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## ABSTRACT

This publication contains curriculum suggestions for teaching the Environmental and Public Health component (grades 10, 11, and 12) of this prototypic curriculum series. The format consists of four columns intended to provide teachers with: (1) a basic content outline, (2) a list of major understandings and fundamental concepts, (3) information about resource materials, and (4) teaching aids. Specific curriculum contents include: (1) rationale for man to improve his environment, (2) psychological aspects of health, (3) gerontology and geriatrics, and (4) societal health problems. Because of the comprehensive nature of the total curriculum - health program, users are advised to become familiar with all strands presently in print. (1L)

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PROTOTYPE  
CURRICULUM MATERIALS  
FOR THE ELEMENTARY  
AND SECONDARY GRADES



HEALTH

# STRAND IV ENVIRONMENTAL AND COMMUNITY HEALTH

Environmental and Public Health  
Grades 10, 11, and 12

Special edition for  
evaluation and discussion

THE UNIVERSITY OF THE STATE OF NEW YORK/THE STATE EDUCATION DEPARTMENT  
BUREAU OF SECONDARY CURRICULUM DEVELOPMENT/ALBANY, NEW YORK 12224/1971

ED049477

STRAND IV  
ENVIRONMENTAL AND COMMUNITY HEALTH  
Environmental and Public Health  
Grades 10, 11, 12

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## FOREWORD

This publication contains curriculum suggestions for teaching Strand IV — Environmental and Community Health: Environmental and Public Health, for grades 10, 11, and 12.

The publication format of four columns is intended to provide teachers with: a basic content outline in the first column; a listing of the major understandings and fundamental concepts which children may achieve in the second column; and information specifically designed for classroom teachers which should provide them with resource materials, teaching aids, and supplementary information in the third and fourth columns.

The comprehensive nature of the health program makes it imperative that teachers gain familiarity with all of the strands presently in print. In this way, important teaching-learning experiences may be developed by cross-referring from one strand to another.

It is recommended that the health coordinator in each school system review these materials carefully and consult with teachers, administrators, and leaders of interested parent groups in order to determine the most appropriate manner in which to utilize this strand as an integral part of a locally adapted, broad and comprehensive program in health education.

The curriculum materials presented here are in tentative form and are subject to modification in content and sequence. Critiques of the format, content, and sequence are welcomed.

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### Overview

Environmental and public health education should include learning activities for students to help them to understand the historical and contemporary efforts of man related to developing and controlling environmental and public health problems. Students are given the opportunity to explore the nature and scope of public health activities. The emphasis in learning experiences is placed on developing in students an awareness of their responsibilities to the society and environment in which they live.

Further, this strand provides information and involvement opportunities for students which will result in (1) a generation of young people who are accurately and adequately informed about the environment, (2) a society that is aware of the kinds and nature of the health problems which are associated with living in a group, (3) an awareness of the methods for finding solutions to these health problems and involvement in effecting solutions for them, and (4) an awareness of the potentials of their environment.

To adequately bring about the accomplishment of these goals the epidemiological approach to learning and problem-solving is used. Public health problems must be considered from the physical psychological, and sociological viewpoints. The basic principles of public health practice are kept in proper perspective with the nature of the health affair. In addition, the kinds of public health efforts currently being used are considered and evaluated. Each student is encouraged to consider and create other, more effective, ways of dealing with our most critical public health problems. He is further encouraged to help to develop an environment in which man may survive, function, and progress under the most optimal state of efficiency and effectiveness.



### Outcomes

Students in grades 10, 11, and 12 should:

- develop an understanding of the attitude and actions of governments relative to our major environmental and public health problems.
- become aware of the essential principles of epidemiology and ecology which are relevant to the critical public health affairs.
- understand the complexities involved in the improvement of the environment and in the control of sanitary practices.
- become aware of and appreciate the complex health problems related to community health practices.
- explore and develop solutions to the environmental and public health problems.
- become involved in improving the environment.
- develop an understanding and appreciation of the necessity for each individual to conserve and utilize our resources (including human) most effectively.
- become aware of the methods used in public health research.

REFERENCE	MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS	SUGGESTED TEACHING AND LEARNING ACTIVITIES
I. Introduction		
A. History	<p>Throughout history, man's health status has been directly related to his environment.</p> <p>The health of a community has been to a great extent directly related to its changing environment.</p> <p>Present public health practice has its genesis in history.</p> <p>Sound planning for the future of public health lies with evaluation of the past, related to the present.</p>	<p>Choose a health problem either historical or current, and discuss it was a health problem at one time but not a problem at another.</p> <p>Choose a time period within the history of the community and describe the health problems of that community at that time.</p> <p>Why was the community having those health problems? Describe relevant factors. What problems do we still have?</p> <p>How have conditions changed so that those health problems no longer exist? Can they re-exist? Explain. What techniques help to eliminate them?</p>
B. Definition of public health practice	<p>Public health practice includes:</p> <ul style="list-style-type: none"> <li>- the scientific diagnosis and treatment of groups of people</li> <li>- the prevention of</li> </ul>	<p>Create an ideal community from a public health frame of reference.</p> <p>What factors would have to be considered?</p>

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Choose a health problem, either historical or current, and discuss why it was a health problem at one time but not a problem at another time.

Choose a time period within the history of the community and describe the health problems of that community at that time.

Why was the community having those health problems? Describe the relevant factors. What problems do we still have?

How have conditions changed so that those health problems no longer exist? Can they return? Explain. What technology helps to eliminate it?

Create an ideal community from a public health frame of reference.

What factors would have to be considered?

## SUPPLEMENTARY INFORMATION FOR TEACHERS

See the following references for a brief description of the most relevant events in the historical development of public health:

- "A bookshelf on the history and philosophy of public health," by J. J. Hanlon, et al, American Journal of Public Health, April 1960.
- Mirage of health, by R. J. Dubos, New York. Harper & Row. 1959.
- A history of public health, by G. Rosen, New York. 1958.
- Principles of public health administration, by J. J. Hanlon, 5th edition, Chapters 1 & 2. C. V. Mosby.

Public health may be defined in many ways. Some definitions include a reference to the complex activities of public health along with the

## REFERENCE

### MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

unhealthful environ-  
ments and the creation  
of a healthful environ-  
ment

Health is "A state of  
complete physical,  
mental and social well-  
being and not merely the  
absence of disease or  
infirmity."  
(World Health  
Organization)

AND  
S

### SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

- sanitary conditions
- medical facilities
- health personnel
- refuse disposal facilities
- prevention and control of disease
- geriatrics

Take photos of existing conditions in your area. Compare what exists with your "ideal community."

Create collages or mobiles depicting a "healthy" person; a healthful environment; the individual's role or responsibility.

### SUPPLEMENTARY INFORMATION FOR TEACHERS

relevant goals. An often quoted definition which includes guidelines for the development of public health practices is "Public Health is the science and the art of preventing disease, prolonging life and promoting physical and mental health and efficiency through organized community effort for the sanitation of the environment, the control of community infections, the education of the individual in principles of personal hygiene, the organization of medical and nursing service for the early diagnosis and preventive treatment of disease, and the development of the social machinery which will insure to every individual in the community a standard of living adequate for the maintenance of health; organizing these benefits in such fashion as to enable every citizen to realize his birthright of health and longevity." (Dr. C.E.A. Winslow)

See Hanlon, J.J., *Ibid.* pages 4 & 5 for more detailed definitions.

REFERENCE	MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS	SUGGESTED TEACHING AND LEARNING
II. Rationale for Man To Improve His Environment	The incidence of many diseases related to ecological factors are on the increase.	To improve our environment will be What evidence that an improve- ment is essential individual and well-being?
A. Need	The increase in health problems relating to human behavior is direct- ly related to the in- crease in population.	Identify some which are close to the way man
	The quality of life is affected by the physical and psychological elements of pollution.	What steps need taken immediately improve the environ- ment? What is the cost is the cost of the steps are not
	An unhealthful environ- ment is costly in terms of material and human resources, and may lead to more undesirable changes in the environ- ment.	
B. Responsibility	Each person has a responsibility for improving the environ- ment through personal behavior.	
1. societal	Solutions to environmental health problems must be developed at all levels. Deterioration of the	If the environ- ment be improved and agencies must that responsibility

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

To improve our environment will be expensive. What evidence do we have that an improved environment is essential for individual and social well-being?

Identify some diseases which are closely related to the way man lives.

What steps need to be taken immediately to improve the environment? What is the cost? What is the cost if these steps are not taken?

If the environment must be improved what people and agencies must assume that responsibility?

## SUPPLEMENTARY INFORMATION FOR TEACHERS

We, as a people, need to address ourselves immediately to the kinds of public and environmental health problems that confront us today. With the increase in population has come an increase in the numbers and kinds of health problems affecting the quality of life of people. Pollution of all kinds — air, land, and water — is reaching such proportions that unless we deal with the problems now, much of our land will become uninhabitable within the next 20-30 years. Americans are taking from the natural resources at such a pace that by the year 2000 we will have exhausted many of the sources which make us a rich nation. In addition, our water and air are becoming unfit for our consumption.

See Strand IV, World Health, grades 10, 11, 12.

It is the responsibility of public health personnel, and those in education, to bring about a reversal of this

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

environment is occurring as a result of actions of both public and private sections of society.

### 2. individual

Each individual must ultimately bear most of the burden, including moral and financial responsibility for improving the environment.

The quality of the environment is also an international problem, and, as such, must be dealt with on that level.

### C. Causes of environmental health problems

Environmental health is now a problem because in the past not enough consideration was given to the consequences of our actions.

All facets of the environment are interrelated; physical, biological, and social. Any change in one factor produces a change in other factors.



AND

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Are we, individually and collectively, willing to make the necessary effort to guarantee the efficient survival of the human race? What factors must be considered? What efforts are essential?

See Strand IV, World Health, grades 10, 11, 12.

Identify the factors related to why our environmental deterioration has become a crisis only recently.

trend with cooperation from each individual. Efforts must be concentrated on such critical areas as:

- air pollution
- water pollution
- health problems of youth, of the aged
- nutrition--food supplies and sources
- housing
- drug and chemical control
- disease prevention and control, especially of chronic and venereal disease
- pest control
- health education
- acquiring and disseminating accurate knowledge through research and education respectively

Environment includes those elements which are provided by nature and those created and introduced by man.

Man's contribution may not only improve the environment but may result in pollution or other health hazards. Prevention of further destruction of the environment lies with careful evaluation and recognition of the consequences of our actions. We need to carefully define what

# REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

### 1. population

Environmental pollution is basically the result of rapid increases in the population without sufficient awareness of the consequences.

### 2. productivity

Productivity in industrial nations is increasing rapidly; this causes acceleration in industrial pollution, and individual waste.

SUGGESTED TEACHING AIDS  
AND LEARNING ACTIVITIES

SUPPLEMENTARY INFORMATION  
FOR TEACHERS

constitutes progress, and consider man's ability to adapt to his developments of and alternatives to the environment.

What eventual effect will the rapid growth of population have on plant and animal resources that sustain life?

The population explosion is producing increases in pollution through increases in human wastes, garbage, and products which become waste, e.g., automobiles. Demands on available land for commercial facilities, home, and recreation are also increasing.

What new forms of technology have been invented in the past 10 or 20 years? How have these contributed to pollution? What new forms of technology have been developed to help to alleviate pollution? What else is needed?

Population concentration in urban and suburban areas increases friction among people and may contribute to apathy toward the social and physical environment.

Is the population increase a result of the natural or manmade environment? Explain.

Ecology is the interrelationship of living things with the natural as well as the manmade environment (e.g., the circumstances under which diseases occur, where diseases tend to flourish and where they do not).

Is man losing control of his environment? Explain.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

### III. Physical Environment

#### A. Water

In order for man to survive there must be a sufficient supply of suitable water, not only for man, but for all other life.

The constant technological growth has tremendously increased the demand on the available water supply.

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

How much consideration should be given to industry's claim that drastic and expensive pollution control would create economic hardships for the industrialist?

As we consider approaches to recreating a healthful environment, are there any factors we must consider with respect to the types of solutions we propose? Explain.

Read: Rachel Carson's The silent spring.  
F. Graham's Since silent spring.

Refer to Public Health Publications:  
- "The struggle for clean water"  
- "Focus on clean water"

Have students keep a list of the way they use water, and the approximate volume they use for a 24-hour period. Find an average, and then calculate the amount of water used by individuals in your community.

## SUPPLEMENTARY INFORMATION FOR TEACHERS

There are many factors in our environment which both help us to function and hinder our ability to function. DDT is an example of manmade environment and bacteria are examples of the natural environment which are both beneficial and harmful to man.

The amount of water we use is dependent on the number of modern conveniences we own and how much we use them, along with the number of people in the given geographic area.

To meet the overall needs of an average community, the waterplant supplies approximately 140 gallons of water per person per day. Factories use water in astonishing amounts -- 1400

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

## SUGGESTED AND LEARNING

### 1. sources of water

The total amount of water existing around, on, and in our planet has never changed nor will it ever, as far as we can foresee.

