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APSTRACT

This publication is a revision of a preliminary curriculum duide on family living including sex education which was developed and implemented during 1967-1969. Among the objectives listed for this program are: (1) to promote an awareness that, within the various patterns of family living, love and mutual concern are basic to harmonious relationships: (2) to provide a body of content which can be used as a basis for decision making; and (3) to build attitudes and values necessary for purils to become effective members of the family and society. The materials in this bulletin include the scope and sequence of the generalizations to be developed, the content and suggested learning activities for their development, teaching aids, and levels of psychosexual development of children at various are levels. (21)



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Foreword

During the past two years that our new program of Family Living, Including Sex Education has been in effect, we have made substantial progress in helping many of the 70,000 students involved to find solutions to some of their personal problems. I congratulate the 300 supervisors and more than 350 teachers who are working so successfully in this important project.

In order that teachers may continue to help students develop the values and understandings needed to arrive at sound answers, we have prepared this revision of our preliminary bulletin. Changes in this second edition reflect questions raised by students and suggestions received from teachers, parents, members of our Citywide Advisory Council, and others. As the work in this area of the curriculum moves forward, we will continue to be receptive to suggestions for change and we anticipate frequent revisions of the material.

We again ask the full cooperation of each district superintendent and administrator in using the District Advisory Council to build firm ties with the home, religious institutions, community groups, and other responsible agencies in order to involve more students and their parents in this program. We also ask that, at the local level, emphasis be placed on adequate teacher-supervisory training and on closer cooperation with the local colleges, health centers, and hospitals.

The possibilities for helping young people through a program of Family Living, Including Sex Education are unlimited. By adapting this curriculum, carefully designed with the help of recognized outside authorities, a sensitive teacher can build the sound values, the basic knowledge, and the social and emotional stability which students will need, without infringing on those areas that are not primarily within the prerogative of the school but reserved for the home or religious institution.

Special commendation for this sound contribution to the family living program in our schools is given to Assistant Superintendent Helene M. Lloyd, who has guided the citywide program for this office since its initiation in New York City schools, and to the committee contributing to this publication.

BERNARD E. DONOVAN Superintendent of Schools



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Contents

INTRODUCTION	1
Development of the Program	2
Guidelines for Implementation	2
Levels of Psychosexual Development	6
SCOPE AND SEQUENCE	12
Prekindergarten-Grade Two	12
Grade Three-Grade Four	12
Grade Five-Grade Six	13
Grade Seven-Grade Nine	13
Grade Ten-Grade Twelve	14
CONTENT AND SUGGESTED LEARNING ACTIVITIES	15
Pre K, K, Grades 1 and 2	15
Grades 3 and 4	22
Grades 5 and 6	27
Grades 7, 8 and 9	36
Grades 10, 11 and 12	43
Sample Literature Unit	50
Sample Science and Health Education Unit	62
APPENDIX	68
Text Materials	68
Library Books	74
Audio-Visual Resources	77
PreK-2	77
Grades 3-6	86
Grades 7, 8 and 9	94
Grades 10, 11, and 12	99
Distributors	110
Acknowledgments (First Edition)	112



Introduction

The materials in this bulletin include the scope and sequence of the generalizations to be developed, the content and suggested learning activities for their development, teaching aids, and levels of psychosexual development of children at various age levels.

RATIONALE

A pressing need of our present-day society is to develop in children the personal and social competence that leads to individual fulfillment and social progress. One of the areas of study which is essential in developing these competencies is the area of family living including sex education. While family structures within our society vary, every person shares the common characteristic of membership in a family.

The major responsibility for the formation of attitudes conducive to wholesome development rests with the home. The church, the school, and other institutions have supplementary roles in providing children with a basis for making valid moral and ethical judgments. The schools have the resources to provide a comprehensive, sequential, up-to-date program which will assist children in developing respect, restraint, and a sense of responsibility for their own lives and the lives of others. Within a framework of knowledge that relates individual behavior to the needs of self, of others, and of society, the school can provide opportunities for informed discussion and evaluation of behavior, actual and possible, and its consequences. The school can fulfill its obligation to children by giving them a foundation for intelligent decision making.

OBJECTIVES

To promote an awareness that, within the various patterns of family living, love and mutual concern are basic to harmonious relationships.

To develop an understanding that accepting responsibility for one's actions contributes to greater satisfactions in interpersonal relations and family life.

To help pupils and parents understand the role of the family in the personality development of children.

To build attitudes and values necessary for pupils to become effective members of the family and society.

To provide a body of content which can be used as a basis for decision making.

To help pupils understand the physical and physiological changes that are and will be taking place within themselves, and the effect of these changes on their total growth.

To establish among pupils the use of scientific terminology in reference to the body and natural processes.



To sharpen awareness of the uniqueness of individual growth and development.

To stress a wholesome attitude toward sex and sexuality and to help pupils understand human sexuality as an important and integrated part of one's total being.

To make pupils aware of the variety of society's expectations for masculine and feminine behavior.

To help each individual develop a personal code of values that will enhance his self-esteem and serve as a guide for personal behavior.

To assist pupils to prepare for marriage and parenthood.

To help parents increase their understanding of their role in the child's total development.

DEVELOPMENT OF THE PROGRAM

This publication is a revision of a preliminary curriculum guide on family living including sex education which was developed and implemented during the years 1967-69. The preparation and implementation of the program involved the following:

Organizing an inter-disciplinary team of teachers, supervisors, and resource personnel to prepare a curriculum for grades prekindergarten through 12.

Investigating research studies and current literature in the field.

Exploring the psychosexual needs of children as revealed by their patterns of growth and development.

Evaluating various programs used in the United States and in other countries.

Selecting books, audio-visual aids, and other resource materials needed by teachers for implementation of the curriculum.

Enlisting help from parents, civic and religious leaders, community groups, and agencies on a citywide and local level to define and develop the program.

Selecting district coordinators, supervisors, and teachers to receive special training and content enrichment through citywide and local workshops.

Enlisting specialized personnel of various bureaus of the Board of Education to advance the program.

Cooperating with local colleges in the planning of courses for teachers and prospective teachers.

Informing publishers and audio-visual producers of the need for specific kinds of materials.

Planning for on-going inservice training of teachers.

Cooperating with the New York State Department of Education.

Organizing a citywide program of evaluation.

GUIDELINES FOR IMPLEMENTATION

The schools share the responsibility for the education of children with the home, church, community groups, and social agencies. They all have a part to play, not only in terms of an educational role, but also in reinforcing moral and ethical values.



Citywide and District Advisory Councils

To develop and introduce a curriculum in so sensitive an area as family living including sex education requires the consideration of many viewpoints, a broad knowledge of content, and a deep understanding of the variety of cultural values and patterns which reflect the diversity of an urban area. Consequently, advisory councils representing a valid cross-section of the citywide population and the sub-populations of local school districts should be organized for advisement, feedback, and evaluation.

Advisory Resources to the District SuperIntendent

It is advisable that the district superintendent and/or unit administrator select a member of his staff to coordinate activities and to provide liaison with schools, parents, and community groups. This coordination will help to ensure a well-balanced and sequential development of the program on a local level. The coordinator will serve, also, as a member of a committee consisting of specialists in subject matter and guidance who can function as a resource panel.

District Coordinators

District coordinators who are assigned the responsibility of implementing the program on a local level should experience intensive training in interpersonal relationships, group dynamics, and the building of background in the disciplines related to family living including sex education.

District coordinators may serve as a cadre to train teachers who have been selected by their principals to teach the program in their schools. They will be able to organize teacher workshops and conferences in their local districts based on the methods and materials used in their own training.

In order to prepare a larger number of teachers to participate in the program, a series of television workshops conducted by district coordinators may be organized as part of a broad inservice training program. These workshops afford teachers an opportunity to react to the course of study in terms of content materials and methodology.

Teacher Training

Inservice courses should present a variety of approaches and techniques, enriched subject matter, and a diversified range of teaching materials.

The courses should include: pooling of ideas and experiences, evaluation of lesson plans and lessons, examination of curriculum materials in family life and sex education, and the viewing of live and/or televised demonstrations; the use of specialists (physicians, psychologists, social workers, family life educators, etc.), panel discussions, supplementary literature, field trips to community resources (day care centers, museums, zoos, etc.), and audio-visual materials. Current materials should be introduced on a continuing basis for the purposes of viewing, evaluating, and adapting.

Special Training for Teachers

Especially relevant to the area of family living and sex education is the teacher's capacity to listen perceptively and to experience relative comfort in dealing with the conflicter g, deeply rooted, emotional attitudes that are associated with family and sex. In this program more than in any other, the teacher's contribution of factual information is less significant than her skill in creating a climate which enables youngsters to deal constructively with issues that are intensely personal and relevant to their daily lives. His recognition of the possibilities of pupil growth and his rapport with the class are the key to the success of this program.



3

It is difficult to be non-judgmental and somewhat objective about sex. Yet, the teacher's non-judgmental objectivity is a requirement for helping youngsters to sort out confusions and to develop slowly a set of internally integrated values which may be relied upon as bases for important decision making immediately and in the future. This emphasis on attitudes as part of the process as well as the goal of this program suggests that special approaches to teacher preparation may be useful. Laboratory training techniques including opportunities to experience interpersonal relationships and group process are examples of appropriate special preparation.

Laboratory training experiences are designed to help normal individuals learn more about themselves and other people. These include verbal and non-verbal experiences, conceptualizations, and theoretical formulations concerning issues and process, and experiences within unstructured small groups. Through such experiences, attention is directed to a variety of personal and social-interaction issues. Activities might include practice in assuming another's point of view, in giving and receiving help, or in managing conflict. Laboratory training methods develop conditions which permit such interactions to be experienced and to be examined. The participants are then enabled to experiment vith various role models for coping more effectively in these areas.

The small groups deal with the here and now in the group life of the participants. The members develop a shared responsibility and interest which forms the milieu within which they learn to be direct and honest in dealing with their own reactions. This supports their practice in trying out new behaviors. As the group deals with itself in this way, individuals become more attuned to their own feelings, attitudes, and reaction patterns. They are also able to study the impact they have on others, and to learn how they can be more effective in dealing with others. They become aware of the many levels of meaning communicated by themselves and by those with whom they interact. As the participants grow in awareness, they grow in acceptance of self and acceptance of others.

Laboratory training experiences are facilitated by a psychologist, a social worker, or a psychiatrist who has acquired special skills. He helps the participants create optimal conditions for emotionally anchored learning. He helps members of the group identify significant interactions and to generalize from their own experiences in the group. One of his most significant contributions is the help given to the group in how to use themselves and their co-members as sources of learning. This is an alternative to reliance on the traditional authority represented by a group leader.

The teacher who has experienced laboratory training can apply his understanding of the differences between influence and control, between candor and self-deception, between trust and wariness, between strengthening acceptance and weakening attack. He is equipped to guide his pupils to use their own and each other's resources. He can help his students integrate factual information and work their way through conflict and confusion to enlightenment. He is more likely to develop the kind of classroom climate in which such goals of the program may be achieved.

The content of the program touches many sensitive pressure points for teacher and pupil. Family relationships and matters pertaining to sex cannot be and should not be so objectified that this is not the case. The laboratory method of participation in interpersonally directed learning experiences is a special type of training for handling a special program. The coordinators and guidance personnel charged with the development and initial supervision of the program have been participants in such training sessions. Efforts should be made to provide similar experiences for all teachers who will implement this curriculum.

Resource Materials

Teaching resources include: printed materials (books, pamphlets, magazines, professional journals); audio visual aids (films, filmstrips, television programs); visual materials and realia (charts, transparencies, models, cartoons, puppets, life-size figures, housekeeping furnishings, and toys); audio materials (tapes,



records); resource persons. The use of teaching aids on any grade level should be made after a careful consideration of the pupils' previous learnings, emotional readiness, and intellectual capacities. These resources are intended to supplement the teacher's presentation in the classroom rather than to substitute for it. They are particularly valuable when used to spark discussions that emerge from the group's interests and needs.

An effective approach in the teaching of a family living-sex education program is the use of multi-media to add wider dimensions to everyday instruction. The same resources may be effectively used at different grade levels to add greater scope and depth to a lesson for the purpose of motivation, reinforcement, enrichment, summary, or review. Systematic and objective student-teacher evaluation of teaching materials is used to determine effectiveness for learning.

Parent-Teacher Involvement

Essential to the success of a family living and sex education program is the need for active participation of parents. It is important to include them in the planning phase of the program on the local level in order to explore their feelings about the needs of their children. Under the guidance of principals, district coordinators and representatives of local parents' associations can plan the format, content, and frequency of these meetings.

Outgrowths of these parent teacher meetings may be the formulation of parent workshops, subsequent involvement in school-district advisory councils, and greater cooperation in all phases of the program.

Most important is the development and maintenance of an open atmosphere conducive to continual dialogue among parents, school personnel, and community leaders. Through the interaction of these three groups, the exchange of opinions and suggestions will help to ensure a successful program.

Evaluation

To measure the program's effectiveness in fulfilling stated objectives, evaluative activities on local levels as well as on a citywide basis should be an integral part of the program.

Special instruments, in addition to the use of self-reports, may be developed to determine student, teacher, and/or parent attitudinal outcomes. To assess learning of factual material, tests of knowledge should be developed on a grade or multi-grade level and be given to representative pupil samples.

Grade Placement

Careful thought and review have been given to the grade placement of the generalizations suggested. The allocation of generalizations to a grade block rather than to a specific grade enables the teacher to select for instructional purposes those generalizations that are appropriate for the children in his class and relevant to their needs and interests. The maturity levels of pupils, family backgrounds, and sociocultural factors may require variations in teaching within a grade block or within a single grade in a given school. It is important to capitalize on the teachable moment at which students are most responsive. It should also be understood that the materials in this bulletin may serve as springboards to other topics of concern.

Suggestions for Time Allotment

The time allotted to the teaching of family living, including sex education, will vary according to grade level. In the early and middle grades, instruction in this area may be integrated with such curriculum



5

1

areas as science, health education, home economics, social studies, and language arts. Beginning in grades five and six, more direct teaching may be initiated. In the intermediate, junior, and senior high schools, it is suggested that instruction be incorporated into all subject areas which impinge on family living. The principal, in consultation with department chairmen, will frequently determine the apportionment of specific content among the appropriate disciplines. Sufficient time to achieve the objectives of the program should be allocated. In some schools, separate elective courses in family living, including sex education, may be established.

LEVELS OF PSYCHOSEXUAL DEVELOPMENT

It is particularly important for the teacher working in the area of family living and sex education to understand as fully as possible the levels of physical, psychological, and social development of the children he is teaching. Knowing their interests and concerns, their strengths and inadequacies enables the teacher to select the generalizations in family living including sex education for which children are ready; helps him to develop these generalizations most effectively; and guides him in his choice of appropriate books and audio isual aids.

The teacher is urged, therefore, to become familiar with the psychosexual levels described in the pages which follow. Since children grow and mature at their own rate, they may exhibit characteristics of levels before or beyond that of their age group. It is helpful, for this reason, for the teacher to be familiar with the characteristics of children younger and older than the children he is teaching. This will enable him to further individualize instruction in family living including sex education.

The Four-to-Five Year Old

The four-to-five-year-old child is extremely self-centered. At this age when he is starting school, he is much more concerned with his own identity than with the characteristics or needs of others. As he progresses through the prekindergarten and the kindergarten stages, he develops a constantly increasing awareness of others. He is becoming more perceptive of the special characteristics of mothers and fathers, boys and girls, parents and other adults. He begins to realize slowly that others, too, have needs and rights, and that he may have to wait to have his own needs satisfied. This gives rise to conflict within himself, and clashes occur with parents, siblings, friends, and teachers. His rages against a sense of frustration when he cannot have his own way are momentary but very intense. It is this process of being frustrated at times and of not having every wish satisfied that leads him to a realization of others as separate persons. A major task of the child during this period of growth is the establishment of his own personal identity.

It is difficult to give up the possessive ways of infancy: the egotism, the selfishness, and the petty jealousies, and to begin to make an adjustment to the demands of the world outside the home. The previous and earlier goals of gratification and attainment of pleasure begin to be forfeited to the claims of the external world. Postponement of immediate fulfillment of every desire is to be learned.

As the child assimilates the admonition to relinquish his childish behavior, he begins to acquire within himself standards more acceptable to adults, and these in turn become the values he cherishes and later judges others by as well.

Basic value orientation is formed during this period, an orientation that will influence future learning and behavior. The feelings a child has about others and his perception of the feelings they have about him depend on his feelings about himself. How he values himself is related to the feelings he has about his own body. Early attitudes toward the body form the foundation for later personality development. Characteristics of this age range is the child's growing curiosity about himself, his body, and his familial relationships. It is the age of questions. The questions are not idle; they represent deep



ponderings resulting from his growing awareness of these relationships. "Where did I come from?" "How did I begin?" are typical questions which indicate his growing concern with himself as an individual.

One of the more striking characteristics of the young child is his capability for vivid fantasy. He has not yet developed sufficiently in his orientation to the real world to be able to counteract his fears and anxieties about his deeper feelings. Therefore, he turns to the world of play to work out some of them. Play is the safety valve for his hidden wishes and the discharge of tensions. Working out his own conflicts allows the child to temper his behavior in real life.

This is a period of richly imaginative activity, during which some of the most bizarre misconceptions can be formed concerning physical facts. It is for this reason that simple and accurate information about the body and its functions should be presented. The youngster is naturally curious about his body and is interested in differences between his body and those of other children and adults. His interests include the social and cultural aspects as well as the biological aspects of sexual role differentiation. It is during this period that the child develops consistent masculine or feminine orientation. The crucial problem of the period lies in the child's need for acceptance of his curiosity and reinforcement of his sexual identification.

The Six-to-Eight-Year Old

The child from six to eight years of age is developing more reality-oriented modes of behavior than those found in early childhood. He is learning as he moves into the larger environment of school and community that he no longer has a favored position; he is one among many. He becomes more amenable to the idea of postponing gratification and of doing what is expected of him. The powerful drives he experienced previously have diminished as a result of the demands of his parents. To a large degree, he is no longer at the mercy of his instincts nor so personally engrossed with his own conflicts.

Realistic education by his parents or other adults responsible for him has changed him from an egotistical, demanding infant to a much more reasonable young person ready to turn his energy outword. His relationship to his parents improves, and gradually he becomes more detached from them as he gains new friends and engages in more group activities.

This is not to say that he no longer needs his parents. But, he now has them within himself in the form of an inner voice known as conscience. In the previous stage of his development, the child was constantly at odds with his parents who tried to "civilize" him by controlling his unacceptable behavior and by educating him to conform to society's demands. By the time he is six years old, he has, to a large degree, accepted his parents' standards, and these are transformed into values he will use throughout his life.

In redirecting his energy away from his own personal concerns toward external things, the child of six to eight becomes increasingly more interested in intellectual concerns and group activities. New friends and new relationships engage his time and energy now. In addition, he begins to explore the challenging community around him.

In attempting to understand and cope with a world of expanded demands and possibilities, the six-year old sometimes tends to go to extremes. He can be quite touchy and humorless about challenges to his sexual identification. Responses in social situations become more markedly masculine or feminine with each year, until by age eight, some boys and girls may reject any semblance of friendship outside their own sex.

Although great sensitivity to criticism is present throughout the entire period, the volatility and extreme reaction of the six-year old gives way to more stability and calm by age seven. At this age receptivity to factual discussion, even about bodily functions, increases. The eight-year old is even more at ease in communicating with adults and is better able to express sexual curiosity. Discussions of



7

sexuality can be very embarrassing to youngsters during these years unless conducted in a very matter-of-fact fashion. They feel more comfortable when the focus is on social rather than on biological terms.

Verbal aggression, including the use of obscenities, is frequently observed but is usually more reflective of confusion and inadequate communication skills than of deep hostility. Classroom activities can profitably focus on the formation of attitudes of dignity and respect for sexual and other bodily functions, thus helping the youngster to build a sense of personal competence and self-esteem.

Children of this age are beginning to understand concepts of love and friendship. However, the child's approach to such understanding is generally in terms of role prescription. Discussions of complex feelings can be difficult or embarrassing.

The Nine-to-Ten-Year Old

Boys and girls of this age are fairly well-rooted in reality. They have more or less come to terms with themselves, their parents, their groups, and their school. Their knowledge grows daily, and their interests increase rapidly. Extremely curious about everything, they want and are ready for facts. Not yet mature sexually themselves, they are nevertheless interested in the facts of life. Because they are preadolescent and not yet emotionally involved on a personal basis, they accept aspects of sex education as they do the facts about all body functions and other matters.

Generally, each sex is indifferent to or even hostile to the other one. It is an age for teasing and bickering, name-calling, "bad" language, and "gang secrets" like signs, passwords, and codes. In striving for individual identity and the beginning of independence, boys and girls may regard the opinions of their friends as more important than those of their parents.

Girls may move ahead more quickly at this stage towards maturity and become extremely interested in menstruation, conception, and childbirth. Boys are especially curious and eager for sexual knowledge and usually obtain it in magazines, medical books, or from older adolescents. There are sometimes secret discussions and speculations about sexual activities.

Although still favoring their own sex and still somewhat awkward and uneasy with girls, boys are beginning to show an interest in the other sex, but teasing and more aggressive behavior mask any overt sexual interest. As both boys and girls move out toward puberty, they begin to shift back and forth between wanting to be grown up and wishing for childhood attentions. This conflict gives rise to some reactions of unruliness, disorderliness, and stubbornness, if not downright disobedience. There are mood changes as both boys and girls look forward, some with fear and apprehension and some with welcome anticipation, to their oncoming puberty. Knowledge related to family living and sex education is important so that these young people may develop positive attitudes toward their own sexuality.

It is necessary for youngsters at this age to gain deeper understanding of their physical and psychosocial growth. They are deeply concerned with what will happen to them as individuals and require knowledge of these specifics prior to their own sexual maturation. In today's society they are constantly exposed to a variety of information and misinformation about sexual matters; hence they are in great need of factual data.

The Eleven-to-Thirteen-Year Old

The eleven-to-thirteen-year old is embarking upon the struggle to develop a relatively autonomous self in preparation for independent adulthood. In so doing he seeks to control his dependence on his parents by transferring some of the emotional attachments he has to them to others outside of his immediate family. His "pal" relationships with peers of his own sex acquire greater significance as they meet his



needs for new attachments. As he realizes his continuing and inevitable dependence on parents and teachers, he often experiences conflict and anxiety. Consequently, he may tend to withdraw from the adults with whom he had previously enjoyed close attachments. Irritable, defiant behavior may support this withdrawal. On the other hand, crushes on adults and admiration of popular figures are likely to emerge as less threatening forms of attachment to adults.

During this period, the youngster tries to establish his identity further by working toward his own code of moral and ethical values. In order to do so, he wrestles with absolutes of right and wrong and is acutely aware of inconsistencies in the behavior of others, especially in the behavior of the significant adults in his life.

At this age the youngster begins to examine role definitions. In this way he gathers data upon which to base his emerging self-identity. He is concerned with many questions: How should a husband and wife relate to each other? How should siblings deal with each other? How should a mother or father act toward a boy or girl? The "shoulds" and ideal models which result often give rise to anxious doubting, and criticism of self and others. Youngsters at this age are often reassured by being helped to understand the varieties of human encounter.

While sexual and aggressive drives are just beginning to emerge, they may be frightening to the early adolescent. Since bodies are changing, anxious self-scrutiny focuses on fear of abnormality. Girls are self-conscious about breast development or lack of it. They worry about menstruation. Boys are concerned about their strength and height. Very often size and physical development determine choices of companions and become a basis for self-esteem.

Some young people are very much concerned about masturbation and the feelings of guilt which frequently accompany this behavior. Opportunities to discuss the changes that may be taking place within themselves with informed, understanding adults are most important.

The early adolescent often relates inconsistently to adult authority. He questions, challenges, idolizes, is hypercritical and dependent, often all at the same time. He is very interested in aspects of human behavior, such as manliness, womanliness, motherhood, etc., and seeks to apply these conceptualizations to himself and to others close to him. As the teacher helps him to find a realistic view of behavior, his own and others', he is less moved to prove himself in extreme ways. It is important to help him think issues through for himself, especially since he is intolerant of directive absolutes, and is ready to establish an independently integrated value system. While he is still strongly influenced by adult opinion, he is even more interested in the opinions of his peers, so that classroom discussions are especially relevant at this time. Frank discussion of sexual matters produces considerable anxiety and embarrassment as well as curiosity, hence the jokes and snickering. However, facts about bodily changes and role behavior hold the attention of the early adolescent and are important at this time. Youngsters of this age need to be reassured about the normality of sexual feelings and helped to establish controls. The most important challenge to the teacher is to reinforce the eleven-to-thirteen-year old's self-esteem in his search for competence in preparing himself to deal with the issue of adulthood.

The Fourteen-to-Sixteen-Year Old

The fourteen-to-sixteen-year old is essentially self-conscious and self-concerned. He struggles to cope with a changing body image, to develop controls over emotional drives that are more imperative now than they have been at any time since early childhood, and to find a place in the world as an autonomous, decision-making member of society.

At this age one notes a considerable range of physical development. Some may still be at the preadolescent stage; others may have already achieved the physical growth of adulthood. The highest percentage of concerns voiced by youngsters of this age are those which involve worry about physical



appearance. Worries about weight, skin problems, and good looks reflect preoccupation with changing bodies. These anxieties are accompanied by fear that all may not turn out well.

Another aspect of this self-consciousness is an easy vulnerability to hurt feelings. Self-esteem is shaky. The testing ground selected for proof of worth is most frequently the area of heterosexual attractiveness. Many young people worry about popularity. Some youngsters withdraw socially so as to protect themselves from rejection. The need is to be accepted, to be attached, to be sought after. Regardless of the facts of their social situation, they are rarely secure in their acceptance by peers and adults. Loneliness is frequently referred to as a problem, particularly by girls. They are looking inward with the question, "Do I have what it takes?"

The questioning of self is accompanied by questioning of the basic assumptions previously taken for granted. They are scrutinizing their religious beliefs and practices. They seek people, especially peers, who demonstrate loyalty, truthfulness, and consistency.

At this stage, attachments to both parents are especially intense and may be full of conflict. On one side of the conflict is renewed possessiveness and demand; on the other, the continued effort to withdraw from dependency. The anxiety that this struggle produces is not far from the surface of the average boy and girl of this age.

One of the ways that family issues are dealt with is to focus on patterns of adulthood. Girls are interested in the roles of womanhood; boys try out the ways of the men whom they respect. They shift back and forth from protesting adult ways to assuming such ways themselves. Thus, they become fortified by identifying with both sides of the generation gap.

They are beginning now to test out heterosexual closeness on a more mature level rather than one which primarily meets needs for dependency and attachment. In their hurry, however, they are often pushed to assume precocious postures. The teacher must bear in mind that at this time the youngsters themselves often are aware that they are not yet ready for the behavioral patterns which they are assuming. The fact that they are not emotionally ready usually precludes their experiencing pleasure from behavior which is gratifying to those who are more mature. The question arises then as to why youngsters assume such joyless burdens. They do so for various reasons; for example, to meet what they perceive to be the expectations of their peers, to declare to themselves and to the world emancipation from childhood dependence and restrictions, and to provide themselves with practice for the adult patterns which later will be legitimately theirs. Also, one should not underestimate the attraction of risk and limit-testing.

