver telegrams by bicycle	---	---	---
Guard property against fire, theft, or damage	---	---	---	Clean and polish shoes	---	---	---
Store explosives	---	---	---	Distribute printed advertising to homes ..	---	---	---
Check people entering factory gate and direct to proper entrance	---	---	---	Wash dishes and silverware by machine ..	---	---	---
(427) (37)				Stack bundles of wheat, oats, and barley ..	---	---	---
Inspect and test quality of articles by taste, sight, or hearing	---	---	---	(509,360) (3,23)			
Inspect articles by use of simple measuring devices	---	---	---	Carry and set stakes in a surveying crew ..	---	---	---
Sort articles by size and color	---	---	---	(282) (081)			
(271,282) (4,5,6,7,8,9)							
Lift and move objects with small crane on electric truck	---	---	---				
Operate automatic metalworking machines ..	---	---	---				
Operate machine to fill bottles, jars, or cans with liquids	---	---	---				
(435,444,447,356) (5,6,92)							

NOW, GO BACK AND DOUBLECHECK AT LEAST THREE ACTIVITIES THAT YOU WOULD MOST LIKE TO DO

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