Communities have devised various means for obtaining pure water, or of purifying it for human consumption.

Man must constantly be alert to changes in the purity of his water sources.

Find out how the business of the water industry is run. Find out how the water industry is run. Find out how the water industry is run.

Emphasize the earth's water system. Design a water system for a space station. Design a water system for a space station. Design a water system for a space station.

Find out how water is used for its own sake. Find out how water is used for its own sake. Find out how water is used for its own sake.

Have students build models of the water cycle. Have students build models of the water cycle. Have students build models of the water cycle.

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Find out, either by writing letters or inviting businessmen to speak to the class, how area businesses and industries use water.

Emphasize the fact that the earth is a closed system with respect to water by having students design a water cycle for a spacecraft. Compare the water cycles for the earth and for a spacecraft to point out the need for reuse and purification of existing water.

Find out what sources of water the community uses for its supply. Visit them, and analyse why this type of source best serves the purpose, i.e., is it from a point in the cycle where water is naturally pure and, if not, how does man purify it?

Have interested students build models of various types of purification processes.

## SUPPLEMENTARY INFORMATION FOR TEACHERS

gallons to produce a dollar's worth of steel, for example and nearly 200 gallons for a dollar's worth of paper.

Man's continued water supply depends upon how he uses it for personal and industrial needs. In addition, the available supply is determined by how much is used and our ability to restore it to usable form after pollution.

Some sources of water frequently used by man are rivers, drilled wells, natural lakes and springs, and in the future, desalinated ocean water.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

### 2. quality of water

Clean water is water of such characteristics or quality suitable for its intended best usage. Polluted water is water of such characteristics or quality which renders it unfit or impaired for its intended best usage.

### 3. sources of pollution

Sources of water pollution are many, most are a result of man's technology, carelessness, and thoughtless activities.

The following are major sources of water pollution:

- industrial waste
- individual wastes
- domestic wastes
- agricultural wastes
- recreational activities
- electrical generating plants



## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Invite a representative of the community's government to come and describe how the purity of the community's water supply is maintained and tested.

Determine what types of pollutants render water unsuitable for a particular use. How extensive is this form of pollution? Is there a threat to the health of people in this community?

Have students record by camera, evidence of water pollution in bodies of water in and around the community. Students should determine where the pollution is entering the body of water. What is the community doing about it? Is the community aware of it?

Have students research the causes of water pollution by:

- following local newspaper articles
- reading magazine articles
- radio and TV reports
- personal observation
- interviews with industrialists and others

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Public health law sets the stage for the legal interpretation of polluted waters. The qualities and properties of water which indicate a polluted condition include these which are actually or potentially deleterious, harmful, detrimental or injurious to the public health, safety or welfare; to terrestrial or aquatic life or the growth and propagation thereof; or to the use of such waters for domestic, commercial, industrial, agricultural, recreational, or other reasonable purposes, with respect to the various classes established.

Many things may pollute water. The following is a list of the more common water pollutants:

(1) dissolved or entrained gases such as carbon dioxide, hydrogen sulfide, nitrogen, methane, etc., (2) dissolved minerals such as calcium, magnesium, sodium, iron, manganese, mercury, carbonates, bicarbonates, hydroxides, chlorides, (3) suspended and colloidal material: such as protozoa, bacteria, algae, fungi, silt, pesticides, fertilizers,

# REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

## SUGGESTED AND LEARNING

Request  
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## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Request permission to visit industries and businesses known to use water. Determine whether or not they are polluting, and ask what means they are using to avoid pollution.

Visit the local sewage treatment plant, and find out how effectively sewage is treated.

Invite to class a representative to describe requirements of sewage treatment and the costs involved.

Investigate the effect that individual septic tanks may have on ground water in the area.

How are septic systems tested? How effective is this technique.

If possible, have students visit an atomic electric plant, or invite a speaker to discuss the process and thermal effects on sources of water.

## SUPPLEMENTARY INFORMATION FOR TEACHERS

and (4) radioactivity.

Industrial and commercial wastes include such things as oils, chemicals, alkalies, dyes, detergents, grit, metals, radioactives, and thermal variation.

Some common domestic wastes are human wastes, detergents, household greases and oils.

Sewage treatment takes a variety of forms which include:

Individual units

- septic tanks
- cesspools

Municipal treatment

- primary treatment
- secondary treatment
- tertiary treatment

Industrial treatment

Municipal sewage treatment should not interfere with the ecological balance.

It should, however, render sewage inoffensive, prevent destruction of fish and wildlife, eliminate the danger of contaminating water supplies, bathing

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

Most of the increases in water pollution can be traced to basic changes in our society.

Polluted water affects the economy, man's safety and health, and the total ecology.

### SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Test the reaction of various fish and other aquatic life to temperature changes by warming and cooling the water.

Have students discuss how society's changes have contributed to the problem of water pollution.

List the changes and identify the factors causing pollution.

Invite a representative of the local health department to explain how polluted water can increase the threat of an outbreak of a number of diseases. Identify these diseases or other health hazards.

Invite a member of the

### SUPPLEMENTARY INFORMATION FOR TEACHERS

areas, shellfish areas, etc.

Problems with municipal sewage treatment may result from treatment plants designed for communities with limited populations, but because of population growth are no longer capable of adequate service. In addition, some communities do not want to spend money to install up-to-date treatment facilities.

Consequently, some factors which contribute to water pollution are the result of the tremendous growth of population, industry, and commerce; rapid technological developments, with increased use of chemicals, synthetics, and pesticides; and lack of law enforcement.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

### 4. water pollution abatement and control

There are both federal  
and state regulations  
and laws governing  
water pollution.

Communities have the  
responsibility to  
protect their waters  
from contamination,  
and to work with other  
areas in preventing  
contamination of common  
waters.

## CONCEPTS

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

## SUPPLEMENTARY INFORMATION FOR TEACHERS

New York State Environmental Conservation Department to explain the effects of water pollution on wildlife.

Set up several balanced aquariums and, after they are well established, add trace amounts of various typical water pollutants, e.g., metal ions, nitrates, phosphates, detergents, etc. Note effects on animal and plant life.

Federal  
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ng

Keep track of proposed legislation on pollution, and write letters to legislators to make them aware of student's attitudes and desires.

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As an independent study project, have one or more students study the cooperation between New York and Vermont in protecting Lake Champlain, and other states for the Delaware River and Lake Erie. Report to class.

Find out what local laws, if any, apply to bodies of water wholly within the community. Is there

Key water pollution control acts were enacted in 1948 and 1956. These acts authorized the United States Public Health Service to initiate comprehensive programs to solve the problem of water pollution. This was to be carried out in cooperation with states, agencies, and industry. The acts specifically mentioned that all water uses should be considered. Federal grants were made available. Technical assistance was made available to states. Enforcement of laws was left to the states. The Public Health Services established

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

There is an immediate need for international cooperation regarding the use of oceans as dumping grounds.

Because of the many agencies involved in pollution control it is helpful to understand the jurisdictions of each.



### SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

some agency in the community responsible for maintaining and checking on the purity of this water?

Discuss: Should international pollution be within the domain of the United Nations?

What cooperation among nations currently exists? How can it be improved?

Why are some cities allowed to dump their garbage in the ocean? What is the effect on marine life?

As a project, one or more students may construct a chart showing all political agencies involved in pollution control and their interrelationships.

Encourage students to:

- write to legislators
- call attention of authorities to pollution
- form and support civic action groups

### SUPPLEMENTARY INFORMATION FOR TEACHERS

a water pollution control program with ten field units in the large drainage basic areas. In 1962 Congress provided for the establishment of research laboratories throughout the country.

The following additional acts were passed:

- Water Quality Act 1965
- Water Resources Planning Act 1965
- Economic Development Act 1965
- Clean Water Act 1966

See Strand IV World Health, grades 10, 11, 12.

REFERENCE	MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS	SUGGESTED AND LEARNING
		<ul style="list-style-type: none"> <li>•initiate program</li> <li>•become environment</li> </ul>
B. Air	Most forms of life are dependent upon a constant supply of clean air.	Students the length ple can food, wa
		How much average inhale ea enough ox life.
		Discuss animals
2. source of clean air	Our only source of clean air is the atmosphere.  Mild, short-term pollution can become free of pollutants dispersion, diffusion, and dilution.	Have a me explain around the size the same air constantl temporary with inve frequentl
3. definition of polluted air	Air pollution is the presence in the ambient atmosphere of foreign	Discuss tr istics of would cal

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

- initiate new action programs
- become involved in environmental problems.

Students should contrast the lengths of time people can live without food, water, or air.

How much air does the average adult need to inhale each day to get enough oxygen to sustain life.

Discuss the needs of animals versus vegetation.

Have a meteorologist explain air movements around the earth. Emphasize the fact that the same air recirculates constantly, but that temporary stagnations with inversions occur frequently.

Discuss the characteristics of air that you would call polluted.

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Reference for teachers:

A.C. Stern, Air Pollution (Volume I, II, and III); Academic Press, 1968. (This work covers the entire subject of air pollution, its effects, and abatement.)

Inversion is a meteorologic condition produced whenever a layer of warm air traps cooler air at a lower level and prevents it from rising and carrying away suspended pollutants. Stagnant air masses occur when polar high pressure systems moving southeastward stop moving toward the equator and become incorporated in subtropical high pressure systems.

Natural, clean, dry air contains by volume:  
oxygen 20.92%

#### REFERENCE

#### MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

substances put there by the activities of man or nature, in concentrations sufficient to interfere, directly or indirectly, with comfort, safety, or health, or with the full use and enjoyment of property.

SUGGESTED TEACHING AIDS  
AND LEARNING ACTIVITIES

Have students speculate  
on possible sources of  
some of the pollutants  
listed.

SUPPLEMENTARY INFORMATION  
FOR TEACHERS

nitrogen	78.14%
carbon dioxide	.04%
argon, etc.	.90%

Nannade air pollutants are  
of two major kinds:

1. Primary
  - sulfur dioxide
  - carbon monoxide
  - hydrocarbons
  - nitric oxide
  - fluorides
  - toxic metals and their compounds
  - particulates; e.g., ash, unburned fuel, pesticides, demolition dusts, asbestos and mill dusts.
2. Secondary
  - sulfuric acid mist
  - ozone and other oxidants

Secondary pollutants are  
the result of change in one  
pollutant or reactions be-  
tween pollutants in the  
atmosphere.

Natural air pollutants  
include:

- pollens
- spores
- dust
- bacteria

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

## SUGGESTED TEACHING AND LEARNING ACTIVITIES

### 4. causes of air pollution

The causes of air pollution are (1) natural, and part of the normal state of the environment, and (2) artificial, as a consequence of man's activities.

Have students collect pollens and spores, exposing glass microscope slides. Slides should be examined at 100 x or 400 x magnification for identification of pollens and spores collected.

Air pollution is often the result of gross waste of natural resources.

Industrial pollution might be the subject of a research study or more student projects.

Example: Visit a power generating station (coal or oil burning) and request a class to observe the emission, and interview plant superintendent asking for the following information: (1) the stacks in the area, (2) per minute, temperature of the gas as it leaves the stacks, and (3) sulfur dioxide.

Photochemistry can change primary pollutants,

Explain what happens when  $\text{NO}_2$ , a product of combustion, is exposed to sunlight.

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Have students sample for pollens and spores by exposing greased microscope slides. Slides should be examined at 100 x or 400 x magnification for identification of pollens and spores collected

Industrial pollutants might be the subject for a research study for one or more students.

Example: Visit a nearby power generating plant (coal or oil burning), request a class tour through the entire operation, and interview the plant superintendent, asking for the following information: Gas flow up the stacks in cubic feet per minute, temperature of the gas as it leaves the stacks, and percent of sulfur dioxide in the gas.

Explain what happens to  $\text{NO}_2$ , a product of many

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Natural air may also contain water vapor up to the saturation level.

Reference: D.C. Hunter and H.C. Wohlers, Air pollution experiments for junior and senior high school science classes, APCA, 1969. (Experiments cover a variety of topics on air pollution.) G.T. Brown, Pollen-Slide Studies, Charles C. Thomas (Publisher), 1940.

Roughly 50 percent of air pollution results from the activities of individuals. The remainder can be attributed to industry and commerce.

Reference: P.S. Leighton, Photochemistry of air

REFERENCE

MAJOR UNDERSTANDINGS AND  
FUNDAMENTAL CONCEPTS

causing greater effects  
on health.

5. effects of air  
pollution

Air pollution has a  
severe effect on health.



## TESTED TEACHING AIDS LEARNING ACTIVITIES

temperature combustion processes. How does radiation change into secondary pollutants? How is  $\text{SO}_2$  in the atmosphere converted to sulfuric acid mist?

Explain the nature of pollutants from internal combustion engines.