It is at this stage and at the next one that their greater comfort and ease with members of the same sex, in combination with unstable controls over sexuality and a quest for adventure, sometimes results in homosexual experimentation, especially on the part of boys. Despite whatever bravura, almost every boy and girl is deeply troubled about being "queer." Homosexual fantasies and homosexual behavior observed in others are as much a source of anxiety as are the firsthand experiences of some adolescents. Almost all of the young people, however, go on to normal heterosexual adjustments in adulthood.

In summary, the teacher of the fourteen-to-sixteen-year old deals with a youngster who is shifting from making excessive demands on adults to protesting even casual interest in his affairs by the same adults. The teacher is dealing with a youngster who is troubled about his acceptability, particularly to peers. He may be struggling in very deep water. Help will come from understanding, acceptance, and from the fortification that results from the knowledge that he is not alone, or different in his self-doubts and fears. He is interested in basic physiological information about sexual response, fertilization, and embryology. He is also seriously interested in information about homosexuality, prostitution, venereal disease, abortion, illegitimacy. He needs to learn how to pace his behavior to his emotional readiness; such readiness will differ widely for children at this age. Practical matters of how to ask for a



date, how to act on a date, how to look attractive, and how to be popular are of great interest. Romantic fantasies and reactions to the sexual content of the popular media and to the demands of peers require anchorage. The fourteen-to-sixteen-year old is usually in a stormy phase of adjustment and needs to discuss his questions directly and candidly with informed and understanding adults.

The Seventeen-to-Eighteen-Year Old

The seventeen-to-eighteen-year old is further consolidating his preparation for adulthood. He relates o adults with critical scrutiny of their ability to measure up. Teachers and parents are put to the same test.

Older adolescents become interested in viewing their own families in what they consider to be objective terms, and they are interested in the family as an objective concept. The function of the family, roles of members, and variations in composition are of interest both intellectually and emotionally to the adolescent.

They are now reaching toward heterosexual relationships which they are sufficiently mature to establish as reciprocally responsible peers in courtship. They are grasping for personal codes that are also socially helpful since the need for self-affirmation via popularity remains an important issue. Thus, they struggle with the pressures of heterosexual behavioral demands. Their questioning about values and behavior — petting, necking, sexual intercourse, contraception, illegitimacy, and venereal disease — represent a search for information with which to establish a personal code of behavior. This questioning helps young people to deal with both currently experienced and anticipated conflicts for purposes of decision making. They are interested in knowing how to judge whether they are really in love. All of these issues are intensely personal.

One of the ways in which the teacher can be most helpful at this stage is to train the youngster in responsible decision making. Collecting data from differing sources, evaluating the validity of information, weighing the consequences of various decisions, and relating to one's own feelings and circumstances may be taught directly with far-reaching effects.

The seventeen-to-eighteen-year old is interested in basic sexual information and will analyze this information in great depth. His own feelings cause concern. Those of his age group who have developed prohibitive restrictive codes will worry about normal sexual responsiveness. The sexual wish or fantasy is seen as equivalent to the act. Some boys will be inclined to react to sex drives as urgencies; some girls will be more interested in the social aspects of heterosexual relationships. Both boys and girls will be dealing with issues of management of feelings in a setting of responsibility to themselves and to each other. Since these youngsters are now exposed to a legitimization of a wide range of heterosexual behavior, they are all the more involved in working out a position for themselves. In so doing, they may sharply challenge the very behavior they wish to believe in. Experimentation with ideas may also be accompanied by experimentation in behavior. All of this they need to talk about with both peers and adults.

The older senior high school student is wrestling with the concerns of adulthood, but he is still faced with problems of childhood. Feelings of esteem, competence, self-acceptance, comfort with self-expectation and expectations of others are basic considerations. Specific adult problems of mate choice, family planning, budgeting, and family roles may be built upon this base.



Scope and Sequence

The scope and sequence contains generalizations to be developed in the broad area of family living which includes sex education. It is understood that this scope and sequence is flexible and may be idapted to meet the needs of children at different maturity levels and shaped by the many factors that influence children in a large urban community.

For selected aspects of this curriculum, separate classes for boys and girls may be desirable. If classes are separated, the same content should be taught to both boys and girls.

Prekindergarten-Grade Two

- A man and a woman who love each other marry and form a new family.
- Each member of the family is important as an individual and as a member of the family group.
- Men. Jers of a family do things to help one another.
- Curiosity about oneself and others is natural.
- Girls grow into women, and boys grow into men.
- Living things produce other living things of the same kind.
- Human beings and most other animals begin their lives as eggs.
- There is a growth process before birth.
- Parents prepare for the birth of offspring.
- Babies need love, time, and care in order to grow and develop.

Grade Three-Grade Four

- Parents vary in the amount of care they give their offspring.
- Successful family living requires sharing for the common good.
- Men and women have overlapping roles in the home and in the world of work.
- Children of the same family may be alike in some ways and different in other ways.
- Friendship involves a special kind of feeling toward another person.
- Some animal eggs are fertilized outside the mother's body, some inside; some fertilized eggs grow into babies inside the mother's body, some outside.



- An egg from the mother and a sperm from the father unite to produce a fertilized egg which grows into a baby.
- Fertilized eggs vary in the time needed to produce a new individual.
- Animals vary in the number of offspring produced at a given time.

Grade Five-Grade Six

- Each member of the family is entitled to respect and reasonable privacy.
- Many forces influence the individual's social behavior.
- Boys and girls need a variety of social and recreational activities.
- Men and women have overlapping social and vocational roles.
- Heredity is a factor which influences growth and development.
- Environment is a factor which affects physical growth and development.
- * Nutritional needs during preadolescence require special attention.
- * Many changes occur at the preadolescent period.*
- Puberty initiates physical changes leading to manhood and womanhood.*
- Emotional changes accompany physical changes during preadelescence.
- * All living things are made of cells.*
- Human babies develop from fertilized eggs.*
- Human babies grow and develop during the gestation period.*

Grade Seven - Grade Nine

- Environmental forces influence family living.
- Personal decisions reflect one's values and require that one accept responsibility for their outcomes.
- Interpersonal relationships develop through a variety of social activities.
- Dating in adolescence may provide a basis for the development of more lasting relationships.
- Accepting responsibility in boy-girl relationships is related to social and emotional maturity.
- Tensions during adolescence may arise from a variety of factors.
- The endocrine system influences appearance, body functions, and mental and emotional behavior.
- Puberty initiates physical changes leading to manhood and womanhood.*



^{*}Separate classes for boys and girls, where desirable,

- All living things are made of cells.
- Human babies develop from fertilized eggs.*
- Human babies grow and develop during the gestation period.*
- · An individual's physical traits are the product of his heredity.

Grade 7en-Grade 7welve

- Individuals seek qualities in others which satisfy their own needs.
- Concern for human welfare is the responsibility of the individual, the family, and the community.
- · Family structures vary among cultures.
- · Courtship and engagement are preparation for marriage.
- Many factors contribute to the strength of a marriage.
- A variety of social factors related to sex affect the family.
- Maintenance of the family and home involves management of many resources.
- The endocrine glands regulate body activities.
- Reproduction is a basic function of living things.
- Reproduction has a special significance for the species, society, the family, and the individual.
- Prenatal care is essential for optimum health of mother and baby.
- Physical and psychological factors influence the growth and development of children.



Pre K, K, Grades I and E

Content and Suggested Learning Activities

GRADE PLACEMENT

The allocation of the generalizations to a grade block rather than to a specific grade enables the teacher to select for instructional purposes those generalizations that are appropriate for the children in his class and relevant to their needs and interests. This is particularly true for teachers of prekindergarten and kindergarten children. Teachers will find that some of the material not presented to the entire group may be of use in answering individual questions. The maturity levels of pupils and the sociocultural backgrounds of the families that form the school community are factors to be considered in the selection of content and suggested learning activities.

Continuity of instruction is also an important consideration in selecting generalizations. It is suggested, therefore, that teachers become familiar with the generalizations in the grade block following their own. This overview will aid them in planning a more sequential development of the generalizations in the program.

TIME ALLOTMENT

Family Living is not a discrete curriculum area but is taught in relation to such subject areas as language arts, science, social studies, home economics, and health education. Classroom living and daily situations involving interpersonal relationships apart from any particular subject area frequently offer the teachable moment to develop a given generalization most naturally and effectively.

For these reasons the teacher is the best judge of how much time to give to the implementation of any generalization in this publication.

Note: Refer to the Introduction and Appendix for the psychosexual characteristics of children in the age group under consideration and for audio-visual and printed references.

Generalization: A MAN AND A WOMAN WHO LOVE EACH OTHER MARRY AND FORM A NEW FAMILY

Content

Learning Activities

A man and woman who love each other marry and become husband and wife to each other.

Invite children to tell about weddings they have attended. Introduce terms as bride, groom, wife, husband; note that when husband and wife have children, they become father and mother, also.

A husband and wife form a new family.

Have children talk about the people they love and give reasons for loving them.

A family is a group of people who live together and take care of each other.

Discuss custom of sending Valentine, birthday, mother's and father's day cards expressing affection of family members. Make appropriate cards.



Families differ in size; may change in size.

Sometimes families grow by having new babies or by having other people come to live with them.

Sometimes families get smaller by having members die or leave the home.

Ask children to identify members of their families, and encourage them to bring in pictures of their families. Have children relate how their own families have changed in number, and discuss the effect on the family. Read such stories as *The New Baby* by Flack, and discuss need we share Mommy's time.

Ask children to name the "big people" within families and their relationship (grandmother, grandfather, uncle, aunt, counsin) to the family.

Generalization: EACH MEMBER OF THE FAMILY IS IMPORTANT AS AN INDIVIDUAL AND AS A MEMBER OF THE FAMILY GROUP

Content

Learning Activities

Each member of the family has a unique personality.

Invite children to talk about their families, indicating the importance of each member. Have children make drawings of individual members of their families, discussing the love of family members for one another-parents for each other, parents for children, children for parents and for each other.

Each member contributes to the mental health and emotional life of the family. He influences other members and, in turn, is influenced by them.

Arrange bulletin board dispily of family photographs showing the family engaged in an activity. Help children recall what the family was doing on the day the picture was taken.

Each member of the family must assume some responsibility for other members in the home.

Discuss ways by which the attitude of family members contributes to the happiness of the home; e.g., sharing interesting happenings of the day, having a sense of humor, showing interest in the ideas and feelings of other family members, exercising self-restraint and patience, particularly when someone is ill or tired.

Parents have a responsibility to help children grow and mature.

Use study prints and/or wedgie figures to analyze the roles of family members. Have children discuss how one member may have several roles and how roles can be different in various families.

Adult family members have specific responsibilities in regard to household operation, care of children, earning a living, etc.

Show and discuss pictures of children and their families fulfilling responsibilities to the community, such as keeping sidewalks clean, putting refuse in trash cans, observing traffic rules, respecting property and privacy of neighbors, participating in school and community events, observing the rules for fire prevention, cooperating with housing and city police.

Each family member has responsibilities to the community.



Generalization: MEMBERS OF A FAMILY DO THINGS TO HELP ONE ANOTHER

Content

Adult family members provide such things as food, clothing, shelter, recreation, affection, guidance.

They take care of children to prevent illness and look after children when they become ill.

They provide a safe environment.

Children in the family help older people. They help mother and daddy with their work in the home.

Children show courtesy and affection to family members.

Children take care of their own personal needs, such as washing and dressing.

Children prevent unnecessary adult worry by obeying family rules about time to come home, places to play, information about whereabouts.

Children share their possessions.

Learning Activities

Prepare a bulletin board of pictures of men and women in a variety of activities at home. Talk about the kinds of work men and women usually do.

Discuss the kinds of jobs that can be handled by both men and women and how these jobs differ from family to family.

Use wedgie figures and/or pictures to show how parents and grandparents help children. Extend the discussion to involve other people who may help — aunts, uncles, cousins, in-laws.

Role play experiences with mother substitutes — staying at home with an older brother or sister, staying at grandmother's house, vacationing with an aunt during the summer, being in the hospital for a tonsillectomy.

Have children relate and dramatize experiences involving adults who accompanied them on a visit to the doctor, a visit to the dentist. At the end of each experience elicit how adults have helped the children to grow and develop.

Discuss the many ways children can help their parents; e.g., helping mother when she is bathing the baby, doing the dishes, cleaning, shopping, or helping father when he is fixing things in the house, going to the laundromat, washing the car. Dramatize these and other ways to help parents.

Discuss how children can be polite in passing food at the table, sharing TV, permitting others to talk without interruption, taking and giving telephone messages.

Dramatize personal care, including combing of hair, cleaning of teeth, washing of hands. Use the tune, "Mulberry Bush."

Dramatize family discussion of rules for the activities of children.

Dramatize a situation in which children failed to notify family of change in play activities. Discuss behavior in relation to strangers on street, in cars.

Encourage children to tell how siblings help one another by charing treats, toys, books; doing



Children share responsibilities.

homework; playing games with younger children; displaying interest in others' problems and affairs.

Discuss how children can help in the care of pets, babies, and handicapped or disabled family members.

Generalization: CURIOSITY ABOUT ONESELF AND OTHERS IS NATURAL

Content

Children are interested in their own and other children's appearance.

Note: If children remark on sex differences, the teacher accepts comments, substituting correct terminology when necessary.

Learning Activities

Use mirrors, if available, to have children study their own facial and bodily characteristics. Check height and weight.

Note that all have eyes, ears, nose, mouth, skin, hands, and feet.

Realize that they are different from one another in height, weight, color of eyes, hair, skin.

Generalization: GIRLS GROW INTO WOMEN, AND BOYS GROW INTO MEN

Content

Learning Activities

Growth and development involve many stages.

Boys grow up to be men. Girls grow up to be women.

Children change in appearance as they grow and develon.

Growing up takes a long time.

Leoning Heaville

Improvise a story beginning at a child's birth and bringing him up to the age level of the class. Have children discuss stages of growth they will pass through before being grown up. Elicit stages—baby, schoolchild, teen-ager, grown-up.

Share stories which children have been told concerning the childhood experiences of their parents and/or other adults.

Find pictures of babies, children, and grown-ups.

Have children pretend to be grown-up by dressing in grown-up clothes from costume box, shaving like a man, playing house.

Generalization: LIVING THINGS PRODUCE OTHER LIVING THINGS OF THE SAME KIND

Content

All living things come from other living things like themselves.

Beans grow into bean plants.

Learning Activities

Read stories and show pictures of animals, birds, and insects.

Provide opportunities for children to grow things



Generalization: THERE IS A GROWTH PROCESS BEFORE BIRTH

Content

Before birth, the egg grows and develops into a fully formed baby.

During this period the developing baby receives everything it needs to grow and is kept safe and warm.

Learning Activities

Arrange to keep a pair of gerbils, hamsters, or mice in the classroom to give children an opportunity to observe pregnancy and birth.

Obtain brine shrimp from a pet shop. Examine with a hand lens to see eggs within the female's body. Allow eggs to hatch. Note length of time it takes for baby shrimp to emerge.

In spring obtain, if possible, frog eggs or salamander eggs from edge of local pond or lake. Mark the date on a large wall calendar, and have children observe the development of the tadpoles emerging from the eggs.

Generalization: PARENTS PREPARE FOR THE BIRTH OF OFFSPRING

Content

There are many ways in which parents prepare for the birth of meir babies.

Some animals make nests that provide security for their eggs.

Some animals protect their eggs in a cifferent way (stickleback, seahorse, bird).

Some animals, like fish and frogs, drop their eggs into the water without any nest to protect them.

Human fathers and mothers prepare for babies by:

Having mother visit a doctor regularly for the health of mother and baby.

Making arrangements for hospitalization. Obtaining necessary equipment and supplies.

Arranging for the care of other children in the family while mother is in the hospital.

Learning Activities

Read such books as Hi, Mister Robin by Alvin Tresselt.

Discuss how nests are made. Place bits of cloth, paper, and straw on classroom windowsill and observe whether birds pick them up.

Take a walk to a nearby park in early spring to see birds' nests. Observe birds building nests.

Display pictures of the stickleback, seahorse, turtle, and birds. Read how these parents prepare for their new babies.

Discuss the reasons why a mother goes to a hospital for the birth of her babies. (This discussion should help the child understand why his mother may be away from home and, consequently, may reduce anxiety.)

Talk about how each member in the family can help in the preparations for a new baby.

Read to the children such stories as The Very Little Girl and The Very Little Boy by Phyllis Krasilovsky.



Turtle eggs develop into turtles. Robin eggs produce robins. Human eggs produce human babies. in a window box or school garden. Have them care for growing plants and observe results. Note that bean seeds produce bean plants, carrot seeds produce carrot plants, and radish seeds produce radish plants.

Break open a lima bean to show embryo plant, stored food, and protective coat of seed.

Discuss the following situations:

Mother Turtle has some baby eggs. What will her babies be like?

Mother Robin has three blue eggs in her nest. What will happen when the eggs hatch? What will Mother Robin's babies be like?

A human mother may have a baby growing inside her body. That baby, too, began as an egg, but one without a shell. When it is born, whom will the baby look like?

Generalization: HUMAN BEINGS AND MOST OTHER ANIMALS BEGIN THEIR LIVES AS EGGS

Content

A human being starts life as an egg (ovum).

Babies are either male or female.

Dogs. mice, elephants, cats, snakes, birds, fish, whales, and most other animals begin life as eggs.

Some eggs have shells: others do not.

Eggs that have shells:

chickens and other birds

turtles lizards snakes

Eggs that do not have shells:

fish dog frog cat !torse mammal lion human

Some eggs are very large; some eggs are very small, almost too little to be seen. Each human egg is about the size of a pencil dot.

Learning Activities

Recall the fact that human babies develop from very tiny eggs inside the mother's body.

Talk about baby brothers and sisters.

Discuss the fact that fish, snakes, birds, and most animals develop from eggs.

Show pictures and discuss why a hen sits on an egg and why a hen's egg has a shell. Examine a hen's egg. Observe the color and texture of the shell. Break the egg and place the contents in a saucer.

Allow the children to handle the shell and to observe its characteristics. Point out parts of egg.

Show pictures and/or visit a museum or natural science center to see various kinds of eggs. Have children compare size, shape, color, and texture of the eggs they see.



Generalization: BABIES NEED LOVE, TIME, AND CARE IN ORDER TO GROW AND DEVELOP

Content

Babies, animal and human, have common characteristics and needs.

Babies are small in comparison to fully grown species, human or animal.

Babies are dependent; they must be fed, sheltered, protected by parent.

Babies need to be taught how to live according to their needs; that is, to walk, to swim, to fly, to communicate, etc.

Human parents and other adults help babies to grow and develop because they:

Give love and affection
Provide proper nourishment
Give attention to toilet needs
Provide suitable clothing
Plan periods of rest and activity
Talk and play with babies
Provide for their safety
Prevent illness and provide care during illness

Learning Activities

Use arrival of new baby or new pet at home or in school as occasion to discuss characteristics of babies.

Show multi-media pictures to compare sizes of babies and adults of various species.

Visit the zoo or animal nursery to observe animal families and the role of the parents in caring for their young.

Look at picture books dealing with animal families. Discuss what children have observed in their own homes about the way animal parents take care of their young (cat, dog, white mouse, hamster, gerbil).

Discuss how human parents comfort and protect their children.

Show pictures of family activities involving younger children. Discuss how adults help the children.



Content and Suggested Learning Activities

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Generalization: PARENTS VARY IN THE AMOUNT OF CARE THEY GIVE THEIR OFFSPRING

Content

Learning Activities

Some animal parents take little care of their offspring and give care only for a short time. Use pictures and stories of a mother duck and duckling and/or a hen and chicks for the purpose of eliciting the kinds of care these mothers give their young.

Some animal parents take good care of their offspring for a long time.

View films on care of young birds and animals.

Have the children relate experiences about the length of time and the kinds of care given by dogs, cats, and other pets to their offspring.

Human parents take the greatest care of their children for the longest time.

Read stories about other animals and the care they give to their young.



Invite parents to relate the amount and extent of care necessary to raise children.

Use hand puppets to demonstrate parental care of children.

Discuss differences in providing for and in caring for a few or many children.

Generalization: SUCCESSFUL FAMILY LIVING REQUIRES SHARING FOR THE COMMON GOOD

Content

Learning Activities

Living in a family involves many responsibilities for parents such as providing:

Guidance and values
Food, shelter, and clothing
Safe environment
Medical care
Education (formal and informal)
Recreation
Love and comfort

Make use of situations for sharing materials (paints, library books, etc.), and compare the classroom family to the family at home.

Living in a family involves many responsibilities for children, such as:

Behaving in a manner which reflects respect for others

Sharing personal belongings

Helping with household chores

Learning how to use money wisely

Respecting the property and privacy of other family members

Assuming responsibilities for younger siblings when delegated by parents

Learning to accept and adjust to the physical and emotional limitations of family members.

Show how sharing work (care of pets, performance of cleanup chores, etc.) serves the common good. Compare these activities with those done at home.

Plan a class party. In evaluating the party show that its success depended on the cooperation of class members. Draw inferences about the value of family cooperation.

Have children prepare booklets containing illustrations and compositions on how they or others help the family.

Read storics involving families around the world.

Discuss the situation of the only child in a family.

Generalization: MEN AND WOMEN HAVE OVERLAPPING ROLES IN THE HOME AND IN THE WORLD OF WORK

Content

Learning Activities

There are similarities and differences between men and women:

Prepare a bulletin board of pictures of men and women in a variety of activities at home.



Physical appearance
Interests
Clothing
Kinds of work done for a living
Kinds of activities engaged in at home

Talk about the kinds of work men and women usually do.

Discuss the kinds of jobs that can be handled by either men or women. Ask: What does father do that mother does not do? What does mother do that father does not do?

Have children paint pictures of the kinds of work they would like to do when they grow up.

Generalization: CHILDREN OF THE SAME FAMILY MAY BE ALIKE IN SOME WAYS AND DIFFERENT IN OTHER WAYS

Content

Learning Activities

Children of the same family may vary in physical traits:

Sex (boy or girl)
Height and weight
Body shape
Color of eyes, hair, and skin
Texture of hair.

Have children make a drawing of each family member. Discuss the names of the family members, the physical comparison of the child and other family members. (My brother is taller than I am; my sister is smaller than I am; I have red hair; my sister's hair is blond; my brother's hair is black; my father is the biggest in the family; my hair feels curly; my sister's hair feels smooth.)

Children of the same family may vary in other ways:

Abilities
Interests
Aspirations
Habits
Maturity

Draw conclusions about similarities and differences within the family.

Guide a discussion of the relationship between behavior and personality, using children's own behavior and that of their siblings as examples.

Generalization: FRIENDSHIP INVOLVES A SPECIAL KIND OF FEELING TOWARD ANOTHER PERSON

Cortent

Learning Activities

Some of the things most friends do:

Walk home from school together Play together Share possessions
Visit each other Help each other Eat lunch together Share secrets
Give sympathy and support

Read and discuss one or more books, such as:

A Friend Is Someone Who Likes You - Joan Anglund
A Friend Is Amie - Charlotte Steiner
Tell Me Some More - Crosby Bonsall

Have children tell or write about their best friends, the reason they call them their best friends, and how friends treat each other.



Use hand puppets to role-play situations involving:

A conflict between obeying one's parents and following one's friends
Making plans to spend a Saturday afternoon together.

Generalization: SOME ANIMAL EGGS ARE FERTILIZED OUTSIDE THE MOTHER'S

BODY, SOME INSIDE.

SOME FERTILIZED EGGS GROW INTO BABIES INSIDE THE MOTHER'S

BODY, SOME OUTSIDE.

Content

Learning Activities

Fish and frog eggs are fertilized externally and grow into babies outside the mother's body.

Show pictures of fish and/or frogs' eggs in water. In the springtime visit a local pond or lake to collect frogs' eggs. Put the eggs into an aquarium with pond water. Have children report daily observations of the development of the eggs. (The teacher emphasizes that the female fish and frog squeeze the eggs into the water. The males squeeze sperm into the water near the eggs The sperm swim to the eggs and fertilize them. This is external fertilization.) View an appropriate film on fertilization.

Turtle and chicken eggs are fertilized internally but grow into babies outside the mother's body.

Display pictures of turtle and chicken eggs. View film on laying of eggs by turtles and chickens. The teacher emphasizes that in turtles and chickens the sperm from the male joins the egg inside the mother's body. This is internal fertilization. The egg then moves outside the mother's body and develops.

The eggs of gerbils, hamsters, mice, dogs, cats, horses, and elephants are fertilized internally and grow into babies inside the mother's body.

Visit the nature room in the school, a local pet shop, or zoo to observe that some animals keep their babies inside their bodies until they are ready to be born.

Generalization: AN EGG FROM THE MOTHER AND A SPERM FROM THE FATHER UNIT TO PRODUCE A FERTILIZED EGG WHICH GROWS INTO A BABY

Content

Learning Activities

A mother has two ovaries inside her body. Ripe eggs are produced in the ovaries. A father has

Use models or overhead projector and/or chalk-board to show simplified diagrams of female and



two testes outside his body. Ripe sperm are produced in the testes. The union of a ripe egg and ripe sperm produces a fertilized egg.

The eggs of human mothers are fertilized internally and develop inside the mother's body.

male reproductive organs. Show diagrams of eggs and sperm. (Explain that these are magnified.) View appropriate films.

Generalization: FERTILIZED EGGS VARY IN THE TIME NEEDED TO PRODUCE A NEW INDIVIDUAL

Content

The fertilized eggs of some animals develop for a short time before the baby animal is fully formed and ready to be born.

The fertilized eggs of some animals develop for a long time before the baby animal is fully formed and ready to be born.

From fertilized egg to hatching	_
NAME AND DEVELOPMENT TIME	
 	-
	-

Learning Activities

Discuss the length of time it takes to hatch a chicken's egg.

Have children research and report how long it takes other fertilized eggs to develop fully. Record findings on an information chart using pictures drawn or collected by the children. Note length of development period for each. Include some of the following: insects (housefly, moth), fish (guppies, salmon), amphibians (frogs, toads), reptiles (snake, turtles), birds (chicken, sparrow), mammals (dog, cat, elephant, cow).

Use a calendar to demonstrate the length of the human gestation period.

Generalization: ANIMALS AND HUMAN BEINGS VARY IN THE NUMBER OF OFFSPRING PRODUCED AT A GIVEN TIME

Content

Some animal mothers have many babies at one time.

Some animal mothers have only a few babies at a time.

Some animal mothers have only one baby at a time.

Human mothers usually have only one baby at a time; some mothers have two or more babies at one time.

Learning Activities

View films which show the number of offspring produced by fish, frogs, and turtles. Have children tell about litters produced by their pets (cats, dogs, white mice).

Visit local pet shop or zoo to check on number of offspring of domestic and wild animals. Read books dealing with animal litters.

Have children tell about twins, in their own fami-

lies or families of their friends.