Take the class to a nearby hospital where there are patients with chronic bronchitis and emphysema.

Ask the resident physician to show X rays of respiratory systems of such patients. Ask him to tell students about the diseases and the suffering of those stricken.

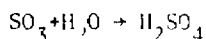
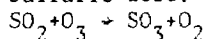
How may these diseases be prevented?  
What kind of treatments are available and what is the prognosis?

Review the causes of various respiratory diseases linked, or suspected

## SUPPLEMENTARY INFORMATION FOR TEACHERS

pollution. Academic Press, 1961.

How  $\text{SO}_2$  is converted into sulfuric acid.



Reference: "Motor vehicles, Air Pollution and Health." House Document No. 489, United States Department of Health, Education and Welfare, 1962.

The major respiratory ailments resulting from air pollution are:

- acute respiratory infections
- chronic bronchitis
- pulmonary emphysema
- bronchial asthma

# REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

Air pollution causes  
economic loss to indi-  
viduals and to society.

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## STANDINGS AND L CONCEPTS

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

## SUPPLEMENTARY INFORMATION FOR TEACHERS

of being linked, with air pollution.

Have some students report to the class on changes in health during the Donora, Pennsylvania air pollution episode of 1948. What are some more recent examples?

Identify and discuss the kinds and extent of losses to individuals and communities as a result of intense or continuous air pollution.

Obtain several appropriate movies on various aspects of air pollution. Have groups of students review and evaluate the content of these presentations in relation to the concept being developed.

The following summarizes some of the effects of pollution which can be seen immediately:  
Health - absenteeism from school and work; medical and hospital costs increased.

Materials - soiling of clothing and painted surfaces, degradation of building materials, fading of dyes, cracking of rubber, corrosion of metals, destruction of nylon, loss of tensile strength in cotton.

Vegetation - injury to leafy vegetables, killing and stunting of evergreens and deciduous trees, effect on crop yields.

Animals - effect of fluorides in forage on cattle and sheep.

See the following sources:  
- New York State Department of Environmental Conservation reports on effects of air pollution on materials.

n causes  
s to indi-  
to society.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

### 6. air pollution abatement and control

At present, there are laws and regulations at various governmental levels.

Before society can act against air pollution (or all other forms of pollution), individuals must be convinced that its abatement and control is needed, because society is a collection of individuals.

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Have an engineer from your county air pollution control agency talk to the class on control activities.

Show films, such as "One Mile Up," "With Each Breath," etc., available from New York State Department of Environmental Conservation, 50 Wolf Road, Albany, New York

## SUPPLEMENTARY INFORMATION FOR TEACHERS

- I. J. Hindawi, Air pollution injury to vegetation; United States Department of Health, Education and Welfare, 1970.
- Hobbs and Merriman, Fluorosis in beef cattle, Bull. 351, University of Tennessee, Agricultural Experiment Station.

- Air Pollution Control Laws of New York State, and various Rules and Regulations.
- New York State Department of Environmental Conservation reports of air quality data.

The following identifies various areas concerned with air and air pollution control:

- Ambient air quality standards classification system
- Emission standards
- Fuel standards (for sulfur or lead content).
- Various rules and regulations, such as open burning, incinerator operation, control devices for motor vehicle emissions, smoke shade permitted, etc.
- Tax incentives

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

Abatement of air pollution can conserve raw materials (natural resources) for the benefit of the health and welfare of future generations.

### C. Radiation

#### 1. definition

There are several different types of radiation commonly found in our environment.

#### 2. uses

Radiation, and the accompanying energy, is a valuable tool which can be controlled and made to serve in the best interests of man.

## TOPICS AND CONCEPTS

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Pollu-  
tion

Have class consider and discuss possible uses for products of air pollution abatement processes, such as fly ash, sulfur dioxide, and solvent vapors. Compute possible conservation of natural resources and discuss the effect on health and welfare of future generations.

Radi-  
ation  
and in

Identify the various types of radiation commonly found and describe the nature of radiation emission.

Energy, is  
each  
and in  
the  
etc.

- federal grants
- Review of plans for construction or modifications
- Permits to construct or operate

See the following sources:

- National Ash Association  
1819 H Street, Northwest,  
Washington, D.C. 20006.
- Environmental Science and Technology, a publication of the American Chemical Society.
- Air pollution experiments for junior and senior high school science classes.

In general, radiation is "the process by which energy is emitted from molecules and atoms resulting from internal change," and "that which is radiated." Briefly, radiation is any emission of energy from a point of origin.

See: United States Atomic Energy Commission Series, On understanding the atom, Division of Technical Information, Washington, D.C. or Ionizing radiation, published by the American Public Health Association.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

3. sources of  
radiation con-  
tamination

Man is exposed to various natural and man-made sources of radiation, much of which is undesirable in terms of health.

4. effects of  
radiation  
contamination

Exposure to radiation can have deleterious effects on the human body as well as genetic effects which may affect succeeding generations.



## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Identify and discuss which of the sources of energy are serving beneficial purposes, and which are not.

Discuss risk versus beneficial aspects of all radiation.

Find out what atomic energy electric producers are doing to contribute to or control pollution.

Read and discuss in class:

- accounts in magazines and newspapers of the results of radiological accidents
- accounts of the effect of bombing in Hiroshima and Nagasaki in World War II

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Sources of radiation include:

- natural (rocks, earth, plants, and metals)
- man-made (X rays and cobalt)

Some uses of radiation in industry are to produce electricity, gauge thickness of materials, and detect leaks in pipes. Some uses in agriculture are to increase plant production, control reproduction of livestock and pests, and identify patterns of growth in plants and animals. In addition, radiation has invaluable uses in medicine to treat, diagnose, and prevent disease. Examples include treatment of cancer, detection of dental problems, location of foreign objects in the body, etc.

### Health problems from radiation

Radiation can cause immediate sickness, or it can have long-range effects such as increasing one's chances of getting cancer or causing malformed or retarded children during pregnancy. Exposure may

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

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As with humans, other  
forms of life suffer  
from exposure to  
radiation.

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### 5. prevention of radiation exposure

Radiation exposure from  
manmade sources can be  
eliminated with suf-  
ficiently strict con-  
trols and reasonable  
care during use.

Find  
Atom  
sets  
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There are State and  
Federal agencies working  
cooperatively to ensure  
the safe and efficient  
use of radiation.

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## STUDIED TEACHING AIDS LEARNING ACTIVITIES

## SUPPLEMENTARY INFORMATION FOR TEACHERS

controversy over trans-  
ferring radiological  
material across the  
United States  
risks of nuclear  
war

result from radiation  
accidents in transporting  
radioactive material  
through communities, dis-  
posing of radioactive  
wastes, and increasing  
uses of radiation with  
increased exposure levels.

What are the effects of  
radiation on human and  
animal genes? Discuss  
possible implications  
for future generations.

At least half of the human  
exposure to radiation in  
New York State comes from  
the necessary use of medical  
and dental X-ray equipment  
and radioactive materials.  
These are used to diagnose  
and treat disease. The  
benefits that result from  
medical exposure to radi-  
ation certainly outweigh  
the risks. If medical uses  
of radiation were discon-  
tinued, thousands of per-  
sons would die of diseases  
detectable (early) only by  
this means.

What is a conservationist  
concern about the effect of  
radioactive polluted  
water on marine life.

What does the Atomic Energy Commission  
recommend for allowable radi-  
ation levels?

What does a speaker from the  
State health department  
discuss procedures  
in place to protect the  
public from overexposure  
to radiation from X rays  
and radioactive materials.

The Sanitary Code of the  
New York State Health  
Department prohibits per-  
sons not licensed in the  
use of radiation from  
applying it to people.  
Professional persons  
trained in the use of X-ray  
equipment are aware of the  
precautions which must be

What does an X-ray techni-  
cian explain the  
functions of an X-ray  
machine and what

REFERENCE

MAJOR UNDERSTANDINGS AND  
FUNDAMENTAL CONCEPTS

## NGS AND CEPTS

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

precautions must be used.

Have students find out what agencies exist and who gives them authority to control the use of radiation.

- How effective are they?
- What else needs to be done?
- Are there any implications for the future? Explain.

## SUPPLEMENTARY INFORMATION FOR TEACHERS

taken. Dangers are thus minimized.

The New York State Sanitary Code also establishes standards for radiation control. The code affects X-ray machine operators, patients, and occupants of nearby areas. It requires that all radiation installations in New York State be registered and inspected.

The New York State Department of Environmental Conservation, in cooperation with Federal agencies and private industry, conducts surveys, and uses monitoring devices to determine the amount of radiation in soil, water, and other materials. New York State has a burial site for radioactive waste disposal.

Fallout from atomic weapons testing is continually measured by the New York State Department of Health at water, air, and rain fallout stations located throughout New York State. Reports are sent to the Public Health Service.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

## SUGGESTED AND LEARNING

### D. Pesticides

#### 1. definition

Pesticides are substances intended to kill undesirable pests (insects, plants, and animals). They include insecticides and herbicides.

Have students study the substances used for pests.

#### 2. rationale for use of pesticides

There is a real and significant need for the judicious use of pesticides because there is, in turn, the need for increased food supply and the need to solve health problems relating to pests.

Invite a farmer to explain how the use of pesticides can increase the productivity of land. Other farmers can justify the killing of pests.

#### 3. dangers involved in using pesticides

There are three major dangers associated with the use of pesticides, namely:

See: Rach  
The silent

SUGGESTED TEACHING AIDS  
AND LEARNING ACTIVITIES

SUPPLEMENTARY INFORMATION  
FOR TEACHERS

For additional resources  
on radiological health,  
write to:

- New York State Department  
of Health - Radiological  
Health Programs, 845  
Central Avenue, Albany,  
New York 12208
- United States Atomic  
Energy Commission,  
Washington, D. C. 20545

s Have students identify  
- the substances commonly  
s used for pesticides.

Invite a farmer or agri-  
cultural agent to explain  
how the use of pesticides  
can increase the produc-  
tivity of a given amount  
of land. Discuss what  
other circumstances might  
justify the use of various  
killing agents. •

See: Rachel Carson,  
The silent spring.

Pesticides are substances  
used to kill plants or  
animals which interfere  
with man's comfort, health,  
or activities. Insecticides  
are pesticides used to kill  
insects. Food-visiting  
insects are the housefly,  
cockroach, ant, and flour  
beetle. Examples of biting  
and sucking insects are the  
mosquito, bedbug, tick, and  
flea. In addition, there  
are the fabric-damaging  
insects, e.g., the carpet  
beetle, clothes moth, and  
silverfish; and finally the  
insects which destroy crops,  
e.g., codling moth and  
apple maggot.

The safe use of pesticides  
requires that each person  
who uses them read the  
labels; they are stored in

#### REFERENCE

#### MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

1. the possibility of  
polluting water  
supplies
2. combining with plant  
and animal food  
sources
3. ecological imbalance  
may result

4. effective con-  
trols in the  
use of pesti-  
cides

Enforced common sense  
and a cautious attitude  
can eliminate or mini-  
mize many of the dangers  
involved in the use of  
pesticides.

#### E. Solid wastes

Because of our tech-  
nology and a consumption-  
oriented society, we are  
producing a tremendous  
amount of solid waste  
materials.



## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Have students do research to find out why certain chemicals, instead of being eliminated or broken down, remain in the body and collect there in high concentrations.

Discuss what laws should be written to control pesticide use, and who should be responsible  
- State, local, or  
Federal government.

Find out what legal requirements presently exist which must be met before a pesticide may be marketed.

Are there controls regarding who may use certain pesticides? Why?

Debate: The benefits of DDT to man outweigh its disadvantages. Should its use be abandoned, limited, or expanded?

Conduct a survey to find out the kinds of disposable items that students, parents, and relatives knew in their childhood. Compare them with those of today.

## SUPPLEMENTARY INFORMATION FOR TEACHERS

safe places; they are used properly, i.e., according to directions.

Chemical substances used as pesticides include chlorinated hydrocarbons (DDT, herbicides), organic phosphorus compounds (sulfur, nicotine), and inorganic substances (copper sulfate, arsenate of lead).

Pesticides which are species-specific and biodegradable make much safer pesticides.

Some of the major methods of disposal of solid wastes are:

- sanitary land fills
- incineration
- open dumping - (not recommended as a sanitary method)

REFERENCE

MAJOR UNDERSTANDINGS  
FUNDAMENTAL CONCEPT

The main sources of  
solid waste are domestic  
and industrial.

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Have students visit local sanitary landfill sites, junk yards, and dumps to find out the nature of the refuse, its extent, and its sources.

Have students find out how these processes are handled in their community. Evaluate their effectiveness.

- Is the area of dumping kept in a sanitary condition?
- Is incineration of combustibles causing air pollution?
- Is waste and garbage allowed to accumulate for long periods around homes, apartments, and buildings?
- Are refuse facilities of the community creating visible pollution?

Have students find out what municipal authorities are in charge of refuse disposal and invite them to discuss the problems and the solutions.