Invite a mother of twins to school to tell how she cares for two babies at the same time.



Grades 5 and 6

Content and Suggested Learning Activities

GRADE PLACEMENT

The allocation of the generalizations to a grade block rather than to a specific grade enables the teacher to select for instructional purposes those generalizations that are appropriate for the children in his class and relevant to their needs and interests. This is particularly true for teachers of prekindergarten and kindergarten children. Teachers will find that some of the material not presented to the entire group may be of use in answering individual questions. The maturity levels of pupils and the sociocultural backgrounds of the families that form the school community are factors to be considered in the selection of content and suggested learning activities.

Continuity of instruction is also an important consideration in selecting generalizations. It is suggested, therefore, that teachers become familiar with the generalizations in the grade block preceding and following their own. This overview will aid them in planning a more sequential development of the generalizations in the program.

TIME ALLOTMENT

Family Living is not a discrete curriculum area but is taught in relation to such subjects as language arts, science, social studies, home economics, and health education. Classroom living and daily situations involving interpersonal relationships apart from any particular subject area frequently offer the teachable moment to develop a given generalization most naturally and effectively.

For these reasons the teacher is the best judge of how much time to give to the implementation of any generalization in this publication.

Note: Refer to the Introduction and Appendix for the psychosexual characteristics of children in the age group under consideration and for audio-visual and printed references.

Generalization: EACH MEMBER OF THE FAMILY IS ENTITLED TO RESPECT AND REASONABLE PRIVACY

Content

Learning Activities

Self-respect as well as respect and acceptance by others is important for building and maintaining self-esteem.

Have a panel discuss the theme, "How we feel about ourselves is reflected in how we treat others."

Role play situations which emphasize mutual respect within a family:

Respect and care for one another's mail and possessions, respect for one another's experiences and ideas: courteous treatment of one's family and friends; cooperative planning to celebrate a birthday, graduation, or



some other happy occasion in the family's life; willingness to sacrifice personal desire for need of another.

Recognition of an individual's right to privacy indicates respect for the individual human person and his need to be alone, at least occasionally. Privacy requires careful allocation of living space in the home and where space is inadequate, the finding of alternate private places.

Discuss difficulty of providing for privacy in the sense of physical separation; suggest alternate places where private space can be found; e.g., in a library, in home of relative (aunt, grandmother), through use of a movable screen or simple partition.

Each family determines its own rules of privacy.

Parents respect their children's right to a reasonable degree of privacy.

Children respect their parents' privacy.

Generalization: MANY FORCES INFLUENCE THE INDIVIDUAL'S SOCIAL BEHAVIOR

Content

The individual's social behavior reflects his moral and ethical values and is a product of many forces.

Some of these forces are:

Family School Religious affiliation Socio-cultural group Peer group Mass media

Learning Activities

Discuss the influence of the family, school, religious affiliation, socio-cultural background, peer group, and mass media on pupils' behavior in situations such as:

Helping the parents in the home
Selecting clothing
Making friends
Deciding on and participating in leisure-time
activities
Setting up family rules
Choosing movies, TV programs and reading
materials
Participating in community affairs
Using money
Agreeing with or opposing the peer group

Inherent in responsible social behavior is respect for oneself and consideration for others.

Growing up involves choosing one's own values from all those presented.

Talk about aspects of family life which are influenced by cultural background (attitudes toward grandparents, chaperones, etc.).

in relation to decisions and behavior.

Discuss respect for differing values ways of living with them when they occur in a family; importance of building sound values and adhering to these values regardless of negative pressures.



Generalization: BOYS AND GIRLS NEED A VARIETY OF SOCIAL AND RECREATIONAL ACTIVITIES

Content

Social and recreational activities offer opportunities for:

Using up excess energy

Making friends

Expressing oneself in art, music, writing Developing skills in games, dancing, swim-

ming, and other sports

Developing leisure-time activities such as

hobbies

Having fun

Every community has a variety of social and recreational facilities.

Learning Activities

Plan a balanced program of physical education (games, dance, and sports), utilizing the help of the district health and physical education coordinator.

Organize class parties, emphasizing the need for cooperation. Encourage the use of skills and special talents of individual pupils.

Hold a hobby show to illustrate the variety of interests within the class.

Do research and report on the social and recreational facilities within the immediate community and in the city in general.

Generalization: MEN AND WOMEN HAVE OVERLAPPING SOCIAL AND VOCATIONAL ROLES

Content

One is either a male or a female; this need not limit one's vocational aspirations.

There are similarities and differences in male and female social and vocational interests.

Both men and women look forward to a dual role: vocational achievement and parenthood.

In many homes, mothers and fathers work outside the home and share in the work inside the home. (This varies from family to family.)

Children learn their roles as boys and girls from their family and from outside influences.

Children learn about their adult roles by observing adults' behavior firsthand and in the mass media.

Learning Activities

Discuss similarities and differences in roles of various family members. Compare variations in roles from family to family.

Have pupils relate how they have acquired and developed special interests.

Pupils describe an adult, real or fictional, whom they would like to emulate.

Generalization: HEREDITY IS A FACTOR WHICH INFLUENCES GROWTH AND DEVELOPMENT

Content

Inside the nucleus of the sperm cell and egg cell are structures called chromosomes. These are

Learning Activities

Display photographs and/or charts of giant chromosomes in the salivary glands of the fruit fly.



made up of genes which are the carriers of hereditary traits (eye, hair and skin color, etc.).

When fertilization occurs, the nucleus of the fertilized egg cell contains chromosomes from the mother and the father.

There is a wide range of differences with respect to physical characteristics of animals. This range of differences is true of human beings also.

Each individual has a unique pattern and schedule of growth.

(See S-1 List, Board of Education.)

Use microscope and prepared slide of an onion root tip section to show chromosomes.

Show photographs and/or diagrams of human chromosomes. (Select from an appropriate text.)

Illustrate the variety of physical characteristics by pictures of dogs and other animals.

Compare size of hands to indicate range of physical characteristics in human beings.

Make a survey of the height of pupils in class to show diversity. Illustrate results on a bar graph.

Generalization: ENVIRONMENT IS A FACTOR WHICH AFFECTS PHYSICAL GROWTH AND DEVELOPMENT

Content

Environment modifies hereditary traits. Some environmental factors which play a part in determining the lines along which one grows and develops include:

Housing Sunshine
Nutrition Cleanliness
Exercise Fresh air
Rest and relaxation Medical care

Some environmental factors which have an adverse effect on growth and development include:

Inadequate nutrition

Air pollution Water pollution

Noise

Ślum housing

Chemical pollution

Pest infestation

Alcohol, tobacco, drug, and substance abuse

Inadequate medical facilities

Learning Activities

List the nutrients that are essential for maintaining good health. Include the specific value of each nutrient. Discuss the effect of different diets on health, weight.

Discuss the achievement standards of the national physical fitness tests. Compare results before and after a period of systematic training. Invite a college athlete or coach to lead a discussion on the relationship of rest and relaxation to success in athletics.

Ask a speaker from the Department of Sanitation to discuss garbage disposal, care of property; from the Department of Air Pollution Control to discuss problems of urban air pollution, measures taken by the city to reduce pollution, and the roles that individuals can take in ameliorating the problem. Survey the external state of neighborhood buildings as a motivational approach for a unit on housing.

Help pupils demonstrate the effect of external noise on hearing acuity by the use of a Sweep Frequency Audiometer.

View films dealing with alcohol, tobacco, drugs, and substance abuse.



Hereditary potential is achieved under optimum environmental conditions.

Have pupils relate personal and family experiences concerning the use of community medical resources.

Set up a classroom experiment using white mice to show the influence of an optimum diet on growth and development.

Generalization: NUTRITIONAL NEEDS DURING PRE-ADOLESCENCE REQUIRE SPECIAL ATTENTION

Content

The body needs all the nutrients to maintain health.

The amount of food needed by an individual is determined by age, metabolic rate, kind of activity, general state of health, etc.

There are differences between minimum daily requirements and optimum daily requirements.

Many kinds of food contribute to meeting nutritional requirements (consider cultural preferences).

Some pre-adolescent problems are related to nutrition (weight, skin condition, vitality, etc.)

Learning Activities

Make a chart showing the sources of various nutrients. Use illustrations from magazines and newspapers.

Formulate a guide giving caloric content of various foods with information obtained from governmental agencies.

Have pupils research and report on nutritional and caloric needs of preadolescent boys and girls.

Ask pupils to bring in examples of foods used by various ethnic groups. Let them explain the basic nutritional value of each. Where possible, set up a "tasting" party.

Invite a Department of Health nutritionist to discuss the nutritional needs of the pre-adolescent. Show a film on the topic.

Generalization: MANY CHANGES OCCUR AT THE PREADOLESCENT PERIOD*

Content

The rate of growth of each individual varies during his lifetime. After birth the most rapid periods of growth are during the first year and during pre-adolescence.

Girls begin their pre-adolescent growth spurt and usually reach puberty at an earlier age than boys.

The female reproductive system includes a pair of ovaries, two fallopian tubes (oviducts), uterus,

Learning Activities

Have pupils make personal graphs on growth.

Provide the height and weight information from the health cards. Note periods of greatest increase in growth. View a film depicting changes in growth and development during the pre-adolescent period.

Use charts and transparencies and/or three dimensional models to show reproductive systems.



and the vagina. Eggs are present in a girl's ovaries when she is born, but they do not begin to ripen until she reaches puberty.

The male reproductive system includes: the penis, a pair of testicles (testes) which are enclosed in the scrotum (scrotal sac) and the associated tubes. The testes begin producing sperm at puberty.

There are few outward signs of the physical changes which are taking place in the male and female reproductive organs. Since girls and boys differ in the late of their growth and development, there may be problems in boy-girl relationships.

Show pictures of egg and sperm. Discuss differences in size and structure. Invite the school doctor to discuss the physical changes occurring at puberty.

Generalization: PUBERTY INITIATES PHYSICAL CHANGES LEADING TO MANHOOD AND WOMANHOOD*

Content

The major changes which take place at puberty are caused by hormones from the pituitary gland and the sex glands. The sex glands (¿onads) are the ovaries in females and the testes in males. The ovaries begin to release mature eggs. The menstrual cycle starts.

Menstruation involves the following:

One ripe egg is released from an ovary and moves to a fallopian tube about once every 28 days. In the meantime the wall of the uterus thickens and becomes full of capillaries. The egg is moved along the fallopian tube toward the uterus. If the egg is not fertilized, it breaks up and dissolves. After some time, the extra thickness of the wall of the uterus, some blood and fluid leave the body through the vagina. This is called the menstrual flow.

In the testes, sperm begin to develop. At times, semen which has sperm in it is released while the boy is sleeping. This is called a nocturnal emission or wet dream.

The age when puberty begins varies with individuals. Secondary sex characteristics develop:

Learning Activities

View appropriate films on physical changes occurring during puberty.

Show film on menstruation. Lead the discussion.

Invite the school nurse to discuss further the hygiene of menstruation.

Prepare boys for the experience of nocturnal emission. Assure them that this can happen to any boy.

Provide opportunities for pupils to submit unsigned questions as a basis for further discussion.



^{*}Separate classes for boys and girls, where desirable.

Boys

Body fills out. Shoulders and chest broaden. Beard begins to grow. Hair appears under the arms and in the pubic region. Changes occur in the activity of the oil and sweat glands. Voice deepens.

Girls

Breasts develop. Body rounds out. Hips broaden. Hair appears under the arms and in the pubic region. Changes occur in the activity of the oil and sweat glands.

Parallel to the physical changes in puberty is the continuing development of sexual feelings. At one stage in the sexual maturity of young people, the practice of masturbation may arise. There is no scientific evidence to indicate that masturbation is harmful but attitudes toward it vary.

Since attitudes toward masturbation vary, it is suggested that questions about masturbation be referred to the child's parents and/or to experts in the fields of medical, psychological, and clerical guidance.

Generalization: EMOTIONAL CHANGES ACCOMPANY PHYSICAL CHANGES DURING PRE-ADOLESCENCE*

Content

Body changes and growth spurts are a normal part of growing up.

Feelings of inadequacy are sometimes related to rapid and uneven physical changes.

Accepting one's capabilities and limitations is a factor in achieving and maintaining emotional health.

Learning Activities

Prepare pupils for emotional changes by showing a film dealing with feelings of inadequacy in the early adolescent.

Invite a guidance counselor to lead a discussion on the problems arising from rapid and uneven physical change.

Have pupils read and discuss stories or biographies of young people who overcame problems of adolescence. Assure students that maturing slowly is not a physical disability.

Generalization: ALL LIVING THINGS ARE MADE OF CELLS*

Content

Learning Activities

All living things are made of protoplasm which has a colorless, jelly-like appearance. Protoplasm

Show a diagram of a typical animal cell on a wall chart or on a transparency.



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is organized into tiny packages called cells. Each cell consists of a nucleus and cytoplasm, inside of a thin sac called a cell membrane.

Cells differ in size, shape, and function. Groups of cells are organized into tissues (bone, muscle, skin) which have specialized functions.

Tissues are organized into organs and organs into systems (circulatory, digestive, skeletal, reproductive, etc.)

Sperm and eggs are cells. Sperm cells develop in organs called testes, part of the male reproductive system.

Egg cells develop in organs called ovaries, part of the female reproductive system. Display charts and pictures of various types of human cells including sperm and egg cells.

Use a microscope with prepared slides to show types of human cells and human tissues.

View a model of a human torso showing interrelationships of organs and body systems.

Illustrate human male and female reproductive systems through diagrams and/or transparencies.

Generalization: HUMAN BABIES DEVELOP FROM FERTILIZED EGGS*

Content

The joining of an egg cell and a sperm cell is necessary to start a new individual.

Approximately every 28 days a ripe egg cell leaves an ovary and is moved into an oviduct (fallopian tube).

When the sperm cells enter the female, the sperm cells swim from the vagina along the walls of the uterus into an oviduct (fallopian tube).

The union of a sperm cell and an egg cell is called fertilization.

The fertilized egg cell begins to divide and is moved towards the uterus where, as it grows, it embeds itself in the thick, soft lining.

A fertilized egg cell grows into a new individual.

Learning Activities

View a film on fertilization.

Follow on a chart the route of an egg cell from ovary, into the oviduct, uterus, and vagina.

Indicate the path of sperm cells from testes through the penis.

Show a diagram of a sperm cell entering an egg cell, a fertilized egg attached to the wall of the uterus.



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Generalization: HUMAN BABIES GROW AND DEVELOP DURING THE GESTATION PERIOD*

Content

In the uterus, the embryo develops a spongy disc with many tiny finger-like projections (placenta). The finger-like projections protrude into the wall of the uterus. After eight weeks, the embryo is called a fetus.

Between the placenta and the embryo, a long cord (umbilical cord) is developed. The cord contains large blood vessels.

In the placenta, food and oxygen pass from the blood of the mother into the blood of the fetus.

Wastes from the fetus pass through the umbilical cord to the placenta and then into the blood of the mother.

The fetus grows and is protected by a liquid and the amniotic sac which shield it from jars and jolts.

As the months pass, the mother's uterus keeps stretching to accommodate the growing fetus.

A full-term pregnancy lasts about 280 days or approximately nine months.

When the time comes for the baby to be born, muscles in the uterus begin moving the infant out of the uterus and through the vagina.

At the first signs of labor, mothers in this city usually get medical help.

Most babies are born head first. Once the delivery is completed, the umbilical cord is tied and severed without causing pain to mother or baby.

The remainder of the cord, the placenta, and the extra thickness of the uterine wall are then expelled (afterbirth).

Learning Activities

Show a diagram and/or a transparency of a human embryo with its umbilical cord and placenta attached to the wall of the uterus.

Indicate on a chart the path of wastes from the embryo to the blood of the mother.

Use diagrams, transparencies, and pictures to show a fetus surrounded by liquid and the amniotic sac.

Use a series of models showing the birth of a baby.



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Content and Suggested Learning Activities

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Generalization: ENVIRONMENTAL FORCES INFLUENCE FAMILY LIVING

Content

Physical factors that affect family life:

Housing, neighborhood
Nutrition (availability, quality)
Educational facilities
Working conditions
Medical facilities and health services
Recreation
Transportation
Protective services
Pollution (air, water, chemical, etc.)

Learning Activities

Bring in resource people to discuss the roles of government agencies in protecting community health.

Survey the community for available family recreational resources.

Have committees report on various types of pollution within the community, emphasizing their effect on family life. Discuss possible remedial measures.

Read books such as Silent Spring by Rachel Carson to show the effect of pollutants on health.



Socio-cultural forces that affect family life:

Ethnic background Religion Economic class

Educational levels and opportunities Mass media

Family constellation and interaction are forces which affect family life:

Interpersonal dynamics Home management Child-rearing practices Discuss the relationship between educational opportunity and occupational success.

Analyze samples of mass media advertising to show their effect on family finances.

Discuss effect of poor housing on the family.

Research and report on the similarities and differences of family-life patterns of various ethnic groups.

Make a chart of all household operations which are performed within a week and list the allocation of responsibility for each family member.

Role-play family situations showing the differences between discipline and punishment.

Talk about how the interaction of heredity and environment results in physical and social change for the individual and society.

Generalization: PERSONAL DECISIONS REFLECT ONE'S VALUES AND REQUIRE THAT ONE ACCEPT RESPONSIBILITY FOR THEIR OUTCOMES

Content

Ability to make decisions is based on maturity level and experience. A defensible decision is based on principle rather than expediency and reflects one's personal values.

Making decisions may require resolution of conflicts between:

Family codes and adolescent value systems Peer-group codes and one's personal value

Peer-group codes and school regulations Peer-group codes and family ways of doing things

Family standards of behavior and those of the community

Decisions in a family are arrived at in various ways:

Unilaterally
In an authoritarian manner

Learning Activities

Recall or construct situations in which children of different ages are called upon to make decisions. Discuss whether principle or expediency determines their decisions.

Have each student make a list of his own shortand long-range goals. Ask how he decided upon these goals and how he proposes to achieve them.

Use role-playing, films, literature, panel discussions, to explore problems in these conflict areas and their resolution.

View films and/or filmstrips which deal with decision making by adolescents.

Hold a "talk-out" in which parent and child take sides on a controversial topic, such as appropriate



By mutual consent By family council dress for school, choice of friends, hairstyle, use of spending money, etc. Is a decision reached? If so, how? Develop a class code of behavior.

Develop a two-column chart which lists problems frequently faced by families. Match each item with community resources which are available for assistance. (Refer to current edition of *Directory of Social and Health Agencies*, Columbia University Press.)

Professionals who can assist the family and/or an individual to reach difficult decisions may include:

Physician

Social worker

School counselor Pastoral counselor Marriage counselor Nurse Lawyer Psychologist Invite resource people to explain their role in helping families to resolve problems and arrive at decisions.

Generalization: INTERPERSONAL RELATIONSHIPS DEVELOP THROUGH A VARIETY OF SOCIAL ACTIVITIES

Content

Learning Activities

The ability to get along with others is developed initially within the family through relationships with parents, siblings, and other family members.

Identify social problem situations involving an anonymous family or one familiar on TV or radio. Dramatize unresolved family problems. (Class presents and evaluates alternative solutions to each problem.)

One's self-esteem affects how one acts towards others.

Show that the ability to get along with peers and adults is developed through membership in classes, clubs, teams, bands, and participation in other school or community activities.

Encourage pupils to give examples from their personal experiences as members of clubs, teams, and other groups of how they have learned to get along with peers and adults.

Dating is a special kind of situation which requires responsible social behavior.

Discuss the advantages and disadvantages of double-dating and/or group-dating.

Boy-girl relationships require mutual self-control.

Arrange a coed panel to discuss the responsibility of a boy and girl toward each other on a date.

Boy-girl relationships involve responsibility toward parents.



Generalization: DATING IN ADOLESCENCE MAY PROVIDE A BASIS FOR THE DEVELOPMENT OF MORE LASTING RELATIONSHIPS

Content

Learning Activities

Adolescent friendships help one understand one-self and the other sex.

Discuss qualities which promote friendship.

Dating provides the opportunity for young persons to be together on social occasions.

Identify low-cost activities suitable for dating, such as visits to museums, swimming, hiking, free TV shows, ferry rides, park concerts, and other community activities.

Some teen-agers find security in steady dating. Some factors to consider are:

Discuss the pros and cons of going steady.

Responsibilities toward self, one another, parents, and family
Limited opportunities to meet and maintain relationships with wide group of friends, to identify and compare desirable and undesirable qualities in sex
Cost related to dating
Scholastic achievement

Role-play: "How to terminate a going-steady relationship without seriously hurting the other person's feelings."

Discuss the problems arising from 'heavy petting.'

Generalization: ACCEPTING RESPONSIBILITY IN BOY-GIRL RELATIONSHIPS IS RELATED TO SOCIAL AND EMOTIONAL MATURITY

Content

Learning Activities

Family and community attitudes and one's personal code of values influence sexual behavior.

Irresponsible sexual behavior may:
Invoke conflicting feelings

Physical intimacies

Lead to health hazards
Result in premarital pregnancy

Community resources can assist in the prevention and amelioration of problems arising from irresponsible sexual behavior. View films related to teen age sexual behavior as motivation for a panel discussion involving parents and pupils. Suggest books for individual reading. Provide opportunities for students to submit unsigned questions related to the theme of sexual behavior.

Invite a clergyman, a counselor, or other professional resource persons to participate in a discussion on aspects of irresponsible sexual behavior.

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Generalization: TENSIONS DURING ADOLESCENCE MAY ARISE FROM A VARIETY OF FACTORS

Content

Changes during puberty are often accompanied by increasing self-awareness and anxieties.

Some causes of anxiety are:

Early or delayed onsets of pubertal changes Awareness of heterosexual urges Rapid, delayed, or uneven growth Presence of acne, postural deviations, etc.

Adolescent tensions are often caused by need or desire to accommodate to peer-group standards in situations involving:

Alcohol, tobacco, and drugs Sex Pornographic materials Choice of friends Manner of dress and speech Choice of recreation

Desire for independence may cause strain in family relationships. This desire for independence may be reflected in:

Rebellion against authority
Conflict over use of money
Disagreement over dress and appearance
Conflict between youngster's aspirations
and family expectations
Disagreements regarding boy-girl relationships

Adolescent problems of immediate concern over which he has no control include:

Unemployment of father and/or mother Long-term illness or death in the family Inadequate housing or income Parental discord Pressure resulting from community problems
Mass media
Adult alcohol or drug addiction

Learning Activities

Review physical changes during puberty using a variety of audio-visual aids and appropriate reading material. Focus on range of physical differences and factors such as heredity and environment which influence these differences.

Help students to understand that tensions are a normal part of growing up.

Write an autobiographical sketch on adolescent problems. Discuss the background of legislative proposals related to use of alcohol, tobacco and drugs.

Use buzz sessions and student panels to arrive at possible solutions to problems.

Role-play situations which are characteristic of the "generation gap." Discuss responsibilities of adults and adolescents to reduce points of conflict between them which cannot be entirely removed.

Make students aware of such resources as guidance counselors who are happy to listen to and advise students on individual problems.

Survey and report on major community issues affecting adolescent values.



Generalization: THE ENDOCRINE SYSTEM INFLUENCES APPEARANCE, BODY FUNCTIONS, AND MENTAL AND EMOTIONAL BEHAVIOR

giands.

Content

The endocrine glands are ductless glands which secrete chemical substances (hormones) directly into the blood. The hormones regulate body activities.

The endocrine glands include:

Pituitary Pancreas
Adrenal Thymus
Thyroid and parathyroid Gonads

Have a committee report on the effects of oversecretion and under-secretion of hormones.

Learning Activities

Show location of endocrine glands, using a chart,

transparency, and/or a three-dimensional model.

Display animal endocrine glands obtained, when

View a film on the function of the endocrine

possible, from local butcher.

The pituitary is the master gland upon whose activity the function of most of the other endocrine glands depends. The adrenal glands are important in situations which call for sudden bursts of energy.

The thyroid gland secretes thyroxin which regulates metabolic activity. The pancreas contains a group of cells (islet of Langerhans) secreting insulin which influences the utilization of sugar.

The thymus has a function which is not clearly understood. However, the lessening of its function seems to lead to changes involved in puberty. The gonads (ovary and testes), in addition to producing sperm and eggs, produce hormones which regulate secondary sex characteristics.

The testes produce the hormone, testosterone. The ovaries produce the hormone, estrogen.

Generalization: PUBERTY INITIATES PHYSICAL CHANGES LEADING TO MANHOOD AND WOMANHOOD!*

Content

The major changes which take place at puberty are caused by hormones from the pituitary gland and the sex glands. The sex glands (gonads) are the ovaries in the females and the testes in males.

Learning Activities

View appropriate films on physical changes occurring during puberty. Provide opportunities for pupils to submit unsigned questions as a basis for further classroom discussion.



[†]This generalization may have been taught in grades 5.6. Presentation at this level may be more comprehensive because of difference in maturity level.

^{*}Separate classes for boys and girls, where desirable.

The ovaries begin to release mature eggs. The menstrual cycle starts.

Menstruation involves the following: One ripe egg is released from an ovary and moves to a fallopian tube about once every 28 days. In the meantime, the wall of the uterus thickens and becomes full of capillaries. The egg is moved along the fallopian tube toward the uterus. If the egg is not fertilized, it breaks up and dissolves. After some time the extra thickness of the wall of the uterus, some blood, and some fluid leave the body through the vagina. This is called the menstrual flow.

In the testes, sperm begin to develop. At times, semen which has sperm in it is released while the boy is sleeping. This is called a nocturnal emission or wet dream.

The age when puberty begins varies with individuals.

The secondary sex characteristics develop at puberty:

Boys

Body fills out and muscles develop.
Shoulders and chest broaden.
Beard begins to grow.
Hair appears under the arms and in the pubic region and usually on chest.
Changes occur in the activity of the oil and sweat glands.
Voice deepens; Adam's apple develops.

Girls

Breasts develop.
Body rounds out.
Hips broaden.
Hair appears under the arms and in the pubic regior.
Changes occur in the activity of the oil and sweat glands.

Parallel to the physical changes in puberty is the continuing development of sexual feelings. As one stage in the sexual maturity of young people, the practice of masturbation may arise. There is no scientific evidence to indicate that masturbation is harmful, but attitudes toward it vary.

Show film on menstruation. Lead discussion.

Invite the school nurse to lead a further discussion on the hygiene of menstruation.

Assure the boys that any boy may experience a nocturnal emission. Give suggestions for personal hygiene in relation to this experience.

Arrange "buzz" sessions or other informal groupings to enable students to develop questions, answers to which should be provided by appropriate resource persons.

Since attitudes toward masturbation vary, it is suggested that questions about masturbation be referred to the child's parents and to experts in the fields of medical, psychological, and clerical guidance.



Generalization: ALL LIVING THINGS ARE MADE OF CELLS†*

Content

All living things are made of protoplasm which has a colorless, jelly-like appearance. Protoplasm is organized into tiny packages called cells.

Each cell consists of a nucleus and cytoplasm, inside of a thin sac called a cell membrane. Cells differ in size, shape, and function.

Groups of cells are organized into tissues, bones, muscle, and skin which do special jobs.

Tissues are organized into organs and organs into systems (circulatory, digestive, skeletal, reproductive, etc.).

Sperm and eggs are cells. Sperm cells, part of the male reproductive system, develop in organs called testes. Egg cells develop in organs called ovaries, part of the female reproductive system.

Learning Activities

Show a diagram of a typical animal cell on a wall chart or on a transparency.

Display charts and pictures of various types of human cells including sperm and egg cells.

Use a microscope with prepared slides to show types of human cells and human tissues.

View a model of a human torso showing interrelationships of organs and body systems.

Illustrate human male and female reproductive systems through diagrams and/or transparencies.

Generalization: HUMAN BABIES DEVELOP FROM FERTILIZED EGGS (OVA)1*

Content

The joining of an egg cell and a sperm cell is necessary to start a new individual.

Approximately every 28 days a ripe egg cell leaves an ovary and is moved into an oviduct (fallopian tube). The sperm cells enter the female when the male reproductive organ (penis) is placed into the opening of the female reproductive system (vagina). Sperm cells swim from the vagina along the wall of the uterus into an oviduct (fallopian tube).

The union of a sperm cell and an egg cell is called fertilization. The fertilized egg cell begins to divide and is moved toward the uterus where as it grows it embeds itself in the thick, soft lining.

Learning Activities

View a film on fertilization.

Follow on a chart the route of an egg cell from ovary into the oviduct, uterus, and vagina.

Indicate on a chart the path of sperm cells from testes through the penis.

Show a diagram of a sperm cell entering an egg cell: a fertilized egg attached to the wall of the uterus.

A fertilized egg cell grows into a new individual.

†This generalization may have been taught in grades 5-6. Presentation at this level may be more comprehensive because of differences in maturity level.



^{*}Separate classes for boys and girls, where desirable,

Generalization: HUMAN BABIES GROW AND DEVELOP DURING THE GESTATION PERIOD!*

Content

In the uterus, the embryo develops a spongy disc with many tiny finger-like projections (placenta). The finger-like projections protrude into the wall of the uterus. After eight weeks the embryo is called a fetus.

Between the placenta and the embryo, a long cord (umbilical cord) is developed. The cord contains large blood vessels.

In the placenta, food and oxygen pass from the blood of the mother into the blood of the fetus.

Wastes from the fetus pass through the umbilical cord to the placenta and then into the blood of the mother.

The fetus grows and is protected by a liquid and an amniotic sac which shield it from jars and jolts.

As the months pass, the mother's uterus keeps stretching to accommodate the growing fetus.

A full-term pregnancy lasts about 280 days or approximately nine months.

When the time comes for the baby to be born, muscles of the uterus contract and begin to move the infant through the vagina.

At the first signs of labor, mothers in this city usually get medical help. Most babies are born head first. Once the delivery is completed, the umbilical cord is tied and severed without causing pain to mother or baby.

The remainder of the cord, the placenta, and the extra thickness of the uterine wall are then expelled (afterbirth).

Learning Activities

Show a diagram and/or a transparency of a human embryo with its umbilical cord and placenta attached to the wall of the uterus.

Indicate on a chart the path of wastes from the embryo to the blood of the mother.

Use diagrams, transparencies, and pictures to show a fetus surrounded by liquid and the am niotic sac.

Use a series of models showing the birth of a baby.

Use a question box to allow students to submit unsigned questions. These questions may be answered by the teacher or another resource person.

Identify hospitals in area; discuss prenatal clinics.



[†]This generalization may have been taught in grades 5.6. Presentation at this level may be more comprehensive because of differences in maturity of students.

^{*}Separate classes for boys and girls, where desirable,

Generalization: AN INDIVIDUAL'S PHYSICAL TRAITS ARE THE PRODUCT OF HIS HEREDITY

Content

Protoplasm is the basic living chemical. Protoplasm is organized into units called cells, tissues, organs, and organ systems.

There are many different types of cells.

Chromosomes are found in the nucleus of each cell. Chromosomes are found in identical pairs.

Each type of living thing has its own number and kind of chromosomes (human beings have 46 in each cell).

Chromosomes contain genes. Genes are strung along the length of a chromosome.

Genes are made up of a chemical called DNA. Two genes control each of our traits. These genes are in identical places on twin chromosomes.

Some genes are said to be dominant for a given trait. Some genes are said to be recessive for a given trait. In an individual who has a dominant gene and a recessive gene for the same trait, only the dominant factor will appear. Such a person is hybrid for that trait. An individual with two dominant or two recessive genes for a trait is pure for that trait.

Cells reproduce in either of two ways:

Mitosis (all cells including sperm and egg) Meiosis (sperm and egg cells only)

The inheritance of sex depends upon the "X" and "Y" chromosome contributed by the sperm and egg. A sperm may contribute either an "X" or "Y" chromosome. An egg can contribute only an "X" chromosome.

An individual with an "XY" combination will be a male; an "XX" combination will be a female.

Learning Activities

View living protozoa (paramecium, ameba, etc.) under a microscope. Make drawings of observations and label parts.

Use three-dimensional models to show organs and organ systems.

Show examples of human cells and tissues using microscope slides, charts, and/or transparencies.

Display photographs and/or diagrams of animal and human chromosomes.

Illustrate, through drawings, how genes are strung lengthwise along the chromosomes.

Show a filmstrip and/or slides which illustrate determination of sex.

Use diagrams to show stages of mitosis and

View microscope slides of stages of mitosis in the onion root tip.

Show pictures of the 46 chromosomes of the egg cell showing "XX" sperm cell showing "XY"

Call attention to the fact that it is the father's sperm which determines the sex of the baby.



Content and Suggested Learning Activities

GRADE PLACEMENT

The allocation of the generalizations to a grade block rather than to a specific grade enables the teacher to select for instructional purposes those generalizations that are appropriate for the children in his class and relevant to their needs and interests. This is particularly true for teachers of prekindergarten and kindergarten children. Teachers will find that some of the material not presented to the entire group may 25 of use in answering individual questions. The maturity levels of pupils and the sociocultural backgrounds of the families that form the school community are factors to be considered in the selection of content and suggested learning activities.

Continuity of instruction is also an important consideration in selecting generalizations. It is suggested, therefore, that teachers become familiar with the generalizations in the grade block preceding their own. This overview will aid them in planning a more sequential development of the generalizations in the program.

TIME ALLOTMENT

Family Living is not a discrete curriculum area but is taught in relation to such subject areas as language arts, science, social studies, home economics, and health education. Classroom living and daily situations involving interpersonal relationships apart from any particular subject area frequently offer the teachable moment to develop a given generalization most naturally and effectively.

I or these reasons the teacher is the best judge of how much time to give to the implementation of any generalization in this publication.

Note: Refer to the Introduction and Appendix for the psychosexual characteristics of children in the age group under consideration and for audio-visual and printed references.

Generalization: INDIVIDUALS SEEK QUALITIES IN OTHERS WHICH SATISFY THEIR OWN NEEDS

Content

Learning Activities

One's self-image is influenced by general factors such as:

Socio-economic class Ethnic and racial group Educational opportunity Occupational opportunity Religious beliefs Ask students to give examples of ethnic or racial pride.

Read and discuss books, such as The Status Seekers by Vance Packard.

Increased interaction among socio-economic, religious, ethnic, and racial groups is causing change

Consider the issues which might arise in a mixed marriage.

^{*}For those students who may leave school at the end of grade ten, it is suggested that the generalizations relating to marriage, for grades 10-12, be telescoped and developed in grade 10.



in established patterns of family life.

One's self-image is influenced, also, by specific factors such as:

Family image of itself
Family image of student
Peer image of student
Body image of student
Talents and achievements -- physical, intellectual, and social

How one feels about oneself will be reflected in how one feels and behaves toward others.

People select friends on the basis of qualities which they admire in them.

Compare and contrast the image a family might have of an adolescent with the image his peer group has of him.

Have students prepare lists of characteristics in the following series:

Qualities I like most about myself Accomplishments of which I am proudest Qualities that I admire most in others Qualities that I would like to have

Discuss qualities one would look for in the person one would hope to marry.

Generalization: CONCERN FOR HUMAN WELFARE IS THE RESPONSIBILITY OF THE INDIVIDUAL, THE FAMILY, AND THE COMMUNITY

Content

Some of the factors related to the improvement of the human condition are:

Housing
Education
Health (physical, mental, environmental)
Food production and distribution
Job opportunities and employment
Aesthetic expression (fine arts, dance, music, drama, etc.)

Social welfare programs

Population control and family planning

Values: Agreement or compromise on what is important.

Learning Activities

Analyze the role of the individual, the family, and the government in improving conditions in which people live.

Have students read and report on books which deal with social problems, e.g., To Kill a Mockingbird by Harper Lee, The Street by Ann Petry, The Outsider by Susan Henton, The Grapes of Wrath by John Steinbeck.

Make a survey of neighborhood housing needs, and prepare a report to be sent to community and governmental agencies. Identify and discuss current legislation dealing with education in urban areas; vocational training for the handicapped; social security and welfare; housing; environmental pollutants. Ask students to research and report on activities of the World Health Organization and UNICEF.

Invite speakers from such community agencies as the Human Resources Administration, Community Service Society, and Planned Parenthood of New York City to discuss social welfare programs.

Discuss the role of religion in determining values.



Generalization: FAMILY STRUCTURES VARY AMONG CULTURES

Content

Some characteristics of American family culture are:

Courtship period

Monogamous marriage

Nuclear family system replacing the extended family system

Marriage based on personal affection and choice

Belief in personal happiness as a criterion of a happy marriage

Idealization of youth and its qualities

Conflict between sexual standards and practice

Increasing acceptance of the equality of

High incidence of divorce

Learning Activities

Discuss the variety of family structures and cultural traditions related to family life which can be found in an urban area.

Note the consequences of the nuclear family system replacing the extended family system (e.g., taking care of the older generation, dual role of wife and husband, etc.).

Set up a panel consisting of such resource people as a clergyman, a physician, a social worker. Discuss the subject, "Conflict Between Sexual Standards and Practice."

Sexual behavior is influenced by social conventions which differ among cultures. Some differences between American family culture and other cultures:

Courtship patterns

Forms of marriage (monogamy, polygamy) Forms of control (matriarchal, patriarchal) Attitudes towards women and children Child-rearing practices

Attitudes and behavior toward older generation View a film depicting the courtship patterns of different cultures. Compare these with the American family culture.

Have students research, report on, and discuss governmental programs in other countries related to the social welfare of the elderly. Compare these with programs in the United States.

Generalization: COURTSHIP AND ENGAGEMENT ARE PREPARATION FOR MARRIAGE

Content

Some of the purposes of the courtship and engagement period are:

To test the relationship in everyday situa-

To set up a financial plan

Learning Activities

Discuss everyday situations which might test a relationship during courtship.

Prepare a spending plan for a young couple on a stated income (include fixed, optional, and emergency expenses). Show how the budget would vary in the following situations:

Changing from two incomes to one income Increase in size of family

Increase in responsibilities (illness, education, etc.)



To explore and understand each other's values and attitudes on vital issues To plan a home and future roles

Have students list issues which an engaged couple might explore for better mutual understanding (savings, insurance, vacation, presents, support of parents, church contributions, size of family)

Discuss activities which engaged couples might participate in or interests they might explore as a basis for mutual self-fulfillment (theatre, movies, dance, sports, family activities, etc.).

To establish relationships with future inlaws

To plan a wedding

To establish relationships between fiance/ fiancee and one's other friends.

Role-play situations, such as:

Meeting prospective in-laws for the first

Inviting prospective in-laws to meet one's

Introducing fiance or fiancee to one's "own crowd."

Some problems that may arise during the engagement period are:

> Conflicts in values (cultural and religious) Personal differences Parents' opposition Length of engagement period Use of money Pre-marital sexual pressures

Suggest connicts that might arise as a result of cultural, religious, or personal differences.

Discuss length of courtship period as related to possible success in marriage. Call attention to possible differences between boys' and girls' responsibility for sexual control during courtship.

Some responsibilities of marriage:

Legal (include separation, divorce, property rights, etc.)

Ethical

Social **Emotional** Financial Sexual

Invite resource people, such as a lawyer, a social worker, a clergyman, and a banker to discuss the legal, ethical, social and financial responsibilities of marriage.

Generalization: MANY FACTORS CONTRIBUTE TO THE STRENGTH OF A MARRIAGE

Content

Some factors which determine one's readiness for marriage are:

> Self-understanding and a sense of life's purpose

Health status

Emotional maturity

Economic potential (this applies to both men and women)

Learning Activities

Discuss meaning and importance of selfunderstanding.

Ask students to list some characteristics of an emotionally mature person.

Invite students to describe their concept of a successful marriage.

Analyze and discuss situations dealing with marriage and family issues as they are reported and depicted in the mass media.



Some factors related to selecting a partner include:

Basic values -- character, emotional maturity, attitude toward the home and family Physical attraction
Intellectual and educational levels
Socio-economic class
Ethnic and racial background
Religion
Personal congeniality
Earning power

Plan a TV program dealing with selecting a mate.

Help students set criteria for a computer program to be used in selecting a date or mate.

Some factors involved in building a satisfying marriage include:

Mutual respect
Effective communication
Compatible philosophies of life
Mutual experiences
Mutual goals (establishing a home, raising a family, planning for financial security, opportunities for continuing self-fulfillment)
Understanding of human sexuality as a form of communication and an expression of love

Illustrate the need for communication in a family.

Role-play situations in which emotions are dealt with in different ways: expression, repression, avoidance. Compare immature vs. mature reactions. Consider the factors which may enter into a determination of whether or not the wife will work. Obtain literature, visual aids, and speakers from the Women's Program of the New York State Department of Commerce.

Discuss the responsibilities of partners in marriage with respect to serious deterioration of the health of one. Invite a speaker from the Child Welfare League to discuss the problems of adoption.

Generalization: A VARIETY OF SOCIAL FACTORS RELATED TO SEX AFFECT THE FAMILY

Content

Some social problems related to sex are:*

Unhappy marriages Divorce

Venereal disease

Prostitution

Learning Activities

Review causes of unhappy marriages. Have pupils read resource materials from local, state, and national health agencies on the problem of venereal disease. View slides and films. Invite resource consultants from the Bureau of Preventable Disease, Dept. of Health, or local medical societies to lead a discussion on V.D.

Analyze the relationship of prostitution to:

Health
Economics
Law enforcement
Code of values
Social problems

Use appropriate resources, such as the American Social Health Association.



^{*}Important: Develop from factual point of view.

Out-of-wedlock pregnancies

Consider how the students' immediate and future goals are affected by an out-of-wedlock pregnancy. Discuss the male role in an out-of-wedlock pregnancy in terms of: the unborn child, mother, and families.

Invite the school physician to discuss health hazards to mother and child in teen-age pregnancies. Emphasize the need for early prenatal care.

Have students write to their legislators requesting information regarding existing and proposed laws on abortion.

Invite a physician from a local mental health clinic to discuss homosexuality.

Analyze the commercialization of sex in the mass media (TV, movies, books, magazines, theatre, etc.), the increase in pornography, and their possible effects on societal values. Discuss efforts to handle this problem.

Abortion

Homosexuality

Pornography

Mass media influence sexual behavior.

Generalization: MAINTENANCE OF THE FAMILY AND HOME INVOLVES MANAGEMENT OF MANY RESOURCES

Content

Skill in managing the family income involves the following:

Family spending plan Consumer credit Wise buying practices Planning for economic security Handling more than one income

Learning Activities

Analyze different methods of controlling family expenditures, such as:

Keeping records in a budget book Dividing income into envelopes for special purposes

Dividing income among different family members for meeting special responsibilities

Develop spending plans which show how basic needs change in the various stages of the familylife cycle.

Have students indicate in what ways they spent money in the past month which might be considered wise or foolish.

Use copies of consumer magazines available through the school library to enable students to report on their practical value.

Discuss misleading or false advertising. Analyze requirements for credit eligibility using credit application forms obtained from department stores and leading institutions.



Compute the true costs of purchases financed through credit buying.

Discuss the financial pressures which arise at different stages of the family life cycle.

Invite a speaker from the Social Security office to present information on government insurance programs.

Time, energy, and skills may substitute for money.

Show how interest in maintaining living quarters and family possessions, and the ability to repair them enable a family to keep a home attractive in spite of limited income.

The demands of modern society have resulted in changes in the roles of men and women.

Using literature dealing with family life in the early 1900's, have pupils analyze male and female roles. Compare these with present-day roles. Forecast family roles of the future.

The dual role of a woman (family and career) requires a clarification of values, cooperation of all family members, and efficient home management.

Generalization: THE ENDOCRINE GLANDS REGULATE BODY ACTIVITIES*

Content

The endocrine glands are ductless glands which secrete chemical substances (hormones) directly into the blood.

The hormones regulate body activities. The endocrine glands include: pituitary, adrenal, thyroid and parathyroid, pancreas, thymus, gonads. The pituitary gland is the master gland upon whose activity the function of most of the other endocrine glands depends.

The adrenal glands are important in situations which call for sudden bursts of energy.

The thyroid gland secretes thyroxin which regulates metabolic activity.

Groups of cells in the pancreas (islet of Langerhans) secrete insulin which influences the utilization of sugar.

The function of the thymus is not clearly understood.

Learning Activities

Show location of endocrine glands using a chart, transparency, and/or a three-dimensional model. View a film on the function of endocrine glands.

Have a committee report on the effects of overand under-secretions of hormones.

Discuss the importance of:

Follicle-stimulating hormone Luteinizing hormone

Luteotraphin

Exytocin

Estrogen

Progesterone

Placenta as an endocrine gland

Relaxin from ovaries, uterus, and placenta Testosterone



^{*}This generalization may have been taught in grades 7-9. Presentation at this level is more comprehensive because of difference in maturity level.

Generalization: REPRODUCTION IS A BASIC FUNCTION OF LIVING THINGS

Content

Some plants and animals reproduce asexually.

Some plants and animals reproduce sexually.

Each type of reproduction has its own advantages.

Learning Activities

Demonstrate the following:

Fission in ameba and paramecium Budding in yeast and hydra Sporulation in bread mold

Use a microscope and live materials.

Show the following, using live materials:

Regeneration in planaria

Vegetative propagation in plants

Discuss the comparative values to the species of asexual and sexual reproduction.

Have pupils report on the survival value of producing a variety of offspring in terms of successful adaptation to the environment.

Generalization: REPRODUCTION HAS A SPECIAL SIGNIFICANCE FOR THE SPECIES, SOCIETY, THE FAMILY, AND THE INDIVIDUAL

Content

Reproduction is necessary to perpetuate the species.

Society needs healthy, contributing members. In the attainment of this objective, society must resolve problems related to food production and living space.

The family is the basic unit in our society. (Consider the variety of family structures.)

Having and bringing up children is one of life's great responsibilities.

Self-realization is aided through parenthood and participation in family life.

Learning Activities

Have committees research and report on species of animals which have become extinct.

Use resource materials from the United Nations to help pupils find information on countries which have high rates of population increase. Help pupils to relate their findings to:

Food production Health Standard of living Longevity

Discuss the relationship between family income and size of family in terms of parents' ability to help each child realize his potential.

Select a fixed income and use it to prepare budgets for families of different sizes. After providing for minimum essentials, show differences in available funds for optional items, such as recreation, additional clothing, automobile, and luxuries.

Encourage pupils to discuss how they themselves can assume some responsibility for achieving their potential.



Generalization: PRENATAL CARE IS ESSENTIAL FOR OPTIMUM HEALTH OF MOTHER AND BABY

Content

The health considerations which apply to the prenatal period are the same as those which are important during one's entire life, but they are heightened for the mother and the unborn child during pregnancy.

Self-medication should be avoided during pregnancy.

Good prenatal care involves early and continuous medical supervision.

Optimum nutrition, before as well as during, the child-bearing period of life, is of the utmost importance.

Factors which may have adverse effects on the health of both the mother and unborn offspring include use of alcohol, drugs, narcotics, and tobacco.

There are various community organizations which offer advice and consultation in the preparation of father and mother for the role of parenthood.

Learning Activities

Invite a physician from the Department of Health or local county medical society to discuss the health needs of the mother and the unborn child.

Discuss the importance of medical care for the very beginning of pregnancy.

Plan sample family menus, and indicate adaptations for increased needs during pregnancy and lactation.

Have students research and report on hunger in the United States and its effect on the total population. Use studies from the Department of Health, Education, and Welfare.

Read and discuss current literature on the effects of alcohol, drugs, narcotics, and tobacco on the unborn offspring and mother.

Identify community agencies which provide prenatal care and education for parenthood.

Generalization: PHYSICAL AND PSYCHOLOGICAL FACTORS INFLUENCE GROWTH AND DEVELOPMENT OF CHILDREN

Content

Future parents have a need to understand the factors which influence the growth and development of children.

Children grow at different rates and in their own ways.

Learning Activities

Review literature on patterns of child growth and development, which may be obtained from such sources as the Department of Health, Education, and Welfare.

Discuss variability in maturation levels. View films depicting various growth levels of children.

Analyze a graph depicting the differences in height of various class members. (Separate by sex and age.)



Children need love and care appropriate to their stage of development.

Sexuality has developmental stages.

Developmental tasks differ according to growth levels.

Stimulating experiences are needed in the area of language arts, music, and movement activity.

Reward and punishment are factors in achieving discipline.

Invite a resource person from the Bureau of Child Guidance or the New York Academy of Medicine to discuss the psychosexual developmental stages of growth.

Arrange for students to visit the early childhood center of a local college and/or day nursery. Have them report on personal observations of children in various activities.

Encourage students to research, report on, and discuss current scientific studies dealing with the relationship of environmental stimuli with intellectual growth.

Have students contribute articles, pamphlets, and pictures which they may use as reference material on child development.



Sample Literature Unit

The unit, "Changing Roles of the Adolescent As Seen Through Literature", suggests how concepts and objectives in the program in family living including sex education may be developed. Basic concepts may be adapted to fit into several subject areas, such as social studies, health education, or home economics. The basic format of this unit in literature may be used as one way of organizing content and learning activities in all subject areas.

CHANGING ROLES OF THE ADOLESCENT AS SEEN THROUGH LITERATURE

CONTENT AND DEVELOPMENT

Objectives (Literature)

Approach

Objectives (Family Living)

Sample Lesson Plan

Grades: 7, 8, 9

Time: 2-3 weeks

Objectives (Literature)

- 1. To perceive that literature offers an opportunity:
 - a. To try out a variety of roles (adult and adolescent)
 - b. To observe the numerous ways of coping with problems and of finding possible solutions through the experiences of others
- 2. To appreciate how literature reflects life situations and contributes to our understanding of life
- 3. To learn to enjoy reading poetry and prose
- 4. To appreciate how the author, poet, or playwright uses literary techniques to express meanings or to crystallize feelings.

Objectives (Family Living)

- 1. To become aware of changes in feelings, attitudes, and behavior during adolescence
- 2. To acquire an appreciation of some of the contributing factors which cause and/or influence these changes in feelings, attitudes, and behavior, such as physical maturity and peer-group influences
- 3. To develop a cognitive and affective base for coping with personal, family, and social problems
- 4. To appreciate some of the underlying dynamics which cause behavior and modify interpersonal relations.



- 5. To clarify thinking and feeling regarding the usual tasks of adolescent development
 - a. Achieving one's own identity as an individual
 - b. Understanding and getting along with the other sex
 - c. Understanding of one's own abilities, interests, and talents through discovering oneself
 - d. Exploring opportunities in vocational fields related to one's abilities, interests, and talents
 - e. Growing toward emotional maturity and independence
 - f. Beginning to formulate values to guide one in life
 - g. Appreciating one's responsibilities within the family.

Approach (Unit as a Whole)

Introduce the unit by initiating an open discussion related to these questions:

• How many of you have younger brothers or sisters? In what ways are you now different from the way you were at their age?

Elicit: Size, shape, intelligence, judgment, interests, responsibility.

Have pupils follow up their discussion by making a checklist of the things their younger brothers and sisters can or cannot do. The example: Age of child

- He can cannot cross the street alone.
- He can cannot go alone on an errand to the grocery store.
- He can cannot count his own money.
- He can cannot play for two hours without being supervised.

In this way pupils may reach the following conclusions:

- · Younger brothers or sisters vary in the amount of responsibility which they can be given.
- Two children of the same age group may vary in what they can or can't do.
- As some children grow older, they show a pattern of being able to assume a more responsible role in the family.

Adolescents may begin to understand the role of their parents and why parents may often seem reluctant to leave major decisions up to their children even though children may perceive themselves as ready for more responsible roles.

• In what ways, if any, does your life become more complex as you grow older?

Elicit: Growing responsibility for self and others. Choices and decisions to be made.

• What are some of the decisions and goals you will be facing as you grow up?

Elicit: Establishing peer-groups relations

Becoming more independent of parents
Securing further education or training

Choosing a job Choosing a mate

• Must there be a "generation gap"? Can the "generation gap" ever be overcome?

Elicit: Differences in point of view of parents and children regarding: curfews, allowances, dress.



SAMPLE LESSON PLAN: POETRY

TITLE: "Taught Me Purple" by Evelyn Tooley Hunt

Grades: 7, 8, 9

Time: One period (flexible)

TAUGHT ME PURPLE

by Evelyn Tooley Hunt

My mother taught me purple Although she never wore it. Above the broken molding, Beyond the filthy street.

Wash-gray was her circle, The tenement her orbit.

My mother reached for beauty And for its lack she died,

My mother taught me golden And held me up to see it.

Who knew so much of duty
She could not teach me pride.

Background Information

Evelyn Tooley Hunt uses the symbolism of color to convey the meaning for her poem. Briefly, a mother attempts to instill in her child a desire for the "better" things of life. The last two lines of the poem really contain the poet's message: "Who knew so much of duty She could not teach me pride."

The teacher may approach this poem in several ways, depending upon the maturity level of her class. From a literary point of view, she may develop the technique of symbolism or of the metaphor. She may indicate how the poet's style, that is, the use of simple language, sets a tone of simplicity (only two difficult words in the entire selection). From a guidance point of view, she may indicate the difference in the values of the poet and her mother, and the universality of this type of difference in adolesence.

Aims

- 1. To have children understand the meaning of the poem, the differences in the values of the parent and the child
- 2. To encourage youngsters to explore the reason(s) for the conflict and to understand the thinking of the mother as well as that of the child
- 3. To help pupils to understand the literary device(s) by which the poet conveys meaning.

Approach

Suggestion: As a preliminary assignment, the teacher asks pupils to select one picture from a magazine which illustrates what kind of life their parents want for them either now or in the future. Each pupil pastes his picture on a sheet of paper, and writes two or three sentences under the picture explaining why it was selected. The teacher should collect these papers, put the statements into summary 1. m, and then read them to the class. A brief discussion may follow.



Immediate Approach

Questions

Ask: Would you be pleased or displeased if someone told you that you were too "yellow" to speak up in an argument? Explain why.

What does it mean if someone says, "I looked at his beautiful, new car and turned 'green'?"

What is meant if you say that you have a friend who is "true blue"?