Have students discuss

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Refer to the following:  
Do you need a sanitary landfill?

United States Department of Health, Education and Welfare, P.H.S. publication No. 1012, 1963. \$.05.

Health News, "The reality of rubbish," August 1969, pp. 6 and 7.

The composition by weight of typical East Coast municipal refuse is:

Miscellaneous paper	- 25%
Newspaper	- 14%
Garbage	- 12%
Glass, ceramic, and stone	- 10%
Grass and dirt	- 10%
Metals	- 8%
Wood	- 7%
Cardboard	- 7%
Textiles	- 3%
Plastic film	- 2%
Leather, rubber	- 2%

The methods used to dispose of garbage follow. The percentages represent proportions by weight:

Open dumping	- 73%
Incineration	- 15%
Sanitary landfill	- 8%

# REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

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Because of the increas-  
ing rate of production  
of solid waste, it is  
becoming imperative that  
we establish and enforce  
regulations that will  
protect our environment.

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ND SUGGESTED TEACHING AIDS  
AND LEARNING ACTIVITIES

SUPPLEMENTARY INFORMATION  
FOR TEACHERS

the pros and cons of  
feeding garbage to hogs.

Salvage	- 3%
Composting	- 1%

Read: "Where do we put  
our junk?" Health News,  
August 1969.

Discuss: Are home garbage  
disposal units the best  
way of eliminating gar-  
bage? What effect do they  
have on water pollution?  
Sewage treatment?

Interested students might  
make a movie of some of  
the serious shortcomings  
of the handling of refuse  
in the community.

Have students find out  
what municipal, county,  
and State regulations  
presently exist. Discuss  
whether or not these are  
adequate.

Have students research  
some areas of technolog-  
ical improvements in  
waste disposal, such as  
removing metals from junk,  
creating fuel by compress-  
ing combustibles, breaking  
up glass containers for  
reuse in glassmaking,  
etc.

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## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

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### IV. Psychological Aspects of Health

#### A. Housing

The quality of life in psychological terms is partly determined by the quality of the immediate physical environment.

Physical conditions such as space, sanitation, and services (heat, electricity, water) may result in serious psychological stress, if inadequate.

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## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Discuss the advantages and disadvantages of various methods of garbage and refuse reduction and disposal:

- sanitary landfill
- open dumping
- incineration
- composting

Discuss: The control and regulation of solid waste disposal should be the province of state governments.

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Have students research and discuss the characteristics of a slum and ghetto environment. Include physical facilities and overcrowding, and the psychological and physical effects.

Have students research newspapers on the effects of the sanitation workers strike in New York City, or any large city.

Have students research and discuss the problem

The teacher may find the following references helpful for basic background information:  
"Humanizing the city,"  
"Fair play in housing," and  
"Why the ghetto must go"  
Public Affairs Pamphlet  
No. 423  
Public Affairs Pamphlets  
381 Park Avenue South,  
New York, N. Y. 10016.

REFERENCE

MAJOR UNDERSTANDINGS AND  
FUNDAMENTAL CONCEPTS



## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

## SUPPLEMENTARY INFORMATION FOR TEACHERS

of rats in a slum environment. What are the health implications?

Discuss: The economics of the past and current slum environment that have encouraged commercial interests, (landlords, chain food stores, furniture stores, appliance stores, etc.) to contribute to the deterioration of living conditions in such areas.

Discuss: How current slum and ghetto conditions contribute to

- crime
- riots
- other social disturbances

Discuss: How current slum and ghetto conditions contribute to:

- average education attainment
- stress-related diseases, heart attacks, etc.
- mental illness
- drug abuse

Discuss:

- the role of each member of the "typical" middle class family

Read: About the poor - some facts and fiction, by Elizabeth Herzog. United States Department of Health, Education and Welfare

The school children growing up in the slums, by Mary Frances Greene and Orletta Ryan. Signet Books.

Low income life styles, by Lola Irelan, United States Department of Health, Education and Welfare.

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## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

### B. Insect, vermin, and vector control

#### 1. insect control

The modern concept of insect control focuses on proper attention to sanitary practices along with judicious use of insecticides.

#### SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

- the role of each member of the "typical" slum family
- contrast the functioning of these two family units (The class may wish to define in their terms what a "typical" family is.)

#### Discuss:

- community participation
- community control
- community conflict
- conflict between community insistence and professional resistance

See the World Health Organization program regarding world pest control, especially in regards to anopheles mosquito.

#### SUPPLEMENTARY INFORMATION FOR TEACHERS

For background information see: Insect pest, by George S. Fichter, Golden Press, New York.

For more complete information on rodents and their control see: Control of domestic rats and mice United States Department of Health, Education and Welfare, Public Health Service Consumer Protection and Environmental Control Commission, Rockville, Maryland 20852

## REFERENCE

### 2. rat control

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

communities can engage in rat control programs and thus effectively prevent contaminations, disease, and death caused by the common rat.

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## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Have the students survey the Community and find out:

- What is being done to control insects and vermin?
- What problems are caused by insects and vermin?

Have students visit the local supermarket and request information on measures being taken to control insects and rats.

Read: The plague, by Camus.

What new kinds of rat problems are created by sanitary landfills?

Are people in your community being taught how to prevent rats from breeding? Why?

Discuss with the local health department, sanitation, and department of agriculture representatives the local measures that are being taken to eliminate insects and rodents.

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Source of information: Ohio Department of Health publication, Rat control, prevent disease, 1963.

The rat is a major health problem in our cities, especially in the ghettos. It is a carrier of disease and death. The filthy creature contaminates everything it touches. Rats destroy millions of dollars worth of food and property every year.

Although the common rat has no redeeming qualities, man continues to harbor and feed him through his carelessness and apathy.

As carriers of disease, rats have gnawed themselves an infamous niche in world history. The great plagues of the middle ages were spread by fleas carried by rats. Even today the common house rat is a constant threat as a carrier of disease.

Among other diseases associated with rats are typhus fever, food poisoning, Weil's disease, rat

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

## SUGGESTED AND LEARN

Have stu  
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Read and  
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spread b  
vermin.

What ef  
taken is  
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trolled  
and rod

Should  
communi  
bait a  
What i  
ical a  
killing  
duals?

### C. Occupational health

Diseases caused by dust  
inhalation, and partic-  
ularly by mineral and  
organic particles, pro-  
vide a striking example  
of the ever-present  
hazards of the environ-  
ment to man.

At work, man is often  
subjected to a hostile  
environment.

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### SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Have students do surveys regarding these problems.

Read and discuss accounts in history (recent and ancient) of diseases spread by insects and vermin.

What efforts are being taken in your community to educate the public about problems of uncontrolled spread of insects and rodents?

Should people in your community be taught to bait and trap rats? Why? What is the most economical and humane way of killing rats by individuals?

Discuss:

- ways man at work can limit or control environmental hazards in occupations
- the efforts being made by industry to protect men at work from occupational diseases or hazards

Visit various local, industrial, manufacturing,

### SUPPLEMENTARY INFORMATION FOR TEACHERS

bite fever, and trichinosis.

The damages from rats are staggering. Rats cost this country more than 2 billion dollars every year. They destroy more than 200 million bushels of grain each year.

The food service industry has a definite interest in control. Food service operation cannot be called safe if rats are on the premises. No matter how carefully food sanitation is practiced, the threat or rat-borne disease makes an entire food service operation potentially dangerous.

The most common industrial problem is occupational dermatitis.

Causative agents of this disease include petroleum products and greases, alkalies and cement, solvents, plants and wood, metals and metal plating, rubber and its compounds, paints, enamels, varnishes, acids, and acid fumes.

## REFERENCE

## MAJOR UNDERSTANDINGS FUNDAMENTAL CONCEPT

Occupational diseases  
hazards are decreasing  
a result of research  
education and employee  
employee (management-  
labor) cooperation.



#### SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

or processing establishments and see the various devices and aids being used to reduce environment hazards which may result in injury or disease.

Compare the incidence of certain diseases with a variety of occupations. Examples include:

- cancer
- heart disease
- cirrhosis of liver
- accidents
- rheumatism
- arthritis
- alcoholism
- drug addiction

Read: "The scandal of death and injury in the mines," Benjamin A. Franklin, New York Times Magazine, March 30, 1969, pp. 25-129.

#### SUPPLEMENTARY INFORMATION FOR TEACHERS

See Appendix B for a complete list of agents.

For more information and specific studies see: Parke, Davis and Company, Patterns of disease, January 1960.

Silicosis is the number one occupational disease. Approximately 66 percent of cases occur in workers in mining industry, 28 percent in manufacturing, and 6 percent in all other forms of work.

See: Supplementary information for Teachers, "Asbestosis and cancer."

Despite the accomplishments of dust control measures, silicosis is still the major occupational disease in the United States in terms of disability and compensation.

The reasons for the decline in occupational diseases may be attributed to expanding industrial medical services, better legislation, the development and

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

## SUGGEST AND LEA

"Leach  
childre  
the env  
Roffmon  
Health  
pp. 3ff

### D. Noise

The increase in popula-  
tion and mechanization  
of our society is pro-  
ducing a corresponding  
increase in noise levels  
that is harmful to both  
our physical and emo-  
tional health.

Noise contributes to  
fatigue and emotional  
tensions.

Obtain  
and det  
levels  
of the

Determin  
put fro  
sources  
mobiles,  
tial are  
areas.

Discuss  
United S  
to devel  
planes?

Discuss:  
logical  
noise lo  
beings?  
affect g

### E. Land use

Land resources are  
finite.

Some forms of land  
utilization destroy  
natural beauty.

Research  
areas in  
decreasi  
At what

Research  
the grow

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

"Leach poisoning and children - a disease of the environment," by Roffmon and Finberg, Health News, July 1969, pp. 3ff.

Obtain a decibel meter and determine the noise levels of various sectors of the environment.

Determine the noise output from specific sources - i.e., automobiles, crowds, residential areas, commercial areas.

Discuss: Should the United States continue to develop supersonic planes?

Discuss: What psychological effects does high noise level have on human beings? How does it affect general health?

Research: Are our land areas in a natural state decreasing or increasing? At what rate?

Research: What has been the growth rate in usage

## SUPPLEMENTARY INFORMATION FOR TEACHERS

use of protective devices and continuous health and safety education.

The World Health Organization indicates that noise costs the United States about 4 billion dollars each year in accidents, absenteeism, inefficiency, and compensation payments.

Increasing population, productivity, and standards of living have placed increasing demands upon land resources in the areas of commerce, housing, transportation, and recreation.

REFERENCE

MAJOR UNDERSTANDINGS AND  
FUNDAMENTAL CONCEPTS

ND

SUGGESTED TEACHING AIDS  
AND LEARNING ACTIVITIES

of the various recreation facilities such as beaches, parks, camping areas, etc.?

Research: Problems recently created concerning land use through the conflicting views of conservationist, State, and commercial interests, i.e.,

- the conversion of a portion of the Everglades for a new airport
- the creation of a dam in the Grand Canyon for added electrical and irrigation facilities
- the effort to build a power plant on the Hudson for the purpose of providing added electrical service

Discuss: Should a definition of pollution

SUPPLEMENTARY INFORMATION  
FOR TEACHERS

Only about 2 percent of the Nation's land area (about 101 million acres) has been preserved and only about 50 million acres of that is conserved as national parks.

Eighty species of wildlife that once lived in this country are now listed as extinct and another 78 species are in danger of becoming extinct.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

### V. Sociological Aspects of Health

Within societies,  
health-related behavior  
varies markedly.

#### A. Socioeconomic status related to health

In almost every phase of  
health care and behavior,  
the poor behave differ-  
ently from the more  
affluent sectors of  
American society.

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

include "uglification"  
of the landscape?

Discuss: What is poverty? Is there a culture of poverty?

Read: pp. 196-200, Man-child in the promised land, by Claude Brown.  
Discuss the life style.  
What are similarities with your life environment?

Discuss: What are your views on free medical care for the aged or free medical care for the poor? (See Section VI of this strand.)

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Poverty is usually defined in terms of income rather than in terms of living. See the following sources:

- Report of national advisory commission on civil disorder, pp. 269-273.
- About the poor: some facts and some fiction, Elizabeth Herzog, United States Department of Health, Education and Welfare, 1967.
- Poverty in New York City, Research Department, Community Council of Greater New York.

Premature births are more frequently found among mothers of lower economic groups.

A high infant mortality rate is strongly associated with low income.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

The beliefs and attitudes with which the poor adapt to a deprived existence act, at the same time, to help perpetuate their deprivation.

The poor are more vulnerable to disease and less able to cope with it than



SUGGESTED TEACHING AIDS  
AND LEARNING ACTIVITIES

Read and discuss:  
Poverty and health in  
the United States,  
Medical and Health  
Research Association of  
New York City, 40 North  
Street, New York, 1968.

Invite into class social  
workers, visiting nurses,  
doctors from the health  
department, and commu-  
nity action people to  
discuss their experiences  
in relation to this  
health problem.

Read: Poverty in the USA,  
Strouder Sweet, Public  
Affairs Pamphlet, No. 398.

Discuss: What is meant  
by self-fulfilling pro-  
phesy? How can precon-  
ceived ideas on the part  
of the poor and the dis-  
pensers of medical care  
help to substantiate  
notion held?

Read and discuss: Why  
the ghetto must go,  
Public Affairs Pamphlet,  
No. 423.

SUPPLEMENTARY INFORMATION  
FOR TEACHERS

Often the medical facil-  
ities and quality of  
physicians for the poor  
are under conditions that  
make a coordinated personal  
medical approach impossible  
even for the most consci-  
entious physicians.

According to the New York  
State Department of Labor,  
9.7 million families, or  
20 percent of the families  
in the United States, are  
labeled as being poor or  
near poor. The poverty  
level is measured by a  
fixed standard of \$3,600  
for an urban family of four.

Suggested teacher reference:  
Chapter 5 in Dark ghetto by  
Kenneth Clark.

It is estimated that 5  
percent of the poor children

## REFERENCE

### MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

are those with sufficient incomes.

The way the poor cope with health problems is traceable to both the material situation of poverty and to the social structure of poverty.

Poor health and lack of knowledge interlock.

SUGGESTED TEACHING AIDS  
AND LEARNING ACTIVITIES

What part does health  
education play?

Read and discuss: Health  
News, July 1968, "Health  
Problems of the Disad-  
vantaged," New York State  
Department of Health.

Discuss: Can there be  
such a thing as a healthy  
poor person? Have stu-  
dents research the sta-  
tistics dealing with  
poverty and:

- crime
- poor housing - unsani-  
tary conditions
- mental illness

SUPPLEMENTARY INFORMATION  
FOR TEACHERS

still have not been immu-  
nized against polio.

The poor:

- have less accurate infor-  
mation about health care -  
prevention and treatment
- define illness differ-  
ently - when you can't  
fulfill responsibilities  
you are sick
- are less inclined to take  
preventive measures
- delay longer in seeking  
health care
- participate less in com-  
munity health programs
- are more likely to prac-  
tice self-medication
- tend to get different  
treatment than other  
socioeconomic classes

The health of the poor,  
Irwin Blocke, Public  
Affairs Pamphlet, No. 435.

Special problems of the  
poor:

- They are outside the  
private sector where  
ability to pay can bring  
higher grade medical care.
- The problems of daily  
living are so overwhelm-  
ing that health is of  
little concern.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

Black America to a  
large extent is poor  
America

To uplift the health of  
the poor, the community  
must be reshaped.

There are political,  
social, economic, and  
cultural reasons why the  
poor lack an understand-  
ing and confidence in  
medical systems.

#### SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

- underemployment
- educational levels
- doctor/patient ratios
- diets
- drug addiction
- number of people per square mile in ghettos as opposed to affluent areas

#### SUPPLEMENTARY INFORMATION FOR TEACHERS

- Health facilities are often inaccessible or inadequate.
- Social and economic problems of slums are disease breeders.

The relationship of stress and health:

Have a student report on The other America by Michael Harrington.

Study and discuss statistics in the Report of National Advisory Commission on Civil Disorders, pertaining to poverty and health.

Discuss: Are local governments less observant of poor health in poverty areas? Does poverty make people too alienated to seek help? Are the poor written off as unreachable?

Read and discuss: Growing up poor, pp. 27-40. United States Department of Health, Education and Welfare.

According to the Social Security Administration, 40 percent of nonwhite households live below poverty level as opposed to 15 percent of white households, although there are more white than non-white poor.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

## SUGGESTED AND LEARNING

### B. Family patterns

Families of every socio-economic level need home conditions conducive to good health.

Discuss:  
physical  
help ens  
in the h  
relation  
these co  
health?

Read: The  
society,

Discuss:  
• the way  
school,  
home, c  
• whether  
creatin  
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• electri  
have we  
tone of  
• the num  
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sion an  
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#### SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Discuss: What are the physical conditions that help ensure good health in the home? Is there a relationship between these conditions and health?

Read: The adolescent society, by James Coleman

Discuss:

- the way students get to school, church, friend's home, etc.
- whether television is creating a nation of spectators
- electric gadgets that have weakened the muscle tone of Americans
- the number of hours students watch television and how it influences their lives

#### SUPPLEMENTARY INFORMATION FOR TEACHERS

The heads of 61 percent of low income families have 8 years of education or less.

See pamphlets on family life, social problems, health and science, and race relations available from:

Public Affairs Pamphlets  
381 Park Avenue South  
New York, New York 10016

Modern living has created problems for good physical and mental health in relation to:

- physical fitness
- mental illness
- alienation
- urbanization
- family structure
- modern conveniences
- changing values

Read the studies on television and aggression done by Albert Bandura of Stanford University. Leonard Eron of University of Iowa, and Richard Walters of Waterloo University in Canada.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

### C. Nutrition

Malnutrition is a problem of every social-economic class.

There are millions of people in the United States that are undernourished and malnourished.

Education and knowledge of proper nutrition along with economic dangers can bring about positive changes in individual diets.



#### SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

- the changing nature of the neighborhood

#### Debate:

- the changing patterns of urbanization have lessened the opportunities of people to be exposed to differences
- the small nuclear family is psychologically less healthy than the extended family unit.

Research and discuss:  
The changing roles of members of the family.

See Strand I, Nutrition, grades 7, 8, 9.

What reasons can you give for studies that show that deficient diets are most often found among mothers and teenagers?

Explain relationship of obesity and poverty.  
(starchy foods)

Read and discuss:  
Hunger - "It's here too," by Carl Rowan and David Mozie, Reader's Digest, June 1, 1968, pp. 127-134.  
What are the stages of hunger?

#### SUPPLEMENTARY INFORMATION FOR TEACHERS

In Hunger U.S.A., it is estimated that 10 - 14½ million may be faced with anemia, mental retardation, or premature death because of inadequate diets.

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

Malnutrition can rob the individual of his potential contribution to society.

## VI. Gerontology and Geriatrics

Gerontology is the science of the problem of aging.

Geriatrics is the branch of medicine which treats the conditions peculiar to old age.

### A. Extent of the health problems of the aged

As a result of the greater number of people in the older age groups and the health problems which accompany this, public

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Read findings by Senator George McGovern - Subcommittee on Nutrition and Human Needs.

Read and discuss:  
The CBC documentary on Hunger in America, also in book form and commentary.

Movie: Life in the balance, made by ESSO, distributed by Syracuse College of Forestry Film Library.

Discuss: What are the effects of malnutrition on the individual?

Distinguish between:

- geriatrics and gerontology
- senescence and senility

What are the personal health concerns of the aging? What is the difference between the longevity of males and females? Why?

Identify the factors related to the need to deal directly with the problems of the aged on a public health level.

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Gerontology is the scientific study of all aspects of the problems of aging. It includes the understanding of the significance of biological and sociological factors, the historical basis and implications, and the clinical approaches to treatment and control of health problems of aging.

Geriatrics is primarily concerned with the medical-clinical nature of the health problems related to aging and old age. It

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

health has had to change some of the emphasis of concern.

Most of the health problems related to old age are insidious and usually not diagnosed until they have become advanced and more difficult to treat.

More people today suffer from chronic diseases than ever before in the history of man. Some of the reasons for this are:

- longevity
- better treatment or arresting methods
- better diagnosis and record keeping which more accurately reflect the true numbers.

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Refer to: Readers Digest,  
August 1970, "How to Kill  
Your Husband (Legally)"

Develop a table that shows  
the number of people in  
each of the major age  
groups. How does this  
compare with pre-World  
War I? Why? What kinds  
of new health problems has  
this grouping caused?

Show the film, Who will  
keep them, available  
through Ithaca College,  
Audiovisual Department,  
Ithaca, New York 14850.

Identify and discuss the  
factors related to the  
increase in the number of  
people who have chronic  
diseases.

Discuss the significance  
of these increases to  
public health practice.  
• What kinds of program  
changes must be planned  
for the future?

## SUPPLEMENTARY INFORMATION FOR TEACHERS

encompasses both senescence  
and senility, their clinical  
problems and their  
solutions.

Senescence is defined as  
the process of aging while  
senility is old age, or the  
health problems resulting  
from old age.

There are several factors  
responsible for the accumulation of people in the  
older age groups. Two of  
these factors are (1)  
increase in life expectancy,  
and (2) decrease in the  
birth rate. With the accumulation of larger numbers  
of people in this age  
bracket, their health problems have become more noticeable and concentrated. The  
incidence of diseases associated with old age has  
increased considerably and  
the death rate for these  
has risen significantly.  
According to the National  
Health Survey, about 41  
percent of the American  
people have one or more  
diagnosed chronic diseases.  
About 10 percent of the  
people who are not in  
institutions are limited in

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

The leading causes of death in the United States are heart and circulatory diseases, and cancer, which are both chronic or degenerative diseases.

### B. Kinds of health problems related to senescence

The following health conditions are most important to the aged:

- housing
- recreation
- emotional problems related to getting old
- chronic and degenerative diseases

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Are chronic diseases an inevitable part of the aging process? Explain.

Suggested films:  
Day after tomorrow,  
The critical decades,  
Proud years,  
Where life still means  
living

Note: Although the above films are somewhat dated and specifically intended for the aged, if properly used they may help students gain insight into the problems of geriatrics.

Compare the leading causes of death and disability of 1900 with today. How have these health conditions changed? Why?

Invite members of the health commission

## SUPPLEMENTARY INFORMATION FOR TEACHERS

their activities because of some kind of chronic condition.

According to J.J. Hanlon, the population is not aging now as rapidly as before World War II, and the increase in chronic diseases cannot be as closely linked to increased age of the population as previously assumed.

The average life expectancy at birth in the United States has passed the 70-year mark. The kinds and extent of the health problems related to these people can be expected to include those conditions which result from degeneration of tissues. Nearly all heart and circulatory diseases, which are the leading causes of death, have some kind of degeneration associated with the condition. Improvement of the environment and living conditions can delay the time when these diseases may become disabling or fatal.

The three leading causes of death in 1900

REFERENCE

MAJOR UNDERSTANDINGS AND  
FUNDAMENTAL CONCEPTS

C. Public health  
practices lead-  
ing to solutions

Solutions to the chronic  
and degenerative diseases  
lie in attention being  
given by the individual,  
the health sciences, and  
social action.

Insurance programs, both  
governmental and private,  
provide some financial  
support for treatment



## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

to discuss specific programs they have available for the problems which are peculiar to the aged.

Invite to class representatives of the "Golden Age Club" to discuss their activities. How can high school students become more directly involved with the problems of the aged?

Have a committee of students identify the key problems regarding chronic diseases.

Have a second committee formulate possible solutions to these problems.

Have a third committee draw all ideas together and develop an ideal public health program to deal with diagnosis, prevention, and treatment of degenerative disease and other problems of aging.

Have a debate on compulsory versus voluntary health protection.

## SUPPLEMENTARY INFORMATION FOR TEACHERS

were (1) influenza and pneumonia, (2) tuberculosis, and (3) diarrhea and enteritis. The chronic diseases do not appear on the list until the fourth leading cause of death. Today, the three leading causes of death are (1) diseases of the heart, (2) malignant neoplasms, and (3) cerebral hemorrhage.

Since most chronic diseases do not lend themselves readily to cure, approaches rest with prevention and control. Programs of prevention are of (1) a social nature through government and private programs and agencies, (2) an individual nature wherein the person consults and is treated by his personal physician, and (3) a combination of these two wherein the family physician may work with or use the public health facilities while treating his patient.

The Medicare program was passed by Congress in 1965. Previously, "medical aid to the aged" programs had been

REFERENCE

MAJOR UNDERSTANDINGS AND  
FUNDAMENTAL CONCEPTS

and other care.

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

What does the future hold for health protection for the aged?

What kinds of protection are presently lacking that should be included in your prediction?

Distinguish between the various kinds of health protection plans.

Invite to class a health insurance agency representative to outline the various forms of health coverage and their limitations. (A Blue Cross/Blue Shield representative, for example.)

## SUPPLEMENTARY INFORMATION FOR TEACHERS

in effect. However, this was directed primarily at people over 65 years of age who were considered indigent. Medicare broadened both the base for those who shall be covered as well as the extent of coverage. There follows a brief summary of the major benefits from this program:

- hospital coverage.  
Includes general hospital, outpatient care, nursing homes, and psychiatric hospitalization.
- medical expenses. These include physician's and surgeon's fees and diagnostic tests, ambulance service, and rental of medical equipment.

There are several different kinds of voluntary health insurance plans available. In many instances, adequate coverage has prohibitive costs. The types of health insurance protection include:

- loss of income
- hospital expense
- surgical expense
- regular medical expense
- major medical expense

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

## SUGGESTIONS AND L

### VI.. Societal Health Problems

#### A. Recent progress in medicine and public health

Many advances have been  
made in public health.