What does the color purple represent?

Expected Answers

The color, yellow, is often used to represent cowardice.

Write on the chalkboard:

Yellow = Cowardice

Yellow = Happiness, gaiety

Green = Envy or jealousy

Green = Go, all clear

Blue = Loyalty

Blue = Depression

Purple = Royalty

Purple = Rage or sadness

Introduction

The teacher introduces the lesson by reading the poem, "Taught Me Purple". The teacher says, "Usually, we think of being taught subjects, such as mathematics or science. How can someone teach you purple?" (Pupils do not answer. This is a 'think' question.) "As we read, let's consider these questions: What did the mother attempt to teach her child? How did the child accept what she was taught?" The last two questions are written on the chalkboard. The teacher also writes the two difficult words: orbit and molding.

Development

Read the poem aloud.

- 1. What do the first two lines of the poem tell us about the type of life this mother probably lived?
- How dues the poet further reinforce the idea that the mother's life was not easy?
- 3. What picture does the color, wash-gray, bring to your mind?
- 4. Why does the poet use the words, circle and orbit? What pictures do these words evoke?
- 5. What is the difference between being taught purple and being taught golden?
- 6. How could the mother have held her child up "to see golden"?

Content/Expected Answers

Hard, poor life · because the poem says she never wore purple; purple stands for royalty or ease.

Lines, "wash-gray was her circle, the tenement her orbit".

Dullness of drab life.

The idea of being "trapped" in a confined area.

Golden implies riches, glittering surface excitement; purple implies more subdued wealth.

Trips to better neighborhoods, visits to department stores, trips to botanical gardens to see natural golden beauties.



7. How does the poet let us know what she feels about her own environment?

Words used, such as filthy streets, broken molding, wash-gray.

8. What do you feel was the reason for the mother's death?

Implication that mother died of a broken heart because she did not attain the life which she desired.

9. When the poet says, "who knew so much of duty", about whom is she speaking?

Elicit that the word who refers to the mother.

10. What did the mother think was her duty to the child?

To teach her to want the "better" things the mother had desired.

11. What does the child feel the mother failed to teacher her?

Pride.

12. What is the general feeling of this poem?

Many acceptable answers (1) resentment, (2) sadness, (3) disappointment.

13. Suppose you were the mother, how would you have taught this child pride despite the poor environment in which she lives?

Have pupils imagine themselves in parent's place. If no answers are forthcoming, go to next question.

14. What are the things of which people may be proud even though they live in a poor environment?

Pride in oneself.
Pride in family.
Pride in achievement.

To summarize the meaning of the poem, let's look again at our original question. What did the mother attempt to teach her child, and how did the child accept what she was taught?

Assignment

Ask your parents if they can remember one thing which their parents wanted for them. Ask your parents whether they, too, wanted the same thing for themselves. Write about this in one paragraph for the next English period.

SUGGESTIONS FOR OTHER LESSONS

Selections

Development

1. SHORT STORY: "Split Cherry Tree" by Jesse Stuart. A young boy faces a conflict between the world of his father and that of his schoolteacher. The father finally closes the gap between the two worlds.

FAMILY LIVING: Adolescents are caught between the values of the world they have always known, namely, the home, and those of the outside world.

2. SHORT STORY: "Ah Love, Ah Me" by Max Steele. A young boy makes himself appear foolish by trying to impress a girl whom he greatly admires.

LITERATURE: An author develops a character by dialogue or by contrast with other characters.

FAMILY LIVING: Adolescents need to clarify their thinking and feeling regarding the usual tasks of development, such as understanding and getting along with the opposite sex.



LITERATURE: Literature provides the reader with an opportunity to project himself into the role or situation of a fictitious character; this can be done within the format of the short story which deals usually with a single incident in the life of the leading character.

3. PLAY: "A Matter of Pride" by Frank Gilroy. A young boy about to attend his graduation from high school finds that his father is financially unable to buy him a suit. The grandfather offers his own suit to his grandson. The boy is torn between breaking his grandfather's heart and risking peer-group ridicule by wearing the suit.

FAMILY LIVING: Adolescents may often find the necessity to sacrifice peer-group approval in order to maintain harmonious relations within the family.

LITERATURE: The playwright draws character for us by skillfully using dialogue to reveal what the major characters think.

ACTIVITIES

WRITTEN

Pupil autobiographies
Tren-talk news-sheets
Advice to Lovelorn columns
Compositions (teen problems)

Expressional poetry (all forms)
Character sketches (family portraits)
Written role-playing
Diaries

ORAL

Role-playing Debate

Buzz session
Panel discussion

Dialogue Reporting

DRAMATIC

Pantomime

Role-playing

Acting

Poetry reading

ARTISTIC

Bulletin boards

Illustrations

Cartoons

Topical pictures from magazines

CULMINATING ACTIVITY

Each member of the class is to write about a personal problem and its successful solution. Members of the class may contribute additional methods of handling the problem. These problems may be discussed anonymously.

The problems can be categorized (e.g., sibling, parental, social) and compiled in booklet form with a variety of solutions appended. The booklet may also include readings and films related to the content areas discussed. The completed book can then be presented to the library.



Sample Science and Health Education Unit

Pre-adolescents are very much interested in and concerned about their physical growth and development. The rapid spurt in growth and the many changes often result in anxieties concerning physical development. Young people at this age need information and guidance to help them accept their changing, maturing selves, and an opportunity to discuss freely their concerns about pubertal development.

This unit has been designed to satisfy these needs. A variety of visual aids and printed materials will help to provide factual information. Through the guidance of the teacher the anxieties of the students can be lessened and the development of wholesome attitudes effected. The unit should be developed for each class in terms of its particular needs and interests. Separate classes may be conducted for boys and girls where desirable.

thit: PHYSICAL ASPECTS OF PUBERTY AND ADOLESCENCE

CONTENT	AND DEVELOPMENT	Grades: 5, 6	
Objectives Approach	Evaluation Sample Lesson Plan	Oraces. 0, 0	0, 0
	Instructional Materials	Time:	3-4 weeks

Objectives

- 1. To develop an acceptance of one's emerging human sexuality
- To acquire knowledge of the physical aspects of pubertal growth and development
- 3. To understand that the changes which occur during adolescence prepare boys and girls for their roles as men and women
- 4. To become aware of the uniqueness of individual growth patterns
- 5. To realize that all human beings go through the same stages in their life cycle
- 6. To understand the interrelationships of physical, social, and emotional growth patterns.

Approach

• Show the pictures of typical adolescents and of seven or eight-year-old children. Elicit from pupils the observable likenesses and differences between the two groups, and note the fact that the



differences in appearance are related to differences in age. Ask the pupils what they think causes the changes as one grows from childhood into adolescence. Why are these changes so important?

- Ask: What is a typical fifth (sixth) grader like?

 Give the pupils the opportunity to talk about their ideas. List the characteristics that are discussed.
- Ask: How are fifth (sixth) graders different from those in the third grade? What changes have taken place? What causes these changes? What will these fifth (sixth) graders be like when they are in the seventh (eighth) grade?
- Show pictures of baby boys, baby girls, men, and women. Ask: How do these babies become men and women? What does growing up mean?

 Encourage the pupils to discuss the various ways in which a person matures.

Ask: How does your body change as you grow up?

Development

- 1. The rate of growth for each individual varies during his lifetime.
- 2. The most rapid periods of growth after birth are during the first year and during preadolescence.
- 3. Many changes occur during the preadolescent period.
- 4. The age at which puberty begins varies with individuals.
- 5. The major changes which take place at puberty are caused by the hormones from the pituitary glands and the sex glands (testes and ovaries).
- 6. Girls usually seach puberty at an earlier age than boys.
- 7. The female reproductive system includes a pair of ovaries, two fallopian tubes, a uterus, and a vagina.
- 8. Although eggs are present in a girl's ovaries when she is born, the eggs do not begin to ripen until she reaches puberty. At that time, the menstrual cycle begins.
- 9. Many physical changes take place during the menstrual cycle.
- 10. There are many physical changes at puberty, including the development of the secondary sexual characteristics.
- 11. In boys, the testes begin to produce sperm at puberty. Nocturnal emissions may begin at this time.

Activities

Using pictures of pre-adolements, show variations in body build. Discuss reasons for differences.

Have a buzz session: What is a typical teenager like?

Make lists of changes which take place in boys and in girls at puberty.

Ask the pupils to bring in pictures of themselves at an earlier age. Discuss the physical changes that have taken place.



- After teacher sets up a question box, have pupils submit questions they would like to have answered by the teacher.
- Find out how the glands affect pubertal development. Use charts or transparencies to show location of the glands.
- Use charts or transparencies to review the menstrual cycle.
- Make a graph of the heights of boys and girls. Discuss reasons for differences among the boys, among the girls, between the boys and the girls.
- Discuss the reasons that some boys and girls reach puberty later than others in their age group.
- Talk about the ways in which pubertal changes can affect social life.
- Write a description of a typical teenager.
- What health rules should teenagers follow?
- Make a list of recreational activities for teenagers.
- Use filmstrips, charts, and/or transparencies of the male reproductive system to show the changes that occur at puberty.
- Compare male and female pubertal development.
- Discuss: Why is the period of adolescence often called the years of change?
- Bring in advertisements of products recommended for teenagers. D uss the use and merit of these products.
- Discuss why teenagers especially need good diets and sufficient rest.
- Visit the Hell of Man, American Museum of Natural History, to see materials on the reproductive systems and growth patterns in males and females.

Evaluation

- Have each member of the class write a brief composition comparing himself to the average teenager.
- Have pupils prepar: a checklist of physical changes occurring during puberty.
- Give a knowledge test of the biological terms related to puberty.



SAMPLE LESSON PLAN

Topic: The Female Reproductive System - Menstruation*

Objectives

To learn that the menstrual cycle begins at puberty

To understand that menstruction is one sign that a girl is becoming a woman and that she may be able to have children

To be aware of the fact that each girl develops into womanhood at her own rate

To learn about the physical changes that take place during the menstrual cycle

To realize that menstruction is a normal and natural function.

Materials

- 1. Charts or series of pictures of females in various stages of the life cycle.
- 2. Chart or transparency of the female reproductive system.
- 3. Film or filmstrip on menstruation.

Motivation

Use a chart or series of pictures showing stages in a female's life cycle.

Teacher: During a lifetime all of us go through various stages. The first stage after birth is this (show picture of baby or refer to chart).

Ask: "What will the next stage be?" Elicit from children what the next two stages will be. "This is the stage at which you are now (preadolescence). How is a person at this stage different from a toddler? This is the stage you will soon be at (adolescence). What are some of the signs that you are reaching this stage?"

Development

Show film or filmstrip on menstruation. "Let's look at the film (filmstrip) which will help you understand some of the changes occurring at this time in a girl's life.

What is puberty? At what age does puberty begin?

How does a girl know when she has reached puberty?

What parts of the body are involved in the process of menstruation?

Use a chart or transparency of the female reproductive system. Ask the pupils to point out the ovaries, the fallopian tubes, the uterus, and the vagina. Ask:

What is in the ovaries? When do these eggs begin to ripen?

How many eggs usually ripen at one time? (Introduce the word ovulation.)

How often do the eggs ripen? What happens after an egg leaves the ovary?



^{*}Separate classes for boys and girls, where desirable. The same content, however, should be taught to both groups.

Have students trace the path of the egg after it breaks out of its follicle in the ovary.

What happens in the uterus when the egg leaves the ovary?

Why is there a thickening of the lining of the uterus?

What happens if the egg is fertilized?

Use a filmstrip, transparency, or chart to show the thickened uterine lining, the path of the egg to the uterus, and the embedding of the egg in the lining.

What happens if the egg is not fertilized?

Use a filmstrip, transparency, or chart to indicate the path of the egg, its disintegration, and the menstrual flow.

How long does the menstrual flow last? (Point out that the menstrual period refers to the length of the menstrual flow.)

Give the pupils an opporturity to ask questions and to discuss them.

Summary

- 1. What is meant by menstruation?
- 2. Why is the beginning of menstruation a sign that a girl can become a mother?
- 3. How should a girl take care of herself when she is menstruating? (This question might lead to a separate lesson on this topic.)

Conclusion

This is the time in your life when you are growing up, when there are many changes in your body. However, it is important for you to understand how and why you are changing. Although you've 'earned some of the ways that you change from girlhood to womanhood, there may still be questions you want answered. Write them down, and we will answer them in our next lesson. If you think of any other questions later on, hand them in, too. Don't put your name on the paper.

Note: The same information should be planned for boys' classes.

Note: A follow-up unit might be: How do the physical changes which occur at puberty and during adolescence affect an individual's emotional and social development?

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AUDIO-VISUAL RESOURCES*

FILMS

Being Boys · Being Girls

Boy to Man

Girl to Woman

Glands and Hormones

Molly Grows Up (Eng. and Span.)

Physical Aspects of Puberty

FILMSTRIPS

Human Growth and Development Series:

Where Are Sperm Made?

Where Are Eggs Made?

Changing from Girl to Woman How Do Sperm and Egg Join?

Changing from Boy to Man

Growing into Manhood: A Middle School Approach

Growing into Womanhood: A Middle School Approach

Especially for Boys

TRANSPARENCIES

Body Systems Series:

Reproductive Systems of Male and Female

Endocrine System: Male and Female

Wonder of New Life Series:

Female Reproductive System

Male Reproductive System

Pathway of the Egg Sperm Formation

MULTI-MEDIA KIT

1.1m Mc (Cartridges, charts, transparencies) (See PreK-3 listing)



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Grade Level

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- K-3 Adelberg, Doris. Lizzie's Twins. New York: Dial Press, 1964.
- 6-9 Alexander, Arthur. Hidden You: Psychology In Your Life. Englewood Cliffs, N.J.: Prentice-Hall, 1962.
- 24 Allen, Gertrude. Everyday Animals. Boston: Houghton Mifflin, 1961.
- 6-9 American Girl Magazine. Book of Teen-Age Questions. New York: Random House, 1963.
- 5-8 Ames, Gerald and Wyler. Rose. Food and Life. Mankato, Minn.: Creative Educational Society, 1966.
- 6-9 Anderson, Sydney. Lives of Animals. Mankato, Minn.: Creative Educational Society, 1966.
- K-2 Anglund, Joan. Friend Is Someone Who Likes You. New York: Harcourt, Brace & World, 1958.
- 1-3 -- ... Love Is a Special Way of Feeling. New York: Harcourt, Brace & World, 1960.
- K-2 -- · Spring Is a New Beginning. New York: Harcourt, Brace & World, 1963.
- 1-5 Bailard, Lois. True Book of Reptiles. Chicago: Childrens Press, 1957.
- 5-9 Bernheim, Marc and Evelyne. From Bush to City. New York: Harcourt, Brace & World, 1966.
- 7.9 Berry Mary. Young Teens Plan Dates and Proms. New York: McGraw-Hill, 1962.
- 3-6 Blough, Glenn. Who Lives at the Seashore? New York: McGraw-Hill, 1962.
- 5-8 Bontemps, Aina. Famous Negro Athletes. New York: Dodd, Mead, 1964.
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- 5-8 Broekel, Ray. You and the Sciences of Plants, Animals and the Earth. Chicago: Childrens Press, 1956.
- 4-8 Buck, Margaret. Pets from the Pond. Nashville. Tenn.:
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- 4-8 -- Small Pets from Woods and Fields. Nushville, Tenn.: Abingdon Press, 1960.
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- K-3 Bulla, Clyde. Valentine Cat. New York: Crowell, 1959.
- 4-6 Burton, Maurice. Bird Families. New York: Warne, 1962.
- 3-5 Campbell, Elizabeth Fins and Tails. Boston: Little, Brown, 1963.
- 3-6 Chandoha, Walter. All Kinds of Cass. New York: Knopf. 1952.
- 2-4 Conklin, Gladys. If I Were a Bird. New York: Holiday House, 1965.
- 5.9 Cooke, David. Better Physical Fitness for Boys. New York: Dodd, Mead, 1961.
- 6-9 Cosgrove, Margaret. Wonders Inside You. New York: Dodd. Mead, 1961.
- 6-9 Craig, Margaret. Now That I'm Sixteen. New York: Crowell, 1959.
- 7-9 Crayder, Theresa. Sudden Fame. New York: Macmillan. 1966.



^{*}From "Library Book List for Elementary and Junior High Schools".

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- K-1 Davis, Daphne. Baby Animal Book. New York: Golden Press, 1964.
- K-1 De Regniers, Beatrice. Little Girl and Her Mother. New York: Vanguard Press, 1963.
- 2-5 Deutsch, Babette. I Often Wish. New York: Funk & Wagnalls, 1966.
- 7-9 Du Jardin, Rosamond. Wedding in the Family. Philadelphia: Lippincott, 1958.
- 4.7 Earle, Olive. Birds and Their Nests. New York: Morrow, 1952.
- 6-9 Eckstein, Gustav. Everyday Miracle. New York: Harper & Row, 1960.
- 4-8 Fenton, Carroll. Animals and Plants. New York: John Day, 1962.
- 3-5 --- Goldie Is a Fish. Chicago: Follett, 1961.
- K-2 Fisher, Margery. But Not Our Daddy. New York: Dial Press, 1962.
- Pre- Flack, Marjorie. Tim Tadpole and the Great Bullfrog. Gar-K-2 den City, N.Y.: Doubleday, 1959.
- 3-6 Fox, Paula. Likely Place. New York: Macmillan, 1967.
- 3.5 - -. Maurice's Room. New York: Macmillan, 1966.
- 1-3 Gans. Roma. Birds Eat and Eat and Eat. New York: Crowell, 1963.
- 3-6 -- -. It's Nesting Time. New York: Crowell, 1964.
- 3-6 Georgiou, Constantine. Wair and See. Irvington-on-Hudson, N.Y.: Harvey House, 1962.
- 7-9 Goodhart, Robert. Teen-Ager's Guide to Diet and Health. Englewood Cliffs, N.J.: Prentice-Hall, 1964.
- K-2 Grayson, Mation. Let's Do Fingerplays. Washington, D.C.: Luce, 1962.
- 2-4 Greene, Carla. Trip to the Zoo. New York: Lantern Press, 1962.
- 3-5 Harris, Louise and Norman. Little Red Newt. Eau Claire, Wisc.: Hale, 1958.
- 5-9 Harrity, Richard and Martin, Ralph. Three Lives of Heten Ketter. Garden City, N.Y.: Doubleday, 1962.
- 5-9 Hecht, Bessie. All About Snakes. New York: Random House, 1956.
- 4-6 Hess, Lilo. Sea Horses. New York: Scribner's, 1966.

- 5-8 Hickok, Lorena. Story of Franklin D. Roosevelt. New York: Grosset & Dunlap, 1956.
- 1-4 Hinshaw, Alice. True Book of Your Body and You. Chicago: Childrens Press, 1959.
- K-3 Hoban, Russell. Buby Sister for Frances. New York: Harper & Row, 1964.
- K-2 Hoffman, Elaine, and Hefflefinger, Jane. About Family Helpers. Chicago: Melmont, 1967.
- 5.8 Hofmann, Melita. Trip to the Pond. Garden City, N.Y.: Doubleday, 1966.
- 4-7 Hogner, Dorothy. Frogs and Politiwogs. New York: Crowell, 1956.
- 2-4 Hornblow, Leonora and Arthur. Animals Do. New York: Random House, 1964.
- 2.5 Ivins, Ann. Turtles: Beginning Knowledge Book. New York: Macmillan, 1965.
- 6.9 Jacobs, Helen. Better Physical Fitness for Girls. New York: Dodd, Mead, 1964.
- 7.9 Jones, Candy. Time to Grow Up. New York: Harper & Row, 1962.
- 1-3 Jordan, Helene. How a Seed Grows. New York: Crowell, 1960.
- 6-9 Joy, Charles Race Between Food and People. New York: Coward-McCann, 1961.
- Pre- Krasilovsky, Phyllis. Very Little Boy. Garden City, K-1 N.Y.: Doubleday, 1953.
- 5-6 Lauber, Patricia. Your Body and How It Works. New York: Random House, 1962.
- K-2 Lenski, Lois. Little Family. Garden City, N.Y.: Doubleday, 1932.
- 3-6 Lerner, Marguerite. Red Man, White Man, African Chief: The Story of Skin Color. Minneapolis: Lerner, 1961.
- 3-5 McClung, Robert. Spotted Salamander. New York: Morrow, 1964.
- Pre- McNulty, Faith. When a Boy Goes to Bed at Night. New K-3 York: Knopf, 1963.
- 2-6 Milne, A.A. Now We Are Six. New York: Dutton, 1961.
- 5-8 Mirsky, Reba. Beethoven, Chicago: Follett, 1957.
- 3.5 Montgomery, Elizabeth. Alexander Graham Bell: Man of Sound. Champaign, Ill.: Garrard, 1963.
- 4-6 Myrus, Don. Man's Work, New York: Macmillan, 1965.



Great Level

- 3-6 Nash, Ogden. Boy Is a Boy. New York: Watts, 1960.
- Girls Are Silly. New York: Watts, 1962.
- 5-8 Neurath, Matie. Too Small to See. New York: Lothrop, Lee & Shepard, 1956.
- 2-1 Chasis, Ho. Zoo That Grew. New York: Walck, 1960.
- 2- Palizzo, Tony. Did You Say Dogs? Champaign, Ill.: Garrard, 1964.
- K.I. rodendorf, Illa. True Book of Animal Babies. Chicago: Childrens Press, 1955.
- 2-4 -- True Book of Animal Homes. Chicago: Childrens Press, 1960.
- 1-4 Posell, Elsa. True Book of Dogs. Chicago: Childrens Press, 1961.
- 5.8 Ravielli, Anthony. Wonders of the Human Body. New York: Viking Press, 1954.
- o-9 Rittenhouse, Mignon. Seven Women Explorers. Philadelphia: Lippincott, 1964.
- 4.9 Rollins, Charlemre. Famous American Negro Poets. New York: Dodd, Mead, 1965.
- 2.4 Rush, Hanniford, Backyard Birds: Beginning Knowledge Book, New York: Macmillan, 1964.
- 4-5 Saunders, Blanche. Dog Care for Boys and Girls. New York: Scott, 1949.
- 5.9 Schneider, Herman and Nina. How Your Body Works. New York: Scott, 1949.
- 36 Schoenknecht, Charles. Ants. Chicago: Follett, 1961.
- 47 Schwartz, Elizabeth, and Charles. Bobwhite, from Egg to Chick to Egg. Eau Claire, Wisc.: Hale, 1959.
- Selsam, Millicent. Animais as Parents. New York: Morrow, 1965.
- 4-6 -- How Animals Live. New York: Morrow, 1963.
- k-2 = = =. You and the World Around You. Garden City, N.Y.: Doubleday, 1963.
- 2-4 Shackelford, Nina and Burks, Gordon. Bird Nests. New York: Golden Press, 1962.

- K-2 Slobodkin, Louis. Friendty Animals. New York: Vanguard Press, 1944.
- K-1 ---. One Is Good but Two Are Better. New York: Vanguard Press, 1956.
- 6-9 Smaridge, Norah. Looking at You. Nashville, Tenn.: Abingdon Press, 1962.
- 4-6 Sootin, Laura. Let's Go to a Zoo. New York: Putnam's, 1959.
- Pre- Tresselt, Alvin. Under the Trees and Through the Grass. K-4 New York: Lothiop, Lee & Shepard, 1962.
- K-6 Turner, Eloise, and Fenton, Carroll. Inside You and Me. New York: John Day, 1961.
- 4-6 Uhl, Melvin. About Creatures That Live. Chicago: Melmont, 1966.
- 1-4 Watson, Jane. Wonders of Nature: A Child's First Book About Our Wonderful World. New York: Simon & Schuster. 1962.
- 6-9 Weart, Edith. Story of Your Glands. New York: Coward-McCann, 1963.
- 3-5 Wise, William. Franklin Delano Roosevelt. New York: Putnam's, 1967.
- Pre- Wyse, Lois. Grandfathers Are to Love. New York: Parerte' K-2 Magazine Press, 1967.
- Pre- --- Grandmothers Are to Love. New York: Parents' K-2 Magazine Press, 1967.
- 3-5 Zim, Herbert. Fish. New York: Golden Press, 1959.
- 5.7 -- . Frogs and Toads. New York: Morrow, 1950.
- 5-8 --- Goldfish . New York: Morrow, 1947.
- 5-9 - -. Monkeys. New York: Morrow, 1953.
- 3-6 --- What's Inside of Me? New York: Morrow, 1952.
- K-2 Zolotow, Charlotte. Big Brother. New York: Harper & Row, 1960.
- Pre- -- Big Sister and Little Sister. New York: Harper & K-2 Row, 1966.

Audio-Visual Resources PreK-2

DIRECTIONS FOR ORDERING

- 1. The items listed are available for ordering under the regular procedures of the Bureau of Supplies. Item numbers, where available, distributors and cost are given to facilitate requisitioning.
 - Where an item number is not available, the item may be purchased as a "non-list" item. The letters "N.L" indicate non-listed.
- 2. Asterisk* preceding item number indicates film is available on loan from the Bureau of Audio-Visual Instruction. Use BAVI central loan collection ordering procedures.
- 3. Filmstrips, slides, tapes, transparencies, recordings preceded by a dagger (†) have been sent to the Coordinator of Family Living in the district office, for ordering by local schools through that office.
- 4. A directory of distributors: page 110.

SLIDES AND TRANSPARENCIES

IMPORTANT: It is the responsibility of the teacher to select from the set of slides and/or transparencies those which are suitable for the maturity of the children using the material. Those not suitable at this time may be set aside for use at a future date.