Although we can point  
with pride too many  
advances made in public  
health, new emphasis on  
coping with increasingly  
varied and complex prob-  
lems still exists.

That health progress has  
lacked uniformity is  
evidenced by the presence  
of malnutrition, poverty,  
disease, illiteracy, and  
other disabling condi-  
tions.

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Ident

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Find out if new advances in public health are being applied to the practice of medicine and public health in your community.

For new advances in medicine and public health, read Today's Health, Newsweek, Time, and U.S. News and World Report.

Make a bulletin board depicting various problems and advances in public health.

Identify the voluntary

## SUPPLEMENTARY INFORMATION FOR TEACHERS

In summary, geriatric programs need to consider means of (1) maintaining the health status of the individual, (2) providing programs for the prevention, detection, and treatment of disease and injury, (3) limiting the condition's progress, and (4) providing rehabilitation programs and facilities. The basis for all of these lies in research and application.

New advances in medicine and public health include:

- medical engineering
- heart-lung machine
- hyperbaric oxygen therapy
- laser beam
- cryosurgery
- X rays
- nuclear machine
- electronic diagnosis
- surgery
- thermography
- emergency life saving equipment
- new parts for human body
- transplants
- space medicine
- increase in life span
- reduction in communicable disease
- advances in surgery
- uses of anesthetics

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

## SUGGESTED AND LEARN

B. Unsolved problems  
in medicine and  
public health

A variety of complex  
unsolved health problems  
still exist in medicine  
and public health.

agencies  
• public  
• health  
aged  
• public  
• research

What steps  
taken to  
lem of:  
• old age  
- psych  
- soci  
- econ  
- occup  
• addictio  
- drug  
- tobac  
- alcoh  
• accident  
• genetic  
• viral in  
• cancer

What are s  
why the Un  
does not l

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

agencies which deal with:  
• public health problems  
• health problems of the aged  
• public health education  
• research

What steps are being  
taken to solve the prob-  
lem of:

- old age
  - psychological
  - sociological
  - economical
  - occupational
- addiction
  - drugs
  - tobacco
  - alcohol
- accidents
- genetic defects
- viral infection
- cancer

What are some reasons  
why the United States  
does not lead in life

## SUPPLEMENTARY INFORMATION FOR TEACHERS

- development of new drugs and chemicals (insulin, cortisone, ACTH)
- FDA improved standards

Attempts to detect through screening potential public health problems include the following:

- Rh incompatibilities
- syphilis
- PKU (phenylketonuria)
- genetic counseling
- routine urinalysis
- hemoglobin determinations in prekindergarteners

Some unsolved public health problems include:

- viral infections
- prevention of genetic defects
- drug abuse and addiction
- diseases of heart and arteries
- cancer
- respiratory diseases
  - emphysema
  - bronchitis
- accidents
- problems of aged
- alcoholism
- dental cavities (most widespread disease in the world)
- suicide
- mental illness

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

The poor often pay more  
for food and receive  
inferior products.



## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

Life expectancy and in the lowest rate of infant mortality?

Have students identify one of the barriers impairing progress in public health.

Issues: What should be the role of the Federal government in protecting the consumer's health?

Do the poor pay more for food because they are poor or because they are lacking in the knowledge of what food to buy and how to buy? Do they know how to prepare food for maximum nutritional value?

## SUPPLEMENTARY INFORMATION FOR TEACHERS

- poverty
- pollution
- nutritional
- educating people on how to live healthfully

Life expectancy in about 20 other countries is greater than in the United States.

A black American's life expectancy is a little over 63 years.

A white American's life expectancy is 70 years.

Black infants die at twice the rate of whites.

Black mothers die at four times the rate of whites.

Thirty-three percent of the poor's income goes for food as compared to 23 percent for the population as a whole.

A test in St. Louis showed that hamburger in stores

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

Residues of pesticides,  
drugs, and chemicals in  
foods can cause many  
illnesses.

### C. Geographic factors

In certain areas of the  
country, poverty and  
poor health are more  
serious than in the  
country as a whole.

AND  
S

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

## SUPPLEMENTARY INFORMATION FOR TEACHERS

in poor areas had 26.5 percent fat as compared to 18.5 percent fat in affluent neighborhoods.

s,  
in

Debate: The Pure Food and Drug Administration is adequately protecting the consumer.

Have students research the health problems and related social problems of:

- Appalachia
- Indian reservations
- Rural South

Discuss the findings.

Discuss: How does urban poverty have roots in rural poverty?

Do research on:

- Caesar Chavez and the grape pickers strike
- Indians at Alcatraz
- Migrant workers
- Poor people's March on Washington, 1968
- VISTA

Rural poor and health:

- facilities inadequate, e.g., sewage, water, health care
- their way of life is accepted
- transportation to health facilities often non-existent
- health education is generally inadequate or inappropriate

Read:

- Down these mean streets,  
by Piri Thomas
- Custer died for your sins,  
by Vine Deloria Jr.
- See the film narrated by Ed Murrow: Harvest of shame
- Agenda Magazine

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

Lack of sufficient housing for low-middle class and low-income families increases the geographic separation into sections of rural and urban decay and sections of middle and higher income areas. The sociological health problems of both groups are increased.

### D. Solving community health problems

With the development of large megalopolises, health problems overlap political and geographic boundaries and, therefore, require cooperative planning for developing solutions.

Community health is a specific reflection of

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

### Discuss:

Even with Open Housing legislation why are there few people from minority groups in the suburbs?

It is estimated that 26 million new and rehabilitated housing units are needed in the next 10 years. Why are so few being built?

What are the sociological health problems that arise because of these geographic developments?

Select any timely and pertinent regional health problem such as:

- need for hospital or mental health facilities
- air or water pollution case
- rehabilitation centers for alcoholics
- food sanitation
- noise abatement

## SUPPLEMENTARY INFORMATION FOR TEACHERS

January 1967, February 1967, March 1968, September 1966.

- Humanizing the city,  
Marion O. Robinson  
Public Affairs Pamphlets  
number 417.

Read: New York Times,  
"Housing: the American  
myth," Educational  
Supplement, page 11.

Some barriers to improvement are:

- opposition of real estate industry
- weak enforcement procedure in law
- attitudes of minority groups
- economic restrictions  
overt and covert discrimination

A community is defined in Webster's dictionary as "the people who reside in one locality and are subject to the same laws, have the same interest----a body politic, whether village, town, city or state, hence the public society at large."

## REFERENCE

## MAJOR UNDERSTANDINGS AND FUNDAMENTAL CONCEPTS

the efforts of many persons; professionals, groups, and agencies (official and voluntary).

The goal of optimal community health transcends local, State, National, and international boundaries.

Selected health concerns that transcend local and State boundaries include:

- air pollution
- water pollution
- vector control
- radioactive contamination
- foods and food control
- communicable disease
- solid waste disposal
- pesticides

## SUGGESTED TEACHING AND LEARNING

- solid waste
- radiation,
- pesticides

Organize the students to investigate the health problem.

- interviewing county planning commissions (or boards of health) to determine how the individual can have a voice in modifying community health.

(If no commission exists, determine if one is needed for one, and what it could consider.)

- reviewing State and local regulations pertaining to the problem (e.g., radon gas regulations pertain to permanent and mobile homes)
- determining trends and rates of the selected problem (e.g., radon gas trends in fact for treatment of radon gas problem)
- establishing a plan for this area (e.g., radon gas)

## OBJECTS AND CONCEPTS

by per-  
sons,  
pesti-  
cides  
(antary).

community com-  
munity friends  
national,  
found-

concerns  
individual and  
include:

admin-

control  
peace  
social

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

- solid waste disposal
- radiation
- pesticides

Organize the class to investigate the selected health problem by:

- interviewing city or county planning commissions (or boards of health) to determine how the individual citizen can have a voice in remedying community or county health problems. (If no commission exists, determine if there is a need for one, how it would organize and function, and what problems it could consider.)
- reviewing State and local regulations and laws pertaining to the problem (e.g., regulations pertaining to permanent and mobile homes)
- determining current trends and research on the selected regional problem (e.g., new trends in facilities for treatment of emotional problems)
- establishing needs in this area (e.g., survey

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Refer to Johns, Sutton and Webster, Health for effective living, McGraw-Hill, chapter 15.

Communities generally provide the following services:

- Education
  - schools
  - religious agencies
  - libraries
  - clubs
- Protection
  - fire
  - police
  - civil defense
  - National Guard
- Service utilities
  - gas
  - electric
  - oil
  - mail
  - transportation
- Recreation
  - parks
  - playgrounds
  - civic centers
- Health
  - public agencies
    - department of health
    - department of sanitation
    - department of water
    - department of food
    - sewage treatment
    - narcotics bureau
    - hospitals

REFERENCE

MAJOR UNDERSTANDINGS AND  
FUNDAMENTAL CONCEPTS



## SS AND PTS

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

- needs of emotional problems, suicide rates, national statistics; discuss with mental health committees local problems and existing facilities)
- interviewing men in industry to determine current efforts being made to alleviate the selected problem (alcohol rehabilitation, air or water pollution).
- interview city government people on what local, State, or National governmental agencies are doing.
- What are the financial ramifications?

Organize a student city planning meeting to solve regional health problems. Through discussion, bring out the information gathered from the above investigations. Culmination projects may be in the form of:

- recommendations of regulations or laws which should be passed or changed
- newspaper articles on the responsibility of

## SUPPLEMENTARY INFORMATION FOR TEACHERS

- clinics
  - (mental health, maternal and child care, prenatal, immunization, venereal disease)
- private agencies (semiprivate)
  - Voluntary Nurse Association,
  - Community Chest,
  - TB and Respiratory Disease Association,
  - Health Association,
  - Cancer Society,
  - Alcoholics Anonymous,
  - Topic House (drug rehabilitation center)
- Welfare
  - children
    - adopted children
    - dependent children
    - handicapped children
    - neglected children
  - youth
  - families

REFERENCE

MAJOR UNDERSTANDINGS AND  
FUNDAMENTAL CONCEPTS

## SUGGESTED TEACHING AIDS AND LEARNING ACTIVITIES

individuals, industry,  
local government,  
National government,  
or regional groups in  
solving this problem

- school display of the  
problem and possible  
solutions

## SUPPLEMENTARY INFORMATION FOR TEACHERS

Community Health Project  
Choose a community's  
current health problem,  
and, using the following  
outline, prepare either  
a written report, slide  
tape presentation, photo-  
graphic or pictorial essay,  
or other applicable pre-  
sentation technique.

- The problem.
  - definition of problem
  - historical aspects of  
problem
  - compare problem
    - local
    - State
    - Nation
    - world
  - where the problem is  
most acute
  - causes of problem
  - obstacle to solutions
  - effects upon various  
age groups in our  
society
- Statistical aspects of  
the problem

The factors involved in  
dealing with a community  
health problem must include  
the sociological, psycho-  
logical, physiological,  
economical, and geograph-  
ical. In addition, con-  
sideration should be given  
to the methods available  
for prevention and control,  
the various agencies in-  
volved in the services,  
the personnel needed, the  
kinds of service being  
rendered, and how they are  
to be financed.

REFERENCE

MAJOR UNDERSTANDINGS AND  
FUNDAMENTAL CONCEPTS

SUGGESTED TEACHING AIDS  
AND LEARNING ACTIVITIES

SUPPLEMENTARY INFORMATION  
FOR TEACHERS

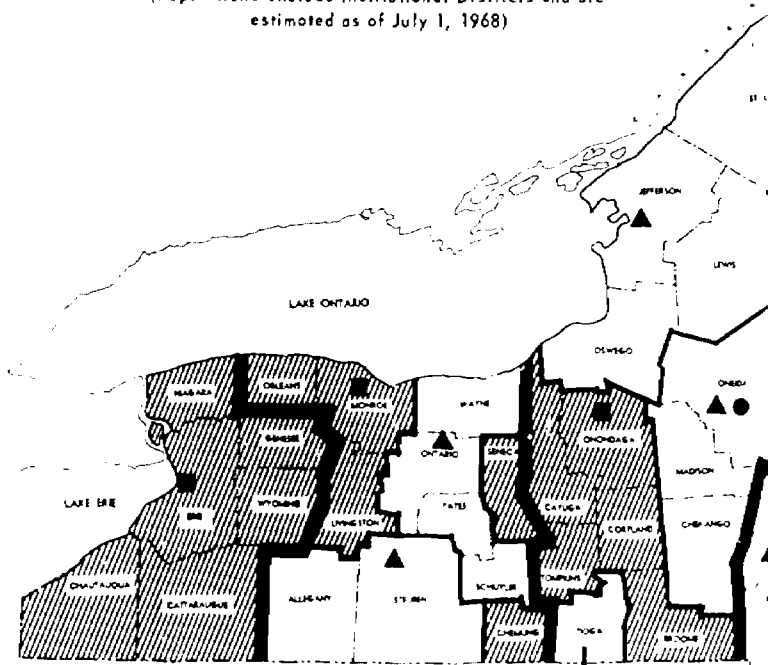
- List the various agencies involved in prevention services.
- How are programs organized? Coordinated?
- How is support of public gained?
- What is the role of the individual health department, voluntary agencies, PTA groups, in finding solutions to the problem?
- What laws or bills are there governing or dealing with the problem?
- What health education methods are being employed to deal with the problem by the school and by community health agencies?
- What research is being conducted and by whom?
- What agencies are encouraging research through grants?