FILMS: 1 FOR PUPILS

ITEM NO.	TITLE	DISTRIB.	GRADE	TIME	COST
N. L.	ALL KINDS OF BABIES (C) Two urban families, one black and one including getting married, having babie human babies grow from eggs, each p Babies grow into children, then become their place in the community and repeat	es, and caring for the arent reproducing its se teenagers, then bec	family. Both a own kind of h	animal and ving thing.	\$125.00
*27.867	ANIMALS GROWING UP Traces growth and development of bab weeks of life. Shows how mother anima			11 min. se first few	\$ 60.00
*41.5	BABY ANIMALS Introduces and explains the parental feeding and developing in their natural sections.		PreK-4 ows a number	11 min. of animals	\$ 60.00



ITEM NO.	TITLE	DISTRIB.	GRADE	TIME	COST
N. L.	EGG AND SPERM (C) In three successive sequences, students see t female egg, new life begins; first for a sea gull,				\$120.00
*208.11	FARM BABIES AND THEIR MOTHERS (C) Farm animals and their young are shown. The and sound of each animal heard.	FAC eir names are g	PreK-4 iven, feeding ha	9 min. bits shown	\$110.00
*208.91	FARMYARD BABIES (B/W) A variety of babies of the farmyard is shown i	COR in their farm ho	PreK-4 omes.	11 min.	\$ 60.00
208.92	FARMYARD BABIES (C)	COR	PreK-4	11 min.	\$120.00
211.2	FERTILIZATION AND BIRTH (C) Presents basic information on fertilization and action and animation. Family relationships and				\$125.00
*222.041	FISH FAMILY, A (C) Complete reproductive cycle of blue acara fisl zation, care during incubation, nursery consteries and guarding the young. Close family relationships are supported to the control of	truction, transp	orting hatchling		\$100.00
*233.1	FOREST BABIES (C) Shows growth and development of various variations in rate of development, how mother			11 min. he forest,	\$115.00
N. L.	HAPPY LITTLE HAMSTERS (C) A story of two hamsters and their litter of eighter-cycle of the hamster with narration that is		film follows the		\$15 0.00
*300.905	HUMAN AND ANIMAL BEGINNINGS (C) The film presents basic information about h family, live action and animation.	NEW uman reproduc	K-4 ction and conce	13 min. pts of the	\$150.00
N. L.	IT TAKES A LOT OF GROWING (C) Shows the place of the child in the struct between mothers and fathers, their roles as par		K-2 mily unit; the c	10 min. lifferences	\$125.00
N. L.	LIFE FROM LIFE (C) Living things come from other living things mating, egg-laying, fertilization and hatching of			10 min. show s t he	\$120.00
*369.02	MAKE WAY FOR DUCKLINGS (C) An iconographic film using the pictures and t Mr. and Mrs. Mallard raise a family of duc policeman help them get through Boston to	cklings and the	ir friend, Mich	10 min. ture story. ael, and a	\$120.00
*410.95	MOTHER HEN'S FAMILY (C) In story form, the development of a chicken egg metic in the use of a calendar and number of e veloping egg.	COR g is shown. The ggs. Good picto	1-2 re is correlation ures of the interi	11 min. with arith- or of a de-	\$129.00
*412.54	MR. AND MRS. ROBIN'S FAMILY (C) The story of a robin family from early spring	COR to late fall.	PreK-2	11 min.	\$120.00
*410.99	MOTHER RABBIT'S FAMILY (C) A rabbit family at home in the woods. A litt the woods until he is rescued by his mother ar	EBEC le rabbit is sho nd returns happ	PreK-2 own on a journe ily to his family	9 min. y through	\$135.00
*517.1 517.11	ROBIN REDBREAST (C) Follows Father and Mother Robin as they beggs, care for the young robins from the time the nest and care for themselves.	EBFC build a nest, she of hatching u	PreK-4 are the incubati intil they are ab	11 min. on of the le to leave	\$ 70.00 \$120.00



ITEM NO.	TITLE	DISTRIB.	GRADE	TIME	со	ST
*539.02	SEVEN LITTLE DUCKS (C) Carol, six years old, helps to care for a feeding, watering, housing and fencing- photography shows the complete hatchin	in for protection are	demonstrated;		\$110.0)0
*N. L.	TAD THE FROG Tad's life from hatching to tadpole, to the breathes and what he eats, how he gro		PreK-4 e observed. We I	11 min. earn how	\$ 60.0)0
N. L.	YOUR FIRST SIX YEARS (C) Students are asked to consider their or emotions are related to growth and learn			10 min. ssion and	\$120.0)0
*710 710.1	ZOO BABIES ZOO BABIES (C) Zoo animals and their offspring. Present baby monkeys, gnus, lions, peacocks, all the babies to their parents.				\$ 60.0 \$120.0	
FILMSTRIPS	: FOR PUPILS					
N. L.	ABOUT YOUR LIFE AND YOU (C) Deals with human sexuality, stressing the family and in society. Self respect as relationships are emphasized within broad	nd understanding of n	nale and female	roles and	\$ 20.0	10
38210.1	ANIMAL BABIES (C) How animal babies are cared for. Exampl fox, beaver, bear, elephant, kitten, puppy			, rabbit,	\$ 4.7	15
38340.11	ANIMALS AND THEIR YOUNG (C) Robin, duck, butterfly, frog, fish, kitten air.	McG-H, colt, calf and their	PreK-4 need for food, v	water and	\$ 4.0)0
37215	FAMILIAR ANIMALS AND THEIR FAI	MILIES (C) SVE	PreK-4		(Set) \$ 27.0)0
37215.1	(1) MR. AND MRS. BEAVER AND THE Family life of the beaver: their island I the instruction of the young in all the th	nome, the constructio		odge and	(Each) \$ 5.0)0
37215.11	(2) MR. AND MRS. MALLARD AND TI Life of the mallard: nesting habits. foo- migration.		rotective colora	tion, and		
37215.12	(3) MR. AND MRS. ROBIN AND THEIR Life and development of the robin fam location, building of nest, and growth and	ily: migration of the	parent birds,	choice of		
37215.13	(4) MRS. BEAR AND HER FAMILY Family life of the bear; eating habits, minimum.	ethod of communica	tion, and prepar	ation for		
37215.14	(5) MRS. COTTONTAIL AND HER SPR Life and habits of cottontail rabbits in th					
37215.15	(6) MRS. SQUIRREL AND HER FAMIL The squirrel: selection of home, food patenting food for the winter.		play of the yo	ung, and		
38755.19	FAMILIES IN THE ZOO (C) Family habits of a variety of animals.	PS	K-4		\$ 6.0)0



ITEM NO.	TITLE	DISTRIB.	GRADE		cost
28675	FAMILY OUTINGS (C)	BOW	1-4	(Set) \$	23.50
28675.1	(1) DAY AT THE SEASHORE A family spends a day at the beach pl of sea life.	aying in the water and	collecting various forms	(Each) \$	5.00
28675.11	(2) FAMILY GOES SHOPPING A family goes shopping in a large depa	urtment store and also i	in a neighborhood store.		
28675.12	(3) FAMILY PICNIC A picnic is enjoyed by everyone. Food	and games are part of the	ne day's activity.		
28675.13	(4) FAMILY VISITS THE ZOO A family visits the zoo. The children fee	ed some of the animals.			
28675.14	(5) FUN AT THE PARK A family visits a park. The children enjo	by the rides.			
36483.12	FINDING OUT HOW ANIMAL BABIES Similarity of appearance from birth to appearance is shown in life cycle of f and compared.	maturity of such as c		\$	4.50
37352	FROM EGG TO CHICK (C) Construction of an incubator; steps in Development of the frog and snake fror		PreK-2 chick before hatching.	\$	6.90
29350	HOME COMMUNITY SERIES (C)	EBEC	1.2	(Set) \$	30.00
29350.1	(1) BROTHERS AND SISTERS Steve likes his brothers and sisters, but that he would be very sad without them		τong. However, he finds	(Each) \$	6.00
29350.11	(2) FAMILY FUN Family finds fun in doing things togethe	er.			
29350.12	(3) GROWING UP Steve finds that growing up is a slow assuming new responsibilities.	w process but rewardin	g, even when it entails		
29350.13	(4) HELPING MOTHER AND THE FA On Mother's birthday everyone helps w		naking a present for her.		
29350.14	(5) KEEPING BUSY Steve finds that keeping busy, either ale	one or with others, is th	e best way to have fun.		
N. L.	HUMAN GROWTH & DEVELOPMENT (30 filmstrips and recordings) (Program This is a complete program designed living and is constructed to be integschool curriculum. Emphasis is placed development of positive self-concepts arused to narrate each filmstrip.	(Frograms 1-20 for K-2 to explore the psycho- rated with all subject a on sex role identity, int	sexual aspects of family areas in the elementary erpersonal relationships,	\$-	400.00
	(1) WHAT ARE LITTLE GIRLS MADE A little girl's relationship to mother, identification.		K-3 nds in terms of sex-rote		
	(2) WHAT ARE LITTLE BOYS MADE A little boy's relationship to mother, identification.		K-3 and in terms of sex-role		



ITEM NO. DISTRIB.

GRADE

(3) WHAT IS A FAMILY?

K-3 Different size families and the home and vocational roles of each member of the

(4) WHO TAKES CARE OF MC?

K-3

Parents, both human and animal, providing care, love, and direction of their children.

(5) IN OUR HOME

family.

Activities and responsibilities of various members of a family: sharing and keeping a room neat and clean, mother's and father's role; grandmother as a babysitter, aspects of privacy.

(6) WHEN I GROW UP (Female)

Little girl comparing her own 1 /sical and social development with older sister, younger sister and mother. Aspiration to be like older sister and mother.

(7) WHEN I GROW UP (Male)

Little boy comparing his own physical and social development with those of his older brother and father.

(8) BABY CHICK

K-3

Two friends read how "chicks" are born. Simple explanation of animal fertilization

(9) DIFFERENT KINDS OF EGGS

Exploration of the various kinds of animal eggs and how they are fertilized.

(10) BABY PLANTS

Reproduction process in plants. Simple explanation of fertilization, role of insects in pollination, and the changes that take place after fertilization.

(11) HOW MANY CHILDREN?

The variety in the number and kinds of eggs produced by animals. Human mothers usually have one · a comparison of identical and fraternal twins.

(12) TAKING CARE OF THE YOUNG

The variety of activities that animals and humans perform in taking care of their young.

(13) TAKING CARE OF PETS

Various kinds of pets, the care they need and the acceptance of responsibility for their well-being.

(14) WE'RE GOING TO HAVE A BABY

A young child observes her pregnant mother. Explanation of how the baby developed, and the personal care and attention it needs.

(15) BEFORE BABY COMES HOME

K-3

The job roles and activities in the home, of a father, young child and grandmother, in preparing for the arrival of a new baby.

(16) BABY IS HOME

The roles of mother, father, and child in caring for a new baby: feeding, bathing, giving love and attention.

(17) HOW BABY GROWS

Developmental stages of a baby: crawling, walking, talking, playing. Comparison made with a three-year-old child.

(18) MY FRIENDS

Three friends explaining the kinds of activities they enjoy doing together. Emphasis on peer group interaction.



		GRADE	COST
		K-3 er and examines her own	
		K-3 m and examines his own	
NOTE: Programs 21-30 for grades 4-6, see	section Grades 3-6, p	. 86.	
LIFE BEGINS (4 film, "rips. 12 charts) (Other titles in set are on other grade levels	EYE s. These are not sold	PreK-2 I individually.)	\$ 40.00
This is intended to be used in the K-1 grathird grades and should precede filmstrip B Along with special projects (such as a trip aquarium, and egg incubator), it can rei differences between animals, identify mam	ades. It may also be, THE ZOO TRIP to the zoo, bulleti nforce certain basimal class, and begin	SHOW AND TELL." n board on animals, fish c understandings of the n to relate, by way of a	
LITTLE DUCKS (C) Little ducks investigate all kinds of food of their own dinner.	DOW on the farm and fina	PreK-2 ally return to Mother and	\$ 5.00
		1-4 y people are needed to	(Set) \$ 30.90 (Each) \$ 4.00
(1) BAKER (2) DAIRYMAN (3) SHOEMAKER	51950.15 51950.16 51950.17	(6) BUTCHER (7) BANKER (8) WATCHMAKER	AND JEWELER
(4) TAILOR (5) OUR NEIGHBORHOOD LAUNDRY	51950.18	(9) FRUIT AND VEC	SETABLE STORE
STORY ABOUT PING (C) A duck finds out that it is better to stay has.	WW with his family no	PreK-2 matter what problems he	\$ 6.50
THEY NEED ME (C) (1) My Mother and Father Need Me (2) My Baby Sister Needs Me (3) My Friends Need Me (4) My Dog Needs Me This set makes children aware of emot	CH tional and social in	1-2 nterdependency.	(Set) \$ 26.00
SS: FOR PUPILS			
BE SURE MOMMY KNOWS WHERE YOU Round-the-Mulberry-Bush. Story with vocal	ARE BER introduction.	PreK-2	\$.25
DADDY COMES HOME Song and music games to play with Daddy.	BER	PreK-2	\$ 1.10
LAUNDRY STORY (Side 1) BAKERY STORY (Side 2)	BER	PreK-2	\$ 2.70
	A girl observes the jobs of significant fem interests and talents in terms of vocational (20) SOME DAY I'LL BE (Boy) A boy observes the jobs of significant mainterests and talents in terms of vocational NOTE: Programs 21-30 for grades 4-6, see LIFE BEGINS (4 film, "rips. 12 charts) (Other titles in set are on other grade levels (1) MISS BROWN'S CLASS GOES TO THIT This is intended to be used in the K-1 grathing grades and should precede filmstrip B Along with special projects (such as a trip aquarium, and egg incubator), it can rei differences between animals, identify mam study of mammals, to human reproduction level. LITTLE DUCKS (C) Little ducks investigate all kinds of food of their own dinner. OUR NEIGHBORHOOD WORKERS (C) Work done by neighborhood workers. Alswork on any product before it reaches our (1) BAKER (2) DAIRYMAN (3) SHOEMAKER (4) TAILOR (5) OUR NEIGHBORHOOD LAUNDRY STORY ABOUT PING (C) A duck finds out that it is better to stay has. THEY NEED ME (C) (1) My Mother and Father Need Me (2) My Baby Sister Needs Me (3) My Friends Need Me (4) My Dog Needs Me This set makes children aware of emother set makes to play with Dadiy. LAUNDRY STORY (Side 1) BAKERY STORY (Side 2) A parent visits a laundry, then a bylery, and the set of the site of the set of the s	A girl observes the jobs of significant female adults around be interests and talents in terms of vocational aspirations. (20) SOME DAY I'LL BE (Boy) A boy observes the jobs of significant male adults around hir interests and talents in terms of vocational aspirations. NOTE: Programs 21-30 for grades 4-6, see section Grades 3-6, p. LIFE BEGINS (4 film, "ips. 12 charts) EYE (Other titles in set are on other grade levels. These are not sole (1) MISS BROWN'S CLASS GOES TO THE ZOO EYE. This is intended to be used in the K-1 grades. It may also be third grades and should precede filmstrip B, THE ZOO TRIP." Along with special projects (such as a trip to the zoo, bulleti aquarium, and egg incubator), it can reinforce certain basi differences between animals, identify mammal class, and begin study of mammals, to human reproduction. A basic vocabulatevel. LITTLE DUCKS (C) Little ducks investigate all kinds of food on the farm and fin their own dinner. OUR NEIGHBORHOOD WORKERS (C) EYE Work done by neighborhood workers. Also shows how many work on any preduct before it reaches our home. (1) BAKER (2) DAIRYMAN 51950.15 (3) SHOEMAKER 51950.16 (3) SHOEMAKER 51950.17 (4) TAILOR (5) OUR NEIGHBORHOOD LAUNDRY STORY ABOUT PING (C) A duck finds out that it is better to stay with his family no in has. THEY NEED ME (C) (1) My Mother and Father Need Me (2) My Baby Sister Needs Me (3) My Friends Need Me (4) My Dog Needs Me This set makes children aware of emotional and social in set makes children aware of emotional and social in set makes children aware of emotional and social in set makes children aware of emotional and social in SALERY STORY (Side 1) BER BER BER BER BER BER BER BE	A girl observes the jobs of significant female adults around her and examines her own interests and talents in terms of vocational aspirations. (20) SOME DAY I'LL BE (Boy) A boy observes the jobs of significant male adults around him and examines his own interests and talents in terms of vocational aspirations. NOTE: Programs 21-30 for grades 4-6, see section Grades 3-6, p. 86. LIFE BEGINS (4 film, 'rips. 12 charts) (Other titles in set are on other grade levels. These are not sold individually.) (1) MISS BROWN'S CLASS GOES TO THE ZOO FYE Prok.2 (This is intended to be used in the K-1 grades. It may also be used in the second and third grades and should precede filmstrip B, THE ZOO TRIP "SHOW AND TELL." Along with special projects (such as a trip to the zoo, bulletin board on animals, fish aquarium, and egg incubator), it can reinforce certain basic understandings of the differences between animals, identify mammal class, and begin to relate, by way of a study of mammals, to human reproduction. A basic vocabulary is introduced at this level. LITTLE DUCKS (C) DOW Prek-2 Little ducks investigate all kinds of food on the farm and finally return to Mother and their own dinner. OUR NEIGHBORHOOD WORKERS (C) EYE 1-4 Work done by neighborhood workers. Also shows how many people are needed to work on any product before it reaches our home. (1) BAKER 51950.15 (6) BUTCIPER (2) DAIRYMAN 51950.16 (7) BANKER (3) SHOEMAKER 51950.17 (8) WATCHIMAKER . (4) TAILOR (7) BANKER (5) OUR NEIGHBORHOOD LAUNDRY STORY ABOUT PING (C) WW Prek-2 A duck finds out that it is better to stay with his family no matter what problems he has. THEY NEED ME (C) CH 1-2 (1) My Mother and Father Need Me (4) My Dog Needs Me This set makes children aware of emotional and social interdependency. SS.2 FOR PUPILS BE SURE MOMMY KNOWS WHERE YOU ARE BER PreK-2 ROUND-THE HOME (C) BER PreK-2 A parent Visits a laundry, then a b-1-ery, with her child. Songs such as "Checking Our

^{2. 78} rpm



ITI M NO.	TITLE	DISTRIB.	GRADI.	COST
SLIDES: F	OR PUPILS			
N. L.	HOW BABIES ARE MADE - CREATIVE SC Presents basic parts of sex education. 34 slide		PreK-8 o be used.	\$ 12.00
TRANSPA	RENCIES: FOR PUPILS			
7693.11	THE FAMILY Color transparencies with overlays.	3M	K-3	\$ 30.00
7693.1	THE FAMILY Printed originals for production of transparen	3M cies.	K-3	\$ 1.25
N. L.	FAMILY LIVING AND SEX EDUCATION 1 basic document: 6 teaching-learning guides phies; 4 prepared color transparencies sets, (8)		K-3 lent resources bibliogra-	\$151.95
N. L.	FAMILY LIVING AND SEX EDUCATION (1) Level 1: 20 transparencies, "The Family individuals within the family.	3M ". Describes the ro	K-3 le and responsibilties of	\$ 35,00
N. L.	FAMILY AND SEX EDUCATION (2) Level 1: 20 transparencies, "Family 1 contribute to the health of each other.	3M Health", Describes	K-3 how family members	\$ 35.00
N. L.	FAMILY LIVING AND SEX EDUCATION (3) Level 1: 20 transparencies, "Characteris and differences between boys and girls in app			\$ 35.00
N. L.	FAMILY LIVING AND SEX EDUCATION (4) Level 1: 20 transparencies, "Living Thir all living things come from other living things		K-3 ings". Discovering that	\$ 35.00
FLAT PICT	TURES: FOR PUPILS			
7037	COMMUNITY HELPERS STUDY PRINTS (C	C) POW	1.2	(Set) \$ 68.00
7037.1	(1) APPEARANCE HELPERS (10 prints) Helpers who keep us looking well-groomed.			(Each) \$ 8.50
7037.11	(2) COMMUNICATION HELPERS (10 prints Telephone, radio, newspaper, TV and other n			
7037.12	(3) FOOD HELPERS (10 prints) Food preparation and food shops.			
7037.13	(4) HEALTH HELPERS (10 prints) Doctor, nurse and dentists.			
7037.14	(\$) HELPERS WHO COME TO OUR HOME (10 prints) Repairmen and delivery services for the home			
7037.15	(6) SAFETY HELPERS (10 prints) Police, firemen and other sefety helpers.			



ITEM NO.	TITLE.	DISTRIB.	GRADI			n	ST
7037.16	(7) SHELTER HELPERS (10 prints) Home builders.						
7037.17	(8) TRANSPORTATION HELPERS (10 prints) Land, air and sea transportation.						
7011.7	FOREST BABIES (BAV) Fawn, bear, mink babies, rabbit babies and others.	GL	≱reK-2			\$ 5.0	00
7093.14	NEIGHBORHOOD FRIENDS AND HELPERS (8 pictures)	SVE	1.2		(Set)	\$ 8.0	00
MULTI-ME	DIA: FOR PUPILS						
N. L.	"I AM ME" Comprehensive multi-media program on Sex Jayark Super 8 Projector, 2) Teachers Manuals tridges, 4) 22 transparencies, 5) 10 wall poster figures. (1) The Family (2) How Life Begins (3) Being a Boy, Being a Girl (4) Growth Patterns of Boys and Girls	(five parts), 3	 55 super 8 	mm car-		\$1,098	5,00
	(5) Problems of Pr.:-Adolescence		1-5				
FILMS: FC	OR PARENTS						
*28.4	ANSWERING THE CHILD'S WHY (B/W) Describes important aspects of the period when c for helping children make a harmonious adjustme:			14 min. Valuable		\$ 86.0	00
•2 39.61	FRUSTRATING FOURS AND FASCINATING FIVES Follows a small boy's course through ages for discipline and show that may be expected of an NOTE: This was predeed by the National Film Canadian family in a non-urban setting. However development are valid and well-presented.	d explained to n Board of Car	a child of feu rada. It shows	Hems of tot five. A white		\$135.0	00
*353	LIFE WITH BABY How children grow mentally and physically from a of the Yale University Child Development Clinic: v	McG-If iges one to six, with illustration	PreK-2 charted by Dr s.	18 min. '. Gesell	\$	100.00	
1448 583	PARENT TO CHILD ABOUT SEX (C) Intended to help parente answer questions young cent problems such as masturbation, adolescent we Dr. M. Calderone.	CLC children ask. a orries and mens	PreK-2 Also deals with truation, Sumr	31 min. adoles- nary by	\$	280,00	
°551. 72	SOCIABLE SIX TO NOISY NINE. The Arden children: 6-year-old Betty, 8-year-old with their neighbor, 9-year-old Jane Bates, illustrathese age groups. The parents show how they inevitably arise. (See note following FRUSTRATING FOURS AND	ite typical kind y cope with	s of behavior f the difficulties	ownd in	Ş	145.00	



ITIM NO.	TITLE	DISTRIB.	GRADE		cosi
FILMSTRIP	S: FOR PARENTS				
27530	SEX EDUCATION U.S.A. (2 filmstrips, 2 records) Part I: 106 frames/20 min. Part II: 101 frames/19 min. Created with SIFCUS to develop a clearer un Education includes, and when and how it is to course structure, K-12 grade level developmeniques. Designed to help develop community tation of a Family Life and Sex Education Pro-	being taught acro nt, teacher train support for the	ss the country. ing and classro	Explores	\$ 35,60
N. L.	DR. FITCH TALKS TO PARENTS ABOUT SEX EDUCATION (12") 33-1/3 rpm Dr. Fitch talks to parents about how to: (1) establish communication with the child openly; (2) help the child understand the wonder of build a sense of judgment and responsibilities.	the process of re	eproduction;	ankly and	5 5 12
FILMS: FO	R TEACHERS				
*N. L.	ANSWERING THE CHILD'S WHY See annotation on p. 84.				
*239.61	FRUSTRATING FOURS AND	McG-11	PreK-2	22 min.	812
239.62	FASCINATING FIVES (Color) Many situations in which characteristic behavio	or of 4 year olds	may be studie	d.	8216. 7
266.13	GUIDING BEHAVIOR Shows several nursery school situations in w learning to manage group and individual behav		PreK-2 dren need adu	20 min. It help in	\$190.00
*353	12FE WITH BABY How children grow mentally and physically fro of the Yale University Child Development Clin			18 min. Dr. Geseli	t 1 •
*448.583	PARENT TO CHILD ABOUT SEX				



*551.72

27530

Created with the Sex Information and Education Council of the U.S. (SIECUS) to develop a clearer understanding of what Family Life and Sex Education includes, and when and how it is being taught across the country.

\$ 35 m.

SOCIABLE SIX TO NOISY NINE

Grades 3-63

FILMS: FOR PUPILS

III M NO	TITLE	DISTRIB.	GRADE	TIME	cost
NOTE: See page	77 for general directions.				
N. L.	ADOLESCENCE, LOVE AND MATURITY (C) Students are introduced to the human values relation that animals mate by instinct, and without lobecause of their love and affection for each out and take on the characteristics of the kind of animals.	ove. Human p ner. Fertilized	arenta select ea eggs are called	ch other embry:os	\$120.00
37.4	AS BOYS GROW (B/W) Deals with changes in puberty, for boys and girls	KON .	6	15 min.	\$ 75.00
N. L.	BEING BOYS-BEING GIRLS (C) Students are asked to consider the many ways some thin, some heavy. but physical developm responsibilities at school, at home and to one's se	ent is only p	art of growing	up. New	\$120.00
*56.88	BIOGRAPHY OF THE UNBORN (B/W) Creation of human life from moment of fertili independent life; photography and animation.	EBEC zation to mor	6 ment when infa	17 min. nt begins	\$ 90.00
471.84	BOY TO MAN (C) Develops an understanding of the physical chang the wide variation in the range of normal for to understanding, to diminish some of the tensions:	hose changes.	Attempts, by i		\$180.00
*155.6	DAY LIFE BEGINS, THE (B/V) Traces reproductive process from arroeba to man puppirs. Development of human baby is explained		6 's of birth of tu	23 min. Irtles and	\$130.00
206.78	FAMILIES AND JOBS: RISA EARNS HER DIME (C) Film explains how Risa earns money doing od things she wants and how her father earns mon family.				\$110.07
N. L.	FERTILIZATION AND DEVELOPMENT (C) Using common house cats, the film shows in mammals fertilize a female egg inside the female and develops there.				\$120.00

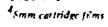
Some titles in the Prek-2 Section may also be used in grades 3 h. Check grade designations in Prek-2 lists for these items.