Investigate health regulations of foreign visitors and reentry of citizens to the United States. Discuss the problems of administering these regulations. Is there reason for keeping up immunizations as an adult even though one does not travel? Explain.

# APPENDIX A

## NEW YORK STATE HEALTH REGIONS AND DISTRICTS AND LOCAL FULL-TIME HEALTH DEPARTMENTS, APRIL 1, 1969

(Populations exclude Institutional Districts and are  
estimated as of July 1, 1968)



- State Health Region Boundary
- State Health District Boundary  
(Full-time City Health Units excluded)
- Regional Office - 5
- District Office - 8
- Full-time City Health Unit - 6
- County Health Department - 29

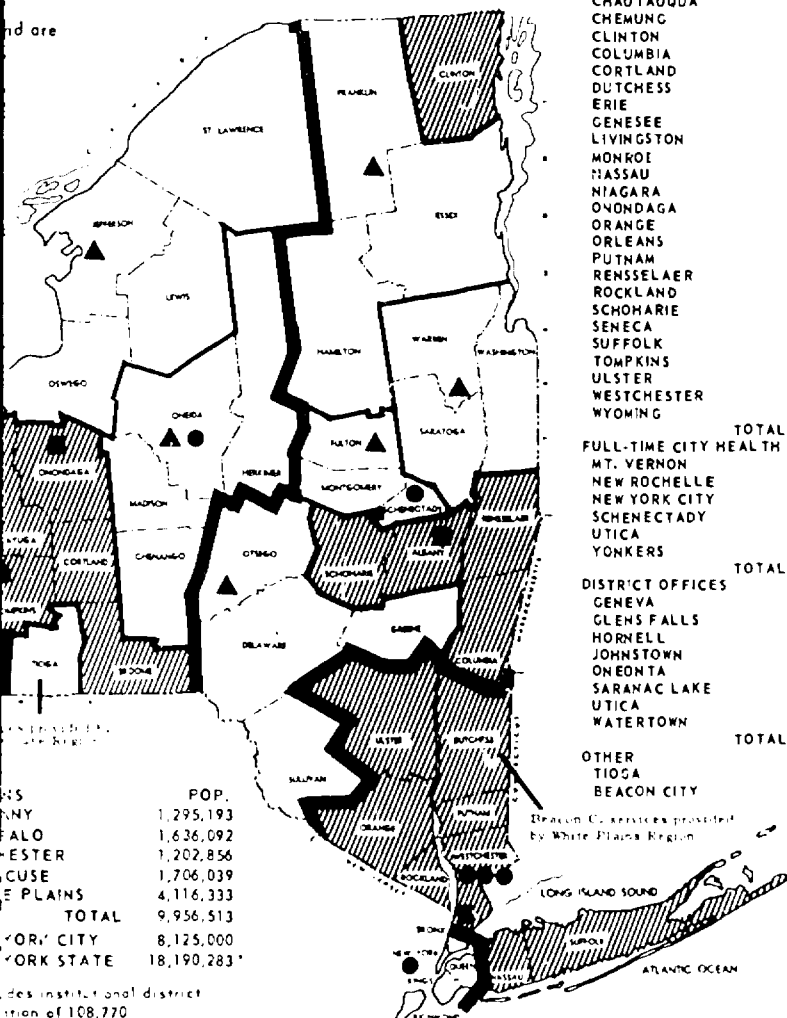
REGIONS	POP.
ALBANY	1,295,19
BUFFALO	1,636,00
ROCHESTER	1,202,88
SYRACUSE	1,708,07
WHITE PLAINS	4,116,31
TOTAL	9,956,5
NEW YORK CITY	8,125,01
NEW YORK STATE	18,150,26

\*Includes institutional district  
population of 108,770

# APPENDIX A

DISTRICTS AND  
APRIL 1, 1969

and are



includes institutional district  
population of 108,770

## APPENDI

## TABLE OF OCCUPATIONAL

Parasites and Microbes

## Parasites:

Hookworm

## Microbes

Tetanus

Ictero-haemorrhagic  
spirochaetosis

Leptospirosis

Brucellosis

Anthrax

Bovine tuberculosis

Tularemia

Mineral Agents

## Chemicals

Arsenic

Beryllium

Chromium

Mercury

Manganese

Nickel

Phosphorus

Lead

Sulfur



## APPENDIX B

### PROFESSIONAL DISEASE AGENTS

#### Organic Agents

Methyl bromide  
Methyl chloride  
Carbon tetrachloride  
Toluene  
Benzol  
Dinitrophenol  
Hydrazines  
Lubricants  
Tars  
Methyl mercury  
Organic phosphates

#### Physical Agents

X rays  
Radioactive substances  
Sources of particulate  
emissions  
Pressure:  
Pneumatic hammers  
Atmospheric pressure

MULTIME  
Grades

ST  
ENVIRONMENTAL

ENVIRONMENTAL

TEACHER

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*You can prevent food-borne illness.*

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*Its global battle against disease.*

MULTIMEDIA MATERIALS

## FILMS

All requests for the following films should be addressed to:

Film Library Supervisor  
 Office of Public Health Education  
 New York State Department of Health  
 84 Holland Avenue  
 Albany, New York 12208

*Air pollution, everyone's problem.* KSC. 20 minutes. Color.  
 The story of air pollution, its causes and effects.

*Better water for Americans.* AWA. 14 minutes. b&w.  
 Describes the fundamentals of the water supply industry.

*Crisis on our rivers.* NYH. 13½ minutes. Color.  
 It emphasizes that water pollution is the responsibility  
 that ruin the use of our streams.

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Pub. No. 193.

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#### MULTIMEDIA MATERIALS

Addressed to:

tion  
Health

Note: The films listed in this first section are available from the New York State Department of Health. They may also be secured from other sources listed on pages 70-72.
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minutes. Color.  
effects.

b&w.  
apply industry.

r.  
responsibility of every citizen. Shows various types of pollution

*Crisis on the Kanawha.* ORS. 22 minutes. Color.

Causes of pollution are discussed and methods of prevention.

*A decent burial.* 12½ minutes. Color.

The film explains the effectiveness and economy of the

*Every drop a safe one.* NMPC. 10 minutes. b&w.

Illustrates the danger of drinking water from streams and the steps taken to control the quality of water delivered to the

*Finding out about the water cycles.* UWF. 13½ minutes. Color.

Good explanation of evaporation, transpiration, condensation, explains how water constantly moves and changes from one state

*The first mile up.* CMGHE. 28 minutes. b&w.

A study of the current air pollution problem. Factors

*Health and the cycle of water.* CIPR. 20 minutes. b&w.

Water in its cycle is shown at the source, is purified, and thence, through sewage treatment plant, to the sea where

*A healthier place to live.* CDC. 12 minutes. b&w.

Stressing basic principles of environmental sanitation in labor camp. The responsibilities of workers, growers, and healthful surroundings in camps are clearly indicated.

*Ill winds on a sunny day.* CDC. 29 minutes. Color.

The film points out how air pollution has involved from a dangerous problem affecting the entire nation.

*It's your decision: clean water.* SDA. 14½ minutes. Color.

The film stresses the need for immediate community action for the future. The decision to have good sewage treatment de

*Keep 'em out.* USPHS. 10 minutes. b&w.

Rats spoil food, destroy buildings, and spread disease. trapping, and ratproof construction of buildings.

*Key to progress.* CSPS. 20 minutes. Color.

This film is an excellent presentation of community effort

vention and treatment shown.

the sanitary-landfill method of refuse disposal.

ams exposed to pollution and reveals the various  
to the public.

Color.  
ndensation, and precipitation given while the film  
one state to another.

tors involved in air pollution are discussed.

fied, enters the home, leaves the home to sewer mains  
a where it is again evaporated and condensed.

ation and taken in a typical domestic seasonal farm  
s, leaders and others for providing and maintaining  
i.

from a relatively simple problem to a complex and

Color.  
r action to ensure abundant supplies of clean water for  
ent depends on the will of the community.

ase. Demonstrates control measures by poison,

y efforts to obtain a sewage treatment facility.

*Municipal sewage treatment processes.* UWF. 13 minutes. b&w.  
Shows in detail the equipment and processes which reduce  
protecting health and conserving water resources.

*Oops!* STF. 20 minutes. Color.  
Shows how careless actions within a plant can result in s  
situations.

*The river must live.* SHELL. 21 minutes. Color.  
The film shows how a river cleanses itself, what happens w  
saved if only man would ease the burden so nature can do its

*Take a deep breath.* CDC. 25 minutes. b&w.  
A documentary treatment of the air pollution problem with  
It discusses the need for voluntary action by industry and th  
pollution.

*The third pollution.* STF. 23 minutes. Color.  
The film demonstrates and explains how burning refuse cont  
refuse contaminates water. It emphasizes that collection and  
and technically challenging.

*Troubled waters.* USSC. 26 minutes. Color.  
Describes the extent of water pollution in many of the maj  
State, and local authorities to fulfill the need for pollution  
control legislation.

*Water.* CMC. 14½ minutes. Color.  
The general problems related to worldwide water needs and a  
for cooperation among countries for a common goal.

*The waters around us.* WNYC. 25 minutes. b&w.  
A documentary film dealing with the problem of water pollut  
Features the story of Owls Head sewage treatment plant, which  
sewage from the waters that surround the city.

*Wise use of water resources.* UWF. 13½ minutes. Color.  
Illustrates concepts relating to the properties of water; i  
and its use for consumer supply. Conservation methods are emp

minutes. b&w.

s which reduce sewage to harmless effluent and solids, thus  
ces.

can result in stream pollution and how to guard against such

r.

, what happens when it is overloaded with waste, and how it can be  
ture can do its job.

on problem with emphasis on the health effects to the people.  
industry and the public in order to achieve control of air

ing refuse contributes to air pollution, and how dumping  
t collection and disposal of solid wastes are expensive

many of the major watercourses and the action taken by Federal,  
ed for pollution research, treatment, plant construction, and

water needs and availability are presented. It shows the need  
goal.

of water pollution as it affects the City of New York.  
ent plant, which is a part of the plan to eliminate ail

Color.

ties of water; its abundance; its value as a natural resource;  
methods are emphasized.

*With each breath.* NYH. 28½ minutes. Color.

This film is presented by the New York State Department of Health. It discusses the health issues involved in the fight for clean air.

The Department of Health maintains a film library, containing up-to-date films. Additional films are listed in the *Health Film Catalogue and Supplement*.

#### ADDITIONAL FILMS

*Air pollution.* JOU. 10 minutes. Color.

Discusses air pollution - its origins, perils, and possible remedies.

*Another light.* IFB. 25 minutes. b&w.

Shows how the people of a small town helped raise funds for a new light.

*Arteries of life.* EBEC. 10 minutes. Color.

Shows the functions of plant life in catching and storing water, the water cycle, and the water table.

*Auto, U.S.A.* DYN. 27 minutes. Color and b&w.

Explains that the great rise in the number of motor vehicles is a threat to the health of our communities.

*Beautiful river.* NBCEE. 26 minutes. Color.

This is the story of the Connecticut River, once renowned for its beauty, but now threatened by many standards.

*Breath of life.* PFP. 16 minutes. Color.

Explains where and when to use mouth-to-mouth breathing and the importance of first aid.

*Breathe at your own risk.* CDC. 58 minutes. b&w.

Shows scenes of air pollution at its worst from Los Angeles to New York.

*Challenge to mankind.* CNGHF. 28 minutes. b&w.

Five well known authorities express their views on the threat of nuclear war and some possible solutions.

*Conserving our water resources today.* CORF. 11 minutes. Color and b&w.

A survey of the domestic agricultural and industrial uses of water.



r.  
State Department of Health to advance public understanding of  
r.

library, containing up-to-date accurate films on health subjects.  
*Film Catalogue and Supplement.*

ADDITIONAL FILMS

Note: the films in this  
list are not available from  
the New York State Department  
of Health. They must be  
ordered from other sources.

perils, and possible remedies.

helped raise funds for a new hospital.

or.  
catching and storing water, in maintaining top soil, the water

b&w.  
umber of motor vehicles is threatening the economic and social

or.  
river, once renowned for its great beauty, now a raw sewage ditch

to-mouth breathing and tells why it is the best method of resuscitation.

s. b&w.  
worst from Los Angeles to New York.

b&w.  
their views on the threat to mankind of overpopulation and offer

EF. 11 minutes. Color and b&w.  
and industrial uses of water in the U.S.