ITEM NO.	TITLE	DISTRIB.	GRADE	TIME	COST
*252.5	GIRL TO WOMAN (C) Explains some of the common physiological girls just entering adolescence. Develop which occur during adolescence; establish of normal for those changes, improves upond fears which contribute to the emotion	e an understanding o hes that there is a wi Inderstanding to dimir	of the physical de variation in ish some of the	changes the range	\$180.00
N. L.	GLANDS AND HORMONES (C) The film describes, in factual detail, the puberty.	ST sexual development	5-6 of both boys an	10 min. d girls at	\$120.00
*300.98	HUMAN GROWTH, 2nd Ed. (C) Presents the basic facts of reproduction, to promote class discussion.	CH growth and developm	5-6 ent in a setting	20 min. designed	\$200.00
*301.ù (Eng. & Span.)	HUMAN REPRODUCTION (B/W) Shows the structure and function of bo and how the miracle of human birth is a to present the reproductive process from	ccomplished. Uses stil			\$120.00
N. L.	IT'S WONDERFUL BEING A GIRL (C) Story of menstruation. Oriented to up disadvantaged urban minority girls to it tudes portrayed are good; relationships teacher, etc., are good. Scientific presents	lentify with this envious between girl and n	tonment. Howe	ver, atti-	Free Film
*N. L.	MOLLY GROWS UP (B/W) Explains menstruation to girls. Molly and (Prepared in English and Spanish sound to		6 friendly talk ab	15 min. out this.	Free Loan
N. L.	NEW HUMAN LIFE, A (C) The film shows the growth of a huppregnancy, and the maternity hospital ro		4-S se final five m	10 min. onths of	\$120.00
*283	PHYSICAL ASPECTS OF PUBERTY (B) Helping youngsters to understand and a adolescence, this animated film describe characteristics in boys and girls.	iccept their own notr			\$120.00
509.58	REPRODUCTION AMONG MAMMALS Presents story of mammalian reproduction to pig. Offers comparison between divisions	on. Selects for illustra		11 min. e domes-	\$ 70.00
N. L.	TWO BECOME ONE (C) In a straightforward presentation doile w process of mammals (cats) is explaine 2 u			10 min. ne mating	\$120.00
N. L.	WHAT HAPPENS INSIDE (C) Using a combination of animation and I egg is recorded showing the meaning of '				\$120.00
N. L.	WHY YOU'RE YOU'(C) The story of working cells is told, as layers of cell masses called body cells. S are determined by genes, chemical that cells.	Students will see that	our body chara	acteristics	\$120.00



ITEM NO.	TITLE	DISTRIB.	GRADE	TIME	cosi
CARTRIDE	SES: FOR PUPILS	-			
N. L.	FERTILIZATION AND BIRTH (C) (2 cartridge) An explanation of the reproductive syste presentation of the human reproductive syste	NEW m of the fish is m and its function	K-4 followed by a	4 min. each a simple	\$ 25.00
N. L.	HUMAN GROWTH (C) (3 cartridges) Presents the basic facts of sex as part of the doing provides an atmosphere for discussing the control of the			4 min. each nd in so	\$ 37.50
N. 1 _a ,	PERSONAL HYGIENE FOR GIRLS (C) 1. The Hygiene of Menstruction 2. Bras and Girdles 3. Facial Skin Toning 4. Cleansing Your Eyes and Lips 5. Caring for Your Hands and Nails 6. Caring for Your Feet - Pedicure 7. Caring for Your Feet - Shoe Problems	PS	6	4 min. each	\$150.50 (Set of 7) \$ 21.50 each
FILMSTRIP	S: FOR PUPILS				
24290	BODY CARE AND GROOMING Good grooming begins with personal care of	McG-H skin, hair, nails an	6 d teeth.		\$ 5.00
26950	BEING RESPONSIBLE ABOUT SEX AND LOVE (2 filmstrips; 2 records)	SVE	E		\$ 20.00
26950.1	(1) RESPONSIBLE SEXUAL ATTITUDES Introductory sequence helps young people u	inderstand their se	rual feelings and	desires.	
26950.11	(2) RESPONSIBLE SEXUAL BEHAVIOR Explores contradictory patterns of conduct,	purposes of dating	ргосея.		
N. L.	ESPECIALLY FOR BOYS (C) This filmstrip, and its associated materials, understandings and wholesome attitudes about				\$ 15.00
N. L.	ESPECIALLY FOR GIRLS (C) This filmstrip presents a clear picture of the and its relation to grow h and maturity. The The pubertal changes in girls and boys a The future role of girls as wives and mo The stages of human development, from	concepts presented as they grow to ma others and of boys a	d concern: turity; is husbands and	·	\$ 15.00
24570	FOOD AND NUTRITION (C)	МсG-II	5 -6	180	11 \$ 29.50
24370.1	(1) EAT WELL, LIVE WELL Various aspects of nutrition.			(Eacl	h1 \$ 6.50
24570.11	(2) THE ESSENTIALS OF DIET Essentials of balanced diet.				
24570.12	(3) HOW FOOD IS DIGESTED Digestive system functions on symes absorb	ion of food bad	uw allaci	and the state of	





Digestive system functions, ensymes, absorption of food, body uses of food, practical suggestions for good digestion,

ITEM NO.	TITLE	DISTRIB.	GRADE	COST
24570.13	(4) CONSUMER PROBLEMS IN NUTRITION Mother explains principles of wise purchasing to de	aughter.		
24570.14	(6) THE NUTRIENTS IN FOODS Body uses for the various nutrients, and sources of	each nutrier	nt.	
N. L.	GROWING INTO MANHOOD: A MIDDLE SCHOOL APPROACH (C) (2 filmstrips and record Pts. 1 and 2 explain to boys the physical change of puberty. Emphasizes that people develop at vanormal physiological developments.	s about to to		\$ 36.00
N. L.	GROWING INTO WOMANHOOD: A MIDDLE SCHOOL APPROACH (C) (2 filmstrips and record Pts. 1 and 2 explain to girls the physical changes of puberty. Stresses different rates at which girl normal physiological developments.	they will ex		\$ 36.00
N. L.	HEALTH GUIDANCE IN FAMILY LIVING AND SEX EDUCATION (3 filmstrips and records) (1) ABOUT EOYS (filmstrip and record) Presents reproduction and family living in its properties of the male and female reproductive systems ving.	er perspective.		\$ 55.00 (Each) \$ 20.00
	(2) AFOUT GIRLS (filmstrip and record) Presents reproduction and family living in its proportion of the female and male reproductive systems ving.			\$ 20.00
	(3) ABOUT YOUR LIFE AND YOU (filmstrip and Deals with human sexuality, stressing the develop family and in society. Self respect and understant tionships are emphasized.	ment of social		\$ 20.00
N. L.	HUMAN GROWTH & DEVELOPMENT (30 filmstrips and records) Programs 1-20, (Grades K-3) listed in PreK-2 section This is a complete program designed to explore living, and is constructed to facilitate integration tary school curriculum. Emphasis is placed on ships, development of positive self concepts and voices are used to narrate each filmstrip.	the psychos with all subj x role, identit	ect areas in the elemen- y, interpersonal relation-	\$400.00
	(21) WHOM DO YOU LOOK LIKE? Simple treatment of the transmission of her	editary traits		
	(22) WHERE ARE SPERM MADE? Reproductive system in animal and human i	n ai es.		
	(23) WHERE ARE EGGS MADE? Reproductive system in animal and human f	'emales.		
	(24) CHANGING FROM BOY TO MAN Changes taking place during pubcrty (male)			
•	(25) CHANGING FROM GIRL TO WOMAN Changes taking place during puberty (female	١٠.		
	(26) HOW DO SPERM AND EGG JOIN? Joining of speem and egg to form a new ind	hviðual (fertil	ization).	



TEM NO.	THILE	DISTRIB.	GRADE	COST
	127) HOW DOES A BABY GROW INSIDE A MOTHER? Development of human embryo and fet	us.		
	(28) HOW A BABY IS BORN Growth, development, and birth of a hi	uman baby.		
	(29) HOW BOYS FEEL ABOUT GIRLS Attitudes and feelings of preadolescent	boys toward girls	i.	
	(30) HOW GIRLS FEEL ABOUT BOYS Attitudes and feelings of proadolescent	girls toward boys	i.	
27400	LIFE BEGINS (C) (4 filmstrips, 12 charts)	EYE	3.4	\$ 40.00
27400.1	THE ZOO TRIP "SHOW AND TELL" (1) In this filmstrip, the basic vocabulary is e about the various habits of animals. A discuss place, followed by a simple introduction to nancy in humans. Other titles in set are o individually.	ion of reproducti such processes i	on in animals then takes as fertilization to d preg-	
N. L.	THE MIRACLE OF NATURE Depicts the process of menstruation and hygiene.	GL describes practic	6 es related to feminine	Free
24800.16	REPRODUCTION AMONG MAMMALS (B/N) Domestic pig is selected to illustrate major statements of original germ cell to actual birth.	ges of mammalia	6 n reproduction from the	\$ 3.00
N. L.	UNDERSTANDING HUMAN REPRODUCTION A MIDDLE SCHOOL APPROACH (C) (4 films) (1) The Male Reproductive System. (2) The Feinale Reproductive System. (3) Conception and Genetics. (4) Pregnancy and Birth.		8-7 3)	\$ 40.50
N. L.	UNDERSTANDING HUMAN REPRODUCTIO (2 filmstrips and records) Part I. Male and Female Reproductive System Part II. Conception. Pregnancy and Birth.		5-12	\$ 45.00
•23100	YOUNG TEENS AND FAMILY RELATIONS (4 filmstrips, 2 records)			
	(4 filmstrips, 2 records) (White, middle-class, suburban)	SVE	6-9	\$ 29.95
23100.1	(1) LEARNING TO UNDERSTAND YOUR P. Series of teen-age situations, tather typical, suggestions for resolving them. Appropriate for	illustrating con		\$ 6.50
23100.11	(2) LIVING WITH BROTHERS AND SISTERS How to get along with brothers and sisters hi and younger siblings and suggests methods of up need for appreciating family members. Mostable family unit.	phlights problems resolving some o	of these conflicts; points	\$ 6.50
23100 12	(Record for filmstrips 1 & 2)	SVE	6-9	\$ 3.50
23:00.13	(3) HELPING AT HOME Helps pupils recognize that rights carry respor family team, by sharing work as well as pleasur			\$ 6.50
23100.14	(4) TEENAGE ALLOWANCES Stresses family finances, management, and wise	SVE spending.	6-9	\$ 6.50
23100.15	(Record for filmstrips 3 & 4)	SVE	6-9	\$ 3.50



ITI.M NO.		DISTRIB.	GRADE	cost
SLIDES: FO	R PUPILS			
N. L.	HOW BABIES ARE MADE (Selected slides) See annotation p. 83.	cs	PreK-8	\$12.00
N. L.	MUMAN REPRODUCTION (Selected slides) 8:0 full-color slides depict structure and functions of terms: process of conception, pregnancy and birth, plemultiple births.	GA male and fema finciples of sex	6-12 tle reproductive sys- c determination and	\$63.00
RECORDIN	GS: FOR PUPILS			
N. L.	CHILD'S INTRODUCTION TO SEX, A Reproduction in animals and humans.	ORP	3-1	\$ 1.89
77096.30	DO YOU KNOW HOW YOU GROW - INSIDE? (1-	12") FOLK	6	\$ 4.15
77096.31	DO YOU KNOW HOW YOU GROW - OUTSIDE? (1-12'n FOLK	6	\$ 4.15
TAPES: FO	R PUPILS			
79075.72	BECOMING A SIAN (1-5") Hormone changes, body growth, anatomical change stage.	FAMA s a boy under	G rgoes in his transitiona	\$ 6.50
79075.82	BOYHOOD TO ADOLESCENCE (1.5") Changes that a boy undergoes when entering the ad	TAMA folescent stage	.	\$ 6.50
79630.100	MENSTRUATION FACTS BOYS NEED UNDERST	AND TAM	A 6-9	\$ 6.50
79630.101	MENSTRUATION FACTS FOR LITTLE LADIES	TAMA	6-9	\$ 6.50
79630.103	MENSTRUATION IS NORMAL (GIRLS)	TAMA	6.9	\$ 6.50
79630.104	MENSTRUATION VARIATIONS (GIRLS)	TAMA	6.9	\$ 6.50
79635.30	PHYSICAL DIFFERENCES OF MY FRIENDS (1-)	5") ТАМА	e 8	\$ 6.50
TRANSPAR	ENCIES: FOR PUPILS			
N. L.	BODY SYSTEMS (1) Circulatory System (2) Reproductive Systems of Male and Female (3) Digestive System (4) Cell Types			(Earh) \$ 2.50 Female
N. L	EXTERNAL SEX CHARACTERISTICS - FEMALE	нам	5-6	\$ 6.50
N. t.	EXTERNAL SEX CHARACTERISTICS - MALE	HAM	5-6	\$ 6.50
7694 7694.1	FAMILY LIFE AND SEX EDUCATION FAMILY LIFE AND SEX EDUCATION (C) This lot contains a series of twelve transparencies reproductive organs. Teacher's manual contains an			\$36.20 \$47.35



ITEM NO.	TITLE	DISTRIB.	GRADE	COST
N. L.	HUMAN REPRODUCTION, GROWTH, AND DEVELOPMENT 14 color transparencies provide a complete ment.	NEW	5-6 production and dev	\$55.25 elop-
7698	THE MENSTRUAL CYCLE	нам	5-6	\$ 6.50
7221.179	REPRODUCTIVE SYSTEM	WEST	5-6	\$ 4.75
7221,180	REPRODUCTIVE SYSTEM - FEMALE	WEST	5-6	\$ 5.05
N. L.	WONDER OF NEW LIFE (1) Female Reproductive System (2) Male Reproductive System (3) Pathway of the Egg (4) Full Term Pregnancy (6) Beginning of Birth (6) Birth Prelude (7) Sperm Formation (8) Fetal Nourishment	CLEVE	6-12	(Each) \$ 3.75

MULTI-MEDIA: FOR PUPILS

N. L.	MATERIAL KIT ON BODY SYSTEMS	CLEVE	5-12	\$20.00		
	Designed to assist the instructor with material grade levels. Selected reference booklets on a and eight color overhead transparencies (10" x	natomy and physio	logy for various levels,	+ postage		
N. L.	WONDER OF NEW LIFE (Kit of supplementary materials)	CLEVE	6-12	\$40.00 + postage		
	This kit is designed to provide a nucleus of A-V materials in sex education at various grade levels. It contains eight color overhead transparencies (10" x 10"), a suggested lesson outline K-12, selected references at various levels and professional tape.					

MODELS: FOR PUPILS

	OK 101125		
N. L.	BIRTH SERIES (Life-size sculpture replicas) 1. Beginning of birth 2. Head doep in birth canal 3. Head emerging	CLEVE 5-12 4. Head turning upward 5. Head completely born 6. Breech birth	(Set1\$108.00 (Each)\$ 20.00

FILMS: FOR PARENTS AND TEACHERS

326.2	JAMIE - STORY OF A SIBLING (B/W) Story of the middle child caught between the the resentment and frustration which develop i in Canada - shows a white, middle-class family.	in stite of Well-m	\$165.00
*448.583	PARENT TO CHILD ABOUT SEX (C) Film is intended to help parents answer quadolescent problems such as masturbation, adole Summary by Dr. Mary Calderone.		\$280.00



III M NO.	TITLE	DISTRIB.	GRADE	TIME	COST
•N. L.	SOCIABLE SIXES TO NOISY NIN	ES			
*10.14	TENS TO TWELVE Wide range of differences in person and girls; the behavior common to			27 min. ent boys	\$155.00

FILMSTRIPS: FOR PARENTS AND TEACHERS

N. L. SEX EDUCATION, U.S.A. See p. 85.

RECORDINGS: FOR PARENTS AND TEACHERS

N. L. DR. FITCH TALKS TO PARENTS ABOUT SEX EDUCATION

See p. 85.



Grades 7, 8, and 9⁵

FILMS: FOR PUPILS

ITEM NO.	TITLE	DISTRIB.	GRADL	TIML	6021
NOTE: See page	77 for general directions				
•1.3	ABC OF BABY SITTING Film applies to upper middle class families. I are shown and the necessary safety precaution		9-12 saby sitting. All	11 min. dangers	\$ 60.00
1.31	ABC OF BABY SITTING (C)	DAV	9-12	11 min.	\$120.00
56.85	BIOGRAPHY OF A FISH Life cycle of stickleback; male is shown builegs.	ST ilding and guarding	g nest and fertili	6 min. zing the	\$ 45.00
71.913	BOYS BEWARE (B/W) Shows the various approaches of the hon responding to such overtures.	DAV nosexual and caution	7.9 ons young boy	10 min. s about	§ 60. 0 0
114.9	CHICK EMBRYO: FROM PRIMITIVE STREAK TO HATCHING	EBEC		14 min.	\$ 75.00
114.91	(Color) Steps illustrated by observing series of incub	EBEC sting eggs.		14 min.	\$150.00
142.7	COSMETICS (C) In closeups and step by step demonstration, and style their hair both for school and social		9-12 how to apply	17 min makeup	\$175.00
146	COURTSHIP AND MARRIAGE (B/W) Parts 1 and 2. Examines courting customs in	McG-H Sicily, Iran, Canad	9-12 a and India.	60 min.	\$250,00
N. L.	DEVELOPMENT OF THE EMBRYO (C) Once an egg is fertilized, it begins to grow from. Humans, as well as animals, start life This film illustrates the growth and devidops	a lertilized egg	cell called the		\$120.00
*247.61	GENE ACTION (C) Shows how the DNA of chromosomes can can serve as a pattern for "messenger RN tested by experiments with neurospora and b	A". Hypothesis pre			\$1,80,00
•247.66	GENETICS: IMPROVING PLANTS	cor.	9-12	14 min.	\$ 75.00
247.661	AND ANIMALS (Color) Methods used to control plant and animal house and experimental farm scenes.	heredity are show	n in laboratory	r, green-	\$150.00

Scome titles in the Grade 3-6 Section may also be used in grades 7-9. Check grade designations in 3-6 lists for these items



HEM NO.	TITLE	DISTRIB.	GRADE	TIME	COST
*247.646	GENETICS: MENDEL'S LAW (C) Duplicates some of Mendel's experiments tion and independent assortment. Describes Correus, Morgan, Muller. Reference to genes	COR illustrating his laws incomplete domin	ance, work of	DeVries,	\$150.00
*277.7	HEREDITY IN ANIMALS Explains Mendel's laws of heredity, of hofrom generation to generation.	UW ow inherited charac	10-12 teristics are ha	11 min. nded on	\$ 55.00
N. L.	HUMAN HEREDITY (C) Basic facts and concepts pertaining to here able and useful to teen age audiences. The background for the presentation of subject roles, and sex attitudes as seen in the brown animent.	nese facts and con matter dealing with	cepts serve in sex determina	turn as tion, sex	\$170.00
327.89	JOB INTERVIEW. WHOM WOULD YOU HIRE? PART A.	СН	9-12	17 min.	\$100.00
327.891 327.892 327.893	(Color) PART B. (Color) Actual job interviews photographed with his	CH dden camera. Viewe	9·12	17 min. evaluate	\$170.00 \$100.00 \$170.00
343.4	real applicants. Integrated. LAWS OF HEREDITY (C) Demonstrates the mechanism by which her one generation to the next. Explains the foresents evidence from which they were der	ormation of the ba			\$150.00
*348.264	LIFE BEFORE BIRTH A study of the growth of single cells into tiation and the difference of each cell and e		9-12 : shows cellular	22 min. differen-	\$135.00
*348.31	LIFE CYCLE OF THE FROG Begins with an examination of male and fe metamorphosis.	UW male frogs before b	9-12 preeding. Shows	10 min. stages of	\$ 55.00
388.4 388.41	METAMORPHOSIS METAMORPHOSIS (C) Presents, through photomicography, the life insect development from egg to larva to pur		9-12 y waspasanex	14 min. ample of	\$ 80.00 \$167.50
N. L.	MIRROR, MIRROR (C) Larry, a high school student, is shocked in self-image, which gets an overhoul as he be him when he is willing to modify that imag Larry to work on the positive aspects of lexemplifies or possesses.	comes aware of the e. Viewing his imag	possibilities av e in a mirror er	ailable to rcourages	\$246.00
509.58	REPRODUCTION AMONG MAMMALS (B) Presents story of mammalian reproduction pig. Drawings and microphotography. Of human and pig embryos.	. Selects for illusti			\$ 70.00
FILMSTRIP	S: FOR PUPILS				
N. L.	BABYSITTING: THE JOBS — THE KIDS 2 Parts. (2 filmstrips, 2 records) Helps students master personality factors in precautions, business aspects of babysitting ment carries.				\$ 31.50



ment carries.

ITEM NO.	TITLE DISTRIB. GRADE	COST
N. L.	BECOMING A MAN: MATURATION AND GROWTH GA 9-12 (2 filmstrips, 2 records) Discusses the physical changes accompanying puberty, the psychological and social implications of developing masculinity.	\$ 36.00
N. L.	BECOMING A WOMAN: MATURATION AND GROWTH GA 9-12 (2 filmstrips, 2 records) Describes the physical changes accompanying puberty, the psychological and social implications of developing femininity.	\$ 36.00
26950	BEING RESPONSIBLE ABOUT SEX AND LOVE SVE 7-12 (2 filmstrips and record)	\$ 16.50
26950.1	RESPONSIBLE SEXUAL ATTITUDES Record (both sides) Introductory sequence helps young people understand their sexual feelings and desires. Presents concept of "wholeness" of a person, and implications of this concept for those who would make sex purely physical.	\$ 6.50 \$ 3.50
26950.11	RESPONSIBLE SEXUAL BEHAVIOR Record (both sides) Explores contradictory patterns of conduct; purposes of dating process. Defines sex act as a wonderful way of expressing love and sharing one's self; explains necessity of permanence.	\$ 6.50 \$ 3.50
N. L.	DARE TO BE DIFFERENT GA 7.9 (2 filmstrips, 2 records) The object is to stimulate teenagers to think about the kinds of persons they want to be. Young people must be aware that despite all pressures to conform, today's fast moving technological age needs the ideas and work of creative non-conformists.	\$ 36.00
†21541	DATING TOPICS FOR YOUNG TEENS SVE 9-12 (4 filmstrips and record) (White, middle-class, suburban)	\$ 25.50
21541.1	READY FOR DATING (filmstrip and guide) SVE 9-12	\$ 6.50
21541.11	READY FOR DATING (C) Helps teens develop the basic skills of dating, achieve self-confidence and security in boy-girl relationships and apply to those relationships reliable standards of thought and conduct.	\$ 10.00
21541.12	GETTING A DATE (filmstrip and guide) SVE 9-12	\$ 6.50
21541.13	GETTING A DATE (filmstrip and record) SVE 9-12 Helps young teens 'ealize the importance of dating the right kind of person and guides them in setting up reliable standards for choosing the right kind of person.	\$ 10.00
21541.14	WHAT TO DO ON A DATE (filmstrip and guide) SVE 9-12	\$ 6.50
21541.15	WHAT TO DO ON A DATE (filmstrip and record) SVE 9.12 Discusses the things to do before a date, the responsibility of the boy and the girl in dating.	\$ 10.00
21541.16	HOW DO YOU KNOW IT'S LOVE? (filmstrip and guide) SVE 9-12	\$ 10.00
21541.17	HOW DO YOU KNOW IT'S LOVE? (filmstrip and record) SVE 9-12 Intended to help young teens understand their new boy-girl feelings, the differences between infatuation and love and how to have an intelligent boy-girl friendship.	\$ 6.50
N. L.	EXPLOITED GENERATION, THE GA 9-12 (2 filmstrips, 2 records) Explains the processes of commercial exploitation through mass media, particularly as it focusses on teenagers. Includes an analysis of the problems of consumer awareness.	\$ 31.50



ITEM NO.	TITLE	DIS	TRIB.	GRADE	COST
27400	LIFE BEGINS (4 filmstrips, records, charts)		EYE		\$ 40.00
27400.1 27400.12	(1) HUMAN REPRODUCTION (2) Record Begins with a brief discussion of the l The anatomy of both the male and f dissimilarities with plant reproductive Heredity, sexual intercourse, fertilizati relations are discussed.	bodily c emale at structur	te then pr es and fu	esented. Similarities and nctions are brought out.	
	(3) CHARTS Asexual Reproduction 1. Binary Fission in the Amoeba 2. Budding in the Hydra	3. 4.	_	ation in the Planarian ormation in Bread Mold	
	Sexual Reproduction 5. Flowering Plants 6. Insects 7. Fish 8. Egg-laying Mammals	9. 10. 11. 12.	Mammals Humans Humans Mendel's	- Male	
27300	LEARNING ABOUT SEX (Filmstrip and record) A basic introduction to the physiological, pseducation.		GA ical and s	7-9 ociological aspects of sex	\$ 20.00
N. L.	THINK OF OTHERS FIRST (2 filmstrips, 2 records) Demonstrates how "good manners" make I practical suggestions on manners at home, Suburban setting.	ife more	GA pleasant ol and in	9-12 and convenient. Offers outside social situations.	\$ 31.50
N. L.	UNDERSTANDING HUMAN REPRODUCTION (2 filmstrips, 2 records) Part I. 87 frames: male and female reproduction Part II. 83 frames: conception, pregnancy and	ctive sys		9-12	\$ 29.95
†2 3100	YOUNG TEENS AND FAMILY RELATIONS (4 filmstrips, 2 records) White, middle-class, suburban	SHIPS (C) SVE	6-9	\$ 29.95
23100.1	(1) LEARNING TO UNDERSTAND YOUR Series of teenage situations, rather typical, i suggestions for resolving them. Appropriate is	llustratir	ng conflict		\$ 6.50
23100.11	(2) LIVING WITH BROTHERS AND SISTER How to get along with brothers and sisters, land younger siblings and suggests methods points up need for appreciating family members is a stable family unit.	highlight of resc	lving son	6-9 is and conflicts of older ne of these conflicts; opriate for areas where	\$ 6.50
23100.12	Record (filmstrips 1 & 2)	S	SVE	6-9	\$ 3.50
23100.13	(3) HELPING AT HOME Helps pupils recognize that rights carry respondamily team, by sharing work as well as please	nsibilitie:			\$ 6.50



ITEM NO.	TITLE	DISTRIB.	GRADE	TIME	COST
23100.14	(4) TEENAGE ALLOWANCES Stresses family finances, management, and with	SVE se spending.	6.9		\$ 6.50
23100.15	Record (filmstrips 3 & 4)	SVE	6-9		\$ 3.50
TRANSPAR	RENCIES: FOR PUPILS				
N. L.	ACHIEVING ADULTHOOD (18 color transparencies) NEW 7-12 Deals with how one conceives of himself or herself in the male and female role as a function of one's total personality.				\$ 79.00
7221.143	ENDOCRINE SYSTEM	WEST	9-12		\$ 3.90
7221.144	ENDOCRINE SYSTEM	WEST	9-12		\$ 4.20
7220.119	LIFE HISTORY OF THE FROG	HOLT	7.9		\$ 1.50
7220.120	LIFE HISTORY OF THE GRASSHOPPER	HOLT	7.9		\$ 1.50
FILMS: FO	R PARENTS AND TEACHERS BOYS BEWARE See p. 94.				
*10.14	FROM TEN TO TWELVE McG.H Parents/Teachers 27 min. Shows the wide range of differences in personality and physical make-up among adolescent boys and girls, and illustrates the behavior common to groups of adolescents in our culture. (See note following FRUSTRATING FOURS AND FASCINATING FIVES, p.				\$145.07
N. L.	HUMAN HEREDITY See p. 84.				
*448.583	PARENT TO CHILD ABOUT SEX See p. 84.				
*10.13	TEENS, THE Joan and Barry O'Connor, 15 year old brot portray adolescent differences, similarities, an how parents try to understand and guide their (See note following FRUSTRATING FOURS)	d concerns. Mr. a children construc	und Mrs. O'Conn tively.	cr show	\$155.00

FILMSTRIPS: FOR PARENTS AND TEACHERS

27530

SEX EDUCATION, U.S.A. See p. 85.