*Control or destroy.* NBCEE. 12 minutes. b&w.

The overpopulation warnings are a grave concern, but a crisis throughout the world improve and more people are instructed in a

*Cry of the marsh.* NYSCD. 12 minutes. Color.

A powerful and emotional film that captures the poetic beauty which results when man reclaims a marsh for other purposes.

*Defending the cities health.* EBEC. 11 minutes. b&w.

Describes factors which affect the health of cities.

*Garbage explosion.* EBEC. 16 minutes. Color and b&w

This film investigates the nature, volume, and composition of and disadvantages of current disposal methods and shows possible

*Good riddance.* ORS. 29 minutes. Color.

The dangers of pollution to city water supply systems, recreation, and health are dramatically illustrated.

*Harvest of shame.* CNGHF. Narrated by Edward Murrow. 54 minutes.

The degradation and exploration of millions of migrant workers

*Heritage of splendor.* NYSCD. 18 minutes. Color. Narrated by Robert Redford

Emphasizes the importance of preserving America's great natural resources

*House of man: our crowded environment.* EBEC. 11 minutes. Color

Shows the problems that have resulted from the population explosion and the challenge: to apply our increased technological understanding to

*Hunger in America.* CBSTV. 60 minutes. b&w.

Presents a study of areas in the U.S. dealing with poverty and hunger, and remedies and a study of the current food programs.

*A land betrayed.* NEW. 10 minutes. Color.

Shows that people are the only ones who can make America ugly again, and restore and protect her beauty.

*Lassie's litter.* NYSCD. 28 minutes. Color.

Lassie dramatizes the serious consequences of dropping litter and how to protect wildlife from annihilation.

concern, but a crisis is less likely as farming methods  
are instructed in methods of birth control.

es the poetic beauty of marsh life, then the awesome finality  
other purposes.

s. b&w.  
of cities.

and b&w.  
, and composition of solid wastes. It presents advantages  
and shows possible long range solutions.

ply systems, recreational areas, to fish and wildlife are

lurrow. 54 minutes. b&w.  
is of migrant workers in the U.S. are shown.

or. Narrated by Ronald Regan.  
merica's great natural resources.

11 minutes. Color and b&w.  
the population explosion of the 20th century. The  
cal understanding to safeguarding a quality future.

ing with poverty among minority groups. Includes suggested  
rams.

n make America ugly and people are the only ones who can

of dropping litter. Her heroism and a man's courage

*Let's keep America beautiful.* NYSCD. 20 minutes. Color.  
Deals with litterbugs and how to keep our countryside clean.

*Life in the balance.* SCF. 30 minutes. Color.  
Photography from seven countries traces patterns of world food sh

*Litter-ly speaking.* NYSCD. 14 minutes. Color.  
An antilitter campaign aimed at teen-age level.

*Man's problem.* EBEC. 20 minutes. Color.  
Demonstrates our absolute dependence on an adequate supply of water  
in making water available for our increasing population.

*Nation of spoilers.* NYSCD. 11 minutes. Color.  
Shows the most common kinds of vandalism. Discusses the reasons  
and litter the countryside.

*Nature's plan.* EBEC. 15 minutes. Color.  
Describes the water cycle as nature's plan for providing all living

*A nice place to visit, but.* NYSCD. 3½ minutes. Color.  
Visual pollution in an urban area is seen through the eyes of a person

*Noise boom.* NBCEE. 26 minutes. Color.  
Noise is a health hazard. This is a report on this particularly  
pollution and on what interested citizens and technology can do about

*No turning back.* NBCEE. 10 minutes. b&w.  
We are presently enduring the dehumanization of the dangers of environment  
soon be too late to change this direction.

*Our poisoned air.* CDC. 58 minutes.  
Answers the questions: What is air pollution? What does it do to  
being done to control air pollution? What further action is required?

tes. Color.  
countryside clean.

atterns of world food shortages.

r.  
level.

g. adequate supply of water and outlines steps to be followed  
population.

Discusses the reasons why people deface public property

n for providing all living things with life-giving water.

s. Color.  
through the eyes of a guest from abroad.

rt on this particularly dangerous form of environmental  
d technology can do about lessening it.

ion of the dangers of environmental pollution. It will

tion? What does it do to us and our environment? What is  
urther action is required?

*Our vanishing fresh air.* PGW. 55 minutes. Color.

This film deals with the air pollution problems faced by industrial areas.

*People by the billions.* CMGHF. 28 minutes. b&w.

Examines the implications of the population explosion.

*The poisoned air.* CAROUF. 50 minutes. Color and b&w.

John W. Gardner is joined by representatives of the automobile and industry to discuss ways and means of dealing with unclean air.

*Population ecology.* EBEC. 19 minutes. Color.

The film dramatizes the effects of environment as they relate to survival and deaths.

*Problems of conservation: our natural resources.* EBEC. 11 minutes.

The film establishes man's reliance on resources, his misuse of some, and ways to conserve resources. Man must control his population and pollution.

*Problems of conservation: water.* EBEC. 16 minutes. Color and b&w.

Documents two basic water problems obtaining an adequate supply of water and supplies.

*Problems with water is people.* CMGHF. 30 minutes. Color.

Traces the Colorado River watershed from the snow covered Rockies to the Gulf of Mexico.

*Radiation in perspective.* USDA. 43 minutes. Color.

Beneficial uses of radioactive materials in medicine, research, industry, and agriculture are shown in this film. The health hazards of radiation exposure are explained.

*Ravaged earth.* NBCEE. 27 minutes. Color.

Scarred and torn, the land of the strip mines is a desolate moonscape. Although strip mining is presently profitable, when land is permanently ruined, it is shortsighted.

*Regulation of atomic radiation.* USNAC. 29 minutes. Color.

Surveys the work of the Atomic Energy Commission in licensing and regulating the use of atomic materials.

*Sources of air pollution, Effects of air pollution, Control of air pollution.*

Explain the relationship between the modern technological way of life and air pollution.

ns faced by industrial cities, both large and small.

xplosion.

b&w.  
of the automobile and petroleum industries in discussing

as they relate to surplus or decline of births over

EBEC. 11 minutes. Color and b&w.  
es, his misuse of some resources, and current efforts  
ilation and pollution to keep the earth habitable.

es. Color and b&w.  
on adequate supply of fresh water and maintaining existing

Color.  
snow covered Rockies to the delta in Baja, California.

or.  
edicine, research, industry, and other fields are explored  
posure are explained.

is a desolate moonscape. Stewart Udall points out that  
en land is permanently destroyed, it is both foolish

Color.  
on in licensing and regulating the use of nuclear

*Control of air pollution.* USNAC. 5 minutes. Color.  
chnological way of life and air pollution.

*The squeeze.* NEW. 10 minutes. b&w.

Creates an effective basis for discussion and

*Tom Lehrer sings "Pollution."* NYSCD. 2½ minutes.

Tom Lehrer sings about pollution in America in

*Up to our necks.* NBCEE. 26 minutes. Color.

New York City produces tons of garbage per year  
be exhausted. This film explores some of the alt

*Water and life.* CMGHF. 15 minutes. Color.

Shows how water acts as a medium in which raw  
between living cells. Shows the importance of wa

*Water for the community.* CORF. 11 minutes. Color.

Describes the source of a community's water su  
it leaves its source until it is distributed in t

*Water: friend or enemy.* WDP. 9 minutes. Color.

Indicates that water can be a friend to man if

*What is ecology?* EBEC. 11 minutes. Color.

Shows how biologists study the interrelationships  
and explains the importance of such studies to ma

*Community sanitation.* CMGHF. 45 fr. Color. (Con

Analyzes the health problem affecting the com  
the problem.

*Conserving our water.* VEC. 32 fr. b&w. Gr. 7-1.

Discusses water pollution and other factors w

*Crisis of the environment.* NYT. Gr. 7-12.

A multimedia kit containing 5 filmstrips with  
endangered species. Preserve and protect. Brea  
Vanishing species.



and study of the world's population problem.

utes. Color.

ica in a humorous but dramatically expressive way.

er year and by 1975 all the city's land-fill areas will  
the alternatives now available.

h raw materials, foods, and wastes can be transported  
of water to living things.

Color and b&w.

ater supply and tells how the water is treated from the time  
ed in the community.

Color.

man if proper precautions are taken to see that it is pure.

ationships between plants, animals, and their environment  
s to mankind.

#### FILMSTRIPS

. (Community Health series.) Gr. 7-12.

he community and explains how the community meets and solves

r. 7-12.

tors which have created our water shortage.

s with records accompanied by a teacher's guide. Man the  
Breaking the biological strand. Population explosion.

*Enough water for everyone.* EBEC. 45 fr. Color. (Conservation)  
The students see visual definitions of conservation.

*Environmental pollution.* Ward. Color. Gr. 7-12.  
Contents: atmospheric pollution, fresh water pollution,  
the crisis, and pollution control.

*Interactions and environments.* JH. Color. Record. Gr. 7-12.  
Seven filmstrips with recordings stress the everchanging  
discussion questions help bring about a real understanding  
community in which he lives.

*The people problem.* GA. Color. Records or cassettes. Gr. 7-12.  
Two filmstrips explains reasons for the population explosion  
population growth. Produced in cooperation with the Association

*Urban conservation today.* SVT. 43 fr. Color. (Conservation)  
Complexities of population explosion. Up-to-date analysis  
resources.

*Water conservation today.* SVE. 39 fr. Color. (Conservation)  
Study of remedies for water problems. Explains causes of

*Water science in the home.* SVE. Color. Record. Gr. 7-12.  
This sound filmstrip demonstrates how the science of water  
better and more useable for both homes and industries.

*Water we drink.* CMGHE. 45 fr. Color. (Community health science)  
Analyzes the problems affecting the community and explains  
problems.

or. (Conserving our natural resources.) Gr. 7-9.  
nservation.

-12.  
ater pollution, land pollution, marine pollution, nature of

ecord. Gr. 7-12.  
ne everchanging nature of our biosphere. Stimulating  
understanding of man's responsibilities to the biological

assettes. Gr. 9-12.  
opulation explosion and examine methods for controlling  
with the Associated Press.

. (Conservation for today's America.) Gr. 4-8.  
-to-date analysis of the importance of our natural

. (Conservation for today's America.) Gr. 4-8.  
plains causes of problems and what can be done about them.

rd. Gr. 7-12.  
science of water conditioning contributes to making water  
industries.

unity health series.) Gr. 7-12.  
nity and explains how the community meets and solves these

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The following video tapes are available through Project PACT. Excerpts from the PACT catalog are:

Series: Camera 3 (WCBS-TV). 30 min. James Macandrew, H

*The herbal of Joseph Wood Krutch.* 11-9.

Dr. Krutch, author and naturalist, describes the plants they possess. In addition, he recounts the personal experiences and speculates on the possibility of renewed interest in

*World of 1984.* 9-2.

Nigel Calder, editor of "New Scientist," a leading science magazine, discusses the future in a realistic way, under conditions and known possibilities. His report covers the mystery of life, to nutrition, travel, and

Series: Survival in the City (WNBC-TV) 30 min.

*The dilemma.* 10-40.

This program establishes the theme that our lives are shaped by the conditions of contemporary life, and describes the social and environmental surroundings.

*Youthquake.* 10-46.

Growing up is a problem anywhere, but in the city it is a

*The golden age.* 10-47.

City life has produced profound changes in the lives of its inhabitants. The consequences of this is the contemporary problem

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The Education Department provides State-owned video taped programs. Programs are available only in the Ampex one-inch format.

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Project PACT (Programming Aid for Commercial Television).

W, Host.

describes scores of wild plants and the special properties of the penchants of herbalists through the centuries and interest in natural medicines.

st," a British weekly which published the forecasts of 100 realistic projection of things to come, based on present report on scientific inquiry ranged from biological probes of the future, man's working life, and leisure activities.

that our problems of survival have been sharpened by the significant relationship of man to his

in the big city it is a special one.

ges in family structure. One of the most serious problem of the aged.

*The day the fresh air fund went bankrupt.* 10-51.

The ever-increasing danger of air pollution is d

*And not a drop to drink.* 10-52.

In the Scriptures: "Cast your bread upon the wa  
fold." This program proves we've taken that quote to

*Standing room only.* 10-53.

A child is born every twelve seconds in the Unit  
resulting problems are examined.

*Does the city breed mental illness.* 10-54.

This program probes the myriad problems of urban  
create or aggravate mental illness.

Series: *The 21st Century: threshold* (WNBC-TV). 30 min. Thom

*Megalopolis - hometown, U.S.A.: urban problems.* 10-

Guests: Stanley Tankel, City Planner

Robert vierstadt, Department of Sociology

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blems of urban living with regard to whether or not they

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duction and consumption as environmental abuse  
gy, as a key to responsible stewardship  
an urban sprawl and the loss of open space  
dangerously diminishing water supply

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