Grades 10, 11, 12⁶

FILMS: FOR PUPILS

HIIM NO.	TITLE	DISTRIB.	GRADE	TIME	COST
NOTE: See pag	e 77 for general directions				
	AGES AND STAGES SERIES This series was produced by the Nation Canadian families in non-urban settings. The growth and development are valid and well	he films are dated b	Canada, It show		
*10	(1) HE ACTS HIS AGE (B/W) A survey of typical behavior of children fro	McG-H om two to fifteen.		15 min.	\$ 75.00
(10.11	(2) TERRIBLE TWOS AND TRUSTING T Shows childhood behavior at two and th youngsters of these ages. Suggests how destructiveness, tantrums and unreasonable	ree years of age ar parents can deal	id what to exp		\$115.00
239.61	(3) FRUSTRATING FOURS AND FASCINATING FIVES (B/W) The film shows many situations in which studied.	McG-H characteristic behavi	or of 4-year-old	22 min. s may be	\$125.07
*551.72	(3)FROM SOCIABLE SIX TO NOISY NINE (B/W) The similarities and differences in personaligirls in the six to nine age group.	McG-H ity and behavior ch	aracteristics of 1	22 min. poys and	\$145.00
*10.11	(4) FROM TEN TO TWELVE (B/W) The new growth and awareness of boys the protimes of discipline, guidance.	McG-H and girls at age ten,	eleven, and tw	22 min. relve and	\$145.07
*10.13	'5) THE TEENS (B/W) Fifteen-year-old twins, brother and sister, differences, similarities and concerns. Uncance.				\$145.07
† 28 .4	ANSWERING THE CHILD'S WHY (B/W) Describes important aspects of the period Dramatizes true-to-life situations in which attitudes toward their questions; suggests the	youngsters meet v	vith positive or		\$ 75.00
*37.52 \$7.53	ASEXUAL REPRODUCTION (Color) Describes various methods of asexual reprosexual and asexual reproduction.	IND oduction. Compares	10-12 basic difference	11 min. between	\$ 50.00 \$100.00

⁶Some titles in the Grades 7-9 Section may also be used in grades 10-12. Check grad: designations in 7-9 lists for these items.



ITEM NO.	TITLE	DISTRIB.	GRADE	TIME	COST
*110.2 110.201	CELL BIOLOGY: MITOSIS AND DNA (Color) Cinemicroscopy of division of living cells supple steps of the mitotic process. The film also illucleotides within DNA account for variance in in	istrates how the end			\$ 75.00 \$150.00
*173.9	ONA MOLECULE OF HEREDITY (Color)	EBEC	10-12	14 min.	\$ 90.00 \$180.00
173.91	Dr. George W. Beadle, Nobel Prize winner, de the chromosome.	escribes and explai	ins the basic mo	olecule of	9160.00
*180.8	EARLY MARRIAGE History of human marriage; concept of marriage with emphasis on the problems of e		11-12 nd society's sta	26 min. ake in all	\$200.00
194.45 194.451	ENGAGEMENT: ROMANCE AND REALIT (Color) A middle-class, white, suburban couple plan not really know each other. The girl's pare order that the couple have time to know each	to marry but slow ents encourage a			\$ 90.00 \$180.00
207.45	FAMILY PLANNING (C) "Surely no greater problem faces mankind population at a rate out of proportion wincrease in economic and social development.	ith the present a			\$ 80.90
*N. L.	FROM GENERATION TO GENERATION (C A sensitive study of a young couple shows experience as well as a physical one. Anima human reproduction.	childbirth as an	10 emotional and uplain the basic	27 min. spiritual facts of	\$275.00
270.71 270.711	HANDLING MARIFAL CONFLICTS (Color) Portrays development of an argument betwee turns it into a destructive argument and income.				\$ 85.07 \$170.07
N. L.	HAVE A HEALTHY BABY (C) Discusses love, impregnation, development, development of the embryo and some of the how damage may occur. Animation and live processing the second seco	he major organs. \			\$170.00
*N. L.	HEREDITY AND PRENATAL DEVELOPME Using animation, the film describes maturation cells, function of genes, growth of embinewborn baby.	on and fertilization	of male and fe		\$115.00
277.125	HER NAME WAS ELLIE, HIS NAME IS LYLE A boy with syphilis may infect a great many per		9-12 gaph.	29 min.	\$ 75.00
281.8	THE HOMOSEXUALS Frank and balanced views on the problems legal and sociological fields and homosexuals		11-12 y experts in the	45 min. medical,	\$250.00
*293.7	HOW DO YOU KNOW IT'S LOVE? (B/W) What is the nature of love? How does it groyou tell when a love is mature? This filn thinking clearly about 'love' as compared to	n gives students o			\$ 75.00
295.14	HOW MUCH AFFECTION? Film presents the question of how deeply a within moral and religious boundaries. W mother-daughter relationship and pressure of	hite, middle-class			\$120.07



ITEM NO	TITLE	DISTRIB.	GRADE	TIME	COST
335.2	LADIES IN WAITING Emphasizes the importance, during pregna practicing controlled relaxation and correct ing normal chores.	McG-H ncy, of balancing posture, and the p	11-12 g activity with proper ways of	29 min. rest, of perform-	\$165.00
*353	LIFE WITH BABY How childrer, grow mentally and physically for the Yale University Child Development Cli			18 min. Or. Gesell	\$ 95.07
3 52.2	MATERNITY HOSPITAL ROUTINE (C) This film is designed to allay any fears a happens in the hospital maternity ward, labor			15 min. ely what	\$175.00
*386.142 386.143	MEIOSIS: SEX CELL FORMATION (Color) Explains and shows how meiosis occurs. I parent-cell nucleus which results in the creations as one of the major results of crossing of	tion of two daugh			\$ 90.00 \$180.00
*404.27 404.271	MITOSIS MITOSIS (C) Illustrates and describes the fundamental life graphy, microphotography, animated drawin vidual chromosomes are clearly shown.	EBEC EBEC e process of mite ags and laborator	10-12 10-12 osis through liv y demonstratio	24 min. 24 min. ve photo- ons. Indi-	\$130.00 \$260.00
*404.31	MITOSIS AND MEIOSIS (C) An analysis and comparison of the mitotic a cells.	IND and meiotic proces	10-12 sses in animal a	11 min. and plant	\$150.00
*410.925	MOTHER LOVE (B/W) A psychological study of the reaction of bal conclusions on mother-child relationships. Sh to mothers.				\$135.00
413.36	MYSTERY OF LIFE (C) Discusses man's understanding of genetics and development of a person in future generations		10-12 s that may con	25 min. ntrol the	\$300.00
*N. L.	PHOEBE: STORY OF A PRE- MARITAL PREGNANCY A teenager discovers she is pregnant. The apprehensions about reactions of people arou				\$175.00
*477.35 477.351	POPULATION ECOLOGY (B/W) (Color)	EBF	12	19 min.	\$105.00 \$210.00
*477.36 477.361	POPULATION ECOLOGY (Spenish) (Color) A study of animal and plant population. If ations (drosophila, bacteria, mice) through in It was population explosion of man.				\$119.00 \$232.50
N. L.	PSYCHOLOGICAL DIFFERENCES BETWEEN THE SEXES (B/W)	McG-H	12	13 min.	\$ 80.00
N. L.	(Color) Dramatizes the way in which a young girl diverse reactions exemplify some typical psy				\$160.00
*501.22	QUARTER MILLION TEENAGERS, A (C) Physiological aspects of venereal disease. Spector whom VD has recently increased sharply.	CH ecifically for the t	10-12 teenage audienc	16 min. e among	\$180.00
N. L.	SEXUALITY AND THE TEENAGER (C) Part I. Individual differences in the maturing sexual response, the fundamental need to love		10-12 ices in male an	28 min. d female	\$280.00



ITEM NO.	HTLE	DISTRIB.	GRADE	TIME	COST
N. L.	SEXUALITY AND THE TEENAGER (C) Part II. Two high school students desc physical changes, sexual feelings, wantir family and friends.	ribe common concer			\$160.00
N, L.	SEXUALITY AND THE TEENAGER (C) Part III. Having examined Parts I and II, s affecting the teenager, participants now relationships.	ome of the physical a	10.12 nd emotional in ded for successfi	22 min. fluences ul social	\$200.00
548.613	SIXTEEN IN WEBSTER GROVES A "slice-of-life" survey on teenage opini understanding of teenagers and their ori class suburban)				\$250.00
568.47	STANDING ROOM ONLY (C) Discusses the problem of birth control and	McG·H d population explosion	12 n of the future.	25 min.	\$300.00
N. L.	SUDDEN DEPARTURE Shows how babies and young children deprivation when a serious illness or accid				\$170.07
N. L. N. L.	VD - NAME YOUR CONTACTS (Color) A realistic portrayal of how young peopl with venereal disease, cope with their indi		11-12 sibility of being	22 min.	\$130.00 \$260.00
*627.47	V.D. SEE YOUR DOCTOR (C) Straightforward presentation of the cause emphasis on the need to obtain early med		11-12 gers of VD, wit	22 min. h strong	\$200.00
N. L.	WALK IN THEIR SHOES (C) Stan and his sister, Sheryl, resent their parmust take on a parent's responsibility, he				\$246.00
666.21	WHEN SHOULD I MARRY? (B/W) Young couple discusses with their paren marriage. Two sets of "young marrieds" be encountered.				\$115.07
*667.311	WHO CARES ABOUT JAMIE? (B/W) Shows ways adults can help child develop in growing up. Stresses human understand				\$ 10.00
FILM CARTI	RIDGES:7 FOR PUPILS				
N. L.	POINTS OF DEPARTURE (C) 1. Love Story 2. The Party 3. Night Out 4. Swimming Party 5. The Experienced One 6. The Meeting 7. Engagement 8. Babysitter 9. The Lift 10. The Older Touch Each film represents a situation intend them. Suggested questions are included as			4 min. each	\$210.00 (Set) \$ 21.50 (Each)

⁷⁸mm film cartridges



ITEM NO.	TITLE	DISTRIB.	GRADE	COST
FILMSTRIP	S: FOR PUPILS		_	
24 050	ABOUT VENEREAL DISEASE (C) Covers, in easy-to-understand fashion, causes, e prevalent venereal diseases: syphilis and gonorrho		10-12 tment of the two most	\$ 13.50
N. L.	ALIENATED GENERATION, THE (3 filmstrips, 3 records) Examines some of the causes of alienation and students to voice their reactions to the established hippies are leading instead.			\$ 40.50
†26920	AND THEY LIVED HAPPILY EVER AFTER? UNDERSTANDING TEENAGE MARRIAGE (2 filmstrips, 2 records) (C) These color filmstrips present the reasons for e The material is built around peer-model interview			\$ 29.95
24350	CRITICAL AREAS OF HEALTH (C) (4 filmstri	ips, 2 records)	SVE 9-12	\$ 27.00
24350.14 24350.15	(1) ALCOHOL AND YOUR HEALTH Record Alcohol as a depressant; immediate and cumulat	SVE ive physical effo	9-12 ects.	\$ 6.00 \$ 3.50
24350.17 24350.18	(2) DRUG MISUSE AND YOUR HEALTH Record Some common narcotics and other drugs the experiment with.	SVE at young peopl	9-12 e might be tempted to	\$ 6.00 \$ 3.50
24 350,20	(3) TOBACCO AND YOUR HEALTH Record Potential dangers of smoking.	SVE	9-12	\$ 6.00 \$ 3.50
24350.24 24350.25	(4) VENEREAL DISEASE AND YOUR HEALT Record Most common venereal diseases: syphilis and got		9-12	\$ 6.00 \$ 3.50
†21540	DATING TOPICS FOR OLDER TEENS (4 filmstrips and record) White, middle-class, sul	SVE burban)	10-12	\$ 25.00
21540.1	(1) WHAT ABOUT GOING STEADY (filmstrip and guide)	SVE	10-12	\$ 6.50
21540.11	WHAT ABOUT GOING STEADY (filmstrip and record) Discusses the advantages and disadvantages of "that going steady raises for today's young people		10-12 and the special problems	\$ 10.00
21540.12	(2) WHEN YOU'RE IN LOVE (filmstrip and guide)	SVE	10-12	\$ 6.50
21540.13	WHEN YOU'RE IN LOVE (filmstrip and record) Intended to help older teens understand roma love and infatuation; to help older teens develop that will lead to the most happiness.			\$ 10.00
21540.14	(3) DATE BEHAVIOR (filmstrip and guide)	SVE	10-12	\$ 6.50
21540.15	DATE BEHAVIOR (filmstrip and record) Discusses qualities that boys and girls want in for dating and boy-girl relationships that will lea	SVE each other, offe d to the greates	10-12 ers standards of conduct at happiness.	\$ 10.00



ITEM NO.	TITLE	DISTRIB.	GRADE		COST
21540.16	(4) LOOKING AHEAD TO MARRIAGE (filmstrip and guide)	SVE	10-12		\$ 6.50
21540.17	LOOKING AHEAD TO MARRIAGE (filmstrip and record) Discusses matters that should receive atten special hardships of early marriage and what receive in marriage.	tion during the	engagement period, the must expect to give an	ne nd	\$ 10.00
27210	HUMAN REPRODUCTION SERIES (C) (6 filmstrips)	McG-H	9-12		\$ 50.00
27210.1	(1) DEVELOPMENT IN PREGNANCY Explains the full process of pregnancy. Describe mother month by month.	ribes the develop	ment of the baby insi		\$ 10.00
27210.11	(2) FEMALE REPRODUCTIVE SYSTEM Describes the role of the female in reproducementuration, etc.	luction, including	fertilization, ovulatio	n,	
27210.12	(3) FERTILIZATION Explains now fertilization takes place when sex cell, and human life is formed.	the male sex cel	l unites with the fema	ıle	
27210.13	(4) LABOR AND BIRTH Describes the process of birth, how pregnand birth itself, and immediately after birth.	y lasts about 26	5 days or 9 months, t	he	
27210.14	(5) MALE REPRODUCTIVE SYSTEM Explains the role of the male in the process the process of fertilization, etc.	of reproduction.	Describes the sex orga	ın,	
27210.15	(6) MENSTRUAL CYCLE Describes the reproductive organs of the femusually occurs about every 28 days, that it				
*272.50	I NEVER LOOKED AT IT THAT WAY BEFO (2 filmstrips, 2 LP records) Insights into Tobacco, Alcohol, Sex and Narco Raises some very pertinent questions about t by a youngster's peer group. The material als Included is a realistic exposure to the purel result from indiscriminate experimentation in	otics he pressure to co o probes the teen y physiological a	ager's concept of status nd social ills that ofter		29.95
27260	INFANT CARE SERIES (Set of 6)	McG·H	10-12	s	22.50
27260.1	(1) BATHING THE BABY			(Each) 8	1.50
27260.11	(2) FEEDING THE BABY				
27260.12	(3) PREPARING THE FORMULA				
27260.13	(4) SELECTING CHILDREN'S CLOTHING				
27260.14	(5) SELECTING CHILDREN'S TOYS				
27260.15	(6) TEACHING DESIRABLE HABITS				
N. L.	LOVE AND FACTS OF LIFE Filmstrips Records 5 filmstrips in series. One filmstrip (Having a	QU Baby) not accepta	10·12 able.	(Each) \$	



(1) LEARNING ABOUT SEX AND LOVE

Begins with babyhood; continues through early child-parent relationships and pre-teens into the teen years. It covers the weaning from parental controls to youth's more mature role, their relations to the opposite sex. Sex functioning is described, the value of wholesome communication between youth and parents, youth and friends; the importance of knowledge, attitudes, values and skills in sex understanding.

(2) GROWING UP, FROM CHILDHOOD TO MATURITY

Presents the process of physical, mental and emotional growth in males and females during succeeding stages from childhood through the teen years into manhood and womanhood. The influence of the endocrine glands in the development of the sex organs, ovulation, menstruction, and how fertilization takes place is explained. Some of the psychological adjustments necessary for wholesome, matter development as a man or woman are brought into focus.

(3) UNDERSTANDING YOUR LOVE FEELINGS

There are many ways of expressing love and love takes many forms. There is jealous love, passionate love, hostile love, anguished love, tender love, loyal friendly feelings, brotherly love and fairy tale love. Love is presented here as a growth process that can come many times into the life of a person and take many different forms. Discussed is the importance of knowing when one is in love and how one can appraise mature love.

(4) WHO AM I? (Filmstrip)

THE SEARCH FOR LOVE (Record)

Addressed to teenagers on their role and position in the home, school and community; how they see themselves and how others see them; how self-image begins to form in early years and the importance of self-understanding to a healthy, mature life. The different treatments given to boys and girls from childhood up, tends to shape their emotional and psychological characteristics and these macculine or feminine characteristics sometimes become confused. What we can do to overcome such problems is graphically explained.

†25235

SEX: A MORAL DILEMMA FOR TEENAGERS GA 10-12 Produced with Mary Calderone, M.D., Executive Director, Sex Information and Education Council of the U.S. (SIECUS)

(2 filmstrips, 1 record)

This filmstrip program, narrated by Dr. Calderone, examines the many faces of the sexual experimentation in the light of a morality which has substance in the eyes of today's youth. She probes the frequent lack of communication between parent and child, the different ages at which male and female reach the point of greatest sexual drive, momentary passion, infatuation in the guise of love. and the heartache, the panic, the unpreparedness, the sordid feeling inside, the ultimate tragedy of an unwanted child and a sudden marriage thrust harshly upon the immature, inexperienced boy and girl.

N. L.

MORE THAN LOVE

Medically authenticated. In straightforward terms, yet with great sensitivity, discusses young people's responsibility for giving children best chance for a healthy start in life. Discusses role of genetic history, vital importance of proper prenatal care, proper health practices and possible hazards of poor health practices before and during pregnancy, including drugs.

25240.5

SMOKING AND ALCOHOL

(2 filmstrips; 1-10" LP) SMOKING OR HEALTH; ALCOHOL: FUN OR FOLLY
Cartoon presentations on these subjects will appeal to youths as well as adults.

†22965

TUNED-OUT GENERATION, THE

GA 10-12

\$ 29.95

\$ 15.95

\$ 6.00

\$ 29.95

(2 filmstrips, 1 record)

If there is a single major cause of teenage unrest today, it is the sense of frustration at the lack of communication between youngsters and their parents. And each day our mass media reinforce the concept of the "youth subculture," helping to widen the gulf between the generations.



ITEM NO.	TITLE DISTRIB. GRADE	COST
	The filmstrip takes dead aim at this idea of separateness by focusing not on the generations differ, but rather on the ways they are alike. Much of the program is built on live interviews with dozens of adults who speak without about their own attitudes toward teenagers.	e filmstrip
†269.20	VALUES FOR TEENAGERS: THE CHOICE IS YOURS GA 10-12 This two-part sound filmstrip program speaks directly to teenagers, in language. It deals with problems of immediate concern: What to do a cheating, drinking. And ultimately, what kind of person to become What values to embrace. Live interviews highlight the reaction of youngsters to "The civil rights, the struggle over Southeast Asia, and many other vital issues.	bout sex, t kind of
	The filmstrip confronts the teenage problem of conformity, and its troubling on adolescents. It takes a strong position that the individual still has fr choice, still has the responsibility for his own decisions and actions.	
N. L.	VENEREAL DISEASE: A PRESENT DANGER GA 11-12 (2 filmstrips, 2 records) Discusses causes of VD, symptoms, diagnosis and treatment. Information	\$ 36.00 presented
	clearly and directly. A health-oriented program.	
TRANSPARI	ENCIES: FOR PUPILS	
7221.158	GENETICS-DETERMINATION OF SEX WEST 11-12	\$ 4.45
7221.159	GENETICS RED, GREEN, COLOR BLINDNESS WEST 11-12	\$ 5.60
N. L.	HEALTH EDUCATION (4 color transparencies) NEW 10-12 The Menstrual Cycle, Prevention and Control of Gonorrhea and Syphilis a Abuse.	\$ 20.00 and Drug
	HOME ECONOMICS SERIES	
7695	(1) PLANNING, SERVING, AND EATING FOOD Set of 23 line drawings for preparing transparencies	\$ 1.00
7695.1	Set of 23 transparencies prepared from originals	\$ 30.00
7005 11	(2) PERIOD FURNITURE DESIGN	
7695.11 7695.12	Set of 23 line drawings for preparing transparencies Set of 23 transparencies prepared from originals	\$ 1.00 \$ 30.00
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7695.13 7695.14	Set of 23 line drawings for preparing transparencies Set of 23 transparencies prepared from originals	\$ 1.00
1000.11		\$ 30.00
7695.15	(4) BASIC SEWING: PART I	A 100
7695.16	Set of 23 line drawings for preparing transparencies Set of 23 transparencies prepared from originals	\$ 1.00 \$ 30.00
	(5) BASIC SEWING: PART II	
7695.17 7695.18	Set of 23 line drawings for preparing transparencies Set of 23 transparencies prepared from originals	\$ 1.00 \$ 30.00
	(C) TRIMMINGS	V 00.00
7695.19	(6) TRIMMINGS Set of 23 line drawings for preparing transparencies	\$ 1.00
7695.20	Set of 23 transparencies prepared from originals	\$ 30.00
	(B) PAGG TAH ORING, PART I	
7695.21	(7) BASIC TAILORING: PART I Set of 23 line drawings for preparing transparencies	\$ 1.00



111 M NO.		11111	DISTRIB.	GRADI	COST		
7695.23	Set of	FAILORING: FART II 23 line drawings for preparing tra	•		\$ 1.00 \$ 30.00		
7635.24	Set of	23 transparencies prepared from	23 transparencies prepared from originals				
7797	HOME ECO:	NOMICS VISUAL MASTERS	SCH	9-12	(Each) \$ 2,50		
7797.1		g the Basic Dress					
7797.11	Basic Budget						
7797.12 7797.13	Basic Figure						
7797.14		Preparation Techniques					
7797.15		iples in Dress					
7797.16	Face and Ha	•					
7797.17 7797.18		erns in Children					
1157.10	How to Read						
7797.19	Kitchen Plan Room Arran	•					
7221.160	HUMAN OF	_	Wast	11.10	\$ 2.00		
	HUMAN OF	KIOINS	West	11-12	\$3.90		
N. L.	VENEREAL		PS		\$159.00		
		ransparencies, 21 overlays)					
	Introduction	: Venereal Diseases					
		What Are They? Causes?	Different Disc				
		Syphilis and Gonorthea Are Tw	o Different Dise	T ec2			
	Syphilis: Syphilis Can Be Called (common names)						
		Syphilis - How Infection Occurs					
		Symptoms of Syphilis First S	Siare				
		Chancres Develop Where?					
		Chanctes - Actual Pictures					
		Symptoms of Syphilis - Second					
		Second Stage Rash - Actual Pr					
		Symptoms of Syphilis Third	Stage				
		Dangers of Syphilis					
		How to Tell if it Is Syphilis					
	Gonorrhea:	Gonorthea Can Be Called (com	mon names)				
		Gonorthea ~ How Infection Oc	cuts				
		Symptoms of Gonorrhea					
		Dangers of Gonorrhea					
		How Gonorrhea Causes Sterility	in Female				
		How Gonorthea Causes Sterility	in Male				
		How to Tell if it Is Gonorthea					
	Treatment:	Treatment of VD					
		Beware of Quarks					
		If You Suspect VD					
	Summaty	Reinfected Again and Again					
	Summay.	Both Syphilis and Gonorthea					
		VD Affects Everyone					
		VD Is on the Rise					
		VD is a National Menace					
		800 Teenagers Infected Every I	la r				
		Teenagers Seen in Investigation	-,				
		For Every Case Reported					
		VD Is Not Caught From These					



III M NO.	TITLE D	ISTRIB.	GRADE		COST
SLIDES: FO	R PUPILS				
	HUMAN BODY, THE	CLEVE	11-12	(Each) \$	1.00
BSX-I	Normal Human Male Figure	0.00,10		(22011) \$	
BSX-2	Cross Section of Male Pelvic Organs				
BSX-3	Cross Section of Testis and Sperm Form				
BSX-4	Normal Human Female				
BSX-5	Cross Section of Female Pelvic Organs				
BSX-6	Model of Female Reproductive Organs				
BSX-7	Development of Egg in Ovary and After Fertiliza	ition			
BSX-8	Menstrual Cycle				
BSX-9	Pathway of Egg				
BSX-10	Giant Egg (Fertilization)				
BSX-11	Egg to Embryo Uterus with Embryo (4, 6, 7 weeks)				
BSX-12 BSX-13	Uterus with Embryo (2-1/2, 3-1/2 months)				
BSX-14	Uterus with Embryo and Fetus				
BSX-15	Uterus with Fetus (during 4-1/2 months)				
BSX-16	Growth of Uterus During Pregnancy				
BSX-17	Seven Month Fetus in Open Uterus				
BSX-18	Standing Woman — full term				
BSX-19	Fetal Nourishment - Compared to Plant				
BSX-20	Fetal Nourishment - Membranes and Placental	Attachment			
BSX-21	Baby Prior to Beginning of Birth				
BSX-22	Beginning of Birth				
BSX-23 BSX-24	Head of Baby Deep in Birth Canal Head of Baby Emerging				
BSX-25	Head of Baby Turning Upward				
BSX-26	Head Completely Born				
BSX-27	Final Stage of Birth - Delivery of Placenta				
BSX-28	Uterus Soon After Placental Delivery				
BSX-29	Models of Placenta				
BSX-30	Uterus 5 Days after Delivery				
BSX-3I	Breech Birth				
BSX-32	Types of Twins				
BSX-33	Multiple Birth (Quads)				
BSX-34	Comparison of World's Largest Baby with Norr	nau and also ri	emature Baby		
G-1 G- 2	Mitosis (Prophase) Early Mitosis (Prophase) Late				
G-3	Mitosis (Metaphase)				
G-4	Mitosis (Anaphase)				
G-5	Mitosis (Telophase)				
	(BSX-1 to 34 and G-1-5 are distributor's catalogue r	numbers.)			
TAPES: FO	OR PUPILS				
79630.102	MENSTRUATION FACTS MEN NEED UNDERSTA	AND TAMA	10-12	\$	6.50
79630.105	FREPARATION FOR MARRIAGE (EMOTIONAL)	TAMA	11-12	\$	6.50
\mathbf{N},\mathbf{L}	VENEREAL DISEASE	TAMA	11-12	\$	6.50
MULTI-ME	DIA: FOR PUPILS				
N. L	HUMAN SEXUALITY EDUCATION KIT Kit includes books, charts, pictures, transparence	CLEVE	10-12	-	65.00



FILMS: FOR PARENTS AND TEACHERS

AGES AND STAGES SERIES
ANSWERING THE CHILD'S WHY
EARLY MARRIAGE
FAMILY PLANNING
FROM GENERATION TO GENERATION
HANDLING MARITAL CONFLICTS
HAVE A HEALTHY BABY
HEREDITY, PRENATAL DEVELOPMENT
HER NAME WAS ELLIE, HIS NAME WAS LYLE
HOMOSEXUAL
HOW DO YOU KNOW IT'S LOVE
HOW MUCH AFFECTION
LADIES IN WAITING

(For item numbers, annotations, etc., please see Pupil section.)



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1 AC	Lilm Associates of Cahfornia 11559 Santa Monica Bhd. Los Angeles, Calif. 90025	\$(1	Science Kit 2297 Military Road Tonawanda, N.Y., 10015



ST Sterling Educational Films, Inc. 241 Fast 34 Street New York, N.Y. 10016

SVE Society for Visual Education 1345 West Diversey Pkwy; Chicago, III, 60614

3M Business Products Sales, Inc. 75-07 Main Street Flushing, N.Y. 11367

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UT United Transparencies P. O. Box 888 Bingharaton, N.Y.

UW United World Films 221 Park Avenue South New York, N.Y. 10003

WEST Western Publishing Educational Services 1220 Mound Avenue Racine, Wise, 53404

WW Weston Woods Studios Weston, Conn. 06880



Acknowledgments (First Edition)

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114